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7 - 13 MARCH 2020

SPORT
RELIEF

IT'S SPORT RELIEF!



What's on TV



**Death
on the
farm**

EMMERDALE



**VIOLENT
REVENGE!**

Murder!

GARY KILLS ALI?



new

**Celebrity
Bake Off**

STAND
UP TO
CANCER



new

**Joanna
in Cuba**



**'You betrayed
me'**

EastEnders

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What's on TV

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Page finder



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HOT TV THIS WEEK

Sat 9 Mon 9 Tue 10 Wed 11 Thu 12 Fri 13



it's the final!

Dancing on Ice

SUN 8 March, 6pm **ITV** Entertainment

After weeks of exhausting practice sessions, tense knockouts and a few controversies, there are just three couples left in the competition for the grand final. They will be whittled down to two pairs, who will then go through to skate the *Boléro* routine made famous by judges Jayne Torvill and Christopher Dean. Who'll impress the most and be crowned this year's champions?

FULL STORY P7



Boléro... Chris and Jayne at the 1984 Winter Olympics

Judges... (From left) Ashley Banjo, John Barrowman, Jayne Torvill and Christopher Dean

Fallout... Maggie with hubby Peter (Mark Heap)

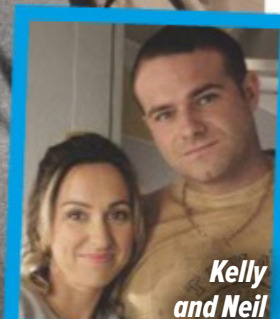


The Trouble with Maggie Cole

WEDNESDAY 11 March, 9pm **ITV** Drama

The locals are still angry over the gossip Maggie (Dawn French) spread on the radio last week. But boatyard worker Neil (Joe Layton) and hairdresser Kelly (Kerry Howard) decide to embrace what was broadcast and pretend they actually are lottery winners to cover up their recent mystery windfall. Meanwhile, Maggie wants to apologise to everyone but she's rebuffed by GP Carol, who's not ready to forgive...

FULL STORY P13



Kelly and Neil

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Mentor...
Oti Mabuse

it's the final!

The Greatest Dancer

SATURDAY 7 March, 6.30pm
BBC1 Entertainment

Who'll be crowned The Greatest Dancer as the four remaining acts go head-to-head? Superstar dance captains Oti, Matthew, Cheryl and Todrick will join their finalists to get the party started with an extravagant opening dance number.



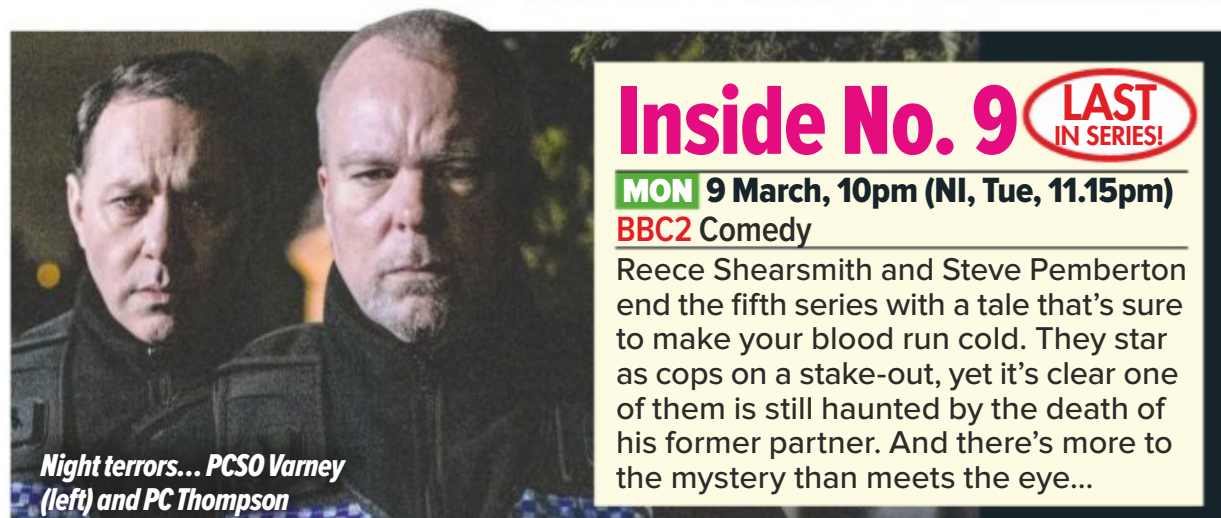
Liar

MONDAY 9 March, 9pm
ITV Drama

In the lead-up to his death, we see rapist Andrew in flashback scenes, on the run and feeling increasingly bitter towards Laura for exposing him. But he faces a dilemma when he finds out that his son, Luke, is fighting for his life in hospital. Will Andrew be able to see his beloved boy?

FULL STORY P9

Past and present...
Laura and Andrew



Inside No. 9

LAST IN SERIES!

MON 9 March, 10pm (NI, Tue, 11.15pm)
BBC2 Comedy

Reece Shearsmith and Steve Pemberton end the fifth series with a tale that's sure to make your blood run cold. They star as cops on a stake-out, yet it's clear one of them is still haunted by the death of his former partner. And there's more to the mystery than meets the eye...

Night terrors... *PCSO Varney (left) and PC Thompson*



Island-hopping...
Joanna learns more about life in Cuba



Delicious... The first heat's contestants meet the Bake Off judges and hosts

S **2** **C**

Great Celebrity Bake Off **new**

TUESDAY 10 Mar, 8pm C4 Cookery

Comedians Jenny Eclair and Russell Howard, *Love Island*'s Ovie Soko and documentary maker Louis Theroux enter the *Bake Off* tent for the first week's heat in the version of the hit show in aid of Stand Up To Cancer. Prue Leith and Paul Hollywood are back to judge the celebrity bakers' culinary creations, while Sandi Toksvig and Noel Fielding are on hand to comment and comfort. But out of the four celebs, who'll be awarded Star Baker?

FULL STORY P14



new

Joanna Lumley's Hidden Caribbean

TUESDAY 10 March, 9pm **ITV Factual**

Joanna Lumley is on another globetrotting adventure in this two-parter that takes her to Cuba and Haiti, two Caribbean countries with quite turbulent histories. Her jaunt around Cuba in this week's first episode sees the *Ab Fab* star in the back of a classic 1950s-style car in Havana, visiting a boxing gym and watching workers rolling cigars in the tobacco region of the island.

FULL STORY P25

Child's play... Can parents Ally and Paul cope with the pressure?



Breeders

new

THURSDAY 12 Mar, 10pm & 10.35pm **Sky One Comedy**

Daisy Haggard and Martin Freeman star as parents Ally and Paul, who are juggling the demands of their young kids with full-time careers and ageing parents. As the 10-part comedy gets underway, Ally's estranged father (Michael McKean) shows up on their doorstep, meaning they've got even more stress to deal with...

FULL STORY P8



Teamwork... The stars join forces for a good cause

Sport Relief

new

FRI 13 March, from 7pm **BBC1 & BBC2 Entertainment**

Sports stars and celebrities get up to all sorts this Friday night to raise money for Sport Relief, with Gary Lineker and Paddy McGuinness among the hosts. There's a celebrity rowing race between teams from the BBC, ITV, C4 and Sky – plus on Wednesday (BBC1, 8pm), *The Heat Is On* sees celebrities such as Rob Rinder, Frankie Bridge, Karim Zeroual and Samantha Womack on a trek through the desert in Namibia.

FULL STORY P15 AND 27

Checkout clash... Alan (left) has to be on his guard with Harrison

Last Tango in Halifax

SUNDAY 8 March, 9pm

BBC1 Drama

Alan runs into problems in his new job at the supermarket when young tearaway Harrison starts sniffing around. While Alan's at work, there's chaos for Celia at the bungalow as the builders rip out her old kitchen ready to install the new one. But is her dream about to be shattered?

FULL STORY P11

WORDS: NICK CANNON, CAREN CLARK, SEAN MARLAND, VICTORIA WILSON. COVER PHOTOS: MARK BRUCE/ DANIELLE BAGULEY/ITV, C4, ITV, BBC, GETTY. CONTENTS PHOTOS: ALAMY, BBC, C4, GETTY, ITV, SKY

What's on TV

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The kings of ITV!

Ant & Dec's Saturday Night Takeaway, which returned to ITV on 22 Feb, pulled in a whopping **7.3m** viewers. It easily won the night, beating BBC1's *The Greatest Dancer*, which was viewed by 2.4m.



Big return... Ant (left) and Dec

What's Hot!

17-23 February 2020

What's Not!

Let down in love

The final of *Love Island* on ITV2 on 23 Feb attracted **2.4m** viewers, way down on the 3.3m who watched the final of the 2019 series. It couldn't compete with the new series of *Last Tango in Halifax*, which began on BBC1 (4.9m viewers).



Sinking Island... Laura Whitmore

Farewell...

Frances Cuka 1936-2020

Best known for...

Frances was fan favourite Grandma Nelly Buller from 2011 to 2018 in hit C4 sitcom *Friday Night Dinner*. She was also known as homeless Mrs Bassey in *Casualty*, who often ended up in the ED needing treatment until 2009 when she died after a shopping centre explosion.

Other achievements...

Frances had a long-running career on the West End stage, and also played Ethel Cratchit in the classic 1970 film version of *Scrooge* with Albert Finney.

Tribute...

Frances died on 16 February, aged 83, following a stroke. Actor Sanjeev Bhaskar tweeted to say she was, 'Always such a welcome, warm and hilarious presence in *Friday Night Dinner*.'



TV week

8 pages

's biggest TV shows

Panel games... John (left) has settled in with fellow judges Jayne and Chris

it's the final!

Dazzling on ice!

Ice panellist John Barrowman has big expectations for this weekend's *Dancing on Ice* grand final...

Q What's the dynamic been like on the ice panel with Ashley Banjo and ice-dancing legends Jayne Torvill and Christopher Dean?

A With all four of us together, it's brought a new energy to the whole show and it's created a bit of a different atmosphere. I think my joining has allowed people to feel more free because no one's afraid to say anything. When we disagree, we disagree – but we all really get along.

Q How would you rate the standard of the performances this series?

A The skating has been incredible. Who knew that someone like Perri Kiely from *Diversity* was just going to skyrocket after the very first show? Also, magician Ben Hanlin – he was OK at the beginning, then was right up there with Perri with his skating and

DANCING ON ICE

Sunday, 6pm ITV
Entertainment

tricks. Joe Swash surprised us every week, and let's not forget Libby Clegg. Chris and Jayne loved her lines, loved her power – and we must remember she's blind!

Q What have been your most memorable moments of the series?

A One of the funniest things was Ben doing morris dancing on the ice. That poor guy! Also, H and Matt Evers' first skate was emotional because it was something we'd never seen on TV before. *Dancing on Ice* took the leap in having a same-sex partnership and I'm sure with every series from now on they'll want to represent the people at home watching. It was amazing.

Q So, what are your expectations for the final?

A I want all the skaters to execute everything they've learnt and show us content, personality, characterisation and musicality. We also want them to surprise us.

Q You competed on *Dancing on Ice* in 2006. Have you missed not being on the ice?

A I actually have been back on the ice, skating with pros Hamish Gaman and Brendyn Hatfield. I've been practising my spins and working on my edges. I'd forgotten how much I enjoyed it. Will you see me on the ice in the final? I'm saying nothing about that!

Q Would you like to return as a judge next year?

A I now consider myself to be part of the ITV family, so, yeah, I'd love to be part of it again next year. If I wasn't asked, I think I'd be offended! ■

Success story... Perri Kiely





Welcome to the world...
New parents Paul and
Ally (right) with
Paul's mum Jackie

Parents on the edge!

new

Martin Freeman stars in a brand-new comedy...

Paul is a caring father to his two young children, Luke and Ava, but he discovers he's not the man he thought he was as he and his partner, Ally, juggle parenthood with their careers.

'Paul has a nice life,' says *Sherlock* star and dad-of-two Martin Freeman, who plays Paul. 'But he has these fits of rage with his kids and that's something we thought was worth exploring. Loads of Paul is based on my experiences as a dad and lots

BREEDERS

Thursday, 10pm & 10.35pm
Sky One **Comedy**

of things that happen in the show, have happened to me!'

The 10-part series kicks off with a double bill and we meet Paul and Ally (Daisy Haggard) as they battle to get their children to bed.

'Any parent will tell you their kids are the most important things,' he explains. 'But we rarely talk about how angry they make us!' ■

This is WAR!

Xavier vows to prove Cameron is a fraud...



Xavier Duval has had doubts about junior doctor Cameron Dunn ever since he performed 'heroic' surgery in a broken-down lift. And, this week, the registrar's suspicions are confirmed.

When Jason, who was in the lift at the time, reveals Cameron gave him a gift afterwards, Xavier (Marcus Griffiths) knows there's more to the story. Meanwhile, Cameron's chasing glory again when he pushes to lead a man's surgery. But when Nicky's forced to intervene, Cameron intimidates her into not telling Xavier...

'Cameron's always trying to prove himself, but he's very vulnerable and often makes the wrong decisions,' says Nic Jackman, who plays him.

Later, Xavier grills Jason about the lift incident and discovers it was he who saved the man's life. Will Xavier expose Holby's golden boy? ■

HOLBY CITY

Tuesday, 8pm
(Scot, 10.35pm)
BBC1 **Drama**

Suspicion...
Xavier (left) is
sure Cameron has
something to hide

Hero... Jason
reveals the truth



More at whatsonTV.co.uk/holby

Coming soon...

What's on
TV
EXTRA

What you'll be watching
in the weeks ahead...



★ **Lady and the Tramp** on new subscription streaming service Disney+ (which launches on 24 March) is a live-action remake of the classic animation film about two pooches from different sides of the tracks. Voice actors include Ashley Jensen (right).



★ A squad of personal shoppers give ordinary people incredible style makeovers in the upcoming BBC2 show **You Are What You Wear**. The four-parter is hosted by Rylan Clark-Neal, who'll have tissues at the ready for the emotional reveal.



★ Based on the popular books, CBBC's fantasy drama **The Snow Spider** follows the adventures of Gwyn Griffiths and the magical spider Arianwen. The five-parter stars Gavin & Stacey's Melanie Walters (left) as Gwyn's grandmother.

★ Sir Paul McCartney's children's novel **High in the Clouds** is being adapted for Netflix as an animated drama with the former Beatle writing several new songs for the show. The story follows a rebellious teenage squirrel called Wirral.



★ Ex-England cricketer Freddie Flintoff opens up about his battle with bulimia in BBC1's **Freddie Flintoff on Bulimia**. The *Top Gear* host talks to other male sufferers and asks why the condition has doubled in men over the last decade.

★ **Hi-de-Hi!**'s Su Pollard and former newsreader Angela Rippon are among the six celebs taken to a 1920s mansion to solve an Agatha Christie-style whodunnit in Channel 5's **Celebrity Murder Mystery**.



Conniving cop!

DI Renton goes to devious lengths to get answers from a rattled Laura...

LIAR

Monday, 9pm **ITV Drama**

Evil rapist Andrew Earham is continuing to cause turmoil for Laura Nielson, even after his death.

Laura (Joanne Froggatt) has been arrested on suspicion of killing Andrew (Ioan Gruffudd) and, as DI Karen Renton's investigation into the murder steps up a gear this week, the formidable detective increases the pressure on an upset Laura to try to make her crack.

In addition to an intense grilling and keeping her in a cell, Karen also plays mind games with Laura by apparently ensuring that the press are now on her trail, and sowing doubts about her new partner, Ian (Kieran Bew), and his chequered past.

'Karen is a problem for Laura,' says Katherine Kelly, who plays the dogged detective. 'She's assertive and is trying

to prove that her instincts are correct. Karen is very good at removing her emotions from a case because that clouds how effective she can be. She's just trying to get the job done and get to the truth.'

Evidence

Inquiries take a fresh turn, however, when Ian is also arrested and questioned again but, as Karen and her colleague DS Rory Maxwell (Danny Webb) reveal some

surprising new evidence to him, will he incriminate himself or Laura?

'Everybody's a suspect!' says Katherine. 'Andrew had many victims and they all have friends and family. A lot of people wanted him dead but who actually went through with it?' ■



Arrested... Laura's partner, Ian



Team... DS Maxwell and DI Renton

Suspect... Laura (left) is under pressure from DI Karen Renton

Where are my kids?

Hannah's rattled as Richie takes drastic action...

THE SPLIT

Tuesday, 9pm (Wales, 10.35pm)
BBC1 Drama

As the divorce proceedings for celebrity couple Fi and Richie Hansen intensify under the media spotlight, Fi's worried that the leak of a 'sex tape' could jeopardise her case.

With formidable lawyer Melanie Aickman in Richie's corner, Fi's petrified her husband will try to take her kids away. But Hannah warns Melanie she's going to out Richie as the abuser he really is.

Later, as Fi and Richie put on a united front for the cameras, Hannah learns Richie's taken her own three children to see their show! Hannah confronts Richie, who warns her that if she comes after his family, he'll come after hers! Should Hannah be afraid? ■



Threat... Hannah is given an ultimatum. Inset: Fi and Richie



You liked...

If you enjoyed...

Ruth Wilson playing her own grandmother Alison in BBC1's family drama *Mrs Wilson*. Set in post-war London, it told how Alison's world was rocked when her ex-MI6 husband died and a woman turned up on her doorstep claiming to be his real wife. Keeley Hawes also starred.

MRS WILSON

on BBC1



You'll want to check out...

Keeley Hawes pops up again as a grieving widow in the upcoming six-part drama *Finding Alice*. When Alice's husband, Harry, dies suddenly after 20 years of marriage, she stumbles on a mess of secrets, hidden debt and criminality that he's left behind. Can she pick up the pieces in order to survive?

FINDING ALICE

on ITV



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Secret admirer!

Caroline is left stunned when romantic interest comes from an unlikely source...



Attraction... Author Judith (left) has a surprise for Caroline

Caroline is gearing up for one of the biggest days of her teaching career as she prepares for the arrival of her ex-husband John's girlfriend, Judith, now a hotshot author, who's giving a talk to the students at her school.

'Caroline's invited Judith to the school because she's so taken with the way her students are impressed by her. She's converting non-readers into readers,' says *Happy Valley*'s Sarah Lancashire, who plays Caroline. 'Judith's become one of her three heroines, alongside Michelle Obama and Baroness Chakrabarti.'

Caroline had been counting on her head of English, Ruth (*Doctors*' Lu Corfield), to interview Judith on the stage.

LAST TANGO IN HALIFAX

Sunday, 9pm BBC1 Drama

But the mood is tense between Ruth and Caroline after Caroline invited Ruth for dinner last week.

Disaster date

'Caroline was attracted to Ruth as they're intellectually matched,' says Sarah. 'Caroline was trying to be brave and get herself back out there after losing wife Kate, so she invited Ruth for dinner but the night went horribly wrong. It's always complicated!'

Indeed, after finding out that Caroline is gay, straight Ruth accuses her of using the dinner invitation as a way to try to hit on her and pulls out of doing the interview, forcing Caroline to

have to step in as a last-minute replacement.

Meanwhile, John (Tony Gardner) and Judith (Ronni Ancona) are due to get married, but John reckons they're better off cohabiting. That's when Judith stuns him with the revelation that she doesn't love him – and that he should move out!

Later, with nowhere else to go, John turns up at Caroline's asking to stay. At that moment, Judith phones Caroline to thank her for the opportunity to talk at the school... and makes a surprising revelation!

'Judith tells Caroline: "It's not John I'm interested in, it's you!"' reveals Sarah. 'It's safe to say Caroline is shocked!' ■

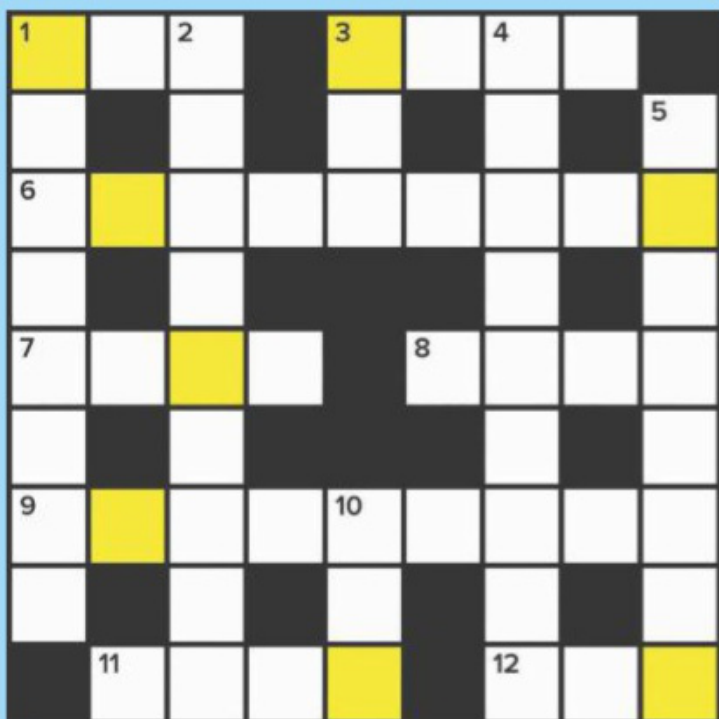


Dumped... John is asked to move out



Misunderstanding... Ruth says no

WORDS: VICTORIA WILSON. PHOTOS: BBC



Mini crossword

win £100!

Solve the clues and rearrange the letters in the shaded squares to spell out a soap actor (4,4). Turn to page 97 to enter. The winner gets £100. Usual rules apply (see page 97).

ACROSS

- 1 The Beatles' nickname, The --- Four (3)
- 3 Fantasy TV series that starred Robert Carlyle, ---- *Upon a Time* (4)
- 6 *Elementary* star, Jonny --- (3,6)
- 7 2004 crime film starring Daniel Craig and Tom Hardy, *Layer* ---- (4)
- 8 American pianist and singer of 1994 hit *Cornflake Girl*, Tori ---- (4)
- 9 Writer and director of 1994 movie *Pulp Fiction*, Quentin ----- (9)
- 11 Velvet Underground singer, Lou ---- (4)
- 12 Tree-like creature that features in JRR Tolkien's *The Lord of the Rings* (3)

DOWN

- 1 Actor who played Lynette Scavo in American TV drama *Desperate Housewives*, ----- Huffman (8)
- 2 1984 Queen hit written by John Deacon, *I Want to* ----- (5,4)
- 3 Mentor to Luke Skywalker in 1978 movie *Star Wars*, --- Wan Kenobi (3)
- 4 Michael Moore documentary film from 2002, *Bowling for* ----- (9)
- 5 Former politician who appeared in *Gavin & Stacey*, John ----- (8)
- 10 Moustachioed neighbour in *The Simpsons*, --- Flanders (3)



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Childlike... Maggie seeks reassurance from her husband, Peter

I'll stand by you!

Maggie Cole's husband Peter tries to support and help his shunned wife...

THE TROUBLE WITH MAGGIE COLE

Wednesday, 9pm ITV Drama

The residents of Thurlbury are still reeling from the revelations disclosed by Maggie in her radio interview. Newspapers are splashing big stories about it, too – much to Maggie and her husband Peter's despair.

Local headmaster Peter seems to be the only person standing by a distraught Maggie (Dawn French), but he wisely advises her to lay low for a while.

'He's quite protective of Maggie – she's almost childlike,' explains Mark Heap, who plays Peter. 'He's now had enough of teaching and was looking forward to a low-key retirement, so all this trouble is the last thing he

needs. He just wants a quiet life.'

Maggie's ex-pal Jill (Julie Hesmondhalgh), who was among those Maggie tore into on the radio, bonds with the other victims – known as the 'outed six'.

Remorseful

Maggie really wants to apologise to everyone that she's upset, but her first attempt is swiftly rebuffed by GP Carol (Chetna Pandya), whose husband Maggie had suspected might be gay. It seems there may be more secrets, too...

'There's a little secret in the Cole family that lingers throughout the drama and you don't quite know what it is until one of the later episodes!' says Mark. 'It's in our nature that we like to know stuff.'

Apology not accepted... Carol rebuffs Maggie

Look who's back...

Spot some familiar faces appearing in new roles this week

What's on TV EXTRA

SUE HOLDERNESS

Holby City BBC1 • Tuesday • 8pm (Scotland, 10.35pm)

FACT FILE

- **Boycie's wife** Sue is most famous as Boycie's wife Marlene in *Only Fools and Horses* (1985-2003), as well as spin-off series *The Green Green Grass* (2005-2009).
- **Keeping mum** She played Rachel's mother Mary in *Cold Feet* (2000-2003) and has also been seen in *Heartbeat*, *Dear John* and *Minder*.
- **Sitcom star** She reunited with *Only Fools and Horses*' Sir David Jason in 2018 to play Mrs Rossi in *Still Open All Hours*.



THEN 1985

Sue guest stars in this week's *Holby City* as Gloria. In the grip of a nursing crisis, Fletch is relying on agency staff like Tayo to fill the gap. When a confused Gloria goes AWOL and Fletch finds her in a storeroom, it's Tayo who calmly persuades her to return to her bed. Can Fletch convince acting CEO Max McGerry that nurses are the lifeblood of the NHS?

More at whatsontv.co.uk/holby



Confused patient... Sue plays Gloria

MICHELE DOTRICE

McDonald & Dodds ITV • Sunday • 8pm

FACT FILE

- **Ooh, Betty!** From 1973 to 1978, Michele played long-suffering Betty in BBC1 comedy *Some Mothers Do 'Ave 'Em*, the wife of hapless Frank Spencer (Michael Crawford).
- **Period pieces** The daughter of actor Roy Dotrice, Michele starred in period dramas *Bramwell* and *Vanity Fair* in the 1990s.
- **Scandalous** In 2018, she played a pub landlady in BBC1 drama *A Very English Scandal*, starring Hugh Grant.



THEN 1973

Michele joins the final episode of ITV crime drama *McDonald & Dodds*, starring Tala Gouveia and Jason Watkins as a detective duo. When they're called to a private rehab clinic following the mysterious death of a patient, they uncover a web of lies and betrayal. Michele plays a gambling addict called Mary, alongside Caroline Catz as sex addict Alison and Freddie Fox as drug user Miles. Look out for Joanna Scanlan as the director of the clinic and Hugh Dennis as the CEO.



Rehab... Michele as Mary

MIRIAM MARGOLYES

Miriam's Big Fat Adventure BBC2 • Mon-Tue • 9pm

FACT FILE

- **Funny bones** Her comedy roots go back to the 1980s when she appeared in BBC1's *Blackadder*, with roles including the Spanish Infanta.
- **Marigolder!** Miriam took part in the BBC's *The Real Marigold Hotel* in 2016, staying in India with other retirement-age celebs. She went on to film three spin-off series.
- **Nun's the word** She joined the cast of *Call the Midwife* in 2018, as bossy nun Mother Mildred.



THEN 1983

Miriam's new BBC2 series sets out to discover why the UK is at its most overweight ever. She meets people fully embracing their larger sizes and others who are taking drastic measures to shed pounds. Miriam, who'll be joining a plus-size dance class and meeting a body-confidence activist, says: 'I've worried about my weight all my life. I wanted to see how people in the UK feel about our growing sizes, and what lengths people are going to in dealing with it.'



Body talk... Miriam

Roll call... (From left) Sandi, Ovie, Paul, Jenny, Prue, Russell, Noel and Louis

new

\$↑2 C

Raising dough!

THE GREAT CELEBRITY BAKE OFF FOR STAND UP TO CANCER

Tuesday, 8pm C4 *Cookery*

Triumph and disaster await a new batch of nervous celebrities as they head into the legendary *Bake Off* tent, all for a good cause.

As *The Great Celebrity Bake Off for Stand Up To Cancer* returns to C4, with Noel Fielding and Sandi Toksvig hosting, 20 famous faces put their baking skills to the test, including movie star Richard Dreyfuss, actors Caroline Quentin and Patsy Palmer and singer James Blunt. The celebs battle it out to win the Star Baker apron, but

will they impress judges Prue Leith and Paul Hollywood?

'Many of this year's bakers haven't much experience, so there are mixed results!' reveals Paul. 'But the celebrities surprise themselves with what they produce and there are some who excel.'

Challenges

The first instalment of the new five-part series sees broadcaster Louis Theroux, comedians Jenny Eclair and Russell Howard and *Love Island*'s Ovie Soko compete,

Paul and Prue put more fundraising stars through their *Bake Off* paces...

and Paul admits he didn't give them an easy ride.

'I set the Technical, and you'll have to see how the celebs' versions turn out,' he smiles. 'They also make giant decorated biscuits and a choux sculpture. There were a variety of creations, from biscuits that look like a pizza to a scene depicting one celebrity swimming with pigs!'

Despite their unusual offerings, Paul is full of praise for all those taking part.

'You feel the pressure, it's not easy,' he says. 'But that's the beauty of the show. You see these celebrities like you've never seen them before!' ■

● To donate to Stand Up To Cancer, visit channel4.com/su2c, text THIRTY, TWENTY or TEN to 70404 to give £30, £20 or £10, or call 0300 123 444.

Proving herself... Patsy Palmer also competes



Mentor... Archie still looks up to Connie (right)

Decision time!

Connie is shocked as she discovers Archie's secret career dilemma...

Clinical lead Connie Beauchamp is left reeling this week when she learns protégé Archie Hudson is in secret talks with Dr Megan Harrison about a new job in Africa...

Connie (Amanda Mealing), has been working to regain Archie's trust and respect after she was stabbed last year while trying to expose her mentor's addiction to prescription drugs. But this week, when she tells

CASUALTY

Sat, 9.20pm BBC1 *Drama*

Archie that she's been in talks about creating a new consultant's post for her, she gets a lukewarm reaction.

Rival bid

During a catty run-in with Megan (Emily Woof), Connie finds out the reason why... The visiting surgeon reveals she's offered Archie a job in Sudan with her!

A hurt Connie confronts Archie (Genesis Lynea), who is confused about which job offer means more to her.

'Archie's actually been very forgiving of everything Connie did,' explains Genesis. 'But Archie is also a good doctor who wants to change the world.'

Can Connie convince the aspirational young medic to stay? ■

More at whatsontv.co.uk/casualty



Headhunter... Megan wants Archie's help



new It's Sport Relief!

Famous faces do their bit for the sporting fundraiser

Get your trainers on – it's Sport Relief time again! The fun-packed BBC charity telethon is back for a night of sport-related fundraising presented by Gary Lineker, Paddy McGuinness, Maya Jama, Emma Willis, Alex Scott, Oti Mabuse, Rylan Clark-Neal and Tom Allen.

Along with special sketches and appeal films, a centrepiece on the night of TV is Clash of the Channels 2020, in which there will be an epic rowing race.

Among those taking part are *Breakfast's* Louise Minchin for the BBC, *Hollyoaks'* Chelsee Healey for C4 and newsreader

SPORT RELIEF
Friday, from 7pm BBC1 & BBC2
Entertainment

Dermot Murnaghan for Sky. Meanwhile, for ITV, *Coronation Street's* Colson Smith will join *Emmerdale's* Isabel Hodgins and *This Morning's* Dr Ranj Singh.

Support

'I was feeling competitive until I worked out how hard rowing was!' laughs Colson, who plays Craig Tinker. 'What have I let myself in for?! I can't swim!'

Olympic rowers James Cracknell and Helen Glover have been helping train the

teams and Colson admits it's been a huge learning curve.

'The trainers said I'm doing well but I've struggled with keeping in time,' says Colson.

The race will take place at Salford Quays, near to the Corrie set, and Colson hopes his co-stars will lend their support.

'They're going to come and I want to do them proud,' says the actor, who's thrilled to be helping Sport Relief, which this year is focusing on tackling mental-health issues, domestic abuse, homelessness and child poverty.

'It's such a great campaign,' says Colson. 'I want to do whatever I can to help.' ■

Winning team...?
Colson and Dr Ranj (right) will be rowing for ITV



A feast of fun

Look out for all these special events going on during Sport Relief...



LINE OF DUTY

In a cheeky spoof, *AC-12's* finest grill a corrupt cop (Jason Isaacs) about the identity of 'H'. But his lawyer (Lee Mack) could cause problems!

KILLING STEVES

A send-up of *Killing Eve* sees famous Steves, including snooker star Steve Davis and Corrie's Steve McDonald, targeted by a mystery blonde assassin...



A ROUND WITH ROM

Comedian Romesh Ranganathan and tennis ace Sir Andy Murray compete in a mini-golf version of The Open, with a forfeit for the loser!

DANCE ALONG WITH AJ AND CURTIS PRITCHARD

The brothers will share dance moves on social media for the nation to try out the week before they showcase a routine live on the night.

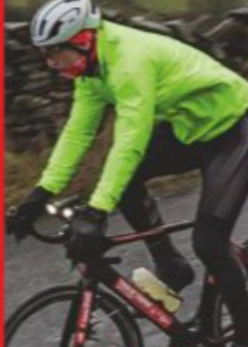


GETTING QUIZZICAL!

Paddy McGuinness will feature in *A Question of Sport Relief*, plus there'll be a sporting special of *QI*.

ON YER BIKE!

In Gareth Thomas' *Tour de Trophy for Sport Relief* (Sat 7 March, 11.30am, BBC1), cameras follow the rugby star's 500-mile cycle from Cardiff to Aberdeen.



PEOPLE'S POLL

The results of a poll to determine the greatest Sport Relief sketch ever will be revealed. Will David Beckham's *Only Fools* skit clinch victory?

To donate to Sport Relief, visit sportrelief.com

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AS SEEN
ON TV



“Just minutes in the microwave! Delivered to my door by a friendly face. What's not to like?”

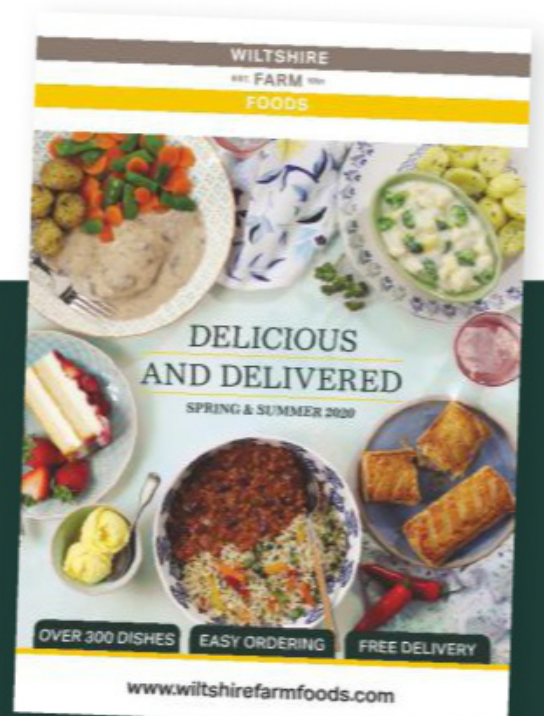


★ Trustpilot

4.7 out of 5 based on 17,562 reviews
(As of 03.02.2020)

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What's on Netflix!

Plus Amazon, iPlayer, NOW TV, BritBox, Apple TV+ and more...

Enterprise

From Sunday 8 March,
five episodes as a box set, BBC3 Online

A second series of the comedy with more antics from Jeremiah (Trieve Blackwood-Cambridge) and Kazim (Kayode Ewumi), entrepreneurial owners of the delivery service Speedi-Kazz.



RuPaul's Drag Race

Available now, 15 episodes
(released weekly), Netflix

If you're missing the UK version, series 12 of the US competition is now under way, with Ru joined in the hunt for the next drag superstar by celebrity guest judges including Nicki Minaj.



The Test: A New Era for Australia's Team

From Thursday 12 March,
eight episodes as a box set, Amazon Prime Video

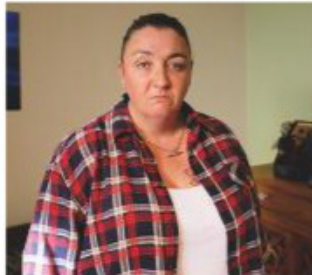
This fly-on-the-wall series follows Australia's cricket team on the long road to regaining the respect of world cricket after a recent scandal.



This Country

From Monday 9 March, from 7pm,
episode 4 (of 6), BBC3 Online

Kerry joins the vicar's book club and brings some interesting reading choices. Then Big Mandy (right) signs up and starts writing and reciting her own bizarre stories to the group...



Missing, feared murdered!

Lost Girls

From Friday 13 March, one-off drama, Netflix



One mum's heartbreaking and complex search for her missing daughter is unravelled in this drama based on a tragic true story about the so-called Long Island Serial Killer. Amy Ryan plays single mother Mari Gilbert, who takes it upon herself to form her own investigation into 24-year-old Shannan's disappearance when the police fail to take proper action to find her. Mari thinks the cops don't care about Shannan's disappearance because her

daughter worked as an escort, but her tireless efforts soon lead to the shocking discovery of an insular gated community in New York's Long Island and more than a dozen murders of sex workers, as well as a tale of police misconduct and negligence. Gabriel Byrne plays the commissioner of the local police department, while *Mozart in the Jungle*'s Lola Kirke and Thomasin McKenzie (who recently starred in the film *Jojo Rabbit*) are also among the cast.

→ **What else can I watch?** We search the TV schedules and online for the shows you might miss...

SKY & VIRGIN

The best on Sky and Virgin showing this week

Mrs Fletcher

Tuesday, 10.15pm, Sky Comedy

Kathryn Hahn plays Eve Fletcher, a single mum who has a midlife sexual reawakening after her son leaves for college. All seven episodes will be on Sky Box Sets/NOW TV from 10 March.



Strike Back: Vendetta

Tuesday, 9pm, Sky One

Section 20 arrive in Tel Aviv to intercept the sale of stolen Russian military tech, but then a familiar face complicates matters. Season eight is available in full on Sky Box Sets/NOW TV.



CATCH-UP TV

The best of BBC iPlayer, ITV Hub, All 4 and more

Baghdad Central

All 4

Set in 2003 during the US occupation of Iraq, this six-part thriller stars Waleed Zuaiter (right) and Bertie Carvel as two ex-cops (one Iraqi, one British) searching for a missing daughter.



Bumps

BBC iPlayer

Amanda Redman plays a 60-something divorcée and mother-of-two who, despite her age, decides to have a third child, using egg and sperm donors, in this one-off comedy.



WIN a holiday with the Give Me The Energy Awards!

Boost wants to reward parents for their endless energy – send us your testing moments

Kids throw all sorts at you, sometimes literally. If there's one thing you need to get you through the day, it's energy, and lots of it.

Between the sleepless nights and the temper tantrums, we think it's about time parents' energy was given the reward it deserves. So we've teamed up with Boost, the pay-as-you-go energy supplier, to create the Give Me The Energy Awards – giving a weekly prize and a round of applause to all the mums and dads who have had their energy tested but still come out smiling.



Dinner went everywhere but in her mouth!



Apparently it's art...



THE PRIZE PACKAGE

Five winners every week!

Every week for the next four weeks, the Give Me The Energy Awards will award prizes to parents who send in the best photos of the moments when the kids put their energy to the test.

Each week, five lucky winners will receive a £100 voucher from a range of partners, giving you

a well-earned boost. Then, at the end of the four weeks, one of our weekly winners will also win the grand prize – £2,000 to spend on a holiday for all the family.

Competition closing date is 29 March 2020. Entrants must be over 18. Terms and conditions apply.



A BIT ABOUT BOOST

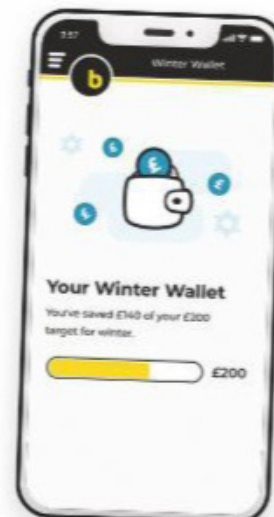
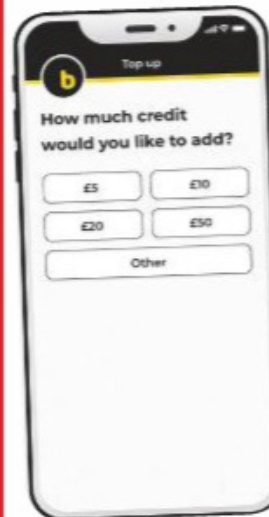
They love your energy

If there's anything Boost can do to help you save your energy, they'll do it. Take topping up the meter, for instance. With Boost, there's no need to head

to the shops – you can simply top up quickly and easily from your phone.

The Boost app has plenty of other features to help you save time and money.

Winter Wallet helps you to save credit when it's warmer to cover your energy costs in winter, while Emergency Boost puts up to £30 credit in the app, so you can reach payday stress-free.



boost

See how Boost could make your pay-as-you-go energy simpler at boostpower.co.uk

Enter at goodtoknow.co.uk/boostcomp

What a week for...

5 PAGES of all the week's hottest plots

Jean accuses

EASTENDERS
Is Suki's cancer lie set to be exposed when she vents her suspicions?



p22

Cain shocked

EMMERDALE
There are deadly consequences when he takes on cop DI Malone!



p20

Gary kills?

CORONATION STREET
He's in deep when he recruits dodgy Sharon to teach rival Ali a lesson...



p21

Mitchell's bash

HOLLYOAKS
As his guests gather to celebrate at The Dog, Toby's temper boils over...



p22

Lucy engaged!

NEIGHBOURS
She accepts Mark's proposal, but can they make it work long-distance?



p23

Colby rescues?

HOME AND AWAY
As the hospital siege and Robbo's ordeal ends, will the cop save the day?



p23

Joe's cameo

DOCTORS
The real-life TV comedian guests as a patient fears he's stalking her!



p23

EASTENDERS



You betrayed me

Monday

MUST-SEE EPISODE!

Linda's crushed to realise Mick still doesn't trust her...

*Doubts... Mick tries to help Linda.
Inset: Previously Linda struggled with alcohol*



When Mick saved Linda from drowning on the boat, the couple finally stopped pretending they hated each other.

Having come so perilously close to losing each other and their beloved family, they choose to let go of all their

hurt – but there's a long way to go before Mick and Linda get back to where they were.

'I've enjoyed this story in terms of their relationship,' says actor Kellie Bright, who plays the pub landlady.

Linda's alcoholism took her on the darkest journey and tore holes in their marriage. Though Mick initially stood by Linda, he had decided he could take no more. Divorce papers had been signed. But the boat disaster turned everything on its head.

Moving on

This week, the Carter couple continue to try to get on track and make their home a happy place for their little son Ollie.

As each day passes, Mick's proud of the progress and strength

his wife is showing on her journey to stay sober, but he's cautious, too. In the months Linda was drinking, time and time she vowed she'd quit.

Caught out

Picking up on her nephew's unease, Tina proudly tells Mick that Linda's cleaned out her secret stashes of booze. He's pleased, but can't help giving the place a double-check. However, Linda catches Mick rummaging around and is deeply hurt to realise her husband still doesn't trust her.

Can the rekindled marriage cope with a knock so soon?

Kellie certainly thinks so, saying: 'They can make it work – they're Mick and Linda!'

Proposal plan!

Jay's bought a ring and when little Lexi spots it, he includes his girlfriend's daughter in his secret and practises his proposal on her! Lola nearly catches the giddy pair role-playing but they manage to cover it up. Later, Lola's stunned to return home to find Jay's prepared a romantic lunch. What will she say when he pops the question? Is their relationship rock solid and ready for commitment? ■



Big secret... Lexi and Jay



whatsontv.co.uk/eastenders
bbc.co.uk/eastenders

EMMERDALE

Death at Butlers!

Cain is pulled into a dangerous situation that turns fatal

At the garage, Cain can't help but notice Will is acting strangely. The mechanic is clearly stressed, so when Cain finds a suspicious package hidden in a car, he takes his jumpy colleague aside for a word.

Unable to stay quiet any longer about the trouble he's in, Will confides in Cain that DI Malone is a bent copper who's now blackmailing him into dealing drugs!

It's the last thing Will needs in his life as his daughter Dawn has just been granted sole custody of her little boy, Lucas. Getting into any kind of bother, least of all the drug-related kind, would put paid to that and more.

Dragged in... Is Moira paying for Cain's intervention?

'Will wants to be in a loving family that does ordinary things,' says Dean Andrews, who plays him. 'What he's trying to avoid is this getting out and affecting Dawn and Lucas.'

Sinister

Cain's sickened by Will's tale. Like the majority of the Dingles, Cain hates the police – bent coppers even more so – and vows to confront Malone.

In a lay-by, he has a 'chat' with the dodgy DI, only to later find his garage has been trashed and a bull has been killed at his ex Moira's farm!

When the detectives arrive to discuss the crime, Cain tries to mask his feelings as Malone approaches and sinisterly asks if anyone bears a grudge against him...

Can Cain stop the situation spiralling, or are he and Will already in too deep?

Challenge... Cain (left) quizzes Will over his behaviour

Wednesday

MUST-SEE EPISODE!

Illicit... Cain (left) finds a suspect package in a car



whatsonTV.co.uk/emmerdale
itv.com/emmerdale

WORDS: SARAH WATERFALL. PHOTOS: ITV

Cancer secret out

Vanessa's fiancée Charity lets slip the truth to Tracy

Charity's used to having Vanessa by her side, ready with a wise word to rein her in.

But now the flighty Dingle is having to be there for her fiancée, who's been diagnosed with stage-three bowel cancer. Vanessa's going to need chemo and surgery, and she's in serious pain.

So far, the couple have kept the diagnosis between themselves. But when

Charity finds Tracy's planned a surprise birthday party for her sister, she panics, knowing it's more than the suffering vet can handle.

Wrong idea

'Tracy thinks Vanessa's worse for wear after everything that happened with Pierce,' says Amy Walsh, who plays the well-meaning sibling.

Charity insists she shut down the do and when

Tracy refuses, she blurts out the truth.

Tracy is floored, but, by then, it's too late to stop the celebration. As Vanessa walks in to Tug Ghyll, shouts of 'surprise!' ring out.

'Charity's known all along and Tracy doesn't feel that she's looked after Vanessa enough,' says Amy. 'As her sister, she wants to step up and play that role.'

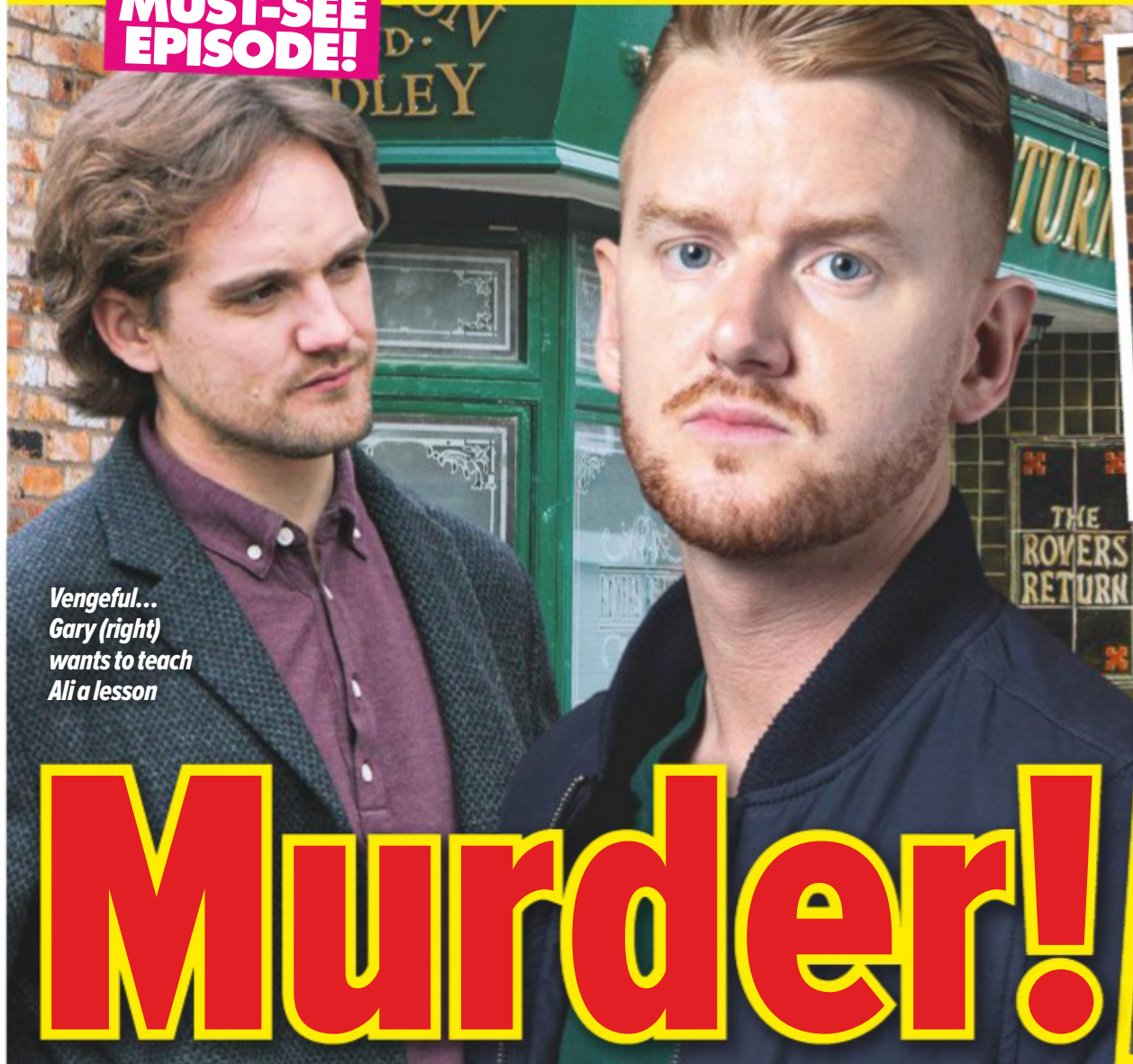
Can the trio pull together to fight the disease?

Brush-off... Tracy (left) rejects Charity's plea

Monday

CORONATION STREET

**MUST-SEE
EPISODE!**



Vengeful...
Gary (right)
wants to teach
Ali a lesson

Murder!



Ex-lovers...
Maria and Ali
slept together



Love triangle...
Ali still has
feelings for Maria

Will Gary kill Ali for sleeping with his fiancée Maria?

So Gary Windass has found out that his fiancée Maria has slept with her ex-boyfriend Ali and is now gunning for revenge. Furious at the lies he's been fed, Gary's blood is boiling. Maria, on the other hand, is on cloud nine.

She's none the wiser about Gary knowing her sordid secret, and failed to notice his simmering anger when they celebrated their union last week. Nor does she know he's broken his promise to go legit and has got in touch with dodgy loan shark Sharon for a 'favour'.

Sharon learns that Gary wants her to 'teach Ali a lesson' when she comes by

to collect her old boss Rick's client list, which Gary has promised her. But Gary's plan to use Sharon to even the scores with love rival Ali takes a shock turn when the doctor later collapses from a suspected overdose! What has she done?

Unconscious

'Ali is giving Craig a wellness check-up when he starts feeling faint,' explains James Burrows, who plays Ali and is leaving the soap. 'Dr Gaddas goes to help him, but because Toyah knows about his past, she feels she has to mention he might have taken drugs.

He has to be taken to hospital, and it isn't looking good.'

Maria and Gary are agog as they watch an unconscious Ali being loaded into an ambulance. Worried that he's taken his revenge too far, Gary leaves a message for Sharon, warning her that if Ali dies, it's her fault!

But with Gary having ordered the hit on the doctor, he certainly has blood on his hands. Is secret killer Gary about to add another life to his death toll? ■



whatsonTV.co.uk/corrie
itv.com/coronationstreet

Busted!

Alya works out what her gran's evil husband Geoff has been up to...

Alya's been determined to find out who's behind the bad Speed Daal reviews – and this week, she cracks it.

But when she accuses Geoff, saying he's made the same spelling mistakes in his online comments as he did in the restaurant's menus, he rubbishes her claim.

Alya fumes as her gran Yasmeen sides with her

hubby. Geoff then suggests they buy out Alya, who tells him where to go.

Shock discovery

Aware Alya is on to him, Geoff – who's controlling his wife's every move – tells Yasmeen a business adviser's urged them to sell up and move abroad. And when she questions it, he twists Yasmeen's words.

'Geoff's whittled away at her confidence, so Yasmeen is prepared to accept that his behaviour is her fault,' says Shelley King, who plays her.

Later, after making a shock discovery in the company's accounts, Alya reels as Eileen reveals how Geoff locked Yasmeen in his magic box...

As Alya confronts her gran, will Yasmeen see the light? ■



Suspicious...
Alya's on to Geoff



In denial...
Yasmeen

WORDS: SARAH WATERFALL. PHOTOS: ITV

EASTENDERS

whatsontv.co.uk/eastenders



MON: Broken promises... Linda and Mick

MUST-SEE...

- ★ Linda fears Mick doesn't trust her when she finds him looking for booze. It all kicks off as Jean accuses Suki of feigning cancer.
- ★ Gray begs Chantelle not to tell her family what's happened at his work. Later, he hears his firm has dropped Whit's case.

- ★ After practising on Lexi, Jay stuns Lola when he proposes! Rainie's haunted by her past when an old 'client' turns up.
- ★ Keegan and Iqra work on their business loan application. Gray plans to represent Whitney in a bid to get his job back.



- ★ Suspicious Mitch believes that Gray is having an affair behind Chantelle's back. Later, furious Gray attacks his wife.
- ★ On a night out, Patrick reels when Isaac turns on him. Taking Callum's advice, Stuart decides to cheer up Rainie by proposing!



- ★ Sharon struggles to cope with her immense grief. Gray desperately tries to find evidence to help Whitney.

CORONATION STREET

whatsontv.co.uk/corrie



MON: Ambulance dash... Will Ali survive?

MUST-SEE...

- ★ Gary asks Sharon to teach Ali a lesson. Later, Ali collapses and is rushed to hospital! Gary warns Sharon if Ali dies, it's her fault.
- ★ James fears his football career is ruined when he learns that Danny has accidentally outed him on social media.



- ★ With Ryan convinced Ali is back on drugs, Ali vows to prove his drink was spiked and kidnaps Maria! How will Gary react?
- ★ Nina fears Roy is ashamed to be seen with her. Alya confronts Geoff, accusing him of posting the nasty reviews online.

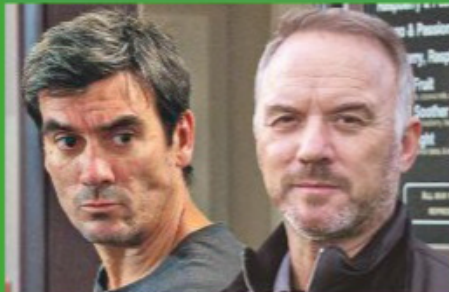


- ★ Emotional Ken packs up and prepares to leave. Geoff is on a mission to convince Yasmeen that Alya is out to get him.
- ★ Ali tells Ryan he's going as he can't watch Maria throw her life away. He says goodbye to his ex, apologises to Toyah and leaves...

- ★ A familiar face returns to the Street in the nick of time. Emma fears her feelings for Seb are stronger than his for her.

EMMERDALE

whatsontv.co.uk/emmerdale



WED: Confrontation... Will Cain regret tangling with corrupt DI Malone?

- ★ Charity blurts out Vanessa's cancer secret when Tracy throws a surprise birthday party for her half-sister.
- ★ Arthur's relieved when Laurel agrees not to tell Jai about him bullying Archie. DI Malone traps Will into doing another drugs job.

- ★ Cain finds a suspicious package in a car and confronts mechanic Will, who confesses that he's being blackmailed by DI Malone.
- ★ Charity comes to blows with Tracy when she feels sidelined by Tracy and Vanessa's bond. Laurel's torn over Jai moving in.

MUST-SEE...

- ★ Cain confronts Malone, only to later find his garage has been trashed and one of Moira's bulls killed! Is there more in store?



- ★ Events lead to Arthur's secret coming out as Laurel finds Archie trapped underneath a cabinet and blows her top...

- ★ At Mulberry Cottage, Laurel has a situation to clear up in the wake of Arthur's secret having been outed to stunned Jai.
- ★ Andrea realises she's going to have to play dirty if she wants to get truthful answers from her estranged mother-in-law Kim.

- ★ Andrea makes a final push to reconcile with Jamie. A horrifying incident leaves Paddy wracked with guilt.

HOLLYOAKS

whatsontv.co.uk/hollyoaks



TUESDAY: Birthday blues... Mitchell wonders if Walter will come to his party

- ★ At Price Slice, Mitchell leaves a letter for Walter about his birthday as he, Martine and Scott return from their holiday.
- ★ Celeste tells worried Romeo to mind his own business. Grace warns Sylver that they need to find Warren before Liam does.

MUST-SEE...

- ★ It's Mitchell's birthday party at The Dog, but all he really wants is his grandad Walter to be there. Will he turn up?
- ★ Celeste freaks when she notices Toby has slipped out of the flat... At the party, Toby's temper boils over.

- ★ Following the events at his birthday party, Mitchell has a lot to contend with. But who spoke out – Walter or Toby?



- ★ Celeste wants some assurance from Toby that he's not intending to back out of their plan to make Martine pay.



- ★ Juliet sets out to deal drugs at different local schools but is spotted by PC Kiss. Later, she brags to Sid about her sales.

- ★ Darren continues to struggle privately with his depression. Imran and Ollie try to impress with their school project.

Mon 9 March

Tue 10 March

Wed 11 March

Thu 12 March

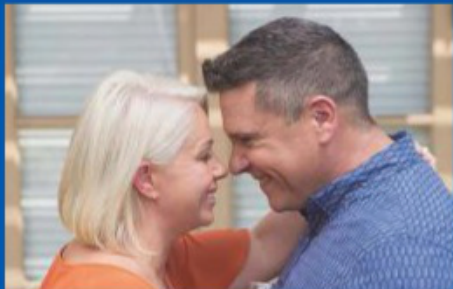
Fri 13 March

and
NEXT
WEEK...

quick guide to this week's soaps...

NEIGHBOURS

whatsontv.co.uk/neighbours



WEDNESDAY: Engagement news... Lucy says yes to Mark's proposal

- ★ Finn visits the prison to see **Harry Sinclair**. Following their saucy romp, **Lucy** wants to know where she stands with **Mark**.
- ★ When **Harlow** hears **Prue** and **Gary** are getting married, she resolves to talk to **Hendrix** about their kiss. What will she say?

★ Finn's prison visit has him in a spin, leaving him contemplating his sinister past and his attack on Erinsborough High.

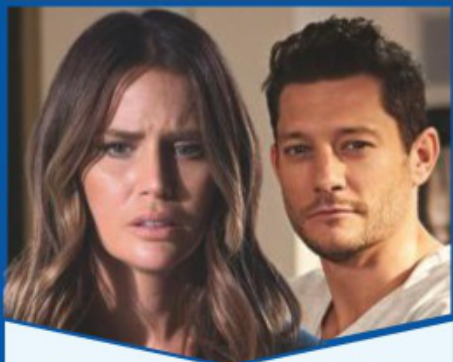
★ As **Lucy** and **Mark**'s romance is going strong, Lucy becomes concerned about how they will make it work long-distance.

MUST-SEE...

★ **Lucy** accepts **Mark**'s proposal and things seem too good to be true. **Terese** does her best to help **Jane** get closure.

★ Finn's battle with his inner demons comes to a head as he meets up with his dad **Trent** to discuss his actions in Colombia.

★ **Terese** reads the email **Paul** wrote to **Jane** pretending to be 'Richard' and wonders whether her husband has feelings for her.



★ **Elly**'s taken aback when **Finn** admits he loves her and wants to be with her and baby **Aster**. **Harlow** wrestles with her secret.

★ The wedding expo kicks off with a bang. **Gary** discovers the truth. Will single **Jane** finally get her happy ending?

HOME AND AWAY

whatsontv.co.uk/homeandaway



MONDAY: Under siege... The hospital **MUST-SEE...**

★ Inside the hospital, where thugs have the place under siege, **Colby** and **Dean** try to infiltrate via the elevator shaft...

★ With **Mason** shot dead, **Mackenzie** risks her life to save **Bella**. Elsewhere, **Robbo** and **Scott** crash at high speed...

★ In the aftermath of the hostage situation, **Colby** focuses on **Bella**, and a badly injured **Robbo** is rushed into the ER.



★ **Jasmine** is thrilled **Robbo** has survived surgery, but **Robbo** is hiding the truth from her and summons **Colby** for a talk...

★ **Roo** gets in the middle of her parents' relationship when she hears **Alf** has suggested that he and **Martha** should get married.

★ **Jade** winds **Ryder** up by getting together with a new guy, **Nikau**. A fight breaks out when **Ryder** tries to warn him off.

★ **Marilyn** is struggling with PTSD and latches on to **Ari**, who was her rock during the siege, but **Ari** has problems of his own.

★ **Nikau** is riled when his uncle, **Ari**, interferes in his life. When an oblivious **Marilyn** invites them for dinner, a row erupts.

★ Is **Alex** struggling to process the trauma of the siege? The Summer Bay community pays its respects at a funeral.

DOCTORS

whatsontv.co.uk/doctors



THURSDAY: Guest... Real-life comedian **Joe Pasquale** is up to no good

★ **Daniel** and **Zara** go to extreme lengths to keep their reunion secret. **Bear** returns from holiday and wants a word.

★ **Al** gets mixed up in the marital and health problems of the landlord of his favourite pub, whose life is falling apart.

★ **Al** and **Emma** team up to try to find a hole in jailed **Jimmi**'s case. Pretty soon, both doctors happen upon encouraging leads.

★ **Zara** and **Daniel** agree they're enjoying their subterfuge, but will their colleagues keep cool when another 'row' erupts?

★ **Al**, **Daniel** and **Rob** arrive at **Emma**'s for a meeting about getting **Jimmi** out and discuss their theories and tactics.

★ **Bear** takes **Zara** and **Daniel** to task, but the secret couple are one step ahead. **Valerie** helps a cancer patient face up to news.

MUST-SEE...

★ **Bear** tries to help his cousin **Sean**'s girlfriend **Lizzie**, who is convinced she is being stalked by comic **Joe Pasquale**.



★ **Al** tries to make **SJ** reveal a name linked to the money issues at Icon. **Emma** comes under scrutiny from **DS Margrave**.

★ **Sid** is thrown when **Laurence**'s adoptive mother turns up. **Rob**'s worried about **Al**. **Jimmi** is attacked in prison.

Soap gossip! PSST!

Have you heard the latest about the stars?



★ Urban history for Kara

Kara Tointon, who was **Dawn Swann** in *EastEnders*, will appear in series four of Sky Arts' *Urban Myths*. She will feature in an episode that tells the story of **Jimi Hendrix** and **George Frideric Handel**, who both took up residence in the same building in London over 200 years apart!



★ Soap star Dan gets Sleepless

Sleepless is about a widowed dad who moves to Seattle. Sound familiar? The musical is based on film *Sleepless in Seattle*, and **Daniel Casey**, who's been in *Enders*, *Corrie* and *Emmerdale*, plays **Walter**, alongside **Jay McGuinness** and **Kimberley Walsh**. It opens on 1 April in London.



★ Hollyoaks brings in Kyle Kelly's dad!

Hollyoaks has cast **Mark** and **Carole Kelly**, parents of **Kyle** (**Adam Rickitt**). **Chris Quinten** will play **Mark**, best known as *Coronation Street* icon **Brian Tilsley** – AKA the dad of **Adam Rickitt**'s old *Corrie* role, **Nick**!



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Mr Sims Published Feb 2020

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The charms of Cuba

Joanna Lumley embarks on another globetrotting trip...

NEW FACTUAL

Joanna Lumley's Hidden Caribbean: Havana to Haiti

Tuesday, 9pm ITV

On her TV travels, Joanna Lumley has visited all kinds of places, from Uzbekistan and Venice to Tokyo to Greece. Now, in a new two-part travel documentary series, the *Ab Fab* star heads to the often-unexplored isles of Cuba and Haiti in the Caribbean.

Both countries have experienced the twists and turns of history that has seen them colonised, populated by slaves and blighted by earthquakes and political sanctions, and on her journey she explores the gritty issues of revolution, poverty and homelessness.

'I wanted to go somewhere not too many tourists have visited, so I went off the beaten track in two of the poorest countries I've ever been to,' says Joanna. In the first episode, she heads to Cuba. Kicking off her adventure in the back of a classic car in the

country's capital, Havana, Joanna reveals her love of boxing (inspired by meeting the great Muhammad Ali in the 1980s), visiting a gym and meeting a female boxer hoping to change Cuban laws that prevent women boxing competitively.

Communism

Exploring Havana, Joanna discovers how the 1959 revolution, when Fidel Castro swept to power, affected its people.

'Six decades of Communist rule have stifled Cuba's development,' she says.

Finding a warm welcome in Cuba's tobacco region of Viñales, watching workers roll and make 100 cigars a day, she also visits revolutionary Che Guevara's tomb and indulges in her first-ever pina colada!

'I live a very sheltered life,' laughs Joanna. 'I went to a service station that's famous for pina coladas and had my first one served in a pineapple. I loved it, although it's a bit sweet!'



Stylish... A classic car in Havana



Iconic... Cigars (above) and Che Guevara



Winding back the clock!

Andrew vowed to make some changes when he found out his biological age...

Andrew, a 51-year-old hotel manager, knew he had his work cut out when he signed up for C4's *How to Beat... Ageing*, in which eight volunteers spend five weeks improving their diet and exercise regime in a bid to increase their lifespan. But he got a shock when the tests to determine his biological age showed it to be 82!

'We look at how much fat and muscle they have, how fit they are, their blood pressure and heart rate,' explains Dr Bradley Elliott, who ran the tests. 'Then we work out which age group that is most similar to.'

NEW FACTUAL

How to Beat... Ageing

Thursday, 8pm C4

Andrew's eating habits and alcohol intake contributed to him getting the worst result.

'Because of his job, Andy was choosing unhealthy options, eating late at night and drinking a lot of wine,' explains co-presenter Kate Quilton.

Keen to improve, Andrew followed the advice of health experts to make changes to his life, and Kate hopes viewers will be inspired to do the same.

'Simple, easy changes to your lifestyle can make a



Getting tested... Dr Bradley Elliott (left) examines Andrew

dramatic difference to your health,' she explains.

'Andrew walked the dog more, changed the food he was eating, stopped eating late and cut out booze.'

When tested again after five weeks, he had reduced his

biological age by 20 years!

'Andrew's blood pressure was dangerously high,' says Dr Elliott. 'Now it's on the cusp of being normal. He is our star!'



♥ The perfect match? ♥

Five male suitors try to woo the same woman, while living under her roof!

Marketing consultant Amy looks around her living room and sees five men, all eager to impress her. The drinks are flowing, she's been inundated with gifts and one of these men could be her ideal partner. But which one will it be?

Amy is one of a group of single women taking part in this new dating series, which gives them the chance to compare five potential suitors all living under their roof.

Finding a soulmate

'I got married at a time when I didn't know who I was. I'd lost my way a bit,' says 34-year-old single mum, Amy. 'I know what makes me happy now. I want to find someone really amazing and I'm excited.'

Vying for Amy's affection are Hollywood stuntman Michael, 42, local government consultant and dad-of-four Glenn, 38, singer and songwriter Scott, 30,

NEW FACTUAL
Five Guys a Week
Tuesday, 9.15pm C4

banker Christian, 37, and surf instructor Trystan, 33.

'Seeing the guys together and getting to know them is great,' says Amy. 'They're all so different – Michael's been asking me lots of questions, Christian has an aura about him, Trystan is quite shy.'

During their stay, the men meet Amy's friends, go clubbing, cook meals for her and even have a Sunday lunch with her mum, Jackie.

By the end of the week, Amy has whittled the men down to two, and, following a romantic meal for three, she must decide who is boyfriend material.

'I loved being the one in control,' says Amy. 'I've ended up with two guys who I really like in completely different ways. The final decision I've come to really isn't the one I was expecting!' ■



Five guys and me... Amy tries to find 'the one'



Abused... Sophie Lionnet was starved and beaten

Deluded... Employers Medouni and Kouider

DEADLY obsession

French nanny Sophie was drowned in the bath by her jealous employer...

When 20-year-old Sophie Lionnet, from France, got a job as an au pair in leafy Southfields, London, in 2016, she was looking forward to improving her English.

But soon after starting work for Ouissem Medouni, 40, and his partner Sabrina Kouider, 35, Sophie became the subject of bizarre allegations.

Kouider was the ex-girlfriend of Mark Walton, a founding member of the pop group Boyzone. Still obsessed with Mark, she became convinced Sophie was in a relationship with him.

Callous

'The delusions she had were extraordinary,' says author and former police officer Clare Mackintosh. 'There was no basis in fact at all. Mark had never met Sophie and he wasn't even in London.'

As Kouider's delusions increased, Sophie's situation worsened. She wasn't paid, was given very little food and was forbidden from communicating with the outside world. Kouider and

FACTUAL
The Lady Killers
Thursday, 10pm Quest Red

Medouni also abused Sophie physically. Then, in September 2017, they killed her.

'They held her prisoner for 12 hours and beat her,' says Clare. 'Then they put her in the bath and drowned her.'

Sophie's body was put in a suitcase and thrown on to a bonfire. Neighbours alerted the fire brigade, who made the grisly discovery.

Kouider and Medouni were found guilty of murder and sentenced to a minimum of 30 years.

'They treated Sophie as if she wasn't even human,' says Clare. 'The level of abuse, the burning of her body – it's a horrific crime.' ■



Crime scene... The bathroom in Southfields

SPORT
RELIEF

Up and dune for charity!

Robert Rinder undertakes a gruelling journey in aid of Sport Relief

NEW FACTUAL

The Heat Is On: Sport Relief
Wednesday, 8pm BBC1

Robert Rinder has presided over numerous challenging situations on ITV's *Judge Rinder*, but nothing has prepared him for the trials of BBC1's *The Heat Is On: Sport Relief*.

In the documentary, Robert joins Louise Minchin, Frankie Bridge, Samantha Womack, Nick Grimshaw, Krishnan Guru-Murthy and Karim Zeroual on a gruelling trek through the Namib Desert for this week's Sport Relief.

The expedition was arranged after a planned celebrity ice triathlon in Mongolia was cancelled due to the coronavirus threat. Now, over four days, the team,

On his bike...
Nick on day one



with *This Morning*'s Dr Zoe Williams, will travel 100 miles on foot and by bike from the Kuiseb River to the Skeleton Coast and, along the way, will climb up and ski down the world's tallest sand dunes.

Physically tough

'I am good at running, but terrible at cycling,' says Robert. 'I'll follow Louise, who is good on the bike and full of cheer. Skiing down a sand dune will be marvellous, although there's no ski lift to get up there!'

Aside from the physical ordeal, the celebrities will also face Namibia's intensely hot temperatures,

as well as some potentially lethal local wildlife.

Privilege

'I'm worried about the heat but I've got a hat, a fan and a little bit of water!' jokes Robert. 'And Nick has promised that if I get bitten by a scorpion, he'll suck the venom out!'

But whatever difficulties he faces, the chance to increase

awareness of and raise funds for the mental-health issues that the trek is highlighting was one Robert couldn't turn down.

'We've only just begun to talk about these issues,' he says. 'To be part of a team destigmatising mental health is a privilege.'

*** To donate, visit sportrelief.com/pay-in-your-money**



Raring to go...
Dr Zoe Williams
(top left) with the
celebrity fundraisers



Tough challenge... Nick (left)
and Robert take a break

Excited... Robert is
thrilled to be part
of the team

Travel, tears and trauma!

Five teams race across Latin America to win a cash prize...

NEW FACTUAL

Race Across the World
Sunday, 8pm (Wales, 8.50pm) BBC2

When it comes to travelling, most of us envisage a smooth journey with a relaxing holiday at the other end. But for five pairs of intrepid travellers, their experience is quite different, as they embark on a 50-day adventure across Latin America.

In the second series of *Race Across the World*, the contestants are given a map and £1,453 – the equivalent of a one-way airfare – and have to make it from Mexico City to Ushuaia, Argentina, without using smartphones, credit cards or planes. And whoever reaches the final destination first wins £20,000!

'I saw the first series and loved it,' says physiotherapist Jo, 54, from Manchester,

who teams up with her 19-year-old son, Sam. 'It made me want to regain my zest for life and I thought it would be a great way for Sam to explore the world.'

Stressful

'However, Sam said he wanted to quit at least once an hour, and I had a few meltdowns! Lack of sleep and not knowing when you would eat next were stressful. Having no phone meant we were forced to interact with people and ask for their help.'

A celebrity edition of the show is in the works and Jo has some advice...

'Be resilient and be prepared for the unexpected,' she smiles. 'And take a pillow!' ■



Get, set, go... Jo
teams up with son
Sam, and (inset)
with their opponents



Five brilliant reasons to stay in this March!

Sky Store brings you the latest movies straight from the cinema for your Big Movie Night In



Break out the popcorn, sit back, relax and watch the latest movies straight from the cinema in the comfort of your own home. It's so easy to rent or buy movies from Sky Store – you can simply do it with the touch of a button from your TV remote. What's more, there are hundreds of fantastic titles to choose from, including thrillers, action, romance, dramas and kids' movies. There really is something for everyone.

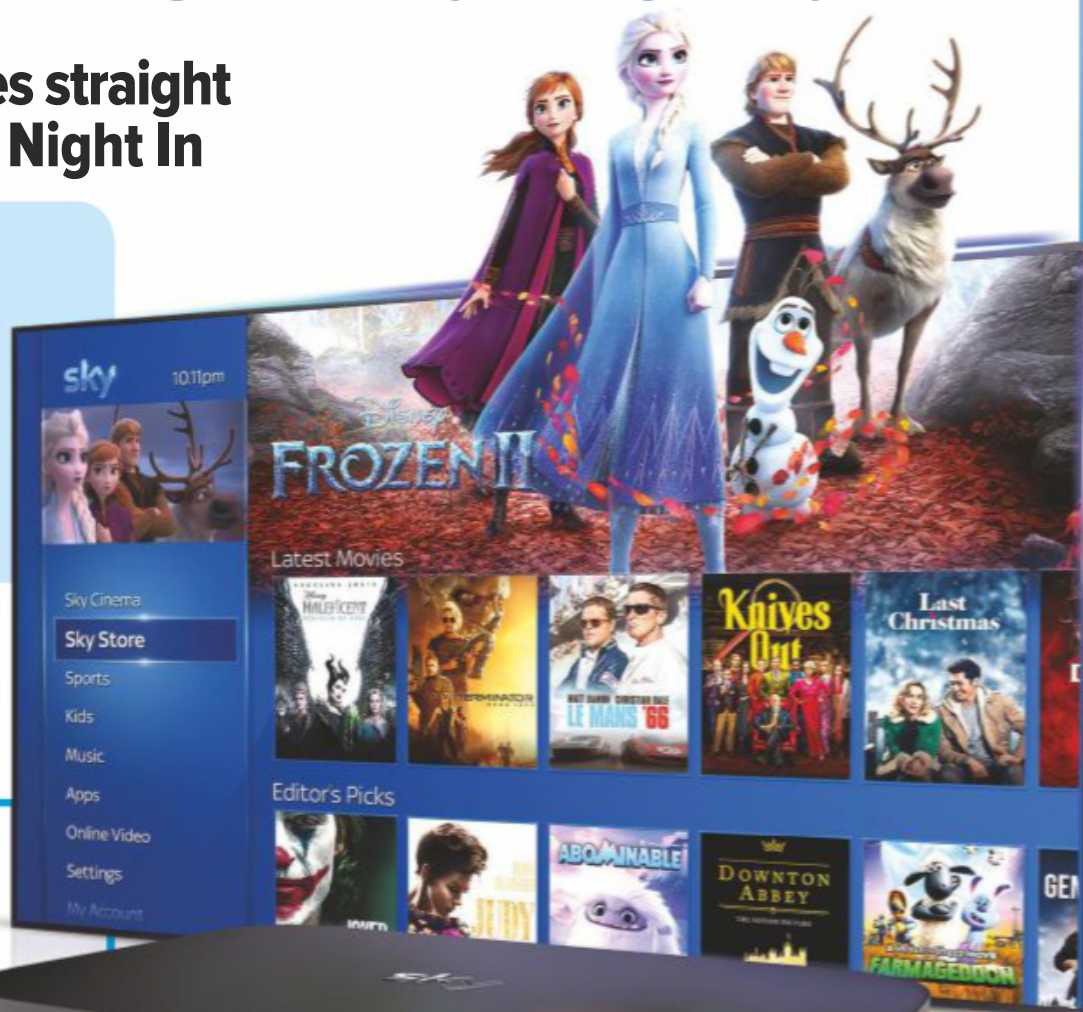
Love movies? You'll love Sky Store this March

Have a great movie night in with one of these new releases, arriving in your home straight from the cinema!

Frozen II

Available 16 March

This is the movie we've all been waiting for! Feisty princess sisters Anna and Elsa (again voiced by Kristen Bell and Idina Menzel) are back, striving to solve a family mystery and heal ancient hostilities in the sequel to Disney's blockbuster animated movie based on Hans Christian Andersen's *The Snow Queen*. Also returning, you'll be glad to hear, are hunky ice merchant Kristoff (Jonathan Groff), his trusty reindeer Sven, and daft talking snowman Olaf (Josh Gad), not to mention a sleigh-load of memorable tunes.



Maleficent: Mistress of Evil

Available now

Angelina Jolie returns in the sequel to Disney's *Sleeping Beauty* spin-off. There's magic and mischief afoot with Elle Fanning as Maleficent's adopted daughter Aurora, and Michelle Pfeiffer's Queen Ingrith is the one causing trouble.



Terminator: Dark Fate

Available now

Arnold Schwarzenegger reprises his iconic action role, with Linda Hamilton reappearing as kick-ass heroine Sarah Connor. Mackenzie Davis also stars as the powerful human/Terminator hybrid Grace.



Le Mans '66

Available 9 March

Matt Damon and Christian Bale put pedal to the metal in this award-winning 1960s motor-racing drama that's based on a true story. Damon's American ex-racer-turned-car designer and Bale's maverick British driver team up in a bid to win the 24-hour marathon at Le Mans in 1966.



Knives Out

Available 21 March

Famous crime novelist Harlan Thrombey (Christopher Plummer) has been found dead at his mansion. Can Daniel Craig's eccentric detective sort out what happened? Jamie Lee Curtis, Don Johnson, Chris Evans and Toni Collette are among the suspects in this enjoyable whodunnit.



All movies available in Sky Store this March

Terms and conditions: Buy or rent from £5.49/€5.99. Requires Sky subscription and compatible box connected to broadband (see sky.com/boxcompatibility) or connected device + software (see skystore.com/help).

Minimum recommended speed for viewing 3Mbps. DVD/Blu-ray delivery usually within 5 working days. 18+. UK/Ireland only. Further terms apply.

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REAL LIFE TV PLANNER

Saturday

7



TOP
Real life
PICK

Bad year for the Royals

The Royals: A Family in Crisis
Channel 5 ● 8pm

While 1992 was known as the Queen's 'annus horribilis', 2019 proved to be a strong contender for the title, too, after a relentless tide of issues and problems dogged Her Majesty and her family. From Prince Philip's car crash and health problems, political upheaval with Brexit and the ongoing scandal of Prince Andrew's friendship with

convicted paedophile Jeffrey Epstein, the royals have had plenty to deal with. But by far the biggest upset has been the rift between Princes William and Harry, which saw the Duke and Duchess of Sussex make the shock decision to step down from royal duties and distance themselves from the family by starting a new life out of the spotlight in Canada. As the Queen approaches her 94th birthday, can our stalwart monarch survive the storm?

Sunday

8



Back in business

Dragons' Den
BBC2 ● 9pm (Wales, 9.50pm)

More hopefuls enter the den to pitch their ideas and business plans to the Dragons, desperate to win approval and investment. In the first episode, two low-alcohol brewers present their wares, and a footwear entrepreneur shows off his range of hand-finished shoes.

ALSO ON...

Race Across the World BBC2, 8pm P27

Monday

9



Saucy secrets!

Food Unwrapped
C4 ● 8.30pm

It's one of our favourite condiments, and great with chips, but what exactly goes into a bottle of tomato ketchup? Matt Tebbutt investigates the product's saucy secrets. Also, Kate Quilton finds out why oysters turned from a cheap Victorian bar snack to a wallet-busting luxury food item, and Amanda Byram looks at the difference between medium and large eggs.

Tuesday

10



Boating in Wales

Great Welsh Canal Adventure with Gareth Edwards
BBC4 ● 7.30pm

Rugby legend Gareth Edwards hops aboard a narrowboat with his wife, Maureen, to enjoy a leisurely trip along the canals of Wales. They start off with the Llangollen Canal.

ALSO ON...

Joanna Lumley's Hidden Caribbean
ITV, 9pm Page 25
Five Guys a Week C4, 9.15pm Page 26

Wednesday

11



Let's catch up!

Child of Our Time: Turning 20
BBC2 ● 9pm

Child of Our Time's millennium babies have turned 20, and three of them now have kids! As we check in, Rhianna (above) reflects on her anxiety issues and growing confidence, while others discuss illness and growing up in care.

ALSO ON...

The Heat Is On: Sport Relief
BBC1, 8pm Page 27

Thursday

12



Running the railway

The Station: Trouble on the Tracks
ITV ● 9pm

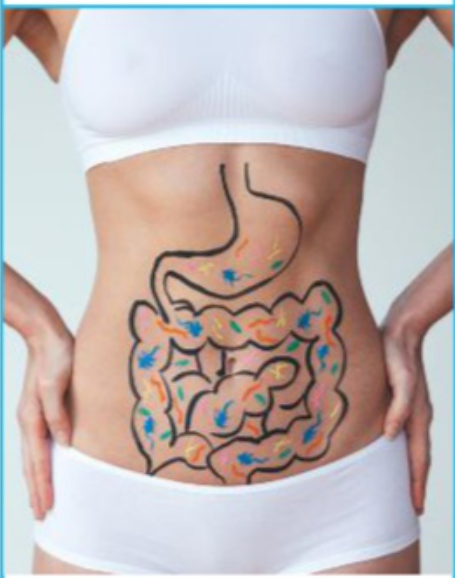
Birmingham New Street station is at the heart of our rail network, and this behind-the-scenes three-part documentary gives us a glimpse of what life is like for the staff, who face numerous challenges every day.

ALSO ON...

How to Beat... Ageing C4, 8pm Page 25
The Lady Killers Quest Red, 10pm Page 26

Friday

13



Tummy trouble!

How Healthy Is Your Gut?
C4 ● 8pm

Our intestines are a hive of activity, and good gut health has been linked to being positive for us in many ways, such as improving sleep, promoting weight loss and glowing skin. But it's a fine balance, and in this four-week experiment, six volunteers try to boost the 'good bacteria' in their gut with various diets and programmes from the conventional to the peculiar!

Posed by model

PICKS OF THE WEEK 7-13 March

Saturday

SCI-FI ADVENTURE
C4 Premiere



Passengers ★★★★★
9.00pm-11.15pm C4

A starship embarks on a 120-year voyage to a distant planet carrying 5,000 passengers, among them **Chris Pratt** and **Jennifer Lawrence**, in cryogenic suspension. But an asteroid strike sees the pair waking up 90 years too early. This glossy sci-fi packs in peril, action and comedy but it's Pratt and Lawrence's stellar performances that make it work so well. (2016; Cert 12).

Sex
●○○○
Violence
●○○○
Language
○○○

Sunday

COMEDY



Sisters ★★★
11.00pm-1.15am C4

Mismatched siblings, earnest **Amy Poehler** and flaky single mum **Tina Fey**, are sent into a tailspin when parents **Dianne Wiest** and **James Brolin** decide to sell their childhood home. So they decide to hold one last wild bash in their old house. Not all the raucous gags hit the mark, but the stars share great chemistry and make it well worth watching. (2015; Cert 15).

Sex
●○○○
Violence
○○○○
Language
●●●

Monday

THRILLER



Anthropoid ★★★
10.50pm-1.10am Film4

Despite the odd title and iffy Czech accents from the likes of **Cillian Murphy**, **Jamie Dornan** and **Toby Jones**, this World War Two thriller about the 1942 mission to assassinate high-ranking Nazi Reinhard Heydrich in Prague is genuinely stirring. It's slow to start, but the relentless, brutally sustained action in the exciting finale will leave you awestruck. (2016; Cert 15).

Sex
○○○○
Violence
●●○○
Language
○○○○

Tuesday

DRAMA



Good Kill ★★★
1.35am-3.20am C4

A probing and provocative drama in which **Ethan Hawke**'s conscience-stricken air force major pilots unmanned drones targeting the Taliban in Afghanistan from the safety of the Nevada desert, then goes home to wife **January Jones** and two kids. But when the trigger-happy CIA stars directing operations, his psychological anguish deepens. (2014; Cert 15).

Sex
●●○○
Violence
●●○○
Language
●●●

Wednesday

HORROR



28 Days Later ★★★★★
11.00pm-1.20am 5Star

Waking up from a coma in a deserted London hospital, **Cillian Murphy** discovers a virus has turned people into zombie-like killers. His future looks bleak, but there is a handful of other uninfected survivors... Director Danny Boyle's chilling classic builds up a great sense of menace and keeps you glued for its entire running time. (2002; Cert 18).

Sex
●○○○
Violence
●●●●
Language
●●○○

Thursday

BIOPIC

Film4 Premiere



Birth of the Dragon ★★★
9.00pm-10.50pm Film4

This action movie about martial arts icon Bruce Lee (**Philip Wan-Lung Ng**) is a breezily enjoyable affair. It revolves around Lee's most legendary fight, his clash with Shaolin master Wong Jack Man (**Xia You**) in 1964. The epic showdown sees Lee's fists of fury come up against Wong's serene artistry and, even if this isn't how things happened, it's great to watch. (2017; Cert 12).

Sex
○○○○
Violence
●●○○
Language
●●○○

Friday

DRAMA



This Is England ★★★★★
11.15pm-1.20am Film4

Writer-director Shane Meadows' drama is rough, raw, controversial – and magnificent. In 1983, lonely lad **Thomas Turgoose** (brilliant in his screen debut) is coming to terms with his dad's death in the Falklands and is befriended by **Joe Gilgun**'s skinheads. But then **Stephen Graham**'s ex-con muscles in with aims to turn them into a racist gang. (2006; Cert 18).

Sex
●●○○
Violence
●●●●
Language
●●●●

SKY CINEMA Premiere



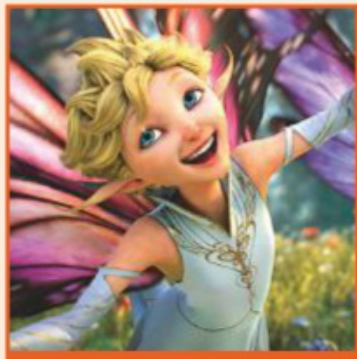
The Lion King ★★★
From Friday 13th March
(8.00pm-10.00pm) Sky Cinema Premiere

The latest Disney remake of its classic cartoons faithfully follows the beloved 1994 original. While the photorealistic CGI lacks spark, the plot about an orphaned lion cub's quest to claim his rightful crown is still gripping and the Elton John-Tim Rice tunes are as catchy as ever. **JD McCrary** and **Donald Glover** are hero Simba, **Beyoncé** (who also sings a song) is Nala, **Chiwetel Ejiofor** is Scar, while **Seth Rogen** and **Billy Eichner** provide the fun as Pumbaa and Timon. (2019; Cert PG).

Sex
○○○○
Violence
○○○○
Language
○○○○

Film Ratings Rubbish ★ Watchable ★★ Good ★★★ Great ★★★★★ Brilliant ★★★★★

Saturday



Strange Magic ★★★

8.30am-10.00am BBC2

Fairies, elves and goblins boom out versions of songs by the likes of Beyoncé, Bob Marley, Queen and ELO while trying to lay their hands on a love potion causing chaos in rival realms. A brash animated musical fairy tale that looks great, but is a bit too offbeat. (2015; Cert U).

Sex ○○○○
Violence ○○○○
Language ○○○○



G.I. Joe: The Rise of Cobra ★★★

11.15pm-1.20am C4

Channing Tatum joins Dennis Quaid's elite military unit, G.I. Joe, just as it takes on arms dealer Christopher Eccleston and Sienna Miller (who's Tatum's ex). This over-the-top yarn may be daft, but the action is brilliant. (2009; Cert 12).

Sex ○○○○
Violence ○○○○
Language ○○○○



The King and I ★★★★★

4.20pm-6.55pm Channel 5

A roster of unforgettable Rodgers and Hammerstein tunes – including *Getting to Know You*, *I Whistle a Happy Tune* and *Shall We Dance?* – plus Deborah Kerr and Yul Brynner's electric screen chemistry make this musical an all-time classic. (1956; Cert U).

Sex ○○○○
Violence ○○○○
Language ○○○○



Midnight's Children ★★★

11.30pm-1.45am BBC2

Born at midnight on 15 August 1947, the moment of India's independence from Britain, a boy grows up with special powers in this fantasy adapted by Salman Rushdie from his novel. A sprawling but vibrant portrait of modern India. (2012; Cert 12).

Sex ○○○○
Violence ○○○○
Language ○○○○



Pitch Perfect ★★★★★

10.10pm-12.20am ITV

At a US college, Anna Camp recruits a bunch of misfits (including Rebel Wilson and Anna Kendrick) for her female cappella group, so they can take on their male rivals. The quirky characters and witty script hit the right notes in a playful film. (2012; Cert 12).

Sex ○○○○
Violence ○○○○
Language ○○○○



Foxcatcher ★★★★★

11.55pm-2.05am BBC1

Channing Tatum and Mark Ruffalo play Olympic wrestler brothers and Steve Carell is their rich but odd benefactor in this gripping fact-based tale. (2014; Cert 15).

Sex ○○○○
Violence ○○○○
Language ○○○○

TOP PICK C4 PREMIERE
Passengers ★★★★★
9.00pm-11.15pm C4
See page 30 for review.

Sunday



Rio 2 ★★★

1.30pm-3.25pm C4

Neurotic parrot Blu (voiced by Jesse Eisenberg), feisty mate Jewel (Anne Hathaway) and their brood fly to the Amazon rainforest in search of a flock of their fellow blue macaws. The funny characters, vibrant animation and catchy songs make for a fine sequel. (2014; Cert U).

Sex ○○○○
Violence ○○○○
Language ○○○○



Up There ★★★

12.20am-1.35am BBC2 (not NI)

A deliciously deadpan and original British comedy in which Burn Gorman's deceased jobsworth discovers that being in a dead-end job in the afterlife has its upside when he has to scour a quirky seaside town for a runaway soul. (2012; Cert 15).

Sex ○○○○
Violence ○○○○
Language ○○○○



633 Squadron ★★★

3.15pm-4.50pm BBC2

Hum along to Ron Goodwin's theme tune, be amazed at the casting of George Chakiris as a Norwegian and tremble in the cockpit with Cliff Robertson as his RAF squadron attacks a Nazi fuel station. An exciting World War Two movie. (1964; Cert PG).

Sex ○○○○
Violence ○○○○
Language ○○○○

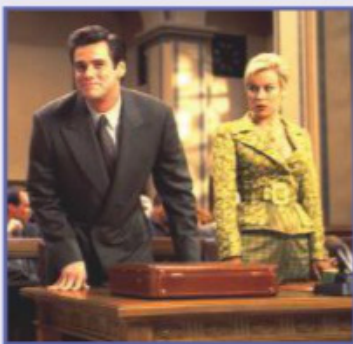


Top Secret! ★★★

1.15am-2.45am C4

In this zany spy spoof from the makers of *Airplane!*, Val Kilmer is an American rock star who gets involved in espionage while touring in East Germany. Kilmer is a laugh and Peter Cushing, Warren Clarke and Omar Sharif add to the fun. (1984; Cert 15).

Sex ○○○○
Violence ○○○○
Language ○○○○



Liar Liar ★★★★★

4.00pm-5.35pm ITV

A goofy comedy starring Jim Carrey as a lawyer whose son (Justin Cooper) makes a birthday wish for his dad to have to tell the truth for 24 hours... This film fully exploits its comic possibilities and the perfectly cast Carrey is on fine form. (1997; Cert 12).

Sex ○○○○
Violence ○○○○
Language ○○○○



Valhalla Rising ★★★

1.35am-3.00am BBC2

In the Dark Ages, mute Nordic warrior Mads Mikkelsen is cast adrift with a band of Vikings. An arty, brutal and memorably haunting movie. (2009; Cert 15).

Sex ○○○○
Violence ○○○○
Language ○○○○

TOP PICK
Sisters ★★★★★
11.00pm-1.15am C4
See page 30 for review.

Monday



Pitch Black ★★★★★

9.00pm-11.10pm Sony Movies

In his first film as Riddick, Vin Diesel sparks up this striking sci-fi chiller. He and Radha Mitchell are among survivors of a spaceship that's crashed on a hostile planet where a solar eclipse is on the way – and nasty, flesh-eating beasts feast at night... (1999; Cert 15).

Sex ○○○○
Violence ○○○○
Language ○○○○



Peeping Tom ★★★★★

10.00pm-12.00m't Talking Pics

A classic of British cinema, this chilling movie, directed by Michael Powell, was met with moral outrage on its first release. The tale of a film technician (Carl Boehm) who combines home movie-making with murder, it still has the power to shock today. (1959; Cert 18).

Sex ○○○○
Violence ○○○○
Language ○○○○



Bad Teacher ★★★

11.00pm-12.55am 5Star

Cameron Diaz enjoys herself as the title character, who's after a rich husband. Justin Timberlake and Jason Segel co-star in this slick comedy. (2011; Cert 15).

Sex ○○○○
Violence ○○○○
Language ○○○○

TOP PICK
Anthropoid ★★★★★
10.50pm-1.10am Film4
See page 30 for review.

Tuesday



Behind Enemy Lines ★★★

6.55pm-9.00pm Film4

A high-energy action war drama in which US Navy navigator **Owen Wilson** is shot down over Bosnia. He goes on the run, while **Gene Hackman's** plans for rescue keep being overruled by his pompous NATO boss. (2001; Cert 12).

Sex ○○○
Violence ●○○
Language ●○○



The Expendables ★★★

9.00pm-11.10pm Sony Movies

As mercenaries, **Sylvester Stallone**, **Jason Statham** and **Jet Li** team up in the South American jungle to take on assorted bad guys and save a dictator's daughter. After a muddled start, director Sly's movie hots up to deliver explosive thrills. (2010; Cert 18).

Sex ●○○
Violence ●●●
Language ●○○



Get Hard ★★★

11.55pm-2.00am 5Star

A frantic, un-PC farce that pokes fun at racial and sexual stereotypes. **Will Ferrell** and **Kevin Hart** amuse as the chalk-and-cheese stars. (2015; Cert 15).

Sex ●○○
Violence ●○○
Language ●●●

TOP PICK
Good Kill ★★★
1.35am-3.20am C4
See page 30 for review.

Wed



Keeping Up with the Joneses ★★★

6.55pm-9.00pm Film4

Meek suburbanites **Zach Galifianakis** and **Isla Fisher** discover their perfect new neighbours **Jon Hamm** and **Gal Gadot** are spies. It's easy to see where the story is heading, but the stars are engaging and it's witty. (2016; Cert 12).

Sex ○○○
Violence ●○○
Language ●○○



Little Fockers ★★★

9.00pm-10.55pm Film4

This second sequel in the *Meet the Parents* saga gets plenty of laughs from the cranky relationship between **Ben Stiller** and father-in-law **Robert De Niro** and, with **Teri Polo**, **Barbra Streisand**, **Dustin Hoffman** and **Owen Wilson** also back, it's fun. (2010; Cert 12).

Sex ●○○
Violence ●○○
Language ●○○



The Social Network ★★

1.15am-3.45am Sony Movies

Jesse Eisenberg is ideal as Facebook creator **Mark Zuckerberg** in this gripping look at its lawsuit-ridden birth. (2010; Cert 12).

Sex ○○○
Violence ○○○
Language ●○○

TOP PICK
28 Days Later ★★
11.00pm-1.20am 5Star
See page 30 for review.

Thursday



Stranger Than Fiction ★★★★★

6.45pm-9.00pm Sony Movies

Will Ferrell is brilliant in this enjoyably odd comedy about a tax inspector who hears a voice in his head commenting on his life. He discovers he's a character in writer **Emma Thompson's** book – and she's planning to kill him off! (2006; Cert 12).

Sex ○○○
Violence ○○○
Language ●○○



Heartbreak Ridge ★★★

9.00pm-11.40pm ITV4

Clint Eastwood directs and stars in a rugged, gung-ho movie about America's 1983 invasion of Grenada. He's a tough training sergeant bullying the usual batch of stereotypical new recruits, including **Mario Van Peebles**, into readiness for battle. (1986; Cert 15).

Sex ○○○
Violence ●●●
Language ●○○



Babylon A.D. ★★★

10.50pm-12.35am Film4

Vin Diesel's hired by Russian mobster **Gérard Depardieu** to take nun **Michelle Yeoh** and **Mélanie Thierry** to New York. A muddled but pacy thriller. (2008; Cert 12).

Sex ○○○
Violence ●○○
Language ●○○

TOP PICK **F4 PREMIERE**
Birth of the Dragon ★★★
9.00pm-10.50pm Film4
See page 30 for review.

Friday



Now You See Me 2 ★★★

6.25pm-9.00pm Film4

Bank-robbing magicians **Jesse Eisenberg**, **Woody Harrelson** and **Dave Franco** are joined by **Lizzy Caplan** and forced into a daring theft by **Daniel Radcliffe**. There's not much to this flashy sequel, but it's entertaining while it lasts. (2016; Cert 12).

Sex ○○○
Violence ●○○
Language ○○○



The Hangover ★★★★★

9.00pm-11.10pm ITV2

On a stag night in Las Vegas, **Bradley Cooper**, **Ed Helms** and **Zach Galifianakis** lose groom **Justin Bartha** and all memories of the night before – but gain a tiger and a baby! Their bleary-eyed efforts to sort out the mess makes for a genuinely hilarious film. (2009; Cert 15).

Sex ●●●
Violence ●○○
Language ●○○



Baywatch ★★

9.00pm-11.15pm Film4

Dwayne Johnson is a veteran lifeguard and **Zac Efron** his cocky new recruit. Their buoyant charm ensures this reboot of the 1980s TV show just about stays afloat. Original stars **David Hasselhoff** and **Pamela Anderson** have amusing cameos. (2017; Cert 15).

Sex ●○○
Violence ●○○
Language ●○○



The Hunger Games ★★★★★

9.00pm-11.45pm Sony Movies

In a future America, teens must compete in a televised, fight-to-the-death contest. **Katniss Everdeen** (**Jennifer Lawrence**) bravely takes her sister's place – and so begins the tense first yarn based on **Suzanne Collins'** books. (2012; Cert 12).

Sex ○○○
Violence ●●●
Language ○○○



The Big Chill ★★★★★

11.25pm-1.30am Sony Classic

This 1980s gem is a touching, perceptive and funny film about a group of 1960s college pals who reunite at a friend's funeral. **Glenn Close**, **Tom Berenger**, **William Hurt**, **Kevin Kline**, **Meg Tilly** and **JoBeth Williams** are all engaging as the friends. (1983; Cert 15).

Sex ●○○
Violence ○○○
Language ●○○



Popstar: Never Stop Never Stopping ★★★

12.10am-1.45am C4

A gag-filled movie in which big-headed rapper **Andy Samberg's** life and career go off the rails when he goes solo. (2016; Cert 15).

Sex ●●●
Violence ○○○
Language ●○○

TOP PICK
This Is England ★★
11.15pm-1.20am Film4
See page 30 for review.

Football diary

Your guide to the week's best soccer action



Saturday 7

Live Adelaide United v Western United

6am BT Sport 3
A-League coverage.

Live Melbourne Victory v Sydney FC

8.30am BT Sport 3
A-League at Marvel Stadium.

Live Eibar v Mallorca

12noon La Liga TV
Spanish top-flight coverage.

CHAMPIONSHIP

Live Bristol City v Fulham

12noon Sky Sports Main Event & Sky Sports Football
(kick-off 12.30pm)

PREMIER LEAGUE

Live Liverpool v Bournemouth

12noon BT Sport 1
(kick-off 12.30pm)

Live Atletico Madrid v Sevilla

3pm La Liga TV
Spanish top-flight coverage.

NATIONAL LEAGUE

Live Harrogate Town v Bromley

5pm BT Sport 1 (k-o 5.20pm)

PREMIER LEAGUE

Live Burnley v Tottenham Hotspur

5pm Sky Sports Main Event & Sky Sports Premier League
(kick-off 5.30pm)

Live Atalanta v Lazio

5.10pm Premier Sports 1
Serie A coverage, joining the game 10 minutes after kick-off.

Live Mönchengladbach v Dortmund

5.15pm BT Sport 2 (k-o 5.30pm)
Bundesliga at Borussia-Park.

Live Alkmaar v Den Haag

5.25pm Premier Sports 2
Eredivisie from AFAS Stadion.

Live

Barcelona v Real

Sociedad

5.30pm

La Liga TV

Spanish

top-flight

action.

Japan Women v England Women, Sun... Lionesses star Toni Duggan

Live Real Salt Lake v New York Red Bulls

7pm Sky Sports Football
MLS from Rio Tinto Stadium.

Live SPAL v Cagliari

7.40pm Premier Sports 1
Serie A from Ferrara.

Live Heerenveen v Ajax

7.40pm Premier Sports 2
Eredivisie action.

Live Getafe v Celta Vigo

8pm La Liga TV
Spanish top-flight coverage.

