

THE Sun

Wednesday, March 4, 2020

FOR A GREATER BRITAIN

55p

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25p
LESS THAN THE
DAILY MIRROR

FREE INSIDE
Slimming
WORLD
PULLOUT
7 FILLING
FAMILY
FEASTS

QUEEN GIVES GONGS IN GLOVES

● HER MAJ
NOT COWED
BY VIRUS

● BATTLE
PLAN PLEA
BY BORIS

● HIGHEST
ALERT AS
51 GET BUG

A mitt tricky
... Queen
pins CBE to
Wendy's coat
yesterday



By MATT WILKINSON

THE Queen refused to be cowed by the coronavirus scare yesterday as she kept calm and carried on.

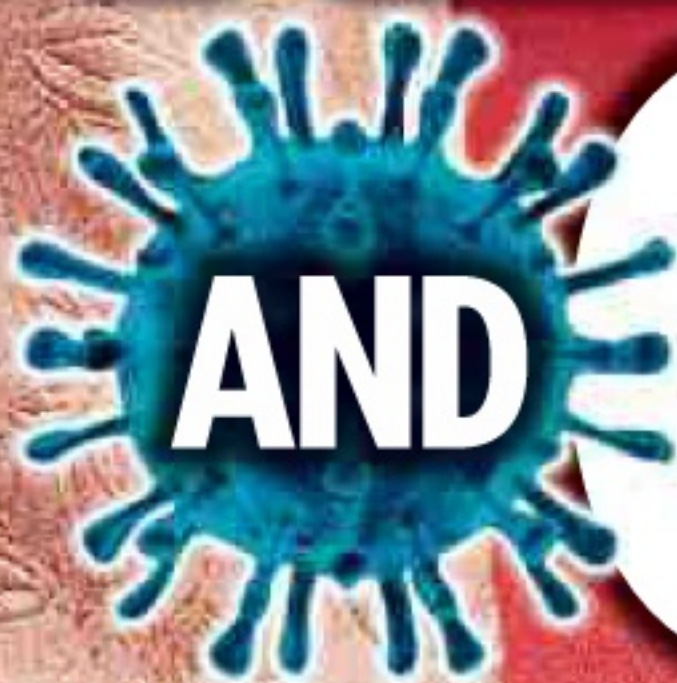
But Her Majesty, 93, sensibly wore gloves for the first time to hand out gongs at Buckingham Palace, including a CBE to actress Wendy Craig.

Boris Johnson urged Brits to show a "bulldog spirit" as he unveiled a battle plan to keep us safe.

NHS England declared the outbreak a Category 4 incident — the highest level — as total UK cases rose to 51

Continued on Page Five

KEEP MA'AM AND CARRY ON!



GOVT VS CIVIL SERVICE

MoD exit
for Dom
protester

By JONATHAN REILLY

A SPECIAL adviser has been forced out of the MoD weeks after standing up to the PM's aide Dominic Cummings.

Lynn Davidson, who was Defence Secretary Ben Wallace's aide, left after No10 chiefs tried to demote her to a role in Health or Education.

Ms Davidson, an ex-Sun journalist, said Mr Cummings was "out of order" over his treatment of aides at a meeting last month.

A Tory source insisted her departure was unconnected and talks about her moving began before her clash with Mr Cummings.

PRITI'S HIT BY A
3RD BULLY ROW

Ms Patel... yesterday

By TOM NEWTON DUNN

PRITI Patel has been accused of bullying a third senior civil servant out of his job.

Sources said the embattled Home Secretary repeatedly harassed and belittled her private secretary while she ran the Department for International Development.

But Ms Patel adamantly denied the fresh claims last

Aide 'off with stress'

night as "completely false". Allies blamed a vendetta against her by a civil service faction.

After six months of the alleged abuse, the senior civil servant was signed off sick with a stress-related illness.

The new claims are the third serious allegation of bullying levelled at Ms Patel, who will be the subject of a Cabinet Office

probe. She denies all claims. A friend of the Home Secretary said it was "concerning" a small number of "unelected civil servants" are briefing against her. One ally added: "Good on Priti for ignoring them."

DfID said it would not comment on personnel matters.

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Jane Moore — Page 15

Fuel duty
hike fear
growing

By MATT DATHAN

FEARS escalated last night that the Chancellor will raise fuel duty for the first time in a decade.

Rishi Sunak delivers his first Budget next week.

Those close to his preparations have not ruled out ending the freeze, which would hike fuel by 2p per litre from April.

At the very least, Mr Sunak is expected to prepare Britain's 37million drivers for an end to the freeze from next year, the Financial Times reports.

The Sun revealed a fortnight ago how the Treasury was considering ending the freeze to help raise £4billion a year.

Mr Sunak is said to want to send out a signal to accelerate the switch to electric cars.

A Tory MP told the FT: "I can't imagine the freeze will survive this Parliament."

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Ipsos Regulated

LABOUR 'LOSSES'

THE Labour Party faces one of its worst results in recent history during the upcoming local elections, according to an internal report.

Months after its worst general election since 1935, vote simulations show the party is set to lose strong-hold councils such as Shef-

field, Plymouth and Harlow. The predictions also show Labour could lose up to 418 councillors when voters go to the polls in May.

The report adds: "Based on the election and subsequent 'bounce' for the Tories, we fully expect to lose hard-working councillors."

MPs' STAFF
PAY BOOST

MPs are to get a 13 per cent boost in their budget to pay staff, it was confirmed yesterday.

Each MP will receive a budget rise of £21,900 for staff in London and £21,600 outside the capital.

PM'S DAD LEAVE

BORIS Johnson plans to take paternity leave after his child is born this summer.

The PM said he will "almost certainly" take the two weeks he is entitled to.

He commented for the first time in public yesterday on news that he and Carrie Symonds, 31, are

expecting a baby in late May or early June.

But it threatens to disrupt a busy summer of foreign trips, including the key G7 summit in the US in June and a crucial meeting with the EU in the same month to mark the halfway point in post-Brexit trade talks.



sky NEWS HD

WEATHER with NAZANEEN GHAFAR



TODAY: Cloudy in the morning for most with light rain affecting Wales, southern and western England. A few bright spells are possible initially across eastern England.

TONIGHT: Dry with clear spells in Scotland, Northern Ireland and northern England but grey with a few spots of rain in Wales and southern England.

OUTLOOK: Tomorrow will be cloudy in the South. Bright for parts of northern England but Northern Ireland and Scotland will be mostly cloudy with a risk of showers. On Friday there will be a mixture of sunny spells and showers. Moderate westerly winds.

THU 7°



FRI 7°



SAT 11°



EVENS

Put any numbers from 1 to 9 in the squares, so each row and column equals totals in circles. Digits cannot be repeated in a row or column and only even numbers go in shaded squares.

				10
				27
				30
				25
28	25	13	26	

PUZZLES: PAGE 40

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Today's
birthdays

ACTRESS PATSY KENSIT, 52, left, model BROOKLYN BECKHAM, 21, right, comedian TIM VINE, 53, and singer SHAKIN' STEVENS, 72.

●LAST night's Health Lottery numbers: 7, 22, 29, 32, 45. Bonus 30. EuroMillions: 4, 14, 27, 44, 45. Lucky Stars: 1, 10.

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EXCLUSIVE: OLD MASTER DEBATE



WE CAN'T BARE IT!

Titian's Danaë will be on display

By **EMMA JAMES**
and **CRYSTAL JONES**

AN exhibition of paintings by Titian sparked a social media rumpus — because they show bare breasts.

The Italian's artwork is going on display at the National Gallery in London this month.

The Royal Academy posted one of his paintings on social media as part of a promotional video for the "Love, Desire and Death" exhibition.

But the clip was "flagged" by Twitter — over the nudity in the 500-year-old Danaë picture.

The RA tweeted its surprise — pointing out that a previous video contained a "massive phallus" which didn't get flagged. It was referring to a willy-shaped lamp.

Twitter sources confirmed the video was flagged on the basis it breached nudity rules.

Art historian Dr Daisy Dunn dubbed the reaction "ridiculous".

She said: "Instead of seeing beautiful works of art, they're assuming they're looking at something that is demeaning to women. Titian's paintings are certainly not degrading."

Mythological paintings by the 16th-century artist, whose other works include Venus Anadyomene, will be on display from March 16 to June 14.

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The Sun Says — Page 12

RA Royal Academy @royalacademy
Apparently this video is getting flagged as sensitive content because it features breasts in a painting by Titian.
Which is fun as our video for February's exhibitions contained a massive phallus and didn't get flagged.

Shock... RA tweet and, below, Titian's Venus Anadyomene



But we are preserving her modesty a bit!

PUT YER TITIANS AWAY!

Twitter offended by painting's bare boobs



Hero...
Titian

BUST-UP BONKERS

ANYONE who complains about this is making rather a Titian of themselves.

He was ahead of the curves when it came to celebrating the fuller female figure.

The Catholic Church was super-disapproving about

By **TOULOUSE LE PLOT**, Sun Art Critic

sex but the Italian helped herald a more liberal society. Woke millennials should hail Titian as a hero. He knew there's nothing rude about sending nudes — to the right gallery, that is.

COVID-19 FLU CRISIS**PM UNVEILS**

Masked . . . commuter in London

By KATE FERGUSON
and MATT DATHAN

BORIS Johnson yesterday unveiled his plan to save Britain from a coronavirus pandemic — including drafting in the Army and shutting parts of the NHS.

Stark warnings also included one in five Brits — six million — could be off work sick at the outbreak's potential peak.

But the PM believes those doomsday scenarios can be avoided by taking precautions such as washing hands — and our “bulldog spirit” can help us get through it.

His blueprint featured four stages — contain, delay, research and mitigate — with proposals at the extreme end including closing the NHS to all but critical care.

Non-urgent appointments and ops may be cancelled and patients sent home early to free up vital beds in worst-case scenarios.

Police could also be ordered to investigate only serious crimes and maintain public order.

The Army would be on standby to guard vital sites such as nuclear power stations so extra cops can be put on the streets.

Despite the NHS declaring the outbreak a Category 4 incident — the highest state of alert — the PM was confident Brits will rise to the “challenge”.

Asked if he thought the UK still had the “bulldog spirit” to combat the virus, he said: “I do think that this is a national challenge. I do think we are facing something that our country has to get through.”

“But I have absolutely no doubt that we have the resources, the health service, we have got the expertise to do it.”

He added: “I think the British public can see exactly what the balance of risk is. We are giving a very clear picture of how we will need to behave and I think we will get through it in very good shape.”

A PR blitz is to be launched this week urging Brits to “focus the mind” on washing hands.

Posters and social media ads will remind people to wash them when they come in, after they blow their nose, cough or sneeze, and before they eat or handle food.

A government source said: “The emphasis will be on making people really think about what they are touching, when they open a door, travel on public transport, in order to focus the minds on why you need to wash your hands.”

The Government's 28-page action plan unveiled yesterday was agreed at the first emergency Cobra meeting to be chaired by the PM.

It stressed that the response is still in the “containment” phase.

But experts fear they may have to shift to “delay” — damage limitation — within days or weeks amid growing outbreaks across Europe.

The vast majority of coronavirus cases will have only mild-to-moderate effects on patients, it states.

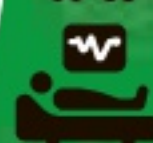
Around one in 100 who get it are expected to die, with the elderly

BORIS'S 4-STAGE BATTLE PLAN**STAGE 1: CONTAIN** Current phase

Detect early cases, isolate them to prevent clusters



Follow up close contacts of patients



Screen travellers to and from high-risk areas

STAGE 2: DELAY Established, yet to peak

Launch public information campaign on washing hands



Allow pupils to do schoolwork from home



Relax sick pay rules as one in five could be forced to stay home



Ban large-scale gatherings like London Marathon

STAGE 3: RESEARCH

Pump money into researching illness



Ignore low-level crime if lots of police officers test positive



Prepare for multiple waves of virus

STAGE 4: MITIGATE Outbreak spirals

Cancel non-urgent operations to prioritise vulnerable



Deploy troops on the streets



NHS staff called out of retirement



GOOD CL

● Army called out in doomsday plan

and those with underlying health conditions most at risk.

But if cases boom, more draconian measures could be brought in for around three months, including telling Brits to work from home.

Teachers will be allowed to teach bigger class sizes if schools are hit by severe staff shortages. Public events such as football matches and festivals may be cancelled.

Border Force officials will also be given beefed-up powers to test people when they land in airports.

Care homes could also insist guests are tested, to protect the elderly from infection. Pensioners

could even be advised to avoid big public events such as the VE Day celebrations in May.

Officials will not bring in the most extreme measures until the virus peaks, and they believe Brits will only put up with them for around 12 weeks.

They are trying to delay it until early summer, buying time for research into vaccines and meds.

Other worst-case scenario warnings issued yesterday included more than 500,000 people dying of the disease. But the PM said: “For the overwhelming majority of people who contract the virus this will

be a mild disease from which they will speedily and fully recover.”

Health Secretary Matt Hancock also urged social media bosses to tackle the spread of fake coronavirus news online. He said in the Commons: “We prepare for the worst and work for the best.”

He added: “The single most important thing that everyone can do, and I make no apologies for repeating this, is to use tissues when you cough or sneeze and wash your hands more often.”

Brits were also urged not to stockpile food and other supplies. Delivery firm Ocado had warned

people are placing larger orders than usual while supermarkets are drawing up contingency plans.

But the Government's chief scientific adviser Sir Patrick Vallance said: “There is absolutely no reason to be doing any panic buying of any sort or going out and keeping large supplies of things.”

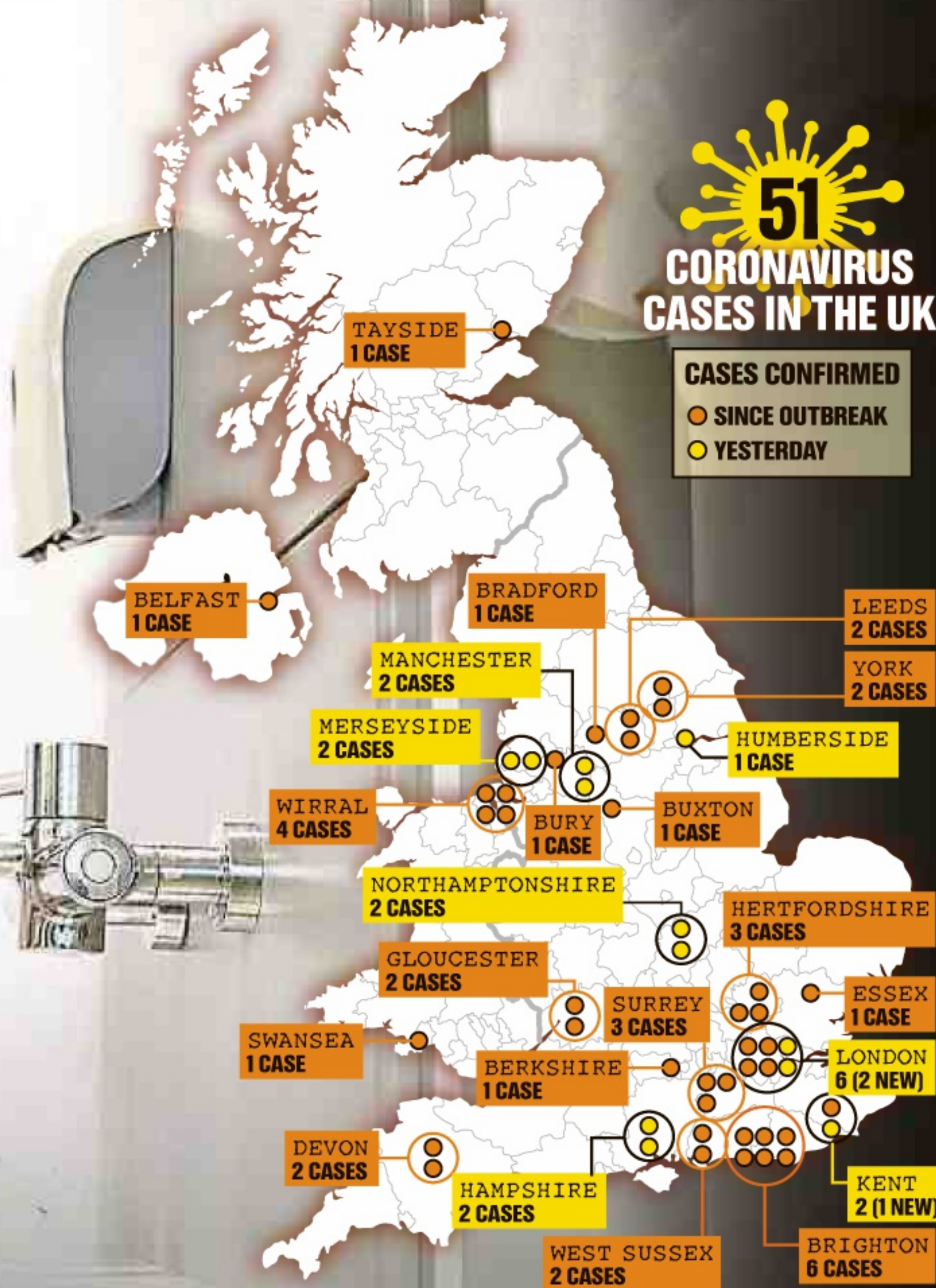
Mr Hancock said the Government is not recommending stockpiling of food, hand sanitizer or handwash. He added: “The responsibility on people today is to carry on your ordinary lives.”

kate.ferguson@the-sun.co.uk
The Sun Says — Page 12

Picture: ANDREW PARSONS/
No10 DOWNING STREET

BLUEPRINT TO BEAT BUG

Handy advice . . .
PM cleans up at
London hospital



MIGRANTS VIRUS TEST

Fears as total up by 12

EXCLUSIVE by PAUL SIMS

FOUR illegal immigrants found in a lorry have been tested for coronavirus as 12 new UK cases were confirmed yesterday – taking the country's total to 51.

The Somali migrants – who were among 16 smuggled into Britain via Italy – began to feel unwell after cops discovered them in the back of the vehicle on an industrial estate.

A source said test results were pending following their discovery in Biggleswade, Beds, and they had been "isolated" in

a block of council-owned flats in Bedford. Another 12 migrants were being dealt with by immigration officials. Kempston police station, where all 16 were held, was closed for a deep clean.

Yesterday's new virus cases were scattered across London, Merseyside, Greater Manchester, Humberside, Hampshire, Northants and Kent. They had returned to the UK from Italy, Germany, Singapore, Japan and Iran.

The total of 12 was the joint highest number in the UK in a single day. A travel agent in Norbiton, South West London, was shut after an employee tested positive for the deadly infection.

Doctors expect an explosion of cases next month, with a probable peak in May. Health Secretary Matt Hancock said the UK was likely to see "widespread transmission".

Chief Medical Officer Prof Chris Whitty said the NHS may need to "postpone any-



Masked . . . Chelsea fans last night

thing that is postponable". A source said 50,000 non-urgent operations could be axed over two months.

Some Chelsea fans wore masks at last night's FA Cup win over Liverpool.

● A BRIT trucker was arrested in Morocco trying to smuggle 100,000 face masks out to sell here amid shortages, local reports said.

EAN FIGHT

● Boris says 'bulldog spirit' will see us through



Nearby scare . . . Frogmore Cottage

Continued from Page One

after 12 new cases were confirmed. The Queen has been gloveless for every investiture since 1952. It helps her cope with fiddly fasteners on awards she pins to lapels. But this time she was taking no chances and put on a pair of white oversized gloves.

Those honoured included TV veteran Wendy, 85, who starred in *Butterflies* and *The Royal*.

Harry and Meghan were at the centre of the virus scare yesterday.

KEEPING MA'AM

day. Health officials in hazmat suits were called to Datchet Health Centre, near Windsor –

less than a mile from the pair's Frogmore Cottage home. An ambulance also rushed to the scene.

The centre's website later revealed it was a false alarm.

Prince William and Kate refused to let Covid-19 stop their three-day visit of Ireland.

The pair yesterday shook hands with Irish PM Leo Varadkar without wearing gloves. Prince Charles was also gloveless at a Royal College of Music event.

Wills and Kate in Ireland – Page Nine



Gloveless . . . at gongs do in November

COVID-19 FLU CRISIS**FEARS MAJOR****10 TIPS FOR BEATING THE BUG****WASH HANDS**

Do it regularly with soap and water for as long as it takes to sing Happy Birthday (20 seconds). Try to avoid touching your mouth, nose or eyes.

**CATCH IT, BIN IT, KILL IT**

Cover your mouth and nose with a tissue when coughing or sneezing. Use your sleeve or elbow if you have no tissues. Bin tissues and wash hands.

**DO NOT TRAVEL TO HIGH-RISK AREAS**

You shouldn't go to Hubei Province in China or Daegu in South Korea. Lower-level warning applies to all mainland China, Iran, Cheongdo (South Korea), 10 towns in Lombardy region and one in Veneto (both in Italy).

**INFORM AUTHORITIES OF RISKY TRAVEL**

People travelling to the UK from some high-risk countries or areas should self-isolate, stay indoors and alert NHS 111. Don't go to a GP surgery, pharmacy or hospital.

**BE AWARE OF THE SYMPTOMS**

You may need to be tested if you have coronavirus symptoms: cough, high temperature and shortness of breath. Use NHS 111.

**SELF-ISOLATE IF TOLD TO**

If there's a risk you have coronavirus, you may be asked to "self-isolate" for up to 14 days. Avoid visitors but OK for people to drop off food. Workers who usually receive sick pay should get it. Others may be able to claim benefits.

**PROTECT THE ELDERLY AND VULNERABLE**

The elderly, long-term sick and those with weakened immune systems are more likely to suffer complications from coronavirus. They should try to avoid crowded areas.

**DISINFECT CLOTHES AND SMARTPHONES**

Wash clothes at 60C or 40C with a bleach-based laundry product to kill germs. Wash your hands after handling dirty garments and remove clean washing from the machine immediately. Mobile phone should be cleaned twice a day with alcohol wipes.

**DO NOT USE CASH**

Avoid using cash and pay using contactless payments. Dirty banknotes are a breeding ground for germs. Covid-19 may cling to money in the same way it lingers on surfaces such as doorknobs, toilet chains and handrails.

**MONITOR OFFICIAL ADVICE**

The latest information is published on the gov.uk website, where people can get advice on the likes of healthcare and travel.

JAPAN OLYMPICS

Virus may mean no repeat of spectacles like London 2012

LONDON MARATHON

Huge event may be cancelled or numbers could be restricted

RACE AG

THE world was in a race against time last night to save the Olympics and other major sporting and social events from coronavirus.

Japanese officials suggested the Tokyo Games in July and August could be postponed for months or even held behind closed doors.

Football's Euro 2020 tournament in June may be shifted from some of the host cities, which include London and Glasgow, and staged only in "safe countries".

The release of the new James Bond film has also been thrown into crisis due to the coronavirus with bosses fearing people will stay away from cinemas for fear of infection.

And Health Secretary Matt Hancock yesterday admitted for the first time next month's London Marathon may have to be scrapped if the outbreak was not contained.

Panicking Tokyo bosses hinted the summer games could be staged at the end of this year – turning it into a winter event.

And there were suggestions that the whole competition could be held without crowds to cheer stars such as Britain's Dina Asher-Smith.

Japan's Olympic minister Seiko Hashimoto told the country's parliament that the deal with the International Olympic Committee allowed for a delay.

British Cycling performance director Stephen Park expects it to go ahead but suggested events could take place with no spectators.

In Japan, the number of infections has almost reached 1,000 and 12 people have died.

The IOC yesterday said "compre-

By **NICK McDERMOTT**
and **ANDY HALLS**

hensive discussions had taken place" and it added: "We will continue to follow the advice of the WHO."

Football's bosses are also drafting coronavirus contingency plans.

Euro 2020, featuring teams including Gareth Southgate's England and Ryan Giggs-led Wales, is scheduled to be split between 12 host cities across the continent.

One of them is Rome – and Italian authorities are on the point of a nationwide lockdown.

Uefa general secretary Theodore Theodoridis said: "We have been working on different scenarios."

Asked specifically about the prospect of matches being moved, he added: "We do not want to start speculating at this stage."

Uefa president Aleksander Ceferin said: "We have many concerns. This is a competition in 12 countries and issues include security, political instability in some states and now the virus. But we have confidence we can deal with it."

Mr Hancock said officials may have to look at restrict-

ing participation in the London Marathon or even cancelling it.

More than 40,000 people run in the event each year, while around 750,000 spectators line the streets.

Premier League matches would also be under possible threat if the coronavirus spreads in the UK.

Both the FA and Premier League have held talks about what do if large gatherings of people are banned – with matches in empty stadiums emerging as a possibility.

And film bosses are considering bringing forward the release of No Time To Die, Daniel Craig's last outing as 007, by almost a month to start showing in cinemas next week.

A production source said: "The more the virus spreads, the more people will be inclined to self-isolate, which will really damage the film's box office takings."

"There have been formal discussions about bringing it forward, and it's been suggested that it could even be brought right forward to next week rather than waiting until April."

But fan sites have urged bosses to push its release back until summer to give time to control the virus.

Meanwhile, people who feared they may have the virus were tested at a drive-thru facility in Edinburgh.

● **NAZANIN** Zaghari-Ratcliffe is set to be temporarily freed from an Iranian jail following an outbreak of coronavirus in the prison.

The British-Iranian mum, held since 2016 on spying charges, is feared to have the disease.

Her local MP Tulip Siddiq, who represents London's Hampstead and Kilburn, tweeted news of her release but urged the British Government to ensure it is permanent.

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Sport fear . . . Asher-Smith and England's Southgate



Pick of the Week

12 fresh deals

EVENTS WILL BE WIPED OUT

● **Marathon and Olympics at risk**

● **Bond & Euros may be delayed**



Games at stadiums including Wembley could be moved



Release date of Daniel Craig's new 007 film could be hit

AINST TIME



Alert... medic tests drivers at Edinburgh facility yesterday

ICU ward virus tests

INTENSIVE care patients will be tested for coronavirus over fears it may be spreading in the NHS. Hospitals have been told to check any critical patient with a cough, an NHS letter reveals.

The memo from NHS strategic incident director Prof Keith Willett is marked "official sensitive" and called "COVID-19 NHS preparedness and response".

Shake of hands OK

DITCHING handshakes will have a "negligible" effect on limiting the spread of coronavirus, claims Matt Hancock.

The Health Secretary said there was no need to drop the greeting if people wash their hands regularly with soap.

Tory minister Lord Bethell said kissing was "potentially dangerous" during the outbreak.



Panic buy... handwash shelves are empty



Sold out... shortages of hand sanitizer

every single week

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Pick of the Week

5 – 11 March

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£4.25

£3.29

XXL 25 British Beef Meatballs, 710g



When it's gone

£2.89

2 British Beef 28-Day Matured Sirloin Steaks, 454g



£6.69

£5.19

XXL British Pork Loin Medallions, 1kg



When it's gone

£5.89

2 MSC Hake Fillets with Lemon & Dill Butter, 250g



When it's gone

£3.29

XXL 4 Breaded Cod Fillets, 600g



When it's gone

£3.29

Perfectly Ripe Kiwi, 4 Pack



When it's gone

79p

British Gala Apples, Min. 5 Pack



97p

69p

Asparagus Tips, 100g



£1.19

89p

Organic Onions, 500g



65p

29p

British Cauliflower, Each



89p

69p

Babyleaf Spinach, 450g



£1.69

99p

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While stocks last. Subject to availability. Selected stores. Excludes ROI & NI. Packaging, sizes & measurements may vary. Decorative items not included. Prices correct at time of going to print & valid for a limited period only. Lean British Beef Steak Mince, 5% Fat 750g, £4.33/kg, chilled, XXL 25 British Beef Meatballs, 710g £4.07/kg, chilled, 2 British Beef 28-Day Matured Sirloin Steaks, 454g, £11.43/kg, chilled, chilled, XXL British Pork Loin Medallions, 1kg £5.89/kg, chilled, 2 MSC Hake Fillets with Lemon & Dill Butter 250g, £13.16/kg, chilled, XXL 4 Breaded Cod Fillets, 600g £5.48/kg, chilled, Perfectly Ripe Kiwi, 4 Pack, 19.8p/kiwi, British Gala Apples, Min. 5 Pack 13.8p/apple, Asparagus Tips, 100g, £8.90/kg, Organic Onions, 500g, 58p/kg, British Cauliflower, Each, 69p/cauliflower, Babyleaf Spinach, 450g, £2.20/kg

Big on quality
Lidl on price



WILLS & KATE TOUR IRELAND

**Hello...
exciting things
are going on in
your family**

Good night stout . . . Kate enjoys a pint of Guinness last night during brewery visit with Wills, below.



PREZ WIFE'S AWKS JOKE

By MATT WILKINSON

WILLIAM and Kate were teased over their recent family woes by the wife of the Irish president during their trip to the Republic yesterday.

Following Harry and Meghan's decision to quit royal duties, Sabina Higgins cheekily said: "Delighted to welcome you. You've had lots of exciting things happening in your family."

The tour started with a visit to the official residence of President Michael D Higgins, 78, and Sabina, 75.

The Duke and Duchess of Cambridge later both enjoyed a pint of Guinness and Kate paid another tribute to the Emerald Isle by dressing in green.

Mr Higgins also spoke to the Duke, 37, about football, telling him: "I was watching your celebration of Aston Villa's goal."

Kate, 38, wore an emerald green Catherine Walker coat and Alessandra Rich dress as the couple stepped off a commercial jet for a three-day tour.

They had an evening pint at Dublin's Guinness brewery, with Kate in a £1,595 glittering emerald gown by trendy designer The Vampire's Wife.

Wills joked about a previous visit by the Queen, saying: "In coming to the

Stepping down . . . Meghan & Harry



Jibe . . . Mr & Mrs Higgins with royals

Guinness Storehouse, we are retracing the footsteps of my grandmother, who was shown how to pour the perfect pint here in 1911. Ladies and gentlemen, let me tell you it is not often that I find myself following The Queen to a pub."

He also chatted about the coronavirus with emergency workers at the storehouse reception – and joked people would be accusing the royal couple of spreading it on their travels.

Earlier, they laid a wreath at a Garden of Remembrance for those who died fighting for Irish independence.

The Queen also laid one on her historic 2011 state visit.

They then met PM Leo Varadkar and partner Matt Barrett at the leader's Dublin HQ. Dr Varadkar escorted Wills to the visitors' book and said: "It's in Irish, but date, name and address?" The Duke joked: "Shall I put my address down as well?"

Tight security for the trip includes specialist cops monitoring dissident republicans.



BAN FOR FLIRTY GP

A GP who made inappropriate comments to patients about sex and their appearance has been suspended.

A misconduct hearing was told Dr David Creed tried to engage in romantic relationships with two married women.

The Cambridge-based GP, 51, told one she was "very hot" and kept mak-

ing home visits to her. He made inappropriate comments to the other about her sex life and turned up at her work.

Dr Creed was found guilty of 29 offences and suspended for 12 months after a Medical Practitioners Tribunal.

He argued he was "misunderstood" and had simply "gone the extra mile".

Sun

INVENTOR Tyler Ball, 20, of Milton Keynes, Bucks, has turned over half a million pounds in just 30 days thanks to his best selling £55 testicle trimmer.

SPOT

DINO'S SHORT TRIPS

DINOSAURS travelled shorter distances than first believed, research suggests.

A study of a duck-billed hadrosaur's fossilised teeth found its journeys were limited to about 50 miles.

The finding suggests suspected mass treks that covered thousands of miles are a myth. Hadrosaurs thrived in

North America 70million years ago. Chemicals preserved in the enamel of a hadrosaur found in Alberta, Canada, showed it plodded back and forth to the South Saskatchewan River.

Lead author David Terrill said: "This represents a minimum distance of approximately 80km (50 miles)."



Polly-maths ... a kea

Parrots in a flutter over love of betting

By EMMA JAMES

PARROTS are good at betting because they recognise odds, says a study. It was previously thought only humans and apes could assess probability and act on it.

But six kea parrots in New Zealand showed gambling nous when they were offered closed fists which were either empty or held a treat. They soon worked out the odds of securing the treat.

Dr Amalia Bastos, from Auckland University, said: "They can predict uncertain future events by filling in the gaps from incomplete information."

They aren't the first birds to show betting skill.

In 1971 film *Carry On at Your Convenience*, Joey the budgie would tweet after the winner's name when Sid James read out the horses before a race.

Biker, 90, final wish

AN elderly biker died ten minutes after he got his final wish – to hear the roar of motorbikes again.

Rob Webb, 90, told his family he missed hearing the sound of bikes as he lay dying last month.

His son Mike organised for bikers to ride past his home in Parkend, Gloucs.

Rob, who had suffered from dementia, had to stop riding bikes after an accident in 1959.

Mike, 61, said: "A couple of days before dad died, he was suddenly his normal self. It was wonderful. He told us he missed hearing the sound of bikes and I knew we had to grant his final wish."

Cop quit for V-sign

AN off-duty cop was caught flicking the Vs and yelling abuse at rival fans at a football match, a hearing was told.

PC Jonathan O'Rourke, 26, then gave his police ID to a pal to try to protect his identity and told cops he was a postie.

He admitted breaching honesty and integrity standards at Swansea's 1-0 win over Cardiff in October last year.

But O'Rourke quit four days before a disciplinary hearing. Dyfed-Powys Police said his behaviour would have "warranted his dismissal" and he was put on the police Barred List for five years.

DER-DER-DEAL

Four Beethoven prints by Andy Warhol, to be sold in London to mark 250 years since the composer's birth, could fetch £300,000.

SCARY SPICE FURY AT



Fury ...
Scary Spice
is 'beside
herself'

There are
reasons Mel
did not want
Lorraine near
her child. She
is beside
herself

EXCLUSIVE by JAMES BEAL and ALEX DIAZ

MEL B could take legal action against the nanny accused of wrecking her marriage — after discovering she has been staying with her ex and daughter.

The Spice Girl, 44, says Lorraine Gilles, 29, is flouting a "stayaway order" by even being near eight-year-old Madison, the singer's daughter with Stephen Belafonte.

Belafonte, 44, and Gilles admitted having sex during his marriage to Mel, but the Leeds-born star was forced to pay £1.8million after labelling her former nanny a "prostitute" during her messy divorce.

The Sun has discovered Gilles and Belafonte have been seen at the same bungalow in LA — with the au pair also photographed with Madison. A source close to Mel, who is fighting for custody of her youngest daughter, said: "There were valid reasons why she did not want Lorraine around her children, hence a stayaway order was put in place."

"To think they feel entitled to flout this is breath-taking to her. She is beside herself."

Gilles began working for Mel and film producer Belafonte in 2009 when she was just an 18-year-old student who arrived in the States from Germany.

She looked after Scary Spice Mel's kids at her Hollywood Hills home but later became entangled in the bitter divorce battle.

Mel alleged that Belafonte impregnated Gilles — later paying her to have an abortion — and that the nanny was harassing her.

She also said Belafonte engineered a "sham" marriage for Gilles to businessman Michael Bleau.

Despite previously denying any affair with Belafonte, Gilles later admitted she had sex with him ten to 15 times.

But she insisted the sex — as well as threesomes with Mel — was at the singer's behest and said she was pregnant by another.

Gilles accused Mel of "seducing a naive and a curious 18-year-old foreign exchange student... with alcohol, fame and casual sex".

The nanny also launched a defamation suit, saying she was made out to be "a homewrecker, prostitute and extortionist".

They eventually settled out of court in 2019, with Mel shelling out a reported £1.8million.

Mel wants Madison back in the UK with her eldest child Phoenix, 21, from her marriage to Jimmy Gulzar, and Angel, 12, whose dad is actor Eddie Murphy.

She insists there is a "stayaway provision" in the confidential agreement, warning Gilles not to go within 200 yards of her kids.

A source said: "Stephen and Lorraine are very cautious and have managed to keep their living situation on the down-low while the custody battle continues."

"It's very rare for them to be seen together out in the open, but Lorraine is clearly still a central part of Stephen's life."

They have both been seen at a £3,100-a-month rented bungalow near the Hollywood Hills, plus another home nearby which Belafonte is revamping. Pictures show



Split ... Belafonte and Mel in 2014

'ORDER TO STAY AWAY FLOUTED'

Gilles picking up Madison from school, and walking the dog with her. In legal papers filed on December 19 last year, Mel said she recently discovered Gilles was providing care for her daughter.

She asked the court to stop the nanny from seeing her, citing "the explicit 'stay away' provision".

She also said it was "wholly inappropriate and disturbing" in light of the "history between Stephen, myself and Lorraine".

Mel added: "Stephen directed Madison to call Lorraine 'Jenny' to conceal her identity." But her requests were denied by a judge.

Belafonte and Mel were divorced in late 2017. She accused him of physical and emotional abuse and he claimed she was a cocaine and booze addict.

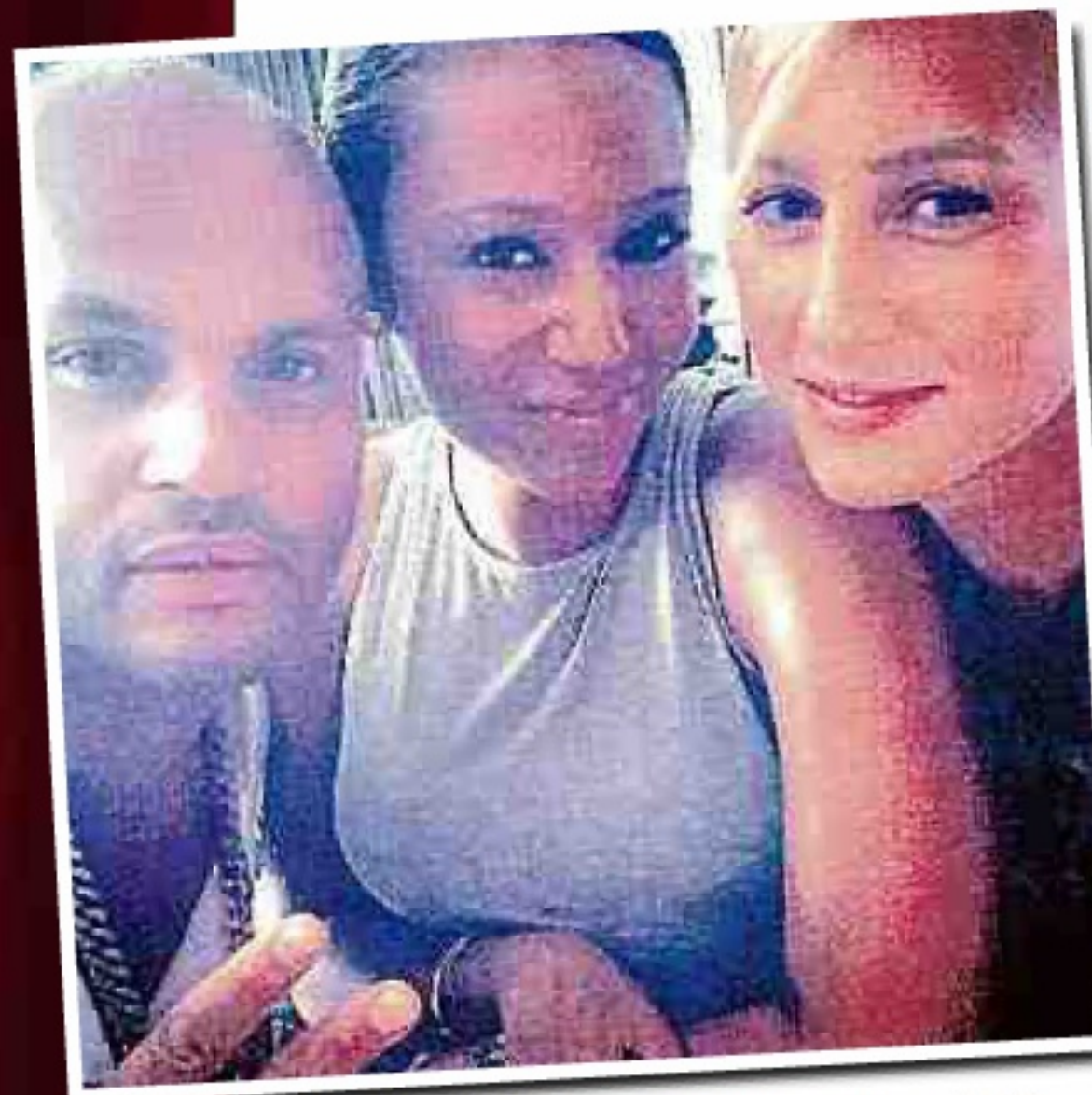
Gilles divorced tech entrepreneur Bleau, 35, in 2018 after 17 months.

A spokesman for Mel said: "There is a stay-away order in place to ensure Lorraine Gilles keeps out of the lives of Mel and her daughters. Her lawyers will be looking into this."

Belafonte declined to comment. But a source said he was not dating Gilles, adding: "She doesn't live or stay at his place. They are friends and she's one of the best people he has to watch Madison."

"The stayaway provision is mutual between Lorraine, Mel and Stephen."

● GOT a story? **RING**
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Battle ... Belafonte, Mel & Gilles

EX-HUBBY & CHEAT NANNY



Picture: JEFF RAYNER/COLEMAN-RAUNER



How dare he let her see my kid

SAYS MEL B

THE Sun SAYS

Let's stay safe

BORIS Johnson cannot have imagined he would be tested so soon in his Premiership by a deadly and rapidly spreading global virus. So far he is passing that test.

His press conference yesterday, and his four-stage "battle plan", were on the money given the worrying circumstances.

It is impossible to predict how this disease will progress. But there is a fine balance between downplaying it and over-reacting – and the PM, alongside his chief medical officer and chief scientific adviser, struck it.

Even if Covid-19 fails to claim thousands of British lives, it looks virtually certain to cause us huge disruption. When even the Queen, the embodiment of the stiff upper lip, is already putting on protective gloves you can be sure of that. She is wise at 93 to take no chances.

It will take a national effort to contain the virus or, failing that, to limit its effects. The panic-buying that has stripped shop shelves is damaging and unnecessary. The calls to close schools or scrap sporting events are premature.

For now it is better, as the Government says, simply to wash hands regularly and thoroughly, and self-isolate if you suspect you are infected. Accept that the NHS and police are likely to be under huge strain for several months.

On Page 6 are ten tips for staying safe.

Britain is good at keeping calm and carrying on. Let's do that, while actively minimising our risk.

Eco paralysis

THEY didn't waste any time, did they?

Fresh from all but killing off Heathrow's third runway, the eco lobby is launching a legal war to block HS2 using the same argument: that the Government did not factor in its commitment to net-zero emissions by 2050.

You may support the new rail link. You may be as opposed as TV's Chris Packham, who is behind this challenge.

But there is no doubt that, as The Sun predicted last month, the Heathrow ruling will be weaponised by eco campaigners to scupper every development, every new road and even road repairs.

We hope the Government's lawyers are preparing a watertight response.

Or every piece of infrastructure the Tories are planning, no matter how vital, will end up being kicked into the long grass, as fracking was.

Framing cheek

IT'S perfectly understandable that the bare breasts brazenly on display at the National Gallery were flagged as inappropriate on Twitter.

It is high time "artists" like Titian were no-platformed. It's a pity he died in 1576 or we could get up a Twitter petition to have him sacked along with his pervy "Renaissance" mates.

Turn to Page 3 to see this moral outrage in its traditional setting.

HOW TO KEEP ONLINE GADGETS SAFE



By **DANIEL JONES**
Consumer Editor

BURGLARS, crooks and weirdos are hacking into smart gadgets thanks to basic security flaws.

The National Cyber Security Centre yesterday issued a joint warning with consumer watchdog Which? over baby monitors and security cameras that can be watched by criminals over the internet.

And The Sun can reveal there are vulnerabilities in a range of other devices, including TVs, thermostats, kids' playthings – and even sex toys.

Any device that uses wireless technology can be a route into your home – or a way of getting access to your children.

This is the case whether you use wifi to connect to the internet or link up to a nearby phone via Bluetooth.

Experts say most devices have good security but others are vulnerable to attack. So-called "smart home" gadgets are all connected to the internet so families can control them when they are out and about.

With security cameras, for example, parents can check their kids are home from school or see if someone is snooping around.

But it opens them up to being hacked.

Similarly, kids' toys such as karaoke machines connect to nearby smartphones or tablets, often through Bluetooth. These are often hacked by people within their range.

The default passwords that come with devices are easy to guess and sometimes families do not change them.

Bigger brands such as Nest or Arlo have robust and safe security – but others do not.

Examples of breaches include a pervert in the US pretending to be Father Christmas and speaking to a girl in her room via an internal Ring camera.

In Leeds, a couple discovered they had been spied upon thousands of times using their own CCTV.

And in 2017 researchers hacked the camera in an adult toy to access intimate videos.

Caroline Normand, from Which?, said: "We have repeatedly exposed serious security flaws with devices."

"Ensuring that manufacturers, retailers and online marketplaces are held accountable for selling insecure products is essential."

Dr Ian Levy, technical director of the National Cyber Security Centre, said: "Smart technology has real benefits, but without the right security in place it can be vulnerable to cyber attackers."

"We want people to continue using these devices safely."

Three simple steps will keep any smart device safe: Change the default password, keep the software up to date and turn off the features that let you use it remotely when you do not need to.

Here, we look at the most popular smart gadgets and tell you how to keep them safe.

Baby monitors and smart cameras

Cheaper video cameras bought from Amazon have security flaws that make it easy for crooks, says Which?

It found issues such as weak passwords and strangers being able to remotely take control of the camera to spy into homes.

In one review on Amazon, a father said he had "chills down his spine" after hearing a mysterious voice coming from a camera next to his



VULNERABLE
... everyday household gadgets are being targeted by hackers

after the uproar last year.

Smart thermostats

You may want to keep it secret from your frugal other half that you normally have your heating set to 23C.

But when you fire up the boiler to heat the house, burglars could be interested, too.

It gives them a clue if you are at home or not – and when the heating is off for a while it indicates you may be on holiday.

For your home and thousands more, checking this info from a phone or computer makes casing the joint easier than the old-fashioned burglars' method of driving past a number of times.

WHAT TO DO: Make sure you have a good password.

Also, consider two-step authentication offered by market leader Nest – it sends you a text message whenever someone tries to log in.

Televisions

Televisions are getting more and more sophisticated.

You can watch Netflix or make a video call on one – but they can also give crooks a window into your home.

Web connection, microphones and cameras allow hackers to snoop – or worse, according to the FBI.

At the most extreme, they could "cyber-stalk" or show inappropriate videos to kids.

TVs are called smart when they connect to the internet and have apps, such as those for watching iPlayer and Netflix or even using Facebook.

They also allow people to "cast" video content or pictures wirelessly from their phone.

That's great to show off your holiday snaps but it could be a problem if you have weird neighbour.

WHAT TO DO: Stick black tape over the TV's camera and tweak security setting.

Kids' toys

Perverts can contact children or send them offensive images through popular smart toys, a probe warned at Christmas.

Walkie talkies, karaoke machines and robots all had security flaws, said Which?

Three of the seven tested would allow a stranger to communicate with a kid.

The £30 Vtech KidiGear Walkie Talkies could allow someone to start a two-way conversation with a child from a distance of up to 200 metres.

Two karaoke microphones allowed anyone within ten metres to send a recorded message to them wirelessly.

Neena Bhati, of Which?, said: "The major concern was that someone else could connect to the toy and start a two-way conversation with the child and this could be a long way from the toy itself."

WHAT TO DO: Change passwords or PIN numbers right away. Keep an eye on your children when they play with smart toys that can send and receive messages. When not in use, turn them off.

child's crib after it was apparently hacked. Expect to pay from £20 to £250 for a CCTV home system. But do your homework first.

WHAT TO DO: Stick to the well-known brands like Nest, Arlo and Amazon's own Ring. All have top-level security.

Smart speakers

Amazon's Alexa is the best-known virtual assistant. You can use your voice to ask her questions or simply bark orders. Smart

speakers with Alexa, Google Assistant or Apple's Siri soon became must-have gadgets after they appeared around two years ago.

But there are fears that the brands behind them – as well as crooks – are listening in or even watching via the cameras some of them carry.

Firms have admitted they listen to small clips to prevent the devices mishearing words in future. They promise the snippets are never linked to your account – and crooks rarely hack smart speakers.

WHAT TO DO: You can now opt out of being listened to. Tech giants changed their settings



REAL GEM OF A MUM



Picture: PETER PEDONOMO

By DOROTHY HOWBROOK

GEMMA Atkinson shows off her fab figure — and marvels at how motherhood changed it.

The actress, 35, who had a daughter last July, said “When I put on high-waisted jeans, you can see I’ve got hips.”

Gemma — partner of *Strictly* dancer Gorka Márquez, 29 — added: “Before, I would strength-train twice a week, but I’ve only actually made it three times in six months.”

● Full interview in April issue of *Women’s Health*, out now.



EXCLUSIVE

COCKER SPANIEL FANCY A TREAT?

Dog w***ing gaffe

EXCLUSIVE by RICHARD MORIARTY

A DOG walker was furious after a printing gaffe saw her touting a canine “w*ing” service.**

Pet lover Lucy Hignett, 19, has since been inundated with “disgusting” messages.

She took out an advert for her Lead The Way firm in a parish magazine. But a typing error turned dog walking into “w***ing” and the ad went viral.

Lucy, of Thorndon, Suffolk, who started the business last September, said: “It’s an absolutely horrendous situation. This was not my error. My ad was all fine when I sent it.”

Lucy’s mum Rachel Cattermole, who helped design the ad, said: “You can imagine the amount of calls, texts and emails. Many of which are supportive, but many disgusting.”

One positive reply, from Caroline Abbott, said: “All publicity is good publicity.”

Chris Willoughby, editor of the Eye Magazine which carried the ad, said: “The printer and I have both expressed our sincere apologies.”

He added: “We will be instituting more rigorous procedures.”

A print worker said: “No one did it maliciously.”

richard.moriarty@the-sun.co.uk

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With Lucy Hignett



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Have a word... Lucy & doggy pal. Above, ad

RUM'S YO HO HIGH

RUM sales in Britain have risen seven per cent in the past year — faster than any other spirit, figures show.

The popularity of trendy spiced and flavoured versions have boosted sales in pubs and clubs, while those drinking it at home rose ten per cent in 2019.

Overall sales of all spirits to rise by

6.1 per cent last year, said analysts CGA. During the same time, sales of wine fell by 0.6 per cent.

The figures show five million Brits in 2019 ordered rum in the on-trade — which includes pubs, bars, hotels and restaurants — also a rise of ten per cent on the previous year.

Sun

PUNTERS favour slot machines that flash up dollar signs and make the sound of coins dropping because they are reminders of casino wins, a study found.

SPOT

7YRS FOR COP GBH

A HIT and run driver who ploughed into a cop, dragged him for 138ft and put him in a coma has been jailed.

Tekle Lennox, 37, deliberately drove into PC Chris Burnham, 48, after the officer tried to stop him in Coventry, West Midlands.

The cop, who is recovering from dev-

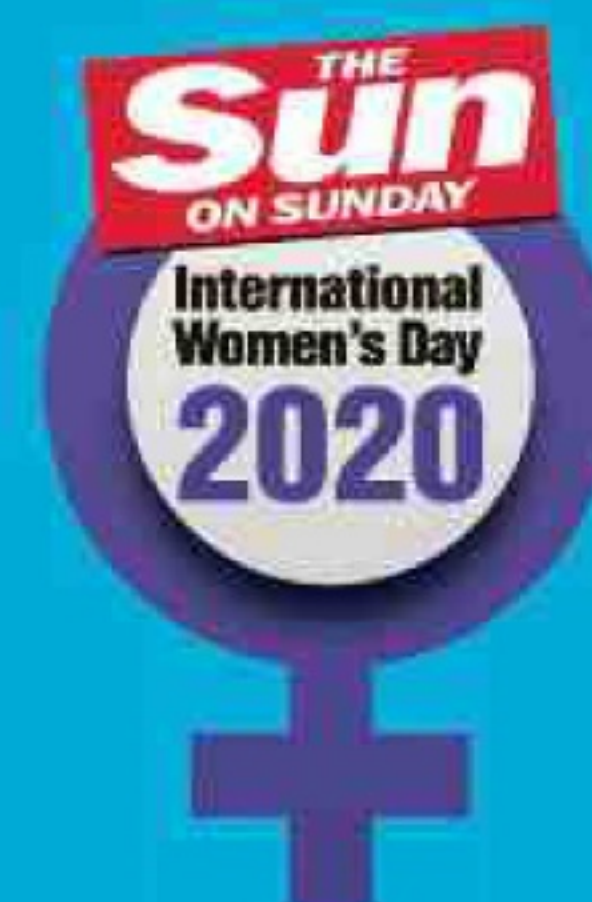
astating brain injuries, was at Warwick crown court yesterday to see Lennox caged for seven years and four months.

Lennox, who was serving a three-year road ban for drug-driving and driving while disqualified, was charged with attempted murder but admitted a lesser charge of GBH with intent.

JUST A PRESENTER...

WHO IS A BAFTA NOMINATED
TV PERSONALITY AND HAS A
MASTERS IN HISTORY OF ART
FROM CAMBRIDGE UNIVERSITY.

CLAUDIA WINKLEMAN



Celebrate International Women's Day with an exclusive
50 Inspirational Women special in Fabulous magazine
and more. Pick up The Sun on Sunday this weekend.

Fabulous

#IWD2020

Jane Moore

@janeM

jane.moore@the-sun.co.uk

LIDL supermarket thought it was doing the right thing when it announced a £3million plan to go greener by installing solar panels on the roofs of various stores. But it says the plans are being undermined by an up to 700 per cent rise in the business rates charged on the panels. As they say, no good deed goes unpunished. In

other words, it makes a laughing stock of the Government's goal of an environmentally friendly economy.

