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7–13 MARCH 2020

RadioTimes

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BFI & RADIO TIMES
TELEVISION FESTIVAL
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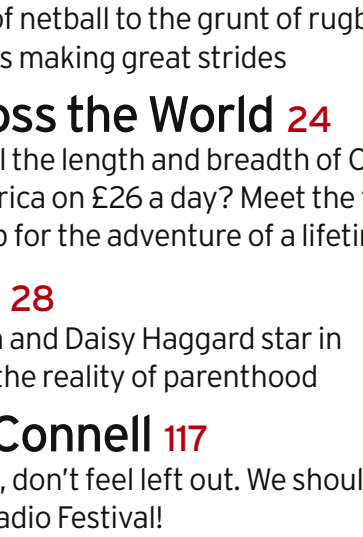
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Thank you *This Country* and *Last Tango* for making my viewing week

Radio 114

Maxine Peake

She's a life-long lover of radio – now she has written a drama for Radio 3

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This week 7–13 MARCH 2020

WHAT I'M WATCHING...



LOUISE MINCHIN

'Since cutting down on Twitter, I've had more free time, so I've been getting through a lot of box sets," says the *Breakfast* presenter. "I recently watched series three of *Stranger Things*, which my daughters and I love, in almost one sitting. I also watched *The Morning Show* on Apple TV+, as obviously it's about my job. Is it accurate? Some if it isn't, but some of it is *very* accurate – and makes me laugh.'

My desert challenge – page 20





FRANCIS WILSON

'I like watching the TV channels that allow you to go back in time," says the former weather presenter and this week's columnist. "In the 1970s, I never got to see *Minder*, but I'm watching it now on ITV4. I'm fascinated by how few cars there were on London's streets back then.'

Viewpoint – page 9



Minder

WHAT WE'VE LEARNT THIS WEEK

In the early 1930s, Marlene Dietrich shocked Paris by walking through the city wearing a trouser suit. She was deliberately flouting a ban on the city's women doing so that had existed since 1800. Unbelievably, this ban was only formally repealed in 2013!



Age of the Image Monday BBC4

SATURDAY 7

Television

Six Nations Rugby
4.15pm ITV
The tournament may be in turmoil, but ***England v Wales*** is a game that's sure to raise the roof at Twickenham. Kick-off is at 4.45pm.



New Hilary Mantel: Return to Wolf Hall
*9.00pm **BBC2***
Absorbing doc filmed during the six months before the release of *The Mirror & the Light*, the final part of Mantel's Thomas Cromwell trilogy.

New/Documentary of the Week Lost Lives
*10.00pm **BBC2***
A powerful documentary that records every life taken during the Troubles in Northern Ireland, voiced by actors including Kenneth Branagh and Adrian Dunbar.

SATURDAY *starts p44* ▶

Film



Foxcatcher ★★★★★ 15
*11.55pm **BBC1***
Channing Tatum and Mark Ruffalo knock heads with eccentric tycoon Steve Carell in this wrestling drama that is too strange to be fiction.

Radio

Archive on 4: Call-Up: The Story of National Service
*8.00pm **Radio 4***
Marking 60 years since the end of National Service, the voices of those on whom it made a lasting impression.

SUNDAY 8

Race Across the World
*8.00pm **BBC2***
The first series of the budget travel race proved a hit: now it returns with five pairs of backpackers winging it in a journey through Central and South America.

Drama of the Week Last Tango in Halifax
*9.00pm **BBC1***
Splendid episode that mines every emotion as Caroline faces a humiliating disappointment, while Gillian meets an old foe.



Dragons' Den
*9.00pm **BBC2***
Deborah Meaden (above) and the other investors sample alcohol-free beer, hand-dyed shoes and natural cleaning products in a sparky return of the business series.



SUNDAY *starts p54* ▶

Suffragette ★★★★ 12
*6.50pm **Film4***
An inspiring drama for International Women's Day, in which a laundry worker (Carey Mulligan) joins the fight for women's right to vote – a cause spearheaded by Emmeline Pankhurst (Meryl Streep, right).





Drama on 3: Only Mountains
*7.30pm **Radio 3***
Maxine Peake (left) makes her radio dramatist debut with a play set amid the conflict in Syria. We interview her on page 114.

UNMISSABLE TV, FILM & RADIO FOR YOU TO WATCH AND RECORD

MONDAY 9

New Miriam's Big Fat Adventure
9.00pm ***BBC2***
Yes, it's another programme about big people, but Miriam Margolyes brings humour and a sharp turn of phrase to her exploration of obesity.



Liar
9.00pm ***ITV***
Laura (Joanne Froggatt, above) panics in the face of the attention of gum-chewing DI Karen Renton after sex attacker Andrew Earlham is found dead.

Comedy of the Week
This Country
7.00pm ***BBC3/***
10.35pm ***BBC1***
A touching episode with a mysterious appearance from Kurtan's Nan as Kurtan attends the funeral of a half-brother he barely knew.

MONDAY *starts p64* ▶

TUESDAY 10

Racing: Cheltenham Festival
From 1.00pm ***ITV***
The first of four days' action from the premier jump-racing meeting. The race of the day, the Champion Hurdle, is at 3.30pm.

The Great Celebrity Bake Off for Stand Up to Cancer
8.00pm ***C4***
A clutch of celebs including Louis Theroux and Jenny Eclair are in the tent – and they're not as hopeless as you might expect.



New Joanna Lumley's Hidden Caribbean
9.00pm ***ITV***
Lumley spreads her charm throughout Cuba as she meets locals, whether it's watching boxing or clapping along to a rumba band.

TUESDAY *starts p74* ▶

WEDNESDAY 11

New The Heat is On: Sport Relief
8.00pm ***BBC1***
Samantha Womack (below) and Louise Minchin are among the stars taking on a series of challenges in the Namib Desert in aid of mental health charities.



Child of Our Time: Turning 20
9.00pm ***BBC2***
The millennium babies are now young adults – and they're back on camera reflecting on their lives both on and off screen.

Home
10.00pm ***C4***
The second series of the excellent comedy-drama climaxes with our makeshift family unit in disarray and Syrian asylum seeker Sami nowhere to be seen.

WEDNESDAY *starts p84* ▶

THURSDAY 12

New How to Beat... Ageing
8.00pm ***C4***
Volunteers – many of whom are strangers to exercise and a healthy diet – make a bid to turn back the biological clock before it's too late.

Hospital
9.00pm ***BBC2***
A troubling but humane dispatch from Liverpool hosptals on the problems they have discharging long-term patients – the so-called "super-stranded".

New Breeders
10.00, 10.30pm ***Sky 1***
Don't expect good cheer from this bleak comedy, but it is a very funny, angry look at a struggling couple (Martin Freeman and Daisy Haggard).

THURSDAY *starts p94* ▶



FRIDAY 13

Sport Relief
From 7.00pm ***BBC1***
A night of sports-based fun and fundraising, hosted by Gary Lineker, Paddy McGuinness, Alex Scott, Emma Willis, Oti Mabuse and Rylan Clark-Neal.



New How Healthy is Your Gut?
8.00pm ***C4***
How do you ensure your intestine is in top shape? Sabrina Grant follows six volunteers as they pursue different paths to achieving grade-A gut bacteria.

Babylon Berlin
9.00, 10.00pm ***Sky Atlantic***
If you need a refuge from Sport Relief, try Weimar Germany, as re-created in this lavish drama – part police procedural, part kaleidoscopic fable.

FRIDAY *starts p104* ▶



P Doctor Sleep ★★★★
15 ***Sky Store/Virgin Movies***
Here's Danny! This unnerving sequel to *The Shining* stars Ewan McGregor as a man with psychic abilities who is haunted by his past.



My Super Ex-Girlfriend
★★★ **12** *10.00pm* ***5 Star***
Hell hath no fury like a superhero scorned, as Luke Wilson finds out to his peril when he tries to break up with Uma Thurman's G-Girl.

The Strange Love of Martha Ivers ★★★★★ PG
3.20pm ***Talking Pictures TV***
Barbara Stanwyck and Van Heflin head up this noir, but the late, great Kirk Douglas makes a storming debut.



Breaking Dawn Part Two
★★★ **12** *8.00pm* ***5 Star***
Kristen Stewart and Robert Pattinson fight to protect their child in the all-fangs-flashing finale of the vampire franchise.





This Is England ★★★★
18 *11.15pm* ***Film4***
Shane Meadows won a Bafta and Thomas Turgoose won our hearts with this touching portrait of a fatherless boy growing up in 1980s Britain.

National Living Treasures
1.45pm ***Radio 4***
A celebration – in the "slow radio" manner – of artisanal crafts and their practitioners, recorded in homes and workshops around the UK.

Art Of Now: Good Vibrations
11.30am ***Radio 3***
Stressed-out comedian Isy Suttie has tried both meditation and massage to no avail. Could "sound therapy" be the answer?

13 Minutes to the Moon
11.30am ***BBC World Service***
After his acclaimed series last year telling the story of Apollo 11, Kevin Fong returns with the story of Apollo 13 – the mission that came so close to disaster.

Resist Phoney Encores!
11.00pm ***Radio 4***
Gruff Rhys of the band Super Furry Animals goes on a journey to the outer limits of sonic weirdness, with a starring role for a north Wales phone box.

In Tune – Beat Beethoven!
4.00pm ***Radio 3***
Radio 3 presents a Sport Relief challenge: can you run 5km in the time it takes to perform Beethoven's Fifth Symphony?

News

WHAT GETS US TALKING...

DARK HORSE FOR DG?

Speculation remains intense about who will, and who won't, be applying for the job of director-general of the BBC. One name increasingly being talked about is that of **Carolyn Fairbairn** (below), currently head of the CBI, but previously employed by both the BBC and ITV. "She's a bit of a dark horse but absolutely ticks all the boxes," a former senior executive tells me. Applications close on 11 March, although executive headhunters Odgers Berndtson will already have drawn up a shortlist. Interestingly, the company's chair is former MP Virginia Bottomley, who when in Whitehall had ministerial responsibility for the BBC and who herself was once linked with a senior job at the Corporation.



A STRANGE CASE

TV adventurer **Steve Backshall** was left red-faced when, during a recent filming trip to South Africa, he complained about a smell in his hotel bathroom. Staff quickly identified the source of the problem – his luggage! "You must have placed something wet or damp in your bag and it had started to smell badly," they told him. A contrite Backshall responded: "I'm always paranoid coming back to a hotel after months in the field – obviously with good reason!"

MERSEY BEAT

Scouser Tony Schumacher was a self-confessed "divvy" at school. "I didn't speak 'til I was four and I couldn't write," he recalls. He left school with two O-levels and ended up driving a cab. But stories he heard in his taxi helped forge a career as a novelist and now he's been commissioned to write his first drama for the BBC, based on his experiences in another job as a police officer. *The Responder* will star **Martin Freeman** and will be filmed in Schumacher's home city of Liverpool. "If you had told me six years ago that I would be working with the BBC, I would have thrown you out of my taxi for being drunk," he laughs.

LOUIS'S GOT IT LICKED

Though he plays it down, **Louis Theroux** does have a tough cookie coating. This week, he'll be hoping his cookies are anything but tough. Theroux appears in C4's *The Great Celebrity Bake Off for Stand Up to Cancer* on Tuesday and is looking forward to a spell in the kitchen. "I'm going to turn 50 next year. Maybe I'll start saying yes to things that, in the past, I might have viewed as frivolous."

TERRY PAYNE

RED EYE
Make-up artist Philisiwe "Maps" Mkhize applying fake blood to Stormzy's face



SPECIAL ROLE
Stormzy plays newsman Kolawale, complete with scar and bloodied eye



STAR-CROSSED
Noughts + Crosses' Sephy and Callum (Masali Baduza and Jack Rowan)

EXCLUSIVE FIRST LOOK

Stormzy blows in

Grime sensation Stormzy may be a household name here, but while filming for an upcoming episode of BBC1's *Noughts + Crosses* in South Africa, the rapper didn't stand on ceremony. "He was humble and down to earth, which was nice. Very lovely and helpful," says make-up artist Philisiwe "Maps" Mkhize, seen here applying fake cuts to the star's face.

For Stormzy, his guest role as newspaper editor Kolawale (created for the TV adaptation) is the realisation of a dream, as the novel on which the series is based was written by his "childhood hero" Malorie Blackman.

"He hadn't had prosthetics put on him before, but he was up for it," adds Maps. "The blood is actually a liquid form of make-up with colouring in it to make the eye red. And because it's temporary, it needs to be reapplied for every take. But he was cool about that."

And was she a Stormzy fan before he arrived on set? "To be honest, I wasn't really familiar with him. The majority of the local people knew who he was and were going crazy once they discovered he was going to be filming here. And when I found that he was a big artist in the UK, I did my research and listened to his music. Now, of course, I follow him on Instagram and all his social media!" **DAVID BROWN**

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Viewpoint



FRANCIS WILSON

Weathering the storm

It's time for our weather forecasters to get serious

TRUST ME, FINDING the right tone for a weather forecast can be challenging. When I was on TV, I once did a live outside broadcast from Epsom on Derby Day. It was towards the end of the day's horse racing and the crowd were roaring drunk on champagne. I pressed on, happily unaware that a man behind me had dropped his trousers and underpants, put the carnation from his lapel between his cheeks and was backing toward the cameras – live on the ITV news.

Of course, a report has to be engaging. A stuffy, pompous forecast, laden with jargon, is a switch-off and that's self-defeating – we want people to be engaged with the weather. But now we live in a time of floods and fires, every weather presenter has an even greater obligation to get the tone right. That, ultimately, is down to him or her on the day. They have to decide and sometimes they get it wrong.

Famously, on the BBC lunchtime report on 15 October 1987, Michael Fish cheerfully dismissed the concerns of a worried viewer who had called in because she'd heard a hurricane was heading for the UK. "Don't worry," he said, "there isn't."

That evening, completely unannounced by the BBC, what was to become known as the Great Storm of 1987 crashed in, the worst in Britain since 1703. Eighteen people were killed, and around 15 million trees were blown over.

That was a once-in-200-years-storm but now, thanks to global warming, we have a more energetic atmosphere. We will regularly face more intense and more frequent weather events than



RAIN OR SHINE Francis Wilson was a familiar TV face in the 1980s

CHRIS RIDLEY/RADIO TIMES ARCHIVE; SHUTTERSTOCK

'Weather presenters should know what they're talking about'

before. Across the world, storms will be fiercer, floods will be deeper, droughts will be longer, deserts will be drier and wild fires will be wilder.

We are already seeing this new reality, here in the UK. It's common sense that lightly dismissing a viewer's concerns is wildly inappropriate when large areas of Yorkshire, the Midlands and Wales are under water, but we also need to be confident that the presenter knows what they are talking about. It's a tricky balance. In my early days, the first we heard about a big storm coming in from the Atlantic was when it hit Ireland. You then had to go on TV and be able to explain the weather. I could do that because I'm a chartered meteorologist and a fellow of the Royal Meteorological Society.

Today, modern graphics are so good you could give them to anybody and they would do a reasonable job of it; all they have to do is stand there, point and say, "Look, folks". A channel might think they don't need to employ an expert to present the weather, and in the rush to get the most attractive face overlook the fact that he or she doesn't actually know what he or she is talking about. The reality is, we have never needed people who have real meteorological understanding more than we do now.

IT'S TRUE THAT we have access to far superior technology than Michael Fish did in 1987, but we need presenters with the authority that comes with real knowledge and understanding of what is happening to the climate. We need presenters who can state that these life-threatening events are caused by global warming. That such things are happening because we have a much warmer atmosphere than we did before the industrial revolution and the subsequent increase in carbon dioxide.

I'd go further and say that there is a moral obligation for weather presenters, when there is a serious and significant weather event, to say that this kind of intensity is entirely consistent with what we expected to happen – because of the man-made rise in temperatures. We need to tell people to stop warming the atmosphere, to stop adding carbon dioxide to the atmosphere. That way, viewers won't lose sight of the fact that they can actually do something about it.

FROM THE RT ARCHIVE... 7–13 MARCH 1981



ON THE COVER

Twenty years before Peter Jackson brought *Lord of the Rings* to the big screen, writer Brian Sibley was thrilling the Radio 4 audience with his 26-part adaptation of JRR Tolkien's saga. "It gave me incredible difficulties because it was so hard to cut," he admitted, before revealing that Frodo Baggins's encounter with Tom Bombadil had been omitted. And a new ominous opening had been created too, with the sinister Gollum heard being captured on the dark borders of Mordor. It certainly grabbed the attention of listeners, many of whom still regard Ian Holm's Frodo and Michael Hordern's Gandalf as the definitive versions.

WHAT YOU SAID

The cattiness of female characters came in for criticism with Mrs J Dighton, Miss S Khan and Mrs S Chaudhry, all of Buckhurst Hill in Essex, writing a joint letter. They expressed concern about "the recent state of bitchiness portrayed by the women in the majority of BBC series at present, especially *Triangle*, closely followed by *Dallas*. This chauvinistic attitude does not reflect real life, where this behaviour is the exception rather than the rule." Heaven knows what they made of *Dynasty*, which began on BBC1 a year later. **DAVID BROWN**

SATURDAY *tv*

BBC1

7.10pm Nanny
Barbara (Wendy Craig) heads to Suffolk.

8.05 The Little and Large Show
Featuring dance troupe Foxy Feeling.

8.40 News and Sport

8.55 Dallas
Lucy gets a modelling job.

9.45 Parkinson
Weekend chat.

10.45 Film: False Witness
Starring George Kennedy.

Antiques Roadshow *Sunday 8.00pm* ***BBC1***

PHOTOGRAPHED EXCLUSIVELY FOR RT BY **RICHARD GRASSIE**

‘We *reflect* the nation’

Fiona Bruce reveals why she still loves the most British of TV shows

‘I’m all about the story... sorrow, family history and revelations’

FIONA BRUCE



INTERVIEW BY **ROSIE MILLARD**

IT’S A WONDER Fiona Bruce can actually stay in one spot for an interview, so crazy is her diary. She’s here to talk about her 13th series as presenter of *Antiques Roadshow*, and she’s full of it. “I just love it. I turn up for a day’s work, in a beautiful place, maybe a stately home or even somewhere intensely urban, and everyone who comes along is excited to be there. I spent years in current affairs where you are dragging people to talk about things they do not want to talk about. So suddenly to be in this in this place of great enthusiasm is an unmitigated pleasure.”

It’s the tales that do it for Bruce the journalist, not the big monetary reveal. “I’m all about the story. And the stories I remember tend to be the ones of sorrow, or family history, or revelation of the self. My favourite is of a man who brought letters from his late father written in World War Two. They were tied up with string, and when he opened them, he learnt for the first time that his father had been a prisoner of war, and quite badly injured. This man said, ‘My dad would never play football or cricket with me, not because he didn’t want to, but because he couldn’t. I never knew he went through these awful times.’ The letters had no financial value at all, but it was so intensely moving.”

Last Sunday’s episode contained one such ▷

◁ story – a musician turns up without fanfare carrying a guitar that was gifted to him by Beatle George Harrison.

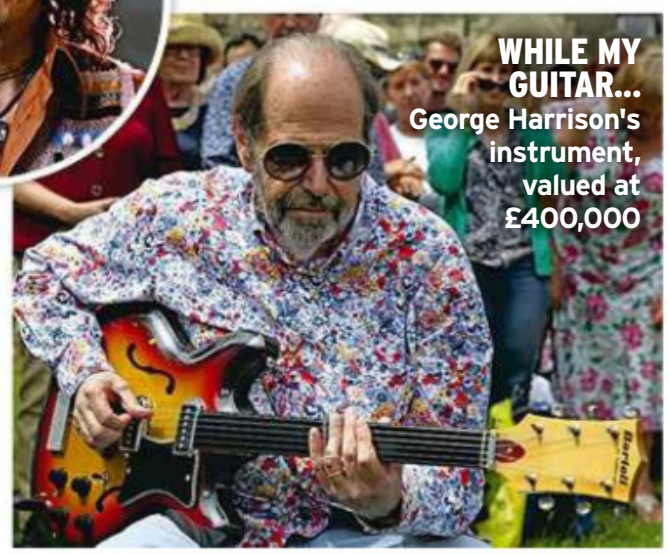
"The Roadshow has been going for 41 years, so how come George Harrison's guitar turns up now?" ponders Bruce. "We valued it at around £400,000. He didn't pay a bean for it."

What a moment! Well, sort of. "People obviously love the valuation, and it can produce absolutely brilliant TV. But generally we British don't like talking about money. When someone is given an absolutely stonking value they tend to say, 'Hmmm'. Whereas in the American version, people actually faint to the ground. It is a tiny bit frustrating."

Her view of the great British public is now not only filtered via the crowd on *Antiques Roadshow*, but also the altogether stroppier gathering on *Question Time*, which she has now chaired for a year. "Well, it's a lot calmer than last year. There was a level of anger and toxicity that this year, so far, is absent."

There is still a lot of anger on the show, however. Take Laurence Fox, whose recent comments on race unleashed a wave of personal attacks online. "I had a briefing about Laurence, and what he might say, but the thing about *Question Time* is that it's entirely unpredictable, so people will get into arguments."





WHILE MY GUITAR... George Harrison's instrument, valued at £400,000

Isn't her role as chair to keep a lid on the level of the arguments? "I'm all for a passionate debate, and sometimes things can be heated, which is fine, up to a point. As long as we remember that we are human beings. I feel very strongly about that. I hadn't anticipated that I would spend so much of my time last year saying, 'We don't talk to each other like this.'"

Bruce agrees that there are parallels between her two showpiece programmes. "*Antiques Roadshow* is public service. It reflects the nation back to itself, as does *Question Time*. And as with *Question Time* it's not reflecting central London. There are a number of programmes in which the BBC goes round the country and I am fortunate enough to work on two."

Many people predicted Bruce would get the *Question Time* gig; everyone apart from her, it seems. "I didn't anticipate being offered the job so it wasn't something I put any thought into. And when I was offered it, the BBC said, 'We would like you to carry on doing the news, and *Fake or Fortune?* and *Antiques Roadshow*. I got offered the job at 5pm and spent the evening working out how I could make it work. And actually, it's worked out remarkably well."

Monday and Tuesday she deals with people's views on polished antiques and Wednesday to Friday, she manages people's views on antique politicians. With a slice of newsreading, to keep things fresh. She does it all brilliantly, too, though is there a glimpse of insecurity just under the serene, commanding surface. Does the presenter of *Antiques Roadshow* fear becoming consigned to the attic herself?

"At some point, the BBC will decide it doesn't want me to carry on [reading the news] and that is their decision," says Bruce phlegmatically. "But if I have the choice to do it at the moment, I will. When I got my job, other people were losing theirs, Martyn Lewis being one. So from the moment I was hired, I knew it would one day end for me in that way. I've always been sanguine about that. And that I would be the last person to find out, because that's the way this business works, and there's nothing I can do to change that.

"I just enjoy it while it lasts, and it's lasted a lot longer than I ever thought it would. It is very rare that people can announce their departure from a programme rather than the BBC deciding to refresh the lineup."

'We valued it at £400,000. He didn't pay a bean'

FIONA BRUCE

It seems to me that Bruce needs to do a bit of positive re-evaluation on herself. She knows it. "There is a thing about women, in particular, being endlessly grateful for the opportunities in life, rather than saying, 'I'm here because I'm good' – but I'm still in the grateful phase. I remember when I started at the BBC, I took a pension, and I wanted it to kick in at 50 because I thought I will probably only be here until I'm 40 or 45. I never thought the BBC, or any TV organisation would want me to work up until now."

Bruce is 55 and says she is proud to show what a real 55-year-old looks like. "Well, I haven't done Botox. Although there are a few women on screen who do, and if you don't do it, which I don't, you look pretty rough by comparison. And now there is High Definition. And Ultra High Definition." She laughs, and then ruins it. "Just don't watch yourself back, that's the way to do it."

RICHARD GRASSIE; SHUTTERSTOCK

Our

Roadshow's newest experts on their antique obsessions. But can you value the items?

Alexandra Gill

PRINTS AND MULTIPLES

"I was born with a condition that meant I was in hospital a lot as a child. In 1972 I was in Great Ormond Street Hospital and the Tutankhamun exhibition was on at the British Museum. My mother rang up and asked if we could be shown around because she didn't think we would manage the crowds. I just remember these enormous glass cabinets full of gold and I thought, 'I want to know about beautiful things' and I think that was how it started for me.

I work at Christie's where I'm a specialist in prints and multiples and I was recommended to the *Roadshow* by Philip Mould. My first programme was at Eltham Palace and I spent all day avoiding nice things so that I didn't have to appear in front of the camera!

'I thought, "I want to know about beautiful things"'

Because of my disability I did have to fight a few demons before agreeing to appear on the programme. I am not worried about what I am going to say; it's whether I can stand up for long enough, what the camera angle will look like... I've got a million things going on in my head before the camera even starts rolling. I wouldn't have done it five years ago, but I was always brought up to believe that people should be interested in what you can do, rather than what you can't."



favourite things...



Theo Burrell

DECORATIVE ARTS, CERAMICS & GLASS

"The standout item for me since I have been on the show [2018] was a piece from the current series, when we went to the V&A Dundee. It came from William Burrell, who founded the Burrell Collection in Glasgow. He's an ancestor of mine. So for me, having that personal connection with the item was really nice. It was a large Chinese basin dating from the first half of the 18th century, and was in Sir William's personal collection.

If you think you have a piece of porcelain or a ceramic in your house, and wonder that it might be worth something, here's what to look out for. Quality is a really important factor. And I think that's something that comes to the expert through training and time. So it's not always that easy for people to see. But a hand-painted piece, as opposed to a printed pattern, is always going to be more valuable. Someone's taken time to actually paint the item.

'Having a connection with one item was really nice'

Condition is also really important with ceramics. Once something's chipped, broken or damaged, you know the value can drop quite dramatically. The other thing is the mark of the maker, which is a really big clue as to what you're looking at. Have I ever dropped anything? No, I don't think I have. I certainly haven't dropped anything on the *Antiques Roadshow*."

POT OF GOLD
"An English-made, mid-19th century porcelain vase, originally part of a pair with lovely ornate gilt work."
See p15 for value

THE ARTIST FORMERLY KNOWN AS...
"This oil painting hangs in my house and is a bit of a family heirloom, but the artist is a mystery." Does any *RT* reader recognise it?

BOOKS, CERAMICS AND JEWELLERY ▶

Fuchsia Voremberg

RARE BOOKS AND MAPS

As well as books, maps and manuscripts, I'm also interested in artefacts from the great era of exploration. At the moment we have a can of tinned peas that came from Scott's hut in the Antarctic. There's something really evocative about being able to touch an object that has been on a famous expedition. The first episode of *Roadshow* I did was a special show on pioneering women. It was a dream come true: I got to interview the polar explorers Ann Daniels and Caroline Hamilton, which was amazing as polar exploration is one of my specialist subjects. To meet the first women who have walked to the North and South Pole, which they did in 2002, was quite something.

A lot of my work involves reassessing the era of colonialism, which is not something that has necessarily covered Britain in glory. I think that what's important is seeing objects for what they are and recognising the complex histories and the legacies behind them. So it's not just about being an explorer who goes to far-flung places.

The most wonderful book I have ever held in my hand was a Bible in Spanish that was taken by Charles Darwin for his expedition on the *Beagle*.

RICHARD GRASSIE

TRAVEL LOG

"An early 19th-century travel book about the island of Ceylon in beautiful marbled calf binding." See far right for value

Serhat Ahmet

CERAMICS

It was always a family tradition to watch *Antiques Roadshow*. When I was six or seven years old we'd go and visit cousins or family friends on a Sunday and it was always such a great point of conversation. As a teenager I worked for my parents who are antiques dealers in Portobello Road in London. At weekends we'd go to antiques fairs around the country and I used to take my homework with me because I couldn't bear them to be at a fair and me at home studying. I got such a thrill out of selling.

When I graduated I worked in an oil and gas company, but I just couldn't bear it. I was buying and selling but it was gas! So, I decided to go back working with my parents and then, about ten years ago, I set up by myself. Now I have my own shop in Covent Garden where I deal in fine European porcelain.

I started on *Antiques Roadshow* two seasons ago and the first piece I valued was a Hungarian vase in a Japanese style and it was quite rare – worth £700 to £900.

What would I most like to see? Very early examples of the Commedia dell'arte made by Meissen around 1712. They are incredibly rare, only a dozen or so are known to exist, and the porcelain is coloured brown rather than white. They're worth in the order of £100,000 each.

'There's something evocative about touching an object that's been on a famous expedition'



A LOT ON YOUR PLATE
“A 19th-century hand-decorated charger made in Vienna as a symbol of wealth. It depicts Thetis bringing Achilles new weapons.” See far right for value

NOT WHAT IT SEEMS
“A silver-plated punchbowl of the type that sometimes crops up on the *Roadshow*. But it’s a 20th-century fake with a pseudo hallmark.” See right for value

Kate Flitcroft

JEWELLERY AND SILVER

The thing that I love the most about my job is really pulling out a story from an object. On the last series of *Roadshow* a couple brought in a scent bottle. It was a glass bottle with a silver top in which was set a large stone. It had been left to them by the wife’s grandmother, and they thought the stone was paste. It was three or four inches long, and pale blue.

We had a look at it and it was an aquamarine. The value wasn’t sky high, but being an actual aquamarine was really exciting. It was a lovely opportunity to tell them what it was about and to talk to them and ask them whether the stone could have been in a brooch worn by the woman’s grandmother. So it was an interesting story to watch. In the end I put something like a value of £8,000 to £12,000 on it.

I often advise people on antique jewellery and whether they should have it reset. I would make sure there’s no signature, make sure also that perhaps there’s no one in your family that would, you know, really be disappointed if Granny’s item was to be broken up. But there are some fantastic makers out there who love to work with older pieces, and maybe incorporate them into something new.

Road works

HIGHLIGHTS FROM THE NEW SERIES OF ANTIQUES ROADSHOW

- A series of personal letters sent by Mother Teresa in which she describes her charitable work. Now that she’s a Saint, what might they be worth?
- Could a razor that’s been in the possession of the same family since the early 19th century once have been used by Napoleon?
- They were rescued from a skip, but could prints of Blackpool Tower have been produced by Italian artist Fortunio Matania?
- An incredible collection of James Bond memorabilia, including the bowler hat worn by the character Oddjob in the 1964 film *Goldfinger*.
- It went to the Moon and back with astronaut Alan Bean, but what value does a piece of tartan cloth have?

WHAT’S IT WORTH? THEO’S VASE: £100–£150. FUCHSIA’S BOOK: £2,200. SERHAT’S CHARGER: £2,500. KATE’S PUNCHBOWL: £100

COME TO THE ROADSHOW: P152 ▶

Hilary Mantel: Return to Wolf Hall
Saturday 9.00pm ***BBC2***

A VERY SPECIAL ADVISER

Hilary Mantel's epic trilogy about Thomas Cromwell took 15 years to write – and has disturbing parallels with politics today

THE RT INTERVIEW BY **MARK LAWSON**



After writing the last line of the final Harry Potter novel, 17 years after starting the first, JK Rowling reported bursting into tears. But Hilary Mantel, having completed that other celebrated recent fictional sequence – her trilogy of novels about Thomas Cromwell, special adviser to Henry VIII – had an equally heartfelt, yet emotionally opposite, reaction.

One late afternoon in March 2019, she told her geologist husband, Gerald McEwen, "I think I've finished." At which point, she recalls, "we both just burst out laughing. A sort of, 'I don't believe it!' It seemed almost impossible that it was finally completed."

Mantel had begun *Wolf Hall*, the first Cromwell book, in 2005. Published four years later, it won the 2009 Booker Prize, as did the sequel, *Bring Up the Bodies*, in 2012. The concluding volume, *The Mirror & the Light*, is published on 5 March, and will inevitably be read and reviewed in the context of whether Mantel can become the first writer ever to win the Booker Prize not only three times but for successive novels.

"Yes, I'm prepared for 'Mantel Snubbed' headlines," she laughs, in her penthouse apartment overlooking a south Devon beach. "It will be cast in terms of a disaster if I don't win it again." Does she care? "I do care, but I won't perceive it as a snub. While I was writing, the Booker question was never present, but, when you're publishing, you can't get away from it – some people are already acting as if I wrote the third book specifically to have a shot at the hat-trick! But this is the central project of my writing life – in fact, of my life – so I would like people to think that I brought it home in style. And, whatever happens with prizes, I'll be happy if people think that."

The fact that Mantel worked on *The Mirror & the Light* for more than half of the 15 years of the whole project is partly due to its 875 pages – "I did worry about the length, and I think I'm possibly at the limits of what a reader would tolerate" – but also because Mantel took an active interest in adaptations of the first two instalments: the 2015 BBC2 six-parter *Wolf Hall*, with Mark Rylance as Thomas Cromwell and Damian Lewis as Henry VIII, and a Royal Shakespeare Company dramatisation, as two separate plays, *Wolf Hall* and *Bring Up*

CAMERA PRESS/PHIL FISK; GETTY

the Bodies, which premiered at Stratford-upon-Avon in 2014, its cast including Ben Miles as Cromwell and Nathaniel Parker as Henry, before transferring to London and New York.

In *The Mirror & the Light*, the relationship between employer and enforcer turns toxic and terminal. It's essentially the story of the loss of Henry's need for Cromwell, who comes to realise that he is as disposable as his monarch's spouses.

"Yes," Mantel nods. "To me, the most chilling scene in the whole book is the dialogue I've created between Henry and Cromwell, where the king says, 'I've known you a long time, haven't I?' From other people, that would be the prelude to a declaration of affection and loyalty, but, with Henry, the thought that follows is, 'I've had enough. Time for a divorce.' This book is him divorcing Cromwell."

Mantel admits she deliberately set out in the books to humanise and rehabilitate the king. "So many people have asked me, 'Isn't Henry like Donald Trump?', and it infuriates me. Because Henry was so clever and able. I'm not denying he was also a horror, but he had other qualities as well."



GLITTERING PRIZES
Could Mantel win the Booker prize for the third time?

'The dialogue between Henry and Cromwell is chilling'

While writing the third novel, Mantel had her own summons to court, being made a Dame of the British Empire in the 2014 Queen's Birthday Honours list. She received her DBE the following year from the Prince of Wales, who she had previously met in his role as President of the RSC, which staged the Cromwell plays.

Is the heir to the throne a fan of her books about his ancestors? She pauses. "You're not supposed to disclose this, but he asked me [at the DBE investiture] when the third novel was coming out. And when I'd see him at Stratford, he would ask how it was coming along. They must be strange novels for a future king to read. But he, above anyone, would understand what the books are about. What is it like to be royal but also to be a flesh-and-blood human being? Is a king superhuman or does he have to work hard even to attain being human? And how can he save his own soul when the welfare of so many other souls is in his hands? And if you are a serious human being – as the current Prince of Wales is – these questions are still relevant, even though the day-to-day nature of the job has changed so vastly."

When the time comes, and barring a last-minute change to the coronation service, King Charles III will become Defender of the Faith, a title given to Henry VIII by the Pope, revoked after the Reformation, but then reconferred on English monarchs by Parliament. Mantel was raised and educated, in 1950s Derbyshire, as a Roman Catholic, but later lapsed from the faith and, to the possible surprise of some of her readership, describes herself as "not much of a royalist at all". However, while researching the final novel, she experienced an epiphany about the spirituality of royalty.

"A key moment in writing this book," she remembers, her voice, deliberately or subconsciously, dropping to chapel level, "was when I went to Westminster Abbey, and they allowed me to go into the inner sanctuary of Edward the Confessor's chapel. There's a ring of royal tombs, and the atmosphere is – and this is the only word for it – holy, and it completely penetrated me, and I came out a different person, thinking: now I get it, the mystique. It struck me for the first time. I had never been in a place so still, so thick with the atmosphere of the sacred. It was a very mystical experience, although it had nothing to do with religion, in that sense, but with history. There are moments in life when you feel you are moving through history as an element."

In our sense of history, the past and present overlap. Heading to our interview on the train, I read about the sudden resignation of the Chancellor of the Exchequer, Sajid Javid, apparently due to his concerns about the huge supervisory power of Dominic Cummings, Boris Johnson's peculiar supremo at Downing Street. When Mantel started the Thomas Cromwell books, Alastair Campbell and Peter Mandelson were performing a similar role in Tony Blair's premierships, as, more recently, did Steve Bannon as chief strategist to Donald Trump.

Mantel must have reflected on how the figure of the political fixer had become so topical while she was writing about Cromwell? "It's true. But they're all very different." The relationship is the same, though: you have power, but only at the whim and gift of someone more powerful? "Yes. You're always the ancillary; ▷



POWER BROKER
Main picture: Mark Rylance played Thomas Cromwell on TV in 2015. Left: Does special adviser Dominic Cummings play a similar role for Prime Minister Boris Johnson?

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FLESH AND BLOOD
Claire Foy as Anne Boleyn and Damian Lewis as Henry VIII in the BBC dramatisation of *Wolf Hall*

◁ you're not going to seize power yourself. Although Henry did, at least for a moment, believe that Cromwell was trying to become king by marrying Henry's daughter, Mary."

Another continuity between past and present involves young women marrying into the British royal family: Diana Spencer, Sarah Ferguson, Catherine Middleton, Meghan Markle. None has been beheaded, of course, but the first two divorced their princes, while the fourth has gone into Canadian exile with hers. However, Mantel, who suffered much hostility for a 2013 lecture on royal women in which she called the Duchess of Cambridge a "plastic princess", prized only for her fertility, seems to have been burnt by that experience, and is ready for reporters looking for Meghan metaphors among Henry's wives.

"Honestly, I don't think there's any similarity at all. All they have in common is being female." And potentially dispensable? Mantel considers this for a long time. "I suppose. But with Henry, the women matter because of their ability to produce an heir. Whereas, in the recent cases, there are different psychological pressures. We've got a different array of archetypes now among the royal women. The situation of the royal family is interesting at the moment, but it's an emerging situation, and probably too early to say anything considered about it."

'They must be strange novels for a future king to read'

One contemporary resemblance that Mantel does accept may alienate 52 per cent of her potential British readership. The trilogy reaches completion during a period when Britain is undergoing a constitutional reformation, involving a divorce from European structures. When Cromwell is asked if the Reformation might somehow be reversed, he replies that "too much has been said and done in England" for the old order to be restored. Surely I will not be the only reader to think of Brexit at this point? "No. And to me an interesting parallel is to the Pilgrimage of Grace."

This was the name given to a protest that began in Yorkshire in 1536, drawing together objectors to the religious and political reforms brought in by the king and Cromwell.

"The Pilgrimage was a populist movement," says Mantel. "Its rhetoric was all about returning to a golden age that never was. And the suspicion at court was that this was not an emanation of the popular will, but was being controlled from behind by smart operators. It's in that strand that, as I wrote, I saw, almost with horror, the parallels emerging. Particularly because the Pilgrimage was the regions against London."

With Brexit now "done", according to the Government, so is Mantel's trilogy. But might there still be light in the mirror for bereaved readers? The American author John Updike wrote *The Rabbit Quartet* (1960–90), ending with the protagonist's death. However, the novelist so missed the project that, in 2001, he published *Rabbit Remembered*, revisiting the surviving participants.

Without horribly spoiling the plot, it can be said that the third novel takes Cromwell's story exactly as far as it historically can. However, might Mantel be tempted to continue the dynasty's story in another book? A long, thoughtful pause. "I don't think so. I won't say I haven't been tempted to write a fourth novel, simply because the next two or three years after Cromwell are so ferocious politically. And you have two more wives [Catherine Howard and Katherine Parr] to come."

Cromwell and the king, though, seem likely to occupy the writer for several more years. She is writing a stage adaptation of *The Mirror & the Light*, with Ben Miles reprising his role as Cromwell. "And we're hoping to get some of our other actors back," says Mantel, "even if we cast the ones whose characters are dead by the third story as someone else."

Director Peter Kosminsky and screenwriter Peter Straughan, who made the BBC series *Wolf Hall*, are also working on a TV version of the third book. Mantel was annoyed by a newspaper story stating that the series would appear in 2021: "It can't do. We've hardly started. It will be 2022 at the earliest." In order to speed the process, she's shared early drafts with Kosminsky and Straughan, "to help them keep track of the shape of the narrative, and who's dead and alive. Although I warned them that I could offer no guarantees that some of the dead might not come back as ghosts! Which is what happens in the stage show." For the TV adaptation of *The Mirror & the Light*, she says, "we'd hope to get Mark Rylance again, and Damian Lewis, but these are actors very much in demand."

Most authors experience a sense of exhausted self-reflection after completing a cherished project, but Mantel even more so, after a decade and a half in her extraordinary re-creation of the 16th century. "It's a huge chunk of my life, and yet sometimes it seems to have gone by so fast. There are key moments in the writing that I recall as if they were yesterday.

"What's changed is the conditions under which I've written the books. When I started, we were still living in Surrey and in a very low place. I was not very well, Gerald had lost his job in a reshuffle at work, and it was very hard. When I was writing *Wolf Hall*, it always seemed to be Saturday teatime, and dark, although that can't literally have been the case. And, even now, my sense is of having written this book in winter twilight. These *three* books. You see, I tend to say 'this book' because I think of the trilogy all as one story."



ROYAL FAN
With the Prince of Wales at her 2015 investiture

PA

Hilary Mantel: Return to Wolf Hall is part of the BBC's year-long celebration of books. A reading of The Mirror & the Light starts on Monday 16 March on Radio 4 at 12 noon. To buy the book, see page 3

‘AFTER EVERY RIDE, SWIM, RUN, THE WORLD IS AN EASIER PLACE’

When **Louise Minchin** signed up for Sport Relief she didn’t expect to be taking on snakes, jackals and the world’s most poisonous scorpions…

INTERVIEW BY
HANNAH SHADDOCK

CORONAVIRUS MAY HAVE been providing the headlines on BBC *Breakfast* for the past few months, but for Louise Minchin it’s also had unexpected consequences. “It was kind of a relief,” she says, of discovering that the Sport Relief challenge she’d signed up for – crossing a frozen lake in Mongolia – was being called off due to concerns over the spread of Covid-19. Instead, she and seven other celebrities will undertake a 100-mile expedition across the Namib Desert on foot, bike and “sand skis”, in temperatures of up to 35 degrees Celsius.

Minchin has a condition called Raynaud’s, which affects circulation and is exacerbated by cold weather. “I was really worried,” she says. “I genuinely didn’t know if I was going to be able to make it through; I kept thinking that they might have to pull me off the challenge, and that would be devastating.”

The late change of location means the group have had just days to prepare for their trip. We meet ahead of a hastily arranged photoshoot, the same day Minchin is due to fly out to Namibia. She is an energetic, engaging presence, quick to laugh at herself, but – as you might expect from a veteran of live presenting – in possession of a steely composure when necessary, too.

She was the first celebrity to be told that their expedition was being relocated, “because they knew I’d still say yes!” The 51-year-old is no stranger to tests of physical endurance: last year she competed in a Norseman triathlon, which involves a 3.8km swim, 180km bike ride and a full marathon. She finished it in 16 hours and 46 seconds.

Minchin also represented Team GB in the World Triathlon Championships in Chicago in 2015, competing in the 45–49 age group. She is by far the most experienced of her Sport Relief cohort, which also includes Nick Grimshaw, Frankie Bridge, Rob Rinder, Krishnan Guru-Murthy, Samantha Womack and Karim Zeroual – but is keen to stress that it will be her most difficult undertaking yet.

“I did two extreme triathlons last year, but what I’m not used to is doing that one day then getting up the next day and doing it again. We’re covering marathon distance every day, and we’ll be out there with the sun beating down on us, with no shade, for four days.”

The weather isn’t the only threat: “I think the most poisonous scorpion in the world is in the riverbed that we’re cycling along. We’ll have to check our boots and shoes every morning. There are snakes as well, which I’m not very fond of. Jackals, possibly leopards…”

Her nerves are obvious, but so is her excitement. Though she came to triathlon late – she took it up after taking part in an Olympics-themed cycling challenge for *Breakfast* in 2012 – it wasn’t



BIKER Team GB triathlete Louise Minchin in 2018

SAM RILEY/ COMIC RELIEF; SHUTTERSTOCK; LEO FRANCIS/COMIC RELIEF VIA GETTY IMAGES





STAR TREK With her Sport Relief colleagues in Namibia, from left: Rob Rinder, Krishnan Guru-Murthy, Samantha Womack, Frankie Bridge, Nick Grimshaw, Minchin, Dr Zoe Williams and Karim Zeroual

her first taste of competitive sport; as a child, Minchin was a keen swimmer. That all changed at the age of 15: "This is to my eternal shame, but I remember one day looking at my shoulders and they were really muscly and I thought, 'I don't like the way they look.' So I stopped. This was a sport I loved, which brought me huge benefits at a difficult time, and I just gave it up overnight."

Now she's almost evangelical about the power of exercise: "It's like I've been given this amazing present, because it's de-stressy: after every single

'I did two extreme triathlons, but I'm not used to this'

bike ride, swim, run, I feel that the world is an easier place to be. I'm less stressed, I'm less naggy. Throughout the menopause as well, it's been hugely helpful. My daughters will say, if I'm getting a bit angsty, 'Mum, do you feel like going for a run?'"

That wasn't her only incentive for joining the expedition. All the money raised will be going to charities that support those with mental health problems, which has personal resonance for Minchin. "When my daughter [Mia, now 18] was born, my appendix burst six days later, which was terrifying. It's all such a blur, I was so ill, and I was in hospital for about a week. It took nine months to feel physically better, but that's when it hit me emotionally, and I was diagnosed with post-traumatic stress disorder.

"My GP put me in touch with a charity, and I met an amazing woman there. I saw her a couple of times and she put me back on the road to recovery. So [the challenge] is a thank you to that person, to that charity, and to help people who are in similar positions to the one I was in then, so that they might have somebody that they can go and see. That's why I'm doing it."

In December, she made headlines when she announced she was stepping back from Twitter; she describes the social media site as "toxic". "I can get 100 nice messages, but the one nasty one is the one that hurts. And they *do* hurt. I realised I was kind of addicted to looking at it; I had it on my phone, and felt like I was opening the door [of my home] ▷

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BREAKFAST BUDDIES
With co-host Dan Walker

◁ and people could come in and shout at me whenever they wanted to. And I thought, 'I'm going to shut the door.' Everybody's entitled to their opinion, but you don't have to listen to it. There's a lot of shouting; all I've done is turn down the volume."

Does she think women have a harder time on social media than men? "If you look at the abuse that female MPs got during the election campaign, for example, that's really worrying. But I sit next to Dan [Walker, her *Breakfast* co-presenter] and I see what he gets on social media. And I don't think it's worse for me than it is for him.

"It's a shame," says Minchin, of her decision to step away. "I did a menopause campaign on *Breakfast* that was incredible on Twitter, people met because of it, and they started a campaign of

'I get nice Twitter messages but the nasty ones hurt'

their own and are going on to change people's lives. And my race [at the World Triathlon Championships]... I wouldn't have got through it without the messages. I've made real-life friends through Twitter. I haven't really squared the positive and negative, I can't balance them at the moment." You sense she'll find a way, just as you sense she'll make light work of the Namib Desert, while she's also training for her first London Marathon in April.

WHEN I SUGGEST that her Sport Relief teammates may look to her for inspiration, she shrugs it off, but goes on to list the ways in which she may be useful. "What I can bring is, when the going gets tough, I've been in those moments where I've thought, 'What is this? I should be at home having a cup of tea!' I've been through those moments and I have tools in my head to deal with them.

"My number one motivation is usually that my family are there at the end of the race, so I always feel like I'm running towards them." (Minchin has been married to David, a restaurateur, since 1998; they have two daughters, Mia, and Scarlett, 15.) "Another great motivator is the shame of failing in front of millions of people!" she laughs.

It's clear that failure isn't an option for Minchin – or her Sport Relief teammates: "I won't be out in front. I'll be at the back, probably, saying, 'Come on, we've got this' – even if I feel we haven't..."

Sport Relief is on Friday BBC1 from 7pm

BBCPHOTOSALES; PA

SIMON BARNES

A win for women

Whether it's football, rugby or netball, women's sport is better – and more exciting – to watch than ever



Women's team sport is terrific – but that's old news. We have been learning it for the last 20 years – ever since the satellite TV explosion brought it into the mainstream. We don't watch women's sports from duty, or because it's a Good Thing: we watch it because it's great television. What was once a curiosity is now normal.

This week the England women's football team is in action in the four-team invitational tournament, the **SheBelieves Cup** (Sunday 7pm/Wednesday 10pm BBC4), while the **Women's Six Nations** moves into its fourth weekend. Here, unbeaten England take on Wales (Saturday 11.30am Sky Action/Mix; 12 noon 5 Live Sports Extra), who have yet to win, and Scotland host France (7.35pm BBC red button). And as a bonus, the **Netball Superleague** is back and London Pulse play Celtic Dragons (Monday 6.45pm Sky Arena/Mix).

These days, the screens are full of women playing sports that only men used to play – and the sport is just the same, only different. In fact, I believe that if you look very hard, you'll find that women are just the same as men, only different. That's a fact that most of us can cope with in the 21st century.

The footballers have matches in the United States this week, against Japan and Spain. Keep an eye on them, because it's all part of a great masterplan. The manager Phil Neville sees this as a development tournament, and he has brought in half-a-dozen young hopefuls, including the former under-20s captain, Grace Fisk.

Neville is talking about "a transformational moment" for the team. It's all part of his preparation for the women's European Championships, which take place next year in England.

England's run to the semi-finals of the World Cup in France last year was a breakthrough for the women's game: if England get on a roll next year, we could see a breakthrough beyond a breakthrough. It starts with the SheBelieves Cup, which will also involve favourites such as Nikita Parris and Ellen White.

'We watch women's sport because it makes great TV'

The women's Six Nations, meanwhile, has been going in different forms since 1995, and has moved from novelty to an accepted part of the sporting round. Eyebrows are no longer raised. Women can be physically tough: that's no longer a hold-the-front-page revelation.

Netball, mostly a women-only game, has always had a big playing base. Male-dominated organisations ignored it, but with the simultaneous rise of satellite television and women's sport (and we should factor in England's stunning upset victory in the Commonwealth Games in Australia two years ago), netball is now seen as the dashing game it always was.

It's all part of the extraordinary phenomenon of televised sport. Competition is part of us all, and we find it enthralling no matter what form it comes in: making cakes, throwing pots, singing and dancing – and playing proper sport. Never mind who's doing it: we want to see who wins. Sport beguiles us and forces us to set aside our most cherished prejudices... and so, with quiet triumph, women's sport has slipped beneath the nation's guard.



YOUNG STAR
England winger Abby Dow in Six Nations action

Could you travel the length of South America on just £26 a day? Meet the mother and son competing to win the race of a lifetime...

Who shares wins

IT WAS THE surprise hit of last year, built on a simple premise: five couples with limited cash and nothing in the way of modern technology compete against each other in an international dash to the finish line.

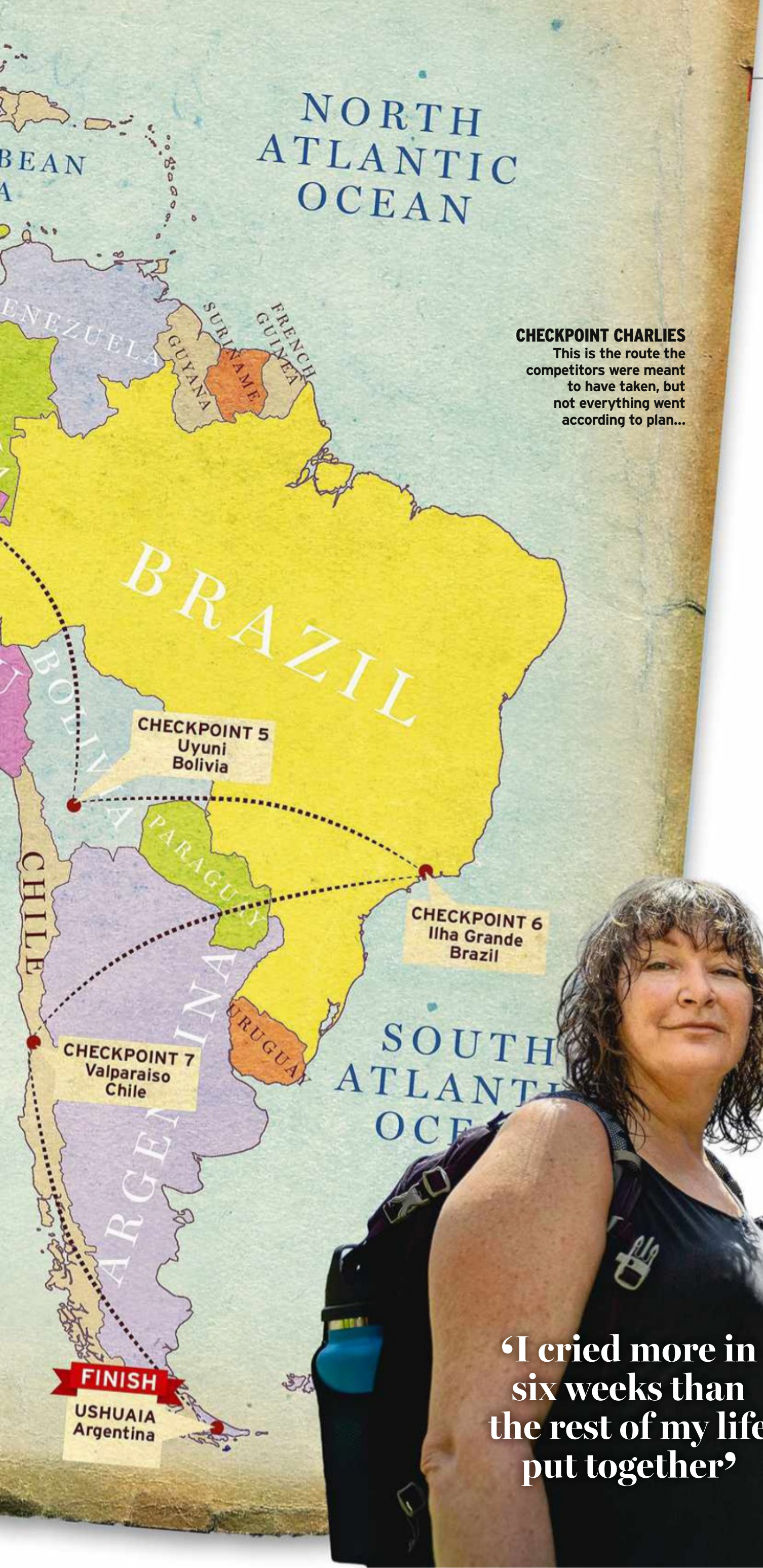
The first batch of competitors had to make their way from London to Singapore. Now, as *Race Across the World* returns, five new duos embark on an adventure that takes them the length and breadth of South America, starting in the heart of Mexico City and ending in Ushuaia, at the tip of Argentina.

They are armed with £1,453 a head – the cash equivalent of an on-the-day, one-way airfare between the cities – giving them each a daily budget of around £26 to cover travel, accommodation and food as they navigate their way to Ushuaia via seven checkpoints.

At stake is prize money of £20,000 for the winners – but with smartphones and credit cards left behind and no access to the internet, they must use their ingenuity to overcome the challenges, not only of the varied scenery but the region's complex geopolitics – en route, a state of emergency was declared in three of the countries they were meant to be travelling through.

In the background is a two-person camera crew, who follow along to record the highs and lows of each couple's journey. Among the contestants this time round are Jo, a 54-year-old physiotherapist from Manchester, and her 19-year-old son Sam, a landscape gardener. Jo travelled the world 30 years ago and has passed on her wanderlust to her son, but worries that his ADHD poses a challenge...

GETTY; FREEVECTORMAPS.COM



CHECKPOINT CHARLIES
This is the route the competitors were meant to have taken, but not everything went according to plan...

MUM JO ON SON SAM



It's not often mums go travelling with their teenage sons, but Sam and I are so close that my main concern was that our relationship could only go downhill.

Sam is actually adopted, although I feel a bit funny saying it out loud because my ex-husband and I adopted him when he was six months old and I've never seen him as anything other than my son.

When he joined our family we knew Sam's biological mother had been a heavy drinker, but it was one of his nursery school teachers who flagged up the possibility that he might have Foetal Alcohol Spectrum Disorder. In the end we saw all kinds of doctors, from a psychiatrist to geneticists before, aged four, Sam was diagnosed with first FASD and then ADHD.

In some ways the diagnosis was helpful, but schooling was still a nightmare: his primary school did their best, but Sam ended up literally being educated in a cupboard with a desk and a teacher outside.

Unsurprisingly, he was frustrated. He was constantly breaking things and lashing out. I lost count of the times I got the dreaded phone call, summoning me in for a meeting.

There were some very tough times, but I understood early on that anger didn't work – and more than anything I always felt that Sam had been dealt a terrible hand. I saw it as my job to have his back.

When Sam left mainstream education aged ten to attend a specialist school, things got a bit better. I was still getting phone calls most ▷

MATERNAL INSTINCT
Jo wants to support Sam on his first big adventure

'I cried more in six weeks than the rest of my life put together'

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◁ days, but over time he started to mature a bit and become a bit of a mentor to younger kids.

He's always been charming, but once he left school at 16 to work as a bricklayer he really started to blossom into the funny, kind and compassionate man he is today. Now, a lot of people he meets wouldn't know he had special needs.

It's been lovely seeing Sam settle into himself, but at the same time I've always wanted him to experience a bigger world.

I was nervous about him going off on his own, though, and worried about how he would cope with the endless changes that life on the road entails: small things can still stress him out. Then, when I watched the first series of *Race Across the World* and saw that a father and son were taking part, the seed was planted for us to do it together.



AND THEY'RE OFF
In Mexico City, Sam and Jo receive their instructions for the first leg of their trip

WE DIDN'T HAVE the easiest start, as Sam struggled in particular with not being able to speak Spanish. I could see he was getting frustrated and we started to bicker a bit. It led to some inner turmoil: I was battling this terrible fear that I'd done the wrong thing, then worrying that I was being too over-protective.

In the end, Sam got into his groove and the worst moments on the trip were down to tiredness and the frustrations of travel. I cried more in those eight weeks than the rest of my life put together, but it helped us build on our already strong relationship. In fact, we're already planning a trip through Asia to see Sam's older brother in Australia. Spending that intense time together made me recognise that Sam still has a lot to deal with on a daily basis and to respect him more than ever for how he copes. I couldn't be more proud of him.

SAM ON JO



I DON'T THINK I've ever come across another lad my age who has been travelling with their mum. People tend to think that it's more of a father and son thing to do, but my mum is probably far more capable of pulling off a big trip than my six-foot seven-inch monster of a dad.

In any case, we are so close – we often say or think the same things – that I honestly couldn't think of anyone else I'd rather do it with.

I've always known I was adopted: Mum and Dad were open with me from the start and I never saw it as a big deal. It's just part of life – to me, Mum is Mum and that's that.

Where I did struggle growing up was with school. As far as I'm concerned it was a waste of time, because for someone with a hyperactive brain and ADHD sitting in a small room for hours at a time is like a nightmare.

That's where my anger issues came from. I'd get so frustrated and the only way I could express what was going on in my head was by throwing a table. I was a bit of a nutter and looking back, I'm surprised my mum didn't put me back up for adoption! I put her through a lot of tough times.

Things got better when I left school and started work as a bricklayer. I discovered I was great at doing more practical stuff and that I was a people person, too. Finding something I enjoyed and was good at helped with my confidence and my moods.

> **'We spent ten hours on a bus that smelt like a sewer'**

I've always wanted to travel, so taking part in the show was a no-brainer – but I won't lie, I really struggled at first and in the first couple of weeks I genuinely had to be talked out of quitting most days. I was just completely out of my comfort zone: if I'm going anywhere I need to be on top of exactly what's happening, but in South America I was somewhere I'd never been and unable to speak the language. I couldn't deal with the fact that I couldn't speak to people.

SOME OF THE travelling was challenging, too: on one occasion we spent ten hours on a bus that smelled like a sewer, with overflowing toilets spilling down the aisle. The flip side of that is it was wonderful escaping the stress of everyday life and being constantly connected – the only thing you could look at is a map. When I got my phone back I didn't really want to turn it on.

It's definitely not the end of my journey either: Mum and I have got more travelling plans. The whole experience cemented in my mind how lucky I am: a lot of people with my condition end up in prison, but I'm working and getting the opportunity to do amazing things. I've turned my life around completely from what it could have been – and I have my mum and my family to thank for that. **ISOBEL JAMES**

MEET THE OTHER COUPLES

JEN AND ROB ▶
Reading-based resourcing consultant Jen and systems engineer Rob are both 33 and have been married for five years. The couple want to take a break from the daily grind and see the world, but they also want to reconnect with each other, after Rob lost most of his hearing following surgery.



EMON AND JAMIUL ▶
Emon, 35, a business owner from Bradford, is hoping to cement his once close-knit relationship with nephew Jamiul, 25, an architecture graduate from Oldham. Though close when Jamiul was a child, they didn't see each other for ten years, but have recently rekindled their relationship.



DOM AND LIZZIE ▶
Wetherby teaching assistant Dom, 22, and his chalet host sister Lizzie, 21, were born just 16 months apart. They used to be very close, but drifted apart as teenagers and now only see each other three times a year. Both want to build a stronger relationship.



SHUNTELLE AND MICHAEL ▼
Michael, a 47-year-old health and safety construction consultant, wants to take Shuntelle, 40, a project manager, out of her comfort zone. They met on Tinder three years ago but are yet to move in to together and they see the trip both as an opportunity for adventure, and a test of their relationship.



The parent trap

Father-of-two **Martin Freeman** was fed up pretending that parenting is all sunshine and rainbows – so he wrote a foul-mouthed sitcom, co-starring **Daisy Haggard**

IT'S EASY TO imagine Martin Freeman – the lovely everyman of *The Office*, *The Hobbit* and *Sherlock* – nodding politely at his friends as the conversation turns to how wonderful parenthood is.

What's slightly harder to get your head round is the actor's confession that such platitudes – such downright lies – inspired his brutally honest sitcom exposing the gritty reality of having children.

Sky 1's *Breeders* stars Freeman and Daisy Haggard as Paul and Ally, a couple who swear at their kids, are investigated by social services and dream of the carefree days they enjoyed before two became four.

Freeman, a dad of two in real life, came up with the idea before assembling a top team of writers and executive producers to help him make it. "The impetus of the show was that I couldn't stand any more nice arty dinner parties where people talked about how amazing it was to be a parent," he says. "I thought, 'Someone better tell the truth here or I'm going to go mad'.

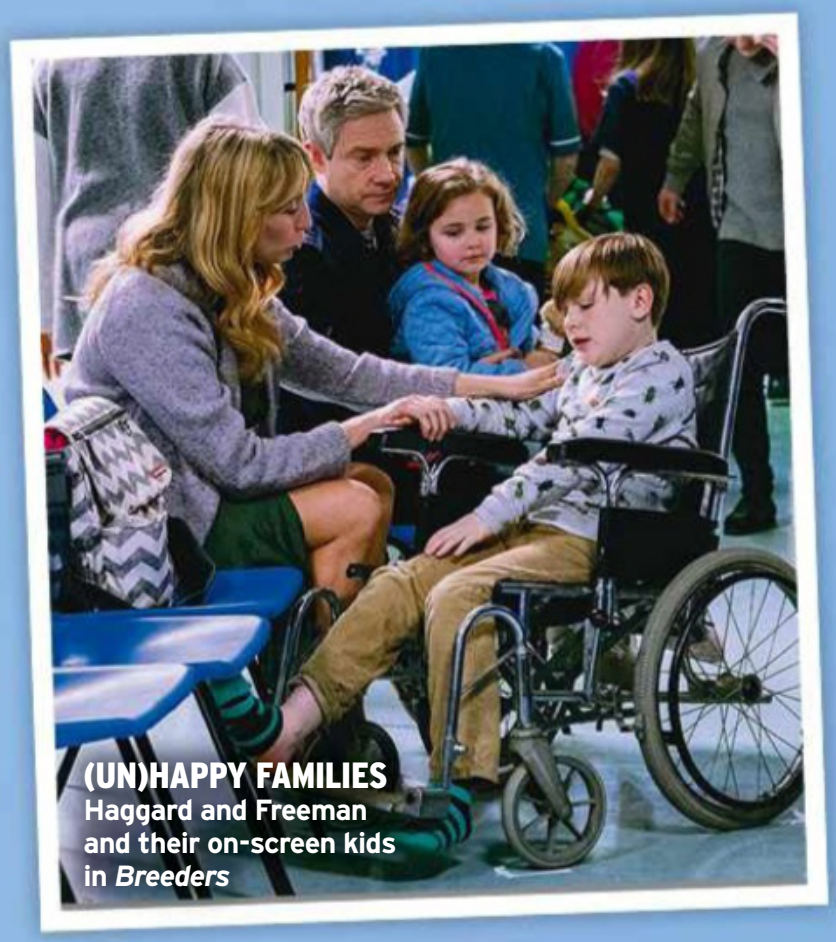
"You have to admit there are times you want to smash your head through a plate-glass window, and everyone else in your family's head through a window, or I don't believe you're really human.

"Dads who say, 'Oh, it's wonderful'– they must be away a lot. Because it's easy to be a great dad when you're away. But ten minutes after getting home you're shouting the house down and slamming doors. That to me is normal. That's part of a three-dimensional, loving relationship."

Freeman, who's 48, took the idea to production company Avalon, who hooked him up with Chris Addison and Simon Blackwell, who both earned Emmy Awards for their work on *Veep*.

The three of them developed *Breeders* in what Freeman describes as "men's therapy meetings. We would lay out all the things we were least proud of. It was a very safe space where you could admit all the things you wouldn't admit normally. And out of that came, please God, some funny stuff."

Motherland this is not. Forget getting a bit drunk at a child's birthday party, ▷



(UN)HAPPY FAMILIES Haggard and Freeman and their on-screen kids in *Breeders*

EMMA MCINTYRE/CONTOUR BY GETTY IMAGES



‘I thought, “Someone better tell the truth here or I’m going to go mad”’

MARTIN FREEMAN

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◁ or not fitting into the right mummy circles – *Breeders* is altogether darker.

At one point Paul is pushed so close to the edge by endless sleepless nights that when he takes the children for a drive in the early hours, Ally genuinely believes he may have killed them.

Other scenes regularly show Paul calling his children rude names and telling them to "stop crying or you'll make Mummy cry and then you'll all be crying".

"My feeling was it is a comedy, but only just," says Freeman. "We all really like *Outnumbered* and I watched it with my family, but I did want someone in it to actually lose their mind, because that's the truth, in my experience. I have said things to my kids and I have shouted at my kids in ways that I am absolutely, genuinely not proud of, but which are also kind of funny."

For Haggard, who starred in the breakout BBC3 hit *Back to Life* in 2019, the attraction of the role was also the truth and honesty, and she doesn't shy away from telling us what it was really like to audition for the part while still nursing her youngest.

She reveals she auditioned on tape while rocking the baby with her foot out of shot, hiding her "leaky boobs". When she got the part, she had to forego sleep to get to the set on time.

"After a while, Martin stopped asking me how my night had been," she says. "One night I'd had 42 minutes' sleep. I'd come in with the imprint of my children on my skin where they'd slept on my face because we missed each other. But luckily the work was fun and if you're tired you just use that in the show, because what parent isn't?"

Freeman's ex-partner is his former *Sherlock* co-star Amanda Abbington. Their children Joe and Grace are 14 and 11 respectively – whereas Haggard's children are five and two. So while the actors and friends have slightly different day-to-day experiences of parenthood, both understand the frustration.

"I'm at that really gorgeous, sexy stage where you realise you've got a bit of poo on your hand," says Haggard, 41. "I don't actually swear at them but we do accidentally swear in front of them. My daughter walked in the other day, heard the baby crying, and went, "Wendy's f***ing awake again'. Clearly, I've said that sentence."

Four-letter words are not an issue in Freeman's household. He has a theory: it's OK to use bad language, as long as the intent is not malicious. "I swear even more at my kids in real life than I do on the show," he admits, which you realise is a bold statement when you have watched *Breeders*. "If everything that was in real life was in the show, I don't think it would still look like a comedy, honest to God.

"But they know they're loved. They like swearing too. It's a very sweary, very huggy household. Once people know they're cherished, and demonstrably loved, I think you can tell them to eff off. If we take intent into account, it's not abuse." He pauses, before adding hastily, "It's not great, either, I wouldn't put this forward as 'This is definitely the best most brilliant way you can talk to children'."

Haggard interjects, wonderfully deadpan, "No, I definitely think you should bring out a parenting handbook."

Haggard's character, Ally, isn't, thankfully, the stereotype of nagging wife who tells her husband off for shouting at the kids. She's refreshingly prone to making mistakes, too, and Haggard enjoyed the equality and warmth of the marriage she was depicting. Their relationship tempers any potential darkness, and the romanticised flashbacks to their lives pre-kids will resonate with viewers.

"I just want to tell people to go on loads of holidays," sighs Haggard. "Don't sit around London waiting for a job. At our age you do get that nostalgia where you go, 'Do you remember when we jumped off a rock in Greece?', but the reality is most of your life aged 25 is smoking cigarettes and thinking, 'Is anyone ever going to fancy me? Am I ever going to work?'"

Freeman agrees. "What did we find stressful before we had kids? In the first years of my relationship with Amanda, why were we not always on holiday and in bed? Why did we do anything else? I'd be storming out of the house angry about something – what was I that angry about? But you know, having kids is the hardest and best thing you'll do. You're watching the people you love most in the world grow up in front of your eyes, and you've helped shape that. You know you're never going to do anything more important, or more joyful."

Freeman has another theory: modern dads in particular are struggling because their generation is the first to attempt equal parenting in great numbers, and therefore have nobody to learn from or look up to.

"We're making it up as we go along," he says. "For the generation above us, Dad was in the pub."

The series does explore those intergenerational differences: Paul and Ally's parents have very different attitudes towards grandparenting. Freeman's parents have both died, but he remembers that feeling of realising they were getting older and him facing their – and his own – mortality for the first time.

"What I found when I became a father was it makes you think about how you were parented," he says. "I was very lucky, I was loved. I grew up in a very loving, shouty, argue-y house, but you can't help but sometimes think, 'What the hell were my parents doing?'

'I want to tell people without kids to go on lots of holidays'

DAISY HAGGARD

"I was asthmatic as a kid. Like, hospitalised asthmatic. But no one thought about stopping smoking. Nobody. Just like it didn't occur to anyone to maybe not drink and drive with 18 kids in the back and no one wearing a seatbelt. And even just the amount of Coke I was drinking. Wow. I'm amazed anyone from the 70s has teeth left.

"But you know, does it really matter? We're all just doing our best. The whole process of making the show made me want to do better, and I do get better every day. That's all you can do." **EMMA COX**



SHERLOCK STARS
Freeman with his ex-partner, Amanda Abbington



PAST LIVES
Haggard in *Back to Life* and, below, Freeman in *The Office*



GETTY

Finding her voice

Kristin Scott Thomas on why she's singing into her 60s



Back in 2003, Kristin Scott Thomas chose a number of intriguing tracks as her *Desert Island Discs*. Alongside *Girls and Boys* by Prince, selected because the late American pop star cast her in his 1986 musical, *Under the Cherry Moon*, thereby providing her feature film debut, there was *Guide Me O Thou Great Jehovah* by the Royal Welsh Fusiliers. "I love crowds singing," she told Sue Lawley. "The next best thing is a choir singing."

Years later, when Scott Thomas was sent the script for *Military Wives*, a film about a disparate group of British women who form a choir to distract from the fact that their partners are serving in Afghanistan, she loved the premise and screenplay. Directed by Peter Cattaneo of *Full Monty* fame, *Military Wives* (in cinemas from Friday 6 March) gifts Scott Thomas with the role of the uptight wife of the ranking officer on a British Army base, who feuds with Sharon Horgan, the more happy-go-lucky soldier's spouse. The pair vie for control of the choir: hymns versus Yazoo and the Human League.

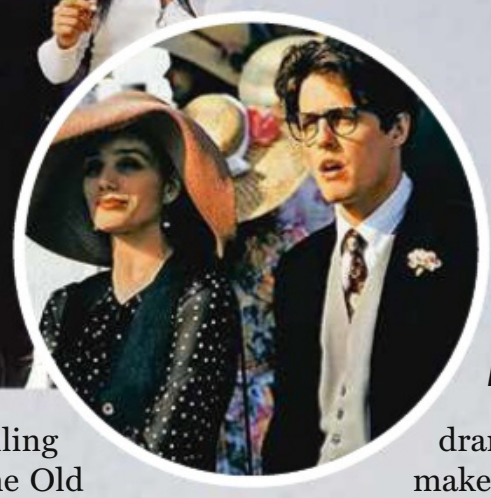
> 'Aging is a quality for women. We don't just fade away'

Although celebrated for plummy roles in global smashes *Four Weddings and a Funeral* and *The English Patient*, Scott Thomas has built a diverse portfolio over four decades, from the foul-mouthed mafia mom in Nicolas Winding





Edited by
ANDREW
COLLINS



NOW AND THEN
Far left: with Sharon Horgan in new release *Military Wives*. Left: in *Four Weddings and a Funeral* with Hugh Grant

Refn's *Only God Forgives* to a thrilling Electra in Sophocles's tragedy at the Old Vic Theatre in London. She lends roles panache, class and intensity and does nuance in her sleep. She can also be devastatingly funny: look no further than her tour de force appearance in BBC's *Fleabag* as menopausal Belinda.

Military Wives is funny, tender and heart-rending, inspired by the 2,000 real-life military wives who sing in over 70 choirs both in the UK and at British bases abroad. Choirmaster Gareth Malone led the wives in BBC series *The Choir*. Scott Thomas didn't know Horgan's work, but watched *Catastrophe* and thought it "a work of genius". She took singing lessons ahead of the shoot – "I thought I'd be fine, but I arrived on set and realised that I cannot sing. Never mind. I just kept going" – the point of the choir is that anyone can join in.

Scott Thomas was born in Cornwall in 1960, the eldest of five. Her Royal Navy pilot father died in a flying accident when she was five and her mother married another pilot; he died in a similar accident six years later.

It feels intrusive to ask about this aspect of her past, but also hard to avoid. "It's not really intrusive, don't worry," she says. "I'm very familiar with the suspense of not knowing what's going on and dreading bad news. Acting has become a reassuring way of being able to express sadness and still be intact afterwards.

"I was always drawn to tragic stories because they generally had a good ending. I think it's been a pattern of the films that I've done. Yes, it's awful, but it gets better. Until, that is, I did *Electra* and murdered my mother on stage. The urge to retell the same story again and again just stopped. I didn't need to do those roles any more."

Right at the start of her acting career she was told by a London drama school that she'd never make it. So at the age of 19, she decided she'd had enough, went to France to become an au pair and only recently moved back to the UK to live. "I felt like an old woman at 19, but it was still terrifying." She acted in English and French films and plays while living in Paris, got married (and, later, divorced) and had three kids.

In May, Scott Thomas will turn 60, which is interesting mostly because she's great at getting older and not really caring what anyone thinks of her. She doesn't edit herself like most A-list stars. (Somehow, right at the start of the interview, we discuss the "This Smells like My Vagina" candle released by Gwyneth Paltrow's company Goop earlier this year: "What the hell? It's just appalling!") She also tells me that she'll always be European and finds any talk of Brexit "deeply upsetting". She freely admits to being "famously grumpy" on set ("I'm not alone, believe me"), and talks with unbridled enthusiasm about Leicester City ("I've just discovered the joys of football").

AROUND A DECADE ago, she was bored of being always offered the same roles. "I was expected to play 'hard but fragile' in every film. I was busy with the theatre at the time, so I kept turning down those roles. Now young people are interested in me again because I'm six, seven years older. In fact, someone called me 'dear' in a shop the other day." She pauses; the comic timing is perfect. "I was wearing a knitted bonnet. It probably didn't do me any favours."

She is in fact now being offered the most interesting roles of her career. She'll star in *Phèdre* at the National Theatre later this year as well as the sinister housekeeper Mrs Danvers in Ben Wheatley's upcoming Netflix adaptation of *Rebecca* ("Ben doesn't talk any rubbish, he just gets on with it. He's great").

Meanwhile, her star turn in *Fleabag* won her plaudits across the globe. "I'm super grateful to Phoebe [Waller-Bridge, *Fleabag* creator and star] for articulating my own personal frustration with the way women are treated as they age. I'm fed up of having to say 'thank you' when someone says I've still got it. Ageing is a quality for women. We don't just fade away. I don't put up with any bullshit any more." Sitting up very straight, she smiles. "I've never been happier."

AMY RAPHAEL

ANDREW COLLINS

MY MOVIES

Jurassic Park ★★★★★
Sunday 6.25pm ***ITV2***

A monster hit

Can there be a single soul out there who doesn't exclaim "Jurassic Park!" in imitation of Steve Coogan's Alan Partridge every time they see or hear the title of Steven Spielberg's original dinosaur film? In the first series finale of *I'm Alan Partridge*, the man with no shame has invited himself to the funeral of a BBC commissioner in order to ingratiate himself with a more sympathetic replacement, who says he wants him back on the telly. Alan punches the funereal air, exclaiming, "Jurassic Park!"

I'd rather not know how long it took Coogan and his writers to reach this combination of pop-cultural foot-in-mouth, but it was precisely the right exclamation: *Jurassic Park* was by then four years old. However, it abides as the sort of film that everybody likes and understands; the kind you simply cannot walk away from when it turns up on TV. This is not to devalue the work of the greatest showman himself, Steven Spielberg, nor novelist Michael Crichton and co-writer David Koepp, nor FX wizards Industrial Light & Magic, nor the offbeat cast (Laura Dern, Samuel L Jackson, Bob Peck, *Seinfeld's* Wayne Knight). It hangs in a hallowed hall reserved for films you have to watch again, even if they've started: *Titanic, Pretty Woman, King Kong, The Great Escape, The Omen*... You may fill in the rest yourself.



The film is a classic cautionary tale to dissuade us from messing with nature. We empathise with the neck-craning awe instilled in park visitors Sam Neill and Laura Dern when they first see a 20m brachiosaurus chewing high leaves. What could possibly go wrong does go wrong, with imperilled kids, relentless raptors, a tropical storm and a certain greedy employee, not to mention those ripples in a glass of water.

You know the ending, or the illusion of one, as a multimillion dollar franchise is bigger than any dinosaur and subsequent sequels keeps the box office roaring. The sixth, *Jurassic World 3*, arrives next summer.

RT OFFER

To order *Jurassic Park* on DVD for £7.99 incl p&p (RRP £8.99), call **0844 848 7300** (call charges apply, see page 152), quoting ref RT1810. Your contract for supply of goods is with Simply Home Entertainment.

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FILM OF THE DAY

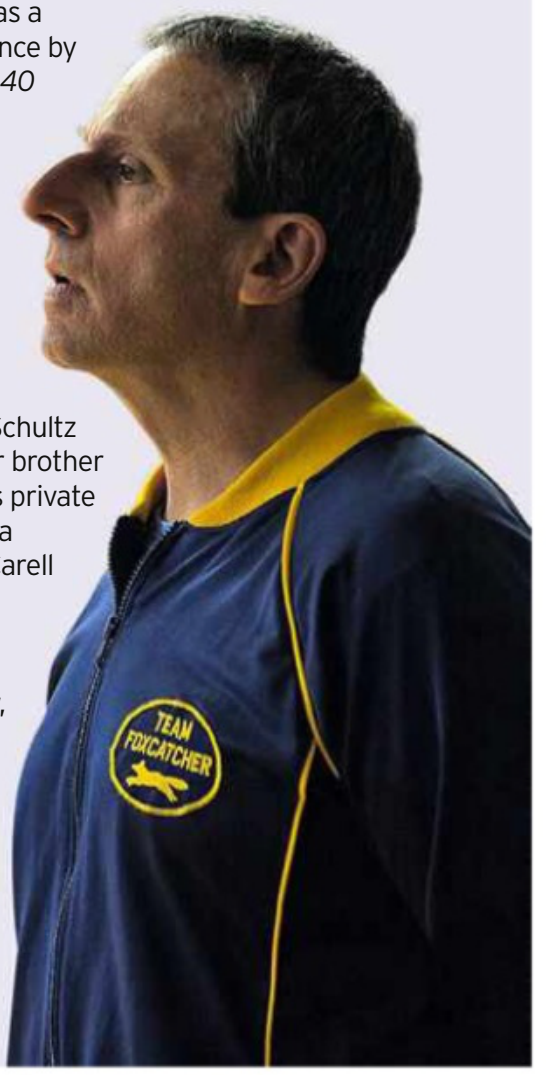
Foxcatcher ★★★★★

11.55pm-2.00am ***BBC1*** 15



DRAMA It's a dim memory now, but there was a time when Steve Carell was still filed under "f" for "funny guy". Established as a freewheeling comic presence by NBC's *The Office* and *The 40 Year Old Virgin*, he came out of the comedy closet in 2014 to play John du Pont, a philanthropist who invested in his own wrestling team. The true-life events that engulfed du Pont around the 1984 and 88 Olympics are bizarre, and if you don't know the outcome, don't look it up. In this bleakly atmospheric movie, du Pont lures Olympic gold-winning grapplers Dave Schultz (taciturn Mark Ruffalo) and his younger brother Mark (match-fit Channing Tatum) to his private Pennsylvania training facility. Sporting a stuck-on nose and plucked eyebrows, Carell plays du Pont as a controlling, childlike, predatory tycoon who takes the impressionable Mark under his wing. Carell's serious work continues to grow, defying any allegations that his role here was mere stunt casting.
(US 2014, violence, swearing, drug abuse, HD)

DID YOU KNOW?
Mark Ruffalo said that Steve Carell's character and make-up as du Pont was so repellant that cast and crew tried to avoid him



Just like Heaven ★★★

2.35-4.30pm ***5 Star*** PG

ROMANTIC COMEDY This romantic tale from director Mark Waters (*Mean Girls)* evokes memories of *Ghost* and *Truly Madly Deeply*. Reese Witherspoon stars as Elizabeth, a doctor who is involved in a serious car crash. She wakes up, apparently dead, back in her own home – but it now has a new occupant, David (Mark Ruffalo), a man struggling to get over the loss of his wife. The film offers a fresh if somewhat bumpy look at the course of true love, as the disembodied Elizabeth and the emotionally damaged David form a bond. **KK** (US 2005, edited for language, HD)

The King and I ★★★★

4.20-6.55pm ***C5*** U

MUSICAL Yul Brynner re-created his Broadway King for posterity in this faithful adaptation of Rodgers and Hammerstein's stage success about an English governess and her romance with the King of Siam. Brynner is simply magnificent, and he picked up a best actor Oscar for his performance. As Mrs Anna, Deborah Kerr is both resolute and touching, and an unbilled Marni Nixon dubs her voice for such delights as *Hello Young Lovers* and *Getting to Know You*. A stronger director than Walter Lang would have been beneficial, but if you've never seen the film, prepare to be enchanted. **TS** (US 1956, HD)

P Mary and the Witch's Flower ★★★★

4.45-6.55pm ***Film4*** U

ANIMATED ADVENTURE A curious girl is whisked away to a land of witches in this *anime* feature. It's directed by Studio Ghibli alumnus Hiromasa Yonebayashi (*Arriety*), who keeps things straightforward and avoids a lot of the pitfalls of Hollywood storytelling. Ideal family fare, this is a colourful ride filled with fantastic creatures and dastardly villains, who are brought to life by an voice cast including Kate Winslet and Jim Broadbent. In Mary, the film has a different kind of hero, one whose journey is as much about self-acceptance as it is saving the day. **JL** (Jpn 2017, HD)

We Dive at Dawn ★★★

7.10-9.10pm ***Talking Pictures TV*** U

WAR DRAMA New to Talking Pictures TV today is this tense, no-frills British study of submarine warfare, which is packed with incident and period detail. Director Anthony Asquith establishes the characters during seven days' shore leave, before the *Sea Tiger* embarks on a dangerous mission to sink a Nazi battleship in the Baltic. John Mills invests his commanding officer with quiet dignity, leaving Eric Portman with the showier role as a German-speaking seaman. But the movie really benefits from the the little-known character actors further down the cast, whose portrayal of quiet heroism seems very credible indeed. **DP** (UK 1943, BW)

P Passengers ★★

9.00-11.15pm ***C4*** 12

SCI-FI This romantic adventure from Morten Tyldum (*The Imitation Game*) unites two shining stars, Jennifer Lawrence and Chris Pratt, but is stratospherically misjudged. On a 120-year journey aboard a spacecraft to a new planet, Pratt's affable mechanic and Lawrence's go-getter awaken early from hypersleep, but a dark twist grotesquely undermines their whirlwind romance. The *Gravity*-style survival situation that follows is the signal for some formulaic heroics. Frustratingly, this charismatic duo are set an impossible challenge of keeping a love story alive long past the point of no return. **EAS** (US 2016, violence, HD)

Pitch Perfect ★★★

10.10pm-12.20am ***ITV*** 12

MUSICAL COMEDY Director Jason Moore's fun campus comedy stars Anna Kendrick as Beca, a would-be DJ who becomes embroiled in the cut-throat world of university *a cappella* singing when she joins failing group, the Barden Bellas. With Beca's help, the troupe revamps itself to become easier on the eye and ear, allowing the girls to pit their vocal cords against male rivals the Treblemakers. You'll guess where the plot is headed, but its razor-sharp energy (Rebel Wilson is a force of nature as the vociferous Fat Amy) and terrific script make up for a fistful of clichés. **KK** (US 2012, swearing, HD)

GI Joe: the Rise of Cobra ★★★★

11.15pm-1.20am ***C4*** 12

ACTION The big-screen transfer of Hasbro's other popular toy line (after *Transformers*) is a nonstop thrill-ride. *The Mummy* director Stephen Sommers delivers a terrific blend of comic-book adventure and James Bond-style spectacle, as the special-ops team (known collectively as "GI Joe") battles the mysterious Cobra organisation. The dialogue is hilariously self-aware and the multi-story narrative – with flashbacks to the origins of key characters, such as Channing Tatum's patriotic Duke and Sienna Miller's evil Baroness – doesn't flag. From propulsive power suits to metal-eating, nanomite weaponry, the marvellous gadgetry is every tech-head's dream. **AJ** (US 2009, violence, HD)

Midnight's Children ★★★

11.30pm-1.45am ***BBC2*** 12

DRAMA Salman Rushdie wrote the script for this adaptation of his prize-winning novel about a group of Indian children with superpowers, and how their lives interweave with the history of the subcontinent after independence. In attempting to pack too much of the book into the film, Rushdie rather loses focus on his young protagonists, whose powers resemble those of traditional comic-book superheroes, but whose environment could not be farther from Gotham City. Nonetheless, the film is stunningly beautiful, and the story retains at least some of the elements that made the novel so special. **BP** (Can/UK/US 2012, some violence, HD)

PICK OF THE REST...

Strange Magic ★★

8.30-10.00am ***BBC2*** U

Frenetic animated fairy saga. (2015, HD)

The Admirable Crichton ★★★

12.10-2.05pm ***Sony Classic*** U

Butler Kenneth More takes charge. (1957)

Gifted ★★★★

6.55-9.00pm ***Film4*** 12

Chris Evans has a talented niece. (2017, HD)

Fast & Furious 8 ★★★★

9.00-11.35pm ***ITV2*** 12

Revved-up action with Vin Diesel. (2017, HD)

Real Women Have Curves ★★★

9.00-10.40pm ***Sky Atlantic*** 12

Life-affirming comedy drama. (2002, HD)

The Expendables ★★

9.00-11.10pm ***Sony Movies*** 18

Sly Stallone is a gun for hire. The first sequel is showing tomorrow. (2010)

My Stepmother Is an Alien ★★★

11.10pm-1.15am ***Sony Classic*** 15

Kim Basinger is new to Earth. (1988)

Stations of the Cross ★★★

1.45-3.30am ***BBC2*** 15

Droll German religious satire. (2014, HD)

DISCOVER FILM
The best of Sky, iPlayer, Netflix and beyond... see p52

U – suitable for all; **Uc** – suitable for all, especially for children; **PG** Parental Guidance – for general viewing, but some scenes may be unsuitable for young or sensitive children; **12A** cinema only – younger children must be accompanied by an adult; **12, 15, 18** – for viewers of these ages and over.

ANDREW COLLINS

FILM OF THE DAY

Suffragette ★★★★

6.50-9.00pm ***Film4*** 12

DRAMA Showing to mark International Women's Day, this defiant and shocking film depicts the struggle for women's suffrage in Britain during the early 20th century. Soulfully written by Abi Morgan (*The Iron Lady*), directed by Sarah Gavron (*Brick Lane*) and with two female producers, it's not just a film about empowerment: it is empowerment. Carey Mulligan stars as the laundress who stands up to be counted, risking social exclusion. As her beliefs impact on her home life, the film gives Ben Whishaw room to essay a rounded, believable spouse torn between loyalty to his wife and a refusal to look the other way. Gavron's film doesn't flinch from unpleasant detail – including a gruesome prison force-feeding – but history is behind these women, and in the still-strident #MeToo era it couldn't be more vital. The documentary *Suffragettes with Lucy Worsley* is showing tomorrow on BBC4.
(UK/Fr 2015, violence, swearing, HD)



DID YOU KNOW?
Suffragette became the first commercial film to be granted access to shoot inside the Houses of Parliament

Annie ★★★

10.25am-1.00pm ***Gold*** U

MUSICAL John Huston was the wrong director for this long-winded version of the Broadway musical based on the American comic strip. He lacks the necessary light touch that might have made this the equal of the stage production, and he's not helped by the casting of heavyweight Albert Finney as Daddy Warbucks and grimacing Tim Curry as a villain. However, Carol Burnett is a zesty Miss Hannigan and Aileen Quinn is appealing as the moppet of the title, while real class is brought to the proceedings by Broadway divas Ann Reinking and Bernadette Peters. Dip in and enjoy the marvellous songs. **TS**
(US 1982, HD)

Rio 2 ★★★

1.30-3.25pm ***C4*** U

ADVENTURE In an animated sequel overflowing with songs and slapstick, Jewel (voiced by Anne Hathaway) convinces her city slicker beau Blu (Jesse Eisenberg) to rediscover their rainforest roots when a flock of blue macaws is discovered deep in the Amazon. Though it pushes its ecological message harder than before – the birds must defend their habitat against illegal loggers – it's the same mix of colourfully frantic action, sharp sight gags and catchy musical numbers. The best new character is toxic frog Gabi whose aria *Poisonous Love* is the highlight (thanks to Broadway star Kristen Chenoweth performing with real pizzazz). Elsewhere, Jemaine Clement, returning as spiteful cockatoo Nigel, brings hilarious verve to a samba rap version of *I Will Survive,* and *The X Factor*-style jungle auditions are a real joy. **AJ** (US 2014, HD)

633 Squadron ★★★

3.15-4.50pm ***BBC2*** PG

WAR DRAMA This stirring wartime film inevitably suffers in comparison with that other tribute to the Royal Air Force, *The Dam Busters*. The mission is less audacious, the casting less precise and the theme tune (by Ron Goodwin) far harder to hum along to, though it's terrifically rousing. The flying sequences are undeniably more thrilling (particularly the Scottish Highlands training exercises), but they cannot compensate for the dullness of the Norwegian-set scenes, which smack of Hollywood's wartime vision of occupied Europe in which the Nazis resemble the Keystone Kops and romance matters more than heroism. **DP** (UK/US 1964)

Jurassic Park ★★★★★

6.25-9.00pm ***ITV2*** PG

Andrew Collins My Movies p33.
(US 1993, may be edited for language, HD)

27 Dresses ★★★

6.45-9.00pm ***E4*** 12

ROMANTIC COMEDY In this fluffy, New York-set movie, Katherine Heigl (*Knocked Up*) plays a woman who is always the bridesmaid, never the bride – and has 27 bridesmaid dresses in her wardrobe to prove it. Her story attracts the attention of newspaper wedding columnist James Marsden. He falls for Heigl, but she only has eyes for her oddly oblivious boss, Edward Burns, whose interest lies with her sister, Malin Akerman. This being Hollywood, of course, there are no prizes for guessing how these issues are resolved. **DA**
(US 2008, some swearing, HD)

Ace Ventura: Pet Detective ★★★★

8.00-10.00pm ***Comedy Central*** 12

COMEDY *Doctor Dolittle* meets *The Crying Game* in this smash-hit comedy that made Jim Carrey an overnight sensation. The rubber-faced star plays a bumbling, Hawaiian-shirted detective hired to find the kidnapped mascot of the Miami Dolphins football team. Your reaction to this fast and furious farce will largely depend on whether you find Carrey's style of physical comedy stupidly hilarious or downright annoying. Carrey's co-stars Courteney Cox (from *Friends*) and Sean Young had the good sense not to reappear in the lamentable sequel *When Nature Calls*. **AJ**
(US 1993, may be edited for language, HD)

Maiden ★★★★

9.30-11.00pm ***BBC4*** 12

DOCUMENTARY The exploits of the first all-female sailing crew to compete in the Whitbread Round the World Race are remembered in this film. Interviews with indefatigable skipper Tracy Edwards and her crew are combined with vivid vintage video shot amid terrifying seas during the 1989 event, creating a visceral viewing experience with an appeal that stretches far beyond the coterie of yachting types. Director Alex Holmes is slightly sketchy on how Edwards graduated from cook-for-hire to captaining her own crew, but thereafter plots an assured course through the race itself. **TJ** (UK 2018, swearing, HD)

Suzi Q ★★★

10.00pm-12 midnight ***Sky Arts*** 12

MUSIC The life and times of 1970s glam rock queen Suzi Quatro are recalled in no-nonsense detail in this documentary. Candid interviews combine with a wealth of archive, charting her teenage years in Detroit in a band with her sisters, and subsequent estrangement from her family when she moved to the UK to top the charts as a solo star. Although the hits dried up after a few short years, Quatro's influence is applauded by female artists including Debbie Harry. The careers of Joan Jett and Janis Joplin are profiled in *Bad Reputation* and *Janis: Little Girl Blue*, which follow in tonight's women in rock triple bill. **TeS** (Aus 2019, swearing, HD)

Sisters ★★★ *11.00pm-1.15am* ***C4*** 15

COMEDY Having honed their craft on *Saturday Night Live*, the double act of Tina Fey and Amy Poehler gets a well-deserved feature showcase. They play a pair of sisters who are called back to their childhood home to sort their belongings before parents James Brolin and Dianne Wiest sell the property. That's the cue for throwing a party like it's 1989. There isn't much of a story, but putting a feminine touch to the standard frat-house formula lends a certain edge, and the fast and racy patter between Fey and Poehler keeps the energy levels high. **SP**
(US 2015, swearing, drug abuse, HD)

Up There ★★★

12.20-1.35am ***BBC2*** 15

COMEDY DRAMA Writer/director Zam Salim invokes the spirits of Beckett and Kafka in this droll feature that re-imagines purgatory as a restart centre staffed by bureaucrats. Burn Gorman plays a traffic-accident victim who welcomes arrivals to the afterlife. He's desperate to ascend to the upper echelons, but his chances are jeopardised when his partner (Aymen Hamdouchi) scares away a newcomer, prompting the pair to trek to a sleepy Scottish community to retrieve him. The film loses its way in the final third, but is smartly scripted and deftly played. **DP** (UK 2011, swearing, HD)

PICK OF THE REST...

Step Up 3 ★★★
2.20-4.35pm ***ITV2*** 12
Energetic dance drama. (2010, HD)

Liar Liar ★★★★
4.00-5.35pm ***ITV*** 12
Jim Carrey's ruthless lawyer is "cursed" to tell the truth for 24 hours. (1997, HD)

Silverado ★★★★
6.15-9.00pm ***Paramount Network*** PG
Invigorating western adventure. (1985)

Phenomenon ★★★
6.25-9.00pm ***Sony Movies*** PG
John Travolta gains strange powers. (1996)

Hansel & Gretel: Witch Hunters ★★★ *9.00-10.45pm* ***5 Star*** 15
Silly and gory action adventure. (2013, HD)

Texas Chainsaw Massacre: the Next Generation ★★★
11.00pm-12.45am ***Horror Channel*** 18
Loose remake of the horror classic. (1994)

Top Secret! ★★★
1.15-2.45am ***C4*** 15
Cold War rock 'n' roll parody from the makers of *Airplane*. (1984, HD)

Valhalla Rising ★★★
1.35-3.00am ***BBC2*** 15
A dark and atmospheric Viking saga starring Mads Mikkelsen. (2009, HD)

DISCOVER FILM
The best of Sky, iPlayer, Netflix and beyond... see p62

Monday 9

ANDREW COLLINS

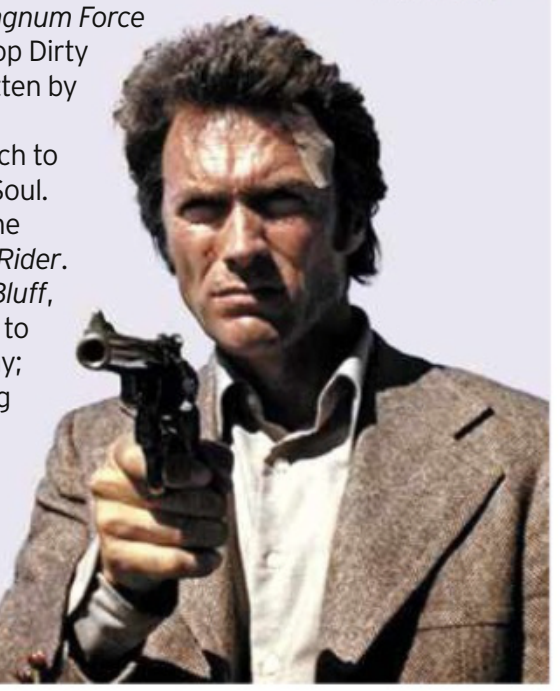
FILM OF THE DAY

Magnum Force ★★★

10.00pm-12.35am ***ITV4*** 18

CRIME THRILLER Fans of Clint Eastwood will feel lucky this week, as ITV4 runs five of his films in a row – good ones, too. Tonight, *Magnum Force* sees the return of his rule-breaking cop Dirty Harry. It features a screenplay co-written by John Milius and Michael Cimino, and showcases rising star (and future Hutch to Paul Michael Glaser's Starsky) David Soul. Tomorrow, Clint directs and stars in the apocalyptically inclined western *Pale Rider*. Coming up later this week: *Coogan's Bluff*, in which Clint's Arizona sheriff is sent to New York to do things the country way; *Heartbreak Ridge*, a hymn to a retiring marine; and the pre-*Top Gun*, 1980s fighter-pilot thrill-ride *Firefox*. (US 1973, violence, swearing, drug abuse, nudity, HD)

DID YOU KNOW?
Eastwood approved the anti-vigilante theme of the script after claims that the original *Dirty Harry* was "fascist"



Loss of Innocence ★★★

11.10am-1.20pm ***Sony Classic*** PG

ROMANCE Charmingly capturing the brilliance of youth and the beauty of champagne country, director Lewis Gilbert's adaptation of Rumer Godden's novel suffers only from a trite ending. As the 16-year-old forced to take charge of her siblings when their mother falls ill, Susannah York radiates the innocent's new-found lust for life; whether getting tipsy for the first time or in the initial pangs of love, she is captivating. As the mystery man who steals her heart, Kenneth More allows her space to mature, while revealing a more cynical side in his dealings with his landlady lover, Danielle Darrieux. **DP** (UK 1961)

The Longest Day ★★★★

1.05-4.40pm ***Film4*** PG

WAR DRAMA This epic film has a lot going for it: a huge budget, an all-star cast and masses of military co-operation. It also has the clever idea of providing a composite picture of D-Day from multiple national viewpoints, and the use of black-and-white photography conveys a sense of newsreel authenticity. The film holds its three-hour length well and is far from gung ho in highlighting the errors and miscalculations on both sides. The battle scenes are memorably staged and the major Hollywood stars fit nicely, but it's slightly let down by overacting from some of the European players, some crude characterisation and pretentious vignettes. **AE** (US 1962, violence, BW, HD)

Jack Reacher ★★★

9.00-11.25pm ***Sky1*** 15

THRILLER This slick action yarn finds maverick ex-military cop Jack Reacher (Tom Cruise) teaming up with a hotshot lawyer (Rosamund Pike) after a sniper guns down five random victims. The police are convinced they have the culprit in custody, but Reacher suspects a cover-up and cuts a swathe of destruction trying to unearth the truth. Cruise's steely-eyed and straight-faced portrayal of the hero borders on self-parody, and there's more than a hint of panto villain about Werner Herzog's Russian crime lord. **TeS** (US 2012, violence, swearing, HD)

Rupture ★★★

9.00-11.00pm ***Horror Channel*** 15

SCI-FI *Secretary* director Steven Shainberg's surreal dive into body horror stars Noomi Rapace as a single mother who is systematically exposed to her worst fears after being kidnapped by a mysterious organisation. She is held in a sinister facility where the aim is not to frighten her to death, but to scare her beyond it for a rather surprising biological purpose. The explanation of her plight doesn't quite live up to the absorbingly forceful journey before it, yet the film is intriguing and different enough to earn its genre stripes. **AJ** (US/Can 2016, swearing)

Peeping Tom ★★★★★

10.00pm-12 midnight
Talking Pictures TV 15

THRILLER This was director Michael Powell's first solo project after 20 years of collaboration with Emeric Pressburger. A Freudian nightmare about a man (Carl Boehm) who photographs the look of terror in the eyes of the women he kills, it was badly received at the time and destroyed Powell in this country. Only later was it recognised as a risk-all masterpiece from one of our greatest film-makers. Maxine Audley and Moira Shearer are among those who encounter the killer's lethal voyeurism, while Powell himself plays the father who created a monster. **TH** (UK 1960, violence)

PICK OF THE REST...

Secrets at the Lake ★★

2.15-4.00pm ***C5***
Twisting hit-and-run thriller. (2019, HD)

I'm All Right Jack ★★★★★

5.55-8.00pm ***Talking Pictures TV*** U
Classic British satirical comedy. (1959)

Pitch Black ★★★★

9.00-11.10pm ***Sony Movies*** 15
Sci-fi thriller starring Vin Diesel. (1999)

Con Air ★★★★

11.00pm-1.15am ***C5*** 18
Trapped on a plane full of killers. (1997, HD)

DISCOVER FILM
The best of Sky, iPlayer, Netflix and beyond... see p72

Tuesday 10

FILM OF THE DAY

My Super Ex-Girlfriend

★★★ *10.00-11.55pm* ***5 Star*** 12

COMEDY Breaking up is hard to do but when your superhero girlfriend can shoot lasers from her eyes, it's even harder. That's the premise of this amusing high-concept comedy from *Ghost Busters* director Ivan Reitman. Luke Wilson is perfect as the boyfriend who is emasculated by the atomic-fuelled scorn of Uma Thurman's G-Girl – it's just a shame the movie eventually abandons all sympathy for her. Ironically, it's the weedy ex-boyfriend who carries the weight of this saga. **Stella Papamichael** (US 2006, swearing, a sex scene, HD)

Miranda ★★★

5.10-6.50pm ***Talking Pictures TV***

FANTASY This fishy tale is new to Talking Pictures TV this week and sees Glynis Johns giving one of the best performances of her career in a role that clearly had a big influence on the 1984 hit *Splash*. Griffith Jones is something of a stuffed shirt as the doctor who pulls her out of the sea, but Margaret Rutherford is marvellous as a local nurse. Slickly handled by director Ken Annakin, *Miranda* is never exactly funny, but it is enjoyable. **DP** (UK 1947, BW)

PICK OF THE REST...

A Neighbour's Obsession ★★

2.20-4.00pm ***C5***
The guy next door turns nasty. (2017, HD)

P The Art of Self-Defense ★★★★

8.00-10.00pm ***Sky Premiere*** 15
See review page 82. (2019, HD)

Pale Rider ★★★

9.00-11.25pm ***ITV4*** 15
Mystical revenge western, continuing ITV4's Clint Eastwood week. (1985, HD)

Good Kill ★★★★

1.35-3.20am ***C4*** 15
Thoughtful drama starring Ethan Hawke as a conflicted drone pilot. (2014, HD)

MORE FILM CHOICES, SEE P82

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Wednesday 11

ANDREW COLLINS

FILM OF THE DAY

The Strange Love of Martha Ivers

★★★★★ *3.20-5.40pm* ***Talking Pictures TV*** PG

DID YOU KNOW? Kirk Douglas got his first screen role thanks to a recommendation from an old friend he knew from drama school – Lauren Bacall

FILM NOIR A belated tribute to the late Kirk Douglas, who made his screen debut in this involvingly nasty 1946 melodrama. The film was directed by Lewis Milestone in black-and-white, but was subsequently coloured red after screenwriter Robert Rossen came out as a Communist party member. It begins in the 1920s, when the abused 13-year-old Martha Ivers (later played as an adult by Barbara Stanwyck) causes a fatal accident. Years pass, Van Heflin's suitor makes a move, the war ends, but the threat of blackmail remains, and various players have murder in mind. Don't miss! (US 1946, BW)



Rock around the Clock ★★★

5.00-6.40pm ***Sony Classic*** U

MUSICAL In this low-budget feature, disc jockey Alan Freed discovers a rock band in a village in the faraway hills and promotes them in New York. And that would be that, except for the fact the band is Bill Haley and His Comets. This little film has gone down in history for the effect the group produced on teen audiences worldwide and on the music business. Boasting an abundance of hits, such as Haley's *Rock-A-Beatin' Boogie* and *See You Later, Alligator*, this rock-pop fest also features numerous other artists, including the Platters. **RK** (US 1956, BW)

Hitch ★★★

5.30-6.50pm ***Sony Movies*** 12

ROMANTIC COMEDY Will Smith puts his easy charm to good use in this flimsy but appealing New York-set rom-com from director Andy Tennant. Smith plays a professional "date doctor" who discreetly helps ordinary guys woo the women of their dreams. When talk of his success reaches the ears of gossip columnist Eva Mendes, she decides to unmask the anonymous cupid, unaware that he's also the suitor trying to win her heart. Initially, the film makes up for in laughs what it lacks in substance. Unfortunately, as the overlong tale hits its final third, it abruptly loses its spark. **SF** (US 2005, edited for language)

Money Train ★★

9.00-11.20pm ***Paramount Network*** 18

COMEDY THRILLER *Die Hard* meets *Speed* here, but with the brakes on, as transport cop Wesley Snipes tries to stop his flaky foster brother Woody Harrelson robbing the New York subway transit system. Director Joseph Ruben resorts to recycling gags and drawn-out arguments, and the result is lacklustre in the extreme. The film's finale, set on an out-of-control express train, is packed with eye-popping crashes and sterling stunt work, but it can't save a vehicle so overreliant on Snipes and Harrelson's good-natured double act. **AJ** (US 1995, violence, swearing, a sex scene, HD)

28 Days Later... ★★★★

11.00pm-1.20am ***5 Star*** 18

HORROR From eerie vistas of deserted London to views of Manchester reduced to burning rubble, this apocalyptic nightmare from director Danny Boyle is tense, exciting and terrifying. As a highly contagious virus spreads across the country, locking its victims into a state of homicidal rage, a small group of individuals (including Cillian Murphy and Naomie Harris) must fight off the deranged hordes. Shot on digital video for a documentary feel, this horror has genuine shock value. **AJ** (UK/US/Neth 2002, violence, swearing, sex scenes, nudity, HD)

PICK OF THE REST...

P Killing Your Daughter ★★

2.15-4.00pm ***C5***

A DNA test upsets the parents. (2019)

Keeping Up with the Joneses

★★★ *6.55-9.00pm* ***Film4*** 12

How cool are your neighbours? (2016, HD)

Coogan's Bluff ★★★

9.00-11.05pm ***ITV4*** 15

Clint Eastwood tracks a felon. (1968, HD)

Demonic ★★★

9.00-10.40pm ***Horror Channel*** 15

Curiosity can be bad for your health. (2013)

DISCOVER FILM
The best of Sky, iPlayer, Netflix and beyond... see p92

Thursday 12

ANDREW COLLINS

FILM OF THE DAY

Breaking Dawn Part Two ★★★

8.00-10.10pm ***5 Star*** 12

ROMANTIC HORROR Dividing the final chapter in a bestselling novel series into two films is a trick habitually pulled for finite literary franchises. *Harry Potter* did it with *The Deathly Hallows*, as did *The Hunger Games* with *Mockingjay*. The ruse hit a potential nadir with Stephenie Meyer's *Twilight* series, although Twi-hards didn't complain. The inconclusive *Part One* was slow, water-treading and dreary, but *Part Two* is way better. Bella (Kristen Stewart) is now a vampire and married to Edward (Robert Pattinson), their half-vamp baby grows like the clappers, the Volturi close in and a battle royal is on the cards. The series conclusion atones for all those hours put in by the fans, and it's been nice to see Pattinson and Stewart forging credible post-*Twilight* careers for themselves. (US 2012, edited for content, HD)



DID YOU KNOW? An animatronic puppet of the half-vampire baby was deemed too freaky and was replaced with a real child overlayed with computer imagery

To Sir, with Love ★★★

6.50-9.00pm ***Sony Classic*** PG

DRAMA Twelve years after snarling his way through a New York education as a student in *The Blackboard Jungle*, Sidney Poitier graduates to the opposite end of the classroom. He plays a teacher in London's East End who tries to motivate his surly pupils to become responsible citizens. Director James Clavell's adaptation of ER Braithwaite's novel is a soft-centred affair and is probably best remembered for Lulu singing the title song. Though naive, it became one of the year's top box-office hits, with Poitier a magnetic presence. **TH** (UK 1967, may be edited for content)

P Birth of the Dragon ★★★

9.00-10.50pm ***Film4*** 12

ACTION In San Francisco during 1964, Bruce Lee and Shaolin master Wong Jack Man faced off against each other behind closed doors to a handful of spectators. Much conjecture surrounds what happened that day, but this telling leans heavily on Wong's account, with the former grand master acting as a consultant on director George Nolfi's film. As likeable as Xia Yu is as the humble Wong, Philip Ng succeeds in capturing Lee's cocky bravado as well as the mannerisms and moves he would hone into his explosive movie persona. **JH** (Chi/Can/US 2016, violence, swearing, HD)

Man in the Attic ★★★

10.00-11.40pm ***Talking Pictures TV***

MYSTERY Marie Belloc Lowndes's novel *The Lodger*, about a man suspected of being Jack the Ripper, was filmed twice in Britain with Ivor Novello, then again in Hollywood with Laird Cregar. To exploit Jack Palance's sudden rise to villainous stardom after *Shane*, Fox dug out its old script to create this modestly budgeted thriller. Palance is too obviously sinister and the other players are weak, but the story is virtually fool-proof and director Hugo Fregonese succeeds in whipping up some chilling moments and a good Victorian atmosphere. **AE** (US 1953, BW)

Hercules ★★★

10.10pm-12.05am ***5 Star*** 12

ADVENTURE Three Hercules movies were released in 2014, but this was by far the most successful, with director Brett Ratner finding the correct balance between humour, heart and epic Cecil B DeMille-style action. Having completed the mythical 12 labours, and struggling to live up to his demigod reputation, Hercules (an imposing Dwayne Johnson) has turned mercenary with a five-man army of loyal followers. The exposition plods here and there, but Ratner papers over the cracks in the narrative with exciting battle scenes that's sure to send the adrenaline racing. **AJ** (US 2014, violence, swearing, HD)

PICK OF THE REST...

Snatched at Birth ★★

2.15-4.00pm ***C5***

A woman driven by desperation. (2017, HD)

No Highway in the Sky ★★★

6.35-8.30pm ***Talking Pictures TV*** PG

James Stewart predicts a disaster. (1951)

Stranger than Fiction ★★★★

6.45-9.00pm ***Sony Movies*** 12

Pleasingly odd Will Ferrell fantasy. (2006)

Heartbreak Ridge ★★★

9.00-11.40pm ***ITV4*** 15

Clint Eastwood drills the recruits. (1986, HD)

DISCOVER FILM
The best of Sky, iPlayer, Netflix and beyond... see p102

ANDREW COLLINS

FILM OF THE DAY

This Is England ★★★★

11.15pm-1.20am ***Film4*** 18

DRAMA When self-starting writer/director Shane Meadows made this thoughtful, funny hymn to early-1980s teen skinheads in the East Midlands, he can't have known that it would spawn three C4 series. The original film focuses on the initiation of 12-year-old Shaun (played by the naturally gifted but untrained Thomas Turgoose) into a group of skins, who are more into music and unity than racist violence. Stephen Graham (now a Hollywood star) plays the elder who emerges from prison and disturbs the affable social support group of misfits with his nationalist views, while Vicky McClure and Joe Gilgun forge their defining screen partnership. It's still spellbinding and may lead to a box-set binge. (UK 2006, violence, swearing, drug abuse, HD)



DID YOU KNOW?
The movie is dedicated to Turgoose's mum, who was only able to see a short preview of the film before her death from cancer in late 2005

The Princess and the Pirate ★★★

11.45am-1.40pm ***Sony Classic*** U

COMEDY Bob Hope has a lot of fun here playing an 18th-century variety artist with an aversion to, you guessed it, pirates. Hope is surrounded by superb character actors like Victor McLaglen and Walter Slezak (who appeared in Vincente Minnelli's *The Pirate)*. There's also a hilarious turn from Walter Brennan, who seems to have based his part on Disney's dwarf Dopey. Virginia Mayo partners Hope ably, especially in their vaudeville number in the Bucket of Blood inn. **TS** (US 1944)

Little Women ★★★

6.35-9.00pm ***Sony Movies*** U

DRAMA Mother hen Susan Sarandon dominates this adaptation of Louisa May Alcott's much-loved novel about four impoverished sisters growing up during the American Civil War. Director Gillian Armstrong jettisons some of the schmaltz that adorned the earlier film versions, allowing Winona Ryder (who's superbly cast as the spirited Jo) to emote like mad. It may have been eclipsed by Greta Gerwig's recent take on the story, but still features a fine cast, including Claire Danes, Christian Bale and Kirsten Dunst in small roles. **TH** (US 1994)

The Hangover ★★★★

9.00-11.10pm ***ITV2*** 15

COMEDY A Las Vegas stag do takes a turn for the unusual in director Todd Phillips's surprisingly inventive movie. Three friends (Bradley Cooper, Ed Helms, Zach Galifianakis) wake up after the night before with no sign of the prospective groom (Justin Bartha) and no memory of the evening's events. As the befuddled buddies go back over the trail of their wild night, they discover how extreme their escapades have been. Packed with believable dialogue and hilarious situations, this terrific romp effectively blends the deadpan with the hysterical. **KK** (US 2009, violence, swearing, nudity, HD)

Popstar: Never Stop Never Stopping ★★★

12.10-1.45am ***C4*** 15

SATIRICAL COMEDY Andy Samberg stars as a former boy-band star living the life as his solo second album is about to launch in this fauxumentary. The film is vaguely modelled on the 2011 Justin Bieber film *Never Say Never* and delivers big laughs in its first half, before it cools into submission. Knowing cameos by Pink, Ringo Starr and Simon Cowell add to the fun, but it's all rather spoiled by a happy-clappy conclusion. **KK** (US 2016, swearing, drug abuse, nudity, HD)

REVIEWERS Dave Aldridge, Jeremy Aspinall, Allen Eyles, Leslie Felperin, John Ferguson, Sloan Freer, Jamie Healy, Tom Hutchinson, Trevor Johnston, Alan Jones, Robin Karney, Karen Krizanovich, James Luxford, Stella Papamichael, David Parkinson, Brian Pendreigh, Jamie Russell, Emma Simmonds, Tony Sloman, Terry Staunton

PICK OF THE REST...

The Greatest Show on Earth

★★★★ *11.00am-2.10pm* ***Film4*** U

Tensions run high in a circus. (1952, HD)

Killer Contractor ★★

2.15-4.00pm ***C5***

Do you trust your builder? (2019, HD)

P The Lion King ★★★

8.00-10.00pm ***Sky Premiere*** PG

See review page 112. (2019, HD)

The Hunger Games ★★★★

9.00-11.45pm ***Sony Movies*** 12

Jennifer Lawrence fights to survive. (2012)

DISCOVER FILM
The best of Sky, iPlayer, Netflix and beyond... see p112

RT BOX OFFICE



BLITHE SPIRIT

Starring Jennifer Saunders – tickets from **£22.80** – Duke of York's Theatre, London, from 5 March to 11 April 2020

Jennifer Saunders, star of *Absolutely Fabulous*, plays an eccentric clairvoyant in Noël Coward's *Blithe Spirit* for a six-week run at the Duke of York's Theatre in London. Novelist Charles Condomine and his second wife Ruth are haunted by a past relationship when a medium – Madame Arcati – inadvertently conjures up the ghost of his first wife Elvira at a séance. When she appears, visible only to Charles and determined to sabotage his current marriage, life – and the afterlife – get complicated.

Jennifer Saunders is one of the UK's most popular comic actors. Her gleefully funny performance as Madame Arcati delighted critics and audiences alike when the production opened during Theatre Royal Bath's 2019 summer season.

THE PRINCE OF EGYPT
Tickets from £23.40 – Dominion Theatre, London



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Edited by
ALISON GRAHAM



Nuggets of TV gold

Alison Graham on the two moments that made her week

THERE ARE TIMES as a television critic when I stumble across little nuggets of perfection, those diamonds in the rough that make everything else worthwhile, even those hours spent watching *Beecham House* and *The Split*. I can put up with anything (almost) if I can, occasionally, find gold.

So I've discovered the treasure of the Sierra Madre this week in *Last Tango in Halifax* and *This Country*. A million miles away from each other in style, tone and writing, but both bearing a rich seam of gold.

There's the most brilliant sequence in Sally Wainwright's *Last Tango* (Sunday BBC1), a glorious, grown-up drama. It's an exchange between Caroline (Sarah Lancashire) and Gillian (Nicola Walker). I always yawn at the terrible cliché "a masterclass in screenwriting", it sounds so dry and didactic, while Wainwright, one of our best writers of dialogue, is anything but. "Masterclass" is a word that makes you think of the mechanics, of how something is put together. But Wainwright is just so very, very good that viewers consider neither, we simply get lost in the richness. We are ambushed.

'I can put up with anything if I can, occasionally, find gold'

The scene between Caroline and Gillian takes place in Caroline's kitchen as she's peeling carrots for supper. Gillian arrives, sits down, starts peeling, too, and the women quietly open their hearts.

Of all the relationships in *Last Tango*, the one between Caroline and Gillian is my favourite. Caroline is the daughter of stuck-up Celia (Anne Reid), bereaved and still mourning her great love, bringing up their young child, well-off, the confident head teacher of a once-difficult school that she's turned around.

Gillian is the brittle, angry, thwarted daughter of Alan (Derek Jacobi), for whom every day is a struggle up there on her cold comfort farm high, high above Halifax, where she ekes a living farming sheep.

Yet both women, after some initial hostility, have formed a bond. Not a soppy, huggy, weepy bond (thank god) but an adult one, formed naturally and over time, between two women who like and respect each other.

Lancashire and Walker are splendid as they chat quietly over the carrots about their lives and their disappointments. There is no emoting, no over-reaction, no histrionics. Because there wouldn't be in real life and if there's one writer in the world who has an ear for the way people speak in real life, it's Wainwright. Her words ring true like cathedral bells.

Then there's *This Country* (BBC3 and BBC1 Monday) and its final series, which I think might become its best. There's a new maturity to the writing of its stars/creators Daisy May and Charlie Cooper, after the death of their friend Michael Sleggs (who played the hapless Sluggs in the show).

THE LATEST EPISODE is extraordinary. Yes, it's funny, but it's also a painful exploration of grief and a search for self (sorry). Kurtan (Charlie Cooper) attends the funeral of Ray, the half-brother he barely knew, only to discover that no one else knew him, either. Ray was so dull he left no footprint in anyone's life.

Kurtan, who's so aggrieved that no one has any memories of Ray, is determined to make some, by finding out who his half-brother really was: "How can anyone's life be so meaningless? He'll just be forgotten about, like Flat Eric." It's an extraordinary premise for a comedy and it works beautifully.

THE ONE WHERE NOTHING'S HAPPENING

There's going to be a *Friends* reunion, ran the ticker tape on the television news. Oh no, really? That is such a bad idea. *Friends* was a product of its time, I don't care to see the Central Perk gang as they are now, it's too miserable to contemplate. Never go back, never. But I needn't have worried, after an explanatory email arrived in my inbox. This will in fact be an "untitled, unscripted special" from *Friends*' original studio at Warner Bros in California. It will be a "celebration" of the show, to mark its arrival on HBO Max. A "cast reunion". So, a bit of a party. Not a new episode. Phew.



TV MAGIC
Both *This Country* (above) and *Last Tango in Halifax* offer something special this week

Discover TV



Edited by
JACK SEALE

NOW TV/SKY BOX SETS



COMEDY MASTERS

The Trip to Greece

Available from 3 March

The concept of this improvised comedy initially didn't sound like enough for one episode but, four series in, Steve Coogan and Rob Brydon keep finding new ways to make impressions, chit-chat and luxury dining deeper and funnier than it should be. Palling around with them, while waiting for flashes of honesty and vulnerability, is still a pleasure. You can gorge on the whole of the new series.



TRIPPY EURO-NOIR

Babylon Berlin

Available from 6 March

Series three of the deliriously lavish German drama – supposedly the most expensive in the country's history – brings us to the autumn of 1929, where financial meltdowns add to the already febrile atmosphere and intensify the brewing political unrest. There are cops investigating stuff, but we're here for the saturated visuals and spectacular set pieces.



FINE AMERICAN DRAMEDY

Insecure

Available from 6 March

Series four of Issa Rae's (above, left, with co-star Yvonne Orji) dramedy about young black women in LA is coming in the spring, so there's time now to get up to speed. Watch the first three series and you'll see an initially very lightly sketched, funny picture of directionless millennials gradually become a sharper take on its maturing characters' joys and anxieties.



BINGEABLE MEDICAL DRAMA

The Good Doctor

Available now

There's no sign of this show achieving the popularity in the UK it enjoys in the US, but if you like emotional medical dramas, it hits the spot. Clearly inspired by *House*, it stars Freddie Highmore as an autistic savant whose brilliance clashes with his unusual bedside manner: the classic mix of human drama and a medical mystery of the week is expertly orchestrated.

NETFLIX

FOOD WITH SOUL

Ugly Delicious

Available from 6 March

One of TV's most heartfelt and intelligent foodie travelogues returns for a welcome second series. David Chang tours the world looking for delectable local food, and oh boy does he find it – but he's alive to the stories the popularity of certain foods can tell, and to the role of restaurants and eating in communities.

NEW REALITY

Restaurants on the Edge

Available now

The *Kitchen Nightmares* format expands in this new US series, which sees a team of gurus – who know about design as well as food – visit eateries that are on the verge of going bust, but shouldn't be because they're in some of the world's most beautiful places. Can they become the hot spots their locations deserve?

MAGNIFICENT DRAMA

Better Call Saul

Available now

It's highly acclaimed but still perhaps underrated: the *Breaking Bad* prequel is a masterclass in nuanced drama, suffused with a keen understanding of flawed, fallible humans. We're onto the penultimate series now, so the downfall of hustling, struggling lawyer Jimmy (Bob Odenkirk) is near; but he's just one of a plethora of lovingly drawn characters.



WHAT'S NEW ON iPLAYER, NETFLIX, AMAZON AND BEYOND

BBC iPLAYER



THOUGHT-PROVOKING DRAMA

Noughts + Crosses

Available from 5 March

Hooked by episode one of this BBC1 drama? No need to wait for more: it's an iPlayer box set. Based on the books for older children by Malorie Blackman, it takes place in an alternative world where colonialism, and the consequent centuries of oppression and inequality, have happened in reverse. Our protagonists are a young man from the white underclass and a young woman from the black ruling class.



A PLAY FOR TODAY

Moving On

Available now

One of the first shows to have a life on iPlayer separate to its broadcast – because it's shown on weekday afternoons – this series is back for an eleventh series. It's an anthology of standalone dramas, on the theme of a turning point in the main character's life. Its hallmark is simple, satisfying narratives: because there's rarely a really bad or unmissably brilliant episode, it's perfect for dipping into.



BOX SET REVIVAL

Torchwood

Available now

This year's *Doctor Who* has had more than the customary amount of twists with implications for the wider Whoniverse – one of them being a surprise re-introduction of John Barrowman as Captain Jack Harness. Capitalising on renewed Jackmania, iPlayer has the box set the doomier, more adult *Who* spin-off *Torchwood*, which Barrowman and Eve Myles led for four series between 2006 and 2011.



TALKING MOVIES

The Life Cinematic

Available now

Why aren't there more programmes like this for film fans? All that happens here is that a director talks about the films that have inspired, influenced or entertained them. It helps that the film-makers in question – Sam Mendes, Edgar Wright and Sam Taylor-Johnson (above, with Edith Bowman) – are better talkers and more generous cinema buffs than some directors, but the format's sound. More please.

ALL 4



EYE-OPENING DOCUMENTARY

Prison

Available now

This is the best of the recent rash of fly-on-the-cell-wall documentaries, offering what feels like the closest view of real prison life. This year's three new episodes have focused on women, looking at some issues common to all prisoners (the system's total inability to eradicate drugs, for instance) but also tackling motherhood and the lasting effects on inmates of emotional or sexual abuse in their pasts.



A RIGHT ROYAL LAUGH

The Windsors

Available now

Yah, yah, yah! You can now watch the whole third series of the sitcom that comes up with the silliest possible interpretation of the Royal Family's quirks, then throws in a lot more absurdity and a streak of cartoon malevolence to create a stupid but often effective satire. This year, it's more than ever a case of Kate and Meghan versus everyone else: Harry Enfield (Charles) and Haydn Gwynne (Camilla) are always a hoot.

STARZPLAY



DELIGHTFULLY ODD COMEDY

Joe Pera Talks with You

Available now

A unique US comedy, in which comedian Joe Pera exaggerates his real mannerisms to play a nice, careful, smalltown guy with an enthusiasm for mundane things. Often very funny, especially when Pera encounters people who are not as placid or thoughtful as he is, it's also got a soothing, meditative quality. Among Joe's obsessions in the new series are grocery shopping and the bean arch in his backyard.



UNSETTLING DRAMA

Castle Rock

Available now

The UK version of the US cable channel Starz is the home of several good series: *The Act, Mr Mercedes and Doom Patrol* are among the standouts, as is this spooky smalltown drama – now starring Lizzy Caplan – that's tangentially inspired by Stephen King characters. New Starzplay viewers can get a free trial at starz.com/gb. Right now there's also a 99p/month-for-three-months offer if you go via Amazon Prime.

SATURDAY Choices The pick of today's TV



HERE BE DRAGONS Dan Biggar and Aaron Shingler of Wales challenge Courtney Lawes of England

PICK OF THE DAY Six Nations Rugby *3.50pm* ***ITV,*** *4.00pm* ***S4C***

SPORT England v Wales (kick-off 4.45pm). The threat of the coronavirus means the Six Nations has been temporarily reduced to the Four Nations, after the Italians postponed their trip to Dublin to face Ireland.

But for England and Wales, it should be business as usual at Twickenham. Two weeks ago, England started playing like a team with something to prove after their defeat in the World Cup final, as they swept Ireland aside to win 24–12. Eddie Jones may have been sledging when he suggested England could have "declared" after 40 minutes, but their first-half shellacking of the Irish showed what this team can do when it wants.

For new Wales coach Wayne Pivac, it hasn't exactly been a honeymoon period, and a third consecutive loss today might leave Welsh rugby in need of marriage guidance. Defeat to France must have been frustrating for Pivac, but the manner in which Wales rallied from a 17–9 half-time deficit should give him cause for optimism. **CHRIS HUGHES**

Gareth Thomas's Tour de Trophy for Sport Relief

11.30am ***BBC1***

DOCUMENTARY This charity endurance test might not quite be up there with David Walliams swimming the Channel or Eddie Izzard running a series of marathons, but it's more about the conversations taking place along the way. Gareth Thomas, the former Wales rugby international who came out as gay in 2009 and announced he's HIV positive in 2019, cycles from Cardiff to Aberdeen, towing the Sports Personality of the Year trophy behind him and with cameras following his seven-day trip.

Thomas hopes to draw attention to people living in isolation or burdened by a social stigma. **JACK SEALE**

The Greatest Dancer

6.30pm ***BBC1***

ENTERTAINMENT After another double elimination last weekend, there are now four acts left for the final. Running at nearly an hour and a half, this will be something of a schlep. Without ads to break up the show naturally, after a while the endless VTs and padding do feel like they're wearing you down.

At least the dancers themselves are all superb. Each finalist will perform twice – including a duet with their respective dance captain – before one is eliminated and the top three get to dance their favourite routine of the series in a bid to win that £50,000 and, arguably the more exciting of the two prizes, the chance to perform on the next series of *Strictly*. **FRANCES TAYLOR**

Royal Doctors: Treating the Monarchy

7.00pm ***Channel 5***

DOCUMENTARY Channel 5 know how to liven up a Saturday night: three docs on the royal family then two on the Carpenters. You can start with this overview of royal health, which boasts insights from Princess Beatrice's personal trainer and Princess Diana's acupuncturist. We're promised insights into the tricks the royals use to avoid gorging at banquets, and what it's like giving birth in the Lindo Wing.

At the more rigorous end, Kate Williams explores some of the livelier incidents in royal medicine. From the Queen's hidden uncle to George III's straitjacket, she discovers that a monarch's health has never been their own. **DAVID BUTCHER**

Hidden

9.00pm ***BBC4***

DRAMA As the mist descends, the atmosphere in that toxic small town becomes even more grimly claustrophobic. Everyone is unhappy, particularly hapless Connor, who's by turns morose, sullen and violent, or morosely sullen AND violent.

But he just sits in the back of that rubbish car as Mia and her horrible pal drive around causing trouble or at least looking for trouble, which they find when they pull up at that tragically awful petrol station.

The only character who can ever raise a smile is Beca, who keeps casting warm glances at the hunky ex-con who looks a bit like Chris Martin. For heaven's sake, man, ask her out.

ALISON GRAHAM TV EDITOR

AND THE WINNER IS...



Globe-trotting preliminary rounds in the likes of Cape Town, Berlin, Milan, Paris, Vienna and New York have led to this: six finalists performing stunning arias with the accompaniment of the London Philharmonic Orchestra at the East Sussex opera house as they vie for the 2020 **Glyndebourne Opera Cup** (5.30pm Sky Arts). Tensions will be higher than a soprano's top note, as there's a prize of £15,000 on offer as well as the guarantee of a professional role at a prestigious international opera house.

But hoping to calm nerves will be Chris Addison (co-hosting with Danielle de Niese), who said of his passion for opera: "I love it and I have done since I came across Mozart's *The Magic Flute* in my late 20s: the unbelievable music, the insane plots and, most of all, humans doing things with their voices that are so beautiful they seem almost impossible." **DAVID BROWN**

Casualty

9.20pm ***BBC1***

DRAMA There's plenty going on tonight, what with a right-wing social commentator being treated following an acid attack, Jade losing patience with Marty, and Archie considering a job offer that will take her all the way to Sudan. I can't reveal what decision she makes, but it'll be a real shame if she ends up going, especially now that the froideur between her and Connie has finally started to thaw.

If you're a soap fan, you'll also spot a glut of guest stars who formerly resided in Weatherfield and Walford. Michelle Holmes and Tony Hirst both did stints on *Corrie*, while Sian Webber, who makes her debut as Ruby's mum Lavender, is best known as Phil's no-nonsense lawyer Ritchie on *EastEnders*. **DAVID BROWN**

Lost Lives *10.00pm* ***BBC2***

DOCUMENTARY OF THE WEEK An overwhelming elegy, based on a book that chronicles every life taken by the Troubles in Northern Ireland. Actors including Kenneth Branagh, Susan Lynch and an audibly anguished Adrian Dunbar read a selection of the devastating obituaries, over visuals that aren't just (sometimes graphic) footage of casualties and broken buildings: dark green rural landscapes remind us of the sheer beauty of an island torn in two by violence.

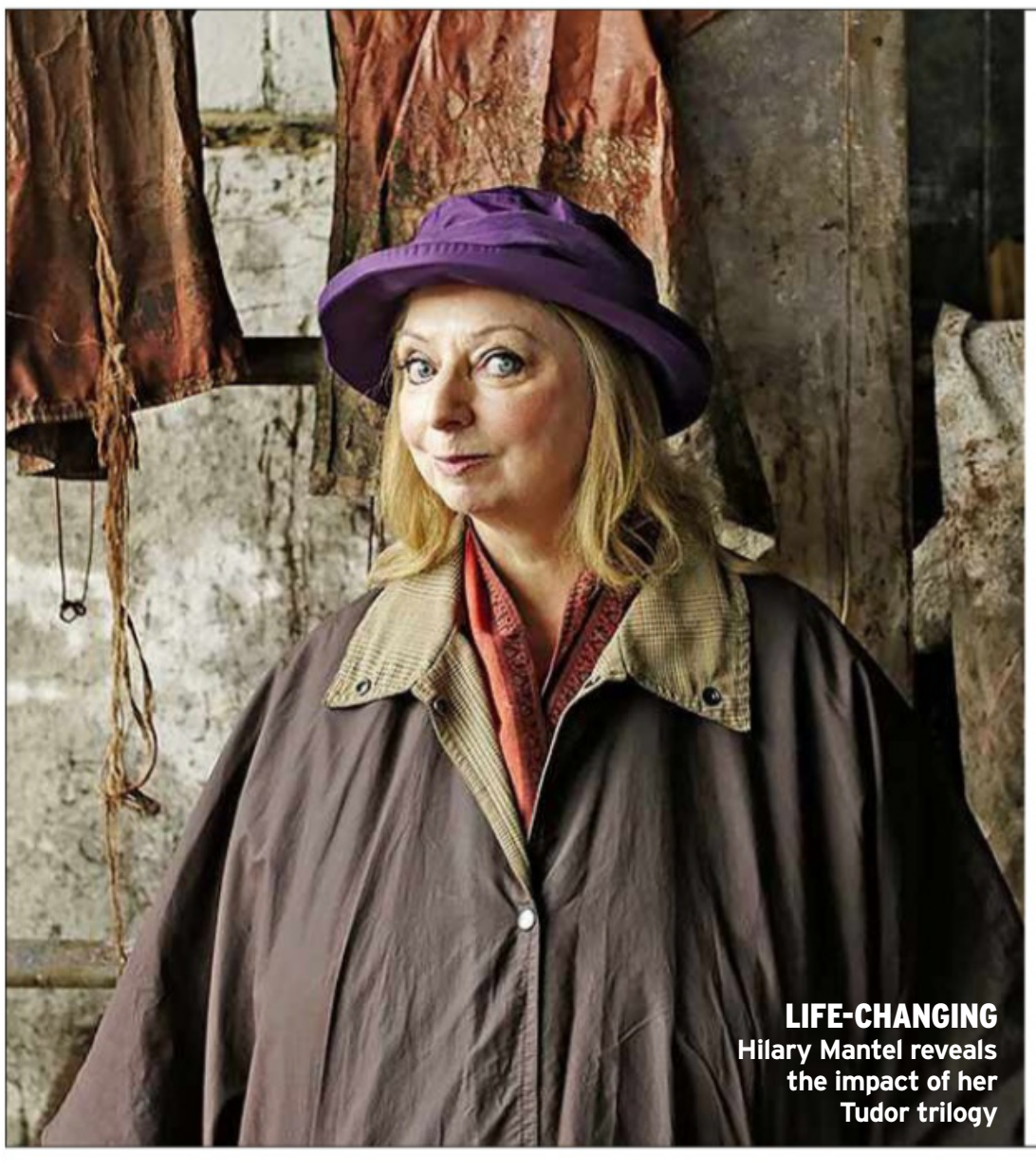
Most affecting are the words of grieving relatives – often parents. This, for example, from the mother of Brian McKinney, abducted in 1978 and not seen alive again: "After he was taken, I used to get into his bed and pull his wee bedclothes round me and eventually fall asleep." **JS**

6 Music Festival

11.40pm ***BBC4***

MUSIC Back to the Roundhouse, in more ways than one. The 6 Music Festival was there in Camden, north London, last night to catch Michael Kiwanuka, while tonight's headliners the Selecter were there in 2017 to record their album *Live at the Roundhouse*. Yes, that's the same Selecter who were prominent in the 2 Tone movement of the early 1980s: after a long career and a legal wrangle to win the rights to the band's name, Pauline Black still fronts the group, flanked by fellow original member Arthur "Gaps" Hendrickson. That old fierce exuberance is intact.

Also taking the stage is EOB, aka Ed O'Brien, aka the taller of the Radiohead guitarists, debuting his eclectic solo material. **JS**



LIFE-CHANGING
Hilary Mantel reveals the impact of her Tudor trilogy

Hilary Mantel: Return to Wolf Hall

9.00pm ***BBC2***

ARTS Hilary Mantel recounts how she was ambushed by sadness on a trip to her local supermarket. Mantel, author of the *Wolf Hall* trilogy, the final instalment of which was published last week (*The Mirror & the Light*), was preoccupied by the execution of the books' pivotal character, Thomas Cromwell.

She ended up in floods of tears in the shop, which is hardly surprising as Cromwell has been her constant companion for years, bringing her commercial and critical acclaim and two Booker Prizes, for *Wolf Hall* and its sequel, *Bring Up the Bodies*.

In this fascinating portrait a sparky and cheerful Mantel talks about her life, her research and her writing. "I breathed in stories as soon as I breathed in air," she says.

She feels her relationship with Cromwell will never really be over: "I could do more, but he's dead." **AG**

See feature: page 16

DISCOVER TV

The best of streaming and catch-up



Awesome Beauty: the Art of Industrial Britain

iPlayer (expires today)

The vigorous Lachlan Goudie fronts this 2017 documentary, in which he argues that Britain's quarries, shipyards and steel mills produced not just economic progress but profoundly beautiful art. JMW Turner, Graham Sutherland and Maurice Broomfield are among those receiving revisionist praise.

DISCOVER TV KIDS

Bedtime Story

6.50pm ***CBeebies, iPlayer***

Acting royalty arrives in the storytelling room as Kristin Scott Thomas reads a starry tale: *Astro Girl* by Ken Wilson-Max. **JS**

Kristin Scott Thomas: page 32

BEST LIVE SPORT



■ **Premier League Football: Liverpool v Bournemouth** *12 noon (kick-off 12.30pm)* ***BT 1;*** **Burnley v Tottenham** *5pm (k/o 5.30pm)* ***Sky PL/Main Event*** Burnley striker Jay Rodriguez.

■ **Women's Six Nations Rugby: England v Wales** *11.30am (k/o 12.05pm)* ***Sky Action/Mix*** *See p23*

■ **Six Nations Rugby: England v Wales** *3.50pm (k/o 4.45pm)* ***ITV*** The deadly rivals do battle.

FILM OF THE DAY

Foxcatcher

11.55pm ***BBC1***

Searing sports drama based on a true story, starring Steve Carell and Channing Tatum.

See page 35

SHUTTERSTOCK; GETTY

SATURDAY Main Channels

DAYTIME

BBC1

6.00am Breakfast Rachel Burden, Charlie Stayt. (S) (HD)

10.00 Saturday Kitchen Live Glynn Purnell is joined by chefs Tom Kitchin and Georgina Hayden, and guest Sir Chris Hoy. Olly Smith picks the wines. (S) (HD)

11.30 Gareth Thomas's Tour de Trophy for Sport Relief RT Cameras follow Gareth Thomas's 500-mile cycle ride from Cardiff to Aberdeen in December, taking the Sports Personality of the Year trophy all the way to the ceremony. **See page 44.** (S) (HD)

12 noon Football Focus A look ahead to the weekend's football, including Arsenal v West Ham United. (S) (HD)

1.00pm BBC News Weather (S) (HD)

1.15 Ready Steady Cook Rylan Clark-Neal hosts a revival of the culinary contest. Shown last Monday (S) (HD)

2.00 Garden Rescue A dumping ground of a garden in Mansfield and a steep, brambly plot in Redditch. (R) (S) (HD)

BBC RED BUTTON 2.30–5.30 Final Score Jason Mohammad presents the latest football scores

3.00–4.00 Money for Nothing Bruce Faulseit repurposes an old set of coat hooks. (Revised rpt) (S) (HD)

BBC2

6.30am The Dog Ate My Homework First shown on CBBC (R) (S) (HD)

7.00 The Dengineers First shown on CBBC (R) (S) (HD)

7.30 Blue Peter First shown on CBBC (S) (HD)

BBC RED BUTTON 7.40–9.40 Triathlon Live coverage of the mixed relay in the ITU World Series from Abu Dhabi

8.00 Deadly 60 Venomous snakes. (R) (S) (HD)

8.30 Strange Magic ★★ Animated musical fantasy featuring the voices of Alan Cumming and Evan Rachel Wood. Director Gary Rydstrom (2015, U) (S) (W) (HD)

10.00 Kung Fu Panda: Secrets of the Furious Five Animated semi-sequel to the film. (R) (S) (HD)

10.25 Kangaroo Dundee and Other Animals *1/2.* A *Natural World* film about Chris "Brolga" Barnes, aka Kangaroo Dundee. Concludes 5pm. (R) (S) (AD) (HD)

11.30 Lorraine's Fast, Fresh and Easy Food Dishes to fit in with a hectic daily routine. (R) (S) (AD) (HD)

12 noon Hairy Bikers' Best of British Si King and Dave Myers trace the evolution of pub food. (R) (S) (HD)

1.00pm All-Star Netball for Sport Relief Jennifer Saunders and Oti Mabuse captain two star-studded teams in support of Sport Relief. (R) (S) (HD)

BBC SPORT ONLINE 1.50–3.30 Deaf Rugby Union Live coverage of England v Wales at bbc.co.uk/sport

2.00 The £100K House: Tricks of the Trade Helping a couple with an extension in Birmingham. (R) (S) (HD)

3.00 Hugh's Wild West Hugh Fearnley-Whittingstall observes wildlife in the West Country. (R) (S) (AD) (HD)

4.00–5.00 Flog It! Making a profit at auction. (R) (S) (HD)

ITV

6.00am CITV See page 51 **9.25 ITV News** (S) (HD)

9.30 James Martin's Saturday Morning James is joined by guests Ade Adepitan, Raymond Blanc, Tom Kerridge and Dr Hazel Wallace. (S) (HD)

11.40 Living on the Veg *8/10.* Recipes for spicy cauli wings and miso-glazed aubergine. Shown last Sunday (S) (HD)

12.45pm ITV News Weather; Regional Weather (S) (HD)

1.00 LIVE Racing Featuring the Imperial Cup at **2.30** and three other starts from Sandown Park at **1.20**, **1.55** and **3.40**, plus three flat races from Wolverhampton. Ed Chamberlin presents. (S) (HD)

3.30–3.50 ITV News Regional News; Weather (S) (HD)

Channel 4

6.00am Mike & Molly A tradition is broken. (R) (S) (HD)

6.25 Cheers Comedy double bill. (R) (S) (HD)

7.15 Frasier Two episodes of the sitcom. (R) (S) (AD)

8.05 Everybody Loves Raymond Double bill. (R) (S) (AD)

9.00 The Big Bang Theory Double bill. (R) (S) (AD) (HD)

9.55 The Simpsons The family's dog is thrown out.

10.25 Bart persuades Krusty to run for Congress.

10.55 Homer attends a class on how to succeed at work.

11.25 Homer is introduced to gay discos. (R) (S) (AD)

11.55 The Dog House Ten eight-week-old German shepherd puppies arrive at Wood Green. (R) (S) (AD) (HD)

12.55–3.30pm Four in a Bed Visiting B&Bs in Norfolk, Kent, Lincolnshire and Somerset. (R) (S) (HD)

BBC1



The Greatest Dancer *6.30pm* Jordan Banjo and Alesha Dixon get ready to applaud the winning act

4.00pm Final Score
Today's football results with Jason Mohammad.
Producer Helen Campbell; Editor Marc Vesty (S) (HD)

5.10 The Repair Shop
Lucia Scalisi repairs a much-loved landscape painting that is hanging together by a few threads.
Series producer Emma Walsh; Executive producers Rob Butterfield and Sam Wilson (Revised rpt) (S) (HD)

5.40 BBC News Regional News; Weather (S) (HD)

6.00 Celebrity Mastermind
8/10. Radzi Chinyanganya, Ann Widdecombe, Ruth Madeley and Tom Read Wilson compete.
Director Geraldine Dowd; Producer Chris Jones (S) (HD)

6.30 The Greatest Dancer
RT *10/10 Series 2.* In the final, the four remaining acts must perform twice, kicking off with duets with their dance captains, before Alesha Dixon and Jordan Banjo announce who the viewers have decided should win this year's trophy. A famous face also drops in to add a few snappy moves. **See p44.**
Series producer Lyndon Tovey; Executive producers Louise Hutchinson, Kalpna Patel-Knight, Amelia Brown and Nigel Hall (S) (HD)

BBC RED BUTTON 7.35–9.45 Women's Six Nations Rugby Coverage of Scotland v France at Scotstoun Stadium, Glasgow (kick-off **7.45**). **See feature: page 23**

7.55 Pointless Celebrities
Sinking their teeth into Alexander Armstrong's posers are foodies Prue Leith and Brian Turner, Grace Dent and William Sitwell, Hala El-Shafie and Ed Baines, and Michael Caines and Anna Haugh. (R) (S) (HD)

8.45 Catchpoint for Sport Relief
2/2. Graeme Swann and Rachel Parris take on Sam Quek and Mark Watson as they put their mental and physical prowess to the test. Paddy McGuinness hosts.
Director Derek Hallworth; Executive producers Zoë Tait and Glenn Hugill
Repeated Friday 12.45am (S) (HD)

9.20 Casualty
RT Ruby's mother, who is helping her to look after Harmony, forces her to question whether she can cope with parenthood and a career. **See p45.**

Ruby Spark	**Maddy Hill**	Will Noble	**Jack Nolan**
Connie Beauchamp	**Amanda Mealing**	Elodie Palmers	**Danielle Saunders**
Marty Kirkby	**Shaheen Jafargholi**	Susan Caldwell	**Emma Lowndes**
Charlie Fairhead	**Derek Thompson**	Arman Barakat	**Shamail Ali**
Archie Hudson	**Genesis Lynea**	Dean Dunston	**Tony Hirst**
Rashid Masum	**Neet Mohan**	Hazel Stacks	**Michelle Holmes**
Jade Lovall	**Gabriella Leon**	Lavender Spark	**Sian Webber**
Lev Malinovsky	**Uriel Emil**	Megan Harrison	**Emily Woof**
David Hide	**Jason Durr**		

Writer Colin Bytheway; Producer Sean Gleeson
Director Andy Newbery (S) (AD) (HD)

10.10 BBC News Weather (S) (HD)
Followed by **National Lotteery Update** (S)

10.30 Match of the Day
Action from today's Premier League fixtures, including Liverpool v Bournemouth and Arsenal v West Ham United. Presented by Gary Lineker.
Producer Colm Harty; Editor Steve Houghton
Repeated tomorrow 7.30am (S) (HD)

11.55 Foxcatcher ★★★★★
Drama based on a true story. Olympic wrestlers Mark and Dave Schultz are invited by wealthy philanthropist John du Pont to live on his estate and train a team for the 1988 Olympics. Mark accepts the offer, but du Pont is hiding an obsession that will have ramifications for both brothers. **Film of the Day: p35.**

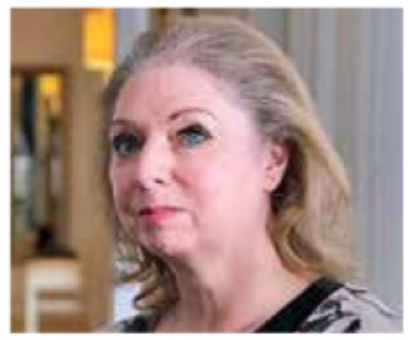
John du Pont	**Steve Carell**	Jean du Pont	**Vanessa Redgrave**
Mark Schultz	**Channing Tatum**	Nancy Schultz	**Sienna Miller**
David Schultz	**Mark Ruffalo**	Jack	**Anthony Michael Hall**

Director Bennett Miller (2014, 15) (S) (AD) (W) (HD)

2.00am Weather for the Week Ahead (S) (HD)
2.05–6.00am BBC News (S) (HD)

BBC1 Freeview 1/HD 101 Freesat 101/HD 106 Sky 101/HD 115 Virgin 101/HD 108

BBC2



Hilary Mantel: Return to Wolf Hall *9.00pm* The writer reflects on her Thomas Cromwell trilogy

5.00pm Kangaroo Dundee and Other Animals
2/2. Chris "Brolga" Barnes, aka Kangaroo Dundee, learns what it takes to look after his animal family.
Director/Producer Andrew Graham Brown (R) (S) (AD) (HD)

6.00 Saving Lives at Sea
10/10 Series 4. Two teenagers are stuck fast in mud as an incoming tide threatens to overwhelm them.
Directors Dominick French, Phil Broadhurst and Luke Proctor
Series producer Alex Raw Shown last Wednesday (S) (AD) (HD)

7.00 Wild Cuba: a Caribbean Journey
1/2. Cuba's isolation has helped preserve many of its natural riches. Here, Colin Stafford-Johnson explores parts of the country that few outsiders have seen.
Shown yesterday (S) (AD) (HD)

8.00 Great American Railroad Journeys
Springhill Junction to Quebec City. On the way from Nova Scotia to New Brunswick, Michael Portillo takes in the world's biggest tide at Hopewell Rocks, joins the Elsipogtog First Nation for a pow-wow and quarries sandstone for a 150-year-old family firm.
Director Ben Rowland; Series editor Alison Kreps (Rev rpt) (S) (AD) (HD)
RT DVDs To order series 3 on 4 DVDs, price £24.99 incl p&p (RRP £34.99), call 0844 848 7300 (charges apply, see page 152) or visit radiotimes.com/dvds11, quoting ref RT1811
RT TRAVEL Browse our collection of US trips at radiotimes.com/usa

9.00 Hilary Mantel: Return to Wolf Hall
RT During the six months leading up to the publication of *The Mirror & the Light*, the third book in her Thomas Cromwell trilogy, cameras follow the double Booker Prize-winning author as she talks about how and why she embarked on the books and how writing them has changed her life. The film also explores how the world of Cromwell still reverberates today, while Mantel recounts with candour a tale of growing up with a dark family secret. **See page 45.**
Director Ian Denyer; Producers Susan Jones and Nicolas Kent (S) (AD) (HD)
RT BOOKS To order *The Mirror & the Light* by Hilary Mantel, price £21.50 plus p&p, call 03302 232639 or visit radiotimes.com/shop11
See feature: page 16

DOCUMENTARY OF THE WEEK

10.00 Lost Lives
RT Inspired by the 1999 book of the same name, written by David McKittrick, Seamus Kelters, Brian Feeney, Chris Thornton and David McVea, this film records every death during the Troubles. Over archive and contemporary footage, extracts from the book are read by Irish actors, including Kenneth Branagh, Adrian Dunbar, Michelle Fairley, Bronagh Gallagher, Brendan Gleeson, Ciarán Hinds, Liam Neeson, Stephen Rea and Bronagh Waugh. **See p45.**
Directors/Producers Dermot Lavery and Michael Hewitt
First shown on BBC1 Northern Ireland (S) (AD) (HD)

11.30 Midnight's Children ★★★
Drama based on the novel by Salman Rushdie. Two babies born at the moment of India's independence are swapped in the delivery room. One goes to a rich household, the other to a poor one. But each possesses a magical gift allowing him to commune with other "midnight's children". English, Hindi, Urdu +subtitles. **Review page 35.**

Saleem Sinai	**Satya Bhabha**	Shiva	**Siddharth**
Amina Sinai nee Mumtaz Aziz	**Shahana Goswami**	Ahmed Sinai	**Ronit Roy**
		Zulfikar	**Rahul Bose**
Aadam Aziz	**Rajat Kapoor**	Young Saleem Sinai	**Darsheel Safary**
Mary Pereira	**Seema Biswas**	Picture Singh	**Kulbhushan Kharbanda**
Parvati	**Shriya Saran**	Emerald Aziz	**Anita Majumdar**

Director Deepa Mehta (2012, 12) (S) (W) (HD)

1.45–3.30am Stations of the Cross ★★★ Drama starring Lea van Acken. Fourteen-year-old Maria's belief that self-sacrifice can cure her mute brother soon leads the teenager to stop eating. German, French +subtitles.
Director Dietrich Brüggemann (2014, 15) (S) (W) (HD)

BBC2 Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102

ITV

Six Nations Rugby *3.50pm* England's George Ford carries the hopes of a nation at Twickenham



3.50pm Six Nations Rugby
RT **England v Wales**
Mark Pougatch introduces live coverage from Twickenham (kick-off **4.45**).

In their last match against Ireland, which ended in a 24–12 victory, England looked close to the form that propelled them to last year's World Cup final. Wales's hopes of retaining the Six Nations trophy almost certainly ended with their 27–23 defeat to France at the Principality Stadium, but nothing would put more fire into the Welsh side than the prospect of silencing the roar of the Twickenham crowd.

Commentary from Nick Mullins, Lawrence Dallaglio and Shane Williams, with analysis from Jonny Wilkinson, Sir Clive Woodward, Gareth Thomas and Mike Phillips, and pitchside reports from Martin Bayfield. **See page 44.**
Editor Phil Heslop Highlights tomorrow 11.35pm (S) (HD)

7.00 Ant and Dec's Saturday Night Takeaway
3/7. The Geordie boys introduce another non-stop mixture of pranks, surprises and giveaways. Jax Jones and Ella Henderson open the extravaganza with a banging musical collaboration, while the hosts round things off with a dance battle against *Britain's Got Talent: the Champions* winners Twist and Pulse in an epic End of the Show Show. Stephen Mulhern returns for Ant vs Dec Goes Global, one lucky person gets to play Win the Ads and the Men in Brown continue their mission to track down a mystery celebrity.
Director Chris Power; Series producers Ben Aston and Doran Azouelos Repeated tomorrow 2.30pm (S) (HD)

8.30 The Voice UK
Ep 10. For the final week of the battle rounds, there is only one steal remaining as the last of the chosen few sing their hearts out in a bid to stay in the race to win a recording contract. So as mentors Sir Tom Jones, will.i.am, Meghan Trainor and Olly Murs hang on their every note, a possible lifeline could come the way of any rejected acts if another coach decides to give them a second chance. Presenter Emma Willis keeps tabs on who's ended up where.
Series director Liz Clare; Series producers Cally Haycox and Leo Holden Repeated tomorrow 1.10pm (S) (HD)

9.55 ITV News
Weather; Regional Weather (S) (HD)

10.10 Pitch Perfect ★★★
Musical comedy starring Anna Kendrick and Skylar Astin. New girl Beca doesn't care about being popular on campus, but her singing voice makes her the centre of attention when she signs up to become part of the college's all-female *a cappella* group, the Barden Bellas. Determined to outshine them are their male counterparts, the Treblemakers. **Review p35.**

Beca	**Anna Kendrick**	Gail	**Elizabeth Banks**
Jesse	**Skylar Astin**	John	**John Michael Higgins**
Benji	**Ben Platt**	Stacie	**Alexis Knapp**
Chloe	**Brittany Snow**	Cynthia Rose	**Ester Dean**
Aubrey	**Anna Camp**	Lilly	**Hana Mae Lee**
Fat Amy	**Rebel Wilson**	Jessica	**Kelley Alice Jakle**

Director Jason Moore (2012, 12) (S) (AD) (W) (HD)

12.20am You've Been Framed! Gold Featuring a dog that looks like Andrew Lloyd Webber and a man who managed to run himself over with a tractor. (R) (S)
12.50 Home Shopping (HD)
3.00 Rebound Quiz with Sean Fletcher. (R) (S) (HD)
3.50–6.00am Nightscreen Text information. (HD)

ITV **Freeview** 3/HD 103 **Freesat** 103/HD 111 **Sky** 103 **Virgin** 103/HD 113
+1 **Freeview** 33 **Freesat** 112 **Sky** 203 **Virgin** 114

Channel 4

Passengers *9.00pm* James and Aurora embark on an action-packed space adventure



3.30pm A Place in the Sun
Kim recently lost her mother to cancer and now wants to use her inheritance to fulfil her mum's dream of buying a holiday home in Spain that the family can enjoy for years to come. Having chosen the Murcia region, she has brought along friend Emma to help her make the decision. Danni Menzies has five options lined up on a £50,000 budget, will any of them meet with Kim's approval?
Director/Producer Steven Eker (R) (S) (HD)
RT TRAVEL Check out our great collection of Spanish breaks at radiotimes.com/spain

4.30 Crufts
The world's top canines compete at the NEC in Birmingham, where today's theme is Kids and Dogs. Among the featured events are coverage of the flyball semi-finals, as well as the heelwork to music and agility events. Presenter Clare Balding is joined by celebrity guests, including Sally Phillips and Ronni Ancona, while reporter Radzi Chinyanganya samples the atmosphere. Commentary is by Jim Rosenthal, Jessica Holm Graham Partridge and Frank Kane. More at 7pm.
Series directors Daniel Hudson and Gary Franses
Producer Zoe Pike (S) (HD)

6.30 Channel 4 News **Sport; Weather** (S) (HD)

7.00 Crufts
Clare Balding introduces more highlights from the famous show – where the focus today has been on Kids and Dogs. Vet Paul Manktelow offers tips for young people on how to get interested in veterinary science, while Rhys Parrin, a 22-year-old Young Kennel Club agility competitor, who has been taking part at Crufts since he was 12, tells his moving story. Coverage continues tomorrow at 4.30pm. (S) (HD)

9.00 Passengers ★★
P Sci-fi adventure. Passengers aboard a corporate spaceship have been put into hibernation for the journey to a colony, but a mechanical engineer accidentally wakes up 90 years early. The journalist he awakens to keep him company is far from impressed as their chances of living long enough to make it to their destination are slim. **Review page 35.**

James Preston	**Chris Pratt**	Gus Mancuso	**Laurence Fishburne**
Aurora Lane	**Jennifer Lawrence**	Captain Norris	**Andy Garcia**
Arthur	**Michael Sheen**	Celeste	**Aurora Perrineau**

Director Morten Tyldum (2016, 12) (S) (AD) (W) (HD)
Also showing Monday 9pm 4seven

11.15 GI Joe: the Rise of Cobra ★★★★
Action-packed adventure. A US army unit that is transporting nano-tech warheads is ambushed by the mysterious Cobra organisation and only saved by the arrival of the elite GI Joe troops. However, not only is Cobra determined to steal the weapons, but the GI Joe team could be undone by deception and betrayal from within its ranks. **Review page 35.**

Duke	**Channing Tatum**	Snake Eyes	**Ray Park**
The Baroness/Ana	**Sienna Miller**	Heavy Duty	
General Hawk	**Dennis Quaid**		**Adewale Akinnuoye-Agbaje**
The Doctor/Rex	**Joseph Gordon-Levitt**	McCullen/Destro	
Scarlett	**Rachel Nichols**		**Christopher Eccleston**

Director Stephen Sommers (2009, 12) (S) (AD) (W) (HD)

1.20am The Last Leg ***Ep 8.*** With guests John Bercow and Sara Pascoe. Shown yesterday (S) (HD)
2.10 The Big Narstie Show ***5/6*** *Series 3.* With Nile Rodgers, Riz Ahmed and Ray BLK. Shown yesterday (S) (HD)
3.05 Hollyoaks Omnibus. Cast Thu/Fri (S) (SL) (AD) (HD)
5.05–6.00am Location, Location, Location Kirstie Allsopp hunts for a property in south Devon. (R) (S) (HD)

Channel 4 **F'view** 4/HD 104 **F'sat** 104 **Sky** 104/HD 138 **Virgin** 104/HD 141
+1 **Freeview** 15 **Freesat** 121 **Sky** 204 **Virgin** 142

BBC4

Hidden *9.00pm* Lee and Mia have an eye for trouble, but the police have an eye out for Mia



7.00pm Rick Stein's Long Weekends
6/10. The chef visits Lisbon, a city in love with its seafood and arguably the best custard tarts in the world.
Director/Producer David Pritchard
Signed repeat 2.30am (R) (S) (AD) (HD)

8.00 South Pacific
4/6. **Ocean of Volcanos.** Millions of years are condensed into an hour of unforgettable images illustrating the birth, growth and death of an island – an underwater volcano erupts and rivers of lava explode below the waves.
Producer Mark Brownlow; Series producer Huw Cordey Repeated 1.30am (R) (S) (AD) (HD)

9.00 Hidden
RT ***4/6*** *Series 2.* After revelations from Karl under questioning, Cadi turns her attention to Mia, whose false testimony led to his arrest. **See p44.**

DI Cadi John	**Sian Reese-Williams**
DS Owen Vaughan	**Siôn Alun Davies**
Mia Owen	**Annes Elwy**
Connor Pritchard	**Steffan Cennydd**
Lee Williams	**Siôn Eifion**
Karl Lewis	**Mark Robert Flanagan**
Siôn Wells	**Owain Gwynn**
Catrin Pritchard	**Lisa Victoria**
Liam Pritchard	**Jac Jones**
Jason Williams	**Gruffydd Wyn Jones**
Hefin Mathews	**Bryn Fôn**
Beca Mathews	**Lois Elenid**
Rhian Jenkins	**Manon Prysor**
James Rhys	**Siôn Pritchard**
Kelly Owen	**Ffion Dafis**
Alys Mitchell	**Sarah Tempest**
Det Supt Susan Lynn	**Victoria Pugh**
William Jenkins	**Dafydd Wyn Roberts**
Siwan Morgan	**Carys Gwilym**
Science teacher	**Sian Beca**

Writer David Chidlow; Producer Hannah Thomas; Director Chris Forster Shown last Mon BBC1 Wales (S) (HD)

BBC RED BUTTON from 9.45pm
Róisín Murphy at the 6 Music Festival
The Irish singer/songwriter performs live at the Roundhouse in Camden, London

9.55 Clive James: Postcard from...
Miami. Clive sets out to discover the truth about a city once seen as the vice capital of America and chats to Don Johnson and Gloria Estefan. (R) (S) (HD)
10.50 Chicago. The writer visits the Windy City and finds there is a lot more to Chicago than memories of Al Capone and the St Valentine's Day Massacre.
Director Alan Lewens; Producers Beatrice Ballard and Helen Fraser (R) (S) (HD)

11.40 The Selecter and EOB at the 6 Music Festival
RT Pauline Black and the enduring 2 Tone band play a stomping set at the Roundhouse in Camden, followed by Radiohead's Ed O'Brien with the European debut of his new solo material. Further festival coverage tomorrow at 11.30pm. **See p45.** (S) (HD)

12.25am Top of the Pops 1989 With the Cure, Transvision Vamp, Inner City, Holly Johnson, Simple Minds and Metallica. (S)
1.00 Featuring De La Soul and Fine Young Cannibals. Both episodes shown yesterday (S)
1.30 South Pacific Shown 8pm (S) (AD) (HD)
2.30–3.30am Rick Stein's Long Weekends Shown 7pm (S) (SL) (AD) (HD)

BBC4 **F'view** 9/HD 106 **F'sat** 107/173 **Sky** 116 **Virgin** 107

Regional variations

BBC1 SCOTLAND
4.00–5.10pm Sportscene Results: David Currie presents the classified results

BBC SCOTLAND
As BBC2 until: **7.00pm** The Seven **7.15** Seven Days **8.00** Born to Be Wild **9.00** Scotland's Game **10.00** The Field of Blood: dramatisation of Denise Mina's crime novel set in 1982
11.55–12 midnight Tune

STV
12.20am Who's Doing the Dishes?: pop star and actor Adam Rickitt puts on a dinner party
1.15–6.00 Nightscreen

BBC1 WALES
1.15pm Six Nations Sin Bin: with guests Adam Jones, Nick Knowles and Amy Dowden
1.45 Weatherman Walking: the Welsh Coast: walking from Abersoch to Pwllheli on the Llŷn Peninsula
2.15 Garden Rescue
3.15–4.00 Money for Nothing: transforming a floor lamp and a chaise longue

BBC2 WALES
2.00–4.00pm Conference: Welsh Conservatives: James Williams and Vaughan Roderick present conference coverage from Llangollen

BBC1 NORTHERN IRELAND
4.00–5.10pm Final Score: including at 5.00 Final Score from Northern Ireland

BBC2 NORTHERN IRELAND
12 noon–1.00pm The Conference: Alliance Party conference coverage, including Naomi Long's speech
7.00 The Chronicles of Erne: Amy Burns from RSPB NI travels to island reserves
7.30–8.00pm Dad's Army: the platoon takes part in an efficiency test

Channel 5 listings are overleaf

SATURDAY Freeview

Channel 5 5



The King and I *4.20pm* Has the King (Yul Brynner) met his match?

F'view 5/**HD** 105 **F'sat** 105 **Sky** 105 **Virgin** 154/**HD** 105

6.00am Milkshake! See page 51
9.50 ***New.*** **SpongeBob SquarePants** A flock of clams follows SpongeBob. First shown on Nicktoons (S) (HD)
10.05 The Loud House Lincoln has to get to school on time. (S) (HD) **10.15 Access** (S) (HD)
10.20 ***New.*** **WWE SmackDown Highlights** Grappling action. (S) (HD)
11.25 Friends *Series 3.* Ross and Rachel's separation causes friction in the group. **11.55** Frank makes an announcement. **12.25pm** Monica dates a millionaire. (S) (HD)
12.55 ***New.*** **A Will to Kill: Hailey Dean Mysteries** The disappearance of a student working at a college paper seems like it might be connected to an old case. (S) (HD)
2.35 ***New.*** **A Prescription for Murder: Hailey Dean Mysteries** Hailey helps the police when the CEO of a hospital dies. (S) (HD)

4.20pm The King and I ★★★★

Musical. The arrival of strong-willed teacher Anna Leonowens at the court of Siam in 1862 arouses curiosity. Anna's task is to teach western manners and the English language to the royal household, but the king is not used to having his decisions questioned. **Review page 35.**

Anna Leonowens	**Deborah Kerr**
The King	**Yul Brynner**
Tuptim	**Rita Moreno**
Kralahome	**Martin Benson**
Lady Thiang	**Terry Saunders**

Director Walter Lang (1956, U) (S) (W)

6.55 5 News Update (S) (HD)

7.00 *New.* Royal Doctors: Treating the Monarchy

RT Kate Williams explores some of the gruesome stories from royal medical history, while present-day practitioners reveal how they have helped members of the family. **See p44.**
Director/Producer Dan Aldridge-Neil (S) (HD)

8.00 *New.* The Royals: a Family in Crisis

Looking back at events of the last year, including the departure of Harry and Meghan and the continuing controversy surrounding Prince Andrew.
Executive producer Ian Rumsey
Repeated Friday 10.20pm (S) (HD)

9.30 Charles and Di: the Truth behind Their Wedding

Examining the week immediately prior to the marriage of Prince Charles and Lady Diana Spencer in the summer of 1981.
Director Duncan Singh (S) (HD)

11.05 The Carpenters: Their Greatest Hits

Classic performances and music videos of the duo's famously mellifluous songs.
Producer Gerard Williams; Executive producers Andra Heritage and David Arrowsmith (S) (HD)

12.05am The Last Hours of Karen Carpenter (S) (HD) **1.00** ***New.*** Casino (S) (HD) **3.00** Access (S) (HD) **3.10** Our Dream Hotel (S) (HD) **4.00** Billionaire Kids: Diamond Lives (S) (HD) **4.45** House Doctor (S) (SL) **5.10** Nick's Quest (S) (SL) **5.35–6.00am** Wildlife SOS (S) (SL)

+1 **Freeview** 44 **Freesat** 128 **Sky** 205 **Virgin** 155

BBC4 listings are overleaf

ITV2 6



Fast & Furious 8 *9.00pm* Cipher drags Dom back into a life of crime

Freeview 6 **Freesat** 113 **Sky** 118 **Virgin** 115/**HD** 176

7.00am Totally Bonkers Guinness World Records (S) (HD) **7.15** The Ellen DeGeneres Show (S) (HD) **9.30** Dress to Impress (S) (SL) (AD) (HD) **11.30** Celebrity Catchphrase (S) (HD)
12.30pm You've Been Framed! Gold: Top 100 Animals (S) (HD) **1.35 FILM** Animals United ★★ Animated adventure (S) (AD) (W) (HD) **3.30 FILM** Cats & Dogs: the Revenge of Kitty Galore ★★★ Part-animated fantasy (S) (AD) (W) (HD) **5.10 FILM** The Secret Life of Pets ★★★ Animated adventure (S) (AD) (W) (HD)

6.55pm Uncle Buck ★★★

Comedy. Buck Russell is a fun-loving bachelor without a care in the world. So when he has to look after his young nephew and nieces while their parents are away, anything can – and will – happen.

Buck Russell	**John Candy**
Miles Russell	**Macaulay Culkin**
Tia Russell	**Jean Louisa Kelly**
Maizy Russell	**Gaby Hoffman**
Chanice Kobolowski	**Amy Madigan**

Director John Hughes (1989, 12) (S) (AD) (W) (HD)

9.00 Fast & Furious 8 ★★★★

Action adventure. All the members of the team have dispersed to live quieter lives. But with Dom seemingly seduced into a life of technological terrorism by the mysterious Cipher, it looks as if putting their feet up will have to wait.

Dom	**Vin Diesel**
Hobbs	**Dwayne Johnson**
Cipher	**Charlize Theron**
Deckard	**Jason Statham**
Letty	**Michelle Rodriguez**

Director F Gary Gray (2017, 12) (S) (AD) (W) (HD)

11.35 Family Guy

Series 11. Lois decides to adopt a different, younger lifestyle. (S) (AD) (HD)
12.05am *Series 10.* Peter stars in his own children's TV show. (S) (AD) (HD)
12.35 American Dad! (S) (AD) (HD) **1.30** Ibiza Weekender (S) (HD) **2.35** The Stand Up Sketch Show (S) (HD) **3.05** Totally Bonkers Guinness World Records (S) (HD) **3.20–3.30am** Nightscreen (HD)

ITV2+1 **Freeview** 27 **Freesat** 114 **Sky** 218 **Virgin** 116

ITV4 24

Freeview 24 **Freesat** 117 **Sky** 120 **Virgin** 118/**HD** 178

6.00am World Cup Rivalries: Brazil v Italy (S) (HD) **6.15** The Saint (S) **7.20** Monster Carp (S) (HD) **8.25** Giant Lobster Hunters (S) (HD) **9.30** ***New.*** Racing: the Opening Show (S) (HD) **10.30** ***New.*** Euro 2020 Preview: a look ahead to the tournament (S) (HD) **11.00** Minder (S) (AD)
12.05pm World Cup Rivalries: England v Argentina (S) (HD) **12.30 LIVE** Darts: fifth-round matches on day two of the UK Open at the Butlin's Minehead Resort. Jacqui Oatley presents (S) (HD) **5.00** The Professionals (S) (AD)
6.00pm The Sweeney Regan gets personally involved when his daughter is kidnapped. (S)
7.00 LIVE Darts The evening session on day two of the UK Open continues with sixth-round matches. Eventual champion Nathan Aspinall recorded a victory over Steve Lennon at this stage last year. (S) (HD)
11.00 FILM Assassins ★★★ Action thriller starring Sylvester Stallone. Hitman Robert Rath wants to hang up his gun, but he is dogged by a rival contract killer. (S) (AD) (W) (HD)
1.45am Minder: Terry minds a boxer (S) (SL) (AD) **2.50–3.00am** Nightscreen (HD)

ITV4 +1 **Freesat** 154 **Sky** 220 **Virgin** 175

ITV3 10



Midsomer Murders *9.00pm* Is Timothy (Steve Pemberton) hiding a secret?

Freeview 10 **Freesat** 115 **Sky** 119 **Virgin** 117/**HD** 177

6.00am Lewis (S) (AD) (HD) **7.50** Agatha Christie's Marple (S) (HD) **9.55** Coronation Street: omnibus edition. Gary bumps into an old acquaintance (S) (AD) (HD)
12.55pm Midsomer Murders: five episodes. A dead aristocrat's will goes missing; **2.55** The death of a blackmailer is investigated (S) (AD)

5.00pm Midsomer Murders

Four Funerals and a Wedding. Barnaby and Jones find themselves forced to dip into the annals of Broughton village after a traditional contest pitting men against women results in two deaths.
7.00 Last Man Out. When a star cricketer dies during a tournament, Barnaby and Winter are drawn into a world of sporting rivalry and intrigue.
9.00 Red in Tooth and Claw. After a dead body is discovered covered in live rabbits, Barnaby and Winter unearth a sinister side to the local pet show. Is this death the result of a rivalry that has been taken too far or is the killer driven by something darker? (S) (AD) (HD)

DCI John Barnaby	**Neil Dudgeon**
DS Jamie Winter	**Nick Hendrix**
Sarah Barnaby	**Fiona Dolman**
Alisa Benson	**Sara Crowe**
Errol Judd	**Sean Gallagher**
Delphi Hartley	**Susan Hampshire**
Tegan Langton	**Aisling Loftus**
Timothy Benson	**Steve Pemberton**

RT DVDs To order *Midsomer Murders* series 20, price £29.99 including p&p (RRP £39.99), call 0844 848 7300 (charges apply, see p152) or visit radiotimes.com/dvds11, quoting ref RT1811

11.00 Foyle's War

3/3 *Series 7.* **The Hide.** August 1945: in a case that will shake his personal world, the newly retired Foyle battles to save a young man who, accused of high treason, seems intent on self-destruction and facing the executioner's noose. (S) (AD) (HD)
1.05am Scott & Bailey (S) (AD) (HD) **2.00** Long Lost Family (S) (AD) (HD) **2.50** That's My Boy (S) **3.20–3.30am** Nightscreen

+1 **F'view** 34 *(9pm–midnight)* **F'sat** 116 **Sky** 219 **Virgin** 174

ITVBe 26

Freeview 26 **Freesat** 118 **Sky** 131 **Virgin** 119/**HD** 179

7.00am Little Women: LA (S) (HD) **7.50** The Real Housewives of Beverly Hills (S) (HD) **8.50** Be Beautiful (S) (AD) (HD) **9.00** LittleBe
12 noon Be Beautiful (S) (AD) (HD) **12.10pm** The Real Housewives of Potomac (S) (AD) (HD) **1.05** The Real Housewives of Orange County (S) (HD) **2.00** Sam and Billie Faiers: the Mummy Diaries (S) (AD) (HD) **3.00** The Real Housewives of Cheshire: three editions (S) (HD)
6.00pm The Real Housewives of Cheshire Dawn is furious with Leilani. (S) (HD)
7.00 Dinner Date Jonny picks three blind dates from five potential partners. (S) (AD) (HD)
8.00 Michelle is given five menus by a quintet of potential dates. (S) (AD) (HD)
9.00 Botched Medic Paul Nassif helps a mother out of a "snotty" situation. (S) (AD) (HD)
10.00 Totally Unbelievable A countdown of the most inspiring celebrity bodies. (S) (HD)
11.00 Vanderpump Rules Ariana gets thrown by her horse during practice. (S) (HD)
12 midnight–12.55am Marriage Boot Camp: Reality Stars: the families take part in a football game with a difference (S) (HD)

ITVBe +1 **Freesat** 119 **Sky** 231 **Virgin** 120

Drama 20



Murdoch Mysteries *8.00pm* Was an apparent suicide case actually murder?

Freeview 20 **Freesat** 158 **Sky** 143 **Virgin** 130

7.30am Cadfael **9.00** Lovejoy (S) **11.00** Sharpe: Harper and Sharpe help defeat Napoleon (S)
1.00pm Auf Wiedersehen, Pet (S) **3.00** Ms Fisher's Modern Murder Mysteries (S) (HD) **4.00** Father Brown: double bill (S) (AD) (HD)

6.00pm The Brokenwood Mysteries

2/4 *Series 3.* **Over Her Dead Body** The coffin of poet Declan O'Grady falls from the hearse, revealing that the corpse inside is not him, but a woman identifiable only by a scarlet tattoo. (S) (AD) (HD)

Mike Shepherd	**Neill Rea**
Kristin Sims	**Fern Sutherland**
DC Breen	**Nic Sampson**
Jared Morehu	**Pana Hema Taylor**
Gina	**Cristina Serban Ionda**

8.00 *New.* Murdoch Mysteries

8/18 *Series 12.* **Drowning in Money** Murdoch suspects murder after what at first appears to be the double suicide of a wealthy high-society couple. (S) (HD)

Detective William Murdoch	**Yannick Bisson**
Dr Julia Ogden	**Helene Joy**
Inspector Thomas Brackenreid	**Thomas Craig**
Constable George Crabtree	**Jonny Harris**
John Brackenreid	**Charles Vandervaart**

First shown on Alibi Repeated Friday 8pm

9.00 Life on Mars

5/8 *Series 2.* When businessman Simon Lamb finds that his wife and daughter have been kidnapped, he threatens to hang himself in the police station canteen to grab Gene and Sam's attention.
10.20 ***6/8.*** After it looks like heroin has come to Manchester, Gene makes an alliance with hard man Toolbox Terry in an attempt to keep the drug off the streets.

11.40 Kavanagh QC

6/6 *Series 2.* **Job Satisfaction.** As a brother and sister stand accused of murdering their father and stepmother, Kavanagh's task is complicated by the man's insistence on defending himself. (HD)
1.10am Hetty Wainthropp Investigates (S) **3.10–4.00am** The White Princess (S) (AD) (HD)

Drama +1 **Sky** 243 **Virgin** 226

Dave 19

F'view 19 **F'sat** 157 **Sky** 111 **Virgin** 127/**HD** 227 **BT HD** 387

7.10am The Hurting: two editions (S) (HD) **8.00** Top Gear (S) (AD) **9.00** Aussie Pickers (HD) **10.00** Storage Hunters UK: double bill (S) (HD) **11.00** American Pickers (S) (HD)
12 noon Cops UK: Bodycam Squad: triple bill (S) (HD) **3.00pm** Border Force: America's Gatekeepers (AD) (HD) **4.00** Top Gear (S) (AD)
6.00pm Soapbox Race From Paris. (HD)
7.00 Would I Lie to You? With Rhod Gilbert, Vernon Kay and Denise Van Outen. (S) (HD)
7.40 Isy Suttie and Gok Wan take part. (S) (HD)
8.20 Not Going Out ***7/7*** *Series 8.* Lee and Lucy ponder having another child. (S) (HD)
9.00 In a festive special, Lee faces a desperate search for a Christmas present. (S) (HD)
10.00 Hypothetical ***5/8*** *Series 2.* Nish Kumar, Jen Brister, Rob Beckett and Lou Sanders are posed absurd hypothetical situations. (HD)
11.00 Have I Got a Bit More News for You Richard Ayoade hosts the satirical quiz. (S) (HD)
12 midnight Dave Gorman: Modern Life Is Goodish (S) (HD) **1.00am** Not Going Out (S) (HD) **1.55** Jon Richardson: Ultimate Worrier (S) (HD) **2.55** Zapped (S) (AD) (HD) **3.40–4.00am** The Indestructibles (HD)

Dave Ja Vu **Freeview** 79 **Sky** 211 **Virgin** 131

BFI & RADIO TIMES TELEVISION FESTIVAL See CENTRE SUPPLEMENT for details

More4 18



Father Ted *11.05pm* The priest tries to convince people he is not racist

Freeview 18 **Freesat** 124 **Sky** 136 **Virgin** 147/**HD** 195

8.55am Food Unwrapped (S) (AD) (HD) **9.30** A Place in the Sun: Summer Sun (S) (HD) **12.30pm** Location, Location, Location (S) (HD) **1.35** Phil Spencer's Stately Homes (S) (AD) (HD) **2.40** Come Dine with Me (S) (HD)

5.20pm Four in a Bed
Stays at B&Bs in Wiltshire, Oxfordshire, Lancashire and Derbyshire. (S) (HD)

8.00 Car SOS
4/10 *Series 7.* Tim Shaw and Fuzz Townshend restore a 1972 Toyota Celica.
Shown last Monday (S) (AD) (HD)

9.00 24 Hours in A&E
Concerned young parents bring in their 19-month-old daughter. (S) (AD) (HD) **10.00** Bill, 92, arrives with breathing difficulties and a swollen leg. (S) (AD) (HD)

11.05 Father Ted
1/8 *Series 3.* The priest pulls out all the stops to convince Craggy Island's Chinese community that he is not racist. (S) (AD) (HD) **11.40** ***2/8.*** The cleric tries to nurture Chris, the hot favourite to win the King of the Sheep festival, back to top form. (S) (AD) (HD) **12.15am** Eight out of Ten Cats Does Countdown (S) (AD) (HD) **1.15** 24 Hours in A&E (S) (AD) (HD) **3.20–3.50am** Father Ted (S) (AD) (HD)

More4 +1 **Freeview** 86 **Freesat** 125 **Sky** 236 **Virgin** 196

E4 13

Freeview 13 **Freesat** 122 **Sky** 135 **Virgin** 106/**HD** 145

6.00am Ramsay's Kitchen Nightmares USA **6.55 FILM** Romance Retreat ★★ Romantic drama (W) **8.25** Don't Tell the Bride **9.30** The Goldbergs (AD) **10.00** Schooled (AD) **10.30** Brooklyn Nine-Nine: eight episodes (AD) **2.30pm** The Big Bang Theory: five back-to-back episodes (AD) **5.00** Young Sheldon: Mary plans Pastor Jeff's wedding (AD) **5.30pm FILM Home Alone 2: Lost in New York** ★★★ Comedy starring Macaulay Culkin and Joe Pesci. After becoming separated from his family en route to a Christmas holiday in Florida, Kevin McCallister finds himself alone in New York, where he is destined to meet two old enemies. (W) **8.00 FILM Transformers: Revenge of the Fallen** ★★ Sci-fi action sequel starring Shia LaBeouf and Megan Fox. The ancient history of the Transformers' presence on Earth is revealed as the human race battles the first ever Decepticon. Once again Sam Witwicky is in the thick of the action. (AD) (W) **11.05 Gogglebox** Capturing instant reactions to *The Crown, The Andrew Marr Show, The Prince and the Epstein Scandal: Panorama, This Morning* and *First Dates.* (AD) **12.10am** Friday Night Dinner: all six episodes of series three (SL) (AD) **3.20** Gogglebox (SL) (AD) **4.15–6.00am** The Big Bang Theory (AD)

E4 +1 **Freeview** 28 **Freesat** 123 **Sky** 235 **Virgin** 146

Sony Channel 48

Freeview 48 *(limited)* **Freesat** 142 **Sky** 157 **Virgin** 189

6.00am Murder, She Wrote **1.00pm** Hart to Hart **4.00** Charlie's Angels **5.00** TJ Hooker **6.00pm** Starsky & Hutch: triple bill. A murder witness is burgled **7.00** Following a car accident, an injured Hutch wakes up in hospital with no memory of Starsky or his life as a cop **8.00** Dave goes under cover as a cabbie **9.00** Who Wants to Be a Millionaire?: four back-to-back editions **1.00am** Charlie's Angels **2.00** Hart to Hart **3.00** M*A*S*H **3.30** The Waltons: two episodes **5.10–6.00am** Touched by an Angel

Sony Channel +1 **Freesat** 152 **Sky** 257

Paramount Network 31



The Golden Voyage of Sinbad *4.10pm* The adventurer goes treasure hunting

Freeview 31 **Freesat** 132 **Sky** 150 **Virgin** 187/**HD** 150

9.00am Criminals: Caught on Camera (S) (HD) **9.35** Trucking Hell (S) (HD) **10.30** Killer Weather: Nature Fights Back (HD) **12.30pm** Can't Pay? We'll Take It Away (S) (HD) **2.25 FILM** The Shooting ★★★ Western starring Jack Nicholson (HD) **4.10 FILM** The Golden Voyage of Sinbad ★★★ Fantasy adventure starring John Phillip Law (S)

6.20pm Major Dundee ★★★
Western starring Charlton Heston and Richard Harris. At the end of the American Civil War, a major is determined to wipe out a band of Apaches who have massacred a US Cavalry post.
Director Sam Peckinpah (1965, PG) (HD)

9.00 Money Train ★★
Comedy thriller starring Wesley Snipes and Woody Harrelson. **Review p38.**
Director Joseph Ruben (1995, 18) (HD)

11.15 Game of Death ★★
Action adventure with Wesley Snipes. A CIA agent doesn't realise he is in the firing line from his own colleagues.
Director Giorgio Serafini (2010, 15) (S) (HD)

1.10am The Shannara Chronicles (S) (HD) **3.05** Star (S) (HD) **3.55** The X-Files (S) (HD) **4.40** Now That's Funny! (S) (HD) **5.35–6.00am** Criminals: Caught on Camera (S) (HD)

Paramount Network +1 **Sky** 250

4seven 47

Freeview 47/**HD** 110 **Freesat** 127 **Sky** 137 **Virgin** 143

9.00am Find It, Fix It, Flog It **2.00pm** A New Life in the Sun: Where Are They Now?: four back-to-back episodes **6.00pm A New Life in the Sun: Where Are They Now?** A vegan café in Spain hit by floods. **7.00 Ramsay's Kitchen Nightmares USA** The chef tries to change the fortunes of Capri restaurant in Eagle Rock, California. **8.00** Gordon revisits Mojito, the Junction and Bazzini to find out whether his advice has been put to good use. **9.00 Gogglebox** ***Ep 3.*** The armchair critics react to the programmes they have been viewing over the last week. (AD) **10.00 First Dates** ***Ep 3.*** After a wild past, 31-year-old healthcare assistant Anthony is keen to meet "the one". (AD) **11.05** ***Ep 2.*** Actor Josh seeks a leading lady, while dedicated father Rob is paired with former Butlin's Redcoat Donna. (AD) **12.10am** 24 Hours in A&E (AD) **1.15** Prison (AD) **2.20** Ramsay's Kitchen Nightmares USA **3.20** Come Dine with Me **4.15–4.45am** Four in a Bed

Pick 11

Freeview 11 **Freesat** 144 **Sky** 152 **Virgin** 165

6.00am Nothing to Declare **12 noon** Brit Cops: Rapid Response (AD) **1.00pm** Air Ambulance ER **2.00** The Chase **4.00** The Chase Celebrity Special **6.00pm** Caught Red Handed: triple bill. A burglar takes too long when trying to steal from a laptop repair shop **6.40** Three fly tippers are caught in the act **7.20** When a post office is raided by two knifemen, the owner takes them on so that his employees can escape **8.00** Caught on Dashcam: road disasters captured on video by drivers' dashboard cameras **9.00** In Defense Of: re-examining infamous trials from the perspective of top defence attorneys. This episode looks at the events of the 1993 shootout known as the Waco Siege **10.00** The Force: North East: the hunt is on for a missing schoolboy **11.00** Banged Up Abroad **12 midnight** Road Wars (AD) **1.00am** Brit Cops: Law & Disorder (AD) **4.00–6.00am** Highway Patrol

Pick +1 **Freeview** 92 **Freesat** 145 **Sky** 252

5 USA 21

Freeview 21 **Freesat** 129 **Sky** 141 **Virgin** 153

9.00am Murder, She Wrote (S) (AD) **7.05pm** NCIS: New Orleans *Series 3.* Triple bill. A race-car driving US marine is killed in a crash **8.00** The team investigates a pair of murders on board a private yacht **9.00** Pride goes rogue (S) (AD) **10.00** Law & Order: Special Victims Unit: four episodes. *Series 17* The team is forced to return to an old crime scene **10.55** Barba faces off against two ruthless defence attorneys **11.55** *Series 16* Amaro has to get involved in his father's life **12.55am** A rape victim who has been drugged accuses the wrong man (S) (AD) **1.55** Chicago PD **3.50–4.00am** Access

5 USA +1 **F'view** 56 (not 2-4am) **F'sat** 130 **Sky** 241 **Virgin** 185

5 Star 30

Freeview 30 **Freesat** 131 **Sky** 128 **Virgin** 151

8.00am 3rd Rock from the Sun (S) (HD) **8.20** Two and a Half Men (S) (HD) **12.25pm FILM** Bewitched ★★ Romantic comedy fantasy (S) **2.35 FILM** Just like Heaven ★★★ Romantic comedy. **Review page 35** (HD) **4.30 FILM** You, Me and Dupree ★★ Comedy (S) (HD) **6.35pm FILM** Ocean's Thirteen ★★ Crime comedy caper sequel starring George Clooney, Brad Pitt, Matt Damon and Al Pacino. English, Spanish +subtitles (S) (HD) **9.00 FILM** Breaking Dawn Part Two ★★★ Romantic fantasy. **Film of the Day: page 38** (S) (HD) **11.10 FILM** 28 Days Later… ★★★★ Horror starring Cillian Murphy. **Review p38** (S) (HD) **1.25am FILM** Get Hard ★★★ Comedy starring Will Ferrell and Kevin Hart (S) (HD) **3.25** Two and a Half Men (HD) **3.55–4.00am** Access (HD)

5 Star +1 **Freeview** 55 **Freesat** 141 **Sky** 228 **Virgin** 186

5 Select 54

Freeview 54 **Freesat** 133 **Sky** 153 **Virgin** 152

9.00am Criminals: Caught on Camera **9.25** Cruising with Jane McDonald **11.05** A Year on Our Yorkshire Farm **3.00pm** Our Yorkshire Farm **7.00** Great Rivers Then and Now: the Trent: the waterway's historical connection to many Midlands industries **8.00** The Secrets behind King Arthur's Sacred Sites: evidence suggesting that the stories about the king could be founded in fact **9.00** The Pillars of the Earth **10.15** Tommy Cooper: in His Own Words **12.20am** Killer Weather: Nature Fights Back **1.20** Chris Tarrant: Extreme Railway Journeys **2.20** Hitler's Holocaust Railways with Chris Tarrant **3.50–4.00am** Access

CBS Justice 39

Freeview 39 **Freesat** 137 **Sky** 148 **Virgin** 192

8.30am The Key of David **9.00** The Father Dowling Mysteries: double bill **11.00** Perry Mason: triple bill **2.15pm** NCIS: five back-to-back episodes **7.00** Scorpion: double bill. Ralph puts his life in danger to help the team, then they are forced to unite to try to save Walter's life when he has a car accident **9.00** NCIS: five back-to-back episodes **2.00am** Perry Mason **4.05** The High Chaparral **4.55–6.00am** Mission: Impossible

CBS Justice +1 **Freeview** 69

CBS Drama 71

Freeview 71 **Freesat** 134 **Sky** 147 **Virgin** 197

7.30am Tomorrow's World **8.00** Home Shopping **9.00** Walker, Texas Ranger (HD) **2.00pm** Medical Detectives (HD) **4.00** Judge Judy **9.00** Psychic Private Eyes **10.00** Medium: five episodes. Scanlon prepares to ask Lynn to marry him **11.00** The spirit of a suspected serial killer asks Allison for help **12 midnight** Devalos is haunted by memories of his daughter's death **1.00am** Allison dreams about a schizophrenic youngster **2.00** Allison is embroiled in a case of identity theft **3.00–6.00am** Judge Judy

Horror Channel 70

Freeview 70 **Freesat** 138 **Sky** 317 **Virgin** 149

8.00am FILM Lord of the Elves ★★ Fantasy adventure **9.50** Highlights **10.00** Mutant X **3.00pm FILM** Air Collision ★★ Action thriller **4.50 FILM** MegaFault ★★ Disaster movie **6.40pm FILM** Post Impact ★★ Action adventure starring Dean Cain and Joanna Clark **8.30** Tales from the Darkside: a meddlesome mother becomes fed up with her children ignoring her **9.00** P **FILM** Matriarch ★★★ Horror thriller **10.55 FILM** I Spit on Your Grave ★★ Horror remake with Sarah Butler **1.00am FILM** Hatchet ★★★ Comedy horror starring Joel David Moore **2.40–4.30am FILM** Piranha II: the Spawning ★ Horror with Tricia O'Neil

Yesterday 25

Freeview 25 **Freesat** 159 **Sky** 155 **Virgin** 129

6.00am Secrets of the Bible (S) (HD) **7.10** The Diary of Anne Frank: a Tale of Two Sisters (S) (HD) **8.00** Secret Nazi Bases (S) (HD) **9.00** Deep Wreck Mysteries (S) **1.00pm** Expedition with Steve Backshall (S) (AD) (HD) **7.00** Big in America: British Hits in the USA (S) **8.00** Duran Duran: There's Something You Should Know (S) (HD) **9.00** The True Story of the Mary Celeste (S) **10.00** World's Greatest Palaces (S) (AD) (HD) **11.00** Chris Tarrant: Extreme Railway Journeys (HD) **12 midnight** Impossible Engineering (AD) (HD) **1.00am** The Diary of Anne Frank: a Tale of Two Sisters (S) (HD) **2.00–3.00am** Secrets of the Bible (S) (HD)

Yesterday +1 **Sky** 255 **Virgin** 200

Really 17

Freeview 17 **Freesat** 160 **Sky** 142 **Virgin** 128

6.00am Celebrity Fantasy Homes **7.00** Home Shopping **8.00** Homes under the Hammer **12 noon** Antiques Road Trip (HD) **2.00pm** Cops UK: Bodycam Squad (HD) **4.00** Helicopter ER (HD) **8.00** Cops UK: Bodycam Squad (HD) **9.00** Helicopter ER: a paramedic is taking part in a 10km run when one of the other athletes has a heart attack (HD) **10.00** Saving Lives at Sea: a father and son are in danger after trying to rescue a dog in Ilfracombe (HD) **11.00** How to Look Good Naked: Gok Wan helps friends Ames and Helen (HD) **12 midnight** Paranormal Lockdown UK (HD) **1.00am** Ghost Adventures (HD) **2.00** Home Shopping **4.00–6.00am** Cops UK: Bodycam Squad (HD)

HGTV 42

Freeview 42 **Freesat** 166 **Sky** 158 **Virgin** 279

7.00am House Hunters International (HD) **8.00** My Dream Derelict Home (AD) (HD) **9.00** Fantasy Homes by the Sea (AD) (HD) **11.00** as 10pm **12 noon** as 11pm **1.00pm** A Place in the Sun: Winter Sun (HD) **2.00** A Place in the Sun: Summer Sun (HD) **3.00** A Place in the Sun: Winter Sun (HD) **5.00** Extreme Makeover: Home Edition (HD) **6.00** Fantasy Homes by the Sea (AD) (HD) **8.00** Escape to the Country (HD) **10.00** DIY SOS at Great Ormond Street Hospital (AD) (HD) **11.00** Million Pound Build for Children in Need (AD) (HD) **12 midnight** Flog It! (HD) **2.00am** Island Life (HD) **3.00–4.00am** Our House

HGTV +1 **Sky** 258 **Virgin** 283

Quest 12

F'view 12/**HD** 114 **F'sat** 172/**HD** 167 **Sky** 144 **Virgin** 169

6.00am Deadliest Catch (HD) **7.00** Alaska Mega Machines (HD) **8.00** Wheeler Dealers: six editions **12 noon** Wheeler Dealers: on the Road **1.00pm** Wheeler Dealers (AD) (HD) **2.00** Hunting Hitler (HD) **3.00** Treasure Quest: Snake Island (HD) **4.00** Deadly Dragon of Borneo: Expedition Mungo (HD) **5.00** Outback Opal Hunters (HD) **6.00pm** Wheeler Dealers (HD) **7.00** Born Mucky: Life on the Farm (HD) **8.00** Salvage Hunters (HD) **9.00** ***New.*** EFL: including highlights of Leeds United v Huddersfield Town and Swansea City v West Brom (HD) **11.00** Stars in Their Cars (HD) **12 midnight** Outback Opal Hunters (HD) **1.00am** Supertruckers (HD) **2.00** American Chopper (AD) **3.00** Fantomworks (HD) **4.00** Wheeler Dealers (HD) **5.00–6.00am** How It's Made (HD)

Quest +1 **F'view** 76 (7pm-4am) **F'sat** 168 **Sky** 244 **Virgin** 213

Challenge 46

Freeview 46 **Freesat** 146 **Sky** 151 **Virgin** 164

7.00am Ninja Warrior Women Tournament **8.00** Total Wipeout (AD) **9.00** Catchphrase (AD) **11.30** Bruce's Price Is Right (AD) **2.00pm** Bruce Forsyth's Play Your Cards Right (AD) **3.00** Take Your Pick **4.00** Strike It Lucky **5.00** The Cube **6.00pm** The Chase (AD) **8.00** The Chase Celebrity Special **10.00** Celebrity Who Wants to Be a Millionaire? (AD) **11.00** Bullseye (AD) **4.00–6.00am** The Chase: double bill

Challenge +1 **Freesat** 147 **Sky** 251 **Virgin** 230

BBC Parliament 232

Freeview 232 **Freesat** 201 **Sky** 504 **Virgin** 605

10.15am Scottish First Minister's Questions: recorded coverage **11.00** Scottish Parliament **2.00pm** Northern Ireland Assembly: recorded coverage of proceedings **3.30** Welsh First Minister's Questions: queries in the Welsh Assembly **4.15** Welsh Assembly **6.00** Select Committees **8.45** BOOKtalk: discussion of political publications **9.00** Briefings: key speeches and news briefings **11.00** Eòrpa **11.30** HARDtalk **12 midnight–6.00am** Political Highlights

Listings for **PBS America**, **Smithsonian** see over. **Film4** and other **Freeview movie** channels: **p52**

BFI & RADIO TIMES TELEVISION FESTIVAL See CENTRE SUPPLEMENT for details
BFI & RADIO TIMES TELEVISION FESTIVAL

SATURDAY Satellite & cable



Men in Black 2 *8.30pm* Kay and Jay take on an alien queen

Sky 1

Sky 106 **Virgin** 110/**HD** 109 **BT** 340/**HD** 355

6.00am Monkey Life (S) (AD) **8.00** Modern Family (S) (HD) **9.00** ***New.*** What's Up TV (HD) **9.30** ***New.*** I'm Game: Rainbow Laces (HD) **10.30** Soccer AM (HD) **12 noon LIVE** Women's Rugby Union: England v Wales (kick-off **12.05pm**) (HD) **2.15pm** Premier League Greatest Games (S) (HD) **2.30** Best Premier League Goals (S) (HD) **3.00** Soccer Saturday (HD) **5.00** The Simpsons (S)

6.00pm The Simpsons Marge slices off Homer's thumb. **6.30** Ned build a theme park. **7.00** Homer opens a nursery. **7.30** The family meets a tramp. (S)

8.00 Modern Family ***Ep 8*** *Series 11.* Dylan's hippie mother moves into the Dunphy home. (S) (HD)

8.30 Men in Black 2 ★★ Sci-fi comedy starring Tommy Lee Jones. (W) (HD)

10.15 Strike Back: Vendetta ***2/10*** *Series 8.* The team embarks on a mission aboard a train. (S) (HD)

11.15 Hawaii Five-0 ***Ep 10*** *Series 10.* Adam's girlfriend Tamiko is kidnapped right in front of him. (HD)

12.15am NCIS: Los Angeles (S) (HD) **1.15** A League of Their Own (S) (AD) (HD) **2.15** The Heist (HD) **3.15** Jett (S) (AD) (HD) **4.30–6.00am** The Real A&E: triple bill (S) (AD) (HD)

Sky 1 +1 **Sky** 206

Sky Arts

Sky 122 **Virgin** 123/**HD** 156 **BT** 348/**HD** 363

6.00am Prokofiev (HD) **6.10** Ludovico Einaudi: Elements – Live (HD) **7.30** Tales of the Unexpected (S) **10.00** Discovering: Richard Dreyfuss (S) (HD) **11.00** Discovering: Basil Rathbone (S) (HD) **12 noon** Discovering: Jon Voight (S) (HD) **1.00pm** Discovering: Dustin Hoffman (S) (HD) **2.00** Discovering: Julia Roberts (S) (HD) **3.00** Portrait Artist of the Year (S) (HD) **4.00** Il Divo: Timeless – Live in Japan (HD)

5.30pm ***New.*** **Glyndebourne Opera Cup** Singers compete to impress Grammy Award winner Sumi Jo, Dame Felicity Lott and more, for a spectacular prize. Presented by Chris Addison and Danielle de Niese. (HD)

9.00 Pavarotti: Birth of a Pop Star The story of Luciano Pavarotti's journey from concert performer to international superstar as he helped expand the popularity of opera worldwide. (S) (HD)

10.05 Freddie Mercury: the Great Pretender Profile of the Queen frontman, exploring his time away from the band – including a collaboration with Michael Jackson and the triumphant duet *Barcelona* with Montserrat Caballé. (S) (HD)

11.50 Queen: Live in Rio The band's performance at the 1985 Rock in Rio festival. (S)

1.10am Classic Artists: Jimi Hendrix (S) (HD) **3.10** I Am Paul Walker (S) (HD) **5.10–6.00am** The Lady in Number 6: Music Saved My Life (S) (HD)



Real Women Have Curves *9.00pm* Ana and Carmen

Sky Atlantic

Sky 108 **BT** 342/**HD** 357

6.00am Richard E Grant's Hotel Secrets (S) (AD) (HD) **7.00** The British (S) (AD) (HD) **8.00** CSI: Crime Scene Investigation (S) (HD) **1.00pm** Without a Trace: five episodes (S) (HD)

6.00pm Without a Trace ***13/23*** *Series 3.* An autistic boy disappears during a field trip to a museum in Manhattan. **7.00** ***15/23.*** The abductors of a young socialite stage an internet vote to decide her fate **8.00** ***16/23.*** Martin feels guilty at failing to stop a kidnapping. (S) (HD)

9.00 Real Women Have Curves ★★★ Coming-of-age comedy drama starring America Ferrera and Lupe Ontiveros. Mexican-American teenager Ana graduates from high school in LA and looks forward to being the first of her family to attend college. But her overbearing mother insists that she give up her dreams to work in her sister's dress-making factory. (S) (W) (HD)

10.40 Boardwalk Empire ***1/12*** *Series 1.* January 1920: gangster Nucky Thompson prepares to exploit Prohibition. (S) (AD) (HD) **12.10am** ***2/12.*** Jimmy races to fulfil an unpaid debt. (S) (AD) (HD) **1.20** Oz **3.50** Dolittle: Special (HD) **4.00–6.00am** Fish Town (S) (HD)

Sky Atlantic +1 **Sky** 208

Sky Crime

Sky 121 **Virgin** 136/**HD** 135 **BT** 347/**HD** 362

6.00am Motorway Patrol (S) (AD) **7.00** Highway Patrol: following Australia's traffic enforcers (S) **11.00** UK Border Force (S) (AD) **1.00pm** Customs UK **2.00** Brit Cops: Law & Disorder: triple bill (S) **5.00** Brit Cops: Frontline Crime UK (S) **6.00pm** Snapped **7.00** Killer Lovers **8.00** How I Caught the Killer (S) **9.00** World's Most Evil Killers: a serial killer nicknamed the Vampire of Krakow **10.00** The Disappearance of Crystal Rogers **12 midnight** World's Most Evil Killers (S) **1.00am** Snapped **2.00** World's Most Evil Killers (S) **4.00** Brit Cops: Frontline Crime UK (S) **5.00–6.00am** Motorway Patrol (S) (AD)

Sky Crime +1 **Sky** 221 **Virgin** 207

Sony Crime

Freesat 143 **Sky** 179 **Virgin** 193

6.00am Speeders: double bill **7.00** Bait Car: LA **8.30** Bait Car: Atlanta **9.00** Speeders **11.00** Bait Car: LA **12.30pm** Bait Car: Atlanta **1.00** Speeders: 12 editions **7.00pm** Speeders: four further editions. A biker tries to outrun the police **7.30** The officers meet a student with dubious maths skills **8.00** A debt collector is caught speeding in a car he has just repossessed **8.30** A driver with impressive air-guitar skills **9.00** Bait Car: LA **10.30** Bait Car: Atlanta **11.00** Speeders: two editions **12 midnight** Bait Car: New Orleans **1.00am** Speeders **3.00** Bait Car: Atlanta **4.00** Speeders: double bill **5.00–6.00am** Bait Car: New Orleans



Blue Bloods *7.00pm* Erin is held at gunpoint in court

Sky Witness

Sky 107 **Virgin** 112/**HD** 111 **BT** 341/**HD** 356

6.00am UK Border Force (S) (AD) (HD) **8.00** The Real A&E (S) (HD) **9.00** Sun, Sea and A&E (S) (AD) **11.00** Paramedics (S) (HD) **1.00pm** UK Border Force (S) (HD) **2.00** Border Security: Australia's Front Line (S) (HD)

7.00pm Blue Bloods ***3/22*** *Series 4.* Jamie refuses to follow his lieutenant's orders. (HD) **8.00** ***4/22.*** Danny and Baez investigate when a teenage girl dies after being hit by an underground train. (S) (AD) (HD)

9.00 Law & Order: Special Victims Unit ***13/22*** *Series 21* Kat crosses the line when she follows up on her suspicions about a trainer at her boxing gym. (HD)

10.00 The Good Doctor ***Ep 15*** *Series 3.* The team treats a boy who is unable to speak. (HD)

11.00 Law & Order: Special Victims Unit ***19/24*** *Series 15.* A single mother faces up to her past. **12 midnight** ***20/24.*** Benson is assigned her own security when a killer escapes from his prison guard. **1.00am** ***21/24.*** Sergeant Benson is rescued by the squad following William Lewis's death. (HD)

2.00 Blue Bloods: double bill (S) (AD) (HD) **4.00–6.00am** Nothing to Declare: four editions (S) (AD)

Sky Witness +1 **Sky** 207 **Virgin** 180

Sky 2

Sky 168 **Virgin** 160

7.00am 60-Minute Makeover **10.00** My Kitchen Rules: New Zealand (S) **12 noon** My Kitchen Rules: South Africa (S) **3.00pm** Stargate SG-1: five episodes (S) **8.00** Magnum P.I. **9.00** Strike Back: Vendetta: the team embarks on a dangerous mission after discovering that the sale of the bioweapon will be taking place on a speeding train **10.00** Hawaii Five-0: Adam's girlfriend Tamiko is kidnapped right in front of him **11.00** The Trip to Greece: Rob and Steve begin their final series **12.10am** Avenue 5 (S) **12.45** The Heist **1.45** Jett (S) (AD) **2.55** NCIS: Los Angeles (S) **3.55** The Late Late Show with James Corden: Best of the Week **5.00–6.00am** Zoo Tales (S) (AD)

Syfy

Sky 114 **Virgin** 138/**HD** 137 **BT** 319/346/**HD** 375/361

6.00am FILM Tornado Warning ★ **8.00** Home Shopping **11.00** Fact or Faked: Paranormal Files **12 noon FILM** War of the Worlds 2: the Next Wave ★ **1.50pm FILM** Lara Croft: Tomb Raider ★★ **4.00 FILM** Memoirs of an Invisible Man ★★★ **6.00pm** Marvel's Runaways **7.00** Blood & Treasure: Danny realises the truth about Farouk **8.00** 🅿 **FILM** Collision Earth ★★ **10.00** The Twilight Zone **11.00 FILM** 30 Days of Night ★★★ Horror thriller with Josh Hartnett and Melissa George **1.10am FILM** Night of the Witch ★★ **3.00** Fact or Faked: Paranormal Files **4.00–6.00am FILM** Miami Magma ★★

Syfy +1 **Sky** 214 **Virgin** 229



Louis Theroux: Talking to Anorexia *11.00pm* In treatment

W

Sky 109 **Virgin** 125/**HD** 211 **BT** 311/**HD** 383

6.10am The Bill (S) **11.00** Tipping Point: eight editions (S) (HD)

7.00pm Inside the Ambulance Medics Hannah and Mike are called to a young woman who has had a fit in the street. (S) (HD) **8.00** Michelle and Simon rush to a young man who has collapsed at work, while Gaz and Debbie help a teenager with chest pain. (S) (HD)

9.00 999 Rescue Squad A doctor on his way home from work is left fighting for his life after a head-on collision with a truck. Paramedic Chris is called to a motorcyclist who has been hit by a taxi. (S) (HD) **10.00** The teams stand by for casualties as police launch an armed raid on the home of a wanted man. A minibus carrying children with special needs collides with a stolen car. (S) (HD)

11.00 Louis Theroux: Talking to Anorexia The reporter meets patients at two of London's largest eating-disorder facilities, following them through a daily routine of scheduled eating, weigh-ins and group therapy. (S) (AD) (HD)

12 midnight One Born Every Minute (S) (HD) **1.00am** Emily Atack: Adulting (S) (HD) **1.50** Code Black (S) (AD) (HD) **2.35–3.00am** Renovate My Home: Leave It to Bryan (S) (HD)

W +1 **Sky** 209 **Virgin** 190

Sky Comedy

Sky 113 **Virgin** 122/**HD** 121 **BT** 345/**HD** 360

8.00am Everybody Hates Chris (HD) **9.30** The Mindy Project (HD) **1.00pm** 30 Rock (HD) **8.30** Miracle Workers: God makes plans for his ground-breaking new restaurant, and goes looking for potential investors (HD) **9.00** Curb Your Enthusiasm (HD) **9.40** Ballers: while Spencer prepares for his first owner meeting, Charles faces a shock health crisis (S) (HD) **10.15** Sex and the City: Carrie's political consciousness is raised by her latest companion (HD) **10.50** ***New.*** The Tonight Show Starring Jimmy Fallon: American chat show (HD) **11.50** Veep: double bill (S) (AD) (HD) **1.00am** Sex and the City: five back-to-back episodes (HD) **3.55–5.00am** Everybody Hates Chris: double bill (HD)

TLC

Sky 133 **Virgin** 167 **BT** 323/**HD** 377

6.00am Say Yes to the Dress (HD) **10.00** Say Yes to the Dress: Atlanta (HD) **12 noon** Say Yes to the Dress: Lancashire (HD) **1.00pm** Curvy Brides Boutique (AD) (HD) **3.00** Dr Pimple Popper (HD) **5.00** Say Yes to the Dress: UK (HD) **6.00pm** Curvy Brides Boutique (HD) **7.00** Say Yes to the Dress: America (HD) **8.00** Hot and Heavy (HD) **9.00** Say Yes to the Dress: UK (HD) **10.00** Dr Pimple Popper (HD) **11.00** Say Yes to the Dress: America (HD) **12 midnight** Hot and Heavy (HD) **1.00am** Say Yes to the Dress: UK (HD) **2.00** Dr Pimple Popper (HD) **3.00** Say Yes to the Dress (HD) **5.00–6.00am** Say Yes to the Dress: Atlanta (HD)

TLC +1 **Sky** 233 **Virgin** 172



All Round to Mrs Brown's *9.00pm* Gareth and Peter

Gold

Sky 110 **Virgin** 124 **BT** 310/343/**HD** 358/392

7.05am The Piglet Files **7.55** As Time Goes By (S) **8.35** The Good Life (S) (AD) **9.15** Porridge (S) **9.55** The Two Ronnies (S) **10.55** Only Fools and Horses (S) (AD)

6.35pm Only Fools and Horses Rodney's plans to make a film are spoiled by Del, who begins offering roles to anyone who wants one. **7.15** An old friend returns from Australia flushed with success and offers Del a share in his business. **7.55** Del becomes a showbiz entrepreneur after discovering a sensational Tom Jones-style singer at a local club. (S) (AD)

9.00 All Round to Mrs Brown's Agnes and the family are joined in the studio by Gareth Malone and Peter Andre, while Steps perform *Scared of the Dark*. (HD)

10.20 Sandylands Comedy drama with Natalie Dew. Emily makes a trip to her home town after her semi-estranged father goes missing. **11.00** Emily learns that Les is alive and well, and has faked his own death for a life-insurance payout. **11.40** Les plots his escape from Sandylands, and Tina discovers that he is still alive. (AD) (HD)

12.20am Black Books (S) **2.00** The Royle Family (S) (AD) **3.05** Black Books (S) **3.30–4.00am** The Piglet Files

Gold +1 **Sky** 210 **Virgin** 194

Comedy Central

Sky 112 **Virgin** 132/**HD** 181 **BT** 307/344/**HD** 370/359

8.00am Bob's Burgers **9.00** Friends (S) (AD) (HD) **11.30** Bad Robots (S) (HD) **12 noon FILM** Annie ★★ Musical based on the Broadway hit, starring Quvenzhané Wallis, Cameron Diaz and Jamie Foxx (HD) **2.30pm** Friends: 10 episodes (S) (AD) (HD) **8.00 FILM** Notting Hill ★★★★ Romantic comedy starring Julia Roberts and Hugh Grant. A film star bumps into a humble bookshop owner and they begin an unlikely affair. But their relationship is put under strain when the press finds out (HD) **10.30** Friends (S) (AD) (HD) **12.30am** Jimmy Carr: Telling Jokes **1.30am** Broad City (S) (HD) **3.25** The Mick (HD) **4.15–5.00am** Impractical Jokers (S) (HD)

Comedy Central +1 **Sky** 212 **Virgin** 133

Lifetime

Sky 187 **Virgin** 208 **BT** 329/**HD** 384

7.00am Judge Judy (HD) **1.00pm** Making a Model with Yolanda Hadid (HD) **3.00** The Real Housewives of Sydney (HD) **5.30** The Real Housewives of Beverly Hills (HD) **7.30** Storage Wars (HD) **9.00** ***New.*** Ghost Hunters: a terrified single mother enlists the team when she begins to fear that spirits in her Victorian home may be a threat to her (HD) **10.00** Psychic Kids: the psychics work with two apparently gifted nine-year-olds (HD) **11.00** My Ghost Story: Caught on Camera (HD) **12 midnight** Ghost Hunters (HD) **1.00am** Psychic Kids (HD) **2.00** My Ghost Story: Caught on Camera: footage of a wheelchair moving on its own (HD) **3.00–4.00am** Hardcore Pawn (HD)

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

Key (S) Subtitles (SL) Signing (AD) Audio description (HD) High definition (W) Widescreen



Miss Marple *7.00pm* A double murder mystery in Barbados

Alibi

Sky 132 **Virgin** 126/**HD** 212 **BT** 312/**HD** 382

7.10am Murdoch Mysteries (S) (HD) **10.00** Miss Marple (S) (AD) **12.20pm** Death in Paradise (S) (AD) (HD)

7.00pm Miss Marple The shrewd spinster is sent to convalesce in the tropical paradise of Barbados, where she finds life decidedly dull – until a double murder breaks the monotony and presents her with an unforeseen opportunity to do some serious sleuthing. (S) (AD)

9.20 Death in Paradise *4/8* *Series 4.* When a bride-to-be is killed on the last night of her hen party, DI Goodman tries to unravel a seemingly inextricable case of murder. Camille, meanwhile, has a big decision to make. **10.40** *5/8.* On the island to record their reunion album, and with a major sponsorship deal hanging in the balance, tensions within rock band the Flowers of Progress are running high. Then lead singer Stevie Smith is found electrocuted in the band's swimming pool. **12 midnight** *6/8.* Saint-Marie celebrates getting through to the finals of the Inter-Island Volleyball Championships, but the team are under pressure to solve the murder of one of the players. (S) (AD) (HD) **1.20am** The Coroner (S) (AD) (HD) **3.10–4.00am** Bite Club (S) (AD) (HD)

Alibi +1 **Sky** 232 **Virgin** 191

Discovery History

Sky 171 **Virgin** 257

6.00am Dirty Jobs **8.00** Expedition Unknown **10.00** World War II: Witness to War **3.00pm** Dirty Jobs

5.00pm Expedition Unknown Josh Gates travels to the Kalahari Desert in southern Africa to look for a fabled lost city. **6.00** Josh heads to the Philippines to search for Yamashita's Gold.