Live DC United v Inter Miami

8.45pm FreeSports
MLS action from Audi Field.

Live Toronto v NYC

10.05pm Sky Sports Football
MLS from BMO Field.

Live Atlanta United v Cincinnati

12.05am FreeSports
MLS coverage.

Live Seattle Sounders v Columbus Crew

3.05am FreeSports
MLS from CenturyLink Field.

Live Central Coast Mariners v Wellington Phoenix

5am BT Sport 1
A-League action.

Sunday 8

Live Perth Glory v Melbourne City

7am BT Sport 1
A-League at HBF Park.

Live Osasuna v Espanyol

10.55am FreeSports;
11am La Liga TV
La Liga coverage.

SCOTTISH PREMIERSHIP

Live Ross County v Rangers

11.30am Sky Sports Main Event & Sky Sports Football
(kick-off 12noon)

Live Real Valladolid v Athletic Bilbao

1pm La Liga TV
Spanish top-flight coverage.

PREMIER LEAGUE

Live Chelsea v Everton

1pm Sky Sports Premier League; 2pm Sky Sports Main Event (kick-off 2pm)

Live Inter Milan v Sassuolo

1.55pm Premier Sports 2
Serie A from the San Siro.

Live Verona v AC Milan

1.55pm FreeSports
Serie A coverage.

Live Bayern Munich v Augsburg

2.30pm BT Sport/ESPN
Bundesliga at the Allianz Arena.

Live Levante v Granada

3pm La Liga TV
Spanish top-flight coverage.

Live Rennes v Montpellier

3.45pm BT Sport 1 (k-o 4pm)

Ligue 1 at Roazhon Park.

PREMIER LEAGUE

Live Manchester United v Manchester City

4pm Sky Sports Main Event & Sky Sports Premier League
(kick-off 4.30pm)

Live Mainz v Dusseldorf

4.45pm BT Sport 3 (k-o 5pm)
Bundesliga at the Coface Arena.

Live Bologna v Juventus

4.55pm Premier Sports 2
Serie A coverage.

Live Villarreal v Leganés

5.30pm La Liga TV
Spanish top-flight coverage.

SHEBELIEVES CUP

Live Japan Women v England Women

7pm BBC4 (kick-off 7.15pm)
England defend their title in the annual round-robin competition, held in the United States.

Live AS Roma v Sampdoria

7.40pm Premier Sports 1
Serie A from Stadio Olimpico.

Live Lille v Lyon

7.45pm BT Sport 1 (k-o 8pm)
Ligue 1 at Stade Pierre-Mauroy.

Live Real Betis v Real Madrid

8pm La Liga TV
Spanish top-flight coverage.

Live Portland Timbers v Nashville SC

11.10pm FreeSports
MLS from Providence Park.

Live Los Angeles v Philadelphia Union

2.50am FreeSports
MLS action from California.

Monday 9

Live Torino v Udinese

5.40pm Premier Sports 1
Serie A from Turin.

PREMIER LEAGUE

Live Leicester City v Aston Villa

7pm Sky Sports Main Event & Sky Sports Premier League
(kick-off 8pm)

Live Stuttgart v Arminia

7.30pm BT Sport 1
Action from the Bundesliga 2.

Live Lecce v AC Milan

7.55pm Premier Sports 1
Serie A from Stadio Via del Mare.

Tuesday 10

Live Eibar v Real Sociedad

7pm La Liga TV
Spanish top-flight coverage.

CHAMPIONS LEAGUE

Live RB Leipzig v Tottenham Hotspur

7pm BT Sport 2 (kick-off 8pm)
Second leg in the Round of 16.

CHAMPIONS LEAGUE

Live Valencia v Atalanta

7.45pm BT Sport 3 (k-o 8pm)
Second leg in the Round of 16.

Wednesday 11

Live Mönchengladbach v Cologne

5.30pm BT Sport 1
Bundesliga at Borussia-Park.

CHAMPIONS LEAGUE

Live Liverpool v Atletico Madrid

7pm BT Sport 2 (kick-off 8pm)
Second leg in the Round of 16.

CHAMPIONS LEAGUE

Live PSG v Dortmund

7.15pm BT Sport 3 (k-o 8pm)
Second leg in the Round of 16.

SHEBELIEVES CUP

Live England Women v Spain Women

10pm BBC4 (kick-off 10.15pm)

SHEBELIEVES CUP

Live USA Women v Japan Women

12.50am BBC Red Button 1

Thursday 12

EUROPA LEAGUE

Live Round of 16

5.45pm, 8pm BT Sport 2, BT Sport 3 & BT Sport/ESPN
First-leg match coverage, with the draw yet to be announced as What's On TV went to press.

Friday 13

Live Brisbane Roar v Central Coast Mariners

8.30am BT Sport 3
A-League at Suncorp Stadium.

Live Fürth v Hamburg

5.30pm BT Sport 2
Bundesliga 2 coverage.

CHAMPIONSHIP

Live Fulham v Brentford

7pm Sky Sports Main Event & Sky Sports Football
(kick-off 7.45pm)

SCOTTISH PREMIERSHIP

Live Motherwell v Aberdeen

7.15pm BT Sport 1
(kick-off 7.45pm)

Live Dusseldorf v Paderborn

7.30pm BT Sport 2
Bundesliga at the Esprit Arena.

Live Juventus v Lecce

7.35pm Premier Sports 1
Serie A at Allianz Stadium.

Live Lyon v Reims

7.45pm BT Sport/ESPN
Ligue 1 at Groupama Stadium.

Live Real Madrid v Eibar

8pm La Liga TV
Spanish top-flight coverage.

The week's other sport



Players Championship, golf, Thu & Fri... Northern Ireland's Rory McIlroy

RUGBY UNION SIX NATIONS

England v Wales

SAT ITV • 3.50pm, **S4C** • 4pm
From Twickenham. Kick-off 4.45pm

Scotland v France

SUN BBC Red Button 1 • 1.55pm, **BBC1** • 2.30pm

From Murrayfield. Kick-off 3pm

CRICKET WOMEN'S T20 WORLD CUP

The Final

SUN Sky Sports Cricket, Sky Sports Main Event & Sky Sports Mix • 6.30am

The tournament champions are decided at the MCG in Melbourne.

MOTORCYCLING MOTOGP

Qatar Grand Prix

SUN BT Sport 2 • 2.30pm

The opening round of the season from Losail. Race starts 3pm

CYCLING UCI WORLD TOUR

Paris-Nice

SUN MON TUE WED

THU FRI Eurosport 1 •

12.30pm (Sunday only), 1.40pm

The eight-day race begins.

HORSE RACING NATIONAL HUNT

Cheltenham Festival

TUE WED THU FRI

ITV • 1pm (except Wed, 2pm),

ITV4 • 1pm (Wednesday only)

The prestigious race meeting, including the Gold Cup on Friday.

GOLF PGA TOUR

Players Championship

THU FRI Sky Sports The Players & Sky Sports Main Event • 11.30am, 5pm

The first two days of the 'fifth Major' from Sawgrass in Florida.

RUGBY LEAGUE SUPER LEAGUE

Salford Red Devils v Wigan Warriors

FRI Sky Sports Arena • 7pm

A top-flight clash. Kick-off 7.45pm



Qatar Grand Prix, MotoGP, Sun... Defending champion Marc Márquez

What's on TV Picks of the day



LIVE!

Rugby Union: Six Nations

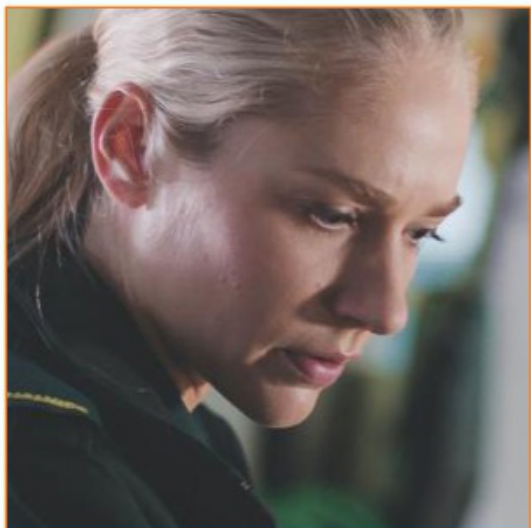
ITV, 3.50pm On the run... Wales will be determined to avoid a third straight Six Nations defeat when they face England at Twickenham today. Kick-off is at 4.45pm.



it's the final!

The Greatest Dancer

BBC1, 6.30pm Make the most of your moves... Alesha Dixon co-hosts tonight's final, in which the dancers compete to win an appearance on *Strictly Come Dancing*.



Casualty

BBC1, 9.20pm Decision time... Ruby (Maddy Hill) realises she faces a choice between her career and parenthood, after she loses patience with her own mother.

BBC one

BBC1

Freeview 1 (101 HD) Sky 101 (115 HD) Virgin 101 (108 HD) F'sat 101 (106 HD)

- 6.00 AM **Breakfast** News and sport. (S, HD)
- 10.00 **Saturday Kitchen Live** Culinary series hosted by Glynn Purnell. Today, Chris Hoy faces his food heaven or hell. (S, HD)
- 11.30 **New Gareth Thomas' Tour de Trophy for Sport Relief** The former Wales rugby international embarks on a 500-mile bike ride from Cardiff to Aberdeen. (S, HD)
- 12.00 NOON **Football Focus** Preview. (S, HD)
- 1.00 PM **News; Weather** (S, HD)
- 1.15 **Ready, Steady, Cook** Revival of the culinary contest hosted by Rylan Clark-Neal. (S, Rpt)
- 2.00 **Garden Rescue** Mansfield/Redditch. (S, Rpt)
- 3.00 **Money for Nothing** Salvage series. (S, Rpt)
- 4.00 **Final Score** Today's football results. (S, HD)
- 5.10 **The Repair Shop** Items include a porcelain dog damaged by a real canine. (S, Rpt, HD)
- 5.40 **News** (S, HD)
- 5.50 **Local News; Weather** (S)
- 6.00 **Celebrity Mastermind** 8 of 10. Quiz series hosted by John Humphrys. With Radzi Chinyanganya, Ruth Madeley, Tom Read Wilson and Ann Widdecombe. (S, HD)

6.30 The Greatest Dancer Alesha Dixon and Jordan Banjo present the final of the dancing contest. Four performers remain, and with the help of the dance captains Cheryl, Matthew Morrison, Oti Mabuse and Todrick Hall, they will put on one last show to impress the audience in a bid to win £50,000 and a chance to showcase their skills on *Strictly Come Dancing*. (S)

7.55 Pointless Celebrities A food-themed edition of the quiz series, with contestants including Prue Leith, Brian Turner, Grace Dent and William Sitwell. (S, Rpt, HD)

8.45 Catchpoint for Sport Relief 2 of 2. Celebrity special edition of the game show hosted by Paddy McGuinness. Former cricketer Graeme Swann and comedian Rachel Parris take on hockey player Sam Quek and comedian Mark Watson. (S)

9.20 Casualty Medical drama series starring Maddy Hill. Ruby has to choose between her career and parenthood, and Megan offers Archie a job with her in Sudan – but she is not sure if she wants to leave. Elsewhere, Jade finally loses her patience with Marty. *See feature, page 14.* (S, AD, HD)

10.10 News; Weather (S, HD)

10.30 Match of the Day Gary Lineker hosts highlights of today's Premier League matches, including Arsenal v West Ham, Liverpool v Bournemouth, Crystal Palace v Watford, Sheffield United v Norwich and Burnley v Tottenham Hotspur. (S, HD)

● Repeated tomorrow morning at 7.30am.

11.55 Film Foxcatcher Fact-based drama starring Steve Carell. A reclusive, eccentric millionaire persuades an Olympic gold medal-winning wrestler to join his team. Initially flattered by the attention lavished upon him by his new friend, the fighter flourishes – but tension soon grows between them when his brother is employed as a coach. With Mark Ruffalo, Channing Tatum, Sienna Miller and Vanessa Redgrave. (130mins, 2014, 15, S, W/S, HD) Rating ★★★★★ *See Filmweek, page 31; Weather*

2.05 to 6.00 AM BBC News (S, HD)

BBC1 REGIONAL VARIATIONS

WALES

1.15pm Six Nations Sin Bin A look ahead to England v Wales. 1.45 Weatherman Walking: The Welsh Coast 2.15 Garden Rescue 3.15-4.00pm Money for Nothing

BBC TWO

BBC2

Freeview 2 (102 HD) Sky 102 Virgin 102 (162 HD) Freesat 102 (106 HD)

- 6.30 AM **The Dog Ate My Homework** (S, Rpt, HD)
- 7.00 **The Dengineers** Chinchilla Den. (S, Rpt, HD)
- 7.30 **Blue Peter** World Book Day. (S, Rpt, HD)
- 8.00 **Deadly 60** Australia. (S, Rpt, HD)
- 8.30 **Film Strange Magic** Animated fantasy musical. A magical kingdom is thrown into chaos by a love potion, resulting in a series of unexpected romances. (90mins, 2015, U, S, W/S) Rating ★★★ *See Filmweek, page 31*

10.00 Kung Fu Panda: Secrets of the Furious Five Animated semi-sequel. (S, Rpt, HD)

10.25 Natural World Wildlife series. (S, Rpt, HD)

11.30 Lorraine's Fast, Fresh and Easy Food Everyday Easy: Culinary series. (S, Rpt, HD)

12.00 NOON Hairy Bikers' Best of British (S, Rpt)

1.00 PM All-Star Netball for Sport Relief (S, Rpt)

2.00 The £100K House: Tricks of the Trade (Rpt)

3.00 Hugh's Wild West 1 of 12. Series in which Hugh Fearnley-Whittingstall goes in search of wildlife in the West Country. (S, Rpt, HD)

4.00 Flog It! Antiques challenge series. (S, Rpt)

5.00 Natural World Kangaroo Dundee & Other Animals: Part Two. The new animals prove to be quite a handful. (S, Rpt, AD, HD)

6.00 Saving Lives at Sea Last in the documentary series. The team races to rescue teenagers stuck in mud in Cleethorpes. (S, Rpt, HD)

7.00 Wild Cuba: A Caribbean Journey

1 of 2. Last night's documentary in which Colin Stafford-Johnson explores parts of Cuba few outsiders have seen, observing the world's smallest bird and thousands of crabs migrating en masse. Concludes on Friday at 8.30pm. (S, Rpt, AD, HD)

8.00 Great American Railroad Journeys

Springhill Junction to Quebec City: 7 of 10. Michael Portillo continues his journey to Quebec City, during which he investigates the world's biggest tide, rides a Pontiac on a magnetic hill, and learns to quarry sandstone. (S, AD, HD)

9.00 Hilary Mantel: Return to Wolf Hall

New One-off documentary profiling author Hilary Mantel in the six months leading up to the publication of *The Mirror and the Light*, the final novel in her award-winning Tudor trilogy telling the story of the rise and fall of Thomas Cromwell. (S, HD)

10.00 Lost Lives

New Feature-length documentary inspired by the book of the same name that records the circumstances of the deaths of every man, woman and child killed during the Troubles in Northern Ireland. Featuring extracts read by Stephen Rea, Adrian Dunbar and Liam Neeson. Previously shown on BBC Northern Ireland. (S, HD)

11.30 Film Midnight's Children Fantasy drama based on Salman Rushdie's novel. Two men switched at birth find their lives intertwined as they grow up in newly independent India. Stars Satya Bhabha, Shahana Goswami and Rajat Kapoor. (135mins, 2012, 12, S, W/S, HD) Rating ★★★ *See Filmweek, page 31*

1.45 to 3.30 AM Film Stations of the Cross

Drama. A girl from a Catholic family seeks redemption. Stars Lea van Acken. Subtitled. (105mins, 2014, 15, S, W/S) Rating ★★★★★

BBC2 REGIONAL VARIATIONS

WALES

2.00-4.00pm Conference: Welsh Conservatives James Williams and Vaughan Roderick present coverage of the Welsh Conservative conference in Llangollen.

ARE YOU A Thunderball WINNER?

Write the winning numbers here

THUNDERBALL

ARE YOU A Lotto WINNER?

Write the winning numbers here

BONUS NUMBER

ITV

Freeview **3** (103 HD) Sky **103** (176 HD) Virgin **103** (113 HD) F'sat **103** (111 HD)

6.00 AM CITV Children's programmes. (S, HD)
9.25 News (S, HD)
9.30 James Martin's Saturday Morning
 Culinary magazine. Today, the host is joined by guests Ade Adepitan, Raymond Blanc, Tom Kerridge and Dr Hazel Wallace. (S, HD)
11.40 Living on the Veg Luke Robinson: 8 of 10. Chinese crispy-duck pancakes, spicy cauli wings and miso glazed aubergine. (S, Rpt)
12.45 PM News; Weather (S, HD)
1.00 Live Racing Ed Chamberlin introduces coverage of today's race meetings from Sandown Park and Wolverhampton. (S, HD)
3.30 News; Weather (S, HD)
3.40 Local News; Weather (S, HD)
3.50 Live Rugby Union: Six Nations
 England v Wales: Mark Pougatch presents coverage of the first match of the weekend from Twickenham, kick-off **4.45pm**. England kept their title hopes alive with victory over Ireland last time out, while last year's Grand Slam-winners Wales look set to relinquish their crown after suffering back-to-back defeats against the Irish and France. With commentary from Nick Mullins, Shane Williams and Lawrence Dallaglio. (S, HD)
 ● Scotland v France on BBC1 tomorrow at 1.55pm.

7.00 Ant & Dec's Saturday Night Takeaway 3 of 7. Entertainment series hosted by the Geordie duo. Tonight, Jax Jones and Ella Henderson perform live, while the hosts face a dance battle with *Britain's Got Talent: The Champions* winners Twist & Pulse in *The End of the Show Show*. Plus, Stephen Mulhern returns for *Ant vs Dec Goes Global*, an audience member plays to Win the Ads, and more viewers at home get the chance to win a Place on the Plane. (S)

8.30 The Voice UK Singing talent contest hosted by Emma Willis. Tonight, the last of the battle rounds, in which the acts selected in the blind auditions attempt to impress will.i.am, Meghan Trainor, Tom Jones and Olly Murs to keep their place on the show. However, even if the judge who selected an act lets them go, they still have a chance if they can convince one of the others to take them on. (S, HD)

9.55 News; Weather (S, HD)

10.10 Pitch Perfect
 Musical comedy. A new student finds herself a social outcast during her first year of college. However, she acquires a new circle of friends in a band of misfits with a shared love of a cappella singing – and leads them to compete in campus music competitions. (130mins, 2012, 12, S, AD, W/S, HD) Rating ★★★★★
Starring: Anna Kendrick, Skylar Astin, Rebel Wilson, Ben Platt, Brittany Snow, Anna Camp, Alexis Knapp.
 See Filmweek, page 31

12.20 AM You've Been Framed! Gold (S, Rpt)
12.50 Teleshopping (HD)
3.00 Rebound Quiz series presented by Sean Fletcher in which six contestants go head to head for a big cash prize. (S, Rpt, HD)
3.50 to 6.00 AM Nightscreen (HD)

REGIONAL VARIATIONS
 ■ Programmes today are as above.

Channel 4

Freeview **4** (104 HD) Sky **104** (138 HD) Virgin **104** (104/141 HD) Freesat **104**

6.00 AM Mike & Molly (Series 1, ep 20, S, Rpt, HD)
6.25 Cheers Double-bill. (Series 1, ep 19, S, Rpt, HD) **6.50** (Series 1, ep 20, S, Rpt, HD)
7.15 Frasier Double-bill. (Series 4, ep 2, S, Rpt, AD) **7.40** (Series 4, ep 3, S, Rpt, AD)
8.05 Everybody Loves Raymond (Series 2, ep 2, S, Rpt, AD) **8.35** (Series 2, ep 3, S, Rpt, AD)
9.00 The Big Bang Theory (Series 6, ep 3, S, Rpt, AD, HD) **9.30** (Series 6, ep 4, S, Rpt, HD)
9.55 The Simpsons Old Yeller Belly. (S, Rpt, AD) **10.25** Mr Spritz Goes to Washington. (S, Rpt, AD) **10.55** CE D'oh. (S, Rpt, AD) **11.25** Three Gays of the Condo. (S, Rpt, AD)
11.55 The Dog House Documentary. (S, Rpt, HD)
12.55 PM Four in a Bed Back-to-back editions of the B&B challenge series. From Tivetshall St Mary in Norfolk. (S, Rpt, HD) **1.25** From Edenbridge in Kent. (S, Rpt, HD) **1.55** From Mablethorpe in Lincolnshire. (S, Rpt, HD) **2.30** From Taunton in Somerset. (S, Rpt, HD) **3.00** The week's results. (S, Rpt, HD)
3.30 A Place in the Sun Murcia. (S, Rpt, HD)
4.30 Crufts 2020 Clare Balding introduces live coverage of the show, including the Flyball semi-finals. With guests Sally Phillips and Ronni Ancona. Continues at 7.00pm. (S, HD)
6.30 News (S, HD)

7.00 Crufts Clare Balding introduces further coverage of the world's biggest dog show held at the NEC Birmingham. Vet Paul Manktelow shows young people how to get interested in veterinary science, and Clare meets Rhys Parrin – a 22-year-old YKC agility competitor who has been taking part in Crufts since he was 12, when his mother passed away. (S, HD)
 ● Coverage of the final day at 4.30pm tomorrow.

9.00 Passengers
 Sci-fi adventure. A spacecraft that is transporting thousands of people to a distant planet malfunctions, and two of the awoken travellers are soon on a collision course after finding technical problems and a dark secret. (135mins, 2016, 12, S, W/S, HD) Rating ★★★★★
Starring: Chris Pratt, Jennifer Lawrence, Michael Sheen, Laurence Fishburne, Andy Garcia.
 See Filmweek, page 30

11.15 Film G.I. Joe: The Rise of Cobra Action adventure. Two soldiers join a top-secret military strike force to battle terrorists who have stolen a deadly experimental weapon. Stars Dennis Quaid, Christopher Eccleston and Marlon Wayans. (125mins, 2009, 12, S, W/S, HD) Rating ★★★ See Filmweek, page 31

1.20 AM The Last Leg Last night's edition. With John Bercow and Sara Pascoe. (S, Rpt, HD)
2.10 The Big Narstie Show 5 of 6. (S, Rpt, HD)
3.05 Hollyoaks Omnibus. Warren is on the warpath after Liam's latest stunt. (S, Rpt, HD)
5.05 to 6.00 AM Location, Location, Location (S)

6.00am Cyw **6.45** Cyw: Y Dywysoges Fach **7.00** Cyw: Cacamwn **7.15** Cyw: Sbarc **7.30** Cyw: Sion y Chef **7.45** Cyw: Deian a Loli **8.00-10.00** Stwnsh Sadwrn **8.00** Stwnsh Sadwrn **8.20** Pat a Stan **8.55** Bwystfil **9.15** Seligo **9.20** Larfa **9.25** Pigo dy Drwyn **10.00** Trysorau'r Teulu **11.00** Cynadleddau'r Gwanwyn **1.00pm** Ffermio **1.30** Nyrsys **2.00** Cynefin **3.00** Creaduriaid Gwyllt Affrica **4.00** LIVE: Clwb Rygbi Rhyngwladol England v Wales: Coverage of today's Six Nations match from Twickenham, kick-off **4.45pm**. **7.15** Newyddion a Chwaraeon **7.30** Heno Nos Sadwrn **8.00** Noson Lawen **9.00** Oci Oci Oci **10.00** Jonathan **11.00-11.35pm** Hansh

Channel 5

Freeview **5** (105 HD) Sky **105** Virgin **105** (150 HD) Freesat **105** (105 HD)

6.00 AM Milkshake! Children's programmes. (S)
10.05 The Loud House (S, Rpt, HD) Access
10.20 WWE SmackDown US wrestling. (S, HD)
11.20 Friends Triple-bill of the comedy. (Series 3, ep 17, S, Rpt, HD) **11.50** (Series 3, ep 18, S, Rpt, HD) **12.20 PM** (Series 3, ep 19, S, Rpt)
12.50 New A Will to Kill: Hailey Dean Mysteries
 First of two feature-length crime dramas starring Kellie Martin. The investigation into the murder of Hailey's former fiancé from 15 years previously is reopened. Also stars Giacomo Baessato and Viv Leacock. (S, HD)
2.40 New A Prescription for Murder: Hailey Dean Mysteries The CEO of a hospital dies while a patient and Hailey helps the police with their investigations when her coroner boyfriend discovers that the woman had been poisoned. Also stars Viv Leacock and Matthew MacCaull. (S, HD)
4.20 Film The King and I Oscar-winning musical drama set in 1862. An English schoolteacher is recruited to tutor the wives and children of the King of Siam. Stars Yul Brynner, Deborah Kerr, Rita Moreno and Carlos Rivas. Includes News at 5.20pm. (155mins, 1956, U, S, HD) Rating ★★★★★ See Filmweek, page 31
6.55 News (S, HD)

7.00 Royal Doctors: Treating the Monarchy
 One-off documentary examining the role of the medics who have looked after the Royal Family through the ages. Plus, Kate Williams explores gruesome stories from the history of the monarchy. (S, HD)

8.00 The Royals: A Family in Crisis
 One-off documentary examining the issues affecting the monarchy last year, including the rift between princes Harry and William that would eventually led to the Duke and Duchess of Sussex quitting the Royal Family entirely. Plus, the scandal surrounding Prince Andrew's friendship with convicted paedophile Jeffrey Epstein, and Prince Philip's car crash. (S, HD)

9.30 Charles and Diana: The Truth Behind Their Wedding
 One-off documentary examining the week before the wedding of Prince Charles and Lady Diana Spencer in July 1981, which lifted the spirits of the nation at a turbulent time. With contributions from Col Robert Spencer and Angela Rippon, who carried out a pre-wedding interview. (S, Rpt, HD)

11.05 The Carpenters: Their Greatest Hits
 Ken Bruce narrates a look at some of the biggest hits of the brother-and-sister duo's career – and also delves into the lives of Richard and Karen Carpenter. (S, Rpt, HD)
12.05 AM Autopsy The Last Hours of Karen Carpenter: The singer's death. (S, Rpt, HD)
1.00 Interactive Gaming (S, HD) Access
3.10 Our Dream Hotel Orkneys. (S, Rpt, HD)
4.00 Billionaire Kids: Diamond Lives (S, Rpt)
4.45 House Doctor Spennymoor. (SL, S, Rpt)
5.10 Nick's Quest Crocodiles. (SL, S, Rpt)
5.35 to 6.00 AM Wildlife SOS (SL, S, Rpt)

SATURDAY

7 PM

8 PM

9 PM

10 PM



Mary and the Witch's Flower *Film4, 4.45pm*
A girl (voiced by Ruby Barnhill) gains magic powers after finding a mysterious flower.



The Secret Life of Pets *ITV2, 5.10pm*
The idyllic life of Jack Russell Max comes under threat when his owner brings home a new pet dog – in this animated comedy.



Hidden *BBC4, 9.00pm*
Mia (Annes Elwy) comes to the attention of detective Cadi, after the accusations made against Ellis are proven to be untrue.

FREEVIEW

ITV2



FV 6 Sky 118 Freesat 113 Virgin 115 (176 HD)

- 7.00 AM Totally Bonkers Guinness World Records** Record attempts.
- 7.15 The Ellen DeGeneres Show**
- 9.30 Dress to Impress** Double-bill.
- 11.30 Celebrity Catchphrase**
- 12.30 PM You've Been Framed! Gold: Top 100 Animals** Clips series.
- 1.35 Film Animals United** Animated adventure. (2010, U) ★★★
- 3.30 Film Cats & Dogs: The Revenge of Kitty Galore** Fantasy sequel. (2010, U) ★★
- 5.10 Pick Film The Secret Life of Pets** Cartoon. Two dogs must put their differences aside when they get lost in New York. (2016, U) ★★★

- 6.55 Film Uncle Buck**
Comedy. A good-natured slob gets a taste of responsibility when he is called on to look after his trouble-making nephew and nieces. Stars John Candy, Macaulay Culkin, Jean Kelly, Amy Madigan and Gaby Hoffmann. *Includes FYI Daily at 7.55pm.* (1989, 12) ★★★

- 9.00 Film Fast & Furious 8**
Action thriller sequel. Street-racing criminal Dominic Toretto is drawn out of retirement by an encounter with a ruthless cyberterrorist, who recruits him for an international criminal scheme. Stars Vin Diesel and Jason Statham. *Includes FYI Daily at 10.00pm.* (2017, 12) ★★★

- 11.35 Family Guy** Double-bill. Lois has a change of image. (S11, ep6 of 22)
- 12.05 AM Peter** stars in his own children's TV show. (S10, ep18)
- 12.35 American Dad!** Double-bill.
- 1.30 Ibiza Weekender** Reality series.
- 2.35 The Stand Up Sketch Show**
- 3.05 Totally Bonkers Guinness World Records** Record-breaking attempts.
- 3.20 to 3.30 AM Nightscreen**

BBC4



FV 9 HD 106 Scot 68 Sky 116 Freesat 107 Virgin 107

BBC4 starts
broadcasting
at 7.00pm

- 7.00 Rick Stein's Long Weekends**
- 8.00 South Pacific** Ocean of Volcanos.
- 9.00 Pick Hidden** *New episode*
Karl Lewis admits the accusations against Ellis were false. (S2, ep4)
- 9.55 Clive James: Postcard from Miami** Documentary from 1990 in which the presenter explores Miami.
- 10.50 Clive James: Postcard from Chicago** Documentary from 1989 in which the presenter visits the US city.
- 11.40 New The Selector and EOB at the 6 Music Festival** Live performance.
- 12.25 AM Top of the Pops: 1989**
- 1.30 South Pacific** Ocean of Volcanos.
- 2.30 to 3.30 AM Rick Stein's Long Weekends**

ITV3



FV 10 Sky 119 Freesat 115 Virgin 117 (177 HD)

- 6.00 AM Lewis** The Soul of Genius.
- 7.50 Marple** The Moving Finger.
- 9.55 Coronation Street** Omnibus.
- 12.55 PM Midsomer Murders** Vixen's Run: The detectives investigate the death of a local aristocrat.
- 2.55 Midsomer Murders** Down Among the Dead Men: Barnaby and Jones discover that a murdered council clerk was an expert blackmailer.
- 5.00 Midsomer Murders** Four Funerals and a Wedding: Barnaby and Jones investigate the deaths of a female pensioner and a vicar who were both killed during a village's annual contest between men and women.

- 7.00 Midsomer Murders**
Last Man Out: Detective drama series starring Neil Dudgeon and Nick Hendrix. Barnaby and Winter investigate when a village's star cricketer is discovered dead after a match, pummelled to death by cricket balls. Also stars John Bird, Joe Dixon and Natasha Little.

- 9.00 Midsomer Murders**
Red in Tooth and Claw: Detective drama starring Neil Dudgeon and Nick Hendrix. DCI Barnaby and DS Winter discover a body surrounded by rabbits that had been freed from their cages – revealing a more sinister side to the local pet show. Also stars Susan Hampshire, Sara Crowe and Stirling Gallacher.

- 11.00 Foyle's War** The Hide: Post-war detective drama. Foyle puts his retirement on hold to help a man sentenced to hang for high treason.
- 1.05 AM Scott & Bailey** 5 of 6. Drama. Janet moves a step closer to finally tracking down Veronica's killer.
- 2.00 Long Lost Family**
- 2.50 That's My Boy** The Big Night Out.
- 3.20 to 3.30 AM Nightscreen**

ITVBe



FV 26 Sky 131 Freesat 118 Virgin 119 (179 HD)

- 7.00 AM Little Women: LA**
- 7.50 Real Housewives of Beverly Hills**
- 8.50 Be Beautiful** Make-up tips.
- 9.00 Children's Programmes**
- 12.00 NOON Be Beautiful**
- 12.10 PM Real Housewives of Potomac**
- 1.05 Real Housewives of Orange County**
- 2.00 The Mummy Diaries** Reality series.
- 3.00 The Real Housewives of Cheshire**
- 7.00 Dinner Date** A man picks three dates from five potential menus.
- 8.00 Dinner Date** A woman picks three dates from five potential menus.
- 9.00 Botched** Dr Terry Dubrow helps a woman who was pressured to get extremely large implants.
- 10.00 Totally Unbelievable** Countdown of the most inspiring celebrity bodies.
- 11.00 Vanderpump Rules** Brittany's friends decide to throw her a party to help her get over her heartache.
- 12.00 M'T to 12.55 AM Marriage Boot Camp: Reality Stars** The families play a game of football in which they are presented with shirts labelled with their negative traits.

ITV4



FV 24 Sky 120 Freesat 117 Virgin 118 (178 HD)

- 6.00 AM World Cup Rivalries**
- 6.15 The Saint** The Convenient Monster.
- 7.20 Monster Carp** Angling in Japan.
- 8.25 Giant Lobster Hunters**
- 9.30 ITV Racing: The Opening Show**
- 10.30 Euro 2020 Preview**
- 11.00 Minder** The Beer Hunter.
- 12.05 PM World Cup Rivalries**
- 12.30 Live Darts:** Jacqui Oatley hosts coverage of the opening session on day two of the UK Open staged at the Butlin's Minehead Resort. Coverage continues at 7.00pm.
- 5.00 The Professionals** Crime drama.
- 6.00 The Sweeney** Abduction: Regan's daughter is kidnapped.

- 7.00 Live Darts** Jacqui Oatley presents coverage of the evening session on day two of the UK Open from the Butlin's Minehead Resort. Eventual champion Nathan Aspinall recorded a victory over Steve Lennon at this stage last year, while Dave Chisnall, James Wade and Simon Whitlock all suffered shock defeats in round six, losing to Simon Stevenson, Ross Smith and Josh Payne respectively. However, wins for Rob Cross, Michael Smith and Gerwyn Price ensured the quarter-finals did not have a wholly unfamiliar feel. With analysis from Alan Warriner-Little, Chris Mason and Mark Webster. Commentary comes from Stuart Pyke, John Rawling and Dan Dawson.

- 11.00 Film Assassins** Action thriller. A world-weary assassin comes up against a young rival who is eager to steal his crown. Stars Sylvester Stallone, Antonio Banderas and Julianne Moore. (1995, 15) ★★★
- 1.45 Minder** Don't Tell Them Willie Boy Was Here: Terry minds a boxer. With guest star Alfred Marks.
- 2.40 to 3.00 AM Nightscreen**

Talking Pictures TV



FV 81 Sky 328 Freesat 306 Virgin 445

- 6.00 AM Film Jack London** (1943)
- 8.00 Film Duel in the Jungle** (1954)
- 10.00 Film Walk a Tightrope** (1964)
- 11.35 Film The Conquest of Everest** Documentary. (1953, U) ★★★★★
- 1.10 PM Film The Birthday Present** Drama. (1957, U, b&w) ★★★
- 3.10 Film Captain Boycott** Historical drama. (1947, PG, b&w) ★★★
- 5.10 Film The Day the Earth Caught Fire** Sci-fi thriller starring Edward Judd. (1961, PG, b&w) ★★★★★
- 7.10 Film We Dive at Dawn** World War Two adventure starring John Mills. (1943, U, b&w) ★★★
- 9.10 Film Over the Hill** Emotional drama. Stars Olympia Dukakis and Sigrid Thornton. (1993, PG) ★★★
- 11.15 Film Plenty** Drama starring Meryl Streep. (1985, 15) ★★★
- 1.45 AM Film This Week of Grace** Comedy. (1933, U) ★★★
- 3.35 Film When You Come Home** Comedy. (1947, U, b&w) ★★★
- 5.25 The David Niven Show** (S1, ep2)
- 5.55 to 6.00 AM Glimpses**

BBC Scotland



Scot Only FV 9 HD 108 Scotland Only: Sky 115 Freesat 106 Virgin 108 Rest of the UK: Sky 457 Freesat 108 Virgin 162

- 12.00 NOON to 7.00 PM** As shown on BBC2.
- 7.00 PM The Seven** News magazine.
- 7.15 Seven Days** Current affairs series.
- 8.00 Born to Be Wild** 4 of 10. SSPCA vet Romain Pizzi uses an ancient falconer's trick to get an injured bird flying again.
- 9.00 Scotland's Game** 3 of 4. How the nation struggled to catch up after problems in its football industry during the 1980s.
- 10.00 The Field of Blood** The complete two-part thriller starring Jayd Johnson. A lowly newspaper employee attempts to get to the bottom of a murder case – but risks alienating her family. Also stars Ford Kiernan and Peter Capaldi.
- 11.55 PM to 12.00 M'T Tune** DJ and producer Mark Mackenzie talks about the Inverness dance music scene.

E4



FV 13 Sky 135 Freesat 122 Virgin 106 (145 HD)

- 6.00 AM **Ramsay's Kitchen Nightmares USA** From West Nyack, New York.
- 6.55 **Film Romance Retreat** Romantic comedy. An ambitious journalist escapes to a yoga retreat. Stars Amanda Schull. (2019, PG) ★★★
- 8.25 **Don't Tell the Bride** Documentary.
- 9.30 **The Goldbergs** (S7, ep3)
- 10.00 **Schooled** US comedy. (S2, ep3)
- 10.30 **Brooklyn Nine-Nine** Back-to-back episodes of the comedy.
- 2.30 PM **The Big Bang Theory** (S5, ep8)
- 3.00 (S5, ep9) 3.30 (S5, ep10)
- 4.00 (S5, ep11) 4.30 (S5, ep12)
- 5.00 **Young Sheldon** (S3, ep11)
- 5.30 **Film Home Alone 2: Lost in New York** Comedy sequel. A boy finds himself all alone in the Big Apple. Stars Macaulay Culkin, Joe Pesci and Daniel Stern. (1992, PG) ★★★

- 8.00 **Film Transformers: Revenge of the Fallen** Sci-fi action adventure sequel. The shape-changing robots fight for control of a machine hidden somewhere on Earth with the power to destroy planets. Stars Shia LaBeouf, Megan Fox and Tyrese Gibson. (2009, 12) ★★★★★

- 11.05 **Gogglebox** Households' opinions on *Panorama: The Prince and the Epstein Scandal*, *The Crown*, *The Andrew Marr Show* and *I'm a Celebrity... Get Me Out of Here!*
- 12.10 AM **Friday Night Dinner** The complete third series of the comedy starring Simon Bird.
- 3.20 **Gogglebox** See 11.05pm.
- 4.15 to 6.00 AM **The Big Bang Theory**

5USA



FV 21 Sky 141 (Scot 169) Freesat 129 Virgin 153

- 9.00 AM **Murder, She Wrote** Back-to-back editions of the US drama.
- 4.00 AM **Murder, She Wrote** Triple-bill. Jessica travels to Hollywood to confront a sleazy producer.
- 5.00 **Murder, She Wrote** Jessica must investigate a fox-hunting accident.
- 6.00 **Murder, She Wrote** Jessica investigates a death in Seattle.
- 7.05 **NCIS: New Orleans** The agents suspect foul play when a race car-driving US Marine is killed. (S3, ep9)
- 8.00 **NCIS: New Orleans** The team investigates a pair of murders on board a private yacht. (S3, ep10)
- 9.00 **NCIS: New Orleans** Pride decides to act without the FBI's knowledge to deal with Garcia. (S3, ep11)
- 10.00 **Law & Order: Special Victims Unit** The team is forced to return to an old crime scene. (S17, ep1 of 23)
- 10.55 **Law & Order: Special Victims Unit** US crime drama. (S17, ep2) 11.55 (S16, ep12) 12.55 AM (S16, ep13)
- 1.55 **Chicago PD** Double-bill.
- 3.50 to 4.00 AM **Access**

Film4



FV 14 Sky 313 Freesat 300 Virgin 428 (429 HD)

- 11.00 AM **Film The Pink Panther Strikes Again** Comedy starring Peter Sellers. (1976, PG) ★★★
- 1.10 PM **Film Shrek Forever After** Animated adventure sequel with the voice of Mike Myers and Eddie Murphy. (2010, U) ★★★★★
- 2.55 **Film Kung Fu Panda 2** Animated comedy sequel. The panda faces a formidable enemy. With the voice of Jack Black. (2011, PG) ★★★★★
- 4.45 **Pick Film Premiere Mary and the Witch's Flower** Animated adventure. A strange flower grants a girl magic powers. With the voice of Kate Winslet. (2017, U) ★★★

- 6.55 **Film Gifted** Drama. A single man attempts to raise his child-prodigy niece. However, his plans to give her a normal school life are foiled when the youngster's abilities come to the attention of her grandmother. Stars Chris Evans, Lindsay Duncan and McKenna Grace. (2017, 12) ★★★★★

- 9.00 **Film Die Hard 4.0** Action sequel. Tough New York cop John McClane goes on the trail of a criminal mastermind who is plotting to carry out a hi-tech terror attack on the US. Stars Bruce Willis, Timothy Olyphant, Justin Long and Maggie Q. (2007, 15) ★★★★★

- 11.35 **Film Drag Me to Hell** Horror. A bank executive falls victim to a terrifying curse after refusing a loan to an old gypsy woman. Stars Alison Lohman. (2009, 15) ★★★
- 1.30 to 3.30 AM **Film Juan of the Dead** Comedy horror. A slacker goes into business as a freelance zombie slayer. Stars Alexis Diaz de Villegas. Subtitled. (2011, 15) ★★★

5STAR



FV 30 Sky 128 Freesat 131 Virgin 151

- 8.00 AM **3rd Rock from the Sun**
- 8.20 **Two and a Half Men** US comedy.
- 12.25 PM **Film Bewitched** Romantic comedy. (2005, PG) ★★★
- 2.35 **Film Just Like Heaven** Romantic fantasy drama. (2005, PG) ★★★
- 4.30 **Film You, Me and Dupree** Comedy starring Owen Wilson and Matt Dillon. (2006, 12) ★★★
- 6.35 **Film Ocean's Thirteen** Crime caper sequel. A thief plots revenge against a casino owner. Stars George Clooney. (2007, PG) ★★★★★
- 9.00 **Film The Twilight Saga: Breaking Dawn: Part 2** Supernatural thriller sequel. Vampire couple Edward and Bella defend their newborn child from the undead. Stars Kristen Stewart. (2012, 12) ★★★
- 11.10 **Film 28 Days Later...** Horror thriller starring Cillian Murphy and Naomie Harris. (2002, 18) ★★★★★
- 1.25 AM **Film Get Hard** Comedy. Stars Will Ferrell. (2015, 15) ★★★
- 3.25 **Two and a Half Men** (S4, ep15)
- 3.55 to 4.00 AM **Access**

More4



FV 18 Sky 136 Freesat 124 Virgin 147 (195 HD)

- 8.55 AM **Food Unwrapped**
- 9.30 **A Place in the Sun: Summer Sun**
- 12.30 PM **Location, Location, Location**
- 1.35 **Phil Spencer's Stately Homes** The presenter visits Harewood House in West Yorkshire.
- 2.40 **Come Dine with Me** Back-to-back editions of the series from Cardiff.
- 5.20 **Four in a Bed** Back-to-back editions of the B&B challenge.
- 5.20 The competition kicks off at the Bell House Hotel in Wiltshire.
- 5.55 The guests spend a night at the Partridge in Oxfordshire.
- 6.25 The third visit is to Strawberry Gardens in Heysham, Lancashire.

- 6.55 **Four in a Bed** The final visit of the week is to Bateman's Mill near Chesterfield in Derbyshire.
- 7.25 The B&B owners find out what they have each been paid.

- 8.00 **Car S.O.S** Presenters Tim Shaw and Fuzz Townshend restore a 1972 Toyota Celica – one of the first Japanese sports coupés to find success on the global market.

- 9.00 **24 Hours in A&E** A couple arrive in resus with their daughter, who is unresponsive and has a high fever, while doctors suspect a 61-year-old has suffered a stroke.

- 10.00 **24 Hours in A&E** A 92-year-old is admitted with breathing difficulties and a swollen leg, while doctors fear that a 25-year-old woman may have suffered a stroke.

- 11.05 **Father Ted** The priest offends the island's Chinese community.
- 11.40 The cleric tries to nurture Chris, the hot favourite to win the island's King of the Sheep festival.
- 12.15 AM **8 Out of 10 Cats Does Countdown** With Johnny Vegas, Rhod Gilbert and Joe Wilkinson.
- 1.15 **24 Hours in A&E** Double-bill.
- 3.20 to 3.50 AM **Father Ted**

Drama



FV 20 Sky 143 Freesat 158 Virgin 130

- 7.30 AM **Cadfael** Mystery drama series.
- 9.00 **Lovejoy** Comedy drama series.
- 11.00 **Sharpe** Sharpe's Waterloo.
- 1.00 PM **Auf Wiedersehen, Pet**
- 3.00 **Ms Fisher's Modern Murder Mysteries** Detective drama series.
- 4.00 **Father Brown** Double-bill.
- 6.00 **The Brokenwood Mysteries** A corpse is switched in its coffin.
- 8.00 **Murdoch Mysteries** Murdoch suspects murder at what first appears to be the double suicide of a wealthy high-society couple.
- 9.00 **Life on Mars** Double-bill of the fantasy crime drama starring John Simm. Sam faces a race against time to investigate kidnapping.
- 10.20 **Life on Mars** Gene looks into the shooting of a Ugandan man.
- 11.40 **Kavanagh QC** Job Satisfaction: Legal drama series starring John Thaw. A brother and sister stand accused of murdering their father and stepmother. With Lisa Harrow.
- 1.10 AM **Hetty Wainthropp Investigates**
- 3.10 to 4.00 AM **The White Princess**

Dave



FV 19 Sky 111 Freesat 157 Virgin 127 (227 HD)

- 7.10 AM **The Hurting** Double-bill.
- 8.00 **Top Gear** With Sienna Miller.
- 9.00 **Aussie Pickers** Salvage series.
- 10.00 **Storage Hunters UK** Double-bill.
- 11.00 **American Pickers** Salvage series.
- 12.00 NOON **Cops UK: Bodycam Squad**
- 3.00 PM **Border Force: America's Gatekeepers** A suspected drug dealer is caught smuggling pills.
- 4.00 **Top Gear** Double-bill. Jeremy Clarkson and James May attempt to create an advert for Volkswagen.
- 5.00 **Top Gear** The presenters test-drive convertibles in Romania.
- 6.00 **Red Bull Soapbox Race** Coverage of the offbeat event from Paris.

- 7.00 **Would I Lie to You?** With Dara Ó Briain, Denise Van Outen, Rhod Gilbert and Vernon Kay.
- 7.40 With Charles Dance, Stephen Mangan, Isy Suttie and Gok Wan.

- 8.20 **Not Going Out** Comedy series starring Lee Mack. Lee and Lucy's discussion about whether they should have another child descends into psychological warfare.

- 9.00 **Not Going Out** Christmas special from 2017. Lee thinks he has bought the perfect Christmas present for his children – but their grandparents have the same idea.

- 10.00 **Hypothetical** Comedy panel game. Guests Nish Kumar, Jen Brister, Rob Beckett and Lou Sanders are posed increasingly absurd hypothetical situations.

- 11.00 **Have I Got a Bit More News for You** With guest host Richard Ayoade and panellists including Andy Hamilton.
- 12.00 M'T **Dave Gorman: Modern Life Is Goodish** The presenter investigates how far people will go for fame.
- 1.00 AM **Not Going Out** See 9.00pm.
- 1.55 **Jon Richardson: Ultimate Worrier**
- 2.55 **Zapped** Fantasy comedy series.
- 3.30 to 4.00 AM **The Indestructibles**

Pick



FV 11 Sky 152 Freesat 144 Virgin 165

- 6.00 AM **Nothing to Declare**
- 12.00 NOON **Brit Cops: Rapid Response**
- 1.00 PM **Air Ambulance ER**
- 2.00 **The Chase** Double-bill of the quiz.
- 4.00 **The Chase Celebrity Special** With Andrea McLean, Robbie Savage, Jessica Taylor and Rory McGrath.
- 5.00 Jon Culshaw, Tina Malone, Hilary Jones and Charlotte Jackson.
- 6.00 **Caught Red Handed** Triple-bill.
- 8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.
- 9.00 **In Defense Of** A look at the events of the 1993 shootout that became known as the Waco Siege.
- 10.00 **The Force: North East** A man who is suspected of assault collapses in the custody suite.
- 11.00 **Banged Up Abroad** Documentary.
- 12.00 M'T **Road Wars** Documentary.
- 1.00 AM **Brit Cops: Law & Disorder**
- 4.00 to 6.00 AM **Highway Patrol**

more freeview

Yesterday



FV 25 Sky 155 Freesat 159 Virgin 129

- 6.00 AM **Secrets of the Bible**
7.10 **The Diary of Anne Frank: A Tale of Two Sisters**
8.00 **Secret Nazi Bases**
9.00 **Deep Wreck Mysteries**
1.00 PM **Expedition with Steve Backshall** Triple-bill of the series. See 4.00pm.
4.00 PM **Expedition with Steve Backshall** The ancient landscape of South America's Guiana Shield.
5.00 The Jebel Akhdar mountain range of Oman.
6.00 Steve Backshall and a team of kayakers head to the Himalayas.

Sony Channel



FV 48 Sky 157 Freesat 142 Virgin 189

- Not available nationwide on Freeview*
6.00 AM **Murder, She Wrote** Back-to-back editions of the US crime drama.
1.00 PM **Hart to Hart** Jennifer ends up with \$2million.
2.00 Jonathan and Jennifer reminisce about how they got together.
3.00 A murder occurs during a fox hunt.
4.00 **Charlie's Angels** Two ice-skating stars disappear.
5.00 **T.J. Hooker** The crusading officer hunts an arsonist.
6.00 **Starsky & Hutch** A murder witness suffers a burglary.

Quest



FV 12 Sky 144 Freesat 167 Virgin 169

- 6.00 AM **Deadliest Catch**
7.00 **Alaska Mega Machines**
8.00 **Wheeler Dealers**
12.00 NOON **Wheeler Dealers: On the Road** Land Rover.
1.00 PM **Wheeler Dealers**
2.00 **Hunting Hitler**
3.00 **Treasure Quest: Snake Island** Reality series.
4.00 **Deadly Dragon of Borneo: Expedition Mungo**
5.00 **Outback Opal Hunters** Prospector Col Duff finds himself stranded.
6.00 **Wheeler Dealers** Ant Anstead restores a 1973 Ford Mustang.

Really



FV 17 Sky 142 Freesat 160 Virgin 128

- 6.00 AM **Celebrity Fantasy Homes** Kelly Hoppen.
7.00 **Home Shopping**
8.00 **Homes Under the Hammer** Property series.
12.00 NOON **Antiques Road Trip**
2.00 PM **Cops UK: Bodycam Squad** Double-bill.
4.00 **Helicopter ER** A rescue operation is threatened by a military training exercise.
5.00 An ambulance crew has to get a 23-stone farmer to hospital.
6.00 Two motorists are trapped in their cars after a head-on crash on ice.

7 PM

- 7.00 **Big in America: British Hits in the USA** Featuring the Cure, Supertramp, Coldplay and the Dave Clark Five.

8 PM

- 8.00 **Duran Duran: There's Something You Should Know** The pop band members discuss their career.

9 PM

- 9.00 **The True Story of the Mary Celeste** Experts use CGI and fresh evidence in a bid to solve the mystery of the ship.

10 PM

- 10.00 **World's Greatest Palaces** Lukshmi Villas Palace in India, which was built for the Maharaja of Baroda back in 1890.

- 7.00 **Starsky & Hutch** Following a car accident, Hutch wakes up in hospital with no memory of either Starsky or his life as a cop.

- 8.00 **Starsky & Hutch** A man in Shakespearean costume begins killing taxi drivers, so Dave poses as a cabbie to catch him.

- 9.00 **Classic Who Wants to Be a Millionaire?** Four editions of the quiz, hosted by Chris Tarrant, in which contestants answer questions that could change their lives – with Ask the Audience, Phone a Friend and 50-50 available to them if they get stuck.

- 7.00 **Born Mucky: Life on the Farm** Three British farmers attempt to run three very different family farms across the UK.

- 8.00 **Salvage Hunters** Drew Pritchard spots a sofa in Worcestershire, and a pair of tapestries in Welshpool, Powys.

- 9.00 **Football: EFL** Colin Murray introduces a round-up of goals and highlights from today's matches English Football League, including Leeds United v Huddersfield Town and Swansea City v West Bromwich Albion and Charlton v Middlesbrough.

- 7.00 **Helicopter ER** The team receives back-up from army combat medics as they attend a freak road accident.

- 8.00 **Cops UK: Bodycam Squad** Documentary series following the work of police officers in Nottinghamshire.

- 9.00 **Helicopter ER** A paramedic is taking part in a 10K run when one of the other athletes suffers a heart attack.

- 10.00 **Saving Lives at Sea** The Minehead crew must scour the shoreline when a woman goes missing in a distressed state.

- 11.00 **Chris Tarrant: Extreme Railway Journeys** Chris travels the length of Cuba.
12.00 M'T **Impossible Engineering**

- 1.00 AM **The Diary of Anne Frank: A Tale of Two Sisters** Documentary.
2.00 to 3.00 AM **Secrets of the Bible**

- 1.00 AM **Charlie's Angels** As shown at 4.00pm.
2.00 **Hart to Hart** Jewels are stolen on a cruise liner.
3.00 **M*A*S*H** A congressional aide pays a visit to the 4077th Unit. (S8, ep2)
3.30 **The Waltons** Double-bill.
5.10 to 6.00 AM **Touched by an Angel**

- 11.00 **Stars in Their Cars** Phil Tufnell: Double-bill.
11.30 John Prescott.
12.00 M'T **Outback Opal Hunters** See 5.00pm.

- 1.00 AM **Supertruckers**
2.00 **American Chopper**
3.00 **Fantomworks**
4.00 **Wheeler Dealers**
5.00 to 6.00 AM **How It's Made**

- 11.00 **How to Look Good Naked** Stylist Gok Wan helps friends Ames and Helen rebuild their confidence.
12.00 M'T **Paranormal Lockdown UK**

- 1.00 AM **Ghost Adventures**
2.00 **Home Shopping**
4.00 to 6.00 AM **Cops UK: Bodycam Squad**

Sony Movies



FV 32 Sky 321 Freesat 302 Virgin 425

- 9.10 AM **Film The Perfect Assistant** (2008, PG) ★★
12.20 PM **Film Stand Your Ground** Fact-based drama. (2013, PG) ★★
1.30 **Film The Pink Panther** Comedy. (2005, PG) ★★
3.25 **Film The Pink Panther 2** Comedy. (2009, PG) ★★
5.15 **Film The Waterboy** Comedy starring Adam Sandler. (1998, 12) ★★
7.05 **Film Reign of Fire** Fantasy adventure starring Christian Bale. (2002, 12) ★★
9.00 **Film The Expendables** Thriller starring Sylvester Stallone. (2010, 18) ★★
11.10 **Film Rambo** Action sequel starring Sylvester Stallone. (2008, 18) ★★
12.55 AM **Film Sniper: Ghost Shooter** Thriller starring Billy Zane. (2016) ★★
3.00 to 5.50 AM **Film Seven Years in Tibet** Fact-based drama. (1997, PG) ★★

Sony Movies Classic



FV 50 Sky 319 Freesat 303 Virgin 424

- 6.00 AM **Film Hunt the Man Down** (1951, PG) ★★
7.30 **Film Prisoners of the Casbah** (1953, U) ★★
9.10 **Film Ladies of the Chorus** (1948, U) ★★
10.30 **Film Rock Around the Clock** (1956, U) ★★
12.10 PM **Film The Admirable Crichton** (1957, U) ★★
2.05 **Film For Love or Money** Comedy. (1963, PG) ★★
4.20 **Film The Wrong Box** Comedy. (1966, U) ★★
6.35 **Film Fire Down Below** Drama starring Rita Hayworth. (1957) ★★
9.00 **Film I'll Never Forget What's 'is Name** Offbeat comedy. (1967, 15) ★★
11.10 **Film My Stepmother Is an Alien** (1988, 15) ★★
1.15 AM **Film Garringo** Western. (1969, 15) ★★
3.00 **Film Machine-Gun Kelly** (1958, 15, b&w) ★★
4.25 to 6.00 AM **Film Long John Silver** (1954) ★★

Challenge



FV 46 Sky 151 Freesat 146 Virgin 164

- 7.00 AM **Ninja Warrior Women Tournament**
8.00 **Total Wipeout**
9.00 **Catchphrase** Game show.
11.30 **Bruce's Price Is Right**
2.00 PM **Bruce Forsyth's Play Your Cards Right**
3.00 **Take Your Pick**
4.00 **Strike It Lucky**
5.00 **The Cube** Game show.
6.00 **The Chase** Double-bill of the big-money quiz series.
8.00 **The Chase Celebrity Special** Alex Jones, Paul Martin, Antony Cotton and Gyles Brandreth.
9.00 **The Chase Celebrity Special** Shane Lynch, Colin Jackson, Fiona Wade and Stephen K Amos.
10.00 **Celebrity Who Wants to Be a Millionaire?** With Sian Lloyd, Lembit Opik and Russell Grant.
11.00 **Bullseye** Back-to-back editions of the darts-based quiz series.
4.00 to 6.00 AM **The Chase**

Quest Red



FV 38 Sky 149 Freesat 169 Virgin 170

- 6.00 AM **Say Yes to the Dress**
7.00 **Bondi Vet** Documentary.
9.00 **My 600lb Life**
1.00 PM **Disappeared**
2.00 **Say Yes to the Dress** Back-to-back editions of the US reality series.
6.00 **Long Island Medium** Theresa gets the results from her brain scan.
7.00 Theresa is asked to officiate a wedding.
8.00 **Hoarding: Buried Alive**
9.00 **People Magazine Investigates** New edition
10.00 **Faking It: Tears of a Crime** New edition The case of Laci Peterson.
11.00 **Dead of Winter** New edition Documentary.
12.00 M'T **Forensic Detectives**
1.00 AM **Crime Stories**
2.00 **Murder Comes to Town**
3.00 **FBI Files** Documentary.
3.50 **Animal Cops Phoenix**
4.40 **Bondi Vet** Reality series.
5.30 to 6.00 AM **Say Yes to the Dress**

Paramount Network



FV 31 Sky 150 F'sat 132 Vir 188 (187 HD)

- 9.00 AM **Criminals: Caught on Camera** Documentary.
9.35 **Trucking Hell**
10.30 **Killer Weather: Nature Fights Back** Double-bill.
12.30 PM **Can't Pay? We'll Take It Away!** Double-bill.
2.25 **Film The Shooting** Western. (1966, 15) ★★
4.10 **Film The Golden Voyage of Sinbad** Fantasy family adventure. (1973, U) ★★
6.20 **Film Major Dundee** Western starring Charlton Heston. (1964, PG) ★★
9.00 **Film Money Train** Action comedy starring Wesley Snipes. (1995, 18) ★★
11.15 **Film Game of Death** Thriller starring Wesley Snipes. (2010, 15) ★★
1.10 AM **The Shannara Chronicles** Double-bill.
3.05 **Star** (S1, ep4)
3.55 **The X-Files** (S3, ep10)
4.40 **Now That's Funny!**
5.35 to 6.00 AM **Criminals: Caught on Camera**

Picks of the day



Men in Black II

Sky One, 8.30pm
Agent Kay (Tommy Lee Jones) is called back into action to combat an alien plot – in this sci-fi sequel.



Real Women Have Curves

Sky Atlantic, 9.00pm
This LA-set drama stars America Ferrera and Jorge Cervera Jr.

PRIME-TIME

Sky One

sky one

Sky 106 Virgin 110 (109 HD)

6.00

AM

Monkey Life

8.00

Modern Family

9.00

What's Up TV *New edition*

9.30

New

I'm Game: Rainbow Laces

Public figures try out new sports and experiences.

10.30

Soccer AM *New edition*

12.00

NOON

Live Women's Rugby Union: Six Nations

England v Wales: Action from Twickenham Stoop, kick-off 12.05pm.

2.15

PM

PL Greatest Games

2.30

Best PL Goals

3.00

Gillette Soccer Saturday

5.00

The Simpsons

Sky Witness

witness

Sky 107 Virgin 112 (111 HD)

6.00

AM

UK Border Force

8.00

The Real A&E

9.00

Sun, Sea and A&E

Series following British tourists hospitalised abroad.

11.00

Paramedics

Double-bill of the documentary series.

1.00

PM

UK Border Force

Documentary series following daily life inside the UK Border Agency.

2.00

Border Security: Australia's Front Line

Back-to-back editions of the series following the work of customs and immigration officials.

Sky Atlantic

atlantic

Sky 108

6.00

AM

Richard E Grant's Hotel Secrets

7.00

The British Superpower.

8.00

CSI: Crime Scene Investigation

(S5, ep25)

9.00

(S6, ep1)

10.00

(S6, ep2)

11.00

(S6, ep3)

12.00

NOON

(S6, ep4)

1.00

PM

Without a Trace

(S3, ep8)

2.00

(S3, ep9)

3.00

(S3, ep10)

4.00

(S3, ep11)

5.00

Without a Trace

The team searches for a convict who disappeared from jail. (S3, ep12 of 23)

6.00

Without a Trace

An autistic boy disappears. (S3, ep13)

GOLD

GOLD

Sky 110 Virgin 124

7.05

AM

The Piglet Files

7.55

As Time Goes By

8.35

The Good Life

Comedy.

9.15

Porridge

Prison comedy.

9.55

The Two Ronnies

Vintage comedy sketches.

10.55

Only Fools and Horses

Back-to-back episodes of the comedy series.

5.15

Only Fools and Horses

The Trotters are caught up in an attempted robbery.

5.55

The Trotter brothers

both fall for the same girl.

6.35

Rodney and Mickey Pearce

are commissioned to make a community film.

W

W

Sky 109 Virgin 125 (211 HD)

6.10

AM

The Bill

1 of 2. Back-to-back episodes. Kerry accuses Smithy of rape.

7.00

2 of 2. Nick is forced to put his life in danger.

8.00

Dennis Weaver

takes Phil hostage and arranges a hit on Nick.

9.00

Gabriel decides to tell Kerry's boyfriend, Cameron, about the rape.

10.00

1 of 2. Kerry faces an explosive situation.

11.00

Tipping Point

Back-to-back editions of the arcade-themed quiz hosted by Ben Shephard.

7.00

The Simpsons

The family tries out new classes at the local gym.

7.30

The family are entertained by a tramp.

8.00

Modern Family

Jay and Gloria help Manny over his break-up. (S11, ep8)

8.30

Pick

Film

Men in Black II

Sci-fi sequel. An alien plots to destroy humanity – and the only one who can stop her is the retired Agent Kay. Stars Tommy Lee Jones and Will Smith. (2002, PG) ★★★

10.15

Strike Back: Vendetta

(S8, ep2)

7.00

Blue Bloods

Danny becomes the lead hostage negotiator when a suspect holds Erin's courtroom at gunpoint. (S4, ep3 of 22)

8.00

Blue Bloods

Danny and Baez investigate when a teenager dies after being struck by an underground train. (S4, ep4 of 22)

9.00

Law & Order: Special Victims Unit

Kat follows up on her suspicions about a trainer at her gym. (S21, ep13)

10.00

The Good Doctor

Shaun feels reassured about Carly's feelings towards his friendship with Lea. (S3, ep15)

7.00

Without a Trace

The team investigate the kidnapping of a society girl who has upset her local community. (S3, ep15)

8.00

Without a Trace

Martin feels guilty at failing to prevent the kidnap of a 12-year-old, and tries to make amends. (S3, ep16)

9.00

Pick

Film

Real Women Have Curves

Drama. An ambitious young woman in Los Angeles rebels against the views of her traditional Mexican family. Stars America Ferrera, Lupe Ontiveros and Ingrid Oliu. (2002, 12) ★★★

7.15

Only Fools and Horses

An old friend returns from Australia and offers Del-Boy a share in his business empire.

7.55

Only Fools and Horses

Del becomes a showbiz entrepreneur after discovering a sensational Tom Jones-style singer.

9.00

All Round to Mrs Brown's

The family is joined in by choirmaster Gareth Malone and pop singer Peter Andre.

10.20

Sandylands

1 of 3. The complete three-part comedy drama series starring Natalie Dew and Sanjeev Bhaskar.

7.00

PM

Inside the Ambulance

Medics are called to attend to a young woman who has had a seizure in the street.

8.00

Inside the Ambulance

Medics Michelle and Simon rush to help a young man who has collapsed at work.

9.00

999 Rescue Squad

A doctor on his way home from work is left fighting for his life after a head-on collision with a truck.

10.00

999 Rescue Squad

The teams stand by for casualties as police launch an armed raid on the home of a wanted man.

11.15

Hawaii Five-0

The team must investigate three seemingly unconnected homicides. (S10, ep10)

12.15

AM

NCIS: Los Angeles

US crime drama. (S11, ep10)

1.15

A League of Their Own

2.15

The Heist

Challenge series.

3.15

Jett

(S1, ep9)

4.30

to 6.00 AM

The Real A&E

11.00

Law & Order: Special Victims Unit

Triple-bill of the US crime drama series. (S15, ep19 of 24)

12.00

M'T

(S15, ep20)

1.00

AM

(S15, ep21)

2.00

Blue Bloods

(S4, ep3)

3.00

(S4, ep4 of 22)

4.00

to 6.00 AM

Nothing to Declare

10.40

Boardwalk Empire

First to episodes of the crime drama starring Steve Buscemi and Michael Pitt. (S1, ep1)

12.10

AM

(S1, ep2)

1.20

Oz

US prison drama. (S4, ep13)

2.35

(S4, ep14)

3.50

Dolittle: Special

4.00

to 6.00 AM

Fish Town

11.00

Sandylands

2 of 3. Emily becomes her father's unwilling partner-in-crime.

11.40

3 of 3. Les plots his escape from Sandylands.

12.20

AM

Black Books

Triple-bill.

2.00

The Royle Family

3.05

Black Books

Triple-bill.

3.30

to 4.00 AM

The Piglet Files

11.00

Louis Theroux: Talking to Anorexia

The reporter meets patients at two of London's largest eating-disorder facilities.

12.00

M'T

One Born Every Minute

1.00

AM

Emily Attack: Adulthood

1.50

Code Black

(S3, ep8)

2.35

to 3.00 AM

Renovate My Home: Leave It to Bryan

Sky Crime

crime

Sky 121 Virgin 136 (135 HD)

6.00

AM

Motorway Patrol

7.00

Highway Patrol

11.00

UK Border Force

1.00

PM

Customs UK

2.00

Brit Cops: Law & Disorder

5.00

Brit Cops: Frontline

Crime Real-life crimes.

6.00

Snapped

An army veteran is killed in his own home.

7.00

Killer Lovers

A look at the case of Jane Andrews and Tom Cressman.

8.00

How I Caught the Killer

A body found in a suitcase.

9.00

World's Most Evil Killers

The crimes of Karol Kot.

10.00

The Disappearance of Crystal Rogers

The FBI interviews a police officer.

11.00

A mysterious white car

adds a new layer to the investigation.

12.00

M'T

World's Most Evil Killers

Back-to-back episodes of the series.

4.00

Brit Cops: Frontline Crime

5.00

to 6.00 AM

Motorway Patrol

Alibi

alibi

Sky 132 Virgin 126 (212 HD)

7.10

AM

Murdoch Mysteries

10.00

Miss Marple

See 7.00pm.

12.20

PM

Death in Paradise

A politician is shot.

1.40

A birdwatcher

is stabbed to death.

3.00

A bride-to-be

is found dead in her bath.

4.20

A rock singer

is electrocuted in a pool.

5.40

A volleyball player

is discovered murdered.

7.00

Miss Marple

A Caribbean Mystery: Mystery drama starring Joan Hickson. The sleuth is sent to convalesce in Barbados, where she investigates a double-murder case.

9.20

Death in Paradise

Until Death Do You Part: Crime drama. A bride-to-be is found dead.

10.40

Death in Paradise

Further episodes of the drama.

1.20

AM

The Coroner

Double-bill of the series.

3.10

to 4.00 AM

Bite Club

Discovery

Discovery CHANNEL

Sky 125 Virgin 250

6.00

AM

Supertruckers

Back-to-back editions of the documentary series.

12.00

NOON

UFOs: The Lost Evidence

Back-to-back editions of the series.

3.00

PM

Nasa's Unexplained Files

Back-to-back editions of the series.

6.00

Gold Rush: Dave Turin's Lost Mine

Dave and his crew hit a problem.

7.00

Gold Rush

Parker's crew take risks in Death Valley.

8.00

Wheeler Dealers

Mike Brewer finds a BMW six-cylinder modern classic.

9.00

Richard Hammond's Big Disasters Engineered

10.00

Mighty Ships

12.00

M'T

Richard Hammond's Big

Gulf Oil Platform.

1.00

AM

River of No Return

2.00

Kindig Customs

3.00

Richard Hammond's Big

3.50

River of No Return

4.40

Lost Secrets

5.30

to 6.00 AM

How It's Made

Sky Comedy

comedy

Sky 113 Virgin 122 (121 HD)

8.00

AM

Everybody Hates Chris

Triple-bill.

9.30

The Mindy Project

Back-to-back episodes.

1.00

PM

30 Rock

US comedy series. (S4, ep18 of 22)

1.30

(S4, ep19)

2.00

(S4, ep20 of 22)

2.30

(S4, ep21)

3.00

(S4, ep22)

3.30

(S5, ep1)

4.00

(S5, ep2)

4.30

(S5, ep3)

5.00

(S5, ep4)

5.30

(S5, ep5)

6.00

(S5, ep6)

6.30

(S5, ep7)

7.00

(S5, ep8)

7.30

(S5, ep9)

8.00

(S5, ep10)

8.30

Miracle Workers

(S1, ep6)

9.00

Curb Your Enthusiasm

Comedy series starring Larry David. (S10, ep6)

9.40

Ballers

(S5, ep6)

10.15

Sex and the City

(S3, ep2)

10.50

The Tonight Show Starring Jimmy Fallon

11.50

Veep

Double-bill. (S2, ep3)

12.25

AM

(S2, ep4)

1.00

Sex and the City

3.55

to 5.00 AM

Everybody Hates Chris

Fox

FOX

Sky 124 Virgin 157 (199 HD)

8.00

AM

Bull

(S1, ep21)

9.00

Bones

Double-bill.

11.00

The Mentalist

(S7, ep4)

12.00

NOON

NCIS

(S12, ep13)

1.00

PM

Bones

(S2, ep2)

2.00

NCIS

(S12, ep14)

3.00

The Mentalist

(S7, ep5)

4.00

NCIS

Double-bill. (S12, ep15)

5.00

(S12, ep16)

6.00

The Mentalist

Abbott's former boss attempts to blackmail him. (S7, ep6)

7.00

NCIS

A forged rare painting is connected to a murder case. (S12, ep17)

8.00

NCIS

A thief's body is found in a US Marine's home. (S12, ep18 of 24)

9.00

The Walking Dead

The group must defend Alexandria. (S10, ep10)

10.00

Family Guy

Back-to-back episodes of the series.

12.00

M'T

American Dad!

1.00

AM

Family Guy

2.00

American Dad!

3.00

Family Guy

Double-bill.

4.00

to 5.00 AM

Bull

(S1, ep21)



Football: Burnley v Tottenham Hotspur

SS Main Event/SS PL, 5.00pm
Clarets goalkeeper Nick Pope picked the ball out of his net five times on the previous occasion his side faced Spurs.

(BT) SPORT 1

Sky 413 Virgin 527

- 6.00 AM **Football** FA Cup highlights.
- 6.30 **Premier League World**
- 7.00 **Premier League Match Pack**
- 7.30 **Premier League Preview**
- 8.00 **WWE NXT UK** Wrestling action.
- 9.00 **WWE Friday Night SmackDown**
- 10.30 **Premier League Preview**
- 11.00 **Early Kick-Off Magazine**.
- 12.00 NOON **Live Football**
Liverpool v Bournemouth.
Coverage of the opening Premier League match of the weekend from Anfield, kick-off 12.30pm.
- 3.00 PM **BT Sport Score** Round-up of today's football scores and results.
- 5.00 **Live Football**
Harrogate Town v Bromley.
The National League match from Wetherby Road, kick-off 5.20pm.
- 7.30 **Football** National League action.
- 8.00 **WWE SmackDown** US wrestling.
- 9.30 **WWE NXT UK** Wrestling action.
- 10.30 **German Football** Highlights of VfL Wolfsburg v RB Leipzig.
- 11.30 **French Football** Ligue 1 action.
- 12.30 AM **Football** Europa League.
- 1.00 **Poker 3.00 30 for 30**
- 5.00 to 7.00 AM **Live Australian Football** Central Coast Mariners v Wellington Phoenix, kick-off 5.00am.

(BT) SPORT 2

Sky 414 Virgin 528

- 6.00 AM **Rugby Union** 7.30 **Football**
- 7.45 **Rallying** 8.15 **Motorcycling**
- 8.30 **Live Motorcycling** Coverage of the third free practice session for the Qatar Grand Prix – the opening round of the MotoGP season.
- 11.30 **Live Motorcycling** Race one of the Asia Talent Cup in Qatar.
- 12.00 NOON **Live Motorcycling**
Coverage of the qualifying session for the MotoGP Qatar Grand Prix.
- 4.15 PM **MotoGP Films** Marc Marquez: Trophy Collector: Documentary.
- 5.15 **Live German Football**
Borussia Mönchengladbach v Borussia Dortmund. Coverage of the Bundesliga match staged at Borussia-Park, kick-off 5.30pm.
- 7.30 **Australian Football**
Adelaide United v Western United.
- 9.00 **Rugby Union** Premiership action, including Worcester v Northampton Saints and Sale v London Irish.
- 11.00 **UFC 248 Countdown**
- 12.00 M'T **UFC Fight Camp**
- 12.30 AM **UFC Live** UFC 248 preview.
- 1.00 **Live UFC** Coverage of the prelims for UFC 248 staged in Las Vegas.
- 3.00 to 7.00 AM **Live UFC**
Israel Adesanya v Yoel Romero.

(BT) SPORT 3

Sky 417 Virgin 529

- 6.00 AM **Live Australian Football**
Adelaide United v Western United.
A-League match, kick-off 6.00am.
- 8.00 **Football** Europa League.
- 8.30 **Live Australian Football**
Melbourne Victory v Sydney FC.
A-League match, kick-off 8.30am.
- 10.30 **Live Hockey**
Australia v Argentina. The men's Pro League match at Perth Hockey Stadium, push-back 10.30am.
- 12.30 PM **Squash** PSA Windy City Open.
- 1.30 **Live Badminton** Coverage of the German Open semi-finals.
- 7.00 **Live American Football**
Houston Roughnecks v Seattle Dragons, kick-off 7.00pm, and **Dallas Renegades v New York Guardians,** kick-off 10.00pm.
- 1.00 AM **Rugby Union** Premiership.
- 3.00 **German Football** Bundesliga.
- 4.30 to 6.00 AM **French Football**

sky sports MAIN EVENT

Sky 401 Virgin 511 (501 HD)

- 6.00 AM **Sky Sports News**
- 7.00 **Good Morning Sports Fans**
- 8.00 **Live Cricket**
South Africa v Australia.
Coverage of the third and final ODI match in the series staged at the JB Marks Oval in Potchefstroom.
- 12.00 NOON **Live Football**
Bristol City v Fulham. Coverage of the Championship match from Ashton Gate, kick-off 12.30pm.
- 3.00 PM **Soccer Saturday** Round-up of today's football scores and results.
- 5.00 **Pick Live Football**
Burnley v Tottenham Hotspur.
Coverage of the Premier League match at Turf Moor, kick-off 5.30pm.
- 8.30 **Live Boxing** Coverage of the super-featherweight title bout between Scott Quigg and Jono Carroll from Manchester Arena.
- 11.00 **Live Rugby Union** Coverage of the opening day of the Vancouver Sevens, the sixth round of the season. Continues at 1.00am.
- 12.50 AM **Rugby Greatest Games**
- 1.00 **Live Rugby Union** Continued coverage of the opening day of the Vancouver Sevens at BC Place.
- 3.00 to 6.00 AM **Sky Sports News**

sky sports FOOTBALL

Sky 403 Virgin 513 (503 HD)

- 6.00 AM **EFL** Nottingham Forest v Millwall.
- 9.30 **Saturday Social** Footballers' lives.
- 10.30 **Soccer AM** Weekly magazine.
- 12.00 NOON **Live EFL**
Bristol City v Fulham. Coverage of the Championship match from Ashton Gate, kick-off 12.30pm.
- 3.00 PM **Soccer Saturday**
- 6.00 **Goals Express** Today's action.
- 7.00 **Live MLS**
Real Salt Lake v New York Red Bulls. Coverage of tonight's inter-conference match from the Rio Tinto Stadium, kick-off 7.00pm.
- 9.05 **EFL Greatest Games**
- 9.10 **One2Eleven** Tony Adams.
- 9.35 **EFL Highlights** Championship.
- 10.05 **Live MLS**
Toronto FC v New York City FC. The Eastern Conference match from BMO Field, kick-off 10.05pm.
- 12.10 AM **EFL Greatest Games**
- 12.15 **EFL Highlights** Championship.
- 12.45 **SPFL Greatest Games**
- 1.00 **Football Countdowns**
- 1.30 **Football Years** The 1996/97 season.
- 2.00 **EFL: Championship Season Review**
- 3.00 **EFL Play-Off Final Highlights**
- 4.00 **EFL: Play Off Finals** From 2014/15.
- 5.00 to 6.00 AM **League Cup Final 2015**

sky sports GOLF

Sky 405 Virgin 515 (505 HD)

- 6.00 AM **European Tour** 7.00 **PGA Tour**
- 8.00 **European Tour** Qatar Masters.
- 9.00 **Live European Tour** The third round of the Qatar Masters from Education City Golf Club in Doha.
- 1.30 PM **Golf Pass with Rory McIlroy**
- 2.00 **PGA Tour** Arnold Palmer.
- 3.00 **Ryder Cup Memories**
- 3.30 **European Tour** Qatar Masters.
- 4.30 **PGA Tour** Arnold Palmer.
- 5.30 **Live PGA Tour** The third round of the Arnold Palmer Invitational at Bay Hill Club and Lodge in Florida.
- 11.00 **European Tour** Qatar Masters.
- 12.00 M'T **Golf Pass with Rory McIlroy**
- 12.30 AM **Chronicles of a Champion Golfer**
- 1.00 **European Tour** Qatar Masters.
- 2.00 **Champion Golfer** 3.00 **European Tour** 4.00 **Champion Golfer**
- 5.00 **Golf Pass with Rory McIlroy**
- 5.30 to 6.00 AM **Champion Golfer**

sky sports PREM LEAGUE

Sky 402 Virgin 512 (502 HD)

- 6.00 AM **PL Greatest Games**
- 7.00 **Premier League Preview**
- 7.30 **Premier League Match Pack**
- 8.00 **Premier League World**
- 8.30 **Premier League Preview**
- 9.00 **Premier League Match Pack**
- 9.30 **Saturday Social** Footballers' lives.
- 10.30 **Soccer AM** Magazine presented by John Fendley and Jimmy Bullard.
- 12.00 NOON **Soccer Saturday**
Jeff Stelling and a panel of guests preside over the day's football, including previews of the top games and up-to-the-minute scores.
- 5.00 PM **Pick Live Premier League**
Burnley v Tottenham Hotspur.
Coverage of the top-flight match from Turf Moor, kick-off 5.30pm.
- 8.30 **Game of the Day** A rerun of the day's top Premier League match.
- 10.30 **Match Choice** Highlights of today's Premier League matches.
- 11.00 **Premier League Highlights**
Burnley v Tottenham Hotspur, Arsenal v West Ham United, Crystal Palace v Watford, Sheffield United v Norwich City, Wolves v Brighton and Southampton v Newcastle United.
- 5.00 AM **Best PL Goals** Chelsea v Arsenal.
- 5.30 to 6.00 AM **Premier League 100 Club**

sky sports CRICKET

Sky 404 Virgin 514 (504 HD)

- 6.00 AM **One-Day Cricket** SA v Aus.
- 7.55 **Live One-Day Cricket**
South Africa v Australia.
Coverage of the third and final ODI match in the series from the JB Marks Oval in Potchefstroom.
- 4.00 PM **Cricket's Greatest Games**
England v West Indies, and India v Australia in the 2016 World T20.
- 5.00 **My Icon** Nasser Hussain, Ebony Rainford-Brent, Moeen Ali and Charlotte Edwards' influences.
- 6.00 **One-Day Cricket** Highlights of the third and final ODI of the series between South Africa and Australia in Potchefstroom.
- 7.00 **Women's World T20** Action from the tournament's semi-finals at the Sydney Cricket Ground.
- 9.00 **One-Day Cricket** Highlights of the third and final ODI of the series between South Africa and Australia in Potchefstroom.
- 10.00 **Women's World T20** Action from the tournament's semi-finals.
- 12.00 M'T **One-Day Cricket** As 9.00pm.
- 1.00 AM **Women's World T20**
- 3.00 **One-Day Cricket** As 9.00pm.
- 4.00 **Cricket's Greatest Games**
- 5.00 to 6.00 AM **Best of Sky Cricket**

sky sports MIX

Sky 145 Virgin 520 (510 HD)

- 6.00 AM **My Icon** 7.00 **Sporting Records**
- 8.00 **Sporting Greats** 9.00 **Sporting Records** 9.30 **Saturday Social**
- 10.30 **School of Golf** 11.00 **Rugby League**
- 11.30 **Live Women's Rugby Union**
England v Wales. Coverage of the Six Nations match staged at the Stoop, kick-off 12.05pm.
- 2.15 PM **My Icon** Catriona Matthew.
- 2.30 **Women's Cricket** Highlights of the World T20 semi-finals.
- 4.30 **Golf** Qatar Masters third round.
- 5.30 **Women's Rugby Union**
Replay of England v Wales.
- 8.15 **Basketball** Lakers v Bucks.
- 10.00 **Live Basketball**
Charlotte Hornets v Houston Rockets, tip-off 10.00pm.
- 12.30 AM **Rugby League** 1.00 **Golf**
- 2.00 **My Icon** 2.30 to 6.00 AM **Mix Shorts: Masterclasses**

sky sports ACTION

Sky 407 Virgin 517 (507 HD)

- 6.00 AM **Live Rugby Union**
Hurricanes v Blues, kick-off 6.05am, and **Rebels v Lions,** kick-off 8.15am.
- 10.30 **Sporting Records** Double-bill.
- 11.30 **Live Women's Rugby Union**
England v Wales, kick-off 12.05pm.
- 2.15 PM **My Icon** Maggie Alphonsi.
- 2.30 **NFL Roundtable**
- 4.30 **Rugby Greatest Games**
- 4.50 **Live Rugby Union** The first day of the Vancouver Sevens.
- 3.00 AM **Rugby Union** Los Angeles Sevens.
- 4.10 to 6.00 AM **Live Rugby Union**
Sunwolves v Brumbies.

sky sports ARENA

Sky 408 Virgin 518 (508 HD)

- 6.00 AM **Netball** 8.00 **Sporting Greats**
- 9.00 **Sporting Records** 9.30 **Super League Gold** 9.45 **Rugby League**
- 10.00 **Basketball** 11.00 **Super League Gold**
- 11.30 **Basketball** NBA Champions 2013.
- 1.00 PM **Live Rugby Union**
Sharks v Jaguares, kick-off 1.05pm.
- 3.00 **Rugby Greatest Games**
- 3.10 **Live Rugby Union**
Bulls v Highlanders.
- 5.10 **Rugby Greatest Games**
- 5.30 **Rugby League** Super League.
- 6.00 **Basketball** NBA Classic Games.
- 7.00 **Live Boxing** Scott Quigg v Jono Carroll in Manchester.
- 11.00 **Basketball** Lakers v Bucks.
- 12.45 AM **NBA Classic Games** From 2014.
- 1.45 **NFL: Greatest Games** 3.15 **Sporting Records** 4.15 **Super League Gold**
- 5.00 to 6.00 AM **Sporting Records**

EUROSPORT II

Sky 410 Virgin 521

- 6.30 AM **Luge** 7.30 **Alpine Skiing**
- 9.30 **Live Alpine Skiing** World Cup.
- 11.25 **Biathlon** Action from Novo Mesto.
- 12.30 PM **Live Biathlon** Novo Mesto.
- 2.15 **Live Ski Jumping** From Oslo.
- 4.00 **Live Biathlon** Novo Mesto.
- 5.20 **Cross-Country Skiing**
- 6.30 **Alpine Skiing** World Cup action.
- 8.30 **Ski Jumping** From Oslo.
- 9.30 **Biathlon** From Novo Mesto.
- 11.30 **Nordic Combined Skiing**
- 12.00 M'T **Snowboarding** 1.00 AM **Freestyle Skiing** 2.00 **Cycling**
- 5.20 to 6.20 AM **Ski Jumping**

Premiere

sky cinema

Sky 301 Virgin 401

6.15 AM **Killers Anonymous** Crime thriller. (2019, 15) ★

8.00 **Straight Up** (2019) ★★★

9.45 **Godzilla: King of the Monsters** See 5.45pm.

12.15 PM **Brightburn** See 8.00pm.

2.00 **We Die Young** See 9.45pm.

3.45 **UFO** Sci-fi. (2018, 12) ★★★

5.45 **Godzilla: King of the Monsters** Fantasy thriller sequel. (2019, 12) ★★★

Comedy

sky cinema

Sky 308 Virgin 408

6.45 AM **Eaten by Lions** (2018)

8.35 **Grand-Daddy Day Care**

10.25 **Who Framed Roger Rabbit**

12.25 PM **Wayne's World** Comedy. (1992, PG) ★★★★★

2.15 **Wayne's World 2** Comedy sequel. (1993, PG) ★★★★★

4.05 **The Royal Tenenbaums** Comedy. (2001, 15) ★★★

6.10 **About a Boy** Romantic comedy. (2002, 12) ★★★★★

Action

sky cinema

Sky 311 Virgin 407

6.00 AM **The Desert Rats** Thriller. (1953, U, b&w) ★★★★★

7.45 **Winchester '73** See 4.40am.

9.25 **The Darkest Minds** As 6pm.

11.25 **Mission: Impossible – Fallout** See 8.00pm.

1.55 PM **Fury** See 10.30pm.

4.15 **The Desert Rats** Thriller. (1953, U, b&w) ★★★★★

6.00 **The Darkest Minds** Thriller. (2018, 12) ★★

Kids Books

sky cinema

Sky 306 Virgin 406

6.00 AM **Babe** (1995, U) ★★★★★

7.40 **The Many Adventures of Winnie the Pooh** (1977)

9.00 **Dr Seuss' The Lorax** (2012)

10.30 **Harry Potter and the Half-Blood Prince** As 8pm.

1.05 PM **Babe** (1995, U) ★★★★★

2.45 **Matilda** See 12.45am.

4.30 **Charlotte's Web** (2006)

6.10 **Jumanji** Fantasy adventure. (1995, PG) ★★★★★

RADIO

RADIO 1 **FREEVIEW 700**

Sky 0101 Virgin 901 Freesat 700

5.00am Early Breakfast. 7.00 Weekend Breakfast with Matt and Mollie. 10.00 Maya Jama. 1.00pm Dev and Alice. 4.00 Dance Anthems with Mistajam. 7.00 1Xtra's Takeover with DJ Target. 9.00 1Xtra's Rap Show with Tiffany Calver. 11.00 Diplo and Friends. 1.00am Asian Beats with Kan D Man & DJ Limelight. 3.00 Danny Howard's Club Mix. 4.00 to 5.00am Chillout Anthems.

RADIO 2 **FREEVIEW 702**

Sky 0102 Virgin 902 Freesat 702

6.00am Sounds of the 60s. 8.00 Angela Scanlon. 10.00 Graham Norton. 1.00pm Pick of the Pops. 3.00 Rylan on Saturday. 6.00 Liza Tarbuck. 8.00 The Rock Show with Johnnie Walker. 9.00 Paper Cuts. 10.00 The Craig Charles House Party. 12.00m't Ana Matronic's Dance Devotion. 2.00am Sounds of the 20th Century. 3.00 Radio 2 In Concert: Liam Gallagher. 4.00 to 6.00am Angela Scanlon.

RADIO 3 **FREEVIEW 703**

Sky 0103 Virgin 903 Freesat 703

7.00am Breakfast. 9.00 Record Review. 11.45 Music Matters. 12.30pm This Classical Life. 1.00 Inside Music. 3.00 Sound of Cinema. 4.00 Music Planet. 5.00 J to Z. 6.30 Opera on 3. 10.00 New Music Show. 12.00m't Freeness. 1.00 to 7.00am Through the Night.

RADIO 4 **FREEVIEW 704**

Sky 0104 Virgin 904 Freesat 704

6.00am News and Papers; Ramblings. 6.30 Farming Today This Week. 7.00 Today. 8.50 (LW) Yesterday in Parliament. 9.00 Saturday Live. 10.30 The Patch. 11.00 Week in Westminster. 11.30 From Our Own Correspondent. 12.00noon News. 12.00pm Money Box. 12.30 Now Show; Weather. 1.00 News. 1.10 Any Questions? 2.00 Any Answers? 2.45 One to One. 3.00 Love Henry James: The Turn of the Screw. 4.00 Weekend Woman's Hour. 5.00 Saturday PM. 5.30 Bottom Line. 5.55 Shipping Forecast. 6.00 Six O'Clock News. 6.15 Loose Ends. 7.00 Profile. 7.15 Saturday Review. 8.00 Archive on 4: Call Up: The Story of National Service. The stories of some of the two million men who were conscripted. 9.00 Drama: Take-Away. 9.45 Annika Stranded. 10.00 News and Weather. 10.15 The Moral Maze. 11.00 Round Britain Quiz. 11.30 Conversations on a Bench. 12.00m't News; Weather. 12.30am Short Works. 12.50 Shipping. 1.00 World Service. 5.20 Shipping. 5.30 News; Bells on Sunday. 5.45 to 6.00am Lent Talks.

RADIO 5 LIVE **FREEVIEW 705**

Sky 0105 Virgin 905 Freesat 705

5.00am 5 Live Boxing. 5.30 Robbie Savage's Premier League Breakfast. 6.00 Saturday Breakfast. 9.00 Scott Mills and Chris Stark. 11.00 Fighting Talk. 12.00noon 5 Live Sport. 3.00pm 5 Live Sport: Premier League Football. 4.45 Rugby Union: Six Nations. Coverage of England v Wales at Twickenham, kick-off 4.45pm. 7.00 6-0-6. 8.30 Kermode and Mayo's Film Review. 9.30 Stephen Nolan. 12.00m't All Hail Kale. 12.30am Hooked. 1.00 to 5.00am Up All Night.

PRIME-TIME

8.00 **Brightburn** Horror. An extra-terrestrial child lands on Earth. Stars Elizabeth Banks. (2019, 15) ★★★

9.45 **Premiere**

We Die Young Thriller. A war veteran clashes with gangsters. Stars Jean-Claude Van Damme. (2019, 15) ★★★

11.30 **Hell Is Where the Home Is** Horror. (2018, 18) ★★

1.05 AM **Mapplethorpe** (2018)

2.55 to 5.00 AM **Extracurricular** Thriller. (2018, 18) ★★

8.00 **Superbad** Comedy. Two awkward teenagers want to attend a cool party. Stars Jonah Hill and Michael Cera. (2007, 15) ★★★★★

10.00 **American Pie** Comedy. A group of friends pledge to lose their virginity before their prom. Stars Jason Biggs. (1999, 15) ★★★★★

11.40 **American Pie 2** (2001) ★★★

1.35 AM **American Pie: The Wedding** (2003, 15) ★★

3.15 **American Reunion** (2012)

5.15 to 7.05 AM **Roger Rabbit**

8.00 **Mission: Impossible – Fallout** Thriller sequel. Ethan Hunt tries to stop a terrorist attack. Stars Tom Cruise. (2018, 12) ★★★★★

10.30 **Fury** World War Two drama. A sergeant leads a crew on one final mission behind enemy lines. Stars Brad Pitt. (2014, 15) ★★

1.00 AM **Furious** Russian drama. Subtitled. (2017, 15) ★★

3.10 **Riot Girls** (2019, 18) ★★

4.40 to 6.25 AM **Winchester '73** (1950, U, b&w) ★★★★★

8.00 **Harry Potter and the Half-Blood Prince** The young wizard tries to uncover Lord Voldemort's past. (2009, 12) ★★★★★

10.35 **Percy Jackson & the Lightning Thief** Adventure starring Pierce Brosnan and Logan Lerman. (2010, PG) ★★

12.45 AM **Matilda** Fantasy. (1996, PG) ★★★★★

2.30 **Dr Seuss' The Lorax** (2012)

4.05 to 6.15 AM **Percy Jackson & the Lightning Thief** (2010)

Women in Film

sky cinema

Sky 310 Virgin 410

6.00 AM **Speed 2: Cruise Control**

8.20 **Daughter of the Wolf** (2019)

10.00 **Widows** See 8.00pm.

12.15 PM **Bumblebee** Adventure prequel. (2018, PG) ★★★★★

2.15 **Mulan** Animated adventure. (1998, U) ★★★★★

3.55 **Charlie's Angels** Comedy thriller. (2000, 15) ★★★★★

5.50 **Captain Marvel** Adventure fantasy. (2019, 12) ★★★★★

Disney

sky cinema

Sky 305 Virgin 405

6.00 AM **Up** See 1.30pm.

7.45 **Cars** See 3.10pm.

9.45 **Toy Story 4** See 5.10pm.

11.30 **The Incredibles** As 7.00pm.

1.30 PM **Up** Animated comedy. (2009, U) ★★★★★

3.10 **Cars** Animated adventure. (2006, PG) ★★★★★

5.10 **Toy Story 4** Animated sequel featuring the voice of Tom Hanks. (2019, U) ★★★★★

Monsters

sky cinema

Sky 307 Virgin 411

6.00 AM **Godzilla** Monster movie remake. (1998, PG) ★★

8.25 **King Kong** See 6.45pm

11.45 **Godzilla** See 10.00pm.

2.00 PM **Godzilla: King of the Monsters** See 12.15am.

4.20 **Pacific Rim** Sci-fi action thriller. Giant fighting robots are used to battle against alien monsters. Stars Idris Elba. (2013, 12) ★★

Hits

sky cinema

Sky 303 Virgin 403

7.00 AM **The Kid Who Would Be King** (2019, PG) ★★

9.05 **Mortal Engines** Fantasy adventure. (2018, 12) ★★

11.15 **Shazam!** See 8.00pm.

1.30 PM **Fast & Furious 5** (2011)

3.45 **Jurassic World: Fallen Kingdom** Action adventure sequel. (2018, 12) ★★

5.55 **The Kid Who Would Be King** Fantasy. (2019, PG) ★★

PRIME-TIME

8.00 **Widows** Crime thriller. Four Chicago women attempt to carry out a daring robbery. Stars Viola Davis. (2018, 15) ★★★★★

10.15 **The Girl with the Dragon Tattoo** Thriller. A 40-year-old crime is re-investigated. Stars Daniel Craig. (2011, 18) ★★

12.55 AM **Daughter of the Wolf** Thriller. (2019, 15) ★★

2.30 **Speed 2: Cruise Control** Thriller. (1997, PG) ★★

4.35 to 6.10 AM **Mulan** (1998)

7.00 **The Incredibles** Animation. A superhero's family sets out to save him after he is lured into a trap. (2004, U) ★★★★★

9.00 **Incredibles 2** Animated comedy adventure sequel. The superheroes face a new enemy – Screenslaver. (2018, PG) ★★★★★

11.00 **A Bug's Life** (1998) ★★★★★

12.40 AM **Fantasia 2000** (1999)

2.00 **Dumbo** (1941, U) ★★★★★

3.10 **Lady and the Tramp II**

4.25 to 4.25 AM **A Bug's Life**

6.45 **King Kong** Adventure. A film crew encounters a giant ape on a mysterious island. Stars Naomi Watts. (2005, 12) ★★★★★

10.00 **Godzilla** Fantasy remake. A monster battles a race of rampaging creatures. Stars Aaron Taylor-Johnson. (2014, 12) ★★

12.15 AM **Godzilla: King of the Monsters** Fantasy adventure sequel. (2019, 12) ★★

2.40 to 5.00 AM **Godzilla** Monster movie. (1998, PG) ★★

8.00 **Shazam!** Adventure. A young boy receives super powers from an ancient wizard. Stars Zachary Levi. (2019, 12) ★★★★★

10.15 **Us** Horror thriller. A family is terrorised by a group of strangers. Stars Lupita Nyong'o and Winston Duke. (2019, 15) ★★★★★

12.15 AM **Fast & Furious 5** Action thriller. (2011, 12) ★★

2.30 **Assassination Nation**

4.30 to 6.20 AM **Christopher Robin** (2018, PG) ★★

Thriller

sky cinema

Sky 309 Virgin 409

6.20 AM **Jacob's Ladder** (2019)

8.05 **Steel Country** (2018) ★★

9.50 **Extremely Wicked, Shockingly Evil, and Vile**

11.45 **Rear Window** Hitchcock thriller. (1954, PG) ★★★★★

1.45 PM **Psycho** Hitchcock horror. (1960, 15, b&w) ★★★★★

3.35 **Galveston** (2018, 15) ★★

5.10 **The Italian Job** Thriller remake. (2003, 12) ★★★★★

Greats

sky cinema

Sky 304 Virgin 404

6.05 AM **Red Sonja** (1985, 15) ★★

7.40 **Field of Dreams** (1989)

9.30 **Star Wars: Episode I – The Phantom Menace** (1999)

11.50 **Star Wars: Episode II – Attack of the Clones** (2002)

2.15 PM **Star Wars: Episode III – Revenge of the Sith** (2005)

4.40 **Star Wars: Episode IV – A New Hope** Sci-fi action thriller. (1977, U) ★★★★★

Superhero

sky cinema

Sky 302 Virgin 402

6.15 AM **Batman: The Killing Joke** Animation. (2016, 15) ★★

7.35 **Batman: Year One** Animation. (2011, 12) ★★

8.45 **Aquaman** See 9.00pm.

11.10 **Glass** (2019, 15) ★★

1.20 PM **Batman Begins** Comic-book action thriller. (2005, 12) ★★★★★

3.40 **The Dark Knight** Thriller. (2008, 12) ★★★★★

TCM

TCM

Sky 315 Virgin 415 (416 HD)

5.15 AM **How the West Was Won** Western. (1965, PG) ★★

8.15 **Arizona Raiders** Western drama. (1965, PG) ★★

10.20 **Fort Worth** (1951, U) ★★

12.00 **NOON Cimarron** Western adventure. (1960, U) ★★

3.00 PM **Ten Wanted Men** Western. (1955, U) ★★

4.45 **Rio Lobo** US Civil War western. (1970, PG) ★★

PRIME-TIME

7.05 **Extremely Wicked, Shockingly Evil, and Vile** Biopic of Ted Bundy. Stars Zac Efron and Lily Collins. (2019, 15) ★★★★★

9.00 **The Sisters Brothers** Western. Two siblings are hired to kill a man. Stars Joaquin Phoenix and John C Reilly. (2018, 15) ★★★★★

11.05 **Enemy of the State** Thriller. (1998, 15) ★★★★★

1.20 AM **The Italian Job** (2003)

3.15 **Charlie Says** (2018) ★★

5.10 to 5.10 AM **Point Last Seen**

6.50 **Star Wars: Episode V – The Empire Strikes Back** Sci-fi sequel. Luke trains as a Jedi knight. (1980, U) ★★★★★

9.00 **Star Wars: Episode VI – Return of the Jedi** Sci-fi. The rebels set out to save Han Solo. Stars Mark Hamill. (1983, U) ★★★★★

11.20 **Unforgiven** Western. (1992, 15) ★★★★★

1.35 AM **Snatch** (2000) ★★★★★

3.25 **American Gigolo** (1980)

5.30 to 8.10 AM **Terminator 2**

6.15 **The Dark Knight Rises** Thriller. Batman comes out of hiding to protect Gotham City. Stars Christian Bale. (2012, 12) ★★★★★

9.00 **Aquaman** Comic-book adventure. The superhero embarks on a quest to prevent a war. Stars Jason Momoa. (2018, 12) ★★

11.30 **Glass** (2019, 15) ★★

1.50 AM **Batman: The Killing Joke**

3.20 **Batman: Year One** (2011)

4.35 to 6.05 AM **Super-Villain High** (2018, PG) ★★

7.00 **The Fastest Gun Alive** Western drama. The son of a famed gunfighter hides his parentage. Stars Glenn Ford. (1956, U) ★★★★★

9.00 **The Postman** Adventure. In a post-apocalyptic US, a loner leads a revolt against a warlord. Stars Kevin Costner. (1997, 15) ★★

12.35 AM **Performance** Crime thriller. (1970, 18) ★★★★★

2.50 **Westward the Women** (1951, PG, b&w) ★★★★★

5.00 to 6.30 AM **Best Directors**

What's on TV Picks of the day



Dancing on Ice

ITV, 6.00pm Get your skates on... Holly Willoughby and Phillip Schofield host as the final three couples compete – but only two will get to skate the *Boléro* routine.



McDonald & Dodds

ITV, 8.00pm Lead investigator... In the concluding case, the duo are called to a private rehabilitation clinic in Bath where a wealthy patient has been found dead.



Last Tango in Halifax

BBC1, 9.00pm Site visit... Celia (Anne Reid) is shocked by the mess being made at the bungalow, and the truth about Ted's (Timothy West) last-minute trip is revealed.