As the American philosopher Eric Hoffer once said: "Every great cause begins as a movement, becomes a business, and eventually degenerates into a racket."

GAGA GUY'S GOT IT ALL

LADY GAGA is the talk of showbiz circles for apparently "wearing 2020's hottest new accessory: A normal boyfriend".

Just for the record – while Michael Polansky's job of running a charitable foundation is relatively "normal" in the high-octane world of Planet Celebrity, his rugged looks are anything but. He makes George Clooney look plain.



FASHION designer Harikrishnan's balloon trousers have prompted comparisons with Disney's Aladdin.

But my first thought was the incontinence pants anecdote from An Audience With Billy Connolly.

If you fancy a spot of escapism amid all the gloom and doom of the current news headlines, check it out on YouTube.

You'll, er, wet yourself.



WELL BUILT... Graham

D.I. WHY I'D CALL IN A PRO

HATS off to DIY novice Graham Harley who, with a little help from books and YouTube tutorials, managed to build an entire house himself.

OK, it took him ten years. But still.

Many years ago, The Bloke and I went online and ordered a cute little wooden playhouse for our youngest daughter.

It arrived flatpacked with instructions that declared it would take two people around four hours to build.

Two weeks later and on the verge of divorce, we had to fork out an extra £100 for a handyman to come and finish it.

THERE'S an epidemic sweeping Britain that has killed 2,917 people in one year and cost the taxpayer more than £19billion.

No, not the coronavirus. Drug use.

Dame Carol Black's Home Office review has found a "considerable increase" in children taking illegal highs, while kids and teenagers have been "pulled into drugs supply on an alarming scale".

It's a national scandal.

So why isn't the Government holding emergency Cobra meetings about this?

A Style nightmare

HARRY STYLES has told how he rushed into traffic after being mugged in North London but no car would stop and help him.

Welcome to modern Britain – a nation of largely decent people so paralysed by fear on our lawless streets that they'd rather turn a blind eye than risk getting harmed themselves.

Mind you, who can blame them?

Imagine driving home late at night when one of the world's biggest heart-throbs – dressed in corduroy flares and pearls – pounds on your windscreen and demands to get in.

You'd think someone had spiked your non-alcoholic beer.

It's wrong to assume a woman is a bully... and to assume she can't possibly be one



FACEBOOK executive Sheryl Sandberg has hit back at accusations that she's micro-managing, calculated and difficult.

The claims are made in newly published book Facebook: The Inside Story, where author Steven Levy writes: "Sandberg could be a challenge to work with."

"Despite her public persona as a corporate goddess of sympathy, she was prone to yelling at subordinates when they did not live up to her considerable demands."

But Ms Sandberg has responded that women in the workplace are still judged by different standards to men.

"For you to say a man is yelling at the workplace, it has to be Steve Jobs, Steve Ballmer (former CEO of Microsoft). He has to, like, scream," she says.

"For someone to say a woman is yelling, you have to raise your voice or sound tense. It's a very different thing."

Whether this sentiment applies to Home Secretary Priti Patel remains to be seen. Ms Patel stands accused of belittling and bullying staff – a claim her supporters have dismissed as "smears and sexism".

But her critics have been bolstered by reports that a previous employee received a £25,000 payout after allegedly filing a formal complaint about "an unprovoked level of aggression" from Ms Patel when she was Employment Secretary.

Just as her gender shouldn't result in her being judged more harshly than a male colleague, equally it should not rule out the possibility that she might have seriously overstepped the mark in the way she speaks to staff.

So the Prime Minister has rightly announced an inquiry to "establish the facts" and the result of it will no doubt determine Ms Patel's political future.

But putting that firmly to one

side, Ms Sandberg's suggestion that, generally speaking, women in the workplace are judged more harshly than men is an interesting one.

Perhaps it's because we are deemed to be the "fairer sex" and are therefore expected to be "nicer" or "softer" than our male colleagues?

When myself and my fellow Loose Women have a heated debate about an issue of the day, we still get the occasional "miaow" comment from someone who would no doubt view the same conversation between men as a validly expressed difference of opinion.

And, of course, a woman unafraid to say what she thinks is often referred to as "hard" or "a bitch", whereas the same trait in a man is routinely applauded.

When I started out in the robust climate of busy newsrooms back in the Eighties, raised voices, swearing and "that's not good enough" remonstrations were commonplace.

You were judged on ability, not gender, and it was countered by plenty of laughter and praise where it was due.

I knew where I stood, learned to stand up for myself, and loved it.

But the modern workplace is a "human resources" minefield.

A couple of years ago, a former colleague of mine went to work in the charity sector where, accustomed to the robust nature of journalists, he politely told one employee that a report they had written wasn't detailed enough.

They duly reported him to HR for "bullying behaviour".

He didn't lose his job but was advised to tread more carefully in future when addressing an employee's shortcomings.

Seriously? Accusations of bullying in the workplace should be properly investigated and, if proven, treated with the utmost seriousness.

But equally, the word "bully" mustn't be used as a weapon against bosses of either gender simply asking employees to do their job better.



ABUSE CLAIM... Priti Patel



'RUDE'... Jack Black

BE MORE LIKE LES

VERNON KAY has called out Hollywood star Jack Black for being horrible to him when he was just starting out in TV.

Vernon, now 45, says: "When you're so rude, arrogant and pig-faced to a young TV presenter, who's so nervous and trying to hone his skills, and you're so arrogant to dismiss that, it's not on."

When I was starting out as a young reporter (in the days before electricity), I remember vividly being sent to interview the comedian Les Dawson and feeling sick with nerves.

But he was kind, patient and, of course, side-achingly funny – instantly putting me and the equally young photographer who was with me at our ease.

A true star.

THE debate over whether Tom Watson should receive a peerage rumbles on.

Jeremy Corbyn has nominated him, but Lady Brittan – whose husband Leon was smeared by Watson over fake paedophile claims – says it "should raise serious questions about how he might use his position in the House of Lords".

Quite.

But that aside, considering the blight he placed on the lives of the Brittans and others falsely accused, shouldn't Watson do the decent thing and rule himself out of consideration?

THE Duchess of Sussex is set to attend New York's star-studded Met Gala in May.

This year's theme is Virginia Woolf's Orlando, in which the novel's central character changes sex – so attendees are expected to follow a "glamorous androgynous" look.

That shouldn't be a stretch for someone who clearly wears the trousers at home.

Refugee river risk

HUNDREDS of migrants risked their lives crossing a river yesterday as a new refugee crisis threatened to swamp Greece.

More than 75,000 went to the Evros River border and Greek islands after Turkey's president Recep Tayyip Erdogan reopened the floodgates to the EU.

But Greece put an emergency ban on asylum applications for a month. And more than 1,000 were pushed back into Turkey by Greek troops lining the river frontier.

Erdogan triggered the crisis last week by ditching a 2016 deal in which Turkey agreed to hold migrants in return for £5.1 billion from Brussels.

Single-hit thug's jail

ONE punch left a would-be pilot needing lifesaving brain surgery.

Conor Metcalfe was unconscious before hitting the floor after mixed-martial arts fighter Dean Ward whacked him outside a nightclub.

Mr Metcalfe, in his 20s, had part of his skull removed to tackle brain swelling after the attack in Consett, County Durham, last May.

He cannot drive or undertake the commercial pilot training he planned.

Ward, 30, of nearby Tanfield Lea, pleaded guilty to GBH at the county's crown court and was given a three-year prison sentence.

NASHVILLE DEVASTATION

TWISTER KILLS 25



Saved . . . rescuers pull a man from the rubble



Smashed . . . airport devastated in Nashville

TWO tornadoes left 25 dead and many more missing as buildings were ripped apart yesterday.

The twisters smashed Nashville and other parts of Tennessee.

Rescuers searched damaged structures for the trapped or injured,

By **JAMES BEAL**, US Editor

while tens of thousands of residents in the US state were without power.

One tornado carved a path of destruction about ten miles long.

At least 48 buildings were destroyed in the state capital Nashville, a city of 691,000.

Crushed vehicles and snapped

power lines were strewn about as hundreds carried belongings away from their destroyed homes.

One utility pole dangled horizontally in a city street which is home to country music's most famous concert stage, the Grand Ole Opry.

The death toll may rise given the number missing statewide, Governor William Lee said. Tennessee was one

of 14 states holding "Super Tuesday" US primary elections but polling stations remained open unless otherwise stated, officials said.

President Donald Trump confirmed he would visit the area on Friday. He said: "We will get there, and we will recover, and we will rebuild, and we will help them."

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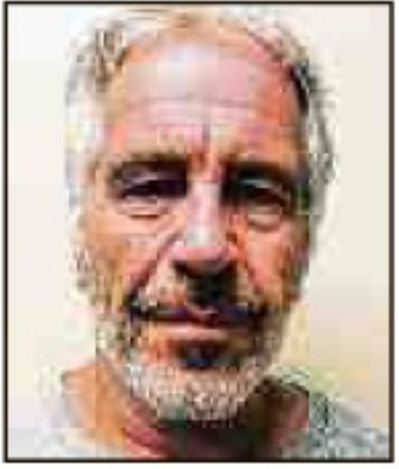
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RootMetrics
By IHS Markit

UK RootMetrics Report H2 2019

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Hanged... Epstein

Epstein's final call to lover from jail

By JAMES BEAL

BILLIONAIRE paedophile Jeffrey Epstein was dating a dentist from Belarus before he killed himself, it emerged yesterday.

Karyna Shuliak was the last person to speak to Epstein, 66, before he hanged himself in jail.

Investigators are analysing the call made the night before he died last August, but a source said: "When she hung up the phone, she was not under the impression Epstein was suicidal."

Epstein's lawyer, Reid Weingarten, has also said the financier's legal team "did not see a despairing, despondent, suicidal person" prior to his death.

Shuliak, who is in her 30s, was with Epstein in Paris shortly before he returned to the US and his arrest on sex trafficking charges last July. She declined to comment.

D-Day vet gong joy

A D-DAY veteran given his MBE yesterday dedicated it to fallen comrades who "inspired" him to raise cash for charity.

Horace Billinge was just 18 when he was among the first wave to land on Normandy's Gold Beach on June 6, 1944.

He described the scenes as "hell on Earth" and the sea "red with blood".

It moved the ex-Royal Engineer, now 94, to raise over £50,000 for veterans and collect for the Poppy Appeal for 64 years.

Mr Billinge, of St Austell, Cornwall, said it was "wonderful" to get his MBE from the Queen for services to fundraising.

Star pool 'kill' quiz

MICHAEL Barrymore will today be quizzed over the death of Stuart Lubbock in his first TV interview since a new cop probe.

He is set to give his version of events of the night Stuart, 31, was found dead in the pool at his Essex home in 2001.

Barrymore, 67, who denies any wrongdoing, is also expected to be questioned on ITV's Good Morning Britain about last month's Channel 4 documentary Barrymore: The Body In The Pool.

Stuart's father Terry, 75, said last night: "He needs to get a grilling. Mr Barrymore, it's now time for you to come clean."

RITA'S GLOVELY AURA



RITA Ora gets ready for work at a fashion show — in an outfit worthy of the runway itself.

The singer, 29, was pictured leaving her five-star hotel in Paris wearing a plunging beige jumpsuit with blue gloves and shades yesterday.

Rita, who is set to appear as the Artful Dodger later this year in an Oliver

By JAKE HARRISON

Twist reboot, later strutted down the catwalk at the star-studded Miu Miu show, attended by models Pixie Geldof, 29, and Alexa Chung, 26.

Rita posted a pic of her in "mid-fitting" on Instagram — showing how she's always open to change.

PROG SHOCK

GENESIS BEGINS AGAIN

Phil & Co reunite for tour

EXCLUSIVE by HOWELL DAVIES
Senior Showbiz Reporter

GENESIS are reuniting for a UK tour 13 years after they last performed live.

Phil Collins, Tony Banks and Mike Rutherford, all 69, will announce their comeback on the Radio 2 breakfast show this morning.

The prog rock legends will perform in arenas across the UK in November and December, with tickets on sale later this month.

But original singer Peter Gabriel, 70, is not expected to be involved in the shows.

Genesis hinted at the news yesterday by posting a photo on their official Instagram account with the caption: "And then there were three."

The group have sold more than 100million records worldwide since releasing debut album *From Genesis to Revelation* in 1969. They have had 21 UK Top 40 hits and six No1 albums.

But the group — whose 15th studio album *Calling All Stations* was released in 1997 — have not performed together since 2007 when they marked their 40th anniversary.

In 2018, Phil said his one condition for returning to the band would be if his son Nicholas joined as their drummer, as he can no longer play the instrument due to nerve damage.

He said at the time: "I can't



Now and then... the three, and in 1981, left

imagine what it would be like if I didn't play the drums, but anything is possible. I haven't really said it to Tony and Mike.

"I did mention to Tony very quietly if we did anything again it would be with Nic on drums."

Nicholas, 18, played with his father for his Not Dead Yet shows in 2018, which was Phil's first live tour in a decade.

On the prospect of a reunion last year, Mike said: "We're all fit and healthy and we get on well, (we're) good friends. I mean, you never know."

howell.davies@the-sun.co.uk

IS IT ALOUD?



EXCLUSIVE: Kimberley hints at Girls reunion for 2022

SEE
PAGES
28 & 29

IT boost fails cops

A POLICE computer glitch meant almost 700 domestic violence calls were not risk assessed, a watchdog report revealed. A system upgrade last July was meant to make life easier for officers.

However, it took 48 seconds to answer 999 calls instead of ten and some domestic violence calls were not assessed for more than 100 days.

Greater Manchester Police said the report's findings were "resolved".

BORED TO METH

Cops drilled into marble blocks shipped from Mexico to Valencia, Spain, and found methamphetamine worth £320million.

CRAVED BY THE TACO BELL



By CRYSTAL JONES

FOOD fans are full of beans as the first Taco Bell in Wales opens.

Many queued for five hours yesterday to try Mexican grub in Cardiff.

Iwan Green, 17, was first in line at 6.30am.

He said: "I've heard so much about Taco Bell but never had one."

"It's typically American and always sounded very cool to me."

US fast food chain Taco Bell has 36 outlets across the UK.

BAKING IT IN

GREGGS

£1BILLION TURNOVER

Chain's sales leap 14%

GREGGS saw sales smash £1billion for the first time last year — partly thanks to vegan sausage rolls.

Sales soared 13.5 per cent and profits by almost a third to £108.3million as customers took to the meat-free option.

The chain also opened 97 more bakeries than it closed and now has 2,050 shops across the UK.

But last month's storms hit sales, and boss Roger Whiteside warned that coronavirus was a worry.

The chief exec yesterday hailed Greggs' "exceptional progress" in 2019 and said the firm expected to thrive again this year — and would be investing.

He said more vegan versions of popular lines were on the cards as the no-meat, no-dairy range had been one of Greggs' "most successful" in recent years.

It includes the sausage roll, launched last January, meatless steak bake and doughnuts. Cash will also be spent on coffee machines. Greggs overtook Starbucks last year to become No.3 in the UK takeaway coffee league.

But Mr Whiteside said the coronavirus was causing "uncertainty". He said Greggs would pay staff who self-isolate — but the policy could be reviewed if the virus became a "big problem".

Mr Whiteside added that the storms hit sales after a "very strong start" to 2020. Vegan doughnuts and Welsh cakes ran out after a bakery and distribution site in Wales was flooded.

Around 40 stores were closed for "three or four days" after the closure hit supplies. Even so, like-for-like sales in shops rose by 7.5 per cent in the nine weeks to the end of last month.

simon.read@thesun.co.uk



Winner... vegan sausage roll

VEGAN BALLS

IKEA is to start selling vegan meatballs in all its UK stores.

The meat and dairy-free snack will be made from pea protein, oats, apples and potatoes.

The flat-pack firm says the balls will be 96 per cent more eco-friendly than the meat counterpart it offers. Shoppers can also take freezer packs home.

The 22 UK Ikea restaurants will stock them from August.

Ikea Food's Michael La Cour said: "We see a growing demand from our customers to have access to more sustainable food."

Rules & Procedures apply. Players must be 16+.



Distress... Caroline

Review on Flack rap case

By DANIEL HAMMOND

PROSECUTORS are to examine their decision to press ahead with Caroline Flack's court case after a storm of criticism.

Caroline, 40, killed herself the day after the Crown Prosecution Service chose to pursue charges that she hit boyfriend Lewis Burton, 27, on the head with a lamp.

The Love Island host denied it and Lewis, who she was barred from contacting, said he "never supported" a prosecution.

Caroline's managers said the "show trial" had distressed Caroline and the Met referred itself to the police watchdog.

Following a Freedom of Information request, the CPS said there would be a "post-case review" by a senior crown prosecutor.

A spokesman said it would examine the handling of the case and "decisions behind charging". It is unlikely the results will be disclosed.

Dyer: I've grown up

EASTENDERS actor Danny Dyer says he has grown up after being "a lunatic" in younger days.

In 2017, he was ordered by soap bosses to take a break due to his partying and cheating rumours.

He has since shunned booze and committed to his wife and three kids.

Danny, 42, who plays Mick Carter in the show, said: "I went through many years of being a lunatic. It took me a long time to grow up."

"I feel more settled now that I am in my 40s."

£300,000 for Aston

AN Aston Martin once loaned to Prince Charles could sell for £300,000.

The 1969 DB6 Vantage MK2 was used as a courtesy car for Aston owners bringing their cars in for servicing to the firm's Buckinghamshire HQ.

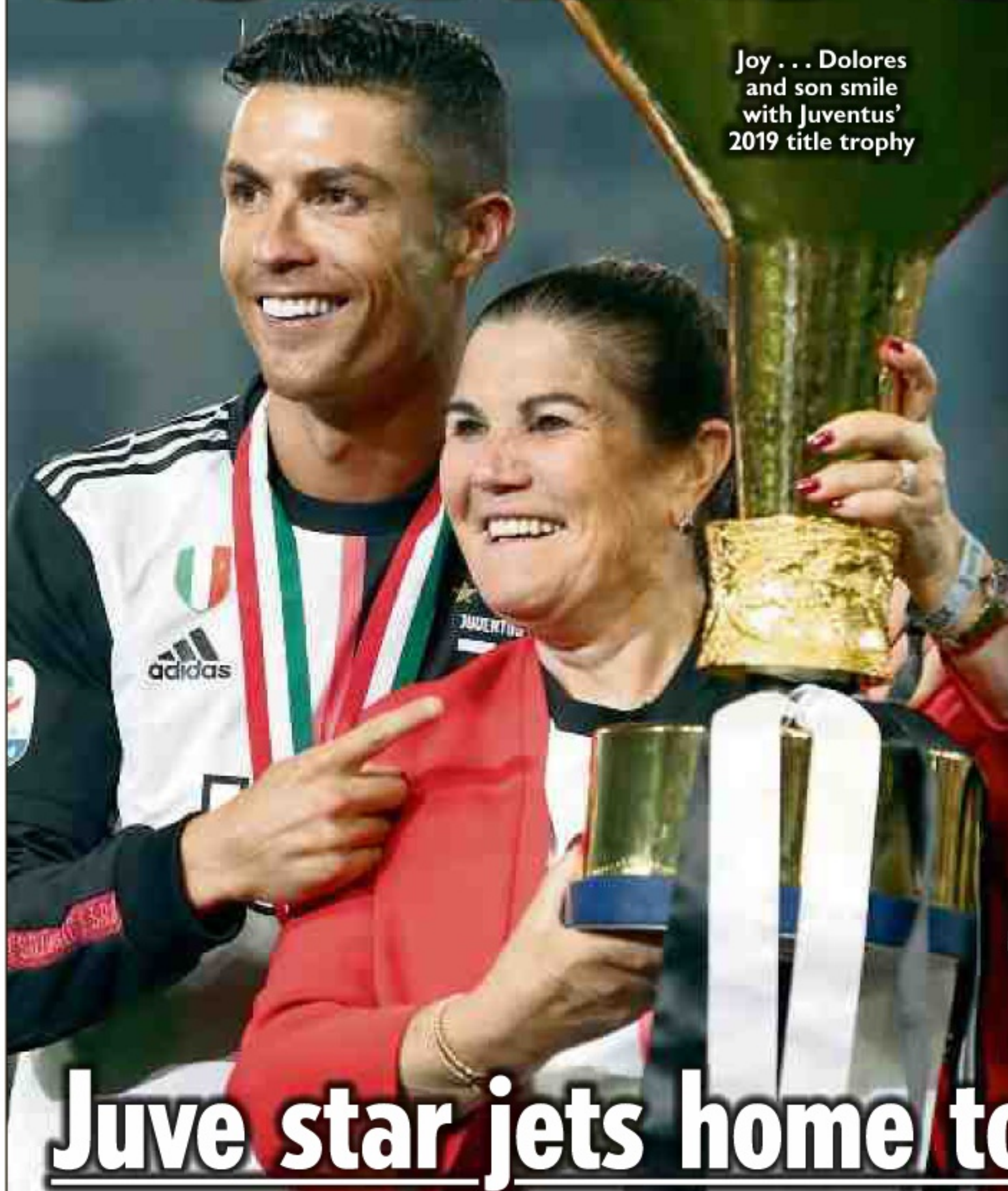
These would have included Charles, who bought his DB6 in 1970.

The car has 83,000 miles on the clock – and has been driven just 600 miles in the last 20 years.

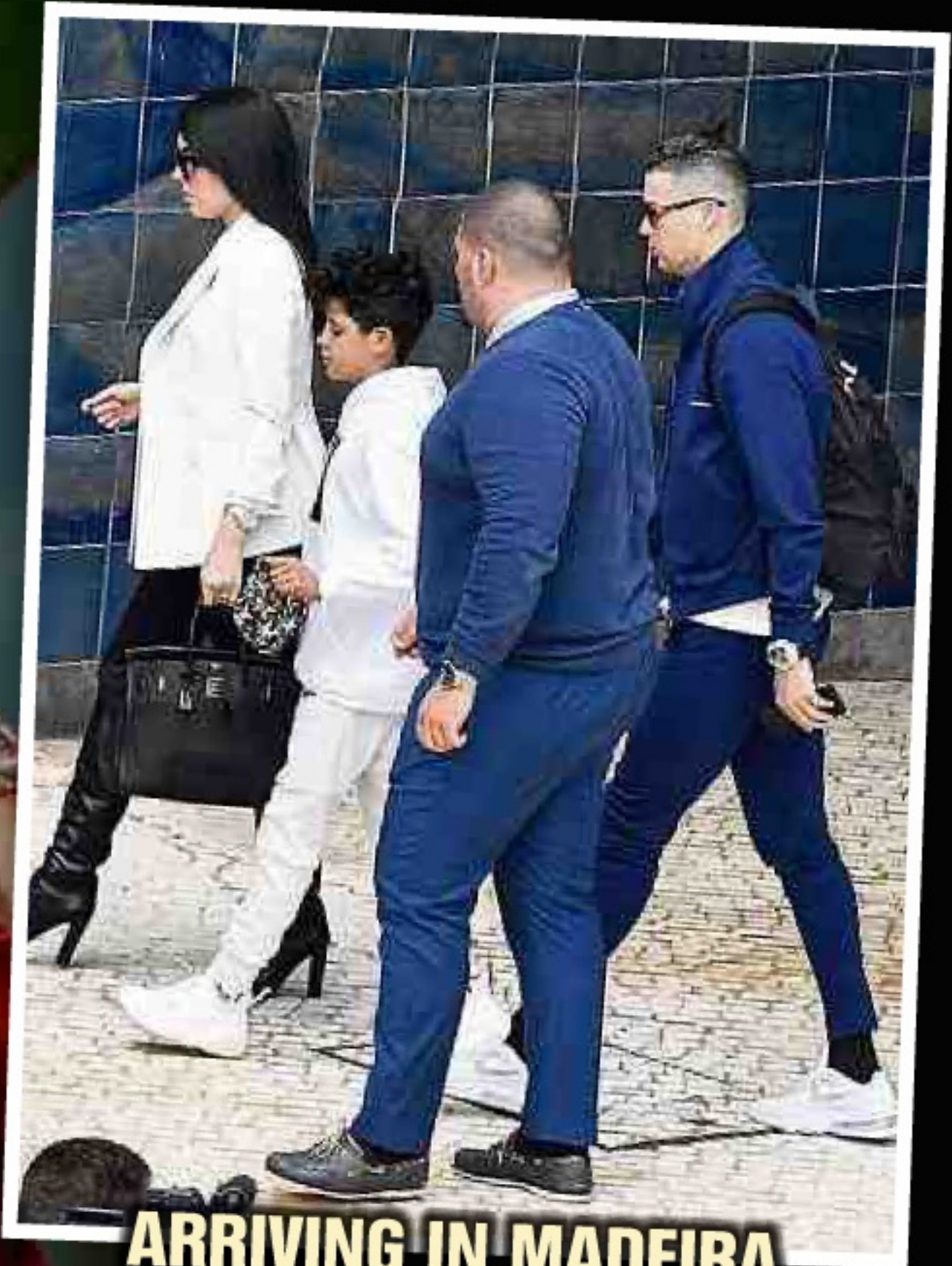
It goes under the hammer at the Imperial War Museum on March 18.

CRISTIANO FAMILY SHOCK

RONALDO MUM SUFFERS STROKE



Joy... Dolores and son smile with Juventus' 2019 title trophy



ARRIVING IN MADEIRA

Ronaldo, Georgina and son Cristiano Jr. flanked by guard

Juve star jets home to be by her side

CRISTIANO Ronaldo flew to his home island of Madeira yesterday after his doting mum Dolores Aveiro suffered a stroke.

The Portuguese superstar, 35, was driven straight to hospital after his private jet touched down from Italy just after 4pm. He was accompanied by his Spanish partner Georgina Rodriguez, 26, and nine-year-old son Cristiano Ronaldo Jr, who is also known as Cristiano Jr.

The Juventus footie ace walked into Dr Nelio Mendonca Hospital in the island's capital Funchal through a back entrance to avoid reporters

By GERARD COUZENS

and fans who had gathered by the main doors. Mum-of-four Dolores, 65, had been rushed to the hospital at around 5am yesterday.

One report claimed she has suffered an ischaemic stroke – the most common type – caused by a blood clot that blocks or plugs a blood vessel in the brain.

She is understood to have had a mechanical thrombectomy, which involves the removal of a clot from an artery through a catheter.

She was "conscious and stable" yesterday although the hospital made no further comment after her family asked for privacy. Goal-machine Ronaldo, who has won six league titles with Manchester United,

Real Madrid and Juventus; five European Cups (four with Real and one with United); and Euro 2016 with Portugal was set to remain in Madeira last night.

Ronaldo had been expected to fly back to Italy today as Juventus were set to play AC Milan in the Italian Cup tonight. But the tie was called off yesterday due to coronavirus, so he may stay with his mum.

Cristiano's brother Hugo Aveiro, who also visited their mum yesterday, was quoted as saying: "Everything's OK" as he left the hospital.

Dolores fell ill just hours after posting a selfie showing her enjoying a day out.

She looked relaxed as she posed for the snap on Sunday by a monument in Machico, a small city on

Madeira's east coast. Dolores, who has more than two million followers on Instagram, wrote alongside the photo: "Happy Sunday to everyone."

Her daughter Katia, 43, a singer, responded with a heart emoticon and the words: "My darling mum." A follower wrote: "Happy Sunday to you too Dolores. You're looking very nice."

At the start of last year Dolores revealed she was "fighting for her life" after a new cancer drama.

She had beaten the disease after being diagnosed in 2007 but in February, ahead of a trip to Italy to celebrate her son's birthday, she admitted to new health problems.

She told a Portuguese TV station: "I've had radiotherapy and now I'm fighting for my life."

BECKER SPLIT CASE

TENNIS legend Boris Becker came one step closer to divorce after a court hearing yesterday.

The star's estranged Dutch model wife Sharley Kerssenberg, 43, known as Lilly, was at London's Central Family Court to thrash out financial details.

German six-time Grand Slam-winner

Becker, 52, was not there due to "tennis commitments", the court heard.

He and second wife Lilly, who have a son, ten, will both appear before a judge on September 29 for a full trial.

They separated in 2018 after nine years of marriage. Both had accused the other of "unreasonable behaviour".

Sun

LEE Rumney, 29, accidentally added 189 pieces of chicken to his Domino's delivery order after a boozy night out in Sunderland to mark his son's birth.

SPOT

'ORANGE' AD FURY

THE MS Society has apologised after promoting a fundraising fun run in Northern Ireland with the slogan: "Let's turn Belfast orange!"

The phrase suggested support for one side of Ulster's bitter sectarian divide, as the Orange Order is a hardline unionist association in the province.

The charity, whose brand colour is orange, last week tweeted the slogan about an event it has planned to hold in Belfast this September.

The MS Society said: "We're sorry for any offence caused by this tweet. We appreciate the sensitivities in Northern Ireland. This was an honest mistake."

MAX SCORE FOR MUSICAL

HIT producer **MAX MARTIN**'s pop musical 'Juliet' leads the pack for this year's Olivier Awards with nine nominations.

I gave it a five-star review when it opened in the West End in November – and clearly audiences agree.

The modern retelling of Romeo & Juliet, set to some of pop's most famous songs, is up for

the most gongs including Best New Musical and Best Original Score.

Fiddler On The Roof has eight nominations while Dear Evan Hansen has seven. **PHOEBE WALLER-BRIDGE** has a Best Actress nod for her stage version of Fleabag while **JAMES McAVOY**, right, is up for Best Actor for Cyrano de Bergerac.

JASON MANFORD will host the ceremony on April 5.



Email: simon.boyle@the-sun.co.uk

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IT'S KYLIE CHARGED

KYLIE MINOGUE must be feeling really loved up, because she's been making music with the man behind hits including Sexbomb and Horny.

The Aussie singer, who is dating GQ mag boss Paul Solomons, was photographed at the Rosewood London hotel on Monday night, above, hours after having a session in the studio with German producer **MOUSSE T**.

He tweeted a photo with Kylie, inset, and tagged in another top DJ, **ALEX GAUDINO**, who is responsible for dance tunes including Destination Calabria and What A Feeling featuring **KELLY ROWLAND**.

Speaking about her new music last week, Kylie said: "I've already started work in the studio. We're not quite sure what it is yet, but we feel like 'That's good, that's good' – this is the direction we're heading". "I won't be doing [country] again, but what I learned in that period will stay with me however the songwriting pans out."



biZ bit

SISTER SLEDGE, **LISA MAFFIA** and **ARTFUL DODGER** have been added to the line-up for South London's Mighty Hoopla festival in Brockwell Park on June 6. **CHERYL TWEEDY**, **ATOMIC KITTEN** and **EVE** are also on the bill.

biZ meter



EMILIA CLARKE says she did not take anything from the Game Of Thrones set – but her cameraman brother Ben did. She told **ZOE BALL** on Radio 2: "In one of the battle scenes – I think he'd got a mate of a mate... he got one of the Targaryen flags, so I opened it at Christmas and burst into tears."



THE Invisible Man grossed £2.2million over the weekend to claim a shock top spot at the UK box office. The flick, featuring Mad Men's **ELISABETH MOSS**, tells the story of a woman who believes her crazy scientist ex is stalking her, despite apparently staging his own suicide.



ASHLEY ROBERTS has hit out at the 68 people who complained to Ofcom over the **PUSSYCAT DOLLS'** raunchy performance on **ANT & DEC's Saturday Night Takeaway** last month. She said: "We are wearing costumes. And they are sassy and fierce. We are owning our femininity."



SAM SMITH's mum still struggles to use the pop star's pronoun "they" after the singer came out as non-binary. Sam explained: "I say to my mum all the time – she will be calling me 'he and him' and she is getting angry at herself and it's OK – I trip up too. Of course I do, I'm a human being."



instaglam



MABEL sets tongues wagging as she pokes hers out in a snap taken backstage at a concert



GAGA IS BACK ON PLAYLIST

I CALLED out Radio 1 on Monday for failing to put **LADY GAGA's** incredible new single Stupid Love on its playlists – and now bosses have finally seen sense.

Last night the station announced the latest set of weekly playlists and the song has been added to the B list.

Perhaps the change of heart was forced by drivetime presenter **NICK GRIMSHAW**.

He was away in Namibia on a Sport Relief fundraiser last week when the decision to snub the song was made.

But on his first show back on Monday, Nick posted two Instagram stories dancing to the tune, so clearly he's a fan even if his bosses aren't.

Stupid Love was at No2 in the midweek chart update.

It is from Gaga's upcoming album Chromatica.

That is sure to be just as successful as it is rumoured to feature a collaboration with **ARIANA GRANDE**.

I can't wait to hear it.

Phone-using Andrew is Phantom menace

AFTER five decades in the industry, there can't be anybody more familiar with theatre etiquette than **ANDREW LLOYD WEBBER**.

But still, it was the legendary composer of musical smashes including The Phantom Of The Opera who broke the golden rule of the West End on Sunday night when he started using his phone to film the stars on stage during a show.

He was in the audience at the Gillian Lynne Theatre during the final performance of School Of Rock – which he wrote the music for – when he was told off by an usher.

But it was only after she had snapped at him that she realised who the famous culprit was.

The usher, musical theatre

graduate Hayley Baldwin, tweeted: "So today I accidentally told THE Andrew Lloyd Webber off for filming his own show... Guess there go my chances of ever being in any of his shows in the future. To clarify, I was working FOH [front of house], I wasn't just in the audience."

During his phenomenal career, Andrew has written the music for Jesus Christ Superstar, Evita, Cats and Joseph And The Amazing Technicolor Dreamcoat and is now worth an estimated £820million.

If he really wanted a video that much, booking out the whole theatre would have been no issue at all.



SIMON BOYLE'S arre

MY TEAM: Howell Davies, Ellie Henman and Joe Kasper



RED CARPET
... Curtis and
Maura at NTAs.
Left and right,
backstage row

Just can't fake this any Maura

CURTIS SHAM LOVE EXPOSED

IN the rich pantheon of people nobody will care about one year from now, CURTIS PRITCHARD and MAURA HIGGINS are right at the top.

But after Maura finally called time on their transparent seven-month romance on Monday, I thought it only fair to tell you all what's really been going on behind closed doors. Curtis and Maura, if you hadn't already guessed, have been faking their relationship and were urged to stay together for work commitments by cash-hungry management teams, who warned them it would be bad for their brand if they split.

Acting like lout

After coupling up on last year's Love Island, the pair were told they would make millions if they stuck together and kept the illusion alive. Despite Maura quickly falling out of love with Curtis, insiders told me she first felt pressured into sticking with him – like so many other couples who are paired up on the ITV2 series – at the end of last year. The cracks in their relationship were grossly evident at the National Television Awards in January, when three reporters on my team witnessed Maura

cowering in a corner of the smoking area as Curtis – who was so drunk he struggled to stand – shouted at her. An insider told me: "Maura felt pressured to stick with him. They had booked jobs together, parties they had to attend. "When they met in Love Island it was genuine. But when the showbiz treadmill started on the outside, it was a sham. "The NTAs was the last straw. Maura has star quality and is a professional. Curtis showed his true colours that night." Curtis was seen cosying up to another woman in a nightclub in January. Over the weekend he was linked to sexy dancer Amber Pierson, who is on his brother AJ's dance tour. Last week, former Love Island contestant MONTANA BROWN admitted stars are put under pressure to stick together – and Curtis and Maura were a prime example of this fakery in action. Inside the swanky NTAs after-party at London's O2 Arena, Curtis had downed glasses of white wine and was filmed acting like a lout, even though he'd been paid to host the red carpet with Maura. Male friends of Maura's warned him to leave her alone and he had to be helped out of the building by fellow islander JOE GARRETT. Maura said afterwards she was furious Curtis had drunk

so much and was being so irrational. When faced with the video of him staggering and being pushed away by Maura, Curtis's smarmy rep begged me not to use it for fear it would ruin a deal he had struck between Curtis and the BBC. I understand young stars make mistakes so I agreed not to run the footage. In return, and as part of a deal that is a regular occurrence in showbiz reporting, Curtis's team promised they would be honest about the moment the couple ended their relationship and said Curtis would speak to us about this. **Slippery flunky** Instead, both their teams lied about the break-up and denied it just hours before Maura posted a po-faced statement on Instagram on Monday night. Curtis's slippery flunky went to ground when asked when his client would be available to speak about the break-up. So I'm revealing the couple's sham relationship – and telling the truth about what a grim man Curtis can be when he's on the sauce and away from the watchful eye of those he pays to keep bad stories out of the limelight. If you go back on the deal you so were desperate to strike, mate, don't think I won't either.

NOT KIM-PRESSED

IF you thought there was nothing KIM KARDASHIAN and KANYE WEST would not do to push their showbiz and business agenda, you'd be absolutely correct. The shameless couple launched their daughter North as a pop star aged just six on Monday night in a bid to get some publicity for Kanye's fashion brand. She performed a song called What I Do on stage at his Yeezy Season 8 show as part of Paris Fashion Week – and she looked terrified until her dad joined her halfway through the performance, inset. Meanwhile, Kim – dressed in new gear from the collection – filmed her. A school nativity play is one thing, but being put on stage in front of hundreds – and streamed to thousands more – is something else entirely.



'Suicide' after split

A WOMAN devastated by a break-up was found dead in her bath, an inquest heard yesterday.

Isabella Goddard, 22, who had a history of mental health issues, was upset after bumping into ex-love Kieran Wilson.

He found her body in Canterbury, Kent.

Mr Wilson told the Maidstone hearing: "I knew she was upset."

"I didn't think she was going to commit suicide."

NUTS SO FUNNY

Choc brand Snickers said sorry after tweeting "has someone sat on the keyboard?" in a dig at long Welsh place names.

PACKHAM VS HS2

Springwatch host's legal bid to block rail scheme



Battle... HS2 train & Chris

TV star Chris Packham has launched a legal bid to halt the controversial HS2 project.

The Springwatch host claims the Government's approval of the high-speed rail link is at odds with its target to go carbon neutral by 2050.

Chris, 58, signed up solicitors Leigh Day to write to

By **MATT DATHAN**
Deputy Political Editor

Boris Jonson challenging his decision to give the nod to the multi-billion pound scheme.

The high-speed network would link London, Birmingham, Manchester and Leeds.

In the letter, the naturalist called the Oakervee review — which last month strongly warned the PM against cancelling HS2 — "compromised,

incomplete and flawed". He says the review didn't take into account the potential impact of HS2 on carbon emissions.

The initial environmental assessment for the project was published in 2013 — long before ex-PM Theresa May committed the Government to going carbon neutral by 2050.

Mr Packham said the bid to stop HS2 from going ahead was the "last stand for nature and the environment".

He added: "In regard to the

HS2 rail project I believe our government has failed."

The Department for Transport said it will respond "in due course" to the appeal.

Last week plans for a third runway at Heathrow airport were hit after campaigners won a legal challenge. Judges ruled it was unlawful because the plans didn't take into account the Government's climate change commitments.

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The Sun Says — Page 12



TV Doctor... jumper

Stitch in time for knit firm

By **CRYSTAL JONES**

DOCTOR Who fans can dress like their time-travelling heroine thanks to a luxury knitwear firm's deal with the BBC.

The latest Doctor's distinctive rainbow jumper, her scarf and lookalike socks will feature in the range from Welsh company Corgi.

But though Jodie Whittaker's character grabbed her outfit from a charity shop, this latest range will cost a little more.

The jumper will set fans back £290, the cashmere scarf £280 and the socks £39.

Corgi is a family-run firm producing luxury socks and knitwear since 1892 and also supplies the Royal Family.

Doctor Who costume designer Ray Holman said: "I chose to work with Corgi after visiting the factory and seeing the high quality materials they use and the beautiful products they create."

Fat blast at stores

SUPERMARKETS do too little to tackle child obesity, a report suggests.

The World Health Organisation study looked at data from Tesco, Sainsbury's, Asda, Morrisons, Co-op, Lidl, Aldi, Waitrose, M&S and Iceland.

Each was scored on criteria such as responsible marketing, affordability and labelling. None got more than 39 per cent.

Ellie Chapman of campaigners ShareAction said: "Supermarkets need to integrate health considerations across their business operations."

TAKING A SHOT

Couple Derek and Kerry Campbell plan to open the most northerly mainland whisky distillery in John O'Groats.

I had a pig of a time finding a jumper to fit..



Telly... Clanger

A "SKINNY pig" poses in a knitted jumper hand-made by its owner — and looks just like a character from kids' TV show the Clangers.

Ulrica Marklund, 50, uses her two hairless rodents, Pea and Parsley, to advertise clothes for guinea pigs.

Ulrica, who sells her stuff online from Sweden, said: "They get a lot of treats during the photo shoot."



Cuties... Pea and Parsley pose for shoot



Bitten ... Litten

Kitten ear chewed by owner

By DANIEL HAMMOND

A THUG repeatedly bit his cat's ear and punched it "countless times".

Aaron James Williamson, 20, gnawed the kitten so often that there was little of its ear left.

He also admitted he had "lost count how many times" he punched the kitten - called Litten - and did so whenever he was angry.

RSPCA inspector Kate Burris said: "Williamson tortured this kitten. His abuse was sickening."

Three kittens were rescued from Williamson's home in Grimsby, Lincs, in September 2019 after a witness reported the animal cruelty.

He admitted causing unnecessary suffering to a kitten at Grimsby magistrates' court and was jailed for 12 weeks.

He was also banned from having pets for life.

The RSPCA said all three cats were rehomed and are doing "fantastic".

Fuel cost takes dip

FEBRUARY saw one of the largest fuel price dips in 20 years, figures show.

The average price of petrol fell by 3p per litre to 124p and diesel by 4p to 127p per litre.

These were the 19th and 11th largest monthly price cuts respectively since RAC began monitoring them in 2000.

The falls have been driven by a slump in the price of a barrel of oil.

But the RAC's Simon Williams said both were still 6p a litre too dear and urged supermarkets to cut prices further.

£148M WINNER ADMITS GUILT



Making point ... Bayford yesterday

Shoved ... Innes and the courthouse

THE LOTTO LOUTESS

Attacked ex in babysit row

Win ... Gillian & Adrian

By ROB PATTINSON

LOTTERY jackpot winner Gillian Bayford attacked her ex in a babysitting row.

But she walked free from court yesterday after claiming her £148million prize was "a mixed blessing".

Bayford, 47, yanked lover Gavin Innes off the stairs at her mansion.

Days later, she shoved him after they rowed again in her Audi Q7 car over care for her two kids, then aged 11 and 13.

She had been charged with domestic assault but admitted a lesser breach of the peace charge.

Bayford, who shared the EuroMillions jackpot with then husband Adrian in 2012, was admonished - meaning she was able to go free after a verbal warning from the judge.

Dundee Sheriff Court heard she had started dating Mr Innes, a year below her at school, in 2017.

The pair rowed twice in October and later split.

Her solicitor Murdo MacLeod QC claimed Mr Innes targeted Bayford for her fortune and treated her as his "pension fund".

He said the lottery win had been "a mixed blessing" for Bayford.

Mr MacLeod added: "It has been a torrid time for her. It placed a great strain on her marriage and she split from her husband."

Sheriff Lorna Drummond said: "It is an offence to push somebody."

"But given all that's been said in your favour, I'm not going to impose any penalty on you - I am going to admonish you."

Outside court, Mr Innes said: "I almost feel sorry for Gillian but she has to know she can't behave badly."

Property developer Bayford, of Broughty Ferry, Tayside, returned to her native Scotland from Suffolk after her 2013 split from Adrian.

She married convicted fraudster Brian Deans in 2018.

She married convicted fraudster Brian Deans in 2018.

She married convicted fraudster Brian Deans in 2018.

robert.pattinson@the-sun.co.uk

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Edited by GISELLE WAINWRIGHT

DEAL OF DAY



IT'S heaven scent. Britney Spears Midnight Fantasy eau de parfum, 50ml, is half-price at Boots. Grab a bottle for £15, down from £30.

SAVE: £15

CHEAP TREAT



GU's new range of chocolate mousses are on offer at Morrisons for just £2, usually £3.30. I love the dark choc and salted caramel.

SAVE: £1.30

SAVE ON KIDS' COSTUMES FOR WORLD BOOK DAY



HORRIBLY GOOD... I check out Horrid Henry top and 'hair'

Page earner

TOMORROW is World Book Day, when thousands of kids will dress up for school as their favourite fictional character.

Some parents will splash the cash on costumes but I agree with Sun Saver Pat.

She emailed me saying: "Schools don't take into consideration that larger families have to spend more. That's plus school trips and projects, so it all adds up."

But don't get in a flap. I've done the homework for you. And the winners are...

Best price: Lidl is where I found the cheapest costumes, with clas-

sics such as Peter Pan, Little Red Riding Hood and Goldilocks coming in at just £6.99.

Best accessories: Fans of Daisy Meadows' Fairy books should go to Primark, where you can get wings, a tutu and floral wand for £5.

Princesses never seem to go out of fashion, so add a £2.50 Primark tiara to your youngster's smartest dress, for a seriously low-cost outfit.

Widest variety: This is a tough choice, as Aldi has some brilliant Dennis The Menace outfits, as well as Toy Story ones, from £9.99.

George at Asda has a huge range of outfits, including Dr Seuss's Cat In The Hat all-in-ones, from £14, as well as a couple of very cost-effective faves. Pick up a Horrid Henry top (and felt hair)

for a fiver or get a Where's Wally? striped top and hat, also £5.

Most-loved character: Harry Potter is near the top of most youngsters' lists. And B&M has the cheapest boy-wizard outfit at £7.99.

Alternatively, you could add a Gryffindor accessories pack (including red tie and wand) to their existing uniform for just £5 at Asda.

Aldi has a full costume including cloak for just £9.99.

For more bargain outfits, watch my video at facebook.com/theSunSavers.

● **ALL prices on this page are correct at time of going to press. Deals and offers are subject to availability.**

TOP SWAP



£1.60

A FIVE-PACK of Tesco original bagels costs 79p, below, that's half the price of five New York Bakery plain bagels that sell for £1.60, above. My breakfast bagel has never tasted so good.

SAVE: 81p



79p

My Sun SAVERS fiver

FLORRIE KNIBBS, of Bexleyheath, Kent, says: "I'm saving my fivers to take my daughter to the Isle of Wight for her birthday."

● Send us your Savers fiver stories to sunsavers.co.uk/fivers and you'll get 28 codes worth £5 if your tip is used. Please include your name and town.

Reader's saving tip

SHEILA BARTHORPE, from Chingford in Essex, says: "I keep the plastic tubs from plums and grapes, to store veg in the fridge. It saves on expensive containers."

● Send suggestions to sunsavers.co.uk/tips and get 28 codes, worth £5, if we print yours here. Please include your name and town.

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SHOP & SAVE



RAISE a glass to this deal - 20 bottles of Bud Light Lager is £10, down from £13 at Asda.

SAVE: £3

HOT RIGHT NOW

GET two courses from the a la carte menu at Frankie & Benny's for £19.99 with Groupon.co.uk.



Sex pest . . . Humpston

Sgt axed for grope of 6 cops

By WILL BARKER

A POLICE sergeant has been sacked for sexually harassing six female colleagues while on duty.

Bruce Humpston, 41, groped and made smutty comments to the women. He was originally charged with sexual assault but admitted the lesser charge of battery.

He received a £450 fine at Birmingham crown court in January.

A police disciplinary tribunal has now found Humpston, of Stourbridge, guilty of gross misconduct and sacked him without notice.

Superintendent Jane Bailey, from West Midlands Police's Criminal Justice Services, said: "Humpston's behaviour was unacceptable."

"His actions caused significant distress."

"He had a duty to create a safe working environment for his staff, but his behaviour made colleagues feel uncomfortable and intimidated."

Mayor in box stunt

DAREDEVIL mayor Nick Penny is to perform a David Blaine-style stunt by spending up to 36 hours in a wooden box suspended from a crane.

His previous charitable escapades have included an I'm A Celeb-type insect eating challenge and abseiling down cliffs.

The mayor of Coleford, Gloucs, will undergo the ordeal in aid of charities Young Minds and Forest Talk later this month.

He said: "The thought of being in a box with no creature comforts will leave me feeling isolated."

HEL OF A DESIGNER

By THEA JACOBS

ACTRESS Helen Flanagan makes a mockery of the old adage that blue and green should never be seen.

The ex-Corrie star's latest range for Chi Chi London includes mini-me items for mums and daughters.

Helen, 29, worked on the designs with eldest daughter Matilda, four. She said "She loves that she can dress like mummy too."



Picture: CHI CHI LONDON

SAFETY ROW

You have cod to be kidding..



Jolly . . . & the original poster

FISHERMAN BAN BID

THE famous Skegness Jolly Fisherman mascot is facing the axe after 112 years.

Health and safety rules mean volunteers can spend only 20 minutes a time inside the costume.

They also need a minder and there are hygiene risks if more than one person dresses up in it, officials say.

Locals in the Lincolnshire seaside town are furious.

Mayor Mark Dannatt said: "Jolly is the face of Skegness."

"This shouldn't even be being discussed and I will fight to save him." And John Byford said: "Jolly is not just

By ROB PATTINSON

our town mascot, he's a crowd puller. He may be 112, but he's not ready to hang his boots up yet." Jolly, created as a railway ad poster in 1908, had been operated by a business group to greet locals and visitors but has been returned to the council.

Chiefs pointed to a lack of funds, no storage space for the costume and a dwindling number of volunteers.

Councillors are due to discuss the issue tonight. A report states: "The resource and cost of operating Jolly (if done properly) is more than many will imagine."

rob.pattinson@the-sun.co.uk



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Silenced... chapel

Smallest church's old bell is stolen

By **MATTHEW BELL**

THIEVES have nicked a 300-year-old bell from England's tiniest church.

The 3ft-tall bronze casting was part of a 15th century chapel built on a farm.

Grade II listed Bremilham Church at Cowage Farm, near Malmesbury, Wilts, has space for a congregation of just ten.

For years it was used to house turkeys until it was reinstated as a church in 1955.

Farmer Tom Collins discovered the theft last week. The bell, weighing 100kg, had been taken from an oak beam.

Mr Collins said: "We've lost a little bit of heritage. We're never going to get that bell back."

Bremilham holds the Guinness Records title for England's smallest church which is still in use.

IT'S now too late to start collecting for our great Hols from £9.50. But if you already began, today's token and codeword are below.

If you are collecting Sun Savers codes for your break, find today's on Page 24.

Booking closes at midnight on March 20. T&Cs apply.



PAY WITH YOUR SunSAVERS WALLET

Baby bee brains hit

PESTICIDES cause brain damage in baby bumblebees, a study showed.

Pollen and nectar contaminated with insecticides impaired growth, affecting the grown adult bee's ability to carry out a simple learning task.

Experts used micro-CT scans to find parts of the brain grew abnormally when exposed as larvae.

Dr Dylan Smith, of Imperial College London, said: "Pesticides can build up inside bee colonies. Our study shows the risks to such an environment."

FORE DAD

Metal detectorist Alan Webster, 51, found a wedding ring lost by dad Graeme in 2015 on a golf course in East Lothian.

BBC ADAPTS NOUGHTS & CROSSES NOVELS



By **THEA JACOBS**

IT'S an alternate world history where Africans conquered Europe and came to dominate society.

White people, known as noughts, are treated as second-class citizens, black people, known as crosses, call the shots.

New BBC1 drama Noughts + Crosses – renamed from the Malorie Blackman Noughts & Crosses novels – sees Stormzy guest star as viewers are forced to confront prejudice like never before.

Racial lines are deeply drawn yet, despite everything that should keep them apart, Callum McGregor (Jack Rowan) and Sephy Hadley (Masali Baduza), who is the daughter of the Home Secretary, fall in love.

Despite the turmoil and division that surrounds them, the couple – reminiscent of Romeo and Juliet – remain devoted to each other.

Masali said: "The point of Sephy and Callum's relationship is to show that when they are together, the outside world doesn't really play a factor in the pure love they have."

She added: "What I really liked about the relationship is how innocent it is in this world where everything seems to be against them."

"It is always beautiful to see the message relayed that whatever world you are in and however hard your circumstances may be, when you feel like the world is against you there is always that bit of hope. Their relationship represents that."

Masali also hopes the show might "kick-start a conversation about racism" that comes from a place of trying to see things from someone else's perspective.

Former Peaky Blinders star Jack, 23, said: "It is a unique take on something that is still relevant in some parts of the UK and the world. I'm happy to be involved in something that will resonate with people and perhaps cause conversation."

'Vital television'

The six-part series, which starts tomorrow, has been seven years in the making, and when the revolutionary book was published in 2001 it inspired a generation.

But since then the author says little has changed in the UK and hatred is still a regular part of people's lives.

Writer Malorie, 58, said: "Unfortunately the facts show there is more hate crime in Britain and people being judged on skin colour or religion or sexual orientation."

"It seems like things have improved maybe as far as access to information and knowledge on other cultures is concerned, but unfortunately some people view anyone who is different to them as something to be fearful and suspicious of and that is a damn shame."

The series begins with a rally that sees a nought teen viciously attacked by police and hospitalised – leading to violent clashes that Callum and his brother Jude (Josh Dylan) are caught up in.

Cold Feet's Helen Baxendale plays their mum, Meggie, who sees her sons come into conflict as Jude becomes radicalised and a part of terrorist group The Liberation Militia – causing him to be horrified at his brother's illegal relationship with Sephy.

Josh, 26, said: "This drama is an unconventional exploration of race, which is why I believe it is vital television."

"It will be challenging and fresh. It is accessible for people who are fortunate enough to not have been on the end of racial discrimination, people like myself, who have never been stopped from doing something because of the colour of their skin."

"This is a real, everyday issue for people, so for it to be flipped will hopefully draw in people in a new way and make audiences think."

