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**ROYAL
EXCLUSIVE**

THE BILLION-DOLLAR DUKE AND DUCHESS HOW THE SUSSEXES ARE SET TO JOIN THE SUPER RICH

INSIDE:

- THEIR FULL EXIT PLAN REVEALED
- DETAILS OF THEIR FINAL ENGAGEMENTS
- BRAND SUSSEX TO LOSE 'ROYAL' STATUS

'There is a fairytale quality to them. They have the magic dust'



ROYAL WONDERWOMEN THE STRONG AND LOYAL FOURSOME AT THE HEART OF THE QUEEN'S DREAM TEAM



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WORLD EXCLUSIVE

MODEL PETRA NEMCOVA'S BABY JOY



AT HOME IN THE
CARIBBEAN AS SHE
REVEALS HER SON'S
DRAMATIC BIRTH

HELLO!

THIS WEEK

#HelloToKindness

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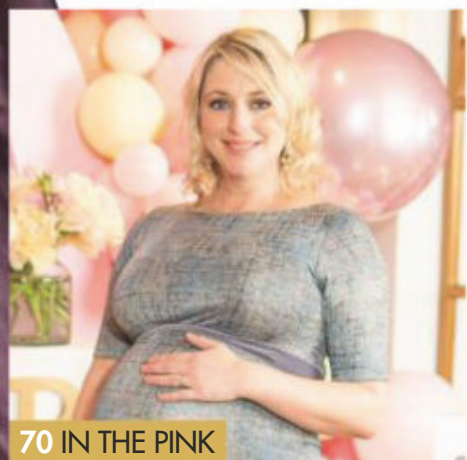
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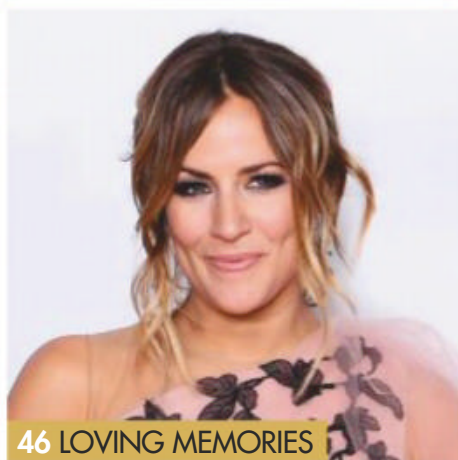
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HELLO! LTD Wellington House, 69-71 Upper Ground, London SE1 9PQ. Tel: 020 7667 8700 **NEWS STORIES:** news@hellomagazine.com **BACK ISSUES:** 01858 438 430 **SUBSCRIPTIONS:** 01858 438 430 email hello@subscription.co.uk

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**'Bodhi is
thriving and
so loved. We
are in such a
happy place'
Petra**



4 Petra with her baby son Bodhi, who made his debut into this world six weeks early in the middle of a storm – and very nearly in the back of a car

WORLD EXCLUSIVE INTERVIEW AND PHOTOS

INTRODUCING THEIR BEAUTIFUL BABY BOY, SUPERMODEL

PETRA NEMCOVA

**AND HUSBAND BENJAMIN TELL OF HIS DRAMATIC ARRIVAL
AND THE LIGHT HE HAS BROUGHT TO THEIR LIVES**





Surrounded by the love of his adoring parents, three-month-old Bodhi is enjoying every moment of his debut photoshoot in the luscious landscape of his idyllic home by the ocean in the Dominican Republic.

If ever pictures were worth a thousand words, it is these world-exclusive photos of Bodhi with his parents – Czech supermodel and philanthropist Petra Nemcova and her French-Venezuelan entrepreneur husband Benjamin Larretche – as they speak for the first time about their precious little boy’s dramatic arrival and heart-wrenching first few weeks of life.

When **HELLO!** says it looks as though they have settled into family life, Petra, 40, laughs, telling us: “We are excited about parenthood, but I don’t think settled is the word we would use. We are learning every day. Phew, it is a big university of life. It is both an incredibly beautiful and challenging journey, as

every parent will tell you. We are very grateful for the gift of life.”

Benjamin, 38, is embracing his new role as a dad. “It really gives me the opportunity to be the best version of myself on a daily basis,” he says. “Waking up in the morning and seeing his smile is a true blessing; it fuels my day.”

Bodhi’s name sums up the difference his arrival has made to his mum and dad’s lives.

“Bodhi means enlightenment, and he brings more light to our world,” says Petra. “His second name is Theo, which means gift of God, so both names are very meaningful to us.”

LIFE IN THE SLOW LANE

Petra and Benjamin’s son is clearly thriving in the relaxed surroundings of the couple’s second home, surrounded by lush jungle on a hilltop in the town of Samana. Their main residence is in Miami.

“We have both spent time in busy cities – Paris, London, New York. It is such a fast life,” says Petra. “We wanted to have a home surrounded by nature. There is a saying that what and who you surround yourself with, you become, so we wanted to bring our child into this tranquil environment, where he can be impacted by these blissful surroundings.”

As Bodhi, who was born on 15 November, slumbers peacefully, this approach certainly appears to be working.

“Yes, he is thriving. He is very happy and so loved. He is super healthy and strong, and he has grown so much. We are in such a happy place now. It was not like that at the beginning.”

Petra is referring to her son’s arrival six weeks before his due date.

“Ben and I say Bodhi wanted to see the world very quickly – he could not wait. He is a very curious boy. He was curious then and is still curious.” ▶



Petra and husband Benjamin Larretche (together right) relax (above, with Bodhi) in their Caribbean home, nestled in the jungle (left and below) and offering far-reaching views of the ocean. “We have both spent time in busy cities,” says Petra. “We wanted to have a home surrounded by nature”



A man and a woman are embracing on a balcony. The man, on the left, has dark hair and a light beard, wearing a white button-down shirt. The woman, on the right, has long blonde hair and is wearing a white long-sleeved shirt with a blue butterfly pattern. They are both smiling at the camera. The background is a lush green garden with a white railing.

**'We wanted to
bring our child
into this tranquil
environment'**
Petra



Benjamin says being a father gives him “the opportunity to be the best version of myself on a daily basis”. He and his wife of six months are “very grateful for the gift of life”



Petra planned to give birth in Miami: “We were staying here only for a few more days as we are working on a big project for our new home and a sustainable village. Every prenatal class we had been to, they told us: ‘Giving birth is not like in the movies. Your waters will not break in that dramatic way.’ So I had totally disregarded that happening. But it did. My waters broke at 1am. I couldn’t believe it. I had not felt any contractions, absolutely zero, and it was so much before the due date.”

With a storm brewing, the pair drove to their closest hospital, where it was confirmed Petra was ready to give birth.

However, that hospital had insufficient facilities and, with no time to reach the main hospital in Santo Domingo, they had to drive instead to Nagua, 45 minutes away.

“Ben was amazing, on the phone to the doctor to make sure they were ready for us. And as we left, I remember them saying to me: ‘Don’t push or you will give birth in the car.’”

On the way to Nagua, Petra started to feel contractions for the first time, and on arrival she was rushed into theatre for an emergency C-section. Bodhi, weighing just 4lb 13oz, was immediately transferred to intensive care.

“We had always planned for our baby’s arrival to be as natural as possible, without drugs, and we ended up relying on modern medicine to save him, and we could not be more grateful,” says Petra.

“I heard his first cry and saw him lifted out as they said: ‘*Tienes un hijo!*’ (You have a

son!).’ It was a surprise as we didn’t know if we were having a boy or a girl. We were just so overjoyed to welcome new life.

“They brought him to me so I could see his little cute face and smell him and give him my love, but I could not do skin-to-skin as they had to take care of him, being so premature. I felt so emotional but at the same time I knew I had to stay calm. It helped knowing that Ben would be with him the whole time.”

One of Bodhi’s lungs was not fully developed, and he had to “use a lot of energy as he was having trouble breathing – it was so very fast and shallow”.

Not wanting to take any chances with the tiny newborn, who had also developed a couple of infections, the family were transferred – Bodhi in one ambulance, Petra in another – to the hospital in Santo Domingo. It was a challenging time.

“Seeing him with all the tubes everywhere, the constant noise of the machines, and all the injections he had, was very difficult,” says Petra, “but Ben is so strong, calm and always so positive. Because of him I was not freaking out. Of course we were very concerned, but we did not allow that negativity to come through.”

PIPING UP

During Bodhi’s early days in hospital, Benjamin would go between him and Petra, sharing videos.

“When Bodhi was in my tummy, Ben played the flute for him every morning, so when he was in intensive

'We planned for our baby's arrival to be as natural as possible, and we ended up relying on modern medicine to save him' Petra



Petra is now able to breastfeed her son. "I had hoped to start with skin-to-skin and breastfeeding him right away but, of course, I couldn't," she says, as Bodhi needed specialist care as a premature baby



care Ben would play and record on his phone, then take the phone to the intensive care unit for Bodhi so he felt a connection and felt safe.

“And now we see it – as soon as Ben plays the flute, Bodhi stops crying and his eyes are alert, as though he is thinking: ‘Wow, I know this sound.’ The flute was a healing element for him and for us, and a connection between us.

“He loves music and he recognises our voices. When he hears his daddy’s voice, he knows it is entertainment. Ben plays music for him and he dances with him. When he hears my voice, he knows milk is coming, the milk bar is open!”

Looking lovingly at Bodhi as she nurses him on the terrace, Petra says: “I had hoped to start with skin-to-skin and breastfeeding him right away but, of course, I couldn’t.”

It was one of many victories when Bodhi started taking breast milk through a tube at three days old.

“Once he started to get the tubes out, it was amazing. One less tube was a victory, one less medicine he needed was another. All the little things, the little stages we celebrated, and we went through

**'When Bodhi hears his daddy's voice, he knows it is entertainment.
When he hears my voice, he knows the milk bar is open' Petra**



the journey of his first days appreciating every little victory."

TEARS OF JOY

One of the biggest celebrations was bringing Bodhi home after 12 days in hospital.

"That was incredible. I had a waterfall of tears on my face the whole day," laughs Petra. "To be home was so beautiful. Without the beeping sounds and the bright lights, it was so peaceful. Ben and I were walking on a cloud, it was divine."

The first weeks at home proved difficult, however.

"Bodhi would not sleep anywhere but on me or on Ben, so we became human mattresses, 24/7 for six weeks. It was non-stop feeding and very little sleeping. We were both running on the adrenaline and the love for him."

The couple are forever grateful to Bodhi's medical team.

"It was very emotional to see him so fragile, but we knew he was in the best hands," says Petra.

Nor will Petra forget the words of their doctor in Santo Domingo.

"She said to us: 'You got handed a different deck of



Bodhi relaxes in his crib – like all the furniture in his nursery (left), made of sustainable materials. "I want to inspire other parents to make conscious choices for the nursery," says Petra

**'Seeing Petra and
Bodhi together
brings me joy. These
two survivor beings
are truly unique'
Benjamin**



cards.' I think that summarises it. We had been hoping for everything natural and we had a completely different deck of cards to deal with. You want something one way, but then you have to go with what the universe brings to you."

If anyone knows how life can take an unexpected turn, it is Petra. She had been enjoying a romantic holiday in Thailand in 2004 with her then boyfriend, photographer Simon Atlee, when a tsunami struck. She clung to a tree for eight hours before being rescued, suffering injuries including a broken pelvis. Tragically, Simon was one of the thousands who drowned.

"That experience will always be part of my life, and it shaped my outlook in many ways. But I had tools that I have used, like focusing on positivity, meditation and self-healing techniques. It is still part of who I am – but this is definitely a new and beautiful chapter for me."

PILLARS OF THE COMMUNITY

This new chapter also includes something else close to Petra and Benjamin's heart: they are building their dream eco-home on the Samana Peninsula as part of a community, with self-sustainable facilities for water, electricity and waste.

"It is not just our home but a conscious community. We hope it will be a model for others



(ABOVE LEFT) PETRA'S JUMPSUIT: HOST & VAR. BENJAMIN'S SHIRT: OUTERKNOWN. BODHI'S OUTFIT: L'OVEDEBABY



Benjamin and Petra enjoy their new addition, who gazes at their lunchtime feast (left). Their beautiful light-filled house (below and below left) is a stepping stone to a completely sustainable lifestyle in a new home they are building in the island's north-east

worldwide,” says Petra. “We have also started a construction company here, working with experts to focus on local, natural and sustainable materials such as coconut, clay and bamboo to create an innovative construction material.

“This has been our dream. We started the process of birthing this community, bringing our vision into reality, before giving birth to our son.”

Not surprisingly, Bodhi’s nursery, from clothes to crib, is completely sustainable.

“We have chosen only brands that are sustainable. Although it has been easy to find everything as there are many conscious options and brands out there, bringing them to the Dominican Republic was more challenging. It was a big mission, but I want to inspire other parents to make conscious choices for the nursery. We want Bodhi to learn from a very young age of the impact of sustainable life.”

Benjamin, who has French, Venezuelan and Canadian heritage, agrees: “Our wish is for Bodhi to continue living consciously in harmony with nature and inspire humanity to do the same. Bodhi is our inspiration. We are embarking on a big adventure with him.”

Petra, who was brought up in the Czech mining city of Karvina, believes educating children is key. ▶





Petra and Benjamin introduce Bodhi to the paradise on his doorstep (above and right). Petra (left) is passionate about protecting the environment and with her husband has started a construction company, working with experts to focus on local, natural and sustainable materials

“They can inspire adults and transform how their parents think. Children can encourage parents to change their habits.”

The power of education was the inspiration behind Petra’s Happy Hearts Fund, which she established in 2005 to help in the rebuilding of schools in countries devastated by natural disasters. In 2017 it merged with All Hands Volunteers to create All Hands and Hearts.

“We have 301 disaster-resilient schools in 12 countries. As well as building schools we are building homes, and the work is powered by volunteers from all over the world. They are not just building schools and homes but rebuilding the lives of the communities.”

She is grateful that her career as a model has given her the opportunity to help others. “To some people, the modelling world is very superficial, but it gave me a platform to help communities. Now I only work with companies that are sustainable and conscious. I want to support brands that are on the right path.”

Petra is a global ambassador for Swiss jewellery brand Chopard, which buys all of its refined gold from ethical sources, and high-end luggage brand Tumi; she launched its first recycled luggage collection last year.

“At home and on the red carpet I wear sustainable fashion. Every decision we make creates ripple effects. Our choices can either empower or destroy.”

An eco couple, Petra and Benjamin – whose company Osham Group runs ecotourism, arts and entertainment projects with sustainability at their

heart – are empowering. They first met four years ago at a friend’s wedding and started dating at the end of 2018. They married in August at sunset at Cathedral Rock in Sedona, Arizona.

“We knew it would be unbelievable to marry there, it is such a sacred place, but it exceeded even our imagination,” says Petra. “Just as the spiritual guide was marrying us, the clouds turned golden and the energy we felt was incredible – as though something divine was happening.”

“Now the love between Ben and I is even deeper since Bodhi has arrived. There is a unity between the three of us. You hear of this amazing unconditional love when you give birth, and the love expanding, but you cannot understand it until you live it.”

As Benjamin watches Petra cradling their son, he says: “Seeing them both together brings me so much joy. These two survivor beings are truly unique. Petra is a natural-born mother who has taken care of others most of her life, and now it makes me content to see that she has the opportunity of taking care of our child.”

Says Petra: “Bodhi is already such a thoughtful and strong soul. We are here to guide and provide a nurturing and loving environment for him so he can blossom to his full potential. Yet he is the one who is teaching us so much already.”

INTERVIEW: JANE DOWDESWELL
PHOTOS: JESUS CORDERO

STYLIST: JOANNE BLACK
HAIR & MAKE-UP: MICHELLE COURSEY
AT THE INDUSTRY ARTIST MGMT

**'We are here to
provide a loving
environment for
Bodhi so he
can blossom'
Petra**





Prince Harry and Meghan join the Queen on the Buckingham Palace balcony in 2018 to celebrate 100 years of the RAF

ENTERING A BRAVE NEW WORLD THE DUKE AND DUCHESS OF SUSSEX EMBRACE LIFE AWAY FROM THE PALACE AS EXPERTS PREDICT THEY COULD BECOME BILLIONAIRES EVEN WITHOUT 'SUSSEX ROYAL'

The Duke and Duchess of Sussex could become billionaires after they step down as senior royals, taking over from the Clooneys, Obamas and the Beckhams as the world's most famous power couple.

"The Harry-and-Meghan appeal is different," Robert Watts, the compiler of the *Sunday Times Rich List*, exclusively tells **HELLO!**. "There's a fairytale quality to them. Their brand is similar to other power couples, but the Sussexs have the magic dust of royalty."

"I think we could see them on the *Sunday Times Rich List* in ten years and ranked together as billionaires in 20 years' time."

It was confirmed last week that Prince Harry, 35, and Meghan, 38, will leave royal life on 31 March, when they will stop receiving funds from the sovereign grant. Their office at Buckingham Palace will close as they will no longer carry out official engagements on behalf of the Queen and the couple will stop using the "SussexRoyal" name.

Harry and Meghan have reportedly told friends

they have no regrets about their decision to step back from royal duties and carve out independent lives with their young son Archie. They have already started moving on, speaking at a conference in Miami held by investment bank JP Morgan last month in front of US power players including Jennifer Lopez and her fiancé Alex Rodriguez – an appearance some have speculated earned them as much as \$1m (£770,000).

FINAL DUTIES ANNOUNCED

It was almost seven weeks ago that Harry and Meghan shocked the world by announcing they were stepping back from royal duties.

Since then, they have set up home in Canada and have been spotted hiking and walking with their dogs in the countryside surrounding the Vancouver Island mansion where they are staying.

Last week, Harry was photographed smiling as he picked up lunch from a local grocery store, shortly after he and Meghan were spotted ►

'There is a fairytale quality to them. The Sussexes have the magic dust of royalty'



The Duke and Duchess will begin the next chapter of their life after 31 March, when they will no longer carry out 17 duties for the Queen and will stop receiving money from the sovereign grant



'The Sussexes' brand is similar to that of the Beckhams – and the Beckhams are on the rich list with £355m'

getting off a plane after returning from a meeting in the US.

The couple still have a few duties left in the UK, however, including Harry joining US rock star Jon Bon Jovi at the Abbey Road Studios in London this Friday.

The singer is re-recording his song *Unbroken* with the Invictus Games Choir in aid of the Invictus Games Foundation, the charity of which Harry is patron. The single will honour veterans living with post-traumatic stress disorder.

To publicise the event, the Duke and Duchess's @sussexroyal Instagram account posted a mock text exchange between Harry and Jon, during which the Duke says he is "livin' on a prayer" before adding: "Don't expect me to sing..BUT I'll give it a shot!"

MARCHING ON IN THE UK

Harry's studio date will be followed a few days later by his first official public engagement with Meghan since their bombshell news.

The couple will attend the Endeavour Fund Awards on 5 March to recognise sporting and other achievements by wounded, injured and sick service personnel.

The following day, Harry joins Formula 1 champion Lewis Hamilton for the official opening of the Silverstone Experience in Towcester, an immersive museum that tells the story of British motor racing and has a charitable mission to inspire the next generation of engineers.

Then, on 7 March, Meghan will again be at her husband's side for the Mountbatten Festival of Music, an annual event featuring the Massed Bands of Her Majesty's Royal Marines at the Royal Albert Hall.

Held in aid of the Royal Marines Charity and the children's cancer charity Clic Sargent, the event this year marks the 75th anniversary of the end of the Second World War and 80 years since the formation of Britain's Commandos.

Meghan will be out the next day to mark International Women's Day, with further details still to be announced, followed on 9 March by

the Commonwealth Service at Westminster Abbey, when she and Harry will join the Queen and other members of the royal family.

In addition, Harry is also expected to attend the London Marathon in April – he has been patron of the event since 2012 – and both the Duke and Duchess will be at the Invictus Games in the Netherlands in May.

The couple have said they intend to spend some of their time in North America, but their spokesman stressed they will "regularly" return to the UK as they continue with their charity work outside the royal fold.

It has been agreed that their working model for financial independence, which has never before been tried within the royal family, will be reviewed after 12 months to ensure it is working for all concerned, leaving the door open for the couple to return.

Following the announcement of the 31 March changeover, a spokesperson for the couple outlined how they see their new working arrangements:

THE 'SUSSEX ROYAL' BRAND

There have been discussions about whether the couple would retain their Sussex Royal tag, especially in light of plans for their own non-profit organisation. However, given specific UK government rules surrounding use of the word "royal", it has been agreed that the charity set-up will not be called the Sussex Royal Foundation.

A spokesperson added that the Duke and Duchess do not intend to use "SussexRoyal" in any territory after this spring, and trademark applications for it that had been filed have been removed.

TITLES

While Harry and Meghan will continue to be styled as HRH (His and Her Royal Highness), they will not actively use those titles. Nevertheless, they will continue to be known as the Duke and Duchess of Sussex, as well as the Earl and Countess of Dumbarton in ►

The couple will give up their office at Buckingham Palace as they embrace life – and the winter (Meghan in January, above) – on Vancouver Island (right)





Harry is a contented dad with son Archie during the family's winter break in Canada, where they have based themselves since their bombshell announcement

HOW HARRY AND MEGHAN COULD JOIN THE BILLIONAIRE CLUB



ROBERT WATTS is the compiler of the Sunday Times Rich List

“The earning opportunities for the Duke and Duchess of Sussex are huge. You can't underestimate the international appeal of being a royal – and the appeal is even bigger in the US, Canada and the rest of the world.

The couple already have an eight-figure fortune – perhaps one as large as £20m – but I think it's possible that in ten years' time, Prince Harry and Meghan could make it on to the *Sunday Times Rich List* with £500m and

£1bn in the longer term. However, the first few years will be pivotal.

As a couple, they've got a compelling ability to speak, they're great ambassadors and a book deal is also plausible. The challenge will be to carefully choose the opportunities that not only resonate with them, but also feel right to members of the public. It's important they keep that honest, heartfelt persona. If they do, they could earn very well for decades to come.

The Sussexes' brand is similar to that of the Beckhams' in terms of commercial power and relatability – and the Beckhams were on the *Rich List* with £355m last year.

I also think it's possible we could see

Meghan make a return to acting. She's understood to have earned around £37,000 a show on *Suits*, but I'd expect this to quadruple.

Although Harry and Meghan have a huge public profile now, the smart thing would be not to take every opportunity that comes their way at the moment. They should be patient and gradually build their brand over a series of years.

If they choose carefully, it is possible they could build a £1bn brand in 20 years' time.

Their story is unique – a Hollywood actress and a British Prince, sprinkled with that magic dust of the royals.

They have something special and the world could be their oyster.



Harry and Meghan make their first public appearance together at the Invictus Games in Toronto in 2017. They are expected to be at this year's competition in the Netherlands in May



The couple at the 2019 Commonwealth Day Service at Westminster Abbey. This year's event will be one of their last royal duties

A FUTURE FILLED WITH POSSIBILITY



MARK BORKOWSKI is a London-based PR and crisis reputation consultant

“The Duke and Duchess of Sussex have a billion-dollar brand – with or without the Sussex Royal title.

Prince Harry and Meghan are now one of the most famous couples in the world and with smart management and the right advisors, they've got a very exciting future ahead.

If you equate the likes of Bill and

Hillary Clinton or Barack and Michelle Obama, that's the region that they're in.