7.00 Wings of War The fight for domination of the skies over southern England between German and Allied planes in the Second World War.

8.00 Nasa's Unexplained Files An account of how a malfunction on the ISS threatens to poison the crew with a deadly gas.

9.00 Ghost Asylum The TWC is called in to investigate famous, forgotten Old Crow Distillery. Reports of paranormal activity in the grounds have called for drastic measures.

10.00 Close Encounters In France, after an intense encounter, a man's previous knee injury is completely healed. **10.30** A former naval officer sees five bright lights in the skies.

11.00 Greatest Events of World War II Colourised footage depicts the atrocities of the war. **12 midnight** Archive footage of the final hours of the Second World War. **1.00–6.00am** Frontline Battle Machines with Mike Brewer

Discovery History +1 **Sky** 271 **Virgin** 261



Family Guy *10.00pm* A prize comes between the old pals

Fox

Sky 124 **Virgin** 157/**HD** 199 **BT** 349/**HD** 364

8.00am Bull (S) (HD) **9.00** Bones (S) (HD) **11.00** The Mentalist (S) (HD) **12 noon** NCIS (S) (AD) (HD) **1.00pm** Bones (S) (HD) **2.00** NCIS (S) (AD) (HD) **3.00** The Mentalist (S) (HD) **4.00** NCIS: double bill (S) (AD) (HD)

6.00pm The Mentalist *6/13* *Series 7.* Abbott's former boss tries to blackmail him. (S) (HD)

7.00 NCIS *17/24* *Series 12* When the body of an admiral's aide is found, the team suspects he may not have been the killer's intended target. (S) (AD) (HD) **8.00** *18/24.* The agents investigate the murder of a woman at an officer's home. (S) (AD) (HD)

9.00 The Walking Dead *10/16* *Series 10.* The group must defend Alexandria from a threatening outside force. (S) (HD)

10.00 Family Guy *Series 2.* Peter fights with his friends over a trophy. **10.30** The Grim Reaper turns up in Quahog to claim Peter. **11.00** Lois becomes a theatre director and stages *The King and I*. **11.30** Peter is sent to a women's sensitivity retreat. (S) **12 midnight** American Dad! (S) **1.00am** Family Guy (S) **2.00** American Dad! (S) **3.00** Family Guy (S) **4.00–5.00am** Bull (S) (HD)

Fox +1 **Sky** 224 **Virgin** 158

History

Sky 130 **Virgin** 270 **BT** 327/**HD** 379

6.00am American Pickers (HD) **7.00** Forged in Fire (HD) **8.00** Robert Redford's The West (HD) **10.00** The Food That Built America (HD) **12 noon** Forged in Fire (HD) **6.00pm** Truck Off!: when the competition gets too hot to handle, the coaches try out a different strategy (HD) **7.00** Forged in Fire: bladesmiths re-create a legendary weapon – Attila the Hun's Sword of Mars, and one competitor cracks under the pressure as the contest heats up (HD) **9.00** ***New.*** Game Changers: inside the Video Game Wars: the brilliant innovations, colossal failures, and ego-driven rivalries that gave rise to the $100 billion video game industry (HD) **11.00** Ancient Aliens: the occurrence of UFOs near nuclear facilities (HD) **12 midnight–6.00am** Forged in Fire (HD)

History +1 **Sky** 230 **Virgin** 271

Animal Planet

Sky 162 **Virgin** 251 **BT** 325/**HD** 378

6.00am Animal Cops Phoenix (S) (HD) **4.00pm** My Cat from Hell (HD) **7.00** Wildest Europe: triple bill, starting with northern Europe's frozen frontier **8.00** Europe's waterways, including the world's only underwater spider (S) **9.00** Europe's highest mountain range and one of its largest intact ecological ranges, home to specialised animal species including the alpine ibex and the grey wolf (S) (HD) **10.00** In Search of Monsters: featuring new evidence about the Jersey Devil, a monster that supposedly prowls the Pine Barrens of New Jersey (HD) **11.00** Finding Bigfoot: six editions (S) (HD) **4.40am** Nature's Strangest Mysteries: Solved: why the fish crossed the road (HD) **5.10–6.00am** My Cat from Hell (S) (HD)

Animal Planet +1 **Sky** 262 **Virgin** 259



Richard Hammond's Big *9.00pm* A production platform

Discovery

Sky 125 **Virgin** 250 **BT** 322/350/**HD** 376/365

6.00am Supertruckers (S) (HD) **12 noon** UFOs: the Lost Evidence (S) (HD) **3.00pm** Nasa's Unexplained Files (S) (HD)

6.00pm Gold Rush: Dave Turin's Lost Mine After a great start to the season, Dave and his crew hit their first problem. (HD)

7.00 Gold Rush Following the gold miners of the Yukon. (HD)

8.00 Wheeler Dealers Mike finds a BMW six-cylinder modern classic, the E46 M3, with the subframe already fixed. (S) (HD)

9.00 Richard Hammond's Big Richard takes a helicopter ride out to one of the most remote places on Earth – the Appomattox production platform in the Gulf of Mexico. (HD)

10.00 Disasters Engineered Experts examine the devastating collapse of the Rana Plaza factory in Bangladesh and of the Morandi bridge in Genoa, Italy. (S) (HD)

11.00 Mighty Ships The lake freighter *Algoma Equinox*. (S) (HD) **12 midnight** Richard Hammond's Big (HD) **1.00am** River of No Return (S) (HD) **2.00** Kindig Customs (S) (HD) **3.00** Richard Hammond's Big (HD) **3.50** River of No Return (S) (HD) **4.40** Lost Secrets (HD) **5.30–6.00am** How It's Made (S)

Discovery +1 **Sky** 225 **Virgin** 258

Nat Geographic

Sky 129 **Virgin** 266/**HD** 268 **BT** 317/**HD** 373

8.00am Car SOS: ten editions (S) (HD) **6.00pm** Car SOS: three further editions. Fuzz Townshend and Tim Shaw restore a Ford Cortina **7.00** Fuzz and Tim surprise a terminally ill car fanatic by fixing up his beloved 1938 MG TA **8.00** Restoring a 1980s Porsche 911 suffering from almost terminal rust (HD) **9.00** Ultimate Supercar: triple bill. The development of a new showcase car from Aston Martin, intended to keep their business independent in a market dominated by conglomerates **10.00** The launch of the new Ferrari Portofino, which faces the challenge of replacingn the bestselling car the iconic firm has ever produced **11.00** Bentley seeks to reinvent its Continental GT (S) (HD) **12 midnight–5.00am** Car SOS (HD)

Nat Geo +1 **Sky** 229 **Virgin** 267

Eden

Sky 166 **Virgin** 245/**HD** 247 **BT** 315/**HD** 389

9.00am David Attenborough's Big Birds (AD) (HD) **10.00** Attenborough's Birds of Paradise (AD) (HD) **11.00** Attenborough's Fabulous Frogs (AD) (HD) **12 noon** Operation Wild (AD) (HD) **3.00pm** David Attenborough's Big Birds (AD) (HD) **4.00** Attenborough's Birds of Paradise (AD) (HD) **5.00** Attenborough's Fabulous Frogs (AD) (HD) **6.00** Operation Wild (AD) (HD) **9.00** David Attenborough's Big Birds: the world of flightless birds (AD) (HD) **10.00** Attenborough's Birds of Paradise (AD) (HD) **11.00** Attenborough's Fabulous Frogs (AD) (HD) **12 midnight** Operation Wild (AD) (HD) **5.30–6.00am** David Attenborough's Natural Curiosities (AD) (HD)

Eden +1 **Sky** 266 **Virgin** 246



Byzantium: a Tale of Three Cities *7.40pm* Istanbul

PBS America 91

F'view 91 (1-11pm only) **F'sat** 155 **Sky** 174 **Virgin** 273

8.00am The Aviators **8.35** Mama Twiga in the Garden of Eden **9.40** World's Greatest: Animal Encounters **1.00pm** The Aviators **1.35** Mama Twiga in the Garden of Eden **2.40** Reconstruction: America after the Civil War

6.30pm Reconstruction: America after the Civil War A look at how Southern propaganda manipulated the story of the Civil War and racist imagery saturated popular culture.

7.40 Byzantium: a Tale of Three Cities Historian Simon Sebag Montefiore traces the sacred history of Istanbul, beginning by looking at its Greek roots and transformation into the capital of the Roman Empire. **8.50** Exploring the last centuries of Christian Constantinople, and a look at how the Ottomans seized control of the city in 1453. **9.55** Examining the transformation of Istanbul by President Ataturk in the 20th century.

11.00 World's Greatest: Animal Encounters Jungle-dwellers in Australia, the islands of south-east Asia, Africa, and the Amazon. **12.15am** Animals that live in swamps, rivers and flood plains. **1.30–2.00am** The Aviators

PBS +1 **Freeview** (HD only) 93

Smithsonian 57

F'view (HD only) 57 **F'sat** 175 **Sky** 195 **Virgin** 276

6.00am Black in Space: Breaking the Colour Barrier (HD) **7.00** Air Warriors (HD) **8.00** Aircrash Alaska (HD) **9.00** Aerial Britain (HD) **10.00** Wonders of Burma (HD) **11.00** Mystic Britain (HD) **12 noon** Helicopter Wars (HD) **1.00pm** Air Warriors (HD) **2.00** Aircrash Alaska (HD) **3.00** Inside the Factory: How Our Favourite Foods Are Made (HD) **4.00** An American Aristocrat's Guide to Great Estates (HD)

5.00pm Britain in Colour Vintage film, now colourised, creates a vivid portrait of the royal family from the late 19th century. **6.00** The British Empire in early colour home movies from the Raj. **7.00** Colourisation of rare archival film and home movies featuring Winston Churchill. (HD)

8.00 Memphis Belle in Colour The story of one of the most famous aircraft in history, filmed in colour during aerial combat. (HD)

9.00 Air Warriors The story of the Spitfire, the Battle of Britain fighter that will forever be remembered. It is still regarded as one of the best ever planes. (HD)

10.00 Gallipoli The ill-fated First World War campaign. (HD) **12 midnight** Secret City of WWI (HD) **1.00am** The Battle of Normandy: 85 Days in Hell (HD) **2.00** Battle of Midway: the True Story (HD) **3.00** Battle of Okinawa in Colour (HD) **4.00** Atomic Bomb: Witness to History (HD) **5.00–6.00am** Testing the Atomic Bomb (HD)

CHILDREN'S

Milkshake! on C5

Full listings for Channel 5 are on p48

6.00am Peppa Pig **6.20** Ben and Holly **6.35** Bob the Builder **6.45** Thomas & Friends **6.55** Fireman Sam **7.10** Noddy: Toyland Detective **7.20** Shane the Chef **7.40** Ben and Holly **7.55** Peppa Pig **8.10** ***New.*** Butterbean's Café: Butterbean sets out to tell Dazzle her singing is distracting **8.30** Paw Patrol **8.45** Nella the Princess Knight **8.55** ***New.*** Wissper **9.10** Pirata & Capitano **9.20** Floogals **9.30** Digby Dragon **9.40–9.50am** Shimmer and Shine

CBeebies 202

Freeview 202 **Freesat** 608 **Sky** 614 **Virgin** 702

6.00am Show Me Show Me **6.25** Twirlywoos **6.35** Teletubbies **6.50** Raa Raa the Noisy Lion **7.00** Postman Pat: SDS **7.15** Bing: double bill **7.35** Hey Duggee: double bill **7.50** Peter Rabbit **8.00** Go Jetters **8.10** Octonauts **8.25** Bitz & Bob **8.35** The Furchester Hotel **8.45** Biggleton **9.00** Something Special: We're All Friends **9.20** CBeebies Three Little Pigs **10.00** Magic Hands **10.15** ***New.*** YolanDa's Band Jam **10.25** Justin's House **10.50** Andy's Aquatic Adventures **11.05** Grace's Amazing Machines **11.20** Waffle the Wonder Dog: double bill **11.45** Topsy and Tim **11.55** Olobob Top **12 noon** My World Kitchen **12.15pm** Old Jack's Boat: Rockpool Tales **12.30** Sarah & Duck **12.40** Down on the Farm **1.00** Where in the World? **1.15** Our Family **1.25** What's the Big Idea? **1.30** My Pet and Me **1.45** Footy Pups **2.00** Something Special: We're All Friends **2.20** Andy's Baby Animals: Andy Day looks at the behaviour of young animals **2.30** Junk Rescue **2.45** Grace's Amazing Machines **3.00** Bitz & Bob **3.10** CBeebies The Tempest **4.15** The Baby Club **4.30** Magic Hands **4.40** Treasure Champs **4.50** Tinga Tinga Tales **5.00** GiggleQuiz **5.15** Molly and Mack **5.30** Katie Morag **5.45** Sarah & Duck **5.50** Charlie and Lola **6.05pm** Tee and Mo **6.10** Clangers **6.20** In the Night Garden… **6.50–7.00pm** RT **CHOICE** ***New.*** CBeebies Bedtime Stories: read by Kristin Scott Thomas. **See page 45** **Kristin Scott Thomas: page 32**

CBBC 201

Freeview 201 **Freesat** 607 **Sky** 613 **Virgin** 701

7.00am Arthur **7.15** Shaun the Sheep **7.25** Danger Mouse **7.35** Dennis & Gnasher Unleashed! **7.45** ***New.*** Match of the Day Kickabout **8.05** ***New.*** The Playlist **8.25** Newsround **8.30** The Dengineers **9.00** ***New.*** Saturday Mash-Up!: Saturday morning entertainment, along with a selection of CBBC shows **11.30** ***New.*** Max and Harvey: FOMO **11.45** Diddy Bits **11.50** Crackerjack!: entertainment show hosted by Sam and Mark **12.35pm** Dragons: Race to the Edge **12.55** Newsround **1.05** She-Ra **1.25** Almost Never **1.55** Newsround **2.00** The Next Step **2.25** The Dumping Ground **5.45** My Life: Street Dance Sisters **6.15pm** Deadly Dinosaurs with Steve Backshall **6.40** A Week to Beat the World **7.00** Got What It Takes? **7.35** Crackerjack! **8.20** Nine Minute Ninja **8.30–9.00pm** Horrible Histories

CITV 203

Freeview 203 **Freesat** 602 **Sky** 621 **Virgin** 734

6.00am Dino Dana **6.10** Super 4 **6.35** Robozuna **7.00** Dare Master **7.05** Mr Magoo **7.30** ***New.*** Scrambled! **7.35** Mighty Mike **7.50** Mr Bean: the Animated Series **8.10** Ben 10 **8.30** ***New.*** Robozuna **9.05** Craig of the Creek **9.25** The Rubbish World of Dave Spud **9.55** Mr Bean: the Animated Series **10.55** Mr Magoo **11.25** Pokémon **11.55** Scooby-Doo! Mystery Incorporated **12.55pm** The Powerpuff Girls **3.25** The Rubbish World of Dave Spud **3.55** Mr Bean: the Animated Series **4.55** Mr Magoo **5.30** Mighty Mike **6.00pm** Pokémon **6.30** NinjaGo: Rise of the Snakes **7.00** ***New.*** Buck & Buddy **7.05** Wishfart **7.35** The Bagel and Becky Show **8.00** Spy School **8.25** Drop Dead Weird **8.55–9.00pm** Mission Employable

Saturday Television

Money It pays to get good financial advice YOUR RT P141

SATURDAY Films & Sport

Discover film

The best of Sky, iPlayer, Netflix and beyond



Girlfriend in a coma

The Big Sick ★★★★ *BBC iPlayer* **FREE TO VIEW**

A recent premiere on BBC2, this romantic comedy stars Pakistani-American comic Kumail Nanjiani and is based on his own story. Knowing his new relationship with non-Muslim Emily (Zoe Kazan) will upset his traditionally minded family, Kumail tries to keep it secret. But when Emily falls ill and has to be put into a medically induced coma, he realises that he's serious about her. The laugh-out-loud script – co-written by Nanjiani and the real-life Emily – pushes boundaries, but really it's just an old-fashioned love story. **DAMON WISE**



Monsters take over Sky

An invasion of epic proportions is occurring as Sky Sci-Fi/Horror turns into Sky Monsters for the next week. There's a way to go until November's giant lizard and ape face-off *Godzilla vs Kong*, but you can catch the gruesome twosome today in *Godzilla* (1997 and 2014 versions), last year's *Godzilla: King of the Monsters* and *King Kong* (2005). Later this week, Jason Statham deals with a stupidly big shark in *The Meg* and dinosaurs roam free in *Jurassic World: Fallen Kingdom*. With zombies, aliens and giant ants also wreaking mayhem, there's a monster to scare everyone. **ELLIE PORTER**

Now on Netflix

Annabelle: Creation ★★★ *Netflix*



Director David F Sandberg (*Shazam!*) fills this horror prequel – which is part of the ongoing *Conjuring*-verse – with well-staged ghoulishness. Years after their daughter's death, dollmaker Anthony LaPaglia and his wife Miranda Otto offer refuge to a nun and her orphan wards. But all is not as it seems... **ALAN JONES**

Film reviews for the week ahead begin on page 35
For more on-demand availability, see Discover TV on page 42

FREEVIEW

Film4 14

Freeview 14 **Freesat** 300 **Sky** 313 **Virgin** 428/**HD** 429

11.00am The Pink Panther Strikes Again ★★★ Comedy. Peter Sellers, Herbert Lom (1976, PG) (S)
1.10pm Shrek Forever After ★★★ Cleverly conceived fourth movie. Mike Myers, Eddie Murphy, Cameron Diaz, Antonio Banderas (2010, U) (S)
2.55 Kung Fu Panda 2 ★★★ Gorgeous-looking comedy sequel. Jack Black (2011, PG) (S) (AD)
4.45pm P Mary and the Witch's Flower ★★★★ A girl is whisked away to a land of witches in this adventure. **Review p35.** Ruby Barnhill, Kate Winslet, Jim Broadbent (2017, U)
6.55 Gifted ★★★★ A man becomes embroiled in a child-custody battle in this engaging drama. Chris Evans (2017, 12) (S) (AD)
9.00 Die Hard 4.0 ★★★★ Bruce Willis returns with unexpected ease to the role that made him an action star in this entertaining sequel. Timothy Olyphant (2007, 12) (S) (AD)
11.35 Drag Me to Hell ★★★★ Yucky, energetic and consistently entertaining fright movie. Alison Lohman (2009, 15) (S)
1.30–3.30am Juan of the Dead ★★★ Laudable Cuban comedy horror. Alexis Dias de Villegas, Jorge Molina, Andrea Duro (2011, 15)
Film4 +1 F'view 45 **F'sat** 301 **Sky** 314 **Virgin** 430

Sony Movies 32

Freeview 32 **Freesat** 302 **Sky** 321 **Virgin** 425

9.10am The Perfect Assistant ★★ Thriller. (2008) **11.20 Stand Your Ground ★★** Crime drama. (2013) **1.30pm The Pink Panther ★★** Comedy. (2006, PG) **3.25 The Pink Panther 2 ★★** Comedy. (2009, PG) **5.15 The Waterboy ★★★** Sports comedy. Adam Sandler (1998, 12)
7.05pm Reign of Fire ★★ Humans battle dragons. Christian Bale, Matthew McConaughey (2001, 12)
9.00 The Expendables ★★ Adventure. Sylvester Stallone, Jason Statham, Jet Li, Mickey Rourke (2010, 18)
11.10 Rambo ★★ Belated action sequel. Sylvester Stallone, Julie Benz, Paul Schulze (2007, 18)
12.55am Sniper: Ghost Shooter ★★ Thriller. Chad Michael Collins (2016, 15) **3.00–5.50am Seven Years in Tibet ★★★** Drama. (1997, PG)
Sony Movies +1 F'view 60 (*limited* 10pm-5am) **Sky** 322

Sony Movies Classic 50

F'view 50 *(limited)* **F'sat** 303 **Sky** 319 **Virgin** 424

6.00am Hunt the Man Down ★★★ (1951) **7.30 Prisoners of the Casbah ★** Adventure. (1953) **9.10 Ladies of the Chorus ★** Musical. (1949, U) **10.30 Rock around the Clock ★★★** Musical. **Review p38.** (1956, U) **12.10pm The Admirable Crichton ★★★** Comedy. (1957, U) **2.05 For Love or Money ★★** Comedy. (1963, PG) **4.20 The Wrong Box ★★★** Comedy. (1966, U) **6.35pm Fire Down Below ★★** Melodrama. Rita Hayworth, Jack Lemmon, Robert Mitchum (1957, PG) **9.00 I'll Never Forget What's 'Is Name ★★★** Michael Winner's scathing satire on the advertising world. Orson Welles, Oliver Reed (1967, 15) **11.10 My Stepmother Is an Alien ★★★** Sci-fi comedy. Dan Aykroyd (1988, 15) **1.15am Garringo ★★** Western. Anthony Steffen (1969) **3.00 Machine Gun Kelly ★★★** Crime drama. Charles Bronson (1958, 12) **4.25–6.00am Long John Silver ★★** Adventure. Robert Newton (1954, U)
Sony Movies Classic +1 F'View 62 *(limited)* **F'Sat** 304 **Sky** 320

Talking Pictures TV 81

Freeview 81 **Freesat** 306 **Sky** 328 **Virgin** 445

6.00am Jack London ★★ Drama. Michael O'Shea (1943) (S) **8.00 Duel in the Jungle ★★★** Adventure. Dana Andrews (1954, PG) **10.00 Walk a Tightrope ★★★** Drama. Dan Duryea (1964, PG) **11.35 The Conquest of Everest ★★★★** Documentary. Meredith Edwards (1953, U) (S) **1.10pm The Birthday Present ★★** Drama. Tony Britton (1957, U) **3.10 Captain Boycott ★★★** Drama. Stewart Granger (1947, PG) **5.10 The Day the Earth Caught Fire ★★★** Sci-fi drama. (1961, PG) **7.10pm We Dive at Dawn ★★★** Tense drama. **Review p35.** Eric Portman, John Mills (1943, U) **9.10 Over the Hill ★★★** Sentimental drama. Olympia Dukakis, Sigrid Thornton (1992, PG) **11.15 Plenty ★★** Drama. Meryl Streep (1985, 15) **1.45am This Week of Grace ★★★** Comedy. Gracie Fields (1933, U) (S) **3.35 When You Come Home ★** Comedy. Frank Randle (1947, U) **5.25–5.55am** The David Niven Show

Sky Premiere

Sky 301 **Virgin** 401 **BT** 501/**HD** 515

6.00am The Top Ten Show **6.15 Killers Anonymous ★★** Thriller. (2019, 15) **8.00 Straight Up ★★★★** Romantic comedy. (2019) **9.45** As 5.45pm **12 noon** The Top Ten Show **12.15pm** As 8pm **2.00** As 9.45pm **3.45 UFO ★★** Sci-fi thriller. (2018, 12) **5.30** The Top Ten Show

5.45pm Godzilla: King of the Monsters ★★ Monster horror. Kyle Chandler, Vera Farmiga, Millie Bobby Brown (2019, 12)
8.00 Brightburn ★★★ Sinister sci-fi horror. Elizabeth Banks, David Denman, Jackson A Dunn, Matt Jones (2019, 15)
9.45 We Die Young ★★ Coming-of-age gang drama. Jean-Claude Van Damme, Elijah Rodriguez (2019, 15)
11.30 Hell Is Where the Home Is ★★★ Gory home-invasion thriller. Angela Trimbur, Zach Avery, Janel Parrish (2018, 18)

1.05am Mapplethorpe ★★ Drama. (2018, 18) **2.55 Extracurricular ★★** (2018, 18) **4.30** Hotel Mumbai Special **5.00** Final Score Special **5.30** The Hurricane Heist: the Eye of the Storm
Sky Premiere +1 Sky 312 **Virgin** 412

Sky Hits

Sky 303 **Virgin** 403 **BT** 503/**HD** 517

7.00am As 5.55pm **9.05 Mortal Engines ★★★** Sci-fi action epic. Hugo Weaving, Hera Hilmar (2018, 12) **11.15** As 8pm **1.30pm Fast Five ★★★★** Action thriller. Vin Diesel, Paul Walker (2011, 12) **3.45 Jurassic World: Fallen Kingdom ★★★** Sci-fi adventure. Chris Pratt, Bryce Dallas Howard (2018, 12)

5.55pm The Kid Who Would Be King ★★★ Upbeat fantasy adventure. Louis Ashbourne Serkis, Rebecca Ferguson, Patrick Stewart (2018, PG)
8.00 Shazam! ★★★★ Laugh-packed superhero yarn about a teen who is given special powers. Zachary Levi, Mark Strong, Asher Angel (2019, 12)
10.15 Us ★★★★ Astute, often terrifying chiller that scarily scrutinises class and racial divides. Lupita Nyong'o, Winston Duke, Elisabeth Moss (2019, 15)

12.15am Fast Five As 1.30pm **2.30 Assassination Nation ★★★** Black comedy horror. Odessa Young, Hari Nef (2018, 18) **4.30 Christopher Robin ★★** Part-animated adventure. Ewan McGregor, Hayley Atwell, Jim Cummings (2018, PG)

Sky Monsters

Sky 307 **Virgin** 411 **BT** 511/**HD** 525

6.00am Godzilla ★★ Fantasy horror. Matthew Broderick, Jean Reno (1997, PG) **8.25 King Kong ★★★★** As 6.45pm **11.45 Godzilla** As 10pm **2.00pm Godzilla: King of the Monsters ★★** An eco-terrorist awakens a trio of giant beasts. Kyle Chandler, Vera Farmiga, Millie Bobby Brown (2019, 12)

4.20pm Pacific Rim ★★★ Giant robots clash with alien monsters in this dumb but fun sci-fi adventure. Idris Elba (2013, 12)
6.45 King Kong ★★★★ Peter Jackson's take on the classic giant-ape story. Naomi Watts, Jack Black, Adrien Brody, Andy Serkis (2005, 12)
10.00 Godzilla ★★★ Epic blockbuster featuring the iconic Japanese monster. Aaron Taylor-Johnson, Ken Watanabe, Elizabeth Olsen (2014, 12)

12.15am Godzilla: King of the Monsters As 2pm **2.40am Godzilla** As 6am **5.00** Sky Cinema Preview

Sky Superhero

Sky 302 **Virgin** 402 **BT** 502/**HD** 516

6.15am Batman: The Killing Joke ★★★ Animated adventure. (2016, 15) **7.35 Batman: Year One ★★★** Animated action. (2011, 12) **8.45** As 9pm **11.10** As 11.30pm **1.20pm Batman Begins ★★★★** Fantasy. (2005, 12) **3.40 The Dark Knight ★★★★★** Action fantasy. (2008, 12)

6.15pm The Dark Knight Rises ★★★★ Christopher Nolan's epic conclusion to his Batman trilogy. Christian Bale, Anne Hathaway, Tom Hardy (2012, 12)
9.00 Aquaman ★★★ Jason Momoa gets his own solo outing in the most fun DC adventure yet. Nicole Kidman, Amber Heard (2018, 12)
11.30 Glass ★★★ M Night Shyamalan's intriguing follow-up to *Unbreakable* and *Split*. Bruce Willis, Samuel L Jackson, James McAvoy (2019, 15)

1.50am Batman: The Killing Joke As 6.15am **3.20 Batman: Year One** As 7.35am **4.35** Lego DC Super Hero Girls: Super-Villain High

Sky Greats

Sky 304 **Virgin** 404 **BT** 504/**HD** 518

6.05am Red Sonja ★★ (1985, 15) **7.40 Field of Dreams ★★★★** (1989, PG) **9.30 Star Wars Episode I: the Phantom Menace ★★★** (1999, U) **11.50 Star Wars Episode II: Attack of the Clones ★★★** (2002, PG) **2.15pm Star Wars Episode III: Revenge of the Sith ★★★** (2005, 12)

4.40pm Star Wars Episode IV: a New Hope ★★★★★ Sci-fi. Mark Hamill, Harrison Ford, Carrie Fisher (1977, U)
6.50 Star Wars Episode V: the Empire Strikes Back ★★★★★ Superb adventure. Mark Hamill (1980, U)
9.00 Star Wars Episode VI: Return of the Jedi ★★★★ Luke faces his destiny. Mark Hamill (1983, U)
11.20 Unforgiven ★★★★★ Magnificent western. Clint Eastwood, Gene Hackman, Morgan Freeman, Richard Harris (1992, 15)

1.35am Snatch ★★★ Comedy crime drama. Brad Pitt (2000, 18) **3.25 American Gigolo ★★★** Thriller. Richard Gere (1980, 18) **5.30 Terminator 2: Judgment Day ★★★★★** Sci-fi action thriller. Arnold Schwarzenegger (1991, 15)

Sky Comedy

Sky 308 **Virgin** 408 **BT** 508/**HD** 522

6.45am Eaten by Lions ★★★ (2018, 12) **8.35 Grand-Daddy Day Care ★★** (2019, 12) **10.25 Who Framed Roger Rabbit ★★★★★** (1988, PG) **12.25pm Wayne's World ★★★★** (1992, PG) **2.15 Wayne's World 2 ★★★** (1993, PG) **4.05 The Royal Tenenbaums ★★★★★** (2001, 15)

6.10pm About a Boy ★★★★ Witty and moving romantic comedy drama. Hugh Grant (2002, 12)
8.00 Superbad ★★★★ Two teens attempt to procure booze for a party. Jonah Hill, Michael Cera (2007, 15)
10.00 American Pie ★★★★ Four teenage boys pledge to lose their virginity. Jason Biggs (1999, 15)
11.40 American Pie 2 ★★★ There's a summer of lewd fun for the students in this sequel. (2001, 15)

1.35am American Pie: the Wedding ★★★ Comedy. Jason Biggs, Alyson Hannigan (2003, 15) **3.15 American Reunion ★★** Comedy. Jason Biggs, Alyson Hannigan, Seann William Scott (2012, 15) **5.15 Who Framed Roger Rabbit** As 10.25am

BFI & RADIO TIMES TELEVISION FESTIVAL **See CENTRE SUPPLEMENT for details**

Sky Disney

Sky 305 **Virgin** 405 **BT** 505/**HD** 519

6.00am Up As 1.30pm **7.45 Cars** As 3.10pm **9.45 Toy Story 4** As 5.10pm **11.30 The Incredibles** As 7pm **1.30pm Up** ★★★★★ Fantasy adventure. Ed Asner (2009, U) **3.10 Cars** ★★★ Comedy fantasy. Owen Wilson (2006, PG) **5.10 Toy Story 4** ★★★★ Comedy adventure. Tom Hanks (2019, U)

7.00pm The Incredibles ★★★★★ A family struggles to adapt to normal suburban life after all superhero activity is banned. Craig T Nelson, Holly Hunter, Samuel L Jackson (2004, U)

9.00 Incredibles 2 ★★★★ Irresistible adventure. Holly Hunter, Craig T Nelson, Samuel L Jackson (2018, PG)

11.00 A Bug's Life ★★★★ A misfit troupe of bugs helps an ant colony fight off an evil band of grasshoppers. Dave Foley, Kevin Spacey (1998, U)

12.40am Fantasia 2000 ★★★ Animation. (1999, U) **2.00 Dumbo** ★★★★★ Fantasy. Edward Brophy (1941, U) **3.10 Lady and the Tramp II: Scamp's Adventure** ★★ Adventure. (2000, U) **4.25 A Bug's Life** As 11pm

Sky Thriller

Sky 309 **Virgin** 409 **BT** 509/**HD** 523

6.20am Jacob's Ladder ★★ Horror. (2019, 15) **8.05 Steel Country** ★★★ Thriller. (2018, 15) **9.50** As 7.05pm **11.45 Rear Window** ★★★★★ Classic thriller. James Stewart (1954, PG) **1.45pm Psycho** ★★★★★ Horror. Anthony Perkins, (1960, 15) **3.35 Galveston** ★★★ Drama. Ben Foster (2018, 15)

5.10pm The Italian Job ★★★ Glossy remake of the 1969 crime caper. Mark Wahlberg, Edward Norton (2003, 12)

7.05 Extremely Wicked, Shockingly Evil and Vile ★★ The story of Ted Bundy. Zac Efron (2019, 15)

9.00 The Sisters Brothers ★★★★ Rugged western. John C Reilly, Joaquin Phoenix, Jake Gyllenhaal (2018, 15)

11.05 Enemy of the State ★★★★ Cracking conspiracy thriller. Will Smith, Gene Hackman, Jon Voight (1998, 15)

1.20am The Italian Job As 5.10pm **3.15 Charlie Says** ★★★ Well-cast true-crime drama. Hannah Murray, Matt Smith (2018, 15) **5.10 Point Last Seen** ★★★ Suspense thriller. Linda Hamilton (1998)

Sky Action

Sky 311 **Virgin** 407 **BT** 507/**HD** 521

6.00am The Desert Rats As 4.15pm **7.45 Winchester '73** ★★★★ Western. James Stewart (1950, U) **9.25 The Darkest Minds** As 6pm **11.25 Mission: Impossible – Fallout** As 8pm **1.55pm Fury** As 10.30pm **4.15 The Desert Rats** ★★★ Action drama. Richard Burton (1953, U)

6.00pm The Darkest Minds ★★ Super-powered teenagers fight for survival. Amandla Stenberg, Mandy Moore, Bradley Whitford (2018, 12)

8.00 Mission: Impossible – Fallout ★★★★★ Tom Cruise races against time to avert a nuclear disaster in this spy adventure. Rebecca Ferguson, Henry Cavill (2018, 12)

10.30 Fury ★★★★ Heart-pounding war drama. Brad Pitt, Shia LaBeouf, Logan Lerman, Michael Peña (2014, 15)

1.00am Furious ★★ Historical action epic. Ilya Malakov, Aleksey Serebryakov (2017, 15) **3.10 Riot Girls** ★★★ Sci-fi thriller. Madison Iseman, Paloma Kwiatkowski (2019, 18) **4.40 Winchester '73** As 7.45am

Sky Kids Books

Sky 306 **Virgin** 406 **BT** 506/**HD** 520

6.00am As 1.05pm **7.40 The Many Adventures of Winnie the Pooh** ★★★★ Animated adventure. (1977, U) **9.00 Dr Seuss' The Lorax** ★★★ Animated comedy. (2012, U) **10.30** As 8pm **1.05pm Babe** ★★★★ Fantasy comedy. (1995, U) **2.45 Matilda** ★★★★ Comedy fantasy. (1996, PG)

4.30pm Charlotte's Web ★★★ A wise spider befriends a lonely pig. Julia Roberts, Dakota Fanning (2006, U)

6.10 Jumanji ★★★★ Exhilarating fantasy adventure. Robin Williams (1995, PG)

8.00 Harry Potter and the Half-Blood Prince ★★★★ Harry learns more about Voldemort. Daniel Radcliffe (2009, 12)

10.35 Percy Jackson & the Lightning Thief ★★★ Fantasy. Logan Lerman, Sean Bean, Pierce Brosnan (2010, PG)

12.45am Matilda As 2.45pm **2.30 Dr Seuss' The Lorax** As 9am **4.05 Percy Jackson & the Lightning Thief** As 10.35pm

Sky Women in Film

Sky 310 **Virgin** 410 **BT** 510/**HD** 524

6.00am Speed 2: Cruise Control ★★ Action thriller. Sandra Bullock (1997, PG) **8.20 Daughter of the Wolf** ★★ Action thriller. Gina Carano (2019) **10.00** As 8pm **12.15pm Bumblebee** ★★★ Sci-fi action adventure. Hailee Steinfeld (2018, PG) **2.15 Mulan** ★★★★ Animated adventure. Ming-Na (1998, U)

3.55pm Charlie's Angels ★★ Action comedy adventure based on the 1970s TV show. Cameron Diaz, Drew Barrymore, Lucy Liu, Bill Murray (2000, 15)

5.50 Captain Marvel ★★★ Classy fantasy adventure. Brie Larson, Samuel L Jackson, Jude Law (2019, 12)

8.00 Widows ★★★★ Steve McQueen's slick crime drama sees a trio of women attempt to pay off their dead husbands' debts. Viola Davis, Michelle Rodriguez, Elizabeth Debicki (2018, 15)

10.15pm The Girl with the Dragon Tattoo ★★★★ Crime thriller. Daniel Craig, Rooney Mara (2011, 18) **12.55am Daughter of the Wolf** As 8.20am **2.30 Speed 2: Cruise Control** As 6am **4.35 Mulan** As 2.15pm

TCM Movies

Sky 315 **Virgin** 415/**HD** 416 **BT** 512/**HD** 526

8.15am Arizona Raiders ★★ Western. Audie Murphy, Michael Dante (1965) **10.20 Fort Worth** ★★ Western. Randolph Scott, David Brian (1951, U) **12 noon Cimarron** ★★ Epic western. Glenn Ford, Maria Schell, Anne Baxter (1960, 12) **3.00pm Ten Wanted Men** ★★ Western. Randolph Scott, Richard Boone (1955, U)

4.45pm Rio Lobo ★★★ John Wayne's cavalry colonel seeks revenge for the death of his best friend. Jennifer O'Neill (1970, PG)

7.00 The Fastest Gun Alive ★★★ Taut western in which Glenn Ford's skills with a six-shooter attract some unwanted attention. Jeanne Crain (1956, U)

9.00 The Postman ★ Kevin Costner's futuristic epic is really *Waterworld* on dry land. (1997, 15)

12.35am Performance ★★★★★ Drama. James Fox, Mick Jagger (1970, 18) **2.50 Westward the Women** ★★ Western. Robert Taylor, Denise Darcel (1951) **5.00** Hollywood's Best Film Directors

TCM Movies +1 **Sky** 316 **Virgin** 417

SPORT



Boxing *7.00pm* ***Sky Arena*** *8.30pm* ***Main Event***
Scott Quigg returns to the ring

Sky Main Event

Sky 401 **Virgin** 511/**HD** 501 **BT** 402/420/**HD** 437/440

6.00am Sky Sports News **7.00** Good Morning Sports Fans **8.00 LIVE International One-Day Cricket** South Africa v Australia. **12 noon LIVE Championship Football** Bristol City v Fulham. **3.00pm** Soccer Saturday **5.00 LIVE Premier League Football** Burnley v Tottenham Hotspur (kick-off **5.30**). **8.30 LIVE Boxing** Scott Quigg v Jono Carroll at Manchester Arena. **11.00 LIVE International Rugby Sevens** The Vancouver Sevens. **12.50am** Rugby Gold **1.00 LIVE International Rugby Sevens** The Vancouver Sevens. **3.00–6.00am** Sky Sports News

Sky Football

Sky 403 **Virgin** 513/**HD** 503 **BT** 422/**HD** 442

6.00am Championship Football **9.30** Saturday Social **10.30** Soccer AM **12 noon LIVE Championship Football** Bristol City v Fulham. **3.00pm** Soccer Saturday **6.00** Goals Express **7.00 LIVE Major League Soccer** Real Salt Lake v New York Red Bulls. **9.05** EFL Greatest Games **9.10** One2Eleven (AD) **9.35** Championship Highlights **10.05 LIVE Major League Soccer** Toronto FC v New York City FC. **12.10am** EFL Greatest Games **12.15** Championship Highlights **12.45** SPFL Greatest Games **1.00** Countdowns (AD) **1.30** Years (AD) **2.00** Championship Season Review **3.00** Classic Play-Offs **5.00–6.00am** League Cup Classics

Sky Golf

Sky 405 **Virgin** 515/**HD** 505 **BT** 424/**HD** 444

6.00am European Tour Golf **7.00** PGA Tour Golf **8.00** European Tour Golf **9.00 LIVE European Tour Golf** Day three of the Qatar Masters. **1.30pm** Golf Pass **2.00** PGA Tour **3.00** Ryder Cup Memories **3.30** European Tour **4.30** PGA Tour **5.30 LIVE PGA Tour Golf** Day three of the Arnold Palmer Invitational from Bay Hill, Florida. **11.00** European Tour Golf **12 midnight** Golf Pass **12.30am** Chronicles (AD) **1.00** European Tour Golf **2.00** Chronicles (AD) **3.00** European Tour Golf **4.00** Chronicles (AD) **5.00** Golf Pass **5.30–6.00am** Chronicles (AD)

Premier Sports 1

Sky 412 **Virgin** 551

5.10–7.00pm LIVE Italian Football Atalanta v Lazio. **7.40–9.45 LIVE Italian Football** SPAL v Cagliari (kick-off **7.45**).

Sky Premier League

Sky 402 **Virgin** 512/**HD** 502 **BT** 421/**HD** 441

6.00am Greatest Games **7.00** Preview **7.30** Match Pack **8.00** World **8.30** Preview **9.00** Match Pack **9.30** Saturday Social **10.30** Soccer AM **12 noon** Soccer Saturday: live scores **5.00pm LIVE Premier League Football** Burnley v Tottenham. **8.30** Game of the Day **10.30** Premier League Highlights **5.00am** Best Goals **5.30–6.00am** 100 Club (AD)

Sky Cricket

Sky 404 **Virgin** 514/**HD** 504 **BT** 423/**HD** 443

6.00am International One-Day Cricket **7.55 LIVE International One-Day Cricket** South Africa v Australia. **4.00pm** Greatest Games (AD) **5.00** My Icon (AD) **6.00** International One-Day Cricket **7.00** Women's T20 World Cup **9.00** International One-Day Cricket **10.00** Women's T20 World Cup **12 midnight** International One-Day Cricket **1.00am** Women's T20 World Cup **3.00** International One-Day Cricket **4.00** Greatest Games (AD) **5.00–6.00am** Best of Sky Cricket (AD)

Sky Action

Sky 407 **Virgin** 517/**HD** 507 **BT** 426/**HD** 446

6.00am LIVE Rugby Union **8.00** Rugby Gold **8.10 LIVE Rugby Union** **10.10** Rugby Gold **10.30** Sporting Records (AD) **11.30 LIVE International Women's Rugby Union** England v Wales (kick-off **12.05**). **Sport: p23** **2.15pm** My Icon (AD) **2.30** NFL Roundtable **4.30** Rugby Gold (AD) **4.50 LIVE International Rugby Sevens** The Vancouver Sevens. **12.50am** Rugby Gold **1.00 LIVE Rugby Sevens** **3.00** International Rugby Sevens **4.00** Rugby Gold **4.10–6.00am LIVE Rugby Union**

Sky Arena

Sky 408 **Virgin** 518/**HD** 508 **BT** 427/**HD** 447

6.00am Netball **8.00** Greats (AD) **9.00** Records (AD) **9.30** Super League **10.00** NBA **11.00** Super League Gold (AD) **11.30** NBA Classic Games (AD) **1.00pm LIVE Rugby Union** Super Rugby: Sharks v Jaguares. **3.00** Rugby Gold **3.10 LIVE Rugby Union** Super Rugby: Bulls v Highlanders. **5.10** Rugby Gold **5.30** Super League **6.00** NBA Classic Games **7.00 LIVE Boxing** Quigg v Carroll. **11.00** NBA **1.45am** NFL **3.15** Sporting Records (AD) **4.15** Super League Gold (AD) **5.00–6.00am** Records (AD)

Sky Mix

Sky 145 **Virgin** 520/**HD** 510 **BT** 429/**HD** 449

11.30am–2.15pm LIVE Women's Rugby Union England v Wales. **10.00–12.30am LIVE NBA** Charlotte v Houston (tip-off **10.00**).

Eurosport 1

Sky 410 **Virgin** 521 **BT** 412/**HD** 435

6.30am Luge **7.30** Alpine Skiing **9.30 LIVE Alpine Skiing** **11.25** Biathlon: World Cup **12.30pm LIVE Biathlon** **2.15 LIVE Ski Jumping** Oslo. **4.00 LIVE Biathlon** World Cup. **5.20** Cross-Country Skiing: World Cup **6.30** Alpine Skiing **8.30** Ski Jumping **9.30** Biathlon **11.30** Nordic Combined Skiing **12 midnight** Snowboarding **1.00am** Freestyle Skiing **2.00** Cycling **5.20–6.20am** Ski Jumping

BT Sport 1

Sky 413 **Virgin** 527 **BT** 408/**HD** 430

6.00am FA Cup Football **6.30** Premier League World **7.00** Match Pack **7.30** Premier League Preview **8.00** Wrestling (AD) **10.30** Premier League Preview **11.00** Early Kick-Off **12 noon LIVE Premier League Football** Liverpool v Bournemouth from Anfield (kick-off **12.30**). **3.00pm** BT Sport Score **5.00 LIVE Non-League Football** Harrogate Town v Bromley. **7.30** Non-League Highlights **8.00** WWE (AD) **10.45** German Football **11.45** French Football **12.45am** What I Wore **1.00** Poker **3.00** 30 for 30: the U Part 2 (AD) **5.00–7.00am LIVE Australian Football** Central Coast v Wellington.

BT Sport 2

Sky 414 **Virgin** 528 **BT** 409/**HD** 431

6.00am Rugby Union **7.30** SPFL **7.45** Rallying (AD) **8.15** MotoGP (AD) **8.30 LIVE MotoGP** Qatar FP3. **11.30 LIVE Motorcycling** **12 noon LIVE MotoGP** Qualifying. **4.15pm** Marc Marquez (AD) **5.15 LIVE German Football** Mönchengladbach v Dortmund. **7.30** Australian Football **9.00** Rugby Union **11.00** UFC (AD) **1.00–7.00am LIVE UFC**

BT Sport 3

Sky 417 **Virgin** 529 **BT** 410/**HD** 432

6.00am LIVE Australian Football **8.00** Europa League Magazine **8.30 LIVE Australian Football** Melbourne Victory v Sydney FC. **10.30 LIVE Hockey** Pro League. **12.30pm** Squash **1.30 LIVE Badminton** **7.00 LIVE XFL** Double header. **1.00am** Rugby Union **3.00** German Football **4.30–6.00am** French Football

BT Sport ESPN

Sky 423 **Virgin** 530 **BT** 411/**HD** 434

6.00am Around the Horn **6.30** PTI **7.00** ESPN FC **7.30** 30 for 30 (AD) **8.00 LIVE Hockey** Pro League. **10.00** ESPN FC **10.30** Pardon the Interruption **11.00** Basketball **2.30pm LIVE X Games** Norway. **3.15** 30 for 30 Shorts **3.30 LIVE X Games** **4.15** 30 for 30 Shorts (AD) **4.30 LIVE X Games** **5.15** 30 for 30 Shorts (AD) **5.30 LIVE X Games** **6.15** 30 for 30 Shorts (AD) **6.30 LIVE X Games** **7.00** 30 for 30 Shorts (AD) **7.30 LIVE X Games** **8.00** Drag Racing **9.00 LIVE Basketball** NCAA. **5.00–6.00am** Drag Racing

Eurosport 2

Sky 411 **Virgin** 522 **BT** 413/**HD** 436

6.00am Biathlon **7.00** Cycling **7.20** Ski Jumping **8.20** Nordic Combined Skiing **8.50 LIVE Nordic Combined Skiing** The World Cup from Oslo. **9.50** Cycling **11.25 LIVE Cycling** From Siena. **12.20pm** Cycling **12.50 LIVE Cycling** From Siena. **2.50 LIVE Showjumping** **5.00** Cycling **7.00** Athletics **8.00** Cycling **10.00** Alpine Skiing **12 midnight** Ski Jumping: from Oslo **1.00am** Nordic Combined Skiing **2.00** Olympics: Hall of Fame **3.00** Alpine Skiing **5.00–6.00am** Snowboarding

BFI & RADIO TIMES TELEVISION FESTIVAL See CENTRE SUPPLEMENT for details
BFI & RADIO TIMES TELEVISION FESTIVAL

SUNDAY Choices The pick of today's TV



HEAD-TO-HEAD
As ever, Gillian (Nicola Walker) and Caroline (Sarah Lancashire) have much to discuss

PICK OF THE DAY **Last Tango in Halifax** *9.00pm* ***BBC1***

DRAMA OF THE WEEK There's the most wonderful scene between stepsisters and unlikely friends Gillian and Caroline that is scriptwriter Sally Wainwright at her absolute best. It's two women, in a kitchen, peeling carrots and talking. About life, about hope and disappointment, about everything. Nicola Walker and Sarah Lancashire are tremendous as they navigate, with empathy, humour and insight, the bumps in life's pitted path.

It's an all-round terrific episode that plunges in entirely unexpected directions when Caroline must step in to chair the Q and A session at school with the wildly unpredictable, narcissistic, drunk Judith (Ronni Ancona).

And poor, downtrodden Gillian, whose hopes of salvation are pinned on that mural being a Banksy, faces once again Cheryl (Rachel Leskovac), the formidable police officer we've seen before when times were bad. Her appearance heralds an in-joke for fans of *Happy Valley* that will raise a smile.

Oh, and Celia has trouble with her builders... **ALISON GRAHAM** *See page 41*

Six Nations Rugby

2.30pm ***BBC1***

SPORT Scotland v France (kick-off 3pm). It's like the 1980s all over again: France ruling the roost and greedily eyeing up a grand slam. All we need is a cockerel on the pitch as the fans belt out the *Marseillaise* and the time warp will be complete.

Les Bleus have undergone a renaissance since bowing out of the World Cup quarter-finals in October. New coach Fabien Galthié, aided by defensive guru Shaun Edwards, has forged a new-look side spearheaded by the dazzling Romain Ntamack and Antoine Dupont.

The Scots had a laboured 17–0 win over Italy, but history is on their side: Scotland have beaten France in their past two Six Nations meetings at Murrayfield. **CHRIS HUGHES**

Beyond the Grace Note

3.00pm ***Sky Arts***

ARTS Sky Arts marks International Women's Day with a visit to a long-held bastion of the patriarchy, the conductors' podium. But here, a stellar line-up of female conductors, including Marin Alsop and Xian Zhang, talk about the art of driving an orchestra through a score.

It's a fascinating programme on details of how gestures work and how to prepare. ("The goal is to digest a piece of music so that it becomes your flesh and blood," explains Lithuanian conductor Mirga Grazinyte-Tyla.) But it's also good on sexism in classical music. Rebecca Miller recalls how her only feedback at one conducting competition was that she had sounded "shrieky". **DAVID BUTCHER**

Dancing on Ice

6.00pm ***ITV***

ENTERTAINMENT Heading into the final, the winner feels like a foregone conclusion. Diversity star Perri Kiely has scored the highest from the start, topping the leaderboard since week one. It would take a huge upset for him not to lift the *DOI* trophy.

That's not to say the series has been without "journeys". Magician Ben Hanlin and actor Joe Swash both improved week by week, while Paralympian Libby Clegg's visual impairment proved no obstacle and she stood out from the outset. Tonight, the three finalists will perform a showcase choreographed by Torvill and Dean, plus their own favourite routine, before the top two couples get to skate their version of *Boléro*. **FRANCES TAYLOR**

Antiques Roadshow

8.00pm ***BBC1***

ENTERTAINMENT As the sun beats down on the *Roadshow* crowds at Salisbury Cathedral, the experts are dazzled by an array of treasure. There's a gorgeous sapphire brooch that seems to glow and changes colour in the light, and a lustrous enamel-on-enamel pocketwatch.

But it's the drab items that prove, if not the most valuable, then the most stirring. Like the three Second World War telegrams retrieved from a wastepaper basket by a BBC journalist. And two sets of grubby medals, shabbily displayed, that send the expert into a frenzy of good-natured finger-wagging at the owners: "You've kept these in the most appalling condition!" **AG**
See feature: page 10

TV CV KERRY FOX



Playing Nadine, the niece of Alan (Derek Jacobi), in **Last Tango in Halifax** (9pm BBC1) is a world away from the roles for which Kerry Fox is most famous: Juliet in *Shallow Grave* (1994) and Claire in *Intimacy* (2000). The latter drew headlines for its unsimulated sex, and Fox has no regrets, saying, "It's one of the best pieces of work I've ever done."

The 53-year-old New Zealand-born star came to prominence in Jane Campion's film *An Angel at My Table* (1990), playing the brutalised writer Janet Frame. More recently, a career on TV has seen her appear in many crime dramas, from *Vera* to *Silent Witness* via *Waking the Dead* and *Midsomer Murders*.

Known to be direct (David Hayman, who worked with her on *Trial & Retribution*, called her "that scary Fox"), she once told an interviewer: "I'm just straight up. I don't waste my time. I'm impatient and I want to get to the bottom of things. And I have high expectations." **DAVID BROWN**

Race across the World

8.00pm ***BBC2*** *(Wales: 8.50pm)*

DOCUMENTARY The enjoyable backpacking contest returns, with five more pairs of travellers journeying around the globe without smartphones or credit cards.

This time, they're travelling the length of Latin America, 25,000km (via a circuitous route) from Mexico City to Ushuaia in Argentina. First challenge: how do you pronounce Ushuaia? Second challenge: how do you get there when planes are ruled out and cash is limited?

The competitors throw themselves into it with varying degrees of savvy. "I don't take buses!" wafts one. But on this show, she will have to take many, many buses. Slumming it, while not taking too many risks, is what it's all about. **DAVID BUTCHER**

McDonald & Dodds

8.00pm ***ITV***

DRAMA Rude, unprofessional DCI Lauren McDonald (she's from London, you know) and her put-upon but clever sidekick DS Dodds (he thinks "Alexa" is a real woman! He's never heard of Spotify!) are called to the death of a patient at a rehab clinic in Bath. It's been made to look as if she's taken her own life, but her demise has been staged.

It's a very silly, highly convoluted case for the two cops (Jason Watkins and Tala Gouveia), who look for suspects in a small pool of excellent character actors, including Freddie Fox (who was so good in *White House Farm*), *Doc Martin's* Caroline Catz and Joanna Scanlon (from *The Thick of It* and *Getting On*), who plays an addiction therapist. **AG**

Homeland

9.00pm ***C4***

DRAMA Those who are staying with *Homeland* until the bitter end will appreciate the show's skill in bleeding events from one season to the next. For one thing, there's Carrie's unreliability, as suspected by her paymasters – and it's a moot point. Her blank periods in a Russian prison in 2018 are now coming back to bite her after the secret meeting with her former captor Yevgeny (Costa Ronin). His revelation of a deep secret that passed between them set Carrie's lip atremble in a way that was guaranteed to worry fans big time.

Saul, meanwhile, has talked around Haissam Haqqani (Numan Acar), the former Taliban leader we first met in 2014, but is peace still on the table? **MARK BRAXTON**



TO THE POINT
Sara Davies tells it like it is

Dragons' Den

9.00pm ***BBC2*** *(Wales: 9.50pm)*

BUSINESS The investment charabanc comes rattling back with the Dragons in high spirits, the visiting entrepreneurs less so. Some pitches in the Den start so well – "The shoes you sell are amazing!" "The alcohol-free beer tastes great!" – then become like a china vase in a high wind, ready to fall and smash at any second.

Don't drop it, you want to yell. Please be able to remember what your gross margin is. And please, please don't value your tiny firm at millions of pounds: they never like that. "You've kind of insulted us all," plain-speaker Sara Davies tells one hopeful. "I don't know if I'm in York or Cork!" she tells another.

But as always, among the disasters and near-misses, there are triumphs too, followed by those excited handshakes that suggest everyone thinks they're about to make a lot of money. **DAVID BUTCHER**

DISCOVER TV

The best of streaming and catch-up



Enterprice

From 10am ***BBC3; iPlayer***

Series two of the comedy about Kazim (writer/creator Kayode Ewumi, above right) and Jeremiah (Trieve Blackwood-Cambridge), two young entrepreneurs whose fledgeling business keeps leading them into trouble. As they perhaps foolishly welcome a 16-year-old girl (Fatou Sohna) to the aspiring team, the show continues to mix the strange, the goofy and the serious.

DISCOVER TV KIDS

Horrible Histories: Fierce Females

9.30am ***CBBC, iPlayer***

A special show about the past's most formidable women includes Marie Antoinette, Cleopatra, the Suffragettes *and* the Suffragists. **JACK SEALE**

BEST LIVE SPORT



■ **Six Nations Rugby: Scotland v France** *2.30pm (kick-off 3pm)* ***BBC1*** Scotland's Adam Hastings faces a resurgent French team.

■ **Women's T20 Cricket World Cup Final** *6.30am* ***Sky Cricket/ Main Event/Mix*** From Melbourne.

■ **Premier League Football: Chelsea v Everton** *1pm (k/o 2pm)* then **Manchester United v Manchester City** *(k/o 4.30pm)* ***Sky Premier League/Main Event***

FILM OF THE DAY

Suffragette

6.50pm ***Film4***

Carey Mulligan stars as Maud Watts, a laundry worker who bravely joins the fight for women's suffrage. **See page 36**

GETTY

SUNDAY Main Channels

DAYTIME

BBC1

6.00am Breakfast Ben Thompson, Nina Warhurst. (S) (HD)
7.30 Match of the Day Action from the latest Premier League fixtures. Shown yesterday 10.30pm (S) (HD)
9.00 The Andrew Marr Show The week's talking points. Repeated 7pm BBC Parliament (S) (HD)
10.00 Politics England Regional debate. (S)
10.30 The Big Questions From Salford. (S) (HD)
11.30 Bargain Hunt Natasha Raskin Sharp has a go at sword dancing in Elsecar, South Yorkshire. (R) (S) (AD) (HD)
12.15pm Ready Steady Cook Mother and daughter Azra and Hannah do battle. Shown last Thursday (S) (HD)
1.00 BBC News Weather for the Week Ahead (S) (HD)
1.15 Songs of Praise Children's author Michelle Sloan celebrates the Bible's women. (S) (HD)
1.55 Six Nations Build-Up With John Inverdale. (S) (HD)
2.30–5.30 LIVE Six Nations Rugby
RT **Scotland v France.** The Scots attempt to gain some late momentum against the championship leaders at Murrayfield (kick-off **3.00**). John Inverdale presents. Available with alternative commentary or ref's mic audio at bbc.co.uk/sport, plus a post-match forum also on the red button. **See page 54.** (S) (HD)

BBC2

6.45am The Instant Gardener A tiny backyard is transformed into a beach garden. (R) (S) (HD)
7.30 The A to Z of the RHS Chelsea Flower Show Jennifer Saunders looks at the event's history. (R) (S) (HD)
8.30 Countryfile The team visits the Gwent Levels. Shown last Sunday BBC1 Signed repeat tomorrow 1am (S) (HD)
9.30 Beechgrove Repotted A visit to two unique allotment initiatives. First shown on BBC Scotland (S) (HD)
10.00 Saturday Kitchen Best Bites Highlights. (S)
11.30 Komodo: Secrets of the Dragon *Natural World* looks at the world's largest species of lizard. (R) (S) (HD)
12.30pm Triathlon The opening round of the World Series in Abu Dhabi. Presented by Louise Minchin. (S) (HD)
2.00 Lorraine's Fast, Fresh and Easy Food Straightforward ways to make baked dishes. (R) (S) (AD) (HD)
2.30 The Hairy Bikers' Comfort Food Si King makes dishes using produce from Cumbria. (R) (S) (AD) (HD)
3.15–4.50 633 Squadron ★★★ Second World War drama with Cliff Robertson and George Chakiris. **Review p36.** Director Walter E Grauman (1964, PG) (S) (W) (HD)

ITV

6.00am CITV See page 61 **9.25 ITV News** (S) (HD)
9.30 Ainsley's Caribbean Kitchen Ainsley Harriott embarks on the first of two visits to Antigua. (R) (S) (HD)
10.30 Living on the Veg *9/10.* Recipes include pastaball marinara, banana French toast, crispy chilli tofu and barbecue glazed jackfruit ribs. (S) (HD)
11.30 Love Your Garden *2/4* *Series 10.* Alan Titchmarsh and his team create an elegant tea garden in Birmingham. Shown last Tuesday (S) (AD) (HD)
12.30pm St Davids: Britain's Smallest City *1/6* Tourists flock to the tiny Welsh community during the busy summer season. Shown last Monday (S) (AD) (HD)
1.00 ITV News Weather; Regional Weather (S) (HD)
1.10 The Voice UK *Ep 10.* The final week of the battle rounds. Shown yesterday 8.30pm (S) (HD)
2.30–4.00 Ant and Dec's Saturday Night Takeaway The Geordie boys present more pranks, surprises and giveaways. Shown yesterday 7pm (S) (HD)

Channel 4

6.00am The King of Queens Two episodes. (R) (S) (AD)
6.50 Everybody Loves Raymond Double bill. (R) (S) (AD)
7.40 The Big Bang Theory Two editions. (R) (S) (AD) (HD)
8.25 Beat the Chef Two episodes. (R) (S) (HD)
9.30 Sunday Brunch Guests include Mark Stanley, Jon Richardson, Lucy Beaumont and Jack Rowan. (S) (HD)
12.30pm The Simpsons The family goes to a ranch.
1.00 Bart and Milhouse get up to no good. (R) (S) (AD)
1.30–3.25 Rio 2 ★★★ Animated comedy sequel, featuring the voices of Jesse Eisenberg and Anne Hathaway. Can Blu the macaw cope without his creature comforts when he ventures with his family into the Amazon rainforest? **Review page 36.**
Director Carlos Saldanha (2014, U) (S) (AD) (W) (HD)

BBC1

Last Tango in Halifax *9.00pm*
For once, Celia is left speechless by the state of her kitchen renovation



5.30pm Blue Planet II
5/7. Footage of wildlife inhabiting underwater kelp forests, including thousands of giant cuttlefish spawning in a rocky reef and tiger sharks hunting for green turtles in seagrass.
Producer Kathryn Jeffs; Series producer Mark Brownlow (R) (S) (AD) (HD)

6.30 BBC News Regional News; Weather (S) (HD)

7.00 Countryfile
On International Women's Day, Anita Rani travels to the Holnicote Estate in Somerset where she meets Holly Purdley, who is part of a local group that aims to reduce the isolation often felt by women who live and work on farms. Meanwhile guest reporter, "The Red Shepherdess" Hannah Jackson, looks at whether times have really changed for women in farming. Includes **Weather for the Week Ahead**.
Series producer Joanna Brame; Executive producer Bill Lyons (S) (HD)
RT BOOKS To order *Headlines and Hedgerows: a Memoir* by John Craven for £18 inc p&p, call 03302 232 639 or visit radiotimes.com/shop11

8.00 Antiques Roadshow
RT In the grounds of Salisbury Cathedral, the experts discover a mix of treasures including Napoleon's razor, letters from Enid Blyton and a piece of Queen Victoria's underwear. There is also some jewellery with a story to tell, and artworks including a hand-painted Christmas card from the Second World War and original drawings of *Judge Dredd*. Presented by Fiona Bruce. **See page 54.**
Series producer Robert Murphy; Executive producer Gill Tierney (S) (HD)
See feature: page 10

DRAMA OF THE WEEK

9.00 Last Tango in Halifax
RT *3/4* *Series 5.* The bungalow descends into chaos as work begins on the new kitchen. Meanwhile, Alan's new supermarket job brings an unexpected challenge when someone takes a shine to him and Celia is faced with travelling by bus. **See page 54.**

Alan	**Derek Jacobi**	Harrison	**Liam McCheyne**
Celia	**Anne Reid**	PC Cheryl	**Rachel Leskovac**
Caroline	**Sarah Lancashire**	Nadine	**Kerry Fox**
Gillian	**Nicola Walker**	Marie	**Annie Cowan**
John	**Tony Gardner**	Rick	**Jonathan Halliwell**
Judith	**Ronni Ancona**	Helen	**Buckso Dhillon-Woolley**
Ellie	**Katherine Rose Morley**	Laura	**Anna Leong Brophy**
Raff	**Josh Bolt**	Mia	**Catherine Campion**
Ted	**Timothy West**	Flora	**Issacah Hatzer**
Lawrence	**Louis Greatorex**	Calamity	**Tilly Kaye**
Ruth	**Lu Corfield**	Barry	**Rick S Carr**
William	**Dean Smith**	Supermarket assistant	**Sherelle Armstrong**

Writer Sally Wainwright; Producer Ken Horn
Director Gareth Bryn (S) (AD) (HD)
RT DVDs To order series 1–3 for £22.99 incl p&p (RRP £34.99), call 0844 848 7300 (charges apply, see p152) or visit radiotimes.com/dvds11, quoting RT1811
Alison Graham: page 41

10.00 BBC News Regional News; Weather (S) (HD)

10.30 Match of the Day 2
Action from the Manchester derby and Chelsea v Everton. Presented by Mark Chapman.
Producer Richard Day; Editor Ben North (S) (HD)

11.30 Shane Williams: Rugby, Concussion and Me
The former Welsh international takes a personal look at how the world of rugby is working to reduce concussions in the game, helping to make the sport safer for future generations. He talks to players past and present, officials at the World Rugby governing body, and leading medical professionals studying the long-term effects of contact sport on the brain.
Director Stewart Sugg; Executive producer Dylan Wyn Davies
First shown on BBC1 Wales (S) (AD) (HD)

12.30am Weather for the Week Ahead (S) (HD)
12.35–6.00am BBC News (S) (HD)

BBC1 Freeview 1/HD 101 Freesat 101/HD 106 Sky 101/HD 115 Virgin 101/HD 108

BBC2

Race across the World *8.00pm*
Two of the teams relax before their Latin American adventure begins



4.50pm Back in Time for the Corner Shop
2/6. This week the Ardern family simulate running the Sheffield shop during the 1920s, 30s and 40s.
Shown last Tuesday (S) (AD) (HD)

5.50 Greg James's Sport Relief Heroes
In the run-up to Sport Relief on Friday, the presenter meets up with his heroes of the charity event.
Editor Josephine McCusker Shown last Friday BBC1 (S) (HD)
See feature: page 20

6.50 Top Gear Nepal Special
Paddy McGuinness, Freddy Flintoff and Chris Harris tackle a high-altitude expedition from Kathmandu to the forbidden city of Lo Manthang. The five-day trip finds the boys battling huge rivers and vast mudslides that would test the hardiest new 4x4s.
Series producer Nick Dalton; Executive producer Alex Renton (R) (S) (HD)

8.00 Race across the World
RT ***New series. 1/9*** *Series 2.* If you were challenged to make your way from Mexico City to Ushuaia in Argentina – the most southerly city in the world – with limited cash, no mobile phones and no internet, how would you fare? That's the daunting task that faces five pairs of competitors who tonight are aiming for the first of seven checkpoints, at Copan Ruinas in Honduras. **See page 55.**
Director Robert Fisher; Series producer Lucy Curtis
Repeated Tuesday 7pm (S) (AD) (HD)
See feature: page 24

9.00 Dragons' Den
RT ***9/14*** *Series 17.* Fiery investors Sara Davies, Touker Suleyman, Deborah Meaden, Tej Lalvani and Peter Jones return to the Den to assess a new batch of entrepreneurs. Tonight's hopefuls include two low-alcohol brewers who hope the Dragons will help them make it big, and a would-be footwear tycoon pitching his hand-finished shoes. But will he leave the Den walking on air? **See page 55.**
Series producer Samantha Davies; Executive producer Chi Ukairo
Repeated Wednesday 11.15pm (S) (AD) (HD)

10.00 Dara O Briain: Voice of Reason
Dara O Briain went back to his stand-up roots last year, performing his Voice of Reason Live show to audiences from Norway to New Zealand. Filmed at the Apollo in west London during that tour, Dara brings his wit to subjects ranging from technological overload to handling reports of your own demise.
Director Chris Howe; Producers Stuart Laws and Nick Long (R) (S) (HD)

11.00 The Ranganation
More topical comedy from Romesh Ranganathan, his guest Richard Osman, and the Ranganation – a bunch of Brits who don't hold back when delivering their opinions on the latest news stories.
Director Barbara Wiltshire; Executive producers Ruth Phillips and Richard Cohen (R) (S) (HD)

11.50 Women's Six Nations Rugby
Action from the fourth round of fixtures, including England v Wales and Scotland v France.
Producer Matthew Griffiths; Editor Richard Hughes
Repeated tomorrow 1pm (S) (HD)

12.20am Up There ★★★ Comedy drama. Even in the afterlife, Martin has a dead-end job: meeting and greeting the recently deceased. His dream is to ascend "up there", so when he and his partner Rash lose a new arrival, it's imperative that the bickering duo get him back. **Review p36.**
Director Zam Salim (2011, 15) (S) (W) (HD)
1.35 Valhalla Rising ★★★ Period action adventure starring Mads Mikkelsen. A one-eyed mute warrior is forced to participate in a series of brutal fights to the death.
Director Nicolas Winding Refn (2009, 15) (S) (W) (HD)
3.00–4.45am Sign Zone **3.00 Question Time** Fiona Bruce hosts from Tunbridge Wells. Shown last Thursday BBC1 (S) (HD)
4.00 Fraud Squad: the Hunt *3/10.* A wealthy manager who has been taking advantage of the NHS. (R) (S) (AD) (HD)

BBC2 Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102

ITV

McDonald & Dodds *8.00pm* The detective double act look into a death at a private clinic



4.00pm Liar Liar ★★★★

Comedy starring Jim Carrey. Lawyer Fletcher Reede is a compulsive liar. When his deceit leads to him missing his son's birthday party, the boy makes a wish that his dad would find it impossible not to tell the truth. The wish comes magically true – with hilarious consequences.

Fletcher Reede	**Jim Carrey**	Greta	**Anne Haney**
Audrey Reede	**Maura Tierney**	Samantha Cole	**Jennifer Tilly**
Max Reede	**Justin Cooper**	Miranda	**Amanda Donohoe**
Jerry	**Cary Elwes**	Judge Marshall Stevens	**Jason Bernard**

Director Tom Shadyac (1997, 12) (S) (AD) (W) (HD)

5.35 ITV News Weather (S) (HD)

5.50 Regional News Weather (S) (HD)

6.00 Dancing on Ice

RT *10/10.* The competition reaches its climax as the remaining three couples battle to be crowned this year's champions of the rink. Each gets to perform a showcase choreographed by Jayne Torvill and Christopher Dean as well as their favourite routine from the series. But only two couples will go on to perform their take on the Bolero. Torvill and Dean will themselves perform before the whole class of 2020 return to the ice one last time. Presented by Phillip Schofield and Holly Willoughby. **See page 54.**

Series director Nikki Parsons; Series producers Anna Dunkley and Sam Rees-Jones Repeated Thursday 11.45pm (S) (HD)

8.00 McDonald & Dodds

RT *2/2.* **Wilderness of Mirrors.** In genteel Bath, DCI McDonald and DS Dodds are called to a private clinic to investigate the death of a wealthy patient. The detectives must enter a world of smoke and mirrors where nothing is quite what it seems. **See page 55.**

DCI Lauren McDonald	**Tala Gouveia**	George Holden	**Hugh Dennis**
DS Dodds	**Jason Watkins**	Mary Costair	**Michele Dotrice**
Chief Superintendent John Houseman		Miles Stevens	**Freddie Fox**
	James Murray	Jane Crawford	**Suzanne Packer**
DC Laura Simpson	**Pearl Chanda**	DS Irene Ross	**Charlotte Ritchie**
DC Darren Craig	**Jack Riddiford**	Kelly Mulcreevy	**Joanna Scanlan**
Alison Speirs	**Caroline Catz**	Maheeda Abaasi	**Kiran Sonia Sawar**

Writer Robert Murphy; Producer Amy Thurgood
Director Laura Scrivano Repeated Friday 11.10pm (S) (AD) (HD)

10.00 ITV News
Weather; Regional Weather (S) (HD)

10.15 Harry Redknapp's Sandbanks Summer

3/4. Harry Redknapp welcomes Nick Knowles and Rita Simons to Sandbanks, where they pay a visit to the nearby British Beach Polo Championships, and even get the chance to sit in the saddle. Continues Wednesday 8pm.
Shown last Wednesday (S) (AD) (HD)

10.40 The Trouble with Maggie Cole

1/6. Historian Maggie Cole is flattered when she is interviewed for a radio show about life in her village, but she makes the mistake of sharing too much about the residents' private lives. Continues Wednesday 9pm.
Shown last Wednesday (S) (AD) (HD)

11.35 Six Nations Rugby Highlights

Jill Douglas introduces action, analysis and reaction from England v Wales at Twickenham and Scotland v France at Murrayfield.
Editor Neil Cox (S) (HD)

12.30am Home Shopping (HD)
3.00 Australian Wilderness with Ray Mears The survivalist visits Nitmiluk National Park. (R) (S) (SL) (HD)
3.25 Nightscreen Text information. (HD)
5.05–6.00am Judge Rinder (R) (S) (SL) (HD)

ITV **Freeview** 3/HD 103 **Freesat** 103/HD 111 **Sky** 103 **Virgin** 103/HD 113
+1 **Freeview** 33 **Freesat** 112 **Sky** 203 **Virgin** 114

Channel 4

Homeland *9.00pm* Not for the first time, Carrie finds herself at the centre of a life and death situation



3.25pm The Great Pottery Throw Down

Ep 9. It's Victorian week, as Melanie Sykes introduces the semi-final. The four remaining potters take on the challenge of producing a fully functioning toilet. Judges Keith Brymer Jones and Sue Pryke will be on hand to decide which three potters will go through to the final.
Exec producers Richard McKerrow and Sarah Thomson-Woolley
Series director Mark Drake Shown last Wed More4 (S) (AD) (HD)

4.30 Crufts

Clare Balding presents live coverage from the final day of the world's largest canine show. As well as discovering the winners of the flyball final and the agility championship, Clare chats to confirmed dog lovers such as Roman Kemp and Russell Watson. Continues at 7pm. (S) (HD)

6.30 Channel 4 News Sport; Weather (S) (HD)

7.00 Crufts: Best in Show

The tension builds as the announcement of the dog which has won Best in Show gets closer and closer. But before that happens, presenter Clare Balding asks previous winners Chris Amoo, lead singer from soul band the Real Thing and winner in 1987 with his afghan hound Viscount Grant, and Marie Burns, who won in 2016 with her west highland white terrier Devon, what it takes to be top dog. Jim Rosenthal, Graham Partridge, Frank Kane and Jessica Holm commentate. (S) (HD)

9.00 Homeland

RT *4/12 Series 8.* **Chalk One Up.** Saul plans an announcement. Meanwhile Carrie gets a surprise. **See page 55.** (S) (AD) (HD)

Carrie Mathison	**Claire Danes**	Staff Sergeant Justin Wenzel	
Saul Berenson	**Mandy Patinkin**		**Victor Almanzar**
Max Piotrowski	**Maury Sterling**	Abdul Qadir G'ulom	**Mohammad Bakri**
Yevgeny Gromov	**Costa Ronin**	Staff Sergeant John Durkin	
Tasneem Qureshi	**Nimrat Kaur**		**Charles Brice**
David Wellington	**Linus Roache**	Mike Dunne	**Cliff Chamberlain**
Haissam Haqqani	**Numan Acar**	Drew Soto	**Sam Chance**
Samira Noori	**Sitara Attaie**	Charlie Stoudt	**Emilio Cuesta**

10.05 Gogglebox

Ep 3. Capturing the households' immediate reactions to what they're watching on TV.
Shown last Friday (S) (AD) (HD)

11.00 Sisters ★★★

Comedy starring Amy Poehler and Tina Fey. Two sisters return to their family home and throw one final, totally unforgettable party before their parents sell the property. **Review page 36.**

Maura Ellis	**Amy Poehler**	Pazuzu	**John Cena**
Kate Ellis	**Tina Fey**	Dave	**John Leguizamo**
Brinda	**Maya Rudolph**	Haley	**Madison Davenport**
James	**Ike Barinholtz**	Sam	**Kate McKinnon**
Bucky Ellis	**James Brolin**	Patrick Campbell	**Dan Byrd**
Deanna Ellis	**Dianne Wiest**	Denny	**Heather Matarazzo**

Director Jason Moore (2015, 15) (S) (AD) (W) (HD)

1.15am Top Secret! ★★★ Spy spoof from the makers of *Airplane!*, starring Val Kilmer. An evil East German general is plotting to take over West Germany using a new secret weapon being developed by a scientist. All that stands in his way is the inventor's daughter and a handsome rock 'n' roll star.
Directors Jim Abrahams, David Zucker and Jerry Zucker (1984, 15) (S) (W) (HD)
2.45 Come Dine with Me A traditional Maltese menu, Indian food and country fayre in Worcester. (R) (S) (HD)
3.35 Homes by the Med Near Positano, on Italy's Amalfi coast, Charlie Luxton visits a 1950s hillside villa that is a vision of modernity. First shown on More4 (S) (AD) (HD)
4.30 Location, Location, Location Phil helps Hemani and Nigel find a property in the Thames Valley. (R) (S) (HD)
5.20 Cooking Up a Fortune Three new pairs of cooks compete for a place in the final. (R) (S) (HD)
5.50–6.30am Countdown (R) (S) (HD)

Channel 4 **F'view** 4/HD 104 **F'sat** 104 **Sky** 104/HD 138 **Virgin** 104/HD 141
+1 **Freeview** 15 **Freesat** 121 **Sky** 204 **Virgin** 142

BBC4

Women's Football *7.00pm* Captain Steph Houghton leads England in the SheBelieves Cup



7.00pm Women's Football: SheBelieves Cup

Japan v England

The Lionesses continue their defence of the SheBelieves Cup in Harrison, New Jersey.

The omens are good for Phil Neville's side as they have won their last two matches against Japan, most recently in the group stage of last year's World Cup. On that occasion, striker Ellen White scored both goals in a 2–0 victory. Eilidh Barbour presents.

Coverage of USA v Spain is available at bbc.co.uk/sport from 9.50pm.
Producer Graham Bennett
Editor Louise Sutton (S) (HD)
England v Spain is on Wednesday from 10pm
Sport: page 23

BBC RED BUTTON from 9.00pm
Kate Tempest at the 6 Music Festival
The poet and spoken-word artist performs at the Roundhouse in Camden, London

9.30 Maiden ★★★★

Storyville charts the inspiring life of Tracy Edwards and her rise from being a. cook on charter boats to becoming the skipper of the first ever all-female crew to enter the Whitbread Round the World Race in 1989. Her detractors were numerous but Tracy refused to give up, re-mortgaging her home to buy a second-hand boat and doing everything in her power to get the team to the start line. With the support of her remarkable crew, her achievement shocked the yachting world – and proved that women could compete against men. **Review p36.**
Director Alex Holmes (2018, 12) (S) (W) (HD)

11.00 What Do Artists Do All Day? Shirley Hughes

Following the 89-year-old children's book illustrator in 2016, as she works on the final page of her latest book, discusses her love of illustrating, the challenges of coming up with new ideas, and why she has no plans to retire.
Director/Producer Kath Pick (R) (S) (HD)

11.30 6 Music Festival Celebrates International Women's Day

Lauren Laverne introduces an all-female line-up of performances from the Roundhouse in Camden, with sets from Róisín Murphy, Kate Tempest, Kim Gordon, once of Sonic Youth, and Mercury Prize nominee Nadine Shah. (S) (HD)

12.15am Unsung Heroines: Danielle de Niese on the Lost World of Female Composers The soprano explores the lives and works of five female composers who were famous in their lifetimes but whose work was then forgotten. (R) (S) (HD)
1.15 Darcey's Bussell: Looking for Margot The Royal Ballet's former principal ballerina explores the life of the inspirational dancer Margot Fonteyn, famed for a partnership with Nureyev, and discovers her private life was tinged with disappointment. (R) (S) (AD) (HD)
2.15–3.15am Kiri Te Kanawa at the BBC Highlights of the soprano's career over the past 40 years. (R) (S) (HD)

BBC4 **F'view** 9/HD 106 **F'sat** 107/173 **Sky** 116 **Virgin** 107

Regional variations

BBC1 SCOTLAND

10.00–10.30am Politics Scotland **11.30** Sportscene **12.45am** Shane Williams: Rugby, Concussion and Me **1.45** Weather for the Week Ahead **1.50–6.00** BBC News

BBC SCOTLAND

As BBC2 until: **6.50pm** Beechgrove Repotted **7.00** The Seven **7.15** Sportscene **8.30** The Forest **9.00** Scotch! The Story of Whisky **10.00** Two Doors Down **10.30** Scot Squad **11.00** A Play, a Pie and a Pint: Meat Market **11.50–12 midnight** Insider's Guide

STV

12.30am Through the Keyhole: including Michael Buerk **1.20** Nightscreen **5.05–6.00** Judge Rinder: court cases

BBC1 WALES

10.00–10.30am Politics Wales: with James Williams **11.30** Bargain Hunt **12.30–1.00pm** Weatherman Walking: the Welsh Coast **5.30–6.30** Shane Williams: Rugby, Concussion and Me **11.30** Mrs Brown's Boys **12.00–12.30am** Live at the Apollo

BBC2 WALES

2.00pm The £100K House: Tricks of the Trade **3.00 FILM:** 633 Squadron **4.35** Blue Planet II **5.35** Greg James's Sport Relief Heroes **6.35** Scrum V Six Nations Special **7.35** Top Gear Nepal Special **8.50** Race across the World: new series **9.50** Dragons' Den **10.50** The Ranganation **11.35–11.50** Coast

ITV WALES

12.30–1.00pm Newsweek Wales: with Carl Edwards

BBC1 NORTHERN IRELAND

10.00–10.30am Sunday Politics Northern Ireland

BBC2 NORTHERN IRELAND

10.00pm The Jimmy Kennedy Songbook **11.00** Soft Border Patrol **11.30** Sunday Politics Northern Ireland **12 midnight** Dara O Briain – Voice of Reason **1.00am** Women's Six Nations Rugby **1.30–1.35am** Wild on Water – Killard Nature Reserve

Channel 5 listings are overleaf

SUNDAY Freeview

Channel 5 5



Rich Holiday, Poor Holiday *9.00pm* Trips to Benidorm and St Lucia

F'view 5/**HD** 105 **F'sat** 105 **Sky** 105 **Virgin** 154/**HD** 105

6.00am Milkshake! See page 61
9.55 SpongeBob SquarePants SpongeBob attempts to reach the surface of the ocean. First shown on Nicktoons (S) (HD)
10.10 The Loud House Lincoln has the deciding vote on the family vacation. (S) (HD)
10.25 Britain's Greatest Bridges The construction of the Forth Rail Bridge. (S) (HD)
10.40 ***New.*** **WWE Raw Highlights** Action with the superstars of WWE. (S) (HD)
11.40 Friends *Series 3.* Joey's play gets terrible reviews. Guest-starring Ben Stiller.
12.10pm Ross finds a growth on his buttocks.
12.45 Monica's boyfriend looks for a new challenge. Guest-starring Robin Williams.
1.10 Phoebe receives some shocking news.
1.45 *Series 4.* Rachel realises she wants to start dating Ross again. (S) (HD)
2.15 Nightmare Tenants, Slum Landlords A couple seek help when their tenants invite their abusive friends in to squat.
3.10 Eviction lawyer Chris has a complex case on his hands involving squatters.
4.10 Harrow Council carries out raids.
5.10 An east London landlord who found half a dozen strangers living in his house. (S) (HD)
6.05 5 News Update (S) (HD)

6.10pm ***New.*** **Building the Billion Dollar Cruise Ship**
Following engineers and designers as they race to construct the *Seven Seas Explorer*. Their aim is to make it the most luxurious ship of its type.
Director/Producer Martin Gorst (Revised rpt) (S) (HD)

8.00 ***New series.*** **The Nightmare Neighbour Next Door**
1/10 *Series 7.* The return of the series about disputes between neighbours, beginning with couple Anton and Rita, who clashed with local actress Sharon.
Directors/Producers Andy Robinson and Michael Nuvoletta Repeated Thursday 11.05pm (S) (HD)

9.00 ***New.*** **Rich Holiday, Poor Holiday**
3/4. Four wealthy friends take a budget break in Benidorm and find their first night on the strip something of an eye-opener. Meanwhile, on St Lucia, a group of party lovers stay at a five-star Caribbean hotel.
Series producer Alannah Richardson; Executive producers David Emerson and Emma Read (S) (HD)

10.00 Secrets of First Class with Sally and Nigel
Nigel Havers and Sally Lindsay take a British Airways flight from Heathrow to Washington to discover the differences between first class and economy travel.
Director/Producer Jessie North (S) (HD)

11.05 Shameful! Most Shocking Celebrity Moments
2/2. Chris Pratt and Mark Hamill are among the stars featured in this collection of laughs narrated by Chris Ramsey.
Directors/Producers David Donnelly and Jamie Sutcliffe (S) (HD)

1.00am ***New.*** Casino (S) (HD) **3.10** Our Dream Hotel (S) (HD) **4.00** Eamonn and Ruth: Blowing a Fortune (S) (HD) **4.45** House Doctor (S) (SL) (HD) **5.10** Nick's Quest (S) (SL) (HD) **5.35–6.00am** Wildlife SOS (S) (SL) (HD)

+1 **Freeview** 44 **Freesat** 128 **Sky** 205 **Virgin** 155

BBC4 listings are overleaf

ITV2 6



Jurassic Park *6.25pm* John has a big surprise for Ellie and Alan

Freeview 6 **Freesat** 113 **Sky** 118 **Virgin** 115/**HD** 176

7.00am Totally Bonkers Guinness World Records (S) (HD) **7.10** You've Been Framed! Gold (S) (HD) **7.40** The Ellen DeGeneres Show (S) (HD) **9.10** Dress to Impress (S) (AD) (HD)
12.15pm Celebrity Catchphrase (S) (AD) (HD) **1.20** You've Been Framed! Gold: Yearbook (S) (HD) **2.20 FILM** Step Up 3 ★★★ Romantic dance drama starring Harry Shum Jr (S) (W) (HD) **4.35 FILM** Minions ★★★ Animated comedy with Sandra Bullock (S) (AD) (W) (HD)

6.25pm Jurassic Park ★★★★★
Blockbuster adventure. A group of guests preview the ultimate theme park – an island populated by dinosaurs, touring the park in remotely controlled cars. But, as a tropical storm gathers, an unscrupulous employee shuts down the security system and mayhem breaks loose.
Andrew Collins My Movies: page 33.

Dr Alan Grant	**Sam Neill**
Dr Ellie Sattler	**Laura Dern**
Ian Malcolm	**Jeff Goldblum**
John Hammond	**Richard Attenborough**
Robert Muldoon	**Bob Peck**

Director Steven Spielberg (1993, PG) (S) (AD) (W) (HD)

9.00 ***New.*** **Ibiza Weekender**
7/10 *Series 6.* Reality show following revellers and reps on the holiday island.
Repeated Tuesday 1.25am (S) (HD)

10.00 Family Guy
Series 10. Meg travels to Europe.
10.30 *Series 11.* Meg reveals her infatuation with a boy at school.
10.55 *Series 10.* Peter joins the Tea Party and shuts government down. (S) (AD) (HD)

11.25 American Dad!
Series 15. Klaus lays claim to have invented the high five. (S) (AD) (HD)
11.55 *Series 12.* The Smiths discover a salt deposit beneath their garden. (S) (AD) (HD)
12.25am The Cleveland Show (S) (AD) (HD)
12.50 The Stand Up Sketch Show (S) (HD)
1.25 Timewasters; double bill (S) (AD) (HD)
2.25 Don't Hate the Playaz (S) (HD)
3.15–3.30am Nightscreen (HD)

ITV2+1 **Freeview** 27 **Freesat** 114 **Sky** 218 **Virgin** 116

ITV3 10



Agatha Christie's Poirot *10.00pm* A brutal murder occurs on a train

Freeview 10 **Freesat** 115 **Sky** 119 **Virgin** 117/**HD** 177

6.00am That's My Boy (S) **7.00** Coronation Street: omnibus. The Barlows and Platts convene for Adam and Sarah's wedding (S) (SL) (AD) (HD) **9.55** Emmerdale: omnibus. Marlon feels betrayed, and Vanessa receives a date for her surgery (S) (SL) (AD) (HD)
12.55pm Midsomer Murders (S) (AD)

4.55pm Agatha Christie's Poirot
The Incredible Theft. An aircraft manufacturer hosts a party to trap a spy, but his wife expects problems. (S) (HD)

6.00 Midsomer Murders
Let Us Prey. A spate of murders in Midsomer St Claire seems to have been inspired by macabre medieval frescos. (S) (AD) (HD)

8.00 Paul O'Grady's Animal Orphans
2/2. Paul helps out at a sun bear conservation centre, where new arrival Tan Tan gets an enclosure that replicates forest conditions. (S) (HD)

9.00 Joanna Lumley's Trans-Siberian Adventure
2/3. The actress is in Mongolia, where she spends time with native nomads and visits a giant statue of Genghis Khan, as well as a gold mine. (S) (AD) (HD)

10.00 Agatha Christie's Poirot
Murder on the Orient Express. When a shady American businessman asks the Belgian sleuth to watch his back during a train journey, Poirot refuses. The next day the man is found stabbed to death. (S) (AD) (HD)

Hercule Poirot	**David Suchet**
Edward Masterman	**Hugh Bonneville**
John Arbuthnot	**David Morrissey**
Princess Dragomiroff	**Eileen Atkins**
Lieutenant Morris	**Tristan Shepherd**
Lieutenant Blanchflower	**Sam Crane**
Samuel Ratchett/Cassetti	**Toby Jones**
Hector McQueen	**Brian J Smith**

12.05am Scott & Bailey (S) (AD) (HD) **2.05** The Halcyon (S) (AD) (HD) **2.55** Emmerdale (S) (SL) (AD) (HD) **5.15** That's My Boy (S)
5.45–6.00am Nightscreen

+1 **F'view** 34 *(9pm–midnight)* **F'sat** 116 **Sky** 219 **Virgin** 174

Drama 20



The Casual Vacancy *10.00pm* The Mollisons prepare for the election

Freeview 20 **Freesat** 158 **Sky** 143 **Virgin** 130

7.10am Doctor Finlay (S) **8.00** The Bill (S)
12 noon Hetty Wainthropp Investigates: double bill (S) **2.00pm** Cranford: Return to Cranford: double bill (S) (HD)

6.00pm Miss Marple
Murder at the Vicarage. An unpopular colonel is found dead in the vicarage of St Mary Mead and investigations reveal no shortage of suspects, including the vicar and members of the victim's family. (S) (AD)
8.00 Sleeping Murder. A newlywed, recently arrived in England from New Zealand, starts to see disturbing visions of a strangled corpse in the hallway of her dream home. (S) (AD)

Miss Marple	**Joan Hickson**
Lawrence Redding	**James Hazeldine**
Rev Leonard Clement	**Paul Eddington**
Griselda Clement	**Cheryl Campbell**
Colonel Lucius Protheroe	**Robert Lang**
Gwenda	**Geraldine Alexander**
Giles	**John Moulder-Brown**
Mrs Cocker	**Joan Scott**
Foster	**Jack Watson**

10.00 The Casual Vacancy
2/3. As the parish council election approaches, Pagford is on tenterhooks awaiting the next online post from "The Ghost of Barry Fairbrother". But who is the mysterious ghost? And is anyone safe from humiliation? (AD) (HD)

Howard Mollison	**Michael Gambon**
Samantha Mollison	**Keeley Hawes**
Barry Fairbrother	**Rory Kinnear**
Shirley Mollison	**Julia McKenzie**
Krystal Weedon	**Abigail Lawrie**

11.20 The Last Post
4/6. Tilbrook and Markham visit an important prisoner as the search gets under way. Alison confides in Honor about her affair as she finds herself unable to continue with her pregnancy. (AD) (HD)
12.20am The White Princess: the York princesses are strategically married off to strengthen the Tudor cause (S) (AD) (HD)
1.35–4.00am New Tricks (S)

Drama +1 **Sky** 243 **Virgin** 226

ITV4 24

Freeview 24 **Freesat** 117 **Sky** 120 **Virgin** 118/**HD** 178

6.00am ***New.*** Auto Mundial (S) (HD) **6.25** World Superbike Highlights (S) (HD) **7.25** The Motorbike Show (S) (HD) **8.25** Minder (S) (SL) (AD) **9.30** The Sweeney (S) **10.35** The Professionals: Doyle is shot by an intruder in his flat (S) (AD) **11.35** Monster Carp (S) (HD)
12.35pm Snooker v Darts (S) (HD) **12.45 LIVE** Darts: coverage of the afternoon session on day three of the UK Open at the Butlin's Minehead Resort. Jacqui Oatley presents (S) (HD) **5.00** River Monsters (S) (HD)
6.00pm ***New.*** **Cycling** Action from stage one of the Paris-Nice, featuring a 154km route starting and finishing in Plaisir. (S) (HD)
7.00 LIVE Darts The evening session on day three of the UK Open, as the event concludes with the semi-finals and final. (S) (HD)
11.00 Giant Lobster Hunters The real-life dramas of six captains as they go in search of lobsters in the Southern Ocean – Australia's deadliest stretch of water. (S) (HD)
12 midnight Fishing Impossible (S) (HD)
1.00am The Sweeney (S) (SL) **2.05** Minder (S) (SL) (AD) **2.55–3.00am** Nightscreen (HD)

ITV4 +1 **Freesat** 154 **Sky** 220 **Virgin** 175

ITVBe 26

Freeview 26 **Freesat** 118 **Sky** 131 **Virgin** 119/**HD** 179

7.00am Little Women: LA (S) (HD) **7.50** The Real Housewives of Beverly Hills (S) (HD) **8.50** Be Beautiful (S) (AD) (HD) **9.00** LittleBe
12 noon Be Beautiful (S) (AD) (HD)
12.10pm Income Property (S) (HD) **12.40** The Real Housewives of New York City (S) (HD) **5.15** Bethenny & Fredrik (S) (HD)
6.15pm ***New.*** **The Bachelor** Colton takes all the remaining women to Portugal. (S) (HD)
8.00 Sam and Billie Faiers: the Mummy Diaries The sisters attend Sam's launch party, but things get heated. (S) (AD) (HD)
9.00 ***New.*** **Botched** Medic Paul Nassif attends to a woman's jowls, while colleague Terry Dubrow helps a patient desperate to downsize her breasts. First shown on E! (HD)
10.00 ***New.*** **The Real Housewives of Potomac** Kate has disappeared, and everyone is shocked to find out where she is. Gizelle does her best to battle mother nature. (S) (AD) (HD)
11.00 The Real Housewives of Orange County Tamra tries to broker peace between Keely and Shannon. (S) (HD)
12 midnight–12.55am Growing Up Chrisley (S) (HD)

ITVBe +1 **Freesat** 119 **Sky** 231 **Virgin** 120

Dave 19

F'view 19 **F'sat** 157 **Sky** 111 **Virgin** 127/**HD** 227 **BT HD** 387

7.10am The Hurting (S) (HD) **8.00** Steve Austin's Broken Skull Challenge (HD) **9.00** Top Gear (S) (AD) **11.00** Cops UK: Bodycam Squad (S) (HD)
1.00pm American Pickers (S) (HD) **2.00** Aussie Pickers (HD) **3.00** American Pickers (S) (HD) **4.00** Would I Lie to You? (S) (HD)
6.00pm Soapbox Race Coverage of the offbeat event from Seattle. (HD)
7.00 Border Force: America's Gatekeepers A new recruit who is fresh out of training school uncovers 12kg of cocaine. (S) (AD) (HD)
8.00 ***New.*** More than 100 boxes of drugs are discovered inside a vehicle. (AD) (HD)
9.00 Have I Got a Bit More News for You Hosted by Richard Ayoade. (S) (HD)
10.00 QI Presented by Sandi Toksvig, with Joe Lycett, Phil Wang and Ellie Taylor. (HD)
11.00 The Misadventures of Romesh Ranganathan The comedian tests his preconceptions of Albania. (AD) (HD)
12 midnight Mock the Week (S) **12.40am** Room 101 (S) (HD) **2.00** Jon Richardson: Ultimate Worrier (S) (HD) **2.50–4.00am** The Misadventures of Romesh Ranganathan (AD) (HD)

Dave Ja Vu **Freeview** 79 **Sky** 211 **Virgin** 131

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

More4 18



999: on the Front Line *9.00pm* Paramedics Floss and Orlaigh

Freeview 18 **Freesat** 124 **Sky** 136 **Virgin** 147/**HD** 195

8.55am Car SOS: double bill (S) (AD) (HD)
11.00 Come Dine with Me (S) (HD)
1.40pm Four in a Bed (S) (HD)

4.20pm Come Dine with Me
From Northamptonshire. (S) (HD)

7.00 The Great Pottery Throw Down
Ep 9. The four remaining amateur potters take part in the semi-final, facing their biggest challenge so far when they are asked to create a fully functioning toilet.
Shown last Wednesday (S) (AD) (HD)

8.00 Emergency Helicopter Medics
In Yorkshire, a man requires urgent care after falling from his motorbike. (S) (AD) (HD)

9.00 *New.* 999: on the Front Line
Ep 6 *Series 4.* A 60-year-old patient is suffering from severe chest pains. (S) (HD)

10.00 24 Hours in A&E
A 75-year-old man is treated after a suspected heart attack. (S) (AD) (HD)

11.05 999: What's Your Emergency?
Shifting attitudes to cannabis. (S) (AD) (HD)

12.10am 999: on the Front Line (S) (HD)
1.15 24 Hours in A&E (S) (AD) (HD) **2.20** Ramsay's Kitchen Nightmares USA (S)
3.20–3.45am Father Ted (S) (AD)

More4 +1 **Freeview** 86 **Freesat** 125 **Sky** 236 **Virgin** 196

E4 13

Freeview 13 **Freesat** 122 **Sky** 135 **Virgin** 106/**HD** 145

6.00am Hollyoaks: omnibus (AD) **8.30** Man with a Plan: five episodes (AD) **11.00** The Goldbergs (AD) **11.30** Schooled (AD)
12 noon FILM Diary of a Wimpy Kid 3: Dog Days ★★ Comedy starring Zachary Gordon (W) **1.55pm** Young Sheldon (AD) **2.50** Brooklyn Nine-Nine (AD) **3.50** The Big Bang Theory (AD) **5.40** Zoey's Extraordinary Playlist (AD)
6.45pm FILM 27 Dresses ★★★ Romantic comedy starring Katherine Heigl, Malin Akerman and James Marsden. Jane Nichols is the best friend a girl could have; not only is she willing to serve as bridesmaid, but will also help organise the wedding. Then the possibility of standing by her sister's side as her sibling marries the man she's secretly in love with prompts the perennial wallflower to take stock of her life. **Review p36.** (AD) (W)
9.00 *New.* Celebs Go Dating Charlotte Dawson is back at the agency, and this time in need of some couples counselling.
10.00 Naked Attraction A 60-year-old hopes to find the perfect partner. (AD)
11.05 *New.* Star Trek: Discovery *13/15.* Lorca plans to move forward with a coup, forcing Burnham to make a quick decision. (AD)
12.10am The Big Bang Theory (AD) **1.05** Celebs Go Dating **2.10** Naked Attraction (AD) **3.05** Star Trek: Discovery (AD) **3.55–6.00am** Hollyoaks (SL) (AD)
E4 +1 **Freeview** 28 **Freesat** 123 **Sky** 235 **Virgin** 146

Sony Channel 48

Freeview 48 *(limited)* **Freesat** 142 **Sky** 157 **Virgin** 189

6.00am Touched by an Angel **9.00** Murder, She Wrote **6.00** Murder, She Wrote: the Cabot Cove residents fall victim to a callous development scheme **7.00** The Persuaders!: double bill. Mystery surrounds a mansion belonging to Brett, then Danny and Brett track a murderer **9.00** Who Wants to Be a Millionaire?: triple bill **12 midnight** Celebrity Who Wants to Be a Millionaire? Family Special **1.00am** Starsky & Hutch **2.00** TJ Hooker **3.00** M*A*S*H **3.30** The Persuaders! **5.10–6.00am** Touched by an Angel
Sony Channel +1 **Freesat** 152 **Sky** 257

Paramount Network 31



Next of Kin *9.00pm* Tragedy befalls the Gates brothers in Chicago

Freeview 31 **Freesat** 132 **Sky** 150 **Virgin** 187/**HD** 150

9.00am Access (S) (HD) **9.10** Criminals: Caught on Camera (S) (HD) **9.40** Can't Pay? We'll Take It Away: triple bill (S) (HD)
12.40pm Killer Weather: Nature Fights Back (HD) **2.40 FILM** In Old California ★★ Western starring John Wayne (BW) (HD)
4.30 FILM Vengeance Valley ★★★ Western

6.15pm Silverado ★★★★
Western starring Kevin Kline, Scott Glenn and Kevin Costner.
Director Lawrence Kasdan (1985, PG) (S)

9.00 Next of Kin ★★
Crime drama starring Patrick Swayze and Liam Neeson. A hillbilly cop is happy to work the rough Chicago streets until his younger brother is murdered by a vicious mobster.
Director John Irvin (1989, 15) (HD)

11.15 A Dangerous Man ★★
Action thriller starring Steven Seagal. Framed for a murder he did not commit, an ex-Special Forces operative is released from prison after six years. But a good deed soon puts him into danger.
Director Keoni Waxman (2009, 18) (S) (HD)

1.10am Spartacus: War of the Damned (HD) **3.25** The X-Files (S) (HD) **5.00** Now That's Funny! (S) (HD) **5.50–6.00am** Access (S) (HD)
Paramount Network +1 **Sky** 250

4seven 47

Freeview 47/**HD** 110 **Freesat** 127 **Sky** 137 **Virgin** 143

9.00am Come Dine with Me: double bill **11.00** A Place in the Sun: five editions
4.00pm Ramsay's Kitchen Nightmares USA
6.00pm Ramsay's Kitchen Nightmares USA The chef helps the owners of Jack's Waterfront turn their restaurant around. **7.00** Helping a French bistro in New Jersey. **8.00** The chef tries to help a struggling seafood restaurant in Manhattan.
9.00 100kg Kids: Obesity SOS Following patients in the Bristol Royal Hospital for Children, Britain's leading childhood obesity clinic, featuring five-year-old Liliana whose extreme appetite is a cause for concern.
10.00 Prison *3/3* *Series 2.* The difficulties of being a mother in prison, with staff at Foston Hall believing that keeping family contact is vital to reducing reoffending.
11.05 First Dates *Ep 3* *Series 14.* Wedding singer Georgina has a blind date. (AD)
12.10am Hunted **1.15** The Supervet **2.20** The Dog House **3.25** Kirstie and Phil's Love It or List It **4.20–4.50am** Four in a Bed

Pick 11

Freeview 11 **Freesat** 144 **Sky** 152 **Virgin** 165

6.00am Border Patrol **8.00** UK Border Force (AD) **9.00** Highway Patrol **10.30** Highway Cops (AD) **12 noon** The Dog Whisperer **2.00pm** Monkey Life **6.00** Monkey Life: four editions. Rescued chimp Kiki finally ventures into the big outdoors **6.30** Woolly monkey Koona is unwell, and baby Sylvester is introduced to the other orangutans **7.00** Kiki has a tough time when she meets troop leader Cherry **7.30** Capuchin monkey Tel proves a hit with the females **8.00** Nothing to Declare (AD) **9.00** Britain's Most Evil Killers: the story of serial killer Trevor Hardy **10.00** How I Caught the Killer **11.00** Murders That Shocked the Nation: how the investigation into the murder of Philip Inhofer at his home in Sacramento led police to a 20-year-old call girl known as Bat Girl
12 midnight World's Most Evil Killers (AD) **1.00am** Road Wars (AD) **4.00–6.00am** Motorway Patrol
Pick +1 **Freeview** 92 **Freesat** 145 **Sky** 252

5 USA 21

Freeview 21 **Freesat** 129 **Sky** 141 **Virgin** 153

9.00am Columbo: the Greenhouse Jungle (S) **10.20** Columbo Goes to College (S) (AD) **12.20pm** Columbo: the Most Dangerous Match (S) **1.50** Columbo: the Conspirators (S) **3.55** Columbo: a Deadly State of Mind (S) **5.30** Columbo: Murder in Malibu (S) **7.30** Columbo: Mind over Mayhem (S) **9.00** Law & Order: Criminal Intent *Series 6.* The members of an evangelical church close ranks to protect their leader when his wife is found dead, hampering Goren's efforts to find her killer (S) **10.00** Law & Order: Special Victims Unit (S) **1.50am** Law & Order: Los Angeles (S) **3.50–4.00am** Access: showbiz news and gossip
5 USA +1 **F'view** 56 (not 2-4am) **F'sat** 130 **Sky** 241 **Virgin** 185

5 Star 30

Freeview 30 **Freesat** 131 **Sky** 128 **Virgin** 151

8.00am 3rd Rock from the Sun (S) (HD) **8.20** Two and a Half Men (S) (HD) **12.55pm** Can't Pay? We'll Take It Away (S) (HD) **5.55** Nightmare Tenants, Slum Landlords: Hamza lets a neighbour's friend stay in his council flat for a week (S) (HD) **6.55 FILM** Jumanji ★★★★ Fantasy adventure starring Robin Williams (S) (HD) **9.00 FILM** Hansel & Gretel: Witch Hunters ★★★ Action fantasy starring Jeremy Renner and Gemma Arterton (S) (AD) (HD) **10.45 FILM** 28 Weeks Later ★★★★ Horror sequel to *28 Days Later...*, starring Rose Byrne, Catherine McCormack and Robert Carlyle (S) (HD)
12.45am Young, Dumb and Banged Up in the Sun (S) (AD) (HD) **1.40** Benefits Britain: Life on the Dole (S) (HD) **3.35–4.00am** Two and a Half Men (HD)
5 Star +1 **Freeview** 55 **Freesat** 141 **Sky** 228 **Virgin** 186

5 Select 54

Freeview 54 **Freesat** 133 **Sky** 153 **Virgin** 152

9.00am Access **9.10 FILM** The Divided Heart ★★ (BW) **10.55 FILM** Nicholas Nickleby ★★★★ **1.40pm** The Hotel Inspector (S) **3.40** Chris Tarrant: Extreme Railway Journeys (S) **6.35** Chris Tarrant: Railways of the Somme: Chris examines the train's role in the First World War **8.00** Secrets of Henry VIII's Palace (S) **9.00** Henry VIII and the Seductive Queen: Katherine of Aragon and Anne Boleyn (S) **11.00** Killer Weather: Nature Fights Back **12 midnight** Weather Gone Viral **1.00am** Portillo's Hidden History of Britain **2.00–4.00am** GPs: behind Closed Doors

CBS Justice 39

Freeview 39 **Freesat** 137 **Sky** 148 **Virgin** 192

8.30am Tomorrow's World **9.00** Diagnosis Murder **11.00** Perry Mason **2.15pm** NCIS **6.00pm** NCIS **7.00** Scorpion: double bill. A nuclear-powered satellite is knocked out of orbit, then a woman from Cabe's past asks for help in apprehending a Serbian war criminal **9.00** NCIS: Los Angeles: five back-to-back episodes **2.00am** Perry Mason **4.05** The High Chaparral **4.55–6.00am** Mission: Impossible
CBS Justice +1 **Freeview** 69

CBS Drama 71

Freeview 71 **Freesat** 134 **Sky** 147 **Virgin** 197

7.30am The Key of David **8.00** Home Shopping **9.00** The Father Dowling Mysteries **2.00pm** Unsolved Mysteries **6.00** Matlock: five episodes. The attorney represents a Vietnamese fisherman **7.00** After a woman finds a body, she is accused of murder **8.00** Ben's neighbour is suspected of a crime **9.00** Ben is approached by an old protégé to defend the British ambassador **10.00** Ben continues his defence of the ambassador **11.00** CSI: Miami (HD) **4.00–6.00am** Judge Judy

Horror Channel 70

Freeview 70 **Freesat** 138 **Sky** 317 **Virgin** 149

8.00am FILM Post Impact ★★ Action adventure **9.50** Highlights **10.00** Star Trek: Voyager **3.00pm FILM** Locusts: the Eighth Plague ★ Sci-fi horror **4.45 FILM** Terrordactyl ★★ Sci-fi action comedy **6.45 FILM** Malibu Shark Attack ★ Action thriller **8.30** Tales from the Darkside **9.00 FILM** Urban Legend ★★ Horror thriller starring Alicia Witt and Jared Leto **11.00 FILM** Texas Chainsaw Massacre: the Next Generation ★★★ Horror starring Renee Zellweger **12.45am FILM** The Facility ★★ Horror **2.30 FILM** All Cheerleaders Die ★★★ Comedy horror **4.20–4.30am** Highlights

Yesterday 25

Freeview 25 **Freesat** 159 **Sky** 155 **Virgin** 129

6.00am Secrets of the Bible (S) (HD) **7.10** Waterloo Dead (S) (AD) (HD) **8.00** Nazi Victory: the Post-War Plan (S) (HD) **1.00pm** Bangers and Cash: five episodes, starting with a 1980s Capri (S) (HD) **6.00** Murder Maps (S) (HD) **8.00** 'Allo 'Allo!: triple bill. René arranges to sell the *Fallen Madonna* painting **8.40** Fanny and Leclerc are sent to jail **9.20** General von Flockenstoffen decides to launch a raid to capture Churchill (S) **10.00** Bangers and Cash (HD) **11.00** Abandoned Engineering (AD) (HD) **12 midnight** Warbird Workshop (HD) **1.00am** Waterloo Dead (S) (AD) (HD) **2.00–3.00am** Secrets of the Bible (S) (HD)
Yesterday +1 **Sky** 255 **Virgin** 200

Really 17

Freeview 17 **Freesat** 160 **Sky** 142 **Virgin** 128

6.00am Celebrity Fantasy Homes **7.00** Home Shopping **8.00** How to Look Good Naked (HD) **9.00** DIY SOS: the Big Build (AD) (HD) **11.00** Antiques Road Trip (HD) **4.00pm** Homes under the Hammer **8.00** How to Look Good Naked: stylist Gok Wan helps friends Ames and Helen rebuild their confidence (HD) **9.00** The Bad Skin Clinic: a man complains about smelly blisters in his armpits and groin (HD) **10.00** Embarrassing Bodies: Teen Special: troubled teenagers from the West Midlands are given medical advice **11.00** Destination Fear (HD) **12 midnight** Ghost Nation (HD) **1.00am** Most Haunted **2.00** Home Shopping **4.00–6.00am** Antiques Road Trip (HD)

HGTV 42

Freeview 42 **Freesat** 166 **Sky** 158 **Virgin** 279

7.00am House Hunters International (HD) **8.00** Escape to the Country (HD) **10.00** Bargain Hunt (HD) **12 noon** Flog It! (HD) **2.00pm** My Dream Derelict Home (AD) (HD) **3.00** Escape to the Country (HD) **5.00** Bargain Hunt (HD) **7.00** A Place in the Sun: Winter Sun: four editions. A house in the south of Costa Blanca **8.00** Searching for a property in Orlando **9.00** A property on the Caribbean island of St Lucia **10.00** The Costa del Sol (HD) **11.00** Escape to the Country (AD) **12 midnight** Bargain Hunt (HD) **2.00am** Island Life (HD)**3.00–4.00am** Our House
HGTV +1 **Sky** 258 **Virgin** 283

Quest 12

F'view 12/**HD** 114 **F'sat** 172/**HD** 167 **Sky** 144 **Virgin** 169

6.00am Deadly Dragon of Borneo: Expedition Mungo (HD) **7.00** Find It, Fix It, Flog It (HD) **8.00** Salvage Hunters (HD) **9.00** Wheeler Dealers (HD) **10.00** EFL on Quest (HD) **12 noon** American Pickers (HD) **1.00pm** American Pickers: Best Of (HD) **4.00** American Pickers (HD) **5.00** Fantomworks (HD) **6.00** Wheeler Dealers (AD) (HD) **7.00** Find It, Fix It, Flog It: Simon O'Brien a collection of replica Rolls-Royce cars (HD) **8.00** Born Mucky: Life on the Farm: following three British farmers trying to run very different family farms (HD) **9.00** Salvage Hunters (HD) **11.00** Hunting Hitler (HD) **12 midnight** Treasure Quest: Snake Island (HD) **1.00am** Supertruckers (HD) **2.00** American Chopper (AD) **3.00** Fantomworks (HD) **5.00–6.00am** How It's Made (HD)
Quest +1 **F'view** 76 (7pm-4am) **F'sat** 168 **Sky** 244 **Virgin** 213

Challenge 46

Freeview 46 **Freesat** 146 **Sky** 151 **Virgin** 164

7.00am Ninja Warrior Women Tournament **8.00** Total Wipeout (AD) **9.00** Catchphrase (AD) **2.00pm** The Chase **3.00** Pointless **5.00** The Chase **7.00** All Star Family Fortunes: triple bill. With Kelvin Fletcher and Austin Healey **7.40** Andrew Castle and Tina Hobley **8.20** Bobby Davro and Jo Wood **9.00** The Chase Celebrity Special (AD) **10.00** Celebrity Who Wants to Be a Millionaire? (AD) **11.00** Who Wants to Be a Millionaire? **2.00–6.00am** The Chase
Challenge +1 **Freesat** 147 **Sky** 251 **Virgin** 230

BBC Parliament 232

Freeview 232 **Freesat** 201 **Sky** 504 **Virgin** 605

6.00am Westminster Hall: House of Commons proceedings **10.55** Prime Minister's Questions **11.30** The Week in Parliament **12 noon** Washington Journal **2.00pm** America This Week **3.00** HARDtalk **3.30** BOOKtalk **3.45** The View **4.30** Politics Scotland **5.00** Sunday Politics Northern Ireland **5.30** Politics Wales **6.00pm** Question Time **7.00** The Andrew Marr Show **8.00** Select Committees **12 midnight** Politics London **12.30–6.00am** Political Highlights

Listings for **PBS America**, **Smithsonian** see over. **Film4** and other **Freeview movie** channels: **p62**

SUNDAY Satellite & cable



Magnum P.I. *8.00pm* The team are in for a big surprise

Sky 1

Sky 106 **Virgin** 110/**HD** 109 **BT** 340/**HD** 355

6.00am Hour of Power (HD) **7.00** Monkey Life (S) (AD) **8.00** Modern Family (S) (HD) **10.30** The Simpsons (S) **12 noon** Magnum P.I. (S) (HD) **1.00pm** NCIS: Los Angeles (S) (HD) **4.00** The Simpsons (S) (HD)

6.00pm The Simpsons Bart fakes his own kidnapping. **6.30** Same-sex marriage is legalised in Springfield. **7.00** Bart drives Lisa to distraction on a school trip to a glacier. **7.30** Todd Flanders stops believing in God. (HD)

8.00 *New.* Magnum P.I. ***Ep 11*** *Series 2.* Magnum gets called up from the reserves for a top-secret mission. (S) (HD)

9.00 *New.* Hawaii Five-0 ***Ep 11*** *Series 10.* A helicopter tragedy leads the team to a ghost from McGarrett's past. (S) (HD)

10.00 *New.* NCIS: Los Angeles ***Ep 11*** *Series 11.* Callen and Sam contemplate their future. (HD)

11.00 SEAL Team *Ep 9* *Series 3* The unit protects aid convoys in an Ebola hot zone. (HD)

12 midnight S.W.A.T. (S) (AD) (HD) **1.00am** The Force: Manchester (S) (HD) **2.00** Caught on Dashcam (S) (AD) (HD) **4.00–6.00am** Air Ambulance ER: double bill (S) (HD)

Sky 1 +1 **Sky** 206



Game of Thrones *9.00pm* Khal Drogo vows revenge

Sky Atlantic

Sky 108 **BT** 342/**HD** 357

6.00am Richard E Grant's Hotel Secrets (S) (AD) (HD) **8.00** The British (S) (AD) (HD) **9.00** Without a Trace (S) (HD) **4.00pm** Blue Bloods (HD)

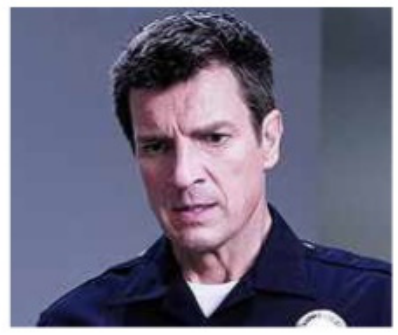
6.00pm Blue Bloods *8/22* *Series 2.* Henry suffers a heart attack during the Reagans' Thanksgiving celebrations. **7.00 *9/22.*** A contract killer agrees to show Danny where he dumped the bodies of his victims. **8.00 *10/22.*** Erin enlists Danny and Jackie's help to find the killer of an informant. (S) (AD) (HD)

9.00 Game of Thrones *7/10* *Series 1.* Ned confronts Cersei about Jon Arryn's death and Khal Drogo vows revenge on the Seven Kingdoms. (S) (AD) (HD) **10.15 *8/10.*** The Lannisters launch their bid for the throne and Daenerys tries to reconcile her lust for power. (S) (AD) (HD)

11.30 The Outsider *9/10.* Ralph and Yunis interview witnesses from the cave festival. Later, the group considers its next move as Claude deals with the weight of his role. (HD)

12.35am Oz **1.50** Dolittle Special (HD) **2.00 *New.*** The Outsider ***10/10*** The group faces a showdown Rptd Mon 9pm (HD) **3.05** The End (HD) **3.40** Californication (S) (HD) **4.15–6.00am** The British (S) (AD) (HD)

Sky Atlantic +1 **Sky** 208



The Rookie *9.00pm* Officer Nolan has a tense birthday

Sky Witness

Sky 107 **Virgin** 112/**HD** 111 **BT** 341/**HD** 356

6.00am Nothing to Declare (S) (AD) **9.00** Sun, Sea and A&E (S) **12 noon** Stop, Search, Seize (S) (AD) (HD) **1.00pm** UK Border Force (S) (HD)

2.00pm Border Security: Australia's Front Line Ten editions following Australian Customs and Border Protection officers. (S) (HD)

7.00 Ghost Whisperer *1/18* *Series 3.* Melinda confronts her mother in an effort to find out more about her father. (S) (HD) **8.00 *2/18.*** A college girl who died while trying to summon the ghost of Bloody Mary returns to haunt her friends. (S) (HD)

9.00 The Rookie *8/20* *Series 2* Two of the rookies are set to receive special awards. Nolan starts his birthday babysitting a crime scene in a law office. (HD)

10.00 Criminal Minds ***4/10*** *Series 15.* As the BAU team enjoy a Saturday off, Garcia leads a hacking competition. (HD)

11.00 Blue Bloods *Ep 1* *Series 10* Danny and Baez grapple with a year-old homicide investigation brought to their attention. (HD)

12 midnight Law & Order: Special Victims Unit: double bill **2.00am** Ghost Whisperer (S) (HD) **4.00–6.00am** Nothing to Declare (S)

Sky Witness +1 **Sky** 207 **Virgin** 180



Stacey Dooley Sleeps Over *9.00pm* A Brighton family

W

Sky 109 **Virgin** 125/**HD** 211 **BT** 311/**HD** 383

6.10am One Born Every Minute (S) (HD) **11.00** Emma Willis: Delivering Babies: six editions (S) (HD)

5.00pm The Wedding Fixer With Daniel, who is laid-back, and fiancé Adam, who is obsessing about the entire thing. (AD) (HD) **6.00** A low-cost Indian fusion wedding in Canterbury. (AD) (HD)

7.00 Never Seen a Doctor A woman who uses chewing gum to disguise her damaged teeth. (HD) **8.00** A 21-year-old attempts to turn things around after years of dental neglect. (HD)

9.00 Stacey Dooley Sleeps Over Stacey spends time with a Brighton couple who believe their children do not need rules. (S) (AD) (HD)

10.00 Stacey Dooley in the USA Central Americans who cross illegally into the USA. (S) (AD) (HD)

11.00 One Born Every Minute Emma Bunton visits Southmead Hospital to support the work of the maternity unit's charity. (S) (HD) **12 midnight** Cameras follow three very different men as they prepare for fatherhood. (S) (HD)

1.00am Emily Atack: Adulting (S) (HD) **1.50** Code Black (S) (AD) (HD) **2.35–3.00am** Renovate My Home: Leave It to Bryan (S) (HD)

W +1 **Sky** 209 **Virgin** 190



The Vicar of Dibley *1.00pm* Alice welcomes Geraldine

Gold

Sky 110 **Virgin** 124 **BT** 310/343/**HD** 358/392

7.45am The Two Ronnies (S) **8.40** Only Fools and Horses (S) (AD) **10.25 FILM** Annie ★★★ Musical comedy. **Review page 36** (S) (W) (HD) **1.00pm** The Vicar of Dibley (S) (AD)

6.20pm The Vicar of Dibley Geraldine is keen to find a celebrity to open the autumn fair in style. Featuring a guest appearance by Kylie Minogue. **7.05** A violent storm destroys St Barnabas's stained glass window. **7.45** Election fever hits the village, and Geraldine discovers she is a popular candidate. **8.20** Geraldine conducts a radical Sunday service. (S) (AD)

9.00 The Royle Family Nana is now the centre of attention after moving in, and Antony is a successful businessman. (S) (AD)

10.15 Absolutely Fabulous Edina and Patsy hit the bottle. (S) (AD) **10.55** Edina is visited by model Penny Caspar-Morse. (S) (AD)

11.35 300 Years of French and Saunders The duo celebrate the 30th anniversary of their eponymous sketch show. (HD)

12.35am Smack the Pony (S) (AD) **2.10** 300 Years of French and Saunders (HD) **3.05–4.00am** Absolutely Fabulous (S) (AD)

Gold +1 **Sky** 210 **Virgin** 194

Sky Arts

Sky 122 **Virgin** 123/**HD** 156 **BT** 348/**HD** 363

6.00am Discovering Dance on Film (S) (HD) **7.30** Tales of the Unexpected (S) **10.00** Discovering: Richard Gere (S) (HD) **11.00** Discovering: Dennis Hopper (S) (HD) **12 noon** Discovering: Sissy Spacek (S) (HD) **1.00pm** Discovering: Alan Rickman (S) (HD) **2.00** Discovering: Marlene Dietrich (S) (AD) (HD) **3.00** RT **CHOICE *New.*** Beyond the Grace Note **See page 54** (HD) **4.25** Imelda May: Live at Baloise Session (S) (HD)

6.00pm Portrait Artist of the Year The nine contestants are challenged to paint Ken Stott, Mike Leigh and Lydia Leonard. (S) (HD)

7.00 Margaret Atwood: a Word after a Word after a Word Is Power Following the author over the course of a year, offering a glimpse into her world. (S) (HD)

9.00 What Was Virginia Woolf Afraid Of? Exploring the author's life and career, with expert contributors discussing Woolf's impact on literature and the modern world. (HD)

10.00 Suzi Q ★★★ Documentary about Suzi Quatro, the Detroit-born rocker who burst onto the scene in 1973. **Review page 36.** (S) (W) (HD)

12 midnight FILM Bad Reputation ★★★ The life of Joan Jett (S) (W) (HD) **2.00am FILM** Janis: Little Girl Blue ★★★★ Documentary (S) (W) (HD) **4.00** Hard Beauty: Helaine Blumenfeld (S) (HD) **5.00–6.00am** Seeing Daylight: the Photography of Dorothy Bohm (S) (HD)

Sky Crime

Sky 121 **Virgin** 136/**HD** 135 **BT** 347/**HD** 362

6.00am Motorway Patrol (S) (AD) **11.00** Highway Patrol (S) **12 noon** Highway Cops (S) (AD) **1.00pm** Brit Cops: Rapid Response (S) (AD) **3.00** Road Wars (S) **6.00** Snapped: three editions **9.00 *New series.*** The Disappearance of Natalee Holloway: double bill. A father attempts to find his daughter, then investigators follow up on a lead **11.00 *New.*** The Disappearance of Crystal Rogers: double bill. A new witness steps forward, then an informant sheds more light **1.00am** Dateline **2.00** World's Most Evil Killers **3.00** How I Caught the Killer (S) **4.00** Road Wars (S) **5.00–6.00am** Motorway Patrol (S) (AD)

Sky Crime +1 **Sky** 221 **Virgin** 207

Sony Crime

Freesat 143 **Sky** 179 **Virgin** 193

6.00am Speeders **7.00** Bait Car: Atlanta **9.00** Speeders **11.00** Bait Car: Atlanta **1.00pm** Speeders **7.00** Speeders: four editions. A driver heads in the wrong direction down a one-way street **7.30** Two lawyers cause problems for an officer **8.00** A San José mother is lost for words when she is pulled over **8.30** A New Jersey mother re-enacts the moment officers stopped her **9.00** Bait Car: Atlanta: how the police catch car thieves in the act by arranging bait vehicles equipped with tracking devices and hidden cameras **11.00** Speeders **12 midnight** Bait Car: LA **1.00am** Speeders **3.00** Bait Car: Atlanta **4.00** Speeders **5.00–6.00am** Bait Car: LA

Sky 2

Sky 168 **Virgin** 160

7.00am 60-Minute Makeover (S) **10.00** My Kitchen Rules: South Africa (S) **3.00pm** Stargate SG-1 (S) **6.00** Road Wars: double bill. Police officers engage in a high-speed pursuit, then members of the Road Crime Unit chase a drug dealer (S) **8.00** Chicago Med: Dr Halstead's world is thrown into turmoil when a former patient resurfaces **9.00** Chicago Fire: Brett clashes with Foster **10.00** Chicago PD: the team turn their attention to an arms dealer **11.00** Law & Order: Special Victims Unit: Kat crosses the line **12 midnight** The Rookie: it's Nolan's birthday **1.00am** The Good Doctor **2.00** Criminal Minds **3.00** Blue Bloods **4.00** Duck Quacks Don't Echo (S) (AD) **5.00–6.00am** Zoo Tales (S) (AD)

Syfy

Sky 114 **Virgin** 138/**HD** 137 **BT** 319/346/**HD** 375/361

6.00am FILM Jack the Giant Killer ★ **8.00** Home Shopping **11.00** Star Trek: Voyager **3.00pm FILM** Collision Earth ★★ **5.00 FILM** Matilda ★★★★ Comic fantasy based on the book by Roald Dahl, starring Mara Wilson and Danny DeVito **7.00** Hooten & the Lady **9.00** P **FILM** Armed Response ★ Horror starring Wesley Snipes and Anne Heche **11.00 FILM** Bounty Killer ★★★ Futuristic thriller starring Matthew Marsden and Christian Pitre **1.00am FILM** Sinister Squad ★★ **3.00** Dimension 404 **4.00–6.00am FILM** Adventures of Aladdin ★

Syfy +1 **Sky** 214 **Virgin** 229

Sky Comedy

Sky 113 **Virgin** 122/**HD** 121 **BT** 345/**HD** 360

8.00am Everybody Hates Chris (HD) **9.00** The Mindy Project (HD) **1.00pm** Parks and Recreation (HD) **8.30** A.P. Bio: Jack is attracted to a student's mother, so pretends to take an interest in her son (HD) **9.00 *New.*** Saturday Night Live: American sketch show taking a satirical sideswipe at cultural and political issues (HD) **10.30** My Favourite Shapes by Julio Torres: the comedian delivers a multitude of fantastical stories (HD) **11.40** The Righteous Gemstones (HD) **12.25am** Work in Progress (HD) **12.55** Curb Your Enthusiasm (HD) **1.40** Ballers (S) (HD) **2.20** Dana Carvey: Squatting Monkeys Tell No Lies: comedy special (HD) **3.30–5.30am** Everybody Hates Chris (HD)

TLC

Sky 133 **Virgin** 167 **BT** 323/**HD** 377

6.00am Say Yes to the Dress (HD) **7.00** Say Yes to the Dress: Atlanta (HD) **10.00** Say Yes to the Dress (HD) **3.00pm** Say Yes to the Dress: UK (HD) **5.00** Mama Medium (HD) **6.00** I Am Jazz: Jazz faces further complications after her cosmetic revision surgery (HD) **7.00** Sister Wives: Kody admits that he has doubts about polygamy (HD) **8.00** 90 Day Fiancé: before the 90 Days (HD) **11.00** Dr Pimple Popper (HD) **12 midnight** 90 Day Fiancé: before the 90 Days (HD) **3.00am** Dr Pimple Popper (HD) **4.00** Say Yes to the Dress: Atlanta (HD) **5.00–6.00am** Say Yes to the Dress (HD)

TLC +1 **Sky** 233 **Virgin** 172

Comedy Central

Sky 112 **Virgin** 132/**HD** 181 **BT** 307/344/**HD** 370/359

8.00am Friends (S) (AD) (HD) **11.00** Wipeout USA (HD) **1.00pm FILM** Bring It On ★★ Comedy starring Kirsten Dunst (HD) **3.00** Friends: ten back-to-back episodes (S) (AD) (HD) **8.00 FILM** Ace Ventura: Pet Detective ★★★★ Comedy starring Jim Carrey, Courteney Cox and Sean Young. **Review page 36** (S) (HD) **10.00 FILM** Mean Machine ★★★ Prison-set sports comedy based on the 1974 Burt Reynolds film, starring Vinnie Jones and David Kelly (S) **12 midnight** Impractical Jokers (HD) **1.00am** Broad City (S) (HD) **3.50** Bad Robots (S) (HD) **4.15–5.00am** Impractical Jokers (S) (HD)

Comedy Central +1 **Sky** 212 **Virgin** 133

Lifetime

Sky 187 **Virgin** 208 **BT** 329/**HD** 384

7.00am Judge Judy (HD) **1.00pm** Little Women: Atlanta (HD) **4.00** Judge Judy (HD) **8.00** Escaping Polygamy: Jessica and Kollene continue the dangerous mission of helping Suzette find her daughter (HD) **9.00** 24 to Life: a 21-year-old reconciles with his sister to reunite his broken family (HD) **10.00 FILM** Her Stolen Past ★★ Thriller starring Shanice Banton and Darlene Cooke. A young woman investigates after finding the birth certificate of a kidnapped baby in the home of her late mother (W) (HD) **11.45** Little Women: Atlanta (HD) **2.35am** Escaping Polygamy (HD) **3.30–4.00am** Judge Judy (HD)

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Father Brown *5.00pm* The priest looks into an art heist

Alibi

Sky 132 **Virgin** 126/**HD** 212 **BT** 312/**HD** 382

7.40am Miss Marple (S) (AD) **10.00** Death in Paradise (S) (AD) (HD) **2.00pm** The Coroner (S) (AD) (HD)

5.00pm Father Brown ***10/15*** *Series 3.* The priest becomes embroiled in a heist masterminded by his adversary Flambeau. **6.00** ***11/15.*** The priest meets an inventor who comes up with an incredible way of solving his father's murder a year earlier. **7.00** ***12/15.*** Father Brown investigates when a body is found at the stone circle in a polio-stricken village. **8.00** ***13/15.*** A man is found dead in a bank vault, and Father Brown must save an innocent man from paying the price. (S) (AD) (HD)

9.00 Carter ***2/10*** *Series 2.* Harley and the team find themselves facing off with a hitman who has a severed finger. (AD) (HD)

10.00 Murdoch Mysteries ***8/18*** *Series 13.* Murdoch investigates the death of an actor shot on stage during a performance. (HD)

11.00 Frankie Drake Mysteries ***7/10*** *Series 3.* A showgirl falls from the roof of her club. (AD) (HD)

12 midnight The Gulf (AD) (HD) **2.10am** The Coroner (S) (AD) (HD) **3.00–4.00am** Bite Club (S) (AD) (HD)

Alibi +1 **Sky** 232 **Virgin** 191

Discovery History

Sky 171 **Virgin** 257

6.00am Dirty Jobs **8.00** Expedition Unknown **10.00** Mysteries at the Museum **3.00pm** Dirty Jobs

5.00pm Expedition Unknown Josh Gates searches Mexico for clues behind the rise and disappearance of Teotihuacan. **6.00** Josh Gates ventures into the cloud forests of Ecuador's remote central highlands.

7.00 Wildest Indochina A look at Vietnam, which houses around ten per cent of the world's wildlife species in its jungles

8.00 100 Miles From Nowhere Matt, Danny and Blake tackle Oregon's Steens Mountain, where a storm ups the ante and tests the friends' endurance and resolve.

9.00 Ultimate Warfare A look at the Battle of Midway during the Second World War, in which US forces took on the formidable might of the Japanese navy.

10.00 Aircraft Stories The masterminds behind the Soviet space programme, whose accomplishments range from the first satellite and the first ICBMs, to Mir, Buran and the ISS.

11.00 Age of Terror Examining the effect of terror campaigns by national liberation movements. **12 midnight** A look at Che Guevara's legacy in South America. **1.00–6.00am** Mysteries at the Museum: six editions

Discovery History +1 **Sky** 271 **Virgin** 261



Bones *5.00pm* Brennan and Booth identify their suspects

Fox

Sky 124 **Virgin** 157/**HD** 199 **BT** 349/**HD** 364

8.00am Bull (S) (HD) **9.00** Bones (S) (HD) **11.00** The Mentalist (S) (HD) **12 noon** Bones (S) (HD) **1.00pm** NCIS (S) (AD) (HD) **3.00** Bones (S) (HD) **4.00** The Mentalist (S) (HD)

5.00pm Bones ***7/21*** *Series 2* A nine-year-old beauty queen's body has been found at a water treatment plant. (S) (HD) **6.00** ***8/21.*** Brennan and Booth travel to the Nevada desert, where the body of a federal prosecutor has been discovered. (S) (HD)

7.00 NCIS ***Ep 9*** *Series 17.* The team investigates a petty officer's murder that was live-streamed on a popular gaming app. (S) (AD) (HD) **8.00** ***Ep 10.*** Gibbs assists Ziva with the one thing she said she would need to take care of. (S) (AD) (HD)

9.00 War of the Worlds ***1/8*** Sci-fi drama starring Gabriel Byrne and Elizabeth McGovern. (S) (HD) **10.00** ***2/8.*** After the devastating attack, pockets of survivors emerge into a shattered world. (S) (HD)

11.00 Family Guy *Series 2* Peter fights over a trophy. (S) **11.30** Death turns up in Quahog. (S) **12 midnight** Family Guy (S) **2.00am** The Walking Dead (S) (HD) **3.00** American Dad! (S) **4.00–5.00am** Bull (S) (HD)

Fox +1 **Sky** 224 **Virgin** 158

History

Sky 130 **Virgin** 270 **BT** 327/**HD** 379

6.00am Forged in Fire (HD) **10.00** Game Changers: Inside the Video Game Wars (HD) **12 noon** Epic Warrior Women (HD) **3.00pm** Pawn Stars (HD) **4.00** Storage Wars: four editions (HD) **6.00** Mega Mechanics (HD) **7.00** Digging for Britain: Alice Roberts visits archaeological digs in the east of the country (HD) **8.00** The Curse of Oak Island: new evidence suggests French activity on the island decades before the Money Pit's discovery **9.00** ***New.*** The Food That Built America: the roles of tycoons Harland Sanders and the McDonald Brothers. Last in series **11.00** Kings of Pain (HD) **12 midnight** Storage Wars (HD) **2.00am** Pawn Stars (HD) **3.00** Epic Warrior Women (HD) **4.00** Kings of Pain (HD) **5.00–6.00am** Digging for Britain

History +1 **Sky** 230 **Virgin** 271

Animal Planet

Sky 162 **Virgin** 251 **BT** 325/**HD** 378

6.00am My Cat from Hell (S) (AD) (HD) **12 noon** Crikey! It's the Irwins (S) (HD) **4.00pm** The Zoo: San Diego (HD) **5.00** ***New.*** How Do Animals Do That (HD) **6.00** The Zoo (S) (HD) **7.00** Alaska: the Last Frontier (S) (HD) **8.00** The Last Alaskans: Tyler and Ashley trek 15 miles to a lake cabin in search for food (S) (HD) **9.00** Amanda to the Rescue: a stray golden retriever mix that was hit by a car needs rehoming (S) (HD) **10.00** Fear Island: Fortress of the Bears: a team explores the Alaskan wilderness in search of the world's largest bear (HD) **12 midnight** Animal Cops Detroit (S) (AD) **3.50am** Animal Cops San Francisco (S) **4.40** Nature's Strangest Mysteries: Solved (HD) **5.10–6.00am** My Cat from Hell (S) (HD)

Animal Planet +1 **Sky** 262 **Virgin** 259



Lost Secrets *9.00pm* Justin investigates the slave trade

Discovery

Sky 125 **Virgin** 250 **BT** 322/350/**HD** 376/365

6.00am Mighty Ships (S) (HD) **12 noon** Richard Hammond's Big: six back-to-back editions (HD)

6.00pm ***New.*** **How Do They Do It?** Insight into how modern-day objects are created. (S) (HD) **6.30** ***New.*** The manufacturing process of more objects. (S) (HD)

7.00 River of No Return A rancher along the river is threatened by a bear. (S) (HD)

8.00 Richard Hammond's Big The presenter visits the Appomattox production platform in the Gulf of Mexico. (HD)

9.00 ***New.*** **Lost Secrets** Justin Jampol investigates a secret network of escaped slaves from the Civil War. (HD)

10.00 Mummies Unwrapped A missing mummified body may contain new evidence of Abraham Lincoln's assassination. (S) (HD)

11.00 Gold Rush Following the gold miners of the Yukon. (HD) **12 midnight** Gold Rush: Dave Turin's Lost Mine (HD) **1.00am** Lost Secrets (HD) **2.00** Kindig Customs (S) (HD) **3.00** River of No Return (S) (HD) **3.50** Lost Secrets (HD) **4.40** Richard Hammond's Big (HD) **5.30–6.00am** How It's Made (S)

Discovery +1 **Sky** 225 **Virgin** 258

Nat Geographic

Sky 129 **Virgin** 266/**HD** 268 **BT** 317/**HD** 373

8.00am Car SOS (S) (HD) **1.00pm** Ultimate Supercar (S) (HD) **4.00** Car SOS (HD) **6.00** Car SOS: Fuzz Townshend and Tim Shaw restore an Austin Healey Sebring Sprite for Sterling Moss (HD) **7.00** ***New.*** Running Wild with Bear Grylls: free climber Alex Honnold joins Bear for an adventure in the Swiss Alps, beginning with a skydive into the mountain range and leading to an exchange of survival skills (HD) **8.00** Air Crash Investigation: the case of a flight that disappeared from radar while heading for Angola (S) (AD) (HD) **9.00** Car SOS: Fuzz Townshend and Tim Shaw revisit vehicles from the first four series to see how life has changed for the owners (HD) **10.00** Car SOS: restoring a Jaguar Mk2 (HD) **11.00–5.00am** Car SOS (HD)

Nat Geo +1 **Sky** 229 **Virgin** 267

Eden

Sky 166 **Virgin** 245/**HD** 247 **BT** 315/**HD** 389

9.00am Spying on Animals (HD) **10.00** India's New Worlds (HD) **12 noon** Animal Super Parents (HD) **3.00pm** Spying on Animals (HD) **4.00** India's New Worlds (HD) **6.00** Animal Super Parents: triple bill. The fascinating behaviours of the natural world's most dedicated parents **7.00** How different types of animals rear their young **8.00** How animals living in groups divide the labour (HD) **9.00** Spying on Animals: the history of camera technology in animal research, showcasing many firsts in the field (HD) **10.00** India's New Worlds: double bill charting wildlife conservation projects in India (HD) **12 midnight** Animal Super Parents (HD) **5.30–6.00am** David Attenborough's Natural Curiosities (AD) (HD)

Eden +1 **Sky** 266 **Virgin** 246



Amazon Empire: the Rise and Reign of Jeff Bezos *8.25pm*

PBS America 91

F'view 91 (1-11pm only) **F'sat** 155 **Sky** 174 **Virgin** 273

8.00am Survivor **9.15** Amazon Empire: The Rise and Reign of Jeff Bezos **11.40** Survivor **1.00pm** World's Greatest: Animal Encounters **3.15** Nuremberg – Nazis on Trial

5.50pm Nuremberg: Nazis on Trial Dramatisation of the trial of Hitler's deputy, Rudolf Hess, who was declared insane by the Führer after making an unexpected errand of peace to Britain in 1941.

7.10 Hitler on Trial: the Truth behind the Drama The story of the Jewish lawyer Hans Litten, who attempted to bring down the Nazi party in 1931.

8.25 Amazon Empire: the Rise and Reign of Jeff Bezos An investigation into how the Amazon founder successfully established one of the most influential economic and cultural forces on the planet.

11.00 World's Greatest: Animal Encounters A look at marine wildlife around the world, from colourful animals living on reefs to penguins, sharks and whales. **12.15am** Wildlife that lives on grassland, including lions, leopards, elephants, rhinoceros, cheetahs, impalas, kangaroos, wallabies, potoroos, bison and wolves. **1.30–2.00am** The Aviators

PBS +1 **Freeview** (HD only) 93

Smithsonian 57

F'view (HD only) 57 **F'sat** 175 **Sky** 195 **Virgin** 276

6.00am Aerial Britain (HD) **8.00** Mystic Britain (HD) **9.00** Aerial America (HD) **12 noon** Inside the Factory: How Our Favourite Foods Are Made (HD) **1.00pm** Britain in Colour (HD) **4.00** America in Colour: the 1940s (HD)

5.00pm America in Colour Scenes of the worst natural and man-made disasters. **6.00** A look at America's most notorious criminals. **7.00** The rise of the US movie industry in Los Angeles between the 1920s and 1960s. (HD)

8.00 Inside the Factory: How Our Favourite Foods Are Made Gregg Wallace and Cherry Healey find out about the production of chocolate and Ruth Goodman learns what it was like in factories before machines took over. (HD)

9.00 An American Aristocrat's Guide to Great Estates In North Yorkshire, Julie Montagu meets the family who have owned Newby Hall since the 18th century (HD)

10.00 Aerial Ireland Exploring the diversity and history of the Emerald Isle. (HD)

11.00 An American Aristocrat's Guide to Great Estates Julie Montagu visits Sudeley Castle. (HD) **12 midnight** As 9pm

1.00am Aerial Ireland (HD) **2.00** An American Aristocrat's Guide to Great Estates (HD) **4.00** Aerial Ireland (HD) **5.00–6.00am** Aerial New Zealand (HD)

CHILDREN'S

Milkshake! on C5

Full listings for Channel 5 are on p58

6.00am Peppa Pig: four episodes **6.20** Ben and Holly **6.35** Bob the Builder **6.45** Thomas & Friends **6.55** Fireman Sam **7.10** Noddy: Toyland Detective **7.20** Shane the Chef **7.35** Ben and Holly **7.50** Peppa Pig: double bill **8.00** ***New.*** Butterbean's Cafe: Dazzle and Poppy swap jobs **8.20** Paw Patrol **8.35** Nella the Princess Knight **8.50** ***New.*** Wissper **9.05** Pirata & Capitano **9.15** Floogals **9.30** Digby Dragon **9.45–9.55am** Shimmer and Shine

CBeebies 202

Freeview 202 **Freesat** 608 **Sky** 614 **Virgin** 702

6.00am Show Me Show Me **6.25** Twirlywoos **6.35** Teletubbies **6.50** Raa Raa the Noisy Lion **7.00** Postman Pat: SDS **7.15** Bing: double bill **7.35** Hey Duggee: double bill **7.50** Peter Rabbit **8.00** Go Jetters **8.10** Octonauts **8.25** Bitz & Bob **8.35** The Furchester Hotel **8.45** Biggleton **9.00** Something Special: We're All Friends **9.20** Katie Morag Special **9.50** Go Jetters: double bill following four superheroes as they explore the world **10.15** ***New.*** YolanDa's Band Jam **10.25** Justin's House **10.50** Andy's Aquatic Adventures **11.05** Grace's Amazing Machines **11.20** Waffle the Wonder Dog: double bill **11.45** Topsy and Tim **11.55** Olobob Top **12 noon** My World Kitchen **12.15pm** Old Jack's Boat: Rockpool Tales: the seafarer recounts stories he heard in his childhood **12.30** Sarah & Duck: the adventures of a girl and her duck **12.40** Down on the Farm **1.00** Where in the World? **1.15** Our Family **1.25** Dipdap **1.30** My Pet and Me **1.45** Footy Pups **2.00** Something Special: We're All Friends **2.20** Andy's Baby Animals **2.30** Junk Rescue **2.45** Grace's Amazing Machines **3.00** Bitz & Bob **3.10** Octonauts Specials **3.35** Go Jetters: double bill **4.00** Biggleton **4.10** The Baby Club **4.25** Magic Hands **4.35** Treasure Champs **4.50** Tinga Tinga Tales **5.00** GiggleQuiz **5.15** Molly and Mack **5.30** Katie Morag **5.45** Sarah & Duck **5.50** Charlie and Lola **6.05pm** Tee and Mo **6.10** Clangers **6.20** In the Night Garden… **6.50–7.00pm** Bedtime Stories

CBBC 201

Freeview 201 **Freesat** 607 **Sky** 613 **Virgin** 701

7.00am Arthur **7.15** Shaun the Sheep **7.20** Danger Mouse **7.35** Dennis & Gnasher **7.45** The Zoo **7.55** Odd Squad **8.10** Diddy TV **8.25** The Dog Ate My Homework **9.00** Blue Peter **9.30** RT **CHOICE** ***New.*** Horrible Histories: Fierce Females **See p55** **10.00** Newsround **10.05** Matilda and the Ramsay Bunch **10.20** Match of the Day: Can You Kick It? **10.45** The Next Step **11.10** Odd Squad **11.35** Horrible Histories **12.05pm** Newsround **12.10** Deadly 60 **12.40** All over the Place **1.05** Operation Ouch! **1.35** My Life **2.05** Newsround **2.10** The Worst Witch **2.40** Dumping Ground **4.05** Dumping Ground Island **5.00** Nikki Lilly Meets **5.10** Playlist **5.30** as 9.30am **6.05** The Pets Factor **6.30** A Week to Beat the World **6.45** Top Class **7.15** My Perfect Landing **7.40** Almost Never **8.10** Dumping Ground **8.35–9.00pm** The Next Step

CITV 203

Freeview 203 **Freesat** 602 **Sky** 621 **Virgin** 734

6.00am Dino Dana **6.10** Super 4 **6.35** Robozuna **7.00** Dare Master **7.05** Mr Magoo **7.30** ***New.*** Scrambled! **7.35** Mighty Mike **7.50** Mr Bean: the Animated Series **8.10** Ben 10 **8.30** Kung Fu Panda: the Paws of Destiny **9.05** Craig of the Creek **9.25** Dave Spud **9.55** Mr Bean: the Animated Series **10.55** Mr Magoo **11.25** Scooby-Doo! Mystery Incorporated **12.55pm** Kung Fu Panda: the Paws of Destiny **3.25** Dave Spud **3.55** Mr Bean: the Animated Series **4.55** Mr Magoo **5.30** Mighty Mike **6.00pm** Robozuna **6.30** NinjaGo: Rise of the Snakes **7.00** ***New.*** Buck & Buddy **7.05** Wishfart: double bill **7.35** The Bagel and Becky Show **8.00** Spy School **8.25** Drop Dead Weird **8.55–9.00pm** Mission Employable

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A South Korean classic

The Handmaiden ★★★★ *All4* FREE TO VIEW

South Korean cinema is enjoying a moment in the sun right now, with Bong Joon-ho's phenomenal Oscar winner *Parasite* on everyone's minds. Three years earlier came *The Handmaiden*, an exquisite period drama from *Oldboy* director Park Chan-wook that recently topped a *Guardian* list of South Korea's best films. Inspired by Sarah Waters's atmospheric novel *Fingersmith*, it tells the story of a young woman (Kim Tae-ri) hired to work for a Japanese heiress. But the new girl has her own secret agenda. **ELLIE PORTER**



Watch the original

Westworld ★★★★ *9.00pm* ***TCM***

The movie that spawned a hit HBO TV series, this futuristic thriller from writer/director Michael Crichton is set in a resort where people go to live out their fantasies. Richard Benjamin and James Brolin play the holidaymakers whose cowboy vacation turns into a nightmare when the android population malfunctions and they are pursued by a robot gunslinger (played by Yul Brynner in black-clad *Magnificent Seven* mode). The much-anticipated third season of the TV show launches on Sky Atlantic on 16 March. **ALAN JONES**

Now on Prime

Filmed in Supermarionation
★★★★ ***Amazon Prime***



Whether you are young or old, Gerry Anderson's TV puppet adventures are bound to have made an impression. Hosted by *Thunderbirds* characters Lady Penelope and Parker, this fabulous film about the industry Anderson created is brimming with anecdotes and trivia.
JEREMY ASPINALL

FREEVIEW

Film4 14

Freeview 14 **Freesat** 300 **Sky** 313 **Virgin** 428/**HD** 429

11.00am Journey to the Center of the Earth ★★★★ Lavish adaptation of Jules Verne's sci-fi adventure. Pat Boone (1959, U) (S) (AD)
1.40pm The Core ★★★ Spectacular set pieces and snappy pacing rescue this disaster movie. Aaron Eckhart, Hilary Swank (2002, 12) (S) (AD)
4.30 Bend It like Beckham ★★★ Feel-good comedy drama about a teenager whose ambition to play football puts her at odds with her strict Indian family. Parminder Nagra, Keira Knightley (2001, 12)
6.50 Suffragette ★★★★ The fight for the female vote, seen through the eyes of laundress Carey Mulligan, makes for an inspiring drama about a chapter of history that's been largely ignored. **Film of the Day: p36.** Helena Bonham Carter (2015, 12) (S) (AD)
9.00 Ghostbusters ★★ Gender-reversed reboot of the 1984 comedy classic. Melissa McCarthy, Kristen Wiig (2016, 12) (S) (AD)
11.45–3.05am American Honey ★★★★ Beautiful, freewheeling road movie. Sasha Lane, Shia LaBeouf, Riley Keough, McCaul Lombardi (2016, 15) (S)

Film4 +1 **F'view** 45 **F'sat** 301 **Sky** 314 **Virgin** 430

Sony Movies 32

Freeview 32 **Freesat** 302 **Sky** 321 **Virgin** 425

9.10am A Sister's Secret ★★ Thriller. Alexandra Paul (2009) **11.25 Stepmom ★★★★** Drama. Julia Roberts (1998, 12) **2.00pm My Girl 2 ★★** Drama. Dan Aykroyd, Jamie Lee Curtis (1994, PG) **4.10 City of Angels ★★★** Drama. Nicolas Cage (1998, 12)
6.25pm Phenomenon ★★★ Feel-good sci-fi fable. John Travolta, Kyra Sedgwick (1996, PG)
9.00 The Expendables 2 ★★★ Entertaining sequel. Sylvester Stallone, Jason Statham (2012, 15)
11.10 The Hunter's Prayer ★★★ Slick action thriller. Sam Worthington, Odeya Rush, Martin Compston (2017, 15)
1.00am Country Strong ★★ Drama. Gwyneth Paltrow (2010, 12) **3.25–5.50am Multiplicity ★★★** Comedy. Michael Keaton, Andie MacDowell (1996, 12)

Sony Movies +1 **F'view** 60 (*limited* 10pm-5am) **Sky** 322

Sony Movies Classic 50

F'view 50 *(limited)* **F'sat** 303 **Sky** 319 **Virgin** 424

6.00am Never a Dull Moment ★★★ Comedy. Irene Dunne (1950, U) **7.45 The Great Lover ★★★** Comedy. Bob Hope (1949, 12) **9.25 Road to Bali ★★★** Musical comedy. Bob Hope (1952, U) **11.20 Affairs of a Rogue ★★★** Drama. Jean-Pierre Aumont (1948) **1.15pm On the Waterfront ★★★★★** Drama. Marlon Brando, Karl Malden (1954, PG) **3.30 Passport to China ★★** Adventure. Richard Basehart, Athene Seyler (1960, U) **5.10 Last Train from Bombay ★** Adventure. Jon Hall (1952)
6.50pm The Loneliness of the Long Distance Runner ★★★★★ Powerful kitchen-sink drama. Tom Courtenay, Michael Redgrave (1962, 12)
9.00 Callan ★★★ Drama. Edward Woodward (1974, 15)
11.10 The Big Chill ★★★★ Drama. (1983, 15)
1.15am Santana Kills Them All ★★ Western. Johnny Garko (1970) **3.00 Long John Silver ★★** Adventure. (1954, U) **4.35–6.00am What a Carve Up! ★★★** Comedy. (1961, U)

Sony Movies Classic +1 **F'View** 62 *(limited)* **F'Sat** 304 **Sky** 320

Talking Pictures TV 81

Freeview 81 **Freesat** 306 **Sky** 328 **Virgin** 445

6.00am Love from a Stranger ★★★ Drama. (1936) (S) **7.45 Peg of Old Drury ★★★★** Drama. Anna Neagle (1935, U) (S) **9.15 Blitz on Britain ★★★★** Documentary. (1961, PG) **10.30 The Fiction Makers ★★★** Adventure. Roger Moore (1968, PG) **12.40pm The Young Ones ★★★** Musical comedy. Cliff Richard (1961, U) **2.50 Miranda ★★★** Comedy. **Review p37.** (1947) **4.30 Smokescreen ★★★** Thriller. (1964, PG) (S)
6.00pm Get Some In! Sitcom.
6.30 Love Story ★★ Melodrama. Margaret Lockwood, Stewart Granger (1944, U)
9.00 Sunday Night at the London Palladium TV variety show from 1965.
10.00 Portrait from Life ★★ Drama set in postwar Germany. Mai Zetterling, Robert Beatty (1948)
11.50 Hard Times ★★★★ Drama. (1975, 15) (S) **1.50am West 11 ★★** Drama. Alfred Lynch (1963, 15) **3.40** Mystery at Monstein **4.15–5.45am Scarlet Thread ★★** Thriller. (1951, PG) (S)

Sky Premiere

Sky 301 **Virgin** 401 **BT** 501/**HD** 515

6.00am Killers Anonymous ★★ Thriller. (2019, 15) **7.45** As 3.45pm **8.00 UFO ★★** Sci-fi. (2018, 12) **9.45** As 5.45pm **12 noon** As 3.45pm **12.15pm** As 8pm **2.00** As 9.45pm **3.45** The Top Ten Show **4.00** As 11.30pm **5.45 Godzilla: King of the Monsters ★★** Horror. (2019, 12)

8.00pm Brightburn ★★★ The Superman story is given a sinister makeover in this sci-fi horror. Elizabeth Banks, David Denman, Jackson A Dunn (2019, 15)
9.45 P This Changes Everything ★★★ Tom Donahue's timely documentary exploring Hollywood's gender imbalance. Geena Davis, Meryl Streep, Reese Witherspoon (2018)
11.30 P We Die Young ★★ Coming-of-age gang drama. Jean-Claude Van Damme, Elijah Rodriguez (2019, 15)

1.15am Top Ten Show **1.30 Hell Is Where the Home Is ★★★** Horror. (2018, 18) **3.15 The Counterfeiter ★★★** Thriller. Chow Yun-Fat (2018, 15) **5.30** Monster Family Special

Sky Premiere +1 **Sky** 312 **Virgin** 412

Sky Hits

Sky 303 **Virgin** 403 **BT** 503/**HD** 517

6.20am Slaughterhouse Rulez ★★ Comedy horror. Simon Pegg (2018, 15) **8.10** As 5.40pm **9.55** As 7.25pm **11.30** As 9pm **1.20pm** As 10.50pm **3.25 Fast & Furious 6 ★★** Action thriller. Vin Diesel, Paul Walker (2013, 12) **5.40 Men in Black ★★★★** Sci-fi comedy. Tommy Lee Jones, Will Smith (1997, PG)

7.25pm Men in Black 2 ★★ The bickering secret agents take on a nefarious alien queen. Tommy Lee Jones, Will Smith (2002, PG)
9.00 Men in Black 3 ★★★★ Will Smith travels to the 1960s to prevent his partner from being killed. Tommy Lee Jones, Josh Brolin (2012, PG)
10.50 The Equalizer 2 ★★★ The ex-secret agent continues to right wrongs in this action-packed sequel. Denzel Washington, Pedro Pascal (2018, 15)

12.55am Fast & Furious 6 As 3.25pm **3.10 The Hate U Give ★★★★** Crime drama. Amandla Stenberg (2018, 12) **5.30 Hotel Artemis ★★★★** Futuristic thriller. Jodie Foster, Sterling K Brown, Sofia Boutella (2018, 15)

Sky Monsters

Sky 307 **Virgin** 411 **BT** 511/**HD** 525

6.00am Evolution ★★★ Sci-fi. David Duchovny, Julianne Moore (2001, PG) **8.00 Ghost Rider ★★** Action fantasy. Nicolas Cage, Eva Mendes (2007, 15) **10.00** As 6.15pm **11.45** As 8pm **2.00pm** As 10.15pm **4.15 The Mummy: Tomb of the Dragon Emperor ★★** Adventure. Brendan Fraser, Jet Li (2008, 12)

6.15pm The Scorpion King ★★★ Spirited fantasy spin-off from *The Mummy Returns*. The Rock (2002, 12)
8.00 The Mummy ★★★ Likeable Indiana Jones-style adventure, in which archaeologists disturb a 3,000-year-old mummy. Brendan Fraser, Rachel Weisz, John Hannah (1999, 12)
10.15 The Mummy Returns ★★★ Slick, effects-heavy sequel to the hit tomb-raiding adventure. Brendan Fraser, Rachel Weisz (2001, 12)

12.30am The Mummy: Tomb of the Dragon Emperor As 4.15pm **2.30 Evil Dead II ★★★** Thrill-packed horror sequel. Bruce Campbell (1987, 18) **4.00** The Top Ten Show **4.20 Evolution** As 6am

Sky Superhero

Sky 302 **Virgin** 402 **BT** 502/**HD** 516

6.05am Superman ★★★★★ Fantasy. Christopher Reeve (1978, PG) **8.30 Superman II ★★★★** Adventure. (1980, PG) **10.40 Superman III ★★★** Fantasy. Christopher Reeve (1983, PG) **12.50pm Superman IV: the Quest for Peace ★★** Fantasy. Christopher Reeve, Gene Hackman (1987, PG)

2.25pm Superman Returns ★★★★ Breathtaking blockbuster. Brandon Routh, Kevin Spacey, Kate Bosworth (2006, 12)
5.00 Man of Steel ★★★ The superhero battles to defend his planet. Henry Cavill, Amy Adams (2013, 12)
7.25 Batman v Superman: Dawn of Justice ★★★ Spectacular action. Ben Affleck (2016, 12)
10.00 Ant-Man and the Wasp ★★★★ Rip-roaring adventure. Paul Rudd, Evangeline Lilly, Michael Douglas (2018, 12)

12.10am Superman/Batman: Public Enemies **1.30 Superman vs the Elite ★★** Animated action adventure. (2012, 12) **3.00** As 6.05am **5.30** Lego DC Comics Super Heroes: Justice League

Sky Greats

Sky 304 **Virgin** 404 **BT** 504/**HD** 518

8.10am Beethoven ★★★★ (1992, U) **9.45 The Goonies ★★★** (1985, 12) **11.50 Star Wars Episode IV: a New Hope ★★★★★** Sci-fi. (1977, U) **2.00pm Star Wars Episode V: the Empire Strikes Back ★★★★★** (1980, U) **4.10 Star Wars Episode VI: Return of the Jedi ★★★★** (1983, U)

6.30pm The Shawshank Redemption ★★★★★ Enthralling drama. Tim Robbins, Morgan Freeman (1994, 15)
9.00 Argo ★★★★★ Terrific and incredibly tense true story about a CIA mission to rescue a group of American embassy workers hiding out in Iran. Ben Affleck (2012, 15)
11.05 Scarface ★★★★ Scorching update of the classic gangster film. Al Pacino, Steven Bauer, Michelle Pfeiffer, Mary Elizabeth Mastrantonio (1983, 18)

2.00am Miller's Crossing ★★★★★ Period crime drama. Gabriel Byrne, Marcia Gay Harden, Albert Finney (1990, 18) **4.00 Butch Cassidy and the Sundance Kid ★★★★★** Western. Paul Newman, Robert Redford (1969, PG)

Sky Comedy

Sky 308 **Virgin** 408 **BT** 508/**HD** 522

7.05am Problem Child ★ Comedy. (1990, PG) **8.35 Miss Congeniality ★★★★** Action. (2000, 12) **10.30 Miss Congeniality 2: Armed & Fabulous ★★** Comedy. (2005, 12) **12.30pm Mamma Mia! Here We Go Again ★★★** Musical. Lily James (2018, PG) **2.30 Sister Act ★★★★** Comedy. (1992, PG)

4.15pm Sister Act 2: Back in the Habit ★★★ Likeable sequel. Whoopi Goldberg, Maggie Smith (1993, PG)
6.10 Bridget Jones's Diary ★★★★ A singleton looking for love is torn between two men. Renée Zellweger, Colin Firth, Hugh Grant (2001, 15)
8.00 Bridget Jones: the Edge of Reason ★★★ Bridget still has man trouble. Renée Zellweger (2004, 15)
10.00 Little ★★ Body-swap comedy. Regina Hall, Issa Rae, Marsai Martin (2019, 12)

11.55pm Identity Thief ★★ Road movie in which an accountant attempts to bring a fraudster to justice. Jason Bateman, Melissa McCarthy (2013, 15) **1.50am** As 2.30pm **3.35** As 4.15pm **5.25** As 12.30pm

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Sky Disney

Sky 305 **Virgin** 405 **BT** 505/**HD** 519

6.05am As 3.25pm **7.50** As 5.10pm **9.40** As 8.45pm **11.40 Incredibles 2** ★★★★ Adventure. Holly Hunter, Craig T Nelson (2018, PG) **1.40pm** As 7pm **3.25 Finding Nemo** ★★★★★ Adventure. Albert Brooks, Ellen DeGeneres (2003, U) **5.10 Coco** ★★★★★ Adventure. Anthony Gonzalez (2017, PG)

7.00pm Toy Story 4 ★★★★ Woody and friends return for an emotional, visually spectacular adventure. Tom Hanks, Tim Allen (2019, U)

8.45 Cars ★★★ A racing car learns important lessons in this great-looking animated comedy. Owen Wilson, Paul Newman, Bonnie Hunt (2006, PG)

10.45 The Lone Ranger ★★★★ Brilliantly staged and hugely enjoyable adventure. Johnny Depp, Armie Hammer, Helena Bonham Carter (2013, 12)

1.20am Eight Below ★★★ Drama. Paul Walker (2005, PG) **3.30 The Nutcracker and the Four Realms** ★★★ Fantasy. Mackenzie Foy, Keira Knightley (2018, PG) **5.20 The Return of Jafar** ★★ Adventure. Dan Castellaneta (1994, U)

Sky Thriller

Sky 309 **Virgin** 409 **BT** 509/**HD** 523

6.55am Unsane ★★★ Horror. Claire Foy, Juno Temple (2018, 15) **8.35 The Birds** ★★★★★ Classic horror. Rod Taylor, "Tippi" Hedren (1963, 15) **10.40 Vertigo** ★★★★★ Psychological thriller. James Stewart, Kim Novak (1958, PG) **12.55pm** As 9pm **2.50 Panic Room** ★★★ Thriller. Jodie Foster (2002, 15)

4.45pm BlacKkKlansman ★★★★ A black police officer helps to infiltrate the Ku Klux Klan. John David Washington, Adam Driver (2018, 15)

7.05 The Hand That Rocks the Cradle ★★★★ Rebecca De Mornay plays the nanny from hell. Annabella Sciorra, Matt McCoy (1992, 15)

9.00 Ocean's 8 ★★★ An all-star cast sparkles in this solidly fun heist movie. Sandra Bullock, Cate Blanchett, Anne Hathaway (2017, 12)

11.00pm Domino ★★ Thriller. Nikolaj Coster-Waldau, Guy Pearce, Carice van Houten (2019, 18) **12.35am** As 7.05pm **2.30** As 6.55am **4.15 Sam Churchill: Search for a Homeless Man** ★★ Mystery drama. John Schneider (1998)

Sky Action

Sky 311 **Virgin** 407 **BT** 507/**HD** 521

6.25am Kingdom of Heaven As 3.45pm **9.00 Gladiator** As 6.15pm **11.45 300** As 9pm **1.45pm 300: Rise of an Empire** As 11pm **3.45 Kingdom of Heaven** ★★★★ Exciting historical drama skilfully directed by Ridley Scott. Orlando Bloom, Eva Green (2005, 15)

6.15pm Gladiator ★★★★★ A betrayed Roman general escapes death and becomes a celebrated fighter. Russell Crowe, Joaquin Phoenix (2000, 15)

9.00 300 ★★★★ Heroic Spartan warriors take on a massive Persian army. Gerard Butler, Lena Headey, David Wenham (2006, 15)

11.00 300: Rise of an Empire ★★★★ Persian commander Eva Green vows revenge. Sullivan Stapleton, Rodrigo Santoro, Lena Headey (2013, 15)

1.00am Highlander ★★★ Action fantasy. Christopher Lambert, Sean Connery (1986, 15) **3.00 The Last Warrior** ★★★ Action fantasy. Aleksey Faddeev, Alexander Kuznetsov, Yury Tsurilo (2018, 18) **5.00** Sky Cinema Preview

Sky Kids Books

Sky 306 **Virgin** 406 **BT** 506/**HD** 520

6.15am Goosebumps 2: Haunted Halloween ★★ Comedy horror adventure. Wendi McLendon-Covey, Ken Jeong (2018, PG) **7.55 Mr Popper's Penguins** ★★★ Comedy. Jim Carrey (2011, PG) **9.40** As 5.30pm **12.10pm** As 8pm **2.30 Gulliver's Travels** As 10.15pm **4.00** As 11.45pm

5.30pm Harry Potter and the Deathly Hallows: Part 1 ★★★ Doom-laden build-up to the series finale. Daniel Radcliffe (2010, 12)

8.00 Harry Potter and the Deathly Hallows: Part 2 ★★★★★ Harry and Voldemort clash for the final time. Daniel Radcliffe, Emma Watson, Rupert Grint (2011, 12)

10.15 Gulliver's Travels ★★★ Jack Black is Gulliver in this rollicking comedy adventure. (2010, PG)

11.45pm The Cat in the Hat ★★ Colourful fantasy. Mike Myers (2003, PG) **1.20am** As 6.15am **3.00** As 7.55am **4.45 Confessions of a Teenage Drama Queen** ★★★ Comedy. Lindsay Lohan (2004, PG)

Sky Women in Film

Sky 310 **Virgin** 410 **BT** 510/**HD** 524

6.10am Nine to Five ★★★ Comedy. Jane Fonda, Lily Tomlin (1980, 15) **8.10 Book Club** ★★★ Comedy. Diane Keaton, Jane Fonda (2018, 12) **10.05** As 8pm **12.10pm** As 10.10pm **2.10 What Men Want** ★★★ Comedy. Taraji P Henson (2019, 15) **4.10 Clueless** ★★★★ Comedy. Alicia Silverstone, Paul Rudd (1995, 12)

6.00pm Life of the Party ★★ Middle-aged mum Melissa McCarthy returns to college in this comedy. Maya Rudolph (2018, 12)

8.00 Crazy Rich Asians ★★★★ Vibrant, funny comedy of manners. Constance Wu, Henry Golding, Michelle Yeoh, Gemma Chan (2018, 12)

10.10 Nobody's Fool ★★ An advertising executive has sister issues and man dilemmas in this comedy. Tiffany Haddish, Tika Sumpter (2018, 15)

12.20am Lez Bomb ★★★ Quirky, charming comedy drama. Jenna Laurenzo, Caitlin Mehner (2018, 12) **2.05 All about Nina** ★★★★ Comedy drama. Mary Elizabeth Winstead, Common (2018, 15) **4.00 Book Club** As 8.10am

TCM Movies

Sky 315 **Virgin** 415/**HD** 416 **BT** 512/**HD** 526

6.00am Hollywood's Best Film Directors **6.30 You Can't Cheat an Honest Man** ★★ Comedy. (1939) **8.00 Cheyenne Autumn** ★★★★ Western. (1964, U) **11.10 Fort Osage** ★★ Western. (1952, U) **12.45pm Gambit** ★★★ Comedy. (1966, U) **3.00 Charro!** ★ Western. (1969, PG)

5.05pm Saddle Tramp ★★★ Engaging western. Joel McCrea (1950, U)

6.50 Escape from Fort Bravo ★★★ Tense western in which a group of prisoners are menaced by hostile Mescalero Indians. William Holden, Eleanor Parker (1953, PG)

9.00 Westworld ★★★★ Chilling sci-fi thriller about a holiday resort whose android population begins to malfunction. **Review left.** Yul Brynner, Richard Benjamin, James Brolin (1973, 15)

11.00pm Exit Wounds ★★ Action. Steven Seagal (2001, 18) **1.15am Cimarron** ★★ Western. Glenn Ford, Maria Schell, Anne Baxter (1960, 12) **4.00** Hollywood's Best Film Directors **5.30** Close Up

TCM Movies +1 **Sky** 316 **Virgin** 417

SPORT



T20 Cricket *6.30am*
Sky Cricket/Main Event/Mix
Australia's Meg Lanning in 2018

Sky Main Event

Sky 401 **Virgin** 511/**HD** 501 **BT** 402/420/**HD** 437/440

6.00am Women's World T20 Classics **6.30 LIVE Women's T20 Cricket World Cup** The final from Melbourne Cricket Ground. **10.30** The Sunday Supplement **11.30 LIVE Scottish Premiership Football** Ross County v Rangers (kick-off **12.00**). **2.00pm LIVE Premier League Football** Chelsea v Everton; **4.00** Manchester United v Manchester City (kick-off **4.30**). **7.30 LIVE PGA Tour Golf** Day four of the Arnold Palmer Invitational. **10.00 LIVE NBA** Boston Celtics v Oklahoma City Thunder. **12.30–6.00am** Sky Sports News

Sky Football

Sky 403 **Virgin** 513/**HD** 503 **BT** 422/**HD** 442

6.00am EFL Greatest Games **6.30** Championship Highlights **7.00** League One and Two Goals **7.30** Championship Highlights **10.00** The Sunday Supplement **11.30 LIVE Scottish Premiership Football** Ross County v Rangers. **2.30pm** Championship Highlights **5.00** League One and Two Goals **5.30** Championship Highlights **8.00** League One and Two Goals **8.30** Championship Highlights **11.00** League One and Two Goals **11.30** EFL Greatest Games **12 midnight** Football Years (AD) **12.30am** SPFL Greatest Games **1.00** Countdowns (AD) **1.30** Football Years (AD) **2.00** Championship Season Review **3.00** Classic Play-Off Finals **5.00–6.00am** League Cup Classics

Sky Golf

Sky 405 **Virgin** 515/**HD** 505 **BT** 424/**HD** 444

6.00am European Tour Golf **7.00** PGA Tour Golf **8.00** European Tour Golf **9.00 LIVE European Tour Golf** Day four of the Qatar Masters. **1.30pm** Golf Pass **2.00** PGA Tour Golf **3.00** Ryder Cup Memories **3.30** European Tour Golf **4.30 LIVE PGA Tour Golf** The Arnold Palmer Invitational. **10.00** European Tour Golf **11.00** Ryder Cup Memories (AD) **12 midnight** Golf Pass **12.30am** European Tour **1.30** Ryder Cup Memories **2.00** European Tour **3.00** Ryder Cup Memories **4.00** European Tour **5.00** Golf Pass **5.30–6.00am** Ryder Cup Memories

Premier Sports 1

Sky 412 **Virgin** 551

11.20am–1.30pm LIVE Italian Football Inter Milan v Sassuolo. **7.40–9.45 LIVE Italian Football** AS Roma v Sampdoria (k/o **7.45**).

Sky Premier League

Sky 402 **Virgin** 512/**HD** 502 **BT** 421/**HD** 441

6.00am Greatest Games **7.00** Premier League Highlights **10.00** The Sunday Supplement **11.30** Goals on Sunday **1.00pm LIVE Premier League Football** Chelsea v Everton at Stamford Bridge (kick-off **2.00**); **4.00** Manchester United v Manchester City (kick-off **4.30**). **7.30** The Tyler Archives **8.00** Soccerbox **8.30** Goals on Sunday **10.00** Highlights **11.00** Best Goals **11.30** Highlights **12.30am** Best Goals **1.00** Highlights **5.00** Best Goals **5.30–6.00am** 100 Club (AD)

Sky Cricket

Sky 404 **Virgin** 514/**HD** 504 **BT** 423/**HD** 443

6.00am Women's World T20 Classics **6.30 LIVE Women's T20 World Cup** The final from Melbourne. **10.30** Women's World T20 Classics **12 noon** Women's T20 World Cup: a rerun of the final from Melbourne **4.00pm** Women's World T20 Classics **5.00** International One-Day Cricket **6.00** Women's T20 World Cup **7.00** International One-Day Cricket **8.00** Women's T20 World Cup **9.00** International One-Day Cricket **10.00** Women's T20 World Cup **11.00** Women's World T20 Classics **12 midnight** Women's T20 World Cup **1.00am** My Icon (AD) **2.00** Women's T20 World Cup **3.00** Greatest Games (AD) **5.00–6.00am** My Icon (AD)

Sky Action

Sky 407 **Virgin** 517/**HD** 507 **BT** 426/**HD** 446

6.00am Boxing Gold (AD) **7.00** Sporting Records (AD) **8.00** Women's Rugby Union **10.45** My Icon (AD) **11.00** Rugby Sevens **1.00pm** Women's Rugby Union **3.45** My Icon **4.15** Rugby Gold **4.35 LIVE International Rugby Sevens** The Vancouver Sevens. **11.20** Rugby Gold (AD) **12 midnight LIVE International Rugby Sevens** Further coverage. **2.00am** NFL **3.30** Darts Gold **4.00** Sporting Records (AD) **5.00–6.00am** Sporting Greats (AD)

Sky Arena

Sky 408 **Virgin** 518/**HD** 508 **BT** 427/**HD** 447

6.00am Sporting Greats (AD) **7.00** Super League Gold (AD) **8.00** Sporting Greats (AD) **9.00** Records (AD) **10.00** Boxing: Scott Quigg v Jono Carroll **2.00** Netball: Surrey Storm v London Pulse **4.00** NBA Classics **5.45** NBA **7.30 LIVE NBA** Los Angeles Clippers v Los Angeles Lakers; **10.00** Boston Celtics v Oklahoma City Thunder (tip-off **10.00**). **12.30am** NBA Classic Games **1.30** Sporting Greats (AD) **2.00** Super League Gold (AD) **3.00** Records (AD) **4.00** Super League Gold (AD) **5.00–6.00am** Sporting Records (AD)

Sky Mix

Sky 145 **Virgin** 520/**HD** 510 **BT** 429/**HD** 449

6.30–10.30am LIVE Women's T20 Cricket World Cup The final.

Eurosport 1

Sky 410 **Virgin** 521 **BT** 412/**HD** 435

6.20am Alpine Skiing **7.20** Cycling **10.20 LIVE Cross-Country Skiing** The World Cup from Oslo. **12.30pm LIVE Cycling** The first stage of the Paris-Nice race, over a 154km route around Plaisir. **2.10** Cycling **2.30** Nordic Combined Skiing **3.00** Alpine Skiing **5.00** Biathlon **6.00** Ski Jumping **7.00** Cycling **10.00** Alpine Skiing **12 midnight** Freestyle Skiing **1.00am** Snowboarding **2.00** Cycling **5.00–6.00am** Freestyle Skiing

BT Sport 1

Sky 413 **Virgin** 527 **BT** 408/**HD** 430

7.00am LIVE Australian Football **9.00** Wrestling (AD) **11.00** Non-League Football **12.30pm LIVE Rugby Union** Bristol v Harlequins (kick-off **1.00**). **3.15** Non-League Highlights **3.45 LIVE French Football** Rennes v Montpellier (k/o **4.00**). **6.00** Italian Football: highlights **6.30** Europa League Magazine **7.00** Champions League (AD) **7.45 LIVE French Football** Lille v Lyon (kick-off **8.00**). **10.00** Non-League Highlights **10.30** German Football **12 midnight** Australian Football **1.00am** In Depth (AD) **1.15 LIVE XFL** Wildcats v Vipers. **4.15** In Depth: with Jim Brown (AD) **4.30–6.00am** Classic Football (AD)

BT Sport 2

Sky 414 **Virgin** 528 **BT** 409/**HD** 431

7.00am UFC **8.00** Motor Sport (AD) **8.30 LIVE Motorcycling** **9.30** MotoGP: the warm-ups **11.15 LIVE MotoGP** The Moto3 race at the Grand Prix of Qatar; **1.00pm** The Moto2 race; **2.30** The MotoGP race. **5.00** In Depth: Wayne Gretzky **5.30 LIVE NHL** Pittsburgh v Carolina (face-off **5.30**). **8.00** Australian Football **9.00** WWE **2.15am** Rugby Union: Premiership **4.45** Non-League Highlights **5.15** The Grid (AD) **5.45–6.00am** Reload

BT Sport 3

Sky 417 **Virgin** 529 **BT** 410/**HD** 432

6.00am Europa League Magazine **6.30** German Football **7.30** Premier League Football **9.00** Rugby Union **11.00 LIVE Badminton** The finals of the German Open. **4.30pm** What I Wore: Joe Cole **4.45 LIVE German Football** Mainz 05 v Fortuna Düsseldorf. **7.00 LIVE XFL** DC Defenders v St Louis BattleHawks. **10.00** UFC **1.00am** UFC on ESPN **2.00–6.00am** French Football

BT Sport ESPN

Sky 423 **Virgin** 530 **BT** 411/**HD** 434

6.00am Best of X Games 2019 **7.00** Basketball **8.45** X Games **9.30 LIVE X Games** Norway. **10.30** X Games **11.00 LIVE X Games** **12 noon** X Games **12.30pm LIVE X Games** **1.30** Best of X Games 2019 **2.30 LIVE German Football** Bayern Munich v FC Augsburg. **4.30 LIVE Basketball** Five women's US college games. **2.00am** X Games **3.00** Drag Racing **4.00** Reload **4.15–6.00am** Basketball

Eurosport 2

Sky 411 **Virgin** 522 **BT** 413/**HD** 436

6.00am Freestyle Skiing: World Cup **7.00** Luge **7.30** Alpine Skiing **9.30 LIVE Alpine Skiing** **10.45 LIVE Biathlon** World Cup. **11.30** Nordic Combined Skiing **12.30pm LIVE Biathlon** **1.30 LIVE Ski Jumping** **3.15 LIVE Motocross** **5.00** World Superbikes **7.00** Freestyle Skiing **8.00** Snowboarding **9.00** Motocross **10.30** World Superbikes: Australia **11.30** Cycling: Paris-Nice **1.30am** Snooker **2.00** Hall of Fame **3.00** Snooker **5.00–6.00am** Cycling

MONDAY Choices The pick of today's TV



WATCH YOUR BACK
DI Renton (Katherine Kelly, far left) closes in on Laura (Joanne Froggatt) as she investigates the murder of Andrew (Ioan Gruffudd)

PICK OF THE DAY **Liar** *9.00pm ITV*

DRAMA We've seen *24 Hours in Police Custody*, we know exactly what should and does happen when someone is arrested and questioned about a crime. Maybe Thanet and Dover Police's Det Insp Karen Renton (Katherine Kelly) should tune in, just to bring herself up to speed.

You see, Karen, we are a clued-up audience and we know, absolutely, when you do things you shouldn't: we can spot every procedural no-no, every oppressive attempt to persecute and wrong-foot a suspect, and we are wise to your little tricks. Now take that ruddy nicotine gum out of your mouth and start acting with some professionalism.

In the second part of this implausible thriller, Renton pressurises Andrew Earlham victim Laura Nielson (Joanne Froggatt) after Earlham (Ioan Gruffudd) was found dead on the Kent Marshes.

But Laura panics when Renton presents "evidence". Surely she is being set up? **ALISON GRAHAM**

Only Connect

8.00pm ***BBC2***

QUIZ We're getting to the business end of the series now. In a few weeks' time *Only Connect* will crown new champions, withdraw for its spring break and leave the Monday-night schedules an arid wasteland, more or less. So make the most of this first semi-final, which is a close, ding-dong battle between the Forrests and the Suits – to the extent that the courtly quizzing on this show can ever be described as a battle.

Victoria Coren Mitchell warns that "the difficulty ramps up a bit" and sure enough, the question-setters have saved some real stinkers, the best of which is a group that goes Numbers – Thunderball – Cuthbert – Sailor. But what connects them? **DAVID BUTCHER**

MasterChef

9.00pm ***BBC1***

FOOD The spirit of Reggie Perrin unexpectedly imbues this heat. Do you like ravioli? These people do, particularly one contestant, who, having served up the inferior of the two competing ravioli dishes in the signature round, tries to salvage the situation in the ingredients test by cooking *more* ravioli. Ravioli, followed by ravioli.

There's no ravioli, at least, in the final section, where the three former *MasterChef* stars acting as judges include the 2005 champion Thomasina Miers.

A potential series winner soon emerges but, for one of the other hopefuls, timing issues mean it's less Reggie Perrin and more Basil Fawlty. **JACK SEALE**

Miriam's Big Fat Adventure

9.00pm ***BBC2***

DOCUMENTARY Programmes about fat people are a growth area, as it were, but they often feel exploitative and have cringe-making titles such as *100-Kilo Kids: Obesity SOS* or *70 Stone and Almost Dead*. So how does a quality channel like BBC2 tap into the genre? Well, with this smart, insightful two-parter from 78-year-old Miriam Margolyes, who is four feet 11 inches tall and weighs 14 stone, ten pounds. She is the first to admit to her own greed, but she is also eloquent on how being fat feels. "It's difficult... It's a hard, miserable fate," she says. "It's a pit you fall into and scrabble to get out." Her journey of discovery concludes tomorrow. **DAVID BUTCHER**

Age of the Image

9.00pm ***BBC4***

DOCUMENTARY In the second part of his series, James Fox gets political. Whether it's Stalin airbrushing inconvenient colleagues out of photographs, or Gordon Parks's portraits of America's dispossessed in 60s America, he's exploring how new technology and mass communication in the 20th century gave images unprecedented power.

He asks interesting questions, too: can propaganda, such as Leni Riefenstahl's *Triumph of the Will*, no matter how beautifully produced, ever be art? There are arresting sights: I particularly liked the cartoon which saw Donald Duck reading *Mein Kampf*; and a top-hatted Marlene Dietrich shocking sensibilities in the film *Morocco*. **GILL CRAWFORD**

Plotlines in which characters fake illnesses only ever end one way: the attention-seeker gets caught out in a heated showdown. You'd have thought everyone in **EastEnders** (8.00pm BBC1) would steer clear of pretending they had cancer – surely Angie Watts's "I've got six months to live" ruse is notorious? It seems not, though, because Panesar matriarch Suki (Balvinder Sopal, right) is the latest malingerer – and Jean is now determined to find out whether she's lying about her diagnosis.

