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HERE TODAY
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PASSIONS,
CHALLENGES,
SUCCESSSES

THE BIG ACCESSORIES EDIT

108 OF THE BEST:
FROM CLASSIC
SNEAKERS TO BAGS
IN ALL SHADES &
THE SHINIEST BLING

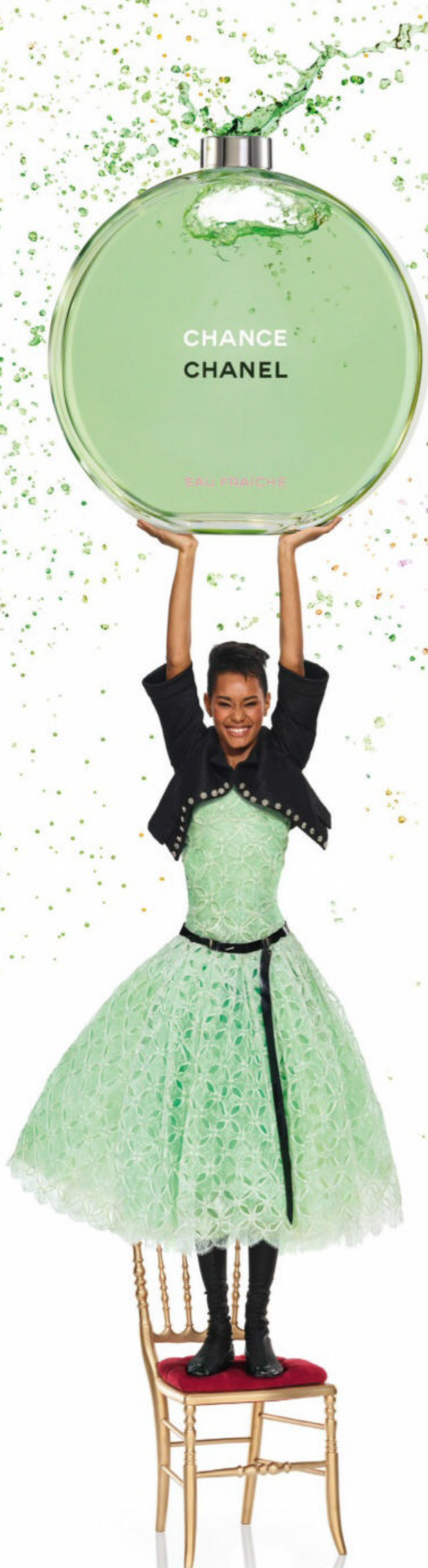


THE SG FASHION
BUYERS' GUIDE TO
THEIR COOLEST
BRANDS

HW
BEAUTY
AWARDS
155 WINNING
MAKEUP,
SKINCARE &
DEVICES
- WE TRIED
THEM ALL

CULT
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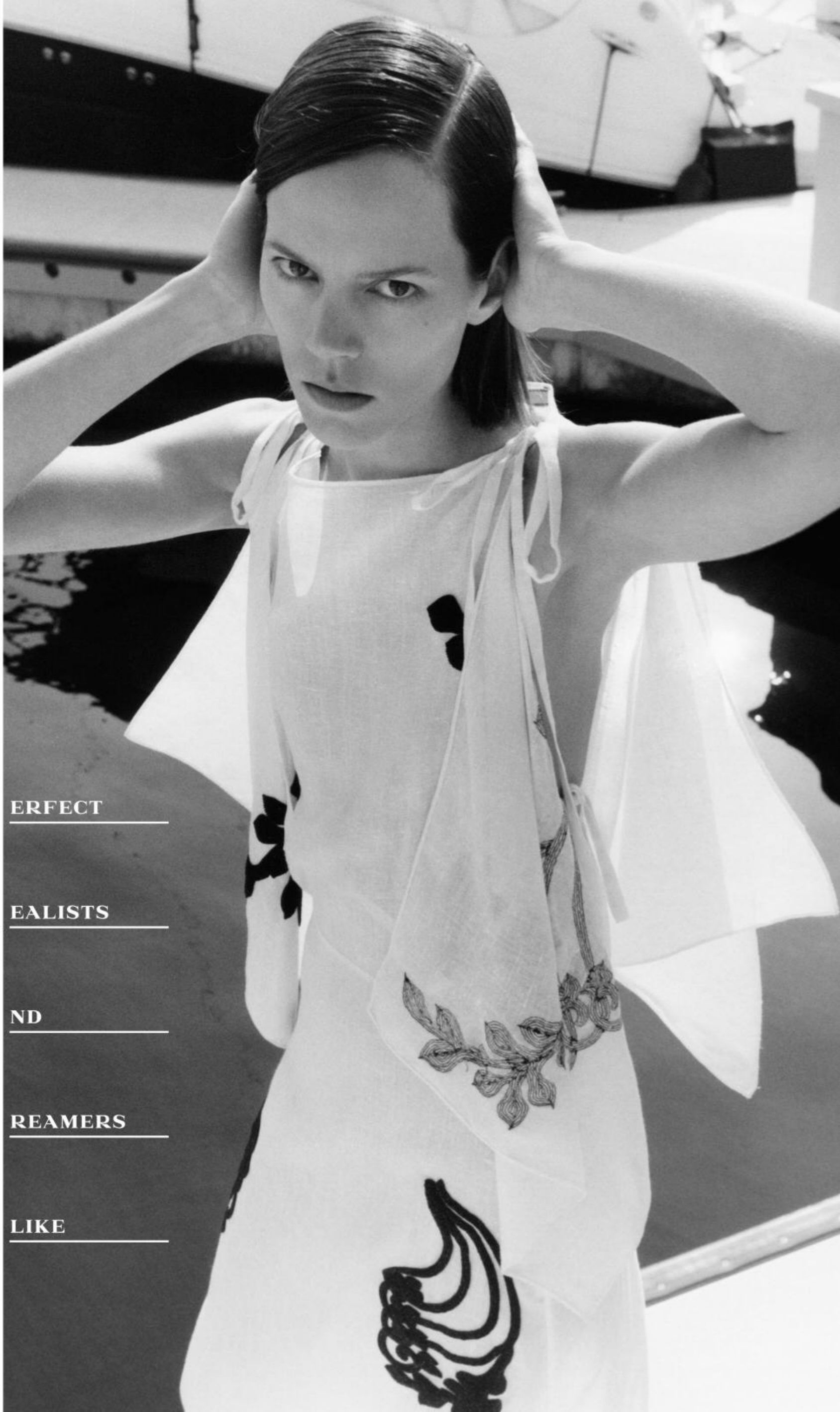
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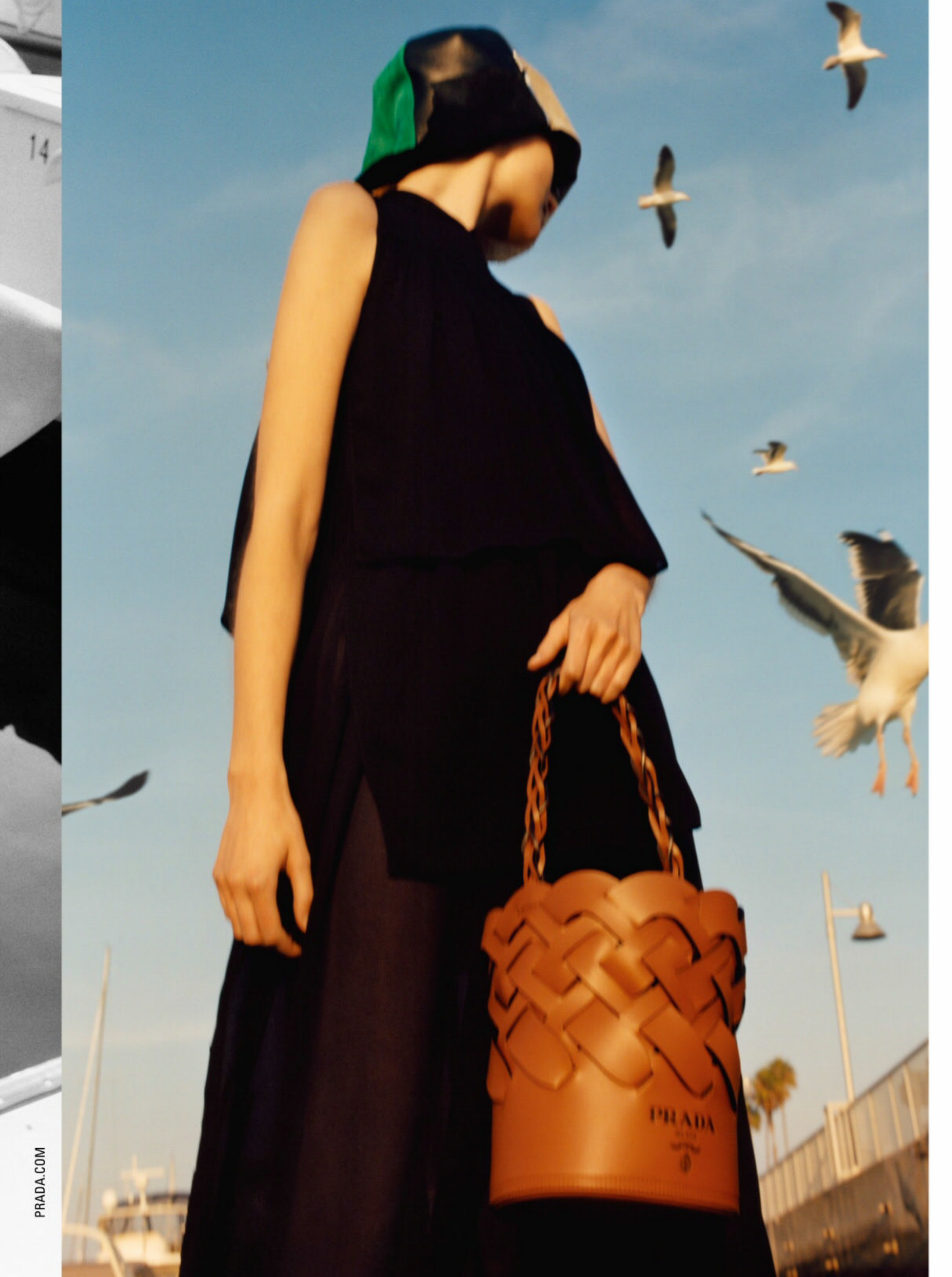
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סורה סורה

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#HerWorldHerStory

What does it mean to be a woman in SG? As *Her World* celebrates its 60th anniversary this year, we're kicking off this first part of a six-month series that shares the stories of 60 inspiring women.



HER WORLD ONLINE

THE WOMEN'S ONLINE GUIDE TO LIFE AND STYLE

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EDITOR'S NOTE



#HerWorldHerStory

These
are the
stories that
represent
us, from
pg 114.



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struggles and triumphs
on your IG profile,
and add the hashtag
#HerWorldHerStory so
we can find them and
share them.



Sixty years old – yes, this July, *Her World* is celebrating its 60th anniversary. And – just as how women in Singapore have evolved over the last six decades – so has *Her World*.

Today, we are career-minded, prioritise ourselves, and believe that we empower society through an empowered self. And the content in *Her World* has consistently reflected that. Whether it's female entrepreneurs forging their own path or inspired individuals making small yet

significant contributions, *Her World* has always given them a voice.

This is why our 60th anniversary campaign #HerWorldHerStory matters. Featuring 60 women that encapsulate the microcosm of what it's like to be a woman in Singapore now, #HerWorldHerStory gives these women from every spectrum of life a platform to share their successes, challenges, passions, inspirations and ambitions.

Launching this March with 10 women every issue until August 2020, it features women of every age from all walks of life that inspire us with their stories. After all, it's through the sharing of stories that creates connections and elevates us.

It's also no coincidence that we're launching #HerWorldHerStory in March, the month that International Women's Day is celebrated. Let our voices and stories be heard now. – **NYL, EDITOR**

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SHOPPING

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The best wellness retreats around Asia to refresh your mind, body and soul.

PHOTO JARED RICE/UNSPLASH



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COVER LOOK

From Gucci – and the Stuff That Went into It

Including the stuff that didn't. So that you have the option of shopping for the same, or a different look.

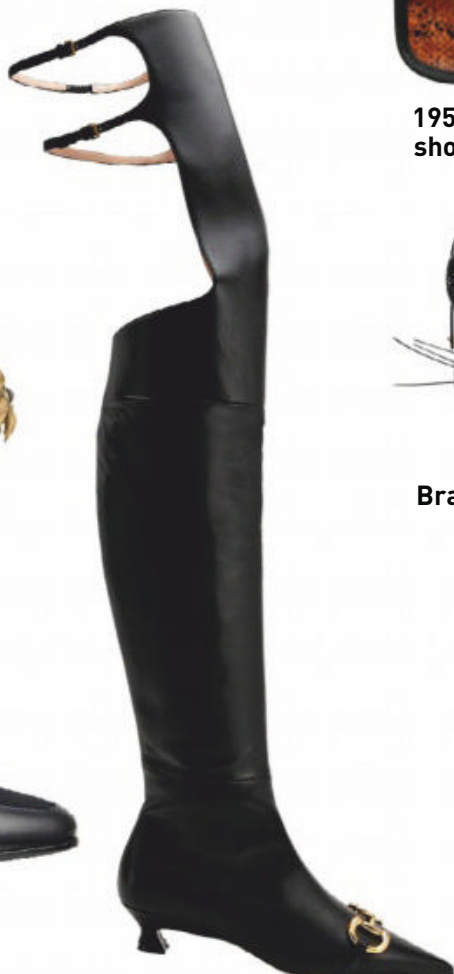


Whether they are embellished, printed or in brocade, Gucci's dramatic gowns are this season's showstoppers.



Gold-plated metal necklace, \$1,390

Leather boots with horsebit detail, \$3,460



1955 Horsebit python shoulder bag, \$6,000



Acetate sunglasses (price unavailable), and resin and metal chain, \$470



Sulwhasoo Perfecting Cushion EX in No. 14 Ivory Pink, \$80



Gold-plated metal and palladium choker, \$1,480



Braided top-handle bag, \$6,680



Guerlain L'Essentiel Pore Minimizer Primer, \$84



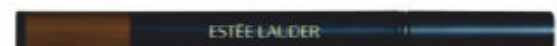
Hera Sensual Spicy Nude Gloss in #422 Lingerie, \$43



Leather and suede heeled moccasins, \$1,200



Gucci Beauty Rouge a Levres Satin in 600, \$53



Estee Lauder Featherlight Brow Enhancer in Chestnut, \$50

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WATCH OUR VIDEOS

#HerWorld
HerStory:
Introducing
the first batch
of HW's 60
inspiring
women -
National
figure skater
Chloe Ing
shares how
she bounces
back from a
tough season



TAP FOR
VIDEO



THE BEST SUBTLE LIP GLOSS LOOKS FROM SS '20



TAP FOR
MORE



TAP FOR
MORE

Our
pick
of the
must-
buy
shoes
this
season



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Introducing our new *Her World* LinkedIn community, a super digital shortcut that helps you make headway in your career.

This new social media hub understands that the empowered woman wants meaningful connections, a network of support, and rich content to power her work life.

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Come connect with us on LinkedIn!

**NG YI LIAN, EDITOR,
*HER WORLD***



LinkedIn



FASHION



1



2



3



4

HW Endorses: Mini Heritage Pendants

We're drawn to these pendants with a heirloom feel that remind us of the times when we raided our mothers' jewellery boxes. With brands like Celine, Saint Laurent and Coach championing it on the SS '20 runway, the look is anti-statement and classy – think hammered gold charms suspended

from a delicate gold chain. Other brands are following suit with wallet-friendly versions, from a minimalist option at Monica Vinader, to a good luck charm at Thomas Sabo. The best part: They go with everything. For the full bohemian vibe, layer with other personal charms in semi-precious stones. – VW

1 Cloverleaf gold-plated charm, \$129, Thomas Sabo. Gold-plated necklace, \$95, Monica Vinader.

2 Siren Shore gold-plated charm, \$260, and Alta Capture

gold-plated necklace, \$1,095, Monica Vinader.

3 Aries brass pendant necklace, \$140, Maje.

4 Garden Louise gold-plated pendant necklace, \$660, Louis Vuitton.

The Buyers' Guide to SS'20

From playful colours to a '70s comeback, these are the trends to watch, plus must-buy items this season – according to the merchandisers from three of the hippest multi-label stores in SG.

ACTUALLY

casual

quirky

fun

NINA CABELA, 26, RETAIL BUYER

The SS '20 Mood

In general, it's minimal and relaxed yet adventurous. The runway shows have plenty of '80s-inspired power dressing, head-to-toe leather and all-over prints, but the silhouette is usually straight-cut and loose, which makes it comfortable for the wearer – this is what we are bringing in to the store. There are also a lot of pastels this season, which is more youthful and playful. And we are seeing designers putting a little twist on designs to make the looks more interesting.

Actually is at #03-18 Orchard Gateway (tel: 6735-3118), open daily from 11am-9.30pm.

TEXT VALERIE WONG PHOTOS OF NINA CABELA & CHANG LING LIN PHYLLICIA WANG
HAIR & MAKEUP AUDREY WEE STYLIST DEBBY KWONG



Curetty



Rocket X Lunch

3 Names to Watch

ROCKET X LUNCH:

The unisex Korean label is known for its elevated basics with extra details, as seen in its SS '20 collection – think a classic white shirt done in two tones with some ruffles, or an A-line skirt with drawstrings on its hem so that one can add some volume.

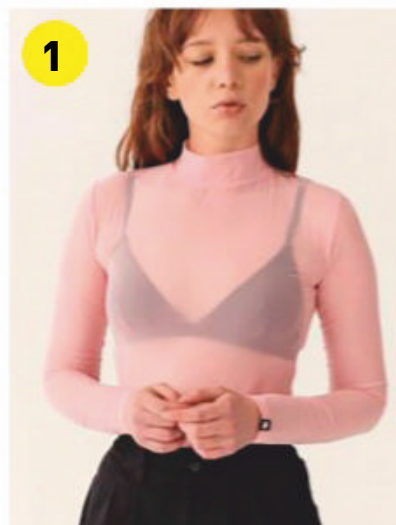
CURETTY: Another Korean label, but this one is still new in the market. Its upcoming collection shows a lot of potential. With its graphic tees and miniskirts, it exudes a nostalgic '90s vibe that will continue to be very trendy this season.

LAZY OAF: This London-based label has been with us for years, but we're still always excited about what it has to offer. Founded by designer Gemma Shiel in 2001, its collection every season is very unpredictable as it does not follow trends or designers. Each concept is always out of the norm.

Lazy Oaf



5 KEY PIECES



1



2



3



4



5

Singapore's weather. This mesh one from Curetty will keep one cool and comfortable.

3. LAYERED TOP, ROCKET X LUNCH
Shirt layering is another key trend this season for both sexes. I personally like this one because it encourages people to reimagine their old shirts or tops, and give them a new look and style.

4. EXTRA+LARGE BAG, FREITAG
Bags in extreme sizes have been statement pieces since last year, and I'm sure this will continue this season. I like that this helps in sustainability, since you can easily dump everything into it and minimise your use of plastic bags.

5. SHOULDER BAG, CURETTY
Designers are exploring and creating shapes for more hands-free carrying. We started bringing in such accessories last year and will be sure to have more in the coming months.

1. BRALET, LAZY OAF

Bralets are key this season, be it printed ones or just plain black, as they can easily be styled under sheer tops or worn alone. Many brands have also been showcasing low-cut necklines, which will likely be a hit this season.

2. CROPPED TOP, CURETTY

Cropped tops are trending this season and are very suitable for

MANIFESTO

alternative

minimalist

cool



WALID ZAAZAA, 41, FOUNDER

The SS '20 Mood

It is definitely a '70s comeback, with narrower shoulders, a higher waist, and even boot-cut hems. The colours are an interesting mix of pastel orange with purples, brown, bronze and earthy tones. We'll probably see logo-type streetwear being slowly replaced by authentic utility or sportswear brands (Patagonia, Carhartt, etc), and it will be across genders. I also hope we will move on from the collaboration trend and strive for better products and style, instead of pure hype.

Manifesto is at #02-17 Mandarin Gallery (tel: 6304-7948), open daily from 11am-9pm.

Thinking Mu



Our Legacy

Carne Bollente



3 Names to Watch

THINKING MU: This label from Barcelona is very serious about being eco-friendly. All its fabrics do not harm the environment, and it only uses natural dyeing processes and innovative recycled materials.

OUR LEGACY: The Stockholm-based brand's collections are always surprising as the designers tend to disregard trends and invest in things like developing custom fabrics.

CARNE BOLLENTE: Established in 2014, this Parisian collective is led by friends Hijiri Endo, Theodore Famery and Agoston Palinko. I love how they explore sex positivity with their tongue-in-cheek designs.



5 KEY PIECES

1. POLO CARDIGAN, OUR LEGACY

This is my favourite piece from its SS '20 collection. It's retro and stylish as the proportions are so interesting – it's feminine and avant-garde at the same time.

2. PRINTED DRESS, APC

APC doesn't come up with many prints but when it does, it does it well. This minidress is so versatile and requires no complicated styling. Pair with sandals for a day at the beach or '70s-inspired heels for a night out with friends.

3. STRIPED DRESS, MAISON KITSUNE

Pastel colours in bold stripes are really in this season, and this really nails it.

4. OVERSIZED TUXEDO, LEMAIRE

I love the fabric's wet effect and how the jacket is tucked in. It's not easy to pull off, but what a strong silhouette!

5. TEE, MADS NORGGAARD

I chose this for the same reason as the Kitsune dress – the soft retro colours, which are very in now.



CHANG LING LIN, 25, MERCHANDISER

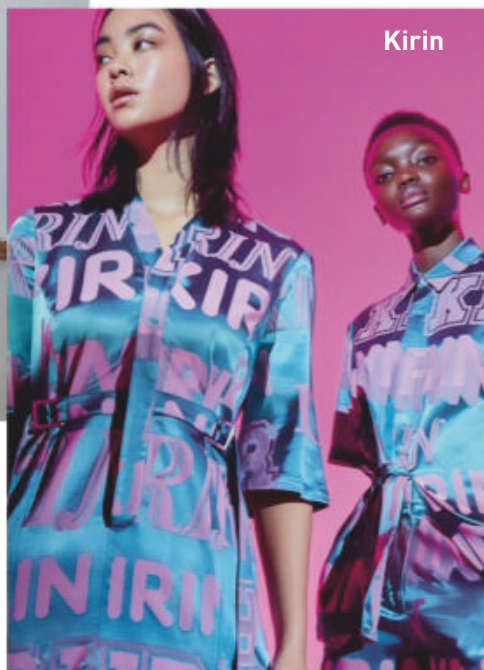
The SS '20 mood

There's a playful, free and energetic spirit across most collections. Pastel colours, such as pink, blue and green, plus bandana prints in red and blue, are dominating. I think vintage, luxury streetwear is going to blow up in 2020 – think vintage bags (LV, Gucci, Fendi) paired with oversized '80s tees, baggy ripped jeans, cropped tops, worn sneakers, and bucket hats. This trend has been steadily growing since FW '19.

Surrender is at #01-03
268 Orchard Road (tel:
6733-2130), open daily
from 11am - 9pm.



Danielle Guizio



Kirin



We11Done

3 Names to Watch

WE11DONE: This new luxury streetwear brand is the in-house line of Rare Market, Korea's hottest concept store by Dami Kwon (G-Dragon's sister) and Jessica Jung, ex-member of Girls' Generation. It's known for its oversized fits, contemporary prints and gender-fluid pieces.