They could be a spokesperson for some major industry or some health and wellness movement, or they could have shares in a start-up company in Silicon Valley.

They bring column inches and the conversation into the room and that has huge collateral in a world that's driven by identity and politics and celebrity-driven things.

In 30 years' time, I wouldn't be surprised to see Meghan running for President of the United States.”

Meghan will once again attend engagements for International Women's Day after speaking last year with (below, from left) singer Annie Lennox, model Adwoa Aboah, Australian politician Julia Gillard and Angeline Murimirwa, director with education charity Camfed





'In 30 years' time, I wouldn't be surprised to see Meghan running for President of the United States'



Scotland and Baron and Baroness Kilkeel in Northern Ireland.

As the Queen's grandson and the Prince of Wales's second son, Harry keeps his position as sixth in line of succession and the Sussexes' status in the order of precedence is unchanged.

CHARITY WORK

From 1 April, as they will no longer represent the Queen, Harry and Meghan will be represented by their UK foundation team rather than Buckingham Palace.

However, they will continue to work with their existing patronages and are planning for engagements in the UK and the Commonwealth throughout the year.

The Commonwealth, community, youth empowerment and mental health will continue to be themes. Harry's priorities remain the welfare of armed forces personnel, conservation, sport for social development, HIV and Travalyst, the sustainable travel initiative.

Meghan, meanwhile, will focus on women's empowerment, gender equality and education.

The couple have also been having meetings as they plan their new charitable foundation.

MILITARY

Former soldier Harry, who served two tours in Afghanistan, will retain his ranks of army major, lieutenant commander in the Royal Navy and RAF squadron leader.

However, during the 12-month trial period, he won't be able to use his honorary military positions – Captain General Royal Marines, Honorary Air Commandant of RAF Honington and Commodore-in-Chief, Small Ships and Diving in the Royal Navy.

Despite this, the Queen is yet to appoint anyone to replace him.



REPORT: TRACY SCHAUEREN AND EMILY HORAN

The couple are breaking new ground as they walk away from royal life and follow their own path in the 21 world. Although the Duke will give up his honorary military positions, he will retain his ranks of lieutenant commander in the Royal Navy, squadron leader in the RAF and major in the army, the role he represents in his Household Cavalry (Blues and Royals) uniform at a Remembrance event (above left)



ON A SWISS FAMILY SKI BREAK THE WESSEXES TAKE TIME OUT FROM ROYAL DUTIES OVER HALF TERM

Like thousands of other British families last week, the Earl and Countess of Wessex left stormy weather behind them and headed to the ski slopes for a half-term holiday with their children, Lady Louise, 16, and Viscount Severn, 12.

The family, who have been visiting the exclusive Swiss ski resort of St Moritz for several years, are clearly at home on the snow and demonstrated well-honed skiing skills – with no repeat of the mishap two years ago that saw Louise end up on crutches.

Sophie, who celebrated her 55th birthday in January, wore a black padded jacket and white trousers with a distinctive stripe, while Edward stood out in a vibrant red jacket. At one point he shared a chairlift with his son to reach the top of one of the resort's 87 pistes.

St Moritz is where winter Alpine tourism is said to have begun in 1864. It has twice hosted the Winter Olympics and boasts Switzerland's oldest ski school, more than 200 miles of runs and 140 miles of cross-country trails. It has long been a

haunt for celebrity skiers including John Travolta, Kate Moss and Elizabeth Hurley, and was the location for two James Bond films.

RARE SIGHTINGS

The royal children are largely kept out of the public eye but attend formal family events such as Trooping the Colour.

Recently, sporty Lady Louise joined her mum on a rare public engagement, showing off her hockey skills at England Hockey's training grounds at Bisham Abbey National Sports Centre in Buckinghamshire. Like her grandfather the Duke of Edinburgh, Louise enjoys carriage driving too.

Edward and Sophie, who live at Bagshot Park in Surrey, celebrated their 20th wedding anniversary last year. Between them they have patronages or other roles in more than 150 charities and other organisations – and are likely to get even busier now the Duke and Duchess of Sussex have stepped back from royal duties. **H**

22 The Earl of Wessex prepares for a run and (above right) shares a chairlift with his son Viscount Severn

**The family have been visiting
St Moritz for years and are
all at home on the snow**



**The Countess of Wessex 23
and (left) daughter Lady
Louise look at home on the
slopes above St Moritz**



ROCHELLE HUMES HIT FORMULA MAKES BABY RANGE TOP OF THE TOTS

After revealing last month that she was “expecting”, Rochelle Humes has finally unveiled her new arrivals. The mother of two delighted fans and fellow parents by delivering her own range of child-friendly hair and beauty products to suit all ages, from birth upwards.

Rochelle was joined at the launch in London last week by friends and supporters including (above, from left) author Giovanna Fletcher, TV presenter Katie Piper, **HELLO!**'s editor in chief Rosie Nixon and Chloe Gill, wife of her husband Marvin's JLS bandmate JB Gill. TV's Stacey Solomon and son Rex, and Rochelle's proud other half (right, with his wife) were also there.

“I was concerned that Marv was going to be the only man, so I sort of lured him [here],” she revealed on her Instagram Story.

Three years in the making, the My Little Coco range features seven products including a detangling spray, shampoo and bubble bath. It was born from Rochelle's desire to find “natural, really nourishing baby-care products that are as suitable for a four-year-old as they are for a newborn”. She told **HELLO!** at the launch: “What a journey this has been.”

In a video recorded en route to the event, the TV presenter and former Saturdays singer said: “I feel like I could be sick. It must be the nerves.”

But she needn't have worried; in fact, Rochelle had

a hit on her hands. Within hours of going on sale, My Little Coco took the No. 1 spot as the best-selling baby brand in Boots. “Absolutely floored by today,” the star wrote on social media. “Feeling SO lucky and blessed to have the support... I'm off to cry now.”

Among the first to congratulate her was Aston Merrygold of JLS – who have reformed for a reunion tour – who shared a photo on Instagram of almost bare shelves. “Hmm, I believe we call this a success,” he wrote.



DENISE VAN OUTEN UNMASKED AS CABARET STAR



After foxing audiences on TV's *The Masked Singer*, Denise Van Outen made no attempt to disguise her delight in her latest role: hosting a cabaret show. The TV presenter and West End star will front *Cabaret All Stars!* during the Vegas-style show's six-week run from 5 March at London's Proud Embankment.

Calling it "a dream of mine", she shared the news with her Instagram followers, and gave them a sneak peek in a short video with some of the performers (right).

Denise not only helped to curate the acts, she will also perform herself (below left). "I've had some memorable nights at Proud, so the opportunity to sing some of my favourite songs at such a fantastic London venue is something I'm very excited about," she said.

The announcement came after she shared that singing incognito on *The Masked Singer* – even her partner, Eddie Boxshall (above left with Denise) was in the dark as to who was inside the Fox costume – has renewed her confidence after stepping back from her stage career following the birth of her daughter Betsy, now nine. "It's got me performing again, which is what I love," Denise, 45, told colleagues on *Loose Women*.

To book, visit proudcabaret.com.



MADONNA CHERISHES LATEST NO. 1 IN LONDON

She may have been plagued by injury during her current tour, but in her personal life at least, everything appears rosy for Madonna – with a little help from her specs.

Wearing pink-tinted shades and an all-black outfit, with a Stella McCartney bag, the singer was photographed heading to London restaurant Fucina for a Valentine's

Day dinner with her latest love, Ahlamalik Williams (right).

As further evidence of their devotion, Madonna also uploaded photos including one in which she plants a kiss on his cheek (below left).

An item since September, 61-year-old Madonna and Ahlamalik, 25, became close at the start of her Madame X tour, with the backing dancer providing support – both emotional and physical – as Madonna performed despite what she called "indescribable" pain in her knees and hips.

Paying tribute to him on Instagram after finishing her 12-date residency at the London Palladium, she posted: "Could not have done it without the support of all my loved ones #londonpalladium @ahla_malik."

The couple also looked cosy at a party last week at London's Chiltern Firehouse, to celebrate Madonna's 50th No. 1 on the Billboard Dance Club Songs chart in the US, with *I Don't Search I Find*. "Dance is my first love," she said, "so every time one of my songs is celebrated in the clubs and recognised on the charts it feels like home."



THE **INSIDE** STORY

SHARON OSBOURNE MUSIC MATRIARCH'S PLATINUM HIT



After almost two decades of taking Sharon Osbourne's hair colour as red, the world saw her in a new light last week when she unveiled a softer silver look.

Her new hue made its debut on celebrity colourist Jack Martin's Instagram, with before-and-after shots (left) plus a post that explained how 67-year-old Sharon – whose hair is naturally white – had been dyeing it dark red once a week for the past 18 years. All her previous attempts to lighten up had ended in “disaster” and this successful transformation took eight hours.

Getting a big thumbs-up from fellow panellists on US TV's *The Talk*, Sharon said her decision to embrace a platinum-white look had been a long time coming.

“I was just so fed up of going and having it dyed and having it dyed,” she explained. “I was, like: ‘Why am I trying to be something that I’m not? Just be who you are.’”

Asked about the reaction of husband Ozzy (pictured above with Sharon and daughter Kelly at a party for his new album *Ordinary Man*), Sharon referred to Meryl Streep's iconic character, telling viewers: “He said: ‘*The Devil Wears Prada*.’”

GWYNETH PALTROW GOES AU NATUREL ON DINNER DATE WITH DEMI AND KATE



Taking so-called “clean” eating to extremes, when Gwyneth Paltrow hosted a wellness dinner in Los Angeles, she took make-up off the menu. Stipulating that guests attend minus the goop, the actress welcomed A-list friends including Kate Hudson (below right, with Gwyneth), and Demi Moore, who discussed beauty, ageing and being happy in your own skin.

Gwyneth also interviewed Alexandra Grant (left with Gwyneth and Demi), who is dating actor Keanu Reeves, later describing the artist as “one of THE most brilliant, talented thinkers I have ever had the pleasure of speaking with”.

Sharing the love on Instagram, Alexandra thanked her host “for your thoughtful questions... and for creating such a safe space for connection and vulnerability”.

Uploading fresh-faced photographs of herself and her guests from the event, which was held to promote her Goop Glow skincare range, Gwyneth wrote alongside one shot: “No make up, no filter. An amazing

gathering of some of the best women on planet earth.”

And from Demi, who attended with daughter Rumer Willis, there was Insta-inspiration for her 1.2 million followers, in a post that declared: “Beauty is more than what you see, it is what you feel.”



HELLO LIONEL RICHIE



LIONEL RICHIE HITS ALL THE RIGHT NOTES WITH NEW HELLO FRAGRANCE

More than 35 years after his sentimental hit, Lionel Richie's fans can say Hello to his debut perfume. Swapping high notes for top notes, the singer has created two fragrances – Hello by Lionel Richie for Her and for Him.

It's a project that he has been working on for some time – and longer than originally planned. Attending the Fragrance Foundation Awards in 2016, he told W magazine online: "Fragrance is coming. It's a year away."

And posing for photos at the Los Angeles launch party (above) with his long-term partner Lisa Parigi (right), Lionel appeared delighted to finally share the finished

product with fans. "I've probably been a frustrated perfumer for years," he told Allure online.

Working with a fragrance expert, the 70-year-old star chose his scents by selecting favourite flowers and fruits in his own garden: blends of pear, jasmine and grapefruit are the result.

It is not his first venture beyond music. Four years ago he launched a range of homewares, featuring glasses, crockery, vases and more – he has since expanded it to include bed linen, towels and even candles. "I'm going in a direction you didn't expect me to go in," Lionel said at the time.



JANE SEYMOUR GATHERS SUPPORTING CAST OF HER CHILDREN AT GALA

It's rare that fans of former Bond girl Jane Seymour get to see her surrounded by her full clan, but at the tenth anniversary gala of her Open Hearts Foundation she didn't just bring a plus-one, opting instead for plus-five. Posing alongside her four children and one of her two stepchildren at the glittering event in Beverly Hills, the actress could not have looked happier.

Far from going Solitaire, the *Live and Let Die* actress was accompanied on the special night by (above, from left) her twins John and Kristopher, stepdaughter Jenni,

daughter Katherine and son Sean. "We're really close," Jane has said. "We don't use the word stepkids; we don't distinguish. I'm very proud of all my children."

The *Dr Quinn, Medicine Woman* star, who recently turned 69, set up the foundation with her ex-husband James Keach in 2010, to help emerging charities with grants and volunteering programmes. Caitlyn Jenner and George Hamilton were among the gala guests this year.

Uploading the family photo to Instagram, Jane (right) posted: "All my children... I'm a proud mama!"





THE DUKE OF YORK FAMILY OPENS PHOTO ALBUM TO CELEBRATE HIS 60TH



Princess Eugenie paid a sweet tribute to her father the Duke of York on his 60th birthday last week. Writing “Happy Birthday Papa!” on Instagram, she shared a throwback photo (above left) of her riding a pony on a woodland walk with her dad, taken by her mother Sarah, Duchess of York.

Buckingham Palace also marked the day on the royal family’s official Instagram account, sharing a photo (above right) of a chubby baby Andrew being held by his proud grandma the Queen Mother in the garden of Clarence House.

“On this day in 1960, Prince Andrew was born at Buckingham Palace, the first child born to a reigning monarch for 103 years. Happy Birthday to The Duke of York,” read the caption, which also accompanied a second photograph, a recent formal studio portrait (left).

The eighth in line to the throne – who stepped back from royal duties last November following a BBC *Newsnight* interview about his friendship with convicted sex offender Jeffrey Epstein – is thought to have celebrated his birthday with a low-key family gathering at Royal Lodge, the Windsor home he shares with ex-wife Sarah.

She posted her own tribute to Andrew on Instagram, sharing a relaxed photo of the Prince taken by Alex Bramall – the official photographer at Eugenie’s 2018 wedding.

The Yorks have another big day to look forward to this year: the marriage of Princess Beatrice to Edoardo Mapelli Mozzi on Friday 29 May. The couple, who got engaged in Italy last year, will marry at the Chapel Royal at St James’s Palace before a private reception at Buckingham Palace.

PRINCESS BEATRICE CAREER HITS A PEAK IN PAKISTAN



What better way to prepare for your trip down the aisle... than with a trip down a mountain. In Pakistan to lead what has been described as a “high-level delegation” in her role as vice president of partnerships and strategy at artificial intelligence firm Afiniti, Princess Beatrice showed off her skiing skills in the country’s Kaghan Valley.

After being transported to the remote areas by helicopter – in a trip to promote Pakistan’s tourist potential – 31-year-old Beatrice was reportedly joined on the slopes by delegates including Italy’s former Prime Minister Matteo Renzi. Her work trip was not all play, however. It also included meetings with the country’s President Dr Arif Alvi (left) and Prime Minister Imran Khan.

Beatrice (right) joined the Washington-based tech firm after a spell in business development at Sony, and has previously spoken about how her early experiences of working in the field were “very challenging”. Addressing a conference last year, she said: “This started to make me think how, working for a technology company, I could begin to make a difference in challenging gender norms. Empowering women is essential for creating jobs, growth and innovation.”





JAMES MIDDLETON MAN'S BEST FRIEND AT HEART OF HIS BIG DAY WITH ALIZÉE

Life hasn't always been a walk in the park for James Middleton, who last year went public about his struggles with depression, in an effort to remove some of the stigma surrounding mental health issues. James, who recently shared plans to "focus on highlighting how amazing dogs really are" has also spoken of how his canine companions played a leading role in his recovery.

So it's no surprise his dogs accompanied James as he unveiled the furry finalists competing for the Friends for Life award at the Kennel Club's Crufts dog show this year.

James – an ambassador for the prize, which aims to find the UK's "unsung dog heroes" – was joined at a photocall (below left and right) by four of his nine pooches – including spaniel Ella and golden retriever Mabel, who are both trained therapy dogs.

The caring canines will also be by his side when he ties the knot with French finance expert Alizée Thevenet later this year, with James telling Spanish *Vanity Fair*: "They will be one of the keys of that day." The couple (right, at Lady Gabriella and Thomas Kingston's Windsor wedding last May) reportedly got together after Alizée said hello to Ella in a London private members' club. They announced their engagement last year via an Instagram post (above) that confirmed: "She said OUI."

It's not just four-legged friends who will share their big day, however. Prince George and Princess Charlotte – the eldest children of James's big sister the Duchess of Cambridge – are expected to be pageboy and bridesmaid.



A full-page photograph of Millie Mackintosh, a pregnant woman with long brown hair, wearing a bright yellow, form-fitting, sleeveless dress. She is standing in a room with light blue walls and a patterned rug, with her right arm raised and hand resting on a wooden door frame. She is looking towards the camera with a slight smile.

'I am focusing on enjoying the last few months before we meet our baby girl'

FROM ITALY WITH LOVE
MILLIE
MACKINTOSH
AND HUSBAND HUGO TAYLOR
ENJOY LA DOLCE VITA ON A
BABYMOON IN FLORENCE

Seeing the sights and sampling some Italian delights, mum-to-be Millie Mackintosh and husband Hugo Taylor enjoyed every moment of their recent holiday together.

The couple, who revealed in **HELLO!** that they are expecting a baby girl, jetted off for a weekend of fun in Florence. Teasing fans on Instagram, Millie wished her followers a happy Valentine's Day with a wedding day photo, adding: "We are on our way to one of my favourite countries for the weekend, can you guess where? #babymoon."

The 30-year-old confirmed their romantic destination with a photo of her sitting on a sofa in the lobby of the luxury Four Seasons Hotel. Millie said she was "feeling Florentine", as she gazed down at her bump in a billowing blue Dôen smock dress.

The former *Made in Chelsea* star is in her third trimester, with their daughter expected in May. Millie has said she's craving carbs, especially pasta, which may have

been a factor in picking their babymoon destination. In one Instagram post, a glowing Millie joked that her cream silk dress "matched her dinner", a glossy pasta dish at upmarket Trattoria Cammillo, while Hugo, 33, later showed off his heart-shaped pizza.

The pair made the most of the sights, looking loved up as they visited the landmark Ponte Vecchio bridge. They explored the impressive interiors of the Basilica di San Lorenzo and scaled the 414 steps of Giotto's bell tower to get a panoramic view of the Tuscan city.

Millie and Hugo made a pit stop for lunch outside the Duomo – the cathedral of Santa Maria del Fiore – before getting up close and personal with a replica of Michelangelo's statue of David. Their Italian jaunt went off without a hitch – apart from the obvious bump – with Hugo describing the getaway with the Italian phrase "*Dolce far Niente*" ("pleasant idleness").

The new arrival will be a first child

Mum-to-be Millie is making the most of her "down time" before the arrival of her longed-for baby daughter



Millie was 'feeling Florentine' as she gazed down at her bump

Made in Italy: The former reality stars share a romantic selfie from the Ponte Vecchio bridge (above) with the mum-to-be lounging in style at their luxury hotel (right)

for the couple, who met 13 years ago in swanky London nightclub Boujis. The pair got engaged in 2017 on a holiday on the Greek island of Mykonos. They married the following June in a lavish ceremony in West Sussex surrounded by famous friends and family, with the nuptials exclusively covered by **HELLO!**.

Following the marriage, Millie said that children were definitely in their future, adding that Hugo "will be a great dad". She said: "I can picture their little faces. I want two children."

GIRL MEETS WORLD

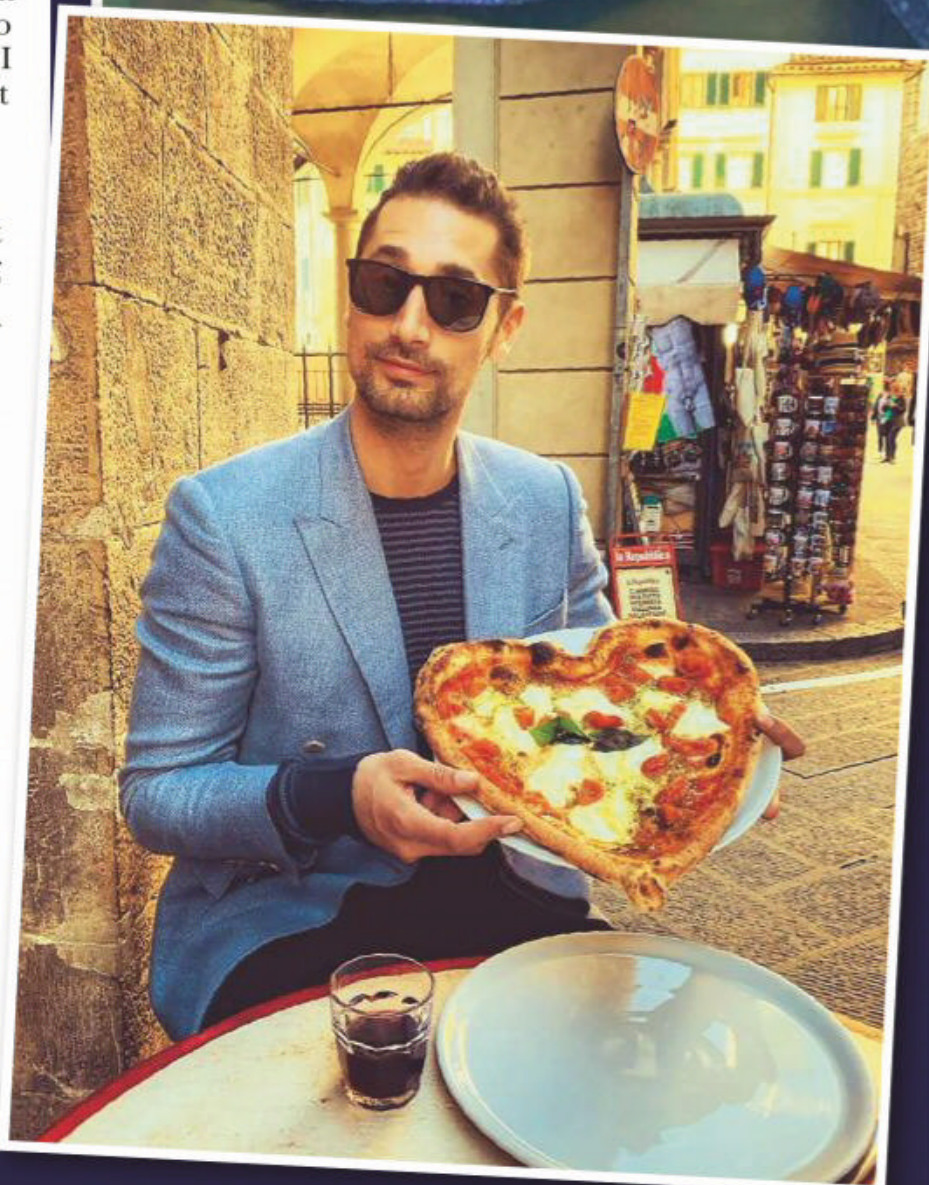
Fast forward two years and that future is now a reality. "Hearing her heartbeat for the first time with Hugo by my side was one of the most amazing moments of my life so far," Millie told **HELLO!** in November. "I'm so excited it's a girl. I would've been delighted with either, but when I found out we were having a girl, I suddenly realised this is what I really wanted," she said.

And Millie opened up to her fans about how her body has been feeling the strain of carrying her baby around.