TODAY IN SOAPLAND



Elsewhere, we have the horrible irony of Gray continuing to involve himself in Whitney's legal battle. She, of course, stands accused of killing Leo, who subjected her to mental abuse. But lawyer Gray is also a master manipulator who terrorises wife Chantelle behind closed doors. Viewers who fear those explosions should be braced for more violence now that he's learnt his firm has dropped Whit's case. How will he react when Chantelle tells him to represent Whitney on his own? **DAVID BROWN**

Inside No 9

10.00pm ***BBC2*** *(N Ireland: Tuesday 11.15pm BBC2)*

ANTHOLOGY The final edition brings us to a solitary police car at night in an eerie graveyard. *The Stakeout* grips from the off and is pretty much a two-hander between the show's creators. PC Thompson (Steve Pemberton) is plaguing his new partner PC Varney (Reece Shearsmith) with stale curry and riddles to pass the time. "You've got to keep your mind occupied," he says. "Keep the dark thoughts at bay." The viewers' thoughts will get steadily darker, though, especially when the conversation turns to Thompson's former partner, Dobbo.

That's all we can reveal, but it's always worth catching the tell-all podcast *Inside Inside No 9* afterwards on BBC Sounds. **PATRICK MULKERN**

Baghdad Central

10.00pm ***C4***

DRAMA This classy drama could easily return for further series, with a great central character, the sad-eyed Inspector Khafaji, and a Baghdad setting that can produce any number of cases for him to tackle.

It feels like a Wild West town where Khafaji (Waleed Zuaiter) is the only honest cowboy and everyone else wears black hats.

But tonight's finale spells out the guilt Khafaji has to live with. We have never been told exactly what became of his son, Tareq, whom he lost under Saddam's regime, but now the story emerges.

More pressing is a showdown with slippery coalition creep Temple, played horribly well by Bertie Carvel. **DAVID BUTCHER**

The End

10.05pm ***Sky Atlantic***

DRAMA Flashbacks are ten-a-penny in TV dramas. They're often superfluous, used merely to disrupt the narrative or to appear clever. Here they're deployed sparingly, and tied in poignantly with the present day, showing Edie and her daughter Kate then and now and suggesting how a rift might have opened up between them.

Today, we see suicidal Edie making a "pros and cons" list: eight entries in the latter overshadowing the one (cake batter) in the former. How that list changes forms the core of the episode, while Kate's horror at now having a supervisor at work is a spicy side dish.

It's a real grower, this one. **MARK BRAXTON**



THE THINKER
Kerry (Daisy May Cooper) discovers a passion for reading

This Country

7.00pm ***BBC3,*** *10.35pm* ***BBC1*** *(N Ireland and Wales: 11.05pm)*

COMEDY OF THE WEEK There's a piquant little mystery when we finally see Kurtan's nan, only ever referred to in respectful tones by her grandson.

At last, here she is, berating the camera crew for making a nuisance of themselves as she objects to the filming of the documentary. "Clogging up the roads with your vans... It weren't like this when the *Father Brown* lot were here, they were as good as gold." But Nan's face is pixelated, and she features on the cast list as being played by "Elvira Presley". According to creators Daisy May and Charlie Cooper, she is an "A-list actress". See if you can guess who. I can't.

In a touching episode, Kurtan (Charlie Cooper) attends the funeral of his half-brother, and is appalled: "How can someone's life be so meaningless?" Plus: Kerry joins the vicar's book club. **AG**

Alison Graham: page 41

DISCOVER TV

The best of streaming and catch-up



Rollermania: Britain's Biggest Boy Band

iPlayer (expires today)

Hey! Hey! The giddy rise, towering peak and painful fall of that most 70s of pop groups, the Bay City Rollers, is charted in a 2015 doc full of wry recollections and astonishing archive footage.

DISCOVER TV KIDS



My First Festival: Holi

4.20pm ***CBeebies, iPlayer***

A young Hindu, Maun, takes us through the festival of colour, Holi. First he makes Rangoli powder at the temple and then some delicious food at home, before heading off for a giant party and the chance to get messy! **JS**

BEST LIVE SPORT

■ **Cycling: Paris-Nice, day two** *1.40pm* ***Eurosport 1*** The second stage of the historic spring race, over a flat 166.5km course.

■ **Super League Netball: London Pulse v Celtic Dragons** *6.45pm (centre-pass 7pm)* ***Sky Arena/Mix*** A week three clash.

■ **Premier League Football: Leicester City v Aston Villa** *7pm (kick-off 8pm)* ***Sky PL/ Main Event*** A Midlands derby.

FILM OF THE DAY

Magnum Force

10.00pm ***ITV4***

Clint Eastwood leads this 1973 crime thriller as San Francisco cop "Dirty" Harry Callahan.

See page 37

GETTY

MONDAY Main Channels

DAYTIME

BBC1

6.00am Breakfast Louise Minchin, Dan Walker. (S) (HD)
9.15 ***New series.*** **Crimewatch Roadshow Live** Rav Wilding meets a police women's rugby team. (S) (HD)
10.00 Homes under the Hammer Properties in Staffordshire, Surrey and the West Midlands. (R) (S) (HD)
11.00 Dom Does America Dominic Littlewood spends 24 hours as a prison officer. (R) (S) (AD) (HD)
11.45 Saved on Camera The Coastguard is called to rescue a paraglider who crashed into a cliff. (S) (HD)
12.15pm Bargain Hunt From the Shropshire town of Oswestry. Repeated tomorrow 6.30am BBC2 (S) (AD) (HD)
1.00 BBC News Regional News; Weather (S) (HD)
1.45 Doctors Al tries to help the owner of his favourite pub, whose life is falling apart. (S) (AD) (HD)
2.15 LIVE A Service of Celebration for Commonwealth Day A service of readings, dance and music at Westminster Abbey, attended by the Queen and senior members of the royal family. (S) (HD)
4.00 Money for Nothing In Witley, Surrey. (R) (S) (HD)
4.30 Ready Steady Cook Two friends take part in the culinary contest. Repeated tomorrow 7.15am BBC2 (S) (HD)
5.15–6.00 Pointless Quiz show. (R) (S) (HD)

BBC2

6.00am Money for Nothing Shown last Friday BBC1 (S) (HD)
6.45 Ready Steady Cook Shown last Friday BBC1 (S) (HD)
7.30–8.30 Sign Zone Best Home Cook ***4/8.*** The contestants produce a children's birthday cake. (R) (S) (HD)
8.30 The Week in Parliament (S) (HD)
9.00 BBC News (S) (HD)
10.00 Victoria Derbyshire Current affairs. (S) (HD)
11.00 BBC Newsroom Live The latest news. (S) (HD)
12.15pm Politics Live With Jo Coburn. (S) (HD)
1.00 Women's Six Nations Rugby Including England v Wales and Scotland v France. Shown yesterday 11.50pm (S) (HD)
1.30 Best House in Town Three detached properties in Leicestershire are in the spotlight. (R) (S) (HD)
2.15 Royal Recipes Michael Buerk and Anna Haugh re-create George V's favourite curry. (R) (S) (HD)
2.30 Terry and Mason's Great Food Trip Terry Wogan and Mason McQueen visit Scarborough. (R) (S) (HD)
3.00 Red Rock *Series 3.* Keith faces a watery demise while trying to buy Mick's silence. (R) (S) (AD) (HD)
3.45 The Great Interior Design Challenge The last two designers transform a tiny bedroom. (R) (S) (AD) (HD)
4.45–5.15 Portillo's State Secrets Michael Portillo unearths files relating to traitors and spies. (R) (S) (AD) (HD)

ITV

6.00am Good Morning Britain (S) (HD)
9.00 Lorraine Guests, gossip and more. (S) (HD)
10.00 This Morning Including **Regional Weather** (S) (HD)
12.30pm Loose Women Forthright opinions. (S) (HD)
1.30 ITV News Regional News; Weather (S) (HD)
2.00 Judge Rinder Courtroom kerfuffles. (S) (HD)
3.00 Tenable Five members of an *a cappella* group take part. (R) (S) (HD) Followed by **Regional Weather**
4.00–5.00 Tipping Point Game show. (R) (S) (HD)

Channel 4

6.30am Cheers Double bill of the sitcom. (R) (S) (HD)
7.20 The King of Queens Two episodes. (R) (S) (AD)
8.10 Everybody Loves Raymond Double bill. (R) (S) (AD)
9.10 Frasier Two episodes of the comedy. (R) (S) (AD)
10.10 Undercover Boss Canada Scott Haldane, the CEO of Canada's YMCA, goes under cover. (R) (S) (HD)
11.05 Ramsay's Kitchen Nightmares USA A Cuban café in Brooklyn. (R) (S) **12 noon News** (S) (HD)
12.05pm Come Dine with Me Contestants in Newcastle and Northumberland take part. (R) (S) (HD)
1.05 Posh Pawnbrokers Patrick and Charlie look at a 19th-century portable barrel organ. (R) (S) (HD)
2.10 Countdown Jeremy Thompson guests. (S) (HD)
3.00 A Place in the Sun A couple looking for a home in the rural region of Jaén in Andalusia. (R) (S) (HD)
4.00–5.00 A New Life in the Sun: Where Are They Now? Catching up with a couple who run a boat charter on the Mediterranean. (R) (S) (HD)

BBC1



This Country *10.35pm* Some sad news about a relative has a profound effect on Kurtan

6.00pm BBC News Weather (S) (HD)

6.30 Regional news magazines (S)

7.00 The One Show (S) (HD)

7.30 Inside Out ***7/10***
LONDON Hanif Qadir investigates how potential terrorists are slipping through the net.
SOUTH EAST The growing use of dashcam footage.
SOUTH A "buy and rent back" scheme.
SOUTH WEST The growing use of dashcam footage.
WEST Seb Choudhury meets a family who have been driven to the edge after years of disability abuse.
WEST MIDLANDS Investigating the costs and the benefits of reducing home energy bills.
EAST MIDLANDS The story of a man who starved to death after his benefits were stopped.
EAST The human cost of the shrinking high street.
YORKSHIRE/LINCOLNSHIRE A charity bringing food to one of the region's most deprived neighbourhoods.
NORTH EAST/CUMBRIA A Tyneside man searching for a cure for a rare and debilitating condition.
NORTH WEST The growing use of dashcam footage.
All postponed from last week (S)

8.00 EastEnders
Jean accuses Suki of lying about her illness.

Suki Kaur Panesar	**Balvinder Sopal**	Sonia Fowler	**Natalie Cassidy**
Jean Slater	**Gillian Wright**	Stuart Highway	**Ricky Champ**
Jags Panesar	**Amar Adatia**	Callum "Halfway" Highway	**Tony Clay**
Bex Fowler	**Jasmine Armfield**	Iqra Ahmed	**Priya Davdra**
Honey Mitchell	**Emma Barton**	Sharon Mitchell	**Letitia Dean**
Jay Brown	**Jamie Borthwick**	Kheerat Panesar	**Jaz Deol**
Ben Mitchell	**Max Bowden**	Mick Carter	**Danny Dyer**
Tina Carter	**Luisa Bradshaw-White**	Kim Fox	**Tameka Empson**
Linda Carter	**Kellie Bright**	Billy Mitchell	**Perry Fenwick**
Martin Fowler	**James Bye**	Rainie Branning	**Tanya Franks**

Writer Matthew Hurt More cast Thursday (S) (AD) (HD)

8.30 The Million Pound Disability Payout: Panorama
Why has the Department for Work and Pensions paid its own employees nearly £1 million of public money for disability discrimination? Richard Butchins investigates.
Producer Charlie Mole; Executive producers Tom Randall and Lucie Kon
Signed repeat Friday 12.10am BBC2 (S) (HD)

9.00 MasterChef
RT In the third heat, the signature dishes will see two contestants qualify for the next stage. After the three-ingredient challenge two cooks go home. The surviving four then battle for a place in the quarter-final. Continues Wednesday 9pm. **See p64.** (S) (AD) (HD)

10.00 BBC News Regional News; Weather (S) (HD)

COMEDY OF THE WEEK

10.35 This Country
RT ***4/6*** *Series 3.* **Kurtan's Half-Brother.** Kurtan receives sad news about a relative. **See p65.**

Kerry Mucklowe	**Daisy May Cooper**	Martin Mucklowe	**Paul Cooper**
Lee "Kurtan" Mucklowe	**Charlie Cooper**	Kayleigh Hudson	**Celeste Dring**
The Rev Francis Seaton	**Paul Chahidi**	Mandy Harris	**Ashley McGuire**
Clive Wilson	**Richard Attlee**	Kurtan's nan	**Elvira Presley**

Writers Daisy May Cooper and Charlie Cooper; Director Tom George
Producer Simon Mayhew-Archer (S) (AD) (HD)

11.05 Young, Welsh and Pretty Minted
3/6. Instagram star Erin works in a recycling depot.
Director Jody Cusack; Producer Catrin Rowlands (S) (AD) (HD)

11.35 *ALL EXCEPT NORTH EAST/NORTH WEST*
Live at the Apollo With Eddie Izzard, Trevor Noah and Josh Widdicombe. Director Paul Wheeler (R) (S) (HD)
NORTH EAST/NORTH WEST **The Super League Show** Highlights include Huddersfield v St Helens.
Producer John Harrison; Executive producers Craig South and Nicola Addyman Repeated tomorrow 1pm BBC2 (S) (HD)

12.20am Weather (S) (HD) **12.25–6.00am BBC News** (S) (HD)

BBC1 **Freeview** 1/HD 101 **Freesat** 101/HD 106 **Sky** 101/HD 115 **Virgin** 101/HD 108

BBC2



Miriam's Big Fat Adventure *9.00pm* Georgia tells Miriam Margolyes why she signed up to the bootcamp

5.15pm Flog It!
Experts James Lewis and Jonathan Pratt assess items brought to Dover Castle in Kent. (S) (HD)

6.00 Richard Osman's House of Games
Previous winners Hugh Dennis, Sarah Greene, Nish Kumar and Holly Walsh take part. (S) (HD)

6.30 Great British Railway Journeys
Warwick to Radley. Michael Portillo uncovers the scene of a scandalous ball that changed the life of its hostess, Daisy Greville, Countess of Warwick. Moving on to Oxford, he finds out how medieval pottery inspired TE Lawrence to head to the Middle East. (R) (S) (AD) (HD)

7.00 Coastal Path
3/5. Paul Rose explores southern Cornwall, including a visit to Pendennis Castle in Falmouth, and tries coasteering on the Lizard Peninsula.
Director/Producer Jo Horsey (R) (S) (HD)

7.30 Mastermind
The life and works of Laura Ingalls Wilder, *Star Trek*, Jenson Button and Mary, Queen of Scots are tonight's specialist subjects. With John Humphrys.
Director Geraldine Dowd
Producers Kate Middleditch and Chris Jones (S) (HD)

8.00 Only Connect
RT Victoria Coren Mitchell presents the first semi-final of the quiz. **See page 64.**
Director Siân G Lloyd; Producer Jenny Heap (S) (HD)

8.30 University Challenge
The quarter-final matches continue as two more teams compete. Jeremy Paxman asks the questions.
Director Tracey Rooney; Producers Irene Daniels and Peter Gwyn (S) (HD)

9.00 Miriam's Big Fat Adventure
RT ***1/2.*** Having been – in her words – fat ever since she can remember, Miriam Margolyes is on a mission to discover why the UK is now at its most overweight. At a military-style bootcamp she meets Georgia, who has struggled with serious binge eating since university and is now determined to lose weight. Miriam then visits a behavioural psychologist who is testing the psychological effects of being obese by asking students to wear a fat suit. On seeing the results of another experiment, she is shocked to learn how deeply embedded society's disdain for the obese really is. Concludes tomorrow 9pm. **See p64.**
Repeated Thursday 11.15pm (S) (AD) (HD)

10.00 Inside No 9
RT ***6/6*** *Series 5.* **The Stakeout.** On a long night shift, police officers always have time to get to know each other. But PC Thompson's previous partner died in a brutal attack, the forensics have gone missing and police community support officer Varney is starting to ask questions. **See page 65.**

PCSO Varney	**Reece Shearsmith**	DC Dobson	**Malik Ibheis**
PC Thompson	**Steve Pemberton**	Controller	**Rebecca Callard**

Writers Steve Pemberton and Reece Shearsmith
Director Guillem Morales; Producer Adam Tandy (S) (AD) (HD)

10.30 Newsnight With Emily Maitlis. (S) (HD)

11.10 Weather (S) (HD)

11.15 Hospital
4/8 *Series 5.* The work of staff at Alder Hey Children's Hospital, following a baby about to have surgery.
Shown last Thursday (S) (HD)

12.15–3.00am Sign Zone 12.15 The Farmers' Country Showdown A visit to one of Britain's oldest sheepdog trials in Powburn, Northumberland. (R) (S) (HD)
1.00 Countryfile A project on the Gwent Levels to preserve the area's heritage. Shown yesterday 8.30am (S) (HD)
2.00 Secrets of the Museum ***4/6.*** An original *Star Wars* costume is missing its head. (R) (S) (AD) (HD)

BBC2 **Freeview** 2/HD 102 **Freesat** 102 **Sky** 102 **Virgin** 102

ITV



Liar *9.00pm* Keep your friends close: Laura is in need of support as the police step up their inquiry

5.00pm The Chase
Bradley Walsh presents as four more keen contestants take part in the quiz.
Series producer Helen Tumbridge; Executive producers Michael Kelpie and Martin Scott (R) (S) (HD)

6.00 Regional News Weather (S) (HD)

6.30 ITV Evening News Weather (S) (HD)

7.00 Emmerdale
Vanessa is betrayed by Charity. Arthur is relieved when Laurel agrees to keep their secret from Jai.
Writer Anna Clements Cast Tuesday/Thursday
Repeated tomorrow 7.50am and 12.15pm ITV2 (S) (AD) (HD)

7.30 Coronation Street
Gary asks Sharon to teach Ali a lesson. Roy's fellow bat-watchers are horrified by Nina's attire.

Gary Windass	**Mikey North**	Toyah Battersby	**Georgia Taylor**
Sharon Geary	**Naomi Cooper-Davis**	Imran Habeeb	**Charlie de Melo**
Roy Cropper	**David Neilson**	Peter Barlow	**Chris Gascoyne**
Nina Lucas	**Mollie Gallagher**	Simon Barlow	**Alex Bain**
Ali Neeson	**James Burrows**	Amy Barlow	**Elle Mulvaney**

Writer Mark Wadlow More cast Friday
Repeated tomorrow 8.20am and 12.45pm ITV2 (S) (AD) (HD)

8.00 St Davids: Britain's Smallest City
2/6. During the summer holidays, thousands of tourists descend on St Davids, causing traffic chaos on the high street. Boat trippers seek out dolphins and a water shortage could spell disaster for some of the city's residents.
Director/Producer Leanne Rene
First shown on ITV Wales (S) (AD) (HD)

8.30 Coronation Street
A terrified Gary leaves a message for Sharon telling her that if Ali dies, she is to blame.
Writer Julie Jones
Repeated tomorrow 8.50am and 1.15pm ITV2 (S) (AD) (HD)

9.00 Liar
RT ***2/6*** *Series 2.* Feeling the full force of DI Renton's investigation, Laura seeks support from those closest to her. But when suspicion falls on Ian, Laura starts to question whom she can trust. **See page 64.**

Laura Nielson	**Joanne Froggatt**	Ian Davis	**Kieran Bew**
Andrew Earlham	**Ioan Gruffudd**	Luke Earlham	**Jamie Flatters**
DI Karen Renton	**Katherine Kelly**	Ruby Allen	**Sian Clifford**
DS Rory Maxwell	**Danny Webb**	Greg Maxwell	**Jack Colgrave Hirst**
Katy Sutcliffe	**Zoë Tapper**	Nick Pillar	**Oliver Maltman**
Oliver Graham	**Sam Spruell**	Dr Charlie Jensen	**Dan Nicholson**
DI Vanessa Harmon	**Shelley Conn**	Reporter Austin	**David Kennedy**
Liam Sutcliffe	**Richie Campbell**	Receptionist	**Tomi Sunmonu**
Winnie Peterson	**Amy Nuttall**	Security guard	**Alex Delescu**
Carl Peterson	**Howard Charles**	Journalist	**Dean Graham**

Writers Jack Williams and Harry Williams; Producer James Dean
Director James Strong Repeated Thursday 10.45pm (S) (AD) (HD)

10.00 ITV News at Ten
Weather; Regional News and Weather (S) (HD)

10.45 Police in Danger: Caught on Camera
Dramatic footage of police dealing with violent crimes committed against them, including the officer who was nearly killed by a man wielding a four-foot-long samurai sword. And a look at what happens when officers in danger hit the emergency button on their police radio.
Producer Mark Dolan (R) (S) (AD) (HD)

11.45 All Elite Wrestling: Dynamite
Explosive action from the latest AEW event.
Shown last Friday ITV4 (S) (HD)

12.35am Home Shopping (HD)
3.00 James Martin's French Adventure The chef visits the diverse Camargue region. (R) (S) (SL) (HD)
3.50 Nightscreen Text information. (HD)
5.05–6.00am Judge Rinder (R) (S) (SL) (HD)

ITV **Freeview** 3/HD 103 **Freesat** 103/HD 111 **Sky** 103 **Virgin** 103/HD 113
+1 **Freeview** 33 **Freesat** 112 **Sky** 203 **Virgin** 114

Channel 4



Baghdad Central *10.00pm* Time is running out for Khafaji as he races to rescue both of his daughters

5.00pm Four in a Bed
New series. The return of the B&B competition, today from the Bankfoot Inn in Perthshire.
Director/Producer Nick Webb (S) (HD)

5.30 Come Dine with Me
New series. The dinner-party challenge returns, beginning with Nigerian food in Edinburgh. (S) (HD)

6.00 The Simpsons
The Homer They Fall. Former pugilist Moe encourages Homer to take up boxing. (R) (S) (AD)

6.30 Hollyoaks
Mitchell returns from his holiday.
Writer Jonathan Boam Cast Thu/Fri Shown last Fri E4 Rptd tomorrow 6.30am E4 Next episode follows on E4 (S) (AD) (HD)

7.00 Channel 4 News Sport; Weather (S) (HD)

8.00 Celebs for Sale: the Great Charity Scandal
Reporting for *Dispatches*, Antony Barnett creates a fake charity and goes under cover to reveal the extent to which some of Britain's most famous people profit from the work they do for charity.
Producers Esella Hawkey, Richard Cookson and Kate Mead
Executive producers David Henshaw and Joanna Potts
Repeated 1.25am 4seven and Thursday 3.20am C4 (S) (HD)

8.30 Food Unwrapped
Ep 3 *Series 18.* Matt Tebbutt investigates an intriguing claim about tomato ketchup and Kate Quilton discovers how oysters progressed from a Victorian bar snack to a wallet-busting luxury.
Directors/Producers Nicola Ollivere, Kirsty Seager and Rebecca Whitefoot Repeated 1.55am 4seven (S) (AD) (HD)

9.00 24 Hours in A&E
Ep 9. Jonathan is rushed to St George's after being hit by a car as he was cycling home from work. Painter and decorator Wayne has a wrist injury which is proving difficult to diagnose.
Director/Producer Jonathan Low
Repeated Wednesday 9pm 4seven (S) (AD) (HD)

10.00 Baghdad Central
RT ***6/6.*** Realising that he must get his family out of Iraq, Khafaji plans an audacious trap for Temple and Evans. During a last-minute flight to the border, the family receives help from an unexpected source. The whole series is available online on All 4. **See page 65.**

Khafaji	**Waleed Zuaiter**	Nidal	**Hisham Suliman**
Capt John Parodi	**Corey Stoll**	Maha	**Nahar Ramadan**
Frank Temple	**Bertie Carvel**	Dr Laker	**Stefano Braschi**
Douglas Evans	**Neil Maskell**	Omar	**Thaer Al-Shayei**
Zubeida Rashid	**Clara Khoury**	Sawsan	**Leem Lubany**
Mrouj	**July Namir**	Suheir	**Zahraa Ghandour**
Florida	**Thalissa Teixeira**	Young Tareq	**Warred Namer**
Salim Al Nasir	**Yousef Sweid**	Young Mrouj	**Salma Namer**
Karl	**Youssef Kerkour**	Young Sawsan	**Larsa Namer**

Dramatised by Stephen Butchard; Producer Jonathan Curling
Director Ben A Williams Signed rpt Thu 2.25am (S) (AD) (HD)

11.00 Emergency Helicopter Medics
In County Durham, Anthony needs specialist attention after coming off his motorbike.
Directors Alex Gower-Jackson, Adam Boyle and Adam Webster
Producer Angela Smith First shown on More4 (S) (AD) (HD)

12 midnight Ramsay's Kitchen Nightmares USA A restaurant serving frozen and tinned food. (R) (S)
12.50am Hunted ***Ep 4*** *Series 5.* Missing her dog, Hayley risks returning to Wigan. Shown last Thu (S) (SL) (AD) (HD)
1.45 The Supervet Treating a lame husky. (R) (S) (HD)
2.40 Come Dine with Me In Worcestershire. (R) (S) (HD)
3.35 Grand Designs Kevin McCloud is in Amersham to revisit one of the show's first projects. (R) (S) (AD) (HD)
4.30 Location, Location, Location In York. (R) (S) (HD)
5.25 Cooking Up a Fortune Michael and Kirstie risk a dish they have never cooked before. (R) (S) (HD)
5.50–6.30am Countdown (R) (S) (HD)

Channel 4 **F'view** 4/HD 104 **F'sat** 104 **Sky** 104/HD 138 **Virgin** 104/HD 141
+1 **Freeview** 15 **Freesat** 121 **Sky** 204 **Virgin** 142

BBC4



Age of the Image *9.00pm* James Fox explores the effects of mass communication

7.00pm Beyond 100 Days (S) (HD)
Followed by **Weather** (S) (HD)

7.30 Francesco's Mediterranean Voyage
8/12. **The Cyclades.** Francesco da Mosto follows the pilgrimage route to the island of Tinos and its statue of the Virgin Mary as he sails through the Cyclades archipelago. On Delos, he investigates the temples of an ancient religion before fishing for octopus on Naxos.
Director/Producer Nicola Seare (R) (S) (AD) (HD)
RT TRAVEL Discover two gems of the Mediterranean, Sardinia and Corsica. Visit radiotimes.com/corsica to find out more

8.00 Dynasties
1/5. David Attenborough presents the stories of five animal dynasties as they battle for survival. In Senegal, one chimpanzee has been the alpha male of his group for three years and is nearing the end of his time as leader.
Producer Rosie Thomas
Series producer Rupert Barrington (R) (S) (AD) (HD)

9.00 Age of the Image
RT ***2/4.*** **Power Games.** James Fox explores how technology helped to transform 20th-century society, as films, photographs, TV, art and advertising all became weapons in the ideological battles of the age. He tells the stories of Marlene Dietrich and Leni Riefenstahl, who each used cinema to pursue very different visions of power and freedom, and why a Muhammad Ali magazine cover is one of the most powerful political images of the last century. **See p64.**
Director Alexander Leith; Executive producer Richard Bright Signed repeat 2.30am (S) (HD)

10.00 Suffragettes with Lucy Worsley
Lucy Worsley investigates the battle that women had to wage for the right to vote. Piecing together the forgotten stories from this period, she explores the range of people who fought for the vote. She also looks at the covert and sometimes violent tactics the police used against the suffragettes, and the negative effect of Parliament on the campaign.
Director Emma Frank; Executive producer Emma Hindley First shown on BBC1 (S) (AD) (HD)

11.30 Art of France
3/3. **This Is the Modern World**
Andrew Graham-Dixon details how the arrival of impressionism in the 1870s ushered in a wildly creative period in which artists found their muses in the bars and cabarets of *belle époque* Paris. He also shows how Monet, Degas and others paved the way for succeeding art movements including fauvism, surrealism and abstract expressionism.
Director Tim Dunn
Series producer Silvia Sacco (R) (S) (AD) (HD)

12.30am Britain's Outlaws: Highwaymen, Pirates and Rogues ***3/3.*** Urban crime, fraud and corruption. (R) (S) (AD) (HD)
1.30 Rude Britannia ***3/3.*** British humour from the 1960s to the present. (R) (S) (AD)
2.30–3.30am Age of the Image Changes in technology. Shown 9pm (S) (SL) (HD)

BBC4 **F'view** 9/HD 106 **F'sat** 107/173 **Sky** 116 **Virgin** 107

Regional variations

BBC1 SCOTLAND
7.30–8.00pm Arctic Academy
11.35–12.20am Live at the Apollo

BBC SCOTLAND
As BBC2 except:
12 noon Paramedics on Scene: signed
1.00pm Hebrides: Islands on the Edge: signed **2.00–2.30** Grand Tours of the Scottish Islands: signed
7.00 The Singer Story: Made in Clydebank
8.00 Hebrides: Islands on the Edge **9.00** The Nine **10.00** River City
11.00–12 midnight Love Song

STV
10.00pm ITV News at Ten; STV News and Weather **10.40** Scotland Tonight; ITV Weather **11.05** Piers Morgan's Life Stories
12.05am Broadchurch
1.00 Nightscreen
5.05–6.00 Judge Rinder: court cases

BORDER SCOTLAND
8.00–8.30pm Border Life

BBC1 WALES
7.30–8.00pm X-Ray
10.35 Young, Welsh and Pretty Minted
11.05 This Country
11.35–12.20am Live at the Apollo

ITV WALES
8.00–8.30pm Wales This Week **10.45** Sharp End **11.15–11.45** Wales on TV

BBC1 NORTHERN IRELAND
7.30–8.00pm The Chronicles of Erne: Autumn on the lough
10.35 There's No Place like Tyrone **11.05** This Country**11.35** Young, Welsh and Pretty Minted **12.05am** Live at the Apollo
12.50–6.00 News

BBC2 NORTHERN IRELAND
10.00–10.30pm Beidh Aonach Amárach: the National Ploughing Championships in Carlow

UTV
10.45–11.45pm View from Stormont

Channel 5 listings are overleaf

MONDAY Freeview

Channel 5 5



Con Air *11.00pm* Cameron Poe (Nicolas Cage) wants to get home

F'view 5/**HD** 105 **F'sat** 105 **Sky** 105 **Virgin** 154/**HD** 105

6.00am Milkshake! See page 71
9.15 ***New.*** **Jeremy Vine** (S) (HD)
11.15 Parking Hell: at War with the Law The daily battles across Britain for parking spaces. (S) (HD) **12.10pm 5 News** (S) (HD)
12.15 Nightmare Tenants, Slum Landlords A problem tenant that has left a landlord's life in tatters. (S) (HD) **1.10 Access** (S) (HD)
1.15 Home and Away Shown last Friday 5 Star Repeated 6pm Channel 5 (S) (AD) (HD)
1.45 ***New.*** **Neighbours** Rptd 5.30pm (S) (AD) (HD)
2.15 Secrets at the Lake ★★ Thriller. P A family is targeted by a woman with a tragic past. Director Tim Cruz (2019) (S) (W) (HD)
4.00 Friends *Series 4.* Monica goes on a date with her high-school heart-throb. (S) (HD) **4.30** Chandler dates Rachel's boss. (S) (HD)

5.00pm 5 News (S) (HD)

5.30 Neighbours
David allows Finn to visit Harry in prison.
Shown 1.45pm Repeated 6pm 5 Star (S) (AD) (HD)

6.00 Home and Away
Robbo is marched to a cliff edge.
Shown 1.15pm Next episode 6.30pm 5 Star (S) (AD) (HD)

6.30 5 News Tonight (S) (HD)

7.00 ***New.*** **Rugby Union**
Premiership action, including Worcester Warriors v Northampton Saints and Bristol Bears v Harlequins. (S) (HD)
Followed by **5 News Update** (S) (HD)

8.00 ***New.*** **Traffic Cops**
Thieves steal a car when the owner leaves the engine on to nip in to a shop. (S) (HD)
Followed by **5 News Update** (S) (HD)

9.00 ***New.*** **Warship: Life at Sea**
5/5 *Series 2.* As HMS *Duncan* begins the 4,500-mile voyage home, one of its engines stops working off the coast of Yemen.
Series director Anna Keel
Series producer Nicola Bathurst (S) (HD)

10.00 HMS *Victory*: Nelson's Great Warship
Rob Bell discovers the extraordinary feats of engineering behind Nelson's warship, which was already 40 years old when it fought at the Battle of Trafalgar.
Director/Producer Luke McLaughlin (S) (HD)

11.00 Con Air ★★★★
Action thriller. Finally paroled after eight years in prison for manslaughter, Cameron Poe heads home on the "Jailbird", a convict transport plane that contains some of America's most dangerous criminals. But there are nefarious plans afoot…

Cameron Poe	**Nicolas Cage**
Vince Larkin	**John Cusack**
Cyrus "the Virus" Grissom	**John Malkovich**
Garland Greene	**Steve Buscemi**
Diamond Dog	**Ving Rhames**

Director Simon West (1997, 18) (S) (W) (HD)

1.15am ***New.*** Casino (S) (HD) **3.15** Our Dream Hotel (S) (HD) **4.10** Tribal Teens: Here Comes Trouble (S) (SL) (HD) **4.55** House Doctor (S) (SL) **5.25** Great Scientists (S) (SL) **5.50–6.00am** Access (S) (HD)

+1 **Freeview** 44 **Freesat** 128 **Sky** 205 **Virgin** 155

BBC4 listings are overleaf

ITV2 6



The Stand Up Sketch Show *10.00pm* Lily Phillips takes to the stage

Freeview 6 **Freesat** 113 **Sky** 118 **Virgin** 115/**HD** 176

7.00am The Ellen DeGeneres Show (S) (HD) **7.50** Emmerdale (S) (SL) (AD) (HD) **8.20** Coronation Street (S) (SL) (AD) (HD) **9.20** Superstore (S) (AD) (HD) **10.15** Dinner Date (S) (AD) (HD) **11.15** Dress to Impress (S) (AD) (HD)
12.15pm Emmerdale Shown last Friday ITV (S) (AD) (HD) **12.45** Coronation Street Shown last Friday ITV (S) (AD) (HD) **1.50** ***New.*** The Ellen DeGeneres Show: with Judge Judy (S) (HD) **2.45** Dinner Date (S) (AD) (HD) **3.50** Dress to Impress (S) (AD) (HD) **4.50** Take Me Out (S) (HD)

6.00pm You've Been Framed! Gold
Four editions of comical clips. (S) (HD)

8.00 Two and a Half Men
13/22 *Series 11.* Walden and Alan plan a bachelor party for Marty. (S) (HD)
8.30 ***16/22.*** Walden worries that his new girlfriend is cheating on him. (S) (HD)

9.00 Family Guy
Series 11. Peter and Lois send Chris to space camp to boost his self-esteem. (S) (AD) (HD)

9.30 ***New.*** **American Dad!**
Series 15. Jeff starts hanging out with Stan's favourite chef. First shown on Fox (S) (AD) (HD)

10.00 ***New.*** **The Stand Up Sketch Show**
3/6 *Series 2.* Routines by Nigel Ng, Helen Bauer, Lily Phillips and Seann Walsh are reconstructed as sketches.
Repeated Thursday 1.05am (S) (HD)

10.30 Family Guy
Series 11. Brian writes a play. (S) (AD) (HD)
11.00 *Series 10.* A look at the world from Stewie's point of view. (S) (AD) (HD)

11.30 American Dad!
Series 13. A misunderstanding at school leads to Steve receiving an F. (S) (AD) (HD)

11.55 The Cleveland Show
Series 3. Cleveland goes on a hunting trip against Donna's wishes. (S) (AD) (HD)
12.25am Two and a Half Men: two episodes (S) (HD) **1.25** Hey Tracey! (S) (HD) **2.05** Plebs (S) (AD) (HD) **3.05–3.30am** Totally Bonkers Guinness World Records (S) (HD)

ITV2+1 **Freeview** 27 **Freesat** 114 **Sky** 218 **Virgin** 116

ITV3 10



Endeavour *8.00pm* Morse confers with *Oxford Mail* editor Dorothea Frazil

Freeview 10 **Freesat** 115 **Sky** 119 **Virgin** 117/**HD** 177

6.00am Classic Coronation Street (S) **6.55** Classic Emmerdale (S) **7.55** Heartbeat (S) (AD) **8.55** Man about the House (S) **10.00** That's My Boy (S) **10.30** A Touch of Frost (S)
12.40pm Heartbeat (S) (AD) **1.45** Classic Emmerdale: double bill. The search for Robert continues, then Jack is still convinced that Sarah has been having an affair (S) **2.50** Classic Coronation Street: double bill. Des is dismayed to hear Curly has lost his job, then Ken feels a bit old for his fatherly duties (S) **3.55** Midsomer Murders (S) (AD)

5.55pm Heartbeat
Bellamy and Gina prepare to marry. (S) (AD)

7.00 Agatha Christie's Poirot
The Veiled Lady. Lady Millicent Castle-Vaughn is about to be married – but a blackmailer has possession of a secret. (S) (HD)

8.00 Endeavour
2/4 *Series 2.* **Nocturne.** A barbarous act in a museum leaves an elderly man dead. Endeavour and Thursday's investigation leads them to a girls' school still haunted by memories of an atrocity. (S) (AD) (HD)

DC Endeavour Morse	**Shaun Evans**
DI Fred Thursday	**Roger Allam**
Chief Superintendent Reginald Bright	**Anton Lesser**
Dr Max DeBryn	**James Bradshaw**
DS Peter Jakes	**Jack Laskey**
PC Jim Strange	**Sean Rigby**
Stephen Fitzowen	**Desmond Barrit**
Dorothea Frazil	**Abigail Thaw**

RT DVDs To pre-order *Endeavour* series 7, price £16.99 including p&p (RRP £19.99), call 0844 848 7300 (charges apply, see p152) or visit radiotimes.com/dvds11, quoting ref RT1811

10.00 Scott & Bailey
5/8 *Series 2.* Rachel and the team investigate a racially motivated murder. Continues tomorrow 10pm. (S) (AD) (HD)

11.00 A Touch of Frost
Series 1. **Not with Kindness.** An unwelcome house guest leaves DI Frost feeling grateful for a series of death threats. (S)
1.10am A Touch of Frost (S) **3.00** That's My Boy (S) **3.25–3.30am** Nightscreen

+1 **F'view** 34 *(9pm–midnight)* **F'sat** 116 **Sky** 219 **Virgin** 174

Drama 20



New Tricks *10.00pm* Sandra and Gerry look into a ringmaster's death

Freeview 20 **Freesat** 158 **Sky** 143 **Virgin** 130

7.10am Soldier, Soldier **9.00** The Bill (S) **10.00** Classic Holby City **11.00** Classic Casualty (S)
12 noon The Bill (S) **1.00pm** Classic EastEnders **2.20** London's Burning (S) **3.20** Monarch of the Glen (S) **4.20** Bergerac (S) **5.25** Bread (S)

6.00pm Hi-de-Hi!
Barry and Yvonne tread the light fantastic, while Spike has a humorous conversation with Pinocchio. (S)

6.40 As Time Goes By
Jean arranges a party for the residents of an old people's home after the example set by Lionel's visiting father.

7.20 Last of the Summer Wine
Lenny and his assistant Cliff return to the village, this time entertaining hopes of becoming successful escapologists. Guest-starring Tommy Cannon and Bobby Ball. (S)

8.00 Dalziel & Pascoe
4/5 *Series 7.* **For Love Nor Money**
The suspected copycat murder of a retired detective leads Dalziel to uncover a deception among his own officers. (S) (AD)

Detective Superintendent Andy Dalziel	**Warren Clarke**
DI Peter Pascoe	**Colin Buchanan**
ACC Stella Applegarth	**Diana Quick**
Rachel Waller	**Ruth Gemmell**
Danny Macer	**John Duttine**

10.00 New Tricks
8/8 *Series 4.* **Big Topped.** Pullman's trust in her team is shattered when she learns they have concealed an important secret about her father. Still reeling from the news, she is asked to re-investigate the case of a circus ringmaster who was burnt to death in his caravan. (S) (AD)

11.20 Waking the Dead
4/4 *Series 2.* **Thin Air.** Thirteen years after the murder of a teenage girl, Boyd finds a crucial piece of evidence and arrests the owner – reclusive hippie Alec Garvey – but Grace doubts if he is their man.
1.55am The Bill: Sun Hill gets a new receptionist (S) **2.55–4.00am** London's Burning (S)

Drama +1 **Sky** 243 **Virgin** 226

ITV4 24

Freeview 24 **Freesat** 117 **Sky** 120 **Virgin** 118/**HD** 178

6.00am Football's Greatest: Eusebio (S) (HD) **6.05** Only When I Laugh (S) **6.30** Quincy (S) (HD) **7.20** Kojak (S) (SL) (HD) **8.15** The Saint (S) **9.20** Minder (S) (AD) **10.25** The Professionals (S) (AD) **11.25** The Sweeney (S)
12.35pm Quincy (S) (HD) **1.40** Kojak (S) (HD) **2.40** The Saint (S) **3.50** Minder (S) (AD) **4.50** The Professionals (S) (AD) **5.55** The Sweeney (S)
7.00pm ***New.*** **Cycling** Highlights from stage two of the Paris-Nice race, a 166.5km course from Chevreuse to Châlette-sur-Loing. (S) (HD)
8.00 River Monsters Jeremy Wade visits the Pacific Ring of Fire. (S) (HD)
9.00 ***New.*** **Giant Lobster Hunters** A skipper is under pressure to fill a special order. Repeated tomorrow 8pm (S) (HD)
10.00 FILM Magnum Force ★★★ Crime thriller starring Clint Eastwood. Prominent criminals are being targeted in a series of killings where the weapon is always the same. **Film of the Day: p37.** (S) (AD) (W) (HD)
12.35am Car Crash Global: Caught on Camera (S) (HD) **1.35** The Contender (S) (HD) **2.40–3.00am** Nightscreen (HD)

ITV4 +1 **Freesat** 154 **Sky** 220 **Virgin** 175

ITVBe 26

Freeview 26 **Freesat** 118 **Sky** 131 **Virgin** 119/**HD** 179

7.00am Bachelor in Paradise (S) (HD) **8.45** Be Beautiful (S) (AD) (HD) **9.00** LittleBe
12 noon Income Property (S) (HD) **12.25pm** The Real Housewives of Beverly Hills (S) (HD) **1.20** Absolutely Ascot (S) (HD) **2.20** ***New.*** Million Dollar Listing: NYC (S) (HD) **3.15** The Real Housewives of New York City (S) (HD) **4.10** The Real Housewives of Dallas (S) (HD)
6.00pm ***New.*** **Masters of Flip** Renovating an old farmhouse. First shown on Lifetime. (S) (HD)
7.00 Buying and Selling A couple who have outgrown their starter home. (S) (HD)
8.00 Dinner Date Lauren chooses three people to date from five menus. (S) (AD) (HD)
9.00 ***New.*** **The Real Housewives of Orange County** Shannon flirts with a beekeeper at an away day. (S) (HD)
10.00 Botched Terry Dubrow helps a patient downsize her breasts. (S) (AD) (HD)
10.55 A transgender woman wants to have her collapsed nose fixed. (S) (AD) (HD)
11.55 The Only Way Is Essex Jess and Ricky have a serious chat. (S) (HD)
12.40–12.55am Nightscreen (HD)

ITVBe +1 **Freesat** 119 **Sky** 231 **Virgin** 120

Dave 19

F'view 19 **F'sat** 157 **Sky** 111 **Virgin** 127/**HD** 227 **BT HD** 387

7.10am Eat Your Heart Out with Nick Helm (S) (HD) **8.00** American Pickers (S) (HD) **9.00** Storage Hunters UK: double bill (S) (HD) **10.00** American Pickers: double bill (S) (HD)
12 noon Timber Kings (S) (HD) **1.00pm** Top Gear (S) (AD) (HD) **2.00** Border Force: America's Gatekeepers (AD) (HD) **3.00** Scrapyard Supercar (S) (HD) **4.00** Top Gear (S) (AD) (HD)
6.00pm Taskmaster ***6/10*** *Series 7.* (S) (HD)
7.00 Room 101 Double bill. (S) (HD)
8.20 Have I Got a Bit More News for You Hosted by Martin Clunes. (S) (HD)
9.20 QI With Andy Hamilton, Rich Hall, Phill Jupitus and Alan Davies. (HD)
10.00 Room 101 With Lucy Porter, Romesh Ranganathan and Robert Rinder. (S) (HD)
10.40 Meet the Richardsons ***2/6.*** Jon is given career advice from his hero. (HD)
11.20 Mock the Week With guests Miles Jupp, Ava Vidal and Carl Donnelly. (S)
12 midnight Taskmaster (S) (HD) **1.00am** Have I Got a Bit More News for You (S) (HD) **2.00** QI (HD) **2.40** Go 8 Bit: DLC: double bill (S) (HD) **3.30–4.00am** The Indestructibles (HD)

Dave Ja Vu **Freeview** 79 **Sky** 211 **Virgin** 131

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More4 18



Car SOS *9.00pm* Tim and Fuzz restore a vintage Ford Model A

Freeview 18 **Freesat** 124 **Sky** 136 **Virgin** 147/**HD** 195

8.55am Kirstie's Vintage Gems (S) (HD)
9.15 A Place in the Sun: Winter Sun (S) (HD)
10.05 A Place in the Sun: Summer Sun (S) (HD)
11.05 Find It, Fix It, Flog It (S) (HD)
1.15pm Escape to the Château: DIY (S) (AD) (HD)
2.20 Four in a Bed (S) (HD) **4.55** The Secret Life of the Zoo (S) (AD) (HD) **5.55** Car SOS (S) (HD)

6.55pm Escape to the Château: DIY
Dick and Angel host a wedding. (S) (HD)

7.55 Grand Designs
Building a new home on a 16-acre plot of land in Lincolnshire. (S) (AD) (HD)

9.00 *New.* Car SOS
5/10 *Series 7.* Tim and Fuzz rescue a vintage Ford Model A in Milton Keynes, that has only just survived 90 years. (S) (AD) (HD)

10.00 Sarah Millican: Control Enthusiast
A stand-up performance including topics such as road rage and IBS. (S) (AD) (HD)

11.05 24 Hours in A&E
Twelve-year-old Eddie is brought in to A&E having been hit by a car. (S) (AD) (HD)

12.10am Eight out of Ten Cats Does Countdown (S) (HD) **1.10** Car SOS (S) (AD) (HD) **2.10** 24 Hours in A&E (S) (AD) (HD) **3.15–3.45am** Food Unwrapped (S) (AD) (HD)

More4 +1 **Freeview** 86 **Freesat** 125 **Sky** 236 **Virgin** 196

E4 13

Freeview 13 **Freesat** 122 **Sky** 135 **Virgin** 106/**HD** 145

6.00am Hollyoaks Shown last Thursday/Friday C4 (AD) **7.00** How I Met Your Mother (AD) **8.00** Baby Daddy **9.00** Mike & Molly **10.00** The Big Bang Theory (AD) **11.00** The Goldbergs (AD)
12 noon Brooklyn Nine-Nine (AD) **1.00pm** The Big Bang Theory (AD) **2.00** Baby Daddy **3.00** Mike & Molly **4.00** The Goldbergs (AD) **5.00** Brooklyn Nine-Nine (AD)

6.00pm The Big Bang Theory *8/24*
Series 6. The friends try to solve the mystery of Sheldon's post-lunch activities. (AD)
6.30 *9/24.* Sheldon and Howard squabble over ownership of a parking space. (AD)
7.00 *New.* Hollyoaks Mercedes is panicked as Liam puts his plan into action. Cast pp97/107 Rptd tomorrow 6.30pm C4 (AD)
7.30 *New.* Man with a Plan *15/22.* Adam's parents pay an unexpected visit. (AD)
8.00 *New series.* First Dates Abroad
The dating show returns to Australia.
9.00 *New.* Celebs Go Dating Joshua Ritchie and James Lock go speed dating.
10.00 *New.* The Sex Clinic A man who has had over a thousand partners. (AD)
11.05 The Big Bang Theory (AD)
12.05am Brooklyn Nine-Nine (AD) **1.05** Celebs Go Dating **2.10** First Dates Abroad **3.05** The Sex Clinic (AD) **4.00** The Big Bang Theory (AD) **4.50–6.00am** How I Met Your Mother (AD)
E4 +1 **Freeview** 28 **Freesat** 123 **Sky** 235 **Virgin** 146

Sony Channel 48

Freeview 48 *(limited)* **Freesat** 142 **Sky** 157 **Virgin** 189

6.00am Movie News **6.10** The Waltons **7.10** Hart to Hart **9.10 *New.*** Days of Our Lives **10.00** Hart to Hart **11.00** Charlie's Angels **12 noon** Starsky & Hutch **1.00pm** TJ Hooker: students turn to drugs **2.00** Hart to Hart **4.00** Murder, She Wrote **6.00pm** Charlie's Angels: Jill poses as a centrefold girl to expose a murderer **7.00** M*A*S*H **9.00** Who Wants to Be a Millionaire? **1.00am** M*A*S*H **2.00** Charlie's Angels **3.00** M*A*S*H **3.30** The Waltons **4.20** Touched by an Angel **5.10–6.00am** Highway to Heaven
Sony Channel +1 **Freesat** 152 **Sky** 257

Paramount Network 31



Yellowstone *9.00pm* John (Kevin Costner) has a warning for Jamie

Freeview 31 **Freesat** 132 **Sky** 150 **Virgin** 187/**HD** 150

9.00am The A-Team (S) (AD) (HD)
11.00 Knight Rider: double bill
1.00pm Police Interceptors (S) (HD) **3.00** Traffic Cops (S) (HD) **5.00** The A-Team (S) (AD) (HD)

7.00pm Police Interceptors
The hunt is on for a driver who fled the scene of a horrific crash. (HD)

8.00 Trucking Hell
The team is called to rescue an articulated lorry loaded with a 23-ton transformer that has rolled over on the A1. (S) (HD)

9.00 *New.* Yellowstone
8/10. Rip stumbles upon a desperate and dangerous situation, while Monica begins a tough recovery. (S) (HD)

10.00 Red Heat ★★★
Action thriller starring James Belushi and Arnold Schwarzenegger. When a Moscow policeman is sent to the US to track down a Russian drug dealer, he is partnered with a brash Chicago detective whose style of policing is in complete contrast to his own. Director Walter Hill (1988, 18) (HD)

12.15am Spartacus: War of the Damned (HD) **1.25** Airwolf (HD) **3.20** The X-Files (S) (HD) **4.50** Knight Rider (AD) (HD) **5.35–6.00am** Criminals: Caught on Camera (S) (HD)
Paramount Network +1 **Sky** 250

4seven 47

Freeview 47/**HD** 110 **Freesat** 127 **Sky** 137 **Virgin** 143

9.00am Posh Pawn **10.00** Find It, Fix It, Flog It **11.00** Come Dine with Me
12 noon A Place in the Sun **1.00pm** Undercover Boss Canada **2.00** Ramsay's Kitchen Nightmares USA **3.00** Everybody Loves Raymond **4.00** Frasier **5.00** A Place in the Sun

6.00pm A New Life in the Sun: Where Are They Now? Catching up with expats who set up business in Spain and France.
7.00 Ramsay's Kitchen Nightmares USA Gordon helps a Cuban restaurant in Brooklyn.
8.00 The Great Pottery Throw Down *Ep 9.* The remaining potters have to produce a fully functioning toilet. (AD)
9.00 FILM Passengers ★★
Sci-fi adventure starring Chris Pratt and Jennifer Lawrence. **Review page 35.** (W)
11.20 Gogglebox *Ep 3.* Capturing the households' opinions on recent TV.
12.20am 24 Hours in A&E (AD) **1.25** Celebs for Sale: the Great Charity Scandal **1.55** Food Unwrapped **2.30** Nightmare Cruises: Going Overboard **3.35** A New Life in the Sun: Where Are They Now? **4.35–5.05am** Four in a Bed

Pick 11

Freeview 11 **Freesat** 144 **Sky** 152 **Virgin** 165

7.00am Motorway Patrol (AD) **8.00** Police Force: Australia (AD) **9.00** Nothing to Declare **10.00** Border Security: Canada's Front Line (AD) **11.00** Road Wars **11.30** Caught Red Handed **1.00pm** Police Force: Australia (AD) **2.00** Border Patrol **3.00** Nothing to Declare **4.00** Border Security: Canada's Front Line **5.00** Stargate SG-1 **6.00pm** Star Trek: the Next Generation **7.00** Hawaii Five-0: a bomb-disposal squad is attacked **8.00** Elementary: seven leading names in the IT world are poisoned **9.00** Britain's Most Evil Killers: the case of David Heiss, who murdered British student Matthew Pyke **10.00** Murders That Shocked the Nation **11.00** The Force: Essex (AD)
12 midnight Banged Up Abroad **1.00am** Road Wars **2.00** Nothing to Declare **3.00** Stop, Search, Seize (AD) **4.00** Motorway Patrol (AD) **5.00–6.00am** Highway Patrol: double bill
Pick +1 **Freeview** 92 **Freesat** 145 **Sky** 252

5 USA 21

Freeview 21 **Freesat** 129 **Sky** 141 **Virgin** 153

9.00am Criminals: Caught on Camera **9.25** Murder, She Wrote (S) (AD) **10.15** CSI: NY (S) (AD) **11.10** The Mysteries of Laura (S) **12.05pm** Law & Order: six episodes (S) **6.00** Law & Order *Series 15.* Double bill. Heroin users are murdered in a raid on a drug den, then a child murderer is killed (S) **8.00** NCIS: New Orleans *Series 3.* A gruesome copycat murder reopens painful memories for Wade (S) (AD) **9.00** Law & Order: Criminal Intent (S) **10.00** Law & Order: Special Victims Unit (S) (AD)
1.55am Law & Order: Los Angeles: two episodes (S) **3.50–4.00am** Access
5 USA +1 **F'view** 56 (not 2-4am) **F'sat** 130 **Sky** 241 **Virgin** 185

5 Star 30

Freeview 30 **Freesat** 131 **Sky** 128 **Virgin** 151

8.00am 3rd Rock from the Sun (S) (HD) **8.20** House (S) (HD) **10.05** Nightmare Tenants, Slum Landlords (S) (HD) **12.05pm** Can't Pay? My Nightmare Ex Wife (S) (HD) **1.00** Can't Pay? We'll Take It Away (S) (HD) **3.00** Neighbours (S) (AD) (HD) **3.30** Home and Away (S) (AD) (HD) **4.00** House (S) (HD) **6.00** Neighbours Shown 5.30pm C5 (S) (AD) (HD) **6.30 *New.*** Home and Away Rptd tomorrow 6pm C5 (S) (AD) (HD) **7.00** Now That's Funny! (S) (HD) **8.00** Filthy House SOS (S) (HD) **9.00** The Nightmare Neighbour Next Door (S) (HD) **10.00** Celebrity Botched Up Bodies (S) (HD) **11.00 FILM** Bad Teacher ★★ Comedy (S) (HD)
12.55am Young, Dumb and Banged Up in the Sun (S) (AD) (HD) **1.55** Ten Years Younger in Ten Days (S) (HD) **3.00** Hoarders: Landfill in My Living Room (S) (HD) **3.50–4.00am** Access (HD)
5 Star +1 **Freeview** 55 **Freesat** 141 **Sky** 228 **Virgin** 186

5 Select 54

Freeview 54 **Freesat** 133 **Sky** 153 **Virgin** 152

9.00am Criminals: Caught on Camera **9.25** **FILM** The Nanny Is Watching ★★ **11.05** The Hotel Inspector **12.05pm** Bargain-Loving Brits in the Sun **1.05** The Dog Rescuers with Alan Davies (S) (AD) **2.05** GPs: behind Closed Doors (S) (AD) **4.00** The Yorkshire Vet (S) **5.00** The Dog Rescuers with Alan Davies **6.00** GPs: behind Closed Doors (S) (AD) **8.00** The Yorkshire Vet (S) (AD) **9.00** Dogs Behaving (Very) Badly **10.00** GPs: behind Closed Doors **11.00** The Dog Rescuers with Alan Davies **12 midnight** Paddington Station 24/7 **1.00am** Weather Gone Viral **2.00** Ben Fogle: New Lives in the Wild **3.00–4.00am** The Dog Rescuers with Alan Davies

CBS Justice 39

Freeview 39 **Freesat** 137 **Sky** 148 **Virgin** 192

9.00am Diagnosis Murder **11.00** Matlock **12 noon** Perry Mason **1.05pm** Walker, Texas Ranger **2.05** CSI: Miami **3.00** NCIS **4.00** NCIS: Los Angeles **5.00** Matlock **6.00** Perry Mason **7.05** Scorpion **8.00** Walker, Texas Ranger **9.00** NCIS **10.00** NCIS: Los Angeles **11.00** Scorpion **12 midnight** CSI: Miami **1.00am** NCIS **2.00** Gunsmoke **3.05** Bonanza (The Lost Episodes) **4.50–6.00am** Mission: Impossible
CBS Justice +1 **Freeview** 69

CBS Drama 71

Freeview 71 **Freesat** 134 **Sky** 147 **Virgin** 197

9.00am NCIS **11.00** Scorpion: double bill (HD) **1.00pm** Gunsmoke **3.00** Airline (HD) **4.00** Hoarders (HD) **5.00** Unsolved Mysteries **7.00pm** Judge Judy **9.00** Medium **10.00** CSI: Miami: Delko is rushed to hospital with potentially fatal gunshot wounds (HD) **11.00** Unsolved Mysteries: the case of a mysterious legacy **12 midnight** Judge Judy **1.00am** ER (HD) **2.00** Medium **3.00** CSI: Miami (HD) **4.00** Walker, Texas Ranger (HD) **5.00–6.00am** Matlock

Horror Channel 70

Freeview 70 **Freesat** 138 **Sky** 317 **Virgin** 149

8.00am Andromeda **9.00** Star Trek: Voyager **10.00** Star Trek **11.00 FILM** Malibu Shark Attack ★ Action thriller **12.50pm** Highlights **1.00 FILM** Super Shark ★ Sci-fi action comedy **2.35** Tales from the Darkside **3.00** Lost in Space **4.00 FILM** Megalodon ★★ Sci-fi horror **5.50** Highlights **6.00pm** Star Trek **7.00** Star Trek: Voyager **8.00** Mutant X **9.00 FILM** Rupture ★★★ Sci-fi thriller starring Noomi Rapace. **Review p37 11.00 FILM** Seventh Moon ★★ Horror starring Amy Smart **12.45am FILM** Spiders ★★ Sci-fi horror starring Patrick Muldoon **2.35 FILM** Sharknado ★ Sci-fi horror starring Tara Reid **4.20–4.30am** Highlights

Yesterday 25

Freeview 25 **Freesat** 159 **Sky** 155 **Virgin** 129

6.00am Secrets of the Bible (S) (HD) **7.10** Secrets of the Railways (S) (AD) (HD) **8.00** Forbidden History (S) (AD) (HD) **9.00** Secret Nazi Bases (S) (HD) **10.00** Nazi Victory: the Post-War Plan (S) (HD) **11.00** Underground Worlds (S) (HD) **12 noon** Impossible Railways (S) (AD) (HD) **1.00pm** Secrets of Britain (S) **2.00** The Lakes: Walking through History (S) (HD) **3.00** Underground Worlds (S) (HD) **4.00** Impossible Railways (S) (AD) (HD) **5.00** Secret Nazi Bases (S) (HD) **6.00** Nazi Victory: the Post-War Plan (S) (HD) **7.00** Underground Worlds (S) (HD) **8.00** Chris Tarrant: Extreme Railway Journeys (HD) **9.00** Bangers and Cash (HD) **10.00** Trains That Changed the World (S) (HD) **11.00** The Two Ronnies (S) **12.30am** as 6pm **1.30** as 6am **2.25–3.00am** David Attenborough's Natural Curiosities (S) (AD) (HD)
Yesterday +1 **Sky** 255 **Virgin** 200

Really 17

Freeview 17 **Freesat** 160 **Sky** 142 **Virgin** 128

6.00am Fantasy Homes by the Sea **7.00** Home Shopping **8.00** Homes under the Hammer **10.00** Celebrity Antiques Road Trip (HD) **11.00** Antiques Road Trip (HD) **1.00pm** Celebrity Fantasy Homes **2.00** Fantasy Homes by the Sea **3.00** French Collection (HD) **4.00** DIY SOS: the Big Build (HD) **6.00pm** Celebrity Antiques Road Trip: with Sian Williams and Carol Kirkwood (HD) **7.00** Antiques Road Trip: double bill (HD) **9.00** Saving Lives at Sea: a paraglider crash-lands (HD) **10.00** Cops UK: Bodycam Squad (HD) **11.00** Helicopter ER (HD)
12 midnight Ghost Adventures (HD) **1.00am** Most Haunted (HD) **2.00** Home Shopping **4.00–6.00am** Antiques Road Trip (HD)

HGTV 42

Freeview 42 **Freesat** 166 **Sky** 158 **Virgin** 279

7.00am Homes under the Hammer **8.00** Bargain Hunt (HD) **9.00** Flog It! (HD) **11.00** Escape to the Country (HD) **1.00pm** A Place in the Sun (HD) **2.00** A Place in the Sun: Winter Sun (HD) **3.00** Flog It! (HD) **4.00** Homes under the Hammer **6.00pm** A Place in the Sun (HD) **7.00** A Place in the Sun: Winter Sun (HD) **8.00** Escape to the Country (HD) **10.00 *New.*** Extreme Makeover: Home Edition (HD) **11.00** Fixer Upper (HD)
12 midnight Homes under the Hammer **1.00am** Flog It!: from Coventry Transport Museum (HD) **2.00** Hawaii Life (HD) **3.00–4.00am** Our House
HGTV +1 **Sky** 258 **Virgin** 283

Quest 12

F'view 12/**HD** 114 **F'sat** 172/**HD** 167 **Sky** 144 **Virgin** 169

6.00am How Do They Do It? (HD) **6.20** American Pickers: Best Of (HD) **7.10** Deadliest Catch **8.00** Gold Divers (HD) **9.00** Outback Truckers (HD) **10.00** Wheeler Dealers **11.00** Chasing Classic Cars (HD) **12 noon** American Pickers: Best Of (HD) **1.00pm** Railroad Alaska (HD) **2.00** Deadliest Catch **3.00** Gold Divers (HD) **4.00** Salvage Hunters (HD) **5.00** Outback Truckers (HD) **6.00pm *New.*** MotoGP Highlights (HD) **7.00** American Pickers: Best Of (HD) **8.00** Salvage Hunters (HD) **9.00 *New.*** Outback Opal Hunters (HD) **10.00** Deadliest Catch (HD) **11.00** How Do They Do It? (HD) **12 midnight** Wheeler Dealers (HD) **1.00am** Outback Truckers (HD) **2.00** American Chopper (HD) **3.00** Fantomworks (HD) **4.00** Dirty Jobs **5.00–6.00am** How It's Made (HD)
Quest +1 **F'view** 76 (7pm-4am) **F'sat** 168 **Sky** 244 **Virgin** 213

Challenge 46

Freeview 46 **Freesat** 146 **Sky** 151 **Virgin** 164

7.00am Catchphrase (AD) **7.30** Deal or No Deal (AD) **9.00** The Chase **10.00** Supermarket Sweep **11.00** Price Is Right **12 noon** Wheel of Fortune (AD) **1.00pm** Catchphrase **2.00** Family Fortunes **4.00** Bullseye (AD) **5.00** Golden Balls **6.00** Weakest Link **7.00** Pointless **8.00** Impossible **9.00** The Chase **10.00** Who Wants to Be a Millionaire? **11.00** Bullseye (AD) **12 midnight** as 10pm **1.00am** The Chase **4.00–6.00am** Deal or No Deal (AD)
Challenge +1 **Freesat** 147 **Sky** 251 **Virgin** 230

BBC Parliament 232

Freeview 232 **Freesat** 201 **Sky** 504 **Virgin** 605

6.00am Westminster Hall: House of Commons proceedings **9.00** The Week in Parliament **9.30** Select Committees: recorded coverage **2.00pm** Live Northern Ireland Assembly Questions **2.30** Live Work and Pensions Questions: debate from the chamber **3.30** Live House of Commons: debate from the chamber **11.00** Monday in Parliament **11.30** Northern Ireland Assembly Questions: recorded coverage **12.15am** Politics Live (Later) **1.00–6.00am** House of Lords – Fisheries

Listings for **PBS America**, **Smithsonian** see over. **Film4** and other **Freeview movie** channels: **p72**

BBC News **Freeview** 231 **Freesat** 212 **Sky** 503 **Virgin** 601 **Sky News** **Freeview** 233 **Freesat** 202 **Sky** 501 **Virgin** 603

MONDAY Satellite & cable



Jack Reacher *9.00pm* Jack (Tom Cruise) stands accused

Sky 1

Sky 106 **Virgin** 110/**HD** 109 **BT** 340/**HD** 355

6.00am Monkey Life (S) (HD) **7.00** RSPCA Animal Rescue (S) **8.00** The Dog Whisperer (HD) **9.00** Stop, Search, Seize (S) (AD) (HD) **10.00** Highway Patrol (S) (AD) **11.00** NCIS: Los Angeles (S) (HD) **1.00pm** Hawaii Five-0 (S) (HD) **3.00** MacGyver (S) (HD) **4.00** Modern Family (S) (HD) **5.00** The Simpsons (S) (HD) **5.30** Futurama: two episodes (S)

6.30pm The Simpsons Selma flies to China to adopt a baby. **7.00** Marge throws Homer out when he buys a mobile home. **7.30** Homer goes to prison. (S) (HD)

8.00 Flintoff: Lord of the Fries Andrew Flintoff and Rob Penn visit the West Country. (S) (AD) (HD)

9.00 Jack Reacher ★★★ Action crime thriller starring Tom Cruise and Rosamund Pike. **Review page 37.** (S) (W) (HD)

11.25 The Trip to Greece *1/6 Series 4.* Steve Coogan and Rob Brydon head to Greece. (HD) **12 midnight** *2/6.* Steve and Rob chat about Alexander the Great and Ray Winstone. (HD)

12.35am Avenue 5 (HD) **1.10** Strike Back: Vendetta (S) (HD) **2.10** A League of Their Own (S) (AD) (HD) **3.10** Jett (S) (AD) (HD) **4.30** Stop, Search, Seize (S) (AD) (HD) **5.30–6.00am** Futurama (S)

Sky 1 +1 **Sky** 206



The End *10.05pm* Edie is forced into a difficult decision

Sky Atlantic

Sky 108 **BT** 342/**HD** 357

6.00am The Guest Wing (S) (AD) (HD) **7.00** Without a Trace (S) (HD) **10.00** The West Wing (S) (HD) **12 noon** Blue Bloods (S) (AD) (HD) **1.00pm** CSI: Crime Scene Investigation (S) (HD) **2.00** The West Wing: double bill (S) (HD) **4.00** Without a Trace: double bill (S) (HD)

6.00pm Without a Trace *21/23 Series 3.* The team helps Danny search for his brother. (S) (HD)

7.00 CSI: Crime Scene Investigation *5/24 Series 6* A family of four disappears. (HD)

8.00 Blue Bloods *11/22 Series 2* An officer is suspected of a shooting at a diner. (S) (AD) (HD)

9.00 The Outsider *10/10* The group finds itself involved in a climactic showdown. (HD)

10.05 ***New.*** **The End** *5/10* RT A difficult decision unexpectedly gives Edie a new lease of life. **See p65.** (HD)

10.40 True Blood *11/12 Series 1* Jessica's transformation to a vampire is completed. (S) (HD) **11.50** *12/12.* The identity of the serial killer is revealed. (S) (HD) **1.00am** The L Word: Generation Q (S) (AD) (HD) **2.10** Oz **3.25** Californication (S) (HD) **4.00–6.00am** The West Wing (S) (HD)

Sky Atlantic +1 **Sky** 208



Criminal Minds *9.00pm* Rossi investigates fatal shootings

Sky Witness

Sky 107 **Virgin** 112/**HD** 111 **BT** 341/**HD** 356

6.00am Nothing to Declare (S) (AD) **8.00** The Real A&E (S) (AD) (HD) **9.00** Blue Bloods (S) (AD) (HD) **10.00** Criminal Minds (S) (HD) **11.00** CSI: Crime Scene Investigation (S) (HD) **12 noon** Elementary (S) (AD) (HD) **1.00pm** Blue Bloods (S) (AD) (HD) **2.00** Law & Order (HD) **3.00** The Real A&E (S) (AD) (HD) **4.00** Stop, Search, Seize (S) (AD) (HD)

5.00pm Nothing to Declare Customs officers in Australia. (HD)

8.00 Ghost Whisperer *11/22 Series 2.* A spirit transports Melinda into an exotic jungle. (S) (HD)

9.00 ***New.*** **Criminal Minds** *5/10 Series 15.* The team investigates a suspected copycat killer. (HD)

10.00 ***New.*** **Blue Bloods** *Ep 2 Series 10.* Frank finds out the DA's office has a list of police officers they find unreliable. (HD)

11.00 Law & Order: Special Victims Unit *24/24 Series 15* Amaro becomes the target of an Internal Affairs investigation. (HD) **12 midnight** CSI: Crime Scene Investigation (S) (HD) **1.00am** The Good Doctor (HD) **2.00** Law & Order: Special Victims Unit (HD) **3.00** Blue Bloods (S) (AD) (HD) **4.00** Ghost Whisperer (S) (HD) **5.00–6.00am** Shades of Blue (HD)

Sky Witness +1 **Sky** 207 **Virgin** 180



Inside the Ambulance *11.00pm* Paramedic Hannah

W

Sky 109 **Virgin** 125/**HD** 211 **BT** 311/**HD** 383

6.10am MasterChef Australia (S) (HD) **7.00** My Dream Home (S) (HD) **8.00** Tipping Point (S) (HD) **10.00** The Bill (S) **11.00** Supernanny US (S) **12 noon** Tipping Point (S) (HD) **2.00pm** My Dream Home (S) (HD) **5.00** Tipping Point (S) (HD)

7.00pm ***New series.*** **Property Brothers: Forever Home** Drew and Jonathan Scott help couples renovate their existing properties, starting with the cramped layout of a single-level home. (HD)

8.00 The Wedding Fixer A busy couple need help with their ambitious but low-cost Indian fusion wedding. (AD) (HD)

9.00 One Born Every Minute A sudden intake of women causes problems for the midwives at Southmead Hospital. (S) (HD)

10.00 One Born: What Happened Next? Featuring Nina and Andy, who were surprised to discover they were expecting twins. (S) (HD)

11.00 Inside the Ambulance Medics help a man having an anxiety attack in the street. (S) (HD) **12 midnight** One Born Every Minute (S) (HD) **1.00am** Emily Atack: Adulting (S) (HD) **1.50** Code Black (S) (AD) (HD) **2.35–3.00am** Renovate My Home: Leave It to Bryan (S) (HD)

W +1 **Sky** 209 **Virgin** 190



Gavin & Stacey *9.00pm* Will it be love at first sight?

Gold

Sky 110 **Virgin** 124 **BT** 310/343/**HD** 358/392

7.25am The Piglet Files **7.50** As Time Goes By (S) **8.25** The Good Life (S) (AD) **9.00** Porridge (S) **9.40** Hi-de-Hi! (S) **10.20** Last of the Summer Wine (S) (HD) **12.20pm** Keeping Up Appearances (AD) **1.00** Porridge (S) **1.40** Hi-de-Hi! (S) **2.20** The Good Life (S) (AD) **3.00** Keeping Up Appearances (AD) **3.40** Dad's Army (S) **4.20** Last of the Summer Wine: triple bill (S) (HD)

6.20pm The Good Life Margo struggles to master pottery. (S) (AD)

7.00 Porridge The inmates stage a mock trial when a theft occurs. (S)

7.40 Dad's Army The platoon is picked to appear in a training film. (S) **8.20** Private Pike receives his call-up papers. (S)

9.00 Gavin & Stacey Stacey goes to meet Gavin. (S) (AD) (HD)

9.40 Mrs Brown's Boys Agnes goes on a diet. (S) (HD)

10.20 Live at the Apollo With performances from Lee Mack, Rich Hall and Danny Bhoy. (S) (HD)

11.20 Sandylands Emily returns to her home town. (AD) (HD) **12 midnight** Peep Show (S) (HD) **1.10am** Gavin & Stacey (S) (AD) (HD) **1.50** Live at the Apollo (S) (HD) **2.40–4.00am** Peep Show (S) (HD)

Gold +1 **Sky** 210 **Virgin** 194

Sky Arts

Sky 122 **Virgin** 123/**HD** 156 **BT** 348/**HD** 363

6.00am La Traviata (HD) **8.30** Watercolour Challenge (S) **9.00** The South Bank Show Originals (S) (HD) **9.30** Auction (S) (HD) **10.00** Tales of the Unexpected (S) **11.00** Discovering: Alan Rickman (S) (HD) **12 noon** Discovering: Marlene Dietrich (S) (AD) (HD) **1.00pm** The South Bank Show Originals (S) (HD) **1.30** Watercolour Challenge (S) **2.00** Katherine Jenkins Live at the O_2 (S) (HD) **4.00** Tales of the Unexpected (S) **5.00** Discovering: Grace Kelly: a look at the life and career of the actress (S) (HD)

6.00pm Discovering: Lauren Bacall The actress who found fame in *To Have and Have Not*. (S) (HD)

7.00 Berlioz: Symphonie Fantastique A concert recreating the Paris premiere of Berlioz's dramatic masterpiece. (HD)

9.00 Hollywood Couples The relationship between Judy Garland and Vincente Minnelli. (S) (HD)

10.00 Portrait Artist of the Year The sitters are Ken Stott, Mike Leigh and Lydia Leonard. (S) (HD)

11.00 Mystery of the Lost Paintings Factum Arte re-creates Tamara de Lempicka's priceless *Myrto*. (S) (AD) (HD)

12 midnight Comedy Legends (S) (HD) **1.00am** The Nineties (S) (HD) **2.00** Passions (S) (AD) (HD) **3.00** The History of Comedy (S) (AD) (HD) **4.00** Discovering: Grace Kelly (S) (HD) **5.00–6.00am** Discovering: Lauren Bacall (S) (HD)

Sky Crime

Sky 121 **Virgin** 136/**HD** 135 **BT** 347/**HD** 362

6.00am Motorway Patrol (S) (AD) **7.00** Highway Cops (S) (AD) **8.00** Border Security: Canada's Front Line (S) **9.00** Send in the Dogs (S) **10.00** Road Wars (S) **11.00** Brit Cops: Frontline Crime UK (S) **12 noon** Highway Cops (S) (AD) **1.00pm** A Lie to Die For (S) **2.00** Killer Colleagues (S) **3.00** Border Security: Canada's Front Line (S) (AD) **4.00** Road Wars (S) **5.00** Brit Cops: Rapid Response (S) (AD) **6.00** Send in the Dogs (S) **7.00** Snapped **8.00** A Lie to Die For (S) **9.00** ***New.*** Killer Lovers **10.00** ***New.*** Snapped **11.00** World's Most Evil Killers (S) **12 midnight** Murders That Shocked the Nation: the case of John Straffen (S) (AD) **1.00am** World's Most Evil Killers **2.00** Snapped **3.00** Murder Calls (S) **4.00** Brit Cops: Rapid Response (S) (AD) **5.00–6.00am** Motorway Patrol (S) (AD)

Sky Crime +1 **Sky** 221 **Virgin** 207

Sony Crime

Freesat 143 **Sky** 179 **Virgin** 193

6.00am Speeders **7.00** Bait Car: Atlanta **9.00** Speeders **11.00** Bait Car: Atlanta **1.00pm** Speeders **7.00pm** Speeders: four editions. Members of a rock band are stopped by the police **7.30** Police encounter a group of lovestruck men in Hollywood **8.00** A car full of partygoers is pulled over **8.30** A woman is distracted by her evangelism tape **9.00** Bait Car: Atlanta: revealing how the police catch car thieves in the act by arranging bait vehicles equipped with tracking devices and hidden cameras **11.00** Speeders **12 midnight** Bait Car **1.00am** Speeders **3.00** Bait Car: New Orleans **4.00** Speeders **5.00–6.00am** Bait Car

Sky 2

Sky 168 **Virgin** 160

7.00am 60-Minute Makeover **9.00** Ninja Warrior Women Tournament (S) **10.00** My Kitchen Rules: South Africa (S) **12 noon** The Dog Whisperer **2.00pm** House Hunters International (AD) **3.00** Wild Vets (S) **4.00** Haven (S) **5.00** Relic Hunter (S) **6.00pm** Stargate SG-1: double bill (S) **8.00** Magnum P.I.: Magnum gets called up from the reserves for a secret mission (S) **9.00** Hawaii Five-0: a helicopter tragedy leads the team to a ghost from McGarrett's past (S) **10.00** NCIS: Los Angeles **11.00** SEAL Team **12 midnight** Criminal Minds **1.00am** Blue Bloods **2.00** Highway Cops (S) (AD) **3.00** Duck Quacks Don't Echo (S) (AD) **4.00** Wild Vets (S) **5.00–6.00am** The Dog Whisperer

Syfy

Sky 114 **Virgin** 138/**HD** 137 **BT** 319/346/**HD** 375/361

6.00am Warehouse 13 **7.00** Merlin **8.00** Home Shopping **11.00** Stargate Atlantis **1.00pm** Star Trek: Voyager **3.00** Star Trek: the Next Generation **5.00** Star Trek: Deep Space Nine **7.00pm** Warehouse 13 **8.00** Merlin: Morgana realises she has magic powers **9.00** Westworld: double bill. The Man in Black confronts memories from his troubled past, then Dolores, Bernard and The Man in Black meet at the entrance to the Forge **11.20 FILM** Final Recall ★★ Sci-fi horror starring Wesley Snipes **1.20am** The Twilight Zone **2.30** Future Man **3.00** Star Trek: Deep Space Nine **5.00–6.00am** Star Trek: Voyager

Syfy +1 **Sky** 214 **Virgin** 229

Sky Comedy

Sky 113 **Virgin** 122/**HD** 121 **BT** 345/**HD** 360

8.00am Everybody Hates Chris (HD) **9.00** Parks and Recreation (HD) **10.30** 30 Rock: triple bill (HD) **12 noon** ***New.*** The Mindy Project: triple bill (HD) **1.30pm** Modern Family (S) (HD) **2.30** Everybody Hates Chris (HD) **3.30** Parks and Recreation (HD) **5.00** 30 Rock (HD) **6.30pm** Modern Family (S) (HD) **7.30** The Mindy Project (HD) **9.00** ***New.*** Miracle Workers: Craig risks everything (HD) **9.30** ***New.*** A.P. Bio (HD) **10.00** ***New.*** Last Week Tonight with John Oliver (HD) **10.35** ***New.*** Real Time with Bill Maher (HD) **11.45** ***New.*** Bill Maher: the Decider (HD) **12.55am** Entourage (S) (HD) **1.25** Silicon Valley (S) (HD) **2.00** Veep (S) (AD) (HD) **2.35** Girls (S) (AD) (HD) **3.45–5.00am** 30 Rock (HD)

TLC

Sky 133 **Virgin** 167 **BT** 323/**HD** 377

6.00am Say Yes to the Dress: Bridesmaids (HD) **8.00** Say Yes to the Dress: UK (HD) **9.00** Say Yes to the Dress (HD) **10.00** Curvy Brides Boutique (AD) (HD) **11.00** Say Yes to the Dress: Canada (HD) **12 noon** Say Yes to the Dress: Atlanta (HD) **2.00pm** Dr Pimple Popper (HD) **3.00** Sister Wives (HD) **4.00** Say Yes to the Dress Canada (HD) **5.00** Curvy Brides Boutique (AD) (HD) **6.00** Say Yes to the Dress (HD) **7.00** I Am Jazz (HD) **8.00** Say Yes to the Dress: America (HD) **9.00** Gypsy Brides US (HD) **10.00** Say Yes to the Dress (HD) **11.00** Dr Pimple Popper (HD) **12 midnight** Say Yes to the Dress: America (HD) **1.00am** Gypsy Brides US (HD) **2.00** Say Yes to the Dress (HD) **3.00** Dr Pimple Popper (HD) **4.00–6.00am** Say Yes to the Dress: Atlanta (HD)

TLC +1 **Sky** 233 **Virgin** 172

Comedy Central

Sky 112 **Virgin** 132/**HD** 181 **BT** 307/344/**HD** 370/359

8.00am The Office US (S) (HD) **9.00** The Fresh Prince of Bel-Air (S) **10.00** Friends (S) (AD) (HD) **3.00pm** Last Man Standing (HD) **4.00** Two and a Half Men (HD) **5.00** Friends: eight episodes (S) (AD) (HD) **9.00** Russell Howard's Good News: two episodes from November (S) (HD) **10.00** ***New.*** Impractical Jokers (HD) **11.00 FILM** Billy Madison ★★★ Comedy starring Adam Sandler and Darren McGavin. A spoilt rich kid has to go back to school **1.00am** The Mick: double bill (HD) **2.00** The Ricky Gervais Show: double bill (S) (HD) **3.00** Bad Robots (S) (HD) **3.25** Last Man Standing (HD) **4.15–5.00am** Two and a Half Men (S) (HD)

Comedy Central +1 **Sky** 212 **Virgin** 133

Lifetime

Sky 187 **Virgin** 208 **BT** 329/**HD** 384

7.00am Women on Patrol (HD) **8.00** Judge Judy (HD) **1.00pm** Pawn Stars (HD) **2.00** Storage Wars (HD) **3.00** Little Women: Couples Retreat (HD) **4.00** Dance Moms (HD) **5.00** Pawn Stars (HD) **6.00pm** Flipping Vegas (HD) **7.00** Judge Judy (HD) **9.00** The Real Housewives of Beverly Hills (HD) **10.00** Storage Wars: double bill. The buyers hit Palm Springs, then Mary and her new friend Allee search for showbiz-related items (HD) **11.00** Hardcore Pawn (HD) **12 midnight** Pawn Stars (HD) **1.00am** The Real Housewives of Beverly Hills: Dorit agrees to model for Lisa Vanderpump (HD) **2.00** Storage Wars (HD) **3.00–4.00am** Hardcore Pawn (HD)

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

Key (S) Subtitles (SL) Signing (AD) Audio description (HD) High definition (W) Widescreen



Motive *8.00pm* Vega faces a spell on the sidelines

Alibi

Sky 132 **Virgin** 126/**HD** 212 **BT** 312/**HD** 382

7.10am Murdoch Mysteries (S) (HD) **10.00** The Guardian (HD) **11.00** Sue Thomas: F.B.Eye (S) **12 noon** Major Crimes (HD) **1.00pm** Rush (S) (AD) (HD) **3.00** Murdoch Mysteries (S) (HD)

6.00pm Major Crimes ***3/23*** *Series 4.* When a supermodel is found dead, the squad investigates her ex-boyfriend and an obsessed photographer. (HD)

7.00 Motive ***12/13*** *Series 3.* A murder investigation unveils dark secrets about two couples. (S) (HD) **8.00** ***13/13.*** The team unites behind Detective Vega when he faces very difficult surgery. (S) (HD)

9.00 ***New.*** **Murdoch Mysteries** ***9/18*** *Series 13.* A woman is critically injured in a fall, and Murdoch suspects her family. (HD)

10.00 Ms Fisher's Modern Murder Mysteries ***7/8*** *Series 1* Peregrine exposes a maze of corruption while investigating a murder at an international cookery school. (S) (HD)

11.00 New Tricks ***9/10*** *Series 11* Danny is convinced the secret to an amateur sleuth's death lies within the last case she was working on. (S) (AD) (HD)

12.20am Murdoch Mysteries (S) (HD) **1.20–4.00am** Bite Club (S) (AD) (HD)

Alibi +1 **Sky** 232 **Virgin** 191

Discovery History

Sky 171 **Virgin** 257

6.00am Expedition Unknown **7.00** Industrial Revelations **8.00** World War II: Witness to War **9.00** Frontline Battle Machines with Mike Brewer **10.00** Extreme Engineering **11.00** Industrial Revelations **12 noon** Blowing Up History (AD) **1.00pm** Expedition Unknown **2.00** Mysteries at the Museum **3.00** World War II: Witness to War **4.00** Frontline Battle Machines with Mike Brewer **5.00** Extreme Engineering

6.00pm Blowing Up History The truth behind the largest temple ever built, Angkor Wat. (AD)

7.00 Mysteries at the Museum Don Wildman investigates an explosive rodent infestation that helped America beat the Nazis.

8.00 Expedition Unknown Josh Gates travels to Central America's jungles to investigate the legendary crystal skull. **9.00** Josh Gates ventures into the ancient Maya city of El Mirador in search of the lost tombs of the Snake Kings.

10.00 American Titans The battle between John D Rockefeller and Thomas Scott for control of America's new oil industry.

11.00 Extreme Machines The development of "smart" weapons. **12 midnight** Expedition Unknown **2.00am** American Titans **3.00** Extreme Machines **4.00** Blowing Up History (AD) **5.00–6.00am** Mysteries at the Museum

Discovery History +1 **Sky** 271 **Virgin** 261



The Walking Dead *9.00pm* Ezekiel is ready for war

Fox

Sky 124 **Virgin** 157/**HD** 199 **BT** 349/**HD** 364

8.00am Republic of Doyle (S) (HD) **9.00** Bones (S) (HD) **10.00** Bull (S) (HD) **11.00** NCIS (S) (AD) (HD) **12 noon** Bones (S) (HD) **2.00pm** The Mentalist (S) (HD) **3.00** NCIS (S) (AD) (HD) **4.00** Bull (S) (HD) **5.00** Bones (S) (HD)

6.00pm The Mentalist ***9/13*** *Series 7.* The team tries to thwart Peterson's crusade. (S) (HD)

7.00 NCIS ***23/24*** *Series 12.* The team assists a global investigation into a terror group. (S) (AD) (HD) **8.00** ***24/24.*** Dorneget's CIA officer mother joins the fight against The Calling. (S) (AD) (HD)

9.00 ***New.*** **The Walking Dead** ***11/16*** *Series 10.* Eugene's communication with Stephanie gets complicated. (S) (HD)

10.00 ***New.*** **Talking Dead** ***Ep 11*** *Series 10.* Chris Hardwick discusses the latest episode. (HD)

11.00 American Dad! *Series 4* Stan's friends are shocked to learn that he has never killed anyone. (S) **11.30** Francine becomes a surrogate mother for gay neighbours Terry and Greg. (S) **12 midnight** Family Guy: double bill (S) **1.00am** American Dad!: double bill (S) **2.00** Family Guy (S) **3.00** American Dad! (S) **4.00–5.00am** Republic of Doyle (S) (HD)

Fox +1 **Sky** 224 **Virgin** 158

History

Sky 130 **Virgin** 270 **BT** 327/**HD** 379

6.00am American Pickers **8.00** Pawn Stars (HD) **9.00** Lost Worlds (HD) **10.00** Storage Wars (HD) **11.00** Britain's Greatest Bridges (HD) **12 noon** River Hunters (HD) **1.00pm** Forged in Fire (HD) **2.00** American Pickers (HD) **3.00** Storage Wars (HD) **5.00** Pawn Stars (HD) **6.00pm** Forged in Fire (HD) **7.00** American Pickers (HD) **8.00** Britain's Greatest Bridges: Rob Bell tells the story of the Humber Bridge (HD) **9.00** ***New.*** Uncharted Mysteries: Cliff Simon hunts out the lair of a shape-shifting monster (HD) **10.00** True Monsters: monsters from Norse and Greek mythology (HD) **11.00** Storage Wars: double bill (HD) **12 midnight** Conspiracy (HD) **1.00am** Britain's Greatest Bridges (HD) **2.00** Forged in Fire (HD) **3.00** River Hunters (HD) **4.00–6.00am** Storage Wars (HD)

History +1 **Sky** 230 **Virgin** 271

Animal Planet

Sky 162 **Virgin** 251 **BT** 325/**HD** 378

6.00am The Zoo: San Diego (HD) **7.00** Treehouse Masters (S) (HD) **8.00** Pit Bulls and Parolees (S) (HD) **10.00** Animal Cops Phoenix (S) (HD) **12 noon** Dark Waters (S) (HD) **1.00pm** My Cat from Hell (S) (HD) **2.00** Alaskan Bush People (S) (AD) (HD) **3.00** The Vet Life (S) (HD) **5.00** Crikey! It's the Irwins (S) (HD) **6.00** Bondi Vet: Coast to Coast (HD) **7.00** Animal Cops Detroit (S) (AD) **8.00** Swimming with Monsters (S) (HD) **9.00** After the Attack (S) (AD) (HD) **10.00** Animal Cops San Francisco (S) **11.00** Pit Bulls and Parolees (S) (HD) **12 midnight** I Survived an Animal Attack (S) (HD) **1.00am** as 7pm **2.00** as 8pm **3.00** as 10pm **3.50** as 5pm **4.40** Nature's Strangest Mysteries: Solved (HD) **5.10–6.00am** My Cat from Hell (S) (HD)

Animal Planet +1 **Sky** 262 **Virgin** 259



Texas Metal *8.00pm* A 2001 Ford F350 is revamped

Discovery

Sky 125 **Virgin** 250 **BT** 322/350/**HD** 376/365

6.00am Combat Dealers (S) (HD) **7.00** Tony Robinson's World War One (S) (HD) **8.00** Kindig Customs (S) (HD) **9.00** Jeremy Wade's Dark Waters (S) (HD) **10.00** Nasa's Unexplained Files (S) (HD) **11.00** Fast 'n' Loud (S) (HD) **12 noon** Gold Rush: Dave Turin's Lost Mine (S) (HD) **1.00pm** Alaska: the Last Frontier (S) (HD) **2.00** Combat Dealers (S) (AD) (HD) **3.00** World War II: the Complete History (S) **4.00** Building Off the Grid (S) (HD) **5.00** Wheeler Dealers (S) (HD)

6.00pm Fast 'n' Loud The short-bed show truck is finished. (S) (HD)

7.00 Outback Truckers Johnny makes a difficult journey. (S) (HD)

8.00 ***New.*** **Texas Metal** A client requests a last-minute change. (HD)

9.00 ***New.*** **Wheeler Dealers** Mike tracks down a Volvo Amazon 122 with a rally heritage. (S) (HD)

10.00 ***New.*** **Twin Turbos** Doug and Brad feel the pressure. (S) (HD)

11.00 ***New.*** **Dirty Mudder Truckers** The Dirty 7 prepares for an epic rematch against Team Georgia. (HD)

12 midnight Wheeler Dealers (S) (HD) **1.00am** Twin Turbos (S) (HD) **2.00** Deadliest Catch (S) (HD) **3.00** Wheeler Dealers (S) (HD) **3.50** Kindig Customs (S) (HD) **5.30–6.00am** How It's Made (S)

Discovery +1 **Sky** 225 **Virgin** 258

Nat Geographic

Sky 129 **Virgin** 266/**HD** 268 **BT** 317/**HD** 373

8.00am Inside the Nazi Mega Bunker (HD) **9.00** Buried Secrets of WWII (S) (AD) (HD) **10.00** Lost Cities with Albert Lin (S) (AD) (HD) **11.00** Sunken Treasures Revealed: Drain the Ocean (HD) **12 noon** Car SOS (S) (HD) **2.00pm** Wicked Tuna (HD) **3.00** Ice Road Rescue (HD) **4.00** Air Crash Investigation (S) (AD) (HD) **6.00pm** Car SOS: a 1978 Rover P6 and a Daimler SP250 "Dart" (HD) **8.00** ***New.*** Apocalypse: Cold War (S) (AD) (HD) **9.00** ***New.*** Air Crash Investigation (S) (AD) (HD) **10.00** Brain Games (S) (AD) (HD) **11.00** Air Crash Investigation (HD) **12 midnight** Alaska State Troopers (HD) **1.00am** Airport Security: Peru: cocaine is discovered (HD) **2.00** Ultimate Airport Dubai (HD) **3.00** Air Crash Investigation: Special Report (HD) **4.00–5.00am** Air Crash Investigation (HD)

Nat Geo +1 **Sky** 229 **Virgin** 267

Eden

Sky 166 **Virgin** 245/**HD** 247 **BT** 315/**HD** 389

9.00am Super Vets: double bill **10.00** Big Cats (AD) (HD) **11.00** Galapagos (HD) **12 noon** Life in the Great Wetlands (HD) **1.00pm** Life on Earth (AD) **2.00** Wonders of the Solar System (AD) (HD) **3.00** Super Vets **4.00** Big Cats (AD) (HD) **5.00** Galapagos (HD) **6.00pm** Super Vets: double bill **7.00** Life on Earth: the first creatures to live on land (AD) **8.00** Life in the Great Wetlands (HD) **9.00** Big Cats (AD) (HD) **10.00** Galapagos (HD) **11.00** Wonders of the Solar System (AD) (HD) **12 midnight** Life in the Great Wetlands (HD) **1.00am** Life on Earth (AD) **2.00** Wonders of the Solar System (AD) (HD) **3.00** Super Vets **3.50** Big Cats (AD) (HD) **4.40** Galapagos (HD) **5.30–6.00am** Frontier Borneo (HD)

Eden +1 **Sky** 266 **Virgin** 246



Locomotion: Dan Snow's History of Railways *6.20pm*

PBS America 91

F'view 91 (1-11pm only) **F'sat** 155 **Sky** 174 **Virgin** 273

8.00am The Aviators **8.35** Locomotion: Dan Snow's History of Railways **9.35** Survivor **10.50** The Dark Side of Crocs **11.55** Locomotion: Dan Snow's History of Railways **1.00pm** The Aviators **1.35** The Dark Side of Crocs **2.40** Locomotion: Dan Snow's History of Railways **3.50** Amazon Empire: the Rise and Reign of Jeff Bezos

6.20pm Locomotion: Dan Snow's History of Railways The development of the UK's rail network, from its beginnings as a primitive system of trackways for coal carts in the 18th century.

7.30 Butch Cassidy and the Sundance Kid Documentary about the 1890s Wild West duo who robbed trains and banks and soon became national news.

8.45 Jesse James The true story of the infamous outlaw, questioning his reputation as the Robin Hood of the Wild West.

9.55 The Wild West Myths about the death of Lieutenant Colonel George Custer at the Battle of Little Bighorn are explored.

11.00 Butch Cassidy and the Sundance Kid As 7.30pm.

12.15am The Wild West **1.25–2.00am** The Aviators

PBS +1 **Freeview** (HD only) 93

Smithsonian 57

F'view (HD only) 57 **F'sat** 175 **Sky** 195 **Virgin** 276

6.00am Britain in Colour (HD) **9.00** America in Colour: the 1940s (HD) **10.00** An American Aristocrat's Guide to Great Estates (HD) **11.00** Aerial Ireland (HD) **12 noon** Britain in Colour: triple bill (HD) **3.00pm** America in Colour: the 1940s (HD) **4.00** Air Warriors: double bill (HD)

6.00pm Inside the Factory: How Our Favourite Foods Are Made Gregg Wallace, Cherry Healey and Ruth Goodman find out about the history of chocolate. (HD)

7.00 Apollo's Moon Shot Examining the waning public interest in the Apollo programme after the first Moon landing. (HD) **8.00** The story of the last four landings on the Moon and their significance for the future. (HD)

9.00 ***New.*** **Helicopter Wars** A four-man US Navy SEAL team is ambushed high in the Afghan mountains. High altitude and Taliban firepower make a rescue particularly challenging. (HD)

10.00 The Pacific War in Colour America's war against the Japanese in the Pacific during the Second World War, focusing on the US invasions of Peleliu, the Philippines and Iwo Jima. (HD)

11.00 Apollo's Moon Shot As 8pm.

12 midnight Helicopter Wars (HD) **1.00am** The Pacific War in Colour (HD) **2.00** Apollo's Moon Shot (HD) **3.00** Helicopter Wars (HD) **4.00** The Pacific War in Colour (HD) **5.00–6.00am** Air Warriors (HD)

CHILDREN'S

Milkshake! on C5

Full listings for Channel 5 are on p68

6.00am Peppa Pig **6.20** Mya Go **6.30** Fireman Sam **6.40** ***New.*** Noddy: Toyland Detective **6.50** ***New.*** Abby Hatcher **7.00** Thomas & Friends **7.15** Milkshake! Monkey's Amazing Adventures **7.20** Peppa Pig: double bill **7.40** Top Wing **7.55** ***New.*** Paw Patrol: Farmer Al's truck gets stuck on a broken bridge **8.10** Floogals: the aliens visit the vets **8.30** Becca's Bunch **8.40** Little Princess **8.55** Ben and Holly **9.10–9.15am** Sunny Bunnies

CBeebies 202

Freeview 202 **Freesat** 608 **Sky** 614 **Virgin** 702

6.00am Show Me Show Me **6.25** Twirlywoos **6.35** Teletubbies **6.50** Timmy Time **7.00** Numberblocks **7.05** Bing: double bill **7.20** Hey Duggee: double bill **7.35** Bitz & Bob **7.45** Peter Rabbit **8.00** ***New.*** Go Jetters **8.10** Octonauts **8.20** Biggleton **8.35** Justin's House **9.00** Tee and Mo **9.10** Timmy Time **9.15** ***New.*** Dog Loves Books **9.20** Bing **9.30** Twirlywoos **9.40** Patchwork Pals **9.45** Something Special: We're All Friends **10.05** Teletubbies **10.20** The Baby Club; Small Potatoes **10.40** Hey Duggee **10.45** Let's Play **11.05** ***New.*** Let's Go for a Walk **11.20** ***New.*** Pablo; My Petsaurus **11.35** Our Family **11.45** Woolly & Tig **11.50** Tinga Tinga Tales **12 noon** My World Kitchen; Dipdap **12.15pm** Waffle the Wonder Dog **12.30** Molly and Mack **12.45** Melody **1.00** The Furchester Hotel **1.10** Yakka Dee! **1.15** Numberblocks **1.20** Bing **1.30** Twirlywoos **1.45** Something Special: We're All Friends **2.05** Teletubbies **2.20** The Baby Club **2.35** Pablo **2.45** Our Family **3.00** Grace's Amazing Machines **3.15** Swashbuckle **3.35** Hey Duggee **3.45** Octonauts **4.00** Love Monster **4.05** Andy's Aquatic Adventures **4.20** RT **CHOICE** ***New.*** My First Festival: Holi **See page 65** **4.35** Peter Rabbit **4.50** Go Jetters **5.00** Gigglebiz **5.15** Waffle the Wonder Dog **5.30** Topsy and Tim; My Petsaurus **5.45** Moon and Me **6.10** ***New.*** Clangers **6.20** In the Night Garden...; ***New.*** Hushabye Lullabye **6.50–7.00pm** CBeebies Bedtime Stories: a tale is read for younger viewers

CBBC 201

Freeview 201 **Freesat** 607 **Sky** 613 **Virgin** 701

7.00am Arthur **7.15** Dennis & Gnasher Unleashed! **7.25** Danger Mouse **7.40** Newsround **7.45** Boy Girl Dog Cat Mouse Cheese **8.00** ***New.*** Little Big Awesome **8.15** Newsround **8.20** ***New.*** Hey You What If? **8.25** Marrying Mum and Dad **8.55** Art Ninja **9.25** A Week to Beat the World **9.40** Millie Inbetween: Access All Areas **10.05** Millie Inbetween **2.10pm** Nine Minute Ninja **2.20** A Week to Beat the World **2.40** Craft Party **2.55** Almost Never **3.20** The Deep **3.45** Shaun the Sheep **3.50** Boy Girl Dog Cat Mouse Cheese **4.00** Newsround **4.10** Little Big Awesome **4.25** Odd Squad **4.35** The Pets Factor **5.00** ***New.*** The Worst Witch **5.30** ***New.*** Deadly 60 **6.05** The Deep **6.25** Operation Ouch! **6.55** Horrible Histories **7.25** Deadly 60 **7.55** Millie Inbetween **8.25–9.00pm** The Worst Witch; Operation Ouch! Snips

CITV 203

Freeview 203 **Freesat** 602 **Sky** 621 **Virgin** 734

6.00am Dino Dana **6.25** Bagel and Becky **6.55** Gormiti 3D **7.25** Hotel Transylvania **7.55** Mr Bean **8.25** ***New.*** Buck & Buddy **8.30** Scooby-Doo! **9.00** Powerpuff Girls **9.25** Mission Employable **9.30** Lego NinjaGo **9.55** Mighty Mike **10.25** Bear Grylls Survival School **10.50** Make It Pop **11.15** The Haunted Hathaways **11.40** Spy School **12.05pm** Thunderbirds Are Go **12.30** Transformers **1.00** Gormiti 3D **1.25** LEGO Jurassic World **1.50** Mission Employable **1.55** ToonMarty **2.40** Mighty Mike **3.10** Tom and Jerry **3.30** Scooby-Doo! **4.00** Mr Magoo **4.30** Powerpuff Girls **5.00** Lego NinjaGo **5.30** Kung Fu Panda **6.00pm** Thunderbirds Are Go **6.25** Transformers **6.55** Hotel Transylvania **7.25** Mr Bean **7.55** ***New.*** Buck & Buddy **8.00** Make It Pop **8.30–9.00pm** Project Z

MONDAY Films & Sport

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P Doctor Sleep ★★★★ ***Sky Store/iTunes/DVD***

Writer/director Mike Flanagan expertly strips Stephen King's sprawling novel back to meaningful basics in this remarkably sinister sequel to *The Shining*. Ewan McGregor is terrific as the adult Danny Torrance, who joins telepathic teen Abra (Kyliegh Curran, a true find) in fighting a murderous sect of quasi-immortals led by Rose the Hat (Rebecca Ferguson, on top psycho form). Boasting some brilliant re-creations from Stanley Kubrick's original film, *Doctor Sleep* is filled with tension, threat and moments of pure horror. **ALAN JONES**



Last chance to see

Score: Cinema's Greatest Soundtracks ★★★★

BBC iPlayer **FREE TO VIEW**

Leaving iPlayer late tonight, Matt Schrader's film leads the small field of documentaries about movie composers. It offers an impressive history of the craft, with Quincy Jones and Hans Zimmer (above) among the talents celebrated. Footage of crack musicians at Abbey Road giving life to *Duel of the Fates* from *The Phantom Menace* and Patrick Doyle bashing out his *Potter Waltz* on the piano make this a must-watch treat for audio-cinephiles. **ANDREW COLLINS**

How not to rob a bank

Dog Day Afternoon
★★★★ 11.05pm TCM



It's a welcome return to TCM for Sidney Lumet's 1970s classic. Al Pacino and John Cazale play the inept bank robbers whose heist turns into a hostage situation that escalates into a media circus. Pacino's performance earned him a fourth Oscar nomination, and the whole picture seems infected by his jitters. **ADRIAN TURNER**

FREEVIEW

Film4 14

Freeview 14 **Freesat** 300 **Sky** 313 **Virgin** 428/**HD** 429

11.00am Millions like Us ★★★★ One of the finest home-front dramas of the Second World War. Eric Portman, Patricia Roc (1943, U) (S)
1.05pm The Longest Day ★★★★ This epic overview of the D-Day landings delivers the big picture in spectacular fashion. **Review p37.** John Wayne, Robert Mitchum, Henry Fonda, Robert Ryan (1962, PG) (S)
4.40 The Thirty-Nine Steps ★★★ Period spy thriller. Robert Powell (1978, PG)
6.45pm Now You See Me ★★★ A team of Las Vegas magicians pull off an audacious heist in this crime caper. Jesse Eisenberg, Mark Ruffalo, Woody Harrelson (2013, 12) (S) (AD)
9.00 Taken ★★★★ A gritty action drama where a former covert operative travels to Paris to catch those who have kidnapped his daughter. Liam Neeson (2007, 18) (S) (AD)
10.50 Anthropoid ★★★★ The gripping true story of the assassination attempt on Reinhard Heydrich, the architect of the "Final Solution". Cillian Murphy, Jamie Dornan (2016, 15) (S)
1.10–3.00am The Bling Ring ★★★★ A dryly funny, perceptive drama. Katie Chang, Israel Broussard, Emma Watson (2013, 15) (S)
Film4 +1 **F'view** 45 **F'sat** 301 **Sky** 314 **Virgin** 430

Sony Movies 32

Freeview 32 **Freesat** 302 **Sky** 321 **Virgin** 425

9.00am Locked Away ★★ Crime thriller. Kirsten Prout (2010) **10.55 Stolen Dreams ★★★** Thriller. Brooke Langton (2015) **1.00pm Abducted Love ★★** Crime drama. Daphne Zuniga (2016) **2.55 Bad Twin ★★★** Thriller. (2016) **5.05 Rat Race ★★★** Comedy. Whoopi Goldberg (2001, 12)
7.10pm Are We Done Yet? ★★ Sequel to *Are We There Yet?* Ice Cube, Nia Long (2007, PG)
9.00 Pitch Black ★★★★ Visually stunning sci-fi thriller. Radha Mitchell, Vin Diesel (1999, 15)
11.10 Bunraku ★★ Flashy action fantasy. Josh Hartnett, Woody Harrelson, Gackt Camui (2010, 15)
1.40am Halo 4: Forward unto Dawn
3.25–6.00am A League of Their Own ★★★ Comedy drama. Tom Hanks, Geena Davis (1992, PG)
Sony Movies +1 **F'view** 60 (*limited* 10pm-5am) **Sky** 322

Sony Movies Classic 50

F'view 50 *(limited)* **F'sat** 303 **Sky** 319 **Virgin** 424

6.00am Journey into Fear ★★★★ Spy drama. Joseph Cotten (1942, PG) **7.25 Convicted ★★** Drama. (1950) **9.20 Footsteps in the Fog ★★★** Period thriller. Stewart Granger (1955, U) **11.10 Loss of Innocence ★★★** Romantic drama. **Review p37.** Kenneth More (1961, PG) **1.20pm Gandhi ★★★★★** Epic drama. (1982, PG) **5.05 The Wild One ★★★★** Drama. Marlon Brando (1953, PG)
6.45pm On the Waterfront ★★★★★ Brilliant, brooding drama. Marlon Brando (1954, PG)
9.00 Play Misty for Me ★★★★ Gripping thriller. Clint Eastwood, Jessica Walter (1971, 18)
11.10 Eyes of Laura Mars ★★★ Thriller. Faye Dunaway (1978, 15) **1.10am Twice a Judas ★★** Western. Antonio Sabato (1968) **3.00 Mayflower: the Pilgrims' Adventure ★★** Drama. Anthony Hopkins (1979) **4.35–6.00am Machine Gun Kelly ★★★** Crime drama. Charles Bronson (1958, 12)
Sony Movies Classic +1 **F'View** 62 *(limited)* **F'Sat** 304 **Sky** 320

Talking Pictures TV 81

Freeview 81 **Freesat** 306 **Sky** 328 **Virgin** 445

6.00am House of Blackmail ★★ Drama. (1953, 12) (S) **7.40 Police Dog ★★** Drama. (1955, PG) (S) **9.30 Where There's a Will ★★** Comedy. (1955, U) (S) **11.00** Richard Diamond **11.30 The Devil-Ship Pirates ★★★** Period drama. (1964, PG) **1.15pm** The New Lot **2.05 A Man about the House ★★** Period thriller. Margaret Johnston (1947, PG) **3.55 Angels One Five ★★★** Second World War drama. Jack Hawkins (1952, U) (S)
5.55pm I'm All Right Jack ★★★★★ Satirical comedy. Ian Carmichael, Peter Sellers (1959, U)
8.00 Danger UXB TV drama.
9.00 Special Branch TV crime drama.
10.00 Peeping Tom ★★★★★ Controversial masterpiece. **Review p37.** Carl Boehm (1960, 15)
12 midnight Station Six Sahara ★★★★ Drama. Carroll Baker (1962) **2.00am Danger Lights ★★** Comedy drama. Louis Wolheim (1930) **3.40 Out of the Fog ★★** Thriller. David Sumner, Susan Travers (1962, PG) (S) **5.00–6.00am** Rooms

Sky Premiere

Sky 301 **Virgin** 401 **BT** 501/**HD** 515

6.00am Straight Up ★★★★ Comedy. James Sweeney (2019) **7.45 Killers Anonymous ★★** Thriller. Gary Oldman (2019, 15) **9.30 UFO ★★** Sci-fi thriller. Gillian Anderson (2018, 12) **11.15** As 6.15pm **1.00pm** As 8pm **2.45** As 9.45pm **4.30 We Die Young ★★** Drama. Jean-Claude Van Damme (2019, 15)

6.15pm This Changes Everything ★★★ Tom Donahue's timely documentary. Geena Davis, Meryl Streep, Reese Witherspoon (2018)
8.00 Brightburn ★★★ Pacey sci-fi horror. Elizabeth Banks, David Denman, Jackson A Dunn, Matt Jones (2019, 15)
9.45 P Doom: Annihilation ★ Sci-fi thriller. Amy Manson (2019, 15)
11.30 We Die Young ★★ Coming-of-age gang drama. Jean-Claude Van Damme, Elijah Rodriguez (2019, 15)

1.15am Hell Is Where the Home Is ★★★ **2.45 Mapplethorpe ★★** **4.30** Hurricane Heist Special **5.00** Extremely Wicked…Special **5.30** Hotel Mumbai Special
Sky Premiere +1 **Sky** 312 **Virgin** 412

Sky Hits

Sky 303 **Virgin** 403 **BT** 503/**HD** 517

7.15am Charlie's Angels ★★ Comedy. Cameron Diaz (2000, 15) **9.00 Isle of Dogs ★★★★** Comedy drama. Bryan Cranston (2018, PG) **10.45 Forgetting Sarah Marshall ★★★** Romantic comedy. Jason Segel (2008, 15) **12.45pm** As 9pm **2.50** As 11pm **5.00 Night School ★★** Comedy. Kevin Hart (2018, 12)

7.00pm The 40 Year Old Virgin ★★★ Sharply scripted comedy. Steve Carell, Catherine Keener (2005, 15)
9.00 The Favourite ★★★★★ Olivia Colman won an Oscar for this superb tragicomic take on the reign of Queen Anne. Emma Stone, Rachel Weisz, Nicholas Hoult, Joe Alwyn (2018, 15)
11.00 Mary Queen of Scots ★★★ A feminist slant and upfront sexuality liven up this historical drama. Saoirse Ronan, Margot Robbie (2018, 15)

1.10am Happy Death Day 2U ★★ Horror. Jessica Rothe (2019, 15) **2.55 The First Purge ★★★** Efficient prequel to the *Purge* action horror trilogy. Y'lan Noel, Lex Scott Davis, Marisa Tomei (2018, 15) **4.35 Isle of Dogs** As 9am

Sky Monsters

Sky 307 **Virgin** 411 **BT** 511/**HD** 525

6.20am King Kong As 3.50pm **9.35 Rampage** As 7pm **11.35 The Meg** As 9pm **1.35pm Jaws** As 11pm **3.50 King Kong ★★★★** The classic monster movie is lovingly upgraded into a superior fantasy epic by Peter Jackson. Naomi Watts, Jack Black, Adrien Brody, Andy Serkis (2005, 12)

7.00pm Rampage ★★ Dwayne Johnson's gorilla buddy gets a monster makeover. Naomie Harris (2018, 12)
9.00 The Meg ★★★ Jason Statham is up against a giant prehistoric shark. Li Bingbing (2018, 12)
11.00 Jaws ★★★★★ This classic thriller about a shark terrorising a beach community is impeccably directed by Steven Spielberg and boasts a superlative cast. Roy Scheider, Robert Shaw, Richard Dreyfuss (1975, 12)

1.10am Book of Monsters ★★ Comedy horror. Lyndsey Craine, Michaela Longden (2018, 18) **2.40 Marabunta ★★** Sci-fi thriller. Eric Lutes, Julia Campbell (1998) **4.20 Monster Family ★** Animated horror. Emily Watson (2017, PG)

Sky Superhero

Sky 302 **Virgin** 402 **BT** 502/**HD** 516

7.00am Batman ★★★★ Action fantasy. Adam West, Burt Ward (1966, U) **8.55** Lego DC Comics Super Heroes **10.00** As 6.15pm **11.45** As 8pm **2.05pm The Green Hornet ★★** Action comedy. Seth Rogen (2011, 12) **4.15 Ghost Rider ★★** Action fantasy horror. Nicolas Cage, Eva Mendes (2007, 15)

6.15pm Hancock ★★★ A superhero on the skids is given a chance to rebuild his image. Will Smith, Charlize Theron, Jason Bateman (2008, 12)
8.00 Shazam! ★★★★ Laugh-packed yarn about a teenager who is given special powers. Zachary Levi, Mark Strong, Asher Angel (2019, 12)
10.15 Watchmen ★★★★ Superheroes are forced into action when one of their number is murdered. Billy Crudup (2009, 18)

1.00am Ghost Rider As 4.15pm **2.55 The Green Hornet** As 2.05pm **5.00** Lego DC Comics Super Heroes

Sky Greats

Sky 304 **Virgin** 404 **BT** 504/**HD** 518

6.00am The Ladykillers ★★★★★ Black comedy. Alec Guinness (1955, U) **7.40 Chariots of Fire ★★★★★** Drama. Ben Cross (1981, PG) **9.50 Rear Window ★★★★★** Classic thriller. James Stewart, Grace Kelly (1954, PG) **11.50** As 8pm **2.10pm The Bourne Identity ★★★★** Spy thriller. Matt Damon (2002, 12)

4.10pm King Ralph ★★ John Goodman rules. Peter O'Toole (1991, PG)
5.50 An Officer and a Gentleman ★★★ Rousing romantic drama. Richard Gere (1982, 15)
8.00 The Rock ★★★★ Sean Connery and Nicolas Cage team up to prevent a gas attack. Ed Harris, John Spencer, David Morse (1996, 15)
10.20 Lethal Weapon ★★★★ Stylish, violent action thriller. Mel Gibson, Danny Glover, Gary Busey (1987, 18)

12.20am Good Morning, Vietnam ★★★ Biographical comedy drama. Robin Williams, Forest Whitaker (1987, 15) **2.30 Se7en ★★★★★** Crime thriller. Brad Pitt, Morgan Freeman, Gwyneth Paltrow (1995, 18) **4.45** As 7.40am

Sky Comedy

Sky 308 **Virgin** 408 **BT** 508/**HD** 522

7.25am Most Likely to Murder ★★★ (2018, 15) **9.10 I Want Candy ★★★** (2006, 15) **10.50 Better Start Running ★★★** Comedy. (2018, 15) **12.30pm Talladega Nights: the Ballad of Ricky Bobby ★★** (2006, 15) **2.40** As 11.45pm **4.20 Step Brothers ★★★** Comedy. (2008, 15)

6.20pm Holmes and Watson ★ Will Ferrell and John C Reilly play the detective duo. Ralph Fiennes (2018, 12)
8.00 Anchorman: the Legend of Ron Burgundy ★★★ Newsreader Will Ferrell is threatened by the arrival of a sparky female colleague. (2004, 12)
9.45 The Other Guys ★★★ Detectives Will Ferrell and Mark Wahlberg get a chance to emulate their front-line colleagues. (2010, 12)

11.45pm Zoolander ★★★★ Very funny fashion-industry parody. Ben Stiller (2001, 12) **1.20am** As 10.50am **3.05** As 12.30pm **5.10 Grease 2 ★★** Musical. Michelle Pfeiffer (1982, PG)

Key (S) Subtitles (SL) Signing (AD) Audio description

Sky Disney

Sky 305 **Virgin** 405 **BT** 505/**HD** 519

6.40am Bedknobs and Broomsticks ★★★ Musical fantasy. Angela Lansbury (1971, U) **8.40** As 4.15pm **10.25** As 6pm **12.25pm** As 8pm **2.40** As 10.15pm **4.05** Presto **4.15 The Princess and the Frog** ★★★ Fun animated fantasy. Anika Noni Rose, Bruno Campos (2009, U)

6.00pm Dumbo ★★★★ Charming live-action remake of the flying-elephant fantasy. Colin Farrell, Michael Keaton, Danny DeVito (2019, PG)

8.00 Mary Poppins Returns ★★★ Emily Blunt is pitch perfect as the magical nanny in this fun sequel. Lin-Manuel Miranda, Ben Whishaw (2018, U)

10.15 The Jungle Book ★★★★★ Animated adventure charting the adventures of Mowgli, the boy raised by wolves. Phil Harris (1967, U)

11.40pm The Game Plan ★★★ Comedy. Dwayne "The Rock" Johnson (2007, U) **1.40am Hercules** ★★★ Musical. (1997, U) **3.25 Return to Oz** ★★★ Fantasy. (1985, PG) **5.25 Atlantis: the Lost Empire** ★★★★ Fantasy. (2001, U)

Sky Thriller

Sky 309 **Virgin** 409 **BT** 509/**HD** 523

6.00am As 5.15pm **7.35 Marnie** ★★★★ Drama. "Tippi" Hedren, Sean Connery (1964, 15) **9.50** As 6.50pm **12 noon** As 9pm **1.45pm Vault** ★★ Crime drama. Theo Rossi, Clive Standen (2019, 15) **3.30 Miss Bala** ★★ Action drama. Gina Rodriguez (2019, 15) **5.15 Gemini** ★★★ Thriller. Lola Kirke, Zoë Kravitz (2017, 15)

6.50pm Widows ★★★★ A trio of women – led by a ferocious Viola Davis – attempt to pay off their dead husbands' debts. Michelle Rodriguez, Elizabeth Debicki, Cynthia Erivo (2018, 15)

9.00 Salt ★★ Angelina Jolie is on fighting form as a discredited CIA agent in this pacey thriller. Liev Schreiber, Chiwetel Ejiofor, Daniel Olbrychski (2010, 12)

10.45 The Recruit ★★ Colin Farrell is taught CIA tactics by gruff trainer Al Pacino. (2002, 12)

12.45am Feedback ★★ Horror. Eddie Marsan, Paul Anderson (2019, 18) **2.30 Thoroughbreds** ★★★★ Thriller. Anya Taylor-Joy, Olivia Cooke (2017, 15) **4.15 Deep Family Secrets** ★★★ True story. Richard Crenna, Angie Dickinson (1997)

Sky Action

Sky 311 **Virgin** 407 **BT** 507/**HD** 521

6.00am Samson As 1pm **8.00 The Last Samurai** As 11.45pm **10.45 King Arthur** As 7.15pm **1.00pm Samson** ★★ Drama. Taylor James (2018, 15) **3.00 Van Helsing** As 9.30pm **5.15 Highlander** ★★★ Cult combination of sci-fi, horror and music video. Christopher Lambert (1986, 15)

7.15pm King Arthur ★★★ Exciting adventure that offers an intriguing spin on the legendary figure. Clive Owen, Keira Knightley (2004, 12)

9.30 Van Helsing ★★★ A vampire hunter comes to the aid of a gypsy princess. Hugh Jackman, Kate Beckinsale, Richard Roxburgh, David Wenham (2004, 12)

11.45 The Last Samurai ★★★★ A disillusioned US soldier is hired to train Japan's first modern army. Tom Cruise (2003, 15)

2.30am Machete ★★★ Crime thriller. Danny Trejo, Jessica Alba, Robert De Niro (2010, 18) **4.20 Angel Flight Down** ★★ Drama based on a true story. Patricia Kalember, David Charvet, Christopher Atkins (1996)

Sky Family

Sky 306 **Virgin** 406 **BT** 506/**HD** 520

6.25am As 11.50pm **8.25** How to Train Your Dragon: Homecoming **8.55** As 6.25pm **10.30 Planes** ★★★ Adventure. (2013, U) **12.10pm** As 8pm **2.10 Open Season** ★★★ Comedy. (2006, PG) **3.40 Open Season 2** ★★ (2008, PG) **5.05 Open Season 3** ★★ Comedy. (2010, U)

6.25pm The Pirates! In an Adventure with Scientists! ★★★★ Rousing, colourful and madly joyous tale. Hugh Grant, David Tennant, Martin Freeman, Imelda Staunton (2012, U)

8.00 Spider-Man: Into the Spider-Verse ★★★★ Clever and funny animated outing. Jake Johnson, Shameik Moore, Liev Schreiber, Hailee Steinfeld (2018, PG)

10.00 Nanny McPhee ★★★ Lively and humorous fantasy adventure. Emma Thompson, Colin Firth (2005, U)

11.50pm Nanny McPhee & the Big Bang ★★★★ Fantasy comedy. Emma Thompson (2010, U) **1.50am Pete's Dragon** ★★ Musical fantasy. Helen Reddy (1977, U) **3.45 Annie** ★★★ Musical. Albert Finney, Carol Burnett (1982, U)

Sky Drama

Sky 310 **Virgin** 410 **BT** 510/**HD** 524

6.00am Father Goose ★★★ Comedy drama. Cary Grant (1964, U) **8.00 The Pursuit of Happyness** ★★★ True story. Will Smith, Jaden Christopher Syre Smith (2006, 12) **10.00** As 6pm **12 noon** As 8pm **2.40pm** As 10.40pm **4.35 Motherhood** ★★★ Comedy. Christina Hendricks, Alysia Reiner (2019, 15)

6.00pm Boy Erased ★★★ A gay teenager is sent to conversion therapy. Lucas Hedges, Russell Crowe (2018, 15)

8.00 The Firm ★★★★ A lawyer discovers that his company offers more than just legal advice. Tom Cruise, Jeanne Tripplehorn, Gene Hackman (1993, 15)

10.40 American Woman ★★★★ Sienna Miller puts in a career-best performance as a single mum whose daughter disappears. Christina Hendricks (2018, 15)

12.35am Motherhood As 4.20pm **2.00 The Pursuit of Happyness** As 8am **4.00 Father Goose** As 6am

TCM Movies

Sky 315 **Virgin** 415/**HD** 416 **BT** 512/**HD** 526

6.00am Close Up **7.30 How the West Was Won** ★★★★ Western. (1962, PG) **10.35 Bad Man from Red Butte** ★★ Western. (1940, U) **11.50 Colt .45** ★★★ Western. (1950, U) **1.30pm The Towering Inferno** ★★★★ Disaster movie. (1974, 12) **4.50 Sahara** ★★★ Adventure. (1943, PG)

6.50pm Return of the Gunfighter ★★ Western starring Robert Taylor. Chad Everett (1967, U)

9.00 Shootout ★★ A bank robber comes out of jail swearing vengeance. Gregory Peck, Pat Quinn (1971)

11.05 Dog Day Afternoon ★★★★ Blazing crime drama about a couple of inept criminals whose bungled heist turns into a hostage situation. **Review left.** Al Pacino, John Cazale, Charles Durning (1975, 15)

1.45am Excessive Force II: Force on Force ★★ Action drama. Stacie Randall (1995, 18) **3.30** Hollywood's Best Film Directors **4.30** Close Up

TCM Movies +1 **Sky** 316 **Virgin** 417

SPORT



Premier League Football

7.00pm ***Sky PL/Main Event***

Leicester ace Youri Tielemans

Sky Main Event

Sky 401 **Virgin** 511/**HD** 501 **BT** 402/420/**HD** 437/440

6.00am Good Morning Sports Fans **10.00** Football Centre **11.30** Ref Watch **12 noon** Sky Sports News **6.30pm** PGA Tour Golf: a preview of the Players Championship, which gets under way on Thursday **7.00 LIVE Premier League Football** Leicester City v Aston Villa at the King Power Stadium (kick-off **8.00**). **11.00** NBA: the Warm Up **12 midnight–6.00am** Sky Sports News

Sky Football

Sky 403 **Virgin** 513/**HD** 503 **BT** 422/**HD** 442

6.00am EFL Greatest Games **6.45** SPFL Greatest Games **7.00** Greatest Players (AD) **7.30** Countdowns (AD) **8.00** Football Years (AD) **8.30** EFL Greatest Games **8.45** One2Eleven (AD) **9.00** SPFL Round-Up **9.15** SPFL Greatest Games **9.30** Classic Play-Off Finals **10.30** EFL Greatest Games **11.15** SPFL Greatest Games **11.30** Greatest Players: Andrea Pirlo (AD) **12 noon** Countdowns (AD) **12.30pm** Football Years (AD) **1.00** SPFL Greatest Games **1.45** One2Eleven (AD) **2.00** Classic Play-Off Finals **3.00** Greatest Players (AD) **3.30** Countdowns (AD) **4.00** Years (AD) **4.30** Classic Play-Off Finals **5.30** SPFL Greatest Games **6.00** Soccer AM (AD) **6.30** League One and Two Goals **7.00** Championship Highlights **9.00** Soccer AM (AD) **9.30** League One and Two Goals **10.00** SPFL Round-Up **10.15** SPFL Greatest Games **10.30** MLS Round-Up **11.00** One2Eleven (AD) **11.15** EFL Greatest Games **11.30** SPFL Greatest Games **12 midnight** Football Years (AD) **12.30am** SPFL Greatest Games **1.00** Countdowns (AD) **1.30** Football Years (AD) **2.00** Championship Season Review **3.00** Classic Play-Off Finals **5.00–6.00am** League Cup Classics

Sky The Players

Sky 405 **Virgin** 515/**HD** 505 **BT** 424/**HD** 444

6.00am How the Players Was Won **8.00** PGA Tour Profiles (AD) **8.15** The Players Championship Official Film (AD) **9.15** PGA Tour Profiles (AD) **9.30** European Tour Golf **10.30** PGA Tour Golf: a full rerun of the final round of the Arnold Palmer Invitational **4.00pm** Best of the Sky Zone (AD) **4.30** European Tour: Qatar Masters **5.30** Best of the Sky Zone (AD) **6.00** Rory's Review of 2019 **6.30** PGA Tour Golf: Players Championship preview **7.00** How the Players Was Won: a review of the 2019 tournament **9.00** PGA Tour Golf **10.30** Rory's Review of 2019 **11.00** Feherty Talks to Rory McIlroy: the pundit chats to the four-time Major champion **12 midnight** PGA Tour Golf **1.00am** Feherty **2.00** PGA Tour Golf **2.30** Best of the Sky Zone (AD) **3.00** PGA Tour Golf **4.00–6.00am** The Players Championship Official Film

Sky Premier League

Sky 402 **Virgin** 512/**HD** 502 **BT** 421/**HD** 441

6.00am Greatest Games **7.00** Legends (AD) **7.30** Goals on Sunday **9.00** Highlights **10.00** Years (AD) **12 noon** Highlights **5.00pm** Soccer AM (AD) **5.30** 100 Club **6.00** Legends (AD) **7.00 LIVE Premier League Football** Leicester City v Aston Villa at the King Power Stadium (kick-off **8.00**). **11.00** 100 Club (AD) **12 midnight** Premier League Football **1.30am** Years (AD) **3.30** Greatest Games **4.00** Best Goals **5.30–6.00am** 100 Club (AD)

Sky Cricket

Sky 404 **Virgin** 514/**HD** 504 **BT** 423/**HD** 443

6.00am Greatest Games (AD) **7.00** Best of England v Australia (AD) **8.00** Greatest Games (AD) **9.00** How the 2003 World Cup Was Won (AD) **12 noon** Women's T20 World Cup **1.00pm** Best of England v Australia (AD) **2.00** Women's T20 World Cup: highlights of the final **3.00** How the 2003 World Cup Was Won (AD) **6.00** Women's T20 World Cup: a full rerun of the first semi-final **10.00** How the 2003 World Cup Was Won (AD) **1.00am** Best of England v Australia (AD) **2.00** Greatest Games (AD) **3.00** Best of England v Australia (AD) **4.00** Greatest Games (AD) **5.00–6.00am** Best of England v Australia (AD)

Sky Action

Sky 407 **Virgin** 517/**HD** 507 **BT** 426/**HD** 446

6.00am Boxing Gold **7.00** Records (AD) **8.00** NFL: a Football Life (AD) **9.00** NFL: America's Game (AD) **10.00** Sporting Records (AD) **11.00** NFL: America's Game (AD) **12 noon** NFL: a Football Life (AD) **1.00pm** Sporting Records (AD) **2.00** Boxing: Scott Quigg v Jono Carroll from Manchester Arena **6.00** Pro-Football Talk **8.00** Boxing **12 midnight** NFL: America's Game (AD) **1.00am** Super League Gold (AD) **2.00** NFL: Greatest Games (AD) **3.30** Darts Gold (AD) **4.00** Records (AD) **5.00–6.00am** Greats (AD)

Sky Arena

Sky 408 **Virgin** 518/**HD** 508 **BT** 427/**HD** 447

6.00am Greats (AD) **7.00** Super League Gold (AD) **8.00** Greats (AD) **9.00** Records (AD) **10.00** Boxing Gold (AD) **11.00** Super League Gold (AD) **12 noon** Greats (AD) **2.00pm** NBA Classic Games (AD) **4.00** Greats (AD) **4.30** Super League **4.45** Netball **6.45 LIVE Netball** Super League: London Pulse v Celtic Dragons. **8.45** NBA **12 midnight** NBA Classic Games **1.00am** Records (AD) **2.00** Super League Gold (AD) **3.00** Sporting (AD) **4.00** Sporting Greats (AD) **5.00–6.00am** Sporting Records (AD)

Sky Mix

Sky 145 **Virgin** 520/**HD** 510 **BT** 429/**HD** 449

6.45–8.45pm LIVE Netball London Pulse v Celtic Dragons.

Eurosport 1

Sky 410 **Virgin** 521 **BT** 412/**HD** 435

6.00am Alpine Skiing **7.00** Cycling: Paris-Nice **8.00** Snooker **10.05** Cycling **10.25** Alpine Skiing **11.25** Ski Jumping **12.25pm** Cycling **1.40 LIVE Cycling** The second stage of the Paris-Nice race. **3.40** Ski Jumping: from Oslo **4.25 LIVE Ski Jumping** **5.45** Biathlon **6.45** Alpine Skiing **8.00** Cycling **9.00** Ski Jumping **10.00** Biathlon **11.00** Cycling **1.00am** Triathlon **1.30** Snooker **2.00** Cycling **4.00** Ski Jumping **5.00–6.00am** Alpine Skiing

BT Sport 1

Sky 413 **Virgin** 527 **BT** 408/**HD** 430

6.00am Europa League Magazine **6.30** Champions League Magazine **7.00** Wrestling (AD) **9.00** Premier League Review **10.00** Premier League Football **11.30** Non-League Football **1.30pm** Premier League Review **2.30** Premier League World **3.00** French Football **4.00** Wrestling **6.00** Premier League Review **7.00** SPFL Highlights **7.15** Early Kick-Off: football chat **7.30 LIVE German Football** Bundesliga 2: VfB Stuttgart v Arminia Bielefeld (kick-off **7.30**) from Mercedes-Benz Arena. **9.30** German Football: highlights **10.30** Premier League World **11.00** Wrestling: WWE action **1.00am LIVE Wrestling** WWE Monday Night Raw. **4.15** Early Kick-Off **4.30** Scottish Football **4.45** BT Sport Goals Reload **5.00–6.00am** Australian Football

BT Sport 2

Sky 414 **Virgin** 528 **BT** 409/**HD** 431

6.00am MotoGP **10.00** Rugby Union **12.30pm** Squash **1.30** Badminton **3.30** Italian Football **4.00** MotoGP **8.00** World Rally **8.30** Champions League Magazine **9.00** Fishing (AD) **10.00** Dan Hardy's Open Mat **10.30** UFC: Israel Adesanya v Yoel Romero **1.30am** World Rally **2.00** Poker **4.00–6.00am** MotoGP: Qatar

BT Sport 3

Sky 417 **Virgin** 529 **BT** 410/**HD** 432

6.00am German Football: extended highlights of the weekend matches **6.30pm** French Football: round-up **7.30** Rugby Union: highlights and reaction from the Premiership **10.00** BT Sport Score Best Bits **10.30** BT Sport Goals Reload **11.00** Australian Football **12 midnight–6.00am** German Football

BT Sport ESPN

Sky 423 **Virgin** 530 **BT** 411/**HD** 434

6.00am Basketball **7.45** ESPN FC **8.15** Basketball **10.00** BT Sport Reload **10.30** ESPN FC **11.00** Basketball **2.30** NHL **4.30** ESPN FC **5.00 LIVE Major League Baseball** Philadelphia Phillies v New York Yankees, the spring training game at Spectrum Field, Florida (start time **5.05**). **8.00** XFL: Dallas v New York **10.30** In Depth: with Dana White **11.00 LIVE Basketball** Coverage of a US college game. **1.00am** Reload **1.30** X Games **5.30–6.00am** BT Sport Reload

Eurosport 2

Sky 411 **Virgin** 522 **BT** 413/**HD** 436

6.00am Cycling **7.00** Olympics: Hall of Fame **8.00** Cycling **10.00** Motocross **11.00** World Superbikes **2.00pm** Freestyle Skiing **4.00** Motocross **4.30** World Superbikes **6.00** Snooker **8.00** World Superbikes **10.00** Motocross **11.00** Ski Jumping **12 midnight** Alpine Skiing **1.00am** Olympics: Hall of Fame **3.00** Snooker **5.00–6.00am** Cycling: Paris-Nice

Premier Sports 1

Sky 412 **Virgin** 551

5.40–7.45pm LIVE Italian Football Torino v Udinese at the Stadio Olimpico Grande Torino (kick-off **5.45**). **7.55–10.00 LIVE Italian Football** Lecce v AC Milan at the Stadio Via del Mare (kick-off **8.00**).

Wine Five crimes against wine YOUR RT P137

TUESDAY Choices The pick of today's TV



BAKERS BEWARE
Ovie Soko, Jenny Eclair, Russell Howard and Louis Theroux are in the tent

PICK OF THE DAY The Great Celebrity Bake Off for Stand Up to Cancer *8.00pm* ***C4***

FOOD Louis Theroux lies in front of his oven, peering through the glass at his technical challenge bake in the first of five celebrity fund-raisers for *Stand Up to Cancer*. "I like it on *Bake Off* when they do this, it's like they really care," he says.

But Theroux does really care, as do his fellow bakers, comedians Russell Howard and Jenny Eclair, and basketball player Ovie Soko, as they compete for the Star Baker apron. Even Paul Hollywood is impressed, handing out a blizzard of handshakes. Everyone throws themselves into the challenge to make a giant biscuit and the showstopper, where contestants must make a choux-bun representation of themselves. Russell Howard notes dolefully: "I've got to make profiteroles for eternity."

There is, of course, a serious purpose, exemplified by a sad, affecting video diary kept by fitness instructor Emily after she receives a devastating diagnosis. **ALISON GRAHAM**

Racing: Cheltenham Festival

1.00pm ***ITV***

SPORT The Grand National might make Aintree in April feel like a bigger TV event but, for jump-racing connoisseurs, this is the highlight of the year: four days of premium racing, with several Grade 1 contests every day. The Tuesday showpiece is the Champion Hurdle (3.30pm), vied for over a little more than two miles round the Old Course.

Owner JP McManus has won the race eight times, including all the last three, while trainer Nicky Henderson has schooled the winner on seven previous occasions. So it's no surprise that a Henderson/McManus horse, Epatante, leads the antepost betting. Ed Chamberlin leads the ITV presenting team. **JACK SEALE**

Champions League Football

7.00pm (k/o 8.00pm) ***BT Sport 2***

SPORT Tottenham Hotspur travel to **RB Leipzig** tonight for the second leg of a tie that is the very definition of "finely poised" – the Londoners were beaten one-nil in the first fixture, a not insurmountable deficit, but one that requires them to score at least two goals to progress to the quarter-finals.

It's a task complicated by the long-term injury to Spurs forward Heung-min Son, who had been proving himself an able deputy to the crocked Harry Kane. Manager Jose Mourinho said the double blow has left his side "broken-hearted" – but if they overcome Leipzig tonight, it would go some way to bringing back their mojo. **HANNAH SHADDOCK**

Back in Time for the Corner Shop

8.00pm ***BBC2***

DOCUMENTARY It's starting to feel as though there isn't enough shop-related content to fill each episode. How else to explain the protracted segue in which Billy Bragg turns up for no real reason except to explain the history of skiffle and perform *Rock Island Line*?

It's a shame, because when the focus is on Ardern & Son, it seems there should be plenty to get to grips with. The 1960s, in particular, prove to be a tumultuous time, what with the introduction of self-service and the price-slashing tactics employed by supermarkets. The local store's solution? Start catering to people's hobbies – including fishing tackle, live maggots and all. **DAVID BROWN**

The Split

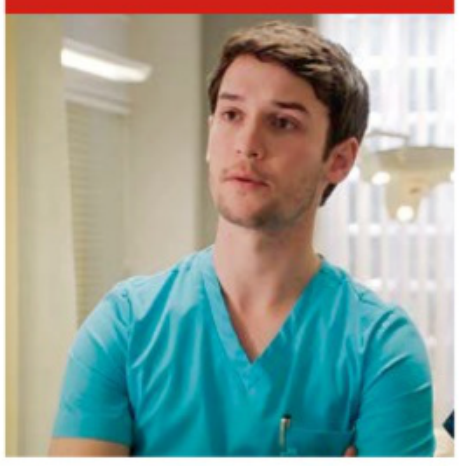
9.00pm ***BBC1***

DRAMA Hannah seems determined to torpedo what's left of her fragile marriage. But after watching her once again walk in slow motion along the Embankment, and cry in her work toilets, it's still difficult to tell what she's thinking in Abi Morgan's torrid romantic drama.

After Hannah's husband Nathan discovered the depths of her faithlessness, he's been distant and sad. There are some delightfully icky scenes as the parallels between everyone's real-life relationships underpin a training exercise for would-be solicitors.

But the best moment comes when someone, at long last, tells self-absorbed Rose ("What am I doing with my life?") to "SHUT UP!". **AG**

TODAY IN SOAPLAND



Xav (Marcus Griffiths) in **Holby City** (8pm BBC1; Scotland: 10.35pm) has worked out that Cameron (Nic Jackman, right) is an egotistical fraud, but what he doesn't yet know is that his colleague is also a psychopath who read that "do no harm" principle and then did the opposite. Tonight, we see Cameron confronted about that emergency thoracotomy he claimed credit for the other week. But what we're all waiting for are the true facts surrounding the death of Evan. Will a newly emboldened Detective Xav crack the case? Or might he become Killer Cam's next victim?

Has **Emmerdale** (7pm ITV) finally found a way to turn world-weary Will (Dean Andrews) into an interesting character? I'm reserving judgement, but his encounters with dodgy copper Malone (Mark Womack) do at least have some bite to them. Their latest meet-up has left Will with spiralling levels of stress, hence his opening up to Cain. But Cain is set to underestimate Will's enemy in the days ahead. **DAVID BROWN**

The Trip to Greece

10.00pm ***Sky 1***

COMEDY One driving scene tonight shows the mix of puns, impressions and competitive bickering that make this show tick. Rob Brydon is in full Bee Gees mode singing *Grease* ("It's a homophone..." "How dare you!"). While Steve Coogan berates him from the driving seat, Brydon slips into Melvyn Bragg mode with a brief flash of Rigsby from *Rising Damp* then a terrible joke about Thermopylae.

Later, over a long lunch in Athens, they segue through various versions of Dustin Hoffman before Coogan does his impression of a badly dubbed actor out of sync with his own dialogue. It should all be childishly silly except, as always, there's more going on. **DAVID BUTCHER**

The Windsors

10.15pm ***C4***

COMEDY Difficult as it is to pick an outstanding performance in this sitcom, Haydn Gwynne is on terrific form this year as the increasingly homicidal Camilla: her plan to destroy Kate, Wills, Harry and Meghan takes a science-fiction turn this week, in a plotline that climaxes with Louise Ford, as Kate Middleton, unleashing a beautifully unexpected bit of swearing.

But the only actor delivering a laugh with every line is Ellie White as Princess Beatrice, whose warped accent adds four or five Sloaney vowels to the end of each sentence. Tonight, Beatrice joins Eugenie (Celeste Dring) in gainful employment at an art gallery. Surely the boss of the establishment hasn't hired them just for their royal name? **JS**

Mrs Fletcher

10.15pm ***Sky Comedy***

SITCOM ***New series*** I don't recommend watching this if you have a child leaving for university soon. Kathryn Hahn plays Eve, a single mother whose life is so bound up in her teenage son that the scenes where she packs the car for him to leave – while he does nothing to help – are excruciating.

Put crudely (and be warned, a lot of the script, based on Tom Perrotta's novel, is calculatedly crude), Brendan is a jerk who treats girls horribly. But his departure leaves Eve bereft: a friend gives her a scented candle with "Breathe" on it but we see her lighting a cigarette off it in the bath. The scene is set for Eve and Brendan to face a mid-life crisis and an overdue coming-of-age. **DAVID BUTCHER**



HAVANA BALL
Joanna Lumley begins her trip in the lively Cuban capital

Joanna Lumley's Hidden Caribbean: Havana to Haiti

9.00pm ***ITV***

TRAVEL As with any travel series titled "hidden", "secret" or "undiscovered", what we see is nothing of the sort – Joanna Lumley hits tourist spots in Cuba in a hot pink vintage car as she decorously tries not to wilt in the heat. But her affability does get her behind some closed doors, including a look around a magnificently dilapidated villa where Che Guevara played chess with the owner.

Her love of boxing (she's been a fan since she met Muhammad Ali in the 1970s) allows her to arrange a sparring session between a young woman boxer (women are forbidden from competing professionally) and one of the country's big (male) stars.

And, of course, no trip to Cuba is complete without a look around a tobacco farm and a piña colada. **AG**

Your RT Travel: page 142

DISCOVER TV

The best of streaming and catch-up



Picasso's Last Stand

iPlayer (expires today)

Friends and acquaintances tell the story of Pablo Picasso's final phase, which despite his vast fame is a somewhat unexamined period. Accompanied by plenty of lingering shots of the later works that give you a chance to reassess their merits, it's an opportunity to step inside the phenomenon of a great artist reacting to criticism and to his own impending demise. First shown in 2018.

DISCOVER TV KIDS

Noddy: Toyland Detective

6.40am ***Channel 5, My5***

Today in the animated series, one of the Knights returns from a trip around Toyland without a gift for the Queen. Noddy to the rescue! **JS**

BEST LIVE SPORT



■ **Champions League Football: RB Leipzig v Tottenham** *7pm (kick-off 8pm)* ***BT Sport 2***
Spurs maestro Giovani Lo Celso.
Valencia v Atalanta *7.45pm (kick-off 8pm)* ***BT Sport 3***

■ **Racing: Cheltenham Festival, day one** *1pm* ***ITV*** Featuring the prestigious Champion Hurdle.

■ **Cycling: Paris-Nice, day three** *1.40pm* ***Eurosport 1***
A 212.5km route to La Chatre.

FILM OF THE DAY

My Super Ex-Girlfriend

10.00pm ***5 Star***

Luke Wilson finds it hard to dump Uma Thurman in this comic fantasy. **See page 37**

PA; GETTY

TUESDAY Main Channels

DAYTIME

BBC1

6.00am Breakfast Louise Minchin, Dan Walker. (S) (HD)
9.15 Crimewatch Roadshow Live Police in North Yorkshire tackle the persecution of birds of prey. (S) (HD)
10.00 Homes under the Hammer Properties in London, Derbyshire and Newcastle-under-Lyme. (S) (HD)
11.00 Dom Does America Dominic Littlewood works as a paramedic in Austin, Texas. (R) (S) (AD) (HD)
11.45 Saved on Camera A man fights off three masked burglars to protect his wife. (S) (HD)
12.15pm Bargain Hunt Two teams search for profitable items in Ballinderry near Lough Neagh. (R) (S) (AD) (HD)
1.00 BBC News Regional News; Weather (S) (HD)
1.45 Doctors Al and Emma search for a breakthrough in Jimmi's case. (S) (AD) (HD)
2.15 *New series.* Five Bedrooms *1/8*. Australian drama about five loosely connected friends who decide to pool together to get on the property ladder. The whole series is available on iPlayer. (S) (AD) (HD)
3.00 Escape to the Country Alistair Appleton helps a couple find a new home in South Yorkshire. (S) (AD) (HD)
3.45 Money for Nothing The team restores a broken games table. Repeated tomorrow 6.30am BBC2 (S) (HD)
4.30–5.15 Ready Steady Cook Chefs Anna Haugh and Akis Petretzikis compete. Rptd tomorrow 7.15am BBC2 (S) (HD)

BBC2

6.30am Bargain Hunt From Oswestry, Shropshire. Shown yesterday 12.15pm BBC1 (S) (AD) (HD)
7.15 Ready Steady Cook Two friends take part in the culinary contest. Shown yesterday 4.30pm BBC1 (S) (HD)
8.00–9.00 Sign Zone Spy in the Wild *3/4* *Series 2.* The creatures explore the islands of the Southern Seas. (R) (S) (AD) (HD)
9.00 BBC News (S) (HD)
10.00 Victoria Derbyshire Current affairs. (S) (HD)
11.00 BBC Newsroom Live (S) (HD)
12.15pm Politics Live With Jo Coburn. (S) (HD)
1.00 The Super League Show Action from the latest fixtures. Shown yesterday 11.35pm BBC1 North (S) (HD)
1.50 Best House in Town Competitors include the owners of an Edwardian end-of-terrace house. (R) (S) (HD)
2.35 Terry and Mason's Great Food Trip Terry Wogan and Mason McQueen stop off in Chester. (R) (S) (HD)
3.00 Red Rock *Series 3.* What is Keith's fate? (R) (S) (AD) (HD)
3.45 The Great Interior Design Challenge Transforming cottages in the Peak District. (R) (S) (AD) (HD)
4.45–5.15 Portillo's State Secrets Michael Portillo looks at files relating to the monarchy. (R) (S) (AD) (HD)

ITV

6.00am Good Morning Britain (S) (HD)
9.00 Lorraine Fashion and showbiz news. (S) (HD)
10.00 This Morning *Sesame Street* star Elmo talks about his new series. Includes **Regional Weather** (S) (HD)
12.30pm ITV News Regional News; Weather (S) (HD)
1.00 LIVE Racing: Cheltenham Festival The first RT day of the national hunt festival, featuring the Champion Hurdle Challenge Trophy at **3.30**, plus starts at **1.30**, **2.10**, **2.50** and **4.10**. Ed Chamberlin and Francesca Cumani present. **See page 74.** (S) (HD)
4.30–5.00 Tipping Point: Best Ever Finals A compilation of the most dramatic endgames from the arcade-themed quiz show. (S) (HD)

Channel 4

6.30am Cheers Double bill of the comedy. (R) (S) (HD)
7.20 The King of Queens Two episodes. (R) (S) (AD)
8.10 Everybody Loves Raymond Double bill. (R) (S) (AD)
9.10 Frasier Two episodes of the US sitcom. (R) (S) (AD)
10.10 Undercover Boss Canada Tina Chiu from Mandarin Restaurants goes under cover. (R) (S) (HD)
11.05 Ramsay's Kitchen Nightmares USA Helping PJ's Steakhouse in New York. (R) (S) **12 noon News** (S) (HD)
12.05pm Come Dine with Me In Southampton. (R) (S) (HD)
1.05 Posh Pawnbrokers Dan considers buying a pair of running shoes signed by Usain Bolt. (R) (S) (HD)
2.10 Countdown Jeremy Thompson guests. (S) (HD)
3.00 A Place in the Sun In the Algarve. (R) (S) (HD)
4.00–5.00 A New Life in the Sun: Where Are They Now? Catching up with a fisherman in Spain. (R) (S) (HD)

BBC1



The Split *9.00pm* Fi and Richie try to maintain their public façade as their private sexual antics go viral

5.15pm Pointless
Quiz presented by Alexander Armstrong. (R) (S) (HD)

6.00 BBC News Weather (S) (HD)

6.30 Regional news magazines (S)

7.00 The One Show
Presented by Alex Jones and Matt Baker. (S) (HD)

BBC RED BUTTON 7.00–10.30 5 Live Final Score
Radio 5 Live football scores and updates, including the second leg of Tottenham Hotspur's Champions League last-16 tie against RB Leipzig

7.30 EastEnders
Jay prepares to propose to Lola. Gray tells Chantelle he's planning to represent Whitney to get his job back.
Writer Jeff Povey Cast Monday/Thursday (S) (AD) (HD)

8.00 Holby City
Cameron's efforts to impress look doomed to fail when Xavier makes a shocking discovery. Essie tries to bring Sacha, Dom and Ben together to perform life-saving surgery on a vulnerable child.

Donna Jackson	**Jaye Jacobs**	Ric Griffin	**Hugh Quarshie**
Ange Godard	**Dawn Steele**	Nicky McKendrick	**Belinda Owusu**
Xavier "Zav" Duval	**Marcus Griffiths**	Chloe Godard	**Amy Lennox**
Cameron Dunn	**Nic Jackman**	Henrik Hanssen	**Guy Henry**
Sacha Levy	**Bob Barrett**	Jason Haynes	**Jules Robertson**
Essie Di Lucca	**Kaye Wragg**	Ben Sherwood	**Charlie Condou**
Adrian "Fletch" Fletcher	**Alex Walkinshaw**	Tayo Oyeniyi	**Ione Brown**
Jac Naylor	**Rosie Marcel**	Leon Wright	**Frederick Szkoda**
Dominic Copeland	**David Ames**	Fraser MacAlpine	**Adrian Hood**
Max McGerry	**Jo Martin**	Gloria Davidson	**Sue Holderness**

Writer Isla Gray; Producer Chris Clenshaw
Director Jamie Annett (S) (AD) (HD)
Today in Soapland: page 75

9.00 The Split
RT *5/6 Series 2.* Hannah tries to rebuild her marriage after the revelation of her affair with Christie. The Hansen case blows up when a tape of Fi's drunken night with Carrie and Richie is leaked online. Meanwhile, Richie extends his manipulative tactics to Hannah's family. The whole series is available on iPlayer. **See p74.**

Hannah	**Nicola Walker**	Richie Hansen	**Ben Bailey Smith**
Nathan	**Stephen Mangan**	Liv Stern	**Elizabeth Roberts**
Ruth	**Deborah Findlay**	Chloe	**Amaka Okafor**
Nina	**Annabel Scholey**	Ali	**Harriet Webb**
Rose	**Fiona Button**	Amy	**Shalisha James-Davis**
Christie	**Barry Atsma**	Tilly Stern	**Mollie Cowen**
Fi Hansen	**Donna Air**	Vinnie Stern	**Toby Oliver**
Melanie Aickman	**Anna Chancellor**	Dexter Hansen	**Moses Walcott**
James	**Rudi Dharmalingam**	Callum Hansen	**Romario Flemming**
Zander	**Chukwudi Iwuji**	Ralph Hansen	**Kye Carter-Osborne**
Tyler	**Damien Molony**	AA meeting room leader	**Meryl Griffiths**
Maggie	**Ellora Torchia**	Hairdresser	**Lauren Logan**
Professor Ronnie	**Ian McElhinney**	Colleague	**Linda Walcott-Burton**

Writer Abi Morgan; Producers Lucy Dyke and Natasha Romaniuk
Director Paula Van Der Oest (S) (AD) (HD)

10.00 BBC News Regional News; Weather (S) (HD)

10.35 Beauty Laid Bare
***2/3.* The Price of Beauty.** Two of the group learn about the dangerous conditions in which a plant-based wax is produced in Mexico. Back in California, the group learns about the risks of using counterfeit cosmetics and have consultations with a cosmetic surgeon. The whole series is available on iPlayer.
Series producer Rukhsana Mosam; Exec producer Jason Mitchell (S) (HD)

11.20 War on Plastic with Hugh and Anita
1/3. Hugh Fearnley-Whittingstall and Anita Rani explore the problem of plastic-waste pollution, finding out where it is coming from and what can be done to try to solve the issue. Working with residents of a street in Bristol, Anita identifies supermarkets as the main source of single-use plastics.
Director Tom Beard; Series producer Jacky Sloane (R) (S) (AD) (HD)

12.15am Weather for the Week Ahead (S) (HD)
12.20–6.00am BBC News (S) (HD)

BBC1 Freeview 1/HD 101 Freesat 101/HD 106 Sky 101/HD 115 Virgin 101/HD 108

BBC2



Back in Time for the Corner Shop *8.00pm* Billy Bragg introduces the Arderns to the 1950s skiffle craze

5.15pm Flog It!
Paul Martin visits Bristol Cathedral. (R) (S) (HD)

6.00 Richard Osman's House of Games
Former winners Hugh Dennis, Sarah Greene, Nish Kumar and Holly Walsh go head to head. (S) (HD)

6.30 Great British Railway Journeys
Reading to Taplow. In Berkshire, Michael Portillo traces the origins of education for workers and visits Cliveden, a mansion in the Italianate style. (R) (S) (AD) (HD)

7.00 Race across the World
1/9 *Series 2.* Five pairs of competitors travel around the globe without mobile phones or credit cards, setting off from Mexico City. **See choice, page 54.**
Shown Sunday 8pm (S) (AD) (HD)

8.00 Back in Time for the Corner Shop
RT ***3/6.*** This week the Ardern family are running their store during the consumer revolution of the 1950s and 60s. The shop may look modern but postwar rationing is still in force. Even so, Jo's tinned fish fritters have few takers. Sheffield's steel industry is thriving and some of the new workers who arrived from the Commonwealth share their memories of corner shops. Billy Bragg introduces the family to skiffle music and Sara Cox heralds the Hula-Hooping craze. By 1964 self-service stores start to dominate the market and the Arderns find customers forsaking the personal service they offer for the supermarket aisles. **See page 74.**
Director Linda Sands; Producer Julia Krysiak (S) (AD) (HD)

9.00 Miriam's Big Fat Adventure
2/2. Miriam Margolyes's mission continues with a look at efforts to combat the obesity crisis. After a chastening meeting with Angela, 41, who needed a knee operation due to her weight and ended up having her leg amputated, she talks to a member of a Sheffield team who work on a course to improve diet and encourage exercise among primary-school children as part of a Government initiative to reverse rising childhood obesity. She also talks to Claudia, a ten-year-old with weight struggles that are all too familiar. Next she meets people who are taking extreme steps to lose weight, like Jess who was 23 stone before NHS weight-loss surgery and is now on course to lose a stone a month.
Series producer Simon Draper; Executive producers Paul Hamann and Alicia Kerr Repeated Friday 11.10pm (S) (AD) (HD)

10.00 Better Things
10/12 *Series 3.* **Show Me the Magic.** Sam has some girl time with friends. At home, Duke is concerned about the presence of her deceased grandfather. (S) (HD)

Sam	**Pamela Adlon**	Dr David Miller	**Matthew Broderick**
Max	**Mikey Madison**	Murray	**Adam Kulbersh**
Frankie	**Hannah Alligood**	Tressa	**Rebecca Metz**
Duke	**Olivia Edward**	Walter	**Harrison Page**
Phyllis	**Celia Imrie**		

10.30 Newsnight With Emily Maitlis. (S) (HD)

11.10 Weather (S) (HD)

11.15 Tigers: Hunting the Traffickers
Former Royal Marines Commando Aldo Kane reports on the illegal tiger trade in South East Asia. In this *Natural World* film he reveals how the breeding and farming of captive tigers drives consumer demand for tiger products and encourages the poaching of wild tigers.
Director Laura Warner; Producer Jo Pritchard Shown last Wed (S) (AD) (HD)

12.15–2.45am Sign Zone 12.15 Win the Wilderness: Alaska *5/6.* Duane and Rena question each of the couples about their plans for the home. (R) (S) (AD) (HD)
1.15 Murder, Mystery and My Family *10/10.* A landlady who was apparently killed by her lodger. (R) (S) (AD) (HD)
2.00 Island Medics *10/10.* There are serious concerns about a baby boy who arrives in A&E. (R) (S) (AD) (HD)

BBC2 Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102

ITV



Joanna Lumley's Hidden Caribbean *9.00pm* Joanna meets big hitter Andy Cruz Gómez at a Havana gym

5.00pm The Chase
Bradley Walsh presents the quiz show. (R) (S) (HD)

6.00 Regional News Weather (S) (HD)

6.30 ITV Evening News Weather (S) (HD)

7.00 Emmerdale
Victoria decides to get Harry christened.

Victoria Sugden	**Isabel Hodgins**	Charity Dingle	**Emma Atkins**
Baby Harry	**Brody Hall, Teddy Hall**	Chas Dingle	**Lucy Pargeter**
Aaron Dingle	**Danny Miller**	Dan Spencer	**Liam Fox**
Al Chapman	**Michael Wildman**	David Metcalfe	**Matthew Wolfenden**
Amba Metcalfe	**Ava Jayasinghe**	Dawn Taylor	**Olivia Bromley**
Amy Wyatt	**Natalie Ann Jamieson**	Diane Sugden	**Elizabeth Estensen**
Andrea Tate	**Anna Nightingale**	Dotty Thomas	**Tilly Rue Foster**
April Windsor	**Amelia Flanagan**	Doug Potts	**Duncan Preston**
Archie Breckle	**Kai Assi**	Ellis Chapman	**Aaron Anthony**
Arthur Thomas	**Alfie Clarke**	Eric Pollard	**Christopher Chittell**
Baby Eve	**Bonnie Clement, Billy Clement**	Gabby Thomas	**Rosie Bentham**
		Graham Foster	**Andrew Scarborough**
Baby Theo	**Eve Rowlinski, Talitha Taylor**	Harriet Finch	**Katherine Dow Blyton**
		Heath Hope	**Sebastian Dowling**
Belle Dingle	**Eden Taylor-Draper**	Isaac Dingle	**Bobby Dunsmuir**
Billy Fletcher	**Jay Kontzle**	Jacob Gallagher	**Joe-Warren Plant**
Bob Hope	**Tony Audenshaw**	Jamie Tate	**Alexander Lincoln**
Brenda Walker	**Lesley Dunlop**	Jimmy King	**Nick Miles**
Cara	**Carryl Thomas**	Johnny Woodfield	**Luca Myron Hebda**
Cathy Hope	**Gabrielle Dowling**	Nick	**John Glasgow**

Writer Sarah Hooper More cast Thursday
Repeated tomorrow 7.50am and 12.15pm ITV2 (S) (AD) (HD)

7.30 Dr Ranj: on Call
2/4. Dr Ranj Singh offers more advice on how to spot, treat and deal with some of the most common illnesses and accidents. The GP also visits some of the delicate young patients who are being treated in the intensive care unit at the Evelina Children's Hospital in London.
Director Gerard McHugh; Producer Piers Shorrock (S) (AD) (HD)

8.00 Love Your Garden
3/4 *Series 10.* Alan Titchmarsh sets out to strike a harmonious balance in his design for a family garden that's packed full of fun for pre-school children without being a garish eyesore for the adults who share it.
Director/Producer Christopher Christodoulou (S) (AD) (HD)
RT TRAVEL Visit some of the world's best gardens with Radio Times – visit radiotimes.com/garden-holidays

9.00 Joanna Lumley's Hidden Caribbean: Havana to Haiti
RT ***1/2.*** Joanna's latest adventure begins at a gym in Havana, where she encounters some of Cuba's top boxers, before she meets the stars of the cabaret at the National Hotel. She pays a visit to the tomb of Che Guevara, and explores Ernest Hemingway's favourite beach. Finally, Joanna arrives in Santiago de Cuba, hometown of the late president Fidel Castro, as it prepares for the 60th anniversary of the Cuban Revolution. **See page 75.**
Director/Producer Ewen Thomson (S) (AD) (HD)
Your RT Travel: page 142

10.00 ITV News at Ten
Weather; Regional News and Weather (S) (HD)

10.45 Tyson Fury: the Gypsy King
3/3. Fury's rematch with Wilder is confirmed.
Series producer Demi Doyle; Executive producers Tina Flintoff and Nick Hornby Shown last Thursday (S) (AD) (HD)

11.45 Tenable
A team of five singers takes part in the quiz.
Director Ollie Bartlett; Series producer Mike Maclaine (R) (S) (HD)

12.40am Home Shopping (HD)
3.00 The Home Game With Linda Barker. (R) (S) (HD)
3.50 Nightscreen Text information. (HD)
5.05–6.00am Judge Rinder (R) (S) (SL) (HD)

ITV **Freeview** 3/HD 103 **Freesat** 103/HD 111 **Sky** 103 **Virgin** 103/HD 113
+1 **Freeview** 33 **Freesat** 112 **Sky** 203 **Virgin** 114

Channel 4



The Great Celebrity Bake Off *8.00pm* Louis Theroux thinks his bake will take some beating

5.00pm Four in a Bed
The scenery impresses at Langley Dam glamping site in Hexham, Northumberland. (S) (HD)

5.30 Come Dine with Me
Cabin crew trainer Julie plans an evening of Scottish fine dining and music in Edinburgh.
Director/Producer Jimmy Hedger (S) (HD)

6.00 The Simpsons
Burns, Baby Burns. Mr Burns's long-lost illegitimate son turns up. (R) (S) (AD)

6.30 Hollyoaks
Will Walter be reunited with Mitchell?
Writer Darren Fairhurst Cast Thu/Fri Shown yesterday 7pm E4
Rptd tomorrow 6.30am E4 Next episode follows on E4 (S) (AD) (HD)

7.00 Channel 4 News Sport; Weather (S) (HD)

8.00 The Great Celebrity Bake Off for Stand Up to Cancer
RT ***New series. Ep 1*** *Series 3.* The baking contest does its bit for cancer awareness again as Louis Theroux, Jenny Eclair, Ovie Soko and Russell Howard join hosts Sandi Toksvig and Noel Fielding in the tent with the aim of impressing judges Paul Hollywood and Prue Leith. Their first challenge is to create a giant biscuit, followed by a classic bake for the technical challenge and finally a showstopping choux sculpture depicting their perfect day. **See p74.**
Series producer Jenna Mansfield; Executive producers Letty Kavanagh, Richard McKerrow and Kieran Smith
Rptd 11.05pm 4seven and tomorrow 10.35pm C4 (S) (AD) (HD)

9.15 Five Guys a Week
New series. 1/10. Dating show in which one woman invites five men who are looking for love to move in and live with her for a week.
Executive producers Barnaby Coughlin, Lorraine Charker-Phillips and Simon Dickson; Series editor Helen Richards
Rptd tomorrow 11.05pm 4seven and Thu 11.05pm C4 (S) (AD) (HD)

10.15 The Windsors
RT ***3/6*** *Series 3.* When Camilla tells Charles he's regarded by the nation as an eccentric crank, he attempts to disprove her. **See page 75.**

Charles	**Harry Enfield**	Meghan	**Kathryn Drysdale**
Camilla	**Haydn Gwynne**	Edward	**Matthew Cottle**
Wills	**Hugh Skinner**	Rupert	**James Dutton**
Kate	**Louise Ford**	Douglas	**Mark Keegan**
Beatrice	**Ellie White**	Farmer	**Mark Phoenix**
Eugenie	**Celeste Dring**	Student	**Harley Viveash**

Writers George Jeffrie and Bert Tyler-Moore; Director Amanda Blue; Producer Paul Schlesinger Repeated 12.25am 4seven and tomorrow 12.50am C4 (S) (AD) (HD)

10.45 Eight out of Ten Cats Does Countdown
Sean Lock and Sara Pascoe take on guest captain Alan Carr and Tom Allen. Jimmy Carr hosts.
Directors Barbara Wiltshire and Richard Valentine
Series producer Jodie Krstic (R) (S) (HD)

11.45 First Dates
Ep 3. After a wild past, Anthony is now keen to meet "the one". Shown last Thursday (S) (AD) (HD)

12.45am Ramsay's Kitchen Nightmares USA Gordon helps a family-run Mexican restaurant in New York. (R) (S)
1.35 Good Kill ★★★★ War drama starring Ethan Hawke. A former fighter pilot finds it hard to adjust to his new job as a remote drone operative.
Director Andrew Niccol (2014, 15) (S) (SL) (W) (HD)
3.20 Come Dine with Me From Southport. (R) (S) (HD)
4.15 Location, Location, Location Revisits. (R) (S) (HD)
5.10 Cooking Up a Fortune Two winners from the heats go head to head in the final. (R) (S) (HD)
5.35 Kirstie's Handmade Treasures Kirstie Allsopp makes a scarecrow for her local county show. (R) (S) (HD)
5.50–6.30am Countdown (R) (S) (HD)

Channel 4 **F'view** 4/HD 104 **F'sat** 104 **Sky** 104/HD 138 **Virgin** 104/HD 141
+1 **Freeview** 15 **Freesat** 121 **Sky** 204 **Virgin** 142

BBC4



Ian Hislop's Olden Days *9.00pm* Does hindsight help us make sense of the present?

7.00pm Beyond 100 Days (S) (HD)
Followed by **Weather** (S) (HD)

7.30 Great Welsh Canal Adventure with Gareth Edwards
New series. 1/4. The Welsh rugby star and his wife Maureen set off on a journey along four canals in Wales. When they explore the Llangollen canal, Gareth struggles to avoid obstacles.
Producer Mish Evans; Executive producer Tim Green
First shown on BBC1 Wales (S) (HD)

8.00 Timeshift: The People's Liners – Britain's Lost Pleasure Fleets
A voyage in the company of passengers and crew of the vintage pleasure boat steamers which were once a common sight around Britain from the 1820s to the 1960s. Steven Mackintosh narrates.
Director/Producer Robin Toyne (R) (S) (AD) (HD)

9.00 Ian Hislop's Olden Days
1/3. **Heroes for All Times.** Ian Hislop investigates why we have continually plundered "the olden days" to make sense of the present. He starts by revealing how, ever since 1066, we have harked back to the Dark Ages.
Producer Claire Lewis; Executive producer Archie Baron Signed repeat 2.55am (R) (S) (AD) (HD)

10.00 Lost Sitcoms: Till Death Us Do Part
A Woman's Place Is in the Home
A 2016 remake of a 1967 episode missing from the BBC archives. Alf arrives home to find his dinner burnt.

Alf Garnett	**Simon Day**
Elsie Garnett	**Lizzie Roper**
Rita	**Sydney Rae White**
Mike	**Carl Au**
Girl in phone box	**Victoria Balnaves**
Woman at window/call box	**Vari Sylvester**
Ted Williams	**Robert Jack**

Writer Johnny Speight; Director Ben Gosling Fuller
Producer Owen Bell (R) (S) (HD)

10.25 Armada: 12 Days to Save England
3/3. **Endgame.** Dan Snow concludes his view of how England narrowly avoided disaster in 1588. Newly discovered documents reveal a web of misapprehension that prevented the Spanish from invading. Anita Dobson stars as Queen Elizabeth I.
Director/Producer Simon Winchcombe (R) (S) (AD) (HD)

11.25 Inside the Medieval Mind
4/4. **Power.** Professor Robert Bartlett lays bare the brutal framework of the medieval class system.
Producer Richard Parkin (R) (S)

BBC RED BUTTON from 12 midnight
6 Music Festival Lauren Lavern presents performance highlights, including Radiohead, Paul Weller and Ed O'Brien

12.25am A Victorian Scandal: the Rudest Book in Britain Historian Fern Riddell looks at a scandalous High Court trial. (R) (S) (HD)
12.55 Sex, Chips and Poetry: 50 Years of the Mersey Sound The story behind the 1967 poetry anthology. (R) (S) (HD)
1.55 Confucius: Genius of the Ancient World ***3/3.*** Profiling the philosopher. (R) (S) (AD) (HD)
2.55–3.55am Ian Hislop's Olden Days Shown 9pm (S) (SL) (AD)

BBC4 **F'view** 9/HD 106 **F'sat** 107/173 **Sky** 116 **Virgin** 107

Regional variations

BBC1 SCOTLAND
8.00–9.00pm River City **10.35** Holby City **11.35** Beauty Laid Bare **12.20am** War on Plastic with Hugh and Anita **1.15** Weather **1.20–6.00** BBC News

BBC SCOTLAND
As BBC2 until: **7.00pm** The Children's Hospital **7.30** Test Drive **8.00** Growing Up in Scotland: a Century of Childhood **9.00** The Nine **10.00** Scotland's Game **11.00–12 midnight** Scotch: the Story of Whisky

STV
10.00pm ITV News at Ten; ITV News Border **10.40** Scotland Tonight **11.05** Tyson Fury: the Gypsy King **12.05am** James Martin's French Adventure **1.00–5.05** Nightscreen

BORDER SCOTLAND
10.45pm Representing Border **11.15** Border Life **11.45–12.40am** Tyson Fury: the Gypsy King

BBC1 WALES
11.00am X-Ray **11.30–11.45** Animal Park **9.00–10.00pm** Hidden **10.35** The Split **11.35–12.15am** Beauty Laid Bare

BBC2 WALES
1.50pm First Minister's Questions **2.40–3.00** A to Z of TV Gardening:

ITV WALES
11.45pm–12.40am Police in Danger: Caught on Camera:

BBC1 NORTHERN IRELAND
10.35pm Spotlight **11.05** Beauty Laid Bare **11.45** War on Plastic with Hugh and Anita **12.45–6.00am** BBC News

BBC2 NORTHERN IRELAND
1.50pm Waterworld **2.00** Stormont Live **3.00** Best House in Town **3.45** Red Rock **4.30** The Great Interior Design Challenge **5.30–6.00** Portillo's State Secrets **10.00–10.30** There's No Place like Tyrone **11.15** Inside No 9 **11.45** Better Things **12.10–12.15am** Grand Tours of Scotland

UTV
11.45pm–12.40am Police in Danger: Caught on Camera

Channel 5 listings are overleaf

TUESDAY Freeview

Channel 5 5



Elizabeth I and II: Britain's Golden Queens *9.00pm* The monarchs' lives

F'view 5/**HD** 105 **F'sat** 105 **Sky** 105 **Virgin** 154/**HD** 105

6.00am Milkshake! See page 81
9.15 *New.* Jeremy Vine (S) (HD)
11.15 Parking Hell: at War with the Law The daily battles across Britain for parking spaces. (S) (HD) **12.10pm 5 News** (S) (HD)
12.15 Nightmare Tenants, Slum Landlords Music entrepreneur Donovan has not received any rent for seven months. (S) (HD)
1.10 Access (S) (HD)
1.15 Home and Away Shown yesterday 6.30pm 5 Star Repeated 6pm C5 (S) (AD) (HD)
1.45 *New.* Neighbours Rptd 5.30pm (S) (AD) (HD)
2.20 A Neighbour's Obsession ★★ Mystery thriller starring Haylie Duff. Director Michael Feifer (2017) (S) (W) (HD)
4.00 Friends *Series 4.* Rachel and Monica are threatened with eviction. (S) (HD)
4.30 Chandler falls for Joey's date. (S) (HD)
5.00pm 5 News (S) (HD)
5.30 Neighbours Elly tries to keep out of Finn's way. Shown 1.45pm Repeated 6pm 5 Star (S) (AD) (HD)
6.00 Home and Away Robbo has severe injuries. Shown 1.15pm Next episode 6.30pm 5 Star (S) (AD) (HD)
6.30 5 News Tonight (S) (HD)
7.00 *New.* Britain: a Year in the Wild This look at hidden life in the British backwaters includes a family of beavers, plus grass snakes toads and dragonflies. Director/Producer Laura Humphreys (S) (HD)
Followed by **5 News Update** (S) (HD)
8.00 *New.* Dogs Behaving (Very) Badly ***10/10*** *Series 2.* Graeme helps a couple whose Romanian rescue dog is terrified of men. He also trains a Jack Russell with a Jekyll and Hyde temperament. Series producer Sarah Rest Executive producer Tim Quicke (S) (HD)
Followed by **5 News Update** (S) (HD)
9.00 *New.* Elizabeth I and II: Britain's Golden Queens ***1/2.*** Comparing the lives of two of Britain's most prominent monarchs. The first episode follows their journeys to the throne and how they built their reigns. Continues tomorrow at 9pm. Producer/Director Sam Berrigan Taplin (S) (HD)
10.00 The Royal Family at War ***2/2.*** Rumoured conflicts between the Queen and the Duchess of Cornwall, and Sarah Ferguson and Prince Philip. Directors/Producers Katie Harris and Daniel Smith (S) (HD)
11.15 Shannon Matthews: the Mother's Story The story behind the woman who kidnapped her own daughter, asking why she did it and if she is remorseful. (S) (HD)
12.15am When Kids Kill: Copycat Killers (S) (HD) **1.10 *New.*** Casino (S) (HD) **3.10** Our Dream Hotel (S) (HD) **4.00** Tribal Teens: Here Comes Trouble (S) (HD) **4.45** House Doctor (S) (SL) **5.10** Great Scientists (S) (SL) **5.35–6.00am** Wildlife SOS (S) (SL) (HD)

+1 **Freeview** 44 **Freesat** 128 **Sky** 205 **Virgin** 155

BBC4 listings are overleaf

ITV2 6



The Ellen DeGeneres Show *1.50pm* A democratic chat with Elizabeth Warren

Freeview 6 **Freesat** 113 **Sky** 118 **Virgin** 115/**HD** 176

7.00am The Ellen DeGeneres Show (S) (HD) **7.50** Emmerdale (S) (SL) (AD) (HD) **8.20** Coronation Street (S) (SL) (AD) (HD) **9.20** Superstore (S) (AD) (HD) **10.15** Dinner Date (S) (AD) (HD) **11.15** Dress to Impress (S) (AD) (HD)
12.15pm Emmerdale Shown yesterday 7pm ITV (S) (AD) (HD) **12.45** Coronation Street Shown yesterday 7.30/8.30pm ITV (S) (AD) (HD) **1.50 *New.*** The Ellen DeGeneres Show: with US senator and Democratic presidential candidacy hopeful Elizabeth Warren (S) (HD) **2.45** Dinner Date (S) (AD) (HD) **3.50** Dress to Impress (S) (AD) (HD) **4.55** Take Me Out (S) (HD)
6.30pm You've Been Framed! Gold Clips of calamities captured on camera. **7.00** Featuring cute kids and crazy animals. **7.30** Harry Hill narrates. (S)
8.00 Two and a Half Men ***14/22*** *Series 11.* Alan is upset when he discovers Lyndsey failed to tell him that she broke up with Larry. (S) (HD) **8.30 *15/22.*** Alan asks Lyndsey to choose between him and Larry. (S) (HD)
9.00 Family Guy *Series 11.* Quagmire marries a prostitute during a drunken university visit. (S) (AD) (HD) **9.30** *Series 10.* Joe cheats on Bonnie following some advice from Peter. (S) (AD) (HD)
10.00 Plebs ***5/8*** *Series 4.* Marcus is asked out by Gloria during the Roman festival of love. (S) (AD) (HD) **10.30 *6/8.*** The boys attend a free trial session at a new bathhouse. (S) (AD) (HD)
11.00 Family Guy *Series 11.* Lois causes Peter distress when she tells him about her dinner date. (S) (AD) (HD)
11.30 American Dad! *Series 13.* Stan and Steve embark on another ill-advised father-son venture. (S) (AD) (HD) **11.55** *Series 12.* An anonymous would-be Scrooge ruins the CIA's party. (S) (AD) (HD)
12.25am Two and a Half Men (S) (HD) **1.25** Ibiza Weekender (S) (HD) **2.25** Don't Hate the Playaz (S) (HD) **3.20–3.30am** Nightscreen (HD)

ITV2+1 **Freeview** 27 **Freesat** 114 **Sky** 218 **Virgin** 116

ITV3 10



Scott & Bailey *10.00pm* Rachel is unsure of her relationship with Sean

Freeview 10 **Freesat** 115 **Sky** 119 **Virgin** 117/**HD** 177

6.00am Classic Coronation Street (S) **6.55** Classic Emmerdale (S) **7.55** Heartbeat (S) (AD) **9.00** Man about the House (S) **10.00** That's My Boy (S) **10.30** A Touch of Frost (S)
12.40pm Heartbeat (S) (AD) **1.45** Classic Emmerdale: double bill. Luke thinks Tina is playing games with him, then Sarah receives a call demanding a ransom (S) **2.50** Classic Coronation Street: double bill. Ken is upset to see he is not on his son's birth certificate, then Emily feels depressed and frustrated by life (S) **3.55** Midsomer Murders (S) (AD)
5.55pm Heartbeat Rosie's discovery of a dead body leads Walker and Rachel to a local cult. (S) (AD)
6.55 Agatha Christie's Poirot **The Lost Mine.** Poirot investigates when a bank's most valued client goes missing. (S) (HD)
8.00 Midsomer Murders **Wild Harvest.** When a farmer is slathered in truffle oil and mauled to death by a wild boar, suspicion falls on a local chef. Sharon Small guest-stars. (S) (AD) (HD)
10.00 Scott & Bailey ***6/8*** *Series 2.* When the body of a woman dressed in a police uniform is found in a field, the team targets her former lovers – which throws up a long list of suspects. Continues tomorrow 10pm. (S) (AD) (HD)

DC Rachel Bailey	**Suranne Jones**
DC Janet Scott	**Lesley Sharp**
DCI Gill Murray	**Amelia Bullmore**
"Scary" Mary Jackson	**Julia Deakin**
DC Pete Readyough	**Tony Mooney**
DC Kevin Lumb	**Ben Batt**
DS Andy Roper	**Nicholas Gleaves**
PC Sean McCartney	**Sean Maguire**

RT DVDs To order *Scott & Bailey* series 1–5 on 9 DVDs, price £34.99 incl p&p (RRP £39.99), call 0844 848 7300 (charges apply, see p152) or visit radiotimes.com/dvds11, quoting ref RT1811

11.00 A Touch of Frost *Series 1.* **Conclusions.** A casino is robbed, presenting Frost with a fresh challenge. (S)
1.05am A Touch of Frost (S) (HD) **3.00** That's My Boy (S) **3.25–3.30am** Nightscreen

+1 **F'view** 34 *(9pm–midnight)* **F'sat** 116 **Sky** 219 **Virgin** 174

Drama 20



Judge John Deed *8.00pm* Deed finally realises he has been deceived

Freeview 20 **Freesat** 158 **Sky** 143 **Virgin** 130

7.10am Soldier Soldier (S) **9.00** The Bill (S) **10.00** Classic Holby City: the paternity test results arrive **11.00** Classic Casualty (S)
12 noon The Bill (S) **1.00pm** Classic EastEnders **2.20** London's Burning (S) **3.20** Monarch of the Glen (S) **4.20** Bergerac (S) **5.25** Bread (S)
6.00pm Hi-de-Hi! Joe Maplin's plans for expansion cause chaos among the Yellowcoats. (S)
6.40 As Time Goes By Sandy falls out with her boyfriend, while Alistair tries to woo the elusive Judith, giving Jean the perfect chance to leap in with her infallible romantic advice.
7.20 Last of the Summer Wine Barry is shocked to discover that his golf captain has moved in next door. (S) (HD)
8.00 Judge John Deed ***3/4*** *Series 2.* **Nobody's Fool.** While presiding over a trial in which a lawyer is representing himself and his younger siblings, Deed rekindles his affair with the scheming Francesca Rochester. (S) (AD)

Judge John Deed	**Martin Shaw**
Jo Mills	**Jenny Seagrove**
Sir Ian Rochester	**Simon Chandler**
Sir Michael Niven	**TR Bowen**
Francesca Rochester	**Jemma Redgrave**

10.00 New Tricks ***1/8*** *Series 5.* **Spare Parts.** Jack confronts his nemesis in court when Ricky Hanson stands trial for his attempted murder. Meanwhile, Standing has to deal with the consequences after lying to his daughter and the killing of a wealthy businessman leads the team to an organ-transplant racket. David Troughton guests. (S) (AD)
11.15 Waking the Dead ***1/4*** *Series 3.* **Multistorey.** Boyd is horrified to learn that Carl Mackenzie, the man accused of a shopping-centre massacre, has been granted the right to appeal. (S)
1.45am The Bill: Honey stands by Scott (S) **2.50–4.00am** London's Burning (S)

Drama +1 **Sky** 243 **Virgin** 226

ITV4 24

Freeview 24 **Freesat** 117 **Sky** 120 **Virgin** 118/**HD** 178

6.00am World of Sport: the Good, the Bad and the Ugly (S) (HD) **6.10** Only When I Laugh (S) **6.35** Quincy (S) (HD) **7.25** Kojak (S) (SL) (HD) **8.20** The Saint (S) **9.30 *New.*** Racing: the Opening Show (S) (HD) **10.30** Minder (S) (AD) **11.30** The Professionals (S) (AD)
12.35pm The Sweeney (S) **1.35** Quincy (S) (HD) **2.40** Kojak (S) (HD) **3.45** The Saint (S) **4.50** Minder (S) (AD) **5.55** The Professionals (S) (AD)
7.00pm *New.* Cycling Highlights of Paris-Nice stage three. Gary Imlach presents. (S) (HD)
8.00 Giant Lobster Hunters A skipper is under pressure to fill a special order. (S) (HD)
9.00 FILM Pale Rider ★★★ Western directed by and starring Clint Eastwood. A small group of miners are intimidated by a ruthless mine owner. Then a mysterious preacher offers protection. (S) (AD) (W) (HD)
11.25 FILM Firefox ★★ Cold War espionage thriller directed by and starring Clint Eastwood. When the Soviet Union develops a deadly supersonic fighter, western intelligence agencies ask a maverick pilot to help. (S) (AD) (W) (HD)
2.10–3.00am Lethal Weapon (S) (SL) (AD) (HD)

ITV4 +1 **Freesat** 154 **Sky** 220 **Virgin** 175

ITVBe 26

Freeview 26 **Freesat** 118 **Sky** 131 **Virgin** 119/**HD** 179

7.00am Bachelor in Paradise (S) (HD) **8.50** Be Beautiful (S) (AD) (HD) **9.00** LittleBe
12 noon Income Property (S) (HD) **12.25pm** The Real Housewives of Beverly Hills (S) (HD) **1.20** Absolutely Ascot (S) (HD) **2.20 *New.*** Million Dollar Listing: NYC (S) (HD) **3.15** The Real Housewives of New York City (S) (HD) **4.10** The Real Housewives of Dallas (S) (HD)
6.00pm *New.* Masters of Flip Kortney and Dave Wilson gut a dark and gloomy gothic home. First shown on Lifetime (S) (HD)
7.00 Buying and Selling Help for empty-nesters ready to downsize. (S) (HD)
8.00 Dinner Date Dean picks three blind dates from five potential partners. (S) (AD) (HD)
9.00 The Real Housewives of Potomac Kate has gone missing. (S) (AD) (HD)
10.00 The Real Housewives of Orange County Emily and Gina sit down to work out their issues. Vicki starts a nasty rumour. (S) (HD)
11.00 Bridezillas A bride considers abandoning the wedding. (S) (HD)
12 midnight The Only Way Is Essex (S) (HD) **12.45–12.55am** Nightscreen (HD)

ITVBe +1 **Freesat** 119 **Sky** 231 **Virgin** 120

Dave 19

F'view 19 **F'sat** 157 **Sky** 111 **Virgin** 127/**HD** 227 **BT HD** 387

7.10am Eat Your Heart Out with Nick Helm (S) (HD) **8.00** American Pickers (S) (HD) **9.00** Storage Hunters (S) (HD) **10.00** American Pickers: double bill (S) (HD)
12 noon Timber Kings (S) (HD) **1.00pm** Top Gear (S) (AD) (HD) **2.00** Cop Car Workshop (S) (HD) **3.00** Scrapyard Supercar (S) (HD) **4.00** Top Gear (S) (AD) (HD)
6.00pm Taskmaster *7/10* *Series 7.* Challenges involving corneas and construction. (S) (HD)
7.00 Room 101 With Lucy Porter, Romesh Ranganathan and Robert Rinder. (S) (HD)
7.40 Gabby Logan, Richard Ayoade and Alun Cochrane discuss their pet hates. (S) (HD)
8.20 Have I Got a Bit More News for You With Armando Iannucci and Lucy Prebble. (S) (HD)
9.20 QI Guests include Dara O Briain. (HD)
10.00 Taskmaster *4/5* *Series 2* Contenders include Katherine Ryan. (S) (HD)
11.00 Hypothetical (HD)
12 midnight Taskmaster (S) (HD) **1.00am** Have I Got a Bit More News for You (S) (HD) **2.00** QI (HD) **2.40** Go 8 Bit: DLC: double bill (S) (HD) **3.30–4.00am** The Indestructibles (HD)

Dave Ja Vu **Freeview** 79 **Sky** 211 **Virgin** 131

It's...50 years of **Monty Python!**  Order **RT's official guide** for **£9.99*** at radiotimes.com/python50 *includes postage & packing

More4 18



24 Hours in A&E *9.00pm* Paula is concerned about her unborn baby

Freeview 18 **Freesat** 124 **Sky** 136 **Virgin** 147/**HD** 195

8.55am Kirstie's Handmade Treasures (S) (HD) **9.15** A Place in the Sun: Summer Sun (S) (HD) **10.05** A Place in the Sun: Winter Sun (S) (HD) **11.05** Find It, Fix It, Flog It (S) (HD)

1.15pm Escape to the Château: DIY (S) (HD) **2.20** Four in a Bed (S) (HD) **4.55** The Secret Life of the Zoo (S) (AD) (HD) **5.55** Car SOS (S) (HD)

6.55pm Escape to the Château: DIY The clock is ticking for Fiona with 24 hours to prepare for her first wedding. (S) (HD)

7.55 Grand Designs A plan for a three-storey, wheelchair-friendly family home in Warwickshire. (S) (AD) (HD)

9.00 24 Hours in A&E A fourteen-year-old boy has fallen from a swing and fractured his ankle. (S) (AD) (HD)

10.00 999: What's Your Emergency? An ambulance crew assist a man who has chopped through his foot. (S) (AD) (HD)

11.05 999: on the Front Line ***Ep 6*** *Series 4.* In Birmingham, paramedics are called out to a 60-year-old patient who has severe chest pains. (S) (HD)

12.10am Eight out of Ten Cats Does Countdown (S) (HD) **1.15** 24 Hours in A&E (S) (AD) (HD) **2.15** Ramsay's Kitchen Nightmares USA (S) **3.15–3.40am** Food Unwrapped (S) (AD) (HD)

More4 +1 **Freeview** 86 **Freesat** 125 **Sky** 236 **Virgin** 196

E4 13

Freeview 13 **Freesat** 122 **Sky** 135 **Virgin** 106/**HD** 145

6.00am Hollyoaks Shown Fri/Mon 6.30pm C4 (AD) **7.00** How I Met Your Mother (AD) **8.00** Baby Daddy **9.00** Mike & Molly **10.00** The Big Bang Theory (AD) **11.00** The Goldbergs (AD)

12 noon Brooklyn Nine-Nine (AD) **1.00pm** The Big Bang Theory (AD) **2.00** Baby Daddy **3.00** Mike & Molly **4.00** The Goldbergs (AD) **5.00** Brooklyn Nine-Nine (AD)

6.00pm The Big Bang Theory *10/24* *Series 6.* Sheldon has to take care of Amy. (AD) **6.30** *11/24.* Raj goes out with the girls. (AD) **7.00** ***New.*** **Hollyoaks** Mitchell comes to terms with the events of his birthday party. Cast pp97/107 Repeated Wed 6.30pm C4 (AD) **7.30** ***New.*** **Man with a Plan** *16/22.* Adam and Andy finally meet Lowell's wife. (AD) **8.00 The Big Bang Theory** *12/24* *Series 8* Raj worries about the space probe design. (AD) **8.30** *13/24.* Sheldon asks the gang to make life more difficult for him. (AD) **9.00** ***New.*** **Celebs Go Dating** Dean and Malique go on a double date. **10.00 First Dates** Diners seeking romance include a romcom fan and a football follower. (AD) **11.05 The Big Bang Theory** Double bill. (AD)

12.05am Brooklyn Nine-Nine (AD) **1.05** Celebs Go Dating **2.10** First Dates (SL) (AD) **3.05** Gogglebox (SL) (AD) **4.00** The Big Bang Theory (AD) **4.50–6.00am** How I Met Your Mother (AD)

E4 +1 **Freeview** 28 **Freesat** 123 **Sky** 235 **Virgin** 146

Sony Channel 48

Freeview 48 *(limited)* **Freesat** 142 **Sky** 157 **Virgin** 189

6.00am Movie News **6.10** The Waltons **7.10** Hart to Hart **9.10** ***New.*** Days of Our Lives **10.00** Hart to Hart **11.00** Charlie's Angels **12 noon** Starsky & Hutch **1.00pm** TJ Hooker **2.00** Hart to Hart **4.00** Murder, She Wrote: double bill. Jessica helps a beauty salon owner, then her friend is suspected of murder **6.00** Charlie's Angels **7.00** M*A*S*H **9.00** Who Wants to Be a Millionaire?