BBC one

BBC1

Freeview 1 (101 HD) Sky 101 (115 HD) Virgin 101 (108 HD) F'sat 101 (106 HD)

- 6.00 AM **Breakfast** News and sport. (S, HD)
- 7.30 **Match of the Day** Highlights. (S, Rpt, HD)
- 9.00 **The Andrew Marr Show** Interviews. (S, HD)
- 10.00 **Politics England** Regional magazine. (S, HD)
- 10.30 **The Big Questions** From Salford. (S, HD)
- 11.30 **Bargain Hunt** From Elsecar. (S, Rpt, HD)
- 12.15 PM **Ready, Steady, Cook** Culinary challenge series hosted by Rylan Clark-Neal. (S, Rpt)
- 1.00 **News; Weather** (S, HD)
- 1.15 **Songs of Praise** Religious music series. To mark International Women's Day, Katherine Jenkins learns how Save the Children was founded in 1919 by two Christian sisters. (S)
- 1.55 **Live Rugby Union: Six Nations** Scotland v France: Gabby Logan and John Inverdale present coverage of the final match of the weekend from Murrayfield, kick-off 3.00pm. Commentary comes from Andrew Cotter, Chris Paterson and Brian Moore, with analysis by Andy Nicol, John Barclay, Thomas Castaignede and Paul O'Connell. (S)
- 5.30 **Blue Planet II** Green Seas: 5 of 7. Wildlife series. Footage of creatures in underwater kelp forests, including thousands of giant cuttlefish spawning in a rocky reef. (S, Rpt)
- 6.30 **News** (S, HD)
- 6.50 **Local News; Weather** (S)

7 PM

8 PM

9 PM

10 PM

7.00 Countryfile Holnicote Estate: Rural magazine. In tonight's edition, the team marks International Women's Day from the Holnicote Estate in Somerset, where Hannah Jackson looks at whether times have really changed for women in farming. Includes **Weather for the Week Ahead**. (S, HD)

8.00 Antiques Roadshow Antiques series. Tonight, Fiona Bruce and the team visit Salisbury Cathedral, where the experts assess letters from author Enid Blyton, an item of Queen Victoria's underwear, one of Napoleon's razors, and some original drawings of Judge Dredd. (S, HD)

9.00 Last Tango in Halifax 3 of 4. Drama series starring Derek Jacobi and Anne Reid. Building work gets underway at the bungalow, Gillian must contend with the return of Cheryl, a hungover Judith has an epiphany, and the real reason for Ted's visit is revealed. **See feature, page 11.** (S, HD)

10.00 News (S, HD)

10.20 Local News; Weather (S)

10.30 Match of the Day 2 Mark Chapman presents highlights of today's Premier League fixtures – Manchester United v Manchester City at Old Trafford and Chelsea v Everton at Stamford Bridge. Plus, a round-up of yesterday's action. (S)

11.30 New Shane Williams: Rugby, Concussion and Me One-off documentary in which the former Wales player embarks on a journey to understand how the world of rugby, from grass roots to the highest level, is working to reduce concussion injuries in the game. Previously shown on BBC Wales. (S) **Weather 12.35 to 6.00 AM BBC News** (S, HD)

BBC1

REGIONAL VARIATIONS

WALES

10.00-10.30am Politics Wales 11.30 Bargain Hunt 12.30-1.00pm Weatherman Walking: The Welsh Coast 5.30-6.30 Shane Williams: Rugby, Concussion and Me 11.30 Mrs Brown's Boys 12.00m-t-12.30am Live at the Apollo

BBC TWO

BBC2

Freeview 2 (102 HD) Sky 102 Virgin 102 (162 HD) Freesat 102 (106 HD)

- 6.45 AM **The Instant Gardener** (S, Rpt, HD)
- 7.30 **The A to Z of the RHS Chelsea Flower Show** The history of the event. (S, Rpt, HD)
- 8.30 **Countryfile** Gwent Levels. (S, Rpt, HD)
- 9.30 **Beechgrove Repotted** (S, HD)
- 10.00 **Saturday Kitchen Best Bites** (S)
- 11.30 **Natural World** Komodo Dragon. (S, Rpt, HD)
- 12.30 PM **Triathlon** Louise Minchin introduces highlights of the opening round of the World Series from Yas Island, Abu Dhabi. (S, HD)
- 2.00 **Lorraine's Fast, Fresh and Easy Food** Baking It: Culinary series. (S, Rpt, HD)
- 2.30 **The Hairy Bikers' Comfort Food** 3 of 15. Culinary series. The duo examine dishes made using produce from Cumbria. (S, Rpt)
- 3.15 **Film 633 Squadron** Wartime adventure about a daring RAF raid on a German rocket factory in Norway. Stars Cliff Robertson and George Chakiris. (95mins, 1964, PG, S, W/S, HD) Rating ★★★ **See Filmweek, page 31**
- 4.50 **Back in Time for the Corner Shop** 20s, 30s & 40s: 2 of 6. Documentary series. In this edition, the Ardens get a taste of corner-shop life in the 1920s, 30s and 40s. (S, Rpt)
- 5.50 **Greg James' Sport Relief Heroes** The Radio 1 DJ meets up with his heroes of the fundraising extravaganza. (S, Rpt, HD)

6.50 Top Gear Nepal Special One-off special in which Paddy McGuinness, Andrew Flintoff and Chris Harris embark on a five-day trek from Kathmandu, the capital of Nepal, to the Forbidden City of Lo Manthang – a secretive kingdom high on the Tibetan plateau. (S, Rpt, HD)

8.00 Race Across the World 1 of 8. Return of the challenge series in which pairs of competitors race across the globe without getting on a plane or using mobile phones or credit cards. In the first edition, the teams set off from Mexico City. **See feature, page 27.** (S, AD, HD)

9.00 Dragons' Den Return of the business-based challenge series presented by Evan Davis. Pitches made to the Dragons include a range of hand-finished shoes, low-alcohol beers, and a beauty entrepreneur whose tools have a social as well as practical use. (S)

10.00 Dara Ó Briain: Voice of Reason A live performance by the Irish stand-up comedian filmed at the Hammersmith Apollo, in which he discusses problems with virtual reality, having too much technology at home, and how to cope with reports of your own demise. (S, Rpt)

- 11.00 **The Ranganation** 5 of 6. (S, Rpt, HD)
- 11.50 **Women's Rugby Union: Six Nations** (S, HD)
- 12.20 AM **Film Up There** Fantasy. A spirit charged with escorting the recently deceased to the afterlife ends up losing a soul. Stars Burn Gorman. (75mins, 2012, 15, S, W/S, HD) Rating ★★★ **See Filmweek, page 31**
- 1.35 **Film Valhalla Rising** Historical thriller. Stars Mads Mikkelsen. (85mins, 2009, 15, S, W/S, AD, HD) Rating ★★★ **See Filmweek, page 31**
- 3.00 **Sign Zone: Question Time** (SL, S, Rpt) 4.00 to 4.45 AM **Fraud Squad: The Hunt** (SL, Rpt)

BBC2

REGIONAL VARIATIONS

WALES 2.00pm The £100K House: Tricks of the Trade 3.00 FILM: 633 Squadron 4.35 Blue Planet II 5.35 Greg James' Sport Relief Heroes 6.35 Scrum V 7.35 Top Gear 8.50 Race Across the World 9.50 Dragons' Den 10.50 The Ranganation 11.35-11.50pm Coast



ITV

Freeview **3** (103 HD) Sky **103** (176 HD) Virgin **103** (113 HD) F'sat **103** (111 HD)



Channel 4

Freeview **4** (104 HD) Sky **104** (138 HD) Virgin **104** (104/141 HD) Freesat **104**



Channel 5

Freeview **5** (105 HD) Sky **105** Virgin **105** (150 HD) Freesat **105** (105 HD)

SUNDAY

6.00 AM **CITV** Children's programmes. (S, HD)
9.25 **News** (S, HD)
9.30 **Ainsley's Caribbean Kitchen** (S, Rpt, HD)
10.30 **Living on the Veg** 9 of 10. Culinary series. Recipes for pastaball marinara, crispy chilli tofu and barbecue-glazed jackfruit ribs. (S)
11.30 **Love Your Garden** Birmingham. (S, Rpt, HD)
12.30 PM **St Davids: Britain's Smallest City** 1 of 6. Documentary series. (S, Rpt, AD, HD)
1.00 **News; Weather** (S, HD)
1.10 **The Voice UK** Last night's edition of the singing talent series hosted by Emma Willis, featuring the final battle round. (S, Rpt, HD)
2.30 **Ant & Dec's Saturday Night Takeaway** 3 of 7. Last night's edition. (S, Rpt, HD)
4.00 **Film Liar Liar** Fantasy comedy. A boy makes a wish to prevent his unscrupulous lawyer father from telling lies. Stars Jim Carrey and Maura Tierney. (95mins, 1997, 12, S, HD) Rating ★★★★★ See **Filmweek**, page 31
5.35 **News; Weather** (S, HD)
5.50 **Local News; Weather** (S, HD)

6.00 **Dancing on Ice** Phillip Schofield and Holly Willoughby host the grand final of the skating challenge. Three celebrities and their professional partners remain in the contest, and each pair is challenged to perform a special showcase routine choreographed by Christopher Dean and Jayne Torvill. After that, one pair will be eliminated, with the others going on to the final round – performing their own take on Torvill and Dean's Olympic-winning routine, *Boléro*. See **feature**, page 7. (S, HD)

8.00 **McDonald & Dodds** Wilderness of Mirrors: Conclusion of the two-part drama starring Jason Watkins and Tala Gouveia. The detectives are called out to a private clinic where a wealthy patient has been killed. However, their investigation is made all the more difficult by the complex relationships of the victim's former fellow residents. With Michele Dotrice, James Murray, Pearl Chanda, Caroline Catz and Jack Riddiford. See **feature**, page 13. (S, HD)

10.00 **News; Weather** (S, HD)
10.15 **Harry Redknapp's Sandbanks Summer** 3 of 4. The former football manager welcomes *DIY SOS* presenter Nick Knowles and former *EastEnders* actress Rita Simons (Roxy Mitchell) to his home in Sandbanks. (S, Rpt, HD)

10.40 **The Trouble with Maggie Cole** 1 of 6. Drama series following the lives of residents in a close-knit coastal resort. A woman causes upset when she shares a little too much detail about the locals in a radio interview. Stars Dawn French. (S, Rpt, HD)
11.35 **Rugby Union: Six Nations** Highlights of England v Wales and Scotland v France. (S)
12.30 AM **Teleshopping** (HD)
3.00 **Australian Wilderness with Ray Mears**
3.25 **Nightscreen** Programme guide. (HD)
5.05 to **6.00** AM **Judge Rinder** (SL, S, Rpt, HD)

ITV REGIONAL VARIATIONS
■ WALES
 12.30-1.00pm **Newsweek Wales** With Carl Edwards.

6.00 AM **The King of Queens** (Series 7, ep 5, S, Rpt, AD) **6.25** (Series 7, ep 6, S, Rpt, AD)
6.50 **Everybody Loves Raymond** (Series 2, ep 4, S, Rpt, AD) **7.15** (Series 2, ep 5, S, Rpt, AD)
7.40 **The Big Bang Theory** (Series 6, ep 5, S, Rpt, AD, HD) **8.00** (S6, ep 6, S, Rpt, AD, HD)
8.25 **Beat the Chef** Frederick Forster. (S, Rpt, HD)
9.00 With Mark Sargeant. (S, Rpt, HD)
9.30 **Sunday Brunch** Culinary magazine. With guests Mark Stanley, Jon Richardson, Lucy Beaumont and Jack Rowan. (S, HD)
12.30 PM **The Simpsons** Dude, Where's My Ranch? (S, Rpt, AD) **1.00** The Bart of War. (S, Rpt)
1.30 **Film Rio 2** Animated sequel. Parrots Jewel and Blu and their three chicks leave home to make a journey up the Amazon. With the voice of Jesse Eisenberg. (115mins, 2014, U, S, HD) Rating ★★★★★ See **Filmweek**, page 31
3.25 **The Great Pottery Throw Down** 9 of 10. The four remaining amateur potters take part in the semi-final. (S, Rpt, AD, HD)
4.30 **Crufts: Best in Show** Clare Balding presents coverage of the final day of the show from the NEC in Birmingham. With commentary from Jim Rosenthal, Graham Partridge and Frank Kane. Continues at 7.00pm. (S, HD)
6.30 **News** (S, HD)

7.00 **Crufts: Best in Show** Clare Balding introduces coverage of the conclusion of the world's largest dog show from the NEC in Birmingham, where today's theme is My Dog Saved My Life. Momentum builds as the show culminates with one lucky dog being crowned Best in Show. Plus, DJ Roman Kemp reveals how his chihuahua has helped his mental health, while singer Russell Watson explains his love of dogs to Clare Balding. (S, HD)

9.00 **Homeland** Chalk One Up: 4 of 12. US political thriller starring Claire Danes. Carrie gets a surprise, while Saul makes plans for an announcement. With Mandy Patinkin and Maury Sterling. (S, AD, HD)

10.05 **Gogglebox** Last Friday's edition of the TV review series capturing households' reactions to what they are watching on TV from their own sofas. (S, Rpt, AD, HD)

11.00 **Film Sisters** Comedy. Middle-aged sisters try to relive their teenage years. Stars Amy Poehler and Tina Fey. (135mins, 2015, 15, S, HD) Rating ★★★★★ See **Filmweek**, page 30
1.15 AM **Film Top Secret!** Spoof spy thriller starring Val Kilmer. (90mins, 1984, 15, S, W/S, HD) Rating ★★★★★ See **Filmweek**, page 31
2.45 **Come Dine with Me** Worcester. (S, Rpt, HD)
3.35 **Homes by the Med** Italy. (S, Rpt, AD, HD)
4.30 **Location, Location, Location** (S, Rpt, HD)
5.20 **Cooking Up a Fortune** (S, Rpt, HD)
5.50 to **6.30** AM **Countdown** (S, Rpt, HD)

S4C 6.00am Cyw: Bing 6.10 Cyw: Sam Tân 6.20 Cyw: Guto Gwning 6.35 Cyw: Sbridiri 6.55 Cyw: Gwdihw 7.10 Cyw: Jambori 7.20 Cyw: Twt 7.30 Cyw: Ben Dant 7.45 Cyw: Digbi Draig 7.55 Cyw: Do Re Mi Dona 8.10 Cyw: Boj 8.20 Cyw: Sbarc 8.35 Cyw: Blero yn Mynd i Ocido 8.50 Penblwyddi Cyw 8.55 Pen-Blwydd Pwy? 9.00 Clwb Rygbi Rhyngwladol 10.45 Mamwlad 11.15 Byd Pws 12.00noon Yr Wythnos 12.30pm Dan Do 1.00 Dechrau Canu Dechrau Canmol 1.30 Dudley ar Daith 2.30 Cwprdd Dillad 3.30 Codi Pac 4.30 Ffermio 5.00 Camu O'r Cysgodion: Louise Weiss 5.25 Pobol y Cwm 7.15 Newyddion a Chwaraeon 7.30 Dechrau Canu Dechrau Canmol A walk along the coast of Ceredigion. 8.00 Priodas Pum Mil 9.00 Bang 10.00 Ein Byd 10.30-11.35pm Ysgol Ni: Maesinla

6.00 AM **Milkshake!** Children's programmes. (S)
10.25 **Britain's Greatest Bridges** The Clifton Suspension Bridge in Bristol. (S, Rpt, HD)
10.40 **WWE Raw Highlights** US wrestling action with the superstars of the WWE. (S, HD)
11.40 **Friends** US comedy series. Joey's play gets terrible reviews. (S3, ep 22, S, Rpt, HD)
12.10 PM Ross discovers a growth on his buttocks. (Series 3, ep 23, S, Rpt, HD)
12.45 Monica's boyfriend looks for a new challenge. (Series 3, ep 24, S, Rpt, HD)
1.10 Phoebe receives shocking news about her past. (Series 3, ep 25, S, Rpt, HD)
1.45 Rachel realises that she wants to start dating Ross again. (S4, ep 1, S, Rpt, HD)
2.15 **Nightmare Tenants, Slum Landlords** A couple seek help when their tenants invite their abusive friends to squat. (S, Rpt, HD)
3.10 An eviction lawyer has a complex case on his hands involving squatters. (S, Rpt)
4.10 Harrow Council carries out raids on uninhabitable properties. (S, Rpt, HD)
5.10 An east London landlord finds half a dozen strangers living in his house. (S, Rpt)
6.05 **News** (S, HD)

6.10 **Building the Billion Dollar Cruise Ship** One-off documentary following engineers and designers as they race to construct the *Seven Seas Explorer*. Their aim is to make it the most luxurious ship of its type – designed to carry just 750 passengers when others of its size would hold up to 5,000. (S, Rpt, HD)

8.00 **The Nightmare Neighbour Next Door** 1 of 10. Return of the documentary about disputes between neighbours, beginning with the story of a couple who clashed with a local actress. (S, HD)

9.00 **Rich Holiday, Poor Holiday** Benidorm vs St Lucia: 3 of 4. Documentary series. In this edition, wealthy friends from Guildford experience a fast-paced cheap Benidorm break, while party lovers from London are treated to a five-star hotel on the Caribbean island of St Lucia. (S, HD)

10.00 **Secrets of First Class with Sally & Nigel** One-off documentary in which Nigel Havers and Sally Lindsay explore different standards of plane travel – both as passengers and cabin crew – as well as going through the training programme of British Airways. (S, Rpt)

11.05 **Shameful! Most Shocking Celebrity Moments** Conclusion of the two-part special in which comedian Chris Ramsey narrates clips featuring an array of celebrities in embarrassing situations. (S, Rpt, HD)
1.00 AM **Interactive Gaming** (S, HD)
3.10 **Our Dream Hotel** Two British expats plan to open a B&B in Granada, Spain. (S, Rpt, HD)
4.00 **Eamonn and Ruth: Blowing a Fortune** (Rpt)
4.45 **House Doctor** Leamington Spa. (S, Rpt, HD)
5.10 **Nick's Quest** Elephants. (SL, S, Rpt, HD)
5.35 to **6.00** AM **Wildlife SOS** (SL, S, Rpt, HD)



film

Suffragette

Film4, 6.50pm

Anne-Marie Duff and Carey Mulligan star in this fact-based drama telling the story of the 1920s women's suffrage movement.



LIVE!

Women's Football

BBC4, 7.00pm

Striker Ellen White and her England teammates face Japan in this SheBelieves Cup match in New Jersey. Kick-off is at 7.15pm.

BBC3 ONLINE



New shows available from today include:



Enterprice

A chance to catch up on life at the Speedi-Kazz delivery service, in the second series of the comedy starring Tieve Blackwood-Cambridge. Five episodes are available today.

BBC3 shows can now only be viewed at bbc.co.uk/bbcthree and on **BBC iPlayer**

BBC Scotland



Scot Only
FV 9
HD 108

Scotland Only: Sky 115 Freesat 106 Virgin 108
Rest of the UK: Sky 457 Freesat 108 Virgin 162

- 12.30 PM to 7.00 PM As BBC2 except:
- 6.50 to 7.00 PM **Beechgrove Repotted**
- 7.00 PM **The Seven** News magazine.
- 7.15 **Sportscene** Premiership action from Ross County v Rangers, Celtic v St Mirren and Aberdeen v Hibernian.
- 8.30 **The Forest** 1 of 6. The people who live and work in Galloway Forest Park.
- 9.00 **Scotch! The Story of Whisky** David Hayman traces Scotch whisky's rise from humble drink to global industry.
- 10.00 **Two Doors Down** Colin decides to throw a birthday party for his father.
- 10.30 **Scot Squad** The cops must tackle an ice-cream man serving up hard liquor.
- 11.00 **A Play, a Pie and a Pint** Meat Market: Short play starring Julie Duncanson.
- 11.50 PM to 12.00 M'T **Insider's Guide**

ITV2



FV 6 Sky 118 Freesat 113 Virgin 115 (176 HD)

- 7.00 AM **Totally Bonkers Guinness World Records** Record attempts.
- 7.10 **You've Been Framed! Gold**
- 7.40 **The Ellen DeGeneres Show**
- 9.10 **Dress to Impress** Triple-bill.
- 12.15 PM **Celebrity Catchphrase**
- 1.20 **You've Been Framed! Gold**
- 2.20 **Film Step Up 3** Dance drama sequel. A New York street-dance crew enters a competition. Stars Rick Malambri. (2010, 12) ★★
- 4.35 **Film Minions** Animated comedy. A trio of creatures, who work for an evil genius, uncover a threat to their species. (2015, U) ★★

6.25 Film Jurassic Park

Thriller. Scientists visit a safari park inhabited by genetically engineered dinosaurs. However, disaster strikes when an employee sabotages the security systems, allowing the prehistoric beasts to roam free. Stars Sam Neill and Jeff Goldblum. Includes FYI Daily at 7.25pm. (1993, PG) ★★★★★

9.00 Ibiza Weekender New edition

Reality series following revellers and reps making the most of their daily lives on the holiday island.

10.00 Family Guy Double-bill.

Meg is kidnapped while travelling across Europe. (S10, ep20 of 23)
10.30 Meg becomes infatuated with a boy at school. (S11, ep7)

10.55 Family Guy Peter manages to shut down the government. (S10, ep21)

11.25 **American Dad!** Double-bill of the US animated comedy series. (S15, ep1) 11.55 (S12, ep18)

12.25 AM The Cleveland Show (S3, ep11)

12.50 The Stand Up Sketch Show

1.25 **Timewasters** Double-bill.
2.25 **Don't Hate the Playaz**
3.15 to 3.30 AM **Nightscreen**

BBC4



FV 9 HD 106 Scot 68 Sky 116 Freesat 107 Virgin 107

BBC4 starts
broadcasting
at 7.00pm

7.00 Pick Live Women's Football

Japan v England: Eilidh Barbour hosts coverage of the SheBelieves Cup match at the Red Bull Arena in New Jersey, kick-off 7.15pm.

9.30 Maiden: War on the Waves

Storyville documentary about the first all-female crew to enter the Whitbread Round the World Race.

11.00 What Do Artists Do All Day?

11.30 **New 6 Music Festival Celebrates International Women's Day** With Roisin Murphy, Kate Tempest, Kim Gordon and Nadine Shah.

12.15 AM Unsung Heroines

1.15 **Darcey Bussell: Looking for Margot**
2.15 to 3.15 AM **Kiri Te Kanawa**

ITV3



FV 10 Sky 119 Freesat 115 Virgin 117 (177 HD)

- 6.00 AM **That's My Boy** Light and Shade: Double-bill. 6.30 **Unfair Dismissal**.
- 7.00 **Coronation Street** Omnibus.
- 9.55 **Emmerdale** Omnibus episode.
- 12.55 PM **Midsomer Murders** The House in the Woods: Detective drama. A couple are found dead after viewing a supposedly haunted cottage.
- 2.55 **Midsomer Murders** Dead Letters: The body of a woman is pulled from the river during a local carnival.
- 4.55 **Poirot** The Incredible Theft: An aircraft manufacturer hosts a party to trap a spy. With Hugh Fraser.
- 6.00 **Midsomer Murders** Let Us Prey: Detective drama series starring Neil Dudgeon. As Midsomer St Claire prepares for storms and flooding, it appears a murderer is using ancient torture methods to punish modern-day 'sinners'.

8.00 Paul O'Grady's Animal

Orphans Paul O'Grady meets an orangutan learning to climb again, and learns about the second most endangered bears in the world.

9.00 Joanna Lumley's Trans-Siberian Adventure

The actress takes in the varied sights of Mongolia during the second leg of her epic journey.

10.00 Poirot Murder on the Orient Express: Period detective drama starring David Suchet. A man on the Orient Express asks the sleuth for protection. With Toby Jones.

12.05 AM Scott & Bailey 1 of 2. The detectives investigate two murders. 1.05 2 of 2. The detectives face a wall of silence in their investigation.

2.05 **The Halcyon** Toby is worried sick after hearing that a bomb fell on a shelter in Adil's neighbourhood.

2.55 **Emmerdale** Omnibus.
5.15 **That's My Boy** Dirty Linen.
5.45 to 6.00 AM **Nightscreen**

ITVBe



FV 26 Sky 131 Freesat 118 Virgin 119 (179 HD)

- 7.00 AM **Little Women: LA**
- 7.50 **Real Housewives of Beverly Hills**
- 8.50 **Be Beautiful** Make-up tips.
- 9.00 **Children's Programmes**
- 12.00 NOON **Be Beautiful**
- 12.10 PM **Income Property**
- 12.40 **Real Housewives of New York City** Back-to-back editions of the series.
- 5.15 **Bethenny & Fredrik** Double-bill.
- 6.15 **The Bachelor USA New edition** Colton takes the remaining women for overnight dates in Portugal.
- 8.00 **Sam and Billie Faiers: The Mummy Diaries** The sisters attend Sam's launch party – however, things get heated over the topic of babies.
- 9.00 **Botched New edition** Medic Terry Dubrow helps a desperate patient downsize her triple-D breasts.
- 10.00 **The Real Housewives of Potomac New edition** Gizelle does her best to battle mother nature.
- 11.00 **The Real Housewives of Orange County** Tamra tries to broker peace.
- 12.00 M'T to 12.55 AM **Growing Up Chrisley**

ITV4



FV 24 Sky 120 Freesat 117 Virgin 118 (178 HD)

- 6.00 AM **Auto Mundial** Motorsport.
- 6.25 **Motorcycling** World Superbikes.
- 7.25 **The Motorbike Show**
- 8.25 **Minder** Not a Bad Lad, Dad.
- 9.30 **The Sweeney** Big Spender.
- 10.35 **The Professionals** Discovered in a Graveyard: Crime drama series.
- 11.35 **Monster Carp** Angling series.
- 12.35 PM **Snooker v Darts** Sports film.
- 12.45 **Live Darts** Jacqui Oatley presents coverage of the quarter-finals of the UK Open at the Butlin's Minehead Resort. Continues at 7.00pm.
- 5.00 **River Monsters** Double-bill..
- 6.00 **Cycling: Paris-Nice** Gary Imlach presents action from stage one.

7.00 **Live Darts** Jacqui Oatley presents coverage of the evening session on the final day of the UK Open from the Butlin's Minehead Resort, as the event concludes with the semi-finals and final. Nathan Aspinall and Rob Cross prevailed over Gerwyn Price and Michael Smith respectively in the last four 12 months ago, before Aspinall won 11-5 in the showpiece match, recording a 170 checkout in the final leg to win his maiden PDC title. With analysis from Alan Warriner-Little, Chris Mason and Mark Webster, and commentary from Stuart Pyke and John Rawling.

11.00 Giant Lobster Hunters One-off documentary following the real-life dramas of six captains as they go in search of lobsters in the Southern Ocean – Australia's deadliest waters.

12.00 M'T **Fishing Impossible** The lads fish from the wrecks of Scapa Flow.

1.00 AM **The Sweeney** Contact Breaker.
2.05 **Minder** A Nice Little Wine.
2.55 to 3.00 AM **Nightscreen**

Talking Pictures TV



FV 81 Sky 328 Freesat 306 Virgin 445

- 6.00 AM **Film Love from a Stranger**
- 7.45 **Film Peg of Old Drury** (1935)
- 9.15 **Film Blitz on Britain** (1960)
- 10.30 **Film The Saint: The Fiction Makers** Adventure. (1968, U) ★★
- 12.40 PM **Film The Young Ones** Musical comedy. (1960, U) ★★
- 2.50 **Film Miranda** Comedy starring Glynis Johns. (1947, U, b&w) ★★
- 4.30 **Film Smokescreen** Thriller. Stars Peter Vaughan. (1964, U) ★★
- 6.00 **Get Some In!** Comedy. (S3, ep6)
- 6.30 **Film Love Story** Drama starring Margaret Lockwood and Stewart Granger. (1944, U, b&w) ★★
- 8.45 **Glimpses** Petticoat Lane in London.
- 9.00 **Sunday Night at the London Palladium** Jimmy Tarbuck hosts an edition of the series from 1965.
- 10.00 **Film Portrait from Life** Romantic mystery. (1948, PG, b&w) ★★
- 11.50 **Film Hard Times** (1975) ★★
- 1.50 AM **Film West 11** (1963, PG) ★★
- 3.40 **Mystery at Monstein** Short film.
- 4.15 **Film Scarlet Thread** (1951) ★★
- 5.45 to 6.00 AM **Playing in the Road**

E4

FV 13 Sky 135 Freesat 122 Virgin 106 (145 HD)

6.00 AM **Hollyoaks** Omnibus.
8.30 **Man with a Plan** Five episodes.
11.00 **The Goldbergs** (S7, ep3)
11.30 **Schooled** (S2, ep3 of 22)
12.00 NOON **Film** **Diary of a Wimpy Kid: Dog Days** Comedy sequel. A boy fakes having a summer job to spend time with a girl he likes. Stars Steve Zahn. (2012, U) ★★ ★★
1.55 PM **Young Sheldon** Double-bill.
2.50 **Brooklyn Nine-Nine** Double-bill.
3.50 **The Big Bang Theory** US comedy series. (S5, ep16) **4.15** (S5, ep17) **4.45** (S5, ep18) **5.10** (S5, ep19)
5.40 **Zoey's Extraordinary Playlist** Musical drama series. (S1, ep1)

6.45 **Film** **27 Dresses** Romantic comedy. A single woman acting as a bridesmaid at her sister's wedding struggles to hide her love for the groom. Stars Katherine Heigl, James Marsden, Malin Akerman, Edward Burns and Judy Greer. (2008, 12) ★★ ★★ ★★

9.00 **Celebs Go Dating** **New edition** Charlotte Dawson is back at the agency – but this time she is in need of some couples counselling.

10.00 **Naked Attraction** A 60-year-old entertainer hopes to find a partner with whom he can dance off into the sunset, and a 28-year-old hopes to find her Mr Right.

11.05 **Star Trek: Discovery** **New episode** Sci-fi drama series. Lorca plans to move forward with a coup against the Emperor. (S1, ep13 of 15)
12.10 AM **The Big Bang Theory** (S5, ep20) **12.40** (S5, ep21)
1.05 **Celebs Go Dating** See 9.00pm.
2.10 **Naked Attraction** See 10.00pm.
3.05 **Star Trek: Discovery** (S1, ep13)
3.55 to **6.00** AM **Hollyoaks**

5USA

FV 21 Sky 141 (Scot 169) Freesat 129 Virgin 153

9.00 AM **Columbo** The Greenhouse Jungle: Back-to-back episodes.
10.20 **Columbo** Columbo Goes to College.
12.20 PM **Columbo** The Most Dangerous Match: With Laurence Harvey.
1.50 **Columbo** The Conspirators.
3.55 **Columbo** A Deadly State of Mind.
5.30 **Columbo** Murder in Malibu: A wealthy novelist is murdered.
7.30 **Columbo** Mind Over Mayhem: A scientist turns to murder to protect his son from a scandal.
9.00 **Law & Order: Criminal Intent** The wife of an influential preacher is found murdered. (S6, ep15 of 22)
10.00 **Law & Order: Special Victims Unit** A teenager with gender-identity issues is attacked. (S17, ep3)
10.55 **Law & Order: Special Victims Unit** The team investigates a case of child neglect. (S17, ep4 of 23)
11.55 **Law & Order: Special Victims Unit** (S16, ep14) **12.50** AM (S16, ep15)
1.50 **Law & Order: Los Angeles** Crime drama. (S1, ep15) **2.50** (S1, ep17)
3.50 to **4.00** AM **Access**

Film4

FV 14 Sky 313 Freesat 300 Virgin 428 (429 HD)

11.00 AM **Film** **Journey to the Centre of the Earth** Fantasy adventure starring James Mason and Pat Boone. (1959, U) ★★ ★★
1.40 PM **Film** **The Core** Sci-fi action thriller. A team of scientists travels to the centre of the Earth after the discovery that the planet's core is about to stop spinning. Stars Aaron Eckhart. (2002, 12) ★★ ★★
4.30 **Film** **Bend It Like Beckham** Sporting comedy. A schoolgirl attempts to keep her passion for football a secret from her parents. Stars Parminder Nagra and Keira Knightley. (2002, 12) ★★ ★★ ★★

6.50 **Pick** **Film** **Suffragette** Fact-based period drama. An East End woman joins a group of campaigners who are forced to resort to increasingly violent measures in order to win the right to vote. Stars Carey Mulligan, Anne-Marie Duff, Helena Bonham Carter and Meryl Streep. (2015, 12) ★★ ★★

9.00 **Film** **Ghostbusters** Fantasy comedy remake. When a series of supernatural disturbances take place in New York city, a quartet of paranormal experts investigate, along with their dim-witted assistant. Stars Kristen Wiig, Melissa McCarthy, Leslie Jones, Kate McKinnon and Chris Hemsworth. (2016, 12) ★★ ★★

11.45 PM to **3.05** AM **Film** **American Honey** Drama. A poor teenager leaves home and hits the road with a crew of hard-partying magazine sellers. Stars Sasha Lane and Riley Keough. (2016, 15) ★★ ★★

5STAR

FV 30 Sky 128 Freesat 131 Virgin 151

8.00 AM **3rd Rock from the Sun**
8.20 **Two and a Half Men** Back-to-back episodes of the US comedy series.
12.55 PM **Can't Pay? We'll Take It Away!** Back-to-back editions of the series following debt collectors.
5.55 **Nightmare Tenants, Slum Landlords** A man claims to be renting a couple's old family home.
6.55 **Film** **Jumanji** Fantasy. A board game unleashes a series of wild creatures upon a small town. Stars Robin Williams. (1995, PG) ★★ ★★ ★★
9.00 **Film** **Hansel & Gretel: Witch Hunters** Fantasy adventure. The fairytale brother and sister grow up to battle a powerful sorceress. Stars Gemma Arterton. (2013, 15) ★★ ★★
10.45 **Film** **28 Weeks Later** Horror. The viral infection that turned everyone into killers returns. Stars Robert Carlyle. (2007, 18) ★★ ★★ ★★
12.45 AM **Young, Dumb and Banged Up in the Sun** Documentary series.
1.40 **Benefits Britain: Life on the Dole**
3.35 to **4.00** AM **Two and a Half Men**

More4

FV 18 Sky 136 Freesat 124 Virgin 147 (195 HD)

8.55 AM **Car S.O.S** Double-bill.
11.00 **Come Dine with Me** Rochdale.
1.40 **Four in a Bed** Back-to-back editions of the B&B challenge.
4.20 **Come Dine with Me** Back-to-back editions from Northamptonshire.
4.20 A make-up artist prepares an Indian-Moroccan fusion menu.
4.50 A funeral service manager prepares a traditional menu.
5.25 A stay-at-home mum plans to serve up classic fish and chips.
5.55 A business planning manager brings a few friends to her party.
6.25 A managing director's menu includes gammon cooked in cola.

7.00 **The Great Pottery Throw Down** 9 of 10. The four remaining amateur potters take part in the semi-final, as they are asked to create a fully functioning toilet.

8.00 **Emergency Helicopter Medics** A man requires urgent medical care after falling from his motorbike, and a walker goes into a cardiac arrest on Ullswater.

9.00 **999: On the Front Line** **New edition** Paramedics in Birmingham are called out in the early hours to a 60-year-old patient suffering from severe chest pains.

10.00 **24 Hours in A&E** A 75-year-old is treated after a suspected heart attack, an 85-year-old arrives on the ward after falling at home, and a man is diagnosed with cellulitis.

11.05 **999: What's Your Emergency?** This edition examines crimes resulting from the rising use of cannabis.
12.10 AM **999: On the Front Line** As 9pm.
1.15 **24 Hours in A&E** See 10.00pm.
2.20 **Ramsay's Kitchen Nightmares USA** Chef Gordon Ramsay sets out to improve standards at a restaurant in Carlstadt, New Jersey.
3.20 to **3.45** AM **Father Ted**

Drama

FV 20 Sky 143 Freesat 158 Virgin 130

7.10 AM **Doctor Finlay** Medical drama.
8.00 **The Bill** Police drama series.
12.00 NOON **Hetty Wainthropp Investigates** Double-bill.
2.00 PM **Cranford: Return to Cranford**
6.00 **Miss Marple** Murder at the Vicarage: Double-bill of the mystery drama starring Joan Hickson. A colonel is found dead. With James Hazeldine.
8.00 **Miss Marple** Sleeping Murder: A newlywed, recently arrived in England from New Zealand, sees disturbing visions of a corpse in the hallway of her dream home.
10.00 **The Casual Vacancy** 2 of 3. As the Ghost of Barry Fairbrother makes further accusations, Samantha throws a dinner party to smooth things over. Stars Michael Gambon.
11.20 **The Last Post** 4 of 6. Drama starring Stephen Campbell Moore. Tilbrook and Markham visit an important prisoner. With Jessie Buckley.
12.20 AM **The White Princess** 4 of 8. The York princesses are married off.
1.35 to **4.00** AM **New Tricks**

Dave

FV 19 Sky 111 Freesat 157 Virgin 127 (227 HD)

7.10 AM **The Hurting** Double-bill.
8.00 **Steve Austin's Broken Skull Challenge** Endurance challenge.
9.00 **Top Gear** Double-bill of the series.
11.00 **Cops UK: Bodycam Squad**
1.00 PM **American Pickers** Triple-bill.
4.00 **Would I Lie to You?** Triple-bill. With Dara Ó Briain, Denise Van Outen, Rhod Gilbert and Vernon Kay.
4.40 With Charles Dance, Stephen Mangan, Isy Suttie and Gok Wan.
5.20 Guests Warwick Davis, Paul Hollywood, Jason Manford and Joan Bakewell join the regulars.
6.00 **Red Bull Soapbox Race** Coverage of the offbeat event from Seattle.

7.00 **Border Force: America's Gatekeepers** A new recruit fresh out of training school makes her mark when she uncovers over 12kg of cocaine hidden in a car.

8.00 **Border Force: America's Gatekeepers** **New edition** More than 100 boxes full of drugs are discovered inside an unlikely vehicle at the World Trade Bridge.

9.00 **Have I Got a Bit More News for You** Richard Ayoade hosts an extended edition of the satirical quiz from 2017. Featuring guests including Andy Hamilton.

10.00 **QI** Comedy panel game hosted by Sandi Toksvig. Joe Lycett, Phil Wang and Ellie Taylor join regular Alan Davies to answer questions on the topic of Past Times.

11.00 **The Misadventures of Romesh Ranganathan** The comedian tests his preconceptions of Albania.
12.00 M'T **Mock the Week** Topical quiz series. With guests Micky Flanagan, Nathan Caton and Stewart Francis.
12.40 AM **Room 101** Double-bill.
2.00 **Jon Richardson: Ultimate Worrier**
2.50 to **4.00** AM **The Misadventures of Romesh Ranganathan** As 11.00pm.

Pick

FV 11 Sky 152 Freesat 144 Virgin 165

6.00 AM **Border Patrol** Four editions.
8.00 **UK Border Force** Documentary.
9.00 **Highway Patrol** Triple-bill.
10.30 **Highway Cops** Triple-bill of the series following traffic police.
12.00 NOON **The Dog Whisperer** Double-bill of the advice series.
2.00 PM **Monkey Life** Back-to-back editions of the documentary series.
8.00 **Nothing to Declare** Double-bill.
9.00 **Britain's Most Evil Killers** The story of serial killer Trevor Hardy, dubbed the 'Beast of Manchester'.
10.00 **How I Caught the Killer** Examining the case of a 20-year-old woman who turned killer in Sacramento.
11.00 **Murders That Shocked the Nation** The family of a 12-year-old boy who was found dead in Epping Forest in 1970 tell their story
12.00 M'T **World's Most Evil Killers**
1.00 AM **Road Wars** Documentary.
4.00 to **6.00** AM **Motorway Patrol**

more freeview

Yesterday



FV 25 Sky 155 Freesat 159 Virgin 129

- 6.00 AM **Secrets of the Bible**
7.10 **Waterloo Dead**
8.00 **Nazi Victory: The Post-War Plan**
1.00 PM **Bangers and Cash**
A panel van tempts Derek out of Yorkshire.
2.00 Sarah bring order to the auto memorabilia sale.
3.00 A restored Ford XR2 sets the auction alight.
4.00 Dave finds a very rare 70s Sunbeam Lotus.
5.00 An E-Type Jaguar hits the auction.
6.00 **Murder Maps** A gun battle in London in 1911.

Sony Channel



FV 48 Sky 157 Freesat 142 Virgin 189

- Not available nationwide on Freeview*
6.00 AM **Touched by an Angel**
Triple-bill of the drama.
9.00 **Murder, She Wrote**
Back-to-back episodes of the mystery drama series.
3.00 PM **Murder, She Wrote**
Jessica investigates when a scientist is found dead.
4.00 Jessica investigates the death of a film fan.
5.00 Jessica investigates a series of murders in a Parisian sweatshop.
6.00 The residents fall victim to a callous development scheme.

Quest

QUEST

FV 12 Sky 144 Freesat 167 Virgin 169

- 6.00 AM **Deadly Dragon of Borneo: Expedition Mungo**
7.00 **Find It, Fix It, Flog It**
8.00 **Salvage Hunters**
9.00 **Wheeler Dealers**
10.00 **Football EFL highlights.**
12.00 **NOON American Pickers**
1.00 PM **American Pickers: Best Of** Triple-bill.
4.00 **American Pickers**
5.00 **Fantomworks** Dave has his dream 1957 Corvette – but his plans to build it have come to nothing.
6.00 **Wheeler Dealers** Mike Brewer finds a budget Nissan Skyline supercar.

Really

REALLY

FV 17 Sky 142 Freesat 160 Virgin 128

- 6.00 AM **Celebrity Fantasy Homes** With Shane Lynch.
7.00 **Home Shopping**
8.00 **How to Look Good Naked**
9.00 **DIY SOS: The Big Build**
11.00 **Antiques Road Trip**
4.00 PM **Homes Under the Hammer** Back-to-back editions. Properties up for auction in Mid Glamorgan, Yorkshire and Devon.
5.00 Homes for sale in Greater Manchester, Essex and Stoke-on-Trent.
6.00 Featuring properties up for auction in Cumbria, Middlesex and Kent.

Picks of the day



Magnum P.I.

Sky One, 8.00pm

All may not be what it first appears when Thomas gets called up from the reserves for a secret mission.



NCIS: Los Angeles

Sky One, 10.00pm

The team tangles with a corrupt banker – played by *Love Island* USA host Arielle Vandenberg.

7 PM

- 7.00 **Murder Maps** A re-examination of Jack the Ripper's crimes, revealing how the story was shaped by the sensationalist press.

8 PM

- 8.00 **'Allo 'Allo!** Triple-bill of the series. The Germans order René to arrange a meeting to sell the painting.
8.40 Fanny and Leclerc are jailed by the Germans.
9.20 Von Flockenstoffer decides to launch a raid to capture Winston Churchill.

9 PM

- 10.00 **Bangers and Cash**
A collection of British classics – including a Hillman Avenger Estate – comes up for auction.

10 PM

- 11.00 **Abandoned Engineering**
A cavernous tunnel network in France offering shelter from unrelenting wartime bombardment.
12.00 M'T **Warbird Workshop**
Rebuilding a Spitfire.
1.00 AM **Waterloo Dead**
2.00 to 3.00 AM **Secrets of the Bible**

- 7.00 **The Persuaders!**
Brett is outraged to learn a mansion belonging to his family has become the venue for dodgy events.

- 8.00 **The Persuaders!**
Danny and Brett find themselves tricked into investigating a murder on France's Côte d'Azur.

- 9.00 **Classic Who Wants to Be a Millionaire?**
Four editions of the quiz, hosted by Chris Tarrant, in which contestants answer questions that could change their lives – with Ask the Audience, Phone a Friend and 50-50 available to them if they get stuck.

- 1.00 AM **Starsky & Hutch**
A murder witness claims she is unable provide a description of the killers.
2.00 **T.J. Hooker** The officer searches for an arsonist.
3.00 **M*A*S*H** (S8, ep3)
3.30 **The Persuaders!**
5.10 to 6.00 AM **Touched by an Angel**

- 7.00 **Find It, Fix It, Flog It**
Simon O'Brien finds some replica Rolls-Royces, and Henry Cole tries his hand at driving a tractor.

- 8.00 **Born Mucky: Life on the Farm** Three farmers experience the challenges that come with making a living off the land.

- 9.00 **Salvage Hunters**
Drew Pritchard travels the length and breadth of the UK in search of weird and wonderful objects.

- 10.00 **Salvage Hunters**
Drew Pritchard scours the wild items at Chester Zoo. Later in Leicestershire, he unearths a royal relic.

- 11.00 **Hunting Hitler** A house where Adolf Hitler may have stayed in the Andes.
12.00 M'T **Treasure Quest: Snake Island** The team begins to strike gold.
1.00 AM **Supertruckers**
2.00 **American Chopper**
3.00 **Fantomworks** Double-bill.
5.00 to 6.00 AM **How It's Made**

- 7.00 **Homes Under the Hammer** Featuring a property in Jarrow, two flats in Harlesden, and a terraced house in Salford.

- 8.00 **How to Look Good Naked** Gok Wan helps two friends rebuild their confidence and love their post-baby bodies.

- 9.00 **The Bad Skin Clinic**
Dr Emma Craythorne is consulted by a man about the pungent blisters in his armpits and groin.

- 10.00 **Embarrassing Bodies: Teen Special**
The medics help teenagers tackle the problems that are causing them concern.

- 11.00 **Destination Fear**
Another visit to St Albans Sanatorium in Virginia.
12.00 M'T **Ghost Nation** The team visits a pre-US Civil War house in Georgia.
1.00 AM **Most Haunted**
2.00 **Home Shopping**
4.00 to 6.00 AM **Antiques Road Trip**

Sony Movies



FV 32 Sky 321 Freesat 302 Virgin 425

- 9.10 AM **Film A Sister's Secret** (2009, PG) ★★
11.25 **Film Stepmom**
Drama starring Julia Roberts. (1998, 12) ★★★
2.00 PM **Film My Girl 2**
Comedy starring Anna Chlumsky. (1994, PG) ★★
4.10 **Film City of Angels**
Romantic fantasy starring Nicolas Cage and Meg Ryan. (1998, 12) ★★★
6.25 **Film Phenomenon**
Fantasy drama starring John Travolta and Robert Duvall. (1996, PG) ★★★★★
9.00 **Film The Expendables 2**
Thriller starring Sylvester Stallone. (2012, 15) ★★★
11.10 **Film The Hunter's Prayer** Thriller. Stars Sam Worthington. (2017) ★★
1.00 AM **Film Country Strong**
Drama starring Gwyneth Paltrow. (2011, 12) ★★
3.25 to 5.50 AM **Film Multiplicity** Sci-fi comedy. (1996, 12) ★★

Sony Movies Classic



FV 50 Sky 319 Freesat 303 Virgin 424

- 6.00 AM **Film Never a Dull Moment** (1950, U) ★★
7.45 **Film The Great Lover** (1949, PG, b&w) ★★
9.25 **Film Road to Bali** (1952)
11.20 **Film The Affairs of a Rogue** (1948, PG) ★★★★★
1.15 PM **Film On the Waterfront** Melodrama. (1954, PG, b&w) ★★★★★
3.30 **Film Passport to China** Drama. (1960, U) ★★
5.10 **Film Last Train from Bombay** (1952, U) ★★
6.50 **Film The Loneliness of the Long Distance Runner** Sporting drama. (1962, 12, b&w) ★★★★★
9.00 **Film Callan** Espionage thriller. (1974, 15) ★★★★★
11.10 **Film The Big Chill** Drama. (1983, 15) ★★★★★
1.15 AM **Film Sartana Kills Them All** (1970, 15) ★★
3.00 **Film Long John Silver** Drama. (1954, U) ★★★★★
4.35 to 6.00 AM **Film What a Carve Up!** (1961) ★★★★★

Challenge



FV 46 Sky 151 Freesat 146 Virgin 164

- 7.00 AM **Ninja Warrior Women Tournament**
8.00 **Total Wipeout**
9.00 **Catchphrase** Game show.
2.00 PM **The Chase** Quiz series.
3.00 **Pointless** Quiz series with Alexander Armstrong.
5.00 **The Chase** Quiz series hosted by Bradley Walsh.
7.00 **All Star Family Fortunes**
Back-to-back editions of the celebrity game show.
9.00 **The Chase Celebrity Special** Quiz series hosted by Bradley Walsh. Nicholas Owen, Laila Rouass, Vanessa Feltz and Tim Vine compete.
10.00 **Celebrity Who Wants to Be a Millionaire?**
Quiz series. With guests Russell Grant, Sheila Ferguson, Piers Morgan and Ann Widdecombe.
11.00 **Classic Who Wants to Be a Millionaire?** Triple-bill of the big-money quiz series.
2.00 to 6.00 AM **The Chase**

Quest Red



FV 38 Sky 149 Freesat 169 Virgin 170

- 6.00 AM **Say Yes to the Dress**
7.00 **Bondi Vet** Documentary.
9.00 **My 600lb Life**
11.00 **My 600lb Life: Where Are They Now?**
1.00 PM **Disappeared**
2.00 **Curvy Brides Boutique**
5.00 **Little People, Big World**
New edition Double-bill.
6.00 **My Cat from Hell**
New edition Cats having a territorial spraying match.
7.00 **Animal Cops Houston**
8.00 **Long Lost Family Australia**
A 20-year-old wants to find her older sister.
9.00 **Faking It: Tears of a Crime**
The case of Laci Peterson, who went missing in 2002.
10.00 **My 600lb Life**
12.00 M'T **Forensic Detectives**
1.00 AM **Crime Stories**
2.00 **Murder Comes to Town**
3.00 **FBI Files** Documentary.
3.50 **Animal Cops Phoenix**
4.40 **Bondi Vet** Documentary.
5.30 to 6.00 AM **Say Yes to the Dress**

Paramount Network



FV 31 Sky 150 F'sat 132 Vir 188 (187 HD)

- 9.00 AM **Access** Showbiz news.
9.10 **Criminals: Caught on Camera** Documentary.
9.40 **Can't Pay? We'll Take It Away!** Triple-bill.
12.40 PM **Killer Weather: Nature Fights Back** Double-bill.
2.40 **Film In Old California**
Western starring John Wayne. (1942, PG) ★★
4.30 **Film Vengeance Valley**
Western starring Burt Lancaster and Joanne Dru. (1951, PG) ★★
6.15 **Film Silverado**
Western starring Kevin Kline. (1985, PG) ★★
9.00 **Film Next of Kin** Action thriller starring Patrick Swayze. (1989, 15) ★★
11.15 **Film A Dangerous Man**
Thriller starring Steven Seagal. (2009, 18) ★★
1.10 AM **Spartacus: War of the Damned** Double-bill.
3.25 **The X-Files** Double-bill.
5.00 **Now That's Funny!**
5.50 to 6.00 AM **Access**

PRIME-TIME



Sky 106 Virgin 110 (109 HD)

6.00 AM **Hour of Power**
7.00 **Monkey Life** Double-bill.
8.00 **Modern Family**
10.30 **The Simpsons**
12.00 NOON **Magnum P.I.**
1.00 PM **NCIS: Los Angeles**
4.00 **The Simpsons** Bart creates a range of T-shirts.
4.30 Homer and Grampa pay a visit to Canada.
5.00 Moe's bar is threatened with closure.
5.30 Homer teaches dance moves to athletes.
6.00 Bart disobeys Marge.
6.30 Same-sex marriage is legalised in Springfield.

7.00 **The Simpsons**
 Grampa is injured in an incident involving a gnome.
7.30 Todd Flanders stops believing in God.

8.00 **Pick** **Magnum P.I.**
New episode Magnum gets called up from the reserves for a top-secret mission. (S2, ep11 of 15)

9.00 **Hawaii Five-0**
New episode A helicopter tragedy leads the team to a ghost from McGarrett's past. (S10, ep11 of 20)

10.00 **Pick** **NCIS: Los Angeles** **New episode**
 A computer virus is stolen, and the team follows a crooked banker. (S11, ep11)

11.00 **SEAL Team** The unit protects aid convoys in an Ebola hot zone. (S3, ep9)

12.00 M'T **S.W.A.T.** Hondo and the team face reminders of a past case. (S2, ep11)

1.00 AM **The Force: Manchester**
2.00 **Caught on Dashcam**
4.00 to **6.00** AM **Air Ambulance ER**



Sky 121 Virgin 136 (135 HD)

6.00 AM **Motorway Patrol**
11.00 **Highway Patrol**
12.00 NOON **Highway Cops**

1.00 PM **Brit Cops: Rapid Response**
3.00 **Road Wars** Documentary.
6.00 **Snapped** A troubled woman's mother vanishes.

7.00 **Snapped** A member of the sports community dies.
8.00 **Snapped** A church-goer is discovered murdered.

9.00 **New** **The Disappearance of Natalee Holloway**
 A father attempts to find his 18-year-old daughter.

10.00 **New edition**
 The team of investigators follow up on a lead.

11.00 **The Disappearance of Crystal Rogers**
New editions Double-bill.

1.00 AM **Dateline** Documentary.
2.00 **World's Most Evil Killers**
3.00 **How I Caught the Killer**
4.00 **Road Wars** Documentary.
5.00 to **6.00** AM **Motorway Patrol**



Sky 107 Virgin 112 (111 HD)

6.00 AM **Nothing to Declare**
 Back-to-back editions of the documentary series.

9.00 **Sun, Sea and A&E**
 Triple-bill of the series.

12.00 NOON **Stop, Search, Seize**
 Documentary following the work of Ireland's border force officers.

1.00 PM **UK Border Force**
 A student is prevented from entering the UK.

2.00 **Border Security: Australia's Front Line**
 Back-to-back editions of the series following the work of customs officers.

7.00 **Ghost Whisperer**
 Melinda confronts her mother in an effort to find out more about her absent father. (S3, ep1)

8.00 **Ghost Whisperer**
 A college girl who died while trying to summon a ghost returns to haunt her friends. (S3, ep2)

9.00 **The Rookie** Nolan starts his birthday looking after a crime scene, and two rookies are set to get special awards. (S2, ep8)

10.00 **Criminal Minds**
 Garcia leads a hacking competition as the Behavioral Analysis Unit enjoys a day off. (S15, ep4)

11.00 **Blue Bloods** Danny and Baez have to deal with a year-old homicide investigation. (S10, ep1)

12.00 M'T **Law & Order: Special Victims Unit** (S15, ep22)

1.00 AM (S15, ep23)
2.00 **Ghost Whisperer**
4.00 to **6.00** AM **Nothing to Declare**



Sky 132 Virgin 126 (212 HD)

7.40 AM **Miss Marple**
10.00 **Death in Paradise**
 Back-to-back episodes.

2.00 PM **The Coroner**
 Back-to-back episodes of the crime drama series.

5.00 **Father Brown** The priest becomes embroiled in an audacious art heist.

6.00 **Father Brown** A man tries to prove a member of his family killed his father.

7.00 **Father Brown** The priest investigates when a body is found at a stone circle.

8.00 **Father Brown** A man is discovered dead inside a locked bank vault.

9.00 **Carter** Harley and the team find themselves facing off with a hit-man who has a severed finger.

10.00 **Murdoch Mysteries**
 An actor is shot on stage.

11.00 **Frankie Drake Mysteries**
12.00 M'T **The Gulf** Thriller.
2.10 AM **The Coroner**
3.00 to **4.00** AM **Bite Club**



Sky 108

6.00 AM **Richard E Grant's Hotel Secrets**
8.00 **The British** 6 of 7.

9.00 **Without a Trace** (S3, ep17)
10.00 (S3, ep18) **11.00** (S3, ep19) NOON (S3, ep20) **1.00** PM (S3, ep21) **2.00** (S3, ep22) **3.00** (S3, ep23)

4.00 **Blue Bloods** An incident at a church tests Frank's diplomatic skills. (S2, ep6)

5.00 **Blue Bloods** Jackie goes undercover. (S2, ep7)

6.00 **Blue Bloods** Henry suffers a heart attack during Thanksgiving. (S2, ep8)

7.00 **Blue Bloods**
 A convicted contract killer agrees to show Danny where he dumped the bodies. (S2, ep9 of 22)

8.00 **Blue Bloods** Erin enlists Danny and Jackie's help to find the killer of an informant who was helping her on a case. (S2, ep10)

9.00 **Game of Thrones**
 House Lannister prepares for conflict, and Khal Drogo vows revenge on the Seven Kingdoms. (S1, ep7)

10.15 **Game of Thrones**
 The Lannisters launch their bid for the throne, and a new enemy emerges at Castle Black. (S1, ep8)

11.30 **The Outsider** (S1, ep9)
12.35 AM **Oz** (S4, ep15)

1.50 **Dolittle: Special**
2.00 **The Outsider**
New episode The group finds itself in a climactic showdown. (S1, ep10)

3.05 **The End** (S1, ep4)
3.40 **Californication** (S2, ep5)
4.15 to **6.00** AM **The British**



Sky 125 Virgin 250

6.00 AM **Mighty Ships**
12.00 NOON **Richard Hammond's Big**

Back-to-back editions of the documentary series.

6.00 PM **How Do They Do It?**
New editions Double-bill of the series exploring how objects are created.

7.00 **River of No Return**
 A rancher along the river is threatened by a bear.

8.00 **Richard Hammond's Big**
 The Appomattox platform.

9.00 **Lost Secrets** **New edition**
 Justin Jampol investigates a network of escaped slaves in the US Civil War.

10.00 **Mummies Unwrapped**
11.00 **Gold Rush** Reality series.
12.00 M'T **Gold Rush: Dave Turin's Lost Mine**

1.00 AM **Lost Secrets**
2.00 **Kindig Customs**
3.00 **River of No Return**

3.50 **Lost Secrets** As 9.00pm.
4.40 **Richard Hammond's Big**
5.30 to **6.00** AM **How It's Made**



Sky 110 Virgin 124

7.45 AM **The Two Ronnies**
8.40 **Only Fools and Horses**
10.25 **Film** **Annie** Musical drama starring Albert Finney. (1982, U) ★★★

1.00 PM **The Vicar of Dibley**
 The complete first series of the comedy. See 5.00pm.

5.00 **The Vicar of Dibley**
 The villagers discover their new vicar is a woman.

5.40 **The Songs of Praise**
 crew visits the village to record in the church.

6.20 Geraldine attempts to find a celebrity to open the autumn fair in style.

7.05 **The Vicar of Dibley**
 Geraldine is put in charge of raising funds to replace a stained-glass window.
7.45 Geraldine finds she is a more popular election candidate than David.

8.20 Geraldine decides to hold a service for the animals of the village.

9.00 **The Royle Family**
 The Queen of Sheba: Denise is pregnant again almost seven years after Baby David's christening.

10.15 **Absolutely Fabulous**
 First-ever episode. Edina and Patsy hit the bottle as they struggle to cope with work and family pressures.

10.55 **Absolutely Fabulous**
 Edina tries to lose weight.

11.35 **300 Years of French & Saunders**
 A celebration of the duo's sketch show.

12.35 AM **Smack the Pony**
2.10 **300 Years of French & Saunders** See 11.35pm.
3.05 to **4.00** AM **Absolutely Fabulous** See 10.15pm.



Sky 109 Virgin 125 (211 HD)

6.10 AM **One Born Every Minute**
 Back-to-back editions of the series.

11.00 **Emma Willis: Delivering Babies**
 The complete first series of the documentary following the presenter as she spends time as a maternity care assistant.

5.00 PM **The Wedding Fixer**
 Sarah Haywood helps a laid-back man and his fiancé who is obsessing about the entire wedding.

6.00 Sarah has to plan a low-cost Indian fusion wedding in Canterbury.

7.00 **Never Seen a Doctor** Katie Piper meets a woman who uses chewing gum to disguise her damaged front teeth.

8.00 **Never Seen a Doctor** A 21-year-old from Folkestone tries to turn things around after years of dental neglect.

9.00 **Stacey Dooley Sleeps Over**
 The host spends a weekend with a Brighton couple and their three children.

10.00 **Stacey Dooley in the USA**
 The presenter follows young central Americans who risk their lives to cross into the US.

11.00 **One Born Every Minute**
 Emma Bunton visits Southmead Hospital.

12.00 M'T **Cameras**
 follow three men as they prepare for fatherhood.

1.00 AM **Emily Attack: Adulthood**
1.50 **Code Black** (S3, ep9)
2.35 to **3.00** AM **Renovate My Home: Leave It to Bryan**



Sky 113 Virgin 122 (121 HD)

8.00 AM **Everybody Hates Chris** (S3, ep12) **8.20** (S3, ep13)

9.00 **The Mindy Project**
 Back-to-back episodes.

1.00 PM **Parks and Recreation** (S5, ep8) **1.30** (S5, ep9) **2.00** (S5, ep10) **2.30** (S5, ep11) **3.00** (S5, ep12) **3.30** (S5, ep13) **4.00** (S5, ep14) **4.30** (S5, ep15) **5.00** (S5, ep16) **5.30** (S5, ep17) **6.00** (S5, ep18) **6.30** (S5, ep19) **7.00** (S5, ep20) **7.30** (S5, ep21) **8.00** (S5, ep22)

8.30 **A.P. Bio** Parents launch a complaint. (S1, ep6)

9.00 **Saturday Night Live** **New episode** Sketch show.

10.30 **My Favourite Shapes**
 by Julio Torres Stand-up.

11.40 **The Righteous Gemstones**
12.25 AM **Work in Progress**
12.55 **Curb Your Enthusiasm**

1.40 **Ballers** (S5, ep6)
2.20 **Dana Carvey: Squatting**
Monkeys Tell No Lies
3.30 to **5.00** AM **Everybody Hates Chris**



Sky 124 Virgin 157 (199 HD)

8.00 AM **Bull** (S1, ep22)
9.00 **Bones** Double-bill.

11.00 **The Mentalist** (S7, ep7)
12.00 NOON **Bones** (S2, ep5)
1.00 PM **NCIS** (S12, ep19) **2.00** **NCIS** (S12, ep20) **3.00** **Bones** (S2, ep6) **4.00** **The Mentalist** (S7, ep8) **5.00** **Bones** A beauty queen is found dead. (S2, ep7) **6.00** **Bones** A federal prosecutor is murdered. (S2, ep8)

7.00 **NCIS** The murder of a petty officer is streamed live on a gaming app. (S17, ep9)

8.00 **NCIS** Gibbs and the team assist Ziva. (S17, ep10)

9.00 **War of the Worlds** Sci-fi drama. Astrophysicists detect a transmission from another galaxy. (S1, ep1)

10.00 Pockets of survivors begin to emerge into a shattered world. (S1, ep2)

11.00 **Family Guy** Six episodes.

2.00 AM **The Walking Dead**
3.00 **American Dad!** Double-bill.
4.00 to **5.00** AM **Bull** (S1, ep23)

(BT) SPORT 1

Sky 413 Virgin 527

- 7.00 AM **Live** Australian Football Perth Glory v Melbourne City. A-League match, kick-off 7.00am.
- 9.00 **WWE 11.00 Football** National League.
- 12.30 PM **Live** Rugby Union Bristol Bears v Harlequins. Coverage of the Premiership match from Ashton Gate, kick-off 1.00pm.
- 3.15 **Football** National League action.
- 3.45 **Live** French Football Rennes v Montpellier. Coverage of today's first Ligue 1 match from Roazhon Park, kick-off 4.00pm.
- 6.00 **Italian Football** Coppa Italia.
- 6.30 **Football** Europa League.
- 7.00 **Football** Champions League.
- 7.30 **Champions League Classics**
- 7.45 **Live** French Football Lille v Lyon. Coverage of tonight's Ligue 1 match from the Stade Pierre-Mauroy, kick-off 8.00pm.
- 10.00 **Football** National League action.
- 10.30 **German Football** Bundesliga.
- 12.00 M'T Australian Football A-League.
- 1.00 AM In Depth with Graham Bensinger
- 1.15 **Live** American Football Los Angeles Wildcats v Tampa Bay Vipers. XFL, kick-off 1.15am.
- 4.15 In Depth with Graham Bensinger
- 4.30 to 6.00 AM **Football Classics**

(BT) SPORT 2

Sky 414 Virgin 528

- 7.00 AM **UFC** Adesanya v Romero.
- 8.00 **Gearing Up** Motorsport magazine.
- 8.30 **Live** Motorcycling Coverage of race two of the Asia Talent Cup in Qatar.
- 9.30 **Live** Motorcycling Warm-ups ahead of the MotoGP Grand Prix of Qatar – round one of the season.
- 11.15 **Live** Motorcycling Coverage of the Qatar Grand Prix at the Losail International Circuit, featuring the Moto3, Moto2 and MotoGP races.
- 4.00 **Motorcycling Chequered Flag** Analysis and highlights from the opening round of the season.
- 5.00 PM In Depth with Graham Bensinger NHL star Wayne Gretzky talks about his dedication to the game of ice hockey.
- 5.30 **Live** Ice Hockey Pittsburgh Penguins v Carolina Hurricanes. NHL, face-off 5.30pm.
- 8.00 **Australian Football** Highlights of Central Coast Mariners v Wellington Phoenix in the A-League.
- 9.00 **WWE SmackDown** US wrestling.
- 10.00 **WWE NXT** US wrestling action.
- 11.45 **WWE Monday Night Raw**
- 2.15 AM Rugby Union Premiership.
- 4.45 **Football** 5.15 The Grid
- 5.45 to 6.00 AM **BT Sport Reload**

(BT) SPORT 3

Sky 417 Virgin 529

- 6.00 AM **Football** Europa League.
- 6.30 **German Football** Wolfsburg v Leipzig.
- 7.30 **Football** Liverpool v Bournemouth.
- 9.00 **Rugby Union** Premiership highlights, including Saracens v Leicester Tigers, Worcester v Northampton Saints and Sale v London Irish.
- 11.00 **Live** Badminton Coverage of the finals of the German Open.
- 4.30 PM **What I Wore** Joe Cole.
- 4.45 **Live** German Football FSV Mainz 05 v Fortuna Düsseldorf. Bundesliga match at the Opel Arena, kick-off 5.00pm.
- 7.00 **Live** American Football DC Defenders v St Louis BattleHawks. Coverage of the XFL match at Audi Field, kick-off 7.00pm.
- 10.00 **UFC** Adesanya v Romero.
- 1.00 AM **UFC on ESPN** Analysis.
- 2.00 to 6.00 AM **French Football**

sky sports MAIN EVENT

Sky 401 Virgin 511 (501 HD)

- 6.00 AM **Women's World T20 Classics**
- 6.30 **Live** Women's Cricket Coverage of the World T20 final held at the Melbourne Cricket Ground.
- 10.30 **The Sunday Supplement**
- 11.30 **Live** Football Ross County v Rangers. Coverage of today's Scottish Premiership match from the Global Energy Stadium, kick-off 12.00noon.
- 2.00 PM **Live** Football Chelsea v Everton. Coverage of the first match of today's Premier League double-bill comes from Stamford Bridge, kick-off 2.00pm.
- 4.00 **Pick** **Live** Football Manchester United v Manchester City. Coverage of the Premier League Manchester derby staged at Old Trafford, kick-off 4.30pm.
- 7.30 **Live** Golf Coverage of the fourth and final round of the Arnold Palmer Invitational stage at the Bay Hill Club and Lodge in Florida.
- 10.00 **Live** Basketball Boston Celtics v Oklahoma City Thunder. Coverage of the NBA inter-conference match staged at TD Garden, tip-off 10.00pm.
- 12.30 to 6.00 AM **Sky Sports News**

sky sports FOOTBALL

Sky 403 Virgin 513 (503 HD)

- 6.00 AM **EFL Greatest Games**
- 6.30 **EFL Championship Highlights**
- 7.00 **EFL Goals: Leagues 1 & 2**
- 7.30 **EFL Championship Highlights**
- 10.00 **The Sunday Supplement Magazine.**
- 11.30 **Live** SPFL Ross County v Rangers. Coverage of today's Scottish Premiership match from the Global Energy Stadium, kick-off is at 12.00noon.
- 2.30 PM **EFL Championship Highlights** Yesterday's action.
- 5.00 **EFL Goals: Leagues 1 & 2**
- 5.30 **EFL Championship Highlights** Including Nottingham Forest v Millwall, Barnsley v Cardiff City, Birmingham City v Reading, Brentford v Sheffield Wednesday and Charlton v Middlesbrough.
- 8.00 **EFL Goals: Leagues 1 & 2**
- 8.30 **EFL Championship Highlights**
- 11.00 **EFL Goals: Leagues 1 & 2**
- 11.30 **EFL Greatest Games**
- 12.00 M'T **Football Years** 1997/1998.
- 12.30 AM **SPFL Greatest Games**
- 1.00 **Football Countdowns**
- 1.30 **Football Years** The 1997/98 season.
- 2.00 **EFL: Championship Season Review**
- 3.00 **EFL Play-Off Final Highlights**
- 5.00 to 6.00 AM **League Cup Final 2008**

sky sports GOLF

Sky 405 Virgin 515 (505 HD)

- 6.00 AM **European Tour** Qatar Masters.
- 7.00 **PGA Tour** Arnold Palmer Invitational.
- 8.00 **European Tour** Qatar Masters.
- 9.00 **Live** European Tour The final round of the Qatar Masters from Education City Golf Club in Doha.
- 1.30 PM **Golf Pass with Rory McIlroy**
- 2.00 **PGA Tour** Arnold Palmer.
- 3.00 **Ryder Cup Memories** 2012.
- 3.30 **European Tour** Qatar Masters.
- 4.30 **Live** PGA Tour The final round of the Arnold Palmer Invitational at Bay Hill Club and Lodge in Florida.
- 10.00 **European Tour** Qatar Masters.
- 11.00 **Ryder Cup Memories** 2012.
- 12.00 M'T **Golf Pass with Rory McIlroy**
- 12.30 AM **European Tour** 1.30 **Ryder Cup Memories** 2.00 **European Tour**
- 3.00 **Ryder Cup Memories** 4.00 **European Tour**
- 5.00 **Golf Pass with McIlroy** to 6.00 AM **Ryder Cup Memories**

sky sports PREM LEAGUE

Sky 402 Virgin 512 (502 HD)

- 6.00 AM **PL Greatest Games**
- 7.00 **Premier League Highlights**
- 10.00 **The Sunday Supplement Magazine.**
- 11.30 **Goals on Sunday** Yesterday's action.
- 1.00 PM **Live** Super Sunday Chelsea v Everton. Coverage of the first match of today's Premier League double-bill comes from Stamford Bridge, kick-off 2.00pm.
- 4.00 **Pick** **Live** Super Sunday Manchester United v Manchester City. Coverage of the Premier League Manchester derby staged at Old Trafford, kick-off 4.30pm.
- 7.30 **The Tyler Archives** Matches between Liverpool and Chelsea.
- 8.00 **Gary Neville's Soccerbox** The host talks to Robbie Keane.
- 8.30 **Goals on Sunday** Highlights.
- 10.00 **Premier League Highlights** Chelsea v Everton and Manchester United v Manchester City.
- 11.00 **Best PL Goals** Man U v Everton.
- 11.30 **Premier League Highlights** Chelsea v Everton and Manchester United v Manchester City.
- 12.30 AM **Best PL Goals** Newcastle v L'pool.
- 1.00 **Premier League Highlights**
- 5.00 **Best PL Goals** Liverpool v Man Utd.
- 5.30 to 6.00 AM **Premier League 100 Club**

sky sports CRICKET

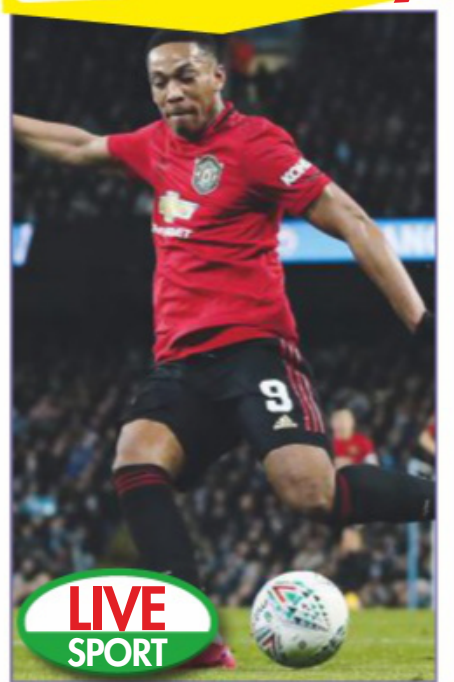
Sky 404 Virgin 514 (504 HD)

- 6.00 AM **Women's World T20 Classics**
- 6.30 **Live** Women's World T20 The final of the tournament staged at the Melbourne Cricket Ground.
- 10.30 **Women's World T20 Classics**
- 12.00 NOON **Women's World T20** A full replay of the final at the MCG.
- 4.00 PM **Women's World T20 Classics** Memorable matches, including the 2016 semi-final between England and Australia.
- 5.00 **One-Day Cricket** Highlights of the opening ODI of the series between South Africa and Australia.
- 6.00 **Women's World T20** Action from the final of the tournament.
- 7.00 **One-Day Cricket** Highlights of the second ODI of the series between South Africa and Australia.
- 8.00 **Women's World T20** Action from the final of the tournament.
- 9.00 **One-Day Cricket** Highlights of the third and final ODI of the series between South Africa and Australia.
- 10.00 **Women's World T20** As 8.00pm.
- 11.00 **Women's World T20 Classics**
- 12.00 M'T **Women's World T20** As 8.00pm.
- 1.00 AM **My Icon** 2.00 **Women's World T20**
- 3.00 **Cricket's Greatest Games**
- 5.00 to 6.00 AM **My Icon**

sky sports MIX

Sky 145 Virgin 520 (510 HD)

- 6.00 AM **Women's World T20 Classics**
- 6.30 **Live** Women's Cricket Coverage of the World T20 final held at the Melbourne Cricket Ground.
- 10.30 **Women's World T20 Classics**
- 12.00 NOON **Women's Cricket** A full replay of the World T20 final.
- 4.00 PM **Women's World T20 Classics** Archive matches.
- 5.00 **Women's Golf** Solheim Cup.
- 7.00 **Netball** Wasps v Manchester Thunder in the 2019 Grand Final.
- 8.00 **Darts Gold** Archive PDC matches.
- 10.00 **Women's Cricket** Highlights of this morning's World T20 final.
- 11.00 **My Icon** Sporting heroes.
- 11.30 **Boxing** Taylor v Volante.
- 12.30 AM **Women's Rugby League**
- 1.30 **Best of The Women's World T20**
- 1.45 **My Icon** 3.00 to 6.00 AM **Mix Shorts: Masterclasses**



Football: Manchester United v Manchester City

SS Main Event/SS PL, 4.00pm

Reds striker Anthony Martial scored the winner against City in December, when these city rivals last met in the league.

sky sports ACTION

Sky 407 Virgin 517 (507 HD)

- 6.00 AM **Boxing Gold** 7.00 **Sporting Records** 8.00 **Women's Rugby Union**
- 10.45 **My Icon** 11.00 **Rugby Union**
- 1.00 PM **Women's Rugby Union**
- 3.45 **My Icon** Sporting heroes.
- 4.15 **Rugby Greatest Games**
- 4.35 **Live** Rugby Union The second day of the Vancouver Sevens.
- 11.20 **Rugby Greatest Games**
- 12.00 M'T **Live** Rugby Union Further coverage of the Vancouver Sevens.
- 2.00 AM **NFL** 3.30 **Legends of Darts**
- 4.00 to 6.00 AM **Sporting Records/Greats**

sky sports ARENA

Sky 408 Virgin 518 (508 HD)

- 6.00 AM **Sporting Greats** 7.00 **Super League Gold** 8.00 **Sporting Greats**
- 9.00 **Sporting Records** 10.00 **Boxing**
- 2.00 PM **Netball** Surrey Storm v London Pulse in the Superleague.
- 4.00 **Basketball** NBA Classic Games.
- 5.45 **Basketball** Highlights of Charlotte Hornets v Houston Rockets.
- 7.30 **Live** Basketball Los Angeles Clippers v Los Angeles Lakers, tip-off 7.30pm.
- 10.00 **Live** Basketball Boston Celtics v Oklahoma City Thunder, tip-off 10.00pm.
- 12.30 AM **NBA Classic Games**
- 1.30 **Sporting Greats** 2.00 **Super League Gold** 3.00 **Sporting Records**
- 4.00 **Super League Gold** Archive action.
- 5.00 to 6.00 AM **Sporting Records**

EUROSPORT 1

Sky 410 Virgin 521

- 6.20 AM **Alpine Skiing** 7.20 **Cycling**
- 10.20 **Live** Cross-Country Skiing The World Cup meeting from Oslo.
- 12.30 PM **Live** Cycling Coverage of stage one of the Paris-Nice race.
- 2.10 **Cycling** Milan-San Remo.
- 2.30 **Nordic Combined Skiing**
- 3.00 **Alpine Skiing** World Cup.
- 5.00 **Biathlon** From Novo Mesto.
- 6.00 **Ski Jumping** From Oslo.
- 7.00 **Cycling** Strade Bianche, Paris-Nice and women's Strade Bianche.
- 10.00 **Alpine Skiing** World Cup action.
- 12.00 M'T **Freestyle Skiing** In Krasnoyarsk.
- 1.00 AM **Snowboarding** 2.00 **Cycling**
- 5.00 to 6.00 AM **Freestyle Skiing**

Premiere

sky cinema

Sky 301 Virgin 401

6.00 AM Killers Anonymous Crime thriller. (2019, 15) ★

8.00 UFO Sci-fi. (2018, 12) ★★★

9.45 Godzilla: King of the Monsters See 5.45pm.

12.15 PM Brightburn See 8.00pm.

2.00 This Changes Everything

4.00 We Die Young See 11.30pm.

5.45 Godzilla: King of the Monsters Fantasy adventure sequel. (2019, 12) ★★★

Comedy

sky cinema

Sky 308 Virgin 408

7.05 AM Problem Child (1990) ★

8.35 Miss Congeniality (2000)

10.30 Miss Congeniality 2: Armed and Fabulous (2005) ★★★

12.30 PM Mamma Mia! Here We Go Again (2018, PG) ★★★★★

2.30 Sister Act (1992) ★★★★★

4.15 Sister Act 2: Back in the Habit (1993, PG) ★★★

6.10 Bridget Jones's Diary Drama. (2001, 15) ★★★★★

Action

sky cinema

Sky 311 Virgin 407

6.25 AM Kingdom of Heaven

9.00 Gladiator See 6.15pm.

11.45 300 See 9.00pm.

1.45 PM 300: Rise of an Empire Fantasy sequel starring Sullivan Stapleton and Eva Green. (2014, 15) ★★★

3.45 Kingdom of Heaven Epic historical drama starring Orlando Bloom and Eva Green. (2005, 15) ★★★

Kids Books

sky cinema

Sky 306 Virgin 406

6.15 AM Goosebumps 2 (2018)

7.55 Mr Popper's Penguins (2011)

9.40 Harry Potter and the Deathly Hallows: Part I

12.10 PM Harry Potter and the Deathly Hallows: Part II

2.30 Gulliver's Travels (2010)

4.00 The Cat in the Hat (2003)

5.30 Harry Potter and the Deathly Hallows: Part I Fantasy. (2010, 12) ★★★★★

RADIO

RADIO 1 **FREEVIEW 700**

Sky 0101 Virgin 901 Freesat 700

5.00am Early Breakfast. **7.00** Matt and Mollie. **10.00** Anthems. **11.00** Jordan North. **1.00pm** Dev and Alice. **4.00** Life Hacks. **6.00** Official Chart: First Look. **7.00** Chillest Show with Phil Taggart. **9.00** Rock Show. **11.00** BBC Introducing. **1.00am** Residency. **3.00** The Gemma Collins Podcast. **3.40 to 4.00am** BBC and 1Xtra's Stories.

RADIO 2 **FREEVIEW 702**

Sky 0102 Virgin 902 Freesat 702

6.00am Good Morning Sunday. **9.00** Sunday Love Songs. **11.00** Michael Ball. **1.00pm** Elaine Paige. **3.00** Sounds of the 70s. **5.00** Alan & Mel. **7.00** Claudia Winkleman. **9.00** Great American Songbook. **10.00** Swing & Big Band with Clare Teal. **11.00** Don Black. **12.00m't** OJ Borg. **3.00 to 5.00am** Sounds of the 60s with Tony Blackburn.

RADIO 3 **FREEVIEW 703**

Sky 0103 Virgin 903 Freesat 703

7.00am Breakfast. **9.00** Sunday Morning. **12.00noon** Private Passions. **1.00pm** Lunchtime Concert. **2.00** The Early Music Show. **3.00** Choral Evensong. **4.00** Jazz Record Requests. **5.00** The Listening Service. **5.30** Words and Music. **6.45** Feature: Queen of Technicolour. **7.30** Drama: Only Mountains. **9.00** Radio 3 in Concert. **11.30** Nordic Sounds. **12.30 to 6.30am** Through the Night.

RADIO 4 **FREEVIEW 704**

Sky 0104 Virgin 904 Freesat 704

6.00am News. **6.05** Something Understood. **6.35** My Living World; Weather. **7.00** News; Papers. **7.10** Sunday. **7.55** Appeal; Weather. **8.00** News; Papers. **8.10** Sunday Worship; A Point of View; Tweet of the Day. **9.00** Broadcasting House. **10.00** The Archers. **11.15** Desert Island Discs. **12.00noon** News. **12.05pm** Nature Table. **12.30** The Food Programme; Weather. **1.00** The World This Weekend. **1.30** Art of Now: North Korea. **2.00** Gardeners' Question Time. **2.45** The Listening Project. **3.00** Drama: The Pallisers. **4.00** Open Book. **4.30** Conversations on a Bench. **5.00** File on 4. **5.40** Profile. **5.55** Shipping; Weather. **6.00** News. **6.15** Pick of the Week. **7.00** The Archers. **7.15** Reluctant Persuaders. **7.45** Dangerous Visions: Dark Vignettes. **8.00** Feedback. **8.30** Last Word. **9.00** Money Box. **9.25** Appeal. **9.30** Analysis. **10.00** The Westminster Hour. **11.00** The Film Programme. **11.50** A Point of View. **12.00m't** News. **12.15am** Thinking Allowed. **12.45** Bells; Shipping. **1.00** World Service. **5.20** Shipping. **5.30** News; Prayer. **5.45 to 6.00am** Farming Today; Tweet of the Day.

RADIO 5 LIVE **FREEVIEW 705**

Sky 0105 Virgin 905 Freesat 705

5.00am 5 Live Science. **6.00** Sunday Breakfast. **9.00** Pienaar's Politics. **10.00** Laura Whitmore's Sunday Session. **11.30** 5 Live Sport: The Squad with Nick Bright. **12.30pm** 5 Live Sport. **2.00** 5 Live Sport: Football. Chelsea v Everton, kick-off 2.00pm. **4.00** 5 Live Sport. **4.30** 5 Live Sport: Football. Manchester United v Manchester City, kick-off 4.30pm. **6.30** 6-0-6. **8.00** Peter Allen. **10.00** Stephen Nolan. **1.00 to 5.00am** Up All Night.

PRIME-TIME

8.00 Brightburn Horror. An extra-terrestrial crash-lands on Earth. Stars Elizabeth Banks. (2019, 15) ★★★

9.45 Premiere This Changes Everything Documentary exploring gender discrimination within the entertainment industry. (2018, 15) ★★★

11.30 We Die Young (2019) ★★★

1.30 AM Hell Is Where the Home Is Horror. (2018, 18) ★★

3.15 to 5.30 AM The Counterfeiter (2018) ★★★

8.00 Bridget Jones: The Edge of Reason Romantic comedy sequel starring Renée Zellweger. (2004, 15) ★★★★★

10.00 Little Comedy. A woman wakes up to discover she has been turned into her teenage self. Stars Regina Hall. (2019, 12) ★★

11.55 Identity Thief (2013) ★★★

1.50 AM Sister Act (1992) ★★★★★

3.35 Sister Act 2 See 4.15pm.

5.25 to 7.25 AM Mamma Mia! Here We Go Again (2018)

6.15 Gladiator Ancient Roman epic. A Roman general becomes a gladiator. Stars Russell Crowe. (2000, 15) ★★★★★

9.00 300 Adventure. The king of Sparta leads 300 warriors into battle. Stars Gerard Butler and Lena Headey. (2006, 15) ★★★★★

11.00 300: Rise of an Empire

1.00 AM Highlander Fantasy thriller. (1986, 15) ★★★★★

3.00 to 5.00 AM The Last Warrior Thriller. (2018, 18) ★★

8.00 Harry Potter and the Deathly Hallows: Part II The wizard faces a final battle with Voldemort. (2011, 12) ★★★★★

10.15 Gulliver's Travels Fantasy comedy based on Jonathan Swift's tale. Stars Jack Black and Jason Segel. (2010, PG) ★★★

11.45 The Cat in the Hat (2003)

1.20 AM Goosebumps 2 (2018)

3.00 Mr Popper's Penguins (2011)

4.45 to 6.25 AM Confessions of a Teenage Drama Queen

Women in Film

sky cinema

Sky 310 Virgin 410

6.10 AM Nine to Five Workplace comedy. (1980, 15) ★★★

8.10 Book Club (2018, 12) ★★★

10.05 Crazy Rich Asians As 8pm.

12.10 PM Nobody's Fool (2018)

2.10 What Men Want Romantic comedy. (2019, 15) ★★

4.10 Clueless Teen comedy. (1995, 12) ★★★★★

6.00 Life of the Party Comedy. (2018, 12) ★★

Disney

sky cinema

Sky 305 Virgin 405

6.05 AM Finding Nemo (2003)

7.50 Coco (2017, PG) ★★★★★

9.40 Cars See 8.45pm.

11.40 Incredibles 2 Animated comedy. (2018, PG) ★★★★★

1.40 PM Toy Story 4 See 7.00pm.

3.25 Finding Nemo Animation. (2003, U) ★★★★★

5.10 Coco (2017, PG) ★★★★★

7.00 Toy Story 4 Animated sequel. (2019, U) ★★★★★

Monsters

sky cinema

Sky 307 Virgin 411

6.00 AM Evolution (2001) ★★★★★

8.00 Ghost Rider Comic-book adventure. (2006, 12) ★★★

10.00 The Scorpion King (2002)

11.45 The Mummy See 8.00pm.

2.00 PM The Mummy Returns

4.15 The Mummy: Tomb of the Dragon Emperor Adventure sequel. (2008, 12) ★★

6.15 The Scorpion King Fantasy thriller. (2002, 12) ★★★★★

Hits

sky cinema

Sky 303 Virgin 403

6.20 AM Slaughterhouse Rulez Comedy. (2018, 15) ★★

8.10 Men in Black See 5.40pm.

9.55 Men in Black II See 7.25pm.

11.30 Men in Black 3 See 9.00pm.

1.20 PM The Equalizer 2 (2018)

3.25 Fast & Furious 6 Action thriller. (2013, 12) ★★

5.40 Men in Black Sci-fi starring Will Smith and Tommy Lee Jones. (1997, PG) ★★★★★

PRIME-TIME

8.00 Crazy Rich Asians Comedy. A professor tries to win over her boyfriend's family. Stars Constance Wu. (2018, 12) ★★★★★

10.10 Nobody's Fool Romantic comedy. A former prisoner suspects her sister is being conned. Stars Tiffany Haddish. (2018, 15) ★★

12.20 AM Lez Bomb Comedy. (2018, 12) ★★

2.05 All About Nina Comedy drama. (2018, 15) ★★★

4.00 to 6.00 AM Book Club

8.45 Cars Animation. A selfish racing car gets stranded in a sleepy town. Featuring the voice of Owen Wilson. (2006, PG) ★★★★★

10.45 The Lone Ranger Western comedy. A lawyer joins forces with a Native American. Stars Johnny Dep. (2013, 12) ★★

1.20 AM Eight Below (2006) ★★★

3.30 The Nutcracker and the Four Realms (2018) ★★

5.20 to 6.40 AM The Return of Jafar (1994, U) ★★

8.00 The Mummy Action adventure. An evil high priest is unwittingly revived. Stars Brendan Fraser. (1999, 15) ★★★★★

10.15 The Mummy Returns Adventure. Two explorers battle an Egyptian priest. Stars Brendan Fraser. (2001, 12) ★★★★★

12.30 AM The Mummy: Tomb of the Dragon Emperor

2.30 Evil Dead 2 Comic horror sequel. (1987, 18) ★★★★★

4.20 to 6.20 AM Evolution (2001)

7.25 Men in Black II Sci-fi sequel. An alien plots to destroy the world. Stars Tommy Lee Jones and Will Smith. (2002, PG) ★★

9.00 Men in Black 3 Sci-fi comedy sequel. A secret agent journeys back in time. Stars Will Smith. (2012, PG) ★★★★★

10.50 The Equalizer 2 Action sequel. (2018, 15) ★★

12.55 AM Fast & Furious 6 (2013)

3.10 The Hate U Give (2018)

5.30 to 7.15 AM Hotel Artemis

Thriller

sky cinema

Sky 309 Virgin 409

6.55 AM Unsane (2018) ★★★★★

8.35 The Birds Hitchcock thriller. (1963, 15) ★★★★★

10.40 Vertigo Hitchcock thriller. (1958, PG) ★★★★★

12.55 PM Ocean's Eight As 9pm.

2.50 Panic Room Suspense thriller. (2002, 15) ★★★★★

4.45 BlackKkKlansman Drama starring Adam Driver. (2018, 15) ★★★★★

Greats

sky cinema

Sky 304 Virgin 404

8.10 AM Beethoven (1992) ★★★

9.45 The Goonies Adventure fantasy. (1985, 12) ★★★★★

11.50 Star Wars: Episode IV – A New Hope (1977) ★★★★★

2.00 PM Star Wars: Episode V – The Empire Strikes Back Sci-fi. (1980, U) ★★★★★

4.10 Star Wars: Episode VI – Return of the Jedi Sci-fi sequel. (1983, U) ★★★★★

Superhero

sky cinema

Sky 302 Virgin 402

6.05 AM Superman (1978)

8.30 Superman II Fantasy sequel. (1980, PG) ★★★★★

10.40 Superman III Fantasy sequel. (1983, PG) ★★★★★

12.50 PM Superman IV: The Quest for Peace (1987, PG) ★★

2.25 Superman Returns Fantasy adventure. (2006, 12) ★★

5.00 Man of Steel Fantasy adventure. (2013, 12) ★★

TCM

sky cinema

Sky 315 Virgin 415 (416 HD)

6.30 AM You Can't Cheat an Honest Man (1939, U) ★

8.00 Cheyenne Autumn Western adventure. (1964, U) ★★

11.10 Fort Osage Western drama. (1952, U) ★★★★★

12.45 PM Gambit (1966, U) ★★

3.00 Charro! Western starring Elvis Presley. (1969, U) ★★

5.05 Saddle Tramp Western drama. (1950, U) ★★

PRIME-TIME

7.05 The Hand That Rocks the Cradle Thriller. A disturbed widow gets a job as a nanny. Stars Rebecca DeMornay. (1992) ★★★★★

9.00 Ocean's Eight Comedy. An all-female crew plans a jewel heist. Stars Sandra Bullock and Cate Blanchett. (2018, 12) ★★★★★

11.00 Domino (2019, 18) ★

12.35 AM The Hand That Rocks the Cradle See 7.05pm.

2.30 Unsane (2018, 15) ★★★★★

4.15 to 6.00 AM Sam Churchill

6.30 The Shawshank Redemption Prison drama starring Morgan Freeman and Tim Robbins. (1994, 15) ★★★★★

9.00 Argo Thriller. The CIA uses a movie shoot as cover to smuggle Americans out of Iran. Stars Ben Affleck. (2012, 15) ★★★★★

11.05 Scarface Gangster thriller. (1983, 18) ★★★★★

2.00 AM Miller's Crossing Thriller. (1990, 15) ★★★★★

4.00 to 6.00 AM Butch Cassidy

7.25 Batman v Superman: Dawn of Justice Action fantasy. The superheroes enter into a battle. Stars Ben Affleck. (2016, 12) ★★

10.00 Ant-Man and the Wasp Fantasy adventure. The hero tackles secrets from his past. Stars Paul Rudd. (2018, 12) ★★★★★

12.10 AM Superman/Batman: Public Enemies (2009)

1.30 Superman vs The Elite

3.00 Superman 5.30 to 7.00 AM Gotham City Breakout

6.50 Escape from Fort Bravo Western drama. A Confederate flees from a Yankee fort. Stars William Holden. (1953, PG) ★★★★★

9.00 Westworld Sci-fi thriller. Robots in a futuristic theme park start slaughtering the holiday-makers. Stars Yul Brynner. (1973, 15) ★★★★★

11.00 Exit Wounds Action thriller. (2001, 18) ★★

1.15 AM Cimarron (1960) ★★

4.00 Hollywood's Best Directors

5.30 to 7.30 AM Close Up

What's on TV Picks of the day



Miriam's Big Fat Adventure

BBC2, 9.00pm Sizing up the issue... This two-part documentary follows actress Miriam Margolyes as she travels the UK to examine issues relating to people's weight.



Liar

ITV, 9.00pm Prime suspect? After an intense interrogation with DI Renton, Laura (Joanne Froggatt) is left further confused when she learns Ian is under suspicion.

Word search

All these words, except one, appear in our just-for-fun wordsearch. Which one is it? (Answer on page 97.)

Barry	Gavin	Nessa	Smithy
Bryn	Gwen	Pam	Stacey
Essex	Mick	Shipman	West

G A V I N D M I C K
W S M I T H Y J S G
E S T A C E Y K H P
S V B E H T T I A
T B A J S G T U P M
H Z R J U S W G M Q
W Z R Y S A E E A L
E Z Y B N O T X N Z

BBC one

Freeview 1 (101 HD) Sky 101 (115 HD) Virgin 101 (108 HD) F'sat 101 (106 HD)

6.00 AM **Breakfast** News and sport. (S, HD)
9.15 **New** **Crimewatch Roadshow Live** 1 of 15. Appeals for information from the public about crimes. Continues tomorrow. (S, HD)
10.00 **Homes Under the Hammer** Staffordshire, Surrey and the West Midlands. (S, Rpt, HD)
11.00 **Dom Does America** 1 of 10. (S, Rpt, HD)
11.45 **Saved on Camera** 6 of 10. The Coastguard is called to rescue a paraglider. (S, HD)
12.15 PM **Bargain Hunt** From Oswestry. (S, HD)
1.00 **News; Weather** (S, HD)
1.30 **Local News; Weather** (S)
1.45 **Doctors** Hound Dog: Medical drama series. Daniel and Zara have fun trying to keep a secret, and Bear returns from his break. (S)
2.15 **A Service of Celebration for Commonwealth Day** Petroc Trelawny presents live coverage of the service from Westminster Abbey in London. (S, HD)
4.00 **Money for Nothing** Sarah Moore rescues items from a recycling centre in Surrey. (S)
4.30 **Ready, Steady, Cook** 6 of 20. Daily culinary contest presented by Rylan Clark-Neal. Today, a pair of friends take part. (S, HD)
5.15 **Pointless** Quiz series. (S, Rpt, HD)
6.00 **News; Weather** (S, HD)
6.30 **Local News; Weather** (S)

7.00 **The One Show** Magazine presented by Alex Jones and Matt Baker. (S, HD)
7.30 **Inside Out** 8 of 10. Regional documentary series focusing on stories of interest in and around the local area. (S)

8.00 **EastEnders** Linda finds Mick searching for stashed alcohol, Jean accuses Suki of lying about her illness, and Gray's day goes from bad to worse. (S, AD, HD)
8.30 **Panorama** The Million Pound Disability Payout: Examining the DWP's settlements for disability discrimination. (S, HD)
9.00 **MasterChef** 7 of 24. Culinary challenge series. Tonight, John Torode and Gregg Wallace preside as half a dozen hopeful chefs compete in the third week of heats, getting their first chance to win an apron by serving up their best signature dish. Continues on Wednesday. (S, HD)
10.00 **News; Weather** (S, HD)
10.25 **Local News; Weather** (S)
10.35 **This Country** Kurtan's Half-Brother: 4 of 6. Spoof documentary series. Kurtan receives sad news about a relative and endeavours to make new memories, while Kerry joins the vicar's book club after discovering a passion for reading. (S)
11.05 **Young, Welsh and Pretty Minted** 3 of 6. Documentary series. This edition follows Erin Budina as she works in a recycling depot as part of a YouTube challenge. (S)
11.35 **Live at the Apollo** Stand-up comedy series. Featuring Eddie Izzard, Josh Widdicombe and Trevor Noah. (S, Rpt, HD) **Weather North/North East/North West** **The Super League Show** Catalans Dragons v Salford Red Devils and Wakefield Trinity v Hull FC. (S)
12.25 to 6.00 AM **BBC News** (S, HD)

BBC1

REGIONAL VARIATIONS
■ WALES
7.30-8.00pm X-Ray Consumer series. 10.35 Young, Welsh and Pretty Minted As above, 11.05pm. 11.05-11.35pm This Country As above, 10.35pm.

BBC TWO

Freeview 2 (102 HD) Sky 102 Virgin 102 (162 HD) Freesat 102 (106 HD)

6.00 AM **Money for Nothing** (S, Rpt, HD)
6.45 **Ready, Steady, Cook** (S, Rpt, HD)
7.30 **Best Home Cook** (SL, S, Rpt, HD)
8.30 **The Week in Parliament** (S, HD)
9.00 **BBC News at 9** (S, HD)
10.00 **Victoria Derbyshire** Discussion. (S, HD)
11.00 **BBC Newsroom Live** (S, HD)
12.15 PM **Politics Live** With Jo Coburn. (S, HD)
1.00 **Women's Rugby Union: Six Nations** (S, Rpt)
1.30 **Best House in Town** Leicester. (S, Rpt, HD)
2.15 **Royal Recipes** India & Empire. (S, Rpt, HD)
2.30 **Terry and Mason's Great Food Trip** (S, Rpt)
3.00 **Red Rock** Irish crime drama series. Keith is faced with a watery demise. (S, Rpt, HD)
3.45 **The Great Interior Design Challenge** Timber Framed Houses. (S, Rpt, HD)
4.45 **Portillo's State Secrets** Traitors and Spies: 6 of 10. Michael Portillo unearths files that relate to traitors and spies. (S, Rpt, HD)
5.15 **Flog It!** From Dover Castle in Kent. (S, HD)
6.00 **Richard Osman's House of Games** Daily game show. With Hugh Dennis, Nish Kumar, Sarah Greene and Holly Walsh. (S, HD)
6.30 **Great British Railway Journeys** Warwick to Radley: Travel series. Michael Portillo sets off on the first leg of a journey from the Midlands to Rye in East Sussex. (S, Rpt, HD)

7.00 **Coastal Path** 3 of 5. Paul Rose explores southern Cornwall, visiting the Minack Theatre and firing the Tudor cannons of Pendennis Castle in Falmouth. (S, Rpt)
7.30 **Mastermind** Quiz. Specialist subjects include Mary, Queen of Scots, Laura Ingalls Wilder and Jenson Button. (S, HD)
8.00 **Only Connect** Lateral-thinking quiz series hosted by Victoria Coren Mitchell. Tonight, the first semi-final. (S, HD)
8.30 **University Challenge** Student quiz series presented by Jeremy Paxman. Tonight, two more teams compete as the quarter-final matches continue. (S, HD)
9.00 **New** **Miriam's Big Fat Adventure** 1 of 2. Documentary in which actress Miriam Margolyes travels around the UK to discover why so many people are overweight, despite so much information regarding healthy lifestyles. Concludes tomorrow. See feature page 13. (S, AD, HD)
10.00 **Inside No 9** The Stakeout: Last in the offbeat comedy series starring Steve Pemberton and Reece Shearsmith. A police community-support officer asks awkward questions about the death of a colleague's ex-partner. (S, AD, HD)
10.30 **Newsnight; Weather** (S, HD)
11.15 **Hospital** 4 of 8. Last week's edition of the documentary series, exploring the work of Alder Hey Children's Hospital, following a baby about to have surgery for serious kidney abnormalities, and a 17-year-old with cerebral palsy as she reaches adulthood and leaves the hospital's care. (S, Rpt, HD)
12.15 AM **Sign Zone** Starting with: 12.15 **The Farmers' Country Showdown** A visit to one of Britain's oldest sheepdog trials in Northumberland. (SL, S, Rpt, HD) 1.00 **Countryfile** (SL, S, Rpt, HD) 2.00 to 3.00 AM **Secrets of the Museum** (SL, S, Rpt, HD)

BBC2

REGIONAL VARIATIONS
■ WALES
Programmes today are as above.