She is now looking forward to the final months of her pregnancy, revealing: "I have to remind myself to allow plenty of downtime, putting my feet up and focusing on enjoying the last few months before we meet our baby girl!"



REPORT: EMILY STEDMAN



Millie gazes at the sights from her "room with a view". Hugo shares the love with a heart-shaped pizza (left)



CELEBRATING ITS 40TH YEAR THE BRIT AWARDS

BILLIE EILISH, MABEL AND STORMZY TRIUMPH ON MUSIC'S BIG NIGHT



Billie Eilish and
32 (top) Mabel were
both winners and
performers on an
emotional night

This year's Brit Awards produced a night of colour, glamour, fun – and some sadness. Dominating the red carpet at London's O2 was International Female Solo Artist nominee Lizzo, who wore a chocolate-wrapper-inspired dress by Jeremy Scott for Moschino. Meanwhile, two-time Brit Award winner Ellie Goulding dazzled in a patchwork dress by Koché.

Billie Eilish – wearing Burberry from head to toe to nails – received rapturous applause after performing the theme song for the next Bond film *No Time to Die*.

The US singer-songwriter, who turned 18 in December, later became emotional when accepting her award for International Female Solo Artist from former Spice Girl Melanie Chisholm. Addressing the audience, she said: "I've felt very hated recently and when I was on the stage and I saw you guys all smiling at me, it genuinely made me want to cry, and I want to cry right now."

Singer Mabel, who opened the show with her 2019 hit *Don't Call Me Up*, was accompanied to the event by her singer-songwriter mother Neneh Cherry. Accepting the gong for British Female Solo Artist, Mabel said: "I had the honour today of walking the red carpet with my amazing mum, and it's exactly 30 years today since she took home two of these, and performed on this stage, so it's a very special night."

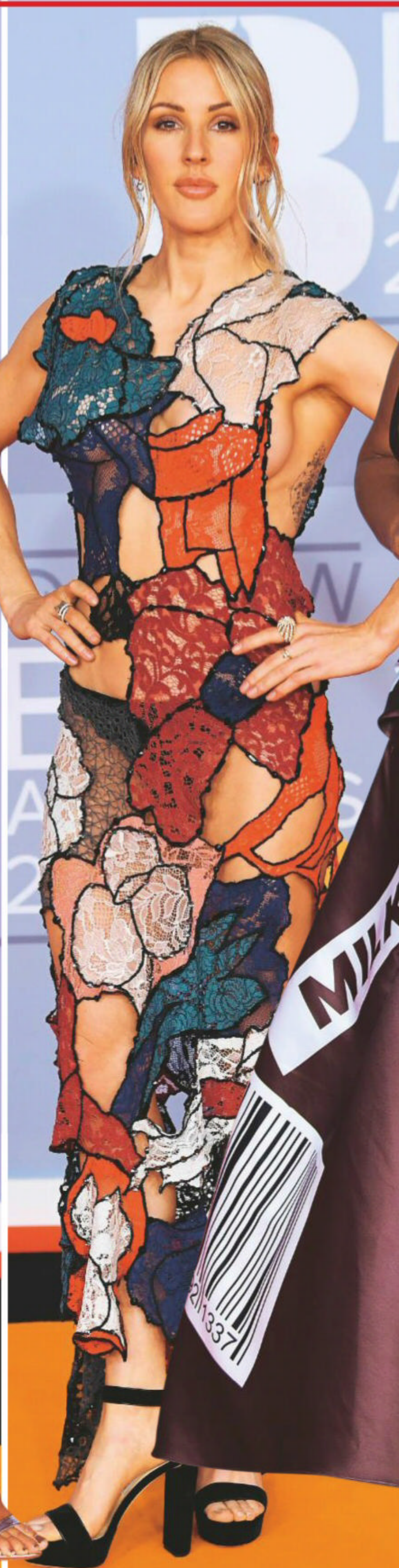
WIN-WIN SITUATION

Other winners included Scottish singer Lewis Capaldi, who won Best New Artist and Song of the Year for *Someone You Loved*, and Oxford rock band Foals, who were named Best Group. Stormzy won Male Solo Artist for the second time, and *Psychodrama* by rapper Dave won Album of the Year.

Host Jack Whitehall paid tribute to Caroline Flack, who had been a regular attendee at the awards, saying: "Over the weekend we learnt the awful news that a member of the Brits family, our friend Caroline Flack, tragically passed away. She was a kind and vibrant person with an infectious sense of fun. She will be sorely missed. I'm sure I speak for everyone here when I say our thoughts are with her friends and family."

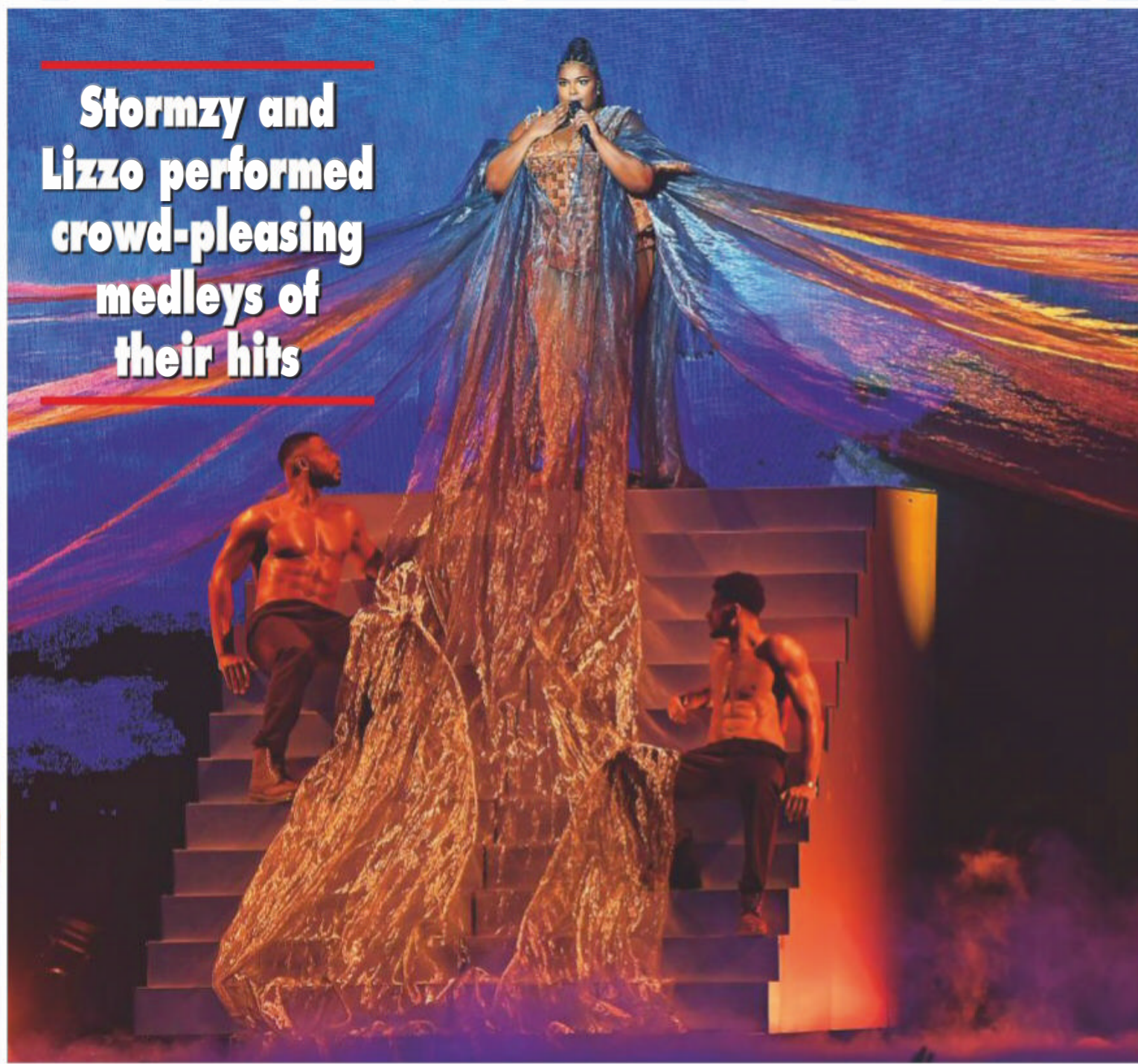
Caroline's former boyfriend Harry ▶

'I had the honour of walking the red carpet with my mum, and it's exactly 30 years since she took home two of these' Mabel



Michelle Keegan (far left) and Ellie Goulding (left) join Lizzo in making red-carpet statements, with Lizzo's Hershey's chocolate-inspired dress and clutch stealing the spotlight

Stormzy and Lizzo performed crowd-pleasing medleys of their hits



Lizzo's run through her hits began with her swathed in lengths of chiffon atop a set of stairs (above). Among those to enjoy the energy-packed performance was BBC Radio 1 presenter Maya Jama (right)



Sir Rod Stewart and Ronnie Wood (below) bring the ceremony to a close, performing with their former Faces bandmate Kenney Jones. Addressing the audience, Rod said: "This show may be 40 years old, but the Faces are now 50 years old." Ronnie's wife Sally and Lady Stewart (together left) accompanied their husbands to the event





Colour co-ordinated: Melanie Chisholm and Billie Eilish chat at the Universal Music party. "I love her," said Mel. "She has big Spice Girl energy"

Styles, who was nominated for two awards, paid his own tribute by wearing a black ribbon on the lapel of his brown Gucci suit – the first of three outfits for the evening – and later delivered a moving rendition of his ballad *Falling*, which opens with the words: "I'm in my bed and you're not here."

Stormzy and Lizzo performed crowd-pleasing medleys of their hits, and the ceremony wrapped up with a performance from Sir Rod Stewart, who was joined for part of his set by two of his former Faces bandmates.

"This show may be 40 years old, but the Faces are now 50 years old," he said. "There used to be five of us, there's only three of us now, so let me bring out Ronnie Wood and Kenney Jones."

The trio then performed their 1971 hit *Stay With Me*.

THE PARTY LINE

The stars then made their way to afterparties across London. Stormzy and Lizzo were joined by Anne-Marie, Adwoa Aboah, Irina Shayk and Abbey Clancy at the Warner Music bash at Chiltern

Firehouse, where they drank Ciroc vodka cocktails and were treated to a DJ set by Courtney Love.

Wearing a candy-pink dress by Raisa & Vanessa, Anne-Marie, who presented the Group of the Year award, told **HELLO!** how much she had enjoyed the evening.

"I really loved presenting tonight as I had the easy part – I didn't have to perform. I loved Dave and Stormzy's performances."

At the Universal Music party at The Ned hotel, Melanie showed off her DJ skills in front of stars including Billie Eilish, Mabel, Lewis Capaldi and Maya Jama.

And at Sony's party at The Standard hotel, former flames Harry Styles and Kendall Jenner were seen chatting. Other guests included Bella Hadid, Paloma Faith and Lily-Rose Depp.



REPORT: LAURA BENJAMIN



Stormzy delivers a high-energy set; Paloma Faith and Harry Styles swap style notes at the Sony party (right); and singer Anne-Marie looks unruffled in pink (far right)



BACK AT THE TOP OF HIS GAME BRAD PITT IS ON A ROLL AS HE SECURES HIS STATUS AS KING OF HOLLYWOOD

Sharp in his tuxedo and with the eyes of the world on him, Brad Pitt savoured every moment as he approached the stage to receive his first acting Academy Award.

Picking up the Best Supporting Actor trophy for his role in *Once Upon a Time in Hollywood*, the 56-year-old star appeared to have fully rebounded from the upheaval in his life that saw him divorce Angelina Jolie in one of the film world's most surprising splits, then admit to going through a dark time.

No wonder he told the Oscars crowd: "Listen, I'm a bit gobsmacked."

He continued: "I'm not one to look back, but this has made me do so. And I think of my folks taking me to the drive-in to see Butch and Sundance, and loading up my car and moving out here, and to Geena [Davis] and Ridley [Scott] for giving me my first shot [in *Thelma and Louise*], to all the wonderful people I've met along the way to stand here now."

"Once upon a time in Hollywood? Ain't that the truth?" he finished. "This is for my kids, who colour everything I do. I adore you."

Brad and Angelina had been together for nine years when they decided to marry in August 2014. But just two years later they shocked the world when they announced they were to divorce.

The couple, who had juggled travelling the globe for their successful careers with raising children Maddox, now 18, Pax, 16, Zahara, 15, Shiloh, 13 and 11-year-old twins Vivienne and Knox, immediately became embroiled in a complicated battle to resolve custody and legal issues.

Brad largely retreated from the spotlight to heal from the split and tackle his issues with alcohol, which saw him join Alcoholics Anonymous to get sober. He

returned better than ever, a transition capped by this year's Oscar win.

"He's a new man," a source told a US magazine. "He's happy, loves his kids and relishes his quiet time at home."

"He's been enjoying a little slower personal life. It has worked wonders. We can see that it has shot him to the top professionally."

KEEPING MUM ON LOVE

Interest in Brad's personal life has seen him linked to several women, including Sienna Miller and his ex-wife Jennifer Aniston – the duo, who divorced in 2005, set the gossip mill turning in January with their signs of affection at the Screen Actors Guild Awards.

The actor has stayed quiet and let his work speak for him instead – although he did make a joke about the speculation over his love life when he picked up the Best Supporting Actor prize at the Golden Globes in January.

"I wanted to bring my mom, but I couldn't because any woman I stand next to they say I'm dating and that would just be awkward," he said, to laughter from the A-list crowd.

Bitter public disputes with Angelina, largely revolving around allegations of a rift between him and the children, have also quietened down and the actor now enjoys a much smoother relationship with his former wife.

Although the couple continue to work on the financial aspects of their divorce settlement, they were officially declared single nearly a year ago. Both he and Angelina reside in Los Angeles so they can take turns seeing the children.

After his Oscar win, Brad is turning his attention back to producing and has several projects lined up over the next few years, including adaptations of *The Underground Railroad* and *The Curious Incident of the Dog in the Night-Time*.

And it seems he couldn't be happier, saying last month: "I got friends, I got lovely kids, I like my coffee, I like my dogs – I've got no complaints."

REPORT: LAURA BENJAMIN



The actor with the Oscar that left him "gobsmacked" and (right) greeting ex-wife Jennifer Aniston at the Screen Actors Guild Awards in January

'He's a new man. He's happy, loves his kids and relishes quiet time at home'



Brad steps out on the red carpet in Los Angeles and (left) in happier times with then wife Angelina Jolie and children 37 Maddox, Pax, Zahara, Shiloh, Vivienne and Knox



THREE-TIME OSCAR WINNING COSTUME DESIGNER SANDY POWELL

ON TURNING A BLANK CANVAS INTO A WORK OF ART DURING AWARD SEASON

‘This is a deeply personal project’

Deciding what to wear can be one of the biggest challenges of attending awards ceremonies. But for three-time Oscar-winning costume designer Sandy Powell, this year was all about signature style.

Combining flair and sustainability with a sense of humour, Sandy wore a toile cream suit – a calico template from an earlier designer suit – on which she gathered more than 150 signatures from Hollywood’s finest. It will be auctioned off next month to raise money to save the former home of her late mentor and friend, the filmmaker Derek Jarman.

“I thought: ‘It’s a blank canvas – I could carry a Sharpie and get signatures and put it to a good cause,’” says the London-based British designer. “The campaign aligned with the awards ceremony and choosing what to wear, and raised money at the same time – it was serendipity.”

The list of signatures is a roll call of the great and the good in Hollywood – many of whom she has dressed on screen – including Robert de Niro, Al Pacino, Olivia Colman, Scarlett Johansson, Renée Zellweger, Leonardo diCaprio and Brad Pitt, as well as directors Martin Scorsese, Quentin Tarantino and *Parasite*’s Bong Joon Ho, plus Oscar-winning singer Sir Elton John and Janelle Monae, who performed at the ceremony.

“I had no qualms about asking, because it was fun to do,” says Sandy, who won her 15th nomination this year for her work on Martin Scorsese’s Netflix drama *The Irishman*. “I was sitting halfway back in the stalls so I could see where everybody was seated. Every time there was a commercial break I’d plan my target and run

down. Both Brad and Leo said yes and smiled for the camera. There wasn’t time to have a long conversation – I just said: ‘Believe me, it’s for a good cause.’”

Some areas of the suit were more sensitive to sign than others. “I gave my bum to the girls to sign,” she says. “Leo signed the lapel and said: ‘It’s close to your heart.’ Gwendoline Christie signed my inner thigh.”

DRESSED FOR SUCCESS

Sandy will auction the suit – which she debuted at the London Critics’ Circle awards and also wore to the Baftas – through Art Fund, a leading independent arts charity, in aid of the campaign to save Prospect Cottage and its garden, where Derek lived until his death in 1994. The aim is to maintain the home on the Kent coast as a place for artist residencies and public access.

“This is a deeply personal project as Derek is the person who inspired and encouraged me many years ago and started my career,” she says. “Maintaining his home will promote and protect his legacy and reintroduce his work to a new generation.”

This year’s ceremony, says Sandy, was her favourite – despite the fact that she didn’t win on the night. “I’ve worked with a lot of actors, but the best thing was that I got to talk to people I’d never usually meet, such as the foreign filmmakers and documentary makers,” she says. “It’s the most fun I’ve had at an Oscars.”

H

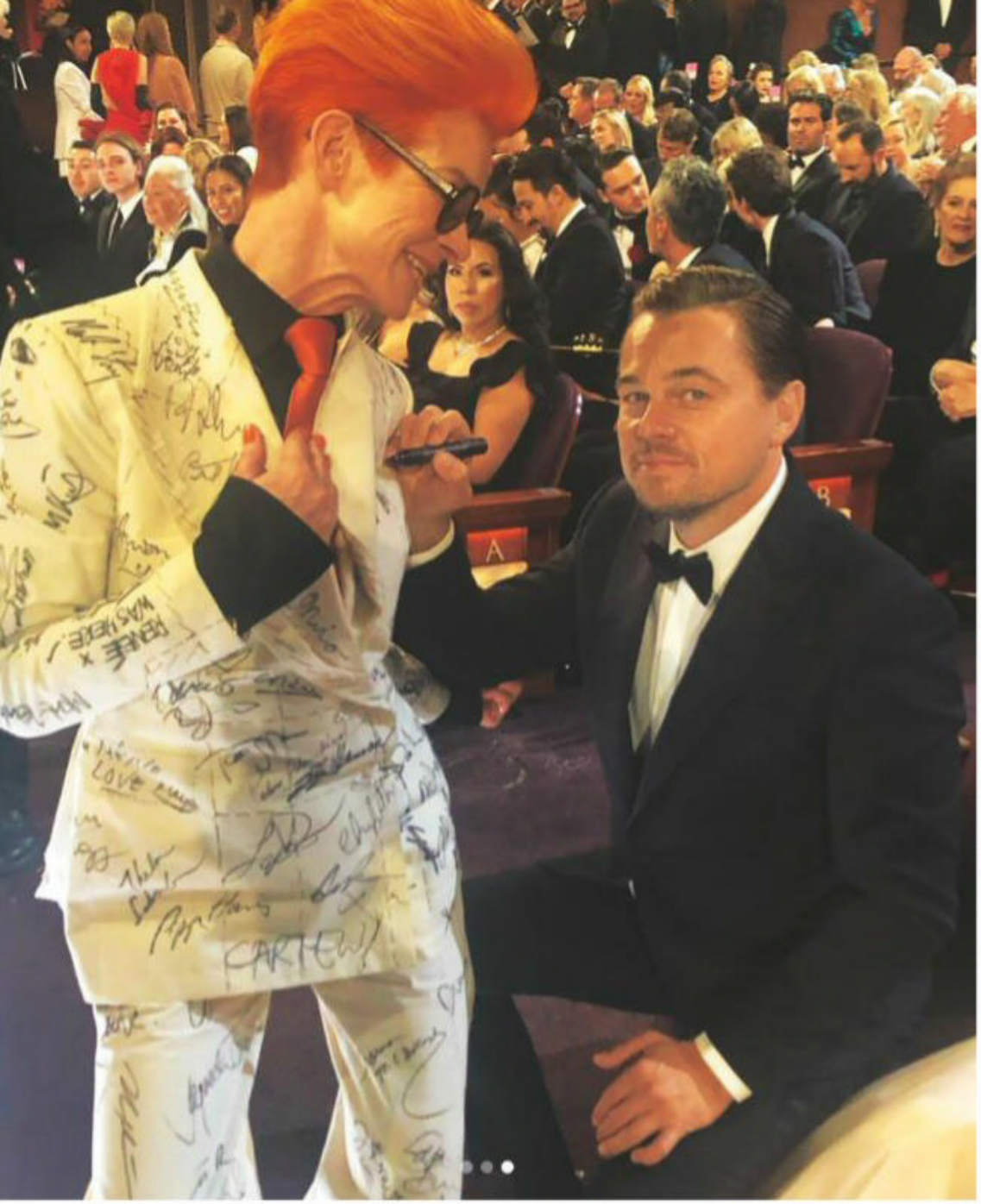
REPORT: ROSALIND POWELL

For more information or to donate, visit artfund.org/prospect.

Sandy’s suit is unsullied as she arrives at the Critics’ Circle awards (above) before getting stars to sign up to the cause. Leading ladies Scarlett Johansson (below left) and Margot Robbie (below right) add their names



PHOTOS: CAMERA PRESS, GETTY IMAGES, REUTERS, SANDY POWELL



‘Leo signed the lapel and said: “It’s close to your heart”’

Star signs: Sandy shows off the first wave of star autographs from the Baftas (right). She again wore the suit at the Oscars, with Leonardo DiCaprio (above) and Brad Pitt (below) happy to add their signatures to the roll call of famous names



DIAMONDS ARE FOREVER AS CUBAN ACTRESS ANA DE ARMAS SHOWS HER SPARKLING FORM AS THE WORLD WAITS TO SEE HER IN BOND 25

'Bond women have always been, for me at least, unrelatable. My character feels like a real woman'



Excitement is reaching fever pitch for the next James Bond film – the 25th in the series – with millions of fans left shaken and stirred by the action-packed online trailer for *No Time to Die*.

This could be Daniel Craig's last outing as the suave super-spy – and adding to the anticipation is the thought of the sparks flying between him and new co-star Ana de Armas.

The 31-year-old, who dazzles with Chopard jewels in these stunning pictures, plays CIA agent Paloma and has promised her character will be a break from the usual Bond girl.

"The Bond women have always been, for me at least, unrelatable," the Cuban-born actress has said. It meant she had her doubts on first

being offered the role. "Obviously I was jumping all over the place and very excited. But I needed to be sure it wouldn't jeopardise all the work I'd been putting in, that it wouldn't ruin everything."

She has credited *Fleabag* creator Phoebe Waller-Bridge, who co-wrote the script, for changing that: "You could tell that Phoebe was in there. There was that humour and spikiness so specific to her. My character feels like a real woman."

LICENCE TO THRILL

In the film, 007 joins forces with the CIA to rescue a kidnapped scientist, leading him to a mysterious villain, played by Rami Malek. Ana's character is assigned to assist Bond.

The role sees her join a star-studded cast, including Naomie Harris as Eve Moneypenny and Ralph Fiennes as M, together with *Spectre*'s Léa Seydoux, who returns as psychiatrist and Bond love interest Madeleine Swann.