According to Josh, Stormzy was "annoyingly good" as newspaper editor Kolawale – a role especially created for the BBC adaptation that

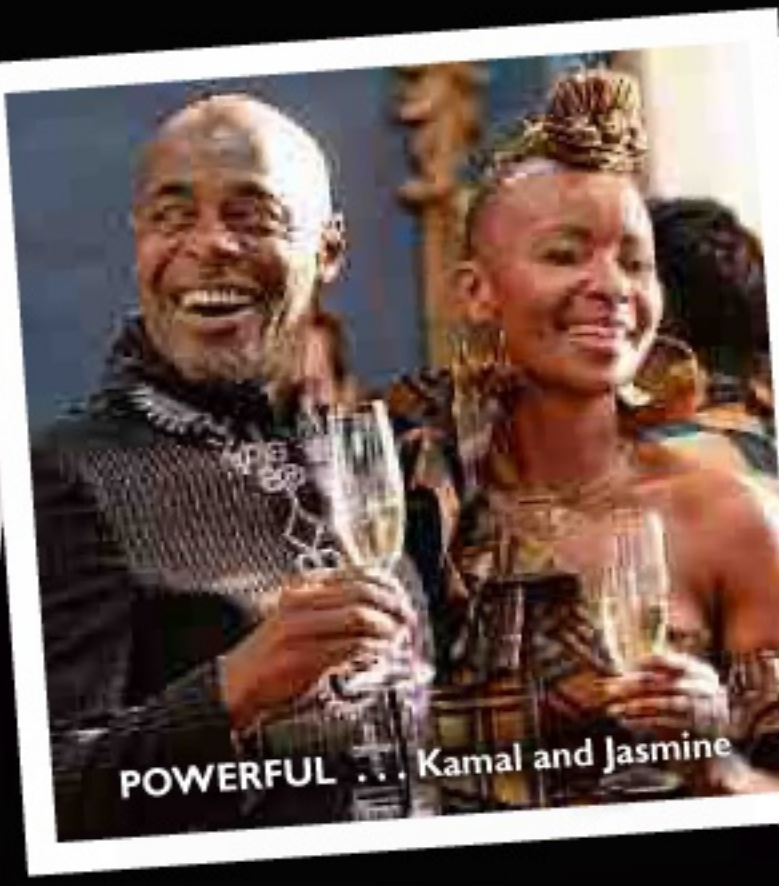
FORBIDDEN LOVE
... Masali Baduza
as Sephy and Jack
Rowan as her secret
boyfriend Callum



Race reversal drama will go down a Stormzy



ROLE... Helen Baxendale as Meggie



POWERFUL... Kamal and Jasmine



FAN... rapper Stormzy as Kolawale

has raised the ages of some of the key characters.

It was a no-brainer for the rapper when he was offered the role.

Stormzy said: "As a diehard fan of Malorie's novels, being a part of this important show is a dream come true."

The author was equally thrilled to have the star in the cast. She said: "The first time I met him he told me he was a huge fan of my books."

"I'm thrilled he's part of the production. It's so exciting." But the character who is most like Malorie is Callum – because many of his experiences are based on racist abuse she suffered over the years. She said: "Things like the first time I travelled first-class on a train and a ticket inspector accused me of stealing the ticket."

"Or having a conversation with my history teacher and saying, 'How

come you don't talk about black scientists, achievers and inventors'."

"And my teacher said there aren't any and I thought, 'I'm sure that's not true, but we've never been taught any' and so on."

"Of all the characters I've created in my books, I think the person who is probably closest to my personality is Callum."

'Open people's eyes'

One of the other key parts of the show is its celebration of African culture – something many of the cast grew up without.

Bonnie Mbuli, who plays Sephy's mum Jasmine, said: "As a black African I've never seen a TV show that showcased our being or our ways in a way that was given a place and was acceptable, until now."

For Paterson Joseph, 55, who plays Sephy's father Kamal Hadley, it gave

him an unexpected opportunity to play a racist extremist.

He said: "When I took on the role of Kamal it was a question of how do I depict a racist who is black, in a country where he is in the minority but also where they are ruling?"

"That is somewhere I have never had to go with any character I have played before, so that fascinated me."

"Kamal is a slick politician with a very firm idea of what he wants the country to be, and that country is black-ruled. The white population, or as they are referred to in our story, the noughts, have no say in how things are run."

Paterson hopes the drama will open people's eyes to how "things can be for ethnic minorities in this country".

● Noughts + Crosses starts tomorrow on BBC1 at 9pm.



At court... yesterday

Ace Ibe's drive ban for crash

By EMMA JAMES

FOOTBALLER Jordan Ibe was yesterday banned from driving for 16 months after crashing his Bentley into a cafe and fleeing the scene.

The Bournemouth winger, 24, who also hit a parked Mercedes, caused £15,000 worth of damage.

He only agreed to be interviewed by police when they threatened to arrest him at a match.

His £130,000 Bentley 4x4 crashed in Bromley, South East London, at about 4am last July.

Ibe had admitted careless driving and was found guilty of failing to stop after an accident.

JPs in Bromley imposed the ban and ordered him to pay a total of £9,000 in fines, costs and compensation. Ibe later said: "I've let myself down."

BAKERLOOT LINE

A rare 1934 poster of the London Underground map is set to fetch £20,000 at auction in Cirencester, Gloucs.

JARS THAT CAN STAY IN CUPBOARD

FRIDGE TOO FAR?

NEEDS TO GO IN FRIDGE

Mayonnaise - Egg-rich so needs to be kept cool. Bacteria can get in by dipping cutlery into the jar

Pesto - Nuts in pesto mean it can end up developing mould that can cause liver damage

Salad cream - Contains egg so should be refrigerated

Maple syrup - Vulnerable to moulds if kept in cupboard

Tartare sauce - Contains egg, low acidity and a high water content, which bacteria love

Redcurrant jelly - Can have water on surface, which is an ideal breeding ground for mould



Millions keep ketchup chilled unnecessarily

CAN GO IN CUPBOARD

Ketchup - Vinegar and naturally acidic tomatoes in bottle help preserve it

HP Sauce - Contains preservative ingredients including malt vinegar

Honey - Naturally contains the preservative hydrogen peroxide

Pickle - Contains preservatives including vinegar

Soy sauce - Highly preserved thanks to its high salt content

Malt vinegar - High acidity kills any contaminants getting into the bottle

MILLIONS of Brits keep their ketchup in the fridge unnecessarily, experts say.

Other popular pickles and condiments could also easily be stored in a kitchen cupboard.

Research by Which? found just

By DANIEL JONES, Consumer Editor

one in five Brits check labels to see where their favourite items should be stored and for how long.

The consumer group said: "We discovered a lot of confusion, misinformation and downright bad

habits - including ones that could be putting their health at risk."

Egg-based items such as salad cream and mayonnaise should be kept refrigerated, as should pesto.

But ketchup, brown sauce, pickle, mango chutney and mustard are all perfectly safe in a cupboard.

In many cases it may be down to

personal taste, such as preferring ketchup to be served cold.

Which? says that "use by" dates should be strictly adhered to, while smell and taste are handy guides for "best before". It also recommends plastic top-down containers, which are recyclable.

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SPIDEY'S BROUGHT TO BOOK

A SCHOOL has banned its pupils from dressing up as superheroes or film characters for World Book Day.

The move means kids must choose costumes based on traditional literary works rather than Spider-Man or Frozen's Princess Elsa.

Parents reacted with fury at the edict from Hawley Primary School in Camden, North London. One mum reckoned: "All my daughter wanted to do was dress up as a princess and she has an outfit."

"I don't have the time – or talent – to make a new outfit and I can't afford to buy one." World Book Day, part of World Book Week, is tomorrow.

The international campaign aims to ensure every child has a book character to dress up based on (no superheroes please). School officials refused to comment.

By **RACHEL DALE**

a book of their own. In a letter to parents, Hawley school said: "There are lots of exciting things happening in school! We would like everyone to dress up based on a book character (no superheroes please)." School officials refused to comment.

rachel.dale@the-sun.co.uk



STILL TO COME IN

THE Sun

bizarreTV

Sheridan on Gavin & Stacey
PAGE 33



Fabulous DAILY

Rise of the phone flashers
STARTS PAGE 35

MUM & GRAN 'BIT JET PILOT'

A MUM and gran attacked a pilot in a plane's cockpit at Heathrow after a row over a baby buggy, a court heard.

Henrietta Mitaiare, 23, bit and scratched Guido Keel leaving him bloodied, it was said.

As she sat on top of him, her mum, Mary Roberts, 53, rushed in and began kicking him while shouting "get off my daughter", JPs heard. She also allegedly bit the Swiss Air flight cabin manager's finger as he tried to stop the fight.

Co-pilot Friedrich Preiler told Uxbridge magistrates the cockpit was "like a battlefield".

Cpt Keel had intervened in a row between cabin staff and the two women who were still arguing after trying to prevent crew stowing Mitaiare's child's buggy in the hold at Zurich.

She was recording Cpt Keel on her phone, accused him of being racist and pushed him into the cockpit, the court heard.

Mitaiare, of Kensington, West London, and Roberts, of Fulham, South West London, deny assault. Trial goes on.



EXCLUSIVE: KIMBERLEY WALSH



By **HANNAH HOPE**
Assistant Showbiz Editor

COSTUME DRAMAS...
Kimberley says the girls are all friends again

THERE have been more rifts in Girls Aloud than Cheryl Tweedy's had surnames – but now the girl band could be making an unlikely 20th anniversary comeback.

It comes after Kimberley Walsh revealed that the group have made up with long-time nemesis and bandmate Nadine Coyle – who claimed just two months ago that reforming Girls Aloud would be like "moving a mountain".

Speaking exclusively to The Sun, Kimberley said: "I saw Nadine the other day in London and it was so nice to catch up with her. It's been a while. "We just bumped into each other at an event. It made me feel nostalgic."

The band – also featuring Sarah Harding and Nicola Roberts – formed on ITV talent show Popstars: The Rivals in 2002 and enjoyed huge success in the Noughties, with 21 Top Ten singles and two Nol albums.

Indeed, the much-loved fivesome were deemed the best British girl band since the Spice Girls, which is why there is huge demand for a reunion in 2022, two decades after they started.

Kimberley, 38, said: "We do have an anniversary coming up but it's a long way off still. Everybody is busy at the moment but I have a lot of love for all the girls. I'm proud of all of them."

"All the songs feel like a distant memory but if I hear them then I think they're good. I'm glad I still get to spend time with the girls and see them."

"Our outfits were racy but we were girls' girls and about looking glamorous and having something to aspire to."

'I miss the kids when I'm working'

Kimberley's standout moment in their 11-year reign was finally winning a Brit award in 2009, for best British single with The Promise, when Sarah famously bellowed: "It's about time" onstage in their acceptance speech.

Kimberley recalled: "Winning the Brit was massive for us because we had so much critical acclaim but no award."

"And then the public finally got the chance to vote and we were like, 'Yes!'"

The band took a break in 2009, but returned in 2012 with a comeback tour to mark their tenth anniversary.

However, speaking to The Sun in 2017, Nadine told of the backstabbing and bitching – mainly sparked by her being given more solos than her bandmates – which led to the band's break-up in 2013.

She added: "It was fine at the start but there's always politics in any band."

"It just happened that I always got more vocals than everybody else, so in terms of people wanting their voice heard, that wasn't happening."

"And it made people very bitter. They didn't like that."

While Kimberley, Cheryl and Nicola stayed close, Nadine and party girl Sarah – who took part in Celebrity Big Brother in 2018 – drifted apart.

On being asked if there was a huge divide in Girls Aloud, Nadine, now 34, has said: "Definitely. It's so sad for me to have to admit this stuff now because for so long there's the band, and you want everybody to think we're best friends and we have pillow fights and drink milkshakes."

"That's what I wanted it to be, but it just wasn't how it was. So yeah, there was a divide. We're all very, very different characters."

Cheryl, 36, has built a solo career, with five Nols, including *Fight For This Love* and *Call My Name*, along with a TV career as a telly judge on *X Factor* and *The Greatest Dancer*.

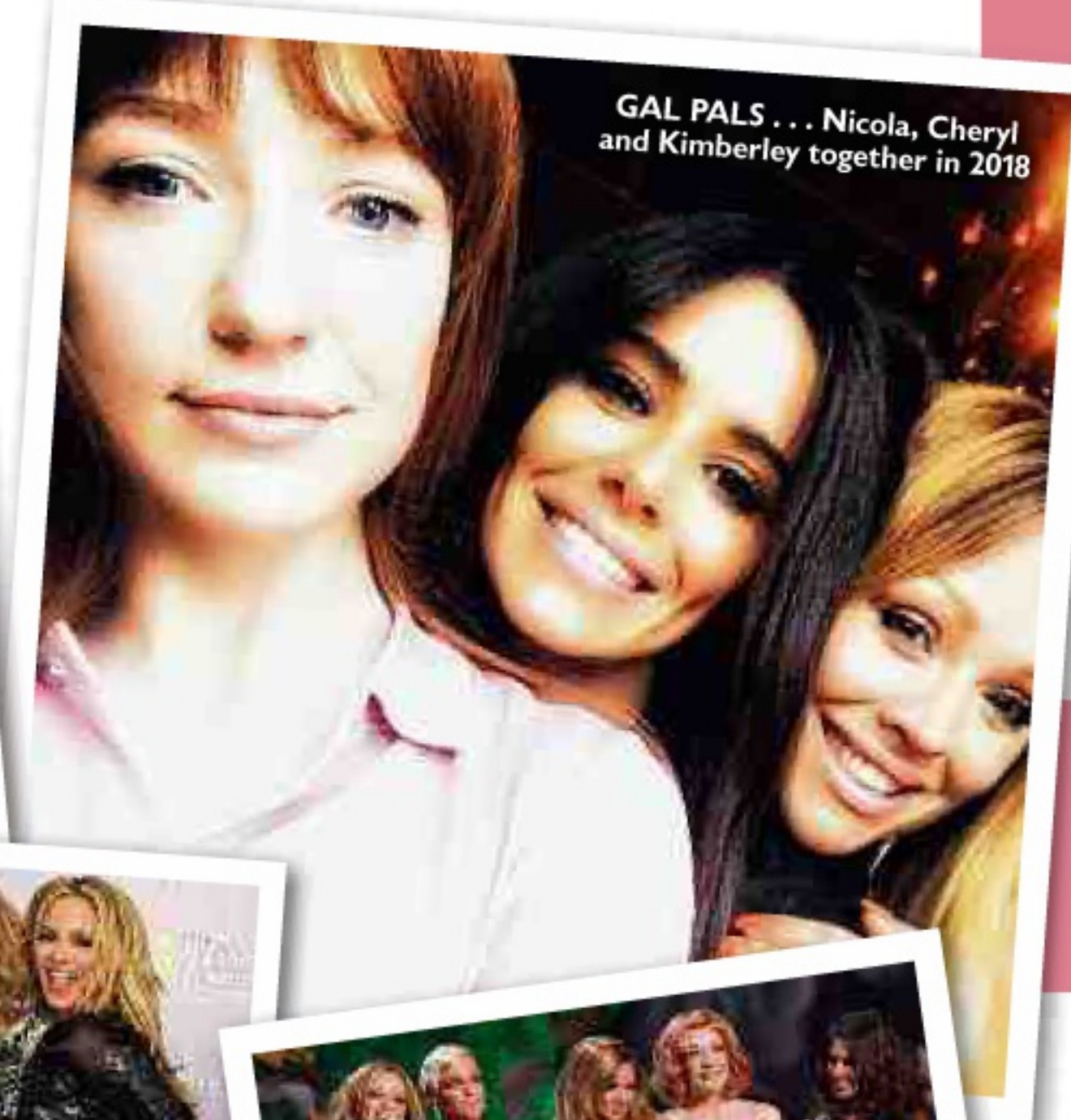
Meanwhile Nicola, 34, has been busy songwriting and last month won the wacky ITV singing contest *The Masked Singer*. Meanwhile, Nadine has been

Picture: LICKERISH SYNDICATION



turning thr
a really fun
mutual frie

WALSH HINTS AT A REUNION FOR THE BAND



4 No1s

Sound Of The Underground, I'll Stand By You, Walk This Way (with Sugababes), The Promise

6 tours

What Will The Neighbours Say?, Chemistry, The Greatest Hits, Tangled Up, Out of Control, Ten: The Hits

10 awards

including a Brit, Music Producers Guild, O2 Silver Clef

5 albums

Sound Of The Underground (2003) What Will The Neighbours Say? (2004), Chemistry (2005), Tangled Up (2007), Out Of Control (2008)

Thinking Aloud?

It was nice to see Nadine the other day...I have a lot of love for the girls...and we have an anniversary coming up in 2022

plugging away with music and came fourth on the last series of I'm A Celeb, while Kimberley appeared on Strictly in 2012 and has appeared in stage musicals Shrek and Big. Away from work she is mum to Bobby, five, and Cole, three, who regularly play with Cheryl's son Bear, and they will all be spending Mothering Sunday together later this month.

Kimberley said: "It's the same day as Bear's birthday this year, so I'll be at his party at Cheryl's house."

"We're putting the kids first. Bear will be five and Cheryl is planning a party. We've got a lot of friends. Hopefully I'll get

spoiled in the morning then I'll do the kids' party and then I'll get spoiled after that."

Kimberley has been with businessman husband Justin Scott for 17 years and married for four, and home is a North London house once lived in by the singer Paul Young.

The couple met when they were just 20 and both starting out in pop bands. Justin, now 37, was in boyband Triple 8, who split in 2005, and he is now a property developer.

Kimberley said: "It's a crazy long time to be together for 17 years. He is very chilled and like a backbone - he's solid and always there."

"When we come together it makes things better. We're so chilled and we let each other be, but we know we are better together than apart."

"We still have date nights. Our kids are getting older now and we are getting a lot more time to ourselves. We have evenings together and

we recently went to a friends' 40th in Scotland."

"We left our kids with his parents for two nights and it felt mental."

Kimberley is currently rehearsing for upcoming London stage musical Sleepless: A Musical Romance, but tries to get home each night in time to put the boys to bed.

Speaking at the West End launch of



FAMILY... Justin, Kimberley, Bobby and Cole

Pretty Woman: The Musical, she said: "I really miss the kids when I'm working. I hate that I'm not going to see them before bed tonight. Usually I finish rehearsals and I always get back to put them to bed. It feels weird not to give them a squeeze and kiss."

She added: "Justin and I share a different love together in how much we love our boys. It adds another dimension to our relationship and I like it. I love him so much for giving me them, and he says the same thing."

"Any time I see a baby I think I have to have another, but when is the right time? You can have a child at whatever age feels good for you, but I will be 39 this year so if I'm going to do it I should probably crack on."

Joking that she could be expecting her third child when Girls Aloud reunite, she added: "I could do what Kimberly Wyatt did in Pussycat Dolls last year if I'm pregnant and pop it out and

get back on stage." Bradford-born Kimberley has always been open about the pressure to stay slim in the band, acknowledging that manager Louis Walsh once labelled the girls "fat".

Now she feels at peace with her body but she said: "It's always been hard for me to keep the weight off."

"I'm just not made that way. I can't eat what I want like some actors and dancers in the show. I think, 'Where do you put it all?'"

"You know what you can get away with eating. I've never been one to get away with strict diets - I'm more about portion control. I won't deny myself anything, I'm not very good at it."

"I lost weight last autumn for Big: The Musical and that was great. I've been doing zero-gravity Pilates, which is a tame version."

Kimberley still admits to getting stage fright occasionally, but that only helps to keep her grounded.

She said: "I still get nervous for everything I do. You have to get it out of the way - and the pay-off is great."

tvguide Wednesday



6am Breakfast (S,HD)
9.15 Britain's Housing Scandal
 With Matt Allwright. (S,HD)
10.00 Homes Under The Hammer
 Property auctions. (R,S,HD)
11.00 Wanted Down Under (R,S,HD)
11.45 Saved On Camera (S,HD)
12.15 Bargain Hunt (R,S,HD)
1.00 BBC News At One (S,HD)
1.30 Regional News (S)
1.45 Doctors (S,HD)
2.15 Jimmy McGovern's Moving On
 A former rugby league legend is blackmailed by his ex. (S,HD)
3.00 Escape To The Country
 Nicki Chapman helps a Croydon-based couple to find a Cornish home. (R,S,HD)
3.45 Money For Nothing
 Sarah Moore salvages three items from Woking Recycling Centre in Surrey. (S,HD)
4.30 Ready Steady Cook Cousins Joe and Alex compete in the culinary contest. (S,HD)
5.15 Pointless Quiz show hosted by Alexander Armstrong. (R,S,HD)
6.00 BBC News At Six (S,HD)
6.30 Regional News (S) Followed by **Party Political Broadcast By The Labour Party**



6.30 am Money For Nothing (R,S,HD)
7.15 Ready Steady Cook (R,S,HD)
8.00 Sign Zone: See Hear (S,SL,HD)
8.30 Great British Railway Journeys (R,S,SL,HD)
9.00 BBC News At 9 (S,HD)
10.00 Victoria Derbyshire (S,HD)
11.00 BBC Newsroom Live (S,HD)
11.15 Politics Live (S,HD)
1.00 Hardball (R,S,HD)
1.45 Best House In Town (R,S,HD)
2.30 Terry And Mason's Great Food Trip (R,S,HD)
3.00 Red Rock (R,S,HD)
3.45 The Great Interior Design Challenge (R,S,HD)
4.45 Portillo's State Secrets
 How Special Branch spied on a future king. (R,S,HD)
5.15 Flog It! Revisiting some of the historic venues visited during this series. (R,S,HD)
6.00 Richard Osman's House Of Games With former winners Chizzy Akudolu, Miles Jupp, Amol Rajan and Ellie Taylor. (S,HD)
6.30 Great British Railway Journeys Michael Portillo visits Stranraer and the Mull of Galloway. (R,S,HD)



6am Good Morning Britain (S,HD)
9.00 Lorraine Entertainment and fashion news. (S,HD)
10.00 This Morning Celebrity chat and lifestyle features. (S,HD)
12.30 Loose Women Topical debate from a female perspective. (S,HD)
1.30 ITV Lunchtime News (S,HD)
1.55 Regional News (S,HD)
2.00 Judge Rinder Real-life cases in a studio courtroom. (S,HD)
3.00 Tenable Quiz hosted by Warwick Davis in which five members of a ukulele band answer questions about top 10 lists. (R,S,HD)
 Followed by **Local Weather**
4.00 Tipping Point Ben Shephard hosts the arcade-themed quiz in which contestants drop tokens down a choice of four chutes in the hope of winning a £10,000 jackpot. (S,HD)
5.00 The Chase Bradley Walsh presents as contestants work as a team to take on ruthless quiz genius the Chaser and secure a cash prize. (S,HD)
6.00 Regional News (S,HD)
 Followed by **Party Political Broadcast By The Labour Party**
6.30 ITV Evening News (S,HD)



6.30 am Cheers (R,S,HD)
7.20 The King Of Queens (R,S)
8.10 Everybody Loves Raymond
 Double bill. (R,S)
9.10 Frasier (R,S)
10.10 Undercover Boss Canada
 With Richard Andersen. (R,S,HD)
11.05 Ramsay's Kitchen Nightmares USA (R,S)
12.00 C4 News Summary (S,HD)
12.05 Find It, Fix It, Flog It Henry Cole and Simon O'Brien visit Hampshire and Surrey. (R,S,HD)
1.05 Posh Pawn James is offered jewellery by 1980s pop star Lee John. (R,S,HD)
2.10 Countdown (S,HD)
3.00 A Place In The Sun (R,S,HD)
4.00 A New Life In The Sun: Where Are They Now? In France, a bar owner gets in trouble with the local police. (S,HD)
5.00 Come Dine With Me Four contestants from Leicestershire compete. (R,S,HD)
6.00 The Simpsons Bart betrays Milhouse during their school sports day. (R,S,HD)
6.30 Hollyoaks Edward prepares a romantic dinner for Tony and Diane. (R,S,HD)



6am Milkshake!
9.15 Jeremy Vine (S,HD)
11.15 Nightmare Tenants, Slum Landlords A landlord who tried to evict a tenant for withholding rent payments. (R,S,HD)
12.10 5 News At Lunchtime (S,HD)
12.15 Paddington Station 24/7
 Engineers at Cowley Bridge insert 24 culverts to ease flooding. (R,S,HD) Followed by **Access**
1.15 Home And Away (R,S,HD)
1.45 Neighbours (S,HD)
2.15 Secrets In A Small Town
 The teenage daughter of a high-school vice-principal goes missing after attending a party for a basketball team. Fact-based thriller starring Kate Drummond. (2019) ★★★ (S,HD)
4.00 Friends (R,S,HD)
4.30 Friends (R,S,HD)
5.00 5 News At 5 (S,HD)
5.30 Neighbours Paige reveals a shocking truth after standing Mark up. (R,S,HD)
6.00 Home And Away Tori goes home, and learns that Leah is missing. (R,S,HD)
6.30 5 News Tonight (S,HD)

THE WEIGHT IS OVER

7.00 The One Show
 Magazine show. Presented by Alex Jones and Matt Baker. (S,HD)
7.30 Match Of The Day: The FA Cup
 Sheffield Wednesday v Manchester City. Kick-off at **7.45**.
LIVE Gary Lineker presents all the action from the fifth-round tie at Hillsborough, which is followed by the draw for the sixth round. Wednesday have already defeated one Premier League side in Brighton & Hove Albion away in the third round, but face a daunting task against the holders, who scored four against both Port Vale and Fulham in their previous games in this season's competition. With analysis from Alan Shearer and Micah Richards. (S,HD)
10.00 BBC News At Ten (S,HD)
10.25 Regional News (S)
10.35 Eating With My Ex
 (7/8) Daisha wants to know why Luchiano left in the middle of the night, Andy wants to rekindle with ex-boyfriend Blair, and Demere thinks about forgiving James for moving on so quickly. (S,HD)
11.05 Fight Dirty
 Two teams of housemates go up against each other to clean each others' homes, hoping to win a cash prize. Narrated by Jordan North. (S,HD)
11.35 Killing Eve
 (3 & 4/8) Double bill. Villanelle lures Eve to Berlin by using the agent's name while carrying out the murder of a Chinese army colonel, and trails the MI5 officer as she and Bill investigate the killing. Then, the MI5 officer undertakes her first surveillance operation, and Villanelle is sent to England to eliminate a member of British Intelligence. (R,S,HD) Then **Weather For The Week Ahead**
1.10-6am BBC News (S,HD)

7.00 The Andrew Neil Show
 Interviews, discussion and analysis from Westminster, including the latest on Brexit with Andrew Neil and guests. (S,HD)
8.00 Saving Lives At Sea
 (10/10) The Royal National Lifeboat Institution volunteers race to rescue two teenagers stuck in mud before the incoming tide overwhelms them. (S,HD)
9.00 Tigers: Hunting The Traffickers
 Aldo Kane reports on the illegal tiger trade in South East Asia, with the endangered big cats trafficked for products including wine and glue made from their bones. He works alongside wildlife crime investigators working the key trafficking routes in Malaysia, China, Thailand, Laos and Vietnam, and uncovers shocking footage of breeding facilities and animals being fattened for slaughter. With fewer than 4,000 tigers left in the wild, this profitable illegal enterprise threatens to wipe the species out altogether. (S,HD)
10.00 Live At The Apollo
 (1/7) Sarah Millican presents stand-up comedy from London's Hammersmith Apollo, introducing sets by Tom Allen and Arj Barker. (R,S,HD)
10.30 Newsnight
 Presented by Emily Maitlis. (S,HD) Followed by **Weather**
11.15 Win The Wilderness: Alaska
 (6/6) The couples pay a visit to the empty property without Duane and Rena, to get a sense of what their new life in the wilderness will really be like. (R,S,HD)
12.15 Sign Zone: See Hear (R,S,SL,HD) **12.45 Universal Credit: Inside The Welfare State** (R,S,SL,HD) **1.45-2.45am Hospital** (R,S,SL,HD)

7.00 Emmerdale
 Marlon feels betrayed by the Dingles, Harriet is annoyed when Will breaks his promise, and Kim finds herself in deep water. (S,HD)
7.30 Coronation Street
 Daniel resolves to prove his devotion to Bethany, while Tyrone's act of kindness misleads Jade, and Geoff offers to pay for Sally and Tim's wedding. (S,HD)
8.00 Harry Redknapp's Sandbanks Summer
 (3/4) Harry Redknapp welcomes Nick Knowles and Rita Simons to Sandbanks, where they pay a visit to the nearby British Beach Polo Championships. (S,HD)
8.30 Coronation Street
 Bethany realises the time has come to leave Weatherfield, Tyrone and Fiz unite against Jade, and Adam dupes Ali into revealing his fling with Maria. (S,HD)
9.00 The Trouble With Maggie Cole
NEW (1/6) Drama following the lives of residents in the close-knit coastal resort of Thurlbury. Local historian Maggie Cole is flattered when she is interviewed for a radio show about village life, but she inadvertently shares too much detail about the locals and their private lives. Starring Dawn French, Julie Hesmondhalgh and Mark Heap. (S,HD)
10.00 ITV News At Ten (S,HD)
10.30 Regional News (S,HD)
10.45 Peston
 Political magazine show presented by Robert Peston. (S,HD)
11.40 Britain Underwater: Fighting The Floods
 A report from the communities that were hardest hit by the recent storms. (R,S,HD)
12.30 Teleshopping (HD) **3.00 Broadchurch** (R,S,SL,HD) **3.50 Nightscreen** (HD) **5.05-6am Judge Rinder** (R,S,SL,HD)

7.00 C4 News (S,HD)
8.00 Kirstie And Phil's Love It Or List It
 (7/10) Kirstie Allsopp and Phil Spencer meet Christine Attwood and Tony Congdon in Purley, Croydon, who need help deciding whether they should sell or upgrade their home. (R,S,HD)
9.00 100 Kilo Kids: Obesity SOS
 Following young patients in the Bristol Royal Hospital for Children, Britain's leading childhood obesity clinic, a last resort for children living with extreme obesity. Fourteen-year-old Tommy is one of the clinic's heaviest patients, and despite 18 months of treatment, his weight is spiralling out of control. Elsewhere, five-year-old Liliana's extreme appetite is a cause for concern. (S,HD)
10.00 Home
 (5/6) Peter tries to hold the family together, and Katy is consumed with self-loathing as she prepares for her misconduct hearing at school. (S,HD)
10.30 Gogglebox
 Capturing the households' instant reactions to what they are watching on TV from the comfort of their own sofas. (R,S,HD)
11.35 First Dates
 Recruitment consultant Chloe sits down with 'geezer' Anthony, actor Josh seeks a leading lady and dedicated father Rob is paired with former Butlin's Redcoat Donna. (R,S,HD)
12.30 The Windsors (R,S,SL,HD) **1.00 Ramsay's Kitchen Nightmares USA** (R,S) **1.50 My Family And The Galapagos** (R,S,SL,HD) **2.45 Come Dine With Me** (R,S,HD) **3.40 Grand Designs** (R,S,HD) **4.35 Location, Location, Location** (R,S,HD) **5.35 Kirstie's Vintage Gems** (R,S,HD) **5.50-6.30am Countdown** (R,S,HD)

7.00 Secrets Of The Royal Palaces
 Behind-the-scenes tales of the British monarchy's residences with a royal butler recalling how he accidentally ended up dancing with the Queen. (R,S,HD) Followed by **5 News Update**
8.00 Health Foods: Are They A Con?
 Paul Connolly and Jean Johansson lift the lid on health foods and other products, meeting a Cheshire family who may be falling for some of the supermarket branding tricks. (S,HD) Followed by **5 News Update**
9.00 Sarah Payne: 5 Mistakes That Caught A Killer
 Examining the murder of Sarah Payne, an eight-year-old girl who was killed by Roy Whiting in 2000, and the mistakes he made that led to him being arrested and locked up for life. (S,HD)
10.00 Millionaire Age Gap Love
 Part one of two. The popularity of age-gap relationships among the super-rich, meeting six couples who are decades apart, as well as two millionaires looking for love.
11.05 The Chocolate Challenge With The Hairy Bikers
 (4/5) The competition heats up as the semi-final gets underway, and the four remaining chocolatiers are tasked to create their own unique chocolate Easter egg. (S,HD)
12.05 The Woman Who Ate A House
 Documentary about people with the rare condition pica, a compulsion to eat non-food items. (R,S,HD) **1.00 The 21.co.uk Live Casino Show** (S,HD) **3.00 Access** (S,HD) **3.10 The Hotel Inspector: Checking In, Checking Out** (R,S,HD) **4.00 Tattoo Disasters UK** (R,S,SL,HD) **4.45 House Doctor** (R,S,SL) **5.10 Nick's Quest** (R,S,SL) **5.35-6am Wildlife SOS** (R,S,SL,HD)

sky one HD

6am Monkey Life Double bill. (R,S)
7.00 RSPCA Animal Rescue (R,S)
8.00 The Dog Whisperer (R,HD)
9.00 Stop, Search, Seize
 Documentary. (R,S,HD)
10.00 Brit Cops: Law & Disorder
 Focusing on the work of the City of London police. (R,S)
11.00 NCIS: Los Angeles Double bill.
 The agents race to Afghanistan to rescue Kensi from the Taliban. Then, the agents search for a former US Marine being targeted by al-Qaeda. (R,S,HD)
1.00 Hawaii Five-0 Double bill. The team reinvestigates the death of a Navy Seal member. Then, a deep-sea diver is found dead. (R,S,HD)
3.00 MacGyver Angus and Jack steal a priceless painting to draw a criminal out of hiding. (R,S,HD)
4.00 Modern Family Double bill. Haley asks Claire for advice. Then, Jerry comes to town to bequeath Dede's possessions to the family. (R,S,HD)
5.00 The Simpsons Sideshow Bob hypnotises Bart. (R,S,HD)
5.30 Futurama Double bill. Kif gets pregnant. Then, Fry and Leela gain special powers. (R,S)

Slimming
WORLD

6.30 The Simpsons
 Five episodes. Homer and Ned build a theme park. Next, Homer opens a nursery. Then, a tramp entertains the family. Later, Homer challenges Marge to a cooking competition. Finally, Marge invites Nelson Muntz to stay. (R,S,HD)
9.00 SEAL Team
 The unit heads out on a mission to protect aid convoys in an Ebola hot zone after a warlord steals preserved samples of the virus that can be weaponised. (HD)
10.00 Avenue 5
 (7/9) Judd calls on Ryan to help him charm an uber-wealthy passenger, while Rav deals with the fall-out as the ship's misfortunes hit the media. (HD)
10.35 Intelligence
 (3 & 4/6) Double bill. Christine announces that the NHS servers have been hacked, and Jerry takes matters into his own hands and coerces the rest of the team into tracking down the culprit his way. Then, GCHQ falls victim to a cyberattack and Jerry suggests the person behind it should join the team, while Mary gears up to seeing her ex-boyfriend for first time in 40 years. (R,HD)
11.35 The Russell Howard Hour
 Topical comedy and entertainment show. (R,HD)
12.35 The Heist (R,HD) **1.35 Caught On Dashcam** (R,S,HD) **2.30 The Force: Manchester** (R,S,HD) **3.30 Road Wars** (R,S) **4.00 Stop, Search, Seize** (R,S,HD) **5.00-6am Futurama** (R,S)

REGIONAL VARIATIONS

S4C 6am Cwyl **11.00** Cwyl **12.00** Newyddion S4C A'r Tywydd
12.05 Ceffylau Cymru **12.30** Heno **1.00** Llwybrau'r Eirh **2.00**
 Newyddion S4C A'r Tywydd **2.05** Prynhawn Da **3.00**
 Newyddion S4C A'r Tywydd **3.05** Noson Lawen **4.05** Cwyl **5.00**
 Stwnsh: Y Brodyr Adrenalini **5.10** Henri Helynt **5.20** Bwystfil
5.30 Cog Tnïo **5.50** Ffiel **6.00** Adre **6.25** Darllediad Gwleidyddol
 Gan Llafur Cymru **6.30** Heno **7.30** Newyddion S4C A'r Tywydd
8.00 Pobol Y Cwm **8.55** Newyddion S4C A'r Tywydd

SKY SPORTS MAIN EVENT

6am Good Morning Sports Fans Bitesize **7.00** Good Morning Sports Fans **10.00** Football Centre **11.00** **LIVE** One-Day International Cricket. South Africa v Australia. **7.00** Sky Sports Tonight **8.00** **LIVE** PGA Tour On The Range: Arnold Palmer Invitational **8.30** Sky Sports Tonight **10.00** The Debate **11.00** Live NBA: The Warm Up **12.00** **LIVE** NBA. Milwaukee Bucks v Indiana Pacers. Tip-off at 12.00. **2.30** Sky Sports News **3.30-6am** **LIVE** Women's ICC World T20 Cricket. Coverage of the first semi-final.

SKY SPORTS PREMIER LEAGUE

6am PL Greatest Games **7.00** The Debate **8.00** Best PL Goals **9.00** Premier League 100 Club **10.00** PL Years **12.00** The Debate **1.00** PL Years **3.00** PL Best Goals 92/93 **4.00** PL Greatest Games **5.00** PL 100 Club: England's Finest **5.30** Premier League 100 Club **6.00** PL Legends **7.00** PL World **7.30** The Tyler Archives **8.00** Best PL Goals 17/18 **9.00** PL World **9.30** Premier League 100 Club **10.00** The Debate **11.00** PL World **11.30** The Tyler Archives **12.00** The Debate **1.00** PL Years **3.00** PL Greatest Games **4.00** PL Best Goals 01/02 **5.00** Best PL Goals **5.30-6am** Premier League 100 Club

SKY SPORTS FOOTBALL

6am Greatest Games **7.00** Football's Greatest **7.30** Football Countdowns **8.00** Football Years **8.30** Greatest Games **8.45** One2Eleven **9.00** Greatest Games **9.30** EFL Play-Off Final Highlights **10.30** Greatest Games **11.30** Football's Greatest **12.00** Countdowns **12.30** Football Years **1.00** Greatest Games **1.45** One2Eleven **2.00** EFL Play-Off Final Highlights **3.00** Football's Greatest **3.30** Countdowns **4.00** Football Years **4.30** EFL Play-Off Final Highlights **5.30** Football League Archive 2017 **5.45** Greatest Games **6.00** Carabao Cup Final Highlights **7.00** MLS Round-Up Show **7.30** EFL Goals: Leagues 1 & 2 **8.00** Best Goals: Carabao Cup 2019/20 **8.30** EFL Championship Highlights **9.30** EFL Highlights **10.00** Best Goals: Carabao Cup 2019/20 **10.30** Greatest Games **11.00** One2Eleven **11.15** Greatest Games **12.00** Football Years **12.30** Greatest Games **1.00** Countdowns **1.30** Football Years **2.00** EFL: Championship Season Review **3.00** EFL Play-Off Final **4.00** EFL Play-Off Final Highlights **5.00-6am** Carling Cup Final 2011/12

SKY SPORTS ACTION

6am Boxing Gold **7.00** Sporting Records **8.00** Sail GP **9.00** NFL: America's Game **10.00** Sporting Records **10.30** Hooked On Africa **11.00** NFL: America's Game **12.00** Sail GP **1.00** Sporting Records **2.00** Darts Gold **2.30** Boxing Gold **3.30** Darts Gold **4.00** Darts Gold **4.15** Legends Of Darts **4.30** Sporting Records **5.30** Hooked On Africa **6.00** NBC's Pro-Football Talk **8.00** NFL Highlights **9.00** Sail GP **10.00** Motorsport Mundial **10.30** Hooked On Africa **11.00** NFL: America's Game **1.00** Super League Gold **2.00** NFL: Greatest Games **3.30** Darts Gold **4.00** Sporting Records **5.00-6am** Sporting Greats

SKY SPORTS ARENA

6am Sporting Greats **7.00** Super League Gold **8.00** Sporting Greats **8.30** Hooked On Africa **9.00** Sporting Records **10.00** Boxing Gold **11.00** Bettfred Super League Highlights **11.30** Netball Superleague **1.30** Bettfred Super League Highlights **2.00** NBA Champions: 2010 LA Lakers **3.30** NBA Heatcheck **4.30** Hooked On Africa **5.00** Boxing Gold **6.00** Super League Gold **7.00** Inside Super League **8.00** NBA Heatcheck **9.00** NBA GameTime **9.30** Bettfred Super League Highlights **10.00** Inside Super League **11.00** Live NBA: The Warm Up **12.00** **LIVE** NBA. Milwaukee Bucks v Indiana Pacers. **2.30** NBA Special: The 1984 Draft **4.00** Sporting Greats **5.00-6am** Sporting Records

BT SPORT 1

6am Classic MOTD: Thrillers **7.00** Gallagher Premiership Rugby Highlights **9.30** The Emirates FA Cup **11.00** Ladbrokes Premiership **12.30** Coppa Italia **1.00** V8 Supercars Highlights **3.00** Premier League Review **4.00** WWE SmackDown Highlights **5.00** WWE Raw Highlights **6.00** BT Sport Reload **6.30** Premier League Reload **6.45** Live Scottish Football Extra **7.15** **LIVE** Scottish Professional Football League. Livingston v Celtic. Kick-off at 7.45. **10.00** WWE NXT Highlights **11.00** WWE NXT UK **12.00** WWE Raw Highlights **1.00** **LIVE** WWE NXT **3.15** BT Sport Goals Reload **3.30** Hyundai A-League Highlights **4.30-6am** Classic MOTD: Thrillers

BT SPORT 2

6am Bundesliga Highlights Show **7.00** WWE Monday Night Raw **9.30** Coppa Italia **10.00** MotoGP Highlights **3.00** **LIVE** UEFA Youth League. Red Bull Salzburg v Derby County. **5.00** No Filter Boxing **5.30** Premier League Reload **5.45** Gallagher Premiership Tonight **6.30** BT Sport Score Best Bits **7.00** Premier League World **7.30** Badminton Unlimited **8.00** Live Rugby Tonight **9.00** No Filter Boxing **9.30** UFC Countdown **10.30** UFC: Inside The Octagon **11.00** PSA Squash **12.30** **LIVE** PSA Squash. Action from the Men's and Women's Windy City Open finals in Chicago. **3.00** Gallagher Premiership Tonight **3.45** Early Kick-Off **4.00** Irish Rally Review **4.30** UEFA Champions League Magazine **5.00-6am** Fishing: On The Bank

BT SPORT 3

6am Coppa Italia **6.30** Hyundai A-League **11.30** W-League Football **12.30** PSA Squash **2.00** Inside Sailing **2.30** Ladbrokes Premiership **4.00** The Emirates FA Cup **5.30** Coppa Italia **7.30** **LIVE** Coppa Italia. Juventus v AC Milan. **9.45** Premier League Reload **10.00** Bundesliga Highlights Show **11.00** BT Sport Score Best Bits **11.30** Scottish Football Extra **12.00** Ladbrokes Premiership **1.30** UFC Main Event **3.30** Bundesliga Highlights **4.30** World Sailing **5.00** Inside Sailing **5.30-6am** BT Sport Goals Reload

9.00 Ysgol Ni: Maesincla **10.00** Mwy O Sgorio **10.30-11.35pm** Priodas Pum Mil **BBC ONE WALES** As main BBC ONE except: **6.55-7pm** Party Political Broadcast By The Welsh Labour Party **10.30** BBC Wales Live **11.05** Eating With My Ex **11.35** Fight Dirty **12.05am** Killing Eve **12.45** Killing Eve **1.30-6am** BBC News **BBC TWO WALES** As main BBC TWO except: **11.15pm** New Voices From Wales **11.30pm-12.15am** Natural World: Killer Bees of Africa **ITV WALES 6.25-6.30pm** Party Political Broadcast By The Welsh Labour Party

TONIGHT'S PICKS

The Trouble With Maggie Cole, ITV, 9pm



A TIPSY Maggie (Dawn French, left) gossips about her friends and neighbours during a radio interview, and secrets soon unravel in this new comedy.

How To Look Good Naked, Really, 9pm



AFTER a decade off our screens, the hit show with style guru Gok Wan is back. Tonight, he helps a devoted mum of three learn to love herself again.

Tigers: Hunting The Traffickers, BBC2, 9pm



DOCUMENTARY sees former commando Aldo Kane expose the horrifying reality of the tiger trade across countries such as China, Laos and Thailand.

Sandylands, Gold, 10pm



LES Vegas (Sanjeev Bhaskar) is an arcade owner in serious debt, so decides the perfect solution is to fake his own death – but it's not going to be easy.



FREE
 with
Sun
 every
Saturday

GRAB YOUR TASTY
RECIPE PULLOUT

Get inspired by these great recipes with
 our exclusive pullouts every day this week.

CONTINUES IN **Sun** TOMORROW

tvguide Wednesday

Satellite & Digital

FREEVIEW



THE GOLDBERGS, E4, 8pm

Murray and Geoff have to run around Jenkintown looking for an important cheese steak after a food delivery job does not go to plan. Jeff Garlin and Sam Lerner star.

BBC FOUR freeview 9

7pm Beyond 100 Days 7.30 The Yorkshire Dales 8.00 The Victorian House Of Arts And Crafts 9.00 A Very British History 10.00 The Stuarts 11.00 Blood And Gold: The Making Of Spain With Simon Sebag Montefiore 12.00 Treasures Of Ancient Greece 1.00 Rhythms Of India 2.00 The Victorian House Of Arts And Crafts 3.00-4am A Very British History

ITV2 freeview 6

6am Teleshopping 7.00 The Ellen DeGeneres Show 7.50 Emmerdale 8.20 You've Been Framed! Gold: Full Throttle 9.20 Superstore 10.15 Dinner Date 11.15 Dress To Impress 12.15 Emmerdale

ENTERTAINMENT

SKY ATLANTIC

6am The Guest Wing 7.00 Without A Trace 10.00 The West Wing 12.00 Blue Bloods 1.00 CSI: Crime Scene Investigation 2.00 The West Wing 4.00 Without A Trace 7.00 CSI: Crime Scene Investigation 8.00 Blue Bloods 9.00 Angels In America 12.00 The End 12.35 Babylon Berlin 1.45 John Adams 3.25 Californication 4.00-6am The West Wing

SKY WITNESS

6am Nothing To Declare 8.00 Paramedics 9.00 Blue Bloods 10.00 Criminal Minds 11.00 CSI: Crime Scene Investigation 12.00 Elementary 1.00 Blue Bloods 2.00 Law & Order 3.00 The Real A&E 4.00 Stop, Search, Seize 5.00 Border Security: Australia's Front Line 8.00 Ghost Whisperer 9.00 Criminal Minds. Part one of two. A serial killer leads the team into Canada. 10.00 CSI: Crime Scene Investigation 11.00 Law & Order: Special Victims Unit 12.00 CSI: Crime Scene Investigation 1.00 The Rookie

MOVIES

SKY CINEMA PREMIERE

6am The 2020 Top Ten Show 6.15 Tell It To The Bees (15, 2018) ★★ 8.15 UFO (12, 2018) ★★ ★★ 10.00 Straight Up (15, 2019) ★★ ★★ 11.45 Godzilla: King Of The Monsters (12, 2019) ★★ ★★ 2.00 The 2020 Top Ten Show 2.15 The Counterfeiter (15, 2018) ★★ ★★ 4.30 Killers Anonymous (15, 2019) ★★ ★★ 6.15 Straight Up Club (15, 2019) ★★ ★★ 8.00 Godzilla: King Of The Monsters (12, 2019) ★★ ★★ 10.15 The Counterfeiter (15, 2018) ★★ ★★ 12.30 Mapplethorpe (18, 2018) ★★ ★★ 2.20 Extracurricular (18, 2018) ★★ ★★ 3.55 UFO (12, 2018) ★★ ★★ 5.30-6am Final Score: Special

SKY CINEMA COMEDY

6.25am Twins (PG, 1988) ★★ ★★ 8.20 Happy Gilmore (12, 1996) ★★ ★★ 10.00 Sorry To Bother You (15, 2018) ★★ ★★ 11.55 Blue Streak (12, 1999) ★★ ★★ 1.35 Head Full Of Honey (12, 2018) ★★ ★★ 4.05 Twins (PG, 1988) ★★ ★★ 6.00 Little (12, 2019) ★★ ★★ 8.00 Happy Gilmore (12, 1996) ★★ ★★ 9.45 Family (15, 2019) Comedy. ★★ ★★ 11.20 Crash Pad (15, 2017) ★★ ★★ 1.00 Sorry To Bother You (15, 2018) ★★ ★★ 3.00 Marriage Material (15, 2017) ★★ ★★ 5.00-6.55am Galaxy Quest (PG, 1999) ★★ ★★

SKY CINEMA ACTION

6am Final Score (15, 2018) ★★ ★★ 8.00 Street Fighter (12, 1994) ★★ ★★ 10.00 Speed (15, 1994) ★★ ★★ 12.00 Top Gun (PG, 1986) ★★ ★★ 2.00 Rampage (12, 2018) ★★ ★★ 4.00 Street Fighter (12, 1994) ★★ ★★ 6.00 Speed (15, 1994) ★★ ★★ 8.00 Top Gun (PG, 1986) ★★ ★★ 10.05 Rampage (12, 2018) ★★ ★★ 12.05 Desperado (18, 1995) ★★ ★★ 2.05 Rise Of The Viking (15, 2018) ★★ ★★ 5.00-6am Sky Cinema Preview

SKY CINEMA KIDS BOOKS

6.15am Sinbad: Legend Of The Seven Seas (U, 2003) ★★ ★★ 7.55 Dr Seuss' The Lorax (U, 2012) ★★ ★★ 9.25 Gulliver's Travels (PG, 2010) ★★ ★★ 10.55 Harry Potter and The Prisoner Of Azkaban (PG, 2004) ★★ ★★ 1.20 Percy Jackson & The Lightning Thief (PG, 2010) ★★ ★★ 3.20 Asterix: The Secret Of The Magic Potion (PG, 2018) ★★ ★★ 5.00 Dr Seuss' The Lorax (U, 2012) ★★ ★★ 6.30 Gulliver's Travels (PG, 2010) ★★ ★★ 8.00 Harry Potter And The Prisoner Of Azkaban (PG, 2004) ★★ ★★ 10.25 Percy Jackson & The Lightning Thief (PG, 2010) ★★ ★★ 12.30 Asterix: The Secret Of The Magic Potion (PG, 2018) ★★ ★★ 2.15 Zathura: A Space Adventure (PG, 2005) ★★ ★★ 4.05-6.25am Mary Poppins (U, 1964) ★★ ★★ ★★

SKY CINEMA WOMEN IN FILM

6.30am Mean Girls (12, 2004) ★★ ★★ 8.20 Venus (12, 2017) ★★ ★★ 10.10 The Princess And The

12.45 Funniest Ever You've Been Framed! Gold 1.50 The Ellen DeGeneres Show 2.45 Dinner Date 3.50 Dress To Impress 4.50 Take Me Out 6.00 You've Been Framed! Gold 8.00 Two And A Half Men 9.00 Family Guy 10.00 Celebrity Juice 10.50 Family Guy 11.20 American Dad! 12.20 Two And A Half Men 1.15 Timewasters 2.15 CelebAbility 3.00 Totally Bonkers Guinness World Records 3.25 Nightscreen 3.30-6am Teleshopping

ITV3 freeview 10

6am Coronation Street 6.55 Classic Emmerdale 7.55 Heartbeat 8.55 The Darling Buds Of May 10.00 That's My Boy 10.30 Inspector Morse 12.40 Heartbeat 1.45 Classic Emmerdale 2.50 Coronation Street 3.55 Midsomer Murders 5.55 Heartbeat 7.00 Poirot 10.00 Scott & Bailey 11.00 Inspector Morse 3.10 Nightscreen 3.30-6am Teleshopping

ITV4 freeview 24

6am Quincy ME 7.00 Kojak 8.10 The Saint 9.15 Minder 10.20 The Professionals 11.20 The Sweeney 12.25 Quincy ME 1.35 Kojak 2.35 The Saint 3.40 Minder 4.50 The Professionals 5.50 The Sweeney 7.00 The Chase Celebrity Special 8.00 World Superbike Highlights 9.00 FILM Beverly Hills Cop II. Comedy thriller sequel. (1987) 11.10 FILM Crank (2006) 12.55 Fishing Impossible 1.55 Lethal Weapon 2.50 Nightscreen 3.00-6am Teleshopping

E4 freeview 13

6am Hollyoaks 7.00 How I Met Your Mother 8.00 Baby Daddy 9.00 Mike & Molly 10.00 The Big Bang Theory 11.00 The Goldbergs 12.00 Brooklyn Nine-Nine 1.00 The Big Bang Theory 2.00 Baby Daddy 3.00 Mike & Molly 4.00 The Goldbergs

2.00 Ghost Whisperer 3.00 Shades Of Blue 4.00 Road Wars 5.00-6am Brit Cops: Rapid Response

FOX

8am Republic Of Doyle 9.00 Bones 10.00 Bull 11.00 NCIS 12.00 Bones 2.00 The Mentalist 3.00 NCIS 4.00 Bull 5.00 Bones 6.00 The Mentalist. Abbott's former boss tries to blackmail him. 7.00 NCIS 11.00 American Dad! 12.00 Family Guy 1.00 American Dad! 2.00 The Walking Dead 3.00 American Dad! 4.00 Republic Of Doyle 5.00-8am Teleshopping

GOLD

6am Teleshopping 7.10 The Piglet Files 8.00 As Time Goes By 8.40 The Good Life 9.20 Porridge 10.00 Hi-De-Hi! 10.40 Last Of The Summer Wine 12.40 Keeping Up Appearances 1.20 Porridge 2.00 Hi-De-Hi! 2.40 Dad's Army 4.40 Last Of The Summer Wine 6.40 The Good Life 7.20 Porridge 8.00 Dad's Army. Double bill. 9.20 Mrs Brown's Boys

5.00 Brooklyn Nine-Nine 6.00 The Big Bang Theory 7.00 Hollyoaks 7.30 Man With A Plan 8.00 The Goldbergs 8.30 Schooled 9.00 Celebs Go Dating 10.00 Zoey's Extraordinary Playlist 11.00 The Big Bang Theory 12.00 Brooklyn Nine-Nine 1.00 Celebs Go Dating 2.05 First Dates Hotel 3.00 Zoey's Extraordinary Playlist 3.55 The Goldbergs 4.20 Schooled 4.45-6am The Big Bang Theory

MORE4 freeview 18

8.55am Kirstie's Handmade Treasures 9.15 A Place In The Sun: Winter Sun 10.05 A Place In The Sun: Summer Sun 11.05 Emergency Helicopter Medics 12.10 999: On The Front Line 1.15 Escape To The Château: DIY 2.15 Four In A Bed 4.55 The Secret Life Of The Zoo 5.55 Car S.O.S 6.55 Escape To The Château: DIY 8.00 Jon Snow's Very Hard Questions 9.00 The Great Pottery Throw Down 10.00 Jon Snow's Very Hard Questions 11.05 24 Hours In A&E 12.10 8 Out Of 10 Cats Does Countdown 1.15 The Great Pottery Throw Down 2.15 24 Hours In A&E 3.20-3.50am Food Unwrapped

5USA freeview 21

6am Teleshopping 8.00 Cruise TV With LoveItBookIt 9.00 Criminals: Caught On Camera 9.25 Law & Order 10.10 CSI: NY 12.00 Law & Order 4.00 Murder, She Wrote 6.00 Law & Order 8.00 NCIS: New Orleans 9.00 Rookie Blue 10.00 Law & Order: Special Victims Unit 1.55 Law & Order: Los Angeles 3.50 Access 4.00-6am Teleshopping

5STAR freeview 30

6am Teleshopping 7.00 High Street TV 8.00 3rd Rock From The Sun 8.20 House 10.05 The Nightmare Neighbour Next Door 12.05 Can't Pay?