ITV

Freeview 3 (103 HD) Sky 103 (176 HD) Virgin 103 (113 HD) F'sat 103 (111 HD)

- 6.00 AM **Good Morning Britain** News, current affairs and lifestyle features. (S, HD)
- 9.00 **Lorraine** Entertainment news. (S, HD)
- 10.00 **This Morning** Daily magazine featuring a mix of celebrity chat, competitions and lifestyle features. Including Local Weather. (S, HD)
- 12.30 PM **Loose Women** Celebrity interviews and debate from a female perspective. (S, HD)
- 1.30 **News; Weather** (S, HD)
- 1.55 **Local News; Weather** (S, HD)
- 2.00 **Judge Rinder** Cameras follow criminal barrister Robert Rinder as he takes on real-life cases in a studio courtroom. (S, HD)
- 3.00 **Tenable** Quiz hosted by Warwick Davis. Five members of an a cappella group answer questions about top-10 lists, then attempt to score a perfect 10 in the final round. (S, Rpt)
- 4.00 **Tipping Point** Arcade-themed quiz hosted by Ben Shephard in which contestants drop tokens down a choice of four chutes in the hope of winning a £10,000 jackpot. (S, Rpt)
- 5.00 **The Chase** General knowledge quiz series presented by Bradley Walsh in which four contestants answer questions and work as a team to take on a quiz expert. (S, Rpt, HD)
- 6.00 **Local News; Weather** (S, HD)
- 6.30 **News; Weather** (S, HD)
- 7.00 **Emmerdale** Arthur is relieved when Laurel agrees to keep their secret, while Vanessa is betrayed by Charity. (S, HD)
- 7.30 **Coronation Street** First of two episodes tonight. Gary tells Sharon to teach Ali a lesson, and a reporter asks James about rumours regarding his sexuality. (S, HD)
- 8.00 **St Davids: Britain's Smallest City** 2 of 6. Documentary series. Tonight, a water shortage could spell disaster. (S)
- 8.30 **Coronation Street** Gary leaves Sharon a message telling her that she is to blame if Ali dies, and James receives a worrying text message from his manager. (S, HD)
- 9.00 **Liar** 2 of 6. Thriller series starring Joanne Froggatt and Ioan Gruffudd. Feeling the full force of DI Renton's investigation, Laura looks to those closest to her for support but, when suspicions fall on Ian, she is left questioning who she can trust. With Katherine Kelly. *See feature, page 9.* (S)
- 10.00 **News; Weather** (S, HD)
- 10.30 **Local News; Weather** (S, HD)
- 10.45 **Police in Danger: Caught on Camera** Documentary examining what happens when officers come under attack, featuring footage filmed by body cameras worn by the police themselves. (S, Rpt, AD, HD)
- 11.45 **All Elite Wrestling: Dynamite** Action from the latest edition of the weekly wrestling event, featuring all of the biggest stars on the roster, including Adam Page, Chris Jericho, Cody and Jon Moxley. (S, HD)
- 12.35 AM **Teleshopping** (HD)
- 3.00 **James Martin's French Adventure** Culinary travel series. In this edition, the chef visits the diverse and distinct region of the Camargue, south of Arles. (SL, S, Rpt)
- 3.50 **Nightscreen** Programme guide. (HD)
- 5.05 to 6.00 AM **Judge Rinder** Real-life cases in a studio courtroom. (SL, S, Rpt, HD)

ITV

REGIONAL VARIATIONS

■ WALES

8.00-8.30pm Wales This Week Farmers Under Fire.

10.45 Sharp End Political discussion.

11.15 Wales on TV Archive clips from Wales in the years 1974 and 1985.



Channel 4

Freeview 4 (104 HD) Sky 104 (138 HD) Virgin 104 (104/141 HD) Freesat 104

- 6.30 AM **Cheers** Double-bill. (Series 1, ep 21, S, Rpt, HD) 6.55 (Series 1, ep 22, S, Rpt, HD)
- 7.20 **The King of Queens** Double-bill. (Series 7, ep 7, S, Rpt, AD) 7.45 (Series 7, ep 8, S, Rpt)
- 8.10 **Everybody Loves Raymond** Double-bill. (S2, ep 6, S, Rpt) 8.40 (S2, ep 7, S, Rpt, AD)
- 9.10 **Frasier** Double-bill of the US comedy series. (S4, ep 4, S, Rpt) 9.40 (S4, ep 5, S, Rpt, AD)
- 10.10 **Undercover Boss Canada** (S, Rpt, HD)
- 11.05 **Ramsay's Kitchen Nightmares USA** (S, Rpt)
- 12.00 NOON **News** (S, HD)
- 12.05 PM **Come Dine with Me** (S, Rpt, HD)
- 1.05 **Posh Pawnbrokers** Documentary. (S, Rpt)
- 2.10 **Countdown** Word game. (S, HD)
- 3.00 **A Place in the Sun** Andalucia. (S, Rpt, HD)
- 4.00 **A New Life in the Sun: Where Are They Now?** Catching up with a couple running a boat charter on the Mediterranean. (S, Rpt)
- 5.00 **New Four in a Bed** Return of the B&B challenge. This week's competition starts at the Bankfoot Inn in Perthshire. (S, HD)
- 5.30 **New Come Dine with Me** Return of the culinary challenge. From Edinburgh. (S, HD)
- 6.00 **The Simpsons** The Homer They Fall: Moe helps Homer become a boxer. (S, Rpt, AD)
- 6.30 **Hollyoaks** Mercedes worries that she has put Warren in grave danger. (S, AD, HD)
- 7.00 **News** (S, HD)
- 8.00 **Dispatches** Celebs for Sale: The Great Charity Scandal. Antony Barnett reports on famous faces charging huge fees to add their support to charities. (S, HD)
- 8.30 **Food Unwrapped** Kate Quilton finds out how oysters turned from a bar snack into an expensive luxury. (S, AD, HD)
- 9.00 **24 Hours in A&E** Documentary series. In tonight's edition, a 52-year-old cyclist is rushed in after being struck by a car. Elsewhere, a 92-year-old former Baptist minister is admitted after a fall while out walking, and a painter and decorator suffers a puzzling wrist injury. (S, AD, HD)
- 10.00 **Baghdad Central** Last in the crime thriller starring Waleed Zuaiter. Khafaji realises that he must get his family out of Iraq and plans a trap for Frank Temple and Douglas Evans – though it remains to be seen whether it will succeed or there might be one final casualty. (S, AD, HD)
- 11.00 **Emergency Helicopter Medics** Documentary series. A motorcyclist in County Durham needs specialist attention after he comes off his bike. (S, Rpt, AD, HD)
- 12.00 M'T **Ramsay's Kitchen Nightmares USA** The chef visits South Bend, Indiana. (S, Rpt)
- 12.50 AM **Hunted** (SL, S, Rpt, AD, HD)
- 1.45 **The Supervet** Documentary. (S, Rpt, HD)
- 2.40 **Come Dine with Me** (S, Rpt, HD)
- 3.35 **Grand Designs Revisited** (S, Rpt, AD, HD)
- 4.30 **Location, Location, Location** (S, Rpt, HD)
- 5.25 **Cooking Up a Fortune** (S, Rpt, HD)
- 5.50 to 6.30 AM **Countdown** (S, Rpt, HD)

S4C

6.00am Cyw 12.00noon Newyddion S4C a'r Tywydd 12.05pm Ysgol Ddawns Anti Karen 12.30 Heno 1.30 Nyrsys 2.00 Newyddion a'r Tywydd 2.05 Prynhawn Da 3.00 Newyddion S4C a'r Tywydd 3.05 Ysgol Ni: Maesincla 4.00 Awr Fawr: Bing 4.10 Timpo 4.20 Jen a Jim Pob Dim 4.35 Patrôl Pawennau 4.45 Cacawnci 5.00 Stwnsh: Pat a Stan 5.05 Mwy o Stwnsh Sadwrn 5.25 Sgorio 5.50 Ffeil 6.00 Cerys Matthews a'r Goeden Faled 6.30 Heno 7.30 Newyddion S4C a'r Tywydd 8.00 Pobol y Cwm 8.25 NEW: Helo Syrjeri 8.55 Newyddion S4C a'r Tywydd 9.00 Ffermio 9.30 Ein Byd 10.00 Elis James: Cic Lan Yr Archif 10.30 Cynefin 11.30pm-12.05am Ar Werth



Channel 5

Freeview 5 (105 HD) Sky 105 Virgin 105 (150 HD) Freesat 105 (105 HD)

- 6.00 AM **Milkshake!** Children's programmes. (S)
- 9.15 **Jeremy Vine** Discussion series. (S, HD)
- 11.15 **Nightmare Tenants, Slum Landlords** Documentary series. (S, Rpt, HD)
- 12.10 PM **News** (S, HD)
- 12.15 **Parking Hell: At War with the Law** (S, Rpt)
- 1.10 **Access** Showbiz news and gossip. (S, HD)
- 1.15 **Home and Away** As 6.00pm. (S, Rpt, HD)
- 1.45 **Neighbours** See 5.30pm. (S, AD, HD)
- 2.15 **Film Premiere Secrets at the Lake** Thriller. A pact made by a group of teenagers has deadly consequences for a holidaying family. Stars Nicky Whelan and Anna Hutchison. (105mins, 2019, PG, S, HD) Rating ★★
- 4.00 **Friends** Monica goes on a date with her high-school heart-throb. (S4, ep 2, S, Rpt)
- 4.30 Monica sets out to prove her mother wrong. (Series 4, ep 3, S, Rpt, HD)
- 5.00 **News** (S, HD)
- 5.30 **Neighbours** Finn talks David into allowing him to visit Harry in prison to find out the location of an old storage locker. (S, Rpt)
- 6.00 **Home and Away** Dean and Colby take matters into their own hands without the knowledge of McCarthy, while Robbo is led to a cliff edge at gunpoint. (S, Rpt, AD, HD)
- 6.30 **News** (S, HD)
- 7.00 **Rugby Union** Highlights from the weekend's matches in the Premiership, including Wasps v Gloucester, Worcester Warriors v Northampton Saints, Bristol Bears v Harlequins, Saracens v Leicester Tigers, Sale Sharks v London Irish and Exeter Chiefs v Bath. (S, HD) **News**
- 8.00 **Traffic Cops** Last in the documentary series. Officers set off on the hunt for a disqualified driver after a police camera alerts them to the whereabouts of his car, and another responds to a report of a car stolen when the owner left the engine running as she went into a shop. (S) **News**
- 9.00 **Warship: Life at Sea** Last in the series. The crew of *HMS Duncan* faces further pressure in the Strait of Hormuz as Iran steps up its efforts to capture a second British tanker. The vessel is ordered to hold the line and continue escorting fuel tankers safely through the Strait. (S, HD)
- 10.00 **Great British Ships** HMS Victory: Nelson's Great Warship. Documentary series in which engineer Rob Bell reveals stories about the ships that have shaped the nation. This edition, focuses on *HMS Victory* – Admiral Nelson's flagship at the Battle of Trafalgar in 1805. (S, Rpt, HD)
- 11.00 **Film Con Air** Action thriller. A group of the US's deadliest criminals hijacks a convict transport plane. Stars Nicolas Cage, John Cusack, John Malkovich, Steve Buscemi and Ving Rhames. Includes *Access* at 12.05am. (135mins, 1997, 18, S, HD) Rating ★★
- 1.15 AM **Interactive Gaming** (S, HD)
- 3.15 **Our Dream Hotel** Brixham in Devon. (S, Rpt)
- 4.10 **Tribal Teens: Here Comes Trouble** Peru: 1 of 3. Documentary series. (SL, S, Rpt, HD)
- 4.55 **House Doctor** Wells-next-the-Sea. (S, Rpt)
- 5.25 **Great Scientists** Aristotle. (SL, S, Rpt)
- 5.50 to 6.00 AM **Access** Showbiz news. (S, HD)

MONDAY

7 PM

8 PM

9 PM

10 PM

What's on
TV

Picks of the day



Hollyoaks

E4, 7.00pm

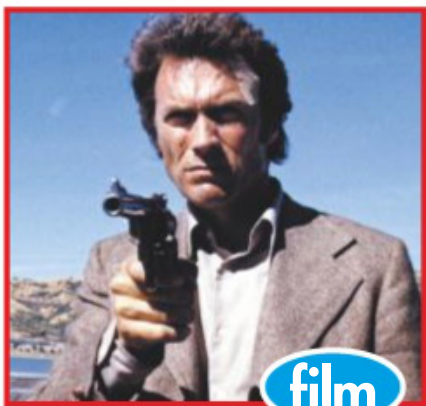
Mitchell arrives for his birthday party – but he's concerned by Scott's decorations.



Car S.O.S

More4, 9.00pm

Tim Shaw and Fuzz Townshend journey to Milton Keynes to work on a Ford Model A.



Magnum Force

ITV4, 10.00pm

A week of Clint Eastwood films begins this evening with this *Dirty Harry* thriller sequel.

FREEVIEW

ITV2

itv2

FV 6 Sky 118 Freesat 113 Virgin 115 (176 HD)

- 7.00 AM **The Ellen DeGeneres Show**
- 7.50 **Emmerdale**
- 8.20 **Coronation Street**
- 9.20 **Superstore** Double-bill.
- 10.15 **Dinner Date** From Essex.
- 11.15 **Dress to Impress** From Manchester.
- 12.15 PM **Emmerdale**
- 12.45 **Coronation Street**
- 1.50 **The Ellen DeGeneres Show**
New edition US chat show.
- 2.45 **Dinner Date** Matchmaking series.
- 3.50 **Dress to Impress** Three suitors buy an outfit for a singleton.
- 4.50 **Take Me Out** Dating game show hosted by Paddy McGuinness.
- 6.00 **You've Been Framed! Gold**

- 7.00 **You've Been Framed! Gold**
Double-bill of the comedy clips series in which comedian Harry Hill narrates another selection of viewer-submitted camcorder calamities.

- 8.00 **Two and a Half Men** Walden and Alan work together to plan a bachelor party for Marty. (S11, ep13)
- 8.30 Alan starts dating Larry's sister Gretchen. (S11, ep16 of 22)

- 9.00 **Family Guy** Peter and Lois send Chris to space camp. (S11, ep9)

- 9.30 **American Dad!** *New episode* Jeff starts hanging out with Stan's favourite celebrity chef. (S15, ep2)

- 10.00 **The Stand Up Sketch Show**
New episode Comedy routines are reconstructed as sketches.

- 10.30 **Family Guy** Brian writes a play that becomes a hit. (S11, ep10)

- 11.00 **Family Guy** Stories inspired by viewers' letters. (S10, ep23)

- 11.30 **American Dad!** Steve receives an F-grade at school. (S13, ep2)

- 11.55 **The Cleveland Show** (S3, ep12)

- 12.25 AM **Two and a Half Men**
- 1.25 **Hey Tracey!** Comedy quiz series.
- 2.05 **Plebs** Double-bill of the comedy.
- 3.05 to 3.30 AM **Totally Bonkers Guinness World Records**

BBC4

BBC FOUR

FV 9 Sky 116 Freesat 107 Virgin 107

HD 106
Scot 68

BBC4 starts
broadcasting
at 7.00pm

- 7.00 **Beyond 100 Days**
- 7.30 **Francesco's Mediterranean Voyage** Pilgrimages to the island of Tinos.

- 8.00 **Dynasties** 1 of 5. Documentary following endangered species, beginning with chimpanzees.

- 9.00 **Age of the Image** *New edition* 2 of 4. A look at the impact of mass communication and new technology.

- 10.00 **Suffragettes with Lucy Worsley** Examining the battle that women had to wage for the right to vote.

- 11.30 **Art of France** Last in the series.
- 12.30 AM **Britain's Outlaws: Highwaymen, Pirates and Rogues**

- 1.30 **Rude Britannia** Last in the series.
- 2.30 to 3.30 AM **Age of the Image**

ITV3

itv3

FV 10 Sky 119 Freesat 115 Virgin 117 (177 HD)

- 6.00 AM **Classic Coronation Street**
- 6.55 **Classic Emmerdale** Double-bill.
- 7.55 **Heartbeat** Out of Africa.
- 8.55 **Man About the House** Double-bill.
- 10.00 **That's My Boy** Dirty Linen.
- 10.30 **A Touch of Frost** See 11.00pm.
- 12.40 PM **Heartbeat** See 5.55pm.
- 1.45 **Classic Emmerdale** Double-bill.
- 2.50 **Classic Coronation Street**
- 3.55 **Midsomer Murders** Last Year's Model: Detective drama starring John Nettles. Barnaby questions the guilt of a murder suspect.
- 5.55 **Heartbeat** The villagers begin to grow concerned when an elderly resident disappears mysteriously.

- 7.00 **Poirot** The Veiled Lady: Mystery drama. The detective is summoned to a hotel to help a mysterious veiled lady who claims she is being blackmailed over an old love letter.

- 8.00 **Endeavour** Nocturne: Detective drama series starring Shaun Evans and Roger Allam. The murder of a museum specialist leads Morse to a girls' boarding school with a dark history, where a note reading 'Save Me' is mysteriously slipped into his coat pocket. Also stars Anton Lesser and James Bradshaw.

- 10.00 **Scott & Bailey** 5 of 8. Police drama series. Janet comes face to face with the man who left her fighting for life just months earlier – serial killer Geoff Hastings.

- 11.00 **A Touch of Frost** Not with Kindness: Detective drama series starring David Jason. An unwelcome house guest infuriates DI Frost.

- 1.10 AM **A Touch of Frost** Conclusions: A casino is robbed, and things go from bad to worse when a local copper is reported missing.

- 3.00 **That's My Boy** Ring If You Need Me.
- 3.25 to 3.30 AM **Nightscreen**

ITVBe

itvBe.

FV 26 Sky 131 Freesat 118 Virgin 119 (179 HD)

- 7.00 AM **Bachelor in Paradise**
- 8.45 **Be Beautiful** Make-up tutorials.
- 9.00 **Children's Programmes**
- 12.00 NOON **Income Property**
- 12.25 PM **The Real Housewives of Beverly Hills** Reality series.
- 1.20 **Absolutely Ascot**
- 2.20 **Million Dollar Listing: NYC**
New edition Property series.

- 3.15 **Real Housewives of New York City**
- 4.10 **The Real Housewives of Dallas**
- 6.00 **Masters of Flip** *New edition* Kortney and Dave renovate a farmhouse.
- 7.00 **Buying and Selling** A couple who have outgrown their starter home.
- 8.00 **Dinner Date** Dating series.
- 9.00 **The Real Housewives of Orange County** *New edition* Vicki starts a rumour about Kelly, while Emily and Gina try to work out their issues.

- 10.00 **Botched** Terry Dubrow helps a patient downsize her breasts.

- 10.55 **Botched** A transgender woman wants to have her nose fixed.

- 11.55 PM to 12.40 AM **The Only Way Is Essex**

ITV4

itv4

FV 24 Sky 120 Freesat 117 Virgin 118 (178 HD)

- 6.00 AM **Football's Greatest**
- 6.05 **Only When I Laugh**
- 6.30 **Quincy ME** Stolen Tears.
- 7.20 **Kojak** Another Gypsy Queen.
- 8.15 **The Saint** The Better Mousetrap.
- 9.20 **Minder** The Old School Tie.
- 10.25 **The Professionals** Ojuka Situation.
- 11.25 **The Sweeney** Faces.
- 12.35 PM **Quincy ME** The Face of Fear.
- 1.40 **Kojak** The Queen of Hearts Is Wild.
- 2.40 **The Saint** Little Girl Lost.
- 3.50 **Minder** All About Scoring, Innit.
- 4.50 **The Professionals** A soldier disappears with valuable secrets..
- 5.55 **The Sweeney** DCI Quirk becomes obsessed with catching thieves.

- 7.00 **Cycling** Action from stage two of the Paris-Nice race, featuring a 166.5km course from Chevreuse to Chalette-sur-Liong. Commentary comes from Ned Boulting.

- 8.00 **River Monsters** Angling series. Presenter Jeremy Wade journeys to the Pacific Ring of Fire, where an ancient fishing community is being terrorised by something in the water.

- 9.00 **Giant Lobster Hunters**
New edition With the winter lobster season in full swing, the skipper of *Bold Contender*, is under pressure to fill a order of 600 brindle lobsters.

- 10.00 **Pick Film Magnum Force** Dirty Harry thriller sequel, the first of five movies this week starring Clint Eastwood. The maverick cop pursues vigilantes who are executing San Francisco's criminals. Also stars Hal Holbrook and David Soul. *Includes FYI Daily at 11.00pm.* (1973, 18) ★★★★★

- 12.35 AM **Car Crash Global: Caught on Camera** Documentary series featuring dash-cam video footage.
- 1.35 **The Contender** Friends become foes in the last two quarter-final bouts.
- 2.40 to 3.00 AM **Nightscreen**

Talking Pictures TV

Talking Pictures TV

FV 81 Sky 328 Freesat 306 Virgin 445

- 6.00 AM **Film House of Blackmail** (1953)
- 7.25 **One Man, One Dog** (1955, U) ★★★
- 7.40 **Film Police Dog** (1955, U) ★★★
- 9.30 **Film Where There's a Will** (1955)
- 11.00 **Richard Diamond** (S1, ep8)
- 11.30 **Film The Devil-Ship Pirates**
- 1.15 PM **The New Lot** Short film.
- 2.05 **Film A Man About the House** Melodrama. (1947, U) ★★

- 3.55 **Film Angels One Five** Wartime adventure. (1951, U, b&w) ★★★★★
- 5.55 **Film I'm All Right, Jack** Comedy starring Ian Carmichael and Peter Sellers. (1959, U, b&w) ★★★★★

- 8.00 **Danger UXB** (S1, ep5)
- 9.00 **Special Branch** (S3, ep2)
- 10.00 **Film Peeping Tom** Psychological thriller starring Carl Boehm. (1959, 18) ★★★★★ See Filmweek, page 31

- 12.00 M'T **Film Station Six, Sahara** Romantic drama. (1963, 15, b&w) ★

- 2.00 AM **Film Danger Lights** Vintage drama. (1930, PG, b&w) ★★★

- 3.40 **Film Out of the Fog** Crime drama. (1962, PG, b&w) ★★★

- 5.00 to 6.00 AM **Rooms**

BBC Scotland

BBC Scotland

Scot Only

FV 9
HD 108

Scotland Only: Sky 115 Freesat 106 Virgin 108
Rest of the UK: Sky 457 Freesat 108 Virgin 162

- 12.00 NOON **Paramedics on Scene**
- 1.00 PM **Hebrides: Islands on the Edge**
- 2.00 **Tours of the Scottish Islands**
- 2.30 to 7.00 PM As shown on BBC2.
- 7.00 **The Singer Story: Made in Clydebank**
One-off documentary exploring the story of the Singer sewing machine and its impact across the world.
- 8.00 **Hebrides: Islands on the Edge** 3 of 4. This edition of the wildlife documentary series focuses on the Outer Hebrides, where seabirds try to feed their chicks while avoiding the predatory skuas.
- 9.00 **The Nine** Scottish and international news.
- 10.00 **River City** Lenny tries to save Rory from himself, while Stevie wonders if Poppy wants to cement their future together.
- 11.00 PM to 12.00 M'T **Love Song**
Dating series. A healthcare assistant, an operations manager and a scientist are this week's singing singletons.

E4

FV 13 Sky 135 Freesat 122 Virgin 106 (145 HD)

6.00 AM **Hollyoaks** Double-bill.
 7.00 **How I Met Your Mother** Double-bill.
 8.00 **Baby Daddy** Double-bill.
 9.00 **Mike & Molly** Double-bill.
 10.00 **The Big Bang Theory** Double-bill.
 11.00 **The Goldbergs** Double-bill.
 12.00 NOON **Brooklyn Nine-Nine**
 1.00 PM **The Big Bang Theory**
 2.00 **Baby Daddy** Double-bill.
 3.00 **Mike & Molly** Double-bill.
 4.00 **The Goldbergs** Double-bill.
 5.00 **Brooklyn Nine-Nine** Double-bill.
 6.00 **The Big Bang Theory** Leonard is jealous of Penny. (S6, ep8 of 24)
 6.30 Sheldon and Howard squabble over a parking space. (S6, ep9)

7.00 **Pick** **Hollyoaks** New episode Mitchell's party takes place.
 7.30 **Man with a Plan** New episode Adam's parents pay a visit, and surprise the family. (S1, ep15)
 8.00 **New** **First Dates Abroad** The dating series returns to Australia. A 29-year-old Italian-born electrician goes on a date.

9.00 **Celebs Go Dating** New edition Joshua Ritchie, James Lock and Malique Thompson-Dwyer and go speed dating, while Amy Childs and Liv Bentley go on a double date.

10.00 **The Sex Clinic** New edition A man who has had over a thousand partners comes in for an STI test, and a woman needs a contraceptive implant fitted inside her arm.

11.05 **The Big Bang Theory** Howard's stag party leads to a problem. (S5, ep22)
 11.35 Howard tries to avoid being sent into space. (S5, ep23 of 24)
 12.05 AM **Brooklyn Nine-Nine**
 1.05 **Celebs Go Dating** See 9.00pm.
 2.10 **First Dates Abroad** See 8.00pm.
 3.05 **The Sex Clinic** See 10.00pm.
 4.00 **The Big Bang Theory** Double-bill.
 4.50 to 6.00 AM **How I Met Your Mother**

5USA

FV 21 Sky 141 (Scot 169) Freesat 129 Virgin 153

9.00 AM **Criminals: Caught on Camera**
 9.25 **Murder, She Wrote** (S6, ep20)
 10.15 **CSI: NY** US crime drama. (S6, ep19)
 11.10 **The Mysteries of Laura** (S2, ep6)
 12.05 PM **Law & Order** Back-to-back episodes. (S17, ep17) 1.05 (S17, ep18) 2.00 (S14, ep24) 3.00 (S15, ep1) 4.00 (S18, ep6) 5.00 (S18, ep7) 6.00 (S15, ep10)
 7.00 **Law & Order** A convicted child murderer is killed. (S15, ep11)
 8.00 **NCIS: New Orleans** A gruesome copycat murder reopens painful memories for Wade. (S3, ep15)
 9.00 **Law & Order: Criminal Intent** Logan pledges to discover who gave a lethal dose of radioactive polonium to a dying friend (S6, ep16)
 10.00 **Law & Order: Special Victims Unit** A black man is shot by police from another precinct. (S17, ep5)
 10.55 A famous violinist claims to have been raped. (S17, ep6)
 11.55 **Law & Order: Special Victims Unit**
 1.55 AM **Law & Order: Los Angeles**
 3.50 to 4.00 AM **Access**

Film4

FV 14 Sky 313 Freesat 300 Virgin 428 (429 HD)

11.00 AM **Film** **Millions Like Us** World War Two drama starring Patricia Roc. (1943, U, b&w) ★★★★★
 1.05 PM **Film** **The Longest Day** Fact-based World War Two drama about the Normandy landings, from the perspectives of the British, German and American forces. Stars John Wayne and Robert Mitchum. (1962, PG, b&w) ★★★★★
 4.40 **Film** **The Thirty Nine Steps** Thriller based on John Buchan's famous novel. A man races against time to avert the outbreak of World War One. Stars Robert Powell and John Mills. (1978, PG) ★★★

6.45 **Film** **Now You See Me** Crime thriller. An FBI agent investigates four magicians who use their lavish stage shows as cover for seemingly impossible heists. Stars Jesse Eisenberg, Mark Ruffalo, Woody Harrelson, Isla Fisher, Dave Franco and Mélanie Laurent. (2013, 12) ★★★

9.00 **Film** **Taken** Action thriller. A former CIA agent must put his old skills to use as he attempts to rescue his daughter from a gang of people traffickers. Stars Liam Neeson, Maggie Grace, Famke Janssen, Arben Bajraktaraj and Leland Orser. (2008, 18) ★★★★★

10.50 **Film** **Anthropoid** World War Two drama about the mission to assassinate SS general Reinhard Heydrich. Stars Jamie Dornan. (2016, 15) ★★★ See Filmweek, page 30
 1.10 to 3.00 AM **Film** **The Bling Ring** Drama. Five LA teenagers steal from the houses of the rich and famous. Stars Emma Watson and Katie Chang. (2013, 15) ★★★★★

5STAR

FV 30 Sky 128 Freesat 131 Virgin 151

8.00 AM **3rd Rock from the Sun**
 8.20 **House** 10.05 **Nightmare Tenants, Slum Landlords** 12.05 PM **Can't Pay? My Nightmare Ex Wife**
 1.00 **Can't Pay? We'll Take It Away!**
 3.00 **Neighbours** 3.30 **Home and Away**
 4.00 **House** 6.00 **Neighbours**
 6.30 **Home and Away** New episode
 7.00 **Now That's Funny!**
 8.00 **Filthy House SOS** Documentary.
 9.00 **The Nightmare Neighbour Next Door** Documentary series.
 10.00 **Celebrity Botched Up Bodies** Sophie Kasaei finds out if a cheap lip filler has caused long-term damage.
 11.00 **Film** **Bad Teacher** Offbeat comedy. A gold-digging teacher will stop at nothing to find a rich husband. Stars Cameron Diaz. (2011, 15) ★★★ See Filmweek, page 31
 12.55 AM **Young, Dumb and Banged Up in the Sun** Documentary.
 1.55 **10 Years Younger in 10 Days**
 3.00 **Hoarders: Landfill in My Living Room** Documentary series.
 3.50 to 4.00 AM **Access**

More4

FV 18 Sky 136 Freesat 124 Virgin 147 (195 HD)

8.55 AM **Kirstie's Vintage Gems**
 9.15 **A Place in the Sun: Winter Sun**
 10.05 **A Place in the Sun: Summer Sun** Jonnie Irwin shows a Southampton couple five properties for sale in the Almeria province of southern Spain.
 11.05 **Find It, Fix It, Flog It** Double-bill.
 1.15 PM **Escape to the Chateau: DIY**
 2.20 **Four in a Bed** Back-to-back editions of the B&B challenge.
 4.55 **The Secret Life of the Zoo** The keepers encourage the giant otters to mate by introducing a new male.
 5.55 **Car S.O.S** Tim and Fuzz head to south Wales to rescue a Vauxhall Astra GTE for an ex-boy racer.

6.55 **Escape to the Chateau: DIY** Dick and Angel host a wedding for close friends, and a motorcycle-mad Essex couple begin their search to buy the perfect chateau.
 7.55 **Grand Designs** Kevin McCloud meets an entrepreneur and his wife who are building a giant new home on a 16-acre plot in Lincolnshire.

9.00 **Pick** **Car S.O.S** New edition Tim Shaw and Fuzz Townshend visit Milton Keynes to rescue a Ford Model A, a car that has only just managed to survive its 90 years.

10.00 **Sarah Millican: Control Enthusiast** A stand-up performance by the comedian.

11.05 **24 Hours in A&E** A 64-year-old woman arrives at King's after experiencing respiratory failure.
 12.10 AM **8 Out of 10 Cats Does Countdown** Word game. Sean Lock and Katherine Ryan take on Jon Richardson and Joe Wilkinson.
 1.10 **Car S.O.S** See 9.00pm.
 2.10 **24 Hours in A&E** See 11.05pm.
 3.15 to 3.45 AM **Food Unwrapped**

Drama

FV 20 Sky 143 Freesat 158 Virgin 130

7.10 AM **Soldier, Soldier** 9.00 **The Bill**
 10.00 **Holby City** 11.00 **Casualty**
 12.00 NOON **The Bill** 1.00 PM **EastEnders**
 2.20 **London's Burning** Drama series.
 3.20 **Monarch of the Glen** Drama series.
 4.20 **Bergerac** Detective drama series.
 5.25 **Bread** Adrian becomes a hero.
 6.00 **Hi-de-Hi!** Comedy series.
 6.40 **As Time Goes By** Comedy.
 7.20 **Last of the Summer Wine** Lenny Cliff return to the village. Guest stars Tommy Cannon and Bobby Ball.
 8.00 **Dalziel & Pascoe** For Love Nor Money: Detective drama starring Warren Clarke and Colin Buchanan. A retired detective is found dead.
 10.00 **New Tricks** Sandra discovers that her father committed suicide while under investigation for corruption.
 11.20 **Waking the Dead** Thin Air: Crime drama series starring Trevor Eve. Thirteen years after a teenage girl was murdered, Boyd uncovers crucial evidence in the case.
 1.50 AM **The Bill** Police drama series.
 2.40 to 4.00 AM **London's Burning**

Dave

FV 19 Sky 111 Freesat 157 Virgin 127 (227 HD)

7.10 AM **Eat Your Heart Out with Nick Helm** Double-bill of the series.
 8.00 **American Pickers** Salvage series.
 9.00 **Storage Hunters UK** Double-bill.
 10.00 **American Pickers** Double-bill.
 12.00 NOON **Timber Kings**
 1.00 PM **Top Gear** With Michael Sheen.
 2.00 **Border Force: America's Gatekeepers** Documentary series.
 3.00 **Scrapyard Supercar**
 4.00 **Top Gear** James May looks for a new way of transporting caravans.
 5.00 **Top Gear** Richard Hammond tries his hand at airport-vehicle racing.
 6.00 **Taskmaster** Kerry Godliman and Jessica Knappett resort to violence.

7.00 **Room 101** Double-bill of the series. With Ross Kemp, Sophie Ellis-Bextor and Rob Beckett.
 7.40 Ricky Wilson, Joe Lycett and Zoe Lyons share their pet hates.

8.20 **Have I Got a Bit More News for You** Martin Clunes hosts an extended edition of the satirical quiz from 2017. With guests Jon Richardson and Kirsty Wark.

9.20 **QI** Comedy panel game hosted by Stephen Fry. Andy Hamilton, Rich Hall, Phill Jupitus and regular Alan Davies answer a series of questions on the topic of Happiness.

10.00 **Room 101** Lucy Porter, Romesh Ranganathan and Robert Rinder discuss some of their pet hates.
 10.40 **Meet the Richardsons** Jon is given career advice from Jack Dee.

11.20 **Mock the Week** An edition of the topical quiz from 2011. With Miles Jupp, Ava Vidal and Carl Donnelly.
 12.00 M'T **Taskmaster** See 6.00pm.
 1.00 AM **Have I Got a Bit More News for You** See 8.20pm.
 2.00 **QI** See 9.20pm.
 2.40 **Go 8 Bit: DLC** Double-bill of *Dara Ó Briain's Go 8 Bit's* companion series.
 3.30 to 4.00 AM **The Indestructibles**

Pick

FV 11 Sky 152 Freesat 144 Virgin 165

7.00 AM **Motorway Patrol** 8.00 **Police Force: Australia** 9.00 **Nothing to Declare** 10.00 **Border Security: Canada's Front Line** Double-bill.
 11.00 **Road Wars** 11.30 **Caught Red Handed** 1.00 PM **Police Force: Australia** 2.00 **Border Patrol**
 3.00 **Nothing to Declare** 4.00 **Border Security: Canada's Front Line**
 5.00 **Stargate SG-1** (S1, ep11)
 6.00 **Star Trek: The Next Generation**
 7.00 **Hawaii Five-0** US drama. (S6, ep6)
 8.00 **Elementary** US drama. (S5, ep4)
 9.00 **Britain's Most Evil Killers** The story of 21-year-old killer David Heiss.
 10.00 **Murders That Shocked the Nation**
 11.00 **The Force: Essex** Documentary.
 12.00 M'T **Banged Up Abroad**
 1.00 AM **Road Wars** Documentary.
 2.00 **Nothing to Declare** Double-bill.
 3.00 **Stop, Search, Seize** Documentary.
 4.00 **Motorway Patrol** Double-bill.
 5.00 to 6.00 AM **Highway Patrol**

more freeview

Yesterday



FV 25 Sky 155 Freesat 159 Virgin 129

- 6.00 AM **Secrets of the Bible**
- 7.10 **Secrets of the Railways**
- 8.00 **Forbidden History**
- 9.00 **Secret Nazi Bases**
- 10.00 **Nazi Victory: The Post-War Plan** Recreation.
- 11.00 **Underground Worlds**
- 12.00 NOON **Impossible Railways** Metro systems.
- 1.00 PM **Secrets of Britain**
- 2.00 **The Lakes: Walking Through History**
- 3.00 **Underground Worlds**
- 4.00 **Impossible Railways**
- 5.00 **Secret Nazi Bases**
- 6.00 **Nazi Victory: The Post-War Plan** Transport schemes.

Sony Channel



FV 48 Sky 157 Freesat 142 Virgin 189

- Not available nationwide on Freeview*
- 6.10 AM **The Waltons**
 - 7.10 **Hart to Hart** Double-bill.
 - 9.10 **Days of Our Lives**
 - 10.00 **Hart to Hart** Drama.
 - 11.00 **Charlie's Angels**
 - 12.00 NOON **Starsky & Hutch**
 - 1.00 PM **T.J. Hooker**
 - 2.00 **Hart to Hart** Double-bill.
 - 4.00 **Murder, She Wrote** Jessica lectures at an Ivy League private college.
 - 5.00 Jessica helps a teenage tennis player.
 - 6.00 **Charlie's Angels** Jill sets out to expose a murderer who is killing models.

Quest

QUEST

FV 12 Sky 144 Freesat 167 Virgin 169

- 6.00 AM **How Do They Do It?**
- 6.20 **American Pickers**
- 7.10 **Deadliest Catch**
- 8.00 **Gold Divers**
- 9.00 **Outback Truckers**
- 10.00 **Wheeler Dealers**
- 11.00 **Chasing Classic Cars**
- 12.00 NOON **American Pickers**
- 1.00 PM **Railroad Alaska**
- 2.00 **Deadliest Catch**
- 3.00 **Gold Divers**
- 4.00 **Salvage Hunters**
- 5.00 **Outback Truckers** Nick and Jo battle storms.
- 6.00 **Motorcycling** Highlights of the Grand Prix of Qatar at Losail International Circuit.

Really

REALLY

FV 17 Sky 142 Freesat 160 Virgin 128

- 6.00 AM **Fantasy Homes by the Sea** Abruzzo in Italy.
- 7.00 **Home Shopping**
- 8.00 **Homes Under the Hammer**
- 10.00 **Celebrity Antiques Road Trip** See 6.00pm.
- 11.00 **Antiques Road Trip**
- 1.00 PM **Celebrity Fantasy Homes** Shane Lynch.
- 2.00 **Fantasy Homes by the Sea** Abruzzo in Italy.
- 3.00 **French Collection**
- 4.00 **DIY SOS: The Big Build**
- 6.00 **Celebrity Antiques Road Trip** Sian Williams and Carol Kirkwood hunt for bargain items in Essex.

7 PM

- 7.00 **Underground Worlds** Exploring the military headquarters built beneath Dover Castle during World War Two.

8 PM

- 8.00 **Chris Tarrant: Extreme Railway Journeys** The presenter sets off from Nagasaki as he explores Japan by rail.

9 PM

- 9.00 **Bangers and Cash** A collection of British classics – including a Hillman Avenger Estate – comes up for auction.

10 PM

- 10.00 **Trains That Changed the World** The historical importance of freight trains, including vehicles that are four-miles long.

- 11.00 **The Two Ronnies** Featuring *Tearful Party Guest*.
- 11.55 With music from guest Clodagh Rogers.
- 12.30 AM **Nazi Victory: The Post-War Plan** Transport.
- 1.30 **Secrets of the Bible**
- 2.25 to 3.00 AM **David Attenborough's Natural Curiosities**

- 7.00 **M*A*S*H** Four episodes of the series. Charles is sent to the front. (S9, ep14)
- 7.30 A practical joke backfires. (S9, ep15 of 20)
- 8.00 The medics attempt to reduce Potter's blood pressure. (S9, ep16 of 20)
- 8.30 Hawkeye has a sneezing fit. (S9, ep17)

- 9.00 **Classic Who Wants to Be a Millionaire?** Four editions of the quiz, hosted by Chris Tarrant, in which contestants answer questions that could alter their lives – with Ask the Audience, Phone a Friend and 50-50 available to them if they get stuck.

- 1.00 AM **M*A*S*H** Double-bill of the US comedy series. (S2, ep4) 1.30 (S2, ep5)
- 2.00 **Charlie's Angels** As shown at 6.00pm.
- 3.00 **M*A*S*H** (S8, ep4)
- 3.30 **The Waltons** Drama.
- 4.20 **Touched by an Angel**
- 5.10 to 6.00 AM **Highway to Heaven**

- 7.00 **American Pickers** A look back at some of Mike Wolfe and Frank Fritz's finest finds and most premium picks.

- 8.00 **Salvage Hunters** Drew Pritchard travels to Staffordshire, where he gains access to a private collection of a pub owner.

- 9.00 **Outback Opal Hunters** *New edition* Old partners Col Duff and Aaron Grotjahn reunite on a prospecting mission.

- 10.00 **Deadliest Catch** The *Time Bandit* crew celebrates the festive season – but a deckhand goes on the rampage.

- 11.00 **How Do They Do It?** Making coloured crayons.
- 11.30 Next-generation electric race-cars.
- 12.00 M'T **Wheeler Dealers**
- 1.00 AM **Outback Truckers**
- 2.00 **American Chopper**
- 3.00 **Fantomworks**
- 4.00 **Dirty Jobs** Gourd Maker.
- 5.00 to 6.00 AM **How It's Made**

- 7.00 **Antiques Road Trip** Philip Serrell and Christina Trevanion begin their tour at Castle Douglas in Dumfries and Galloway.

- 8.00 **Antiques Road Trip** Christina Trevanion and Philip Serrell begin the second leg of their journey, travelling across Cumbria.

- 9.00 **Saving Lives at Sea** *New edition* A crew must improvise when a local paraglider crash-lands at the bottom of steep cliffs.

- 10.00 **Cops UK: Bodycam Squad** Dan and Anna trail a driver refusing to stop after they spot him crashing into a parked car.

- 11.00 **Helicopter ER** The team receives back-up from Army combat medics.
- 12.00 M'T **Ghost Adventures** Reports of the ghost of George Washington.
- 1.00 AM **Most Haunted**
- 2.00 **Home Shopping**
- 4.00 to 6.00 AM **Antiques Road Trip**

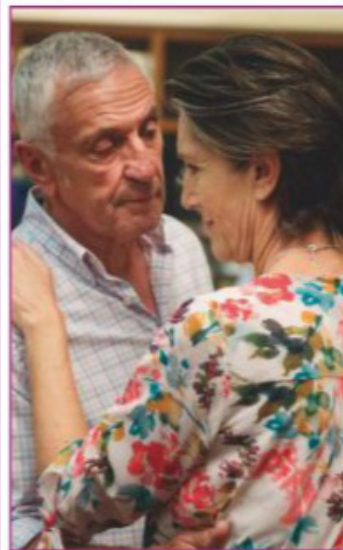
Picks of the day



Blue Bloods

Sky Witness, 10.00pm

Baez and Danny are forced to turn to a retired former gangster for help with their latest investigation.



The End

Sky Atlantic, 10.05pm

Edie experiences a new lease of life at the retirement village, and gets closer to Dawn's husband.

Sony Movies



FV 32 Sky 321 Freesat 302 Virgin 425

- 9.00 AM **Film Maternal Obsession** Crime thriller. (2010, 12) ★★
- 10.55 **Film Stolen Dreams** Thriller. (2016, PG) ★★
- 1.00 PM **Film Abducted Love** Thriller. (2016, PG) ★
- 2.55 **Film The Bad Twin** Thriller. (2016, PG) ★★
- 5.05 **Film Rat Race** Comedy caper starring Rowan Atkinson. (2001, 12) ★★
- 7.10 **Film Are We Done Yet?** Comedy sequel starring Ice Cube. (2007, PG) ★★
- 9.00 **Film Pitch Black** Sci-fi adventure starring Vin Diesel. (1999, 15) ★★ ★★ See Filmweek, page 31
- 11.10 **Film Bunraku** Action adventure starring Josh Hartnett. (2010, 15) ★★
- 1.40 AM **Film Halo 4: Forward Unto Dawn** Sci-fi. (2012, 15) ★★
- 3.25 to 4.20 AM **Film A League of Their Own** Drama. (1992, PG) ★★ ★★

Sony Movies Classic



FV 50 Sky 319 Freesat 303 Virgin 424

- 6.00 AM **Film Journey into Fear** (1942, U.) ★★ ★★
- 7.25 **Film Convicted** Drama. (1950, PG, b&w) ★★
- 9.20 **Film Footsteps in the Fog** (1955, PG) ★★
- 11.10 **Film Loss of Innocence** Drama. (1961, PG) ★★
- 1.20 PM **Film Gandhi** Biopic. (1982, PG) ★★ ★★
- 5.05 **Film The Wild One** (1953, PG, b&w) ★★ ★★
- 6.45 **Film On the Waterfront** Drama starring Marlon Brando and Karl Malden. (1954, PG, b&w) ★★ ★★
- 9.00 **Film Play Misty for Me** Thriller. (1971, 15) ★★ ★★
- 11.10 **Film Eyes of Laura Mars** Thriller. (1978, 15) ★★
- 1.10 AM **Film Twice a Judas** Western. (1969, 15) ★★
- 3.00 **Film Mayflower: The Pilgrims' Adventure** Adventure. (1979, 12) ★
- 4.35 to 6.00 AM **Film Machine Gun Kelly** Drama. (1958, 12) ★★

Challenge



FV 46 Sky 151 Freesat 146 Virgin 164

- 7.00 AM **Catchphrase**
- 7.30 **Deal or No Deal**
- 9.00 **The Chase** Quiz series.
- 10.00 **Dale's Supermarket Sweep** Game show.
- 11.00 **Bruce's Price Is Right**
- 12.00 NOON **Wheel of Fortune**
- 1.00 PM **Catchphrase**
- 2.00 **Family Fortunes**
- 2.30 **All Star Family Fortunes**
- 4.00 **Bullseye** Darts-based quiz.
- 5.00 **Golden Balls** Quiz series.
- 6.00 **Weakest Link** Quiz series hosted by Anne Robinson.
- 7.00 **Pointless** Quiz series with Alexander Armstrong.
- 8.00 **Impossible** Quiz series hosted by Rick Edwards.
- 9.00 **The Chase** Quiz series hosted by Bradley Walsh.
- 10.00 **Who Wants to Be a Millionaire?** Quiz series.
- 11.00 **Bullseye** Darts-based quiz.
- 12.00 M'T **Classic Who Wants to Be a Millionaire?**
- 1.00 AM **The Chase** Quiz series.
- 4.00 to 6.00 AM **Deal or No Deal**

Quest Red



FV 38 Sky 149 Freesat 169 Virgin 170

- 6.00 AM **Say Yes to the Dress**
- 7.00 **Bondi Vet** Reality series.
- 8.00 **Animal Cops** Phoenix
- 10.00 **Money for Nothing**
- 11.00 **Forensic Detectives**
- 12.00 NOON **Disappeared**
- 2.00 PM **Murder Comes to Town** Documentary.
- 3.00 **Say Yes to the Dress: Australia** Reality series.
- 5.00 **Say Yes: Wedding SOS**
- 6.00 **Money for Nothing**
- 7.00 **Posh Pawnbrokers**
- 8.00 **My 600lb Life: Where Are They Now?**
- 9.00 **Sister Wives** *New edition* Dayton goes into surgery after injuring his eyelid.
- 10.00 **Curvy Brides Boutique**
- 11.00 **FBI Case Files**
- 12.00 M'T **Forensic Detectives**
- 1.00 AM **Crime Stories**
- 2.00 **Murder Comes to Town**
- 3.00 **FBI Files** Documentary.
- 3.50 **Animal Cops** Phoenix
- 4.40 **Bondi Vet** Documentary.
- 5.30 to 6.00 AM **Say Yes to the Dress**

Paramount Network



FV 31 Sky 150 F'sat 132 Vir 188 (187 HD)

- 9.00 AM **The A-Team**
- 11.00 **Knight Rider** Double-bill.
- 1.00 PM **Police Interceptors**
- 3.00 **Traffic Cops** Double-bill.
- 5.00 **The A-Team** The gang takes on a cocaine-smuggling ring. (S2, ep14)
- 6.00 The gang helps a reporter. (S2, ep15)
- 7.00 **Police Interceptors** An officer is on duty at Spalding's flower show.
- 8.00 **Trucking Hell** The team is called to upright an artic.
- 9.00 **Yellowstone** *New episode* Monica begins a tough recovery. (S1, ep8 of 10)
- 10.00 **Film Red Heat** Action thriller starring Arnold Schwarzenegger. (1988, 18) ★★
- 12.15 AM **Spartacus: War of the Damned** (S4, ep4)
- 1.25 **Airwolf** Double-bill.
- 3.20 **The X-Files** Double-bill.
- 4.50 **Knight Rider** (S3, ep17)
- 5.35 to 6.00 AM **Criminals: Caught on Camera**

PRIME-TIME

Sky One 

Sky 106 Virgin 110 (109 HD)

6.00 AM **Monkey Life**
 7.00 **RSPCA Animal Rescue**
 8.00 **The Dog Whisperer**
 9.00 **Stop, Search, Seize**
 10.00 **Highway Patrol**
 11.00 **NCIS: Los Angeles**
 1.00 PM **Hawaii Five-0**
 3.00 **MacGyver** (S2, ep11)
 4.00 **Modern Family** Double-bill.
 5.00 **The Simpsons** Animation.
 5.30 **Futurama** The government hands out a \$300 tax rebate to all Earthicans.
 6.00 Fry is beamed aboard a spaceship.
 6.30 **The Simpsons** Selma flies to China to adopt a baby.

Sky Witness 

Sky 107 Virgin 112 (111 HD)

6.00 AM **Nothing to Declare**
 8.00 **The Real A&E**
 9.00 **Blue Bloods** (S7, ep10)
 10.00 **Criminal Minds** (S12, ep6)
 11.00 **CSI: Crime Scene Investigation** (S6, ep17)
 12.00 NOON **Elementary**
 1.00 PM **Blue Bloods** (S7, ep11)
 2.00 **Law & Order** (S12, ep12)
 3.00 **The Real A&E**
 4.00 **Stop, Search, Seize** Documentary series.
 5.00 **Nothing to Declare** Back-to-back editions of the series following the daily work of customs officers in Australia.

Sky Atlantic 

Sky 108

6.00 AM **The Guest Wing**
 7.00 **Without a Trace**
 10.00 **The West Wing** US drama. (S3, ep7) 11.00 (S3, ep8)
 12.00 NOON **Blue Bloods**
 1.00 PM **CSI: Crime Scene Investigation** (S6, ep4)
 2.00 **The West Wing** US drama. (S3, ep9) 3.00 (S3, ep10)
 4.00 **Without a Trace** A psychic goes missing. (S3, ep19)
 5.00 **Without a Trace** An investigation leads to a previous case. (S3, ep20)
 6.00 **Without a Trace** Danny's brother is reported missing. (S3, ep21 of 23)

GOLD 

Sky 110 Virgin 124

7.25 AM **The Piglet Files**
 7.50 **As Time Goes By**
 8.25 **The Good Life**
 9.00 **Porridge** Prison comedy.
 9.40 **Hi-de-Hi!** Comedy series.
 10.20 **Last of the Summer Wine**
 12.20 PM **Keeping Up Appearances** Comedy.
 1.00 **Porridge** Prison comedy.
 1.40 **Hi-de-Hi!** Comedy series.
 2.20 **The Good Life** Comedy.
 3.00 **Keeping Up Appearances**
 3.40 **Dad's Army** Comedy.
 4.20 **Last of the Summer Wine** Triple-bill of the comedy.
 6.20 **The Good Life** Margo tries to master pottery.

W 

Sky 109 Virgin 125 (211 HD)

6.10 AM **MasterChef Australia**
 7.00 **My Dream Home**
 8.00 **Tipping Point** Double-bill.
 10.00 **The Bill** Police drama.
 11.00 **Supernanny US**
 12.00 NOON **Tipping Point**
 2.00 PM **My Dream Home** Triple-bill. A couple want a large urban home where they can raise a family.
 3.00 The Scott twins help a couple who need to find their dream home quickly.
 4.00 New parents need the brothers' help in finding a suburban home.
 5.00 **Tipping Point** Double-bill.

7.00 **The Simpsons** Homer moves into a camper van parked in the backyard.
 7.30 Marge arranges for a concert hall to be built.

8.00 **Flintoff: Lord of the Fries** 3 of 6. Andrew Flintoff and Rob Penn visit the West Country, and go surfing on the Severn Bore.

9.00 **Film Jack Reacher** Action thriller. A former military police investigator takes on the case of a random shooting for which an army sniper has been framed. Stars Tom Cruise, Rosamund Pike and Richard Jenkins. (2012, 15) ★★★

7.00 **Nothing to Declare** Documentary following the working lives of customs and immigration officers at Australia's airports.

8.00 **Ghost Whisperer** Melinda is transported by a ghost into a jungle, where she uncovers a new mystery. (S2, ep11)

9.00 **Criminal Minds** **New episode** The BAU team investigates what appears to be a copycat killer in Illinois. (S15, ep5)

10.00 **Pick Blue Bloods** **New episode** Danny and Baez need a mobster's help, and Frank makes a discovery. (S10, ep2)

7.00 **CSI: Crime Scene Investigation** The team investigate when a family disappears without trace. (S6, ep5)

8.00 **Blue Bloods** Danny and Jackie investigate a shooting – and discover a uniformed police officer is chief suspect. (S2, ep11)

9.00 **The Outsider** **New episode** Last in the thriller series. The group finds itself in a climactic showdown. (S1, ep10)

10.05 **Pick The End** **New episode** A difficult decision unexpectedly gives Edie a new lease of life. (S1, ep5 of 10)

7.00 **Porridge** The inmates of Slade Prison are shocked to discover that there is a thief in their midst.

7.40 **Dad's Army** The troops are selected to appear in an army training film.
 8.20 Private Pike receives his call-up papers – much to the horror of his mother.

9.00 **Gavin & Stacey** First episode of the comedy. Stacey travels to London to meet Gavin in person.

9.40 **Mrs Brown's Boys** Agnes goes on a diet after comments about her weight from the family.

10.20 **Live at the Apollo** Lee Mack and Rich Hall.

7.00 **New Property Brothers: Forever Home** The Scotts help newlyweds improve their home's cramped layout.

8.00 **The Wedding Fixer** Sarah Haywood is in Canterbury to help a busy couple who want a low-cost Indian fusion wedding.

9.00 **One Born Every Minute** New arrivals at Southmead include nervous first-time parents and a Mormon couple.

10.00 **One Born: What Happened Next?** Documentary revisiting some of the series' most memorable parents.

11.25 **The Trip to Greece**
 12.35 AM **Avenue 5** (S1, ep7)
 1.10 **Strike Back: Vendetta** The team embarks on a dangerous mission aboard a train. (S8, ep2)
 2.10 **A League of Their Own**
 3.10 **Jett** (S1, ep9)
 4.30 **Stop, Search, Seize**
 5.30 to 6.00 AM **Futurama**

11.00 **Law & Order: Special Victims Unit** (S15, ep24)
 12.00 M'T **CSI: Crime Scene Investigation** (S6, ep21)
 1.00 AM **The Good Doctor**
 2.00 **Law & Order: SVU**
 3.00 **Blue Bloods** (S7, ep12)
 4.00 **Ghost Whisperer** As 8pm.
 5.00 to 6.00 AM **Shades of Blue**

10.40 **True Blood** Double-bill. Jessica's transformation is completed. (S1, ep11)
 11.50 The identity of the killer is revealed. (S1, ep12)
 1.00 AM **The L Word: Generation Q** (S1, ep5)
 2.10 **Oz** Quiz series. (S4, ep16)
 3.25 **Californication** (S2, ep6)
 4.00 to 6.00 AM **The West Wing**

11.20 **Sandylands** 1 of 3. A woman reluctantly visits her home town.
 12.00 M'T **Peep Show** Mark and Jeremy throw a party.
 12.35 AM Mark attempts to learn how to drive.
 1.10 **Gavin & Stacey** As 9pm.
 1.50 **Live at the Apollo**
 2.40 to 4.00 AM **Peep Show**

11.00 **Inside the Ambulance** Paramedics help a man who is having an anxiety attack in the street.
 12.00 M'T **One Born Every Minute** Documentary.
 1.00 AM **Emily Attack: Adulthood**
 1.50 **Code Black** (S3, ep10)
 2.35 to 3.00 AM **Renovate My Home: Leave It to Bryan**

Sky Crime 

Sky 121 Virgin 136 (135 HD)

6.00 AM **Motorway Patrol**
 7.00 **Highway Cops** Double-bill.
 8.00 **Border Security**
 9.00 **Send in the Dogs**
 10.00 **Road Wars** 11.00 **Brit Cops: Frontline Crime UK**
 12.00 NOON **Highway Cops**
 1.00 PM **A Lie to Die For**
 2.00 **Killer Colleagues**
 3.00 **Border Security: Canada's Front Line** 4.00 **Road Wars**
 5.00 **Brit Cops: Rapid Response**
 6.00 **Send in the Dogs**
 7.00 **Snapped** Marissa Wright.
 8.00 **A Lie to Die For**
 9.00 **Killer Lovers** **New edition** A man is found dead in a warehouse at work.
 10.00 **Snapped** **New edition**
 11.00 **World's Most Evil Killers**
 12.00 M'T **Murders That Shocked the Nation**
 1.00 AM **World's Most Evil Killers** 2.00 **Snapped**
 3.00 **Murder Calls**
 4.00 **Brit Cops: Rapid Response**
 5.00 to 6.00 AM **Motorway Patrol**

Alibi 

Sky 132 Virgin 126 (212 HD)

7.10 AM **Murdoch Mysteries** Triple-bill of the series.
 10.00 **The Guardian** (S1, ep4)
 11.00 **Sue Thomas: FB Eye**
 12.00 NOON **Major Crimes**
 1.00 PM **Rush** Double-bill.
 3.00 **Murdoch Mysteries** Triple-bill of the series.
 6.00 **Major Crimes** (S4, ep3)
 7.00 **Motive** A murder case unveils dark secrets about two married couples.
 8.00 **Motive** Detective Vega faces difficult surgery.
 9.00 **Murdoch Mysteries** **New episode** A woman is injured in a fall – and the detective's suspicion soon falls on her family.
 10.00 **Ms Fisher's Modern Murder Mysteries** A murder is committed at a cookery school.
 11.00 **New Tricks** Danny looks into the murder of a modern-day Miss Marple.
 12.20 AM **Murdoch Mysteries**
 1.20 to 4.00 AM **Bite Club**

Discovery 

Sky 125 Virgin 250

6.00 AM **Combat Dealers**
 7.00 **Tony Robinson's World War One** 8.00 **Kindig Customs** 9.00 **Jeremy Wade's Dark Waters**
 10.00 **Nasa's Unexplained Files**
 11.00 **Fast N' Loud**
 12.00 NOON **Gold Rush: Dave Turin's Lost Mine**
 1.00 PM **Alaska: Last Frontier**
 2.00 **Combat Dealers**
 3.00 **World War Two**
 4.00 **Building Off the Grid**
 5.00 **Wheeler Dealers**
 6.00 **Fast N' Loud**
 7.00 **Outback Truckers**
 8.00 **Texas Metal** **New edition**
 9.00 **Wheeler Dealers** **New edition** Volvo Amazon 122.
 10.00 **Twin Turbos** **New edition**
 11.00 **Dirty Mudder Truckers** **New edition** Reality series.
 12.00 M'T **Wheeler Dealers**
 1.00 AM **Twin Turbos**
 2.00 **Deadliest Catch**
 3.00 **Wheeler Dealers**
 3.50 **Kindig Customs**
 5.30 to 6.00 AM **How It's Made**

Sky Comedy 

Sky 113 Virgin 122 (121 HD)

8.00 AM **Everybody Hates Chris**
 9.00 **Parks and Recreation**
 10.30 **30 Rock** Triple-bill.
 12.00 NOON **The Mindy Project** **New episodes** Triple-bill.
 1.30 PM **Modern Family**
 2.30 **Everybody Hates Chris**
 3.30 **Parks and Recreation**
 5.00 **30 Rock** Triple-bill.
 6.30 **Modern Family** Double-bill.
 7.30 **The Mindy Project** Triple-bill of the comedy.
 9.00 **Miracle Workers** **New episode** Last in the comedy series. (S1, ep7)
 9.30 **A.P. Bio** **New episode** Jack gets an offer to write a book. (S1, ep7)
 10.00 **Last Week Tonight with John Oliver** **New edition**
 10.35 **Real Time with Bill Maher** **New edition** Chat show.
 11.45 **New Bill Maher: The Decider** Comedy.
 12.55 AM **Entourage** (S3, ep15)
 1.25 **Silicon Valley** 2.00 **Veep**
 2.35 **Girls** Double-bill.
 3.45 to 5.00 AM **30 Rock**

Fox 

Sky 124 Virgin 157 (199 HD)

8.00 AM **Republic of Doyle**
 9.00 **Bones** (S2, ep8)
 10.00 **Bull** (S2, ep2)
 11.00 **NCIS** (S12, ep21)
 12.00 NOON **Bones** Double-bill.
 2.00 PM **The Mentalist**
 3.00 **NCIS** (S12, ep22)
 4.00 **Bull** US drama. (S2, ep3)
 5.00 **Bones** (S2, ep11)
 6.00 **The Mentalist** (S7, ep9)
 7.00 **NCIS** The team tackles a terror group. (S12, ep23)
 8.00 **NCIS** Dorneget's mother joins the fight against the Calling. (S12, ep24)
 9.00 **The Walking Dead** **New episode** The communities must decide whether to run or fight as Hilltop is threatened. (S10, ep11)
 10.00 **Talking Dead** **New edition**
 11.00 **American Dad!** Double-bill.
 12.00 M'T **Family Guy**
 1.00 AM **American Dad!**
 2.00 **Family Guy** Double-bill.
 3.00 **American Dad!** Double-bill.
 4.00 to 5.00 AM **Republic of Doyle**

(BT) SPORT 1

Sky 413 Virgin 527

- 6.00 AM **Football** Europa League.
 6.30 **Football** Champions League.
 7.00 **WWE SmackDown** US wrestling.
 8.00 **WWE NXT UK** US wrestling.
 9.00 **Premier League Review**
 10.00 **Football** Liverpool v Bournemouth.
 11.30 **Football** Harrogate v Bromley.
 1.00 PM **Football** National League.
 1.30 **Premier League Review**
 2.30 **Premier League World**
 3.00 **French Football** Ligue 1 review.
 4.00 **WWE Raw** US wrestling action.
 6.00 **Premier League Review**
 7.00 **Football** Scottish Premiership.
 7.15 **Early Kick-Off** Saturday's edition.
 7.30 **Live German Football**
VfB Stuttgart v Arminia Bielefeld.
 Coverage of the Bundesliga 2 match staged at the Mercedes Benz Arena, kick-off 7.30pm.
 9.30 **German Football** Bundesliga.
 10.30 **Premier League World**
 11.00 **WWE Raw Highlights** Wrestling.
 12.00 M'T **WWE SmackDown Highlights**
 1.00 AM **Live WWE Monday Night Raw**
 Wrestling coverage from the US.
 4.15 **Early Kick-Off** Saturday's edition.
 4.30 **Football** Scottish Premiership.
 4.45 **BT Sport Goals Reload** BT highlights.
 5.00 to 6.00 AM **Australian Football**

(BT) SPORT 2

Sky 414 Virgin 528

- 6.00 AM **Motorcycling** The Moto3, Moto2 and MotoGP races at the Grand Prix of Qatar from the Losail Circuit – the opening round of the season.
 9.00 **Motorcycling Chequered Flag**
 10.00 **Rugby Union** Premiership action.
 12.30 PM **Squash** Windy City Open.
 1.30 **Badminton** Highlights of the German Open finals from Mülheim.
 3.30 **Italian Football** Highlights of the Coppa Italia semi-final, second-leg matches, featuring Juventus v AC Milan and Napoli v Inter Milan.
 4.00 **Motorcycling** The Moto3, Moto2 and MotoGP races at the Grand Prix of Qatar from the Losail Circuit – the opening round of the season.
 7.00 **Motorcycling Chequered Flag**
 8.00 **Rallying** Rally Mexico preview.
 8.30 **Football** Champions League.
 9.00 **Fishing: On the Bank**
 10.00 **Dan Hardy's Open Mat**
 10.30 **UFC** Saturday night's middleweight bout between Israel Adesanya and Yoel Romero held in Las Vegas.
 1.30 AM **Rallying** Rally Mexico preview.
 2.00 **Poker** World Tour Series highlights.
 4.00 **Motorcycling** Grand Prix of Qatar.
 5.00 to 6.00 AM **Motorcycling Chequered Flag**

(BT) SPORT 3

Sky 417 Virgin 529

- 6.00 AM **German Football** Highlights of the weekend's Bundesliga matches, including: SC Paderborn v FC Cologne, Bayer Leverkusen v Eintracht Frankfurt, Hertha Berlin v Werder Bremen, SC Freiburg v Union Berlin, Schalke 04 v TSG 1899 Hoffenheim, VfL Wolfsburg v RB Leipzig, Borussia Mönchengladbach v Borussia Dortmund, Bayern Munich v FC Augsburg and FSV Mainz 05 v Fortuna Düsseldorf.
 6.30 PM **French Football** Ligue 1.
 7.30 **Rugby Union** Premiership action, including Bristol v Harlequins, Exeter Chiefs v Bath, Saracens v Leicester and Wasps v Gloucester.
 10.00 **BT Sport Score Best Bits**
 10.30 **BT Sport Goals Reload**
 11.00 **Australian Football** A-League.
 12.00 M'T to 6.00 AM **German Football**

sky sports MAIN EVENT

Sky 401 Virgin 511 (501 HD)

- 6.00 AM **Good Morning Sports Fans**
 10.00 **Football Centre** The latest news.
 11.30 **Ref Watch** The weekend's incidents.
 12.00 NOON **Sky Sports News**
 Round-up of the day's talking points.
 5.00 PM **Sky Sports News at 5**
 Latest sports news and updates.
 6.00 **Sky Sports News at 6**
 Latest sports news and updates.
 6.30 **Golf** A preview of this year's Players Championship, which starts on Thursday at TPC Sawgrass.
 7.00 **Pick Live Football**
Leicester City v Aston Villa.
 Coverage of the Premier League match staged at the King Power Stadium, kick-off 8.00pm. Two goals from Jamie Vardy either side of strikes from Kelechi Iheanacho and Jonny Evans helped the Foxes to a 4-1 win over their Midlands rivals at Villa Park in December. Jack Grealish scored for Dean Smith's side but they could not prevent Leicester making it a club record eight Premier League wins on the trot as Brendan Rodgers' team kept the pressure on Liverpool.
 11.00 **Basketball** The Warm Up.
 12.00 M'T to 6.00 AM **Sky Sports News**

sky sports FOOTBALL

Sky 403 Virgin 513 (503 HD)

- 6.00 AM **Greatest Games** 7.00 **Football's Greatest** 7.30 **Football Countdowns**
 8.00 **Football Years** 8.30 **Greatest Games**
 8.45 **One2Eleven** 9.00 **SPFL Round-Up**
 9.15 **Greatest Games** 9.30 **EFL Play-Offs**
 10.30 **Greatest Games** 11.30 **Football's Greatest** 12.00 NOON **Countdowns**
 12.30 PM **Football Years** 1.00 **Greatest Games** 1.45 **One2Eleven**
 2.00 **EFL Play-Off Final Highlights**
 3.00 **Football's Greatest Players**
 3.30 **Football Countdowns**
 4.00 **Football Years** Past seasons.
 4.30 **EFL Play-Off Final Highlights**
 5.30 **Greatest Games** Archive action.
 6.00 **Best of Soccer AM** Highlights.
 6.30 **EFL Goals: Leagues 1 & 2**
 7.00 **EFL Highlights** Championship.
 7.30 **EFL Championship Highlights**
 9.00 **Best of Soccer AM**
 9.30 **EFL Goals: Leagues 1 & 2**
 10.00 **SPFL Round-Up** Scottish news.
 10.15 **SPFL Greatest Games**
 10.30 **MLS Round-Up** 11.00 **One2Eleven**
 11.15 **Greatest Games** 12.00 M'T **Football Years** 12.30 AM **Greatest Games**
 1.00 **Countdowns** 1.30 **Football Years**
 2.00 **Championship Season Review**
 3.00 **EFL Play-Off Final Highlights**
 5.00 to 6.00 AM **Carling Cup Finals**

sky sports THE PLAYERS

Sky 405 Virgin 515 (505 HD)

- 6.00 AM **Players Championship 2019**
 8.00 **PGA Tour Profiles** 8.15 **Players Championship 2007** 9.15 **PGA Tour Profiles** 9.30 **European Tour**
 10.30 **PGA Tour** Arnold Palmer Invitational.
 4.00 PM **Best of the Sky Zone**
 4.30 **European Tour** Qatar Masters.
 5.30 **Best of the Sky Zone** Highlights.
 6.00 **Rory's Review of 2019**
 6.30 **PGA Tour** A preview of this year's Players Championship at Sawgrass.
 7.00 **Players Championship 2019**
 9.00 **PGA Tour** Highlights of the Arnold Palmer Invitational from Bay Hill.
 10.00 **PGA Tour** As 6.30pm.
 10.30 **Rory's Review of 2019**
 11.00 **Feherty Talks to...** Rory McIlroy.
 12.00 M'T **PGA Tour** 1.00 AM **Feherty Talks to...** 2.00 **PGA Tour** 2.30 **Sky Zone**
 3.00 **PGA Tour** Arnold Palmer Invitational.
 4.00 to 6.00 AM **Players Championship**

sky sports PREM LEAGUE

Sky 402 Virgin 512 (502 HD)

- 6.00 AM **PL Greatest Games**
 7.00 **PL Legends** Andrew Cole.
 7.30 **Goals on Sunday** Yesterday's action.
 9.00 **Premier League Highlights**
 10.00 **Premier League Years**
 12.00 NOON **Premier League Highlights** Chelsea v Everton, Manchester United v Manchester City, Burnley v Tottenham Hotspur, Arsenal v West Ham United, Crystal Palace v Watford, Sheffield United v Norwich City, Wolves v Brighton and Southampton v Newcastle.
 5.00 PM **Best of Soccer AM** Highlights.
 5.30 **Premier League 100 Club**
 Strikes from Romelu Lukaku.
 6.00 **PL Legends** The careers of Thierry Henry and Ruud van Nistelrooy.
 7.00 **Pick Live**
Monday Night Football
Leicester City v Aston Villa.
 Premier League match at the King Power Stadium, kick-off 8.00pm.
 11.00 **Premier League 100 Club**
 Wayne Rooney and Thierry Henry.
 12.00 M'T **Monday Night Football**
 1.30 AM **Premier League Years**
 3.30 **PL Greatest Games** Archive action.
 4.00 **PL Best Goals** Double-bill.
 5.30 to 6.00 AM **Premier League 100 Club**

sky sports CRICKET

Sky 404 Virgin 514 (504 HD)

- 6.00 AM **Cricket's Greatest Games**
 7.00 **Best of England v Australia**
 7.50 **Ashes Greats** Memorable catches.
 8.00 **Cricket's Greatest Games**
 9.00 **The 2003 World Cup** See 3.00pm.
 12.00 NOON **Women's World T20**
 Highlights of yesterday's final of the tournament staged at the MCG.
 1.00 PM **Best of England v Australia**
 1.50 **Ashes Greats** Best catches.
 2.00 **Women's World T20**
 Highlights of yesterday's final of the tournament staged at the MCG.
 3.00 **The 2003 World Cup** Review of the tournament in South Africa, where Australia were the favourites.
 6.00 **Women's World T20** A full replay of the first semi-final held at the Sydney Cricket Ground.
 10.00 **The 2003 World Cup** Review of the tournament in South Africa, where Australia were the favourites.
 1.00 AM **Best of England v Australia**
 1.50 **Ashes Greats** Memorable catches.
 2.00 **Cricket's Greatest Games**
 3.00 **Best of England v Australia**
 3.50 **Ashes Greats** Memorable catches.
 4.00 **Cricket's Greatest Games**
 5.00 **Best of England v Australia**
 5.50 to 6.00 AM **Ashes Greats**

sky sports MIX

Sky 145 Virgin 520 (510 HD)

- 6.00 AM **My Icon** 7.00 **Sporting Records**
 8.00 **Sporting Greats** 9.00 **My Icon**
 10.00 **Basketball** NBA Champions 2014.
 11.00 **Women's Cricket** The semi-finals and final of the World T20.
 2.00 PM **Boxing** When Naz Hit New York.
 2.30 **Boxing Gold** David Haye bouts.
 3.00 **My Icon** Sporting heroes.
 3.45 **Netball** Storm v Pulse.
 5.45 **Women's Cricket** Action from the final of the World T20 in Melbourne.
 6.45 **Live Netball**
London Pulse v Celtic Dragons.
 Superleague match at the Copper Box Arena, centre-pass 7.00pm.
 8.45 **My Icon** Martin Offiah.
 9.00 **Women's Cricket** Action from the final of the World T20 in Melbourne.
 10.00 **Golf** Arnold Palmer Invitational.
 11.00 **Boxing** Joshua v Ruiz Jr.
 12.00 M'T to 6.00 AM **Masterclasses**

What's on
TVPick of
the day

Football: Leicester City v Aston Villa

SS Main Event/SS PL, 7.00pm

Striker Jamie Vardy and City are out to complete a league double over the Villa at the King Power Stadium this evening.

sky sports ACTION

Sky 407 Virgin 517 (507 HD)

- 6.00 AM **Boxing Gold** 7.00 **Sporting Records** 8.00 **NFL: America's Game**
 10.00 **Sporting Records** 11.00 **NFL**
 12.00 NOON **NFL: America's Game**
 1.00 PM **Sporting Records** Double-bill.
 2.00 **Boxing** Another chance to see Saturday night's bout between Scott Quigg and Jono Carroll.
 6.00 **NBC's Pro-Football Talk**
 8.00 **NFL: America's Game**
 1.00 AM **Super League Gold**
 2.00 **NFL: Greatest Games**
 3.30 **Legends of Darts** 4.00 **Records**
 5.00 to 6.00 AM **Sporting Greats**

sky sports ARENA

Sky 408 Virgin 518 (508 HD)

- 6.00 AM **Greats** 7.00 **Super League Gold**
 8.00 **Greats** 9.00 **Records** 10.00 **Boxing**
 11.00 **Super League Gold** Highlights.
 12.00 NOON **Sporting Greats** Profiles
 2.00 PM **NBA Classic Games**
 4.00 **Sporting Greats** Tendulkar.
 4.30 **Rugby League** Wolves v Tigers.
 4.45 **Netball** Storm v Pulse.
 6.45 **Live Netball** London Pulse v Celtic Dragons, centre-pass 7pm.
 8.45 **Basketball** Action and reports.
 12.00 M'T **NBA Classic Games** 1.00 AM **Records** 2.00 **Super League Gold**
 3.00 **Sporting Records** 4.00 **Greats**
 5.00 to 6.00 AM **Sporting Records**

EUROSPORT II

Sky 410 Virgin 521

- 6.00 AM **Skiing** 7.00 **Cycling** 8.00 **Snooker**
 10.05 **Cycling** 10.25 **Alpine Skiing**
 11.25 **Ski Jumping** 12.25 PM **Cycling**
 12.40 **Cycling** Paris-Nice stage one.
 1.40 **Live Cycling** Coverage of stage two of the Paris-Nice race.
 3.40 **Ski Jumping** HS134 from Oslo.
 4.00 **Alpine Skiing** From Kvitfjell.
 4.25 **Live Ski Jumping** The World Cup meeting from Lillehammer.
 5.45 **Biathlon** Action from Slovenia.
 6.45 **Alpine Skiing** In Ofterschwang.
 8.00 **Cycling** Paris-Nice stage two.
 9.00 **Ski Jumping** World Cup qualifying.
 10.00 **Biathlon** Action from Slovenia.
 11.00 **Cycling** Paris-Nice stage two.
 12.00 M'T **Cycling** 1.00 AM **Triathlon**
 1.30 **Snooker** 2.00 **Cycling** 4.00 **Ski Jumping** 5.00 to 6.00 AM **Skiing**

Premiere

Sky 301 Virgin 401

6.00 AM **Straight Up** (2019) ★★★
 7.45 **Killers Anonymous** Crime thriller. (2019, 15) ★
 9.30 **UFO** Sci-fi. (2018, 12) ★★★
 11.15 **This Changes Everything** Documentary. (2018) ★★★
 1.00 PM **Brightburn** See 8.00pm.
 2.45 **Doom: Annihilation** (2019)
 4.30 **We Die Young** (2019) ★★★
 6.15 **This Changes Everything** Documentary. (2018) ★★★

Comedy

Sky 308 Virgin 408

7.25 AM **Most Likely to Murder**
 9.10 **I Want Candy** (2007) ★★★
 10.50 **Better Start Running**
 12.30 PM **Talladega Nights: The Ballad of Ricky Bobby** Comedy. (2006, 15) ★★★★★
 2.40 **Zoolander** (2001) ★★★★★
 4.20 **Step Brothers** Comedy. (2008, 15) ★★★★★
 6.20 **Holmes & Watson** Mystery comedy. (2018, 12) ★

Action

Sky 311 Virgin 407

6.00 AM **Samson** See 1.00pm.
 8.00 **The Last Samurai** Action drama. (2003, 15) ★★★★★
 10.45 **King Arthur** See 7.15pm.
 1.00 PM **Samson** Drama starring Taylor James. (2017, 15) ★
 3.00 **Van Helsing** See 9.30pm.
 5.15 **Highlander** Fantasy action thriller. Immortal warriors do battle. Stars Christopher Lambert. (1986, 15) ★★★★★

Family

Sky 306 Virgin 406

6.25 AM **Nanny McPhee & The Big Bang** 8.55 **The Pirates! In an Adventure with Scientists** 10.30 **Planes**
 12.10 PM **Spider-Man: Into the Spider-Verse** See 8.00pm.
 2.10 **Open Season** (2006) ★★★★★
 3.40 **Open Season 2** (2008)
 5.05 **Open Season 3** (2010) ★★★
 6.25 **The Pirates! In an Adventure with Scientists**

RADIO

RADIO 1 FREEVIEW 700
 Sky 0101 Virgin 901 Freesat 700

4.00am Early Breakfast with Adele Roberts. 6.30 Greg James. 10.00 Clara Amfo. 12.45pm Newsbeat. 1.00 Scott Mills. 4.00 Nick Grimshaw. 7.00 Future Sounds with Annie Mac. 8.00 Power Down Playlist with Annie Mac. 9.00 Rickie, Melvin and Charlie. 11.00 Indie Show with Jack Saunders. 1.00am Drum & Bass Show with Rene LaVice. 3.00 Chill Mix. 3.30 to 4.00am Workout Anthems.

RADIO 2 FREEVIEW 702
 Sky 0102 Virgin 902 Freesat 702

5.00am Vanessa Feltz. 6.30 The Zoe Ball Breakfast Show. 9.30 Ken Bruce. 12.00noon Jeremy Vine. 2.00pm Steve Wright in the Afternoon. 5.00 Sara Cox. 7.00 Jo Whiley. 9.00 The Blues Show with Cerys Matthews. 10.00 Trevor Nelson's Rhythm Nation. 12.00m't OJ Borg. 3.00 to 5.00am Sounds of the 70s with Johnnie Walker.

RADIO 3 FREEVIEW 703
 Sky 0103 Virgin 903 Freesat 703

6.30am Breakfast. 9.00 Essential Classics. 12.00noon Composer of the Week: Beethoven Unleashed – At Home. 1.00pm Lunchtime Concert. 2.00 Afternoon Concert. 4.30 Early Music Now. 5.00 In Tune. 7.00 In Tune Mixtape. 7.30 Radio 3 in Concert: Mahler's Resurrection Symphony. 10.00 Music Matters. 10.45 The Essay. 11.00 Night Tracks. 12.30 to 6.30am Through the Night.

RADIO 4 FREEVIEW 704
 Sky 0104 Virgin 904 Freesat 704

6.00am Today. 9.00 Start the Week. 9.45 (FM) Book of the Week: The Peregrine. 9.45 (LW) Daily Service. 10.00 Woman's Hour. 11.00 Out of the Ordinary. 11.30 Loose Ends. 12.00noon News. 12.05pm The Call of the Wild. 12.15 You and Yours. 1.00 The World at One. 1.45 Living National Treasures. 2.00 The Archers. 2.15 Drama: This Thing of Darkness. 3.00 Round Britain Quiz. 3.30 The Food Programme. 4.00 Lift Going Up. 4.30 The Digital Human: The potential impact of advances in technology. 5.00 PM; Weather. 6.00 Six O'Clock News. 6.30 Nature Table: Comedy panel game hosted by Sue Perkins. 7.00 The Archers. 7.15 Front Row. 7.45 The Book of Strange New Things. 8.00 The Cash for Ash Scandal. 8.30 Analysis. 9.00 Psychosis: Talking to the Voices in My Head. 9.30 Start the Week. 10.00 World Tonight. 10.45 Book at Bedtime: The Call of the Wild. 11.00 Night Vision. 11.30 Today in Parliament. 12.00m't News. 12.30am Book of the Week: The Peregrine. 12.50 Shipping. 1.00 As BBC World Service. 5.20 Shipping. 5.30 News; Prayer for the Day. 5.45 to 6.00am Farming Today; Tweet of the Day.

RADIO 5 LIVE FREEVIEW 705
 Sky 0105 Virgin 905 Freesat 705

5.00am Morning Reports. 5.15 Wake Up to Money. 6.00 5 Live Breakfast. 9.00 Your Call. 10.00 The Emma Barnett Show. 1.00pm Nihal Arthanayake. 4.00 5 Live Drive. 7.00 5 Live Sport: Premier League Football. Leicester City v Aston Villa from the King Power Stadium. 10.30 Colin Murray. 1.00 to 5.00am Up All Night.

PRIME-TIME

8.00 **Brightburn** Horror. An extra-terrestrial crash-lands on Earth. Stars Elizabeth Banks. (2019, 15) ★★★
 9.45 **Premiere Doom: Annihilation** Fantasy. Marines respond to a distress call from a top-secret base. Stars Amy Manson. (2019, 15) ★★★★★

8.00 **Anchorman: The Legend of Ron Burgundy** Comedy set in the 1970s. Stars Will Ferrell. (2004, 12) ★★★★★
 9.45 **The Other Guys** Comedy. Two desk-bound New York cops uncover a conspiracy. Stars Will Ferrell. (2010, 12) ★★★★★

7.15 **King Arthur** Adventure. A Roman commander in Britain comes to realise his true destiny. Stars Clive Owen. (2004, 12) ★★
 9.30 **Van Helsing** Action fantasy. A vampire slayer helps a princess vanquish Count Dracula. Stars Hugh Jackman. (2004, 12) ★★★★★

8.00 **Spider-Man: Into the Spider-Verse** Animation with the voices of Shameik Moore and Nicolas Cage. (2018, PG) ★★★★★
 10.00 **Nanny McPhee** Fantasy. A magical nanny helps a widower with his children. Stars Emma Thompson. (2004, U) ★★★★★

11.30 **We Die Young** (2019) ★★★
 1.15 AM **Hell Is Where the Home Is** Horror. (2018, 18) ★★
 2.45 to 5.00 AM **Mapplethorpe** Biopic. (2018, 18) ★★

11.45 **Zoolander** (2001) ★★★★★
 1.20 AM **Better Start Running**
 3.05 **Talladega Nights: The Ballad of Ricky Bobby**
 5.10 to 7.15 AM **Grease 2** (1982)

11.45 **The Last Samurai** Action drama. (2003, 15) ★★★★★
 2.30 AM **Machete** (2010) ★★
 4.20 to 6.00 AM **Angel Flight Down** (1996, PG) ★★

11.50 **Nanny McPhee & The Big Bang** (2010, U) ★★
 1.50 AM **Pete's Dragon** Musical fantasy. (1977, U) ★★
 3.45 to 6.00 AM **Annie** (1982)

Drama

Sky 310 Virgin 410

6.00 AM **Father Goose** As 3.55am.
 8.00 **The Pursuit of Happyness** Drama. (2006, 12) ★★
 10.00 **Boy Erased** See 6.00pm.
 12.00 NOON **The Firm** See 8.00pm.
 2.40 PM **American Woman** (2018)
 4.35 **Motherhood** Comedy drama. (2017, 15) ★★★★★
 6.00 **Boy Erased** Drama starring Lucas Hedges and Nicole Kidman. (2018, 15) ★★

Disney

Sky 305 Virgin 405

6.40 AM **Bedknobs and Broomsticks** (1971) ★★★★★
 8.40 **The Princess and the Frog**
 10.25 **Dumbo** See 6.00pm.
 12.25 PM **Mary Poppins Returns** See 8.00pm. 2.40 **The Jungle Book** As 10.15pm.
 4.15 **The Princess and the Frog** Musical. (2009, U) ★★★★★
 6.00 **Dumbo** Fantasy adventure remake. (2019, PG) ★★

Monsters

Sky 307 Virgin 411

6.20 AM **King Kong** See 3.50pm.
 9.35 **Rampage** See 7.00pm.
 11.35 **The Meg** See 9.00pm.
 1.35 PM **Jaws** Thriller. A town's chief of police has to deal with a killer shark. Stars Roy Scheider. (1975) ★★★★★
 3.50 **King Kong** Adventure. A film crew encounters a giant ape. Stars Naomi Watts. (2005, 12) ★★★★★

Hits

Sky 303 Virgin 403

7.15 AM **Charlie's Angels** Thriller. (2000, 15) ★★★★★
 9.00 **Isle of Dogs** Animated adventure. (2018) ★★★★★
 10.45 **Forgetting Sarah Marshall** Comedy. (2008, 15) ★★★★★
 12.45 PM **The Favourite** As 9pm.
 2.50 **Mary Queen of Scots** Drama. (2018, 15) ★★
 5.00 **Night School** Comedy. Stars Kevin Hart. (2018, 15) ★★

PRIME-TIME

8.00 **The Firm** Legal thriller. A law graduate discovers that he is really working for the Mafia. Stars Tom Cruise. (1993, 15) ★★★★★
 10.40 **American Woman** Drama. A woman hunts for clues to her daughter's whereabouts. Stars Sienna Miller. (2018, 15) ★★★★★

8.00 **Mary Poppins Returns** Musical fantasy. The nanny returns to help the Banks family again. Stars Emily Blunt. (2018, U) ★★★★★
 10.15 **The Jungle Book** Vintage animation about a human boy who is reared by wolves in the jungle. (1967, U) ★★★★★

7.00 **Rampage** Adventure. Three animals go wild after they are infected with a pathogen. Stars Dwayne Johnson. (2018, 12) ★★
 9.00 **The Meg** Action thriller. A deep-sea submersible vessel is attacked by a giant shark. Stars Jason Statham. (2018, 12) ★★

7.00 **The 40 Year Old Virgin** Comedy. A middle-aged man is taught how to woo women. Stars Steve Carell. (2005, 15) ★★★★★
 9.00 **The Favourite** Period comedy. A servant causes ructions in the court of Queen Anne. Stars Olivia Colman. (2018) ★★★★★

12.35 AM **Motherhood** As 4.35pm.
 2.00 **The Pursuit of Happyness** Drama. (2006, 12) ★★
 4.00 to 6.00 AM **Father Goose** Comedy. (1964, U) ★★

11.40 **The Game Plan** (2007) ★★
 1.40 AM **Hercules** (1997) ★★★★★
 3.25 **Return to Oz** (1985) ★★
 5.25 to 7.10 AM **Atlantis: The Lost Empire** (2001, U) ★★

11.00 **Jaws** (1975, 12) ★★★★★
 1.10 AM **Book of Monsters** Horror comedy. (2018, 18) ★★
 2.40 **Marabunta** (1998, 12) ★★
 4.20 to 6.00 AM **Monster Family**

11.00 **Mary Queen of Scots** Drama. (2018, 15) ★★
 1.10 AM **Happy Death Day 2U**
 2.55 **The First Purge** (2018) ★★
 4.35 to 6.20 AM **Isle of Dogs**

Thriller

Sky 309 Virgin 409

6.00 AM **Gemini** See 5.15pm.
 7.35 **Marnie** Hitchcock thriller. (1964, 15) ★★★★★
 9.50 **Widows** See 6.50pm.
 12.00 NOON **Salt** See 9.00pm.
 1.45 PM **Vault** Thriller starring Theo Rossi. (2019, 15) ★★
 3.30 **Miss Bala** Crime drama remake. (2019, 15) ★★
 5.15 **Gemini** Thriller starring Lola Kirke. (2017, 15) ★★★★★

Greats

Sky 304 Virgin 404

6.00 AM **The Ladykillers** Comedy. (1955, U) ★★★★★
 7.40 **Chariots of Fire** See 4.45am.
 9.50 **Rear Window** Hitchcock thriller. (1954, PG) ★★★★★
 11.50 **The Rock** See 8.00pm.
 2.10 PM **The Bourne Identity** Spy thriller. (2002, 12) ★★★★★
 4.10 **King Ralph** (1991, PG) ★★
 5.50 **An Officer and a Gentleman** Drama. (1981, 15) ★★★★★

Superhero

Sky 302 Virgin 402

7.00 AM **Batman** (1966, U) ★★
 8.55 **Lego DC Comics Super Heroes: Justice League vs Bizarro League** (2015) ★★
 10.00 **Hancock** See 6.15pm.
 11.45 **Shazam!** See 8.00pm.
 2.05 PM **The Green Hornet** (2011)
 4.15 **Ghost Rider** Comic-book adventure. (2006, 12) ★★
 6.15 **Hancock** Comedy. Stars Will Smith. (2008, 12) ★★★★★

TCM

Sky 315 Virgin 415 (416 HD)

7.30 AM **How the West Was Won** Western. (1962, PG) ★★
 10.35 **Bad Man from Red Butte** Western. (1940, U) ★★
 11.50 **Colt .45** Western drama. (1950, U) ★★
 1.30 PM **The Towering Inferno** Disaster movie starring Paul Newman. (1974) ★★★★★
 4.50 **Sahara** World War Two drama. (1943, PG) ★★★★★

PRIME-TIME

6.50 **Widows** Crime thriller. Four Chicago women attempt to carry out a daring robbery. Stars Viola Davis. (2018, 15) ★★★★★
 9.00 **Salt** Action thriller. A CIA agent is accused of being a double agent by a Russian defector. Stars Angelina Jolie. (2010, 12) ★★★★★

8.00 **The Rock** Action thriller. A weapons expert and an SAS veteran break into Alcatraz. Stars Nicolas Cage. (1996, 15) ★★★★★
 10.20 **Lethal Weapon** Action thriller. A cop and his new partner take on a drugs gang. Stars Mel Gibson. (1987, 18) ★★★★★

8.00 **Shazam!** Adventure. A young boy receives super powers from an ancient wizard. Stars Zachary Levi. (2019, 12) ★★★★★
 10.15 **Watchmen** Fantasy thriller. A group of retired superheroes uncovers an evil conspiracy. Stars Billy Crudup. (2009, 18) ★★★★★

6.50 **Return of the Gunfighter** Western. An ageing gunslinger helps a Mexican woman. Stars Robert Taylor. (1966, U) ★
 9.00 **Shootout** Western. An outlaw seeks revenge on the partner who double-crossed him. Stars Gregory Peck. (1971, PG) ★★

10.45 **The Recruit** (2003, 12) ★★
 12.45 AM **Feedback** (2019, 18) ★★
 2.30 **Thoroughbreds** (2017)
 4.15 to 6.00 AM **Deep Family Secrets** (1997, PG) ★★

12.20 AM **Good Morning, Vietnam** Comedy. (1987, 15) ★★★★★
 2.30 **Se7en** (1995, 18) ★★★★★
 4.45 to 7.00 AM **Chariots of Fire** Drama. (1981, U) ★★★★★

1.00 AM **Ghost Rider** See 4.15pm.
 2.55 **The Green Hornet** (2011)
 5.00 to 6.00 AM **Lego DC Comics Super Heroes: Justice League vs Bizarro League**

11.05 **Dog Day Afternoon** (1975)
 1.45 AM **Excessive Force II: Force on Force** (1995, 18) ★★
 3.30 **Hollywood's Best Directors**
 4.30 to 6.30 AM **Close Up**

What's on TV Picks of the day



The Great Celebrity Bake Off

C4, 8.00pm Serving up a smile... Hosts Sandi Toksvig and Noel Fielding share a joke with contestant Louis Theroux, as the fundraising version of the contest returns.



Joanna Lumley's Hidden Caribbean

ITV, 9.00pm Well travelled... This two-part documentary follows the actress as she uncovers hidden places of interest in Cuba and Haiti – beginning in Havana.

Wordwise

Find as many words as possible using the letters shown in the grid. Each word must contain four or more letters, one of which must be the letter in the central square, I. No letter can be used more than once in each word. No plurals, names or foreign words are allowed. And can you find the nine-letter word? (Answer on page 97.)



BBC one BBC1

Freeview 1 (101 HD) Sky 101 (115 HD) Virgin 101 (108 HD) F'sat 101 (106 HD)

- 6.00 AM **Breakfast** News and sport. (S, HD)
- 9.15 **Crimewatch Roadshow Live** 2 of 15. (S, HD)
- 10.00 **Homes Under the Hammer** From London, Derbyshire and Newcastle-under-Lyme. (S)
- 11.00 **Dom Does America** (S, Rpt, HD)
- 11.45 **Saved on Camera** Documentary. (S, HD)
- 12.15 PM **Bargain Hunt** Ballinderry. (S, Rpt, HD)
- 1.00 **News; Weather** (S, HD)
- 1.30 **Local News; Weather** (S)
- 1.45 **Doctors** Calling the Shots: Medical drama. Al and Emma search for a breakthrough in Jimmi's case, while Zara and Daniel try to keep their emotions in check. (S, AD, HD)
- 2.15 **New Five Bedrooms** Five Owners: 1 of 8. Drama starring Kat Stewart. Five friends agree to pool together to join the property ladder. Continues tomorrow. (S, AD, HD)
- 3.00 **Escape to the Country** Property series. From South Yorkshire. (S, AD, HD)
- 3.45 **Money for Nothing** Salvage series. The team transforms a broken games table, a pair of old lamps and a tired display cabinet. (S)
- 4.30 **Ready, Steady, Cook** 7 of 20. Culinary contest hosted by Rylan Clark-Neal. (S, HD)
- 5.15 **Pointless** Quiz series. (S, Rpt, HD)
- 6.00 **News; Weather** (S, HD)
- 6.30 **Local News; Weather** (S)

7 PM

- 7.00 **The One Show** Magazine presented by Alex Jones and Matt Baker. (S, HD)
- 7.30 **EastEnders** Jay pops the question to Lola, Gray reveals that he is planning to represent Whitney, while Rainie's past comes back to haunt her when a former client arrives at Coker's. (S, AD, HD)

8 PM

- 8.00 **Holby City** Medical drama starring Nic Jackman. Xavier unearths a secret that could ruin Cameron, while Fletch fears that a combination of budget cuts, staff shortages and Max's inflexible attitude could spell disaster. With guest star Sue Holderness. See features, pages 8 & 13. (S, HD)

9 PM

- 9.00 **The Split** 5 of 6. Legal drama starring Nicola Walker. Hannah's affair is out in the open, and she desperately attempts to make amends to the people she has deceived. Meanwhile, James decides to leave his job, and secrets come to light in the Hansen case. See feature, page 9. (S, HD)

10 PM

- 10.00 **News; Weather** (S, HD)
- 10.25 **Local News; Weather** (S)
- 10.35 **Beauty Laid Bare** The Price of Beauty: 2 of 3. Documentary series. In tonight's edition, the group of four questions the true cost of the beauty industry. On their quest for answers they meet farmers in Mexico supplying to the industry, and the homeless community in Los Angeles. (S)
 - Previously available on BBC3 online.
- 11.20 **War on Plastic with Hugh and Anita** 1 of 3. Documentary series in which Hugh Fearnley-Whittingstall and Anita Rani explore the problem of plastic waste, finding out where it is coming from and what can be done to try to solve the issue. (S, Rpt, HD) **Weather**
- 12.20 to 6.00 AM **BBC News** (S, HD)

BBC1 REGIONAL VARIATIONS

WALES

11.00am X-Ray 11.30-11.45 Animal Park 9.00-10.00pm Hidden 10.35 The Split 11.35 Beauty Laid Bare 12.15am Weather for the Week Ahead 12.20-6.00am News

BBC TWO BBC2

Freeview 2 (102 HD) Sky 102 Virgin 102 (162 HD) Freesat 102 (106 HD)

- 6.30 AM **Bargain Hunt** Oswestry. (S, Rpt, HD)
- 7.15 **Ready, Steady, Cook** (S, Rpt, HD)
- 8.00 **Spy in the Wild** The Islands. (SL, S, Rpt, HD)
- 9.00 **BBC News at 9** (S, HD)
- 10.00 **Victoria Derbyshire** Discussion. (S, HD)
- 11.00 **BBC Newsroom Live** (S, HD)
- 12.15 PM **Politics Live** News from Westminster. (S)
- 1.00 **The Super League Show** (S, HD)
- 1.50 **Best House in Town** (S, Rpt, HD)
- 2.35 **Terry and Mason's Great Food Trip** (S, Rpt)
- 3.00 **Red Rock** Irish crime drama. (S, Rpt, AD, HD)
- 3.45 **The Great Interior Design Challenge** From Tissington in the Peak District. (S, Rpt, HD)
- 4.45 **Portillo's State Secrets** 7 of 10. Documentary series. In this edition, Michael Portillo looks at files relating to the monarchy. (S, Rpt, HD)
- 5.15 **Flog It!** Antiques series. In today's edition, Paul Martin visits Bristol Cathedral, where expert Natasha Raskin Sharp is intrigued by an unusual walking stick. (S, Rpt, HD)
- 6.00 **Richard Osman's House of Games** Daily quiz series. With Hugh Dennis, Sarah Greene, Nish Kumar and Holly Walsh. (S)
- 6.30 **Great British Railway Journeys** Reading to Taplow: 12 of 15. Travel series. In this edition, Michael Portillo explores a great Italianate mansion at Cliveden. (S, Rpt, HD)

- 7.00 **Race Across the World** 1 of 8. Sunday's edition of the challenge series in which pairs of competitors try to race across the globe without getting on a plane or using mobile phones or credit cards. In the first edition, the teams set off from Mexico City to Honduras. (S, Rpt, HD)

- 8.00 **Back in Time for the Corner Shop** 50s & 60s: 3 of 6. Documentary series. Tonight, singer-songwriter Billy Bragg pays the Arderns a visit as they get to grips with 1960s life, encountering skiffle music, hula hoops, sliced bread and a shopping innovation – self-service. (S)

- 9.00 **Miriam's Big Fat Adventure** Conclusion of the two-part documentary in which Miriam Margolyes sets out to find out what is being done to combat the obesity crisis, meeting people who are going to extreme and sometimes controversial lengths to lose weight. (S)

- 10.00 **Better Things** Show Me the Magic: 10 of 12. Comedy series starring Pamela Adlon. Sam enjoys some 'girl time' with friends but is less than happy when a husband returns home early. (S, AD, HD)
- 10.30 **Newsnight; Weather** (S, HD)

- 11.15 **Tigers: Hunting the Traffickers** One-off documentary in which adventurer Aldo Kane heads to south-east Asia to report on the illegal tiger trade. (S, Rpt, AD, HD)
- 12.15 AM **Sign Zone** Starting with: 12.15 **Win the Wilderness: Alaska** 5 of 6. Challenge series. Duane and Rena question each couple about their plans for the home. (SL, S, Rpt, HD) 1.15 **Murder, Mystery and My Family** A Leeds landlady who was apparently killed by her lodger. (SL, S, Rpt, HD) 2.00 to 2.45 AM **Island Medics** Last in the series. A baby boy arrives in A&E. (SL, S, Rpt, AD, HD)

BBC2 REGIONAL VARIATIONS

WALES

1.50pm First Minister's Questions Full coverage of AMs' questions to Mark Drakeford. 2.40-3.00pm A to Z of TV Gardening Carol Kirkwood introduces archive clips.



ITV

Freeview 3 (103 HD) Sky 103 (176 HD) Virgin 103 (113 HD) F'sat 103 (111 HD)

- 6.00 AM **Good Morning Britain** News, current affairs and lifestyle features. (S, HD)
- 9.00 **Lorraine** Entertainment and fashion news presented by Lorraine Kelly. (S, HD)
- 10.00 **This Morning** Daily magazine. In today's edition, *Sesame Street* star Elmo is in the studio to celebrate his new show, *Elmo's World*. Includes Local News; Weather. (S)
- 12.30 PM **News; Weather** (S, HD)
- 12.50 **Local News; Weather** (S, HD)
- 1.00 **Live Racing** Ed Chamberlin and Francesca Cumani present coverage of the opening day of the Cheltenham Festival, including today's feature race, the 3.30 Champion Hurdle Challenge Trophy. Plus, the races at 1.30, 2.10, 2.50 and 4.10. Commentary comes from Richard Hoiles, with expert analysis from AP McCoy and Ruby Walsh. (S, HD)
- 4.30 **Tipping Point: Best Ever Finals** Compilation of some of the most dramatic endgames from the arcade-themed quiz series hosted by Ben Shephard. (S, HD)
- 5.00 **The Chase** Quiz series presented by Bradley Walsh, in which four contestants work as a team to take on ruthless quiz expert. (S, Rpt)
- 6.00 **Local News; Weather** (S, HD)
- 6.30 **News; Weather** (S, HD)
- 7.00 **Emmerdale** Will reveals everything about Malone to Cain, while Victoria decides to get Harry christened. (S, AD, HD)
● Soap gossip at whatsontv.co.uk/emmerdale
- 7.30 **Dr Ranj: On Call** Documentary series. The GP visits the Paediatric Unit at the Evelina Children's Hospital. (S, AD, HD)
- 8.00 **Love Your Garden** Horticultural series. Tonight, Alan Titchmarsh and the team create a cleverly designed family garden full of fun for pre-school children. Plus, advice on creating a mini-maze, creative sandpits and how to use plants to give an exotic flavour to play areas. (S, AD, HD)
- 9.00 **New** **Joanna Lumley's Hidden Caribbean: Havana to Haiti** 1 of 2. Documentary in which the actress visits two of the most enigmatic countries in the Caribbean – Cuba and Haiti – to uncover their hidden gems. Concludes next week. See feature, page 25. (S, AD, HD)
- 10.00 **News; Weather** (S, HD)
- 10.30 **Local News; Weather** (S, HD)
- 10.45 **Tyson Fury: The Gypsy King** Last in the series. After a tougher than expected contest against Otto Wallin, Tyson's father, John, is critical of trainer Ben Davison, and Fury's team eventually parts ways with him as his rematch with Deontay Wilder is finally confirmed. (S, Rpt, HD)
- 11.45 **Tenable** Quiz series hosted by Warwick Davis. Tonight, a team of five singers answers questions about top-10 lists. (S, Rpt, HD)
- 12.40 AM **Teleshopping** (HD)
- 3.00 **The Home Game** Property challenge series. In this edition, a Hampshire couple manage to exceed their huge budget. (S, Rpt, HD)
- 3.50 **Nightscreen** Programme guide. (HD)
- 5.05 to 6.00 AM **Judge Rinder** Cameras follow barrister Robert Rinder as he takes on real-life cases in a studio courtroom. (S, Rpt, HD)

ITV REGIONAL VARIATIONS

■ WALES

11.45pm-12.40am Police in Danger: Caught on Camera Footage of police officers coming under attack.