DANIELLE GUIZIO: The New York-based designer's eponymous label is all the rage on IG, seen on Kylie and Kendall Jenner, Priyanka Chopra, Ariana Grande etc. Her pieces are known to be comfortable, channelling the best of luxury athleisure and vintage pieces.

KIRIN: Founded by Berlin-based South Korean DJ Peggy Gou, aka Virgil Abloh's muse, the brand showcases her personal style. Expect bold colour blocking and club culture graphics.

5 KEY PIECES

1. DISTRESSED JEANS, DANIELLE GUIZIO

Jeans are a staple, and the brand's versions are regularly seen on celebs. They are incredibly comfy and fit perfectly.

2. LOGO JACKET WITH BOW BELT, PALM ANGELS
Dubbed the go-to hype brand of the moment, the label is known for its skate culture aesthetic. This leather jacket showcases its iconic logo – in line with the current logo mania trend.

3. LACE-UP BUSTIER TOP, DANIELLE GUIZIO
Bustiers are a highlight of the vintage luxury trend, which is set to peak in SS'20. This one is in satin, which means it's comfortable and gives a slimming effect.

4. PILL CHARM EARRING, AMBUSH
The mismatched earring trend is here to stay, and this design adds an edge to any look. Best paired with a mini stud opposite.

5. NANO DAILY BAG, READYMADE
The Japanese label has garnered a cult-like status for its bags. This is a classic piece that goes well with any outfit with a streetwear element.



SURRENDER

avant-garde

street

edgy



The Icon That's Ready to Rock

The latest iteration of Bvlgari's signature B.zero1 charms with a studded update.

Celebs love it. Michelle Obama's worn it. Zaha Hadid designed a version of it. Known for its sinuous spiral lines inspired by the circularity of the Colosseum, Bvlgari's signature B.zero1 collection shows no signs of slowing down since it first launched more than 20 years ago in 1999.

This year, Bvlgari has unveiled a new version: the B.zero1 Rock. Inspired by Roman art and architecture, this thoroughly modern jewellery line is glamorous yet edgy. Embodying a rock 'n' roll vibe, its studded core is the most noticeable difference – reminiscent of the heritage Bvlgari tubogas choker with studs, which dates back to the '80s.

The unisex collection features two versions of the iconic ring, pendants, bangle bracelets and earrings. Precious pave diamonds line the edges of the yellow gold version, while the rose gold version experiments with technology by injecting black ceramic along the edges. All designs are engraved with the Bvlgari double-logo, featuring the brand's signature double wave. – **DK**



Pearlescent Dials

For something that's truly one of a kind, pick a timepiece with a mother-of-pearl face – the unique iridescence and natural patterns of the shell ensure that no two will ever be the same.



Limited to 28 numbered pieces, Breguet's Classique Dame 9065 has a Tahitian mother-of-pearl dial enhanced by 88 brilliant-cut diamonds on the rose gold bezel.

Premier Diamond Second 36mm white gold watch with diamonds and mother of pearl; Tulip platinum and diamond necklace and matching bracelet, Harry Winston. Cotton shirt and matching skirt, Ralph Lauren Collection



FASHION

TO KNOW



Launched in 1952, Omega's iconic Constellation has been given a facelift with the elegant stainless steel and yellow gold 29mm Constellation Manhattan Co-Axial Master Chronometer (\$16,500).



Chopard's 18K white gold Happy Sport Oval features five sapphires and two dancing diamonds around the textured mother-of-pearl dial with a guilloché centre.



Vintage lovers will love Longines' Legend Diver watch (\$3,200), which pays tribute to its 1960s 42mm Super Compressor. The white leather strap complements the soft glow of the mother-of-pearl dial.



Tag Heuer's Carrera Lady has a 36mm case that's larger than the average ones for women, but it's ideal for showing off its mother-of-pearl dial with diamonds on the bezel.

Prices unavailable unless stated

Caroline Issa's Approach to Style

The fashion director, editor and regular Fashion Week fixture shares her love for jewellery, and her philosophy of buying less, but better.

She's a darling among street style photographers, but Caroline Issa is much more than an influencer. The London-based chief executive and fashion director of *Tank* (a biannual magazine on contemporary culture) and editor of online magazine *Because* exudes an effortless style that's comfortable yet chic. Perhaps, it has something to do with how she did not start out in fashion.

The former management consultant (she graduated from The Wharton School at the University of Pennsylvania with a business degree) used to spend her days in coordinated navy, brown and black suits. After meeting

Tank founder Masoud Golsorkhi by chance, she left consulting for the world of publishing.

The journey from boardroom to street-style star is something that Caroline regards as pure serendipity. "There was a convergence of street photographers and blogs," she says. "Images of us just doing our jobs

attending the shows were increasingly reproduced, and editors like me were suddenly brought to the forefront."

In August last year, she added another feather to her cap, teaming up with designer Monica Vinader on an exclusive jewellery collection. Here, she shares her love for jewellery, how she

"Trends come and go. So if you have just one great piece of leopard in your wardrobe, you're pretty much set – you don't need 25 of those."



PHOTOS SHOWBIT

Everlane



there's a rule that you can't mix and match metals, but I actually don't think that's true."

Build a jewellery wardrobe

"Having a really great jewellery wardrobe is as important as having great classics in your (clothes) wardrobe. Two things I wear every day: huggie earrings and a long necklace. I'm

The Monica Vinader x Caroline Issa collaboration is available in all Monica Vinader outlets.



THE STYLISH ECO-CONSCIOUS BRANDS SHE LOVES

Caroline is all for sustainability in fashion. "They can be eco-conscious brands that are made with real quality. They might be more expensive, but I think they will last longer. There are certain things that if you buy, you would never have to buy another like that again," she says.

Allbirds: The New Zealand-American sneaker brand prides itself on being all natural, with uppers made from Merino wool, soles from sugar cane, and laces from recycled plastic bottles.

Everlane: Known for its "radical transparency" (which allows you to see how much each item costs to produce and how big the mark up is), the American label is all about making sustainable basics through ethical production.

Mother of Pearl: Founded in 2002, the British brand focuses on contemporary womenswear that uses organic and natural materials.

Monica Vinader: The British jewellery brand was awarded the Butterfly Mark by Positive Luxury for its commitment to sustainability. Caroline teamed up with it in 2019 to design a jewellery collection.

approaches fashion, and the secrets to her style.

Jewellery from day to night

"I love jewellery and I use it to play up an outfit. I am also a big believer of day to night dressing. So I'll go to office in a black suit, but dress it up at night with big cocktail earrings. I have no time or ability to put makeup on – I just need easy things to fit into a really busy day. And a lot of times, that means not even changing for my dinners. So jewellery is a great way for me to add a little more zing at night."

Play with layering

"I love a maximalist approach to jewellery. I usually stack my rings, but now I'm also stacking my necklaces, which is quite fun. I like playing with lengths – layering long necklaces with short ones. Another thing: Don't be too precious about mixing metals. Now I'm wearing rose gold with gold and a little bit of silver. A lot of people think

Mother of Pearl



wearing this gold huggie with a small, tiny aquamarine and citrine. I also wear this long double gemstone necklace – it goes over shirts and sweaters to add some colour."

Singapore as inspo

"My mum was from Singapore and I love Singapore (she lived here for a year in 2001). You guys taught me some good styling tips. It was always about layering, so that even in that cold air-conditioning, you look sharp. It's about putting a smart

jacket over a fun, flowy dress."

Buy less, but better

"It's fun to experiment with trends, but one should invest a little time – the same way we invest in health – to think about the clothes that make you feel good when you wear them. Invest in those, then use things like a new pair of shoes to play them up. Many of us are getting into this mindset of buying less but better, and I think that's important, seeing what's going on with our climate." – VW

Allbirds



SS'20

The Shoes

Timeless boots; bold, bright pumps; comfy flat sandals; and classic sneakers in neutral tones.



TAP FOR
MORE

ACCESSORIES

The Bags

It's all about the colour: the hottest shades this season, plus basic black.



EDIT

The Bling

Either high-shine, or sweet and feminine.

**SS '20
ACCESSORIES
EDIT**

Boots

Yes, they're for Spring/Summer – but they'll last you more than a season. Go for neutrals to ensure timelessness.

Jersey
jumpsuit and
calfskin belt,
Celine

Snakeskin boots, \$7,940, Saint Laurent

Calfskin boots, \$2,950, Celine

Calfskin boots, Prada

Leather boots, \$209, H&M

**SS '20
ACCESSORIES
EDIT**

Pumps

They come in classic silhouettes, but graphic prints and bright hues keep things fun.

Faux leather pumps, \$53.90, Charles & Keith

Calf leather pumps, \$1,290, Moschino

Cotton pumps, \$1,890, Manolo Blahnik

Cow leather pumps, \$199, Aldo at Zalora

Canvas pumps, Miu Miu

Tweed
jacket and
matching skirt,
Kate Spade
New York

Leather pumps, \$1,370, Bottega Veneta

Patent leather pumps, Sergio Rossi

Calf leather pumps,
\$1,200, Burberry



SS '20
ACCESSORIES
EDIT

Sandals

The colour
and style
doesn't
matter. What
does matter:
that they
are flat – as
comfort
is key.



Leather sandals, Alexander McQueen



Rockstud leather sandals, Valentino



Grosgrain and rope sandals, \$56.90, Charles & Keith



Calfskin and canvas sandals, \$1,150, Hermes



Diorexpress cotton sandals, Dior

Silk dress,
Valentino

Leather sandals, \$1,015, Valentino





Calf leather sandals, \$1,050, Givenchy



Lambskin sandals, \$399, Pretty Ballerinas



EVA sandals, \$59, Birkenstock at Zalora



Leather sandals, Kate Spade New York



Suede sandals, \$1,350, Chanel



Leather and suede sneakers, US\$334.12 (S\$455.06), Re/Done at Net-a-porter



Canvas sneakers, \$810, Saint Laurent



Leather sneakers, \$480, Sandro



Canvas sneakers, Brunello Cucinelli



Leather sneakers, \$840, Tod's



PVC and calf leather sneakers, \$1,350, Givenchy



Triomphe calfskin sneakers, \$1,300, Celine

SS'20
ACCESSORIES
EDIT

Sneakers

Ace the (still going strong) athleisure trend with classic kicks in neutral shades.

Lambskin and velvet lambskin dress, Longchamp

Velvet leather croc-embossed sneakers, \$685, Longchamp

Irving Stripe leather sneakers, Michael Kors at Michael Kors

Polyester sneakers, \$69.90, Pull & Bear

PU sneakers, \$55.90, Mango

Calf leather sneakers, \$1,220, Burberry

PHOTOGRAPHY
Vee Chin
STYLING
Windy Aulia,
assisted by Sean Tham
HAIR & MAKEUP
Nikki Fu, using Kevin.
Murphy & Nars
MODEL
Jessica/Basic

**SS '20
ACCESSORIES
EDIT**

Yellow

From bright mustards to tawny yellows, this is a sure-fire way to inject a pop of colour to your outfit.

Faux leather cross-body bag, \$69.90, Charles & Keith

Miller leather cross-body bag, Tory Burch

Leather tote, \$1,100, Longchamp

Faux fur tote, \$69.90, Zara

Belted Bayswater leather cross-body bag, \$1,490, Mulberry

Peekaboo lambskin top-handle bag, \$8,750, Fendi

PU tote, \$74.95, H&M

Leather top-handle bag, \$3,770, Gucci

Turnlock leather cross-body bag, \$595, Coach

Varenne leather cross-body bag, \$1,650, Jimmy Choo

SS '20
ACCESSORIES
EDIT

Green

This is *the* hue to add to your wardrobe this season, and it's a lot easier to pull off than you think.

Leather cross-body bag, \$440, Bimba Y Lola

M leather cross-body bag, MSGM

Guirlande de Cartier calfskin cross-body bag, \$1,690, Cartier

Lambskin top-handle bag, Chanel

Bovine leather cross-body bag, \$59.90, Mango

Turnlock leather cross-body bag, \$475, Coach

Triomphe calfskin M shoulder bag, \$4,950, Celine

PU cross-body bag, \$49.90, Topshop at Zalora

Padded Cassette leather cross-body bag, \$3,560, Bottega Veneta

**SS '20
ACCESSORIES
EDIT**

Blue

Whether it's a dark, classic navy or a soft baby blue, this shade goes with almost everything.

Michael J Fox leather shoulder bag, Coach x Richard Bernstein at Coach

Chanel 19 washed denim shoulder bag, Chanel

Shoulder Pouch calfskin top-handle bag, \$3,980, Bottega Veneta

Bond cotton and calf leather belt bag, \$1,690, Givenchy

Timeless leather cross-body bag, \$2,840, Tod's

Bolide 1923 - 45 racing calfskin top-handle bag, Hermes

Dauphine MM calf leather shoulder bag, \$4,900, Louis Vuitton

Faux leather cross-body bag, \$89.90, Charles & Keith

Roseau suede mini top-handle bag, \$715, Longchamp

Jagger leather L cross-body bag, Michael Michael Kors at Michael Kors

**SS '20
ACCESSORIES
EDIT**

Red

Three words to describe scarlet: fiery, bold and eye-catching – exactly what you see here.

Ginny leather cross-body bag, \$309.90, Michael Kors at Zalora

La Prima leather shoulder bag, \$2,490, Giorgio Armani

Supervee calf leather shoulder bag, Valentino

Clayn calf leather cross-body bag, \$990, Bally

Embossed leather S cross-body bag, \$2,930, Alexander McQueen

Biker leather cross-body bag, Moschino

Faux leather cross-body bag, \$45.90, Charles & Keith

Serpenti Cabochon calf leather cross-body bag, \$3,370, Bvlgari

Furla Sleek leather bucket bag, \$640, Furla

**SS '20
ACCESSORIES
EDIT**

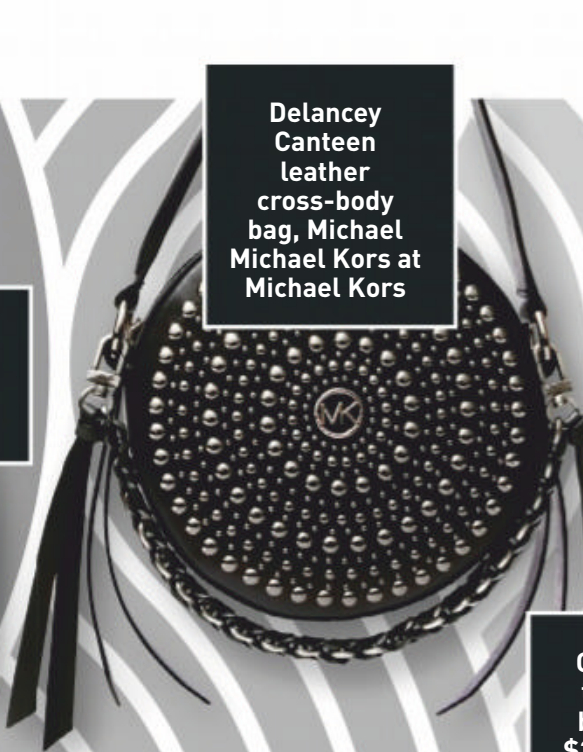
Black

You can't go wrong with this basic hue. Keep things interesting with textures from suede to straw, croc-embossed to calfskin.



Seau suede bucket with studs, \$6,130, Saint Laurent

Delancey Canteen leather cross-body bag, Michael Michael Kors at Michael Kors



Calf leather top-handle bucket bag, \$3,350, Prada



Gancio leather belt bag, Salvatore Ferragamo

Dionysus embossed leather clutch, Gucci



Calfskin cross-body bag, Chanel

Calf leather tote, \$1,640, Miu Miu



Furla 1927 leather cross-body bag, \$485, Furla



Pretty canvas tote with leather trimmings, \$299, Pretty Ballerinas



Maillon Triomphe suede cross-body bag, \$4,150, Celine



**SS '20
ACCESSORIES
EDIT**

White

A palette cleanser and the foolproof option for this season.

Hourglass embossed calf leather M top-handle bag, \$2,550, Balenciaga

Faux pearl tote, \$69.90, Zara

Embroidered canvas tote, \$4,400, Dior

Lola leather cross-body bag, Burberry

Faux leather cross-body bag, \$79.90, Charles & Keith

Gancio ostrich leather shoulder bag, Salvatore Ferragamo

Balloon calf leather bucket bag, \$4,850, Loewe

Mercer Gallery leather shoulder bag, Michael Michael Kors at Michael Kors

Cargo leather M cross-body bag, \$460, Kate Spade New York

Dolce Box PVC, aluminium and brass top-handle bag, \$7,000, Dolce & Gabbana

A full-page photograph of a woman with long, wavy brown hair, wearing a white, sleeveless, high-necked dress. She is lying down on a light-colored, textured surface, possibly sand or concrete, and is shielding her eyes from the sun with her right hand. She is wearing a ring on her ring finger and a small earring. The lighting is bright, creating strong shadows.

SS '20
ACCESSORIES
EDIT

Shine

Diamond-studded or crystal embellished means they're guaranteed show-stoppers.

Tiffany Victoria platinum and diamond branch earrings, vine circle pendant on chain, and ring, Tiffany & Co. Silk chiffon dress, Ralph Lauren Collection



Sterling silver and crystal earrings,
\$1,199, Ralph Lauren Collection



Leather and stainless steel watch with
Swarovski crystals, \$449, Michael Kors



Strass brooch, Louis Vuitton



Metal and glass necklace, \$27.95, H&M



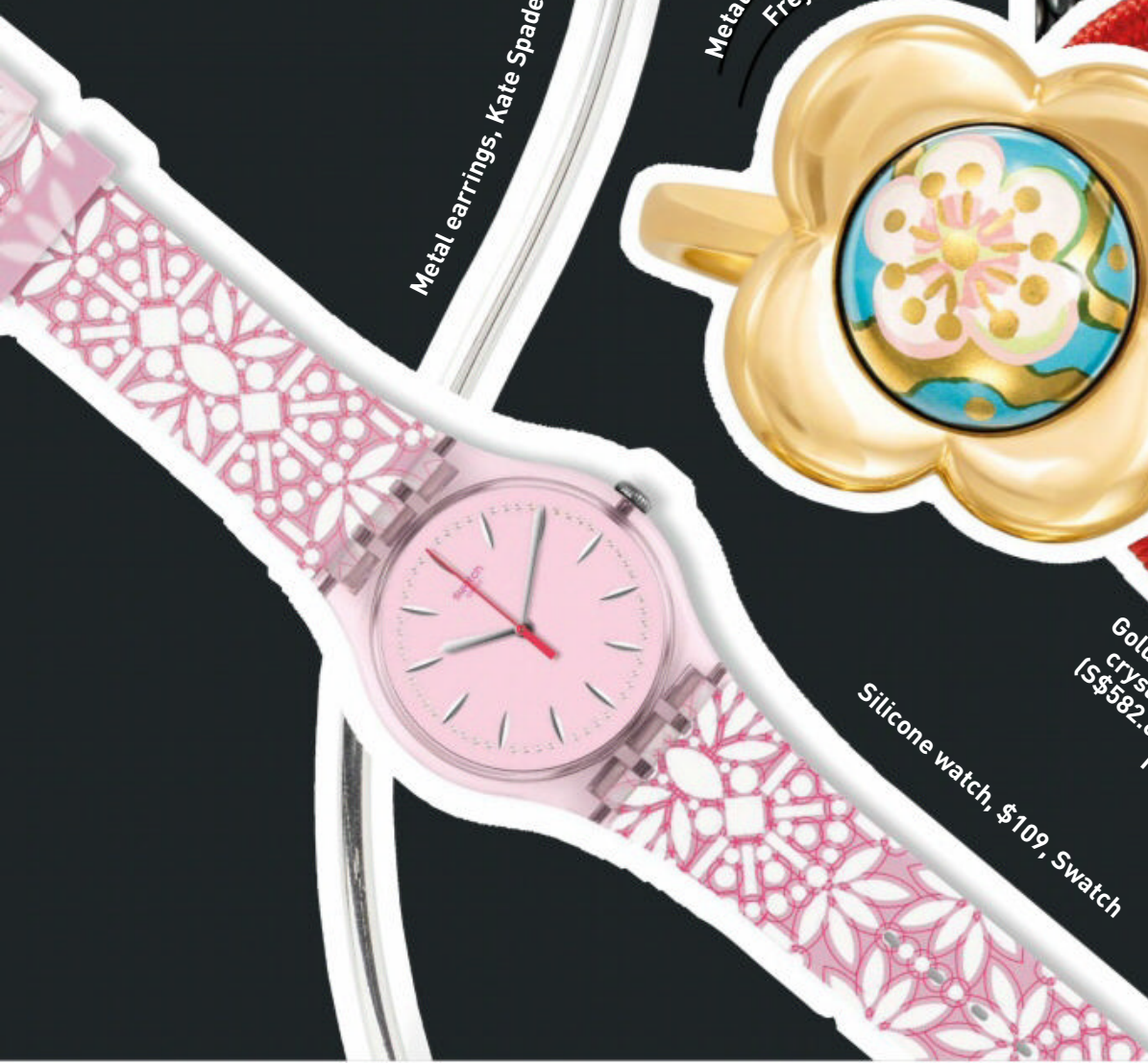
Rhodium-plated brooch, \$279, Swarovski



Stainless steel watch, \$649, Swarovski



Sterling silver ring with moonlight
blue crystal and clear cubic,
\$129, Pandora



Metal earrings, Kate Spade New York



Metal and enamel ring, Frey Willie



Stainless steel watch, \$219, Olivia Burton at Zalora



Zinc and brass earrings, \$29.90, Zara



Gold-tone cord, glass beads and crystals earrings, US\$424.99 (S\$582.63), Oscar de la Renta at Net-a-porter

Silicone watch, \$109, Swatch



**SS'20
ACCESSORIES
EDIT**

Floral

Romantic,
pretty,
and 100
per cent
feminine.

Cotton dress,
Dolce &
Gabbana.
Constellation
Manhattan
stainless steel
and Sedna gold
watch, \$6,150,
Omega

Prices unavailable unless otherwise stated

PHOTOGRAPHY
Phyllicia Wang
STYLING

Debby Kwong
HAIR & MAKEUP
Grego, using
Keune Singapore &
Shu Uemura
LOCATION
Lloyd's Inn

Cotton and
wool dress,
and acetate
sunglasses,
Marc Jacobs.
Leather boots,
Miu Miu. Cotton
pillow with
detachable
leather
harness, **Gucci**

A D V E N T

Embark on the new season
with the boldest looks of SS '20,

PHOTOGRAPHY
Shawn Paul Tan,
assisted by Melvin Leong
& Kat Midori
STYLING
Windy Aulia,
assisted by Sean Tham
HAIR & MAKEUP
Grego, using
Keune Singapore
& Estee Lauder
MODEL
Sheena/Mannequin



CURRENT TIME

from a statement leather trench
and dramatic cape to ruffled dresses.

Cotton
jumpsuit,
Supervvee
leather cross-
body bag,
and Rockstud
leather sandals,
Valentino



Leather
trench coat,
Coach. Metal
sunglasses,
Givenchy



Gaberdine and
silk dress, and
leather boots,
Miu Miu



Organza
dress, felt and
grosgrain hat
with silk crepe
brooch, acetate
and metal
sunglasses,
calfskin cross-
body bag, and
satin and strass
sandals, Chanel



Silk blouse,
leather
culottes, linen
cape coat, and
calfskin boots,
Celine



Embroidered
polyester top,
lamb leather
skirt, and Zip L
calfskin clutch,
Givenchy



A woman with dark hair is wearing a vibrant blue and green floral print dress with a large ruffled shoulder. She is holding a large, structured, orange-brown leather bag with a single strap. The background is a plain, light-colored wall.