10.00 Sandylands. New series. Free-spirited Emily makes a reluctant trip to her home town after her semi-estranged father goes missing amid fears for his life. Comedy drama, with Natalie Dew. 10.40 Mrs Brown's Boys 11.20 Peep Show 12.30 Mrs Brown's Boys 1.10 Dad's Army 1.50 Peep Show 2.50 Marley's Ghosts 4.00-6am Teleshopping

COMEDY CENTRAL

6am Teleshopping 8.00 Will & Grace 10.00 The US Office 11.00 Friends 1.00 Friends: First Dates 1.30 Friends 4.00 My Name Is Earl 5.00 Friends 9.00 FILM Notting Hill. Romantic comedy. (1999) 11.30 FILM Leap Year (2010) 1.35 The Daily Show Special 2.05 South Park 3.25 Bad Robots 4.15 The US Office 5.00-6am Teleshopping

W

6.15am MasterChef Australia 7.30 Renovate My Home: Leave It To Bryan 8.00 Tipping Point

★★★ 4.50 Captain America: The First Avenger (12, 2011) ★★ ★★ 7.00 Captain Marvel (12, 2019) ★★ ★★ 9.10 Shazam! (12, 2019) ★★ ★★ 11.25 Watchmen (18, 2009) ★★ ★★ 2.10 Hancock (12, 2008) ★★ ★★ 3.50 Batman: Assault On Arkham (15, 2014) ★★ ★★ 5.10-6.35am LEGO DC Super Heroes: Justice League: Attack Of The Legion Of Doom! (U, 2015) ★★ ★★

SKY CINEMA SCI-FI/HORROR

6am In Fabric (15, 2018) ★★ ★★ 8.15 Curvature (15, 2017) ★★ ★★ 10.00 Elysium (15, 2013) ★★ ★★ 12.00 Van Helsing (12, 2004) ★★ ★★ 2.15 Planet Of The Apes (12, 2001) ★★ ★★ 4.15 Curvature (15, 2017) ★★ ★★ 6.00 Elysium (15, 2013) ★★ ★★ 8.00 Van Helsing (12, 2004) ★★ ★★ 10.15 In Fabric (15, 2018) ★★ ★★ 12.30 The Ring (15, 2002) ★★ ★★ 2.30 The Ring 2 (15, 2005) ★★ ★★ 4.30-6.15am Escape From The Planet Of The Apes (PG, 1971) ★★ ★★

SKY CINEMA THRILLER

6.20am Truth Or Dare (15, 2018) ★★ ★★ 8.05 Bad Samaritan (15, 2018) ★★ ★★ 10.00 Superfly (15, 2018) ★★ ★★ 12.00 Catch Me If You Can (12, 2002) ★★ ★★ 2.25 Enemy Of The State (15, 1998) ★★ ★★ 4.40 The Rock (15, 1996) ★★ ★★ 7.00 The Girl In The Spider's Web (15, 2018) ★★ ★★ 9.00 Catch Me If You Can (12, 2002) ★★ ★★ 11.25 Argo (15, 2012) ★★ ★★ 1.30 Rising Sun (18, 1993) ★★ ★★ 3.40 Universal Soldier: The Return (18, 1999) ★★ ★★ 5.15-7am Sam Churchill: Search For A Homeless Man (PG, 1998) ★★ ★★

FILM4 freeview 14

11am Death Drums Along The River (PG, 1963) ★★ ★★ 12.45 The Gentle Sex (U, 1943) ★★ ★★ 2.35 The Tin Star (U, 1957) ★★ ★★ 4.30 Kidnapped (U, 1971) ★★ ★★ 6.50 Behind Enemy Lines (12, 2001) ★★ ★★ 9.00 Taken (15, 2008) ★★ ★★ 10.50 American Assassin (18, 2017) ★★ ★★ 1.05-3.15am Buffalo Soldiers (15, 2001) ★★ ★★

TCM MOVIES

7.15pm Frenchie (PG, 1950) ★★ ★★ 9.00 Dirty Harry (15, 1971) ★★ ★★ 11.10 Charley Varrick (15, 1973) ★★ ★★ 1.30 Cheyenne Autumn (U, 1964) ★★ ★★ 4.30-6.25am Hollywood's Best Film Directors

TALKING PICTURES freeview 81

1.30pm Treble One: A Tribute 1.55 Time, Gentlemen, Please! (U, 1952) ★★ ★★ 3.35 Portrait Of Clare (PG, 1950) ★★ ★★ 5.25 Spring In Park Lane (U, 1948) ★★ ★★ 7.15 Trouble In Store (PG, 1953) ★★ ★★ 9.00 Rumpole Of The Bailey 10.05 The Mirror Crack'd (PG, 1980) ★★ ★★ 12.10 The Lost Continent (12, 1968) ★★ ★★ 1.55 The Great Gabbo (PG, 1929) ★★ ★★ 3.35 Minesweeper (U, 1943) ★★ ★★ 5.00-6am Rooms

We'll Take It Away! 3.00 Neighbours 3.30 Home And Away 4.00 House 6.00 Neighbours 6.30 Home And Away 7.00 The Maternity Ward 8.00 10 Years Younger In 10 Days 9.00 Filthy House SOS 10.00 Hoarders: Landfill In My Living Room 11.00 FILM Angels & Demons (2009) 1.45 Prison Life: Raw & Real 2.50 Riverdale 3.30-3.55am Two And A Half Men

PICK freeview 11

6am Teleshopping 7.00 Motorway Patrol 8.00 Police Force: Australia 9.00 Nothing To Declare 10.00 Border Security: Canada's Front Line 11.00 Highway Cops 11.30 Caught Red Handed 12.15 Caught Red Handed 1.00 Police Force: Australia 2.00 Border Patrol 3.00 Nothing To Declare 4.00 Border Security: Canada's Front Line 5.00 Stargate SG-1 6.00 Star Trek: The Next Generation 7.00 Hawaii Five-0. The team investigates the death of a diver. 8.00 Elementary. A deadly serial bomber returns to New York. 9.00 Instinct 10.00 Air Ambulance ER 11.00 The Force: Essex 12.00 Banged Up Abroad 1.00 Road Wars 2.00 Nothing To Declare 3.00 Stop, Search, Seize 4.00 Motorway Patrol 5.00-6am Highway Patrol

DAVE freeview 19

6am Teleshopping 7.10 Cops UK: Bodycam Squad 8.00 American Pickers 9.00 Storage Hunters UK 10.00 American Pickers 12.00 Timber Kings 1.00 Top Gear 2.00 Cops UK: Bodycam Squad 3.00 Sin City Motors 4.00 Top Gear 6.00 Taskmaster 7.00 Room 101 8.20 Have I Got A Bit More Old News For You 9.20 QI 10.00 Hypothetical 11.00 Dara O Briain's Go 8 Bit 12.00 Taskmaster 1.00 Have I Got A Bit More Old News For You 2.15 Jon Richardson: Ultimate Worrier 3.00 Zapped 3.35 The Indestructibles 4.00-6am Teleshopping

10.00 The Bill 11.00 Supremacy US 12.00 Tipping Point 2.00 My Dream Home 5.00 Sun, Sea And Brides To Be 6.00 Tipping Point 7.00 My Dream Home 8.00 Inside The Ambulance. The paramedics of the West Midlands Ambulance Service attend to a man with abdominal pain, and a grandmother suffering a panic attack. 9.00 Emma Willis: Delivering Babies 10.00 Finding Joy 10.35 Inside The Ambulance 11.40 One Born Every Minute 12.40 Great Ormond Street 1.30 Code Black 2.15 Women On The Verge 3.00-6.10am Teleshopping

SKY COMEDY

6am Teleshopping 8.00 Everybody Hates Chris 9.00 Parks And Recreation 10.30 30 Rock 12.00 The Mindy Project. Three episodes. 1.30 Modern Family 2.30 Everybody Hates Chris 3.30 Parks And Recreation 5.00 30 Rock 6.30 Modern Family 7.30 The Mindy Project 9.00 The Righteous Gemstones 9.45 Work In Progress 10.15 Sex And The City

RADIO

RADIO 3 90.2-92.4FM bbc.co.uk/radio3

6.30am Breakfast 9.00 Essential Classics 12.00 Composer Of The Week: Price 1.00 Lunchtime Concert. Pianist Anne Queffelec performs works by Mozart. (R) 2.00 Afternoon Concert. The BBC Symphony Orchestra at the Maida Vale Studios. 3.30 Choral Evensong. From the Chapel of The Queen's College in Oxford. 4.30 New Generation Artists. Ruby Hughes and Catriona Morrison in vocal music by three female composers. 5.00 In Tune. Katie Derham is joined by the Bukolika Piano Trio, playing live in the studio. 7.00 In Tune Mixtape. An eclectic non-stop mix of music. 7.30 Radio 3 In Concert. The BBC Symphony Chorus and conductor Richard Farnes perform Beethoven. 10.00 Free Thinking. Shahidha Bari looks at the work of Frank Ramsey. 10.45 The Essay: Women Writers To Put Back On The Bookshelf. Clare Walker Gore outlines the prolific writing career of Margaret Oliphant. 11.00 Night Tracks 12.30-6.30am Through The Night

RADIO 4 92.4-94.6FM bbc.co.uk/radio4

6am Today 8.31 LW: Yesterday In Parliament 9.00 Only Artists 9.30 The Curious Cases Of Rutherford & Fry 9.45 Book Of The Week: Guest House For Young Widows 9.45 LW: Daily Service 10.00 Woman's Hour 10.55 The Listening Project 11.00 Class Talk (R) 11.30 Alexei Sayle's Imaginary Sandwich Bar (R) 12.01 LW: Shipping Forecast 12.04 Apeiron 12.18 You And Yours 12.57 Weather 1.00 The World At One 1.45 The Californian Century 2.00 The Archers (R) 2.15 Drama: Two Households 3.00 Money Box Live 3.30 Inside Health. Chris van Tulken separates medical fact from fiction. (R) 4.00 Thinking Allowed. Thought-provoking issues. 4.30 The Media Show. Amol Rajan presents the latest news from the fast-changing media world. 5.00 PM. Presented by Evan Davis; LW: Shipping Forecast 5.57 Weather 6.00 News 6.30 Mark Watson Talks A Bit About Life. The comedian examines the season of nature and of life. 7.00 The Archers. Emma makes a big decision. 7.15 Front Row. Arts programme. 7.45 The Book Of Strange New Things. By Michel Faber, adapted by Miranda Emmerson. (R) 8.00 The Moral Maze. Ethical issues. 8.45 Lent Talks. Anglican priest Rachel Mann reflects on the events leading up to Jesus' crucifixion. 9.00 Costing The Earth. Tom Heap talks to Mark Ruffalo about an infamous pollution case. (R) 9.30 Only Artists. Two artists discuss creative questions. (R); Weather 10.00 The World Tonight. Presented by Shaun Ley. 10.45 Book At Bedtime: Apeiron. By Colum McCann. (R) 11.00 Ken Cheng: Chinese Comedian 11.15 Cracking Up (R) 11.30 Today In Parliament 12.00 News And Weather 12.30 Book Of The Week: Guest House For Young Widows (R) 12.48 Shipping Forecast 1.00 As BBC World Service 5.20 Shipping Forecast 5.30 News Briefing: Prayer For The Day 5.45 Farming Today 5.58-6am Tweet Of The Day (R)

RADIO 5 909MW bbc.co.uk/fivelive

6am 5 Live Breakfast 9.00 Your Call 10.00 The Emma Barnett Show 1.00 Nihal Arthanayake. An afternoon of news, big name interviews and conversation. 4.00 5 Live Drive. With Sarah Brett and Tony Livesey. 7.00 5 Live Sport. Live coverage of Sheffield Wednesday v Manchester City in the FA Cup 5th round. 7.45 5 Live Sport: FA Cup Football 2019-20. Sheffield Wednesday v Manchester City. Kick-off at 7.45. 10.30 Geoff Lloyd. Geoff sits in for Sarah. 1.00 Up All Night 5.00 Morning Reports 5.15-6am Wake Up To Money

must watch

WHAT? The Trouble With Maggie Cole, ITV, 9pm.
WHY? DAWN FRENCH stars as a historian who accidentally reveals too much about the private lives of other residents in her village during a radio interview.



biZarreTV

Email: andy.halls@the-sun.co.uk Twitter: @AndyBizarre
 With Rod McPhee

ABBEY'S HEIRS TO UP GAME

CLASS warfare is raging between ITV and Netflix, as they battle it out to fill the void left by Downton Abbey.

ITV is bringing forward this month's debut of period drama *Belgravia*, written by Downton creator JULIAN FELLOWES and starring ALICE EVE and ADAM JAMES, inset. Though a date has not been announced, it will now air before Netflix unveils its own Fellowes series, *The English Game*, on March 20.

The Netflix show tackles the early years of football but will also address issues of class in the 19th Century.

A telly insider said: "There seems to be a race on to see who can secure their Downton Abbey replacement, presumably with a view to hooking their target audience."

"This is another example of Netflix moving into the traditional territory of mainstream broadcasters."

"Only last year they aired nature epic *Our Planet*, with SIR DAVID ATTENBOROUGH."

A spokeswoman for ITV said: "With viewers in mind, ITV's schedulers have decided upon the best possible transmission slot for *Belgravia*."

We asked Netflix if it would now consider releasing *The English Game* sooner but it declined to comment.

I remember when period drama were twee affairs, not warzones.



PRETTY IN PINK
 ... Kym catches eye at show launch



OH BOY... actress and fiancé Jamie are pondering baby names

SHERIDAN:

I'm here if you'll Gav me

STAR KEEN ON RUDI'S RETURN IN COMEDY

GAVIN & Stacey's Christmas special was a big hit but fans were disappointed SHERIDAN SMITH was missing.

However, Sheridan — who played Rudi, the loudmouth sister of JAMES CORDEN's Smithy in the BBC comedy — insists there are no hard feelings. And she says she would jump at the chance to return opposite show co-creator James, who is her real-life ex.

She said: "I'd definitely come back for a series. I'm not in touch with James — he lives in America. If I saw him here, we'd hug. I've got a lot of love for him but we don't see each other."

Sheridan is seven months pregnant, expecting a baby boy with fiancé Jamie Horn, but can't wait to get back to work.

'I'm a workaholic'

She is currently filming an ITV docu about her pregnancy, due out this autumn, and has not ruled out a sequel to last year's ITV drama *Cleaning Up*.

Speaking at the launch of *Pretty Woman The Musical* in London's West End on Monday night, which was attended by celebs including KYM MARSH, Sheridan said: "I know I'll be going back to work when the baby comes."

"I'm champing at the bit already. I'm a workaholic."

Sheridan and Jamie, who met via dating app Tinder, are now pondering names for their son.

She added: "We thought about naming him after my dad but he was called Colin, God love him. As much as I miss him and love him, it's like, 'Do we call our son Storm or Colin?'"

They're welcome to call him Andy...



SISTER ACT... opposite James in Gavin & Stacey

OVERDUE LIAR 2 IS A LOSER

LIAR pulled in more than seven million viewers per episode three years ago but the follow-up series was too long coming.

When the ITV thriller returned on Monday, just 3.4million tuned in for the start.

And a quarter of those didn't make it to the end.

The follow-up sees teacher Laura Nielson (JOANNE FROGGATT) still in the frame for the murder of her rapist Andrew Earlam, played by IOAN GRUFFUDD.

She is not the only suspect in what is essentially another whodunnit. The trouble is, who really cares?

Evil Andrew got his comeuppance in series one and I can barely remember who he is after all this time.

biZbit

AFTER Good Morning Britain was nominated for a Royal Television Society gong, host PIERS MORGAN just had to tease the snubbed This Morning. He tweeted: "Thoughts with our 'one big happy ITV family' colleagues."

biZbit

NETFLIX has released a video to announce the start of production for season four of *Stranger Things*. The fantasy show's teaser includes clips of a script read-through by its cast and backstage footage. Fans will go into meltdown.

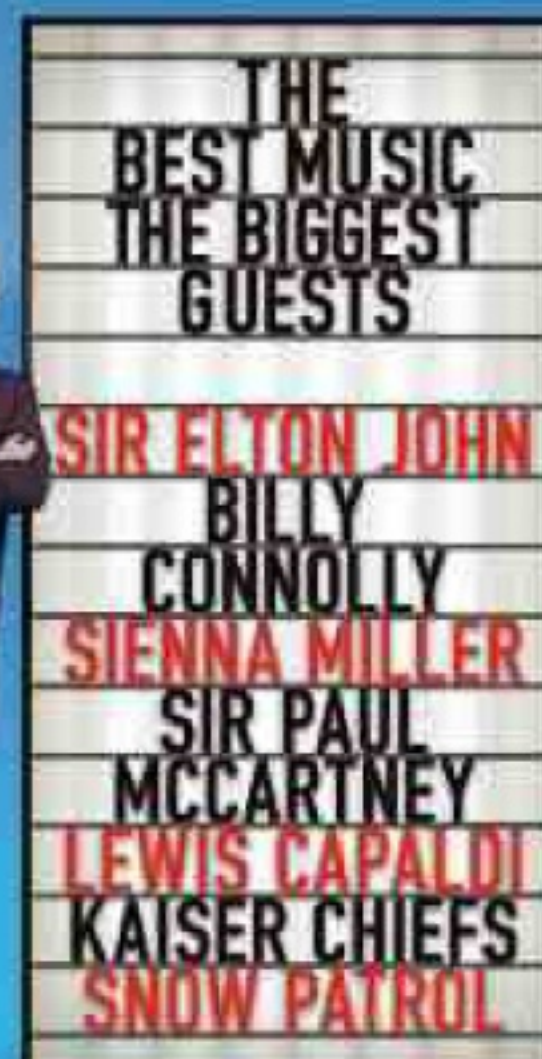
SUSAN'S CRUISING

THE always cheery SUSAN CALMAN has been hired by Channel 5 to fill the high heels of the departing JANE McDONALD.

The comedian and 2017 *Strictly Come Dancing* contestant will take over the *Cruising With...* and *Holidaying With...* shows as Jane focuses on her singing.

Susan, whose Channel 5 show *Secret Scotland* proved popular with viewers, said: "I'm over the moon."

I'm underwhelmed.



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biZticker ● BBC1 reveals trailer for Martin Compston drama *The Nest* ● Fans vote Matt Smith's *A Christmas Carol* best festive *Doctor Who*

dear deidre

I answer
EVERY
letter

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Will lover ever leave his wife?

Dear Deidre

MY wonderful lover is twice my age and married. He has said from the start that this is all he can offer me and I wouldn't expect him to leave his family, but am I naive to think we will be together some day?

I love him so much – and the sex we share is so amazing.

We met 18 months ago when I showed him round a flat he was thinking of buying.

I work for an estate agent and he was looking for a base in town for during the week.

He is married with three children but they live out in the country and he doesn't want to move them because of their schools.

I thought he was very good-looking even though he is 46 and I am 22. He was very flirty, too.

The flat was empty but he started asking my opinion about where to put the bed and saying things like, "I bet you're an expert

topic4today

HAVING different sex drives is just about the most common sexual problem couples complain of. My e-leaflet **Different Sex Drives** explains self-help to get sorted. For a copy, email me at the address below or private message me on my Facebook page.

problems@deardeidre.org

in, I mean on, a good bed." He asked me out for a drink, then dinner at a posh restaurant. On our third date he took me back to his hotel room and we had the most brilliant sex ever.

He bought the flat, which was a plus-mark for me with my boss, and now we more or less live there together during the week Monday night to Thursday night.

He goes back to his family at weekends and I eat my heart out.

One time his wife came to stay at the flat for his firm's dinner-dance and I felt very put in my

place as he insisted I clean every last bit of my stuff out of the property. It was humiliating.

He tells me how much he is in love with me every day and I love him so very much.

His children will both be teenagers soon and it has now got to the point where I want more. But he tells me he doesn't know what the future holds. He says all he knows is what's now – what we are doing.

Do you think there is any hope we will be together one day? Should I keep fighting or cut off contact completely?

■ DEIDRE SAYS: At least your lover is being honest with you and has been from the start. Hear what he is telling you. He is offering you nothing more than an affair and never will.

I'm sure he is charming as well as attractive and affluent but he's not going to sacrifice his wife's and children's good opinion of him or his stable family life.

End it with courage and determination and, in fact, he will respect you for it. He knows that all this affair holds for you in the long run is heartbreak.

My e-leaflet **Your Lover Not Free?** will help firm up your resolve.

Dear Deidre

LAST night I sat stewing in my car outside the house of a girl I was engaged to five years ago. I so wanted to go and knock on her door but bottled it and drove off again.

That's the third time I've done that. I don't know whether to pluck up the courage to speak to her or leave things as they are.

I'm 29 and she's 28. We were engaged for a year and I genuinely loved her but I had a one-night stand with a friend

of hers when I was totally hammered one night, and she couldn't forgive me. I can't forget her or get over her.

■ DEIDRE SAYS: Do you have any other way of contacting her first? You have been thinking about this for a while but it will come out of the blue for her.

Turning up at her door could be a real shock and she might not react the way you – and she – want.

But definitely tell her you want to try again and that you've changed. Good luck!

Dear Deidre

MY sister has planned a big family holiday but she hasn't invited me and I'm so hurt.

I am 28 and single, she is 33 and married with a little boy. We fell out ten years ago when I said horrible teenagey things which I later regretted.

We made up last year and have been getting on great. But she has organised a villa holiday in Spain this summer with our parents, her in-laws and her husband's sister and partner and their kids – but

not invited me. It's as if she is closer to her husband's family than me even though I said sorry. Am I overreacting?

■ DEIDRE SAYS: My guess is she thinks you wouldn't enjoy a holiday focused around children. And maybe you wouldn't, but you're feeling sensitive because of the earlier rift between you and your sister.

Suggest the two of you get a weekend away together for some sisterly bonding while her husband looks after their children.

EVERY PROBLEM GETS A FREE PERSONAL REPLY usually in 24hrs weekdays

1. Email me: problems@deardeidre.org



2. Private message me on Facebook facebook.com/DearDeidreOfficial

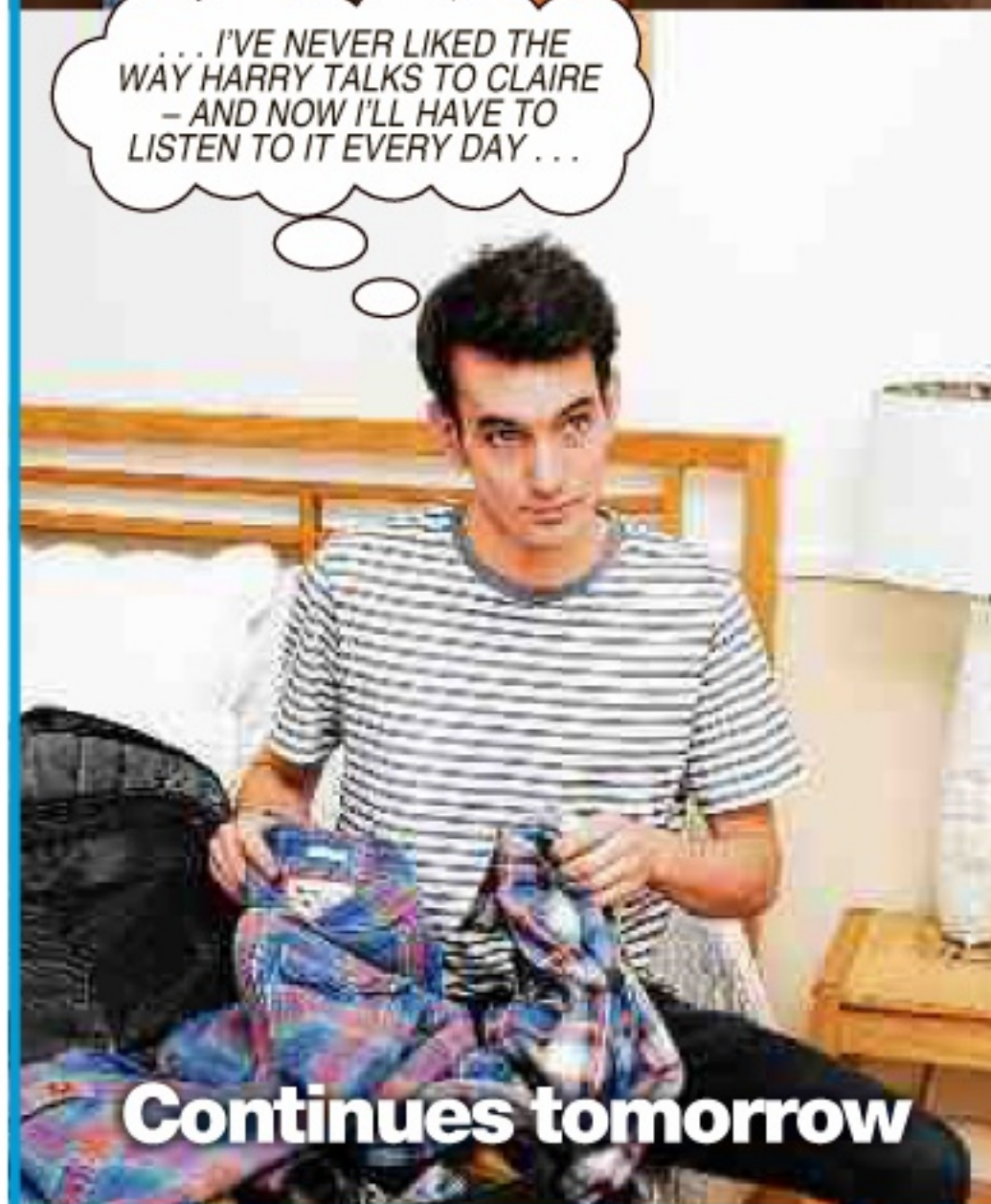
3. Write to me: **Deidre Sanders, The Sun, London SE1 9GF** (enclose SAE)



4. Or follow me on Twitter: [@deardeidre](https://twitter.com/deardeidre)

deidre's photo casebook

NEV'S NEW LODGINGS: DAY 3



I ALWAYS PESTER PARTNER FOR SEX

Dear Deidre

I CAN have sex twice in a day and five minutes later want it again. I'm addicted.

I got with my partner when I was 18 and she was 16. I'm 31 and have never cheated on her but sex is constantly on my mind.

Masturbating doesn't stop me needing it, nor does having sex, which puts my partner under pressure.

We might romp in the morning and all day I'll tell myself just to accept it if she doesn't want sex again that evening, but if she says no it will put me in a mood. It feels as if she's saying she wants to break up with me.

■ DEIDRE SAYS: It's good you're sensitive to the pressure this puts your partner under. This is about emotional neediness as well as sex drive.

You feel the need to have sex with your partner for reassurance that she still loves you as well as to release sexual tension.

My e-leaflet **Addicted To Sex?** explains self-help and you can find support through Sex Addicts Anonymous (saauk.info, 07599 917686).

I'm answering your problems live on ITV's This Morning from 10.30. Call 08000 304 044.

CANNOT STAND UP TO MY MOTHER

Dear Deidre

I NOW realise my mother has bullied me all my life. Her coercive control has affected every relationship and friendship I've ever had.

I'm a grown woman in my fifties and she is 79 but I still can't stand up to her.

She expects me to phone her every evening and tell her every detail of my day, which she then criticises.

The next day she will quiz me to be sure I've done what she said – cancelled meeting some friends for lunch so I can take her to the GP, for example, though she is well-off and can afford a taxi.

She cannot show me love and approval and seems to think expensive gifts are an effective substitute.

My husband despairs at my inability to stand up to her but at least my marriage has survived, though it has been badly affected by her poison.

■ DEIDRE SAYS: Our parents have us in their power from when we are tiny and impressionable and it can be very hard to break away.

It has to be worth you talking to a counsellor for a few sessions to work out how to keep assertive when talking with her.

My e-leaflet on **Standing Up For Yourself** explains.

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Fabulous DAILY

Edited by
**JOELY
CHILCOTT**



SAVE CASH & HELP PLANET TOO

PERFUME: *Add Vaseline*

WITH even a small 35ml of fragrance such as Chanel Coco Mademoiselle setting you back £57, reducing the amount of perfume you use by half, while still smelling just as good, can save you serious cash.

According to Richard Quelch, global head of marketing at fragrance packaging experts Lifestyle Packaging, there are lots of ways you can make your fragrance last twice as long.

Richard says: "First apply a small amount of Vaseline where you'd normally spray your perfume – such as your neck, wrists and collar bones – to hold the fragrance for longer."

"Don't store your perfumes in the bathroom as humidity and dampness will weaken the fragrance meaning you'll have to apply more, more often."

"It's may be tempting, but don't rub your wrists together as the friction will cause the top notes to fade faster, meaning you'll have to re-apply sooner."

"And always keep your perfume bottles in the original box to stop degradation from sunlight, which will weaken the scent over time."



COTTON PADS: *Split them in half*

IF you're working your way through dozens of cotton pads to remove make-up that is increasingly designed to stay put, think again how you use them.

Make-up artist Catherine Batour says: "To make cotton pads go further, split them in half and remember to use both sides."



DISHWASHER TABLETS: *Supplement with baking soda*

DISHWASHER tablets can cost as much as 22p each – which can add up to more than £100 a year, according to consumer group Which? – and that's before you factor in buying rinse aid and salt and the cost of using the machine.

You can reduced your costs by adding baking soda, 66p per 100g. Experts at dishwashing liquid makers Finish said: "If you're running low on detergent and want to extend its life, add some baking soda to ensure your dishes are still suitably clean. Baking soda's not as powerful at degreasing, but it can still remove odours."

Experts also say you can often get by using a half a tablet, especially if you keep your dishwasher free of grease, limescale and calcium deposits.

PRINTER INK: *Use thinner fonts*

PRINTER ink is so expensive it is now pricier, per drop, than fine champagne, according to a study by Which?

They found ink ordered from a leading printer brand's website comes to £1.89 per millilitre. By comparison, a bottle of Dom Perignon Vintage champagne at the same price as this would cost £1,417.50.

And as we all often need to print out concert tickets, airline boarding passes and kids' homework, the cost of printer cartridges rapidly racks up.

But there are ways to halve the amount of ink you use by choosing smaller, thinner typefaces, such as Garamond or Courier, and set your print quality setting to draft.

Also, black is the colour that usually runs out first.

So print any non-business documents in magenta or cyan.



IF you're looking to save cash, you may be able to cut back what you spend on cosmetics, toiletries and household products . . . by as much as **HALF**.

As we all try to be

more sustainable, it helps save the planet, too.

Here, **TANITH CAREY** reveals some clever hacks – and the only difference you'll notice will be in your wallet.

Hacks to cut back by **HALF**

RAZORS: *Rub against jeans*

DISPOSABLE razors, costing around a fiver, are designed to be used only five to seven times. When the blade starts to go blunt, re-sharpen it by running it back and forth down the leg of a pair of jeans 10 to 20 times.



The denim fibres will remove any tiny nicks. You can also reduce wear on the edges by shaving in the shower or just after, when stubble is at its softest.

Then blot the water off and store the razor somewhere dry to avoid corrosion.

FOUNDATION: *Cut the tube*

AS anyone who has ever lost their make-up bag knows, a full face of cosmetics does not come cheap.

A good foundation is one of the pricier items on your dressing table – with designer brands costing around £35 for 30ml.

So it can be a shock to see how much has been sucked up by your make-up sponges when you come to wash them.

To halve the amount you use, use the tip of a make-up brush to press the foundation into your skin to make it go further and last longer.

Make-up artist Catherine Batour says: "If you're using foundation from a tube, when you think it's finished, cut the tube in half and use what's left inside."

"You will be amazed by how much product is left. Invest in a primer, too. They are usually much cheaper than foundations, but make it stay on your face twice as long."



NAIL POLISH: *Wipe fingers with vinegar*

NAIL care is booming, with women splashing out on average £450 a year. A great way to cut the number of touch-ups – and visits to the salon – is to make sure there is no grease, moisturiser or water on your nails before you apply it, or the polish will not stick as well.

To make sure your nails are grease-free, give your nails a quick wipe with vinegar or acetone first.

When you've applied your polish, avoid washing your hands in hot water as long as hygienically possible to allow it to really dry.

If you get a chip in an area where it can't be buffed away, cover it with some nail art such as a stick-on rhinestone.



MASCARA: *Steam*

IT'S the beauty essential that most women say they can't live without. But with many mascaras of around 10ml costing between £8 and £11, using yours up half as quickly will save you a pretty penny or two.

Pablo Rodriguez, from Illamasqua, says: "If your mascara is drying out, another quick fix is to use steam from a kettle to put moisture back into the product."

To stay safe and avoid scalding your fingers, try using a pair of tongs to put it over some steam. Pablo adds: "This will loosen the product and add some moisture back into the formula to give more applications before you need to buy a new one."

As far as possible, don't buy waterproof mascaras as they contain less water and tend to dry out quicker.

Avoid pumping your mascara in and out of the tube, which will dry it out by forcing in air. Instead, twist the wand to make sure half doesn't go hard and stick to the sides.



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FabulousDAILY

PHONE PERVERTS LURK IN

SIMPLE FOODS SWEET POTATO TACOS



Makes 12
YOU NEED:

1 garlic clove
600g US sweet potatoes
3 tbsp olive oil
1 tbsp Canadian maple syrup
Salt, freshly ground pepper
2 red bell peppers
1 small red chilli pepper
1 small iceberg lettuce
1 lime
2 ripe avocados
50g Canadian walnuts
400g sour cream
1 pack taco shells (12 pieces)

METHOD: Pre-heat the oven to 200C/180C fan/ gas 6. Peel the garlic and cut into slices.

Peel and wash the sweet potatoes, cut them into 2x2 cm cubes and mix with 2 tbsp of oil, maple syrup and garlic, then season with salt and pepper.

Place the potato mixture on a baking tray lined with baking paper and cook in the oven for 20 minutes or so.

Cut the red bell peppers and the chilli in half, remove the seeds and stems, wash and cut into strips. Sauté the bell peppers

in the remaining heated oil for about 5-7 minutes. Add the chilli and season.

Shred the lettuce. Cut the lime in half and squeeze out the juice. Halve the avocados, remove the stones and the flesh. Cut the flesh into slices and sprinkle with lime juice. Finely chop the walnuts and mix with sour cream.

To serve, layer up your taco shells with all the ingredients and garnish with walnut sour cream.

● Recipe: American Sweet Potato Marketing Institute

BOOK YOURSELF AN OUTFIT...

NO time to make a costume for World Book Day tomorrow? There are lots of good options in stores. Here, ABBY McHALE picks out her best last-minute buys for junior bookworms.



Mary Poppins, £15, Tesco



Tiger, £22, John Lewis



Matilda, £15, Argos



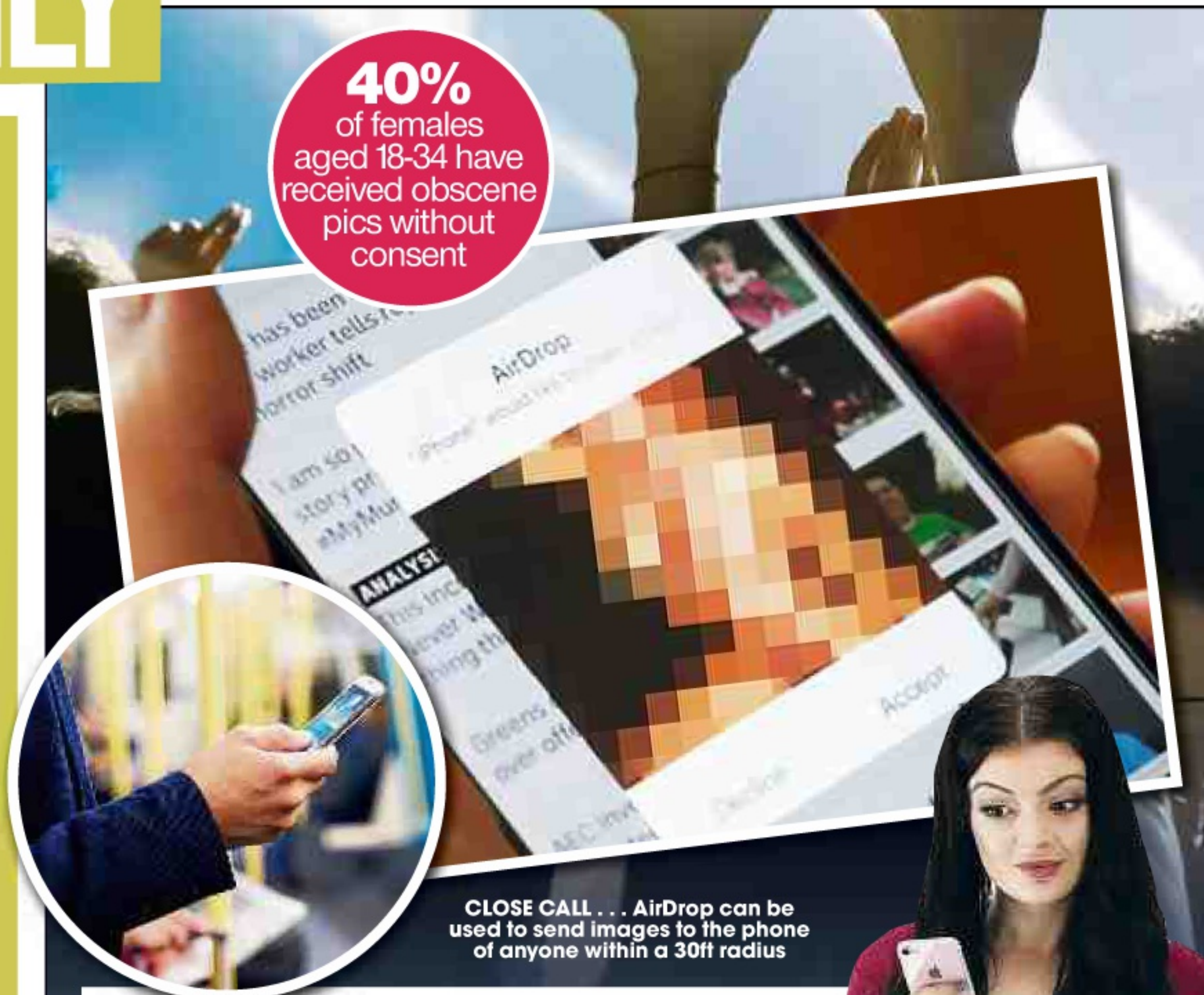
Where's Wally, £15, Matalan



Harry Potter, £15, TU at Sainsbury's



BFG, £14, Asda



CLOSE CALL . . . AirDrop can be used to send images to the phone of anyone within a 30ft radius

If you are sitting on the train and your phone buzzes, you might think you have received a message from a friend or a notification on social media.

What you do not expect to see is an explicit image sent from a random stranger – but incidents like these are on the rise.

The British Transport police has revealed there were double the amount of reports of women being sent unsolicited sexually explicit pictures on trains last year, compared with 2018.

A YouGov poll that year found that four in ten women aged between 18 and 34 have received sexual images without their consent.

It is dubbed "cyber-flashing" and campaigners claim huge numbers of incidents go unreported because women either do not know how they should go about this, or doubt they will be taken seriously.

But if flashing in person is illegal, then why should we tolerate it online?

Cyber-flashing is defined as sending obscene images to a stranger, often via the file-sharing function AirDrop on Apple devices or Bluetooth. These digital services allow pictures to be sent to anyone within an approximate 30ft radius without revealing the sender's number or identity.

While users have to accept the image to have it saved on to their device, most photos flash up on screen as a preview first.

Julia Carne has been targeted by a cyber-flasher twice while out with friends. The 22-year-old hospitality manager from Truro, Cornwall, now feels vulnerable when on her own in public and wants cyber-flashing to be taken seriously.

She says: "The first time it happened was in April last year. I was at a bar with my friends and suddenly my phone started flashing.

"It flashed up that an iPhone wanted to AirDrop me pictures, and I assumed it was my friends so I just

By JENNY FRANCIS

tapped accept. Suddenly I had two pictures of a man's penis on my phone.

"I couldn't believe it. I showed my friends and asked if it was them, but they were all horrified, too.

"One of my mates, who is into technology, said the person who AirDropped them was near us because you have to be really close to be able to send in this way.

"I felt really uneasy that someone I didn't know was able to send their intimate parts to my phone and I felt even more anxious when one of the lads in our group pointed out that the tiles in the background were from the men's toilet in the bar we were in.

"I tried to ignore it, but 20 minutes later another one came through. I didn't even have to accept it to see the preview – it was a picture of a drink on a bar where we were sat. I couldn't see anyone or the drink.

But I suddenly felt really vulnerable knowing some guy was watching me, sending these pictures to my phone and taunting me."

Feeling uneasy, Julia decided to speak to the bouncers.

She says: "They said it could just be one of my mates having a laugh. They told me to stay with my friends and promised to keep an eye on me.

"All night I was on edge and I felt so scared I got a taxi instead of a bus home."

Julia was targeted again a few weeks later while waiting for public transport. She says: "I was out and left my friends around midnight to get the bus home.

"I was waiting at the bus stop when my phone flashed – and my heart sank. I was being AirDropped more pictures from a stranger.

"It was another penis picture, and pictures of the bottom half of a man's body in jeans in the dark. I looked around but I had no way of knowing who it could be.

"The whole way home I was terrified I was being followed. The

VICTIM . . .
Julia has been targeted twice

'I felt so vulnerable knowing someone was taunting me'

PUBLIC PLACES TO 'AIRDROP' VILE SNAPS

Rise of the cyber-flashers who send sex photos to a stranger's mobile

1000s of women are believed to be sent images but do not report them

next day I went to my phone provider and they said to make sure I set my AirDrop to private. But it's left me looking over my shoulder all the time.

"This unacceptable behaviour should be made illegal and people need to be aware of how to protect themselves."

Cyber-flashing was made illegal in Scotland in 2010, punishable by up to two years in prison and a place on the Sex Offenders' Register. It is much the same way as how flashing in person is treated. But in England and Wales, it is still not illegal.

Last July, MP Vicky Ford told the House of Commons that cyber-flashing should be outlawed. The Conservative MP for Chelmsford said: "A teenage girl, if she walks down the street and a man flashes his mac at her, that's illegal. It shouldn't be legal to send that same teenage girl a photo via AirDrop in a public place."

In October 2018 the Women and Equalities Committee recommended introducing a new law to criminalise all non-consensual creation and distribution of intimate and/or sexual images. But last year the Government turned it down, saying receiving explicit images can be reported as harassment.

The Law Commission is currently looking into possible new legislation that would cover offences including cyber-flashing, but there will be no report until next summer.

In the meantime, a growing number of children and teenagers are being targeted by sexual images.

With 50 per cent of ten-year-olds now thought to own a smartphone, parents are being urged to disable the file-sharing functions on their children's devices to keep them safe.

Mum of one Ciara Duggan could not believe it when, just three months after she became the victim of a cyber-flasher, her eight-year-old daughter was harassed in a similar way.

The 31-year-old careworker, from Sunbury on Thames, Surrey, believes technology is failing to keep us safe.

She says: "I never dreamed I'd be flashed in broad daylight on the London Underground, surrounded by people. I was heading to meet a

friend on a Saturday morning in October last year. My phone buzzed and there was a big image on the screen of a man's penis, asking me to accept.

"I was shocked and at first assumed I'd accidentally picked up someone else's phone. But then I realised and my stomach sank. "I knew enough to know the person sending it had to be nearby, and I automatically started looking around.

"There were people everywhere, including lots of men, and every time one of them made eye contact with me I felt sick, assuming it was them.

"I just wanted to get to my friend as soon as I could. "My mind raced. Who were they? Where were they? Was I safe? Who should I tell? I felt disgusted and violated.

"When I got to the station I rang my partner Jordain. He asked me what I wanted to do but I honestly didn't know.

"There was no way to track the sender and the thought of having to show someone the picture made me feel humiliated.

"I regret it now, but at the time I just wanted to forget about it and have a nice day. So I didn't report it."

But three months later, Ciara's eight-year-old daughter Teagan was targeted.

Ciara says: "I was shopping with Teagan when she said she had a picture on her phone.

"I looked and saw a weird image of a cartoon on her screen, asking to be accepted.

"I was shocked that someone was trying to AirDrop a child. The picture wasn't explicit but it was strange, and I know there are lots of these weird images that circulate around kids that can be really dark.

"I disabled her AirDrop and kept the phone on me all day.

"Technology is great but the minute it makes you feel unsafe, then it has gone too far.

"Cyber-flashing needs to be recognised as a crime before it gets worse."

WARPED... Ciara's daughter Teagan, below, was sent a weird cartoon, right



'Tell cops as soon as possible'

DETECTIVE Inspector Ashley Cooper, of the British Transport Police, says: "If you are a victim of cyber-flashing, our advice would be to report the matter to the police as soon as possible.

"To help protect your privacy while travelling on the rail network, we would advise people to review their AirDrop settings so they can only receive messages from people in their contacts list."

First, take a screenshot of the material with your device. Although you might not want this material on your phone, this is key evidence you can

send to the police. British Transport Police has a number the public can text to report an incident – 61016.

Here, you can discreetly report a crime or other incident on public transport, not just cyber-flashing.

In an emergency, of course, call 999 at once.

The iPhone has an AirDrop setting that means you will see only images from phone numbers saved in your phone.

By selecting "Contacts Only" in the settings, you can protect yourself without limiting your use of the handy function.

HOW TO... GREEN UP AND GROW

IMPROVED heart health, better sleep and improved hand strength are among the many benefits of gardening.

If you are inspired to get busy in the garden now spring is around the corner, **NATASHA HARDING** knows the best books to get you started.

Grow Food for Free by Huw Richards, £16.99, DK: Huw grew his own fruit and veg for a year – and can teach you how to do the same. Learn how to optimise what space you have, plus ways to plant food from your fridge and cupboards. Inspiring and practical – a gem.



RHS Get Growing: A Family Guide To Gardening Indoors And Out by Holly Farrell, £14.99, Frances Lincoln: An informative guide explaining the basics of gardening, filled with facts. There are ideas for outside projects, with the aim of encouraging a love of the great outdoors from a very young age.



Green: Simple Ideas For Small Outdoor Spaces by Ula Maria, £20, Mitchell Beazley: Access to outside space is vital for our wellbeing, writes Ula, whatever the size. She believes in creating a garden as if you are decorating a room. Learn which plants to use to suit where you live, while using light and pots to best effect.



The Five-Minute Garden by Laetitia Maklouf, £9.99, National Trust: Five minutes a day is all you need to keep your garden tip-top, says Laetitia. You will be sprucing on Mondays, chopping on Tuesdays and nurturing on Wednesdays. Thursdays are for fussing, and devote Fridays to a special project. At the weekend, you get to sit back and enjoy your labours.



The Little Gardener by Julie A Cerny, £18.99, Princeton: Children enjoy major sensory benefits from getting their hands dirty, plus a sense of achievement at growing something from scratch. This how-to book is partly a teaching tool and partly a gardening guide. It is full of project ideas and useful tips.



Grow Fruit And Vegetables In Pots by Aaron Bertelsen, £24.95, Phaidon: You don't need a garden to get the benefits from growing your own fruit and veg. This stunning book provides advice on how to bring through all sorts in any kind of container. Once you have grown your grub, there are 50 tasty recipes featuring root vegetables, salad and fruit.

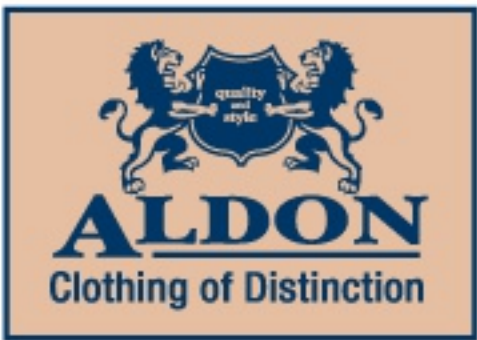


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The page where you tell Britain what you think

KARREN BRADY'S piece about the late Nasa mathematician Katherine Johnson, pictured, struck a chord with me.

More praise should be heaped on people like Katherine, who defied sexism and racism, instead of air-head reality stars who see appearing on Love Island as a vocation.

JENNY BEESON
Norwich

IT is astonishing that an E-cyclist who killed a pedestrian was cleared of causing death by careless driving. He was riding at 10mph above the limit for



the road. If a motorist had committed this offence I have no doubt he would have been found guilty.

GERRY LESTER
Stone, Staffs

WHY do we need a ban on chlorinated chicken and GM food? Americans have been eating both for years and I haven't seen a single one of them with two heads.

ALBERT PHILPIN
Worcester

THE Queen has said she would welcome Harry and Meghan back into the

fold, but I doubt if the public would be quite so keen.

The pair screwed the public for all they could get, while giving as little as possible in return.

MARY COOK
Gainsborough, Lincs

GOOD for England goalkeeper Jordan Pickford, pictured, who wed Megan Davison at a register office in a low-key ceremony. He could probably afford a flashy wedding but he chose to be sensible. Well done, Jordan.

JEENA SUMNER
Fortis Green, N London



Tackle rugby virus threat

£50 LETTER IF the Government is so worried about the Covid-19 virus, why are they letting up to 20,000 England rugby fans travel to virus hotspot Italy?

These supporters will return to the UK and potentially spread the virus. The Six Nations is never going to cancel the match as it's a big money-earner for them. The Government must take charge and stop fans travelling.

COLIN SMITH
Fareham, Hants

HOW come people are being diagnosed with the coronavirus in their home town having returned from a holiday in a part of the world affected by this virus?

Were they not screened before they boarded their flight home or once they had disembarked in this country? If not, why not?

JAMES WOOD
Royal Wootton Bassett, Wilts

WE are advised to keep one metre away from anyone who appears unwell on public transport. How is that possible?

You would be lucky to be one inch away from anyone, especially on the commute to and from work.

TIM O'CONNELL
Hounslow, Middx

ALL elderly or retired people have been advised to protect themselves from coronavirus by staying at home and self-isolating.

But without the involvement of elderly people, many areas of life would grind to a halt.

They are often the ones who collect and care for children after school, while parents work. The voluntary sector relies on them.

JONATHAN LONGSTAFF
Buxted, East Sussex

WE booked to go to Japan for a trip this spring, but surely it is time for the Government to

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EXTINCTION Rebellion campaigners must be very pleased by coronavirus. This minuscule microbe has reduced flight bookings - which is more than they could achieve.

RUSSE

EDDIE IZZARD doesn't have to quit comedy (I thought he already had) to become a Labour MP, the party is already full of jokers.

ALAN, Cambridge

NO, no, no, to EU fishing boats in British waters. If it means we have to go for No Deal, then so be it.

M COOK, Wivenhoe

declare that non-essential travel to anywhere with the virus should be stopped.

There are thousands of people a week arriving and leaving our shores, which must make containing the virus harder.

DENISE HUDSON
Bridlington, East Yorks

HOW many pensioners die because they are frightened to put their heating on? How many die from living rough? People on Universal Credit can't afford food.

Yet now there is this virus, the Government is concerned. Maybe because they might get it.

KENNY MARTIN
South Shields, Tyne and Wear

READER Colette Mortimer said she is tired of the scaremongering about the coronavirus. I wonder if she would she feel the

same if she was over 70 with an underlying heart problem.

HAYDN JOHN
Treorchy, South Wales

HEALTH Secretary Matt Hancock talks about bringing back retired nurses to help deal with the coronavirus. It speaks volumes about the social, as well as medical, consequences of austerity.

RICHARD KIMBLE
Leeds

I UNDERSTAND that coronavirus is a huge concern. But let us ensure the hundreds of families whose homes are still flooded are not forgotten.

Where is the Government action on these people?

FRED HARRIS
Kidwelly, Carmarthenshire

WE have people in the Forces being investigated for alleged historic crimes. Now we are checking up on police who responded to a terrorist attack.

The police response was to get to the scene as quickly as possible and protect the public.