No Time to Die hits UK cinemas in April, when Ana will also be seen in the Netflix Iraq war drama *Sergio*.

As well as that, she'll appear as Marilyn Monroe in the biopic *Blonde*, which finished filming a few days before she started on 007.

"I will be a Bond girl with a Marilyn Monroe body," she said.

In the meantime, she is filming the psychological thriller *Deep Water* with Ben Affleck, about a married couple whose mind

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Ana grabs a break on the *No Time to Die* set to model Chopard jewellery, after (inset left) launching the film last year 41 with her James Bond co-star Daniel Craig at Ian Fleming's GoldenEye home in Jamaica



games lead to people dying. The two actors are said to have formed a close bond on the set, sparking dating rumours.

RISE TO FAME

Ana grabbed Hollywood's attention in 2017 with her breakout role in *Blade Runner 2049*, playing Ryan Gosling's holographic girlfriend.

However, her acting career began on TV in Spain, her grandparents' birthplace, after leaving her home town to the north of Havana for Madrid at the age of 18.

"In Cuba, you grow up thinking you have everything you need, but I was always very curious and ambitious," she has said.

"When I started to do auditions, they used to ask me whether I really was Cuban because they

didn't see it in my looks. People think of Latina women as more curvaceous, like Sofía Vergara or Eva Mendes. But I think things are slowly changing."

After eight successful years in Spain, Ana set her sights on conquering Hollywood – a leap of faith that led to her getting a Golden Globes nomination this year for her role in comedy drama *Knives Out*, opposite her 007 leading man Daniel.

Now she plans to split her time between New York and Havana, but no matter where her next project takes her, there's no doubt Ana will blaze a dazzling trail.

"I'm living my dream," she said last year. "This is exactly what I want to be and what I want to do." **H**

REPORT: EMILY HORAN
PHOTOS: GREG WILLIAMS



The actress's jewels shine as brightly as her career – this year sees Ana play Marilyn Monroe in *Blonde* and star opposite Ben Affleck in the thriller *Deep Water*, as well as proving a feisty sidekick (above right, in the film) for Daniel (in action, right) in the 25th 007 outing

“SOMETIMES,
I CAN’T STOP
SCRATCHING”.

NATALIE, UK

2x

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SOCIETY MODEL AND BRIDE-TO-BE LADY KITTY SPENCER IS A VISION IN RED AS SHE PARTIES WITH THE IN-CROWD IN MILAN



Lady Kitty shows off her model background in Alberta Ferretti in Milan (left and above) and with fiancé Michael Lewis last August (below)

Aristocratic model Lady Kitty Spencer was a lady in red last week at the Alberta Ferretti after-show party at Milan Fashion Week.

A regular on the Dolce & Gabbana catwalk and a Bulgari brand ambassador, the 29-year-old niece of Diana, Princess of Wales struck a pose in a floor-length gown by the designer, styled with a pair of gold heels, for the glitzy event at the Palazzo Donizetti.

Earlier, she had sat front row to see the fashion house's autumn collection, perhaps seeking ideas for her wedding dress after viewing a series of showstopping gowns.

Lady Kitty is thought to have got engaged to businessman Michael Lewis, 61, at the end of last year and is reported to be converting to his Jewish faith to demonstrate her commitment to him.

Friends of the couple say she is taking religious instruction in preparation for her marriage to the fashion tycoon.

Michael married his (now ex-) wife Leola in an Orthodox ceremony in 1985. While it is not yet known which branch of the faith Kitty might follow, converts are generally expected to observe the Sabbath,

follow dietary laws and read some Hebrew. They are also expected to belong to a synagogue and keep to the moral and legal principles observed by their community.

Michael, who has three adult children and is six years older than Kitty's father, Diana's younger brother Earl Spencer, reportedly popped the question shortly before Christmas.

The couple's romance became public last May, when they were spotted in New York, but rumours of their relationship first began in the summer of 2018. **H**

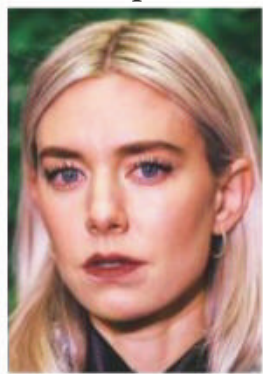


7 DAYS

A ROUND-UP OF NEWS REPORTS

VANESSA KIRBY

Actress splits from *Capture* star



Former *The Crown* actress Vanessa Kirby has split from her boyfriend Callum Turner. Vanessa met the star of *The Capture* when they appeared in 2014 film comedy *Queen & Country*.

They began dating a year later, but did not make it public until 2017, when Vanessa, who won a Bafta for her portrayal of a young Princess Margaret in *The Crown*, was forced to deny reports she was dating her *Mission Impossible* co-star Tom Cruise.

Vanessa, 31, and the 30-year-old *War and Peace* actor are said to have grown apart after spending long periods away from each other filming.

SIR ELTON JOHN

Quits concert with pneumonia



Sir Elton John apologised to fans for ending a New Zealand gig early because of illness. The 72-year-old was performing at Mount Smart Stadium in Auckland when he lost his voice. He began crying and was escorted off to a standing ovation.

Sir Elton revealed on Instagram that he had been diagnosed with walking pneumonia earlier that day. "I played and sang my heart out, until my voice could sing no more. I'm disappointed, deeply upset and sorry. I gave it all I had," he wrote.

The promoter says Sir Elton will not cancel his remaining Farewell shows in New Zealand and Australia.

STORY OF THE WEEK

Dame Julie Walters clear from cancer



Dame Julie Walters last week revealed her battle with cancer. The 69-year-old said she had been diagnosed with stage 3 bowel cancer

18 months ago, after doctors found two tumours in her large intestine.

The seven-time Bafta winner was filming *The Secret Garden*, a new adaptation of Frances Hodgson Burnett's classic novel, due for release in April.

Recalling the moment she was told she had cancer, Dame Julie said: "Shock. First of all.

And I thought: 'Right.' Then you hold on to the positive, which was that [the surgeon] said: 'We can fix this.'"

The actress added that telling her husband of 23 years, Grant Roffey, had been hard. "I'll never forget his face – tears came into his eyes," she said.

The *Billy Elliot* and *Educating Rita* star had surgery which she said involved "30cm taken out of my colon". After chemotherapy, Dame Julie has been given the all clear.

Her role in *The Secret Garden* could be her last, she said.

"My perspective towards acting has completely changed. I feel like the person before the operation is different to this person," she said.

CHRIS NOTH

'Mr Big' welcomes second son



Former *Sex and the City* star Chris Noth, dubbed Mr Big on the hit show, last week welcomed a second son with wife Tara Wilson.

"Down from the heavens comes our second son – Keats! 'A thing of beauty is a joy forever'," he wrote on Instagram, quoting poet John Keats, after whom the new arrival is named.

The 65-year-old and Tara, 37, wed in 2012. They are also parents to 12-year-old son Orion Christopher.

DAME SHIRLEY BASSEY

Signature hit a Cilla Black song first



Dame Shirley Bassey hit *Big Spender*, one of the Welsh diva's most famous songs, was first performed in the UK by singer Cilla Black, it was revealed last week. In an ITV

documentary about Cilla's life, the Liverpoolian star is shown singing the

song at London's Savoy Hotel in 1966. However, it was Cardiff-born Shirley who made the tune famous with her own version a year later.

In *Cilla: The Lost Tapes*, Sir Cliff Richard said he wasn't surprised that Shirley wanted to sing *Big Spender*, adding: "But isn't it fantastic that Cilla did it first? I didn't even realise that piece of film existed."

Cilla died aged 72 in 2015.

JIMMY TARBUCK

Comic reveals cancer diagnosis



Comedian Jimmy Tarbuck has announced he has prostate cancer. The Liverpoolian comic said he would "try and beat it" and that he felt "great", adding that the disease had not yet spread. The 80-year-old received his diagnosis days after his birthday.

Jimmy said that Sir Rod Stewart revealing his own treatment for prostate cancer had prompted him to get checked. He urged other men to do the same. "I think after 50, just have a test, let them have a look at you. You will be relieved and be with your families for extra years," he said.

NICOLA ROBERTS

Queen Bee on *The Masked Singer*



Ex-Girls Aloud star Nicola Roberts has been unveiled as the winner of *The Masked Singer* UK. Disguised as a Queen Bee, the 34-year-old beat comedian Jason Manford and

opera singer Katherine Jenkins in the final of the ITV show. She said: "I was actually nervous to take the mask off because I was like: 'Oh God, are people going to be happy?'"

HARRY STYLES

Singer robbed at knifepoint



Former One Direction star Harry Styles was robbed at knifepoint on Valentine's Day while on his way home from a night out in London's Hampstead. The

Sign of the Times singer, 26, was left unharmed but was forced to hand over cash.

● Ex-1D star Zayn Malik and Gigi Hadid are back together. The 24-year-old US model confirmed the reunion with an Instagram post of the *Pillow Talk* singer captioned: "My Valentine."

JUNE BROWN

EastEnders star leaves Walford

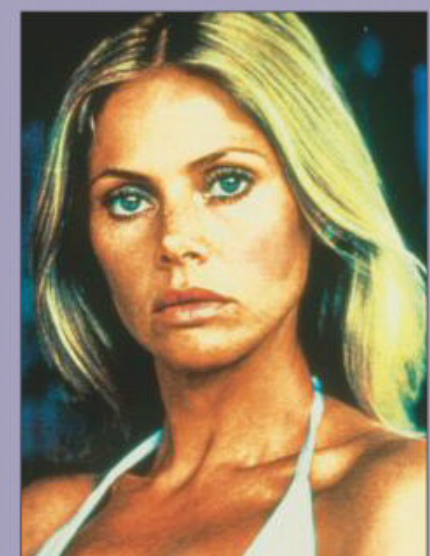


June Brown, best known as Dot Cotton in BBC1 soap *EastEnders*, last week confirmed she had left the show after 35 years. June, 93, last appeared on the show in January,

when she was heard leaving a voicemail saying she had moved to Ireland. June told podcast *Distinct Nostalgia*: "I've sent myself to Ireland and that's where she'll stay. I've left *EastEnders*." June first appeared on the show in July 1985, just a few months after its launch.

For the latest celebrity news, visit hellomagazine.com

Quotes of the week



'I'm very proud to have been a Bond girl – but do I think it's time for a female Bond? No, absolutely not'

Britt Ekland (left) isn't golden-gunning for a gender change for the secret agent

'There are knickers and bras being thrown up on stage but they're more symbols of love'

Spandau Ballet star Martin Kemp plays up to his status as a former pop pin-up

'My plan A at university was to use my English degree to become a writer or teacher.

I didn't want to do the same thing as my family, so acting was my plan Z'

Actress Emilia Fox wanted to be a lady of letters but exhausted the alphabet

'Women are raised to pretend we're perfect, eloquent little flowers who glide through life never leaking or smelling or having excess hair'

Comedian Shappi Khorsandi reflects on the joys of being female

'After decades throwing myself out of helicopters,

I've just broken my toe... doing Pilates'

Former *Treasure Hunt* star Anneka Rice on her latest big break

'Marriage is not right for me. It made me lazy. Somehow you get married and you start taking things for granted'

Two-time divorcee Kiefer Sutherland isn't planning on being third time lucky

'The biggest regret of my life is this divorce'

Ben Affleck says alcohol addiction ended his 11-year marriage to Jennifer Garner

1979-2020

CAROLINE FLACK

SHOWBIZ WORLD IN SHOCK AFTER TV HOST'S TRAGIC DEATH

'She loved to laugh and had the most infectious chuckle... Caroline loved to love, that's all she wanted' Laura Whitmore

She was one of our most popular and vivacious TV personalities, dancing her way into the nation's hearts when she lifted *Strictly Come Dancing's* Glitterball trophy in 2014 and going on to present ITV2's phenomenally successful dating show *Love Island*, for which she picked up a Bafta in 2018. But last week the world of showbusiness – and the nation – was in mourning following the news that Caroline Flack had taken her own life.

Her death came less than three weeks before she was due to attend court on an assault charge after being accused of hitting her boyfriend Lewis Burton in her London home in December – a charge she denied. An inquest into her death opened last week and was adjourned to August.

Stars including Cheryl Cole, Louise Redknapp, Nick Grimshaw, Rita Ora and her former *The Xtra Factor* co-host Olly Murs were among those to pay tribute.

Laura Whitmore, who took over as host of *Love Island* after her close friend Caroline stepped down in the wake of her arrest, began her BBC Radio 5 Live show the following day with a particularly emotional and

heartfelt tribute. "She was bubbly and for such a small stature, commanded a room," Laura said.

"She loved to laugh and had the most infectious chuckle... Caroline loved to love, that's all she wanted, which is why the show *Love Island* was important to her because the show is about finding love."

Lewis, whom Caroline was prevented by court order from contacting pending the trial but was not supporting the prosecution, posted a photo on Instagram of the pair on holiday with the message: "My heart is broken we had something so special. I am so lost for words I am in so much pain I miss you so much I know you felt safe with me you always said I don't think about anything else when I am with you and I was not allowed to be there this time I kept asking and asking."

CAROLINE'S LAST MESSAGE

Four days after Caroline's death, her mother Christine released an unpublished Instagram post that her daughter had written shortly before she died and in which she talked of her despair following her arrest.

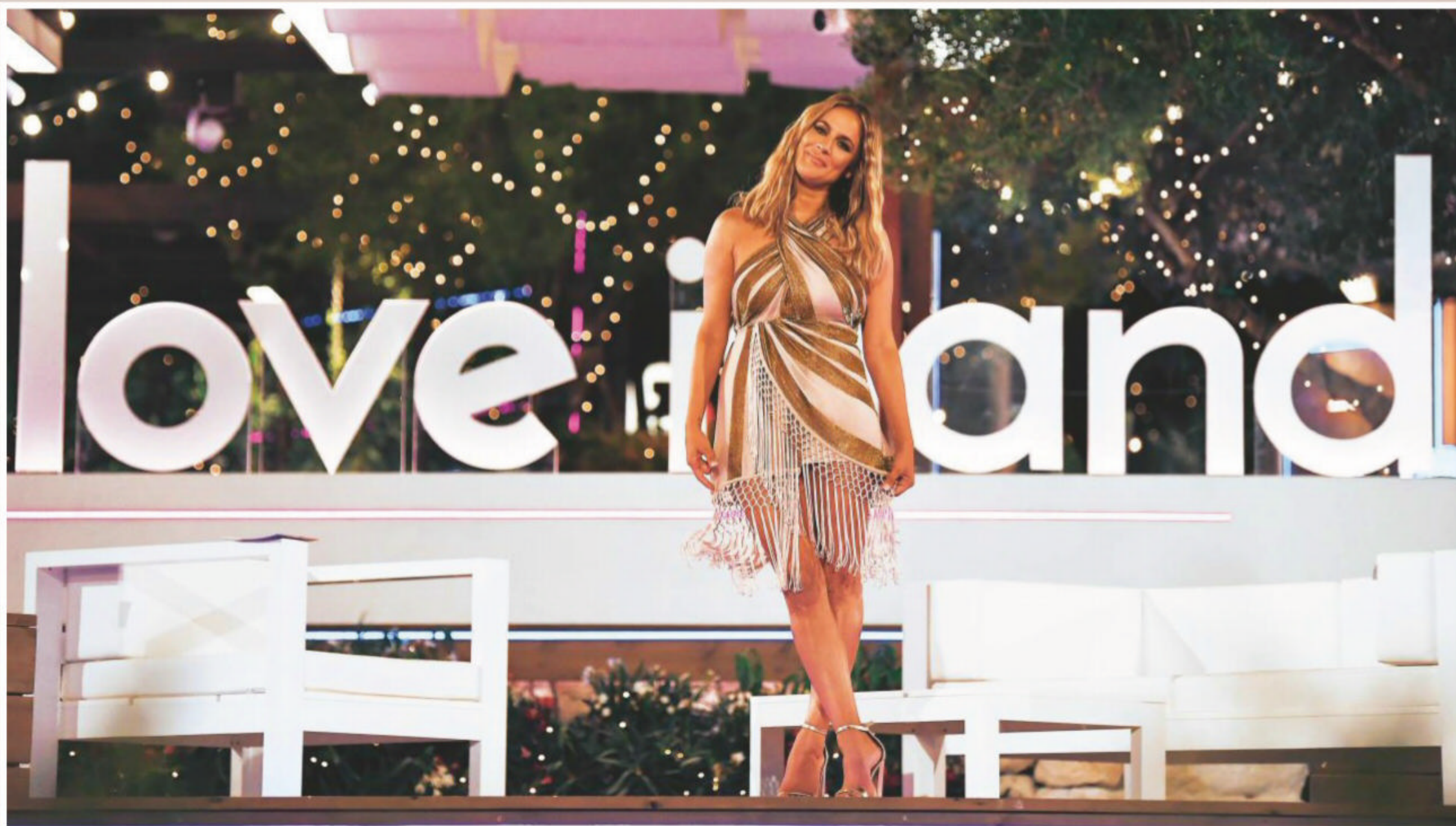
"On December the 12th ►

Caroline with her boyfriend Lewis Burton (left) and with her mum Christine (below). The star regularly posted updates of her busy life on social media but in recent months had spoken about the pressures of living life in the spotlight

A beaming Caroline with the Bafta awarded to *Love Island* for best reality TV show in 2018. The presenter described working on the show as her "dream job"

**'My heart is
broken we
had something
so special'
Lewis Burton**





Caroline introduces viewers to the fourth series of *Love Island* in 2018 (above). When asked in 2015 whether she was hoping for true love and a wedding from the show, she said: “And a baby! I’m like a single Cilla Black. This is my dream job – doing live television on a beach!”



2019 I was arrested for common assault on my boyfriend... Within 24 hours my whole world and future was swept from under my feet and all the walls that I had taken so long to build around me, collapsed. I am suddenly on a different kind of stage and everyone is watching it happen. I have always taken responsibility for what happened that night. Even on the night. But the truth is... It was an accident. I’ve been having some sort of emotional breakdown for a very long time. But I am NOT a domestic abuser. We had an argument and an accident happened. An accident.”

A LIFE WELL LIVED

Born in Enfield, North London, and raised in Norfolk, Caroline gained a place at a stage school in Cambridge at 16.

Her presenting career took off in the

early 2000s, with stints on CBBC Saturday morning show *TMi*, *Gladiators* on Sky One and ITV2 spin-off shows *I’m a Celebrity... Get Me Out of Here!* *NOW!* and *The Xtra Factor*. In 2014 she won *Strictly* and in 2015 started work on *Love Island*. “This is my dream job – doing live television on a beach!” she said at the time.

Caroline is survived by her parents Christine and Ian, older siblings Elizabeth and Paul and twin sister Jody, of whom Caroline said in 2015: “I’m very lucky to have a twin. We’re very close – we shared a bed until we were four and we were in the same class at school – but we’re quite different. She’s a mum with three beautiful children, so we have completely different lives, but we each enjoy the other’s life vicariously.”

REPORT: LAURA BENJAMIN

Caroline and Pasha Kovalev lift the *Strictly Come Dancing* Glitterball in 2014 (left). She had risen to stardom after presenting jobs including *TMi* with Sam Nixon and Mark Rhodes (below left) and *The Xtra Factor* with Olly Murs (below right)



'Although I'm sure Caroline's story is infinitely more complex, experiencing kindness from others can only help' Rosie Nixon

HELLO!'S EDITOR IN CHIEF ROSIE NIXON CALLS FOR KINDNESS



News of Caroline's untimely death has shocked me to the core. We shared mutual friends in the business and, like you, I knew her face well from TV. She has been portrayed as a bubbly party girl who loved passionately and "lit up a room", but behind her smile was a deep sadness that, by all accounts, was compounded by coping with all the attention – wanted and unwanted – that comes with living a life in the spotlight.

Whereas famous personalities were once able to leave the TV studio, the nightclub or wherever they had been to go home and switch off the attention they might get, it's not so easy these days. Social media is a brilliant way to connect people and create communities, but it also has a dark side. It can be an addictive, relentlessly negative environment, and one that feeds off abusive comments.

People seem to feel it's okay to post bullying, vitriolic, racist, sexist, hateful things to people they don't know – things they certainly wouldn't dare say to that person's face if they met them in the street. Well, it's not okay – it has to stop.

Last year we at **HELLO!** launched our #HelloToKindness campaign in response to witnessing a shocking growth in negative and abusive comments on our own social platforms, particularly Twitter and Instagram, aimed primarily at the Duchess of Cambridge and Duchess of Sussex.

Members of our team were spending a disproportionate amount of time deleting these abusive comments and blocking users. It was exhausting and upsetting. So we felt we needed to make a stand, to say that this kind of bullying, hateful behaviour has no place in our world, and to promote a kinder, more positive online community.

Last Monday was National Random Acts of Kindness Day, and it now feels like an important moment to highlight our #HelloToKindness campaign once again, because the message is clearly not getting through. A kind ethos underpins everything we do at **HELLO!** and we urge our community to think twice before posting a negative comment; because how can you possibly know about the mental health of the person you are commenting about?

Don't assume that if someone looks gorgeous and happy, they feel happy, because we all carry our pain differently and we are all human. Tragically, Caroline is an example of this. Although I'm sure her story is infinitely more complex, experiencing kindness from other human beings can only help.

Please join our kindness movement by posting your message of support using the hashtag #HelloToKindness and together perhaps we can help a vulnerable person and turn the online world into the kind, positive, supportive community it was meant to be.

To seek help, Samaritans (116 123) operates a 24-hour service every day of the year. If you prefer to write down how you're feeling, or if you're worried about being overheard on the phone, you can email Samaritans at jo@samaritans.org.



Caroline as we will remember her – 49 smiling, vivacious, effervescent, full of fun and beautiful

QUEEN'S NEPHEW TO DIVORCE AFTER 26 YEARS OF MARRIAGE
THE EARL OF SNOWDON
AND HIS WIFE THE COUNTESS
ANNOUNCE SPLIT



'The Earl and Countess have amicably agreed that their marriage has come to an end'

The Queen was last week facing another marriage split in the family as her nephew the 2nd Earl of Snowdon announced that he and his wife the Countess are to divorce.

David and Serena Linley's spokesman released a statement saying that the couple had decided to end their 26-year marriage.

It read: "The Earl and Countess of Snowdon have amicably agreed that their marriage has come to an end and that they shall be divorced."

The news, which David reportedly broke to his aunt the Queen just after Christmas, came six days after the monarch's eldest grandson Peter Phillips announced he and wife Autumn are to divorce.

David, who is 21st in line to the throne, is the son of the Queen's sister Princess Margaret and the renowned society photographer Lord Snowdon, whose title he inherited after his father's death three years ago.

He and Serena married in October 1993 and have two children, Viscount Linley, 20, and Lady Margarita Armstrong-Jones, 17. Serena, who was born Lady Serena Stanhope, is the daughter of landowner the 12th Earl of Harrington and his first wife, Virginia Freeman-Jackson.

Their wedding, at St Margaret's church next to Westminster Abbey, graced the cover of **HELLO!** and was attended by more than 650 guests, including the Queen, the Queen Mother and Princess Margaret. The newly separated Princess of Wales also joined the family, along with the Princess Royal, Prince Edward, the Duke and Duchess of Gloucester and the groom's sister Lady Sarah Armstrong-Jones, while celebrity guests included model Jerry Hall and David's former girlfriend Susannah Constantine.