HW

THE SELECTION

THE BAG WITH THE BRAGGING RIGHTS

Clean, structured and (very) roomy, the Ghost Bag – which debuted at Balenciaga's SS '20 – highlights Demna Gvasalia's interpretation of power dressing for every career woman (shoulder-padded blazers optional).



It comes in two sizes (M and L), with spacious double gusset compartments that can safely stow your 13-inch Macbook (for the L size only, pictured throughout). Seen here in dark grey shiny calfskin. Crepe blouse with matching skirt, nappa leather boots, gold-plated Zamac, brass and steel bracelet, and gold-plated brass earrings.



The Ghost Bag is fashioned with a flap closure that's secured with a hidden metal buckle engraved with the brand's BB logo. Seen here in brown shiny calfskin. Silk satin dress, nappa leather boots, gold-plated Zamac, brass and steel bracelet, and gold-plated aluminium and brass earrings.

The Balenciaga store is at #01-01 Paragon.

PHOTOGRAPHY
Shawn Paul Tan,
assisted by
Melvin Leong
STYLING
Windy Aulia,
assisted by
Sean Tham
HAIR & MAKEUP
Grego, using Keune
Singapore &
Shu Uemura
MODEL
Hanaka/
Mannequin



The adjustable strap means you can wear it as a top-handle or a shoulder bag. Seen here in red lizard-embossed calfskin. Silk jacquard dress, nappa leather boots, silver-plated Zamac, and brass and steel bracelet.



Choose from four materials (shiny or metallised croco-embossed calfskin, shiny calfskin, and lizard-embossed calfskin) and six colours (black, white, red, brown, dark grey and gold). Seen here in white lizard-embossed calfskin. Wool blazer dress, B gold-plated bronze ring, and resin and aluminium earrings.



BEAUTY CLUB

We Love Beauty

**Join us at
HW Beauty Club**

For VIP access to the latest cosmetics drops, cool giveaways, and maybe even appear in our beauty reviews and videos.



Visit campaign.herworld.com/beautyclub/ to discover more.



BEAUTY

HW Endorses: SS 20's Coolest Eyeshadow Palettes

The formulas are creamy, the sparkles intense, and the options, boundless: day looks, night looks, chrome to matte. Makeup artist Larry Yeo picks the best palettes of the season. They're those that give you creative room to play and explore, from creating a blue smoky eye with metallic depth, to keeping it simple with a monochromatic swipe. — SL



Fenty Beauty Snap Shadows Mix & Match Eyeshadow Palette in #4 Rose, \$39 each
There are six compacts in all. Snap any two together to form a 12-shadow palette. It could be everyday neutrals + smoky tones, or warm tones + pinks – it's up to you.



Milani Gilded Rouge Eyeshadow Palette, \$43.40
Some 16 richly pigmented shades in fierce foils, vamped-up silky mattes and buttery metallics. Be as adventurous (or basic) as you like.



Nars Afterglow Eyeshadow Palette, \$90
Think sun-kissed and bronzy, like you've just come back from a beach holiday.



Charlotte Tilbury Instant Eye Palette in Pillow Talk, \$130
The ultimate in romantic shades, from rosy pink to warm brown, in matte and shimmer finishes.

Tom Ford Soleil Neige Eye Color Quad in Soleil Neige, \$139
Icy, sparkly tones up your glam game. With a frosted sheen and flecks of silver sparkle, this palette is made for a night out.



Sephora Collection Feline Instinct Eyeshadow Palette in Dark Edition, \$33
Deep shades give you multiple options for smoky eyes.



M.A.C Cosmetics Art Library Flame-boyant Eye Shadow Palette, \$97
You get both warm and neutral shades, from natural to pink.

Four Degrees of Lip Shine

From barely there glimmer to bombshell glassy, lip glosses are back in every way and come in varying levels of glossiness. These ones marry multi-dimensional shine in a comfortable formula that smooths and soothes lips.

Level 1: Barely There

For that touch of sheen on lips that still look natural.



1. Burberry Kisses Lip Lacquer in Oxblood, \$47
2. Marc Jacobs Enamored Hydrating Lip Gloss Stick, \$42
3. Charlotte Tilbury Collagen Lip Bath Gloss, \$50

Level 2: Clearly Glassy

It's more than just a subtle shimmer – others will be able to tell you're wearing a lip gloss.



1. Shiseido Crystal Gel Gloss, \$35
2. Chanel Coco Rouge in 762 Heartbeat, \$50
3. Hera Sensual Spicy Nude Gloss in #422 Lingerie, \$43

Level 3: Super Lacquered

A brilliant, glassy gloss that makes lips look glistening and shiny.



1. Tom Ford Gloss Luxe in #14 Crystalline, \$72
2. Fenty Beauty Gloss Bomb Universal Lip Luminizer in Sweet Mouth, \$32
3. Milani Ludicrous Lip Gloss in #120 She's All That, \$19.50

Level 4: Explosive Shine

These deliver a polished glaze to your lips – like you're wearing a highlighter.



1. Pat McGrath Labs Lust: Lip Gloss in Bronze Venus, \$44
2. Hourglass Unreal High Shine Volumizing Lip Gloss, \$50
3. Becca Glow Gloss in Champagne Creme, \$32

The Essence That Makes Amanda Seyfried's Skin Glow

We met the Hollywood actress and newly minted Lancôme global ambassador in Tokyo to find out her idea of beauty and the secret to her clear, radiant skin. By Ng Yi Lian

Growing up, what was your experience with makeup?

My mother didn't wear makeup. Because of that, I never really got into it. The one time she put it on was when she went to a ball with my dad. I thought she looked so weird because I'd never seen her with makeup on.

At my first modelling shoot at 11, all the girls didn't need makeup. They were all so beautiful. They were all models. I wasn't a model and I wore braces.

I remember going to the bathroom to put mascara on and when they saw me after, they were like, "Why did you put on mascara?" And I said: "Cos I didn't feel pretty."

Amanda Seyfried uses a combination of Lancôme Clarifique and Genifique for a hydration and radiance boost.



Now, as a busy actress and mother, what is your approach to skincare?

That less is more when it comes to the number of steps. I just want to use what I know is going to work.

Why is skincare so crucial?

It's one of the pathways to your soul. When you radiate from your skin, from your face, you are also radiating from inside.

Your skin reflects how healthy you are. What's more important as I get older is not the shape of my eyes or the amount of eyeshadow I'm wearing, but the health of my skin.

Tell us about your current skincare ritual.

I used Lancome Clarifique daily and the thing about is that it's pretty natural. It's made of 97 per cent French beech bud extracts and it smells sweet. I also use the brand's Advanced Genifique Youth Activating Serum twice a day. I'm 34, so I'm for these anti-ageing "accessories" in my life. I'm very well taken care of with this line.

What difference have you noticed in your skin?

I get eczema on my face once in a while. In winter, my skin also gets really dry, so I'll take as much moisture as I can get.

How enzymes help your skin to glow

Lancome scientists have been studying enzymes for 30 years. These are nature's accelerators – they create and speed up the chemical reactions in our cells. In skin, enzymes help in cell regeneration and hydration, as well as in regulating the amount of melanin skin produces,

and getting rid of melanin-filled dead skin cells.

The French skincare brand's new Clarifique Refining Enzymatic Dual Essence (\$140 for a 50ml bottle) is full of enzymatic benefits. The formula contains only two ingredients: 97 per cent organic French beech bud essence that refines and brightens skin, and 3 per cent lipid-enriched essence. The latter contains grapeseed oil

rich in omega-6 fatty acids that help nourish skin, boost its vitality and strengthen barrier function.

Use it morning and night, after toner and before serum, so it can help hydrate skin to prep it to better receive nutrients from your skincare. It also promises to reduce melanin production. Pat it directly onto face or apply with a cotton pad. You should see brighter and more refined skin in four weeks.

"You are absolutely enough. You don't have to change your face in order to feel better. That's not what beauty is."



What does growing older mean to you?

I used to sit and just wallow in my fear of growing older. Now, I completely embrace my age and I'm excited to get older because I feel I'm worth more than ever. And that's where I feel what Lancome does is really important.

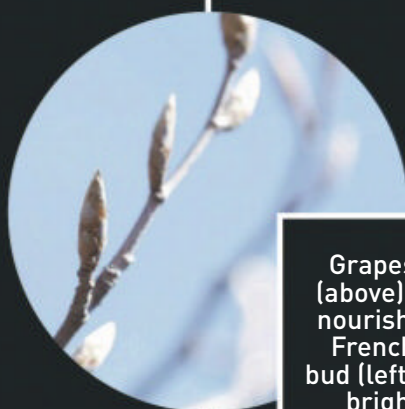
Age doesn't even register with Lancome. It's such an inclusive brand and prides itself on being a happiness activist. There are so many misconceptions about being famous and the beauty industry and I feel like we're breaking them together. It feels pretty good.

As a public figure, what message do you want to share with women?

That you are absolutely enough. That you don't have to change your face in order to feel better. That's not what beauty is. Beauty comes from your humility, kindness, generosity and self awareness. Beauty is an acknowledgment of us being ever-changing – and embracing ourselves at any age. It's beautiful when we have the capacity to really love who we are.

Lancome's sustainable efforts in making Clarifique:

1. The organic French beech buds are sustainably harvested by a cooperative of 70 families living in the Ardeche Mountains Regional Nature Park in France. The farmers select only the buds on the lower branches to avoid altering the tree's growth and to respect its natural balance.
2. The bottle is made of 25 per cent recycled glass. It is also entirely recyclable.



Grapeseed oil (above) is a skin nourisher while French beech bud (left) is a skin brightener.

The New Way To Tell How Healthy Skin Is

The answer, which Cle de Peau Beaute scientists found, is in your skin capillaries. Here's how to get them working at their best.

Capillaries are the tiniest blood vessels in your body and play a big part in exchanging good stuff for bad stuff between your blood and tissues.

Japanese skincare brand Cle de Peau Beaute discovered that skin capillaries are weaker in older skin, which affects firmness. Kentaro Kajiya, the scientist who uncovered the link, says capillaries make a protein that brings collagen to areas where it's lacking, to keep skin firm. But weak capillaries = poorer circulation = less collagen delivered.

The finding is at the heart of the brand's skin intelligence concept, which looks

at skin's ability to regenerate. Its newest Le Creme, a lifting cream used after moisturiser, promises to help boost the capillaries' ability to repair and protect, for a youthful, supple complexion. It's packed with 60 ingredients that La Creme's product developer Moe Shimazaki says addresses dryness, sagging, wrinkles, fine lines, pores, roughness and dullness.

Use La Creme at night, when skin needs it most. "Skin's ability to function becomes less active during sleep, which means its defence against stressors caused during the day will not function at optimal levels at

night." This results in ageing skin.

Key to the formula is the skin-empowering illuminator with five ingredients – extracts of platinum golden silk, Japanese pearl shell, theanine,

perilla and Angelica acutiloba – said to improve collagen production and help skin regenerate faster. Expect smoother, lifted and radiant skin in 14 days, and a real difference in eight weeks. – SL

HELPING SKIN WITH EXTRACTS OF:

1. Angelica acutiloba
2. Japanese pearl shell
3. Perilla
4. Theanine
5. Platinum golden silk



AN ICON SINCE 1982

1982
La Creme started as a luxe moisturiser that keeps skin hydrated so it can function well.

1992
An improved formula prevents rough skin from dryness and UV rays.

1996
Becomes its current iteration, which helps brighten skin.

2004
Targets external aggressors, to achieve resilient and luminous skin.

2007
Evolves into a high-performance cream that helps relieve skin discomfort.

2011
The first time the brand's illuminating complex is added, for skin radiance.

2016
New formula: moisturises and retexturises for firmer, resilient skin when you wake up.



2020 Helps skin enhance its night-time mechanisms to create resilient and luminous skin. It costs \$875 for a 30ml jar, and \$1,200 for 50ml.



A SCULPTED BODY IN 15 MINUTES

This customised aesthetics treatment helps reduce body fat without needles or incisions. Here's how Cutera Trusculpt ID works.

What's trending in the world of fat-loss treatments are non-invasive, customised and low-downtime treatments that slim your stubborn areas effortlessly.

Cutera Trusculpt ID is a US FDA-approved fat reduction treatment that sculpts your body in quick, 15-min sessions. After a consultation, the Trusculpt ID handpieces are placed on target areas to heat up the fat cells and destroy them. These are flushed out by the body over time.

The treatment's body-contouring device is also a step above existing treatments. It's able to treat multiple areas at the same time, as well as tricky parts like the inner thighs.

Dr KK Chew, medical director from NU.U Aesthetics & Wellness Clinic, answers your questions about the Trusculpt ID.

Which areas tend to have the most fat?

The abdomen, thighs, and arms. Women tend to accumulate fat under the bra, and also have

more body fat than men. In both genders, abdominal fat increases as you get older.

What is unique about Cutera Trusculpt ID?

It is a radio-frequency treatment (at 2 MHz) that uses six handpieces, covering a total surface area of 300 sq cm. The handpieces are placed directly on the treated area, held in place by adhesive tape, and reinforced with plastic wrap. This ensures minimal heat loss during treatment, and provides uniform heating.

The other unique feature: It safely enables fat reduction with its real-time measurement of skin temperature. The radio frequency also has a skin-tightening effect.

Will I weigh less after?

You won't, but do expect a circumference reduction of 3-6cm in the treated area, which translates to an average 24 per cent reduction in fat.

Which areas are the easiest and hardest to treat?

Some areas have fat that is more resistant to lipolysis (fat breakdown and destruction). From my experience, the easiest would be the

abdomen and thighs, and the hardest, the arms. I'm excited by the prospect of combining Trusculpt ID for fat reduction with Trusculpt Flex for muscle toning and sculpting. It's the clinic's dynamic duo to reduce, tone and sculpt the body.

Which parts of the body is it best for?

The abdomen, arms, thighs, flanks and under the bra.

How long can I expect to spend at the clinic?

Up to 30 minutes, including analysis of the area to be treated and prep time. The session itself takes only 15 minutes, and results can be seen in one to two sessions. You could do the treatment over lunch, and return to work (or even exercise) immediately. There is mild redness, but it goes away over the next few hours.

Is there any pain?

The sensation is similar to a hot stone massage. Some patients, however, may find that a little uncomfortable.

What are maintenance follow-ups like?

It depends on your needs and the amount of fat to be reduced. Treatments are spaced eight to 12 weeks apart, and may be repeated when required. To maintain results, have a sensible diet and exercise plan.

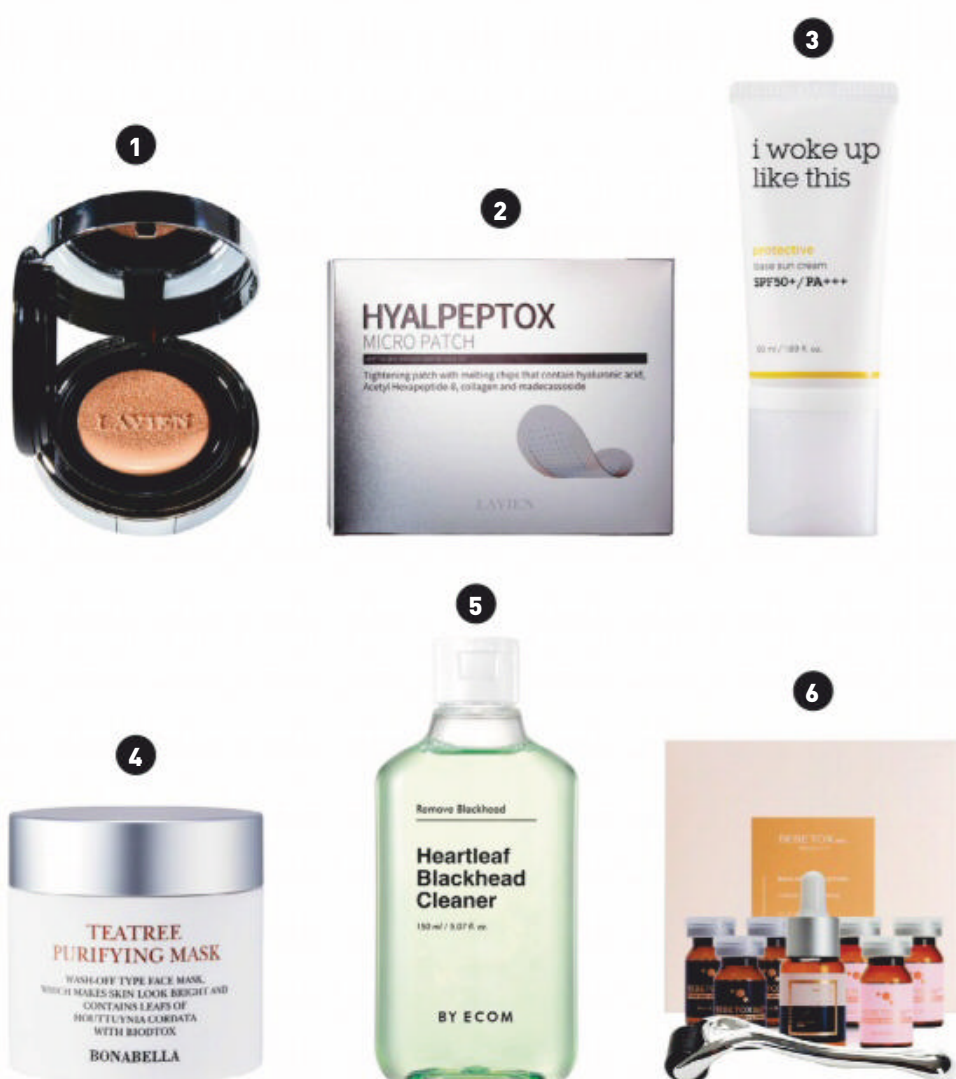


**NU.U AESTHETICS
& WELLNESS
CLINIC**

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Whatsapp: 9152-3582

The Local K-Beauty Expert

Ksisters, the website founded by Korean expat Jungmin Lee, is the place to go to for K-beauty cult brands. Here, she picks out the best beauty buys.



1. BEST CUSHION FOUNDATION FOR GLASS SKIN

Lavien Radiance Essence Cushion (\$100) contains 64 per cent skincare essence to deliver hydration, coverage and a glowy finish.

2. BEST EYE TREATMENT

Lavien Hyalpeptox Micro Patch (\$97 for four pairs) has 800 micro tips in each patch that “melt” to release hyaluronic acid and more, to plump skin and treat dark circles.

3. BEST SUNBLOCK FOR PICKY USERS

I Woke Up Like This Protective Base Sun Cream SPF50+/PA+++ (\$47) has a light texture and mild botanical formula that won't sting. It gives skin a natural glow.

4. BEST MULTI-TASKING DEEP CLEANSER

Bonabella Tea Tree Purifying Mask (\$55) is clinically proven to remove 96 per cent of fine dust. It soothes, brightens and moisturises skin.

5. BEST PAINLESS BLACKHEAD REMOVER

By Ecom Heartleaf Blackhead Cleaner (\$38) gently gets rid of gunk in pores.

6. BEST BABY SKIN CREATOR

Bebetox Pore Tightening Program (\$182) is the home care version of a popular treatment by the You&Me clinic chain in South Korea. It combines peptide ampoules with DIY micro-needling.



K-beauty for SG needs

“Everything we bring in has been tested by myself, my staff and long-time customers to make sure they suit the weather and needs here,” says Lee. Many popular Korean sheet masks are too rich, creamy and “hugging” to be comfortable for use in Singapore, she says – some may even give you breakouts. “Customers here are also very interested in pore care, regardless of skin type. Every time we bring in a pore product, it's a big hit.”

Special Care For Sensitive Skin

Lee originally curated these products for mums-to-be, but they are so gentle that those with sensitive skin love them too.



Prevent stretch marks with I Woke Up Like This Intensive Treatment Body Oil (\$60). It's hypoallergenic and comprises 99 per cent essential oils.



For a clean, vegan lip that is 100 per cent toxin-free: Yulip Lipstick (\$30), which comes in eight shades.



By Ecom Pure Calming Ampoule (\$43) soothes skin ravaged by hormonal changes – including when you're on your period.



Simplify your routine with I Woke Up Like This All In One Glow Concentrate Ampoule (\$96 for box of three). It calms, brightens and moisturises skin.



Restore hair volume by treating weak, brittle locks with Phytopecie Hair Boosting Shampoo (from \$45) and Tonic (\$113).

HOW TO GET THE MOST OUT OF MAKEUP CLEANSING

Getting your skin clean is more than just removing makeup and dirt. It's about getting rid of pollutants, protecting skin and keeping it clean, clear and healthy.

If it seems that many women suffer from sensitive skin, you're right. A Bioderma-led study in 2001 found that 62 per cent of women in Asia, particularly China and South Korea, have sensitive skin due to increased work stress and city pollution.

The brand says your skin can become sensitive at any time in your life – work stress, air pollution, UV rays, temperature changes, and your hormones all weaken skin's moisture barrier. The result: skin inflammation, breakouts and skin ageing.

The Most Important Skincare Step

The first thing to do to help your skin – before you pile on any serum or cream – is to pay attention to cleansing.

We never really think about it, but when we remove our makeup (along with dirt, bacteria, sweat, dead skin cells and pollutants) at the end of each day, we're actually giving our skin a reset so it can fully absorb the good stuff from our skincare.

The Micellar Water That Will Rescue Skin

The first product you should reach for is Bioderma Sensibio H2O micellar water. The brand created this revolutionary product in 1995 – the first of its kind for makeup removal.

It's so effective in removing makeup and impurities, playing its part in keeping skin healthy and strong, that it has been loved by makeup artists and women all over the world for the past 25 years.

Sensibio H2O contains highly purified water and glycerol ester, an active ingredient similar to the composition of your skin, and therefore suitable for sensitive skin. The formula is a step up from other micellar waters because it removes pollution particles from PM 2.5 to PM 1, preventing pollution from penetrating



and damaging skin's natural barrier.

It's a must even if you don't use makeup. And it isn't just for night use either. Skin renews itself as you sleep, leading to an accumulation of dirt and impurities, which need to be removed when you wake up. Used as a morning cleanser, it refreshes skin, prepping it for skincare and makeup application.

Something for Everyone

Bioderma H2O takes care of every skin type. With one bottle sold every two seconds around the world, Sensibio H2O, the world's first micellar water, is ideal for sensitive and intolerant skin. It soothes irritation while removing even stubborn waterproof makeup.

For dry and dehydrated skin, Hydrabio H2O hydrates the skin to bring it back into balance. If you are acne-prone, Sébium H2O cleans, purifies and

mattifies skin, and regulates sebum production.

You can use Bioderma micellar water on babies too. ABCDerm H2O is specially formulated to gently cleanse the skin of babies, including newborns, without irritating their delicate skin.

Bioderma skincare products are available at Guardian Health & Beauty, Robinsons, Unity, Watsons, Welcia-BHG and online at Lazmall.

JUST FOR HW READERS

Get an extra \$2.50 off the limited edition Sensibio H2O 25th Anniversary bottle designs from Watsons on Lazada. Use the code 25YEARS at checkout



or scan this QR code. While stocks last and valid on top of other promotions.

Should You Use Skincare Down There?

Doctors say: No need to douche as the vagina is self-cleaning. But these products are for the outer area – the vulva – which gets dry.



The growing trend in beauty isn't about products for the face. It's skincare for the vulva, which is part of a woman's external genital organs. Such products are said to brighten, tighten and soften the area. It's skincare for the South.