DAVID PEARSON
Rotherham, South Yorks

MY two children were run over by a police car doing 80mph. My daughter was killed. My son was ill for years.

The police driver was no longer allowed to drive a police car, but his licence was not revoked and he was still allowed to drive his personal car. Police are not above the law and should not break speed limits.

I suffer to this day from that speeding police car.

NAME & ADDRESS SUPPLIED

A MAN, former House of Commons Speaker John Bercow, is alleged to have bullied officials, and Corbyn and McDonnell want to give him a peerage.

A woman, home secretary Priti Patel, is accused of bullying - and these two buffoons want her suspended and a public inquiry.

KEITH CORNISH
Exeter, Devon

Mystic Meg

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ARIES March 21 - April 20



The true hopes and wishes that mean the most to you are much easier to explain and a partner, or a relative, is ready to help you turn them into action - and there could be a showbiz connection. If single, then a Leo who has a job you respect could already be interested in getting close to you.

TAURUS April 21 - May 21



Mercury lands in the success sector of your chart and you aim higher - both in a career sense and love. Meanwhile the moon adds winning luck when the family enter a contest as a team. When you meet another Taurus and feel you can say anything to each other, it could be love.

GEMINI May 22 - June 21



You learn fast and have a gift for teaching others your newly acquired skills - this could change the role you play at work in a good way. It's easier to make a love decision and know it's the right one, even if it's not the option everyone thought you would go for. A money moon links a prize and work mates.

CANCER June 22 - July 22



A property plan you discuss with the family may seem like wishful thinking - but when everyone contributes their ideas, time and effort, it could work. Today you can chat up and charm almost anyone. But work-wise, it's the quiet and careful way you check the facts that helps you to make progress.

LEO July 23 - August 23



Your mind clears and your emotions are rock steady. No more guesswork, now you can put into words what it takes to make you happy. And be ready to listen when a partner opens up to you. Yes, your ideas could become the best money makers - but it's smart to share the praise at work.

VIRGO August 24 - September 22



You have a gift for increasing other people's confidence - and today you are the one to watch at work. A new interest in super-healthy eating has a hotline to love when you talk to someone gorgeous in the health food store. If you're already involved, a partner may have welcome news to share.

LIBRA September 23 - October 23



Instead of waiting to be discovered, you're ready to chase every opportunity. You may start as a volunteer but learn so much from a group of entertainers. In love, you may think it goes without saying, but a partner needs to know your heart is in the relationship. Single? Initial "S" is a hot clue.

SCORPIO October 24 - November 22



Mercury moves into your home zone and you could look at a picture of a house today and somehow know you'll live there. The moon is switched on in your truth chart, making it easier to recognise your real love feelings. Or if you're free to meet someone new, let a wise friend match-make.

SAGITTARIUS November 23 - December 21



You have a way with words as Mercury makes a follow-up visit to your communication chart. And whether it's a one-to-one conversation that leads to a great date, or you have a serious conversation about your work plans, you come across well. A family gift for songwriting may be a total surprise but do try it.

CAPRICORN December 22 - January 20



You find talking about cash flows easily now you can set aside your feelings for the people involved and focus on the plain facts. Later, the moon creates a romantic mood and even the most independent couples could be drawn to the idea of marriage. If single, love could start with smiles in a pizza place.

AQUARIUS January 21 - February 18



You're the mastermind of the zodiac as brainy Mercury is in your sign. You solve problems, even long-lasting ones, and people you meet for the first time are impressed. In love, a strong but very unexpected attraction needs to be thought through. Luck asks a question in two languages.

PISCES February 19 - March 20



If you're single, today you could play the dating game so well. Settled partners mix food, music and a scary movie to relaunch love. But the day has its practical opportunities, too, and friends you worked with in the past have plans to set up a spare-time business with a place for you.

email, fax, write or comment online

We pay £50 for our Star Letter of the day: Email letters@the-sun.co.uk. Fax us on 020 7782 4170 or write to Dear Sun, The Sun, 1 London Bridge Street, London, SE1 9GF Include your full name and address. You can share your views at thesun.co.uk

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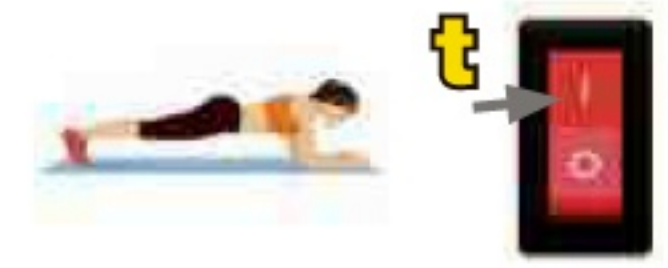
puzzles

BRAINBUSTER

What is 3/8 of 2/3 of 75% of 80% of 6500?

SUNMOJI

What are the marine organisms?



We've got all your favourite brain teasers

PAGE 2 **EVENS SOLUTION:** Line 1 **4213** Line 2 **8946** Line 3 **7869** Line 4 **9628**

TWO-SPEED CROSSWORD

Two sets of clues but the answers are the same

Cryptic clues

ACROSS

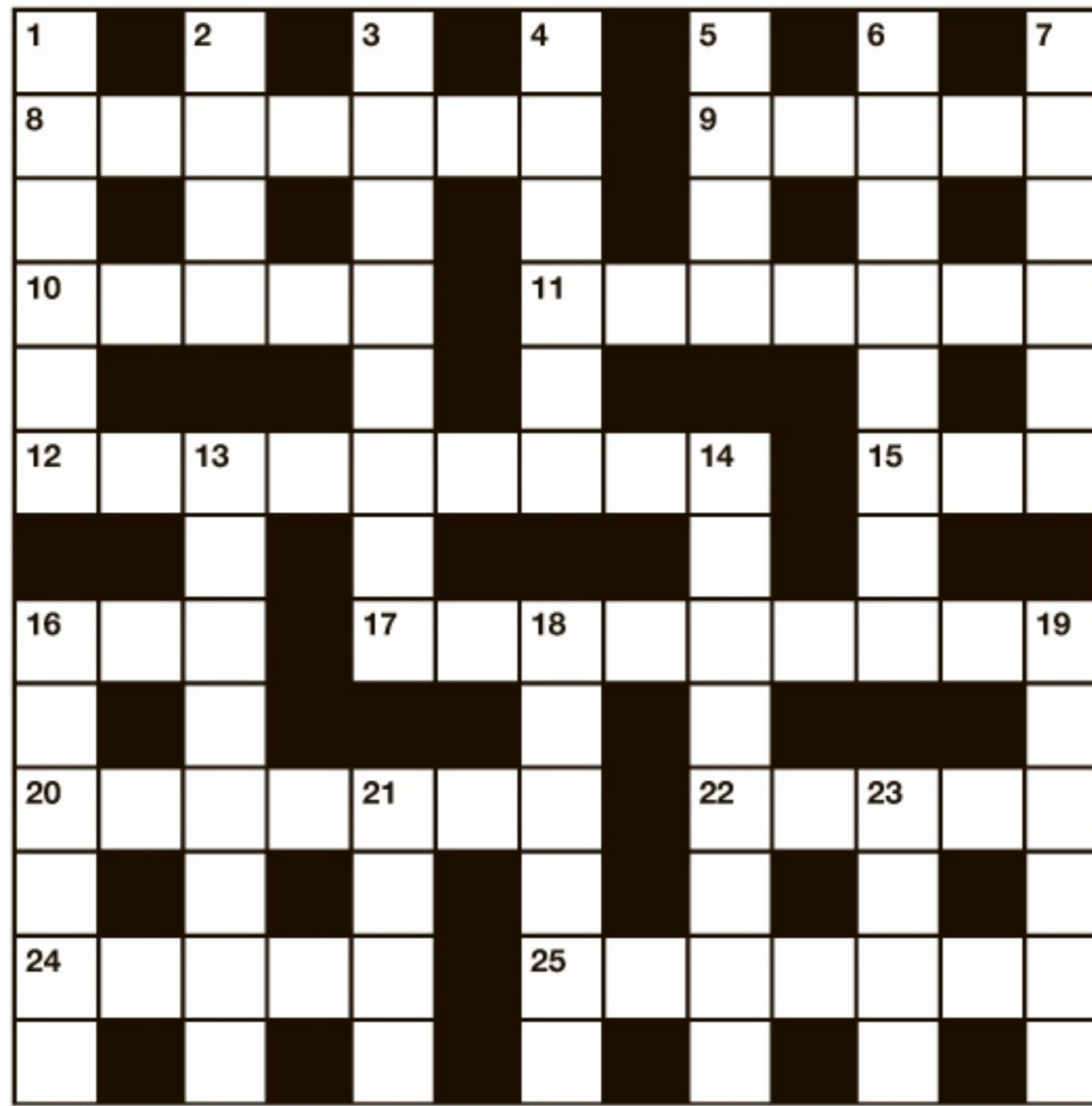
- 8 Pearls cast before swine finally to deteriorate (7)
9 Romeo takes step back to go over again (5)
10 Saint in shock in church property (5)
11 Setter is right into beer brand (7)
12 Group with single in commercial scrapped (9)
15 Put down as not ordained (3)
16 Bag this accomplice carries (3)
17 Enduring blues act once crowd admitted (9)
20 Puritanical tea-user soused (7)
22 Anger engulfing female in Winchester? (5)
24 Seaman with poem finds home (5)
25 Evil one cruel if disturbed (7)

DOWN

- 1 Church area round border in war zone (6)
2 Admirer scoffing large pie (4)
3 Cracking spindle cut daughter (8)
4 Man mixed gin that's harmless (6)
5 Grab bag (4)
6 Greek warrior cool in rising sea (8)
7 Route through a yard: no interest in it (6)
13 So Cretan might be forefather (8)
14 German slim and prosperous (8)
16 Insect small caught by horse (6)
18 Dish with mashed pea all served up (6)
19 Sombre listener in flat (6)
21 Eve's initial place of retreat! (4)
23 Small flute used by Sufi fellowship (4)

Check today's answers before midnight by calling 0906 757 7142 for Across and 0906 757 7143 for Down. Calls cost 80p per minute plus your telephone company's network access charge.

Purchase the latest Sun Puzzle Books, including crosswords, wordsearches & sudoku, for as little as £4.99 from the HarperCollins website harpercollins.co.uk or phone 0844 576 8120



Coffee time

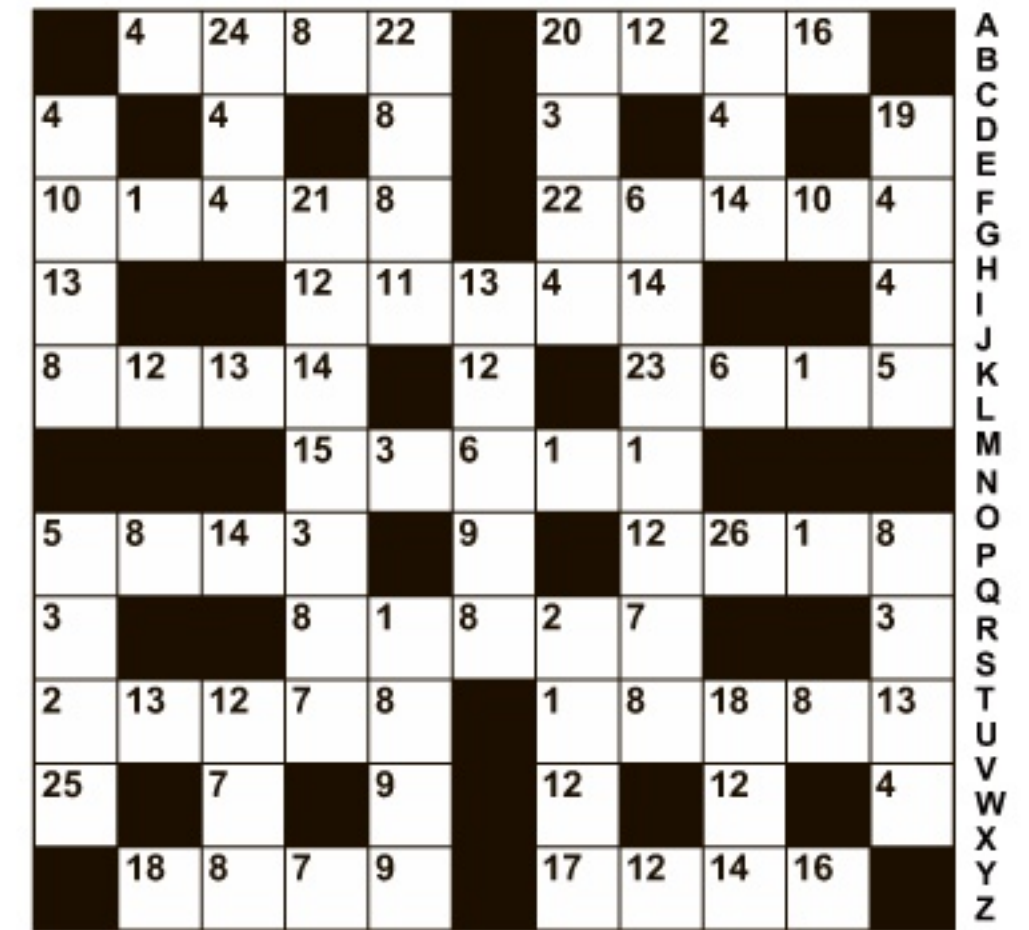
ACROSS

- 8 Backslide (7)
9 Summary (abbr.) (5)
10 Minister's residence (5)
11 Stamp (7)
12 Forsaken (9)
15 Minstrel's song (3)
16 Anatomical pouch (3)
17 Pushed down (9)
20 Severely plain (7)
22 Long-barrelled gun (5)
24 Domicile (5)
25 The Devil (7)

DOWN

- 1 Black Sea peninsula (6)
2 Open tart (4)
3 Magnificent (8)
4 Genial or kindly (6)
5 Enthral (4)
6 Warrior at Troy (8)
7 Indifference (6)
13 Antecedent (8)
14 Film icon Marlene (8)
16 Sacred beetle (6)
18 Spanish stew (6)
19 Cheerless (6)
21 Biblical garden (4)
23 Ancient Scots county (4)

WORD WORKOUT



THIS is the world's best brainteaser. Each grid number in our Word Workout game represents a letter. So if you think 4 is the letter A, write A in all the squares with a 4. All the alphabet is used and we have supplied some letters to start you off. We will print the answers tomorrow.
YESTERDAY - ACROSS: Gap, Taxi, Squire, Televiser, Eyrie, Prose, Flapjack, Bandit, Role, Hub. DOWN: Waylay, Gilt, Psalm, Quaver, Orbs, Eve, Elf, Impede, Sizzle, Faith, Loan, Kerb.

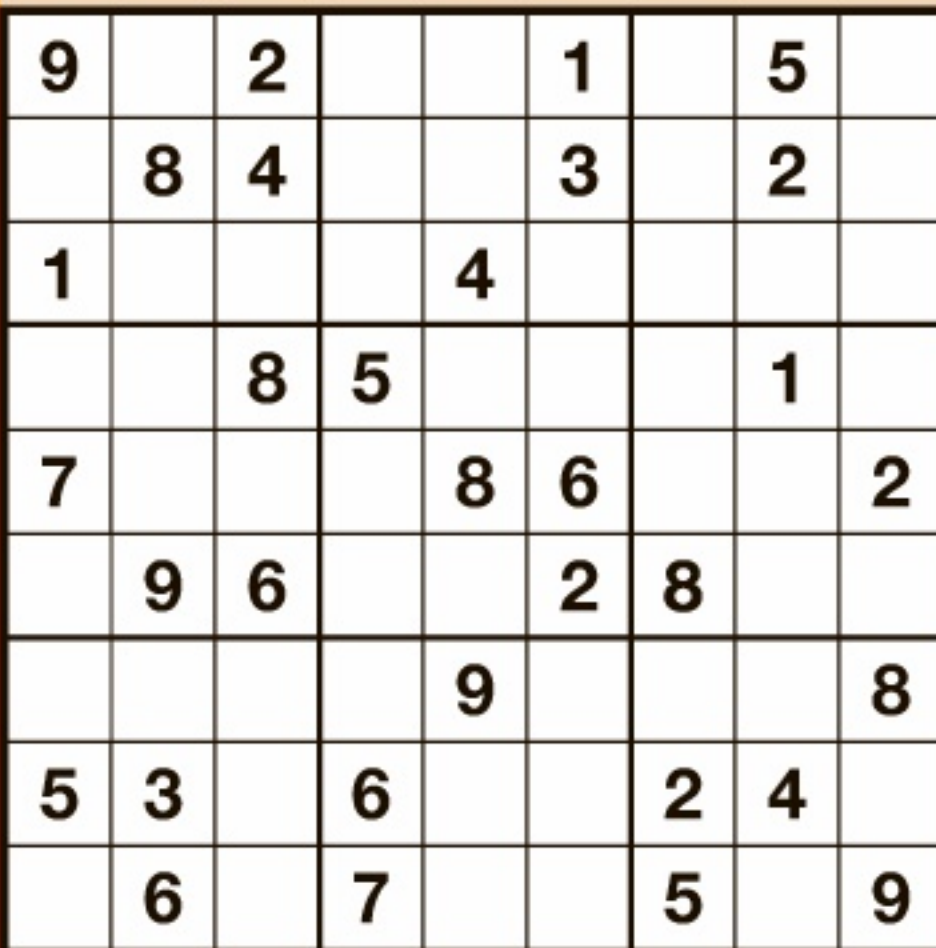
For 4 Extra Clues Call 0901 322 5002 or text SUNWORD to 84901.

Calls cost 75p plus your telephone company's network access charge. Texts cost £1 plus your standard network rate.

DOUBLE **Sun** DOKU

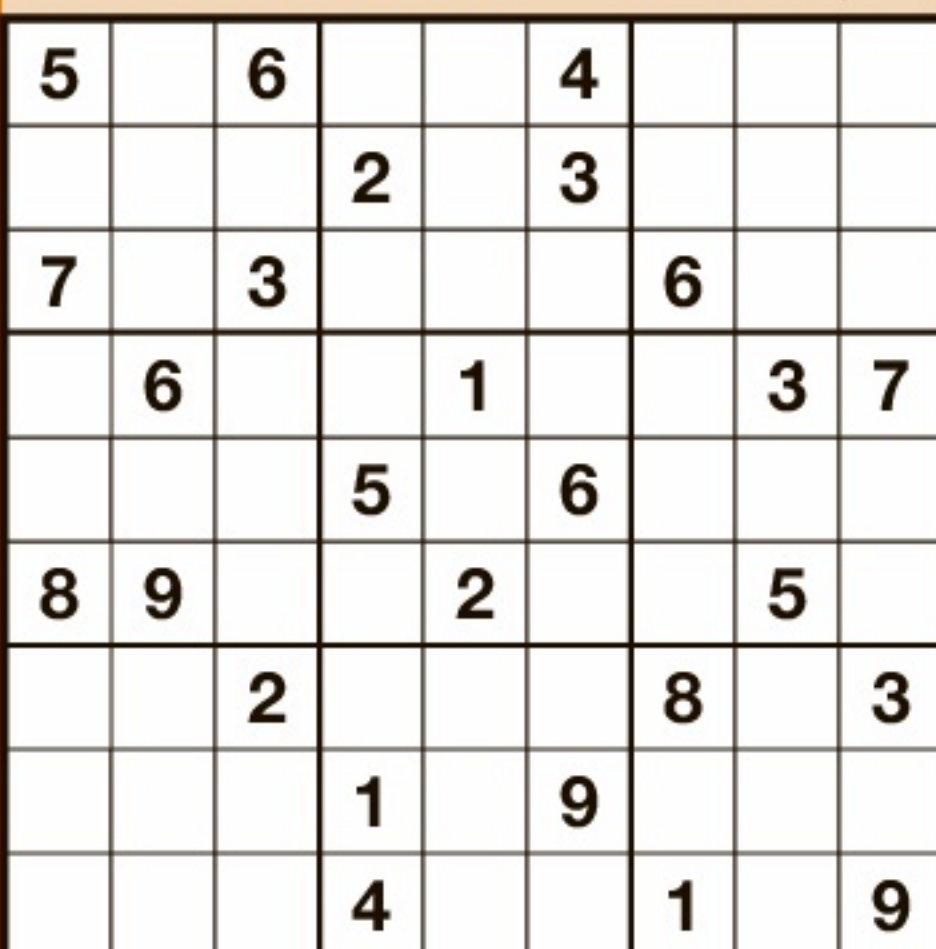
TODAY'S TEASER

CALL 0906 757 7112 FOR CLUES OR SOLUTION (80PPM)



TODAY'S TOUGHIE

CALL 0906 757 7113 FOR CLUES OR SOLUTION (80PPM)



Calls for extra clues and answers last no longer than two minutes (Sundial answers may vary).
Helpline: 0333 202 3390 (9am-5.30pm).
Service provider: Spoke, W1B 2AG

WORDSEARCH

Find seven words that rhyme with 'bees' in the grid. Words can run forwards, backwards or diagonally. Solution below.



NEWSPAPERS SUPPORT RECYCLING
The recycled paper content of UK newspapers in 2018 was 69.2%



THE NAME GAME

EACH clue leads to a well-known name. Put the initials or stated letters in the appropriate squares to identify an actress:



- 2 & 8 Entertainer and actor played by Jim Carrey in the 1999 film Man On The Moon
4 & 7 Australian winner of a record 24 Grand Slam singles tennis titles
1 & 6 Late Ghanaian diplomat who was Secretary-General of the UN 1997-2006 (third and fourth letters of surname)
3 & 10 Winner of the 2019 series of The Apprentice (fourth and last letters of surname)
5 & 9 American composer and conductor whose numerous film scores include those of the Star Wars movies (second and fifth letters of surname)

● Yesterday: Rugby player STUART HOGG (Tracy Turnblad, Steve Guttenberg, (Hugh) Quarshie, (Patrick) Mouratoglou, Hildur Gudnadottir). Another Name Game in The Sun tomorrow.
■ If you can't wait until tomorrow for the answers, just call 0901 322 5001. Calls cost 75p plus your telephone company's network access charge.

SUNDIAL



SEE how many words of four or more letters you can "dial" using the one at the centre in each word. You can make at least one word using all of them. Don't use the letters more than once in any word. No proper names or plurals.

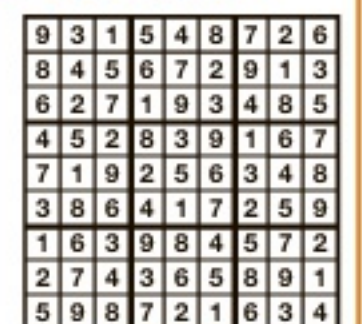
Words from Collins Concise Dictionary.
BRILLIANT: 68. EXCELLENT: 58. GOOD: 48. GREAT SCORE FOR KIDS: 37.

YESTERDAY: Elfin, fail, fails, fain, false, fane, fans, feal, file, files, final, finale, fine, fines, fins, flan, flap, flaps, flea, flies, flip, flips, leaf, leafs, lief, life, naif, pelf, pilaf, safe, self, self. Eight-letter word: Lifespan.

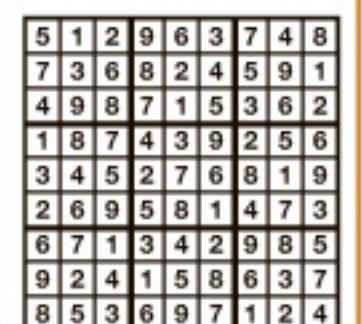
Check today's answers by calling 0906 757 7145 before midnight. Calls cost 80p per minute plus your telephone company's network access charge.

YESTERDAY'S SOLUTIONS

Teaser



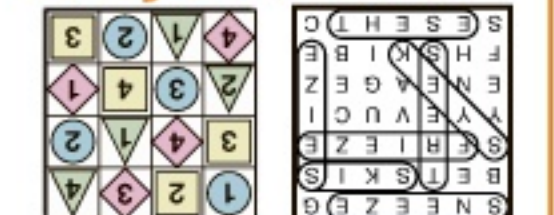
Toughie



Two-Speed Crossword

ACROSS: 1 B-i-r-die 5 G-l-e-n-d-a
8 Beef 9 Indecent 10 P-l-easant
11 Night 12 Fleece 15 H-a-r-old
17 Just 19 Rag-trad-e
22 A-d-here-nt 23 Boot
24 Ar-den-t 25 Dither.
DOWN: 2 I-deal 3 De-flat-e 4 Erica
5 Go Dutch 6 Ex-con 7 Done-gal
13 Laun-d-er 14 Earnest
16 Rare-bit 18 Theme 20 Gated
21 D-r-one.

Today's Solutions



Numbercrunch:
21, 119, 330
Brainbaster:
975
Summoji: Plankton

HEALTH | "It really works - can now take the dog for a walk!"

reevoo **10** out of 10 Steven Tamworth

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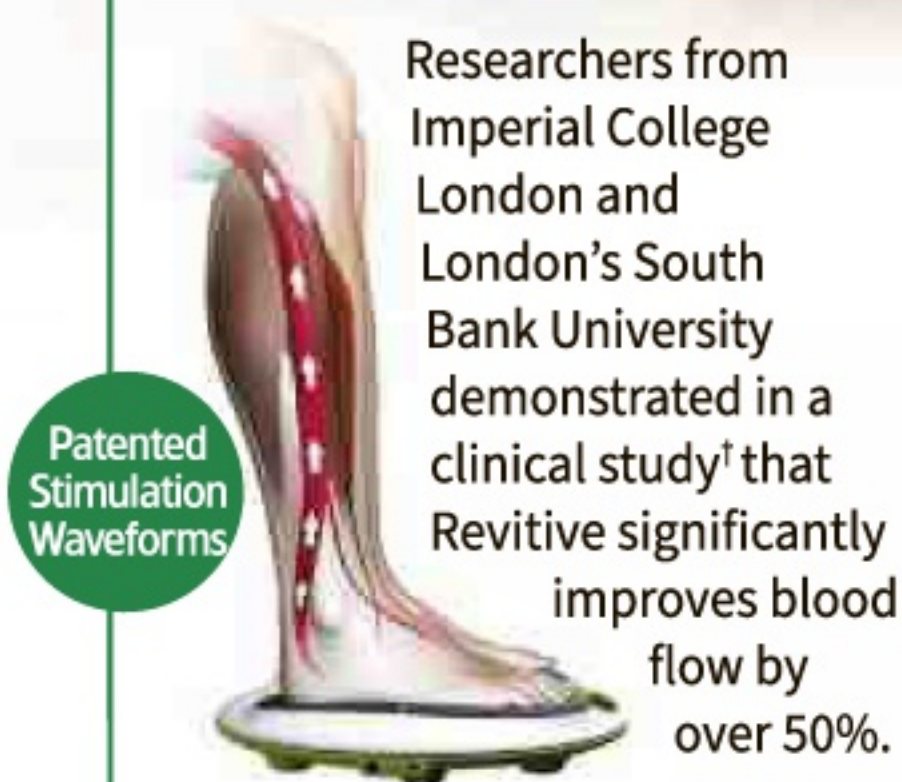
- actively increases your circulation
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- reduces puffy feet & ankles

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reevoo **10** out of 10 Edward, Denbighshire

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Engulfed... flood damage

£35M ON STORMS CLAIMS

INSURER DIRECT LINE said its claims from storms Ciara and Dennis will top £35million — around half the amount it usually expects from weather payouts in a whole year.

It also revealed coronavirus had cost it £1million in claims and warned that figure will rise and hit profits at its travel insurance business.

Direct Line announced a 12.2 per cent fall in profits for 2019 on the back of a difficult motor market. But chief executive Penny James said the car insurance market showed signs of improving in the second half of last year.

"Like all businesses, we are subject to the consequences of disruption to financial markets and global supply chains that could impact the performance of our investments and the cost and speed of fulfilling customers' claims," the firm said.

Meanwhile the insurer's chairman, Mike Biggs, said he intends to step down from the job this year.

STEEL JOB IN RESCUE

THE long-running saga of BRITISH STEEL'S future was finally resolved yesterday when Chinese firm Jingye confirmed plans to invest £1.2billion and save 3,200 jobs in Scunthorpe and Teesside.

It is believed there has been a £50m offer for the company, with a deal due to complete next week.

BRITISH STEEL collapsed last May, after which it was taken over by the government's UK Insolvency Service, which has negotiated the buyout.

The deal, which will see Jingye spend £1.2bn over the next decade upgrading plant and machinery, marked a "new chapter in British steelmaking", said chief executive Li Huiming.

SOCIETY CASH BID

NATIONWIDE building society has launched another cash draw to attract savers. Its Isa draw will have a top prize of £20,000, ten prizes of £10,000 and 40 of £5,000.

To enter, savers must top up a Nationwide Isa by at least £100 between March 6 and November 30.

Finance expert Andrew Hagger of MONEYCOMMS said: "Isa rates are in the doldrums and don't look very attractive, so I can understand why Nationwide is doing this."

Last month, the building society offered customers the chance of a £100 reward for stashing cash in a standard savings account every month.

**THE FTSE 100
ROSE 63.31
TO 6,718.2**



Edited by TRACEY BOLES



Tel:
020 7782 4050
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tracey.boles@thesun.co.uk

**£1 BUYS €1.15, US\$1.28
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PLUS MARK

SKY is to offer Disney+ in the UK after signing a multi-year deal with the US entertainment giant.

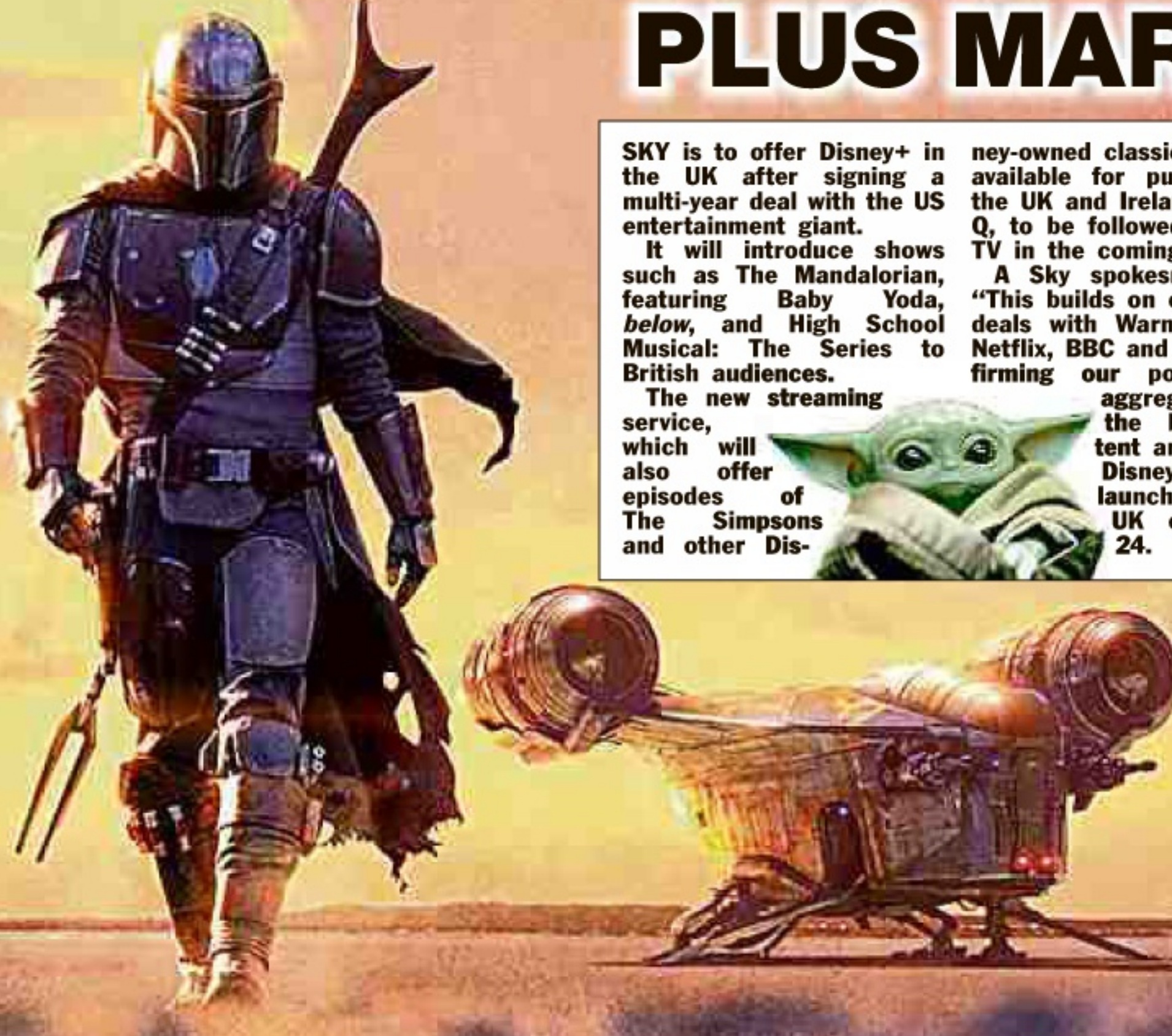
It will introduce shows such as *The Mandalorian*, featuring Baby Yoda, *below*, and *High School Musical: The Series* to British audiences.

The new streaming service, which will also offer episodes of *The Simpsons* and other Dis-

ney-owned classics, will be available for purchase in the UK and Ireland on Sky Q, to be followed by NOW TV in the coming months.

A Sky spokesman said: "This builds on our recent deals with Warner Media, Netflix, BBC and BT Sport, firming our position as aggregator of the best content around." Disney+ launches in the UK on March 24.

Coming to the UK... hit Disney telly series *The Mandalorian*



Big thirst... beer sales up

BEER ON RECORD 8BN HIGH

DRINKERS downed more than eight billion pints last year to push beer sales to a record high.

They increased 1.1 per cent, meaning boozers sunk an extra 87 million pints during 2019.

The beer duty freeze which came into effect in February 2019 was a key factor, according to the British Beer and Pub Association.

Publicans want Chancellor Rishi Sunak to cut beer duty in this month's Budget by two per cent to create 4,700 jobs.

Meanwhile, 138-year-old Welsh brewer BRAINS says it plans to sell off around a fifth of its pubs "not core to our business" due to "uncertain economic times".

BOOM AS ELECTION UNCERTAINTY ENDS

GROWTH FASTEST FOR 14 MONTHS

ORDERS RISING AT QUICKEST SINCE 2015

By SIMON READ

THE UK's building sector has grown for the first time since last April, taking advantage of a post-election boom.

The removal of uncertainty after December's general election led to improvement in business confidence and pent-up demand for new projects.

Meanwhile, the number of new orders climbed to their highest level for four years as businesses set the starting motor on major projects that had been delayed while the uncertainty continued.

The recovery would have been even stronger if severe weather conditions had not hit projects last month, according to the respected IHS Markit/CIPS purchasing managers' index.

It hit 52.6 in February, up from 48.4 in January. Anything above 50 implies a positive sector.

The survey also revealed the overall rate of construc-

tion output growth was the fastest for 14 months and showed the sharpest rise in orders since December 2015.

Tim Moore, of IHS Markit, said: "There were widespread reports pent-up demand released since the General Election had helped to boost workloads."

"Some construction firms suggested that the recovery in output would have been

even stronger had there not been disruptions from severe weather in February."

However, he warned the uncertain impact of the coronavirus outbreak economic growth could see domestic investment spending put back on hold.

Residential building did best and commercial orders grew. But civil engineering remained in decline.

Throb the builders

SECTOR IS GROWING AGAIN



Delivering... Travis truck

TRAVIS IS SO PERKY

DIY and building retailer TRAVIS PERKINS delivered better-than-expected sales for the past year.

It swung to a £123million pre-tax profit in 2019, from an £84million loss the previous year.

The firm benefited from growth in its Wickes retail chain and Tool-Station arm.

The "strong recovery" for Wickes comes before its planned spin-off from the parent company. It is on target to be a standalone listed firm by the second quarter of this year.

RECRUIT ALERT

RECRUITER ROBERT WALTERS has warned the coronavirus outbreak will hit its profits this year.

The company said global recruitment was "unpredictable" due to the virus, which is "likely to negatively impact full-year profit expectations".

Bosses said they would "monitor the coronavirus

situation and update the market as appropriate".

Founder Robert Walters said: "Everything has stopped, everywhere. It's a global phenomenon."

Shares fell about seven per cent on the warning and after it reported a three per cent fall in full-year profits to £47.4million.

CLOSING PRICES

A selection of last night's closing prices:

BARCLAYS down 3.74 at 139.56

BP up 3.70 at 414.95

CENTRICA up 0.46 at 73.76

HSBC down 10.30 at 509.80

LLOYDS down 0.87 at 48.68

M&S up 16.45 at 163.80

MORRISONS down 4.00 at 176.10

RBS down 2.05 at 170.45

SHELL up 9.00 at 1,721.00

ROYAL MAIL down 0.05 at 161.10

SAINSBURY up 2.00 at 206.30

TESCO up 6.90 at 235.10

STOCKS SURGE

STOCKS surged yesterday after the surprise US central bank interest rate cut.

The FTSE 100 jumped more than 100 points and closed up 0.95 per cent on the day.

BRITISH AIRWAYS owner IAG was the biggest blue-chip winner,

soaring 7.23 per cent. The shares had lost a third of their value in the previous two weeks.

Investment giant M&G climbed 4.65 per cent, JUSTEAT.TAKEAWAY.COM 4.5 per cent, LEGAL & GENERAL 4.17 per cent while steelmaker EVRAZ 4.09 per cent.

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CHELSEA FESTIVAL COUNTDOWN: 6 DAYS TO GO



SEVEN UP... Honeysuckle wins for Rachael Blackmore

Money for Honey

HONEYSUCKLE has been backed into 6-4 with Coral for the Mares' Hurdle after Henry De Bromhead confirmed it will be her Festival target.

Some pundits believed the unbeaten six-year-old should run in the Champion Hurdle and she was as low as 4-1 with some bookies.

However she will instead put her SEVEN-RACE winning streak on the line against Benie Des Dieux. Willie Mullins' hotpot is an 8-11 favourite and won the race in 2018 before falling at the final flight last season.

De Bromhead (right) said: "She will be going for the Mares' race. It was a tough decision but we've made it now and that's it. She is in great form."



HEADS YOU WIN

He can turn Copper into gold

JOE TIZZARD says he has been fighting off jockeys desperate to ride Copperhead at the Festival.

The rangy six-year-old novice chaser was hugely impressive when winning the Grade 2 Reynoldstown by a whopping 17 lengths at Ascot last month.

The win, Copperhead's third on the spin, saw him rise to a mark of 155 – an incredible 30lb higher than when he first went over fences.

Tizzard, assistant trainer to his father Colin, said: "It's unheard of really. To have risen so much in the rankings after just

By **TOM PEPPER**

four runs over fences is amazing. He jumps well and he stays and is very easy to train. We firmly believe there is more to come from him.

"Originally we thought he would just make a handicapper but we are happy he has shown us he is more than that."

Before his romp in the Reynoldstown, Tizzard had been looking at the National Hunt Chase for Copperhead.

However he won so well Tizzard says he has earned a shot at Grade 1 level in the RSA. Tizzard said: "I know a few of the

top amateurs had their eyes on him for the four-miler and a couple of them called and texted to say they wanted to ride him.

"I know they were disappointed when they found out he would be running in the RSA."

Robbie Power is in line to ride Copperhead but Jonjo O'Neill jr won on him at Ascot and Harry Cobden rode him to victory at Newbury.



HEAD BOY... Jonjo O'Neill wins on Copperhead at Ascot



OWNER... Redknapp

'Arry is up for the Cup

HARRY REDKNAPP is praying for a famous Cup win with his horse Shakedown 'Arry.

The former football boss was at Ben Pauling's yard in Gloucestershire to watch his six-year-old put in his final bit of training before his Imperial Cup bid at Sandown.

Shakedown 'Arry is 6-1 second favourite for Saturday's race and will bank Paddy Power's £100,000 bonus if going on to double up at the Festival.

Pauling said: "Harry came to watch him do his final piece of work and it all went very well."

RACING RESULTS ROUND-UP

TODAY'S scheduled jumps card at Fontwell has been abandoned due to a waterlogged track.

TOM PEPPER netted fans a 15-1 double with nap Jack Valentine, 7-4, at Exeter and 9-2 Red Stripes at Southwell.

EXETER

2.00: 1 GETAROUND B Carver (16-1); 2 The Jitterbug (7-2 fav); 3 Young Buck (7-2). 6 ran (Eclair Surf 5-4 fav). 14; 1/4. Ella Pickard. T: £12.90; £5.20, £1.30. Ex: £50.40. Trifecta: £170.80. CF: £46.43.

2.30: 1 FORTESCUE H Nugent (7-2 jfav); 2 Quick Wave (5-1); 3 Samburu Shujaa (7-2 jfav). 6 ran, nk; 16l. H Daly. T: £3.40; £2, £3.40. Ex: £19.10. Trif: £69.60. CF: £20.54.

3.00: 1 SUNNY LEDGEND R Patrick (66-1); 2 Ballybreen (7-2 fav); 3 Kiwi Myth (7-1). 14 ran. 1/4; 3/4. Andrew Martin. T: £139.90; £19.10, £1.70, £2.50. Ex: £808.10. Tric: £1907.81. Trif: £1908.80. CF: £296.58.

3.30: 1 JACK VALENTINE C Deutsch (7-4 fav); 2 Bonanza Sam (66-1); 3 Mille Sussurri (7-2). 12 ran. 2/4; 1/4. Miss V Williams. T: £2.80; £1.40, £1.70, £2.50. Ex: £110.70. Trifecta: £314. CF: £152.80.

4.00: 1 TUDORS TREASURE T J O'Brien (3-1); 2 Ballybough Nora (4-1); 3 On The Road (11-8 fav). 7 ran. shd; 1/4. Robert Stephens. T: £3.20; £1.60, £2.50. Ex: £18. Trif: £46.70. CF: £16.27.

4.30: 1 DAYTIME AHEAD B Carver (6-1); 2 Top Gamble (14-1); 3 Stage Summit (20-1). 10 ran (Demopolis 6-5 fav). nk; 4/4. R Hodges. T: £8.90; £4.90, £1.90, £3.60. Ex: £88.70. Tric: £1592.20. Trif: £1407.40. CF: £78.89.

PLACEPOT: Not won, £47,388.13 c/o JACKPOT: £977.30 Q/POT: £228.30

NEWCASTLE

2.20: 1 MAYO STAR B Hughes (1-5 fav); 2 Stainette Mhor (10-1); 3 Bonny Houxty (4-1). 6 ran. 4/4; 1/4. N Richards.

GREYHOUND TIPS AND SP CHECK

SELECTIONS

CENTRAL PARK: 11.01 Esquire Basil (nap) (6-3-4) 11.16 Rattling Spark (5-2-3) 11.31 Wilson Mary (nb) (3-1-5) 11.46 Scoop The Pot (1-3-4) 12.01 Best Of (1-5-3) 12.16 Let Her Linger (4-1-6) 12.31 Shaneboy Mimi (1-2-6) 12.46 Russmur Bound (3-4-6) 1.01 Claudius Maximus (5-2-1) 1.16 Decisive Dancer (5-3-4) 1.31 Tomb Raider (4-5-1) 1.49 Hollyoak Eureka (3-4-2)

SWINDON: 11.03 Latest Chick (4-6-3) 11.19 Lightfoot Brid (nb) (3-1-6) 11.34 Two Of Us (4-5-3) 11.48 Amka Eno (6-5-1) 12.04 Peg It Paulie (1-6-2) 12.18 Ballymac Tango (5-2-4) 12.33 Skylash Ralph (6-5-4) 12.48 Dunaghy Storm (6-5-4) 1.04 Leticia Jane (5-3-1) 1.19 Millroad Eye (3-6-4) 1.33 Play Fair (nap) (2-4-5) 1.51 Goosyonme (3-1-5)

WROTHAM: 11.09 Shrewd Call (4-2-1) 11.24 Clonelland Kid (nap) (2-3-6) 11.39 Ratches Ore (nb) (5-3-2) 11.54 Droopys Sive (2-4-1) 12.09 Jasmin Blossom (4-1-5) 12.24 Young Sarafina (4-2-6) 12.39 Braemar Road (1-4-5) 12.54 Ajo Bona Fido (6-2-3) 1.00 Steepie Rd Aero (2-1-6) 1.22 Kincora Gizmo (2-3-5) 1.39 Bonville Mary (5-6-2) 1.57 Bonwick Hubble (4-6-1)

BELLE Vue: 2.08 Pat Can (nap) (1-2-6) 2.27 Graigoor Jinks (2-3-4) 2.47 Blue Virginia (4-2-5) 3.07 Sizzling Belle (3-6-5) 3.27 Outdoor Mo (5-1-2) 3.47 Russmur Charm (1-3-6) 4.07 Beaming Missile (4-3-6) 4.27 Hazeldene Chip (6-2-5) 4.46 Ballyhi Dylan (nb) (5-6-3) 5.06 Mery Mizen (2-4-1) 5.22 Fortunate King (4-2-1) 5.39 Ballymac Dolcino (2-6-4) 5.56 Keel Direction (2-5-4) 6.11 Three Kippers (1-2-3)

HOVE: 2.12 Britania Ben (3-6-2) 2.32 A Better Place (5-4-3) 2.52 Fooster (4-2-2) 3.11 Jaxx Love Letter (3-6-5) 3.29 Disaster (nap) (5-1-6) 3.49 Farran Majestic (6-1-3) 4.09 Speedy Rider (4-2-6) 4.29 Teddys Oscar (6-5-2) 4.48 Lightfoot Brogan (5-3-4) 5.08 Final Pal (1-5-6) 5.28 Imfootballgold (1-6-2) 5.44 Im Justa

T: £1.10; £1.10, £2.70. Ex: £4.20. Trif: £6.70. CF: £4.65. NR: Dionysis.

2.50: 1 DARIUS DES SOURCES S Quinlan (15-2); 2 Casimir Du Clos (20-1); 3 Donald Dux (10-1). 12 ran (Seapoint 4-1 fav). 2/4; 2/4. C Grant. T: £9.40; £3.20, £8.30, £4.40. Ex: £198.60. Tric: £1539.68. Trifecta: £1100.80. CF: £151.64.

3.20: 1 OSCAR CEREMONY H Brooke (4-1); 2 Kings Eclipse (8-1); 3 Skyhill (9-4). 5 ran (Speak Of The Devil 2-1 fav). 1/4; 2/4. Stef Keniry. T: £4.30; £1.90, £3. Ex: £23.60. Trifecta: £73.90. CF: £29.23. NR: Po Dixon.

3.50: 1 ORKAN J Hamilton (9-2); 2 Lostock Hall (13-2); 3 Ted Veale (8-1). 8 ran (Bingo D'Olivate 5-4 fav). 2/4; 1/4. M Walford. T: £5; £1.50, £2.20, £1.60. Ex: £35.70. Tric: £234.54. Trif: £291.20. CF: £36.02. NR: Elite Icon.

4.20: 1 SHE'SASUPERMACK C O'Farrell (15-8 fav); 2 Haul Us In (4-1); 3 Molly Carew (9-4). 4 ran. 3/4; 14l. J Jardine. T: £2.40; Ex: £9.40. Trifecta: £21.50. CF: £9.12.

4.50: 1 WETLANDS B Hughes (7-4 fav); 2 Drenagh (2-1); 3 Fabuleux Du Clos (16-1). 8 ran. 3/4; 17l. N Richards. T: £2.70; £1.40, £1.10, £3.70. Ex: £7.10. Trif: £48.60. CF: £5.59.

PLACEPOT: £806.50 QUADPOT: £78.90

TEMPLEGATE'S TOP TIPS

★ **SONGO** (5.45 Kempton, nap) can call the tune. He couldn't have been more impressive when winning at Kempton on his UK debut last time. He coasted home ahead of similar rivals to these and the trip suits well.

★ **RIVA'S ROB ROY** (4.00 Lingfield, nb) had four lengths in hand when winning here last week. That was an apprentice race so there's no penalty and his rider can claim his 3lb today.

★ **GRIGGY** (8.15 Kempton, treble) keeps running well and had little trouble scoring at Chelmsford six days ago. A 5lb penalty shouldn't put the brakes on.

SOUTHWELL

5.00: 1 RED STRIPES H Shaw (9-2); 2 Moveonup (5-2 fav); 3 You're Cool (11-2). 7 ran. 1/4; 2/4. Mrs L Williams. T: £4.50; £2.80, £1.10. Ex: £16.50. Tric: £59.68. Trif: £52.20. CF: £15.29. NR: Six Strings.

5.30: 1 TIGRAY A Rawlinson (11-4); 2 Archippos (7-1); 3 Vampish (7-2). 6 ran (Pumblechook 6-4 fav). 9/4; 7/4. M Appleby. T: £2.80; £1.80, £3. Ex: £22.50. Trif: £92.70. CF: £20.78. NR: Glacier Fox.

6.00: 1 GOING NATIVE B Curtis (4-5 fav); 2 Daniel Dravot (25-1); 3 Howardian Hills (7-2). 9 ran. 5/4; shd. Oly Williams. T: £1.60; £1.10, £6, £1.50. Ex: £28.60. Tric: £54.58. Trif: £86.50. CF: £31.85. NR: Double Coffee.

6.30: 1 SILVERTURNSTOGOLD Elisha Whittington (11-4); 2 Parallel World (5-2 jfav); 3 Motawaeq (5-2 jfav). 5 ran. 1/4; 1/4. A Carroll. T: £3.40; £1.70, £1.70. Ex: £10. CF: £9.75.

7.00: 1 CAPE GRECO Toby Eley (4-1); 2 Ai Sul Eile (5-1); 3 Glory of Paris (11-4 fav). 7 ran. 1/4; nk. Miss G Kelleway. T: £4.50; £1.50, £3.60. Ex: £19.60. Trifecta: £71.80. CF: £23.21.

7.30: 1 PUCHITA C Hardie (13-8 fav); 2 Jem Scuttie (5-2); 3 Wicklow Warrior (20-1). 8 ran. 6l; 1/4. A Brittain. T: £2.80; £1.20, £1.20, £5.30. Ex: £5.40. Tric: £50.20. Trif: £57. CF: £5.32.

PLACEPOT: £13.20 Q/POT: £3.60

CATTERICK

TEMPLEGATE

2.20.....The Herds Garden
2.50.....Django Django
3.20.....Zoutoise
3.50.....Pull Together
4.20.....Fresh New Dawn
4.50.....Wishing And Hoping
5.25.....Anythingforlove

TOM PEPPER

2.20.....Tim Rocco
2.50.....COOLE HALL (nap)
3.20.....Ilaya
3.50.....Pull Together
4.20.....Mamoo
4.50.....Wishing And Hoping
5.25.....Frascato Bello

TEMPLEGATE'S TRIO: Songo (Kempton) and Rivas Rob Roy (double, Lingfield) with Griggy (Kempton). TOM PEPPER'S DOUBLE: Coole Hall (Catterick) and Star Of Bengal (Kempton). SUNRATINGS' NAP: NEW WORLD TAPESTRY (7.15 Kempton). SIRIUS, Sun On Sunday, nap: TRANCHEE (7.45 Kempton).

■TIC-TAC: L-H oval track of 1m 2f, with eight fences a circuit and a 280yd run-in. ■TOP TRAINERS (2015-2020): D McCain 27-153, M Hammond 16-180, S England 10-38, R Menzies 10-40. THIS SEASON: S England 5, D McCain 4, M Hammond 4. ■TOP JOCKEYS (2015-2020): B Hughes 24-161, C O'Farrell 11-38, R Chapman 10-44. THIS SEASON: C O'Farrell 6, J England 5. ■LONGEST TRAVELLER: Go Long (3.50) trained at Llanfarcarn. Round trip of 550 miles. ■TRAINERFAX: D McCain won 3.20 in 2015 & 2016. ■JACKPOT: 1-6. ■FIRST RUN SINCE WIND OP: None. ■LIVE ON RACING TV

2.20 BLACK BULL MOULTON SELLING HANDICAP HURDLE (Class 5); winner £3,509; 2m. (8 runners)

1 7U12F/4 DAHILLS HILL 53 (H) L Morgan 8-11-13. Ross Chapman 89
2 8241559 THE HERDS GARDEN 26 (P;CD) D McCain 11-11-12. Brian Hughes 099
3 604580 TIM ROCCO 12 (P;T,D) O Greenall 8-11-9. Henry Brooke 91
4 36-4U7 PEPPER STREET 742 (T*) S England 5-11-7. Jonathan England 85
5 65P8 HIGHWAYMAN 38 D Thompson 7-11-5. Miss J Bedi (7) 86
6 3F7P88 GLOBAL THRILL 19 (P,T,D) B J Llewellyn 11-10-5. Rob Williams (3) 97
7 5120733 FLANAGANS FIELD 19 (B;D) B J Llewellyn 12-10-4. Charlie Price (5) 98
8 6PPPPP SKA RIDGE 22 (P,T) R Menzies 8-10-0. Conor O'Farrell 11
BETTING: 6-4 Flanagan's Field, 4 The Herds Garden, 11-2 Tim Rocco, 6 Dahills Hill, 10 Pepper Street, 12 Global Thrill, 16 Highwayman, 25 Ska Ridge
WHERE FAVOURITES FINISHED: 3 1 1 3 1
2019: Hey Bob 7-10-0 Sean Quinlan 9-2 (C Grant), 8 ran.