CARVING OUT A CAREER

Known as the "royal carpenter", David, 58, founded his upmarket furniture and interior design business The David Linley Co – now known as just Linley – in 1985 and his clients range from Sir Elton John to Valentino Garavani. He is also honorary chairman for auction house Christie's in Europe, the Middle East, Russia and India and has written books about furniture and home styling. ►

Happy beginnings: The then Viscount Linley marries his bride, stunning in a Bruce Robbins gown (left), in front of 650 guests at St Margaret's church in Westminster in October 1993. Twenty-five years on, the couple (right) attend the wedding of the Duke and Duchess of Sussex at Windsor in May 2018





Close: David shares a carriage at Royal Ascot with the Queen (above) and aunt and nephew exchange fond smiles outside St Margaret's after the Service of Thanksgiving for his father Lord Snowdon in 2017 (right). David (left in a charming portrait with his mother Princess Margaret and sister Sarah, taken by Norman Parkinson) poses (below) with his photographer father Lord Snowdon at his portrait exhibition, held in David's furniture shop in 2002



'David and Serena share many common interests, from their love of the arts to outdoor sports...' *The 1st Earl of Snowdon*

He enjoys a close relationship with the Queen and his cousin the Prince of Wales, who appointed him as deputy of his charity The Prince's Foundation in 2018.

Irish-born Lady Serena, 49, also has a passion for art and was a trainee at Sotheby's before she married David. She later set up a perfume shop in London's Chelsea.

The couple first crossed paths when Serena's father commissioned David to design some furniture. They were photographed enjoying a romantic holiday in Monte Carlo in 1992.

When they announced their engagement the



The Earl of Snowdon enjoys a close relationship with his aunt the Queen



following year, David's father Lord Snowdon said: "Both David and Serena are very lucky, especially as they share so many common interests, from their love of the arts generally to the enjoyment of outdoor sports, from architecture to ballet and from fashion to furniture design."

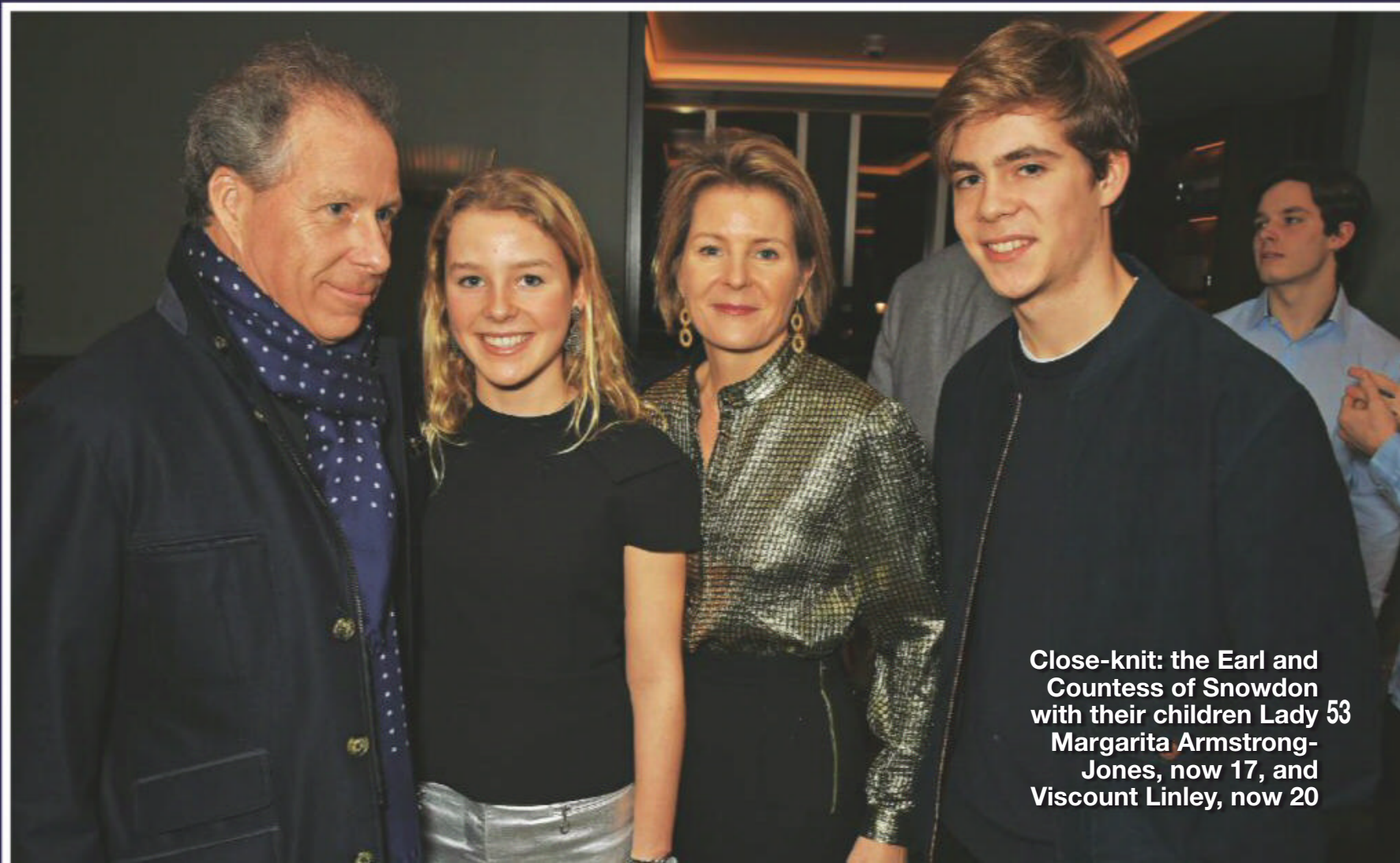
DRIFTING APART

But they're said to have drifted apart recently, in part because David's work often took him abroad.

While David has been living at his flat in London's Kensington, Serena is said to have been spending most of her time in Gloucestershire.

David also owns a house in Provence, bought with the proceeds from the sale of his mother's home on the Caribbean island of Mustique, which may be part of discussions as the pair decide how to divide their assets. **H**

REPORT: TRACY SCHAUERLIEN



Close-knit: the Earl and Countess of Snowdon with their children Lady 53 Margarita Armstrong-Jones, now 17, and Viscount Linley, now 20



OFFERING STYLISH COUNSEL

THE QUEEN'S DREAM TEAM

HOW THE SENIOR ROYAL WOMEN ARE STEPPING UP TO SUPPORT THE MONARCH THROUGH TURBULENT TIMES

54



The Queen's loyal band of senior royal women (above from left): the Duchess of Cornwall, the Duchess of Cambridge, the Countess of Wessex and the Princess Royal



'She's a consummate professional, isn't she? She comes out and does the right thing and does her duty for the people she serves'

Her family may have been buffeted by winds of change this year, but the Queen remains steadfast and stoic in the face of adversity – and she is being supported by a strong and loyal band of royal women.

So it was business as usual for the monarch, her daughter the Princess Royal and daughter-in-law the Duchess of Cornwall last week. And while the Duchess of Cambridge and the Countess of Wessex spent half-term with their children, their own projects were still very much in the spotlight.

After ending her winter break at

her Sandringham estate in Norfolk the week before, the Queen was back in London, with cheering well-wishers lining the streets as she arrived in Bloomsbury to open a new hospital.

Smiling broadly and dressed in a vibrant wool tweed Karl-Ludwig Rehse coat, she chatted to patients and staff at the Royal National ENT and Eastman Dental Hospitals, showing no hint of the difficulties she is dealing with behind Palace doors.

"She's a consummate professional, isn't she?" said chief nurse Flo Panel-Coates. "She comes out and does what we all do in the health service –

she does the right thing and does her duty for the people she serves."

MOVING ON

This month has seen the Queen deal with two royal divorces – her grandson Peter Phillips and his wife Autumn, plus nephew the Earl of Snowdon Linley and his wife Serena – as well as negotiations on the terms of the Duke and Duchess of Sussex's departure from "The Firm", including the use of their Sussex Royal trademark.

Nevertheless, she looked happy and relaxed as she chatted to young patients about their cochlear hearing

implants and dental braces, even telling them that she herself had braces as a child.

"I had wires," she said. "Luckily it was a very long time ago."

After spending the previous day greeting dignitaries at Buckingham Palace, the Queen appears to be leading the charge as she and her family show their determination to keep calm and carry on in the face of the recent turmoil.

This was clear when Kate posted a rare video on Instagram urging people to participate in her landmark 5 Big Questions ▶



Wearing a bright smile and a vibrant outfit (above), the Queen returns to business as usual in London, visiting the Royal National ENT and Eastman Dental Hospitals, where flag-waving young patients are waiting to greet her (below). The Queen also shared with them that she wore braces on her teeth as a child: “Luckily it was a very long time ago,” she added



During a private audience in Buckingham Palace, the Queen greets Fatimata Dia, the Ambassador of Senegal – one of the many dignitaries to be presented to the monarch last week

survey, which she hopes will spark “the biggest ever conversation on early childhood”, an area that has become her passion.

She said: “Parents, families and carers are at the heart of raising the next generation and that’s why I feel so passionate about listening to them and listening to your thoughts and your views, and how best we can support you going forward.”

The Duchess, who spent last week with her husband the Duke and their children Prince George, six, Princess Charlotte, four, and 22-month-old Prince Louis, was immediately praised for her polished performance, with one royal fan writing: “You have grown so confident

'Ever since warrior Queen Boudica, royal ladies have exhibited great strength. Modern royals are no different' Ingrid Seward



within yourself. Amazing to see your inner peace and serenity shine through.”

Another said: “The monarchy is in good hands.”

Kate’s family added their voices to the throng, with her brother James Middleton posting a message on Instagram “in huge support of my wonderful sister’s ‘Early Years’ initiative”.

He added: “If you have 5 minutes & live in the UK join the biggest conversation on early childhood. Like me even if you don’t have children, your own experiences will help invest in the future of the next generation.”

The Duchess’s half-term break came after a jam-packed start to the year, as she takes on an ever-increasing number of official engagements in

support of her grandmother-in-law the Queen. Next week sees her visit Ireland with Prince William on their first official visit to the Republic – a highly significant trip at the request of the Foreign Office.

The three-day tour will be seen as an important part of the UK’s post-Brexit charm offensive.

CHARITY FIRST

In the meantime, the Duke and Duchess will be busy with another project dear to their hearts this week, attending a special charity performance of hit West End musical *Dear Evan Hansen* in aid of their Royal Foundation.

The Tony-winning show, at the Noël Coward Theatre in London, tackles mental health issues

such as anxiety and suicide, a key priority for the royal couple’s work with the foundation.

It is not only the younger royals who are putting on a show of solidarity. Last week, the Queen’s 69-year-old daughter Princess Anne happily stepped into her mother’s shoes to present the Queen Elizabeth II Award for British Design.

Making her London Fashion Week debut, the Princess highlighted sustainable fashion in a recycled emerald-green suit as she honoured jewellery designer Rosh Mahtani for her ethical Alighieri line.

As president of the UK Fashion and Textile Association, Anne confidently held her own among the capital’s fashion elite. “It was a real



'They all have one thing in common: serving the Queen, without being in competition with each other' Ingrid



INGRID SEWARD is editor in chief of *Majesty Magazine* and author of *My Husband & I: The Inside Story of 70 Years of the Royal Marriage* (Simon & Schuster). Here, she tells us why girl power is vital to the monarchy

Female empowerment is alive and well in the royal family, despite the upcoming loss of the Duchess of Sussex.

Ever since warrior Queen Boudica was dubbed the ultimate in girl power, royal ladies have exhibited great strength.

Modern royal women are no different. Instead of a mighty sword, they use their glamour as a weapon to get their point across and bring prominence to important work.

They are, for the most part, more interesting, more photogenic and more willing to take on the duller duties than royals in the past.

The Princess Royal, one of the hardest-working members of the royal family, is a prime example. She has always been there for the Queen

and will take on the grassroots jobs that hold little appeal to the younger members of the family.

Since the departure of Meghan's savvy US style and glamour, Sophie, Camilla and Kate have been able to shine in their own right.

They bring a collective blast of girl power encompassing different generations and opinions. But they all have one thing in common: their devotion to dutifully serving the Queen as a unit, without being in competition with each other.

They understand being royal is not a popularity contest; it is all about working collectively for one cause – the survival of the future of the monarchy.

We will miss Meghan's different way of doing things, but the royal ladies left behind are a tour de force in their own right.

Camilla embraces the winter blues in a stylish coat dress to visit Brent. The Duchess has been taking on more senior duties in recent months, including joining the Queen at the State Opening of Parliament last October (above right)

The Duchess is taking on an ever-increasing number of official engagements in support of the Queen



The Duchess and the Queen smile on a joint engagement in London last year; and recently Kate visits Northern Ireland as part of her 5 Big Questions tour of the UK (above), the same day recording a video asking people to take part in her survey (left)

honour to have the Princess Royal at London Fashion Week representing Her Majesty the Queen and presenting the QEII Award for British Design," Caroline Rush, chief executive of the British Fashion Council, told **HELLO!**. "She was informed, engaged and the fashion world were thrilled to get the opportunity to meet her.

"Princess Anne has become a champion of fashion, textiles and skills," she added. "She is a style icon, has a great appreciation for craft and the longevity of product that is made well."

WOMEN OF HISTORY

Consistently one of the royal family's busiest members, Anne is also expected to make history by taking over Prince Harry's role as Captain General of the Royal Marines when he steps down in the spring, becoming the first woman to hold the role.

Elsewhere in the capital, 72-year-old Camilla was in Brent to celebrate its status as this year's



'They understand being royal is about working for the survival of the monarchy' Ingrid

'Princess Anne was informed, engaged and we were thrilled to meet her' Caroline Rush

London Borough of Culture, watching children dance at the Granville Youth & Community Centre and visiting Kiln Theatre.

She also hosted a reception at her Clarence House home for Versus Arthritis, of which she is patron, with guests including Jane Asher and Dame Diana Rigg, as well as researchers from the charity.

BACK TO WORK

Like Kate, the Queen's daughter-in-law Sophie spent last week with her family, enjoying a skiing holiday with husband the Earl of Wessex and their children Lady Louise Windsor and Viscount Severn.

But the 55-year-old Countess is straight back to work this week, hosting a Vision for Commonwealth reception at St James's Palace in her role as a global ambassador of International Agency for the Prevention of Blindness.

She will also attend the premiere of the film *Sulphur and White*, in aid of the NSPCC, and open the Countess of Wessex Studios at the Central School of Ballet – she is patron of both organisations.

There is also more support on hand for the Queen from Princesses Beatrice and Eugenie, who, as **HELLO!** revealed, are likely to become working royals to help fill the gap left by Harry and Meghan.

And of course, Beatrice will bring her grandmother plenty of joy on 29 May, when she marries property developer Edoardo Mapelli Mozzi. **H**

REPORT: TRACY SCHAUEREN

From being on hand at Ascot (above) to opening a new health facility at the University of Surrey (right), Sophie is a pillar of support for the Queen



Princesses Eugenie and Beatrice, a curtsying Kate and the Duke of Cambridge (above) greet the Queen at an Easter Service at Windsor. Princess Anne joins her mother at the Braemar Gathering (below left) and (below) represents her at a state banquet for King Felipe and Queen Letizia of Spain in 2017, joined by her husband Vice Admiral Sir Timothy Laurence (right), Lord Mayor of London Andrew Parmley and Lady Mayoress Wendy Parmley (left)



A CROWNING END TO FASHION WEEK THE PRINCESS ROYAL

PUTS ON A STYLISH SHOW AS SHE MAKES A WINNING DEBUT

The Princess Royal was on sparkling form at London Fashion Week. Dressed to impress in an elegant emerald skirt suit, she showed off her timeless style as she brought the five-day event to a triumphant close last week by presenting the Queen Elizabeth II Award for British Design on behalf of her mother.

This year's recipient was jewellery designer Rosh Mahtani, founder of Alighieri Jewellery, who beamed as she accepted her prize in the crypt of London's oldest Catholic church, St Etheldreda's.

"It feels surreal, but it's such an honour to receive this award," Rosh, who uses responsibly sourced materials to make jewellery inspired by the works of Italian poet Dante Alighieri, tells **HELLO!**. "I really enjoyed meeting Princess Anne – she is incredible. Anne is the epitome of cool style but also such intelligence. She is laser-focused, practical and savvy."

A CUT ABOVE

Anne, who is patron of the UK Fashion & Textile Association, has long been hailed one of our hardest-working royals.

But her first appearance at the capital's biannual festival of fashion, as well as Erin Doherty's stylish portrayal of the Princess's younger self in Netflix drama *The Crown*, have led to a reappraisal of an enduring and unique style that has often gone under the radar. ▶

LONDON FASHION WEEK

The Queen watches Richard Quinn's catwalk show before presenting him with the first Queen Elizabeth II Award for British Design in 2018. Her daughter Anne has followed (above) in her Fashion Week footsteps, just as the Duchess of Cornwall did last year (right, presenting Bethany Williams with the award)



**'Princess Anne is a style icon
in every way' Rosh Mahtani**



Anne hands this year's award to jeweller Rosh Mahtani and (right) meets model stars Amber Le Bon, Jade Parfitt and Erin O'Connor





PRINCESS ANNE: A STYLE ICON THROUGH THE DECADES

The royal family shared some of Anne's best fashion moments last week after her appearance at London Fashion Week. And it was clear that the world has been following Anne's style without even knowing it, *writes HELLO! Fashion Monthly's Becky Donaldson.*

The gallery of throwback images won the 69-year-old a new generation of fans, perfectly encapsulating the fashions of the day, from

the Swinging Sixties through to the sharp-dressed 1980s.

Her effortlessly elegant style and love of vivid skirt suits and matching hats have made the Queen's daughter something of a muse on the world's catwalks this season.

Anne's exaggerated pointed mustard collars were emulated in Emilia Wickstead's show nearly 40 years later, while Marc Jacobs

had models in pastel coats with co-ordinated hats, and JW Anderson re-created Anne's trademark navy double-breasted peacoats.

New versions of the loose shirts so loved by Anne in the 1970s were a feature of The Row catwalk, with models wearing them with rolled-up sleeves – just like Anne, who tucked hers into a tartan kilt with her long hair loose while on a summer holiday at Balmoral.



1972

The royal family celebrated Anne's Fashion Week debut by sharing memorable looks – whether (from far left) dressing for the trip home to London from Sandringham, attending the Prince of Wales's investiture, or visiting a country fair. Other choices included time with her dad the Duke of Edinburgh in relaxed fashion at Balmoral (above), brimming with style to launch a tanker (below left) and joining a Riding for the Disabled event (below right)

Never bowing to fads or trends, the Queen's only daughter has been quietly cementing her status as a royal fashion icon for decades. Anne knows what suits, whether sporting casual equestrian chic at beloved horning events, or more vibrant attire for formal duties.

"Princess Anne is a style icon in every way," says Rosh. "I love the fact that she feels comfortable in herself and has a way of dressing that is very confidently her. When we met, we talked about her jewellery and she told me she wears more or less the same all the time."

GOING GREEN

It's not just Anne's jewellery that gets reused. Like her nephew's wife the Duchess of Cambridge, Anne practises sustainable style. Her admired emerald outfit was worn last year in a photo taken at St James's Palace, and also when she joined the Queen for a photocall at Buckingham Palace after a private audience with King Abdullah II and Queen Rania of Jordan.

"I love that sense of uniform," says Rosh. "Anne is so hard-working. As women, we want to get things done and be taken seriously."



REPORT: EMILY HORAN



1969



1983

'I was considered rather dotty, to say the least, for even suggesting these things'



50 YEARS ON THE PRINCE OF WALES CONTINUES TO FIGHT CLIMATE CHANGE



He has long championed environmental and sustainable causes, but the Prince of Wales spoke last week of how he was branded “rather dotty” when he started raising concerns about the environment 50 years ago.

Prince Charles made his first major speech about the environment on 19 February 1970, at the Countryside in 1970 conference. In it he expressed concerns that are still relevant today, including a rising population, plastic waste, oil, chemical and air pollution and the “fiendish” cost of many conservation enterprises.

To mark the anniversary, the Prince has given an interview to the Sustainable Markets website about his continuing worries. Recalling his first speech, he said: “I was considered rather dotty, to say the least, for even suggesting these things, rather like when I set up a reedbed sewage treatment system at Highgrove all those years ago – that was considered completely mad.

“I remember also the first bottle bank we had. I encouraged them to get one installed in Buckingham Palace... Everything I was trying to suggest was completely potty, apparently.”

He said that environmental damage had reached a critical point. “We really do have to pull our fingers out now because the theory is we have got this decade left. Well, we need to do it in a much shorter time than that to have any chance really, because all the scientists and all the observation and evidence says that we are causing a much more rapid rise in temperature and a much more rapid destruction of the Arctic and now the Antarctic than was originally thought.”

A DIRECT MESSAGE

Continuing the theme, Charles visited Royal Botanic Gardens, Kew, in south-west London last week to attend its Plant Health and Biosecurity Conference, where he spoke about the crisis facing Britain’s plants and trees due to an increasing number of diseases and pests. To

further push his message home, he has contributed to the centenary issue of *Kew Magazine*.

“Both the people and plants of the Royal Botanic Gardens have never been as important as they are today,” he writes. “We are facing a multifaceted crisis, driven by global warming and climate change, unsustainable use of natural resources and a catastrophic loss of biodiversity. In tackling this global emergency, we need both the best botanical science and a full range of plant resources...”