1.00am M*A*S*H **2.00** Charlie's Angels **3.00** M*A*S*H **3.30** The Waltons **4.20** Touched by an Angel **5.10–6.00am** Highway to Heaven

Sony Channel +1 **Freesat** 152 **Sky** 257

Paramount Network 31



Police Raids: Caught by Surprise *9.00pm* Unexpected arrests

Freeview 31 **Freesat** 132 **Sky** 150 **Virgin** 187/**HD** 150

9.00am The A-Team (S) (AD) (HD) **11.00** Knight Rider **1.00pm** Police Interceptors (S) (HD) **3.00** Traffic Cops: under Attack (S) (HD) **4.00** Traffic Cops Special: Carjacked (S) (HD) **5.00** The A-Team (S) (AD) (HD)

7.00pm Police Interceptors A driver with a penchant for rude gestures gets a telling-off. (S) (HD)

8.00 Traffic Cops Wet roads make a 90mph chase near Scarborough even more dangerous. (S) (HD)

9.00 Police Raids: Caught by Surprise A Trading Standards enforcement team raids a premises in Birmingham. (S) (HD)

10.00 Police UK: Armed and Deadly An examination of high-profile operations, following the UK's most experienced armed officers. (HD)

11.00 ***New.*** **Frontline Police 24/7** Examining the danger police officers face in the line of duty, featuring footage from bodycams, force helicopters and CCTV. (S) (HD)

12 midnight Banged up Abroad (S) (HD) **1.00am** The Virginian: Men from Shiloh (S) (HD) **2.30** The X-Files (S) (HD) **4.10** Knight Rider (AD) (HD) **5.05** Now That's Funny! (S) (HD) **5.55–6.00am** Access (S) (HD)

Paramount Network +1 **Sky** 250

4seven 47

Freeview 47/**HD** 110 **Freesat** 127 **Sky** 137 **Virgin** 143

9.00am Posh Pawn **10.00** Find It, Fix It, Flog It **11.00** Come Dine with Me **12 noon** A Place in the Sun **1.00pm** Undercover Boss Canada **2.00** Ramsay's Kitchen Nightmares USA **3.00** Everybody Loves Raymond (AD) **4.00** Frasier (AD) **5.00** A Place in the Sun

6.00pm A New Life in the Sun: Where Are They Now? Catching up with a fisherman in Spain entering unchartered waters. **7.00 Ramsay's Kitchen Nightmares USA** A struggling steakhouse in New York. **8.00 Kirstie and Phil's Love It or List It** A house with a pool in the lounge. (AD) **9.00 Gogglebox** *Ep 3.* TV reviews. (AD) **10.00 100 Kilo Kids: Obesity SOS** A girl's extreme appetite is a cause for concern. (AD) **11.05** RT **CHOICE The Great Celebrity Bake Off for Stand Up to Cancer** With Louis Theroux, Jenny Eclair, Russell Howard and Ovie Soko. **See p74.** Shown 8pm C4 (AD)

12.25am The Windsors (AD) **12.55** Five Guys a Week (AD) **2.00** Hunted (AD) **3.05** A New Life in the Sun: Where Are They Now? **4.10–4.40am** Four in a Bed: in Taunton

Pick 11

Freeview 11 **Freesat** 144 **Sky** 152 **Virgin** 165

7.00am Motorway Patrol (AD) **8.00** Police Force: Australia (AD) **9.00** Nothing to Declare: double bill **10.00** Border Security: Canada's Front Line **11.00** Road Wars **11.30** Caught Red Handed **1.00pm** Police Force: Australia **2.00** Border Patrol **3.00** Nothing to Declare **4.00** Border Security: Canada's Front Line **5.00** Stargate SG-1 **6.00pm** Star Trek: the Next Generation: Q throws the Enterprise into the path of the Borg **7.00** Hawaii Five-0: McGarrett and his new girlfriend fall foul of a wanted gangster **8.00** Elementary: a base jumper is targeted by two different killers (AD) **9.00** Murder Uncovered (AD) **10.00** World's Most Evil Killers (AD) **11.00** The Force: Essex (AD)

12 midnight Banged Up Abroad **1.00am** Road Wars **2.00** Nothing to Declare: double bill **3.00** Stop, Search, Seize (AD) **4.00** Motorway Patrol: double bill (AD) **5.00–6.00am** Highway Patrol

Pick +1 **Freeview** 92 **Freesat** 145 **Sky** 252

5 USA 21

Freeview 21 **Freesat** 129 **Sky** 141 **Virgin** 153

9.00am Criminals: Caught on Camera (S) **9.25** Murder, She Wrote (S) (AD) **10.20** CSI: NY (S) **11.15** The Mysteries of Laura (S) **12.15pm** Law & Order: six episodes **6.00** Law & Order *Series 15* Double bill. A wealthy man is murdered in his home, then a rap producer is murdered (S) **8.00** NCIS: New Orleans: the team investigates the disappearance of a lawyer (S) **9.00** ***New.*** The Enemy Within: Keaton and the team discover the CIA is keeping secrets from the FBI (S) **10.00** Law & Order: Special Victims Unit: four episodes (S)

1.55am Law & Order: Los Angeles (S) **2.50** Chicago PD **3.50–4.00am** Access

5 USA +1 **F'view** 56 (not 2-4am) **F'sat** 130 **Sky** 241 **Virgin** 185

5 Star 30

Freeview 30 **Freesat** 131 **Sky** 128 **Virgin** 151

8.00am 3rd Rock from the Sun (S) (HD) **8.20** House (S) (HD) **10.00** Nightmare Tenants, Slum Landlords (S) (HD) **11.00** Bad Tenants, Rogue Landlords (S) (HD) **12 noon** Can't Pay? We'll Take It Away (S) (HD) **3.00pm** Neighbours (S) (AD) (HD) **3.30** Home and Away (S) (AD) (HD) **4.00** House (S) (HD) **6.00** Neighbours Shown 5.30pm C5 (S) (AD) (HD) **6.30** ***New.*** Home and Away Repeated tomorrow 6pm C5 (S) (AD) (HD) **7.00** 16 and on Benefits (S) (HD) **8.00** Benefits Britain: Life on the Dole (S) (HD) **9.00** Maternity Ward: a couple try IVF for the seventh time (S) (HD) **10.00 FILM** My Super Ex-Girlfriend ★★★ Romantic fantasy comedy. **Film of the Day: p37** (S) (HD) **11.55 FILM** Get Hard ★★★ Comedy (S) (HD)

2.00am Prison Life: Raw and Real (S) (HD) **3.50–4.00am** Access (HD)

5 Star +1 **Freeview** 55 **Freesat** 141 **Sky** 228 **Virgin** 186

5 Select 54

Freeview 54 **Freesat** 133 **Sky** 153 **Virgin** 152

9.00am Criminals: Caught on Camera (S) **9.25 FILM** Early Release ★★ **11.05** The Hotel Inspector (S) **12.05pm** The Dog Rescuers with Alan Davies (S) **2.05** GPs: behind Closed Doors (S) **4.05** The Yorkshire Vet (S) **6.00** GPs: behind Closed Doors (S) **8.00** The Yorkshire Vet (S) **9.00** Great Rivers: Then and Now: the Stour (S) **10.00** GPs: behind Closed Doors (S) **11.00** The Dog Rescuers with Alan Davies (S) (AD)

12 midnight Weather Gone Viral **1.00am** Cruising with Jane McDonald (S) **2.00** Red Arrows: Kings of the Sky (S) **3.00–4.00am** The Dog Rescuers with Alan Davies (S) (AD)

CBS Justice 39

Freeview 39 **Freesat** 137 **Sky** 148 **Virgin** 192

9.00am Diagnosis Murder **11.00** Matlock **12 noon** Perry Mason **1.05pm** Walker, Texas Ranger **2.05** CSI: Miami **3.00** NCIS **4.00** NCIS: Los Angeles **5.00** Matlock **6.00** Perry Mason **7.05** Scorpion **8.00** Walker, Texas Ranger: a gang of kidnappers are stopped **9.00** NCIS **10.00** NCIS: Los Angeles **11.00** ***New series.*** Scorpion **12 midnight** CSI: Miami **1.00am** NCIS **2.00** Scorpion **3.05** Bonanza (The Lost Episodes) **4.50–6.00am** Mission: Impossible

CBS Justice +1 **Freeview** 69

CBS Drama 71

Freeview 71 **Freesat** 134 **Sky** 147 **Virgin** 197

9.00am NCIS **11.00** Scorpion (HD) **1.00pm** Gunsmoke **3.00** Airline (HD) **4.00** Hoarders (HD) **5.00** Unsolved Mysteries **7.00** Judge Judy **9.00** Medium: a look back at Allison and Joe's wedding **10.00** CSI: Miami: a wealthy couple are murdered (HD) **11.00** Unsolved Mysteries: reports of hauntings on the ocean liner *Queen Mary*

12 midnight Judge Judy **1.00am** ER (HD) **2.00** Medium **3.00** CSI: Miami (HD) **4.00** Walker, Texas Ranger (HD) **5.00–6.00am** Matlock

Horror Channel 70

Freeview 70 **Freesat** 138 **Sky** 317 **Virgin** 149

8.00am Andromeda **9.00** Star Trek: Voyager **10.00** Star Trek **11.00 FILM** Megalodon ★★ Sci-fi horror **12.50pm** Highlights **1.00 FILM** Mammoth ★★ Sci-fi comedy thriller **2.50** Highlights **3.00** Lost in Space **4.00 FILM** Journey to the Centre of the Earth ★★ Fantasy action adventure **5.50** Highlights **6.00pm** Star Trek **7.00** Star Trek: Voyager **8.00** Mutant X **9.00 FILM** Mary Shelley's Frankenstein ★★ Horror starring Robert De Niro **11.20 FILM** The Mummy ★★★ Horror **1.00am FILM** Discarnate ★★ Horror **2.45–4.30am FILM** Escape Room ★★ Horror

Yesterday 25

Freeview 25 **Freesat** 159 **Sky** 155 **Virgin** 129

6.00am Secrets of the Bible (S) (HD) **7.10** Secrets of the Railways (S) (AD) (HD) **8.00** Forbidden History (S) (AD) (HD) **9.00** Secret Nazi Bases (S) (HD) **10.00** Nazi Victory: the Post-War Plan (S) (HD) **11.00** Underground Worlds (S) (HD) **12 noon** Impossible Railways (S) (AD) (HD) **1.00pm** Secrets of Britain (S) **2.00** Cornwall: Walking through History (S) (HD) **3.00** Underground Worlds (S) (HD) **4.00** Impossible Railways (S) (AD) (HD) **5.00** Hitler's Propaganda Machine (S) (HD) **6.00** Auschwitz: the Nazis and the Final Solution (S) **7.00** Abandoned Engineering (S) (AD) (HD) **8.00** ***New.*** Abandoned Engineering (AD) (HD) **9.00** The Two Ronnies (S) **10.35** Porridge (S) **12.30am** Auschwitz: the Nazis and the Final Solution (S) **1.35** Secrets of the Bible (S) (HD) **2.30–3.00am** David Attenborough's Natural Curiosities (S) (AD) (HD)

Yesterday +1 **Sky** 255 **Virgin** 200

Really 17

Freeview 17 **Freesat** 160 **Sky** 142 **Virgin** 128

6.00am Fantasy Homes by the Sea **7.00** Home Shopping **8.00** Homes under the Hammer **10.00** Celebrity Antiques Road Trip (HD) **11.00** Antiques Road Trip (HD) **1.00pm** Celebrity Fantasy Homes **2.00** Fantasy Homes by the Sea **3.00** French Collection (HD) **4.00** DIY SOS: the Big Build (AD) (HD) **6.00** Celebrity Antiques Road Trip (HD) **7.00** Antiques Road Trip (HD) **9.00** Helicopter ER: a patient with a lethal internal bleed is rushed to intensive care (HD) **10.00** Body Cam: two officers respond to a domestic disturbance (HD) **11.00** Helicopter ER (HD) **12 midnight** Ghost Adventures (HD) **1.00am** Most Haunted (HD) **2.00** Home Shopping **4.00–6.00am** Antiques Road Trip (HD)

HGTV 42

Freeview 42 **Freesat** 166 **Sky** 158 **Virgin** 279

7.00am Homes under the Hammer **8.00** Bargain Hunt (HD) **9.00** Flog It! (HD) **11.00** Escape to the Country (HD) **1.00pm** A Place in the Sun: Winter Sun (HD) **3.00** Flog It! (HD) **4.00** Homes under the Hammer **6.00** A Place in the Sun: Winter Sun (HD) **8.00** Sarah Beeny's Renovate Don't Relocate (HD) **9.00** Cash in the Spare Room: a project to turn a field into a luxury holiday rental. (HD) **10.00** ***New.*** My Lottery Dream Home (HD) **11.00** Caribbean Life (HD) **12 midnight** Homes under the Hammer **1.00am** Flog It! (HD) **2.00** Hawaii Life (HD) **3.00–4.00am** Our House

HGTV +1 **Sky** 258 **Virgin** 283

Quest 12

F'view 12/**HD** 114 **F'sat** 172/**HD** 167 **Sky** 144 **Virgin** 169

6.00am How Do They Do It? (HD) **6.20** American Pickers: Best Of (HD) **7.10** Deadliest Catch **8.00** Gold Divers (HD) **9.00** Outback Truckers (HD) **10.00** Wheeler Dealers **11.00** Chasing Classic Cars (HD) **12 noon** American Pickers: Best Of (HD) **1.00pm** Railroad Alaska (HD) **2.00** Deadliest Catch (AD) (HD) **3.00** Gold Divers (HD) **4.00** Salvage Hunters (HD) **5.00** Outback Truckers (HD) **6.00pm** Wheeler Dealers (HD) **7.00** American Pickers: Best Of (HD) **8.00** Salvage Hunters (HD) **9.00** ***New.*** Born Mucky: Life on the Farm (HD) **10.00** The Repair Shop (HD) **11.00** How Do They Do It? (HD) **12 midnight** Wheeler Dealers (HD) **1.00am** Outback Truckers (HD) **2.00** American Chopper (HD) **3.00** Fantomworks (HD) **4.00** Dirty Jobs **5.00–6.00am** How It's Made (HD)

Quest +1 **F'view** 76 (7pm-4am) **F'sat** 168 **Sky** 244 **Virgin** 213

Challenge 46

Freeview 46 **Freesat** 146 **Sky** 151 **Virgin** 164

7.00am Catchphrase (AD) **7.30** Deal or No Deal (AD) **9.00** The Chase **10.00** Supermarket Sweep **11.00** Price Is Right **12 noon** Wheel of Fortune (AD) **1.00pm** Catchphrase **2.00** Family Fortunes (AD) **2.30** All Star Family Fortunes **4.00** Bullseye (AD) **5.00** Golden Balls **6.00** Weakest Link **7.00** Pointless **8.00** Impossible **9.00** Chase **10.00** Who Wants to Be a Millionaire? **11.00** Bullseye (AD) **12 midnight** as 10pm **1.00am** Chase **4.00–6.00am** Deal or No Deal (AD)

Challenge +1 **Freesat** 147 **Sky** 251 **Virgin** 230

BBC Parliament 232

Freeview 232 **Freesat** 201 **Sky** 504 **Virgin** 605

6.00am House of Lords: Fisheries **9.00** Monday in Parliament **9.30** Live Select Committees **11.30** Live Health and Social Care Questions: debate from the chamber **12.30pm** Live House of Commons **7.30** Live House of Lords: including a debate to mark International Women's Day **11.00** Tuesday in Parliament: presented by Alicia McCarthy **11.30** Welsh First Minister's Questions **12.15am** Politics Live (Later) **1.00–6.00am** House of Lords: International Women's Day

Listings for **PBS America**, **Smithsonian** see over. **Film4** and other **Freeview movie** channels: **p82**

BBC News **Freeview** 231 **Freesat** 212 **Sky** 503 **Virgin** 601 **Sky News** **Freeview** 233 **Freesat** 202 **Sky** 501 **Virgin** 603

TUESDAY Satellite & cable



The Trip to Greece *10.00pm*
Dining pals Steve and Rob

Sky 1

Sky 106 **Virgin** 110/**HD** 109 **BT** 340/**HD** 355

6.00am Monkey Life (S) (HD) **7.00** RSPCA Animal Rescue (S) **8.00** The Dog Whisperer (HD) **9.00** Stop, Search, Seize (S) (AD) (HD) **10.00** Highway Patrol (S) (AD) **11.00** NCIS: Los Angeles (S) (HD) **1.00pm** Hawaii Five-0 (S) (HD) **3.00** MacGyver (S) (HD) **4.00** Modern Family (S) (HD) **5.00** The Simpsons (S) (HD) **5.30** Futurama (S) (AD)

6.30pm The Simpsons
Bart and Lisa look into the future. **7.00** Homer is committed to a mental institution by Marge. **7.30** Bart goes to fat camp. (S) (HD)

8.00 An Idiot Abroad ***2/8*** *Series 2*
Karl boards the Trans-Siberian Express to China. (S) (HD)

9.00 ***New.*** **Strike Back: Vendetta** ***3/10*** *Series 8.* The team members run into an old ally. (S) (HD)

10.00 ***New.*** **The Trip to Greece** RT ***3/6*** *Series 4.* Rob and Steve enjoy a rainy day at Delphi. **See page 75.** (HD)

10.30 The Force: North East
A burglar is arrested. (S) (HD)

11.30 Avenue 5 ***7/9.*** Judd attempts to charm a wealthy passenger. (S) (HD)

12.05am SEAL Team (S) (HD) **1.05** Caught on Dashcam (HD) **2.05** The Heist (HD) **3.05** Road Wars (S) (HD) **4.00** Stop, Search, Seize (S) (AD) (HD) **5.00–6.00am** Futurama (S) (AD)

Sky 1 +1 **Sky** 206

Sky Arts

Sky 122 **Virgin** 123/**HD** 156 **BT** 348/**HD** 363

6.00am Prokofiev (HD) **6.30** Plácido Domingo Live at Loreley (S) (HD) **8.30** Watercolour Challenge (S) **9.00** The South Bank Show Originals (S) (HD) **9.30** Auction (S) (HD) **10.00** Tales of the Unexpected (S) **11.00** Discovering: Grace Kelly (S) (HD) **12 noon** Discovering: Lauren Bacall (S) (HD) **1.00pm** The South Bank Show Originals (S) (HD) **1.30** Watercolour Challenge (S) **2.00** Fresco Fiasco (S) (HD) **2.25** Imelda May: Live at Baloise Session (S) (HD) **4.00** Tales of the Unexpected (S) **5.00** Discovering: Deborah Kerr (S) (HD)

6.00pm Discovering: Ingrid Bergman
A profile of the Oscar-winning Swedish actress best known for her role in *Casablanca*. (S) (AD) (HD)

7.00 Portrait Artist of the Year
The models are Ken Stott, Mike Leigh and Lydia Leonard. (S) (HD) **8.00** With Deborah Findlay, Wunmi Mosaku and Omid Djalili. (S) (HD)

9.00 I Am Heath Ledger ★★★★
Documentary showcasing the life and work of the late actor. (S) (AD) (W) (HD)

11.00 The Nineties A look at international politics during the 1990s, including the Gulf War. (S) (HD)

12 midnight Portrait Artist of the Year (S) (HD) **1.00am** Margaret Atwood: a Word after a Word after a Word Is Power (S) (HD) **3.00** The History of Comedy (S) (AD) (HD) **4.00** Discovering: Deborah Kerr (S) (HD) **5.00–6.00am** Discovering: Ingrid Bergman (S) (AD) (HD)



The L Word: Generation Q *10.00pm* Finley and Sophie

Sky Atlantic

Sky 108 **BT** 342/**HD** 357

6.00am The Guest Wing (S) (AD) (HD) **7.00** Without a Trace (S) (HD) **10.00** The West Wing (S) (HD) **12 noon** Blue Bloods (S) (AD) (HD) **1.00pm** CSI: Crime Scene Investigation (S) (HD) **2.00** The West Wing (S) (HD) **4.00** Without a Trace (S) (HD)

6.00pm Without a Trace ***1/24*** *Series 4.* The team track a gunman who shot Martin and left him in a critical condition. (S) (HD)

7.00 CSI: Crime Scene Investigation ***6/24*** *Series 6.* A woman's apparent suicide turns out to be a disguised murder. (HD)

8.00 Blue Bloods ***12/22*** *Series 2*
Danny's dedication to the job puts his family in danger. (S) (AD) (HD)

9.00 Save Me ***4/6*** *Series 1.* A recording of a 999 call from Jody is traced to Streatham. (S) (AD) (HD)

10.00 ***New.*** **The L Word: Generation Q** ***6/8*** *Series 1.* Dani and Bette deal with the fallout from a recent scandal. (S) (HD)

11.05 Six Feet Under ***1/13*** *Series 1*
Drama about a dysfunctional family who run a funeral home. (S) (AD)

12.25am Six Feet Under (S) (AD) **1.35** Oz (S) **3.45** Californication (S) (HD) **4.20–6.00am** The West Wing: double bill (S) (HD)

Sky Atlantic +1 **Sky** 208

Sony Crime

Freesat 143 **Sky** 179 **Virgin** 193

6.00am Speeders **7.00** Bait Car: New Orleans **9.00** Speeders **11.00** Bait Car: New Orleans **1.00pm** Speeders **7.00** Speeders: four editions. A bodybuilder attempts to arm-wrestle his way out of a speeding ticket **7.30** A Pentagon employee is caught speeding, and an officer ends up acting as a driver's therapist **8.00** Officers encounter a grandfather driving at more than 100mph and two apparently drunk pedestrians **8.30** A driver tries to sell a van to an officer **9.00** Bait Car: New Orleans **11.00** Speeders: two editions **12 midnight** Bait Car **1.00am** Speeders **3.00** Bait Car: New Orleans **4.00** Speeders **5.00–6.00am** Bait Car



The Good Doctor *9.00pm*
Shaun seeks positive results

Sky Witness

Sky 107 **Virgin** 112/**HD** 111 **BT** 341/**HD** 356

6.00am Nothing to Declare (S) **8.00** The Real A&E (S) (AD) (HD) **9.00** Blue Bloods (S) (AD) (HD) **10.00** Criminal Minds (S) (HD) **11.00** CSI: Crime Scene Investigation (S) (HD) **12 noon** Elementary (S) (AD) (HD) **1.00pm** Blue Bloods (S) (AD) (HD) **2.00** Law & Order (HD) **3.00** The Real A&E (S) (AD) (HD) **4.00** Stop, Search, Seize (S) (AD) (HD)

5.00pm Nothing to Declare
Five editions following the work of customs officers in Australia. (HD)

8.00 Ghost Whisperer ***12/22*** *Series 2.* A desperate spirit pulls Melinda into a family dispute. (S) (HD)

9.00 ***New.*** **The Good Doctor** ***Ep 16*** *Series 3.* Shaun makes a confession, but he may not get the results he is looking for. (HD)

10.00 ***New.*** **Law & Order: Special Victims Unit** ***14/22*** *Series 21*
Searching for a government worker who is withholding green cards. (HD) **11.00** ***1/23*** *Series 16.* A new team member gets off to a rocky start. (HD)

12 midnight CSI: Crime Scene Investigation (HD) **1.00am** Criminal Minds (S) (HD) **2.00** Shades of Blue (HD) **3.00** Criminal Minds (S) (HD) **4.00** Ghost Whisperer (S) (HD) **5.00–6.00am** Brit Cops: Rapid Response (S) (AD) (HD)

Sky Witness +1 **Sky** 207 **Virgin** 180

Sky Crime

Sky 121 **Virgin** 136/**HD** 135 **BT** 347/**HD** 362

6.00am Motorway Patrol (S) (AD) **7.00** Highway Cops (S) (AD) **8.00** Border Security: Canada's Front Line (S) (AD) **9.00** Send in the Dogs (S) **10.00** Road Wars (S) **11.00** Brit Cops: Rapid Response (S) (AD) **12 noon** Highway Cops (S) (AD) **1.00pm** A Lie to Die For (S) **2.00** Killer Colleagues (S) **3.00** Border Security: Canada's Front Line (S) (AD) **4.00** Road Wars (S) **5.00** Brit Cops: Rapid Response (S) (AD) **6.00** Send in the Dogs (S) **7.00** Snapped **8.00** A Lie to Die For (S) **9.00** World's Most Evil Killers (S) (AD) **10.00** ***New.*** Snapped **11.00** World's Most Evil Killers (S) **12 midnight** Murders That Shocked the Nation (S) (AD) **1.00am** Conman: the Life and Crimes of Mark Acklom (S) **2.00** Snapped **3.00** Murder Calls (S) **4.00** as 5pm **5.00–6.00am** Motorway Patrol (S) (AD)

Sky Crime +1 **Sky** 221 **Virgin** 207

Syfy

Sky 114 **Virgin** 138/**HD** 137 **BT** 319/346/**HD** 375/361

6.00am Warehouse 13 **7.00** Merlin **8.00** Home Shopping **11.00** Stargate Atlantis **1.00pm** Star Trek: Voyager **3.00** Star Trek: the Next Generation **5.00** Star Trek: Deep Space Nine **7.00** Warehouse 13 **8.00** Merlin **9.00** ***New.*** The Twilight Zone: a woman discovers her camcorder has the power to turn back time **10.00** **FILM** Twelve Monkeys ★★★★ Futuristic thriller starring Bruce Willis and Madeleine Stowe **12.30am** The Twilight Zone **1.30** Star Trek: Deep Space Nine **3.30** Future Man **4.00** Marvel's Runaways **5.00–6.00am** Star Trek: Voyager

Syfy +1 **Sky** 214 **Virgin** 229



The Wedding Fixer *10.00pm*
Kirsty and Simon's big day

W

Sky 109 **Virgin** 125/**HD** 211 **BT** 311/**HD** 383

6.10am MasterChef Australia (S) (HD) **7.00** My Dream Home (S) (HD) **8.00** Tipping Point (S) (HD) **10.00** The Bill (S) **11.00** Supernanny US (S) **12 noon** Tipping Point (S) (HD) **2.00pm** Property Brothers: Forever Home (HD) **3.00** My Dream Home (S) (HD) **5.00** Tipping Point (S) (HD)

7.00pm ***New.*** **Property Brothers: Forever Home**
Improving a Las Vegas home with an awkward layout. (S) (HD)

8.00 Sun, Sea and Brides to Be
A groom plans a surprise horse ride, and can planner Kerry sell a new wedding venue to her boss? (AD) (HD)

9.00 Inside the Ambulance
Gaz and Mike rush to transport a small baby with suspected meningitis to hospital. (S) (HD)

10.00 ***New.*** **The Wedding Fixer**
Wedding planner Sarah Haywood comes up against a bride's strong-minded mother. (AD) (HD)

11.00 Inside the Ambulance
Medics help a man who is in agony after having his kidney stones removed. (S) (HD)

12 midnight One Born Every Minute (S) (HD) **1.00am** Emily Atack: Adulting (S) (HD) **1.50** Code Black (S) (AD) (HD) **2.35–3.00am** Renovate My Home: Leave It to Bryan (S) (HD)

W +1 **Sky** 209 **Virgin** 190

Sky 2

Sky 168 **Virgin** 160

7.00am 60-Minute Makeover **9.00** Ninja Warrior Women Tournament (S) **10.00** My Kitchen Rules: South Africa (S) **12 noon** The Dog Whisperer **2.00pm** House Hunters International (AD) **3.00** Wild Vets (S) **4.00** Haven (S) **5.00** Relic Hunter (S) **6.00pm** Stargate SG-1: double bill. The team helps residents of a biodome, then Daniel's body is taken over (S) **8.00** Road Wars (S) **9.00** Continuum: double bill **11.00** Strike Back: Vendetta: the team members run into an old ally **12 midnight** The Trip to Greece **12.30am** The Good Doctor **1.30** Law & Order: Special Victims Unit **2.30** Highway Cops (S) (AD) **3.00** Duck Quacks Don't Echo (S) (AD) **4.00** Wild Vets: double bill (S) **5.00–6.00am** The Dog Whisperer

Sky Comedy

Sky 113 **Virgin** 122/**HD** 121 **BT** 345/**HD** 360

8.00am Everybody Hates Chris (HD) **9.00** Parks and Recreation (HD) **10.30** 30 Rock (HD) **12 noon** ***New.*** The Mindy Project (S) (HD) **1.30pm** Modern Family (S) (HD) **2.30** Everybody Hates Chris (HD) **3.30** Parks and Recreation (HD) **5.00** 30 Rock (HD) **6.30** Modern Family (S) (HD) **7.30** The Mindy Project: triple bill (S) (HD) **9.00** ***New.*** Curb Your Enthusiasm (HD) **9.40** ***New.*** Ballers (S) **10.15** RT **CHOICE** ***New series.*** Mrs Fletcher **See page 75** (HD) **10.50** ***New.*** The Tonight Show Starring Jimmy Fallon (HD) **11.50** ***New.*** The Late Late Show with James Corden (HD) **12.50am** Entourage (S) (HD) **1.25** Silicon Valley (S) (HD) **2.35** Girls (S) (AD) (HD) **3.45–5.00** 30 Rock (HD)

TLC

Sky 133 **Virgin** 167 **BT** 323/**HD** 377

6.00am Say Yes to the Dress: Bridesmaids (HD) **8.00** Say Yes to the Dress: UK (HD) **9.00** Say Yes to the Dress (HD) **10.00** Curvy Brides Boutique (AD) (HD) **11.00** Say Yes to the Dress: Canada (HD) **12 noon** Say Yes to the Dress: Atlanta (HD) **2.00pm** Dr Pimple Popper (HD) **3.00** Sister Wives (HD) **4.00** Say Yes to the Dress: Canada (HD) **5.00** Curvy Brides Boutique (AD) (HD) **6.00** Say Yes to the Dress (HD) **7.00** My Big Fat Fabulous Life (HD) **8.00** Love after Lock Up (HD) **9.00** Dr Pimple Popper (HD) **10.00** Hot & Heavy (HD) **11.00** Dr Pimple Popper (HD) **12 midnight** as 8pm **1.00am** as 9pm **2.00** as 10pm **3.00** Dr Pimple Popper (HD) **4.00–6.00am** Say Yes to the Dress: Atlanta (HD)

TLC +1 **Sky** 233 **Virgin** 172



Live at the Apollo *10.15pm*
Shappi, Kevin and Jack

Gold

Sky 110 **Virgin** 124 **BT** 310/343/**HD** 358/392

7.25am The Piglet Files **7.50** As Time Goes By (S) **8.25** The Good Life (S) (AD) **9.00** Porridge (S) **9.40** Hi-de-Hi! (S) **10.20** Last of the Summer Wine (S) **12.20pm** Keeping Up Appearances (AD) **1.00** Porridge (S) **1.40** Hi-de-Hi! (S) **2.20** The Good Life (S) (AD) **3.00** Keeping Up Appearances (AD) **3.40** Dad's Army (S) **4.20** Last of the Summer Wine (S)

6.20pm The Good Life
Barbara and Tom's work disturbs the neighbours. (S) (AD)

7.00 Porridge Tension mounts as the parole board gathers. (S)

7.40 Dad's Army Pike receives his call-up papers. (S) **8.20** Godfrey learns his cottage is scheduled for demolition. (S)

9.00 Mrs Brown's Boys
Agnes goes on a diet. (S) (HD)

9.40 Gavin & Stacey The couple have their first tiff. (S) (AD) (HD)

10.15 Live at the Apollo With Kevin Bridges, Shappi Khorsandi and Jack Whitehall. (S) (HD)

11.20 Sandylands ***2/3.*** (AD) (HD) **1.05am** Live at the Apollo (S) (HD) **2.05** Peep Show (S) (HD) **2.55** The Rebel (S) (AD) (HD) **3.30–4.00am** The Piglet Files

Gold +1 **Sky** 210 **Virgin** 194

Comedy Central

Sky 112 **Virgin** 132/**HD** 181 **BT** 307/344/**HD** 370/359

8.00am The Office US (S) (HD) **9.00** The Fresh Prince of Bel-Air (S) **10.00** Friends (S) (AD) (HD) **3.00pm** Last Man Standing (HD) **4.00** Two and a Half Men (HD) **5.00** Friends (S) (AD) (HD) **9.00 FILM** The Intern ★★★ Comedy starring Robert De Niro and Anne Hathaway. A senior citizen decides to take an internship at an online fashion house (HD) **11.30** The Ricky Gervais Show: Topics include the intelligence of worms and flowers, then Karl ponders his entry interview at the Pearly Gates (S) (HD) **12.30am** The Daily Show (HD) **1.00** South Park (S) (HD) **3.25** Last Man Standing: double bill (HD) **4.15–5.00am** Two and a Half Men (HD)

Comedy Central +1 **Sky** 212 **Virgin** 133

Lifetime

Sky 187 **Virgin** 208 **BT** 329/**HD** 384

7.00am Women on Patrol (HD) **8.00** Judge Judy (HD) **1.00pm** Pawn Stars (HD) **2.00** Storage Wars (HD) **3.00** Little Women: Couples Retreat (HD) **4.00** Dance Moms (HD) **5.00** Pawn Stars (HD) **6.00pm** Flipping Vegas (HD) **7.00** Judge Judy (HD) **9.00** Ghost Hunters: a mother fears the spirits in her Victorian home (HD) **10.00** Storage Wars: double bill. The buyers attend a night-time auction, then René brings his dad to the auction (HD) **11.00** Hardcore Pawn (HD) **12 midnight** Pawn Stars (HD) **1.00am** Kiss, Bang, Love Australia (HD) **2.00** Storage Wars (HD) **3.00–4.00am** Hardcore Pawn (HD)

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

Key (S) Subtitles (SL) Signing (AD) Audio description (HD) High definition (W) Widescreen



Frankie Drake Mysteries
9.00pm A fire bombing occurs

Alibi

Sky 132 **Virgin** 126/**HD** 212 **BT** 312/**HD** 382

7.10am Murdoch Mysteries (S) (HD) **10.00** The Guardian (HD) **11.00** Sue Thomas: F.B.Eye (S) **12 noon** Major Crimes (HD) **1.00pm** Rush (S) (AD) (HD) **3.00** Murdoch Mysteries (S) (HD)

6.00pm Major Crimes *4/23* *Series 4.* Buzz uncovers a dead body in a hotel bath. (HD)

7.00 Motive *1/13* *Series 4* Angie and Oscar investigate an officer's death. As the case progresses, it seems a cop killer is on the loose. (S) (HD)
8.00 *2/13.* A detective tries to prove his worth to Angie after it is revealed his promotion was arranged by his father. (S) (HD)

9.00 ***New.*** **Frankie Drake Mysteries** *8/10* *Series 3.* The detectives investigate a fire-bombing at the campaign office of a female politician. (AD) (HD)

10.00 Ms Fisher's Modern Murder Mysteries *8/8* *Series 1* The investigation heats up and exposes a maze of fraudulent activity. (S) (HD)

11.00 New Tricks *10/10* *Series 11* A dead girl's voice on a cassette tape prompts the team to reopen her murder investigation. (S) (AD) (HD)
12.20am Murdoch Mysteries (S) (HD)
1.20–4.00am Bite Club (S) (AD) (HD)

Alibi +1 **Sky** 232 **Virgin** 191

Discovery History

Sky 171 **Virgin** 257

6.00am Expedition Unknown **7.00** Invention Nation **8.00** World War II: Witness to War **9.00** Frontline Battle Machines with Mike Brewer **10.00** Extreme Engineering **11.00** Invention Nation **12 noon** Blowing Up History (AD) **1.00pm** Expedition Unknown **2.00** Mysteries at the Museum **3.00** World War II: Witness to War **4.00** Frontline Battle Machines with Mike Brewer

6.00pm Blowing Up History How a castle in Scotland may have become the new home of King Arthur's Round Table. (AD)

7.00 Mysteries at the Museum Don Wildman explores the story of a young girl who survived a fall from a damaged aircraft.

8.00 Expedition Unknown Josh Gates discovers ruins from the ancient Tiwanaku people.

9.00 Edge of War Fidel Castro's role in the revolution against dictator Fulgencio Batista.

10.00 Silicon Valley: the Untold Story The circuitous paths to success that lie behind some of Silicon Valley's greatest icons.

11.00 Extreme Machines How aircraft are powered.

12 midnight Expedition Unknown **1.00am** Edge of War **2.00** Silicon Valley: The Untold Story **3.00** Extreme Machines **4.00** Blowing Up History (AD) **5.00–6.00am** Mysteries at the Museum

Discovery History +1 **Sky** 271 **Virgin** 261



Family Guy *9.00pm* Peter learns how to present the news

Fox

Sky 124 **Virgin** 157/**HD** 199 **BT** 349/**HD** 364

8.00am Republic of Doyle (S) (HD) **9.00** Bones (S) (HD) **10.00** Bull (S) (HD) **11.00** NCIS (S) (AD) (HD) **12 noon** Bones (S) (HD) **2.00pm** The Mentalist (S) (HD) **3.00** NCIS (S) (AD) (HD) **4.00** Bull (S) (HD) **5.00** Bones (S) (HD)

6.00pm The Mentalist *10/13* *Series 7.* A member of the team is killed in a shoot-out. (S) (HD)

7.00 NCIS *1/25* *Series 13.* Gibbs fights for his life. (S) (AD) (HD)
8.00 *2/25.* Gibbs asks the team to work on a case to bring down a drug dealer. (S) (AD) (HD)

9.00 Family Guy *Series 17* Peter's hair turns white after a ghost-hunting adventure.
9.30 *Series 2.* The Griffins are offered their own TV show.
10.00 Brian goes to collect Stewie from Lois's parents' house.
10.30 Peter goes under cover as a student during a drug craze. (S)

11.00 American Dad! *Series 4* Stan meets an untimely end while searching for a Christmas tree. (S)
11.30 Francine tries to help Stan and Roger after they fight. (S)

12 midnight Family Guy: double bill (S) **1.00am** American Dad! (S) **2.00** Family Guy (S) **3.00** American Dad! (S) **4.00–5.00am** Republic of Doyle (S) (HD)

Fox +1 **Sky** 224 **Virgin** 158

History

Sky 130 **Virgin** 270 **BT** 327/**HD** 379

6.00am American Pickers (HD) **8.00** Pawn Stars (HD) **9.00** Lost Worlds (HD) **10.00** Storage Wars (HD) **11.00** Britain's Greatest Bridges (HD) **12 noon** River Hunters (HD) **1.00pm** Forged in Fire (HD) **2.00** American Pickers (HD) **3.00** Storage Wars (HD) **5.00** Pawn Stars (HD) **6.00** Forged in Fire (HD) **7.00** American Pickers (HD) **8.00** The Railways That Built Britain with Chris Tarrant (HD) **9.00** ***New.*** Vikings: Rollo returns to Kattegat, as Ivar's tyranical reign continues (HD) **10.00** ***New.*** Ancient Aliens: an Italian mountain that has stood witness to inexplicable phenomena for centuries **12 midnight** The Curse of Oak Island **1.00am** Britain's Greatest Bridges (HD) **2.00** Forged in Fire (HD) **3.00** River Hunters (HD) **4.00–6.00am** Storage Wars (HD)

History +1 **Sky** 230 **Virgin** 271

Animal Planet

Sky 162 **Virgin** 251 **BT** 325/**HD** 378

6.00am The Aquarium (HD) **7.00** Treehouse Masters (S) (HD) **8.00** Pit Bulls and Parolees (S) (HD) **10.00** Animal Cops Phoenix (S) (HD) **12 noon** Jeremy Wade's Dark Waters (S) (HD) **1.00pm** My Cat from Hell (S) (HD) **2.00** Alaskan Bush People (S) (AD) (HD) **3.00** The Vet Life (S) (HD) **5.00** Crikey! It's the Irwins (S) (HD) **6.00** Bondi Vet: Coast to Coast (HD) **7.00** Animal Cops Detroit (S) (AD) **8.00** The Zoo (S) (HD) **9.00** The Aquarium (S) (AD) (HD) **10.00** Animal Cops San Francisco (S) **11.00** Pit Bulls and Parolees (S) (HD) **12 midnight** I Was Prey (S) (AD) (HD) **1.00am** as 7pm **2.00** as 8pm **3.00** Animal Cops San Francisco (S) **3.50** Crikey! It's the Irwins (S) (HD) **4.40** Nature's Strangest Mysteries (HD) **5.10–6.00am** My Cat from Hell (S) (HD)

Animal Planet +1 **Sky** 262 **Virgin** 259



Gold Rush *9.00pm* Fred Lewis has hopes of striking it rich

Discovery

Sky 125 **Virgin** 250 **BT** 322/350/**HD** 376/365

6.00am Combat Dealers (S) (HD) **7.00** Tony Robinson's World War One (S) (HD) **8.00** Kindig Customs (HD) **9.00** Jeremy Wade's Dark Waters (S) (HD) **10.00** Nasa's Unexplained Files (S) (HD) **11.00** Fast 'n' Loud (S) (HD) **12 noon** Gold Rush: Dave Turin's Lost Mine (S) (HD) **1.00pm** Alaska: the Last Frontier (S) (HD) **2.00** Combat Dealers (S) (AD) (HD) **3.00** World War II: the Complete History (S) **4.00** Building Off the Grid (S) (HD) **5.00** Wheeler Dealers (S) (HD)

6.00pm Fast 'n' Loud (S) (HD)

7.00 Outback Truckers (S) (HD)

8.00 Richard Hammond's Big The Appomattox production platform in the Gulf of Mexico. (HD)

9.00 ***New.*** **Gold Rush** Following the gold miners of the Yukon. (HD)

10.30 ***New.*** **Gold Rush: Dave Turin's Lost Mine** Gold goes missing on the mine. (HD)

11.30 ***New.*** **Gold Rush: the Dirt** The cast and crew discuss the latest gold mining season. (HD)

12 midnight Gold Rush (HD) **1.30am** Gold Rush: the Dirt (HD) **2.00** Richard Hammond's Big (HD) **3.00** Gold Rush: Dave Turin's Lost Mine (HD) **3.50** Kindig Customs (S) (HD) **5.30–6.00am** How It's Made (S)

Discovery +1 **Sky** 225 **Virgin** 258

Nat Geographic

Sky 129 **Virgin** 266/**HD** 268 **BT** 317/**HD** 373

8.00am Nazi Megastructures (HD) **9.00** Hitler's Death Army: Das Reich (HD) **10.00** Buried Secrets of the Bible (S) (HD) **11.00** World's Biggest Battleship: Draining the Ocean (HD) **12 noon** Car SOS (S) (HD) **2.00pm** Wicked Tuna (HD) **3.00** Ice Road Rescue (HD) **4.00** Air Crash Investigation (S) (AD) (HD) **6.00** Car SOS (HD) **8.00** World War I Apocalypse (HD) **9.00** World War II: the Apocalypse: the truth behind France's defeat (HD) **10.00** Apocalypse: Cold War (S) (AD) (HD) **11.00** Air Crash Investigation (HD) **12 midnight** Alaska State Troopers (HD) **1.00am** Extreme Airport Security (HD) **2.00** Ultimate Airport Dubai (HD) **3.00** Air Crash Investigation: Special Report (HD) **4.00–5.00am** Air Crash Investigation (HD)

Nat Geo +1 **Sky** 229 **Virgin** 267

Eden

Sky 166 **Virgin** 245/**HD** 247 **BT** 315/**HD** 389

9.00am Super Vets **10.00** Big Cats (AD) (HD) **11.00** Ganges (HD) **12 noon** Life in the Great Wetlands (HD) **1.00pm** Life on Earth (AD) **2.00** Wonders of the Solar System (AD) (HD) **3.00** Super Vets **4.00** Big Cats (AD) (HD) **5.00** Ganges (HD) **6.00** Super Vets **7.00** Life on Earth (AD) **8.00** Life in the Great Wetlands (HD) **9.00** Big Cats (AD) (HD) **10.00** Ganges: the story of one of the world's most important rivers (HD) **11.00** Wonders of the Solar System (AD) (HD) **12 midnight** Life in the Great Wetlands (HD) **1.00am** Life on Earth (AD) **2.00** Wonders of the Solar System (AD) (HD) **3.00** Super Vets **3.50** Big Cats (AD) (HD) **4.40** Ganges (HD) **5.30–6.00am** Frontier Borneo (HD)

Eden +1 **Sky** 266 **Virgin** 246



Saints and Sinners *11.00pm* Dr Janina Ramirez

PBS America 91

F'view 91 (1-11pm only) **F'sat** 155 **Sky** 174 **Virgin** 273

8.00am The Aviators **8.35** Locomotion: Dan Snow's History of Railways **9.45** Jesse James **10.50** Nigel Marven's Wild Philippines **11.55** Locomotion: Dan Snow's History of Railways **1.00pm** Butch Cassidy and the Sundance Kid **2.10** Locomotion: Dan Snow's History of Railways **3.20** Jesse James **4.30** The Aviators **5.05** Butch Cassidy and the Sundance Kid

6.20pm Locomotion: Dan Snow's History of Railways The impact the railway had on London in the late 1830s.

7.30 Saints and Sinners: a Millennium of Monasteries How monasteries shaped every aspect of medieval Britain.

8.45 Wyatt Earp The truth behind American legend Wyatt Earp, who spent most of his life roaming the West and associating with unsavoury characters.

9.55 The Wild West Exploring the myths surrounding Billy the Kid, who had slain six men by the time he died at the age of 21.

11.00 Saints and Sinners: a Millennium of Monasteries As 7.30pm.
12.20am The Wild West
1.30–2.00am The Aviators

PBS +1 **Freeview** (HD only) 93

Smithsonian 57

F'view (HD only) 57 **F'sat** 175 **Sky** 195 **Virgin** 276

6.00am Uncharted Amazon (HD) **7.00** Volcanos: Dual Destruction (HD) **8.00** Aerial Ireland (HD) **9.00** Apollo's Moon Shot (HD) **10.00** Helicopter Wars (HD) **11.00** The Pacific War in Colour (HD) **12 noon** The Unknown Flag Raiser of Iwo Jima (HD) **1.00pm** America in Colour (HD) **2.00** Aerial Ireland (HD) **3.00** Apollo's Moon Shot (HD) **4.00** Helicopter Wars (HD) **5.00** Air Warriors (HD)

6.00pm The Pacific War in Colour A look at the American invasions of Peleliu, the Philippines and Iwo Jima. (HD)

7.00 Britain in Colour Rare archival film and home movies featuring Winston Churchill. (HD)

8.00 ***New.*** **An American Aristocrat's Guide to Great Estates** Julie Montagu travels to Inveraray Castle. (HD)

9.00 Inside the Factory: How Our Favourite Foods Are Made Gregg Wallace and Cherry Healey learn about chocolate. (HD)

10.00 America in Colour: the 1940s A look at the decade's most significant moments. (HD)

11.00 An American Aristocrat's Guide to Great Estates As 8pm.
12 midnight From Newby Hall. (HD)

1.00am America in Colour: the 1940s (HD) **2.00** An American Aristocrat's Guide to Great Estates (HD) **4.00** America in Colour: the 1940s (HD) **5.00–6.00am** Air Warriors (HD)

CHILDREN'S

Milkshake! on C5

Full listings for Channel 5 are on p78

6.00am Peppa Pig **6.20** Mya Go **6.30** Fireman Sam **6.40** RT **CHOICE** ***New.*** Noddy: Toyland Detective **See page 75** **6.50** ***New.*** Abby Hatcher **7.00** Thomas & Friends **7.10** Shane the Chef **7.15** Milkshake! Monkey's Amazing Adventures **7.20** Peppa Pig **7.40** Top Wing **7.55** ***New.*** Paw Patrol: a singer goes missing before a royal concert **8.10** Floogals **8.30** Becca's Bunch **8.40** Little Princess **8.55** Ben and Holly **9.10–9.15am** Sunny Bunnies

CBeebies 202

Freeview 202 **Freesat** 608 **Sky** 614 **Virgin** 702

6.00am Show Me Show Me **6.25** Twirlywoos **6.35** Teletubbies **6.50** Timmy Time **7.00** Numberblocks **7.05** Bing: double bill **7.20** Hey Duggee: double bill **7.35** Bitz & Bob **7.45** Peter Rabbit **8.00** Go Jetters **8.10** Octonauts **8.20** Biggleton **8.35** Justin's House **9.00** Tee and Mo **9.10** Timmy Time **9.15** ***New.*** Dog Loves Books **9.20** Bing **9.30** Twirlywoos **9.40** Patchwork Pals **9.45** Something Special: We're All Friends **10.05** Teletubbies **10.20** The Baby Club; Small Potatoes **10.40** Hey Duggee **10.45** Let's Play **11.05** Let's Go for a Walk **11.20** ***New.*** Pablo; My Petsaurus **11.45** Woolly & Tig **11.50** Tinga Tinga Tales **12 noon** My World Kitchen; Dipdap **12.15pm** Waffle the Wonder Dog **12.30** Molly and Mack **12.45** Melody **1.00** The Furchester Hotel **1.10** Yakka Dee! **1.15** Numberblocks **1.20** Bing **1.30** Twirlywoos **1.45** Something Special: We're All Friends **2.05** Teletubbies **2.20** The Baby Club **2.35** Pablo **2.45** Our Family **3.00** Grace's Amazing Machines **3.15** Swashbuckle **3.35** Hey Duggee **3.45** Octonauts **4.00** Love Monster **4.05** Andy's Aquatic Adventures **4.20** Maddie's Do You Know? **4.35** Peter Rabbit **4.50** Go Jetters **5.00** Gigglebiz **5.15** Waffle the Wonder Dog **5.30** Topsy and Tim; My Petsaurus **5.45** Moon and Me **6.10** ***New.*** Clangers: revival of the classic animation **6.20** In the Night Garden… **6.50–7.00pm** CBeebies Bedtime Stories: a tale is read for younger viewers before they go to bed

CBBC 201

Freeview 201 **Freesat** 607 **Sky** 613 **Virgin** 701

7.00am Arthur **7.15** Dennis & Gnasher Unleashed! **7.25** Danger Mouse **7.40** Newsround **7.45** Boy Girl Dog Cat Mouse Cheese **8.00** ***New.*** Little Big Awesome **8.15** Newsround **8.20** ***New.*** Hey You What If? **8.25** Marrying Mum and Dad **8.55** Art Ninja **9.25** A Week to Beat the World **9.40** Millie Inbetween **11.25** A Day in the Life of Millie Inbetween **11.55** Millie Inbetween **2.10pm** The Dumping Ground **2.25** Blue Peter **2.55** Almost Never **3.20** The Deep **3.45** Shaun the Sheep **3.50** Boy Girl Dog Cat Mouse Cheese **4.00** Newsround **4.10** Little Big Awesome **4.25** Odd Squad **4.35** The Pets Factor **5.00** ***New.*** 4 o'Clock Club **5.30** Horrible Histories: Fierce Females **6.00** The Deep **6.25** Operation Ouch! **6.55** Nine Minute Ninja **7.05** Horrible Histories **7.30** Horrible Histories: Fierce Females **8.05** The Next Step **8.25** 4 o'Clock Club **8.55–9.00pm** Lifebabble

CITV 203

Freeview 203 **Freesat** 602 **Sky** 621 **Virgin** 734

6.00am Dino Dana **6.25** Bagel and Becky **6.55** ***New.*** Gormiti 3D **7.25** Hotel Transylvania **7.55** Mr Bean **8.25** ***New.*** Buck & Buddy **8.30** Scooby-Doo! **9.00** Powerpuff Girls **9.25** Mission Employable **9.30** Lego NinjaGo **9.55** Mighty Mike **10.25** Bear Grylls Survival School **10.50** Make It Pop **11.15** Haunted Hathaways **11.40** Spy School **12.05pm** Thunderbirds **12.30** Transformers **1.00** ***New.*** Gormiti 3D **1.25** Lego Jurassic World **1.50** Mission Employable **1.55** ToonMarty **2.40** Mighty Mike **3.10** Tom and Jerry **3.30** Scooby-Doo! **4.00** Mr Magoo **4.30** Craig of the Creek **5.00** Lego NinjaGo **5.30** Kung Fu Panda **6.00** Thunderbirds **6.25** Transformers **6.55** Hotel Transylvania **7.25** Mr Bean **7.55** ***New.*** Buck & Buddy **8.00** Make It Pop **8.30–9.00pm** Project Z

Wine Five crimes against wine YOUR RT P137

TUESDAY Films & Sport

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Jesse gets his kicks

P The Art of Self-Defense ★★★★
8.00pm ***Sky Premiere***

In this serio-comedy, meek accountant Jesse Eisenberg begins to question his way of life after a violent mugging. Thwarted in his efforts to buy a gun, he joins a karate group and soon becomes aggressive to the point where he sees being nice to his dog as a weakness. Director Riley Stearns's examination of peer pressure and toxic masculinity amuses, charms and alarms. Think of it as a modern-day *Fight Club*, only quieter and way more twisted. **KAREN KRIZANOVICH**



Woody's jazz odyssey

Sweet and Lowdown ★★★★ ***My5*** **FREE TO VIEW**

Just one of the Woody Allen gems available on C5's catch-up service, this sparkling comedy drama tells the tall tale of fictional 1930s jazz man Emmet Ray (Sean Penn) whose life only makes sense when he's playing guitar. A number of jazz experts, including Allen himself, deliver straight-faced tributes to the feckless Ray's musical gift. However, it's Samantha Morton as mute innocent Hattie who steals the show, getting her revenge after Penn breaks her heart by silently breaking ours. **NEIL SMITH**

New to rent this week

Midway ★★★
Sky Store/Virgin Movies

The landmark wartime naval battle is brought to the screen with all the bluster you'd expect from the director of *Independence Day*. Starring Patrick Wilson and Woody Harrelson, Roland Emmerich's film is evenly balanced in its portrait of the US and Japanese forces, but there's never any real sense of the human cost of the hostilities. **TERRY STAUNTON**



FREEVIEW

Film4 14

Freeview 14 **Freesat** 300 **Sky** 313 **Virgin** 428/**HD** 429

11.00am The Gentle Sex ★★★ Second World War drama. Joan Gates, Jean Gillie (1943, U) (S)
12.50pm The Tin Star ★★★★★ Finely wrought western. Henry Fonda (1957, PG) (S)
2.40 Kidnapped ★★★ Faithful adaptation of Robert Louis Stevenson's stirring adventure story. Michael Caine, Trevor Howard (1971, U) (S)
4.50 Campbell's Kingdom ★★ Adventure. Dirk Bogarde, Stanley Baker (1957, U)

6.55pm Behind Enemy Lines ★★ A macho tale of a pilot shot down over war-torn Bosnia. Owen Wilson, Gene Hackman (2001, 12) (S)

9.00 Taken 2 ★★★ Tough ex-CIA agent Bryan Mills is embroiled in another kidnap plot in this pacey action sequel. Liam Neeson, Famke Janssen (2012, 15) (S) (AD)

10.50 American Assassin ★★ Action thriller about a young man with a traumatic past who is recruited as an agent by the CIA. Dylan O'Brien (2017, 18) (S) (AD)

1.05–3.05am The East ★★★ Tense espionage eco-thriller in which a private eye finds her loyalties tested. Brit Marling (2013, 15) (S)

Film4 +1 **F'view** 45 **F'sat** 301 **Sky** 314 **Virgin** 430

Sony Movies 32

Freeview 32 **Freesat** 302 **Sky** 321 **Virgin** 425

9.00am Menu for Murder ★★★ Comedy mystery. (1990, PG) **11.05 A Date to Die For ★★** Drama. (2015) **1.00pm Status: Unknown ★★** Mystery. (2014) **2.45 Not My Life ★★** Thriller. (2006) **4.30 A League of Their Own ★★★** Sports comedy drama. Tom Hanks, Geena Davis (1992, PG)
7.05pm Evolution ★★★ Amiably daft sci-fi action comedy. David Duchovny, Julianne Moore (2001, PG)
9.00 The Expendables ★★ Action adventure. Sylvester Stallone, Jason Statham, Jet Li (2010, 18)
11.10 Missionary Man ★★ Dolph Lundgren directs and stars in this action drama. (2007, 15)
1.05am Riding in Cars with Boys ★★★ Biographical comedy drama. Drew Barrymore (2001, 12)
3.45–6.00am Fly Away Home ★★★★ Biographical drama. Jeff Daniels, Anna Paquin (1996, U)
Sony Movies +1 **F'view** 60 (*limited* 10pm-5am) **Sky** 322

Sony Movies Classic 50

F'view 50 *(limited)* **F'sat** 303 **Sky** 319 **Virgin** 424

6.00am Don't Panic Chaps ★★ Comedy. George Cole (1959, U) **7.50 Crack-Up ★★** Thriller. (1946) **9.45 Bad for Each Other ★** Drama. (1954) **11.30 Strongroom ★** Crime drama. (1961, PG)
1.10pm All the King's Men ★★★★ Political drama. Broderick Crawford (1949, U) **3.30 Last Train from Bombay ★** Adventure. (1952, U) **5.10 Prisoners of the Casbah ★** Romance. (1953)
6.50pm The Toy ★★ Comedy about a spoilt brat with a human toy. Richard Pryor (1982, PG)
9.00 The Blue Lagoon ★★ Good-looking adventure. Brooke Shields, Christopher Atkins (1980, 15)
11.10 The Big Chill ★★★★ Wise and witty drama. Kevin Kline, Glenn Close, William Hurt (1983, 15)
1.15am Santana Kills Them All ★★ Spaghetti western. (1970) **3.00 Long John Silver ★★** Adventure. (1954, U) **4.35–6.00am What a Carve Up! ★★★** Comedy horror. (1961, U)
Sony Movies Classic +1 **F'View** 62 *(limited)* **F'Sat** 304 **Sky** 320

Talking Pictures TV 81

Freeview 81 **Freesat** 306 **Sky** 328 **Virgin** 445

6.00am The Price of Silence ★★ Crime drama. (1959, U) (S) **7.50 Dilemma ★** Drama. (1962, PG) **9.10 Trouble Brewing ★★★** Comedy. George Formby (1939, U) **11.00** Richard Diamond
11.30 The Winslow Boy ★★★★ Drama. Robert Donat (1948, U) **1.50pm Play It Cool ★★** Comedy drama. (1962, U) **3.30 Dancing with Crime ★★** Crime drama. (1946, PG) (S) **5.10 Miranda ★★★** Comedy. **Review p37.** (1947)
6.50pm The Magic Box ★★★★ Charming biopic of cinema pioneer William Friese-Greene. Robert Donat (1951, U) (S)
9.00 Reilly: Ace of Spies TV drama.
10.00 Impulse ★★★ Sharp, underrated slice of horror. Tim Matheson, Meg Tilly (1984, 18)
11.50 The Uncanny ★ Horror. (1977, 15) **1.35am Landslide ★★** Thriller. (1937, 12) **2.50** Strange Harvest (S) **3.30 Sheepdog of the Hills ★★** Drama. David Farrar (1941, U) **5.00–6.00am** Rooms

Sky Premiere

Sky 301 **Virgin** 401 **BT** 501/**HD** 515

6.00am The Counterfeiter ★★★ Crime thriller. Chow Yun-Fat (2018, 15) **8.15** Monster Family Special **8.45** As 6.15pm **10.30 This Changes Everything ★★★** Documentary. (2018, 15) **12.15pm** The Top Ten Show **12.30** As 8pm **2.30** As 10pm **4.15** The Top Ten Show **4.30** As 11.45pm

6.15pm We Die Young ★★ Coming-of-age gang drama. Jean-Claude Van Damme, Elijah Rodriguez (2019, 15)
8.00 P The Art of Self-Defense ★★★★ Jesse Eisenberg stars in this serio-comic spin on *Fight Club*. **Review left.** Alessandro Nivola (2019, 15)
10.00 Brightburn ★★★ Pacey horror. Elizabeth Banks, David Denman (2019, 15)
11.45 Doom: Annihilation ★ Film version of the popular video game. Amy Manson, Dominic Mafham (2019, 15)

1.30am Hell Is Where the Home Is ★★★ Horror thriller. Angela Trimbur, Zach Avery (2018, 18) **3.00 The Counterfeiter** As 6am **5.15** The Top Ten Show **5.30** Final Score Special

Sky Premiere +1 **Sky** 312 **Virgin** 412

Sky Hits

Sky 303 **Virgin** 403 **BT** 503/**HD** 517

6.20am Deep Impact ★★★★ Sci-fi drama. (1998, 12) **8.25 Prince of Persia: the Sands of Time ★★★** Fantasy. (2010, 12) **10.25 Bad Times at the El Royale ★★★★** Thriller. (2018, 15) **12.50pm** As 9pm **2.35** As 10.50pm **4.55 The Nutcracker and the Four Realms ★★★** Fantasy. (2018, PG)

6.40pm Solo: a Star Wars Story ★★★★ Fun origins adventure for the space buccaneer. Alden Ehrenreich, Donald Glover, Emilia Clarke (2018, 12)
9.00 Skyscraper ★★★ Exciting but outlandish action adventure. Dwayne Johnson, Neve Campbell (2018, 12)
10.50 Fury ★★★★ Heart-pounding war drama about the crew of a tank, commanded by Brad Pitt, as it rolls through Nazi Germany. Shia LaBeouf, Logan Lerman (2014, 15)

1.10am Pet Sematary ★★★ Supernatural horror. Jason Clarke, Amy Seimetz, John Lithgow (2019, 15) **3.05 Escape Room ★★★** Horror thriller. Taylor Russell (2019, 15) **4.50 The Nutcracker and the Four Realms** As 4.55pm

Sky Monsters

Sky 307 **Virgin** 411 **BT** 511/**HD** 525

6.00am Slender Man ★★ Horror. Joey King, Javier Botet (2018, 15) **7.40 Godzilla** As 4.15pm **10.05 Godzilla** As 6.45pm **12.10pm Godzilla: King of the Monsters** As 9pm **2.30 A Quiet Place** As 11.30pm **4.15 Godzilla ★★** Horror. Matthew Broderick, Jean Reno, Maria Pitillo (1997, PG)

6.45pm Godzilla ★★★ Epic blockbuster featuring the iconic giant lizard. Aaron Taylor-Johnson (2014, 12)
9.00 Godzilla: King of the Monsters ★★ Godzilla faces three giant foes. Kyle Chandler (2019, 12)
11.30 A Quiet Place ★★★★★ Unbearably tense horror in which survivors of an invasion by killer creatures must keep silent to stay alive. John Krasinski, Emily Blunt, Millicent Simmonds, Noah Jupe (2018, 15)

1.15am Slender Man As 6am **3.00** The Top Ten Show **3.15 Resident Evil: Apocalypse ★** Sci-fi action horror sequel. Milla Jovovich (2004, 15) **5.00** Sky Cinema Preview

Sky Superhero

Sky 302 **Virgin** 402 **BT** 502/**HD** 516

6.00am As 4.05pm **8.25** As 6.30pm **11.00 Avengers: Endgame** As 9pm **2.05pm Fantastic Four ★★** Comic-book adaptation about members of a science expedition who gain astonishing powers during a cosmic storm. Ioan Gruffudd, Jessica Alba, Chris Evans, Michael Chiklis (2005, PG)

4.05pm Avengers: Age of Ultron ★★★★ The superheroes battle an army of robots. Robert Downey Jr, Chris Hemsworth, Mark Ruffalo (2015, 12)
6.30 Avengers: Infinity War ★★★★ Marvel's heroes join forces to prevent Thanos from decimating the cosmos. Robert Downey Jr, Chris Evans, Chris Hemsworth (2018, 12)
9.00 Avengers: Endgame ★★★★ End-of-an-era action epic. Robert Downey Jr, Chris Hemsworth (2019, 12)

12.05am The Punisher ★★★ Loud action crime thriller. Tom Jane, John Travolta (2004, 18) **2.15 Punisher: War Zone ★★** Action crime thriller. Ray Stevenson, Dominic West (2008, 18) **4.10 Fantastic Four** As 2.05pm

Sky Greats

Sky 304 **Virgin** 404 **BT** 504/**HD** 518

7.00am Carousel ★★★★ Musical. Gordon MacRae (1956, U) **9.20 Vertigo ★★★★★** Psychological thriller. James Stewart, Kim Novak (1958, PG) **11.40** As 9pm **1.40pm The Bourne Supremacy ★★★★** Spy action thriller. Matt Damon (2004, 12) **3.40 Evita ★★★** Musical biography. Madonna, Antonio Banderas (1996, PG)

6.00pm Braveheart ★★★★ Rousing historical drama with Mel Gibson in fiery-eyed heroic mode as 13th-century Scottish patriot William Wallace. (1995, 15)
9.00 Elizabeth: the Golden Age ★★★★ Exciting and wildly romantic historical drama sequel. Cate Blanchett, Geoffrey Rush, Clive Owen (2007, 12)
11.00 Lethal Weapon 2 ★★★ Violent action thriller sequel. Mel Gibson, Danny Glover, Joe Pesci (1989, 18)

1.00am The Juror ★★ Thriller. (1996, 18) **3.05 American Beauty ★★★★★** Black comedy. Kevin Spacey, Annette Bening (1999, 18) **5.15 The Bridge on the River Kwai ★★★★★** Classic war epic. William Holden, Alec Guinness (1957, PG)

Sky Comedy

Sky 308 **Virgin** 408 **BT** 508/**HD** 522

7.15am Sword of Trust ★★★ Comedy drama. Marc Maron (2019) **8.55 Eighth Grade ★★★★** Comedy drama. Elsie Fisher (2018, 15) **10.35** As 8pm **12.20pm** As 9.45pm **2.00 Jerry Maguire ★★★★** Romantic comedy. Tom Cruise (1996, 15) **4.20 Click ★★** Fantasy. Adam Sandler (2006, 12)

6.20pm Family ★★★ Quirky, witty comedy. Taylor Schilling (2018, 15)
8.00 Bad Teacher ★★ Cameron Diaz plays a terrible role model. Justin Timberlake, Jason Segel (2011, 15)
9.45 Along Came Polly ★★ Cautious Ben Stiller falls for wild Jennifer Aniston in this romantic comedy. Philip Seymour Hoffman (2004, 12)
11.25 Sex Tape ★★ Cameron Diaz and Jason Segel try to pep up their marriage. Rob Corddry (2014, 15)

1.05am Road Trip ★★ Comedy. Breckin Meyer (2000, 15) **2.45 EuroTrip ★★★** Comedy. Scott Mechlowicz, Michelle Trachtenberg (2004, 15) **4.35 The Fighting Temptations ★★** Musical comedy. Cuba Gooding Jr, Beyoncé Knowles (2003, PG)

Key (S) Subtitles (SL) Signing (AD) Audio description

Sky Disney

Sky 305 **Virgin** 405 **BT** 505/**HD** 519

7.10am As 1.50pm **8.55** As 5.25pm **10.30 Brother Bear** ★★★ Animated fantasy. Joaquin Phoenix (2003, U) **12 noon** As 7pm **1.50pm Bedtime Stories** ★★★ Fantasy comedy. Adam Sandler, Keri Russell (2008, PG) **3.35 Big Hero 6** ★★★★ Animated action adventure. Scott Adsit, Ryan Potter (2014, PG)

5.25pm Mulan ★★★★ Enthralling animated musical adventure. Ming-Na, Eddie Murphy (1998, U)

7.00 Cinderella ★★★★ Lavish retelling of the fairy tale. Lily James, Cate Blanchett, Helena Bonham Carter (2015, U)

9.00 Tomorrowland: a World Beyond ★★★★ Hugely ambitious adventure. George Clooney, Hugh Laurie (2015, 12)

11.15 The Haunted Mansion ★★ Comedy horror based on Disney's theme-park ride. Eddie Murphy (2003, PG)

12.50am The Story of Robin Hood and His Merrie Men ★★★ (1952, U) **2.20 The Sword in the Stone** ★★★ (1963, U) **3.45 Dinosaur** ★★★ Animation. (2000, PG) **5.20 Beverly Hills Chihuahua 2** ★★ (2010, U)

Sky Thriller

Sky 309 **Virgin** 409 **BT** 509/**HD** 523

6.00am Beast of Burden ★★ Thriller. (2018, 15) **7.35 Danger One** ★★ Comedy. (2018) **9.20 Blood Brother** ★★ Drama. (2018, 15) **10.50 Cutterhead** ★★★ Thriller. (2018, 15) **12.20pm Rust Creek** ★★★ Thriller. Hermione Corfield (2018, 15) **2.10 The Bone Collector** ★★★ Thriller. Denzel Washington (1999, 15)

4.10pm Accident ★ Joyriding teens find themselves in serious trouble. Stephanie Schildknecht (2017, 15)

5.45 Enemy of the State ★★★★ Lawyer Will Smith is on the run in this slick conspiracy thriller. Gene Hackman, Jon Voight (1998, 15)

8.00 The Negotiator ★★★★ Gripping political thriller. Jon Hamm, Rosamund Pike, Dean Norris, Shea Whigham (2018, 15)

10.00 Basic Instinct ★★★ Slick thriller. Michael Douglas, Sharon Stone (1992, 18)

12.15am Lone Survivor ★★★ Action thriller. Mark Wahlberg (2013, 15) **2.25 Single White Female** ★★★★ Thriller. Bridget Fonda, Jennifer Jason Leigh (1992, 18) **4.25 Malpractice** ★★ Thriller. Stephanie Zimbalist (2001)

Sky Action

Sky 311 **Virgin** 407 **BT** 507/**HD** 521

6.00am The Karate Kid ★★★ Martial arts adventure. Jackie Chan, Jaden Smith (2010, PG) **8.30 Armageddon** As 5.15pm **11.05 Edge of Tomorrow** As 8pm **1.05pm** As 10pm **2.50 Master and Commander: the Far Side of the World** ★★★★ Period adventure drama. Russell Crowe (2003, 12)

5.15pm Armageddon ★★★ Thrilling sci-fi action adventure. Bruce Willis, Billy Bob Thornton, Ben Affleck (1998, 15)

8.00 Edge of Tomorrow ★★★ Tom Cruise is forced to relive the same day fighting alien invaders, in this clever, witty and gung-ho sci-fi blockbuster. Emily Blunt (2014, 12)

10.00 Escape Plan 3 ★★ Sylvester Stallone leads a rescue mission in this tired, brutal action thriller. Dave Bautista, 50 Cent (2019, 15)

11.45pm Riot Girls ★★★ Fun post-apocalypse sci-fi set in an alternate 1995 devoid of grown-ups. Madison Iseman (2019, 18) **1.15am** As 2.50pm **3.45 The Karate Kid** As 6am

Sky Family

Sky 306 **Virgin** 406 **BT** 506/**HD** 520

6.00am As 3.05pm **7.35** As 6.30pm **9.05 Look Who's Talking** ★★★ Comedy. John Travolta, Kirstie Alley (1989, 12) **10.50** As 4.40pm **12.40pm** As 8pm **3.05 The Grinch** ★★★ Animated fantasy. Benedict Cumberbatch (2018, U) **4.40 Jumanji** ★★★★ Fantasy adventure. Robin Williams (1995, PG)

6.30pm Wonder Park ★★ Animated fantasy about an amusement park imagined by a girl and her mum. Brianna Denski (2019, PG)

8.00 The Mask of Zorro ★★★★ Splendid swashbuckling adventure in which the ageing Zorro trains a young protégé. Antonio Banderas, Anthony Hopkins (1998, PG)

10.20 The Legend of Zorro ★★★ Playful adventure sequel. Antonio Banderas, Catherine Zeta-Jones (2005, PG)

12.35am The Polar Express ★★★ Animated fantasy. Tom Hanks (2004, U) **2.25 Toys & Pets** ★★★ Animated adventure. Jason Kesser, Aurora Jane Baldovini (2017) **4.15 Cats** ★★ Animated comedy adventure. (2018, PG)

Sky Drama

Sky 310 **Virgin** 410 **BT** 510/**HD** 524

6.00am Foxtrot ★★★★ Drama. Lior Ashkenazi (2017, 15) **8.00 Damsel** ★★★ Western. Robert Pattinson (2018, 15) **10.00 The Leisure Seeker** ★★★★ Drama. Helen Mirren (2017, 15) **11.55** As 8pm **2.25pm Puzzle** ★★★ Drama. Kelly Macdonald (2018, 15) **4.20 The Butterfly Tree** ★★ Romantic drama. (2017, 15)

6.05pm Step Up ★★ Love blooms between unlikely dance partners. Channing Tatum, Jenna Dewan (2006, PG)

8.00 Burning ★★★★★ A would-be writer turns sleuth in this compelling South Korean thriller. Yoo Ah-in, Steven Yeun, Jun Jong-seo (2018, 15)

10.40 Saturday Night Fever ★★★★★ John Travolta made his name playing a New York disco king in this gritty dance drama. Karen Lynn Gorney, Barry Miller, Joseph Cali (1977, 18)

12.50am Blue My Mind ★★★ Tense coming-of-age body-horror drama. Luna Wedler, Zoë Pastelle Holthuizen (2017, 18) **2.35 Puzzle** As 2.25pm **4.30 Step Up** As 6.05pm

TCM Movies

Sky 315 **Virgin** 415/**HD** 416 **BT** 512/**HD** 526

6.00am Close Up **6.30** Hollywood's Best Film Directors **7.00 Charro!** ★ Western. (1969, PG) **9.05 Westward the Women** ★★ Western. (1951) **11.30 The Fastest Gun Alive** ★★★ Western. Glenn Ford (1956, U) **1.30pm 12 Angry Men** ★★★★★ Drama. Henry Fonda (1957, U) **3.30 Frenchie** ★★ Western. (1950)

5.10pm Arizona Raiders ★★ A raider turns ranger. Audie Murphy (1965)

7.15 Ten Wanted Men ★★ Western. Randolph Scott, Richard Boone (1955, U)

9.00 Dirty Harry ★★★★★ Clint Eastwood excels as the ruthless cop in pursuit of a psychopath in this outstanding crime thriller. Harry Guardino, Reni Santoni, John Vernon (1971, 18)

11.15 The Postman ★ Futuristic epic that is really *Waterworld* on dry land. Kevin Costner (1997, 15)

2.45am Every Which Way but Loose ★★★ Lively comedy drama. Clint Eastwood, Sondra Locke, Geoffrey Lewis (1978, 12) **4.40** Off Set **5.00** Close Up

TCM Movies +1 **Sky** 316 **Virgin** 417

SPORT



Cycling *1.40pm* ***Eurosport 1***
Egan Bernal bids to retain his crown in the Paris-Nice race

Sky Main Event

Sky 401 **Virgin** 511/**HD** 501 **BT** 402/420/**HD** 437/440

6.00am Good Morning Sports Fans **10.00** Football Centre **12 noon** Sky Sports News **1.00pm LIVE PGA Tour Golf** The first practice rounds from the Players Championship at TPC Sawgrass in Florida. **9.00** Sky Sports Tonight **10.00** The Debate **11.00** NBA: the Warm Up **12 midnight–6.00am** Sky Sports News

Sky Football

Sky 403 **Virgin** 513/**HD** 503 **BT** 422/**HD** 442

6.00am EFL Greatest Games **6.45** SPFL Greatest Games **7.00** Football's Greatest Players (AD) **7.30** Football Countdowns (AD) **8.00** Football Years (AD) **8.30** EFL Greatest Games **8.45** One2Eleven (AD) **9.00** SPFL Greatest Games **9.30** Classic Play-Off Finals **10.30** EFL Greatest Games **11.15** SPFL Greatest Games **11.30** Football's Greatest Players: a profile of Xavi (AD) **12 noon** Football Countdowns (AD) **12.30pm** Football Years: 1991/92 (AD) **1.00** SPFL Greatest Games **1.45** One2Eleven (AD) **2.00** Classic Play-Off Finals **3.00** Greatest Players: Rivaldo (AD) **3.30** Football Countdowns (AD) **4.00** Football Years: the 1992/93 season (AD) **4.30** Classic Play-Off Finals **5.30** SPFL Greatest Games **6.00** League One and Two Goals **6.30** Major League Soccer Round-Up **7.00** Soccer AM: the Best Bits (AD) **7.30** Classic Play-Off Finals: Derby County v Queens Park Rangers from 2013/14 **8.30** League One and Two Goals **9.00** Championship Highlights **10.00** SPFL Greatest Games **10.30** EFL Greatest Games **11.00** One2Eleven (AD) **11.15** EFL Greatest Games **11.30** SPFL Greatest Games **12 midnight** Football Years (AD) **12.30am** SPFL Greatest Games **1.00** Football Countdowns (AD) **1.30** Football Years: 1991/92 (AD) **2.00** Championship Season Review **3.00** Classic Play-Off Finals **5.00–6.00am** League Cup Classics

Sky The Players

Sky 405 **Virgin** 515/**HD** 505 **BT** 424/**HD** 444

6.00am PGA Tour Profiles (AD) **6.15** PGA Tour Golf: the final round of the 2019 Players Championship **11.45** PGA Tour Profiles (AD) **12 noon** Best of the Sky Zone (AD) **12.30pm** PGA Tour Golf **1.00pm LIVE PGA Tour Golf** The first practice rounds from the Players Championship at TPC Sawgrass in Florida. **9.00** Rory's Review of 2019: Rory McIlroy looks back at the year in golf **9.30** How The Players Was Won: a review of the 2019 tournament **11.30** Best of the Sky Zone (AD) **12 midnight** Golf Academy **1.00–6.00am** The Players Championship Official Film (AD)

Sky Premier League

Sky 402 **Virgin** 512/**HD** 502 **BT** 421/**HD** 441

6.00am Greatest Games **7.00** Legends (AD) **8.00** Premier League Football **9.30** 100 Club (AD) **10.00** Premier League Years: 2001/02 (AD) **12 noon** Premier League Football: a rerun of Leicester City v Aston Villa **4.00pm** Greatest Games **5.00** Premier League Football **6.30** Legends (AD) **7.00** Review **8.00** Soccerbox **9.00** Review **10.00** The Debate **11.00** Best Goals (AD) **12 midnight** The Debate **1.00am** Premier League Years (AD) **3.00** Greatest Games (AD) **4.00** Best Goals (AD) **5.30–6.00am** 100 Club (AD)

Sky Cricket

Sky 404 **Virgin** 514/**HD** 504 **BT** 423/**HD** 443

6.00am Greatest Games (AD) **7.00** Best of England v Australia (AD) **8.00** Greatest Games (AD) **9.00** How The 2007 World Cup Was Won (AD) **12 noon** Cricket's Greatest Games (AD) **1.00pm** Best of England v Australia (AD) **2.00** Greatest Games (AD) **3.00** How The 2007 World Cup Was Won (AD) **6.00** Women's World T20 Cricket: a rerun of the second semi-final **10.00** How The 2007 World Cup Was Won: highlights of Australia's victory (AD) **1.00am** Best of England v Australia (AD) **2.00** Greatest Games (AD) **3.00** Best of England v Australia (AD) **4.00** Greatest Games (AD) **5.00–6.00am** Best of England v Australia (AD)

Sky Action

Sky 408 **Virgin** 518/**HD** 508 **BT** 427/**HD** 447

6.00am Boxing Gold **7.00** Sporting Records (AD) **8.00** NFL: a Football Life (AD) **9.00** NFL: America's Game (AD) **10.00** Records (AD) **11.00** NFL **12 noon** NFL: a Football Life (AD) **1.00pm** Sporting Records (AD) **2.00** Darts Gold (AD) **2.30** Boxing Gold **3.30** Darts Gold (AD) **4.30** Sporting Records (AD) **5.30** Fishing **6.00** Pro-Football Talk **8.00** NFL **10.00** Fishing **10.30** Darts Gold (AD) **11.00** NFL: a Football Life (AD) **12 midnight** NFL: America's Game (AD) **1.00am** Super League Gold (AD) **2.00** NFL Greatest Games (AD) **3.30** Darts Gold **4.00** Sporting Records (AD) **5.00–6.00am** Sporting Greats (AD)

Sky Arena

Sky 408 **Virgin** 518/**HD** 508 **BT** 427/**HD** 447

6.00am Sporting Greats (AD) **7.00** Super League Gold (AD) **8.00** Super League **8.30** Sporting Greats (AD) **9.00** Sporting Records (AD) **10.00** Boxing Gold (AD) **10.30** Super League **11.00** Super League Gold (AD) **12 noon** Super League **12.30pm** Sporting Greats (AD) **2.00** NBA Classic Games (AD) **4.30** Netball: London Pulse v Celtic Dragons **6.30** Super League **7.00** Super League Gold (AD) **8.00** NBA Classic Games (AD) **9.00** Super League **9.30** NBA GameTime **10.00** NBA Heatcheck **11.00** NBA: the Warm Up **12 midnight** NBA Classic Games (AD) **2.00am** Super League Gold (AD) **3.00** Records (AD) **4.00** Greats (AD) **5.00–6.00am** Sporting Records (AD)

Eurosport 1

Sky 410 **HD** **Virgin** 521

6.00am Alpine Skiing **7.00** Cycling **8.00** Snooker **10.00** Motocross **10.35** Fencing **11.40** Table Tennis **12.40pm** Cycling: Paris-Nice **1.40 LIVE Cycling** Stage three of the Paris-Nice race, a 212.5km route from Chalette-sur-Liong to La Chatre. **3.40** Cycling **6.00** Alpine Skiing **8.00** Cycling **10.00** Ski Jumping **11.00** Cycling **1.00am** Triathlon **2.00** Cycling **4.00** Ski Jumping **5.00–6.00am** Alpine Skiing

BT Sport 1

Sky 413 **Virgin** 527 **BT** 408/**HD** 430

6.00am Fishing (AD) **7.00** WWE (AD) **8.45** Early Kick-Off **9.00** Premier League Review **10.00** Premier League World **10.30** Champions League **11.00** Europa League Magazine **11.30** SPFL Highlights **11.45** Goals Reload **12 noon** Non-League Highlights **12.30pm** Rugby Union: Premiership **3.00** French Football **4.00** Wrestling (AD) **5.00** Non-League Football **7.00** BT Sport Films: True Grit (AD) **8.00** Wrestling: more WWE action **12.15am** 30 for 30: Nature Boy (AD) **1.45** Poker: World Series **3.45** Badminton **5.45–6.00am** MotoGP

BT Sport 2

Sky 414 **Virgin** 528 **BT** 409/**HD** 431

6.00am Squash **7.00** Hockey: Pro League action **11.00** MotoGP: Qatar **3.00pm** Premier League Review **4.00** Champions League Highlights **5.00** BT Sport Films: Greavsie (AD) **7.00 LIVE Champions League Football** RT RB Leipzig v Tottenham Hotspur, the round of 16 second leg at Red Bull Arena (kick-off **8.00**). **See page 74.** **10.30** Premier League Reload **10.45** MotoGP Rewind **11.00 LIVE NHL** Toronto Maple Leafs v Tampa Bay Lightning at Scotiabank Arena (face-off **11.00**). **1.30am** Champions League Highlights **3.30** Dan Hardy's Open Mat **4.00** German Football: highlights **5.00–6.00am** French Football

BT Sport 3

Sky 417 **Virgin** 529 **BT** 410/**HD** 432

6.00am German Football: highlights **7.00** French Football: Ligue 1 action **2.30pm** German Football **4.30** Italian Football **5.00** Europa League Football **5.30** Champions League Magazine **6.00** Early Kick-Off: football chat **6.15** Champions League Finals (AD) **6.45** Champions League Highlights **7.45 LIVE Champions League Football** Valencia v Atalanta, the round of 16 second leg at Estadio de Mestalla (kick-off **8.00**). **10.30** Italian Football **11.00 LIVE Basketball** A double bill of US college games. **3.00am** MotoGP: Grand Prix of Qatar **5.00–6.00am** Squash

BT Sport ESPN

Sky 423 **Virgin** 530 **BT** 411/**HD** 434

6.00am Around the Horn **6.30** Pardon the Interruption **7.00** ESPN FC **7.30** Major League Baseball **10.30** X Games **12 noon** ESPN FC **12.30pm** Pardon the Interruption **1.00** XFL **3.30** In Depth with Graham Bensinger **4.00** Around the Horn **4.30** ESPN FC **5.00** XFL **7.30** In Depth with Graham Bensinger **8.00 LIVE Major League Baseball** San Francisco Giants v Chicago Cubs, the spring training game from Arizona (start time **8.05**). **11.00 LIVE Basketball** A double bill of US college games. **3.00am** XFL **5.30–6.00am** In Depth with Graham Bensinger

Eurosport 2

Sky 411 **Virgin** 522 **BT** 413/**HD** 436

6.00am Ski Jumping **7.00** Olympics **8.00** Cycling **10.00** Ski Jumping **11.00** Triathlon **11.30** Snooker **1.45pm** World Superbikes **2.50** Ski Jumping **3.50 LIVE Ski Jumping** **5.45** Snooker **8.00** Ski Jumping **9.00** Biathlon **10.00** Alpine Skiing **11.00** Ski Jumping **12 midnight** Alpine Skiing **1.05am** Biathlon **1.45** Volleyball **2.00** Olympics: Hall of Fame **3.00** Snooker **5.00–6.00am** Cycling

WEDNESDAY Choices The pick of today's TV



GOOD SPORTS From left: Krishnan Guru-Murthy, Dr Zoe Williams, Frankie Bridge, Nick Grimshaw, Louise Minchin, Rob Rinder, Karim Zeroual and Samantha Womack

PICK OF THE DAY

The Heat Is On: Sport Relief *8.00pm* ***BBC1***

DOCUMENTARY Anyone who watched BBC *Breakfast* presenter Louise Minchin's daily bulletins from the Namib desert in Africa will know that this was the most brutally punishing of fundraising challenges.

Minchin and her little band of brothers and sisters – *Strictly's* Karim Zeroual, Frankie Bridge from the Saturdays, newsreader Krishnan Guru-Murthy, Radio 1's Nick Grimshaw, Rob (Judge) Rinder, *EastEnders'* Samantha Womack and Dr Zoe Williams – forged their way through the desert with a series of challenges, including cycling, skiing and walking. It all became too much for Grimshaw at one point. As was widely reported, medics decided he should miss one of the daily tasks due to acute heat exhaustion – he had a body temperature of 40 degrees.

How different it could all have been: original plans, where the group would have to cross a 100-mile frozen lake in Mongolia, were dropped in the light of the coronavirus outbreak. **ALISON GRAHAM** *See feature: page 20*

The Budget

11.15am ***BBC2,*** *12 noon* ***ITV***

POLITICS There might be an odd atmosphere in the Commons today: for various reasons, new Chancellor Rishi Sunak's first Budget doesn't quite feel like a real statement of his intent. How Brexit shakes out is likely to be of more concern to most people in 2020 than whether Sunak tweaks this tax or raises that duty, and the response from the bench opposite will come from John McDonnell, who will soon be gone when Labour's new leader is elected.

Then there are the whispers about whether, in the Dominic Cummings era, Sunak is really in charge of the Treasury anyway. Trying to make sense of it all are political editors Laura Kuenssberg (BBC) and Robert Peston (ITV). **JACK SEALE**

Champions League Football

7.00pm (k/o 8pm) ***BT Sport 2***

SPORT Liverpool v Atlético Madrid Despite their flawless record of 26 wins and one draw in the Premier League this season (at the time of going to press), Liverpool's European report card is a little less stellar: they were defeated by Napoli in their opening group fixture, and then lost to Atlético Madrid by a single goal in the first leg of this tie.

But now the Reds have the chance to right their wrongs, as Atléti come to Anfield. The Spaniards will be all too aware of what happened to their countrymen when Barcelona took to that hallowed turf last year – but if anyone's equal to the challenge, it's Diego Simeone's well-drilled foot soldiers. **HANNAH SHADDOCK**

Grand Tours of Scotland's Lochs

7.30pm ***BBC2***

DOCUMENTARY Presenter Paul Murton searches for magic and enchantment in the latest leg of his trip, around the lochs of Sutherland and Easter Ross. He hears tales of Brahan Seer, said to have forecast the bloody battle of Culloden. The unfortunate Seer died after being hurled off a pier in a burning barrel of tar. Murton notes wryly: "It's a shame he didn't see that coming."

Murton also visits a spot associated with "the wickedest man in the world", occultist Aleister Crowley, and hears a surprising story of his compassion. He ends on a sad note as he finds out about Janet Horne, the last woman to be burned as a witch in Scotland. **AG**

Child of Our Time: Turning 20

9.00pm ***BBC2***

DOCUMENTARY After a headline-grabbing launch in 2000, the BBC appeared to lose faith in its millennium baby project. Updates became less frequent: this is the first episode in three years. It's no surprise, then, that it all feels rushed, with archive material battling for screen time with new interviews.

With the 21st century having seen a societal shift towards such issues as same-sex relationships and mental health, you'd have thought there'd be enough footage to fuel a whole series. But the allotted 60 minutes results in the surface being merely skimmed. Let's hope it's enough to spark fresh viewer interest. **DAVID BROWN**

Coronation Street (7.30, 8.30pm ITV) has never really known what to do with Dr Ali (James Burrows). At one point, it looked as though he was going to become an unhinged killer. A couple of months later, he'd developed a brief addiction to painkillers. Now, he's at the centre of this underpowered rivalry with Gary for the affections of Maria (Samia Longchambon). No wonder that, by Friday, he's deciding to move away. He's probably sick of not knowing who he is from one day to the next.

TODAY IN SOAPLAND



Anyone wondering whether the Devereaux clan on **Hollyoaks** (6.30pm C4) had been named in a nod to *Dynasty* will get their answer tonight when they deliver on their brief to provide some melodrama. Mitchell is attempting to come to terms with the events of his birthday party, but what does this mean for the sibling secret that threatens to detonate those family ties? And might this week's action pave the way for the arrival of Richard Blackwood as Mitchell and Toby's dad Felix? **DAVID BROWN**

The Trouble with Maggie Cole

9.00pm ***ITV***

DRAMA Suspend your disbelief, no British radio station would broadcast Maggie Cole's drunken river of libel and slander, and no British local paper would repeat the allegations – with photos of everyone she denounced.

But that's what happens and Maggie (Dawn French) faces the fallout. Her best friend (Julie Hesmondhalgh) won't speak to her and the local doctor (Chetna Pandya) is boiling with fury.

Worse, Maggie's woes are trending on social media, and when she tries to apologise, her overtures are rebuffed. But we learn that Maggie's "victims" do actually have secrets, though not what she thinks. It's insubstantial fun, and the Cornish setting is a creamy, sunny delight. **AG**

The Undateables

9.00pm ***C4***

ENTERTAINMENT "It feels like fireworks are going off. Like at the magic kingdom at Disney World." The wholesome dating series, following young adults with autism or learning difficulties as they navigate new romance, is back, and as affirmative as ever. We meet Shantae, 22, who wants to meet a man who is as big a diva as she is; Sam, 28, who has keen interests he wants to share (his date likes Robbie Williams, but does she also like horses?); and Nicholas, 26, an amateur football commentator who has made a list of conversation-starters on his phone, but must remember not to bamboozle his companions with facts and figures.

Even the dates that don't quite work out are a delight. **JS**

The Great Pottery Throw Down

9.00pm ***More4***

ENTERTAINMENT We're down to the final three, and the last project of the series is a doozy, as our potters must channel their inner Lewis Carroll and create a tea set worthy of a Mad Hatter. How often have you suffered from a dripping teapot? You just know that it'll be the first thing judges Sue Pryke and Keith Brymer Jones will be checking out.

They've been a good team since the transfer from the BBC to More4 – firm but fair, and I've not noticed as many tears – and Melanie Sykes has been a hoot as the host. There's also, we're told, a very tough throwing challenge: will there be scenes at the wheel before the winner's announced? **GILL CRAWFORD**

MODERN FAMILY
Oaklee Pendergast, Youssef Kerkour, Rufus Jones and Rebekah Staton



Home

10.00pm ***C4***

SITCOM The fact that *Home* has one foot in the sitcom camp and one foot in drama has occasionally made it feel unsteady. But boy, when it's good, it's great.

Writer/star Rufus Jones has become more and more skilled at delivering heavy storylines with a light touch. There are good gags ("Who was it who said long shots can come true?" "I don't know – Lee Harvey Oswald?") and tart observations ("You never really leave teaching. It's like the Mafia, or LinkedIn.") And there's a wonderful moment tonight when Jones slams the door on what could potentially be a soppy, uplifting set piece, stopping it dead in a way very few writers would dare.

Meanwhile, on the plot side of things, last week's awkward revelations have sent Sami spiralling onto a new path, and the family's search for him takes them further afield – a lot further. **DAVID BUTCHER**

DISCOVER TV

The best of streaming and catch-up



Hometown

BBC3, iPlayer

Mobeen Azhar's disturbing documentary series returns with two new episodes. When last we saw him in 2019, he'd just published a newspaper article about the death of Huddersfield man Yassar Yaqub – whose story had led Azhar, across six intriguing episodes, to uncover the truth about the town's heroin trade. With the silence around the community's problem now broken, what next?

DISCOVER TV KIDS

Big City Greens

5.00pm ***Disney XD (Sky 611, Virgin 707), DisneyLife***

More fun with the country folk causing chaos in town. Today, Cricket discovers he can influence the family's dreams, with odd real-life results. **JS**

BEST LIVE SPORT



■ **Women's Football: England v Spain** *10pm (kick-off 10.15pm)* ***BBC4*** Bethany England aims to shine at the SheBelieves Cup.

■ **Racing: Cheltenham Festival, day two** *1pm* ***ITV4;*** *2pm* ***ITV*** Five big races on Ladies' Day.

■ **Champions League Football: Liverpool v Atlético Madrid** *7pm (kick-off 8pm)* ***BT Sport 2;*** **Paris St-Germain v Dortmund** *7.15pm (kick-off 8pm)* ***BT Sport 3***

FILM OF THE DAY

The Strange Love of Martha Ivers

3.20pm ***Talking Pictures TV***

Barbara Stanwyck is the eponymous protagonist in this film noir. **See page 38**

SHUTTERSTOCK

WEDNESDAY Main Channels

DAYTIME

BBC1

6.00am Breakfast Louise Minchin, Dan Walker. (S) (HD)
9.15 Crimewatch Roadshow Live Michelle Ackerley visits some emergency teams to learn how they have helped keep people safe during recent flooding. (S) (HD)
10.00 Homes under the Hammer In Greater Manchester, Derbyshire and south London. (R) (S) (HD)
11.00 Dom Does America Dominic Littlewood works on a cattle ranch in Austin, Texas. (R) (S) (AD) (HD)
11.45 Saved on Camera A young boy has to take control of the car when his mother has a seizure. (S) (HD)
12.15pm Bargain Hunt Scouring an antiques fair at the National Botanic Garden of Wales. (R) (S) (AD) (HD)
1.00 BBC News Regional News; Weather (S) (HD)
1.45 Doctors Valerie helps a cancer patient face up to some surprising news. (S) (AD) (HD)
2.15 Five Bedrooms *2/8*. A housewarming causes squabbles. The series is available on iPlayer. (S) (AD) (HD)
3.00 Escape to the Country A couple search for a new home in Devon. Repeated tomorrow 7.15am BBC2 (S) (AD) (HD)
3.45 Money for Nothing Transforming a trio of metal lights. Repeated tomorrow 6.30am BBC2 (S) (HD)
4.30–5.15 Ready Steady Cook Friends Ola and Rhesa compete in the culinary contest. (S) (HD)

BBC2

6.30am Money for Nothing Shown Tue 3.45pm BBC1 (S) (HD)
7.15 Ready Steady Cook Shown Tue 4.30pm BBC1 (S) (HD)
8.00–9.00 Sign Zone 8.00 Great British Railway Journeys Michael Portillo learns how tourism spread across Somerset. (R) (S) (AD) (HD) **8.30 Yorkshire Walks *4/4*.** Shanaz Gulzar walks through the Bolton Abbey Estate. (R) (S) (HD)
9.00 BBC News (S) (HD)
BBC RED BUTTON 9.00am–11.00pm Badminton The All England Championships from the Birmingham Arena
10.00 Victoria Derbyshire Current affairs. (S) (HD)
11.00 BBC Newsroom Live The latest news. (S) (HD)
11.15 Politics Live: the Budget RT Andrew Neil presents coverage of the Budget, with analysis by Laura Kuenssberg, Faisal Islam and Simon Jack. Includes Prime Minister's Questions at **12 noon**. **See p84.** (S) (HD)
3.00pm Red Rock *Series 3*. Dunne does everything he can to damage Aoife's credibility. (R) (S) (AD) (HD)
3.45 The Great Interior Design Challenge The three remaining designers redesign a kitchen. (R) (S) (AD) (HD)
4.45–5.15 Portillo's State Secrets Michael Portillo examines the state's strategy on Scientology. (R) (S) (AD) (HD)

ITV

6.00am Good Morning Britain (S) (HD)
9.00 Lorraine Health, fashion and showbiz. (S) (HD)
10.00 This Morning Celebrity guests, cookery and lifestyle features. Including **Regional Weather** (S) (HD)
12 noon ITV News Special: the Chancellor's Budget RT Live coverage of the 2020 Budget Statement. **See p84.** Including **Regional News; Weather**. (S) (HD)
2.00pm LIVE Racing: Cheltenham Festival Day two of the national hunt festival, featuring the Queen Mother Champion Steeple Chase at **3.30**, plus starts at **2.10**, **2.50** and **4.10**. (S) (HD)
4.30–5.00 Tipping Point: Best Ever Finals The quiz show's most dramatic endgames. (S) (HD)

Channel 4

6.30am Cheers Double bill of the comedy. (R) (S) (HD)
7.20 The King of Queens Two episodes. (R) (S) (AD)
8.10 Everybody Loves Raymond Double bill. (R) (S) (AD)
9.10 Frasier Two episodes of the sitcom. (R) (S) (AD)
10.10 Undercover Boss Canada Calgary Transit director Doug Morgan goes under cover. (R) (S) (HD)
11.05 Ramsay's Kitchen Nightmares USA Helping a Danish restaurant in Miami. (R) (S) **12 noon News** (S) (HD)
12.05pm Come Dine with Me From Exeter. (R) (S) (HD)
1.05 Posh Pawnbrokers Dan examines an inherited collection of Swarovski crystals. (R) (S) (HD)
2.10 Countdown Jeremy Thompson guests. (S) (HD)
3.00 A Place in the Sun Advice for a couple seeking a holiday home in Spain for £60,000. (R) (S) (HD)
4.00–5.00 A New Life in the Sun: Where Are They Now? Catching up with a Blackpool family who set up a classic car-parts business in France. (R) (S) (HD)

BBC1

The Heat Is On: Sport Relief *8.00pm* Louise Minchin is among a group tackling the Namib desert



5.15pm Pointless
Quiz in which contestants try to score the fewest points possible. Presented by Alexander Armstrong.
Director Will Clough; Executive producers Tom Blakeson and Tamara Gilder (R) (S) (HD)

6.00 BBC News Weather (S) (HD)

6.30 Regional news magazines (S)
Followed by **Party Political Broadcast** By the Liberal Democrats. (S) (HD)

7.00 The One Show
Presented by Alex Jones and Matt Baker.
Executive producer Michael Armit (S) (HD)

BBC SPORT ONLINE 7.00–10.30 5 Live Final Score Radio 5 Live football scores and updates, including the second leg of Liverpool's Champions League last–16 match against Atlético Madrid, available at bbc.co.uk/sport

8.00 The Heat Is On: Sport Relief
RT After a last-minute itinerary change, eight celebrities will attempt to cross the world's oldest desert in Namibia by foot, by bike and on "sand skis". To help raise money and highlight the problem of the stigma surrounding mental health, Nick Grimshaw, Frankie Bridge, Rob Rinder, Krishnan Guru-Murthy, Karim Zeroual, Samantha Womack, Dr Zoe Williams and Louise Minchin will travel over 100 miles and scale the highest sand dunes on Earth in blistering temperatures, in order to reach the *Eduard Bohlen* shipwreck on the Skeleton Coast. **See page 84.**
Director Tom Williams; Executive producer Tom Hutchings (S) (HD)
See feature: page 20

9.00 MasterChef
Six more contestants prepare their signature dish for John and Gregg, who will decide which two go straight to today's last challenge. The remaining four get creative with lamb, aubergine and red pepper, after which two will be going home. The surviving four must cook two courses to wow John, Gregg and three guest judges, including former champion Tim Anderson. The three who impress the most will return in the quarter-final, tomorrow at 8pm.
Series producer Diccon Green; Editor Steve Wey (S) (AD) (HD)

10.00 BBC News Regional News; Weather (S) (HD)

10.35 Eating with My Ex
9/10. Ryan hopes to win Faye back, and Nick wants to know if ex-girlfriend Tiff cheated on him. (S) (HD)
11.05 *10/10.* Winston wants to know why Shannon ended their two-year relationship and if they warrant a second chance. The whole series is available on iPlayer.
Director Paul Mackay; Series producer Melissa Waterson (S) (HD)

11.25 Killing Eve
5/8 *Series 1.* **I Have a Thing about Bathrooms**
Having survived a close call with Villanelle, Eve and the team now have the mole retrieved. In a safe house, they question their prisoner, hoping to get information that could lead them to Villanelle. (R) (S) (AD) (HD)
12.05am *6/8*. Take Me to the Hole! When one of the assassins sent to kill Frank ends up in a Russian prison, Eve and Carolyn travel to Moscow to question her. The whole series is available on iPlayer.

Villanelle	**Jodie Comer**	Nadia	**Olivia Ross**
Eve Polastri	**Sandra Oh**	Vladimir	**Laurence Possa**
Konstantin Vasiliev	**Kim Bodnia**	Agniya	**Zhenya Leverett**
Kenny Stowton	**Sean Delaney**	Frank Haleton	**Darren Boyd**
Elena Felton	**Kirby Howell-Baptiste**	Max Sanford	**Ken Nwosu**
Carolyn Martens	**Fiona Shaw**	Dominik Wolanski	**Billy Matthews**
Niko Polastri	**Owen McDonnell**		

Dramatised by Phoebe Waller-Bridge; Producer Colin Wratten
Director Jon East (R) (S) (AD) (HD)

12.50 Weather for the Week Ahead (S) (HD)
12.55–6.00am BBC News (S) (HD)

BBC1 **Freeview** 1/HD 101 **Freesat** 101/HD 106 **Sky** 101/HD 115 **Virgin** 101/HD 108

BBC2

Child of Our Time: Turning 20 *9.00pm* Rhianna's formative years were affected by tensions at home



5.15pm Flog It!
In Huddersfield, Nick Davies spots a bobbin holder that reveals the town's textile heritage, while Christina Trevanion finds some glass scent bottles. (R) (S) (HD)

6.00 Richard Osman's House of Games
Former winners Hugh Dennis, Sarah Greene, Nish Kumar and Holly Walsh test their knowledge in a series of trivia-based games across the week.
Director John Smith; Executive producer Tamara Gilder (S) (HD)

6.30 Great British Railway Journeys
Ealing Broadway to South Kensington. Michael Portillo heads underground to see how a new super sewer is taking shape beneath the River Thames, before trying Japanese martial arts. (R) (S) (AD) (HD)
RT TRAVEL Visit radiotimes.com/rail for a great collection of adventures by train

7.00 The Andrew Neil Show
Interviews, discussion and analysis from Westminster with Andrew Neil and guests.
Editor Hugh Milbourn (S) (HD)

7.30 Grand Tours of Scotland's Lochs
RT ***2/6*** *Series 3.* Paul Murton travels around the firths of Easter Ross and Sutherland, beginning at Loch Ussie – famous for its connections with the Brahan Seer, who predicted future calamities. On a golf course above Strathpeffer he discovers an unlikely link between the conventional old spa town below and occultist and author Aleister Crowley, before heading for the Dornoch Firth, where he encounters a witch and a fairy bridge. **See page 84.**
First shown on BBC1 Scotland (S) (HD)

8.00 Saving Lives at Sea
In Newquay the lifeboat crew are called to one of the many shipwrecks lying on the seabed off the Cornish coast. A diver has been found unconscious without his mouthpiece more than 30 metres under the waves. Meanwhile, lifeboat crew weave their way through the busy Dover Strait shipping lane in response to a call from a yacht taking on water, and a windsurfer has got caught in a storm in Dorset.
Directors Phil Broadhurst, Luke Proctor and Dominick French
Series producer Alex Raw (R) (S) (AD) (HD)

9.00 Child of Our Time: Turning 20
RT In this latest instalment of the *Horizon* documentary series, three of the children – Eve, Jamie and Rhianna – share their experiences of finding friends and their turbulent teenage years. Alongside the fun of childhood they have all faced challenges, but are keen to point out that rebellion, family tension and bereavement played a part in making them the adults they are today. **See page 84.**
Executive producer Sacha Baveystock (S) (AD) (HD)

10.00 Live at the Apollo
The Last Leg's Josh Widdicombe warms up the crowd at London's Hammersmith Apollo, before introducing sets from Australian comic Celia Pacquola and home favourite Nathan Caton.
Director Paul Wheeler; Series producer Anthony Caveney (R) (S) (HD)

10.30 Newsnight With Emily Maitlis. (S) (HD)

11.10 Weather (S) (HD)

11.15 Dragons' Den
9/14 *Series 17.* Would-be entrepreneurs include two low-alcohol brewers. **See choice, page 55.**
Shown Sunday 9pm (S) (AD) (HD)

12.15–2.15am Sign Zone 12.15 Universal Credit: inside the Welfare State *3/3*. In Bolton, Jenny, 20, struggles with Universal Credit and zero-hour contracts. (R) (S) (HD)
1.15 Hospital *2/8*. A team try to save the life of a man who has been stabbed in the chest. (R) (S) (HD)

BBC2 **Freeview** 2/HD 102 **Freesat** 102 **Sky** 102 **Virgin** 102

ITV



The Trouble with Maggie Cole *9.00pm* Maggie is desperate to make amends for her indiscreet talk

5.00pm The Chase
Bradley Walsh presents the quiz. (R) (S) (HD)

6.00 Regional News Weather (S) (HD)

6.25 Party Political Broadcast
By the Liberal Democrats. (S) (HD)

6.30 ITV Evening News Weather (S) (HD)

7.00 Emmerdale
Cain faces up to Malone, while Vanessa decides it's time to tell everyone about her diagnosis.
Writer Sarah Bagshaw Cast Tuesday and Thursday
Rptd tomorrow 7.50am and 12.15pm ITV2 (S) (AD) (HD)

7.30 Coronation Street
Ali assures Ryan that Gary, or someone hired by Windass, must have spiked his drink.
Writer Jayne Hollinson This week's episodes produced by Iain MacLeod, directed by David Moor and Audrey Cooke Cast Mon/Fri
Rptd tomorrow 8.20am and 12.45pm ITV2 (S) (AD) (HD)
Today in Soapland: page 85

8.00 Harry Redknapp's Sandbanks Summer
4/4. As the Redknapps gather for a trip to Brownsea Island, Harry springs a surprise on his family – he is going to catch and prepare dinner, despite not cooking for wife Sandra for 40 years. But a shock awaits on the island when their tents aren't pre-pitched. The next day, Jamie Redknapp and his son Beau take on Harry at crazy golf, and it soon becomes clear that the family's competitive streak runs deep.
Series producers Isobel Williams and Rachel Viner
Executive producer Simon Andreae (S) (AD) (HD)

8.30 Coronation Street
Ali takes Maria on a terrifying car ride. Yasmeen takes Geoff's side against Alya.
Writer Joe Turner
Repeated tomorrow 8.50am and 1.15pm ITV2 (S) (AD) (HD)

9.00 The Trouble with Maggie Cole
RT ***2/6.*** Maggie is desperate to apologise to everyone she has upset after her radio interview goes viral and the village is left reeling from the revelations. Meanwhile, Jill starts to bond with two fellow members of the "outed six", Marcus and Roxanna. **See page 85.**

Maggie Cole	**Dawn French**	Emil Dubiki	**Tomi May**
Peter Cole	**Mark Heap**	Josh Roberts	**Rocco Padden**
Dr Carol Tomlin	**Chetna Pandya**	Alan Tomlin	**Jason Bailey**
Karen Saxton	**Vicki Pepperdine**	Liam Myer	**Laurie Kynaston**
Jill Wheadon	**Julie Hesmondhalgh**	Jenny Myer	**Karen Henthorn**
Roxanna Dubiki	**Emily Reid**	Betty Jarvis	**Jessica Fostekew**
Brian Daniels	**Lee Boardman**	Tommy Jarvis	**Jamie Talbot**
Sydney Hurst	**Hollie Edwin**	Megan	**Elizabeth Bower**
Kelly Roberts	**Kerry Howard**	Marcus Ormansby	**Patrick Robinson**
Alex Myer	**Arthur Mcbain**	Hayley	**Suri Tang**
Neil Roberts	**Joe Layton**	Christopher	**Ashleigh Reynolds**
Jamie Cole	**Phil Dunster**	Jane	**Lucinda Holloway**
Becka Cole	**Gwyneth Keyworth**		

Writer Mark Brotherhood; Director Ben Gregor
Producer Joanna Hanley (S) (AD) (HD)

10.00 ITV News at Ten
Weather; Regional News and Weather (S) (HD)

10.45 Peston
Political magazine with Robert Peston.
Executive producers Rachel Corp, Mark Rubens and Geoff Hill
Series editor Vicky Flind (S) (HD)

11.45 Tenable
Five contestants from Yorkshire compete. (R) (S) (HD)

12.45am Home Shopping (HD)
3.00 Broadchurch *3/8* *Series 3.* Mark has some unwelcome news for Beth. (R) (S) (SL) (AD) (HD)
3.50 Nightscreen Text information. (HD)
5.05–6.00am Judge Rinder (R) (S) (SL) (HD)

ITV Freeview 3/HD 103 Freesat 103/HD 111 Sky 103 Virgin 103/HD 113
+1 Freeview 33 Freesat 112 Sky 203 Virgin 114

Channel 4



Home *10.00pm* John and Peter embark on a desperate quest to track down the missing Sami

5.00pm Four in a Bed
A couple are left cold by the remote-controlled heating at No. 16 in Seaham, County Durham. (S) (HD)

5.30 Come Dine with Me
A pre-packed salmon dish and a dessert disaster are on the menu in Edinburgh tonight. (S) (HD)

6.00 The Simpsons
The City of New York v Homer Simpson. The family takes a bus trip to the Big Apple. (R) (S) (AD)

6.30 Hollyoaks
Mitchell tries to come to terms with events.
Writer Steve Hughes This week's episodes directed by Miguel Guerreiro Cast Thu/Fri Shown yesterday 7pm E4 Repeated tomorrow 6.30am E4 The next episode follows on E4 (S) (AD) (HD)
Today in Soapland: page 85

7.00 Channel 4 News Sport; Weather (S) (HD)

8.00 Location, Location, Location
New series. Ep 1. Kirstie Allsopp and Phil Spencer return to help first-time buyers navigate the Bristol market. Kirstie's helps Liz and Ben who want to buy in Clifton where they've been renting. Meanwhile, Phil's searching for Greg and Joanna, who want a family-friendly area.
Directors Julyan Sinclair and Simon Joslin; Series producer Abi Judge Repeated tomorrow 8pm 4seven (S) (HD)

9.00 The Undateables
RT ***New series. Ep 1*** *Series 11.* Nicholas, a budding sports commentator with Asperger's syndrome, has the gift of the gab when it comes to sport, but is lost for words when it comes to love. Shantae, who has Down's syndrome, goes to the Pentecostal church every Sunday with her family and dreams of meeting a religious family guy. The whole series is available online on All 4. **See p85.**
Series producer Matt Margrett; Executive producer Chantal Boyle
Repeated 12.10am 4seven and tomorrow 1am C4 (S) (AD) (HD)

10.00 Home
RT ***6/6*** *Series 2.* While Katy faces an uncertain future, John is keen to make amends with Sami, but first the family must find him. The entire series is available online on All 4. **See page 85.**

Peter	**Rufus Jones**	Yasmine	**Nathalie Armin**
Katy	**Rebekah Staton**	Raj	**Aaron Neil**
Sami	**Youssef Kerkour**	Jalaal	**Ammar Haj Ahmad**
John	**Oaklee Pendergast**	Diana	**Carrie Quinlan**
Victor	**Syrus Lowe**	School kid	**Evie Louw**

Writer Rufus Jones; Director David Sant; Producer Adam Tandy
Signed repeat tomorrow 1.55am (S) (AD) (HD)

10.35 The Great Celebrity Bake Off for Stand Up to Cancer
Ep 1 *Series 3.* Louis Theroux, Jenny Eclair, Russell Howard, and Ovie Soko join Sandi Toksvig and Noel Fielding in the tent with the aim of impressing Paul Hollywood and Prue Leith. They create a giant biscuit, make a classic bake for the technical challenge and a showstopping choux sculpture.
See choice, page 74. Shown yesterday 8pm (S) (AD) (HD)

11.50 Gogglebox
Ep 3. Reviews of recent TV. Shown last Fri (S) (AD) (HD)

12.50am The Windsors *3/6* *Series 3.* Charles befriends a blind man who does not know who he is.
See choice, p75. Shown yesterday 10.15pm (S) (SL) (AD) (HD)
1.20 Ramsay's Kitchen Nightmares USA Helping a health-food restaurant in Los Angeles. (R) (S)
2.10 Come Dine with Me In Merseyside. (R) (S) (HD)
3.05 My Family and the Galapagos *3/4* *Series 2*
The pressures placed on the islands. (R) (S) (SL) (AD) (HD)
4.00 Grand Designs A large London home. (R) (S) (AD) (HD)
4.55 Location, Location, Location Phil is reunited with couples who had difficulty compromising. (R) (S) (HD)
5.50–6.30am Countdown (R) (S) (HD)

Channel 4 F'view 4/HD 104 F'sat 104 Sky 104/HD 138 Virgin 104/HD 141
+1 Freeview 15 Freesat 121 Sky 204 Virgin 142

BBC4



Bloody Queens: Elizabeth and Mary *9.00pm* Elizabeth I is forced to make a hard decision

7.00pm Beyond 100 Days (S) (HD)
Followed by **Weather** (S) (HD)

7.30 Handmade on the Silk Road
1/3. **The Weaver.** Focusing on the traditional crafts along the ancient trade route of the Silk Road, and the techniques used by master craftsmen at work. The first edition follows weaver Mattursun Islam and his family as they produce silk in the Uyghur community in north-west China.
Director/Producer Jon Morrice (R) (S) (AD) (HD)

8.00 The Victorian House of Arts and Crafts
2/4. The crafters continue restoring a Victorian Arts and Crafts commune under the watchful gaze of Anita Rani, Keith Brymer Jones and Patch Rogers. Tonight, the group must attempt to restore a master bedroom to its former glory, creating a double bed and bedspread, a bedside clock and a plaster wall decoration – in just one week.
Executive producers Nick Catliff and Lisa Hazlehurst
Series editor Jeremy Daldry Signed repeat 3am
First shown on BBC2 (S) (AD) (HD)

9.00 Bloody Queens: Elizabeth and Mary
The relationship between Elizabeth I and Mary, Queen of Scots – who never actually met – is explored in this drama documentary, using reconstructions and expert opinion to bring letters between the two to life. Of all the dangers the Tudor monarch had to survive – the Spanish Armada, a Catholic continent plotting against her, nobles uneasy at her refusal to marry – none was so personally intense as the perilous rivalry with her cousin Mary.

Elizabeth I	**Helen Bradbury**
Mary, Queen of Scots	**Beth Cooke**
Thomas Randolph	**Adam Burton**
Lord Burghley	**Michael Jenn**
Sir James Melville	**Jamie Laird**
Lord Robert Dudley	**Simon Cotton**
Anthony Babington	**Nicholas Agnew**

Director/Producer Renny Bartlett (R) (S) (AD) (HD)

10.00 Women's Football: SheBelieves Cup
England v Spain
Coverage from Frisco, Texas, as defending champions England play their final round-robin game against debutants Spain.
England have won five of their previous twelve meetings compared with Spain's two victories, while five matches ended in a draw. When the nations last met before the 2019 World Cup, Phil Neville's team prevailed 2–1.
Coverage of USA v Japan is available on the red button from 12.50am. (S) (HD)
Sport: page 23

12.30am Blood and Gold: the Making of Spain with Simon Sebag Montefiore *3/3*
Chronicling Spain's Golden Age. (R) (S) (HD)
1.30 Treasures of Ancient Greece *3/3.* The legacy of Greek masterpieces. (R) (S) (AD) (HD)
2.30 Anni Albers: a Life in Thread
The story of the Bauhaus pioneer. (R) (S)
3.00–4.00am The Victorian House of Arts and Crafts Shown 8pm (S) (SL) (AD) (HD)

BBC4 F'view 9/HD 106 F'sat 107/173 Sky 116 Virgin 107

Regional variations

BBC1 SCOTLAND
12.50am Debate Night **1.50** The Edit: with Amy Irons **2.05** Weather for the Week Ahead **2.10–6.00** BBC News

BBC SCOTLAND
As BBC2 until:
2.30pm Politics Scotland **3.30** Red Rock **4.15–5.15** The Great Interior Design Challenge **7.00** Growing Up in Scotland: a Century of Childhood **8.00** Corner Shop Cook-Off **9.00** The Nine **10.00** Bob Servant Independent **10.30** Debate Night **11.30** The Edit **11.45–12 midnight** Rewind 1990s: 1999

STV
6.25–6.30pm Party Political Broadcast: by the Scottish Liberal Democrats **10.00** News at Ten; STV News and Weather **10.40** Scotland Tonight; ITV Weather **11.05** Peston **12.05am** The Home Game **1.00** Nightscreen **5.05–6.00** Judge Rinder: court cases

BORDER SCOTLAND
6.25–6.30pm Party Political Broadcast: by the Scottish Liberal Democrats **10.45** Representing Border **11.15** Peston **12.10–12.45am** The Way We Were

BBC1 WALES
10.00pm BBC News; BBC Wales Today; Weather **10.30** BBC Wales Live **11.05** Eating with My Ex **11.55** Killing Eve **1.20–6.00am** BBC News

BBC2 WALES
10.00–10.30pm Young, Welsh and Pretty Minted

BBC1 NORTHERN IRELAND
10.35 The Top Table: an audience debate presented by Stephen Nolan **11.35** Eating with My Ex: double bill **12.25am** Killing Eve: double bill **1.50–6.00** BBC News

BBC2 NORTHERN IRELAND
10.00–10.30pm Spotlight: Mandy McAuley investigates why Northern Ireland has the highest suicide rate in the UK

Channel 5 listings are overleaf

WEDNESDAY Freeview

Channel 5 5



Recycling: Is it a Con? *8.00pm* Jean Johansson and Paul Connolly

F'view 5/**HD** 105 **F'sat** 105 **Sky** 105 **Virgin** 154/**HD** 105

6.00am Milkshake! See page 91
9.15 ***New.*** **Jeremy Vine** (S) (HD)
11.15 Parking Hell: at War with the Law The daily battles across Britain for parking spaces. (S) (HD) **12.10pm 5 News** (S) (HD)
12.15 Nightmare Tenants, Slum Landlords A woman visits her tenant in prison. (S) (HD)
1.10 Access (S) (HD)
1.15 Home and Away Shown yesterday 6.30pm 5 Star Rptd 6pm Channel 5 (S) (AD) (HD)
1.45 ***New.*** **Neighbours** Rptd 5.30pm (S) (AD) (HD)
2.15 Killing Your Daughter ★★ Thriller. A woman tracks down her biological parents – but they aren't best pleased. Director Craig Goldstein (2019) (S) (W) (HD)
4.00 Friends *Series 4.* Chandler gets intimate with Joey's girlfriend. (S) (HD)
4.30 Chandler is racked with guilt. (S) (HD)
5.00pm 5 News (S) (HD)
5.30 Neighbours Finn goes to confront his father. Shown 1.45pm Repeated 6pm 5 Star (S) (AD) (HD)
6.00 Home and Away Alf suggests a vigil to let the community pay their respects to the departed. Shown 1.15pm Next episode 6.30pm 5 Star (S) (AD) (HD)
6.30 5 News Tonight (S) (HD)
7.00 ***New.*** **Britain: a Year in the Wild** Revealing the hidden lives of familiar and more unusual animals. (S) (HD) Followed by **5 News Update** (S) (HD)
8.00 ***New.*** **Recycling: Is it a Con?** Paul Connolly and Jean Johansson investigate whether councils and the big-name supermarkets are as environmentally friendly as they claim. Series producer Chris Hardy Executive producer Sam Grace (S) (HD) Followed by **5 News Update** (S) (HD)
9.00 ***New.*** **Elizabeth I and II: Britain's Golden Queens** ***2/2.*** The parallel stories of Elizabeth I and Elizabeth II and two of the women that affected their lives: Mary Queen of Scots and Princess Diana. (S) (HD)
10.00 Guilty: Worst Crimes at the Old Bailey Examining the most famous criminal court in the land, and some of the cases that have been tried there, including Doctor Crippen, and John Christie. The history of the building itself is also assessed, from the creation of the first Old Bailey in 1539 to its facelift in 1907. Director/Producer James Gray (S) (HD)
11.05 Ian Huntley: Soham Murders Revisited A look at the search for Ian Huntley's victims, his arrest, and his subsequent trial and conviction. (S) (HD)
12.30am Traffic Cops (S) (HD) **1.20** ***New.*** Casino (S) (HD) **3.15** Our Dream Hotel (S) (HD) **4.00** Tribal Teens: Here Comes Trouble (S) (SL) (HD) **4.45** House Doctor (S) (SL) **5.10** Great Scientists (S) (SL) **5.35–6.00am** Wildlife SOS (S) (SL) (HD)

+1 **Freeview** 44 **Freesat** 128 **Sky** 205 **Virgin** 155

BBC4 listings are overleaf

ITV2 6



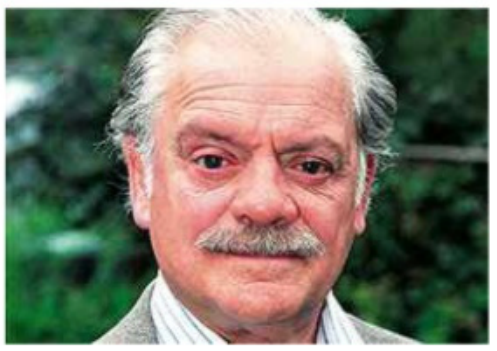
Family Guy *10.50pm* Mahmoud has plans for Muslim convert Peter

Freeview 6 **Freesat** 113 **Sky** 118 **Virgin** 115/**HD** 176

7.00am The Ellen DeGeneres Show (S) (HD) **7.50** Emmerdale (S) (SL) (AD) (HD) **8.20** You've Been Framed! Gold: Unleashed! (S) **9.20** Superstore (S) (AD) (HD) **10.15** Dinner Date (S) (AD) (HD) **11.15** Dress to Impress (S) (AD) (HD)
12.15pm Emmerdale Shown yesterday 7pm ITV (S) (AD) (HD) **12.45** You've Been Framed! Gold: Reloaded (S) **1.50** ***New.*** The Ellen DeGeneres Show: with David Beckham (S) (HD) **2.45** Dinner Date (S) (AD) (HD) **3.50** Dress to Impress (S) (AD) (HD) **4.55** Take Me Out (S) (HD)
6.00pm You've Been Framed! Gold Four back-to-back editions of comedy clips narrated by Harry Hill. (S)
8.00 Two and a Half Men ***17/22*** *Series 11.* Walden has a difficult time telling Barry to find his own place. (S) (HD) **8.30** ***18/22.*** Walden receives an invite to the opening of Kate's boutique. (S) (HD)
9.00 Family Guy *Series 11.* Lois is "discovered" by a voiceover talent agent who runs an adult-only phone line. (S) (AD) (HD) **9.30** The Griffins are invited to have their TV viewing habits monitored. (S) (AD) (HD)
10.00 Celebrity Juice ***3/11.*** Kate Nash, Laurence Fox, Maverick Sabre and Chris Ramsey are the panellists as Holly Willoughby faces off against Stacey Solomon. Keith Lemon hosts. (S) (HD)
10.50 Family Guy *Series 11.* Peter befriends a man named Mahmoud while recovering from a sky-diving accident in hospital. (S) (AD) (HD)
11.20 American Dad! *Series 13.* Francine's most intimate body part becomes "body art". (S) (AD) (HD) **11.45** *Series 12.* Stan resolves to spend more father-son time with Steve, and the pair start bowling together. (S) (AD) (HD)
12.15am Two and a Half Men (S) (HD) **1.10** Timewasters (S) (AD) (HD) **2.10** CelebAbility (S) (HD) **2.55** Totally Bonkers Guinness World Records (HD) **3.20–3.30am** Nightscreen (HD)

ITV2+1 **Freeview** 27 **Freesat** 114 **Sky** 218 **Virgin** 116

ITV3 10



A Touch of Frost *11.05pm* Jack takes a dispiriting professional gamble

Freeview 10 **Freesat** 115 **Sky** 119 **Virgin** 117/**HD** 177

6.00am Classic Coronation Street (S) **6.55** Classic Emmerdale (S) **7.55** Heartbeat (S) (AD) **8.55** Man about the House (S) **10.00** That's My Boy (S) **10.30** Agatha Christie's Marple (S) (HD)
12.40pm Heartbeat (S) (AD) **1.45** Classic Emmerdale: double bill. Jessica cannot believe Luke is involved with Tina Dingle, then Kathy invites Dave for a meal (S) **2.50** Classic Coronation Street: double bill. Bet is annoyed to hear Sean has employed Liz, then Tricia and Jamie move into Number 1 (S) **3.55** Midsomer Murders (S) (AD)
5.55pm Heartbeat Reverend Jacob Thwaite returns home to find his wife has been murdered. (S) (AD)
7.00 Agatha Christie's Poirot **The Cornish Mystery.** A client, who suspects she is being poisoned by her husband, is found dead. (S) (HD) **8.00 Five Little Pigs.** A young woman asks Poirot to investigate her father's murder – a crime for which her mother was found guilty 14 years ago. (S) (HD)

Hercule Poirot	**David Suchet**
Caroline Crale	**Rachael Stirling**
Amyas Crale	**Aidan Gillen**
Philip Blake	**Toby Stephens**
Meredith Blake	**Marc Warren**
Lucy Crale	**Aimee Mullins**
Elsa Greer	**Julie Cox**
Miss Williams	**Gemma Jones**

RT DVDs To order *Poirot: the Definitive Collection* on 35 DVDs for just £74.99 incl p&p (RRP £109.99), call 0844 848 7300 (charges apply, see p152) or visit radiotimes.com/dvds11, quoting ref RT1811

10.00 Scott & Bailey ***7/8*** *Series 2.* In a story written by Amelia Bullmore, Janet and Rachel investigate the murder of a man shot in the head. Continues tomorrow 10pm. (S) (AD) (HD)
11.05 A Touch of Frost *Series 2.* **Stranger in the House.** Frost takes the most desperate professional gamble of his career. (S) (HD)
1.20am A Touch of Frost: Jack joins forces with DS Lawson (S) (HD) **3.10–3.30am** Nightscreen

+1 **F'view** 34 *(9pm–midnight)* **F'sat** 116 **Sky** 219 **Virgin** 174

Drama 20



Hetty Wainthropp Investigates *8.00pm* A clock mender needs help

Freeview 20 **Freesat** 158 **Sky** 143 **Virgin** 130

7.10am Soldier Soldier (S) **9.00** The Bill (S) **10.00** Classic Holby City (S) **11.00** Classic Casualty: Mark is attracted to a patient (S) **12 noon** The Bill (S) **1.00pm** Classic EastEnders **2.20** London's Burning (S) **3.20** Monarch of the Glen (S) **4.20** Bergerac (S) **5.25** Bread (S)
6.00pm Hi-de-Hi! Fred fights to save his horses. (S)
6.40 As Time Goes By Jean does a spot of match-making. (S)
7.20 Last of the Summer Wine Hobbo discovers where his real mother is and decides to pay her a visit. (S) (HD)
8.00 Hetty Wainthropp Investigates ***9/11*** *Series 3.* **How Time Flies.** A forgetful clock mender contacts the sleuth when he becomes the target of a couple of small-time crooks. (S) (AD)
9.00 ***New.*** **Ms Fisher's Modern Murder Mysteries** ***8/8.*** **Seasoned Murder 2/2.** When Graham King's wife is murdered in an explosion, the investigation heats up, exposing a maze of fraudulent activity.

Peregrine Fisher	**Geraldine Hakewill**
Detective James Steed	**Joel Jackson**
Birdie Birnside	**Catherine McClements**
Samuel Birnside	**Toby Truslove**
Graham King	**Josef Brown**

First shown on Alibi (S) (HD)

10.00 New Tricks ***2/8*** *Series 5.* **Final Curtain.** Down a man when Halford goes AWOL, the team re-investigates the case of an actor who was apparently accidentally shot by his wife on an opening night in 1992. (S) (AD)
11.15 Waking the Dead ***2/4*** *Series 2.* **Walking on Water** The investigators look into the case when a convicted killer is cleared of the murder of his adoptive father on appeal. (S)
1.45am The Bill: PC Dan Casper arrives at Sun Hill (S) **2.40–4.00am** London's Burning (S)

Drama +1 **Sky** 243 **Virgin** 226

ITV4 24

Freeview 24 **Freesat** 117 **Sky** 120 **Virgin** 118/**HD** 178

6.00am World of Sport: Kings of the Canvas (S) (HD) **6.10** Only When I Laugh (S) **6.35** Quincy (S) (HD) **7.25** Kojak (S) (SL) (HD) **8.20** The Saint (S) **9.30** ***New.*** Racing: the Opening Show: Cheltenham Festival preview (S) (HD) **10.30** Minder (S) (AD) **11.35** The Professionals (S) (AD)
12.35pm Football's Greatest: Bobby Charlton (S) (HD) **1.00 LIVE** Racing: Cheltenham Festival: the opening race on day two – the **1.30** Ballymore Novices' Hurdle Race. Continues on ITV (S) (HD) **2.05** River Monsters (S) (HD) **2.40** Kojak (S) (HD) **3.45** The Saint (S) **4.50** Minder (S) (AD) **5.55** The Professionals (S) (AD)
7.00pm ***New.*** **Cycling** Action from stage four of the Paris-Nice race. (S) (HD)
8.00 Junk and Disorderly Henry Cole and Sam Lovegrove visit the Stafford Show. (S) (HD)
9.00 FILM Coogan's Bluff ★★★ Crime drama starring Clint Eastwood. (S) (AD) (W) (HD)
11.05 FILM Magnum Force ★★★ Crime thriller starring Clint Eastwood as "Dirty" Harry Callahan. **Review p37.** (S) (AD) (W) (HD)
1.40am The Americans: Elizabeth is pushed to the limit (S) (HD) **2.40–3.00am** Nightscreen (HD)

ITV4 +1 **Freesat** 154 **Sky** 220 **Virgin** 175

ITVBe 26

Freeview 26 **Freesat** 118 **Sky** 131 **Virgin** 119/**HD** 179

7.00am Bachelor in Paradise (S) (HD) **8.45** Be Beautiful (S) (AD) (HD) **9.00** LittleBe
12 noon Income Property (S) (HD) **12.25pm** The Real Housewives of Beverly Hills (S) (HD) **1.20** Absolutely Ascot (S) (HD) **2.20** ***New.*** Million Dollar Listing: NYC (S) (HD) **3.15** The Real Housewives of New York City (S) (HD) **4.10** The Real Housewives of Dallas (S) (HD)
6.00pm ***New.*** **Masters of Flip** Completing a kitchen island. First shown on Lifetime (S) (HD) **7.00 Buying and Selling** Jonathan Scott tackles a budget-friendly renovation. (HD) **8.00 Dinner Date** (S) (AD) (HD) **9.00** ***New.*** **Sam and Billie Faiers: the Mummy Diaries** Billie and Greg have a job opportunity for Nelly to consider. (S) (HD) **10.00** ***New.*** **Growing Up Chrisley** Nanny's visit to LA takes an unexpected turn. (S) (HD) **10.30** ***New.*** Chase and Savannah Chrisley embark on a cross-country trip. (S) (HD) **11.00 Singletown** The residents of both apartments hit the town for a night out. (S) (HD)
12.05am The Only Way Is Essex (S) (HD) **12.50–12.55am** Nightscreen (HD)

ITVBe +1 **Freesat** 119 **Sky** 231 **Virgin** 120

Dave 19

F'view 19 **F'sat** 157 **Sky** 111 **Virgin** 127/**HD** 227 **BT HD** 387

7.10am Eat Your Heart Out with Nick Helm (S) (HD) **8.00** American Pickers: a once-in-a-lifetime find (S) (HD) **9.00** Storage Hunters (S) (HD) **10.00** American Pickers (S) (HD)
12 noon Timber Kings (S) (HD) **1.00pm** Top Gear (S) (AD) (HD) **2.00** Cop Car Workshop (S) (HD) **3.00** Scrapyard Supercar (S) (HD) **4.00** Top Gear: two editions (S) (AD) (HD)
6.00pm Taskmaster ***8/10*** *Series 7.* Jessica Knappett masters a musical instrument. (S) (HD) **7.00 Room 101** With Rob Delaney. (S) (HD) **7.40** Guests include Nicola Adams. (S) (HD) **8.20 Have I Got a Bit More News for You** With Miles Jupp and Quentin Letts. (S) (HD) **9.20 QI** Johnny Vegas guests. (HD) **10.00** ***New.*** **Hypothetical** ***6/8*** *Series 2* With Stephen Mangan and Tessa Coates. (HD) **The view from Josh Widdicombe's sofa: p154** **11.00 Dara O Briain's Go 8 Bit** ***2/10*** *Series 3* With Dr Maggie Aderin-Pocock. (S) (HD)
12 midnight Taskmaster (S) (HD) **1.00am** Have I Got a Bit More News for You (S) (HD) **2.00** QI (HD) **2.40** Go 8 Bit: DLC: double bill (S) (HD) **3.30–4.00am** The Indestructibles (HD)

Dave Ja Vu **Freeview** 79 **Sky** 211 **Virgin** 131

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

More4 18



The Great Pottery Throw Down
9.00pm The final of the contest

Freeview 18 **Freesat** 124 **Sky** 136 **Virgin** 147/**HD** 195

8.55am Kirstie's Handmade Treasures (S) (HD) **9.15** A Place in the Sun: Winter Sun (S) (HD) **10.05** A Place in the Sun: Summer Sun (S) (HD) **11.05** Find It, Fix It, Flog It (S) (HD)
1.15pm Escape to the Château: DIY (S) (HD) **2.20** Four in a Bed (S) (HD) **4.55** The Secret Life of the Zoo (S) (AD) (HD) **5.55** Car SOS (S) (HD)

6.55pm Escape to the Château: DIY
Tim and Rebecca receive a booking. (S) (HD)

8.00 *New.* Jon Snow's Very Hard Questions
Ep 7. No De Cologne take on Guns N' Hoses. Jon Snow hosts. (S) (HD)

9.00 *New.* The Great Pottery Throw Down: the Final
RT ***Ep 10.*** The three finalists must make a tea set. **See page 85.** (S) (AD) (HD)

10.00 *New.* Jon Snow's Very Hard Questions
Ep 8. Knowledge is Power and We Three Kings go head to head. (S) (HD)

11.00 24 Hours in A&E
Doctors are concerned that a 38-year-old woman may be paralysed. (S) (AD) (HD)
12 midnight Eight out of Ten Cats Does Countdown (S) (HD) **1.05am** as 9pm **2.05** as 11pm **3.10–3.40am** Food Unwrapped (S) (AD) (HD)

More4 +1 **Freeview** 86 **Freesat** 125 **Sky** 236 **Virgin** 196

E4 13

Freeview 13 **Freesat** 122 **Sky** 135 **Virgin** 106/**HD** 145

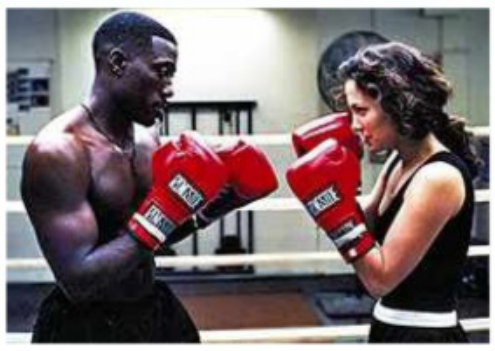
6.00am Hollyoaks Shown Mon/Tue 6.30pm C4 (AD) **7.00** How I Met Your Mother (AD) **8.00** Baby Daddy **9.00** Mike & Molly **10.00** The Big Bang Theory (AD) **11.00** The Goldbergs (AD)
12 noon Brooklyn Nine-Nine (AD) **1.00pm** The Big Bang Theory (AD) **2.00** Baby Daddy **3.00** Mike & Molly **4.00** The Goldbergs (AD) **5.00** Brooklyn Nine-Nine: double bill (AD)
6.00pm The Big Bang Theory *Series 6.* (AD)
7.00 *New.* Hollyoaks Jordan wants Juliet's help. Cast pp97/107 Rptd tomorrow 6.30pm C4 (AD)
7.30 *New.* Man with a Plan *17/22.* Adam learns some facts about his father. (AD)
8.00 *New.* The Goldbergs *4/22* *Series 7* Beverly tries to convince Murray that it is time to take up some new hobbies. (AD)
8.30 *New.* Schooled *4/22* *Series 2.* Mellor and Glascott try to improve the football team's chances of winning the title. (AD)
9.00 *New.* Celebs Go Dating Amy Childs takes a leap of faith with her man Jamie.
10.00 *New.* Zoey's Extraordinary Playlist *2/12.* Zoey tries to control her abilities. (AD)
11.05 The Big Bang Theory *Series 6.* (AD)
12.05am Brooklyn Nine-Nine: double bill (AD) **1.05** Celebs Go Dating **2.10** First Dates Hotel (AD) **3.05** Zoey's Extraordinary Playlist (AD) **4.00** The Goldbergs (AD) **4.25** Schooled (AD) **4.50–6.00am** The Big Bang Theory (AD)
E4 +1 **Freeview** 28 **Freesat** 123 **Sky** 235 **Virgin** 146

Sony Channel 48

Freeview 48 *(limited)* **Freesat** 142 **Sky** 157 **Virgin** 189

6.00am Movie News **6.10** The Waltons **7.10** Hart to Hart **9.10 *New.*** Days of Our Lives **10.00** Hart to Hart **11.00** Charlie's Angels **12 noon** Starsky & Hutch **1.00pm** TJ Hooker **2.00** Hart to Hart **4.00** Murder, She Wrote **6.00** Charlie's Angels: a computer-dating service is set up as a front operation for prostitution **7.00** M*A*S*H: four episodes **9.00** Who Wants to Be a Millionaire? **1.00am** M*A*S*H **2.00** Charlie's Angels **3.00** M*A*S*H **3.30** The Waltons **4.20** Touched by an Angel **5.10–6.00am** Highway to Heaven
Sony Channel +1 **Freesat** 152 **Sky** 257

Paramount Network 31



Money Train *9.00pm* John (Wesley Snipes) and Grace (Jennifer Lopez)

Freeview 31 **Freesat** 132 **Sky** 150 **Virgin** 187/**HD** 150

9.00am The A-Team: double bill (S) (AD) (HD) **11.00** Knight Rider: double bill
1.00pm Police Interceptors (S) (HD) **3.00** Traffic Cops (S) (HD) **5.00** The A-Team (S) (AD) (HD)

7.00pm Police Interceptors
A dog handler has to wrestle with a drunken man in Lincoln. (S) (HD)
8.00 Chris and Sophie spot a bunny-hopping learner driver who already has eight points on his provisional licence. (S) (HD)

9.00 Money Train ★★
Comedy thriller starring Wesley Snipes and Woody Harrelson. The relationship of foster brothers Charlie and John, who work together as transit cops, comes under strain when they both fall for their new partner, Grace. Things get even worse when Charlie's gambling debts lead him towards crime. **Review page 38.**
Director Joseph Ruben (1995, 18) (HD)

11.20 *New.* Wrestling
Action featuring the next generation of British WWE superstars, as they battle it out around the United Kingdom. (S) (HD)
12.20am Banged Up Abroad (S) (HD) **1.20** Knight Rider (AD) (HD) **3.20** The X-Files (S) (HD) **4.55** Now That's Funny! (S) (HD) **5.50–6.00am** Access (S) (HD)

Paramount Network +1 **Sky** 250

4seven 47

Freeview 47/**HD** 110 **Freesat** 127 **Sky** 137 **Virgin** 143

9.00am Posh Pawn **10.00** Find It, Fix It, Flog It **11.00** Come Dine with Me
12 noon A Place in the Sun **1.00pm** Undercover Boss Canada **2.00** Ramsay's Kitchen Nightmares USA **3.00** Everybody Loves Raymond: double bill (AD) **4.00** Frasier: double bill (AD) **5.00** A Place in the Sun
6.00pm A New Life in the Sun: Where Are They Now? A Blackpool family who set up a classic car-parts business in France.
7.00 Ramsay's Kitchen Nightmares USA The chef visits a Danish restaurant in Miami.
8.00 Emergency Helicopter Medics A motorcyclist needs specialist attention. (AD)
9.00 24 Hours in A&E *Ep 9.* A 52-year-old cyclist is hit by a car. Shown Mon 9pm C4 (AD)
10.00 *Ep 8.* A teenager is rushed in after putting his hand through a pane of glass. (AD)
11.05 Five Guys a Week *1/10.* Five men move in with a single girl. Shown Tue 9.15pm C4 (AD)
12.10am The Undateables (AD) **1.15** Location, Location, Location **2.20** The Supervet **3.25** as 6pm **4.25–4.55am** Four in a Bed

Pick 11

Freeview 11 **Freesat** 144 **Sky** 152 **Virgin** 165

7.00am Motorway Patrol (AD) **8.00** Police Force: Australia **9.00** Nothing to Declare **10.00** Border Security: Canada's Front Line **11.00** Road Wars **11.30** Caught Red Handed **1.00pm** Police Force: Australia **2.00** Border Patrol **3.00** Nothing to Declare **4.00** Border Security: Canada's Front Line **5.00** Stargate SG-1: Jackson is presumed dead **6.00pm** Star Trek: the Next Generation **7.00** Hawaii Five-0: the team joins forces with a conman to solve a murder case **8.00 *New.*** Elementary: a man dies after eating a poisoned sausage (AD) **9.00 *New.*** Instinct: a successful author is almost killed in her home **10.00** Air Ambulance ER **11.00** The Force: Essex: reckless boy racers (AD) **12 midnight** Banged Up Abroad: in Russia **1.00am** Road Wars **2.00** Nothing to Declare **3.00** Stop, Search, Seize (AD) **4.00** Motorway Patrol (AD) **5.00–6.00am** Highway Patrol
Pick +1 **Freeview** 92 **Freesat** 145 **Sky** 252

5 USA 21

Freeview 21 **Freesat** 129 **Sky** 141 **Virgin** 153

9.00am Criminals: Caught on Camera **9.25** Murder, She Wrote (S) (AD) **10.15** CSI: NY **11.10** The Mysteries of Laura (S) **12.10pm** Law & Order: eight episodes (S) **8.00** NCIS: New Orleans *Series 3.* The team search for a missing marine who has assaulted six men in a bar (S) (AD) **9.00 *New.*** Rookie Blue *Series 5.* Duncan is back on duty and trying to mend bridges with Andy. A bomb explodes in a downtown parking garage First shown on Universal (S) **10.00** Law & Order: Special Victims Unit: four episodes **1.50** Law & Order: Los Angeles: double bill (S) **3.50–4.00am** Access: showbiz gossip
5 USA +1 **F'view** 56 (not 2-4am) **F'sat** 130 **Sky** 241 **Virgin** 185

5 Star 30

Freeview 30 **Freesat** 131 **Sky** 128 **Virgin** 151

8.00am 3rd Rock from the Sun (S) (HD) **8.20** House (S) (HD) **10.05** Bad Tenants, Rogue Landlords (S) (HD) **12.05pm** Can't Pay? We'll Take It Away (S) (HD) **3.00** Neighbours (S) (AD) (HD) **3.30** Home and Away (S) (AD) (HD) **4.00** House (S) (HD) **6.00** Neighbours Shown 5.30pm C5 (S) (AD) (HD) **6.30 *New.*** Home and Away Rptd tomorrow 6pm C5 (S) (AD) (HD) **7.00** Maternity Ward (S) (HD) **8.00** Ten Years Younger in Ten Days (S) (HD) **9.00 *New.*** Filthy House SOS (S) (HD) **10.00** Hoarders: Trapped by My Trash (S) (HD) **11.00 FILM** 28 Days Later... ★★★★ Horror. **Review p38** (S) (HD) **1.20am** Young, Dumb and Banged Up in the Sun: a DJ is accused of drug dealing (S) (AD) (HD) **2.20** Spray Tan Mums: Single and Proud (S) (HD) **3.15–4.00am** Celebrity Botched Up Bodies (S) (HD)
5 Star +1 **Freeview** 55 **Freesat** 141 **Sky** 228 **Virgin** 186

5 Select 54

Freeview 54 **Freesat** 133 **Sky** 153 **Virgin** 152

9.00am Criminals: Caught on Camera (S) **9.25 FILM** A Lover Betrayed ★★ **11.05** The Hotel Inspector **12.05pm** The Dog Rescuers with Alan Davies **2.05** GPs: behind Closed Doors (S) **4.05** The Yorkshire Vet **6.00pm** GPs: behind Closed Doors: double bill (S) **8.00** The Yorkshire Vet (S) **9.00** Portillo's Hidden History of Britain **10.00** GPs: behind Closed Doors **11.00** The Dog Rescuers with Alan Davies (S) (AD)
12 midnight Cruising with Jane McDonald (S) **1.00am** Flights from Hell: an emergency landing (S) **2.00** Nando's Saucy Secrets **3.00–4.00am** The Dog Rescuers with Alan Davies (S) (AD)

CBS Justice 39

Freeview 39 **Freesat** 137 **Sky** 148 **Virgin** 192

9.00am Diagnosis Murder **11.00** Matlock **12 noon** Perry Mason **1.05pm** Walker, Texas Ranger **2.05** CSI: Miami **3.00** NCIS **4.00** NCIS: Los Angeles **5.00** Matlock **6.00** Perry Mason **7.05** Scorpion **8.00** Walker, Texas Ranger **9.00** NCIS: an explosion kills a marine reservist **10.00** NCIS: Los Angeles **11.00 *New.*** Scorpion **12 midnight** CSI: Miami **1.00am** NCIS **2.00** Scorpion **3.05** Bonanza (The Lost Episodes) **4.50–6.00am** Mission: Impossible
CBS Justice +1 **Freeview** 69

CBS Drama 71

Freeview 71 **Freesat** 134 **Sky** 147 **Virgin** 197

9.00am NCIS **11.00** Scorpion (HD) **1.00pm** Gunsmoke **3.00** Airline (HD) **4.00** Hoarders (HD) **5.00** Unsolved Mysteries **7.00** Judge Judy **9.00** Medium: Allison and her daughters dream about the same mysterious girl **10.00** CSI: Miami: a man is killed by a bear, but could he have been set up as bait? (HD) **11.00** Unsolved Mysteries **12 midnight** Judge Judy **1.00am** ER (HD) **2.00** Medium **3.00** CSI: Miami (HD) **4.00** Walker, Texas Ranger (HD) **5.00–6.00am** Matlock

Horror Channel 70

Freeview 70 **Freesat** 138 **Sky** 317 **Virgin** 149

8.00am Andromeda **9.00** Star Trek: Voyager **10.00** Star Trek **11.00 FILM** Journey to the Centre of the Earth ★★ Fantasy action adventure **12.50pm** Highlights **1.00 FILM** Lord of the Elves ★★ Fantasy adventure **2.50** Highlights **3.00** Lost in Space **4.00 FILM** Mega Piranha ★★ Sci-fi horror **5.50** Highlights **6.00** Star Trek **7.00** Star Trek: Voyager **8.00** Mutant X **9.00 FILM** Demonic ★★★ Supernatural horror starring Maria Bello **10.40 FILM** Halloween III: Season of the Witch ★★ Sci-fi horror **12.35am FILM** Hostel ★★ Horror **2.25 FILM** Psycho IV: the Beginning ★★ Horror **4.20–4.30am** Highlights

Yesterday 25

Freeview 25 **Freesat** 159 **Sky** 155 **Virgin** 129

6.00am Secrets of the Bible (S) (HD) **7.10** Secrets of the Railways (S) (AD) (HD) **8.00** Forbidden History (S) (AD) (HD) **9.00** Hitler's Propaganda Machine (S) (HD) **10.00** Auschwitz: the Nazis and the Final Solution (S) **11.00** Abandoned Engineering (S) (AD) (HD) **12 noon** Impossible Railways (S) (AD) (HD) **1.00pm** Time Team (S) (HD) **2.00** Wigan Pier: Walking through History (S) (HD) **3.00** Abandoned Engineering (S) (AD) (HD) **4.00** as 11pm **5.00** Hitler's Propaganda Machine (S) (HD) **6.00** Auschwitz: the Nazis and the Final Solution (S) **7.00** Abandoned Engineering (S) (AD) (HD) **8.00 *New.*** Impossible Engineering (S) (AD) (HD) **9.00** Porridge (S) **11.00** Impossible Engineering (S) (AD) (HD) **12 midnight** as 7pm **1.00am** as 6pm **2.00–3.00am** as 6am
Yesterday +1 **Sky** 255 **Virgin** 200

Really 17

Freeview 17 **Freesat** 160 **Sky** 142 **Virgin** 128

6.00am Fantasy Homes by the Sea **7.00** Home Shopping **8.00** Homes under the Hammer **10.00** Celebrity Antiques Road Trip (HD) **11.00** Antiques Road Trip (HD) **1.00pm** Fantasy Homes by the Sea (AD) (HD) **3.00** French Collection (HD) **4.00** DIY SOS: the Big Build (AD) (HD) **6.00** Celebrity Antiques Road Trip (HD) **7.00** Antiques Road Trip (HD) **9.00 *New.*** How to Look Good Naked: Gok Wan helps people to feel good about the way they look (HD) **10.00** The Bad Skin Clinic: a man seeks surgery for his bulbous nose (HD) **11.00** Helicopter ER (HD) **12 midnight** Ghost Adventures (HD) **1.00am** Most Haunted (HD) **2.00** Home Shopping **4.00–6.00am** Antiques Road Trip (HD)

HGTV 42

Freeview 42 **Freesat** 166 **Sky** 158 **Virgin** 279

7.00am Homes under the Hammer **8.00** Bargain Hunt (HD) **9.00** Flog It! (HD) **11.00** Escape to the Country (HD) **12 noon** Cash in the Spare Room (HD) **1.00pm** A Place in the Sun: Winter Sun (HD) **3.00** Flog It! (HD) **4.00** Homes under the Hammer **6.00** A Place in the Sun: Winter Sun (HD) **8.00** Escape to the Country (HD) **10.00** My Dream Derelict Home: a couple are hoping to convert a former dairy (AD) (HD) **11.00** Fantasy Homes by the Sea (AD) (HD) **12 midnight** Homes under the Hammer **1.00am** Flog It! (HD) **2.00** Hawaii Life (HD) **3.00–4.00am** Our House
HGTV +1 **Sky** 258 **Virgin** 283

Quest 12

F'view 12/**HD** 114 **F'sat** 172/**HD** 167 **Sky** 144 **Virgin** 169

6.00am How Do They Do It? (HD) **6.20** American Pickers: Best Of (HD) **7.10** Deadliest Catch (AD) (HD) **8.00** Gold Divers (HD) **9.00** Outback Truckers (HD) **10.00** Wheeler Dealers **11.00** Chasing Classic Cars (HD) **12 noon** American Pickers: Best Of (HD) **1.00pm** Railroad Alaska (HD) **2.00** Deadliest Catch (AD) (HD) **3.00** Gold Divers (HD) **4.00** Salvage Hunters (HD) **5.00** Outback Truckers (HD) **6.00** Wheeler Dealers (HD) **7.00** American Pickers: Best Of (HD) **8.00** Salvage Hunters (HD) **9.00 *New.*** Salvage Hunters (HD) **10.00** Find It, Fix It, Flog It (HD) **11.00** How Do They Do It? (HD) **12 midnight** Wheeler Dealers (HD) **1.00am** Outback Truckers (HD) **2.00** American Chopper (HD) **3.00** Fantomworks (HD) **4.00** Dirty Jobs **5.00–6.00am** How It's Made (HD)
Quest +1 **F'view** 76 (7pm-4am) **F'sat** 168 **Sky** 244 **Virgin** 213

Challenge 46

Freeview 46 **Freesat** 146 **Sky** 151 **Virgin** 164

7.00am Catchphrase (AD) **7.30** Deal or No Deal (AD) **9.00** The Chase **10.00** Supermarket Sweep **11.00** Price Is Right **12 noon** Wheel of Fortune (AD) **1.00pm** Catchphrase (AD) **2.00** Family Fortunes (AD) **4.00** Bullseye (AD) **5.00** Golden Balls **6.00** Weakest Link **7.00** Pointless **8.00** Impossible **9.00** The Chase **10.00** Who Wants to Be a Millionaire? **11.00** Bullseye (AD) **12 midnight** Who Wants to Be a Millionaire? **1.00am** The Chase **4.00–6.00am** Deal or No Deal (AD)
Challenge +1 **Freesat** 147 **Sky** 251 **Virgin** 230

BBC Parliament 232

Freeview 232 **Freesat** 201 **Sky** 504 **Virgin** 605

6.00am House of Lords – International Women's Day **9.00** Tuesday in Parliament **9.30** Live Select Committees **11.30** Live Women and Equalities Questions **12 noon** Live Prime Minister's Questions **12.35pm** Live Budget: coverage of Chancellor of the Exchequer Rishi Sunak's Budget speech **7.30pm** Live House of Lords **11.00** Wednesday in Parliament **11.30** Prime Minister's Questions **12.05am** Politics Live (Later): Budget **3.50–6.00am** House of Lords – Fisheries

Listings for **PBS America**, **Smithsonian** see over. **Film4** and other **Freeview movie** channels: **p92**

BBC News **Freeview** 231 **Freesat** 212 **Sky** 503 **Virgin** 601 **Sky News** **Freeview** 233 **Freesat** 202 **Sky** 501 **Virgin** 603

Wine Five crimes against wine **YOUR RT P137**

WEDNESDAY Satellite & cable



Avenue 5 *10.00pm* Will Rav and co make it home?

Sky 1

Sky 106 **Virgin** 110/**HD** 109 **BT** 340/**HD** 355

6.00am Monkey Life (S) (HD) **7.00** RSPCA Animal Rescue (S) **8.00** The Dog Whisperer (HD) **9.00** Stop, Search, Seize (S) (AD) (HD) **10.00** Highway Patrol (S) (AD) **11.00** NCIS: Los Angeles (S) (HD) **1.00pm** Hawaii Five-0 (S) (HD) **3.00** MacGyver (S) (HD) **4.00** Modern Family (S) (HD) **5.00** The Simpsons (S) (HD) **5.30** Futurama (S)

6.30pm The Simpsons Lisa enters a singing competition. **7.00** Homer fears the apocalypse. **7.30** Ned Flanders takes in lodgers. **8.00** Bart becomes a Catholic. **8.30** Marge protects endangered aquatic creatures. (S) (HD)

9.00 *New.* SEAL Team *Ep 10* *Series 3.* Jason leads his first mission since surgery. (S) (HD)

10.00 *New.* Avenue 5 *8/9* The passengers start to suspect all is not as it seems. (HD)

10.35 Intelligence *5/6.* Jerry makes a confession. (HD) **11.05 *6/6.*** The truth about Jerry's NSA past comes out. (HD)

11.35 Caught on Dashcam Road disasters captured on video. (HD)

12.35am The Heist (HD) **1.35** Road Wars (S) **2.00** The Real A&E (S) (AD) (HD) **3.00** The Force: Manchester (S) (HD) **4.00** Stop, Search, Seize (S) (AD) (HD) **5.00–6.00am** Futurama (S)

Sky 1 +1 **Sky** 206

Sky Arts

Sky 122 **Virgin** 123/**HD** 156 **BT** 348/**HD** 363

6.00am Sons of Vienna (S) (HD) **6.30** Katherine Jenkins Live at the O_2 (S) (HD) **8.30** Watercolour Challenge (S) **9.00** The South Bank Show Originals (S) (HD) **9.30** Auction (S) (HD) **10.00** Tales of the Unexpected (S) **11.00** Discovering: Deborah Kerr (S) (HD) **12 noon** Discovering: Ingrid Bergman (S) (AD) (HD) **1.00pm** The South Bank Show Originals (S) (HD) **1.30** Watercolour Challenge (S) **2.00** Glyndebourne Opera Cup (HD) **5.30** Tales of the Unexpected (S)

6.00pm Discovering: Ava Gardner The films and personal life of the actress. (S) (AD) (HD)

7.00 Portrait Artist of the Year The nine contestants are challenged to paint Deborah Findlay, Wunmi Mosaku and Omid Djalili. Presented by Joan Bakewell and Stephen Mangan. (S) (HD)

8.00 Passions Artist Alison Lapper shares her passion for poet and painter William Blake, whose radical attitudes towards art and sex were highly influential. (S) (HD)

9.00 Friedkin Uncut The work of the *French Connection* and *Exorcist* director. (S) (HD)

11.05 The Directors A look at the life and work of Peter Weir. (HD)

12.05am What Was Virginia Woolf Afraid Of? (HD) **1.05 FILM** Janis: Little Girl Blue ★★★★ (S) (W) (HD) **3.00** The History of Comedy (S) (AD) (HD) **4.00** Discovering: Ginger Rogers (S) (AD) (HD) **5.00–6.00am** Discovering: Ava Gardner (S) (AD) (HD)



Empire Falls *9.00pm* Miles protects his daughter Tick

Sky Atlantic

Sky 108 **BT** 342/**HD** 357

6.00am The Guest Wing (S) (AD) (HD) **7.00** Without a Trace (S) (HD) **10.00** The West Wing (S) (HD) **12 noon** Blue Bloods (S) (AD) (HD) **1.00pm** CSI: Crime Scene Investigation (S) (HD) **2.00** The West Wing (S) (HD) **4.00** Without a Trace (S) (HD)

6.00pm Without a Trace *4/24* *Series 4.* A missing student's backpack mysteriously turns up at a second-hand shop. (S) (HD)

7.00 CSI: Crime Scene Investigation *7/24* *Series 6* A shoot-out leaves four people dead, including a police officer. (HD)

8.00 Blue Bloods *13/22* *Series 2* A woman claims God told her who murdered her mother. (S) (AD) (HD)

9.00 *New.* Empire Falls *1/2* Award-winning two-part drama starring Ed Harris. (S) (HD)

11.05 The End *5/10.* A difficult decision unexpectedly gives Edie a new lease of life, and Kate finds out she is being supervised by a new consulting doctor. (HD)

11.40 John Adams *7/7.* The elderly statesman finds comfort in writing his memoirs. (S) (HD)

1.00am Oz (S) **3.25** Without a Trace (S) (HD) **4.15–6.00am** The West Wing (S) (HD)

Sky Atlantic +1 **Sky** 208

Sky Crime

Sky 121 **Virgin** 136/**HD** 135 **BT** 347/**HD** 362

6.00am Motorway Patrol (S) (AD) **7.00** Highway Cops (S) (AD) **8.00** Border Security: Canada's Front Line (S) (AD) **9.00** Send in the Dogs (S) **10.00** Road Wars (S) **11.00** Brit Cops: Rapid Response (S) (AD) **12 noon** Highway Cops (S) (AD) **1.00pm** A Lie to Die For **2.00** Killer Colleagues (S) **3.00** Border Security: Canada's Front Line (S) (AD) **4.00** Road Wars (S) **5.00** Brit Cops: Rapid Response (S) (AD) **6.00** Send in the Dogs (S) **7.00** Snapped **8.00** A Lie to Die For (S) **9.00 *New series.*** Killer Siblings **10.00 *New.*** Snapped **11.00** World's Most Evil Killers (S) **12 midnight** Murders That Shocked the Nation (S) (AD) **1.00am** How I Caught the Killer (S) **2.00** Snapped **3.00** Murder Calls (S) **4.00** as 5pm **5.00–6.00am** Motorway Patrol (S) (AD)

Sky Crime +1 **Sky** 221 **Virgin** 207

Sony Crime

Freesat 143 **Sky** 179 **Virgin** 193

6.00am Speeders **7.00** Bait Car: New Orleans **8.00** Bait Car: LA **9.00** Speeders **11.00** Bait Car: New Orleans **12 noon** Bait Car: LA **1.00pm** Speeders: 12 editions **7.00** Speeders: four further editions. Deputy Rubel pulls over a repeat offender **7.30** A bunch of beach bums rock the surf with 800-watt speakers in Panama Beach **8.00** Corporal Moschetto pulls over a speeder who uses his "Jedi Mind Power" **8.30** A driver on the way to a prom is caught speeding **9.00** Bait Car: New Orleans **10.00** Bait Car: LA **11.00** Speeders **12 midnight** Bait Car **1.00am** Speeders **3.00** Bait Car: LA **4.00** Speeders **5.00–6.00am** Bait Car



Ghost Whisperer *8.00pm* Melinda watches over Holly

Sky Witness

Sky 107 **Virgin** 112/**HD** 111 **BT** 341/**HD** 356

6.00am Nothing to Declare (S) **8.00** The Real A&E (S) (AD) (HD) **9.00** Blue Bloods (S) (AD) (HD) **10.00** Criminal Minds (S) (HD) **11.00** CSI: Crime Scene Investigation (S) (HD) **12 noon** Elementary (S) (AD) (HD) **1.00pm** Blue Bloods (S) (AD) (HD) **2.00** Law & Order: Special Victims Unit (HD) **3.00** The Real A&E (S) (AD) (HD) **4.00** Stop, Search, Seize (S) (AD) (HD)

5.00pm Nothing to Declare Six back-to-back episodes of the fly-on-the-wall documentary. (HD)

8.00 Ghost Whisperer *13/22* *Series 2.* Melinda tries to protect her pregnant friend. (S) (HD)

9.00 Criminal Minds *26/26* *Series 4.* Horrific discoveries await the team. (S) (HD)

10.00 CSI: Crime Scene Investigation *2/23* *Series 4* A body is found in a bath. (S) (HD)

11.00 Law & Order: Special Victims Unit *2/23* *Series 16* A sports star is accused of rape. (HD)

12 midnight CSI: Crime Scene Investigation (S) (HD) **1.00am** The Rookie (S) (HD) **2.00** Blue Bloods (S) (AD) (HD) **3.00** Ghost Whisperer (S) (HD) **4.00** Road Wars (S) **5.00–6.00am** Brit Cops: Rapid Response (S) (AD)

Sky Witness +1 **Sky** 207 **Virgin** 180

Sky 2

Sky 168 **Virgin** 160

7.00am 60-Minute Makeover **9.00** Ninja Warrior Women Tournament (S) **9.30** Ninja Warrior (S) **10.00** My Kitchen Rules: South Africa (S) **12 noon** The Dog Whisperer **2.00pm** House Hunters International (AD) **3.00** Wild Vets (S) **4.00** Haven (S) **5.00** Relic Hunter (S) **6.00pm** Stargate SG-1 (S) **8.00** Road Wars (S) **9.00** Continuum: double bill. Kiera and Carlos race to thwart a Liber8 plot against Julian's trial, then several dead bodies mysteriously disappear (S) **11.00** SEAL Team: Jason leads his first mission since surgery **12 midnight** Avenue 5 **12.35am** Highway Cops (S) (AD) **3.00** Duck Quacks Don't Echo (S) (AD) **4.00** Wild Vets (S) **5.00–6.00am** The Dog Whisperer

Syfy

Sky 114 **Virgin** 138/**HD** 137 **BT** 319/346/**HD** 375/361

6.00am Warehouse 13 **7.00** Merlin **8.00** Home Shopping **11.00** Stargate Atlantis **1.00pm** Star Trek: Voyager **3.00** Star Trek: the Next Generation **5.00** Star Trek: Deep Space Nine **7.00** Warehouse 13 **8.00** Merlin: Uther is smitten when Lady Catrina arrives **9.00 *New.*** Marvel's Runaways: an evil Alex arrives from further in the future **10.00 FILM** Armed Response ★ Horror starring Wesley Snipes and Anne Heche **12 midnight** Marvel's Runaways **1.00am** Star Trek: Deep Space Nine: double bill **3.00** Blood & Treasure **4.00–6.00am** Star Trek: Voyager

Syfy +1 **Sky** 214 **Virgin** 229



Property Brothers: Forever Home *7.00pm* An overhaul

W

Sky 109 **Virgin** 125/**HD** 211 **BT** 311/**HD** 383

6.10am MasterChef Australia (S) (HD) **7.00** My Dream Home (S) (HD) **8.00** Tipping Point (S) (HD) **10.00** The Bill (S) **11.00** Supernanny US (S) **12 noon** Tipping Point (S) (HD) **2.00pm** Property Brothers: Forever Home (S) (HD) **3.00** My Dream Home (S) (HD)

5.00pm Tipping Point Game show with Ben Shephard. (S) (HD)

7.00 *New.* Property Brothers: Forever Home The modest home of a couple of foster parents. (HD)

8.00 Sun, Sea and Brides to Be A groom makes plans to paraglide to his wedding. (S) (AD) (HD)

9.00 Emma Willis: Delivering Babies Emma's time as a Maternity Care Assistant comes to an emotional end. (S) (HD)

10.00 *New.* Finding Joy *6/6* The video of Joy's meltdown during yoga goes viral. (AD) (HD)

10.35 Inside the Ambulance Hannah and Amy treat a teenager who is unable to speak. (S) (HD)

11.35 One Born Every Minute A couple focus on their new adventure into parenthood. (S) (HD)

12.35am I've Got Something to Tell You (S) (HD) **1.30** Code Black (S) (AD) (HD) **2.15–3.00am** Women on the Verge (S) (AD) (HD)

W +1 **Sky** 209 **Virgin** 190

Sky Comedy

Sky 113 **Virgin** 122/**HD** 121 **BT** 345/**HD** 360

8.00am Everybody Hates Chris (HD) **9.00** Parks and Recreation (HD) **10.30** 30 Rock (HD) **12 noon *New.*** The Mindy Project (HD) **1.30pm** Modern Family (S) (HD) **2.30** Everybody Hates Chris (HD) **3.30** Parks and Recreation (HD) **5.00** 30 Rock (HD) **6.30** Modern Family (S) (HD) **7.30** The Mindy Project (HD) **9.00 *New.*** The Righteous Gemstones (HD) **9.40 *New.*** Work in Progress (HD) **10.15** Sex and the City (HD) **10.50 *New.*** The Tonight Show Starring Jimmy Fallon (HD) **11.50 *New.*** The Late Late Show with James Corden (HD) **12.50am** Entourage (S) (HD) **1.25** Silicon Valley (S) (HD) **2.35** Girls (S) (AD) (HD) **3.10** Parks and Recreation (HD) **3.35–5.00am** 30 Rock (HD)

TLC

Sky 133 **Virgin** 167 **BT** 323/**HD** 377

6.00am Say Yes to the Dress: Bridesmaids (HD) **8.00** Say Yes to the Dress: UK (HD) **9.00** Say Yes to the Dress (HD) **10.00** Curvy Brides Boutique (AD) (HD) **11.00** Say Yes to the Dress: Canada (HD) **12 noon** Say Yes to the Dress: Atlanta (HD) **2.00pm** Dr Pimple Popper (HD) **3.00** Sister Wives (HD) **4.00** Say Yes to the Dress: Canada (HD) **5.00** Curvy Brides Boutique (AD) (HD) **6.00** Say Yes to the Dress (HD) **7.00** Say Yes to the Dress: UK (HD) **8.00** Unexpected: Teenage and Pregnant (HD) **9.00** Say Yes to the Dress (HD) **10.00** Curvy Brides Boutique (HD) **11.00** Dr Pimple Popper (HD) **12 midnight** as 8pm **1.00am** as 9pm **2.00** as 10pm **3.00** as 11pm **4.00–6.00am** Say Yes to the Dress: Atlanta (HD)

TLC +1 **Sky** 233 **Virgin** 172



The Office *9.40pm* Tim and Gareth meet the new staff

Gold

Sky 110 **Virgin** 124 **BT** 310/343/**HD** 358/392

7.20am The Piglet Files **7.45** As Time Goes By (S) **8.20** The Good Life (S) (AD) **9.00** Porridge (S) **9.40** Hi-de-Hi! (S) **10.20** Last of the Summer Wine (S) **12.20pm** Keeping Up Appearances (AD) **1.00** Porridge (S) **1.40** Hi-de-Hi! (S) **2.20** The Good Life (S) (AD) **3.00** Keeping Up Appearances (AD) **3.40** Dad's Army (S) **4.20** Last of the Summer Wine (S)

6.20pm The Good Life Perky the pig gives birth to her litter. (S) (AD)

7.00 Porridge Godber revises. (S)

7.40 Dad's Army Private Godfrey faces homelessness. (S) **8.20** The platoon tries to capture a German aircraft crew. (S)

9.00 Gavin & Stacey The couple celebrate their engagement, and the families unite for a party. (S) (AD) (HD)

9.40 The Office The new staff arrive from Swindon. (S) (AD)

10.20 Sandylands *3/3.* Les plots his escape from Sandylands, while Emily's worries continue. (AD) (HD)

11.00 Peep Show (S) (HD)

12 midnight Gavin & Stacey (S) (AD) (HD) **12.40am** The Office (S) (AD) **1.20** Peep Show (S) (HD) **2.20** The Rebel (S) (HD) **2.55–4.00am** Lenny Henry's Race through Comedy (S) (AD) (HD)

Gold +1 **Sky** 210 **Virgin** 194

Comedy Central

Sky 112 **Virgin** 132/**HD** 181 **BT** 307/344/**HD** 370/359

8.00am The Office US (S) (HD) **9.00** The Fresh Prince of Bel-Air (S) **11.00** Friends (S) (AD) (HD) **3.00pm** Last Man Standing (HD) **4.00** Two and a Half Men (HD) **5.00** Friends: eight episodes (S) (AD) (HD) **9.00 FILM** xXx ★★★ Spy action thriller starring Vin Diesel as extreme-sports fanatic Xander Cage (HD) **11.30 FILM** Mean Machine ★★★ Prison sports comedy based on the 1974 Burt Reynolds film, starring Vinnie Jones as disgraced footballer Danny Meehan (S) **1.30am** The Daily Show (HD) **2.00** South Park (S) (HD) **3.25** Last Man Standing (HD) **4.15–5.00am** Two and a Half Men: double bill (S) (HD)

Comedy Central +1 **Sky** 212 **Virgin** 133

Lifetime

Sky 187 **Virgin** 208 **BT** 329/**HD** 384

7.00am Women on Patrol (HD) **8.00** Judge Judy (HD) **1.00pm** Pawn Stars (HD) **2.00** Storage Wars (HD) **3.00** Little Women: Couples Retreat (HD) **4.00** Dance Moms (HD) **5.00** Pawn Stars (HD) **6.00pm** Flipping Vegas (HD) **7.00** Judge Judy (HD) **9.00** My Crazy Sex: a cheating boyfriend who drove a woman to take grudge sex to new heights (HD) **10.00** Storage Wars: double bill. Darrell faces the auction without Brandon, then the buyers hit the Palm Springs desert (HD) **11.00** Hardcore Pawn (HD) **12 midnight** Pawn Stars (HD) **1.00am** My Crazy Sex (HD) **2.00** Storage Wars (HD) **3.00–4.00am** Hardcore Pawn (HD)

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

Key (S) Subtitles (SL) Signing (AD) Audio description (HD) High definition (W) Widescreen



The Gulf *9.00pm* Jess finally learns the shocking truth

Alibi

Sky 132 **Virgin** 126/**HD** 212 **BT** 312/**HD** 382

7.10am Murdoch Mysteries (S) (HD) **10.00** The Guardian (HD) **11.00** Sue Thomas: F.B.Eye (S) **12 noon** Major Crimes (HD) **1.00pm** Rush (S) (AD) (HD) **3.00** Murdoch Mysteries (S) (HD)

6.00pm Major Crimes ***5/23*** *Series 4.* Detective Sykes flouts the rules to protect a young witness following a shooting. (HD)

7.00 Motive ***3/13*** *Series 4.* Flynn and her team believe a killer with access to a lethal pathogen might be on the loose. (S) (HD) **8.00** ***4/13.*** An ex-con's body is found, suspiciously unbloodied, near a struggling nightclub, and as Flynn investigates, she realise the murder may be linked to the venue's troubles. (S) (HD)

9.00 ***New.*** **The Gulf** ***3/3*** The death of an armed intruder sparks tension on the island. An informant suffers dire consequences and Jess's amnesia lifts to reveal a shocking truth. (AD) (HD)

11.00 New Tricks ***1/10*** *Series 12* Gerry is spooked when the team is called in after the discovery of the body of a policeman that has lain untouched under a basement for 30 years. (S) (AD) (HD)

12.20am Murdoch Mysteries (S) (HD) **1.20–4.00am** In the Dark (S) (HD)

Alibi +1 **Sky** 232 **Virgin** 191

Discovery History

Sky 171 **Virgin** 257

6.00am Expedition Unknown **7.00** Invention Nation **8.00** World War II: Witness to War **9.00** Frontline Battle Machines with Mike Brewer **11.00** Invention Nation **12 noon** Blowing Up History (AD) **1.00pm** Expedition Unknown **2.00** Mysteries at the Museum **3.00** World War II: Witness to War **4.00** Frontline Battle Machines with Mike Brewer **5.00** Extreme Engineering

6.00pm Blowing Up History The ancient rituals that may have contributed to the construction of Stonehenge. (AD)

7.00 Mysteries at the Museum Investigating a bizarre plague and a famously jolly aviator.

8.00 Expedition Unknown Josh Gates searches for a vast gold reserve in the Scottish Highlands.

9.00 World War II: the Complete History Churchill's rise to power after the so-called Phoney War.

10.00 Fukushima: on the Frontline with Joel Lambert Assessing the situation at the Daichi Nuclear Power Plant.

11.00 Extreme Machines Charting the history of rockets.

12 midnight Expedition Unknown **1.00am** World War II: the Complete History **2.00** Fukushima: on the Frontline with Joel Lambert **3.00** Extreme Machines **4.00** Blowing Up History (AD) **5.00–6.00am** Mysteries at the Museum

Discovery History +1 **Sky** 271 **Virgin** 261



NCIS *10.00pm* Gibbs and the team arrive to assist Ziva

Fox

Sky 124 **Virgin** 157/**HD** 199 **BT** 349/**HD** 364

8.00am Republic of Doyle (S) (HD) **9.00** Bones (S) (HD) **10.00** Bull (S) (HD) **11.00** NCIS (S) (AD) (HD) **12 noon** Bones (S) (HD) **2.00pm** The Mentalist (S) (HD) **3.00** NCIS (S) (AD) (HD) **4.00** Bull (S) (HD) **5.00** Bones (S) (HD)

6.00pm The Mentalist ***11/13*** *Series 7.* A man claiming to be a psychic offers to help the team solve a double murder. (S) (HD)

7.00 NCIS ***3/25*** *Series 13* Bishop and McGee pose as a married couple to investigate the murder of a US marine. **8.00** ***4/25.*** Vance partners with Gibbs and returns to field duty when a murder case is connected to a former NCIS agent he locked up for stealing evidence. **9.00** ***22/24*** *Series 12.* The death of a naval intelligence ensign is linked to a larger conspiracy. **10.00** ***Ep 10*** *Series 17.* Gibbs and the team assist Ziva. (S) (AD) (HD)

11.00 American Dad! *Series 4* The Smith family stars in a spoof of classic James Bond films. (S) **11.30** Francine feels threatened by her mother-in-law. (S)

12 midnight Family Guy (S) **1.00am** American Dad! (S) **2.00** The Walking Dead (S) (HD) **3.00** American Dad! (S) **4.00–5.00am** Republic of Doyle (S) (HD)

Fox +1 **Sky** 224 **Virgin** 158

History

Sky 130 **Virgin** 270 **BT** 327/**HD** 379

6.00am American Pickers (HD) **8.00** Pawn Stars (HD) **9.00** WWII Turning Points (HD) **10.00** Storage Wars (HD) **11.00** The Railways That Built Britain with Chris Tarrant (HD) **12 noon** River Hunters (HD) **1.00pm** Forged in Fire (HD) **2.00** American Pickers (HD) **3.00** Storage Wars (HD) **5.00** Pawn Stars (HD) **6.00** Forged in Fire (HD) **7.00** American Pickers (HD) **8.00** The Railways That Built Britain with Chris Tarrant (HD) **9.00** ***New.*** The Curse of Oak Island: Gary uncovers an ancient tunnelling tool **10.00** Gold Hunters: the Legend of the Superstition Mountains (HD) **11.00** American Pickers (HD) **12 midnight** Forged in Fire **1.00am** Britain's Greatest Bridges (HD) **2.00** Forged in Fire (HD) **3.00** River Hunters (HD) **4.00–6.00am** Storage Wars (HD)

History +1 **Sky** 230 **Virgin** 271

Animal Planet

Sky 162 **Virgin** 251 **BT** 325/**HD** 378

6.00am The Aquarium (HD) **7.00** Treehouse Masters (S) (HD) **8.00** Pit Bulls and Parolees (S) (HD) **10.00** Animal Cops Phoenix (S) (HD) **12 noon** Dark Waters (S) (HD) **1.00pm** My Cat from Hell (S) (HD) **2.00** Alaskan Bush People (S) (AD) (HD) **3.00** The Vet Life (S) (HD) **5.00** Crikey! It's the Irwins (S) (HD) **6.00** Bondi Vet (HD) **7.00** Animal Cops Detroit (S) (AD) **8.00** Nature's Strangest Mysteries (HD) **9.00** Alaskan Bush People (S) (AD) (HD) **10.00** Animal Cops San Francisco (S) **11.00** Pit Bulls and Parolees (S) (HD) **12 midnight** I Was Prey (S) (AD) (HD) **1.00am** Animal Cops Detroit (S) (AD) **2.00** as 8pm **3.00** Animal Cops San Francisco (S) **3.50** as 5pm **4.40** Nature's Strangest Mysteries (HD) **5.10–6.00am** My Cat from Hell (S) (HD)

Animal Planet +1 **Sky** 262 **Virgin** 259



Disasters Engineered *10.00pm* A naval base in Cyprus

Discovery

Sky 125 **Virgin** 250 **BT** 322/350/**HD** 376/365

6.00am Combat Dealers (S) (HD) **7.00** Tony Robinson's World War One (S) (HD) **8.00** Kindig Customs (HD) **9.00** Jeremy Wade's Dark Waters (S) (HD) **10.00** Nasa's Unexplained Files (S) (HD) **11.00** Fast 'n' Loud (S) (HD) **12 noon** Gold Rush (S) (HD) **1.00pm** Alaska: the Last Frontier (S) (HD) **2.00** Combat Dealers (S) (HD) **3.00** World War II: the Complete History (S) **4.00** Building Off the Grid (S) (HD) **5.00** Wheeler Dealers (S) (HD)

6.00pm Fast 'n' Loud (S) (HD)

7.00 Outback Truckers Mark runs into strange weather. (S) (HD)

8.00 Mighty Ships A profile of the *Quantum of the Seas*. (S) (HD)

9.00 ***New.*** **Richard Hammond's Big** Elements that engineering projects have in common. (HD)

10.00 ***New.*** **Disasters Engineered** A fatal explosion at a chemical factory in Tianjin, China. (S) (HD)

11.00 Massive Engineering Mistakes Experts examine why America's first space station threatened to fall to Earth. (S) (HD)

12 midnight as 9pm **1.00am** Disasters Engineered (S) (HD) **2.00** Deadliest Catch (S) (HD) **3.00** Richard Hammond's Big (HD) **3.50** Kindig Customs (S) (HD) **5.30–6.00am** How It's Made (S)

Discovery +1 **Sky** 225 **Virgin** 258

Nat Geographic

Sky 129 **Virgin** 266/**HD** 268 **BT** 317/**HD** 373

8.00am Nazi Megastructures (HD) **9.00** Hitler's Death Army: Das Reich (HD) **10.00** Buried Secrets of the Bible (S) (HD) **11.00** Drain the Ocean: Egypt's Lost Wonder (HD) **12 noon** Car SOS (S) (HD) **2.00pm** Wicked Tuna (HD) **3.00** Ice Road Rescue (HD) **4.00** Air Crash Investigation (S) (AD) (HD) **6.00** Car SOS (HD) **8.00** ***New.*** Brain Games: Billionaire CEO Mark Cuban learns how power can alter thought processes. (S) (AD) (HD) **9.00** ***New.*** Brain Games: Best Of (HD) **9.00** Car SOS (S) (HD) **10.00** Ultimate Supercar (S) (HD) **11.00** Air Crash Investigation (HD) **12 midnight** Alaska State Troopers (HD) **1.00am** Airport Security: Peru (HD) **2.00** Brain Games (HD) **3.00** Air Crash Investigation: Special Report (HD) **4.00–5.00am** Air Crash Investigation (HD)

Nat Geo +1 **Sky** 229 **Virgin** 267

Eden

Sky 166 **Virgin** 245/**HD** 247 **BT** 315/**HD** 389

9.00am Super Vets **10.00** Mountain Gorilla (HD) **11.00** Ganges (HD) **12 noon** Life in the Great Wetlands (HD) **1.00pm** Life on Earth (AD) **2.00** Wonders of the Solar System (AD) (HD) **3.00** Super Vets **4.00** Mountain Gorilla (HD) **5.00** Ganges (HD) **6.00** Super Vets **7.00** Life on Earth (AD) **8.00** Life in the Great Wetlands (HD) **9.00** Mountain Gorilla: the endangered primates' fight for survival (HD) **10.00** Ganges: the Gangetic Plains' wildlife (HD) **11.00** Wonders of the Solar System (AD) (HD) **12 midnight** Life in the Great Wetlands (HD) **1.00am** Life on Earth (AD) **2.00** Wonders of the Solar System (AD) (HD) **3.00** Super Vets **3.50** Mountain Gorilla (HD) **4.40** Ganges (HD) **5.30–6.00am** Frontier Borneo (HD)

Eden +1 **Sky** 266 **Virgin** 246



The Aviators *4.30pm* The F-4U Corsair fighter plane

PBS America 91

F'view 91 (1-11pm only) **F'sat** 155 **Sky** 174 **Virgin** 273

8.00am The Aviators **8.35** Locomotion: Dan Snow's History of Railways **9.40** Wyatt Earp **10.50** Nigel Marven's Wild Philippines **11.50** Locomotion: Dan Snow's History of Railways **1.00pm** Saints and Sinners: a Millennium of Monasteries **2.20** Locomotion: Dan Snow's History of Railways **3.20** Wyatt Earp **4.30** The Aviators **5.05** Saints and Sinners: a Millennium of Monasteries

6.20pm Locomotion: Dan Snow's History of Railways The historian examines how the expansion of the railways influenced working conditions and changed the way war was waged.

7.30 Saints and Sinners: a Millennium of Monasteries How the medieval period became the golden age of the British monastery.

8.45 The Feud The story behind the conflict between the Hatfield and McCoy families, going beyond the myth to show the forces that ignited the 19th-century feud.

9.55 The Wild West Liam Cunningham brings to life Wyatt Earp and the gunfight at the OK Corral.

11.00 Saints and Sinners: a Millennium of Monasteries

12.20am The Wild West **1.30–2.00am** The Aviators

PBS +1 **Freeview** (HD only) 93

Smithsonian 57

F'view (HD only) 57 **F'sat** 175 **Sky** 195 **Virgin** 276

6.00am Apollo's Moon Shot (HD) **7.00** Helicopter Wars (HD) **8.00** Air Warriors (HD) **9.00** An American Aristocrat's Guide to Great Estates (HD) **10.00** Aerial Britain (HD) **11.00** America in Colour: the 1940s (HD) **12 noon** Apollo's Moon Shot (HD) **1.00pm** Helicopter Wars (HD) **2.00** The Pacific War in Colour (HD) **3.00** An American Aristocrat's Guide to Great Estates (HD) **4.00** The Mountain Lion and Me (HD) **5.00** Air Warriors (HD)

6.00pm America in Colour: the 1940s A look at the decade's most significant moments. (HD)

7.00 Air Warriors The history and successes of supersonic jet fighter the F-16, which is known as the "Fighting Falcon". (HD)

8.00 ***New.*** **Into the Puma Triangle** Wildlife film-maker Casey Anderson's study of mountain lions, and in particular their methods of hunting.

9.00 Panama's Animal Highway The efforts scientists are making to protect a vital animal migration route in Panama. (HD)

10.00 Aerial America A bird's-eye view of the country's lakes, rivers and glaciers. (HD)

11.00 As 8pm.

12 midnight Panama's Animal Highway (HD) **1.00am** Aerial America (HD) **2.00** Into the Puma Triangle **3.00** Panama's Animal Highway (HD) **4.00** Aerial America (HD) **5.00–6.00am** Air Warriors (HD)

CHILDREN'S

Milkshake! on C5

Full listings for Channel 5 are on p88

6.00am Peppa Pig **6.20** Mya Go **6.30** Fireman Sam **6.40** ***New.*** Noddy: Toyland Detective **6.50** ***New.*** Abby Hatcher **7.00** Thomas & Friends: Big World! Big Adventures! **7.15** Milkshake! Monkey's Amazing Adventures **7.20** Peppa Pig **7.40** Top Wing **7.55** ***New.*** Paw Patrol: animals over-run Barkingburg Castle while the Princess is away **8.10** Floogals **8.30** Becca's Bunch **8.40** Little Princess **8.55** Ben and Holly **9.10–9.15am** Sunny Bunnies

CBeebies 202

Freeview 202 **Freesat** 608 **Sky** 614 **Virgin** 702

6.00am Show Me Show Me **6.25** Twirlywoos **6.35** Teletubbies **6.50** Timmy Time **7.00** Numberblocks **7.05** Bing: double bill **7.20** Hey Duggee: double bill **7.35** Bitz & Bob **7.45** Peter Rabbit **8.00** Go Jetters **8.10** Octonauts **8.20** Biggleton **8.35** Justin's House **9.00** Tee and Mo **9.10** Timmy Time **9.15** ***New.*** Dog Loves Books **9.20** Bing **9.30** Twirlywoos **9.40** Patchwork Pals **9.45** Something Special: We're All Friends **10.05** Teletubbies **10.20** The Baby Club; Small Potatoes **10.40** Hey Duggee **10.45** Let's Play **11.05** Let's Go for a Walk **11.20** ***New.*** Pablo; My Petsaurus **11.35** Our Family **11.45** Woolly and Tig **11.50** Tinga Tinga Tales **12 noon** My World Kitchen; Dipdap **12.15pm** Waffle the Wonder Dog **12.30** Molly and Mack **12.45** Melody **1.00** The Furchester Hotel **1.10** Yakka Dee! **1.15** Numberblocks **1.20** Bing **1.30** Twirlywoos **1.45** Something Special: We're All Friends **2.05** Teletubbies **2.20** The Baby Club **2.35** Pablo **2.45** Our Family **3.00** Grace's Amazing Machines **3.15** Swashbuckle **3.35** Hey Duggee **3.45** Octonauts **4.00** Love Monster **4.05** Andy's Aquatic Adventures **4.20** Maddie's Do You Know? **4.35** Peter Rabbit **4.50** Go Jetters **5.00** Gigglebiz **5.15** Waffle the Wonder Dog **5.30** Topsy and Tim; My Petsaurus **5.45** Moon and Me **6.10** ***New.*** Clangers **6.20** In the Night Garden… **6.50–7.00pm** CBeebies Bedtime Stories: a tale is read for younger viewers before they go to bed

CBBC 201

Freeview 201 **Freesat** 607 **Sky** 613 **Virgin** 701

7.00am Arthur **7.15** Dennis & Gnasher Unleashed! **7.25** Danger Mouse **7.40** Newsround **7.45** Boy Girl Dog Cat Mouse Cheese **8.00** ***New.*** Little Big Awesome **8.15** Newsround **8.20** ***New.*** Hey You What If? **8.25** Marrying Mum and Dad **8.55** Art Ninja **9.25** A Week to Beat the World **9.40** Millie Inbetween **2.15pm** Nine Minute Ninja **2.25** A Week to Beat the World **2.40** Craft Party **2.55** Almost Never **3.20** The Deep **3.45** Shaun the Sheep **3.50** Boy Girl Dog Cat Mouse Cheese **4.00** Newsround **4.10** Little Big Awesome **4.25** Odd Squad **4.35** The Pets Factor **5.00** ***New.*** The Next Step: following a group of dancers **5.25** ***New.*** My Perfect Landing **5.50** ***New.*** Got What It Takes? **6.35pm** The Pets Factor **6.55** Horrible Histories **7.25** My Perfect Landing **7.50** The Next Step: reality-style drama **8.15–9.00pm** Got What It Takes?

CITV 203

Freeview 203 **Freesat** 602 **Sky** 621 **Virgin** 734

6.00am Dino Dana **6.25** Bagel and Becky **6.55** ***New.*** Gormiti 3D **7.25** Hotel Transylvania **7.55** Mr Bean **8.25** ***New.*** Buck & Buddy **8.30** Scooby-Doo! **9.00** Craig of the Creek **9.25** Mission Employable **9.30** Lego NinjaGo **9.55** Mighty Mike **10.25** Bear Grylls Survival School **10.50** Make It Pop **11.15** Haunted Hathaways **11.40** Spy School **12.05pm** Thunderbirds **12.30** Transformers **1.00** ***New.*** Gormiti 3D **1.25** LEGO Jurassic World **1.50** Mission Employable **1.55** ToonMarty **2.40** Mighty Mike **3.10** Tom and Jerry **3.30** Scooby-Doo! **4.00** Mr Magoo **4.30** Craig of the Creek **5.00** Lego NinjaGo **5.30** Kung Fu Panda **6.00pm** Thunderbirds **6.25** Transformers **6.55** Hotel Transylvania **7.25** Mr Bean **7.55** ***New.*** Buck & Buddy **8.00** Make It Pop **8.30–9.00pm** Project Z

Books Peter Swanson's favourite crime novels YOUR RT P138

WEDNESDAY Films & Sport

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Arabian days and nights

Aladdin (1992) ★★★★★ *1.10pm* ***Sky Disney***
Aladdin (2019) ★★★ *8.00pm* ***Sky Hits***

Disney's animated musical of Middle Eastern folk tale *Aladdin* was 1992's highest-grossing film, using spanking new digital techniques and a Genie based on improvised Robin Williams routines. Last year's live-action remake under Guy Ritchie was notable for a diverse cast and the opprobrium that greeted Will Smith's blue-hued Genie in the first trailer. You can compare the two today on Sky Cinema, while Disney's faithful update of *The Lion King* premieres on Friday – see review p112. **ANDREW COLLINS**



It's all downhill from here

Force Majeure ★★★★ ***All4*** **FREE TO VIEW**

With the Will Ferrell-starring American remake *Downhill* now in cinemas, here's a chance to see the Scandi original for free on C4's catch-up service. While lunching at a restaurant in the French Alps with his wife and children, Tomas (Johannes Bah Kuhnke) bolts when he believes an avalanche is about to engulf them all, pausing to pick up his iPhone and leaving his family to fend for themselves. What follows is a subtle, deadpan comedy raising uncomfortable issues of the "What would *you* do?" kind. **DAMON WISE**

Back on Netflix

Straight Outta Compton
★★★★ ***Netflix***



Director F Gary Gray's stroke of genius in this biopic about gangsta rap pioneers NWA is to take a melodramatic rags-to-riches tale and shoot it in the style of an action movie. The young actors playing the rappers are uniformly charismatic, including O'Shea Jackson Jr, who is cast as his real-life father, Ice Cube. **LUCY BARRICK**

FREEVIEW

Film4 14

Freeview 14 **Freesat** 300 **Sky** 313 **Virgin** 428/**HD** 429

11.00am Waterloo Road ★★ Wartime drama. John Mills, Stewart Granger, Alastair Sim (1944, PG) (S)
12.35pm A Night to Remember ★★★★ Compelling drama. Kenneth More (1958, PG) (S)
3.10 Tulsa ★★ Colourful if formulaic drama. Susan Hayward, Robert Preston (1949, U) (S)
4.55 The Bravados ★★ Heavy-handed revenge western. Gregory Peck, Joan Collins (1958, PG) (AD)
6.55pm Keeping Up with the Joneses ★★★ Action comedy with a quality cast. Zach Galifianakis, Jon Hamm, Isla Fisher, Gal Gadot (2016, 12) (S) (AD)
9.00 Little Fockers ★★★ Amusing third instalment of the *Meet the Parents* franchise that once again sees ex-CIA guy Robert De Niro pitted against his hapless son-in-law Ben Stiller. (2010, 12) (S) (AD)
10.55 Mr & Mrs Smith ★★★ A married couple also happen to be professional assassins hired to kill each other in this silly but entertaining romantic action comedy. Brad Pitt, Angelina Jolie (2005, 15) (S) (AD)
1.15–3.05am Rafiki ★★★ Romantic drama. Samantha Mugatsia, Sheila Munyiva (2018, 12A)

Film4 +1 **F'view** 45 **F'sat** 301 **Sky** 314 **Virgin** 430

Sony Movies 32

Freeview 32 **Freesat** 302 **Sky** 321 **Virgin** 425

9.00am Murder Unresolved ★★ (2015)
10.55 Framed for Murder ★★ Thriller. (2007)
1.00pm Fatal Acquittal ★★ Crime thriller. Joely Fisher (2014) **2.45 Still Life: a Three Pines Mystery** ★★ Mystery. (2013) **4.30 Hitch** ★★★ Romantic comedy. **Review p38.** Will Smith (2005, 12)
6.50pm Playing for Keeps ★★ Unremarkable romcom. Gerard Butler (2012, 12)
9.00 The Expendables 2 ★★★ Action adventure. Sylvester Stallone, Jason Statham (2012, 15)
11.10 First Kill ★★ Drama. Bruce Willis (2017, 15)
1.15am The Social Network ★★★★★ Drama. Jesse Eisenberg (2010, 12) **3.45–6.00am Short Circuit 2** ★★ Fantasy comedy. (1988, PG)

Sony Movies +1 **F'view** 60 (*limited* 10pm-5am) **Sky** 322

Sony Movies Classic 50

F'view 50 *(limited)* **F'sat** 303 **Sky** 319 **Virgin** 424

6.00am On Dangerous Ground ★★★ (1951, PG)
7.40 The Great Lover ★★★ Comedy. (1949, 12) **9.20 Rhythm Serenade** ★★ Musical. Vera Lynn (1943, U) **11.10 The Secret Life of Walter Mitty** ★★★★ Comedy. Danny Kaye (1947, U)
1.25pm Road to Bali ★★★ Musical comedy. Bob Hope (1952, U) **3.20 Passport to China** ★★ Adventure. (1960, U) **5.00 Rock around the Clock** ★★★ Musical. **Review p38.** (1956, U)
6.40pm Philadelphia ★★★★★ Tom Hanks stars in this moving drama. (1993, 12)
9.00 There's a Girl in My Soup ★★ Tame sex comedy. Peter Sellers, Goldie Hawn (1970, 15)
10.55 The Admirable Crichton ★★★ Adaptation of JM Barrie's play. Kenneth More (1957, U)
12.45am A Prize of Arms ★★★ Crime thriller. Stanley Baker (1961, PG) **2.50 Conduct Unbecoming** ★★ (1975, PG) **4.35–6.00am The Giants of Thessaly** ★★ Adventure. (1960, U)

Sony Movies Classic +1 **F'View** 62 *(limited)* **F'Sat** 304 **Sky** 320

Talking Pictures TV 81

Freeview 81 **Freesat** 306 **Sky** 328 **Virgin** 445

6.00am Up in the Air ★★ (1940) (S) **7.15** Dick Tracy **7.45 Silent Dust** ★ Drama. Sally Gray (1948, PG) **9.25 Do You Know This Voice?** ★★★ Murder mystery. Dan Duryea (1964, PG) **11.00** Richard Diamond **11.30 The Frightened City** ★★ Crime drama. Herbert Lom (1961, PG)
1.30pm Quiet Weekend ★★ Comedy. Derek Farr (1946, U) **3.20 The Strange Love of Martha Ivers** ★★★★★ Film noir. **Film of the Day: p38.** Barbara Stanwyck (1946, PG) (S) **5.40 Hour of Decision** ★★ Mystery. Jeff Morrow (1957, PG)
7.15pm Pool of London ★★ Romantic crime drama. Bonar Colleano, Earl Cameron (1950, PG) (S)
9.00 Rumpole of the Bailey TV drama.
10.05 Fools' Parade ★★★ James Stewart stars in this western caper. (1971)
12.05am Cosh Boy ★★★ Crime drama. James Kenney (1952) **1.40 The Hand** ★★ (1960) (S)
3.10 Variety Jubilee ★★★ Musical. (1942, U) (S)
5.00 Honey West **5.30–6.00am** Rooms

Sky Premiere

Sky 301 **Virgin** 401 **BT** 501/**HD** 515

6.00am Hotel Mumbai Special **6.30 Doom: Annihilation** ★ (2019, 15) **8.15 Straight Up** ★★★★ (2019) **10.00** as 5.45pm **10.15** As 6pm **12.15pm** As 8pm **2.00** as 5.45pm **2.15** As 9.45pm **4.00 This Changes Everything** ★★★ Documentary. Geena Davis (2018, 15) **5.45** The Top Ten Show

6.00pm The Art of Self-Defense ★★★★ Serio-comic spin on *Fight Club*. **Review p82.** (2019, 15)
8.00 Brightburn ★★★ The Superman story is given a sinister makeover. Elizabeth Banks (2019, 15)
9.45 🅿 Cold Blood Legacy ★ Jean Reno plays a hitman in this snowbound thriller. Sarah Lind (2019, 15)
11.30 We Die Young ★★ Coming-of-age gang drama. Jean-Claude Van Damme, Elijah Rodriguez (2019, 15)

1.15am Mapplethorpe ★★ Biopic. Matt Smith (2018, 18) **3.15** As 6.30am **5.00** The Hurricane Heist: The Eye of the Storm **5.30** Extremely Wicked, Shockingly Evil and Vile Special

Sky Premiere +1 **Sky** 312 **Virgin** 412

Sky Hits

Sky 303 **Virgin** 403 **BT** 503/**HD** 517

6.40am Leave No Trace ★★★★ (2018, 12) **8.40 Identity Thief** ★★ Road movie. Jason Bateman (2013, 15) **10.40** As 8pm **12.50pm Star Wars Episode I: the Phantom Menace** ★★★ Sci-fi adventure. (1999, U) **3.10 Star Wars Episode II: Attack of the Clones** ★★★ Adventure. Ewan McGregor (2002, PG)

5.35pm Star Wars Episode III: Revenge of the Sith ★★★ The dark destiny of Anakin Skywalker is decided. Ewan McGregor (2005, 12)
8.00 Aladdin ★★★ Energetic live-action retelling of the *Arabian Nights* tale. **See left.** Will Smith, Mena Massoud, Naomi Scott (2019, PG)
10.10 Greta ★★★ A lonely older widow makes a young woman's life a misery in this sprightly chiller. Chloë Grace Moretz, Isabelle Huppert (2018, 15)

12 midnight Mamma Mia! Here We Go Again ★★★ Musical romantic comedy. Lily James (2018, PG) **2.00am Love, Simon** ★★★★ Drama. Nick Robinson (2018, 12) **4.00 Tooth Fairy** ★★★ Fantasy comedy. Dwayne Johnson (2009, PG)

Sky Monsters

Sky 307 **Virgin** 411 **BT** 511/**HD** 525

6.00am Jason and the Argonauts ★★★★ Fantasy adventure. Todd Armstrong (1963, U) **8.00** As 6pm **10.00** As 10.15pm **12.15pm** As 8pm **2.30 Little Monsters** ★★★★ Horror comedy. Lupita Nyong'o, Alexander England, Josh Gad (2019, 15) **4.15 Zombieland** ★★★ Horror comedy. Woody Harrelson, Jesse Eisenberg (2009, 15)

6.00pm Slaughterhouse Rulez ★★ A posh boarding school is attacked by beasts from below in this spoof horror. Simon Pegg (2018, 15)
8.00 Jurassic World: Fallen Kingdom ★★★ Well-made instalment of the dino-adventure franchise. Chris Pratt (2018, 12)
10.15 John Carter ★★★ Fantasy about a Confederate Civil War veteran who is transported to Mars. Taylor Kitsch, Lynn Collins, Mark Strong (2012, 12)

12.30am Zombieland As 4.15pm **2.15 Resident Evil: Extinction** ★★ Sci-fi action horror. Milla Jovovich (2007, 15) **4.00 Jason and the Argonauts** As 6am

Sky Superhero

Sky 302 **Virgin** 402 **BT** 502/**HD** 516

6.05am Superman ★★★★★ Fantasy adventure. (1978, PG) **8.30 Superman II** ★★★★ Fantasy adventure. Christopher Reeve (1980, PG) **10.40** As 9.35pm **12.40pm** As 11.40pm **2.40 Kick-Ass 2** ★★★ As 1.45am **4.35 Man of Steel** ★★★ Adventure. Henry Cavill (2013, 12)

7.00pm Batman v Superman: Dawn of Justice ★★★ Comic-book icons clash in an earth-shattering smackdown in this superhero adventure. Ben Affleck (2016, 12)
9.35 Ant-Man and the Wasp ★★★★ Rip-roaring, fast-paced and funny Marvel adventure. Paul Rudd, Evangeline Lilly, Michael Douglas (2018, 12)
11.40 Kick-Ass ★★★★ Refreshing if controversial action comedy. Nicolas Cage, Aaron Johnson (2009, 15)

1.45am Kick-Ass 2 ★★★ The teenage crime-fighter returns in this sequel. Aaron Taylor-Johnson, Chloë Grace Moretz, Jim Carrey, Christopher Mintz-Plasse (2013, 15) **3.40 Superman** As 6.05am

Sky Greats

Sky 304 **Virgin** 404 **BT** 504/**HD** 518

8.00am Babe ★★★★ (1995, U) **9.35 Babe: Pig in the City** ★★ (1998, U) **11.15** As 11.30pm **1.15pm Psycho** ★★★★★ Horror thriller. (1960, 15) **3.15 The Bourne Ultimatum** ★★★★★ Spy action thriller. Matt Damon (2007, 12) **5.15 Groundhog Day** ★★★★★ Romantic comedy fantasy. Bill Murray (1993, PG)

7.00pm Twins ★★★★ None-too-subtle but fun comedy. Arnold Schwarzenegger, Danny DeVito (1988, PG)
9.00 Sleepers ★★★ Absorbing drama about four teens who are abused in jail and, years later, plot revenge. Kevin Bacon, Robert De Niro (1996, 18)
11.30 The Hand That Rocks the Cradle ★★★★ Rebecca De Mornay plays the nanny from hell in Curtis Hanson's terrifying psychological thriller. (1992, 15)

1.30am Lethal Weapon 3 ★★★ Action comedy thriller. Mel Gibson (1992, 15) **3.35 Monty Python's The Meaning of Life** ★★★ Comedy. Graham Chapman (1983, 18) **5.30 Remember the Titans** ★★★ US football drama. (2000, PG)

Sky Comedy

Sky 308 **Virgin** 408 **BT** 508/**HD** 522

6.45am As 6pm **8.45 Life of the Party** As 10pm **10.45 Eaten by Lions** As 11.50pm **12.30pm Stella's Last Weekend** ★★★ Romantic comedy. Nat Wolff, Alex Wolff (2018, 15) **2.20 Benchwarmers 2: Breaking Balls** Sports comedy. (2019, 12) **4.05 About a Boy** ★★★★ Comedy drama. (2002, 12)

6.00pm Forgetting Sarah Marshall ★★★ A musician winds up staying in the same hotel as his ex-girlfriend and her new partner. Jason Segel, Kristen Bell (2008, 15)
8.00 Night School ★★ A streetwise hustler goes back to high school. Kevin Hart, Tiffany Haddish (2018, 12)
10.00 Life of the Party ★★ Middle-aged mum Melissa McCarthy returns to college in this fun movie. Maya Rudolph (2018, 12)

11.50pm Eaten by Lions ★★★ Comedy. Antonio Aakeel, Jack Carroll (2018, 12) **1.35am** As 12.30pm **3.25 Metal Heart** ★★★ Coming-of-age comedy. (2018) **5.05 Napoleon Dynamite** ★★★ Comedy. (2004, PG)

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Sky Disney

Sky 305 **Virgin** 405 **BT** 505/**HD** 519

6.55am As 6.30pm **8.25** As 4.45pm **10.10 Lilo & Stitch** ★★★★ Animation. (2002, U) **11.40 Robin Hood** ★★★★ Animated adventure. (1973, U) **1.10pm Aladdin** ★★★★★ Animated musical. **See left.** Scott Weinger (1992, U) **2.45** As 8pm **4.45 Tangled** ★★★★ Animated comedy. Mandy Moore (2010, PG)

6.30pm The Little Mermaid ★★★★★ Delightful fish-out-of-water adventure with show-stopping songs. Jodi Benson, René Auberjonois (1989, U)

8.00 Ralph Breaks the Internet ★★★★ Lively, energetic sequel to animated hit *Wreck-It Ralph*. John C Reilly, Sarah Silverman (2018, PG)

10.00 101 Dalmatians ★★★ Glenn Close is deliciously over the top in this enjoyable live-action version of the canine caper. (1996, U)

11.50pm Pete's Dragon ★★ Cute fantasy. Helen Reddy, Jim Dale (1977, U) **1.45am Aladdin** As 1.10pm **3.25 Christopher Robin** ★★ Part-animated adventure. (2018, PG) **5.20 Spooky Buddies** ★★ Comedy adventure. Harland Williams (2011, U)

Sky Thriller

Sky 309 **Virgin** 409 **BT** 509/**HD** 523

6.10am Distorted ★★ Thriller. Christina Ricci (2018, 15) **7.50 Kissing Candice** ★★★ Drama. Ann Skelly (2017, 15) **9.40 Ride** ★★ Thriller. Jessie T Usher (2018, 15) **11.20** As 7pm **1.20pm** As 9pm **3.25 The International** ★★ Thriller. Clive Owen (2009, 15) **5.25 Jacob's Ladder** ★★ Psychological horror. Michael Ealy (2019, 15)

7.00pm White Boy Rick ★★ A boy's drift into crime makes him an FBI target in this fact-based drama. Matthew McConaughey (2018, 15)

9.00 Hotel Mumbai ★★★ Hotel staff members Dev Patel and Anupam Kher risk their lives during a terrorist attack. (2018, 15)

11.05 Face/Off ★★★★ John Travolta and Nicolas Cage suffer an acute case of identity crisis in this high-octane action thriller. (1997, 18)

1.35am Midnight Express ★★★★★ Biopic. Brad Davis, Randy Quaid, John Hurt (1978, 18) **3.45 Outlaws** ★★ Crime drama. Matt Nable, Ryan Corr, Abbey Lee (2017, 18) **5.30 Point Last Seen** ★★★ Suspense thriller. Linda Hamilton (1998)

Sky Action

Sky 311 **Virgin** 407 **BT** 507/**HD** 521

6.15am Vertical Limit As 3.05pm **8.30 The Lone Ranger** As 5.20pm **11.05 Mortal Engines** As 8pm **1.20pm Big Trouble in Little China** As 12.15am **3.05 Vertical Limit** ★★ Predictable but watchable thriller from the director of *GoldenEye*. Chris O'Donnell (2000, 12)

5.20pm The Lone Ranger ★★★★ Brilliantly staged and hugely enjoyable Wild West adventure. Johnny Depp (2013, 12)

8.00 Mortal Engines ★★★ Mobile cities fight for world domination in this visually stunning sci-fi. Hugo Weaving, Hera Hilmar (2018, 12)

10.15 War of the Worlds ★★★★ Tom Cruise battles to protect his family from giant alien invaders. Dakota Fanning (2005, 12)

12.15am Big Trouble in Little China ★★ Adventure. Kurt Russell, Kim Cattrall (1986, 15) **2.00am Red Heat** ★★★ Action. Arnold Schwarzenegger (1988, 18) **4.00 The Next Karate Kid** ★★ Action sequel. Noriyuki "Pat" Morita (1994, PG)

Sky Family

Sky 306 **Virgin** 406 **BT** 506/**HD** 520

6.10am A Wizard's Tale ★★ Animation. Toby Kebbell (2018, U) **7.55** As 6.10pm **9.55** As 4.25pm **11.40 Stuart Little** ★★★ Part-animated fantasy adventure. Michael J Fox, Geena Davis, Hugh Laurie (1999, U) **1.10pm** As 8pm **2.40** As 9.30pm **4.25 Matilda** ★★★★ Comedy fantasy. Mara Wilson (1996, PG)

6.10pm The Lego Movie 2: the Second Part ★★★★ Ever-inventive animated sequel that fizzes with colour. Chris Pratt (2019, U)

8.00 Teen Titans Go! To the Movies ★★★ The junior crime-fighters leap into action in this gag-packed parody. Scott Menville (2018, PG)

9.30 Star Wars: The Clone Wars ★★ Anakin Skywalker must rescue Jabba the Hutt's son in this flashy animation. Matt Lanter (2008, PG)

11.15pm Who Framed Roger Rabbit ★★★★★ Comedy. Bob Hoskins (1988, PG) **1.10am The Adventures of Sharkboy and Lavagirl** ★★ (2005, U) **2.55 Anastasia** ★★★ (1997, U) **4.40 The Swan Princess** ★★★ (1994, U)

Sky Drama

Sky 310 **Virgin** 410 **BT** 510/**HD** 524

6.30am Sabrina ★★★★★ Romantic comedy. Humphrey Bogart, Audrey Hepburn, William Holden (1954, U) **8.30** As 10pm **10.10 The Old Man & the Gun** As 6.15pm **11.55 JT LeRoy** As 8pm **1.55pm Men of Honor** As 11.35pm **4.15 Ray & Liz** ★★★★ Drama. Ella Smith, Justin Salinger (2018, 15)

6.15pm The Old Man & the Gun ★★★★★ Poignant, "mostly" true crime tale with Robert Redford as an elderly outlaw making his way across 1980s America. (2018, 12)

8.00 JT LeRoy ★★★ Dramatic retelling of the story of identity "hoax" writer Laura Albert. Kristen Stewart, Laura Dern, Kelvin Harrison Jr (2018, 15)

10.00 Cruise ★★ Stylish romance in which a party boy falls for a college girl. Spencer Boldman (2018, 15)

11.35pm Men of Honor ★★★ Action drama based on a true story. Robert De Niro, Cuba Gooding Jr, Charlize Theron (2000, 15) **1.55am Ray & Liz** As 4.15pm **3.55 Sabrina** As 6.30am

TCM Movies

Sky 315 **Virgin** 415/**HD** 416 **BT** 512/**HD** 526

6.00am Close Up **6.30 For Whom the Bell Tolls** ★★★ (1943, U) **9.40 You Can't Cheat an Honest Man** ★★ (1939) **11.20 Escape from Fort Bravo** ★★★ Western. (1953, PG) **1.30pm Casablanca** ★★★★★ Romantic drama. (1942, U) **3.35 Day of the Evil Gun** ★★ Western. Glenn Ford (1968, PG)

5.35pm The Lone Ranger ★★ Clayton Moore and Jay Silverheels star in a nostalgia-fest for lovers of clean-cut westerns. (1956, U)

7.25 Rope ★★★ Intriguing thriller from Alfred Hitchcock in which two men murder an acquaintance and then host a party. (1948, PG)

9.00 Magnum Force ★★★ Clint Eastwood stars as the no-nonsense cop in this all-guns-blazing follow-up to *Dirty Harry*. (1973, 18)

11.40pm Money Talks ★★ Action comedy. (1997, 18) **1.45am Jackie Chan's First Strike** ★★ Thriller. (1996, 12) **3.20** Off Set **3.30** Hollywood's Best Film Directors **5.00** Close Up

TCM Movies +1 **Sky** 316 **Virgin** 417

SPORT



Champions League *7.00pm* ***BT Sport 2*** Can Gini Wijnaldum inspire a Liverpool comeback?