The vulva is not the vagina. The latter is inside the body, and doctors stress there's no need to wash it. Dr Chua Yang, a gynaecologist from A Clinic For Women, says douching should only be an exception – when you have a vaginal infection.

“When you douche frequently, the flora of good bacteria in the vagina may get wiped out, letting bad bacteria get a foothold, and making the vagina susceptible to infection.”

From a medical standpoint, Dr Chua says the vulva is like your skin – clean it regularly with water and unperfumed soap; it already has its own natural protection. “There are no specific benefits in using any special products for your vulva,” she says.

Why would you want

to use vulva care then?

Everything from self-care (don't neglect this important intimate area) to self-confidence. At least, that's what the brands that offer such products say.

Among them is homegrown brand Two Lips, the world's first luxury intimate care range. It's the brainchild of Spa Esprit Group founder Cynthia Chua, and launched in August 2018 with Blackout, an activated-charcoal mask. It now has a blemish fighter, brightener and serums – all

for the vulva.

Chua says: “Vulva care is a part of a holistic care regime, just like a face skincare ritual. I wanted to open up conversations about it and help women be completely confident.

“Having never found a specialised range of intimate care products that proved effective, I was inspired to create my own.”

Chua and her team worked with a chemist to formulate the products, which the brand says are made without sulphates, parabens, petrochemicals and artificial fragrances. It's said to be gentle enough for sensitive skin.

According to the brand, the vulva is so sensitive that even wearing pants that are too tight, or being on your period (with all its accompanying hormonal changes), can cause irritation. The products are there to soothe, treat and pamper the area. – SL



SCO Ace Cream (\$90.95, from Strip salons and Beautyemporium.shop) brightens skin on the face and vulva.



Fur Oil (US\$46 or S\$64, from Furyou.com) smooths out pubic hair and clears pores to reduce ingrown hair.



Strip Ice Cream Moisturiser (\$56, from Strip salons and Beautyemporium.shop) calms skin after IPL or waxing.



Two Lips Pout, (\$180, from Strip salons and Twolips.vip) is a moisturising serum you can use on your vulva and face.

LIVE EVERY DECADE OF YOUR LIFE GLOWING AND GLORIOUS

Getting older doesn't mean looking worse. These aesthetics treatments show you how to deal with your skin's changes as you move from your 20s to your 40s.

Loving your skin is about knowing it from the inside out. And that means being aware of how it evolves as you get older, so you can adapt to its needs and reduce damage.

In Your Glorious 20s – Invest

You know how financial experts advise you to start early to reap maximum benefits later on? The same applies to your looks.

As you move into this decade, your skin is packed with collagen, elastin and hyaluronic acid that keep it plump and dewy. But this combo doesn't last forever – it starts to decline as you near your 30s. A high-performance sunscreen to protect your skin should be a top priority.

If old acne scars are still bothering you, now's a good time to invest in SW1 Clinic's Pico Smooth. It delivers ultra-short bursts of energy (one-trillionth of a second per burst) to accelerate healing and refine pores for glass-like smooth skin.

To clear up acne-ridden skin, the 30-min Forever Clear BBL treatment harnesses blue, red and yellow light bands to target the specific bacteria responsible for acne formation, while reducing redness and regulating sebum production.

In Your Fearless 30s – Rejuvenate

Have you noticed that your skin looks duller and more tired now? That's because



cellular turnover takes about 20 days longer than a decade ago. Your skin is also losing the ceramides, lipids, collagen, elastin and hyaluronic acid that keep it hydrated, smooth and protected. Quick fix: A gentle exfoliator will remove dead skin cells and speed up cell renewal.

But if you want significant results, the Forever Young BBL treatment is a notch up from Intense Pulsed Light (IPL) therapy, and sends light energy deep into skin to revitalise it and "programme" it to act younger. Collagen production increases. Brown spots get

lighter. Skin is brighter, firmer and more even-toned, while pores, fine lines, acne scars and redness are reduced.

In Your Fabulous 40s – Reverse

The years of sun exposure, pollution, stress and sleep debt turn into pigmentation, dehydration and wrinkles. Using a retinol product will help support skin repair.

You can also give your skin a super boost with Fraxel Light treatment. The high-performance microlaser peel erases stubborn pigmentation in four to six sessions. It also minimises pores, fine lines, roughness and dullness, and charges each skin cell with the energy to renew itself and replenish collagen loss. It's an efficient way to clear the slate on decades of damage and enjoy beautiful skin for many more years.

THE BEAUTY GAME-CHANGER

Dr Low Chai Ling is a serial entrepreneur, multi-hyphenate and trailblazer in the field of aesthetics. Tapping into her expertise and influence, she founded SW1 Clinic, one of the largest aesthetic, plastic surgery and medical spa centres in Singapore with a stellar team of doctors and plastic surgeons. This empowering space supports women in taking control of their beauty and breaking age-defined boundaries.

SW1 CLINIC HAS TWO OUTLETS:

#13-03 Paragon,
tel: 6817-8888, and
#02-19/20 OUE Downtown
Gallery Tower 2, tel: 6817-8882.
Visit www.sw1clinic.com for
more information.

He's Putting Thai Beauty on The Map

Thann founder Tony Suppattranont tells us how the brand went from obscure to having a global presence with a spa resort.

It has 60 stores worldwide and, in September last year, opened its Singapore flagship at Paragon. The store offers skincare, bodycare, haircare and home aromatherapy products, and also has a facial cabin.

Plus, it's used in five-star hotel spas and the business class areas of airlines such as ANA and new boutique luxury carrier Starlux. Last October, it opened its first wellness resort in Ayutthaya, Thailand.

Things are a far cry from Thann's beginnings in the craft sections of Bangkok department stores.

"Studying for my MBA in Australia in 1996, I came across many lovely handmade beauty products at farmers' markets. I thought Thailand has a lot to offer in terms of natural ingredients too," says Thann founder, Tony Suppattranont.

As a child, he watched masseuses carry out traditional massages on his grandparents, infusing his home with scents of lemongrass and herbs. And his mother and aunts would whip up body and facial scrubs using

Suppattranont says he designed Thann as a unisex brand he'd want to use himself. This gender-neutral image helped it crack the travel and hospitality market.



The bestsellers (from left): Aromatic Wood Bath & Massage Oil, \$45, Shiso Revitalizing Face Mask, \$50 for three-piece set, Oil-Free Facial Sunscreen SPF30/PA+++, \$45, and Rice Extract Moisturizing Cream, \$55

shredded coconut and oatmeal.

Combining this familiarity with his experience in international marketing (he's an engineering graduate, but has never worked as one), he launched a collection of body scrubs and massage oils in 2002 based on natural ingredients such as rice bran oil and thyme.

The brand soon gained traction among tourists drawn by its sleek packaging and spa-like offerings. Many gave the same suggestion: since you already have the products, why not open a spa?

And that's what he did, in 2004, with a store cum spa in

Bangkok's trendy Siam Discovery mall. There are now 21 Thann spas globally.

The brand's latest milestone is its 10-hectare wellness resort in Ayutthaya (pictured above). Set in lush surrounds, the all-inclusive resort has only 46 guest rooms, but a huge spa complex with 15 treatment rooms. Guests enjoy exercise classes, plus three meals (hotel-quality nosh, he says) and a massage daily.

"We want our guests to spend time in nature. People are more stressed in their daily lives, so it's important for the brand to be more holistic as well." - GYH

DOC TALK

Dr Karen Soh, medical director of Prive Clinic, helps you figure out the difference between two non-surgical face-lifting treatments, and two body-sculpting aesthetics treatments.



I have crow's feet, a saggy jawline and marionette lines. I've read about Ultherapy and Thermage, but am not sure which will give me a smoother, sculpted face.

Ultherapy and Thermage are both well-established, non-invasive energy-based treatments for lifting and firming the skin, but each uses a different form of energy and works differently.

Ultherapy uses high-intensity focused ultrasound (Hifu) to stimulate formation of new collagen deep below the skin's surface (up to 4.5mm). It is generally more beneficial for patients with a fuller face, who are concerned about heavy, sagging skin that creates undesirable folds and jowls. Ultherapy helps you achieve a slimmer, more V-shaped face.

On the other hand, Thermage smooths and tightens loose skin with radiofrequency (RF) energy. It heats up the deeper skin layers, causing collagen to contract and new collagen to form. It's more suited to those with sharp, bony features, and who have fine lines.

Most people fall in between, so they benefit from

doing Ultherapy and Thermage on different areas of the face.

At Prive, we combine both for optimal results. So, we use Ultherapy for a saggy jawline, and pair it with injectables like botulinum toxin and dermal fillers to address crow's feet and marionette lines. If you're not keen on injectables, Thermage can improve the latter – its tightening effect can significantly reduce facial lines.

And to ensure that you feel comfortable during the treatments, we have various solutions for pain management. Both treatments are very safe and have little downtime or side effects.

What's the difference between Coolsculpting and Emsculpt? Both sound like they could me get a

toned body with fat loss.

They are both excellent non-surgical, fat-reduction treatments that give you a more toned and contoured body – but they work in different ways.

Coolsculpting uses cryolipolysis (or fat freezing technology) to freeze and get rid of fat cells permanently. It is safe, medically cleared and highly effective. Popular treatment areas include the double chin, arms, love handles and stomach. Studies have shown it can reduce fat by up to 25 per cent in just a single treatment.

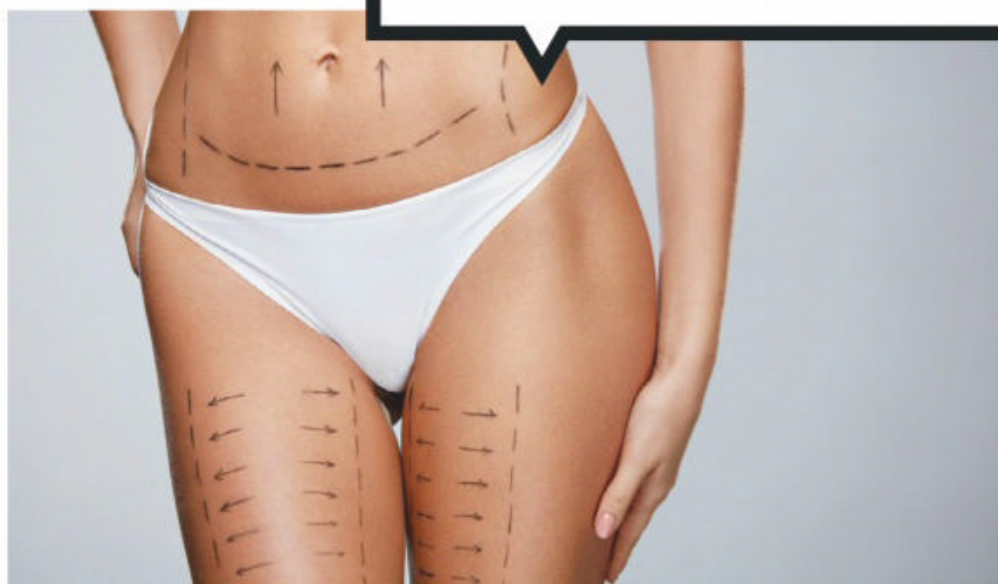
Emsculpt on the other hand, sculpts the body by building muscle while burning fat. It uses High-

Intensity Focused Electromagnetic (Hifem) energy, to induce involuntary supramaximal muscle contractions. A 30-min session is similar to doing 20,000 crunches or squats. It can be used on the abdomen, buttocks, inner thighs, biceps, triceps and deltoids.

Clinical studies show it can stimulate an increase in muscle mass by up to 16 per cent, reduce fat by up to 19 per cent, and shave 4cm off the waist. Four to six sessions are recommended.

Prive Clinic offers complementary treatments to target cellulite and skin laxity, working with Coolsculpting and Emsculpt to help you look firm, fit and sculpted.

Lie back and let the treatment tone your body.



The Gentler Cleanser for Your Skin



Prive Skinworks White Lightening Wash is a gentle yet effective gel cleanser that removes oil and dirt without stripping skin of moisture or irritating it. It is infused with a botanical white complex (to target skin discoloration), mulberry root extract and nutritive actives to retain moisture, soften skin and refine its texture. It also helps to prevent the appearance of freckles and pigmentation, while balancing skin functions. Use it morning and night for a radiant and healthy-looking complexion.



Dr Karen Soh is best known as a trainer for Merz Aesthetics and Silhouette Soft threadlifts. She is recognised for her experience and skill across different modalities in aesthetics practice. With passion and a keen eye for detail, she balances the art and science of aesthetic enhancement, achieving natural-looking results safely and effectively.

TEXT
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Cheryl Ow
MANICURE
Rebecca Chuang/
Fluttery Tips
MODEL
Linn/Ave



NEW THE GLAM LOOKS NOSTALGIC

The beauty and glamour of past eras – from the '20s to the '60s – are back in the spotlight. From the *Downton Abbey* movie to the SS '20 runways of Louis Vuitton and Chloe, old-time looks are fresh again.

THE 1920s: Flapper Chic

Drop-waist dresses, jazz and *The Great Gatsby* – this was a time of fabulous glamour. “The '20s featured very dark, heavily-lined eyes. To modernise it, I used dark brown eyeshadow instead of a strong black liner to emphasise the eyes. The rest of the face is kept natural,” says makeup artist Cheryl Ow, who created the looks here.

To create the voluminous bottom curl, hairstylist Sean Ang applied a styling primer and blasted hair dry. After curling the lower sections, he worked a hydrating hair cream through the lengths, then sculpted the hair into shape with a styling brush.

FACE
Fenty
Pro Filt'r
Hydrating
Primer, and
Longwear
Foundation

EYES
Chanel Le 4
Ombres in
Elemental
and Warm
Memories.
Fenty Full
Frontal
Mascara

BROWS
Hera Brow

Designer
Pact in #02
Brown

LIPS
Estee
Lauder Pure
Color Envy
Kissable
Lip Shine in
Naked Truth

HAIR
Wella
Professionals.
Eimi Velvet
Amplifier.
Quai
Finishing
Creme

THE 1930s: The Golden Age of Hollywood

Taking the cue from the era's silver screen stars, '30s makeup was refined and sophisticated – classic, neutral colours in pinkish tones and well-defined. Ow's advice: apply eyeshadow as a simple wash and try coloured mascara to make eyes pop.

Complete the feminine look with big, loose waves. "I applied a texture mist and blasted dry, then used a curling tong on the mid-length diagonal sections, shaping the waves away from the face. After spraying a dry shampoo from roots to ends, I brushed hair out and shaped with a maison brush," says Ang.

FACE

Laura Mercier
Pure Canvas
Primer
Hydrating.
Burberry
Beauty
Matte Glow
Foundation

EYES

Nars Skin
Deep
Eyeshadow
Palette.
Shiseido
Controlled-
chaos
Mascaraink

LIPS

Marc Jacobs
Beauty (P)
outliner
Longwear
Lip Liner
Pencil in
Nudeist

HAIR

Ouai Wave
Spray.
IGK First
Class Dry
Shampoo

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**THE 1940s:
Understated
Simplicity**

Unfussy but womanly makeup was about enhancing one's natural beauty – a creed very much in line with current trends. Ow has a simple trick for drawing a clean, smooth line along your lash line: Tilt your head back and rest the liquid

eyeliner flat along the base of lashes.

Ang applied a styling primer as a base, followed by a smoothing and moisturising lotion through the lengths. After blasting dry, he waved hair with a tong and brushed out.

FACE

Dior Backstage Face & Body Primer, and Dior Forever Skin Glow Foundation

EYES

Dior Diorshow On Stage Liner in Matte Black, and Dior Diorshow Iconic Overcurl Mascara

LIPS

Dior Lip Tattoo in #251 Natural Peach

HAIR

Wella Professionals Eimi Velvet Amplifier, and Eimi Perfect Me Lightweight BB Lotion



THE 1950s: Post-war Boom Times

With economies booming in the '50s, looking put together and polished was all the rage. This meant perfectly drawn features, feminine waves or curls, and well-groomed brows a la Audrey Hepburn.

To keep the look contemporary, so you don't come across like a primed Stepford wife, choose just one feature to focus on, such enhanced eyebrows or boldly drawn eyes.

FACE

Bobbi Brown
Vitamin Enriched
Face Base. YSL
Touche Eclat Le
Teint

EYES

Urban Decay
Naked Cherry
Eyeshadow
Palette. Marc
Jacobs Beauty
Highliner Gel Eye
Crayon Eyeliner

in #60 (Plum)age.
Lancome
Hypnose
Star Mascara
Waterproof

BROWS

Hourglass Arch
Brow Volumizing
Fiber Gel

LIPS

Chanel Rouge
Allure Velvet
Extreme in
Endless

THE 1960s: The Mod Squad

Sexy and playful, the '60s was the heyday of dramatic eyes, bouffants and doll-like faces. To make it work now, keep colours warm and neutral, and sweep your hair into a simple updo that's airy, not poofy. When creating a cat eye, work on the 'wings' first. "Draw a thin line first to gauge the balance of the 'wings' on both eyes. Once you get that right, it's easy to continue with the rest of the line. Plus, if you mess up the 'wings' you'll only have to clean off that bit," says Ow.

To achieve this chic updo, Ang applied a dab of matte styling clay to hold hair together while keeping it pliable. He then put it in a bun and set it with strong-hold hairspray.

FACE

Shiseido
Synchro
Skin Self-
Refreshing
Foundation.
Hourglass
Vanish
Airbrush
Concealer

EYES

Marc Jacobs
Eye-Conic
Multi-Finish
Eyeshadow
Palette in
Fantascene.
Three
Indestructible
Eyeliner in #01

Volcanic Ash
Black. Tarte
Tarteist Lash
Paint Mascara

LIPS

Charlotte
Tilbury Matte
Revolution
Lipstick in
Pillow Talk
Medium

HAIR

Kevin Murphy
Rough Rider
Strong Hold
Matte Clay.
Schwarzkopf
Osis Session
Extreme Hold
Hairspray

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FASHION
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MAKEUP

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SPECIALITY STORE

EDITORS' CHOICE



Hera Black Concealer - Dot Cover, \$45

It goes on light but is buildable to high coverage. It covers dark spots and blemishes and gives a natural finish that holds up even on oily skin.



Nars Radiant Creamy Concealer, \$46

The formula is indeed creamy but it's easy to blend into skin, providing medium coverage to dark circles. The simple doe-foot applicator helps a lot.

BEST CONCEALER FOR COVERAGE

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE



Nars Soft Matte Complete Concealer, \$46

Your makeup app skills may be improving, but you'll be using less of the blur function with this blendable, full-coverage concealer. With a creamy formula and satin finish, it conceals redness, dark circles, brown spots, and green/purple veins.

BEST CONCEALER

DRUGSTORE

EDITORS' CHOICE



Milani Conceal + Perfect Longwear Concealer, \$19.50

We needed only one layer of this concealer to hide to flaws and blemishes like zits, freckles and old acne scars. It gives high coverage and has a creamy formula that blends nicely into skin and doesn't feel heavy. Testers found it fuss-free and easy to use.

READERS' CHOICE



L'Oreal Paris Infallible Full Wear Concealer, \$21.90

We went an entire day without touch-ups – a testament to its long-wearing powers. It leaves a matte finish and blends well with foundation.

Makeup Primer

BEST MAKEUP PRIMER - MATTIFYING

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE



Shiseido Waso Poreless Matte Primer, \$39

This primer gives skin an instant matte finish without leaving it dry. The face feels hydrated and not greasy.

READERS' CHOICE



It Cosmetics Your Skin But Better Primer+ Oil-free, \$62

A little goes a very long way with this makeup primer. Simply dab a few small drops over the face. It absorbs quickly and dries to a moisturising finish.

CONCEALER TIP

Use a peach-based concealer to cover brown under-eye circles, and a yellow-based one for bluish dark circles.

BEST MAKEUP PRIMER - RADIANCE

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE &
READERS' CHOICE



Chanel Le Blanc La Base Rosee, \$90

It has a peachy pink tone that gives a natural colour-correcting effect – even greenish veins appear less obvious. It leaves a dewy finish that can be seen through matte foundation.

**BEAUTY
AWARDS
2020**

MAKEUP

Foundation

**BEST SECOND-SKIN
CREAMY FOUNDATION**

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE



**Cle de Peau Beaute
Radiant Cream to Powder
Foundation, \$140**

It creates the illusion of soft, clear skin with its natural-looking finish. We find the best way to apply the pressed cream is with a damp makeup blender. There's no need for primer as the silky foundation smooths out fine lines and pores.

READERS' CHOICE



**Laura Mercier
Tinted
Moisturiser,
\$77**

The tinted moisturiser dispenses as a lightweight cream and feels like a second skin. It provides light, sheer coverage with a natural finish.

**BEST SECOND-SKIN
LUMINOUS FOUNDATION**

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE &
READERS' CHOICE



**Shu Uemura Unlimited
Breathable Lasting
Foundation, \$72**

It hugs the skin and isn't heavy or cakey. It's easily blendable – even with your fingers – and coverage lasts all day without streaking. While it doesn't cover dark spots fully, it does brighten the under-eye area slightly.

**BEST SECOND-SKIN
FOUNDATION**

DRUGSTORE

EDITORS' CHOICE

**Revlon Candid
Natural Finish
Anti-Pollution
Foundation,
\$27.90**



It gives medium coverage that holds up reasonably well against sebum and sweat, while giving skin a natural-looking finish. For the smoothest coverage, apply with a makeup blender.

READERS' CHOICE



**L'Oreal Paris
Infallible 24H
Fresh Wear
Foundation,
\$32.90**

We like the easy-to-blend texture and buildable coverage. It earns extra credit for lasting through the day and not oxidising.

**BEST MATTE CUSHION
FOUNDATION**

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE &
READERS' CHOICE



**YSL Beaute All Hours
Cushion, \$92**

Skin looks truly matte yet natural at the same time. The foundation gives high coverage and conceals imperfections, from redness to blemishes.

EDITORS' CHOICE



**Vdivov Double Stay
Cushion, \$44**

It gives full coverage and conceals pores with a smooth, hydrating finish, even though it's a matte foundation.

**BEST RADIANCE-
BOOSTING CUSHION
FOUNDATION**

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE



**Nars Natural Radiant
Longwear Cushion
Foundation, \$56**

It gives a glowy, radiance to skin, and we didn't see the need to use a concealer. Makeup stays fresh for at least eight hours too.

READERS' CHOICE



**Lancome Absolu
Cushion, \$140**

This cushion foundation makes skin look healthier and more radiant. It has a lightweight texture that works best when applied with a damp sponge rather than a brush.

**BEST MATTE LIQUID
FOUNDATION**

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE

**Giorgio
Armani Beauty
Power Fabric
Longwear
High Cover
Foundation,
\$90**

Add this to your foundation wardrobe: It smooths out easily on skin, leaving it with excellent matte coverage. The foundation lasts about nine hours before skin starts to look greasy and a touch-up is needed.

READERS' CHOICE



**Dior Forever,
\$85**

There is a consistent medium coverage over the skin, and you need to use just a very small amount of the liquid foundation. It blends easily and offers highly moisturising coverage throughout the day.

**BEST RADIANCE-
BOOSTING LIQUID
FOUNDATION**

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE &
READERS' CHOICE

**Dior Forever
Skin Glow, \$85**

An all-time favourite among beauty editors and makeup artists, the lightweight formula melts into skin, giving it a semi-matte finish for that airbrushed look. It gives a subtle glow and skin feels hydrated and comfortable all day.

**MOST LONG-LASTING
FOUNDATION**

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE

**Chanel Ultra
Le Teint
Flawless Finish
Foundation,
\$88**

Despite its medium to high coverage, it does not cake – even around areas like under the eyes and around the base of the nose. The colour stays true for at least 10 hours before very slight caking around the pores.