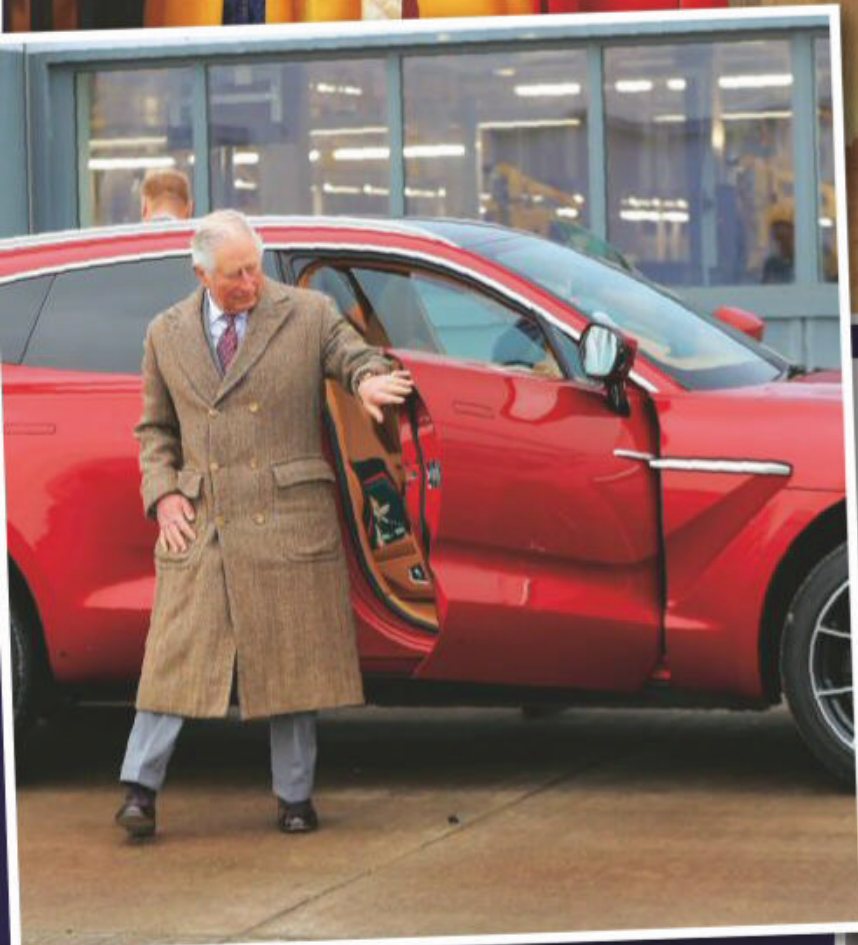
“The mass movement of people and products around the globe, compounded by our changing climate, has created a plant health crisis with pests and diseases ravaging both natural and man-made landscapes... The loss of so much that is precious in our farmland, woods, parks, gardens and conservation areas is tragic, but so too is the loss of productivity and of the biodiversity

The Prince of Wales (above) delivers a speech at Royal Botanic Gardens, Kew, almost 50 years to the day after he made his first major speech about the environment, at the Countryside in 1970 conference (inset top). Charles has had a lifelong interest in the environment and the natural world (below, with his sister Princess Anne and naturalist David Attenborough in 1958, and right, with Sir David last year)





In a brief distraction from his ecological concerns, the Prince views some of the 40,000-plus items in the Royal Shakespeare Company's costume department, which is being extensively refurbished



Charles views a "future car" at the National Automotive Innovation Centre at the University of Warwick (right) and (above) pays a visit to the new Aston Martin Lagonda factory in St Athan

associated with the affected plant species. At a time when we are at last recognising the full range of social, environmental and economic benefits delivered by trees and plants, many species are facing a battle to survive."

There was a different kind of conservation in mind two days earlier, when the Prince visited the Royal Shakespeare Company, of which he is president, in Stratford-upon-Avon, to view the redevelopment of its costume workshop.

Later that day he stopped by the National Automotive Innovation Centre at the University of Warwick in his electric Jaguar I-Pace and said there was "no choice other than to decarbonise" the car industry. It was a message he reinforced later in the week at the Aston Martin Lagonda factory in South Wales, arriving in his Aston Martin DB6, converted to run on biofuel.



REPORT: LAURA BENJAMIN





SCOTLAND

CHARLES VISITS STORM VICTIMS

The Prince of Wales saw first hand the devastation wrought by Storm Dennis when he visited flood-ravaged Wales last week.

Prince Charles met residents and toured businesses in Pontypridd that had been left under water after a month's rain fell in 24 hours the previous weekend.

Crowds had gathered to greet the future King, who took time to talk to locals as he toured the high street (below), which had suffered the effects of the River Taff reaching its highest level in more than 40 years.

He also met emergency responders and visited celebrated café Princes Restaurant, one of many local businesses flooded in the storm. It has been serving the community in and around Taff Street for more than 70 years. Owner Joe Gambarini said Charles told him:

"We only hope you can carry on. I have been warning about this for many years, when I talked about global warming and that this was going to happen."

The storm battered much of the UK, with the Met Office issuing ten "danger to life" warnings because of flooding and high winds. The worst-affected areas included South Wales, Scotland and North East England, with many people forced from their homes.

To the west of England in Ross-on-Wye, cars were left submerged after the river burst its banks, and residents in nearby Hereford had to sit tight in flooded homes as they waited to be rescued by boat.

Severe flood warnings remained in place in the aftermath of Storm Dennis, with more heavy rain expected across the country.

PHOTOS: GETTY IMAGES. PA PHOTOS. REX FEATURES



ENGLAND



WALES



ENGLAND



Floods engulf Severn Stoke near Worcester and (below left) Ross-on-Wye, with emergency services called in to evacuate residents by raft in Nantgarw (below). Scotland too felt the brunt of Storm Dennis, with waves lashing the sea wall in Ardrossan (top left)



WALES

EXCLUSIVE INTERVIEW AND PHOTOS

PREPARING TO WELCOME THEIR BABY GIRL, 'HOLLYOAKS' STAR ALI BASTIAN AND HUSBAND DAVID O'MAHONY CELEBRATE WITH FAMOUS FRIENDS

'I'm still glowing from our beautiful baby shower - and the hormones!'

Ali and her husband David O'Mahony, who's appearing in West End stage hit *Mamma Mia!*, will be welcoming their baby daughter around the time of their first wedding anniversary in early March

Everything was coming up roses – pink ones – at actress Ali Bastian's baby shower.

The former *Hollyoaks* star tells us: "The scent of fresh-cut roses was just heaven." And the colour was significant as she and her husband, fellow actor David O'Mahony, are expecting a baby girl.

As they teamed up to cut the cake, Ali, who exclusively announced her pregnancy in *HELLO!*, told us: "Our baby is due close to our wedding anniversary. With the date fast approaching we have so much to celebrate. David and I really enjoyed cutting the cake together. It was as if we were getting married again."

They celebrated with family and friends including Ali's *Hollyoaks* girlfriends Carley Stenson and Sarah Jayne Dunn.

"I feel so lucky that we have such incredible friendships that have stood the test of time. We've been through so much together – I don't know what I'd do without them. We're usually a foursome with our other bestie Jodi Albert but she sadly couldn't make it. I know how much she wanted to be with us."

FAVOURITE FEAST

The cream cake with vanilla icing and delicate sugar petals by Tabi Treats was the centrepiece of a feast with plenty of Ali's favourite food, served in the private dining room at Prezzo in London's Mayfair.

"There was pizza and pasta as far as the eye could see as that has been my pregnancy go-to," she laughs.

The former *Strictly Come Dancing* semi-finalist, most recently seen on TV in BBC1 drama *Doctors*, met David – currently appearing in the West End in *Mamma Mia!* – on a night out with a

ADDITIONAL PHOTO: TONY WARD

The ecstatic first-time mum-to-be (left with her *Hollyoaks* best friends Carley Stenson and Sarah Jayne Dunn) says cutting the stunning cake (right) with David was "like getting married again"

'Our baby put on a kick show. We may have a performer in our midst... Uh-oh!'

mutual friend in 2016 and they married at London's Old Marylebone Town Hall on 3 March last year.

Baby shower guests included Ali's mum Paula and mother-in-law Gill, as well as her sister-in-law Claire, who had helped plan the magical afternoon with event planners Crate A Party, with styling by Forever and a Day Events with Ali's friend Saffron Rizzo.

"I couldn't believe the effort everyone had gone to when I walked in – it was so emotional," enthuses the mum-to-be.

"They had turned the room into an explosion of all my favourite colours with hundreds of rose gold and pink balloons and the most incredible flowers by Emma Soulsby.

"The next time we're all in a room together, I'll be introducing them to our little girl. We certainly cannot wait to meet her."

A sentiment echoed by proud dad-to-be David, 37, who has told **HELLO!**: "Ali is going to be incredibly nurturing and loving. She's going to be an absolute black-belt mother."

All the guests filled in Bonjour Baby Showers cards to guess the newborn's weight and name, and left with hand-made bags filled with popcorn, sweets, Cake Bops, vegan baby shampoo and conditioner from Childs Farm and a mini bottle of prosecco to "pop when I pop".

Ali, who celebrates her 38th birthday on 27 February, tells us: "I'm still glowing from our beautiful baby shower – well, that and the pregnancy hormones! What made the day even more special was that our baby decided to put on an absolute kick show and everyone got to feel her wriggle and say hello. We may have a performer in our midst... Uh-oh!" **H**

PHOTOS: BLUE PINEAPPLE PICTURES



Ali, blooming in a Tiffany Rose Maternity dress, says it was an emotional moment when she walked into the elegant dining room in London's Mayfair, which was "an explosion of all my favourite colours"

EXCLUSIVE INTERVIEW AND PHOTOS

THE WOMAN BEHIND KATE'S GO-TO COUNTRY CLOTHING LABEL

ROSIE VAN CUTSEM

ON HORSES, HOUNDS AND HOW HER FAMILY HOME IN NORFOLK IS HER INSPIRATION



Whenver Rosie van Cutsem needs a break from the office, she saddles up one of her horses and rides across the fields and paddocks surrounding Hilborough House, the impressive Norfolk estate where her fashion label Troy London is based.

Rosie, who is married to the Duke of Cambridge's close friend William van Cutsem, a godfather to Prince George, is the perfect model for her chic outerwear brand – loved by the Duchess of Cambridge, Poppy Delevingne and model Jacquetta Wheeler among others. Willowy and naturally elegant, she has the healthy glow of someone who enjoys the great outdoors.

"We're very lucky to be here – the proximity to nature is just fantastic," she tells **HELLO!** on our exclusive photoshoot. "If it's been a stressful morning, I'm lucky enough to be able to walk with the dogs at lunchtime or jump on a horse and go for a gallop. It's proper countryside here and I love it for that."

In fact, it was the big skies and wide horizons of the Norfolk landscape that first inspired Rosie, 36, and her sister Lucia Ruck Keene, 33, to set up their business in 2013, after realising there was a gap in the market for stylish country clothing that can be worn just as easily in the city.

"We were here with a group of friends, all of whom are quite interested in fashion and style and love buying beautiful clothes. But when we were walking across this field we were all wearing our jeans tucked into our wellies and a collection of boyfriend or dad coats on," explains Rosie, sitting at her office desk with her rescue dog Scamp at her feet.

"There's nothing wrong with that – old Barbours which we still all love – but we realised: 'Why does nobody have a waist any more?' There's no good reason, just because it has to be warm and waterproof, that it can't also look good."

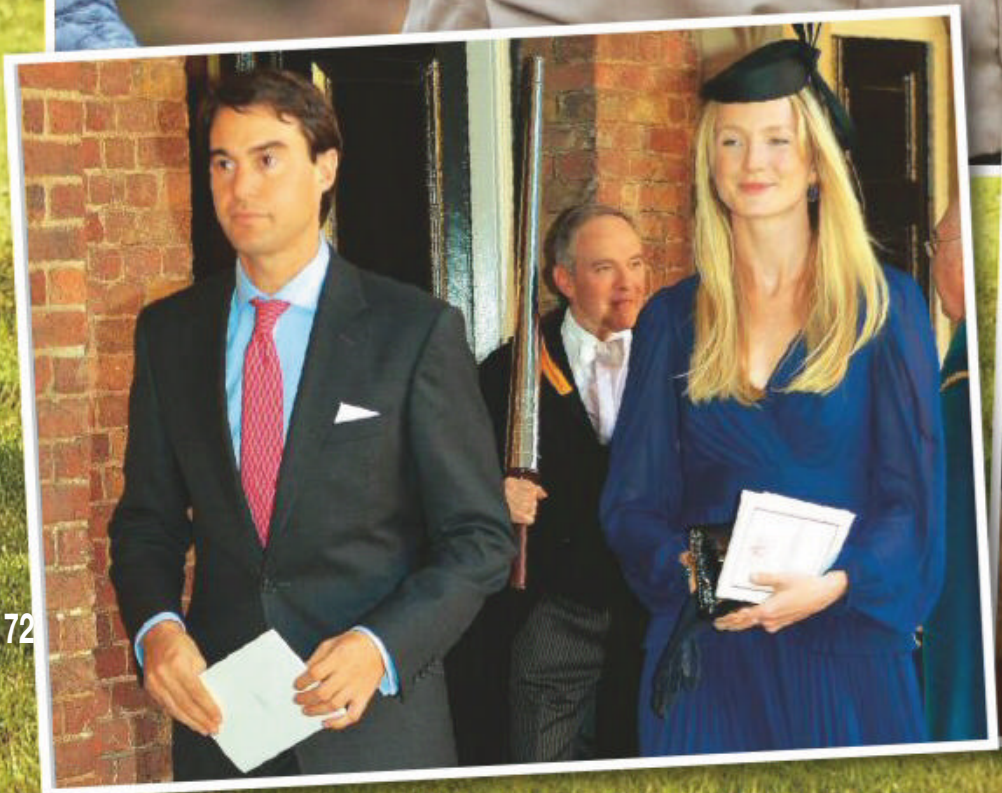
CHANGE OF DIRECTION

With the seed of the idea sown, the pair set out to produce British-manufactured outdoor clothing – parkas and jackets, gilets and coats, as well as knitwear and accessories – that is both chic and practical with a touch of luxury.

Since launching their first collection in 2015 their designs have been embraced by the country set, although Rosie, who runs her business while raising her sons – two-year-old Maximilian (Maxi) and one-year-old Hugo – insists they can be worn by anyone, anywhere – "in the park in London or watching the kids play rugby or going for a walk with the dog".

When they decided to set up their business, Rosie was a headhunter in the City and Lucia worked in corporate research. Neither had any experience working in fashion so they sought advice from people who did – including Juan Carlos Quintana, who designed Rosie's bridal gown for her 2013 wedding to William, attended by Prince William and Kate. Juan Carlos helped them with their first design for a coat, and from there they embarked on what Rosie describes as a "voyage of discovery".

"We kept finding out more and more, like specialist leather manufacturers and specialist waterproofing factories, and the help and support of others introduced us to pattern cutters, seamstresses, factories and fabric sourcing." ►



'If it's been a stressful morning, I'm lucky enough to be able to walk with the dogs at lunchtime or jump on a horse'



Rosie walks her dog Scamp. She and her husband William live less than an hour's drive from their friends the Duke and (above left, in a Troy London parka) Duchess of Cambridge at Anmer Hall. William is a godfather to Prince George (in his mother's arms, left, at his christening, which William and Rosie attended, far left)



'Like all sisters, we have moments when we rub each other up the wrong way'

Their designs are made from natural fabrics including British milled cotton drills, leather and suede, and sold mainly online. Rosie runs the day-to-day business while Lucia takes the lead on the creative side. How do they get on as siblings and business partners?

"Like all sisters we have our moments. But while you're always going to have moments when you rub each other up slightly the wrong way when things go wrong, when things go really well you fling your arms around each other and do a little dance. We are on a wavelength in such a way that things remain unspoken, but we know where we are."

Is Rosie the bossy big sister?

"You should ask her that question! But we do have an older sister, Kate, so I can point the finger at her."

Rosie, who attended Tudor Hall boarding school in Oxfordshire before studying literature and history of art at Trinity College Dublin, describes herself as ambitious and has never considered not working.

"I don't know what I'd do with myself."

Even so, raising two little boys – her "two little terrors" as she affectionately calls them – while running a business can't be a walk in the park and, like most working parents, she suffers pangs of guilt.

"Of course I do. You always have moments when you feel bad about leaving your children because you've got to catch a train to London, but our children are very happy so I'm confident in that. It's a constant balancing act."

COUNTRY GIRL

Raised in rural Oxfordshire in the family home called Troy, after which she and Lucia named their label, Rosie moved to Norfolk with William in 2016, when she also relocated her business from London. ▶

74 Rosie relocated her brand Troy London, which she co-founded with her sister Lucia Ruck Keene (together right), from the capital to the country in 2016



(LEFT) DRESS: AMANDA WAKELEY. BOOTS: JIMMY CHOO. NECKLACE: EMMA CADERN/VINTAGE LONDON. (RIGHT) JACKET: TROY LONDON. JUMPER: UNIQLO. TROUSERS: VIVIENNE WESTWOOD AT FENWICK. EARRINGS: I+I



Rosie with Milly, one of her two horses. "I find just being around horses a great therapy," she says. "And 75 I love a bit of adrenaline, so going for a gallop and jumping things is wonderful"



Rosie and William on their wedding day in May 2013. The pair married at the church of St Mary the Virgin in Ewelme, South Oxfordshire (below far right). Kate (below), pregnant with Prince George, attended with her husband Prince William (below middle)



'I absolutely love it here in Norfolk. It has beautiful beaches and lots of space'

Her husband's family has a long association with the county – her late father-in-law, Hugh van Cutsem, was a close friend of the Prince of Wales and rented Anmer Hall, the country home of the Duke and Duchess of Cambridge, from the Queen in the 1990s. He went on to have the magnificent Hilborough House, which Rosie and her family now call home, designed and built from scratch.

"I absolutely love it here," says Rosie, who along with her husband is part of the close circle of Norfolk-based friends with whom Prince William and Kate mix. "It has beautiful beaches and lots of space."

ADRENALINE RUSH

The location is ideal for her to ride her beloved horses – Milly and The Heir, a rescue racehorse.

"Occasionally I get my husband on a horse, but other than that I have friends to stay and we go off."

She hopes her sons, who have already sat on ponies, will grow up to share her passion.

"I find just being around horses a great therapy actually, very calming. And I love a bit of adrenaline, so going for a gallop and jumping things is wonderful."

Which is just as well given the "rollercoaster" ride of setting up her business. What is the most important lesson she's learnt over the past few years?

"To not let it rock you when things start to go wrong and, equally, temper complete exuberance when things look like they're going right," she says, preparing to stride off to say hello to her horses. "But to enjoy the thrill of the ride along the way."

H

INTERVIEW: ROSALIND POWELL
PHOTOS: DAVID VENNI

STYLING: SARAH KATE BYRNE
HAIR & MAKE-UP: MARTHA SITWELL

ADDITIONAL PHOTOS: CAMERA PRESS. GETTY IMAGES. (RIGHT) JACKET & TROUSERS: TROY LONDON. BLOUSE: ANNA MASON. HAIR BOW: LAURA CATHCART MILLINERY



**'Don't let it rock you
when things go wrong,
and temper exuberance
when things look like
they're going right'**

Rosie wears items from her own label, the idea for which came about while on a country walk with friends. "There's no good reason, just because [outerwear] has to be warm and waterproof, that it can't also look good," she says



Designer Tommy celebrates backstage with (from left) US singer H.E.R., racing driver Lewis Hamilton and models Naomi Campbell and Alton Mason

ALL THE GLAMOUR AND STYLE OF LONDON FASHION WEEK AS THE COOL NEW KIDS ON THE BLOCK SHOW OFF MODEL HERITAGE

A star-studded line-up took to the front row at London Fashion Week to see a new generation of models showcase the top designs for this autumn and winter.

While queen of the catwalk Naomi Campbell opened the Tommy Hilfiger TommyNow show – strutting like a boss alongside the likes of Winnie Harlow and Yasmin Le Bon – she was followed by the princes and princesses of rock'n'roll and fashion royalty.

Leading the way were Sir Mick Jagger's

daughter Georgia May, from his marriage to Jerry Hall, and his son Lucas, whose mother is former model Luciana Gimenez Morad.

The two models sashayed into the limelight to the soundtrack of a live choir singing British rock anthems from bands including their dad's, the Rolling Stones.

They were joined by fellow rockers' children Pixie Geldof, the daughter of Sir Bob, and former Oasis singer Liam Gallagher's son Lennon, from his marriage to actress Patsy Kensit.

Also showing their runway style were supermodel Kate Moss's younger half-sister Lottie and Bobby Brazier, the 16-year-old son of Jeff Brazier and Jade Goody, who made his first runway walk at Dolce & Gabbana during last month's Milan Fashion Week Men's.

LIKE MOTHER, LIKE SON

Meanwhile, Helena Christensen's son Mingus Reedus – who, with his high cheekbones and green eyes, bears a striking resemblance to the former Victoria's Secret Angel – looked in his element as he followed her fashionable footsteps to make his London debut.

"Son taking a lil stroll in London," wrote his proud mum, sharing a photo of Mingus on Instagram.

Among the replies was a message from fellow supermodel Christy Turlington saying her nephew James was also walking the Tommy runway, while their fellow catwalk star Alessandra

Kate Moss's half-sister Lottie shows off her model credentials, along with (right, from left) Lennon Gallagher, James Turlington and Mingus Reedus





Pixie Geldof and (right) Georgia May Jagger rule the runway at the Tommy Hilfiger TommyNow show as the autumn/winter collections are revealed at London Fashion Week



Vanessa Redgrave and her daughter Joely Richardson take in the Roksanda show with fellow actresses Sheila Atim and Zawe Ashton

Ambrosio wrote: "Omg, I saw him at the show today and he looks exactly like u and I thought that maybe he could be your son !!! Amazing."

LOOK BACK IN STYLE

Putting on an equally dizzying display of talent, British brand Burberry boasted a catwalk that included Kendall Jenner, Irina Shayk and Bella and Gigi Hadid.

In an atmospheric show titled *Memories*, the young supers sported an intriguing new twist on the brand's heritage and signature check in 108 designs for men and women.

It was inspired by creative director Riccardo Tisci's recollections of being a young designer at Central Saint Martins in London and trips to India in the 1990s.

"The memory of this special and formative time in my life is what has influenced this collection – from the places I visited and the people that surrounded me to the music that inspired me," he said in a statement.

When it came to her catwalk, Victoria Beckham showcased her young stars on the front row, with children Romeo, Cruz and Harper joining husband David to see the autumn collection.

There was also support from eldest son Brooklyn, who shared a photograph on Instagram Stories of himself as a little boy sitting on Victoria's knee. "Love you mum," he wrote, with a love heart.