Sky Main Event

Sky 401 **Virgin** 511/**HD** 501 **BT** 402/420/**HD** 437/440

6.00am Good Morning Sports Fans **10.00** Football Centre **12 noon** Sky Sports News **1.00pm LIVE PGA Tour Golf** The practice rounds from the Players Championship at TPC Sawgrass in Florida. **9.00** Sky Sports Tonight **10.00** The Debate **11.00** NBA: the Warm Up **11.30 LIVE NBA** Philadelphia 76ers v Detroit Pistons at Wells Fargo Centre (tip-off **11.30**). **2.00–6.00am** Sky Sports News

Sky Football

Sky 403 **Virgin** 513/**HD** 503 **BT** 422/**HD** 442

6.00am EFL Greatest Games **6.45** SPFL Greatest Games **7.00** Championship Goals **7.30** Countdowns (AD) **8.00** Football Years (AD) **8.30** EFL Greatest Games **8.45** One2Eleven (AD) **9.00** SPFL Greatest Games **9.30** Classic Play-Off Finals **10.30** EFL Greatest Games **11.15** SPFL Greatest Games **11.30** Greatest Players (AD) **12 noon** Countdowns (AD) **12.30pm** Football Years (AD) **1.00** SPFL Greatest Games **1.45** One2Eleven (AD) **2.00** Classic Play-Off Finals **3.00** Greatest Players **3.30** Countdowns (AD) **4.00** Football Years (AD) **4.30** Classic Play-Offs **5.30** SPFL Greatest Games **6.00** Classic League Cup Final: Cardiff City v Liverpool from February 2012 **7.00** MLS Round-Up **7.30** League One and Two Goals **8.00** Championship Highlights **10.00** SPFL Greatest Games **10.30** EFL Greatest Games **11.00** One2Eleven (AD) **11.15** EFL Greatest Games **11.30** SPFL Greatest Games **12 midnight** Football Years: 1990/91 (AD) **12.30am** SPFL Greatest Games **1.00** Countdowns (AD) **1.30** Football Years (AD) **2.00** Championship Season Review **3.00** Classic Play-Off Finals **5.00–6.00am** League Cup Classics

Sky The Players

Sky 405 **Virgin** 515/**HD** 505 **BT** 424/**HD** 444

6.00am The Players Championship Official Film **10.00** Golf Academy **11.00** How the Players Was Won: a review of the 2019 tournament **1.00pm LIVE PGA Tour Golf** The practice rounds from the Players Championship at TPC Sawgrass in Florida. **9.00** PGA Tour: the Cut **9.30** Rory's Review of 2019 **10.00** Golf Academy **11.00** Best of the Sky Zone (AD) **11.30** PGA Tour: the Cut **12 midnight–6.00am** The Players Championship Official Film (AD)

Amazon Prime

6.00pm LIVE Tennis BNP Paribas Open, the women's first round from Indian Wells.

Sky Premier League

Sky 402 **Virgin** 512/**HD** 502 **BT** 421/**HD** 441

6.00am Greatest Games **7.00** The Debate **8.00** Best Goals **8.30** Best Goals **9.00** 100 Club (AD) **10.00** Years (AD) **12 noon** The Debate **1.00pm** Years (AD) **3.00** Best Goals (AD) **4.00** Greatest Games (AD) **5.00** 100 Club (AD) **6.00** Legends (AD) **7.00** Premier League World **7.30** The Tyler Archives **8.00** Soccerbox **9.00** Premier League World **9.30** The Tyler Archives **10.00** The Debate **11.00** Best Goals (AD) **12 midnight** The Debate **1.00am** Years (AD) **3.00** Greatest Games **4.00** Best Goals **5.30–6.00am** 100 Club (AD)

Sky Cricket

Sky 404 **Virgin** 514/**HD** 504 **BT** 423/**HD** 443

6.00am Greatest Games (AD) **7.00** Best of England v Australia **8.00** Greatest Games (AD) **9.00** Best of England v Australia (AD) **10.00** How the 2009 World T20 Was Won **12 noon** Greatest Games (AD) **1.00pm** Best of England v Australia **2.00** Greatest Games (AD) **3.00** Best of England v Australia **4.00** How the 2009 World T20 Was Won **6.00** Women's T20 World Cup: a rerun of the final from Melbourne **10.00** Winning Over The World (AD) **11.00** How the 2009 World T20 Was Won **1.00am** Best of England v Australia **2.00** Greatest Games (AD) **3.00** Best of England v Australia (AD) **4.00** Greatest Games (AD) **5.00–6.00am** Best of England v Australia (AD)

Sky Action

Sky 407 **Virgin** 517/**HD** 507 **BT** 426/**HD** 446

6.00am Boxing Gold (AD) **7.00** Sporting Records (AD) **8.00** NFL: a Football Life (AD) **9.00** NFL: America's Game (AD) **10.00** Sporting Records (AD) **10.30** Fishing **11.00** NFL **12 noon** NFL: a Football Life (AD) **1.00pm** Sporting Records (AD) **2.00** Darts Gold **2.30** Boxing Gold **3.30** Darts Gold **4.30** Sporting Records (AD) **5.00** Fishing **5.30** Darts Gold **6.00** Pro-Football Talk **8.00** NFL **10.00** Motorsport Mundial **10.30** Fishing **11.00** NFL: a Football Life (AD) **12 midnight** NFL: America's Game (AD) **1.00am** Super League Gold (AD) **2.00** NFL: Greatest Games (AD) **3.30** Darts Gold **4.00** Sporting Records (AD) **5.00–6.00am** Sporting Greats (AD)

Sky Arena

Sky 408 **Virgin** 518/**HD** 508 **BT** 427/**HD** 447

6.00am Sporting Greats (AD) **7.00** Super League Gold (AD) **8.00** Greats (AD) **8.30** Fishing **9.00** Records (AD) **10.00** Boxing Gold **11.00** Netball **1.00pm** Sporting Greats (AD) **2.00** NBA (AD) **4.00** Fishing **4.30** Sporting Greats (AD) **5.00** Boxing Gold (AD) **6.00** Super League: highlights **6.30** Super League Gold (AD) **7.00** Inside Super League **8.00** Super League **8.30** NBA **10.00** Inside Super League **11.00** NBA: the Warm Up: previews **11.30 LIVE NBA** Philadelphia 76ers v Detroit Pistons. **2.00am** Super League Gold (AD) **3.00** Records (AD) **4.00** Greats (AD) **5.00–6.00am** Sporting Records (AD)

Eurosport 1

Sky 410 **Virgin** 521 **BT** 412/**HD** 435

6.00am Alpine Skiing **7.00** Cycling: Paris-Nice **8.00** Snooker **10.00** Triathlon **10.30** Table Tennis **11.35** Fencing: Grand Prix **12.40pm** Cycling **1.40 LIVE Cycling** Stage four of Paris-Nice, a 15km time-trial. **3.40** Ski Jumping **4.25 LIVE Ski Jumping** The World Cup event in Trondheim. **5.45** Alpine Skiing **7.45** Cycling **10.00** Ski Jumping **11.00** Cycling **1.00am** Triathlon **2.00** Cycling **4.00** Ski Jumping **5.00–6.00am** Alpine Skiing

BT Sport 1

Sky 413 **Virgin** 527 **BT** 408/**HD** 430

6.00am BT Sport Goals Reload **6.30** Early Kick-Off **6.45** Premier League Reload **7.00** Wrestling **9.30** Europa League Magazine **10.00** Rugby Union **12.30pm** World Rally **1.00** The Grid (AD) **1.30** Fishing (AD) **2.30** Premier League Football **4.00** Score Best Bits **4.30** BT Sport Reload **5.00** SPFL **5.15** Premier League Reload **5.30 LIVE German Football** Borussia Mönchengladbach v FC Cologne (kick-off **5.30**). **7.30** Premier League World **8.00** MotoGP: Qatar Grand Prix **9.00** Rugby Tonight (AD) **9.30** Badminton (AD) **10.00** Wrestling **1.00am LIVE Wrestling** NXT. **3.15** MotoGP Rewind **3.30** Rugby Tonight (AD) **4.00–6.00am** Classic Boxing (AD)

BT Sport 2

Sky 414 **Virgin** 528 **BT** 409/**HD** 431

6.00am Champions League Highlights **8.00** MotoGP **12 noon** Non-League Football **1.30pm** French Football **2.30** German Football **3.30** Italian Football **4.00** Wrestling: WWE action (AD) **6.00** Champions League Highlights **7.00 LIVE Champions League Football** RT Liverpool v Atlético Madrid, round of 16 second leg at Anfield (kick-off **8.00**). **See p84.** **10.30** Champions League Highlights **11.30** Dan Hardy's Open Mat **12 midnight** UFC: Adesanya v Romero **4.00am** UFC Unleashed (AD) **5.00–6.00am** Fishing (AD)

BT Sport 3

Sky 417 **Virgin** 529 **BT** 410/**HD** 432

6.00am Australian Football **12 noon** Champions League Highlights **2.00pm** BT Sport Score Best Bits **2.30** Australian Football **3.30** SPFL Highlights **3.45** Europa League Magazine **4.15** Champions League Highlights **6.15** German Football **7.15 LIVE Champions League Football** Paris Saint-Germain v Borussia Dortmund (kick-off **8.00**). **10.15** Premier League Review **11.15** German Football (AD) **11.45** MotoGP **12 midnight** Champions League Highlights **2.00am** German Football **3.00** French Football **4.00** Italian Football **4.30** Non-League Highlights **5.00–6.00am** Australian Football

BT Sport ESPN

Sky 423 **Virgin** 530 **BT** 411/**HD** 434

6.00am Around the Horn **6.30** PTI **7.00** ESPN FC **7.30** Basketball **11.00** World Rally **11.30** Around the Horn **12 noon** ESPN FC **12.30pm** Pardon the Interruption **1.00** Basketball **2.45** BT Sport Reload **3.00** NHL **5.00 LIVE Major League Baseball** Minnesota Twins v Atlanta Braves (start-time **5.05**); **8.00** Los Angeles Angels v Oakland Athletics (start-time **8.10**). **11.00** BT Sport Reload **11.30** Basketball **3.00–6.00am** Baseball

Eurosport 2

Sky 411 **Virgin** 522 **BT** 413/**HD** 436

6.00am Cycling **7.00** Fencing **8.00** Cycling **10.00** Motocross **12 noon** Motorcycling **12.15pm** Cycling **1.15 LIVE Cycling** Stage one of the Tirreno-Adriatico race, from Lido di Camaiore, Italy. **4.15** Cycling **4.30** World Superbikes **6.00** Snooker **8.00** Ski Jumping **9.00** Alpine Skiing **11.00** Motocross **1.00am** Fencing **1.10** Cycling **1.40** Fencing **1.50** Snooker 147s **2.00** Olympics: Hall of Fame **3.00** Snooker **5.00–6.00am** Cycling: Paris-Nice

THURSDAY Choices The pick of today's TV



GROWING PAINS
Parents Ally and Paul (Daisy Haggard and Martin Freeman) are struggling

PICK OF THE DAY **Breeders** *10.00pm, 10.35pm* ***Sky 1***

SITCOM *New series* How many comedies are honest about what being a parent of young children entails? Maybe *Motherland* broke the mould, but *Breeders* takes it to another level. Within seconds we see Paul (Martin Freeman) swear with boiling rage at his worried-looking children. Over the course of the opening episode he unravels through a long night of sleeplessness – getting the kids to do press-ups at 3.50am and negotiating with wife Ally (Daisy Haggard) over who has the harder day tomorrow.

It's painful to watch but painfully funny, thanks to precision writing from Simon Blackwell. "I'm not a nice man, I found that out," Paul tells his father (a great turn from Alun Armstrong). "For 30-odd years I was convinced I was nice, but I'm not." And he really isn't, though there are parts of his parenting some may watch with guilty recognition: "I would die for those kids, Ally," Paul admits in the show's central conundrum. "But often, I also want to kill them." **DAVID BUTCHER** *See feature: page 28*

Villages by the Sea

7.30pm ***BBC2*** *(not Wales)*

DOCUMENTARY Rangy archaeologist Ben Robinson gently digs into the distant past of the Holy Island of Lindisfarne, which sits ruggedly off the coast of Northumbria and was once a hub of culture and learning. The Lindisfarne Gospels are deconstructed, with a quick guide to the pigments used (look out – arsenic!) and the top-quality vellum that bore the text, and would have necessitated the keeping of calves for their skin.

Then, having traced the likely layout of the old village by following contours and paths that are still visible, Robinson investigates the aftermath of the day it all went wrong, when the Vikings arrived. **JACK SEALE**

Secrets of the Museum

8.00pm ***BBC2***

DOCUMENTARY What a delightful series this has been, a charming oasis of quiet, confident expertise and the people who take such pride and joy in their jobs as conservators at the Victoria and Albert Museum. In the final episode we follow preparations for an exhibition devoted to cars. One star attraction will be a customised 1962 "low rider" Chevy Impala, a £130,000 labour of love for its owner. But curators fear it is simply too big for the exhibition space.

And there's a big-sigh moment for lovers of bling when a metal detectorist's find, a gorgeous 15th-century jewelled cluster brooch, is prepared for display. It's stunning. **ALISON GRAHAM**

Noughts + Crosses

9.00pm ***BBC1***

DRAMA The black ruling class are divided over how best to deal with a groundswell of white unrest. Hardline home secretary Kamal (Paterson Joseph) wants to take firm action and believes what matters is "strength in difference", though the prime minister tells him, "You're planting your flag on the wrong side of history."

Just as well Kamal is unaware that his own daughter, Sephy, is growing more and more involved with Callum, the son of Kamal's housekeeper. As the lovers try to find ways to meet, Sephy's boyfriend Lekan becomes suspicious: Jonathan Ajayi conveys real menace as a bully consumed with jealousy. **DAVID BUTCHER**
News: page 6

Hospital

9.00pm ***BBC2***

DOCUMENTARY If you are stuck in hospital, well enough to leave but with nowhere to go that will meet your care needs, the NHS calls you "stranded". If you are stuck longer than three weeks, you are "super-stranded", and as this latest bulletin from Liverpool's frontline makes clear, that can be purgatory.

Aintree Hospital has 180 super-stranded patients in acute beds: across the country there are 325,000 – equivalent to having 54 hospitals out of action. We meet double amputee Brian, who is weary of waiting for accommodation and three-year-old Hari, an inpatient for seven months who must wait until the council can build his family a suitable house. **DAVID BUTCHER**

TODAY IN SOAPLAND



OK, We Need to Talk about Arthur. And yes, the allusion to Lionel Shriver is deliberate, because **Emmerdale** (7pm, 8pm ITV) is once again putting the youngster's bullying of little Archie in the spotlight. A seemingly repentant Arthur may have confessed all to mum Laurel about his horrible actions, but tonight, Archie ends up trapped underneath a toppled cabinet. Is Laurel right to worry that her son is up to his old tricks?

Soaps these days often compete with each other to appear innovative and fresh. Let's tell our story backwards or from the perspective of a beloved pet cat (give them time, it's bound to happen at some point). This week, though, the most left of leftfield plotline comes courtesy of **Doctors** (1.45pm BBC1), which finds Bear trying to help a patient who thinks she's being stalked by Joe Pasquale. It'll come as no surprise that there's a guest appearance from the self-same squeaky-voiced comedian. **DAVID BROWN**

The Station: Trouble on the Tracks

9.00pm ***ITV***

DOCUMENTARY ***New series***

"There's a saying about people in a brewery: that's Network Rail," says a disgruntled passenger at Birmingham New Street, a junior doctor who has only slept for four hours in the last 24.

But the programme as a whole – the first of a series – gives the impression that staff are in fact cheerfully well organised. Heavy rainfall causes a flood on a section of track and the "orange army" of trackside workers under manager Ryan set about trying to un-flood it, while back at New Street a shortage of replacement buses causes aggro and angry questions for Customer Assistant Andy, whose best response is, "This is a bald patch, not a crystal ball." **DAVID BUTCHER**

War of the Worlds

9.00pm ***Fox***

DRAMA It's safe to say Elizabeth McGovern had a far cushier gig as *Downton's* Lady Grantham. Here, as edgy but determined Helen, she trudges train tracks, wields a firearm and steps over corpses in a government bunker, in the hope of tracing her missing son. She can't even get a wash – and only has her estranged hubby Bill (Gabriel Byrne at his gloomiest) to keep her spirits up.

An eventful if monumentally grim third episode sees the survivors of the invasion facing their bleak new world and forming unexpected alliances. Middle-class mum Sarah (Natasha Little) wants only to look out for her kids but is obliged to help at a hospital, where her blind daughter regains her sight. But how? **PATRICK MULKERN**

Meet the Richardsons

10.00pm ***Dave***

SITCOM Not everything works in Lucy Beaumont and Jon Richardson's likeable mock-doc about their marriage but there's a handful of big laughs per episode. These often come from Jon's magnificent uptightness. For instance, "How many tours do I have to end with a routine about loading the dishwasher, before people just do it properly?" he moans.

This week he swears at a lawnmower, reluctantly tries yoga (he likes the "worrier pose") and uses cardboard to deaden the sound of bottles in his recycling – "I don't tell my doctor what I drink, so I don't see why I should tell my neighbours." Meanwhile, Lucy escapes his misanthropy thanks to a night out with Alan Carr. **DAVID BUTCHER**



LIVING BETTER
Kate Quilton and Dr Javid Abdelmoneim

How to Beat... Ageing

8.00pm ***C4***

HEALTH ***New series*** Does Dry January already seem like a distant memory? Well, you may find fresh motivation to restart your fitness regime here as a band of exercise-averse volunteers try to make some lifestyle changes.

We begin with shocks for the group, the majority of whom discover that their biological age is much higher than their real age. From that point on, it's pretty much your standard weight-loss TV journey as the gang stick to new health plans for five weeks before reuniting in the hope of hearing that their efforts have helped turn back the clock.

But amid the calorie cutting, there are some interesting reports, most notably when co-presenter Kate Quilton pays a visit to a Dance for Parkinson's class at the English National Ballet to discover how dancing can improve the lives of people with neurological conditions. **DAVID BROWN**

DISCOVER TV

The best of streaming and catch-up



The Test: a New Era for Australia's Team

Amazon Prime

When Ben Stokes hit that cut shot to win the epic Third Test against Australia last summer, what was it like to be in the opposition dressing room? Find out here, in a documentary that goes back to the Aussies rebuilding in the wake of their 2018 ball-tampering scandal. It's intense.

DISCOVER TV KIDS



Pablo

11.20am ***CBeebies, iPlayer***

Five-and-a-half-year-old Pablo uses magic crayons and animated friends to turn life's little challenges into big adventures, in the first animated series with an all-autistic main cast. Here's a brand-new trip into Pablo's wonderful imagination. **JS**

BEST LIVE SPORT

- **PGA Tour Golf: the Players Championship, day one** *11.30am* ***Sky The Players/Main Event*** The "fifth Major" from Sawgrass.
- **Racing: Cheltenham Festival, day three** *1pm* ***ITV*** The Festival Trophy takes centre stage today.
- **Europa League Football** *from 5.45pm* ***BT Sport 2/3/ESPN*** The round of 16 gets under way.
- **Premier League Darts** *7pm* ***Sky Action*** From Liverpool.

FILM OF THE DAY

Breaking Dawn Part Two

8.00pm ***5 Star***

The final instalment of the *Twilight* teen vampire romantic fantasy. **See page 38**

GEETTY

THURSDAY Main Channels

DAYTIME

BBC1

6.00am Breakfast Sally Nugent, Charlie Stayt. (S) (HD)
9.15 Crimewatch Roadshow Live How police horses are used to help control football crowds. (S) (HD)
10.00 Homes under the Hammer Properties in Glasgow, Birmingham and Swindon. (S) (HD)
11.00 Dom Does America Dominic Littlewood joins the coastguard of Corpus Christi, Texas. (R) (S) (AD) (HD)
11.45 Saved on Camera A boat catches fire. (S) (HD)
12.15pm Bargain Hunt Two teams compete at Southwell Racecourse in Nottinghamshire. (S) (AD) (HD)
1.00 BBC News Regional News; Weather (S) (HD)
1.45 Doctors A patient claims she is being stalked by comedian Joe Pasquale, who guest-stars. (S) (AD) (HD)
Today in Soapland: page 95
2.15 Five Bedrooms *3/8*. There is bad feeling towards Ben, who has kept information from his housemates. The whole series is available on iPlayer. (S) (AD) (HD)
3.00 Escape to the Country In Somerset. (R) (S) (AD) (HD)
3.45 Money for Nothing Sarah Moore saves tents and dining chairs. Repeated tomorrow 6.30am BBC2 (S) (HD)
4.30–5.15 Ready Steady Cook Mother and daughter Audrey and Candice compete. Rptd Fri 7.15am BBC2 (S) (HD)

BBC2

6.30am Money for Nothing Shown Wed 3.45pm BBC1 (S) (HD)
7.15 Escape to the Country Shown Wed 3pm BBC1 (S) (AD) (HD)
8.00–9.00 Sign Zone **8.00 Great British Railway Journeys** Michael Portillo explores the east of England in the interwar period. (R) (S) (AD) (HD) **8.30 Lose Weight and Get Fit with Tom Kerridge** *6/6.* The chef and his group of volunteers discover how much weight they have lost. (R) (S) (HD)
9.00 BBC News (S) (HD)
10.00 Victoria Derbyshire Current affairs. (S) (HD)
11.00 BBC Newsroom Live (S) (HD)
BBC RED BUTTON 11.00am–8.00pm Badminton The All England Championships from the Birmingham Arena
12.15pm Politics Live With Jo Coburn. (S) (HD)
1.00 Hardball Quiz hosted by Ore Oduba. (R) (S) (HD)
1.45 Best House in Town Three wildcard properties are thrown into the mix in Leicester. (R) (S) (HD)
2.30 Terry and Mason's Great Food Trip The duo's culinary tour of Britain takes them to Bristol. (R) (S) (HD)
3.00 Red Rock *Series 3*. Johno reckons Mick Moran was involved in Keith's disappearance. (R) (S) (AD) (HD)
3.40 The Great Interior Design Challenge The designers transform attic bedrooms. (R) (S) (AD) (HD)
4.40–5.10 Portillo's State Secrets Files that reveal the Church's role in slavery. (R) (S) (AD) (HD)

ITV

6.00am Good Morning Britain (S) (HD)
9.00 Lorraine More guests and gossip. (S) (HD)
10.00 This Morning Including **Regional Weather** (S) (HD)
12.30pm ITV News Regional News; Weather (S) (HD)
1.00 LIVE Racing: Cheltenham Festival The third day of jump racing, featuring the Festival Trophy at **2.50**, plus races at **1.30**, **2.10**, **3.30** and **4.10**. (S) (HD)
4.30–5.00 Tipping Point: Best Ever Finals Nail-biting endgames with Ben Shephard. (R) (S) (HD)

Channel 4

6.30am Cheers Double bill of the comedy. (R) (S) (HD)
7.20 The King of Queens Two episodes. (R) (S) (AD)
8.10 Everybody Loves Raymond Double bill. (R) (S) (AD)
9.10 Frasier Two episodes of the sitcom. (R) (S) (AD)
10.10 Undercover Boss Canada Featuring the president of fashion company Mexx Canada. (R) (S) (HD)
11.05 Ramsay's Kitchen Nightmares USA Gordon Ramsay visits Sushi Ko. (R) (S) **12 noon News** (S) (HD)
12.05pm Come Dine with Me Hospital-radio DJ Zaira Sheikh hopes to dazzle in Hampshire. (R) (S) (HD)
1.05 Posh Pawnbrokers Items include a paraglider, an Indian diamond bracelet and a narrowboat. (R) (S) (HD)
2.10 Countdown Jeremy Thompson guests. (S) (HD)
3.00 A Place in the Sun Sisters Kay and Faye hope to realise their dream of a home in Cannes. (R) (S) (HD)
4.00–5.00 A New Life in the Sun: Where Are They Now? Meeting the British hairdresser who gambled everything on a salon in Spain. (R) (S) (HD)

BBC1



Noughts + Crosses *9.00pm*
It's a proud day for Meggie as she attends Callum's passing-in parade

5.15pm Pointless
Quiz presented by Alexander Armstrong. (R) (S) (HD)

6.00 BBC News Weather (S) (HD)

6.30 Regional news magazines (S)

7.00 The One Show
Presented by Alex Jones and Matt Baker. (S) (HD)

7.30 EastEnders
Isaac shows his true colours. More at 8.30pm.

Isaac Baptiste	**Stevie Basaula**	Chantelle Atkins	**Jessica Plummer**
Patrick Trueman	**Rudolph Walker**	Tiffany Butcher-Baker	**Maisie Smith**
Mitch Baker	**Roger Griffiths**	Karen Taylor	**Lorraine Stanley**
Gray Atkins	**Toby-Alexander Smith**	Kathy Beale	**Gillian Taylforth**
Ash Kaur	**Gurlaine Kaur Garcha**	Kat Moon	**Jessie Wallace**
Kush Kazemi	**Davood Ghadami**	Max Branning	**Jake Wood**
Lola Pearce	**Danielle Harold**	Ian Beale	**Adam Woodyatt**
Shirley Carter	**Linda Henry**	Dotty Cotton	**Milly Zero**
Peter Beale	**Dayle Hudson**	Lexi Pearce	**Isabella Brown**
Vinny Panesar	**Shiv Jalota**	Amy Mitchell	**Abbie Burke**
Sheree Trueman	**Suzette Llewellyn**	Tommy Moon	**Shay Crotty**
Ruby Allen	**Louisa Lytton**	Ricky Mitchell	**Frankie Day**
Jack Branning	**Scott Maslen**	Bailey Baker	**Kara-Leah Fernandes**
Phil Mitchell	**Steve McFadden**	Lily Fowler	**Aine Garvey**
Whitney Dean	**Shona McGarty**	Janet Mitchell	**Grace**
Bobby Beale	**Clay Milner Russell**	Chatham Taylor	**Alfie Jacobs**
Keegan Baker	**Zack Morris**	Riley Taylor	**Tom Jacobs**
Mo Harris	**Laila Morse**	Mackenzie Atkins	**Isaac Lemonius**
Habiba Ahmed	**Rukku Nahar**	Will Mitchell	**Freddie Phillips**
Bernadette Taylor	**Clair Norris**	Mia Atkins	**Mahalia Malcolm**
Denise Fox	**Diane Parish**		

Writer Peter Mattessi This week's episodes directed by Toby Frow
More cast Monday (S) (AD) (HD)

8.00 MasterChef
It's quarter-final night and the six heat winners return to the kitchen to face the daunting task of cooking a plant-based dish for notoriously vegan-resistant food critic William Sitwell. (S) (AD) (HD)

8.30 EastEnders
Mitch follows Gray to find out what he is up to.
Writer Peter Mattessi (S) (AD) (HD)

9.00 Noughts + Crosses
RT *2/6.* Callum's brother Jude gets involved with Dorn's plans to lead the Liberation Militia terrorist group. Kamal seizes an opportunity to undermine the prime minister, and Callum and Sephy visit a clandestine meeting place for mixed couples. **See page 94.**

Sephy Hadley	**Masali Baduza**	Monifa Falana	**Ngele Ramulondi**
Callum McGregor	**Jack Rowan**	Aba Mumuni	**Zintle Mayaphi**
Meggie McGregor	**Helen Baxendale**	Barnaby Mabunda	**Romario Simpson**
Kamal Hadley	**Paterson Joseph**	Yaro Baloyi	**Luke Bailey**
Jack Dorn	**Shaun Dingwall**	News reporter Akande Adedeji	
Jude McGregor	**Josh Dylan**		**Ben Kgosimore**
Lekan Baako	**Jonathan Ajayi**	Imari Moradeyo	**Zikhona Mda**
Minerva Hadley	**Kiké Brimah**	Deputy Commissioner Folu Abiola	
Opal Folami	**Rakie Ayola**		**Nicholas Beveney**
Jasmine Hadley	**Bonnie Mbuli**	Nicola Williams	**Christia Visser**
Ryan McGregor	**Ian Hart**	Dave Hickson	**Stephen Jennings**
Anthony	**Oliver Dench**	Mr Okonjo	**Joe Vaz**
Scott	**Sam Baker-Jones**	Linda Hickson	**Susan Danford**
Sgt Major Bolade Oluade		Danny Hickson	**Charlie Chambers**
	Nathaniel Ramabulana	The Druid	**Inge Beckmann**
Elaine Sawyer	**Jodie Tyack**		

Dramatised by Lydia Adetunji; Producer Johann Knobel
Director Julian Holmes (S) (AD) (HD)
News: page 6

10.00 BBC News Regional News; Weather (S) (HD)

10.35 Question Time
Fiona Bruce presents from West Bromwich. Further debate on *Question Time Extra Time* on Radio 5 Live.
Director Rob Hopkin; Executive producer Nicolai Gentchev
HAVE YOUR SAY: text 85058 or tweet with #bbcqt (S) (HD)

11.35 Newscast
A discussion of the political stories of the week.
Executive producer Rob Burley; Editor Dino Sofos
Repeated tomorrow 10.30pm BBC Parliament (S) (HD)

12.05am Weather for the Week Ahead (S) (HD)
12.10–6.00am BBC News (S) (HD)

BBC1 **Freeview** 1/HD 101 **Freesat** 101/HD 106 **Sky** 101/HD 115 **Virgin** 101/HD 108

BBC2



Secrets of the Museum *8.00pm*
Alice Minter hopes treatment to a fine but damaged item will be a success

5.10pm Flog It!
Paul Martin and his team of experts help people try to make money out of their antiques. (R) (S) (HD)

6.00 Richard Osman's House of Games
Previous winners Hugh Dennis, Sarah Greene, Nish Kumar and Holly Walsh test their skills. (S) (HD)

6.30 Great British Railway Journeys
Piccadilly Circus to Gravesend. Michael Portillo visits an exotic West End store and hears how a Russian ballet company took London by storm.
Director Cassie Farrell; Series producer Alison Kreps (R) (S) (AD) (HD)

7.00 MOTDx
Jermaine Jenas is joined this week by Craig Mitch, Chelcee Grimes and Reece Parkinson.
Producer Sam van Gelder; Editor Andy Fraser (S) (HD)

7.30 Villages by the Sea
RT **The Holy Island.** Archaeologist Ben Robinson explores the history of Holy Island starting with the arrival of monks who brought Christianity to the north of England and created the Lindisfarne Gospels. They were followed by invading Vikings and, centuries later, the birth of modern tourism. **See page 94.**
Producer Chris Jackson; Executive producers Tony Parker and Diana Hare First shown on BBC1 North East (S) (HD)

8.00 Secrets of the Museum
RT *6/6.* Catherine Sargent prepares a new V&A exhibition devoted to cars. One of the largest and trickiest to transport is a customised 1962 Chevy Impala from Los Angeles whose protective owner, Tomas Vasquez, is flying over. Meanwhile curator Alice Minter selects a rare table top decorated using the delicate micromosaic technique as the centrepiece for a touring exhibition, only to find that it has suffered extensive damage. **See page 94.**
Series producer Vari Innes; Series director Rob Farquhar (S) (AD) (HD)

9.00 Hospital
RT *5/8 Series 5.* This episode focuses on patients who are known as "super-stranded". Although medically fit they are unable to leave hospital due to multibillion-pound cuts to social and community care that have created a shortage of care home beds, equipment, staff and housing. In Liverpool's Aintree University Hospital, vascular dementia patient John, 70, needs to go to a care home as his wife is no longer able to look after him. But many residential units are reluctant to take on patients with complicated circumstances. At Alder Hey, three-year-old Hari has a life-limiting rare genetic disease but has been ready to return home for eight months. **See page 94.**
Series producers Meghan Just-Truelove and Kate O'Hara
Executive producers Jackie Waldock, Simon Dickson, Eric Harwood and Lorraine Charker-Phillips (S) (HD)

10.00 Vic and Bob's Big Night Out
3/4. Mulligan and O'Hare present their new album, while Vic reveals his latest surgical enhancement.
Producer Lisa Clark (R) (S) (AD) (HD)

10.30 Newsnight Headline analysis. (S) (HD)

11.10 Weather (S) (HD)

11.15 Miriam's Big Fat Adventure
1/2. Miriam Margolyes discovers why the UK is now at its most overweight. **See choice, page 64.**
Shown Monday 9pm (S) (AD) (HD)

12.15–2.10am Sign Zone **12.15 Young, Sikh and Proud** Journalist Sunny Hundal explores the legacy of his late brother Jagraj Singh, a prominent Sikh leader. (R) (S) (HD)
12.55 Dom Does America *10/10.* Dominic Littlewood helps track down fugitives in Waco, Texas. (R) (S) (AD) (HD)
1.40 Trust Me, I'm a Doctor *6/6.* Giles Yeo finds out how to keep his skin young and healthy. (R) (S) (HD)

BBC2 **Freeview** 2/HD 102 **Freesat** 102 **Sky** 102 **Virgin** 102

ITV



The Station: Trouble on the Tracks *9.00pm* Engineers hard at work maintaining our railway lines

5.00pm The Chase
Katie, Graham, Craig and Deborah pit their wits against today's Chaser. (R) (S) (HD)

6.00 Regional News Weather (S) (HD)

6.30 ITV Evening News Weather (S) (HD)

7.00 Emmerdale
Malone exerts his authority over Cain.

DI Malone	**Mark Womack**	Moira Dingle	**Natalie J Robb**
Cain Dingle	**Jeff Hordley**	Moses Dingle	**Arthur Cockroft**
Laurel Thomas	**Charlotte Bellamy**	Nate Robinson	**Jurell Carter**
Jai Sharma	**Christopher Bisson**	Nicola King	**Nicola Wheeler**
Kerry Wyatt	**Laura Norton**	Noah Dingle	**Jack Downham**
Kim Tate	**Claire King**	Paddy Kirk	**Dominic Brunt**
Kyle Winchester	**Huey Quinn**	PC Swirling	**Andy Moore**
Leanna Cavanagh	**Mimi Slinger**	Pearl Ladderbanks	**Meg Johnson**
Leo Goskirk	**Harvey Rogerson**	Priya Kotecha	**Fiona Wade**
Leyla Harding	**Roxy Shahidi**	Rhona Goskirk	**Zoe Henry**
Liam Cavanagh	**Jonny McPherson**	Rishi Sharma	**Bhasker Patel**
Liv Flaherty	**Isobel Steele**	Ryan Stocks	**James Moore**
Lucas	**Dexter Ansell**	Sam Dingle	**James Hooton**
Luke Posner	**Max Parker**	Sarah Sugden	**Katie Hill**
Lydia Hart	**Karen Blick**	Tracy Metcalfe	**Amy Walsh**
Mandy Dingle	**Lisa Riley**	Vanessa Woodfield	
Manpreet Sharma	**Rebecca Sarker**		**Michelle Hardwick**
Marlon Dingle	**Mark Charnock**	Vinny	**Bradley Johnson**
Matty Barton	**Ash Palmisciano**	Wendy Posner	**Susan Cookson**
Millie Tate	**Willow Bell**	Will Taylor	**Dean Andrews**

Writer Paul Roundell More cast Tuesday
Repeated tomorrow 7.50am and 12.15pm ITV2 (S) (AD) (HD)
Today in Soapland: page 95

7.30 Can Robots Save the NHS? Tonight
Research suggests that artificial intelligence can outperform specialists in detecting disease. Could AI prove a lifeline for our overstretched NHS? Dr Oscar Duke investigates.
Producer Catherine Morgan Repeated 3am (S) (HD)
NOTE: as *Tonight* reacts to the news its subject matter may change

8.00 Emmerdale
Laurel fights for her relationship with Jai.
Writer Paul Roundell
Repeated tomorrow 8.20am and 12.45pm ITV2 (S) (AD) (HD)

8.30 How to Spend It Well on Holiday
2/4. Phillip Schofield finds out how a family cope while on holiday in Thailand and checks out the best deals on long-haul flights.
Series producer Claire Edwards; Executive producers Mark Hill and Dan Barraclough (S) (AD) (HD)

9.00 The Station: Trouble on the Tracks
RT ***New series. 1/3.*** A train leaves Birmingham New Street every 37 seconds, making it our busiest interchange station outside London. But after extensive flooding, the Network Rail team are wading through a crisis, the likes of which has not been seen in decades. In another part of the city, graffiti artist Banksy gives engineers a uniquely challenging gift. **See page 95.**
Series director Jon Cowen; Series producer Ross Anderson (S) (HD)

10.00 ITV News at Ten
Weather; Regional News and Weather (S) (HD)

10.45 Liar
2/6 *Series 2.* Laura feels the full force of DI Renton's investigation. **See choice, page 64.**
Shown Monday 9pm (S) (AD) (HD)

11.45 Dancing on Ice
10/10. The remaining three couples battle to be crowned champions. **See choice, page 54.**
Shown Sunday 6pm (S) (HD)

1.30am Home Shopping (HD)
3.00 Can Robots Save the NHS? Tonight Shown 7.30pm (S) (HD)
3.25 Nightscreen Text information. (HD)
5.05–6.00am Judge Rinder (R) (S) (SL) (HD)

ITV **Freeview** 3/HD 103 **Freesat** 103/HD 111 **Sky** 103 **Virgin** 103/HD 113
+1 **Freeview** 33 **Freesat** 112 **Sky** 203 **Virgin** 114

Channel 4



How to Beat... Ageing *8.00pm* Kate and Javid look for ways to turn back our biological clocks

5.00pm Four in a Bed
Things turn ugly during a visit to Blacksmiths Boutique in Whitby, North Yorkshire. (S) (HD)

5.30 Come Dine with Me
Taxi driver Jamie serves up a fine-dining menu but Eloho doesn't like the entertainment. (S) (HD)

6.00 The Simpsons
Bart after Dark. Bart is hired as a stand-up comedian at a burlesque theatre. (R) (S) (AD)

6.30 Hollyoaks
Jordan is back and wants Juliet's help.

Jordan Price	**Connor Calland**	Imran Maalik	**Ijaz Rana**
Juliet Nightingale	**Niamh Blackshaw**	James Nightingale	**Gregory Finnegan**
Brody Hudson	**Adam Woodward**	Joel Dexter	**Rory Douglas-Speed**
Celeste Faroe	**Andrea Ali**	John Paul McQueen	**James Sutton**
Damon Kinsella	**Jacob Roberts**	Liam Donovan	**Jude Monk McGowan**
George Kiss	**Callum Kerr**	Liberty Savage	**Jessamy Stoddart**
Diane Hutchinson	**Alex Fletcher**	Lisa Loveday	**Rachel Adedeji**
Goldie McQueen	**Chelsee Healey**	Marnie Nightingale	**Lysette Anthony**
Grace Black	**Tamara Wall**	Martine Deveraux	**Kelle Bryan**

Writer Jayshree Patel More cast Friday Shown yesterday 7pm E4
Rptd tomorrow 6.30am E4 Next episode follows on E4 (S) (AD) (HD)

7.00 Channel 4 News Sport; Weather (S) (HD)

8.00 How to Beat...Ageing
RT ***New series. Ep 1.*** We all want to take care of our physical and mental health, but finding the time can be tough. And with so much conflicting information out there, how do you cut through to the stuff that really works? Kate Quilton and Dr Javid Abdelmoneim explore the small changes that could bring huge benefits. In this episode, they investigate whether walking quicker and getting a good night's sleep can help turn back your biological clock. **See page 95.**
Directors/Producers Salvatore Assenza and Joe Casey
Repeated 2.35am 4seven (S) (AD) (HD)

9.00 Hunted
Ep 5 *Series 5.* In rural Cheshire, the Hunters are in hot pursuit of Dan. Will they finally get their man? Exhausted and hungry after days off-grid, Jess and Ella return to Newbury. But is their home town now a hostile environment?
Series director Jill Worsley; Series producers Hayden King and John Joe Bardsley Repeated 11.20pm 4seven (S) (AD) (HD)

10.00 First Dates
Ep 4. Strutting in wearing a pink suit and sunglasses, 30-year-old "alpha male" Josh is brimming with confidence. Is glamorous Yasmin, 25, his match or will Josh's openness about past mistakes ruin the chance of any romance?
Series producer Neil Rubenstein; Executive producers Jon Crisp and Michele Kurland Repeated 12.25am 4seven (S) (AD) (HD)

11.05 Five Guys a Week
1/10. Dating show in which a woman invites five men to all move in and live with her for a week.
Shown Tuesday 9.15pm (S) (AD) (HD)

12.10am Ramsay's Kitchen Nightmares USA An upmarket bistro in the Chicago suburbs. (R) (S)
1.00 The Undateables *Ep 1* *Series 11.* A man with Asperger's syndrome longs to find a partner. **See choice, page 85.** Shown yesterday 9pm (S) (SL) (AD) (HD)
1.55 Home *6/6* *Series 2.* Katy faces an uncertain future. **See choice, p85.** Shown yesterday 10pm (S) (SL) (AD) (HD)
2.25 Baghdad Central *6/6.* Khafaji plans an audacious trap. **See choice, p65.** Shown Monday 10pm (S) (SL) (AD) (HD)
3.20 Celebs for Sale: the Great Charity Scandal A *Dispatches* report on famous faces charging huge fees to support charities. Shown Monday 8pm (S) (SL) (AD) (HD)
3.50 Come Dine with Me From Bolton. (R) (S) (HD)
4.45 Location, Location, Location House-hunting with young couples in Bristol and Hertfordshire. (R) (S) (HD)
5.40 Kirstie's Vintage Gems A dream space. (R) (S) (HD)
5.50–6.30am Countdown (R) (S) (HD)

Channel 4 **F'view** 4/HD 104 **F'sat** 104 **Sky** 104/HD 138 **Virgin** 104/HD 141
+1 **Freeview** 15 **Freesat** 121 **Sky** 204 **Virgin** 142

BBC4



Shipwrecks: Britain's Sunken History *8.00pm* Dr Sam Willis recalls the *Mary Rose*'s fate

7.00pm Beyond 100 Days (S) (HD)
Followed by **Weather** (S) (HD)

7.30 The Wonder of Animals
Chris Packham examines the penguin, detailing how the aquatic bird's legs, wings and body shape have allowed it to conquer a range of landscapes.
Director Aaron Paul
Producer Lara Bickerton (R) (S) (AD) (HD)

8.00 Shipwrecks: Britain's Sunken History
1/3. **Home Waters to High Seas**
Maritime historian Dr Sam Willis reveals the stories behind some of the shipwrecks that surround Britain's coastline. He begins by examining how the top-heavy *Mary Rose* became a source of national embarrassment and discovers why the wrecking of the Spanish Armada was so unexpected.
Director/Producer Francis Welch
Repeated 2.30am (R) (S) (HD)

9.00 Can Science Make Me Perfect? with Alice Roberts
The presenter embarks on an audacious scientific stunt – to rebuild her own body from scratch, editing out errors left behind by evolution, to create the perfect body. Alice finds out what the body's biggest problems are and how adaptations in the rest of the animal kingdom could provide inspiration for her project. She then unveils her life-sized model at the Science Museum in London.
Director Peter Chinn
Executive producer Gareth Cornick (R) (S) (AD) (HD)

10.30 Horizon: Why Are We Getting So Fat?
Despite millions of pounds being spent on a simple message – "eat less and exercise more" – the number of obese people in Britain continues to rise. Geneticist Dr Giles Yeo takes a road trip around the UK and America to discover why obese people find it so hard to cut down their intake of food, and comes up with some surprising insights.
Directors/Producers Milla Harrison-Hansley and Alicky Sussman (R) (S) (HD)

11.30 An Art Lover's Guide
1/3 *Series 2.* **Lisbon.** Winding through the cobbled streets of the Portuguese capital, Janina Ramirez and Alastair Sooke encounter cultural riches that reveal the city's fascinating history. From a spectacular monument to the maritime globetrotting of Portugal's "golden age", they discover a complex history of former glories and a darker, slave-trading past.
Producer Ben Harding
Series producer Matthew Springford (R) (S) (AD) (HD)

12.30am Our Classical Century *1/4* Suzy Klein and Sir Lenny Henry examine the profound influence the First World War had on musicians and composers. (R) (S) (HD)
1.30 Love and Betrayal in India: the White Mughal William Dalrymple explores the 18th-century love affair between a British diplomat and a Muslim princess. (R) (S) (AD) (HD)
2.30–3.30am Shipwrecks: Britain's Sunken History Shown 8pm (S) (SL)

BBC4 **F'view** 9/HD 106 **F'sat** 107/173 **Sky** 116 **Virgin** 107

Regional variations

BBC1 SCOTLAND
6.30–7.00pm Reporting Scotland; Party Political Broadcast: by the Scottish Green Party

BBC SCOTLAND
As BBC2 except:
12 noon–1.00pm First Minister's Questions **7.00** Corner Shop Cook-Off **8.00** Getting Hitched Asian Style **9.00** The Nine **10.00** Darren McGarvey's Scotland **10.30** The Comedians at the King's **11.00** Bob Servant Independent **11.30–12 midnight** Two Doors Down

STV
6.00pm STV News; Weather **6.25–6.30** Party Political Broadcast: by the Scottish Green Party **7.30–8.00** Scotland Tonight **8.30** Can Robots Save the NHS? Tonight **10.45–11.10** How to Spend It Well on Holiday **11.10** Liar **12.15am** Dancing on Ice **2.00** As 8.30pm **2.25–5.05** Nightscreen (HD)

BORDER SCOTLAND
6.00pm Lookaround **6.25–6.30** Party Political Broadcast: by the Scottish Green Party **10.45** Representing Border **11.10–11.45** St Davids: Britain's Smallest City

BBC1 WALES
6.30pm BBC Wales Today; Party Political Broadcast: by the Brexit Party **7.00–7.30** Six Nations Sin Bin

BBC2 WALES
7.00pm The One Show **7.30–8.00** MOTDx

ITV WALES
6.00pm Wales News **6.25–6.30** Party Political Broadcast: by the Brexit Party **8.30–9.00** Coast and Country **10.45** St Davids: Britain's Smallest City **11.10–11.45** How to Spend It Well on Holiday

BBC1 NORTHERN IRELAND
10.35pm The View **11.15** Question Time **12.15am** Newscast **12.45–6.00** BBC News

UTV
7.30–8.00pm UTV Life **8.30–9.00** Rare Breed: a Farming Year **10.45** Can Robots Save the NHS? Tonight **11.10–11.45** How to Spend It Well on Holiday

Channel 5 listings are overleaf

THURSDAY Freeview

Channel 5 5



Britain's Naughtiest Nursery
8.00pm Lottie and Kayson have fun

F'view 5/**HD** 105 **F'sat** 105 **Sky** 105 **Virgin** 154/**HD** 105

6.00am Milkshake! See page 91
9.15 ***New.*** **Jeremy Vine** (S) (HD)
11.15 Britain's Parking Hell The daily battles across Britain for parking spaces. (S) (HD) **12.10pm 5 News** (S) (HD)
12.15 Nightmare Tenants, Slum Landlords A property developer hires an eviction specialist. (S) (HD) **1.10 Access** (S) (HD)
1.15 Home and Away Shown yesterday 6.30pm 5 Star Repeated 6pm C5 (S) (AD) (HD)
1.45 ***New.*** **Neighbours** Rptd 5.30pm (S) (AD) (HD)
2.15 Snatched at Birth ★★ Thriller starring Kaitlyn Black. Despite losing her own baby, Kristin is overjoyed when her friend Ashley becomes pregnant. But after the birth, Ashley dies and the baby disappears. Director Michael Feifer (2017) (S) (W) (HD)
4.00 Friends *Series 4.* Chandler spends Thanksgiving in a packing crate. (S) (HD) **4.30** Rachel is offered a promotion. (S) (HD)
5.00pm 5 News (S) (HD)
5.30 Neighbours
Paul has some explaining to do.
Shown 1.45pm Repeated 6pm 5 Star (S) (AD) (HD)
6.00 Home and Away
Martha accepts Alf's proposal.
Shown 1.15pm Next episode 6.30pm 5 Star (S) (AD) (HD)
6.30 5 News Tonight (S) (HD)
7.00 ***New.*** **The Dog Rescuers with Alan Davies**
RSPCA officers respond to reports of appalling treatment of dogs. (S) (HD)
Followed by **5 News Update** (S) (HD)
8.00 ***New.*** **Britain's Naughtiest Nursery**
1/2. Day-to-day life at a nursery for challenging three-to-five year olds, set up by psychologist Laverne Antrobus.
Directors/Producers Dave Baker and Scott Chalmers (S) (HD)
Followed by **5 News Update** (S) (HD)
9.00 ***New.*** **Ten Years Younger in Ten Days**
3/6. Cherry Healey and the experts give busy mum Myrah a new image, and advise Lyndsey, who wants to reinvent herself after recovering from cancer.
Directors/Producers Neil Strawson and Chris Vila (S) (HD)
10.00 ***New.*** **Shipman: Five Mistakes That Caught a Killer**
The case of serial killer Harold Shipman, who in the year 2000 was convicted of murdering 15 of his patients. This documentary reveals the string of mistakes that led to his arrest. (S) (HD)
11.05 The Nightmare Neighbour Next Door
1/10 *Series 7.* Anton and his wife Rita clash with local actress Sharon.
Shown Sunday 8pm (S) (HD)
12.05am Robbing Your Relatives (S) (HD) **1.00** ***New.*** Casino (S) (HD) **3.00** Access (S) (HD) **3.10** Our Dream Hotel (S) (AD) (HD) **4.00** My Mum's Hotter than Me! (S) (SL) (HD) **4.45** House Doctor (S) (SL) **5.10** Great Scientists (S) (SL) (HD) **5.35–6.00am** Wildlife SOS (S) (SL) (HD)
+1 **Freeview** 44 **Freesat** 128 **Sky** 205 **Virgin** 155

BBC4 listings are overleaf

ITV2 6



Ride Along *9.00pm* Cop James takes his sister's boyfriend Ben on patrol

Freeview 6 **Freesat** 113 **Sky** 118 **Virgin** 115/**HD** 176

7.00am The Ellen DeGeneres Show (S) (HD) **7.50** Emmerdale (S) (SL) (AD) (HD) **8.20** Coronation Street (S) (SL) (AD) (HD) **9.20** Superstore (S) (AD) (HD) **10.15** Dinner Date (S) (AD) (HD) **11.15** Dress to Impress (S) (AD) (HD)
12.15pm Emmerdale Shown yesterday 7pm ITV (S) (AD) (HD) **12.45** Coronation Street Shown yesterday 7.30/8.30pm ITV (S) (AD) (HD) **1.50** ***New.*** The Ellen DeGeneres Show: with Demi Lovato and Justin Bieber (S) (HD) **2.45** Dinner Date (S) (AD) (HD) **3.50** Dress to Impress (S) (AD) (HD) **4.50** Take Me Out (S) (HD)
6.00pm You've Been Framed! Gold
Harry Hill presents an hour-long special, showcasing embarrassing home-videos and clips of malfunctioning moments. (S)
7.00 You've Been Framed! Gold: A to Z
Harry Hill narrates a comical selection of mishaps filmed by viewers. (S) (HD)
8.00 Two and a Half Men
19/22 *Series 11.* Walden decides he wants to spend the rest of his life with Kate. (S) (HD) **8.30** ***20/22.*** Walden's therapist suggests that casual sex might help him get over his habit of falling in love too quickly. (S) (HD)
9.00 Ride Along ★★
Action comedy starring Kevin Hart and Ice Cube. Wimpy security guard Ben Barber needs the blessing of his girlfriend's cop brother before they can marry. In an effort to prove his worth, Ben agrees to ride along on a patrol of Atlanta's mean streets to hunt down a criminal.
Director Tim Story (2014, 12) (S) (AD) (W) (HD)
11.10 Family Guy
Series 11. Mayor West becomes the prime suspect in a murder. (S) (AD) (HD) **11.40** Brian tries to expose Carter's pharmaceutical company. (S) (AD) (HD)
12.10am American Dad! (S) (AD) (HD) **1.05** The Stand Up Sketch Show Shown Monday 10pm (S) (HD) **1.35** Two and a Half Men (S) (HD) **2.30** CelebAbility (S) (HD) **3.15–3.30am** Nightscreen
ITV2+1 **Freeview** 27 **Freesat** 114 **Sky** 218 **Virgin** 116

ITV3 10



Lewis *8.00pm* Paul Yelland (David Soul) faces accusations of racism

Freeview 10 **Freesat** 115 **Sky** 119 **Virgin** 117/**HD** 177

6.00am Classic Coronation Street (S) **6.55** Classic Emmerdale (S) **7.55** Heartbeat (S) (AD) **8.55** Man about the House (S) **9.55** That's My Boy (S) **10.25** A Touch of Frost (S) (HD)
12.40pm Heartbeat (S) (AD) **1.45** Classic Emmerdale: double bill. Sadie and Jessica fight, then Chris wants Frank to sack Dave (S) **2.50** Classic Coronation Street: double bill. Derek has an exhausting day, then Mavis returns (S) **3.55** Midsomer Murders (S) (AD)
5.55pm Heartbeat
The officers are under siege. (S) (AD)
6.55 Agatha Christie's Poirot
The Disappearance of Mr Davenheim
Poirot bets Japp that he can solve a mystery without leaving his apartment. (S) (HD)
8.00 Lewis
4/4 *Series 6.* **The Indelible Stain**
A controversial academic is found strangled in his room shortly after giving a speech that ruffled a few feathers at Oxford's Department of Criminology. (S) (AD) (HD)

DI Lewis	**Kevin Whately**
DS Hathaway	**Laurence Fox**
Dr Hobson	**Clare Holman**
Chief Superintendent Innocent	**Rebecca Front**
Emily Robinson	**Harriet Madeley**
Will Pascoe	**Richard Southgate**
Paul Yelland	**David Soul**
Andrew Lipton	**David Calder**

RT DVDs To order *Lewis* series 1–9, price £54.99 incl p&p (RRP £109.99), call 0844 848 7300 (charges apply, see p152) or visit radiotimes.com/dvds11, quoting ref RT1811
10.00 Scott & Bailey
8/8 *Series 2.* Rachel becomes the prime suspect in a brutal assault but has no recollection of the night in question. Gill misses a key appointment. (S) (AD) (HD)
11.00 A Touch of Frost
Series 2. **Widows and Orphans.** Jack joins forces with DS Lawson to investigate a spate of attacks on senior citizens. (S) (HD)
1.20am A Touch of Frost (S) (HD) **3.10–3.30am** Nightscreen
+1 **F'view** 34 *(9pm–midnight)* **F'sat** 116 **Sky** 219 **Virgin** 174

Drama 20



The Inspector Lynley Mysteries
8.00pm Interference threatens a case

Freeview 20 **Freesat** 158 **Sky** 143 **Virgin** 130

7.10am Soldier Soldier (S) **9.00** The Bill (S) **10.00** Classic Holby City (S) **11.00** Casualty (S) **12 noon** The Bill (S) **1.00pm** Classic EastEnders **2.20** London's Burning (S) **3.20** Monarch of the Glen (S) **4.20** Bergerac (S) **5.25** Bread (S)
6.00pm Hi-de-Hi!
Jeffrey resolves to sort out his marital difficulties by agreeing to a divorce. (S)
6.40 As Time Goes By
Judith's former boyfriend Alistair rocks the boat by asking Sandy for a date. (S)
7.20 Last of the Summer Wine
Hobbo is convinced that Nelly is his natural mother, so he tries to establish where he was born. Meanwhile, Howard vows to row across the Atlantic. (S) (HD)
8.00 The Inspector Lynley Mysteries
4/4 *Series 3.* **If Wishes Were Horses**
Helen dabbles in her husband's latest case as the Lynleys look forward to becoming parents. But her actions have devastating consequences for everyone. (S)

Detective Inspector Thomas Lynley	**Nathaniel Parker**
Detective Sergeant Barbara Havers	**Sharon Small**
Helen Lynley	**Lesley Vickerage**
Grace Finnegan	**Jemma Redgrave**
Maureen Finnegan	**Barbara Flynn**

10.00 New Tricks
3/8 *Series 5.* **A Face for Radio**
The detectives reopen the case of radio DJ Johnny Deacon, who died during an arson attack on the station where he worked. Lane meets Deacon's biggest fan, who plays him the DJ's distressing last broadcast on the night of the fire. (S) (AD)
11.10 Waking the Dead
3/4 *Series 3.* **Breaking Glass.** Boyd investigates a disturbing case of murder and abuse at a children's home when new evidence comes to light about the disappearance of two boys. (S)
1.35am The Bill: JT unwittingly jeopardises a woman's life (S) **2.35** London's Burning (S) **3.25–4.00am** Garden Hopping
Drama +1 **Sky** 243 **Virgin** 226

ITV4 24

Freeview 24 **Freesat** 117 **Sky** 120 **Virgin** 118/**HD** 178

6.00am Football's Greatest: Diego Maradona (S) (HD) **6.10** Only When I Laugh (S) **6.35** Quincy (S) (HD) **7.25** Kojak (S) (SL) (HD) **8.20** The Saint (S) **9.30** ***New.*** Racing: the Opening Show (S) (HD) **10.30** Minder (S) (AD) **11.30** The Professionals (S) (AD)
12.30pm The Sweeney (S) **1.40** Quincy (S) (HD) **2.40** Kojak (S) (HD) **3.45** The Saint (S) **4.50** Minder (S) (AD) **5.55** The Professionals (S) (AD)
7.00pm ***New.*** **Cycling** Stage five of the Paris-Nice race, a 227km ride between Gannat and La Côte-Saint-André. (S) (HD)
8.00 Heathrow: Britain's Busiest Airport There's a breach in security. (S) (AD) (HD) **8.30** Investigating job scams. (S) (AD) (HD)
9.00 FILM Heartbreak Ridge ★★★ War drama directed by and starring Clint Eastwood, also starring Marsha Mason. (S) (AD) (W) (HD)
11.40 FILM Coogan's Bluff ★★★ Drama starring Clint Eastwood and Lee J Cobb. Walt Coogan, a deputy sheriff from Arizona, arrives in New York to collect a killer. (S) (AD) (W) (HD)
1.45am Minder: Terry looks after a coffin (S) (SL) (AD) **2.40–3.00am** Nightscreen (HD)
ITV4 +1 **Freesat** 154 **Sky** 220 **Virgin** 175

ITVBe 26

Freeview 26 **Freesat** 118 **Sky** 131 **Virgin** 119/**HD** 179

7.00am Bachelor in Paradise (S) (HD) **8.00** The Bachelor (S) (HD) **8.50** Be Beautiful (S) (AD) (HD) **9.00** LittleBe: children's programmes
12 noon Income Property (S) (HD) **12.25pm** The Real Housewives of Beverly Hills (S) (HD) **1.20** Absolutely Ascot (S) (HD) **2.20** Little Women: LA (S) (HD) **3.15** The Real Housewives of New York City (S) (HD) **4.10** The Real Housewives of Dallas (S) (HD)
6.00pm ***New.*** **Masters of Flip** A family-friendly home. First shown on Lifetime (S) (HD)
7.00 Buying and Selling A couple want to overhaul their Nashville log cabin. (HD)
8.00 Dinner Date Dani from Lancashire chooses three blind dates. (S) (AD) (HD)
9.00 Totally Unbelievable A selection of bust-ups between famous people. (S) (HD)
10.00 ***New.*** **Married to Medicine** Toya confronts Contessa for hitting her, and Mariah will not forgive Heavenly. (S) (HD)
10.55 Singletown A new couple enter the flats as exes Meg and Nat arrive. (S) (HD)
12 midnight The Only Way Is Essex (S) (HD) **12.45–12.55am** Nightscreen (HD)
ITVBe +1 **Freesat** 119 **Sky** 231 **Virgin** 120

Dave 19

F'view 19 **F'sat** 157 **Sky** 111 **Virgin** 127/**HD** 227 **BT HD** 387

7.10am Eat Your Heart Out with Nick Helm: double bill (S) (HD) **8.00** American Pickers (S) (HD) **9.00** Storage Hunters: double bill (S) (HD) **10.00** American Pickers (S) (HD)
12 noon Timber Kings (S) (HD) **1.00pm** Top Gear (S) (AD) (HD) **2.00** Cop Car Workshop (S) (HD) **3.00** Scrapyard Supercar (S) (HD) **4.00** Top Gear: double bill (S) (AD) (HD)
6.00pm Taskmaster ***9/10*** *Series 7*
With Rhod Gilbert and Phil Wang. (S) (HD)
7.00 Room 101 With guests Charlie Brooker, Scarlett Moffatt and Pearl Mackie. (S) (HD) **7.40** Guests include Alex Brooker. (S) (HD)
8.20 Have I Got a Bit More News for You With Sara Pascoe and Henry Blofeld. (S) (HD)
9.20 QI Guests include Bill Bailey. (HD)
10.00 RT CHOICE ***New.*** **Meet the Richardsons** ***3/6.*** Lucy goes on a wild night out with Alan Carr. **See page 95.** (HD)
10.40 QI Guests include Jeremy Clarkson. (HD)
11.20 Mock the Week With Greg Davies. (S)
12 midnight Taskmaster (S) (HD) **1.00am** as 8.20pm **2.00** QI (HD) **2.40** Go 8 Bit: DLC (S) (HD) **3.30–4.00am** The Indestructibles (HD)
Dave Ja Vu **Freeview** 79 **Sky** 211 **Virgin** 131

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

More4 18



Phil Spencer's Stately Homes *9.00pm* Liz Smith with Phil at Leeds Castle

Freeview 18 **Freesat** 124 **Sky** 136 **Virgin** 147/**HD** 195

8.55am Kirstie's Handmade Treasures (S) (HD) **9.15** A Place in the Sun: Winter Sun (S) (HD) **10.05** A Place in the Sun (S) (HD) **11.05** Find It, Fix It, Flog It: double bill (S) (HD) **1.15pm** Escape to the Château: DIY (S) (HD) **2.20** Four in a Bed: five editions (S) (HD) **4.55** The Secret Life of the Zoo: Underwater Special (S) (AD) (HD) **5.55** Car SOS (S) (AD) (HD)

6.55pm Escape to the Château: DIY Dick visits Tim and Rebecca as they run into structural problems. (S) (HD)

7.55 Grand Designs Richard Bennett and Felicia Böhm transform an underground reservoir. (S) (AD) (HD)

9.00 *New.* Phil Spencer's Stately Homes *Ep 4 Series 3.* The property expert explores Leeds Castle in Kent. (S) (AD) (HD)

10.00 24 Hours in A&E Distressed 33-year-old Dilson is admitted with multiple stab wounds. (S) (AD) (HD)

11.05 999: What's Your Emergency? A patient with suspected asthma is actually in a state of anaphylactic shock. (S) (AD) (HD)

12.05am as 9pm **1.05** as 10pm **2.10** 999: What's Your Emergency? (S) (AD) (HD) **3.15–3.45am** Food Unwrapped (S) (AD) (HD)

More4 +1 **Freeview** 86 **Freesat** 125 **Sky** 236 **Virgin** 196

E4 13

Freeview 13 **Freesat** 122 **Sky** 135 **Virgin** 106/**HD** 145

6.00am Hollyoaks Shown Tue/Wed 6.30pm C4 (AD) **7.00** How I Met Your Mother (AD) **8.00** Baby Daddy **9.00** Mike & Molly **10.00** The Big Bang Theory (AD) **11.00** The Goldbergs (AD) **12 noon** Brooklyn Nine-Nine (AD) **1.00pm** The Big Bang Theory (AD) **2.00** Baby Daddy **3.00** Mike & Molly **4.00** The Goldbergs (AD) **5.00** Brooklyn Nine-Nine (AD)

6.00pm The Big Bang Theory (AD) **7.00 *New.* Hollyoaks** Mitchell asks Martine and Walter for details about his father. Cast pp97/107 Rptd tomorrow 6.30pm C4 (AD) **7.30 *New.* Man with a Plan *18/22.*** Adam and Don find a way to avoid getting into trouble with their wives. (AD) **8.00 Young Sheldon *Ep 11 Series 3.*** George Sr and Meemaw manage the household. (AD) **8.30 *New. Ep 12.*** An emotional Paige struggles with her parents' divorce. (AD) **9.00 *New.* Celebs Go Dating** Dean Gaffney seeks wisdom from Richard Blackwood. **10.00 Celebrity Gogglebox** Shows including *Countdown*, *Titanic*, *First Dates* and *Serengeti* are appraised. (AD) **11.05 The Big Bang Theory** (AD) **12.05am** Brooklyn Nine-Nine (AD) **1.05** Celebs Go Dating **2.10** First Dates Hotel (AD) **3.05** Celebrity Gogglebox (AD) **4.00** The Big Bang Theory (AD) **4.50–6.00am** How I Met Your Mother (AD)

E4 +1 **Freeview** 28 **Freesat** 123 **Sky** 235 **Virgin** 146

Sony Channel 48

Freeview 48 *(limited)* **Freesat** 142 **Sky** 157 **Virgin** 189

6.10am The Waltons **7.10** Hart to Hart **9.10** Days of Our Lives **10.00** Hart to Hart **11.00** Charlie's Angels **12 noon** Starsky & Hutch **1.00pm** TJ Hooker: Stacy risks her life **2.00** Hart to Hart **4.00** Murder, She Wrote: two episodes **6.00pm** Charlie's Angels: the trio investigate a clairvoyant **7.00** M*A*S*H: four back-to-back episodes **9.00** Who Wants to Be a Millionaire? **1.00am** M*A*S*H **2.00** Charlie's Angels **3.00** M*A*S*H **3.30** The Waltons **4.20** Touched by an Angel **5.10–6.00am** Highway to Heaven

Sony Channel +1 **Freesat** 152 **Sky** 257

Paramount Network 31



Game of Death *11.00pm* CIA agent Marcus Jones is sent to Detroit

Freeview 31 **Freesat** 132 **Sky** 150 **Virgin** 187/**HD** 150

9.00am The A-Team: two episodes (S) (AD) (HD) **11.00** Knight Rider: double bill **1.00pm** Police Interceptors (S) (HD) **3.00** Traffic Cops (S) (HD) **5.00** The A-Team (S) (AD) (HD)

7.00pm Police Interceptors A man wreaks havoc in a hospital. (S) (HD) **8.00** Glen must act quickly when a woman is trapped inside a burning car. (S) (HD)

9.00 *New.* Trucking Hell *Ep 4 Series 3.* Jack-knifed lorries, crashed HGVs and roadside breakdowns. (S) (HD)

10.00 At War with the Law: Parking Hell Parking maestro Vicky helps a panicked learner driver who just can't park. (S) (HD)

11.00 Game of Death ★★ Action adventure starring Wesley Snipes. Having infiltrated arms dealer Smith's organisation, CIA agent Marcus Jones is ready to wrap up his mission as a multi-million-dollar deal is going down. Director Giorgio Serafini (2010, 15) (S) (HD)

1.05am Frontline Police 24/7: the dangers police officers face (S) (HD) **2.05** Knight Rider (AD) (HD) **3.50** Wentworth Prison (S) (AD) (HD) **5.30** Criminals: Caught on Camera (S) (HD) **5.55–6.00am** Access (S) (HD)

Paramount Network +1 **Sky** 250

4seven 47

Freeview 47/**HD** 110 **Freesat** 127 **Sky** 137 **Virgin** 143

9.00am Posh Pawn **10.00** Find It, Fix It, Flog It **11.00** Come Dine with Me **12 noon** A Place in the Sun **1.00pm** Undercover Boss Canada **2.00** Ramsay's Kitchen Nightmares USA: a steakhouse in New York **3.00** Everybody Loves Raymond (AD) **4.00** Frasier (AD) **5.00** A Place in the Sun

6.00pm A New Life in the Sun: Where Are They Now? A British hairdresser who gambled everything on a salon in Spain. **7.00 Ramsay's Kitchen Nightmares USA** **8.00 Location, Location, Location** Kirstie and Phil visit Bristol. Shown Wed 8pm C4 **9.00 The Great Celebrity Bake Off for Stand Up to Cancer *Ep 1 Series 3.*** With Louis Theroux, Jenny Eclair, Russell Howard and Ovie Soko. **See choice, page 74.** (AD) **10.20 Ramsay's Kitchen Nightmares USA** **11.20 Hunted *Ep 5 Series 5.*** The Hunters are in pursuit of Dan. Shown 9pm C4 (AD) **12.25am** First Dates (AD) **2.35** How to Beat… Ageing (AD) **3.40** A New Life in the Sun: Where Are They Now? **4.35–5.05am** Cooking Up a Fortune

Pick 11

Freeview 11 **Freesat** 144 **Sky** 152 **Virgin** 165

7.00am Motorway Patrol (AD) **8.00** Police Force: Australia **9.00** Nothing to Declare **10.00** Border Security: Canada's Front Line **11.00** Road Wars **11.30** Caught Red Handed **1.00pm** Police Force: Australia **2.00** Border Patrol **3.00** Nothing to Declare (AD) **4.00** Border Security: Canada's Front Line **5.00** Stargate SG-1 **6.00pm** Star Trek: the Next Generation: the crew is caught between two races fighting for survival **7.00** Hawaii Five-0: Danny goes under cover as a college professor **8.00 *New.*** Elementary: Shinwell is framed for a gang killing **9.00 *New.*** The Pacific: the Marines return home following the Japanese surrender (AD) **10.15** Britain's Most Evil Killers **11.15** The Force: Essex (AD) **12.15am** Banged Up Abroad **1.10** Road Wars **2.00** Nothing to Declare **3.00** Stop, Search, Seize (AD) **4.00** Motorway Patrol (AD) **5.00–6.00am** Highway Patrol

Pick +1 **Freeview** 92 **Freesat** 145 **Sky** 252

5 USA 21

Freeview 21 **Freesat** 129 **Sky** 141 **Virgin** 153

9.00am Criminals: Caught on Camera **9.25** Murder, She Wrote (S) (AD) **10.15** CSI: NY (S) **11.10** The Mysteries of Laura (S) **12.10pm** Law & Order: eight back-to-back episodes (S) **8.00** NCIS: New Orleans *Series 3.* Tammy reunites with her ex-husband, who embezzled millions in disaster relief funds (S) (AD) **9.00 *New.*** Law & Order: Special Victims Unit *Series 18* The team is asked to disprove accusations against a congressman First shown on Universal (S) **10.00** Law & Order: Special Victims Unit: four further episodes (S) **1.55am** Law & Order: Los Angeles: two episodes (S) **3.50–4.00am** Access

5 USA +1 **F'view** 56 (not 2-4am) **F'sat** 130 **Sky** 241 **Virgin** 185

5 Star 30

Freeview 30 **Freesat** 131 **Sky** 128 **Virgin** 151

8.00am 3rd Rock from the Sun (S) (HD) **8.20** House (S) (HD) **10.05** Bad Tenants, Rogue Landlords (S) (HD) **12.05pm** Can't Pay? We'll Take It Away (S) (HD) **3.00** Neighbours (S) (AD) (HD) **3.30** Home and Away (S) (AD) (HD) **4.00** House (S) (HD) **6.00** Neighbours Shown 5.30pm C5 (S) (AD) (HD) **6.30 *New.*** Home and Away Rptd tomorrow 6pm C5 (S) (AD) (HD) **7.00** Spray Tan Mums: Single and Proud (HD) **8.00 FILM** Breaking Dawn Part Two ★★★ Horror fantasy. **Film of the Day: page 38** (HD) **10.10 FILM** Hercules ★★★ Action. **Review p38** (S) (HD) **12.05am** Florida's Mega Sinkholes (S) (HD) **1.05** Young, Dumb and Banged Up in the Sun (S) (AD) (HD) **2.05** My Mum's Hotter Than Me! (S) (HD) **3.05** Celebrity Botched Up Bodies (S) (HD) **3.55–4.00am** Access (HD)

5 Star +1 **Freeview** 55 **Freesat** 141 **Sky** 228 **Virgin** 186

5 Select 54

Freeview 54 **Freesat** 133 **Sky** 153 **Virgin** 152

9.00am Criminals: Caught on Camera **9.25** **FILM** Good Morning Murder ★★ Thriller starring Chrishell Hartley **11.05** Bargain-Loving Brits in the Sun **12.05pm** The Dog Rescuers with Alan Davies **2.05** GPs: behind Closed Doors **4.05** The Yorkshire Vet **6.00pm** GPs: behind Closed Doors **8.00** The Yorkshire Vet **9.00** Red Arrows: the Big Finish: the pilots face their toughest test **9.55** GPs: behind Closed Doors **10.55** The Dog Rescuers with Alan Davies **11.55** Chaos in the Cockpit: Flights from Hell **12.55am** The Pillars of the Earth **2.00–4.00am** Nero: Empire of Blood

CBS Justice 39

Freeview 39 **Freesat** 137 **Sky** 148 **Virgin** 192

9.00am Diagnosis Murder **11.00** Matlock **12 noon** Perry Mason **1.05pm** Walker, Texas Ranger **2.05** CSI: Miami **3.00** NCIS **4.00** NCIS: Los Angeles **5.00** Matlock **6.00** Perry Mason **7.05** Scorpion **8.00** Walker, Texas Ranger **9.00** NCIS **10.00** NCIS: Los Angeles **11.00** Scorpion **12 midnight** CSI: Miami **1.00am** NCIS **2.00** Scorpion **3.05** Bonanza (The Lost Episodes): double bill **4.50–6.00am** Mission: Impossible

CBS Justice +1 **Freeview** 69

CBS Drama 71

Freeview 71 **Freesat** 134 **Sky** 147 **Virgin** 197

9.00am NCIS: double bill **11.00** Scorpion (HD) **1.00pm** Gunsmoke **3.00** Airline (HD) **4.00** Hoarders (HD) **5.00** Unsolved Mysteries **7.00pm** Judge Judy **9.00** Medium: Allison discovers the girl from her dreams is the killer's next target **10.00** CSI: Miami: a businessman is murdered (HD) **11.00** Unsolved Mysteries **12 midnight** Judge Judy **1.00am** ER (HD) **2.00** Medium **3.00** CSI: Miami (HD) **4.00** Walker, Texas Ranger (HD) **5.00–6.00am** Matlock

Horror Channel 70

Freeview 70 **Freesat** 138 **Sky** 317 **Virgin** 149

8.00am Andromeda **9.00** Star Trek: Voyager **10.00** Star Trek **11.00 FILM** Mega Piranha ★★ Sci-fi horror starring Paul Logan and Tiffany **12.50pm** Highlights **1.00 FILM** Malibu Shark Attack ★ Action thriller **2.50** Highlights **3.00** Lost in Space **4.00 FILM** Princess of Mars ★★ Sci-fi action thriller starring Antonio Sabato Jr and Traci Lords **5.50** Highlights **6.00pm** Star Trek **7.00** Star Trek: Voyager **8.00** Mutant X **9.00 FILM** The Dead 2: India ★★ Horror **10.55 FILM** Boogeyman 2 ★★ Horror **12.45am FILM** Lake Placid 3 ★ Horror thriller **2.35–4.30am FILM** P2 ★★ Horror thriller

Yesterday 25

Freeview 25 **Freesat** 159 **Sky** 155 **Virgin** 129

6.00am Secrets of the Bible (S) (HD) **7.10** Viking Dead (S) (HD) **8.00** Forbidden History (S) (AD) (HD) **9.00** Hitler's Propaganda Machine (S) (HD) **10.00** Auschwitz: the Nazis and the Final Solution (S) **11.00** Abandoned Engineering (S) (AD) (HD) **12 noon** Impossible Engineering (S) (AD) (HD) **1.00pm** Time Team (S) (HD) **2.00** Walking through History: Northumbria (HD) **3.00** as 11am **4.00** as 11pm **5.00** Hitler's Propaganda Machine (S) (HD) **6.00** Auschwitz: the Nazis and the Final Solution (S) **7.00** Abandoned Engineering (S) (AD) (HD) **8.00** Bangers and Cash (HD) **9.00 *New.*** Warbird Workshop (S) (HD) **10.00** Narrow Escapes of World War II (S) (AD) **11.00** Impossible Engineering (S) (AD) (HD) **12 midnight** Abandoned Engineering (S) (AD) (HD) **1.00am** as 6pm **2.00–3.00am** as 6am

Yesterday +1 **Sky** 255 **Virgin** 200

Really 17

Freeview 17 **Freesat** 160 **Sky** 142 **Virgin** 128

6.00am Fantasy Homes by the Sea **7.00** Home Shopping **8.00** Homes under the Hammer **10.00** Celebrity Antiques Road Trip (HD) **11.00** Antiques Road Trip (HD) **1.00pm** Fantasy Homes by the Sea (AD) (HD) **3.00** French Collection (HD) **4.00** DIY SOS: the Big Build (AD) (HD) **5.00** DIY SOS: Homes for Veterans – Part One (AD) (HD) **6.00** Celebrity Antiques Road Trip (HD) **7.00** Antiques Road Trip (HD) **9.00 *New.*** Ghost Nation (HD) **10.00 *New.*** Paranormal Lockdown UK: the former Newsham Park Hospital in Liverpool (HD) **11.00** Helicopter ER (HD) **12 midnight** Ghost Adventures (HD) **1.00am** Most Haunted (HD) **2.00** Home Shopping **4.00–6.00am** Antiques Road Trip (HD)

HGTV 42

Freeview 42 **Freesat** 166 **Sky** 158 **Virgin** 279

7.00am Homes under the Hammer **8.00** Bargain Hunt (HD) **9.00** Flog It! (HD) **11.00** Escape to the Country (HD) **1.00pm** A Place in the Sun: Winter Sun (HD) **3.00** Flog It! (HD) **4.00** Homes under the Hammer **6.00** A Place in the Sun: Winter Sun (HD) **7.00** A Place in the Sun: Winter Sun (HD) **8.00** Escape to the Country (HD) **10.00 *New.*** Fixer Upper (HD) **11.00** My Lottery Dream Home (HD) **11.30** My Lottery Dream Home (HD) **12 midnight** Homes under the Hammer **1.00am** Flog It! (HD) **2.00** Hawaii Life: double bill (HD) **3.00–4.00am** Our House

HGTV +1 **Sky** 258 **Virgin** 283

Quest 12

F'view 12/**HD** 114 **F'sat** 172/**HD** 167 **Sky** 144 **Virgin** 169

6.00am How Do They Do It? (HD) **6.20** American Pickers: Best Of (HD) **7.10** Deadliest Catch (AD) (HD) **8.00** Cooper's Treasure (AD) (HD) **9.00** Outback Truckers (HD) **10.00** Wheeler Dealers **11.00** Chasing Classic Cars (HD) **12 noon** American Pickers: Best Of (HD) **1.00pm** Railroad Alaska (HD) **2.00** Deadliest Catch (AD) (HD) **3.00** Gold Divers (HD) **4.00** Salvage Hunters (HD) **5.00** Outback Truckers (HD) **6.00** Wheeler Dealers (HD) **7.00** American Pickers: Best Of (HD) **8.00** Salvage Hunters (HD) **9.00** Wheeler Dealers (HD) **10.00 *New.*** Fantomworks (HD) **11.00** How Do They Do It? (HD) **12 midnight** Wheeler Dealers (HD) **1.00am** Outback Truckers (HD) **2.00** American Chopper (HD) **3.00** Fantomworks (HD) **4.00** Dirty Jobs **5.00–6.00am** How It's Made (HD)

Quest +1 **F'view** 76 (7pm-4am) **F'sat** 168 **Sky** 244 **Virgin** 213

Challenge 46

Freeview 46 **Freesat** 146 **Sky** 151 **Virgin** 164

7.00am Catchphrase (AD) **7.30** Deal or No Deal (AD) **9.00** The Chase **10.00** Supermarket Sweep **11.00** Price Is Right **12 noon** Wheel of Fortune (AD) **1.00pm** Catchphrase (AD) **2.00** Family Fortunes **4.00** Bullseye (AD) **5.00** Golden Balls **6.00** Weakest Link **7.00** Pointless **8.00** Impossible **9.00** The Chase **10.00** Who Wants to Be a Millionaire? **11.00** Bullseye (AD) **12 midnight** Who Wants to Be a Millionaire? **1.00am** The Chase **4.00–6.00am** Deal or No Deal (AD)

Challenge +1 **Freesat** 147 **Sky** 251 **Virgin** 230

BBC Parliament 232

Freeview 232 **Freesat** 201 **Sky** 504 **Virgin** 605

6.00am House of Lords: Fisheries **9.00** Wednesday in Parliament **9.30** Live Transport Questions **10.30** Live Business Questions: the announcement of Commons business **11.15** Live Budget Debate **5.30pm** Debate Night: topical debate on the big issues affecting Scotland and beyond **6.30** House of Lords: recorded coverage **11.00** Thursday in Parliament **11.30** Scottish First Minister's Questions **12.15am** Politics Live (Later) **1.00–6.00am** House of Lords: Green Economy

Listings for **PBS America**, **Smithsonian** see over. **Film4** and other **Freeview movie** channels: **p102**

Books Peter Swanson's favourite crime novels YOUR RT P138

THURSDAY Satellite & cable



Breeders *10.00pm* Jackie, Paul and Ally celebrate

Sky 1

Sky 106 **Virgin** 110/**HD** 109 **BT** 340/**HD** 355

6.00am Monkey Life (S) (HD) **7.00** RSPCA Animal Rescue (S) (AD) **8.00** The Dog Whisperer (HD) **9.00** Stop, Search, Seize (S) (AD) (HD) **10.00** Highway Patrol (S) (AD) **11.00** NCIS: Los Angeles (S) (HD) **1.00pm** Hawaii Five-0 (S) (HD) **3.00** MacGyver (S) (HD) **4.00** Modern Family (S) (HD) **5.00** The Simpsons (S) (HD) **5.30** Futurama (S) (AD) (HD)

6.30pm The Simpsons Lisa has nightmares about a cemetery. **7.00** Maggie catches chickenpox. **7.30** Homer works as a mascot. (HD)

8.00 A League of Their Own Sports-based quiz. (S) (AD) (HD)

9.00 *New.* The Heist *6/8* *Series 2* Leonie lands in big trouble. (HD)

10.00 *New series.* Breeders *Ep 1* RT Sitcom with Martin Freeman and Daisy Haggard. (HD) **10.35 *New. Ep 2.*** Paul and Ally evaluate their dreams. **See p94.** (HD) **See feature: page 28**

11.05 An Idiot Abroad *2/8* *Series 2* Karl heads to China. (S) (AD) (HD)

12.05am Intelligence (HD) **1.05** Caught on Dashcam (HD) **2.00** The Late Late Show with James Corden: Best of the Week (HD) **3.00** The Force: Manchester (S) (HD) **4.00** Stop, Search, Seize (S) (AD) (HD) **5.00–6.00am** Futurama (S) (AD) (HD)

Sky 1 +1 **Sky** 206

Sky Arts

Sky 122 **Virgin** 123/HD 156 **BT** 348/**HD** 363

6.00am Kiri Te Kanawa: Legends of Opera (S) (HD) **7.00** Beyond the Grace Note (HD) **8.30** Watercolour Challenge (S) **9.00** The South Bank Show Originals (S) (HD) **9.30** Auction (S) (HD) **10.00** Tales of the Unexpected (S) **11.00** Discovering: Ginger Rogers (S) (AD) (HD) **12 noon** Discovering: Ava Gardner (S) (AD) (HD) **1.00pm** The South Bank Show Originals (S) (HD) **1.30** Watercolour Challenge (S) **2.00** Spielberg and Williams: the Adventure Continues (S) (HD) **2.30** Il Divo: Timeless – Live in Japan (HD) **4.00** Tales of the Unexpected (S) **5.00** Discovering: Cary Grant (S) (AD) (HD)

6.00pm Discovering: Robert Mitchum A profile of the *Cape Fear* star. (S) (AD) (HD)

7.00 What Was Virginia Woolf Afraid Of? Exploring the author's life and career. (HD)

8.00 Comedy Legends Barry Cryer pays tribute to Bob Hope. (S) (HD)

9.00 The Directors The life and work of John Schlesinger. (HD)

10.00 Discovering: Dustin Hoffman A look at the life of the Oscar-winning actor. (S) (HD)

11.00 Hollywood Couples The relationship between Judy Garland and Vincente Minnelli. (S) (HD)

12 midnight Pavarotti: Birth of a Pop Star (S) (HD) **1.00am FILM** Bad Reputation ★★★ Documentary (S) (W) (HD) **3.00** The History of Comedy (S) (AD) (HD) **4.00** Discovering: Cary Grant (S) (AD) (HD) **5.00–6.00am** as 6pm (S) (AD) (HD)



The Sopranos *9.00pm* Uncle Junior is feeling annoyed

Sky Atlantic

Sky 108 **BT** 342/**HD** 357

6.00am Urban Secrets (S) (HD) **7.00** Without a Trace (S) (HD) **10.00** The West Wing (S) (HD) **12 noon** Blue Bloods (S) (AD) (HD) **1.00pm** CSI: Crime Scene Investigation (S) (HD) **2.00** The West Wing (S) (HD) **4.00** Without a Trace (S) (HD)

6.00pm Without a Trace *9/24* *Series 4.* The team searches for FBI agent Max Cassidy. (S) (HD)

7.00 CSI: Crime Scene Investigation *8/24* *Series 6.* The team sifts through evidence from a shootout in order to determine who was responsible for the death of a police officer. (S) (HD)

8.00 Blue Bloods *14/22* *Series 2* Frank faces a dilemma when a protest gets out of hand. (S) (AD) (HD)

9.00 The Sopranos *5/13* *Series 3* Bobby "Bacala" Baccalieri Sr comes out of retirement. (S) (HD) **10.15 *6/13.*** Meadow's social life takes a turn for the worse. (S) (HD)

11.20 Babylon Berlin *1/12* *Series 3* Gereon is sent to investigate a deadly accident on a film set. (HD) **12.20am *2/12.*** A witness steps forward with sinister information. German +subtitles (HD)

1.20 Public Enemy (HD) **3.30** Without a Trace (S) (HD) **4.20–6.00am** The West Wing (S) (HD)

Sky Atlantic +1 **Sky** 208

Sky Crime

Sky 121 **Virgin** 136/HD 135 **BT** 347/**HD** 362

6.00am Motorway Patrol (S) (AD) **7.00** Highway Cops (S) (AD) **8.00** Border Security: Canada's Front Line (S) (AD) **9.00** Send in the Dogs (S) **10.00** Road Wars (S) **11.00** Brit Cops: Rapid Response (S) (AD) **12 noon** Highway Cops (S) (AD) **1.00pm** A Lie to Die For (S) **2.00** Killer Colleagues (S) **3.00** Border Security: Canada's Front Line (S) (AD) **4.00** Road Wars (S) **5.00** Brit Cops: Rapid Response (S) (AD) **6.00** Send in the Dogs (S) **7.00** Snapped **8.00** A Lie to Die For **9.00** How I Caught the Killer (S) **10.00 *New.*** Snapped **11.00** World's Most Evil Killers (S) **12 midnight** Murders That Shocked the Nation (S) (AD) **1.00am** Dateline **2.00** Snapped **3.00** Murder Calls (S) **4.00** Brit Cops: Rapid Response (S) (AD) **5.00–6.00am** Motorway Patrol (S) (AD)

Sky Crime +1 **Sky** 221 **Virgin** 207

Sony Crime

Freesat 143 **Sky** 179 **Virgin** 193

6.00am Speeders **7.00** Bait Car: LA **9.00** Speeders **11.00** Bait Car: LA **1.00pm** Speeders: double bill **6.00pm** Speeders: six editions. Officer Olson pulls over a couple of teens and gives them a pop quiz **6.30** Officer Williams pulls over a confused wedding planner **7.00** Officer Hartsell pulls over a car decorated with pieces of junk **7.30** Officer Williams pulls over a car full of Italian tourists **8.00** as 6pm **8.30** as 6.30pm **9.00** Bait Car: LA **11.00** Speeders: double bill **12 midnight** Bait Car **1.00am** Speeders **3.00** Bait Car: LA **3.30** Bait Car: San Francisco **4.00** Speeders: double bill **5.00–6.00am** Bait Car: documentary about car criminals



CSI: Crime Scene Investigation *10.00pm* Lady Heather arrives

Sky Witness

Sky 107 **Virgin** 112/**HD** 111 **BT** 341/**HD** 356

6.00am Nothing to Declare (S) (AD) **8.00** The Real A&E (S) (AD) (HD) **9.00** Blue Bloods (S) (AD) (HD) **10.00** Criminal Minds (S) (HD) **11.00** CSI: Crime Scene Investigation (S) (HD) **12 noon** Elementary (S) (AD) (HD) **1.00pm** Blue Bloods (S) (AD) (HD) **2.00** Law & Order (HD) **3.00** The Real A&E (S) (AD) (HD) **4.00** Stop, Search, Seize (S) (AD) (HD) **5.00** Nothing to Declare: six back-to-back editions (HD)

8.00pm Ghost Whisperer *14/22* *Series 2.* Melinda investigates a secret drag-racing society. (S) (HD)

9.00 *New.* The Rookie *9/20* *Series 2.* Officer Nolan tries to reunite a family. (S) (HD)

10.00 CSI: Crime Scene Investigation *5/24* *Series 9* Grissom's emotions about Sara seem increasingly fragile. (HD)

11.00 Law & Order: Special Victims Unit *3/23* *Series 16* Amaro is reinstated and investigates a Hollywood starlet who is accused of statutory rape. (HD)

12 midnight CSI: Crime Scene Investigation (S) (HD) **1.00am** Chicago Med (HD) **2.00** Chicago Fire (S) (HD) **3.00** Chicago PD (S) (HD) **4.00** Road Wars (S) (HD) **5.00–6.00am** Brit Cops: Law & Disorder (S) (AD)

Sky Witness +1 **Sky** 207 **Virgin** 180

Sky 2

Sky 168 **Virgin** 160

7.00am 60-Minute Makeover **9.00** Ninja Warrior (S) **10.00** My Kitchen Rules: South Africa (S) **12 noon** The Dog Whisperer **2.00pm** House Hunters International **3.00** Wild Vets (S) **4.00** Haven (S) **5.00** Relic Hunter: Nigel is kidnapped (S) **6.00** Stargate SG-1: double bill (S) **8.00** Road Wars **9.00** Continuum: double bill. Alec's mother is shot by a bullet meant for Julian, then Kiera is captured by Julian's followers **11.00** The Heist: a tracking signal gives the detectives a shot at catching one looter red-handed **12 midnight** Breeders **1.00am** The Rookie **2.00** Highway Cops **3.00** Haven (S) **4.00** Wild Vets (S) **5.00–6.00am** The Dog Whisperer

Syfy

Sky 114 **Virgin** 138/HD 137 **BT** 319/346/**HD** 375/361

6.00am Warehouse 13 **7.00** Merlin **8.00** Home Shopping **11.00** Stargate Atlantis **1.00pm** Star Trek: Voyager **3.00** Star Trek: the Next Generation **5.00** Star Trek: Deep Space Nine: double bill **7.00pm** Warehouse 13: Pete and Myka investigate the disappearance of a mysterious walking stick **8.00** Merlin **9.00 *New series.*** Project Blue Book: Hynek and Quinn follow General Harding to New Mexico **10.00 FILM** The Colony ★★ Sci-fi horror **12 midnight** Project Blue Book **1.00am** Star Trek: Deep Space Nine **3.00** Dimension 404 **4.00–6.00am** Star Trek: Voyager: double bill

Syfy +1 **Sky** 214 **Virgin** 229



Sun, Sea and Brides to Be *8.00pm* Kerry makes plans

W

Sky 109 **Virgin** 125/HD 211 **BT** 311/**HD** 383

6.10am MasterChef Australia (S) (HD) **8.00** Tipping Point (S) (HD) **10.00** The Bill (S) **11.00** Supernanny US (S) **12 noon** Tipping Point (S) (HD) **2.00pm** Property Brothers: Forever Home (HD) **3.00** My Dream Home (S) (HD) **5.00** Tipping Point: double bill (S) (HD)

7.00pm *New.* Property Brothers: Forever Home ***Ep 4.*** Drew and Jonathan Scott help two old friends update their Las Vegas property. (HD)

8.00 Sun, Sea and Brides to Be A mass helium-balloon release causes problems. (S) (AD) (HD)

9.00 Stacey Dooley Investigates Russia's War on Women The problem of domestic violence in Russia. (S) (AD) (HD)

10.00 One Born: What Happened Next? *4/6.* Revisiting some of *One Born Every Minute*'s memorable parents. (S) (HD)

11.00 Inside the Ambulance Jamie and Debbie rush to an unconscious man in a diabetic coma. (S) (HD)

12 midnight One Born Every Minute (S) (HD) **1.00am** I've Got Something to Tell You (S) (HD) **1.50** Code Black (S) (AD) (HD) **2.35–3.00am** Renovate My Home: Leave It to Bryan (S) (HD)

W +1 **Sky** 209 **Virgin** 190

Sky Comedy

Sky 113 **Virgin** 122/HD 121 **BT** 345/**HD** 360

8.00am Everybody Hates Chris (HD) **9.00** Parks and Recreation (HD) **10.30** 30 Rock (HD) **12 noon *New.*** The Mindy Project: triple bill (HD) **1.30pm** Modern Family (S) (HD) **2.30** Everybody Hates Chris: double bill (HD) **3.30** Parks and Recreation (HD) **5.00** 30 Rock (HD) **6.30pm** Modern Family (S) (HD) **7.30** The Mindy Project (HD) **9.00** Richard Jeni: a Big Steaming Pile of Me (HD) **10.15** Sex and the City (HD) **10.50 *New.*** The Tonight Show Starring Jimmy Fallon: US chat show (HD) **11.50 *New.*** The Late Late Show with James Corden (HD) **12.50am** Entourage (S) (HD) **1.25** Silicon Valley: double bill (S) (HD) **2.35** Parks and Recreation (HD) **3.30–5.00am** 30 Rock: triple bill (HD)

TLC

Sky 133 **Virgin** 167 **BT** 323/**HD** 377

6.00am Say Yes to the Dress: Bridesmaids (HD) **8.00** Say Yes to the Dress: UK (HD) **9.00** Say Yes to the Dress (HD) **10.00** Curvy Brides Boutique (AD) (HD) **11.00** Say Yes to the Dress: Canada (HD) **12 noon** Say Yes to the Dress: Atlanta (HD) **2.00pm** Dr Pimple Popper (HD) **3.00** Sister Wives (HD) **4.00** Say Yes to the Dress: Canada (HD) **5.00** Curvy Brides Boutique (AD) (HD) **6.00** Say Yes to the Dress (HD) **7.00** Say Yes to the Dress: UK (HD) **8.00 *New series.*** 90 Day Fiancé: before the 90 Days (HD) **10.00** Dr Pimple Popper (HD) **11.00** 90 Day Fiancé: before the 90 Days (HD) **2.00am** Dr Pimple Popper (HD) **3.00** as 11pm **4.00–6.00am** Say Yes to the Dress: Atlanta (HD)

TLC +1 **Sky** 233 **Virgin** 172



Peep Show *10.20pm* Dobby and Mark sit down for lunch

Gold

Sky 110 **Virgin** 124 **BT** 310/343/**HD** 358/392

7.20am The Piglet Files **7.45** As Time Goes By (S) **8.20** The Good Life (S) (AD) **9.00** Porridge (S) **9.40** Hi-de-Hi! (S) **10.20** Last of the Summer Wine (S) **12.20pm** Keeping Up Appearances (AD) **1.00** Porridge (S) **1.40** Hi-de-Hi! (S) **2.20** The Good Life (S) (AD) **3.00** Keeping Up Appearances (AD) **3.40** Dad's Army (S) **4.20** Last of the Summer Wine: triple bill (S)

6.20pm The Good Life (S) (AD)

7.00 Porridge Godber appears before the parole board. (S)

7.40 Dad's Army Mainwaring and the platoon try to capture a German aircraft crew. (S) **8.20** Jones suffers a crisis. (S)

9.00 Gavin & Stacey The Shipmans drive to Wales for the wedding fair. (S) (AD) (HD)

9.40 The Office The staff receive their annual appraisals. (S) (AD)

10.20 Peep Show Double bill. (S) (HD)

11.30 Gavin & Stacey The Shipmans drive to Wales for the wedding fair. (S) (AD) (HD)

12.10am The Office (S) (AD) **12.50** Lenny Henry's Race through Comedy (S) (AD) (HD) **1.50** Peep Show (S) (HD) **2.45–4.00am** The Rebel: double bill (S) (AD) (HD)

Gold +1 **Sky** 210 **Virgin** 194

Comedy Central

Sky 112 **Virgin** 132/HD 181 **BT** 307/344/**HD** 370/359

8.00am The Office US: double bill (S) (HD) **9.00** The Fresh Prince of Bel-Air (S) **11.00** Friends (S) (AD) (HD) **3.00pm** Last Man Standing (HD) **4.00** Two and a Half Men (HD) **5.00** Friends (S) (AD) (HD) **8.30pm *New series.*** Gods of the Game: Sir Bradley Wiggins invites people to take on sporting greats in surreal contests (HD) **9.00 FILM** Ocean's Eleven ★★★★ Action crime caper starring George Clooney and Brad Pitt (HD) **11.30** Jimmy Carr: Telling Jokes (S) (HD) **1.00am** The Daily Show (HD) **1.30** Impractical Jokers (S) (HD) **2.30** South Park (S) (HD) **3.25** Last Man Standing: double bill (HD) **4.15–5.00am** Two and a Half Men (HD)

Comedy Central +1 **Sky** 212 **Virgin** 133

Lifetime

Sky 187 **Virgin** 208 **BT** 329/**HD** 384

7.00am Women on Patrol (HD) **8.00** Judge Judy (HD) **1.00pm** Pawn Stars (HD) **2.00** Storage Wars (HD) **3.00** Little Women: Couples Retreat (HD) **4.00** Dance Moms (HD) **5.00** Pawn Stars (HD) **6.00pm** Flipping Vegas: a house formerly owned by alien enthusiasts (HD) **7.00** Judge Judy (HD) **9.00** Texan Million Dollar Dealers: a mother pitches a website to help parents save for their kids' future (HD) **10.00** Storage Wars (HD) **11.00** Hardcore Pawn (HD) **12 midnight** Pawn Stars (HD) **1.00am** Texan Million Dollar Dealers (HD) **2.00** Storage Wars (HD)**3.00–4.00am** Hardcore Pawn: double bill (HD)

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*includes postage & packing



Carter *9.00pm* Harley works alongside David Arquette

Alibi

Sky 132 **Virgin** 126/**HD** 212 **BT** 312/**HD** 382

7.10am Murdoch Mysteries (S) (HD) **10.00** The Guardian (HD) **11.00** Sue Thomas: F.B.Eye (S) **12 noon** Major Crimes (HD) **1.00pm** Rush (S) (AD) (HD) **3.00** Murdoch Mysteries (S) (HD)

6.00pm Major Crimes *6/23 Series 4.* The squad works to identify a set of skeletal remains. (HD)

7.00 Motive *6/13 Series 4* A standard murder investigation escalates into a race against time when the team learn that the victim's ill child has been kidnapped. (S) (HD)
8.00 *7/13.* Flynn and Vega investigate the death of a high-school student. (S) (HD)

9.00 ***New.*** **Carter** *3/10 Series 2* Harley is forced to work with his replacement, Hollywood star David Arquette. (AD) (HD)

10.00 Frankie Drake Mysteries *1/11 Series 1.* Frankie becomes the main suspect in a jewellery heist. (S) (AD) (HD)

11.00 New Tricks *2/10 Series 12* Gerry fights to clear his name before his enemies catch up with him. (S) (AD) (HD)

12.20am Murdoch Mysteries: the detective's estranged father is suspected of murder (S) (HD)
1.20–4.00am In the Dark (S) (HD)

Alibi +1 **Sky** 232 **Virgin** 191

Discovery History

Sky 171 **Virgin** 257

6.00am Expedition Unknown **7.00** Invention Nation **8.00** World War II: Witness to War **9.00** Frontline Battle Machines with Mike Brewer **10.00** Extreme Engineering **11.00** Invention Nation **12 noon** Blowing Up History (AD) **1.00pm** Expedition Unknown **2.00** Mysteries at the Museum **3.00** World War II: Witness to War **4.00** Secrets of the Arsenal **5.00** Extreme Engineering

6.00pm Blowing Up History Scientists reveal codes that challenge commonly-held beliefs about the Taj Mahal. (AD)

7.00 Mysteries at the Museum Investigating the truth behind a nuclear malfunction.

8.00 Expedition Unknown Josh searches for a precious statuette that has been lost for 25 years.

9.00 SAS: Who Dares Wins Ant and his team test the 12 remaining recruits by sowing distrust among them.

10.00 Tony Robinson's World War One Tony gains an unparalleled perspective of the conflict.

11.00 Extreme Machines X-ray spectacles and telescopes.
12 midnight A precious statuette that has been lost for 25 years.
1.00am SAS: Who Dares Wins **2.00** Tony Robinson's World War One **3.00** Extreme Machines **4.00** Blowing Up History (AD) **5.00–6.00am** Mysteries at the Museum

Discovery History +1 **Sky** 271 **Virgin** 261



War of the Worlds *9.00pm* Tom, Emily and Sarah

Fox

Sky 124 **Virgin** 157/**HD** 199 **BT** 349/**HD** 364

8.00am Republic of Doyle (S) (HD) **9.00** Bones (S) (HD) **10.00** Bull (S) (HD) **11.00** NCIS (S) (AD) (HD) **12 noon** Bones (S) (HD) **2.00pm** The Mentalist (S) (HD) **3.00** NCIS (S) (AD) (HD) **4.00** Bull (S) (HD) **5.00** Bones (S) (HD)

6.00pm The Mentalist *12/13 Series 7.* Jane is abducted by the fingernail-stealing serial killer. (S) (HD)

7.00 NCIS *5/25 Series 13* Abby becomes trapped inside a pharmaceutical lab when armed men storm the building. (S) (AD) (HD)
8.00 *6/25.* A petty officer appears to have become the latest victim of a serial killer. (S) (AD) (HD)

9.00 ***New.*** **War of the Worlds** RT *3/8.* The survivors are forced to face some cold truths. **See page 95.** (S) (HD)

10.00 NCIS *23/24 Series 12* The team joins a global anti-terror investigation. (S) (AD) (HD)

11.00 American Dad! *Series 4* Francine encourages Stan to open up emotionally. (S)
11.30 Klaus is caught smuggling drugs on his way to France. (S)
12 midnight Family Guy: double bill (S) **1.00am** American Dad! (S) **2.00** Family Guy: double bill (S) **3.00** American Dad! (S) **4.00–5.00am** Republic of Doyle (S) (HD)

Fox +1 **Sky** 224 **Virgin** 158

History

Sky 130 **Virgin** 270 **BT** 327/**HD** 379

6.00am American Pickers (HD) **8.00** Pawn Stars (HD) **9.00** WWII Turning Points (HD) **10.00** Storage Wars (HD) **11.00** The Railways That Built Britain with Chris Tarrant (HD) **12 noon** River Hunters (HD) **1.00pm** Forged in Fire (HD) **2.00** American Pickers (HD) **3.00** Storage Wars (HD) **5.00** Pawn Stars (HD) **6.00pm** Forged in Fire (HD) **7.00** American Pickers (HD) **8.00** The Railways That Built Britain with Chris Tarrant (HD) **9.00** ***New.*** Forged in Fire **10.00** ***New.*** Kings of Pain: a bird-eating tarantula **11.00** ***New.*** Truck Off! (HD) **12 midnight** Britannia: Secrets of the Royal Yacht (HD) **1.00am** Britain's Greatest Bridges (HD) **2.00** Forged in Fire (HD) **3.00** River Hunters (HD) **4.00–5.30am** Storage Wars (HD)

History +1 **Sky** 230 **Virgin** 271

Animal Planet

Sky 162 **Virgin** 251 **BT** 325/**HD** 378

6.00am The Aquarium (HD) **7.00** Treehouse Masters: out on a Limb (S) (HD) **8.00** Pit Bulls and Parolees (S) (HD) **10.00** Animal Cops Philadelphia (S) (HD) **12 noon** The Zoo: San Diego (HD) **1.00pm** My Cat from Hell (S) (HD) **2.00** Alaskan Bush People (S) (AD) (HD) **3.00** The Vet Life (S) (HD) **5.00** Crikey! It's the Irwins (S) (HD) **6.00** Bondi Vet: Coast to Coast (HD) **7.00** Animal Cops Detroit (S) (AD) **8.00** Dr Jeff: Rocky Mountain Vet (S) (HD) **9.00** The Vet Life (S) (AD) (HD) **10.00** Animal Cops San Francisco (S) **11.00** Pit Bulls and Parolees (S) (HD) **12 midnight** I Was Prey (S) (AD) (HD) **1.00am** Animal Cops Detroit (S) (AD) **2.00** as 8pm **3.00** Animal Cops San Francisco (S) **3.50** as 5pm **4.40** Nature's Strangest Mysteries: Solved (HD) **5.10–6.00am** My Cat from Hell (S) (HD)

Animal Planet +1 **Sky** 262 **Virgin** 259



Alaskan Bush People *9.00pm* Bam works on a foundation

Discovery

Sky 125 **Virgin** 250 **BT** 322/350/**HD** 376/365

6.00am Combat Dealers (S) (HD) **7.00** Tony Robinson's World War One (S) (HD) **8.00** Kindig Customs (HD) **9.00** Jeremy Wade's Dark Waters (S) (HD) **10.00** Nasa's Unexplained Files (S) (HD) **11.00** Fast 'n' Loud (S) (HD) **12 noon** Gold Rush (S) (HD) **1.00pm** Alaska: the Last Frontier (S) (HD) **2.00** Combat Dealers (S) (HD) **3.00** World War II: the Complete History (S) **4.00** Building Off the Grid (S) (HD) **5.00** Wheeler Dealers (S) (HD)

6.00pm Fast 'n' Loud Richard invests in a concert venue. (S) (HD)

7.00 Outback Truckers Russell faces trial by fire. (S) (HD)

8.00 Wheeler Dealers Mike tracks down a Volvo Amazon 122 with a rally heritage. (S) (HD)

9.00 ***New.*** **Alaskan Bush People** Bear goes hunting. (HD)

10.00 ***New.*** **River of No Return** Heavy rain threatens to destroy Aubrey's ranch. (S) (HD)

11.00 Richard Hammond's Big Exploring elements that engineering projects have in common. (HD)
12 midnight Alaskan Bush People (HD) **1.00am** River of No Return (S) (HD) **2.00** Deadliest Catch (S) (HD) **3.00** Alaskan Bush People (HD) **3.50** Kindig Customs (S) (HD) **5.30–6.00am** How It's Made (S)

Discovery +1 **Sky** 225 **Virgin** 258

Nat Geographic

Sky 129 **Virgin** 266/**HD** 268 **BT** 317/**HD** 373

8.00am Car SOS: ten editions (HD)
6.00pm Car SOS: double bill. Tim and Fuzz team up with race legend Paddy Hopkirk to fix up their first rally car, then Tim and Fuzz get help from James Nesbitt (S) (HD) **8.00** ***New series.*** Car SOS: Tim and Fuzz restore a Porsche which is in the worst condition of any car in the series (S) (AD) (HD) **9.00** ***New.*** Ultimate Supercar: Lamborghini reimagine their most famous supercar, the Aventador SVJ (S) (HD) **10.00** Running Wild with Bear Grylls: free climber Alex Honnold joins Bear for an adventure in the Swiss Alps (S) (AD) (HD) **11.00** Car SOS: Fuzz Townshend and Tim Shaw secretly restore a classic 1971 sports car (S) (HD)
12 midnight–5.00am Car SOS (S) (HD)

Nat Geo +1 **Sky** 229 **Virgin** 267

Eden

Sky 166 **Virgin** 245/**HD** 247 **BT** 315/**HD** 389

9.00am Super Vets **10.00** Mountain Gorilla (HD) **11.00** Ganges (HD) **12 noon** Life in the Great Wetlands (HD) **1.00pm** Life in the Undergrowth (AD) **2.00** Wonders of the Solar System (AD) (HD) **3.00** Super Vets **4.00** Mountain Gorilla (HD) **5.00** Ganges (HD) **6.00pm** Super Vets **7.00** Life in the Undergrowth (AD) **8.00** Life in the Great Wetlands (HD) **9.00** Mountain Gorilla (HD) **10.00** Ganges (HD) **11.00** Wonders of the Solar System (AD) (HD) **12 midnight** Life in the Great Wetlands (HD) **1.00am** Life in the Undergrowth (AD) **2.00** Wonders of the Solar System (AD) (HD) **3.00** Super Vets **3.50** Mountain Gorilla (HD) **4.40** Ganges (HD) **5.30–6.00am** Frontier Borneo (HD)

Eden +1 **Sky** 266 **Virgin** 246



Bonnie and Clyde *9.55pm* The infamous criminal couple

PBS America 91

F'view 91 (1-11pm only) **F'sat** 155 **Sky** 174 **Virgin** 273

8.00am Pompeii: the Secrets of the Petrified Bodies **9.15** The Feud **10.35** Nigel Marven's Wild Philippines **11.35** Pompeii: the Secrets of the Petrified Bodies **1.00pm** Saints and Sinners: a Millennium of Monasteries **2.20** Pompeii: the Secrets of the Petrified Bodies **3.40** The Feud **4.55** Saints and Sinners: a Millennium of Monasteries

6.15pm Pompeii: the Secrets of the Petrified Bodies How the citizens' bodies were preserved by the 79AD eruption of Vesuvius.

7.30 Saints and Sinners: a Millennium of Monasteries How monasteries were turned to ruin. Last in series.

8.45 Billy the Kid The story of the American outlaw who repeatedly escaped capture. The criminal with a deadly reputation was finally gunned down by sheriff Pat Garrett in July 1881.

9.55 Bonnie and Clyde The story of the most famous criminal couple in American history.

11.00 Saints and Sinners: a Millennium of Monasteries As 7.30pm.
12.15am Bonnie and Clyde
1.30–2.00am Walks Around Britain

PBS +1 **Freeview** 93 (HD only) 93

Smithsonian 57

F'view (HD only) 57 **F'sat** 175 **Sky** 195 **Virgin** 276

6.00am Aerial Britain (HD) **8.00** America in Colour: the 1940s (HD) **9.00** Into the Puma Triangle **10.00** Panama's Animal Highway (HD) **11.00** Aerial America (HD) **12 noon** An American Aristocrat's Guide to Great Estates (HD) **1.00pm** Adolf Island (HD) **2.00** America in Colour: the 1940s (HD) **3.00** Into the Puma Triangle **4.00** Panama's Animal Highway (HD) **5.00** Air Warriors (HD)

6.00pm Aerial America Bird's-eye views of the country's lakes, rivers and glaciers. (HD)

7.00 Inside the Factory: How Our Favourite Foods Are Made Gregg Wallace and Cherry Healey find out about the production and history of chocolate. (HD)
8.00 Gregg visits a milk-processing plant to see how it goes from cow to carton in less than 24 hours. (HD)

9.00 Air Warriors A look at the history of the B-52. (HD)

10.00 Aircrash Alaska A plane heading for an Alaskan fishing trip fails to arrive. (HD)

11.00 The Hunt for Eagle 56 Explorers find the stern of the *Eagle 56* at the bottom of the Atlantic Ocean. (HD)

12 midnight Air Warriors (HD)
1.00am Aircrash Alaska (HD)
2.00 The Hunt for Eagle 56 (HD)
3.00 Air Warriors (HD)
4.00 Aircrash Alaska (HD)
5.00–6.00am Air Warriors (HD)

CHILDREN'S

Milkshake! on C5

Full listings for Channel 5 are on p98

6.00am Peppa Pig **6.20** Mya Go **6.30** Fireman Sam **6.40** ***New.*** Noddy: Toyland Detective: Noddy's new diablo goes missing **6.50** ***New.*** Abby Hatcher: Melvin becomes Abby's sidekick for the day **7.00** Thomas & Friends: Big World! Big Adventures! **7.15** Milkshake! Monkey's Amazing Adventures **7.20** Peppa Pig **7.40** Top Wing **7.55** Paw Patrol **8.10** Floogals **8.30** Becca's Bunch **8.40** Little Princess **8.55** Ben and Holly **9.10–9.15am** Sunny Bunnies

CBeebies 202

Freeview 202 **Freesat** 608 **Sky** 614 **Virgin** 702

6.00am Show Me Show Me **6.25** Twirlywoos **6.35** Teletubbies **6.50** Timmy Time **7.00** Numberblocks **7.05** Bing: double bill **7.20** Hey Duggee: double bill **7.35** Bitz & Bob **7.45** Peter Rabbit **8.00** Go Jetters **8.10** Octonauts **8.20** Biggleton **8.35** Justin's House **9.00** Tee and Mo **9.10** Timmy Time **9.15** ***New.*** Dog Loves Books **9.20** Bing **9.30** Twirlywoos **9.40** Patchwork Pals **9.45** Something Special: We're All Friends **10.05** Teletubbies **10.20** The Baby Club; Small Potatoes **10.40** Hey Duggee **10.45** Let's Play **11.05** Let's Go for a Walk **11.20** RT **CHOICE** ***New.*** Pablo **See p95;** My Petsaurus **11.35** Our Family **11.45** Woolly & Tig **11.50** Tinga Tinga Tales **12 noon** My World Kitchen; Dipdap **12.15pm** Waffle the Wonder Dog **12.30** Molly and Mack **12.45** Melody **1.00** The Furchester Hotel **1.10** Yakka Dee! **1.15** Numberblocks **1.20** Bing **1.30** Twirlywoos **1.45** Something Special: We're All Friends **2.05** Teletubbies **2.20** The Baby Club **2.35** Pablo **2.45** Our Family **3.00** Grace's Amazing Machines **3.15** Swashbuckle **3.35** Hey Duggee **3.45** Octonauts **4.00** Love Monster **4.05** Andy's Aquatic Adventures **4.20** Maddie's Do You Know? **4.35** Peter Rabbit **4.50** Go Jetters **5.00** Gigglebiz **5.15** Waffle the Wonder Dog **5.30** Topsy and Tim; My Petsaurus **5.45** Moon and Me **6.10pm** Clangers **6.20** In the Night Garden… **6.50–7.00pm** CBeebies Bedtime Stories: a tale is read for younger viewers before they go to bed

CBBC 201

Freeview 201 **Freesat** 607 **Sky** 613 **Virgin** 701

7.00am Arthur **7.15** Dennis & Gnasher Unleashed! **7.25** Danger Mouse **7.40** Newsround **7.45** Boy Girl Dog Cat Mouse Cheese **8.00** ***New.*** Little Big Awesome **8.15** Newsround **8.20** ***New.*** Hey You What If? **8.25** Marrying Mum and Dad **8.55** Art Ninja **9.25** A Week to Beat the World **9.40** Millie Inbetween **1.45pm** Millie Inbetween Specials **2.15** Nine Minute Ninja **2.25** A Week to Beat the World **2.40** Craft Party **2.55** Almost Never **3.20** The Deep **3.45** Shaun the Sheep **3.50** Boy Girl Dog Cat Mouse Cheese **4.00** Newsround **4.10** Little Big Awesome **4.25** Odd Squad **4.35** The Pets Factor **5.00** All at Sea **5.30** Jamie Johnson: the Real Gothia Cup **6.00pm** The Deep **6.25** Operation Ouch! **6.50** Nine Minute Ninja **7.00** Horrible Histories **7.30** All at Sea **8.00** The Dumping Ground **8.30** So Awkward Files **8.45–9.00pm** The Dumping Ground

CITV 203

Freeview 203 **Freesat** 602 **Sky** 621 **Virgin** 734

6.00am Dino Dana **6.25** Bagel and Becky **6.55** ***New.*** Gormiti 3D **7.25** Hotel Transylvania **7.55** Mr Bean **8.25** ***New.*** Buck & Buddy **8.30** Scooby-Doo **9.00** Craig of the Creek **9.25** Mission Employable **9.30** Lego NinjaGo **9.55** Mighty Mike **10.25** Bear Grylls Survival School **10.50** Make It Pop **11.15** The Haunted Hathaways **11.40** Spy School **12.05pm** as 6pm **12.30** Transformers **1.00** ***New.*** Gormiti 3D **1.25** LEGO Jurassic World **1.50** Mission Employable **1.55** ToonMarty **2.40** Mighty Mike **3.10** Tom and Jerry **3.30** Scooby-Doo **4.00** Mr Magoo **4.30** Craig of the Creek **5.00** Lego NinjaGo **5.30** Captain Underpants **6.00** Thunderbirds **6.25** Transformers **6.55** Hotel Transylvania **7.25** Mr Bean **7.55** ***New.*** Buck & Buddy **8.00** Make It Pop **8.30–9.00pm** Project Z

THURSDAY Films & Sport

Discover film

The best of Sky, iPlayer, Netflix and beyond



Newman, the free spirit

Cool Hand Luke ★★★★ *1.30pm* ***TCM***

With a story that champions freedom of spirit and the needs of the individual, this movie chimed perfectly with the sentiments of 1967's "Summer of Love" when it was released. It's basically an old-fashioned chain-gang movie – not much had changed at Warner Bros since the days of Paul Muni's *I Am a Fugitive from a Chain Gang* – except this time the tale is told in stunning Technicolor. Paul Newman is superb in the Muni role, and both the prologue and the egg-eating scene have become screen classics. **TONY SLOMAN**



Rent it this week

Sorry We Missed You ★★★★ ***Sky Store/DVD***

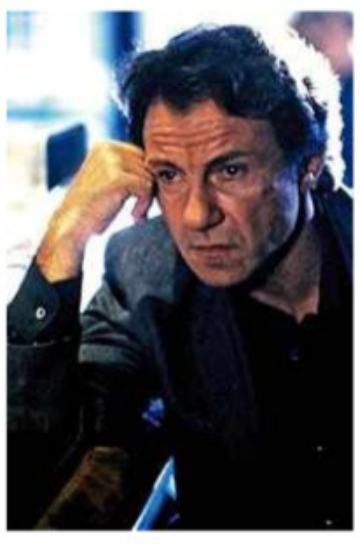
The downsides of the gig economy are writ large in this drama from British social-realist film-maker Ken Loach. Kris Hitchen plays the volatile Ricky, affected by a downturn in the building trade, who signs up as an "independent contractor" to deliver parcels, and soon has the small print and his task-master boss running his life. This chastening portrait of the modern workplace is given added emotional impact by its touching domestic asides and stands comparison with Loach's best work. **TREVOR JOHNSTON**

Peak Keitel

Bad Lieutenant ★★★★

My5 **FREE TO VIEW**

When director Abel Ferrara's films are good, they are exceptionally good, as proved by *King of New York* and *Ms 45*. Now on C5's free on-demand service, this controversial tale of a corrupt cop getting one last shot at redemption ranks alongside Ferrara's best, with Harvey Keitel giving one of the bravest performances of his career. **ALAN JONES**



FREEVIEW

Film4 14

Freeview 14 **Freesat** 300 **Sky** 313 **Virgin** 428/**HD** 429

11.00am The Dam Busters ★★★★★ Thrilling Second World War drama. Richard Todd, Michael Redgrave, Ursula Jeans, Basil Sydney (1954, U) (S)

1.35pm McLintock! ★★★ Comedy western that reworks Shakespeare's *The Taming of the Shrew*. John Wayne, Maureen O'Hara (1963, U) (S)

4.20 The Cassandra Crossing ★ Disaster thriller set on board a train. Richard Harris, Sophia Loren, Burt Lancaster, Ava Gardner (1976, PG) (S) (AD)

7.05pm "Crocodile" Dundee ★★★★ Enjoyable comedy starring the charismatic Paul Hogan as an outback hero who heads for New York. Linda Kozlowski (1986, 15) (S) (AD)

9.00 🅿 Birth of the Dragon ★★★ Crowd-pleasing drama based on the real-life fight between Bruce Lee and a Shaolin temple master. **Review p38.** Philip Wan-Lun Ng, Xia Yu, Billy Magnussen (2016, 12) (S)

10.50 Babylon AD ★★ Dystopian sci-fi thriller about a bounty hunter who accepts one last job. Vin Diesel (2008, 12) (S)

12.35–2.35am Lost & Found ★★ Comedy drama comprising seven interwoven stories. Liam O Mochain, Brendan Conroy (2017, 12) (S)

Film4 +1 **F'view** 45 **F'sat** 301 **Sky** 314 **Virgin** 430

Sony Movies 32

Freeview 32 **Freesat** 302 **Sky** 321 **Virgin** 425

9.00am A Sister's Secret ★★ Thriller. (2009) **11.05 Reluctant Witness** ★★ Thriller. (2014) **1.00pm By Appointment Only** ★★ Thriller. Ally Walker (2007) **2.50 The Perfect Bride** ★★ Thriller. Sammi Davis (1991, 15) **4.40 Ricki and the Flash** ★★★ Comedy drama. Meryl Streep (2015, 12) **6.45pm Stranger than Fiction** ★★★★ Pleasingly odd fantasy comedy. Will Ferrell (2006, 12) **9.00 Body of Lies** ★★★ Slick political thriller. Leonardo DiCaprio, Russell Crowe (2008, 15) **11.30 Empire State** ★★ Strange-but-true crime yarn. Liam Hemsworth, Emma Roberts (2013, 15) **1.25am Girl, Interrupted** ★★★ Drama. Winona Ryder, Angelina Jolie (1999, 15) **4.00–5.50am Ruth & Alex** ★★ Drama. Morgan Freeman (2014, 12)

Sony Movies +1 **F'view** 60 (*limited* 10pm-5am) **Sky** 322

Sony Movies Classic 50

F'view 50 *(limited)* **F'sat** 303 **Sky** 319 **Virgin** 424

6.00am The Fugitive ★★★★ Drama. Henry Fonda (1947, PG) **8.05 All the King's Men** ★★★★ Drama. Broderick Crawford (1949, U) **10.25 I Didn't Do It** ★★ Comedy. (1945, PG) **12.30pm Don't Panic Chaps** ★★ Comedy. (1959, U) **2.20 Walk, Don't Run** ★★★ Romantic comedy. (1966, U) **4.40 The Loneliness of the Long Distance Runner** ★★★★★ Drama. Tom Courtenay (1962, 12) **6.50pm To Sir, with Love** ★★★ Enjoyable drama. **Review p38.** Sidney Poitier (1967, PG) **9.00 Philadelphia** ★★★★★ Moving drama. Tom Hanks, Denzel Washington, Jason Robards (1993, 12) **11.20 The Fisher King** ★★★★★ Oscar-winning fantasy. Robin Williams, Jeff Bridges (1991, 15) **2.15am Nest of Vipers** ★★★ Spaghetti western. Luke Askew (1969) **4.25–6.00am Long John Silver** ★★ Adventure. Robert Newton (1954, U)

Sony Movies Classic +1 **F'View** 62 *(limited)* **F'Sat** 304 **Sky** 320

Talking Pictures TV 81

Freeview 81 **Freesat** 306 **Sky** 328 **Virgin** 445

6.00am Old Mother Riley in Paris ★★ Comedy. (1938, U) (S) **7.35 I'll Be Seeing You** ★★ Romantic drama. (1944, PG) **9.20 Thunder in the City** ★★★ Comedy drama. Edward G Robinson (1937) (S) **11.00** Richard Diamond **11.30 Jigsaw** ★★★ Mystery drama. Jack Warner (1962, PG) (S) **1.35pm Night Mail** ★★★★★ Documentary. (1936) **2.00** Rooms **2.30 Captain Boycott** ★★★ Drama. Stewart Granger (1947, PG) **4.55 Mr Winkle Goes to War** ★ Drama. (1944) **6.35pm No Highway in the Sky** ★★★ Very watchable thriller. James Stewart (1951, PG) (S) **8.30 Tell Me Another** Interviews. **9.00 Funny Man** TV drama. **10.00 Man in the Attic** ★★★ Chilling mystery. **Review p38.** Jack Palance (1953) (S) **11.40 Up the Chastity Belt** ★★ Comedy. (1971, PG) **1.30am Department Store** ★★★ Comedy drama. (1935) **2.50** Miss MacTaggart Won't Lie Down (S) **3.25 Dentist in the Chair** ★★ Comedy. (1960, U) (S) **5.00–6.00am** Rooms

Sky Premiere

Sky 301 **Virgin** 401 **BT** 501/**HD** 515

6.00am The Counterfeiter ★★★ Thriller. (2018, 15) **8.15 Straight Up** ★★★★ Romantic comedy. (2019) **9.55 We Die Young** ★★ Drama. (2019, 15) **11.35 This Changes Everything** ★★★ Documentary. (2018, 15) **1.20pm** As 8pm **3.00** As 9.45pm **4.30 Doom: Annihilation** ★ Horror. (2019, 15)

6.15pm Cold Blood Legacy ★ Jean Reno plays a hitman in this snowbound thriller. Sarah Lind (2019, 15)

8.00 Brightburn ★★★ Pacey horror. Elizabeth Banks, David Denman (2019, 15)

9.45 🅿 I'll Take Your Dead ★★★ Unusual and original horror. Aidan Devine, Ava Preston, Jess Salgueiro (2018, 15)

11.30 The Art of Self-Defense ★★★★ Jesse Eisenberg stars in this serio-comic spin on *Fight Club*. **Review p82.** Alessandro Nivola (2019, 15)

1.30am Hell Is Where the Home Is ★★★ Horror thriller. Angela Trimbur, Zach Avery, Janel Parrish (2018, 18) **3.15** As 6.15pm **5.00** Hotel Mumbai Special **5.30** Monster Family Special

Sky Premiere +1 **Sky** 312 **Virgin** 412

Sky Hits

Sky 303 **Virgin** 403 **BT** 503/**HD** 517

6.00am We're the Millers ★★★ Comedy. (2013, 15) **8.00 Journey 2: the Mysterious Island** ★★★ (2011, PG) **9.40 The Front Runner** ★★★★ (2018, 15) **11.40 Star Wars Episode I: the Phantom Menace** ★★★ (1999, U) **2.00pm Star Wars Episode II: Attack of the Clones** ★★★ (2002, PG)

4.25pm Star Wars Episode III: Revenge of the Sith ★★★ Exciting sci-fi adventure. Ewan McGregor, Hayden Christensen, Natalie Portman (2005, 12)

6.50 Star Wars Episode IV: a New Hope ★★★★★ George Lucas's ground-breaking space opera. Mark Hamill, Harrison Ford (1977, U)

9.00 Star Wars Episode V: the Empire Strikes Back ★★★★★ Superb space adventure sequel. Mark Hamill, Harrison Ford, Carrie Fisher (1980, U)

11.10pm Star Wars Episode VI: Return of the Jedi ★★★★ Epic adventure. (1983, U) **1.30am Austin Powers: the Spy Who Shagged Me** ★★★★ Spy spoof. (1999, 12) **3.10 Lucky** ★★★ Comedy. (2017, 15) **4.40** As 8am

Sky Monsters

Sky 307 **Virgin** 411 **BT** 511/**HD** 525

6.00am Labyrinth ★★★ Fantasy. David Bowie (1986, U) **7.45 Pacific Rim** As 4pm **10.00 A Quiet Place** As 6.15pm **11.45** The Top Ten Show **12 noon The Meg** As 8pm **2.00pm Rampage** As 10.05pm **4.00 Pacific Rim** ★★★ Fun sci-fi action. Charlie Hunnam, Idris Elba (2013, 12)

6.15pm A Quiet Place ★★★★★ Unbearably tense horror in which survivors of an invasion by killer creatures must keep silent to stay alive. John Krasinski, Emily Blunt (2018, 15)

8.00 The Meg ★★★ Jason Statham is up against a giant prehistoric shark in this glossy blockbuster B-movie. Li Bingbing (2018, 12)

10.05 Rampage ★★ Dwayne Johnson's gorilla buddy has a monster makeover. Naomie Harris (2018, 12)

12.05am Overlord ★★★ Tense Second World War action horror. Jovan Adepo, Wyatt Russell, Pilou Asbaek (2018, 18) **2.10 Resident Evil: Afterlife** ★★ Sci-fi thriller. Milla Jovovich, Ali Larter (2010, 15) **4.00 Labyrinth** As 6am

Sky Superhero

Sky 302 **Virgin** 402 **BT** 502/**HD** 516

6.10am Superman III ★★★ Fantasy adventure. Christopher Reeve (1983, PG) **8.20 Superman IV: the Quest for Peace** ★★ Fantasy. Christopher Reeve (1987, PG) **9.55** As 6.40pm **12.10pm** As 9pm **2.15** As 11.05pm **4.30 Captain America: the First Avenger** ★★★ Fantasy adventure. Chris Evans (2011, 12)

6.40pm X-Men: First Class ★★★★ James McAvoy and Michael Fassbender excel in a terrific reboot of the superhero franchise. Kevin Bacon, Rose Byrne (2011, 12)

9.00 Deadpool 2 ★★★★ Ryan Reynolds is back as the wisecracking mutant in a satisfying fantasy sequel. Josh Brolin (2018, 15)

11.05 Glass ★★★ M Night Shyamalan's intriguing fantasy drama. Bruce Willis, Samuel L Jackson (2019, 15)

1.20am Captain America: the First Avenger As 4.30pm **3.30 Batman: Mystery of the Batwoman** ★★ Animated action adventure. (2003, 12) **4.50** Lego Batman: the Movie – DC Super Heroes Unite

Sky Greats

Sky 304 **Virgin** 404 **BT** 504/**HD** 518

7.30am Stand by Me ★★★★★ Drama. Wil Wheaton (1986, 15) **9.05 Gran Torino** ★★★ Drama. Clint Eastwood (2008, 15) **11.05 The Birds** ★★★★★ Horror. Rod Taylor (1963, 15) **1.10pm Cape Fear** ★★★★ Thriller. Gregory Peck (1962, 15) **3.10 The Bourne Legacy** ★★★ Action thriller. Jeremy Renner (2012, 12)

5.30pm Flash Gordon ★★★ Enjoyably camp sci-fi fantasy. Sam J Jones, Melody Anderson, Topol (1980, PG)

7.30 Catch Me If You Can ★★★★ Stylish, funny and suspenseful true-life tale starring Leonardo DiCaprio as a young conman. Tom Hanks, Christopher Walken (2002, 12)

10.00 The Big Lebowski ★★★★ The Coen brothers' beguilingly goofy reworking of *The Big Sleep*. Jeff Bridges, John Goodman (1998, 18)

12 midnight Basic Instinct ★★★ Slick erotic thriller. Michael Douglas, Sharon Stone (1992, 18) **2.15am Lethal Weapon 4** ★★★ Action comedy thriller. Mel Gibson, Danny Glover, Joe Pesci (1998, 15) **4.30 Flash Gordon** As 5.30pm

Sky Comedy

Sky 308 **Virgin** 408 **BT** 508/**HD** 522

6.45am My Cousin Vinny ★★★★ Comedy. Joe Pesci, Marisa Tomei (1992, 15) **8.50** As 4.50pm **11.00** As 9pm **12.55pm Shanghai Noon** ★★★ Action comedy western. Jackie Chan, Owen Wilson (2000, 12) **2.50 Shanghai Knights** ★★★ Period action comedy. Jackie Chan, Owen Wilson (2002, 12)

4.50pm About Time ★★★★ Touching time-travel story. Domhnall Gleeson, Rachel McAdams, Bill Nighy (2013, 12)

7.00 She's out of My League ★★★ A geek falls for the woman of his dreams. Jay Baruchel, Alice Eve (2008, 15)

9.00 Little ★★ A body swap forces a tech magnate to learn some life lessons. Regina Hall (2019, 12)

11.00 Dirty Cops ★★ Two cops go under cover in the seedy sex world of 1980s Paris. Guillaume Canet (2018, 18)

1.10am Gloves Off ★★ Boxing comedy drama. Brad Moore (2017, 12) **2.55 Changeland** ★★ Comedy drama. Seth Green, Breckin Meyer (2019) **4.35 Gulliver's Travels** ★★★ Comedy fantasy adventure. Jack Black (2010, PG)

Key (S) Subtitles (SL) Signing (AD) Audio description

Sky Disney

Sky 305 **Virgin** 405 **BT** 505/**HD** 519

7.00am As 2.40pm **8.30** As 6pm **10.30 Dumbo** ★★★★★ Fantasy. (1941, U) **11.45 The Emperor's New Groove** ★★★★ Comedy. (2000, U) **1.10pm** As 11.45pm **2.40 Beauty and the Beast** ★★★★★ Musical fantasy. (1991, U) **4.10 Finding Nemo** ★★★★★ Comedy adventure. (2003, U)

6.00pm Cars ★★★ Great-looking animated comedy. Owen Wilson, Paul Newman, Bonnie Hunt (2006, PG)

8.00 Toy Story 4 ★★★★ Visually spectacular adventure. Tom Hanks, Tim Allen, Joan Cusack (2019, U)

9.45 Prince of Persia: the Sands of Time ★★★ Adventure. Jake Gyllenhaal, Ben Kingsley, Gemma Arterton (2010, 12)

11.45 Snow White and the Seven Dwarfs ★★★★★ Timeless classic. Adriana Caselotti (1937, U)

1.20am The Nutcracker and the Four Realms ★★★ Fantasy. Mackenzie Foy (2018, PG) **3.10 Ice Princess** ★★★ Comedy drama. Joan Cusack (2005, U) **5.00 Underdog** ★★ Action comedy adventure. Jason Lee (2007, U)

Sky Thriller

Sky 309 **Virgin** 409 **BT** 509/**HD** 523

7.15am Bad Samaritan ★★ Horror. David Tennant (2018, 15) **9.15 Breaking In** ★★★ Thriller. Gabrielle Union (2018, 15) **10.50 Thoroughbreds** ★★★★ Teen thriller. Anya Taylor-Joy (2017, 15) **12.25pm Hoffa** ★★★ Drama. Jack Nicholson (1992, 15) **2.50 Out of Blue** ★★ Crime drama. Patricia Clarkson (2018, 15)

4.45pm Contraband ★★★ Ex-smuggler Mark Wahlberg is forced to carry out one last job. (2012, 15)

6.45 Everybody Knows ★★★ A kidnapping exposes a family's secrets. Penélope Cruz, Javier Bardem (2018, 15)

9.00 Argo ★★★★★ Tense true story about an ambitious 1979 CIA mission. Ben Affleck (2012, 15)

11.05 Assassination Nation ★★★ Bold, brash black comedy. Odessa Young, Hari Nef, Suki Waterhouse (2018, 18)

12.55am Charlie Says ★★★ Crime drama. Hannah Murray, Matt Smith (2018, 15) **2.50 Wild Things** ★★★ Thriller. Kevin Bacon, Matt Dillon, Neve Campbell, Denise Richards (1998, 18) **4.50 Kid Cop** ★★ Action comedy. Alexandra Paul (1996)

Sky Action

Sky 311 **Virgin** 407 **BT** 507/**HD** 521

6.00am As 5.45pm **8.15 The Karate Kid Part II** As 8pm **10.15 The Karate Kid III** ★ Martial arts adventure. Ralph Macchio, Noriyuki "Pat" Morita (1989, PG) **12.15pm First Blood** As 10pm **2.00 Rambo: First Blood, Part II** As 11.40pm **3.45 Legion** ★★★ Fantasy horror. Paul Bettany (2010, 15)

5.45pm The Karate Kid ★★★ A bullied youngster turns the tables on his tormentors. Ralph Macchio, Noriyuki "Pat" Morita (1984, 12)

8.00 The Karate Kid Part II ★★ Pat Morita teaches Ralph Macchio some new tricks. Nobu McCarthy, Danny Kamekona (1986, PG)

10.00 First Blood ★★★★ Efficient action drama in which a Vietnam War veteran is pushed too far. Sylvester Stallone (1982, 15)

11.40pm Rambo: First Blood, Part II ★★★ Explosive action drama. Sylvester Stallone (1985, 15) **1.20am Rambo III** ★★ Action drama. Sylvester Stallone (1988, 18) **3.05** As 10.15am **5.00** Sky Cinema Preview

Sky Family

Sky 306 **Virgin** 406 **BT** 506/**HD** 520

6.20am As 4.45pm **7.50 A Dog's Way Home** ★★★ Adventure. Ashley Judd (2018, PG) **9.35** As 6.15pm **11.20 Bernie the Dolphin** ★★ Action comedy. Lola Sultan (2018, U) **1.00pm** As 10pm **2.40** As 8pm **4.45 Asterix: the Secret of the Magic Potion** ★★★ Adventure. Ken Kramer (2018, PG)

6.15pm Despicable Me ★★★★ The villainous Gru plots to steal the Moon. Steve Carell (2010, U)

8.00 The Kid Who Would Be King ★★★ Upbeat fantasy adventure. Louis Ashbourne Serkis, Rebecca Ferguson, Patrick Stewart (2018, PG)

10.00 The Pacifier ★★ Disney family comedy. Vin Diesel (2005, PG)

11.40 Lu over the Wall ★★★★ A boy befriends a mermaid. Christine Marie Cabanos, Michael Sinterniklaas (2017, PG)

1.40am A Dog's Way Home As 7.50am **3.25 Monster Family** ★ Animated horror comedy. Emily Watson, Nick Frost, Jason Isaacs, Jessica Brown Findlay (2017, PG) **5.10 Wheely** ★★ Animated adventure. Ogie Banks, Gavin Yap (2018, PG)

Sky Drama

Sky 310 **Virgin** 410 **BT** 510/**HD** 524

6.00am All Summers End ★★★ Romantic drama. Tye Sheridan, Kaitlyn Dever (2017, 12) **7.35 Eternal Love** ★★★ Romantic drama. Jeremy Allen White, Maika Monroe (2018, 15) **9.10** As 10.30pm **11.20** As 8pm **1.40pm The Evening Star** ★★★ Drama. Shirley MacLaine, Bill Paxton, Juliette Lewis, Jack Nicholson (1996, 15)

3.50pm Babel ★★★ Four seemingly disparate stories prove to be profoundly linked. Brad Pitt, Cate Blanchett, Gael García Bernal (2006, 15)

6.15 Love Story ★★★ Ali MacGraw and Ryan O'Neal play ill-fated lovers in this heady romantic drama. (1970, PG)

8.00 As Good as It Gets ★★★★ An all-round bigot is forced to change his ways. Jack Nicholson, Helen Hunt, Greg Kinnear (1997, 15)

10.30pm The Bodyguard ★★★ Entertaining romantic thriller. Kevin Costner, Whitney Houston (1992, 15) **12.50am The Evening Star** As 1.40pm **3.10 Love Story** As 6.15pm **5.05** Elf: Buddy's Musical Christmas

TCM Movies

Sky 315 **Virgin** 415/**HD** 416 **BT** 512/**HD** 526

6.00am Hollywood's Best Film Directors **7.00 Horse Feathers** ★★★★★ Comedy. Groucho Marx (1932, U) **8.30 The Lion in Winter** ★★★★★ Drama. (1968, 12) **11.20 Return of the Gunfighter** ★★ Western. (1967, U) **1.30pm Cool Hand Luke** ★★★★ Drama. **Review left.** Paul Newman (1967, 15)

4.05pm Gambit ★★★ Chirpy crime comedy from director Ronald Neame. Shirley MacLaine, Michael Caine, Herbert Lom, Roger C Carmel (1966, U)

6.25 The Man Who Knew Too Much ★★★ James Stewart is superb in Alfred Hitchcock's remake of his own 1934 thriller. Doris Day, Bernard Miles, Brenda de Banzie (1956, PG)

9.00 The Postman ★ Futuristic epic that is really *Waterworld* on dry land. Kevin Costner, Will Patton (1997, 15)

12.30am A Perfect Murder ★★ Mystery thriller. Michael Douglas, Gwyneth Paltrow, Viggo Mortensen, David Suchet (1998, 15) **2.50** Off Set **4.30** Hollywood's Best Film Directors **5.55** Off Set

TCM Movies +1 **Sky** 316 **Virgin** 417

SPORT



PGA Tour Golf *11.30am*
Sky The Players/Main Event
Rory McIlroy defends his title

Sky Main Event

Sky 401 **Virgin** 511/**HD** 501 **BT** 402/420/**HD** 437/440

6.00am Good Morning Sports Fans **8.00 LIVE European Tour Golf** Day one of the Kenya Open. **10.00** Match Centre **11.30 LIVE PGA Tour Golf** The Players Championship, day one. **11.00pm** NBA: the Warm Up **12 midnight** Sky Sports News **12.30am** F1: weekend preview **1.00 LIVE Formula One** The first practice session from Melbourne. **2.45** F1: archive features **3.00** Sky Sports News **4.00** F1 Classics: Australia 1990 **4.45–6.45am LIVE Formula One** The second practice session.

Sky Football

Sky 403 **Virgin** 513/**HD** 503 **BT** 422/**HD** 442

6.00am Greatest Games **7.00** Greatest Players **7.30** Countdowns (AD) **8.00** Football Years (AD) **8.30** Greatest Games **8.45** One2Eleven (AD) **9.00** Greatest Games **9.30** Classic Play-Off Finals **10.30** Greatest Games **11.30** Greatest Players: Marcel Desailly **12 noon** Countdowns (AD) **12.30pm** Football Years (AD) **1.00** Greatest Games **1.45** One2Eleven (AD) **2.00** Classic Play-Off Finals **3.00** Greatest Players (AD) **3.30** Countdowns (AD) **4.00** Years (AD) **4.30** Classic Play-Off Finals **5.30** SPFL Greatest Games **6.00** Championship Season Review: 2018/19 **7.00** SPFL Greatest Games **7.30** Championship Highlights **10.00** SPFL Greatest Games **10.30** EFL Greatest Games **11.00** One2Eleven (AD) **11.15** Greatest Games **12 midnight** Years (AD) **12.30am** Greatest Games **1.00** Countdowns (AD) **1.30** Years (AD) **2.00** Championship Season Review **3.00** Classic Play-Offs **5.00–6.00am** League Cup Classics

Sky The Players

Sky 405 **Virgin** 515/**HD** 505 **BT** 424/**HD** 444

6.00am Players Championship Film **8.00 LIVE European Tour Golf** Day one of the Kenya Open. **10.00** PGA Tour Profiles (AD) **10.15** PGA Tour: the Cut **10.45** PGA Tour Profiles (AD) **11.00** Rory's Review **11.30 LIVE PGA Tour Golf** The Players Championship, day one. **11.00pm** PGA Tour Profiles (AD) **11.15** Best of the Sky Zone (AD) **11.45** Players Championship Official Film **12.45am** PGA Tour Profiles (AD) **1.00–6.00am** Players Championship Official Film (AD)

Sky F1

Sky 406 **Virgin** 516/**HD** 506 **BT** 425/**HD** 445

1.00–2.45am LIVE Australian Grand Prix First practice session. **4.45–6.45 LIVE Australian Grand Prix** Second practice.

Sky Premier League

Sky 402 **Virgin** 512/**HD** 502 **BT** 421/**HD** 441

6.00am Greatest Games **7.00** The Debate **8.00** Best Goals **9.00** 100 Club (AD) **10.00** Years (AD) **12 noon** The Debate **1.00pm** Premier League Years (AD) **3.00** Best Goals (AD) **4.00** Greatest Games **5.00** 100 Club (AD) **6.00** Legends (AD) **7.00** Match Pack **7.30** Premier League World **8.00** Soccerbox **9.00** Match Pack **9.30** Premier League World **10.00** The Debate **11.00** Match Pack **11.30** World **12 midnight** The Debate **1.00am** Years (AD) **3.00** Greatest Games **4.00** Best Goals **5.30–6.00am** 100 Club (AD)

Sky Cricket

Sky 404 **Virgin** 514/**HD** 504 **BT** 423/**HD** 443

6.00am Greatest Games (AD) **7.00** Cricket Classics **8.00** Greatest Games (AD) **9.00** Cricket Classics **10.00** How the 2010 World T20 Was Won (AD) **12 noon** Greatest Games (AD) **1.00pm** Cricket Classics **2.00** Greatest Games (AD) **3.00** Cricket Classics **4.00** How the 2010 World T20 Was Won (AD) **6.00** International T20 Cricket: South Africa v England from East London **10.30** The Story of a Genius **11.00** How the 2010 World T20 Was Won (AD) **1.00am** Cricket Classics **2.00** Greatest Games (AD) **3.00** Cricket Classics **4.00** Greatest Games (AD) **5.00–6.00am** Cricket Classics

Sky Action

Sky 407 **Virgin** 517/**HD** 507 **BT** 426/**HD** 446

6.00am Boxing Gold **7.00** Records (AD) **8.00** NFL: a Football Life (AD) **9.00** NFL: America's Game (AD) **10.00** Records (AD) **11.00** NFL **1.00pm** Sporting Records (AD) **2.00** Darts Gold **2.30** Boxing Gold **3.30** Darts Gold **5.00** Pro-Football Talk **7.00 LIVE Premier League Darts** Round six from Liverpool Arena. **10.30** Darts Gold **11.00** NFL **1.00am** Premier League Darts **4.30** Sporting Records (AD) **5.00–6.00am** Sporting Greats (AD)

Sky Arena

Sky 408 **Virgin** 518/**HD** 508 **BT** 427/**HD** 447

6.00am Greats (AD) **7.00** Super League Gold (AD) **8.00** Greats (AD) **9.00 LIVE NRL** Eels v Bulldogs. **11.00** Inside Super League **12 noon** Netball **2.00pm** NBA Classics **3.00** Inside Super League **4.00** NBA **5.45** Super League **6.00** Inside Super League **7.00 LIVE Super League** Hull FC v Warrington Wolves. **10.00** NBA: action and previews **12 midnight LIVE NBA** Milwaukee Bucks v Boston Celtics. **2.30am** NBA Action **3.00** Super League **3.15** Super League Gold (AD) **3.30** Records (AD) **4.00** Greats (AD) **5.00–6.00am** Sporting Records (AD)

Sky Mix

Sky 145 **Virgin** 520/**HD** 510 **BT** 429/**HD** 449

8.00–10.00am, 12 noon–3.00pm LIVE European Tour Golf The first round of the Kenya Open. **7.00–10.00pm LIVE Super League** Hull FC v Warrington.

Eurosport 1

Sky 410 **Virgin** 521 **BT** 412/**HD** 435

6.00am Skiing **7.00** Cycling **8.00** Snooker **10.00** Fencing **10.10** Cycling **1.40pm LIVE Cycling** Stage five of Paris-Nice, a 227km route from Gannat to La Cote-Saint-Andre. **3.30** Cycling **7.00** Athletics **8.00** Cycling **3.45am** Ski Jumping **4.45** Motocross **5.45–6.45am** Ski Jumping

BT Sport 1

Sky 413 **Virgin** 527 **BT** 408/**HD** 430

6.00am The Grid (AD) **6.30** Score Best Bits **7.00** WWE **9.00** Champions League **10.00** Europa League **10.30** Premier League World **11.00** Reload **11.15** SPFL Highlights **11.30** Badminton **1.30pm** Squash **2.30** MotoGP **3.30** Australian Football **4.30** Italian Football **5.00** Wrestling: a WWE marathon **10.45** Poker **12.45am** World Rally **1.15** Scottish Football **1.30** German Football **2.00** French Football **2.30–6.00am LIVE International One-Day Cricket** Australia v New Zealand. Continues until 10.45am.

BT Sport 2

Sky 414 **Virgin** 528 **BT** 409/**HD** 431

6.00am Badminton (AD) **6.30** Rugby Tonight (AD) **7.00** MotoGP **8.00** French Football **9.00** German Football **10.00** Australian Football **11.00** Champions League **1.00pm** Score Best Bits **1.30** Italian Football **2.00** Early Kick-Off **2.15** Premier League World **2.45** Champions League Highlights **5.45 LIVE Europa League Football** A round of 16 first leg; 8.00 Another round of 16 tie. **10.30** Europa League Highlights **11.45** French Football **12.15am** Reload **12.30** Europa League Highlights **2.00 LIVE World Rally** Mexico. **3.00** Europa League Highlights **4.30** Champions League Highlights **5.30–6.00am** Classic Boxing (AD)

BT Sport 3

Sky 417 **Virgin** 529 **BT** 410/**HD** 432

6.00am German Football **7.00** Champions League **9.00** Squash **10.00** Rugby Tonight (AD) **10.30** Rallying **12 noon** MotoGP **1.00pm** Sailing (AD) **2.00** German Football **3.00** Hockey (AD) **3.30** World Rally **4.00** Score **4.30** Reload **4.45** German Football **5.15** Europa League **5.45 LIVE Europa League Football** A double bill of matches. **10.15** Premier League Match Pack **10.45** MotoGP Rewind **11.00 LIVE Basketball** NCAA. **3.30am** UFC **4.00** Rugby Tonight (AD) **4.30** Sailing (AD) **5.00** The Grid (AD) **5.30–6.00am** Europa League

BT Sport ESPN

Sky 423 **Virgin** 530 **BT** 411/**HD** 434

6.00am Around the Horn **6.30** PTI **7.00** ESPN FC **7.30** Baseball **10.30** Abby Head On (AD) **11.30** Around the Horn **12 noon** ESPN FC **12.30pm** PTI **1.00** Baseball **4.00** BT Sport Reload **4.15** Around the Horn **4.45** Pardon the Interruption **5.15** ESPN FC **5.45 LIVE Europa League Football** A double bill of matches. **10.15** World Rally **10.45** Reload **11.00 LIVE Basketball** NCAA. **3.30am** NHL **5.30–6.00am** The Bo You Don't Know (AD)

Eurosport 2

Sky 411 **Virgin** 522 **BT** 413/**HD** 436

6.00am Cycling **7.00** Table Tennis **8.00** Cycling **10.00** Fencing **11.10** Snooker 147s **11.20** Ski Jumping **12.20pm** Alpine Skiing **1.20** Biathlon **2.20 LIVE Biathlon** **3.50 LIVE Ski Jumping** **5.45 LIVE Alpine Skiing** **7.30** Biathlon **8.30** Ski Jumping **9.30** Alpine Skiing **10.30** Biathlon **11.30** Motor Racing **11.50** Ski Jumping **12.50am** Alpine Skiing **2.00** Olympics **3.00** Snooker **5.00–6.00am** Cycling

Amazon Prime

6.00pm, 2.00am LIVE Tennis BNP Paribas Open at Indian Wells.

Money It pays to get good financial advice YOUR RT P141

FRIDAY Choices The pick of today's TV



GOOD SPORTS
Clockwise from left: tonight's hosts Oti Mabuse, Paddy McGuinness, Gary Lineker, Alex Scott, Rylan Clark-Neal, Emma Willis, Maya Jama and Tom Allen



PICK OF THE DAY

Sport Relief

from 7.00pm ***BBC1***

CHARITY *Line of Duty* and *Killing Eve* are two of the biggest BBC dramas going, and both get the comedy treatment as part of tonight's Sport Relief extravaganza. First, the AC-12 team of Arnott, Fleming and Hastings (above) are tasked with grilling a corrupt cop (Jason Isaacs) who's hindered by an inept lawyer (Lee Mack). Will we finally learn the true identity of H? Unlikely, but there should be a few laughs. Then there's a *Killing Eve* parody, *Killing Steves,* where the likes of snooker star Steve Davis, *Corrie's* Steve McDonald and Olympian Sir Steve Redgrave are all bumped off by a mystery blonde assassin.



The Clash of the Channels celebrity boat race returns as teams from the BBC, ITV, Channel 4 and Sky pull on the lycra for a four-way contest. Stars including Steve Backshall, Michael Stevenson, Dr Ranj Singh (below), Cathy Newman and Dermot Murnaghan vie for their TV channel's glory on the water. There's also the first ever All-Star Netball for Sport Relief featuring Jennifer Saunders and Oti Mabuse.

Also getting the Sport Relief treatment tonight are *QI* and *A Question of Sport*, while Romesh Ranganathan invites Sir Andy Murray to join him for a round of mini golf and *Strictly Come Dancing's* AJ Pritchard and his *Greatest Dancer* star brother Curtis (above) will be fronting some step-by-step dance routines online in the run-up to the big night for viewers to try at home, before they both perform the routine live this evening. **FRANCES TAYLOR**

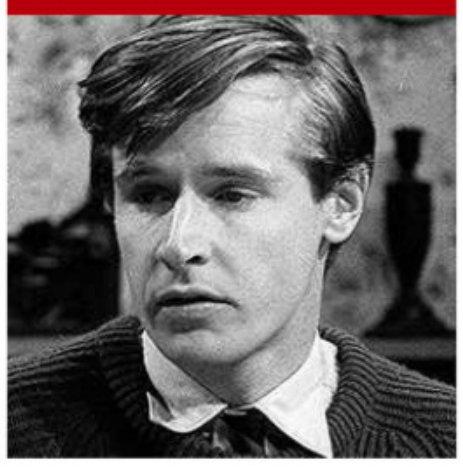


HOW TO DONATE

- use the special envelope on page 23
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* STANDARD GEOGRAPHIC CHARGES FROM LANDLINES AND MOBILES WILL APPLY

TODAY IN SOAPLAND



When we first met Ken Barlow (William Roache) in December 1960, he was already dreaming of an escape from **Coronation Street** (7.30, 8.30pm ITV). Back then, he was a snooty student, turning his nose up at buttered bread and bottles of sauce on the teatime dining table. Little did he know, though, that it would take him nearly six decades to escape the very neighbourhood he looked down upon in his youth.

Now, he's packing the last of his things from No 1 and taking a wistful look around the living room before he heads off for his new life at Still Waters. It's already been announced by ITV that Ken and his latest girlfriend Claudia (Rula Lenska) will be running into pernickety former next-door neighbour Norris (Malcolm Hebden) once they've settled in at their luxurious-looking retirement village. If only Stephanie Cole had still been a member of the cast – she could have joined them for a *Corrie* version of *Waiting for God*. **DAVID BROWN**

How Healthy Is Your Gut?

8.00pm ***C4***

DOCUMENTARY We've long been told, mostly by ads for miniature bottles of runny yoghurt, that a high-functioning gut swimming with "good bacteria" is key to a healthy life. But assuming the studies backing up that assertion are correct, what's the best way to acquire a sparkling intestine and formidably efficient bowel?

Sabrina Grant gives this question the grand-experiment treatment, spending four weeks monitoring six volunteers as they pursue different paths towards innard peace – including remedies that, on the face of it at least, are outlandish. Among the wackier notions are a strict bone-broth diet and an intense, ten-night detoxification programme at an Ayurvedic retreat. **JACK SEALE**

Celebrity Britain by Barge: Then and Now

9.00pm ***Channel 5***

DOCUMENTARY Just tootling about on Britain's "most iconic" (gah!) waterways is a failsafe way to make a pleasant celebrity travelogue, but this series has a strong underlying theme that really comes into focus tonight: the often hard lives of "bargees", ie the ordinary working people who lived on canals in centuries gone by.

Jennie Bond, Anne Diamond, Bill Oddie and Pete Waterman are moving north from near Milton Keynes up the Grand Union, hearing about how whole families used to be pressed into service on 19th-century horse-drawn boats. We get a good overview of a proud, if insular, travelling community, and how dangerous their everyday existence could be. **JS**

Just One Look

9.00pm ***More4***

DRAMA Oh dear, it all falls apart in the end. There has been an exquisite agony in the knotty French thriller's teasing plot of why loving husband and father Bastien has been kidnapped, but as the series concludes, its unravelling is tortuous. Virginie Ledoyen, as the determined, haunted Eva, struggles valiantly through a convoluted story that reveals the scarcely believable truth about Bastien and that fateful concert in the catacombs – but there's only so many times she can stare meaningfully into the middle distance.

Meanwhile, there are so many feints and twists, it gives Peter Jackson's *The Lord of the Rings* a run for its money in long, drawn-out endings. **DAVID CRAWFORD**



ACHTUNG
Gereon Rath (Volker Bruch) investigates a shady figure

Babylon Berlin

9.00pm ***Sky Atlantic***

DRAMA I can't remember a period drama that decked out its setting quite as lovingly as *Babylon Berlin*. The gorgeous décor of a luxury hotel room, the institutional wear and tear of a police station, a film studio, a lecture theatre, a Berlin street crowded with cars and shoppers: everything feels three-dimensional and solid and art-directed on a budget most movies would die for.

There's plenty happening in the plot, too, as Detective Gereon Rath's slate of murders lengthens. Mind you, the procedural aspect of the drama often feels like little more than bait to get us interested in all the strange, dark elements swirling around 1920s Berlin – communists, National Socialists, gangsters, occultists – as they collide in interesting ways.

"It will all implode," predicts one of the plot's shadier characters, and we already know how. **DAVID BUTCHER**

DISCOVER TV

The best of streaming and catch-up



Kingdom

Netflix

Netflix's extensive catalogue of South Korean shows (aka "K-dramas) tends towards contemporary romantic dramas – but not this time. Here's series two of a saga set at the dawn of the 17th century, which is a swords-and-horses epic about a royal dynasty finding its destiny by resisting a political coup... and a zombie plague. Those two elements quite naturally combine.

DISCOVER TV KIDS

Blue Peter Sport Relief Special

5.30pm ***CBBC, iPlayer***

Lindsey attempts a show-jumping challenge, Richie does a bungee jump, and we see how viewers have joined in with Sport Relief at home. **JS**

BEST LIVE SPORT



■ **Racing: Cheltenham Festival, day four** *1pm* ***ITV*** Al Boum Photo could pull off a Gold Cup double.

■ **PGA Tour Golf: the Players Championship, day two** *11.30am* ***Sky The Players/Main Event***

■ **Championship Football: Fulham v Middlesbrough** *7pm (kick-off 7.45pm)* ***Sky Football/Main Event***

■ **Super League: Salford Red Devils v Wigan** *7pm* ***Sky Arena***

FILM OF THE DAY

This Is England

11.15pm ***Film4***

Shane Meadows brilliantly evokes the working-class despair of the Thatcher era in this powerful drama. **See p39**

SHUTTERSTOCK; PA

FRIDAY Main Channels

DAYTIME

BBC1

6.00am Breakfast Rachel Burden, Charlie Stayt. (S) (HD)
9.15 Crimewatch Roadshow Live How drones are proving a vital tool in the fight against crime. (S) (HD)
10.00 Homes under the Hammer Properties in Kent, Liverpool and south-west London. (R) (S) (HD)
11.00 Dom Does America Dominic Littlewood works as a US Marshal in San Antonio, Texas. (R) (S) (AD) (HD)
11.45 Saved on Camera An injured hiker drags himself three kilometres to safety. Last in series. (S) (HD)
12.15pm Bargain Hunt Olympic stars Iwan Thomas and Tessa Sanderson face BBC sport presenters Manish Bhasin and John Watson in aid of Sport Relief. (S) (AD) (HD)
1.00 BBC News Regional News; Weather (S) (HD)
1.45 Doctors Emma comes under fire from the police in charge of Jimmi's case. (S) (AD) (HD)
2.15 Five Bedrooms *4/8.* Money worries overwhelm Liz. The whole series is available on iPlayer. (S) (AD) (HD)
3.00 Escape to the Country In Shropshire. (R) (S) (AD) (HD)
3.45 Money for Nothing Transforming a shelving unit, a pair of garden chairs and a side table. (S) (HD)
4.30–5.15 Ready Steady Cook Loved-up couple Daniella and her fiancé Ross compete. (S) (HD)

BBC2

6.30am Money for Nothing Shown Thu 3.45pm BBC1 (S) (HD)
7.15 Ready Steady Cook Shown Thu 4.30pm BBC1 (S) (HD)
8.00–9.00 Sign Zone Back in Time for the Corner Shop 1/6. The Ardern family experience life running a corner shop in Sheffield, starting in the late 19th century. (R) (S) (AD) (HD)
9.00 BBC News (S) (HD)
10.00 Victoria Derbyshire Current affairs. (S) (HD)
BBC RED BUTTON 10.00am–3.00pm, 5.00–10.00 Badminton Coverage of the All England Championships from the Birmingham Arena
11.00 BBC Newsroom Live (S) (HD)
12.15pm Politics Live With Jo Coburn. (S) (HD)
1.00 Hardball Quiz hosted by Ore Oduba. (R) (S) (HD)
1.45 Best House in Town Three semi-detached properties in Leicester are in the spotlight. (R) (S) (HD)
2.30 Terry and Mason's Great Food Trip The duo visit a Regency arcade in Tunbridge Wells. (R) (S) (HD)
3.00 Red Rock *Series 3.* Kevin Dunne fears the framing of Doyle has failed. (R) (S) (AD) (HD)
3.45 The Great Interior Design Challenge Four contestants transform bedrooms in an unusual self-build estate in south London. (R) (S) (AD) (HD)
4.45–5.15 Portillo's State Secrets The secret memos behind the SAS's most daring raid. (R) (S) (AD) (HD)

ITV

6.00am Good Morning Britain (S) (HD)
9.00 Lorraine Fashion and showbiz news. (S) (HD)
10.00 This Morning Including **Regional Weather** (S) (HD)
12.30pm ITV News Regional News; Weather (S) (HD)
1.00 LIVE Racing: Cheltenham Festival The final day, featuring the Gold Cup Steeple Chase at **3.30**, plus races at **1.30**, **2.10**, **2.50** and **4.10**. (S) (HD)
4.30–5.00 Tipping Point: Best Ever Finals The quiz show's most memorable climaxes. (R) (S) (HD)

Channel 4

6.30am Cheers Double bill of the comedy. (R) (S) (HD)
7.20 The King of Queens Two episodes. (R) (S) (AD)
8.10 Everybody Loves Raymond Double bill. (R) (S) (AD)
9.10 Frasier Two episodes of the sitcom. (R) (S) (AD)
10.10 Undercover Boss Canada The executive vice president of a hospital goes under cover. (R) (S) (HD)
11.05 Ramsay's Kitchen Nightmares USA Gordon tries to reverse the fortunes of the Lido Di Manhattan restaurant in California. (R) (S) **12 noon News** (S) (HD)
12.05pm Come Dine with Me From Telford and Stafford featuring poetry, ghosts and shocking food. (R) (S) (HD)
1.05 Posh Pawnbrokers Dan does deals on a platinum ring and a rare antique trouser press. (R) (S) (HD)
2.10 Countdown Jeremy Thompson guests. (S) (HD)
3.00 A Place in the Sun In Minorca. (R) (S) (HD)
4.00–5.00 A New Life in the Sun: Where Are They Now? Catching up with two restaurateurs on the Costa del Sol facing a staffing crisis. (R) (S) (HD)

BBC1

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Use the **envelope on page 23**
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SPORT RELIEF

HOW TO DONATE Use the special envelope on p23 of Radio Times to send a cheque (made payable to Sport Relief 2020). You can also donate by phone or via the website with your credit or debit card (standard geographic rates apply). Or text YES to 70210 to donate £10, to 70220 for £20 and to 70230 for £30. Cheques and postal orders can also be sent to Sport Relief 2020, EY, PO Box 51543, London SE1 2UG

5.15pm Pointless
With Alexander Armstrong and Richard Osman. (R) (S) (HD)

6.00 BBC News Weather (S) (HD)

6.30 Regional news magazines (S)

7.00 Sport Relief
RT It's game on as the fundraising extravaganza kicks off an evening of fun and entertainment live from MediaCity UK in Salford, with hosts Gary Lineker, Paddy McGuinness, Alex Scott, Emma Willis, Oti Mabuse and Rylan Clark-Neal rallying viewers to support the charity's work in the UK and overseas.

Highlights include a special episode of *The Greatest Dancer* in which two teams of celebrities shimmy and shake across the dance floor in a bid to be crowned The Greatest Dancer for Sport Relief.

Famous Steves across the country best watch their backs as a new blonde assassin is on the loose in the spoof *Killing Steves*. Meanwhile, the *Line of Duty* team think they have found another bent copper (Jason Isaacs) but they have reckoned without his lawyer – Lee Mack.

The Battle of the Channels Boat Race returns bigger and better, with this year four teams – representing BBC, ITV, Channel 4 and Sky – going oar-to-oar in a bid to cross the finishing line first. In other sporting action, Romesh Ranganathan will be taking on Sir Andy Murray in a keenly fought game of crazy golf, and there's news of the day's Beat Beethoven run in which runners attempted to cover 5k in the time taken to play Beethoven's Fifth Symphony.

Meanwhile, the winner of the vote for the greatest Sport Relief sketch is revealed.

Plus music from Rita Ora and John Newman, and performances from the cast of *Dear Evan Hansen* and a world exclusive first showing of *Back to the Future the Musical*. Continues on BBC2. **See p104.** (S) (HD)
See feature: page 20

10.00 BBC News Regional News; Weather (S) (HD)

10.35 Sport Relief
RT Hosts Tom Allen and Maya Jama keep the party going as the fundraising continues into the small hours. Dancing brothers AJ and Curtis Pritchard, who can always be guaranteed to get everyone up on their feet, will be among those making an appearance.

Live music comes courtesy of superstar YouTuber KSI who will be performing a world exclusive of his single *Wake Up Call,* while Celeste, fresh from winning a Brit award, sings her new single, *Strange*.

Other highlights include a look back at last summer's All-Star Sport Relief Netball match, with captains Oti Mabuse and Jennifer Saunders, a sketch with the cast of the Netflix smash hit *Stranger Things* and the final round of *A Question of Sport Relief*. **See p104.**
Director John L Spencer; Executive producers Colin Hopkins, Peter Davey and Carl Doran (S) (HD)

12.45am Catchpoint for Sport Relief *2/2.* Graeme Swann and Rachel Parris take on Sam Quek and Mark Watson as they put their mental and physical prowess to the test. Paddy McGuinness hosts. Shown Saturday 8.45pm (S) (HD)
1.20 Weather for the Week Ahead (S) (HD)
1.25–6.00am BBC News (S) (HD)

BBC1 Freeview 1/HD 101 Freesat 101/HD 106 Sky 101/HD 115 Virgin 101/HD 108

BBC2



Wild Cuba: a Caribbean Journey *8.30pm* Film-maker Colin Stafford-Johnson enjoys the view

5.15pm Flog It!
James Lewis unearths a silver owl inkwell and Catherine Southon values an alabaster bust. (S) (HD)

6.00 Richard Osman's House of Games
Former winners Hugh Dennis, Sarah Greene, Nish Kumar and Holly Walsh test their knowledge in a series of trivia-based games. Last in series. (S) (HD)

6.30 Great British Railway Journeys
East Malling to Rye. In the orchards of East Malling, Kent, Michael Portillo unearths the seeds of global apple production. He then heads to Tenterden via Folkestone where he enjoys a steam locomotive ride in Edwardian carriages on a preserved railway to Bodiam before ending his journey in Rye.
Director Cassie Farrell; Series editor Alison Kreps (R) (S) (AD) (HD)

7.00 Extreme Wales with Richard Parks
3/3 Series 1. The former Welsh rugby international explores the River Teifi, tackling rapids and speeding through open water, and finding the time to meet people who live alongside the banks of the river.
Series producer Luke Lovell; Executive producers Dale Templar, Tim Green, Owen Gay and Jamie Balment (R) (S) (HD)
RT TRAVEL Visit radiotimes.com/hoseasons for a great selection of breaks in the UK

7.30 Rick Stein's Secret France
1/6. Rick Stein embarks on a culinary journey through the byways of France – from the Channel to the Mediterranean – keeping a keen eye for anything that could be adopted from the French to enhance our lives. First on his plate in the Norman port of Dieppe is a turbot straight off the boat. After a forage for sea herbs along the Bay of Somme he cooks a seafood gratin. Next he heads for Champagne, much loved by the painter Renoir.
Producer David Pritchard; Exec producer Arezoo Farahzad (R) (S) (AD) (HD)

BBC SPORT ONLINE 8.00–10.30 Cycling Live coverage of the Six Day Series from Manchester, at bbc.co.uk/sport

8.30 Wild Cuba: a Caribbean Journey
2/2. Colin Stafford-Johnson continues his travels around the island, observing bats emerging from a labyrinth of limestone caves to feed on nectar from hibiscus flowers, and baby green turtles making their way towards the sea. The film-maker also encounters tiny frogs, smaller than a fingernail, living in patches of hidden emerald forest, endangered Cuban crocodiles, and parrots that have come under pressure from habitat loss.
Director John Murray; Series producer Holly Spearing (S) (AD) (HD)
RT TRAVEL Discover Cuba by steam train – visit radiotimes.com/cuba for more

9.30 QI
Sandi Toksvig quizzes panellists Aisling Bea, Joe Lycett, David Mitchell and Alan Davis on oceans.
Director Ian Lorimer; Producer Piers Fletcher (R) (S) (HD)

10.00 A Question of Sport Relief
RT Sue Barker helms a fundraising edition. Joining captains Matt Dawson and Phil Tufnell are Mel Giedroyc, Chris Kamara, Paddy McGuinness and Tom Davis. *Sport Relief* continues on BBC1. **See p104.** (S) (HD)

10.35 Newsnight With Katie Razzall. (S) (HD)

11.05 Weather (S) (HD)

11.10 Miriam's Big Fat Adventure
2/2. Miriam Margolyes looks at efforts to combat the obesity crisis. Shown Tuesday 9pm (S) (AD) (HD)

12.10–1.40am Sign Zone 12.10 The Million Pound Disability Payout: Panorama Disability discrimination in the Department for Work and Pensions. Shown Monday 8.30pm BBC1 (S) (HD)
12.40 Murder 24/7 *1/5.* The murder of 36-year-old Courtney Valentine-Brown in Southend-on-Sea. (R) (S) (AD) (HD)

BBC2 Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102

ITV



Coronation Street *7.30pm* Claudia and Ken are welcomed to Stillwaters by resident Charles

5.00pm The Chase
Bradley Walsh presents as Pam, Brendon, Tony and Phillip join forces to pit their wits against today's Chaser. (R) (S) (HD)

6.00 Regional News Weather (S) (HD)

6.30 ITV Evening News Weather (S) (HD)

7.00 Emmerdale
Jimmy is surprised by something he learns, Samson comes clean to Vinny, and Andrea gets an idea on how to set up Kim.
Writer Bill Lyons This week's episode's produced by Laura Shaw and Kate Brooks, directed by Vicky Thomas and David Beauchamp Cast Tuesday and Thursday (S) (AD) (HD)

7.30 Coronation Street
Geoff tries to persuade Yasmeen that Alya is out to get him. Ken gets emotional as he prepares to leave number 1.

Geoff Metcalfe	**Ian Bartholomew**	Audrey Roberts	**Sue Nicholls**
Yasmeen Metcalfe	**Shelley King**	Craig Tinker	**Colson Smith**
Alya Nazir	**Sair Khan**	Eileen Grimshaw	**Sue Cleaver**
Maria Connor	**Samia Longchambon**	Brian Packham	**Peter Gunn**
Claudia Colby	**Rula Lenska**	Gemma Winter	**Dolly-Rose Campbell**
Ken Barlow	**William Roache**	Rita Tanner	**Barbara Knox**
Charles Moore	**Michael Elwyn**	Evelyn Plummer	**Maureen Lipman**
Billy Mayhew	**Daniel Brocklebank**	Danny Tomlinson	**Dylan Brady**
James Bailey	**Nathan Graham**	Tommy Orpington	**Matt Milburn**
Ed Bailey	**Trevor Michael Georges**	Dr Gaddas	**Christine Mackie**
Michael Bailey	**Ryan Russell**	Bob Dover	**Bob Cryer**
Aggie Bailey	**Lorna Laidlaw**	Sammy Farr	**George Bukhari**
Steve McDonald	**Simon Gregson**	Vanessa Finney	**Rachael Elizabeth**
Tracy McDonald	**Kate Ford**	Imogen Tatum	**Lucy Farrar**
Liz McDonald	**Beverley Callard**	Tessa Fulton	**Emily Spowage**
Ray Crosby	**Mark Frost**	Dave	**Robin Bowerman**
Ryan Connor	**Ryan Prescott**	Farooq	**Nish Nathwani**
Carla Connor	**Alison King**	Herman	**John Biggins**
Jenny Connor	**Sally Ann Matthews**	Camilla	**Leah Chillery**
Johnny Connor	**Richard Hawley**	Police officer	**Eva Scott**

Writers Ian Kershaw and Ella Greenhill
More cast Monday (S) (AD) (HD)
Today in Soapland: page 105

8.30 Vera
4/4 Series 1. **Little Lazarus.** After a woman is brutally attacked and murdered, her son escapes and DI Vera Stanhope, who is usually awkward and uninterested around children, finds a kindred spirit in the boy. Could the key to the case be locked in the child's memory?