Channel 4

Freeview 4 (104 HD) Sky 104 (138 HD) Virgin 104 (104/141 HD) Freesat 104

- 6.30 AM **Cheers** Double-bill. (Series 2, ep 1, S, Rpt, HD) 6.55 (Series 2, ep 2, S, Rpt, HD)
- 7.20 **The King of Queens** (Series 7, ep 9, S, Rpt, AD) 7.45 (Series 7, ep 10, S, Rpt, AD)
- 8.10 **Everybody Loves Raymond** Double-bill. (S2, ep 8, S, Rpt) 8.40 (S2, ep 9, S, Rpt, AD)
- 9.10 **Frasier** Double-bill of the US comedy series. (S4, ep 6, S, Rpt) 9.40 (S4, ep 7, S, Rpt, AD)
- 10.10 **Undercover Boss Canada** (S, Rpt, HD)
- 11.05 **Ramsay's Kitchen Nightmares USA** (S, Rpt)
- 12.00 NOON **News** (S, HD)
- 12.05 PM **Come Dine with Me** (S, Rpt, HD)
- 1.05 **Posh Pawnbrokers** Documentary. (S, Rpt)
- 2.10 **Countdown** Word game. (S, HD)
- 3.00 **A Place in the Sun** Algarve. (S, Rpt, HD)
- 4.00 **A New Life in the Sun: Where Are They Now?** Catching up with a fisherman in Spain entering uncharted waters. (S, Rpt, HD)
- 5.00 **Four in a Bed** B&B challenge. From Langley Dam in Hexham, Northumberland. (S, HD)
- 5.30 **Come Dine with Me** Culinary challenge. The second party in Edinburgh. (S, HD)
- 6.00 **The Simpsons** Burns, Baby Burns: Mr Burns' long-lost son reappears. (S, Rpt)
- 6.30 **Hollyoaks** Mercedes is spooked to discover a funeral wreath on her door. (S, AD, HD)
● News and gossip at whatsontv.co.uk/hollyoaks
- 7.00 **News** (S, HD)
- 8.00 **New** **The Great Celebrity Bake Off for Stand Up to Cancer** 1 of 5. Charity version of the culinary challenge series. Tonight, Louis Theroux, Jenny Eclair, Russell Howard and Ovie Soko take must depict their perfect day in choux pastry. See feature, page 14. (S, HD)
- 9.15 **New** **Five Guys a Week** 1 of 10. Dating series in which a single girl invites five men who are looking for love to live with her for a week, all at the same time. On each day she eliminates one of them, whittling them down to the last man standing. See feature, page 26. (S, AD, HD)
- 10.15 **The Windsors** 3 of 6. Comedy series. Charles puts his political beliefs to the test by befriending a blind man. (S, HD)
- 10.45 **8 Out of 10 Cats Does Countdown** Comedy word game. Sean Lock and Sara Pascoe take on guest team captain Alan Carr and Tom Allen. (S, Rpt, HD)
- 11.45 **First Dates** Dating series. (S, Rpt, AD, HD)
- 12.45 AM **Ramsay's Kitchen Nightmares USA** The chef visits West Nyack, New York. (S, Rpt)
- 1.35 **Film** **Good Kill** Drama. A military drone pilot struggles with the psychological pressure and ethical issues of his job. Stars Ethan Hawke and Zoe Kravitz. (105mins, 2014, 15, S, W/S, HD) Rating ★★★ See Filmweek, page 30
- 3.20 **Come Dine with Me** Southport. (S, Rpt, HD)
- 4.15 **Location, Location, Location** (S, Rpt, HD)
- 5.10 **Cooking Up a Fortune** (S, Rpt, HD)
- 5.35 **Kirstie's Handmade Treasures** (S, Rpt, HD)
- 5.50 to 6.30 AM **Countdown** (S, Rpt, HD)

S4C

6.00am Cyw 12.00noon Newyddion S4C a'r Tywydd 12.05pm Ffasiwn Mecanic 12.30 Heno 1.30 Ffermio 2.00 Newyddion S4C a'r Tywydd 2.05 Prynhawn Da 3.00 Newyddion S4C a'r Tywydd 3.05 Corau Rhys Meirion 4.00 Awr Fawr: Blociau Rhif 4.05 Nico Nôg 4.15 Sbarc 4.30 Blero yn Mynd i Ocido 4.45 Deian a Loli 5.00 Stwnsh: Boom! 5.10 Seligo 5.15 #FI 5.20 Cath-Od 5.30 Un Cwestiwn 5.50 Ffeil 6.00 Codi Pac 6.30 Rownd a Rownd 7.00 Heno 7.30 Newyddion S4C a'r Tywydd 8.00 Pobol y Cwm Colin gives Hywel relationship advice. 8.25 Rownd a Rownd 8.55 Newyddion 9.00 Cynefin 10.00 Walter Presents: Yr Un Awyr 11.00-11.35pm Nyrsys



Channel 5

Freeview 5 (105 HD) Sky 105 Virgin 105 (150 HD) Freesat 105 (105 HD)

- 6.00 AM **Milkshake!** Children's programmes. (S)
- 9.15 **Jeremy Vine** Discussion series. (S, HD)
- 11.15 **Nightmare Tenants, Slum Landlords** Documentary series. (S, Rpt, HD)
- 12.10 PM **News** (S, HD)
- 12.15 **Parking Hell: At War with the Law** (S, Rpt)
- 1.10 **Access** Showbiz news and gossip. (S, HD)
- 1.15 **Home and Away** As 6.00pm. (S, Rpt, HD)
- 1.45 **Neighbours** See 5.30pm. (S, AD, HD)
- 2.20 **Film** **A Neighbour's Obsession** Thriller. A couple's neighbour appears to be helpful and charming – masking a more dangerous side they fail to see until it is too late. Stars Michael Welch. (100mins, 2017, 12, S) ★★
- 4.00 **Friends** Double-bill. Joey makes a deal with the caretaker. (Series 4, ep 4, S, Rpt, HD)
- 4.30 Rachel discovers her new boyfriend is a criminal. (Series 4, ep 5, S, Rpt, HD)
- 5.00 **News** (S, HD)
- 5.30 **Neighbours** Elly tries to keep out of Finn's way after he tells the Kennedys about his visit to Harry, while Lucy and Mark come to terms with their feelings. (S, Rpt, AD, HD)
- 6.00 **Home and Away** Justin and Tori are upset by the news of Mason's death – but Jasmine is relieved that the threat is over. (S, Rpt, HD)
- 6.30 **News** (S, HD)
- 7.00 **New** **Britain: A Year in the Wild** Water Worlds: Wildlife documentary series. This opening edition follows a family of beavers in Devon, and explores how these natural engineers alter their landscape to help themselves and other species. Continues tomorrow. (S) **News**
- 8.00 **Dogs Behaving (Very) Badly** In the last in the documentary series, Graeme Hall tackles one of his toughest challenges – a rescue dog from Romania that it is afraid of men. Elsewhere, he also deals with a labrador cross that is terrified of travelling in cars. (S, HD) **News**
- 9.00 **New** **Elizabeth I & II: Two Golden Queens** 1 of 2. Historical documentary examining whether there are any similarities between the two monarchs. This edition focuses on Elizabeth I – the only child of Henry VIII and his second wife, Anne Boleyn. Concludes tomorrow at 9.00pm. (S, HD)
- 10.00 **The Royal Family at War** Conclusion of the documentary. Penny Junor recalls the rumoured rift between the Queen and Camilla, Duchess of Cornwall, Princess Margaret's relationship with former RAF officer Peter Townsend in the 1950s, and Prince Philip's falling out with the former Duchess of York during the 1990s. (S, Rpt)
- 11.15 **Shannon Matthews: The Mother's Story** Documentary profiling the woman at the centre of the kidnapping of her own nine-year-old daughter in 2008. (S, Rpt, HD)
- 12.15 AM **When Kids Kill: Copycat Killers** The murder of a nurse by an 18-year-old. (S, Rpt)
- 1.10 **Interactive Gaming** (S, HD)
- 3.10 **Our Dream Hotel** Turkey. (S, Rpt, HD)
- 4.00 **Tribal Teens: Here Comes Trouble** (S, Rpt)
- 4.45 **House Doctor** Henley-on-Thames. (S, Rpt)
- 5.10 **Great Scientists** Galileo. (SL, S, Rpt)
- 5.35 to 6.00 AM **Wildlife SOS** (SL, S, Rpt, HD)

TUESDAY

7 PM

8 PM

9 PM

10 PM



Hollyoaks

E4, 7.00pm

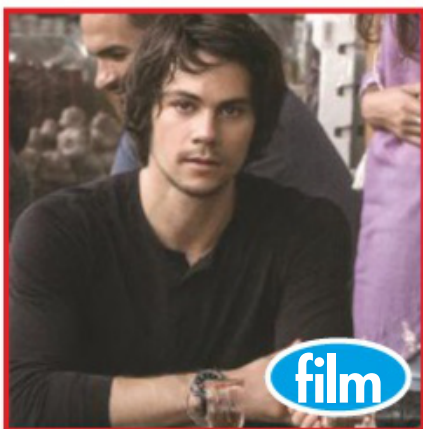
In the aftermath of Mitchell's birthday party, Celeste attempts to calm Toby – who must face up to what has happened.



The Enemy Within

5USA, 9.00pm

After a series of deaths, Keaton (Morris Chestnut) has reason to suspect the CIA is withholding information from the FBI.



American Assassin

Film4, 10.50pm

In this action thriller, a grief-stricken young American (Dylan O'Brien) wants revenge after a terrorist group murders his fiancée.

BBC Scotland



Scot Only
FV 9
HD 108

Scotland Only: Sky 115 Freesat 106 Virgin 108
Rest of the UK: Sky 457 Freesat 108 Virgin 162

- 12.15 PM to 7.00 PM As shown on BBC2.
7.00 PM **The Children's Hospital** 2 of 8. Documentary series. An unusual case of a swollen ear baffles the hospital staff.
7.30 **Test Drive** Car-based game show hosted by Grado. Three teams tour the roads of Glasgow while answering questions via a specially-adapted satnav.
8.00 **Growing Up in Scotland: A Century of Childhood** 1 of 3. An exploration of the past 100 years of Scottish childhood.
9.00 **The Nine** Scottish and international news.
10.00 **Scotland's Game** The last in the documentary series looks at possible ways forward for Scottish football.
11.00 PM to 12.00 M'T **Scotch! The Story of Whisky** Examining Scotch whisky's rise from humble drink to global industry.

FREEVIEW

ITV2



FV 6 Sky 118 Freesat 113 Virgin 115 (176 HD)

- 7.00 AM **The Ellen DeGeneres Show**
7.50 **Emmerdale** Last night's episode.
8.20 **Coronation Street**
9.20 **Superstore** Double-bill.
10.15 **Dinner Date** From London.
11.15 **Dress to Impress** Dating series
12.15 PM **Emmerdale**
12.45 **Coronation Street**
1.50 **The Ellen DeGeneres Show** *New edition* With Elizabeth Warren.
2.45 **Dinner Date** A man from Swansea embarks on three blind dates.
3.50 **Dress to Impress** East Midlands.
4.55 **Take Me Out** Dating game show hosted by Paddy McGuinness.
6.30 **You've Been Framed! Gold**

- 7.00 **You've Been Framed! Gold** Double-bill of the comedy clips series in which comedian Harry Hill narrates another selection of viewer-submitted camcorder calamities.
8.00 **Two and a Half Men** Walden endeavours to prove his masculinity after it is questioned. (S11, ep14)
8.30 Alan asks Lyndsey to choose between him and Larry. (S11, ep15)
9.00 **Family Guy** Quagmire gets married by accident. (S11, ep11)
9.30 Joe cheats on Bonnie – but Lois forces Peter to try to get the pair back together. (S10, ep22)
10.00 **Plebs** Double-bill of the comedy. Marcus is asked out by Gloria during the Roman festival of love.
10.30 The boys attend a free trial session at a new bathhouse.

- 11.00 **Family Guy** Lois causes Peter some distress when she tells him about her dinner date with former boyfriend Ross Fishman. (S11, ep1)
11.30 **American Dad!** Animated series. (S13, ep3) 11.55 (S12, ep20)
12.25 AM **Two and a Half Men**
1.25 **Ibiza Weekender** Reality series.
2.25 **Don't Hate the Playaz**
3.20 to 3.30 AM **Nightscreen**

BBC4



FV 9 HD 106 Scot 68 Sky 116 Freesat 107 Virgin 107



- 7.00 **Beyond 100 Days**
7.30 **Gareth Edwards' Great Welsh Adventure** 1 of 4. Travel series.
8.00 **The People's Liners: Britain's Lost Pleasure Fleets** Exploring the history of the steamships in Britain.
9.00 **Ian Hislop's Olden Days: The Power of the Past in Britain** 1 of 3. The satirist explores the nation's obsession with the past.
10.00 **Lost Sitcoms: Till Death Us Do Part**
10.25 **Armada: 12 Days to Save England**
11.25 **Inside the Medieval Mind**
12.25 AM **A Victorian Scandal** 12.55 **Sex, Chips and Poetry** 1.55 **Confucius: Genius of the Ancient World** to 3.55 AM **Ian Hislop's Olden Days**

ITV3



FV 10 Sky 119 Freesat 115 Virgin 117 (177 HD)

- 6.00 AM **Classic Coronation Street**
6.55 **Classic Emmerdale** Double-bill.
7.55 **Heartbeat** Rural drama.
9.00 **Man About the House**
10.00 **That's My Boy** Comedy series..
10.30 **A Touch of Frost** See 11.00pm.
12.40 PM **Heartbeat** See 5.55pm.
1.45 **Classic Emmerdale** Double-bill.
2.50 **Classic Coronation Street**
3.55 **Midsomer Murders** Dance with the Dead: Detective drama starring John Nettles. An apparent suicide shocks the village of Morton Fendle.
5.55 **Heartbeat** Rosie is attacked when attending a broken-down vehicle stranded on the moors.

- 6.55 **Poirot** The Lost Mine: Mystery drama starring David Suchet and Philip Jackson. The sleuth is asked to investigate the disappearance of a bank's most valued customer.
8.00 **Midsomer Murders** Wild Harvest: Detective drama starring Neil Dudgeon and Gwilym Lee. When a farmer is discovered bound to a tree, doused in truffle oil and mauled to death by a wild boar, the investigation leads Barnaby to a tyrannical celebrity chef. Also stars Neil McCaul and Sharon Small.
10.00 **Scott & Bailey** Police drama series. Rachel meets Sean's son, putting her even further off the idea of marriage, while Janet turns down Andy's invitation for a drink.

- 11.00 **A Touch of Frost** Conclusions: Detective drama starring David Jason. A casino is robbed and a local copper is reported missing.
1.05 AM **A Touch of Frost** Stranger in the House: The detective takes the most desperate professional gamble of his entire career.
3.00 **That's My Boy** Comedy series.
3.25 to 3.30 AM **Nightscreen**

ITVBe



FV 26 Sky 131 Freesat 118 Virgin 119 (179 HD)

- 7.00 AM **Bachelor in Paradise**
8.50 **Be Beautiful** Make-up tutorials.
9.00 **Children's Programmes**
12.00 NOON **Income Property**
12.25 PM **The Real Housewives of Beverly Hills** Reality series.
1.20 **Absolutely Ascot** Reality series.
2.20 **Million Dollar Listing: NYC** *New edition* Property series.
3.15 **Real Housewives of New York City**
4.10 **The Real Housewives of Dallas**
6.00 **Masters of Flip** *New edition* A dark gothic home is transformed.
7.00 **Buying and Selling** Help for empty-nesters ready to downsize.
8.00 **Dinner Date** Dating series.
9.00 **The Real Housewives of Potomac** Kate goes missing, and Gizelle does her best to battle mother nature
10.00 **The Real Housewives of Orange County** Shannon flirts with a beekeeper during an away day.
11.00 **Bridezillas** A bride considers abandoning the wedding.
12.00 M'T to 12.45 AM **The Only Way Is Essex**

ITV4



FV 24 Sky 120 Freesat 117 Virgin 118 (178 HD)

- 6.00 AM **World of Sport: The Good, the Bad & the Ugly** ITV sport archives.
6.10 **Only When I Laugh**
6.35 **Quincy ME** The Face of Fear.
7.25 **Kojak** The Queen of Hearts Is Wild.
8.20 **The Saint** Little Girl Lost.
9.30 **Racing: The Opening Show**
10.30 **Minder** All About Scoring, Innit.
11.30 **The Professionals**
12.35 PM **The Sweeney** Big Brother.
1.35 **Quincy ME** Deadly Protection.
2.40 **Kojak** A Strange Kind of Love.
3.45 **The Saint** Paper Chase.
4.50 **Minder** Caught in the Act, Fact.
5.55 **The Professionals** Bodie and Doyle infiltrate a murderous organisation.

- 7.00 **Cycling** Action from stage three of the Paris-Nicerace, featuring a 212.5km course from Chalette-sur-Lion to La Chatre. With commentary by Ned Boulting.
8.00 **Giant Lobster Hunters** With the winter lobster season in full swing, Squizzy, the skipper of *Bold Contender*, is under pressure to fill an order of 600 brindle lobsters.

- 9.00 **Film Pale Rider** Western. A mysterious preacher with lethal gunfighting skills helps a mining community battle a ruthless landowner. Stars Clint Eastwood, Michael Moriarty and Carrie Snodgrass. *Includes FYI Daily at 10.05pm.* (1985, 15) ★★★★★

- 11.25 **Film Firefox** Action adventure. A former US Air Force pilot comes out of retirement for a top-secret mission. Stars Clint Eastwood, Freddie Jones, David Huffman and Warren Clarke. (1982, 15) ★★
2.10 to 3.00 AM **Lethal Weapon** Homebodies: Crime drama. Riggs and Murtaugh get enmeshed in a drug dealer turf war. (S1, ep10)

Talking Pictures TV



FV 81 Sky 328 Freesat 306 Virgin 445

- 6.00 AM **Film The Price of Silence**
7.35 **Colonel's Cup** Short film.
7.50 **Film Dilemma** (1962, PG,) ★★★
9.10 **Film Trouble Brewing** (1939)
11.00 **Richard Diamond** (S1, ep9)
11.30 **Film The Winslow Boy** (1948)
1.50 PM **Film Play It Cool** (1962)
3.30 **Film Dancing with Crime** Crime drama. (1946, PG) ★★★
5.10 **Film Miranda** Comedy starring Glynis Johns. (1947, U, b&w) ★★
6.50 **Film The Magic Box** Fact-based drama. (1951, U) ★★★
9.00 **Reilly: Ace of Spies** 3 of 12. The agent obtains plans for a Navy gun.
10.00 **Film Impulse** Sci-fi thriller starring Tim Matheson. (1984, 18) ★★★
11.50 **Film The Uncanny** Horror starring Peter Cushing. (1977, 18) ★★
1.35 AM **Film Landslide** Mystery drama. (1937, PG, b&w) ★★★
2.50 **Film Strange Harvest** Short thriller. (1953, PG, b&w) ★★★
3.30 **Film Sheepdog of the Hills** Emotional drama. (1941, U) ★★★
5.00 to 6.00 AM **Rooms**

E4

FV 13 Sky 135 Freesat 122 Virgin 106 (145 HD)

6.00 AM **Hollyoaks** Double-bill.
 7.00 **How I Met Your Mother** Double-bill.
 8.00 **Baby Daddy** Double-bill.
 9.00 **Mike & Molly** Double-bill.
 10.00 **The Big Bang Theory** Double-bill.
 11.00 **The Goldbergs** Double-bill.
 12.00 NOON **Brooklyn Nine-Nine**
 1.00 PM **The Big Bang Theory**
 2.00 **Baby Daddy** Double-bill.
 3.00 **Mike & Molly** Double-bill.
 4.00 **The Goldbergs** Double-bill.
 5.00 **Brooklyn Nine-Nine** Double-bill.
 6.00 **The Big Bang Theory** Sheldon has to take care of Amy. (S6, ep10)
 6.30 Leonard fails to get Sheldon into the Christmas mood. (S6, ep11)

7.00 **Pick** **Hollyoaks** New episode
 7.30 **Man with a Plan** New episode
 Adam and Andy are shocked when they finally come face to face with Lowell's wife. (S1, ep16 of 22)

8.00 **The Big Bang Theory** Raj worries that a probe he designed will not work in space. (S8, ep12)
 8.30 Sheldon asks the gang to make life difficult for him. (S8, ep13)

9.00 **Celebs Go Dating** New edition
 After success at the speed dating event, Dean and Malique embark on a double date with their matches.

10.00 **First Dates** Diners seeking romance include a romantic comedy fan who meets an avid football follower. Other participants include a singleton who chats to a musician.

11.05 **The Big Bang Theory** US comedy series. (S5, ep24) 11.35 (S6, ep1)
 12.05 AM **Brooklyn Nine-Nine** Double-bill. (S5, ep3) 12.35 (S5, ep4)
 1.05 **Celebs Go Dating** See 9.00pm.
 2.10 **First Dates** See 10.00pm.
 3.05 **Gogglebox** Reviews of *The Crown*, and *The X Factor: The Band*.
 4.00 **The Big Bang Theory** Double-bill.
 4.50 to 6.00 AM **How I Met Your Mother**

Film4

FV 14 Sky 313 Freesat 300 Virgin 428 (429 HD)

11.00 AM **Film** **The Gentle Sex**
 World War Two drama starring Joan Gates. (1943, U, b&w) ★★★
 12.50 PM **Film** **The Tin Star** Western starring Henry Fonda and Anthony Perkins. (1957, U, b&w) ★★★★★
 2.40 **Film** **Kidnapped** Adventure. An 18th-century Scottish orphan is cheated of his inheritance by his uncle. Stars Michael Caine and Trevor Howard. (1971, U) ★★
 4.50 **Film** **Campbell's Kingdom** Adventure. The owner of a Canadian valley clashes with a dam builder. Stars Dirk Bogarde and Stanley Baker. (1957, U) ★★

6.55 **Film** **Behind Enemy Lines**
 Thriller set during the Bosnian War. A NATO naval air commander leads an unauthorised mission to rescue a reconnaissance pilot who has been shot down by Serb militia during the conflict. Stars Gene Hackman and Owen Wilson. (2001, 12) ★★★ See Filmweek, page 32

9.00 **Film** **Taken 2** Action thriller sequel. Former CIA agent Bryan Mills fights to rescue his ex-wife from the Albanian gangster whose son he killed. Stars Liam Neeson, Maggie Grace, Famke Janssen and Jon Gries. (2012, 12) ★★★

10.50 **Pick** **Film** **American Assassin**
 Action thriller. The survivor of a terrorist attack becomes a master of unarmed combat. Stars Dylan O'Brien, Michael Keaton and Sanaa Lathan. (2017, 18) ★★★
 1.05 to 3.05 AM **Film** **The East**
 Thriller. A private security agent infiltrates an anarchist group. Stars Brit Marling. (2013, 15) ★★★★★

More4

FV 18 Sky 136 Freesat 124 Virgin 147 (195 HD)

8.55 AM **Kirstie's Handmade Treasures**
 9.15 **A Place in the Sun: Summer Sun**
 10.05 **A Place in the Sun: Winter Sun**
 A search for a holiday home in Spain.
 11.05 **Find It, Fix It, Flog It** Double-bill.
 1.15 PM **Escape to the Chateau: DIY**
 Dick and Angel host a special wedding for close friends.
 2.20 **Four in a Bed** Back-to-back editions of the B&B challenge.
 4.55 **The Secret Life of the Zoo** Keepers are concerned when an onager foal takes a turn for the worse.
 5.55 **Car S.O.S** Tim Shaw and Fuzz Townshend head to Eastbourne to restore a 1962 Mini Cooper.

6.55 **Escape to the Chateau: DIY**
 Martin and Kim search for a dream chateau, and the clock is ticking for Fiona as she has just 24 hours to prepare for her first-ever wedding.

7.55 **Grand Designs** Kevin McCloud follows the progress of a family and wheelchair-friendly home built by design engineer and former Paralympic swimmer, Mark Butler.

9.00 **24 Hours in A&E** A 14-year-old boy is rushed in to A&E after falling from a swing and fracturing his ankle, while a 62-year-old woman is treated for a broken wrist.

10.00 **999: What's Your Emergency?** This edition follows the work of Wiltshire's police, paramedics and fire services. Cases include a man with a rugby injury.

11.05 **999: On the Front Line**
 A 60-year-old patient with severe chest pains is among the cases.
 12.10 AM **8 Out of 10 Cats Does Countdown** Wiyh Sean Lock, Miles Jupp, Alan Carr and Roisin Conaty.
 1.15 **24 Hours in A&E** See 9.00pm.
 2.15 **Ramsay's Kitchen Nightmares USA** An Italian restaurant in Boston.
 3.15 to 3.40 AM **Food Unwrapped**

Dave

FV 19 Sky 111 Freesat 157 Virgin 127 (227 HD)

7.10 AM **Eat Your Heart Out with Nick Helm** Double-bill of the series.
 8.00 **American Pickers** Salvage series.
 9.00 **Storage Hunters** Double-bill.
 10.00 **American Pickers** Double-bill.
 12.00 NOON **Timber Kings**
 1.00 PM **Top Gear** With Guy Ritchie.
 2.00 **Cop Car Workshop**
 3.00 **Scrapyard Supercar**
 4.00 **Top Gear** Double-bill. The hosts bid to prove that cars can be art.
 5.00 **Top Gear** Host Richard Hammond test-drives a £340,000 Lexus.
 6.00 **Taskmaster** With James Acaster, Jessica Knappett, Phil Wang, Kerry Godliman and Rhod Gilbert.

7.00 **Room 101** Lucy Porter, Romesh Ranganathan and Robert Rinder.
 7.40 Frank Skinner is joined by guests Gabby Logan, Richard Ayoade and Alun Cochrane.

8.20 **Have I Got a Bit More News for You** Rhod Gilbert hosts an extended edition of the quiz from 2017. With Armando Iannucci and Lucy Prebble.

9.20 **QI** Comedy panel game hosted by Stephen Fry, Dara Ó Briain, Chris Addison and Sean Lock join regular panellist Alan Davies to answer questions on the topic of Horrible.

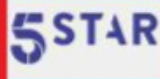
10.00 **Taskmaster** Comedy challenge series presented by Greg Davies. Doc Brown, Jon Richardson, Richard Osman, Katherine Ryan and Joe Wilkinson compete.

11.00 **Hypothetical** Panel game hosted by Josh Widdicombe and James Acaster. With Rob Beckett, Nish Kumar, Jen Brister and Lou Sanders.
 12.00 M'T **Taskmaster** See 6.00pm.
 1.00 AM **Have I Got a Bit More News for You** As shown at 8.20pm.
 2.00 **QI** As shown at 9.20pm.
 2.40 **Go 8 Bit: DLC** Double-bill.
 3.30 to 4.00 AM **The Indestructibles**

5USA

FV 21 Sky 141 (Scot 169) Freesat 129 Virgin 153

9.00 AM **Criminals: Caught on Camera**
 9.25 **Murder, She Wrote** (S6, ep21)
 10.20 **CSI: NY** US crime drama. (S6, ep2)
 11.15 **The Mysteries of Laura** (S2, ep7)
 12.15 PM **Law & Order** Back-to-back episodes of the drama. (S17, ep19)
 1.15 (S17, ep20) 2.10 (S15, ep2)
 3.05 (S15, ep3) 4.05 (S18, ep8)
 5.05 (S18, ep9) 6.00 (S15, ep12)
 7.00 **Law & Order** A rap producer is found shot dead. (S15, ep13)
 8.00 **NCIS: New Orleans** A lawyer is reported missing. (S3, ep16 of 24)
 9.00 **Pick** **The Enemy Within** New episode The team discovers that the CIA is keeping secrets from the FBI regarding Tal. (S1, ep10)
 10.00 **Law & Order: Special Victims Unit** The 13-year-old star of a reality TV show becomes pregnant. (S17, ep7)
 11.00 The hunt for a teenage girl takes a toll on Sgt Dodds. (S17, ep8)
 11.55 **Law & Order: Special Victims Unit**
 1.55 AM **Law & Order: Los Angeles**
 2.50 **Chicago PD** (S4, ep15)
 3.50 to 4.00 AM **Access**

5STAR

FV 30 Sky 128 Freesat 131 Virgin 151

8.00 AM **3rd Rock from the Sun**
 8.20 **House** 10.00 **Nightmare Tenants, Slum Landlords** Documentary.
 11.00 **Bad Tenants, Rogue Landlords**
 12.00 NOON **Can't Pay? We'll Take It Away!** 3.00 PM **Neighbours**
 3.30 **Home and Away** 4.00 **House**
 6.00 **Neighbours**
 6.30 **Home and Away**
 7.00 **16 & On Benefits** Documentary.
 8.00 **Benefits Britain: Life on the Dole**
 9.00 **Maternity Ward** New edition A couple try IVF for the seventh time.
 10.00 **Film** **My Super Ex-Girlfriend** Comedy. A superhero is outraged at being dumped by her boyfriend, and uses her powers to make his life a misery. Stars Uma Thurman and Luke Wilson. (2006, 12) ★★★
 11.55 **Film** **Get Hard** Offbeat comedy. A businessman facing jail asks an employee for help. Stars Will Ferrell, Kevin Hart and Craig T Nelson. (2015, 15) ★★★ See Filmweek, page 32
 2.00 AM **Prison Life: Raw & Real**
 3.50 to 4.00 AM **Access**

Drama

FV 20 Sky 143 Freesat 158 Virgin 130

7.10 AM **Soldier, Soldier** 9.00 **The Bill**
 10.00 **Holby City** 11.00 **Casualty**
 12.00 NOON **The Bill** 1.00 PM **EastEnders**
 2.20 **London's Burning** Drama series.
 3.20 **Monarch of the Glen** Drama series.
 4.20 **Bergerac** Detective drama series.
 5.25 **Bread** Comedy series.
 6.00 **Hi-de-Hi!** Comedy series.
 6.40 **As Time Goes By** Comedy.
 7.20 **Last of the Summer Wine** Glenda investigates her new neighbours.
 8.00 **Judge John Deed** Nobody's Fool: Legal drama starring Martin Shaw. Deed rekindles his affair with the scheming Francesca Rochester.
 10.00 **New Tricks** Spare Parts: Jack's mind is not on the job as Ricky Hanson faces trial for trying to murder him. Guest stars David Troughton.
 11.15 **Waking the Dead** Multistorey: Crime drama. Boyd discovers that Carl Mackenzie, the man accused of a shopping centre massacre, has been granted the right to appeal.
 1.45 AM **The Bill** Police drama series.
 2.50 to 4.00 AM **London's Burning**

Pick

FV 11 Sky 152 Freesat 144 Virgin 165

7.00 AM **Motorway Patrol** 8.00 **Police Force: Australia** 9.00 **Nothing to Declare** 10.00 **Border Security: Canada's Front Line** Double-bill.
 11.00 **Road Wars** 11.30 **Caught Red Handed** 1.00 PM **Police Force: Australia** 2.00 **Border Patrol**
 3.00 **Nothing to Declare** 4.00 **Border Security: Canada's Front Line**
 5.00 **Stargate SG-1** (S1, ep12)
 6.00 **Star Trek: The Next Generation**
 7.00 **Hawaii Five-0** US drama. (S6, ep7)
 8.00 **Elementary** US drama. (S5, ep5)
 9.00 **Murder Uncovered** Documentary.
 10.00 **World's Most Evil Killers** A profile of German serial killer Volker Eckert.
 11.00 **The Force: Essex** Documentary.
 12.00 M'T **Banged Up Abroad**
 1.00 AM **Road Wars** Documentary.
 2.00 **Nothing to Declare** Double-bill.
 3.00 **Stop, Search, Seize** Documentary.
 4.00 **Motorway Patrol** Double-bill.
 5.00 to 6.00 AM **Highway Patrol**

more freeview

Yesterday



FV 25 Sky 155 Freesat 159 Virgin 129

- 6.00 AM **Secrets of the Bible**
- 7.10 **Secrets of the Railways**
- 8.00 **Forbidden History**
- 9.00 **Secret Nazi Bases**
- 10.00 **Nazi Victory: The Post-War Plan 11.00 Underground Worlds 12.00 NOON Impossible Railways**
- 1.00 PM **Secrets of Britain**
- 2.00 **Cornwall: Walking Through History**
- 3.00 **Underground Worlds**
- 4.00 **Impossible Railways**
- 5.00 **Hitler's Propaganda Machine** Documentary.
- 6.00 **Auschwitz: The Nazis and the Final Solution**

Sony Channel



FV 48 Sky 157 Freesat 142 Virgin 189

- Not available nationwide on Freeview*
- 6.10 AM **The Waltons**
 - 7.10 **Hart to Hart** Double-bill.
 - 9.10 **Days of Our Lives**
 - 10.00 **Hart to Hart** Drama.
 - 11.00 **Charlie's Angels**
 - 12.00 **NOON Starsky & Hutch**
 - 1.00 PM **T.J. Hooker**
 - 2.00 **Hart to Hart** Double-bill.
 - 4.00 **Murder, She Wrote** Double-bill. A salon owner is suspected of murder.
 - 5.00 **Jessica's friend** is accused of murder.
 - 6.00 **Charlie's Angels** The girls must hunt down some corrupt army officers.

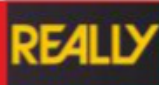
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FV 12 Sky 144 Freesat 167 Virgin 169

- 6.00 AM **How Do They Do It?**
- 6.20 **American Pickers: Best Of**
- 7.10 **Deadliest Catch**
- 8.00 **Gold Divers** Reality series.
- 9.00 **Outback Truckers**
- 10.00 **Wheeler Dealers**
- 11.00 **Chasing Classic Cars**
- 12.00 **NOON American Pickers: Best Of** Series highlights.
- 1.00 PM **Railroad Alaska**
- 2.00 **Deadliest Catch**
- 3.00 **Gold Divers** Reality series.
- 4.00 **Salvage Hunters**
- 5.00 **Outback Truckers**
- 6.00 **Wheeler Dealers** The duo restore a Messerschmitt KR200 three-wheeler.

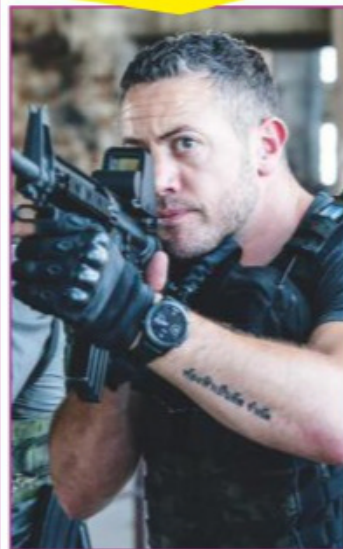
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FV 17 Sky 142 Freesat 160 Virgin 128

- 6.00 AM **Fantasy Homes by the Sea** Weymouth.
- 7.00 **Home Shopping**
- 8.00 **Homes Under the Hammer**
- 10.00 **Celebrity Antiques Road Trip** See 6.00pm.
- 11.00 **Antiques Road Trip**
- 1.00 PM **Celebrity Fantasy Homes** Michelle Collins.
- 2.00 **Fantasy Homes by the Sea** Weymouth in Dorset.
- 3.00 **French Collection**
- 4.00 **DIY SOS: The Big Build**
- 6.00 **Celebrity Antiques Road Trip** Gloria Hunniford and Angela Rippon hunt for items in Kent and Sussex.

Picks of the day



Strike Back: Vendetta

Sky One, 9.00pm
Mac tries to stop a Jihadist group getting hold of a cyberweapon.



Mrs Fletcher

Sky Comedy, 10.15pm
This seven-part US comedy stars Kathryn Hahn as a single mother experiencing a mid-life crisis.

7 PM

- 7.00 **Abandoned Engineering**
Exploring a desert town that faced a disaster of biblical proportions.

8 PM

- 8.00 **Abandoned Engineering**
New edition An Albanian village that was home to Allied secret agents.

9 PM

- 9.00 **The Two Ronnies**
Double-bill of the series. Sketches include *Public Service Announcement* and *About Water Shortage*.

10 PM

- 9.55 **The Two Ronnies**
Featuring music from guest Clodagh Rodgers.
- 10.35 **Porridge** The inmates face a day of hard labour.

- 7.00 **M*A*S*H** Four episodes. A terminally ill GI moves Hawkeye. (S9, ep18)
- 7.30 A grateful Korean gives the 4077th a gift of fresh vegetables. (S9, ep19)
- 8.00 Charles develops a death fixation. (S9, ep20)
- 8.30 1 of 2. A touring vaudeville troupe visits the 4077th. (S10, ep1 of 22)

- 9.00 **Classic Who Wants to Be a Millionaire?**
Four editions of the quiz hosted by Chris Tarrant, in which contestants answer questions that could change their lives – with Ask the Audience, Phone a Friend and 50-50 available to them if they get stuck.

- 7.00 **American Pickers: Best Of** A look back at some of Mike Wolfe and Frank Fritz's finest finds and most premium picks.

- 8.00 **Salvage Hunters**
Drew Pritchard visits a 16th-century mansion in Lincolnshire, and hits the jackpot at a brewery.

- 9.00 **Born Mucky: Life on the Farm**
New edition Three British farmers try to run three very different farms.

- 10.00 **The Repair Shop**
A grandfather clock, a vase and a teddy bear.
- 10.30 A rocking chair and a ceramic bulldog.

- 7.00 **Antiques Road Trip**
Christina Trevanion and Philip Serrell buy items in Lancashire before heading to auction in Lincoln.

- 8.00 **Antiques Road Trip**
Christina Trevanion and Philip Serrell travel from Manchester to an auction in Melbourne near York.

- 9.00 **Helicopter ER**
Yorkshire Air Ambulance paramedics race to deliver a patient with an internal bleed to intensive care.

- 10.00 **Body Cam** **New edition**
Documentary series. A fire takes a disturbing turn when it becomes a murder investigation.

- 11.15 **Porridge** Fletch tries to get out of making fishing nets.
- 11.55 Fletcher takes on the role of agony aunt.
- 12.30 AM **Auschwitz: The Nazis and the Final Solution**
- 1.35 **Secrets of the Bible**
- 2.30 to 3.00 AM **David Attenborough's Natural Curiosities**

- 1.00 AM **M*A*S*H** Double-bill of the US comedy series. (S2, ep6) 1.30 (S2, ep7)
- 2.00 **Charlie's Angels** As shown at 6.00pm.
- 3.00 **M*A*S*H** (S8, ep5)
- 3.30 **The Waltons** Drama.
- 4.20 **Touched by an Angel**
- 5.10 to 6.00 AM **Highway to Heaven**

- 11.00 **How Do They Do It?**
The maintenance of the Mississippi River's famous paddleboats.
- 12.00 M'T **Wheeler Dealers**
- 1.00 AM **Outback Truckers**
- 2.00 **American Chopper**
- 3.00 **Fantomworks**
- 4.00 **Dirty Jobs** Bologna Maker.
- 5.00 to 6.00 AM **How It's Made**

- 11.00 **Helicopter ER** Flying doctors attend when a car plunges off a bridge and on to a motorway.
- 12.00 M'T **Ghost Adventures** The spirits of voodoo priests.
- 1.00 AM **Most Haunted**
- 2.00 **Home Shopping**
- 4.00 to 6.00 AM **Antiques Road Trip**

Sony Movies



FV 32 Sky 321 Freesat 302 Virgin 425

- 9.00 AM **Film Menu for Murder** Crime mystery drama. (1990, PG) ★★
- 11.05 **Film A Date to Die For** Thriller. (2015, PG) ★★
- 1.00 PM **Film Status: Unknown** Thriller. (2014) ★
- 2.45 **Film Not My Life** Thriller. (2006, 15) ★★
- 4.30 **Film A League of Their Own** Baseball comedy drama. (1992, PG) ★★★★★
- 7.05 **Film Evolution** Sci-fi comedy starring David Duchovny. (2001) ★★★★★
- 9.00 **Film The Expendables** Thriller starring Sylvester Stallone. (2010, 18) ★★
- See Filmweek, page 32
- 11.10 **Film Missionary Man** Thriller starring Dolph Lundgren. (2007, 15) ★★
- 1.05 AM **Film Riding in Cars with Boys** Drama. (2001, 12) ★★★★★
- 3.45 to 6.00 AM **Film Fly Away Home** Family adventure. (1996) ★★★★★

Sony Movies Classic



FV 50 Sky 319 Freesat 303 Virgin 424

- 6.00 AM **Film Don't Panic Chaps** (1959, b&w) ★★
- 7.50 **Film Crack Up** Crime thriller. (1946, b&w) ★★
- 9.45 **Film Bad for Each Other** Drama. (1953, U) ★
- 11.30 **Film Strongroom** Crime drama. (1961, b&w) ★★
- 1.10 PM **Film All the King's Men** (1949, b&w) ★★★★★
- 3.30 **Film Last Train from Bombay** (1952, U) ★★
- 5.10 **Film Prisoners of the Casbah** (1943, U) ★★
- 6.50 **Film The Toy** Comedy starring Richard Pryor. (1982, PG) ★★
- 9.00 **Film The Blue Lagoon** Drama. (1980, 15) ★
- 11.10 **Film The Big Chill** Drama. (1983, 15) ★★★★★
- 1.15 AM **Film Sartana Kills Them All** Comedy western. (1970, 15) ★★
- 3.00 **Film Long John Silver** Adventure. (1954) ★★★★★
- 4.35 to 6.00 AM **Film What a Carve Up!** (1961)

Challenge



FV 46 Sky 151 Freesat 146 Virgin 164

- 7.00 AM **Catchphrase**
- 7.30 **Deal or No Deal**
- 9.00 **The Chase** Quiz series.
- 10.00 **Dale's Supermarket Sweep** Game show.
- 11.00 **Bruce's Price Is Right**
- 12.00 **NOON Wheel of Fortune**
- 1.00 PM **Catchphrase**
- 2.00 **Family Fortunes**
- 2.30 **All Star Family Fortunes**
- 4.00 **Bullseye** Darts-based quiz.
- 5.00 **Golden Balls** Game show.
- 6.00 **Weakest Link** Quiz series.
- 7.00 **Pointless** Quiz series.
- 8.00 **Impossible** Game show hosted by Rick Edwards.
- 9.00 **The Chase** General knowledge quiz series hosted by Bradley Walsh.
- 10.00 **Who Wants to Be a Millionaire?** Quiz series.
- 11.00 **Bullseye** Double-bill of the darts-based quiz series.
- 12.00 M'T **Classic Who Wants to Be a Millionaire?**
- 1.00 AM **The Chase** Quiz series.
- 4.00 to 6.00 AM **Deal or No Deal**

Quest Red



FV 38 Sky 149 Freesat 169 Virgin 170

- 6.00 AM **Say Yes to the Dress**
- 7.00 **Bondi Vet** Documentary.
- 8.00 **Animal Cops** Phoenix
- 10.00 **Money for Nothing**
- 11.00 **Forensic Detectives**
- 12.00 **NOON Disappeared**
- 2.00 PM **Murder Comes to Town** Susan Casey.
- 3.00 **Say Yes: Wedding SOS**
- 6.00 **Money for Nothing** Side cabinets, a leather box and an old sofa.
- 7.00 **Posh Pawnbrokers** Dan hunts for a local artist.
- 8.00 **My 600lb Life: Where Are They Now?**
- 9.00 **My 600lb Life** **New edition** Reality series.
- 11.00 **FBI Files** Documentary.
- 12.00 M'T **Forensic Detectives**
- 1.00 AM **Crime Stories** **New edition** Documentary.
- 2.00 **Murder Comes to Town**
- 3.00 **FBI Files** Documentary.
- 3.50 **Animal Cops** Phoenix
- 4.40 **Bondi Vet** Documentary.
- 5.30 to 6.00 AM **Say Yes to the Dress**

Paramount Network



FV 31 Sky 150 F'sat 132 Vir 188 (187 HD)

- 9.00 AM **The A-Team**
- 11.00 **Knight Rider** Double-bill.
- 1.00 PM **Police Interceptors**
- 3.00 **Traffic Cops: Under Attack**
- 4.00 **Traffic Cops Special: Carjacked** Documentary.
- 5.00 **The A-Team** Double-bill. (S2, ep16) 6.00 (S2, ep17)
- 7.00 **Police Interceptors** An officer delivers a dressing down to a driver with a taste for rude gestures.
- 8.00 **Traffic Cops** Documentary.
- 9.00 **Police Raids: Caught by Surprise** A team hunts for a suspected dealer.
- 10.00 **Police UK: Armed and Deadly** Documentary.
- 11.00 **Frontline Police 24/7** **New edition** Examining the danger police officers face.
- 12.00 M'T **Banged Up Abroad**
- 1.00 AM **The Virginian: Men from Shiloh** (S1, ep23)
- 2.30 **The X-Files** Double-bill.
- 4.10 **Knight Rider** (S3, ep18)
- 5.05 **Now That's Funny!**
- 5.55 to 6.00 AM **Access**

PRIME-TIME



Sky 106 Virgin 110 (109 HD)

6.00 AM **Monkey Life**
 7.00 **RSPCA Animal Rescue**
 8.00 **The Dog Whisperer**
 9.00 **Stop, Search, Seize**
 10.00 **Highway Patrol**
 11.00 **NCIS: Los Angeles**
 1.00 PM **Hawaii Five-0**
 3.00 **MacGyver** (S2, ep12)
 4.00 **Modern Family** Double-bill.
 5.00 **The Simpsons** Bart drives Lisa to distraction.
 5.30 **Futurama** The 3004 Olympics get under way.
 6.00 Bender considers getting a radical upgrade.
 6.30 **The Simpsons** Bart and Lisa look into the future.



Sky 107 Virgin 112 (111 HD)

6.00 AM **Nothing to Declare**
 8.00 **The Real A&E**
 9.00 **Blue Bloods** (S7, ep11)
 10.00 **Criminal Minds** (S12, ep7)
 11.00 **CSI: Crime Scene Investigation** (S6, ep18)
 12.00 NOON **Elementary**
 1.00 PM **Blue Bloods** (S7, ep13)
 2.00 **Law & Order** (S12, ep13)
 3.00 **The Real A&E**
 4.00 **Stop, Search, Seize** Documentary series.
 5.00 **Nothing to Declare** Back-to-back editions of the series following the work of customs officers in Australia's airports.



Sky 108

6.00 AM **The Guest Wing** 5 of 6.
 7.00 **Without a Trace** Triple-bill. (S3, ep19) 8.00 (S3, ep20) 9.00 (S3, ep21)
 10.00 **The West Wing** US drama.
 12.00 NOON **Blue Bloods**
 1.00 PM **CSI: Crime Scene Investigation** (S6, ep5)
 2.00 **The West Wing** US drama. (S3, ep11) 3.00 (S3, ep12)
 4.00 **Without a Trace** Triple-bill. A 71-year-old man goes missing. (S3, ep22 of 23)
 5.00 **Without a Trace** Vivian has heart surgery. (S3, ep23)
 6.00 **Without a Trace** Martin is shot. (S4, ep1 of 24)



Sky 110 Virgin 124

7.25 AM **The Piglet Files**
 7.50 **As Time Goes By**
 8.25 **The Good Life** Comedy.
 9.00 **Porridge** Prison comedy.
 9.40 **Hi-de-Hi!** Vintage comedy.
 10.20 **Last of the Summer Wine**
 12.20 PM **Keeping Up Appearances** Comedy.
 1.00 **Porridge** See 7.00pm.
 1.40 **Hi-de-Hi!** Vintage comedy.
 2.20 **The Good Life** Comedy.
 3.00 **Keeping Up Appearances**
 3.40 **Dad's Army** See 7.40pm.
 4.20 **Last of the Summer Wine**
 6.20 **The Good Life** Barbara and Tom's activities disturb Margo and Jerry.



Sky 109 Virgin 125 (211 HD)

6.10 AM **MasterChef Australia**
 7.00 **My Dream Home**
 8.00 **Tipping Point** Double-bill.
 10.00 **The Bill** Police drama.
 11.00 **Supernanny US**
 12.00 NOON **Tipping Point**
 2.00 PM **Property Brothers: Forever Home**
 3.00 **My Dream Home** Double-bill. The duo help a couple find a charming fixer-upper to replace their tiny condo.
 4.00 Two busy parents find themselves in a race to find a home of their own.
 5.00 **Tipping Point** Double-bill of the arcade-themed quiz.

7.00 **The Simpsons** Homer is committed to a mental institution by Marge.
 7.30 Bart becomes addicted to junk food.

7.00 **Nothing to Declare** Further editions of the series following the men and women who defend Australia's borders.

7.00 **CSI: Crime Scene Investigation** A single mother is found dead in what appears to be a suicide. (S6, ep6)

7.00 **Porridge** The inmates decide on a wager as the parole board gathers, with Blanco favourite for release.

7.00 **Property Brothers: Forever Home** **New edition** Improving a home in Las Vegas that has an awkward layout.

8.00 **An Idiot Abroad 2** 2 of 8. Karl boards the Trans-Siberian Express to China, and is forced to fight Mongolian wrestlers.

8.00 **Ghost Whisperer** The spirit of a man on life support pulls Melinda into the middle of a family's bitter dispute. (S2, ep12)

8.00 **Blue Bloods** Danny's dedication to the job puts his wife and sons in danger after they are caught up in a chase. (S2, ep12)

7.40 **Dad's Army** Double-bill. Private Pike receives his call-up papers.
 8.20 Private Godfrey discovers his cottage is scheduled for demolition.

8.00 **Sun, Sea and Brides to Be** A fussy bride leads to concerns about the menu, while a groom plans a surprise horse-ride.

9.00 **Pick Strike Back: Vendetta** **New episode** The team races to stop a cyberweapon falling into Jihadist hands. (S8, ep3)

9.00 **The Good Doctor** **New episode** Shaun makes a confession but he may not get the reaction he is looking for. (S3, ep16)

9.00 **Save Me** 4 of 6. A recording of Jody is traced to Streatham, while Nelly locates the property his daughter was held in.

9.00 **Mrs Brown's Boys** Agnes goes on a diet after her family's comments regarding her weight.
 9.40 **Gavin & Stacey** The couple have their first tiff.

9.00 **Inside the Ambulance** Paramedics rush a small baby with suspected meningitis to hospital.

10.00 **The Trip to Greece** **New episode** 3 of 6. Rob and Steve visit Athens.

10.00 **Law & Order: Special Victims Unit** **New episode** Rollins sets out to find a government worker. (S21, ep14 of 22)

10.00 **The L Word: Generation Q** **New episode** Dani and Bette deal with the fallout from a scandal. (S1, ep6)

10.15 **Live at the Apollo** Performances from Kevin Bridges, Shappi Khorsandi and Jack Whitehall.

10.00 **The Wedding Fixer** **New edition** Wedding planner Sarah Haywood has to deal with a bride's strong-willed mother.

11.30 **Avenue 5** Judd calls on Ryan to help him charm an uber-wealthy passenger. (S1, ep7)
 12.05 AM **SEAL Team** (S3, ep9)
 1.05 **Caught on Dashcam**
 2.05 **The Heist** Challenge series.
 3.05 **Road Wars** 11 of 20.
 4.00 **Stop, Search, Seize**
 5.00 to 6.00 AM **Futurama**

11.00 **Law & Order: Special Victims Unit** (S16, ep1)
 12.00 M'T **CSI: Crime Scene Investigation** (S6, ep22)
 1.00 AM **Criminal Minds**
 2.00 **Shades of Blue** (S2, ep7)
 3.00 **Criminal Minds**
 4.00 **Ghost Whisperer**
 5.00 to 6.00 AM **Brit Cops: Rapid Response**

11.05 **Six Feet Under** First-ever episode of the drama. starring Peter Krause and Michael C Hall. (S1, ep1)
 12.25 AM Nathaniel's will is read. (S1, ep2)
 1.35 **Oz** Prison drama series. (S5, ep1) 2.40 (S5, ep2)
 3.45 **Californication** (S2, ep7)
 4.20 to 6.00 AM **The West Wing**

11.20 **Sandylands** 2 of 3. Emily attends the memorial.
 12.00 M'T **Peep Show** Mark waits for the birth of his child.
 12.35 AM Mark forms a club to win over Dobby.
 1.05 **Live at the Apollo**
 2.05 **Peep Show** As 12.00m't.
 2.55 **The Rebel** Comedy series.
 3.30 to 4.00 AM **Piglet Files**

11.00 **Inside the Ambulance** Medics help a man who is in agony after having his kidney stones removed.
 12.00 M'T **One Born Every Minute** Documentary.
 1.00 AM **Emily Attack: Adulthood**
 1.50 **Code Black** (S3, ep11)
 2.35 to 3.00 AM **Renovate My Home: Leave It to Bryan**



Sky 121 Virgin 136 (135 HD)

6.00 AM **Motorway Patrol**
 7.00 **Highway Cops** Double-bill.
 8.00 **Border Security**
 9.00 **Send in the Dogs**
 10.00 **Road Wars** Documentary.
 11.00 **Brit Cops: Rapid Response**
 12.00 NOON **Highway Cops**
 1.00 PM **A Lie to Die For**
 2.00 **Killer Colleagues**
 3.00 **Border Security: Canada's Front Line**
 4.00 **Road Wars** Documentary.
 5.00 **Brit Cops: Rapid Response**
 6.00 **Send in the Dogs**
 7.00 **Snapped** Janet Tyburski.
 8.00 **A Lie to Die For**
 9.00 **World's Most Evil Killers**
 10.00 **Snapped** **New edition** The case of Roxanne Buck.
 11.00 **World's Most Evil Killers**
 12.00 M'T **Murders That Shocked the Nation**
 1.00 AM **Conman: The Life and Crimes of Mark Acklom**
 2.00 **Snapped** 3.00 **Brit Cops**
 5.00 to 6.00 AM **Motorway Patrol**



Sky 132 Virgin 126 (212 HD)

7.10 AM **Murdoch Mysteries**
 10.00 **The Guardian** (S1, ep5)
 11.00 **Sue Thomas: FB Eye**
 12.00 NOON **Major Crimes**
 1.00 PM **Rush** Double-bill.
 3.00 **Murdoch Mysteries**
 6.00 **Major Crimes** Buzz uncovers a dead body in a hotel bath. (S4, ep4)
 7.00 **Motive** Angie and Oscar attempt to track down a cop-killer. (S4, ep1 of 13)
 8.00 **Motive** The team looks into the death of a sport star's wife. (S4, ep2 of 13)
 9.00 **Frankie Drake Mysteries** **New episode** Frankie and the team investigate a fire-bombing at the campaign office of a female politician. (S3, ep8)
 10.00 **Ms Fisher's Modern Murder Mysteries** An investigation exposes a maze of fraudulent activity.
 11.00 **New Tricks** Crime drama.
 12.20 AM **Murdoch Mysteries**
 1.20 to 4.00 AM **Bite Club**



Sky 125 Virgin 250

6.00 AM **Combat Dealers**
 7.00 **Tony Robinson's World War One** 8.00 **Jeremy Customs** 9.00 **Jeremy Wade's Dark Waters**
 10.00 **Nasa's Unexplained Files**
 11.00 **Fast N' Loud** 12.00 NOON **Dave Turin's Lost Mine**
 1.00 PM **Alaska: The Last Frontier** 2.00 **Combat Dealers** 3.00 **World War Two: Complete History**
 4.00 **Building Off the Grid**
 5.00 **Wheeler Dealers**
 6.00 **Fast N' Loud** Cadillac.
 7.00 **Outback Truckers**
 8.00 **Richard Hammond's Big Gold Rush** **New edition**
 9.00 **Gold Rush: Dave Turin's Lost Mine** **New edition**
 10.30 **Gold Rush: The Dirt**
 11.30 **Gold Rush: The Dirt**
 12.00 M'T **Gold Rush**
 1.30 AM **Gold Rush: The Dirt**
 2.00 **Richard Hammond's Big Gold Rush**
 3.00 **Gold Rush: Dave Turin's Lost Mine**
 3.50 **Kindig Customs**
 5.30 to 6.00 AM **How It's Made**



Sky 113 Virgin 122 (121 HD)

8.00 AM **Everybody Hates Chris**
 9.00 **Parks and Recreation**
 10.30 **30 Rock** Triple-bill.
 12.00 NOON **The Mindy Project**
 1.30 PM **Modern Family**
 2.30 **Everybody Hates Chris**
 3.30 **Parks and Recreation**
 5.00 **30 Rock** Triple-bill.
 6.30 **Modern Family** Double-bill.
 7.30 **The Mindy Project** Triple-bill. (S5, ep1) 8.00 (S5, ep2) 8.30 (S5, ep3)
 9.00 **Curb Your Enthusiasm** **New episode** US comedy series. (S10, ep7 of 10)
 9.40 **Ballers** **New episode** Spencer and Joe discuss their grievances. (S5, ep7)
 10.15 **Pick New Mrs Fletcher** Comedy starring Kathryn Hahn. (S1, ep1 of 7)
 10.50 **The Tonight Show**
 11.50 **The Late Late Show with James Corden** Chat show.
 12.50 AM **Entourage** (S3, ep16)
 1.25 **Silicon Valley** Double-bill.
 2.35 **Girls** Double-bill.
 3.45 to 5.00 AM **30 Rock**



Sky 124 Virgin 157 (199 HD)

8.00 AM **Republic of Doyle**
 9.00 **Bones** (S2, ep10)
 10.00 **Bull** (S2, ep3)
 11.00 **NCIS** (S12, ep23)
 12.00 NOON **Bones** (S2, ep11) 1.00 PM (S2, ep11)
 2.00 **The Mentalist** (S7, ep9)
 3.00 **NCIS** (S12, ep24)
 4.00 **Bull** (S2, ep4)
 5.00 **Bones** The remains of a girl are found inside an alligator. (S2, ep13 of 21)
 6.00 **The Mentalist** A member of the team is killed during a shoot-out. (S7, ep10)
 7.00 **NCIS** Gibbs is left fighting for his life. (S13, ep1)
 8.00 **NCIS** Gibbs asks the team to help bring down a drug dealer. (S13, ep2 of 25)
 9.00 **Family Guy** Four episodes.
 11.00 **American Dad!** Double-bill.
 12.00 M'T **Family Guy**
 1.00 AM **American Dad!**
 2.00 **Family Guy** Double-bill.
 3.00 **American Dad!** Double-bill.
 4.00 to 5.00 AM **Republic of Doyle**

(BT) SPORT 1

Sky 413 Virgin 527

- 6.00 AM **Fishing: On the Bank**
 7.00 **WWE Friday Night SmackDown**
 8.45 **Early Kick-Off** Saturday's edition.
 9.00 **Premier League Review**
 10.00 **Premier League World**
 10.30 **Football** Champions League.
 11.00 **Football** Europa League action.
 11.30 **Football** Scottish Premiership.
 11.45 **BT Sport Goals Reload** BT highlights.
 12.00 NOON **Football** National League.
 12.30 PM **Rugby Union** Premiership highlights, including Bristol v Harlequins, Exeter v Bath Rugby and Saracens v Leicester Tigers.
 3.00 **French Football** Ligue 1 action, including Strasbourg v PSG, Marseille v Amiens and Lille v Lyon.
 4.00 **WWE NXT Highlights** Wrestling.
 5.00 **Football** Highlights of Harrogate v Bromley, Wrexham v Eastleigh and Sutton United v Torquay United.
 7.00 **BT Sport Films** True Grit: An insight into the mental fortitude required to be a speedway rider.
 8.00 **WWE Monday Night Raw**
 10.30 **WWE NXT** Wrestling highlights.
 12.15 AM **30 for 30** Nature Boy.
 1.45 **Poker** World Tour Series highlights.
 3.45 **Badminton** German Open finals.
 5.45 to 6.00 AM **Motorcycling Rewind**

(BT) SPORT 2

Sky 414 Virgin 528

- 6.00 AM **Squash** Windy City Open.
 7.00 **Hockey** Men's Pro League: Australia v Argentina and Spain v Germany.
 9.00 **Hockey** Australia v Argentina in the women's Pro League from Perth.
 11.00 **Motorcycling** The Moto3, Moto2 and MotoGP races at the Grand Prix of Qatar from the Losail Circuit – the opening round of the season.
 2.00 PM **Motorcycling Chequered Flag** Analysis and highlights.
 3.00 **Premier League Review**
 4.00 **Football** Tottenham Hotspur v RB Leipzig in the Champions League last-16, first-leg match.
 5.00 **BT Sport Films** Greavsie.
 7.00 **Pick Live Football** RB Leipzig v Tottenham Hotspur. The Champions League last-16, second-leg match from the Red Bull Arena, kick-off is at 8.00pm.
 10.30 **Premier League Reload**
 10.45 **MotoGP Rewind** GP of Qatar.
 11.00 **Live Ice Hockey** Toronto Maple Leafs v Tampa Bay Lightning, face-off 11.00pm.
 1.30 AM **Football** Champions League.
 3.30 **Dan Hardy's Open Mat**
 4.00 **German Football** Bundesliga.
 5.00 to 6.00 AM **French Football**

(BT) SPORT 3

Sky 417 Virgin 529

- 6.00 AM **German Football** Bundesliga 2.
 7.00 **French Football** Ligue 1 review.
 2.30 PM **German Football** VfB Stuttgart v Arminia Bielefeld.
 3.30 **German Football** Bundesliga.
 4.30 **Italian Football** Coppa Italia.
 5.00 **Football** Europa League.
 5.30 **Football** Champions League.
 6.00 **Early Kick-Off** Saturday's edition.
 6.15 **Football: Stories of the Finals**
 6.45 **Football** Atalanta v Valencia.
 7.45 **Live Football** Valencia v Atalanta. Champions League last-16, second-leg match at the Mestalla, kick-off 8.00pm.
 10.30 **Italian Football** Coppa Italia.
 11.00 **Live College Basketball** Double-bill of NCAA matches.
 3.00 AM **Motorcycling** GP of Qatar.
 4.00 **Motorcycling Chequered Flag**
 5.00 to 6.00 AM **Squash**

sky sports MAIN EVENT

Sky 401 Virgin 511 (501 HD)

- 6.00 AM **Good Morning Sports Fans**
 10.00 **Football Centre** The latest news.
 12.00 NOON **Sky Sports News** Round-up of today's talking points.
 1.00 PM **Live Golf** Build-up to this year's Players Championship, which gets underway at TPC Sawgrass on Thursday. Last year's event was won by Rory McIlroy, who finished one shot ahead of Jim Furyk. The Northern Irishman was two shots off joint-leaders Keegan Bradley and Tommy Fleetwood after the first round but a round of 65 on the second day saw him pull level with Englishman Fleetwood. A poor third 18 from American Bradley saw him drop out of contention, with John Rahm's round of 64 moving him into the lead, one shot ahead of McIlroy and Fleetwood. The Spaniard had a torrid final round as McIlroy's two-under was enough to land him his first Players Championship, along with prize money of \$2,250,000.
 9.00 **Sky Sports Tonight** This evening's leading sports stories.
 10.00 **The Debate** Football discussion.
 11.00 **Basketball** The Warm Up.
 12.00 M'T to 6.00 AM **Sky Sports News**

sky sports FOOTBALL

Sky 403 Virgin 513 (503 HD)

- 6.00 AM **Greatest Games** 7.00 **Football's Greatest** 7.30 **Football Countdowns**
 8.00 **Football Years** 8.30 **Greatest Games**
 8.45 **One2Eleven** 9.00 **Greatest Games**
 9.30 **EFL Play-Offs** 10.30 **Greatest Games**
 11.30 **Football's Greatest** 12.00 NOON **Countdowns** 12.30 PM **Football Years**
 1.00 **Greatest Games** Archive action.
 1.45 **One2Eleven** Steve Lomas.
 2.00 **EFL Play-Off Final Highlights**
 3.00 **Football's Greatest Players**
 3.30 **Football Countdowns**
 4.00 **Football Years** Past seasons.
 4.30 **EFL Play-Off Final Highlights**
 5.30 **Greatest Games** Archive action.
 6.00 **EFL Goals: Leagues 1 & 2**
 6.30 **MLS Round-Up Show**
 7.00 **Best of Soccer AM** Highlights.
 7.30 **EFL Play-Off Final Highlights**
 8.30 **EFL Goals: Leagues 1 & 2**
 9.00 **EFL Championship Highlights**
 10.00 **SPFL Highlights** Scottish football.
 10.30 **Greatest Games** Archive action.
 11.00 **One2Eleven** 11.15 **Greatest Games**
 12.00 M'T **Football Years** 12.30 AM **Greatest Games** 1.00 **Football Countdowns**
 1.30 **Football Years** 2.00 **Championship Season Review** 3.00 **Play-Off Finals**
 5.00 to 6.00 AM **League Cup Final 2011/12**

sky sports THE PLAYERS

Sky 405 Virgin 515 (505 HD)

- 6.00 AM **PGA Tour Profiles** TPC Sawgrass.
 6.15 **PGA Tour** The final round of last year's Players Championship.
 11.45 **PGA Tour Profiles** TPC Sawgrass.
 12.00 NOON **Best of the Sky Zone**
 12.30 PM **PGA Tour** A preview of this year's Players Championship.
 1.00 **Live The Players Championship** Build up to this year's event which gets underway at TPC Sawgrass on Thursday.
 9.00 **Rory's Review of 2019**
 9.30 **Players Championship 2019**
 11.30 **Best of the Sky Zone** Highlights.
 12.00 M'T **Golf Academy** Double-bill.
 1.00 AM **The Players Championship 2007**
 2.00 **The Players Championship 2008**
 3.00 **The Players Championship 2009**
 4.00 **The Players Championship 2010**
 5.00 to 6.00 AM **The Players Championship 2011**

sky sports PREM LEAGUE

Sky 402 Virgin 512 (502 HD)

- 6.00 AM **PL Greatest Games**
 7.00 **PL Legends** Ginola and Juninho.
 8.00 **Monday Night Football** Highlights of Leicester City v Aston Villa.
 9.30 **Premier League 100 Club**
 10.00 **Premier League Years** Archive action.
 12.00 NOON **Monday Night Football** Leicester City v Aston Villa.
 4.00 PM **PL Greatest Games** Newcastle v Leicester City from 1996/97, Liverpool v Manchester United from 1993/94, Swansea City v Crystal Palace from 2016/2017 and Charlton Athletic v West Ham United from the 2001/2002 season.
 5.00 **Monday Night Football** Highlights of Leicester City v Aston Villa from the King Power Stadium.
 6.30 **PL Legends** Midfielder Juninho.
 7.00 **Premier League Review**
 8.00 **Gary Neville's Soccerbox** With Paul Scholes and Robbie Fowler.
 9.00 **Premier League Review**
 10.00 **The Debate** Football discussion.
 11.00 **PL Best Goals** From 1992/1993.
 12.00 M'T **The Debate** Football discussion.
 1.00 AM **Premier League Years**
 3.00 **PL Greatest Games** Archive action.
 4.00 **Premier League Best Goals**
 5.30 to 6.00 AM **Premier League 100 Club**

sky sports CRICKET

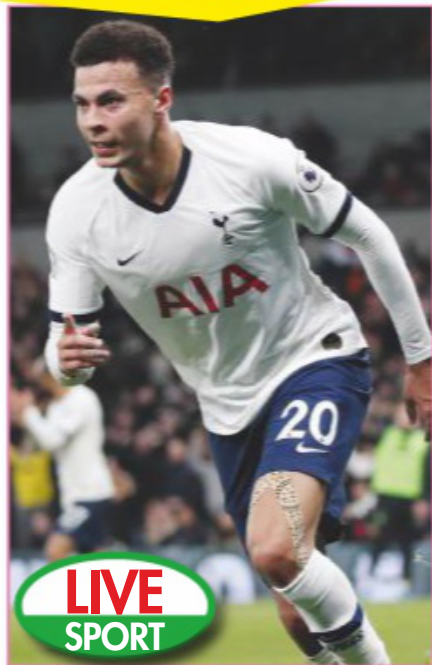
Sky 404 Virgin 514 (504 HD)

- 6.00 AM **Cricket's Greatest Games**
 7.00 **Best of England v Australia**
 7.45 **Ashes Greats** Michael Vaughan.
 8.00 **Cricket's Greatest Games**
 9.00 **The 2007 World Cup** A review of the tournament held in the West Indies. Australia entered as champions.
 12.00 NOON **Cricket's Greatest Games**
 1.00 PM **Best of England v Australia**
 1.45 **Ashes Greats** Michael Vaughan.
 2.00 **Cricket's Greatest Games**
 3.00 **The 2007 World Cup** A review of the tournament held in the West Indies, where Australia were the reigning champions.
 6.00 **Women's World T20** A full replay of the second semi-final held at the Sydney Cricket Ground.
 10.00 **The 2007 World Cup** A review of the tournament held in the West Indies, where Australia were the reigning champions.
 1.00 AM **Best of England v Australia**
 1.45 **Ashes Greats** Michael Vaughan.
 2.00 **Cricket's Greatest Games**
 3.00 **Best of England v Australia**
 3.45 **Ashes Greats** Michael Vaughan.
 4.00 **Cricket's Greatest Games**
 5.00 **Best of England v Australia**
 5.45 to 6.00 AM **Ashes Greats**

sky sports MIX

Sky 145 Virgin 520 (510 HD)

- 6.00 AM **My Icon** 7.00 **Sporting Records**
 8.00 **Sporting Greats** 9.00 **My Icon**
 10.00 **Basketball** 11.00 **School of Golf**
 12.00 NOON **Sporting Greats**
 1.00 PM **Golf** Qatar Masters final round.
 2.00 **Boxing** Joshua v Ruiz Jr.
 3.00 **Women's Cricket** Highlights of the final of the World T20.
 4.00 **My Icon** Sporting heroes.
 5.00 **Basketball** NBA Classic Games.
 6.00 **Best of Soccer AM** Highlights
 6.30 **Netball** Pulse v Dragons.
 8.30 **Best of Soccer AM** Highlights.
 9.00 **Women's Cricket** Highlights of the final of the World T20.
 10.00 **Best of Soccer AM** Highlights.
 10.30 **My Icon** Sporting heroes.
 11.30 **Best of Soccer AM** Highlights.
 12.00 M'T to 6.00 AM **Mix Shorts: Masterclasses**

What's on
TVPick of
the day**Football: RB Leipzig v Tottenham Hotspur***BT Sport 2, 7.00pm*

Dele Alli and Spurs journey to Germany needing to overturn a 1-0 deficit in this Champions League last-16 second leg.

sky sports ACTION

Sky 407 Virgin 517 (507 HD)

- 6.00 AM **Boxing Gold** 7.00 **Sporting Records** 8.00 **NFL: America's Game**
 10.00 **Sporting Records** 11.00 **NFL**
 12.00 NOON **NFL: America's Game**
 1.00 PM **Sporting Records** Double-bill.
 2.00 **Darts Gold/Boxing Gold**
 4.30 **Sporting Records** Milestones.
 5.30 **Fishing: Hooked on Africa**
 6.00 **NBC's Pro-Football Talk**
 8.00 **NFL: America's Game**
 10.00 **Fishing: Hooked on Africa**
 10.30 **Darts Gold** Archive PDC matches.
 11.00 **NFL: America's Game**
 12.00 M'T **NFL** 1.00 AM **Super League Gold**
 2.00 **NFL: Greatest Games**
 3.30 **Darts Gold** 4.00 **Sporting Records**
 5.00 to 6.00 AM **Sporting Greats**

sky sports ARENA

Sky 408 Virgin 518 (508 HD)

- 6.00 AM **Greats** 7.00 **Super League Gold**
 8.00 **Rugby League** 8.30 **Sporting Greats**
 9.00 **Records** 10.00 **Boxing** 10.30 **Rugby League** 11.00 **Super League Gold**
 12.00 NOON **Rugby League** Highlights.
 12.30 PM **Sporting Greats** Triple-bill.
 2.00 **NBA Classic Games**
 4.30 **Netball** Pulse v Dragons.
 6.30 **Rugby League** Super League.
 7.00 **Super League Gold**
 8.00 **NBA Classic Games**
 9.00 **Rugby League** Super League.
 9.30 **Basketball** News and features.
 12.00 M'T **NBA Classic Games** 2.00 AM **Super League Gold** 3.00 **Records**
 4.00 **Greats** 5.00 to 6.00 AM **Records**

EUROSPORT II

Sky 410 Virgin 521

- 6.00 AM **Alpine Skiing** 7.00 **Cycling**
 8.00 **Snooker** 10.00 **Motocross**
 10.35 **Fencing** 11.40 **Table Tennis**
 12.40 PM **Cycling** Paris-Nice stage two.
 1.40 **Live Cycling** Paris-Nice.
 3.40 **Cycling** Tirreno-Adriatico 2019.
 4.40 **Cycling: Get to Know**
 6.00 **Alpine Skiing** World Cup action.
 8.00 **Cycling** Paris-Nice stage three.
 9.00 **Cycling** Tirreno-Adriatico 2019.
 10.00 **Ski Jumping** HS140 in Norway.
 11.00 **Cycling** Paris-Nice stage three.
 12.00 M'T **Cycling** 1.00 AM **Triathlon**
 2.00 **Cycling** 4.00 **Ski Jumping**
 5.00 to 6.00 AM **Alpine Skiing**

Premiere

sky cinema

Sky 301 Virgin 401

6.00 AM **The Counterfeiter** Action thriller. (2018, 15) ★★★

8.45 **We Die Young** See 6.15pm.

10.30 **This Changes Everything** Documentary. (2018) ★★★

12.30 PM **The Art of Self-Defense**

2.30 **Brightburn** See 10.00pm.

4.30 **Doom: Annihilation** Fantasy adventure. (2019, 15) ★★★

6.15 **We Die Young** Action drama. (2019, 15) ★★★

PRIME-TIME

8.00 **Premiere The Art of Self-Defense** Comedy thriller. A man learns how to defend himself after he is attacked. Stars Jesse Eisenberg. (2019, 15) ★★★

10.00 **Brightburn** Horror. An extra-terrestrial crash-lands on Earth. Stars Elizabeth Banks. (2019, 15) ★★★

11.45 **Doom: Annihilation** (2019)

1.30 AM **Hell Is Where the Home Is** Horror. (2018, 18) ★★

3.30 to **5.15** AM **The Counterfeiter** (2018) ★★★

Drama

sky cinema

Sky 310 Virgin 410

6.00 AM **Foxtrot** Fact-based drama. (2017, 15) ★★★★★

8.00 **Damsel** (2018, 15) ★★

10.00 **The Leisure Seeker** Drama. (2017, 15) ★★★

11.55 **Burning** See 8.00pm.

2.25 PM **Puzzle** See 2.35am.

4.20 **The Butterfly Tree** Comedy drama. (2017, 15) ★★

6.05 **Step Up** Romantic dance drama. (2006, PG) ★★★

PRIME-TIME

8.00 **Burning** Korean drama. A writer becomes suspicious of an old acquaintance's new friend. Stars Ah-in Yoo. (2018, 15) ★★★★★

10.40 **Saturday Night Fever** Dance drama. A teenager escapes his dull life through the disco scene. Stars John Travolta. (1977) ★★★★★

12.50 AM **Blue My Mind** Swiss drama. (2017, 18) ★★★

2.35 **Puzzle** Drama starring Kelly Macdonald. (2018) ★★★★★

4.30 to **6.30** AM **Step Up** (2006)

Thriller

sky cinema

Sky 309 Virgin 409

6.00 AM **Beast of Burden** (2017)

7.35 **Danger One** (2018, 15) ★★

9.20 **Blood Brother** Thriller. Stars Trey Songz. (2018, 15) ★

10.50 **Cutterhead** (2018, 15) ★★★

12.20 PM **Rust Creek** (2018) ★★★

2.10 **The Bone Collector** Crime thriller. (1999, 15) ★★★

4.10 **Accident** (2017, 15) ★

5.45 **Enemy of the State** Thriller. (1998, 15) ★★★★★

PRIME-TIME

8.00 **The Negotiator** Thriller. A diplomat heads to Beirut to negotiate the release of a colleague. Stars Jon Hamm. (2018, 15) ★★★★★

10.00 **Basic Instinct** Adult thriller. A detective falls under the spell of a murder suspect. Stars Michael Douglas. (1992, 18) ★★★★★

12.15 AM **Lone Survivor** War drama. (2013, 15) ★★★★★

2.25 **Single White Female** Thriller. (1992, 18) ★★★★★

4.25 to **6.10** AM **Malpractice**

Comedy

sky cinema

Sky 308 Virgin 408

7.15 AM **Sword of Trust** (2019)

8.55 **Eighth Grade** Comedy drama. (2018, 15) ★★★★★

10.35 **Bad Teacher** See 8.00pm.

12.20 PM **Along Came Polly** (2003)

2.00 **Jerry Maguire** Romantic drama. (1996, 15) ★★★★★

4.20 **Click** Comedy starring Adam Sandler. (2006, 12) ★★★★★

6.20 **Family** Comedy. Stars Taylor Schilling. (2018, 15) ★★★

8.00 **Bad Teacher** Comedy. A gold-digging teacher will stop at nothing to find a rich husband. Stars Cameron Diaz. (2011, 15) ★★

9.45 **Along Came Polly** Comedy. A man's orderly life is thrown into disarray by an old friend. Stars Ben Stiller. (2003, 12) ★★★

11.25 **Sex Tape** (2014, 15) ★★

1.05 AM **Road Trip** (2000) ★★★

2.45 **Eurotrip** (2004, 15) ★★

4.35 to **6.45** AM **The Fighting Temptations** (2003) ★★★

Disney

sky cinema

Sky 305 Virgin 405

7.10 AM **Bedtime Stories** (2008)

8.55 **Mulan** See 5.25pm.

10.30 **Brother Bear** Animated adventure. (2003) ★★★★★

12.00 NOON **Cinderella** As 7.00pm.

1.50 PM **Bedtime Stories** Fantasy comedy. (2008, PG) ★★★

3.35 **Big Hero 6** Animated fantasy. (2014, PG) ★★★★★

5.25 **Mulan** Animated adventure. (1998, U) ★★★★★

7.00 **Cinderella** Fantasy. The downtrodden girl gets the chance to win the heart of a prince. Stars Lily James. (2014, U) ★★★★★

9.00 **Tomorrowland: A World Beyond** Fantasy drama. Stars Britt Robertson and George Clooney. (2015, 12) ★★★

11.15 **The Haunted Mansion**

12.50 AM **The Story of Robin...**

2.20 **The Sword in the Stone**

3.45 **Dinosaur** **5.20** to **6.55** AM **Beverly Hills Chihuahua 2**

Greats

sky cinema

Sky 304 Virgin 404

7.00 AM **Carousel** Musical fantasy. (1956, U) ★★★★★

9.20 **Vertigo** Hitchcock thriller starring James Stewart. (1958, PG) ★★★★★

11.40 **Elizabeth: The Golden Age**

1.40 PM **The Bourne Supremacy** Spy thriller starring Matt Damon. (2004, 12) ★★★★★

3.40 **Evita** Epic musical starring Madonna. (1996) ★★★★★

6.00 **Braveheart** Epic drama. A Scottish warrior leads an army against English forces. Stars Mel Gibson. (1995, 15) ★★★★★

9.00 **Elizabeth: The Golden Age** Historical drama sequel. Queen Elizabeth I finds romance. Stars Cate Blanchett. (2007) ★★★★★

11.00 **Lethal Weapon 2** (1989)

1.00 AM **The Juror** (1996, 18) ★★

3.05 **American Beauty** (1999)

5.15 to **8.00** AM **The Bridge on the River Kwai** (1957)

Action

sky cinema

Sky 311 Virgin 407

6.00 AM **The Karate Kid** (2010)

8.30 **Armageddon** See 5.15pm.

11.05 **Edge of Tomorrow** As 8pm.

1.05 PM **Escape Plan 3** As 10pm.

2.50 **Master and Commander: The Far Side of the World** Adventure starring Russell Crowe. (2003, 12) ★★★★★

5.15 **Armageddon** Sci-fi action thriller starring Bruce Willis. (1998, 12) ★★★★★

8.00 **Edge of Tomorrow** Sci-fi adventure. A soldier is repeatedly killed and brought back to life. Stars Tom Cruise. (2014) ★★★★★

10.00 **Escape Plan 3** Action thriller sequel. A Hong Kong tech mogul's daughter is kidnapped. Stars Sylvester Stallone. (2019, 15) ★

11.45 **Riot Girls** Sci-fi thriller. Stars Ajay Friese. (2019, 18) ★★

1.15 AM **Master and Commander: The Far Side of the World**

3.45 to **6.15** AM **The Karate Kid**

Monsters

sky cinema

Sky 307 Virgin 411

6.00 AM **Slender Man** Horror starring Joey King and Jaz Sinclair. (2018, 15) ★

7.40 **Godzilla** See 4.15pm.

10.05 **Godzilla** See 6.45pm.

12.10 PM **Godzilla: King of the Monsters** See 9.00pm.

2.30 A **Quiet Place** See 11.30pm.

4.15 **Godzilla** Monster movie remake starring Matthew Broderick. (1998, PG) ★★

6.45 **Godzilla** Fantasy remake. A monster battles a race of rampaging creatures. Stars Aaron Taylor-Johnson. (2014, 12) ★★

9.00 **Godzilla: King of the Monsters** Fantasy sequel. The Earth is threatened by huge creatures. Stars Vera Farmiga. (2019, 12) ★★

11.30 A **Quiet Place** Horror thriller. (2018, 15) ★★★★★

1.15 AM **Slender Man** As 6.00am.

3.15 to **5.00** AM **Resident Evil: Apocalypse** (2004) ★★

Superhero

sky cinema

Sky 302 Virgin 402

6.00 AM **Avengers: Age of Ultron**

8.25 **Avengers: Infinity War**

11.00 **Avengers: Endgame**

2.05 PM **Fantastic Four** Comic-book adventure starring Ioan Gruffudd. (2005, PG) ★★

4.05 **Avengers: Age of Ultron** Superhero adventure sequel starring Robert Downey Jr. (2015, 12) ★★

6.30 **Avengers: Infinity War** Fantasy. Superheroes try to foil a warlord's insane plan. Stars Robert Downey Jr. (2018, 12) ★★★★★

9.00 **Avengers: Endgame** Fantasy. The heroes make a final stand against the evil Thanos. Stars Robert Downey Jr. (2019) ★★★★★

12.05 AM **The Punisher** Action thriller. (2004, 18) ★★

2.15 **Punisher War Zone** Thriller sequel. (2008, 18) ★★

4.10 to **6.05** AM **Fantastic Four**

Family

sky cinema

Sky 306 Virgin 406

6.00 AM **The Grinch** See 3.05pm.

7.35 **Wonder Park** See 6.30pm.

9.05 **Look Who's Talking** Comedy. (1989, 12) ★★★★★

10.50 **Jumanji** See 4.40pm.

12.40 PM **The Mask of Zorro** (1998)

3.05 **The Grinch** (2018, U) ★★

4.40 **Jumanji** Fantasy adventure. (1995, PG) ★★★★★

6.30 **Wonder Park** Animated adventure. (2019, PG) ★★

8.00 **The Mask of Zorro** Adventure. The legendary hero looks for a suitable successor. Stars Antonio Banderas. (1998) ★★★★★

10.20 **The Legend of Zorro** Adventure. The hero hears of a plot involving his wife. Stars Antonio Banderas. (2005, PG) ★★

12.35 AM **The Polar Express** Cartoon. (2004, U) ★★★★★

2.25 **Toys & Pets** Animated adventure. (2017, U) ★★

4.15 to **6.10** AM **Cats** (2018)

Hits

sky cinema

Sky 303 Virgin 403

6.20 AM **Deep Impact** Disaster movie. (1998, 12) ★★

8.25 **Prince of Persia: The Sands of Time** (2010, 12) ★★

10.25 **Bad Times at the El Royale** Thriller. (2018, 15) ★★★★★

12.50 PM **Skyscraper** See 9.00pm.

2.35 **Fury** Drama. (2014, 15) ★★

4.55 **The Nutcracker and the Four Realms** Fantasy adventure. (2018, PG) ★★

6.40 **Solo: A Star Wars Story** Sci-fi. Han Solo gets mixed up with mercenaries. Stars Alden Ehrenreich and Emilia Clarke. (2018, 12) ★★★★★

9.00 **Skyscraper** Action thriller. A man must rescue his family from a burning skyscraper. Stars Dwayne Johnson. (2018, 12) ★★

10.50 **Fury** Drama. (2014, 15) ★★

1.10 AM **Pet Sematary** (2019)

3.05 **Escape Room** (2019) ★★

4.50 to **6.40** AM **The Nutcracker and the Four Realms** (2018)

TCM

TCM

Sky 315 Virgin 415 (416 HD)

6.30 AM **Best Film Directors**

7.00 **Charro!** (1969, U) ★★

9.05 **Westward the Women** (1951, PG, b&w) ★★★★★

11.30 **The Fastest Gun Alive** (1956, U, b&w) ★★★★★

1.30 PM **12 Angry Men** Drama. (1957, U, b&w) ★★★★★

3.30 **Frenchie** (1950, PG) ★★

5.10 **Arizona Raiders** Western drama. (1965, PG) ★★

7.15 **Ten Wanted Men** Western. A feud breaks out between two Arizona ranchers. Stars Randolph Scott. (1955, U) ★★

9.00 **Dirty Harry** Crime thriller. A San Francisco cop must pursue a psychotic sniper. Stars Clint Eastwood. (1971, 18) ★★★★★

11.15 **The Postman** (1997, 15) ★★

2.45 AM **Every Which Way But Loose** (1978, 12) ★★

4.40 **Off Set** Jamie Cullum.

5.00 to **6.30** AM **Close Up**

RADIO

RADIO 1 **FREEVIEW 700**

Sky 0101 Virgin 901 Freesat 700

4.00am Adele Roberts. **6.30** Greg James. **10.00** Clara Amfo. **12.45pm** Newsbeat. **1.00** Scott Mills. **4.00** Nick Grimshaw. **7.00** Future Sounds with Annie Mac. **9.00** Rickie, Melvin and Charlie. **11.00** Indie Show. **1.00am** Annie Nightingale. **3.00** to **4.00am** Movie Mixtape.

RADIO 2 **FREEVIEW 702**

Sky 0102 Virgin 902 Freesat 702

5.00am Vanessa Feltz. **6.30** Zoe Ball. **9.30** Ken Bruce. **12.00noon** Jeremy Vine. **2.00pm** Steve Wright. **5.00** Sara Cox. **7.00** Jo Whaley. **9.00** The Jazz Show with Jamie Cullum. **10.00** Trevor Nelson's Rhythm Nation. **12.00m't** OJ Borg. **3.00am** Sounds of the 80s with Gary Davies. **4.50** to **5.00am** Radio 2 Sounds of the 80s Mastermix.

RADIO 3 **FREEVIEW 703**

Sky 0103 Virgin 903 Freesat 703

6.30am Breakfast. **9.00** Essential Classics. **12.00noon** Composer of the Week: Beethoven Unleashed – At Home. **1.00pm** Lunchtime Concert. **2.00** Afternoon Concert. **5.00** In Tune. **7.00** In Tune Mixtape. **7.30** Radio 3 in Concert. **10.00** Free Thinking. **10.45** The Essay: Home Sweet Home. **11.00** Night Tracks. **12.30** to **6.30am** Through the Night.

RADIO 4 **FREEVIEW 704**

Sky 0104 Virgin 904 Freesat 704

6.00am Today. **8.30 (LW)** Yesterday in Parliament. **9.00** The Patch. **9.30** New Storytellers. **9.45 (FM)** Book of the Week: The Peregrine. **9.45 (LW)** Daily Service. **10.00** Woman's Hour. **11.00** The Cash for Ash Scandal. **11.30** Art of Now: Good Vibrations. **12.00noon** News. **12.05pm** The Call of the Wild. **12.15** Call You and Yours; Weather. **1.00** The World at One. **1.45** Living National Treasures. **2.00** The Archers. **2.15** Drama: Dangerous Visions – Brave Old World. **3.00** Short Cuts. **3.30** Costing the Earth. **4.00** Law in Action. **4.30** A Good Read. **5.00** PM. **5.55 (LW)** Shipping Forecast; Weather. **6.00** Six O'Clock News. **6.30** The Hitchhiker's Guide to the Galaxy: Hexagonal Phase. **7.00** The Archers. **7.15** Front Row. **7.45** The Book of Strange New Things. **8.00** File on 4. **8.40** In Touch. **9.00** Inside Health. **9.30** New Weird Britain. **10.00** The World Tonight. **10.45** Book at Bedtime: The Call of the Wild. Jack London's novel, read by Kerry Shale. **11.00** Liam Williams: Ladhoo. **11.30** Today in Parliament. **12.00m't** News and Weather. **12.30am** Book of the Week: The Peregrine; Shipping Forecast. **1.00** As World Service. **5.20** Shipping. **5.30** News Briefing; Prayer for the Day. **5.45** to **6.00am** Farming Today; Tweet of the Day.

RADIO 5 LIVE **FREEVIEW 705**

Sky 0105 Virgin 905 Freesat 705

5.00am Morning Reports. **5.15** Wake Up to Money. **6.00** 5 Live Breakfast. **9.00** Your Call. **10.00** The Emma Barnett Show. **1.00pm** Nihal Arthanayake. **4.00** 5 Live Drive. **7.00** 5 Live Sport: Build-up. **8.00** 5 Live Sport: Football. RB Leipzig v Tottenham Hotspur: Commentary on the Champions League last-16, second-leg match from the Red Bull Arena, kick-off 8.00pm. **10.30** Colin Murray. **1.00** to **5.00am** Up All Night.

What's on TV Picks of the day



Coronation Street

ITV, 7.30pm Driven to distraction... Maria asks Ali about his recent overdose but her feelings of concern quickly turn to panic when he locks her in his car and drives off.



The Heat Is On: Sport Relief

BBC1, 8.00pm Ready for the off... Seven famous faces attempt to cross the world's oldest desert in Namibia in just four days – a high-temperature trek of more 100 miles.



The Trouble with Maggie Cole

ITV, 9.00pm Cold shoulders... Local GP Dr Carol Tomlin (Chetna Pandya, right) is one of a number of residents who are in no mood to accept Maggie's apologies.

BBC one

BBC1

Freeview 1 (101 HD) Sky 101 (115 HD) Virgin 101 (108 HD) F'sat 101 (106 HD)

- 6.00 AM **Breakfast** News and sport. (S, HD)
- 9.15 **Crimewatch Roadshow Live** (S, HD)
- 10.00 **Homes Under the Hammer** (S, Rpt, AD, HD)
- 11.00 **Dom Does America** (S, Rpt, HD)
- 11.45 **Saved on Camera** 8 of 10. (S, HD)
- 12.15 PM **Bargain Hunt** Llanarthney. (S, Rpt)
- 1.00 **News; Weather** (S, HD)
- 1.30 **Local News; Weather** (S)
- 1.45 **Doctors** The Way Out of Limbo: Medical drama series. Valerie helps a cancer patient face up to some surprising news. (S, HD)
- 2.15 **Five Bedrooms** Twenty Guests: 2 of 8. Drama series starring Kat Stewart. A hurried housewarming causes squabbles, while a couple's marriage crumbles. (S, AD, HD)
- 3.00 **Escape to the Country** Couples set out to find their ideal rural retreats. (S, AD, HD)
- 3.45 **Money for Nothing** Salvage series. Today, a collection of slate tiles and a trio of metal lights are rescued from the tip. (S, HD)
- 4.30 **Ready, Steady, Cook** 8 of 20. Culinary contest hosted by Rylan Clark-Neal. (S, HD)
- 5.15 **Pointless** Quiz series. (S, Rpt, HD)
- 6.00 **News; Weather** (S, HD)
- 6.30 **Local News; Weather** (S)
- 6.55 **Party Political Broadcast** By the Liberal Democrats. (S, Rpt, HD)

7 PM

- 7.00 **The One Show** Hour-long edition of the topical magazine presented by Alex Jones and Matt Baker, featuring stories of interest from around the UK, plus an array of celebrity guests in the studio. (S)

8 PM

- 8.00 **The Heat Is On: Sport Relief** One-off special in which Nick Grimshaw, Frankie Bridge, Rob Rinder, Krishnan Guru-Murthy, Karim Zeroual, Samantha Womack and Louise Minchin attempt to cross the world's oldest desert in Namibia, south-west Africa. *See feature, page 27.* (S, HD)

9 PM

- 9.00 **MasterChef** 8 of 24. Culinary challenge series. In this edition, another group of six amateur cooks prepare their signature dish for presenters John Torode and Gregg Wallace, hoping to secure their place in the next stage of the contest. Continues tomorrow at 8.00pm. (S, HD)

10 PM

- 10.00 **News; Weather** (S, HD)
- 10.25 **Local News; Weather** (S)
- 10.35 **Eating with My Ex** Reality series in which former couples are reunited to talk about their break-ups. Ryan hopes to win Faye back, Nick wants to know if ex Tiff cheated on him, and Tion is eager to find out if she has a future with Aaliyah. (S)
- 11.05 **Eating with My Ex** Winston wants to know why Shannon ended their relationship and if they warrant a second chance. (S, Rpt)
- 11.25 **Killing Eve** I Have a Thing About Bathrooms: 5 of 8. Double-bill of the spy thriller series starring Sandra Oh and Jodie Comer. Eve questions the mole in an MI5 safe house about Villanelle and her employer. (S, Rpt)
- 12.05 AM **Take Me to the Hole!** 6 of 8. Villanelle is smuggled into a Russian jail to tie up a loose end. (S, Rpt, AD, HD)
- 12.55 to 6.00 AM **BBC News** (S, HD)

BBC1 REGIONAL VARIATIONS

■ WALES
10.30pm BBC Wales Live 11.00 Weather 11.05 Eating with My Ex 11.35 Eating with My Ex 11.55 Killing Eve 12.35am Killing Eve 1.20-6.00am BBC News

BBC TWO

BBC2

Freeview 2 (102 HD) Sky 102 Virgin 102 (162 HD) Freesat 102 (106 HD)

- 6.30 AM **Money for Nothing** (S, Rpt, HD)
- 7.15 **Ready, Steady, Cook** (S, Rpt, HD)
- 8.00 **Great British Railway Journeys** Taunton to Salisbury Plain. (SL, S, Rpt, AD, HD)
- 8.30 **Yorkshire Walks** (SL, S, Rpt, HD)
- 9.00 **BBC News at 9** (S, HD)
- 10.00 **Victoria Derbyshire** Discussion. (S, HD)
- 11.00 **BBC Newsroom Live** (S, HD)
- 11.15 **The Budget** Andrew Neil presents coverage of Chancellor Rishi Sunak's Budget, with expert analysis from Laura Kuenssberg, Faisal Islam and Simon Jack. (S, HD)
- 3.00 PM **Red Rock** Irish drama. Dunne needs to damage Aoife's credibility. (S, Rpt, AD, HD)
- 3.45 **The Great Interior Design Challenge** Half Houses: 8 of 15. The three remaining contestants redesign a kitchen. (S, Rpt, HD)
- 4.45 **Portillo's State Secrets** Files outlining the state's strategy on Scientology. (S, Rpt, HD)
- 5.15 **Flog It!** From Huddersfield. (S, Rpt, HD)
- 6.00 **Richard Osman's House of Games** With former winners Hugh Dennis, Sarah Greene, Nish Kumar and Holly Walsh. (S)
- 6.30 **Great British Railway Journeys** Ealing Broadway to South Kensington: Michael Portillo reaches the capital on his journey from Warwick to East Sussex. (S, Rpt, HD)

- 7.00 **The Andrew Neil Show** Analysis of Chancellor Rishi Sunak's Budget. (S, HD)

- 7.30 **Grand Tours of Scotland's Lochs** A Mystical Journey: 2 of 6. Paul Murton explores Easter Ross and Sutherland, visiting Loch Ussie and crossing a fairy bridge over the Dornoch Firth. (S, HD)

- 8.00 **Saving Lives at Sea** Documentary series. Tonight, a crew of RNLI volunteers in Newquay is called out to a shipwreck off the coast of Cornwall, a yacht in the Dover Strait starts to sink, and a Dorset crew searches for a windsurfer who has got caught in a storm. (S, Rpt, AD, HD)

- 9.00 **Child of Our Time: Turning 20** One-off documentary catching up with Eve, Jamie and Rhianna – three children from groundbreaking 1999 series *Child of Our Time* – as they reach the age of 20. They reflect on growing up during a time of extraordinary social change. (S, HD)

- 10.00 **Live at the Apollo** Stand-up comedy series. Tonight, sitcom star and *The Last Leg* regular Josh Widdicombe welcomes Nathan Caton and Celia Pacquola to the Hammersmith Apollo in London. (S, Rpt)

- 10.30 **Newsnight; Weather** (S, HD)

- 11.15 **Dragons' Den** Sunday's edition of the business-based challenge series presented by Evan Davis. Pitches include low-alcohol beer and hand-finished shoes. (S, Rpt, HD)
- 12.15 AM **Sign Zone** Starting with: 12.15 **Universal Credit: Inside the Welfare State** Last in the documentary series. A waitress struggles to organise her life on zero-hour contracts, while a new claimant has trouble paying back the advance she was given. (SL, S, Rpt, HD)
- 1.15 to 2.15 AM **Hospital** A team tries to save the life of a man who has been stabbed in the chest. (SL, S, Rpt, HD)

BBC2 REGIONAL VARIATIONS

■ WALES
10.00-10.30pm Young, Welsh and Pretty Minted 3 of 6. Documentary series. Erin Budina works in recycling depot as part of a YouTube challenge.

ARE YOU A Thunderball WINNER?

Write the winning numbers here



THUNDERBALL



ARE YOU A Lotto WINNER?