READERS' CHOICE



**It Cosmetics
Your Skin
But Better
CC+ Color
Correcting
Full Coverage
Cream, \$62**

More a CC cream than a foundation, it nevertheless delivers a lightweight and natural-looking finish.





MAKEUP

Eyes

BEST EYELINER

DRUGSTORE

EDITORS' CHOICE & READERS' CHOICE



Kate Super Sharp Liner EX2.0, \$18.90

The thin precision tip is the key to perfecting that sleek flick. The eyeliner takes longer to dry, but its staying power is impressive.

BEST BROW PRODUCT

DEPARTMENT/ SPECIALITY STORE

EDITORS' CHOICE & READERS' CHOICE



Benefit Brow Styler, \$60

A two-in-one pencil with a wax pencil on one end to shape the brows, and loose filling powder on the other to build your arches. It fills the brows easily and blends just as easily. We could create different looks, from natural to full, with it.

EYEBROW TIP

For the most natural-looking brows, fill them in with short, quick flicks in the direction of hair growth.

BEST VOLUMISING MASCARA

DEPARTMENT/ SPECIALITY STORE

EDITORS' CHOICE & READERS' CHOICE



Etude House Lash Perm Volume Fix Mascara, \$18.90

Staying true to its name, the mascara has a volumising effect while keeping the lashes natural looking. It barely smudges throughout the day and is easy to remove.

Lips

MOST COMFORTABLE MATTE LIPSTICK - FLAT MATTE FINISH

DEPARTMENT/ SPECIALITY STORE

EDITORS' CHOICE & READERS' CHOICE



YSL Beaute Rouge Pur Couture The Slim, \$54

Matte lipsticks tend to be drying, but this one is really comfortable. The square tip gives precise application, while the slim bullet gives you better control.



MOST COMFORTABLE MATTE LIPSTICK - SOFT MATTE FINISH

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE



Chanel Rouge Allure Ink Fusion, \$52

The lipstick gives intense colour payoff yet spreads evenly and smoothly. The lipstick feels weightless and there's no caking or dryness. The soft-matte finish works on older skin, gently blurring out lip lines.

MOST COMFORTABLE MATTE LIPSTICK

DRUGSTORE

EDITORS' CHOICE



Revlon Kiss Cloud Blotted Lip Color, \$19.90

Perfect for creating that "just bitten" Korean pout, it has a velvety texture that settles into a smooth matte, soft-blotted finish. It doesn't dry instantly, giving you time to blot it out with your fingers.

READERS' CHOICE



L'Oréal Paris Rouge Signature, \$21.90

From the applicator that hugs the curve of the lips to the weightless texture that delivers high pigment, this is a hard-working product. Tip: Apply lip balm beforehand, so lips feel even more comfortable.

MOST LONG-LASTING LIPSTICK

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE &
READERS' CHOICE



Gucci Beauty Rouge a Levres Satin Lipstick, \$53

It gives a dewy finish and feels just as moisturising on the lips. We got away with minimal touch-ups for the first four hours, and it even (surprisingly) lasted through a greasy-soupy meal.

LIPSTICK TIP

These four easy steps will help you get perfect matte lips that won't cake or look dry after a few hours:

- 1 Exfoliate.
- 2 Slick on lip balm.
- 3 Do your makeup to give the balm time to absorb.
- 4 Apply lipstick.

BEST VELVET-MATTE LIPSTICK

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE &
READERS' CHOICE



Dior Rouge Dior Ultra Care, \$52

We say it loudly and proudly: Nothing can go wrong with this lipstick. Not only does the creamy, hydrating formula glide on super smoothly, the colour lasts right through drinking and eating with minimum transfer.

MOST PIGMENTED LIPSTICK

DEPARTMENT/
SPECIALITY STORE

READERS' CHOICE



Etude House Better Lips Talk - Regular, \$18.90

The moisturising formula glides on smoothly without emphasising your dry patches. While the colours were very pigmented, there's a lightweight and comfortable feel throughout.

BEST LIQUID LIPSTICK

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE



Giorgio Armani Beauty Lip Maestro, \$55

It has a velvety texture that doesn't crease on the lips. Shimmery pigments in the lipstick reflect light to give the illusion of plumper lips. Bonus: The paddle-shaped applicator gives very precise application.

READERS' CHOICE



Estee Lauder Pure Color Envy Paint-On Liquid Lip Color, \$52

This liquid lipstick delivers intense and pigmented colour. Applied in the morning, it lasts though drinking and lunch without leaving that awkward ring around the lips. The texture is also not too fluid.

BEST LIP STAIN

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE



Burberry Kisses Lip Lacquer, \$47

If you prefer a subtle glossy stain to over-the-top shine, this rich, creamy and pigmented lip stain is it. It takes slightly longer to apply as you have to be more precise, but the long-lasting wear makes up for it. At night, it comes off cleanly with a cleansing oil.

READERS' CHOICE



YSL Beaute Vernis a Levres Water Stain, \$52

This is extremely comfortable to wear, with a cooling effect on lips. The colour goes on sheer with just one coat, but it's easy to get a bolder look by applying more layers.

BEST LIP TREATMENT

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE &
READERS' CHOICE



Estee Lauder Pure Color Envy Lip Repair Potion, \$48

You can apply the non-greasy lip treatment any time to hydrate and nourish the lips. What we like: the subtle gloss effect and moisturising formula that lasts for around six hours.



SKINCARE

Anti-ageing skincare is still the big thing in 2020, especially, anti-ageing serums (we tested a record number this year). The continuing trend, however, is anti-pollution skincare. From cleansers to serums and sunscreens, these are said to protect skin from the ageing effects of being exposed to haze, cigarette smoke, exhaust fumes and more. Now that's something we can get behind.

Anti-ageing

BEST ANTI-AGEING SERUM FOR RADIANCE

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE &
READERS' CHOICE

**The Face Shop
Yehwadam
Hwansaenggo
Rejuvenating
Radiance
Serum, \$116**



While the cream-based texture is super-rich, it absorbs quickly into the skin and keeps the face hydrated for hours without being greasy. Fine lines even appear less prominent.

BEST LUXE ANTI-AGEING SERUM FOR RADIANCE

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE

**Cle de Peau
Beaute The
Serum, \$380**



This rich, nourishing serum absorbs quickly into skin and leaves the complexion moisturised and radiant. Due to its rich consistency, those with normal skin may not feel the need to layer a moisturiser on top, although those with drier skin may benefit from it.

READERS' CHOICE

**Shiseido
Future
Solution LX
Legendary
Enmei
Ultimate
Luminance
Serum, \$660**



There's no dry skin too stubborn for this serum, which plumps and smooths the face without making it oily. Its watery gel texture envelops and comforts skin.

**Elizabeth
Arden Prevue
Progressive
Renewal
Treatment,
\$362**



To be applied nightly after cleansing, this four-week intensive treatment is like a skin reset. It promises smoother, brighter, and more youthful-looking skin, improving it in a month.

BEST LUXE ANTI-AGEING SERUM FOR FINE LINES AND FIRMING

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE

**Chantecaille
Bio Lifting
Serum +, \$460**



A little goes a long way with this skin-smoothing serum that melts into skin and smells like an upscale spa. Just two drops cover the whole face and you can see immediate plumping effects.

READERS' CHOICE

**Sulwhasoo
Timetreasure
Invigorating
Serum, \$490**



The serum delivers a thick veil that lasts through the night. Skin feels softer, and looks brighter and healthier after. Applied in the morning, it makes skin feel moisturised and comfortable. Bonus: the uplifting ginseng scent.

BEST ANTI-AGEING SERUM FOR FINE LINES

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE

**Sooryehan
Ginseng
Essence, \$142**



The citrusy, herbal-scented serum makes fine lines look less obvious and brings instant hydration to skin. It has a richer texture that would be better used at night for those with combination or oily skin.

READERS' CHOICE

**Drunk Elephant
A-Passioni
Retinol Cream,
\$105**



This retinol cream gives an immediate smoothing effect on nasolabial lines and helps makeup sit better. Those with sensitive skin might find it too strong to use every day; use it twice a week instead.

BEST ANTI-AGEING SERUM FOR MORE RESILIENT SKIN

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE &
READERS' CHOICE

**Lancome
Advanced
Genifique Youth
Activating
Concentrate,
\$230**



The intuitive cap dispenses the optimum dose each time. The water-gel melts into skin, making it smooth and supple on the spot. It's also not sticky and absorbs quickly.

BEST ANTI-AGEING SERUM

DRUGSTORE

EDITORS' CHOICE

**Bio-Essence
Bio-Gold
Golden
Ratio Double
Serum, \$42**



It is formulated with gold flakes designed to plump skin and even out fine lines. The serum has a luxurious texture – not overly rich, and perfect for older skin.

READERS' CHOICE

**La Roche-
Posay Hyalu B5
Serum, \$69.90**



Targeted to restore volume and elasticity in the skin, the formula features hyaluronic acid to help activate skin renewal. Due to its rich texture, we find it best to use it only three times a week. It melts into skin to deliver suppleness but tends to be sticky after application.

BEST LUXE ANTI-AGEING MOISTURISER

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE



**Lancome Absolue Soft
Cream, \$450**

The rich cream has a surprisingly lightweight texture that glides on smoothly yet leaves the face looking moisturised and glowy. Skin has a healthy radiance and becomes extremely hydrated, while any redness is soothed.

READERS' CHOICE



**Sulwhasoo Timetreasure
Invigorating Cream, \$625**

It goes on like butter without leaving a sticky feeling. Skin feels moisturised and healthier. It's also a good rescue for dehydrated, tired skin. Testers love its uplifting herbal scent.

**BEAUTY
AWARDS
2020**

SKINCARE

**BEST ANTI-AGEING
MOISTURISER FOR
RADIANCE**

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE

**IDS Skincare
Rejuvenating
Complex Plus,
\$390**



Fine lines and wrinkles appear smoothed and the moisturising effect lasts for at least six hours. The conoxin ingredient in it did cause a slight stinging on sensitive skin, so start with a little first.

READERS' CHOICE



**Belif Youth Creator - Age
Knockdown Bomb, \$90**

It's lightweight and absorbs well, leaving a slight glow. Skin also looks brighter.

**BEST ANTI-AGEING
MOISTURISER FOR FINE
LINES AND FIRMING**

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE



**Sooryehan Ginseng Cream,
\$117**

The creamy texture reminded testers a little of peanut butter, but it glides on skin easily. It soothes dry patches and makes skin noticeably plump and moisturised.

READERS' CHOICE



**Shiseido Benefiance
Wrinkle Smoothing
Cream, \$115**

Refreshes skin with its silky, velvety texture, making wrinkles appear less obvious.

**BEST LUXE ANTI-
AGEING EYE CREAM**

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE



**Cle de Peau Beaute
Enhancing Eye Contour
Cream Supreme, \$345**

Feels and applies just like butter – rich, decadent and velvety. It makes fine lines around the eyes appear smoother and brighter, yet doesn't feel overly rich on the skin.

READERS' CHOICE



**Dior Prestige
Le Micro-
Serum de Rose
Yeux, \$265**

It has a cooling, tingling sensation when applied that feels refreshing on tired eyes. It reduces dark shadows and leaves the eye area looking less tired and brighter.

**BEST LIGHTWEIGHT
EYE TREATMENT**

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE &
READERS' CHOICE



**Estee Lauder Advanced
Night Repair Eye
Supercharged Complex
Synchronized Recovery,
\$105**

The lightweight texture actually feels luxurious on the eye area. It absorbs well without being greasy and locks in moisture for hours. Dark circles look lighter and the eye area, refreshed.

BEST EYE CREAM

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE



**Ani Hepta-
peptide 8 Eye
Cream, \$63.30**

The syringe applicator is a slight hassle to use but the effect on the eye area – obvious hydration, fine lines smoothed out and less visible, a brighter appearance – makes up for it. The cream also blends into skin quickly.

READERS' CHOICE



**Dr Dennis Gross Ferulic +
Retinol Eye Cream, \$105**

A rich gel that goes on smoothly and moisturises the eye area. Eyes look less tired and dark circles less obvious.

Hydrating

**BEST HYDRATING
FOAMING CLEANSER**

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE &
READERS' CHOICE



**ORBIS U
WASH, \$30**

It cleanses skin and removes makeup very effectively without stripping the face of its moisture. It's super gentle on the skin and leaves it feeling soft, not taut, tight or uncomfortable.

**BEST HYDRATING NON-
FOAMING CLEANSER**

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE &
READER'S CHOICE



**Pixi Hydrating
Milky Cleanser,
\$38**

The creamy, rich texture is perfect for drier or older skin. A pea-sized amount is enough for the entire face. The cleanser lathers up well, and skin feels soft, smooth, hydrated and comfortable post-cleansing.

EDITOR'S CHOICE

**Su:m37°
Water-full
Water Gel
Cleansing
Foam, \$49**



The gel transforms into a foamy lather that cleanses well without leaving skin dry or itchy. The face feels soft and supple after.

**BEST HYDRATING
MICELLAR WATER**

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE



**The History of Whoo
Gongjinhyang Soo Vital
Hydrating Cleansing Water,
\$52**

It removes mascara and highly-pigmented lipstick extremely well without tugging on or dragging the skin. Skin feels so hydrated after that you could get away with not applying a moisturiser on nights when you just want to fall into bed.

READERS' CHOICE

**The Body Shop
Camomile
Fresh Micellar
Cleansing
Water, \$25**



It takes off makeup effectively, although our tester felt a second, quick swipe with a micellar water-soaked cotton pad helped to get everything off more thoroughly. Skin looks brighter and feels hydrated.

SKINCARE TIP

A pre-serum puts back moisture lost from cleansing; a serum targets specific skin concerns.

BEST HYDRATING PRE-SERUM

DEPARTMENT/ SPECIALITY STORE

EDITORS' CHOICE

Orbis U Lotion, \$45



The gel-like consistency is slightly heavier and stickier than what we'd expect of a pre-serum, but the product sinks right into skin. The complexion becomes less oily, especially on the T-zone, and skin feels soothed.

READERS' CHOICE

Estee Lauder Micro Essence Skin Activating Treatment Lotion Fresh with Sakura Ferment, \$172



The product is just slightly more viscous than water and sinks right into skin, so you can get on with your skincare routine. The complexion brightens immediately and skin looks plump and healthy.

BEST HYDRATING SERUM

DEPARTMENT/ SPECIALITY STORE

EDITORS' CHOICE

Jurlique Moisture Plus Rare Rose Serum, \$87



It's great for normal to dry skin. The gel serum spreads easily on skin but isn't sticky. It leaves the face feeling soft and comforted – skin looks more hydrated instantly. Testers also enjoyed the rose scent.

Tom Ford Research Serum Concentrate, \$503



The rich serum is a boon to drier skin and gives a good base for other skincare to follow. The gel-cream texture makes the skin feel nourished. Dry patches disappear and the serum's hydration effects last through the night.

READERS' CHOICE



Dior Capture Youth Intense Rescue Age-Delay Revitalizing Oil-Serum, \$152

This serum targets dry, stressed skin to strengthen the skin barrier and soften skin. You can expect a nourished and supple complexion.

DRUGSTORE

EDITORS' CHOICE

Whal Myung Skin Elixir, \$68



A light herbal-scented watery formula that absorbs like water, yet leaves skin feeling moisturised. On days when you're pressed for time, it can stand alone as a pre-serum, serum and moisturiser in one, giving skin a healthy glow.

AHC Premium Hydra B5 Soother, \$48



The thicker texture feels slightly sticky, but we liked the effect on skin: It feels hydrated and looks plumped.

Avene Hydrance Intense Rehydrating Serum, \$79.90



An oil-free serum suitable for sensitive skin, it has a fluid texture and leaves skin feeling comfortable. It has a hydrating effect that lasts till morning.

Readers' Choice

Hada Labo SHA Hydrating Essence, \$31.90



With a high concentration of hyaluronic acid, it boosts skin's hydration levels and makes it appear smooth and healthy. We even layered makeup on top and skin still feels moisturised.

BEST LIGHTWEIGHT MOISTURISER

DEPARTMENT/ SPECIALITY STORE

EDITORS' CHOICE



Dr Dennis Gross Hyaluronic Marine Oil-Free Moisture Cushion, \$90

The lightweight gel is very easy to apply and absorbs well, although there is a slightly sticky after-feel. It keeps skin hydrated through the night – we noticed that our dry patches were gone the next morning.

READERS' CHOICE



Kiehl's Ultra Facial Cream, \$52

The cream is a super-hydrator that locks moisture into skin the entire day – even at freezing office air-con temperatures. The texture may seem heavy at first, but the cream sinks into skin quickly. Fine lines look less obvious and the skin has a healthy glow.

DRUGSTORE

EDITORS' CHOICE

Avene Hydrance Light Emulsion, \$46.90



The moisturiser is perfect for those who don't enjoy richer textures. It doesn't feel tacky on skin, and leaves it looking dewy and healthy.

READERS' CHOICE



Hada Labo Hydrating Water Gel, \$52

Very moisturising despite its lightweight texture. Skin feels soft and smooth, with a slight plumping effect. You could apply a thicker layer to use as a sleeping mask too.

MOST LONG-LASTING MOISTURISER

DEPARTMENT/ SPECIALITY STORE

EDITORS' CHOICE



Lagom Cellus Deep Moisture Cream, \$50

It has a mousse-like texture that spreads well on the skin and is quickly absorbed. It's rich enough to be used as a night cream for normal skin. In the day, it also provides a smooth base for makeup.

READERS' CHOICE



Origins Ginzin Oil-Free Energy-Boosting Gel Moisturizer, \$34

The oil-free formula works well on acne-prone and oily skin, while the gel texture absorbs quickly. Skin does indeed feel more moisturised for many hours.

**BEAUTY
AWARDS
2020**

SKINCARE

**BEST HYDRATING EYE
TREATMENT**

DRUGSTORE

EDITORS' CHOICE



**Vichy Mineral
89 Eyes, \$41**

The thin, light serum glides very smoothly over the skin and leaves a cooling sensation on the eye area. The hydrating and plumping effects lasted at least three hours.

READERS' CHOICE



**Hada Labo
SHA Hydrating
Eye Cream,
\$21.90**

Offers an excellent burst of hydration that keeps skin smooth and makes the under-eye area appear more rested and brighter.

EYE CREAM TIP

**Dot it onto
skin, then
gently pat
it in with
fingers.**

**BEST HYDRATING EYE
SERUM**

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE &
READER'S CHOICE



**Lancome
Advanced
Genifique Yeux
Light-Pearl, \$120**

A lightweight serum that leaves a cooling sensation on the eye contours. It comes with a massage applicator to smooth fine lines and reduce the appearance of dark circles.

**BEST HYDRATING
EYE CREAM**

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE



**Browhaus Wide Focus,
\$158**

It works best on lines and dryness, giving the eye area an obvious brightening effect. Comes with a metal spatula/massager that makes application fun and therapeutic – you'll need it to properly ease the thick cream into skin. Bonus: It doubles as a lip treatment.

READERS' CHOICE



**Etude House Moistfull
Collagen Eye Cream,
\$29.90**

The cooling and lightweight water-based cream leaves a comfortable, moisturising film around the eye contour.

**BEST HYDRATING
SHEET MASK**

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE



**IDS Skincare Dermashield
Mask, \$105**

The mask instantly hydrates and soothes parched skin. We recommend using it just before an important event, to leave skin supple, smooth and hydrated for the next few hours.

READERS' CHOICE



**Etude House Moistfull
Collagen Sheet Mask,
\$4.90**

It drenches skin with so much moisture that the mask still feels moist even after 15 minutes. The formula absorbs well, leaving skin incredibly soft. Those with wider faces may feel the mask is too small.

**BEST HYDRATING
SLEEPING MASK**

DEPARTMENT/
SPECIALITY STORE

READERS' CHOICE



**Clarins My Clarins Re-
charge Relaxing Sleep
Mask, \$45**

Used as a night-time treatment, the product refreshes and recharges skin overnight with a shot of hydration. It absorbs easily into skin and has a herbal scent.

BEST HYDRATING MASK

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE



**Dr Dennis Gross Hyaluronic
Marine Hydrating Modeling
Mask, \$57.60**

The product comes in two parts: a powder and serum that you mix to form the mask. Apply the mask right away as it sets and hardens quickly. After peeling it off, you can see that skin looks plumper and brighter.

READERS' CHOICE



**Kiehl's Avocado Nourishing
Hydration Mask, \$69**

Don't worry about the crumbly texture. Before applying, work the mask with your fingers to make it smooth and creamy. Apply a thick layer for 15 minutes, then rinse. You'll then see that skin feels softer and cleaner, and also looks brighter.

BEST HYDRATING MIST

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE



**Sigi Skin Dew
Potion, \$48**

The essence contains no water. Instead, its trio of hydrating ingredients soothes skin, giving it a dewy glow. You can use it before serum in your daily routine as well.

READERS' CHOICE

**The History of
Whoo Bichup
First Care
Moisture Anti-
Aging Essence
Mist, \$97**

Delivers moisture to the skin and even serves as a good base for skincare and makeup. It has a long-lasting hydrating effect, so we didn't feel the need to reapply throughout the day. Skin appears more radiant, tighter and firmer.



**Sensitive
Skin**

**BEST CLEANSER FOR
SENSITIVE SKIN**

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE

**Decorte
Phytotune
Foaming Wash,
\$48**

The creamy foam is gentle on skin and keeps the face soft without stripping it of moisture. It leaves skin feeling comfortable and clean without any itchiness.



READERS' CHOICE

**Belif Aqua
Bomb Jelly
Cleanser, \$35**

A little water lathers up the cleanser, which takes off grime, as well as residual makeup. It makes a good basic cleanser on days when you're makeup-free or as a double cleanser.



BEST SOOTHING SERUM FOR SENSITIVE SKIN

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE &
READERS' CHOICE



**Estee Lauder
Advanced
Night Repair
Intense Reset
Concentrate,
\$140**

It's one of those products that makes your skin look and feel good when you wake up. We used it when dealing with the aftermath of cystic acne and it soothed skin instantly. The medium-weight texture isn't too heavy on the skin.

BEST HYDRATING SERUM FOR SENSITIVE SKIN

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE



**Izu Rose Oil
Revitalize, \$43**

The lightweight oil soothes skin and doesn't leave it feeling oily. Complexion looks slightly glowy instead. When applied at night, it leaves you with supple skin the next morning.

READERS' CHOICE

**IDS Skincare
Recovery
Serum, \$80**



The hyaluronic acid in the serum really helps to lock moisture into the skin. But be prepared for its richer consistency, which takes a little more time to massage into the skin.

BEST SKIN-STRENGTHENING MOISTURISER FOR SENSITIVE SKIN

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE



**Kew Organics
Nature's
Remedy
Nourishing
Moisturizer,
\$101.70**

The moisturiser leaves a matte finish on skin, which feels like there's a clear layer of protection over it. It's easy to apply and won't leave the skin with an oily or sticky residue.

READERS' CHOICE

**Origins Dr
Andrew Weil
for Origins
Mega-
Mushroom
Relief &
Resilience
Hydra Burst
Gel Lotion,
\$123**



Lightweight but still hydrating, the water-based moisturiser keeps skin calm while reducing redness. It's a relief for sensitive skin.

DRUGSTORE

EDITORS' CHOICE

**Ceradan
Ceramide-
dominant Skin
Barrier Repair
Cream, \$49.90**



The rich cream absorbs quickly and does a great job when it comes to soothing itchy, red and dry skin. It can be used on babies and those with eczema and sensitive skin.