Sun Racing FORM

DAHILLS HILL (11-0) 66-1 tracked leaders, driven 5 out, last of 4 (well btm) to Annie Mc (11-6) (Wetherby 2m 3f nov ch (4) £4,606 soft).
THE HERDS GARDEN (11-3) 40-1 never dangerous, 9th of 15 (well btm) to Oscars Leader (11-7) (Bangor 2m 1f hcup hdl (4) £4,094 soft).
TIM ROCCO (11-4) 66-1 10th of 12 (btl 18l) to Zabeel Star (11-1) (Newcastle 2m NHF (4) £3,249 soft).
PEPPER STREET (10-3) 25-1 always

2.50 COUNTRYSIDE LADIES' DAY NOVICES' CHASE (4); value to the winner £5,133; 3m 1f. (5 runners)

1 171-3P1 DJANGO DJANGO 49 Jonjo O'Neill 7-11-4. Jonjo O'Neill Jr 95
2 6/P-322 COOLE HALL 68 (P*) R Dobbin 8-10-12. Craig Nichol 099
3 222P-43 JAMMIN MASTERS 34 (P) W Greathart 9-10-12. Richard Johnson 92
4 1454-66 STAY HUMBLE 50 P Robson 7-10-12. Brian Hughes 78
5 5/134-2 STRADIVARIUS DAVIS 60 A M Thomson 7-10-12. Ryan Mania 88
BETTING: 5-4 Django Django, 4 Coole Hall, Jammin Masters, 8 Stradivarius Davis
WHERE FAVOURITES FINISHED: 1
2019: Debecce 8-11-4 Alan Johns 1-6 Fav (T Vaughan), 3 ran.

Sun Racing FORM

DJANGO DJANGO (11-12) 7-1 driven to lead run-in, ran on, bt Notachance (11-12) 4/4 (8 ran) (Newbury 2m 7l hcup ch (3) £7,343 heavy).
COOLE HALL (11-0) 2-1 kept on, btl 8l by Tarada (11-0) (3 ran) (Wetherby 3m nov ch (4) £4,614 soft).
JAMMIN MASTERS (11-0) 11-1 led, ridden 2 out, headed last, 3rd of 5 (btl 3/4) to Theaghy (11-0) (Ffos Las 3m beg ch (4) £4,289 soft).
STAY HUMBLE (11-0) 40-1 headway 10th, driven, faded, 6th of 8 (btl 42l) to The Big Bite (11-0) (Doncaster 2/4m beg ch (4) £4,289 soft).
STRADIVARIUS DAVIS (11-0) 12-1 led, reminder and headed 3 out, led last, headed finish, btl nk by Schiehallion Munro (11-6) (3 ran) (Newcastle 2m nov ch (4) £4,289 soft).

3.20 LA FILLE ROUGE MARES' NOVICES' HURDLE (4); value to the winner £4,159; 2m. (10 runners)

1 -906141 ILAYA 36 (H;T,D) M Hammond 6-11-10. Emma Smith-Chaston (7) 97
2 43-026 LADY BABS 30 A Crook 6-10-12. John Kingston 82
3 407 LIGHTENING DANCE 27 D McCain 6-10-12. Brian Hughes 77
4 77P7 MILADYGRACE 33 P Kirby 5-10-12. Thomas Dowson 70
5 1606 MOVIN'ON UP 47 (P*) D Thompson 5-10-12. Craig Nichol 77
6 P7 PICKING PEACHES 52 R M Smith 5-10-12. Richie McLernon 71
7 06 VICKY CRISTINA 13 J Holt 5-10-12. Lewis Stones (7) 75
8 09 VIVA JEE VEGAS 14 Tjade Collier 5-10-12. Sam Coltherd (3) 72
9 18-32 ZOUTOISE 111 T R George 5-10-12. Jonathan Burke 099
10 06 SIMUL AMICIS 29 D Sayer 4-10-4. Conor O'Farrell 73
BETTING: 4-5 Zoutoise, 11-8 Ilaya, 10 Lightning Dance, 25 Picking Peaches
WHERE FAVOURITES FINISHED: 3 3 2 1
2019: Pink Legend 5-10-12 Charlie Deutsch 11-8 Fav (V Williams), 13 ran.

GOING: SOFT (HEAVY IN PLACES)

3.50 MILLBRY HILL HANDICAP CHASE (4); value to the winner £5,458; 2m. (7 runners)

1 -672364 NIVEN 12 (P;D) P Kirby 7-12-0. Thomas Dowson 96
2 13-5968 GO LONG 46 (P;D) E Williams 10-11-12. Adam Wedge 94
3 1/6F7-3 PULL TOGETHER 106 S Edmunds 8-11-6. Ciaran Gethings 85
4 10-6564 LAS TUNAS 62 (T;D) R M Smith 8-10-12. Richie McLernon 93
5 2211354 RINGARINGAROSIE 4 (D) M Todhunter 7-10-10 Danny McMenamin (3) 97
6 646466P KING GOLAN 15 (B,T) K Johnson 9-10-8. Sean Quinlan 099
7 471U375 MY RENAISSANCE 114 (T;D) S England 10-10-3. Jonathan England 98
BETTING: 9-4 Niven, 3 Pull Together, 9-2 Las Tunas, 7 Ringaringarosie, 8 Go Long, King Golan, 14 My Renaissance
WHERE FAVOURITES FINISHED: 2 2
2019: Halcyon Days 10-11-4 Conor O'Farrell 6-1 (Rebecca Menzies), 7 ran.

Sun Racing FORM

NIVEN (11-4) 22-1 led 2f out, ridden and lost place, 4th of 7 (btl 15l) to On The Blind Side (11-4) (Newcastle 2m NHF (4) £3,249 soft).
GO LONG (11-6) 11-1 rear, ridden 3 out, never nearer, 8th of 10 (btl 20l) to Billingsley (11-5) (Haydock 2m hcup ch (3) £9,747 heavy).
PULL TOGETHER (11-9) 13-2 held up, stayed on, 3rd of 6 (btl 14l) to Paddy's Poem (11-12) (Fakenham 2m hcup ch (4) £5,588 good).
LAS TUNAS (11-2) 5-1 shaken up 3 out, driven, kept on one pace, 4th of

4.20 CHELTENHAM FESTIVAL ON RACING TV HURDLE (4); winner £4,159; 3m 1f. (10 runners)

1 1162-36 SKIPTHESCALES 44 (P;D) S Corbett 8-11-12. James Corbett (5) 94
2 4333-15 TRANSPENNINE STAR 154 (B;BF) Jonjo O'Neill 7-11-5 Jonjo O'Neill Jr 92
3 66/0-40 KING OF FASHION 44 (T) I Duncan 10-11-3. Henry Brooke 85
4 3/5-173 FRESH NEW DAWN 29 O Murphy 8-11-3. Richard Johnson 94
5 22443 SCOTTISH ACCENT 16 R Menzies 7-11-0. Conor O'Farrell 92
6 -643121 MAMOO 8 (P;CD) S England 7-11-0(7ex). Jonathan England 88
7 243F552 CRAIG STAR 30 (P) D McCain 10-10-9. Brian Hughes 93
8 2P6724 STRIKE WEST 29 M Hammond 8-10-7. Miss Becky Smith (3) 97
9 611/465 FINAL FLING 68 (P) R Dobbin 9-10-2. Lorcan Murtagh (3) 98
10 2/57943 BROTHERLY COMPANY 42 (T) Miss J Foster 8-10-1. Sean Quinlan 099
BETTING: 3 Fresh New Dawn, 9-2 Mamoo, 5 Transpennine Star, 6 Craig Star, 7 Skipthescales, 10 Strike West, Final Fling, 14 Scottish Accent
WHERE FAVOURITES FINISHED: 1
2019: Iwilloit 6-10-13 Connor Brace 11-8 Fav (Sam Thomas), 6 ran.

Sun Racing FORM

SKIPTHESCALES (11-8) 7-2 prominent, outpaced 3 out, plugged on, 6th of 13 (btl 7/4) to Teescocomponentstrig (11-1) KING OF FASHION (11-6) 9-1 handy, soon lost place, weakened, 10th (btl 24l) (Newcastle 3m hcup hdl (4) £3,769 soft).
CRAIG STAR (11-4) 20-1 headway 4 out, not fluent 2 out or last, ran on, 3rd of 10 (btl 3l) to Midnight Aurora (11-1) TRANSPENNINE STAR (11-8) 3-1 fav led until 3 out, faded, 5th (btl 7l) (10 ran) (Huntingdon 3m 1f hcup hdl (4) £3,899 good).
FRESH NEW DAWN (11-7) 7-1 held up, smooth headway 2 out, ran on, 3rd of 11 (btl 1/4l) to Supakalistic (11-9) (Market Rasen 2m 7f hcup hdl (4) £4,094 good to soft).
SCOTTISH ACCENT (11-3) 40-1 one pace, ridden and kept on, 3rd of 7 (btl 13l) to Multellie (11-9) (Carlisle 2m 3f nov hdl (4) £4,549 soft).

4.50 SUPPORT JACK BERRY HOUSE NOVICES' HUNTERS' CHASE (5); winner £2,496; 3m 1f. (6 runners)

1 /11-112 WISHING AND HOPING 18 (BF) P Rowley 10-12-2. Mr A Edwards 099
2 02705-3 CRAGGACKNOCK 32 S W Byrnes 9-11-12. Mr J Teal (7) 87
3 3P-55 GEORDIE 38 (T*) N Sanderson 7-11-12. Mr R Wilson (7) 70
4 322/F1- LIGHT FLICKER 466 R Potter 8-11-12. Mr J Andrews (3) 84
5 -11P12 WATERLOO WARRIOR 20 (B,T) J Slater 8-11-12. Mr J King 98
6 112-331 ABSAINT 18 R Tate 8-11-5. Mr P Armon (5) 73
BETTING: 4-5 Wishing And Hoping, 4 Waterloo Warrior, 8 Craggacknock, Absaint
WHERE FAVOURITES FINISHED: 3 1 2
2019: Diplomat Sivola 6-12-6 Mr D Maxwell 4-7 Fav (P Hobbs), 8 ran.

5.25 FLAT SEASON NEXT APRIL 8 NH FLAT RACE (CONDOS/AMATS) (5); £2,924; 2m. (6 runners)

1 619 PENNINE CROSS 32 (CD) P Kirby 5-11-8. Joe Williamson (7) 94
2 1 ANYTHINGFORLOVE 64 (D) J Snowden 5-11-1. Page Fuller (3) 98
3 3 BRING THE BACON 93 T R Grettton 5-11-1. Jack Tudor (5) 099
4 336 FOSTER'SISLAND 32 M Hammond 5-11-1. Emma Smith-Chaston (7) 84
5 FRASCATO BELLO (H*) Jonjo O'Neill 5-11-1. Jonjo O'Neill Jr 97
6 8 TEESCOMPONENTS 32 G Boanas 4-10-7. Miss Emma Todd (5) 73
BETTING: 4-5 Anythingforlove, 3 Frascato Bello, 10 Bring The Bacon, Pennine Cross
WHERE FAVOURITES FINISHED: 2 2 1

LADBROKES AW FLAT CARD

GOING: STANDARD

TEMPLEGATE TOM PEPPER

2.30.....Vertice	2.30.....Golden Times
3.00.....Renardeau	3.00.....Emenem
3.30.....Pitcher's Point	3.30.....London Arch
4.00.....Rivas Rob Roy (nb)	4.00.....Weloof
4.30.....Corvair	4.30.....Will To Win
5.00.....Percy's Prince	5.00.....Mr Fox

■TIC-TAC: Polytrack all-weather course, left-handed and 1m 2f round. ■DRAW: Little effect. ■LEADING TRAINERS (2015-2020): M Johnston 76-387, J Gosden 59-236, A Watson 56-277, G L Moore 46-412. THIS SEASON: M Johnston 5, A Watson 5, S Walker 3. ■TOP JOCKEYS (2015-2020): L Morris 129-1003, T Marquand 72-474, S De Sousa 59-317, D Probert 55-508. THIS SEASON: L Morris 10, J Mitchell 6, D Probert 5. ■LONGEST TRAVELLER: Golden Times (2.30), Quantum Dawn (3.30), Lion Tower (4.30), Desert Safari (4.30) trained at Middleham. Round trip of 540 miles. ■JACKPOT: 1-6. ■FIRST RUN SINCE WIND OP: None. ■LIVE ON SKY SPORTS RACING

2.30 LADBROKES 'PLAY 1-2-FREE' ON FOOTBALL HCAP (Class 6); 3-y-o; winner £2,782; 1m 4f. (12 runners)

1 (3) 00-334 VERTICE 16 M Botti 9-7.....	Stefano Cherchi (7) 97
2 (12) 070-7 CRITIQUE 39 (B*) E Walker 9-5.....	Luke Morris 96
3 (11) 07-9 PAINT IT BLACK 49 S Kirk 9-4.....	Rob Hornby 91
4 (7) 84659-8 SLAVONIC DANCE 16 J Boyle 9-4.....	Charlie Bennett 85
5 (6) 0277-46 SARACEN STAR 18 (P*) J S Moore 9-1.....	Tom Marquand 99
6 (4) 0-40 SHARNEY 42 A Watson 8-13.....	Doubtful 98
7 (1) 0867-45 DEPARDIEU 9 F Brennan 8-11.....	Levi Williams (7) 98
8 (10) 506-608 GOLDEN TIMES 83 M Johnston 8-10.....	Franny Norton 92
9 (2) 007-67 DAME DENALI 49 A Carson 8-7.....	William Carson 96
10 (9) 089-5 EVAPORUST 40 (P) M Usher 8-7.....	William Cox (3) 96
11 (8) 00-784 SEA BRIGHT 18 M Attwater 8-7.....	Adrian McCarthy 88
12 (5) 665-876 CONTRACT KID 16 (P) M Loughnane 8-7.....	Kieran O'Neill 91

BETTING: 4 Evaporust, 5 Vertice, 6 Golden Times, 7 Critique, 12 Saracen Star, 14 Paint It Black, Dame Denali, Contract Kid

WHERE FAVOURITES FINISHED: 1

2019: Glutnforpunishment 9-9 Danny Brock 4-7 Fav (N Littmoden) drawn 2, 2 ran.

Sun Racing FORM

VERTICE (9-1) 7-1 starting to lose place when hampered 1f out, 4th of 9 (btn 4¹/₂) to Mr Shady (9-8) **CRITIQUE** (9-4) 7-1 weakened 2f out, 7th (6¹/₂) **SEA BRIGHT** (8-2) 28-1 outpaced, 8th (7) (10 ran) (Lingfield 1¹/₂m hcap (6) £3,332 AW).

SARACEN STAR (8-12) 16-1 handy, pushed along 3f out, kept on, 4th of 10 (2¹/₂) to Mr Shady (9-8) **CRITIQUE** (9-4) 7-1 weakened 2f out, 7th (6¹/₂) **SEA BRIGHT** (8-2) 28-1 outpaced, 8th (7) (10 ran) (Lingfield 1¹/₂m hcap (6) £2,782 AW).

PAINT IT BLACK (9-5) 40-1 pushed along 3f out, weakened 2f out, 9th of 10 (btn 19) to Longsider (9-5) (W'hampton 1m 1f (5) £3,429 AW).

SLAVONIC ANCE (8-10) 100-1 always behind, tailed off, 8th of 9 (17) to inevitable Outcome (8-13) (Kempton 7f hcap (5) £3,752 AW).

SEA BRIGHT (8-2) 33-1 held up, no further progress final furlong, 4th of 7 (7) to Dazzling Darren (8-6) **SARACEN STAR** (8-13) 12-1 rear, struggling 2f out, 6th (17) (7 ran) (Lingfield 1¹/₂m hcap (6) £2,782 AW).

DEPARDIEU (7-9) 100-1 reminders 4f out, never a factor, 5th of 6 (btn 10) to Dazzling Darren (8-4) (W'hampton 1¹/₂m hcap (5) £3,429 AW).

GOLDEN TIMES (9-0) 80-1 ran on, 6th of 9 (10) to Millionaire Waltz (9-2) **PAINT IT BLACK** (9-5) 18-1 pushed along 2f out, no extra, 7th (11) (W'hampton 7f mdn (4) £5,111 AW).

DAME DENALI (8-10) 66-1 ridden 2f out, never nearer, 7th of 12 (btn 3¹/₂) to Nikolayeva (9-2) (W'hampton 1m 1f hcap (6) £2,782 AW).

EVAPORUST (8-6) 25-1 pushed along 2f out, kept on same pace, 5th of 11 (btn 1¹/₂) to Trecco Bay (9-6) (Lingfield 1m hcap (6) £2,782 AW).

3.00 BETWAY HANDICAP (4); value to the winner £5,208; 1m 4f. (7 runners)

1 (7) 125-4-3 GIVING GLANCES 25 (P*;CD) A King 5-9-7.....	Martin Harley 95
2 (4) 14-7680 BERRAHHI 17 (C,D) J Best 9-9-6.....	Kieran O'Neill 97
3 (2) 41135-6 EMENEM 25 (C) S Dow 6-9-4.....	Silvestre De Sousa 98
4 (4) 12-077-TOUCHESOUL J41 (E*) G L Moore 5-9-1.....	Hector Crouch 86
5 (1) 59112-2 RENARDEAU 25 (P;CD) A Stronge 4-9-0.....	Tom Marquand 99
6 (6) 6215-76 LEXINGTON LAW 33 (V;CD) A King 7-8-11.....	David Probert 96
7 (5) 5634-8-OURMULLION J12 (B,T;G) F Brennan 6-8-8.....	Joey Haynes 85

BETTING: 6-4 Renardue, 7-2 Giving Glances, 5 Emenem, 6 Berrahri, 10 Touchthesoul, 12 Lexington Law, 20 Ourmullion

WHERE FAVOURITES FINISHED: 3

2019: Love Rat 4-8-7 Philip Prince 5-2 (S Dixon) drawn 3, 3 ran.

Sun Racing FORM

RENARDEAU (8-11) 7-2 driven to challenge over 2f out, kept on well, btn ¹/₂ by Battle Of Marathon (9-11) **GIVING GLANCES** (9-7) 4-1 outpaced 3f out, never a threat, 3rd (btn 5¹/₂) **EMENEM** (9-8) 6-1 lost place final furlong, last (7¹/₂) (6 ran) (Lingfield 1¹/₂m app hcap (4) £5,208 AW).

BERRAHHI (9-8) 12-1 behind, outpaced, 13th of 14 (12) to Wargrave (8-13) (Saint Moritz 1¹/₂m hcap fast).

TOUCHESOUL (9-4) 8-1 held up, soon ridden and weakened, last of 7 (8¹/₂) to Simoon (9-4) (Goodwood 1m 1f hcap (4) £5,434 heavy).

LEXINGTON LAW (8-11) 16-1 shaken up 3f out, well beaten 1f out, 6th of 7 (12) to El Ghazwani (9-6) (Lingfield 1¹/₂m hcap (3) £7,439 AW).

OURMULLION (9-4) 33-1 outpaced, 8th of 12 (btn 6¹/₂) to Sufi (9-10) (Bath 1m 5f hcap (5) £3,752 good).

3.30 LADBROKES WHERE THE NATION PLAYS NOVICE STAKES (5); 3-y-o; £3,429; 1m 2f. (6 runners)

1 (3) 2-1 LONDON ARCH 55 C Followes 9-2.....	Stevie Donohoe 98
2 (1) IHEARALOTORIES M Attwater 9-2.....	Luke Morris -
3 (4) 322 PITCHER'S POINT 20 (BF) J Gosden 9-2.....	Robert Havlin 99
4 (5) 7 QUANTUM DAWN 26 M Johnston 9-2.....	Joe Fanning 71
5 (2) ROCKMORE J Portman 9-2.....	Rob Hornby -
6 (6) MARGUERITEDEVALOIS J Gosden 8-11.....	Doubtful -

BETTING: 4-5 Pitcher's Point, 6-4 London Arch, 16 Quantum Dawn, 25 Rockmore

WHERE FAVOURITES FINISHED: 3

Sun Racing FORM

LONDON ARCH (9-5) 15-8 fav led 2f out, pushed along and ran on, bt Salsada (9-0) 1¹/₂ **PITCHER'S POINT** (9-5) 5-2 in touch, kept on same pace, 3rd (btn 2¹/₂) (10 ran) (Newcastle 1m (4) £5,208 AW).

PITCHER'S POINT (9-5) 4-5 fav led, driven final furlong, headed close home, nk by Da Vinci (9-5) (6 ran) (Chelmsford 1¹/₂m (4) £5,331 AW).

QUANTUM DAWN (9-5) 10-1 soon behind and outpaced, no danger, 7th of 8 (btn 15) to Iron Heart (9-5) (Southwell 1m mdn (5) £3,429 AW).

IHEARALOTORIES Finjaan gelding out of Star Precision. Half-brother to six-time winner Astra Hall.

ROCKMORE Mukhadram colt out of Double Star. Only cost 10,000gns and best watched on debut.

ABC: C-Catterick, K-Kempton, L-Lingfield

Absainte 4.50C	Dahills Hill 2.20C	Ho Leng Lui 6.45K	Naval Commander 7.15K	Star Of Bengal 5.15K
Accomplise 4.00L	Dame Denali 2.30L	Home Before Dusk 5.15K	New World Tapestry 7.15K	Stam Humble 2.50C
Affable 6.45K	Depardieu 2.30L	Hurcle 4.30L	Niven 3.50C	Stay Muddy 7.45K
Al Asei 7.45K	Desert Safari 4.30L	Ihearalotories 3.30L	Note Bleu 6.45K	Storming Jibrelle 6.45K
Al Daiha 4.00L	Dinsdale 4.54K	Ilaya 3.20C	Odds On Oli 4.00L	Stradivarius Davis 2.50C
Alramz 5.00L	Django Django 2.50C	Impart 8.15K	Oloroso 7.45K	Strike West 4.20C
Amor Kethley 8.15K	Double Legend 5.45K	Incredible Dream 5.45K	Ourmullion 3.00L	Stynes 5.00L
Anythingforlove 5.25C	Eaglesglen 6.45K	Jammim Masters 2.50C	Paint It Black 2.30L	Surrey Blaze 6.15K
Atletico 7.45K	El Salvaje 6.45K	Jawshan 6.15K	Pennine Cross 2.52C	Tanqeeb 4.00L
Ayr Harbour 7.15K	Embrace The Moment 5.45K	King Golan 3.50C	Pepper Street 2.20C	Teescotpyssy 5.25C
Ballydoyle 5.45K	Emenem 3.00L	King Of Fashion 4.20C	Percy's Prince 5.00L	The Herds Garden 2.20C
Banta Bay 5.00L	Evaporust 2.30L	Lady Babs 3.20C	Phoenix Star 8.15K	The Warrior 4.00L
Barrington 7.45K	Ezzrah 5.00L	Lady Pendragon 6.45K	Picking Peaches 3.20L	Tim Rocco 2.20C
Be Fair 6.15K	Felix 5.15K	Las Tunas 3.50C	Pitcher's Point 3.00L	Tintoretto 7.45K
Berlin Tango 7.15K	Final Choice 5.00L	Lexington Law 3.00L	Pride Of Angels 7.45K	Tomshalfbrother 8.15K
Berrahri 3.00L	Final Fling 4.20C	Light Flicker 4.50C	Purple Paddy 4.00L	Touchthesoul 3.00L
Black For Life 5.45K	Flanagans Field 2.20C	Lightening Dance 3.20C	Quantum Dawn 3.30L	Tranchee 7.45K
Black Isle Boy 8.15K	Foster's Island 5.25C	Lion Tower 4.30L	Ramatuelle 5.00L	Transpennine Star 4.20C
Black Prince 5.00L	Frascato Bello 5.25C	London Arch 3.30L	Renardeau 3.00L	Trigger Happy 6.45K
Brambledown 6.15K	Fresh New Dawn 4.20C	Lord Howard 5.00L	Rivarob Roy 4.00L	Triple Spear 4.30L
Bring The Bacon 5.25C	Fronscac 5.45K	Luck Of Clover 6.15K	Rockmore 3.30L	Uncle Bernie 5.00L
Brotherly Company 4.20C	Fuajira King 7.45K	Lucky's Dream 5.15K	Rockstar Max 6.15K	Vertice 2.30L
Broughton Excels 8.15K	Genuine Approval 6.15K	Mamoo 4.20C	Ruff After Genesis 4.00L	Vicky Cristina 3.20C
Broughtons Flare 7.45K	Geordie 4.50C	Margueritevalois 3.30L	Saracen Star 2.30L	Viva Jez Vegas 3.20C
Cemhaan 6.45K	Giving Glances 3.00L	Miladygrace 3.20C	Scottish Accent 4.20C	Vnannon 5.00L
Chares 7.15K	Glendon 6.15K	Mirabai 6.15K	Sea Bright 2.30L	Wally's Wisdom 6.15K
Chocco Star 8.15K	Global Thrill 2.20C	Misty 4.00L	Sharney 2.30L	Weloof 4.00L
Chookie Dunedin 7.45K	Go Long 3.50C	Mont Kiara 8.15K	Simul Amicis 3.20C	White Mocha 5.15K
Contract Kid 2.30L	Golden Times 2.30L	Monsieur Fox 5.00L	Ska Ridge 2.20C	Will To Win 4.30L
Coolie Hall 2.50C	Griggy 8.15K	Mr Top Hat 7.45K	Skipthescales 4.20C	Willkommen 6.15K
Corvair 4.30L	Hamish Macbeth 4.30L	My Law 4.00L	Slavonic Dance 2.30L	Win Win Power 6.45K
Coverham 7.45K	Herm 5.45K	My Renaissance 3.50C	Song Of Pompeia 6.45K	Wishing And Hoping 4.50C
Craggacknock 4.50C	Heron 5.00L	Hey Ho Let's Go 8.15K	Songso 4.54K	Youkan 7.45K
Craig Star 4.20C	Highwayman 2.20C	Mytown Chicago 8.15K		Zoutoise 2.20C
Crimson King 5.45K		Mytown Chicago 8.15K		
Critique 2.30L		Mytown Chicago 8.15K		

1GM

4.00 BOMBARDIER 'MARCH TO YOUR OWN DRUM' HCAP (6); value to the winner £2,782; 1m. (11 runners)

1 (10) 7762-26 WELOOF 27 (CD) J Butler 6-9-7.....	Dylan Hogan (3) 99
2 (8) 174036-RUN AFTER GENESIS 65 (P) B Johnson 4-9-7.....	Jack Mitchell 85
3 (11) /3472-14 AL DAIHA 54 (H) E Walker 4-9-6.....	Luke Morris 97
4 (7) 4760-15 TANQEEB 27 I Williams 4-9-6.....	Silvestre De Sousa 92
5 (6) 97925-1 THE WARRIOR 18 (CD) L Carter 8-9-4.....	Daniel Muscutt 91
6 (2) 9116-53 PURPLE PADDY 18 (D) J Fox 5-9-1.....	Thore Hammer Hansen (5) 90
7 (9) 8205-16 MY LAW 19 M Appleby 4-8-12.....	Doubtful 92
8 (4) 2981-05 ODDS ON OLI 16 (T*;D) R Fahey 5-8-11.....	Sean Davis (3) 98
9 (5) 0059-02 MISTY 40 (V*) R Beckett 4-8-11.....	Rob Hornby 91
10 (3) 187-641 RIVAS ROB ROY 8 (B;C) J Gallagher 5-8-10.....	Darragh Keenan (3) 91
11 (1) 34356-3 ACCOMPLICE 13 (CD) M Blanshard 6-8-10.....	David Probert 87

BETTING: 11-4 Rivas Rob Roy, 11-2 Al Daiha, 7 The Warrior, 8 Misty, Purple Paddy, 10 Tanqeeb, Weloof, 12 Accomplise, Run After Genesis

WHERE FAVOURITES FINISHED: 5-6 0 1 1

2019: Toriano 6-9-10 D Alberca-Gavilan 6-4 Fav (N Littmoden) drawn 6, 4 ran.

Sun Racing FORM

TANQEEB (9-5) 4-1 mid-division, one pace, 5th of 12 (btn 4¹/₂) to Velvet Vision (9-5) **WELOOF** (9-3) 9-1 held, 6th (btn 5¹/₂) (12 ran) (Chelmsford 1m hcap (6) £2,846 AW).

RUN AFTER GENESIS (9-5) 11-2 every chance, kept on run-in, 6th of 13 (btn 1¹/₄) to Bond Angel (9-6) (Lingfield 1¹/₂m hcap (6) £2,782 AW).

AL DAIHA (9-5) 8-1 led final furlong, driven, headed finish, btn ¹/₂ by Noble Peace (9-10) (10 ran) (Lingfield 1¹/₂m hcap (6) £2,782 AW).

THE WARRIOR (9-1) 12-1 in touch, led inside final furlong, driven out, bt Shaffire (8-13) ¹/₂ **PURPLE PADDY** (8-9) 7-1 ran on, 3rd (btn ¹/₂) (11 ran) (Lingfield 1m hcap (6) £2,782 AW).

ODDS ON OLI (9-2) 6-1 one pace, 5th of 6 (btn 5¹/₂) to Janus (8-11) (Lingfield 1¹/₂m hcap (6) £3,332 AW).

MISTY (9-5) 20-1 ran on inside final furlong, btn ¹/₂ by Azets (9-6) (11 ran) (Lingfield 1m hcap (6) £2,782 AW).

RIVAS ROB ROY (9-5) 7-1 made all, drew clear 1f out, easily, bt Come On Bear (8-10) 4f (11 ran) (Lingfield 7f app hcap (6) £2,782 AW).

ACCOMPLICE (9-5) 12-1 not clear run, stayed on well, 3rd of 11 (btn 3¹/₂) to Moca Magica (9-4) (Chelmsford 1m hcap (6) £2,846 AW).

4.30 LADBROKES HOME OF THE ODDS BOOST HANDICAP (3); 3-y-o; winner £7,246; 6f. (7 runners)

1 (6) 51-111 WILL TO WIN 25 (CD) S Crisford 9-9.....	Jack Mitchell 89
2 (7) 1132-3 DESERT SAFARI 14 (D) M Johnston 9-7.....	Joe Fanning 98
3 (5) 51135-3 HAMISH MACBETH 8 (D) H Palmer 9-3.....	Jason Watson 97
4 (2) 221-1 CORVAIR 44 (C) S Crisford 9-1.....	Silvestre De Sousa 86
5 (1) 811 LION TOWER 28 (D) M Johnston 8-7.....	Franny Norton 85
6 (4) 1-4 HURCLE 27 R Fahey 8-7.....	Sean Davis (3) 99
7 (3) 4331-71 TRIPLE SPEAR 34 M Appleby 8-5.....	Luke Morris 89

BETTING: 11-4 Corvair, 3 Will To Win, 4 Lion Tower, 11-2 Hamish Macbeth, 8 Desert Safari, 10 Triple Spear, 12 Hurcle

WHERE FAVOURITES FINISHED: 1 2

2019: Champagne Mondays 8-7 Philip Prince 11-10 (S Dixon) drawn 2, 2 ran.

Sun Racing FORM

WILL TO WIN (9-7) 7-4 fav made all, sent clear well over 1f out, ran on well, bt Never Before (9-0) ¹/₂ (5 ran) (Lingfield 6f hcap (3) £7,246 AW).

DESERT SAFARI (9-0) 6-1 chance 1f out, no extra closing stages, 3rd of 5 (btn 2) to Lord Of The Lodge (9-0) (Newcastle 6f (2) £18,675 AW).

HAMISH MACBETH (9-7) 7-2 held up, headway 1f out, kept on same pace, 3rd of 7 (1¹/₂) to Auchterader (9-4) (Lingfield 6f hcap (3) £7,246 AW).

CORVAIR (9-13) 1-3 fav led 1f out, all out, bt Lethal Talent (9-1) ns (4 ran) (W'hampton 7f hcap (4) £5,208 AW).

LION TOWER (9-9) 5-4 fav made all, snugly, bt Big Impact (9-2) 2f (8 ran) (Southwell 6f nov (5) £3,429 AW).

HURCLE (9-9) 5-2 pulled hard, soon one pace and beaten 1f out, 4th of 7 (5¹/₂) to Special Lady (8-11) (Newcastle 7f nov (5) £3,429 AW).

TRIPLE SPEAR (9-3) 3-1 hung led 1f out, led final furlong, ran on strongly, bt Astrozone (8-12) 2¹/₂ (7 ran) (Southwell 5f hcap (5) £3,429 AW).

5.00 HEED YOUR HUNCH AT BETWAY HANDICAP (6); value to the winner £2,782; 2m. (14 runners)

1 (10) 67478-5 FINAL CHOICE 51 (P;D) A West 7-9-7.....	Jack Mitchell 85
2 (4) 3086-63 HERON 19 B Johnson 6-9-6.....	Daniel Muscutt 98
3 (7) 71411-9 STYNES 29 (T) G McPherson 10-9-2.....	Rob Hornby 90
4 (2) 5781-39 UNCLE BERNIE 37 (P;CD) S Hollinshead 10-9-1.....	James Sullivan 98
5 (1) 0025-48 EZZRAH 40 M Attwater 4-9-1.....	David Probert 99
6 (5) 43144-4 BANTA BAY 62 (P) J Best 6-9-0.....	Josephine Gordon 97
7 (12) 647-352 MR FOX 22 M Attwater 4-9-0.....	Luke Morris 97
8 (9) 30314-0 BLACK PRINCE 35 (P*;D) M Keighley 6-8-11.....	Franny Norton 89
9 (3) 198-569 RAMATUELLE 7 (P) L Mongan 4-8-11.....	William Carson 98
10 (11) /67504-ALRAMZ 11 L Carter 4-8-10.....	Callum Shepherd 97
11 (14) 610-777 LORD HOWARD 8 (V) M Channon 4-8-10.....	George Bass (7) 96
12 (6) 49-289-VLANNON J68 M Madgwick 5-8-9.....	Kieran O'Neill 94
13 (13) 438-765 PERCY'S PRINCE 32 (D) A Perrett 4-8-9.....	Joe Fanning 97
14 (8) 0000-67 MONSIEUR FOX 50 L Richards 5-8-7.....	Thore Hammer Hansen (5) 95

BETTING: 5 Mr Fox, 11-2 Ezzrah, 13-2 Heron, 7 Banta Bay, 8 Percy's Prince, 10 Alramz, 12 Lord Howard, Vlannon, 16 Monsieur Fox

WHERE FAVOURITES FINISHED: 1

2019: Sea's Aria 8-9-6 M Sanna 1-5 Fav (M Hoad) drawn 3, 2 ran.

Sun Racing FORM

FINAL CHOICE (10-12) 12-1 slowly away, in touch, kept on 1f out, 5th of 7 to Le Musee (11-0) (Southwell 2m amat hcap (6) £2,683 AW).

HERON (9-10) 9-1 rear, no impression on winner 1f out, one pace, 3rd of 7 (btn 5¹/₂) to Estrela Star (9-12) (Lingfield 2m hcap (6) £2,782 AW).

STYNES (9-7) 25-1 never dangerous, 9th of 14 (18) to Estrela Star (9-2) (Kempton 2m hcap (6) £3,105 AW).

UNCLE BERNIE (9-5) 28-1 9th of 13 (12) to Running Cloud (10-1) (W'hampton 1¹/₂m amat hcap (5) £3,307 AW).

EZZRAH (8-1) 11-4 took keen hold, rear, well beaten 1f out, 6th of 7 (btn 8¹/₂) to Star Talent (8-0) (W'hampton 1¹/₂m claim (5) £3,429 AW).

BANTA BAY (9-0) 7-1 led 1f out, headed inside final furlong, 4th of 9 (1¹/₂) to Que Quieres (8-9) (Chelmsford 1¹/₂m hcap (6) £2,846 AW).

MR FOX (9-0) 9-2 kept on, btn 6¹/₂ by Estrela Star (9-5) (9 ran) (Chelmsford 1¹/₂m hcap (6) £3,493 AW).

BLACK PRINCE (9-7) 40-1 weakened, 12th of 14 (17) to River Dart (9-5) (Kempton 2m hcap (6) £3,105 AW).

RAMATUELLE (9-0) 66-1 outpaced, 9th of 13 (15) to Songo (8-13)



WELCOME... Zak Crawley arrives at hotel in Sri Lanka

Team spirit is the Kea to it

KEATON JENNINGS has promised to support England openers Dom Sibley and Zak Crawley on his return to the national set-up.

Jennings arrived in Sri Lanka yesterday, having been recalled following Rory Burns' ankle injury. And the Lancashire star said: "They are two very good blokes and two guys who are working very hard at their game. "Whether I get the chance or not, I'm here to help England win. "If I play, that's awesome. If I end up mixing drinks, I'll do that. You

By JACK ROSE

cannot underestimate the level of support everyone offers each other.

"The casual fan behind their social media account might not understand that when they are peppering you with abuse, but the guys in this dressing room are incredibly supportive.

"I've had a battering at times. There are times when you see things you don't want to see, or hear things in the street.

"I've got to make sure I'm big and strong enough to know where my values are."

WALES have been boosted by news fly-half Dan Biggar looks set to face England.

The Dragons feared their most impressive performer in a stop-start Six Nations campaign might miss both remaining matches.

Northampton Saints star Biggar limped off early with a knee injury during Saturday's defeat by Saracens.

But when the 30-year-old returned to the Welsh set-up, medics ruled he did not even need a scan – and should be fit after a few days' rest.

Assistant coach Sam Warburton revealed Biggar did light training yesterday and was "very confident" the player would be fit for their

By DAVID FACEY

Twickenham showdown on Saturday.

Warburton said: "He is looking good – initial signs are positive. We just need to see how he feels over the next couple of days.

"Feedback from the physios has been great. Dan is on course, so it is good news.

"In a game of this magnitude, and with a player of his importance, you would be happy to wait until the last possible moment before making a decision.

"But the way it looks, we're very confident he'll be ready."

Warburton, who captained Wales to their last win at

Twickenham at the 2015 World Cup, said they can also call on wing Liam Williams, 28, and back-rower Josh Navidi, 29.

Both were forced to miss the first three Six Nations matches through injury.

George North, 27, has also passed concussion tests after being laid out in a collision with Gael Fickou in their 27-23 home defeat by France.

North will have another independent check-up as an added precaution because this was the sixth time he has been concussed in his career.

But Wales are confident he will be given the all-clear.

Scarlets star Williams has not played since damaging an ankle just before the World Cup semi-final in October. But

Wales may gamble on his fitness after top try-scorer Josh Adams was ruled out with an ankle injury.

Cardiff Blues ace Navidi was expected to miss the entire Six Nations campaign having pulled a hamstring in training before the opening match against Italy.

Warburton added: "Liam definitely looks ready. He's back in full training and if you ask him, he was ready to play against France.

"Josh is also training flat-out again. It's great to have that physicality, dynamism, ball-carrying ability and work on the floor he brings.

"It will be great to have some big-game players back for such a tough match."

IT SAINT SO BAD... Biggar went off with a knee injury during Northampton's loss to Saracens



BIGGAR WALES RECORD (2008-pres)	
Matches	82
Starts	65
Points	425
Points per game ...	5.18
Win rate	57%

Sport

ENGLAND Women are facing T20 World Cup woe because they came second in their group.

Their Sydney semi against India tomorrow may be rained off and, with no reserve days, they will be eliminated.

SHORT

Sport

TEAM INEOS sporting director Nicolas Portal, the mastermind behind Chris Froome's four Tour de France wins, has died, aged 40.

A statement read: "RIP Nico, your spirit will always be with us."

SHORT

WID WEIRD

By GARY CARTER

WOLVES boss Steve Price is baffled at Gareth Widdop's exclusion from the England reckoning.

The Warrington ace has been left out of new national coach Shaun Wane's first group.

Widdop played in the 2017 World Cup final and on Great Britain's comeback tour last year.

Price said: "Gareth has been really consistent when he's played for his country and represented his country with a lot of honour, I feel."

Wigan star Zak Hardaker is back after missing out last year, along with Liam Farrell and Dom Manfredi, who returns from a serious knee injury.

ENGLAND GROUP: Charley, Clark, Cooper, Currie, Hill, Hughes, Philbin, Ratchford (all Warrington); Evals, Sarginson (both Salford); Farrell, Gildart, Hardaker, Manfredi (all Wigan); Gale, Newman (both Leeds); Griffin, Jones, Taylor (all Hull FC); Johnstone, Lyne (both Wakefield); Lomax, Makinson, Percival, Roby, Thompson, Walmsley (all St Helens); McShane, Watts (both Castleford); McGillivray (Huddersfield); Tomkins (Catalans).

AJ: Mum's call made me box

ANTHONY JOSHUA has told how a 5am phone call from his mum changed him for ever.

The WBA, IBF and WBO heavyweight champ moved as a kid to mother Yeta's Nigeria homeland.

He told The Players' Tribune: "My school was called The Bells for a good reason. At 5am, staff would ring these bells to wake us up. If you did not get up, you were in serious trouble.

"We'd iron our clothes in the morning and wash them at night.

"Every morning we'd fetch our own water."

By GARY STONEHOUSE

Joshua returned to the UK as a teenager but got in with the wrong crowd.

He said: "You sold bikes, cars, chains. I didn't see what else came with it, just the paper notes.

"But one night I was sleeping in a hostel when my phone rang at 5am.

"It was my mum asking why there were 10 police officers at her door.

"That's when I realised, 'I've got to change'. That's how I found boxing."

DILLIAN WHYTE has confirmed a May 2 clash with Alexander Povetkin.

ENGLAND v WALES 3 DAYS TO GO

King Manu

TUILAGI BATTERS PALS...AT CHESS

PAWN STAR Manu Tuilagi is hammering his England mates at chess.

The battering-ram centre, 28, is proving he is just as much of a bruiser off the pitch ahead of their titanic tussle with Wales on Saturday.

Rook-ie Henry Slade was one of his latest victims.

Exeter Chiefs star Slade, 26, could partner Tuilagi in mid-field at Twickenham as Eddie Jones' side hunt a Triple Crown.

And he revealed: "Manu just kills me at chess.

"I have only played him a couple of times and it has only lasted about 30 seconds each time. He is unbelievable

By JONNY FORDHAM

at it. Once he starts something, he wants to be really good at it – and he has put a lot of hours into it.

"I haven't played much before so it was a bit of a rude awakening."

Fit-again Tuilagi (right), who only started playing the game six months ago,

explained: "I got into it in Japan during the World Cup.

Now I am obsessed with it. Jonny May is the grand master and we play quite a few games.

"We're even at the moment and it's quite good to relax between training.

"We play quite a few games here. Lewis Ludlam, Gengey plays, Ollie Thorley – the worst is George Kruijs.

"If I'm in white, I'll attack. If you're in white, you have the opportunity to attack first.

"When you attack you have to go all in.

"As soon as you let your

foot off the gas, you'll be losing."

Boss Jones last night kept hold of 27 players to train for the rest of the week.

England's massive 24-12 win over Ireland last time out has put them right back in the Six Nations title mix.

Jones' men are second in the table behind Grand Slam-chasing France.

Flanker Mark Wilson and wing Anthony Watson are both set for their first taste of action in this tournament after recovering from injuries.

ENGLAND SQUAD: Cowan-Dickie, Curry, Earl, Ewels, Genge, George, Itoje, Kruijs, Launchbury, Lawes, Ludlam, Marler, Sinckler, Stuart, Underhill, Wilson, Daly, Farrell, Ford, Furbank, Heine, Joseph, May, Slade, Tuilagi, Watson, Youngs.



JONES ... yesterday

Axed

From Back Page

the Red Rose squad on Monday, Vunipola has not attended camp at all, after medics told him to stay away following his stop-over in Asia.

An RFU spokeswoman said: "Mako is not in camp on medical grounds. "He is not sick — but it is a precaution."

Red Rose forwards coach Matt Proudfoot added: "Mako won't be available for the weekend. "We were excited to have him back, he is a great presence and a very experienced player but we have great depth."

Rugby is already on red alert over coronavirus and Ireland called off this weekend's game with Italy.

NHS England declared the outbreak a level-four incident — the highest level — as confirmed UK cases rose to 51.

On Monday, Six Nations bosses met with World Rugby chiefs in Paris and vowed to carry on unless they were told to stop by government officials.

But last night reports claimed the Italian government was discussing a full suspension of sporting events for a MONTH.

Italy saw a steep rise in their coronavirus figures yesterday — with 2,263 cases overall and the death toll climbing to 79, 27 up from Monday.

A full-scale suspension on sport would bring major doubt over the Italy v England Six Nations clash a week on Saturday.

Catalans Dragons' fears their Super League season may be wrecked by the virus have been eased.

The French side were assured by politicians in the area they can host matches — despite the nation banning indoor gatherings of more than 5,000 people.

CORONAVIRUS CHAOS

MIND GAMES



FEAR FACTOR
... people wear face masks in Tokyo last week

Minister: Olympics can be postponed

IOC: No, we will go ahead as planned

OLYMPIC bosses insisted Tokyo 2020 will go ahead on schedule — after Japanese officials hinted it could be postponed due to the coronavirus.

Japan's Olympic minister Seiko Hashimoto told their parliament the deal with the International Olympic Committee allowed for a delay.

She said: "The contract calls for the Games to be held within 2020. "This can be interpreted to mean the Games can be postponed as long as they are held during the calendar year."

But within hours the IOC had responded with a clear statement maintaining the Games were not a movable feast.

It said: "The IOC expressed its full commitment to the success of the

By **MARTIN LIPTON**, Chief Sports Reporter

Olympic Games Tokyo 2020, taking place from July 24 to August 9, 2020.

"The IOC heard a report on all the measures taken so far to address the coronavirus situation, followed by a comprehensive discussion.

"We created a task force in February involving the IOC, Tokyo 2020, the city of Tokyo, government of Japan and the World Health Organisation.

"The IOC appreciates and supports measures being taken, an important part of Tokyo's plans to host a safe and secure Games and we continue to follow the advice of the WHO.

"All stakeholders continue to work closely together to address the challenges of the coronavirus."

The IOC stance also comes as a

rebuttal to the body's longest-standing member, Canadian Dick Pound, who suggested last week a decision on the Games would have to be made by the end of May and the only option was cancellation.

Meanwhile the Greek Olympic Committee insisted next week's traditional lighting of the Olympic flame on Mount Olympus would go ahead as scheduled.

Concerns were raised after seven recorded virus cases, all linked to people who had travelled to Italy.

No spectators are allowed at the final rehearsal on March 11, while accreditation numbers are to be "significantly reduced".

The flame will then be carried on a week-long relay through Greece before being handed over to Games organisers.

All teams or no F1 races

By **BEN HUNT**

FORMULA ONE chief Ross Brawn says races will be scrapped if any team is denied entry to a country.

The spread of the coronavirus is playing havoc with plans for the season-opener in Melbourne on Sunday week.

The Chinese Grand Prix has already been postponed.

Managing director Brawn said: "If a team is prevented from entering a country, we can't race.

"Not a Formula One world championship race anyway — because that would be unfair."

Teams have been forced to re-route staff through the Middle East rather than through the Asian hubs of Hong Kong and Singapore.

Ferrari, AlphaTauri and Pirelli all fear not being allowed entry to Melbourne, Bahrain and Vietnam.

Lockdown UAE storm

CYCLISTS are being "held against their will" and "treated like plague victims" over coronavirus fears, a team boss claims.

Thierry Vittu, president of French outfit Cofidis, is fuming his riders are still in lockdown in the United Arab Emirates following the cancellation of the Tour event.

Race organisers claim all 167 people returned negative tests. Vittu added: "We're being held for an unknown length of time."

Cofidis sporting director Roberto Damiani has reportedly threatened to go on hunger strike if the quarantine does not end soon.

THE FA CUP IS HOTTING UP

FA CUP 5TH ROUND

TOTTENHAM v NORWICH

COVERAGE FROM 7:00PM, KICK-OFF 7:45PM **talkSPORT**

SHEFFIELD WED v MAN CITY

COVERAGE FROM 7:00PM, KICK-OFF 7:45PM **talkSPORT**

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★ **HEPTATHLON** world champ Katarina Johnson-Thompson had to be Awake after her latest doping test visitors turned out to be anything but anti-drugs officials.

KJT tweeted: "I let two Jehovah's Witnesses into my apartment today who I automatically thought were drug testers because they opened with 'Bet you weren't expecting us!'"



Martin Lipton at the heart of sport

CEFERIN TRASH TALK STUNS GIA

UEFA and Fifa are in all-out war after European chief Aleksander Ceferin put the boot in opposite number Gianni Infantino. Fifa president Infantino offered an olive branch when he walked into the lion's den of the Uefa Congress in Amsterdam. Yet Ceferin's response, in the most public outbreak of hostilities since the 2001 financial scandal which nearly bankrupted Fifa, stunned Infantino.

Uefa aims to thwart Fifa plans for an expanded 24-team Club World Cup in 2021. In remarks

directed at Infantino — and not included in the pre-release transcript of his speech — Ceferin said: "Certain projects were and are worrying."

"Calling European football traditions into question would be a death sentence for our sport."

"Trust me, we will not allow it. No football administrator, no matter the size of his ego, should think we are the stars of the game."

A close associate of Infantino said: "Now people will see who are really the good guys."

★ **RUSSIAN** athletics chiefs have admitted obstructing a doping probe into high jumper Danil Lysenko.

Lysenko (right), 22, won a silver medal at the London 2017 World Championships while competing as a neutral athlete.

But he was banned in November after a 15-month investigation found officials provided false explanations and forged documents for breaches of the "whereabouts" rule for drug testing.

Now, in a move designed to get Russian athletics reinstated for Tokyo 2020, new track-and-field president Yevgeny Yurchenko "fully acknowledged" the truth of the allegations.



CHINA CRISIS IS 2030 BID BOOST

MORE talks about the planned England-led 2030 World Cup bid took place in Amsterdam yesterday.

FA representatives from the four home nations and the Football Association of Ireland met at the Krasnapolsky Hotel to discuss the latest developments.

They have been boosted by suggestions China, long felt to be Fifa president Gianni Infantino's favoured candidate, is getting cold feet over a 2030 bid because of the quality of their national team, currently led by ex-Everton midfielder Li Tie.

The FA has been promised £500million from the Government for grass-roots facilities as a pre-legacy statement of intent.

But with the vote by Fifa members now not due until 2024, it is in no rush to push the bid too much.

★ **THE** ultimate taste test will be put to Northern Ireland fans at Windsor Park this week — to select an official beer.

Brewers Sadler's have three versions to pick from to find the right flavour for GAWA Lager — the Green and White Army who follow the national team.

More than 100 supporters are invited to make the final choice, hoping to be raising a glass to toast Euro 2020 play-off success this month.

★ **LEADING** EFL clubs have not been satisfied by a promise they will be allowed the final say on future TV deals.

Anger from Championship sides over the £595million five-year contract cost former chief executive Shaun Harvey his job.

But senior club sources say there is still "a lot of disquiet" at the new regime under chairman Rick Parry — and a feeling that the EFL is trying to dictate rather than listen to concerns.

NATIONS LEAGUE DRAW BOSS

YOU'RE A TOP PICK

Gareth backs Jordan as his No1

By **MARTIN LIPTON**



NOT MUCH has gone right for Jordan Pickford recently, on the pitch at least.

The England keeper has been in the line of fire following a series of scratchy displays for Everton.

Pickford's fumbling and failed effort to keep out Bruno Fernandes' daisy-cutter in the 1-1 draw with Manchester United at Goodison on Sunday summed up his miserable form and left him holding his head in despair (right).

However, off the pitch, matters have fared considerably better as he married childhood sweetheart Megan Davison on Monday.

Then Three Lions boss Gareth Southgate used the Nations League draw in Amsterdam yesterday to tell the world Pickford is very much still his England No1.

It is partly loyalty to a keeper who has been an integral part of the England success story under Southgate.

Yet it was also a clear and public show of faith in a man who has never let his country down — and who has not conceded a goal in his 24 England appearances that Southgate thinks he should have stopped.

Southgate said: "I've not changed

my confidence in him. Jordan has played exceptionally well for us for the last three years. His performances for us, throughout, have been outstanding.

"I think he has been a key part of some big, big results that we have had and that is clear to everybody."

Dean Henderson, the Manchester United stopper on loan at Sheffield United, and Burnley's Nick Pope are hammering on the door to replace 25-year-old Pickford in light of his recent displays.

Southgate conceded: "I understand the question and he knows that there's probably been a couple of goals of late he would probably want to do better with."

"The weekend goal is one he would want to do better with but then he

made outstanding saves at the end of the game. That is the life of a goalkeeper.

"But the spotlight when you have 'England international' attached to your name is greater on and off the pitch."

"It is the reality of the job, so I don't think he will be shying away from that."

"He knows that and he's more than capable of coping with that."

"All the time I have known him he has been a very resilient character."

"He's also got a very experienced manager at his club now to help with it. It's interesting to see how they respond and react in these



situations, so I am expecting him to bounce back."

For all Southgate's show of support, Pickford will know he heads into the Euros under pressure to justify his place.

And he will want to remain as England's first choice going into the Nations League and the start of the 2022 World Cup qualification campaign next season.

Pickford was handed his England chance after Joe Hart's calamities were partly to blame for the humiliating 2-1 defeat to Iceland that saw the Three Lions dumped out of Euro 2016.

Now Southgate's men have a chance to exorcise the ghost of that dark night, along with games against world No1 Belgium and their planned March 31 Wembley friendly opponents Denmark.

Reminded of the night that accounted for former boss Roy Hodgson, Southgate said: "I think the players have been trying to put that behind them with their general performances anyway."

"I've just seen Iceland FA president Gudni Bergsson — and they're looking forward to it clearly."

"But it's a game that's a different sort of test."

"Iceland have had a difficult 12 months in terms of where their team are at but it's a game we've got to be well prepared for because we know the risk involved."

Belgium boss Roberto Martinez said: "It will be special to play England again. This time it's completely different to the World Cup."

"We'll play in Brussels, which gives us an opportunity to welcome England to Belgium, and then going to Wembley is always a very special occasion for all the fans and us as a team."

"The players in both dressing rooms share club-level dynamics making it interesting for everyone."

Whether Pickford is still around for those games is down to him.