Write the winning numbers here



BONUS NUMBER





Freeview **3** (103 HD) Sky **103** (176 HD) Virgin **103** (113 HD) F'sat **103** (111 HD)

- 6.00 AM **Good Morning Britain** (S, HD)
- 9.00 **Lorraine** Entertainment news. (S, HD)
- 10.00 **This Morning** Daily magazine featuring a mix of celebrity chat, competitions and lifestyle features. Including Local Weather. (S, HD)
- 12.00 NOON **The Chancellor's Budget** Coverage of Chancellor Rishi Sunak's Budget. (S, HD)
- 2.00 PM **Live Racing** Francesca Cumani and Ed Chamberlin present coverage of the second day of the Cheltenham Festival, including feature race the Queen Mother Champion Steeple Chase at 3.30. Plus, the races at 2.10, 2.50 and 4.10. Expert analysis comes from AP McCoy and Ruby Walsh. (S, HD)
- 4.30 **Tipping Point: Best Ever Finals** Compilation of some of the most dramatic endgames from the arcade-themed quiz series hosted by Ben Shephard. (S, HD)
- 5.00 **The Chase** Quiz series hosted by Bradley Walsh, in which four contestants answer general knowledge questions and work as a team to take on ruthless quiz expert the Chaser and secure a cash prize. (S, Rpt, HD)
- 6.00 **Local News; Weather** (S, HD)
- 6.25 **Party Political Broadcast** By the Liberal Democrats. (S, HD)
- 6.30 **News; Weather** (S, HD)
- 7.00 **Emmerdale** Cain faces up to Malone, and Vanessa feels the time is right to tell everyone about her diagnosis. (S, AD, HD)
- 7.30 **Coronation Street** First of two episodes tonight. Ali assures Ryan that Gary must have spiked his drink, and Alya confronts Geoff about Speed Daal's bad reviews. (S)
- 8.00 **Harry Redknapp's Sandbanks Summer** Last in the series. The former football manager goes on a camping trip to Brownsea Island with his family. (S, HD)
- 8.30 **Coronation Street** James assures his manager that he is not gay, and Ali takes Maria on a terrifying car ride. (S, AD, HD)
- 9.00 **The Trouble with Maggie Cole** 2 of 6. Drama series starring Dawn French. Maggie wants to apologise to everyone she has upset as the radio interview goes viral, and Jill bonds with other members of the so-called 'outed six'. With Julie Hesmondhalgh. See feature, page 13. (S, HD)
- 10.00 **News; Weather** (S, HD)
- 10.30 **Local News; Weather** (S, HD)
- 10.45 **Peston** Political magazine presented by Robert Peston, featuring major interviews with members of Westminster, topical guests and cultural figures. (S, HD)
- 11.45 **Tenable** Quiz hosted by Warwick Davis. Five contestants from Yorkshire answer questions about top-10 lists, then attempt to score a perfect 10 in the final round. (S, Rpt)
- 12.45 AM **Teleshopping** (HD)
- 3.00 **Broadchurch** 3 of 8. Mystery drama series starring Olivia Colman and David Tennant. Hardy and Miller appeal to Trish to be more open with them, while the police uncover inconsistencies and lies as they interview witnesses and collect statements. (S, Rpt)
- 3.50 **Nightscreen** Programme guide. (HD)
- 5.05 to 6.00 AM **Judge Rinder** (SL, S, Rpt, HD)

ITV

REGIONAL VARIATIONS

■ CHANNEL

6.00-6.30pm Local News; Weather

■ WALES

6.25-6.30pm Party Political Broadcast



Freeview **4** (104 HD) Sky **104** (138 HD) Virgin **104** (104/141 HD) Freesat **104**

- 6.30 AM **Cheers** Double-bill. (Series 2, ep 3, S, Rpt, HD) 6.55 (Series 2, ep 4, S, Rpt, HD)
- 7.20 **The King of Queens** Double-bill. (S7, ep 11, S, Rpt, AD) 7.45 (Series 7, ep 12, S, Rpt, AD)
- 8.10 **Everybody Loves Raymond** (S2, ep 10, S, Rpt, AD) 8.40 (Series 2, ep 11, S, Rpt, AD)
- 9.10 **Frasier** Double-bill. (Series 4, ep 8, S, Rpt, AD) 9.40 (Series 4, ep 9, S, Rpt, AD)
- 10.10 **Undercover Boss Canada** (S, Rpt, HD)
- 11.05 **Ramsay's Kitchen Nightmares USA** (Rpt)
- 12.00 NOON **News** (S, HD)
- 12.05 PM **Come Dine with Me** Exeter. (S, Rpt, HD)
- 1.05 **Posh Pawnbrokers** (S, Rpt, HD)
- 2.10 **Countdown** Word game. (S, HD)
- 3.00 **A Place in the Sun** Spain. (S, Rpt, HD)
- 4.00 **A New Life in the Sun: Where Are They Now?** 4 of 10. A Blackpool family who set up a car-parts business in France. (S, Rpt)
- 5.00 **Four in a Bed** B&B challenge series. Today, from Seaham in County Durham. (S, HD)
- 5.30 **Come Dine with Me** Culinary challenge series. The third night in Edinburgh. (S, HD)
- 6.00 **The Simpsons** The City of New York v Homer Simpson: Homer takes the family to New York to retrieve his car. (S, Rpt, AD)
- 6.30 **Hollyoaks** Mitchell comes to terms with the events of his birthday party. (S, AD, HD)
- 7.00 **News** (S, HD)
- 8.00 **Location, Location, Location**

New

 Return of the property advice series. Tonight, presenters Kirstie Allsopp and Phil Spencer visit Bristol to help a couple looking for a home in a family-friendly area, and a pair of first-time buyers who are wanting to stay in Clifton. (S, HD)
- 9.00 **The Undateables**

New

 1 of 5. Return of the series following extraordinary singletons as they search for romance. A man with Asperger's longs to find a partner to share his life with, and a woman with Down's Syndrome dreams of meeting a religious family man. (S, HD)
- 10.00 **Home** Last in the comedy series starring Rufus Jones. Sami has not replied to any messages for more than two weeks, so the family tries to track him down. (S, HD)
- 10.35 **The Great Celebrity Bake Off for Stand Up to Cancer** 1 of 5. Last night's edition. With Louis Theroux, Jenny Eclair, Russell Howard and Ovie Soko. (S, Rpt)
- 11.50 **Gogglebox** Last Friday's edition. (S, Rpt, HD)
- 12.50 AM **The Windsors** 3 of 6. Last night's episode of the comedy. Charles puts his political beliefs to the test by befriending a blind man who does not know who he is. (SL, S, Rpt)
- 1.20 **Ramsay's Kitchen Nightmares USA** Sante La Brea in Hollywood. (S, Rpt)
- 2.10 **Come Dine with Me** Merseyside. (S, Rpt)
- 3.05 **My Family and the Galapagos** (S, Rpt, HD)
- 4.00 **Grand Designs** London. (S, Rpt, AD, HD)
- 4.55 **Location, Location, Location** (S, Rpt, HD)
- 5.50 to 6.30 AM **Countdown** (S, Rpt, HD)
- 6.00am Cyw 11.10 Dysgu Gyda Cyw 12.00noon Newyddion a'r Tywydd 12.05pm Ceffylau Cymru 12.30 Heno 1.00 Llwybrau'r Eirth 2.00 Newyddion S4C a'r Tywydd 2.05 Prynhawn Da 3.00 Newyddion S4C a'r Tywydd 3.05 Noson Lawen 4.00 Awr Fawr: Bing 4.10 Awr Fawr: Timpo 4.20 Awr Fawr: Halibaw 4.30 Awr Fawr: Sion y Chef 4.40 Awr Fawr: Ahoi! 5.00 Stwnsh: Y Brodyr Adrenalini 5.10 Stwnsh: Henri Helynt 5.20 Stwnsh: Mwydro 5.30 Stwnsh: Cog1nio 5.50 Stwnsh: Ffeil 6.00 Adre 6.30 Heno 7.30 Newyddion S4C a'r Tywydd 8.00 Pobol y Cwm 8.55 Newyddion a'r Tywydd 9.00 Ysgol Ni: Maesincla 10.00 Mwy o Sgorio 10.30-11.35pm Priodas Pum Mil

S4C

6.00am Cyw 11.10 Dysgu Gyda Cyw 12.00noon Newyddion a'r Tywydd 12.05pm Ceffylau Cymru 12.30 Heno 1.00 Llwybrau'r Eirth 2.00 Newyddion S4C a'r Tywydd 2.05 Prynhawn Da 3.00 Newyddion S4C a'r Tywydd 3.05 Noson Lawen 4.00 Awr Fawr: Bing 4.10 Awr Fawr: Timpo 4.20 Awr Fawr: Halibaw 4.30 Awr Fawr: Sion y Chef 4.40 Awr Fawr: Ahoi! 5.00 Stwnsh: Y Brodyr Adrenalini 5.10 Stwnsh: Henri Helynt 5.20 Stwnsh: Mwydro 5.30 Stwnsh: Cog1nio 5.50 Stwnsh: Ffeil 6.00 Adre 6.30 Heno 7.30 Newyddion S4C a'r Tywydd 8.00 Pobol y Cwm 8.55 Newyddion a'r Tywydd 9.00 Ysgol Ni: Maesincla 10.00 Mwy o Sgorio 10.30-11.35pm Priodas Pum Mil



Freeview **5** (105 HD) Sky **105** Virgin **105** (150 HD) Freesat **105** (105 HD)

- 6.00 AM **Milkshake!** Children's programmes. (S)
- 9.15 **Jeremy Vine** Topical discussion. (S, HD)
- 11.15 **Nightmare Tenants, Slum Landlords** (Rpt)
- 12.10 PM **News** (S, HD)
- 12.15 **Parking Hell: At War with the Law** (S, Rpt)
- 1.10 **Access** Showbiz news and gossip. (S, HD)
- 1.15 **Home and Away** As 6.00pm. (S, Rpt, HD)
- 1.45 **Neighbours** See 5.30pm. (S, AD, HD)
- 2.15 **Film Premiere Killing Your Daughter** Thriller. When a DNA test helps a woman connect with her birth parents, she realises some histories are better left untold. Stars Sarah Aldrich. (105mins, 2019, 12, S) Rating ★★
- 4.00 **Friends** Double-bill. Chandler gets to know Joey's girlfriend. (Series 4, ep 6, S, Rpt, HD)
- 4.30 Chandler tries to prevent Joey from discovering the truth. (S4, ep 7, S, Rpt, HD)
- 5.00 **News** (S, HD)
- 5.30 **Neighbours** Finn goes to confront his father, while Paul feels delighted for Lucy over Mark's marriage proposal. (S, Rpt, AD, HD)
- Take a peek at whatsontv.co.uk/neighbours
- 6.00 **Home and Away** Alf suggests a vigil to let the community pay their respects to those who died, and asks Martha how she would feel about marrying him again. (S, Rpt, HD)
- 6.30 **News** (S, HD)
- 7.00 **Britain: A Year in the Wild** Countryside: Wildlife series. This edition follows barn owls as they hunt for small mammals in the British countryside, and a heath potter wasp builds an intricate clay pot for her young, captured in its entirety for the very first time. (S, HD) **News**
- 8.00 **Recycling: Is it a Con?**

New

 One-off documentary in which a team investigates the environmentally friendly claims of councils and supermarkets by placing a tracking device inside some waste to follow exactly where it ends up – with eye-opening results. (S, HD) **News**
- 9.00 **Elizabeth I & II: Two Queens, Two Enemies** 2 of 2. The conclusion of the historical documentary examines the importance of two women who enter the Queens' lives – Mary Queen of Scots and Princess Diana, whose popularity is in contrast to the duty-bound Queens. (S)
- 10.00 **Guilty: Worst Crimes at the Old Bailey** One-off documentary examining the most famous and respected criminal court in the country, and looking at some of the infamous cases that have been heard there, including those of Doctor Crippen and John Christie. (S, Rpt, HD)
- 11.05 **Ian Huntley: Soham Murders Revisited** One-off documentary examining events that took place in the small Cambridgeshire town in August 2002, when 10-year-old girls Holly Wells and Jessica Chapman were murdered by caretaker Ian Huntley. (S, Rpt)
- 12.30 AM **Traffic Cops** Documentary. (S, Rpt, HD)
- 1.20 **Interactive Gaming** (S, HD)
- 3.15 **Our Dream Hotel** Chateau d'Olmet. (S, Rpt)
- 4.00 **Tribal Teens: Here Comes Trouble** (SL, Rpt)
- 4.45 **House Doctor** Kirk Merrington. (SL, S, Rpt)
- 5.10 **Great Scientists** Isaac Newton. (SL, S, Rpt)
- 5.35 to 6.00 AM **Wildlife SOS** (SL, S, Rpt, HD)

S4C

6.00am Cyw 11.10 Dysgu Gyda Cyw 12.00noon Newyddion a'r Tywydd 12.05pm Ceffylau Cymru 12.30 Heno 1.00 Llwybrau'r Eirth 2.00 Newyddion S4C a'r Tywydd 2.05 Prynhawn Da 3.00 Newyddion S4C a'r Tywydd 3.05 Noson Lawen 4.00 Awr Fawr: Bing 4.10 Awr Fawr: Timpo 4.20 Awr Fawr: Halibaw 4.30 Awr Fawr: Sion y Chef 4.40 Awr Fawr: Ahoi! 5.00 Stwnsh: Y Brodyr Adrenalini 5.10 Stwnsh: Henri Helynt 5.20 Stwnsh: Mwydro 5.30 Stwnsh: Cog1nio 5.50 Stwnsh: Ffeil 6.00 Adre 6.30 Heno 7.30 Newyddion S4C a'r Tywydd 8.00 Pobol y Cwm 8.55 Newyddion a'r Tywydd 9.00 Ysgol Ni: Maesincla 10.00 Mwy o Sgorio 10.30-11.35pm Priodas Pum Mil

WEDNESDAY

7 PM

8 PM

9 PM

10 PM



Home and Away

5STAR, 6.30pm

Alf reassures Martha that his proposal is serious, and so she decides to accept.



Keeping Up with the Joneses

Film4, 6.55pm

A suburban couple (Isla Fisher and Zach Galifianakis) get mixed up in espionage.



The Great Pottery Throw Down

More4, 9.00pm

Melanie Sykes hosts as the finalists are faced with their toughest challenges yet.

BBC Scotland



Scot Only
FV 9
HD 108

Scotland Only: Sky 115 Freesat 106 Virgin 108
Rest of the UK: Sky 457 Freesat 108 Virgin 162

- 12.00 NOON to 7.00 PM As BBC2 except:
2.30 to 3.30 PM **Politics Scotland**
7.00 PM **Growing Up in Scotland: A Century of Childhood** 1 of 3. An exploration of the past 100 years of Scottish childhood.
8.00 **Corner Shop Cook-Off** *New edition* 4 of 6. Culinary contest hosted by Clare Grogan. In this edition, Gary Maclean goes up against Fife chef Jamie Scott.
9.00 **The Nine** Scottish and international news.
10.00 **Bob Servant Independent** Comedy series starring Brian Cox. By-election favourite Nick Edwards arrives in town.
10.30 **Debate Night** *New edition* Topical debate on the issues affecting Scotland.
11.30 **The Edit** Entertainment news.
11.45 PM to 12.00 M'T **Rewind 1990s** Last in the series. Music, television, historic events and momentous news of 1999.

FREEVIEW

ITV2



FV 6 Sky 118 Freesat 113 Virgin 115 (176 HD)

- 7.00 AM **The Ellen DeGeneres Show**
7.50 **Emmerdale** Last night's episode.
8.20 **You've Been Framed! Gold: Unleashed!** Comical clips.
9.20 **Superstore** Double-bill.
10.15 **Dinner Date** From Swansea.
11.15 **Dress to Impress** Dating series.
12.15 PM **Emmerdale**
12.45 **You've Been Framed! Gold: Reloaded** Comical clips.
1.50 **The Ellen DeGeneres Show** *New edition* With David Beckham.
2.45 **Dinner Date** From London.
3.50 **Dress to Impress** From Leeds.
4.55 **Take Me Out** Dating game show.
6.00 **You've Been Framed! Gold**

- 7.00 **You've Been Framed! Gold** Double-bill of the clips series in which comedian Harry Hill narrates another selection of camcorder calamities submitted by viewers.
8.00 **Two and a Half Men** Walden has a difficult time telling Barry to find his own place. (S11, ep17)
8.30 Gretchen hopes to spend time at Alan's house. (S11, ep18)
9.00 **Family Guy** Lois is forced to find a job when the family's domestic finances are stretched. (S11, ep14)
9.30 The Griffins have their TV viewing habits monitored. (S11, ep2)

- 10.00 **Celebrity Juice** Kate Nash, Laurence Fox, Maverick Sabre and Chris Ramsey are the panellists as Holly Willoughby faces off against guest captain Stacey Solomon.

- 10.50 **Family Guy** Joe and Quagmire become suspicious of Peter's new friend Mahmoud. (S11, ep15)
11.20 **American Dad!** Double-bill.
12.15 AM **Two and a Half Men**
1.10 **Timewasters** Double-bill.
2.10 **CelebAbility** Game show.
2.55 **Totally Bonkers Guinness World Records** Record-breaking attempts.
3.20 to 3.30 AM **Nightscreen**

BBC4



FV 9 HD 106 Scot 68 Sky 116 Freesat 107 Virgin 107

BBC4 starts
broadcasting
at 7.00pm

- 7.00 **Beyond 100 Days**
7.30 **Handmade on the Silk Road**
8.00 **The Victorian House of Arts and Crafts** 2 of 4. A Victorian double bed.
9.00 **Bloody Queens: Elizabeth and Mary** Dramatisation of the letters between Mary Queen of Scots and Elizabeth I.
10.00 **Live Women's Football** England v Spain: Coverage of the SheBelieves Cup game at the Toyota Stadium in Frisco, Texas, kick-off 10.15pm.
12.30 AM **Blood and Gold: The Making of Spain** Last in the series.
1.30 **Treasures of Ancient Greece**
2.30 **Anni Albers: A Life in Thread**
3.00 to 4.00 AM **The Victorian House of Arts and Crafts** As 8.00pm.

ITV3



FV 10 Sky 119 Freesat 115 Virgin 117 (177 HD)

- 6.00 AM **Classic Coronation Street**
6.55 **Classic Emmerdale** Double-bill.
7.55 **Heartbeat** Mind Games.
8.55 **Man About the House**
10.00 **That's My Boy** Comedy.
10.30 **Marple** The Moving Finger: Mystery drama series. The sleuth investigates a poison-pen letter.
12.40 PM **Heartbeat** See 5.55pm.
1.45 **Classic Emmerdale** Double-bill.
2.50 **Classic Coronation Street**
3.55 **Midsomer Murders** The Animal Within: Detective drama series. A mischievous trickster is murdered.
5.55 **Heartbeat** Peggy devises a plan to sell trout to a hotel in Scarborough.

- 7.00 **Poirot** The Cornish Mystery: Mystery drama. A dentist falls in love with his young assistant. His wife, believing he has made plans to poison her, calls for Poirot's help.
8.00 **Poirot** Five Little Pigs: A young woman asks Poirot to investigate her father's murder – a 14-year-old crime for which her mother was found guilty and executed. The detective agrees to investigate but warns his client that he may discover things she does not want to hear. Stars Rachael Stirling, Aidan Gillen and Aimee Mullens.
10.00 **Scott & Bailey** 7 of 8. Police drama series starring Suranne Jones. A killing takes a surprising twist when it turns out the victim has been sexually mutilated.

- 11.05 **A Touch of Frost** Stranger in the House: Jack is forced to take the most desperate professional gamble of his career by using PC Hazel Wallace as bait in a trap.
1.20 AM **A Touch of Frost** Widows and Orphans: Jack joins forces with DS Lawson to investigate a spate of attacks on senior citizens.
3.10 to 3.30 AM **Nightscreen**

ITVBe



FV 26 Sky 131 Freesat 118 Virgin 119 (179 HD)

- 7.00 AM **Bachelor in Paradise**
8.45 **Be Beautiful** Make-up advice.
9.00 **Children's Programmes**
12.00 NOON **Income Property**
12.25 PM **The Real Housewives of Beverly Hills** Reality series.
1.20 **Absolutely Ascot** Reality series.
2.20 **Million Dollar Listing: NYC** *New edition* Property series.
3.15 **Real Housewives of New York City**
4.10 **The Real Housewives of Dallas**
6.00 **Masters of Flip** *New edition*
7.00 **Buying and Selling** Jonathan Scott tackles a budget-friendly renovation.
8.00 **Dinner Date** From St Helens.
9.00 **Sam and Billie Faiers: The Mummy Diaries** *New edition* Sam and Paul head to Venice for their first trip alone since becoming parents.
10.00 **Growing Up Chrisley** *New editions* Savannah and Nic are worried.
10.30 Savannah and Chase Chrisley embark on a cross-country trip.
11.00 **Singletown** Reality series.
12.05 to 12.50 AM **The Only Way Is Essex**

ITV4



FV 24 Sky 120 Freesat 117 Virgin 118 (178 HD)

- 6.00 AM **World of Sport: Kings of the Canvas** 6.10 **Only When I Laugh**
6.35 **Quincy ME** 7.25 **Kojak**
8.20 **The Saint** Paper Chase.
9.30 **Racing: The Opening Show**
10.30 **Minder** 11.35 **The Professionals**
12.35 PM **Football's Greatest**
1.00 **Live Racing** Coverage of the 1.30 Ballymore Novices' Hurdle Race on day two of the Cheltenham Festival. Further coverage on ITV.
2.05 **River Monsters** From Alaska.
2.40 **Kojak** Laid Off.
3.45 **The Saint** Locate and Destroy.
4.50 **Minder** Comedy drama series.
5.55 **The Professionals** Cry Wolf.

- 7.00 **Cycling** Gary Imlach presents highlights from stage four of the Paris-Nice race, featuring a 15.1km individual time-trial starting and ending in Saint-Amand-Montrond.
8.00 **Junk and Disorderly** Henry Cole and Sam Lovegrove experience mixed results at the Stafford Show – the biggest classic motorcycle auction and autojumble in the UK.

- 9.00 **Film Coogan's Bluff** Crime drama. An Arizona sheriff searches New York for an escaped killer – but his disregard for the rules antagonises the local cops. Stars Clint Eastwood, Susan Clark and Don Stroud. *Includes FYI Daily at 10.00pm.* (1968, 15) ★★★

- 11.05 **Film Magnum Force** Dirty Harry thriller. The maverick cop goes after the vigilantes executing San Francisco's criminals. Stars Clint Eastwood, Hal Holbrook and Mitchell Ryan. (1973, 18) ★★★★★
1.40 **The Americans** Dead Hand: Philip receives a visitor who makes an alarming request. (S6, ep1 of 10)
2.40 to 3.00 AM **Nightscreen**

Talking Pictures TV



FV 81 Sky 328 Freesat 306 Virgin 445

- 6.00 AM **Film Up In The Air** (1940)
7.15 **Dick Tracy** (S1, ep2)
7.45 **Film Silent Dust** (1949, PG) ★★★
9.25 **Film Do You Know This Voice?**
11.00 **Richard Diamond** (S1, ep10)
11.30 **Film The Frightened City** (1961)
1.30 PM **Film Quiet Weekend** (1946)
3.20 **Film The Strange Love of Martha Ivers** (1946, PG, b&w) ★★★★★
5.40 **Film Hour of Decision** Mystery drama. (1957, PG, b&w) ★★★
7.15 **Film Pool of London** Ealing thriller. (1950, PG, b&w) ★★★★★
9.00 **Rumpole of the Bailey** (S3, ep4)
10.05 **Film Fools' Parade** Period drama starring James Stewart and George Kennedy. (1971, 12) ★★★
12.05 AM **Film Cosh Boy** Drama starring Joan Collins. (1952, 15, b&w) ★★★
1.40 **Film The Hand** Thriller starring Derek Bond. (1960, PG, b&w) ★★
2.55 **Tell Me Another** With Acker Bilk.
3.10 **Film Variety Jubilee** Emotional drama. (1943, U, b&w) ★★
5.00 **Honey West** (S1, ep17)
5.30 to 6.00 AM **Rooms** (S1, ep15)

E4

FV 13 Sky 135 Freesat 122 Virgin 106 (145 HD)

6.00 AM **Hollyoaks** Double-bill.
 7.00 **How I Met Your Mother** Double-bill.
 8.00 **Baby Daddy** Double-bill.
 9.00 **Mike & Molly** Double-bill.
 10.00 **The Big Bang Theory** Double-bill.
 11.00 **The Goldbergs** Double-bill.
 12.00 NOON **Brooklyn Nine-Nine**
 1.00 PM **The Big Bang Theory**
 2.00 **Baby Daddy** Double-bill.
 3.00 **Mike & Molly** Double-bill.
 4.00 **The Goldbergs** Double-bill.
 5.00 **Brooklyn Nine-Nine** Double-bill.
 6.00 **The Big Bang Theory** Alex starts flirting with Leonard. (S6, ep12)
 6.30 The guys become stranded in the middle of nowhere. (S6, ep13)

7.00 **Hollyoaks** **New episode** Jordan wants Juliet's help to sell drugs.
 7.30 **Man with a Plan** **New episode** Adam learns a few surprising facts about his father. (S1, ep17 of 22)
 8.00 **The Goldbergs** **New episode** Beverly tries convincing Murray to take up new hobbies. (S7, ep4)
 8.30 **Schooled** **New episode** CB hopes for some time with Lainey. (S2, ep4)

9.00 **Celebs Go Dating** **New edition** Malique is suffering from a bruised ego, and hopes his date Chloe will help. Meanwhile, Amy Childs takes a leap of faith with her man Jamie.
 10.00 **Zoey's Extraordinary Playlist** **New episode** Zoey tries to figure out how to control her new abilities while navigating her friend's romantic feelings for her. (S1, ep2)

11.05 **The Big Bang Theory** US comedy series. (S6, ep2) 11.35 (S6, ep3)
 12.05 AM **Brooklyn Nine-Nine** Double-bill. (S5, ep5) 12.35 (S5, ep6)
 1.05 **Celebs Go Dating** See 9.00pm.
 2.10 **First Dates Hotel** Dating series.
 3.05 **Zoey's Extraordinary Playlist**
 4.00 **The Goldbergs** See 8.00pm.
 4.25 **Schooled** See 8.30pm.
 4.50 to 6.00 AM **The Big Bang Theory**

5USA

FV 21 Sky 141 (Scot 169) Freesat 129 Virgin 153

9.00 AM **Criminals: Caught on Camera**
 9.25 **Murder, She Wrote** (S6, ep22)
 10.15 **CSI: NY** Battle Scars. (S6, ep5)
 11.10 **The Mysteries of Laura** (S2, ep8)
 12.10 PM **Law & Order** Back-to-back episodes of the drama. (S17, ep21)
 1.10 (S18, ep1) 2.05 (S15, ep4)
 3.05 (S15, ep5) 4.05 (S18, ep10)
 5.00 (S18, ep11) 6.00 (S15, ep14)
 7.00 **Law & Order** A controversial talk show host is murdered. (S15, ep15)
 8.00 **NCIS: New Orleans** The team searches for a missing marine who has assaulted six men. (S3, ep17)
 9.00 **Rookie Blue** **New episode** Duncan is back on duty and trying to mend bridges with Andy. (S5, ep10 of 11)
 10.00 **Law & Order: Special Victims Unit** Barba relies on decades-old evidence as he seeks to prosecute a child abductor. (S17, ep9 of 23)
 10.55 A student succumbs to the flirtations of a teacher. (S17, ep10)
 11.55 **Law & Order: Special Victims Unit**
 1.50 AM **Law & Order: Los Angeles**
 3.50 to 4.00 AM **Access**

Film4

FV 14 Sky 313 Freesat 300 Virgin 428 (429 HD)

11.00 AM **Film** **Waterloo Road**
 World War Two drama starring John Mills. (1944, PG, b&w) ★★★
 12.35 PM **Film** **A Night to Remember**
 Fact-based drama starring Kenneth More. (1958, PG, b&w) ★★★★★
 3.10 **Film** **Tulsa** Drama. The daughter of a cattle baron alienates her friends with her pursuit of wealth. Stars Susan Hayward and Robert Preston. (1949, U) ★★★★★
 4.55 **Film** **The Bravados** Western. A widower hunts down the escaped convicts he believes murdered his wife. Stars Gregory Peck and Joan Collins. (1958, PG) ★★★

6.55 **Pick** **Film**
Keeping Up with the Joneses Action comedy. A suburban couple discover that their seemingly perfect neighbours are espionage agents. Stars Zach Galifianakis, Jon Hamm, Isla Fisher, Gal Gadot and Paton Oswalt. (2016, 12) ★★★ See Filmweek, page 32

9.00 **Film** **Little Fockers**
 Offbeat comedy sequel. A father of twins invites his family to his kids' birthday party and tries to finally prove his worth to his stern father-in-law. Stars Robert De Niro, Ben Stiller, Dustin Hoffman and Barbara Streisand. (2010, 12) ★★★ See Filmweek, page 32

10.55 **Film** **Mr. & Mrs. Smith** Comedy action adventure. A pair of married assassins are hired to murder each other. Stars Brad Pitt and Angelina Jolie. (2004, 15) ★★★★★
 1.15 to 3.05 AM **Film** **Rafiki** Romantic drama. Two Kenyan women start dating but keep the relationship a secret. Stars Samantha Mugatsia. Subtitled. (2018, 12) ★★★★★

5STAR

FV 30 Sky 128 Freesat 131 Virgin 151

8.00 AM **3rd Rock from the Sun**
 8.20 **House** (S4, ep16) 9.10 (S5, ep1)
 10.05 **Bad Tenants, Rogue Landlords**
 12.05 PM **Can't Pay? We'll Take It Away!**
 3.00 **Neighbours** 3.30 **Home and Away**
 4.00 **House** (S5, ep10) 5.00 (S5, ep11)
 6.00 **Neighbours**
 6.30 **Pick** **Home and Away**
 Martha accepts Alf's proposal.
 7.00 **Maternity Ward** Documentary.
 8.00 **10 Years Younger in 10 Days**
 9.00 **Filthy House SOS** **New edition**
 Cleaning duo Jon and Brennan take on some of Britain's filthiest homes.
 10.00 **Hoarders: Trapped By My Trash**
 11.00 **Film** **28 Days Later...** Horror. Survivors band together after Britain is devastated by a virus that leaves victims consumed with homicidal rage. Stars Cillian Murphy. (2002, 18) ★★★★★ See Filmweek, page 30
 1.20 AM **Young, Dumb and Banged Up in the Sun** Documentary series.
 2.20 **Spray Tan Mums: Single and Proud**
 3.15 to 4.00 AM **Celebrity Botched Up Bodies**

More4

FV 18 Sky 136 Freesat 124 Virgin 147 (195 HD)

8.55 AM **Kirstie's Handmade Treasures**
 9.15 **A Place in the Sun: Winter Sun**
 10.05 **A Place in the Sun: Summer Sun**
 From the Greek island of Naxos.
 11.05 **Find It, Fix It, Flog It** Double-bill.
 1.15 PM **Escape to the Chateau: DIY**
 Couple Martin and Kim continue their search for a dream chateau.
 2.20 **Four in a Bed** Back-to-back editions of the B&B challenge.
 4.55 **The Secret Life of the Zoo**
 The keepers wonder why jaguars Napo and Goshi have not mated.
 5.55 **Car S.O.S** Tim Shaw and Fuzz Townshend head off on a trip to revisit some of their favourite cars.

6.55 **Escape to the Chateau: DIY**
 Tim and Rebecca receive a booking and prepare for the arrival of their first guests, while Martin and Kim view the last chateau on their list.

8.00 **Jon Snow's Very Hard Questions** **New edition**
 Quiz series. Teams No De Cologne and Guns N' Hoses go head to head. Continues at 10.00pm.

9.00 **Pick** **The Great Pottery Throw Down** **New edition** Last in the series. The three finalists are asked to make a tea set inspired by the Mad Hatter's tea party.

10.00 **Jon Snow's Very Hard Questions** **New edition** Teams Knowledge is Power and We Three Kings go head to head as they face questions on a range of topics.

11.00 **24 Hours in A&E** A 19-year-old veterinary student is rushed in after being involved in a car crash.
 12.00 **M'T 8 Out of 10 Cats Does Countdown** With Sean Lock, Rob Beckett and Claudia Winkleman.
 1.05 AM **The Great Pottery Throw Down: The Final** See 9.00pm.
 2.05 **24 Hours in A&E** See 11.00pm.
 3.10 to 3.40 AM **Food Unwrapped**

Drama

FV 20 Sky 143 Freesat 158 Virgin 130

7.10 AM **Soldier, Soldier** 9.00 **The Bill**
 10.00 **Holby City** 11.00 **Casualty**
 12.00 NOON **The Bill** 1.00 PM **EastEnders**
 2.20 **London's Burning** Drama series.
 3.20 **Monarch of the Glen** Drama series.
 4.20 **Bergerac** Detective drama series.
 5.25 **Bread** Comedy series.
 6.00 **Hi-de-Hi!** Comedy series.
 6.40 **As Time Goes By** Comedy.
 7.20 **Last of the Summer Wine** Hobbo searches for his real mother.
 8.00 **Hetty Wainthropp Investigates**
 A forgetful clock-mender becomes the target of two small-time crooks.
 9.00 **Ms Fisher's Modern Murder Mysteries** Graham King's wife Shirley is murdered in an explosion that almost claims Peregrine too.
 10.00 **New Tricks** Final Curtain: The inclusion of a letter in a late actor's biography reopens an old case.
 11.15 **Waking the Dead** Walking on Water: Crime drama series. A convicted murderer is cleared on appeal.
 1.45 AM **The Bill** Police drama series.
 2.50 to 4.00 AM **London's Burning**

Dave

FV 19 Sky 111 Freesat 157 Virgin 127 (227 HD)

7.10 AM **Eat Your Heart Out with Nick Helm** Double-bill of the series.
 8.00 **American Pickers**
 9.00 **Storage Hunters** Double-bill.
 10.00 **American Pickers** Double-bill.
 12.00 NOON **Timber Kings**
 1.00 PM **Top Gear** Motoring series.
 2.00 **Cop Car Workshop**
 3.00 **Scrapyard Supercar**
 4.00 **Top Gear** Featuring a race between a car and a yacht in New Zealand.
 5.00 **Top Gear** Richard Hammond tries to discover the world's best taxi.
 6.00 **Taskmaster** Jessica Knappett demonstrates her mastery of a child's percussion instrument.

7.00 **Room 101** Double-bill of the panel game. With Rob Delaney, Davina McCall and Laurence Fox.
 7.40 With guests Nicola Adams, Frankie Boyle and Diane Morgan.

8.20 **Have I Got a Bit More News for You** Jo Brand hosts an extended edition of the satirical quiz series from 2017. With guests Miles Jupp and Quentin Letts.

9.20 **QI** Comedy panel game hosted by Stephen Fry. Sandi Toksvig, John Lloyd and Johnny Vegas join Alan Davies to answer questions on the topic of Hypothetical.

10.00 **Hypothetical** **New edition** Comedy panel game hosted by Josh Widdicombe and James Acaster. With Stephen Mangan, Tessa Coates and Charlie Brooker.

11.00 **Dara O Briain's Go 8 Bit** Comedy panel game. With Josh Widdicombe and Dr Maggie Aderin-Pocock.
 12.00 **M'T Taskmaster** See 6.00pm.
 1.00 AM **Have I Got a Bit More News for You** As shown at 8.20pm.
 2.00 **QI** As shown at 9.20pm.
 2.40 **Go 8 Bit: DLC** Double-bill of the *Go 8 Bit* companion series.
 3.30 to 4.00 AM **The Indestructibles**

Pick

FV 11 Sky 152 Freesat 144 Virgin 165

7.00 AM **Motorway Patrol** 8.00 **Police Force: Australia** 9.00 **Nothing to Declare** 10.00 **Border Security: Canada's Front Line** Double-bill.
 11.00 **Road Wars** 11.30 **Caught Red Handed** 1.00 PM **Police Force: Australia** 2.00 **Border Patrol**
 3.00 **Nothing to Declare** 4.00 **Border Security: Canada's Front Line**
 5.00 **Stargate SG-1** (S1, ep13)
 6.00 **Star Trek: The Next Generation**
 7.00 **Hawaii Five-0** US drama. (S6, ep8)
 8.00 **Elementary** US drama. (S5, ep8)
 9.00 **Instinct** A successful author is almost killed in her home. (S1, ep10)
 10.00 **Air Ambulance ER** Documentary.
 11.00 **The Force: Essex** Documentary.
 12.00 **M'T Banged Up Abroad**
 1.00 AM **Road Wars** Documentary.
 2.00 **Nothing to Declare** Double-bill.
 3.00 **Stop, Search, Seize** Documentary.
 4.00 **Motorway Patrol** Double-bill.
 5.00 to 6.00 AM **Highway Patrol**

more freeview

Yesterday



FV 25 Sky 155 Freesat 159 Virgin 129

- 6.00 AM **Secrets of the Bible**
- 7.10 **Secrets of the Railways**
- 8.00 **Forbidden History**
- 9.00 **Hitler's Propaganda Machine** Documentary.
- 10.00 **Auschwitz...**
- 11.00 **Abandoned Engineering**
- 12.00 NOON **Impossible Railways** Mountains.
- 1.00 PM **Time Team** Flanders.
- 2.00 **Walking Through History**
- 3.00 **Abandoned Engineering**
- 4.00 **Impossible Engineering**
- 5.00 **Hitler's Propaganda Machine** Documentary.
- 6.00 **Auschwitz: The Nazis and the Final Solution**

Sony Channel



FV 48 Sky 157 Freesat 142 Virgin 189

- Not available nationwide on Freeview*
- 6.10 AM **The Waltons**
 - 7.10 **Hart to Hart** Double-bill.
 - 9.10 **Days of Our Lives**
 - 10.00 **Hart to Hart** US drama.
 - 11.00 **Charlie's Angels**
 - 12.00 NOON **Starsky & Hutch**
 - 1.00 PM **T.J. Hooker** Drama.
 - 2.00 **Hart to Hart** Double-bill.
 - 4.00 **Murder, She Wrote** Jessica suspects a town is the site of of dangerous chemical experiments.
 - 5.00 A voodoo cult murders a journalist.
 - 6.00 **Charlie's Angels** The girls examine a dating service.

Quest

QUEST

FV 12 Sky 144 Freesat 167 Virgin 169

- 6.00 AM **How Do They Do It?**
- 6.20 **American Pickers**
- 7.10 **Deadliest Catch**
- 8.00 **Gold Divers** Reality series.
- 9.00 **Outback Truckers**
- 10.00 **Wheeler Dealers**
- 11.00 **Chasing Classic Cars**
- 12.00 NOON **American Pickers**
- 1.00 PM **Railroad Alaska**
- 2.00 **Deadliest Catch**
- 3.00 **Gold Divers** Reality series.
- 4.00 **Salvage Hunters**
- 5.00 **Outback Truckers** Sludge encounters flooded roads.
- 6.00 **Wheeler Dealers** Mike goes to France in search of a retro Citroën HY Van.

Really

REALLY

FV 17 Sky 142 Freesat 160 Virgin 128

- 6.00 AM **Fantasy Homes by the Sea** Cesme in Turkey.
- 7.00 **Home Shopping**
- 8.00 **Homes Under the Hammer**
- 10.00 **Celebrity Antiques Road Trip** See 6.00pm.
- 11.00 **Antiques Road Trip**
- 1.00 PM **Fantasy Homes by the Sea** Double-bill.
- 3.00 **French Collection** Three collectors visit Paris.
- 4.00 **DIY SOS: The Big Build** Double-bill of the series.
- 6.00 **Celebrity Antiques Road Trip** Robert Powell and Liza Goddard compete in Stratford-upon-Avon.

7 PM

- 7.00 **Abandoned Engineering** An ancient world that was discovered in the American wilderness.

8 PM

- 8.00 **Impossible Engineering** **New edition** A look at the Independent – a residential skyscraper in Texas.

9 PM

- 9.00 **Porridge** Triple-bill. The inmates face a day of hard labour digging drains.
- 9.40 Fletch is desperate to find a way to get out of making fishing nets.
- 10.20 Fletcher takes on the role of agony aunt and ends up writing letters home for the other inmates.

10 PM

- 11.00 **Impossible Engineering** The history of pioneering mega structures, including the aircraft carrier.
- 12.00 M'T **Abandoned Engineering** See 7.00pm.
- 1.00 AM **Auschwitz: The Nazis and the Final Solution**
- 2.00 to 3.00 AM **Secrets of the Bible**

- 7.00 **M*A*S*H** 2 of 2. The touring vaudeville troupe bids farewell. (S10, ep2)
- 7.30 Father Mulcahy counsels a GI plagued by guilt. (S10, ep3 of 22)
- 8.00 The 4077th medics are headhunted. (S10, ep4)
- 8.30 Hawkeye writes to the President. (S10, ep5)

- 9.00 **Classic Who Wants to Be a Millionaire?** Four editions of the quiz, hosted by Chris Tarrant, in which contestants answer questions that could change their lives – with Ask the Audience, Phone a Friend and 50-50 available to them if they get stuck.

- 1.00 AM **M*A*S*H** Double-bill of the US comedy series. (S2, ep8) 1.30 (S2, ep9)
- 2.00 **Charlie's Angels**
- 3.00 **M*A*S*H** Klinger takes the flak. (S8, ep6 of 25)
- 3.30 **The Waltons** Drama.
- 4.20 **Touched by an Angel**
- 5.10 to 6.00 AM **Highway to Heaven**

- 7.00 **American Pickers:** American rarities found by salvagers Mike Wolfe and Frank Fritz, including old bangers and classic toys.

- 8.00 **Salvage Hunters** Drew Pritchard visits Wookey Hole in Somerset, where he hunts for stock in a circus museum.

- 9.00 **Salvage Hunters** **New edition** Modern-day treasure hunter Drew Pritchard searches for potentially valuable items.

- 10.00 **Find It, Fix It, Flog It** Salvager Simon O'Brien gets into deep water when he attempts to restore an aluminium boat in York.

- 11.00 **How Do They Do It?** Double-bill of the series.
- 12.00 M'T **Wheeler Dealers** Mike is ecstatic when he snaps up a VW Corrado coupé.
- 1.00 AM **Outback Truckers**
- 2.00 **American Chopper**
- 3.00 **Fantomworks**
- 4.00 **Dirty Jobs** Mine Plugger.
- 5.00 to 6.00 AM **How It's Made**

- 7.00 **Antiques Road Trip** Antiques experts Christina Trevanion and Philip Serrell head to Liverpool and Stoke-on-Trent.

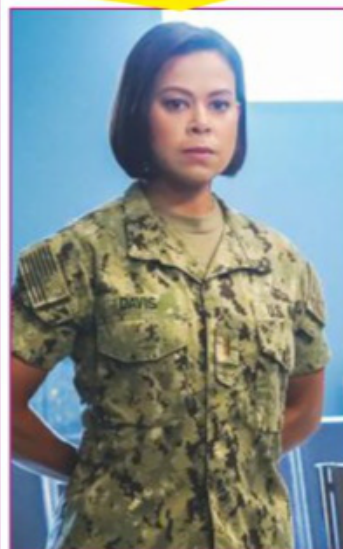
- 8.00 **Antiques Road Trip** Charlie Ross and Natasha Raskin compete to find the best antiques in the town of Falmouth in Cornwall.

- 9.00 **How to Look Good Naked** **New edition** Gok Wan helps people who are suffering from a lack of body confidence.

- 10.00 **The Bad Skin Clinic** **New edition** Advice series. A man seeks surgery for his nose, which has become big and bulbous.

- 11.00 **Helicopter ER** A pensioner dies after a car crashes into a bus queue.
- 12.00 M'T **Ghost Adventures** Paranormal activity at a 100-year-old factory.
- 1.00 AM **Most Haunted**
- 2.00 **Home Shopping**
- 4.00 to 6.00 AM **Antiques Road Trip**

Picks of the day



SEAL Team

Sky One, 9.00pm

While preparing for a forthcoming mission, Davis (Toni Trucks) is called to a disciplinary hearing.



Finding Joy

W, 10.00pm

Joy (Amy Huberman) wants to hide after an embarrassing video of her goes viral – in the series finale.

Sony Movies



FV 32 Sky 321 Freesat 302 Virgin 425

- 9.00 AM **Film** **Murder Unresolved** Psychological thriller. (2015, PG) ★★
- 10.55 **Film** **Framed for Murder** Thriller. (2007, 12) ★★
- 1.00 PM **Film** **Fatal Acquittal** Thriller. (2014, PG) ★★
- 2.45 **Film** **Still Life: A Three Pines Mystery** Mystery drama. (2013, PG) ★★
- 4.30 **Film** **Hitch** Comedy. (2005, 12) ★★★★★
- 6.50 **Film** **Playing for Keeps** Comedy starring Gerard Butler. (2012, 12) ★★
- 9.00 **Film** **The Expendables 2** Thriller starring Sylvester Stallone. (2012, 15) ★★
- 11.10 **Film** **First Kill** Action thriller starring Bruce Willis. (2017, 15) ★★
- 1.15 AM **Film** **The Social Network** Fact-based drama. (2010) ★★★★★ See Filmweek, page 32
- 3.45 to 4.40 AM **Film** **Short Circuit 2** Sci-fi sequel. (1988, PG) ★★

Sony Movies Classic



FV 50 Sky 319 Freesat 303 Virgin 424

- 6.00 AM **Film** **On Dangerous Ground** (1951, PG) ★★★★★
- 7.40 **Film** **The Great Lover**
- 9.20 **Film** **Rhythm Serenade**
- 11.10 **Film** **The Secret Life of Walter Mitty** (1947)
- 1.25 PM **Film** **Road to Bali** Comedy. (1952, U) ★★★★★
- 3.20 **Film** **Passport to China** Drama. (1960, U) ★★
- 5.00 **Film** **Rock Around the Clock** (1956, U) ★★★★★
- 6.40 **Film** **Philadelphia** Drama. (1993, 12) ★★★★★
- 9.00 **Film** **There's a Girl in My Soup** Comedy starring Peter Sellers and Goldie Hawn. (1970, 15) ★★★★★
- 10.55 **Film** **The Admirable Crichton** Satirical comedy. (1957, U) ★★
- 12.45 AM **Film** **A Prize of Arms** (1961, PG, b&w) ★★★★★
- 2.50 **Film** **Conduct Unbecoming** (1975) ★★
- 4.35 to 6.00 AM **Film** **The Giants of Thessaly** Adventure. (1960, U) ★★

Challenge



FV 46 Sky 151 Freesat 146 Virgin 164

- 7.00 AM **Catchphrase**
- 7.30 **Deal or No Deal**
- 9.00 **The Chase** Quiz series.
- 10.00 **Dale's Supermarket Sweep** Double-bill.
- 11.00 **Bruce's Price Is Right**
- 12.00 NOON **Wheel of Fortune**
- 1.00 PM **Catchphrase**
- 2.00 **Family Fortunes**
- 4.00 **Bullseye** Darts-based quiz.
- 5.00 **Golden Balls** Game show.
- 6.00 **Weakest Link** Quiz series.
- 7.00 **Pointless** Quiz hosted by Alexander Armstrong.
- 8.00 **Impossible** Game show hosted by Rick Edwards.
- 9.00 **The Chase** Quiz series hosted by Bradley Walsh.
- 10.00 **Who Wants to Be a Millionaire?** Quiz series hosted by Chris Tarrant.
- 11.00 **Bullseye** Darts-based quiz.
- 12.00 M'T **Classic Who Wants to Be a Millionaire?** Quiz hosted by Chris Tarrant.
- 1.00 AM **The Chase** Quiz series.
- 4.00 to 6.00 AM **Deal or No Deal**

Quest Red



FV 38 Sky 149 Freesat 169 Virgin 170

- 6.00 AM **Say Yes to the Dress**
- 7.00 **Bondi Vet** Reality series.
- 8.00 **Animal Cops** Phoenix
- 10.00 **Money for Nothing**
- 11.00 **Forensic Detectives**
- 12.00 NOON **Disappeared**
- 2.00 PM **Murder Comes to Town**
- 3.00 **Say Yes: Wedding SOS**
- 4.00 **Say Yes to the Dress**
- 6.00 **Money for Nothing**
- 7.00 **Posh Pawnbrokers** **New edition** Reality series.
- 8.00 **My 600lb Life**
- 9.00 **Long Lost Family** **Australia** **New edition**
- 10.00 **New** **Body Bizarre** A woman whose neck frequently dislocates.
- 11.00 **FBI Files** Documentary.
- 12.00 M'T **Forensic Detectives**
- 1.00 AM **Crime Stories** **New edition** Michael Bridges.
- 2.00 **Murder Comes to Town**
- 3.00 **FBI Files** Documentary.
- 3.50 **Animal Cops** Phoenix
- 4.40 **Bondi Vet** Reality series.
- 5.30 to 6.00 AM **Say Yes to the Dress**

Paramount Network



FV 31 Sky 150 F'sat 132 Vir 188 (187 HD)

- 9.00 AM **The A-Team**
- 11.00 **Knight Rider** Double-bill.
- 1.00 PM **Police Interceptors**
- 3.00 **Traffic Cops** Double-bill.
- 5.00 **The A-Team** Double-bill. A busload of elderly people are robbed. (S2, ep18)
- 6.00 The gang infiltrates a car-theft ring. (S2, ep19)
- 7.00 **Police Interceptors** An officer has an encounter with a drunk driver.
- 8.00 **Police Interceptors** A suspect assaults an officer with his car keys.
- 9.00 **Film** **Money Train** Action comedy. Two cops rob a train loaded with millions of dollars. Stars Wesley Snipes. (1995, 18) ★★
- 11.20 **WWE: NXT UK** **New edition** The next generation of WWE superstars.
- 12.20 AM **Banged Up Abroad**
- 1.20 **Knight Rider** Double-bill.
- 3.20 **The X-Files** Double-bill.
- 4.55 **Now That's Funny!**
- 5.50 to 6.00 AM **Access**

PRIME-TIME



Sky 106 Virgin 110 (109 HD)

6.00 AM **Monkey Life**
7.00 **RSPCA Animal Rescue**
8.00 **The Dog Whisperer**
9.00 **Stop, Search, Seize**
10.00 **Highway Patrol**
11.00 **NCIS: Los Angeles**
1.00 PM **Hawaii Five-0**
3.00 **MacGyver** (S2, ep13)
4.00 **Modern Family** Double-bill.
5.00 **The Simpsons** Selma flies to China to adopt a baby.
5.30 **Futurama** Double-bill. Bender finds fame on TV.
6.00 Fry makes a deal with the Robot Devil.
6.30 **The Simpsons** Lisa enters a singing competition.



Sky 107 Virgin 112 (111 HD)

6.00 AM **Nothing to Declare**
8.00 **The Real A&E**
9.00 **Blue Bloods** (S7, ep13)
10.00 **Criminal Minds**
11.00 **CSI: Crime Scene Investigation** (S6, ep19)
12.00 NOON **Elementary**
1.00 PM **Blue Bloods** (S7, ep14)
2.00 **Law & Order: Special Victims Unit** (S20, ep17)
3.00 **The Real A&E**
4.00 **Stop, Search, Seize** Documentary series.
5.00 **Nothing to Declare** Back-to-back editions of the series following the work of customs officers.



Sky 108

6.00 AM **The Guest Wing**
7.00 **Without a Trace** Triple-bill.
10.00 **The West Wing**
12.00 NOON **Blue Bloods**
1.00 PM **CSI: Crime Scene Investigation** (S6, ep6)
2.00 **The West Wing** US drama. (S3, ep13) 3.00 (S3, ep14)
4.00 **Without a Trace** The team investigates the case of a missing teenager. (S4, ep2)
5.00 **Without a Trace** The team searches for a missing prostitute. (S4, ep3 of 24)
6.00 **Without a Trace** A missing student's backpack turns up mysteriously. (S4, ep4)



Sky 110 Virgin 124

7.20 AM **The Piglet Files**
7.45 **As Time Goes By**
8.20 **The Good Life** Comedy.
9.00 **Porridge** Comedy.
9.40 **Hi-de-Hi!** Comedy series.
10.20 **Last of the Summer Wine**
12.20 PM **Keeping Up Appearances** Comedy.
1.00 **Porridge** Prison comedy.
1.40 **Hi-de-Hi!** Comedy series.
2.20 **The Good Life** Comedy.
3.00 **Keeping Up Appearances**
3.40 **Dad's Army** Comedy.
4.20 **Last of the Summer Wine** Triple-bill of the comedy.
6.20 **The Good Life** Perky the pig gives birth to her litter.



Sky 109 Virgin 125 (211 HD)

6.10 AM **MasterChef Australia**
7.00 **My Dream Home**
8.00 **Tipping Point** Double-bill.
10.00 **The Bill** Police drama.
11.00 **Supernanny US**
12.00 NOON **Tipping Point**
2.00 PM **Property Brothers: Forever Home** Improving a Las Vegas home that has an awkward layout.
3.00 **My Dream Home** A couple who have two months to find a new home.
4.00 Two parents keen to escape 'rental limbo'.
5.00 **Tipping Point** Quiz series hosted by Ben Shephard.

7.00 **The Simpsons** Homer becomes convinced the apocalypse is imminent.
7.30 Ned Flanders takes in a pair of female lodgers.
8.00 Bart is enrolled in a Catholic school and meets a hip-hop-quoting priest.
8.30 Marge protects endangered creatures.

7.00 **Nothing to Declare** Double-bill of the series following the work of customs and immigration officers in Australia.
8.00 **Ghost Whisperer** Melinda discovers a spirit with multiple personalities is trying to prevent the birth of a child. (S2, ep13)

7.00 **CSI: Crime Scene Investigation** A shoot-out leaves four people dead, including a police officer. (S6, ep7)
8.00 **Blue Bloods** Danny and Jackie investigate the death of a wealthy woman, but the case takes an unusual turn. (S2, ep13)

7.00 **Porridge** Fletcher thinks Godber would be better off cheating if he wants to pass another O-level.
7.40 **Dad's Army** Godfrey learns that his cottage is scheduled for demolition.
8.20 Mainwaring and the platoon try to capture three German airmen.

7.00 **Property Brothers: Forever Home** *New edition* The modest home of two foster parents in need of an overhaul.
8.00 **Sun, Sea and Brides to Be** A groom makes plans to paraglide to his wedding, and a bride has a last-minute disaster.

9.00 **Pick SEAL Team** *New episode* Hayes leads his first mission since surgery, while Davis faces a disciplinary. (S3, ep10)

9.00 **Criminal Minds** 2 of 2. Horrific discoveries await as the team pursues a serial killer targeting drug addicts. (S4, ep26)

9.00 **Empire Falls** 1 of 2. Award-winning, two-part drama – originally shown in the US in 2005 – about a group of New England residents who are linked by events from their pasts. Stars Ed Harris, Philip Seymour Hoffman, Helen Hunt and Paul Newman.

9.00 **Gavin & Stacey** Comedy. The families unite for a party in Billericay.
9.40 **The Office** The new staff members arrive for their first day in Slough.

9.00 **Emma Willis: Delivering Babies** After 10 weeks, Emma's time as a Maternity Care Assistant comes to an end.

10.00 **Avenue 5** *New episode* The passengers suspect all is not as it seems. (S1, ep8)
10.35 **Intelligence** Joseph is devastated. (S1, ep5)

10.00 **CSI: Crime Scene Investigation** Grissom suspects that a cop has delivered his own form of retribution. (S4, ep2 of 23)

11.05 **The End** A difficult decision unexpectedly gives Edie a new lease of life. (S1, ep5 of 10)
11.40 **John Adams** (S1, ep7)
1.00 AM **Oz** Prison drama. (S5, ep3) 2.10 (S5, ep4)
3.25 **Without a Trace** (S4, ep5)
4.15 to 6.00 AM **The West Wing**

10.20 **Sandylands** Last in the comedy series. Les plots his escape, while Tina learns that Les is still alive.

10.00 **Pick Finding Joy** *New episode* The video of Joy's meltdown goes viral.
10.35 **Inside the Ambulance**

11.05 **Intelligence** The truth about Jerry's NSA past comes out. (S1, ep6)
11.35 **Caught on Dashcam**
12.35 AM **The Heist**
1.35 **Road Wars** 7 of 16.
2.00 **The Real A&E** Double-bill.
3.00 **The Force: Manchester**
4.00 **Stop, Search, Seize**
5.00 to 6.00 AM **Futurama**

11.00 **Law & Order: Special Victims Unit** (S16, ep2)
12.00 M'T **CSI: Crime Scene Investigation** (S6, ep23)
1.00 AM **The Rookie** (S2, ep8)
2.00 **Blue Bloods** (S7, ep15)
3.00 **Ghost Whisperer**
4.00 **Road Wars** Documentary.
5.00 to 6.00 AM **Brit Cops: Rapid Response**

11.05 **The End** A difficult decision unexpectedly gives Edie a new lease of life. (S1, ep5 of 10)
11.40 **John Adams** (S1, ep7)
1.00 AM **Oz** Prison drama. (S5, ep3) 2.10 (S5, ep4)
3.25 **Without a Trace** (S4, ep5)
4.15 to 6.00 AM **The West Wing**

11.00 **Peep Show** Jeremy hosts a book-group meeting.
11.30 The day of the christening arrives.
12.00 M'T **Gavin & Stacey**
12.40 AM **The Office** As 9.40pm.
1.20 **Peep Show** As 11.00pm.
2.20 **The Rebel** Comedy series.
2.55 to 4.00 AM **Lenny Henry's Race Through Comedy**

11.35 **One Born Every Minute** A father-to-be who was recently diagnosed with multiple sclerosis.
12.35 AM **I've Got Something to Tell You** People are told life-changing news.
1.30 **Code Black** (S3, ep12)
2.15 to 3.00 AM **Women on the Verge**



Sky 121 Virgin 136 (135 HD)

6.00 AM **Motorway Patrol**
7.00 **Highway Cops** Double-bill.
8.00 **Border Security**
9.00 **Send in the Dogs**
10.00 **Road Wars** Documentary.
11.00 **Brit Cops: Rapid Response**
12.00 NOON **Highway Cops**
1.00 PM **A Lie to Die For**
2.00 **Killer Colleagues**
3.00 **Border Security**
4.00 **Road Wars** Documentary.
5.00 **Brit Cops: Rapid Response** Documentary.
6.00 **Send in the Dogs**
7.00 **Snapped** Documentary.
8.00 **A Lie to Die For**
9.00 **New Killer Siblings**
10.00 **Snapped** *New edition*
11.00 **World's Most Evil Killers**
12.00 M'T **Murders That Shocked the Nation**
1.00 AM **How I Caught the Killer** 2.00 **Snapped**
3.00 **Murder Calls**
4.00 **Brit Cops: Rapid Response** Documentary.
5.00 to 6.00 AM **Motorway Patrol**



Sky 132 Virgin 126 (212 HD)

7.10 AM **Murdoch Mysteries**
10.00 **The Guardian**
11.00 **Sue Thomas: FB Eye**
12.00 NOON **Major Crimes**
1.00 PM **Rush** Double-bill.
3.00 **Murdoch Mysteries**
6.00 **Major Crimes** Detective Sykes flouts the rules to protect a young witness.
7.00 **Motive** Flynn and her team chase a killer with access to a lethal pathogen.
8.00 **Motive** An ex-convict is found murdered near a struggling nightclub.
9.00 **The Gulf** *New episode* Last in the thriller series starring Kate Elliott. The death of an armed intruder sparks ferocious tension on the island.
11.00 **New Tricks** Last Man Standing: 1 of 2. Crime drama series. The body of a policeman is found under a basement.
12.20 AM **Murdoch Mysteries** 1.20 to 4.00 AM **In the Dark**



Sky 125 Virgin 250

6.00 AM **Combat Dealers**
7.00 **Tony Robinson's World War One** 8.00 **Kindig Customs** 9.00 **Jeremy Wade's Dark Waters**
10.00 **Nasa's Unexplained Files**
11.00 **Fast N' Loud** Cadillac.
12.00 NOON **Gold Rush**
1.00 PM **Alaska: The Last Frontier** Documentary.
2.00 **Combat Dealers**
3.00 **World War Two: The Complete History**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud** Cadillac.
7.00 **Outback Truckers**
8.00 **Mighty Ships**
9.00 **Richard Hammond's Big Disasters Engineered**
11.00 **Massive Engineering Mistakes** 12.00 M'T **Richard Hammond's Big Disasters Engineered**
1.00 AM **Disasters Engineered**
2.00 **Deadliest Catch**
3.00 **Richard Hammond's Big Disasters Engineered**
3.50 **Kindig Customs**
5.30 to 6.00 AM **How It's Made**



Sky 113 Virgin 122 (121 HD)

8.00 AM **Everybody Hates Chris**
9.00 **Parks and Recreation**
10.30 **30 Rock** Triple-bill.
12.00 NOON **The Mindy Project** *New episodes* Triple-bill.
1.30 PM **Modern Family**
2.30 **Everybody Hates Chris**
3.30 **Parks and Recreation** Triple-bill. (S6, ep7) 4.00 (S6, ep8) 4.30 (S6, ep9)
5.00 **30 Rock** (S5, ep17) 5.30 (S5, ep18) 6.00 (S5, ep19)
6.30 **Modern Family**
7.30 **The Mindy Project** Triple-bill. (S5, ep4) 8.00 (S5, ep5) 8.30 (S5, ep6)
9.00 **The Righteous Gemstones** *New episode*
9.40 **Work in Progress** *New episode* (S1, ep5)
10.15 **Sex and the City** (S3, ep3)
10.50 **The Tonight Show Starring Jimmy Fallon**
12.50 AM **Entourage** (S3, ep17)
1.25 **Silicon Valley** Double-bill.
2.35 **Girls** (S6, ep10)
3.10 **Parks and Recreation**
3.35 to 5.00 AM **30 Rock**



Sky 124 Virgin 157 (199 HD)

8.00 AM **Republic of Doyle**
9.00 **Bones** (S2, ep12)
10.00 **Bull** (S2, ep4)
11.00 **NCIS** (S13, ep1)
12.00 NOON **Bones** Double-bill.
2.00 PM **The Mentalist**
3.00 **NCIS** (S13, ep2)
4.00 **Bull** US drama. (S2, ep5)
5.00 **Bones** (S2, ep15)
6.00 **The Mentalist** A psychic offers to help the team solve a murder. (S7, ep11)
7.00 **NCIS** Bishop and McGee have to go undercover as a married couple. (S13, ep3)
8.00 **NCIS** Vance investigates a murder case connected to his past. (S13, ep4)
9.00 **NCIS** A naval intelligence ensign is killed. (S12, ep22)
10.00 **NCIS** (S17, ep10)
11.00 **American Dad!**
12.00 M'T **Family Guy**
1.00 AM **American Dad!**
2.00 **The Walking Dead**
3.00 **American Dad!**
4.00 to 5.00 AM **Republic of Doyle**

(BT) SPORT 1

Sky 413 Virgin 527

- 6.00 AM **BT Sport Goals Reload**
 6.30 **Early Kick-Off 6.45 Premier League Reload 7.00 WWE Raw**
 9.30 **Football** Europa League magazine.
 10.00 **Rugby Union** Premiership highlights.
 12.30 PM **Rallying** Rally Mexico preview.
 1.00 **The Grid** Motorsport magazine.
 1.30 **Fishing: On the Bank** Angling.
 2.30 **Football** Liverpool v Bournemouth.
 4.00 **BT Sport Score Best Bits**
 4.30 **BT Sport Reload** BT highlights.
 5.00 **Football** Scottish Premiership.
 5.15 **Premier League Reload**
 5.30 **Live German Football** Borussia Mönchengladbach v FC Cologne. The Bundesliga match at Borussia Park, kick-off 5.30pm.
 7.30 **Premier League World**
 8.00 **Motorcycling** Qatar Grand Prix.
 9.00 **Rugby Tonight On Tour**
 9.30 **Badminton Unlimited**
 10.00 **WWE NXT UK** Wrestling action.
 10.00 **WWE NXT** US wrestling action.
 12.00 M'T **WWE Raw Highlights** Wrestling.
 1.00 AM **Live WWE NXT** Featuring the next generation of WWE Superstars.
 3.15 **Motorcycling** Qatar Grand Prix.
 3.30 **Rugby Tonight On Tour**
 4.00 to 6.00 AM **Classic Boxing**

(BT) SPORT 2

Sky 414 Virgin 528

- 6.00 AM **Football** Champions League.
 8.00 **Motorcycling** Grand Prix of Qatar.
 12.00 NOON **Football** Harrogate Town v Bromley in the National League.
 1.30 PM **French Football** Ligue 1.
 2.30 **German Football** Bundesliga.
 3.30 **Italian Football** Coppa Italia semi-finals, featuring Juventus v AC Milan and Napoli v Inter Milan.
 4.00 **WWE SmackDown Highlights**
 5.00 **WWE Raw Highlights**
 6.00 **Football** Highlights of Atlético Madrid v Liverpool in the Champions League last-16, first-leg match at the Wanda Metropolitano.
 7.00 **Pick Live Football** Liverpool v Atlético Madrid. Coverage of the Champions League last-16, second-leg match staged at Anfield, kick-off is at 8.00pm. Diego Simeone's Spanish side take a 1-0 lead into tonight's match against the reigning champions.
 10.30 **Football** Champions League action, including RB Leipzig v Tottenham and Liverpool v Atlético Madrid.
 11.30 **Dan Hardy's Open Mat**
 12.00 M'T **UFC 3.00 AM UFC on ESPN**
 4.00 **UFC Unleashed** Archive action.
 5.00 to 6.00 AM **Fishing: On the Bank**

(BT) SPORT 3

Sky 417 Virgin 529

- 6.00 AM **Australian Football** A-League.
 12.00 NOON **Football** Champions League.
 2.00 PM **BT Sport Score Best Bits**
 2.30 **Australian Football** A-League.
 3.30 **Football** Scottish Premiership.
 3.45 **Football** Europa League.
 4.15 **Football** RB Leipzig v Tottenham, Valencia v Atalanta and Borussia Dortmund v Paris Saint-Germain.
 7.15 **Live Football** Paris Saint-Germain v Borussia Dortmund. The Champions League last-16, second-leg match from Parc des Princes, kick-off 8.00pm.
 10.15 **Premier League Review**
 11.15 **German Football** Bundesliga.
 11.45 **Motorcycling** Qatar Grand Prix.
 12.00 M'T **Football** 2.00 AM **German Football** 3.00 **French Football** Italian Football 4.30 **Football** to 6.00 AM **Australian Football**

sky sports MAIN EVENT

Sky 401 Virgin 511 (501 HD)

- 6.00 AM **Good Morning Sports Fans**
 10.00 **Football Centre** The latest news.
 12.00 NOON **Sky Sports News**
 1.00 PM **Live Golf** A look ahead to the Players Championship, which begins tomorrow on the TPC at Sawgrass Stadium Course in Ponte Vedra Beach, Florida, following the world's top 50 players as they complete their preparations on the range and in their practice rounds. Known as the unofficial fifth Major, the event boasts the largest purse in golf, with \$2.7 million going to the winner, and \$15 million up for grabs overall. The reigning champion is Northern Ireland's Rory McIlroy, who beat Jim Furyk by one shot last year.
 9.00 **Sky Sports Tonight** This evening's leading sports stories.
 10.00 **The Debate** Discussion on the latest top-flight football news.
 11.00 **Basketball: The Warm Up** A look ahead to tonight's fixtures.
 11.30 **Live Basketball** Philadelphia 76ers v Detroit Pistons. Coverage of the NBA Eastern Conference match from the Wells Fargo Centre, tip-off 11.30pm.
 2.00 to 6.00 AM **Sky Sports News**

sky sports FOOTBALL

Sky 403 Virgin 513 (503 HD)

- 6.00 AM **Greatest Games** 7.00 **EFL Goals: Championship** 7.30 **Countdowns**
 8.00 **Football Years** 8.30 **Greatest Games**
 8.45 **One2Eleven** 9.00 **Greatest Games**
 9.30 **Play-Off Final Highlights**
 10.30 **Greatest Games** 11.30 **Greatest Players** 12.00 NOON **Countdowns**
 12.30 PM **Football Years** 1993/1994.
 1.00 **SPFL Greatest Games**
 1.45 **One2Eleven** Joe Cole.
 2.00 **EFL Play-Off Final Highlights**
 3.00 **Football's Greatest Players**
 3.30 **Football Countdowns**
 4.00 **Football Years** 2013/2014.
 4.30 **EFL Play-Off Final Highlights**
 5.30 **SPFL Greatest Games**
 6.00 **League Cup Final 2011/12**
 7.00 **MLS Round-Up Show**
 7.30 **EFL Goals: Leagues 1 & 2**
 8.00 **EFL Championship Highlights**
 10.00 **SPFL Highlights** Rangers v Celtic.
 10.30 **EFL Greatest Games**
 11.00 **One2Eleven** Stuart Pearce.
 11.15 **Greatest Games** Archive action.
 12.00 M'T **Football Years** 12.30 AM **Greatest Games** 1.00 **Football Countdowns**
 1.30 **Football Years** 2.00 **Championship Review** 3.00 **EFL Play-Off Finals**
 5.00 to 6.00 AM **League Cup Finals**

sky sports THE PLAYERS

Sky 405 Virgin 515 (505 HD)

- 6.00 AM **The Players Championship 1974**
 8.00 **The Players Championship 1987**
 10.00 **Golf Academy** With Sandy Lyle.
 11.00 **The Players Championship 2019**
 1.00 PM **Live The Players Championship** Build-up to this year's tournament, which begins tomorrow on the TPC at Sawgrass Stadium Course in Florida.
 9.00 **PGA Tour: The Cut** Magazine.
 9.30 **Rory's Review of 2019** Rory McIlroy looks back at the year.
 10.00 **Golf Academy** With Sandy Lyle.
 11.00 **Best of the Sky Zone**
 11.30 **PGA Tour: The Cut** Magazine.
 12.00 M'T **The Players Championship 1974**
 2.00 AM **The Players Championship 2013**
 3.00 **The Players Championship 2014**
 4.00 **The Players Championship 2015**
 5.00 to 6.00 AM **The Players Championship 2016**

sky sports PREM LEAGUE

Sky 402 Virgin 512 (502 HD)

- 6.00 AM **PL Greatest Games**
 6.45 **Football Gold 7.00 The Debate**
 8.00 **Best PL Goals** 9.00 **PL 100 Club**
 10.00 **Premier League Years** Archive action.
 12.00 NOON **The Debate** Discussion.
 1.00 PM **Premier League Years**
 3.00 **Best PL Goals** From 2004/2005.
 4.00 **PL Greatest Games**
 5.00 **Premier League 100 Club** Sergio Agüero and Paul Scholes.
 6.00 **Premier League Legends** David Seaman and Paolo Di Canio.
 7.00 **Premier League World** Round-up of the latest news.
 7.30 **The Tyler Archives** Manchester United v Manchester City.
 8.00 **Gary Neville's Soccerbox** With Robert Pirès and Michael Owen.
 9.00 **Premier League World** Round-up of the latest news.
 9.30 **The Tyler Archives** Liverpool v Manchester United.
 10.00 **The Debate** Football discussion.
 11.00 **Premier League Best Goals**
 12.00 M'T **The Debate** Football discussion.
 1.00 AM **Premier League Years**
 3.00 **PL Greatest Games** Archive action.
 4.00 **Premier League Best Goals**
 5.00 **Best PL Goals** Arsenal v Tottenham.
 5.30 to 6.00 AM **Premier League 100 Club**

sky sports CRICKET

Sky 404 Virgin 514 (504 HD)

- 6.00 AM **Cricket's Greatest Games**
 7.00 **Best of England v Australia**
 7.50 **Ashes Greats** Ian Bell in 2013.
 8.00 **Cricket's Greatest Games**
 9.00 **Best of England v Australia**
 9.50 **Ashes Greats** Ian Bell in 2013.
 10.00 **The 2009 World Twenty20**
 12.00 NOON **Cricket's Greatest Games** The 2016 World T20.
 12.30 PM **Cricket's Greatest Games**
 1.00 **Best of England v Australia**
 1.50 **Ashes Greats** Ian Bell in 2013.
 2.00 **Cricket's Greatest Games** Trent Bridge Tests of 2013 and 2015.
 3.00 **Best of England v Australia**
 3.50 **Ashes Greats** Ian Bell in 2013.
 4.00 **The 2009 World Twenty20**
 6.00 **Women's World T20** A full replay of this year's final at the MCG.
 10.00 **Winning Over the World** A look at how the England women's cricket team won the 2017 World Cup.
 11.00 **The 2009 World Twenty20**
 1.00 AM **Best of England v Australia**
 1.50 **Ashes Greats** 2.00 **Cricket's Greatest Games** 3.00 **Best of England v Australia** 3.50 **Ashes Greats**
 4.00 **Cricket's Greatest Games**
 5.00 **Best of England v Australia**
 5.50 to 6.00 AM **Ashes Greats**

sky sports MIX

Sky 145 Virgin 520 (510 HD)

- 6.00 AM **My Icon** 7.00 **Sporting Records**
 8.00 **Sporting Greats** 9.00 **My Icon**
 10.00 **Basketball** 11.00 **School of Golf**
 12.00 NOON **Sporting Greats** Triple-bill.
 1.30 PM **Cricket's Greatest Games**
 2.00 **Boxing** Taylor v Volante.
 3.00 **My Icon** Sporting heroes.
 4.00 **Women's Cricket** Highlights of the semi-finals and final of the World T20 staged in Australia.
 7.00 **Netball** London Pulse v Celtic Dragons in the Superleague.
 9.00 **Rugby Union** Highlights of the Los Angeles Sevens staged at Dignity Health Sports Park.
 10.00 **Boxing** Katie Taylor v Rose Volante in Philadelphia in March last year.
 11.00 **Premier League World**
 11.30 **My Icon** Sporting heroes.
 12.00 M'T to 6.00 AM **Mix Shorts: Masterclasses**

What's on TV

Pick of the day



LIVE SPORT

Football: Liverpool v Atlético Madrid

BT Sport 2, 7.00pm

Mo Salah may need to be on top form if Liverpool are to overturn a 1-0 deficit in this Champions League last-16 match.

sky sports ACTION

Sky 407 Virgin 517 (507 HD)

- 6.00 AM **Boxing Gold** 7.00 **Records**
 8.00 **NFL: America's Game**
 10.00 **Sporting Records** 10.30 **Fishing: Hooked on Africa** 11.00 **NFL**
 1.00 PM **Records** 2.00 **Darts Gold/Boxing Gold** 4.30 **Sporting Records**
 5.00 **Fishing: Hooked on Africa**
 5.30 **Darts Gold** PDC World final 2001.
 6.00 **NBC's Pro-Football Talk**
 8.00 **NFL: America's Game**
 10.00 **Motorsport Mundial**
 10.30 **Fishing: Hooked on Africa**
 11.00 **NFL: America's Game**
 1.00 AM **Super League Gold**
 2.00 **NFL: Greatest Games**
 3.30 **Darts Gold** Archive PDC matches.
 4.00 to 6.00 AM **Sporting Records/Greats**

sky sports ARENA

Sky 408 Virgin 518 (508 HD)

- 6.00 AM **Sporting Greats** 7.00 **Super League Gold** 8.00 **Sporting Greats**
 8.30 **Fishing: Hooked on Africa**
 9.00 **Sporting Records** 10.00 **Boxing Gold**
 11.00 **Netball** 1.00 PM **Sporting Greats**
 2.00 **Basketball** NBA Classic Games.
 4.00 **Fishing: Hooked on Africa**
 4.30 **Sporting Greats** Brian O'Driscoll.
 5.00 **Boxing Gold** Haye v Fragomeni.
 6.00 **Rugby League** Super League.
 8.30 **Basketball** NBA previews.
 10.00 **Inside Rugby League**
 11.00 **Basketball** The Warm Up.
 11.30 **Live Basketball** Philadelphia 76ers v Detroit Pistons. NBA, tip-off 11.30pm.
 2.00 AM **Super League Gold** 3.00 to 6.00 AM **Sporting Records/Greats**

EUROSPORT 1

Sky 410 Virgin 521

- 6.00 AM **Alpine Skiing** 7.00 **Cycling**
 8.00 **Snooker** 10.00 **Triathlon**
 10.30 **Table Tennis** 11.35 **Fencing**
 12.40 PM **Cycling** Paris-Nice stage three.
 1.40 **Live Cycling** Paris-Nice race.
 3.40 **Ski Jumping** From Lillehammer.
 4.25 **Live Ski Jumping** World Cup.
 5.45 **Alpine Skiing** World Cup action.
 7.45 **Cycling** Recent highlights.
 10.00 **Ski Jumping** From Trondheim.
 11.00 **Cycling** Recent highlights.
 1.00 AM **Triathlon** 2.00 **Cycling** 4.00 **Ski Jumping** 5.00 to 6.00 AM **Skiing**

PHOTO: PA, GETTY

Premiere sky cinema

Sky 301 Virgin 401

6.30 AM **Doom: Annihilation**

8.15 **Straight Up** Romantic comedy. (2019, 15) ★★★

10.15 **The Art of Self-Defense**

12.15 PM **Brightburn** See 8.00pm.

2.15 **Cold Blood Legacy** (2019)

4.00 **This Changes Everything** Documentary. (2018) ★★★

6.00 **The Art of Self-Defense** Comedy starring Jesse Eisenberg. (2018, 15) ★★★

Comedy sky cinema

Sky 308 Virgin 408

6.45 AM **Forgetting Sarah Marshall** See 6.00pm.

8.45 **Life of the Party** As 10pm.

10.45 **Eaten by Lions** (2018) ★★★

12.30 PM **Stella's Last Weekend**

2.20 **Benchwarmers 2: Breaking Balls** (2019) ★

4.05 **About a Boy** Romantic comedy. (2002, 12) ★★★

6.00 **Forgetting Sarah Marshall** Comedy. (2008, 15) ★★★★★

Action sky cinema

Sky 311 Virgin 407

6.15 AM **Vertical Limit** As 3.05pm.

8.30 **The Lone Ranger** As 5.20pm.

11.05 **Mortal Engines** As 8.00pm.

1.20 PM **Big Trouble in Little China** (1986, 15) ★★★

3.05 **Vertical Limit** (2000) ★★★

5.20 **The Lone Ranger** Western comedy. A lawyer joins forces with a Native American. Stars Johnny Depp. (2013, 12) ★★★

Family sky cinema

Sky 306 Virgin 406

6.10 AM **A Wizard's Tale** (2018)

7.55 **The Lego Movie 2: The Second Part** (2019) ★★★★★

9.55 **Matilda** (1996, PG) ★★★★★

11.40 **Stuart Little** (1999) ★★★★★

1.10 PM **Teen Titans Go! To the Movies** See 8.00pm.

2.40 **Star Wars: The Clone Wars**

4.25 **Matilda** (1996, PG) ★★★★★

6.10 **The Lego Movie 2: The Second Part** (2019) ★★★★★

RADIO

RADIO 1 FREEVIEW 700

Sky 0101 Virgin 901 Freesat 700

4.00am Adele Roberts. 6.30 Greg James. 10.00 Clara Amfo. 12.45pm Newsbeat. 1.00 Scott Mills. 4.00 Nick Grimshaw. 7.00 Future Sounds with Annie Mac. 9.00 Rickie, Melvin and Charlie. 11.00 Indie Show with Jack Saunders. 1.00am Benji B. 3.00 to 4.00am RnB Anthems. .

PRIME-TIME

8.00 **Brightburn** Horror. An extra-terrestrial crash-lands on Earth. Stars Elizabeth Banks. (2019, 15) ★★★

9.45 **Premiere Cold Blood Legacy** Action thriller. A hit-man risks his life to save an injured woman. Stars Jean Reno and Sarah Lind. (2019, 15) ★★★

8.00 **Night School** Comedy. A group of troublesome adults are forced to attend night classes. Stars Kevin Hart. (2018, 15) ★★

10.00 **Life of the Party** Comedy. A woman returns to college to complete her studies. Stars Melissa McCarthy. (2018, 12) ★★

8.00 **Mortal Engines** Fantasy. Cities in a post-apocalyptic world consume each other to survive. Stars Hera Hilmar. (2018, 12) ★★

10.15 **War of the Worlds** Sci-fi thriller. An alien army launches a devastating attack on Earth. Stars Tom Cruise. (2005, 12) ★★★★★

8.00 **Teen Titans Go! To the Movies** Animation. Five young superheroes tackle a villain's plan for world domination. (2018) ★★

9.30 **Star Wars: The Clone Wars** Animated sci-fi with the voices of Matt Lanter and Christopher Lee. (2008, PG) ★★

RADIO 2 FREEVIEW 702

Sky 0102 Virgin 902 Freesat 702

5.00am Vanessa Feltz. 6.30 Zoe Ball. 9.30 Ken Bruce. 12.00noon Jeremy Vine. 2.00pm Steve Wright. 5.00 Sara Cox. 7.00 Jo Whitley. 9.00 The Folk Show with Mark Radcliffe. 10.00 Trevor Nelson's Rhythm Nation. 12.00m't OJ Borg. 3.00 to 5.00am Pick of the Pops.

11.30 **We Die Young** Action drama. (2019, 15) ★★★

1.15 AM **Mapplethorpe** (2018)

3.15 to 5.00 AM **Doom: Annihilation** (2019) ★★★

11.50 **Eaten by Lions** (2018) ★★★

1.35 AM **Stella's Last Weekend**

3.25 **Metal Heart** (2018) ★★★

5.05 to 6.45 AM **Napoleon Dynamite** (2004) ★★★★★

12.00 M'T **Big Trouble in Little China** (1986, 15) ★★★

2.00 AM **Red Heat** (1988) ★★★

4.00 to 6.00 AM **The Next Karate Kid** Drama. (1994, PG) ★★

11.15 **Who Framed Roger Rabbit**

1.10 AM **The Adventures of Sharkboy and Lavagirl**

2.55 **Anastasia** 4.40 to 6.20 AM **The Swan Princess** (1994)

RADIO 3 FREEVIEW 703

Sky 0103 Virgin 903 Freesat 703

6.30am Breakfast. 9.00 Essential Classics. 12.00noon Composer of the Week: Beethoven Unleashed – At Home. 1.00pm Lunchtime Concert. 2.00 Afternoon Concert. 3.30 Choral Evensong. 4.30 New Generation Artists. 5.00 In Tune. 7.00 In Tune Mixtape. 7.30 Radio 3 in Concert. 10.00 Free Thinking. 10.45 The Essay: Home Sweet Home. 11.00 Night Tracks. 12.30 to 6.30am Through the Night.

Drama sky cinema

Sky 310 Virgin 410

6.30 AM **Sabrina** Comedy. (1954, U, b&w) ★★★★★

8.30 **Cruise** See 10.00pm.

10.10 **The Old Man & the Gun**

11.55 **JT LeRoy** See 8.00pm.

1.55 PM **Men of Honor** (2000)

4.15 **Ray & Liz** Drama. Stars Ella Smith. (2018, 15) ★★★★★

6.15 **The Old Man & the Gun** Drama starring Robert Redford. (2018, 12) ★★★★★

Disney sky cinema

Sky 305 Virgin 405

6.55 AM **The Little Mermaid**

8.25 **Tangled** See 4.45pm.

10.10 **Lilo & Stitch** (2002, U) ★★★

11.40 **Robin Hood** (1973) ★★★★★

1.10 PM **Aladdin** Animated fantasy. (1992, U) ★★★★★

2.45 **Ralph Breaks the Internet**

4.45 **Tangled** Animated fantasy. (2010, PG) ★★★★★

6.30 **The Little Mermaid** Cartoon. (1989, U) ★★★★★

Monsters sky cinema

Sky 307 Virgin 411

6.00 AM **Jason and the Argonauts**

8.00 **Slaughterhouse Rulez**

10.00 **John Carter** See 10.15pm.

12.15 PM **Jurassic World: Fallen Kingdom** As 8.00pm.

2.30 **Little Monsters** Horror comedy. (2019, 15) ★★★★★

4.15 **Zombieland** Horror comedy. (2009, 15) ★★★★★

6.00 **Slaughterhouse Rulez** Horror. (2018, 15) ★★

Hits sky cinema

Sky 303 Virgin 403

6.40 AM **Leave No Trace** (2018)

8.40 **Identity Thief** (2013) ★★

10.40 **Aladdin** See 8.00pm.

12.50 PM **Star Wars: Episode I – The Phantom Menace** Sci-fi. (1999, U) ★★

3.10 **Star Wars: Episode II – Attack of the Clones** Sci-fi prequel. (2002, PG) ★★

5.35 **Star Wars: Episode III – Revenge of the Sith** (2005)

RADIO 4 FREEVIEW 704

Sky 0104 Virgin 904 Freesat 704

6.00am Today. 8.30 (LW) Yesterday in Parliament. 9.00 Only Artists. 9.30 The Curious Cases of Rutherford & Fry. 9.45 (FM) Book of the Week: The Peregrine. 9.45 (LW) Daily Service. 10.00 Woman's Hour. 10.55 The Listening Project. 11.00 Le Divide. 11.30 Alexei Sayle's Imaginary Sandwich Bar. 12.05pm The Call of the Wild. 12.15 You and Yours; Weather. 1.00 The World at One. 1.45 Living National Treasures. 2.00 The Archers. 2.15 Drama: Dangerous Visions – Body Horror. 3.00 Money Box Live. 3.30 Inside Health. 4.00 Thinking Allowed. 4.30 The Media Show. 5.00 PM. 5.55 (LW) Shipping Forecast; Weather. 6.00 Six O'Clock News. 6.30 Mark Watson Talks a Bit About Life. 7.00 The Archers. 7.15 Front Row. 7.45 The Book of Strange New Things. 8.00 The Moral Maze. 8.45 Lent Talks. 9.00 Costing the Earth. 9.30 Only Artists. 9.45 One to One. 10.00 The World Tonight. 10.45 Book at Bedtime: The Call of the Wild. 11.00 Ken Cheng: Chinese Comedian. 11.15 Cracking Up. 11.30 Today in Parliament. 12.00m't News and Weather. 12.30am Book of the Week: The Peregrine; Shipping Forecast. 1.00 As BBC World Service. 5.20 Shipping Forecast. 5.30 News Briefing' Prayer for the Day. 5.45 to 6.00am Farming Today; Tweet of the Day.

PRIME-TIME

8.00 **JT LeRoy** Fact-based drama. A woman pretends to be a celebrated author. Stars Kristen Stewart. (2018, 15) ★★

10.00 **Cruise** Romantic comedy. A man meets a woman with a wild side. Stars Spencer Boldman and Lucas Salvagno. (2018, 15) ★★

8.00 **Ralph Breaks the Internet** Cartoon sequel. The video-game character embarks on an adventure. (2018, PG) ★★★★★

10.00 **101 Dalmatians** Comedy. The evil Cruella De Vil tries to turn a litter of puppies into a fur coat. Stars Glenn Close. (1996, U) ★★★★★

8.00 **Jurassic World: Fallen Kingdom** Action sequel. Owen and Claire uncover a conspiracy. Stars Chris Pratt. (2018, 12) ★★

10.15 **John Carter** Sci-fi fantasy. A 19th-century US Civil War veteran becomes a heroic warrior. Stars Taylor Kitsch. (2012, 12) ★★

8.00 **Aladdin** Live-action adventure. A street urchin unleashes the power of a magical genie. Stars Will Smith. (2019, PG) ★★★★★

10.10 **Greta** Thriller. A waitress encounters a mysterious woman. Stars Isabelle Huppert and Chloë Grace Moretz. (2018, 15) ★★★★★

RADIO 5 LIVE FREEVIEW 705

Sky 0105 Virgin 905 Freesat 705

5.00am Morning Reports. 5.15 Wake Up to Money. 6.00 5 Live Breakfast. 9.00 Your Call. 10.00 The Emma Barnett Show. 1.00pm Nihal Arthanayake. 4.00 5 Live Drive. 7.00 5 Live Sport. 8.00 5 Live Sport: Football. Liverpool v Atlético Madrid: Commentary on the Champions League last-16, second-leg match at Anfield, kick-off 8.00pm. 10.30 Colin Murray. 1.00 to 5.00am Up All Night.

11.35 **Men of Honor** Fact-based drama. Stars Cuba Gooding Jr. (2000, 15) ★★★★★

1.55 AM **Ray & Liz** See 4.15pm.

3.55 to 6.00 AM **Sabrina** (1954)

11.50 **Pete's Dragon** Musical fantasy. (1977, U) ★★

1.45 AM **Aladdin** See 1.10pm.

3.25 **Christopher Robin** (2018)

5.20 to 7.00 AM **Spooky Buddies**

12.30 AM **Zombieland** See 4.15pm.

2.15 **Resident Evil: Extinction** Sci-fi. (2007, 15) ★★

4.00 to 6.00 AM **Jason and the Argonauts** (1963) ★★★★★

12.00 M'T **Mamma Mia! Here We Go Again** Romantic musical sequel. (2018, PG) ★★★★★

2.00 AM **Love, Simon** (2018)

4.00 to 6.00 AM **Tooth Fairy**

Thriller sky cinema

Sky 309 Virgin 409

6.10 AM **Distorted** (2018) ★★★

7.50 **Kissing Candice** Irish drama. (2017, 15) ★★

9.40 **Ride** Thriller starring Bella Thorne. (2017, 15) ★

11.20 **White Boy Rick** See 7.00pm.

1.20 PM **Hotel Mumbai** As 9pm.

3.25 **The International** Action thriller. (2009, 15) ★★★★★

5.25 **Jacob's Ladder** Thriller remake. (2019, 15) ★

Greats sky cinema

Sky 304 Virgin 404

8.00 AM **Babe** (1995, U) ★★★★★

9.35 **Babe: Pig in the City** Family sequel. (1998, U) ★★★★★

11.15 **Hand That Rocks the Cradle** Thriller. (1992, 15) ★★★★★

1.15 PM **Psycho** Hitchcock horror. (1960, 15, b&w) ★★★★★

3.15 **The Bourne Ultimatum** Spy thriller. (2007, 12) ★★★★★

5.15 **Groundhog Day** Comedy. (1993, PG) ★★★★★

Superhero sky cinema

Sky 302 Virgin 402

6.05 AM **Superman** See 3.40am.

8.30 **Superman II** Fantasy sequel. (1980, PG) ★★★★★

10.40 **Ant-Man and the Wasp**

12.40 PM **Kick-Ass** See 11.40pm.

2.40 **Kick-Ass 2** Thriller sequel starring Aaron Taylor-Johnson. (2013, 15) ★★

4.35 **Man of Steel** Fantasy adventure starring Henry Cavill. (2013, 12) ★★

TCM

Sky 315 Virgin 415 (416 HD)

6.30 AM **For Whom the Bell Tolls**

9.40 **You Can't Cheat an Honest Man** (1939, U, b&w) ★

11.20 **Escape from Fort Bravo** Western. (1953, PG) ★★★★★

1.30 PM **Casablanca** Drama. (1942, U, b&w) ★★★★★

3.35 **Day of the Evil Gun** Western drama. (1968, PG) ★★

5.35 **The Lone Ranger** Western adventure. (1956, U) ★

PRIME-TIME

7.00 **White Boy Rick** Drama. A man tries to raise two teenagers in Detroit. Stars Matthew McConaughey. (2018, 15) ★★

9.00 **Hotel Mumbai** Thriller about the 2008 terrorist attack at the Taj Mahal Palace Hotel. Stars Dev Patel. (2018, 15) ★★★★★

7.00 **Twins** Action comedy. Two long-lost brothers set out to find their mother. Stars Arnold Schwarzenegger. (1988, PG) ★★★★★

9.00 **Sleepers** Drama. Four friends take revenge on the prison guards who abused them as teenagers. Stars Brad Pitt. (1996, 18) ★★

7.00 **Batman v Superman: Dawn of Justice** Action fantasy. The superheroes enter into a battle. Stars Ben Affleck. (2016, 12) ★★

9.35 **Ant-Man and the Wasp** Fantasy adventure. The hero tackles secrets from his past. Stars Paul Rudd. (2018, 12) ★★★★★

7.25 **Rope** Thriller. Two students commit murder to prove they can get away with the crime. Stars James Stewart. (1948, PG) ★★

9.00 **Magnum Force** Dirty Harry thriller. The cop pursues vigilante killers. Stars Clint Eastwood. (1973, 18) ★★★★★

RADIO 5 LIVE FREEVIEW 705

Sky 0105 Virgin 905 Freesat 705

5.00am Morning Reports. 5.15 Wake Up to Money. 6.00 5 Live Breakfast. 9.00 Your Call. 10.00 The Emma Barnett Show. 1.00pm Nihal Arthanayake. 4.00 5 Live Drive. 7.00 5 Live Sport. 8.00 5 Live Sport: Football. Liverpool v Atlético Madrid: Commentary on the Champions League last-16, second-leg match at Anfield, kick-off 8.00pm. 10.30 Colin Murray. 1.00 to 5.00am Up All Night.

11.05 **Face/Off** Thriller. Stars John Travolta. (1997, 18) ★★★★★

1.35 AM **Midnight Express** (1978)

3.45 **Outlaws** (2017, 18) ★★

5.30 to 7.15 AM **Point Last Seen**

11.30 **Hand That Rocks the Cradle**

1.30 AM **Lethal Weapon 3** (1992)

3.35 **The Meaning of Life** (1983)

5.30 to 7.30 AM **Remember the Titans** (2000, PG) ★★

11.40 **Kick-Ass** Thriller. Stars Aaron Johnson. (2010, 15) ★★★★★

1.45 AM **Kick-Ass 2** See 2.40pm.

3.40 to 6.10 AM **Superman** Drama. (1978, PG) ★★★★★

11.40 **Money Talks** (1997, 18) ★★

1.45 AM **Jackie Chan's First Strike** (1996, 12) ★★

3.20 **Off Set 3.30 Best Directors**

5.00 to 6.00 AM **Close Up**

What's on TV Picks of the day



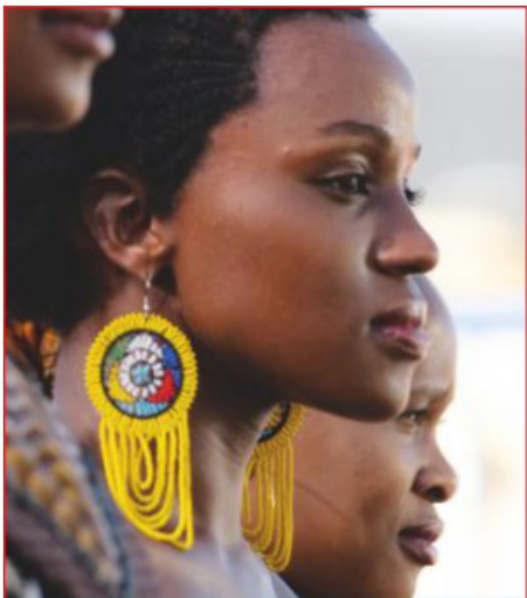
Emmerdale

ITV, 7.00pm Scene of destruction... Young Archie is left floored by a toppled cabinet, which leaves Jai worried – and Laurel concerned that Arthur is to blame.



EastEnders

BBC1, 7.30pm & 8.30pm Pride of Walford... In the first of two visits to Albert Square tonight, Mick tells Linda how proud he is of her for going to another meeting.



Noughts + Crosses

BBC1, 9.00pm Hidden passion... In the second episode, Sephy (Masali Baduza) contemplates desperate measures to find somewhere she and Callum can be alone.

BBC
one

BBC
1

Freeview 1 (101 HD) Sky 101 (115 HD) Virgin 101 (108 HD) F'sat 101 (106 HD)

- 6.00 AM **Breakfast** News and sport. (S, HD)
- 9.15 **Crimewatch Roadshow Live** 4 of 15. (S, HD)
- 10.00 **Homes Under the Hammer** (S, HD)
- 11.00 **Dom Does America** (S, Rpt, HD)
- 11.45 **Saved on Camera** Documentary. (S, HD)
- 12.15 PM **Bargain Hunt** From Southwell. (S, HD)
- 1.00 **News; Weather** (S, HD)
- 1.30 **Local News; Weather** (S)
- 1.45 **Doctors** The Joe Pasquale Problem: Medical drama series. A patient claims she is being stalked by a certain comedian. (S, AD, HD)
- 2.15 **Five Bedrooms** Three Millimetres: 3 of 8. US drama. There is bad feeling towards Ben, who has kept some key information from his housemates. Continues tomorrow. (S, HD)
- 3.00 **Escape to the Country** Rural property series. A couple with a budget of £700,000 search for a home in Somerset. (S, Rpt, HD)
- 3.45 **Money for Nothing** Salvage series. Sarah Moore saves old tents, four dining chairs and a bamboo dressing screen. (S, HD)
- 4.30 **Ready, Steady, Cook** Culinary challenge series hosted by Rylan Clark-Neal. With chefs Ellis Barrie and Mike Reid. (S, HD)
- 5.15 **Pointless** Quiz series. (S, Rpt, HD)
- 6.00 **News; Weather** (S, HD)
- 6.30 **Local News; Weather** (S)

7
PM

- 7.00 **The One Show** Magazine presented by Alex Jones and Matt Baker. (S, HD)
- 7.30 **EastEnders** First of two episodes this evening. Isaac reveals his true colours to Patrick in the Queen Vic, Linda gets ready for another meeting, and Chantelle feels the pressure to find work. (S, HD)

8
PM

- 8.00 **MasterChef** 9 of 24. Culinary challenge series. The heat-winners cook a plant-based dish in the third quarter-final. (S)
- 8.30 **EastEnders** Mitch follows Gray, Stuart comes up with an extreme plan to cheer up Rainie, while Sheree berates Isaac for his attitude towards Patrick. (S, AD, HD)

9
PM

- 9.00 **Noughts + Crosses** 2 of 6. Drama series starring Masali Baduza and Jack Rowan. Callum and Sephy take drastic measures to find somewhere to be alone together but Lekan suspects that Sephy is hiding something from him and goes on the rampage. With Helen Baxendale. (S, HD)

10
PM

- 10.00 **News; Weather** (S, HD)
- 10.25 **Local News; Weather** (S)
- 10.35 **Question Time** Fiona Bruce chairs the topical debate from West Bromwich, as a panel of politicians and other guests faces questions from the audience. (S)

- 11.35 **News** Laura Kuenssberg, Chris Mason, Katya Adler and Adam Fleming discuss the week's biggest stories in their weekly round-up from Westminster, including analysis of yesterday's Budget. (S) **Weather**
- 12.10 to 6.00 AM **BBC News** (S, HD)

BBC1

REGIONAL VARIATIONS

■ WALES

6.55pm Party Political Broadcast By the Brexit Party.
7.00-7.30pm Six Nations Sin Bin Gareth Thomas and Gabby Logan preview the final weekend's matches.

BBC
TWO

BBC
2

Freeview 2 (102 HD) Sky 102 Virgin 102 (162 HD) Freesat 102 (106 HD)

- 6.30 AM **Money for Nothing** (S, Rpt, HD)
- 7.15 **Escape to the Country** (S, Rpt, HD)
- 8.00 **Great British Railway Journeys** (S, Rpt, HD)
- 8.30 **Lose Weight and Get Fit with Tom Kerridge** Last in the advice series. (SL, S, Rpt, HD)
- 9.00 **BBC News at 9** (S, HD)
- 10.00 **Victoria Derbyshire** Discussion. (S, HD)
- 11.00 **BBC Newsroom Live** (S, HD)
- 12.15 PM **Politics Live** With Jo Coburn. (S, HD)
- 1.00 **Hardball** Quiz series. (S, Rpt, HD)
- 1.45 **Best House in Town** Leicester. (S, Rpt, HD)
- 2.30 **Terry and Mason's Great Food Trip** (S, Rpt)
- 3.00 **Red Rock** Irish crime drama. (S, Rpt, HD)
- 3.40 **The Great Interior Design Challenge** Property challenge series. Transforming attic bedrooms in 1960s riverside homes. (S, Rpt)
- 4.40 **Portillo's State Secrets** 9 of 10. Documentary series. Michael Portillo learns how Mary Whitehouse defended God in court. (S, Rpt)
- 5.10 **Flog It!** Antiques challenge series. (S, Rpt)
- 6.00 **Richard Osman's House of Games** Daily quiz series. With Hugh Dennis, Sarah Greene, Nish Kumar and Holly Walsh. (S)
- 6.30 **Great British Railway Journeys** Piccadilly Circus to Gravesend: 14 of 15. Michael Portillo visits an exotic West End store that was popular with Victorian women. (S, Rpt)

- 7.00 **MOTDx** Football discussion presented by Jermaine Jenas, with Craig Mitch, Chelcee Grimes and Reece Parkinson. (S, HD)

- 7.30 **Villages by the Sea** The Holy Island: Documentary series. In tonight's edition, archaeologist Ben Robinson examines the history of Lindisfarne. (S, Rpt, HD)

- 8.00 **Secrets of the Museum** Last in the documentary series. The V&A experts struggle to fit a customised Chevy Impala into the museum for an exhibition, a rare medieval jewel undergoes a deep clean, and a table with a micro-mosaic top is restored ahead of an exhibition. (S, HD)

- 9.00 **Hospital** 5 of 8. Documentary series. This edition focuses on patients who are stranded in hospital due to a lack of after-care, including a 70-year-old man with vascular dementia who is waiting to find a place in a residential home that can deal with his complex needs. (S, AD, HD)

- 10.00 **Vic & Bob's Big Night Out** 3 of 4. Comedy series. Vic presents Bob with a striking new wig, before revealing his secret beatboxing skills. Plus, the return of the Man with the Stick. (S, Rpt, HD)

- 10.30 **Newsnight; Weather** (S, HD)

- 11.15 **Miriam's Big Fat Adventure** 1 of 2. Monday's documentary in which Miriam Margolyes travels the UK to find out why so many people are overweight. (S, Rpt, HD)
- 12.15 AM **Sign Zone** Starting with: 12.15 **Young, Sikh and Proud** Documentary in which Sunny Hundal explores the legacy of his brother, Sikh leader Jagraj Singh. (S, Rpt)
- 12.55 **Dom Does America** Dom Littlewood helps track down fugitives with a bounty on their heads in Waco, Texas. (SL, S, Rpt, HD)
- 1.40 to 2.10 AM **Trust Me, I'm a Doctor** Medical documentary. (SL, S, Rpt, HD)

BBC2

REGIONAL VARIATIONS

■ WALES

7.00pm The One Show Daily magazine hosted by Alex Jones and Matt Baker. 7.30-8.00pm MOTDx Football discussion series presented by Jermaine Jenas.