SKINCARE TIP

If you have sensitive skin, do a patch test before starting a product.

READERS' CHOICE



**Bio-Essence Bio-Water
Vitamin B5 Gel-Cream,
\$32.90**

Skin feels extremely refreshed after applying the gel cream. There's no greasy after-feel and the texture was lightweight.

BEST SOOTHING MOISTURISER FOR SENSITIVE SKIN

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE



**MTM Custom-Blended
Calming Protector, \$240**

Suitable for both day and night use, it leaves a long-lasting moisturising effect that also soothes sensitive skin.

READERS' CHOICE



**Belif Stress
Shooter - Cica
Bomb Cream,
\$43**

It combines a soothing effect with moisturising properties.

Mask and Makeup Remover

BEST SHEET MASK

DRUGSTORE

EDITORS' CHOICE



**AHC Premium Hydra
Soother Cellulose
Mask, \$34.50**

The serum absorbs quickly. Skin feels hydrated and looks brighter and less red in the morning. A temperature sensor on the packaging shows when the mask is cold enough to use.

READERS' CHOICE



**Hada Labo Vitamin E Anti-
Oxidant & Skin Renewal
Face Mask, \$14.92**

Skin feels hydrated, supple and more radiant after, with visible brightening. The mask is thin and feels like a second skin, although it is on the small side.

BEST SLEEPING MASK

DRUGSTORE

EDITORS' CHOICE



**Vichy Liftactiv Hyalu Mask,
\$62**

The gloopy, honey-like texture is extremely spreadable and easily absorbed. Skin feels velvety soft the next morning.

READERS' CHOICE



**Avene Hydrance Aqua-
gel Night Hydrating
Sleeping Mask, \$69.90**

It has a bouncy, gel-cream texture that feels nice on the skin, and absorbs reasonably well.

BEST MAKEUP REMOVER

DRUGSTORE

EDITORS' CHOICE

**Senka A.L.L.
Clear Sheet,
\$3.50**

The oil-infused wipes are small but mighty, taking off waterproof eyeliner and mascara in just one swipe. It works really well on dry skin as it nourishes and soothes.



READERS' CHOICE

**Neutrogena
Deep Clean
Micellar
Purifying
Water, \$26.90**



It has an oilier consistency compared to other micellar waters and removes non-waterproof makeup easily.

SKINCARE TIP

Leave makeup remover on longer to take off lip stains.

**BEAUTY
AWARDS
2020**

SKINCARE

Brightening

**BEST BRIGHTENING
CLEANSER**

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE

**Iren Start
Afresh Daily
Enzyme Powder
Wash, \$35**

You can control the lather by adding more water for a creamy foam or less for a more grainy texture. Skin feels clean, although those with drier skin might want to opt for the more comforting creamy foam. The packaging also dispenses the right amount of product each time.



READERS' CHOICE

**Shu Uemura
Blanc:Chroma
Lightening
& Polishing
Cleansing Oil,
\$125**

It may be a cleansing oil but it isn't oily, which is a relief for oily skin so that spot breakouts don't occur. Makeup comes off effectively with no residue. There is a herbal scent.



**BEST BRIGHTENING
SERUM**

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE &
READERS' CHOICE

**Kanebo
Illuminating
Serum, \$190**

It is gentle on sensitive skin, with a cooling sensation and floral scent. The texture is light, non-sticky and absorbs quickly into the skin, which looks brighter.



**BEST BRIGHTENING
MOISTURISER**

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE &
READERS' CHOICE



**Shiseido White Lucent
Brightening Gel Cream,
\$100**

This is the go-to product if you want to hit reset on a tired complexion. It absorbs fast and leaves a dewy, moist finish. Skin feels very hydrated without being greasy, and the effect lasts.

**BEST DARK SPOT
TREATMENT**

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE

**Peter Thomas
Roth Potent-C
Targeted Spot
Brightener,
\$94**

Works best on dark spots left by recent pimples, which lightened after three days. It also layers well under other skincare and has a citrus scent.



SKINCARE TIP

Brightening skincare makes your skin look clear, luminous and radiant. It will not make you look fairer than your natural skin tone.

READERS' CHOICE

**Clarins
White Plus
Targeted Spot
Brightener,
\$60**

Apply this directly onto darker spots on the face using the rollerball applicator. You can expect a more even and brighter complexion, with pigmentation looking less obvious.



DRUGSTORE

EDITORS' CHOICE

**Junpaku
Senka White
Beauty Serum,
\$21.90**

After two days, dark spots and redness look less obvious. The light texture doesn't leave a sticky feeling and skin feels continuously soft.



READERS' CHOICE

**La Roche-
Posay
Pigmentclar
Serum, \$69.90**

It takes around five days to start seeing results. Skin tone appears brighter and more even, while dark spots are lightened.



**BEST BRIGHTENING
MASK**

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE

**Kora Organics
Turmeric
Brightening
& Exfoliating
Mask, \$68**

What we love: the dual-purpose mask contains rosehip seeds that deeply detox pores. Its grainy texture might feel scratchy on sensitive skin, but there is no long-term irritation or itching. Skin is visibly clearer and brighter, plus feels extremely soft and smooth.



READERS' CHOICE

**Su:m37°
Water-full
Radiant Aura
Mask, \$62**

It's a quick, easy to wash-off mask that leaves a cooling sensation on skin, which feels smoother, in addition to looking more radiant. Testers found it makes a good SOS brightener, when you need your skin to look transparent and luminous quickly.



**BEST BRIGHTENING
SHEET MASK**

DEPARTMENT/
SPECIALITY STORE

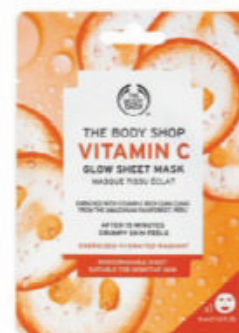
EDITORS' CHOICE



**Ani Niacinamide Face
Mask, \$66.10**

Although the mask is thin, it's saturated with a generous amount of serum and sits nicely on the face. It has very cooling and hydrating sensation on skin, and the brightening effect is apparent the next day.

READERS' CHOICE



**The Body Shop Vitamin C
Glow Sheet Mask, \$5**

The material of the mask is thicker, which means it won't tear easily, making application easier. Skin looks more hydrated and there is a moderate brightening effect.



**Pixi Glow Glycolic Boost,
\$17**

Even with glycolic acid, an ingredient often used for exfoliation, there is no itchiness or tingling. Skin feels refreshed, hydrated and also looks brighter.



Devices

BEST SKINCARE DEVICE FOR EYES

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE &
READERS' CHOICE



Skin Inc Optimizer Voyage Tri-Light Glasses for Bright Eyes, \$298

We understood the hype about these anti-ageing “glasses” after using it – dark circles did look lighter the next day. The device is also easy to use, with an automatic timer and simple buttons. And you can wear it while going about your day – there’s no need to lie down.

BEST SKINCARE DEVICE FOR FACE

DEPARTMENT/
SPECIALITY STORE

READERS' CHOICE



Skin Inc Optimizer Voyage Tri-Light++ USB, \$408

The gadget is lightweight and travel-friendly. With different LED lights (red, blue, yellow, and those in-between, such as orange) used for different skin concerns (anti-ageing, acne care and so on), it’s intuitive to use. It also works well as a face massager after you’ve applied a water-based mask.

SKINCARE

Anti-Pollution

BEST ANTI-POLLUTION CLEANSING OIL

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE &
READERS' CHOICE



Huxley Secret of Sahara Cleansing Oil – Deep Clean, Deep Moist, \$65

It removes tough makeup easily, although budge-proof mascara needs a second round. Skin feels fresh after cleansing, not overly stripped.

SKINCARE TIP

Take pollution seriously – it's as bad as UV rays when it comes to damaging and ageing skin.



BEST ANTI-POLLUTION CLEANSER

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE

Sigi Skin Kaleanser, \$38

It does a good job of taking off foundation and waterproof eyeliner with just one cleanse, although super-pigmented lipsticks need a more thorough cleanse. The jelly texture is gentle and doesn't leave skin feeling taut.



READERS' CHOICE

Huxley Secret of Sahara Cleansing Foam – Deep Clean, Deep Moist, \$33

A slightly less than pea-sized amount is sufficient to lather into a foam. It cleanses skin thoroughly, even taking off heavy makeup and long-wearing foundation. Face feels squeaky clean after cleansing, yet still comfortable.



DRUGSTORE

EDITORS' CHOICE

Vichy Normaderm Phytosolution Intensive Purifying Gel, \$30

The minty, fresh scent is a winner. It works well for those with oily skin – all you need to do is use a generous amount. Skin feels instantly grime- and oil-free, yet remains soft and supple. It makes a good everyday cleaner.



READERS' CHOICE

Neutrogena Deep Clean Foaming Cleanser, \$11.50

This has a super creamy texture that lathers really well and removes light makeup and dirt easily. The cleanser also washes off quickly and easily. Skin feels extremely clean after washing, and doesn't feel too dry or tight.



**BEST ANTI-POLLUTION
SERUM**

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE

**Chantecaille
Blue Light
Protection
Hyaluronic
Serum, \$250**

Its blend of hyaluronic acids of different molecular weights means your skin is hydrated at every level, from the surface to the dermis. This pre-serum works just as well as a serum (and makeup primer), and can be used on sensitive skin.



READERS' CHOICE

**IDS Skincare
Dermashield
Serum, \$99**

With a light citrusy scent and moisturising texture, this lends skin a slight glow. After just four days of using it morning and night, skin feels much softer and has a subtle radiance.



**BEST ANTI-POLLUTION
MOISTURISER**

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE

**The Body
Shop Carrot
Cream Nature
Rich Daily
Moisturiser,
\$31**

Provides ample hydration that keeps skin supple during the day. The formula is highly absorbent and pillow-proof.



READERS' CHOICE



**Su:m37° Secret Cream,
\$189**

The rich cream has a silky texture that glides on skin smoothly. The complexion feels nicely moisturised and not greasy.

**BEST ANTI-POLLUTION
SUNSCREEN**

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE

**Kanebo Global
Skin Protector
SPF50+, \$69**

The gel-cream texture softens the skin upon application. Makeup sits beautifully on top of the sunscreen without patchiness or caking. It also gives skin a nice glow.



READERS' CHOICE



**Kiehl's Ultra Light Daily UV
Defense Aqua Gel SPF50/
PA++++, \$56**

True to its name, the sunscreen spreads like a water gel – it's very thin and lightweight, and melts into skin instantly. Those with sensitive skin may feel a slight tingling feeling around the eyes, but it leaves skin shine-free and smooth.

SUNSCREEN TIP

**Never
stint on
sunscreen
– use more
than what
you need.**

Acne

**BEST ACNE
TREATMENT**

DEPARTMENT/
SPECIALITY STORE

READERS' CHOICE

**Clarins My
Clarins Clear-
out Targets
Imperfections,
\$28**

This spot treatment is ideal for those SOS moments when your skin is breaking out. The treatment is non-greasy and promises to purify skin, drying out acne and soothing irritated skin.



Sunscreen

BEST SUNSCREEN

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE

**The History
of Whoo
Gongjinhyang
Soo Vital
Hydrating Sun
Fluid SPF50+/
PA+++ , \$62**

The lightweight and fluid texture won us over. With a subtle scent, it absorbs quickly with no signs of greasy shine or a white cast, and suits all skin types. Makeup went on well on top of it.



READERS' CHOICE

**Hysses Oil
Control
Sunscreen Tea
Tree Hinoki
SPF40/PA++,
\$55.90**

It has a richer texture that leaves skin with a matte finish, although you should wait a little longer before applying makeup, to allow the sunscreen to sink in fully. We also love the spa-like scent. Use a light hand with makeup, to prevent patches.



DRUGSTORE

EDITORS' CHOICE

**La Roche-
Posay
Anthelios
Shaka Fluid
SPF50+, \$46.90**

Gives a smooth, natural satin finish under powder foundation with no oily film. The watery texture makes it a cinch to apply, and it also absorbs seamlessly. Skin feels hydrated. At night, it came off easily with cleansing oil.



READERS' CHOICE

**Anessa Perfect
UV Sunscreen
Mild Milk
SPF50+/
PA++++, \$39.90**

There's a reason the brand's sunscreens are so popular. Its non-sticky milky texture hydrates skin and spreads effortlessly without rubbing off easily. Do shake the bottle well before using.



**BEST BRIGHTENING
SUNSCREEN**

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE

**Crystal Tomato
Beyond Sun
Protection,
\$78.80**

This is the world's first clinically proven sunscreen to protect skin from blue light (up to 54.1 per cent protection). It also effectively blocks out UVA and UVB rays while protecting skin from environmental aggressors such as pollution and infrared rays. The initial whitish tinge blends in nicely and sits well beneath makeup. It doesn't feel sticky and leaves skin looking brighter.



READERS' CHOICE

**Lancome UV
Expert Youth
Shield Tone
Up Milk Pearly
White SPF50+/
PA++++, \$75**

On top of shielding skin against UV rays, it makes pores appear less visible, smooths skin and brightens the complexion. Its lightweight texture is also non-greasy and easily absorbed into skin.



SUNSCREEN TIP

**Reapply
sunscreen
if you've
been
outdoors.**

HERWORLD
HW
60 YEARS INSPIRING WOMEN

**BEAUTY
AWARDS
2020**

SKINCARE

Body

BEST BODY CLEANSER

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE

**Bottega Verde
Olivo Silk-
Effect Shower
Gel, \$13.90**

Although it has a conventional shower gel texture, it lathers up into a nice dense consistency, making skin feel deeply hydrated. The scent isn't overwhelming so it's ideal if you don't want a strong fragrance.



READERS' CHOICE



**The History of Whoo
Whoospa Oil Shower, \$56**

Its oil-gel texture feels luxurious on skin, though the sweet perfumed scent might be too intense for some.

BODYCARE TIP
To help body lotion absorb into skin more easily, exfoliate with a body scrub twice a week. It removes dead skin cells for smoother, glowing skin.

DRUGSTORE

EDITORS' CHOICE

**Moist Diane
Botanical Body
Soap, \$10.90**

A little goes a long way – just one small pump covers the whole body. It comes with a floral and lemony scent, and rinses off easily without leaving any stickiness.



READERS' CHOICE

**QV Intensive
with Ceramides
Hydrating Body
Wash, \$36.80**

It leaves skin with a veil of moisture, keeping it well hydrated after you come out of the shower. Some might find the scent overpowering, but the hydrating effect more than makes up for it.





PHOTO GALLERY STOCK

BEST BODY SCRUB

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE

**Kora Organics
Body
Exfoliator, \$68**



The gel-based scrub doesn't feel harsh, even on sensitive skin, leaving it soft and smooth. The citrus scent is pleasant too. Bonus points for the press-top tube which made usage mess- and waste-free.

READERS' CHOICE



**Sabon Ginger Orange Body
Scrub, \$43**

It has a zesty scent and rich texture that works well on drier parts of the body, like the heels and elbows. Best for those with very dry skin. And for those who appreciate a little eco-friendliness, the scrub comes in a glass jar.

BODYCARE TIP

**Make body
lotion
easier to
apply by
spreading
it in
between
your palms
first, then
massaging
it into skin.**

**BEST BODY
MOISTURISER**

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE



**Bentley Organic Coconut
Body Butter, \$52**

The fresh coconut fragrance will remind you of a beach holiday. The phytoceramides from the coconut butter have a long-lasting moisturising effect and absorb well into the skin, leaving it silky and smooth, not oily.

**Sabon Ginger
Orange Body
Lotion, \$47**

The lightweight texture absorbs easily and the moisturising effect lasts for hours – one layer more than suffices. The skin – even on drier elbows and the ankles – feels hydrated throughout the day. Bedsheet-proof, it also has a light gingery scent that we loved.



READERS' CHOICE

**Crabtree &
Evelyn Evelyn
Rose Silky
Body Lotion,
\$37**

The body lotion has a pretty rose scent and absorbs quickly into the skin. The vitamin-rich lotion is both hydrating and soothing, helping to moisturise skin, leaving it glowing and feeling incredibly smooth.



PERFUME TIP

**Besides
spraying
perfume
on your
pulse
points,
you can
also mist
it into your
hair for a
lingering
scent.**

Fragrances

**BEST GENDERLESS
PERFUME**

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE

**Tom Ford
Private Blend
– F**king
Fabulous, \$473**



The rich, leathery fragrance makes this wearable for both sexes. The sleek packaging certainly earns a spot on our shelf space.

READERS' CHOICE

**Gucci Memoire
d'une Odeur,
\$195**



While the top and heart notes of camomile and jasmine lean to the sweet side, the woody base notes of sandalwood and cedarwood balance out the sweetness. The scent lasts for about four hours.

**BEST EVERYDAY
PERFUME**

DEPARTMENT/
SPECIALITY STORE

EDITORS' CHOICE



**Ange Gardien Marie EDT,
\$130**

An energetic floral scent with citrus notes and musk. A few spritzes and the scent lasts throughout the day.

READERS' CHOICE



**The Body Shop White Musk
Flora Eau de Toilette, \$30**

The scent reminds us of fresh laundry, with its slight floral undertones and woody notes. It fades within three hours of wear.

**BEST PERFUME FOR
SPECIAL OCCASIONS**

DEPARTMENT/
SPECIALITY STORE

READERS' CHOICE



**Tom Ford Private Blend
– Lost Cherry, \$473**

The fruity composition of black cherries and cherry lacquer is refreshing, with a base of sandalwood and vetiver that makes the fragrance prominent and long-lasting.

MEET OUR JUDGES

INFLUENCERS AND CELEBRITIES



Tina Yong

Tina Yong (@tina_yong) is a beauty and lifestyle Youtuber who offers makeup tutorials and product reviews on her channel. She also owns a lash company, Petite Cosmetics.



Willabelle Ong

The writer and photographer behind beauty, fashion and travel blog Pale Division, Willabelle Ong (@willamazing) loves a glossy lip and hoarding shimmery eyeshadow palettes.



Christabel Chua

Beauty and style influencer Christabel Chua (@bellywellyjelly) is also the founder of lifestyle brand Kai. Her beauty tip: "Skincare first, skincare always, skincare even on tired days."



Kaigin Jean Yong

Our December 2019 cover girl Kaigin (@kaiginyong) has a glamorous career in fashion. She says: "Everyone is beautiful in their own way. Don't let anyone take that away from you."



Leanne Ho

Leanne Ho (@loveforskincare) documents her makeup and skincare tips and reviews on her feed. What inspires her love for beauty: "Caring for our skin is a form of self-love, and I find it very therapeutic."



Oon Shu An

A seasoned stage and TV actress and host, Oon Shu An (@oonshuan) currently hosts the Tried and Tested Youtube episodes by Clicknetwork, where she reviews the latest beauty products.

MAKEUP ARTISTS



Larry Yeo

Makeup veteran Larry Yeo (@larryyeo) is armed with a cosmetic science diploma that enhances his beauty know-how. He'll tell you not just how to use a product, but whether it's good for you.



Sha Shamsi

Sha Shamsi (@shashamsi) is a veteran makeup artist who's worked her makeup magic on some of *Her World's* cover shoots.



Her World Editor Ng Yi Lian

She loves good results-driven skincare. The mark of what works for her: when she uses it to the last drop. She counts Herworld.com as her go-to to find out about the best beauty products.

DERMATOLOGISTS



Dr Lynn Chiam

A dermatologist at Children & Adults Skin Hair and Laser Clinic, Dr Lynn Chiam helps patients and their families cope with eczema.



Dr Teo Wan Lin

Dr Teo Wan Lin is founder and medical director of TWL Specialist Skin & Laser Centre. She says: "I believe natural beauty reflects honesty and authenticity where we can share the truths about our skin."



Dr Ivan Puah

Dr Ivan Puah is a medical director of local medical aesthetics clinic Amaris B. He has an interest in body sculpting procedures, including injectables and skin lasers.



Dr Low Chai Ling

Founder and medical director of SW1 Clinic, Dr Low Chai Ling has 15 years of non-invasive cosmetic dermatology and cutting-edge plastic surgery experience under her belt.

HER WORLD TEAM



**Executive Editor (Beauty)
Penelope Chan**

She counts herself lucky to have reasonably healthy skin. She has a collection of bold lipsticks in different finishes, hoards sheet masks (but never gets around to using them all), and is on a quest for radiant skin.



CATEGORY
BEST EVERYDAY
PERFUME
(Department/
Speciality Store)

WINNER
EDITORS'
CHOICE



ILLUSTRATION KURO WANG

ANGE GARDIEN PARIS MARIE EDT

The Perfume You Don't Have To Think Twice About Wearing

Channel your inner Marie Antoinette and boost your confidence with this intoxicating and alluring fragrance you can wear all the time.

There's something powerful about a fragrance. It can evoke a memory, connect us to people or places from our past or simply, lift the senses instantly.

Inspired by Marie Antoinette, the French queen and fashion icon who pushed boundaries and challenged royal traditions with her own stylish interpretation and personality, Ange Gardien Paris Marie EDT (\$140) is elegant and full of charisma.

The scent opens with vibrant top notes of pear, blackcurrant and white peach, while at its heart lies feminine and sensual white flowers like lily of the valley, white rose and peony. The finishing touch comes from a soft dry down of musk and blond woods.

Marie is perfect for the confident, empowered woman with a zest for life. The fresh scent is easy to wear every day.

To make the most out of the perfume, spritz it on the pulse points – the wrists, insides of the elbows, behind the ears and neck – to help the scent develop faster.

But our favourite way? Create an impression by spraying a little perfume in your hair, so you'll leave a trail of scent.

Marie is also available in a coffret set (\$148), which contains the fragrance and a hand cream formulated with shea butter to soften and pamper your skin.

Available at www.angegardienparis.com, Tangs Vivocity, Robinsons The Heeren and Raffles City, and Scentre at Marina Square.

Check out all the Her World Beauty Awards 2020 winners at herworld.com.



CHANEL ULTRA LE TEINT FLUID FOUNDATION

The Foundation You Can Rely On For Flawless Perfection

This lightweight foundation not only sits comfortably on the skin, but keeps the complexion looking flawless for up to 24 hours.

It's not easy to find a foundation that lasts, especially when dealing with Singapore's humid weather. How often have you found that your carefully applied makeup has disappeared by midday? Too often, we bet. Chanel Ultra Le Teint Fluid Foundation (\$88) is here to the rescue.

The lightweight foundation is long-wearing and oh-so-comfortable on the skin because of its unique film-forming complex. What it does: adheres to the skin while resisting heat, humidity and sebum. And it does so for up to 24 hours.

The formula combines soft-focus powders (that deflect light so that imperfections are minimised) with water-resistant pigments to give you perfect coverage every time. It also contains glycerin, which keeps

skin soft and supple throughout the day.

And even though the foundation offers buildable medium-to-full coverage, it doesn't make the complexion look flat. Instead, it gives a subtle glow for a natural skin-like finish. With its 30-shade range, you won't have any reason not to find the best match for your skin tone.

The best way to use it: Apply a thin layer first, then layer a bit more on areas that require added coverage.

And because it blends effortlessly, it doesn't matter which beauty tool you use for application – makeup sponge, foundation brush or even your fingers – you'll be able to achieve a flawless complexion easily.

Available at Chanel Fragrance and Beauty boutiques and counters



YOU SHOULD ALSO TRY

①



Complement your look with these other Chanel winners:

1. The Chanel Le Blanc La Base Rosee (\$90) had a double win (Editor's Choice and Reader's Choice for Best Makeup Primer – Radiance. Here's why: it gives skin a subtle lit-from-within radiance, reviving dull complexion.