But despite his complaints about pundits and fans in general, he cannot say his England manager hates him. Or ask for more backing.



IN BIG SHOW OF SUPPORT

HOW WORKS

THE Uefa Nations League sees League A, League B and League C increased to 16 countries each.

That means a league will consist of four groups of four teams, with the six group games, home and away, played from this September to November.

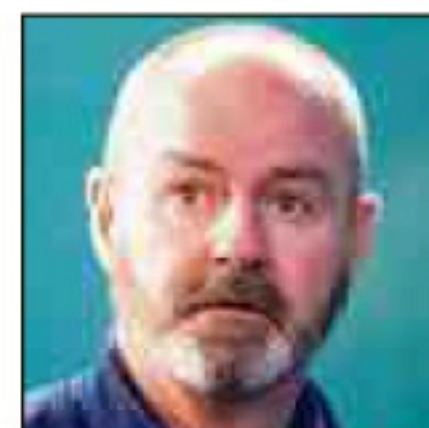
The bottom tier, League D, has been cut to seven teams, with one group of four and one of three.

The group winners from League A will contest the Nations League finals in June 2021 — with one being selected to host it. The teams who

finish bottom of each of the four League A divisions will be relegated, replaced by League B group winners.

Unlike previously, when everybody was qualifying for the Euro 2020 play-offs, only two World Cup play-off spots are on offer to the 55 countries.

The two highest-ranked Nations League group winners who do not either win their World Cup qualifying group or finish as runners-up, will enter a 12-team play-off in March 2022 to secure the final three European places at the finals in Qatar.



CLARKE... absent

Uefa have virus plan

From MARTIN LIPTON

SOME Euro 2020 games could be shifted to 'safe' countries under Uefa's coronavirus plans.

Scotland boss Steve Clarke missed last night's Nations League draw after being ordered not to travel by SFA bosses.

But while Uefa chief Aleksander Ceferin counselled against pandering to "dark scenarios" and Fifa boss Gianni Infantino told football "not to panic", Euro chiefs have contingency plans.

Euro 2020 — due to start in exactly 100 days — is scheduled to be split across 12 countries including Italy, where authorities are on the point of a nationwide lockdown.

Uefa general secretary Theodore Theodoridis said: "We have been working on different scenarios. There are plans for everything."

Asked about matches being moved, he added: "We will take the decision case by case."

Tonight's Coppa Italia semi-final between Juventus and AC Milan has been postponed over virus fears.

SPORTS ROUND-UP: RESULTS & FIXTURES

CRICKET

ICC WOMEN'S T20 WORLD CUP

(Australia): Group B (Sydney)

Thailand 150-3 (Chantam 56) v Pakistan.

Abandoned due to rain. No result.

South Africa v West Indies. Abandoned due to rain. No result.

	P	W	L	DNR	Pts	NRR
South Africa (Q)	4	3	0	0	1	7.23
England (Q)	4	3	1	0	0	6.29
West Indies	4	1	2	0	1	3.06
Pakistan	4	1	2	0	1	3.07
Thailand	4	0	3	0	1	1.39

SECOND ONE-DAY INTERNATIONAL

(Sydney) - Bangladesh 322-8 (Iqbal 158, Rahim 55) v Zimbabwe 318-8 (Raza 66, Tahirpano 55).

Madhevere 52, Kamunhukamwe 51.

Bangladesh bt Zimbabwe by 4 runs.

TOUR MATCH (Wollongong): 2nd day

of 4 - New South Wales XI 405-8 (Hackney 95, Sangha 85, Sams 80) v England Lions 126-5.

TENNIS

WTA LYON OPEN (France): 1st Rd

T Martincova (Cze) bt A Bogdan (Rom) 6-3 4-6

6-3; C Giorgi (Ita) bt V Lapko (Blr) 6-3 6-4;

J Teichmann (Swi) bt C Burel (Fra) 6-4 6-3;

V Tomova (Bul) bt M Frech (Pol) 7-5 6-7 6-4;

K Mladenovic (Fra) bt C Paquet (Fra) 1-6 6-2

6-4; D Kasatkina (Rus) bt P Parmentier (Fra)

6-2 5-7 6-4; V Kuznetsova (Svk) bt L Kerzhova

(Hol) 6-2 2-6 6-2.

WTA ABIERTO GNP SEGUROS (Monterrey, Mexico): 1st Rd

T Maria (Ger) bt H Watson 7-6 3-6 7-5; A Rus (Hol) bt V Flink

(Rus) 4-3 ret; L Davis (US) bt N Podoroska

(Arg) 6-0 6-3; K Bondarenko (Ukr) bt S Sorribes

Tormo (Spa) 4-6 6-0 6-2.

TODAY'S SPORT

(7.45 unless stated)

EMIRATES FA CUP: 5th Rd

Leicester v Birmingham

Sheff Wed v Man City

Tottenham v Norwich

LADBROKES PREMIERSHIP

Kilmarnock v Aberdeen, Livingston v Celtic,

Motherwell v Ross County, Rangers v

Hamilton, St Mirren v St Johnstone.

LADBROKES CHAMPIONSHIP

Arbroath v Dunfermline.

LADBROKES LEAGUE TWO

Brechin v Annan Athletic.

BETVICTOR SOUTHERN PREMIER

South - Taunton Town v Hendon.

BETVICTOR ISTHMIAN PREMIER

Kingstonian v Haringey Borough.

CRICKET: Second One-Day International

South Africa v Australia (Bloomfontein, 11am). First T20 international - Sri Lanka v West Indies (Pallekele, 1.30).

LEAGUE A

GROUP 1

- Holland
- Italy
- Bosnia-Herzegovina
- Poland

GROUP 2

- ENGLAND
- Belgium
- Denmark
- Iceland

GROUP 3

- Portugal
- France
- Sweden
- Croatia

GROUP 4

- Switzerland
- Spain
- Ukraine
- Germany

NATIONS LEAGUE FIXTURES

ENGLAND	WALES
Sat, Sep 5 Iceland (a)	Thur, Sep 3 Finland (a)
Tue, Sep 8 Denmark (a)	Sun, Sep 6 Bulgaria (h)
Fri, Oct 9 Belgium (h)	Sat, Oct 10 Rep of Ireland (a)
Mon, Oct 12 Denmark (h)	Tue, Oct 13 Bulgaria (a)
Thur, Nov 12 Belgium (a)	Fri, Nov 13 Rep of Ireland (h)
Sun, Nov 15 Iceland (h)	Mon, Nov 16 Finland (h)

LEAGUE B

GROUP 1

- Romania
- Northern Ireland
- Norway
- Austria

GROUP 2

- Israel
- Slovakia
- Scotland
- Czech Republic

GROUP 3

- Hungary
- Turkey
- Serbia
- Russia

GROUP 4

- Bulgaria
- Republic of Ireland
- Finland
- Wales

RYAN GIGGS expected Wales to get another Nations League draw with the Republic of Ireland.

The Dragons did the double over the Irish in the previous campaign, winning 4-1 at home and 1-0 away. Wales also faced

their Celtic rivals in the 2018 World Cup qualifiers and boss Giggs said: "We had two different games against them, the one at home fantastic quality and brilliant goals and away we didn't play well but dug out a result."



LEAGUE C

GROUP 1

- Azerbaijan
- Luxembourg
- Cyprus
- Montenegro

GROUP 2

- Armenia
- Estonia
- Nth Macedonia
- Georgia

GROUP 3

- Moldova
- Slovenia
- Kosovo
- Greece

GROUP 4

- Kazakhstan
- Lithuania
- Belarus
- Albania

LEAGUE D

GROUP 1

- Malta
- Andorra

GROUP 2

- Latvia
- Faroe Islands

GROUP 3

- San Marino
- Liechtenstein

GROUP 4

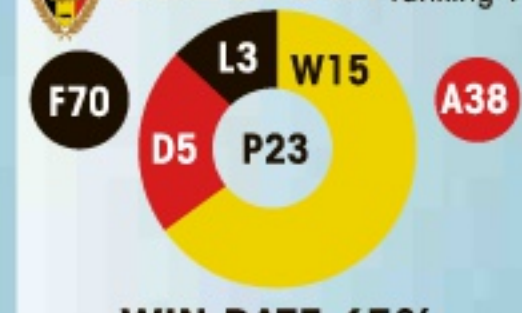
- Gibraltar

ENGLAND'S HEAD-TO-HEAD RECORD v OPPONENTS

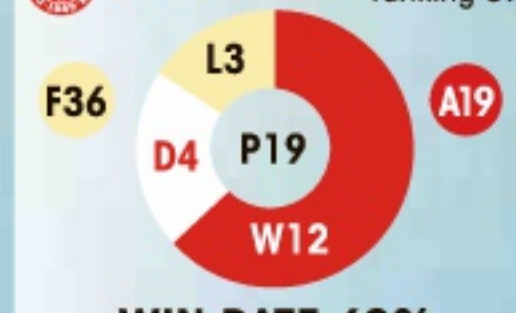
ICELAND



BELGIUM



DENMARK



LAST YEAR'S FINAL

SUNDAY, JUNE 9, 2019:

Portugal 1 Holland 0

Att: 43,199

GONCALO GUEDES scored the winner as Portugal claimed the first-ever Nations League by edging out Holland. England finished third, thanks to Jordan Pickford's shootout heroics against Switzerland after a goalless draw.

KANE ON COURSE

From Back Page

will give themselves the best possible chance of being available. That's their mentality and dedication.

"So they are both on track — but what we can't guarantee is how that rehab will develop as it is stepped up."

Southgate was speaking after the Nations League draw, which pitted England with Euro 2016 nemesis Iceland plus World Cup rivals Belgium and Denmark.

Their Euro 2020 opener is against Croatia at Wembley on June 14.

And Southgate added: "You are obviously in a better situation if your players are playing."

"We have been pretty clear with what this landscape is likely to look like, we just have to make good

decisions closer to the time. In terms of their ability to play before the end of the season, the first thought has to be how do they help their clubs.

"They will want to help their clubs have strong finishes to the season, then we'll pick them up from there."

Southampton frontman Danny Ings, 27, and Everton's Dominic Calvert-Lewin, 22, are contenders to feature in friendlies with Italy on March 27 and Denmark on March 31.

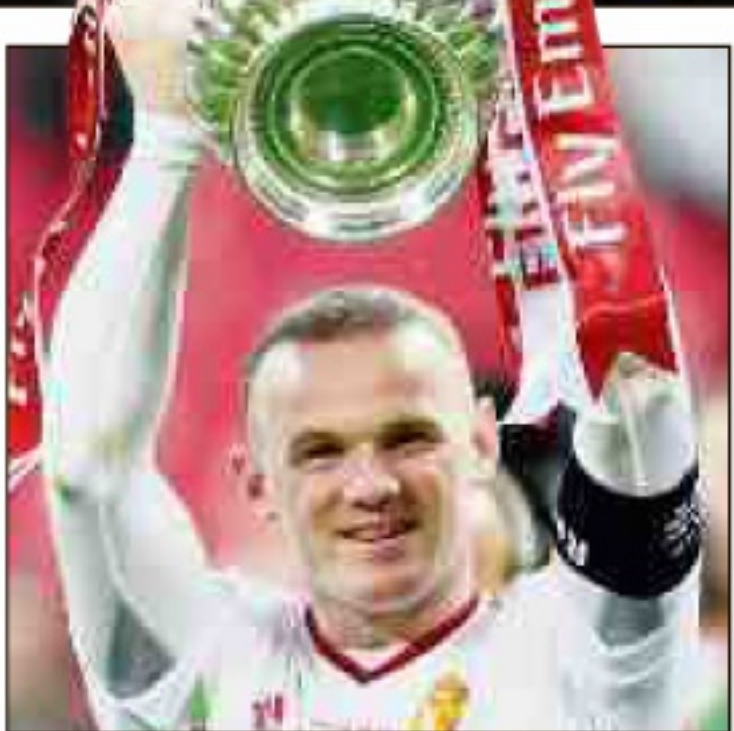
But Southgate declined to rule out a summer call to veteran Leicester star Vardy, 33, who quit international football after the 2018 World Cup.

The England chief added: "We've only got 70 players playing so why rule anybody out? I've always said that door has never been closed."

FA CUP 5th Round**DERBY v MAN UTD**TOMORROW, 7.45PM,
BT SPORT 1 &
talkSPORT

ROOTHLESS

Forget sentiment... Wayne's desperate to beat old club



FINALLY... Roo lifts only FA Cup in 2016

By **GRAHAM HILL**

WAYNE ROONEY still loves Manchester United.

But when Derby were drawn against them, his first thought was not the memory of scoring and winning at Pride Park en route to lifting his only FA Cup with United.

Instead, he thought: "We've got a chance here."

England and Manchester United record goalscorer Rooney said: "I love the club, it's a team I want to do well and win."

"My time there was great. We won the Premier League, Champions League, everything. But we had some low moments as well."

"I loved going in and working every day - it's something I'll look back on with fond memories."

"But for this 90 or 120 minutes, I want them to lose and for us to go through."

Rooney's FA Cup triumph in 2016, the only one in his amazing career, came at the end of a tough season for United under Louis van Gaal.

But it is still a massive highlight for Rooney, now 34, that he lifted the trophy as captain after beating Crystal Palace at Wembley.

In that Cup run he scored a 20-yard curler for United at Derby - which actually would have been ruled out by VAR for offside if it was in use back then!

The 3-1 win for United relieved the pressure on struggling Van Gaal, who even said after the game that the result had "saved him from the sack... again".

For now, Rooney is concentrating on helping the Rams write a new story - and the next chapter sees them host the Red Devils tomorrow in the FA Cup fifth round.

Rooney has played in **EVERY** game since he joined in January.

He added: "When the draw was made, I thought we had a chance.



ROO BEAUTY... Rooney whips home a superb opener for United against Derby in 2016

United weren't in the greatest form but they've picked up.

"For us, it's a big challenge - they're a big team and they'll be favourites. We just have to take our chances and stay in the game."

The competition has a special place in Rooney's heart, with the ex-England captain admitting: "Winning the FA Cup was right up there."

"To go into that final having lost two was a special moment. To win it as captain was a huge honour."

"My biggest memory as a fan was in 1995 when Everton won it."

"I came to Derby with United in the FA Cup, I know what it means to this club and the staff to have them coming to Pride Park. It's a big day for the club." Rooney will

be going up against his old team-mate Ole Gunnar Solskjaer in the tie.

But it is not the first time Rooney has played United since leaving Old Trafford. He twice faced them with Everton - and lost both times.

And the forward - who won 11 major trophies and scored 253 goals in 13 years at United - said: "It's always strange playing against your former team, especially United, where I'd been for such a long time."

"But, for me, it's a big game against my former team."

Two of Derby's young players - Max Bird and Jason Knight, both 19 - grew up as United fans and looked up to Rooney.

Now they are being captained by him. Rooney added: "I'm sure it's an

exciting game for everyone but those two who have grown up as United fans might have a few extra nerves - but we'll calm them down."

"As a player and team-mate, you don't worry about them, that's the biggest compliment I can pay. They're very mature for their age."

Derby boss Phillip Cocu revealed that he is not just making use of Rooney's experience on the pitch - but off it as well.

He said: "We speak with Wayne before every game. He joins in with the technical staff in preparation for games, to analyse the opponent, to select the clips we want to study."

"I always ask his opinion. He's very involved in the team tactics and how we approach the game."



BARNES... new role

Bobby to help fight race war

From **MARTIN LIPTON** in AMSTERDAM

BOBBY BARNES has vowed to impose serious punishments for racism - after becoming the first non-white face on Uefa's disciplinary board.

The ex-West Ham winger and PFA deputy chief executive was backed by the FA for the role.

And Barnes, 57, pledged to demand a new hardline approach on racists.

Uefa President Aleksander Ceferin trumpeted "73 partial closures and 39 matches played behind closed doors" over the past three years as a sign of their determination.

But Barnes said: "You have to have a deterrent."

"Up to now, these sanctions haven't worked."

"So we have to start looking at more draconian punishments."

"We need to find something that works because what we've got at the moment doesn't work."

"The wider public have looked on and questioned whether the punishment fits the crime."

"Any disciplinary body wants to see justice is being seen to be done."

"There have been a few incidents where those decisions would have been different if taken by a wider group."

"As a little lad going to watch West Ham, I had to run a mile down the road for a bus from a place I wouldn't be a target."

"I've been working in football administration for 21 years now."

"The important thing is that those making judgments in those committees have walked a mile in those shoes."

It's come Wat Moy

EXCLUSIVE by **DUNCAN WRIGHT**

WEST HAM are watching Brentford's Ollie Watkins with a view to making a summer swoop.

Watkins, 24, has been one of the driving forces behind the Bees' promotion challenge, hitting 22 goals in 37 appearances.

The Hammers had considered trying to sign the former Exeter star last month but found the Bees unwilling to do business while they chase a place in the Prem.

But West Ham are preparing to go back with a firm attempt to capture his signature should Brentford's promotion challenge fall short.

Boss David Moyes has plans to revamp his squad and is targeting younger Championship players who could step up.

LUCKY THERE WAS NO VAR!



THE last time Manchester United visited Pride Park Wayne Rooney curled home an absolute worldie.

But he was lucky there was no VAR back in 2016 - as the hotshot striker was clearly offside (left) when he collected the ball before cutting across and firing it into the top corner.

It was the opening goal in a 3-1 win and United went on to lift the FA Cup.



HOW THEY LINED UP IN 2016



FA CUP BIG-MATCH VERDICT

OLIVIER HARDY... Giroud wins his battle with Virgil van Dijk



SKILL GOT IT... Willian takes on Andy Robertson



UP 'N ADAM... Lallana gets away from Pedro



ARTETA... tactics

Mik's the Professor

SOKRATIS says Arsenal have found their new professor in Mikel Arteta. Arsene Wenger was labelled 'Le Professor' on his arrival back in 1996.

And Greece centre-back Sokratis applied it to Arteta when asked about being moved to right-back during Monday's 2-0 FA Cup win at Portsmouth.

Sokratis, 31, said: "To help the team I have to do what the manager asks."

"His tactics and this will depend on the other team. 'If you like to know more, you can ask him because he's a professor.'"

Arsenal's trip to Manchester City, rearranged due to the Carabao Cup final, will now kick-off on Wednesday at 7.30pm.

Hol lot of trophies

EVERTON defender Mason Holgate wants silverware after signing a new five-year deal at the club.

The 23-year-old, signed for £1million from Barnsley in 2015, has played 74 times for the Toffees.

He said: "This is my fifth year at Everton and my development as a person and a player in that period has been massive."

The contract, exclusively revealed in The Sun on Sunday, will keep him at the club until 2025.

He added: "The direction the club is going, it is a great club to be at and I am really excited about it."

"We want to move to the next step and push for bigger and better things."

"I want to win things and winning some silverware is where I see us."

"It is definitely a positive time to be here."

FA reject Kiko plea

FA disciplinary chiefs "did not accept" Kiko Casilla's claim he was unaware of the racist word he directed at Charlton's Jonathan Leko.

Leeds' Spanish keeper was hit with an eight-match ban and £60,000 fine on Friday after being found to have used racist language towards Leko on September 28.

Casilla, 33, denied the charge and said he had "learnt relatively little English" since his move to Leeds in January 2019 and could not have used the 'N' word because he did not know what it meant.

But in revealing their findings yesterday, the independent commission said it was "satisfied of the evidence and remained persuaded by the evidence" of Leko and teammate Macauley Bonne.

By **MARK IRWIN**



SO MUCH for giving the kids a chance.

When the chips were down and Frank Lampard was starting to feel the heat, he turned to his Chelsea pensioners to keep his trophy dreams alive.

With a combined age of 96, a front three of Willian, Pedro and Olivier Giroud is nobody's idea of planning for the future.

But when your boss is as demanding of silverware as Roman Abramovich, this was all about the here and now for Lampard.

So it was goodbye to the baby Blues and hello to the old guard for an FA Cup tie Chelsea simply could not afford to lose.

To be fair, the absence of 15-goal top scorer Tammy Abraham with a persistent ankle injury did not leave them with a lot of attacking alternatives.

Callum Hudson-Odoi and Ruben Loftus-Cheek have barely kicked a ball this season, while Lampard has clearly given up on the idea of Michy Batshuayi leading the attack.

So he has reluctantly turned to the veteran Giroud in the search for someone to dig his faltering team out of a hole.

And the France targetman, 33, did as much as anyone to put Liverpool to the sword.

Not many strikers get the better of Virgil van Dijk in an aerial battle but Giroud won more than his share of headers and flick-ons to keep the visitors pinned in their own half.

And it was his ability to keep possession high up the pitch which allowed wingers Willian and Pedro to work the channels and cut inside.

Pedro, 32, had a chance to cash in early on when he was picked out in the pocket by Ross Barkley's raking crossfield pass.

But the little Spaniard is not quite as quick as he once was and before he could get a shot off he had been hunted down by Liverpool's 18-year-old right-back Neco Williams.

Giroud was just unable to apply a finishing touch to Cesar Azpilicueta's corner as Chelsea looked to profit on Liverpool's early nerves.

Yet even with Joe Gomez restored to the heart of the Reds' defence, they were still struggling to contain

Chelsea

pensioners

WILLIAN, PEDRO & GIROUD STAR



The three blokes up top are knocking on a bit, eh?

the Blue onslaught. Adrian did well to keep out a Willian piledriver after he had been teed up inside the area by Pedro's probing pass.

But seconds later, Liverpool's back-up keeper was completely undone when he failed to keep his eye on Willian's 13th-minute shot and allowed the ball to squirm through his grasp.

Lampard was far from happy when Willian, 31, recently revealed

he has been offered a new two-year contract but is holding out for an extra 12 months.

But if there was going to be any way back into the manager's good books, this was surely it.

The Brazilian only made it to the 49th minute before limping off with a strain and Lampard will be hoping it is nothing serious given all his other injury problems.

Like Willian, Giroud and Pedro

are also out of contract at the end of the season and likely to be leaving as free agents in the summer.

But they still have a major role to play in the next couple of months before emptying their Stamford Bridge lockers for the final time.

It was Giroud's duel with Van Dijk which forced the Liverpool skipper into the wayward header which eventually led to Barkley's killer second goal.

He was only denied a goal of his own when Adrian pushed his late shot against the bar after he out-muscled Gomez once again.

And Pedro could have put the icing on the cake when he raced clear from his own half but ran out of steam right at the death – and he could not summon sufficient strength in his shot to beat Adrian.

But it did not matter. The damage had already been done and Chelsea's old guard are now dreaming of one last trip down Wembley Way.



REFEREE: Chris Kavanagh
ATTENDANCE: 40,103

DREAM TEAM RATINGS



SUBS — CHELSEA: Mount (Kovacic 42) 6, Jorginho (Willian 51) 6, James (Giroud 90) 6. Not used: Caballero, Tomori, Anjorin, Batshuayi.
LIVERPOOL: Milner (Jones 70) 6, Firmino (Origi 70) 6, Salah (Lallana 80) 5. Not used: Loneragan, Matip, Chirivella, Oxlade-Chamberlain. Booked: Fabinho, Milner, Mane

Ratings supplied by whoscored.com

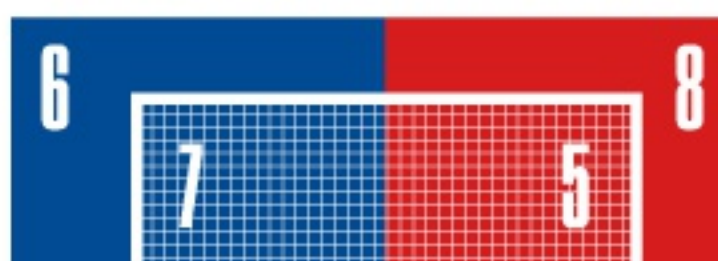
MATCH STATS

CHELSEA	LIVERPOOL
402	542
299	443
23	33
17	14
4	1
16	11
56%	73%
12	13
11	36
44%	56%
40%	60%
0/0	3/0

POSSESSION

42% 58%

SHOTS ON/OFF TARGET



CORNERS

4 10

OFFSIDES

3 2

PLAYER MOSTS

Passes	Gomez 96
Touches	Gomez 104
Total shots	Mane 4
Shots on target	Mane 3
Crosses	Robertson 12
Key passes	Robertson 3
Fouls won	Origi 3
Fouls conceded	Azpilicueta 3
Clearances	Azpilicueta 8
Interceptions	Pedro/Van Dijk 4

FA CUP 5th ROUND



KLOPP'S

Alarm bells are ringing as third



BARK'S BITE . . . Barkley scores a wonder goal to sink Liverpool and send Chelsea into the quarters and (above) Kepa saves from Minamino

Picture: RICHARD PELHAM

JURGEN KLOPP endured the booming strains of One Step Beyond at the final whistle and must have thought: This is madness!

How can this once imperious Liverpool team which once made grown men shudder now be called into question?

Yet this fully deserved and embarrassing FA Cup exit is now their third defeat in four games.

And you have to go way back to January last year to when they last lost back-to-back matches.

Manager Klopp reckons he would be an idiot to call his players' character into question. Today he would be a fool not to.

It is one thing to be beaten narrowly 1-0 at Atletico Madrid in

By **ANDREW DILLON**



the Champions League. Quite another entirely to be savaged by relegation-threatened Watford then fail to score against a Chelsea team that has leaked goals like a sieve.

They almost lost to West Ham as well last week. Liverpool need only four more wins from ten games to secure their first Premier League trophy and deep down we all know the race is over.

The league is theirs to throw away but then they threw away the FA Cup last night so why not everything else too?

Chelsea's celebration song by London's finest Ska revivalists is only wheeled out for the big wins.

But in reality they had it relatively easy on the night against a Liverpool team which has now let in eight goals in those most recent four games.

Worrying stuff. Klopp can point to the fact that Chelsea's £71.6million keeper Kepa Arrizabalaga made five stunning saves in the first half alone — more than in any of the Spaniard's 24 Premier League games this season.

But Kepa had his own agenda — to make manager Frank Lampard squirm in his technical area for having shoved him into the sidings for the past six games.

Recalled last night, the world's costliest goalie can boast that his impressive showing between the posts shut out a team which has scored 93 goals this season. At

times Kepa was a blur, making three saves on instinct in the 21st minute from Sadio Mane, Divock Origi and Curtis Jones all from inside the box.

But the killer edge has gone missing from Liverpool for the moment and even though the FA Cup is not Klopp's favourite competition his team needed to show its ability to bounce back from the weekend — and failed.

As the relegation fight heats up along with the scrap for the top four and fatigue kicks in at Anfield, foolish romantics will be praying there is a title race still to be had.

It was a bit of an injustice to Kepa that Chelsea's baby-faced midfielder Billy Gilmour, 18, won man of the match at the ground given his performance. But it also

MARK IRWIN ON CHELSEA'S

5 CHELSEA'S £71.6million keeper Kepa Arrizabalaga made five saves last night against Liverpool — that is more than he has made in any of his 24 Premier League games for the Blues this season.

66

LIVERPOOL have lost three of their last four games — as many as they had in their previous 66 matches. Jurgen Klopp's Reds have lost three consecutive away games in all competitions for the first time since November 2014.

2

GOOD OMEN: On the last two occasions Chelsea have beaten Liverpool in the FA Cup, they have gone on to win the trophy (1997 and 2012). Since Willian moved to Chelsea in 2013, he has scored 11 FA Cup goals for the club — five more than any other player.

CHELSEA 2 LIVERPOOL 0

WILLIAN 13; BARKLEY 64

LOSING IT

defeat in four ends Cup dream



LIVERPOOL'S LAST FOUR GAMES

Feb 18	Atletico Madrid (a) CL	L 1-0
Feb 24	West Ham (h) PL	W 3-2
Feb 29	Watford (a) PL	L 3-0
Mar 3	Chelsea (a) FAC	L 2-0

serves as an added insult to Liverpool that a 5ft 6in boy who looks like he wears short trousers night and day should dominate them in midfield.

For Lampard it is success at the third attempt to overcome Liverpool, having taken them all the way in the European Super Cup and been applauded off despite losing 2-1 at home in the Premier League in September.

Klopp has not been beyond the fifth round in five attempts. And the last two times they knocked out Liverpool they have also gone on to win the FA Cup – in 1997 and 2012.

This latest victory was fully deserved. Both managers made changes to their line-ups but Lampard can call on massive experience in reserve whereas

Klopp cannot. The front trio of Olivier Giroud, Pedro and Willian complemented the youthful energy at the heart of the team and possessed the wily edge which Liverpool could not find.

And where Kepa was enjoying the night of his life, up the other end his Spanish pal Adrian was enduring one of his worst.

The former West Ham keeper once scored the winning penalty for his old club in a Cup shootout against Everton. But there was no fairytale stuff last night despite his early promise.

He was lifted clean off his feet blocking a cannonball drive from Ross Barkley from 35 yards in the 11th minute.

He threw out a right hand and was strong enough to block a ferocious drive from Willian two min-

utes later. Then his luck ran out as Liverpool tried to cool things down playing out from the back.

Fabinho lost his nerve under pressure from Ross Barkley and poked the ball straight to Willian, who made sure with his second shot of the night.

From the edge of the box he unleashed a screamer which Adrian blocked only to realise the ball had rebounded off his body and over the line. He was on his knees in every sense.

He pointed two fingers at his eyes to claim he was unsighted.

But there was no such excuse in the 64th minute when Liverpool defender Virgil van Dijk lost possession to Barkley who burst through and sealed victory with a shot that Adrian could have watched all night but still would not have been able to stop.

For Chelsea – One Step Beyond. For Liverpool – Embarrassment.



GAFFE... Adrian gets to Willian's shot but (inset) spills it to give Blues the lead



HAPPY GILMOUR... Blues kid Billy with award

RACE

From Back Page

against us as we have defended outstandingly this season. But in the last four games we have conceded too many.

"I can't argue with the numbers and they're not cool. Tonight we were not good enough and have to accept that we're out."

It was the runaway league leaders' third defeat in four games.

And boss Klopp admitted it is a worry ahead of next Wednesday's Champions League return leg against Atletico Madrid.

With Liverpool trailing 1-0 to the LaLiga giants, the German said: "This result is easy to explain as we made two massive mistakes for their goals."

"But we are not 100 miles away from putting it right and these boys are strong."

"At Watford on Saturday our performance was really bad. Tonight it was not bad — and I'm not concerned about it."

Chelsea chief Frank Lampard was delighted to clinch a place in tonight's quarter-final draw.

He said: "I'm so proud. Liverpool are the best team in the league and what they're doing is incredible."

"So for us to put in a performance like that was something special. We showed we can compete against the big teams."

"We are in a transition period and we're not the Chelsea of different eras with the likes of Hazard, Costa, Terry and Drogba."

Asked if his brilliant solo goal was extra special, Barkley said: "Supporting and playing for Everton, it is always a dream to score against them."

"But we are into the next round and that's the main thing for me."

GOLDEN OLDIES: PAGE 53

32

LIVERPOOL used 32 different players in the FA Cup this season — three more than any other side from the first round onwards. The club have also lost their last three away games in a row for the first time since November 2014.

CHELSEA NEXT FIVE GAMES

Sunday Mar 14
Mar 18
Mar 21-23
Apr 5

Everton (h)
Aston Villa (a)
B Munich (a)
Quarter-final
West Ham (a)

PL
PL
CL
CL
FA CUP
PL

LIVERPOOL NEXT FIVE GAMES

Saturday Mar 11
Mar 16
Mar 21
Apr 5

Bournemouth (h)
Atletico Madrid (h)
Everton (a)
Crystal Palace (h)
Man City (a)

PL
CL
PL
PL
PL

thesun.co.uk/sport

Sun Sport**HARRY UP!**

From MARTIN LIPTON in Amsterdam

GARETH SOUTHGATE reckons **Harry Kane** and **Marcus Rashford** **ARE** both on course to make the Euros.

But the Three Lions chief warned they must prove their fitness – and has not ruled out an SOS call to Jamie Vardy.

Tottenham talisman Kane (left) ruptured his hamstring on New Year's Day, while Manchester United's Rashford has a stress fracture of the back.

But speaking for the first time this year, Southgate revealed: "We've had really good updates and they are exactly where we were expecting them to be. Both players

Turn to Page 51

**WAYNE ON
UTD PARADE**

SEE PAGE 52

POLA AXED

By JONNY FORDHAM

ENGLAND ordered Mako Vunipola to stay away from their Six Nations camp — over fears he might have caught coronavirus.

The prop, 29, will miss Saturday's home clash with Wales after flying through virus-hit Hong Kong on his return from seeing family in Tonga.

Bizarrely the England forward (left) was welcomed back by his club Saracens and trained with them yesterday.

Vunipola's Six Nations now looks over with boss Eddie Jones unlikely to take any risks. Despite being named in

Turn to Page 49

**FA CUP SPECIAL****It's all about
that (title)
race, 'bout
that race..****LAST
NIGHT'S
MATCH
ACTION IN
PULLOUT****SLIDE SHOW ...
Barkley celebrates
his wonder goal****NO TREBLE****True Blue Ross
KOs Kop dream****KLOPP ...
sliding out**

By MARK IRWIN

JURGEN KLOPP watched Liverpool's Treble dreams go up in smoke and insisted: 'It's not the biggest shock.'

Keeper Adrian's howler gifted Willian an opener for Chelsea before ex-Everton star Ross Barkley's worldie. The Reds'

**Chelsea.....2
Liverpool.....0**

44-game unbeaten league run was halted by Watford on Saturday – and this KO'd hopes of a Prem, Champions League and FA Cup hat-trick.

Klopp said: "Usually you do not get a lot of chances to score

Turn to Page 55



9 770307 268137



Wednesday,
March 4, 2020

goals

in association with

William HILL

SCREAMER...
Saint-Maximin (left)
hails Almiron after
putting him through
for Toon's first goal



IN FOD'S HANDS...

PHIL FODEN leads the kids taking the FA Cup by storm. The Manchester City star, (below), 19, was man of the match in the Carabao Cup final win over Aston Villa — and now faces Sheffield Wednesday tonight.

Tottenham striker Troy Parrott, 18, is in the squad for the home clash with Norwich.

And Jude Bellingham, 16, will hope his Birmingham pals can beat Leicester.

The trio also aim to be a global smash, just like French World Cup winner Kylian Mbappe.

Previews — Pages 6-10



Allan bust-up? He's a Saint!

BRUCE HITS BACK AT MAXIMIN 'LIES'

West Brom.....2 Newcastle.....3

FURIOUS Steve Bruce branded reports of a bust-up with Allan Saint-Maximin as "total lies".

The French winger produced a wonder show to steer Newcastle into the FA Cup quarter-finals for the first time since 2006. But the Toon chief

By JUSTIN ALLEN

was seething amid claims of a row. Bruce fumed: "It's total lies, nonsense. I've had no row with Saint-Maximin, no bust-up. He didn't train on Sunday after Burnley and we were wary of him. You must be careful

Turn to Page 2

William HILL

Sheffield Wed v Man City | KO 7.45pm, Live on BBC One

Mahrez to score first (90 mins)

WAS
9/2

NOW
11/2

WHEN
THE
FUN
STOPS
STOP

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goals



REFEREE:

Anthony Taylor

DREAM TEAM RATINGS



SUBS — WEST BROM: Krovinovic (Barry 57) 7, Zohore (Austin 67) 7, Tulloch (Brunt 86) 6. Not used: Al Habsi, Fitzwater, Peltier, Townsend. **NEWCASTLE:** Shelvey (Almiron 71) 6, Gayle (Saint-Maximin 80) 5, Lejeune (Lazaro 90) 5. Not used: Elliot, Vedin, M Longstaff, Ritchie. Booked: Rose, Bentaleb, Darlow.

Ratings supplied by whoscored.com

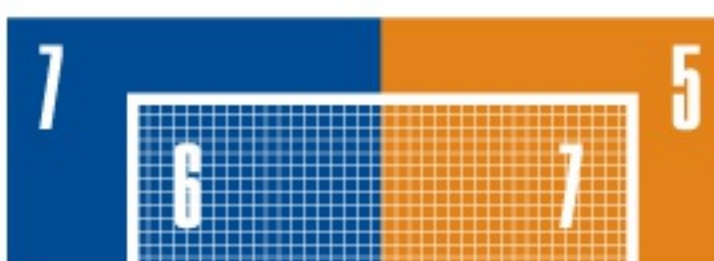
MATCH STATS

WEST BROM	NEWCASTLE
432	487
349	400
24	25
18	15
5	3
19	17
58%	71%
7	8
24	5
46%	54%
50%	50%
0/0	3/0

POSSESSION

48% 52%

SHOTS ON/OFF TARGET



CORNERS

6 2

OFFSIDES

1 2

PLAYER MOSTS

Passes	S Longstaff 68
Touches	Bentaleb 89
Total shots	Phillips 5
Key passes	Edwards/Joelinton 4
Crosses	Brunt 6
Fouls conceded	Bentaleb 3

FA CUP 5TH ROUND

4

MIGUEL ALMIRON has scored four goals in his five FA Cup matches this season — double the amount he's scored in 24 Premier League appearances (2).

SAINT

From Page 1

with a player who has suffered two hamstring injuries. "He was sore last Thursday too. We didn't want to risk him but he trained Monday and declared himself right." The opening goal was particularly brilliant.

After being clattered by West Brom's Gareth Barry, Saint-Maximin got up, charged 50 yards with the ball before splitting the hosts' defence open to set up Miguel Almiron.

Bruce said: "He's a great talent, the kid. Since he walked through the door."

"He's young and we've been scared of him as when he did his hamstring last time, it was a bad one at full pace."

"So we're always a bit wary whatever people say — he was not quite right."

Almiron was outstanding up front and his double gives him four goals in this season's FA Cup but just two in the Prem.

Bruce said: "We all know he can score. It's just he missed a few chances and that ebbs away confidence."

"But one thing you cannot deny is he is a top player."

Joelinton, Valentino Lazaro, Saint-Maximin and Almiron were a constant threat.

Bruce added: "They've been criticised so it's nice to see them play with freedom."

"The last couple of games we've looked more of a threat."



CALLING THE TOON... hotshot Miguel Almiron smashes home his second goal in the 45th minute

BRUCIE

Boss sets sights on final as

By JUSTIN ALLEN

WHISPER this... Steve Bruce and Newcastle are just ONE game away from Wembley.

They still had to do it the hard way but they are in the FA Cup quarter-finals after seeing off a spirited West Brom.

The Toon were coasting at 3-0 after a first-half Miguel Almiron double and a 47th-minute third from Valentino Lazaro.

And although the Championship leaders fought back with second-half goals from Matt Phillips and Kenneth Zohore, the Geordies are in the hat for the last eight for the first time since 2006 in a competition they have not won since 1955.

Some 5,000 Toon fans turned up at The Hawthorns, showing how much they crave winning this famous old trophy.

Bruce said: "It wouldn't be

West Brom.....2

Phillips 74; Zohore 90

Newcastle.....3

Almiron 33, 45; Lazaro 47

Newcastle if there weren't any dramas, would it?

"But we were excellent tonight, apart from the last 15 minutes where we switched off and almost got punished."

"I'm delighted for the fans. We're unique as a club to have 5,000 fans who are happy to make a 400-mile round trip with motorways shut."

"We want to get to the final for them."

Allan Saint-Maximin produced a wonder show to prove why he should be the first name on any Newcastle teamsheet.

After recovering from a hamstring injury, he showed exactly

what the team have been missing by producing some magic to set up two of the Newcastle goals.

For the 33rd-minute opener, he picked up the ball deep in his own half, was clattered by Gareth Barry and tumbled to the ground.

But he immediately got up before racing forward with the ball more than 50 yards and played a superb pass for Almiron to open the scoring after 33 minutes.

Almiron smashed home a second in first-half stoppage time which came courtesy of a clever Joelinton backheel — after a move started by Saint-Maximin.

The visitors appeared to have it wrapped up straight after the break.

This time Almiron, on the right flank, spotted Saint-Maximin free on the left and played a great cross-field ball.

The Frenchman picked out another peach of a pass into the six-yard box for Lazaro to bundle in. But the Baggies produced a

storming comeback. It is just a shame manager Slaven Bilic opted to put out his reserve team — making **NINE** changes.

The Albion boss said: "The league is our priority. Despite being disappointed with the result, I'm proud of the players — especially in the second half."

"We just couldn't score the goals early enough because had we done, I think they were struggling to hang on."

Barry, getting a rare start at the age of 39, was caught in possession early on by Nabil Bentaleb. He had the simple task of squaring to Almiron but his pass was poor and the danger passed.

But West Brom had their own chance when Kyle Edwards caught Sean Longstaff in possession and his well-hit shot was saved by Karl Darlow.

Longstaff then sprayed a fantastic pass down the right to Javier Manquillo, but his cross was headed wide by Joelinton. The

11

STEVE BRUCE'S Toon may have scored the fewest goals in the Prem this season (24) but no PL side has scored more FA Cup goals than the Magpies this season (11).

14

NEWCASTLE have reached the FA Cup quarter-finals for the first time in 14 years — since the 2005-06 season, when Glenn Roeder was in charge. They were eventually KO'd by Chelsea.

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FIRST CLASS . . . Almiron coolly finishes in the 33rd minute



CHEST GREAT . . . Valentino Lazaro bundles in the third goal



GERRARD . . . strong

Gerrard a stayer

By VIC HOLLY

STEVEN GERRARD is "all in" at Rangers as he moved to end speculation about his Ibrox future.

After Saturday's Scottish Cup defeat at Hearts, the Gers boss admitted: "I need to do some real, serious thinking in the next 24, 48 hours."

"It's the lowest I've felt since I came into the job by a long way."

But yesterday, he said: "I have done a real lot of thinking to myself and shared those thoughts with people around me and I'm ready to go again."

"I've signed up to something here. I'm in, all in."

Gerrard, whose deal runs until 2024, added: "I think this is when the club needs me most and that is to stay strong and fight on and push and continue to try to improve this."

Striker Alfredo Morelos is available for tonight's home game with Hamilton after returning late from a trip to Colombia for compassionate leave.

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Top Tips

by FINLO CLARKSON

IT IS another big night of FA Cup fifth-round action.

Tottenham host Norwich and you can get Jose Mourinho's men to be winning at half-time and full time at 13-10.

Leicester have not won a game since the FA Cup clash at Brentford back in January.

But the Foxes are a tempting 8-1 to beat Birmingham 2-1 at King Power.

Lucas Moura struck for Spurs in the last round, as did Gabriel Jesus for Manchester City.

City face Sheffield Wednesday this time — and you can get Moura and Jesus to net first again at 30-1.

DIAMOND: Spurs half-time/full-time, 13-10.

NEXT BEST: Leicester win 2-1 correct score v Birmingham, 8-1.

LONGSHOT: Moura and Jesus to score first, 30-1.

All odds supplied by William Hill

ONUS

Toon stumble past Baggies

Toon striker has scored only **ONE** Premier League goal since his £40million summer move from Hoffenheim.

He did manage two goals in the FA Cup, against League One clubs Rochdale and Oxford.

The Brazilian striker did superbly well down the left to race past Dara O'Shea and then Darnell Furlong but saw his shot palmed around the right post for a corner.

Saint-Maximin almost scored a goal-of-the-month contender when he ran on to a pass from Joelinton and thumped a 30-yarder against the post.

Then Albion's Charlie Austin nearly scored a fantastic goal himself after turning on the edge of the box and letting fly but Darlow made a great save.

Newcastle's opener came soon after before they dealt a bigger blow to the Baggies with a second in first-half stoppage time. Lazaro

and Manquillo exchanged passes to get round the back down the right side but Chris Brunt and Barry Collied with each other when they had the chance to clear.

Joelinton played a brilliant back-heel to put the ball on a plate for Almiron to fire in his second.

And two minutes after the break they had seemingly sealed it with Lazaro's third.

The Baggies never gave up, though, and almost pulled one back when Phillips' chip was headed off the line by Danny Rose, who also later did just enough to put Phillips off from converting sub Filip Krovinovic's cross.

Then Krovinovic curled just over and Edwards smashed a long-range effort against the bar.

But Phillips lashed home from 12 yards to reduce the arrears before Zohore flicked in from close range.

However, even Newcastle managed not to mess this one up and now they are one game away from a semi-final under the Arch.



MIG DOES HIS JIG FOR KO'D PAL JOSE

TOON hero Miguel Almiron marked both of his goals with a tribute (left) to injured former teammate Jose Martinez. Almiron and Martinez used to perform the cele together when at Atlanta United in America (right).

But in a show of support to Martinez, who has a torn ACL in his right knee, Almiron did the routine last night.

Enhanced Odds

Sheffield Wed v Man City
Live on BBC One | KO 7.45pm

Steven Fletcher to score anytime (90 mins).

WAS
3/1

NOW
4/1

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goals

**FA CUP
5th RND**

21 IN his 21st game and with his 37th shot, striker David McGoldrick has scored his first goal of the season for Sheffield United. He netted 15 goals in all comps for the Blades last term.

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SHARP INSTINCTS...
sub striker Billy Sharp
heads extra-time winner

MATCH STATS

READING	SHEFFIELD UTD
5/4..... Shots on/off target	5/4
2..... Blocked shots	4
46%..... Possession.....	54%
596..... Passes.....	696
4/1..... Corners/offsides.....	5/2
1/0..... Yellow/red cards.....	1/0



Enhanced Odds

Sheffield Wed v Man City
Live on BBC One | KO 7.45pm

Gabriel Jesus to score 2 or more (90 mins).

WAS
3/1

NOW
7/2

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JUST MADE IT!

Super Sharp makes Blades a cut above

By BEN HUNT

THE Blades are dreaming of glamour ties in Madrid or Milan – but they nearly came unstuck at the Madejski.

Chris Wilder's side are eighth in the Premier League and even in with a shout of making the Champions League.

And, just as this FA Cup clash was heading for penalties, sub Billy Sharp nodded home to book the Blades' place in the quarter-finals.

Boss Wilder said: "Billy loves playing against Reading and has scored a few here in the past.

"He is scoring and making a contribution to the team.

"We knew it would be a tight, tough game but we prepared in the right way and found a way to win.

"Now we have it all to play for. We roll on to the next challenge, including a Cup quarter-final."

United showed they had not

Reading.....1

Puscas 43 (pen)

Sheffield Utd.....2

McGoldrick 2; Sharp 105

AET; 1-1 AFTER 90 MIN

forgotten how to mix it in the Championship – after opening the scoring in under 90 seconds.

Luke Freeman raced forward unchallenged and found Ben Osborn on the left wing.

He had time to pick out David McGoldrick with his cross – and the striker had a free header past Rafael Cabral from eight yards.

It was simple as you like for the Ireland striker, who celebrated his first club goal since April 22.

But, as United were settling in for half-time, Reading were handed a lifeline with a soft penalty.

Somewhat ironically, given this match was being shown live on

Facebook in an FA Cup first, there was a Friend request – that's referee Kevin Friend.

Reading appealed for a penalty when Andy Rinomhota threw himself to the ground with barely any pressure from George Baldock.

With no VAR, Friend accepted and Reading's record signing, George Puscas, who joined for £8million from Inter Milan, stepped up and thumped home.

After the restart, Reading grew in

confidence. Royals boss Mark Bowen had already labelled this match his side's "biggest game of the season".

And they forgot their dreadful league form as they started to edge their way into this Cup tie, with on-loan Chelsea defender Matt Miazga looking solid at the back.

The Royals needed replays against Blackpool and Cardiff and were eager not to let this one slip.

But Blades boss Wilder had seen enough and brought on striker Sharp on 79 minutes.

And the Sheffield-born hitman rolled back the years with a neat header on the stroke of half-time of extra time from Freeman's cross.

Bowen said: "It's hard to take when you put so much effort in.

"We soaked up pressure and we

had large periods where we took the game to them.

"It was a match of few chances and we have been done by two crosses into our box.

"My players know what we're about and what we can do together. We have to take this to our league form, we have ten games to go and we will pick up points.

"It looks highly unlikely that we will make the play-offs – but we will set ourselves targets to get into the top half. We cannot let this season meander away."

DREAM TEAM RATINGS

READING: Rafael 6, Ylalom 7, Miazga 7, Morrison 7, Obita 7, Meite 7 (McCleary 105, 6), Rinomhota 6 (Baldock 105, 6), Swift 6, Ejaria 6 (Gomes 98, 6), Olise 6 (Masika 98, 5), Puscas 6. Subs not used: Walker, Moore, Blackett. Booked: Rinomhota.

SHEFF UTD: Henderson 6, Basham 6, Egan 7, O'Connell 6, Baldock 6, Lundstram 6, Berge 7 (Robinson 99, 6), STAR MAN FREEMAN 8 (Retsos 105, 5), Osborn 8, Mousset 6 (McBurnie 61, 6), McGoldrick 7 (Sharp 79, 6). Subs not used: Jagielka, Verrips, Zivkovic. Booked: Retsos.

(Supplied by whoscored.com)



WILD . . . Blades boss



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FA CUP**4**

MANCHESTER CITY have progressed from all four of their previous FA Cup ties against Sheffield Wednesday, most recently in January 2015 (2-1 at the Etihad).

2

THIS is the second Sheffield Wednesday holders of the FA Cup, having won it in 1991 and 1992. Chelsea in the first round.



BADGE OF HONOUR... Bannan's fired up to shock City

OWLS MUST BE BANN ON TO STOP 'EM

BARRY BANNAN aims to knock Kevin De Bruyne and Manchester City out of their comfort zone at Hillsborough tonight.

The Sheffield Wednesday midfielder, 30, was in the team that humiliated Arsenal 3-0 to reach the FA Cup quarter-finals five years ago.

And although Bannan accepts Pep Guardiola's City are a far better team he believes they can be beaten. De Bruyne is the City star Bannan admires the most. And he said: "I sometimes wonder if you need more than 11 players in your team to take care of him."

"He's at the top of his game at the minute. You've got to admire players with that ability. But our aim is to stop him and take him out of his comfort zone."

"We've got a game plan that we'll try to stick to manfully."

"Some players can't be stopped but we'll be giving it our best shot."

Bannan's record against Manchester City does not make for good reading.

He has lost all five previous occasions with his ex-clubs Aston Villa and Crystal Palace.

City have scored 17 times in those games, too, while Villa did manage to score once.

The Scotland star added: "They've scored lots of goals against me – notably when I was at Villa."

"I was getting fed up because I got picked to play in the cup games when we were resting the big boys."

"It was tough but these are matches growing up as a kid you want to play in and this game is no different."

"The funny thing is I've always found you get more time on the ball against these sort of teams – even though they now play a more high pressing game than the did under Roberto Mancini."

"But it's not like a Championship game where opponents are in your face."

"The key is concentration because one lapse can cost you dearly."

Bannan has tasted being on the right side of an FA Cup giantkilling at Wednesday when they stuffed Arsenal 3-0 at Hillsborough to reach the quarter-finals in 2015.

And he said: "It would be amazing to taste that again."

"I don't want to take anything away from that game because we put on a great performance but City will be much

stronger opposition." City, who are holders, also won their third Carabao Cup in a row by beating Villa on Sunday.

They have not lost a domestic cup game for **TWO YEARS**.

And Bannan says City boss Guardiola has been a breath of fresh air in how he has approached cup football in England.

He added: "They're relentless. So many Premier League clubs field weakened teams but Guardiola, even in the League Cup, shows he wants to win everything."

"That is how it should be and I admire him for it."

Wednesday are in terrible form right now.

Two wins out of their last 13 Championship games have seen their promotion hopes fade and they could even have points docked if they are found guilty as charged by falling foul of EFL Financial Fair Play rules.

The frustrating thing for the Owls is they have turned up for big matches this season, only to be below par against the lesser lights.

In the last round, they KO'd Premier League Brighton and have also beaten the likes of high-flying Leeds, Nottingham Forest and Brentford as well as taking points off Fulham and West Brom.

Bannan admitted: "We have been inconsistent. On any day, we can beat anyone in our division."

"When you play better teams, you generally find the concentration levels go to a whole new level."

"We're clear underdogs but hopefully we can produce a performance that will help us kick on."

FILL-IN

Pep knew Phil's skill could cover for injured Sane



By MARTIN BLACKBURN

PEP GUARDIOLA says the faith he showed in the summer proved he was in-Sane about boy wonder Phil Foden.

Manchester City thought about getting the cheque-book out when Leroy Sane injured a cruciate knee ligament in August.

But the manager insisted they should hang fire as Foden, 19, was capable of filling the gap left by the German international flying machine.

He showed on Sunday, with a man-of-the-match performance in the Carabao Cup final at Wembley, that he is more than just a central midfielder.

Now Foden is hoping for some more minutes as City continue their defence of the FA Cup with a fifth-round trip to Sheffield Wednesday tonight.

Guardiola said: "People said in pre-season when Leroy got injured that we may have to go to the transfer market."

"I said no, because Phil can play in the middle or wide, the same."

"I know exactly their skills and what exactly we need in specific games. And I know exactly that he can do it."

Foden has been used sparingly in Premier League games once again this season but Guardiola insists he has trusted him on the big occasion before.

He said: "I'm not scared to put the young players into important games and decide to do it. I have played a final with Phil because I see him every day."

"But every time we decide to let him play, he always plays good, at a high level."

"Last season he played when we took on Tottenham to win the Premier League after being knocked out of the Champions League by them. He also played against Leicester."

"I didn't have any doubts. The only reason Phil and other players maybe don't have the minutes they deserve is because of the squad and important



players. Some players have more experience than Phil – something he doesn't have as he's 19. That is the only reason why."

"I want the best for him. He will get what he deserves."

"Of course I'm delighted about his performance and his behaviour in good moments and bad moments."

"He's 19 years old you have a lot to improve but with his behaviour he can achieve whatever he wants."

Guardiola said he decided to start Foden at Wembley as he wanted to

give some of the senior players a rest after their famous 2-1 win at Real Madrid the previous Wednesday.