ITV

Freeview 3 (103 HD) Sky 103 (176 HD) Virgin 103 (113 HD) F'sat 103 (111 HD)

- 6.00 AM **Good Morning Britain** News, current affairs and lifestyle features. (S, HD)
- 9.00 **Lorraine** Entertainment and fashion news presented by Lorraine Kelly. (S, HD)
- 10.00 **This Morning** Daily magazine featuring a mix of celebrity chat, competitions and lifestyle features. Including Local Weather. (S, HD)
- 12.30 PM **News; Weather** (S, HD)
- 12.50 **Local News; Weather** (S, HD)
- 1.00 **Live Racing** Francesca Cumani and Ed Chamberlin present coverage of the third day of the Cheltenham Festival, including feature race the 3.30 Stayers' Hurdle Race. Plus, races at 1.30, 2.10, 2.50 and 4.10. With analysis from AP McCoy and Ruby Walsh and commentary by Richard Hoiles. (S, HD)
- 4.30 **Tipping Point: Best Ever Finals** Compilation of some of the most dramatic endgames from the arcade-themed quiz show hosted by Ben Shephard. (S, HD)
- 5.00 **The Chase** General knowledge quiz series presented by Bradley Walsh, in which four contestants pit their wits against the Chaser in the hope of winning a potential prize pot worth thousands of pounds. (S, HD)
- 6.00 **Local News; Weather** (S, HD)
- 6.30 **News; Weather** (S, HD)
- 7.00 **Emmerdale** First of two episodes shown this evening. Laurel is forced to reveal all to Jai, while Mandy and Dan decide to go on a date together. (S, AD, HD)
- 7.30 **Tonight** Can Robots Save the NHS? Current affairs series. The use of artificial intelligence in detecting disease. (S, HD)
- 8.00 **Emmerdale** Samson discovers a way to fund his trip, while Jamie is rattled by Andrea's custody intentions. (S, AD, HD)
- 8.30 **How to Spend It Well on Holiday** 2 of 4. Consumer series. This edition follows a family on holiday to Thailand. Plus, the best long-haul flight deals. (S)
- 9.00 **The Station: Trouble on the Tracks** 1 of 3. Documentary series following the staff of railway-track operator Network Rail, focusing on Birmingham New Street station. Tonight, engineers work to repair damage caused by flooding while station staff help stranded passengers. (S, HD)
- 10.00 **News; Weather** (S, HD)
- 10.30 **Local News; Weather** (S, HD)
- 10.45 **Liar** 2 of 6. Thriller series starring Joanne Froggatt and Ioan Gruffudd. Feeling the full intensity of DI Renton's investigation, Laura looks to those closest to her for support but, when suspicions fall on Ian, she is left questioning who she can trust. With Katherine Kelly. (S, Rpt, AD, HD)
- 11.45 **Dancing on Ice** Another chance to see Sunday's final of the contest hosted by Phillip Schofield and Holly Willoughby, in which the last two celebrities perform their take on Torvill and Dean's *Boléro*. (S, Rpt)
- 1.30 AM **Teleshopping** (HD)
- 3.00 **Tonight** As shown at 7.30pm. (S, Rpt, HD)
- 3.25 **Nightscreen** Programme guide. (HD)
- 5.05 to 6.00 AM **Judge Rinder** Cameras follow barrister Robert Rinder as he takes on real-life cases in a studio courtroom. (S, Rpt, HD)

ITV REGIONAL VARIATIONS

■ WALES

6.25-6.30pm Party Political Broadcast 8.30-9.00 Coast & Country 10.45 St Davids: Britain's Smallest City 11.10-11.45pm How to Spend It Well on Holiday



Channel 4

Freeview 4 (104 HD) Sky 104 (138 HD) Virgin 104 (104/141 HD) Freesat 104

- 6.30 AM **Cheers** Double-bill. (Series 2, ep 5, S, Rpt, HD) 6.55 (Series 2, ep 6, S, Rpt, HD)
- 7.20 **The King of Queens** Double-bill. (Series 7, ep 13, S, Rpt) 7.45 (S7, ep 14, S, Rpt, AD)
- 8.10 **Everybody Loves Raymond** (S2, ep 12, S, Rpt, AD) 8.40 (Series 2, ep 13, S, Rpt, AD)
- 9.10 **Frasier** Double-bill. (Series 4, ep 10, S, Rpt, AD) 9.40 (Series 4, ep 11, S, Rpt, AD)
- 10.10 **Undercover Boss Canada** (S, Rpt, HD)
- 11.05 **Ramsay's Kitchen Nightmares USA** (S, Rpt)
- 12.00 NOON **News** (S, HD)
- 12.05 PM **Come Dine with Me** (S, Rpt, HD)
- 1.05 **Posh Pawnbrokers** (S, Rpt, HD)
- 2.10 **Countdown** Word game. (S, HD)
- 3.00 **A Place in the Sun** Cannes. (S, Rpt, HD)
- 4.00 **A New Life in the Sun: Where Are They Now?** 5 of 10. Documentary series. Catching up with the British hairdresser who gambled everything on a salon in Spain. (S, Rpt, HD)
- 5.00 **Four in a Bed** A visit to the Blacksmiths Boutique in Whitby, North Yorkshire. (S, HD)
- 5.30 **Come Dine with Me** Edinburgh. (S, HD)
- 6.00 **The Simpsons** Bart After Dark: Bart goes to work in a burlesque theatre. (S, Rpt, AD)
- 6.30 **Hollyoaks** Celeste wants Toby to promise that he has not changed his mind about their plan to make Martine pay. (S, AD, HD)
- 7.00 **News** (S, HD)
- 8.00 **How to Beat... Ageing** Documentary series in which Kate Quilton and Dr Javid Abdelmoneim explore some of the changes people can make to their lives to take better care of their health, beginning with methods of lowering the biological age. See feature, page 25. (S, HD)
- 9.00 **Hunted** Challenge series. In this edition, the hunters set out in hot pursuit of Dan through rural Cheshire, Jess and Ella return to their home town of Newbury to replenish supplies, while Hayley and Dan head to the Lake District, where they hide out in a friend's caravan. (S, AD, HD)
- 10.00 **First Dates** Dating series. In this edition, a self-titled alpha male is keen to find his very own Kardashian, while a waxing entrepreneur, who has been away from the dating scene for several years, is paired with a fellow northerner – but his anecdotes could backfire on him. (S, HD)
- 11.05 **Five Guys a Week** Dating series in which five men move in with a single woman. (S, Rpt)
- 12.10 AM **Ramsay's Kitchen Nightmares USA** Cafe 36: The chef visits an upmarket bistro in the suburbs of Chicago. (S, Rpt, HD)
- 1.00 **The Undateables** (SL, S, Rpt, AD, HD)
- 1.55 **Home** Last in the series. (S, Rpt, AD, HD)
- 2.25 **Baghdad Central** (SL, S, Rpt, AD, HD)
- 3.20 **Dispatches** (SL, S, Rpt, AD, HD)
- 3.50 **Come Dine with Me** (S, Rpt, HD)
- 4.45 **Location, Location, Location** (S, Rpt, HD)
- 5.40 **Kirstie's Vintage Gems** (S, Rpt, HD)
- 5.50 to 6.30 AM **Countdown** (S, Rpt, HD)

S4C

6.00am Cyw 12.00noon Newyddion S4C a'r Tywydd 12.05pm Pobol y Rhondda 12.30 Heno 1.30 Dan Do 2.00 Newyddion S4C a'r Tywydd 2.05 Prynhawn Da 3.00 Newyddion S4C a'r Tywydd 3.05 Cynefin 4.00 Awr Fawr: Blociau Rhif 4.05 Meic y Marchog 4.20 Y Brodyr Coala 4.30 Blero yn Mynd i Ocido 4.45 Sigldigwt 5.00 Stwnsh: Sbargo 5.05 Y Llys: Stwnsh 5.15 Arthur a Chriw y Ford Gron 5.25 Lolipop 5.50 Ffeil 6.00 Nyrsys 6.30 Rownd a Rownd 7.00 Heno 7.30 Newyddion a'r Tywydd 8.00 Pobol y Cwm 8.25 Rownd a Rownd 8.55 Newyddion a'r Tywydd 9.00 Jonathan 10.00 Lwp 10.30 Hansh 11.00 Y Stiwdio Gefn 11.30pm-12.05am Mwyr o Sgorio



Channel 5

Freeview 5 (105 HD) Sky 105 Virgin 105 (150 HD) Freesat 105 (105 HD)

- 6.00 AM **Milkshake!** Children's programmes. (S)
- 9.15 **Jeremy Vine** Discussion series. (S, HD)
- 11.15 **Nightmare Tenants, Slum Landlords** (S, Rpt)
- 12.10 PM **News** (S, HD)
- 12.15 **Parking Hell: At War with the Law** (S, Rpt)
- 1.10 **Access** Showbiz news and gossip. (S, HD)
- 1.15 **Home and Away** As 6.00pm. (S, Rpt, HD)
- 1.45 **Neighbours** See 5.30pm. (S, AD, HD)
- 2.15 **Film Snatched at Birth** Thriller. A woman suffers a miscarriage and decides she will stop at nothing to get a baby. Stars Kaitlyn Black, David Gallagher and Vanessa Evigan. (105mins, 2017, 12, S, W/S, HD) Rating ★★
- 4.00 **Friends** Double-bill. Chandler makes up for kissing Kathy. (Series 4, ep 8, S, Rpt, HD)
- 4.30 Monica gets a career opportunity that is too good to turn down. (S4, ep 9, S, Rpt)
- 5.00 **News** (S, HD)
- 5.30 **Neighbours** Harlow discovers potentially explosive information about her mother, and Terese identifies Paul as the writer of a romantic email to Jane. (S, Rpt, AD, HD)
- 6.00 **Home and Away** After Roo helps both her parents to see the other's point of view, Martha accepts Alf's proposal. (S, Rpt, HD)
- Visit whatsontv.co.uk/homeandaway
- 6.30 **News** (S, HD)
- 7.00 **The Dog Rescuers with Alan Davies** Documentary series. Tonight, Herchy rescues a Staffie from a tower block, with police warrant in hand, while Nicky can't find a kennel for an dog signed over by an owner to ill to care for it. (S, HD) **News**
- 8.00 **Britain's Naughtiest Nursery** 2 of 2. Documentary following life at a nursery set up by psychologist Laverne Antrobus for challenging three-to-five-year-olds, including a youngster who lashes out when things don't go his way. Postponed from 5 March. (S, HD) **News**
- 9.00 **10 Years Younger in 10 Days** Myrah and Lyndsey: 3 of 6. Advice series. Tonight, Cherry Healey and the experts give busy mum Myrah a new image to help her succeed as a life coach. Plus, mother-of-one Lyndsey wants to reinvent herself after a battle against cancer. (S)
- 10.00 **Shipman: 5 Mistakes That Caught a Killer** This one-off documentary looks at the crimes of Dr Harold Shipman, who was convicted in 2000 of murdering 15 of his patients by injecting them with diamorphine – the film reveals the string of events that led to his arrest. (S, HD)
- 11.05 **The Nightmare Neighbour Next Door** Sunday's edition of the documentary series, featuring the story of a couple who clashed with a local actress. (S, Rpt, HD)
- 12.05 AM **Robbing Your Relatives** (S, Rpt, HD)
- 1.00 **Interactive Gaming** (S, HD)
- 3.00 **Access** Showbiz news and gossip. (S, HD)
- 3.10 **Our Dream Hotel** Restoring a building in Poitou-Charentes, France. (S, Rpt, AD, HD)
- 4.00 **My Mum's Hotter Than Me!** (SL, S, Rpt, HD)
- 4.45 **House Doctor** Hammersmith. (SL, S, Rpt)
- 5.10 **Great Scientists** Darwin. (SL, S, Rpt, HD)
- 5.35 to 6.00 AM **Wildlife SOS** (SL, S, Rpt, HD)

THURSDAY

7 PM

8 PM

9 PM

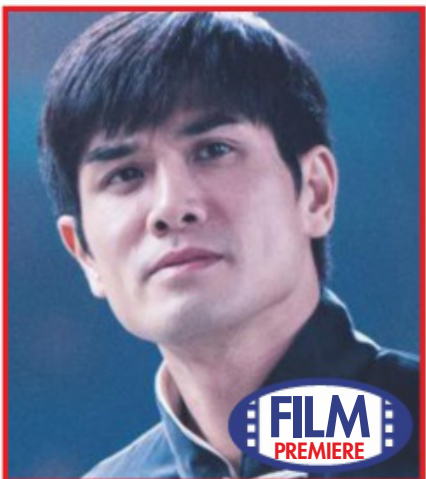
10 PM



Hollyoaks

E4, 7.00pm

Armed with a selection of different ties, Juliet prepares to enter several local schools in order to supply illegal drugs.



Birth of the Dragon

Film 4, 9.00pm

This martial-arts drama tells the story of Bruce Lee's (Philip Wan-Lung Ng) 1964 bout against a renowned Shaolin master.

On Demand



Available on Amazon Prime from today:



The Test: A New Era for Australia's Team

Fly-on-the-wall series about Australia's Test cricket team in the aftermath of a 2018 scandal involving three of its leading players. All eight episodes are available today.

BBC Scotland



Scot Only

FV 9

HD 108

Scotland Only: Sky 115 Freesat 106 Virgin 108
Rest of the UK: Sky 457 Freesat 108 Virgin 162

- 12.00 NOON to 7.00 PM As BBC2 except:
12.00 to 1.00 PM **First Minister's Questions**
7.00 PM **Corner Shop Cook-Off** 4 of 6. Culinary challenge series. Gary Maclean goes up against Fife chef Jamie Scott.
8.00 **Getting Hitched Asian Style** Last in the series. A bride prepares to leave home to live with her new husband in London.
9.00 **The Nine** Scottish and international news.
10.00 **Darren McGarvey's Scotland** 1 of 6. The author explores Dundee's drug problem.
10.30 **The Comedians at the King's** Routines from Fred MacAulay, Michael Redmond, Janey Godley and Brian Higgins.
11.00 **Bob Servant Independent** Comedy series starring Brian Cox. By-election favourite Nick Edwards arrives in town.
11.30 PM to 12.00 M'T **Two Doors Down** Colin throws a party for his father.

FREEVIEW

ITV2



FV 6 Sky 118 Freesat 113 Virgin 115 (176 HD)

- 7.00 AM **The Ellen DeGeneres Show**
7.50 **Emmerdale** Last night's episode.
8.20 **Coronation Street**
9.20 **Superstore** Double-bill.
10.15 **Dinner Date** From London.
11.15 **Dress to Impress** Dating series.
12.15 PM **Emmerdale**
12.45 **Coronation Street**
1.50 **The Ellen DeGeneres Show** **New edition** Chat show. With guests Demi Lovato and Justin Bieber.
2.45 **Dinner Date** From Liverpool.
3.50 **Dress to Impress** Three suitors buy an outfit for a fashion entrepreneur.
4.50 **Take Me Out** Dating game show.
6.00 **You've Been Framed! Gold**

7.00 You've Been Framed! Gold: A-Z

Comedian Harry Hill narrates a selection of humorous mishaps submitted by viewers.

- 8.00 **Two and a Half Men** Walden decides that he wants to spend the rest of his life with Kate. (S11, ep19)
8.30 Walden's therapist suggests he indulge in casual sex. (S11, ep20)

9.00 Film Ride Along

Comedy. A tough cop takes his sister's boyfriend with him on duty, leading to a dangerous encounter with the most wanted criminal in the city. Stars Ice Cube, Kevin Hart, Laurence Fishburne and John Leguizamo. *Includes FYI Daily at 10.05pm.* (2014, 12) ★★

- 11.10 **Family Guy** A murder is committed at Mayor West's home. (S11, ep16)
11.40 **Quagmire** reveals a hair-raising secret. (S11, ep3 of 22)
12.10 AM **American Dad!** Double-bill. (S13, ep5) 12.35 (S12, ep22)
1.05 **The Stand Up Sketch Show**
1.35 **Two and a Half Men** See 8.00pm.
2.30 **CelebAbility** With Lydia Bright.
3.15 to 3.30 AM **Nightscreen**

BBC4



FV 9 HD 106 Scot 68 Sky 116 Freesat 107 Virgin 107

BBC4 starts
broadcasting
at 7.00pm

- 7.00 **Beyond 100 Days**
7.30 **The Wonder of Animals**
8.00 **Shipwrecks: Britain's Sunken History** 1 of 3. Stories behind the *Mary Rose* and the Spanish Armada.
9.00 **Can Science Make Me Perfect?** with Alice Roberts The presenter embarks on a scientific stunt to rebuild her own body from scratch.
10.30 **Horizon** Why Are We Getting So Fat? Geneticist Dr Giles Yeo looks at obesity in the UK and USA.
11.30 **Lisbon: An Art Lovers' Guide**
12.30 AM **Our Classical Century**
1.30 **Love and Betrayal in India**
2.30 to 3.30 AM **Shipwrecks: Britain's Sunken History** As 8.00pm.

ITV3



FV 10 Sky 119 Freesat 115 Virgin 117 (177 HD)

- 6.00 AM **Classic Coronation Street**
6.55 **Classic Emmerdale** Double-bill.
7.55 **Heartbeat** Rural drama.
8.55 **Man About the House**
9.55 **That's My Boy** Moving Out.
10.25 **A Touch of Frost** See 11.00pm.
12.40 PM **Heartbeat** See 5.55pm.
1.45 **Classic Emmerdale** Double-bill.
2.50 **Classic Coronation Street**
3.55 **Midsomer Murders** Country Matters: Detective drama series starring John Nettles. Proposals to build a supermarket lead to murder.
5.55 **Heartbeat** Geoff and Phil find two men acting suspiciously – but two others flee from the scene.

- 6.55 **Poirot** The Disappearance of Mr Davenheim: Mystery drama series. The detective accepts the challenge of solving the bizarre disappearance of a wealthy banker.

- 8.00 **Lewis** The Indelible Stain: A visiting professor is discovered murdered the morning after he delivered a speech that many students and academics believed could spark racist activity. Guest stars David Soul and Patrick Baladi.

- 10.00 **Scott & Bailey** Police drama series starring Suranne Jones. Rachel discovers that Nick has been brutally assaulted – and she is top of the list of suspects.

- 11.00 **A Touch of Frost** Widows and Orphans: Detective drama series. Jack and DS Lawson investigate a spate of attacks on senior citizens.
1.20 AM **A Touch of Frost** A Minority of One: Faced with the death of a police informant on an estate riven with racial tension, Frost finds his patience pushed to the limit.
3.10 to 3.30 AM **Nightscreen**

ITVBe



FV 26 Sky 131 Freesat 118 Virgin 119 (179 HD)

- 7.00 AM **Bachelor in Paradise**
8.00 **The Bachelor** Reality series.
8.50 **Be Beautiful** Make-up tutorials.
9.00 **Children's Programmes**
12.00 NOON **Income Property**
12.25 PM **The Real Housewives of Beverly Hills** US reality series.
1.20 **Absolutely Ascot** Reality series.
2.20 **Little Women: LA** Reality series.
3.15 **Real Housewives of New York City**
4.10 **The Real Housewives of Dallas**
6.00 **Masters of Flip** **New edition** Creating a family friendly home.
7.00 **Buying and Selling** A couple who want to overhaul their log cabin.
8.00 **Dinner Date** A man from Lancashire has to choose three blind dates.
9.00 **Totally Unbelievable** A selection of bust-ups between famous people.
10.00 **Married to Medicine** **New edition** Tensions rise among the group during their Antigua holiday.
10.55 **Singletown** A new couple enter the flats as exes Meg and Nat arrive.
12.00 M'T to 12.45 AM
The Only Way Is Essex

ITV4



FV 24 Sky 120 Freesat 117 Virgin 118 (178 HD)

- 6.00 AM **Football's Greatest: Diego Maradona** A profile of the player.
6.10 **Only When I Laugh**
6.35 **Quincy ME** The Unquiet Grave.
7.25 **Kojak** Laid Off.
8.20 **The Saint** Locate and Destroy.
9.30 **Racing: The Opening Show**
10.30 **Minder** Comedy drama series.
11.30 **The Professionals** Cry Wolf.
12.30 PM **The Sweeney** Hit and Run.
1.40 **Quincy ME** Expert in Murder.
2.40 **Kojak** Cry for the Kids.
3.45 **The Saint** Flight Plan.
4.50 **Minder** Dead Men Do Tell Tales.
5.55 **The Professionals** A former agent sets out to murder his ex-chiefs.

- 7.00 **Cycling** Action from stage five of the Paris-Nice race, featuring a 227km course from Gannat to La Cote-Saint-Andre. With commentary by Ned Boulting and David Millar.

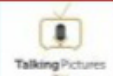
- 8.00 **Heathrow: Britain's Busiest Airport** There is a breach of security in the airport.
8.30 New Border Force Officer Rob arrives on a hectic day.

9.00 Film Heartbreak Ridge

Action adventure. A hellraising US Marine is assigned to whip a squad of recruits into shape for an invasion of Grenada. Stars Clint Eastwood, Marsha Mason, Everett McGill and Moses Gunn. *Includes FYI Daily at 10.00pm.* (1986, 15) ★★★ See Filmweek, page 32

- 11.40 **Film Coogan's Bluff** Thriller. An Arizona sheriff searches New York for an escaped killer – but his disregard for the rules antagonises the local police force. Stars Clint Eastwood, Lee J Cobb and Tisha Sterling. (1968, 15) ★★★
1.45 **Minder** Dead Men Do Tell Tales: Arthur agrees to mind a coffin.
2.40 to 3.00 AM **Nightscreen**

Talking Pictures TV



FV 81 Sky 328 Freesat 306 Virgin 445

- 6.00 AM **Film Old Mother Riley in Paris** Comedy. (1938, U) ★★
7.35 **Film I'll Be Seeing You** (1944)
9.20 **Film Thunder in the City** (1937)
11.00 **Richard Diamond** (S1, ep11)
11.30 **Film Jigsaw** (1962, PG) ★★★
1.35 PM **Night Mail 2.00 Rooms**
2.30 **Film Captain Boycott** Historical drama. (1947, PG, b&w) ★★★
4.30 **Glimpses** London Airport 1960s.
4.55 **Film Mr Winkle Goes to War** Comedy. (1944, PG) ★★★
6.35 **Film No Highway in the Sky** Adventure. (1951, U, b&w) ★★★
8.30 **Tell Me Another** With Diana Dors.
9.00 **Funny Man** Drama about a family of Music Hall entertainers. (S1, ep3)
10.00 **Film Man in the Attic** Historical thriller. (1953, PG, b&w) ★★★
11.40 **Film Up the Chastity Belt** Medieval comedy. (1971, PG) ★★★
1.30 AM **Film Department Store** Comedy. (1935, PG, b&w) ★★★
2.50 **Miss MacTaggart Won't Lie Down**
3.25 **Film Dentist in the Chair** (1960)
5.00 to 6.00 AM **Rooms**

E4

FV 13 Sky 135 Freesat 122 Virgin 106 (145 HD)

6.00 AM **Hollyoaks** Double-bill.
 7.00 **How I Met Your Mother** Double-bill.
 8.00 **Baby Daddy** Double-bill.
 9.00 **Mike & Molly** Double-bill.
 10.00 **The Big Bang Theory** Double-bill.
 11.00 **The Goldbergs** Double-bill.
 12.00 NOON **Brooklyn Nine-Nine**
 1.00 PM **The Big Bang Theory**
 2.00 **Baby Daddy** Double-bill.
 3.00 **Mike & Molly** Double-bill.
 4.00 **The Goldbergs** Double-bill.
 5.00 **Brooklyn Nine-Nine** Double-bill.
 6.00 **The Big Bang Theory** Sheldon has to work with Kripke. (S6, ep14)
 6.30 Howard goes on a trip to Las Vegas with Bernadette. (S6, ep15)

7.00 **Pick** **Hollyoaks** New episode Juliet arouses suspicion.
 7.30 **Man with a Plan** New episode Adam and Don avoid getting into trouble with their wives. (S1, ep18)

8.00 **Young Sheldon** Mary plans Pastor Jeff's wedding. (S3, ep11)
 8.30 **Young Sheldon** New episode Georgie attempts to buy his way out of his chores. (S3, ep12 of 18)

9.00 **Celebs Go Dating** New edition Dean Gaffney seeks dating advice from old friend comedian Richard Blackwood, and Liv meets a new man who seems like a good match.

10.00 **Celebrity Gogglebox** Famous faces including Rylan Clark-Neal, Denise van Outen and Georgia Taylor critique shows including *Countdown* and *First Dates*.

11.05 **The Big Bang Theory** Howard returns from space. (S6, ep4)
 11.35 Stuart and Raj decide to throw a Halloween party. (S6, ep5)
 12.05 AM **Brooklyn Nine-Nine**
 1.05 **Celebs Go Dating** See 9.00pm.
 2.10 **First Dates Hotel** Dating series.
 3.05 **Celebrity Gogglebox** See 10.00pm.
 4.00 **The Big Bang Theory** Double-bill.
 4.50 to 6.00 AM **How I Met Your Mother**

5USA

FV 21 Sky 141 (Scot 169) Freesat 129 Virgin 153

9.00 AM **Criminals: Caught on Camera**
 9.25 **Murder, She Wrote** (S1, ep1)
 10.15 **CSI: NY** Manhattanhenge. (S6, ep9)
 11.10 **The Mysteries of Laura** (S2, ep9)
 12.10 PM **Law & Order** Back-to-back episodes of the drama. (S18, ep2)
 1.05 (S18, ep3) 2.05 (S15, ep6)
 3.05 (S15, ep7) 4.05 (S18, ep12)
 5.00 (S18, ep13) 6.00 (S15, ep16)
 7.00 **Law & Order** McCoy and Borgia target a public hero. (S15, ep17)
 8.00 **NCIS: New Orleans** Tammy reunites with her ex-husband. (S3, ep18)
 9.00 **Law & Order: Special Victims Unit** New episode The team is asked to disprove accusations against a congressman. (S18, ep17 of 21)
 10.00 **Law & Order: Special Victims Unit** New episode Benson is in danger when a home invasion escalates into a hostage situation. (S17, ep11)
 10.55 The futures of two students are placed in jeopardy. (S17, ep12)
 11.55 **Law & Order: Special Victims Unit**
 1.55 AM **Law & Order: Los Angeles**
 3.50 to 4.00 AM **Access**

Film4

FV 14 Sky 313 Freesat 300 Virgin 428 (429 HD)

11.00 AM **Film** **The Dam Busters**
 World War Two drama. An engineer designs an ingenious bouncing bomb. Stars Michael Redgrave. (1954, U, b&w) ★★★★★
 1.35 PM **Film** **McLintock!** Comedy Western. A rancher battles land grabbers as well as his estranged wife. Stars John Wayne and Maureen O'Hara. (1963, U) ★★★★★
 4.20 **Film** **The Cassandra Crossing**
 Disaster movie. A deadly global infection looms when a terrorist carrying a fatal virus boards a transcontinental train. Stars Richard Harris. (1977, PG) ★★★

7.05 **Film** **Crocodile Dundee**
 Comedy. A New York reporter heads to the Australian Outback to track down a larger-than-life hunter – who then agrees to visit Manhattan. Stars Paul Hogan, Linda Kozlowski, John Meillon and Mark Blum. (1986, 15) ★★★★★

9.00 **Pick** **Film Premiere**
Birth of the Dragon
 Fact-based martial-arts drama. An aspiring martial artist is drawn into a showdown between Bruce Lee and a renowned Shaolin master. Stars Billy Magnussen, Philip Wan-Lung Ng and Yu Xia. (2017, 12) ★★★ See Filmweek, page 30

10.50 **Film** **Babylon A.D** Sci-fi action adventure. A mercenary escorts a girl from post-apocalyptic Russia to New York. Stars Vin Diesel. (2008, 12) ★★★ See Filmweek, page 32
 12.35 to 2.35 AM **Film** **Lost & Found**
 Drama. Seven interconnecting stories set in and around a lost and found office at a train station. Stars Liam O Mochain. (2017, 12) ★★

5STAR

FV 30 Sky 128 Freesat 131 Virgin 151

8.00 AM **3rd Rock from the Sun**
 8.20 **House** (S5, ep2) 9.05 (S5, ep3)
 10.05 **Bad Tenants, Rogue Landlords**
 12.05 PM **Can't Pay? We'll Take It Away!**
 3.00 **Neighbours** 3.30 **Home and Away**
 4.00 **House** (S5, ep12) 5.00 (S5, ep13)
 6.00 **Neighbours**
 6.30 **Home and Away** New episode
 7.00 **Spray Tan Mums: Single and Proud**
 8.00 **Film** **The Twilight Saga: Breaking Dawn: Part 2** Romantic fantasy sequel. Vampire couple Edward and Bella defend their child from the leaders of the undead. Stars Kristen Stewart. (2012, 12) ★★★
 10.10 **Film** **Hercules** Adventure. The legendary hero leads a band of mercenaries in a battle to restore a deposed king to his throne. Stars Dwayne Johnson. (2014, 12) ★★★
 12.05 AM **Florida's Mega Sinkholes**
 1.05 **Young, Dumb and Banged Up in the Sun** Documentary series.
 2.05 **My Mum's Hotter Than Me!**
 3.05 **Celebrity Botched Up Bodies**
 3.55 to 4.00 AM **Access**

More4

FV 18 Sky 136 Freesat 124 Virgin 147 (195 HD)

8.55 AM **Kirstie's Handmade Treasures**
 9.15 **A Place in the Sun: Winter Sun**
 10.05 **A Place in the Sun** A couple search for a home on the Costa Blanca.
 11.05 **Find It, Fix It, Flog It** Double-bill.
 1.15 PM **Escape to the Chateau: DIY**
 Tim and Rebecca prepare for the arrival of their first guests.
 2.20 **Four in a Bed** Back-to-back editions of the B&B challenge.
 4.55 **The Secret Life of the Zoo: Underwater Special** Life inside Chester Zoo's aquatic habitat.
 5.55 **Car S.O.S** Fuzz Townshend and Tim Shaw set to work on a 1971 Fiat Dino coupe for an ex-mechanic.

6.55 **Escape to the Chateau: DIY**
 Paul tackles a leaking outbuilding to finish the cinema room, while Karen does all that she can to bag their first wedding booking.

7.55 **Grand Designs** Kevin McCloud follows the progress of a couple as they transform an underground water reservoir near the Humber Estuary into a family home.

9.00 **Phil Spencer's Stately Homes** New edition Last in the architecture series. The property expert returns to his native Kent to visit 900-year-old Leeds Castle.

10.00 **24 Hours in A&E** A 33-year-old man is rushed into King's College Hospital with knife wounds, while doctors examine a toddler who has not urinated for two days.

11.05 **999: What's Your Emergency?**
 A woman who has been badly cut in a pub fight must endure an agonising wait for medical care.
 12.05 AM **Phil Spencer's Stately Homes**
 The property expert visits 900-year-old Leeds Castle in Kent.
 1.05 **24 Hours in A&E** See 10.00pm.
 2.10 **999: What's Your Emergency?**
 3.15 to 3.45 AM **Food Unwrapped**

Drama

FV 20 Sky 143 Freesat 158 Virgin 130

7.10 AM **Soldier, Soldier** 9.00 **The Bill**
 10.00 **Holby City** 11.00 **Casualty**
 12.00 NOON **The Bill** 1.00 PM **EastEnders**
 2.20 **London's Burning** Drama series.
 3.20 **Monarch of the Glen** Drama series.
 4.20 **Bergerac** Detective drama series.
 5.25 **Bread** Comedy series.
 6.00 **Hi-de-Hi!** Comedy series.
 6.40 **As Time Goes By** Comedy.
 7.20 **Last of the Summer Wine** Hobbo tries to establish where he was born.
 8.00 **The Inspector Lynley Mysteries**
 If Wishes Were Horses: Detective drama starring Nathaniel Parker and Sharon Small. Helen dabbles in her husband's latest case.
 10.00 **New Tricks** The team investigates an arson attack on a music station that resulted in the death of a DJ.
 11.10 **Waking the Dead** Breaking Glass: Detective drama starring Claire Goose. The team tries to establish the identity of a paedophile.
 1.40 AM **The Bill** Police drama series.
 2.45 **London's Burning** Drama series.
 3.35 to 4.00 AM **Garden Hopping**

Dave

FV 19 Sky 111 Freesat 157 Virgin 127 (227 HD)

7.10 AM **Eat Your Heart Out with Nick Helm** Double-bill of the series.
 8.00 **American Pickers**
 9.00 **Storage Hunters** Double-bill.
 10.00 **American Pickers** Double-bill.
 12.00 NOON **Timber Kings**
 1.00 PM **Top Gear** Motoring series.
 2.00 **Cop Car Workshop**
 3.00 **Scrapyard Supercar**
 4.00 **Top Gear** Double-bill. The hosts create a street circuit in Spain.
 5.00 **Top Gear** The presenters build a car that can be turned into a hovercraft.
 6.00 **Taskmaster** challenge series. Rhod Gilbert is at the centre of some satsuma-based controversy.

7.00 **Room 101** Double-bill of the panel game. With Charlie Brooker, Scarlett Moffatt and Pearl Mackie.
 7.40 With guests Alex Brooker, Jeremy Paxman and Sally Phillips.

8.20 **Have I Got a Bit More News for You** Victoria Coren Mitchell hosts an extended edition of the topical quiz from 2017. With Sara Pascoe and Henry Blofeld.

9.20 **QI** Comedy panel game hosted by Stephen Fry. Bill Bailey, Eddie Izzard and Danny Baker join regular Alan Davies to answer questions on the topic of house and home.

10.00 **Meet the Richardsons** New episode 3 of 6. Lucy goes on a wild night out in London.
 10.40 **QI** With guests Jeremy Clarkson, David Mitchell and Ross Noble.

11.20 **Mock the Week** An edition of the topical comedy quiz series from 2011. With guests Greg Davies, Simon Evans and Micky Flanagan.
 12.00 M'T **Taskmaster** See 6.00pm.
 1.00 AM **Have I Got a Bit More News for You** As shown at 8.20pm.
 2.00 **QI** As shown at 9.20pm.
 2.40 **Go 8 Bit: DLC** Double-bill.
 3.30 to 4.00 AM **The Indestructibles**

Pick

FV 11 Sky 152 Freesat 144 Virgin 165

7.00 AM **Motorway Patrol** 8.00 **Police Force: Australia** 9.00 **Nothing to Declare** 10.00 **Border Security: Canada's Front Line** Double-bill.
 11.00 **Road Wars** 11.30 **Caught Red Handed** 1.00 PM **Police Force: Australia** 2.00 **Border Security: Canada's Front Line**
 3.00 **Nothing to Declare** 4.00 **Border Security: Canada's Front Line**
 5.00 **Stargate SG-1** (S1, ep14)
 6.00 **Star Trek: The Next Generation**
 7.00 **Hawaii Five-0** US drama. (S6, ep9)
 8.00 **Elementary** US drama. (S5, ep9)
 9.00 **The Pacific** Sledge struggles to cope with the horrors he saw. (S1, ep10)
 10.15 **Britain's Most Evil Killers**
 11.15 **The Force: Essex** Documentary.
 12.15 AM **Banged Up Abroad**
 1.10 **Road Wars** Documentary series.
 2.00 **Nothing to Declare** Double-bill.
 3.00 **Stop, Search, Seize** Documentary.
 4.00 **Motorway Patrol** Double-bill.
 5.00 to 6.00 AM **Highway Patrol**

more freeview

Yesterday



FV 25 Sky 155 Freesat 159 Virgin 129

- 6.00 AM **Secrets of the Bible**
- 7.10 **Viking Dead**
- 8.00 **Forbidden History**
- 9.00 **Hitler's Propaganda Machine** 10.00 **Auschwitz Abandoned Engineering**
- 11.00 **NOON Impossible Engineering**
- 12.00 **PM Time Team**
- 1.00 **Walking Through History: Northumbria**
- 2.00 **Abandoned Engineering**
- 3.00 **Impossible Engineering**
- 4.00 **Hitler's Propaganda Machine** Documentary.
- 5.00 **Auschwitz: The Nazis and the Final Solution**
- 6.00

Sony Channel



FV 48 Sky 157 Freesat 142 Virgin 189

- Not available nationwide on Freeview*
- 6.10 AM **The Waltons**
 - 7.10 **Hart to Hart** Double-bill.
 - 9.10 **Days of Our Lives**
 - 10.00 **Hart to Hart** Drama.
 - 11.00 **Charlie's Angels**
 - 12.00 **NOON Starsky & Hutch**
 - 1.00 **PM T.J. Hooker**
 - 2.00 **Hart to Hart** Double-bill.
 - 4.00 **Murder, She Wrote** Two elderly people due under the care of a visiting nurse.
 - 5.00 **Jessica** uncovers foul play at an auction.
 - 6.00 **Charlie's Angels** The trio investigate a clairvoyant who swindles rich widows.

Quest

QUEST

FV 12 Sky 144 Freesat 167 Virgin 169

- 6.00 AM **How Do They Do It?**
- 6.20 **American Pickers**
- 7.10 **Deadliest Catch**
- 8.00 **Cooper's Treasure**
- 9.00 **Outback Truckers**
- 10.00 **Wheeler Dealers**
- 11.00 **Chasing Classic Cars**
- 12.00 **NOON American Pickers**
- 1.00 **PM Railroad Alaska**
- 2.00 **Deadliest Catch**
- 3.00 **Gold Divers**
- 4.00 **Salvage Hunters**
- 5.00 **Outback Truckers** Steve has a truck out of action.
- 6.00 **Wheeler Dealers** Mike is ecstatic when he snaps up a VW Corrado coupe.

Really

REALLY

FV 17 Sky 142 Freesat 160 Virgin 128

- 6.00 AM **Fantasy Homes by the Sea** Dublin.
- 7.00 **Home Shopping**
- 8.00 **Homes Under the Hammer**
- 10.00 **Celebrity Antiques Road Trip** See 6.00pm.
- 11.00 **Antiques Road Trip**
- 1.00 **PM Fantasy Homes by the Sea** Double-bill.
- 3.00 **French Collection**
- 4.00 **DIY SOS: The Big Build**
- 5.00 **DIY SOS: Homes for Veterans** Manchester.
- 6.00 **Celebrity Antiques Road Trip** Natasha Kaplinsky and Michael Buerk hunt for items across Sussex.

Picks of the day



Carter

Alibi, 9.00pm

Actor-turned-sleuth Harley must work alongside his replacement, Hollywood star David Arquette.



Breeders

Sky One, 10.00pm

This ten-part comedy stars Martin Freeman and Daisy Haggard as permanently worn-out parents.

7 PM

- 7.00 **Abandoned Engineering**
A vast mountainside complex that held the power to change the world.

8 PM

- 8.00 **Bangers and Cash**
The team is shocked when three 1970 MGs turn up at the garage, still covered in original factory wax.

9 PM

- 9.00 **Warbird Workshop**
New edition 2 of 6. The team tackles a US Army Air Force C47 that dropped paratroopers on D-Day.

10 PM

- 10.00 **Narrow Escapes of World War Two**
The story of ill-equipped troops who saw off a German attack on Crete.

- 11.00 **Impossible Engineering**
The Rion-Antirion Bridge, which links the town of Rio to Antirrio in Greece.
- 12.00 **M'T Abandoned Engineering** See 7.00pm.
- 1.00 AM **Auschwitz: The Nazis and the Final Solution**
- 2.00 to 3.00 AM **Secrets of the Bible**

- 7.00 **M*A*S*H** Four episodes. Colonel Potter receives a traffic ticket. (S10, ep6)
- 7.30 **Hawkeye** reunites brothers. (S10, ep7)
- 8.00 1 of 2. A soldier's father sends a camera to a surgeon. (S10, ep8)
- 8.30 2 of 2. Klinger is accused of stealing a camera. (S10, ep9)

- 9.00 **Classic Who Wants to Be a Millionaire?**
Four editions of the quiz, hosted by Chris Tarrant, in which contestants answer questions that could change their lives – with Ask the Audience, Phone a Friend and 50-50 available to them if they get stuck.

- 1.00 AM **M*A*S*H** Double-bill of the US comedy series. (S2, ep10) 1.30 (S2, ep11)
- 2.00 **Charlie's Angels** As shown at 6.00pm.
- 3.00 **M*A*S*H** (S8, ep7)
- 3.30 **The Waltons** Drama.
- 4.20 **Touched by an Angel**
- 5.10 to 6.00 AM **Highway to Heaven**

- 7.00 **American Pickers: Best Of** A look back at some of Mike Wolfe and Frank Fritz's finest finds and most premium picks.

- 8.00 **Salvage Hunters**
Salvager Drew Pritchard hopes to strike a deal on a visit to a 900-year-old abbey in Somerset.

- 9.00 **Wheeler Dealers**
In this edition, Mike Brewer and Ant Anstead set out to get a rusty 1973 Saab 96 on the road once again.

- 10.00 **Fantomworks** **New edition** Sean asks Dan to find a 1969 Camaro that can be built into a custom resto-mod of his dreams.

- 11.00 **How Do They Do It?** Making luxurious beds. 11.30 The style of hat worn by Indiana Jones.
- 12.00 **M'T Wheeler Dealers**
- 1.00 AM **Outback Truckers**
- 2.00 **American Chopper**
- 3.00 **Fantomworks**
- 4.00 **Dirty Jobs** Documentary.
- 5.00 to 6.00 AM **How It's Made**

- 7.00 **Antiques Road Trip**
Charlie Ross and Natasha Raskin hunt for antiques in Portsmouth to sell at an auction in Swanmore.

- 8.00 **Antiques Road Trip**
Natasha Raskin and Charlie Ross travel from Hertfordshire to an auction in Christchurch, Dorset.

- 9.00 **Ghost Nation** **New edition** Jason, Steve and Dave investigate claims of horrific apparitions in a rural home in New York.

- 10.00 **Paranormal Lockdown UK** **New edition** Nick Groff and Katrina Weidman visit an old Liverpool hospital.

- 11.00 **Helicopter ER** Paramedics assist two injured charity fund-raisers tackling the Three Peaks walk.
- 12.00 **M'T Ghost Adventures** From Heritage Junction.
- 1.00 AM **Most Haunted**
- 2.00 **Home Shopping**
- 4.00 to 6.00 AM **Antiques Road Trip**

Sony Movies



FV 32 Sky 321 Freesat 302 Virgin 425

- 9.00 AM **Film A Sister's Secret** (2009, PG) ★★
- 11.05 **Film Reluctant Witness** Thriller. (2015, PG) ★★
- 1.00 PM **Film By Appointment Only** Thriller. (2007, PG) ★
- 2.50 **Film The Perfect Bride** Thriller starring Kelly Preston. (1991, 15) ★★
- 4.40 **Film Ricki and the Flash** Comedy starring Meryl Streep. (2015, 12) ★★
- 6.45 **Film Stranger Than Fiction** Fantasy. Stars Will Ferrell. (2006, 12) ★★
- 9.00 **Film Body of Lies** Thriller. Stars Leonardo DiCaprio. (2008, 15) ★★
- 11.30 **Film Empire State** Crime thriller starring Liam Hemsworth. (2013) ★★
- 1.25 AM **Film Girl, Interrupted** Drama starring Winona Ryder. (1999, 15) ★★
- 4.00 to 5.50 AM **Film Ruth & Alex** Drama starring Diane Keaton. (2014, 12) ★★

Sony Movies Classic



FV 50 Sky 319 Freesat 303 Virgin 424

- 6.00 AM **Film The Fugitive** (1947, PG, b&w) ★★
- 8.05 **Film All the King's Men** (1949, PG, b&w) ★★
- 10.25 **Film I Didn't Do It** (1945)
- 12.30 PM **Film Don't Panic Chaps** (1959, PG) ★★
- 2.20 **Film Walk, Don't Run** Comedy. (1966, U) ★★
- 4.40 **Film The Loneliness of the Long Distance Runner** (1962, 12, b&w) ★★
- 6.50 **Film To Sir, with Love** Drama starring Sidney Poitier. (1966, PG) ★★
- 9.00 **Film Philadelphia** Drama starring Tom Hanks. (1993, 12) ★★
- 11.20 **Film The Fisher King** Drama starring Robin Williams and Jeff Bridges. (1991, 15) ★★
- 2.15 AM **Film Nest of Vipers** Western starring Luke Askew. (1969, 12) ★★
- 4.25 to 6.00 AM **Film Long John Silver** Adventure sequel. (1954, U) ★★

Challenge



FV 46 Sky 151 Freesat 146 Virgin 164

- 7.00 AM **Catchphrase**
- 7.30 **Deal or No Deal**
- 9.00 **The Chase** Quiz series.
- 10.00 **Dale's Supermarket Sweep** Game show.
- 11.00 **Bruce's Price Is Right**
- 12.00 **NOON Wheel of Fortune**
- 1.00 PM **Catchphrase**
- 2.00 **Family Fortunes** 5 of 26.
- 2.30 **All Star Family Fortunes**
- 4.00 **Bullseye** Darts-based quiz.
- 5.00 **Golden Balls** Quiz series.
- 6.00 **Weakest Link** Quiz series.
- 7.00 **Pointless** Quiz series with Alexander Armstrong.
- 8.00 **Impossible** Game show hosted by Rick Edwards.
- 9.00 **The Chase** Quiz series hosted by Bradley Walsh.
- 10.00 **Who Wants to Be a Millionaire?** Quiz series hosted by Chris Tarrant.
- 11.00 **Bullseye** Darts-based quiz.
- 12.00 **M'T Classic Who Wants to Be a Millionaire?** Quiz.
- 1.00 AM **The Chase** Quiz series.
- 4.00 to 6.00 AM **Deal or No Deal**

Quest Red



FV 38 Sky 149 Freesat 169 Virgin 170

- 6.00 AM **Say Yes to the Dress**
- 7.00 **Bondi Vet** Documentary.
- 8.00 **Animal Cops** Phoenix
- 10.00 **Money for Nothing**
- 11.00 **Forensic Detectives**
- 12.00 **NOON Disappeared**
- 2.00 PM **Murder Comes to Town** Documentary.
- 3.00 **Say Yes to the Dress: Bridesmaids**
- 6.00 **Money for Nothing**
- 7.00 **Posh Pawnbrokers**
- 8.00 **My 600lb Life**
- 9.00 **Inside the Mind of a Serial Killer** **New edition**
- 10.00 **The Lady Killers** **New edition** Sabrina Kouider. See feature, page 26.
- 11.00 **British Police: Our Toughest Cases**
- 12.00 **M'T Forensic Detectives**
- 1.00 AM **Crime Stories**
- 2.00 **Murder Comes to Town**
- 3.00 **FBI Files** Documentary.
- 3.50 **Animal Cops** Phoenix
- 4.40 **Bondi Vet** Documentary.
- 5.30 to 6.00 AM **Say Yes to the Dress**

Paramount Network



FV 31 Sky 150 F'sat 132 Vir 188 (187 HD)

- 9.00 AM **The A-Team**
- 11.00 **Knight Rider** Double-bill.
- 1.00 PM **Police Interceptors**
- 3.00 **Traffic Cops** Double-bill.
- 5.00 **The A-Team** The gang tries to rescue a kidnapped heiress. (S2, ep20 of 23)
- 6.00 Four mercenaries target the gang. (S2, ep21)
- 7.00 **Police Interceptors** A violent man gives officers the runaround.
- 8.00 **Police Interceptors**
- 9.00 **Trucking Hell** **New edition** Series following men and women working in the heavy recovery business.
- 10.00 **At War with the Law: Parking Hell** Documentary.
- 11.00 **Film Game of Death** Thriller starring Wesley Snipes. (2010, 15) ★★
- 1.05 AM **Frontline Police 24/7**
- 2.05 **Knight Rider** Double-bill.
- 3.50 **Wentworth Prison**
- 5.30 **Criminals: Caught on Camera** Documentary.
- 5.55 to 6.00 AM **Access**

PRIME-TIME



Sky 106 Virgin 110 (109 HD)

6.00 AM **Monkey Life**
 7.00 **RSPCA Animal Rescue**
 8.00 **The Dog Whisperer**
 9.00 **Stop, Search, Seize**
 10.00 **Highway Patrol**
 11.00 **NCIS: Los Angeles**
 1.00 PM **Hawaii Five-0**
 3.00 **MacGyver** (S2, ep14)
 4.00 **Modern Family** Double-bill.
 5.00 **The Simpsons** Animation.
 5.30 **Futurama** 1 of 4. Earth is invaded by aliens.
 6.00 2 of 4. Leela's relationship with Lars continues to bloom.
 6.30 **The Simpsons** The town's graveyard is moved.

7.00 **The Simpsons** Milhouse's parents consider a reconciliation.
 7.30 Lisa embarks on a rampage through school.

8.00 **A League of Their Own** Sports-based comedy quiz. With Jimmy Carr, Claudia Winkleman and Micah Richards.

9.00 **The Heist** *New edition* 6 of 8. The detectives get a shot at catching one looter, while Leonie's boyfriend lands her in big trouble.

10.00 **Pick New** **Breeders** Double-bill of the comedy series starring Martin Freeman and Daisy Haggard. See feature, page 8.

11.05 **An Idiot Abroad 2** Karl fights Mongolian wrestlers.
 12.05 AM **Intelligence**
 1.05 **Caught on Dashcam**
 2.00 **The Late Late Show with James Corden: Best of the Week** Highlights.
 3.00 **The Force: Manchester**
 4.00 **Stop, Search, Seize**
 5.00 to 6.00 AM **Futurama**



Sky 121 Virgin 136 (135 HD)

6.00 AM **Motorway Patrol**
 7.00 **Highway Cops** Double-bill.
 8.00 **Border Security**
 9.00 **Send in the Dogs**
 10.00 **Road Wars** Documentary.
 11.00 **Brit Cops: Rapid Response**
 12.00 NOON **Highway Cops**
 1.00 PM **A Lie to Die For**
 2.00 **Killer Colleagues**
 3.00 **Border Security: Canada's Front Line** 4.00 **Road Wars**
 5.00 **Brit Cops: Rapid Response**
 6.00 **Send in the Dogs**
 7.00 **Snapped** Neola Robinson.
 8.00 **A Lie to Die For**
 9.00 **How I Caught the Killer**
 10.00 **Snapped** *New edition* Investigating the death of a wealthy grandmother.
 11.00 **World's Most Evil Killers**
 12.00 M'T **Murders That Shocked the Nation**
 1.00 AM **Dateline**
 2.00 **Snapped** Documentary.
 3.00 **Murder Calls**
 4.00 **Brit Cops: Rapid Response**
 5.00 to 6.00 AM **Motorway Patrol**



Sky 107 Virgin 112 (111 HD)

6.00 AM **Nothing to Declare**
 8.00 **The Real A&E** Double-bill.
 9.00 **Blue Bloods** (S7, ep14)
 10.00 **Criminal Minds**
 11.00 **CSI: Crime Scene Investigation** (S6, ep20)
 12.00 NOON **Elementary**
 1.00 PM **Blue Bloods** (S7, ep16)
 2.00 **Law & Order** (S12, ep15)
 3.00 **The Real A&E**
 4.00 **Stop, Search, Seize** Documentary series.
 5.00 **Nothing to Declare** Back-to-back editions of the series following the daily work of customs officers in Australia.

7.00 **Nothing to Declare** Documentary following the working lives of customs and immigration officers at Australia's airports.

8.00 **Ghost Whisperer** Melinda investigates the meaning of a code and the activities of a drag-racing society. (S2, ep14 of 22)

9.00 **The Rookie** *New episode* Harper's past resurfaces and puts an overnight visit with her daughter at risk. (S2, ep9)

10.00 **CSI: Crime Scene Investigation** The murder of a man leads the team into the world of sadomasochism. (S9, ep5)

11.00 **Law & Order: Special Victims Unit** (S16, ep3)
 12.00 M'T **CSI: Crime Scene Investigation** (S6, ep24)
 1.00 AM **Chicago Med**
 2.00 **Chicago Fire** (S8, ep10)
 3.00 **Chicago PD** (S7, ep10)
 4.00 **Road Wars** Documentary.
 5.00 to 6.00 AM **Brit Cops: Law & Disorder**



Sky 132 Virgin 126 (212 HD)

7.10 AM **Murdoch Mysteries** Triple-bill of the series.
 10.00 **The Guardian** (S1, ep7)
 11.00 **Sue Thomas: FB Eye**
 12.00 NOON **Major Crimes**
 1.00 PM **Rush** Double-bill.
 3.00 **Murdoch Mysteries** Triple-bill of the series.
 6.00 **Major Crimes** (S4, ep6)
 7.00 **Motive** A standard murder investigation escalates into a race against time.
 8.00 **Motive** Flynn and Vega investigate the death of a high-school student.
 9.00 **Pick** **Carter** *New episode* The actor-turned-sleuth must work alongside David Arquette.
 10.00 **Frankie Drake Mysteries** Frankie is suspected of committing a robbery.
 11.00 **New Tricks** 2 of 2. Gerry Standing fights to clear his name before his enemies catch him.
 12.20 AM **Murdoch Mysteries**
 1.20 to 4.00 AM **In the Dark**



Sky 108

6.00 AM **Urban Secrets** 1 of 8.
 7.00 **Without a Trace** Triple-bill of the US drama series.
 10.00 **The West Wing** US drama. (S3, ep13) 11.00 (S3, ep14)
 12.00 NOON **Blue Bloods**
 1.00 PM **CSI: Crime Scene Investigation** (S6, ep7)
 2.00 **The West Wing** US drama. (S3, ep15) 3.00 (S3, ep16)
 4.00 **Without a Trace** Triple-bill. Jack and Danny travel to Mexico. (S4, ep6 of 24)
 5.00 **Without a Trace** A teenage boy vanishes. (S4, ep8)
 6.00 **Without a Trace** An FBI agent vanishes. (S4, ep9)

7.00 **CSI: Crime Scene Investigation** Further investigation reveals Bell may have been shot by a colleague. (S6, ep8)

8.00 **Blue Bloods** A thief is shot dead while robbing a family, and Frank faces a dilemma when a protest gets out of hand. (S2, ep14)

9.00 **The Sopranos** Bobby Baccalieri Sr comes out of retirement, and Carmela takes a more active role in Tony's therapy. (S3, ep5)

10.15 **The Sopranos** A dancer having an affair with Ralph enrages him when she insults him at the Bing. (S3, ep6 of 13)

11.20 **Babylon Berlin** Gereon investigates a deadly accident. (S3, ep1)
 12.20 AM A witness has information about Betty Winter's death. S3, ep2)
 1.20 **Public Enemy** Double-bill.
 3.30 **Without a Trace** (S4, ep7)
 4.20 to 6.00 AM **The West Wing**



Sky 125 Virgin 250

6.00 AM **Combat Dealers**
 7.00 **Tony Robinson's World War One** 8.00 **Kindig Customs** 9.00 **Jeremy Wade's Dark Waters**
 10.00 **Nasa's Unexplained Files**
 11.00 **Fast N' Loud**
 12.00 NOON **Gold Rush**
 1.00 PM **Alaska: Last Frontier**
 2.00 **Combat Dealers**
 3.00 **World War Two**
 4.00 **Building Off the Grid**
 5.00 **Wheeler Dealers**
 6.00 **Fast N' Loud**
 7.00 **Outback Truckers**
 8.00 **Wheeler Dealers**
 9.00 **Alaskan Bush People** *New edition* Bear reflects on a big life decision.
 10.00 **River of No Return** *New edition* Documentary.
 11.00 **Richard Hammond's Big**
 12.00 M'T **Alaskan Bush People**
 1.00 AM **River of No Return**
 2.00 **Deadliest Catch**
 3.00 **Alaskan Bush People**
 3.50 **Kindig Customs**
 5.30 to 6.00 AM **How It's Made**



Sky 110 Virgin 124

7.20 AM **The Piglet Files**
 7.45 **As Time Goes By**
 8.20 **The Good Life** Comedy.
 9.00 **Porridge** Prison comedy.
 9.40 **Hi-de-Hi!** Comedy series.
 10.20 **Last of the Summer Wine**
 12.20 PM **Keeping Up Appearances** Comedy.
 1.00 **Porridge** Prison comedy.
 1.40 **Hi-de-Hi!** Comedy series.
 2.20 **The Good Life** Comedy.
 3.00 **Keeping Up Appearances**
 3.40 **Dad's Army** Comedy.
 4.20 **Last of the Summer Wine**
 6.20 **The Good Life** Tom turns the rotary cultivator into a means of transport.

7.00 **Porridge** Godber gets into a fight a week before his parole board hearing.

7.40 **Dad's Army** The platoon tries to capture three German airmen who have landed in a local lake.
 8.20 Mainwaring finds out the extent of Corporal Jones' cash-flow crisis.

9.00 **Gavin & Stacey** The Shipmans drive to Wales for a wedding fayre.

9.40 **The Office** David Brent uses the staff's annual appraisals as a chance to share his wisdom.

10.20 **Peep Show** Double-bill. Mark invites his parents over for Christmas lunch.

10.55 **Peep Show** Jeremy is determined that the 'El Dude Brothers' are going to enjoy New Year's Eve.
 11.30 **Gavin & Stacey** As 9pm.
 12.10 AM **The Office** As 9.40pm.
 12.50 **Lenny Henry's Race Through Comedy** 2 of 3.
 1.50 **Peep Show** Double-bill
 2.45 to 4.00 AM **The Rebel**



Sky 113 Virgin 122 (121 HD)

8.00 AM **Everybody Hates Chris**
 9.00 **Parks and Recreation**
 10.30 **30 Rock** Triple-bill.
 12.00 NOON **The Mindy Project** *New episodes* Triple-bill.
 1.30 PM **Modern Family**
 2.30 **Everybody Hates Chris**
 3.30 **Parks and Recreation**
 5.00 **30 Rock** Triple-bill.
 6.30 **Modern Family** Double-bill.
 7.30 **The Mindy Project** Triple-bill of the comedy.
 9.00 **Ramy Youssef: Feelingse** Stand-up performance.
 10.15 **Sex and the City** Charlotte releases her masculine alter ego. (S3, ep4 of 18)
 10.50 **The Tonight Show Starring Jimmy Fallon** *New edition* Chat show.
 11.50 **The Late Late Show with James Corden** *New edition* US chat show.
 12.50 AM **Entourage** US comedy series. (S3, ep18 of 20)
 1.25 **Silicon Valley** Double-bill.
 2.35 **Parks and Recreation**
 3.30 to 5.00 AM **30 Rock**



Sky 109 Virgin 125 (211 HD)

6.10 AM **MasterChef Australia**
 8.00 **Tipping Point** Double-bill.
 10.00 **The Bill** Police drama.
 11.00 **Supernanny US**
 12.00 NOON **Tipping Point**
 2.00 PM **Property Brothers: Forever Home** The Scott brothers try to overhaul the modest home of a couple of foster parents.
 3.00 **My Dream Home** A couple living in rental properties seek a place of their own.
 4.00 The Scotts help a couple find a sprawling suburban property.
 5.00 **Tipping Point** Double-bill.

7.00 **Property Brothers: Forever Home** *New edition* Drew and Jonathan Scott help friends update their Las Vegas property.

8.00 **Sun, Sea and Brides to Be** A mass helium balloon release does not go to plan, and Angela needs to renovate a venue.

9.00 **Stacey Dooley Investigates** Russia's War on Women: Why forms of domestic violence is decriminalised in Russia.

10.00 **One Born: What Happened Next?** Documentary revisiting some of the series' most memorable parents.

11.00 **Inside the Ambulance** Paramedic crews rush to a man in a diabetic coma.
 12.00 M'T **One Born Every Minute** Documentary.
 1.00 AM **I've Got Something to Tell You** Documentary.
 1.50 **Code Black** (S3, ep13)
 2.35 to 3.00 AM **Renovate My Home: Leave It to Bryan**



Sky 124 Virgin 157 (199 HD)

8.00 AM **Republic of Doyle**
 9.00 **Bones** (S2, ep14)
 10.00 **Bull** (S2, ep5)
 11.00 **NCIS** (S13, ep3)
 12.00 NOON **Bones** Double-bill.
 2.00 PM **The Mentalist**
 3.00 **NCIS** (S13, ep4)
 4.00 **Bull** (S2, ep6)
 5.00 **Bones** (S2, ep17)
 6.00 **The Mentalist** (S7, ep12)
 7.00 **NCIS** Armed men storm a laboratory. (S13, ep5)
 8.00 **NCIS** A notorious killer seems to have claimed another victim. (S13, ep6)
 9.00 **War of the Worlds** *New episode* The survivors are forced to face some cold truths. (S1, ep3)
 10.00 **NCIS** The team tackles a terror group. (S12, ep23)
 11.00 **American Dad!** Double-bill.
 12.00 M'T **Family Guy**
 1.00 AM **American Dad!**
 2.00 **Family Guy** Double-bill.
 3.00 **American Dad!** Double-bill.
 4.00 to 5.00 AM **Republic of Doyle**

THURSDAY

7 PM

8 PM

9 PM

10 PM

PRIME-TIME

(BT) SPORT 1

Sky 413 Virgin 527

- 6.00 AM **The Grid** Motorsport magazine.
 6.30 **BT Sport Score Best Bits**
 7.00 **WWE Raw** US wrestling highlights.
 9.00 **Football** Champions League.
 10.00 **Football** Europa League highlights.
 10.30 **Premier League World**
 11.00 **Premier League Reload**
 11.15 **Football** Scottish Premiership.
 11.30 **Badminton** German Open finals.
 1.30 PM **Squash** Windy City Open.
 2.30 **Motorcycling** Highlights of the MotoGP Grand Prix of Qatar.
 3.30 **Australian Football** A-League.
 4.30 **Italian Football** Highlights of the Coppa Italia semi-final, second-leg matches, featuring Juventus v AC Milan and Napoli v Inter Milan.
 5.00 **WWE SmackDown** Wrestling.
 6.30 **WWE Monday Night Raw**
 9.00 **WWE NXT** The next generation of Superstars showcase their talents.
 10.45 **Poker** World Tour Series action.
 12.45 AM **Rallying** Rally Mexico preview.
 1.15 **Football** Scottish Premiership.
 1.30 **German Football** Bundesliga.
 2.00 **French Football** Ligue 1 action.
 2.30 to 10.45 AM **Live Cricket** Australia v New Zealand. Coverage of the first ODI in the three-match series at the Sydney Cricket Ground.

(BT) SPORT 2

Sky 414 Virgin 528

- 6.00 AM **Badminton Unlimited**
 6.30 **Rugby Tonight On Tour**
 7.00 **Motorcycling** Grand Prix of Qatar.
 8.00 **French Football** Ligue 1 action.
 9.00 **German Football** Bundesliga.
 10.00 **Australian Football** A-League.
 11.00 **Football** Last night's Champions League last-16, second legs.
 1.00 PM **BT Sport Score Best Bits**
 1.30 **Italian Football** Coppa Italia.
 2.00 **Early Kick-Off** Saturday's edition.
 2.15 **Premier League World**
 2.45 **Football** Last night's Champions League last-16, second legs.
 4.45 **Football** Champions League.
 5.45 **Live Football** Coverage of tonight's first Europa League last-16, first-leg match.
 8.00 **Live Football** This evening's second Europa League last-16, first-leg match.
 10.30 **Football** Europa League goals.
 11.45 **French Football** Ligue 1 action.
 12.15 AM **BT Sport Goals Reload**
 12.30 **Football** Europa League action.
 2.00 **Live Rallying** The SS1 Street Stage GTO in the Rally Mexico.
 3.00 **Football** Europa League action.
 4.30 **Football** Champions League.
 5.30 to 6.00 AM **Classic Boxing**

(BT) SPORT 3

Sky 417 Virgin 529

- 6.00 AM **German Football** 7.00 **Football**
 9.00 **Squash** Windy City Open highlights.
 10.00 **Rugby Tonight on Tour** 10.30 **Rallying**
 12.00 NOON **Motorcycling** Qatar GP.
 1.00 PM **Sailing** News and highlights.
 2.00 **German Football** Bundesliga.
 3.00 **Hockey** Pro League highlights.
 3.30 **Rallying** Rally Mexico preview.
 4.00 **BT Sport Score Best Bits**
 4.30 **Premier League Reload**
 4.45 **German Football** Bundesliga.
 5.15 **Football** Europa League.
 5.45 **Live Football** A double-bill of Europa League last-16 matches.
 10.15 **Premier League Match Pack**
 10.45 **Motorcycling Rewind** Qatar GP.
 11.00 **Live College Basketball** Coverage of two NCAA matches
 3.30 AM **Open Mat** 4.00 **Rugby Tonight on Tour** 4.30 **Sailing** 5.00 **The Grid** to 6.00 AM **Football**

sky sports MAIN EVENT

Sky 401 Virgin 511 (501 HD)

- 6.00 AM **Good Morning Sports Fans**
 8.00 **Live Golf** Coverage of the opening round of the Kenya Open from the Karen Country Club in Nairobi. Guido Migliozi won here last year.
 10.00 **Match Centre** The latest news.
 11.30 **Pick Live Golf** Coverage of the opening round of the Players Championship at TPC Sawgrass in Ponte Vedra, Florida. Rory McIlroy won here last year, beating Jim Furyk of the US by one stroke.
 11.00 PM **Basketball** The Warm Up.
 12.00 M'T **Sky Sports News** Headlines.
 12.30 AM **Live F1: Australian Grand Prix** Coverage of the first practice session from Albert Park in Melbourne.
 2.45 **Karun Drives the W10** Documentary.
 2.55 **F1 Cars Through 1000 Races**
 3.00 **Sky Sports News** Headlines.
 4.00 **F1 Classic Races** From 1994.
 4.45 to 6.45 AM **Live F1: Australian Grand Prix** Coverage of the second practice session from Albert Park.

sky sports F1

Sky 406 Virgin 516 (506 HD)

- 12.30 to 2.45 AM **Live F1: Australian Grand Prix** The first practice session.
 4.45 to 6.45 AM **Live F1: Australian Grand Prix** Second practice session.

sky sports FOOTBALL

Sky 403 Virgin 513 (503 HD)

- 6.00 AM **Greatest Games** 7.00 **Football's Greatest** 7.30 **Football Countdowns**
 8.00 **Football Years** 8.30 **Greatest Games**
 8.45 **One2Eleven** 9.00 **Greatest Games**
 9.30 **Play Off Finals** 10.30 **Greatest Games** 11.30 **Football's Greatest**
 12.00 NOON **Football Countdowns**
 12.30 PM **Football Years** Past seasons.
 1.00 **Greatest Games** Archive action.
 1.45 **One2Eleven** Ryan Giggs.
 2.00 **EFL Play-Off Final Highlights**
 3.00 **Football's Greatest Players**
 3.30 **Football Countdowns**
 4.00 **Football Years** Past seasons.
 4.30 **EFL Play-Off Final Highlights**
 5.30 **SPFL Greatest Games**
 6.00 **Championship Season Review**
 7.00 **SPFL Highlights** Scottish football.
 7.30 **EFL Championship Highlights**
 10.00 **SPFL Highlights** Scottish football.
 10.30 **Greatest Games** Archive action.
 11.00 **One2Eleven** Danny Gabbidon.
 11.15 **Football Archive 2017**
 11.30 **Greatest Games** 12.00 M'T **Football Years** 12.30 AM **Greatest Games**
 1.00 **Football Countdowns** 1.30 **Football Years** 2.00 **Championship Season Review** 3.00 **EFL Play-Off Finals** 5.00 to 6.00 AM **League Cup Finals**

sky sports THE PLAYERS

Sky 405 Virgin 515 (505 HD)

- 6.00 AM **The Players Championship 1987**
 8.00 **Live European Tour** The opening round of the Kenya Open in Nairobi.
 10.00 **PGA Tour Profiles** TPC Sawgrass.
 10.15 **PGA Tour: The Cut** Magazine.
 10.45 **PGA Tour Profiles** TPC Sawgrass.
 11.00 **Rory's Review of 2019**
 11.30 **Pick Live The Players Championship** Coverage of the opening round of the tournament from TPC Sawgrass in Florida.
 11.00 PM **PGA Tour Profiles** Sawgrass.
 11.15 **Best of the Sky Zone** Highlights.
 11.45 **Players Championship 2017**
 12.45 AM **PGA Tour Profiles** TPC Sawgrass.
 1.00 **The Players Championship 2018**
 2.00 **The Players Championship 2019**
 3.00 **The Players Championship 2008**
 4.00 **The Players Championship 2009**
 5.00 to 6.00 AM **The Players Championship 2010**

sky sports PREM LEAGUE

Sky 402 Virgin 512 (502 HD)

- 6.00 AM **PL Greatest Games**
 7.00 **The Debate** Football discussion.
 8.00 **Best PL Goals** Double-bill.
 9.00 **Premier League 100 Club**
 9.30 **PL 100 Club: England's Finest**
 10.00 **Premier League Years** Archive action.
 12.00 NOON **The Debate** Discussion.
 1.00 PM **Premier League Years**
 3.00 **PL Best Goals** From 2012/2013.
 4.00 **PL Greatest Games**
 5.00 **Premier League 100 Club** Top-flight goals scored by Wayne Rooney and Teddy Sheringham.
 6.00 **PL Legends** The careers of Andy Cole and Jamie Carragher.
 7.00 **Premier League Match Pack**
 7.30 **Premier League World** A round-up of the latest news.
 8.00 **Gary Neville's Soccerbox** With Dimitar Berbatov and Alan Shearer.
 9.00 **Premier League Match Pack**
 9.30 **Premier League World**
 10.00 **The Debate** Football discussion.
 11.00 **Premier League Match Pack**
 11.30 **Premier League World**.
 12.00 M'T **The Debate** Football discussion.
 1.00 AM **Premier League Years**
 3.00 **PL Greatest Games** Archive action.
 4.00 **PL Best Goals** Double-bill.
 5.30 to 6.00 AM **PL 100 Club**

sky sports CRICKET

Sky 404 Virgin 514 (504 HD)

- 6.00 AM **Cricket's Greatest Games**
 7.00 **Best of Sky Cricket** 7.30 **Best of England v West Indies** 7.40 **Best of Sky Cricket** 8.00 **Cricket's Greatest Games** 9.00 **Best of Sky Cricket**
 9.30 **Best of England v West Indies**
 9.40 **Best of Sky Cricket** Archive action.
 10.00 **The 2010 World T20** Review.
 12.00 NOON **Cricket's Greatest Games**
 1.00 PM **Best of Sky Cricket**
 1.30 **Best of England v West Indies**
 1.40 **Best of Sky Cricket** Highlights.
 2.00 **Cricket's Greatest Games**
 3.00 **Best of Sky Cricket** Highlights.
 3.30 **Best of England v West Indies**
 3.40 **Best of Sky Cricket** Highlights.
 4.00 **The 2010 World T20** Review.
 6.00 **International T20** SA v England.
 10.30 **KP: The Story of a Genius**
 11.00 **The 2010 World T20** Review.
 1.00 AM **Best of Sky Cricket** Highlights.
 1.30 **Best of England v West Indies**
 1.40 **Best of Sky Cricket** Archive action.
 2.00 **Cricket's Greatest Games**
 3.00 **Best of Sky Cricket** 3.30 **Best of England v West Indies** 3.40 **Best of Sky Cricket** 4.00 **Cricket's Greatest Games** 5.00 **Best of Sky Cricket**
 5.30 **Best of England v West Indies**
 5.40 to 6.00 AM **Best of Sky Cricket**

sky sports MIX

Sky 145 Virgin 520 (510 HD)

- 6.00 AM **My Icon** 7.00 **Sporting Records**
 8.00 **Live Golf** Coverage of the opening round of the Kenya Open staged at the Karen Country Club in Nairobi. Guido Migliozi won here last year. Coverage continues at 12.00noon.
 10.00 **Netball** Superleague highlights.
 12.00 NOON **Live Golf** Further coverage of the opening round of the Kenya Open from Karen Country Club.
 3.00 PM **My Icon** Sporting heroes.
 4.00 **Netball** Superleague highlights.
 5.00 **Basketball** 76ers v Pistons.
 6.45 **My Icon** Jeanette Kwakye.
 7.00 **Live Rugby League** Hull FC v Warrington Wolves. The Super League match from the KCOM Stadium, kick-off 7.45pm.
 10.00 **Netball** Superleague highlights.
 12.00 M'T to 6.00 AM **Mix Shorts: Masterclasses**

What's on
TVPick of
the day**Golf: The Players Championship**

SS Main Event/The Players, 11.30am
 World number one Rory McIlroy will be teeing it up at the TPC at Sawgrass in Florida today to begin his title defence.

sky sports ACTION

Sky 407 Virgin 517 (507 HD)

- 6.00 AM **Boxing Gold** 7.00 **Sporting Records** 8.00 **NFL: America's Game**
 10.00 **Sporting Records** Double-bill.
 11.00 **NFL: America's Game**
 1.00 PM **Sporting Records** Milestones.
 2.00 **Darts Gold/Boxing Gold**
 5.00 **NBC's Pro-Football Talk**
 7.00 **Live Darts** The sixth round of the Premier League season from the M&S Bank Arena in Liverpool.
 10.30 **Darts Gold** Archive PDC matches.
 11.00 **NFL: America's Game**
 1.00 AM **Darts** Premier League.
 4.30 **Sporting Records** Milestones.
 5.00 to 6.00 AM **Sporting Greats**

sky sports ARENA

Sky 408 Virgin 518 (508 HD)

- 6.00 AM **Sporting Greats** 7.00 **Super League Gold** 8.00 **Sporting Greats**
 9.00 **Live Rugby League** Eels v Bulldogs, kick-off 9.05am.
 11.00 **Inside Rugby League** Magazine.
 12.00 NOON **Netball** Pulse v Dragons.
 2.00 PM **NBA Classic Games**
 3.00 **Inside Rugby League**
 4.00 **Basketball** 76ers v Pistons.
 5.45 **Rugby League** Wolves v Tigers.
 6.00 **Inside Rugby League**
 7.00 **Live Rugby League** Hull FC v Warrington Wolves.
 10.00 **Basketball** News and features.
 12.00 M'T **Live Basketball** Bucks v Celtics, tip-off 12.00m't.
 2.30 AM **Basketball** 3.00 **Rugby League** 3.15 **Super League Gold** 3.30 **Records** 4.00 **Greats** 5.00 to 6.00 AM **Records**

EUROSPORT II

Sky 410 Virgin 521

- 6.00 AM **Alpine Skiing** 7.00 **Cycling**
 8.00 **Snooker** 10.00 **Fencing** 10.10 **Cycling**
 12.40 PM **Cycling** Paris-Nice stage four.
 1.40 **Live Cycling** Paris-Nice.
 3.30 **Cycling** Tirreno-Adriatico.
 4.15 **Cycling** Tour of Flanders 2019.
 4.30 **Cycling** Track Championships.
 6.00 **Cycling** Milan-San Remo 2019.
 7.00 **Athletics** World Indoor Tour.
 8.00 **Cycling** Today's highlights.
 9.45 **Cycling** Milan-San Remo 2019.
 10.45 **Cycling** Today's highlights.
 3.45 AM **Ski Jumping** 4.45 **Motocross** to 6.45 AM **Ski Jumping**

Premiere

sky cinema
Sky 301 Virgin 401

6.00 AM **The Counterfeiter** (2018) ★★
8.15 **Straight Up** (2019, 15) ★★
9.55 **We Die Young** (2019) ★★
11.35 **This Changes Everything** Documentary. (2018) ★★
1.20 PM **Brightburn** See 8.00pm.
3.00 **I'll Take Your Dead** (2019)
4.30 **Doom: Annihilation** Fantasy adventure. (2019, 15) ★★
6.15 **Cold Blood Legacy** Action thriller. (2019, 15) ★★

PRIME-TIME

8.00 **Brightburn** Horror. An extra-terrestrial crash-lands on Earth. Stars Elizabeth Banks. (2019, 15) ★★
9.45 **Premiere**
I'll Take Your Dead Horror. A farmer makes a living disposing of corpses. Stars Aidan Devine and Ava Preston. (2019, 15) ★★

11.30 **The Art of Self-Defense** Comedy. (2018, 15) ★★
1.30 AM **Hell Is Where the Home Is** (2018, 18) ★★ **3.15** to **5.00** AM **Cold Blood Legacy**

Drama

sky cinema
Sky 310 Virgin 410

6.00 AM **All Summers End** Drama. (2017, 12) ★★
7.35 **Eternal Love** Comedy drama. (2018, 15) ★★
9.10 **The Bodyguard** As 10.30pm.
11.20 **As Good As It Gets** As 8pm.
1.40 PM **The Evening Star** (1996)
3.50 **Babel** Epic drama starring Brad Pitt. (2006, 15) ★★
6.15 **Love Story** Romantic drama. (1970, PG) ★★

PRIME-TIME

8.00 **As Good As It Gets** Comedy. A misanthropic novelist rediscovers his humanity. Stars Helen Hunt. (1997, 15) ★★
10.30 **The Bodyguard** Thriller. A bodyguard falls in love with a singer. Stars Kevin Costner and Whitney Houston. (1992, 15) ★★

12.50 AM **The Evening Star** Drama sequel. (1996, 15) ★★
3.10 **Love Story** See 6.15pm.
5.05 to **6.00** AM **Elf: Buddy's Musical Christmas** (2014)

Thriller

sky cinema
Sky 309 Virgin 409

7.15 AM **Bad Samaritan** Crime thriller. (2018, 15) ★★
9.15 **Breaking In** Thriller starring Billy Burke. (2018, 15) ★★
10.50 **Thoroughbreds** Comedy drama. (2017, 15) ★★
12.25 PM **Hoffa** Biopic of the union leader. (1992, 15) ★★
2.50 **Out of Blue** (2018, 15) ★★
4.45 **Contraband** Crime action thriller. (2012, 15) ★★

PRIME-TIME

6.45 **Everybody Knows** Spanish drama. A woman's daughter is abducted. Stars Penélope Cruz and Javier Bardem. (2018, 15) ★★
9.00 **Argo** Thriller. The CIA uses a movie shoot as cover to smuggle Americans out of Iran. Stars Ben Affleck. (2012, 15) ★★

11.05 **Assassination Nation** Thriller. (2018, 18) ★★
12.55 AM **Charlie Says** (2018)
2.50 **Wild Things** (1998, 18) ★★
4.50 to **6.25** AM **Kid Cop** (1996)

Comedy

sky cinema
Sky 308 Virgin 408

6.45 AM **My Cousin Vinny** Comedy starring Joe Pesci. (1992, 15) ★★
8.50 **About Time** See 4.50pm.
11.00 **Little** See 9.00pm.
12.55 PM **Shanghai Noon** Western comedy. (2000, 12) ★★
2.50 **Shanghai Knights** Action comedy. (2003, 12) ★★
4.50 **About Time** Romantic fantasy. (2013, 12) ★★

7.00 **She's Out of My League** Comedy. A man attracts the attention of a beautiful woman. Stars Jay Baruchel. (2010, 15) ★★
9.00 **Little** Comedy. A woman wakes up to discover she has been turned into her teenage self. Stars Regina Hall. (2019, 12) ★★

11.00 **Dirty Cops** French comedy. Subtitled. (2018, 18) ★★
1.10 AM **Gloves Off** (2016, 12) ★★
2.55 **Changeland** (2019, 15) ★★
4.35 to **6.15** AM **Gulliver's Travels**

Disney

sky cinema
Sky 305 Virgin 405

7.00 AM **Beauty and the Beast**
8.30 **Cars** (2006, PG) ★★
10.30 **Dumbo** (1941, U) ★★
11.45 **The Emperor's New Groove**
1.10 PM **Snow White and the Seven Dwarfs** (1937)
2.40 **Beauty and the Beast** Cartoon. (1991) ★★
4.10 **Finding Nemo** Animation. (2003, U) ★★
6.00 **Cars** (2006, PG) ★★

8.00 **Toy Story 4** Animation. Woody and the rest of the gang go on a road trip. With the voice of Tom Hanks. (2019, U) ★★
9.45 **Prince of Persia: The Sands of Time** Fantasy adventure starring Jake Gyllenhaal and Gemma Arterton. (2010, 12) ★★

11.45 **Snow White and the Seven Dwarfs** **1.20** AM **Nutcracker and the Four Realms** (2018)
3.10 **Ice Princess** (2004, U) ★★
5.00 to **6.35** AM **Underdog** (2007)

Greats

sky cinema
Sky 304 Virgin 404

7.30 AM **Stand by Me** Drama. (1986, 15) ★★
9.05 **Gran Torino** (2008) ★★
11.05 **The Birds** Hitchcock thriller. (1963, 15) ★★
1.10 PM **Cape Fear** Thriller. (1962, 15, b&w) ★★
3.10 **The Bourne Legacy** Spy thriller. (2012, 12) ★★
5.30 **Flash Gordon** Sci-fi action adventure. (1980, PG) ★★

7.30 **Catch Me If You Can** Crime caper. A con man lies his way across 1960s America. Stars Leonardo DiCaprio. (2002) ★★
10.00 **The Big Lebowski** Comedy thriller. An ageing LA hippy is drawn into a strange intrigue. Stars Jeff Bridges. (1998) ★★

12.00 M'T **Basic Instinct** Adult thriller. (1992, 18) ★★
2.15 AM **Lethal Weapon 4** Thriller sequel. (1998, 15) ★★
4.30 to **6.30** AM **Flash Gordon**

Action

sky cinema
Sky 311 Virgin 407

6.00 AM **The Karate Kid** (1984)
8.15 **The Karate Kid Part II** (1986)
10.15 **The Karate Kid: Part III** Drama. (1989, PG) ★★
12.15 PM **First Blood** See 10.00pm.
2.00 **Rambo: First Blood Part II** Thriller. (1985, 15) ★★
3.45 **Legion** Fantasy action adventure. (2010, 15) ★★
5.45 **The Karate Kid** Adventure. (1984, 12) ★★

8.00 **The Karate Kid Part II** Martial-arts sequel. The teenager and his mentor visit Japan. Stars Ralph Macchio. (1986, PG) ★★
10.00 **First Blood** Action thriller. A Vietnam veteran falls foul of some small-town cops. Stars Sylvester Stallone. (1982, 15) ★★

11.40 **Rambo: First Blood Part II** Thriller. (1985, 15) ★★
1.20 AM **Rambo III** (1987) ★★
3.05 to **5.00** AM **The Karate Kid: Part III** (1989, PG) ★★

Monsters

sky cinema
Sky 307 Virgin 411

6.00 AM **Labyrinth** Fantasy adventure. (1986, U) ★★
7.45 **Pacific Rim** See 4.00pm.
10.00 **A Quiet Place** See 6.15pm.
12.00 NOON **The Meg** See 8.00pm.
2.00 PM **Rampage** See 10.05pm.
4.00 **Pacific Rim** Sci-fi action thriller. (2013, 12) ★★
6.15 **A Quiet Place** Horror. Stars Emily Blunt and John Krasinski. (2018, 15) ★★

8.00 **The Meg** Action thriller. A deep-sea submersible vessel is attacked by a giant shark. Stars Jason Statham. (2018, 12) ★★
10.05 **Rampage** Adventure. Three animals go wild after they are infected with a pathogen. Stars Dwayne Johnson. (2018, 12) ★★

12.05 AM **Overlord** World War Two thriller. (2018, 18) ★★
2.10 **Resident Evil: Afterlife** Horror. (2010, 15) ★★
4.00 to **6.00** AM **Labyrinth**

Superhero

sky cinema
Sky 302 Virgin 402

6.10 AM **Superman III** Fantasy sequel. (1983, PG) ★★
8.20 **Superman IV: The Quest for Peace** Fantasy adventure sequel. (1987, PG) ★★
9.55 **X-Men: First Class** (2011)
12.10 PM **Deadpool 2** See 9.00pm.
2.15 **Glass** (2019, 15) ★★
4.30 **Captain America: The First Avenger** Comic-book fantasy. (2011) ★★

6.40 **X-Men: First Class** Adventure set in the 1960s. Two mutants try to prevent a nuclear war. Stars James McAvoy. (2011) ★★
9.00 **Deadpool 2** Action sequel. The anti-hero tries to protect a mutant. Stars Ryan Reynolds and Josh Brolin. (2018, 15) ★★

11.05 **Glass** (2019, 15) ★★
1.20 AM **Captain America: The First Avenger** See 4.30pm.
3.30 **Mystery of the Batwoman**
4.50 to **6.10** AM **Lego Batman**

Family

sky cinema
Sky 306 Virgin 406

6.20 AM **Asterix: The Secret of the Magic Potion** (2018)
7.50 **A Dog's Way Home** (2019)
9.35 **Despicable Me** See 6.15pm.
11.20 **Bernie the Dolphin** (2018)
1.00 PM **The Pacifier** As 10.00pm.
2.40 **The Kid Who Would Be King**
4.45 **Asterix: The Secret of the Magic Potion** (2018) ★★
6.15 **Despicable Me** Animated comedy. (2010, U) ★★

8.00 **The Kid Who Would Be King** Fantasy. A young boy meets wizard Merlin. Stars Louis Ashbourne Serkis. (2019, PG) ★★
10.00 **The Pacifier** Comedy. A navy officer must protect a widow and her children from terrorists. Stars Vin Diesel. (2005, PG) ★★

11.40 **Lu Over the Wall** Animated fantasy. (2017, PG) ★★
1.40 AM **A Dog's Way Home**
3.25 **Monster Family** (2017)
5.10 to **6.50** AM **Wheely** (2018)

Hits

sky cinema
Sky 303 Virgin 403

6.00 AM **We're the Millers** (2013)
8.00 **Journey 2: The Mysterious Island** (2012) ★★
9.40 **The Front Runner** (2018)
11.40 **Star Wars: Episode I – The Phantom Menace** (1999)
2.00 PM **Star Wars: Episode II – Attack of the Clones** (2002)
4.25 **Star Wars: Episode III – Revenge of the Sith** Sci-fi. (2005, 12) ★★

6.50 **Star Wars: Episode IV – A New Hope** Sci-fi. Luke sets out to rescue Princess Leia. Stars Mark Hamill. (1977, U) ★★
9.00 **Star Wars: Episode V – The Empire Strikes Back** Sci-fi. Luke trains as a Jedi knight. Stars Mark Hamill. (1980, U) ★★

11.10 **Star Wars: Episode VI – Return of the Jedi** (1983)
1.30 AM **Austin Powers 2** (1999)
3.10 **Lucky** (2018, 15) ★★
4.40 to **6.20** AM **Journey 2** (2012)

TCM

TCM
Sky 315 Virgin 415 (416 HD)

6.00 AM **Best Film Directors**
7.00 **Horse Feathers** Comedy. (1932, U, b&w) ★★
8.30 **The Lion in Winter** Historical drama. (1968, 15) ★★
11.20 **Return of the Gunfighter** Western. (1966, U) ★★
1.30 PM **Cool Hand Luke** Prison drama. (1967, 15) ★★
4.05 **Gambit** Comedy crime caper. (1966, U) ★★

6.25 **The Man Who Knew Too Much** Hitchcock thriller starring James Stewart and Doris Day. (1956, PG) ★★
9.00 **The Postman** Adventure. In a post-apocalyptic US, a loner leads a revolt against a warlord. Stars Kevin Costner. (1997, 15) ★★

12.30 AM **A Perfect Murder** Thriller remake. (1998, 15) ★★
2.50 **Off Set** Actor profiles.
4.30 **Best Film Directors**
5.55 to **6.20** AM **Off Set**

RADIO

RADIO 1 **FREEVIEW 700**
Sky 0101 Virgin 901 Freesat 700

4.00am Early Breakfast-Arielle Free. **6.30** Greg James. **10.00** Clara Amfo. **12.45pm** Newsbeat. **1.00** Scott Mills. **4.00** Nick Grimshaw. **7.00** Future Sounds. **9.00** Rickie, Melvin and Charlie. **11.00** Indie Show with Jack Saunders. **1.00am** Soundsystem with Toddla T. **3.00** to **4.00am** Rap Anthems.

RADIO 2 **FREEVIEW 702**
Sky 0102 Virgin 902 Freesat 702

5.00am Vanessa Feltz. **6.30** Zoe Ball. **9.30** Ken Bruce. **12.00noon** Jeremy Vine. **2.00pm** Steve Wright. **5.00** Sara Cox. **7.00** Jo Whiley. **9.00** The Country Show with Bob Harris. **10.00** Trevor Nelson's Rhythm Nation. **12.00m't** OJ Borg. **3.00am** Tracks of My Years. **4.00** The Craig Charles House Party Mixtape. **4.30** to **5.00am** Huey Morgan's Loungin' Mix.

RADIO 3 **FREEVIEW 703**
Sky 0103 Virgin 903 Freesat 703

6.30am Breakfast. **9.00** Essential Classics. **12.00noon** Composer of the Week: Beethoven Unleashed – At Home. **1.00pm** Lunchtime Concert. **2.00** Afternoon Concert. **5.00** In Tune. **7.00** In Tune Mixtape. **7.30** Radio 3 in Concert. **10.00** Free Thinking. **10.45** The Essay: Home Sweet Home. The new significance that 'homeland' took on after 9/11. **11.00** Night Tracks: The Archive Remix. **11.30** Unclassified. **12.30** to **6.30am** Through the Night.

RADIO 4 **FREEVIEW 704**
Sky 0104 Virgin 904 Freesat 704

6.00am Today. **8.30 (LW)** Yesterday in Parliament. **9.00** In Our Time. **9.45 (FM)** Book of the Week: The Peregrine. **9.45 (LW)** Daily Service. **10.00** Woman's Hour. **11.00** From Our Own Correspondent. **11.30** My Amey and Me. **12.00noon** News. **12.05pm** The Call of the Wild. **12.15** You and Yours; Weather. **1.00** The World at One. **1.45** Living National Treasures. **2.00** The Archers. **2.15** Drama: Dangerous Visions: Body Horror. **3.00** Ramblings; Radio 4 Appeal. **3.30** Open Book. **4.00** The Film Programme: Antonia Quirke hosts the movie magazine. **4.30** BBC Inside Science. **5.00** PM; Weather. **6.00** Six O'Clock News. **6.30** The Break: Andy helps Jeff track down a vital document. **7.00** The Archers. **7.15** Front Row. **7.45** The Book of Strange New Things. **8.00** Law in Action. **8.30** Bottom Line. **9.00** BBC Inside Science. **9.30** In Our Time. **10.00** The World Tonight. **10.45** Book at Bedtime: The Call of the Wild. **11.00** Resist Phoney Encores! **11.30** Today in Parliament. **12.00m't** News; Weather. **12.30am** Book of the Week: The Peregrine. **12.50** Shipping. **1.00** World Service. **5.20** Shipping. **5.30** News; Prayer. **5.45** to **6.00am** Farming Today; Tweet.

RADIO 5 LIVE **FREEVIEW 705**
Sky 0105 Virgin 905 Freesat 705

5.00am Morning Reports. **5.15** Wake Up to Money. **6.00** 5 Live Breakfast. **9.00** Your Call. **10.00** The Emma Barnett Show. **1.00pm** Nihal Arthanayake. **4.00** 5 Live Drive. **7.00** 5 Live Sport. **8.00** 5 Live Sport: Matt Dawson's Rugby Show. **9.00** 5 Live Formula 1. **10.00** Question Time Extra Time. **1.00** to **5.00am** Up All Night.

What's on TV Picks of the day



Sport Relief

BBC1, 7.00pm Eyes on the prize... Comedian Romesh Ranganathan playing crazy golf with tennis star Andy Murray is one of the highlights of this evening's fun.



Coronation Street

ITV, 7.30pm Feeling the strain... During a storytime session staged at Speed Daal, an exhausted Gemma falls asleep – and is grateful the other mums are there to help.

Spot the shot



**WIN
£100**

See if you can spot the photo in this issue from which this picture is taken. To enter, just tell us which page it's on. Turn to page 97 to enter. The winner gets £100 cash. Usual rules apply (see page 97).

BBC
one

BBC1

Freeview 1 (101 HD) Sky 101 (115 HD) Virgin 101 (108 HD) F'sat 101 (106 HD)

- 6.00 AM **Breakfast** News and sport. (S, HD)
- 9.15 **Crimewatch Roadshow Live** (S, HD)
- 10.00 **Homes Under the Hammer** (S, Rpt, AD, HD)
- 11.00 **Dom Does America** (S, Rpt, HD)
- 11.45 **Saved on Camera** Last in series. (S, HD)
- 12.15 PM **Bargain Hunt Sport Relief Special** (S)
- 1.00 **News; Weather** (S, HD)
- 1.30 **Local News; Weather** (S)
- 1.45 **Doctors** The Sharpest Cut: Medical drama series. Emma comes under fire from the police in charge of Jimmi's case. (S, AD, HD)
- 2.15 **Five Bedrooms** 4 of 8. Daily drama starring Kat Stewart. Money worries overwhelm Liz, posing a threat to the household. (S, HD)
- 3.00 **Escape to the Country** Rural property series. A couple with a budget of £425,000 search for a home in Shropshire. (S, Rpt, HD)
- 3.45 **Money for Nothing** Salvage series. Today, Jay Blades tries to transform a side table, and Sharon O'Connor needs to come up with a bright idea for some garden chairs. (S)
- 4.30 **Ready, Steady, Cook** 10 of 20. Culinary contest hosted by Rylan Clark-Neal. Today, an engaged couple compete. (S, HD)
- 5.15 **Pointless** Quiz series. (S, Rpt, HD)
- 6.00 **News; Weather** (S, HD)
- 6.30 **Local News; Weather** (S)

7.00 Sport Relief Gary Lineker, Alex Scott, Paddy McGuinness, Emma Willis, Rylan Clark-Neal, Oti Mabuse and Tom Allen host this year's extravaganza, raising funds for good causes both in the UK and overseas. Highlights include two teams of celebrities leaving it all on the dance floor in a bid to be crowned *The Greatest Dancer for Sport Relief*, and the rebirth of *Killing Eve* as *Killing Steves* for a one-off Sport Relief spoof. The Battle of the Channels Celebrity Boat Race returns, and this year it's bigger than ever as the BBC, ITV, Channel 4 and Sky compete. Comedian Romesh Ranganathan takes on British tennis legend Andy Murray in a game of crazy golf. Plus, there's live music from Rita Ora, John Newman and Celeste. *A Question of Sport Relief* follows on BBC2. **See feature, page 15.** (S, HD)

- 10.00 **News; Weather** (S, HD)
- 10.25 **Local News; Weather** (S)
- 10.35 **Sport Relief** Tom Allen and Maya Jama see viewers through to the early hours, joined by dance sensations AJ and Curtis Pritchard to get the nation on their feet. YouTuber KSI performs a world exclusive of his single, *Wake Up Call*, while Celeste performs her new release, *Strange*. Plus, a look back at last summer's All-Star Sport Relief Netball match with captains Oti Mabuse and Jennifer Saunders. (S)
- 12.45 AM **Catchpoint for Sport Relief** 2 of 2. Another chance to see Saturday's celebrity special edition of the game show hosted by Paddy McGuinness, in which Graeme Swann and Rachel Parris take on Sam Quek and Mark Watson. (S, Rpt, AD, HD) **Weather**
- 1.25 to 6.00 AM **BBC News** (S, HD)

BBC1 REGIONAL VARIATIONS
■ WALES
Programmes today are as above.

BBC
TWO

BBC2

Freeview 2 (102 HD) Sky 102 Virgin 102 (162 HD) Freesat 102 (106 HD)

- 6.30 AM **Money for Nothing** (S, Rpt, HD)
- 7.15 **Ready, Steady, Cook** (S, Rpt, HD)
- 8.00 **Back in Time for the Corner Shop** Victorian: 1 of 6. (SL, S, Rpt, HD)
- 9.00 **BBC News at 9** (S, HD)
- 10.00 **Victoria Derbyshire** Discussion. (S, HD)
- 11.00 **BBC Newsroom Live** (S, HD)
- 12.15 PM **Politics Live** With Jo Coburn. (S, HD)
- 1.00 **Hardball** Quiz series. (S, Rpt, HD)
- 1.45 **Best House in Town** Leicester. (S, Rpt, HD)
- 2.30 **Terry and Mason's Great Food Trip** (S, Rpt)
- 3.00 **Red Rock** Irish drama. Kevin Dunne fears the framing of Doyle has failed. (S, Rpt, HD)
- 3.45 **The Great Interior Design Challenge** Self-Build: 10 of 15. Transforming bedrooms in houses in south London. (S, Rpt, HD)
- 4.45 **Portillo's State Secrets** National Security: Last in the series. Michael Portillo trawls through the National Archives. (S, Rpt, HD)
- 5.15 **Flog It!** From Dover Castle in Kent. (S, HD)
- 6.00 **Richard Osman's House of Games** Last in the series. With Hugh Dennis, Sarah Greene, Nish Kumar and Holly Walsh. (S, HD)
- 6.30 **Great British Railway Journeys** East Malling to Rye: Michael Portillo finds out how the Edwardians' attitude towards cultivation bears fruit even now. (S, Rpt, HD)

- 7.00 **Extreme Wales with Richard Parks** Extreme Kayaking: River Teifi. The host learns more about the people who live on the banks of the River Teifi. (S, Rpt, HD)
- 7.30 **Rick Stein's Secret France** 1 of 6. Culinary travel series in which the chef explores France. In this edition, he begins his trip in Dieppe, where he prepares freshly caught turbot, forages for sea herbs along the Bay of the Somme, and cooks seafood gratin. (S, Rpt, AD, HD)
- 8.30 **Wild Cuba: A Caribbean Journey** 2 of 2. Concluding part of the wildlife documentary. Colin Stafford-Johnson encounters bats emerging from limestone caves, and tiny frogs living in patches of hidden emerald forest. (S, AD, HD)
- 9.30 **QI** Oceans: Comedy quiz series hosted by Sandi Toksvig. Tonight, Aisling Bea, Joe Lycett and David Mitchell join regular Alan Davies for an unconventional look at the oceans of the world. (S, Rpt, HD)

- 10.00 **A Question of Sport Relief** Special edition of the quiz in which Mel Giedroyc, Tom Davis, Chris Kamara and Paddy McGuinness join team captains Matt Dawson and Phil Tufnell. Sport Relief continues on BBC1 at 10.35pm. (S)
- 10.35 **Newsnight; Weather** (S, HD)

- 11.10 **Miriam's Big Fat Adventure** 2 of 2. Another chance to see the concluding part of the documentary in which actress Miriam Margolyes sets out to find out what is being done to combat the obesity crisis, and meets people who are going to extreme lengths to lose weight. (S, Rpt, AD, HD)
- 12.10 AM **Sign Zone** Starting with: 12.10 **Panorama** The Million Pound Disability Payout: Monday's edition. The DWP's settlements for disability discrimination against its own employees. (SL, S, Rpt, HD) 12.40 to 1.40 AM **Murder 24/7** Documentary. (SL, S, Rpt, HD)

BBC2 REGIONAL VARIATIONS
■ WALES
Programmes today are as above.



ITV

Freeview **3** (103 HD) Sky **103** (176 HD) Virgin **103** (113 HD) F'sat **103** (111 HD)



Channel 4

Freeview **4** (104 HD) Sky **104** (138 HD) Virgin **104** (104/141 HD) Freesat **104**



Channel 5

Freeview **5** (105 HD) Sky **105** Virgin **105** (150 HD) Freesat **105** (105 HD)

FRIDAY

- 6.00 AM Good Morning Britain** News, current affairs and lifestyle features. (S, HD)
- 9.00 Lorraine** Entertainment, current affairs and fashion news with Lorraine Kelly. (S, HD)
- 10.00 This Morning** Daily magazine featuring a mix of celebrity chat, competitions and lifestyle features. Including Local Weather. (S, HD)
- 12.30 PM News; Weather** (S, HD)
- 12.50 Local News; Weather** (S, HD)
- 1.00 Live Racing** Ed Chamberlin and Francesca Cumani introduce coverage of the final day of the Cheltenham Festival, including today's feature race, the Cheltenham Gold Cup Steeple Chase at 3.30. Plus, the races at 1.30, 2.10, 2.50 and 4.10. Analysis comes from AP McCoy and Ruby Walsh. (S, HD)
- 4.30 Tipping Point: Best Ever Finals** Compilation of some of the most dramatic endgames from the arcade-themed quiz series hosted by Ben Shephard. (S, Rpt, HD)
- 5.00 The Chase** General knowledge quiz series presented by Bradley Walsh, in which four contestants pit their wits against the Chaser in the hope of winning a potential prize pot worth thousands of pounds. (S, HD)
- 6.00 Local News; Weather** (S, HD)
- 6.30 News; Weather** (S, HD)
- 7.00 Emmerdale** Jimmy is surprised by what he learns, Samson comes clean to a shocked Vinny, while Andrea is given an idea on how to set up Kim. (S, AD, HD)
- 7.30 Coronation Street** Hour-long episode. Geoff tries to convince Yasmeen that Alya is out to get him, while Gary persuades Maria that he did nothing to provoke Ali. Elsewhere, Audrey worries that Ken is being railroaded into moving, Gemma struggles to keep her eyes open, and Imran ou pressure on Toyah. (S, AD, HD)
- 8.30 Vera** Little Lazarus: Detective drama series starring Brenda Blethyn. A woman is murdered in a hedgerow but her son survives the attack, only to fall beneath the ice of a frozen pond as he makes his escape. DCI Stanhope wades in and drags him out, and against all the odds he pulls through. As the investigation into the mother's killing unfolds, Vera finds a kindred spirit in the boy and comes to realise the key to solving the case may lie deep in his memory. Also stars Kerry Fox and Kieran O'Brien. (S, Rpt, AD, HD)
- 10.20 News; Weather** (S, HD)
- 10.55 Local News; Weather** (S, HD)
- 11.10 McDonald & Dodds** Wilderness of Mirrors: 2 of 2. Another chance to see the concluding part of the detective drama starring Jason Watkins and Tala Gouveia. The sleuthing duo investigate the murder of a wealthy patient at a private clinic, which is made more difficult by the complex relationships of the other residents. (S, Rpt, AD, HD)
- 1.00 AM Teleshopping** (HD)
- 3.00 Who's Doing the Dishes?** Culinary game show. Josie Gibson plays mystery host to four strangers. (SL, S, Rpt, AD, HD)
- 3.50 to 6.00 AM Nightscreen** Programme guide.

ITV REGIONAL VARIATIONS
■ Programmes today are as above.