②



2. To give lips a pop of colour, there's Chanel Rouge Allure Ink Fusion (\$52) – an Editor's Choice for Most Comfortable Matte Lipstick – Soft Matte Finish. Its combo of polymers, gel and ultra-fine pigments deliver deep, intense and budge-free colour with a velvety-matte finish that stays on for up to eight hours.

Check out all the Her World Beauty Awards 2020 winners at herworld.com.



CATEGORY
BEST LUXE ANTI-
AGEING SERUM FOR
FINE LINES AND
FIRMING
(Department/
Speciality Store)

WINNER
EDITORS'
CHOICE



ILLUSTRATION KURO WANG

CHANTECAILLE BIO LIFTING SERUM+

The Serum That Lifts, Firms And Smooths Skin

This anti-ageing product is a skincare all-rounder that also smells wonderful and has a brightening effect on skin.

As we get older and gravity takes hold, it is only natural that lines and wrinkles start to appear, and our facial features start migrating downwards. If you're determined to get serious about those pesky lines and sagging, Chantecaille's Bio Lifting Serum+ (\$460) is here to help.

Using the healing power of plants and flowers, this potent serum is infused with the goodness of more than 15 types of plant stem cells to fortify and revive ageing skin.

Each active ingredient is sourced through extensive research and technological innovation to maximise its potential and produce maximum results.

The key lies in its Anti-Wrinkle Hexapeptide complex, which is a chain of six amino acids that work to inhibit micro muscle contractions.

The effect: It helps to reduce the look of expression lines and wrinkles.

Together with the plant stem cells, it plumps skin from within, toning and firming it to lessen the signs of ageing.

Just a little, applied in the morning and evening as part of your skincare routine, is all your skin needs to give it a boost. Skin is much more hydrated, with a soft radiance, and feels and looks lifted and tighter.

And like all Chantecaille products, this anti-ageing and brightening serum is free of phthalates, sulphate detergents, mineral oil, synthetic colours and fragrances and GMOs. It is also cruelty-free and vegan-friendly.

Available at the Chantecaille counter at Takashimaya D.S.

Check out all the Her World Beauty Awards 2020 winners at herworld.com.



CATEGORY
**BEST ANTI-
POLLUTION SERUM**
(Department/
Speciality Store)

WINNER
EDITORS' CHOICE



CHANTECAILLE BLUE LIGHT HYALURONIC SERUM

The Botanical Serum That Keeps Skin Ageing At Bay

It does so with powerful ingredients that protect the skin against blue light and premature ageing.

Ever wondered if all the time you spend on your mobile phone might be ageing your skin?

One of the biggest causes of concern for ageing today is the amount of blue light our skin is exposed to. In fact, studies have found that the blue light or High Energy Visible Light (HEVL) emitted by our digital devices – laptops, smartphones and TVs – can contribute to photo-ageing. This means fine lines and wrinkles, skin laxity and hyperpigmentation.

While we might not be able to avoid using technology, we can still ensure that our skin remains well-protected.

To combat this, Chantecaille's Blue Light Hyaluronic Serum (\$250) is packed with botanicals – Fermented Extract and Nasturtium Flower Extract, to help skin adapt to visible light, which in turn minimises the appearance of pigmentation, lines and wrinkles. The

formula also helps to revitalise the skin.

In addition, this anti-ageing pre-serum contains a blend of hyaluronic acids of different molecular weight (which means your skin is getting hydrated at every layer), as well as amino acids, to provide immediate moisture to parched skins.

Tamarind, algae and red sage root extracts further hydrate skin, soothing and plumping it from within, and strengthening it so that skin is better able to withstand external environmental aggressors.

Over time, skin's elasticity and moisture levels are improved, and your complexion is smooth, supple and youthful-looking once more.

For best results, use this as a pre-serum booster before your serum and moisturiser, twice daily.

Available at the Chantecaille counter at Takashimaya D.S.

Check out all the Her World Beauty Awards 2020 winners at herworld.com.



CATEGORY
BEST BRIGHTENING
SUNSCREEN
(Department/
Specialty Store)

WINNER
EDITORS'
CHOICE



CRYSTAL TOMATO® BEYOND
SUN PROTECTION

The All-rounder Sunscreen That Protects Your Skin

Aside from shielding it from ultraviolet rays, it also forms a barrier against pigmentation-causing blue light.

One of the biggest culprits in skin ageing is UV rays from the sun. But there's now a more insidious skin danger: blue light. It doesn't just come from the sun, it's emitted by our smartphone screens, electronic devices and fluorescent lighting. We're exposed to blue light 24/7 – and at close range too.

Blue light not only causes the same damage as UVA and UVB rays – hyperpigmentation, wrinkles, sunburn – it penetrates more deeply into the skin. Some studies suggest that blue light causes worse pigmentation problems.

It took Crystal Tomato five years and at least 30 revisions to create Beyond Sun Protection (\$73.50 before GST). Aside from UV protection (SPF75+ and PA++++), it is the world's first clinically proven sunscreen for blue light, offering 54.1 per cent protection. This protection value is a medically proven rating that is extremely difficult to achieve.

The formula has a Persistent Pigment Darkening (PPD) protection of 17+, which means it blocks over 90 per cent of UVA rays that cause signs of premature ageing such as skin dryness, roughness and wrinkles.

Plus, antioxidants protect against environmental aggressors such as pollution and infrared rays, preventing free radical damage and keeping skin healthy.

The lightweight sunscreen keeps skin hydrated and shine-free. It's ideal for all skin types, including sensitive, thanks to its hypoallergenic, non-comedogenic and non-acnegenic formula. The cherry on top: It helps balance skin's moisture levels, and brightens the complexion.

Available at authorised medical and aesthetic clinics, National Skin Centre Pharmacy, Tan Tock Seng Hospital Retail Pharmacy, National University Hospital Aesthetic Plastic Surgery Centre and at www.beyondsunprotection.com.sg



CATEGORY
BEST
CONCEALER FOR
BLEMISHES
 (Department/
 Speciality Store)

WINNER
EDITORS'
CHOICE

HERA BLACK CONCEALER – DOT COVER

The Concealer That Hides All Your Imperfections Perfectly

This all-rounder helps mask all your flaws – from dark circles to freckles and redness.

Wish your blemishes and scars weren't so prominent? While foundation can conceal a number of flaws, sometimes you need something more.

That's where a good concealer comes in. Formulated with HERA's signature Magnet-Fit Powder, the HERA Black Concealer – Dot Cover (\$45) provides even coverage for a flawless finish.

It's not just a makeup product – it's skincare too. The concealer is enriched with a blend of hydrating active ingredients: low molecular hyaluronic acid, alpine berry and Damask rose extracts. All keep skin well-moisturised to minimise caking and flaking. That means your makeup stays – and looks – fresh all day.

HERA Black Concealer – Dot Cover is great for concealing pigmentation spots, freckles, blemishes, scars and even

moles. Its high-cover pigment, along with layers of easy melting soft wax and a flawless setting layer, effortlessly hides imperfections while providing long-lasting coverage

The Dot Cover has yellow undertones, ideal for combating red or brown discoloration from blemishes and pigmentation.

Its unique 3mm metal tip applicator is made of Zamak steel (used in surgical instruments), and not only ensures pencil-like precise application every time, but also keeps the wand clean and hygienic, minimising bacteria and dirt transference that can aggravate blemishes.

When you're done, all that's left to do is to set the concealer. Simply tap with your fingertip to blend for a natural-looking finish.

Available at HERA counters



YOU SHOULD ALSO TRY



These three products are all you need to look great.

1. **HERA Black Concealer – Spread Cover (\$45)** is highly pigmented to cover dark circles and redness. Its flexible sponge applicator, which looks like a butter knife, helps with smooth and easy application. To hide larger areas of freckles or redness, use the applicator's flat side. For harder-to-reach spots like the sides of the nose and mouth, and the inner eye corners, use the pointed tip.



2. For a truly flawless complexion, **HERA Black Foundation (\$75)** offers a lightweight, buildable coverage with its Magnet-Fit Powder Technology, adhering well to the skin for a long-lasting semi-matte finish.



3. To finish, slick on the new **HERA Sensual Spicy Nude Lipstick (\$43)** for a natural-looking pout. It plumps the lips and reduces the appearance of fine lines. It comes in Gloss or Balm, and in easy-to-wear shades inspired by natural spices.

Check out all the Her World Beauty Awards 2020 winners at herworld.com.



LAGOM CELLUS DEEP MOISTURE CREAM

The Moisturiser That Lasts All Day

Say goodbye to dry skin and dullness, and reduce the look of fine lines, with this intensive hydrating cream.



Anyone who has ever suffered from dry skin will understand how itchy and uncomfortable it can be. In addition, dry skin also often looks dull, and lines appear more noticeable too.

Skin experts advise that a good moisturiser is one of the easiest ways to get skin looking dewy and youthful-looking. This is because a smooth and supple complexion reflects light, giving you that lit-from-within glow.

For skin that needs a serious hydration boost, Lagom's Cellus Deep Moisture Cream (\$52) is the answer. It's enriched with Aqualicia®, a patented active ingredient present in all Lagom products, including cleansers and toners. It helps activate the aquaporins in skin cells. Aquaporins are proteins that control how much water gets in and out of the cells, and play a big

role in skin hydration.

In addition, jojoba seed and rose hip oils, resurrection plant callus culture and trehalose draw in moisture to plump the skin, while strengthening it at the same time.

And because dryness can also contribute to premature signs of ageing such as skin roughness, fine lines and wrinkles, this cream works as a preventive ageing must-have too. Together, the active ingredients work to boost cell regeneration and tighten pores to refine skin texture for a smooth and supple complexion.

While potent, Lagom Cellus Deep Moisture Cream absorbs easily and won't clog the pores, making it suitable for Singapore's hot and humid climate.

Available at www.asianbeautyx.com

YOU SHOULD ALSO TRY

①



Healthy skin is well-hydrated skin – here are two options for your specific needs.

1. If you're used to a more lightweight texture, try **Lagom's Cellus White Moisture Cream (\$50)**. Besides containing the brand's prized Aqualicia that helps regulate

skin moisture levels, it also evens out the skin tone for a healthy luminous glow. 2. For oily and combination skin, **Lagom Cellus Mild Moisture Cream (\$56)** comes enriched with centella asiatica and witch hazel extract to keep skin clear and healthy.

②





SIGI SKIN DEW POTION

The Hydrating Mist That Protects Skin Against Pollution

It's full of antioxidant ingredients that help keep the signs of ageing at bay, and it moisturises your skin on the go.

Does your skin feel tight and parched by lunchtime? Or maybe your makeup is starting to cake? There's a simple reason: Your skin needs a hydration boost.

Dehydration is your skin's reaction to internal and external stressors. That big presentation you need to do in a few days? The arctic-cold office you work in? The sleep you're not getting much of? Pollutants in the air? These affect your skin.

But unless you have time to cleanse your face and reapply your entire skincare routine, the easiest way to quench thirsty skin is with a facial mist.

While most facial mists simply contain thermal water, Sigi Skin Dew Potion (\$48) is much more than that. It's waterless, for one. Instead, it's packed with 100 per cent extracts that moisturise skin and protect it against environmental aggressors.

What's in it: Camomile extract to soothe and keep skin blemish-free with its anti-inflammatory

and antibacterial properties; Aqua 3G, an algae extract that hydrates and prevents moisture loss; and the superfruit macqui berry to reduce the signs of photo-ageing and collagen loss.

Use it as an on-the-go hydrating mist (its 100ml size slips easily into any bag) or before applying serum every day. It's also great to take on the plane to combat dry air.

To use, spritz Dew Potion all over the face, then lightly pat it in. You'll notice how refreshed and soothed your skin becomes. You can also spritz it onto a makeup sponge, then apply it to skin with your liquid or cream foundation for a fresh, dewy glow.

Her World readers enjoy a storewide 10 per cent discount on all Sigi Skin products, excluding the mini set. Key in HW10 at checkout. Valid until March 31, 2020.

Available at www.sigiskin.com



YOU SHOULD ALSO TRY



Enhance daily skin protection with the **Sigi Skin Morning Glow (\$58)**. Used as the last skincare step, this physical sunscreen contains avocado and acai extracts, together with niacinamide, to shield against the damaging effects of

the sun's UV rays while keeping skin well-hydrated, youthful and bright. It's lightweight, absorbs easily into skin, and leaves no white residue or greasy film behind. Bonus: It doubles as a moisturiser for oily and combination skin.

ILLUSTRATION KURO WANG

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CATEGORY
BEST LUXE
ANTI-AGEING
MOISTURISER
(Department/
Speciality Store)

WINNER
READERS'
CHOICE

SULWHASOO TIMETREASURE
INVIGORATING CREAM

The Anti-Ageing Cream That Will Revive Your Looks

You can't turn back time, but you can boost skin resilience and repair with this potent moisturiser.

Ageing is inevitable, but that doesn't mean you should allow your skin to succumb to fine lines, dryness and dullness as it gets older. Help is at hand with the Sulwhasoo Timetreasure Invigorating Cream (\$625).

It is a luxurious moisturiser you'll look forward to using every morning and night. Skin feels softer and is immediately plumped, and any tightness from cleansing, or sleeping/working in an air-conditioned room, goes away. The scent, too, is uplifting and subtly herbal.

The secret to Sulwhasoo's Timetreasure Invigorating Cream lies in a blend of Korean ingredients: red pine bark and red ginseng.

Red pine bark contains dehydroabietic acid (DAA), a phytochemical with potent anti-ageing properties. In the cream, it is encapsulated using

the brand's patented technology, to allow it to go deep into the skin to repair and strengthen it. The improved formula now contains double the DAA concentrate to deliver better results.

In addition, the antioxidant-rich Red Pin Protective Coat (RPPC), also derived from red pine bark, helps to cleanse skin cells, then "transform" them into new cells, giving the appearance of younger-looking skin. Meanwhile, red ginseng strengthens and energises skin, boosting its resilience.

For best results, take a few minutes to massage the cream into skin to enhance absorption and boost microcirculation, to keep the complexion healthy and glowing.

Available at Sulwhasoo boutiques and counters



YOU SHOULD ALSO TRY

①



Enhance the effects of your anti-ageing skincare routine with these two Timetreasure additions.

1. The Sulwhasoo Timetreasure Invigorating Serum (\$490) contains a potent cocktail of Korean red pine and wild stimulated ginseng to nourish the skin. It is targeted anti-ageing skincare at its best.

2. The Sulwhasoo Timetreasure

Invigorating Sleeping Mask (\$265) contains herbal extracts of Coix Lacryma-Jobi Ma-Yuen seeds, apricot kernels and morus alba to firm the skin and stave off the effects of ageing for a smooth and supple complexion when you wake up. It's a great twice a week pick-me-up – and especially useful when you need to look better-than-great the next day.

HW60

#Her World Her Story



CARA VAN MIRIAH
HAYLEY TAI
WEN XUAN



VERONICA TAY
TAN WEI TE



RAY TICSAY
ALICE PIN



DEBBY KWONG



For decades, *Her World* has been a champion for women – in **mind, body and action**. To celebrate ***Her World's* 60th anniversary** this year, we present **#HerWorldHerStory** – a collection of **60 inspiring real-life stories on print and on herworld.com**. And it starts with you: real women, in this first of our six-part series. Every month, from our March to August issues, **#HerWorldHerStory** will feature 10 women who encapsulate what it's like to be a woman in Singapore. They share their **successes, challenges, passions and ambitions** – these are their stories.





TAP FOR
VIDEO

01
60

**THE FIGURE SKATER
AND GOLD MEDALLIST
OF THE 2019 SOUTH-EAST
ASIA GAMES WANTS TO
ACCOMPLISH MORE,
AS SHE SETS HER SIGHTS
ON THE OLYMPICS,
AND COACHING LOCAL
SKATERS ONE DAY.**

M

Many people have asked me if there had been expectations for me to bring home the gold medal. Truth is, I don't face any sort of pressure. I was very determined to perfect my skating routine. That said, there are also many things I want to accomplish that range beyond the spectrum of sport, and being driven is what keeps me inspired to continue working towards my goals.

My other passion is teaching. In Toronto, where I train – and have been living for over a decade – I'm also a part-time English tutor and skating coach. The money I earn helps to fund my training fees. My day starts at 7am and ends at 10pm. I juggle my time between training at the Mariposa International Training Centre, catching up on my studies at University of Toronto

where I'm a health sciences major, and giving weekly tuition classes.

I also hope to help other athletes recover from their injuries with my studies. My twin sister, Chantelle, quit skating due to an injury that traumatised her. I've been lucky to have the help of sport-specialist medical professionals, who've helped me to heal properly and achieve my goals.

It took a lot of determination and self-motivation to get to where I am today. I've had many accidents on the ice over the years. Understanding why you failed, and getting back up on your feet is very important for an athlete. I fell in love with the sport when I was six, after watching the 2002 Winter Olympics on television. Some day, I hope to compete in the Olympics. I'd love to coach Singapore skaters in the future – my way of giving back to the figure skating community.

Chloe Ing, 22





**Understanding
why you failed,
and getting
back up on
your feet is very
important for
an athlete.**

Hair & Makeup
Aung Apichai,
using Kevin
Murphy &
Urban Decay
Location
The Rink@
Jcube



My ultimate goal is for Seth to be independent, and it's driven by the thought that he will have to take care of himself when I'm no longer around.



Silvia Buniardi, 44

Outfit,
Cos
Hair,
Evangelyn
Ariel Koh
Makeup,
Benedict
Choo, using
Cle de Peau
Beaute

02 / 60

SHE ROSE FROM THE DEPTHS OF DESPAIR TO CARE FOR HER SON WITH SPECIAL NEEDS, HELPING HIM TO BE INDEPENDENT.

F

For many parents, caring for their children is tiring but a joy. For me, it was very challenging as the main caregiver of my son, Seth, when he was a child. Before he turned seven, he was diagnosed with ataxia cerebral palsy, sensory processing disorder, attention deficit hyperactivity disorder, and autism spectrum disorder.

I was burnt out as a result of caring for Seth round the clock – watching his diet, taking a brain gym course to better work with him, enrolling him in schools and therapy classes, and compressing his joints every two hours, every day – that I contemplated suicide, and even considered taking Seth with me. I had imagined that he couldn't survive

without me.

As a child, he could not sit up on his own, and was slow in his speech development. His extremely high threshold of pain and temperature meant he would hurt himself unknowingly, as he couldn't feel anything when he stepped on sharp objects. Looking back, I felt guilty for having (suicidal) thoughts when I saw him sleeping one afternoon.

It took me almost a year to pick myself up through self-care. I made time for myself from my daily routine to unwind by reading a book or watching a movie. My husband, friends and Seth were also my pillars of strength, who kept me together. Today, at 20 years old, Seth has gone so far in his life, having completed his O-level examination in 2018. He is now pursuing a diploma in Infocomm Security Management at Singapore Polytechnic. I couldn't be more proud of him – and us, as a family. My ultimate goal is for Seth to be independent, and it's driven by the thought that he will have to take care of himself when I'm no longer around.

Last year, I published my book *Extraordinary You*, about my journey with Seth. I wanted to share my story to encourage others who are in a similar situation not to give up hope.

03 / 60

**THE SINGER-
SONGWRITER AND
MAKEUP ARTIST
WANTS WOMEN TO
LOVE THEIR BODIES
NO MATTER WHAT
SHAPE THEY ARE.**

Mary

I’ll never change anything about myself today, even if I’m being judged for the way I look. It took me a few years to accept who I am and gain the confidence, following years of bullying in secondary school – all because I’m a plus-sized girl.

Last September, I started the #thebodywithin movement on Instagram to advocate body positivity and self-care. The movement encourages people who’re struggling to feel good about themselves, to share their stories and photos. Along with the movement, I took the first step to share self-portraits and my story as a plus-sized woman.

**Understand that no
matter how you look, you’re
beautiful in your own
special way.**

Victor, 22

I also started the movement because many young girls face the pressure to be socially acceptable in the way they look, often comparing themselves to others or trying to live up to certain expectations. I would know better because I have been there before.

Then, I was called all kinds of hurtful names that made me very self-conscious in school. It stuck with me even after I graduated. I wanted to be someone else, even trying whitening products, and quick ways to slim down. I was unhappy and stressed out. At 16, I started working, and later went to Cosmoprof Academy to hone my craft as a makeup artist. I grew my portfolio within three years, and slowly regained my confidence. Every day, I tell myself that I can control my life.

Despite the fact that I eat healthy (I’m on my way to becoming a vegan), work out and do yoga, my size never changed one bit. In fact, I got curvier living a healthy lifestyle. The message I’m sending across to women is: Understand that no matter how you look, you’re beautiful in your own special way.

Hair, Aung Apichai, using
Kevin Murphy Makeup,
Lolent Lee, using Shiseido

04 / 60

THE SINGER-SONGWRITER SURVIVED A HEALTH SCARE AT 20 WHEN DOCTORS DISCOVERED A TUMOUR NEAR HER SPINE. THE LIFE-CHANGING ORDEAL HAS GIVEN HER A NEW PERSPECTIVE ON LIFE.

T

Two years ago, at 20, I thought I had everything going for me until doctors discovered a tumour near my spine, during a medical check-up for my back pain. The health scare has since given me a new perspective on life. Then, I was in a state of emotional turmoil when I first heard the news. I had to undergo the tumour removal operation within a week after I met with the doctors, for fear that any delay could affect my walking ability. I asked myself, why did this happen to me? I'm only 20. I was scared as the thought of death crossed my mind. The days leading up to the operation were my darkest moments. I dropped out from The New Paper New Face 2016 contest to undergo the operation. It was the

Hashy Yusof, 22



Joining a competition again was to prove to myself that I could achieve something even after a life-changing ordeal.

second competition I had joined, following my early exit from the 2013 The Final One singing contest, where I fell on my back while onstage. Luckily, the operation was successful, and I was back on my feet in a month, and my then-boyfriend, Marc Than, proposed to me. I joined the following year's The New Paper New Face competition, where I was a finalist. Joining a competition again was to prove to myself that I could achieve something even after a life-changing ordeal. It wasn't about winning, fame or glory. It was a personal journey that gave me a lot of strength and determination I never knew I had, and to show myself that I could do something better than before. And, one of my life goals is to explore new things that allow me to express myself creatively, such as songwriting.

Outfit,
Something Borrowed at
Zalora
Hair, **Dax Lye**
Makeup
Aung Apichai,
using **Urban Decay**



05 / 60

**THE
REALTOR
WHO NEVER
STOPPED
WORKING AND
BELIEVES IN
ACTIVE AGEING.**

June Lim, 78

T

The relationship with my family and friends is something that I treasure most. As I grow older, I appreciate the more meaningful aspects in life over material things that don't last. Which is why my husband and I make it a point to go on our family vacation every year with our three children, even though they're all grown up.

I also go on occasional trips in the region with my good friends. I'm quite an active and sporty person in many ways – I swim regularly, I snorkel if I get the chance to, and I'm constantly on the move.

It amuses me sometimes when people ask me why I am still working at this age. Well, the

answer is simple: I never did retire from my job as a realtor – although I take on fewer clients now compared to before – because I love what I do, and I have been doing it since the late '80s.

Fact is, I enjoy meeting and talking to people, which give me a lot of joy. I didn't like my previous job as a remisier. I was talking to people on the phone most of the time, and there wasn't any kind of real connection other than a "cold" transaction. It was a job that didn't quite fit my outgoing personality, and it was a friend who later introduced me to the property sector.

I always believe that if you enjoy doing something, nothing should stop you from it. Thus, when I put my mind to something, I tend to do things wholeheartedly.