DCI Vera Stanhope	**Brenda Blethyn**	Renagh Salter	**Emma Lowndes**
DS Joe Ashworth	**David Leon**	DC Kenny Lockhart	**Jon Morrison**
DC Holly Lawson	**Wunmi Mosaku**	Margaret Wilde	**Laura Norton**
Billy Cartwright	**Paul Ritter**	Bobby Salter	**Kieran O'Brien**
Aidan Carmichael	**Tim Dutton**	Danny Hale	**Joe Renton**
Theresa	**Judi Earl**	Amrit Singh	**Renu Setna**
Patricia Carmichael	**Kerry Fox**	Sorcha Carmichael	**Alice Sykes**
Adam Wilde	**Sam Jarvis**	Photographer	**Philip Harrison**
PC Edwards	**Riley Jones**		

Writer Paul Rutman; Producer Elaine Collins
Director Paul Whittington (R) (S) (AD) (HD)
RT DVDs To order *Vera* series 10 on two DVDs for £19.99 incl p&p (RRP £24.99), call 0844 848 7300 (charges apply, see p152) or visit radiotimes.com/dvds11, quoting ref RT1811

10.20 ITV News
Weather; Regional News and Weather (S) (HD)

11.10 McDonald & Dodds
2/2. **Wilderness of Mirrors.** In genteel Bath, mismatched detectives DCI McDonald and DS Dodds are called to a private clinic to look into the death of a wealthy patient. The detectives must enter a world where nothing is quite what it seems. **See choice, page 55.**
Shown Sunday 8pm (S) (AD) (HD)

1.00am Home Shopping (HD)
3.00 Who's Doing the Dishes? Former *Big Brother* winner Josie Gibson plays host to four strangers. Presented by Brian McFadden. (R) (S) (SL) (AD) (HD)
3.50–6.00am Nightscreen Text information. (HD)

ITV **Freeview** 3/HD 103 **Freesat** 103/HD 111 **Sky** 103 **Virgin** 103/HD 113
+1 **Freeview** 33 **Freesat** 112 **Sky** 203 **Virgin** 114

Channel 4



How Healthy Is Your Gut? *8.00pm* Sabrina Grant on how to improve the state of the nation's bowels

5.00pm Four in a Bed
There's plenty of tough talk and some home truths as the payments are revealed. (S) (HD)

5.30 Come Dine with Me
A fantastic fondue and a handsome Highland piper feature at the final party in Edinburgh. (S) (HD)

6.00 The Simpsons
A Milhouse Divided. Homer decides to divorce Marge and then re-marry her. (R) (S) (AD)

6.30 Hollyoaks
Brooke is ready to go back to school.

Brooke Hathaway	**Talia Vanessa Grant**	Toby Faroe	**Bobby Gordon**
Mercedes McQueen	**Jennifer Metcalfe**	Tom Cunningham	**Ellis Hollins**
Mitchell Deveraux	**Imran Adams**	Tony Hutchinson	**Nick Pickard**
Oliver Morgan	**Aedan Duckworth**	Walter Deveraux	**Trevor A Toussaint**
Romeo Nightingale	**Owen Warner**	Warren Fox	**Jamie Lomas**
Sami Maalik	**Rishi Nair**	Yasmine Maalik	**Haiesha Mistry**
Scott Drinkwell	**Ross Adams**	Dave	**Ellis Coulter**
Sid Sumner	**Billy Price**	DS Cohen	**Ariana Fravel**
Sylver McQueen	**David Tag**	Dr Ley	**Sabina Cameron**

Writer Alanna Hallum More cast Thu Shown yesterday 7pm E4
Rptd next Monday E4 Next episode follows on E4 (S) (AD) (HD)

7.00 Channel 4 News Sport; Weather (S) (HD)

8.00 How Healthy Is Your Gut?
RT With gut problems costing British business around £3 billion a year and constipation alone losing the NHS over £150 million, it's time to take action on gut health. Presenter Sabrina Grant is at the helm of this documentary that explores just why the gut is so important to our overall wellbeing and how it affects everything from our moods and energy, to sleep and health. Assisted by six volunteers, Sabrina puts some of the most popular regimes to the test and sees whether they work. **See page 105.**
Director Hannah Tilley; Exec producer Sam Grace (S) (AD) (HD)

9.00 Gogglebox
Ep 4. From the comfort of their own homes, the armchair critics are caught on camera as they react to the programmes they've been viewing.
Executive producer Tania Alexander
Repeated 11.15pm 4seven (S) (AD) (HD)

10.00 The Last Leg
Ep 9. Adam Hills, Josh Widdicombe and Alex Brooker are joined by guests for a comic review of the significant moments of the past seven days.
Series producer Cimran Shah
Executive producers Ben Knappett and Andrew Beint (S) (HD)
The view from Josh Widdicombe's sofa: p154

11.05 The Big Narstie Show
6/6 *Series 3.* TV presenter Jonathan Ross, rapper Tinie Tempah, comedian and actor Asim Chaudhry, comedian Desiree Burch and writer Benjamin Zephaniah join the grime star and Mo Gilligan for music, chat and off-the-wall comedy.
Series producer Rina Dayalji; Executive producers Obi Kevin Akudike, Nathan Brown and Ben Wicks (S) (HD)

12.10am Popstar: Never Stop Never Stopping ★★★
Satirical comedy. Conner is a former boy band singer who is about to launch his difficult second solo album. Bad reviews and worse marketing decisions mean that success far from assured. **Review page 39.**

Conner	**Andy Samberg**	Paula	**Sarah Silverman**
Owen	**Jorma Taccone**	Harry	**Tim Meadows**
Lawrence	**Akiva Schaffer**	Deborah	**Maya Rudolph**

Directors Akiva Schaffer and Jorma Taccone (2016, 15) (S) (W) (HD)
1.45 The Simpsons Double bill. (R) (S) (AD)
2.35 Come Dine with Me Five dinner parties from in and around Swindon and Marlborough. (R) (S) (HD)
4.55 Location, Location, Location Catching up with two first-time buyers in Leeds and London. (R) (S) (HD)
5.50–6.00am Kirstie's Handmade Treasures Kirstie Allsopp visits the Devon County Show. (R) (S) (HD)

Channel 4 **F'view** 4/HD 104 **F'sat** 104 **Sky** 104/HD 138 **Virgin** 104/HD 141
+1 **Freeview** 15 **Freesat** 121 **Sky** 204 **Virgin** 142

BBC4



Slipknot Unmasked: All Out Life *11.00pm* Vocalist Corey Taylor is the man in the mask

7.00pm World News Today (S) (HD)
Followed by **Weather** (S) (HD)

7.30 Top of the Pops 1989
Andy Crane and Jenny Powell host the edition first shown on 5 May, featuring performances by Edelweiss, Midnight Oil, Debbie Gibson and Bon Jovi.
Director/Producer Paul Ciani (R) (S)

8.00 Queens of Soul
A compilation of archive footage to celebrate the critically acclaimed female singers whose voices have come to define the soul genre, including Aretha Franklin, Roberta Flack, Gladys Knight, Randy Crawford, Angie Stone, Mary J Blige and Beyoncé.
Producer Sasha Duncan Repeated 3am (R) (S)

9.00 Top of the Pops 1989
Bruno Brookes hosts the edition first shown on 11 May, featuring performances by Swing Out Sister, Chaka Khan, Yazz, Queen, Hue and Cry, Natalie Cole, Stevie Nicks, London Boys, Kylie Minogue and Stefan Dennis. (R) (S)

9.30 Metal Britannia
Documentary tracing the genre's emergence in the late 1960s, pioneered by bands including Black Sabbath and Judas Priest, who were based in the industrialised Midlands. This classic form of metal was challenged by punk in the late 1970s, before a new wave of groups such as Iron Maiden, Def Leppard and Saxon reinvigorated the style. Featuring contributions by singers Ian Gillan, Glenn Tipton, Lemmy, Bruce Dickinson and Rob Halford, guitarist Tony Iommi and keyboard player Jon Lord. Narrated by Nigel Planer.
Director/Producer Chris Rodley (R) (S)

11.00 Slipknot Unmasked: All Out Life
Twenty-one years since Slipknot's debut album, the metal band performed an intimate gig at the BBC Maida Vale studios with no stage, playing tracks from each of their albums in front of just a few dedicated fans. Shawn "Clown" Crahan, singer Corey Taylor, and guitarist Jim Root also reflect on their extraordinary career, and the turbulence, the tragedy and the triumphs of the masked band.
Director Ed Coleman; Producer Mark Thorne (S) (HD)

12 midnight On Guitar...Lenny Kaye! ***3/3.*** The American guitarist recounts the story of the quest for new guitar sounds, which has driven pop music through recent decades. Contributors include Duane Eddy, Roger McGuinn, the Edge, Bonnie Raitt, Seasick Steve and KT Tunstall. (R) (S) (HD)
1.00am Showbands: How Ireland Learnt to Party Ardal O'Hanlon looks back at the showbands phenomenon, which burst onto the Irish music scene in the 1960s. (R) (S) (HD)
2.00 Hits, Hype and Hustle: an Insider's Guide to the Music Business *1/3* Emma Banks explores the fine line between success and failure in the music industry, revealing how it discovers talent and creates superstars. (R) (S) (HD)
3.00–4.00am Queens of Soul Shown 8pm (S)

BBC4 **F'view** 9/HD 106 **F'sat** 107/173 **Sky** 116 **Virgin** 107

Regional variations

BBC1 SCOTLAND
1.20am A View from the Terrace: a sideways look at Scottish football **2.20** Weather for the Week Ahead **2.25–6.00** BBC News

BBC SCOTLAND
As BBC2 until:
7.00pm Sportscene: Friday Night Football: Queen of the South v Ayr United (kick-off 7.05) **9.00** The Nine **10.00** Scot Squad: Miekelson heads back to the streets **10.30** A View from the Terrace: a sideways look at Scottish football **11.30–12 midnight** Mirror Mirror

STV
1.00–6.00am Nightscreen

UTV
8.30pm Taste of Success: a profile of chef Clare Smyth **9.00** View from Stormont RHI Special: the publication of the Renewable Heat Incentive Inquiry Report **10.00–10.20** Lough Erne: Joe Mahon boards a clinker-built boat, a racing cot and a rush-bundle raft

Channel 5 listings are overleaf

FRIDAY Freeview

Channel 5 5



The Yorkshire Steam Railway: All Aboard *8.00pm* Paul Middleton

F'view 5/**HD** 105 **F'sat** 105 **Sky** 105 **Virgin** 154/**HD** 105

6.00am Milkshake! See page 111
9.15 ***New.*** **Jeremy Vine** (S) (HD)
11.15 Parking Hell: at War with the Law The daily battles across Britain for parking spaces. (S) (HD) **12.10pm 5 News** (S) (HD)
12.15 Nightmare Tenants, Slum Landlords Alarming tales from all corners of the buy-to-let system. (S) (HD) **1.10 Access** (S) (HD)
1.15 Home and Away Shown yesterday 6.30pm 5 Star Repeated 6pm C5 (S) (AD) (HD)
1.45 ***New.*** **Neighbours** Rptd 5.30pm (S) (AD) (HD)
2.15 Killer Contractor ★★ Thriller starring Alyshia Ochse. A string of mysterious freak accidents occur when a woman moves into her late father's house. Director John Murlowski (2019) (S) (W) (HD)
4.00 Friends *Series 4.* Phoebe's half-brother makes an announcement. **4.30** The friends let their competitive spirit get the better of them. (S) (HD)
5.00pm 5 News (S) (HD)
5.30 Neighbours Finn tells Elly that he loves her. Shown 1.45pm Repeated 6pm 5 Star (S) (AD) (HD)
6.00 Home and Away Marilyn bonds with the Parata family. Shown 1.15pm Next episode 6.30pm 5 Star (S) (AD) (HD)
6.30 5 News Tonight (S) (HD)
7.00 Secrets of the Royal Train The inside story of the trains used by the monarchy for more than 150 years. Director/Producer Rachel Ozers (S) (HD) Followed by **5 News Update** (S) (HD)
8.00 ***New.*** **The Yorkshire Steam Railway: All Aboard** ***4/6*** *Series 3.* A bank holiday coincides with a heatwave, while the collapse of a wall threatens to stop the railway in its tracks. Directors/Producers Philip Shotton and James Worby (S) (HD)
RT TRAVEL Visit radiotimes.com/rail for a great collection of adventures by rail
Followed by **5 News Update** (S) (HD)
9.00 ***New.*** **Celebrity Britain by Barge: Then and Now** **RT** ***5/6.*** Bill Oddie, Jennie Bond, Anne Diamond and Pete Waterman head to Northamptonshire to navigate the Grand Union Canal. **See page 105.** Series producer Mike Taylor Executive producer Nicky Taylor (S) (HD)
10.20 The Royals: a Family in Crisis Featuring the departure of Harry and Meghan and the continuing controversy surrounding Prince Andrew. Shown Saturday 8pm (S) (HD)
11.50 My Houseful of Animals: 90 Cats and More ***1/2.*** Stories of animal rehabilitation. Directors Justin Grant and Carol Hanlon; Executive producers Emma Wakefield and Kate Morey (S) (HD)
12.50am Lip Sync Battle UK (S) (HD) **1.15** ***New.*** Casino (S) (HD) **3.15** The Dog Rescuers with Alan Davies (S) (HD) **4.00** Recycling: Is it a Con? Shown Wed 8pm (S) (HD) **4.45** House Doctor (S) (SL) **5.10** Great Scientists: Albert Einstein (S) (SL) **5.35–6.00am** Wildlife SOS (S) (SL)

+1 **Freeview** 44 **Freesat** 128 **Sky** 205 **Virgin** 155

BBC4 listings are overleaf

ITV2 6



The Hangover *9.00pm* Alan, Phil and Stu piece together the previous night

Freeview 6 **Freesat** 113 **Sky** 118 **Virgin** 115/**HD** 176

7.00am The Ellen DeGeneres Show (S) (HD) **7.50** Emmerdale (S) (SL) (AD) (HD) **8.50** You've Been Framed! Gold (S) **9.20** Superstore (S) (AD) (HD) **10.15** Dinner Date (S) (AD) (HD) **11.15** Dress to Impress (S) (AD) (HD)
12.15pm Emmerdale Shown yesterday 7/8pm ITV (S) (AD) (HD) **1.15** You've Been Framed! Gold (S) **1.50** ***New.*** The Ellen DeGeneres Show: Justin Bieber joins guest host Demi Lovato (S) (HD) **2.45** Dinner Date (S) (AD) (HD) **3.50** Dress to Impress (S) (HD) **4.50** Take Me Out (S) (HD)
6.00pm You've Been Framed! Gold: Funniest 100 A cat who can lip sync to music. (S)
7.00 You've Been Framed! Gold: Family Special Including a grandmother on a pogo stick and a wedding on a bungee rope. (S)
8.00 Two and a Half Men ***21/22*** *Series 11.* Walden goes on a road trip to see his first car. (S) (HD) **8.30** ***22/22.*** Walden creates a smart-aleck robot. (S) (HD)
9.00 The Hangover ★★★★ Comedy. Three friends wake up in a wrecked Vegas hotel room following a stag night for their friend Doug. As the day progresses the wild events of the night before fall into place – all they have to do now is find the groom. **Review p39.**

Phil Wenneck	**Bradley Cooper**
Jade	**Heather Graham**
Doug Billings	**Justin Bartha**
Alan Garner	**Zach Galifianakis**
Stu Price	**Ed Helms**

Director Todd Phillips (2009, 15) (S) (AD) (W) (HD)
11.10 Family Guy *Series 12.* Peter, Quagmire and Joe take a trip to Canada on a private jet. (S) (AD) (HD) **11.35** *Series 11.* Stewie finds a turtle at the park and adopts him as a pet. (S) (AD) (HD)
12 midnight American Dad! (S) (AD) (HD) **1.00am** The Cleveland Show (S) (AD) (HD) **1.30** Two and a Half Men (S) (HD) **2.25** Plebs (S) (AD) (HD) **3.20–3.30am** Nightscreen (HD)

ITV2+1 **Freeview** 27 **Freesat** 114 **Sky** 218 **Virgin** 116

ITV4 24

Freeview 24 **Freesat** 117 **Sky** 120 **Virgin** 118/**HD** 178

6.00am Goals of the 70s (S) (HD) **6.10** Only When I Laugh (S) **6.35** Quincy (S) (HD) **7.25** Kojak (S) (SL) (HD) **8.20** The Saint (S) **9.30** ***New.*** Racing: the Opening Show: a preview of day four of Cheltenham Festival (S) (HD) **10.30** Minder (S) (AD) **11.35** The Professionals (S) (AD)
12.35pm The Sweeney (S) **1.45** Quincy (S) (HD) **2.45** Kojak (S) (HD) **3.50** The Saint: Templar poses as a jail inmate (S) **4.50** Minder (S) (AD)
6.00pm The Professionals Young drop-outs declare war on the legal system. (S) (AD)
7.00 ***New.*** **Cycling** Highlights from stage six of the Paris-Nice race, featuring a 160.5km journey from Sorgues to Apt. (S) (HD)
8.00 The Chase Celebrity Special Mathew Horne, Danny Care, Jodie Kidd and Al Murray take on a ruthless quiz genius. (S) (HD)
9.00 FILM Firefox ★★ Cold War espionage thriller directed by and starring Clint Eastwood, with Freddie Jones. (S) (AD) (W) (HD)
11.45 ***New.*** **All Elite Wrestling: Dynamite** The latest edition of the weekly event. (S) (HD)
2.00am Minder: Arthur gets mixed up in narcotics (S) (SL) (AD) **2.55–3.00am** Nightscreen (HD)

ITV4 +1 **Freesat** 154 **Sky** 220 **Virgin** 175

ITV3 10



Doc Martin *8.00pm* A bit of a do: Al and Bert organise a surprise party

Freeview 10 **Freesat** 115 **Sky** 119 **Virgin** 117/**HD** 177

6.00am Classic Coronation Street (S) **6.55** Classic Emmerdale (S) **7.55** Heartbeat (S) (AD) **8.55** Man about the House (S) **9.55** That's My Boy (S) **10.25** A Touch of Frost (S) (HD)
12.40pm Heartbeat (S) (AD) **1.45** Classic Emmerdale: double bill. Kathy is ready to start divorce proceedings, and Jack reassures Robert that things will be different from now on (S) **2.50** Classic Coronation Street: double bill. Curly hides from Tricia, then Bet gives Vicky a hard time (S) **3.55** Midsomer Murders (S) (AD)
5.55pm Heartbeat Peggy hatches a rescue plan when Bernie is targeted by a predatory widow. (S) (AD)
6.55 Agatha Christie's Poirot **Double Sin.** Poirot contemplates retiring while in the Lake District but shelves his plans to investigate the theft of a collection of valuable miniature portraits. (S) (HD)
8.00 Doc Martin ***3/8*** *Series 9.* Louisa plans a special evening for Martin's birthday. (S) (AD) (HD) **9.00** ***4/8.*** Grumpy Martin is faced with his second GMC assessment. (S) (AD) (HD)

Dr Martin Ellingham	**Martin Clunes**
Louisa Ellingham	**Caroline Catz**
Bert Large	**Ian McNeice**
PC Joe Penhale	**John Marquez**
Al Large	**Joe Absolom**
Morwenna Newcross	**Jessica Ransom**
PC Joe Penhale	**John Marquez**
Mrs Tishell	**Selina Cadell**

RT DVDs To order *Doc Martin* series 9, price £19.99 including p&p (RRP £24.99), call 0844 848 7300 (charges apply, see p152) or visit radiotimes.com/dvds11, quoting ref RT1811
10.00 Scott & Bailey ***1/8*** *Series 3.* Janet discovers the severed head of an elderly woman. (S) (AD) (HD)
11.00 A Touch of Frost *Series 2.* **A Minority of One.** Faced with the death of a police informant, Frost finds his patience pushed to the limit. (S) (HD)
1.20am A Touch of Frost: a drug addict is murdered (S) (HD) **3.10–3.30am** Nightscreen

+1 **F'view** 34 *(9pm–midnight)* **F'sat** 116 **Sky** 219 **Virgin** 174

ITVBe 26

Freeview 26 **Freesat** 118 **Sky** 131 **Virgin** 119/**HD** 179

7.00am The Bachelor (S) (HD) **8.45** Be Beautiful (S) (AD) (HD) **9.00** LittleBe
12 noon Income Property (S) (HD) **12.25pm** The Real Housewives of Beverly Hills (S) (HD) **1.20** Absolutely Ascot (S) (HD) **2.20** Little Women: LA (S) (HD) **3.15** The Real Housewives of New York City (S) (HD) **4.10** The Real Housewives of Dallas (S) (HD)
6.00pm ***New series.*** **Masters of Flip** Dave and Kortney Wilson take on a tiny flip that has big potential. First shown on Lifetime (S) (HD)
7.00 Buying and Selling Jonathan and Drew Scott help Julie and Jason. (HD)
8.00 Dinner Date Joanna from London chooses three blind dates. (S) (AD) (HD)
9.00 Botched Dr Paul Nassif helps a woman with blowfish lips. (S) (AD) (HD)
10.00 Paul Nassif treats a nose that is stuck at a seven o'clock angle. (S) (AD) (HD)
10.55 Chrisley Knows Best Todd meddles in Faye's exercise routine. (S) (HD)
11.25 Chase goes on a blind date. (S) (HD)
11.55 The Only Way Is Essex (S) (HD)
12.45–12.55am Nightscreen (HD)

ITVBe +1 **Freesat** 119 **Sky** 231 **Virgin** 120

Drama 20



Death in Paradise *9.00pm* Dwayne's blossoming romance is cut short

Freeview 20 **Freesat** 158 **Sky** 143 **Virgin** 130

7.10am Soldier Soldier (S) **9.00** The Bill (S) **10.00** Classic Holby City (S) **11.00** Casualty (S)
12 noon The Bill (S) **1.00pm** Classic EastEnders **2.20** London's Burning (S) **3.20** Monarch of the Glen (S) **4.20** Bergerac (S) **5.25** Bread (S)
6.00pm Hi-de-Hi! Joe Maplin commissions a statue, with strict instructions for the unveiling. (S)
6.40 As Time Goes By Lionel suffers embarrassment when he walks in on Sandy in the bath. (S)
7.20 Last of the Summer Wine Hobbo becomes a master of disguise to deceive his hidden enemies. (S) (HD)
8.00 Murdoch Mysteries ***8/18*** *Series 12.* **Drowning in Money** Murdoch suspects murder after what at first appears to be the double suicide of a wealthy high-society couple, who are found floating in their pool. (S) (HD)
9.00 Death in Paradise ***8/8*** *Series 1.* **Amongst Us.** Dwayne hits it off with a woman on a night out at Catherine's bar, but his happy mood evaporates when she is found dead the following morning. (S) (AD) (HD)
10.15 New Tricks ***4/8*** *Series 5.* **Loyalties and Royalties** Gerry gets to meet his idols when the investigation into the death of a 1970s rock band's lead guitarist is reopened. Initially it was believed to have been suicide, but a fan provides deathbed testimony to suggest the rock star wasn't alone on the night of his demise. (S) (AD)
11.35 Waking the Dead ***4/4*** *Series 3.* **Final Cut.** The team discovers a link between a mummified body and a Notting Hill house that featured as the location for a murderous fight between gangsters in a 1960s film. (S)
2.00am The Bill (S) **2.50–4.00am** London's Burning: Nick saves a boy's life (S)

Drama +1 **Sky** 243 **Virgin** 226

Dave 19

F'view 19 **F'sat** 157 **Sky** 111 **Virgin** 127/**HD** 227 **BT HD** 387

7.10am Eat Your Heart Out with Nick Helm (S) (HD) **8.00** American Pickers (S) (HD) **9.00** Storage Hunters: double bill (S) (HD) **10.00** American Pickers: double bill (S) (HD)
12 noon Timber Kings (S) (HD) **1.00pm** Top Gear (S) (AD) (HD) **2.00** Cop Car Workshop (S) (HD) **3.00** Scrapyard Supercar (S) (HD) **4.00** Top Gear: double bill (S) (AD) (HD)
6.00pm Taskmaster ***10/10*** *Series 7.* The series reaches its majestic climax. (S) (HD)
7.00 Room 101 Double bill. (S) (HD)
8.20 Have I Got a Bit More News for You With Steph McGovern and Jo Caulfield. (S) (HD)
9.20 Would I Lie to You? Featuring Warwick Davis and Joan Bakewell. (HD)
10.00 Red Dwarf ***5/6*** *Series 3.* Kryten finds a mutated photo-developing fluid. (S) (AD) **10.40** ***6/6.*** Kryten's expiry date nears. (S) (AD) **11.20 Meet the Richardsons** ***3/6.*** Lucy goes on a wild night out with Alan Carr. (HD)
12 midnight Taskmaster (S) (HD) **1.00am** Have I Got a Bit More News for You (S) (HD) **2.00** Room 101 (S) (HD) **2.40** Go 8 Bit: DLC (S) (HD) **3.50–4.00am** The Indestructibles (HD)

Dave Ja Vu **Freeview** 79 **Sky** 211 **Virgin** 131

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

More4 18



Just One Look *9.00pm* Eva learns the cost that may come with the truth

Freeview 18 **Freesat** 124 **Sky** 136 **Virgin** 147/**HD** 195

8.55am Kirstie's Handmade Treasures (S) (HD) **9.15** A Place in the Sun (S) (HD) **10.05** A Place in the Sun: Winter Sun (S) (HD) **11.05** Find It, Fix It, Flog It: two editions (S) (HD) **1.15pm** Escape to the Château: DIY (S) (HD) **2.20** Four in a Bed (S) (HD) **4.55** The Secret Life of the Zoo (S) (AD) (HD) **5.55** Car SOS (S) (AD) (HD)

6.55pm Escape to the Château: DIY Three sisters raised in the UK travel to France in search of the perfect château. (S) (HD)

7.55 Grand Designs Building a house wrapped around an ancient oak tree in rural Suffolk. (S) (AD) (HD)

9.00 *New.* Just One Look RT *6/6.* Eva discovers the key to the mystery. French +subtitles. **See page 105.** (HD)

Eva Beaufils	**Virginie Ledoyen**
Bastien Beaufils	**Thierry Neuvik**
Grégory Marsan	**Thierry Frémont**
Eric Toussaint	**Jimmy Jean-Louis**
Crapaud	**Joseph Malerba**

10.15 24 Hours in A&E Two elderly people are admitted. (S) (AD) (HD) **11.20** A 23-year-old groom-to-be is examined following a seizure. (S) (AD) (HD) **12.20am** Ramsay's Kitchen Nightmares USA (S) **1.20** 24 Hours in A&E: double bill (S) (AD) (HD) **3.25–3.50am** Food Unwrapped (S) (AD) (HD)

More4 +1 **Freeview** 86 **Freesat** 125 **Sky** 236 **Virgin** 196

E4 13

Freeview 13 **Freesat** 122 **Sky** 135 **Virgin** 106/**HD** 145

6.00am Hollyoaks Shown Wed/Thu 6.30pm C4 (AD) **7.00** How I Met Your Mother (AD) **8.00** Baby Daddy **9.00** Mike & Molly **10.00** The Big Bang Theory (AD) **11.00** The Goldbergs (AD) **12 noon** Brooklyn Nine-Nine (AD) **1.00pm** The Big Bang Theory (AD) **2.00** Baby Daddy **3.00** Mike & Molly **4.00** The Goldbergs (AD) **5.00** Brooklyn Nine-Nine: double bill (AD)

6.00pm The Big Bang Theory *16/24* *Series 6* Leonard and Penny celebrate Valentine's Day. (AD) **6.30 *17/24.*** Raj is upset with Lucy. (AD) **7.00 *New.* Hollyoaks** Chester-based drama. Cast pp97/107 Rptd next Monday C4 (AD) **7.30 *New.* Man with a Plan *19/22.*** A client does not want Don to attend a meeting. (AD) **8.00 FILM Transformers: Revenge of the Fallen** ★★ Sci-fi action with Shia LaBeouf. The ancient history of the Transformers' presence on Earth is revealed as the human race battles the first ever Decepticon. (AD) (W) **11.00 Rick and Morty *5/11*** *Series 1.* The scientist's grandson leads an adventure. (AD) **11.30 *New.* Mr Pickles** *Series 1.* Grandpa tries to prove he is not crazy. First shown on Fox (AD) **11.45 Robot Chicken** *Series 10.* (AD) **12 midnight** Rick and Morty (AD) **12.30am** The Big Bang Theory (AD) **1.30** Brooklyn Nine-Nine (AD) **2.30** The Sex Clinic (AD) **3.25** The Big Bang Theory (AD) **4.15–6.00am** How I Met Your Mother (AD)

E4 +1 **Freeview** 28 **Freesat** 123 **Sky** 235 **Virgin** 146

Sony Channel 48

Freeview 48 *(limited)* **Freesat** 142 **Sky** 157 **Virgin** 189

6.00am Movie News **6.10** The Waltons **7.10** Hart to Hart **9.10 *New.*** Days of Our Lives **10.00** Hart to Hart **11.00** Charlie's Angels **12 noon** Starsky & Hutch **1.00pm** TJ Hooker: the cop faces a conflict of interests **2.00** Hart to Hart **4.00** Murder, She Wrote **6.00pm** Charlie's Angels: a rollerskating champion is murdered **7.00** M*A*S*H: four episodes **9.00** Who Wants to Be a Millionaire? **1.00am** M*A*S*H **2.00** Charlie's Angels **3.00** M*A*S*H **3.30** The Waltons **4.20** Touched by an Angel **5.10–6.00am** Highway to Heaven

Sony Channel +1 **Freesat** 152 **Sky** 257

Paramount Network 31



The A-Team *5.00pm* BA and the gang encounter ruthless bandits

Freeview 31 **Freesat** 132 **Sky** 150 **Virgin** 187/**HD** 150

9.00am The A-Team: double bill (S) (AD) (HD) **11.00** Knight Rider: two episodes **1.00pm** Police Interceptors: double bill (S) (HD) **3.00** Traffic Cops: two editions (S) (HD)

5.00pm The A-Team The gang helps a peace-loving group whose members are being terrorised. (S) (AD) (HD) **6.00** Colonel Decker's men finally catch up with the renegades. (S) (AD) (HD)

7.00 Police Interceptors A routine check uncovers a case of suspected drug dealing. (S) (HD)

8.00 Traffic Cops An elderly man is responsible for a hit-and-run after driving without his glasses. (S) (HD) **9.00** Police are called to a serious accident on the A64. (S) (HD)

10.00 Criminals: Caught on Camera Police track down arsonists in Leicester. (HD)

11.00 Gangs and Guns: Caught on Camera Monitoring Soho's nightly visitors. (AD) (HD) **12 midnight** Spartacus: War of the Damned (HD) **1.05am** Airwolf (HD) **3.05** Vikings (AD) (HD) **3.55** Wentworth Prison (S) (AD) (HD) **4.45** Now That's Funny! (S) (HD) **5.30–6.00am** Criminals: Caught on Camera (S) (HD)

Paramount Network +1 **Sky** 250

4seven 47

Freeview 47/**HD** 110 **Freesat** 127 **Sky** 137 **Virgin** 143

9.00am Posh Pawnbrokers **10.00** Find It, Fix It, Flog It **11.00** Come Dine with Me **12 noon** A Place in the Sun **1.00pm** Undercover Boss Canada **2.00** Ramsay's Kitchen Nightmares USA **3.00** Everybody Loves Raymond (AD) **4.00** Frasier (AD) **4.30** Frasier (AD) **5.00** A Place in the Sun

6.00pm A New Life in the Sun: Where Are They Now? Revisiting gîte owners in France. **7.00 Ramsay's Kitchen Nightmares USA** Lido Di Manhattan restaurant in California. **8.00 The Supervet** Noel helps a rare breed of bulldog with multiple issues. **9.00 24 Hours in A&E *Ep 9.*** A cyclist is rushed in after being hit by a car. (AD) **10.00 The Great Celebrity Bake Off for Stand Up to Cancer *Ep 1*** *Series 3.* Sandi Toksvig and Noel Fielding host. **See choice, p74.** **11.15 Gogglebox *Ep 4.*** The households' opinions on recent TV. Shown 9pm C4 (AD) **12.20am** Eight out of Ten Cats Does Countdown **1.20** First Dates (AD) **2.25** The Undateables **3.30** as 6pm **4.30–5.00am** Food Unwrapped (AD)

Pick 11

Freeview 11 **Freesat** 144 **Sky** 152 **Virgin** 165

7.00am Motorway Patrol (AD) **8.00** Police Force: Australia **9.00** Nothing to Declare (AD) **10.00** Border Security: Canada's Front Line **11.00** Road Wars **11.30** Caught Red Handed: double bill **1.00pm** Police Force: Australia **2.00** Border Patrol **3.00** Nothing to Declare (AD) **4.00** Border Security: Canada's Front Line **5.00** Stargate SG-1 **6.00pm** Star Trek: the Next Generation: Troi's mother pays a visit **7.00** Hawaii Five-0: the brother of a promising boxer is murdered **8.00 *New.*** Elementary: Watson and Holmes look for a doctor selling drugs. First shown on Sky Witness (AD) **9.00** Ross Kemp: Extreme World (AD) **10.00** The Force: Manchester (AD) **11.00** The Force: Essex (AD) **12 midnight** Banged Up Abroad **1.00am** Road Wars (AD) **2.00** Nothing to Declare (AD) **3.00** Stop, Search, Seize (AD) **4.00** Motorway Patrol (AD) **5.00–6.00am** Highway Patrol: double bill

Pick +1 **Freeview** 92 **Freesat** 145 **Sky** 252

5 USA 21

Freeview 21 **Freesat** 129 **Sky** 141 **Virgin** 153

9.00am Criminals: Caught on Camera **9.20** Murder, She Wrote (S) (AD) **10.15** CSI: NY (S) **11.10** The Mysteries of Laura (S) **12.10pm** Law & Order: eight episodes (S) **8.00** NCIS: New Orleans (S) **10.00** Law & Order: Special Victims Unit *Series 17.* Four episodes. A woman is raped in full view of her neighbours **11.00** Chicago PD detectives visit New York to apprehend two fugitive killers **11.55** The team is forced to return to an old crime scene **12.55am** Barba faces off against two ruthless defence attorneys (S) **1.55am** Law & Order: Los Angeles: two back-to-back episodes (S) **3.50–4.00am** Access

5 USA +1 **F'view** 56 (not 2-4am) **F'sat** 130 **Sky** 241 **Virgin** 185

5 Star 30

Freeview 30 **Freesat** 131 **Sky** 128 **Virgin** 151

8.00am 3rd Rock from the Sun (S) (HD) **8.20** House (S) (HD) **10.05** Bad Tenants, Rogue Landlords (S) (HD) **12.05pm** Can't Pay? We'll Take It Away (S) (HD) **3.00** Neighbours (S) (AD) (HD) **3.30** Home and Away (S) (AD) (HD) **4.00** House (S) (HD) **6.00pm** Neighbours Shown 5.30pm C5 (S) (AD) (HD) **6.30 *New.*** Home and Away (S) (AD) (HD) **7.00** Nightmare Tenants, Slum Landlords (S) (HD) **8.00** Sinkholes: Buried Underground (S) (HD) **9.00 FILM** Hansel & Gretel: Witch Hunters ★★★ Action fantasy horror (S) (AD) (HD) **10.50 *New.*** Impact Wrestling (HD) **12.50am** Young, Dumb and Banged Up in the Sun (S) (AD) (HD) **1.50** Britain's Pushiest Parents (S) (HD) **2.50** Celebrity Botched Up Bodies (S) (HD) **3.35–4.00am** Two and a Half Men (S) (HD)

5 Star +1 **Freeview** 55 **Freesat** 141 **Sky** 228 **Virgin** 186

5 Select 54

Freeview 54 **Freesat** 133 **Sky** 153 **Virgin** 152

9.00am Criminals: Caught on Camera (S) **9.25 FILM** The Neighbourhood Nightmare ★★ (S) (W) **11.05** Bargain-Loving Brits in the Sun (S) **12.05pm** The Dog Rescuers with Alan Davies (S) **2.05** GPs: behind Closed Doors (S) **4.05** The Yorkshire Vet (S) **6.00** GPs: behind Closed Doors (S) (AD) **8.00** The Yorkshire Vet (S) **9.00** Ben Fogle: New Lives in the Wild (S) **10.00** GPs: behind Closed Doors (S) (AD) **11.00** The Dog Rescuers with Alan Davies (S) (AD) **12 midnight** Britain by Bicycle with Larry and George Lamb (S) **1.00am** Paddington Station 24/7 (S) **2.00** Weather Gone Viral (S) **3.00–4.00am** The Dog Rescuers with Alan Davies (S) (AD)

CBS Justice 39

Freeview 39 **Freesat** 137 **Sky** 148 **Virgin** 192

9.00am Diagnosis Murder **11.00** Matlock **12 noon** Perry Mason **1.05pm** Walker, Texas Ranger **2.05** CSI: Miami **3.00** NCIS **4.00** NCIS: Los Angeles **5.00** Matlock **6.00** Perry Mason **7.05 *New.*** Scorpion **8.00** Walker, Texas Ranger: Gage goes under cover **9.00** NCIS **10.00** NCIS: Los Angeles **11.00 *New.*** Scorpion **12 midnight** CSI: Miami **1.00am** NCIS **2.00** Scorpion **3.05** Bonanza (The Lost Episodes) **4.50–6.00am** Mission: Impossible

CBS Justice +1 **Freeview** 69

CBS Drama 71

Freeview 71 **Freesat** 134 **Sky** 147 **Virgin** 197

9.00am NCIS **11.00** Scorpion (HD) **1.00pm** Gunsmoke **3.00** Airline (HD) **4.00** Hoarders (HD) **5.00** Unsolved Mysteries **7.00** Judge Judy **9.00** Medium: Marie is threatened by an alarm system with a mind of its own **10.00** CSI: Miami: a businessman is stabbed and scalped in a hotel room (HD) **11.00** Unsolved Mysteries **12 midnight** Judge Judy **1.00am** ER (HD) **2.00** Medium **3.00** CSI: Miami (HD) **4.00** Walker, Texas Ranger (HD) **5.00–6.00am** Matlock

Horror Channel 70

Freeview 70 **Freesat** 138 **Sky** 317 **Virgin** 149

8.00am Andromeda **9.00** Star Trek: Voyager **10.00** Star Trek **11.00 FILM** Princess of Mars ★★ Sci-fi action thriller **12.50pm** Highlights **1.00 FILM** Escape from Mars ★★ Sci-fi action movie **2.50** Highlights **3.00** Lost in Space **4.00 FILM** The Last Sharknado: It's about Time ★★ Sci-fi horror starring Tara Reid **5.50** Highlights **6.00pm** Star Trek **7.00** Star Trek: Voyager **8.00** Mutant X **9.00** 🅿 **FILM** Itsy Bitsy ★★ Horror **11.00 FILM** Matriarch ★★★ Horror **12.55am FILM** Doghouse ★★★ Comedy horror starring Danny Dyer **2.40–4.30am FILM** Dead Mine ★★ Action horror starring Miki Mizuno

Yesterday 25

Freeview 25 **Freesat** 159 **Sky** 155 **Virgin** 129

6.00am Ronnie Kray and the Pervert Peer (S) (AD) **7.10** Viking Dead (S) (HD) **8.00** Murder Maps (S) (HD) **9.00** Hitler's Propaganda Machine (S) (HD) **10.00** Auschwitz: the Nazis and the Final Solution (S) **11.00** Abandoned Engineering (S) (AD) (HD) **12 noon** Impossible Engineering (S) (AD) (HD) **1.00pm** Time Team (S) (HD) **2.00** Walking through History (HD) **3.00** Abandoned Engineering (S) (AD) (HD) **4.00** Impossible Engineering (S) (AD) (HD) **5.00** The Good Nazi (S) (HD) **6.00** Auschwitz: the Nazis and the Final Solution (S) **7.00** Abandoned Engineering (S) (AD) (HD) **8.00** Warbird Workshop (S) (HD) **9.00** Abandoned Engineering (AD) (HD) **11.00** Impossible Engineering (S) (AD) (HD) **12 midnight** as 7pm **1.00am** as 6pm **2.00–3.00am** as 6am

Yesterday +1 **Sky** 255 **Virgin** 200

Really 17

Freeview 17 **Freesat** 160 **Sky** 142 **Virgin** 128

6.00am Fantasy Homes by the Sea **7.00** Home Shopping **8.00** Homes under the Hammer **10.00** Celebrity Antiques Road Trip (HD) **11.00** Antiques Road Trip (HD) **1.00pm** Fantasy Homes by the Sea (AD) (HD) **3.00** French Collection (HD) **4.00** DIY SOS: Homes for Veterans: double bill (AD) (HD) **6.00pm** Celebrity Antiques Road Trip (HD) **7.00** Antiques Road Trip (HD) **9.00 *New.*** Destination Fear: investigating a haunted location in Michigan (HD) **10.00** Most Haunted: the team ventures into the cellars of Beaumanor Hall **11.00** Ghost Adventures: an abandoned Arizona hospital (AD) (HD) **1.00am** Most Haunted (HD) **2.00** Home Shopping **4.00–6.00am** Antiques Road Trip (HD)

HGTV 42

Freeview 42 **Freesat** 166 **Sky** 158 **Virgin** 279

7.00am Homes under the Hammer **8.00** Bargain Hunt (HD) **9.00** Flog It! (HD) **11.00** Escape to the Country (HD) **1.00pm** A Place in the Sun: Winter Sun (HD) **3.00** Flog It!: from Ashridge House, Hertfordshire (HD) **4.00** Homes under the Hammer **6.00pm** Extreme Makeover: Home Edition: a teacher's home is renovated (HD) **7.00** Cash in the Spare Room (HD) **8.00** Escape to the Country (HD) **10.00** A Place in the Sun: Winter Sun (HD) **12 midnight** Homes under the Hammer **1.00am** Flog It! (HD) **2.00** Hawaii Life: double bill (HD) **3.00–4.00am** Our House: painting a door

HGTV +1 **Sky** 258 **Virgin** 283

Quest 12

F'view 12/**HD** 114 **F'sat** 172/**HD** 167 **Sky** 144 **Virgin** 169

6.00am How Do They Do It? (HD) **6.20** American Pickers: Best Of (HD) **7.10** Deadliest Catch (AD) (HD) **8.00** Cooper's Treasure (AD) (HD) **9.00** Outback Truckers (HD) **10.00** Wheeler Dealers **11.00** Chasing Classic Cars (HD) **12 noon** American Pickers: Best Of (HD) **1.00pm** Railroad Alaska (HD) **2.00** Deadliest Catch (AD) (HD) **3.00** Gold Divers (HD) **4.00** Salvage Hunters (HD) **5.00** Outback Truckers (HD) **6.00pm** Wheeler Dealers (HD) **7.00** American Pickers: Best Of (HD) **8.00** Salvage Hunters (HD) **9.00 *New.*** Hunting Hitler (HD) **10.00** Houdini's Last Secrets (HD) **11.00** How Do They Do It? (HD) **12 midnight** Wheeler Dealers (HD) **1.00am** Outback Truckers (HD) **2.00** American Chopper (HD) **3.00** Fantomworks (HD) **4.00** Dirty Jobs **5.00–6.00am** How It's Made (HD)

Quest +1 **F'view** 76 (7pm-4am) **F'sat** 168 **Sky** 244 **Virgin** 213

Challenge 46

Freeview 46 **Freesat** 146 **Sky** 151 **Virgin** 164

7.00am Catchphrase (AD) **7.30** Deal or No Deal (AD) **9.00** The Chase **10.00** Supermarket Sweep **11.00** Price Is Right **12 noon** Wheel of Fortune (AD) **1.00pm** Catchphrase (AD) **2.00** Family Fortunes (AD) **4.00** Bullseye **5.00** Golden Balls **6.00** Weakest Link **7.00** Pointless **8.00** Impossible **9.00** The Chase **10.00** Who Wants to Be a Millionaire? **11.00** Bullseye (AD) **12 midnight** Who Wants to Be a Millionaire? **1.00am** The Chase **4.00–6.00am** Deal or No Deal (AD)

Challenge +1 **Freesat** 147 **Sky** 251 **Virgin** 230

BBC Parliament 232

Freeview 232 **Freesat** 201 **Sky** 504 **Virgin** 605

6.00am House of Lords – Green Economy **9.00** Thursday in Parliament: highlights presented by Alicia McCarthy **9.30** Live House of Commons: debate from the chamber **3.00pm** House of Lords **6.00** Select Committees: recorded coverage **10.30** Newscast: political chat, with Adam Fleming and Laura Kuenssberg **11.00** The Week in Parliament **11.30** Prime Minister's Questions **12.05am** Politics Live (Later) **12.50** House of Lords – Hereditary Peers **5.15–6.00am** Westminster Hall

Listings for **PBS America**, **Smithsonian** see over. **Film4** and other **Freeview movie** channels: **p112**

BBC News **Freeview** 231 **Freesat** 212 **Sky** 503 **Virgin** 601 **Sky News** **Freeview** 233 **Freesat** 202 **Sky** 501 **Virgin** 603

Money It pays to get good financial advice YOUR RT P141

FRIDAY Satellite & cable



Modern Family *8.30pm*
Mitch is suspicious of Cam

Sky 1

Sky 106 **Virgin** 110/**HD** 109 **BT** 340/**HD** 355

6.00am Monkey Life (S) (HD) **7.00** RSPCA Animal Rescue (S) (AD) **8.00** The Dog Whisperer (HD) **9.00** Stop, Search, Seize (S) (AD) (HD) **10.00** Highway Patrol (S) **11.00** NCIS: Los Angeles (S) (HD) **1.00pm** Hawaii Five-0 (S) (HD) **3.00** MacGyver (S) (HD) **4.00** Modern Family (S) (HD) **5.00** The Simpsons (S) (HD) **5.30** Futurama (S) (HD)

6.30pm The Simpsons Marge joins a women's group. **7.00** Mr Burns buys a new sports car. **7.30** Homer discovers Grampa may not be his father. **8.00** ***New.*** Sideshow Bob gets a job as a Santa at a mall. (S) (HD)

8.30 ***New.*** **Modern Family** ***Ep 9*** *Series 11.* Mitch is suspicious. (S) (HD)

9.00 Carpool Karaoke: Special With Celine Dion. (S) (AD) (HD)

10.00 ***New.*** **The Late Late Show with James Corden: Best of the Week** Highlights of the show. (HD)

11.00 The Trip to Greece ***3/6*** *Series 4.* A rainy day at Delphi. (HD)

11.35 Avenue 5 ***8/8.*** (HD)

12.10am Caught on Dashcam (HD) **1.05** Flintoff: Lord of the Fries (S) (AD) (HD) **2.05** The Force: Manchester (S) (HD) **3.05** Road Wars (S) (HD) **4.00** Stop, Search, Seize (S) (AD) (HD) **5.00–6.00am** Futurama (S) (HD)

Sky 1 +1 **Sky** 206

Sky Arts

Sky 122 **Virgin** 123/HD 156 **BT** 348/**HD** 363

6.00am Darbar Festival 2017 (HD) **7.00** Il Divo: Timeless – Live in Japan (HD) **8.30** Watercolour Challenge (S) **9.00** The South Bank Show Originals (S) (HD) **9.30** Auction (S) (HD) **10.00** Tales of the Unexpected (S) **11.00** Discovering: Cary Grant (S) (AD) (HD) **12 noon** Discovering: Robert Mitchum (S) (AD) (HD) **1.00pm** The South Bank Show Originals (S) (HD) **1.30** Watercolour Challenge (S) **2.00** Passions (S) (HD) **3.00** Portrait Artist of the Year (S) (HD) **4.00** Tales of the Unexpected (S) **5.00** Discovering: Fred Astaire: a profile (S) (AD) (HD)

6.00pm Discovering: Humphrey Bogart A profile of the *Casablanca* star. (S) (AD) (HD)

7.00 The Music of Buddy Holly and the Crickets Documentary celebrating the life of the Texan singer/songwriter. (S) (AD)

9.00 ZZ Top: That Little Ol' Band from Texas The life and career of the blues-rock band, featuring interviews with Billy Gibbons, Frank Beard and Dusty Hill, archive footage and tales from fans and friends. (S) (HD)

11.00 Iron Maiden: Somewhere Back in Time – Live A collection of performances from the heavy metal band's 2008 world tour. (S) (HD)

12.20am Bachman (S) (HD) **2.00** **FILM** Suzi Q ★★★ Documentary. **Review page 36** (S) (W) (HD) **4.00** Discovering: Fred Astaire (S) (AD) (HD) **5.00–6.00am** Discovering: Humphrey Bogart (S) (AD) (HD)



Babylon Berlin *9.00pm*
Charlotte agrees to help Rath

Sky Atlantic

Sky 108 **BT** 342/**HD** 357

6.00am Urban Secrets (S) (HD) **7.00** Without a Trace (S) (HD) **10.00** The West Wing (S) (HD) **12 noon** Blue Bloods (S) (AD) (HD) **1.00pm** CSI: Crime Scene Investigation (S) (HD) **2.00** The West Wing (S) (HD) **4.00** Without a Trace (S) (HD)

6.00pm Without a Trace ***12/12*** *Series 4.* The team suspects a patient may be involved in a therapist's disappearance. (HD)

7.00 CSI: Crime Scene Investigation ***9/24*** *Series 6* A man dies from overeating. (HD)

8.00 Blue Bloods ***15/22*** *Series 2.* Danny vows to avenge a colleague's death. (S) (AD) (HD)

9.00 ***New.*** **Babylon Berlin** ***3/12*** RT *Series 3.* Rath's investigation into the Betty Winter case proceeds. Meanwhile, Greta receives an unexpected visitor. (HD) **10.00** ***New. 4/12.*** The police add a third murder to their investigation. German +subtitles. **See p105.** (HD)

11.00 The Outsider ***10/10*** The group finds itself in a climactic showdown. (HD)

12.05am Oz: double bill (HD) **2.35** **FILM** Real Women Have Curves ★★★ Coming-of-age comedy drama (S) (W) (HD) **4.15–6.00am** The West Wing: double bill (S) (HD)

Sky Atlantic +1 **Sky** 208

Sky Crime

Sky 121 **Virgin** 136/HD 135 **BT** 347/**HD** 362

6.00am Motorway Patrol (S) (AD) **7.00** Highway Cops (S) (AD) **8.00** Border Security: Canada's Front Line (S) (AD) **9.00** Send in the Dogs (S) **10.00** Road Wars (S) **11.00** Brit Cops: Rapid Response (S) (AD) **12 noon** Highway Cops (S) (AD) **1.00pm** A Lie to Die For **2.00** Killer Colleagues (S) **3.00** Border Security: Canada's Front Line (S) **4.00** Road Wars (S) **5.00** Brit Cops: Rapid Response (S) (AD) **6.00** Send in the Dogs (S) **7.00** Snapped **8.00** Murders That Shocked the Nation (S) **9.00** ***New.*** Dateline: a student gets caught up in a murder investigation **10.00** ***New.*** Snapped **11.00** World's Most Evil Killers (S) (AD) **1.00am** Killer Lovers **2.00** Snapped **3.00** Murder Calls (S) **4.00** Brit Cops: Rapid Response (S) (AD) **5.00–6.00am** Motorway Patrol: double bill (S) (AD)

Sky Crime +1 **Sky** 221 **Virgin** 207

Sony Crime

Freesat 143 **Sky** 179 **Virgin** 193

6.00am Speeders **7.00** Bait Car: LA **7.30** Bait Car: San Francisco **9.00** Speeders **11.00** Bait Car: LA **11.30** Bait Car: San Francisco **1.00pm** Speeders: 12 editions **7.00** Speeders: four further editions. Police follow a Vermont biker on a dangerous high-speed chase **7.30** A drunk fan takes his partying too far **8.00** Florida police stop a dilapidated vehicle **8.30** A Californian lounge singer offers a unique excuse when she is pulled over **9.00** Bait Car: LA **9.30** Bait Car: San Francisco **11.00** Speeders **12 midnight** Bait Car: LA **1.00am** Speeders: four editions **3.00** Bait Car: San Francisco **4.00** Speeders **5.00–6.00am** Bait Car: LA



Chicago Fire *9.00pm* Casey clashes with his captain

Sky Witness

Sky 107 **Virgin** 112/**HD** 111 **BT** 341/**HD** 356

6.00am Nothing to Declare (S) (AD) **8.00** The Real A&E (S) (AD) (HD) **9.00** Blue Bloods (S) (AD) (HD) **10.00** Criminal Minds (S) (HD) **11.00** CSI: Crime Scene Investigation (S) (HD) **12 noon** Elementary (S) (AD) (HD) **1.00pm** Blue Bloods (S) (AD) (HD) **2.00** Law & Order (HD) **3.00** The Real A&E (S) (AD) (HD) **4.00** Stop, Search, Seize (S) (AD) (HD)

5.00pm Nothing to Declare Six back-to-back editions. (S) (AD)

8.00 ***New.*** **Chicago Med** ***11/22*** *Series 5.* A major accident shakes the emergency department. (S) (HD)

9.00 ***New.*** **Chicago Fire** ***11/22*** *Series 8.* A pest-control issue forces to the 51 team to bunk with Firehouse 20. (S) (HD)

10.00 ***New.*** **Chicago PD** ***11/22*** *Series 7.* A string of deadly acts of vandalism raises tension in a close-knit neighbourhood. (S) (HD)

11.00 Law & Order: Special Victims Unit ***4/23*** *Series 16.* A disturbed young man with a vendetta against women seeks revenge. (HD)

12 midnight CSI: Crime Scene Investigation (S) (HD) **1.00am** Shades of Blue (S) (AD) (HD) **2.00** Blue Bloods (HD) **3.00** Ghost Whisperer (S) (HD) **4.00** Road Wars (S) (HD) **5.00–6.00am** Brit Cops: Law & Disorder

Sky Witness +1 **Sky** 207 **Virgin** 180

Sky 2

Sky 168 **Virgin** 160

7.00am 60-Minute Makeover **9.00** Ninja Warrior (S) **10.00** My Kitchen Rules: South Africa (S) **12.30pm** The Dog Whisperer **2.30** House Hunters International **3.00** Wild Vets (S) **4.00** Haven (S) **5.00** Relic Hunter: Sydney goes on a daring mission to Hawaii (S) **6.00pm** Stargate SG-1: two episodes. The team encounters a super-soldier, then Daniel is taken hostage (S) **8.00** Road Wars: police officers combat vehicle crime (S) **9.00** Continuum: triple bill **12 midnight** The Late Late Show with James Corden: Best of the Week: highlights of the talk show **1.00am** Chicago Med **2.00** Chicago Fire **3.00** Chicago PD **4.00** Wild Vets (S) **5.00–6.00am** The Dog Whisperer

Syfy

Sky 114 **Virgin** 138/HD 137 **BT** 319/346/**HD** 375/361

6.00am Warehouse 13 **7.00** Merlin **8.00** Home Shopping **11.00** Stargate Atlantis **1.00pm** Star Trek: Voyager **3.00** Star Trek: the Next Generation **5.00** Star Trek: Deep Space Nine: double bill **7.00** Warehouse 13: two members of a college wrestling team spontaneously combust **8.00** Merlin: Uther invites a ruthless witch-hunter to Camelot **9.00** **FILM** Lara Croft, Tomb Raider: the Cradle of Life ★ Action adventure starring Angelina Jolie and Gerard Butler **11.30** The Twilight Zone **12.30am** **FILM** Final Recall ★★ **2.30** Future Man **3.00** Star Trek: Deep Space Nine **5.00–6.00am** Star Trek: Voyager

Syfy +1 **Sky** 214 **Virgin** 229



999 Rescue Squad *9.00pm*
Paul Leach and Dave Lumb

W

Sky 109 **Virgin** 125/HD 211 **BT** 311/**HD** 383

6.10am MasterChef Australia (S) (HD) **7.30** Renovate My Home: Leave It to Bryan (S) (HD) **8.00** Tipping Point (S) (HD) **10.00** The Bill (S) **11.00** Supernanny US (S) **12 noon** Tipping Point (S) (HD) **2.00pm** Property Brothers: Forever Home (HD) **3.00** My Dream Home (S) (HD) **5.00** Tipping Point (S) (HD)

7.00pm ***New.*** **Property Brothers: Forever Home** Drew and Jonathan tackle the kitchen, living, dining and workout rooms of a tired Las Vegas property. (S) (HD)

8.00 Sun, Sea and Brides to Be A bride risks overheating, while a couple face a last-minute venue dilemma. (S) (AD) (HD)

9.00 999 Rescue Squad The teams stand by for casualties as police launch an armed raid on the home of a wanted man. (S) (HD)

10.00 Should I Go Under the Knife? Cherry Healey visits a cosmetic surgery clinic in Brazil for customers on low incomes. (S) (HD)

11.00 Inside the Ambulance Loz and Dan rush to the aid of a man who is fighting for breath with sudden chest pain. (S) (HD)

12 midnight One Born Every Minute (S) (HD) **1.00–3.00am** I've Got Something to Tell You (S) (HD)

W +1 **Sky** 209 **Virgin** 190

Sky Comedy

Sky 113 **Virgin** 122/HD 121 **BT** 345/**HD** 360

8.00am Everybody Hates Chris (HD) **9.00** Parks and Recreation (HD) **10.30** 30 Rock (HD) **12 noon** ***New.*** The Mindy Project (HD) **1.30pm** Modern Family (S) (HD) **2.30** Everybody Hates Chris (HD) **3.30** Parks and Recreation (HD) **5.00** 30 Rock: triple bill (HD) **6.30pm** Modern Family (S) (HD) **7.30** The Mindy Project (HD) **9.00** Veep (S) (AD) (HD) **10.15** Sex and the City: Carrie considers giving up smoking (HD) **10.50** ***New.*** The Tonight Show Starring Jimmy Fallon: American chat show (HD) **11.50** ***New.*** The Late Late Show with James Corden (HD) **12.50am** Entourage (S) (HD) **1.25** Silicon Valley (S) (HD) **2.35** Parks and Recreation (HD) **3.30–5.00am** 30 Rock (HD)

TLC

Sky 133 **Virgin** 167 **BT** 323/**HD** 377

6.00am Say Yes to the Dress: Bridesmaids (HD) **8.00** Say Yes to the Dress: UK (HD) **9.00** Say Yes to the Dress (HD) **10.00** Curvy Brides Boutique (AD) (HD) **11.00** Say Yes to the Dress: Canada (HD) **12 noon** Say Yes to the Dress: Atlanta (HD) **2.00pm** Dr Pimple Popper (HD) **3.00** Sister Wives (HD) **4.00** Say Yes to the Dress: Canada (HD) **5.00** Curvy Brides (HD) **6.00** Say Yes to the Dress (HD) **7.00** Say Yes to the Dress: UK (HD) **8.00** Curvy Brides Boutique (HD) **9.00** Say Yes to the Dress: America (HD) **10.00** Say Yes to the Dress: UK (HD) **11.00** Dr Pimple Popper (HD) **12 midnight** as 8pm **1.00am** as 9pm **2.00** Say Yes to the Dress: UK (HD) **3.00** as 11pm **4.00–6.00am** Say Yes to the Dress: Atlanta (HD)

TLC +1 **Sky** 233 **Virgin** 172



Only Fools and Horses *9.00pm*
The Trotters raise a glass

Gold

Sky 110 **Virgin** 124 **BT** 310/343/**HD** 358/392

7.20am The Piglet Files **7.45** As Time Goes By (S) **8.20** Porridge (S) **9.40** Hi-de-Hi! (S) **10.20** Last of the Summer Wine (S) **12.20pm** Keeping Up Appearances (AD) **1.00** Hi-de-Hi! (S) **1.40** The Good Life (S) (AD) **2.20** Keeping Up Appearances (AD) **3.00** Dad's Army (S) **4.20** Last of the Summer Wine (S)

6.20pm The Good Life Tom and Barbara talk to their plants. (S) (AD)

7.00 Porridge The visit of Barry's girlfriend poses problems for Fletch. (S) (AD) (HD)

7.40 Dad's Army Corporal Jones suffers a financial crisis. (S) **8.20** Captain Mainwaring starts a recruitment campaign. (S)

9.00 Only Fools and Horses The brothers jet off to Monte Carlo – only for a dodgy deal to see them heading home. (S) (AD)

10.35 Peep Show Life begins to take a positive turn for Jeremy and Mark. (S) (HD) **11.05** Mark gets a lucky break when a publisher accepts his book. (S) (HD)

11.40 All Round to Mrs Brown's With Michael Ball, Sunetra Sarker, Yvette Fielding and the Vamps. (HD)

1.00am Harry Enfield and Chums (S) (AD) **1.35** Peep Show (S) (HD) **2.35–4.00am** The Rebel (S) (AD) (HD)

Gold +1 **Sky** 210 **Virgin** 194

Comedy Central

Sky 112 **Virgin** 132/HD 181 **BT** 307/344/**HD** 370/359

8.00am The Fresh Prince of Bel-Air (S) **8.35** **FILM** Bring It On ★★ (S) **10.30** Friends (S) (AD) (HD) **3.00pm** Last Man Standing (HD) **4.00** Two and a Half Men (HD) **5.00** Friends: ten episodes (S) (AD) (HD) **10.00** ***New.*** Bob's Burgers: Linda works a temp job at the Post Office to make extra money for the holidays; Gene gets kicked out of the Ocean Avenue Hifi Emporium, but Louise takes matters into her own hands **11.00** **FILM** Revolver ★★ Crime thriller starring Jason Statham **1.00am** The Daily Show (HD) **1.30** The Cleveland Show (S) (HD) **3.25** Last Man Standing (HD) **4.15–5.00am** Two and a Half Men: two episodes (HD)

Comedy Central +1 **Sky** 212 **Virgin** 133

Lifetime

Sky 187 **Virgin** 208 **BT** 329/**HD** 384

7.00am Women on Patrol (HD) **8.00** Judge Judy (HD) **1.00pm** Pawn Stars (HD) **2.00** Storage Wars (HD) **3.00** Little Women: Couples Retreat (HD) **4.00** Dance Moms (HD) **5.00** Pawn Stars (HD) **6.00pm** Flipping Vegas: property investor Scott Yancey buys a fire-damaged house (HD) **7.00** Judge Judy (HD) **9.00** Leah Remini: Scientology and the Aftermath: film-maker Paul Haggis reveals how Scientology attempts to recruit A-listers (HD) **10.00** Storage Wars (HD) **11.00** Hardcore Pawn (HD) **12 midnight** Pawn Stars (HD) **1.00am** Leah Remini: Scientology and the Aftermath (HD) **2.00** Storage Wars (HD) **3.00–4.00am** Hardcore Pawn (HD)

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

Key (S) Subtitles (SL) Signing (AD) Audio description (HD) High definition (W) Widescreen

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Murdoch Mysteries *3.00pm* A deadly game of espionage

Alibi

Sky 132 **Virgin** 126/**HD** 212 **BT** 312/**HD** 382

7.10am Murdoch Mysteries (S) (HD) **10.00** The Guardian (HD) **11.00** Sue Thomas: F.B.Eye (S) **12 noon** Major Crimes (HD) **1.00pm** Rush (S) (AD) (HD) **3.00** Murdoch Mysteries (S) (HD)

6.00pm Major Crimes ***7/23*** *Series 4.* Two officers are shot dead, and the team needs to find the lone witness to the crime. (HD)

7.00 Motive ***8/13*** *Series 4.* Flynn must team up with an international agent as she investigates the murder of a British politician's son. (S) (HD) **8.00** ***9/13.*** Detective Flynn tries to track down the killer responsible for decapitating a video-game designer. (S) (HD)

9.00 Death in Paradise ***7/8*** *Series 3.* DI Goodman and the team visit neighbouring Sebastien Island to investigate the shooting of the wealthy property developer who owned it. (S) (AD) (HD)

10.20 Frankie Drake Mysteries ***2/11*** *Series 1.* Frankie and Trudy interrupt a break-in at a factory and are hired by the owner to find the culprits. (S) (AD) (HD)

11.20 New Tricks ***3/10*** *Series 12* The team investigates the murder of a vicar. (S) (AD) (HD)

12.40–4.00am Murdoch Mysteries: triple bill (S) (HD)

Alibi +1 **Sky** 232 **Virgin** 191

Discovery History

Sky 171 **Virgin** 257

6.00am Expedition Unknown **7.00** Invention Nation **8.00** World War II: Witness to War **9.00** Secrets of the Arsenal **10.00** Extreme Engineering **11.00** Invention Nation **12 noon** Blowing Up History (AD) **1.00pm** Expedition Unknown **2.00** Mysteries at the Museum **3.00** World War II: Witness to War **4.00** Secrets of the Arsenal **5.00** Extreme Engineering

6.00pm Blowing Up History The secrets behind the construction of iconic megastructures created in the lost city of Machu Picchu. (AD)

7.00 Mysteries at the Museum A barrel connected to a Second World War plot and a traffic light that sparked an urban revolution.

8.00 Expedition Unknown Josh Gates investigates the maritime mystery of the *Griffon*.

9.00 Ripley's Believe It or Not! Bruce Campbell reveals the story of a record-breaking surfing dog.

10.00 Deception with Keith Barry The illusionist investigates the power of hypnosis.

11.00 Extreme Machines A look at the world of power boats.

12 midnight Expedition Unknown **1.00am** Ripley's Believe It or Not! **2.00** Deception with Keith Barry **3.00** Extreme Machines: the world of power boats **4.00** Blowing Up History (AD) **5.00–6.00am** Mysteries at the Museum

Discovery History +1 **Sky** 271 **Virgin** 261



American Dad! *11.00pm* Roger is given extra responsibility

Fox

Sky 124 **Virgin** 157/**HD** 199 **BT** 349/**HD** 364

8.00am Republic of Doyle (S) (HD) **9.00** Bones (S) (HD) **10.00** Bull (S) (HD) **11.00** NCIS (S) (AD) (HD) **12 noon** Bones (S) (HD) **2.00pm** The Mentalist (S) (HD) **3.00** NCIS (S) (AD) (HD) **4.00** Bull (S) (HD) **5.00** Bones (S) (HD)

6.00pm The Mentalist ***13/13*** *Series 7.* Jane asks Lisbon for her hand in marriage. (S) (HD)

7.00 NCIS ***7/25*** *Series 13.* Ducky is forced to reveal he has been working as part of a secret society dedicated to solving cold cases. **8.00** ***8/25.*** DiNozzo is reunited with a former girlfriend when insurgents in Sudan attack a group of doctors, including her husband. **9.00** ***New. Ep 11*** *Series 17.* Gibbs must face the consequence of his actions after helping Ziva. (S) (AD) (HD)

10.00 War of the Worlds ***3/8*** As the dust settles on their brave new world, the survivors are forced to face some cold truths. (S) (HD)

11.00 American Dad! *Series 4* Roger becomes Stan's boss. (S) **11.30** Stan searches for Oliver North's buried treasure. (S)

12 midnight Family Guy: double bill (S) **1.00am** American Dad! (S) **2.00** Family Guy: double bill (S) **3.00** American Dad! (S) **4.00–5.00am** Republic of Doyle (S) (HD)

Fox +1 **Sky** 224 **Virgin** 158

History

Sky 130 **Virgin** 270 **BT** 327/**HD** 379

6.00am American Pickers (HD) **8.00** Pawn Stars (HD) **9.00** WWII Turning Points (HD) **10.00** Storage Wars (HD) **11.00** The Railways That Built Britain with Chris Tarrant (HD) **12 noon** River Hunters (HD) **1.00pm** Forged in Fire (HD) **2.00** American Pickers (HD) **3.00** Storage Wars (HD) **5.00** Pawn Stars (HD)

6.00pm Forged in Fire Armed Forces Tournament (HD) **7.00** American Pickers (HD) **8.00** How They Built Concorde (HD) **9.00** Great British Royal Ships (HD) **10.00** Lost Gold of WWII (HD) **11.00** Pawn Stars (HD)

12 midnight Uncharted Mysteries (HD) **1.00am** Britain's Greatest Bridges: the Tyne bridge (HD) **2.00** Forged in Fire (HD) **3.00** River Hunters (HD) **4.00–6.00am** Storage Wars (HD)

History +1 **Sky** 230 **Virgin** 271

Animal Planet

Sky 162 **Virgin** 251 **BT** 325/**HD** 378

6.00am The Aquarium (HD) **7.00** Treehouse Masters: Out on a Limb (HD) **8.00** Pit Bulls and Parolees (S) (HD) **10.00** Animal Cops Philadelphia (S) (HD) **12 noon** The Zoo: San Diego (HD) **1.00pm** My Cat from Hell (S) (HD) **2.00** Alaskan Bush People (S) (AD) (HD) **3.00** Dr Dee: Alaska Vet (S) (HD) **5.00** Crikey! It's the Irwins (S) (HD) **6.00** Bondi Vet: Coast to Coast (HD) **7.00** Animal Cops Detroit (S) (AD) **8.00** ***New.*** Pit Bulls and Parolees (HD) **9.00** Amanda to the Rescue (S) (AD) (HD) **10.00** Animal Cops San Francisco (S) **11.00** Pit Bulls and Parolees (S) (HD) **12 midnight** I Was Prey (S) (AD) (HD) **1.00am** as 7pm **2.00** as 8pm **3.00** as 10pm **3.50** Crikey! It's the Irwins (S) (HD) **4.40** Nature's Strangest Mysteries: Solved (HD) **5.10–6.00am** My Cat from Hell (S) (HD)

Animal Planet +1 **Sky** 262 **Virgin** 259



Curse of the Bermuda Triangle *9.00pm* Tropical mysteries

Discovery

Sky 125 **Virgin** 250 **BT** 322/350/**HD** 376/365

6.00am Combat Dealers (S) (HD) **7.00** The Somme: the First 24 Hours (S) (HD) **8.00** Kindig Customs (S) (HD) **9.00** Jeremy Wade's Dark Waters (S) (HD) **10.00** Nasa's Unexplained Files (S) (HD) **11.00** Fast 'n' Loud (S) (HD) **12 noon** Gold Rush (S) (HD) **1.00pm** Alaska: the Last Frontier (S) (HD) **2.00** Combat Dealers (S) (HD) **3.00** World War II: the Complete History (S) **4.00** Building Off the Grid (S) (HD) **5.00** Wheeler Dealers (S) (HD)

6.00pm Fast 'n' Loud The team creates a one-of-a-kind restoration. (S) (HD)

7.00 Gold Rush Following the gold miners of the Yukon. (HD)

8.30 Gold Rush: the Dirt The cast and crew discuss the latest gold mining season in Alaska. (HD)

9.00 ***New.*** **Curse of the Bermuda Triangle** A tech-savvy team try to unravel the enduring mysteries about the area. (HD)

10.00 Son of Sam: the Hunt for a Killer Surviving victims of US serial killer David Berkowitz recount their stories. (S) (HD)

12 midnight ***New.*** People Magazine Investigates (HD) **1.00am** FBI Files (S) **3.50** Kindig Customs (S) (HD) **4.40** Bitchin' Rides (S) (HD) **5.30–6.00am** How It's Made (S)

Discovery +1 **Sky** 225 **Virgin** 258

Nat Geographic

Sky 129 **Virgin** 266/**HD** 268 **BT** 317/**HD** 373

8.00am Nazi Megastructures (HD) **9.00** Ultimate Survival WWII (S) (HD) **10.00** Lost Treasures of the Maya (HD) **11.00** WWI Wrecks: Draining the Ocean (HD) **12 noon** Car SOS (S) (HD) **2.00pm** Wicked Tuna (HD) **3.00** Ice Road Rescue (HD) **4.00** Air Crash Investigation (S) (AD) (HD) **6.00** Car SOS (S) (AD) (HD) **8.00** Britain's Underworld (HD) **9.00** America's Hardest Prisons (HD) **10.00** ***New.*** Hard Time: Locked Up: a Clark County Jail's facilities for drug addiction and mental health issues (HD) **11.00** Air Crash Investigation (S) (AD) (HD) **12 midnight** Alaska State Troopers (HD) **1.00am** Airport Security: Peru (HD) **2.00** Ultimate Airport Dubai (HD) **3.00** Air Crash Investigation: Special Report (HD) **4.00–5.00am** Air Crash Investigation: a 1972 crash in Miami (HD)

Nat Geo +1 **Sky** 229 **Virgin** 267

Eden

Sky 166 **Virgin** 245/**HD** 247 **BT** 315/**HD** 389

9.00am Super Vets **10.00** Mountain Gorilla (HD) **11.00** The Dragons of the Galapagos (HD) **12 noon** Life in the Great Wetlands (HD) **1.00pm** Life in the Undergrowth (AD) **2.00** Wonders of the Solar System (AD) (HD) **3.00** Super Vets **4.00** Mountain Gorilla (HD) **5.00** The Dragons of the Galapagos (HD) **6.00** Super Vets **7.00** Life in the Undergrowth (AD) **8.00** Life in the Great Wetlands (HD) **9.00** Mountain Gorilla (HD) **10.00** The Dragons of the Galapagos (HD) **11.00** Wonders of the Solar System (AD) (HD) **12 midnight** Life in the Great Wetlands (HD) **1.00am** Life in the Undergrowth (AD) **2.00** as 11pm **3.00** Super Vets **3.50** Mountain Gorilla (HD) **4.40** as 10pm **5.30–6.00am** Frontier Borneo (HD)

Eden +1 **Sky** 266 **Virgin** 246



The Real American: Joe McCarthy *8.50pm* A profile

PBS America 91

F'view 91 (1-11pm only) **F'sat** 155 **Sky** 174 **Virgin** 273

8.00am The Aviators **8.35** Pompeii: the Last Day **9.40** Billy the Kid **10.50** Bonnie & Clyde **11.55** Pompeii: the Last Day **1.00pm** The Aviators **1.35** Saints and Sinners: a Millennium of Monasteries **2.55** Pompeii: the Last Day **4.05** Billy the Kid **5.15** Saints and Sinners: a Millennium of Monasteries

6.35pm Pompeii: the Last Day Drama documentary reconstructing the ancient city's destruction.

7.40 The Berlin Wall: Escape to Freedom Exploring the history of the wall and looking at the stories of those who tried to breach it.

8.50 ***New.*** **The Real American: Joe McCarthy** The rise and fall of the man behind McCarthyism, a term now synonymous with political "witch-hunts".

9.55 Colosseum: Rome's Arena of Death Drama documentary telling the fact-based story of Verus, a gladiator who fought an epic battle during the opening games of the Colosseum in AD 80.

11.00 The Berlin Wall: Escape to Freedom As 7.40pm.

12.15am The Real American: Joe McCarthy **1.25–2.00am** The Aviators: the revamping of Goodyear's fleet of blimps

PBS +1 **Freeview** (HD only) 93

Smithsonian 57

F'view (HD only) 57 **F'sat** 175 **Sky** 195 **Virgin** 276

6.00am Into the Puma Triangle **7.00** Panama's Animal Highway (HD) **8.00** Aerial America (HD) **9.00** The Hunt for Eagle 56 (HD) **10.00** Air Warriors (HD) **11.00** Aircrash Alaska (HD) **12 noon** Into the Puma Triangle **1.00pm** Panama's Animal Highway (HD) **2.00** Aerial America (HD) **3.00** The Hunt for Eagle 56 (HD) **4.00** Air Warriors (HD)

6.00pm Aircrash Alaska A plane heading for an Alaskan fishing trip fails to arrive. (HD)

7.00 Aerial America An aerial journey over America's most spectacular and fascinating cities, including Los Angeles, Miami, Chicago and Boston. (HD)

8.00 Aerial Britain A bird's-eye view of Scotland, from the Cairngorms to the Highlands. (HD)

9.00 An American Aristocrat's Guide to Great Estates Julie Montagu visits Inveraray Castle, the seat of the Duke of Argyll and site of fictional Duneagle Castle in *Downton Abbey*. (HD)

10.00 Mystic Britain Clive Anderson and Mary-Ann Ochota don deer skull headdresses and do some ancient DIY as they investigate Ice Age shamans. (HD)

11.00 Aerial Britain As 8pm.

12 midnight America's Hidden Stories (HD) **1.00am** Mystic Britain (HD) **2.00** Aerial Britain (HD) **3.00** An American Aristocrat's Guide to Great Estates (HD) **4.00** Mystic Britain (HD) **5.00–6.00am** Air Warriors (HD)

CHILDREN'S

Milkshake! on C5

Full listings for Channel 5 are on p108

6.00am Peppa Pig **6.20** Mya Go **6.30** Fireman Sam **6.40** ***New.*** Noddy: Toyland Detective: Queen Sparklewings invites the toys to play a game of Grab the Flag at the castle **6.50** ***New.*** Abby Hatcher **7.00** Thomas & Friends **7.15** Milkshake! Monkey's Amazing Adventures **7.20** Peppa Pig: double bill **7.40** Top Wing **7.55** Paw Patrol **8.10** Floogals **8.30** Becca's Bunch **8.40** Little Princess **8.55** Ben and Holly **9.10–9.15am** Sunny Bunnies

CBeebies 202

Freeview 202 **Freesat** 608 **Sky** 614 **Virgin** 702

6.00am Show Me Show Me **6.25** Twirlywoos **6.35** Teletubbies **6.50** Timmy Time **7.00** Numberblocks **7.05** Bing: double bill **7.20** Hey Duggee: double bill **7.35** Bitz & Bob **7.45** Peter Rabbit **8.00** Go Jetters **8.10** Octonauts **8.20** Biggleton **8.35** Justin's House **9.00** Tee and Mo **9.10** Timmy Time **9.15** ***New.*** Dog Loves Books **9.20** Bing **9.30** Twirlywoos **9.40** Patchwork Pals **9.45** Something Special: We're All Friends **10.05** Teletubbies **10.20** The Baby Club; Small Potatoes **10.40** Hey Duggee **10.45** Let's Play **11.05** Let's Go for a Walk **11.20** ***New.*** Pablo; My Petsaurus **11.35** Our Family **11.45** Woolly & Tig **11.50** Tinga Tinga Tales **12 noon** My World Kitchen; Dipdap **12.15pm** Waffle the Wonder Dog **12.30** Molly and Mack **12.45** Melody **1.00** The Furchester Hotel **1.10** Yakka Dee! **1.15** Numberblocks **1.20** Bing **1.30** Twirlywoos **1.45** Something Special: We're All Friends **2.05** Teletubbies **2.20** The Baby Club **2.35** Pablo **2.45** Our Family **3.00** Grace's Amazing Machines **3.15** Swashbuckle **3.35** Hey Duggee **3.45** Octonauts **4.00** Love Monster **4.05** Andy's Aquatic Adventures **4.20** Maddie's Do You Know? **4.35** Peter Rabbit **4.50** Go Jetters **5.00** Gigglebiz **5.15** Waffle the Wonder Dog **5.30** Topsy and Tim; My Petsaurus **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden…; ***New.*** Hushabye Lullabye **6.50–7.00pm** CBeebies Bedtime Stories: a tale for younger viewers

CBBC 201

Freeview 201 **Freesat** 607 **Sky** 613 **Virgin** 701

7.00am Arthur **7.15** Dennis & Gnasher **7.25** Danger Mouse **7.35** ***New.*** MOTD: Build-Up **7.40** Newsround **7.45** Boy Girl Dog Cat Mouse Cheese **8.00** ***New.*** Little Big Awesome **8.15** Newsround **8.20** ***New.*** Hey You What If? **8.25** Marrying Mum and Dad **8.55** Art Ninja **9.25** A Week to Beat the World **9.40** Millie Inbetween **10.35** The Dengineers **11.05** Katy **12.35pm** Joe All Alone **1.50** The Dengineers **2.20** A Week to Beat the World **2.35** Craft Party **2.50** Almost Never **3.20** The Deep **3.45** Shaun the Sheep **3.50** Boy Girl Dog Cat Mouse Cheese **4.00** Newsround **4.10** Little Big Awesome **4.25** Odd Squad **4.35** The Pets Factor **5.00** ***New.*** The Dumping Ground **5.30** RT **CHOICE** ***New.*** Blue Peter: Sport Relief Special **See p105** **6.20** ***New.*** Crackerjack! **7.05** Danny & Mick **7.15** Horrible Histories **7.45** Blue Peter **8.30–9.00pm** The Dumping Ground

CITV 203

Freeview 203 **Freesat** 602 **Sky** 621 **Virgin** 734

6.00am Dino Dana **6.25** The Bagel and Becky Show **6.55** ***New.*** Gormiti 3D **7.25** Hotel Transylvania **7.55** Mr Bean **8.25** ***New.*** Buck & Buddy **8.30** Scooby-Doo! **9.00** Craig of the Creek **9.25** Mission Employable **9.30** Lego NinjaGo **9.55** Mighty Mike **10.25** Survival School **10.50** Make It Pop **11.15** Haunted Hathaways **11.40** Spy School **12.05pm** Thunderbirds **12.30** Transformers **1.00** ***New.*** Gormiti 3D **1.25** Lego Jurassic World **1.50** Mission Employable **1.55** ToonMarty **2.40** Mighty Mike **3.10** Tom and Jerry **3.30** Scooby-Doo! **4.00** Mr Magoo **4.30** Craig of the Creek **5.00** Lego NinjaGo **5.30** Captain Underpants **6.00** Thunderbirds **6.25** Transformers **6.55** Hotel Transylvania **7.25** Mr Bean **7.55** ***New.*** Buck & Buddy **8.00** Make It Pop **8.30–9.00pm** Project Z

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Roaring onto Sky

P The Lion King ★★★ *8.00pm* ***Sky Premiere***

Twenty-five years on from the original animated classic, Disney's remake uses realistic-looking CGI for a more "live-action" feel. It certainly keeps the faith with the original story of a lion cub who believes himself responsible for the death of his father – the benign ruler of an animal community – and who must then embrace his destiny for the good of all. However, as Tim Rice and Elton John's soul-stirring ballad asks "Can You Feel the Love Tonight?", the answer is, sadly, far from certain. **TREVOR JOHNSTON**



New to Netflix today

A Quiet Place ★★★★★ ***Netflix***

This sensational shocker from John Krasinski is an instant classic. In the near future, blind insectoid monsters with super-sensitive hearing have wiped out most of humanity. Tiptoeing around the dangerous environment are the few remaining survivors, including a family comprising Krasinski, Emily Blunt and their two children. The brilliantly economic storytelling offers a masterclass in building tension, while the stalking creatures really are the stuff of nightmares. The sequel is in cinemas next Friday. **ALAN JONES**

In cinemas today...



Gugu Mbatha-Raw (right), Keira Knightley and Jessie Buckley star in comedy drama **Misbehaviour**, the true story of 1970's eventful Miss World competition. Vin Diesel is a biotech-enhanced killing machine back from the dead in Valiant Comics adaptation **Bloodshot**. And rural Ireland erupts into violence in crime thriller **Calm with Horses**.

STEVE MORRISSEY

FREEVIEW

Film4 14

Freeview 14 **Freesat** 300 **Sky** 313 **Virgin** 428/**HD** 429

11.00am The Greatest Show on Earth ★★★★ Marvellous epic drama. Charlton Heston, James Stewart, Betty Hutton, Dorothy Lamour (1952, U) (S) **2.10pm Man in the Saddle** ★★★★ Excellent Randolph Scott western. Joan Leslie, Ellen Drew, Alexander Knox, Richard Rober (1951, PG) (S)

4.05 The Pink Panther Strikes Again ★★★ Peter Sellers holds the fourth comedy in the series together. Herbert Lom, Colin Blakely, Leonard Rossiter, Lesley-Anne Down (1976, PG)

6.25 Now You See Me 2 ★★ Robin Hood-like magicians the Four Horsemen return in this convoluted caper sequel. Jesse Eisenberg, Mark Ruffalo, Woody Harrelson (2016, 12) (S) (AD)

9.00 Baywatch ★★★ Crude yet also charming update of the popular TV series. Dwayne Johnson, Zac Efron (2017, 15) (S) (AD)

11.15 This Is England ★★★★ Director Shane Meadows brilliantly evokes the working-class despair of the Thatcher era. **Film of the Day: p39.** Thomas Turgoose, Stephen Graham (2006, 18) (S) (AD)

1.20–3.15am Green Room ★★★★ Riveting siege thriller about a band attacked by neo-Nazis. Anton Yelchin, Imogen Poots (2015, 18) (S) (AD)

Film4 +1 **F'view** 45 **F'sat** 301 **Sky** 314 **Virgin** 430

Sony Movies 32

Freeview 32 **Freesat** 302 **Sky** 321 **Virgin** 425

9.00am Bad Twin ★★★ Thriller. (2016) **11.05 Driven Underground** ★★ Drama. (2015) **1.00pm Wrong Swipe** ★★ Thriller. (2016) **2.45 Lies and Deception** ★ Mystery. (2005) **4.30 My Girl 2** ★★ Drama. Dan Aykroyd (1994, PG) **6.35pm Little Women** ★★★ Spirited adaptation. **Review p39.** Winona Ryder (1994, U) **9.00 The Hunger Games** ★★★★ Impressive adventure. Jennifer Lawrence (2012, 12) **11.45 The 5th Wave** ★ Alien-invasion drama. Chloë Grace Moretz, Nick Robinson (2016, 15) **2.05am Aftermath** ★★★ Thriller. Arnold Schwarzenegger, Scoot McNairy (2017, 15) **3.55–5.50am I Spy** ★★ Spy comedy. Eddie Murphy (2002, 12)

Sony Movies +1 **F'view** 60 (*limited* 10pm-5am) **Sky** 322

Sony Movies Classic 50

F'view 50 *(limited)* **F'sat** 303 **Sky** 319 **Virgin** 424

6.00am The Narrow Margin ★★★★ Thriller. Charles McGraw (1952, PG) **7.25 I Didn't Do It** ★★ Comedy thriller. George Formby (1945, PG) **9.30 The Secret Life of Walter Mitty** ★★★★ Comedy. Danny Kaye (1947, U) **11.45 The Princess and the Pirate** ★★★ Comedy. **Review p39.** (1944, U) **1.40pm A Weekend with Lulu** ★★★ Comedy. Bob Monkhouse (1961) **3.30 The Great Lover** ★★★ Comedy. Bob Hope, Rhonda Fleming (1949, 12) **5.10 Road to Bali** ★★★ Musical. Bob Hope, Bing Crosby (1952, U) **7.05pm The Admirable Crichton** ★★★ Adaptation of JM Barrie's play. Kenneth More (1957, U) **9.00 Stakeout** ★★★ Entertaining comedy thriller. Richard Dreyfuss, Emilio Estevez (1987, 15) **11.25 The Big Chill** ★★★★ Drama. Kevin Kline (1983, 15) **1.30am A Man Called Django** ★★★ Western. Anthony Steffen (1971) **3.20 Strongroom** ★ Drama. (1961, PG) **4.35–6.00am The Giants of Thessaly** ★★ Adventure. (1960, U)

Sony Movies Classic +1 **F'View** 62 *(limited)* **F'Sat** 304 **Sky** 320

Talking Pictures TV 81

Freeview 81 **Freesat** 306 **Sky** 328 **Virgin** 445

6.00am Johnny on the Spot ★★ Drama. (1954, U) (S) **7.30 Convoy** ★★★ Drama. (1940, PG) **9.15 Trouble in Store** ★★★ Comedy. (1953, U) **11.00** Richard Diamond **11.35 Catch Us If You Can** ★★ Musical. (1965, PG) **1.25pm** Talking Pictures with Craig Douglas **2.00** Rooms **2.30 Pink String and Sealing Wax** ★★★ Crime drama. (1945, PG) (S) **4.35 Love Story** ★★ Melodrama. Margaret Lockwood (1944, U) **7.15pm Ring of Spies** ★★★ Nail-biting British thriller. Bernard Lee, William Sylvester (1963, PG) (S) **9.00 Hazell** TV detective drama. **10.00 Over the Hill** ★★★ Sentimental drama. Olympia Dukakis, Sigrid Thornton, Derek Fowlds (1992, PG) **12.05am Frankenstein Created Woman** ★★★ Horror. Peter Cushing (1966, 12) **2.05 Invasion of the Bee Girls** ★★★ Sci-fi thriller. William Smith (1973, 18) **3.50 The Black Abbot** ★ Comedy. John Stuart (1934) **5.00–6.00am** Rooms

Sky Premiere

Sky 301 **Virgin** 401 **BT** 501/**HD** 515

6.00am This Changes Everything ★★★ Documentary. Geena Davis (2018) **7.45 Cold Blood Legacy** ★ Thriller. Jean Reno (2019, 15) **9.25 We Die Young** ★★ Drama. Jean-Claude Van Damme (2019, 15) **11.05 Doom: Annihilation** ★ Sci-fi horror. Amy Manson (2019, 15) **12.50pm** As 8pm **2.50** As 10pm **4.30** As 11.45pm

6.00pm The Art of Self-Defense ★★★★ Jesse Eisenberg stars in this serio-comic spin on *Fight Club*. **Review p82.** Alessandro Nivola, Imogen Poots, Steve Terada (2019, 15)

8.00 P The Lion King ★★★ A "live-action" remake of the Disney animation. **Review left.** Donald Glover, James Earl Jones (2019, PG)

10.00 Brightburn ★★★ The Superman story is given a sinister makeover. Elizabeth Banks, David Denman (2019, 15)

11.45pm I'll Take Your Dead ★★★ (2018, 15) **1.30am Hell Is Where the Home Is** ★★★ (2018) **3.15** As 7.45am **5.00** Extremely Wicked... Special **5.30** Final Score Special

Sky Premiere +1 **Sky** 312 **Virgin** 412

Sky Hits

Sky 303 **Virgin** 403 **BT** 503/**HD** 517

6.20am Tully ★★★★ Comedy. (2018, 15) **8.00 Safe House** ★★★ Thriller. Ryan Reynolds (2012, 15) **10.00** As 9pm **12 noon Solo: a Star Wars Story** ★★★★ Sci-fi adventure. Alden Ehrenreich (2018, 12) **2.20pm Star Wars Episode IV: a New Hope ★★★★★** Classic sci-fi. Mark Hamill, Harrison Ford (1977, U)

4.30pm Star Wars Episode V: the Empire Strikes Back ★★★★★ Luke Skywalker trains to be a Jedi Knight. Mark Hamill, Harrison Ford, Carrie Fisher, Billy Dee Williams (1980, U)

6.40 Star Wars Episode VI: Return of the Jedi ★★★★ Breathless conclusion to the original trilogy. Mark Hamill (1983, U)

9.00 Us ★★★★ Astute, often terrifying chiller. Lupita Nyong'o, Winston Duke, Elisabeth Moss, Shahadi Wright Joseph (2019, 15)

11.00pm Wanted ★★★ Adventure. (2008, 18) **1.00am Austin Powers in Goldmember** ★★★ Comedy. (2002, 12) **2.45 The Girl in the Spider's Web** ★★★ Thriller. (2018, 15) **4.45 Christopher Robin** ★★ (2018, PG)

Sky Monsters

Sky 307 **Virgin** 411 **BT** 511/**HD** 525

6.00am Lifechanger ★★★ Horror. Bill Oberst Jr, Lora Burke (2018, 15) **7.30 Godzilla** As 4.25pm **10.00 Godzilla** As 6.50pm **12.05pm Godzilla: King of the Monsters** As 9pm **2.25 Pet Sematary** As 11.30pm **4.25 Godzilla** ★★ Monster horror. Matthew Broderick, Jean Reno (1997, PG)

6.50pm Godzilla ★★★ Epic blockbuster featuring the iconic giant lizard. Aaron Taylor-Johnson (2014, 12)

9.00 Godzilla: King of the Monsters ★★ Blustering blockbuster. Kyle Chandler, Vera Farmiga, Millie Bobby Brown, Bradley Whitford (2019, 12)

11.30 Pet Sematary ★★★ This darker, bleaker reboot of Stephen King's horror bestseller is laced with macabre atmosphere. Jason Clarke, Amy Seimetz, John Lithgow (2019, 15)

1.30am Lifechanger As 6am **3.10 Resident Evil: Retribution** ★★ Sci-fi horror. Milla Jovovich (2012, 15) **5.00** Sky Cinema Preview

Sky Superhero

Sky 302 **Virgin** 402 **BT** 502/**HD** 516

6.10am Spider-Man 2 As 3.20pm **8.25 Aquaman** As 10.10pm **10.55 Captain Marvel** As 8pm **1.10pm Spider-Man** ★★★★ Fantasy adventure. Tobey Maguire, Willem Dafoe, Kirsten Dunst (2002, 12) **3.20 Spider-Man 2** ★★★★ Fantasy adventure. Tobey Maguire, Kirsten Dunst, Alfred Molina (2004, PG)

5.35pm Spider-Man 3 ★★★ Spider-Man turns to the dark side and has a blast doing it. Tobey Maguire, Kirsten Dunst, James Franco (2007, 12)

8.00 Captain Marvel ★★★ Feisty Brie Larson plays the tough, sharp-witted intergalactic warrior. Samuel L Jackson, Jude Law (2019, 12)

10.10 Aquaman ★★★ Jason Momoa gets his own solo outing as the rumbustious Atlantean prince. Nicole Kidman, Amber Heard (2018, 12)

12.40am Spider-Man As 1.10pm **2.50 Batman: Mystery of the Batwoman** ★★ Action adventure. (2003, 12) **4.15** Lego DC Super Hero Girls **5.40** Lego DC Comics Super Heroes: Justice League

Sky Greats

Sky 304 **Virgin** 404 **BT** 504/**HD** 518

6.30am As 5.15pm **8.30 Marnie** ★★★★ Drama. "Tippi" Hedren (1964, 15) **10.45 Erin Brockovich** ★★★★ Drama. Julia Roberts (2000, 15) **1.00pm Enemy of the State** ★★★★ Thriller. Will Smith (1998, 15) **3.15 The Royal Tenenbaums ★★★★★** Comedy drama. Gene Hackman (2001, 15)

5.15pm The Goonies ★★★ Good-natured adventure. Sean Astin, Josh Brolin, Corey Feldman, Jeff Cohen (1985, 12)

7.15 Zero Dark Thirty ★★★★ Well-paced thriller about the hunt for Osama Bin Laden from the makers of the Oscar-winning *The Hurt Locker*. Jessica Chastain (2012, 15)

10.00 Friday the 13th ★★ The machete-wielding Jason terrorises teens in this horror reboot. Derek Mears, Jared Padalecki, Danielle Panabaker (2009, 18)

11.50pm Friday the 13th Part 2 ★★ Horror. (1981, 18) **1.20am Friday the 13th Part III** ★★ Horror. (1982, 18) **3.00 Friday the 13th Part IV: the Final Chapter** ★★ Horror. (1984, 18) **4.35 Robin Hood** ★★★★ (1973, U)

Sky Comedy

Sky 308 **Virgin** 408 **BT** 508/**HD** 522

6.15am As 3.35pm **8.00** As 5.20pm **9.40** As 10.20pm **11.35 Just Go with It** ★★ Romance. (2011, 12) **1.35pm The Longest Yard** ★★★ Sports comedy. Adam Sandler (2005, 12) **3.35 50 First Dates** ★★★ Romcom. Adam Sandler (2004, 12) **5.20 Big Daddy** ★★★★ Comedy. Adam Sandler (1999, 12)

7.00pm Jack and Jill ★ Adam Sandler plays both an advertising executive and his obnoxious sister. Al Pacino (2011, PG)

8.40 Happy Gilmore ★★ An ice-hockey player discovers a talent for golf. Adam Sandler (1996, 12)

10.20 You Don't Mess with the Zohan ★★ An Israeli super-agent heads for New York to pursue a career in hairdressing. Adam Sandler, Rob Schneider, John Turturro (2008, 12)

12.20am The Longest Yard As 1.35pm **2.20 Just Go with It** As 11.35am **4.25 Jack and Jill** As 7pm

Key (S) Subtitles (SL) Signing (AD) Audio description

Sky Disney

Sky 305 **Virgin** 405 **BT** 505/**HD** 519

6.35am Brother Bear ★★★ (2003, U) **8.05 The Many Adventures of Winnie the Pooh** ★★★★ Adventure. (1977, U) **9.25 Confessions of a Teenage Drama Queen** ★★★ Comedy. (2004, PG) **11.00** As 11.20pm **12.30pm** As 6pm **2.30 Finding Nemo** ★★★★★ Adventure. (2003, U)

4.15pm Toy Story 4 ★★★★ Pacey, visually spectacular adventure. Tom Hanks, Tim Allen (2019, U)

6.00 Incredibles 2 ★★★★ Pixar's superhero family returns in an irresistible adventure. Holly Hunter, Craig T Nelson, Samuel L Jackson (2018, PG)

8.00 Up ★★★★★ Masterly animated fantasy from Pixar. Ed Asner, Christopher Plummer, Jordan Nagai (2009, U)

9.45 The Haunted Mansion ★★ Comedy horror. Eddie Murphy (2003, PG)

11.20pm The Jungle Book ★★★★★ Adventure. Phil Harris (1967, U) **12.50am John Carter** ★★★ Fantasy. Taylor Kitsch (2012, 12) **3.10** As 9.45pm **4.50 Meet the Robinsons** ★★ Adventure. Tom Selleck (2006, U)

Sky Thriller

Sky 309 **Virgin** 409 **BT** 509/**HD** 523

6.25am Mara ★★ Horror. Olga Kurylenko (2018, 15) **8.05 Truth or Dare** ★★ Horror. Lucy Hale (2018, 15) **9.50** As 5.10pm **11.40** As 11.10pm **1.35pm Superfly** ★★★ Thriller. Trevor Jackson (2018, 15) **3.35 Galveston** ★★★ Drama. Ben Foster (2018, 15) **5.10 The Vanishing** ★★★ True story. Gerard Butler (2016, 15)

7.00pm The Recruit ★★ Colin Farrell is taught CIA tactics by gruff trainer Al Pacino in this glossy thriller. Bridget Moynahan (2002, 12)

9.00 Cape Fear ★★★★ Robert De Niro's psychopathic ex-con is out to avenge himself on a lawyer. Nick Nolte, Jessica Lange (1991, 18)

11.10 Extremely Wicked, Shockingly Evil and Vile ★★ Zac Efron stars as serial killer Ted Bundy. Lily Collins, Haley Joel Osment (2019, 15)

1.05am Domino ★★ Thriller. Nikolaj Coster-Waldau, Guy Pearce (2019, 18) **2.40 Feedback** ★★ Horror. Eddie Marsan (2019, 18) **4.30 Deep Family Secrets** ★★★ True story. Richard Crenna (1997)

Sky Action

Sky 311 **Virgin** 407 **BT** 507/**HD** 521

6.00am Total Recall As 3.50pm **8.00 Cliffhanger** As 6pm **10.00 Braveheart** As 8pm **1.00pm Gladiator** As 11pm **3.50 Total Recall** ★★★ Colin Farrell's everyman discovers he's a spy in Len Wiseman's imaginative remake of the 1990 sci-fi thriller. Kate Beckinsale, Jessica Biel (2012, 12)

6.00pm Cliffhanger ★★★★ A bunch of criminals need to escape over a treacherous mountain range. Sylvester Stallone, John Lithgow (1993, 15)

8.00 Braveheart ★★★★ Mel Gibson is in fiery-eyed heroic mode as 13th-century Scottish patriot William Wallace. (1995, 15)

11.00 Gladiator ★★★★★ A betrayed Roman general becomes a feared and celebrated fighter. Russell Crowe, Joaquin Phoenix (2000, 15)

1.45am The Top Ten Show **2.00 Starship Troopers** ★★★★ Satirical sci-fi adventure. Casper Van Dien, Denise Richards, Dina Meyer (1997, 18) **4.15 Stone of Destiny** ★★★ Comedy adventure. Charlie Cox, Robert Carlyle (2008, PG)

Sky Family

Sky 306 **Virgin** 406 **BT** 506/**HD** 520

6.50am As 3pm **8.20** As 4.30pm **10.00 Despicable Me 2** As 6.15pm **11.45 Bean** As 9.30pm **1.25pm Johnny English** As 8pm **3.00 Antz** ★★★★ Fantasy. Woody Allen, Sharon Stone, Sylvester Stallone, Gene Hackman (1998, PG) **4.30 Smallfoot** ★★ Comedy. Channing Tatum, James Corden (2018, U)

6.15pm Despicable Me 2 ★★★★ Gru is hired to foil a baddie's evil plans. Steve Carell (2013, U)

8.00 Johnny English ★★ Unassuming slice of slapstick. Rowan Atkinson, John Malkovich (2003, PG)

9.30 Bean ★★★★ Enjoyable outing for the bumbling innocent. Rowan Atkinson, Peter MacNicol (1997, PG)

11.05 Who Framed Roger Rabbit ★★★★★ Zany, Oscar-winning comedy. Bob Hoskins (1988, PG)

1.00am Look Who's Talking ★★★ Comedy. John Travolta, Kirstie Alley (1989, 12) **2.45 The Stolen Princess** ★★ Animated fantasy. Alyson Leigh Rosenfeld, Daniel J Edwards (2018, PG) **4.25 Cats** ★★ Animated adventure. (2018, PG)

Sky Drama

Sky 310 **Virgin** 410 **BT** 510/**HD** 524

6.00am As 6.15pm **7.45 Deceit** ★★★ Drama. (2017, 15) **9.30 Euphoria** ★★ Drama. (2017, 15) **11.10** As 8pm **1.10pm The Browning Version** ★★★ Drama. Albert Finney (1994, 15) **2.50 Lez Bomb** ★★★ Comedy. Jenna Laurenzo (2018, 12) **4.25 Roxanne** ★★★★ Romance Steve Martin (1987, PG)

6.15pm The Last Movie Star ★★★ Comedy drama that offers a fitting tribute to its star, the late Burt Reynolds. Ariel Winter (2017, 15)

8.00 Can You Ever Forgive Me? ★★★★ A hard-up author forges letters by famous people. Melissa McCarthy, Richard E Grant, Dolly Wells (2018, 15)

10.00 Hotel Mumbai ★★★ Hotel staff members Dev Patel and Anupam Kher risk their lives during a terrorist attack. (2018, 15)

12.15am Euphoria As 9.30am **2.05 White Boy Rick** ★★ Crime drama based on a true story. Matthew McConaughey, Richie Merritt, Jennifer Jason Leigh (2018, 15) **4.05 Roxanne** As 4.25pm

TCM Movies

Sky 315 **Virgin** 415/**HD** 416 **BT** 512/**HD** 526

6.20am Westward the Women ★★ Western. (1951) **8.45 How the West Was Won** ★★★★ Western. James Stewart (1962, PG) **11.45 Ten Wanted Men** ★★ Western. (1955, U) **1.30pm Charro!** ★ Western. (1969, PG) **3.35 Stranger than Fiction** ★★★★ Fantasy. Will Ferrell (2006, 12)

6.00pm The Hired Gun ★★ B-movie western. Rory Calhoun, Anne Francis, Vince Edwards, John Litel (1957, U)

7.20 Saddle Tramp ★★★ Engaging western starring the laconic Joel McCrea. (1950, U)

9.00 Absolute Power ★★★ Well-paced tale of high-level corruption. Clint Eastwood, Gene Hackman (1996, 15)

11.35 Frantic ★★★★ Tense thriller from Roman Polanski. Harrison Ford, Emmanuelle Seigner (1988, 15)

2.05am Carrie ★★★★★ Horror. Sissy Spacek (1976, 18) **3.50** Off Set **4.00** Hollywood's Best Film Directors **5.00** Off Set **5.15 For Whom the Bell Tolls** ★★★ Drama. (1943, U) **TCM Movies +1 Sky** 316 **Virgin** 417

SPORT



Tennis *6.00pm, 2.00am* ***Amazon Prime*** Dominic Thiem is the men's reigning champion

Sky Main Event

Sky 401 **Virgin** 511/**HD** 501 **BT** 402/420/**HD** 437/440

6.45am My Icon (AD) **7.00** Good Morning Sports Fans **7.30** F1: live update from Melbourne **8.00 LIVE European Tour Golf** Day two of the Kenya Open. **10.00** Football Centre **11.30 LIVE PGA Tour Golf** The Players Championship, day two. **7.00pm LIVE Championship Football** Fulham v Brentford at Craven Cottage (kick-off **7.45**). **10.00 LIVE PGA Tour Golf** More from the Players Championship. **11.00** NBA: the Warm Up **12 midnight** Sky Sports News **2.30am** My Icon (AD) **2.45 LIVE Formula One** **4.30** F1 Classics: Australia 1990 **5.00–7.30am LIVE Formula One** Qualifying (start time **6.00**).

Sky Football

Sky 403 **Virgin** 513/**HD** 503 **BT** 422/**HD** 442

6.00am Greatest Games **7.00** Greatest Players **7.30** Countdowns (AD) **8.00** Football Years (AD) **8.30** Greatest Games **8.45** One2Eleven (AD) **9.00** SPFL Greatest Games **9.30** Classic Play-Off Finals **10.30** Greatest Games **11.30** Greatest Players (AD) **12 noon** Countdowns (AD) **12.30pm** Years (AD) **1.00** Greatest Games **1.45** One2Eleven (AD) **2.00** Classic Play-Off Finals **3.00** Greatest Players (AD) **3.30** Countdowns (AD) **4.00** Years (AD) **4.30** Classic Play-Offs **5.30** Greatest Games **6.30** Championship Highlights **7.00 LIVE Championship Football** Fulham v Brentford. **10.30** SPFL Greatest Games **11.00** Championship Highlights **11.15** Greatest Games **12 midnight** Football Years (AD) **12.30am** Greatest Games **1.00** Countdowns (AD) **1.30** Football Years (AD) **2.00** Championship Season Review **3.00** Classic Play-Off Finals **5.00–6.00am** League Cup Classics

Sky The Players

Sky 405 **Virgin** 515/**HD** 505 **BT** 424/**HD** 444

6.00am The Players Championship Official Film **7.00** PGA Tour Golf **8.00 LIVE European Tour Golf** Day two of the Kenya Open. **10.00** Rory's Review of 2019 **10.30** PGA Tour Golf **11.30 LIVE PGA Tour Golf** The Players Championship, day two. **11.00pm–6.00am** The Players Championship Official Film

Sky F1

Sky 406 **Virgin** 516/**HD** 506 **BT** 425/**HD** 445

2.45–4.30am LIVE Australian Grand Prix Final practice session. **5.00–7.30am LIVE Australian Grand Prix** Qualifying (start **6.00**).

Sky Premier League

Sky 402 **Virgin** 512/**HD** 502 **BT** 421/**HD** 441

6.00am Greatest Games (AD) **7.00** The Debate **8.00** Best Goals **9.00** 100 Club **10.00** Years (AD) **12 noon** The Debate **1.00pm** Premier League Years (AD) **3.00** Best Goals (AD) **4.00** Greatest Games **5.00** 100 Club (AD) **6.00** Legends (AD) **7.00** Preview **7.30** Match Pack **8.00** World **8.30** Tyler Archives **9.00** Preview **9.30** Match Pack **10.00** Premier League World **10.30** Tyler Archives **11.00** Preview **11.30** Match Pack **12 midnight** Premier League World **12.30am** Preview **1.00** Years (AD) **3.00** Greatest Games **4.00** Best Goals **5.30–6.00am** 100 Club (AD)

Sky Cricket

Sky 404 **Virgin** 514/**HD** 504 **BT** 423/**HD** 443

6.00am Greatest Games (AD) **7.00** My Icon (AD) **8.00** Greatest Games (AD) **9.00** My Icon (AD) **10.00** How the 2011 World Cup Was Won (AD) **12 noon** Greatest Games (AD) **1.00pm** My Icon (AD) **2.00** Greatest Games (AD) **3.00** My Icon (AD) **4.00** How the 2011 World Cup Was Won (AD) **6.00** International T20 Cricket: South Africa v England from Durban **10.30** The Story of a Genius **11.00** How the 2011 World Cup Was Won **1.00am** My Icon (AD) **2.00** Greatest Games (AD) **3.00** My Icon (AD) **4.00** Greatest Games (AD) **5.00–6.00am** My Icon (AD)

Sky Action

Sky 407 **Virgin** 517/**HD** 507 **BT** 426/**HD** 446

6.00am LIVE Rugby Union Super Rugby: Chiefs v Hurricanes. **8.00** NFL **11.00** Records (AD) **12 noon** Premier League Darts **3.30pm** Darts Gold **4.30** Sporting Records (AD) **5.30** Darts Gold **6.00** Pro-Football Talk **8.00** NFL **10.00** Darts Gold **11.00** NFL **1.00am** Super League Gold (AD) **3.40–6.00am LIVE Rugby Union** Sunwolves v Crusaders.

Sky Arena

Sky 408 **Virgin** 518/**HD** 508 **BT** 427/**HD** 447

6.00am Sporting Greats (AD) **7.00 LIVE NRL** Raiders v Titans. **9.00** Super League **9.15** Super League Gold (AD) **9.30** Records (AD) **10.00** Boxing Gold **11.00** Super League Gold (AD) **11.45** Super League **12 noon** NBA **2.00pm** NBA Classics **3.00** Fishing **3.30** Motorsport **4.00** Super League Gold (AD) **4.45** Super League **5.00** NBA **6.45** Super League **7.00 LIVE Super League** Salford Red Devils v Wigan (kick-off **7.45**). **10.15** Super League Gold **10.30** Super League **11.00** NBA **12 midnight** Super League **12.15am** World Club Challenge Gold **12.30** Super League Gold (AD) **1.00** NBA **2.15** Super League **2.30 LIVE NBA** Clippers v Nets. **5.00–6.00am** Sporting Records (AD)

Sky Mix

Sky 145 **Virgin** 520/**HD** 510 **BT** 429/**HD** 449

8.00–10.00am, 12 noon–3.00pm LIVE European Tour Golf

Eurosport 1

Sky 410 **Virgin** 521 **BT** 412/**HD** 435

6.45am Skiing **8.45** Ski Jumping **9.45** Cycling **10.45** Skiing **11.55** Cycling **1.40pm LIVE Cycling** Stage six of Paris-Nice, from Sorgues to Apt. **3.30** Cycling: Tirreno-Adriatico **4.15 LIVE Snooker** Gibraltar Open. **6.20** Snooker **6.30** Alpine Skiing **7.30** Cycling: Paris-Nice highlights **8.30 LIVE Cycling** Day one of the Six Day Manchester meeting. **10.05–1.55am** Cycling

BT Sport 1

Sky 413 **Virgin** 527 **BT** 408/**HD** 430

10.45am Match Pack **11.15** Premier League World **11.45** BT Sport Reload **12 noon** Squash **1.30pm** Match Pack **2.00** MotoGP **3.00** Wrestling **6.00** MotoGP **6.15** Match Pack **6.45 LIVE Scottish Premiership Football** Motherwell v Aberdeen from Fir Park (kick-off **7.45**). **10.00** Wrestling **1.00am LIVE Wrestling** WWE. **3.00** Premier League Preview **3.30** International One-Day Cricket **4.30–6.00am** Classic Boxing (AD)

BT Sport 2

Sky 414 **Virgin** 528 **BT** 409/**HD** 431

6.00am Australian Football **7.00** Wrestling (AD) **9.45** Premier League Reload **10.00** Rugby Tonight (AD) **10.30** Badminton (AD) **11.00** MotoGP **12 noon** Fishing (AD) **1.00pm** Reload **1.30** Hockey (AD) **2.00** Badminton (AD) **2.30** Rugby Tonight (AD) **3.00** French Football **3.30** International One-Day Cricket **4.30** German Football (AD) **5.30 LIVE German Football** Greuther Furth v Hamburg SV; **7.30** Düsseldorf v SC Paderborn. **9.30** UFC **10.00** UFC Fight Camp **10.30** Premier League Preview **11.00 LIVE Basketball** NCAA. **3.30am** Premier League Preview **4.00** UFC Fight Camp **4.30** The Grid (AD) **5.00–6.00am** MotoGP

BT Sport 3

Sky 417 **Virgin** 529 **BT** 410/**HD** 432

6.00am Europa League Highlights **8.30 LIVE Australian Football** **10.30** Europa League **11.30** French Football **12 noon** German Football **12.30pm** Europa League Football **4.30** Australian Football **5.30** Rugby Tonight (AD) **6.00** Squash **7.30 LIVE Squash** The Canary Wharf Classic semi-finals. **10.00** Champions League Magazine **10.30** Poker **12.30am** Scottish Football **2.30** BT Sport Reload **2.45 LIVE Australian Women's Football** W-League semi-final. **5.00** Premier League Preview **5.30–6.00am** Match Pack

BT Sport ESPN

Sky 423 **Virgin** 530 **BT** 411/**HD** 434

6.00am ESPN FC **6.30** Basketball **10.00** ESPN FC **10.30** Basketball **2.00pm** Fifa and Sepp Blatter (AD) **3.00** Basketball **6.30** ESPN FC **7.00** BT Sport Reload **7.15** French Football **7.45 LIVE French Football** Lyon v Reims (kick-off **7.45**). **9.45** X Games: from Norway **11.00 LIVE Basketball** NCAA. **3.30am** BT Sport Reload **3.45** Coach Bernie (AD) **4.15–6.00am** Basketball

Eurosport 2

Sky 411 **Virgin** 522 **BT** 413/**HD** 436

6.00am Cycling **6.45** Superbikes **8.30 LIVE Snooker** **12.55pm LIVE Alpine Skiing** World Cup from Are, Sweden. **2.00 LIVE Biathlon** World Cup. **3.45 LIVE Alpine Skiing** **5.00 LIVE Ski Jumping** **6.15 LIVE Snooker** Gibraltar Open. **8.30** Snooker **9.00** World Superbikes **10.00** Biathlon **11.00** Ski Jumping **12 midnight** Alpine Skiing: World Cup **1.00–2.00am** Triathlon: from Bala

Amazon Prime

6.00pm, 2.00am LIVE Tennis BNP Paribas Open at Indian Wells.

Friday Television

Books Peter Swanson's favourite crime novels YOUR RT P138

Maxine Peake is one of our biggest TV stars, but her heart will always belong to radio

Drama on 3: Only Mountains
Sunday 7.30pm ***Radio 3***

Radio to the max

INTERVIEW BY **GARETH McLEAN**

Maxine Peake leans in, almost conspiratorially, to say something that, to some, will seem sacrilege, but to others is self-evident: "Radio is a better invention than telly," she says. "There, I've said it. A bit of a bald statement, but that's what I think. If I had to make a choice between the two, I'd choose radio."

This is some admission from an actor who has been a fixture on British television for over two decades. Peake's presence in a drama or comedy is a kitemark of quality. Whether playing Myra Hindley in *See No Evil: the Moors Murders* or Twinkle in *dinnerladies*, she's compelling. Impeccable as Martha Costello QC in *Silk*, she was incorrigible as Veronica Fisher in *Shameless*. *Three Girls* was heartbreaking; *Black Mirror: Metalhead* was breathtaking.

Still, for Peake, there's something special about listening to the radio compared with watching TV. An intimacy.

"Radio becomes such a part of your life," she says. "It's absolutely entwined with mine. In the kitchen, in the bedroom, in the car. We only have one telly, but we have radios all over the house and I always used to travel with a little digital radio. You're never confined to one place with the radio. It's a companion wherever you go."

More than companionship, she says, there's a "kind of community" to be found through the radio you listen to. "At a time, like now, when society and communities are being ripped apart, that's really comforting." She says she switches between BBC 6 Music, Radio 4 and Radio 3. "I've found a lot of music and artists through *Late Junction*. It's a great show."

Is she as enthusiastic about the *Today*

FEATURE EDITED BY SIMON O'HAGAN
JACK BARNES



VOCAL POINT
Maxine Peake loves the intimacy of radio – although listening to *Today* can sometimes be a struggle

programme, I wonder? "Oh, *Today*! There are mornings when I want to…"

Her voice tails off and, affecting a grimace, she mimes throwing a radio across the room.

But it's clear that her heart belongs to 6 Music. "When there were those rumours [in 2010] that 6 Music was going to be scrapped, I was beside myself. I thought, 'I can't cope with a Tory government, David Cameron as prime minister, *and* no 6 Music. I'll have to leave the country.' And when they changed the 6 Music schedule [in January], it took my partner and I a while to acclimatise to hearing Lauren Laverne instead of Shaun Keaveny in the morning. Lauren's great but it took some getting used to."

PEAKE'S RELATIONSHIP WITH radio began when she was growing up in Bolton in the late 1970s and early 1980s. While Saturdays were *Grandstand*, the football results, and sandwiches for tea made by her mum Glynis, who worked in a shop ("with Vernon Kay's mum," Peake volunteers, explaining that Bolton was a small place), Sundays were radio days.

"I got my early musical education from the radio. Those lazy Sundays had a 70s soul soundtrack," she recalls fondly. "My dad was into the Drifters, Randy Crawford and all that stuff. Whenever I hear the Drifters now, I get choked up because of all the associated memories…"

'When I hear the Drifters, I get choked up because of memories of my dad'

These weekend assignations were cemented into something more solid when Peake moved in with her grandad so that she could finish school after her mum moved away from Bolton.

"He had the radio on from first thing in the morning until last thing at night. Radio 4 mostly, but he'd turn to the phone-in on Radio Merseyside, with Roger Phillips. I asked him once why he didn't listen to a more local phone-in show and he'd say, 'Scousers are really articulate. They give good argument,' and he was right. The only things he didn't listen to on Radio 4 was *Woman's Hour*. It used to make him blush."

As Peake reminisces, it's hard not to get choked up oneself. Her grandad sounds like quite the character, I tell her.

"Oh, he was! It was him that introduced me to *The Young Ones*. As a man in his 80s, he loved *Gimme Gimme Gimme* and *Friends*. He was politically progressive and engaged with life."

Peake doesn't admit a preference for radio cynically because we're here to discuss the play she's written for Radio 3, *Only Mountains*. I doubt Peake has ever been cynical in her life. She's a woman of conviction – so much so that she often finds herself in the crosshairs of the right-wing media for being left wing, for being a woman with political views and agency. Whatever you think of her opinion, she's entitled to both have it and voice it. As she says: "It's my opinion and I'm sticking to it."

So it's no coincidence that *Only Mountains* focuses on a woman with political agency. Pearl, played by Lyndsey Marshal, is a young British woman who becomes a member of an all-female militia fighting in Syria. As the drama charts Pearl's journey to putting her life on the line for her beliefs, bigger issues are examined – not least how women find their political calling. Inspired by Peake's own experience as part of a peace delegation to Turkey organised by Freedom for Ocalan, a UK trade union-backed initiative to secure the release of Kurdish political prisoner Abdullah Ocalan, it is spellbinding, full of incredible characters and challenging questions.

Peake felt it was an important story to tell in its own right – "I came back and I wanted to do something. It's a drop in the ocean compared to what needs to be done, but it's what I can do. I can write something" – but also to tell with a female lead like Pearl.

"Men who go to fight for a cause are seen as heroes, while women are seen as naive and idealistic. And be it telly or film or theatre or whatever, a woman only does something because she's driven by some event in her life – because she's lost a child, or she was raped, or her mother died – but a man acts because he's a man. Women act personally, men act politically. A man can look around, be unhappy with what he sees, and act for everyone. But for a woman, it has to be an individual event. And that drives me mad."

Before we finish, I suggest that a feature about *Only Mountains* could be headlined *Peak Peake*. That she only slightly wrinkles her nose with disdain demonstrates that she's not only a woman of principle but also a woman of politeness. And, of course, the wireless.

DAVID CRAWFORD

PICK OF THE WEEK

13 Minutes to the Moon

Wednesday 11.30am ***BBC World Service***

Do you recognise the names Charles Conrad, Alan Bean and Richard Gordon? No? Of course not, they were the astronauts of Apollo 12, the second men to land on the Moon, whose achievement has been scotched by history, sandwiched as they are between the pioneering Apollo 11 and the disastrous 13.

Similarly, this second series of the acclaimed podcast by presenter Kevin Fong and producer Andrew Luck-Baker tosses them aside in a throwaway sentence, as it concentrates on retelling in forensic detail what went wrong with the ill-fated Apollo 13 in 1970. Fong reveals that after Apollo 12, public opinion shifted to seeing Moon landings as almost routine. That's progress for you; the incredible becomes mundane.



UNLUCKY FOR SOME
Apollo 13's Lovell, Swigert and Haise

An explosion in an oxygen tank 330,000km from Earth changed all that.

All the elements that made the first series so compelling remain, including another tense theme from composer Hans Zimmer. The surviving Apollo 13 astronauts, Jim Lovell and Fred Haise, give vivid accounts of events, while details of how the mission was flawed from the start are laid bare. The superstitious may point to the auguries: the mission was due to launch at 13:13 on 11 April, and the astronauts due to make their approach to the Moon on 13 April…

AMBRIDGE DIARY

The Archers this week…

It's a major week of Ambridge action, so details are in short supply. Mind you, unlike the world of TV soaps, where viewers are saturated with pre-broadcast spoilers, many *Archers* fans cry foul when too much is revealed in advance.

All we can say is that there are further problems at Grey Gables, as Freddie rebuffs Lynda's attempts to apologise. Elsewhere, Tom and Natasha's first wedding anniversary doesn't go to plan, but such concerns end up paling into insignificance when something unexpected rocks the village. Expect the repercussions to play out in the weeks to come… **DAVID BROWN**

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SOUTH NORWAY DISCOVERY & VIKING EXPERIENCE	13/06/2021	8 days	£1,139	FREE	Tilbury
ARCTIC VOYAGE GREENLAND & ICELAND EXPERIENCE	20/06/2021	23 days	£3,559	FREE	Tilbury
GRAND BRITISH ISLES DISCOVERY	12/07/2021	11 days	£1,739	FREE	Tilbury
NORTH CAPE, SPITZBERGEN & LAND OF THE MIDNIGHT SUN	22/07/2021	17 days	£2,589	FREE	Tilbury
ARCTIC VOYAGE GREENLAND & ICELAND EXPERIENCE	7/08/2021	23 days	£3,559	FREE	Tilbury
SOUTH NORWAY DISCOVERY & VIKING EXPERIENCE	29/08/2021	7 days	£999	FREE	Tilbury
GRAND CANADA, GREENLAND, ICELAND & NORTHERN LIGHTS	4/09/2021	36 days	£5,329	FREE	Tilbury
GRAND BLACK SEA & MEDITERRANEAN	9/10/2021	33 days	£5,439	FREE	Tilbury
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Paddy O'Connell



Support the PBC!

The Paddy Broadcasting Conference, that is

I'VE FINALLY DONE it. I've called the BBC and asked to book the Radio Theatre. Famous for hosting performances by some of the BBC's greatest ever stars, it was once used as a dormitory during the war. And I have to say, I still find its well-upholstered seats tempting when I fancy 40 winks. But I want to invite radio listeners – like you – to join me there, not for a snooze, but for a celebration. And my dander's up.

Some weeks ago, unnamed sources at Number Ten threatened to "whack" the BBC. It was a scoop for *The Sunday Times*, whose owner, Rupert Murdoch, is opening a new radio station called Times Radio. But unlike Rupert, this was a man with no name. In modern Britain, that's the best way to whack people – anonymously.

Now, I've often bashed the BBC here in my column. I called the man who runs it Lord Doo-Dah. I've told you I want to put the brakes on top pay. I'm fed up with the BBC stars who bicker over their dosh in public. I've spotted that most TVs I see are turned off in real time. I've offered to run the place.

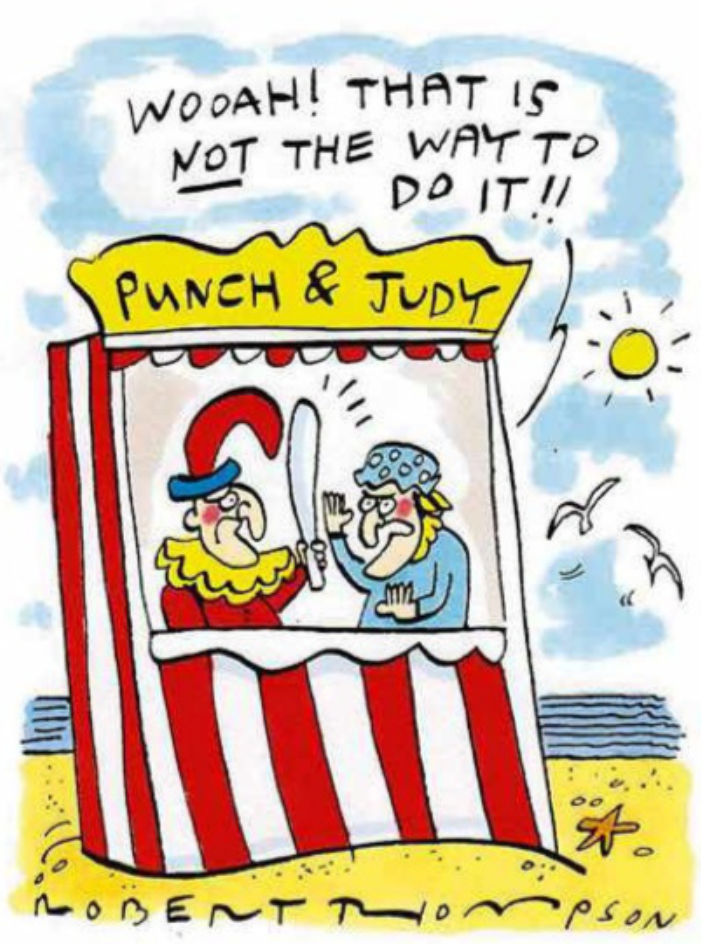
But instead of whacking it, let's celebrate it. Yes, I want a festival for us listeners. Because you

'Instead of whacking the BBC, let's celebrate it'

may have noticed, elsewhere in this issue, that *Radio Times* is once again hosting a Television Festival. But where's our equivalent for radio?

With luck I can book Ken Bruce. I know things about him that I can't ever tell anyone, and I'm sure he'll have to come out of fear. I've got Petroc Trelawny on side. I bet you I could get Chris Evans, now at Virgin, and Moira Stuart, now at Classic FM. I'm calling up my amazing producer friends, my fizzingly talented colleagues in all parts of radio and at the BBC's many rivals, too.

All I need is for you to show your support. If enough of you write to me demanding a radio festival we can assure the BBC we will have a queue round the building for as many days as I can get a booking – please bring sandwiches. We will all go inside and listen to favourite moments and much-loved radio voices. I'll get hold of King George's microphone on which he



gave the first King's Speech. I'll spring Alistair Cooke's typewriter from storage. I'll get John Snagge's recording machine from the Normandy beaches, and Eddie Mair's inflatable cushion he used on his last shift at Radio 4.

I'M NOT GOING to allow a BBC takeover. We won't whack anything. Instead we will replace "whacking" with "listening." Listening! What could this odd concept do to modern Britain! Listening? How can I whack you? I'm LISTENING to you, you buffoon! WHACK!

So, get in touch – and tell me if you'd like to sign up for my Radio Times Radio Festival. Now this is a high-risk strategy, as it may mean paying for a stamp. The Post Office – or Royal Mail, I can't be sure which – has put the price of these up to £1 million. You already pay the licence fee so this must seem absolutely the last straw. Or is it? Perhaps you think BBC radio is worth it. Write me a letter, whack a stamp on and together we can make this festival happen!

Email feedback@radiotimes.com and put Paddy O'Connell in the subject line. Or write via the feedback pages – Letters Editor, Radio Times, Vineyard House, 44 Brook Green, London W6 7BT. Paddy O'Connell hosts Broadcasting House on Sunday at 9am on Radio 4, and co-hosts the podcast Dogpod

REDUX / EYEVINE

SOUND BITES

BY **DAVID HEPWORTH**

In pod they trust – to the tune of $200m



Spotify, which started life as a music streaming service, recently paid a rumoured $200 million to buy the podcast network that produces *The Ringer*, a popular American sports show hosted by Bill Simmons. Companies like Spotify need to keep growing to maintain their sky-high valuations. Podcasts, with their ready-made, upmarket and often loyal audiences, are a good way of doing just that.

Daily delights

What matters in music streaming is how seamlessly you can be led from something you like to something you might like. Spotify is applying the same techniques to speech podcasts. When you've listened to more than four podcasts on Spotify over a 90-day period it starts building a section it calls "Your Daily Podcasts", which it then populates with new episodes of podcasts you have already heard and then, more importantly, other podcasts that it has reason to believe you might like as well. As soon as one finishes it goes on to the next one. Listening to it is rather like listening to, you guessed it, a radio station. The only difference is that you can be sure that your favourite programme won't be followed by the one you always avoid.

Erotic discovery

Dipsea isn't a podcast. It's a subscription-only audio service that increasing numbers of American women are happy to pay for. Started by Faye Keegan and Gina Gutierrez (right), women with backgrounds in brand design and tech, Dipsea offers short dramas of an erotic nature. These are as well written as they can be, given the stricture that the action has to proceed from meeting to climax in the time of the average commute, and as well acted as they can be, given the fact that so much of the acting must necessarily take the form of heavy breathing.



More of the same

The interesting thing is how aspirational it is. The characters always live in nice places, have cool-sounding jobs and moderate opinions. The men are all good listeners, reliably sensitive but also very good with their, er, hands. Like Spotify, Dipsea responds to whatever proves popular by providing more of the same. Last time I looked a story called "Fixer Upper" was up to seven episodes. You can imagine how it goes. Young couple doing home improvements keep getting sidetracked because he thinks she looks so cute with that smudge of paint on her nose and she finds his way with a power tool strangely arousing. Who'd have thought?

SATURDAY Radio

Today's Choices



Archive on 4: Call-Up: The Story of National Service

8.00pm ***Radio 4***

The term "basic training" seems innocuous enough, but to a certain generation of men it invokes the hair-raising start of their two years' National Service. Many conscripts (the last was called up 60 years ago) balked at the strict discipline of this harsh indoctrination – one claims it was "the worst period of my life". Once past this hurdle, it may come as a surprise that some would actually see active service, primarily in Korea, Malaya, Kenya and Egypt. Richard Vinen, whose father was conscripted, anatomises the history of this martial duty with military precision, aided by anecdotal clips from, among others, David Bailey and Bob Monkhouse. **CHRIS GARDNER**

6 Music Festival

All day ***6 Music***

Camden in north London can get pretty lively of a weekend, but with 6 Music taking up residency in the borough for its seventh annual festival, the joints will be well and truly jumping. Highlights today include Paul Weller in conversation with Lauren Laverne (12 noon); the festival climaxes tomorrow night (9pm) with a performance by Kate Tempest. **SIMON O'HAGAN**

DISCOVER RADIO

Bunk Bed

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JANE ANDERSON

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F'view* 700 **F'sat** 700 **Sky** 0101 **Virgin** 901

7.00am Matt and Mollie
10.00 Maya Jama
1.00pm Dev and Alice
4.00 Radio 1's Dance Anthems
7.00 DJ Target 1Xtra takes over.
9.00 1Xtra's Rap Show
11.00 Diplo and Friends
1.00am Radio 1's Asian Beats with Kan D Man & DJ Limelight
3.00 Danny Howard's Club Mix
4.00 Radio 1's Chillout Anthems
5.00 Arielle Free

BBC Radio 2

88–90.2 FM DAB bbc.co.uk/radio2
F'view* 702 **F'sat** 702 **Sky** 0102 **Virgin** 902

6.00am Sounds of the 60s With Tony Blackburn.

8.00 Angela Scanlon Sitting in for Dermot O'Leary, today with guest Rosamund Pike, star of Marjane Satrapi's film *Radioactive*.

10.00 Graham Norton Guests include Helen Baxendale and Paterson Joseph – who star in the BBC1 series *Noughts + Crosses* – and Frankie Bridge (of the Saturdays, ex-S Club 8). Plus mother-and-daughter podcasters Jessie and Lennie Ware (*Table Manners*). See Wed 8pm BBC1 and Thu 9pm BBC1

1.00pm Pick of the Pops Paul Gambaccini with the Top 20s from this week in 1970 and 1989. Repeated Wednesday 3am

3.00 Rylan on Saturday
6.00 Liza Tarbuck
8.00 The Rock Show With Johnnie Walker.

9.00 Paper Cuts Kate Thornton returns with a special one-off edition of the series in which she invites the famous to discuss their life and career. As part of the BBC's Sport Relief 2020, she hears from retired rugby star Gareth Thomas, who in 2010 was awarded Hero of the Year by the LGBT rights charity Stonewall and who is a vocal supporter of the NSPCC and its counselling service ChildLine. Producer Joe Haddow

10.00 The Craig Charles House Party
12.00 Ana Matronic's Dance Devotion
2.00am Sounds of the 20th Century ***2/10.*** Jeremy Vine presents a news-and-culture audio journey recalling 1991 – the second of the ten 1990s-themed editions of a 2012 50-part series. (R)
3.00 Radio 2 In Concert Liam Gallagher's 2017 solo gig, at the BBC Radio Theatre in London. (R)
4.00 Angela Scanlon

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 **Freesat** 707 **Sky** 0120 **Virgin** 909

7.00am Chris Hawkins 6 Music Festival highlights from last night.
10.00 6 Music Festival With Huey Morgan and Liz Kershaw.
12.00 6 Music Festival RT Live from London, Paul Weller joins Lauren Laverne and at **12.30pm** Shaun Keaveny and Jodie Whittaker introduce Jordan Rakai and Sudan Archives. At **4.00** Gilles Peterson, and at **7.00** Mark Radcliffe and Stuart Maconie with music by Kojey Radical, the Orielles and the Big Moon. Plus EOB. At **10.00** Tom Ravenscroft presents Róisín Murphy.
12.00 6 Music Festival Late Live sets by DJs Planningtorock, Elkka and Jamz Supernova perform.
3.00am 6 Music Festival Highlights.
5.00 Jon Hillcock

BBC Radio 3

90.2–92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** 7.00am, 8.00, 8.30, 1.00pm

7.00am Breakfast With Elizabeth Alker.

9.00 Record Review With Andrew McGregor.

9.30 Building a Library Hannah French assesses recordings of Vivaldi's set of 12 concertos – better known as *L'estro armonico* – and picks a favourite.

10.50 On the eve of International Women's Day, Andrew McGregor reviews the most recent releases of music by female composers.

11.25 Andrew's **Recording of the Week** bbc.co.uk/recordreview Disc details are posted on the website EMAIL: recordreview@bbc.co.uk

11.45 Music Matters On the eve of International Women's Day, Tom Service talks to conductor Alice Farnham, who co-founded the Women Conductors course which, since 2016, has been run by the Royal Philharmonic Society. Professor John Richardson and researcher Jelena Novak talk about their new book *Einstein on the Beach: Opera beyond Drama*, assessing the legacy of Philip Glass's landmark 1976 opera. Rptd Monday 10pm

12.30pm This Classical Life Saxophonist Jess Gillam is joined by composer Grace-Evangeline Mason to swap tracks and share discoveries, with music by Mica Levi, Kaija Saariaho and Joni Mitchell and others. See tomorrow 12 noon and 5pm

1.00 Inside Music Musicians offer an insider's take on various works, today with award-winning fiddle-singer and composer Nancy Kerr, who combines folk mythology with tales of 21st-century life. Here she chooses pieces that highlight the lines of connection between wildly different musical styles, with music by Bartok, Vaughan Williams, Dvorak, Holst and Bach, and a recording by Romani group Taraf De Haidouks.

3.00 Sound of Cinema Matthew Sweet meets the Oscar-winning Canadian composer Mychael Danna (*Life of Pi*) who with Jeff Danna has written the score for the new Pixar film *Onward*, released this week.

4.00 Music Planet Lopa Kothari presents a live session by Columbian band Cimarrón and a review of the latest releases. This week's **Classic Artist** is Egyptian diva Oum Kalsoum (1898–1975).

5.00 J to Z On the eve of International Women's Day, Jumoké Fashola celebrates women in jazz. She is joined in session by vocalist and violinist Alice Zawadzki, whose latest album, *Within You Is a World of Spring*, draws from folk, alt-rock and other genres.

6.30 Opera on 3 from the Met Mozart's spicy tale of love and treason, *Cosi fan tutte*, performed today at the Metropolitan Opera House in New York. In Mozart's final collaboration with librettist Lorenzo Da Ponte, two young officers in the Neapolitan army enter a bet to see if their girlfriends will be faithful, with intriguing results. Presented by Mary Jo Heath with Ira Siff.

Mozart *Cosi fan tutte*

Fiordiligi	**Nicole Car** (soprano)
Dorabella	**Serena Malfi** (soprano)
Despina	**Heidi Stober** (mezzo)
Ferrando	**Ben Bliss** (tenor)
Guglielmo	**Luca Pisaroni** (bass-baritone)
Don Alfonso	**Gerald Finley** (baritone)

New York Metropolitan Opera Orchestra, conductor Harry Bicket

10.00 New Music Show Tom Service showcases new music in exclusive concert recordings, including the world premiere of *Symphonies in Chains* by Piers Hellawell, performed in January by the Ulster Orchestra in the Ulster Hall in Belfast. There's also an in-depth interview by Robert Worby with composer Frank Denyer, whose music is distinguished by a keen sensitivity to sound. Each of his works is written for a unique combination of instruments – more often than not a combination that no composer has dreamed of before.

12.00 Freeness Corey Mwamba with improvisatory explorations within African avant-garde music, featuring a collaboration between South African musician Gugulethu Duma (aka Dumama) and Algerian-German composer and musician Kechou. Plus driving grooves from the new release by Wildflower and an electro-acoustic piece by Russian musician Ilia Belorukov, who makes music with percussion, field recordings and samples.

1.00am Through the Night Marking International Women's Day, Catriona Young celebrates female composers, beginning with a concert by the Bern Chamber Orchestra recorded in June 2019 at the Yehudi Menuhin Forum in Bern. **Smyth** *Concerto in A for violin and horn* **Clara Jass** *Zytglogge* **Gabrielle Brunner** *Six Pictures for Orchestra* **Farrenc** *Symphony No 3 in G minor* Agata-Maria Raatz (violin), Zora Slokar (horn), Bern Chamber Orchestra, conductor Graziella Contratto **2.21 Pejacevic** *Life of Flowers, Op 19*
2.42 Ana Milosavljevic *Red*
2.48 Tailleferre *Arabesque*
2.52 Kuyper *Der Pfeil und das Lied; Marien Lied; Ich komme heim aus dem Sonnenland*
3.01 Bacewicz *Violin Concerto No 4*
3.26 Walpurgis *Talestri, regina delle Amazon (excerpts)*
4.05 Carreño *Petite Valse*
4.09 Jocelyn Pook *Mobile*
4.14 Calame *Sur la margelle du monde*
4.25 Glanville-Hicks *Three Gymnopedies*
4.34 Ester Magi *Tuule Tuba*
4.42 La Guerre *Sonata in D for two violins and continuo*
4.51 Clara Schumann *Prelude and Fugue in B flat, Op 16 No 2*
4.56 Van Rennes *Zwaluwenvlucht, Op 59 (selection)*
5.01 Pejacevic *Nocturne*
5.05 Boulanger *Nocturne for flute and piano*
5.09 Cozzolani *O quam bonus es*
5.19 Fanny Mendelssohn *Piano Sonata in C minor*
5.34 Chaminade *Flute Concertino, Op 107*
5.42 Maurice *Tableaux de Provence*
5.57 Aulin *String Quartet in F*
6.23 Rossi *Duol sofferto per amore (Sant' Alessio)*
6.30 Hildegard of Bingen *Ave generosa*
6.35 Leonarda *Sonata prima a 4*
6.45 Van den Bergh *Lied für Piano-Forte*
6.50 Coulthard *Four Irish Songs*

Scala Radio

DAB scalaradio.co.uk Sky 0216

6.00am In the Park Calming sounds.
7.00 Angellica Bell Uplifting music.
10.00 Simon Mayo With the classical Top 20, Nigel Barden's food tips at **11.30** and a repeat of Thursday's **Book Club** interview with Joanna Trollope.
1.00pm Mark Kermode An International Women's Day special curated by composers Anne Dudley, Rachel Portman and Amelia Warner.
3.00 Jack Pepper's Culture Bunker
5.00 The Console with Luci Holland A Bafta Games Awards special featuring highlights of nominated scores announced last Tuesday.
6.00 Hannah Cox A selection of music.
8.00 Saturday Night Scala With Darren Redick.
11.00 The Space 1.00am Night Music

Absolute Radio

DAB absoluteradio.co.uk
F'view 727 **F'sat** 724 **Sky** 0107 **Virgin** 915

8.00am Frank Skinner 11.00 Sarah Champion 2.00pm Rock 'n' Roll Football 5.00 Andy Bush's Indie Disco 7.00 Absolute Classic Rock Party 10.00 Dan Noble 4.00am Ross Buchanan

Classic FM

99.9–101.9 FM DAB classicfm.com
Freeview 731 **Freesat** 721 **Sky** 0106 **Virgin** 922

7.00am Alan Titchmarsh
10.00 Bill Turnbull With popular favourites.
1.00pm Alexander Armstrong
3.00 Moira Stuart's Hall of Fame Concert Classic FM Hall of Fame works played in full, today with Copland, Mozart, Elgar, John Williams, Sibelius and Tchaikovsky.
5.00 Saturday Night at the Movies Andrew Collins celebrates International Women's Day with highlights of film and TV scores by Oscar-winner Hildur Gudnadottir (*Joker*, *Chernobyl*), Rachel Portman (*Chocolat*) and Anne Dudley (*Poldark*).
7.00 Cowan's Classics Rob Cowan with music by Rossini and Puccini in a programme featuring recordings by the Chicago Symphony Orchestra and tenor Léopold Simoneau and soprano Pierrette Alarie. Plus a tribute to Austrian conductor Michael Gielen (1927–2019).
9.00 Beethoven: the Man Revealed ***10/52.*** John Suchet looks at two drinking songs and the work that first caught the attention of Haydn.
10.00 Smooth Classics With Myleene Klass.
1.00am Katie Breathwick 4.00 Jane Jones

BBC Radio 4

92.4–94.6 FM 198 LW DAB bbc.co.uk/radio4
For national frequencies see p133

Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0143 (LW) **Virgin** 904 (FM) 911 (LW)

News 5.30am, 6.00 and hourly to 2.00pm, 4.00 and hourly to 12 midnight
Weather 6.04am, 6.57, 7.57, 12.57pm, 5.57, 9.59, 12.29am
Shipping Forecasts 5.20am, 12.01pm (*LW*), 5.54, 12.48am

5.30am News Briefing

5.43 Prayer for the Day
With Vishva Samani, a Hindu centred in Vedanta, the philosophical teachings of the Upanishads.

5.45 The Curious Cases of Rutherford and Fry
5/6. Mathematician Hannah Fry and geneticist Adam Rutherford investigate everyday science mysteries sent in by listeners. Repeated from Wed

6.00 News and Papers

6.07 Ramblings
4/7. Clare Balding visits the ancient labyrinth on top of St Catherine's Hill in Winchester, Hampshire, to discover the meaning and purpose of this kind of spiritual maze-like path that encourages walking meditation. Leading the walk is Brian Draper, who runs soulful retreats in nature. Repeated from Thursday

6.30 Farming Today This Week
News about food, farming and the countryside.

7.00 Today
With Martha Kearney and Justin Webb.

7.20 Yesterday in Parliament

7.25, 8.25 Sports news

7.48 Thought for the Day
With Chine McDonald.

8.51 *LW* **Yesterday in Parliament**

9.00 Saturday Live
Extraordinary stories and remarkable people, with Richard Coles and Aasmah Mir. Their main guest is the Radio 2 presenter Jo Whiley, with **Inheritance Tracks** chosen by Kristin Scott Thomas, who stars opposite Sharon Horgan in Peter Cattaneo's new film *Military Wives*.
Producer Louise Corley
See Monday 7pm Radio 2
Feature: page 32

10.30 The Patch
4/7. **Tiptree, Essex.** Producer Eliza Lomas comes on board *The Patch*, the programme that finds unheard stories in randomly-generated postcodes. For her first attempt Lomas gets CO5 0 – Tiptree, in Essex, a place known for producing jam and for its "Britain's largest village" title. But right now, the residents of this peaceful village are fearful. They say they're experiencing crime like never before. But is it really happening? And if so, why? The answers involve late-night walks searching for private security, a police patrol round the village, and the local Crimewatch Facebook page.
Producer Eliza Lomas; Series producer Polly Weston

11.00 The Week in Westminster

11.30 From Our Own Correspondent
Presented by Kate Adie.

12.04pm Money Box
Personal finance, including impartial advice.
Repeated tomorrow at 9pm
Your RT Money: page 140

12.30 The Now Show
1/6. Steve Punt and Hugh Dennis present a satirical look through the week's news, with guest comedians Geoff Norcott, Darren Harriott and Rachel Parris. Rptd from yesterday

1.00 News

1.10 Any Questions?
Chris Mason presents from Horsham, West Sussex, with a panel including the director of the Social Market Foundation think tank James Kirkup, the national coordinator of Momentum Laura Parker, and Conservative MP Theresa Villiers. Repeated from yesterday

2.00 Any Answers?
Listeners have their say on the week's issues.
PHONE: 0370 010 0444 Lines open from 12.30pm
EMAIL: any.answers@bbc.co.uk

2.45 One to One
Professor of Modern Literary Theory Josh Cohen talks to Verity Sharp about the importance of a relaxed attitude to life as an aid to creativity, and how boredom can be a good thing. Producer Sarah Bunt (R)

3.00 Drama: Love Henry James: The Turn of the Screw
Adaptation by Linda Marshall Griffiths of the haunting 1898 novella by Henry James. A governess is sent to care for two orphaned children in a remote country estate. She soon becomes convinced that forces of evil want to take possession of the children but her struggle to protect them from harm leads to a devastating conclusion.

Henry James	**John Lynch**	Mrs Grose/Miss Jessel	
The Governess	**Kate Phillips**		**Krissi Bohn**
Peter Quint/Lord	**Jake Ferretti**	Miles	**Elijah Wolf**
Flora	**Poppy O'Brien**		

Producer/Director Nadia Molinari (R)

4.00 Weekend Woman's Hour
With Jane Garvey.
EMAIL: womanshour@bbc.co.uk

5.00 Saturday PM With Caroline Wyatt.

5.30 The Bottom Line
5/8. Plunging stockmarkets and a big drop in oil prices were inescapable signs of the impact that the coronavirus had on business and the economy as the world woke up to the threat the disease posed. With the travel industry particularly badly hit, how is business responding? And how should it plan for the future? Evan Davis and a trio of guests discuss. Repeated from Thursday

6.00 Six o'Clock News

6.15 Loose Ends
Nikki Bedi and Athena Kugblenu are joined by Vicki Pepperdine, Tanita Tikaram, Gugu Mbatha-Raw and Suzi Ruffell. With music from Unnati and Joy Crookes.
Producer Sukey Firth Repeatetd Monday 11.30am

7.00 Profile
The personality of a figure who is making the headlines. Repeated tomorrow 5.40pm

7.15 Saturday Review
Tom Sutcliffe is joined by Christopher Frayling, Abigail Morris and Catherine O'Flynn to discuss: Josh Azouz's play *The Mikvah Project* at the Orange Tree theatre in Richmond, London; Julian Jarrold's movie *Sulphur and White*; the concluding novel in Hilary Mantel's Cromwell trilogy, *The Mirror and The Light* (featured on Radio 4 from 16 March); and the group exhibition Among The Trees at the Hayward Gallery in London. Producer Oliver Jones

8.00 Archive on 4: Call Up: the Story of National Service
RT Sixty years after the last conscripts arrived at their barracks and queued for their kit, historian Richard Vinen uncovers stories of some of the two million men who went through National Service.
Producer Julia Johnson

9.00 Drama: Take-Away
4/5. **Ciao Chapeltown.** Series of five linked comedy dramas about an immigrant fish-and-chip shop run by different families through the decades. It is 1953 and the coronation. Vito is expecting his mother from Italy for the celebrations. So why is he dreading her visit? By Sharon Oakes.

Eileen	**Sue Kelly**	George	**Russell Dixon**
Gianni	**Joseph Alessi**	Vito	**Andonis Anthony**
Caterina	**Flaminia Cinque**	Fred	**Seamus O'Neill**

Producer/Director Gary Brown (R)

9.45 Annika Stranded
4/8. **Folk Music.** Nicola Walker reads another of Nick Walker's cases. In *Folk Music*, Annika is on the roof of a concert hall, talking to a famous violinist who is sitting too close to the edge for her liking. Producer Jeremy Osborne (R)

10.00 News and Weather

10.15 The Moral Maze
5/8. Michael Burke is joined by Nesrine Malik, Michael Portillo, Melanie Phillips and Matthew Taylor. Repeated from Wednesday

11.00 Round Britain Quiz
8/12. The North of England's pairing of Stuart Maconie and Adele Geras take on Stephen Maddock and Elizabeth-Jane Burnett, with Tom Sutcliffe asking the questions.
Repeated from Monday

11.30 Conversations on a Bench
1/3. Anna Scott-Brown returns with the programme in which she invites stories from people who stop to sit beside her on a bench. She begins in Falmouth, Cornwall.
Repeated from Sunday

12.00 News and Weather

12.30–12.45am Short Works
An original story created for radio.
Repeated from yesterday

1.00 as BBC World Service

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freesat** 708 **Sky** 0131 **Virgin** 910

6.00am Headlong Hall as 4pm
7.30 Reimagining the City as 5.30pm
8.00 Archive on 4: The Art of the Lyricist
9.00 The Lives and Work of Somerset Maugham as 7pm
12.00 Booked Literary game (1/6)
12.30pm Ayres on the Air Sketch show (1/4)
1.00 The Leopard Giuseppe Tomasi di Lampedusa's 1958 novel chronicling Don Fabrizio Corbera, the Prince of Salina, set in 19th-century Siciliy during the Risorgimento (the unification of Italy). Translated by Archibald Colquhoun. Abridged by Sara Davies and read by Alex Jennings – omnibus (1–5/10)
2.10 Inheritance Tracks Scottish actor Brian Cox discusses recordings by Al Jolson and the Beach Boys
2.15 With Great Pleasure
With novelist Jacqueline Wilson. From 2009
2.45 Uncle Mort's North Country Series two of the Peter Tinniswood comedy. From 1989 (5/5)
3.00 Archive on 4: The Art of the Lyricist
West End star Clarke Peters tours the BBC archive to explore the intricate craft of the lyricist. From 2016
4.00 Headlong Hall Michael Hordern narrates James Saunders's dramatisation of Thomas Love Peacock's 1816 novella in which a Welsh squire becomes seized with a passion to form the acquaintance of philosophers and dilettanti. From 1988
5.30 Reimagining the City Novelist and academic Amit Chaudhuri (*Freedom Song*) offers his perspective on Calcutta. From 2014 (3/3)
6.00 And When You Sleep You Remind Me of the Dead Supernatural thriller by Trevor Walker. Young Tracy has a terrifying recurring dream, and her situation takes a turn for the worse when her nightmares start to bleed into reality. With Graham Padden, Natasha Pyne and others. From 1987
6.45 Above the World Eerie tale by Ramsay Campbell. A man visits the mountainous Lake District location where his ex-wife and her new husband died. Read by Sean Barrett. From 1984
7.00 The Lives and Work of Somerset Maugham Simon Fanshawe profiles the hugely successful novelist, playwright and short story author W Somerset Maugham (1874–1965), whose works include *Of Human Bondage* (1915), *The Moon and Sixpence* (1919), *The Painted Veil* (1925) and *The Razor's Edge* (1944). The programme explores his private lives both as an establishment figure and as a gay man. From 2015
10.00–12.00 Comedy Club: Josh Howie's Losing It (6/6), at **10.30 Chain Reaction** (4/6), at **10.55 Interview**, at **11.00 Newsjack** (4/6), at **11.30 Elis James' Pantheon of Heroes** (3/3)
12.00 as 6pm **12.45am** as 6.45pm **1.00** as 1pm **2.10** as 2.10pm **2.15** as 2.15pm **2.45** as 2.45pm **3.00** as 3pm **4.00** as 4pm **5.30** as 5.30pm

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview* 710 **Freesat** 711 **Sky** 0115 **Virgin** 906

Programmes may differ online, and on Freesat, Sky, and Virgin
5.00am News **5.05** The Newsroom **5.30** Trending **5.50** World Wise Web **6.00** News **6.05** Weekend **8.30** In the Balance **9.00** News **9.05** The World This Week **9.30** The Documentary: The Detransitioners **10.00** Sports Hour **11.00** News **11.05** The Newsroom **11.30** Trending **11.50** Over to You **12.05pm** Music Life: Sarathy Korwar **1.00** Newshour **2.00** News **2.05** Sportsworld **3.00** News **3.00** Sportsworld **4.00** News **4.00** Sportsworld **5.00** News **5.00** Sportsworld **6.00** The Newsroom **6.30** Trending **6.50** World Wise Web **7.00** News **7.05** The History Hour **8.00** News **8.05** The Arts Hour **9.00** Newshour: the stories behind the latest headlines **10.00** News **10.05** The Newsroom **10.20** Sports News **10.30** Boston Calling: the news from an American perspective **11.00** News **11.05** From Our Own Correspondent: reports from BBC correspondents around the world **11.30** Outlook **12.00** News **12.05am** Hardtalk **12.30** Crowd Science **1.00** News **1.05** The World This Week **1.30** In the Balance: the global economy **2.00** News **2.05** The Newsroom **2.30** Tunnel 29 **2.50** Over to You **3.00** News **3.05** World Book Club: Leila Slimani **4.00** News **4.05** From Our Own Correspondent **4.30** Boston Calling

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 **F'sat** 705 **Sky** 0105 **Virgin** 905
Sports Extra F'view 706 **F'sat** 706 **Sky** 0144 **Virgin** 908

News and **sport** bulletin every half-hour
Times vary during live sports coverage

5.00am 5 Live Boxing

5.30 Robbie Savage's Premier League Breakfast

6.00 Saturday Breakfast

9.00 Scott Mills and Chris Stark

11.00 Fighting Talk

12.00 5 Live Sport
Mark Chapman presents build-up to today's action, with updates from Liverpool v AFC Bournemouth. At **3.00** there's live commentary on a Premier League game – with updates from the other matches, followed at **4.45** by live rugby union commentary on England v Wales in the Six Nations. The other Six Nations match due to take place today – Ireland v Italy – was postponed because of fears over the coronavirus.

5 Live Sports Extra *Digital only*
12.00 Women's Rugby Union
England v Wales (kick-off **12.05pm**), in the Six Nations.
2.25 Live rugby union commentary on Exeter Chiefs v Bath in the Engish Premiership, replacing what would have been commentary on Ireland v Italy.

7.00 6-0-6
Alistair Bruce-Ball and Chris Sutton elicit football views from listeners.

8.30 Kermode and Mayo's Film Review Weekly guide.

9.30 Stephen Nolan

12.00 All Hail Kale
9/10. Tim Samuels with wellness tips.

12.30am Hooked
Melissa Rice and Jade Wye debunk the stereotypes associated with addicts and addiction.

1.00 Up All Night
With Dotun Adebayo.

Talksport

1053, 1089 MW DAB talksport.co.uk
F'view 723 **F'sat** 731 **Sky** 0108 **Virgin** 927

6.00am GameDay Breakfast
Presented by Georgie Bingham and Tony Cascarino.
9.00 GameDay Warm Up With Max Rushden and Charlie Baker.
11.00 GameDay Exclusive
Liverpool v Bournemouth.
2.30pm GameDay Live
Adrian Durham presides over the day's 3pm kick-offs.
5.15 GameDay Exclusive
Burnley v Tottenham Hotspur at Turf Moor (kick-off 5.30pm).
7.30 GameDay: Your Verdict
9.00 Fight Night
With Adam Catterall.
12.00 Extra Time

LBC

97.3 FM (London area) DAB lbc.co.uk
F'view 732 **F'sat** 734 **Sky** 0124 **Virgin** 919

5.00am Best of Steve Allen
6.00 In Conversation with Steve Allen
7.00 Andrew Castle
10.00 Matt Frei
12.00 Maajid Nawaz
3.00pm Ian Payne
6.00 Clive Bull
10.00 Nick Abbot
1.00am Matt Stadlen

Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 **F'sat** 709 **Sky** 0119 **Virgin** 912

5.00am Desi Dancefloor Mix
5.30 AJD's Bhangra versus Bollywood Mix
6.00 Jasmine Takhar
10.00 Raj and Pablo
1.00pm Eshaan, Sunil and Nim
4.00 AJD

*Not available on Freeview in Scotland 4pm–1am. **Key** (R) Repeat

Listen live, catch up and follow your favourites at **bbc.co.uk/sounds**

Wine Five crimes against wine YOUR RT P137

SUNDAY Radio

Today's Choices



World Book Club
2.00pm ***BBC World Service***

For the third programme in *World Book Club*'s year-long celebration of books written by women, the Moroccan-French writer Leila Slimani (above) talks about her daring, disturbing novel *Lullaby* in front of an audience at the BBC Radio Theatre. From "I've never felt I belong to any community" to "It's not the job of the novelist to identify with their characters – that's for the readers to do", Slimani's independence of thought is bracing. Presenter Harriett Gilbert doesn't hide her admiration. **SIMON O'HAGAN**

International Women's Day
All day ***Radio 3***

Radio 3 marks International Women's Day with an all-day focus, with highlights including the premiere of a an a cappella choral work, *The Seven Ages of Woman*, co-composed by seven women whose own birth dates span seven decades; a portrait of Élisabeth Jacquet de La Guerre, a musical star at the court of the Sun King; and a *Listening Service* introduction to the sound-world of Finnish composer Kaija Saariaho. **MARK PAPPENHEIM**

Drama on 3: Only Mountains
7.30pm ***Radio 3***

Radio feature: page 114

DISCOVER RADIO

Ethan Frome by Edith Wharton
A 10-part reading of Edith Wharton's novel about a young man desperate to escape a loveless marriage. Set in a freezing New England winter, the rural town of Starkfield lives up to its name – but fiery passions burn. **JANE ANDERSON**
Listen at *bbc.co.uk/sounds*

BBC Radio 1

97.6–99.8 FM DAB bbc.co.uk/radio1
F'view* 700 **F'sat** 700 **Sky** 0101 **Virgin** 901

7.00am Matt and Mollie
10.00 Radio 1 Anthems
11.00 Jordan North Music and chat.
1.00pm Dev and Alice
4.00 Radio 1's Life Hacks
6.00 The Official Chart: First Look
7.00 Radio 1's Chillest Show
9.00 Daniel P Carter Loud rock.
11.00 BBC Music Introducing
1.00am Radio 1's Residency
3.00 The Gemma Collins Podcast
3.40 Radio 1 and 1Xtra's Stories
4.00 Adele Roberts

BBC Radio 2

88–90.2 FM DAB bbc.co.uk/radio2
F'view* 702 **F'sat** 702 **Sky** 0102 **Virgin** 902

6.00am Good Morning Sunday The Rev Kate Bottley hears from inspirational women in sport.
9.00 Steve Wright's Sunday Love Songs Personal dedications.
11.00 The Michael Ball Show
1.00pm Elaine Paige on Sunday
3.00 Sounds of the 70s Johnnie Walker welcomes Saxon lead singer Peter "Biff" Byford.
5.00 Alan and Mel
7.00 Claudia Winkleman *Catastrophe* co-creator Sharon Horgan discusses Peter Cattaneo's new film *Military Wive*s, in which she stars opposite Kristin Scott Thomas. And Georgia LA identifies apps that can help with everyday life.
Feature: page 32
9.00 James Taylor's Great American Songbook ***1/2.*** US folk-pop star James Taylor presents a personal guide to the Great American Songbook, exploring the enduring appeal of standards such as *Makin' Whoopee* and *God Bless the Child*. He reveals how melodies, chord changes and lyrics have influenced his own style, looking at the craft of teams such as Rodgers and Hammerstein and assessing the negative impact of modern production. With music by Ray Charles and Betty Carter, Billie Holiday, Nina Simone and fellow singer/songwriters Joni Mitchell, Paul McCartney and Lady Gaga. Producer Kellie While See Wed 9pm
10.00 The Swing and Big Band Show with Clare Teal
11.00 Don Black ***9/13***
12.00 OJ Borg
3.00am Sounds of the 60s (R)

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 **Freesat** 707 **Sky** 0120 **Virgin** 909

7.00am Chris Hawkins
10.00 6 Music Festival RT From Camden in London, Cerys Matthews presents live music by the Roundhouse Choir. At **1.00pm** Mark Radcliffe and Stuart Maconie present the Staves and Ghostpoet. From **4.00** Mary Anne Hobbs presents live music from the Hot 8 Brass Band and Nadine Shah. Plus a chat with Jehnny Beth. Amy Lamé and Gideon Coe take over at **6.00**, with Anna Meredith, Squid and Kim Gordon. At **9.00** Tom Robinson introduces Bombay Bicycle Club and Kate Tempest.
12.00 6 Music Festival Replay of Nadine Shah's set at the Roundhouse. **1.00am** Kim Gordon's performance. **2.00** Robert Glasper's set, recorded on Saturday daytime at London's Dingwalls. **3.00** Bombay Bicycle Club's set. **4.00** Friday's live set by Sports Team.
5.00 Chris Hawkins

BBC Radio 3

90.2–92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** 7.00am, 8.00, 8.30, 1.00pm

INTERNATIONAL WOMEN'S DAY
Radio 3 presents a day of programmes celebrating female composers and conductors

7.30am Breakfast With Martin Handley.
9.00 Sunday Morning With Sarah Walker.
12.00 Private Passions Michael Berkeley presents highlights of previous editions in which his guests championed works by women. Featuring Turner-Prize-winner Helen Cammock, actress Greta Scacchi, scientist Uta Frith, biographer Lucasta Miller and architect Daniel Libeskind, with music by Maria Cosway, Hildegard of Bingen and Kaija Saariaho, and a recording by Nina Simone. See 5pm
1.00pm Radio 3 Lunchtime Concert To mark International Women's Day, Radio 3 has commissioned seven very different composers to write a movement each of an *a cappella* choral work entitled *Seven Ages of Woman*. Each composer represents her own decade, from Helena Paish in her teens, to established Welsh composer Rhian Samuel.
2.00 The Early Music Show Lucie Skeaping looks into the life and music of French Baroque composer Elisabeth Jacquet de la Guerre (1665–1729), renowned throughout Paris as a teacher and harpsichordist. She was the first woman in France to compose an opera, and is remembered for her innovative sonatas and cantatas.
3.00 Choral Evensong From the Chapel of The Queen's College in Oxford, recorded 29 October 2019. Introit: God Be in My Head (Judith Bingham). Responses: Debbie Carter Rose. Psalm 119, vv105–128 (Fiske Scott, Humberston, Poston). First Lesson: Judges 4, vv4–10. Canticles: Magnificat and Nunc Dimittis for Double Chorus (Roxanna Panufnik). Second Lesson Acts 16, vv11–15. Anthem: He That Dwelleth in the Secret Place of the Most High (Clarke). Hymn: The Lord's My Shepherd (*Crimond*). Prayer Anthem: Ave Regina Caelorum (Cecilia McDowall). Voluntary: Prelude and Fugue on O Traurigkeit, O Herzeleid (Smyth). Repeated from Wed
4.00 Jazz Record Requests Alyn Shipton presents requests for music by female composers, among them Mary Lou Williams, Peggy Lee, Geri Allen, Carla Bley and Maria Schneider. ADDRESS: *Jazz Record Requests*, BBC Radio 3, Broadcasting House, London W1A 1AA EMAIL: jazz.record.requests@bbc.co.uk
5.00 The Listening Service Tom Service explores the beguiling sound world of Helsinki-born, Paris-based composer Kaija Saariaho, whose music is at once dark and dazzling, immediate and sensual. Producer David Papp
5.30 Words and Music **Goddesses and Monsters.** An exploration of women, sacred and profane. Keziah Joseph and Jenet Le Lacheur reads works by Sylvia Plath, Anne Sexton, Vandanna Khanna and Margaret Atwood. Producer Caitlin Benedict EMAIL: wordsandmusic@bbc.co.uk For details of the music and verse heard in this programme visit bbc.co.uk/radio3/wordsandmusic
6.45 Sunday Feature: Queen of Technicolor Dublin-born actress Maureen O'Hara (1920–2015) became one of Hollywood's biggest stars of the 1940s and 50s thanks to gaudy swashbucklers and collaborations with director John Ford and lifelong friend John Wayne, with whom she starred in Ford's 1952 hit *The Quiet Man*. But she came to resent being cast for her great beauty and longed for the serious "character" roles of her early career. Ahead of the 100th anniversary of her birth, Marie-Louise Muir explores how O'Hara fought against the men who controlled her life, took on the Hollywood gossip industry, and spoke out against the casting couch.
7.30 Drama on 3: Only Mountains RT Political work by Maxine Peake. When Pearl chooses Istanbul for her best friend's hen do, it isn't just the beautiful location that draws her there. Pearl meets people from the Kurdish community, and her political convictions are strengthened through her encounters. But when she makes the decision to join an all-female Kurdish militia, will her friends be able to change her mind?

Pearl	**Lyndsey Marshal**	Ruth	**Dawn Sievewright**
Berglin/Layla	**Shaniaz Hama Ali**	Jess	**Carla Henry**
Nesrin/Herwaz/Medya/Havin	**Arazou Baker**	Tahlia	**Mercedes Assad**
		Salar	**Murat Erkek**

Director Nadia Molinari
Feature: page 114
9.00 Radio 3 in Concert Penny Gore with a concert recorded on 31 January at the BBC's Maida Vale Studios. **Elisabetta Brusa** *Firelights (first UK performance)* **Tailleferre** *Ballade for piano and orchestra* **Pauline Viardot** *Choeur bohémien; Bonis: L'Oiseau bleu, Op 74* BBC Singers, conductor Grace Rossiter **Clara Schumann** *Notturno (Soireés musicales, Op 6)* Alexandra Dariescu (piano) **Victoria Borisova-Ollas** *The Kingdom of Silence (first UK performance)* **Judith Weir** *Heroic Strokes of the Bow* Alexandra Dariescu (piano), BBC SO, conductor Stefan Solyom
11.30 Nordic Sounds ***2/3.*** Eleanor Rosamund Barraclough continues her look at Nordic history, culture and identity.
12.30am Through the Night With Catriona Young. Jordi Savall conducts Vivaldi's *Juditha Triumphans*. **Vivaldi** *Concerto in D, RV562 (1st and 3rd mvts); Violin Concerto in D, RV230 (L'estro armonico) (2nd mvt); Juditha Triumphans* Soloists and La Capella Reial de Catalunya, Le Concert des Nations, conductor Jordi Savall **2.54 Mozart** *Piano Sonata in D, K284* **3.26 Lisinski** *Overture: Porin* **3.37 Byrd** *First Pavan and Galliarde* **3.43 Stainov** *The Secret of the Struma River* **3.51 Fesch** *Concerto No 3 in G (Six Concerti Opera Quinta, Op 5)* **3.59 Barber** *Adagio for Strings* **4.07 Humperdinck** *Dream Pantomime (Hansel and Gretel)* **4.16 Albéniz, arr Segovia** *Asturias (Suite española, Op 47)* **4.23 Shostakovich** *Festive Overture, Op 96* **4.31 Weber** *Overture: Der Freischütz* **4.41 Handel** *Suite No 2 in F, HWV427* **4.50 Bach** *Four Schemelli Chorales (BWV478, 484, 492 and 502)* **5.00 Rangstrom** *Suite No 1 for Violin and Piano No 1 (In modo antico)* **5.09 Bouwman** *Thalia* **5.17 Scarlatti** *Two Keyboard Sonatas in D minor, K41 and K18* **5.27 Brahms** *Trio for viola, cello and piano (Op 114) in A minor* **5.53 Grieg** *Lyric Pieces Book 1, Op 12* **6.05 CPE Bach** *Flute Concerto in G, Wq169* (R)

Scala Radio

DAB scalaradio.co.uk Sky 0216

6.00am In the Park Calming sounds.
7.00 Anne Frankenstein Sitting in for Jamie Crick.
10.00 Jamie Crick Sitting in for Chris Rogers.
1.00pm Scala Radio presents the Music of James Bond with David Arnold ***New series 1/5.*** David Arnold, who has scored five James Bond films, explores music from the series, starting with the early golden era: *Dr No*, *From Russia with Love*, *Goldfinger*, *Thunderball* and *You Only Live Twice*.
3.00 Alexis Ffrench Alexis Ffrench presents classical and classically-inspired recordings.
5.00 The Scala Jukebox With Sam Hughes.
6.00 Penny Smith New releases.
8.00 Sunday Night Scala With Darren Redick.
10.00 The Console with Luci Holland (R)
11.00 The Space Atmospheric music.

Absolute Radio

DAB absoluteradio.co.uk
F'view 727 **F'sat** 724 **Sky** 0107 **Virgin** 915

8.00am Jason Manford 11.00 Sarah Champion
2.00pm Jay Lawrence 6.00 Request Show
8.00 Sunday Night Music Club 12.00 Dan Noble

Classic FM

99.9–101.9 FM DAB classicfm.com
Freeview 731 **Freesat** 721 **Sky** 0106 **Virgin** 922

7.00am Aled Jones
10.00 Bill Turnbull With popular favourites.
1.00pm Alexander Armstrong Uplifting music.
3.00 John Humphrys Music by Schubert and Strauss and a celebration of British composer Doreen Carwithen (1922–2003), who in 1947 became the first student chosen from the Royal Academy of Music to join a film-score apprenticeship designed to train young composers.
5.00 David Mellor A playlist featuring recent releases by the Sixteen and the London Symphony Orchestra, with music by Allegri and Schumann. Plus French orchestral works.
7.00 Smooth Classics Charlotte Hawkins showcases US violinist Stefan Jackiw with his recording of Beethoven's *Triple Concerto*.
9.00 Everything You Ever Wanted to Know about Classical Music With just two weeks left in which to vote in the Classic FM Hall of Fame, soprano Catherine Bott explores works featured in Previous Top 300s.
10.00 Smooth Classics 1.00am Sam Pittis

SHUTTERSTOCK

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BBC Radio 4

92.4–94.6 FM 198 LW DAB bbc.co.uk/radio4
For national frequencies see p133
Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0143 (LW) **Virgin** 904 (FM) 911 (LW)

News 5.30am, 6.00, 7.00, 8.00, 9.00, 12 noon and hourly to 12 midnight
Weather 6.57am, 7.57, 12.57pm, 5.57, 9.59, 12.15am
Shipping Forecasts 5.20am, 12.01pm (*LW*), 5.54, 12.48am

5.30am News Briefing

5.43 Bells on Sunday
The morning bells from the Collegiate Church of the Holy Cross in Crediton, Devon.

5.45 Lent Talks
1/6. Anglican priest Rachel Mann reflects on the events leading up to Jesus's crucifixion and on her journey of identity as a trans woman.
Repeated from last Wednesday

6.00 News Summary

6.05 Something Understood
Temptation. During Lent, Mark Tully examines the role that temptation plays in both spiritual and secular life. With music by Liszt, Parry and Nina Simone, and readings from works by RS Thomas, John Betjeman and Rosalind Coward. The readers are Robert Glenister, Francis Cadder and Julie Covington.
Producer Frank Sterling (R)

6.35 My Living World
New series. 1/4. **Winter Flies.** Hannah Stitfall and Billy Clark explore the *Living World* archive in a programme that finds out what happens to flies in winter. Producer Sarah Blunt

7.00 News; Sunday Papers

7.10 Sunday
Religious and ethical headlines.

7.54 Radio 4 Appeal
Konnie Huq appeals on behalf of the charity Scottish Love in Action, which partners with grassroots Indian organisations that care for, educate and empower vulnerable children and young people. Producer Kate Howells
Repeated 9.25pm and Thursday 3.27pm

8.00 News; Sunday Papers

8.10 Sunday Worship
A service marking International Women's Day from St Mary's Episcopal Cathedral, Glasgow. With Pat Bennett of the Iona Community and Provost Kelvin Holdsworth.

8.48 A Point of View
A reflection on a topical issue.
Repeated from Friday Repeated 11.50pm

8.58 Tweet of the Day
Woodcock. With Kate Humble. (R)

9.00 Broadcasting House
Presented by Paddy O'Connell, with guests reviewing the Sunday papers.
Paddy O'Connell: page 117

10.00 The Archers Omnibus edition.

11.15 Desert Island Discs
Chris Riddell, illustrator, author and political cartoonist, is Lauren Laverne's castaway.
Producer Cathy Drysdale Repeated Friday 9am

12.04pm Nature Table
4/6. Sue Perkins is joined by Kiri Pritchard-McLean, Erica McAlister and Lucy Cooke in the panel show celebrating nature.
Repeated from Monday

12.30 The Food Programme
Polly Russell and Sheila Dillon ask why the pasty remains an emblem of Cornishness around the world.
Producer Clare Salisbury Repeated tomorrow 3.30pm

1.00 The World This Weekend
Global news and analysis, with Mark Mardell.

1.30 Art of Now: North Korea
The work produced for both propaganda and profit in North Korea's Mansudae Art Studio.
Repeated from Tuesday

2.00 Gardeners' Question Time
Special spring edition of the show featuring archive clips with Peter Gibbs.
Repeated from Friday

2.45 The Listening Project
Omnibus. Members of the public share intimate conversations. Presented by Fi Glover.

3.00 Drama: The Pallisers
3/3. Series following high life and low politics in Victorian England, dramatised by Sharon Oakes from the 1860s and 70s novels by Anthony Trollope. In the wake of her death, Lady Glencora still has a presence in her family. Plantagenet is bereft, but has to protect and guide his grown-up children, Silverbridge and Mary. Plantagenet is against Frank Tregear marrying Mary, but desperately wants Silverbridge to wed Lady Mabel Grex. Will his plans come to fruition?

Lady Glencora	**Jessica Raine**	Tifto	**Sam Dale**
Plantagenet	**Tim McMullen**	Marie	**Melody Grove**
Mary	**Laura Christy**	Isabel	**Julianna Jennings**
Frank Tregear	**Prasanna Puwanarajah**	Mrs Boncasson	**Jessica Turner**
		Nidderdale	**Ikky Elyas**
Lady Mabel Silverbridge	**Anneika Rose** **Will Kirk**	Popplecourt	**Greg Jones**

Producer Gary Brown; Director Emma Harding

4.00 Open Book
Mariella Frostrup talks to Kiley Reid, whose *Such A Fun Age* is a story of race, class and feminism in contemporary America. Crime writers Lucy Foley and Abir Mukherjee discuss the influence of Agatha Christie, and Peter Swanson shares the "book he'd never lend".
Producer Kirsten Locke Repeated Thursday 3.30pm
Your RT Books: page 138

4.30 Conversations on a Bench
2/3. Anna Scott-Brown hears from people who stop to sit beside her on a bench in Potternewton Park, Leeds. Poet Zodwa Nyoni interweaves her own rhythms into the stories. Producer Philippa Geering Rptd Sat 11.30pm

5.00 File on 4
8/10. **Taking the Rap.** Livvy Haydock reports on a series of gang violence incidents in the north London borough of Haringey.
Repeated from Tuesday

5.40 Profile Repeated from yesterday 7pm

6.00 Six o'Clock News

6.15 Pick of the Week
With Peter Curran. Producer Harry Parker

7.00 The Archers
Lynda's frustration grows and there are fireworks on Tom and Natasha's first wedding anniversary.
For cast see Friday Repeated tomorrow 2pm
Ambridge Diary: page 115

7.15 Reluctant Persuaders
3/6. **Connecting People.** Hardacre's ad agency find themselves competing for an unusual account – Befriendr, a dating-style app designed to help lonely city-dwellers make friends. Comedy by Edward Rowett starring Nigel Havers and Josie Lawrence.

Rupert	**Nigel Havers**	Teddy	**Rasmus Hardiker**
Joe	**Mathew Baynton**	Laura/'Gram woman	
Amanda	**Josie Lawrence**		**Olivia Nixon**

Producer Gordon Kennedy (R)

7.45 Dangerous Visions: Dark Vignettes
4/4. Tim McInnerny reads *Inertia* by Melissa Lee-Houghton, in which a hospital patient discovers the healthcare provision he's paid for is not what it seems. Producer Jeremy Osborne (R)

8.00 Feedback
With Roger Bolton. Repeated from Friday

8.30 Last Word
Matthew Bannister celebrates the lives of people who have recently died. Rptd from Fri

9.00 Money Box Rptd from yesterday 12.04pm

9.25 Radio 4 Appeal Repeated from 7.54am

9.30 Analysis
6/9. Neal Razzell examines how Canada has been sucked into an intractable dispute between the US and China after the arrest in Vancouver on an American warrant of a Huawei executive. Repeated from Monday

10.00 The Westminster Hour
Political magazine with Carolyn Quinn.

11.00 The Film Programme
John Boorman, now 87, has a career in film directing that takes in such critical and box-office hits as *Catch Us If You Can*, *Point Blank*, *Deliverance*, *Zardoz*, *The Emerald Forest* and *Hope and Glory*. As he publishes a second volume of memoirs, *Conclusions* – following on from *Adventures of a Suburban Boy* – he looks back with Antonia Quirke.
Repeated from Thursday.

11.30 Something Understood
Repeated from 6.04am

12.00 News

12.15–12.45am Thinking Allowed
Loneliness. Fay Bound Alberti from the University of York and Janne Flora from Aarhus University join Laurie Taylor to discuss their studies of loneliness.
Repeated from Wednesday
1.00 as BBC World Service

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra

Freeview 708 **Freesat** 708 **Sky** 0131 **Virgin** 910
6.00am A Severed Head as 1pm
7.15 Elvis in Prestwick as 2.15pm
7.30 Welcome to Our Village, Please Invade Carefully Sitcom by Eddie Robson (4/4)
8.00 Whack-O! 1962 classroom comedy
8.30 Harry Worth in Things Could Be Worse
9.00 Guest House for Young Widows Azadeh Moaveni's account of women who joined the so-called Islamic State. Abridged by Penny Leicester (1–5/5)
10.10 The Listening Project
10.15 Desert Island Discs Revisited
A May 2011 edition featuring Debbie Harry
11.00 The Moth Radio Hour as 7pm
11.50 David Attenborough's Life Stories
12.00 Whack-O! 1962 classroom comedy
12.30pm Harry Worth in Things Could Be Worse
1.00 A Severed Head Stephen Wakelam's adaptation of Iris Murdoch's 1961 novel (1–5/5)
2.15 Elvis in Prestwick Finn Den Hertog reads Andrew O'Hagan's *Do You Know Where I am?*
2.30 Apeirogon Colum McCann's novel rooted in the friendship between a Palestinian and and Israeli. Abridged by Doreen Estall – omnibus (6–10/10)
3.45 A Guide to Water Birds (1/5)
4.00 Madeleine John Clifford's dramatisation of the 1857 trial of upper-class Glaswegian Madeleine Smith, accused of murdering her warehouse clerk lover. With Clare Grogan, Stella Quilley and others
5.00 Poetry Extra With Daljit Nagra
5.30 Welcome to Our Village, Please Invade Carefully Sitcom by Eddie Robson (4/4)
6.00 Nightfall Nathaniel Hawthorne's 1835 tale *Young Goodman Brown*, set during the Salem witch trials
6.30 Hothouse Lu Kemp's adaptation of Brian Aldiss's 1962 sci-fi fantasy set on a non-rotating earth in the distant future. From 2009 (5/5)
7.00 The Moth Radio Hour US stories (1/9)
7.50 David Attenborough's Life Stories
8.00 The Hitchhiker's Guide to the Galaxy is 42 A five-hour marathon to mark the 42nd anniversary of Douglas Adams's epic sci-fi comedy, starting with the first ever episode, *Fit the First* (1/6). From 1978. With Simon Jones (as Arthur Dent), Geoffrey McGivern, Mark Wing-Davey and others. At **8.35** *Vogon Poetry Extra*. At **8.40** *We Love H2G2*. At **8.50** *Fit the Second* (2/6). At **9.20** *No Such Thing as a Babel Fish*. At **9.30** *Fit the Third* (3/6). At **10.00** Interview with Geoffrey McGivern. At **10.10** *Fit the Fourth* (4/6). At **10.40** *Why 42?* At **10.45** *Bookclub*. At **11.50** *We Love H2G2*. At **11.55** *Fit the Fifth* (5/6), and at **12.55am** *Fit the Sixth* (6/6).
1.00 A Severed Head as 1pm **2.15** as 2.15pm **2.30** as 2.30pm **3.45** as 3.45pm **4.00** as 4pm **5.00** as 5pm **5.30** as 5.30pm

BBC World Service

DAB bbc.co.uk/worldserviceradio

Freeview* 710 **Freesat** 711 **Sky** 0115 **Virgin** 906
Programmes may differ online, and on Freesat, Sky, and Virgin

5.00am News **5.05** The Newsroom **5.30** The Cultural Frontline **6.00** Weekend **8.30** The Food Chain **9.00** News **9.05** From Our Own Correspondent **9.30** Heart and Soul **10.00** News **10.05** The Compass **10.30** Outlook **11.00** News **11.05** The Newsroom **11.30** The Cultural Frontline **12.05pm** The World This Week **12.30** Science in Action: science news **1.00** Newshour: the stories behind the latest headlines **2.00** News **2.05 CHOICE** World Book Club **3.00** News **3.05** The Forum **3.50** 50 Things That Made the Modern Economy **4.00** News **4.05** Sportsworld **7.00** The Newsroom **7.30** Global Business **8.00** News **8.05** Music Life **9.00** Newshour **10.05** The Newsroom **10.20** Sports News **10.30** Tunnel 29: the story of a man who dug a tunnel into East Germany **10.50** 50 Things That Made the Modern Economy **11.00** News **11.05** The Cultural Frontline **11.30** Heart and Soul **12.00** News **12.05am** People Fixing the World **12.30** Discovery **1.00** News **1.05** World Business Report **1.30** Digital Planet **2.00** News **2.05** The Newsroom **2.30** Healthcheck **3.00** News **3.05** The Forum **3.50** Sporting Witness **4.00** News **4.05** Hardtalk **4.30** The Conversation

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 **F'sat** 705 **Sky** 0105 **Virgin** 905
Sports Extra F'view 706 **F'sat** 706
Sky 0144 **Virgin** 908

News and **sport** bulletin every half-hour
Times vary during live sports coverage

5.00am 5 Live Science
6.00 Sunday Breakfast
Chris Warburton and Sarah Brett with news, sport and more.

5 Live Sports Extra *Digital only*
7.45am–12 noon Women's Cricket The Women's T20 World Cup final from Melbourne.

9.00 Pienaar's Politics
10.00 Laura Whitmore's Sunday Session
11.30 5 Live Sport
Including at **11.30 The Squad with Nick Bright**, in which Nick is joined by sporting vloggers for a different take on the weekend's biggest football stories, plus build-up to the Manchester derby. From **12.30pm** Steve Crossman with guests Michael Brown and John O'Shea presents build-up to the Manchester derby and the match between Chelsea and Everton, with live commentary from Stamford Bridge at **2.00**. From **4.00** there's further build-up to the Manchester derby, with exclusive commentary on Manchester United v Manchester City at Old Trafford to follow at **4.30**. Plus updates on Scotland v France in the Six Nations.

5 Live Sports Extra *Digital only*
12.55pm Rugby Union
Commentary on Saracens v Leicester Tigers in the English Premiership.
2.55–5.00 Scotland v France, the Six Nations encounter at Murrayfield (kick-off **3.00**).

6.30pm 6-0-6 Football phone-in.
8.00 Peter Allen
10.00 Stephen Nolan
1.00am Up All Night

Talksport

1053, 1089 MW DAB talksport.co.uk
F'view 723 **F'sat** 731 **Sky** 0108 **Virgin** 927
6.00am Weekend Sports Breakfast Presented by Georgie Bingham and Tony Cascarino.
9.30 Gloryhunters Football quiz show with Charlie Baker.
11.00 Warm Up With Max Rushden and Barry Glendenning.
1.00pm Sunday Exclusive
5.00 Simon Jordan's Final Word With Danny Kelly.
8.00 On the Sporting Couch
9.00 Trans Euro Express
12.00 Extra Time
5.00am Early Breakfast

LBC

97.3 FM (London area) DAB lbc.co.uk
F'view 732 **F'sat** 734 **Sky** 0124 **Virgin** 919
5.00am Steve Allen
7.00 Andrew Castle
10.00 Nigel Farage
12.00 Maajid Nawaz
3.00pm Ian Payne
6.00 Clive Bull
9.00 In Conversation with Steve Allen
10.00 Tom Swarbrick Pacy show.
1.00am Darren Adam
4.00 Steve Allen

Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 **F'sat** 709 **Sky** 0119 **Virgin** 912
6.00am Jasmine Takhar
10.00 Gagan Grewal
1.00pm Preeya Kalidas
3.00 Waqas Saeed
5.00 Dipps Bhamrah
7.00 Nadia Ali Bengali culture.
9.00 Ashanti Omkar
11.00 Asian Network Residency
1.00am Radio 1's Residency
3.00 DJ Edu Underground music.

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BFI & RADIO TIMES TELEVISION FESTIVAL

MONDAY Radio

Today's Choices



GARY DOAK/EYEVINE

The Essay: Home Sweet Home

10.45pm ***Radio 3***

Madeleine Bunting (above) is one of Radio 3's most stimulating contributors to its *Essay* slot. Having previously come up with essays on forgiveness, on doubt, and on attention, she now alights upon the richly fertile theme of home. Her thoughts on the topic are by no means comforting. Consumerism has heralded "the final obliteration of the 19th-century idealisation of the home as a refuge". Home, she says, "has become a commodity. Several decades of rising prices have made millions of people into small-time property developers and landlords". **SIMON O'HAGAN**

Living National Treasures

1.45pm ***Radio 4***

The word "artisan" may bring to mind overpriced bread. But this sublime series concerns something much more meaningful. A Japanese initiative, Living National Treasures are craftspeople who preserve ancient skills without the use of machinery or technology. Today, a sculptor, a basket weaver, a silversmith and a paper marbler extol acts of creation that enrich life. See whether it helps relieve some of the stress of modern living.

DAVID McGILLIVRAY

DISCOVER RADIO

Penguin Podcast

Various hosts talk with various writers about the various items that have inspired them. I particularly enjoyed Katy Brand's chat with Ian McEwan and finding out why he brought a squirrel's skull with him.

JANE ANDERSON

Listen at *penguin.co.uk/podcasts*

BBC Radio 1

97.6–99.8 FM DAB bbc.co.uk/radio1
F'view* 700 **F'sat** 700 **Sky** 0101 **Virgin** 901

6.30am Greg James
10.00 Clara Amfo
1.00pm Scott Mills
4.00 Nick Grimshaw
7.00 Annie Mac
8.00 Radio 1's Power Down Playlist with Annie Mac
9.00 Rickie, Melvin and Charlie
11.00 Radio 1's Indie Show Presented by Jack Saunders.
1.00am René LaVice Drum 'n' bass.
3.00 Radio 1's Chill Mix
3.30 Radio 1's Workout Anthems
4.00 Adele Roberts

BBC Radio 2

88–90.2 FM DAB bbc.co.uk/radio2
F'view* 702 **F'sat** 702 **Sky** 0102 **Virgin** 902

5.00am Vanessa Feltz
6.30 Zoe Ball
9.30 Ken Bruce Music, chat and features, including after **11.30** throughout the week **Tracks of My Years**.
12.00 Jeremy Vine
2.00pm OJ Borg Sitting in for Steve Wright with music, regular features and big-name guests.
5.00 Sara Cox Chat, chart oldies and music from Radio 2's current playlist, plus listener phone-ins and dedications.
7.00 Jo Whiley With new music and classic album tracks, plus studio guests.
9.00 The Blues Show with Cerys Matthews Specialist blues show featuring the full spectrum of the genre, from vinyl classics to blues-rock and beyond, whether from Memphis, Mali or Manchester. Including interviews, live sessions and archive recordings.
10.00 Trevor Nelson's Rhythm Nation A pick of original soul and R&B, disco and reggae, plus contemporary sounds.
12.00 OJ Borg Chat, new and old music and regular features including a battle between two of an artist's hits – with listeners' votes determining the winner – and **Midnight Mastermind**, in which listeners challenge OJ in a specialist subject.
3.00am Sounds of the 70s Johnnie Walker with pop and rock nostalgia, today featuring 1970s reminiscences by a special guest. (R)

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 **Freesat** 707 **Sky** 0120 **Virgin** 909

7.30am Lauren Laverne
10.30 Mary Anne Hobbs
1.00pm Shaun Keaveny
4.00 Steve Lamacq
7.00 Marc Riley Post-industrial psychedelia-inspired trio Prettiest Eyes perform live.
9.00 Gideon Coe BBC archive sets.
12.00 6 Music Recommends
1.00am The First Time... Matt Everitt interviews Paul Simon, who discusses his life and career including Art Garfunkel. From 2016.
2.00 Classic Singles Tony Visconti assesses Oasis's 1995/96 hit *Wonderwall*.
2.30 Live Hour 6 Music Festival gigs, with Saturday's set by the Orielles and Friday's set by Black Country New Road.
3.30 6 Music's Trunk of Funk with Craig Charles
4.00 Desert Island Disco
4.30 People's Playlist
5.00 Chris Hawkins

BBC Radio 3

90.2–92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** Half-hourly 6.30–8.30am, 1pm, 5.00, 6.00

6.30am Breakfast With Georgia Mann.
9.00 Essential Classics With Ian Skelly.
9.30 Listeners' playlist suggestions.
10.10 Musical Time Travellers Stories behind the music-making of the British Isles.
11.10 Essential Five First of this week's five recommended arias sung by operatic villains.
11.30 Slow Moment A musical reflection.
12.00 Composer of the Week: Beethoven – at Home
1/5. **Hearing Aids.** Continuing Radio 3's year-long celebration of Beethoven, Donald Macleod visits his home town of Bonn and the Beethoven-Haus Museum, which now occupies the building where he was born. He is joined by Erica Buurman, director of the Ira F Brilliant Center for Beethoven Studies, and they explore some of the everyday objects and household artefacts owned by the composer – including mechanical hearing aids – to see what they can tell us about how he lived.
Bagatelles, Op 126 Nos 1 and 6 Alfred Brendel (piano)
Trio in E flat for Clarinet, Cello and Piano, Op 38 (1st mvt) Ib Hausmann (clarinet), Maria Kliegel (cello), Nina Tichman (piano)
The Consecration of the House, Op 124 Academy of St Martin in the Fields, conductor Neville Marriner
Wellington's Victory, Part 2 Orchestra of the Vienna Academy, conductor Martin Haselböck
RT OFFER Beethoven *Lieder and Songs* (2 CDs) – featuring baritone Roderick Williams, mezzo-soprano Ann Murray and pianist Iain Burnside – is available for £16.95 incl p&p. Call 0115 982 7500 quoting ref SIGCD139 or visit radiotimes.com/
1.00pm Radio 3 Lunchtime Concert
LIVE From Wigmore Hall in London, Fiona Talkington introduces a recital including a recent work by the Master of the Queen's Music, Judith Weir, and music by John Tavener, who died in 2013. Ruby Hughes (soprano), Natalie Clein (cello), Julius Drake (piano)
Kodaly *Sonatina for cello and piano*
Deborah Pritchard *Storm Song*
Tavener *Boris Pasternak (Akhmatova Songs); Couplet; Dante*
Debussy *Chansons de Bilitis*
Judith Weir *On the Palmy Beach*
Schubert *Auf dem Strom, D943* Repeated Sunday 1pm
2.00 Afternoon Concert With Tom McKinney. The first of a week of programmes featuring the Ulster Orchestra, beginning with a concert given at the end of January in the Ulster Hall in Belfast.
Stravinsky *Danses concertantes*
Ibert *Flute Concerto*
Kernis *Musica Celestis*
Mendelssohn *Symphony No 4 in A (Italian)*
Adam Walker (flute) conductor Gemma New
3.30 Strauss *Also Sprach Zarathustra*
Conductor Rafael Payare
4.10 Bach, orch Stokowski *Passacaglia and Fugue in C minor, BWV582*
Charles Wood Singers, conductor David Hill
4.30 Early Music Now
Franck Marcon conducts the Polyhymnia Ensemble in a concert performance of early 18th-century composer Louis-Nicolas Clerambault's *Miserere*, recorded last May at Romainmôtier Abbey in Switzerland – one of the oldest Romanesque churches in Switzerland. Built between 990 and 1028 according to the plans of Cluny church, it nestles in beautiful verdant surroundings, and is one of the jewels of the Yverdon-les-Bains region.
5.00 In Tune
Katie Derham with arts-related news and chat, music and studio guests, today featuring live performances by soprano Lucy Crowe and pianist Julius Drake – ahead of their upcoming London concert at Middle Temple Hall – and A4 Brass Quartet.
7.00 In Tune Mixtape Nonstop music.
7.30 Radio 3 in Concert
Ian Skelly introduces the Philharmonia Chorus and Orchestra in a performance of Mahler's *Resurrection Symphony*, recorded in February at the Royal Festival Hall in London. The symphony begins with a monumental funeral march and ends in an overwhelming affirmation of resurrection. Camilla Tilling (soprano), Jennifer Johnston (mezzo), Philharmonia Chorus and Orchestra, conductor Jakub Hrusa
Mahler *Symphony No 2 (Resurrection)*
10.00 Music Matters Rptd from Saturday 11.45am
10.45 The Essay: Home Sweet Home
RT *1/5.* Writer and journalist Madeleine Bunting reflects on some of the physical, social and emotional aspects of what people call home. In this first instalment she explores the huge changes in the meaning and definition of home which have unfolded in recent years, with examples including an Iron Age hut in the Hebrides and the little pointed-roof house that indicates "home" on computer screens. Producer Kristine Pommert
11.00 Night Tracks With Sarah Mohr-Pietsch.
12.30am Through the Night With Catriona Young. Featuring Bach and Mendelssohn, with Ton Koopman conducting the Schleswig-Holstein Festival Orchestra.
Bach *Orchestral Suite No 4 in D, BWV1069; Concerto in C for Three Harpsichords, BWV1064* **Mendelssohn** *Symphony No 5 in D minor (Reformation)* Marta Gomez Alonso (flute), Lennart Hoger (oboe), Hiroko Kasai (violin), Schleswig-Holstein Festival Orchestra, conductor Ton Koopman **1.35 Brahms** *Variations and Fugue on a Theme by Handel, Op 24* **2.01 Mozart** *Symphony No 40 in G minor, K550* **2.31 Kyurkchiyski** *Piano Concerto (In Memory of Pancho Vladigerov)* **3.06 Rameau** *Prologue: Zais* **3.41 Grieg** *Norwegian Dance, Op 35 No 1* **3.47 Martucci** *Notturno, Op 70 No 1* **3.55 Barrière** *Sonata No 10 in G for two cellos* **4.04 Chausson** *Chanson perpétuelle, Op 37* **4.13 Jiranek** *Sinfonia in F* **4.22 Agay** *Five Easy Dances* **4.31 Schubert** *Overture in the Italian Style, D590* **4.39 Chopin** *Ballade No 1 in G minor, Op 23* **4.49 Bernhard** *Missa Durch Adams Fall* **4.58 Groneman** *Sonata in G for two flutes* **5.07 Elgar** *Serenade in E minor, Op 20* **5.17 Schumann** *Fantasiestücke, Op 73* **5.27 Beethoven** *String Quartet No 4 in C minor, Op 18 No 4* **5.52 Johan Duijck** *The Gentle Life, Op 15* **6.06 Reinecke** *Trio in A minor for oboe, horn and piano, Op 188*

Scala Radio

DAB scalaradio.co.uk Sky 0216

6.00am In the Park Calming sounds.
7.00 Charles Nove Vibrant music.
10.00 Simon Mayo Including after **10.00** the **Mayo Clinic** – responding to listeners' queries – and listeners' requests from **12.00**.
1.00pm Sam Hughes With popular classical works, new discoveries and rediscoveries, and at **2.00 Mindfulness of Music**.
4.00 Mark Forrest An eclectic playlist.
7.00 Hannah Cox Featuring the latest classical recordings and at **8.00** the **Scala Piano Playlist**. Plus **Mindfulness Music** at **9.00**.
10.00 The Space Nonstop eclectic playlist.
12.00 Night Music Nonstop music.

Absolute Radio

DAB absoluteradio.co.uk
F'view 727 **F'sat** 724 **Sky** 0107 **Virgin** 915

6.00am Dave Berry 10.00 Danielle Perry Rock and pop from across the decades, from Stealers Wheel to Steely Dan, from Sum 41 to Level 42, from Kraftwerk to Florence + the Machine **1.00pm Ben Burrell**
4.00 Bush and Richie 7.00 Ross Buchanan
10.00 Jay Lawrence 1.00am Chris Martin

Classic FM

99.9–101.9 FM DAB classicfm.com
Freeview 731 **Freesat** 721 **Sky** 0106 **Virgin** 922

6.00am More Music Breakfast Presented by Tim Lihoreau.
9.00 John Suchet Popular classical works.
1.00pm Anne-Marie Minhall Requests.
5.00 John Brunning Classic FM favourites.
7.00 Smooth Classics With John Brunning.
8.00 The Full Works Concert Jane Jones celebrates Herbert von Karajan, Christopher Hogwood, Pierre Boulez and Georg Solti –the first of this week's showcased conductors.
J Strauss (son) *Wiener Blut, Op 354* Vienna Philharmonic Orchestra, conductor Lorin Maazel
Beethoven *Symphony No 2 in D* Berlin Philharmonic Orchestra, conductor Herbert von Karajan
Mozart *Gran Partita Serenade, K361* Amadeus Winds, conductor Christopher Hogwood
Ravel *Pavane pour une infante défunte* Cleveland Orchestra, conductor Pierre Boulez
Mussorgsky *A Night on the Bare Mountain* London Symphony Orchestra, conductor Georg Solti
10.00 Smooth Classics With Margherita Taylor.
1.00am Sam Pittis Night-time music.

BBC Radio 4

92.4–94.6 FM 198 LW DAB bbc.co.uk/radio4
For national frequencies see p133

Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0143 (LW) **Virgin** 904 (FM) 911 (LW)

News 5.30am, 6.00 and hourly to 12 midnight
Weather 5.57am, 6.05, 6.57, 7.57, 12.57pm, 5.57, 9.59, 12.30am
Shipping Forecasts 5.20am, 12.01pm (*LW*), 5.54 (*LW*), 12.48am

5.30am News Briefing

5.43 Prayer for the Day With Vishva Samani.

5.45 Farming Today

5.58 Tweet of the Day
Green Woodpecker. With Kate Humble. (R)

6.00 Today
With Nick Robinson and Justin Webb.

6.25, 7.25, 8.25 Sports News

7.48 Thought for the Day
With Chief Rabbi Ephraim Mirvis.

9.00 Start the Week
Morality, Money and Power. Andrew Marr discusses morality, money and political power with former Chief Rabbi Jonathan Sacks, ex-Bank of England head Mervyn King, and political adviser Kate Fall.
Producer Katy Hickman Shortened repeat 9.30pm

9.45 *FM* **Book of the Week: The Peregrine**
***1/5.* Autumnal Observations**
David Attenborough reads from the 1967 British nature classic by JA Baker, written in the form of a diary in which the writer charts his daily observations of the peregrine's hunting life. It is early October, and Baker is out in the post-harvest Essex countryside in search of the predator. Abridged by Katrin Williams. Producer Elizabeth Allard Rptd 12.30am

9.45 *LW* **Daily Service**
A space for spiritual reflection on the theme of Water – a Constant Cycle. Led by the Rev Clair Jaquiss. Genesis 1, vv 6–10. As the Deer Pants for the Water (*As the Deer*). The River of the Water of Life (Malcolm Archer). All Creatures of Our God and King (*Lasst uns Erfreuen*). The Daily Service Singers, director Andrew Earis. Organist Richard Tanner.

10.00 Woman's Hour With Jane Garvey.

10.45 The Leopard ***6/10.*** Giuseppe Tomasi di Lampedusa's 1958 novel chronicling Don Fabrizio Corbera, the Prince of Salina, set in 19th-century Sicily during the Risorgimento (the unification of Italy). Translated by Archibald Colquhoun. In this instalment Tancredi has fallen in love with the beautiful Angelica, the daughter of the nouveau-riche commoner Don Calogero. Abridged by Sara Davies and read by Alex Jennings. Producer Mary Ward-Lowery (R)

11.00 Out of the Ordinary
***3/4.* Have We Already Found Aliens?** Jolyon Jenkins reports on cases where scientists claimed to have evidence of extraterrestrial life, and how badly it can go wrong if their findings are less robust than thought.
Producer Jolyon Jenkins

11.30 Loose Ends Repeated from Saturday 6.15pm

12.04pm The Call of the Wild
1/5. Jack London's fierce, poetic and atmospheric 1903 novel set in Yukon, Canada, during the 1890s Klondike Gold Rush. Buck is stolen from his home at a ranch in Santa Clara Valley, California, and sold into service as a sled dog in Alaska. Abridged by Robin Brooks and read by Kerry Shale.
Producer Clive Brill Repeated 10.45pm

12.18 You and Yours
Consumer and public interest reports.

1.00 The World at One With Sarah Montague.

1.45 Living National Treasures
RT ***New series.*** ***1/5.*** The personal stories of the practitioners of unusual crafts, taking listeners into their homes, their workshops and their lives. Producer Kate Bissell

2.00 The Archers Repeated from yesterday 7pm

2.15 Drama: This Thing of Darkness
3/7. Gripping drama by Anita Vettesse, in which forensic psychiatrist Alex Bridges charts the psychological impact of a murder on his family. David remains in custody for the murder of his son, but the rest of the family must move back into the house where the killing took place. With monologues by Eileen Horne.

Alex	**Lolita Chakrabarti**	David	**Robin Laing**
Hannah	**Jessica Hardwick**	Laura	**Shauna Macdonald**
Kyle	**Reuben Joseph**	Karen	**Victoria Liddelle**

Producers Gaynor Macfarlane and Kirsty Williams

3.00 Round Britain Quiz
3/12. Northern Ireland's Paddy Duffy and Freya McClements take on Paul Sinha and Marcus Berkmann of the South of England in the cryptic quiz. Tom Sutcliffe asks the questions. Producer Paul Bajoria Rptd Saturday 11pm

3.30 The Food Programme
Repeated from yesterday 12.30pm

4.00 Lift Going Up
Emma Clarke plays the voice of the lift in this cultural history of the elevator. As listeners step inside, the doors close and the lift starts to tell its story. Contributors include the Radio 3 presenter Matthew Sweet.
Producer Laurence Grissell (R)

4.30 The Digital Human
***3/6.* Lab Rats.** Aleks Krotoski finds out what happens, for ill or good, when everyone is turned into a digital lab rat, often without knowledge or explicit consent.

5.00 PM Presented by Evan Davis.

6.00 Six o'Clock News

6.30 Nature Table
5/6. Sue Perkins hosts the panel show in which guests from the worlds of comedy and natural history celebrate and promote the importance of flora and fauna. Tonight she is joined by comedian Sindhu Vee, wildlife cameraman Doug Allan, and science writer and comedian Claire Asher.
Producer Simon Nicholls Repeated Sun 12.04pm

7.00 The Archers
One resident finds themselves in a desperate situation and Emma struggles to remain calm under pressure.
For cast see Friday Repeated tomorrow 2pm

7.15 Front Row
Stig Abell chairs a debate looking at diversity in the arts, after a recent report by the Arts Council revealed that change is slow.
Producer Simon Richardson

7.45 The Book of Strange New Things
6/10. Dougray Scott narrates the sci-fi fantasy by Michel Faber, author of *Under the Skin* and *The Crimson Petal and the White*. Bea has big news for her husband Peter. Adapted by Miranda Emmerson.

Peter	**Joe Armstrong**	Jesus lover number five/BG	**Damian Lynch**
Beatrice	**Hayley Atwell**		
Grainger	**Kelly Burke**	Jesus lover number four	**David Acton**
Oasan/Tuska	**Mark Edel-Hunt**	Usic psychologist	**Jane Slavin**
Jesus lover number one/Severin	**Michael Bertenshaw**	Usic doctor	**Elaine Claxton**

Producer/Director Emma Harding (R)

8.00 The Cash for Ash Scandal
The inside story of Northern Ireland's "Cash for Ash" scandal – a renewable heat incentive that ended up potentially costing the public purse almost £500 million. Rptd tomorrow 11am

8.30 Analysis
7/9. Paul Johnson of the Institute for Fiscal Studies examines what the labour market tells us about inequality in Britain today.
Producer Smita Patel Repeated Sunday 9.30pm

9.00 Science Stories
Tracey Logan explores the extraordinary tale of dinosaur hunters Edward Cope and Othniel Marsh and a feud set in America's Wild West in the late 1800s. It's a tale of corruption, bribery and sabotage involving two palaeontologists who would stop at nothing in their race to find new dinosaur fossils. What led these two seemingly respectable men of science to behave in such a way? And what was the legacy of their feud? Producer Alexandra Feachem (R)

9.30 Start the Week Shortened rpt from 9am

10.00 The World Tonight
With Ritula Shah.

10.45 The Call of the Wild
1/5. Repeated from 12.04pm

11.00 Night Vision
3/3. In the last programme in the series in which artists talk about nights that left indelible marks on them, actor Jonathan Forbes recalls a night he spent on a friend's sofa when he awoke to find a man staring in at him through the window. A power exchange takes place as he works out what to do. Producer Neil McCarthy

11.30 Today in Parliament

12.00 News

12.30–12.45am Book of the Week: The Peregrine ***1/5.*** Repeated from 9.45am

1.00 as BBC World Service

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 **F'sat** 705 **Sky** 0105 **Virgin** 905
Sports Extra F'view 706 **F'sat** 706
Sky 0144 **Virgin** 908

News and **sport** bulletin every half-hour
Times vary during live sports coverage

5.00am Morning Reports
With news, sport and business.

5.15 Wake Up to Money
The latest news and insight from the business world.

6.00 5 Live Breakfast
Nicky Campbell and Rachel Burden present news from the UK and around the world, including business, travel updates and the day's sports stories. At **9.00** Nicky invites listeners' calls on the day's big story in **Your Call**.

10.00 Emma Barnett
News and current affairs interviews. Plus listeners' stories and contributions, and a round-up of the day's headlines.

1.00pm Nihal Arthanayake
News, big-name interviews and topical conversation. The *Headliners* podcast is available from the BBC Sounds app.

4.00 5 Live Drive
News, sport and travel updates, with Tony Livesey and Sarah Brett.

7.00 5 Live Sport
Mark Chapman is joined by Scottish professional footballer Alan Hutton for build-up to Leicester City v Aston Villa in the Premier League, with live commentary starting at **8.00**.

10.30 Colin Murray
Sitting in for Sarah Brett, featuring the big stories of the day, plus the latest news and sport and a look ahead to what is expected to be making the headlines tomorrow.

1.00am Up All Night
Dotun Adebayo presents stories from around the world.

Talksport

1053, 1089 MW DAB talksport.co.uk
F'view 723 **F'sat** 731 **Sky** 0108 **Virgin** 927

6.00am Sports Breakfast
Presented by Alan Brazil.
10.00 White and Sawyer
1.00pm Hawksbee and Jacobs
4.00 Adrian Durham and Darren Gough Football news.
7.00 The PressBox
10.00 Sports Bar With Andy Goldstein and Jason Cundy.
1.00am Extra Time
5.00 Early Breakfast

LBC

97.3 FM (London area) DAB lbc.co.uk
F'view 732 **F'sat** 734 **Sky** 0124 **Virgin** 919
7.00am Nick Ferrari
10.00 James O'Brien
1.00pm Shelagh Fogarty
4.00 Eddie Mair
6.00 Nigel Farage
7.00 Iain Dale
10.00 Tom Swarbrick
1.00am Darren Adam
4.00 Steve Allen

Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 **F'sat** 709 **Sky** 0119 **Virgin** 912
6.00am Harpz Kaur
10.00 Asian Network's Big Debate
12.30pm Asian Network Reports
1.00 Haroon Rashid
4.00 Yasser New, unsigned and underground British-Asian music.
5.30 Asian Network Reports
6.00 Yasser
7.00 Bobby Friction
South Asian culture, including big Bollywood and bhangra anthems.
10.00 Group Chat
12.00 Shisha Lounge Mix
12.30am Asian Network Playlists
1.00 Drum 'n' Bass Show
3.00 1Xtra Playlists
4.00 Twin B

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freesat** 708 **Sky** 0131 **Virgin** 910
6.00am Hercule Poirot – Mrs McGinty's Dead (1/5)
6.30 Big in Bangalore, Big in Beijing as 8.30pm
7.00 Double Income, No Kids Yet Sitcom (3/6)
7.30 Nature Table Comedy panel show (4/6)
8.00 Legal, Decent, Honest and Truthful (3/6)
8.30 Dad's Army 1976 comedy with Arthur Lowe
9.00 Whispers 2004 comedy panel quiz
9.30 Control Group Six as 4.30pm
10.00 Joseph Andrews Dramatisation by John Scotney of Henry Fielding's 1742 debut novel. It is 1737, and handsome footman Mr Joseph Andrews wishes to remain uncorrupted. Much to the sorrow of Lady Booby. With Cornelius Garrett, June Barrie and, as Henry Fielding, John Rye. From 1986 (1/4)
11.00 TED Radio Hour US show with Guy Raz (14/16)
12.00 Legal, Decent, Honest and Truthful (3/6)
12.30pm Dad's Army 1976 comedy
1.00 Hercule Poirot – Mrs McGinty's Dead (1/5)
1.30 Big in Bangalore, Big in Beijing as 8.30pm
2.00 The Rainbow By DH Lawrence (6/10)
2.15 Nature's Great Invaders Derek Mooney on the UK's flourishing non-native flora and fauna (1/5)
2.30 The Frederica Quartet Dramatisation by John Harvey of AS Byatt's family saga *The Virgin in the Garden*, set in 1950s Yorkshire. From 2002 (1/8)
2.45 Tom Fort Channel Shore (1/5)
3.00 Joseph Andrews as 10am
4.00 Whispers 2004 comedy panel quiz
4.30 Control Group Six Comedy that is half-sketch show and half-thriller. Written by and starring Richard Bean, Andrew Clifford, Clive Coleman and Colin Swash. From 1995 (1/4)
5.00 Double Income, No Kids Yet Sitcom (3/6)
5.30 Nature Table Comedy panel show (4/6)
6.00 Space Force Second series of Charles Chilton's sci-fi adventure. With Barry Foster. From 1985 (1/6)
6.30 A Good Read With Sue MacGregor. From 2009
7.00 Legal, Decent, Honest and Truthful (3/6)
7.30 Dad's Army 1976 comedy with Arthur Lowe
8.00 Hercule Poirot – Mrs McGinty's Dead Michael Bakewell's dramatisation of Agatha Christie's 1962 mystery in which a man is about to hang for a savage murder. With John Moffatt (1/5)
8.30 Big in Bangalore, Big in Beijing Rajan Datar explores how Western bands are exploiting the emerging markets for pop and rock in India and China. He starts by following Iron Maiden to Bangalore for a sold-out festival gig. From 2010 (1/2)
9.00 TED Radio Hour US show with Guy Raz (14/16)
10.00–12.00 Comedy Club: Nature Table (4/6), at **10.30 Bleak Expectations** (5/6), at **11.00 The Now Show** (1/6), and at **11.30 Hut 33** (1/6)
12.00 as 6pm **12.30am** as 6.30pm **1.00** as 8pm **1.30** as 8.30pm **2.00** as 2pm **2.15** as 2.15pm **2.30** as 2.30pm **2.45** as 2.45pm **3.00** as 10am **4.00** as 4pm **4.30** as 4.30pm **5.00** as 5pm **5.30** as 5.30pm

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview* 710 **Freesat** 711 **Sky** 0115 **Virgin** 906

Programmes may differ online, and on Freesat, Sky, and Virgin

5.00am News **5.05** The Newsroom **5.30** Crowd Science **6.00** Newsday: the latest headlines **8.30** Business Daily **8.50** Witness History **9.00** News **9.05** The Inquiry **9.30** Boston Calling **10.00** World Update **11.00** The Newsroom **11.30** The Conversation **12.00** News **12.05pm** Outlook: perspectives on important issues **1.00** The Newsroom **1.30** The Why Factor **1.50** More or Less **2.00** Newshour **3.00** News **3.05** Hardtalk: interviews with newsmakers and personalities from across the globe **3.30** World Business Report: informed analysis **4.00** BBC OS **6.00** News **6.05** Outlook: perspectives on important issues **7.00** News **7.05** The Newsroom **7.30** Sport Today **8.00** News **8.05** Hardtalk: interviews with newsmakers **8.30** Discovery: insights from leading figures **9.00** Newshour **10.00** News **10.05** The Newsroom **10.20** Sports News **10.30** World Business Report: informed analysis **11.00** News **11.05** The Why Factor **11.30** The Conversation **12.00** News **12.05am** The History Hour **1.00** News **1.05** Business Matters **2.00** News **2.05** The Newsroom **2.30** The Why Factor **2.50** More or Less **3.00** News **3.05** Outlook **4.00** News **4.05** People Fixing The World **4.30** In the Studio

*Not available on Freeview in Scotland 4pm–1am. **Key** (R) Repeat

Listen live, catch up and follow your favourites at **bbc.co.uk/sounds**

Books Peter Swanson's favourite crime novels YOUR RT P138

TUESDAY Radio

Today's Choices



Art Of Now: Good Vibrations

11.30am ***Radio 4***

To a degree, radio listeners are the last people who need to be reminded that sound and music are therapeutic. Probably you are reading this because you like to relax with a favourite programme. But feeling particularly stressed, comic actor Isy Suttie (above), decides to explore the sound therapy that may improve our physical and emotional wellbeing even more. She discovers a British Academy of Sound Therapy and a track called *Weightless*, described as the most relaxing piece of music in the world. I tried it. Is this why Brexit trade deals no longer seem to matter to me? **DAVID McGILLIVRAY**

Radio 3 in Concert

7.30pm ***Radio 3***

Now nearly 70, composer-arranger Gary Carpenter has gone far since starting out, in his early 20s, leading the folk band on the soundtrack for cult horror movie *The Wicker Man*. Happily not quite as X-rateable, *Ghost Songs*, his 2018 settings for youth choir of spooky Scottish poems by Marion Angus, Robert Louis Stevenson and Anon, were given their Birmingham premiere on Leap Day as a CBSO centenary season showcase for its Youth and Children's Choruses. **MARK PAPPENHEIM**

DISCOVER RADIO

Conflicted

What happens when a former al-Qaeda/MI6 double agent hooks up with an ex-monk-in-training/Middle East expert to talk about the West's tensions with Iran? A brilliant piece of investigative journalism, that's what. **JANE ANDERSON**

Listen at *messageheard.com/conflicted*

GRAEME ROBERTSON/EYEVINE

BBC Radio 1

97.6–99.8 FM DAB bbc.co.uk/radio1
F'view* 700 **F'sat** 700 **Sky** 0101 **Virgin** 901

6.30am Greg James
10.00 Clara Amfo
1.00pm Scott Mills
4.00 Nick Grimshaw New music.
6.00 Jordan North
Sitting in for Nick Grimshaw.
7.00 Annie Mac
A journey of musical discovery.
9.00 Rickie, Melvin and Charlie
11.00 Radio 1's Indie Show
Presented by Jack Saunders.
1.00am Annie Nightingale
3.00 Radio 1's Movie Mixtape
4.00 Adele Roberts

BBC Radio 2

88–90.2 FM DAB bbc.co.uk/radio2
F'view* 702 **F'sat** 702 **Sky** 0102 **Virgin** 902

5.00am Vanessa Feltz
6.30 Zoe Ball
9.30 Ken Bruce
Music, chat and regular features including listeners' dedications, a daily love song, the **PopMaster** music quiz and, after **11.30**, **Tracks of My Years**.
Your RT Puzzles: page 149
12.00 Jeremy Vine
Topical discussion. Plus music.
2.00pm OJ Borg
5.00 Sara Cox
Chat, chart oldies and music from Radio 2's current playlist, plus listener phone-ins, texts and dedications.
7.00 Jo Whiley New music.
9.00 The Jazz Show with Jamie Cullum
Jazz-pop singer Jamie Cullum selects classic tracks and discusses their significance in the world of jazz. Plus recordings by established international acts and a nod to rising jazz stars.
10.00 Trevor Nelson's Rhythm Nation
12.00 OJ Borg
Chat, new and old music and regular features including **Midnight Mastermind** and a battle between two hits by the same artist.
3.00am Sounds of the 80s
Gary Davies plays period hits and lesser-known or forgotten gems, from chart pop, rock and dance to indie classics and hip-hop. And at **4.50** there is a 1980s Hi-NRG-themed **Mastermix** marking 35 years since Dead or Alive's signature hit *You Spin Me Round (Like a Record)* reached number one in the UK charts. (R)

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 **Freesat** 707 **Sky** 0120 **Virgin** 909

7.30am Lauren Laverne
10.30 Mary Anne Hobbs
1.00pm Shaun Keaveny
4.00 Steve Lamacq
7.00 Marc Riley
Edwin Stevens's band Irma Vep perform three songs from their upcoming album.
9.00 Gideon Coe Archive live sets.
12.00 6 Music Recommends
1.00am The First Time...
Oscar-nominated composer and Radiohead guitarist Jonny Greenwood speaks to Matt Everitt. From 2016.
2.00 Classic Singles Tony Visconti deconstructs Blondie's 1979 blockbuster hit *Heart of Glass*. From 2017
2.30 Live Hour Live sets by Kokoroko and Melt Yourself Down, recorded on Sunday at the 6 Music Festival.
3.30 Gilles Peterson's The Shakedown A 30-minute mix.
4.00 Jukebox New tracks.
5.00 Chris Hawkins

BBC Radio 3

90.2–92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** as Monday

6.30am Breakfast With Georgia Mann.
9.00 Essential Classics With Ian Skelly.
9.30 Ideas for the *Essential Classics* playlist.
10.10 Musical Time Travellers Stories behind the music-making of the British Isles.
11.00 Essential Five Another of this week's five recommended arias sung by operatic villains.
11.30 Slow Moment A moment's musical reflection.
12.00 Composer of the Week: Beethoven – at Home
2/5. **Money Box.** Donald Macleod visits Beethoven's birthplace museum to examine his personal cashbox and discuss his relationship with money and the world of business. He's joined by Erica Buurman, director of the Ira F Brilliant Center for Beethoven Studies.
Piano Sonata No 9 in E, Op 14 No 1 (1st mvt)
Louis Lortie
Triple Concerto (3rd mvt)
Gordan Nikolitch (violin), Tim Hugh (cello), Lars Vogt (piano), London Symphony Orchestra, conductor Bernard Haitink
Cello Sonata in A, Op 69 (4th mvt)
Mischa Maisky (cello), Martha Argerich (piano), Missa Solemnis (Agnus Dei), Lucy Crowe (soprano), Jennifer Johnson (mezzo), James Gilchrist (tenor), Matthew Rose (bass), Monteverdi Choir, Orchestre Révolutionnaire et Romantique, John Eliot Gardiner
1.00pm Radio 3 Lunchtime Concert
John Toal presents the first of this week's recitals from this year's International Festival of Chamber Music, hosted by the Belfast Music Society and recorded last month in the Great Hall at Queen's University in Belfast. The Dudok Quartet perform the third of Haydn's Opus 20 set of String Quartets – a collection of works which would prove highly influential and give the composer the title of "Father of the String Quartet". Plus music by Debussy and Chick Corea.
Haydn *String Quartet in G minor, Op 20 No 3*
Dudok Quartet
Debussy *Trio fro Flute, Harp and Viola*
Adam Walker (flute), Hélène Clément (viola), Agnès Clément (harp)
Chick Corea *Children's Songs (selection)*
Gabriela Montero (piano)
2.00 Afternoon Concert
Tom McKinney with further live and recorded performances by the Ulster Orchestra, given last October in Belfast.
Howard Skempton *Lento for orchestra*
Wagner, orch Mottl *Wesendonck Lieder*
Elgar *Symphony No 2 in E flat*
Katherine Broderick (soprano), conductor Jac van Steen
3.30 Mozart *Clarinet Concerto in A, K622*
Annelien van Wauwe (basset clarinet), conductor Jac van Steen
4.00 Deirdre Gribbin *Venus Blazing*
Lana Trotovsek (violin), conductor David Brophy
5.00 In Tune
Katie Derham with arts-related news and conversation, music and studio guests, today featuring a live performance by tenor Allan Clayton, who stars in the Royal Opera House's upcoming production of *Jenufa*.
7.00 In Tune Mixtape
An nonstop playlist marked by juxtapositions of classical, contemporary and experimental sounds.
7.30 Radio 3 in Concert
RT From Symphony Hall, Birmingham, Michael Seal conducts the CBSO in a programme of music which foregrounds the talents of the orchestra's youth wing, including a work by Gary Carpenter based on Scottish ghost stories, written for the CBSO Youth and Children's Choruses. The programme also features Ralph Vaughan-Williams's atmospheric symphonic portrait of London, and music by John Foulds. Recorded on 29 February and presented by Tom McKinney. CBSO Youth Chorus and Children's Chorus, CBSO, conductor Michael Seal
Foulds *April–England*
Gary Carpenter *Ghost Songs*
Interval
Vaughan Williams *A London Symphony*
10.00 Free Thinking
Eleanor Barraclough is joined by writers Maaza Mengiste, Christina Lamb and Julie Wheelwright to look at women's experience of fighting, from Ethiopia's war with Mussolini to modern-day Sudan.
10.45 The Essay: Home Sweet Home
2/5. In her series assessing different definitions of home, Madeleine Bunting turns her attention to homesickness. In the American Civil War, soldiers were believed to have died of it; 17th-century Swiss mercenaries were prone to it, particularly when they heard the Swiss horn played; and generations of British children were expected to toughen it out in boarding schools, where learning to endure homesickness almost became part of a national strategy.
11.00 Night Tracks With Sarah Mohr-Pietsch.
12.30am Through the Night
Catriona Young with music, starting with a concert featuring the Moscow Philharmonic Orchestra.
12.31 Mozart *Overture: The Magic Flute*
12.38 Mozart *Piano Concerto No 21 in C, K467*
1.05 J Strauss (son) *Tales from the Vienna Woods, Op 325* **1.19 J Strauss (son)** *Voices of Spring, Op 410*
1.25 J Strauss (son) *Overture: Die Fledermaus*
1.34 Strauss *Der Rosenkavalier (Waltzes)* **1.47 Ravel** *La Valse* **2.00 Mozart** *Violin Concerto No 5 in A, K219*
2.31 Dvorak *String Quartet No 12 in F, Op 96 (American)* **2.56 Glazunov** *The Seasons, Op 67*
3.33 Johanson *Four Songs about the Seasons)*
3.40 Vladigerov *Divertimento* **3.56 Corelli** *Trio Sonata in D minor, Op 1 No 11* **4.02 Schubert** *Piano Trio in E flat, D897* **4.12 Monteverdi** *Gloria in excelsis Deo*
4.24 Grieg *Norwegian Dance, Op 35 No 1*
4.31 Chabrier *España* **4.37 Rodrigo** *Invocación y danza* **4.46 Allegri** *Miserere mei Deus* **5.00 Liszt** *A la Chapelle Sixtine (Miserere de Allegri et Ave verum corpus de Mozart)* **5.10 Foulds** *Keltic Suite, Op 29*
5.25 Sanz *Canarios* **5.28 Borodin** *Symphony No 1 in E flat* **6.01 Reicha** *Oboe Quintet in F, Op 107*

Scala Radio

DAB scalaradio.co.uk Sky 0216

6.00am In the Park Calming sounds.
7.00 Charles Nove Vibrant and soothing music.
10.00 Simon Mayo Including after **10.00** the **Mayo Clinic** – responding to listeners' queries – and listeners' requests from **12.00**.
1.00pm Sam Hughes
4.00 Mark Forrest
An eclectic playlist, including at **6.30** the **Scala Immersion**, featuring a relatively long piece.
7.00 Hannah Cox
10.00 The Space
Nonstop eclectic playlist of atmospheric music.
12.00 Night Music Nonstop music.