The likes of Kevin De Bruyne, Bernardo Silva and Riyad Mahrez were left on the bench as Guardiola knew that others would have a point to prove.

He said: "From my experience when you play against Madrid it is so demanding physically. Then you have a final three or four days later."

"All the players who played against Madrid could have played against Villa but I thought I needed fresh – not just legs but mentally as well. I need them

angry and want to win. They should have played. They want to show they want to show."

"If they follow if they don't, their problem, that there is no problem."

With the Carabao Cup a still have their pieces of silverware. FA Cup and the Champions League.

The former Munich boss said: "I have been there. I know what it's like. I need them

nd season in a row
sday are facing the
A Cup — they lost 3-0 at
ourth round last term.

11

MAN CITY'S Gabriel Jesus has had a hand
in 11 goals in his eight FA Cup games (7
goals, 4 assists), including six in his last
three (5 goals, 1 assist).

in association with

William HILL

FODEN

FODEN
Age: 19y 281d

Club games 2019-20 ... 25
Club starts 2019-20..... 10
Career club games..... 61
Career club starts 24



PHIL THE FORCE . . .
City boss Guardiola has
faith in whizkid Foden



ED-ING FOR A KICKIN'

OWLS about this for a
show of flexibility from
Ederson?

Manchester City were
dancing on the ceiling
at Wembley on Sunday
after beating Villa to
lift the Carabao Cup.

And it seems the buzz
has not worn off for
their ninja keeper, who
hit the roof yesterday at
the thought of kicking
Sheffield Wednesday
out of the FA Cup.

DYNAMIC DUO . . .
Foden and Pep's No 2
Rodolfo Borrell yesterday

nting to show me they
played against Madrid,
now how good they are.
y me it's not a problem,
they have a problem —
not my problem. After
o more I can do."
mmunity Shield and the
already in the bag, City
ir eyes on two more
ware this season — the
ne Champions League.
Barcelona and Bayern
aid the players should
inking about them —
e ones they have won —

before they left Wembley on Sunday.
Guardiola said: "I learnt at the big
clubs I was at before — with their
history — that when they go and take
a shower they are thinking in that
moment about the next trophy."
"It's so nice what we have done in
that competition in the last three years
but now we have another final, away
in the FA Cup."
"It is always difficult because of how
important this competition is for the
clubs in this country."
"We can go through to the quarter-
finals — and that is what we have to
do."



**IN GOLF, there's a well-worn saying — driving
is for show but putting is for dough.**

In business, there is another phrase — turnover
is vanity and profit is sanity.

I thought it was time to compare two Premier
League heavyweights — Liverpool and Manchester
United — on and off the pitch.

The clubs, who have both enjoyed long periods
of dominance in English football, survive without
the intervention of oligarchs or Gulf states.

Yes, we've seen Tottenham move into elite
status with world-record profits and the rise of
Manchester City (however legitimate that may or
may not be), as well as
the decline of the once-
imperial Arsenal.

As Liverpool finally
close in on that elusive
first Premier League
title, their finances
reach new levels in
turnover and profit.

And what of their old
rivals? Despite United
boasting the biggest
turnover in 2017-18,
they are in fact not a
hugely profitable club.

Observing this feels
like kicking sand in the
face of United. This
monolithic club, with
one of the largest
turnovers in world
football, are perceived
as the biggest club in
the world with a valua-
tion of around £3billion.

Throw in United's
iconic lustre during the
Premier League era
and they are its prover-
bial poster boy.

Yet in reality pitching
the 2020 Manchester
United against Liver-
pool is to highlight one
club in complete ascen-
dency despite a 30-year
wait for the title.

They are the yin
and yang of English
football, in order for
one to be successful,
the other has to be in
decline. There is no
room for both at the
top table.

Liverpool are every-
thing United once were
— the leading English
team with the best
manager, best players,
best acquisition policy,
best ownership, best
commercial strategy
and now the best
financial stronghold.

Liverpool made
£100million profit in
the financial year
before last and £40m
this year.

United, with their
illustrious history and
swaggering dominance,
never recorded any-
thing like these num-
bers except in 2012-13,
where a tax credit of
£155m allowed an over-
all profit of £146m.

Liverpool reached the
half-a-billion mark in
turnover per year.

That's up with Man-
chester United but the

It's profit and boss for canny Kop kings

Merseyside team are
far more profitable. In
the last five years,
United's turnover total
was £2.7bn, with paltry
profits of £56m.

Whereas Liverpool,
with £750m less in
turnover, made four
times as much — with
£224m of profit.

Some of the profit
reduction is the £120m
United paid on financ-
ing the debt brought
on by the Glazers' leveraged purchase.

Everything about
John W Henry's
'Moneyball' approach
makes United look like
rank amateurs. This is
a fact summed up their
respective dugouts.

Liverpool have the
proven winner Jurgen
Klopp, while United —
with their tip to past
glories — have the
former manager of
relegated Cardiff and
the all-conquering
Norwegians Molde, Ole
Gunnar Solskjaer.

United's squad have a
current market value of
around £800m, whereas
Liverpool are probably
closer to a £1bn.

Liverpool, of course,
are just about to win
the title in record time
with record points.

The future looks as if
it is very much the red
of Liverpool's shirts
rather than the red
faces of those running
Manchester United, who
are stealing defeat from
the jaws of financial
victory — and perhaps
condemning the club to
a generation of noses
pressed up against the
window of success from
their biggest rival.

● Simon Jordan's Final Word is on
talkSPORT on Sunday from 5-8pm.



Spurs v Norwich

Live on BBC Red Button | KO 7.45pm

Enhanced Odds

Spurs to win both halves.

WAS
3/1NOW
7/2

it's who you play with

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goals FA CUP 5TH


GRAY
Age: 23y 250d

Club games 2019-20 ...20
Club starts 2019-20..... 6
Career club games..... 237
Career club starts 126

FEELING LOW ...
Demarai Gray has been left out of the first team since he suffered an illness

Leicester v Birmingham
7.45pm

FADE TO GRAY

Dem yet to fulfil potential

BRENDAN RODGERS says Demarai Gray could have followed in Raheem Sterling's footsteps.

But the Foxes boss says he needs to see more from the wide man.

Rodgers admits the 23-year-old has had a tough time forcing his way back into his manager's plans this season.

Gray has a chance to shine against his former club Birmingham City in tonight's FA Cup tie at the King Power Stadium.

Rodgers says Gray was tipped to star when he left St Andrew's four years ago.

But he has not been able to get back into the picture after an illness.

Rodgers said: "For Demarai it's efficiency. He has all the tools to play at the very highest level.

"If you look at speed and power, and explosiveness, technique, those are attributes he has.

"If you're comparing him and



POWER PLAY ... Rodgers wants more

By **GRAHAM HILL**

looking at that similar type of player you're looking at a Raheem Sterling. These are the levels.

"Demarai's played in England under-21s and has a lot of caps at that level.

"Then it is how can you grow and be consistent when you get to that age of 22 or 23.

"I know it's something he is conscious of and something I have spoken to him about.

"If you look at the games he has played and scored goals, he has to produce more."

But Rodgers does not want to heap added pressure on Gray, who is set for a rare Foxes start tonight.

He insists players have a chance to force their way into his plans every day in training, not just in an occasional cup appearance.

But Rodgers says the likes of Harvey Barnes are keeping

him out despite the Foxes' poor run of form.

While Birmingham have the exciting talent of Jude Bellingham in their ranks who is eyeing a move to the Premier League, Rodgers says Gray has shown the step up is not an easy one.

He said: "If you go from the Championship, you go from arguably the fairest league in Europe because of the financial restrictions on the clubs from top to bottom, which make it unfair.

"Then you come into the most competitive league in the world.

"That step isn't easy for a young player. It does take time.

"Demarai was in his teens when he came here.

"Then he was in and around the title-winning team on the periphery as an impact player. His talent is there and it's clear."

ROUND**6**

LEICESTER have progressed from all six of their FA Cup ties against Birmingham, with this the first meeting since the third round in 1998-99.

9

BIRMINGHAM are looking to reach the FA Cup quarter-finals for the first time in nine years — since the 2010-11 campaign. The Blues have been KO'd from their last six FA Cup ties against Prem sides.

in association with

William HILL

Little boy Blue

**JUDE BELLINGHAM is being left out of what would be the biggest game of his career so far — after hitting the rough.**

But Birmingham boss Pep Clotet wants the 16-year-old's team-mates to beat Leicester tonight to earn an FA Cup quarter-final spot so his 'Boy Wonder' can show his huge talent against other Premier League opposition.

The Brum whizzkid has been ordered to forget the fifth-round clash for some much-needed rest.

Bellingham has played in 34 of Birmingham's 40 games in all competitions this season, including 27 starts, and has scored four goals.

The midfielder's stunning first campaign attracted a £25million bid from Manchester United in January — but all inquiries have so far been knocked back.

He has started to become targeted by the Championship's hard knocks and could barely walk after the 0-0 at Millwall a week ago, when he came in for some rough treatment.

Bellingham was then rested for Saturday's 2-2 draw at QPR, being an unused bench player.

Clotet said: "Jude is not going to play. He has played a lot of games and I rested him on Saturday with a view to him playing this game against Leicester."

"But young players manage the load differently to full professionals — sometimes they take longer to recover."

"It was an intense game against Millwall and I want him to have a fresh, new start for Saturday. Jude has played a lot of games in a row."

"I don't remember any February with as many games as this one we have just had — and Jude has been involved in all of them."

Having been told

By **TIM NASH**

to stay behind and train, Bellingham will not even be joining the 5,000-plus Blue noses travelling up the M69 for this Midlands derby.

Instead, the England Under-17s prospect is set to return this Saturday for the league battle against visiting Reading.

Spaniard Clotet, 42, added: "I know the fact he will not play against Premier League opposition will disappoint the fans."

"But his team-mates need to win so we can play another Premier League team."

"It is my responsibility now. I have put a lot of focus on myself to help Jude get a lot of game-time during the Championship."

"I don't want to be a fool and I want to respect recovery protocols and make sure he recovers properly."

Bellingham does not turn 17 until June 29, when he can sign as a pro — and learn to drive.

But he is still growing physically and Clotet wants to protect him as much as possible.

He explained: "All his physical data is at the same level as the older professionals but we still need to guarantee enough recovery."

"We played three games last week, now we have exactly the same this week — and I don't want to put him in that situation."

Clotet revealed that Bellingham has accepted the decision like a man.

The Blues head coach said: "He has taken it well because he felt very fatigued after Millwall."

"He understands the situation — and knows it is for his benefit."

"I don't want him to get into the situation of over-training so his body cannot cope because he doesn't have enough recovery."

"I want to make sure he can keep coping until the end of the season."

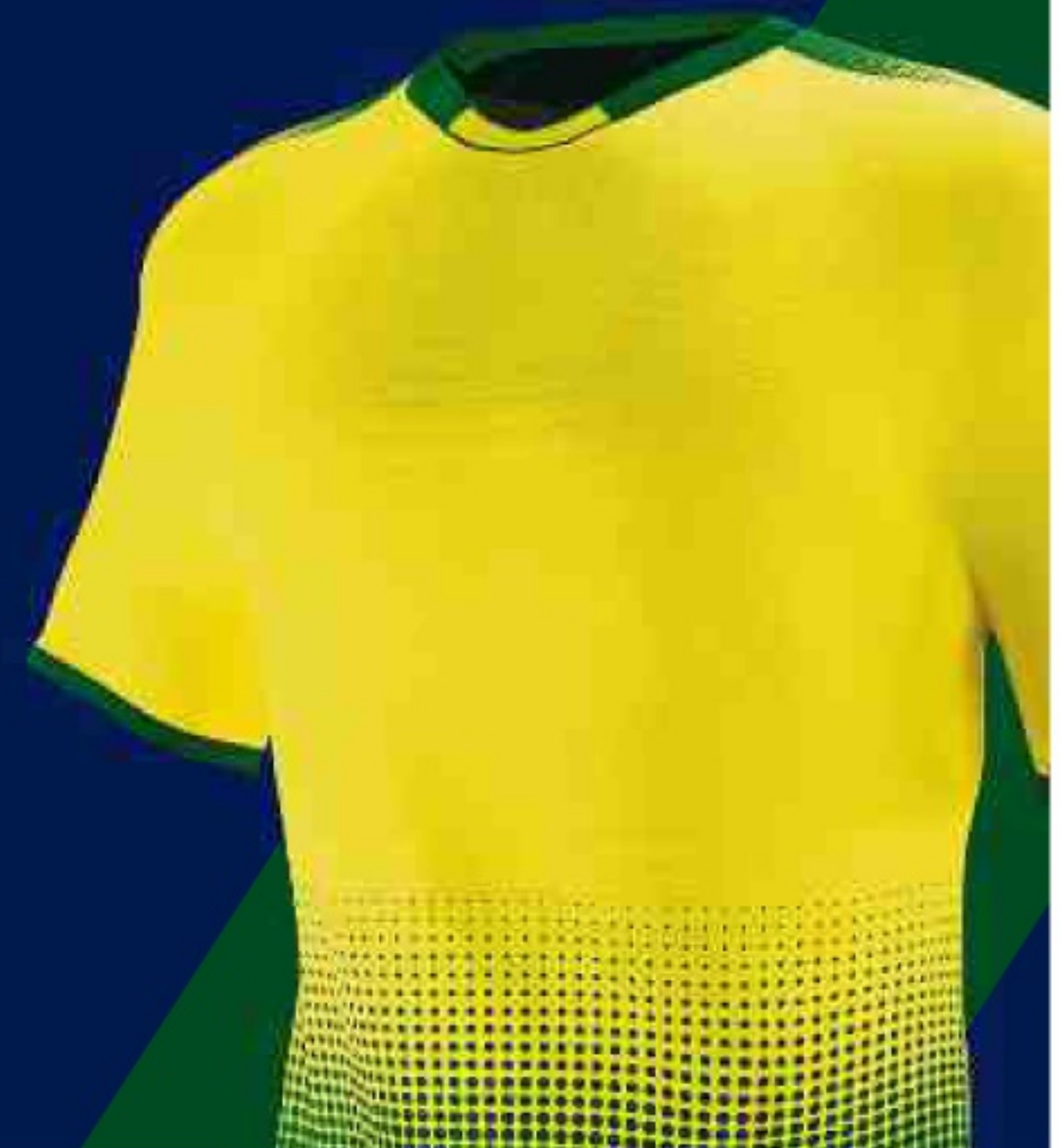
"Jude wants to help the team but he totally understands when he needs rest."

BOSS CLOTET USING KID GLOVES ON JUDE

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Age: 16y 249dCareer club games 34
Career club starts 27**TEEN STAR ...**
Jude Bellingham
is being rested
for FA Cup tie
at Leicester

FA CUP 5TH ROUND

1 NORWICH have won just one of their last seven away games against Spurs in all competitions (D2 L4) — losing each of the last three.

goals



WELCOME BREAK... Daniel Farke is happy to not be involved in league

Dan fancies Cup of glee

NORWICH chief Daniel Farke wants his men to play with freedom when they take a break from the Premier League relegation dogfight tonight.

The Canaries recorded a much-needed victory over Leicester on Friday night.

But shock results elsewhere over the weekend still left them six points off safety at the bottom of the table.

Norwich earned a trip to Tottenham in the FA Cup fifth round with a 2-1 win at Burnley, where Farke freshened up the side to keep everyone focused for the upcoming challenges.

With a tricky trip to Sheffield United on Saturday, against a team which has shone back in the top flight, Farke will look to keep things in perspective.

He said: "The Premier League and FA Cup are separate competitions.

"We want to succeed in every way possible, so we want to create something in this Cup and the league.

"It is important to try to get the win against Spurs but also get a few points against Sheffield United."

Norwich are set to take 9,000 fans to London and Farke added: "In the FA Cup, everything is possible. A team in a cup can surprise.

"I like this competition a lot because it reminds you why you started to play football with your mates.

"There is not much analysis of where it would leave you in the table, so I like it.

"We are already in the fifth round.

"We are not the favourites but we want to go further."

Norwich performed well in both Premier League fixtures against Spurs this season — leading at Carrow Road before a penalty from England captain Harry Kane made it 2-2 during the closing stages.

It took a scrappy goal from Son Heung-min to see off the Canaries 2-1 on their visit to the Tottenham Hotspur Stadium at the end of January. While

Jose Mourinho is expected to rotate his squad, Farke knows Norwich will not be in for an easy ride as Spurs look to get their own campaign back on track following three straight defeats.

The Norwich head coach, who revealed forward Teemu Pukki and midfielder Alexander Tettey were doubts following illness, said: "It is the third time in just a few months that we play Tottenham, so we have an idea of what to expect.

"On this level, every detail can change a game. I think they will be prepared, it is their big chance to win the FA Cup.

"They will be highly motivated, especially in a home game.

"I would have preferred they had won the last few games because now they are really motivated.

"When you play such a side you have to be switched on every second because they only need one second to change a game."

Norwich performed well in both Premier League fixtures against Spurs this season — leading at Carrow Road before a penalty from England captain Harry Kane made it 2-2 during the closing stages.

It took a scrappy goal from Son Heung-min to see off the Canaries 2-1 on their visit to the Tottenham Hotspur Stadium at the end of January. While

HOTSHOT... Pukki is a doubt for tonight



By PAUL JIGGINS

JOSE MOURINHO has clipped Troy Parrott's wings before their clash with the Canaries.

The Tottenham boss will again put the strike starlet — who he branded the Privileged One — on the bench for tonight's FA Cup fifth-round tie at home to Norwich.

Parrott, 18, is the most talked about young forward at Spurs since Harry Kane.

Mourinho, without a recognised striker due to injuries to Kane and Son Heung-min, has so far resisted widespread calls to start Parrott.

The Special One has no doubts about the Republic of Ireland rookie's ability, but wants to make sure he has the attitude to match.

There have been whispers that his hot

prospect had started to get a bit too big for his boots.

So the club are ploughing as much into his development off the pitch, as they are on it.

Mourinho said: "He's an Irish kid with a family based in Dublin, who comes to London.

"He lives with a family Tottenham think is a perfect family to support him but he's a kid so, of course, we need to take care of him.

"From the moment he is in the first team, he is not surrounded by kids of his age.

"Instead, he is surrounded by top professional players with a different life and different lifestyle, with different focus on life.

"So he needs to have his feet on the ground.

"We need to help him to have his feet on the ground so he can behave like a very young professional who has a career ahead of him, not as somebody in the last part of his career.

"There is an educational process."

After coming off the bench for the final few minutes of Tottenham's 3-2 home defeat by Wolves on Sunday, Parrott scored for the Under-23s in their 3-2 win over Wanderers on Monday night.

Mourinho added: "I was so happy with the way he performed and I'm not speaking about the goal that he scored.

"I told him before the game, every time you play with the kids of your age, you have to show your colleagues why you are the privileged one.

"Why you are training in the first team every day and some of them are not — because it was something that he was not doing.

"Every time he was playing with the kids, he was playing with the mentality of 'I shouldn't be here.'

"Or, 'I am too good to be here.' Or, 'It's not here that I want to play.'

"And this is an educational process that comes."

Former Manchester United boss Mourinho admitted: "I had exactly the same words with Scott McTominay.

He was not loved in his age

Troy's the Privileged One



PARROTT
Age: 18y 29d

Club games 2019-20 3
Club starts 2019-20..... 1
Career club games 5
Career club starts 1

JOSE WARNS ROOKIE

group because he did not have the right frame of mind.

"But the moment we started changing that, lots of things started changing for him.

"And every time he was going to the team, he was the best.

"He was the best in everything, the best in attitude, the best in character.

"This is the way you work with kids and if, in this generation, kids have things too easy in life, I think it's part of the education to also see the other side.

"So I think Troy will come on even stronger when everything happens step by step. And not immediately because he is not ready for that. So it is a process.

"So if he scores the winning goal against Norwich and he is on the back page of newspapers, nothing changes.

The next week he goes again to play for the Under-

23s. Everything is a process." Mourinho has spoken to mimic McTominay, who is now one of United's key men.

The Spurs chief said: "That is why I was so happy with what he did in the Under-23s.

"I was not worried about scoring goals or not scoring goals. I was worried about attitude. What he can do. The way the other kids look at him.

"He has to go there and show his professionalism and how privileged he is.

"He cannot go there with discontent — contempt.

"Also the way he trains with us. He is a privileged boy, he is being taken very good care of by the club."

The clamour in N17 for Parrott to play is far more than a birdsong — more of a crescendo.

But Mourinho insists Spurs are treating the player right.

He added: "I share with his academy boss John McDermott many of the educational principles that are important.

"So everything goes very well. But this is a world where lots of people, they don't even know if Troy has long hair or short hair. Or is blond or is dark.

"They don't even know that and yet they speak about 'Troy, Troy, Troy, Troy' and that he should play.

"There was a guy behind me on the bench the other day. He was shouting 'Play Troy, play Troy'.

"But I don't think he even knows Troy."

Mourinho will again be without keeper and captain Hugo Lloris, who is battling a groin problem. But Erik Lamela could feature after training over consecutive days for the first time since the manager arrived in November.

LEAGUE ONE AND LEAGUE TWO 1

FLEETWOOD have lost just one of their last 16 league games — with seven wins and eight draws.

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FOOTBALL RESULTS

EMIRATES FA CUP: Fifth Round
CHELSEA (1) 2 **LIVERPOOL** (0) 0
 Willian 13, Barkley 64 Att: 40,103

READING (1) 1 **SHEFF UTD** (1) 2
 Puskas 43 (pen), McGoldrick 2, Sharp 105
 Att: 15,129 (after extra-time)

WEST BROM (0) 2 **NEWCASTLE** (2) 3
 Phillips 74, Zohore 90, Almiron 33, 45, Lazaro 47

SKY BET LEAGUE ONE
IPSWICH (0) 0 **FLEETWOOD** (1) 1
 Att: 15,678, Evans 40

	P	W	D	L	F	A	Pts
Coventry	33	17	13	3	47	30	64
Rotherham	34	18	8	8	60	35	62

	P	W	D	L	F	A	Pts
Portsmouth	33	17	8	8	51	32	59
Wycombe	34	17	8	9	45	40	59
Sunderland	34	16	10	8	46	28	58
Fleetwood	33	16	10	7	49	36	58

	P	W	D	L	F	A	Pts
Oxford Utd	34	16	9	9	58	35	57
Peterboro	34	16	8	10	66	40	56
Ipswich	35	14	10	11	46	35	52
Doncaster	33	14	9	10	50	33	51
Gillingham	34	12	14	8	40	32	50
Burton Alb	33	12	11	10	46	45	47
Blackpool	33	11	11	11	43	41	44
Bristol R	33	11	9	13	35	46	42
Shrewsbury	33	10	11	12	29	39	41
Accrington	34	10	10	14	46	51	40
Lincoln City	34	11	6	17	41	44	39
MK Dons	34	10	7	17	36	46	37
AFC Wm'don	34	8	10	16	39	52	34
Rochdale	33	9	6	18	36	56	33

	P	W	D	L	F	A	Pts
Tranmere	32	6	8	18	32	58	26
Southend	34	3	7	24	36	84	16
Bolton	32	5	9	18	25	64	12

(Bolton deducted 12 points & Bury removed)

SKY BET LEAGUE TWO
EXETER (1) 1 **CREWE** (0) 1
 Parkes 32, Nottingham 61 Att: 4,221

PLYMOUTH (3) 3 **GRIMSBY** (0) 0
 Bakinson 22, Hardie 30, Jephcott 40 Att: 9,327

SWINDON (1) 2 **SCUNTHORPE** (0) 0
 Doyle 41, 77 Att: 7,583

	P	W	D	L	F	A	Pts
Swindon	35	21	6	8	62	37	69
Crewe	36	19	9	8	64	42	66
Plymouth	36	19	8	9	58	39	65

	P	W	D	L	F	A	Pts
Exeter	36	18	11	7	52	40	65
Cheltenham	35	17	12	6	52	27	63
N'thampton	36	17	7	12	53	38	58
Port Vale	36	14	14	8	50	44	56

	P	W	D	L	F	A	Pts
Colchester	36	14	13	9	49	37	55
Bradford	36	14	12	10	44	38	54
Salford City	36	12	11	13	47	46	47
Forest Green	35	12	10	13	41	40	46
Crawley Tn	36	10	15	11	48	47	45
Camb Utd	36	12	9	15	39	46	45
Grimsby	36	11	11	14	43	51	44
Walsall	35	12	8	15	37	48	44
Newport Co	34	11	10	13	31	37	43
Oldham	36	9	14	13	44	54	41
Scunthorpe	36	10	10	16	44	54	40
L Orient	35	9	12	14	45	54	39
Carlisle	35	9	12	14	37	53	39
Mansfield	35	8	11	16	46	54	35
Morecambe	36	7	11	18	35	59	32
Macclesfield	36	7	15	14	32	44	30

	P	W	D	L	F	A	Pts
Stevenage	35	3	13	19	23	47	22

(Macclesfield deducted six points)

LADBROKES PREMIERSHIP - Hibernian 1 Hearts 5.

	P	W	D	L	F	A	Pts
Celtic	28	25	1	2	82	17	76
Rangers	27	20	4	3	65	18	64
Motherwell	28	13	3	12	36	36	42
Aberdeen	28	11	8	9	35	33	41
Livingston	28	10	8	10	39	36	38
Hibernian	29	9	10	10	41	46	37

	P	W	D	L	F	A	Pts
Kilmarnock	28	9	5	14	29	38	32
St Johnstone	27	7	11	9	27	46	32
Ross Co	28	7	8	13	28	55	29
St Mirren	27	6	7	14	23	36	25
Hearts	28	4	10	14	30	50	22

	P	W	D	L	F	A	Pts
Hamilton	28	4	9	15	28	50	21

LADBROKES CHAMPIONSHIP - Ayr 0 Dundee Utd 0; Dundee 0 Alloa 0; Inverness CT 3 Morton 2; Partick 0 Queen of South 0.

LADBROKES LEAGUE ONE - Clyde 2 Montrose 1; Dumbarton 2 Forfar 0; Raith 1 Falkirk 1.

LADBROKES LEAGUE TWO - Cowdenbeath 2 Albion 1; Stirling 0 Stenhousemuir 0.

THE BUILDBASE FA TROPHY: Quarter-final - Concord Rangers 2 Royston Tn 1 (after extra-time; 1-1 at 90 mins).

VANARAMA NATIONAL LEAGUE - AFC Fylde 1 Notts County 2; Barnet 2 Boreham Wood 2; Chesterfield 3 Harrogate Tn 4; Chorley 1 Eastleigh 2; FC Halifax 1 Sutton Utd 0; Solihull Moors 0 Hartlepool 1.

VANARAMA NATIONAL NORTH - Brackley 0 Boston Utd 0; Leamington 0 King's Lynn Tn 0; York 1 Hereford FC 4.

VANARAMA NATIONAL SOUTH - Billericay 0 Havant & W 1. **OFF** - Tonbridge Angels v Wealdstone (waterlogged pitch).

BETVICTOR SOUTHERN PREMIER CENTRAL - Banbury Utd 4 Needham Market 2; St Ives Tn 1 Leiston 0. **OFF** - Biggleswade Tn v Alvechurch, Kings Langley v Lowestoft Tn (waterlogged pitches).

BETVICTOR SOUTHERN PREMIER SOUTH - Beaconsfield Tn 4 Tiverton Tn 0. **OFF** - Hartley Wintney v Farnborough, Poole Tn v Met Police, Weston-S-Mare v Blackfield & Langley (waterlogged pitches).

BETVICTOR ISTHMIAN PREMIER - Corinthian Casuals 2 East Thurrock 1; Enfield Tn 1 Lewes 1; Leatherhead 4 Potters Bar Tn 0.

BETVICTOR NORTHERN PREMIER - Ashton Utd 1 Warrington Tn 1; Gainsborough 4 Radcliffe 1; Matlock Tn 1 Morpeth Tn 1; Whitby 1 Mickleover Sports 1.

CHED'S UP

Evans sparks a Lamb slaughter

By MEL HENDERSON

IPSWICH fans turned on boss Paul Lambert after Ched Evans virtually KO'd their hopes of automatic promotion.

It will need a dramatic turnaround for Lambert's men, who have won just once in eight games, to even make the play-offs.

Fresh from a three-game ban, sub Evans fired Fleetwood to victory — and extended their unbeaten run to ten games — on their first-ever visit to Portman Road.

Under-fire Tractor Boys chief Lambert said: "Everybody at this club is suffering now — but I am not going to chastise the players."

"That's not the first time I've heard fan stick in my career. The pressure is astronomical, though I can handle most things."

Cheered on by just 88 travelling fans, Fleetwood climbed into sixth to reinforce perhaps the unlikelyst

Ipswich.....0
 Fleetwood.....1

of promotion challenges. To put things into perspective, when Ipswich won the FA Cup in 1978 the Cod Army were playing in the Cheshire League.

The Tractor Boys' failure to sustain their promotion challenge turns up the heat on Lambert.

He may have signed a five-year deal on New Year's Day but a run of four wins from 20 league games puts him on thin ice.

The home supporters' patience was close to breaking point in a first half dominated by the visitors.

Cries of 'You don't know what you're doing' were aimed in the direction of Lambert, whose team looked low on confidence.

Hardly surprising, given the way they have dropped out of the

promotion picture having been in pole position back in January.

Fans' frustration only increased as Fleetwood almost took a 28th-minute lead when Barrie McKay fired in a low cross from the left.

Ipswich skipper Luke Chambers lunged in to clear and almost conceded an own goal as the ball crashed off a post.

But five minutes before the break, McKay threaded the ball through for Evans — a 16th-minute sub for the injured Callum Connolly — to open the scoring.

That was the fans' cue to divert their anger to owner Marcus Evans with a 'Get out of our club' chant.

Ipswich subs Tyreece Simpson, 18, and Freddie Sears both went close to equalising, but the visitors deservedly hung on for the win.

Fleetwood boss Joey Barton said: "This is one of the biggest wins I've had as a manager — but there is no fear from my players."



PRAISE BE TO COD . . . Fleetwood celebrate with match-winner Evans

MATCH STATS

IPSWICH	FLEETWOOD
2/2.....	Shots on/off target3/2
1.....	Blocked shots2
58%.....	Possession.....42%
517.....	Passes.....390
8/2.....	Corners/offside.....3/2
1/0.....	Yellow/red cards.....1/0



CHED BOY . . . Evans scores the only goal of the game at Ipswich

Doyle lands Rich reward

Swindon.....2 Scunthorpe.....0

EOIN DOYLE rediscovered his shooting boots as title-chasing Swindon announced a new deal for boss Richie Wellens.

The striker had not scored since New Year's Day but met a 41st-minute cross from Diallang Jaiyesimi at the far post to nod the ball down and past keeper Rory Watson.

At half-time it was revealed Wellens had signed a 3½-year extension.

And Doyle then capped a great night for the hosts with his 24th goal of the season in the 77th minute — when he dinked home from Michael Doughty's defence-splitting pass.

Wellens, whose side are top by three points, said: "Far too many English managers are written off."

"I'd a respectable record at Oldham. Not a lot of managers get the chance of a second job, so to have another 3½ years to prove myself is great."

Iron caretaker Russ Wilcox said: "We had 11 under-23s on the pitch and there were some good performances."

"The difference between the teams was Doyle. He's outstanding."

Nott rescue lifts Crewe

Exeter.....1 Crewe.....1

MICHAEL NOTTINGHAM bagged his first league goal in nearly a year to rescue a point for Crewe.

The defender's 61st-minute tap-in cancelled out Tom Parkes' first-half opener to keep his side in second.

Crewe boss David Artell said: "We had to change our style due to the pitch. It was not one for the purists!"

Parkes put Exeter in front in the 32nd minute when he pounced on Nicky Law's corner.

Randell Williams could have doubled the hosts' lead on the stroke of half-time but fired straight at the keeper.

Brennan Dickenson rescued Exeter after the break when his last-ditch block denied Stephen Walker.

Yet Nottingham got a faint touch on Perry Ng's shot and the ball trickled into the far corner.

Exeter piled forward in search of a winner but Law's header was cleared off the line by Nottingham and Will Jaaskelainen denied Archie Collins.

Exeter boss Matt Taylor, whose team slip down to fourth, added: "We had all the play but it didn't quite happen."

Pilgrims are Bak in form

Plymouth.....3 Grimsby.....0

A FIRST-HALF goal blitz powered Plymouth past Grimsby and into the automatic promotion spots.

An 18-minute burst from Tyreeq Bakinson, Ryan Hardie and Luke Jephcott ended Pilgrims' frustrating three-game winless run in style.

The victory kept Ryan Lowe's men within four points of leaders Swindon. He said: "Grimsby are a decent side but we were clinical. We want to attack and are always a threat at home."

Bristol City loanee Bakinson opened the scoring in the 22nd minute as he headed George Cooper's cross beyond Grimsby keeper James McKeown.

Bakinson turned provider for Hardie, who made McKeown look silly with a dummy before firing home.

Jephcott then hit his seventh goal in 13 games since returning from a loan spell at Truro City.

Mariners boss Ian Holloway said: "To concede three times before half-time is especially disappointing."

"The fans have travelled a long way on a Tuesday night and we appreciate their support."

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INSPIRATION
... Lee carries son
Josh, whose bravery
led the proud dad
to run the London
Marathon

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The get ready for summer plan

ALL this week we are helping you shed the pounds - and keep them off - with our brilliant Slimming World recipes.

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Today, as part of our collectable series of recipe pullouts, we bring you filling feasts the whole family can enjoy.

'I'M THE MAN I WANT TO BE'

TIPPING the scales at 20st, father-of-four Lee Allsopp had an extra reason to lose weight.

After his youngest son Josh was diagnosed with cerebral palsy, Lee knew he had to get fit and healthy to help support him.

Lee, a gas fitter, says: "Josh struggled to walk for any distance and if I tried to carry him, I started gasping for breath after a few steps."

It was just the push Lee needed to join Slimming World and get himself in shape - and within six months he'd shed an incredible 8st.

He adds: "I'd never felt better. By then, I'd also signed up for a 4K fun run for Scope, a charity that

helps children and adults with disabilities. I was buzzing with excitement as I set off."

The charity then asked Lee, 37, to run the 2019 London Marathon to raise more cash.

He says: "Thinking about how much effort it took for Josh to put one foot in front of the other, I agreed to do it. I wanted to be the role model he deserved, and in April last year I finished the 26-mile race - for Josh. The difference in me is phenomenal and when Josh starts to tire, I can lift him on to my shoulders, meaning he's still part of the fun."

"In all areas of my life, I'm the man I want to be."

Read Lee's moving story in full on Page 3.

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OR GET £15 OFF ONLINE: See Page 4**

**SEVEN
FILLING
FAMILY
FEAST
RECIPES**

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FILLING FAMILY FEASTS



Chicken & leek baked risotto

Serves 4

Cooking time: Ready in 40 minutes.

INGREDIENTS:

Low-calorie cooking spray
2 large leeks, finely sliced
500g courgettes, coarsely grated
2 garlic cloves, crushed
250g dried risotto rice
700ml chicken stock
4 skinless and boneless chicken breasts, sliced into 2cm chunks
3 tbsp fat-free natural Greek yoghurt
Juice of 1 lemon
25g fresh basil, leaves picked

METHOD: Preheat your oven to 200C/180C fan/gas mark 6. Spray a wide, lidded, flameproof casserole dish with low-calorie cooking spray and place over a medium heat.

Add the leeks and courgettes then fry for 5-6 minutes, stirring often, or until they have softened. Add the garlic and cook for a further 2 minutes. Add the rice and cook for 2-3 minutes, or until the rice starts to look translucent.

Increase the heat and add the stock, stirring everything together. Bring to a simmer, add the chicken and season.

Bring back to a good simmer, stir, cover and transfer to the oven to bake for 10 minutes.

Remove the risotto from the oven, give it another stir and return to the oven uncovered for a final 15 minutes, or until the rice is tender and almost all the stock has been absorbed.

Remove from the oven, stir through the yoghurt, lemon juice to taste and the basil.

Top with a twist of black pepper and serve.



Meatballs with pasta

Serves 4

Cooking time: Ready in 50 minutes.

INGREDIENTS:

Low-calorie cooking spray
1 onion, finely chopped
2 aubergines, finely diced
2 celery sticks, finely chopped
3 garlic cloves, crushed
2 x 400g cans chopped tomatoes
500g lean beef mince (5 per cent fat or less)
2 tsp dried oregano
350g dried fusilli bucati or pasta spirals
25g fresh basil
20g fresh Parmesan, finely grated
Salad leaves, to serve

METHOD: Spray a large, deep, lidded non-stick frying pan with low-calorie cooking spray and place over a medium heat.

Add the onion, aubergines and celery then fry for 5-6 minutes, stirring often until slightly softened. Add two-thirds the crushed garlic, along with a splash of water, and fry for a further minute.

Add the tomatoes, bring to a simmer, cover and cook for 20 minutes, stirring occasionally. If it looks too dry, add a cupful of water.

Meanwhile, put the mince, the remaining garlic and oregano in a mixing bowl, season, then mash it all together with your hands. Roll the mixture into 16 meatballs, each about the size of a ping-pong ball.

Once the sauce has been cooking 20 minutes, gently stir in the meatballs, cover and cook for a further 10 minutes.

Stir and cook uncovered for a final 10 minutes until the meatballs are cooked through and the veg is tender.

Meanwhile, cook the pasta according to the pack instructions, then drain and divide between 4 bowls. Top with the meatballs and basil.

Evenly scatter over the Parmesan and serve with the salad.

Veggie sausages with chips & baked beans

Serves 4

Cooking time: Ready in 50 minutes.

INGREDIENTS:

1kg floury potatoes, peeled and cut into 1cm-thick chips
Low-calorie cooking spray
8 frozen Linda McCartney's Vegetarian Red Onion & Rosemary sausages
4 large eggs

For the baked beans:

300g carrots, coarsely grated
2 x 400g cans cannellini beans
2 x 400g cans chopped tomatoes
2 celery sticks, finely chopped
2 red peppers, deseeded and finely chopped
1 tsp hot or sweet smoked paprika

METHOD: Preheat your oven to 200C/180C fan/gas mark 6. Spread the chips on a non-stick baking tray in a single layer and spray with low-calorie cooking spray.

Season and cook for 40 minutes or until golden, turning halfway.

Put the sausages on a separate non-stick baking tray below the chips for the last 15 minutes of their cooking time.

Meanwhile, put the ingredients for the baked beans in a lidded saucepan. Bring to a simmer, cover and cook for 20 minutes, stirring occasionally. Take off the lid and simmer for a further 10 minutes, stirring often, until the veg is softened and the liquid is reduced and saucy.

Season, then put a stick blender in the pan and give it a couple of pulses, so it blitzes a little of the mixture but not all. Stir and keep warm.

Once the chips and sausages are ready, reduce the oven to low to keep them warm.

Spray a large non-stick frying pan with low-calorie cooking spray and place over a medium-high heat. Fry the eggs until cooked to your liking.

Serve the sausages and chips with the beans and an egg on top, with a twist of black pepper.



Fabulous fish pie

Serves 4

Cooking time: Ready in 1 hour.

INGREDIENTS:

Low-calorie cooking spray
3 medium leeks, finely sliced
1 litre fish stock
4 level tbsp cornflour
750g floury potatoes, peeled and cut into chunks
200g fat-free natural Greek yoghurt
4 large hard-boiled eggs
400g frozen fish pie mix, defrosted
20g fresh chives, chopped
Juice of ½ lemon
250g runner beans
250g thin-stemmed broccoli

METHOD: Preheat your oven to 200C/180C fan/gas mark 6. Spray a large, non-stick saucepan with low-calorie cooking spray and place over a medium heat.

Add the leeks and fry for 5-6 minutes, stirring often, until slightly softened. Add a splash of the stock, then stir in the cornflour to coat the leeks.

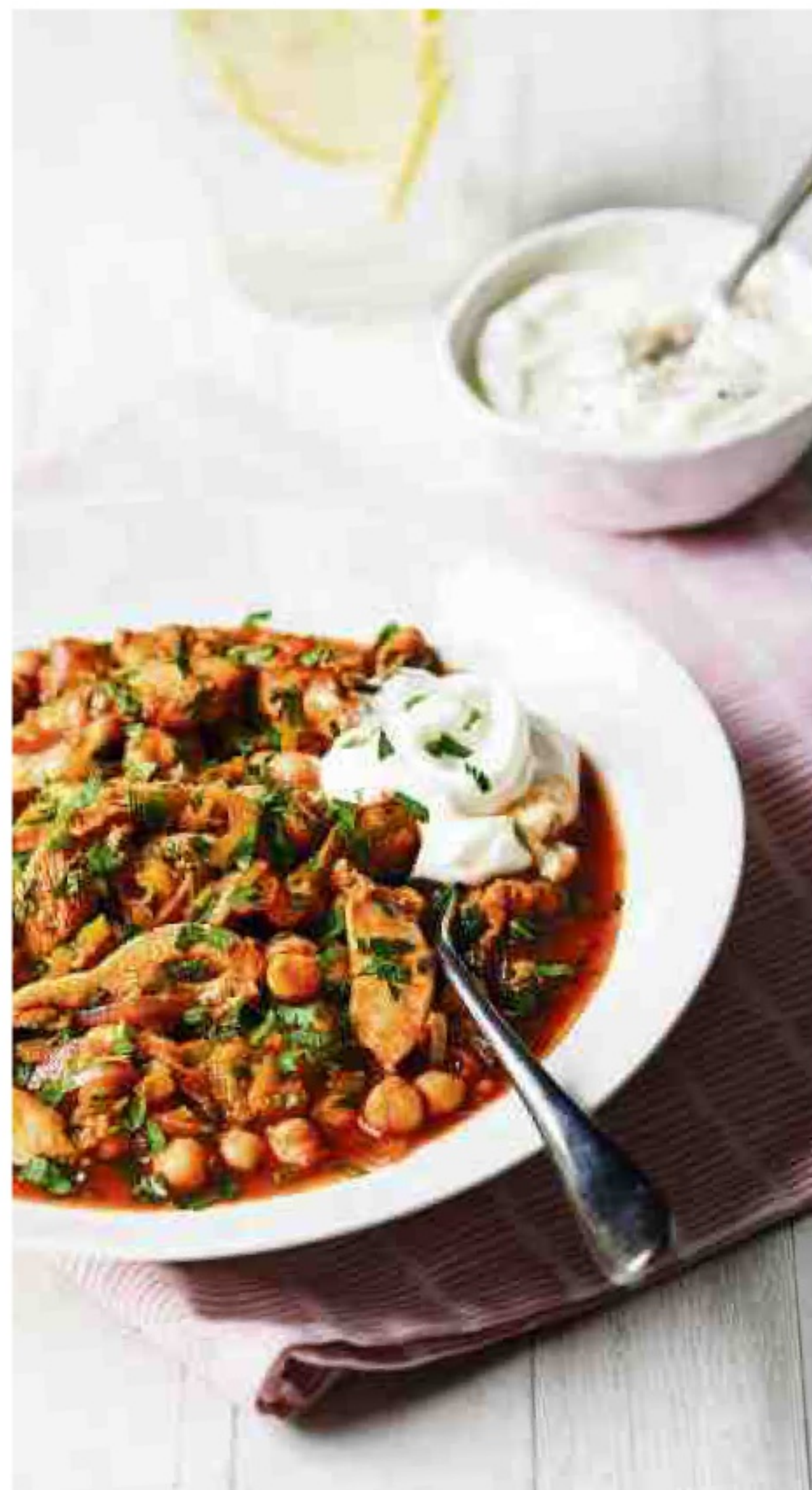
Gradually add the rest of the stock, stirring constantly. Bring to a brisk simmer, then reduce the heat and cook for 8-10 minutes or until the stock can lightly coat the back of a spoon.

Turn off the heat. Meanwhile, boil the potatoes for 15 minutes. Drain then mash, stir through the yoghurt and season. Peel and cut the eggs into quarters, then set aside.

Pat the fish dry with kitchen paper and bring the stock back to a simmer. Add the eggs, fish and chives, stir gently, then add the lemon juice.

Transfer to a pie dish and top with the mash. Drag a fork through the mash to rough up the texture. Spray with low-calorie cooking spray and bake for 25 minutes until golden and the sauce is bubbling through.

Meanwhile, boil the runner beans and broccoli for 3 minutes, then drain. Divide the pie between 4 plates and serve with the veg.



Smoky chicken stew

Serves 4

Cooking time: Ready in 30 minutes.

INGREDIENTS:

Low-calorie cooking spray
3 green peppers, deseeded and finely diced
2 red onions, finely sliced
4 celery sticks, finely chopped
3 garlic cloves, crushed
3 tbsp tomato puree
2 tsp ground cumin
1 tsp hot or sweet smoked paprika
500g skinless and boneless chicken thighs, all visible fat removed, sliced into 1cm-thick pieces
2 x 400g cans chickpeas, drained and rinsed
500ml chicken stock
200g fat-free natural Greek yoghurt
25g fresh flat-leaf parsley, finely chopped

METHOD: Spray a large, deep, non-stick frying pan with low-calorie cooking spray and place over a medium heat.

Add the peppers, onions and celery and fry for 5-6 minutes, until slightly softened, stirring often.

Add two-thirds of the crushed garlic, the tomato puree and spices, along with a large splash of water.

Stir-fry for a further 3-4 minutes until everything is fragrant.

Add the chicken, chickpeas and the stock. Season, bring to a simmer and cook for 20 minutes, stirring occasionally, or until the veg has softened and the chicken is cooked through.

Meanwhile, mix the remaining garlic with the yoghurt and season. Once the stew is cooked, stir in most of the parsley and divide between 4 bowls.

Top each bowl with a dollop of yoghurt and scatter over the remaining parsley to serve.



BEFORE AND FASTER . . . Lee at his heaviest, and weighed down only by his medals for marathons

'I wanted to be the role model Josh deserved and in April last year I finished the marathon – for him'

TWO years ago, 20st Lee Allsopp never imagined he would run a marathon. Now the father of four has run THREE – plus a 32-mile ultra-marathon – after losing 8st with Slimming World. His inspiration, he tells CAROLINE IGGULDEN, is his youngest son Josh, four. Lee, a gas fitter who lives in Long Eaton, Derbys, with his wife Trisha, Josh and their other children Liam, 14, James, 11, and seven-year-old Ellie, says:

ONE day at work, I bent down to check a gas meter and the pain in my knee took my breath away. I stayed professional as I filled in the paperwork and politely said goodbye to the customer.

Then I limped back to my van and collapsed in agony. My knee had been troubling me for a couple of years and being 20st was putting pressure on my joints.

Trisha was a member of Slimming World Online and had followed the plan for nearly a year, but even with my knee problems I hadn't felt motivated to join her.

After Josh was diagnosed with cerebral palsy, aged four, I knew I needed to give him his very best life. Josh struggled to walk for any distance, and if I tried to carry him I started gasping for breath.

When the pain in my knee made work near-impossible, I saw my GP, who diagnosed a build-up of fluid. I tried to push through but it became infected and I spent a week in hospital while the fluid was drained.

I've never felt pain like it. After Josh's diagnosis, it took five months and more pain before I decided I had to change my eating habits. After a lifetime of relying on fast food for lunch, Trisha found some Slimming World recipes I could make and take with me in the van. I ate the same as she did for dinner. After a week, I already felt better and no longer slumped down after every meal, feeling bloated.

After two months, I had lost almost 2st. I told Trisha I wanted to join a Slimming World group. She offered to come and my mum Susan did too, in July 2018. Within a few

BEFORE

Breakfast: Full English fry-up

Lunch: McDonald's

Dinner: Fish and chips or Chinese takeaway

20st 2lb

AFTER

Breakfast: Overnight oats

Lunch: Tuna pasta salad

Dinner: Slimming World curry or Slimming World loaded wedges

12st 4lb

minutes of walking through the doors, any fears drifted away. I got lots of ideas and was soon having overnight oats for breakfast and a different packed lunch each day. I stopped taking chocs and crisps in the van.

In the evenings, I learned how to cook. Whoever got home first would have Liam and James help. They loved choosing what we ate – homemade burgers with Slimming World chips, say, or a spicy curry – and I treasured the time I spent with them.

Within two weeks, I'd lost another stone.

Slimming World is really practical. The food is great and you can make meals for the whole family. It's great for busy people, as I plan ahead and make food I can take with me in the van. The group's support meant I didn't falter. I picked myself up and got back

to it. Work got much easier as my knee pain disappeared. I had monthly meetings with colleagues and each time I walked into the room, the surprise on their faces made me smile. I was changing before their eyes.

Four months after joining the group, I reached my target of 12st 12lb and never felt better.

I signed up for a 4km fun run for Scope, a charity that helps kids and adults with disabilities. It was years since I'd done any exercise, but after a few weeks of running a little further each time, I was buzzing with excitement before setting off.

Afterwards, I got a call from the charity asking if I'd run the 2019 London Marathon for them. At first I thought they were crazy. I'd always been an overweight man in a van.

Running a marathon wouldn't have entered my wildest dreams. But thinking about how much effort it took for Josh to put one foot in front of the other, I agreed.

I wanted to be the role model he deserved and in April last year I finished the 26-mile race – for Josh.

Trisha has lost 4st, too – and Susan a stone. It really helped to do it together. My life has really changed and I always say it is thanks to Slimming World. The difference in me is phenomenal. Now, no boiler is too difficult to get to and there are no aches and pains.

I love having a kickabout in the garden with the kids and when Josh starts to tire, I can lift him on to my shoulders, meaning he's still part of the fun. In all areas of my life, I'm the man I want to be.





FILLING FAMILY FEASTS



Prawn balti

Serves 4

Cooking time: Ready in 30 minutes.

INGREDIENTS:

250g dried long-grain rice
Low-calorie cooking spray
2 onions, finely sliced
2 yellow peppers, deseeded and finely sliced
3 garlic cloves, crushed
7cm piece fresh root ginger, peeled and grated
2 tsp ground cumin
2 tsp dried garam masala
2 tsp black mustard seeds
1 tsp chilli powder (optional)
500g medium tomatoes, quartered
400g raw peeled king prawns
25g fresh coriander, leaves roughly chopped

METHOD: Cook the rice according to the pack instructions. Drain, return to the pan and keep covered so the rice stays warm.

Meanwhile, spray a large, deep, non-stick frying pan with low-calorie cooking spray and place over a medium heat. Add the onions and peppers and fry for 5-6 minutes, stirring often, or until softened.

Add the garlic, ginger and spices (add the chilli powder now, if you like heat) with a large splash of water and stir-fry for 2-3 minutes until fragrant.

Add the tomatoes, season and increase the heat to medium-high.

Fry for 5-6 minutes, stirring often, squashing the tomatoes down gently as they soften to release their juices. Once the tomatoes have broken down a bit, add the prawns, bring the curry to a good simmer and cook for around 3 minutes, or until the prawns are pink and cooked through.

Stir through most of the coriander. Divide the curry and rice between 4 plates, and scatter the remaining coriander on top to serve.



Roast ham, baked potatoes & parsley sauce

Serves 4

Cooking time: Ready in 1 hour 15 minutes.

INGREDIENTS:

4 baking potatoes, pricked with a fork
Low-calorie cooking spray
1 onion, finely chopped
2 level tbsp cornflour
2 tsp mustard powder
3 large egg yolks
400ml skimmed milk
25g fresh flat-leaf parsley, leaves finely chopped
Juice of ½ lemon
500g savoy cabbage, shredded
200g frozen peas
1.2kg cooked unsmoked boneless ham joint, all visible fat removed, brought to room temperature

METHOD: Preheat your oven to 200C/180C fan/gas mark 6. Place the potatoes directly on the oven rack and cook for around 1 hour, or until you can stick a knife into them easily.

Meanwhile, spray a medium, lidded, non-stick saucepan with low-calorie cooking spray and place over a low-medium heat. Add the onion, cover and cook for 10-15 minutes, stirring often, until really soft but still pale.

Meanwhile, put the cornflour and mustard powder in a bowl. Stir in the egg yolks with a fork until you have a smooth mixture. Add the milk, whisking all the time, then pour into the onion pan. Increase the heat to medium and bring to steaming, stirring constantly with a whisk for 5-7 minutes – don't allow it to boil. At around 5-6 minutes, you will feel the mixture thicken quickly.

Reduce the heat slightly, keep stirring and don't let it catch on the bottom of the pan. Once at a sauce consistency, remove from the heat.

Puree the onion sauce in a food processor or with a stick blender. Add the parsley and lemon juice to taste, season and cover with cling film touching the sauce. Set aside off the heat until everything else is ready.

Boil the cabbage and peas for 2-3 minutes until tender, then drain. Cut the ham into thick slices and divide between 4 plates with the potatoes and vegetables.

Bring the sauce back to steaming and top each with a quarter of the sauce.

2 EXCLUSIVE SLIMMING WORLD OFFERS

Join your local group for **FREE**

RESEARCH shows that by joining a group you are more likely to be successful in the long-term than if you go it alone – so give yourself the best chance of slimming success.

Join your nearest Slimming World group for free when you purchase a 12-week Countdown before March 15, 2020, plus get 12 weeks for the price of ten – saving £19.90.

Standard membership fee is £10 and weekly group fee is £4.95.

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For full terms and conditions, please visit slimmingworld.co.uk/sun-terms.

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Offer March 2-15



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Your name:.....

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Slimming World Online has all the tools you need to lose weight successfully and stay on track, including delicious recipes, motivational tips and inspirational stories from other members, plus a weight-loss planner.

Visit slimmingworld.co.uk/thesun before midnight on March 15, 2020, and enter voucher code SUN2020 to save £15.

Full terms and conditions available at the above address.

Consultants: Remember to save your vouchers and return them to head office immediately after the offer closes.

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ONLY IN TOMORROW'S MOUTH-WATERING VEGETARIAN RECIPES