- 6.30 AM Cheers** Double-bill. (Series 2, ep 7, S, Rpt, HD) **6.55** (Series 2, ep 8, S, Rpt, HD)
- 7.20 The King of Queens** (Series 7, ep 15, S, Rpt, AD) **7.45** (Series 7, ep 16, S, Rpt, AD)
- 8.10 Everybody Loves Raymond** Double-bill. (S2, ep 14, S, Rpt) **8.40** (S2, ep 15, S, Rpt)
- 9.10 Frasier** Double-bill of the US comedy series. (S4, ep 12, S, Rpt) **9.40** (S4, ep 13, S, Rpt)
- 10.10 Undercover Boss Canada** (S, Rpt, HD)
- 11.05 Ramsay's Kitchen Nightmares USA** (S, Rpt)
- 12.00 NOON News** (S, HD)
- 12.05 PM Come Dine with Me** (S, Rpt, HD)
- 1.05 Posh Pawnbrokers** Documentary. (S, Rpt)
- 2.10 Countdown** Word game. (S, HD)
- 3.00 A Place in the Sun** Minorca. (S, Rpt, HD)
- 4.00 A New Life in the Sun: Where Are They Now?** Catching up with two restaurateurs on Spain's Costa del Sol. (S, Rpt, HD)
- 5.00 Four in a Bed** The owners meet to find out how much they have been paid. (S, HD)
- 5.30 Come Dine with Me** Culinary challenge. The concluding party in Edinburgh. (S, HD)
- 6.00 The Simpsons** A Milhouse Divided: Homer takes drastic action in a bid to prevent his marriage hitting the rocks. (S, Rpt, AD)
- 6.30 Hollyoaks** Mitchell asks Martine and Walter for details about his father. (S, AD, HD)

- 7.00 News** (S, HD)
- 8.00 How Healthy Is Your Gut?** **New** One-off medical documentary in which Sabrina Grant examines why the gut is so important to wellbeing and how it affects everything from moods and energy, to sleep and health. Plus, she puts some popular health regimes to the test. (S, HD)
- 9.00 Gogglebox** TV review show which captures households' instant reactions to the programmes they are watching from the comfort of their own sofas. (S, HD)
- 10.00 The Last Leg** Topical comedy series in which Adam Hills, Josh Widdicombe and Alex Brooker are joined by guests for a light-hearted review of the significant moments of the past seven days. (S, HD)

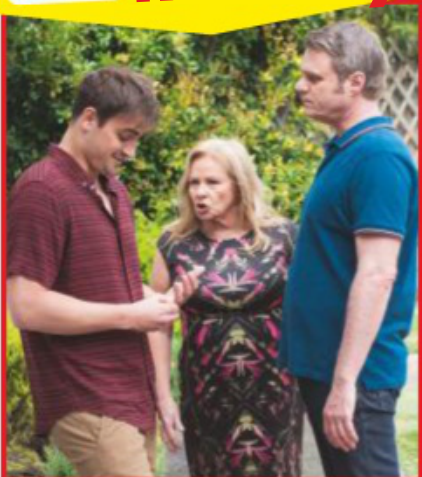
- 11.05 The Big Narstie Show** Last in the series of the chat show. With guests Tinie Tempah, Asim Chaudhry and Desiree Burch. (S, HD)
- 12.10 AM Film Popstar: Never Stop Never Stopping** Comedy. A former boy-band member does everything he can to maintain his celebrity status. Stars Andy Samberg and Jorma Taccone. (95mins, 2016, 15, S, W/S, HD) Rating ★★★ See Filmweek, page 32
- 1.45 The Simpsons** Double-bill. (S, Rpt, AD)
- 2.35 Come Dine with Me** Wiltshire. (S, Rpt, HD)
- 4.55 Location, Location, Location** (S, Rpt, HD)
- 5.50 to 6.00 AM Kirstie's Handmade Treasures**

S4C 6.00am Cyw 12.00noon Newyddion S4C a'r Tywydd 12.05pm Arfordir Cymru: Sir Benfro 12.30 Heno 1.00 Y Fets 2.00 Newyddion S4C a'r Tywydd 2.05 Prynhawn Da 3.00 Newyddion S4C a'r Tywydd 3.05 Priodas Pum Mil 4.00 Awr Fawr: Olobobs 4.05 Awr Fawr: Patrôl Pawennau 4.20 Awr Fawr: Halibaw 4.30 Awr Fawr: Sion y Chef 4.45 Awr Fawr: Cei Bach 5.00 Stwnsh: Gwboi a Twm Twm 5.10 Stwnsh: Chwarter Call 5.25 Stwnsh: Y Barf 5.50 Stwnsh: Ffeil 6.00 Dan Do 6.30 Heno 7.00 Newyddion S4C a'r Tywydd 7.20 LIVE: Clwb Rygbi Rhyngwladol Wales Under-20s v Scotland Under-20s, kick-off 7.35pm. 9.45 Noson Lawen 10.50-11.55pm Bang

- 6.00 AM Milkshake!** Children's programmes. (S)
- 9.15 Jeremy Vine** Discussion series. (S, HD)
- 11.15 Nightmare Tenants, Slum Landlords** Documentary series. (S, Rpt, HD)
- 12.10 PM News** (S, HD)
- 12.15 Parking Hell: At War with the Law** (S, Rpt)
- 1.10 Access** Showbiz news and gossip. (S, HD)
- 1.15 Home and Away** As 6.00pm. (S, Rpt, HD)
- 1.45 Neighbours** See 5.30pm. (S, AD, HD)
- 2.15 Film Premiere Killer Contractor** Thriller. A woman hires a former classmate to help fix up her old home – but he ends up causing a series of mishaps. Stars Alyshia Ochse. (105mins, 2019, PG, S, W/S, HD) Rating ★★
- 4.00 Friends** Phoebe's half-brother makes an announcement. (Series 4, ep 11, S, Rpt, HD)
- 4.30** Phoebe discovers the results of her pregnancy test. (Series 4, ep 12, S, Rpt, HD)
- 5.00 News** (S, HD)
- 5.30 Neighbours** Finn blurts out to Elly that he loves her, while Harlow gets no help when she tries to confide in Finn. (S, Rpt, AD, HD)
- 6.00 Home and Away** Marilyn bonds with the newcomers to the Bay, while Alf and Martha are understanding of Ryder's predicament and vow to help clear his name. (S, Rpt, HD)
- 6.30 News** (S, HD)

- 7.00 Secrets of the Royal Train** One-off documentary telling the story of the trains used by the monarchy for more than 150 years, meeting staff who have served on the Royal train for many years, including a man who accidentally walked in on the Queen in her nightgown. (S, Rpt) **News**
- 8.00 The Yorkshire Steam Railway: All Aboard** 4 of 6. Documentary series. As the August bank holiday coincides with a heatwave, a trackside wall collapse threatens to stop the railway in its tracks – until volunteers agree to work through the night to get it repaired. (S, HD) **News**
- 9.00 Celebrity Britain by Barge: Then & Now** 5 of 6. Travel series. In this edition, Bill Oddie, Jennie Bond, Anne Diamond and Pete Waterman head to Northamptonshire to navigate the Grand Union Canal – which was once the main link from Birmingham to London. (S, HD)
- 10.20 The Royals: A Family in Crisis** Saturday's documentary examining the issues affecting the monarchy in 2019, including the rift between princes Harry and William, the scandal surrounding Prince Andrew, and Prince Philip's car crash near Sandringham. (S, Rpt, HD)

- 11.50 My Houseful of Animals: 90 Cats & More** 1 of 2. Heartwarming and dramatic stories of animal rehabilitation, focusing on the people who look after animals. (S, Rpt, HD)
- 12.50 AM Lip Sync Battle UK** Music challenge. Comedian Jason Manford and actress Michelle Keegan compete. (S, Rpt, HD)
- 1.15 Interactive Gaming** (S, HD)
- 3.15 The Dog Rescuers with Alan Davies** (S, Rpt)
- 4.00 Recycling: Is it a Con?** (S, Rpt, HD)
- 4.45 House Doctor** Welton. (SL, S, Rpt)
- 5.10 Great Scientists** Einstein. (SL, S, Rpt)
- 5.35 to 6.00 AM Wildlife SOS** (SL, S, Rpt)



Neighbours

5STAR, 6.00pm

Sheila gets stuck in the middle of a dispute between Gary and Kyle, who is angry about Gary's forthcoming wedding to Prue.



The Hangover

ITV2, 9.00pm

In this hit comedy, a trio of friends (Zach Galifianakis, Bradley Cooper and Ed Helms) struggle to recall a stag party in Las Vegas.

On Demand

NETFLIX

Available on Netflix from today:



Lost Girls

This one-off, fact-based drama tells the story of the Long Island serial killer. Amy Ryan (centre) stars as a single mother investigating the disappearance of her 24-year-old daughter.

BBC Scotland

BBC
Scotland

Scot Only
FV 9
HD 108
Scot 68

Scotland Only: Sky 115 Freesat 106 Virgin 108
Rest of the UK: Sky 457 Freesat 108 Virgin 162

- 12.15 PM to 7.00 PM As shown on BBC2.
- 7.00 PM **Live SportsScene: Friday Night Football** Queen of the South v Ayr United: Leanne Crichton and Steven Thompson introduce the Championship clash at Palmerston Park, kick-off 7.05pm.
- 9.00 **The Nine** Scottish and international news.
- 10.00 **Scot Squad** Last in the series. Miekelson heads back to the streets, while the rest of the squad tackle countryside quarrels.
- 10.30 **A View from the Terrace** **New edition** Craig G Telfer, Craig Fowler, Shaughan McGuigan and Joel Sked present a sideways look at Scottish football.
- 11.30 PM to 12.00 M'T **Mirror Mirror** Rachel-Jane discusses living with autism, while Betty and John discuss serving fish to the Queen Mother.

ITV2

itv2

FV 6 Sky 118 Freesat 113 Virgin 115 (176 HD)

- 7.00 AM **The Ellen DeGeneres Show**
- 7.50 **Emmerdale** Last night's episodes.
- 8.50 **You've Been Framed! Gold**
- 9.20 **Superstore** Double-bill.
- 10.15 **Dinner Date** From Liverpool.
- 11.15 **Dress to Impress** Dating series.
- 12.15 PM **Emmerdale**
- 1.15 **You've Been Framed! Gold**
- 1.50 **The Ellen DeGeneres Show**
New edition Guest host Demi Lovato is joined by Justin Bieber.
- 2.45 **Dinner Date** From Cheshire.
- 3.50 **Dress to Impress** From Leeds.
- 4.50 **Take Me Out** Dating game show.
- 6.00 **You've Been Framed! Gold: Funniest 100** Comical clips.

- 7.00 **You've Been Framed! Gold: Family Special**
Harry Hill narrates a family-themed selection of camcorder calamities and viewers' mobile phone footage.

- 8.00 **Two and a Half Men** Walden goes on a road trip with Jenny and Barry to see his first car. (S11, ep21)
- 8.30 Larry calls off the wedding and Walden creates a robot. (S11, ep22)

- 9.00 **Pick Film The Hangover**
Comedy. Three men on a stag weekend in Las Vegas wake up to find they have lost the groom and cannot remember the night before. Stars Bradley Cooper, Ed Helms, Zach Galifianakis, Justin Bartha and Heather Graham. *Includes FYI Daily at 10.00pm.* (2009, 15) ★★★★★ See Filmweek, page 32

- 11.10 **Family Guy** Double-bill. Quagmire breaks his legs. (S12, ep17 of 21)
- 11.35 Lois decides to adopt a different lifestyle. (S11, ep6 of 22)
- 12.00 M'T **American Dad!** Double-bill. (S13, ep6) 12.30 AM (S13, ep1)
- 1.00 **The Cleveland Show** (S3, ep11)
- 1.30 **Two and a Half Men** See 8.00pm.
- 2.25 **Plebs** Double-bill of the comedy.
- 3.20 to 3.30 AM **Nightscreen**

BBC4

BBC
FOUR

FV 9
HD 106
Scot 68



- 7.00 **World News Today**
- 7.30 **Top of the Pops: 1989**
- 8.00 **Queens of Soul** A celebration of the female singers who define the genre, including Aretha Franklin.
- 9.00 **Top of the Pops: 1989** With Swing Out Sister, Chaka Khan and Queen.
- 9.30 **Metal Britannia** The emergence of the genre during the 1960s and '70s.
- 11.00 **New Slipknot Unmasked: All Out Life** A profile of the US metal band.
- 12.00 M'T **On Guitar: Lenny Kaye!**
- 1.00 AM **Showbands: How Ireland Learned to Party** Documentary.
- 2.00 **Hits, Hype & Hustle: An Insider's Guide to the Music Business**
- 3.00 to 4.00 AM **Queens of Soul**

ITV3

itv3

FV 10 Sky 119 Freesat 115 Virgin 117 (177 HD)

- 6.00 AM **Classic Coronation Street**
- 6.55 **Classic Emmerdale** Double-bill.
- 7.55 **Heartbeat** One Small Step.
- 8.55 **Man About the House**
- 9.55 **That's My Boy** Moving In.
- 10.25 **A Touch of Frost** See 11.00pm.
- 12.40 PM **Heartbeat** See 5.55pm.
- 1.45 **Classic Emmerdale** Double-bill.
- 2.50 **Classic Coronation Street**
- 3.55 **Midsomer Murders** Death in Chorus: Detective drama starring John Nettles. A choir member is murdered before a competition.
- 5.55 **Heartbeat** Carol struggles to control her feelings of guilt when a newborn baby dies in her care.

- 6.55 **Poirot** Double Sin: Mystery drama series. The Belgian sleuth considers retiring – but shelves his plans to investigate the theft of a collection of valuable miniature portraits.

- 8.00 **Doc Martin** 3 of 8. Double-bill. Ruth is concerned about becoming forgetful, and feels perturbed when Martin offers to perform a mini mental state examination on her.

- 9.00 **Doc Martin** 4 of 8. Martin has his second GMC assessment, and Penhale is unhappy when his predecessor, Mark Mylow, tries to take charge of his investigation.

- 10.00 **Scott & Bailey** Police drama series. Janet makes a gruesome discovery in a couple's home, and Rachel starts to feel claustrophobic in her marriage.

- 11.00 **A Touch of Frost** A Minority of One: Detective drama series starring David Jason. Jack investigates a police informant's death.
- 1.20 AM **A Touch of Frost** Nothing to Hide: The apparent accidental death of a drug addict takes a surprising turn, and Jack is forced to confront his own chequered past.
- 3.10 to 3.30 AM **Nightscreen**

ITVBe

itvBe

FV 26 Sky 131 Freesat 118 Virgin 119 (179 HD)

- 7.00 AM **The Bachelor** Double-bill.
- 8.45 **Be Beautiful** Make-up advice.
- 9.00 **Children's Programmes**
- 12.00 NOON **Income Property**
- 12.25 PM **The Real Housewives of Beverly Hills** US reality series.
- 1.20 **Absolutely Ascot** Reality series.
- 2.20 **Little Women: LA** Reality series.
- 3.15 **Real Housewives of New York City**
- 4.10 **The Real Housewives of Dallas**
- 6.00 **New Masters of Flip** 1 of 14. Dave and Kortney Wilson take on a tiny property that has big potential.
- 7.00 **Buying and Selling** Help for a couple who have been forced to move.
- 8.00 **Dinner Date** From London.
- 9.00 **Botched** Double-bill. Dr Paul Nassif helps a woman with blowfish lips.
- 10.00 Paul Nassif treats a nose that is stuck at a 7 o'clock angle.
- 10.55 **Chrisley Knows Best** Todd starts meddling in Faye's exercise routine.
- 11.25 The Chrisleys set up a newly single Chase on a blind date.
- 11.55 PM to 12.45 AM **The Only Way Is Essex**

ITV4

itv4

FV 24 Sky 120 Freesat 117 Virgin 118 (178 HD)

- 6.00 AM **Goals of the 70s**
- 6.10 **Only When I Laugh**
- 6.35 **Quincy ME** Expert in Murder.
- 7.25 **Kojak** Cry for the Kids.
- 8.20 **The Saint** Flight Plan.
- 9.30 **Racing: The Opening Show**
- 10.30 **Minder** Dead Men Do Tell Tales.
- 11.35 **The Professionals**
- 12.35 PM **The Sweeney** Trap.
- 1.45 **Quincy ME** The Last of Leadbottom.
- 2.45 **Kojak** Once More from Birdland.
- 3.50 **The Saint** Escape Route.
- 4.50 **Minder** You Need Hands.
- 6.00 **The Professionals** Bodie and Doyle receive information about a bomb due to explode in a courthouse.

- 7.00 **Cycling** Gary Imlach presents action from stage six of the Paris-Nice race, featuring a 160.5km course from Sorgues to Apt. With commentary by Ned Boulting.

- 8.00 **The Chase Celebrity Special** Game show. Mathew Horne, Danny Care, Jodie Kidd and Al Murray work as a team to secure a cash prize for charity.

- 9.00 **Film Firefox** Cold War action adventure. A US pilot comes out of retirement to steal a Soviet hi-tech fighter plane. Stars Clint Eastwood, Freddie Jones, David Huffman and Warren Clarke. *Includes FYI Daily at 10.05pm.* (1982, 15) ★★

- 11.45 **All Elite Wrestling: Dynamite**
New edition Action from the latest edition of the weekly AEW event, featuring the biggest stars on the roster, including Adam Page, Chris Jericho, Cody and Jon Moxley.
- 2.00 AM **Minder** Terry injures his hand, and Arthur's stand-in sidekick gets him mixed up in a heroin deal.
- 2.55 to 3.00 AM **Nightscreen**

Talking
Pictures TV

Talking Pictures
TV

FV 81 Sky 328 Freesat 306 Virgin 445

- 6.00 AM **Film Johnny On The Spot**
- 7.30 **Film Convoy** (1940, PG) ★★
- 9.15 **Film Trouble in Store** (1953)
- 11.00 **Richard Diamond** (S1, ep12)
- 11.35 **Film Catch Us If You Can** (1965)
- 1.25 PM **Talking Pictures 2.00 Rooms**
- 2.30 **Film Pink String and Sealing Wax** (1945, PG, b&w) ★★
- 4.35 **Film Love Story** (1944, U) ★★
- 6.50 **Glimpses: Guernsey in the 1970s**
- 7.15 **Film Ring of Spies** Fact-based spy thriller starring Bernard Lee. (1963, PG, b&w) ★★
- 9.00 **Hazell** The private eye is hired by a man whose wife has gone missing.
- 10.00 **Film Over the Hill** Emotional drama. Stars Olympia Dukakis and Sigrid Thornton. (1993, PG) ★★
- 12.05 AM **Film Frankenstein Created Woman** Hammer horror starring Peter Cushing. (1966, 15) ★★
- 2.05 **Film Invasion of the Bee Girls** Sci-fi adventure. (1973, 18) ★★
- 3.50 **Film The Black Abbot** Crime comedy. (1933, PG, b&w) ★★
- 5.00 to 6.00 AM **Rooms**

E4

FV 13 Sky 135 Freesat 122 Virgin 106 (145 HD)

- 6.00 AM **Hollyoaks** Double-bill.
 7.00 **How I Met Your Mother** Double-bill.
 8.00 **Baby Daddy** Double-bill.
 9.00 **Mike & Molly** Double-bill.
 10.00 **The Big Bang Theory** Double-bill.
 11.00 **The Goldbergs** Double-bill.
 12.00 NOON **Brooklyn Nine-Nine**
 1.00 PM **The Big Bang Theory**
 2.00 **Baby Daddy** Double-bill.
 3.00 **Mike & Molly** Double-bill.
 4.00 **The Goldbergs** Double-bill.
 5.00 **Brooklyn Nine-Nine** Double-bill.
 6.00 **The Big Bang Theory** Sheldon tries to find a gift for Amy. (S6, ep16)
 6.30 Raj is upset when Lucy runs away during their date. (S6, ep17)

- 7.00 **Hollyoaks** New episode
 7.30 **Man with a Plan** New episode
 Andi kisses up to Mrs Rodriguez to ensure that Emme gets the best teacher for first grade. (S1, ep19)

- 8.00 **Film Transformers: Revenge of the Fallen**
 Sci-fi action adventure sequel. The shape-changing robots fight for control of a machine hidden somewhere on Earth with the power to destroy planets. Stars Shia LaBeouf, Megan Fox and Tyrese Gibson. (2009, 12) ★★★★★

- 11.00 **Rick and Morty** (S1, ep5)
 11.30 **Mr Pickles** New episode (S1, ep10)
 11.45 **Robot Chicken** (S10, ep10)
 12.00 M'T **Rick and Morty** (S2, ep9)
 12.30 AM **The Big Bang Theory** Double-bill. (S6, ep6) 1.00 (S6, ep7)
 1.30 **Brooklyn Nine-Nine** Double-bill.
 2.30 **The Sex Clinic**
 3.25 **The Big Bang Theory** Double-bill
 4.15 to 6.00 AM **How I Met Your Mother**

5USA

FV 21 Sky 141 (Scot 169) Freesat 129 Virgin 153

- 9.00 AM **Criminals: Caught on Camera**
 9.20 **Murder, She Wrote** (S1, ep2)
 10.15 **CSI: NY** Second Chances. (S6, ep11)
 11.10 **The Mysteries of Laura** (S2, ep10)
 12.10 PM **Law & Order** US crime drama series. (S18, ep4) 1.10 (S18, ep5)
 2.05 (S18, ep8) 3.05 (S15, ep9)
 4.05 (S18, ep14) 5.00 (S18, ep15)
 6.00 (S15, ep18) 7.00 (S15, ep20)
 8.00 **NCIS: New Orleans** A deadly virus strikes a naval base. (S3, ep19)
 9.00 **NCIS: New Orleans** A sinister link is discovered between the police and a drugs ring. (S3, ep20 of 24)
 10.00 **Law & Order: Special Victims Unit**
 A woman is attacked in full view of her neighbours. (S17, ep13)
 11.00 **Law & Order: Special Victims Unit**
 The *Chicago PD* detectives pay a visit New York to apprehend two fugitive killers. (S17, ep14 of 23)
 11.55 **Law & Order: Special Victims Unit** (S17, ep1) 12.55 AM (S17, ep2)
 1.55 **Law & Order: Los Angeles** Drama series. (S1, ep9) 2.50 (S1, ep11)
 3.50 to 4.00 AM **Access**

Film4

FV 14 Sky 313 Freesat 300 Virgin 428 (429 HD)

- 11.00 AM **Film The Greatest Show on Earth** Drama. A famous French aerialist joins a travelling three-ring circus. Stars Charlton Heston and Betty Hutton. (1952, U) ★★★
 2.10 PM **Film Man in the Saddle**
 Western. A rancher is forced to adopt violent methods to protect his land from a wealthy cattleman taking over the territory. Stars Randolph Scott. (1951, PG) ★★★★★
 4.05 **Film The Pink Panther Strikes Again** Comedy. The inspector is targeted by assassins. Stars Peter Sellers, Herbert Lom and Lesley-Anne Down. (1976, PG) ★★★

- 6.25 **Film Now You See Me 2**
 Crime thriller sequel. The gang of magicians-turned-criminals is reunited by a ruthless technology magnate, who forces the team to carry out a seemingly impossible heist. Stars Jesse Eisenberg, Mark Ruffalo, Woody Harrelson and Daniel Radcliffe. (2016, 12) ★★★
 See Filmweek, page 32

- 9.00 **Film Baywatch**
 Action comedy based on the TV series. A veteran lifeguard teams up with an Olympic swimmer to scupper a criminal scheme. Stars Dwayne Johnson, Zac Efron and Alexandra Daddario. (2017, 15) ★★
 See Filmweek, page 32

- 11.15 **Film This Is England** Drama set in the 1980s. A 12-year-old boy joins a group of skinheads. Stars Thomas Turgoose. (2006, 18) ★★★★★ See Filmweek, page 30
 1.20 to 3.15 AM **Film Green Room**
 Thriller. A club owner holds the members of a punk band captive. Stars Anton Yelchin and Patrick Stewart. (2015, 18) ★★★★★

5STAR

FV 30 Sky 128 Freesat 131 Virgin 151

- 8.00 AM **3rd Rock from the Sun**
 8.20 **House** Double-bill of the series.
 10.05 **Bad Tenants, Rogue Landlords**
 12.05 PM **Can't Pay? We'll Take It Away!**
 3.00 **Neighbours** 3.30 **Home and Away**
 4.00 **House** 6.00 **Pick Neighbours**
 Sheila gets stuck in the middle of a dispute between Gary and Kyle.
 6.30 **Home and Away** New episode
 7.00 **Nightmare Tenants, Slum Landlords** Documentary series.
 8.00 **Sinkholes: Buried Underground**
 1 of 3. Documentary examining the underlying forces behind sinkholes.
 9.00 **Film Hansel & Gretel: Witch Hunters** Fantasy. The fairy-tale brother and sister grow up to battle a sorceress who is stealing children. Stars Gemma Arterton and Jeremy Renner. (2013, 15) ★★★★★
 10.50 **Impact Wrestling** Latest action.
 12.50 AM **Young, Dumb and Banged Up in the Sun** Documentary series.
 1.50 **Britain's Pushiest Parents**
 2.50 **Celebrity Botched Up Bodies**
 3.35 to 4.00 AM **Two and a Half Men**

More4

FV 18 Sky 136 Freesat 124 Virgin 147 (195 HD)

- 8.55 AM **Kirstie's Handmade Treasures**
 9.15 **A Place in the Sun**
 10.05 **A Place in the Sun: Winter Sun**
 11.05 **Find It, Fix It, Flog It** Henry Cole builds a lamp from a copper pipe.
 12.10 PM Henry and Simon visit a military vehicle enthusiast.
 1.15 **Escape to the Chateau: DIY**
 Anna and Edward host a wedding – but Edward is put out of action.
 2.20 **Four in a Bed** Back-to-back editions of the B&B challenge.
 4.55 **The Secret Life of the Zoo** Asian elephant Thi prepares to give birth.
 5.55 **Car S.O.S** Fuzz Townshend and Tim Shaw restore a 1962 Jaguar Mk2.

- 6.55 **Escape to the Chateau: DIY**
 Dick Strawbridge demonstrates how he maintains his land on his trusty tractor, while three sisters raised in the UK travel to France.

- 7.55 **Grand Designs** Kevin McCloud follows the progress of musician Toby Leeming as he sets out to build a house wrapped around an ancient oak tree in rural Suffolk.

- 9.00 **Just One Look** New episode
 Last in the series. Eva discovers the key to the mystery. Bastien's survival hangs by a thread and she must act fast to save him. (S1, ep6)

- 10.15 **24 Hours in A&E** A 50-year-old mechanical engineer is rushed in with a suspected heart attack, while two elderly people are admitted with possible brain haemorrhages.

- 11.20 **24 Hours in A&E** An 89-year-old woman is brought to King's after a fall, while a 23-year-old is examined following an epileptic seizure.

- 12.20 AM **Ramsay's Kitchen Nightmares USA** The chef visits a restaurant in Connecticut neglected by its husband-and-wife managers.
 1.20 **24 Hours in A&E** Double-bill.
 3.25 to 3.50 AM **Food Unwrapped**

Drama

FV 20 Sky 143 Freesat 158 Virgin 130

- 7.10 AM **Soldier, Soldier** 9.00 **The Bill**
 10.00 **Holby City** 11.00 **Casualty**
 12.00 NOON **The Bill** 1.00 PM **EastEnders**
 2.20 **London's Burning** Drama series.
 3.20 **Monarch of the Glen** Drama series.
 4.20 **Bergerac** Detective drama series.
 5.25 **Bread** Comedy series.
 6.00 **Hi-de-Hi!** Comedy series.
 6.40 **As Time Goes By** Comedy.
 7.20 **Last of the Summer Wine** Hobbo becomes a master of disguise.
 8.00 **Murdoch Mysteries** Drowning in Money: Detective drama series. Murdoch suspects murder at what first appears to be a double suicide.
 9.00 **Death in Paradise** Amongst Us: A murder uncovers a case of money-laundering and secret identity.
 10.15 **New Tricks** Loyalties and Royalties: Crime drama. The team investigates the death of a 1970s rock star.
 11.35 **Waking the Dead** Final Cut: Crime drama starring Claire Goose. A mummified body is discovered.
 2.00 AM **The Bill** Police drama series.
 2.50 to 4.00 AM **London's Burning**

Dave

FV 19 Sky 111 Freesat 157 Virgin 127 (227 HD)

- 7.10 AM **Eat Your Heart Out with Nick Helm** Double-bill of the series.
 8.00 **American Pickers**
 9.00 **Storage Hunters** Double-bill.
 10.00 **American Pickers** Double-bill.
 12.00 NOON **Timber Kings**
 1.00 PM **Top Gear** Motoring series.
 2.00 **Cop Car Workshop**
 3.00 **Scrapyard Supercar** A challenge involving a plane-pulling contest.
 4.00 **Top Gear** Richard Hammond drives two Lamborghinis in Italy.
 5.00 **Top Gear** Host Jeremy Clarkson drives the Jaguar F-Type.
 6.00 **Taskmaster** Greg Davies and Alex Horne present the series 7 final

- 7.00 **Room 101** Double-bill of the panel game. With Jimmy Carr, Steven Moffat and Rochelle Humes.
 7.40 With Vicky McClure, Sandi Toksvig and Josh Widdicombe.

- 8.20 **Have I Got a Bit More News for You** Stephen Mangan hosts an extended edition of the topical quiz series from 2017. With Steph McGovern and Jo Caulfield.

- 9.20 **Would I Lie to You?** Comedy panel game hosted by Rob Brydon. Warwick Davis, Paul Hollywood, Jason Manford and Joan Bakewell join David Mitchell and Lee Mack.

- 10.00 **Red Dwarf** Kryten discovers a developing fluid has mutated, causing photos to come to life.
 10.40 Kryten discovers that he is due to die in less than 24 hours.

- 11.20 **Meet the Richardsons** 3 of 6. Lucy goes on a wild night out in London with TV personality Alan Carr.
 12.00 M'T **Taskmaster** See 6.00pm.
 1.00 AM **Have I Got a Bit More News for You** As shown at 8.20pm.
 2.00 **Room 101** See 7.00pm.
 2.40 **Go 8 Bit: DLC** Double-bill of the *Go 8 Bit* companion series.
 3.30 to 4.00 AM **The Indestructibles**

Pick

FV 11 Sky 152 Freesat 144 Virgin 165

- 7.00 AM **Motorway Patrol**
 8.00 **Police Force: Australia**
 9.00 **Nothing to Declare** 10.00 **Border Security** 11.00 **Road Wars** 11.30 **Caught Red Handed** 12.15 PM **Caught Red Handed** 1.00 **Police Force: Australia** 2.00 **Border Patrol** 3.00 **Nothing to Declare**
 4.00 **Border Security** Double-bill.
 5.00 **Stargate SG-1** (S1, ep15)
 6.00 **Star Trek: The Next Generation**
 7.00 **Hawaii Five-0** (S6, ep10)
 8.00 **Elementary** Holmes searches for a doctor selling drugs. (S5, ep10)
 9.00 **Ross Kemp: Extreme World**
 10.00 **The Force: Manchester**
 11.00 **The Force: Essex**
 12.00 M'T **Banged Up Abroad**
 1.00 AM **Road Wars** Real-life crimes.
 2.00 **Nothing to Declare** Double-bill.
 3.00 **Stop, Search, Seize**
 4.00 **Motorway Patrol** Double-bill.
 5.00 to 5.30 AM **Highway Patrol**

more freeview

Yesterday



FV 25 Sky 155 Freesat 159 Virgin 129

- 6.00 AM **Ronnie Kray and the Pervert Peer** 7.10 **Viking Dead** 8.00 **Murder Maps** 9.00 **Hitler's Propaganda Machine** Documentary. 10.00 **Auschwitz: The Nazis and the Final Solution** 11.00 **Abandoned Engineering** 12.00 NOON **Impossible Engineering** 1.00 PM **Time Team** Bamburgh. 2.00 **Walking Through History** 3.00 **Abandoned Engineering** 4.00 **Impossible Engineering** 5.00 **The Good Nazi** 6.00 **Auschwitz: The Nazis and the Final Solution**

Sony Channel



FV 48 Sky 157 Freesat 142 Virgin 189

- Not available nationwide on Freeview*
6.10 AM **The Waltons** 7.10 **Hart to Hart** Double-bill. 9.10 **Days of Our Lives** 10.00 **Hart to Hart** US drama. 11.00 **Charlie's Angels** 12.00 NOON **Starsky & Hutch** 1.00 PM **T.J. Hooker** 2.00 **Hart to Hart** Double-bill. 4.00 **Murder, She Wrote** Jessica uncovers rivalry at an ice-cream company. 5.00 **Murder, She Wrote** Jessica testifies in court. 6.00 **Charlie's Angels** The team investigates the murder of a rollerskating champion.

Quest

QUEST

FV 12 Sky 144 Freesat 167 Virgin 169

- 6.00 AM **How Do They Do It?** 6.20 **American Pickers:** 7.10 **Deadliest Catch** 8.00 **Cooper's Treasure** 9.00 **Outback Truckers** 10.00 **Wheeler Dealers** 11.00 **Chasing Classic Cars** 12.00 NOON **American Pickers** 1.00 PM **Railroad Alaska** 2.00 **Deadliest Catch** 3.00 **Gold Divers** Reality series. 4.00 **Salvage Hunters** 5.00 **Outback Truckers** Yogi prepares for a showdown with transport police. 6.00 **Wheeler Dealers** The duo take on their first Honda.

Really

REALLY

FV 17 Sky 142 Freesat 160 Virgin 128

- 6.00 AM **Fantasy Homes by the Sea** From Donegal. 7.00 **Home Shopping** 8.00 **Homes Under the Hammer** 10.00 **Celebrity Antiques Road Trip** See 6.00pm. 11.00 **Antiques Road Trip** 1.00 PM **Fantasy Homes by the Sea** Double-bill. 3.00 **French Collection** 4.00 **DIY SOS: Homes for Veterans: Part One** 5.00 **DIY SOS: Homes for Veterans: Part Two** 6.00 **Celebrity Antiques Road Trip** Oona King and Jenni Murray explore London.

7 PM

- 7.00 **Abandoned Engineering** A secretive underground base that concealed the power to destroy nations.

8 PM

- 8.00 **Warbird Workshop** A US Army Air Force C47 Skytrain is at the centre of one of the UK's most ambitious warbird rebuilds.

9 PM

- 9.00 **Abandoned Engineering** The history of the Trans-Allegheny psychiatric hospital in West Virginia.

10 PM

- 10.00 **Abandoned Engineering** The story of a mysterious top-secret facility and a vast Nazi construction.

- 11.00 **Impossible Engineering** The Shanghai Tower. 12.00 M'T **Abandoned Engineering** See 7.00pm. 1.00 AM **Auschwitz: The Nazis and the Final Solution** How corruption became rife within the SS. 2.00 to 3.00 AM **Ronnie Kray and the Pervert Peer**

- 7.00 **M*A*S*H** Four episodes. Klinger becomes company commander. (S10, ep10) 7.30 Klinger attempts to make contact with the spirit world. (S10, ep11) 8.00 Charles gives a lecture. (S10, ep12 of 22) 8.30 A journalist visits the camp. (S10, ep13 of 22)

- 9.00 **Classic Who Wants to Be a Millionaire?** Four editions of the quiz, hosted by Chris Tarrant, in which contestants answer questions that could change their lives – with Ask the Audience, Phone a Friend and 50-50 available to them if they get stuck.

- 1.00 AM **M*A*S*H** Radar has a brainwave. (S2, ep12) 1.30 Radar suffers an accident. (S2, ep13) 2.00 **Charlie's Angels** As 6pm. 3.00 **M*A*S*H** (S8, ep8 of 25) 3.30 **The Waltons** Drama. 4.20 **Touched by an Angel** 5.10 to 6.00 AM **Highway to Heaven**

- 7.00 **American Pickers** Some of Mike and Frank's finest finds and most premium picks, related to the rich and famous.

- 8.00 **Salvage Hunters** Modern-day treasure hunter Drew Pritchard scours sites around the UK for valuable items.

- 9.00 **Hunting Hitler** *New edition* 8 of 9. An FBI report places Hitler in Colombia after unloading from a plane.

- 10.00 **Houdini's Last Secrets** 1 of 4. Series in which a team of experts investigate Harry Houdini's illusions.

- 11.00 **How Do They Do It?** Fender Stratocaster. 11.30 The making of chocolate digestives. 12.00 M'T **Wheeler Dealers** 1.00 AM **Outback Truckers** 2.00 **American Chopper** 3.00 **Fantomworks** 4.00 **Dirty Jobs** 5.00 to 6.00 AM **How It's Made**

- 7.00 **Antiques Road Trip** Charlie Ross and Natasha Raskin visit Farnham in Surrey, before travelling to an auction in Towcester.

- 8.00 **Antiques Road Trip** Charlie Ross and Natasha Raskin travel from Ashby-de-la-Zouch to Stansted Mountfitchet in Essex.

- 9.00 **Destination Fear** *New edition* 7 of 10. The team investigates one of the most haunted locations in Michigan.

- 10.00 **Most Haunted** *New edition* 2 of 2. Yvette Fielding and the team visit Beaumanor Hall in Leicestershire.

- 11.00 **Ghost Adventures** The crew investigates an abandoned hospital. 12.00 M'T **Paranormal** activity believed to have been caused by UFOs. 1.00 AM **Most Haunted** 2.00 **Home Shopping** 4.00 to 6.00 AM **Antiques Road Trip**

Picks of the day



Modern Family

Sky One, 8.30pm
Cameron prepares the Christmas dinner – while hiding the fact that he's got a job interview lined up.



Chicago Fire

Sky Witness, 9.00pm
Kidd (Miranda Rae Mayo) and her colleagues become embroiled in a rivalry with the Firehouse 20 crew.

Sony Movies



FV 32 Sky 321 Freesat 302 Virgin 425

- 9.00 AM **Film The Bad Twin** Thriller. (2016, PG) ★★ 11.05 **Film Driven** **Underground** Drama. (2015, PG) ★★ 1.00 PM **Film Wrong Swipe** Thriller. (2016, U) ★★ 2.45 **Film Lies and Deception** Thriller. (2005, PG) ★★ 4.30 **Film My Girl 2** Comedy drama sequel. Stars Anna Chlumsky. (1994, PG) ★★ 6.35 **Film Little Women** Period drama starring Winona Ryder and Susan Sarandon. (1994, U) ★★★ 9.00 **Film The Hunger Games** Adventure. Stars Jennifer Lawrence. See Filmweek, page 32 (2012, 12) ★★★★★ 11.45 **Film The 5th Wave** Sci-fi starring Chloë Grace Moretz. (2015, 15) ★★ 2.05 AM **Film Aftermath** Drama. (2016, 15) ★★ 3.55 to 5.50 AM **Film I Spy** Secret-agent comedy. (2002, 12) ★★

Sony Movies Classic



FV 50 Sky 319 Freesat 303 Virgin 424

- 6.00 AM **Film The Narrow Margin** (1952, PG) ★★★★★ 7.25 **Film I Didn't Do It** (1945) 9.30 **Film The Secret Life of Walter Mitty** (1947) 11.45 **Film The Princess and the Pirate** (1944) ★★★★★ 1.40 PM **Film A Weekend with Lulu** (1961) ★★★ 3.30 **Film The Great Lover** 5.10 **Film Road to Bali** Comedy. (1952, U) ★★★★★ 7.05 **Film The Admirable Crichton** Satirical comedy. (1957, U) ★★★ 9.00 **Film StakeOut** Thriller starring Richard Dreyfuss. (1987, 15) ★★★★★ 11.25 **Film The Big Chill** Drama. (1983, 15) ★★★★★ See Filmweek, page 32 1.30 AM **Film A Man Called Django** (1971, 12) ★★ 3.20 **Film Strongroom** Crime drama. (1961, PG) ★★ 4.35 to 6.00 AM **Film The Giants of Thessaly** Adventure. (1960, U) ★★

Challenge



FV 46 Sky 151 Freesat 146 Virgin 164

- 7.00 AM **Catchphrase** 7.30 **Deal or No Deal** 9.00 **The Chase** Quiz series. 10.00 **Dale's Supermarket Sweep** Game show. 11.00 **Bruce's Price Is Right** 12.00 NOON **Wheel of Fortune** 1.00 PM **Catchphrase** 2.00 **Family Fortunes** 2.30 **All Star Family Fortunes** 4.00 **Bullseye** Darts-based quiz. 5.00 **Golden Balls** Game show. 6.00 **Weakest Link** Quiz series. 7.00 **Pointless** Quiz hosted by Alexander Armstrong. 8.00 **Impossible** Game show hosted by Rick Edwards. 9.00 **The Chase** Quiz series hosted by Bradley Walsh. 10.00 **Who Wants to Be a Millionaire?** Quiz series hosted by Chris Tarrant. 11.00 **Bullseye** Darts-based quiz. 12.00 M'T **Classic Who Wants to Be a Millionaire?** 1.00 AM **The Chase** Triple-bill. 4.00 to 5.20 AM **Deal or No Deal**

Quest Red



FV 38 Sky 149 Freesat 169 Virgin 170

- 6.00 AM **Say Yes to the Dress** 7.00 **Bondi Vet** Documentary. 8.00 **Animal Cops** Phoenix 10.00 **Money for Nothing** 11.00 **Forensic Detectives** 12.00 NOON **Disappeared** 2.00 PM **Murder Comes to Town** Zilpha Lowery. 3.00 **Say Yes to the Dress: Bridesmaids** 6.00 **Money for Nothing** Transforming a tin bath. 7.00 **Posh Pawnbrokers** 8.00 **Embarrassing Fat Bodies** 9.00 **Criminal Confessions** *New edition* Documentary. 10.00 **Dr G: Medical Examiner** *New edition* Documentary. 11.00 **The Lady Killers** 12.00 M'T **Forensic Detectives** 1.00 AM **Crime Stories** *New edition* Documentary. 2.00 **Murder Comes to Town** 3.00 **FBI Files** Documentary. 3.50 **Animal Cops** Phoenix 4.40 **Bondi Vet** Reality series. 5.30 to 6.00 AM **Say Yes to the Dress**

Paramount Network



FV 31 Sky 150 F'sat 132 Vir 188 (187 HD)

- 9.00 AM **The A-Team** 11.00 **Knight Rider** Double-bill. 1.00 PM **Police Interceptors** 3.00 **Traffic Cops** Double-bill. 5.00 **The A-Team** The gang helps a terrorised peace-loving group. (S2, ep22) 6.00 Time runs out for the renegades. (S2, ep23) 7.00 **Police Interceptors** A petrol thief's stealing spree comes to a halt. 8.00 **Traffic Cops** Double-bill. 10.00 **Criminals: Caught on Camera** How CCTV footage helped police track down arsonists. 11.00 **Gangs & Guns: Caught on Camera** An armed gang goes on the rampage. 12.00 M'T **Spartacus: War of the Damned** (S4, ep5) 1.05 AM **Airwolf** Double-bill. 3.05 **Vikings** (S1, ep3) 3.55 **Wentworth Prison** 4.45 **Now That's Funny!** 5.30 to 6.00 AM **Criminals: Caught on Camera**

PRIME-TIME

Sky One sky one

Sky 106 Virgin 110 (109 HD)

6.00 AM **Monkey Life**
7.00 **RSPCA Animal Rescue**
8.00 **The Dog Whisperer**
9.00 **Stop, Search, Seize**
10.00 **Highway Patrol**
11.00 **NCIS: Los Angeles**
1.00 PM **Hawaii Five-0**
3.00 **MacGyver** (S2, ep15)
4.00 **Modern Family** Double-bill.
5.00 **The Simpsons** Animation.
5.30 **Futurama** 3 of 4. Lars proposes to Leela.
6.00 4 of 4. The aliens command all human beings to leave Earth.
6.30 **The Simpsons** Marge joins a women's group.

7.00 **The Simpsons**
The family explores Italy.
7.30 Homer learns Grampa may not be his father.
8.00 **New episode**
Sideshow Bob gets a job as a Santa at a mall.
8.30 **Pick Modern Family**
New episode Cam wants to keep his big interview a secret. (S11, ep9 of 18)

9.00 **Carpool Karaoke: Special**
Celine Dion joins James Corden for a spin around Las Vegas as they sing some of her hits.

10.00 **The Late Late Show with James Corden: Best of the Week**
New edition Highlights of the US talk show.

11.00 **The Trip to Greece** 3 of 6. Rob and Steve enjoy a rainy day at Delphi.
11.35 **Avenue 5** (S1, ep8)
12.10 AM **Caught on Dashcam**
1.05 **Flintoff: Lord of the Fries**
2.05 **The Force: Manchester**
3.05 **Road Wars** Documentary.
4.00 **Stop, Search, Seize**
5.00 to 6.00 AM **Futurama**

Sky Crime crime

Sky 121 Virgin 136 (135 HD)

6.00 AM **Motorway Patrol**
7.00 **Highway Cops** Double-bill.
8.00 **Border Security: Canada's Front Line** Double-bill.
9.00 **Send in the Dogs**
10.00 **Road Wars** 11.00 **Brit Cops: Rapid Response**
12.00 NOON **Highway Cops**
1.00 PM **A Lie to Die For**
2.00 **Killer Colleagues**
3.00 **Border Security: Canada's Front Line** Double-bill.
4.00 **Road Wars** Documentary.
5.00 **Brit Cops: Rapid Response**
6.00 **Send in the Dogs**
7.00 **Snapped** The murder of a wealthy grandmother.
8.00 **Murders That Shocked the Nation** David McGreavy.
9.00 **Dateline** **New edition**
10.00 **Snapped** **New edition**
11.00 **World's Most Evil Killers**
1.00 AM **Killer Lovers**
2.00 **Snapped** Documentary.
3.00 **Murder Calls** 4.00 **Brit Cops: Rapid Response**
5.00 to 6.00 AM **Motorway Patrol**

Sky Witness witness

Sky 107 Virgin 112 (111 HD)

6.00 AM **Nothing to Declare**
8.00 **The Real A&E**
9.00 **Blue Bloods** (S7, ep16)
10.00 **Criminal Minds**
11.00 **CSI: Crime Scene Investigation** (S6, ep21)
12.00 NOON **Elementary**
1.00 PM **Blue Bloods** (S7, ep17)
2.00 **Law & Order** (S12, ep16)
3.00 **The Real A&E** A 12-year-old boy is rushed to A&E
4.00 **Stop, Search, Seize**
Documentary series.
5.00 **Nothing to Declare**
Back-to-back editions of the series following the work of customs officers.

7.00 **Nothing to Declare**
Officers grow suspicious of a Ferrari's contents.
7.30 Officers are alerted to a suspicious passenger.

8.00 **Chicago Med**
New episode A major accident shakes the staff of the emergency department. (S5, ep11)

9.00 **Pick Chicago Fire**
New episode A pest-control issue forces to the 51 team to bunk with Firehouse 20. (S8, ep11)

10.00 **Chicago PD**
New episode A string of acts of vandalism raises tension in a close-knit neighbourhood. (S7, ep11)

11.00 **Law & Order: Special Victims Unit** (S16, ep4)
12.00 M'T **CSI: Crime Scene Investigation** (S8, ep1)
1.00 AM **Shades of Blue**
2.00 **Blue Bloods** (S10, ep2)
3.00 **Ghost Whisperer**
4.00 **Road Wars** Documentary.
5.00 to 6.00 AM **Brit Cops: Law & Disorder**

Alibi alibi

Sky 132 Virgin 126 (212 HD)

7.10 AM **Murdoch Mysteries**
10.00 **The Guardian**
11.00 **Sue Thomas: FB Eye**
12.00 NOON **Major Crimes**
1.00 PM **Rush** Double-bill of the crime drama series.
3.00 **Murdoch Mysteries**
Double-bill of the series.
6.00 **Major Crimes**
The team searches for a man on the run after two officers are gunned down.
7.00 **Motive** The son of a politician is murdered.
8.00 **Motive** A video-game designer is decapitated.
9.00 **Death in Paradise** The cops are forced to spend the night with a killer.
10.20 **Frankie Drake Mysteries**
Frankie and Trudy are hired by a factory owner.
11.20 **New Tricks** The Curate's Egg: Crime drama series. The team investigates the murder of a vicar.
12.40 to 4.00 AM **Murdoch Mysteries**

Sky Atlantic atlantic

Sky 108

6.00 AM **Urban Secrets** 2 of 8.
7.00 **Without a Trace** US crime drama. (S4, ep6) 8.00 (S4, ep8) 9.00 (S4, ep9)
10.00 **The West Wing** US drama.
12.00 NOON **Blue Bloods**
1.00 PM **CSI: Crime Scene Investigation** (S6, ep8)
2.00 **The West Wing** US drama. (S3, ep17) 3.00 (S3, ep18)
4.00 **Without a Trace** Samantha tracks a woman who has amnesia. (S4, ep10 of 24)
5.00 **Without a Trace** A medic goes missing. (S4, ep11)
6.00 **Without a Trace** A therapist disappears. (S4, ep12)

7.00 **CSI: Crime Scene Investigation**
Grissom investigates the case of a man who died from overeating. (S6, ep9)

8.00 **Blue Bloods** An officer is killed arresting a drug dealer, and Danny grows obsessed with catching the culprit. (S2, ep15)

9.00 **Babylon Berlin**
New episode Double-bill. Rath's investigation into the Betty Winter case proceeds. (S3, ep3)

10.00 **Babylon Berlin**
New episode Lotte and Gereon attend a strange event at Tristan Rot's. Subtitled. (S3, ep4)

11.00 **The Outsider** The group finds itself in a climactic showdown. (S1, ep10)
12.05 AM **Oz** US prison drama. (S5, ep5) 1.20 (S5, ep6)
2.35 **Film Real Women Have Curves** Comedy drama starring America Ferrera. (2002, 12) ★★★
4.15 to 6.00 AM **The West Wing**

Discovery Discovery CHANNEL

Sky 125 Virgin 250

6.00 AM **Combat Dealers**
7.00 **The Somme: The First 24 Hours** 8.00 **Kindig Customs** 9.00 **Jeremy Wade's Dark Waters**
10.00 **Nasa's Unexplained Files**
11.00 **Fast N' Loud** 12.00 NOON **Gold Rush** 1.00 PM **Alaska: The Last Frontier**
2.00 **Combat Dealers**
3.00 **World War Two: The Complete History**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud**
7.00 **Gold Rush** Reality series.
8.30 **Gold Rush: The Dirt**
9.00 **Curse of the Bermuda Triangle** **New edition** 2 of 8. Documentary.
10.00 **Son of Sam: The Hunt for a Killer** Double-bill.
12.00 M'T **People Magazine Investigates** **New edition**
1.00 AM **FBI Files** Triple-bill.
3.50 **Kindig Customs**
4.40 **Bitchin' Rides**
5.30 to 6.00 AM **How It's Made**

GOLD GOLD

Sky 110 Virgin 124

7.20 AM **The Piglet Files**
7.45 **As Time Goes By**
8.20 **Porridge** Prison comedy.
9.40 **Hi-de-Hi!** Comedy series.
10.20 **Last of the Summer Wine**
12.20 PM **Keeping Up Appearances** Comedy.
1.00 **Hi-de-Hi!** Comedy series.
1.40 **The Good Life** Comedy.
2.20 **Keeping Up Appearances**
Hyacinth makes a plans for a riverside picnic.
3.00 **Dad's Army** Double-bill.
4.20 **Last of the Summer Wine**
Triple-bill of the comedy.
6.20 **The Good Life** Tom and Barbara talk to their plants.

7.00 **Porridge** Comedy remake. A visitor poses problems for Fletch.

7.40 **Dad's Army** Double-bill of the comedy. Mainwaring takes drastic measures to help Jones when he suffers a financial crisis.
8.20 Captain Mainwaring starts a recruitment campaign for the platoon.

9.00 **Only Fools and Horses** If They Could See Us Now: Christmas special from 2001. The Trotters lose their fortune, and receive terrible news about Uncle Albert.

10.35 **Peep Show** Life begins to take a positive turn for Jeremy and Mark.

11.05 **Peep Show** Mark's book is accepted by a publisher.
11.40 **All Round to Mrs Brown's**
With guests Michael Ball, Sunetra Sarker, Yvette Fielding and the Vamps.
1.00 AM **Harry Enfield and Chums** Sketch show.
1.35 **Peep Show** Double-bill.
2.35 to 4.00 AM **The Rebel**

Sky Comedy comedy

Sky 113 Virgin 122 (121 HD)

8.00 AM **Everybody Hates Chris**
9.00 **Parks and Recreation**
10.30 **30 Rock** Triple-bill.
12.00 NOON **The Mindy Project**
New episodes Triple-bill.
1.30 **Modern Family**
2.30 **Everybody Hates Chris**
3.30 **Parks and Recreation**
5.00 **30 Rock** (S5, ep23) 5.30 (S6, ep1) 6.00 (S6, ep2)
6.30 **Modern Family** Triple-bill. (S3, ep21) 7.00 (S3, ep22)
7.30 **The Mindy Project**
Triple-bill. (S5, ep10) 8.00 (S5, ep11) 8.30 (S5, ep12)
9.00 **Veep** US comedy series. (S2, ep5) 9.35 (S2, ep6)
10.15 **Sex and the City** (S3, ep5)
10.50 **The Tonight Show Starring Jimmy Fallon**
New edition Chat show.
11.50 **The Late Late Show with James Corden**
New edition Chat show.
12.50 AM **Entourage** (S3, ep19)
1.25 **Silicon Valley** Double-bill.
2.35 **Parks and Recreation**
3.30 to 5.00 AM **30 Rock**

W W

Sky 109 Virgin 125 (211 HD)

6.10 AM **MasterChef Australia**
7.30 **Renovate My Home: Leave It to Bryan**
8.00 **Tipping Point** Double-bill.
10.00 **The Bill** Police drama.
11.00 **Supernanny US**
12.00 NOON **Tipping Point**
2.00 PM **Property Brothers: Forever Home**
3.00 **My Dream Home** A pair of tennis players seek a large home in the country.
4.00 A couple searching for a permanent end to their rental situation.
5.00 **Tipping Point** Quiz series hosted by Ben Shephard.

7.00 **Property Brothers: Forever Home**
New edition Drew and Jonathan Scott tackle a tired Las Vegas property.

8.00 **Sun, Sea and Brides to Be** A couple face a dilemma, and a bride struggles to cope with rising temperatures.

9.00 **999 Rescue Squad**
Emergency teams stand by for casualties as police launch an armed raid on the home of a wanted man.

10.00 **Should I Go Under the Knife?** A clinic in Brazil providing cosmetic surgery for customers on low incomes.

11.00 **Inside the Ambulance**
Medics rush to help a man who is fighting for breath with sudden chest pain.
12.00 M'T **One Born Every Minute**
A couple await the arrival of their third child.
1.00 to 3.00 AM **I've Got Something to Tell You**
Double-bill of the series.

Fox FOX

Sky 124 Virgin 157 (199 HD)

8.00 AM **Republic of Doyle**
9.00 **Bones** 10.00 **Bull**
11.00 **NCIS** (S13, ep5)
12.00 NOON **Bones** Double-bill.
2.00 PM **The Mentalist**
3.00 **NCIS** (S13, ep6)
4.00 **Bull** (S2, ep7)
5.00 **Bones** (S2, ep19)
6.00 **The Mentalist** Last-ever episode. Patrick asks Lisbon for her hand in marriage. (S7, ep13)
7.00 **NCIS** Ducky is forced to reveal that he has been helping to solve crimes in his spare time. (S13, ep7)
8.00 **NCIS** DiNozzo must help an old flame. (S13, ep8)
9.00 **NCIS** **New episode** Gibbs assists Ziva. (S17, ep11)
10.00 **War of the Worlds**
11.00 **American Dad!**
12.00 M'T **Family Guy**
1.00 AM **American Dad!**
2.00 **Family Guy** Double-bill.
3.00 **American Dad!**
4.00 to 5.00 AM **Republic of Doyle**

FRIDAY

7 PM

8 PM

9 PM

10 PM

PRIME-TIME

(BT) SPORT 1

Sky 413 Virgin 527

- 2.30 AM **Live Cricket**
Australia v New Zealand. Coverage of the opening ODI from the SCG.
- 10.45 **Premier League Match Pack**
11.15 **Premier League World**
11.45 **BT Sport Reload** BT highlights.
- 12.00 NOON **Squash** Highlights of the Canary Wharf Classic in London.
- 1.30 PM **Premier League Match Pack**
2.00 **Motorcycling** Qatar Grand Prix.
3.00 **WWE** US wrestling highlights.
6.00 **Motorcycling** Qatar Grand Prix.
6.15 **Premier League Match Pack**
A look ahead to the weekend's matches, including Tottenham v Manchester United, Brighton v Arsenal and Everton v Liverpool.
- 6.45 **Scottish Football Extra**
7.15 **Live Football**
Motherwell v Aberdeen. Coverage of the Scottish Premiership match from Fir Park, kick-off 7.45pm.
- 10.00 **WWE NXT UK** Wrestling action.
11.00 **WWE NXT** US wrestling action.
12.00 M'T **WWE SmackDown Highlights**
1.00 AM **Live WWE Friday Night SmackDown** US wrestling coverage.
- 3.00 **Premier League Preview**
3.30 **Cricket** Australia v New Zealand.
4.30 to 6.00 AM **Classic Boxing**

(BT) SPORT 2

Sky 414 Virgin 528

- 6.00 AM **Australian Football** 7.00 **WWE**
9.45 **Premier League Reload**
10.00 **Rugby Tonight On Tour**
10.30 **Badminton** 11.00 **Motorcycling**
- 12.00 NOON **Fishing: On the Bank**
1.00 PM **BT Sport Reload** BT highlights.
1.30 **Hockey** FIH Pro League highlights.
2.00 **Badminton Unlimited** Magazine.
2.30 **Rugby Tonight On Tour**
3.00 **French Football** Ligue 1 preview.
3.30 **Cricket** Australia v New Zealand.
4.30 **German Football** Bundesliga.
5.30 **Live German Football**
SpVgg Greuther Fürth v Hamburg SV. Coverage of the Bundesliga 2 match staged at Sportpark Ronhof Thomas Sommer, kick-off 5.30pm.
- 7.30 **Live German Football**
Fortuna Düsseldorf v SC Paderborn. Coverage of tonight's Bundesliga match from the Merkur Spiel-Arena, kick-off 7.30pm.
- 9.30 **UFC Live** Lee v Oliveira preview.
10.00 **UFC Fight Camp** UFC news.
10.30 **Premier League Preview**
11.00 **Live College Basketball**
A double-bill of NCAA matches.
- 3.30 **Premier League Preview**
4.00 **UFC Fight Camp** 4.30 **The Grid**
5.00 to 6.00 AM **Motorcycling**

(BT) SPORT 3

Sky 417 Virgin 529

- 6.00 AM **Football** Europa League.
8.30 **Live Australian Football**
Brisbane Roar v Central Coast Mariners, kick-off 8.30am.
- 10.30 **Football** Europa League.
11.30 **French Football** Ligue 1 preview.
12.00 NOON **German Football**
12.30 PM **Football** Europa League.
4.30 **Australian Football** A-League.
5.30 **Rugby Tonight On Tour**
6.00 **Squash** Canary Wharf Classic.
7.30 **Live Squash** The finals of the Canary Wharf Classic in London.
- 10.00 **Football** Champions League.
10.30 **Poker** World Tour Series.
12.30 AM **Scottish Football Extra**
1.00 **Football** 2.30 **BT Sport Reload**
2.45 **Live Women's Australian Football**
Coverage of a W-League match.
- 5.00 **Premier League Preview** 5.30 to 6.00 AM **Premier League Match Pack**

sky sports MAIN EVENT

Sky 401 Virgin 511 (501 HD)

- 4.45 AM **Live F1: Australian Grand Prix**
Coverage of the second practice session at Albert Park in Melbourne.
- 6.45 **My Icon** Anthony Joshua.
7.00 **Good Morning Sports Fans**
7.30 **F1: Australian Grand Prix Analysis.**
8.00 **Live Golf** Coverage of the second round of the Kenya Open staged at Karen Country Club in Nairobi.
- 10.00 **Football Centre** The latest news.
11.30 **Live Golf** Coverage of the second round of the Players Championship staged at TPC Sawgrass in Florida. Continues on Sky Sports Golf.
- 7.00 PM **Live Football**
Fulham v Brentford. Coverage of the Championship match staged at Craven Cottage, kick-off 7.45pm.
- 10.00 **Live Golf** Further coverage of the second round of the Players Championship at TPC Sawgrass.
- 11.00 **Basketball** The Warm Up.
12.00 M'T **Sky Sports News** Headlines.
2.30 AM **My Icon** Charlotte Edwards.
2.45 **Live F1: Australian Grand Prix**
The third practice session.
- 4.30 **F1 Classic Races** Action from 1990.
5.00 to 7.30 AM **Live F1: Australian Grand Prix** Coverage of the qualifying session staged at Albert Park in Melbourne, start-time 6.00am.

sky sports FOOTBALL

Sky 403 Virgin 513 (503 HD)

- 6.00 AM **Greatest Games** 7.00 **Greatest Players** 7.30 **Football Countdowns**
8.00 **Football Years** 8.30 **Greatest Games**
8.45 **One2Eleven** 9.00 **SPFL Highlights**
9.30 **EFL Play-Off Final Highlights**
10.30 **Greatest Games** 11.30 **Greatest Players** 12.00 NOON **Countdowns**
- 12.30 PM **Football Years** 1991/1992.
1.00 **SPFL Highlights** Scottish action.
1.30 **SPFL Greatest Games**
1.45 **One2Eleven** Ray Houghton.
2.00 **EFL Play-Off Final Highlights**
3.00 **Football's Greatest Players**
3.30 **Football Countdowns**
4.00 **Football Years** 1992/1993.
4.30 **EFL Play-Off Final Highlights**
5.30 **SPFL Highlights** Scottish action.
6.30 **EFL Championship Highlights**
7.00 **Live EFL Fulham v Brentford.**
Championship, kick-off 7.45pm.
- 10.30 **SPFL Highlights** Scottish action.
11.00 **EFL Championship Highlights**
11.15 **EFL Greatest Games**
11.30 **SPFL Highlights** Scottish action.
12.00 M'T **Football Years** 12.30 AM **Greatest Games** 1.00 **Football Countdowns**
1.30 **Football Years** 2.00 **Championship Season Review** 3.00 **Play-Off Final Highlights** 4.00 **EFL: Play Off Finals**
5.00 to 6.00 AM **2015 League Cup Final**

sky sports THE PLAYERS

Sky 405 Virgin 515 (505 HD)

- 6.00 AM **The Players Championship 2019**
7.00 **The Players Championship**
8.00 **Live European Tour** The second round of the Kenya Open staged at Karen Country Club in Nairobi.
- 10.00 **Rory's Review of 2019**
10.30 **The Players Championship** Highlights of the opening round.
- 11.30 **Live The Players Championship** Coverage of the second round of the tournament on the TPC at Sawgrass Stadium Course in Ponte Vedra Beach.
- 11.00 PM **The Players Championship 1974** A look back at Jack Nicklaus' final round in the 1974 tournament.
- 1.00 AM **The Players Championship 2011**
2.00 **The Players Championship 2012**
3.00 **The Players Championship 2013**
4.00 **The Players Championship 2014**
5.00 to 6.00 AM **The Players Championship 2015**

sky sports PREM LEAGUE

Sky 402 Virgin 512 (502 HD)

- 6.00 AM **PL Greatest Games**
7.00 **The Debate** 8.00 **Best PL Goals**
9.00 **Premier League 100 Club**
9.30 **PL 100 Club** 10.00 **PL Years**
- 12.00 NOON **The Debate** Discussion.
1.00 PM **Premier League Years**
3.00 **Best PL Goals** From 2014/2015.
4.00 **PL Greatest Games**
5.00 **Premier League 100 Club**
6.00 **Premier League Legends**
7.00 **Premier League Preview**
7.30 **Premier League Match Pack**
8.00 **Premier League World**
8.30 **The Tyler Archives**
9.00 **Premier League Preview**
9.30 **Premier League Match Pack**
Preview of the weekend's matches.
- 10.00 **Premier League World**
10.30 **The Tyler Archives** Matches between Liverpool and Chelsea.
- 11.00 **Premier League Preview**
11.30 **Premier League Match Pack**
12.00 M'T **Premier League World**
12.30 AM **Premier League Preview**
1.00 **Premier League Years** Past seasons.
3.00 **PL Greatest Games** Archive action.
3.15 **Football Gold** 3.30 **PL Greatest Games** 4.00 **Best PL Goals**
5.30 to 6.00 AM **Premier League 100 Club**

sky sports CRICKET

Sky 404 Virgin 514 (504 HD)

- 6.00 AM **Cricket's Greatest Games**
7.00 **My Icon** 8.00 **Greatest Games**
9.00 **My Icon** 10.00 **The 2011 World Cup**
- 12.00 NOON **Greatest Games**
1.00 PM **My Icon** Sporting heroes.
2.00 **Cricket's Greatest Games**
3.00 **My Icon** Sporting heroes.
4.00 **The 2011 World Cup** A look back at the tournament held in India, Sri Lanka and Bangladesh.
- 6.00 **T20 Cricket** The second match of the series between South Africa and England at Kingsmead in Durban.
- 10.30 **KP: The Story of a Genius**
A look back at Kevin Pietersen's performances in the 2005 Ashes.
- 11.00 **The 2011 World Cup** As 4pm.
1.00 AM **My Icon** 2.00 **Greatest Games**
3.00 **My Icon** 4.00 **Greatest Games**
5.00 to 6.00 AM **My Icon**

sky sports F1

Sky 406 Virgin 516 (506 HD)

- 4.45 to 6.45 AM **Live F1: Australian Grand Prix** Second practice session.
2.45 to 4.30 AM **Live F1: Australian Grand Prix** Third practice session.
5.00 to 7.30 AM **Live F1: Australian Grand Prix** Coverage of the qualifying session, start-time 6.00am.

sky sports MIX

Sky 145 Virgin 520 (510 HD)

- 6.00 AM **My Icon** 7.00 **Sporting Records**
8.00 **Live Golf** Coverage of the second round of the Kenya Open staged at the Karen Country Club in Nairobi. Coverage continues at 12.00noon.
- 10.00 **Sporting Greats/Records**
12.00 NOON **Live Golf** Further coverage of the second round of the Kenya Open at the Karen Country Club.
- 3.00 PM **My Icon** Sporting heroes.
4.00 **Netball** Pulse v Dragons.
6.00 **Basketball** NBA Classic Games.
7.00 **Rugby League** Highlights of Hull FC v Warrington Wolves.
7.15 **Basketball** Bucks v Celtics.
9.00 **Netball** Pulse v Dragons.
11.00 **Premier League World**
11.30 **My Icon** Golfer Catriona Matthew and boxer Ramla Ali's influences.
- 12.00 M'T to 6.00 AM **Mix Shorts: Masterclasses**

What's on
TVPick of
the day**The Lion King**

Sky Cinema Premiere, 8.00pm

A young lion prince is forced to flee his African kingdom after a tragedy – in this remake of the 1994 blockbuster, which combines live action and animation.

sky sports ACTION

Sky 407 Virgin 517 (507 HD)

- 6.00 AM **Live Rugby Union**
Chiefs v Hurricanes, kick-off 6.05am.
- 8.00 **NFL: America's Game**
11.00 **Sporting Records**
- 12.00 NOON **Darts** Premier League.
3.30 PM **Darts Gold** Archive PDC action.
4.30 **Sporting Records** Double-bill.
5.30 **Darts Gold** Archive PDC matches.
6.00 **NBC's Pro-Football Talk**
8.00 **NFL: America's Game**
10.00 **Darts Gold** Archive PDC matches.
11.00 **NFL: America's Game**
1.00 AM **Super League Gold**
1.45 **NFL: America's Game**
3.40 to 6.00 AM **Live Rugby Union**
Sunwolves v Crusaders.

sky sports ARENA

Sky 408 Virgin 518 (508 HD)

- 6.00 AM **Sporting Greats** Double-bill.
7.00 **Live Rugby League** Canberra Raiders v Gold Coast Titans.
- 9.00 **Rugby League** 9.30 **Records**
10.00 **Boxing Gold** 11.00 **Rugby League**
12.00 NOON **Basketball** 3.00 PM **Fishing**
3.30 **Motorsport Mundial**
4.00 **Rugby League** Super League.
5.00 **Basketball** Bucks v Celtics.
6.45 **Rugby League** Super League.
7.00 **Live Rugby League**
Salford Red Devils v Wigan Warriors, kick-off 7.45pm.
- 10.15 **Rugby League** Super League.
11.00 **Basketball** The Warm Up.
12.00 M'T **Rugby League** Super League.
1.00 AM **Basketball** 2.15 **Rugby League**
2.30 **Live Basketball**
LA Clippers v Brooklyn Nets.
5.00 to 6.00 AM **Sporting Records**

EUROSPORT II

Sky 410 Virgin 521

- 6.45 AM **Alpine Skiing** 8.45 **Ski Jumping**
9.45 **Cycling** 10.45 **Alpine Skiing**
11.55 **Cycling** Tirreno-Adriatico/Paris-Nice.
1.40 PM **Live Cycling** Paris-Nice.
3.30 **Cycling** Tirreno-Adriatico.
4.15 **Live Snooker** Gibraltar Open.
6.20 **Snooker** Get to Know.
6.30 **Alpine Skiing** From Åre, Sweden.
7.30 **Cycling** Paris-Nice stage six.
8.30 **Live Cycling** Coverage of day one of the Six Days Manchester.
- 10.05 PM to 1.55 AM **Cycling**

Premiere

sky cinema

Sky 301 Virgin 401

6.00 AM **This Changes Everything**

7.45 **Cold Blood Legacy** (2019)

9.25 **We Die Young** (2019) ★★★

11.05 **Doom: Annihilation** Fantasy adventure. (2019, 15) ★★★

12.50 PM **The Lion King** As 8pm.

2.50 **Brightburn** See 10.00pm.

4.30 **I'll Take Your Dead** Horror. (2019, 15) ★★★

6.00 **The Art of Self-Defense** Comedy. (2018, 15) ★★★

Comedy

sky cinema

Sky 308 Virgin 408

6.15 AM **50 First Dates** (2004)

8.00 **Big Daddy** See 5.20pm.

9.40 **You Don't Mess with the Zohan** See 10.20pm.

11.35 **Just Go with It** See 2.20am.

1.35 PM **The Longest Yard** (2005)

3.35 **50 First Dates** (2004) ★★★

5.20 **Big Daddy** Adam Sandler comedy. (1999, 12) ★★★

7.00 **Jack and Jill** Adam Sandler comedy. (2011, PG) ★

Action

sky cinema

Sky 311 Virgin 407

6.00 AM **Total Recall** See 3.50pm.

8.00 **Cliffhanger** See 6.00pm.

10.00 **Braveheart** See 8.00pm.

1.00 PM **Gladiator** See 11.00pm.

3.50 **Total Recall** Sci-fi thriller remake starring Colin Farrell. (2012, 12) ★★★

6.00 **Cliffhanger** Action adventure starring Sylvester Stallone, John Lithgow and Janine Turner. (1993, 15) ★★★★★

Family

sky cinema

Sky 306 Virgin 406

6.50 AM **Antz** See 3.00pm.

8.20 **Smallfoot** See 4.30pm.

10.00 **Despicable Me 2** As 6.15pm.

11.45 **Bean** See 9.30pm.

1.25 PM **Johnny English** As 8pm.

3.00 **Antz** Animated comedy. (1998, PG) ★★★★★

4.30 **Smallfoot** Animated adventure. (2018, U) ★★★

6.15 **Despicable Me 2** Animated comedy. (2013, U) ★★★

RADIO

RADIO 1 **FREEVIEW 700**

Sky 0101 Virgin 901 Freesat 700

4.00am Early Breakfast. 6.00 Best New Pop. 6.30 Weekend Breakfast. 10.00 Anthems. 11.00 Maya Jama. 12.45pm Newsbeat. 1.00 Dev and Alice. 4.00 Official Chart Show. 5.45 Newsbeat. 6.00 Dance Anthems. 7.00 Dance Party. 9.00 Pete Tong. 11.00 Danny Howard. 1.00am Essential Mix. 3.00 Drum & Bass Mix. 3.30 Annie Mac in the Mix. 4.00 to 5.00am Wind Down.

RADIO 2 **FREEVIEW 702**

Sky 0102 Virgin 902 Freesat 702

5.00am Vanessa Feltz. 6.30 Zoe Ball. 9.30 Ken Bruce. 12.00noon Jeremy Vine. 2.00pm Steve Wright. 5.00 Sara Cox. 7.00 Tony Blackburn. 8.00 Friday Night Is Music Night. 10.00 Sounds of the 80s with Gary Davies. 12.00m't The Pick of Radio 2 with Anneka Rice. 2.00am The Country Playlist with Charles Esten. 3.00 CMA Country Music Festival. 4.00 to 6.00am Huey Morgan.

RADIO 3 **FREEVIEW 703**

Sky 0103 Virgin 903 Freesat 703

6.30am Breakfast. 9.00 Essential Classics. 12.00noon Composer of the Week: Beethoven Unleashed – At Home. 1.00pm Lunchtime Concert. 2.00 Afternoon Concert. 4.00 In Tune: Beat Beethoven! 5.00 In Tune. 7.00 In Tune Mixtape. 7.30 Radio 3 in Concert. 10.00 The Verb. 10.45 The Essay: Home Sweet Home. 11.00 Late Junction. 1.00 to 7.00am Through the Night.

RADIO 4 **FREEVIEW 704**

Sky 0104 Virgin 904 Freesat 704

6.00am Today. 8.30 (LW) Yesterday in Parliament. 9.00 Desert Island Discs. 9.45 (FM) Book of the Week: The Peregrine. 9.45 (LW) Daily Service. 10.00 Woman's Hour. 11.00 Forum Internum. 11.30 Teatime. 12.00noon News. 12.05pm The Call of the Wild. 12.15 You and Yours; Weather. 1.00 The World at One. 1.45 Living National Treasures. 2.00 The Archers. 2.15 Drama: Dangerous Visions – Body Horror. 3.00 Gardeners' Question Time. 3.45 Short Works. 4.00 Last Word. 4.30 Feedback. 4.55 The Listening Project. 5.00 PM. 5.55 (LW) Shipping. 6.00 News. 6.30 The Now Show. 7.00 The Archers. 7.15 Front Row. 7.45 The Book of Strange New Things. 8.00 Any Questions? 8.50 A Point of View. 9.00 Asa Briggs: The Last Victorian Improver. 10.00 The World Tonight. 10.45 Book at Bedtime: The Call of the Wild. 11.00 A Good Read. 11.30 Today in Parliament. 11.55 The Listening Project. 12.00m't News and Weather. 12.30am Book of the Week: The Peregrine; Shipping. 1.00 World Service. 5.20 Shipping. 5.30 News; Prayer. 5.45 to 6.00am Curious Cases of Rutherford & Fry.

RADIO 5 LIVE **FREEVIEW 705**

Sky 0105 Virgin 905 Freesat 705

5.00am Morning Reports. 5.15 Wake Up to Money. 6.00 5 Live Breakfast. 8.30 Robbie Savage's Premier League Breakfast. 9.00 Your Call. 10.00 Chiles on Friday. 1.00pm The Cheltenham Festival: Including the Gold Cup. 4.00 Kermode and Mayo's Film Review. 5.00 5 Live Drive. 7.00 The Friday Football Social. 9.30 That Peter Crouch Podcast. 10.00 Stephen Nolan. 1.00 to 5.00am Up All Night.

PRIME-TIME

8.00 **Pick Premiere**

The Lion King Part-animated adventure. A young lion leaves his pride to learn the true meaning of bravery. (2019, PG) ★★★

10.00 **Brightburn** Horror. An extra-terrestrial crash-lands on Earth. Stars Elizabeth Banks. (2019, 15) ★★★

11.45 **I'll Take Your Dead** (2019)

1.30 AM **Hell Is Where the Home Is** Horror. (2018, 18) ★★

3.15 to 5.00 AM **Cold Blood Legacy** (2019, 15) ★★★

8.40 **Happy Gilmore** Comedy. A failed ice-hockey player discovers that he has a talent for golf. Stars Adam Sandler. (1996, 12) ★★★

10.20 **You Don't Mess with the Zohan** Comedy. An Israeli commando becomes a hairstylist. Stars Adam Sandler. (2008, 12) ★★★

12.20 AM **The Longest Yard** Comedy. (2005, 12) ★★★

2.20 **Just Go with It** Romantic comedy. (2011, 12) ★★★

4.25 to 4.25 AM **Jack and Jill**

8.00 **Braveheart** Epic drama. A Scottish warrior leads an army against English forces. Stars Mel Gibson. (1995, 15) ★★★★★

11.00 **Gladiator** Ancient Roman epic. A Roman general becomes a gladiator. Stars Russell Crowe. (2000, 15) ★★★★★

2.00 AM **Starship Troopers** Sci-fi drama starring Casper Van Dien. (1997, 18) ★★★★★

4.15 to 4.15 AM **Stone of Destiny** Comedy. (2008, PG) ★★★

8.00 **Johnny English** Comedy. The bungling spy must try to prevent the theft of the Crown Jewels. Stars Rowan Atkinson. (2002, PG) ★★★

9.30 **Bean** Comedy. A gallery employee is sent to LA, where he is mistaken for an art professor. Stars Rowan Atkinson. (1997, PG) ★★★

11.05 **Who Framed Roger Rabbit** (1988, PG) ★★★★★

1.00 AM **Look Who's Talking**

2.45 **The Stolen Princess** (2018)

4.25 to 4.25 AM **Cats** (2018)

Drama

sky cinema

Sky 310 Virgin 410

6.00 AM **The Last Movie Star**

7.45 **Deceit** (2017, 15) ★★★★★

9.30 **Euphoria** See 12.15am.

11.10 **Can You Ever Forgive Me?**

1.10 PM **The Browning Version** Drama. (1994, 15) ★★★★★

2.50 **Lez Bomb** (2018, 12) ★★

4.25 **Roxanne** Romantic comedy. (1987, PG) ★★★★★

6.15 **The Last Movie Star** Drama. (2017, 15) ★★

Disney

sky cinema

Sky 305 Virgin 405

6.35 AM **Brother Bear** (2003)

8.05 **The Many Adventures of Winnie the Pooh** (1977)

9.25 **Confessions of a Teenage Drama Queen** (2004) ★★

11.00 **The Jungle Book** (1967)

12.30 PM **Incredibles 2** As 6.00pm.

2.30 **Finding Nemo** (2003)

4.15 **Toy Story 4** (2019) ★★★★★

6.00 **Incredibles 2** Animated comedy. (2018, PG) ★★★★★

Monsters

sky cinema

Sky 307 Virgin 411

6.00 AM **Lifecchanger** As 1.30am.

7.30 **Godzilla** See 4.25pm.

10.00 **Godzilla** See 6.50pm.

12.05 PM **Godzilla: King of the Monsters** See 9.00pm.

2.25 **Pet Sematary** Horror remake starring Jason Clarke. (2019, 15) ★★

4.25 **Godzilla** Monster movie remake starring Matthew Broderick. (1998, PG) ★★

Hits

sky cinema

Sky 303 Virgin 403

6.20 AM **Tully** (2018, 15) ★★★★★

8.00 **Safe House** (2012, 15) ★★

10.00 **Us** See 9.00pm.

12.00 NOON **Solo: A Star Wars Story** (2018, 12) ★★★★★

2.20 PM **Star Wars: Episode IV – A New Hope** Sci-fi sequel. (1977, U) ★★★★★

4.30 **Star Wars: Episode V – The Empire Strikes Back** Sci-fi sequel. (1980, U) ★★★★★

PRIME-TIME

8.00 **Can You Ever Forgive Me?** Fact-based comedy starring Melissa McCarthy and Richard E Grant. (2018, 15) ★★★★★

10.00 **Hotel Mumbai** Thriller about the 2008 terrorist attack at the Taj Mahal Palace Hotel. Stars Dev Patel. (2018, 15) ★★★★★

12.15 AM **Euphoria** Drama. (2017, 15) ★★

2.05 **White Boy Rick** Crime drama. (2018, 15) ★★

4.05 to 4.05 AM **Roxanne** (1987)

8.00 **Up** Animation. An elderly man uses balloons to fly his house to South America – but he has a stowaway on board. (2009, U) ★★★★★

9.45 **The Haunted Mansion** Fantasy comedy. A man takes his family to a spooky old house. Stars Eddie Murphy. (2003, PG) ★★

11.20 **The Jungle Book** (1967)

12.50 AM **John Carter** (2012) ★★

3.10 **The Haunted Mansion**

4.50 to 6.30 AM **Meet the Robinsons** (2006) ★★★★★

6.50 **Godzilla** Fantasy remake. A monster battles a race of rampaging creatures. Stars Aaron Taylor-Johnson. (2014, 12) ★★

9.00 **Godzilla: King of the Monsters** Fantasy sequel. The Earth is threatened by huge creatures. Stars Vera Farmiga. (2019, 12) ★★

11.30 **Pet Sematary** As 2.25pm.

1.30 AM **Lifecchanger** Horror thriller. (2018, 15) ★★

3.10 to 5.00 AM **Resident Evil: Retribution** (2012, 15) ★★

6.40 **Star Wars: Episode VI – Return of the Jedi** Sci-fi. The rebels set out to save Han Solo. Stars Mark Hamill. (1983, U) ★★★★★

9.00 **Us** Horror thriller. A family is terrorised by a group of strangers. Stars Lupita Nyong'o and Winston Duke. (2019, 15) ★★★★★

11.00 **Wanted** (2008, 18) ★★

1.00 AM **Austin Powers in Goldmember** (2002) ★★★★★

2.45 **The Girl in the Spider's Web**

4.45 to 4.45 AM **Christopher Robin**

Thriller

sky cinema

Sky 309 Virgin 409

6.25 AM **Mara** (2018, 18) ★★

8.05 **Truth or Dare** (2018, 15) ★★

9.50 **The Vanishing** See 5.10pm.

11.40 **Extremely Wicked, Shockingly Evil, and Vile**

1.35 PM **Superfly** Crime thriller remake. (2018, 15) ★★

3.35 **Galveston** Thriller starring Ben Foster. (2018, 15) ★★

5.10 **The Vanishing** Mystery thriller. (2018, 15) ★★

Greats

sky cinema

Sky 304 Virgin 404

6.30 AM **The Goonies** As 5.15pm.

8.30 **Marnie** Hitchcock thriller. (1964, 15) ★★★★★

10.45 **Erin Brockovich** Fact-based drama. (2000, 15) ★★★★★

1.00 PM **Enemy of the State** Thriller. (1998, 15) ★★★★★

3.15 **The Royal Tenenbaums** Comedy. (2001, 15) ★★

5.15 **The Goonies** Adventure fantasy. (1985, 12) ★★★★★

Superhero

sky cinema

Sky 302 Virgin 402

6.10 AM **Spider-Man 2** As 3.20pm.

8.25 **Aquaman** See 10.10pm.

10.55 **Captain Marvel** As 8.00pm.

1.10 PM **Spider-Man** Fantasy starring Tobey Maguire. (2002, 12) ★★★★★

3.20 **Spider-Man 2** Fantasy sequel. (2004, PG) ★★★★★

5.35 **Spider-Man 3** Fantasy sequel starring Tobey Maguire. (2007, 12) ★★★★★

TCM

TCM

Sky 315 Virgin 415 (416 HD)

6.20 AM **Westward the Women** (1951, PG, b&w) ★★★★★

8.45 **How the West Was Won** Western. (1962, PG) ★★

11.45 **Ten Wanted Men** Western drama. (1955, U) ★★

1.30 PM **Charro!** (1969, U) ★★

3.35 **Stranger Than Fiction** Fantasy. (2006, 12) ★★★★★

6.00 **The Hired Gun** Western drama. (1957, U, b&w) ★

PRIME-TIME

7.00 **The Recruit** Thriller. The CIA recruits a hacker to try to root out a mole within the agency. Stars Al Pacino. (2003, 12) ★★

9.00 **Cape Fear** Thriller. A psychopathic ex-con seeks revenge against his lawyer. Stars Robert De Niro. (1991, 18) ★★★★★

11.10 **Extremely Wicked, Shockingly Evil, and Vile**

1.05 AM **Domino** (2019, 18) ★

2.40 **Feedback** 4.30 to 6.15 AM **Deep Family Secrets** (1997)

7.15 **Zero Dark Thirty** Drama about US efforts to track down Osama bin Laden. Stars Jessica Chastain. (2012, 15) ★★★★★

10.00 **Friday the 13th** Horror sequel. A hockey-masked killer terrorises a group of young people. Stars Jared Padalecki. (2009, 18) ★★

11.50 **Friday the 13th Part II**

1.20 AM **Friday the 13th Part III**

3.00 **Friday the 13th Part IV: The Final Chapter** (1984) ★★

4.35 to 4.35 AM **Robin Hood**

8.00 **Captain Marvel** Fantasy adventure. An alien warrior crashes on Earth. Stars Brie Larson and Samuel L Jackson. (2019, 12) ★★★★★

10.10 **Aquaman** Comic-book adventure. The superhero embarks on a quest to prevent a war. Stars Jason Momoa. (2018, 12) ★★

12.40 AM **Spider-Man** As 1.10pm.

2.50 **Mystery of the Batwoman**

4.15 **Super-Villain High** (2018)

5.40 to 5.40 AM **Attack of the Legion of Doom!** (2015)

7.20 **Saddle Tramp** Western adventure. A drifter finds himself involved with four orphan children. Stars Joel McCrea. (1950, U) ★★

9.00 **Absolute Power** Thriller. An ageing master thief is set up to take the blame for a murder. Stars Clint Eastwood. (1996, 15) ★★

11.35 **Frantic** Suspense thriller. (1988, 15) ★★★★★

2.05 AM **Carrie** (1976) ★★★★★

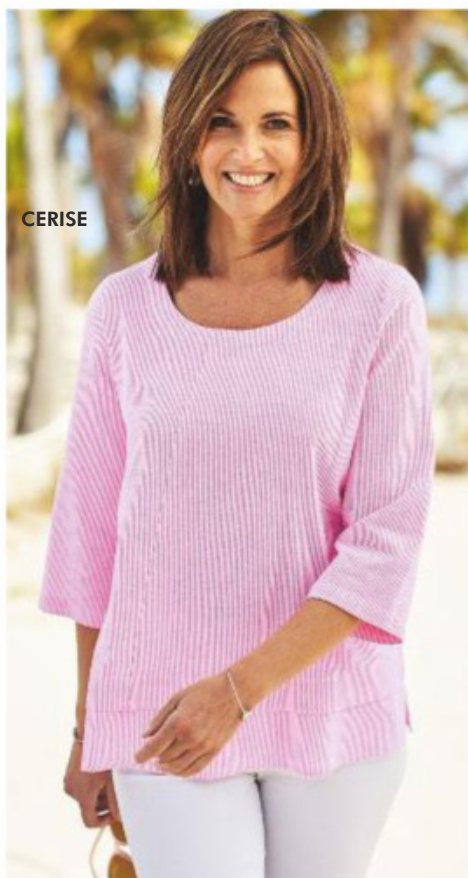
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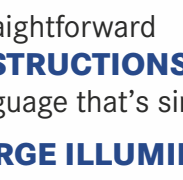
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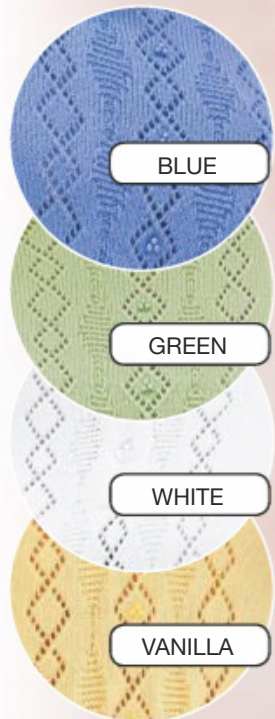
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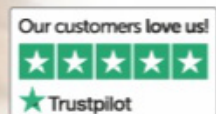
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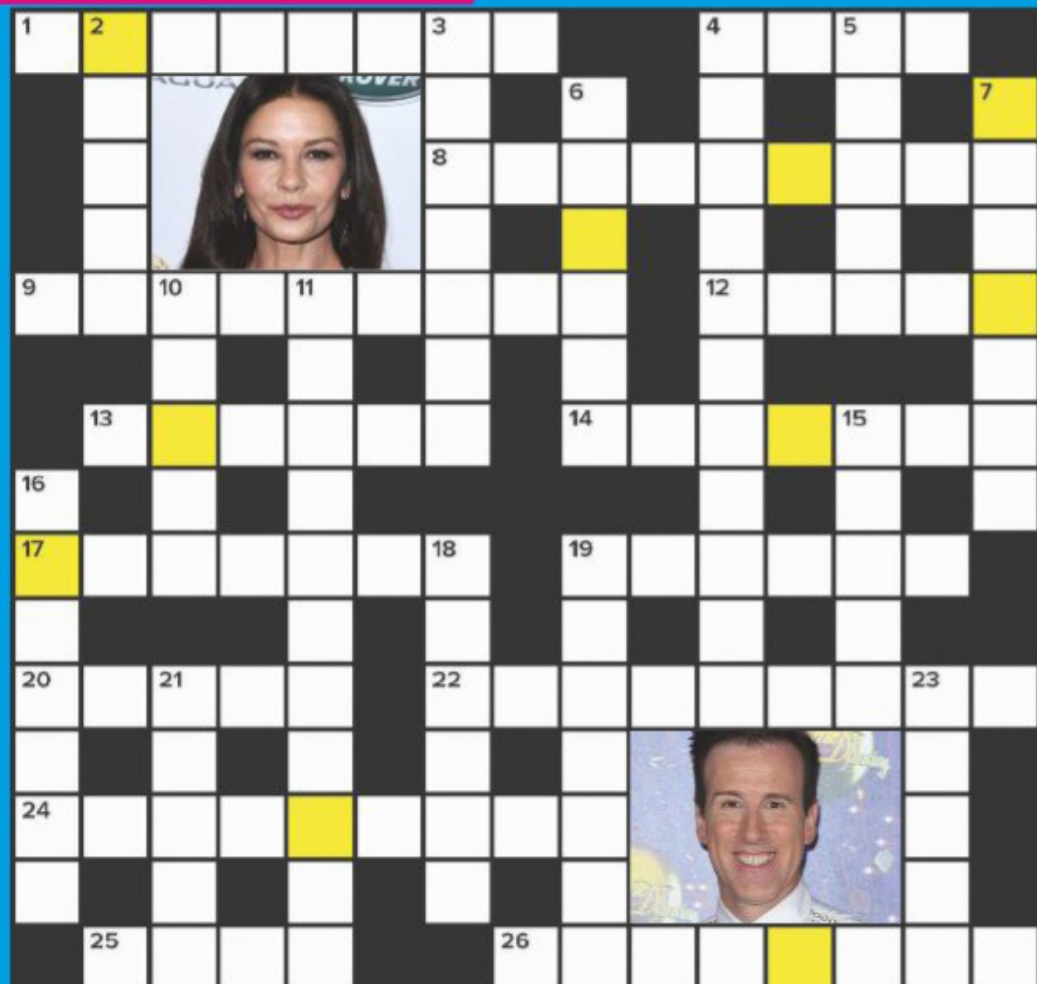
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£500 crossword



Solve the clues and rearrange the letters in the shaded squares to spell the name of a TV presenter (4,6). To enter, see below right. The winner gets £500. Usual rules apply (below).

ACROSS

- 1 Actor who played Mystique/Raven in the X-Men film series, Jennifer ----- (8)
- 4 Popular BBC show about antiques, *Bargain* ---- (4)
- 8 Steve Coogan comedy creation, Alan ----- (9)
- 9 American singer, songwriter, fashion designer and actor, Carrie ----- (9)
- 12 Oscar-winning film from 2014 starring Chiwetel Ejiofor, 12 ----- *a Slave* (5)
- 13 US R&B singer, ----- Keys (6)
- 14 1982 animated TV short film based on a Raymond Briggs picture book, *The* ----- (7)
- 17 Disney TV series that starred Miley Cyrus, *Hannah* ----- (7)
- 19 Comedy sketch show written by Matt Lucas and David Walliams, ----- *Britain* (6)
- 20 *Matilda* author, ----- Dahl (5)
- 22 Soap based in a village in the Yorkshire Dales and featuring The Woolpack pub (9)
- 24 See picture clue: Welsh actor married to Michael Douglas, ----- Zeta-Jones (9)
- 25 *The Chase* star known as The Governess, ---- Hegerty (4)
- 26 Actor daughter of Dame Diana Rigg, Rachael ----- (8)

DOWN

- 2 American *Breaking Bad* and *El Camino* star, ----- Paul (5)
- 3 Director of the 1972 film *The Godfather* starring Marlon Brando, Francis Ford ----- (7)
- 4 Boy wizard portrayed by Daniel Radcliffe (5,6)
- 5 *Loose Women* panellist and actor, ----- Sawalha (5)
- 6 Classic musical, *Seven* ----- *for Seven Brothers* (6)
- 7 Star of the TV comedy *Will & Grace*, Debra ----- (7)
- 10 Singer-songwriter awarded the 2016 Nobel Prize in Literature, Bob ----- (5)
- 11 Star of 1983 film *An Officer and a Gentleman* (7,4)
- 15 Singer whose debut album released in 2003 was *Call Off the Search*, Katie ----- (5)
- 16 Star of the TV series *Ugly Betty*, ----- Ferrera (7)
- 18 Biopic from 2009 starring Hilary Swank as pioneering aviator Earhart (6)
- 19 American singer who performs with the band Queen, Adam ----- (7)
- 21 See picture clue: *Strictly* professional, ----- Du Beke (5)
- 23 *Celebrity Juice* presenter, Keith ----- (5)

Puzzle answers for week 7

1 £100 crossword Paul O'Grady

ACROSS: 1 Roth 3 Pooh 6 Greg 8 Bill 9 Kanye 11 Clint 14 Pale 15 Erin 16 Noon 17 Were

DOWN: 1 Rigg 2 Trek 4 Odie 5 Hale 7 Gable 8 Byrne 10 Upon 11 Cleo 12 Tree 13 Anne

2 Spot the Shot Page 14 (Death in Paradise)

3 £500 crossword University Challenge

ACROSS: 1 Swift 4 Swordfish 7 Leo Sayer 8 Empire 10 Faith 12 Niro 13 AC/DC 15 Oprah 16 Meerkat

18 Freya 19 Esme

21 Rose 23 Elmer

25 Ullman 28 Amarillo

29 Kaplinsky 30 Event

DOWN: 1 Saldana 2 I

Love 3 Tramp 5 Warren

6 Sweet 9 Isle 10 Foot

11 Idris 14 Dream

16 Marr 17 Amal

20 Elliott 22 Eubank

24 Lydia 26 Marge

27 Nolte

SUDOKU

5	2	9	4	8	6	1	7
1	4	6	7	9	5	2	8
6	8	7	2	5	1	9	4
9	5	1	6	4	1	8	7
4	1	2	9	8	7	5	6
7	6	8	5	1	2	4	9
8	5	1	9	2	7	6	4
4	7	6	8	4	5	2	9
2	9	4	1	6	8	7	5

THIS WEEK'S FUN PUZZLES

Wordsearch: Nessa Wordwise: Withdrawn

Other words that can be formed include: Anti, Arid, Dinar, Dint, Dirt, Drain, Hair, Hint, Inward, Nadir, Rain, Rind, Thin, Third, Train, Triad, Twain, Twin, Wadi, Wait, Whin, Whir, Whit, Width, Wind, With, Withdraw, Wraith, Writ

Sudoku

		8	9	3		7	
1		2			8		4
7			4				8
	3		2	1			
9	5				3		1
				9	4		3
		6					9
	2		6			3	1
		9		8	7	6	

To solve the puzzle, each row, column and 3x3 box must contain the numbers 1 to 9. No single digit can appear twice in any one row, column or 3x3 box. Find answers on this page. It's just for FUN!

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1 CROSSWORD (pg 11)

2 SPOT THE SHOT (pg 82)

3 £500 CROSSWORD (pg 97)

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Three of a kind

I haven't enjoyed *Top Gear* for many years, but this year's series on BBC2 was the best in ages. Andrew Flintoff, Chris Harris and Paddy McGuinness are brilliant presenters and they made me laugh so much during their crazy adventures. They really looked like they were enjoying each other's company, so well done to whoever put these three together.

Den Gear, Somerset

Where's the recap?

I was really looking forward to the second series of *The Split* on BBC1, as Nicola Walker is one of my favourite actors. But it took me a while to get back into it, as I forgot what happened last time! If only the makers had given us a recap before it started, just to jog our memories. I'm sure I would have enjoyed it more if they had!

Rant of the week



Backstory...
Nicola Walker

Cheryl Crew, Dorset

Rowdy hounds

Dogs Behaving (Very) Badly on Channel 5 is a wonderful series and Graeme Hall is the crème de la crème of dog trainers. He's such a caring, gentle and pleasant man on this show, and his thoughtful and intelligent explanations of the dogs' various problems are

Little bit of sun!

I've been a fan of BBC1 crime drama *Death in Paradise* for many years and was delighted when I heard that Ralf Little would be taking over from Ardal O'Hanlon as the show's lead actor. DI Neville Parker might not have enjoyed life on the island when he first arrived and he struggled with his allergies, but he finally seemed to warm to the place at the end of the series. Let's hope he returns to the sun sooner rather than later!

Doreen Davis, Kent



Successful takeover... DI Neville Parker (Ralf Little) is now in charge

invaluable. He makes it seem so simple and I hope he'll be back!

Pamela Reynolds, Yorkshire

Royal faux pas!

I watched *The Queen's Jewels: Heirlooms & Legacy* on Channel 5 recently and I thought it was a very interesting programme. If the royal household were watching, I hope they didn't notice Samantha Bond's royal faux pas in referring to the Queen as Her Royal Highness instead of Her Majesty. Hopefully, she'll not end up in the Tower!

Carol Channon, Somerset

More Morse

I thoroughly enjoyed the latest series of *Endeavour* on ITV, starring Shaun Evans as a young Morse.

Despite the plethora of detective shows, this one never disappoints and is beautifully shot with intriguing storylines and fantastic interplay between the characters Morse, Thursday, Bright, Strange and Dr DeBryn. It was great viewing for a Sunday evening!

Sheila Thompson, Herts



Quality... Endeavour Morse (left) and Fred Thursday

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Colin Shearman looks ahead to 7-13 Mar 2020

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The best chance of success is by doing things on your own terms, although an agreement will need some fine-tuning.

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VIRGO (23 August-22 September)

Romantic moments are on the cards, and an opportunity will be worth following up. Make your own needs a priority now.

☎ STARLINE: 0905 817 0431

LIBRA (23 September-22 October)

Someone may try to manipulate you, but events give you a boost – and aspects to Venus keep you inundated with offers.

☎ STARLINE: 0905 817 0432

SCORPIO (23 October-21 November)

While a friend's behaviour may trouble you, a partner will be unpredictable and exciting. It's a week to follow your heart.

☎ STARLINE: 0905 817 0433

SAGITTARIUS (22 November-20 December)

Life-changing luck could come to you and you'll enjoy a few relaxing nights in. Stick to your guns if you're chasing an ambition.

☎ STARLINE: 0905 817 0434

CAPRICORN (21 December-19 January)

It's a time for dreaming up new schemes rather than taking action. You may end the week smitten with someone you just met.

☎ STARLINE: 0905 817 0435

AQUARIUS (20 January-19 February)

Finances and responsibilities need some careful scrutiny, but you'll be able to fix a mistake. Expect a surprise at home.

☎ STARLINE: 0905 817 0436

PISCES (20 February-20 March)

Plenty of thrills and excitement are on the way, and aspects to Neptune are about to help you realise how special you are.

☎ STARLINE: 0905 817 0437

NEXT WEEK'S ISSUE On sale Tuesday 10 Mar



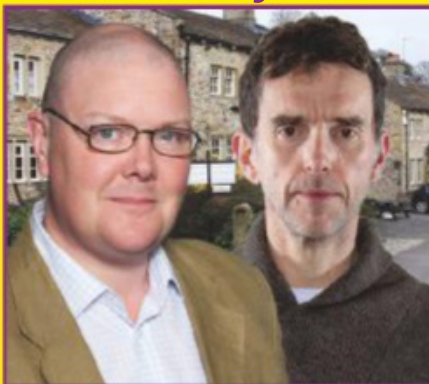
PENANCE

● Channel 5's psychological thriller with Julie Graham



KATE & KOJI

● Jimmy Akingbola and Brenda Blethyn's ITV comedy



EMMERDALE

● Paddy fears his pal Marlon is having a heart attack!



1&2 bedroom apartments to rent or buy

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BRISTOL Charlton Hayes, Hanham
BUCKS Amersham, Chalfont
St Peter, Farnham Common,
Hazlemere **CAMBS** Peterborough
CHESHIRE Alsager, Audlem
CORNWALL Bude, Carlyon Bay
CTY DURHAM Darlington **CUMBRIA**
Cockermouth **DEVON** Exeter, Ottery
St. Mary **DORSET** Poole, Poundbury
E. YORKS Beverley, Bridlington,
Brough, Pocklington, Swanland
ESSEX Chelmsford, Colchester **GLOS**
Bourton-on-the-Water, Gloucester,
Moreton-in-Marsh, Stow-on-the-
Wold **GTR LONDON** Upper Norwood
GTR MANCHESTER Bamford, Hazel
Grove **HANTS** Alresford, Alton,
Purbrook, Southampton **HEREFORDS**
Hereford **HERTS** Borehamwood,
Buntingford, Hertford, St Albans
KENT Chislehurst, Royal Tunbridge
Wells, Southborough, Tenterden
LANCS Carnforth, Chorley,
Lancaster, Penwortham, Poulton-
le-Fylde, Thornton Cleveleys **LEICS**
Market Harborough **MIDDLESEX**
Harrow, Isleworth **NORFOLK**
Hunstanton, North Walsham
NORTHANTS Wellingborough **N.**
YORKS Filey, Ripon, Scarborough,
Settle **OXON** Chipping Norton,
Didcot, Henley-on-Thames
RUTLAND Oakham **SHROPS**
Shrewsbury **SOMERSET** Bath,
Nailsea, Taunton **S. YORKS** Barwtry
STAFFS Codsall, Leek, Lichfield,
Stafford **SUFFOLK** Hadleigh **SURREY**
Cobham, Guildford, Sanderstead,
Virginia Water, Walton-on-Thames,
Worlingham **TYNE & WEAR**
South Shields **WARKS** Nuneaton,
Stratford-upon-Avon **W. MIDS**
Edgbaston, Solihull, Tettehall
W. YORKS Cleckheaton, Ilkley **W.**
SUSSEX Worthing **WILTS** Devizes,
Marlborough, Melksham, Salisbury,
Trowbridge **WORCS** Redditch

SCOTLAND

EAST DUNBARTONS Milngavie
EAST RENFREWS Newton Mearns
GLASGOW Pollokshields

WALES CARDIFF Llanishen
DENBIGHS Prestatyn **ISLE OF**
ANGLESEY Benllech **SWANSEA**
Sketty

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for more
financial flexibility

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