Absolute Radio

DAB absoluteradio.co.uk
F'view 727 **F'sat** 724 **Sky** 0107 **Virgin** 915

6.00am Dave Berry 10.00 Leona Graham Old and new mainstream and indie rock and pop, from 1975 David Bowie to the 1975, from Genesis to the Grateful Dead, from the Monkees to Gorillaz, from Meat Loaf to the Jam.
1.00pm Ben Burrell 4.00 Bush and Richie
7.00 Danielle Perry 10.00 Jay Lawrence
1.00am Chris Martin

Classic FM

99.9–101.9 FM DAB classicfm.com
Freeview 731 **Freesat** 721 **Sky** 0106 **Virgin** 922

6.00am More Music Breakfast
9.00 John Suchet Popular classical works.
1.00pm Anne-Marie Minhall Requests.
5.00 Classic FM Drive Classic FM favourites.
7.00 Smooth Classics With John Brunning.
8.00 The Full Works Concert Jane Jones continues a week-long showcase of conductors.
Elgar *Cockaigne Overture, Op 40*
London Philharmonic Orchestra, conductor Adrian Boult
Joaquín Rodrigo *Concierto de Aranjuez*
Julian Bream (guitar), Melos Ensemble, conductor Colin Davis
Bach *Keyboard Concerto in D minor, BWV1052*
Andrei Gavrilov (piano), Academy of St Martin in the Fields, conductor Neville Marriner
Dvorak *Symphony No 7 in D minor*
Baltimore Symphony Orchestra, conductor Marin Alsop
Puccini *Preludio sinfonico*
London Symphony Orchestra, conductor Antonio Pappano
10.00 Smooth Classics 1.00am Sam Pittis

BBC Radio 4

92.4–94.6 FM 198 LW DAB bbc.co.uk/radio4
For national frequencies see p133
Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0143 (LW) **Virgin** 904 (FM) 911 (LW)

News, weather and **shipping forecasts** as yesterday; no weather at 5.57am

5.30am News Briefing
5.43 Prayer for the Day With Vishva Samani.
5.45 Farming Today
5.58 Tweet of the Day
Raggiana Bird-of-Paradise. With Liz Bonnin. (R)
6.00 Today
With Mishal Husain and Martha Kearney.
6.25, 7.25, 8.25 Sports News
6.45 Yesterday in Parliament
7.48 Thought for the Day
With Rev Dr Sam Wells.
8.31 *LW* **Yesterday in Parliament**
9.00 The Patch
***1/7.* Warrington.** Polly Weston visits parts of the country chosen by a random postcode generator. She begins on the outskirts of Warrington, where she is thrown into the underground world of teenagers on scrambler bikes. Producer Polly Weston (R)
9.30 New Storytellers
***1/5.* The Flapper.** The story of a family told through one object, documenting the ways in which the spirits of people can so often be captured within domestic items. The first of five programmes made by the winners of this year's Charles Parker Prize for the Best Student Radio Feature. Producer Bruce Guthrie (R)
9.45 *FM* **Book of the Week: The Peregrine**
***2/5.* Ploughing Season.** David Attenborough reads from this British nature classic by JA Baker, written in the form of a diary in which the writer charts his daily observations of the peregrine's hunting life.
For details see yesterday Repeated 12.30am
9.45 *LW* **Daily Service**
Led by Rev Paul Mathole, on the theme of Water. Featuring choral music performed by Olly Hamilton and Singers.
10.00 Woman's Hour With Jane Garvey.
10.45 The Leopard ***7/10.*** Giuseppe Tomasi di Lampedusa's epic of 19th-century Sicilian life, read by Alex Jennings. Tancredi has fallen in love with the beautiful Angelica, the daughter of the nouveau-riche commoner Don Calogero. For details see yesterday (R)
11.00 The Cash for Ash Scandal
Repeated from yesterday 8pm
11.30 Art of Now: Good Vibrations
RT Comedian and actor Isy Suttie explores the world of sound therapy.
12.04pm The Call of the Wild
2/5. Jack London's 1903 novel read by Kerry Shale. Buck gets his first taste of dragging a sled in the frozen wilds of Canada and learns the personalities and rivalries of the dogs he works with. For details see yesterday Rptd 10.45pm
12.18 Call You and Yours
Consumer affairs phone-in.
PHONE: 0370 010 0444 (Lines open from 10am)
email: youandyours@bbc.co.uk
1.00 The World at One
Presented by Sarah Montague.
1.45 Living National Treasures
2/5. The "slow radio" series celebrating artisanal craft and its practitioners. Continues tomorrow at 9.30pm.
For details see yesterday
2.00 The Archers Rptd from yesterday 7pm
2.15 Drama: Dangerous Visions: Brave Old World
After an eco-holocaust, the remaining populations of the world have gone completely green. Economic growth is banned, invention is a crime, and everyone lives in small, self-sufficient villages rigorously controlled by Facilitators. But all revolutions tend to go wrong, no matter how well-intentioned, and there are always rebels. Miranda, disaffected with the new old ways and bored by her designated ideologically perfect partner, decides to see what the bad old world had to offer. Written by Mike Harris.

Miranda	**Eleanor Jackson**	The Facilitator	
Peter	**Tom York**		**Geraldine Alexander**
Wendy	**Kellie Shirley**	The Inventor/Boss	
The Prophet	**Paul Joseph**		**Christian Rodska**

Producer/Director Clive Brill
3.00 Short Cuts
4/7. Wrong numbers that make the right connections, and the comforting voices of strangers: Josie Long presents short documentaries and adventures in sound about phones. Producer Eleanor McDowall
3.30 Costing the Earth
***2/13.* Fate of the Falcons.** The Naga people of India and Myanmar are turning from hunters to conservationists. Antonia Bolingbroke-Kent reports.
Producer Alasdair Cross Repeated tomorrow 9pm
4.00 Law in Action
3/4. Tucked away in the City of London is one of the UK's most successful invisible exports – the Commercial Court, which deals with complex cases arising out of business disputes, both national and international. It's been operating since 1895, but is it now threatened by international developments? Joshua Rozenberg investigates.
Producer Neil Koenig Repeated Thursday 8pm
4.30 A Good Read
7/10. Comedy writer and producer Henry Normal and polymath Bobby Seagull of *University Challenge* fame join Harriett Gilbert to discuss: *Jonathan Livingston Seagull* by Richard Bach, *Diary of a Somebody* by Brian Bilston, and *Lord of the Flies* by William Golding. Producer Beth O'Dea Repeated Friday 11pm
5.00 PM Presented by Evan Davis.
6.00 Six o'Clock News
6.30 The Hitchhiker's Guide to the Galaxy: Hexagonal Phase
5/6. Sci-fi comedy based on Eoin Colfer's *And Another Thing…*, adapted by Dirk Maggs with additional material by creator Douglas Adams.

The Voice of the Book	**John Lloyd**	Hillman Hunter	**Ed Byrne**
Arthur Dent	**Simon Jones**	Cthulu	**Jon Culshaw**
Ford Prefect	**Geoff McGivern**	Marvin	**Jim Broadbent**
Zaphod Beeblebrox	**Mark Wing-Davey**	The Guide Mk II	**Professor Stephen Hawking**
Trillian/Tricia McMillan	**Sandra Dickinson**	The Consultant	**Lenny Henry**
Trillian	**Susan Sheridan**	Heimdall/Barzoo/Buckeye	
Random	**Samantha Béart**	Brown/Eccentrica/Gunner Vogon	**Tom Alexander**
Jeltz/Wowbagger	**Toby Longworth**	Aseed Preflux/Sub-Etha voice/ HOG Door	**Philip Pope**
Constant Mown	**Andy Secombe**	Modgud/The Viking	**Theo Maggs**
Left Brain/Thor	**Mitch Benn**	Baldur	**Phillipe Bosher**
Fenchurch	**Jane Horrocks**	Announcer	**John Marsh**

Producers Dirk Maggs, Helen Chattwell, David Morley (R)
7.00 The Archers
There's bad news for Robert.
For cast see Friday Repeated tomorrow 2pm
7.15 Front Row
John Wilson talks to Philippa Lowthorpe, director of *Misbehaviour*, a new film about the 1970 Miss World beauty competition in London which a group of protesting women disrupted. Producer Oliver Jones
7.45 The Book of Strange New Things
7/10. Dougray Scott narrates the sci-fi fantasy by Michel Faber. Peter attempts to bridge the vast distance between the distant planet Oasis and Earth and reconnect with his wife Bea.
For cast and details see Monday (R)
8.00 File on 4
9/10. In the wake of a number of terrorist attacks involving convicted extremists, what is being done to persuade hardened jihadists to turn away from violence? Adrian Goldberg reports. Producer Helen Clifton Rptd Sunday 5pm
8.40 In Touch With Peter White.
9.00 Inside Health
8/10. Separating medical fact from fiction.
Repeated tomorrow 3.30pm
9.30 New Weird Britain
***1/4.* Urban Hinterlands.** John Doran goes in search of an underground movement of musicians blossoming in the margins of Britain. Today he seeks out the musicians who are managing to cling on to the edgelands of big cities. Producer Alannah Chance (R)
10.00 The World Tonight With Rula Shah.
10.45 The Call of the Wild ***2/5***
Repeated from 12.04pm
11.00 Liam Williams – Ladhood
3/4. The comedian relives his youthful misadventures. Producer Joe Nunnery (R)
11.30 Today in Parliament
12.00 News
12.30–12.45am Book of the Week: The Peregrine ***3/5.*** Repeated from 9.45am
1.00 as BBC World Service

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freesat** 708 **Sky** 0131 **Virgin** 910
6.00am Hercule Poirot – Mrs McGinty's Dead (2/5)
6.30 Big in Bangalore, Big in Beijing as 8.30pm
7.00 Ayres on the Air as 5pm
7.30 Teatime Sitcom by Katherine Jakeways (2/4)
8.00 The Goon Show Vintage 1955 comedy
8.30 Round the Horne Vintage 1967 comedy
9.00 The Now Show (1/6)
9.30 Lenin of the Rovers 1989 comedy (1/4)
10.00 Joseph Andrews as 3pm
11.00 About the Mountain Emily Beecham reads Frances Leviston's tale. A snowboarding instructor counts the boys in her charge as dusk falls on the slopes
11.15 The Shadow of Dorian Gray as 9.15pm
12.00 The Goon Show Vintage 1955 comedy
12.30pm Round the Horne Vintage 1967 comedy
1.00 Hercule Poirot – Mrs McGinty's Dead (2/5)
1.30 Big in Bangalore, Big in Beijing as 8.30pm
2.00 The Rainbow DH Lawrence's 1915 novel (7/10)
2.15 Nature's Great Invaders (2/5)
2.30 The Frederica Quartet Dramatisation of AS Byatt's family saga *The Virgin in the Garden* (2/8)
2.45 Tom Fort Channel Shore A journey from the White Cliffs of Dover to Land's End (2/5)
3.00 Joseph Andrews By Henry Fielding (2/4)
4.00 The Museum of Curiosity (5/6)
4.30 Are You from the Bugle? Comedy (2/6)
5.00 Ayres on the Air 2004 comic poetry and sketches with Pam Ayres and Felicity Montagu
5.30 Teatime Sitcom by Katherine Jakeways (2/4)
6.00 Space Force Sci-fi adventure. From 1985 (2/6)
6.30 The Tingle Factor A 1992 programme in which Jeremy Nicholas interviewed composer and Beatles record producer George Martin (1926–2016)
7.00 The Goon Show Vintage 1955 comedy
7.30 Round the Horne Vintage 1967 comedy
8.00 Hercule Poirot – Mrs McGinty's Dead (2/5)
8.30 Big in Bangalore, Big in Beijing
Rajan Datar turns his attentions to China (2/2)
9.00 About the Mountain as 11am
9.15 The Shadow of Dorian Gray By Stephen Wyatt. Oscar Wilde's conviction for gross indecency in 1895 spells trouble for John Gray, the poet thought to have inspired Wilde's novel *The Picture of Dorian Gray*. Gray is summoned to the Café Royal by a mysterious telegram, and his life will have changed by the time the evening is over. With Blake Ritson, Nicholas Farrell and Joshua McGuire. From 2015
10.00–12.00 Comedy Club: Teatime (2/4), at **10.30 The Mark Steel Solution** (2/6), at **10.55 Interview** With Tom Neenan (1/2), at **11.00 Beauty of Britain** (2/6), at **11.30 The Guns of Adam Riches 12.00** as 6pm **12.30am** as 6.30pm **1.00** as 8pm **1.30** as 8.30pm **2.00** as 2pm **2.15** as 2.15pm **2.30** as 2.30pm **2.45** as 2.45pm **3.00** as 3pm **4.00** as 4pm **4.30** as 4.30pm **5.00** as 5pm **5.30** as 5.30pm

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview* 710 **Freesat** 711 **Sky** 0115 **Virgin** 906
Programmes may differ online, and on Freesat, Sky, and Virgin
5.00am News **5.05** The Newsroom **5.30** Discovery **6.00** Newsday **8.30** Business Daily **8.50** Witness History **9.00** News **9.05** The Arts Hour **10.00** World Update **11.00** The Newsroom **11.30** In the Studio **12.00** News **12.05pm** Outlook **1.00** The Newsroom **1.30** The Documentary **2.00** Newshour: the stories behind the latest headlines **3.00** News **3.05** People Fixing The World **3.30** World Business Report: informed analysis **4.00** BBC OS **6.00** News **6.05** Outlook: perspectives on important issues **7.00** News **7.05** The Newsroom **7.30** Sport Today **8.00** News **8.05** People Fixing The World **8.30** Digital Planet **9.00** Newshour: the stories behind the latest headlines **10.00** News **10.05** The Newsroom **10.20** Sports News **10.30** World Business Report: Informed analysis **11.00** News **11.05** The Documentary **11.30** In the Studio: the processes of leading and emerging figures from across the creative world **12.00** News **12.05am** The Arts Hour **1.00** News **1.05** Business Matters **2.00** News **2.05** The Newsroom **2.30** The Documentary **3.00** News **3.05** Outlook **4.00** News **4.05** Hardtalk: Interviews with newsmakers and personalities from across the globe **4.30** The Compass

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 **F'sat** 705 **Sky** 0105 **Virgin** 905
Sports Extra F'view 706 **F'sat** 706
Sky 0144 **Virgin** 908

News and **sport** as yesterday
5.00am Morning Reports
News, sport and today's papers.
5.15 Wake Up to Money
Financial news, with insight and analysis from the business world.
6.00 5 Live Breakfast
Nicky Campbell and Rachel Burden present news from the UK and around the world, including business, travel updates and the day's sports stories. And at **9.00** Nicky Campbell invites listeners' calls on the day's big story in **Your Call**.
10.00 Emma Barnett
News and current affairs interviews. Plus listeners' stories and contributions, and a round-up of the day's headlines.
1.00pm Nihal Arthanayake
News, big-name interviews and topical conversation. *The Headliners* podcast is available from the BBC Sounds app.
4.00 5 Live Drive
Tony Livesey and Sarah Brett with news, sport, travel updates and interviews with those in the news.
7.00 5 Live Sport
Kelly Cates presents build-up to the Champions League last-16 second-leg match between RB Leipzig and Tottenham Hotspur in the Red Bull Arena, with Leipzig leading 1-0 from the first leg. Live commentary starts at **8.00**.
10.30 Colin Murray
The latest news and topical discussion, with comedians, columnists, bloggers and vloggers.
1.00am Up All Night
Rahul Tandon with international news, topical interviews and stories from around the world.

Talksport

1053, 1089 MW DAB talksport.co.uk
F'view 723 **F'sat** 731 **Sky** 0108 **Virgin** 927

6.00am Sports Breakfast
Presented by Alan Brazil.
10.00 White and Sawyer
1.00pm Hawksbee and Jacobs
4.00 Adrian Durham and Darren Gough Footballing news.
7.00 Kick-Off With Hugh Woozencroft and Danny Mills.
10.00 Sports Bar With Andy Goldstein and Jason Cundy.
1.00am Extra Time
5.00 Early Breakfast

LBC

97.3 FM (London area) DAB lbc.co.uk
F'view 732 **F'sat** 734 **Sky** 0124 **Virgin** 919
7.00am Nick Ferrari
10.00 James O'Brien
1.00pm Shelagh Fogarty
4.00 Eddie Mair
6.00 Nigel Farage
7.00 Iain Dale
10.00 Tom Swarbrick Pacy show.
1.00am Darren Adam
4.00 Steve Allen

Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 **F'sat** 709 **Sky** 0119 **Virgin** 912
6.00am Harpz Kaur
10.00 Asian Network's Big Debate
12.30pm Asian Network Reports
1.00 Haroon Rashid
4.00 Yasser British-Asian music.
5.30 Asian Network Reports
6.00 Yasser British-Asian music.
7.00 Bobby Friction
10.00 Mobeen Azhar
12.00 Club Hit Squad Mix
12.30am Asian Network Playlists
1.00 Annie Nightingale
3.00 1Xtra Playlists
3.40 Radio 1 and 1Xtra Stories
4.00 Jamz Supernova

*Not available on Freeview in Scotland 4pm–1am. **Key** (R) Repeat

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Money It pays to get good financial advice YOUR RT P141

WEDNESDAY Radio

Today's Choices



Le Divide
11.00am ***Radio 4***

The French ideal of liberty, fraternity and equality has been severely tarnished in recent times, with the *gilets jaunes* protests that began in late 2018 disfiguring not just the streets of Paris but a self-image that the country has always seemed to hold dear. The challenges facing Emmanuel Macron are enormous, and here, in a three-part series, the BBC's Paris correspondent Lucy Williamson breaks them down into the constituent parts of that great national slogan.

SIMON O'HAGAN

Drama: Dangerous Visions: Body Horror
2.15pm ***Radio 4***

Body image, human trafficking and euthanasia all feature in this impressive three-part drama from Lucy Catherine. But it never feels weighed down by these hefty subjects; the story is spare and compelling. Caroline (Jill Halfpenny) is a 40-year-old mortician in 2050 London, who desperately wants a promotion. But her age and appearance prevent her from making the grade. Then she wins the lottery, and suddenly the job – and the body – she always wanted is within her grasp... **HANNAH SHADDOCK**

13 Minutes to the Moon
11.30am ***BBC World Service***

Pick of the Week: page 115

DISCOVER RADIO

Mindfulness: Panacea or Fad?

Recorded before Emma Barnett became a household name, this intriguing documentary has her attempt to still her mind by trying mindfulness exercises. It works for some of the people she meets – but not for her.

JANE ANDERSON

Listen at *bbc.co.uk/sounds*

GETTY

BBC Radio 1

97.6–99.8 FM DAB bbc.co.uk/radio1
F'view* 700 **F'sat** 700 **Sky** 0101 **Virgin** 901

6.30am Greg James
10.00 Clara Amfo
Chat, interviews and music.
1.00pm Scott Mills Music and chat.
4.00 Nick Grimshaw New music.
7.00 Annie Mac
9.00 Rickie, Melvin and Charlie
11.00 Radio 1's Indie Show
Presented by Jack Saunders.
1.00am Benji B Electronic music.
3.00 Radio 1's R&B Anthems
4.00 Adele Roberts

BBC Radio 2

88–90.2 FM DAB bbc.co.uk/radio2
F'view* 702 **F'sat** 702 **Sky** 0102 **Virgin** 902

5.00am Vanessa Feltz
Cosy show with old and new pop, the day's headlines and listeners' texts.
6.30 Zoe Ball
Upbeat show with chat, phone-ins and texts, regular features and music, with chart oldies and tracks from Radio 2's current playlist. Plus big-name guests.
9.30 Ken Bruce
Music, chat and features including the **PopMaster** music quiz and, after **11.30**, **Tracks of My Years**.
12.00 Jeremy Vine
News, human interest stories and topical discussion, with a phone-in. Plus hip chart oldies and music from Radio 2's current playlist.
2.00pm Steve Wright
New pop music and hits of yesteryear, plus regular features and big-name guests.
5.00 Sara Cox
7.00 Jo Whiley
9.00 The Folk Show with Mark Radcliffe
Traditional and contemporary folk and acoustic music from here and abroad, tonight with folk-pop star James Taylor discussing *American Standard* – his new album of covers versions of personally significant songs. Taylor currently presents a similarly themed two-parter on Sunday evenings at 9pm.
10.00 Trevor Nelson's Rhythm Nation
12.00 OJ Borg
3.00am Pick of the Pops
Paul Gambaccini counts down pop charts from this week in 1970and1989, when the Top 20s included radio hits by Judy Collins, Peter, Paul and Mary, Simon and Garfunkel, the Jackson 5, Donna Summer, Michael Ball, Sam Brown and Jason Donovan. (R)

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 **Freesat** 707 **Sky** 0120 **Virgin** 909

7.30am Lauren Laverne
10.30 Mary Anne Hobbs
1.00pm Shaun Keaveny
4.00 Steve Lamacq
7.00 Marc Riley New music.
9.00 Gideon Coe
12.00 6 Music Recommends
Mary Anne Hobbs plays her favourite new music.
1.00am The First Time... Matt Everitt interviews former Smiths guitarist and songwriter Johnny Marr, who discusses Morrissey and also his post-Smiths career. From 2010.
2.00 Classic Singles Tony Visconti explores the Boomtown Rats' 1979 UK number one *I Don't Like Mondays*.
2.30 Live Hour Concerts and sessions from the BBC archives.
3.30 Mary Anne Hobbs Hit Reset Mix A weekly 30-minute mix.
4.00 Jukebox 5.00 Chris Hawkins

BBC Radio 3

90.2–92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** as Monday

6.30am Breakfast
Georgia Mann with an eclectic playlist stretching from Baroque works to the Great American Songbook. Plus listeners' texts and requests.
9.00 Essential Classics With Ian Skelly.
11.00 Essential Five Another of this week's five recommended arias sung by operatic villains.
12.00 Composer of the Week: Beethoven – at Home
***3/5.* Razor.** Donald Macleod is joined by Erica Burrman on a visit to Beethoven's birthplace, where they find a cut-throat razor owned by the composer, and discuss his domestic circumstances.
Piano Sonata No 29 in B flat, Op 106 (Hammerklavier) (1st mvt)
Stephen Kovacevich
Aus Goethes Faust, Op 75 No 3
Roderick Williams (baritone), Iain Burnside (piano)
Symphony No 6 (3rd mvt)
Vienna Philharmonic Orchestra, conductor Simon Rattle
String Quintet in E flat, Op 4 (1st and 2nd mvts)
Endellion Quartet
1.00pm Radio 3 Lunchtime Concert
John Toal with further music performed at this year's International Festival of Chamber Music, hosted by the Belfast Music Society and recorded last month in the Great Hall at Queen's University in Belfast.
Bartok *15 Hungarian Folksongs*
Hélène Clément (viola), Agnès Clément (harp)
Machaut *Messe de Nostre Dame (Kyrie)*
Gesualdo *Moro, lasso, al mio duolo*
Perotinus *Viderunt Omnes*
Dudok Quartet
Montero *Scenes from Childhood*
Gabriela Montero (piano)
2.00 Afternoon Concert
Tom McKinney with further performances by the Ulster Orchestra, today featuring a concert given last October in the Ulster Hall as part of the Belfast International Arts Festival, featuring works by Tchaikovsky, Rodrigo and Ravel.
Tchaikovsky *Fantasy Overture: Romeo and Juliet*
Rodrigo *Concerto de Aranjuez*
Mussorgsky, orch Ravel *Pictures at an Exhibition*
Rafael Aguirre Miñarro (guitar), Ulster Orchestra, conductor Roberto González-Monjas
3.30 Choral Evensong
From Manchester Cathedral. Introit: Geistliches Lied (Brahms). Responses: Christopher Stokes. Psalms 60, 61 (Hopkins, Hesford). First Lesson: Job 1, vv1–22. Canticles: Edington Service (Judith Bingham). Second Lesson: Luke 21, v34–22, v6. Anthem: Verleih uns frieden (Mendelssohn). Hymn: Take up Thy cross, the Saviour Said (*Breslau*). Voluntary: Sonata in A, Op 65 No 3 (Con moto maestoso) (Mendelssohn). Organist and Master of the Choristers Christopher Stokes. Sub-Organist Geoffrey Woollatt. Repeated Sunday 3pm
4.30 New Generation Artists
Featuring tenor Alessandro Fisher in songs by Schubert and Granados, and cellist Anastasia Kobekina in Myaskovsky's Second Cello Sonata.
Schubert *Der Fischer*
Alessandro Fisher (tenor), Ashok Gupta (piano)
Myaskovsky *Cello Sonata No 2 in A minor, Op 81*
Anastasia Kobekina (cello), Paloma Kouider (piano)
Granados *Gracia mía*
Alessandro Fisher (tenor), Ashok Gupta (piano)
5.00 In Tune
Katie Derham presents a live performance by soprano Mary Bevan and keyboard specialist Laurence Cummings.
7.00 In Tune Mixtape A nonstop mix of music.
7.30 Radio 3 in Concert
Tom Redmond introduces the Dresden Kammerchor in a concert of works by Beethoven, recorded on Saturday at the Bridgewater Hall, Manchester.
Beethoven *Symphony No 4 in B flat*
8.05 Musical Interval (CD)
Beethoven *Mass in C, Op 86*
Emily Dorn (soprano), Rachel Frenkel (mezzo), Luis Gomes (tenor), Evan Hughes (bass), Dresden Kammerchor, conductor Omer Meir Wellber
10.00 Free Thinking
Thomas Piketty's *Capital in the Twenty-First Century* – a powerful argument against widening inequality – made a huge impact when it was published in 2013. The French economist, whose most recent work is *Capital and Ideology,* discusses his ideas with Rana Mitter.
10.45 The Essay: Home Sweet Home
3/5. An estimated 70 million people around the world are believed to be homeless. Madeleine Bunting recalls her own experience as a child and how her mother, trying to make a home for her children in someone else's basement, was given new hope by a passing traveller woman.
11.00 Night Tracks With Sarah Mohr-Pietsch.
12.30am Through the Night With Catriona Young. Including a concert of Tchaikovsky and Bartok given by the Orchestre de la Suisse Romande on 27 February in Victoria Hall, Geneva. **Tchaikovsky** *Fantasy overture Romeo and Juliet* **12.52 Bartok** *Piano Concerto No 2* **1.20 Tchaikovsky** *Symphonic fantasia The Tempest* **1.46 Bartok** *Suite: The Miraculous Mandarin* François-Frédéric Guy (piano), Orchestre de la Suisse Romande, conductor Gustavo Gimeno **2.05 JS Bach** *Cantata No 57: Selig ist der Mann* **2.31 Sullivan** *Symphony in E (Irish)* **3.07 Brahms** *Piano Quartet No 3 in C minor* **3.43 Bruhns** *Cantata: Wohl dem, der den Herren fürchtet* **3.51 Glazunov** *Elegy in D flat, arr for horn and piano* **4.00 Blow** *Venus and Adonis (extracts)* **4.07 Corelli** *Trio Sonata in C, Op 3 No 8* **4.14 Sanz** *Tarantella* **4.22 Nielsen** *Serenata in vano* **4.31 Kuula** *Prelude and Fugue for orchestra* **4.40 CPE Bach** *Keyboard Sonata in A minor, Wq57 No 2* **4.49 Zelenka** *De profundis in D minor* **4.59 Wieniawski** *Polonaise in A for violin and piano* **5.09 Leclair** *Badinage & Chaconne (Deuxième Récréation de musique d'une exécution facile)* **5.18 Alpaerts** *Avondmuziek (Evening Music) for wind octet* **5.28 Bach** *Orchestral Suite No 1 in C, BWV1066* **5.51 Visée** *Lute Suite in D minor* **6.06 Kodaly** *Suite: Hary Janos* (R)

Scala Radio

DAB scalaradio.co.uk Sky 0216

6.00am In the Park Calming sounds.
7.00 Charles Nove Vibrant and soothing music.
10.00 Simon Mayo
1.00pm Sam Hughes With popular classical works including after **1.00pm** her weekly **Scala Sessions**, today with composer and pianist Henrik Lindstrand.
4.00 Mark Forrest From his home in the Yorkshire Dales, Mark Forrest with music and features including at **4.30** a guide to walks and trails presented by *Country Walking* deputy editor Nick Hallissey.
7.00 Hannah Cox Featuring the latest classical recordings and, from **9.00**, a Mindfulness Moment.
10.00 The Space Nonstop eclectic playlist.
12.00 Night Music Nonstop classical music.

Absolute Radio

DAB absoluteradio.co.uk
F'view 727 **F'sat** 724 **Sky** 0107 **Virgin** 915

6.00am Dave Berry Lively chat, music and regular features **10.00 Leona Graham** Mainstream and indie rock and pop, from the Beatles to Blossoms, from the Doors to the 1975, from Kraftwerk to Kaleo **1.00pm Ben Burrell 4.00 Bush and Richie 7.00 Danielle Perry 10.00 Jay Lawrence 1.00am Chris Martin**

Classic FM

99.9–101.9 FM DAB classicfm.com
Freeview 731 **Freesat** 721 **Sky** 0106 **Virgin** 922

6.00am More Music Breakfast
9.00 John Suchet Popular classical works.
1.00pm Anne-Marie Minhall Requests.
5.00 John Brunning Classic FM favourites.
7.00 Smooth Classics With John Brunning.
8.00 The Full Works Concert
Jane Jones continues a celebration of conductors, including the late Stephen Cleobury.
Dvorak *Slavonic Dance in E minor ,Op 46 No 2*
Vienna Philharmonic Orchestra, conductor Fritz Reiner
Fauré *Cantique de Jean Racine, Op 11* Choir of King's College, Cambridge, conductor Stephen Cleobury
Haydn *Symphony No 90 in C* Berlin Philharmonic Orchestra, conductor Simon Rattle
Walton *Orb and Sceptre* Royal Philharmonic Orchestra, conductor André Previn
Offenbach *Jacqueline's Tears* Sheku Kanneh-Mason (cello), City of Birmingham Symphony Orchestra, conductor Mirga Grazinyte-Tyla
Brahms *Piano Concerto No 1 in D minor, Op 15*
Daniel Barenboim (piano), Staatskapelle Berlin, conductor Gustavo Dudamel
10.00 Smooth Classics 1.00am Sam Pittis

It's...50 years of **Monty Python!**  Order **RT's official guide** for **£9.99*** at radiotimes.com/python50
*includes postage & packing

BBC Radio 4

92.4–94.6 FM 198 LW DAB bbc.co.uk/radio4
For national frequencies see p133
Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0143 (LW) **Virgin** 904 (FM) 911 (LW)

News, weather and **shipping forecasts** as Monday; no weather at 5.57am

5.30am News Briefing

5.43 Prayer for the Day With Vishva Samani.

5.45 Farming Today

5.58 Tweet of the Day
Blue Rock Thrush. With Liz Bonnin. (R)

6.00 Today
With Martha Kearney and Justin Webb.

6.25, 7.25, 8.25 Sports News

7.48 Thought for the Day
With the Venerable Liz Adekunle.

8.31 *LW* **Yesterday in Parliament**

9.00 Only Artists
Two artists from different disciplines discuss creative questions, processes and decisions. Today the conversation is between the poet Lavinia Greenlaw and the artist Charles Avery.
Producer Clare Walker Repeated 9.30pm

9.30 The Curious Cases of Rutherford and Fry
6/6. Mathematician Hannah Fry and geneticist Adam Rutherford investigate everyday science mysteries sent in by listeners.
Repeated Saturday 5.45am

9.45 *FM* **Book of the Week: The Peregrine**
3/5. **The Peregrine at Play**
David Attenborough reads from this British nature classic by JA Baker.
For details see Monday Repeated 12.30am

9.45 *LW* **Daily Service**
Led by Sarah Bradley. Mark 1, vv9–13 Will Your Anchor Hold in the Storms of Life? (Will Your Anchor Hold?). Crossing the Bar (Parry). Eternal Father, strong to save (*Melita*). Daily Service Singers, director Andrew Earis. Organist Richard Tanner.

10.00 Woman's Hour With Jenni Murray.

10.41 The Leopard ***8/10.*** Giuseppe Tomasi di Lampedusa's epic of 19th-century Sicilian life. Everyone is invited to the ball at Palazzo Ponteleone. Read by Alex Jennings.
For details see Monday

10.55 The Listening Project
Presented by Fi Glover.

11.00 Le Divide
RT ***New series.*** ***1/3.*** The BBC's Paris correspondent, Lucy Williamson, reports on the challenges facing the three concepts enshrined in the French motto – liberty, equality and fraternity – starting with liberty. Producer Arlene Gregorius

11.30 Alexei Sayle's Imaginary Sandwich Bar
4/4. **Kings of Comedy.** Alexei outlines the issues he has with Morecambe and Wise, and with the trade unions. Producer Joe Nunnery (R)

12.04pm The Call of the Wild
3/5. Jack London's 1903 novel about the adventures of a sled dog during the Klondike Gold Rush, read by Kerry Shale. There is war between Spitz, the lead dog, and Buck, which unsettles the whole pack. Sooner or later, the bitterness between them will have to be resolved. For details see Monday Repeated 10.45pm

12.18 The World at One
Sarah Montague presents an extended edition of *The World at One*, with coverage of the Budget, the first of the new Conservative administration, to be delivered by Chancellor of the Exchequer Rishi Sunak.

2.00 The Archers Rptd from yesterday 7pm

2.15 Drama: Dangerous Visions: Body Horror
RT ***New series.*** ***1/3.*** Lucy Catherine's dystopian psychological thriller set in London, 2050, following lowly mortician Caroline McAleese as she undergoes a full body transplant. Starring Jill Halfpenny, Shelley Conn and Adam Courting.

Caroline	**Jill Halfpenny**	Lift Voice	**Lucy Reynolds**
Gloria	**Shelley Conn**	Car salesman	**Ian Conningham**
Rowan	**Adam Courting**	Young mum	**Lucy Reynolds**
Anastasia	**Samantha Dakin**		
Tom	**Ian Conningham**	Library computer	
Waiter	**Greg Jones**		**Sinead MacInnes**
Paulina	**Chetna Pandya**	BodyEx computer	
Trevor	**Clive Hayward**		**Scarlett Courtney**
Mel	**Liza Sadovy**	Hotel computer	**Laura Christy**
Karina	**Heather Craney**	Benefits office computer	
Che	**Ikky Elyas**		**Adam Courting**
Stan	**Neil McCaul**	Government computer	
Security guard	**Greg Jones**		**Neil McCaul**
Bar Guy	**Ikky Elyas**	Work computer	
Virtual James	**Will Kirk**		**Sinead MacInnes**

Writer Lucy Catherine; Director Toby Swift

3.00 Money Box Live
Financial questions answered.
PHONE: 0370 010 0444 Lines open from 1pm to 3.30pm
EMAIL: moneybox@bbc.co.uk
Your RT Money: page 140

3.30 Inside Health
8/10. Repeated from yesterday 9pm

4.00 Thinking Allowed
Kidnap. Laurie Taylor is joined by Anja Shortland, reader in political economy at King's College London, who has made a study of the lucrative but tricky business of kidnapping. And Jatin Dua, assistant professor of anthropology at the University of Michigan, examines the upsurge in maritime piracy off the coast of Somalia. In what ways are modern-day pirates connected to longer histories of trade and disputes over protection?
Producer Jayne Egerton Repeated Sunday 12.15am

4.30 The Media Show
Presented by Amol Rajan.

5.00 PM
Presented by Evan Davis.

6.00 Six o'Clock News

6.30 Mark Watson Talks a Bit about Life
2/4. **Summer.** The comedian examines the four seasons, and in turn, the seasons of a human life. Today, Mark and his guests consider summer and what it represents.
Producer Lianne Coop

7.00 The Archers
Oliver bears the brunt and Russ offers his support.
For cast see Friday Repeated tomorrow 2pm

7.15 Front Row
Samira Ahmed talks to Steven Appleby about his graphic novel *Dragman*, which tells the story of August Crimp, a man who has superpowers when he puts on women's clothes. Producer Edwina Pitman

7.45 The Book of Strange New Things
8/10. Dougray Scott narrates the sci-fi fantasy by Michel Faber. Peter, a man devoted to his wife and God, is called upon to take part in the mission of a lifetime, which will take him galaxies away from his home. Adapted by Miranda Emmerson and starring Joe Armstrong, and Hayley Atwell.
For cast and details see Monday (R)

8.00 The Moral Maze
6/8. Michael Buerk is joined by Mona Siddiqui, Melanie Phillips, Tim Stanley and Matthew Taylor to debate the moral aspects of a topical issue. Repeated Saturday 10.15am

8.45 Lent Talks
2/6. TV presenter Simon Thomas reflects on the impact of grief on his identity.
Producer Dan Tierney Repeated Sunday 5.45am

9.00 Costing the Earth Rptd from Tue 3.30pm

9.30 Living National Treasures
3/5. Continuing the "slow radio" series telling stories of artisanal craft.
For details see Monday Producer Kate Bissell

9.45 One to One
Verity Sharp meets the writer Tim Parks who shares his experiences of a painful chronic condition brought about by a constant mental and physical tension, related to his work as a writer. Producer Sarah Blunt

10.00 The World Tonight With Shaun Ley.

10.45 The Call of the Wild
3/5. Repeated from 12.04pm

11.00 Ken Cheng: Chinese Comedian
4/4. Ken Cheng's stand-up series examining British Chinese culture. Producer Adnan Ahmed

11.15 Cracking Up
4/4. **Utopia.** Divorcee Spencer is shocked to see the family home is no longer called Utopia, and he accidentally evicts himself from his flat. Comedy by Johnny Daukes.
Producer Johnny Daukes (R)

11.30 Today in Parliament

12.00 News

12.30–12.45am Book of the Week: The Peregrine ***3/5.*** Repeated from 9.45am

1.00 as BBC World Service

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra

Freeview 708 **Freesat** 708 **Sky** 0131 **Virgin** 910
6.00am Hercule Poirot – Mrs McGinty's Dead (3/5)
6.30 The Art of the Loop as 8.30pm
7.00 Stockport, So Good They Named It Once
7.30 Mark Watson Talks a Bit about Life
8.00 Hancock's Half Hour Comedy (6/20)
8.30 Tales from the Mausoleum Club as 12.30pm
9.00 Listomania With Susan Calman (4/6)
9.30 Bangers and Mash 1999 comedy (1/6)
10.00 Joseph Andrews By Henry Fielding (3/4)
11.00 The Changing Sound of Radio (1/3)
12.00 Hancock's Half Hour Comedy (6/20)
12.30pm Tales from the Mausoleum Club Comedy by Ian Brown and James Hendrie. With Terence Stamp, Joss Ackland, Spike Milligan, Andrew Sachs, Royce Mills and Sheila Steafel. From 1987 (1/6)
1.00 Hercule Poirot – Mrs McGinty's Dead (3/5)
1.30 The Art of the Loop as 8.30pm
2.00 The Rainbow DH Lawrence's controversial 1915 novel, following the passionate lives of three generations of a Nottinghamshire family. Abridged by Linda Cracknell and read by David Bradley (8/10)
2.15 Nature's Great Invaders From 2016 (3/5)
2.30 The Frederica Quartet Dramatisation by John Harvey of AS Byatt's family saga *The Virgin in the Garden*. From 2002 (3/8)
2.45 Tom Fort Channel Shore Writer Tom Fort travels from the White Cliffs of Dover to Land's End in search of maritime tales. Abridged by Katrin William and read by Jonathan Coy. From 2015 (3/5)
3.00 Joseph Andrews By Henry Fielding (3/4)
4.00 Listomania 2015 comedy panel show (4/6)
4.30 Bangers and Mash Comedy by Katie Hims (1/6)
5.00 Stockport, So Good They Named It Once (1/6)
5.30 Mark Watson Talks a Bit about Life (1/4)
6.00 Space Force Sci-fi adventure. From 1985 (3/6)
6.30 The Palace of Laughter Geoffrey Wheeler goes on a tour of the nation's variety theatres (3/3)
7.00 Hancock's Half Hour Comedy (6/20)
7.30 Tales from the Mausoleum Club as 12.30pm
8.00 Hercule Poirot – Mrs McGinty's Dead (3/5)
8.30 The Art of the Loop Electronic musician Matthew Herbert explores looping and sampling, and asks whether these techniques are a benefit or a hindrance to the music industry. From 2014
9.00 The Changing Sound of Radio Musician and wildlife sound recordist Chris Watson looks at the ways technology has changed radio. From 2018 (1/3)
10.00–12.00 Comedy Club: Mark Watson Talks a Bit about Life (1/4), at **10.30 Alice's Wunderland** (1/4), at **10.55 Interview** With Tom Neenan (2/2), at **11.00 Will Smith Presents the Tao of Bergerac** (3/4), at **11.30 The Sofa of Time** (2/6) **12.00** as 6pm **12.30am** as 6.30pm **1.00** as 8pm **1.30** as 8.30pm **2.00** as 2pm **2.15** as 2.15pm **2.30** as 2.30pm **2.45** as 2.45pm **3.00** as 3pm **4.00** as 4pm **4.30** as 4.30pm **5.00** as 5pm **5.30** as 5.30pm

BBC World Service

DAB bbc.co.uk/worldserviceradio

Freeview* 710 **Freesat** 711 **Sky** 0115 **Virgin** 906

Programmes may differ online, and on Freesat, Sky, and Virgin

5.00am News **5.05** The Newsroom **5.30** Digital Planet **6.00** Newsday **8.30** Business Daily **8.50** Witness History **9.00** News **9.05** The Documentary **10.00** World Update **11.00** The Newsroom **11.30** The Documentary **12.00** News **12.05pm** Outlook: perspectives on important issues **1.00** The Newsroom **1.30** The Compass **2.00** Newshour **3.00** News **3.05** Hardtalk **3.30** World Business Report **4.00** BBC OS **6.00** News **6.05** Outlook **7.00** News **7.05** The Newsroom **7.30** Sport Today **8.00** News **8.05** Hardtalk **8.30** Healthcheck: health issues and medical breakthroughs from around the world **9.00** Newshour **10.00** News **10.05** The Newsroom **10.20** Sports News **10.30** World Business Report: informed analysis **11.00** News **11.05** The Compass **11.30** The Documentary: investigating global developments, issues and affairs **12.00** News **12.05am** The Documentary **1.00** News **1.05** Business Matters **2.00** News **2.05** The Newsroom **2.30** The Documentary: investigating global developments, issues and affairs **3.00** News **3.05** Outlook: perspectives on important issues **4.00** News **4.05** The Inquiry: the trends, forces and ideas shaping the world **4.30** The Food Chain

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive

F'view 705 **F'sat** 705 **Sky** 0105 **Virgin** 905
Sports Extra F'view 706 **F'sat** 706
Sky 0144 **Virgin** 908

News and **sport** as Monday

5.00am Morning Reports

5.15 Wake Up to Money
Financial news stories.

6.00 5 Live Breakfast
Nicky Campbell and Rachel Burden present news from the UK and around the world, including business, travel updates and the day's sports stories. At **9.00 Your Call**. Nicky Campbell invites listeners' calls on the day's big story.

10.00 Emma Barnett
News and current affairs interviews from the heart of Westminster. Plus listeners' stories and contributions, and coverage of Prime Minister's Questions.

1.00pm Nihal Arthanayake
News, big-name interviews and topical conversation. *The Headliners* podcast is available from the BBC Sounds app.

4.00 5 Live Drive
Tony Livesey and Sarah Brett with news, sport, travel updates and interviews with those in the news.

7.00 5 Live Sport
Mark Chapman presents build-up to the Champions League last-16 second-leg match between Liverpool and Atlético Madrid at Anfield, with Atlético leading 1-0 from the first leg. Live commentary starts at **8.00**.

10.30 Colin Murray
The big stories of the day, and a look ahead to what's expected to make the headlines tomorrow.

1.00am Up All Night
Dotun Adebayo with global news, international stories and features, interviews and topical discussion with guests.

Talksport

1053, 1089 MW DAB talksport.co.uk
F'view 723 **F'sat** 731 **Sky** 0108 **Virgin** 927

6.00am Sports Breakfast
Presented by Alan Brazil.
10.00 White and Sawyer
1.00pm Hawksbee and Jacobs
4.00 Adrian Durham and Darren Gough Footballing news.
7.00 Kick-Off
With Hugh Woozencroft.
10.00 Sports Bar With Andy Goldstein and Jason Cundy.
1.00am Extra Time With Paul Ross.
5.00 Early Breakfast

LBC

97.3 FM (London area) DAB lbc.co.uk
F'view 732 **F'sat** 734 **Sky** 0124 **Virgin** 919
7.00am Nick Ferrari
10.00 James O'Brien
1.00pm Shelagh Fogarty
4.00 Eddie Mair
6.00 Nigel Farage
7.00 Iain Dale
10.00 Tom Swarbrick
1.00am Darren Adam
4.00 Steve Allen

Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 **F'sat** 709 **Sky** 0119 **Virgin** 912
6.00am Harpz Kaur
10.00 Asian Network's Big Debate
12.30pm Asian Network Reports
1.00 Haroon Rashid
4.00 Yasser British-Asian music.
5.30 Asian Network Reports
6.00 Yasser Unsigned music.
7.00 Bobby Friction
Bollywood and bhangra anthems
10.00 Poppy Begum
12.00 Asian Network's Mixtape Series
12.30am Asian Network Playlists
1.00 Benji B Future beats.
3.00 1Xtra Mixes
4.00 1Xtra Residency

*Not available on Freeview in Scotland 4pm–1am. **Key** (R) Repeat

Listen live, catch up and follow your favourites at **bbc.co.uk/sounds**

THURSDAY Radio

Today's Choices



Resist Phoney Encores!

11.00pm ***Radio 4***

In 1967, the Beatles were attending a transcendental meditation seminar in the Welsh town of Bangor when they learned of the death of their manager, Brian Epstein. Flash forward 53 years and Super Furry Animals frontman Gruff Rhys (above) is on a pilgrimage to the phone box where the band heard the news, and where in 1987 he would sleep as a teenager if he missed the last bus home. This episode is the first in a new series in which Rhys explores crowd behaviour; a mix of psychogeography and comedy that encapsulates the Cool Cymru poster boy's leftfield leanings. **TOM GOULDING**

Radio 3 in Concert

7.30pm ***Radio 3***

Brahms had resolved to retire when, in 1891, he heard the clarinettist Richard Mühlfeld and was inspired to compose a series of masterpieces for the instrument he affectionately dubbed "Fräulein Klarinette". As part of a Wigmore Hall residency earlier this year, polymathic pianist Stephen Hough was joined by today's leading clarinettist, Michael Collins, in the two sonatas, while Collins and the Castalian Quartet perform Brahms's Clarinet Quintet and Hough's arrangement of Beethoven's "Spring" Sonata.

MARK PAPPENHEIM

DISCOVER RADIO

The Breakup Monologues with Rosie Wilby

Ever wondered how a dog can ruin your sex life or which celebrity tops the "fantasy shag list"? No? Me neither, but Rosie Wilby and her comic guests do at least bring some laughter to the sore subject of break-ups. **JANE ANDERSON**

Listen at *rosiewilby.com*

DALLE/EYEVINE

BBC Radio 1

97.6–99.8 FM DAB bbc.co.uk/radio1
F'view* 700 **F'sat** 700 **Sky** 0101 **Virgin** 901

6.30am Greg James Chart hits, laughs and chat, including input from listeners.
10.00 Clara Amfo
1.00pm Scott Mills
4.00 Nick Grimshaw New music.
7.00 Annie Mac
9.00 Rickie, Melvin and Charlie
11.00 Radio 1's Indie Show Presented by Jack Saunders.
1.00am Radio 1's Soundsystem with Toddla T Banging tunes.
3.00 Radio 1's Rap Anthems
4.00 Arielle Free

BBC Radio 2

88–90.2 FM DAB bbc.co.uk/radio2
F'view* 702 **F'sat** 702 **Sky** 0102 **Virgin** 902

5.00am Vanessa Feltz
6.30 Zoe Ball
9.30 Ken Bruce Gentle chat, music from Radio 2's current playlist and pop hits of yesteryear. Plus listeners' dedications and features including the **PopMaster** music quiz and, after **11.30**, **Tracks of My Years**.
Your RT Puzzles: page 149
12.00 Jeremy Vine
2.00pm Steve Wright
5.00 Sara Cox
7.00 Jo Whiley
9.00 The Country Show with Bob Harris Country, roots and Americana, tonight featuring a special live session by US musician and actor Charles Esten (Buddy), who also previews the eighth annual C2C: Country to Country festival, which Radio 2 broadcasts live on Saturday.
10.00 Trevor Nelson's Rhythm Nation Original soul and R&B contrasted with the latest urban sounds, including slow jams, forgotten gems and listeners' picks.
12.00 OJ Borg
3.00am Tracks of My Years Omnibus edition of the daily feature from Ken Bruce's morning show in which a famous person shares ten of their favourite records of all time.
4.00 The Craig Charles House Party Mixtape Funk and soul.
4.30 Huey Morgan's Loungin' Mix A 30-minute segment of mellow music for unwinding, taken from Huey Morgan's Friday show.

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 **Freesat** 707 **Sky** 0120 **Virgin** 909

7.30am Lauren Laverne
10.30 Mary Anne Hobbs
1.00pm Shaun Keaveny
4.00 Steve Lamacq New music and phone-ins, including at **6.00 Roundtable**, with guests assessing the week's new releases.
7.00 Marc Riley New music.
9.00 Gideon Coe BBC archive live performances.
12.00 6 Music Recommends Steve Lamacq curates an hour of his favourite new music.
1.00am The First Time... Pixies frontman Frank Black chats to Matt Everitt about his favourite music.
2.00 Classic Singles Tony Visconti explores the social, musical and historical significance of the Rolling Stones' 1971 hit *Brown Sugar*. With input by Mick Jagger and Keith Richards. From 2007.
2.30 Live Hour Concerts and sessions from the BBC archives.
3.30 Jukebox New tracks.
5.00 Chris Hawkins

BBC Radio 3

90.2–92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** as Monday

6.30am Breakfast With Georgia Mann.
9.00 Essential Classics With Ian Skelly.
9.30 Listeners' ideas for the playlist.
11.00 Essential Five An aria by an operatic villain.
12.00 Composer of the Week: Beethoven Unleashed – at Home
***4/5.* Walking Stick and Writing Desk**
Donald Macleod explores Beethoven's personal possessions, considering how two disparate and everyday objects – a walking stick and a writing desk – shine a light on the composer's creative process. He's joined by Erica Buurman, director of the Ira F Brilliant Center for Beethoven Studies.
Mailied, Op 52 No 4
Peter Schreier (tenor), Walter Olbertz (piano)
String Quartet No 8 in E minor, Op 59 No 2 (3rd and 4th mvts) Vermeer Quartet
Da stiegen die Menschen an's Licht (Trauerkantate auf den Tod Kaiser Josephs II) Charlotte Margiono (soprano), Choir and Orchestra of Deutsche Oper Berlin, conductor Christian Thielemann
Grosse Fuge, Op 133 (arr for piano, four hands)
Peter Hill, Benjamin Frith
1.00pm Radio 3 Lunchtime Concert
John Toal presents further music performed at this year's International Festival of Chamber Music, hosted by the Belfast Music Society and recorded last month in the Great Hall at Queen's University in Belfast.
Schumann *Kinderszenen* Gabriela Montero (piano)
Brahms *String Quartet in C minor, Op 51 No 1* Dudok Quartet
2.00 Afternoon Concert
Opera Matinée. Peter Heise's 1850 opera *The King and the Marshall*, based on the true story of the murder of 13th-century Danish king Eric Glipping. The king is an inveterate womaniser and when he seduces Ingeborg, the wife of Marshal Stig, the marshal organises a conspiracy to kill him. Stig is banished and Ingeborg commits suicide. The opera is followed by music from the Ulster Orchestra. Presented by Tom McKinney.
Heise *The King and the Marshall*

Marshall Stig	**Johann Reuter** (baritone)
King Erik	**Peter Lodahl** (tenor)
Rane Johnson	**Gert Henning-Jensen** (tenor)
Fru Ingeborg	**Sine Bundgaard** (soprano)
Aase	**Sofie Elkjaer Jensen** (soprano)
Count Jakob to Halland	**Morten Staugaard** (actor)
Jens Grand	**Simon Duus** (bass-baritone)
Herold	**Teit Kanstrup** (baritone)

Royal Danish Opera Chorus and Orchestra, conductor Michael Schonwandt
4.40 Shostakovich *Festive Overture*
Bach, arr Webern *Ricercar (The Musical Offering, BWV1079)* Ulster Orchestra, conductor Rafael Payare
5.00 In Tune Katie Derham with arts-related news and chat, music and studio guests, today welcoming violinist Daniel Rowland and cellist Maja Bogdanovic, folk singer Eliza Carthy and tenor Stuart Skelton.

Scala Radio

DAB scalaradio.co.uk Sky 0216

6.00am In the Park Calming sounds.
7.00 Charles Nove Vibrant music.
10.00 Simon Mayo Music and features, including after **10.00** the **Mayo Clinic** and at **11.30** the **Scala Radio Book Club**, today with Candice Carty-Williams discussing her 2019 bestseller debut novel *Queenie*.
1.00pm Sam Hughes With popular classical works, new discoveries and rediscoveries.
4.00 Mark Forrest An eclectic playlist, including at **6.30** the **Scala Immersion**, featuring a relatively long piece.
7.00 Hannah Cox The latest classical recordings.
10.00 The Space Atmospheric music.
12.00 Night Music Nonstop music.

Absolute Radio

DAB absoluteradio.co.uk
F'view 727 **F'sat** 724 **Sky** 0107 **Virgin** 915

6.00am Dave Berry 10.00 Leona Graham Rock and pop from across the decades **1.00pm Ben Burrell 4.00 Bush and Richie 7.00 Danielle Perry 10.00 Jay Lawrence 1.00am Chris Martin**

7.00 In Tune Mixtape Nonstop music.
7.30 Radio 3 in Concert
RT In his third and final residency concert at Wigmore Hall in London, Stephen Hough is joined by clarinetist Michael Collins to explore Brahms's late works for the clarinet, including both sonatas. The Castalian Quartet accompany Hough for his arrangement of Beethoven's *Violin Sonata in F (Spring)*, and the concert culminates with Brahms's *Clarinet Quintet*. Recorded in January and presented by Georgia Mann.
Brahms *Clarinet Sonata in F minor Op 120 No 1* Michael Collins (clarinet), Stephen Hough (piano)
Beethoven, arr Hough *Violin Sonata in F, Op 24 (Spring)* Michael Collins (clarinet), Castalian Quartet
8.20 Interval Music (CD)
Stephen Hough *Herbstlieder* Jacques Imbrailo (baritone), Stephen Hough (piano)
8.35 Brahms *Clarinet Sonata in E flat, Op 120 No 2* Michael Collins (clarinet), Stephen Hough (piano)
Clarinet Quintet in B minor, Op 115 Michael Collins (clarinet), Castalian Quartet
10.00 Free Thinking Author Olivia Laing, New Generation Thinker Lisa Mullen and historian and podcaster Greg Jenner join Matthew Sweet as exhibitions about Cecil Beaton and Andy Warhol open in London.
10.45 The Essay: Home Sweet Home
4/5. Madeleine Bunting explores the evolving definition of home, tonight acknowledging its ability to be both deeply personal and highly political. She reflects on the dramatic new significance that "homeland" took on in the wake of the 9/11 attacks in New York, when President George W Bush created the Department of Homeland Security. She also offers some fascinating glimpses of how indigenous Australians treat their homeland in a way that turns Western perceptions of the idea on its head.
11.00 Night Tracks: the Archive Remix An immersive soundtrack for late-night listening.
11.30 Unclassified With Elizabeth Alker.
12.30am Through the Night With Catriona Young. Featuring a recital by German-born Iranian pianist Schaghajegh Nosrati. **Bach** *Partita No 4 in D, BWV828* **Bach** *Partita No 3 in A minor, BWV827* **Thomas Blomenkamp** *March, Intermezzo and Waltz* **Schubert** *Piano Sonata in C minor, D958* **Schubert** *Hungarian Melody in B minor, D817* **Schubert** *Impromptu in G flat, D899* Schaghajegh Nosra (piano) **2.13 Haydn** *Symphony No 22 in E flat (The Philosopher)* **2.31 Vaughan Williams** *Job* **3.19 Goleminov** *String Quartet No 3 on an Old Bulgarian Theme* **3.41 Paganini** *Violin Concerto No 2 in B minor, Op 7 (3rd mvt)* **3.46 Manfredini** *Symphony No 10 in E minor* **3.56 Moniuszko** *Mountain Dance (Halka)* **4.01 Sasnauskas** *Little Blue Dove* **4.06 Janacek** *Pohadka* **4.17 Gassmann** *Stabat mater* **4.31 Pezel** *Four Intradas for brass* **4.38 Richard Strauss** *Der Abend, Op 34 No 1* **4.47 Chopin** *Polonaise in A flat, Op 53* **4.54 Massimiliano Matesic** *Violin Concerto (The Anatomy of Melancholy)* **5.11 Britten** *Canadian Carnival, Op 19* **5.25 Anon, arr Freedman** *Two Canadian Folksongs* **5.30 Astor Piazzolla** *Histoire du Tango* **5.46 Schat** *Thema, Op 21* **5.59 Bach** *Fugue in G minor (Sonata No 1 in G minor, BWV1001)* **6.05 Rachmaninov** *Rhapsody on a Theme of Paganini, Op 43*

Classic FM

99.9–101.9 FM DAB classicfm.com
Freeview 731 **Freesat** 721 **Sky** 0106 **Virgin** 922

6.00am More Music Breakfast Presented by Tim Lihoreau.
9.00 John Suchet Popular classical works.
1.00pm Anne-Marie Minhall Requests.
5.00 John Brunning Classic FM favourites.
7.00 Smooth Classics With John Brunning.
8.00 The Full Works Concert Jane Jones continues a showcase of conductors including Leonard Bernstein and Daniel Barenboim.
Bernstein *Overture: Candide* New York Philharmonic Orchestra, conductor Leonard Bernstein
Rimsky-Korsakov *Scheherazade, Op 35* Kirov Orchestra, conductor Valery Gergiev
Bach *Brandenburg Concerto No 1 in F, BWV1046* English Baroque Soloists, conductor John Eliot Gardiner
Schubert *Symphony No 6 in C* Berlin Philharmonic Orchestra, conductor Daniel Barenboim
10.00 Smooth Classics Presented by Margherita Taylor.
1.00am Jane Jones Music through the night.

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BBC Radio 4

92.4–94.6 FM 198 LW DAB bbc.co.uk/radio4
For national frequencies see pxx
Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0143 (LW) **Virgin** 904 (FM) 911 (LW)

News, weather and **shipping forecasts** as Tuesday

5.30am News Briefing
5.43 Prayer for the Day
With Vishva Samani.
5.45 Farming Today
5.58 Tweet of the Day
Long-Tailed Tit. With Samuel West. (R)
6.00 Today
With Martha Kearney and Justin Webb.
6.25, 7.25, 8.25 Sports News
6.45 Yesterday in Parliament
7.48 Thought for the Day
8.31 *LW* **Yesterday in Parliament**
9.00 In Our Time
Scottish Covenanters. The 17th-century Scottish Presbyterian movement is today's topic, with Melvyn Bragg joined by Laura Stewart of the University of York, Scott Spurlock of the University of Glasgow, and Roger Mason of the University of St Andrews.
Producer Simon Tillotson Shortened repeat 9.30pm
9.45 *FM* **Book of the Week: The Peregrine**
***4/5.* The Peregrine in Flight**
David Attenborough reads from JA Baker's classic of British nature writing. It's February, and once again the peregrine is in flight. Published more than 50 years ago to critical acclaim, *The Peregrine* was the recipient of one of the most prestigious literary prizes of the time, the Duff Cooper Prize. Written in the form of a diary, it charts Baker's almost daily observations of this extraordinary predator over the course of seven months, from autumn to spring. Here, Baker witnesses the magnificence of the peregrine in flight. For details see Monday Repeated 12.30am
9.45 *LW* **Daily Service**
An act of worship, featuring readings from scripture and a range of choral music, led by the Rev Richard Littledale.
10.00 Woman's Hour With Jenni Murray.
10.45 The Leopard *9/10.* Giuseppe Tomasi di Lampedusa's epic of 19th-century Sicilian life, read by Alex Jennings. Twenty years on from the ball that marked the changing fortunes of his family, the Prince knows his time is running out. For details see Monday
11.00 From Our Own Correspondent
Presented by Kate Adie.
11.30 My Amey and Me
A mother and daughter who are working through their personal difficulties by collaborating on a theatre production. With contributions from theatre-maker Cathy Sloan and Sonya Moring-Welch, a specialist in trans-generational therapeutic practice.
Producer Alan Hall
12.04pm The Call of the Wild
4/5. Jack London's 1903 novel about the adventures of a sled dog during the Klondike Gold Rush, read by Kerry Shale. After the longest trek, Buck and his fellow dogs are worn out. They are sold on again. Meanwhile spring has arrived, and moving across the ice becomes ever more treacherous.
For details see Monday Repeated 10.45pm
12.18 You and Yours
Consumer and public interest reports.
1.00 The World at One
With Sarah Montague.
1.45 Living National Treasures
4/5. Continuing the "slow radio" series that celebrates artisanal crafts, recorded in homes and workshops around the UK and telling practitioners' personal stories.
For details see Monday
2.00 The Archers Rptd from yesterday 7pm
2.15 Drama: Dangerous Visions: Body Horror
2/3. Dystopian thriller by Lucy Catherine. London, 2050. Former mortician Caroline has had a full body transplant. But what shadows are left by the body's former inhabitant? And whose voice is she hearing in her head? Starring Jill Halfpenny.
For details see yesterday
3.00 Ramblings
***5/7.* Outdoor Counselling in Derbyshire**
For this series of *Ramblings*, Clare Balding is exploring the impact that walking in nature can have on our inner lives. Today she meets up with psychotherapist Ruth Allen, who explains how outdoor counselling works. They walk near Holloway in Derbyshire and discuss the difference it can make to people when a therapy room is swapped for the natural world. Producer Karen Gregor Rptd Sat 6.07am
3.27 Radio 4 Appeal Rptd from Sun 9.25pm
3.30 Open Book Repeated from Sunday 4pm
4.00 The Film Programme
And Then We Danced is a gay romance set in the ultra-conservative, ultra-masculine world of traditional Georgian dance. It premiered at the 2019 Cannes Film Festival and was Sweden's official Oscar entry for Best International Feature, but when it was released in Georgia it was the subject of violent demonstrations. The film's director, Levan Akin, talks to Antonia Quirke. Plus: Brazilian director Kleber Mendonça Filho discusses *Bacurau*, his surreal odyssey about a documentary-maker who travels to a remote village and discovers that not everything is as it seems. Producer Stephen Hughes Rptd Sun 11pm
4.30 BBC Inside Science
With Adam Rutherford. Repeated 9pm
5.00 PM Presented by Evan Davis.
6.00 Six o'Clock News
6.30 The Break
***4/6.* Monday on the Beach with George**
Andy helps Jeff track down a vital document, and thanks to a rapacious seagull, the quest ends in a literal cliffhanger. Comedy by Ian Brown and James Hendrie, starring Philip Jackson, Tom Palmer and Shobna Gulati
Producer/Director Gordon Kennedy (R)
7.00 The Archers
Emotions run high for Lilian, and Clarrie has concerns about her new guest.
For cast see Friday Repeated tomorrow 2pm
7.15 Front Row
John Wilson talks to Sally Abbot, whose new play *I Think We Are Alone* considers how in a time where we have the technology to be more connected than ever, we struggle to form meaningful connections with people around us. Producer Simon Richardson
7.45 The Book of Strange New Things
9/10. Dougray Scott narrates the sci-fi fantasy by Michel Faber, author of *Under the Skin* and *The Crimson Petal and the White*. Peter, a man devoted to his wife and God, is called upon to take part in the mission of a lifetime, which will take him galaxies away from his home and wife Beatrice.
For details see Monday (R)
8.00 Law in Action Repeated from Tue 4pm
8.30 The Bottom Line
6/8. Tech companies including Theranos and, more recently, We Work were both lauded as groundbreaking by their peers and by the media. Now Theranos is defunct, with its CEO being taken to court for fraud, while We Work has lost its CEO and been taken over by its main investor. So has business hype increased with the growth of the tech entrepreneur? In an edition originally scheduled for last week, Evan Davis is joined by Kerry Baldwin from IQ Capital, serial entrepreneur Brent Hoberman, and Rory Sutherland, vice-chairman of Ogilvy UK.
Producer Julie Ball Repeated Saturday 5.30pm
9.00 BBC Inside Science
Repeated from 4.30pm
9.30 In Our Time Shortened repeat from 9am
10.00 The World Tonight
Presented by James Coomarasamy.
10.45 The Call of the Wild
4/5. Repeated from 12.04pm
11.00 Resist Phoney Encores!
RT Comedy from Gruff Rhys in which he sets out to understand crowd behaviour in order to free the audience from the tyranny of the artist. Producer John Norton
11.30 Today in Parliament
12.00 News
12.30–12.45am Book of the Week: The Peregrine ***4/5.*** Repeated from 9.45am
1.00 as BBC World Service

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freesat** 708 **Sky** 0131 **Virgin** 910
6.00am Hercule Poirot – Mrs McGinty's Dead (4/5)
6.30 The Tudor Tarantino as 8.30pm
7.00 Two Doors Down 2001 comedy (1/4)
7.30 The Break 2018 sitcom (3/6)
8.00 The Ken Dodd Show 1975 comedy
8.30 I'm Sorry I'll Read That Again
9.00 Booked Literary quiz. From 1998 (2/6)
9.30 Married as 4.30pm
10.00 Joseph Andrews as 3pm
11.00 Singularity Andrew Crurney's tale
11.15 The Sitter Drama by Peter Tinniswood
12.00 The Ken Dodd Show 1975 comedy
12.30pm I'm Sorry I'll Read That Again
1.00 Hercule Poirot – Mrs McGinty's Dead (4/5)
1.30 The Tudor Tarantino as 8.30pm
2.00 The Rainbow By DH Lawrence (9/10)
2.15 Nature's Great Invaders (4/5)
2.30 The Frederica Quartet Dramatisation of AS Byatt's family saga *The Virgin in the Garden* (4/8)
2.45 Tom Fort Channel Shore (4/5)
3.00 Joseph Andrews By Henry Fielding (4/4)
4.00 Booked Literary quiz. From 1998 (2/6)
4.30 Married Tony Bagley's satirical sitcom starring Hugh Bonneville. From 1999 (6/6)
5.00 Two Doors Down 2001 comedy (1/4)
5.30 The Break 2018 sitcom (3/6)
6.00 Space Force Sci-fi by Charles Chilton (4/6)
6.30 Great Lives Matthew Parris invites Jonathan Meades to assess artist Edward Burra (1905–76)
7.00 The Ken Dodd Show 1975 comedy
7.30 I'm Sorry I'll Read That Again 1966 comedy with John Cleese, Graeme Garden and Bill Oddie
8.00 Hercule Poirot – Mrs McGinty's Dead (4/5)
8.30 The Tudor Tarantino Dominic Arkwright charts the rise and fall of Thomas Middleton (1580–1627), the bad boy of Renaissance drama. He looks at the evidence for Middelton's "collaborations" with Shakespeare, and his claim to greatness. Also assessing the case for Middleton are Jonathan Bate, Brian Vickers, and actress Harriet Walter. From 2010
9.00 Singularity Tale by Andrew Crurney. An astronomer who has spent his career scanning distant galaxies finally turns his gaze closer to home
9.15 The Sitter Drama by Peter Tinniswood. A new visitor prompts an 82-year old former aviator to recall the death-defying stunts and exotic love affairs of his youth. From 1990. With Maurice Denham as Bulldog Templeton and Liz Goulding as the Sitter. From 1990
10.00–12.00 Comedy Club: The Break (3/6), at **10.30 Newsjack** (5/6), at **11.00 ElvenQuest** (2/6), and at **11.30 The Young Postmen** (1/6)
12.00 Space Force as 6pm **12.30am** as 6.30pm **1.00** as 8pm **1.30** as 8.30pm **2.00** as 2pm **2.15** as 2.15pm **2.30** as 2.30pm **2.45** as 2.45pm **3.00** as 3pm **4.00** as 4pm **4.30** as 4.30pm **5.00** as 5pm **5.30** as 5.30pm

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview* 710 **Freesat** 711 **Sky** 0115 **Virgin** 906
Programmes may differ online, and on Freesat, Sky, and Virgin
5.00am News **5.05** The Newsroom **5.30** Healthcheck **6.00** Newsday: the headlines **8.30** Business Daily **8.50** Witness History **9.00** News **9.05** The Forum **9.50** Sporting Witness **10.00** World Update **11.00** The Newsroom **11.30** The Food Chain **12.00** News **12.05pm** Outlook: perspectives on important issues **1.00** The Newsroom **1.30** Assignment: reports on world events **2.00** Newshour: the stories behind the latest headlines **3.00** News **3.05** The Inquiry **3.30** World Business Report: informed analysis **4.00** BBC OS **6.00** News **6.05** Outlook: perspectives on important issues **7.00** News **7.05** The Newsroom **7.30** Sport Today **8.00** News **8.05** The Inquiry **8.30** Science in Action **9.00** Newshour: the stories behind the latest headlines **10.00** News **10.05** The Newsroom **10.20** Sports News **10.30** World Business Report: informed analysis **11.00** News **11.05** Assignment **11.30** The Food Chain **12.05am** The Forum **12.50** Sporting Witness **1.00** News **1.05** Business Matters **2.00** News **2.05** The Newsroom **2.30** Assignment **3.00** News **3.05** Outlook: important issues **4.00** News **4.05** Hardtalk **4.30** World Football **6.00am Sports Breakfast**

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 **F'sat** 705 **Sky** 0105 **Virgin** 905
Sports Extra F'view 706 **F'sat** 706
Sky 0144 **Virgin** 908

News and **sport** as Monday
5.00am Morning Reports
5.15 Wake Up to Money
6.00 5 Live Breakfast
With Nicky Campbell and Rachel Burden. At **9.00 Your Call**.
10.00 Emma Barnett
1.00pm Nihal Arthanayake
4.00 5 Live Drive
With Tony Livesey and Sarah Brett.
7.00 5 Live Sport
Including at **7.00 The Inside Track**, with Darren Campbell and Eleanor Oldroyd exploring the week's big stories, with input from athletes, coaches, administrators and journalists from the sporting world. At **7.00 Matt Dawson's Rugby Show**, with former World Cup winner Matt Dawson joined by other former players for a look ahead to the final weekend of the Six Nations. At **9.00 5 Live Formula One**, in which Jennie Gowe, Jack Nicholls and ex-Formula One driver Jolyon Palmer preview the 2020 season, which gets under way on Sunday in Australia.

5 Live Sports Extra *Digital only*
7.00–10.00 Rugby League
Hull FC v Warrington Wolves, a Super League encounter at KCOM Stadium (kick-off **7.45**).

10.00 Question Time Extra Time

5 Live Sports Extra *Digital only*
12.55–2.35am Formula One
The first practice session of the Australian Grand Prix.

1.00am Up All Night

5 Live Sports Extra *Digital only*
2.35am Cricket Australia v New Zealand, the opening one-dayer.
4.55–6.35am Formula One
Second practice from Melbourne.

Talksport

1053, 1089 MW DAB talksport.co.uk
F'view 723 **F'sat** 731 **Sky** 0108 **Virgin** 927
With Ally McCoist.
10.00 White and Sawyer
1.00pm Hawksbee and Jacobs
4.00 Adrian Durham and Darren Gough Football news.
7.00 Kick-Off With Hugh Woozencroft and Darren Lewis.
9.00 Kick-Off Added Time
10.00 Sports Bar With Andy Goldstein and Jason Cundy.
1.00am Extra Time
5.00 Early Breakfast

LBC

97.3 FM (London area) DAB lbc.co.uk
F'view 732 **F'sat** 734 **Sky** 0124 **Virgin** 919
7.00am Nick Ferrari
10.00 James O'Brien
1.00pm Shelagh Fogarty
4.00 Eddie Mair
6.00 Nigel Farage
7.00 Iain Dale
10.00 Tom Swarbrick
1.00am Darren Adam
4.00 Steve Allen

Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 **F'sat** 709 **Sky** 0119 **Virgin** 912
6.00am Harpz Kaur
10.00 Asian Network's Big Debate
12.30pm Asian Network Reports
1.00 Haroon Rashid
4.00 Yasser New music.
5.30 Asian Network Reports
6.00 Yasser
7.00 Bobby Friction
10.00 Group Chat
12.00 Love Friday Mix
12.30am Asian Network Playlists
1.00 Toddla T
3.00 1Xtra's R&B Chill Mix

*Not available on Freeview in Scotland 4pm–1am. **Key** (R) Repeat

Listen live, catch up and follow your favourites at **bbc.co.uk/sounds**

FRIDAY Radio

Today's Choices



In Tune – Beat Beethoven!

4.00pm ***Radio 3***

Tune in this teatime to a special live edition of *In Tune* as 500 runners in Salford – and who knows how many hundreds or thousands of others around the UK, participating via BBC Sounds – set out to "Beat Beethoven!" by attempting to run 5K in the time it takes the BBC Philharmonic to perform Beethoven's Fifth Symphony, while raising money for Sport Relief. Friday the 13th may not sound like an auspicious date for such a challenge, but hopefully those famously fateful opening chords – "da-da-da-DAH" – will be thundering out a "Victory V". BBC newsreader and top-class runner Sophie Raworth (above) has announced she will take part in the event, as has Radio 3's Tom McKinney.

MARK PAPPENHEIM

Crowd Science

8.30pm ***BBC World Service***

Many of us have been tempted to trace our ancestry. But how reliable are commercial companies that offer DNA tests for as little as £49? I would have accepted that I am 3 per cent Neanderthal. But now I'm concerned to hear about the experience of *Crowd Science* listener Karen, who was told she is 39 per cent Scandinavian and then, two years later, 2 per cent. How easy is it to exploit our desire to know who we are?

DAVID McGILLIVRAY

DISCOVER RADIO

The Town Is the Menu

Audio to get the salivary juices flowing, as well as quenching a thirst for social history, as Simon Preston and a local chef create dishes to represent Barnard Castle, Cambridge, Inverness, Merthyr Tydfil and Peterhead. **JANE ANDERSON**

Listen at *bbc.co.uk/sounds*

SHUTTERSTOCK

BBC Radio 1

97.6–99.8 FM DAB bbc.co.uk/radio1
F'view* 700 **F'sat** 700 **Sky** 0101 **Virgin** 901

6.00am Radio 1's Best New Pop
6.30 Matt and Mollie
10.00 Radio 1 Anthems
11.00 Maya Jama New music.
1.00pm Dev and Alice
4.00 The Official Chart Show
6.00 Radio 1's Dance Anthems
7.00 Radio 1's Dance Party
9.00 Pete Tong Dance tracks.
11.00 Danny Howard
1.00am Essential Mix 3.00 Drum 'n' Bass Mix 3.30 Annie Mac 4.00 Wind Down 5.00 Early Breakfast

BBC Radio 2

88–90.2 FM DAB bbc.co.uk/radio2
F'view* 702 **F'sat** 702 **Sky** 0102 **Virgin** 902

5.00am Vanessa Feltz
6.30 Zoe Ball
9.30 Ken Bruce
12.00 Jeremy Vine
2.00pm Steve Wright
5.00 Sara Cox
7.00 Tony Blackburn's Golden Hour
An eclectic pick of pop and soul, today including Neil Diamond, Lionel Richie and Joe Jackson.
8.00 Friday Night Is Music Night
Richard Balcombe conducts the BBC Concert Orchestra in a concert in which Bruno Tonioli shares his favourite songs and his passion for opera, with star tenor Joseph Calleja and Classical Brit nominee Carly Paoli performing in a programme featuring classic arias such as *Nessun Dorma* (from *Turandot*) and *La donna è mobile* (*Rigoletto*) and popular works such as '*O sole mio*, *If I Loved You*, *The Loveliest Night of the Year* and *Strangers in the Night*. Recorded last week at the London Palladium and including celebrations of Palladium alumni Mario Lanza and Judy Garland.
10.00 Sounds of the 80s
Gary Davies plays period hits and lesser-known or forgotten gems. Plus guests and a themed **Mastermix** at **11.50**.
Repeated Tuesday 3am
12.00 Anneka Rice
Radio highlights from the past week.
2.00am The Country Playlist with Charles Esten The actor/musician with more personal music picks. ***2/2***
3.00 CMA Music Festival 2019 ***4/5.*** Kristian Bush with music and interviews from Nashville's CMA Music Festival, recorded June 2019. (R)
4.00 Huey Morgan Spotlight on 1977.

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 **Freesat** 707 **Sky** 0120 **Virgin** 909

7.30am Lauren Laverne
10.30 Mary Anne Hobbs
A DJ set from Mike Skinner, recorded last Friday at the 6 Music Festival in London's Camden Town.
12.05pm Mary Anne Hobbs
1.00 Shaun Keaveny
4.00 Steve Lamacq
7.00 Iggy Pop
With records from his collection, tonight including Bo Diddley, the Fall, Miles Davis and Joy Division.
9.00 Tom Ravenscroft
Featuring a live session from New York duo Tony or Tony.
12.00 Nemone's Electric Ladyland Breaks and hip-hop.
2.00am 6 Music Classic Concert
Performance from the archives.
3.00 Live Hour Archive sessions.
4.00 The First Time...
With Yusuf (Cat Stevens). From 2010.
5.00 Chris Hawkins

BBC Radio 3

90.2–92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** as Monday

6.30am Breakfast With Georgia Mann.
9.00 Essential Classics With Ian Skelly.
11.00 Essential Five The last of this week's recommended arias sung by operatic villains.
12.00 Composer of the Week: Beethoven Unleashed – at Home
***5/5.* Hair.** Donald Macleod concludes a look at Beethoven's personal possessions. He's joined by Erica Buurman to compare several samples of the composer's hair, taken as keepsakes by his friends.
Piano Trio in C minor, Op 1 No 3 (4th mvt)
Trio Parnassus
Symphony No 1 (2nd and 3rd mvts) BBC National Orchestra of Wales, conductor Thierry Fischer
Mass in C (Kyrie) Sally Matthews (soprano), Sara Mingardo (mezzo), John Mark Ainsley (tenor), Alastair Miles (bass), London Symphony Chorus and Orchestra, conductor Colin Davis
1.00pm Radio 3 Lunchtime Concert
John Toal presents further music performed at this year's International Festival of Chamber Music, hosted by the Belfast Music Society and recorded last month in the Great Hall at Queen's University in Belfast.
Ravel, arr Salzedo *Sonatine* Adam Walker (flute), Hélène Clément (viola), Agnès Clément (harp)
Shostakovich *Piano Sonata No 2, Op 61*
Gabriela Montero (piano)
Rhona Clarke *Seen from Above* Adam Walker (flute), Hélène Clément (viola), Agnès Clément (harp)
2.00 Afternoon Concert
Tom McKinney brings a week of performances by the Ulster Orchestra to a close, including a concert recorded in Belfast last June, with conductor Oliver Zeffman making his debut with the orchestra. Plus highlights from another concert given last November in Belfast.
Borodin, orch Glazunov
Overture: Prince Igor
Tchaikovsky, orch Glazunov
Souvenir d'un lieu cher, Op 42
Ravel *Ma mère l'Oye* Daniel Muller-Schott (cello), conductor Oliver Zeffman
2.50 Strauss *Don Juan, Op 20*
Berg *Violin Concerto*
Tamas Kocsis, conductor Daniele Rustioni
4.00 In Tune – Beat Beethoven!
RT Katie Derham presents a special edition as part of the biennial Sport Relief charity, with participants attempting to run five kilometres in the time it takes to listen to Beethoven's Fifth Symphony as performed by the BBC Philharmonic conducted by Ben Gernon. The iconic work normally lasts between 30 and 35 minutes.
5.00 In Tune – Beat Beethoven!: the Afterparty
Katie Derham presents music associated with sport, with the BBC Philharmonic performing Ravel's *Boléro*. Other guests include soprano Rachel Nicholls and folk act the Houghton Weavers.
7.00 In Tune Mixtape
7.30 Radio 3 in Concert
LIVE From the Barbican in London, Edward Gardner conducts the BBC Symphony Orchestra and celebrated tenor Stuart Skelton in a concert devoted to the final days of Romanticism. Presented by Martin Handley.
Christine Rice (mezzo), Stuart Skelton (tenor), BBC Symphony Orchestra, conductor Edward Gardner
Schoenberg *Verklärte Nacht*
Fried *Verklärte Nacht, Op 9*
8.10 Interval
8.30 Lehar *Fieber*
Brahms, arr Schoenberg *Piano Quartet No 1 in G minor*
10.00 The Verb
Ian McMillan explores writing about insects and insect language. Will Burns and Hannah Peel celebrate moths in a new sound commission, poet Elizabeth-Jane Burnett shares a work in progress, and linguist Rob Drummond looks at the ways in which aliens have so often been portrayed as insect-like. Entomologist Richard Jones explains why he is happy to call himself "Bugman", and editor Michael Schmidt pays tribute to Australian poet Les Murray (1938–2019). (R)
10.45 The Essay: Home Sweet Home
5/5. Madeleine Bunting concludes a series on home, speculating on what the home of the future may look like. As cyberspace colonises more of man's living space, are we in for a dystopian nightmare – one where we have almost no reason to leave our homes because everything we need and care about is there at the touch of a button? Or can new ways of living together give the idea of a cosy and convivial home a new lease of life?
11.00 Late Junction
Verity Sharp explores the echo chambers of adventurous music including the first recorded use of artificial reverb from Bill Putnam, who in 1912 turned his bathroom into a makeshift echo chamber to record an instrumental ballad with a trio of harmonica players. Producer Rebecca Gaskell
1.00am Through the Night
With Catriona Young, opening with a concert from Rumon Gamba and the Romanian Radio National Orchestra.
Brahms *Violin Concerto in D* **Bach** *Andante (Violin Sonata No 2 in A minor, BWV1003)* **Elgar** *Enigma Variations*
Cristina Anghelescu (violin), Romanian Radio National Orchestra, conductor Rumon Gamba **2.13 Vivaldi** *Nisi Dominus* **2.34 Debussy** *String Quartet* **3.01 Brahms** *Clarinet Quintet* **3.38 Shostakovich** *24 Preludes, Op 34* **4.13 Arriaga** *Overture Los esclavos felices* **4.21 Viotti** *Duo concertante in G major for two violins* **4.30 Dubois** *Quartet for flutes* **4.38 Haydn** *String Trio in B flat, Op 53 No 2* **4.46 Debussy** *La Cathédrale engloutie (Preludes Book 1 No 10)* **4.52 Geminiani** *Concerto Grosso No 3 in B minor* **5.01 Strauss, arr Hasenohrl** *Till Eulenspiegel – Einmal Anders!* **5.10 Pandolfi Mealli** *Sonata No 6 for violin and continuo (La Sabbatina)* **5.19 Mozart** *Rondo in A minor, K511* **5.30 Nebra** *Cantata: Llegad, llegad, creyentes* **5.40 Gilse** *Concert Overture in C minor* **5.50 Bax** *Legend for viola and piano* **6.00 Schumann** *Spanisches Liederspiel* **6.25 Martinu** *Etudes and Polkas Book 3* **6.34 Sowande** *African Suite for harp and strings* (R)

Scala Radio

DAB scalaradio.co.uk Sky 0216

6.00am In the Park Calming sounds.
7.00 Charles Nove Vibrant and soothing music.
10.00 Simon Mayo Including after **10.00** the **Mayo Clinic** – responding to listeners' queries – and listeners' requests from **12.00**.
1.00pm Sam Hughes Popular classical works, and at **2.00 Mindfulness of Music**.
4.00 Mark Forrest An eclectic playlist, including at **6.30** the **Scala Immersion**.
7.00 Friday Night Scala With Darren Redick.
10.00 The Space Atmospheric music.
1.00am Night Music Nonstop music.

Absolute Radio

DAB absoluteradio.co.uk
F'view 727 **F'sat** 724 **Sky** 0107 **Virgin** 915

6.00am Dave Berry 10.00 Leona Graham 1.00pm Ben Burrell 4.00 Bush and Richie 7.00 Absolute 80s Claire Sturgess with music from the decade of New Order, Soft Cell, the Smiths, Kate Bush, Phil Collins, Bananarama, Talk Talk, the Cure, Prince, Bon Jovi, REM, the Police, Bruce Springsteen, Propaganda and Hazel O'Connor **10.00 Dan Noble 4.00am Ross Buchanan**

Classic FM

99.9–101.9 FM DAB classicfm.com
Freeview 731 **Freesat** 721 **Sky** 0106 **Virgin** 922

6.00am More Music Breakfast
Presented by Tim Lihoreau.
9.00 John Suchet Classical hits.
1.00pm Anne-Marie Minhall Requests.
5.00 Classic FM Drive With John Brunning.
7.00 Smooth Classics Relaxing sounds.
8.00 The Full Works Concert
Catherine Bott concludes the celebration of great conductors including Claudio Abbado, Mariss Jansons and the recently retired Bernard Haitink.
Debussy *Prélude à l'après-midi d'un faune*
Royal Concertgebouw Orchestra, conductor Bernard Haitink
Schumann *Piano Concerto in A minor, Op 54*
Alfred Brendel, London Symphony Orchestra, conductor Claudio Abbado
Tchaikovsky *Symphony No 5 in E minor* Oslo Philharmonic Orchestra, conductor Mariss Jansons
Haydn *Violin Concerto in C, H VIIa 1*
Aisslinn Nosky, Handel and Haydn Society, conductor Harry Christophers
10.00 Smooth Classics With Margherita Taylor.
1.00am Katie Breathwick 4.00 Emma Nelson

BBC Radio 4

92.4–94.6 FM 198 LW DAB bbc.co.uk/radio4
For national frequencies see p133
Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0143 (LW) **Virgin** 904 (FM) 911 (LW)

News, weather and **shipping forecasts** as Tuesday

5.30am News Briefing

5.43 Prayer for the Day
A spiritual comment with journalist Vishva Samani.

5.45 Farming Today

5.58 Tweet of the Day
Turtle Dove. With Samuel West. (R)

6.00 Today
With Mishal Husain and Nick Robinson.

6.25, 7.25, 8.25 Sports News

6.45 Yesterday in Parliament

7.48 Thought for the Day
With the Rt Rev Richard Harries.

8.31 *LW* **Yesterday in Parliament**

9.00 Desert Island Discs
Repeated from Sunday 11.15am

9.45 *FM* **Book of the Week: The Peregrine**
5/5. **A Bond Is Forged.** David Attenborough reads from this British nature classic by JA Baker, written in the form of a diary in which the writer charts his daily observations of the peregrine's hunting life. It's late March and Baker forges a deeper connection with the peregrine. Abridged by Katrin Williams.
For details see Monday Repeated 12.30am

9.45 *LW* **Daily Service**
An act of worship, featuring readings from scripture and a range of choral music led by the Rev Richard Littledale.

10.00 Woman's Hour
Presented by Jenni Murray.

10.45 The Leopard ***10/10.*** Conclusion of Giuseppe Tomasi di Lampedusa's epic of 19th-century Sicilian life. The Salina ladies are expecting a visit. Read by Alex Jennings.
For details see Monday (R)

11.00 Forum Internum
3/3. Helena Kennedy asks whether the law can protect the forum internum – our freedom to think – from the speed and scale of new technologies and their misuse by corporations and the state. She wonders whether society is entering a digital dark age for freedom of thought, or will create new spaces for it to flourish? Producer Simon Hollis

11.30 Teatime
4/4. Comedy by Katherine Jakeways about a chaotic but loving family. There's an awkward atmosphere in Vicky and Rav's house, as Joe and Donna sort through the boxes in the garage and divide up the last of their belongings. As they discuss old times, Vicky and Rav are upstairs redecorating their spare room and talking about the future.

Joe	**Philip Glenister**	Rav	**Prasanna Puwanarajah**
Donna	**Samantha Spiro**	Lisa	**Katie Redford**
Vicky	**Aimee-Ffion Edwards**	Uncle Bob	**Steven Brandon**

Producer Sam Ward

12.04pm The Call of the Wild
5/5. Jack London's 1903 novel about the adventures of a sled dog during the Klondike Gold Rush. The story concludes, and for the first time in his life, Buck experiences true love between dog and master. Read by Kerry Shale. For details see Monday Repeated 10.45pm

12.18 You and Yours
Consumer and public interest reports.

1.00 The World at One
Presented by Mark Mardell.

1.45 Living National Treasures
5/5. Conclusion of the series of personal stories of the practitioners of unusual crafts, taking listeners into their homes, their workshops and their lives. For details see Monday

2.00 The Archers Rptd from yesterday 7pm

2.15 Drama: Dangerous Visions: Body Horror
3/3. Lucy Catherine's dystopian psychological thriller concludes. Caroline's new body is starting to shut down. Her fate lies in the hands of the experts at the world's most advanced body exchange facility. Starring Jill Halfpenny, Shelley Conn and Adam Courting, and developed through the Wellcome Trust Experimental stories scheme. For cast and details see Wednesday

3.00 Gardeners' Question Time
Matthew Wilson, Bunny Guinness and Bob Flowerdew join host Kathy Clugston at the Over Allotments in Cheshire to answer audience questions.
Producer Laurence Bassett Repeated Sunday 2pm

3.45 Short Works
From Fact To Fiction. Another short story in the occasional series in which a writer responds to events in the news. Today's story is written by Edinburgh-based Allan Radcliffe.
Producer Eilidh McCreadie Rptd tomorrow 12.30am

4.00 Last Word
Matthew Bannister celebrates the lives of notable people who have died recently.
Producer Neil George Repeated Sunday 8.30pm

4.30 Feedback
Listeners' views on BBC radio programmes. Presented by Roger Bolton.
Producer Kate Dixon Repeated Sunday 8pm
ADDRESS: Feedback, PO Box 67234, London SE1P 4AX
PHONE: 0333 344 4544 EMAIL: feedback@bbc.co.uk

4.55 The Listening Project
Fi Glover presents another intimate and revealing conversation. (R)

5.00 PM
Presented by Carolyn Quinn.

6.00 Six o'Clock News

6.30 The Now Show
2/6. Steve Punt and Hugh Dennis present a satirical look through the week's news, with contributions from guest comedians Chris McCausland, Sara Barron and Huge Davies.
Producer Adnan Ahmed Repeated tomorrow 12.30pm

7.00 The Archers
Philip receives some worrying information and Tracy attempts to help a friend in need.

Tom Archer	**William Troughton**	Kirsty Miller	**Annabelle Dowler**
Natasha Archer	**Mali Harries**	Freddie Pargetter	**Toby Laurence**
Lilian Bellamy	**Sunny Ormonde**	Lily Pargetter	**Katie Redford**
Eddie Grundy	**Trevor Harrison**	Robert Snell	**Graham Blockey**
Clarrie Grundy	**Heather Bell**	Lynda Snell	**Carole Boyd**
Emma Grundy	**Emerald O'Hanrahan**	Oliver Sterling	**Michael Cochrane**
		Roy Tucker	**Ian Pepperell**
Ed Grundy	**Barry Farrimond**	Philip Moss	**Andy Hockley**
Shula Hebden Lloyd	**Judy Bennett**	Russ Jones	**Andonis James Anthony**
Tracy Horrobin	**Susie Riddell**	Doctor	**Jessica Turner**
Jim Lloyd	**John Rowe**	Other roles	**Ayesha Antoine, Nick Underwood**
Elizabeth Pargetter	**Alison Dowling**		

Writer Naylah Ahmed; Director Kim Greengrass
Editor Jeremy Howe

7.15 Front Row
Arts news and reviews with Stig Abell, who tonight talks to Marina Lewycka about her new novel, *The Good, the Bad and the Little Bit Stupid*. Producer Tim Prosser

7.45 The Book of Strange New Things
10/10. Dougray Scott narrates the sci-fi fantasy by Michel Faber. Peter, a man devoted to his wife and God, is called upon to take part in the mission of a lifetime, which will take him galaxies away from his home and wife Beatrice. For cast and details see Monday (R)

8.00 Any Questions?
Chris Mason presents political debate from Shetland, where the panellists include former Chancellor of the Exchequer Norman Lamont, Labour MP Hilary Benn, and SNP MP Joanna Cherry.
Producer Lisa Jenkinson Repeated tomorrow 1.10pm

8.50 A Point of View
A reflection on a topical issue. Rptd Sunday 8.48am

9.00 Asa Briggs: the Last Victorian Improver
Tristram Hunt presents a profile of historian Asa Briggs. From humble origins, Briggs became the official historian of the BBC, where he learned to run institutions – and then grabbed the chance to build one himself. At the new University of Sussex, he was there from the start, helping to make it the most visible of the new universities of the 1960s. He then played a major role in shaping the Open University. Producer Phil Tinline (R)

10.00 The World Tonight
Presented by James Coomarasamy.

10.45 The Call of the Wild
5/5. Repeated from 12.04pm

11.00 A Good Read ***7/10.*** Rptd from Tue 4.30pm

11.30 Today in Parliament

11.55 The Listening Project
Presented by Fi Glover. (R)

12.00 News

12.30–12.45am Book of the Week: The Peregrine ***5/5.*** Repeated from 9.45am

1.00 as BBC World Service

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freesat** 708 **Sky** 0131 **Virgin** 910

6.00am Hercule Poirot – Mrs McGinty's Dead (5/5)
6.30 Death of an Orchestra as 8.30pm
7.00 Bad Salsa as 5pm
7.30 Reluctant Persuaders Sitcom (3/6)
8.00 The Burkiss Way Comedy sketches (6/6)
8.30 Flywheel, Shyster and Flywheel (4/6)
9.00 Funny You Should Ask From 1981
9.30 Molesworth Comedy by Simon Brett based on the 1950s characters created by Geoffrey Willans and Ronald Searle. With William Rushton, Clive Swift and others. From 1987 (3/4)
10.00 A Very Rare Bird Indeed as 3pm
11.00 Podcast Radio Hour A pick of podcasts
12.00 The Burkiss Way Comedy sketches (6/6)
12.30pm Flywheel, Shyster and Flywheel (4/6)
1.00 Hercule Poirot – Mrs McGinty's Dead (5/5)
1.30 Death of an Orchestra as 8.30pm
2.00 The Rainbow By DH Lawrence (10/10)
2.15 Nature's Great Invaders (5/5)
2.30 The Frederica Quartet Dramatisation by John Harvey of AS Byatt's family saga *The Virgin in the Garden*, set in 1950s Yorkshire (5/8)
2.45 Tom Fort Channel Shore (5/5)
3.00 A Very Rare Bird Indeed Peter Tinniswood's drama starring Judi Dench as a lonely woman who observes the guests at a remote Welsh hotel as she waits for her philandering husband to arrive From 1997
4.00 Funny You Should Ask From 1981
4.30 Molesworth Comedy by Simon Brett (3/4)
5.00 Bad Salsa Comedy drama by Kate Stonham following three women who attend salsa classes as they try to regain a sense of normalcy – or to attain a "new normal" – in life following their successful battles with cancer. From 2014 (1/4)
5.30 Reluctant Persuaders Third series of Edward Rowett's sitcom set in London's worst ad agency. With Nigel Havers and Mathew Baynton. From 1991 (3/6)
6.00 Space Force Sci-fi adventure. From 1985 (5/6)
6.30 Off the Page With Matthew Parris. From 2005
7.00 The Burkiss Way Comedy sketches (6/6)
7.30 Flywheel, Shyster and Flywheel (4/6)
8.00 Hercule Poirot – Mrs McGinty's Dead (5/5)
8.30 Death of an Orchestra
Alan Bennett recalls his boyhood visits to hear the Yorkshire Symphony Orchestra – based in Leeds Town Hall, founded in 1947 (and funded entirely out of the rates) and disbanded in 1955. From 2014
9.00 Podcast Radio Hour A pick of podcasts
10.00–12.00 Comedy Club: Reluctant Persuaders (3/6), at **10.30 Simon Evans Goes to Market** (2/4), at **11.00 Love in Recovery** (4/6), and at **11.30 Dave Podmore's Cricket Night** (3/4)
12.00 as 6pm **12.30am** as 6.30pm **1.00** as 8pm **1.30** as 8.30pm **2.00** as 2pm **2.15** as 2.15pm **2.30** as 2.30pm **2.45** as 2.45pm **3.00** as 3pm **4.00** as 4pm **4.30** as 4.30pm **5.00** as 5pm **5.30** as 5.30pm

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview* 710 **Freesat** 711 **Sky** 0115 **Virgin** 906

Programmes may differ online, and on Freesat, Sky, and Virgin

5.00am News **5.05** The Newsroom **5.30** Science in Action **6.00** Newsday: the latest headlines **8.30** Business Daily: business and finance news, interviews and reports **8.50** Witness History **9.00** The Real Story **10.00** World Update **11.00** The Newsroom **11.30** World Football: reports from around the globe **12.00** News **12.05pm** The Fifth Floor: global news **1.00** The Newsroom **1.30** Heart and Soul: the world's main faiths **2.00** Newshour: the stories behind the latest headlines **3.00** News **3.05** Tech Tent **3.30** World Business Report: informed analysis **4.00** BBC OS **6.00** News **6.05** The Fifth Floor: global news **7.00** News **7.05** The Newsroom **7.30** Sport Today **8.00** News **8.05** Hardtalk: interviews with newsmakers and personalities from across the globe **8.30 CHOICE:** Crowd Science **9.00** Newshour: the stories behind the latest headlines **10.00** News **10.05** The Newsroom **10.20** Sports News **10.30** World Business Report **11.00** News **11.05** Tech Tent **11.30** World Football **12.00** News **12.05am** The Real Story **1.00** News **1.05** Business Matters **2.00** News **2.05** The Newsroom **2.30** Stumped **3.00** News **3.05** The Fifth Floor: global news **4.00** News **4.05** The Real Story

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 **F'sat** 705 **Sky** 0105 **Virgin** 905
Sports Extra F'view 706 **F'sat** 706
Sky 0144 **Virgin** 908

News and **sport** as Monday

5.00am Morning Reports

5.15 Wake Up to Money

6.00 5 Live Breakfast
Presented by Nicky Campbell and Clare McDonnell. At **8.30 Robbie Savage's Premier League Breakfast** and **9.00 Your Call**.

5 Live Sports Extra *Digital only*
6.35–11.30am Cricket
Australia v New Zealand, the opening one-dayer of the series from Sydney Cricket Ground.

10.00 Chiles on Friday

1.00pm The Cheltenham Festival
Colin Murray presents the fourth and final day of the festival, including the Cheltenham Gold Cup, due off at **3.30**.

4.00 Kermode and Mayo's Film Review Weekly guide.

5.00 5 Live Drive
Presented by Tony Livesey.

7.00 5 Live Sport
Sports news, interviews and features including **The Friday Football Social**, in which Darren Fletcher and Jermaine Jenas are joined by professional footballer Paul Konchesky for a look ahead to the weekend's action. And at **9.30 That Peter Crouch Podcast,** featuring the Premier League star talking football, together with Chris Stark and Tom Fordyce.

5 Live Sports Extra *Digital only*
7.00–10.00pm Rugby League
Salford Red Devils v Wigan Warriors, the Super League clash at AJ Bell Stadium (kick-off **7.45**).

10.00 Stephen Nolan

1.00am Up All Night

Radio 5 Live: Contact individual programmes via the website at bbc.co.uk/5live.
TELEPHONE: 0808 590 9693
TEXT: 85058 (standard rate)

Talksport

1053, 1089 MW DAB talksport.co.uk
F'view 723 **F'sat** 731 **Sky** 0108 **Virgin** 927

6.00am Sports Breakfast
10.00 Jim White, Martin Keown and Bob Mills
1.00pm Hawksbee and Jacobs
4.00 Adrian Durham and Darren Gough Footballing news.
7.00 GameDay Countdown
Topical sportsdiscussion.
10.00 Sports Bar With Adam Catterall and Micky Gray.
1.00am Extra Time

LBC

97.3 FM (London area) DAB lbc.co.uk
F'view 732 **F'sat** 734 **Sky** 0124 **Virgin** 919

7.00am Nick Ferrari
10.00 James O'Brien
1.00pm Shelagh Fogarty
4.00 Eddie Mair
6.00 Andrew Pierce
10.00 Nick Abbot
1.00am Matt Stadlen

Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 **F'sat** 709 **Sky** 0119 **Virgin** 912

6.00am Jasmine Takhar
10.00 Asian Network's Big Debate
12.30pm Asian Network Reports
1.00 Haroon Rashid
4.00 The Official Asian Music Chart
5.30 Asian Network Reports
6.00 Yasser British-Asian music.
7.00 Panjabi Hit Squad Desi beats.
10.00 Kan D Man and DJ Limelight
1.00am Asian Network Residency – Sandunes

*Not available on Freeview in Scotland 4pm–1am. **Key** (R) Repeat

Listen live, catch up and follow your favourites at **bbc.co.uk/sounds**

RADIO in your area

BBC Local Radio — South East, Midlands, Anglia

Face behind the voice

Juggy Sohal BBC Radio Cambridgeshire



Age 29
Current job Presenter of the new *BBC Upload* programme on BBC Radio Cambridgeshire *(Wed 8pm)*, showcasing the artistic talents of listeners – a nationwide initiative across BBC local radio stations.
CV Born in Bedford, studied English and film at Brunel University, west London, then worked in the family business while also doing a hospital radio show: "You could say, I was testing the waters!" Then took an ad sales job in London, also presenting a bhangra show for Shoreditch community radio and co-hosting their weekend breakfast show, before gaining a regular slot on Vibe 107.6. He also developed a TV talk show series for young Asians on the Sikh Channel.
Best moment "On the new *Upload* show, I played a song a listener wrote as a tribute to his wife who had passed away. It was a really nice moment. Afterwards he messaged, saying how happy it had made him to hear it on the radio. And I thought, 'This is what I'm meant to be doing'."
Worst moment "In the studio you man the control desk and do everything. My first guest was nervy, so I was chatting to them – and pressed the wrong button. Instead of music, everyone just heard the guest saying, 'I'm so nervous…' Chaos!"
Off air "I still work as an account manager at a publishing company, as well as being a kids' party DJ at the weekends. (You always need to have another couple of plates spinning, in this business…!) And I've just started boxing – it keeps you fit and gives you a real workout."
First radio memory "Collecting requests for my hospital radio show. One patient said, 'Play anything – just don't play Justin Bieber'. And another asked for Mariah Carey singing *All I Want for Christmas* – in September!"
Favourite broadcasters "Chris Moyles – listening to him opened me up to the idea of being a presenter. Dermot O'Leary, because he's real. And Davina McCall – such a fun personality."
Ambition "I'm passionate about diversity and – like Reggie Yates, whose work I really admire – I want to make documentaries for mainstream audiences now."
Dream job "To host a breakfast show on a big national radio station (I was going to say Radio 1, but I'm creeping over the age bracket for that!)."
Secret skills "I can keep 30 four-year-olds entertained for two hours – so I'm a genius babysitter! Also, I'm really good at the Carlton dance from *The Fresh Prince of Bel-Air*…" **CAROLINE MEYER**

bbc.co.uk/radiocambridgeshire
Search for **BBC Upload** at *bbc.co.uk*

Berkshire

Saturday
6.00am Bridgitte Tetteh **9.00** Andrew Peach **12.00** In Other News: with Sarah Walker **1.00pm** Sport on BBC Radio Berkshire: football: Birmingham City v Reading **6.00** Stereo Underground **8.00** BBC Introducing **9.00** David Allen **12.00** Paul Miller Soul Show **2.00am** *as 5 Live*

Sunday
6.00am Paul Coia **9.00** Kirsten O'Brien **11.00** Bill Buckley **2.00pm** Henry Wymbs **5.00** David Miller **7.00** Paul Miller Soul Show **8.00** Bridgitte Tetteh **9.00** Bill Rennells **12.00** *as Radio 5 Live*

Weekdays
5.30am Steve Madden **7.00** Andrew Peach **10.00** Sarah Walker; **Fri:** Tony Blackburn's Weekend Warm-up **1.00pm** Bill Buckley **4.00** Phil Kennedy **6.00 Fri:** Weekend Kick-Off **7.00** Michelle on the Move; **Fri:** Mums without Makeup **10.00** Paul Miller **1.00am** *as Radio 5 Live*

Tel: 0118 946 4200
Phone-ins: 0808 100 5100
radio.berkshire@bbc.co.uk

Cambridgeshire

Saturday
6.00am Charlie Thompson **9.00** Dave Webster **12.00** Richard "Spanners" Ready **2.00pm** Sport: football **6.00** Rock 'n' Roll Heaven **8.00** BBC Introducing **9.00** Justin Dealey **1.00am** *as Radio 5 Live*

Sunday
6.00am Louise Hulland **9.00** Devine County **10.00** Chris South's Great Outdoors **12.00** Walk Right Back **2.00pm** Keith Greentree **4.00** John Leech **6.00** Naked Scientists **7.00** Sue Marchant **10.00** Keith Skues **1.00am** *as Radio 5 Live*

Weekdays
4.00am Wally Webb **6.00** Kev Lawrence **9.00** Chris Mann **12.00** Jez Sallis **3.00pm** Thordis Fridriksson; **Fri:** Steve Line **4.00** Ronnie Barbour; **Fri:** Thordis Fridriksson **6.00 Mon:** Extra Time; **Fri:** Late Kick Off **7.00 Mon:** Level 23; **Tue:** Sport; **Wed:** Residency; **Thu:** Classical Cambridgeshire; **Fri:** That Friday Feeling **8.00 Mon:** The Folk Show; **Wed:** Upload **10.00 Wed–Fri (11.00 Mon)** Matt Marvel **1.00am** *as 5 Live*

Cambridge tel: 01223 259696
Peterborough tel: 01733 315444
Phone-ins: 0800 085 9596
Email: cambs@bbc.co.uk

Coventry and Warwickshire

Saturday
5.00am Keith Wedgbury **7.00** Lorna Bailey **10.00** Mollie Green **12.00** Rory McAllister and Letitia George **2.00pm** Sport: football: Ipswich Town v Coventry City **6.00** Weekend Anthems **8.00** BBC Music Introducing **10.00** Natalie Graham **1.00am** *as Radio 5 Live*

Sunday
6.00am Sandra Godley **9.00** Gold and Treasure **12.00** The Cov Show Sunday **3.00pm** Bob Brolly **6.00** Midlands Masala **8.00** Nikki Tapper **10.00** Graham Torrington **1.00am** *as 5 Live*

Weekdays
5.00am Richard Williams **6.30** Breakfast Show **10.00** Vic Minett **1.10pm Mon/Thu/Fri:** Brody Swain; **Tue/Wed:** Kelly-Anne Smith **4.00** Trish Adudu **6.10 Mon/Fri:** Sky Blues Phone-in; **Tue–Thu:** Trish Adudu **7.00 Mon:** The C Word; **Tue:** Play Up; **Wed:** Upbeat; **Thu:** BBC Music Introducing; **Fri:** Weekend Anthems **8.00 Fri:** Reggae Got Soul **9.00 Mon:** Upload; **Wed:** Rugby Show; **Thu:** Wedge's Warwickshire **10.00** Gagan Grewal; **Fri:** Colin Young's Trunk of Funk **1.00am** *as 5 Live*

Tel: 02476 551 000
Phone-ins: 0800 756 5200
Email: coventry.warwickshire@bbc.co.uk

Derby

Saturday
6.00am Donna Alos **9.00** Andy Twigge **12.00** Ed Stagg **2.00pm** Sportscene: football: Lincoln City v Burton Albion **5.00** Sportscene: Reaction **6.00** The Beat **8.00** BBC Introducing **10.00** A Touch of Soul **1.00am** *as 5 Live*

Sunday
6.00am Donna Alos **9.00** James Watt **1.00pm** Kevin Fernihough **2.00** Sportscene: football: Derby County v Blackburn **6.00** Satvinder Rana **8.00** Devon Daley **10.00** Graham Torrington **1.00am** *as 5 Live*

Weekdays
5.00am Tony Lyman **6.00** Ian Skye **9.00** Sally Pepper **12.00** Andy Twigge **3.00pm** Steve Jordan **6.00** Sportscene at Six; **Mon:** Sportscene Talk-in **7.00** The Top Floor **10.00** Gagan Grewal; **Fri:** Dean Jackson **1.00am** *as Radio 5 Live*

Tel: 01332 361 111
Phone-ins: 0800 145 6161
radio.derby@bbc.co.uk

Essex

Saturday
6.00am Kath Melandri **9.00** Planet Ray **11.00** Ken Crowther **12.00** Emma Bullimore **2.00pm** Sport **6.00** Rock 'n' Roll Heaven **8.00** BBC Introducing **9.00** Justin Dealey **1.00am** *as 5 Live*

Sunday
6.00am June Woolerton **9.00** The Essex Quest **12.00** Mark Punter **2.00pm** Keith Greentree **4.00** John Leech **7.00** Sue Marchant **10.00** Keith Skues **1.00am** *as Radio 5 Live*

Weekdays
4.00am Rob Jelly; **Mon:** Matt Wade; **6.00** Ben and Sonia **9.00** Sadie Nine **12.00 Mon:** Matt Marvel; **Tue/Wed:** Matt Mackay; **Thu/Fri:** Emma Bullimore **4.00pm** Dave Monk **7.00** Your Essex; **Fri:** John Leech's Soul Night **10.00** Matt Marvel **1.00am** *as Radio 5 Live*

Tel: 01245 616 066
Phone-ins: 0800 111 4041
Email: essex@bbc.co.uk

Gloucestershire

Saturday
5.00am Early Breakfast **6.00** Steve Kitchen **9.00** Faye Hatcher **12.00** Jo Durrant **2.30pm** Matchday **5.00** Extra Time **6.00** Boogie Wonderland **8.00** BBC Introducing **10.00** Jim Colvin **1.00am** *as 5 Live*

Sunday
5.00am Jo Durrant **6.00** Mark Smith **9.00** Kristina Thornton **12.00** Pete Wilson **1.00pm** Warren Moore **4.00** The Vintage Chart Show **6.00** Manny Masih **8.00** Kevin Philemon **10.00** Geoff Barker **12.00** Johnny Coppin **1.00am** Sounds of Brass **2.00** *as 5 Live*

Weekdays
5.30am Joe Lemer **6.00** Mark Cummings **9.00** Anna King **12.00** Dominic Cotter **3.00pm** Nicky Price **5.00** Steve Kitchen **7.00** Jon Smith **10.00** Chris Baxter **1.00am** *as 5 Live*

Tel: 01452 308585
Phone-ins: 0800 121 7575
radio.gloucestershire@bbc.co.uk

Hereford/Worcester

Saturday
6.00am Andrew Easton **9.00** Dave Bradley **11.00** David Francis **2.00pm** Trevor Owens **3.00** *FM* Sport: football **6.00** Richard Searling **8.00** BBC Introducing **10.00** Natalie Graham **1.00am** *as Radio 5 Live*

Sunday
6.00am John Hellings **7.00** Kate Justice **9.00** Malcolm Boyden **12.00** Jonathan Ray **3.00pm** Mike Wyer **6.00** Andrew Marston **8.00** John Hellings **10.00** Graham Torrington **1.00am** *as 5 Live*

Weekdays
5.00am Andrew Nash **6.00 Mon/Tue:** Elliott Webb; **Wed–Fri:** Elliott and Toni **9.00** Elliott Webb **10.00** Malcolm Boyden **1.00pm** Tammy Gooding **4.00** Andrew Easton **7.00** Kate Justice **7.45 Tue:** Sport **10.00** Gagan Grewal; **Fri:** Colin Young **1.00am** *as Radio 5 Live*

Tel: 01905 748485
Phone-ins: 0800 121 8181
bbchw@bbc.co.uk

Kent

Saturday
6.00am Pat Marsh **10.00** Jon Holmes **12.00** Phil Harrison **2.00pm** The Sports Hub **6.00** Roger Day **8.00** BBC Introducing **9.00** Justin Dealey **1.00am** Sean Rowley: All Back to Mine **2.00** *as Radio 5 Live*

Sunday
5.30am Hymns on Sunday **6.00** Sunday Breakfast **8.00** Sunday Gardening **11.00** Lembit Opik **2.00pm** Dominic King **3.00** Julia George **5.00** Daryl Denham **9.00** Kent Folk **10.00** Bill Rennells **12.00** *as 5 Live*

Weekdays
5.00am The Early Call **6.00** Ian Collins and Anna Cookson **9.00** Julia George; **Fri:** Lembit Opik **12.00** Pat Marsh and Erika North **3.00pm** John Warnett **6.00** Dominic King; **Fri:** Access All Areas **8.00 Fri:** The Kent Sessions: Revisited **9.00** On the Air With; **Tue:** Upload **10.00** Paul Miller; **Fri:** Steve N Allen **1.00am** *as 5 Live*

Tel: 01892 670 000
Phone-ins: 0800 756 1111
radio.kent@bbc.co.uk

Leicester

Saturday
6.00am Jack Rafferty **9.00** Rupal Rajani **12.00** Sport: rugby union: Saracens v Leicester Tigers **4.00pm** Andy Pierce **6.00** The Beat **10.00** A Touch of Soul **1.00am** *as Radio 5 Live*

Sunday
6.00am Rupal Rajani **9.00** Clueless **12.00** Dave Andrews **3.00pm** Andy Pierce **7.00** Uncle Frank **10.00** Graham Torrington **1.00am** *as 5 Live*

Weekdays
5.00am Tony Lyman **6.00** Jimmy Carpenter, Summaya Mughal **9.00** Ben Jackson **12.00** Martin Ballard **4.00pm** Ady Dayman **6.00 Mon:** Football Forum; **Tue:** Inside Sport; **Wed:** Rugby Show; **Thu:** Bootroom; **Fri:** Sport Preview **7.00 Mon:** Sport: football: Leicester City v Aston Villa; **Tue:** A Word; **Wed:** Vibe; **Thu:** Bollywood Tamasha; **Fri:** Herdle White **9.00 Thu:** Young British Asians Talk **10.00 Tue–Thu:** Gagan Grewal; **Fri:** Dean Jackson **10.30 Mon:** Gagan Grewal **1.00am** *as 5 Live*

Tel: 0116 251 6688
Phone-ins: 0808 100 1049
radio.leicesternews@bbc.co.uk

Lincolnshire

Saturday
6.00am Sue Taylor **9.00** Harry Parkhill **12.00** Solid Gold Saturday **2.00pm** Hope and Glory: football: Lincoln City v Burton Albion **6.00** The Beat **8.00** BBC Introducing in Lincolnshire **10.00** A Touch of Soul **1.00am** *as Radio 5 Live*

Sunday
6.00am Sue Taylor **7.00** Lincolnshire Farming **7.30** Sue Taylor **9.00** Gardening Phone-in **10.00** Pirate Gold **1.00pm** Poachings **2.00** Tim Rogers Country **3.00** Howard Leader **6.00** Westenders **8.00** Henry Ayrton's Jukebox **10.00** Keith Skues **1.00am** *as Radio 5 Live*

Weekdays
6.00am Sean Dunderdale **9.30** Melvyn in the Morning **1.00pm** Carla Greene **4.00** William Wright **6.00 Thu:** Upload; **Fri:** Hope and Glory Preview Show **7.00 Mon:** Paul Hudson's Weather Show; **Tue:** Hope and Glory; **Wed:** Showtime; **Thu:** Thursday Night Folk; **Fri:** Friday Night Takeover **8.00 Mon:** Lincolnshire Kitchen **9.00 Wed:** Sex, Drugs and Lullabies; **Thu:** Nevermind the 90s **9.30 Fri:** Let's Get Noughties **10.00** Russell Walker; **Fri:** Dean Jackson **1.00am** *as Radio 5 Live*

Tel: 01522 511219
Phone-ins: 0800 066 5949
bbc.co.uk/lincolnshire

London

Saturday
6.00am Best of Jo Good **7.00** Carrie and David Grant **10.00** Robert Elms **1.00pm** Gary Crowley **2.00** BBC Sport **6.00** Gary Crowley **8.00** BBC London Introducing **10.00** Sunny and Shay **2.00am** Jim Davis

Sunday
6.00am Inspirit **9.00** Tim Arthur **12.00** Soul on Sunday **3.00pm** Gaby Roslin **5.00** Gary Crowley's A to Z **6.00** Sunny and Shay **8.00** Dotun Adebayo **10.00** Duncan Barkes **1.00am** Jim Davis

Weekdays
4.00am Petrie Hosken; **Fri:** Jason Rosam **7.00** Vanessa Feltz **10.00** Robert Elms **1.30pm** Jo Good **5.00** Eddie Nestor **7.00 Fri:** The Women's Sports Show **8.00** The Scene **10.00** Duncan Barkes; **Fri:** Sunny and Shay **1.00am Mon:** Jim Davis; **Tue/Wed:** Dotun Adebayo; **Thu:** Paul Osbourne **2.00am Fri:** Jim Davis

Tel: 0207 765 1166
Phone-ins: 0800 731 2000
yourlondon@bbc.co.uk

Norfolk

Saturday
6.00am Kirsteen Thorne **9.00** Keith Greentree **12.00** Garden Party **2.00pm** Sport: football: Sheffield Utd v Norwich City (kick-off **3.00**) **5.00** Canary Call **6.00** Rock 'n' Roll Heaven **8.00** BBC Introducing **9.00** Justin Dealey **1.00am** *as 5 Live*

Listen on the internet at radiotimes.com/radio/radio-listings

Frequencies

Sunday
6.00am Anthony Isaacs **9.00** Treasure Quest **12.00** Treasure Quest Extra Time **1.00pm** Gudgin's Guest **2.00** Keith Greentree **4.00** The John Leech Soul Show **7.00** Sue Marchant **10.00** Keith Skues **1.00am** *as 5 Live*

Weekdays
4.00am Wally Webb **6.30** Chris Goreham **10.00** Chrissie Jackson **1.00pm** Stephen Bumfrey **4.00** Matthew Gudgin **6.00 Thu:** The Scrimmage; **Fri:** Yellow Friday **6.30 Fri:** Local Report **7.00 Mon:** Jack Jay Show; **Tue:** The Game: Phil Daley; **Wed:** The Social; **Thu:** BBC Music Introducing in Norfolk; **Fri:** Evening Show **10.00** Matt Marvel **1.00am** *as 5 Live*

Tel: 01603 617 321
radionorfolk@bbc.co.uk

Northampton

Saturday
6.00am John Griff **9.00** Treasure Quest **12.00** John Rose **2.00pm** Sport: football: Northampton Town v Mansfield Town **6.00** Rock 'n' Roll Heaven **8.00** Lal Muttock **9.00** Justin Dealey **1.00am** *as 5 Live*

Sunday
6.00am Martin Heath **9.00** John Griff **12.00** Gadders **2.00pm** Keith Greentree **4.00** The John Leech Soul Show **6.00** Jona Kotnis **8.00** Mark Dean **10.00** Keith Skues **1.00am** *as Radio 5 Live*

Weekdays
4.00am Wally Webb **6.00** Annabel Amos **9.00** Bernie Keith **12.00** Helen Blaby **3.00pm** Wayne Bavin **6.00 Wed:** The Saints Show; **Thu:** The Cobblers Show; **Fri:** Sport **7.00** Tim Wheeler **10.00** Matt Marvel **1.00am** *as Radio 5 Live*

Tel: 01604 239100
Phone-ins: 0800 030 4455
bbc.co.uk/northamptonshire

Nottingham

Saturday
6.00am Ed Nell **9.00** Liesl and Arun **12.00** Pip Watts **1.30pm** Matchday: football **5.00** Postmatch **6.00** The Beat **8.00** BBC Introducing in Nottinghamshire **10.00** A Touch of Soul **1.00am** *as 5 Live*

Sunday
6.00am Frances Finn **9.00** Philip Chapman **12.00** Paul Robey **4.00pm** Dominic Johnson **6.00** Sunita Passi **8.00** Jodi Law **10.00** Graham Torrington **1.00am** *as 5 Live*

Weekdays
5.00am Tony Lyman **6.00** Andy Whittaker and Sarah Julian **9.00** Mark Dennison **12.00** Alan Clifford **4.00pm** Verity Cowley **6.00 Fri:** The Terrace **7.00** Arun Verma; **Tue:** Matchnight; **Thu:** Dean Jackson **10.00** Gagan Grewal; **Fri:** Dean Jackson **1.00am** *as 5 Live*

Tel: 0115 955 0500
Phone-ins: 0800 678 3434
radio.nottingham@bbc.co.uk

Oxford

Saturday
6.00am Adam and Michelle **9.00** James Watt **12.00** Kat's Kick up the 80s **2.00pm** Sport **6.00** Stereo Underground **8.00** BBC Introducing **9.00** David Allen **12.00** Paul Miller **2.00am** The Dance Dungeon

Sunday
4.00am *as Radio 5 Live* **6.00** Tim Boswell **9.00** Michelle's Find It or Forfeit **12.00** Tony Gillham **2.00pm** Kat's Kick up the 80s **4.00** Al Ryan **6.00** Henry Wymbs **9.00** Bill Rennells **12.00** *as Radio 5 Live*

Weekdays
6.00am Mon: Phil Mercer; **Tue–Thu:** Sophie Law; **Fri:** Danny Cox **7.00** David Prever **10.00** Kat Orman **1.00pm** Lilley Mitchell **4.00** Adam Ball **7.00 Mon:** Forces Radio BFBS; **Tue:** Sport; **Wed:** New Forty; **Thu:** Fleur Ostojak; **Fri:** Laugh Lounge **8.00 Fri:** Living for the Weekend **9.00 Mon/Wed:** Upload; **Thu:** New Voices; **Fri:** DJG's Soulful House **10.00** Paul Miller **1.00am** *as 5 Live*

Tel: 03459 311 444
Phone-ins: 0808 100 9100
oxford@bbc.co.uk

Shropshire

Saturday
6.00am Eric Smith **9.00** Ryan Kennedy **1.00pm** Michaela Wylde **2.00** Shropshire United: football **6.00** Jim Hawkins **8.00** BBC Music Introducing in Shropshire **10.00** Natalie Graham **1.00am** *as 5 Live*

Sunday
6.00am John Hellings **7.00** Ryan Kennedy **9.00** Treasure Quest **11.00** Sunday Kitchen **12.00** Paul Shuttleworth **3.00pm** Mike Wyer **6.00** Sunday Folk **8.00** Jazz: with John Hellings **10.00** Graham Torrington **1.00am** *as 5 Live*

Weekdays
6.00am Eric Smith and Clare Ashford **9.00** Jim Hawkins **12.00** Colin Young **3.00pm** Paul Shuttleworth **4.00** Adam Green **7.00 Mon:** BBC Music Introducing Xtra; **Tue:** Active Shropshire; **Wed–Fri:** The 7 o'Clock Show **8.00 Mon:** Marie Crichton **10.00** Gagan Grewal; **Fri:** Colin Young **1.00am** *as Radio 5 Live*

Tel: 01743 248484
Phone-ins: 0808 100 9696
radio.shropshire@bbc.co.uk

Stoke

Saturday
6.00am Sophie Calvert **10.00** Lucas and Rob **2.00pm** Sport **5.00** Praise and Grumble **6.00** Richard Searling **8.00** BBC Introducing **10.00** Natalie Graham **1.00am** *as 5 Live*

Sunday
6.00am Easy like a Sunday Morning **6.30** In Praise of God **7.00** Tim Wedgwood **9.00** Terry Walsh **11.00** Paula White **2.30pm** In Praise of God (R) **3.00** Jodie Looker **5.00** Centre Stage **6.00** Ajmal Hussain **8.00** Jazz **10.00** Graham Torrington **1.00am** *as Radio 5 Live*

Weekdays
5.00am Den Siegertsz **6.30** John Acres **9.00** Stuart George **12.00** Louise Stones **3.00pm** Perry Spiller and Liz Ellis **6.00** Sport; **Fri:** Praise and Grumble **7.00 Mon–Wed:** Lucas Yeomans; **Thu:** The Takeaway; **Fri:** Upload **8.00 Fri:** Richard Searling's Northern Soul **9.00 Wed:** The Wildcard; **Thu:** Centre Stage **10.00** Gagan Grewal; **Fri:** Colin Young **1.00am** *as Radio 5 Live*

Tel: 01782 208080
Phone-ins: 0800 121 8080
bbc.co.uk/stoke

Suffolk

Saturday
6.00am Luke Deal **9.00** Georgy Jamieson **12.00** Life's a Pitch **2.00pm** Sport **6.00** Rock 'n' Roll Heaven **8.00** BBC Introducing **9.00** Justin Dealey **1.00am** *as Radio 5 Live*

Sunday
6.00am Lesley Dolphin **9.00** Wayne Bavin **12.00** Sarah Lilley **2.00pm** Keith Greentree **4.00** The John Leech Soul Show **7.00** Sue Marchant **10.00** Keith Skues **1.00am** *as Radio 5 Live*

Weekdays
4.00am Wally Webb **6.00** Luke Deal **7.00** Mark Murphy **10.00** James Hazell **1.00pm** Lesley Dolphin **4.00** Stephen Foster **7.00 Mon:** Belongings; **Tue:** The Tuesday Takeover; **Wed:** BBC Music Introducing; **Thu:** Sports Social; **Fri:** Georgy Jamieson **9.00 Tue:** Upload; **Wed:** Made in Suffolk **10.00** Matt Marvel **1.00am** *as 5 Live*

Tel: 01473 250 000
Phone-ins: 0800 141 2121
radiosuffolk@bbc.co.uk

BBC Surrey and BBC Sussex

Saturday
5.00am Shaun Tilley's 70s and 80s Heaven **6.00** *Surrey:* James Cannon **6.00** *Sussex:* Mark Carter **9.00** Danny Pike **12.00** Graham Dene **2.00pm** Joe Talbot **6.00** Stereo Underground **8.00** BBC Introducing **9.00** David Allen **12.00** Paul Miller Soul Show **2.00am** Dancefloor Delights

Sunday
4.00am *as Radio 5 Live* **5.30** Hymn Half Hour **6.00** Emily Jeffery **9.00** Dig It **12.00** Sylvie Blackmore **3.00pm** Mark Carter **5.00** David Miller **7.00** Nicky Patrick **9.00** Nicky Horne **12.00** *as Radio 5 Live*

Weekdays
5.00am The Early Start **6.00** *Surrey:* James Cannon and Lesley McCabe **6.00** *Sussex:* Neil Pringle **9.00** Danny Pike **12.00** Allison Ferns; **Fri:** Joe Talbot **4.00pm–7.00** Sarah Gorrell *Surrey only:* **5.00** Mike Buxton; **Wed:** Clare Cowan; **6.00–7.00** The Rewind. **7.00 Mon:** Level 23; **Tue:** Albion Unlimited; **Wed:** BBC Introducing; **Thu:** Politix and Chill; **Fri:** Something for the Weekend **8.00 Mon:** New Voices; **Tue:** Sport in Focus; **Thu:** Kathy Caton **9.00 Wed:** After the Watershed; **Fri:** Lost in Music **10.00** Paul Miller **1.00am** *as Radio 5 Live*

Surrey phone-ins: 0800 587 1046
bbc.co.uk/surrey
Sussex phone-ins 0800 232 1045
bbc.co.uk/sussex

Three Counties

Beds, Herts and Bucks

Saturday
6.00am Saturday Breakfast **9.00** Treasure Quest **12.00** Mike Naylor **2.00pm** Countdown to Kick-Off **3.00** Sport **5.00** 5-0-5 **6.00** Rock 'n' Roll Heaven **8.00** BBC Introducing **9.00** Justin Dealey **1.00am** *as Radio 5 Live*

Sunday
6.00am Nana Akua **9.00** Tony Hadley **11.00** Nick Coffer **1.00pm** People's Playlist **2.00** Keith Greentree **4.00** John Leech **6.00** Yasmeen Khan **8.00** Edward Adoo **10.00** Keith Skues **1.00am** *as 5 Live*

Weekdays
4.00am Wally Webb **6.00** Andy Collins **9.00** JVS Show **12.00** Nick Coffer **3.00pm** Roberto Perrone **6.00 Mon:** Sports Show; **Tue:** Ollie Bayliss **7.00 Mon:** Level 23; **Tue:** People's Playlist; **Wed:** Mental Health; **Thu:** BBC Introducing; **Fri:** Random Facts Show **8.00 Mon–Wed:** Nana Akua; **Thu:** Jaguar and Danny; **Fri:** Upload **9.00 Fri:** Justin Dealey **10.00** Matt Marvel **1.00am** *as 5 Live*

Tel: 01582 636 963
Phone-ins: 0808 100 8800
bbc.co.uk/threecounties

WM

Saturday
5.00am Rakeem **7.00** Mollie Green **10.00** Richie Anderson **12.00** Pete Waterman **2.00pm** Sport **6.00** Network Gold **8.00** BBC Introducing **10.00** Natalie Graham **1.00am** *5 Live*

Sunday
6.00am Sior Coleman **7.00** Llewela Bailey **9.00** Foxy and Giuliano **12.00** The Other Side Of **1.00pm** The Soul and Motown Show **3.00** Bob Brolly **6.00** Gagan Grewal **8.00** Nikki Tapper **10.00** Graham Torrington **1.00am** *as 5 Live*

Weekdays
5.00am Mollie Green **6.00** Elise Evans **9.00** Danny Kelly; **Tue:** Kathryn Stanczyszyn **12.00** Caroline Martin **2.00pm** Sunny and Shay; **Fri:** Foxy **4.00** Paul Franks **5.30** Football Phone-in **7.00 Mon:** Sport; **Tue/Wed:** Rakeem; **Thu:** Henry; **Fri:** Kitchen Disco **10.00** Gagan Grewal; **Fri:** Colin Young **1.00am** (**3.00 Fri**) *as 5 Live;* **Fri:** The Reggae Show

Tel: 0121 567 6055
Phone-ins: 0808 100 9956
Email: bbcwm@bbc.co.uk

National

BBC Radio 1 FM 97.6–99.8
BBC Radio 2 FM 88–90.2
BBC Radio 3 FM 90.2–92.4
BBC Radio 4 FM 92.4–94.6, LW 198
BBC Radio Five Live MW 693, 909
Classic FM 99.9–101.9
Talksport MW 1053, 1071, 1089, 1107
Absolute FM 105.8 (London/South East), 105.2 (West Midlands) plus MW 1215, 1197, 1233, 1242, 1260
These stations are also broadcast via Freeview, satellite, cable, digital radio and the internet.

Local

BBC stations:
Asian Network MW 837 (Leicester/Nottingham/Derby), 1458 (Birmingham), 828 (Wolverhampton), 1449 (Peterborough/Cambridge)
Berkshire 104.1 (Hannington), 94.6 (Henley), 95.4 (Windsor), 104.4 (Reading)
Cambridgeshire 95.7 (Peterborough), 96, MW 1026
Coventry & Warwickshire 94.8 (Coventry), 103.7 (Stratford/S. Warwickshire), 104 (Nuneaton)
Derby 104.5 (Drum Hill), 96 (Buxton), 95.3 (Stanton Moor), MW 1116
Essex 103.5 (north Essex), 95.3 (south Essex), MW 765, 729
Gloucestershire 104.7 (Churchdown Hill), 95 (Stroud), 95.8 (Cirencester), MW 1413
Hereford and Worcester 94.7 (Hereford), 104 (Worcester & Gt Malvern), 104.6 (Kidderminster), MW 738 (Worcester), 1584 (Tenbury Wells)
Kent 96.7 (west), 97.6 (Folkestone), 104.2 (east)
Leicester 104.9
Lincolnshire 94.9 (Lincoln), 104.7 (Grantham)
London 94.9
Norfolk 95.1 (east), 95.6 (Wells), 104.4 (west), MW 855 (east), 873 (King's Lynn)
Northampton 104.2 (Northants), 103.6 (Corby/Kettering)
Nottingham 103.8 (Notts), 95.1 (Newark), 95.5 (Mansfield)
Oxford 95.2
Shropshire 90 (Church Stretton), 96 (Shropshire), 95 (Ludlow), 104.1 (Clun)
Stoke 94.6 (Stoke), 104.1 (Stafford), MW 1503
Suffolk 103.9 (south), 104.6 (Bury St Edmunds & north west), 95.5 (Lowestoft), 95.9 (Aldeburgh)
Sussex and Surrey 95.0 (Newhaven), 95.1 (Horsham), 95.3 (Brighton/Worthing), 104.0 (East Surrey/North Sussex), 104.5 (East Sussex), 104.6 (West Surrey/NE Hants), 104.8 (West Sussex)
Three Counties 103.8 (Herts), 95.5 (Beds), 90.4 (East Herts), 92.1 (South Herts), 98.0 (High Wycombe), 104.5 (Bucks), 94.7 (Aylesbury) MW 630 (Herts & Bucks), 1161 (Beds)
WM 95.6 (West Midlands)

Independent stations:
Absolute Radio Classic Rock MW 1152 (Birmingham), MW 990 (Wolverhampton)
The Beach 103.4 (Great Yarmouth/Lowestoft), 97.4 (Southwold/Halesworth)
BOB FM 106.7 (Stevenage), 106.9 (Hertford/Ware/Welwyn & Hatfield)
The Breeze 101.6 (Four Marks/Medstead/Alresford/Bordon/Grayshott/Beacon Hill & Hindhead), 101.8 (Petersfield), 102 (Alton), 97.1 (Haslemere & Midhurst), 107.6 (Basingstoke), 106.4 (N. Hants), 105.6 (Newbury/Thatcham), 107 (Reading), 107.4 (Hungerford), 107.5 (Gloucestershire/The Malverns)
Buzz Radio FM 103.8 (London)
Capital 95.8 (London), 95.9 (Brackley), 96.2 (Coventry/Nott), 96.5 (Mansfield), 101.6 (Lichfield), 102 (Stratford), 102.2 (Birmingham), 102.4 (Burton) 102.8 (Derby), 105.4 (Leicester), 107.1 (Rugby), 107.2 (Brighton/Hove), 107.3 (Warwick), 107.6 (north Oxon)
Capital XTRA 107.1 (north London), 96.9 (south London)
Cambridge 105 105 Cambridge
Cheshire's Silk 106.9 (Macclesfield/east Cheshire)
Connect 97.2 (Wellingborough), 106.8 (Peterborough) 107.4 (Kettering/Corby)
Dream 100.2 (Tendring/Colchester)
Eagle Radio 96.4 (Hants/Surrey)
Fosse 107 (Loughborough), 107.9 (Hinckley)
Free Radio 96.4 (Birmingham), 97.2 (Wolverhampton), 103.1 (Shropshire), 97 (Coventry/Warwickshire), 102.9 (Leamington Spa), 97.6 (Hereford), 96.7 (Kidderminster), 102.8 (Worcester)
Gem 106 (East Midlands)
Gold MW 945 (Derby), 999 (Nottingham), 1548 (London)
Greatest Hits Radio MW 1359 (Coventry), MW 1017 (Shropshire)
HCR 104 FM (Huntingdon)
Heart 95.9 (Thanet), 96.1 (Ashford/Colchester), 96.3 (Basildon), 96.4 (Bury St Edmunds), 96.6 (Northants), 96.7 (Winchester), 96.9 (Bedford/Newhaven), 97 (Dover/Folkestone/Reading), 97.1 (Ipswich), 97.4 (Banbury/Newmarket), 97.5 (south Hampshire/Ryde/Southend/Horsham), 97.6 (Dunstable), 100.7 (west Mids), 102 (Hastings), 102.3 (Dorset), 102.4 (Eastbourne/Norwich/Gloucester/Cheltenham), 102.6 (Chelmsford/Oxford), 102.7 (Peterborough/Reigate/Crawley), 102.8 (east Kent), 102.9 (Berkshire), 103 (Cambridge/Stroud/east Devon), 103.1 (west Kent), 103.3 (Milton Keynes), 103.4 (Henley on Thames), 103.5 (Brighton), 106.2 (London)
HFM 102.3 (Market Harborough)
Jack FM 106.4/106.8 (Oxfordshire)
Jack FM 2 107.9 (Oxfordshire)
Jackie 107.8 (south west London/north Surrey)
Kiss 100 (London), 107.7 (Peterborough), 105.6 (Cambridge), 106.1 (Norwich), 106.4 (Ipswich)
KL.FM 96.7 (King's Lynn)
Kmfm 106 (Canterbury/Herne Bay/Whitstable), 107.6 (Ashford), 105.6 (Maidstone), 107.9 (Medway towns), 100.4 (Hoo St Werburgh), 101.6 (Sevenoaks), 96.2 (Tunbridge Wells), 96.4 (Folkestone), 106.8 (Dover), 107.2 (Thanet)
LBC London 97.3 (London)
LBC London News MW 1152 (London)
Lincs 102.2 (Lincoln), 96.7 (Grantham), 97.6 (Scunthorpe)
London Greek 103.3
London Turkish MW 1584
Lyca Dilse MW 1035 (London)
Magic 105.4 (London)
Mansfield 103.2
Maritime 96.5 (Greenwich)
Mix 96.2 (Aylesbury)
More Radio Eastbourne 107.5 (Eastbourne/ Hailsham)
More Radio Hastings 107.8 (Hastings/Bexhill)
More Radio Mid Sussex 106.4 (Burgess Hill/Haywards Heath), 106.8 (Lewes)
More Radio Worthing 107.7 (Worthing/Littlehampton/Shoreham)
North Norfolk Radio 96.2 (Norfolk), 103.2 (Cromer/Wells)
Norwich 99.9
Peak 107.4 (Chesterfield), 102 (Matlock)
Premier Christian MW 1305 (London), 1332 (central), 1413 (east/west), 1566 (Guildford)
Radio Caroline MW 648 (Suffolk, north east Essex)
Radio Essex 105.1 (Southend-on-Sea), 107.7 (Chelmsford)
Rutland 107.2 (Rutland), 97.4 (Stamford)
Sabras MW 1260 (Leicester)
Sam FM 106 (Southampton), 106.5 (Bristol), 107.7 (Swindon)
Signal 1 96.4 (Congleton), 96.9 (Stafford), 102.6 (Staffordshire/Cheshire)
Signal 2 MW 1170 (Staffordshire/Cheshire)
Signal 107 106.5 (Shrewsbury), 107.1 (Oswestry/north Shropshire), 107.4 (Telford), 107.7 (Wolverhampton)
Smooth FM 102.2 (London), 105.7 (West Midlands), 106.6/101.4 (East Midlands); MW 792 (Bedford), 828 (Bournemouth/Luton), 1152 (Norfolk), 1251 (Bury St Edmunds), 774 (Gloucester), 1521 (Crawley), 603 (east Kent), 1170 (Portsmouth/Ipswich), 1557 (south Hants), 1332 (Peterborough), 1017 (Shrewsbury/Telford), 1359 (Chelmsford/Warwickshire), 1431 (Southend), 1161 (Swindon), 1323 (Brighton), 1242 (west Kent)
Spectrum MW 558 (London)
Spire 102 (Salisbury)
Star 107.9 (Cambridge), 107.1 (Ely)
Sunrise MW 963/972 (London)
Sunshine 106.2 (Hereford), 107.8 (Leominster), 107 (Monmouth), MW 855 (S. Shropshire/N. Herefordshire/N. Worcestershire)
The Eye 103 (Melton Mowbray/Vale of Belvoir)
Time 107.5 (Romford/Barking & Dagenham/Redbridge)
Town 102 (Ipswich)
Radio X 104.9 (London)
XL MW 1296 (Birmingham)

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Face behind the voice

Juggy Sohal BBC Radio Cambridgeshire



Age 29
Current job Presenter of the new *BBC Upload* programme on BBC Radio Cambridgeshire *(Wed 8pm)*, showcasing the artistic talents of listeners – a nationwide initiative across BBC local radio stations.
CV Born in Bedford, studied English and film at Brunel University, west London, then worked in the family business while also doing a hospital radio show: "You could say, I was testing the waters!" Then took an ad sales job in London, also presenting a bhangra show for Shoreditch community radio and co-hosting their weekend breakfast show, before gaining a regular slot on Vibe 107.6. He also developed a TV talk show series for young Asians on the Sikh Channel.
Best moment "On the new *Upload* show, I played a song a listener wrote as a tribute to his wife who had passed away. It was a really nice moment. Afterwards he messaged, saying how happy it had made him to hear it on the radio. And I thought, 'This is what I'm meant to be doing'."
Worst moment "In the studio you man the control desk and do everything. My first guest was nervy, so I was chatting to them – and pressed the wrong button. Instead of music, everyone just heard the guest saying, 'I'm so nervous…' Chaos!"
Off air "I still work as an account manager at a publishing company, as well as being a kids' party DJ at the weekends. (You always need to have another couple of plates spinning, in this business..!) And I've just started boxing – it keeps you fit and gives you a real workout."
First radio memory "Collecting requests for my hospital radio show. One patient said, 'Play anything – just don't play Justin Bieber'. And another asked for Mariah Carey singing *All I Want for Christmas* – in September!"
Favourite broadcasters "Chris Moyles – listening to him opened me up to the idea of being a presenter. Dermot O'Leary, because he's real. And Davina McCall – such a fun personality."
Ambition "I'm passionate about diversity and – like Reggie Yates, whose work I really admire – I want to make documentaries for mainstream audiences now."
Dream job "To host a breakfast show on a big national radio station (I was going to say Radio 1, but I'm creeping over the age bracket for that!)."
Secret skills "I can keep 30 four-year-olds entertained for two hours – so I'm a genius babysitter! Also, I'm really good at the Carlton dance from *The Fresh Prince of Bel-Air*…" **CAROLINE MEYER**

bbc.co.uk/radiocambridgeshire
Search for **BBC Upload** at *bbc.co.uk*

Berkshire

Saturday
6.00am Bridgitte Tetteh
9.00 Andrew Peach
12.00 In Other News: with Sarah Walker
1.00pm Sport on BBC Radio Berkshire: football: Birmingham City v Reading (kick-off **3.00**), the Championship clash at St Andrew's Trillion Trophy Stadium
6.00 Stereo Underground
8.00 BBC Introducing
9.00 David Allen
12.00 Paul Miller Soul Show
2.00am *as Radio 5 Live*

Sunday
6.00am Paul Coia
9.00 Kirsten O'Brien
11.00 Bill Buckley
2.00pm Henry Wymbs: with Irish Eye
5.00 David Miller
7.00 Paul Miller Soul Show
8.00 Bridgitte Tetteh
9.00 Bill Rennells
12.00 *as Radio 5 Live*

Weekdays
5.30am Steve Madden
7.00 Andrew Peach
10.00 Sarah Walker; **Fri:** Tony Blackburn's Weekend Warm-up
1.00pm Bill Buckley
4.00 Phil Kennedy
6.00 Fri: Weekend Kick-Off
7.00 Michelle on the Move; **Fri:** Mums without Makeup
10.00 Paul Miller: with The Late Show
1.00am *as Radio 5 Live*

Tel: 0118 946 4200
Phone-ins: 0808 100 5100
radio.berkshire@bbc.co.uk

Bristol

Saturday
4.00am BCFM
5.00 Martin Evans
6.00 Ali Vowles
9.00 James Hanson
11.00 Laura Rawlings
12.00 Sport: football and rugby union: Bristol City v Fulham (kick-off **12.30pm**), Exeter Chiefs v Bath (k-o **2.30**), and Southend Utd v Bristol Rovers (kick-off **3.00**)
6.00pm Boogie Wonderland
8.00 BBC Introducing
10.00 Jim Colvin
1.00am BBC Introducing
3.00 Ujima Radio

Sunday
4.00am Somer Valley FM
5.00 Martin Evans
6.00 Lucy Tegg
9.00 Clueless
12.00 Sport: rugby union: Bristol Bears v Harlequins
3.00pm Warren Moore
4.00 The Vintage Chart Show
6.00 Manny Masih
8.00 Kevin Philemon
10.00 Geoff Barker
12.00 Johnny Coppin Folk
1.00am Sounds of Brass
2.00 *as Radio 5 Live*

Weekdays
5.00am Joe Lemer
6.30 Emma Britton
9.00 John Darvall
12.00 Steve Yabsley
3.00pm Claire Cavanagh
6.00 Geoff Twentyman; **Wed:** Laura Rawlings
7.00 Mon/Wed/Thu: Upload; **Tue:** Midweek Sport: football: Bristol Rovers v Sunderland (kick-off **7.45**); **Fri:** Upload
10.00 Chris Baxter
1.00am *as Radio 5 Live;* **Fri:** The Beats, Breaks and Bass Sh ow
3.00 Fri: Ujima Radio

Phone-ins: 08000 855 949
radio.bristol@bbc.co.uk

BBC SOMERSET
As Bristol except:

Saturday
6.00am Pick of the Week
7.00 Simon Parkin
10.00 Charlie Taylor
1.00pm The Retro Show
2.00–6.00 Sport

Sunday
12.00 The Retro Show
1.00pm–4.00 Warren Moore

Weekdays
6.00am Claire Carter
9.00 Simon Parkin
12.00 Back Tracks
1.00pm Andy Bennett
4.00 Matt Faulkner
7.00–10.00 Mon/Wed–Fri: Charlie Taylor

Tel: 01823 323956
Phone-ins: 0800 678 1566
somerset@bbc.co.uk

Cornwall

Saturday
6.00am Mel Osborne
9.00 Jack Murley
12.00 Freddy Zapp
2.00pm Sport
6.05 Boogie Wonderland
8.00 BBC Introducing
10.00 Jim Colvin
1.00am *as Radio 5 Live*

Sunday
6.00am Faith Programme
9.00 Jack Murley
12.00 Sunday Requests
2.00pm John Prowse and Steve Penhaligon
2.05 Cornwall Connected
4.00 The Vintage Chart Show
6.00 Geoff Barker's Rock 'n' Roll Party
8.00 Sounds of Brass
9.00 Tim Manns
1.00am *as Radio 5 Live*

Weekdays
5.00am Naomi Kennedy
6.00 Julie Skentelbery and James Churchfield
9.00 David White
12.00 Laurence Reed
3.00pm Emma Gill
5.00 Martin Bailie; **Fri:** Mel Osborne
7.00 Dan Pascoe
10.00 David Sheppard
1.00am *as Radio 5 Live*

Phone-ins: 0808 100 1039
radio.cornwall@bbc.co.uk

Devon

Saturday
6.00am Caroline Cook
9.00 The Golden Hour
10.00 Kerry White
12.00 Richard Green's Retro Show
2.00pm Sport: *All except FM 95.7/DAB/MW* rugby union: Exeter Chiefs v Bath (k-o **2.30**); *FM 95.7/DAB* Football: Plymouth Argyle v Macclesfield Town (kick-off **3.00**); *MW* Football: Walsall v Exeter City (kick-off **3.00**)
6.00 Boogie Wonderland
8.00 BBC Introducing in Devon: with Sarah Gosling
10.00 Jim Colvin
1.00am *as Radio 5 Live*

Sunday
6.00am Farming Today This Week
6.30 Angela Kalwaites
9.00 Toby Buckland
12.00 Caroline Cook
3.00pm A Bit More Fitz
4.00 The Vintage Chart Show
6.00 Geoff Barker's Rock 'n' Roll Party
8.00 Sounds of Brass
9.00 Tim Manns
1.00am *as Radio 5 Live*

Weekdays
5.00am Matt Woodley
6.00 Laura James
9.00 The Golden Hour
10.00 David FitzGerald
1.00pm Matt Woodley
3.00 Rick Edwards
5.00 Pippa Quelch
7.00 Mon: Ally Reeve; **Tue:** Matt Tancock; **Wed–Fri:** Sarah Gosling
10.00 David Sheppard
1.00am *as Radio 5 Live*

Phone-ins: 0808 100 1034
radio.devon@bbc.co.uk

Essex

Saturday
6.00am Kath Melandri
9.00 Planet Ray
11.00 Ken Crowther
12.00 Emma Bullimore
2.00pm Sport: football: Southend United v Bristol Rovers and Carlisle United v Colchester United (k-o **3.00**)
6.00 Rock 'n' Roll Heaven
8.00 BBC Introducing in Essex: with Ollie Winiberg
9.00 Justin Dealey
1.00am *as Radio 5 Live*

Sunday
6.00am June Woolerton
9.00 The Essex Quest
12.00 Mark Punter's Vintage Vinyl
2.00pm Keith Greentree
4.00 John Leech
7.00 Sue Marchant
10.00 Keith Skues
1.00am *as Radio 5 Live*

Weekdays
4.00am Rob Jelly; **Mon:** Matt Wade
6.00 Ben and Sonia
9.00 Sadie Nine
12.00 Mon: Matt Marvel; **Tue/Wed:** Matt Mackay; **Thu/Fri:** Emma Bullimore
4.00pm Dave Monk
7.00 Your Essex; **Fri:** John Leech's Big Essex Soul Night
10.00 Matt Marvel
1.00am *as Radio 5 Live*

Tel: 01245 616 066
Phone-ins: 0800 111 4041
Email: essex@bbc.co.uk

Gloucestershire

Saturday
5.00am Early Breakfast
6.00 Steve Kitchen
9.00 Faye Hatcher
12.00 Jo Durrant
2.30pm Matchday: football: *FM* Cheltenham Town v Port Vale (kick-off **3.00**); *DAB/MW* Swindon Town v Forest Green Rovers (kick-off **3.00**)
5.00 Matchday Extra Time
6.00 Boogie Wonderland
8.00 BBC Introducing
10.00 Jim Colvin
1.00am *as Radio 5 Live*

Sunday
5.00am Jo Durrant
6.00 Mark Smith
9.00 Kristina Thornton
12.00 Pete Wilson
1.00pm Warren Moore
4.00 The Vintage Chart Show
6.00 Manny Masih
8.00 Kevin Philemon
10.00 Geoff Barker's Rock 'n' Roll Party
12.00 Johnny Coppin
1.00am Sounds of Brass
2.00 *as Radio 5 Live*

Weekdays
5.30am Joe Lemer
6.00 Mark Cummings
9.00 Anna King
12.00 Dominic Cotter
3.00pm Nicky Price
5.00 Steve Kitchen
7.00 Jon Smith
10.00 Chris Baxter
1.00am *as Radio 5 Live*

Tel: 01452 308585
Phone-ins: 0800 121 7575

Guernsey

Saturday
6.00am Isla Blatchford
9.00 Charlie McArdle
12.00 Tony Gillham
2.00pm Sportscene
6.00 David White
8.00 Tim Hunter
10.00 Jim Colvin
1.00am *as Radio 5 Live*

Sunday
6.00am Matthew Price
9.00 Fiona Le Tissier
12.00 Chris Bougourd
2.00pm Tony Gillham
4.00 Richard Green
6.00 Geoff Barker's Rock 'n' Roll Party
8.00 Sounds of Brass
9.00 Tim Manns
1.00am *as Radio 5 Live*

Weekdays
6.00am Oscar Pearson
9.00 Jenny Kendall-Tobias
1.00pm John Randall
4.00 Drivetime Show
7.00 Tim Hunter
9.00 BBC Radio Guernsey on Shuffle; **Mon:** The Sun Lounge
10.00 David Sheppard
1.00am *as Radio 5 Live*

Phone-ins: 0808 100 9932
bbcguernsey@bbc.co.uk

Hereford/Worcester

Saturday
6.00am Andrew Easton: Music and chat
9.00 Dave Bradley
11.00 David Francis
2.00pm Trevor Owens
3.00 Sport: football: *FM 94.7* Farsley Celtic v Hereford (kick-off **3.00**); *FM 104/104.6* Southport v Kidderminster Harriers (kick-off **3.00**)
6.00 Richard Searling's Northern Soul
8.00 BBC Introducing in Hereford and Worcester
10.00 Natalie Graham
1.00am *as Radio 5 Live*

Sunday
6.00am John Hellings
7.00 Kate Justice
9.00 Malcolm Boyden
12.00 Jonathan Ray
3.00pm Mike Wyer
6.00 Andrew Marston
8.00 John Hellings
10.00 Graham Torrington
1.00am *as Radio 5 Live*

Weekdays
5.00am Andrew Nash
6.00 Mon/Tue: Elliott Webb; **Wed–Fri:** Elliott and Toni
9.00 Elliott Webb
10.00 Malcolm Boyden
1.00pm Tammy Gooding
4.00 Andrew Easton
7.00 Kate Justice
7.45 Tue: Sport: football: Kettering Town v Hereford (kick-off **7.45**)
10.00 Gagan Grewal; **Fri:** Colin Young's Trunk of Funk
1.00am *as Radio 5 Live*

Phone-ins: 0800 121 8181
bbc.co.uk/herefordworcester

Jersey

Saturday
6.00am Jenny Mullin
9.00 Charlie McArdle
12.00 Tony Gillham
2.00pm Sportscene
6.00 David White
8.00 Tim Hunter
10.00 Jim Colvin
1.00am *as Radio 5 Live*

Sunday
6.00am Matthew Price
9.00 Christina Ghidoni
12.00 Phil Taylor
2.00pm Tony Gillham
4.00 Richard Green
6.00 Geoff Barker's Rock 'n' Roll Party
8.00 Sounds of Brass
9.00 Tim Manns
1.00am *as Radio 5 Live*

Listen on the internet at radiotimes.com/radio/radio-listings

Frequencies

Weekdays
6.00am Ashlea Tracey
9.00 James Dundon
9.30–5.30pm Tue/Wed: *MW* The States of Jersey
1.00pm Jenny Mullin
4.00 Eliza Philippidis
7.00 Tim Hunter
9.00 BBC Radio Jersey on Shuffle; **Mon:** The Sun Lounge
10.00 David Sheppard
1.00am *as Radio 5 Live*

Phone-ins: 0808 100 9888
radiojersey@bbc.co.uk

Kent

Saturday
6.00am Pat Marsh
10.00 Jon Holmes
12.00 Phil Harrison
2.00pm The Sports Hub
6.00 Roger Day
8.00 BBC Introducing in Kent: with Abbie McCarthy
9.00 Justin Dealey
1.00am Sean Rowley: All Back To Mine
2.00 *as Radio 5 Live*

Sunday
5.30am Hymns on Sunday
6.00 Sunday Breakfast: with Anna Louise
8.00 Sunday Gardening: with Andy Garland
11.00 Lembit Opik
2.00pm Dominic King: King and Company
3.00 Julia George
5.00 Daryl Denham
9.00 Kent Folk
10.00 Bill Rennells
12.00 *as Radio 5 Live*

Weekdays
5.00am The Early Call: with Mike Ziolek
6.00 Ian Collins and Anna Cookson
9.00 Julia George; **Fri:** Lembit Opik
12.00 Pat Marsh and Erika North
3.00pm John Warnett
6.00 Dominic King; **Fri:** Access All Areas
8.00 Fri: The Kent Sessions: Revisited **9.00** On the Air With; **Tue:** Upload
10.00 Paul Miller: with The Late Show; **Fri:** Steve N Allen
1.00am *as Radio 5 Live*

Tel: 01892 670 000
Phone-ins: 0800 756 1111
radio.kent@bbc.co.uk

London

Saturday
6.00am Best of Jo Good
7.00 Carrie and David Grant
10.00 Robert Elms
1.00pm Gary Crowley's A to Z
2.00 BBC Radio London Sport
6.00 Gary Crowley
8.00 BBC London Introducing: with Jess Iszatt
10.00 Sunny and Shay
2.00am Jim Davis

Sunday
6.00am Inspirit: with Jumoké Fashola
9.00 Tim Arthur
12.00 Soul on Sunday
3.00pm Gaby Roslin
5.00 Gary Crowley's A to Z
6.00 Sunny and Shay
8.00 Dotun Adebayo
10.00 Duncan Barkes
1.00am Jim Davis

Weekdays
4.00am Petrie Hosken; **Fri:** Jason Rosam
7.00 Vanessa Feltz
10.00 Robert Elms
1.30pm Jo Good
5.00 Eddie Nestor
7.00 Fri: The Women's Sports Show **8.00** The Scene
10.00 Duncan Barkes; **Fri:** Sunny and Shay
1.00am Mon: Jim Davis; **Tue/Wed:** Dotun Adebayo; **Thu:** Paul Osbourne
2.00am Fri: Jim Davis

Tel: 0207 765 1166
Phone-ins: 0800 731 2000
yourlondon@bbc.co.uk

Oxford

Saturday
6.00am Adam and Michelle
9.00 James Watt
12.00 Kat's Kick up the 80s
2.00pm Sport: football: Shrewsbury Town v Oxford United (kick-off **3.00**)
6.00 Stereo Underground
8.00 BBC Introducing in Oxford **9.00** David Allen
12.00 Paul Miller Soul Show
2.00am The Dance Dungeon

Sunday
4.00am *as Radio 5 Live*
6.00 Tim Boswell
9.00 Michelle's Find It or Forfeit
12.00 Tony Gillham
2.00pm Kat's Kick up the 80s
4.00 Al Ryan **6.00** Henry Wymbs **9.00** Bill Rennells
12.00 *as Radio 5 Live*

Weekdays
6.00am Sophie Law; **Mon:** Phil Mercer; **Fri:** Danny Cox
7.00 David Prever
10.00 Kat Orman
1.00pm Lilley Mitchell
4.00 Adam Ball
7.00 Mon: Forces Radio BFBS on BBC Radio Oxford; **Tue:** Sport; **Wed:** The New Forty; **Thu:** Fleur Ostojak; **Fri:** The Laugh Lounge
8.00 Fri: Living for the Weekend
9.00 Mon/Wed: Upload; **Thu:** New Voices; **Fri:** DJG's Soulful House
10.00 Paul Miller
1.00am *as Radio 5 Live*

Phone-ins: 0808 100 9100
radio.oxford@bbc.co.uk
bbc.co.uk/radiooxford

Radio Solent

Saturday
6.00am Katie Martin
9.00 Alex Dyke's Weekend Wall of Sound
12.00 Sport: football: Liverpool v Bournemouth (kick-off **12.30pm**), plus Southampton v Newcastle United, Peterborough United v Portsmouth, and Wrexham v Eastleigh (kick-off **3.00**)
6.00pm Stereo Underground
8.00 BBC Introducing: Solent
9.00 David Allen
12.00 Paul Miller Soul Show
2.00am The Dance Dungeon

Sunday
4.00am Solent Showstoppers
6.00 Lucy Ambache
9.00 Pat Sissons
12.00 The Kitchen Garden
2.00pm Afternoon Show
5.00 Solent Showstoppers
6.00 The Village Loudspeaker
7.00 The Cartridge Years
9.00 Nicky Horne
12.00 *as Radio 5 Live*

Weekdays
5.00am Simon Clarke
7.00 Alun Newman and Lou Hannan **10.00** Pat Sissons
1.00pm Alex Dyke **4.00** Sam Fraser; **Mon/Tue:** Steph Newenhouse **6.00 Fri:** Sports Hour **7.00** The Early Late Show; **Tue:** Sport: football: Portsmouth v Fleetwood Town (kick-off **7.45**)
10.00 Paul Miller
1.00am *as Radio 5 Live*

103.8 FOR WEST DORSET
As Radio Solent, including Dorset news and features, plus:

Weekdays
7.00am Steve Harris
9.00–10.00 Alun Newman and Lou Hannan

Phone-ins: 0808 100 3800
Text: "SOLENT" to 81333
Email: radio.solent@bbc.co.uk
bbc.co.uk/solent

BBC Surrey and BBC Sussex

Saturday
5.00am Shaun Tilley's 70s and 80s Heaven
6.00 *Surrey:* James Cannon
6.00 *Sussex:* Mark Carter
9.00 Danny Pike
12.00 Graham Dene
2.00pm Joe Talbot
6.00 Stereo Underground
8.00 BBC Introducing in the South **9.00** David Allen
12.00 Paul Miller Soul Show
2.00am Dancefloor Delights

Sunday
4.00am *as Radio 5 Live*
5.30 Hymn Half Hour
6.00 Emily Jeffery **9.00** Dig It
12.00 Sylvie Blackmore
3.00pm Mark Carter
5.00 David Miller **7.00** Nicky Patrick **9.00** Nicky Horne
12.00 *as Radio 5 Live*

Weekdays
5.00am The Early Start
6.00 *Surrey:* James Cannon and Lesley McCabe
6.00 *Sussex:* Neil Pringle
9.00 Danny Pike **12.00** Allison Ferns; **Fri:** Joe Talbot
4.00pm–7.00 Sarah Gorrell
5.00 *Surrey only:* Mike Buxton; **Wed:** Clare Cowan;
6.00–7.00 The Rewind.
7.00 Mon: Level 23; **Tue:** Albion Unlimited; **Wed:** BBC Introducing in the South; **Thu:** Politix and Chill; **Fri:** Something for the Weekend
8.00 Mon: New Voices; **Tue:** Sport in Focus; **Thu:** Kathy Caton **9.00 Wed:** After the Watershed; **Fri:** Lost in Music **10.00** Paul Miller
1.00am *as Radio 5 Live*

Surrey phone-ins: 0800 587 1046
bbc.co.uk/surrey
Sussex phone-ins 0800 232 1045
bbc.co.uk/sussex

Three Counties

Beds, Herts and Bucks

Saturday
6.00am Saturday Breakfast
9.00 Treasure Quest
12.00 Mike Naylor
2.00pm Countdown to Kick-Off
3.00 *FM 104.5* Sport: football: Milton Keynes Dons v Doncaster Rovers; *FM 90.4/92.1/94.7/103.8* Crystal Palace v Watford; *FM 95.5* Crewe Alexandra v Stevenage; FM 98/*DAB* Sport: Wigan Athletic v Luton Town; MW Sport local action
5.00 5-0-5
6.00 Rock 'n' Roll Heaven
8.00 BBC Introducing in Beds, Herts and Bucks
9.00 Justin Dealey
1.00am *as Radio 5 Live*

Sunday
6.00am Nana Akua
9.00 Tony Hadley
11.00 Nick Coffer's Weekend Kitchen **1.00pm** People's Playlist **2.00** Keith Greentree
4.00 The John Leech Soul Show
6.00 Yasmeen Khan **8.00** Edward Adoo **10.00** Keith Skues
1.00am *as Radio 5 Live*

Weekdays
4.00am Wally Webb
6.00 Andy Collins **9.00** The JVS Show **12.00** Nick Coffer
3.00pm Roberto Perrone
6.00 Mon: Sports Show: results and reports; **Tue:** Ollie Bayliss **7.00 Mon:** Level 23; **Tue:** People's Playlist; **Wed:** The Mental Health Show; **Thu:** BBC Introducing in Beds, Herts and Bucks; **Fri:** The Random Facts Show
8.00 Nana Akua; **Thu:** Jaguar and Danny; **Fri:** Upload
9.00 Fri: Justin Dealey
10.00 Matt Marvel
1.00am *as Radio 5 Live*

Phone-ins: 0808 100 8800
bbc.co.uk/threecounties

Wiltshire

Saturday
6.00am Graham Rogers
9.00 Sue Davies
12.00 Jonathan Fido
2.00pm Sport
6.00 Boogie Wonderland
8.00 BBC Introducing
10.00 Jim Colvin
1.00am *as Radio 5 Live*

Sunday
6.00am Breakfast Show
9.00 Sue Davies
12.00 The Salisbury Conversation
1.00pm Warren Moore
4.00 The Vintage Chart Show
6.00 Manny Masih
8.00 Kevin Philemon
10.00 Geoff Barker
12.00 Johnny Coppin Folk
1.00am Sounds of Brass
2.00 *as Radio 5 Live*

Weekdays
6.00 Ben Prater; **Mon/Tue:** James Thomas
9.00 Marie Lennon; **Fri:** Rachel Houghton
12.00 Graham Seaman
2.00pm James Thomas; **Mon/Tue:** Rachel Houghton
4.00 Graham Rogers
7.00 Wiltshire Live
10.00 Chris Baxter
1.00am (**Thu: 12.00**) *as Radio 5 Live*

Phone-ins: 0800 0283 366
radio.wiltshire@bbc.co.uk
bbc.co.uk/wiltshire

National

BBC Radio 1 97.6–99.8
BBC Radio 2 88–90.2
BBC Radio 3 90.2–92.4
BBC Radio 4 92.4–94.6, LW 198
BBC Radio Five Live MW 693, 909
Classic FM 99.9–101.9
Talksport MW 1053, 1089 , 1107
Absolute MW 1197, 1215, 1233, 1242, 1260, 105.8 (London)
These stations are also broadcast via Freeview, satellite, cable, digital radio and the internet.

Local

BBC stations:
Berkshire 104.1 Hannington, 94.6 (Henley), 95.4 (Windsor), 104.4 (Reading)
Bristol 94.9 (Bristol), 103.6 (Severn), 104.6 (Bath)
Cornwall 95.2 (east), 96 (Isles of Scilly), 103.9 (west), MW 630 (west), 657 (east)
Devon 103.4 (Plymouth/west Devon), 94.8 (north Devon), 95.8 (Exeter), 95.7 (Plympton), 96 (Okehampton), 104.3 (Torbay/south Devon)
Essex 103.5 (north Essex), 95.3 (south Essex), MW 765, 729
Gloucestershire 104.7 (Churchdown Hill) 95 (Stroud), 95.8 (Cirencester), MW 1413
Guernsey 93.2, 99 (Alderney), MW 1116
Hereford & Worcester 94.7 (Hereford), 104 (Worcester & Gt Malvern), 104.6 (Kidderminster), MW 738 (Worcester), 1584 (Tenbury Wells)
Jersey 88.8, MW 1026
Kent 96.7 (west), 97.6 (Folkestone), 104.2 (east)
London 94.9
Oxford 95.2
Solent 96.1 (Hampshire), 103.8 (Dorset), MW 999, 1359 (Dorset)
Somerset 95.5, MW 1566
Sussex and Surrey 95.0 (Newhaven), 95.1 (Horsham), 95.3 (Brighton/Worthing), 104 (east Surrey/north Sussex), 104.5 (east Sussex), 104.6 (west Surrey/NE Hants), 104.8 (west Sussex)
Three Counties 103.8 (Herts), 95.5 (Beds), 90.4 (east Herts), 92.1 (south Herts), 98 (High Wycombe), 104.5 (Bucks), 94.7 (Aylesbury), MW 630 (Herts & Bucks), 1161 (Beds)
Wiltshire 104.3 (west Wiltshire), 104.9 (Marlborough), 103.5 (Salisbury), 103.6 (Swindon)

Independent stations:
BOB FM 106.7 (Stevenage), 106.9 (Hertford/Ware/Welwyn & Hatfield)
The Breeze 96.6 (Blandford), 97.4 (Shaftesbury), 105.6/106.6 (Somerset & West Dorset) 107.8 (Southampton), 107.2 (Bristol/Winchester), 107.4 (Portsmouth), 101.6 (Four Marks/Medway/Alresford/Bordon/Grayshott/Beacon Hill & Hindhead), 101.8 (Petersfield), 102 (Alton), 97.1 (Haslemere & Midhurst) 107.6 (Basingstoke), 105.6 (Newbury/Thatcham), 107 (Reading), 107.4 (Hungerford/Somerset), 107.5 (Cheltenham/Gloucester/The Malverns), 107.7 (Weston-Super-Mare/north Somerset), 107.9 (Bath), 100.8/102.4 (Somerset)
Buzz Radio FM 103.8 (London)
Capital 95.8 (London), 103.2 (south Hants), 107.6 (north Oxon)
Capital XTRA 107.1 (north London), 96.9 (south London)
Channel 103.7 (Jersey)
Dream 100.2 (Tendring/Colchester)
Eagle Radio 96.4 (Hants/Surrey)
Fire 107.6 (Bournemouth/Poole/Christchurch)
Gold 1548 (London),
Heart Berkshire 102.9 & 97.0
Oxford 102.6 & 97.4
Dorset 102.3
Hampshire 96.7 & 97.5
Kent 103.1 & 102.8
Sussex 102.4 & 103.5
Crawley 97.5 & 102.7
Bath 103
Bristol 96.3
Somerset 102.6
Wiltshire 97.2 & 102.2
Gloucestershire 102.4
Barnstaple 96.2 & 97.3
Exeter 97.0 & 103.0
Plymouth 97.0 & 96.6
South Hams 100-102
Torbay 96.4
Cornwall 105.1 & 107
London 106.2
Dunstable 97.6
Essex 96.3 & 102.6
Island 93.7 (Alderney), 104.7 (Guernsey)
Isle of Wight Radio 102 (Ryde/Cowes/Ventnor), 107 (Isle of Wight)
Jack FM 106.4/106.8 (Oxfordshire)
Jack FM 2 107.9 (Oxfordshire)
Jackie 107.8 (SW London/north Surrey)
Juice (Brighton/Hove) 107.2
Kiss 100 (London), 101 (Severn Estuary), 97.2 (Bristol)
Kmfm 106 (Canterbury/Herne Bay/Whitstable), 107.2 (Thanet), 107.6 (Ashford), 105.6 (Maidstone), 107.9 (Medway towns), 100.4 (Hoo St Werburgh), 101.6 (Sevenoaks), 96.4 (Folkestone), 106.8 (Dover), 96.2 (Tunbridge Wells)
LBC London 97.3 (London)
LBC London News MW 1152 (London)
London Greek 103.3
London Turkish MW 1584
Lyca Dilse MW 1035 (London)
Magic 105.4 (London)
Mix 96.2 (Aylesbury)
More Radio Eastbourne 107.5 (Eastbourne/ Hailsham)
More Radio Hastings 107.8 (Hastings/Bexhill)
More Radio Mid Sussex 106.4 (Burgess Hill/Haywards Heath), 106.8 (Lewes)
More Radio Worthing 107.7 (Worthing/Littlehampton/Shoreham)
Pirate 102.2 (East Cornwall), 102.8 (West Cornwall/Scilly)
Premier Christian MW 1305 (London), 1332 (central), 1413 (east/west), 1566 (Guildford)
Radio Essex 105.1 (Southend-on-Sea), 107.7 (Chelmsford)
Sam FM 106 (Southampton), 106.5 (Bristol), 107.7 (Swindon)
Smooth FM 102.2 (London), MW 792 (Bedford), 828 (Bournemouth/Luton), 774 (Gloucester), 1521 (Crawley), 603 (east Kent), 1557 (south Hants), 1359 (Chelmsford), 1431 (Southend), 936 (west Wiltshire), 1323 (Brighton), 1242 (west Kent)
Spectrum MW 558 (London)
Spire 102 (Salisbury)
Spirit 96.6 (Chichester/Bognor), 102.3 (Littlehampton), 106.6 (Midhurst)
Sunrise MW 963/972 (London)
Time 107.5 (Romford/Barking & Dagenham/Redbridge)
Wave 105.8 (Poole), 105.2 (Solent)
Wessex 96 (Bridport), 97.2 (Weymouth/Dorchester)
Radio X 104.9 (London)

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RADIO in your area

BBC Local Radio

North region

Face behind the voice

Juggy Sohal BBC Radio Cambridgeshire



Age 29
Current job Presenter of the new *BBC Upload* programme on BBC Radio Cambridgeshire *(Wed 8pm)*, showcasing the artistic talents of listeners – a nationwide initiative across BBC local radio stations.
CV Born in Bedford, studied English and film at Brunel University, west London, then worked in the family business while also doing a hospital radio show: "You could say, I was testing the waters!" Then took an ad sales job in London, also presenting a bhangra show for Shoreditch community radio and co-hosting their weekend breakfast show, before gaining a regular slot on Vibe 107.6. He also developed a TV talk show series for young Asians on the Sikh Channel.
Best moment "On the new *Upload* show, I played a song a listener wrote as a tribute to his wife who had passed away. It was a really nice moment. Afterwards he messaged, saying how happy it had made him to hear it on the radio. And I thought, 'This is what I'm meant to be doing'."
Worst moment "In the studio you man the control desk and do everything. My first guest was nervy, so I was chatting to them – and pressed the wrong button. Instead of music, everyone just heard the guest saying, 'I'm so nervous…' Chaos!"
Off air "I still work as an account manager at a publishing company, as well as being a kids' party DJ at the weekends. (You always need to have another couple of plates spinning, in this business..!) And I've just started boxing – it keeps you fit and gives you a real workout."
First radio memory "Collecting requests for my hospital radio show. One patient said, 'Play anything – just don't play Justin Bieber'. And another asked for Mariah Carey singing *All I Want for Christmas* – in September!"
Favourite broadcasters "Chris Moyles – listening to him opened me up to the idea of being a presenter. Dermot O'Leary, because he's real. And Davina McCall – such a fun personality."
Ambition "I'm passionate about diversity and – like Reggie Yates, whose work I really admire – I want to make documentaries for mainstream audiences now."
Dream job "To host a breakfast show on a big national radio station (I was going to say Radio 1, but I'm creeping over the age bracket for that!)."
Secret skills "I can keep 30 four-year-olds entertained for two hours – so I'm a genius babysitter! Also, I'm really good at the Carlton dance from *The Fresh Prince of Bel-Air*…" **CAROLINE MEYER**

bbc.co.uk/radiocambridgeshire
Search for **BBC Upload** at *bbc.co.uk*

Cumbria

Saturday
NEWS: half-hourly 6.00am to 9.00, 10.00, 12 noon, 1.00pm
WEATHER: 7.32am, 8.32, 11.32
6.00am Richard Corrie **9.00** Val Armstrong **12.00** Joe Costin **2.00pm** BBC Radio Cumbria Sport: football: *FM* Carlisle Utd v Colchester Utd (kick-off **3.00**); Barrow v Notts County (kick-off **3.00**) **6.00** John Mann's Soul and Motown **8.00** BBC Introducing in Cumbria: with Tom Salmon **10.00** John Lipscombe **12.00** *as 5 Live*

Sunday
NEWS AND WEATHER: as Saturday
6.00am Richard Corrie **9.00** Val Armstrong **12.00** Joe Costin **2.00pm** *MW* BBC Radio Cumbria Sport: rugby league commentary and updates; *FM* Harry King **5.00** Sunday Best **6.00** Your Classical: with John Lipscombe **7.00** Braithwaite's Country: with Paul Braithwaite **9.00** John Mann **12.00** *as Radio 5 Live*

Weekdays
NEWS: half-hourly 5.00am to 9.00, hourly to 12 midnight, plus 5.30pm
WEATHER: 6.32am, 7.32, 8.32, 12.32pm, 4.32, 5.32
5.00am Simon Yaxley; **Fri:** Carl Hartley **6.30** Mike Zeller **9.00** Caroline Robertson **12.00** Gordon Swindlehurst **2.00pm** Vicky Warham; **Fri:** Simon Yaxley **5.00** The News Hour **6.00 Mon:** Your Classical; **Tue:** Life Stories; **Wed:** Money Talks; **Thu:** BBC Introducing in Cumbria; **Fri:** BBC Radio Cumbria Sport **7.00 Mon:** The Arty Show; **Tue:** Sports Extra; **Wed:** The Gathering; **Thu:** The Great Outdoors; **Fri:** The Friday Showcase **10.00** Ian Timms; **Fri:** Joe Costin **12.00 Mon–Thu:** iTimms Playlist **1.00am** *as Radio 5 Live*

Annetwell St, Carlisle CA3 8BB
Carlisle: 01228 592 444
Barrow: 01229 836 767
Whitehaven: 01946 695 156
Phone-ins: 0845 305 1122
radiocumbria@bbc.co.uk

Derby

Saturday
NEWS: half-hourly 6.30am to 9.00, hourly to 2.00pm, hourly 6.00 to 9.00
WEATHER: 7.32am, 8.32, 9.25, 10.25, 11.25
6.00am Donna Alos **9.00** Andy Twigge **12.00** Ed Stagg **2.00pm** Sportscene: football: Lincoln City v Burton Albion (kick-off **3.00**) **5.00** Sportscene: Reaction **6.00** The Beat **8.00** BBC Introducing in Derbyshire and East Staffordshire **10.00** A Touch of Soul **1.00am** *as 5 Live*

Sunday
NEWS: half-hourly 6.30am to 9.00, hourly to 9.00pm
WEATHER: 7.32, 8.32, 9.25, 10.25, 11.25
6.00am Donna Alos **9.00** James Watt **1.00pm** Kevin Fernihough **2.00** Sportscene: football: Derby County v Blackburn (kick-off **3.00**) **6.00** Satvinder Rana **8.00** Devon Daley **10.00** Graham Torrington **1.00am** *as 5 Live*

Weekdays
NEWS: half-hourly 6.00am to 9.00, hourly to 12 midnight, plus 4.30pm, 5.30, 6.30 **WEATHER:** 6.33am, 7.26, 8.26, 10.38, 12.33pm, 4.33, 5.30
5.00am Tony Lyman **6.00** Ian Skye **9.00** Sally Pepper **12.00** Andy Twigge **3.00pm** Steve Jordan **6.00** Sportscene at Six; **Mon:** Sportscene Talk-in **7.00** The Top Floor **10.00** Gagan Grewal; **Fri:** Dean Jackson **1.00am** *as Radio 5 Live*

56 St Helen's Street, Derby, DE1 3HY
Tel: 01332 361 111
Phone-ins: 0800 145 6161
radio.derby@bbc.co.uk

Humberside

Saturday
NEWS: half-hourly 6.30am to 8.00, hourly to 1.00pm; **WEATHER:** half-hourly 6.00am to 1.00pm plus 8.33am
6.00am Paul Hudson's Weather Show **7.00** Phil White **10.00** Absolutely Clueless **12.30pm** Humberside Sport: football: Scunthorpe United v Grimsby Town in League Two (kick-off **1.00**), followed by Stoke City v Hull City in the Championship (kick-off **3.00**) **6.00** Northern Soul and Motown: with John Kane **8.00** BBC Introducing **10.00** Phil Butler **1.00am** *as Radio 5 Live*

Sunday
NEWS: half-hourly 6.00am to 9.00 hourly to 1.00pm; **WEATHER:** half-hourly 6.00am to 2.00pm plus 9.30am
6.00am Lizzie Rose **8.00** The Great Outdoors: with Lizzie Rose and Doug Stewart **10.00** Fiona Mills **1.00pm** Paul Hudson's Weather Show **2.00** Humberside Sport: rugby league: Wigan Warriors v Hull Kingston Rovers (kick-off **3.00**) **5.00** Upload **6.00** Westenders: presented by Chloe Davies and Jonathan Parker **8.00** Henry Ayrton's Jukebox **10.00** Steve White **1.00am** *as Radio 5 Live*

Weekdays
NEWS: half-hourly 6.00am to 6.00pm, hourly to 11.00pm; **WEATHER:** as news, plus 7.20am, 8.20, 12.30pm, 4.50, 5.50
6.00am Graham Liver **9.30** Sally Naden **1.00pm Mon/Tue:** Nishma Hindocha; **Wed–Fri:** John Gillmore and Nishma Hindocha **4.00** Brett Davison; **Fri:** Mike Stevens **6.00** Sport; **Tue:** Matchnight Live: football **7.00 Mon:** LAnCS; **Wed:** Your Lancashire; **Thu:** Talking Sport **8.00 Thu:** TNT; **Fri:** The Drift **9.00 Fri:** Bluenotes **10.00** Allan Beswick; **Fri:** Later: with Andy **1.00am** *as Radio 5 Live*

Grimsby DN31 1BA
Tel: 01482 323 232
Phone-ins: 0800 066 5959
humberside.news@bbc.co.uk

Lancashire

Saturday
NEWS: half-hourly 7.00am to 1.00pm
WEATHER: with news, plus 7.15am, 8.15
6.00am John Gillmore and Shigufta Khan **10.00** The Saturday Session **12.00** Steve Royle and Hayley Kay **2.00pm** Matchday Live: football: Accrington Stanley v Tranmere Rovers; *FM104.5* Fleetwood v Blackpool **5.30** *FM* Sport: football: Burnley v Tottenham **6.00** *MW* Saturday Night Soul **8.00** BBC Introducing **10.00** Desi Nation **12.00** On the Wire: with Steve Barker **2.00am** *as 5 Live*

Sunday
NEWS: as Saturday; **WEATHER:** as news, plus 6.30am, 8.05, 12.05pm
6.00am Joe Wilson **9.00** The Sunday Session **12.00** Lancashire Outdoors **2.00pm** Country Show **2.45** *FM* Sport: football: Derby County v Blackburn Rovers **4.00** *MW* Grin and Tonic **6.00** Indus **8.00** Unforgettable **10.00** Simon Brierley **12.00** *as 5 Live*

Weekdays
NEWS: half-hourly 6.00am to 6.00pm, hourly to 11.00pm; **WEATHER:** as news, plus 7.20am, 8.20, 12.30pm, 4.50, 5.50
6.00am Graham Liver **9.30** Sally Naden **1.00pm Mon/Tue:** Nishma Hindocha; **Wed–Fri:** John Gillmore and Nishma Hindocha **4.00** Brett Davison; **Fri:** Mike Stevens **6.00** Sport; **Tue:** Matchnight Live: football **7.00 Mon:** LAnCS; **Wed:** Your Lancashire; **Thu:** Talking Sport **8.00 Thu:** TNT; **Fri:** The Drift **9.00 Fri:** Bluenotes **10.00** Allan Beswick; **Fri:** Later: with Andy **1.00am** *as Radio 5 Live*

Darwen St, Blackburn BB2 2EA
Tel: 01254 262 411
Phone-ins: 0800 783 3583
radio.lancashire@bbc.co.uk

Leeds

Saturday
NEWS: half-hourly 6.00am to 9.30, then hourly to 1.00pm; **WEATHER:** with news hourly 7.00am to 1.00pm
6.00am Andrew Edwards **9.00** Nick Ahad **12.00** Larry and Paul **2.00pm** West Yorkshire Sport: football: Leeds United v Huddersfield Town, and Salford City v Bradford City (kick-off **3.00**) **6.00** Northern Soul and Motown **8.00** BBC Introducing in West Yorkshire: with Emily Pilbeam **10.00** Phil Butler **1.00am** *as Radio 5 Live*

Sunday
NEWS: half-hourly 7.00am to 9.00; hourly to 1.00pm; **WEATHER:** with news hourly 7.00am to 1.00pm
6.00am Andrew Edwards **9.00** Tim Crowther **12.00** Paul Hudson's Weather Show **1.00pm** Yorkshire Brass **3.00** West Yorkshire Sport: rugby league: Featherstone Rovers v Swinton Lions (kick-off **3.00**) **6.00** Connections **8.00** The Durbervilles: folk and roots **9.00** Gary Copley **10.00** Steve White **1.00am** *as Radio 5 Live*

Weekdays
NEWS: half-hourly 6.00am to 9.00, 12 noon to 2.00pm, and 4.00 to 7.00, elsewhere hourly; **WEATHER:** with news every hour 6.00am to 10.00pm
5.00am Steve Bailey **6.00** Richard Stead **9.00** Stephanie Hirst **12.00 Mon–Wed:** Liz Green; **Thu/Fri:** Johnny I'Anson **3.00pm** Gayle Lofthouse **6.00** West Yorks Sport Daily **7.00** *MW as Asian Network;* **7.00** *FM* **Mon:** Monday Night MixTape; **Tue:** Upload; **Wed:** Backstage; **Thu:** The Scene; **Fri:** Friday Night Project **9.00 Wed:** *FM* Ahmed Zaman **10.00** Russell Walker **1.00am** *as Radio 5 Live*

2 St Peter's Square
Leeds LS9 8AH
Tel: 0113 244 2131
Phone-ins: 0800 389 3333
radioleeds@bbc.co.uk

Lincolnshire

Saturday
NEWS: hourly 7.00am to 1.00pm, plus 7.30am, 8.30
WEATHER: 7.20am, 8.45, 11.45, 1.45pm
6.00am Sue Taylor **9.00** Harry Parkhill **12.00** Solid Gold Saturday: Melvyn Prior **2.00pm** Hope and Glory: football: Lincoln City v Burton Albion (kick-off **3.00**) **6.00** The Beat: Dean Jackson **8.00** BBC Introducing in Lincolnshire **10.00** A Touch of Soul **1.00am** *as Radio 5 Live*

Sunday
NEWS: hourly 7.00am to 1.00pm
WEATHER: 7.03am, 8.45
6.00am Sue Taylor **7.00** Lincolnshire Farming **7.30** Sue Taylor **9.00** Gardening Phone-in **10.00** Pirate Gold **1.00pm** Poachings **2.00** Tim Rogers Country **3.00** Howard Leader **6.00** Westenders: presented by Chloe Davies and Jonathan Parker **8.00** Henry Ayrton's Jukebox **10.00** Keith Skues **1.00am** *as Radio 5 Live*

Weekdays
NEWS: hourly 6.00am to 7.00pm, plus 6.30am, 7.30, 8.30, 4.30pm, 5.30, 6.30
WEATHER: 6.58am, 7.58, 8.58, 10.55, 1.58pm, 4.55
6.00am Sean Dunderdale **9.30** Melvyn in the Morning: Music and lively debate, with Melvyn Prior **1.00pm** Carla Greene **4.00** William Wright **6.00 Thu:** Upload; **Fri:** Hope and Glory Preview Show **7.00 Mon:** Paul Hudson's Weather Show; **Tue:** Hope and Glory; **Wed:** Showtime: with Ella; **Thu:** Thursday Night Folk; **Fri:** Friday Night Takeover **8.00 Mon:** Lincolnshire Kitchen **9.00 Wed:** Sex, Drugs and Lullabies; **Thu:** Nevermind the 90s **9.30 Fri:** Let's Get Noughties **10.00** Russell Walker; **Fri:** Dean Jackson **1.00am** *as Radio 5 Live*

Newport, Lincoln, LN1 3XY
Tel: 01522 511 411
Phone-ins: 0800 066 5949
radio.lincolnshire@bbc.co.uk

Manchester

Saturday
NEWS: hourly 7.00am to 10.00pm
WEATHER: 5 mins past the hour
6.00am Connor Phillips **9.00** Phil Trow **12.00** Justin Moorhouse **2.00pm** Sport: football: AFC Wimbledon v Bolton Wanderers (kick-off **3.00**) **6.00** Stuart Ellis **8.00** BBC Music: Introducing **10.00** Stephanie Hirst **12.00** *as Radio 5 Live*

Sunday
NEWS AND WEATHER: as Saturday
6.00am Mike Shaft **9.00** Eamonn O'Neal and Jimmy Wagg **12.00** Mike Sweeney **2.00pm** Sport: football: Manchester Utd v Manchester City (kick-off **4.30**) **7.00** Indus **8.00** The People **10.00** Gerald Jackson's Unforgettable **12.00** *as Radio 5 Live*

Weekdays
NEWS: hourly 6.00am to 12 noon
WEATHER: 5 mins past the hour
5.00am Mark Crossley **6.00** Chelsea at Breakfast **9.00** Mike Sweeney **12.00** Becky Want **3.00pm** Phil Trow **6.00** Talking Balls **7.00 Mon/Wed:** The Dead Good Show; **Tue:** Sport: football: Burton Albion v Bolton Wanderers (kick-off **7.45**); **Thu:** Rugby league: Hull FC v Warrington Wolves (k-o **7.45**); **Fri:** Rugby league: Salford Red Devils v Wigan Warriors (kick-off **7.45**) **9.30 Mon:** Chelsea's Bump Club **10.00** Allan Beswick; **Fri:** Richard Searling's Northern Soul **1.00am** (**12.00 Fri**) *as 5 Live*

Quay House, BBC MediaCity UK
Salford, M50 2QH
Tel: 0800 218 2255
Phone-ins: 0800 218 2255
radiomanchester@bbc.co.uk

Merseyside

Saturday
NEWS: hourly 7.00am to 1.00pm, 7.00pm to 10.00
6.00am Breakfast Show: with Andy Ball **9.00** Paul Salt **12.00** Frankie Connor **2.00pm** Merseyside Sport **5.30** 70s Heaven **8.00** BBC Introducing: with Dave Monks **10.00** Billy Maher **1.00am** *as Radio 5 Live*

Sunday
NEWS: as Saturday
5.00am Folkscene **6.00** Daybreak **9.00** Paul Beesley **12.00** Frankie Connor **2.00pm** Sounds Country **3.00** *MW* Merseyside Sport: rugby league: Widnes Vikings v Whitehaven **4.00** *FM* Folkscene **5.00** Best of Easy Listening **7.00** On the Beat **8.00** Upfront **10.00** Billy Maher **12.00** Pure Musical Sensations: with Roger Hill **2.00am** *as Radio 5 Live*

Listen on the internet at radiotimes.com/radio/radio-listings

Frequencies

Weekdays

NEWS: every 15 minutes 6.00am to 9.00, then hourly until 5.00pm, every 15 minutes 5.15 to 7.00 then hourly until 10.00pm
WEATHER: 7.05am, 8.05, 4.05pm, 5.15, 5.45

6.00am Mon–Wed: Lisa Marrey; **Thu/Fri:** Paul Beesley **7.00** Tony Snell **9.30** Sean Styles **12.00** Roger Phillips; **Thu:** Claire Hamilton **2.00pm** Jenny Lee Summers **4.00** Paul Salt **6.00** Merseyside Sport; **Thu:** Try Time **7.00** Jermaine Foster; **Thu:** *MW* Merseyside Sport: rugby league: Hull FC v Warrington Wolves, a Super League match (kick-off **7.45**) **9.00** (**Thu:** *FM only until 10.00*) Linda McDermott **12.00 Mon:** Orient Express; **Tue:** Folkscene: with Mike Brocken; (R) **Wed:** On the Beat; **Thu:** The Magic of Motown; **Fri:** Late Late Beatles Show **1.00am** *as Radio 5 Live*

PO Box 95.8, Liverpool, L69 1ZJ
Tel: 0151 708 5500
Phone-ins: 0800 731 9333
radio.merseyside@bbc.co.uk

Newcastle

Saturday

NEWS: half-hourly 7.00am to 9.00, hourly 10.00 to 1.00pm
WEATHER: 7.57am, 8.57, 9.57, 11.57

6.00am Mel Crawford **9.00** Tamsin Robson **12.00** Simon Logan's Fantastic 80s **2.00pm** Sport: football: Southampton v Newcastle Utd, a Premier League encounter (kick-off **3.00**) **5.00** Sport **6.00** Beat Surrender **8.00** BBC Introducing in the North East **10.00** It's Grin Up North **12.00** *as Radio 5 Live*

Sunday

NEWS AND WEATHER: as Saturday

6.00am Sunday Breakfast **9.00** Garden Mania **10.00** Tamsin Robson **1.00pm** Fiona King **4.00** Upload **6.00** Paddy MacDee **8.00** Michael Poulter **10.00** Steffen Peddie **1.00am** *as Radio 5 Live*

Weekdays

NEWS: every 15 mins from 6.30 to 9.00, half-hourly to 4.00pm and every 15 mins from 4.15 to 5.30, then 6.00; **WEATHER:** 6.57, 7.57, 8.57, 11.57, 12.57pm, 4.57, 5.57

5.00am Nick Roberts **6.00** Gilly Hope **7.00** Alfie and Anna at Breakfast **10.00** Lisa Shaw **12.00** Simon Logan **4.00pm Mon–Wed:** Charlie Charlton; **Thu/Fri:** Rebecca O'Neill **5.00** Total Sport **7.00** Nick Roberts; **Tue:** Sport: football: Bristol Rovers v Sunderland, coverage of the League One match at the Memorial Stadium (kick-off **7.45**) **8.00 Mon:** Tamsin Robson; **Wed:** Upload; **Thu:** BBC Introducing in the North East: with Nick Roberts; **Fri:** It's Grin Up North **10.00** Steffen Peddie; **Fri:** Chris Donald's Soul Club **1.00am** *as 5 Live*

Broadcasting Centre
Barrack Road
Newcastle NE99 1RN
Tel: 0800 234 6565
Phone-ins: 0191 232 4141
bbc.co.uk/radionewcastle

Sheffield

Saturday

NEWS: hourly 7.00am to 2.00pm, plus 6.30am, 7.30, 8.30
WEATHER: hourly 7.00am to 2.00pm

6.00am Nick Wilson **7.00** Becky Measures **10.00** Nowt So Strange as Folk! **12.00** The 90s Show **1.00pm** Football Heaven **3.00** Football Heaven Live: *FM* Brentford v Sheffield Wednesday in the Championship, from Griffin Park (kick-off **3.00**); *MW* Sheffield Utd v Norwich City in the Premier League, at Bramall Lane (kick-off **3.00**) **5.00** Praise or Grumble **6.30** Northern Soul and Motown: John Kane **8.00** BBC Introducing in Sheffield: with Christian Carlisle **10.00** Phil Butler **1.00am** *as Radio 5 Live*

Sunday

NEWS: hourly 7.00am to 2.00pm plus 7.30am, 8.30
WEATHER: hourly 7.00am to 2.00pm

6.00am Sarah Major **7.00** Kat Cowan **9.00** In the Garden **10.00** The Rob Rouse Roadshow **12.00** Paul Hudson's Weather Show **1.00pm** Yorkshire Brass **3.00** Gerry Kersey **6.00** Eastern Air **9.00** *MW* Aap Ki Baat **9.00** *FM* Nick Wilson **10.00** *FM only until 11.00* Steve White **1.00am** *as Radio 5 Live*

Weekdays

NEWS: hourly 6.00am to 10.00pm, plus half-hourly 6.30am to 12.30pm and 3.30 to 5.30
WEATHER: hourly 6.00am to 7.00pm

5.00am Steve Bailey **7.00** Toby Foster **10.00** Paulette Edwards **1.00pm** Rony Robinson; **Mon:** Simon Morykin **3.00** The Golden Year **4.00** Howard Pressman **6.00** Football Heaven **7.00 Mon:** The Monday Night Social; **Tue:** The Sports Academy; **Wed:** New Traditions; **Thu:** The Vibe; **Fri:** Hello Friday **9.00 Mon:** The Sauce **10.00** Russell Walker **1.00am** *as Radio 5 Live*

54 Shoreham Street
Sheffield S1 4RS
Tel: 0114 273 1177
Phone-ins: 0800 111 4949
radio.sheffield@bbc.co.uk

Stoke

Saturday

NEWS: hourly 7.00am to 1.00pm plus 20 mins updates; **WEATHER:** every 20 mins from 7.00am to 1.00pm

6.00am Sophie Calvert **10.00** Lucas and Rob **2.00pm** Sport: football: Stoke City v Hull City at bet365 Stadium, Cheltenham Town v Port Vale at Jonny-Rocks Stadium, and Crewe Alexandra v Stevenage at Alexandra Stadium (kick-offs **3.00**) **5.00** Praise and Grumble **6.00** Richard Searling's Northern Soul **8.00** BBC Introducing from Stoke: with Rob Adcock **10.00** Natalie Graham **1.00am** *as 5 Live*

Sunday

NEWS AND WEATHER: as Saturday

6.00am Easy like a Sunday Morning **6.30** In Praise of God **7.00** Tim Wedgwood **9.00** Terry Walsh **11.00** Paula White **2.30pm** In Praise of God (R) **3.00** Jodie Looker **5.00** Centre Stage **6.00** Ajmal Hussain **8.00** Jazz **10.00** Graham Torrington **1.00am** *as 5 Live*

Weekdays

NEWS: hourly 5.00am to 7.00pm plus 20 mins updates; **WEATHER:** every 20 mins from 5.00am to 7.00pm

5.00am Den Siegertsz **6.30** John Acres **9.00** Stuart George **12.00** Louise Stones **3.00pm** Perry Spiller and Liz Ellis **6.00** Sport at Six; **Fri:** Praise and Grumble **7.00** Lucas Yeomans; **Thu:** The Takeaway; **Fri:** Upload **8.00 Fri:** Richard Searling's Northern Soul **9.00 Wed:** The Wildcard; **Thu:** Centre Stage **10.00** Gagan Grewal; **Fri:** Colin Young's Trunk of Funk **1.00am** *as Radio 5 Live*

Cheapside, Hanley
Stoke-on-Trent ST1 1JJ
Tel: 01782 208 080
Phone-ins: 0800 121 8080
radio.stoke@bbc.co.uk

Tees

Saturday

NEWS: every 15 mins 7.00am to 9.00am, then hourly until 1.00pm
WEATHER: 7.45, 8.45, 9.45, 11.45am

6.00am Scott Makin **9.00** Gary Philipson **12.00** Goffy **2.00pm** Sport: football: Charlton Athletic v Middlesbrough at The Valley, and Hartlepool United v Ebbsfleet United at Super 6 Stadium (kick-offs **3.00**) **6.00** Beat Surrender **8.00** BBC Music Introducing on Radio Tees: with Rianne Thompson **10.00** It's Grin Up North **12.00** *as Radio 5 Live*

Sunday

NEWS AND WEATHER: as Saturday

6.00am Mike Hill **9.00** Brigid and Dave **12.00** Goffy **2.00pm** Vintage Vinyl **5.00** Songs from the Shows **7.00** Braithwaite's Country **9.00** Michael Poulter **10.00** Steffen Peddie **1.00am** *as Radio 5 Live*

Weekdays

NEWS: every 15 mins 6.00am to 9.00am, then hourly until 4.00pm, then every 15 mins 4.15pm to 6.00pm; **WEATHER:** 6.45am, 7.45, 8.45, 11.45, 1.45pm, 4.45, 5.45

5.00am The 60 Minute Wake Up Call **6.00** Neil Green and Amy Oakden **9.00** Gary Philipson **12.00** Scott Makin **4.00pm** Antony Collins **6.00** Sport **7.00 Mon/Wed/Thu:** Bob Fischer in the Evening; **Tue:** Sport Extra; **Fri:** BBC Music Introducing on Radio Tees **8.00 Fri:** It's Grin Up North **10.00** Steffen Peddie; **Fri:** Chris Donald's Soul Club **1.00am** *as Radio 5 Live*

PO Box 95 FM
Middlesbrough TS1 5JA
Tel: 01642 225 211
Phone-ins: 01642 225 511
tees@bbc.co.uk

York

Saturday

NEWS: half-hourly 7.00am to 1.00pm
WEATHER: 7.30am, 8.30, 9.30, plus each hour after news

6.00am Joanita Musisi **9.00** Finders Keepers **12.00** Ross Dickinson **2.00pm** Sport: football: Alfreton Town v York City and Harrogate Town v Bromley (kick-offs **3.00**) **6.00** Northern Soul and Motown **8.00** BBC Introducing **10.00** Phil Butler **1.00am** *as Radio 5 Live*

Sunday

NEWS AND WEATHER: as Saturday

6.00am Jonathan Cowap **9.00** Sarah Urwin **12.00** Paul Hudson's Weather Show **1.00pm** Yorkshire Brass **2.45** *MW* Sport: rugby league: York City Knights v London Broncos (kick-off **3.00**) **3.00** *FM only until 5.00* Neil Foster **6.00** Dr Rock **7.00** Gary Copley **8.00** Henry Ayrton's Jukebox **10.00** Steve White **1.00am** *as Radio 5 Live*

Weekdays

NEWS: half-hourly from 6.00am to 7.00pm, then hourly until 10.00
WEATHER: 7.30am, 8.30, 12.30pm, 5.30, 6.30 plus each hour after news

5.00am Steve Bailey **6.00** Georgey Spanswick **9.00** Jonathan Cowap **12.00** Adam Tomlinson and Anna Wallace **4.00pm** Jules Bellerby **6.30 Fri:** Sport **7.00 Mon:** *MW* Sport: football: Harrogate Town v Guiseley (kick-off **7.45**) **Tue:** Sport; **Wed:** God's Own Countryfile; **Thu:** Bek Homer; **Fri:** Sport: football: Solihull Moors v Harrogate Town (kick-off **7.45**) **9.00 Tue:** Dr Rock; (R) **Wed:** Paul Hudson's Weather Show **10.00** Russell Walker **1.00am** *as Radio 5 Live*

20 Bootham Row
York YO30 7BR
Tel: 0800 111 4849
radioyork@bbc.co.uk

RADIO SCOTLAND

Saturday

NEWS: SPORT: TRAVEL: WEATHER hourly 8.00am to 12 noon
NEWS HEADLINES 2.00pm
NEWS: SPORT: WEATHER 6.00am, 7.00, 5.30pm, 7.00, 9.00, 10.00, 11.00, 12 midnight

6.00am Clever about Cash: Kim McAllister and Eileen Adamson visit a high school **6.30** Out of Doors: exploring the Scottish countryside **8.00** Good Morning Scotland **10.00** Shereen: current affairs discussion **11.30** Breaking the News: Lucy Porter, Ashley Storey, Andrew Maxwell and Jamie MacDonald are the guests (R) **12.00** Off the Ball: light-hearted football forum **2.00pm** Sportsound: Celtic v St Mirren at Celtic Park and Aberdeen v Hibernian at Pittodrie (kick-offs **3.00**) **5.30** Off the Ball **7.00** Take the Floor: the Craig McFadyen Scottish dance band make their debut **9.00** Pipeline: music and news from the piping world **10.00** Billy Sloan: rock and pop music from around the world **1.00am** *as Radio 5 Live*

Sunday

NEWS: SPORT: WEATHER hourly 6.00am to 12 noon, 3.00pm, 5.00, hourly 7.00 to 11.00

6.00am Brainwaves: Steve Brusatte discusses his love of dinosaurs (R) **6.30** New Every Sunday: with the Rev Jenny Williams **7.00** Our Story: the archaeology of Caithness (R) **7.30** The Kitchen Café (R) **8.00** Good Morning Scotland **10.00** Sunday Morning with Richard Holloway **12.00** Sportsound: Ross County v Rangers (kick-off **12 noon**) and Scotland v France (kick-off **3.00pm**) **5.00pm** Take the Floor (R) **7.00** Jazz Nights: Seonaid Aitken plays a selection of jazz **9.00** Classics Unwrapped **11.00** Iain Anderson **1.00am** *as Radio 5 Live*

Weekdays

NEWS: SPORT: TRAVEL: WEATHER hourly 6.00am to 8.00, 10.00 to 5.00pm
NEWS: SPORT: WEATHER 7.00pm, 9.00, 10.00, 11.00

6.00am Good Morning Scotland: news programme **9.00** Mornings: Kaye Adams reports on stories in the news **12.00** Lunchtime Live **1.30pm** Clever about Cash: advice for house buyers **2.00** The Afternoon Show with Janice Forsyth **4.00** Drivetime **6.00** *MW* Sportsound **6.00** *FM only until 7.00* Get It On: music request show **8.00** Vic Galloway: the latest bands and music news **10.00** Iain Anderson **12.00** *as Radio 5 Live*

Tuesday

1.30pm–2.00 Our Story: Mark Stephen visits the Victorian Market in Inverness **8.00** Another Country with Ricky Ross: with Gill Landry **10.00–12.00** Roddy Hart: music spanning the decades

Wednesday

1.30pm Brainwaves: the pros and cons of virtual reality (R) **2.00–4.00** The Afternoon Show with Grant Stott **8.00** The Quay Sessions with Roddy Hart: from Radio Scotland's Pacific Quay **10.00** Classic Scottish Albums ***6/6.*** *Screamadelica* by Primal Scream **10.30** Debate Night **11.30** Debate Night Extra **12.30am** *as Radio 5 Live*

Thursday

12 noon Lunchtime Live **1.30** The Kitchen Café **2.00–4.00** The Afternoon Show with Grant Stott **8.00** Travelling Folk: with Bruce MacGregor **10.00–12.00** Natasha Raskin Sharp: mix of music

Friday

NEWS: SPORT: TRAVEL: WEATHER *as Monday*
NEWS: SPORT: WEATHER 7.30pm, 10.00, 11.00, 12 midnight

1.30pm Breaking the News **2.00–4.00** The Friday Afternoon Show: presented by Nicola Meighan **6.00** Sportsound: Motherwell v Aberdeen (kick-off **7.45**) **10.00** Ashley Storrie: classic floor-fillers and party tracks **1.00am** *as Radio 5 Live*

BBC Radio Scotland
40 Pacific Quay
Glasgow G51 1DA
bbc.co.uk/radioscotland

National

BBC Radio 1 97.6–99.8
BBC Radio 2 88–90.2
BBC Radio 3 90.2–92.4
BBC Radio 4 92.4–94.6, LW 198
BBC Radio 5 Live MW 693, 909
BBC Radio Scotland 92.6–94.7
Classic FM 99.9–101.9
Talksport MW 1053, 1089
Absolute MW 1197, 1215, 1233, 1242, 1260

Local

BBC stations:
Cumbria 95.2 (Kendal), 95.6 (Carlisle), 96.1 (Morecambe Bay), 104.1 (Keswick/Whitehaven) 104.2 (Windermere), MW 756 (Carlisle), 837 (Barrow-in-Furness), 1458 (Whitehaven)
Derby 104.5, 95.3 (north & mid Derbyshire), 96 (Buxton), MW 1116
Humberside 95.9
Lancashire 95.5 (east), 103.9 (Central/south), 104.5 (north)
Leeds 92.4 (west Yorkshire), 95.3 (Ilkley/Halifax), 102.7 (Keighley), 103.9 (Bradford), MW 774 (west Yorkshire)
Lincolnshire 94.9, 104.7 (Grantham)
Manchester 95.1, 104.6 (Oldham)
Merseyside 95.8, MW 1485
Newcastle 95.4, 103.7 (Tyne Valley), 96 (north Northumberland), 104.4 (Gateshead/west Newcastle), MW 1458
Sheffield 88.6, 94.7 (Chesterfield), 104.1, MW 1035
Stoke 94.6, 104.1 (Stafford), MW 1503
Tees 95, 95.8 (Whitby)
York 103.7 (York/Ryedale/Selby), 95.5 (Scarborough), 104.3 (Harrogate/Ripon/Northallerton/the Dales), MW 1260 (Scarborough), 666 (York)

Independent stations:
Capital 96.3 (Chorley), 99.8 (Burnley/Pendle/Hyndburn), 106.5 (Preston/South Ribble), 107 (Blackburn/Darwen/Accrington), 105.1 (Leeds), 105.3 (Newcastle), 106.4 (Teesside), 102 (Manchester), 105.6 (Fenham/Bradford/Sheffield), 105.8 (Hexham/E Yorks/N Lincs), 105.1 (S Yorks), 107.6 (Liverpool)
CFM 96.4 (Carlisle) , 102.5 (Penrith), 103.4 (Whitehaven), 102.2 (Workington)
Cheshire's Silk 106.9 (Macclesfield/east Cheshire)
Compass 96.4 (Grimsby)
Dearne 102 (Barnsley/Dearne Valley, 97.1 (Penistone)
Chester's Dee 106.3 (Chester)
Gold MW 1458 (Manchester), 945 (Derby), 999 (Nottingham)
Greatest Hits Radio 105.9 (Liverpool), MW 1152 (Manchester), MW 999 (Preston/Blackpool), MW 1548 (Sheffield/Rotherham), 828 MW (Leeds), MW 1161 (E Yorks/N Lincs), MW 1170 (Teesside), MW 1152 (Tyne & Wear)
Hallam FM 102.9 (Barnsley), 103.4 (Doncaster), 97.4 (Sheffield)
Heart 96.9 (north Lancs/south Cumbria), 102.3 (Windermere), 103.2 (Kendal), 106.2 (SW Yorks), 107.6 (Bradford), 107.7 (Sheffield), 105.4 (NW England), 101.2 (Hexham/Sunderland), 96.2 (Fenham), 100.7 (Teesside), 101.8 (Newcastle)
Hits Radio 103 (Manchester)
Imagine 104.9 (S Manchester/N Cheshire)
KCFM 99.8 (Hull)
Lincs 102.2 (Lincolnshire), 97.6 (Scunthorpe), 96.7 (Grantham)
Manx Radio 103.7 (north), 89/MW 1368 (Isle of Man), 97.2 (south/east)
Metro 102.6 (Alnwick), 103.2 (Hexham), 103 (Fenham), 97.1 (Newcastle)
Minster 104.7 (York)
Peak 107.4 (Chesterfield), 102 (Matlock)
Pulse 1 97.5 (Bradford), 102.5 (Huddersfield/Halifax)
Pulse 2 MW 1278 (Bradford), 1530 (Halifax/Huddersfield)
Radio Aire 96.3 (Leeds)
Radio Borders 97.5 (Berwick), 96.8 (Selkirk), 103.4 (Eyemouth), 103.1 (Peebles)
Radio City 96.7 (Liverpool)
Radio City Talk MW 1548 (Liverpool)
Radio Wave 96.5 (Blackpool)
Radio X 97.7 (Manchester)
Rathergood 102.3 (Thirsk), 102.6 (Richmond), 102.8 (Burnhope), 103.2 (Darlington), 103.5 (Northallerton), 106.8 (Brusselton)
Revolution 96.2 (Oldham/Tameside/Rochdale/east Manchester)
Ridings 106.8 (Wakefield)
Rock FM 97.4 (Preston/Blackpool)
Smooth 100.4 (NW), 97.5, 107.7 (NE), MW 1260 (north Wales/Cheshire) , 100.1 (Windermere), 100.8 (Kendal), 101.4 (Keswick)
Stray FM 97.2 (Harrogate), 107.1 (Ilkley/ Otley/Pateley Bridge)
Sun 103.4 (Sunderland)
TFM 96.6 (Teesside/County Durham/north Yorkshire)
Tower 107.4 (Bolton/Bury)
Trax 107.9 (Bassetlaw), 107.1 (Doncaster)
Viking (E Yorks/N Lincs) 96.9
Wire 107.2 (Warrington/Widnes/Runcorn)
Wish 102.4 (Wigan/St Helens)
Yorkshire Coast 96.2 (Scarborough), 102.4 (Bridlington), 103.1 (Whitby/Filey)

Get listings for digital, national and local radio at radiotimes.com/radio/radio-listings

BBC Radio Scotland

Face behind the voice

Juggy Sohal BBC Radio Cambridgeshire



Age 29
Current job Presenter of the new *BBC Upload* programme on BBC Radio Cambridgeshire *(Wed 8pm)*, showcasing the artistic talents of listeners – a nationwide initiative across BBC local radio stations.
CV Born in Bedford, studied English and film at Brunel University, west London, then worked in the family business while also doing a hospital radio show: "You could say, I was testing the waters!" Then took an ad sales job in London, also presenting a bhangra show for Shoreditch community radio and co-hosting their weekend breakfast show, before gaining a regular slot on Vibe 107.6. He also developed a TV talk show series for young Asians on the Sikh Channel.
Best moment "On the new *Upload* show, I played a song a listener wrote as a tribute to his wife who had passed away. It was a really nice moment. Afterwards he messaged, saying how happy it had made him to hear it on the radio. And I thought, 'This is what I'm meant to be doing'."
Worst moment "In the studio you man the control desk and do everything. My first guest was nervy, so I was chatting to them – and pressed the wrong button. Instead of music, everyone just heard the guest saying, 'I'm so nervous…' Chaos!"
Off air "I still work as an account manager at a publishing company, as well as being a kids' party DJ at the weekends. (You always need to have another couple of plates spinning, in this business…!) And I've just started boxing – it keeps you fit and gives you a real workout."
First radio memory "Collecting requests for my hospital radio show. One patient said, 'Play anything – just don't play Justin Bieber'. And another asked for Mariah Carey singing *All I Want for Christmas* – in September!"
Favourite broadcasters "Chris Moyles – listening to him opened me up to the idea of being a presenter. Dermot O'Leary, because he's real. And Davina McCall – such a fun personality."
Ambition "I'm passionate about diversity and – like Reggie Yates, whose work I really admire – I want to make documentaries for mainstream audiences now."
Dream job "To host a breakfast show on a big national radio station (I was going to say Radio 1, but I'm creeping over the age bracket for that!)."
Secret skills "I can keep 30 four-year-olds entertained for two hours – so I'm a genius babysitter! Also, I'm really good at the Carlton dance from *The Fresh Prince of Bel-Air*…" **CAROLINE MEYER**

bbc.co.uk/radiocambridgeshire
Search for **BBC Upload** at *bbc.co.uk*

Saturday

NEWS: SPORT: TRAVEL: WEATHER hourly 8.00am to 12 noon
NEWS HEADLINES 2.00pm
NEWS: SPORT: WEATHER 6.00am, 7.00, 5.30pm, 7.00, 9.00, 10.00, 11.00, 12 midnight

6.00am Clever about Cash
Kim McAllister and Eileen Adamson visit a high school to see how much the pupils know about money, and Eileen shows them how to get the best deal on car insurance. Nina Ballantyne, for Citizens Advice Scotland, also reveals the things to look out for when signing a first contract.
Repeated from last Monday

6.30 Out of Doors
Mark Stephen and Euan McIlwraith embark on another exploration of the Scottish countryside.
Email: outofdoors@bbc.co.uk

8.00 Good Morning Scotland
Isabel Fraser and Gordon Brewer present news, sport and weather. They also explore the big issues of the day, bringing in expert analysis and political debate on Scottish, British and world affairs.