His little sister Harper, meanwhile, was ▶



Erdem pays homage to the bright young things of the 1920s and 1930s, while 16-year-old tennis star Holly Fischer opens the show at JW Anderson (right)

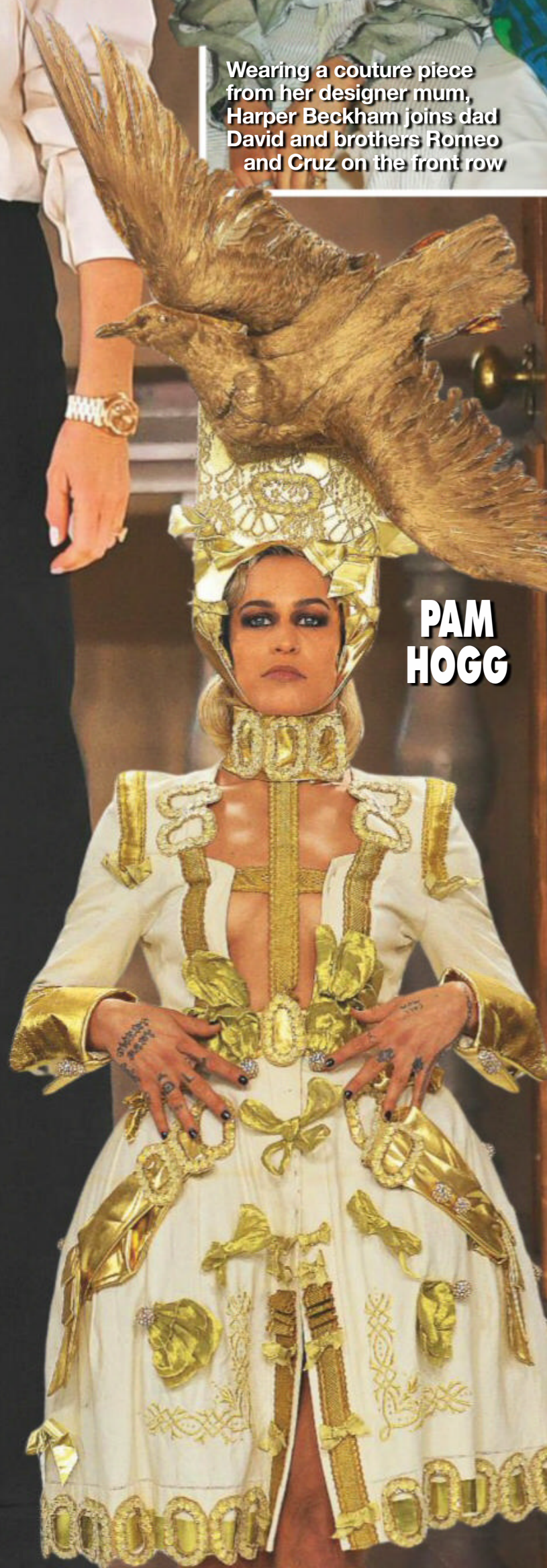


(From left) Bella Hadid, her sister Gigi and Kendall Jenner strut the Burberry catwalk, watched (left) by British singer Skin and Madonna's daughter Lourdes Leon

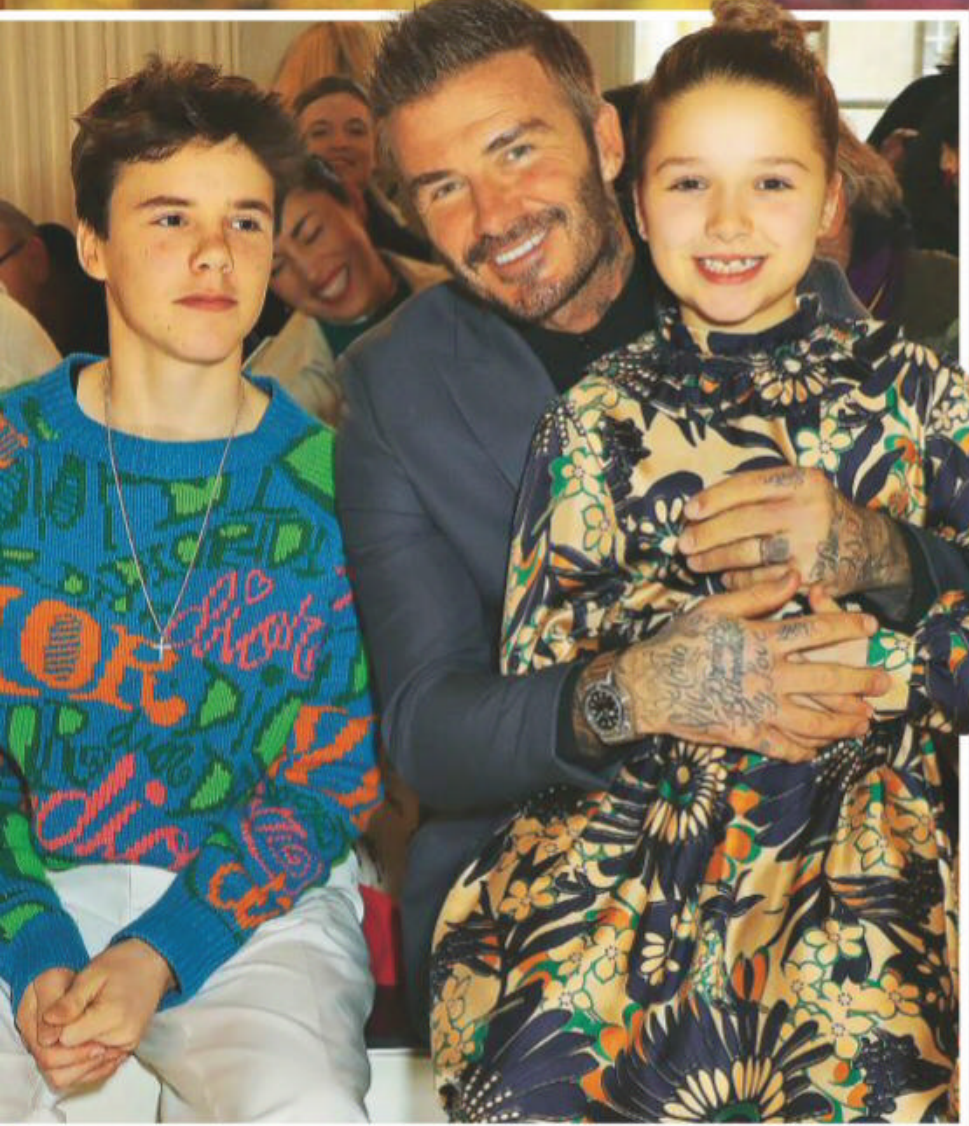


Wearing a couture piece from her designer mum, Harper Beckham joins dad David and brothers Romeo and Cruz on the front row

PAM HOGG



Victoria Beckham makes her bow and (left) Adwoa Aboah opens Halpern's glam show. Closing Pam Hogg's typically dramatic collection (right) is model Alice Dellal



the perfect fashion princess in her couture Victoria Beckham dress – a long-sleeved floral maxi customised especially for her.

FRONT-ROW GLAMOUR

Checking out future red-carpet gowns, actress Cate Blanchett joined the A-list frowers at the Roksanda show, sitting alongside film legend Vanessa Redgrave and her fellow actress daughter Joely Richardson, *The Pale Horse* star Sheila Atim, costume designer Sandy Powell and *Pose* icon Billy Porter.

Taking a break from the catwalk, Jourdan Dunn modelled her diamond engagement ring to take in the Christopher Kane show, a

few weeks after announcing she was going to marry her “life partner” Dion Hamilton.

Also swapping her usual scene, rising British tennis star Holly Fischer left the grass court behind to open the JW Anderson show, walking like a seasoned pro alongside Kaia Gerber.

Making her assured runway debut even more impressive was the fact the 16-year-old student only found out she had been chosen the day before.

“I was so happy,” she said after her appearance. “Opening the show was a complete surprise. I only found out yesterday. I’m so glad I got to start with such a cool brand.” **H**

REPORT: SALLY MORGAN



Smiles fill Richard Quinn’s “pout-free” catwalk, in partnership with Colgate, and newly engaged Jourdan Dunn and fellow model Leomie Anderson arrive (left) for the David Koma show





Three of a kind:
Model pals
Ikram Abdi Omar,
Maddi Waterhouse
and Bea Fresson



Call in the suits:
The Split's
Donna Air



The Maxx factor:
Model Leomie
Anderson with
host Natalia
Vodianova

MODEL STARS BRING MAXIMUM CHIC

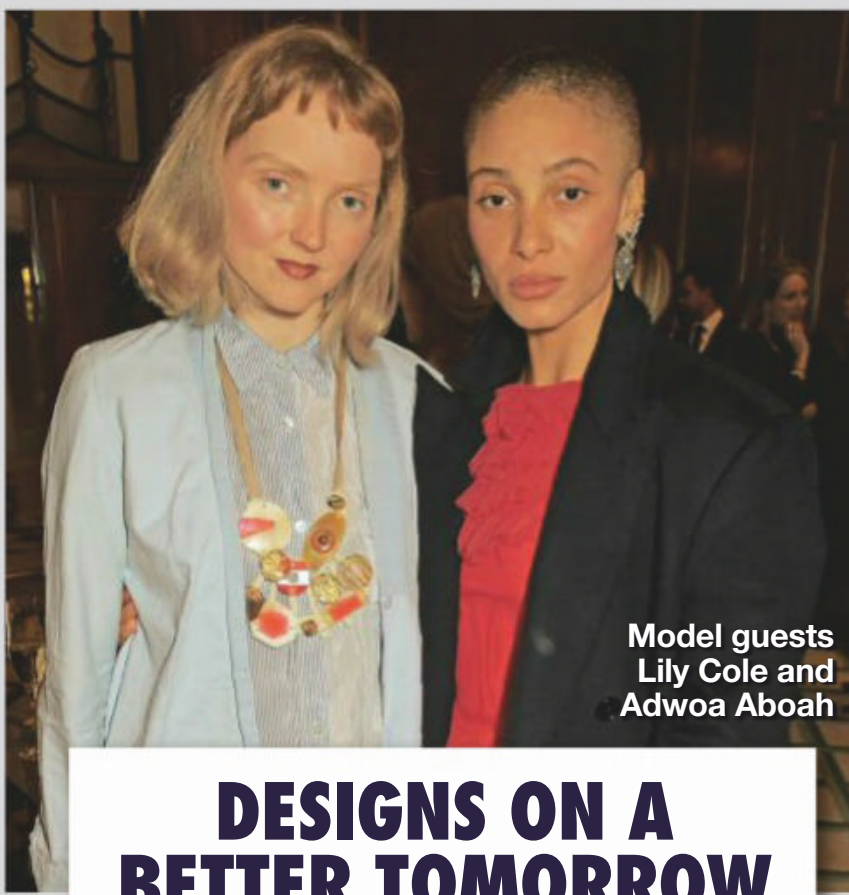
Who: Donna Air, Shanina Shaik, Noomi Rapace, Leomie Anderson, Mary Katrantzou.

Where: Scott's in Mayfair, London.

What: Catwalk queen Natalia Vodianova welcomed model friends to a seafood feast to celebrate hooking up with label Maxx Royal Resorts as a campaign ambassador. Guests enjoyed cured salmon and halibut in a private dining room that had been transformed into an underwater oasis, with uniquely crafted shells for each guest.



Infinitely fashionable:
Presenter and
designer Alexa Chung
with actress Alice Eve



Model guests
Lily Cole and
Adwoa Aboah

DESIGNS ON A BETTER TOMORROW

Who: Alexa Chung, Alice Eve, Adwoa Aboah.

Where: Claridge's, London.

What: Sustainability was the word on everyone's lips at the launch of Fashion Our Future. Guests were treated to an organic dinner by famous foodie Melissa Hemsley, before promising to make a social media pledge about how to change the way they consume fashion. The campaign is the brainchild of Amy Powney, creative director of eco-conscious fashion label Mother of Pearl.



Actress and
aristocrat
Lady Clara
Paget



Lady Amelia Windsor, the Duke of Kent's granddaughter



Check mates: Model Sydney Lima and actress Sai Bennett

PATTERN EMERGES OF ENDURING STYLE

Who: Paloma Faith, Jessie Ware, Lady Amelia Windsor, Hana Cross.

Where: Mulberry, Bond Street, London.

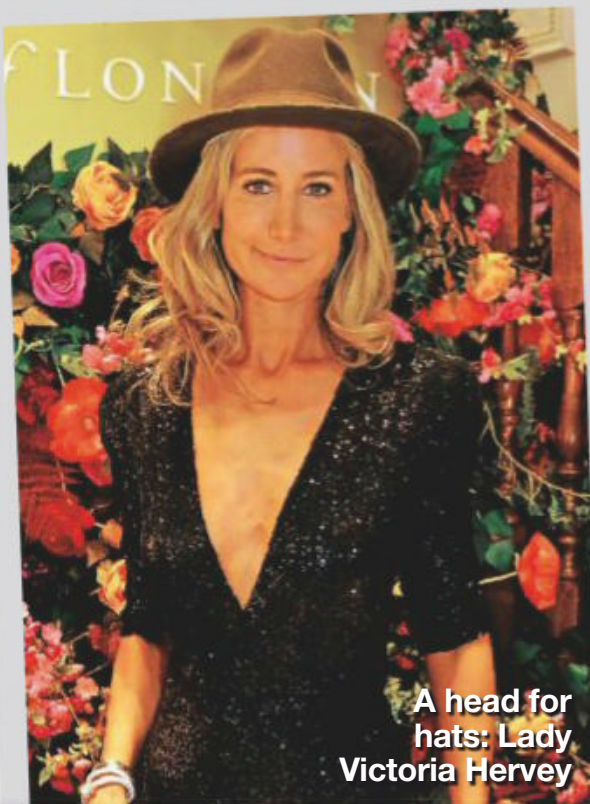
What: British label Mulberry staged an intimate dinner to launch its Made to Last initiative with guests treated to performances by poet and environmental campaigner Wilson Oryema and singer-songwriter Cosima. The three-course menu, based on seasonal British ingredients, had been designed to match the brand's new responsible commitment to the natural world.



Dressed to kilt: Paloma Faith, Mulberry creative director Johnny Coca and Jessie Ware



Ex-Made in Chelsea star Oliver Proudlock and model fiancé Emma Louise Connolly



A head for hats: Lady Victoria Hervey

DEDICATED FLOWERS OF FASHION

Who: Oliver Proudlock, Emma Louise Connolly, Amy Jackson.

Where: Aspinall of London, Regent Street.

What: A blooming marvellous time was had by all as designer Giles Deacon and Aspinall creative director Mariya Dykalo unveiled the latest handbags from the luxury accessories label. Guests sipped English sparkling wine and tucked into bag-shaped biscuits in front of a vibrant backdrop inspired by Ivon Hitchens's abstract garden landscapes, on which the latest embroidered clutches were based.



In bloom: Actress and new mum Amy Jackson

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HELLO!

FASHION



Classic small hoop earrings, £119, Thomas Sabo; visit thomassabo.com

Cashmere jumper, £135, Cos; visit cosstores.com



Le Bello bag, £265, Jacquemus, from harveynichols.com



Faux suede trenchcoat, £25, H&M; visit hm.com



Checked cigarette trousers, £19.99, H&M; visit hm.com

Round toe leather loafer, £95, & Other Stories; visit stories.com



Check out Zoë Kravitz's casually smart look



Zoë Kravitz STEAL HER STYLE

Big Little Lies star Zoë Kravitz – daughter of Lenny Kravitz and Lisa Bonet – is always one to watch when it comes to her style, both on and off the red carpet. The 31-year-old US actress, singer and model, who married actor Karl Glusman in June, recently stepped out in New York City in a pair of checked trousers, a cashmere jumper and a suede Prada duster coat. Black leather loafers, a zesty green Fendi Baguette bag and glowing skin were all the accessories she needed.

Pastel-green triangle
bra, £45; briefs,
£20, Intimissimi;
visit intimissimi.com

Model MUM

*As model Irina Shayk
debuts Intimissimi's
first sustainable
collection, she explains
what caring for the
planet means to her...*

Born in a small town in Soviet Russia, 34-year-old international model and mum of one Irina Shayk has had quite the journey. Her coal-miner father died from pneumonia when she was just 14, and she credits her strong personality and work ethic to being raised largely in an all-female household (she has an older sister).

Her breakthrough came in 2011 when she appeared on the cover of *Sports Illustrated* magazine. She has since walked for houses including Miu Miu, Burberry and Givenchy, and in 2016 made her catwalk debut for Victoria's Secret while pregnant with her then partner Bradley Cooper's baby. She is now a single mother to their daughter Lea, who turns three next month.

Her latest venture sees her front the sustainable Green Collection for Italian label Intimissimi. **HELLO!** caught up with Irina to find out more...

Irina, Intimissimi celebrates ten years of its recycling project, where customers get a £10 voucher when donating five items of unwanted clothing. What do you think about the evolution of the brand in terms of sustainability?

"We all need to think about the future of our planet, otherwise we will have no tomorrow. Sustainability is vitally important for every human being. Intimissimi is a brand for which this notion is not just a word: after serious research, they came up with the Green Collection, a special line of lingerie, pyjamas and knitwear made from sustainable materials with low environmental impact."

What do you think about the two sets you wore to launch the collection?

"I was amazed to see how great this collection is. The fabrics feel soft and very comfortable. What I really love is knowing that every single piece of this collection is made with special care for the resources of our planet."

And the collection's colours and shapes?

"I love the variety of colours, and the shapes are very modern – they are sensual and classy. These shapes are the brand's signature mark."

Do you have a favourite piece?

"Definitely the pastel-green triangle bra. It's soft and gives you a very natural feeling."

What do you think the link is between fashion and sustainability?

"Fashion today finds inspiration in unexpected forms and materials. I'm very pleased to see that recycled materials are being used more, and that many brands have stopped using natural fur and leather."

What is your relationship with eco fashion?

"I am a big fan. I love eco leather and environment-friendly materials."

How do you approach sustainability in your everyday life?

"I think every person should start in their own home. For example, I'm not buying plastic bottles – I'm trying to use boxed water. I am also doing my best not to use plastic bags. It all starts from small things that combine together into something big and important."

Do you pay attention to your shopping from an ecological point of view?

"I give priority to recycled products and I am very happy that, today, there is a wide choice of such products in every sphere of life."

What should we be teaching our children for the future of our planet?

"We all need to learn how to organise our lives so that ecology remains in balance. We need to take care of our environment and live in harmony with the nature around us."

Which three adjectives best describe you?

"Natural, down-to-earth, persistent."



Sophia bra, £45;
Sophia suspender
belt, £38;
Sophia Brazilian
briefs, £20



'We all need to think about the future of our planet, otherwise we will have no tomorrow. Sustainability is vitally important for every human being'



Irina poses (above) with Sarah Jessica Parker and Chiara Ferragni at Intimissimi's White Cabaret La Première show in October and (above left) models a Jean Paul Gaultier creation at the women's spring/summer 2020 haute couture show in Paris

HELLO!fashion

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STYLE high 5

Adding mellow yellow to her wardrobe has designer Tabitha Webb excited for spring's colour palette



Birdy gold-tone earrings, £315, Isabel Marant, from net-a-porter.com

I predict it's going to be a colourful spring filled with delicious shades. I love saffron and I love a cool, refreshing aqua and they're two of the big Pantone colour chart trends for the new season. But I also think yellow is a great, happy colour – in fact, I got married in it. That's why I adored **Zoey Deutch's** stunning Fendi jumpsuit (right) from this year's awards season – such a beautiful take on a red-carpet gown.

I always try to bring yellow into my own collections and our **Everland floral blouse in saffron (5)** is the latest addition. It's a relaxed fit and the colour gives it a cool retro vibe that pairs with nearly anything from minis to denim. It will have a very striking effect.

I love the idea of wearing this shirt with another colour and **Essentiel Antwerp's Vincenza eco-responsible denim jeans in mint green (2)** will make for a head-turning ensemble. They're a great wardrobe staple for spring as they'll work with shirts and tees alike and give a twist to blue denim. They're also high-waisted, which I've found to be a fabulous feature for hiding my muffin top.

On the subject of tees, **Réalisation Par** have done an insane clothing collaboration with **Sir Elton John**, inspired by his costumes. (Why didn't I think of that?) The **Hercules Baby Tee (3)** will look incredible with your Essentiel jeans, plus 5% of the profits from each sale go to the Elton John Charitable Trust. Supporting a great cause and looking sublime? That's what I call feel-good shopping.

The Western boot trend is not going anywhere so if you haven't grabbed a pair yet, now is the time. **Aeyde's Kate boots (4)** are perfect to wear with cropped or full-length jeans or your favourite prairie dress.

Finally, **Isabel Marant's Birdy oversized pendant earrings (1)** chime as you walk and are a complete statement piece. They're gorgeous, you can team them with virtually anything and who doesn't love to be heard as they enter a room? I don't wear earrings, but if I did I would invest in these.

Follow Tabitha on Instagram @tabithawebbuk.



Zoey Deutch is a ray of sunshine in yellow Fendi

2
Vincenza tapered jeans, £150, Essentiel Antwerp; visit essentiel-antwerp.com



3
Hercules Baby Tee, £65, Elton John for Réal; visit realisationpar.com

4
Kate leather ankle boots, £320, Aeyde, from net-a-porter.com



5
Yellow floral Everland blouse, £295, Tabitha Webb; visit tabithawebb.co.uk

HELLO!

LOVES

HERE ARE A FEW OF OUR FAVOURITE THINGS



Fine-knit jumper, £17.99, H&M Conscious Collection; visit hm.com

Chic, timeless and flattering, monochrome is a girl's best friend. Immerse yourself in the black-and-white trend – from skincare to accessories – with our pick of the best on offer



Gaya stamp print dress, £545, Joseph; visit joseph-fashion.com



Chanel Hydra Beauty Nutrition nourishing lip care, £31; visit chanel.com



Maeve jacket in cream buffalo check, €399 (about £332), Anine Bing; visit aninebing.com



Rope circle tote bag, £35, M&S Collection



Superstar shoes, £79.95, Adidas; visit adidas.co.uk



Tweed pinafore dress with straps, £29.99, Zara; visit zara.com



Philosophy Miracle Worker anti-wrinkle moisturiser, £43; visit philosophyskincare.co.uk



Striped shirt with frills, £99, Uterqüe; visit uterque.com



Heart print tie neck jumpsuit, £29.50, M&S Collection; visit marksandspencer.com



Black and cream abstract knit coatigan, £25, Sainsbury's Tu; visit tuclothing.sainsburys.co.uk



Mosaic mega star earrings, £165, Soru Jewellery; visit sorujewellery.com



Harlow flats, £175, LK Bennett; visit lkbennett.com, available from March



Varenne clutch, £1,595, Jimmy Choo; visit jimmychoo.com



A Tiny Kiss necklace, £39, The White Company; visit thewhitecompany.com; £20 from each sale goes to the #ChangeAGirlsLife campaign for Women Supporting Women at the Prince's Trust



Lillian silk pyjama set, £215 (was £355), Equipment; visit equipmentfr.com



Allies of Skin 1A Retinal & Peptides Overnight Mask, £112, from spacenk.com

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**L'Oréal Infallible 24H
Cover Matte Foundation**
in True Beige, £9.99,
from Boots



**Chanel Le Rouge
Duo Ultra Tenue**
liquid lip colour in
Merry Rose, £31

**EcoStardust Kiss My
Disco biodegradable
glitter**, £6; visit
ecostardust.com



**Chanel Ombre
Première Laque**
longwear liquid
eyeshadow in 28
Desert Wind, £26;
visit chanel.com

**Estée Lauder
Featherlight Brow
Enhancer** in Blonde,
£23.50, from
johnlewis.com



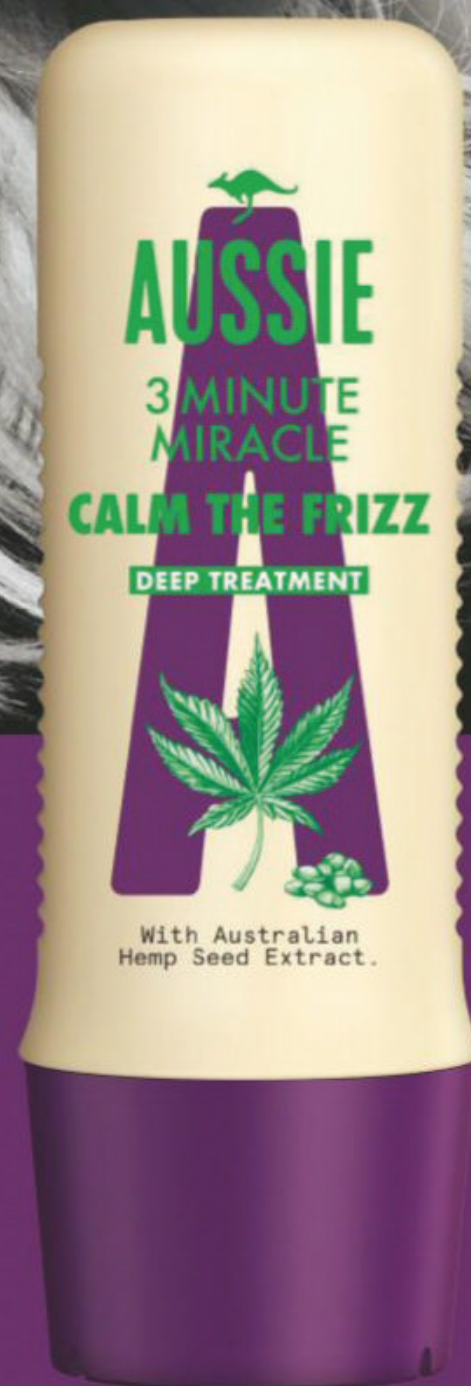
**Fenty Beauty Full
Frontal mascara**,
£21, from
Harvey Nichols

Lucy Boynton GET THE LOOK

Pairing standout glittery eyes with a metallic Louis Vuitton dress, Lucy Boynton dialled up the glam for awards season. The *Bohemian Rhapsody* actress has become known for her bold beauty looks, often created by make-up artist Jo Baker. This time, she used Chanel Ombre Première Laque longwear eyeshadow in Desert Wind. “We wanted a retro look with deep pewter tones on her eyes and embellishments that felt like old Hollywood without being dated,” says Jo.