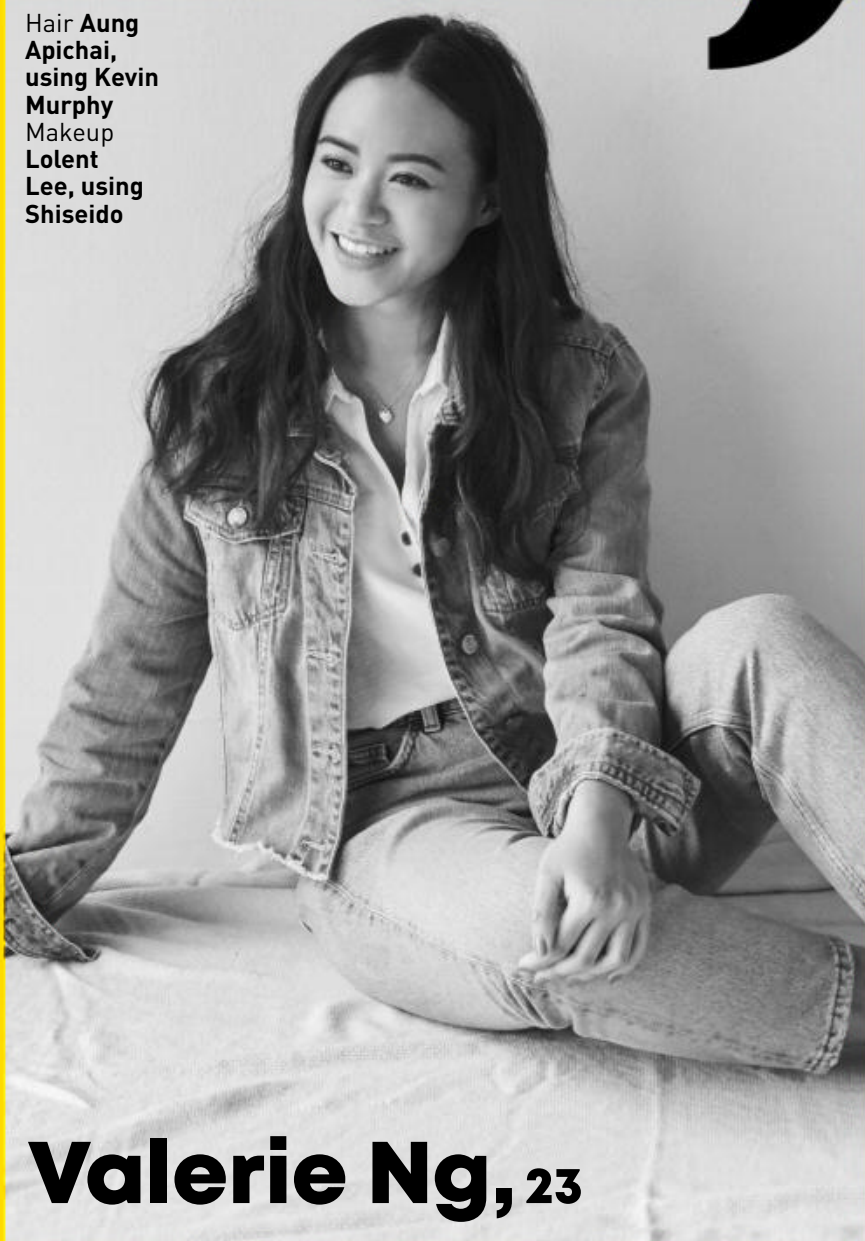
**I believe if you enjoy
doing something,
nothing should stop
you from it.**

Hair
Evangelyn
Ariel Koh
Makeup
Benedict Choo,
using Cle De
Peau

06 / 60

I know what it's like to be poor, having been in the situation before.

Hair **Aung Apichai**, using **Kevin Murphy** Makeup **Lolent Lee**, using **Shiseido**



Valerie Ng, 23

THE VOLUNTEER TUTOR OVERCAME POVERTY THROUGH EDUCATION, AND LATER STARTED A FREE TUITION PROGRAMME FOR UNDERPRIVILEGED CHILDREN.

I knew excelling in my exams would open doors for scholarships and a better-paying career path, giving me a shot at social mobility.

This is also what I hope for my tutees – and the reason I jumped on the opportunity to help the financially needy kids who might lack access to educational privileges, through a free tuition programme.

I believe in the power of education to overcome poverty, and it's important to look beyond the present circumstances and towards the future.

I know what it's like to be poor, having been in that situation before. At one point in my life, I stood in Ngee Ann City's Kinokuniya every day for six hours, poring over books to avoid going home where the loan sharks would harass us. A week before my A-level examinations, my family was evicted from the rental flat, as we could no longer afford to pay rent.

My phone line was

cut off, and with no money, I relied on the kindness of my friends and teachers, who pooled pocket money and shared their canteen food. A friend even opened her home to me.

I buried myself deep in my studies. With the aid of bursaries and a bank loan, I recently graduated as a psychology major from the National University of Singapore.

Along with my friends Yip Yunting and Karin Pang, we give free English and Math tuition classes on Saturdays to underprivileged primary school children at Ang Mo Kio's Cheng San Community Centre. I also plan the activities and prepare worksheets for the programme. The programme now has 10 primary school students aged nine to 12.

Last year, one of my students was awarded the Edusave Good Progress Award by the Ministry of Education. It was a very rewarding moment for all of us.

Deborah Loh '16

07
/ 60

THE BALLET DANCER EMERGED FROM A FAULTED PERFORMANCE TO WIN THE INAUGURAL 2019 INTERNATIONAL BALLET GRAND PRIX SINGAPORE.

I felt like quitting ballet two years ago when I missed a few steps during the last 10 seconds of my performance at the 2017 Asian Grand Prix in Hong Kong. At that time, I felt like I had failed myself and my teachers. But I recovered from my mistakes and moved on.

Dance is a very rigorous form of art. In fact, I have to be very disciplined when it comes to practising my routine. Over the years, I've experienced a lot of injuries. But I'm more careful now... I won't push myself too hard when I know I may get injured.

I'm a dance student at School of the Arts Singapore (Sota), and I also perform at the Singapore Ballet Academy. I commit to a two-hour rehearsal

A full-page photograph of a ballerina in a blue and gold tutu, performing a dance move with one leg raised and arms extended. The background is dark and textured.

twice a week during performance season, on top of the usual two-hour dance classes that I take thrice a week! It's a lot of hard work, but I don't mind. It has always been my lifelong dream to be a dancer, ever since my mother first introduced me to ballet when I was three years old.

I look up to dancers like Iana Salenko (Ukraine), the principal ballerina at the prestigious Berlin State Ballet. She's known for her precise ballet technique.

I'm looking forward to the training at the National Theatre Ballet School in Melbourne when I graduate from Sota. This is a scholarship, which is part of the International Ballet Grand Prix Singapore prize. Besides this prize, I'm really proud of the time when I choreographed a contemporary solo for

my performance at Sota last August.

It was really challenging, but I set goals for myself to achieve. And when I finally performed the dance for my peers, teachers and parents at school, it was such a fulfilling experience that I'll never forget it. Right now, what I want is to become confident in my own skin when I'm dancing.

**Right now,
what I want
is to become
confident in my
own skin when
I'm dancing.**

Hair,
Eileen Koh/
Hairphilosophy
using **Kevin.**
Murphy Makeup
Aung Apichai,
using **Urban**
Decay

08 / 60

INSPIRED BY HER ABILITY TO OVERCOME THE PAIN SHE SUFFERED FROM, SHE CO-FOUNDED THE BRAVE SHAPES CO, AN ALL-INCLUSIVE GYM THAT CATERS TO ALL AGES.

B

Being able to do a German hang on pull-up rings, assisted pull-ups, and ab leg-lifts might not be a big deal for many, but it is for me. I suffered from scoliosis at a young age and was never interested in working out because of the chronic pain in my back. Now, being able to exercise, which is a personal milestone, helps to alleviate the dull ache. It took two years of self-perseverance, doing a programme of light bodyweight exercises. This inspired me to co-set up The Brave Shapes Co in 2015 – an all-inclusive wellness gym that caters to all ages, including those who're handicapped. I want to give others the privilege of having a safe space to get fit, with a curated gym programme.

I believe that regaining

your physical strength will uplift you. My then condition before I could do any exercise affected my lifestyle, which was sedentary. The pain on my back increased as I grew older. Things got

worse when I suffered a slip disc in a fall in 2014. A year later, I got into a car accident and suffered whiplash and mild amnesia.

I consulted physiotherapists and chiropractors, but my

body didn't respond well to the treatments, and going for surgery was the last thing on my mind.

I went through a gym programme, from squats and assisted push-ups to strength-training like pull-ups and ab workouts with weights, curated by my husband Evans Wu, an ex-triathlon athlete. He was nearly left crippled in 2007 when his bicycle collided with an oncoming car.

Working out and running my gym made me realise that life is fleeting. You have to try doing things you never thought you would do. Once I realised that there's a fun way to get better and that pain isn't permanent, I wanted to get better and take charge of my body.

Hair & Makeup
Lolent Lee, using
Shiseido

Once I realised that there's a fun way to get better and that pain isn't permanent, I wanted to get better and take charge of my body.



Valerie Low , 31

09 / 60

THE AUTHOR OF *HOMELESS: THE UNTOLD STORY OF A MOTHER'S STRUGGLE IN CRAZY RICH SINGAPORE*, HOPES TO SHED LIGHT ON ISSUES OF SINGLE PARENTHOOD AND HOMELESSNESS.

Liyana Dhamirah, 33

I learnt that in prosperous Singapore, homeless folks were not always identifiable by appearance. Eleven years ago, I was homeless and living in a tent on Sembawang beach and West Coast Park, with my ex-husband and two young children, after we were kicked out of the house due to a family disagreement.

Those three months were the lowest point of my life: I was pregnant with my third child then,

and had \$5.25 left in my bank account... I didn't have enough to buy milk powder for my baby. Then, I also discovered a community of people and families who were homeless. Despite the difficult times, there was a community spirit among us. We shared food and watched out for one another, even when there were raids. My predicament was later discovered by journalists and we were moved to a shelter. To make some money, I sold handmade trinkets on

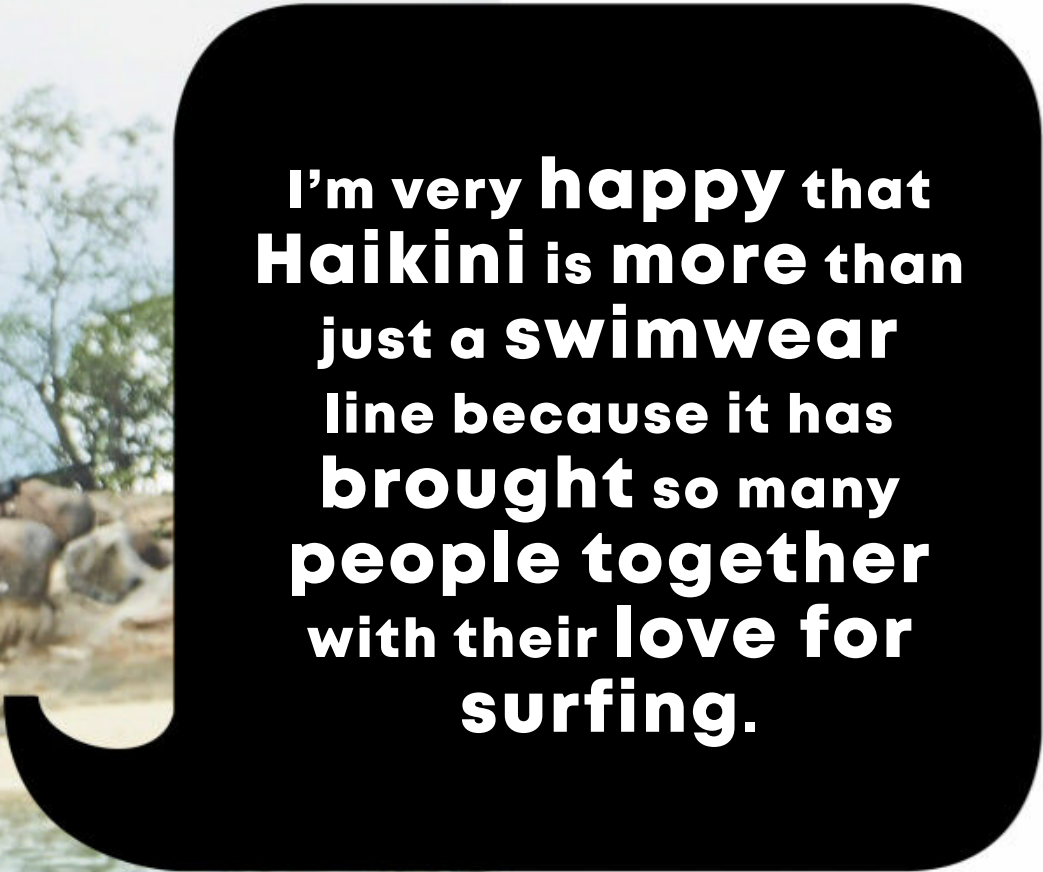
a blogshop. The taste of entrepreneurship encouraged me to set up a home-based business in 2013, Virtual Assistants Singapore, to provide individuals with a platform to earn income through home-based work. Although things have looked up for me for several years now, I will never forget the hardship and what I went through 11 years ago. Last year, I penned the book, *Homeless: The Untold Story of a Mother's Struggle in Crazy Rich Singapore*. I want

I also hope to see a more understanding society, and more people coming forward to help the marginalised.

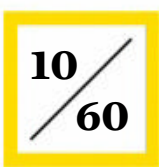
my story to shed light on issues of single parenthood and homelessness. I also hope to see a more understanding society, and more people coming forward to help the marginalised.

Makeup, Aung Apichai, using Urban Decay

Beckie Liu, 24



I'm very happy that Haikini is more than just a swimwear line because it has brought so many people together with their love for surfing.



**THE SURFER
CONNECTS
OTHERS LIKE
HER THROUGH
A SURF CAMP
COMMUNITY IN
SINGAPORE.**

Hair
**Eileen Koh/
Hairphilosophy
using Kevin.
Murphy Makeup
Aung Apichai,
using Urban
Decay**
Location
**Ola Beach Club/
Sentosa**

I never imagined that my passion for surfing could turn into a business opportunity – and bring aspiring female surfers together – when I first picked up the water sport eight years ago, while on a holiday in Phuket.

I started an ethically made bikini line Haikini, after I graduated in 2018 with a Bachelor of Arts from the National University of Singapore. Then, I realised there weren't many stylish swimsuits that could hold up in rough water sports, and that I could create affordably priced, multi-functional bikinis for female surfers. I thought, this could also help fund my regular surf trips to Bali.

I'm a one-woman show at Haikini, cutting out the middleman so I can liaise directly with the production house in Bali and pay a fair wage to the bikini makers.

Each piece is handmade by local housewives, and we remove unnecessary plastic packaging by using leftover fabric from our production to make swimwear pouches.

One thing led to another after

I launched the online bikini store. I formed Singapore's female-only surf camp community, Haikini Seasterhood, when my customers expressed a strong interest in surfing.

So far, I have organised and coached 15 surf camps for women aged between 20 and 30, who pay a flat rate of \$698 (hotel and food included) for a five-day surfing workshop in Bali.

Last year, the Singapore Surfing Association (SSF) asked me to join their team after they "found" me on Instagram. That led me to surfing competitively for the first time – and with the national team at the 2019 South-east Asian Games in the Philippines. These days, I spend most of my time in Bali training and coaching.

I must say that the best outcome of surfing are my surf camps. This is where new friendships are formed. I tear up a little each time I see my surf camp participants organising meet-ups in Singapore.

I'm very happy that Haikini is more than just a swimwear line because it has brought so many people together with their love for surfing.

GIRL TALK

This month, media personality Jade Seah shares how she found true meaning in life by changing her mindset.



In Singapore, most of us are fortunate to have enough food on the table and a roof over our heads. Survival is not always our top concern. To thrive, however, is another thing. What does it really mean to thrive in life? As a positive psychology student, I've learnt about the five pillars of well-being and happiness in my studies.

They are positive emotions, engagement, relationships, meaning and achievement.

I've always felt that I needed to work on meaning and

achievement. At eight, I asked my mum, "Why are we on this earth?" She told me "not to think so much, close your eyes and try to sleep!" In my teens, after a painful breakup, I questioned how one person could destroy my happiness and sense of self. I set about finding ways to deal with it, and my mum suggested that I "do something for others instead".

I started volunteering, visiting old folks' homes and entertaining them with bingo games and karaoke. I recently helped a friend who regularly gives out of her own pocket and time to the needy, and I remember the smiles on the old folks' faces. I found warmth – and meaning – in this.

On achievement, perhaps it is to change what it means to achieve. Is it a job so that you can put food on the table to survive? Or is it a career that comes with success, prestige, money and power?

As I struggle to increase the meaning in my life, the challenge is balancing it with the perceived notion of achievement. I found that the more time I spent on what I think is meaningful – connecting and helping people, and improving the mind and body – the less time I have in chasing the fame and fortune often associated with achievement.

This year, I hope to help more people adapt a different mindset to find happiness. I celebrate my birthday next month, and inspired by a friend, I've encouraged those who're thinking of getting a gift for me to donate that amount to a fund for the needy.

In the larger picture, here's what I've learnt in positive psychology: Think of yourself at 99 years old. What would you want to say about your accomplishments to your loved ones? What would you want people to say about you?

Now, write it all down, and let your smaller decisions be guided by this. Here's to a more meaningful 2020, as we start thriving together, meaningfully.

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ASK JAY



Got a relationship problem? Jason Godfrey, our resident guy expert, is here to help.



I'm in a relationship limbo: I'm friends with a guy whom I've been dating on and off, but I can't commit to him wholeheartedly. He still talks to his ex, and it gets on my nerves. I told him that I didn't like it, but he continues to do so. Is it time for an ultimatum?

You're in a limbo because you can't commit for the reason that he keeps talking to his ex? This could well be a chicken and egg situation.

Let me paint this picture: You don't commit so he keeps talking to his ex. You don't like that he talks to his ex, and you don't commit wholeheartedly.

Thus, this continues to be like a whirlpool of non-commitment. Now, how about you take the first step to stop the vicious cycle by committing to him?

Well girl, the truth is, you can't expect something from someone if you don't offer them anything. Now, when you do commit and he continues chatting up his ex, then I suppose it's about time to push him into the whirlpool of ex boyfriends. Fair.

I'm 32, with a string of failed relationships, including a called-off engagement. I have not given up on love, but how do I get back into the dating game? Putting myself on dating sites is out of the question, for fear of embarrassment.

First, you need to get over that fear of embarrassment, especially over failed relationships. And you should know that everyone's dating history is dotted with a

string of failed relationships until they get married – and even so, the jury is still out there on whether it's going to fail or succeed.

So yeah, don't be embarrassed. Be embarrassed if you don't get yourself back out there, and dating sites are an easy way to test the water.

A good dating site is your first step to getting back out there, so take that first step so you can get to the last step of being happily married someday.

Your pretty face won't get you that far with me.



Long-term relationships have always focused on going on romantic holidays and adding adult toys in the bedroom to spice things up. These are tried-and-tested solutions.

But let's face it. When the thrill is gone, it's not about the lack of props or the number of vacations. It's usually because nothing beats the thrill of being with someone new (again). A sad realisation, I say.

So one solution is taking the relationship to a whole new level: role-playing. Now, I don't mean in a sexual way. What I mean is going to the "extreme" to be someone else. Think wigs, glasses, accents (good ones preferably), different perfumes, and clothes that change your entire look.

This is about turning yourself into someone completely different and him doing exactly the same. Ever had a thing for guys with a moustache? Get him to grow one. Hate his moustache? Ask him to shave it for a new look.

Want a muscle guy? Get him to hit the gym, because you will too. Get buff because when you feel sexy, you are sexy. The best part about a long-term relationship is you are both going through this together – and you're not alone in this.

Now have that talk with him, and get that role-playing going.



Have any questions about men and their romantically obtuse ways? E-mail Jason at magherworld@sph.com.sg, follow him on Twitter (@bigsmilenoteeth) and like his Facebook page at www.facebook.com/bigsmilenoteeth.

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Say Hello To Beautiful Hair

Many of us think of a hair salon as a place for two things: cut and colour. Hair Salon Tokyo Michaela specialises in something different: natural-looking perms – think #iwokeuplikethis beachy waves that are such a hit with women in Japan. The Japanese salon's signature perm, the Michaela Signature Perm, is tailored to you and takes into account your hair condition, previous chemical treatments, the look you're going for, and more. This isn't just a perm – it also aims to restore your hair so it looks healthy, glossy and soft. **Hair Salon Tokyo Michaela is at #02-24/25 Riverside Point, 30 Merchant Road, tel: 6538-0273. First-time customers enjoy a 25 per cent discount on all services. Quote "Her World" when you book your appointment; valid until April 30, 2020.**

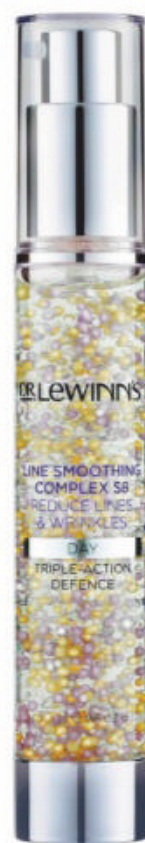


Eat Your Way To Beautiful Skin

Sometimes, skincare can only do so much. For healthy, glowing skin, you might want to add oral supplements to your routine. Singapore-born beauty brand Timeless Tomato offers oral supplements with carotenoids, the pigments that give yellow,

red and orange produce their colour. The ingredient is rich in antioxidants, helping to protect the skin against environmental aggressors, while improving skin tone and firmness. Expect to see results after four weeks.

Prices start from \$188. Available at <https://www.mi-verse.com> and <https://timelesspharma.com/stores/distributors/singapore>



SUPERCHARGE YOUR BEAUTY ROUTINE

There are two essential ingredients you need for skin to look its best: collagen to plump and firm, and hyaluronic acid for moisture. Australian skincare brand Dr Lewinn's, which has 25 years of experience in creating specialist skincare solutions, has two products that can help.

Its Ultra R4 Collagen Surge Plumping Gel (\$74.90) contains caviar-like collagen capsules in a potent hyaluronic acid formula that plumps and hydrates skin, while improving skin firmness, radiance and elasticity. Its star ingredient is Neodermmyl, dubbed the "needle-free" collagen filler, to reduce the appearance of fine lines and wrinkles. Apply morning and night, on your face and neck, before topping off with a moisturiser.

Then there's Dr Lewinn's Line Smoothing Complex Triple Action Day Defence (\$74.90). It delivers a superior level of hydration for firmer and more radiant skin. Its star ingredient is hyaluronic acid, which attracts and retains moisture in skin.

The lightweight treatment essence contains a potent blend of eight amino acids that help minimise the look of expression lines, as well as powerful antioxidants that defend skin against free radicals, which are responsible for premature ageing. The result: softer, youthful-looking skin.

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THE LAST PAGE

Logomania is here to stay, as exemplified by this pair of pink satin pumps from Sergio Rossi. Forget subtlety – for SS '20, CEO Riccardo Sciutto has incorporated the Italian shoe label's name onto the heels of its most iconic styles. Sexy and statement, there's no better way to wear it loud and proud. \$1,490, from Level 2 Takashimaya D.S. – **ST**

Only three styles – pink pumps, black pumps and blue sandals – in the SS '20 collection feature this logo heel (this is the only design available in Singapore).

The Logo Heels



CHARLOTTE RAMPLING
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