10.00 Shereen
Current affairs discussion presented by Shereen Nanjiani, in which she is joined by special guests to discuss the week's biggest stories, and interviews those making the news.

11.30 Breaking the News
Des Clarke presents another edition of the topical comedy news review show. With Lucy Porter, Ashley Storey, Andrew Maxwell and Jamie MacDonald.
Repeated from yesterday

12.00 Off the Ball
Football forum. Call 08085 929500 or text 80295.
Email: offtheball@bbc.co.uk

2.00pm Sportsound
Coverage of this afternoon's Premiership fixtures, including Celtic v St Mirren at Celtic Park and Aberdeen v Hibernian at Pittodrie (kick-offs **3.00**). Text 80295.
@BBCSportsound on social media

5.30 Off the Ball
Football forum. Call 08085 929500 or text 80295.
Email: offtheball@bbc.co.uk

7.00 Take the Floor
Gary Innes introduces music for dancing, as the Craig McFadyen Scottish dance band makes their debut on the show. Plus tracks from the latest CDs and listener favourites.
Repeated tomorrow 5pm
Email: takethefloor@bbc.co.uk

9.00 Pipeline
Music from the piping world.
Email: pipeline@bbc.co.uk

10.00 Billy Sloan
Rock and pop music from Scotland and around the world, plus regular features *Spin the Globe*, *Musical Chairs* and *Early Morning Soul*.

1.00am–6.00 *as Radio 5 Live*

Sunday

NEWS: SPORT: WEATHER hourly 6.00am to 12 noon, 3.00pm, 5.00, hourly 7.00 to 11.00

6.00am Brainwaves
Host Pennie Latin joins palaeontologist Steve Brusatte to discuss the five fossils that best capture his love of dinosaurs.
Repeated from last Wednesday

6.30 New Every Sunday
An act of worship with the Rev Jenny Williams of Drylaw Parish Church, Edinburgh.

7.00 Our Story
Brochs are the mysterious circular tall stone towers of the Iron Age, shaped like dry stane milk bottles. Mark Stephen heads to Wick to meet the enterprising residents who are on a mission to preserve the archaeology of Caithness and re-create a new Iron Age broch.
Repeated from last Tuesday

7.30 The Kitchen Café
Jenny MacPherson hosts the magazine celebrating the role food plays in Scottish life, with contributions from leading chefs, recipe ideas and a look at the latest nutritional trends.
Repeated from last Thursday

8.00 Good Morning Scotland
The nation's morning news programme, including analysis and debate of recent stories, and a look forward to the big events of the coming week.

10.00 Sunday Morning with Richard Holloway
The host introduces a selection of music and stimulating conversation from a faith and ethical perspective.

12.00 Sportsound
Ross County v Rangers and Scotland v France (kick-offs **12.00** and **3.00pm**). Premiership and Six Nations commentary from the Global Energy Stadium and Murrayfield respectively. Text 80295.
@BBCSportsound on social media

5.00pm Take the Floor
Gary Innes introduces music for dancing, as the Craig McFadyen Scottish dance band makes their debut on the show. Plus tracks from the latest CDs and listener favourites.
Repeated from yesterday 7pm
Email: takethefloor@bbc.co.uk

7.00 Jazz Nights
Seonaid Aitken plays a selection of jazz music, from contemporary to classic and all things inbetween.

9.00 Classics Unwrapped
Stephen Broad presents the best in classical music, plus news and interviews.
Email: classicsunwrapped@bbc.co.uk

11.00 Iain Anderson
A chance to end the day in the company of the songwriting masters of blues, country, folk, soul and rock 'n' roll.

1.00am–6.00 *as Radio 5 Live*

Monday

NEWS: SPORT: TRAVEL: WEATHER hourly 6.00am to 8.00, 10.00 to 5.00pm
NEWS: SPORT: WEATHER 7.00pm, 9.00, 10.00, 11.00
LOCAL NEWS *Dumfries, Aberdeen, Inverness, Selkirk:* 6.30am, 7.30, 8.30, 12.30pm, 4.30, 5.30; *Orkney:* 7.30am, 12 noon, 6.10pm; *Shetland:* 12.30pm, 5.30, 6.07

6.00am Good Morning Scotland
The nation's morning news programme. With travel reports every 15 minutes, business updates at **6.15**, **7.45** and **8.45**, weather reports at **6.29**, **6.59**, **7.29** and **7.59**, and sports reports at **6.08**, **6.35**, **7.08**, **7.35**, **8.08** and **8.35**.

9.00 Mornings
Kaye Adams reports on stories making the news, and listeners have the opportunity to have their say.

12.00 Lunchtime Live
News updates from Scotland and beyond, plus sport, travel and weather.

1.30pm Clever about Cash
Money coach Eileen Adamson joins Stuart as he gets the keys to his new flat. They discuss the lessons that other first-time buyers can learn from his experience of house hunting, conveyancing and compromising. Plus Kim McAllister visits the Edinburgh Remakery to see how small repairs can give second-hand furniture a new lease of life.

2.00 The Afternoon Show with Janice Forsyth
The host discusses what's current in film, television, arts, theatre and music in Scotland.

4.00 Drivetime
John Beattie breaks down the day's talking points inviting comment and opinion. Plus sport, travel and weather.

MW only
6.00–7.00 Sportsound
The magazine which offers a Scottish slant on the football world. Get the latest stories, hear from the key figures, and then put them on the spot. Text 80295.
@BBCSportsound on social media

FM only until 7.00
6.00 Get It On… with Bryan Burnett
Music show in which listeners can text or email in their requests. Text 80295.
Email: getiton@bbc.co.uk

8.00 Vic Galloway
Up-and-coming bands, vintage vinyl and music news, plus session tracks and competitions. Text 80295.
Email: vicgalloway@bbc.co.uk

10.00 Iain Anderson
A chance to end the day in the company of the songwriting masters of blues, country, folk, soul and rock 'n' roll.

12.00–6.00am *as Radio 5 Live*

Tuesday

NEWS: SPORT: TRAVEL: WEATHER: LOCAL NEWS *as Monday*

6.00am Good Morning Scotland
The nation's morning news programme. With travel reports every 15 minutes, business updates at **6.15**, **7.45** and **8.45**, weather reports at **6.29**, **6.59**, **7.29** and **7.59**, and sports reports at **6.08**, **6.35**, **7.08**, **7.35**, **8.08** and **8.35**.

9.00 Mornings
Kaye Adams reports on stories making the news, and listeners have the opportunity to have their say.

12.00 Lunchtime Live
News updates from Scotland and beyond, plus sport, travel and weather.

1.30pm Our Story
Mark Stephen visits the Victorian Market in Inverness, which is undergoing renovation 150 years after it was established.

2.00 The Afternoon Show with Janice Forsyth
Host Janice Forsyth discusses what's current in film, television, arts, theatre and music in Scotland.

4.00 Drivetime
John Beattie breaks down the day's talking points inviting comment and opinion. Plus sport, travel and weather.

MW only
6.00–7.00 Sportsound
The magazine which offers a Scottish slant on the football world. Get the latest stories, hear from the key figures, and then put them on the spot. Text 80295.
@BBCSportsound on social media

FM only until 7.00
6.00 Get It On… with Bryan Burnett
Music show in which listeners can text or email in their requests. Text 80295.
Email: getiton@bbc.co.uk

8.00 Another Country with Ricky Ross
American singer/songwriter and former Old Crow Medicine Show member Gill Landry plays songs and shares stories from his fifth solo album *Skeleton at the Banquet*.

10.00 Roddy Hart
Host Roddy Hart presents a selection of music spanning the decades, playing anything from old favourites and the classics to great new material from current artists.

12.00–6.00am *as Radio 5 Live*

Wednesday

NEWS: SPORT: TRAVEL: WEATHER: LOCAL NEWS *as Monday*

6.00am Good Morning Scotland
The nation's morning news programme. With travel reports every 15 minutes, business updates at **6.15**, **7.45** and **8.45**, weather reports at **6.29**, **6.59**, **7.29** and **7.59**, and sports reports at **6.08**, **6.35**, **7.08**, **7.35**, **8.08** and **8.35**.

9.00 Mornings
Kaye Adams reports on stories making the news, and listeners have the opportunity to have their say.

12.00 Lunchtime Live
News updates from Scotland and beyond, plus sport, travel and weather.

1.30pm Brainwaves
Presenter Pennie Latin explores the pros and cons of virtual reality, visiting the University of Oxford to try out some of the latest immersive therapies for herself and joining a primary school in the Highlands to see VR being piloted in an educational setting.

2.00 The Afternoon Show with Grant Stott
The host discusses what's current in film, television, arts, theatre and music in Scotland.

4.00 Drivetime
John Beattie breaks down the day's talking points inviting comment and opinion. Plus sport, travel and weather.

MW only
6.00–7.00 Sportsound
The magazine which offers a Scottish slant on the football world. Get the latest stories, hear from the key figures, and then put them on the spot. Text 80295.
@BBCSportsound on social media

FM only until 7.00
6.00 Get It On… with Bryan Burnett
Music show in which listeners can text or email in their requests. Text 80295.
Email: getiton@bbc.co.uk

8.00 The Quay Sessions with Roddy Hart
Host Roddy Hart presents a selection of live musical performances staged in front of an audience gathered in the foyer at BBC Radio Scotland's Pacific Quay studio in Glasgow.

10.00 Classic Scottish Albums
Primal Scream's Bobby Gillespie chats to Davie Scott about the making of the band's 1991 album *Screamadelica*, which was influenced by an eclectic range of sources.

Listen on the internet at radiotimes.com/radio/radio-listings

Frequencies

10.30 Debate Night
Topical debate on the big issues affecting Scotland and beyond.

11.30 Debate Night Extra
Calum MacDonald invites listeners to react to the topics just discussed.

12.30am–6.00 *as Radio 5 Live*

Thursday

NEWS: SPORT: TRAVEL: WEATHER: LOCAL NEWS *as Monday*

6.00am Good Morning Scotland
The nation's morning news programme. With travel reports every 15 minutes, business updates at **6.15**, **7.45** and **8.45**, weather reports at **6.29**, **6.59**, **7.29** and **7.59**, and sports reports at **6.08**, **6.35**, **7.08**, **7.35**, **8.08** and **8.35**.

9.00 Mornings
Kaye Adams reports on stories making the news, and listeners have the opportunity to have their say.

12.00 Lunchtime Live
News updates from Scotland and beyond, plus sport, travel and weather.

1.30 The Kitchen Café
Magazine show celebrating the role food plays in Scottish life, with contributions from leading chefs, recipe ideas and a look at the latest nutritional trends. Presented by Jenny MacPherson.

2.00 The Afternoon Show with Grant Stott
Presenter Grant Stott takes a look at what's current in film, television, arts, theatre and music in Scotland.

4.00 Drivetime
Presenter John Beattie breaks down the day's talking points inviting comment and opinion. Plus sport, travel and weather.

MW only
6.00–7.00 Sportsound
The magazine which offers a Scottish slant on the football world. Get the latest stories, hear from the key figures, and then put them on the spot. Text 80295.
@BBCSportsound on social media

FM only until 7.00
6.00 Get It On… with Bryan Burnett
Music show in which listeners can text or email in their requests. Text 80295.
Email: getiton@bbc.co.uk

8.00 Travelling Folk
Presenter Bruce MacGregor introduces the best folk music, with previews of the latest releases, plus a listener's favourite three tracks of all time.

10.00 Natasha Raskin Sharp
TV antiques presenter Natasha Raskin Sharp shares an eclectic mix of music from classic rock to alternative releases. Plus, features *Natasha's Job Lot Vinyl Auction*, and *Jazz Corner*.

12.00–6.00am *as Radio 5 Live*

Friday

NEWS: SPORT: TRAVEL: WEATHER *as Monday*
NEWS: SPORT: WEATHER 7.30pm, 10.00, 11.00, 12 midnight
LOCAL NEWS *Dumfries, Aberdeen, Inverness, Selkirk:* 6.30am, 7.30, 8.30, 12.30pm, 4.30, 5.30; *Orkney:* 7.30am, 12 noon, 6.10; *Shetland:* 12.30pm, 5.30, 6.07

6.00am Good Morning Scotland
The nation's morning news programme. With travel reports every 15 minutes, business updates at **6.15**, **7.45** and **8.45**, weather reports at **6.29**, **6.59**, **7.29** and **7.59**, and sports reports at **6.08**, **6.35**, **7.08**, **7.35**, **8.08** and **8.35**.

9.00 Mornings
Stephen Jardine reports on stories making the news, and listeners have the opportunity to have their say.

12.00 Lunchtime Live
News updates from Scotland and beyond, plus sport, travel and weather.

1.30pm Breaking the News
Susie McCabe, Sophie Duker, Lewis McLeod and Jim Smith join host Des Clarke for the topical comedy news review show that takes a satirical slant on the week's headlines.

2.00 The Friday Afternoon Show
Nicola Meighan offers ideas and inspiration for fun things to do around Scotland in the days ahead, plus a soundtrack to kick-start the weekend.

4.00 Drivetime
Fiona Stalker breaks down the day's talking points inviting comment and opinion. Plus sport, travel and weather.

6.00 Sportsound
Motherwell v Aberdeen (kick-off **7.45**), commentary on the Premiership encounter at Fir Park. Text 80295.
@BBCSportsound on social media

10.00 Ashley Storrie
The comedian brings her sense of fun to the show, including regular feature *Soap Dodgers*. Listeners are asked to suggest tracks related to her weekly topic and as always, she is joined by curmudgeonly sidekick "Silent Paul".

1.00am–6.00 *as Radio 5 Live*

BBC Radio Scotland
40 Pacific Quay
Glasgow G51 1DA
bbc.co.uk/radioscotland

Local programmes

ORKNEY

Weekdays

7.30am–8.00 Around Orkney: round-up of local news, events and weather
PHONE: 01856 873939
Fax: 01856 872908
Email: radio.orkney@bbc.co.uk

SHETLAND

Weekdays

5.30pm–6.00 Good Evening Shetland: news and features from around the isles
PHONE: 01595 694747
Fax: 01595 694307
Email: radio.shetland@bbc.co.uk

Radio nan Gaidheal

Mar Radio Alba ach:

Disathairne

9.00am Spòrs na Seachdain
Comhla ri Iain Moireasdan.
POST DEALAIN: sns@bbc.co.uk
FON AN ASGAIDH: 08000 967050

10.00 Fàilt' air an Dùthaich
Ceòl Ceilteach agus fiosrachadh air de a tha dol agaibhse gach feasgar.

11.00 Tiompan
Ceòl Ceilteach, CDs ùra, cò a tha cluich càite? Le pròg ram beò agus beothail cumaidh Mairead NicIllinnein a'dol sibh.

12.00–1.00pm Aileag
Pròg ram don chloinn le ceòl, còmhradh, fiosrachadh agus fealla-dhà.
POST DEALAIN: aileag@bbc.co.uk
FON AN ASGAIDH: 01851 705000

Didòmhnaich

9.00am Dèanamaid Adhradh
Seirbheis còmhla ris an Urr Calum Dòmhnallach, ministear Eaglais Shaor Chalanais.
ath-chraoladh aig 3pm

9.30 Dealan-de
Ceitidh Anna NicChoinnich air turas air plèana a Bharraigh 's Iain Macleòid na phaidhleat.

10.00 Eachdraidh na h'Alba
Anns a' phròg ram seo, tha e a' toirt sùil air creideamh ann an Alba agus air iomairt nan Cùmhnantach a bha a' strì gus an creideamh Pròstanach a dhìon tron 16mh agus an 17mh linn.

10.30 Beag air Bheag ***9/10.*** A bheil sibh ag ionnsachadh Gàidhlig? A bheil sibh feumach air misneachd gus ur Gàidhlig a chleachdadh? A bheil sibh a' sireadh fiosrachaidh mu dè tha dol ann an saoghal na Gàidhlig? Ma fhreagair sibh "tha" gu dìreach aon de na ceistean sin 's ann dhuibhse a tha Beag air Bheag, pròg ram ùr gu sònraichte do luchd-ionnsachaidh na Gàidhlig air BBC Radio nan Gàidheal.

11.00 Sruth na Maoile
Mairi Anna NicUalraig agus Sean O hEanaigh le ceòl à Alba 's Eirinn.

12.00 Gleus
Fuinn, còisirean agus òrain bho shaoghal ceòl clasaigeach agus eile, le Iain Moireach.

1.00pm Mo Roghainn Fhèin ***4/8.*** Ailean Mac an Tuairnear le taghadh den bhàrdachd as fheàrr leis.

1.30 Crùnluath
Ceòl na pìoba còmhla ri Cailean MacIlleathain.

2.30 Leugh an Leabhar
Leabhraichean air BBC Radio nan Gàidheal.

3.00 Dèanamaid Adhradh

3.30 Alleluia
Iain MacFhionghain le measgachadh de laoidhean, sailm agus sgeulachdan mu chreideamh.

4.00–4.05 An Litir Bheag

9.00 Dèanamaid Adhradh
Seirbhis à tasglann a' BhBC.

9.30 Beag air Bheag ***10/10.*** Pròg ram airson luchd-ionnsachaidh còmhla ri Iain Urchardan.
ath-chraoladh Diciadain aig 10pm

10.30–10.35 Litir do Luchd-ionnsachaidh
Litir do luchd-ionnsachaidh le Ruaraidh MacIlleathain.
ath-chraoladh Diciadain aig 11pm

Diluain

7.30am Aithris na Maidne
Naidheachdan ionadail, nàiseanta is eadar-nàiseanta gach madainn còmhla ri sgioba-naidheachd Radio nan Gàidheal.

9.00 Coinneach MacIomhair
Còmhradh, conaltradh agus cnuasachadh gach là.
POST DEALAIN: coinneach@bbc.co.uk
ath-chraoladh aig 9pm

10.00 A' Mire ri Mòir
Morag Dhòmhnallach a' feitheamh ribh le taghadh de dh'òrain Ghàidhlig.
FON AN ASGAIDH" 08000 96 7050.

12.00 Mo Roghainn Fhèin
Màiri Bremner, nach maireann, le taghadh den bhàrdachd a b' fheàrr leatha.
ath-chraoladh aig 10pm

12.30pm Feasgar
Naidheachdan, deasbad, ceòl, is cur-seachad aig àm bìdh.

2.00 Caithream Ciùil
Ceòl Gaidhealach 's Ceilteach agus fiosrachadh air dè a tha dol agaibhse gach feasgar.
POST DEALAIN: dethadol@bbc.co.uk

4.00 Fàilt' air an Dùthaich
Ceòl Ceilteach agus fiosrachadh air de a tha dol agaibhse gach feasgar.
ath-chraoladh aig 10.30pm

5.00 Aithris an Fheasgair
Naidheachdan nàiseanta is ionadail o Dhiluain gu Dihaoine.

5.30 Siubhal gu Seachd le Pluto
Ceòl, fiosrachadh agus fealla-dhà air ur slighe dhachaigh le Derek "Pluto" Moireach.
POST DEALAIN: pluto@bbc.co.uk
FON AN ASGAIDH: 08000 967050

7.00 Rapal
A toirt fuaimean ùra gu Radio nan Gaidheal.
POST DEALAIN: rapal@bbc.co.uk
FON AN ASGAIDH: 08000 967050

9.00 Coinneach MacIomhair

10.00 Mo Roghainn Fhèin
Màiri Bremner, nach maireann, le taghadh den bhàrdachd a b' fheàrr leatha.

10.30–11.30 Fàilt' air an Dùthaich

Dimàirt

Mar Diluain ach:

12.00–12.30pm Eachdraidh na h'Alba ***Ep 2.*** Sùil air cuid de na tachartasan as cudromaiche ann an eachdraidh na h-Alba còmhla ri Bill Innes.
ath-chraoladh aig 10pm

4.00–5.00 Sruth na Maoile
Mairi Anna NicUalraig agus Sean O hEanaigh le ceòl à Alba 's Eirinn.
ath-chraoladh aig 10.30pm

10.00 Eachdraidh na h'Alba

10.30–11.30 Sruth na Maoile
Mairi Anna NicUalraig agus Sean O hEanaigh le ceòl à Alba 's Eirinn.

Diciadain

Mar Diluain ach:

12.00–12.30pm Beag air Bheag ***10/10.*** Pròg ram airson luchd-ionnsachaidh còmhla ri Iain Urchardan.
ath-chraoladh Diciadain aig 10pm

4.00 Gleus
Fuinn, còisirean agus òrain bho shaoghal ceòl clasaigeach agus eile, le Iain Moireach.
ath-chraoladh aig 11.05pm

10.00 Beag air Bheag ***10/10.*** Pròg ram airson luchd-ionnsachaidh còmhla ri Iain Urchardan.

11.00 Litir do Luchd-ionnsachaidh
Litir do luchd-ionnsachaidh le Ruaraidh MacIlleathain.

11.05–12.05am Gleus

Diardaoin

Mar Diluain ach:

12.00–12.30pm Dealan-de
Flòraidh Niclain, a chòmhdaich bus le sligean, a' còmhradh ri Iain Anthony Mac a' Ghobhainn.
ath-chraoladh aig 10pm

4.00–5.00 Crùnluath
Ceòl na pìoba còmhla ri Cailean MacIlleathain.
ath-chraoladh aig 10.30pm

10.00 Dealan-de

10.30–11.30 Crùnluath

Dihaoine

Mar Diluain ach:

12.00–12.30pm Leugh an Leabhar
Leabhraichean air BBC Radio nan Gàidheal.

2.00 Aileag
Pròg ram don chloinn le ceòl, còmhradh, fiosrachadh agus fealla-dhà.
FON AN ASGAIDH: 01851 705000
POST DEALAIN: aileag@bbc.co.uk

3.00–5.00 Caithream Ciùil
Ceòl Gaidhealach 's Ceilteach agus fiosrachadh air dè a tha dol agaibhse gach feasgar.
POST DEALAIN: dethadol@bbc.co.uk

6.00 Na Dùrachdan
Mairead NicIllinnein is Ailig Bhaltois le ceòl, òrain is fealla-dhà.
FON AN ASGAIDH: 01463 720720

8.00 Tiompan
Ceòl Ceilteach, CDs ùra, cò a tha cluich càite? Le pròg ram beò agus beothail cumaidh Mairead NicIllinnein a'dol sibh.

9.00 Mac Ille Mhicheil
Cuiridh Iain Mac Ille Mhicheil agus a chàirdean an deireadh-sheachdain air a chasan.

11.00–12.00 Coinneach MacIomhair
Còmhradh, conaltradh agus cnuasachadh gach là.
POST DEALAIN: coinneach@bbc.co.uk

National

BBC Radio 1* FM 97.7–99.7
BBC Radio 2* FM 88.1–90.1
BBC Radio 3* FM 90.3–92.3
BBC Radio 4 FM 94.6–96.1, 103.5–104.9, LW 198, MW 1449 (Aberdeen, LW progs)
BBC Radio 5 Live MW 693, 909
BBC Radio Scotland FM 92.5–94.7, MW 810, 585 (Dumfries)
BBC Radio nan Gaidheal FM 103.5–104.9 (carries R4 in some parts), MW 990 (Aberdeen)
Classic FM 99.9–101.9
Talksport MW 1053, 1089
Absolute MW 1215, 1242
*Above stations also on Freeview (*not Sat 4pm–1am, Sun 4pm–12 midnight, weekdays 5pm–12 midnight), plus satellite, cable, internet and DAB (Radio Scotland MW service only).*

Local

Argyll FM 106.5, 107.1, 107.7 (Campbeltown)
BBC Cumbria FM 95.6 (Carlisle), 96.1 (Morecambe Bay), 95.2 (Kendal), 104.1 (Whitehaven/Keswick), 104.2 (Windermere), MW 756 (Carlisle), 837 (Barrow-in-Furness), 1458 (Whitehaven)
Capital 106.1 (Glasgow), 105.7 (Edinburgh)
Central FM 103.1 (Stirling/Falkirk/Clackmannanshire)
CFM 102.2 (Workington), 102.5 (Penrith), 103.4 (Whitehaven), 96.4 (Carlisle)
Clyde 1 FM 102.3 (Rothesay), 102.5 (Glasgow), 103.3 (Firth of Clyde), 97 (Vale of Leven)
Clyde 2 MW 1152 (Glasgow)
Cuillin FM 106.2, 102.7 (Skye/Lochalsh)
Forth 1 FM 97.3, 97.6 (Edinburgh), 102.2 (Penicuik)
Forth 2 MW 1548 (Edinburgh)
Heart FM 101.1 (Edinburgh/Rosneath), 100.3 (Glasgow), 103.3 (Penicuik)
Heartland FM 97.5 (Pitlochry/Aberfeldy), 106.6 (Perth)
Isles FM 103 (Western Isles)
Kingdom FM 105.4 (St Andrews), 106.3 (The East Neuk), 95.2 (West Fife), 96.1 (Central & East Fife), 96.6 (Kirkcaldy)
Lochbroom FM 102.2 (Ullapool), 96.8 (North West Scotland)
Mearns FM 105.7 (Stonehaven), 106.2 (Inverbervie), 107.3 (Laurencekirk)
MFR FM 96.6 (Speysound), 96.7 (Fraserburgh), 97.4 (Highlands/Moray/Aberdeenshire), 102.5 (Caithness), 102.8 (Keith)
MFR Two MW 1107 (Inverness)
Nevis FM 96.6 (Fort William), 97 (Glencoe), 102.4 (Loch Leven), 102.3 (Skye & Mallaig)
Northsound 1 FM 96.9 (Aberdeen), 97.6 (Balgownie), 103 (Peterhead)
Oban FM 103.3
Original FM 106 (Aberdeen)
Radio Borders 102.3 (Berwick), 103.4 (Eyemouth), 103.1 (Peebles), 96.8 (Selkirk)
SIBC FM 96.2 (Bressay), 102.2 (Shetland)
Smooth Radio FM 105.2 (Glasgow)
Tay FM MW 102.8 (Dundee), 96.4 (Perth)
Tay 2 MW 1161 (Dundee), 1584 (Perth)
Wave FM 102 (Dundee)
Waves Radio FM 101.2 (Peterhead/Fraserburgh)
West FM 96.7 (Ayrshire), 97.5 (Girvan), 106.7 (Rothesay)
West Sound FM 97 (Dumfries), 103 (Kirkcudbright), 96.5 (Stranraer), MW 1035 (Ayrshire)
Your Radio FM 103 (Dumbarton), 106.9 (Helensburgh)

Get listings for digital, national and local radio at radiotimes.com/radio/radio-listings

BBC Radio Ulster

Face behind the voice

Juggy Sohal BBC Radio Cambridgeshire



Age 29
Current job Presenter of the new *BBC Upload* programme on BBC Radio Cambridgeshire *(Wed 8pm)*, showcasing the artistic talents of listeners – a nationwide initiative across BBC local radio stations.
CV Born in Bedford, studied English and film at Brunel University, west London, then worked in the family business while also doing a hospital radio show: "You could say, I was testing the waters!" Then took an ad sales job in London, also presenting a bhangra show for Shoreditch community radio and co-hosting their weekend breakfast show, before gaining a regular slot on Vibe 107.6. He also developed a TV talk show series for young Asians on the Sikh Channel.
Best moment "On the new *Upload* show, I played a song a listener wrote as a tribute to his wife who had passed away. It was a really nice moment. Afterwards he messaged, saying how happy it had made him to hear it on the radio. And I thought, 'This is what I'm meant to be doing'."
Worst moment "In the studio you man the control desk and do everything. My first guest was nervy, so I was chatting to them – and pressed the wrong button. Instead of music, everyone just heard the guest saying, 'I'm so nervous…' Chaos!"
Off air "I still work as an account manager at a publishing company, as well as being a kids' party DJ at the weekends. (You always need to have another couple of plates spinning, in this business…!) And I've just started boxing – it keeps you fit and gives you a real workout."
First radio memory "Collecting requests for my hospital radio show. One patient said, 'Play anything – just don't play Justin Bieber'. And another asked for Mariah Carey singing *All I Want for Christmas* – in September!"
Favourite broadcasters "Chris Moyles – listening to him opened me up to the idea of being a presenter. Dermot O'Leary, because he's real. And Davina McCall – such a fun personality."
Ambition "I'm passionate about diversity and – like Reggie Yates, whose work I really admire – I want to make documentaries for mainstream audiences now."
Dream job "To host a breakfast show on a big national radio station (I was going to say Radio 1, but I'm creeping over the age bracket for that!)."
Secret skills "I can keep 30 four-year-olds entertained for two hours – so I'm a genius babysitter! Also, I'm really good at the Carlton dance from *The Fresh Prince of Bel-Air*…" **CAROLINE MEYER**

bbc.co.uk/radiocambridgeshire
Search for **BBC Upload** at *bbc.co.uk*

Saturday

RADIO ULSTER NEWS: hourly 7.00am to 3.00pm, 4.05, hourly 5.00 to 11.00

6.45am Farm Gate
Food, countryside and agricultural issues. Presented by Bernie Allen.

7.05 Kim Lenaghan
Fine tunes to ease listeners into the morning.
Phone: 03030 80 55 55
Text: 81771
Email: kim.lenaghan@bbc.co.uk

8.05 Your Place & Mine
Anne Marie McAleese and the team report on stories from around Northern Ireland.
Phone: 0289 033 8307
Email: ypam@bbc.co.uk

9.05 Gardeners' Corner
Experts talk to gardeners and give topical advice for horticulturists everywhere. Presented by David Maxwell.
Phone: 03030 80 55 55

9.45 On Your Behalf
Linda McAuley presents the consumer affairs programme, offering advice and raising important issues to help people arrive at the right decisions. With news at **10.00**.
Write to: On Your Behalf, BBC Broadcasting House, Ormeau Avenue, Belfast BT2 8HQ
Phone: 0289 033 8314
Email via the website: bbc.co.uk/oyb

10.30 How to Have a Northern Irish Wedding
5/6. By Ciaran Bartlett. Jack and Sarah drag Paulsy and Aisling along to a pre-marriage course. Meanwhile, William and Sheila have a secret coffee date. Brendan Quinn and Chloe Hodgens star.
Repeated Wednesday 6.30pm

11.05 The John Toal Show
The broadcaster ventures beyond the confines of the studio to experience listeners' family and community lives. Includes recipes, top kitchen tips, chat and music.
Phone: 03030 80 55 55
Text: 81771
Email: john.toal@bbc.co.uk

12.05pm Stories in Sound
As a child, Marie-Louise Muir was enthralled by actress Maureen O'Hara. Now, 100 years after O'Hara's birth, Marie-Louise heads to Los Angeles to meet family and friends who knew her best. Saoirse Ronan and Stephanie Powers share their memories of meeting and working with Maureen, while her biographer Johnny Nicholetti explains why she came to resent being typecast for her looks.
Repeated Wednesday 6.05pm

12.30 Inside Business
A weekly insight into what is really happening in business and the economy in Northern Ireland, with commentary analysis and the big interviews. Presented by Richard Morgan.

FM only from 2.05
1.05 The Eve Blair Show
Michael Bradley sits in with interviews and features.

MW only
2.05–4.30 Sportsound
Coverage of today's Danske Bank Premiership fixtures, including Glentoran v Cliftonville, Carrick Rangers v Linfield and Ballymena United v Coleraine. Presented by Michael McNamee.

FM only 2.05–4.30
2.05 Sportsound
Commentary on this afternoon's Six Nations match between Ireland and Italy from Aviva Stadium (kick-off **2.15**). Two years ago Ireland scored eight converted tries beating Italy by 56 points to 19. Presented by Jim Neilly, with commentary by Tony Ward.

6.05 The Culture Café
From the page to the stage, Marie-Louise Muir hosts the essential cultural conversation.

7.05 Caschlár
Lig do scíth le scoth an cheoil le rogha Brian Mullen ó phopcheol, fréamhcheol, ceol traidisiúnta, na gormacha agus ceol soul.
Brian Mullen presents a wide-ranging mix of music, including pop, blues and soul. Including news at **8.00**.
Requests to: Brian Mullen, Irish Language Unit, BBC Radio Ulster, Ormeau Avenue, Belfast BT2 8HQ
Phone: 0289 033 8043

9.05 Jazz World with Linley Hamilton
The host introduces a selection of contemporary jazz music from around the world, and profiles up-and-coming local talent.
Email: linley.hamilton@bbc.co.uk

10.05 Saturday Club with John Bennett
Late-night music club featuring classic tracks from the 1960s, 70s and 80s. Including news at **11.00**.
Text: 81771

12.00 *as Radio 5 Live*

Sunday

RADIO ULSTER NEWS: hourly 7.00am to 11.00pm, plus 11.55pm

7.05am Kim Lenaghan
A selection of fine tunes and conversation to ease listeners into the morning. Including *Thought for the Day* at **7.55** and news at **8.00**.
Phone: 03030 80 55 55
Text: 81771
Email: kim.lenaghan@bbc.co.uk

8.30 Sunday Sequence
Audrey Carville and guests debate the week's religious and ethical news and explore the world of culture and ideas. With news at **9.00** and **10.00**.
Phone: 0289 033 8355
Email: sunday.sequence@bbc.co.uk

10.15 Morning Service
The Rev Gary Goodes leads an act of worship from Randalstown Free Presbyterian Church, Antrim.

11.05 Sunday with Dearbhail
Dearbhail brings the best of in-depth current affairs, interviews, discussion and analysis. Plus an essential guide to the Sunday papers and news at **12.00**.

1.05pm Sunday with Brian D'Arcy
Featuring conversation, meditation, fun and music.
Write to: Sunday with Brian D'Arcy, BBC Radio Ulster, Ormeau Avenue, Belfast BT2 8HQ

2.05 School Choir of the Year
New series. The BBC Northern Ireland School Choir of the Year competition gets underway, with Kerry McLean and Andy Gray following the first two junior heats. Choirs from St Lawrence's Primary School in Fintona, Model Primary School in Derry, St Mary's Primary School from Dunamore, Magherafelt's Holy Family Primary School and Gaelscoil Eoghain from Cookstown compete at Omagh's Strule Arts Centre. The Drama Theatre in Stranmillis University College, Belfast, hears the choral sounds of Moira Primary School, Belfast's John Paul II Primary School, Cliftonville Integrated Primary School, St Patrick's Primary School from Hilltown, St Mary's Primary School Derrymore and Holy Rosary Primary School in Belfast.

3.05 Kerry McLean
The host helps wind down the weekend and sets the mood for the week ahead with some great tunes and conversation.
Text: 81771
Email: kerry.mclean@bbc.co.uk

4.05 The Cruise
Laid-back and informative show celebrating the amazing and rich music from the west coast of America in the 1970s and 80s. With Steven Rainey.

5.05 Sounds Sacred
Richard Yarr introduces popular, sacred music performed by local and internationally acclaimed performers. He also plays requests and provides news of events across the country.

6.05 Kintra
Helen Mark and the team with stories, news, music and banter from Ulster-Scots communities.
Email: kintra@bbc.co.uk

6.30 Bandstand
New series. Local bands play listeners' favourite tunes. Presented by Ruth Jennings.

7.05 Classical Connections with John Toal
The host presents an evening of popular classical music. Plus news, reviews and interviews with local and touring performers. With news at **8.00**.

9.05 Jazz Club with Walter Love
Recordings by jazz musicians, including tracks that have been performed exclusively for BBC Radio Ulster.

10.05 Sunday Club with John Bennett
Music to soothe away the problems of the past week.
Dedications to: The Sunday Club, BBC Radio Ulster, Broadcast House, Belfast BT2 8HQ
Email: jb@bbc.co.uk

12.00 *as Radio 5 Live*

Monday

RADIO ULSTER NEWS: half-hourly 6.30am to 8.30, hourly 9.00 to 5.00pm, 5.30, hourly 6.00 to 11.00, then 11.55pm

6.30am Good Morning Ulster
The day's news, with presenters Joel Taggart and Noel Thompson, including regular travel and sport updates and analysis of finance and business news, plus the main agri-business in *Farm Gate* and a *Thought for the Day* at **6.55** and **7.55**.
Email: good.morning.ulster@bbc.co.uk

9.05 The Nolan Show
Breaking news and hard-hitting topical debate with Stephen Nolan. Listeners can share their views by phone, text or email. Including news and travel at **10.00**.
Phone: 03030 80 55 55
Text: 81771
Email: nolan@bbc.co.uk

10.30 Mid-Morning Show
A guest host takes a carefree morning saunter through music, chat and the odd phone-call. Including news at **11.00**.

12.00 Talkback
William Crawley and the *Talkback* team present news and invite listeners' on-air reaction to all the breaking stories of the day, from politics to health, consumer issues and education. Including news at **12.00** and **1.00pm**.
Phone: 03030 80 55 55
Email: talk.back@bbc.co.uk
bbc.co.uk/talkback

1.30pm Hugo Duncan
The best in country music old and new, plus the opportunity for listeners to submit requests by phone or text. Including news and travel at **2.00**.
Phone: 03030 80 55 55
Text: 81771

3.05 The Lynette Fay Show
Nuala McKeever sits in for Lynette, with a light-hearted mix of music and chat.
Text: 81771
Email: lynette.fay@bbc.co.uk

4.00 Evening Extra
A look back at the day's events, with news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

6.05 Sportsound Extra Time
Nikki Gregg and the sports panel discuss the biggest stories making the back pages featuring exclusive interviews, analysis and debate.

7.05 Blas
Fearghal Mag Uiginn le súil siar ar aicsean na gclubanna CLG agus craobhchomórtais na gContaetha ag teacht chun críche agus feachtais Chumainn Uladh faoi lánseol.
Fearghal Mag Uiginn looks back at the weekend's sporting action.

7.30 The Stephen McCauley Show
The best in alternative music from punk to electronica from home and abroad, featuring live performance, interviews and more. With news at **8.00** and **9.00**.

9.30 ATL Introducing
Gemma Bradley serves up the freshest new Irish musical talent, from indie-rock to hip-hop with live music and interviews. With news at **10.00**.

11.05 The Late Show with Eve Blair
John Kerr sits in with the best in chilled-out music, including a mix of easy listening melodies both old and new, together with material by the **Artist of the Week**.
Email: eve.blair@bbc.co.uk

12.00 *as Radio 5 Live*

Tuesday

RADIO ULSTER NEWS: *see Monday*

6.30am Good Morning Ulster
The day's news with Noel Thompson, including regular news, travel and sport updates and analysis of finance and business news, plus the main agri-business news in *Farm Gate* and *Thought for the Day* at **6.55** and **7.55**.
Email: good.morning.ulster@bbc.co.uk

9.05 The Nolan Show
Hard-hitting topical debate with Stephen Nolan. Including news and travel at **10.00**.
Phone: 03030 80 55 55
Text: 81771
Email: nolan@bbc.co.uk

10.30 Mid-Morning Show
A guest host takes a carefree morning saunter through music, chat and the odd phone-call. With news at **11.00**.

12.00 Talkback
William Crawley and the *Talkback* team present news and invite listeners' on-air reaction to all the breaking stories of the day. Including news at **12.00** and **1.00pm**.
Phone: 03030 80 55 55
Email: talk.back@bbc.co.uk
bbc.co.uk/talkback

1.30pm Hugo Duncan
Featuring the best in country music old and new. Including news and travel at **2.00**.
Phone: 03030 80 55 55
Text: 81771

Listen on the internet at radiotimes.com/radio/radio-listings

3.05 The Lynette Fay Show
Nuala McKeever sits in for Lynette, with a light-hearted mix of music and chat.
Text: 81771
Email: lynette.fay@bbc.co.uk

4.00 Evening Extra
Conor Bradford presents news on the half-hour, sport, traffic and weather reports, and the latest in agri-business news.

6.05 Farming Matters
Voices, views, stories, news and chat from Northern Ireland's rural community, hosted by Nicola Weir.

7.05 Blas
Ag coinneáil an lucht éisteachta ar an eolas faoi na himeachtaí ar gá iad a fheiceáil agus a chluinstin i saol ealaíne agus cultúir na Gaeilge agus níos faide ó bhaile.
Dáithí O Muirí keeps listeners up-to-date with all that's happening in the arts.

7.30 The Stephen McCauley Show
The best in alternative music from punk to electronica from home and abroad, featuring live performance, interviews and more. Including news at **8.00** and **9.00**.

9.30 Ralph McLean – Local Voices
Ralph McLean presents a selection of Irish music, sessions and chat from new Northern Ireland artists and established acts. Includes news at **10.00**.

11.05 The Late Show with Eve Blair
John Kerr sits in with the best in chilled-out music, including a mix of easy listening melodies both old and new, together with material by the Artist of the Week.
Email: eve.blair@bbc.co.uk

12.00 *as Radio 5 Live*

Wednesday

RADIO ULSTER NEWS: *see Monday*

6.30am Good Morning Ulster
The day's news with Noel Thompson, including regular news, travel and sport updates and analysis of finance and business news, plus the main agri-business news in *Farm Gate* and *Thought for the Day* at **6.55** and **7.55**.
Email: good.morning.ulster@bbc.co.uk

9.05 The Nolan Show
Breaking news and hard-hitting topical debate with Stephen Nolan. Including news and travel at **10.00**.
Phone: 03030 80 55 55
Text: 81771
Email: nolan@bbc.co.uk

10.30 Mid-Morning Show
A guest host presents a morning mix of music, chat and the odd phone-call. Including news at **11.00**.

12.05pm Talkback
William Crawley and the team present the news and invite listeners' on-air reaction to all the breaking stories of the day. Including news at **12.00** and **1.00pm**.
Phone: 03030 80 55 55
Email: talk.back@bbc.co.uk
bbc.co.uk/talkback

1.30 Hugo Duncan
The best in country music. With news and travel at **2.00**.
Phone: 03030 80 55 55
Text: 81771

3.05 The Lynette Fay Show
Nuala McKeever sits in for Lynette, with a light-hearted mix of music and chat.
Text: 81771
Email: lynette.fay@bbc.co.uk

4.00 Evening Extra
Seamus McKee presents news on the half-hour, plus sport, traffic and weather reports, and the latest agri-business.

6.05 Stories in Sound
As a child, Marie-Louise Muir was enthralled by Maureen O'Hara, the fiery, flame-haired star of *The Quiet Man*. Now, 100 years after O'Hara's birth, Marie-Louise heads to Los Angeles to meet family and friends who knew her best.
Repeated from Saturday 12.05pm

6.30 How to Have a Northern Irish Wedding
5/6. By Ciaran Bartlett.
Jack and Sarah drag Paulsy and Aisling along to a pre-marriage course. Brendan Quinn and Chloe Hodgens star.
Repeated from Saturday 10.30am

7.05 Blas
Caint agus comhrá faoi imeachtaí an tsaoil mhóir agus shaol an ghnáthlae. Má tá sé i mbéal an phobail, beidh sé i mbéal Mháire agus a haíonna chomh maith!
Máire Bhreathnach presents all the latest news on local and international events and the issues of the day.

7.30 The Stephen McCauley Show
The best in alternative music from punk to electronica from home and abroad, featuring live performance, interviews and more. Including news at **8.00** and **9.00**.

9.30 Ralph McLean – Rock and Soul
The best in classic rock, soul, blues, pop, gospel, reggae and funk music during his weekly journey through some of the most soulful music ever made. Includes news at **10.00**.

10.55 Wah Yan Jee Sing
Local information on health and social issues in Cantonese.

11.05 The Late Show with Eve Blair
John Kerr sits in with the best in chilled-out music, including a mix of easy listening melodies both old and new, together with material by the **Artist of the Week**.
Email: eve.blair@bbc.co.uk

12.00 *as Radio 5 Live*

Thursday

RADIO ULSTER NEWS: *see Monday*

6.30am Good Morning Ulster
The day's news with Noel Thompson, including regular news, travel and sport updates and analysis of finance and business news, plus the main agri-business news in *Farm Gate* and *Thought for the Day* at **6.55** and **7.55**.
Email: good.morning.ulster@bbc.co.uk

9.05 The Nolan Show
Breaking news and hard-hitting topical debate with Stephen Nolan. Listeners can share their views by phone, text or e-mail. Including news and travel at **10.00**.
Phone: 03030 80 55 55
Text: 81771
Email: nolan@bbc.co.uk

10.30 Mid-Morning Show
A guest host presents a morning mix of music, chat and the odd phone-call. Including news at **11.00**.

12.00 Talkback
William Crawley and the team present the news and invite listeners' on-air reaction to all the breaking stories of the day. Including news at **12.00** and **1.00pm**.
Phone: 03030 80 55 55
Email: talk.back@bbc.co.uk
bbc.co.uk/talkback

1.30pm Hugo Duncan
The best in country music old and new, plus the opportunity for listeners to submit requests by phone or text. With news and travel at **2.00**.
Phone: 03030 80 55 55
Text: 81771

3.05 The Lynette Fay Show
Nuala McKeever sits in for Lynette, with a light-hearted mix of music and chat.
Text: 81771
Email: lynette.fay@bbc.co.uk

4.00 Evening Extra
Seamus McKee presents news on the half-hour, plus sport, traffic and weather reports, and the latest agri-business.

6.05 The Ticket
From blockbuster movies to comedy gigs, Kathy Clugston has just the ticket, offering ideas on how listeners can spend their leisure hours.

7.05 Blas
Dearcadh an duine óig ar ábhair a bhfuil spraoi ag baint leo agus ábhair níos troime, gach rud ón stíl mhaireachtála go taisteal agus cúrsaí spóirt.
A youthful view of lifestyle issues, travel, sport, beauty, fashion, cookery and more. With Caoimhe Ní Chathail.

7.30 The Stephen McCauley Show
The best in alternative music from punk to electronica from home and abroad, featuring live performance, interviews and more. Including news at **8.00** and **9.00**.

9.30 Ralph McLean – Country
From the sounds of Nashville to new bluegrass, Ralph takes another journey into the world of American roots music, offering a selection of classic tracks, live performance and timeless Americana along the way. Including news at **10.00**.

11.05 The Late Show with Eve Blair
The best in chilled-out music, including a mix of easy listening melodies both old and new, together with material by the **Artist of the Week**.
Email: eve.blair@bbc.co.uk

12.00 *as Radio 5 Live*

Foyle

Friday

RADIO ULSTER NEWS: *see Monday*

6.30am Good Morning Ulster
News from home and abroad, with Joel Taggart. Including regular news, travel and sport updates and analysis of finance and business news, plus agri-business news in *Farm Gate* and *Thought for the Day* at **6.55** and **7.55**.
Email: good.morning.ulster@bbc.co.uk

9.05 The Nolan Show
Hard-hitting topical debate with Stephen Nolan. Including news and travel at **10.00**.
Phone: 03030 80 55 55
Text: 81771
Email: nolan@bbc.co.uk

10.30 Mid-Morning Show
Music, chat and dedications. Including news at **11.00**.

12.00 Talkback
William Crawley presents news, views and reaction to the day's stories. Including news at **12.00** and **1.00pm**.
Phone: 03030 80 55 55
Email: talk.back@bbc.co.uk
bbc.co.uk/talkback

1.30pm Hugo Duncan
Country music old and new. With news and travel at **2.00**.
Phone: 03030 80 55 55
Text: 81771

3.05 The Vinny Hurrell Show
Music, chat and a bit of craic to get the weekend under way.
Text: 81771
Email: vinny.hurrell@bbc.co.uk

4.00 Evening Extra
Seamus McKee presents news on the half-hour, plus sport, traffic and weather reports, and the latest agri-business.

5.30 Inside Politics
Mark Devenport casts an expert eye over the week's events on the political scene.

6.05 The Shane Todd Show
Live music, irreverent humour and ridiculous games. Including news at **7.00**.

7.30 The Mickey Bradley Record Show
A selection of vintage rock, pop, and new releases. With news at **8.00** and **9.00**.
Text: 81771
Email: michael.bradley@bbc.co.uk

9.30 Blas Ceoil
Cuireann Caoimhe "Ceol" Ní Chathail tús spleodrach le do dheireadh seachtaine. Ceol traidisiúnta, fréamh agus dúchasach, le heisiúint í úra, sonraí gigeanna agus seisiúin bheo.
Caoimhe "Ceol" Ní Chathail introduces new releases, gig guide details and live acoustic sessions. With news at **10.00**.

10.30 Folk Club with Lynette Fay
Traditional and contemporary folk music and song with studio guests, concert performances, new releases and vintage vinyl. Including news at **11.00**.

12.00 *as Radio 5 Live*

BBC Northern Ireland Broadcasting House Ormeau Avenue, Belfast BT2 8HQ 02890 338 000 Phone-in 0845 955 5678

RADIO FOYLE

As Radio Ulster except:

Sunday

RADIO FOYLE NEWS: hourly 9.00am to 4.00pm (not 2.00pm)

5.05pm–6.00 Rejoice
James McClelland presents gospel favourites and sacred music, plus listeners' requests and dedications.
To get in touch with the show, write to 8 Northland Road, Londonderry BT48 7GD.

Weekdays

RADIO FOYLE NEWS: hourly 7.00am to 3.00pm, plus 7.30am, 8.30

6.30am Good Morning Ulster
The day's news presented by: **Mon:** Joel Taggart and Noel Thompson; **Tue–Thu:** Noel Thompson; **Fri:** Joel Taggart. Including regular travel and sport updates and analysis of finance and business news, plus the main agri-business news in *Farm Gate* and *Thought for the Day* at **6.55**.

7.00 The Breakfast Show
Local, national and international news, plus the latest weather and travel updates for the north west of Northern Ireland.

9.05 The Nolan Show
Breaking news and hard-hitting topical debate with Stephen Nolan. Listeners can share their views by phone, text or email. Including news and travel at **10.00**.
Phone: 03030 80 55 55
Text: 81771
Email: nolan@bbc.co.uk

10.30 Mid-Morning Show
A guest host presents a morning mix of music, chat and the odd phone-call. Including news at **11.00**.

12.00 Talkback
William Crawley and the team present the news and invite listeners' on-air reaction to all the breaking stories of the day, from politics to health, consumer issues and education.
Phone: 03030 80 55 55
Email: talk.back@bbc.co.uk
bbc.co.uk/talkback

1.00pm The News at One
Round-up of the day's local, national and international news stories. Plus the latest sports headlines.

1.30 The Mark Patterson Show
Issues affecting the daily lives of people in the North West. Including news at **2.00**.

3.05–4.00 Sean Coyle
The host brightens up the day with great music and chat, plus listeners are invited to phone in with their requests.

Fri: 7.30–10.00 *(FM only)*
Foyle Sportsound
Derry City v Sligo Rovers, the League of Ireland Premier Division match at Ryan McBride Brandywell Stadium (kick-off **7.45**). With commentary by Eric White and Liam Coyle.

BBC Radio Foyle, 8 Northland Road Londonderry BT48 7GD Tel: 02871 266 522

Frequencies

National

BBC Radio 1
FM 97.9–99.7
BBC Radio 2
FM 88.3–90.1
BBC Radio 3
FM 90.5–92.3
BBC Radio 4
93.2 (Ballycastle),
93.2 (Carnmoney Hill),
94 (Limavady),
94.9 (Londonderry),
95.6 (Brougher Mountain),
96 (Belfast),
103.5 (Larne),
103.9 (Rostrevor Forest/Kilkeel),
104.6 (Camlough),
(R4 FM cannot be heard in some parts of N Ireland)
LW 198 MW 720, 774 (Enniskillen (carry LW programmes)
BBC Radio 5 Live
MW 693, 909
BBC Radio Foyle
FM 93.1, MW 792 (Londonderry)
BBC Radio Ulster
FM 92.7–95.4, MW 1341, 873 (Enniskillen)

RTE Radio 1
FM 87.8–90.0, LW 252
RTE 2FM 90.4–92.2, 97
RTE Raidió na Gaeltachta
92.6–94.4, 102.7
RTE Lyric FM 97.8–99.6, 92.2, 95.2, 96.7, 102.2

Classic FM 99.9–101.9 (not Freeview)
Talksport MW 1053, 1089
Absolute MW 1215
Today FM FM 105.5

All the above stations are also broadcast via Freeview, satellite, cable, digital radio and the internet.

Local

Cool FM 97.4
Music, news and sport
Downtown FM 102.3 (Ballymena), 96.6 (Omagh/Enniskillen), 97.1 (Larne), 96.4 (Limavady), 102.4 (Londonderry), 103.4 (Newcastle), 103.1 (south Newry), MW 1026 (Belfast) Music, news
Q FM 96.7 (Belfast), 102.5 (Bangor), 102.5 (Carrickfergus), 102.9 (North West), 97.2 (North Coast), 97.6 (Ballycastle), 107.0 (Mid Antrim), 107.6 (Larne), 106.0 (Mid Ulster), 107.2 (Dungannon), 106.3 (Maghera), 101.2 (Tyrone/Fermanagh), 102.1 (Enniskillen), 100.5 (Newry & Mourne), 101.1 (Kilkeel), 101.1 (Newcastle)

Get listings for digital, national and local radio at radiotimes.com/radio/radio-listings

BBC Radio Wales

Face behind the voice

Juggy Sohal BBC Radio Cambridgeshire



Age 29
Current job Presenter of the new *BBC Upload* programme on BBC Radio Cambridgeshire *(Wed 8pm)*, showcasing the artistic talents of listeners – a nationwide initiative across BBC local radio stations.
CV Born in Bedford, studied English and film at Brunel University, west London, then worked in the family business while also doing a hospital radio show: "You could say, I was testing the waters!" Then took an ad sales job in London, also presenting a bhangra show for Shoreditch community radio and co-hosting their weekend breakfast show, before gaining a regular slot on Vibe 107.6. He also developed a TV talk show series for young Asians on the Sikh Channel.
Best moment "On the new *Upload* show, I played a song a listener wrote as a tribute to his wife who had passed away. It was a really nice moment. Afterwards he messaged, saying how happy it had made him to hear it on the radio. And I thought, 'This is what I'm meant to be doing'."
Worst moment "In the studio you man the control desk and do everything. My first guest was nervy, so I was chatting to them – and pressed the wrong button. Instead of music, everyone just heard the guest saying, 'I'm so nervous…' Chaos!"
Off air "I still work as an account manager at a publishing company, as well as being a kids' party DJ at the weekends. (You always need to have another couple of plates spinning, in this business…!) And I've just started boxing – it keeps you fit and gives you a real workout."
First radio memory "Collecting requests for my hospital radio show. One patient said, 'Play anything – just don't play Justin Bieber'. And another asked for Mariah Carey singing *All I Want for Christmas* – in September!"
Favourite broadcasters "Chris Moyles – listening to him opened me up to the idea of being a presenter. Dermot O'Leary, because he's real. And Davina McCall – such a fun personality."
Ambition "I'm passionate about diversity and – like Reggie Yates, whose work I really admire – I want to make documentaries for mainstream audiences now."
Dream job "To host a breakfast show on a big national radio station (I was going to say Radio 1, but I'm creeping over the age bracket for that!)."
Secret skills "I can keep 30 four-year-olds entertained for two hours – so I'm a genius babysitter! Also, I'm really good at the Carlton dance from *The Fresh Prince of Bel-Air*…" **CAROLINE MEYER**

bbc.co.uk/radiocambridgeshire
Search for **BBC Upload** at *bbc.co.uk*

Saturday

NEWS: hourly 6.00am to 2.00pm plus 5.30pm
WEATHER: before most news bulletins
HILL FORECAST: 6.59am

5.00am Vicki Blight
Music and chat.
7.00 Radio Wales Breakfast
News, sport, travel and weather, with Oliver Hides.
9.00 Money for Nothing
Owen Money presents a lively mix of music and humour.
Telephone: 03700 100 110
11.30 Carol Vorderman
Music and conversation.
1.30pm Live from Aberystwyth Pier
Ep 3. Kiri Pritchard-McLean introduces performances from Aberystwyth Comedy Festival by Tudur Owen, Yuriko Kotani and Jordan Brookes.
Repeated from last Monday
2.00 Radio Wales Sport
England v Wales (kick-off **4.45**), the Six Nations encounter at Twickenham. Plus updates on the afternoon's football.
6.30 Call Rob Phillips
Ian Hunt sits in, encouraging listeners to phone in and share their thoughts on the day's sporting action.
Telephone: 03700 100 110
Text: 81012
Tweet @bbcradiowales
7.30 Bethan Elfyn
A mix of classic rock, new tunes and indie anthems, as well as music from up-and-coming Welsh acts.
10.00 Adam Walton
The best in new Welsh music, featuring exclusive sessions, interviews and demos.
1.00am–5.00 *as World Service*

Sunday

NEWS: hourly 7.00am to 6.00pm
WEATHER: before most news bulletins
HILL FORECAST: 6.58am

5.00am Vicki Blight
Music and chat.
6.30 Science Café
Adam Walton presents a guide to the latest developments in the scientific world, including cutting-edge technologies and current research.
Repeated from last Tuesday
7.00 Country Focus
News on rural issues for people working, living or visiting the Welsh countryside.
7.30 Celebration
A service to mark the second Sunday in Lent, led by the Rev Cathy Gale, minister at Whitchurch Methodist Church in Cardiff.
8.00 Sunday Supplement
Weekly magazine show looking at the world of Welsh politics, news and the Sunday papers.
9.00 All Things Considered
Religious affairs programme, tackling the thornier issues of the day in a thought-provoking manner.
Repeated Tuesday 5.30am
Email: religion.wales@bbc.co.uk
9.30 Sunday Morning with Scott Quinnell and Co
Music and chat with Scott and Amanda Protheroe-Thomas.
11.00 Owen Money's Solid Gold Sunday
The entertainer plays a selection of classic hits from the 1960s and 70s.
1.00pm Aled Jones
Broadcaster and journalist Anne Diamond joins Aled for music and conversation. Repeat
2.00 Lynn Bowles
The broadcaster invites guests from all walks of life to chat, and offers listeners the opportunity to interact.
4.00 Roy Noble
The host presents classic songs from the 40s, 50s and beyond, together with the usual mix of conversation.
Email: roy.noble@bbc.co.uk
6.00 The Listening Project
Felicity Evans presents another selection of conversations recorded in Wales for the Radio 4 series, a collaboration with the British Library that captures the nation in conversation.
Repeated from last Thursday
bbc.co.uk/listeningproject
6.30 Eye on Wales
Current affairs programme focusing on major issues, offering explorations of the day's most pressing stories and broadcasting rarely heard voices. Repeat
7.00 Celtic Heartbeat
Frank Hennessy introduces folk roots and acoustic music from the Celtic nations and the rest of the world. Featuring a regular mix of guests, sessions, reviews and the weekly gig guide.
9.00 Beverley's World of Music
Broadcaster Beverley Humphreys introduces a selection of popular orchestral and choral works from stage and screen.
11.00 Lisa Gwilym
A selection of fine tunes from the sixties through to today with Lisa Gwilym.
1.00am–5.30 *as World Service*

Monday

NEWS: hourly 6.00am to 10.00pm, plus 5.30am and 6.30
WEATHER: before most news bulletins

5.30am The Review Show
Monthly magazine show in which Gary Raymond and guests cast a critical eye over what is going on in the Welsh arts scene.
Repeated from last Friday
6.00 Radio Wales Breakfast
News, sport, travel and weather, with Claire Summers.
8.30 Jason Mohammad
The broadcaster presents music, chat and the day's leading stories.
11.05 Wynne Evans
The opera singer presents a mix of music, chat and celebrity guests.
2.05pm Eleri Siôn
A lively mixture of conversation, entertainment, music and advice. Plus the **2.45** *Teaser*.
5.00 Gareth Lewis
The latest stories and developments from Wales and the world, featuring sport, weather and travel news.
6.30 The Musical Life of…
New series. Ep 1. Musical comedy by Dan Kiss and Dave Cribb celebrating great Welsh people, beginning with Mike Bubbins charting the trials and tribulations of Labour Party stalwart Aneurin Bevan. With Steph Siadatan, Garnon Davies, Amanda Wilkin, Tom Price and Abi Burdess.
7.00 Janice Long
A range of songs from the 1960s right through to today, as well as new music and artists from Wales.
10.00 Chris Needs
The host presents a selection of late-night tracks and chat.
Telephone: 03700 100 110
1.00am–5.30 *as World Service*

Tuesday

NEWS AND WEATHER: as Monday

5.30am All Things Considered
Religious affairs programme, tackling the issues of the day in a thought-provoking manner.
Repeated from Sunday 9am
Email: religion.wales@bbc.co.uk
6.00 Radio Wales Breakfast
News, sport, travel and weather, with Claire Summers.
8.30 Jason Mohammad
The broadcaster presents music, chat and news stories.
11.00 Wynne Evans
The opera singer presents a mix of music, chat and celebrity guests.
2.00pm Eleri Siôn
A lively mixture of conversation, entertainment, music and advice. Plus the **2.45** *Teaser*.
5.00 Gareth Lewis
The latest stories and developments, featuring sport, weather and travel news.
6.30 40 Winks with Sarah Breese
The comedian explores insomnia, with neuroscientist Dean Burnett talking the science of sleep and expert Alex Perkins telling her about physiological factors and sleep apnoea.
Repeated tomorrow 5.30am
7.00 Janice Long
A range of songs from the 1960s right through to today, as well as new music and artists from Wales.
10.00 Chris Needs
The host presents a selection of late-night tracks and chat.
Telephone: 03700 100 110
1.00am–5.30 *as World Service*

Wednesday

NEWS AND WEATHER: as Monday

5.30am 40 Winks with Sarah Breese
The comedian explores insomnia, with neuroscientist Dean Burnett talking the science of sleep and expert Alex Perkins telling her about physiological factors and sleep apnoea.
Repeated from yesterday 6.30pm
6.00 Radio Wales Breakfast
News, sport, travel and weather, with Claire Summers.
8.30 Jason Mohammad
The broadcaster presents music, chat and the day's leading stories.
11.00 Wynne Evans
The opera singer presents a mix of music, chat and celebrity guests.
2.00pm Eleri Siôn
A lively mixture of conversation, entertainment, music and advice. Plus the **2.45** *Teaser*.
5.00 Gareth Lewis
The latest stories and developments from Wales and the world, featuring sport, weather and travel news.
6.30 Eye on Wales
Current affairs programme focusing on major issues, offering explorations of the day's most pressing stories and broadcasting rarely heard voices.
Repeated tomorrow 5.30am
7.00 Janice Long
A range of songs from the 1960s right through to today, as well as new music and artists from Wales.
10.00 Chris Needs
The host presents a selection of late-night tracks and chat.
Telephone: 03700 100 110
1.00am–5.30 *as World Service*

Thursday

NEWS AND WEATHER: as Monday

5.30am Eye on Wales
Current affairs programme focusing on major issues, offering explorations of the day's most pressing stories and broadcasting rarely heard voices.
Repeated from yesterday 6.30pm
6.00 Radio Wales Breakfast
News, sport, travel and weather, with Claire Summers.
8.30 Dot Davies
Real-life stories, music, topical discussion and a chance to speak directly to Wales's decision makers.
11.00 Wynne Evans
The opera singer presents a mix of music, chat and celebrity guests.
2.00pm Eleri Siôn
A lively mixture of conversation, entertainment, music and advice. Plus the **2.45** *Teaser*.
5.00 Gareth Lewis
The latest stories and developments from Wales and the world, featuring sport, weather and travel news.
6.30 The Listening Project
Felicity Evans presents a selection of conversations recorded in Treorchy for the Radio 4 series, a collaboration with the British Library that captures the nation in conversation.
Repeated tomorrow 5.30am
bbc.co.uk/listeningproject
7.00 Janice Long
A range of songs from the 1960s right through to today, as well as new music and artists from Wales.
10.00 Chris Needs
The host presents a selection of late-night tracks and chat.
Telephone: 03700 100 110
1.00am–5.30 *as World Service*

Friday

NEWS AND WEATHER: as Monday

5.30am The Listening Project
Felicity Evans presents a selection of conversations recorded in Treorchy for the Radio 4 series, a collaboration with the British Library that captures the nation in conversation.
Repeated from yesterday 6.30pm
bbc.co.uk/listeningproject
6.00 Radio Wales Breakfast
News, sport, travel and weather, with Oliver Hides.
8.30 Jiffy's Six Nations Breakfast
Jonathan Davies takes listeners' calls about the tournament.
9.00 Dot Davies
Real-life stories, music, topical discussion and a chance to speak directly to Wales's decision makers.
11.00 Wynne Evans
The opera singer presents a mix of music, chat and celebrity guests.
2.00pm Eleri Siôn
A lively mixture of conversation, entertainment, music and advice. Plus the **2.45** *Teaser*.
5.00 Gareth Lewis
The latest stories and developments from Wales and the world, featuring sport, weather and travel news.
6.30 Radio Wales Arts Show
Round-up of reviews and reports on the latest developments in Wales's arts scene, as well as analysis from around the country. Presented by Nicola Heywood Thomas.
7.00 Radio Wales Sport
Round-up of events, including news as it happens and live commentaries.
10.00 Chris Needs
The host presents a selection of late-night tracks and chat.
Telephone: 03700 100 110
1.00am–5.00 *as World Service*

BBC Wales, Broadcasting House Llandaff, Cardiff CF5 2YQ
Tel: 03700 100 222
Phone-ins: 03700 100 110 (landline calls charged at a maximum of 8p per minute)
SMS: 81012
bbc.co.uk/radiowales

Listen on the internet at radiotimes.com/radio/radio-listings

Cymru

Sadwrn

5.30am Caniadaeth y Cysegr
Hanner awr o ganu cynulleidfaol.
Ail-ddarlledir Sul 4.30pm

6.00 Byd Amaeth
Dei Tomos gyda newyddion a sgyrsiau'n ymwneud â ffermio.

6.30 Galwad Cynnar
Gerallt Pennant a'i westeion yn trafod natur, bywyd gwyllt a chadwraeth.
EBOST: galwadcynnar@bbc.co.uk

8.00 Post Cyntaf
Newyddion a chwaraeon bore Sadwrn.
EBOST: post.cyntaf@bbc.co.uk

8.30 Ar y Marc
Dylan Jones a'r criw yn trafod pob math o bethau'n ymwneud â phêl-droed.
EBOST: arymarc@bbc.co.uk

9.00 Tudur Owen
Lot o fwydro, 'chydig o sylwedd, dim swmp.

11.00 Y Sioe Sadwrn
Cerddoriaeth ac adloniant gyda Geraint Hardy ac Elan Evans.

2.00pm Chwaraeon Radio Cymru
Sylwebaethau byw, gan gynnwys o gêm rygbi Lloegr v Cymru. Hefyd canlyniadau a'r newyddion chwaraeon diweddaraf.

5.30 Marc Griffiths
Cymysgedd o'r hen a'r newydd i ddiddanu ar nos Sadwrn, gan gynnwys llwyth o geisiadau, gydag Aled Wyn Phillips yn cyflwyno yn lle Marc Griffiths.
EBOST: marc.griffiths@bbc.co.uk

9.00 Gaynor
Cerddoriaeth a chwmnïaeth ar nos Sadwrn.
Ffôn: 03703 500500

12.00 *gweler Radio 5 Live*

Sul

5.30am Yr Oedfa
Gwasanaeth ar y Sul i wrandawyr Radio Cymru, dan ofal y Parchedig Ieuan Elfryn Jones.
Ail-ddarlledir am 11.30am

6.00 Elin Manahan Thomas
Y soprano Elin Manahan Thomas yn cyflwyno cerddoriaeth ar gyfer bore Sul.

8.00 Bwrw Golwg
John Roberts a'i westeion yn trafod materion moesol a chrefyddol.
EBOST: bwrw.golwg@bbc.co.uk

8.30 Dewi Llwyd ar Fore Sul
Adolygiad o'r papurau Sul, cerddoriaeth hamddenol, a sylw i'r celfyddydau.

10.00 Richard Rees
Cerddoriaeth a chwmnïaeth i helpu i ymlacio ar fore Sul.

11.30 Yr Oedfa
Gwasanaeth ar y Sul i wrandawyr Radio Cymru, dan ofal y Parchedig Ieuan Elfryn Jones.
Darlledwyd am 5.30am

12.00 Beti a'i Phobol
Yr ymgyrchydd Sian Stephen sy'n sgwrsio gyda Beti George.
Ail-ddarlledir Iau am 6pm

1.00pm Cofio
Archif, atgof a chân wrth i John Hardy drafod pob math o bethau'n ymwneud ag awyrennau.
Ail-ddarlledir Mercher am 6pm

2.00 Hywel Gwynfryn
Amrywiaeth o gerddoriaeth, yn ogystal â phytiau o raglenni Radio Cymru o'r wythnos a fu.

4.00 Y Ddadl Fawr
Garry Owen yn cyflwyno cystadleuaeth siarad cyhoeddus i'r rhai rhwng 16–18 oed.

4.30 Caniadaeth y Cysegr
Hanner awr o ganu cynulleidfaol.
Darlledwyd Sadwrn 5.30am

5.00 Tynged y Genedl: Rhaglen I
Cymru? Gwir ynteu gau? Dyna'r cwestiwn mae'r dramodydd Ian Rowlands yn ei ofyn wrth iddo edrych ar berthynas y Cymry Cymraeg a di-Gymraeg yn y Gymru gyfoes.

5.30 Dei Tomos
Sgyrsiau am Gymru, ei phobl a'i diwylliant.
EBOST: deitomos@bbc.co.uk

7.00 Stori Tic Toc
Stori i blant bach yn cael ei darllen gan un o gymeriadau Cyw. Dewch i wrando ar stori Y Botel Sos Coch, wrth i Daniel gael ffrind anghyffredin iawn i gadw cwmni iddo wrth y bwrdd bwyd.

7.05 Y Talwrn
Y Cŵps a Bro Alaw sy'n cystadlu i fod yn bencampwyr Y Talwrn yn 2020.

8.00 Ar Eich Cais
Rhys Meirion yn darllen cyfarchion ac yn chwarae ceisiadau.
EBOST: areichcais@bbc.co.uk

9.00 John ac Alun
Cerddoriaeth a sgwrsio i gloi'r penwythnos.

12.00 *gweler Radio 5 Live*

Llun

5.30am John Hardy
Cerddoriaeth a chwmnïaeth ben bore, gyda bwletinau newyddion, chwaraeon, tywydd a thraffig. Hefyd, y bwletin amaeth dyddiol, yn ogystal â golwg ar y papurau.

8.00 Post Cyntaf
Dylan Jones a Kate Crockett gyda'r newyddion diweddaraf yng Nghymru a thu hwnt.
EBOST: post.cyntaf@bbc.co.uk

8.30 Aled Hughes
Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.

10.00 Bore Cothi
Croeso cynnes dros baned gyda Shân Cothi.

12.00 Dros Ginio
Trin a thrafod Cymru a'r byd. Dewi Llwyd sy'n codi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi.
EBOST: drosginio@bbc.co.uk
Ffôn: 03703 500 500

2.00pm Ifan Evans
Digon o gerddoriaeth, chwerthin a sgwrsio, yn ogystal â chystadleuaeth neu ddwy, gyda Trystan Ellis-Morris yn lle Ifan Evans.

5.00 Post Prynhawn
Newyddion y dydd yng Nghymru a thu hwnt.
EBOST: postprynhawn@bbc.co.uk
Post Prynhawn, BBC Radio Cymru
Canolfan y BBC, Bryn Meirion
Bangor, LL57 2BY

6.00 Stiwdio
Golwg ar y celfyddydau yng Nghymru a thu hwnt.

7.00 Recordiau Rhys Mwyn
Clasuron coll o gasgliad Mr Mwyn, a gwesteion yn hel atgofion.

10.00 Geraint Lloyd
Cerddoriaeth a sgwrsio ar y shifft hwyr. Pwy yw perchennog newydd yr het yr wythnos hon?.
EBOST: geraint.lloyd@bbc.co.uk
Ffôn: 03703 500500

12.00 *gweler Radio 5 Live*

Mawrth

5.30am John Hardy
Cerddoriaeth a chwmnïaeth ben bore, gyda bwletinau newyddion, chwaraeon, tywydd a thraffig. Hefyd, y bwletin amaeth dyddiol, yn ogystal â golwg ar y papurau.

7.00 Post Cyntaf
Dylan Jones a Kate Crockett gyda'r newyddion diweddaraf yng Nghymru a thu hwnt.
EBOST: post.cyntaf@bbc.co.uk

8.30 Aled Hughes
Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.

10.00 Bore Cothi
Croeso cynnes dros baned gyda Shân Cothi.

12.00 Dros Ginio
Trin a thrafod Cymru a'r byd. Jennifer Jones sy'n codi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi.
EBOST: drosginio@bbc.co.uk
Ffôn: 03703 500 500

2.00pm Ifan Evans
Digon o gerddoriaeth, chwerthin a sgwrsio, yn ogystal â chystadleuaeth neu ddwy.

5.00 Post Prynhawn
Newyddion y dydd yng Nghymru a thu hwnt.
EBOST: postprynhawn@bbc.co.uk
Post Prynhawn, BBC Radio Cymru
Canolfan y BBC, Bryn Meirion
Bangor, LL57 2BY

6.00 Dei Tomos
Sgyrsiau am Gymru, ei phobl a'i diwylliant, mewn fersiwn fyrrach o raglen nos Sul.
EBOST: deitomos@bbc.co.uk

7.00 Hwyrnos Georgia Ruth
Dewis eclectig o gerddoriaeth o gasgliad Georgia Ruth, yn cynnwys cerddoriaeth ryngwladol, byd a thraciau Cymraeg arbrofol.

10.00 Geraint Lloyd
Cerddoriaeth a sgwrsio ar y shifft hwyr. Tybed lle sydd Ar y Map heno?.
EBOST: geraint.lloyd@bbc.co.uk
Ffôn: 03703 500500

12.00 *gweler Radio 5 Live*

Mercher

5.30am John Hardy
Cerddoriaeth a chwmnïaeth ben bore, gyda bwletinau newyddion, chwaraeon, tywydd a thraffig. Hefyd, y bwletin amaeth dyddiol, yn ogystal â golwg ar y papurau.

7.00 Post Cyntaf
Dylan Jones a Kate Crockett gyda'r newyddion diweddaraf yng Nghymru a thu hwnt.
EBOST: post.cyntaf@bbc.co.uk

8.30 Aled Hughes
Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.

10.00 Bore Cothi
Croeso cynnes dros baned gyda Shân Cothi.

12.00 Dros Ginio
Trin a thrafod Cymru a'r byd. Dewi Llwyd sy'n codi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi.
EBOST: drosginio@bbc.co.uk
Ffôn: 03703 500 500

2.00pm Ifan Evans
Digon o gerddoriaeth, chwerthin a sgwrsio, yn ogystal â chystadleuaeth neu ddwy.

5.00 Post Prynhawn
Newyddion y dydd yng Nghymru a thu hwnt.
EBOST: postprynhawn@bbc.co.uk
Post Prynhawn, BBC Radio Cymru
Canolfan y BBC, Bryn Meirion
Bangor, LL57 2BY

6.00 Cofio
Archif, atgof a chân wrth i John Hardy drafod pob math o bethau'n ymwneud ag awyrennau.
Darlledwyd Sul am 1pm

7.00 Lisa Gwilym yn Cyflwyno…
Cerddoriaeth newydd orau Cymru mewn un lle.

9.00 Awr Werin Lisa Gwilym
Cerddoriaeth werin, a sgyrsiau gyda rhai o'r unigolion a'r grwpiau sy'n ymwneud â'r maes.

10.00 Geraint Lloyd
Cerddoriaeth a sgwrsio ar y shifft hwyr, gan gynnwys y sgwrs wythnosol gyda Ffrind y Rhaglen.
EBOST: geraint.lloyd@bbc.co.uk
Ffôn: 03703 500500

12.00 *gweler Radio 5 Live*

Iau

5.30am John Hardy
Cerddoriaeth a chwmnïaeth ben bore, gyda bwletinau newyddion, chwaraeon, tywydd a thraffig. Hefyd, y bwletin amaeth dyddiol, yn ogystal â golwg ar y papurau.

7.00 Post Cyntaf
Dylan Jones a Kate Crockett gyda'r newyddion diweddaraf yng Nghymru a thu hwnt.
EBOST: post.cyntaf@bbc.co.uk

8.30 Aled Hughes
Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.

10.00 Bore Cothi
Croeso cynnes dros baned gyda Shân Cothi.

12.00 Dros Ginio
Trin a thrafod Cymru a'r byd. Catrin Haf Jones sy'n codi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi.

2.00pm Ifan Evans
Digon o gerddoriaeth, chwerthin a sgwrsio, yn ogystal â chystadleuaeth neu ddwy.

5.00 Post Prynhawn
Newyddion y dydd yng Nghymru a thu hwnt.
EBOST: postprynhawn@bbc.co.uk
Post Prynhawn, BBC Radio Cymru
Canolfan y BBC, Bryn Meirion
Bangor, LL57 2BY

6.00 Beti a'i Phobol
Yr ymgyrchydd Sian Stephen sy'n sgwrsio gyda Beti George.

7.00 Byd Huw Stephens
Cerddoriaeth newydd, ambell berl anghyfarwydd o'r archif, a mix gwaith cartref.

10.00 Geraint Lloyd
Cerddoriaeth a sgyrsiau o bob math ar y shifft hwyr, o fyd ralïo a moduron i fywyd cefn gwlad!.
EBOST: geraint.lloyd@bbc.co.uk
Ffôn: 03703 500500

12.00 *gweler Radio 5 Live*

Gwener

5.30am John Hardy
Cerddoriaeth a chwmnïaeth ben bore, gyda bwletinau newyddion, chwaraeon, tywydd a thraffig. Hefyd, y bwletin amaeth dyddiol, yn ogystal â golwg ar y papurau.

7.00 Post Cyntaf
Y newyddion diweddaraf yng Nghymru a thu hwnt gyda Dylan Jones a Gwenllian Grigg.
EBOST: post.cyntaf@bbc.co.uk

8.30 Aled Hughes
Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.

10.00 Bore Cothi
Croeso cynnes dros baned gyda Shân Cothi.

12.00 Dros Ginio
Trin a thrafod Cymru a'r byd. Dewi Llwyd sy'n codi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi.
EBOST: drosginio@bbc.co.uk
Ffôn: 03703 500 500

2.00pm Tudur Owen
Lot o fwydro, 'chydig o sylwedd, dim swmp.

5.00 Post Prynhawn
Newyddion y dydd yng Nghymru a thu hwnt.
EBOST: postprynhawn@bbc.co.uk
Post Prynhawn, BBC Radio Cymru
Canolfan y BBC, Bryn Meirion
Bangor, LL57 2BY

6.00 Sian Eleri
Awr yng nghwmni Sian Eleri a'i dewis o gerddoriaeth.

7.00 Penwythnos Geth a Ger
Cerddoriaeth a hwyl gyda Geth a Ger, gan gynnwys Llinell yr Wythnos *Pobol y Cwm*!.

10.00 Geraint Lloyd
Cerddoriaeth a sgwrsio ar y shifft hwyr. Ar ddiwedd yr wythnos, beth am i ni ddarganfod sut hwyl cafodd perchennog yr het yr wythnos hon?.
EBOST: geraint.lloyd@bbc.co.uk
Ffôn: 03703 500500

12.00 *gweler Radio 5 Live*

Radio Cymru: 0370 350 0500
Llinell Wybodaeth: 0370 350 0600
(Codir prisiau daearyddol safonol am alwadau o ffonau sefydlog a ffonau symudol)
Rhif Testun: 67500
Ebost: radio.cymru@bbc.co.uk
Gwefan: bbc.co.uk/radiocymru

Cymru 2

fel Radio Cymru ag eithrio:

Sadwrn

7.00am–9.00 Sioe Frecwast: Cerddoriaeth ac adloniant gyda Daniel Glyn.

Sul

8.00am–10.00 Sioe Frecwast: Cerddoriaeth ac adloniant gyda Lisa Gwilym.

Lun–Iau

6.30am–8.30 Sioe Frecwast: Cerddoriaeth ac adloniant gyda Dafydd a Caryl!

Gwener

6.30am–8.30 Sioe Frecwast: Cerddoriaeth ac adloniant gyda Carl ac Alun.

Frequencies

National

BBC Radio 1 97.6–99.8
BBC Radio 2 88–90.2
BBC Radio 3 90.2–92.4
BBC Radio 4 92.4–94.6, 103.5–105, LW 198
BBC Radio 5 Live MW 693, 909, 990
Radio Cymru 92.4–96.1, 96.8, 103.5–105
Radio Cymru 2 This station only broadcasts on Freeview, satellite television, digital radio and the internet
BBC Radio Wales 93.9–95.9, 103.7, 103.9, MW 882 (mid-Wales 1125, Clwyd 657)
Classic FM 99.9–101.9
Talksport MW 1053, 1089
Absolute MW 1197, 1242, 1260
The above stations also broadcast via Freeview, satellite, cable, digital radio and the internet.

Local

BBC stations:
Bristol 94.9 (Bristol), 103.6 (Severn), 104.6 (Bath)
Gloucestershire 104.7 (Churchdown Hill), 95 (Stroud), 95.8 (Cirencester), MW 1413
Hereford and Worcester 94.7 (Hereford), 104 (Worcester & Gt Malvern), 104.6 (Kidderminster), MW 738, 1584 (Tenbury Wells)
Somerset 95.5, MW 1566
Wiltshire 104.3 (west Wiltshire), 104.9 (Marlborough), 103.5 (Salisbury), 103.6 (Swindon)

Independent stations:
Bay Radio 102.1 (Swansea)
Breeze 107.2 (Bristol), 107.5 (west Wiltshire), 107.5 (Gloucestershire), 107.7 (Weston-Super-Mare/ north Somerset), 107.9 (Bath), 102.4 (west Somerset), 100.8 (Porlock)
Bridge FM 106.3 (Bridgend/ Vale of Glamorgan)
Capital 103.2 (Cardiff), 97.4 (Newport), 96.3 (north Wales Coast), 103.4 (Cheshire/north east Wales), 97.1 (Wirral), 103 (Anglesey) Music, news
Carmarthenshire 97.1 (Carmarthenshire), 97.5 (Llanelli/Carmarthen Town)
Chester's Dee 106.3
Freeradio 103.1 (Shropshire), 97.2 (Wolverhampton) Music, news, 97.6 (Hereford), 96.7 (Kidderminster), 102.8 (Worcester) Music
Heart 88 (Wrexham), 103 (Bath/ Weston Super-Mare), 96.3 (Bristol), 102.2 (west Wiltshire), 102.4 (Gloucester/ Cheltenham), 102.6 (Somerset), 97.2 (Swindon), 105.2 (Abergavenny/ Carmarthenshire), 105.4 (Cardiff), 105.9 (Aberdare), 105.7 (Colwyn Bay), 105.9 (Newport), 105.7 (Pembrokeshire), 106 (Swansea/ Carmarthen), 106.1 (Ebbw Vale), 106.2 (Fishguard), 106.9 (Mold/ Flint), 107.2 (Caernarfon/ Anglesey), 107.3 (Rhyl/Prestatyn)
Kiss 101 (Severn Estuary), 97.2 (Bristol) Dance music, news
Nation Radio 106.8 (Cardiff), 107.3 (Swansea) Music, news
Pembrokeshire 102.5, 107.5 (Fishguard/Tenby)
Radio Cardiff 98.7
Radio Tircoed 106.5 (West Swansea) Music, news
Sam FM 107.7 (Swindon)
Scarlet FM 97.5 (Llanelli)
Smooth 100.4 (north-west England); MW 1359 (south Wales), 1305 (Gwent), 1260 (north Wales/Cheshire/Bristol), 774 (Gloucester), 1161 (Swindon), 936 (West Wiltshire)
Spire FM 102 (Salisbury)
Sunshine 106.2 (Hereford), 107.8 (Leominster), 107 (Monmouth), MW 855 (south Shropshire)
Swansea Sound MW 1170 (Swansea/south west Wales)
Signal 107 107.4 (Telford/ Wrekin) News, music
The Wave 96.4 (Swansea)

Get listings for digital, national and local radio at radiotimes.com/radio/radio-listings

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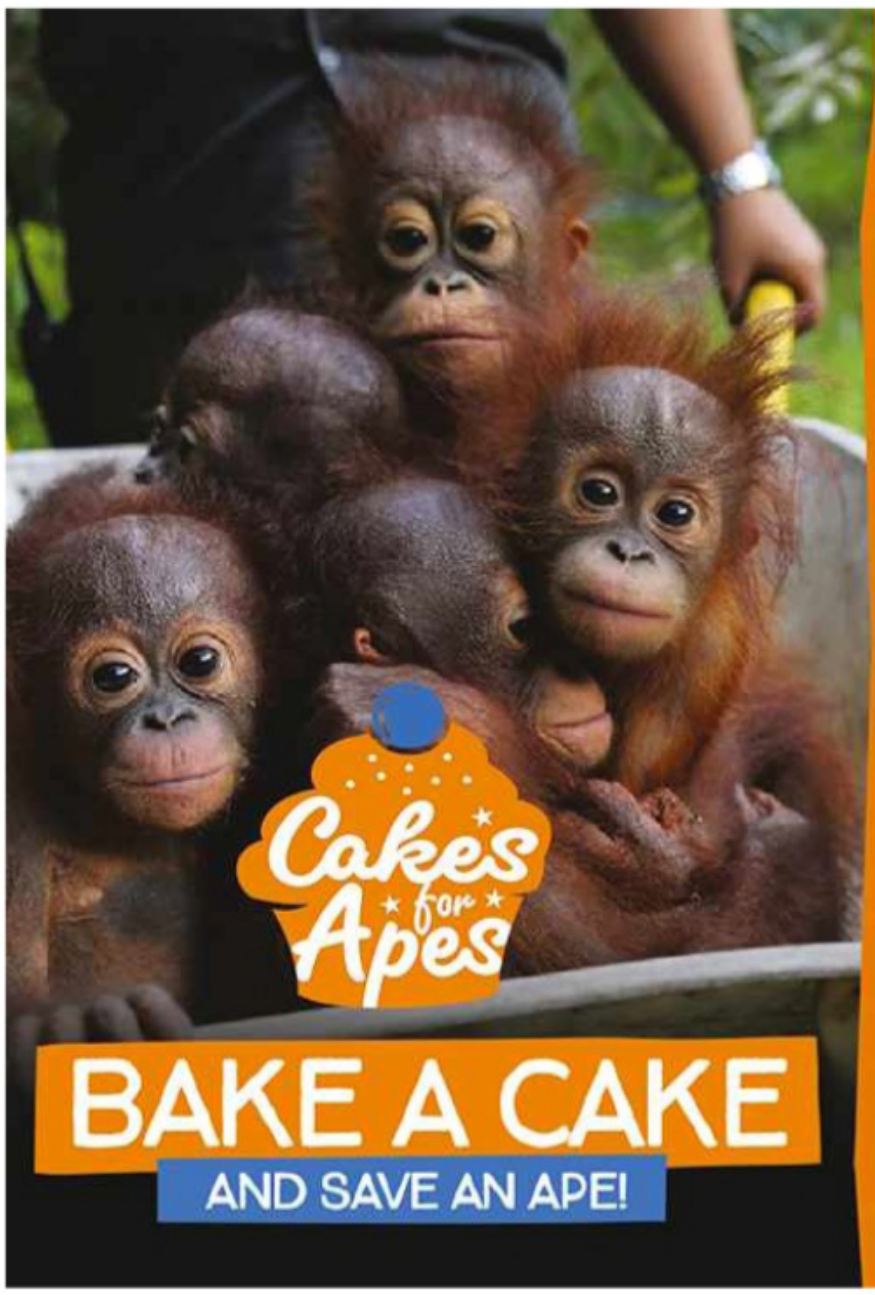
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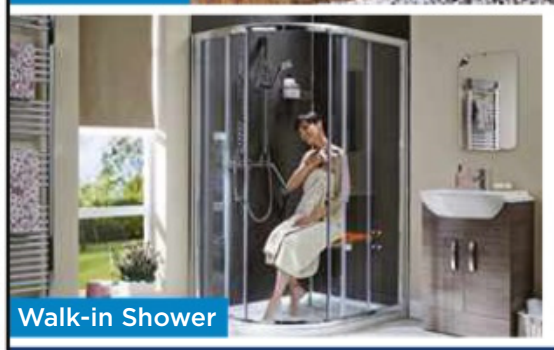
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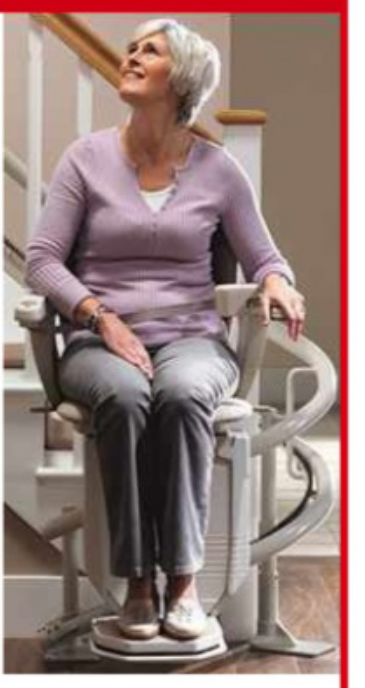
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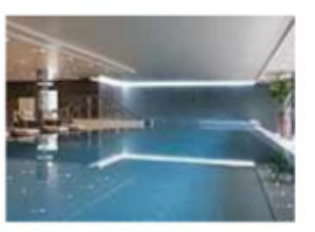
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Five crimes against wine

Joe Fattorini tells you how not to store, serve and drink it

If the medieval writer Dante were alive and penning his narrative poem *Inferno* today, I like to think that he would devote a special circle of hell to kitchen designers who put little wine racks next to the oven. The designers would spend eternity heating up and cooling down, until eventually a cork pops out of their… You get the picture.

Wine racks integrated into kitchen units are one of the gravest crimes against wine. The heat!

'Wine racks in kitchen units are a crime'

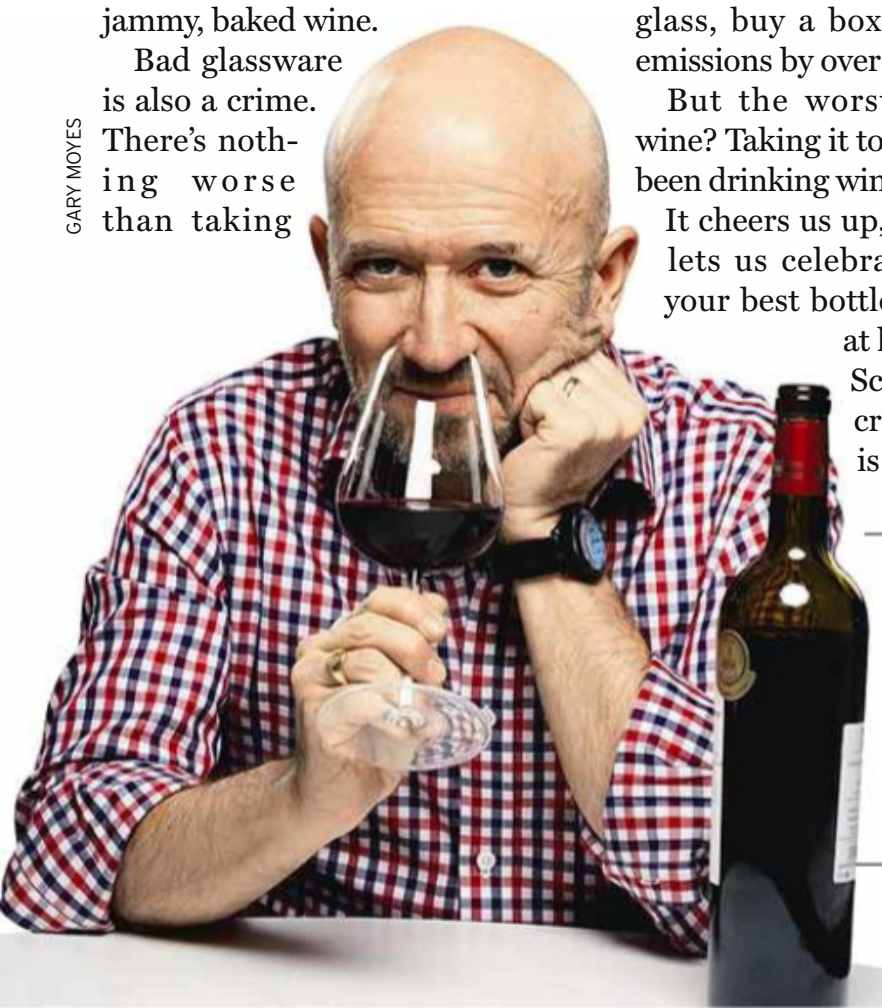
Putting wine on the radiator, in the microwave, in direct sunlight, or in the boot of your car on a hot day all require a certain degree of penance. It usually arrives in the form of jammy, baked wine.

Bad glassware is also a crime. There's nothing worse than taking a lovely bottle to a friend, only for it to be served in a tiddly Paris goblet, or a glass that flares out like an upturned Saturn rocket. The perfect glass is clear, clean and looks like a voluminous tulip, like the one in the picture below.

Then again, even the best glasses are ruined by the wrong washing. Dishwasher rinse agents coat your glasses with a hidden film. This makes it impossible for the bubbles to form in sparkling wines. And what's the point of fizz without the fizzle? Wash your glasses by hand using minimal soap, rinse thoroughly and dry with a clean cloth.

Wine crimes change with the times. One of the worst criminals of our age is the bottle. Around half the carbon emissions of a bottle of wine come from making and moving the bottle itself. Some wines will always need bottles, but for a cheap and cheerful midweek glass, buy a box and reduce the emissions by over 40 per cent.

But the worst crime against wine? Taking it too seriously. We've been drinking wine for 8,000 years. It cheers us up, it consoles us, it lets us celebrate. Don't hoard your best bottles to drink alone at home like a boozy Scrooge. The worst crime against wine is not to share.



GARY MOYES

Joe Fattorini is a presenter of The Wine Show on Amazon Prime. This is the last in his current series of RT columns

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Open Book
Sunday 4.00pm ***Radio 4***



CRIME PAYS Persistence has paid off for novelist Peter Swanson

American crime writer Peter Swanson was taking his customary afternoon walk around Walden Pond in Massachusetts when the plot for his latest novel came fully formed into his head. First he imagined someone making "a list of the best, cleverest murders in fiction", he tells me on the phone from his apartment in the Boston suburb of Somerville, where he lives with his wife, Charlene, and cat, Finty. Then the second part of the idea soon followed: "What if someone used that list as inspiration to carry out murders in real life?"

By the end of that walk he had the narrative arc of the whole novel worked out. "I knew who had written the list, I knew who was committing the murders and the relationship between the two," says Swanson, who is featured on Radio 4's *Open Book* this week. "Although I knew a lot about the book, it wasn't as though the work was done. I still had to go away and write the thing."

The result is Swanson's new novel *Rules for Perfect Murders*, described by Anthony Horowitz as "fiendish good fun". The story is narrated by Malcolm Kershaw, the owner of a mystery bookshop in Boston and author of a blog, *My Eight Favourite Murders*. Kershaw's list includes classics of the genre, such as Agatha Christie's *The ABC Murders* and Patricia Highsmith's *Strangers on a Train*. One day, he is contacted by an FBI agent investigating a series of unsolved murders that have one thing in common: each of the deaths has an uncanny similarity to the killings detailed on his list. But is Kershaw a reliable narrator? "Malcolm is presenting to the world only one-hundredth of what is going on underneath," teases Swanson.

> **'It's fun imagining different methods of killing'**
> PETER SWANSON

Rules for Perfect Murders is Swanson's sixth published novel. His second, *The Kind Worth Killing*, was a *Sunday Times* bestseller and his books have sold more than 500,000 copies in the UK alone. His work is peopled with characters with suspicious motives and murderous desires. So what kind of mind dreams up these deliciously twisted books?

"I'm non-violent in my own life, but of course quite violent in my imagination," says Swanson. "Being a writer is an act of empathy, even if that empathy is towards killers. I think it's fairly easy to imagine because we've all been wronged, especially when younger – for about five minutes you think that you'd be willing to kill that person. The act of writing involves remembering that feeling and drawing it out. It's fun imagining how you would do it. I do spend a certain amount of time thinking about different methods of killing."

PERFECT MURDERS

Peter Swanson picks his five favourite crime novels

A KISS BEFORE DYING
Ira Levin "One of my all-time favourites. The first murder is ice-cold and brilliantly plotted."

THE TALENTED MR RIPLEY
Patricia Highsmith "Even though Tom Ripley seems to stumble into the murders he commits, he manages to make them nearly unsolvable. Talented, indeed."

A LONG LINE OF DEAD MEN
Lawrence Block "The Matthew Scudder series is the best ongoing private detective series being written. This one ranks near the top."

MAGPIE MURDERS
Anthony Horowitz "You get two very clever murder mysteries in this meta whodunnit."

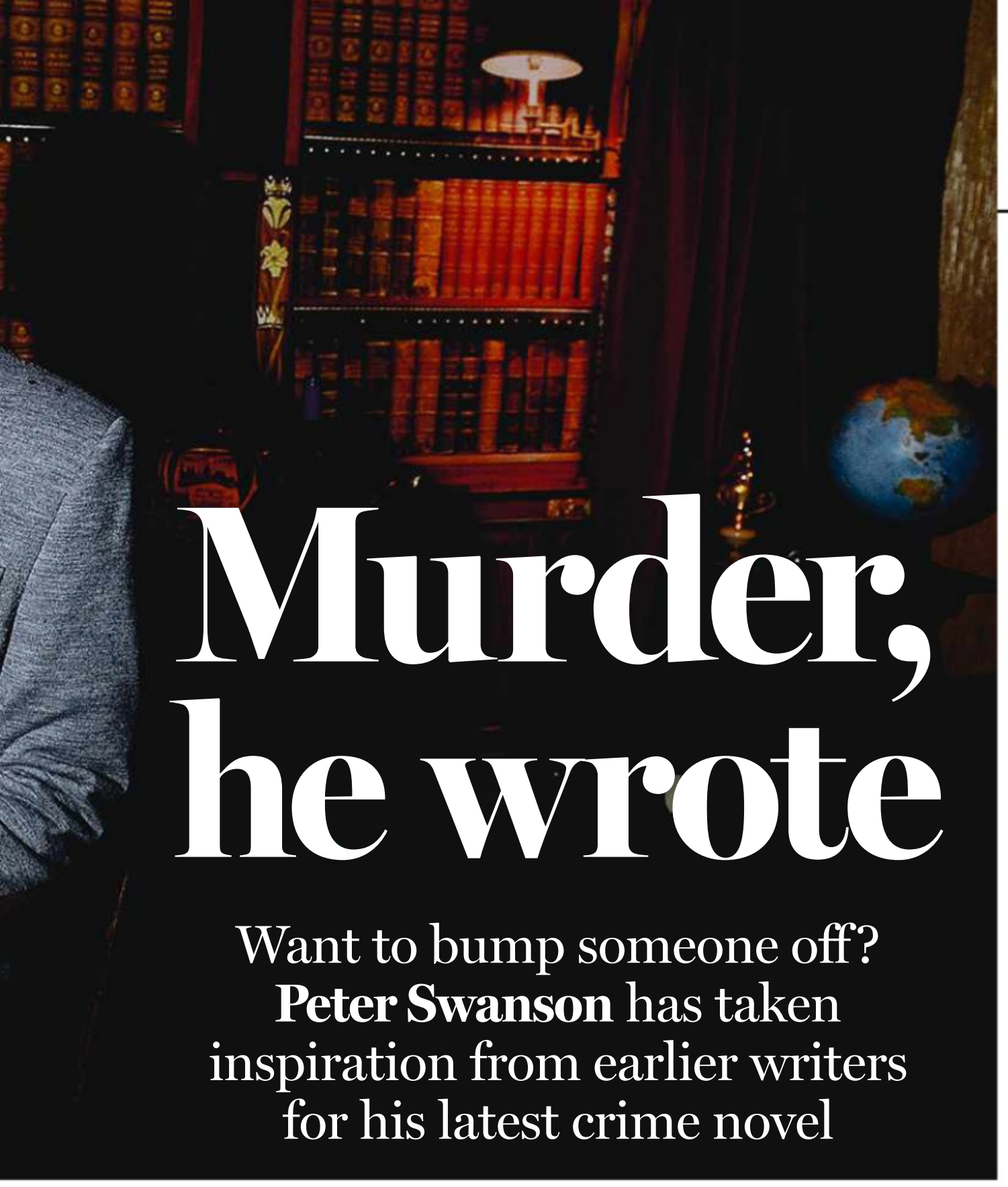
AND THEN THERE WERE NONE
Agatha Christie (right) "Her most audacious book, filled with the most audacious murders."



On a typical day, Swanson writes between 500 and 1,000 words in the morning, followed by a walk in the afternoon and then a couple of hours of reading. "This makes me sound like a monk, but it's interspersed with other stuff such as TV watching and drinking," he laughs.

Swanson, who was born in Concord, Massachusetts in 1968, started writing at the age of eight after being inspired by Roald Dahl's *The Wonderful Story of Henry Sugar and Six More*. As a teenager he binged on Hitchcock films and crime novels. After taking degrees in English literature, education and fine arts, he worked as a bookseller, before being employed by a non-profit company that developed

ALAMY; GETTY



Murder, he wrote

Want to bump someone off? **Peter Swanson** has taken inspiration from earlier writers for his latest crime novel

educational curricula. Although he suffered several rejections, he continued to write: his first novel to be published, in 2014, *The Girl with a Clock for a Heart*, was the fourth he had finished.

"I had got to the point where I told myself that it wasn't going to happen, that I wasn't going to be published," he says. "I continued because I enjoyed the process. I thought, if nothing happens at least I'll have had the pleasure of writing. Soon after that, I found an agent who sold my book and, at the age of 44, my fortunes changed. Who knows whether it was the decision to continue writing knowing nothing might come of it that freed me up, somehow?"

Since then, his novels have been published in more than 30 languages and may soon be adapted for the big and small screen. "There's a chance that *Before She Knew Him* will be turned into a television series and *The Kind Worth Killing* has been optioned for film," he says. "Every so often I hear that it has been cast and it's moving along and then it derails."

The past decade has seen a huge boom in crime fiction, so why does he believe so many of us want to read about murder? "I used to think that people loved seeing the world disrupted and then put to rights," says Swanson. "And that's 80 per cent of the crime thrillers out there: there's chaos at the beginning, there's been a murder, and by the end the detective figure restores order. But now, especially after *Gone Girl*, there's been a surge in what's been called domestic suspense, which can be a little more open-ended. I'm guessing, but I think people like the idea of seemingly calm surfaces with much darker things going on underneath."

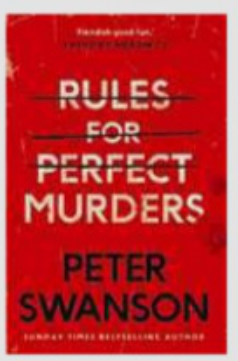
It's a summing up that could double as an apt description of Swanson himself.

ANDREW WILSON

The third novel in Andrew Wilson's thriller series featuring Agatha Christie, Death in a Desert Land (Simon & Schuster), is out now. He is also the author of Beautiful Shadow: a Life of Patricia Highsmith (Bloomsbury)

RT BOOKSHOP

To order **Rules for Perfect Murders** by Peter Swanson in hardback (Faber & Faber, £12.99) for £12.99 including p&p, please call **03302 232 639*** or visit **radiotimes.com/shop11**



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Food for good listeners

A popstar and her mum cook up something special



TABLE MANNERS: THE COOKBOOK JESSIE WARE AND LENNIE WARE
Graham Norton *Saturday 10am*
Radio 2

You probably know Jessie Ware best as a singer. But since 2017, she's also been making a name for herself as the host of a hugely popular podcast, *Table Manners*, alongside her mum, Lennie. It's a simple premise – the duo welcome famous guests into their homes, and cook them a meal – but that cosiness results in warm, unexpectedly revealing conversations. In *Table Manners: the Cookbook* (£20, incl p&p) Lennie and Jessie share some of their signature dishes, so now you too can whip up the blackberry and custard tarts they served to Nigella Lawson, or the sausage and bean casserole that proved a hit with Ed Sheeran.



THE GIRL WITH THE LOUDING VOICE ABI DARÉ

When Abi Daré's manuscript was announced as the winner of the Bath Novel Award in 2018, it was described as "a contemporary story with old bones". That manuscript became *The Girl with the Louding Voice* (£12.99, incl p&p). Set in Daré's native Nigeria, it follows 14-year-old Adunni, who finds herself repeatedly trapped in poverty and servitude. Throughout it all, though, her focus is singular: to have her voice heard. Pick the novel up now and you'll have time to read it before 23 March, when it'll be featured on Jo Whiley's show as Radio 2's Book Club pick.



THE WORLD ACCORDING TO PHYSICS JIM AL-KHALILI

How much time do you spend thinking about physics? Probably more than you think – at least according to Jim Al-Khalili. The host of Radio 4's *The Life Scientific* has made it his mission to enlighten us on some of science's most apparently inaccessible subjects – and in his latest book, *The World According to Physics* (£12.99, incl p&p), he seeks to show how physics lies at the heart of our reality, whether we realise it or not. By breaking down fundamental concepts, Al-Khalili shows how physics can enrich our understanding not just of the world around us, but of ourselves, too. **HANNAH SHADDOCK**

To order any of these books, please visit **radiotimes.com/shop11** or call **03302 232 639***

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PREPARING OUR HOME FOR RETIREMENT MADE A HUGE DIFFERENCE TO OUR LIVES

Scunthorpe-based Peter and Patricia Walters had lived in their home for 25 years, but the couple had started to find maintaining their property and garden was getting harder. Having heard about equity release, they decided to get in touch with an adviser from Key to find out their options.

"We live in a lovely bungalow surrounded by friends, so we didn't want to downsize and move away. However, our home had started to look a little tired and was in need of some improvements.

"We had read about Key before and decided to book an appointment with our local adviser. We received some great advice and our adviser ensured we considered our options and wasn't pushy at all."

The couple decided to go ahead with equity release, unlocking a lump sum of tax-free cash to improve their home.

"Equity release has made a huge difference to our lives. As well as carrying out home improvements, including a new bathroom and kitchen, we have also purchased a ride-on lawn mower to make life easier with our large garden."

"Our son and grandchildren live in New Zealand, so the money has enabled us to visit them regularly too without having money worries."

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- Create more open plan space or widen doorways to help get around with walking aids or a wheelchair
- Reduce the maintenance your garden needs with raised flower beds, and non-slip surfaces

USING YOUR HOME TO HELP FUND IMPROVEMENTS

RT Money partner, Key Equity Release can help you explore funding home improvements by releasing a tax-free cash lump-sum through equity release. A qualified adviser will ensure you consider your options, such as downsizing or other forms of borrowing first. And, if equity release isn't right for you, they'll tell you.

Key Equity Release plans involve a lifetime mortgage, the most popular form of equity release, which is a loan secured against your property. Equity release will reduce the value of your estate and may affect your entitlement to means-tested benefits. You'll still own your home and there are typically no monthly repayments to make as the loan, plus roll up interest is repaid when the plan comes to an end.

All Key Equity Release plans meet the Equity Release Council standards and come with the no negative equity guarantee, so you'll never owe more than the value of your home.

PLUS unlike some, Key believe that because it is a requirement of the Financial Conduct Authority to receive regulated advice when it comes to equity release, you shouldn't have to pay an advice fee. That's why their advice won't cost you a penny.

To find out how you could fund your home improvements through equity release call **0808 252 4540** to request your **FREE** guide to unlocking the cash from your home, produced by the UK's most trusted equity release specialist, Key

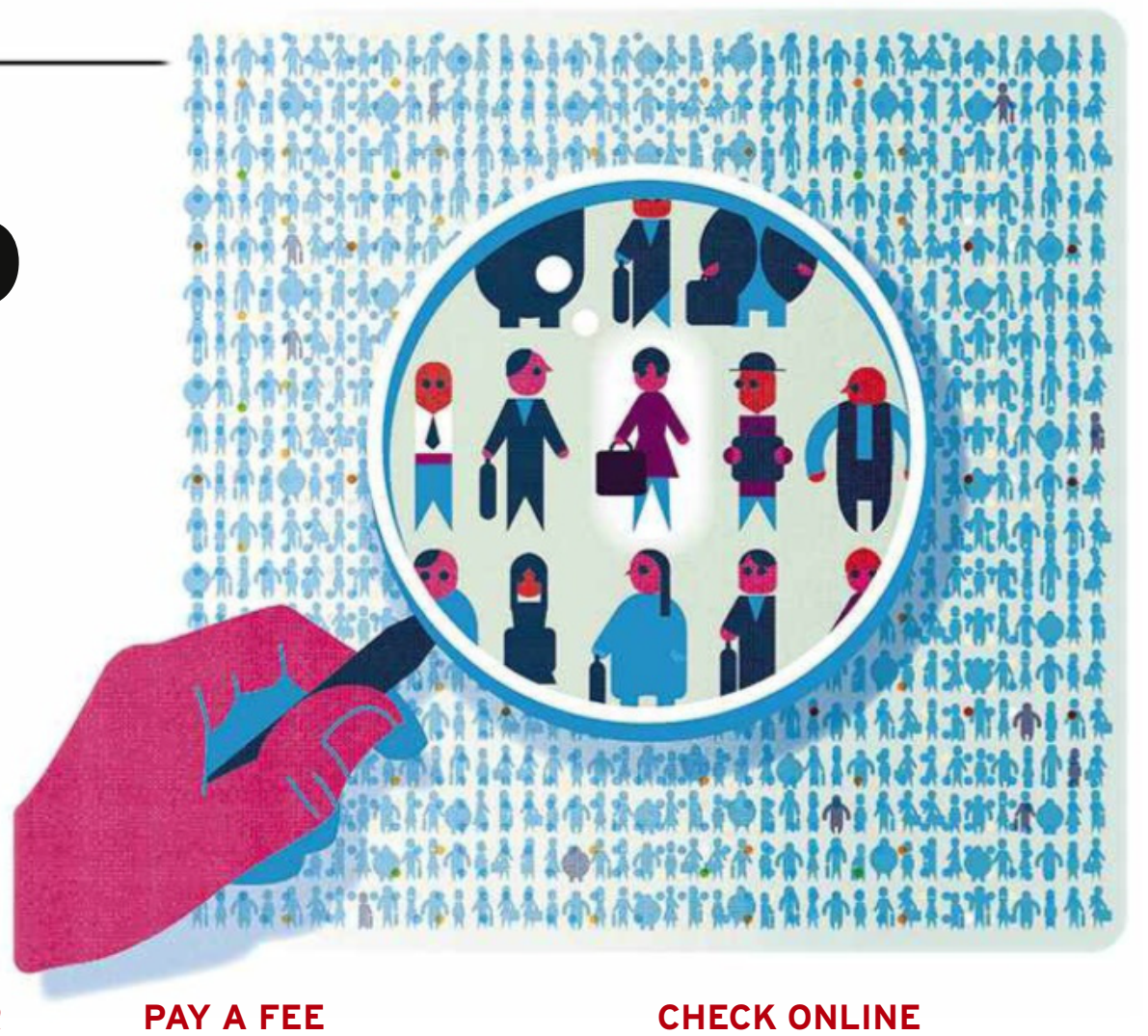


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How to keep safe from scammers

Whatever your plans, you need good advice. But who to trust, asks **Paul Lewis**



There are a frightening number of financial scams around. Thousands of people have lost life-changing sums by putting money into schemes that claim to be investments but are frauds. Before you embark on any serious investment you should find good financial advice. Here are my rules.

ARE THEY INDEPENDENT?

Only ever use an independent financial adviser. Sadly, these are becoming rarer, as good IFAs are being tempted by offers to give up their independence and work for a big firm where the advisers are only allowed to recommend a limited range of products that are often expensive and poor value. You can easily tell if an adviser is independent: ask them! If they say anything other than "yes" then they are not. Of course, not all restricted advisers – as the alternative is called – are bad. They may be very good. But they are, as their name says, restricted.

'Try to find one who charges a fee for what they do'

ASK FOR A PLANNER

The best qualified advisers are chartered or certified financial planners. They often prefer that term to IFA, which they think has been tainted by people (including many journalists) using it as a short-hand for any financial adviser. They have the top qualifications and, having put a lot of time, effort, and money into getting their qualification, are unlikely to abuse it.



PAY A FEE

Some advisers still charge you a percentage of the money you trust them with. It's a bit like a private wealth tax. Try to find one who charges you a fee for what they do. Then if you want a change it's easy to find someone else. Never trust any adviser who only charges you if you take some action – for example, moving money out of a good company pension. These so-called contingent fees are a conflict of interest and should be avoided.

CHECK ONLINE

My preference for a search engine is now **www.adviserbook.co.uk**. It lists all the regulated advice firms – 12,000 of them – and you can apply my three filters: independent, planners, fees. Visit two or three and see who you like – the first visit should be free. Always go to their office rather than them coming to you. Make sure you are happy with their approach – and their fees.

Paul Lewis presents Money Box on R4

ILLUSTRATION BY ANDREW BAKER; GARY MOYES

A READER ASKS...

CHANGING A WILL AFTER DEATH

"Is it possible," Roger writes, "to change an inheritance after death? This might be done, for example, to take account of the differences in the finances of the beneficiaries, or to pass the inheritance on to the next generation."

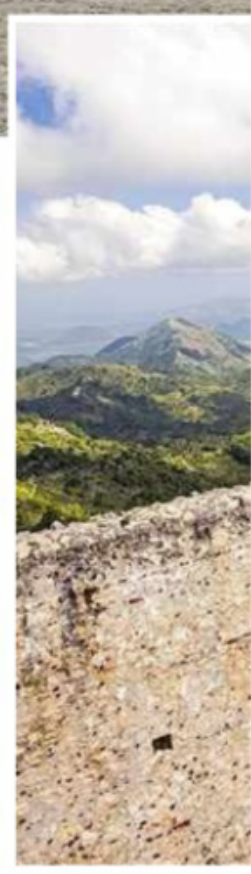
Paul Lewis replies: A will can be varied after death if all the beneficiaries who will be left worse off agree. It can be done to reduce inheritance or capital gains tax, or to share out the assets to reflect the needs of the beneficiaries. It can also be used to include someone who was left out or to clarify a will that seems ambiguous.

The variation must be in writing and need not be a formal deed, though it is as well to get legal advice, especially if there are tax implications. Once made, it cannot be changed. No one must be pressured or paid to agree and they must all be adults and capable of understanding what is happening. It must be done within two years of the death. If the amount of tax due is reduced, a copy must be sent to HMRC.

For more information, go to **www.gov.uk/alter-a-will-after-a-death**, or call the Probate and Inheritance Tax Helpline on **0300 123 1072**.

QUESTIONS? Send yours to **Paul.Lewis@radiotimes.com**

Rumba, riots and revolution!



Joanna Lumley revels in the rhythms of Cuba – and is ambushed in Haiti

Joanna Lumley's Hidden Caribbean: Havana to Haiti *Tuesday 9.00pm* ***ITV***

CUBA IS THE Caribbean's hottest destination. In recent years, dozens of luxury hotels have popped up across the island, but it was the Communist country's timeworn cities that beguiled Joanna Lumley. "We wanted to go now because there's a feeling that it might change, and then we wouldn't see the old Cuba: the shabby-chic splendour of Havana and the beautiful old American cars," says the actress, who explores Cuba and neighbouring Haiti in her latest travel documentary. "You can see how it must have been in the 50s when Frank Sinatra, Winston Churchill and Marlene Dietrich went there. Everybody who was anybody stayed at the Hotel Nacional de Cuba, and the Mafia were over there running gambling dens. It was a very glamorous destination, but it all stopped overnight when the revolution came."

Six decades after Fidel Castro and his comrades seized control, the Caribbean's biggest island is a place of stark contrasts. Political isolation and US sanctions – which President Trump has reinforced – mean it's stuck in a time warp, and blackouts and food rationing are an everyday occurrence. And yet Cuba is also renowned for its impressive education and healthcare systems. "There are more doctors and dentists than you can shake a stick at," says Lumley. "Education standards are really high. It's extremely clean. Everybody's got a job, even if your job is just sweeping the verge."

Along with cigars, Latin music is the island's most famous export and one of the highlights for Lumley was meeting a legendary rumba group, Los Muñequitos de Matanzas. Unlike the rumba you see on *Strictly*, their music is a form of spirituality. "Their drumming rhythms and dance sequences are so sophisticated. It was mind-blowing... Cuba is a land of music. We spent several days filming in Havana and at night we ate in a little café around the corner from the hotel. Sometimes they'd say, 'Sorry, we have no eggs tonight', because there were food shortages. But they would always have fantastic live music."

Could the West learn from Cuba? "Yes, a lot. [Communists] believe truly in education. They believe in culture, so they subsidise opera, ballet and theatre. We've stopped doing that in this country, so we're becoming rather philistine. When I travelled through Russia, for example, children were sitting watching [the opera] *Boris Godunov*. Their tickets had cost maybe 50p, and they were utterly rapt because they go to the opera every week. There it's normal for an eight-year-old to listen to classical music, but it's alien in the UK. We don't teach children classical music. You have to be rich and it's considered elitist."

Like Cuba, Haiti is a country defined by revolution. "It was the first black republic in the world," says Lumley. "Slaves overthrew their French masters in the midst of the French Revolution. I visited a World Heritage Site called the Citadelle – a



STREET PARTY
Rumba musicians and dancers in Santiago de Cuba

GETTY



OLD HAVANA
Lumley loved the colours and cars of the Cuban capital

vast castle on the steepest hill – that the slaves built after they'd triumphed. They dragged captured cannons up there and said, 'Nobody will ever overcome us again'."

Nobody did, but centuries of crippling debt, corrupt regimes and a string of natural disasters – including an earthquake in 2010 that killed more than 200,000 people – have led to extreme poverty and chronic instability. "Port-au-Prince [the capital] is an absolute catastrophe. We arrived there on the day of a riot, so we had to have a police escort to the hotel. Riots break out like wildfires across the country and if you're in

'We wanted to see the shabby-chic splendour of Havana'

that place, you're stuck. All the aid workers in Port-au-Prince don't go to the parts we went to because they're no-go areas."

Lumley and her camera crew were ambushed while driving in the mountains. "Suddenly there was a blockage across the road: they'd put branches down. Luckily, we had two big body-guards who got out and said, 'Come on guys, clear this away'. And they went, 'No, we want your money or your life'. Sometimes they dig trenches, pour oil in and set fire to it, then they come with guns and take your wallets."



FORTRESS
The Citadelle Laferrière in Port-au-Prince, Haiti

EVENTUALLY, THE BANDITS let them pass. You could be forgiven for jumping on the first flight out after that, but Lumley is made of sterner stuff. "I'm not really an afraid kind of person. If you look timid, people and animals pick it up very fast. In Haiti, people are so poor and living in such squalor, but if you say 'Bonjour' and put your hand out, you've made friends immediately."

She turns 74 this year, but has no plans to curtail her adventures. "I don't think years have anything to do with it. I've met people who are much younger than me who act older. You are as old as you feel, and I can still do these things, so I'm doing them."

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Crossword



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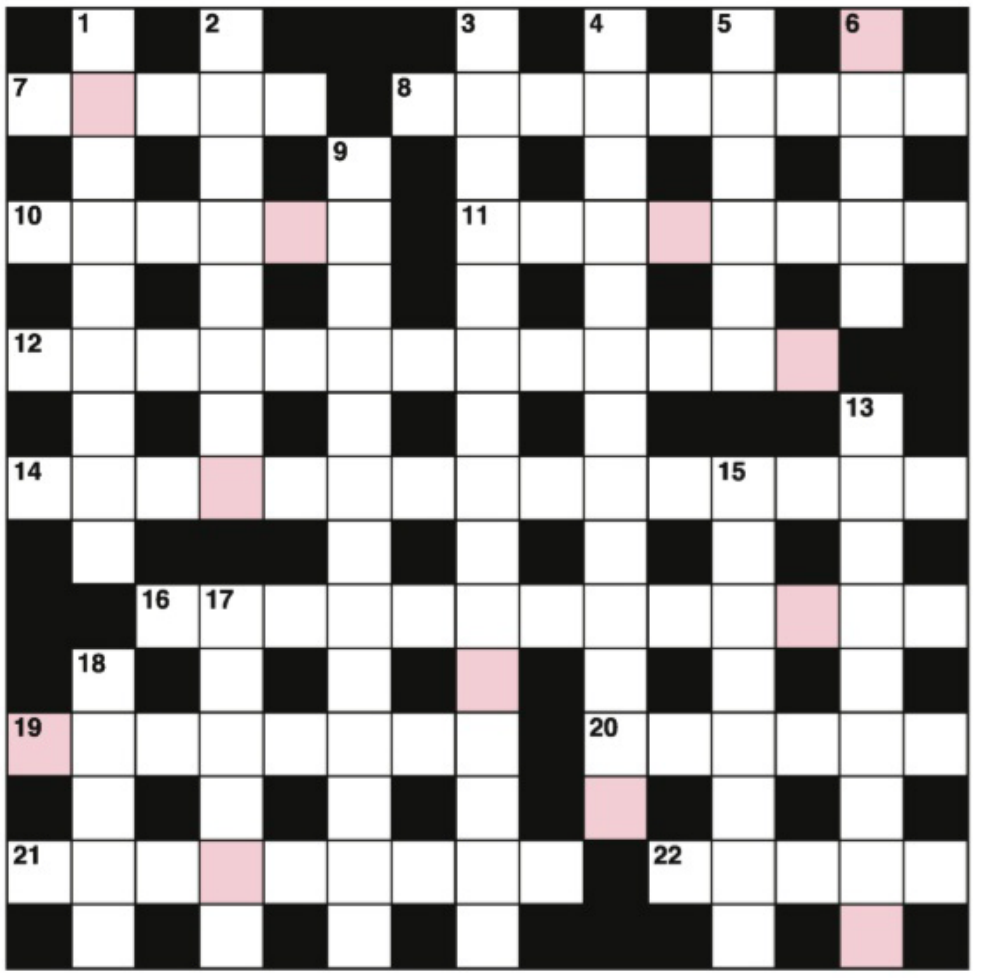
PRIZE CROSSWORD

ACROSS

7 Flower streams heard (5)
8 Musical entrance to film (5,4)
10 Move carefully or overbalance lower end (6)
11 Urgent record? (8)
12 I'm upsetting a lubber, keeping cheeky, but always calm (13)
14 Unwell in new tropical home with well-trained host? (7,8)
16 Very good safari business? (1,7,5)
19 Type of aircraft job, utter rubbish (8)
20 Show skin marks (6)
21 Near miss at sticky visit (5,4)
22 Cigarette inside nose (5)

DOWN

1 Flexible protection to send under 22 yards (5,4)
2 Fraction of garment seen in river (8)
3 Improperly apply in Pretoria again (15)
4 Collier halts rig action using authority to extract? (7,6)
5 Wench is elated to catch cheat (6)
6 Country not in charge of large animal (5)
9 Toff given card for drama on screen (9,4)
13 Sword lily waves – a solid lug (9)
15 Posh car in Titian reproduction is a nuisance (8)
17 Sturdy alumnus, but beset by corrosion (6)
18 Gorge like a seabird? (5)



Prize Crossword 11

NAME
ADDRESS

POSTCODE TELEPHONE
EMAIL

Cut or copy this entry form. Closing date: 20 March. Solution published in *RT* dated 11 April.
Send to: Radio Times Prize Crossword, week 11 2020, PO Box 501, Leicester LE94 0AA.
Or email your entry to **xword11@radiotimescomps.co.uk**

Please note, your contact details will only be used in order to contact the winner of the prize crossword



Two winners of the Wordfinder puzzle will receive the DVD of *Baghdad Central*, Channel 4's thrilling drama starring Waleed Zuaiter, Bertie Carvel and Corey Stoll. An Iraqi ex-policeman learns that his eldest, estranged daughter has been leading a secret life and embarks on a volatile mission to find her.

EASY CROSSWORD

ACROSS (answers page 147)

7 Central part of the eye (5)
8 Picture in the mind (9)
10 Sturdy shoe with a perforated design (6)
11 Saying "hello" to (8)
12 Channel-changing gadget (6,7)
14 Apparatus for training pilots (6,9)
16 Somewhere to stay? (13)
19 Scottish musician (8)
20 Elegant, stylish (6)
21 Become darker (of the sky) (5,4)
22 Damaging result of rain (5)

DOWN

1 Every three months (9)
2 Table tennis, familiarly (4-4)
3 1990s Dick Van Dyke TV crime series (9,6)
4 Australian-born media magnate (6,7)
5 Helplessly drunk (6)
6 Getting the benefit of (5)
9 Charlie Fairhead actor in *Casualty* (5,8)
13 Exhibition of new cars (5,4)
15 As a matter of fact (8)
17 Island location of Paphos (6)
18 Series of tennis strokes (5)

WORDFINDER

Unscramble the letters in the shaded crossword boxes to reveal a TV show. Enter by sending an email with your name, address and telephone number to **wf11@radiotimescomps.co.uk**.
Or post your entry (postcards only) to: Radio Times Wordfinder, Week 11 2020, PO Box 501, Leicester LE94 0AA.
Two winners will receive the DVD shown left. Prizes sent monthly.
Closing date: 20 March.

PUZZLE ANSWERS

PRIZE CROSSWORD 6 WINNER

Prize Crossword 6 winner*
Ruth Black, Dundee
Wordfinder 6
Newsnight
Wordfinder winners
David Walker, Castleford; Jenny Rogers, Bromsgrove

*To enquire about winners, go to radiotimes.com/winners



POPMASTER
1 *Walk Right In* **2** *You Only Live Twice* **3** Bobby 'Boris' Pickett and the Crypt-Kickers **4** *There Goes Rhymin' Simon* **5** Al Jarreau **6** Labi Siffre **7** Peter Bouncer **8** *I've Been Thinking about You* **9** Whitney Houston **10** *Body II Body*

EGGHEADS **1**b **2**a **3**c **4**a **5**b **6**c **7**b **8**a **9**c **10**b

POINTLESS
Margate (52 answered), Prestatyn (3), Blackpool (64), Scarborough (41), Bournemouth (38). So Prestatyn is the answer that the fewest people gave.

ENIGMA
Across Prodigal, Mud, Final, Literal, Proxy, Dozy, Masque, Remark, Waft, Booth, Deliver, Voice, Hey, Bewilder
Down Affirm, Width, Rank, Usefully, Delirium, Galaxy, Borrow, Festival, Marjoram, Rice, Dolly, Kernel

81+**6**+**6**=93, **5**+**3**=8, 8x93=**744**

ONLY CONNECT
Buttons on a video recorder
Fast forward, Play, Eject, Pause
Road signs
Stop, Give way, Diversion, No parking
Off the ____
Peg, Beaten track, Top of my head, Record
Parts of a tent
Groundsheet, Guy rope, Pole, Flysheet

COUNTDOWN
How Rachel did it: **9**x**9**=81,

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Puzzles

THE TOUGHEST BRAINTEASERS FROM YOUR FAVOURITE SHOWS

Only Connect with Victoria Coren Mitchell



The connecting wall from *Only Connect* combines general knowledge, wordplay and lateral thinking to give your brain cells a workout!

How to play Your task is to sort the 16 seemingly random words/phrases below into four groups of four connected words. You may find some clues fall into more than one category, but there is only one complete solution. If you get stuck, have a look at the clues on the side of the page...

Peg	Play	Pole	Pause
Fast forward	Give way	Top of my head	Flysheet
Groundsheet	Beaten track	Eject	No parking
Stop	Guy rope	Diversion	Record

TRY THESE CLUES: GROUP ONE: EJECT. GROUP TWO: STOP. GROUP THREE: PEG. GROUP FOUR: GUY ROPE. © PARASOL MEDIA

Countdown with Rachel Riley



Using addition, subtraction, multiplication and division, try to get as close to the target as possible in 30 seconds. You can use each of the six numbers only once, but you don't have to use them all. Rachel's solution is on the previous page.

744

9 3 6 6 5 9

Super Sudoku 744

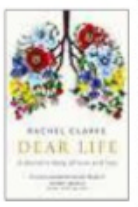
		7		2			5	4
		4		7	3		2	
			8			6	4	
1								9
	7	9			5			
	8		4	6		9		
4	6			1		2		

How to play Complete the grid so that every row, column and 3 x 3 box contains the digits 1 to 9. **Difficulty: 19/20**

SUDOKU NO 743 SOLUTION

4	7	2	3	1	6	9	5	8
5	6	3	8	7	9	2	4	1
8	1	9	4	5	2	7	6	3
7	5	4	2	9	8	3	1	6
2	9	8	6	3	1	4	7	5
6	3	1	5	4	7	8	9	2
9	4	6	1	2	3	5	8	7
1	2	7	9	8	5	6	3	4
3	8	5	7	6	4	1	2	9

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Trackword

How many words of three letters or more can you find by tracking from one square to the next, going up, down, sideways or diagonally in order? You may not use the same letter square twice in any word. Proper nouns or foreign words not allowed. What is the nine-letter word?

BRAINBOX 48 words AVERAGE 31

A	R	O
T	P	F
E	R	E

TRACKWORD FOR LAST ISSUE Nine-letter word ANGIOGRAM

agio, ago, agog, agora, ana, angiogram, angioma, argan, arm, arna, aroma, gar, gio, girn, giro, gnar, gorm, gram, grana, grig, grog, groma, man, mana, manga, mango, mar, mara, marg, mna, mog, moi, mor, mora, morn, nag, nagor, ora, orang, organ, organa, origan, rag, ragi, ram, ran, rana, rang, rig, rom, roman
(Ref: *Chambers English Dictionary*)

THIS WEEK'S EASY CROSSWORD SOLUTION

Across **7** Pupil **8** Visualise **10** Brogue **11** Greeting **12** Remote control **14** Flight simulator **16** Accommodation **19** Bagpiper **20** Classy **21** Cloud over **22** Flood
Down Quarterly **2** Ping-pong **3** *Diagnosis Murder* **4** Rupert Murdoch **5** Blotto **6** Using **9** Derek Thompson **13** Motor Show **15** Actually **17** Cyprus **18** Rally

The Enigma code

Can you crack the Enigma code? Each grid number represents a letter. Every letter of the alphabet is used. Use the given letter or letters – below the main grid – to start. The solution is on the previous page.

Difficulty: 16/20 Target time: 32 minutes

■	25	8	20	17	9	19	21	5	■	10	16	17
21	■	21	■	22	■	21	■	■	■	21	■	20
26	9	15	21	5	■	5	9	14	22	8	21	5
26	■	1	■	9	■	21	■	■	■	11	■	5
9	■	■	25	8	20	6	13	■	17	20	18	13
8	■	16	■	9	■	13	■	26	■	8	■	■
10	21	12	4	16	22	■	8	22	10	21	8	1
■	■	22	■	10	■	23	■	12	■	10	■	22
3	21	26	14	■	23	20	20	14	2	■	■	8
9	■	16	■	■	■	8	■	9	■	8	■	15
17	22	5	9	24	22	8	■	24	20	9	7	22
14	■	5	■	■	■	20	■	21	■	7	■	5
2	22	13	■	23	22	3	9	5	17	22	8	■

CLIVE DOIG

1 K	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24 V	25	26

A B C D E F G H I J ~~K~~ L M N O P Q R S T U ~~V~~ W X Y Z

◀ SEE PAGE 145 FOR ANSWERS

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Puzzles

THE TOUGHEST BRAINTEASERS FROM YOUR FAVOURITE SHOWS



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with Richard Osman and Alexander Armstrong

Pointless asks a question of 100 people, the contestants are then asked to choose the answer they think the fewest of those 100 people knew.

How to play Here are anagrams of five British seaside resorts. Can you unscramble the names and find the most obscure answer?



BRITISH SEASIDE RESORTS

- MEGA RAT
- PARENT STY
- POLKA BLOC
- ROUGH COBRAS
- BONE HUM TOUR

Eggheads with Jeremy Vine

KEVIN ASHMAN

1 Who took the Aztec Emperor Montezuma II hostage in 1519?
a Christopher Columbus **b** Hernán Cortés **c** Francisco Pizarro

2 Who founded the SAS in 1941?
a David Stirling **b** Orde Wingate **c** William Slim

STEVE COOKE

3 In heraldry, the wyvern is a winged beast with the head of which legendary creature?
a Unicorn **b** Sphinx **c** Dragon

4 Which British sprinter won an Olympic gold medal in 1980?
a Allan Wells **b** Linford Christie **c** David Hemery

CHRIS HUGHES

5 *Golden Helmet of Mambrino* and *Knight of the Woeful Countenance* are songs from which musical?
a *Camelot* **b** *Man of La Mancha* **c** *Spamalot*

6 Who created the series of paintings usually referred to as *Dogs Playing Poker*?
a Jack Vettriano **b** Margaret Keane **c** CM Coolidge

BARRY SIMMONS

7 What is the highest point in the Caucasus mountain range?
a Mt Toubkal **b** Mt Elbrus **c** Mt Ararat

8 What is a free instrumental composition in one extended movement, typically emotional or exuberant in character?
a Rhapsody **b** Overture **c** Requiem

LISA THIEL

9 Who co-wrote Smokey Robinson and the Miracles' hit *The Tears of a Clown* with Robinson and producer Hank Cosby?
a Otis Redding **b** Lionel Richie **c** Stevie Wonder

10 Which comedian voiced Darth Maul in *The Phantom Menace*?
a Bill Bailey **b** Peter Serafinowicz **c** Ross Noble

Dictionary corner Susie Dent

Word of the Week – **kind**

The urge to "be kind" has been much in the news of late. The word "kind" has many meanings, but running through them all are the ideas of family, and shared characteristics.



The original Old English senses of "kind" were "natural order" and "innate character". Of Germanic origin, the word is related to "kin", as in family or relations, and to "kindred", as in "similar in kind". Those same origins gave us "king": England's first kings were the chiefs of tribes or "kins" of invading Angles and Saxons, who established their own territories. In medieval times, "kind" came to mean "well-born", and as nobility was associated with good manners (as in "gentleman"), the adjective moved to mean considerate. Its story suggests that it is human nature to "be kind".

PopMaster
with Radio 2's Ken Bruce

1960s

1 What was the title of the only hit single by Rooftop Singers?

2 Nancy Sinatra reached number 11 in 1967 with a double A-side featuring *Jackson* and which other song?

1970s

3 Which act reached number three in 1973 with the re-release of *Monster Mash*, first released in 1962?

4 What was the title of the 1973 Paul Simon album that contained the songs *Loves Me like a Rock*, *Was a Sunny Day* and *Take Me to the Mardi Gras*?

1980s

5 Who performed the theme song to the TV series *Moonlighting*, which was a hit in 1987?

6 *(Something Inside) So Strong* was the only top ten hit achieved as a performer by which singer and songwriter?

1990s

7 Who was the featured performer on the 1992 number two single, *Raving I'm Raving*, by Shut Up and Dance?

8 What was the title of the only single by Londonbeat to make the top ten?

2000s–present day

9 Which singer had a posthumous top five hit in 2019, duetting with Kygo on *Higher Love*?

10 In 2000, Samantha Mumba reached number five with a song that included a sample of David Bowie's *Ashes to Ashes*. What was it called?

QUESTIONS BY PHIL "THE COLLECTOR" SWERN



GETTY

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◀ ANSWERS P145

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Feedback

Edited by
JANE HILL



LETTER OF THE WEEK

Tango is such a treat



CLASS ACT
Last Tango in Halifax's Walker, Jacobi, Reid and Lancashire

It's great to have an authentic family drama in *Last Tango in Halifax* (Sunday BBC1) after an overlong absence. The warmth of the characters and love for each other shine through despite their differences, and the contrasts between working-class Alan (Derek Jacobi) and middle-class Celia (Anne Reid) are beautifully portrayed on screen.

Add the daughters with their different lifestyles in Gillian (Nicola Walker) and Caroline (Sarah Lancashire) and it's a real treat for the eyes and ears. Give me this over grim Scandi dramas, or series that start with a body washed up on a beach, any day.

Nigel Cox *Hinckley, Leicestershire*

Nigel Cox wins a BOSE SoundLink Revolve speaker, in either black or silver. One of BOSE's best-performing portable Bluetooth speakers, it is water-resistant, has a rechargeable battery that plays for up to 12 hours and delivers true 360° sound, wherever you place it in the room. RRP £179.95. **bose.co.uk**

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LORRA LOVE FOR CILLA

I so enjoyed watching *Cilla: the Lost Tapes* (19 February ITV), which transported us back to those heady 60s days when there was such a plethora of talent in every field imaginable.

On *Blind Date* I loved it when Cilla pronounced the name Claire as "Clur" in her tongue-in-cheek style. I liked her humour, and those iconic songs still sound so fresh. It was great nostalgia and a real winter pick-me-up.

Judith Daniels
Great Yarmouth, Norfolk

CLASSICAL ABSENCE

What has happened to classical music on British TV, apart from the token Christmas opera or ballet? BBC4 used to have a regular classical music spot on Fridays, before the five or six hours of vintage pop, but even this has disappeared.

I remember seeing, as a teenager, orchestral and chamber concerts, masterclasses and documentaries about composers and performers. *André Previn's Music Night* and *Barenboim on Beethoven* inspired me to become a professional musician.

Showing some of the less "taxing" concerts at the Proms is no substitute for regular coverage. Through the licence fee (long may it continue), the BBC funds a number of symphony orchestras and choral groups. Can we please see more of them?

David Cathcart
London SW15

TOO MANY MEN & MOTORS

I was disappointed and annoyed by a recent episode of *Top Gear* (23 February BBC2). Women rarely appear on the show and Sabine Schmitz is a racing driver. The Stig and Damon Hill got to drive on the track at Cadwell Park, but Sabine remained a passenger. I really enjoy this new combination of presenters, but was incensed by this. The saying "If you can't see it, you can't be it" seems very apt here.

Marion Maw *York*

PREGNANT PAUSE

Surely all *Countdown* (weekdays C4) viewers know that Rachel Riley had her baby in December? So why do they pretend the programme is going out live? Would it really take anything away from it if Nick Hewer didn't mention Valentine's cards, pancakes etc?

We all know that they record blocks of programmes at one time, so for us viewers, Rachel has been pregnant for 12 months now!

Marion Turner *Herne Bay, Kent*

SMALL IS BEAUTIFUL

How lovely to see Sharon Small as Stella in *Flesh and Blood* (24–27 February ITV) being a beautiful, sexy woman instead of the dowdy Sergeant Havers in *The Inspector Lynley Mysteries*!

Catherine Kay *Bathgate, West Lothian*

NET LOSS

Although I'm now retired, I'm always up with the lark and enjoy listening to *Wake Up to Money* (weekdays Radio 5 Live), despite the financial news sometimes being way over my head. So I was sad to hear that Mickey Clarke and Louise Cooper are going. It's a bitter pill to swallow with our morning cup of tea.

Michele Platman *Birmingham*

AIM HIGHER, ZOE

Why is Zoe Ball's Radio 2 breakfast show losing so many listeners (Feedback, 29 February)? I think it's possibly because many of her older listeners, like myself, find it all too frantic and rather childish at times. While Zoe is a lovely lady, she speaks too fast, talks over her guests, asking several questions at once and then answering for them, and talks quite often over the music she plays.

I, for one, find the way she addresses her listeners as Secret Squirrels, Touché Turtles and the Hair Bear Bunch rather annoying, as if we were all five years old.

If she would only try not to cram so much into each show, play more music and have less chatter, the show would be much better.

Angela Tomlinson *Leeds*

EXEMPLARY ENDEAVOUR

What an emotional finale to the 23 February episode of *Endeavour* (ITV)... the music was sublime and had me in tears. Fantastic locations and architecture and good old-fashioned policing... I love this programme. And the cast makes it all work perfectly.

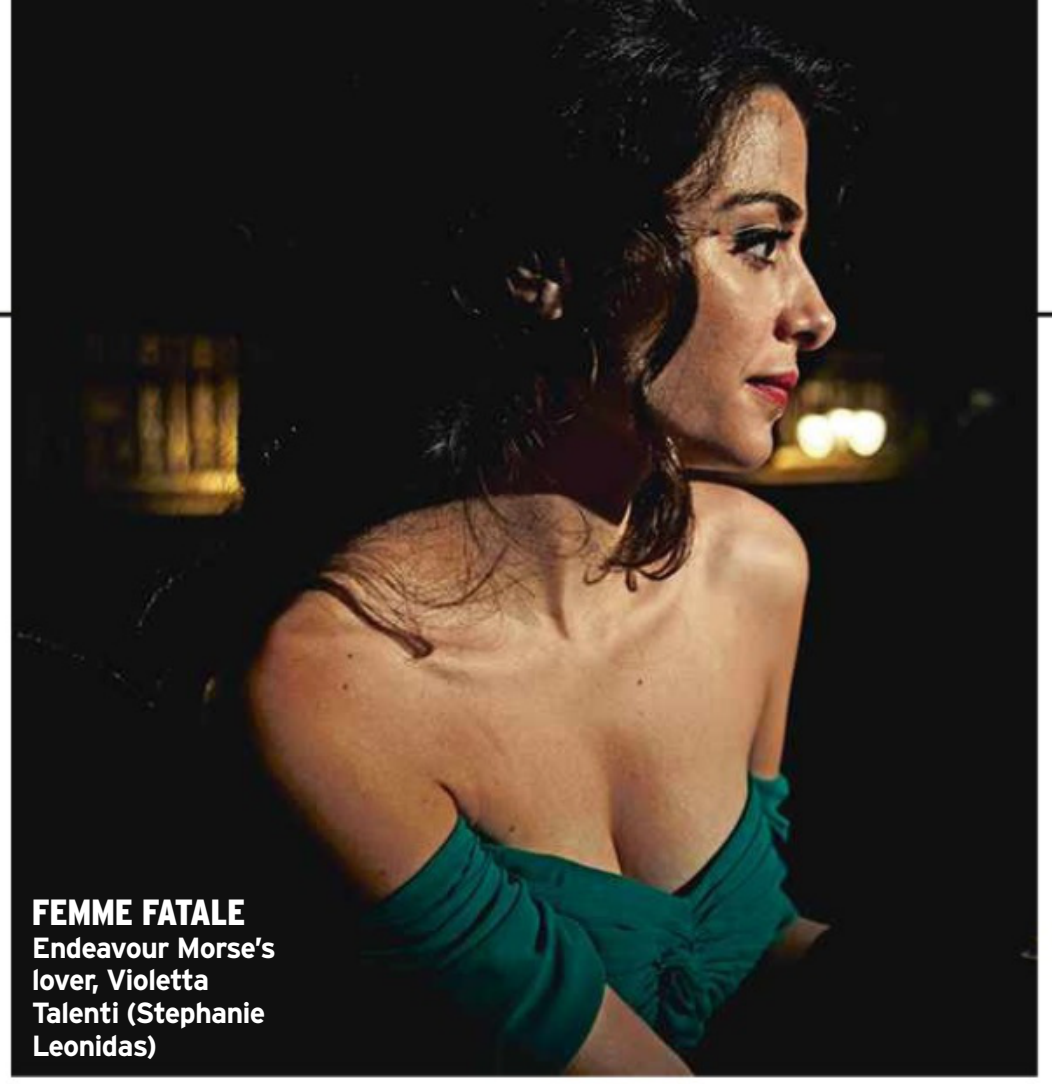
Judi Massa
Malvern, Worcs





THEN AND NOW
Sharon Small in *The Inspector Lynley Mysteries* and, right, *Flesh and Blood*

CLAIRE GOLDSMITH



FEMME FATALE
Endeavour Morse's lover, Violetta Talenti (Stephanie Leonidas)

EMAIL feedback@radiotimes.com
OR WRITE TO Letters Editor, Radio Times, Vineyard House, 44 Brook Green, London W6 7BT
Please include full address and phone number

…Huge thanks to Russell Lewis for a breathtaking dénouement. Complex plots throughout the series culminated in a sensational ending in Venice. The storyline around Morse's affair cleverly explained the reticence about women and relationships of the older Morse, played in the original series by John Thaw. What a triumph, leaving me not only wanting more *Endeavour*, of course, but also with a tinge of sadness.
Peter Woodroffe *Lutterworth, Leicestershire*

WORKING WONDERS

Like me, many *RT* readers enjoy *The Repair Shop* (BBC) and seeing the skills of the professionals who fix much-loved items. I have had personal experience of the expertise of one of them. I inherited a piece that every jeweller I approached said couldn't be mended. Then I contacted Richard Talman through his website (rtfj.co.uk) and was delighted with the outcome. Not only is he a genius, in my opinion, but a caring professional who understands how much every piece means to its owner, despite not being valuable in money terms.

I would say to anyone with a treasured item no one can repair: Richard does the impossible every day!
M Marshall-Brown *Gainsborough, Lincolnshire*

TO CLARIFY

TV Licensing would like to clarify a couple of points in the article (*RT*, 22 February) stating that we are spending £102.6 million in order to bring in £200 million (the estimated cost to the BBC of decriminalising licence-fee evasion). TV Licensing spent £102.6 million in the 2018/19 financial year to collect and administer the licence fee and this generated income of more than £3.69 billion. And the £102.6 million included not just enforcement activity, but the cost of managing our call centres and IT systems that service the millions of households that do pay their licence fee.

The fall in licence-fee income was not because 900,000 fewer people paid for a TV licence, as suggested, but mainly due to the Government's decreasing contribution to the cost of free licences for the over-75s. This funding cap meant the BBC received £204 million less.
Paul Cooper, Senior Communications Specialist *TV Licensing*



RURAL BLISS
***This Country's* Charlie and Daisy May Cooper**

BELOVED COUNTRY

Charlie and Daisy May Cooper's writing dug deep in series one and two of *This Country* (Monday BBC1), but series three is looking even better. The *Driving Lesson* episode (24 February) was sublime in its pacing and the big reveal about why the vicar is such a people-pleaser had me in knots.

They cleverly juxtaposed this vulnerable moment with some brilliant "misinterpretation of the Bible" comedy to leaven the mood. Brilliant writing made better with perfect delivery from Paul Chahidi's vicar. And Mandy's cameo (Ashley McGuire) was hilarious!
C White *Via email*

OF SOFAS AND BEDS…

I know you usually deal with comments on programmes, but could you tell me why the man in the Sofology commercial calls his dog Biggleswade?
John Garrett *Silver End, Essex*
Sofology tell us: "The lovely pooch that stars in the ad with Owen Wilson is in fact called Ellie. We've checked with the producers and it seems the line given to the Hollywood actor was 'You hear those waves?' Perhaps he was just dreaming of cosy Bedfordshire towns while relaxing on the sofa? Watch out, Biggleswade – you might have an A-lister heading your way!" ▷



A REAL GEM
***The Repair Shop's* Richard Talman**

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DATES FOR YOUR DIARY

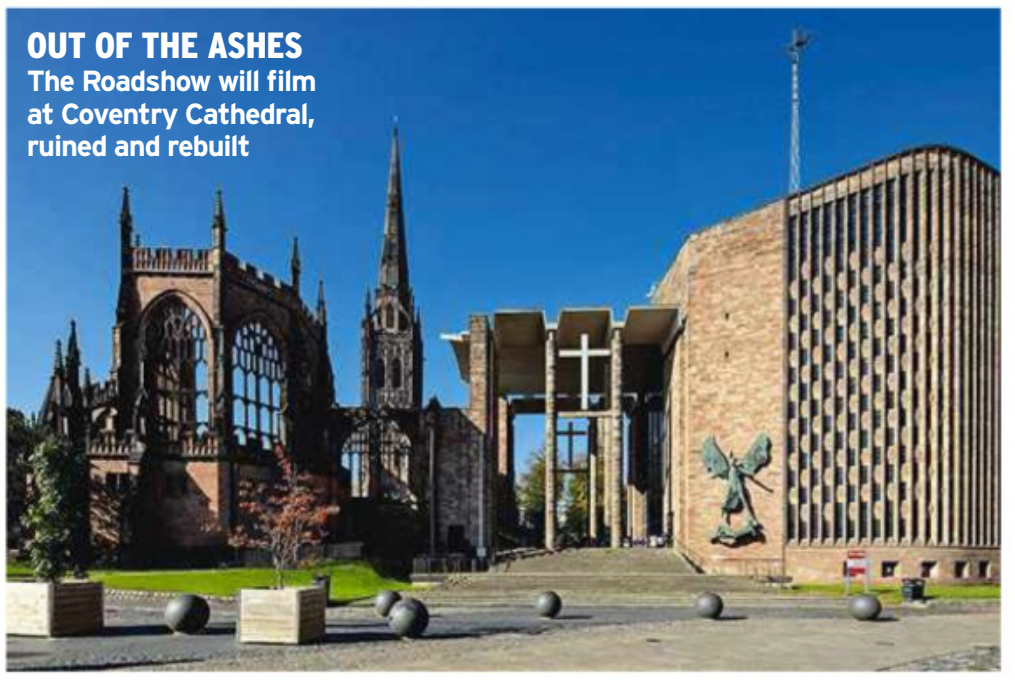
Where is the Roadshow filming this year?

If you've been dreaming that the vase you found at a car-boot sale is really a Meissen, why not go along to one of *Antique Roadshow's* filming days and get free expert advice? It might be worth a mint!

Fiona Bruce says: "Bring along your objects and let's see if we can unearth some amazing finds. A Fabergé egg would do..."

No tickets are necessary, so just turn up on the day – or you can email in advance with your name, address, phone number, a description of your item and how you came by it, along with a photo and the venue you'll be attending. Email **shareyourstory@bbc.co.uk**.

These are the dates you need to remember this spring and summer:



OUT OF THE ASHES
The Roadshow will film at Coventry Cathedral, ruined and rebuilt

Sunday 17 May
Forty Hall, Enfield, north London
A superb Jacobean manor house built on the edge of London in 1632, in a 273-acre Grade II-listed estate.

Tuesday 9 June
Windermere Jetty, Cumbria
This fascinating new Museum of Boats, Steam and Stories is right on the lake shore.

Tuesday 23 June
Stonor Park, Henley-on-Thames, Oxfordshire
Historic Stonor in the Chiltern Hills has been home to the same family for more than 850 years.

Tuesday 30 June
Bodnant Garden, Colwyn Bay, Conwy
This world-famous National Trust haven is in the foothills of Snowdonia.

Sunday 12 July
Culzean Castle, South Ayrshire
This imposing, late-18th-century clifftop castle was designed by Robert Adam and is packed with treasures including an oval staircase.

Sunday 26 July
Christchurch Mansion, Ipswich
This Suffolk Tudor mansion, which has Gainsboroughs and Constables on show, is reinventing itself as a contemporary arts space.

Friday 31 July
Newby Hall, North Yorkshire
The Hall's award-winning gardens were mostly created in the 1920s.

Tuesday 8 September
Coventry Cathedral
The Roadshow will mark 80 years since the Luftwaffe's bombs destroyed the original Cathedral.

For more information, go to:
bbc.co.uk/antiquesroadshow
And turn to p10 to meet Fiona Bruce and the Roadshow's newest experts

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◁ **APRIL NO FOOLS**

In the final episode of the most recent series of *Call the Midwife* (23 February BBC1), set in November 1965, the Greater London Council was mentioned – perhaps a tribute to the fact that it was founded on 1 April that year.

Such fine writing and great attention to historical detail make this one of the best programmes on television.

Beryl Bostock
Hayle, Cornwall



DI WHY?
Another/the same case for Neville Parker (Ralf Little)

NEW DOG, OLD TRICKS

I hope *Death in Paradise* (BBC1) goes on for ever, but they are running out of murder plots! The victim who isn't really dead at the time their "body" is discovered and is then polished off as others fetch help seems the main fallback – we've already had two in series nine alone.

In series seven we had two separate victims trying to fake their own disappearances when they were inconveniently murdered. And series seven's episode four was a re-wind of series one, episode three – dying women poisoning themselves to frame someone in revenge for a crime committed years before. I could go on. Seemingly a case of *déjà vu*...

Chris Telford
Farnham, Surrey



*Chris Telford wins Silent Witness, series 23. To order your copy on two DVDs for £14.99 including p&p (RRP £19.99), call 0844 848 7300 (call charges apply**) or visit radiotimes.com/dvdshop, quoting ref RT1806. Your contract for supply of goods is with Simply Home Entertainment.*

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View from my sofa

JOSH WIDDICOMBE

‘I never watch comedy’

The funnyman is a fan of Gregg Wallace – and Mr Tumble…

Do you watch a lot of TV?
No, I work a lot of evenings so I don’t get to watch TV very much. It means that when I do, there’s a lot of pressure on it to be good. I mainly watch *MasterChef* and football, but I’m watching *The Crown*. That feels substantial and important enough not to feel guilty about it. I feel like I’m missing out on a golden age of television because I don’t have enough time and all of those things seem like too much of an undertaking. That’s the thing with long-running dramas; if you don’t get in there early, it’s too intimidating.

So kicking and cooking – anything else?
I’ve got a two-year-old so I end up watching a lot of children’s TV. *Sarah & Duck* is absolutely brilliant. It’s so funny, sweet but also thoughtful, original and beautifully done. I also like Mr Tumble. I think Justin Fletcher [who plays him] is brilliant and a really funny comic actor. When you have a kid, you end up having strong opinions about children’s TV.

What about comedy?
I never watch comedy. If you love something and want to enjoy it… I’ve got friends who are sports journalists and they don’t watch football in the same way they used to. Likewise, I don’t watch comedy in the same way that I used to. I wish I could. But I’ve swapped being able to watch *Have I Got News for You* for being on it. So it’s a deal worth taking!



Your role on *Hypothetical* is more of a presenter than a panellist. How do you find that?
I love it. It’s fun, because you’re enabling other people. So you can be funny, but your job is primarily to make sure that the show is good.

Would you describe *Hypothetical* as a panel show?
Now and again, there’s an article in a broadsheet newspaper about the death of the panel show. There are still lots of good ones, but “panel show” is almost a dirty term now. In recent years, what’s happened is that the best panel shows are where you’re playing along and lost in the game – like *Would I Lie to You?* – rather than going on and talking about a topic. That’s what I hope *Hypothetical* is, and that’s why people seem to enjoy coming on it.

Has it given you any ambitions to host different shows?
I have really enjoyed it, although I think I’m still a few years away from a daytime quiz show!

What’s next for *The Last Leg*?
We’re going to Tokyo for the Paralympics as well as various other things. I think the reason the show’s grown is because it was never “meant” to be something, so it was allowed to find its audience. If you pitched the concept as a show – it’s a mess. What is it? It’s not a format. It just doesn’t work in any way! But it was allowed to find its own way and that’s the beauty of it.

You also previously starred in your own BBC3 sitcom, *Josh*. Are you keen to do more acting?
Josh was a really fun thing to do but no, at the moment it’s not something I’m particularly interested in doing. I didn’t really enjoy it. It’s slow, whereas what’s quite good about something like *The Last Leg* is that you can bash it out in an evening. It’s an hour of TV, and it’s live and it’s done. The immediacy is really fun.

FRANCES TAYLOR

Hypothetical is on Dave on Wednesday at 10pm and The Last Leg is on Channel 4 on Friday at 10pm

NOTHING TO WATCH?

MY FILM I watched *Rocketman* on a flight. I had no idea it was a musical. I hate musicals as a rule, but I love to cry at films, and I did.

MY BOOK *I’m Not with the Band* is a brilliant memoir by music journalist Sylvia Patterson.

MY PODCAST *Beef and Dairy Network* by Benjamin Partridge.

NEXT WEEK
RadioTimes
Jay Blades of The Repair Shop tells his story



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ANDREW COLLINS, RADIO TIMES

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LIVE ON STAGE!

Book now for the UK's biggest and best television festival

We're thrilled to announce that the BFI & Radio Times Television Festival is back and many of British TV's biggest names – from **Ricky Gervais** to **Mary Berry**, **Jenna Coleman** to **Motsi Mabuse** – will be joining us! Head to London's BFI Southbank over the weekend of 17 to 19 April to hear from the stars and creators of your favourite shows and see exclusive previews of tomorrow's hits today. Over the next 16 pages there's a taste of just some of the treats in store, from *Last Tango in Halifax* to *Dracula*, *Grantchester* to *Killing Eve*, plus clips, discussions, Q&As and, of course, our Radio Times Hall of Fame gala finale with **Gillian Anderson**. Look out for news in *RT* of more unmissable events over the coming weeks. Turn to page 15 to book now.



TV PREVIEW

After Life

In conversation with

Ricky Gervais

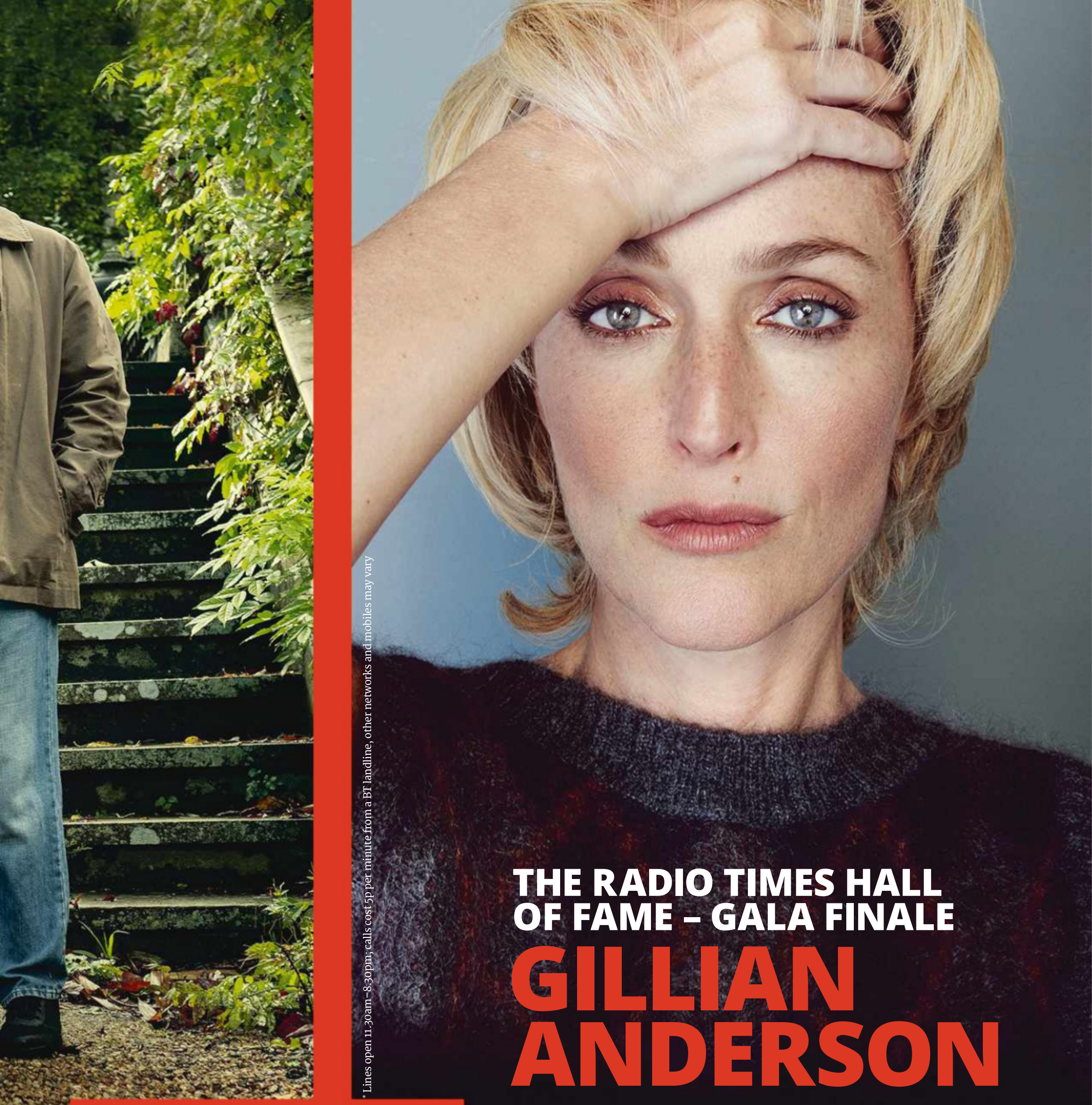
The Bafta, Golden Globe and Emmy Award–winning Ricky Gervais returns for a second run of his global hit *After Life*, launching on Netflix in April. The series follows Tony, a writer for the local newspaper whose life is upended after his wife dies from cancer. Still struggling with immense grief, Tony is trying his hardest to become a better friend to those around him. Be among the first to see the opening two episodes of the new series of this critically acclaimed, thoughtful and poignant comedy drama, before a discussion with creator, director and star of the series, Ricky Gervais.

Sunday 19 April 7.15pm, 105 mins

TICKETS £25

#TVfest

NETFLIX/RAY BURMISTON; GUSTAVO PAPALEO/GUARDIAN /EYEVINE



* Lines open 11.30am–8.30pm; calls cost 5p per minute from a BT landline, other networks and mobiles may vary

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RADIOTIMES

THE RADIO TIMES HALL OF FAME – GALA FINALE

GILLIAN ANDERSON

After launching her TV career in 1993 as UFO sceptic Dana Scully in global sensation *The X-Files*, Gillian Anderson has redefined the role of the television drama hero. She played the haughty Lady Dedlock in *Bleak House*, portrayed the mysterious Miss Havisham in *Great Expectations*, and as Stella Gibson played cat and mouse with Jamie Dornan in BBC1's serial killer thriller *The Fall*, before coming to the attention of a new generation of viewers as therapist Jean Milburn in Netflix's hit comedy *Sex Education*. Ahead of her eagerly awaited turn as Margaret Thatcher in the next series of *The Crown*, Gillian Anderson reveals the secrets of her success on screen in a gala finale to the BFI & Radio Times Television Festival.

Sunday 19 April 8pm, 75 mins **TICKETS £25**

THE RADIO TIMES HALL OF FAME

Mary Berry



Since the early 1970s, Mary Berry has been championing cooking on TV and, 50 years on, she remains the queen of the kitchen. As a judge on *The Great British Bake Off*, she put the pleasures of home baking back on the menu, turned a "soggy bottom" into a catchphrase and won a whole new generation of fans. Now, following her most recent hits, *Mary Berry's Quick Cooking* and *Best Home Cook*, we salute the nation's favourite star baker and consider the key ingredients of her enduring television appeal.

Friday 17 April 7.30pm, 75 mins TICKETS £25

RT booking opens
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THE RADIO TIMES HALL OF FAME

Russell T Davies



The career of writer Russell T Davies has been diverse, ambitious and heartfelt. He rejuvenated *Doctor Who* for a new generation, broke taboos in *Queer as Folk*, gave a darkly humorous spin to a political crisis in *A Very English Scandal* and offered up a frighteningly plausible dystopian vision with *Years and Years*. Join the master storyteller as he sits down with *Radio Times's* TV editor Alison Graham to celebrate his life in television to date and discuss his next project – a 1980s-set drama for Channel 4, *The Boys*.

Saturday 18 April 6.30pm, 90 mins TICKETS £25

NICKY JOHNSTON; RAY BURMISTON; BBC/BRIAN J RITCHIE; WALL TO WALL/STEPHEN PERRY; RICHARD ANSETT

BITING TOPICAL SATIRE

The Mash Report

As Trump tweets and Boris blusters, we ask, "Is the world now beyond satire?" NISH KUMAR, RACHEL PARRIS, MICHAEL SPICER and DESIREE BURCH from our favourite satirical team on BBC2's *The Mash Report* lead us in a look back at some of the most bizarre and incredible moments from the series as well as forward to what can possibly happen to surprise and annoy us in 2020.

Saturday 18 April 6.45pm, 60 mins TICKETS £15



BFI & RADIO TIMES TELEVISION FESTIVAL

GLIMPSE BEHIND THE SCENES

WHO DO YOU THINK YOU ARE?

As a journalist, BBC News anchor **SOPHIE RAWORTH** was fascinated to investigate her own ancestry and gain a fuller picture of where her family came from. Now, as the ever popular *Who Do You Think You Are?* prepares for its 17th run, Sophie recalls her journey of discovery in 2017 and talks to the show's producers about the painstaking behind-the-scenes research involved and the impact the show can have on its subjects.

Sunday 19 April 5.30pm, 60 mins TICKETS £15



#TVfest

DARK THRILLS FOR A NEW GENERATION

DRACULA

Bram Stoker's Transylvanian Count recently got his bite back in a full-blooded adaptation by *Sherlock* writers **STEVEN MOFFAT** and **MARK GATISS**. The creators of BBC1's three-part *Dracula* (starring Claes Bang, right) are joined on stage by executive producer **SUE VERTUE** to reveal how they transformed the gothic tale in order to thrill a new generation – and whether the anti-hero they created really can be resurrected.

Sunday 19 April 2.45pm, 60 mins
TICKETS £25



* Lines open 11.30am–8.30pm; calls cost 5p per minute from a BT landline, other networks and mobiles may vary



Fortunes are being chased on the wild coasts of 1860s New Zealand at the height of the gold rush in *The Luminaries*, an intricately woven, suspenseful tale of love, murder, magic and revenge that's coming soon to BBC2. Watch a preview of the epic opening episode and hear stars **EVE HEWSON** and **HIMESH PATEL**, who play the star-crossed lovers at the heart of the story, and producer **LISA CHATFIELD**, talking about bringing Eleanor Catton's Man Booker Prize-winning novel to the screen.

Saturday 18 April 4pm, 105 mins TICKETS £20

TV PREVIEW LOVE, MURDER & REVENGE

The Luminaries

BBC/THE LUMINARIES PRODUCTION LTD 2018/KIRSTY GRIFFIN; ELEVENTH HOUR FILMS/DES WILLIE; LIMEPICTURES/RAY BURMISTON

*Lines open 11.30am–8.30pm; calls cost 5p per minute from a BT landline, other networks and mobiles may vary

#TVfest

25TH ANNIVERSARY

Hollyoaks

For 25 years *Hollyoaks* has been at the cutting edge of TV soap, bravely tackling taboos and breaking new ground. From casting the first regular female cast member with autism to major storylines on male rape and far-right radicalisation, *Hollyoaks* has started conversations on big issues. Join executive producer **BRYAN KIRKWOOD** and actors **GARY LUCY, TALIA GRANT** and **RISHI NAIR** (right) to celebrate Channel 4's trailblazing soap.

Fri 17 April 4pm, 60 mins
TICKETS £15





TEENAGE SPY ADVENTURE

ALEX RIDER

On the surface, Alex Rider – hero of **ANTHONY HOROWITZ'S** young adult novels – is an ordinary schoolboy, but he's also an MI6 agent. When he's sent to exclusive school Point Blanc in the French Alps on a dangerous mission to discover its sinister secrets, he soon unearths far more than he could ever have expected. Be the first to see extended clips of this exciting new series and hear from Horowitz and star **OTTO FARRANT**.

Friday 17 April 4.30pm, 60 mins TICKETS £15



SID GENTLE FILMS/BBC AMERICA/DES WILLIE; MAMMOTH SCREEN/BBC/ROLAND NEVEU

BFI & RADIO TIMES TELEVISION FESTIVAL

CHIC, SLEEK, PITCH-BLACK DRAMA

Killing Eve

Villanelle of *Killing Eve* (Jodie Comer, left) certainly assassinates her victims in style. With a wardrobe to die for and a killer playlist, she has become a fashion icon. Join executive producer **SALLY WOODWARD GENTLE**, director **DAMON THOMAS,** lead writer **SUZANNE HEATHCOTE** and music supervisor **CATHERINE GRIEVES** as they talk about the soundtrack and costumes of TV's sleekest, chicest drama – and be among the first to see clips from series three.

Sat 18 April 4.15pm, 60 mins TICKETS £15

RT booking opens
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ON THE TRAIL OF A KILLER – 70s STYLE

The Serpent

JENNA COLEMAN reunites with *Victoria* makers Mammoth Screen for BBC1's upcoming international crime drama *The Serpent*, inspired by real events. Watch exclusive first-look clips and hear Coleman and co-stars **BILLY HOWLE** and **ELLIE BAMBER**, as well as writer **RICHARD WARLOW** and director **TOM SHANKLAND**, shed light on the story of the elusive Charles Sobhraj – the killer who was sought on three continents in the mid-1970s for the unsolved murders of young Western travellers across the "hippy trail" of South East Asia.

Sunday 19 April 4.30pm, 60 mins TICKETS £20

CREATING DRAMA BEYOND BORDERS

WORLD ON FIRE

The intertwining stories of ordinary people caught up in the Second World War were told to great acclaim in the 2019 BBC1 drama series *World on Fire*. Actor **JULIA BROWN**, who starred as factory worker and singer Lois Bennett, joins writer **PETER BOWKER** and designer **PAUL SPRIGGS** to discuss the creation of this powerful series and offer behind-the-scenes insights into the challenges of re-creating war-torn Europe.

Sunday 19 April 2.30pm, 60 mins

TICKETS £15



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BRINGING A BESTSELLER TO TV

US

Humour and heartbreak combine in BBC1's upcoming four-part drama *Us*, adapted by **DAVID NICHOLLS** from his bestselling 2014 novel. A couple's marriage is put under the microscope after Connie (Saskia Reeves) tells her blindsided husband Douglas (Tom Hollander) that she's not sure they have a future together. Will a grand tour of Europe heal the family's wounds? We take a first look at some scenes from the drama and hear Nicholls, with star **TOM HOLLANDER** and executive producer **GREG BRENMAN**, talk about bringing the book to life.

Sunday 19 April 3pm, 60 mins

TICKETS £20

* Lines open 11.30am–8.30pm; calls cost 5p per minute from a BT landline, other networks and mobiles may vary

MAMMOTH SCREEN/BEN BLACKALL; DRAMA REPUBLIC/COLIN HUTTON

VIP Festival weekend!

BFI & RADIO TIMES TELEVISION FESTIVAL



Five events and a two-night stay at Sea Containers London, from £340pp*

VIP PACKAGE INCLUDES

Two-night stay (17–19 April), breakfast included

Tickets to five shows across the weekend

Friday-evening drinks at the BFI before the Grantchester session

Dedicated Festival concierge from Radio Times



YOUR ITINERARY

FRIDAY 17 APRIL

- Start your Festival weekend with complimentary drinks at the BFI
- Reserved seat at **Grantchester**, 6pm
- Reserved seat at **Hall of Fame: Mary Berry**, 7.30pm

SATURDAY 18 APRIL

- Reserved seat at **Last Tango in Halifax**, 2.30pm
- Reserved seat at **Hall of Fame: Russell T Davies**, 6.30pm

SUNDAY 19 APRIL

- Reserved seat at **From the Archive: The Goodies at 50!**, 1.30pm

*Price per person based on two people sharing a double room, fully pre-paid, non refundable. VIP package subjected to availability and change. Booking for VIP package closes at 11.59pm on Sunday 5 April 2020. Single accommodation packages are priced at £399.

TO SECURE YOUR VIP PACKAGE

Go to **seacontainerslondon.com**
and use code RADIOTIMES in the 'promo code' field when booking

Or call **0203 747 1234**** quoting reference RADIO TIMES

For more details go to radiotimes.com/TVfestVIP

**Calls from a landline will cost your standard network rate. Calls from a mobile may vary

Darkness lurks amid the bucolic beauty of the Cambridgeshire countryside, as fans of period detective drama *Grantchester* have witnessed over five acclaimed series. Stars **ROBSON GREEN** (who plays seasoned DI Geordie Keating) and **KACEY AINSWORTH** (aka Cathy Keating), plus writer **DAISY COULAM** and executive producer **EMMA KINGSMAN-LLOYD**, discuss their parish's ever-increasing murder rate and the reasons why the show's vicar-and-cop crime-solving partnership remains so appealing.

Friday 17 April 6pm, 60 mins TICKETS £20

GEORDIE AND CATHY ARE IN THE HOUSE!

GRANTCHESTER

RT booking opens
4 March 11.30am
020 7928 3232*
bfi.org.uk/TVfest
Use priority booking code **RADIOTIMES**

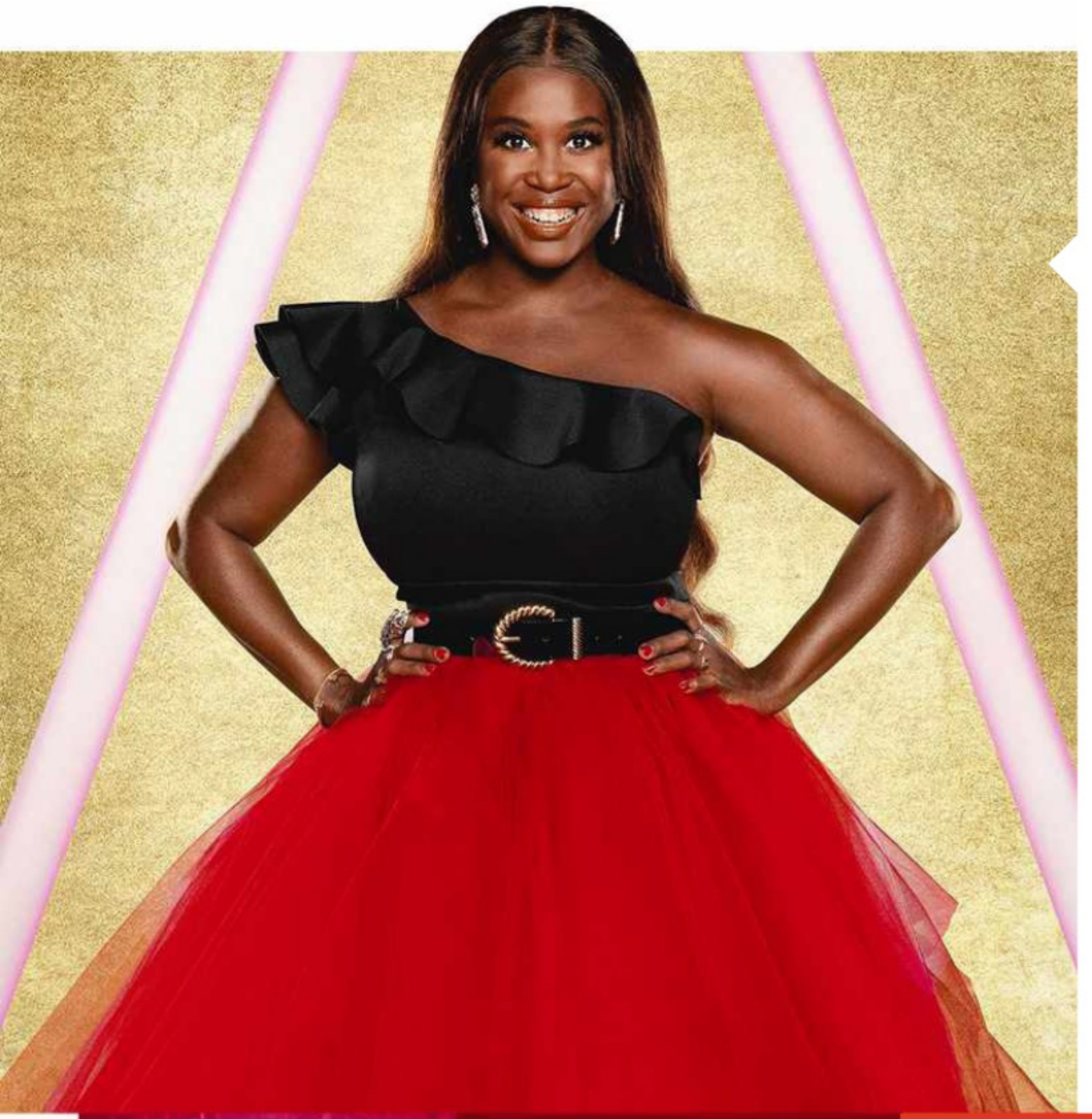
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FROM THE ARCHIVE: THE GOODIES AT 50!

Fifty years ago, three comedy talents – **BILL ODDIE, TIM BROOKE-TAYLOR** and **GRAEME GARDEN** – unleashed a wave of mayhem in *The Goodies*, a fast-paced mélange of surreal ideas, slapstick and film trickery that resulted in a colourful "live-action cartoon" and became a much-loved viewer favourite. We're pleased to welcome Brooke-Taylor, Garden and Oddie to the Festival stage to celebrate this golden anniversary.

Sunday 19 April 1.30pm, 60 mins TICKETS £20





BFI & RADIO TIMES TELEVISION FESTIVAL

ALL THE GLAMOUR OF THE BALLROOM

Strictly Come Dancing

Few programmes unite the British public in the way *Strictly* can. Since 2004, it's been the talk of Saturday-night TV, but what are the magic ingredients of this ratings-topping hit show? Judge **MOTSI MABUSE** and executive producer **SARAH JAMES** – with more panellists to come – bring the glitz of the ballroom to the Festival as we celebrate the enduring appeal of the nation's favourite shiny-floor show.

Sunday 19 April 4.15pm, 60 mins
TICKETS £25



BBC/RAY BURMISTON; BBC/LORIAN REED-DRAKE; FUDGE PARK/STEVE SCHOFIELD; YOSHITAKA KONO; KUDOS/ITV; DON SMITH

#TVfest

ALAN YENTOB INTERVIEWS

Sir Lenny Henry

Illustrated with clips from the *Imagine* film *Lenny Henry: Young, Gifted and Black*, Alan Yentob and Sir Lenny Henry discuss his rise to fame, catapulting him from working-class kid from Dudley to one of Britain's most celebrated performers. Having reinvented himself as a serious actor and campaigner, Sir Lenny will reflect on his lifetime in television and reveal what really matters to him today, with a chance for you to ask questions.

Sat 18 April 2.45pm, 60 mins TICKETS £15

TV PREVIEW

The First Team

Written and directed by **IAIN MORRIS** and **DAMON BEESLEY** (the award-winning duo behind *The Inbetweeners*), *The First Team* follows the misadventures of three young footballers as they struggle with their mercurial Italian manager, the team's eccentric American chairman (Will Arnett) and an ineffectual coach. See episodes one and two of this hot new comedy and take part in a Q&A with Morris and actors **SHAQUILLE ALI-YEBUAH** and **JACK McMULLEN**.

Friday 17 April 5.30pm, 90 mins TICKETS £15

HIGH-OCTANE COMEDY

THE LATEISH SHOW WITH MO GILLIGAN



Mo Gilligan's sketches regularly go viral and *The Times* named him the funniest man in Britain. His Channel 4 show attracts celebrities such as Steve Coogan, Lee Mack, David Schwimmer, Jada Pinkett Smith and Anderson Paak. Audiences love his high-octane mix of free-wheeling comedy, sketches, music, guests and audience interaction. There have been many memorable moments – a few of which Gilligan will screen and discuss tonight.

Friday 17 April 7.30pm, 60 mins TICKETS £15

RT READER FAVOURITE

Last Tango in Halifax



With the long-awaited fifth series now showing on BBC1, the writer and creator of *Last Tango in Halifax*, **SALLY WAINWRIGHT**, star **ANNE REID** and executive producer **FAITH PENHALE** will reveal all about the making of the Bafta-winning hit, which has been hailed by viewers and critics as the warmest and most life-affirming drama on television.

Saturday 18 April 2.30pm, 60 mins TICKETS £20

#TVfest



THRILLING INNOVATIVE DRAMA

Giri/ Haji

Critics and the public alike were united in praise for this gripping and truly original drama. Moving deftly between the twilight worlds of Japan's criminal warlords and London's gangland, *Giri/Haji* built to a thrilling climax as the consequences of the characters' actions closed in. Relive the magic of the series through clips and hear from writer **JOE BARTON**, director **JULIAN FARINO** and some of its stars how the extraordinary *Giri/Haji* was made.

Sunday 19 April 7pm, 60 mins
TICKETS £15

LOOKOUT POINT/MATT SQUIRE; BBC/SISTER PICTURES/ROBERT VIGLASKY; DON SMITH; RICHARD GRASSIE



TALENT SPOTLIGHT

Nicola Coughlan

Nicola Coughlan shot to fame as one of the most-loved characters in Channel 4's *Derry Girls*. After her success in *The Prime of Miss Jean Brodie* at London's Donmar Warehouse, she now joins the cast of Shonda Rhimes's *Bridgerton*, a major new Netflix drama set in the Regency era. Legions of fans online adore Nicola for the various causes she champions with passion and humour. So join her as she discusses her meteoric rise to fame, *Derry Girls* and starring in *Bridgerton* alongside Dame Julie Andrews!

Friday 17 April 9pm, 60 mins
TICKETS £15

BFI & RADIO TIMES TELEVISION FESTIVAL

PEEK BEHIND THE MAGIC CURTAIN

BEYOND BELIEF

Award-winning magician **DYNAMO** discusses his return to television after a career-threatening illness, and his new show, *Beyond Belief*, which promises to transform magic on TV. Taking viewers on a journey across the globe, the show tells the story of Dynamo's incredible comeback after a chronic condition rendered him unable to perform. Hear how Dynamo has redefined magic for a new generation, illustrated with clips from his unbelievable new show.

Saturday 18 April 6pm, 60 mins TICKETS £25



RT booking opens
4 March 11.30am
020 7928 3232*

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FROM THE ARCHIVE: REMEMBERING

Dave Allen

God, whiskey and a shaggy-dog tale with a killer punchline – Dave Allen was the doyen of TV comedy in the 70s, taking gentle aim at power and religion. Human peculiarities were his subject, in both his TV shows and a series of fascinating documentaries. They have rarely been seen since he died in 2005 – laugh along now with Ireland's cleverest comedian in this feast of clips from his TV career.

Sunday 19 April 4pm, 60 mins TICKETS £15

TV PREVIEW SECRETS AND SCANDALS OF JULIAN FELLOWES'S NEW DRAMA

Belgravia

Immerse yourself in the grandness of upper-class 19th-century London society as Julian Fellowes's prestigious new ITV drama *Belgravia* is shown on the big screen. See the latest episode ahead of anyone else and hear from its stars including **PHILIP GLENISTER** (second right; subject to availability), plus executive producer **GARETH NEAME**, about how they brought this lavish world of secrets and scandals to life.

Sunday 19 April
6pm, 90 mins
TICKETS £20



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4 March 11.30am
020 7928 3232*

bfi.org.uk/TVfest

Use priority booking code **RADIOTIMES**



TV PREVIEW

FIRST TASTE OF A STYLISH THRILLER

Gangs of London

An assassination at the heart of the capital's most powerful crime family sparks an underworld power struggle in this visceral new nine-part Sky Atlantic drama from **GARETH EVANS** (*The Raid*, *Apostle*), starring *Peaky Blinders'* **JOE COLE**. Watch the exhilarating first 85-minute episode, which takes the audience on a journey into a city being torn apart, followed by a discussion with Evans and Cole.

Sat 18 April 7.30pm, 120 mins **TICKETS £25**



CARNIVAL FILMS/ITV/MATT HOLYOAK/MARK MAINZ; SKY UK LIMITED

FROM THE ARCHIVE

Prince

The Festival spotlight falls on the late, great American songwriter and performer Prince. We've trawled the archives to find unforgettable – and long-forgotten – footage. Although Prince's videos were creative and memorable, it was live on stage that he blew audiences away – so don your Raspberry Beret for spectacular film of this dynamic star in concert performing some of his most dazzling routines.

Saturday 18 April 2.45pm, 75 mins TICKETS £20

UNFORGETTABLE SOUNDTRACKS

THE SOUND OF TV

Since his incisive *Sound of Cinema* in 2013, musicologist and composer **NEIL BRAND** has become a BBC4 fixture with his illuminating deconstructions of film scores, popular song and musicals. Now he casts his expert eye on the soundtracks and themes of the small screen in *The Sound of TV*. As well as showcasing clips from his upcoming series, Neil will be chatting on stage with **DAVID ARNOLD**, composer for *Sherlock* and *Dracula*.

Sunday 19 April 1pm, 60 mins TICKETS £15

SCI-FI CLASSIC

The Year of the Sex Olympics

Decades before *Big Brother*, *Quatermass* creator Nigel Kneale took the pulse of the Swinging Sixties with this groundbreaking drama for BBC2. In the near future, a ruling elite controls the masses with banal reality shows and pornography. Starring Leonard Rossiter, Suzanne Neve and Brian Cox, *The Year of the Sex Olympics* was thought lost, but luckily a print surfaced in the 1980s. A rare chance to see this sci-fi classic on the big screen.

Sat 18 April 12.15pm, 120 mins TICKETS £15

BFI & RADIO TIMES TELEVISION FESTIVAL

#TVfest

How to book

RT readers' priority booking opens on Wednesday 4 March at 11.30am. Use the access code RADIOTIMES online and by phone. When booking online, input code into box on right of page before you begin booking. Tickets go on public sale from 11.30am on Tuesday 10 March.

ONLINE

Go to bfi.org.uk/TVfest

BY TELEPHONE

Call 020 7928 3232*

IN PERSON

At BFI Southbank, Belvedere Road, South Bank, London SE1 8XT

CONCESSIONS

- Available for over-60s and unemployed or disabled people.
- BFI members save £2 on ticket prices
- If the session you are trying to book using the *RT* readers' priority code has sold out, please try again when public booking opens on Tuesday 10 March

Keep your eyes peeled in *RT* over the coming weeks for more Festival news. For our VIP package, see page 9 of this supplement.

Go to bfi.org.uk/TVfest to sign up for email updates

*Lines open 11.30am–8.30pm; calls cost 5p per minute from a BT landline, other networks and mobiles may vary. NB Information correct at time of going to press. For latest updates, check website.