AUSSIE



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Our heartfelt love and support are with all those affected by the bushfires in our homeland.
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HAIR THAT HANGS TOUGH

It's not just your muscles that need a nutritional plan to stay strong and healthy – your hair does, too. From supplements to serums, the latest products are here to fortify your locks

Have you ever asked yourself how “well” your hair is, or considered whether you’re feeding it the right nutrients to behave in the way you’d like it to? It might seem an odd concept, but hair wellness is about to explode, and there’s method in the madness – including significance for hair loss.

When it comes to our skin, factors including stress, the products we use, pollution and our digestion can all affect its condition; so why wouldn’t the same be true of our hair?

It’s certainly an area that many of us think about. A recent survey found that around seven in ten UK women suffer with hair loss at some point in their lives. In the last year, hair loss has been the No. 1 hair concern mentioned on social media, and there have been 30% more Google searches than for dry hair.

“Over the past five years hair loss has become a massive topic of conversation,” says award-winning hairdresser Sally Brooks, owner of London salon Brooks & Brooks. “Women are talking more openly about it. They’re also not prepared for it and so they want an immediate solution.” ▶



AUSSIE



**COULDN'T STOP ME BLUSHING
WHEN I RECEIVED AN X-RATED
MESSAGE ON THE TRAIN.**



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THOUGH.**

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Of course, we all lose hair naturally every day – around 100 strands to be precise – but when your brush looks like it's got more hair in it than your ponytail, there's no denying it knocks confidence.

While those with fine hair tend to be most affected, everyone can suffer, no matter their age; and woe betide you if you're stressed, have just had a baby, are going through the menopause, are an avid exerciser or even a city dweller (pollution has been shown to trigger hair loss as it reduces the levels of protein cells needed for healthy hair growth).

"It's very complicated as it isn't just down to genetics," says Steve Shiel, scientific director at L'Oréal. "A lot of formulas target just the root, but you need to look at the mid sections as well, which is often where mechanical damage from styling tools and products happens. Strengthening the fibres will help hair stay put until it's meant to leave the head and shed as part of the natural process."

HAIR BOOSTERS

Ingredients such as biotin – a B vitamin that's long been linked to strengthening hair – are an initial go-to in topical products. Plant-based elements such as edelweiss are also cropping up.

An alpine flower full of antioxidants, edelweiss can survive harsh climates and has collagen-preserving properties – and collagen, a super-substance for skin, is also believed to help improve hair growth, reduce hair loss and keep hair strong and shiny.

Bamboo is also being heralded as a hair saviour.

"It is one of the richest known sources of natural silica, which helps to promote growth, add shine and help hair become thicker and stronger," says Rachel Zipperian, senior scientist at Procter & Gamble.

Find it in **Pantene Pro-V Miracles Grow Strong** range and the **Potent Aloe + Bamboo** range within **Herbal Essences bio:renew Potent Aloe** collection.

But it's not just what products you use on the outside that matter – hair nutrition has become a talking point, too. If your diet isn't as good as it could be, or you're suffering from digestive problems such as irritable bowel syndrome (IBS), your body and therefore your hair won't be absorbing the good stuff it requires to produce glossy, healthy hair.

"Stress and fad diets are a concern," says Michael Van Clarke, salon owner and hairstylist to the stars.

Taking supplements can help to address the problem, which is why Michael has created his own,



Philip Kingsley Bond Builder Split End Remedy, £26; visit philipkingsley.co.uk
Split ends can tear up the entire hair shaft. This leave-in treatment instantly seals them and forms a shield on the hair, helping to prevent further damage.



L'Oréal Elvive Full Resist Power Mask, £13, from Boots
Infused with arginine, biotin and vitamin B5, this toughens up hair fibres to withstand wear and tear.



Pantene Pro-V Miracles Roots Awakener, £4.95, from Superdrug
A hair-fortifying treatment that delivers biotin, bamboo, caffeine and vitamin B3 to the scalp and hair, providing the foundations for strong, healthy hair growth.

ON THE OUTSIDE



Herbal Essences bio:renew Potent Aloe + Bamboo shampoo, £6, from Asda
Aloe vera is rich in polysaccharides, which keep hair in good condition and feed it moisture. The bamboo gives it resilience.



Manta brush, £25; visit mantahair.com
This brush glides over the contours of your scalp for minimum breakage and no need for tugging.



Revlon Professional Magnet Anti-Pollution Daily Shield, £14.45, from amazon.co.uk
Spray this on after styling and pollutants will have a hard time sticking to your hair. It also combats the detrimental effects of UV sunlight. Super lightweight.



Kérastase Genesis Anti Hair-Fall Fortifying Serum, £49; visit kerastase.co.uk
Enriched with edelweiss, ginger and Aminexil (a tried-and-tested hair-loss ingredient), just a few drops every day applied to a dry or towel-dried scalp will help prevent hair loss.



Sugarbearhair Hair Vitamins, £28, from Boots
A cult product in the US, these fruit-flavoured vegetarian gummies provide a hair-friendly blend of zinc, biotin, folic acid and vitamin D.



Evolution_18 Beauty Gummy, £20, from Boots. These are from Bobbi Brown's new range of beauty ingestibles, which work from the inside out. Biotin is the hero.



Victoria Health Ful.Vic. Fulvic Acid Elixir, £30; visit victoriahealth.com
Glug this directly or dilute in water. A powerhouse of vitamins and minerals, it promises to increase collagen and strengthen weak hair follicles.



3 More Inches PowerShot Nutrients, £29.50; visit vanclarke.com
An advanced formula of essential vitamins and minerals to support general wellbeing with an emphasis on stronger, healthier hair and nails.

ON THE INSIDE

PowerShot Nutrients, part of his 3 More Inches Healthcare for Hair range.

"I worked with leading nutritional scientists to create a supplement that is good for general health with a bias for hair," he says. "L-Lysine is an essential amino acid that helps prevent excessive hair shedding and supports a healthy hormone balance; zinc helps cellular growth; and B5 helps strengthen hair follicles."

POWER PLATES

You can, of course, power up your hair with what's on your plate, and just a few foodie check-in points could be all you need. Hair is made up of protein so don't skimp on that, while Omega-3 fatty acids provide healthy fats that keep hair healthy and hydrated. Add iron, vitamin D, zinc and B vitamins from wholegrains, nuts, fruits and veggies and your nutrient levels should help to keep your hair rooted.

Finally, think about your daily regime. Are you brushing your hair too vigorously? Do you remember to protect your hair from excessive heat when styling? And are you using hair masks and treatments to help to stave off damage? Even over-egging the hairspray can be a problem as it's like Velcro for pollution, and once those particles have latched on, they can get to work attacking your hair.

Start making tweaks now and it won't be long before your hair starts improving from root to tip.

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WELSH
WONDER

In season until the end of April, leeks take a starring role in these vegan dishes from Lucy Parker, which are perfect for marking St David's Day on 1 March



ROASTED CAULIFLOWER & LEEK SOUP WITH PINE NUTS

Serves **2 as a main or 4 as a starter** Preparation time **10 minutes** Cooking time **30 minutes**

INGREDIENTS

- 2 large leeks, trimmed
- 1 medium cauliflower, outer leaves removed
- 5 cloves garlic, peeled
- 1 tbsp olive oil
- Salt and freshly ground black pepper
- 1ltr/1¾pt vegetable stock
- 1 tsp tamari (or soy sauce)

- 1 tsp dried thyme
- ½ tsp dried sage
- To garnish**
- Chilli flakes
- Drizzle of olive oil
- Toasted pine nuts
- Fresh watercress sprigs

1. Preheat the oven to 180°C, 350°F, Gas 4.

2. Chop and rinse the leeks, chop the cauliflower, slice the garlic, then place in a baking tray. Drizzle over the olive oil, add a large pinch of salt, toss to mix, then roast in the preheated oven for 25 minutes.

3. Transfer the vegetables to a pan. Add the stock, tamari, herbs and a few pinches of black pepper. Bring to a simmer for about 5 minutes.

4. Transfer to a food processor and pulse until you achieve your preferred consistency (you may have to do this in batches). Return the soup to the pan, check and adjust seasoning as required, then served in warm bowls garnished with chilli flakes, a drizzle of olive oil, a sprinkling of toasted pine nuts and some fresh watercress. ►

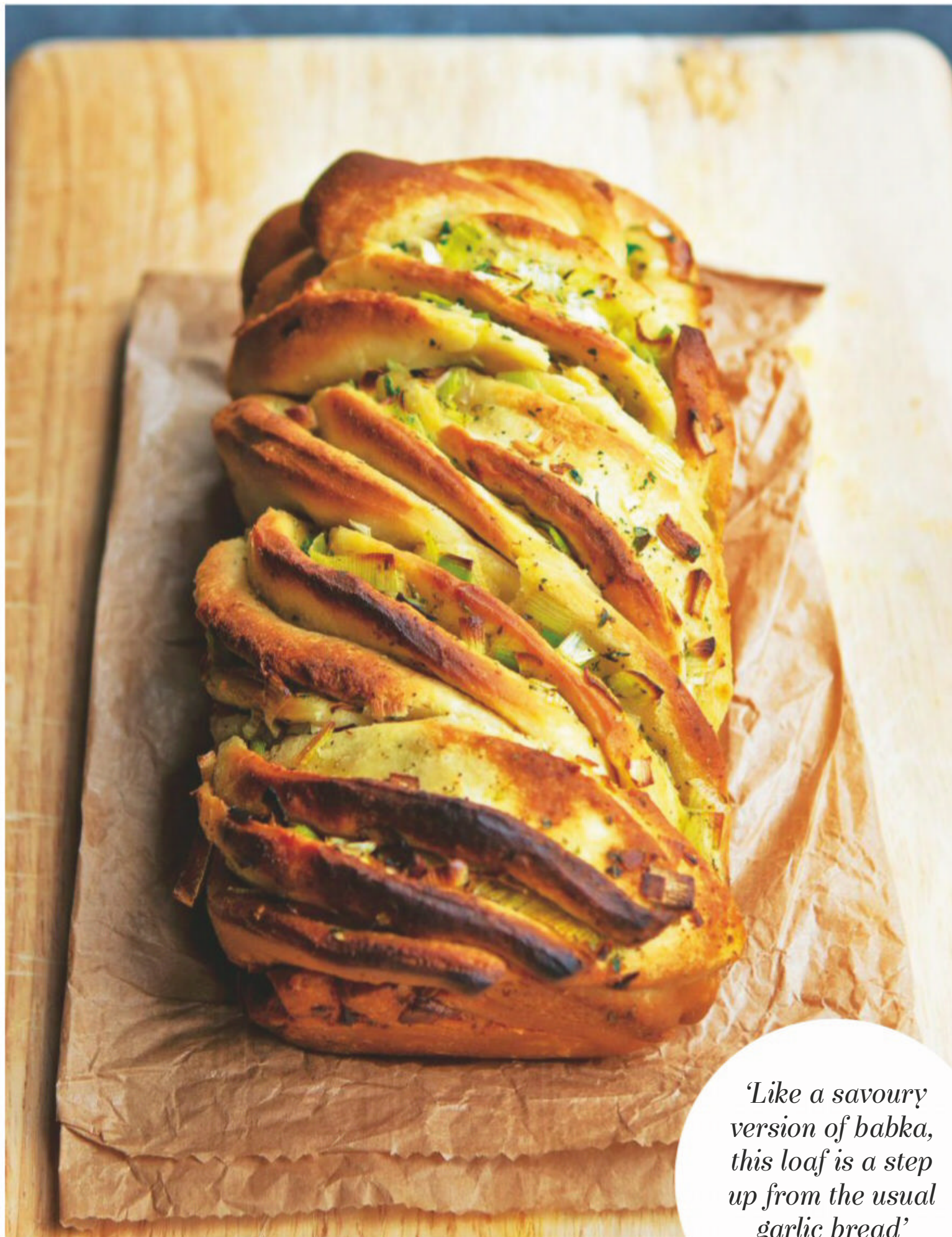


Who'd have thought?

A RANGE OF
MEALS
UNDER
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kcal



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'Like a savoury version of babka, this loaf is a step up from the usual garlic bread'



PEAK LEEK

Recipe creator and food photographer Lucy Parker focuses on vegetarian and vegan meals. Here she has worked with the British Leek Growers' Association to give a new twist to traditional leek recipes. For more recipes from Lucy, visit lucyandlentils.co.uk. For more on the British Leek Growers' Association, buying tips, recipes and information on nutrition, visit british-leeks.co.uk.

LEEK & GARLIC TWIST BREAD

Makes **8-10 slices** Preparation time **25-30 minutes, plus proving** Cooking time **45-50 minutes**

INGREDIENTS

For the dough

- 210ml/7¼fl oz oat milk, at room temperature
- 1 tbsp sugar
- 1½ tsp fast-action yeast (approximately 9g)
- 400g/14oz plain flour
- 1 tsp salt
- 4 tbsp olive oil, plus extra for greasing

For the filling

- 1 large leek, trimmed
- 60g/2½oz vegan butter (or margarine), softened
- Salt and freshly ground black pepper
- 1 tsp dried parsley
- 1 tsp garlic powder

1. Stir the milk, sugar and yeast together in a bowl. Leave for about 5 minutes to froth.
2. Place the flour and a pinch of salt in a separate large mixing bowl. Once the milk and yeast have become frothy, pour into the flour mix. Add 4 tbsp of olive oil and bring together using a spoon or your hands.
3. Move to a floured work surface and knead by hand for 10 minutes. Alternatively, add the dough to a mixer and knead for 10 minutes using the dough hook.
4. Wipe clean the mixing bowl then grease with a few drops of olive oil. Place the dough in the bowl, cover and leave to rise

- in a warm place for 1½ hours.
5. Meanwhile, prepare the filling. Finely chop the leek, rinse well and drain, then beat into the butter. Season with salt and freshly ground black pepper. Add the dried parsley and garlic powder and mix until combined, then set aside.
6. When the dough has risen, punch or press it to get rid of any large air bubbles – this is called knocking it back – then place on a floured surface. Roll into a rectangle 2-3cm/¾-1in thick.
7. Spread the leek mixture onto the dough, leaving a thin border all the way around. Roll the dough up lengthways, making a

sausage shape. Using a sharp knife, cut down the middle (also lengthways), all the way through to the bottom. You will have 2 long strands. Twist together by layering one strand over the other, keeping the exposed filling facing towards you (this will help the butter ooze out and bake). Transfer to a large loaf tin, cover with a clean tea towel and leave to rise for 30 minutes.

8. Preheat the oven to 190°C, 375°F, Gas 5. Put the loaf tin into the hot oven for 25 minutes, then cover with foil and bake for 20-25 minutes more. Remove, leave to cool slightly, then turn out from the tin. Serve cut into slices.

KONNIE HUQ SMART COOKIE

The record-breaking Blue Peter presenter is on a mission to spark children's love of science and inspire a new generation of enquiring minds

After a successful career in children's TV, Konnie Huq is a firm favourite with the nation's little ones. But now she's calling on youngsters to look away from the small screen and pick up her book *Cookie! and the Most Annoying Boy in the World*.

After introducing nine-year-old Cookie Haque to the world last year to great acclaim, the 44-year-old is releasing the misadventures of her lovable science-geek character in paperback. And it seems she didn't have to look further for inspiration than her two boys Covey, seven, and Huxley, five,

with her husband, TV writer Charlie Brooker.

"Covey loves it and he's always giving input. Lots of things he says and does give me nuggets of inspiration to put in the book," she tells us. "My other one is still doing phonics, so it's a bit over his head. But I do read it to him. They love the pictures."

Like Konnie, Cookie hails from a Bangladeshi family and enjoys drama and science. But – fittingly for a book from *Blue Peter*'s longest-serving female presenter – the story is more than a fun read, with experiments hidden in the pages for young readers to try.

"It's like when parents put hidden vegetables into a pasta sauce and the kids don't realise they're eating carrots. That's how I think of the educational side of this book."

Konnie wrote the majority of the book on the go, juggling her fiction efforts with her TV work and home life. "I wrote it mainly on my phone, literally in the notes," she says. "I was writing bits wherever – in a doctor's surgery, a waiting room, sitting on the bench at the park and around the house."

Embracing a modern approach to writing is perhaps



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Presenter and writer Konnie with her *Black Mirror* husband Charlie Brooker and their sons Huxley and Covey (at a family film premiere, above). The boys love their mum's first book (far left, at a signing), which draws on Konnie's family roots and her love of science, besides Covey's "nuggets of inspiration"

unsurprising given her tech-savvy household. Husband Charlie's darkly funny TV hit *Black Mirror* – stars of its five series include Jon Hamm, Miley Cyrus and Andrew Scott – explores alternate realities ruled by technology. And it appears their children are techno-minded, too.

"One of our kids went into the kitchen and called Daddy 'Alexa'," Konnie says, laughing. "Lots of the [school] mums are like: 'I only let my kids go on the iPad for half an hour a day.' Whereas I'm always thinking: 'Oh gosh, they only come off it for half an hour a day.' I'm in a house of tech addicts, so I guess the only way forward is to embrace it."

MALE ORDER

She's immensely proud of the "good people" she and Charlie are raising and says she is happy to live in a male-dominated house. "There'll be socks thrown on the floor, that sort of thing, but they're not too bad in the grand scheme of things," she jokes. "I'm quite a homebody so it's just as well that I get on with them all, otherwise it would drive me mad."

It was with concern for her children's future that Konnie addressed crowds outside parliament last year to draw attention to the climate crisis – despite the protest clashing with another big date in her diary.

"The Baftas was on the same day," she tells us. "I was speaking at the rally and doing all the press and interviews and then the rally ended in Parliament Square at five, I went across the bridge, took off my jumper and swapped my trainers for heels, put on some lippy and I'm wearing exactly the same thing to the Baftas."

As well as campaigning about climate change, Konnie is also highlighting the need for better education in UK jails. "It's compulsory for a prison to have a library but not a school, which is crazy," she says.

That, however, is not the only wrong Konnie wants to put right this year. "Me and my husband have our tenth wedding anniversary this year. But when we went to Las Vegas and got married, we never sent the paperwork off," she says. "Maybe we should actually get married this year."

INTERVIEW: EMILY STEDMAN

Cookie! and the Most Annoying Boy in the World is out now, published by Piccadilly Press, £6.99.

DON'T MISS THIS WEEK...

TELEVISION

FLESH AND BLOOD

Showing over four consecutive nights, this dark, witty drama sees three siblings thrown into disarray when their widowed mum declares she's in love with a new man. Years of secrets and lies threaten to blow the family apart and neighbour Mary (Imelda Staunton, right) seems a little too interested in the unfolding drama. The first-rate cast includes Francesca Annis, Russell Tovey and Stephen Rea.

Starts on ITV on Monday 24 February at 9pm.



TOUR

ROB BRYDON: SONGS AND STORIES

Best known for his role in *Gavin & Stacey* and as host of *Would I Lie To You?* the TV favourite aims to hit a high note as he takes to the road with an eight-piece band for a night of music and comedy, kicking off this week in Colchester. "I hope this show is a very pleasant surprise for audiences," says Rob.

For tickets, visit robbrydon.live.

BOOK NOW

THE MUSIC OF JUDY

Hot on the heels of Renée Zellweger's Oscar for her pitch-perfect portrayal of Judy Garland, West End leading lady Rachel Tucker (right) takes on some of the late star's most famous show tunes, including *Over the Rainbow* and *Get Happy* accompanied by the big band sounds of the London Concert Orchestra. *Good Morning Britain*'s Richard Arnold hosts.

From 24 April-23 May. Visit raymondgubbay.co.uk.



FILM

DARK WATERS

Lawyer Rob Bilott (Mark Ruffalo) risks everything to expose an environmental cover-up at a giant US corporation in this powerful drama based on a true story. The starry cast includes Anne Hathaway (left) as Rob's wife Sarah and Tim Robbins as fellow lawyer Tom Terp.

In UK cinemas from Friday.

BOOK WICKED GIRL

Foster "super-gran" Jeanie Doyle looks back at her first cases as she welcomes two troubled teenage mums and their newborn babies into her home. Shocking revelations ensue as each has to face the future with – or without – her child. Written with **HELLO!**'s Sally Morgan, this memoir also recounts the turbulent early life of Jeanie, who went on to bring hope and light to more than 100 children. **Out now, published by Mirror Books, £7.99.**





STAR ESCAPES

All pristine soft-sand beaches and wall-to-wall sunshine, this idyllic little island is one of Thailand's best-kept secrets

Koh Yao Noi

STAY

Peering out over the turquoise waters of Phang Nga Bay, a 45-minute speedboat ride from Phuket, Six Senses Yao Noi is an escapist's dream come true. The thatched suites and villas (1) have a treehouse-like feel and come with canopied beds and private infinity pools. When you're not tanning on the terrace, there are nature-inspired batik painting classes and Muay Thai boxing lessons to get stuck into. It's a place where you're encouraged to be as intrepid or as idle as you please, and where the commitment to sustainability – including clean water projects – is worthy of applause.

TASTE

Pleasingly laid back and bordering the silk-sanded beach, the hotel's Living Room restaurant serves up tempting wok-cooked classics and salad bowls. Meanwhile at The Den, another of the hotel's eateries, the lemongrass prawn skewers and deep-fried pork ribs with tamarind sauce are best washed down with a round of basil-infused Jardin d'Eden cocktails.

INDULGE

Set amid a tangle of jungle greenery, the spa's airy treatment rooms (3) couldn't be more glorious, and the holistic wellness journeys here take cues from the four elements – earth, water, air and fire. The Coconut Body Scrub buffs dull winter skin into silky smoothness, while the Mukha Chikitsa facial, using a blend of rose, saffron and mogra flower, works wonders on sun-parched complexions.

EXPLORE

Remarkably unspoilt, this secluded isle offers obscene levels of natural beauty (2), and days at Six Senses Yao Noi can be spent snorkelling beside sea horses and leopard sharks, reef-diving or kayaking through mangroves. Unearth some of the island's secrets – think gargantuan rocks encrusted with wild oysters, grazing water buffalo and locals fixing their beloved longtail boats – on a guide-led bike ride, or stretch out on the golden sand and marvel at the wonder of it all.



WHAT TO PACK

Wooden bead necklace, £19.99, Mango; visit mango.com

Kafras maxidress, £225, My Beachy Side, from matchesfashion.com



Chanel Le Vernis Nail Colour in Giallo Napoli, £22; visit chanel.com

Rosie Huntington-Whiteley has enjoyed Thailand's beaches



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