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"The Flamingo"



"The Irish Stepdance"



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MARCH 2,
2020

INTOUCH



CHIP & JOANNA

DARK FAMILY SECRETS

The Fight Over \$500 Million Fortune!

- Lies, arrests & a twisted betrayal
- Joanna's shocking drug nightmare

PLUS: THEIR DECISION TO LEAVE HOMETOWN WACO



VANESSA'S TEARFUL TRIBUTE

MY LIFE WITHOUT KOBE

EXCLUSIVE PICS

"HOT MESS" BRITNEY

GAINS 20 LBS IN 2 WEEKS!



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BREAKING NEWS: HOW HOLLYWOOD IS EASING OCCASIONAL ANXIETY... FOREST REMEDIES!



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4 Final rose shocker? The top 5 theories on who wins Peter Weber's heart.

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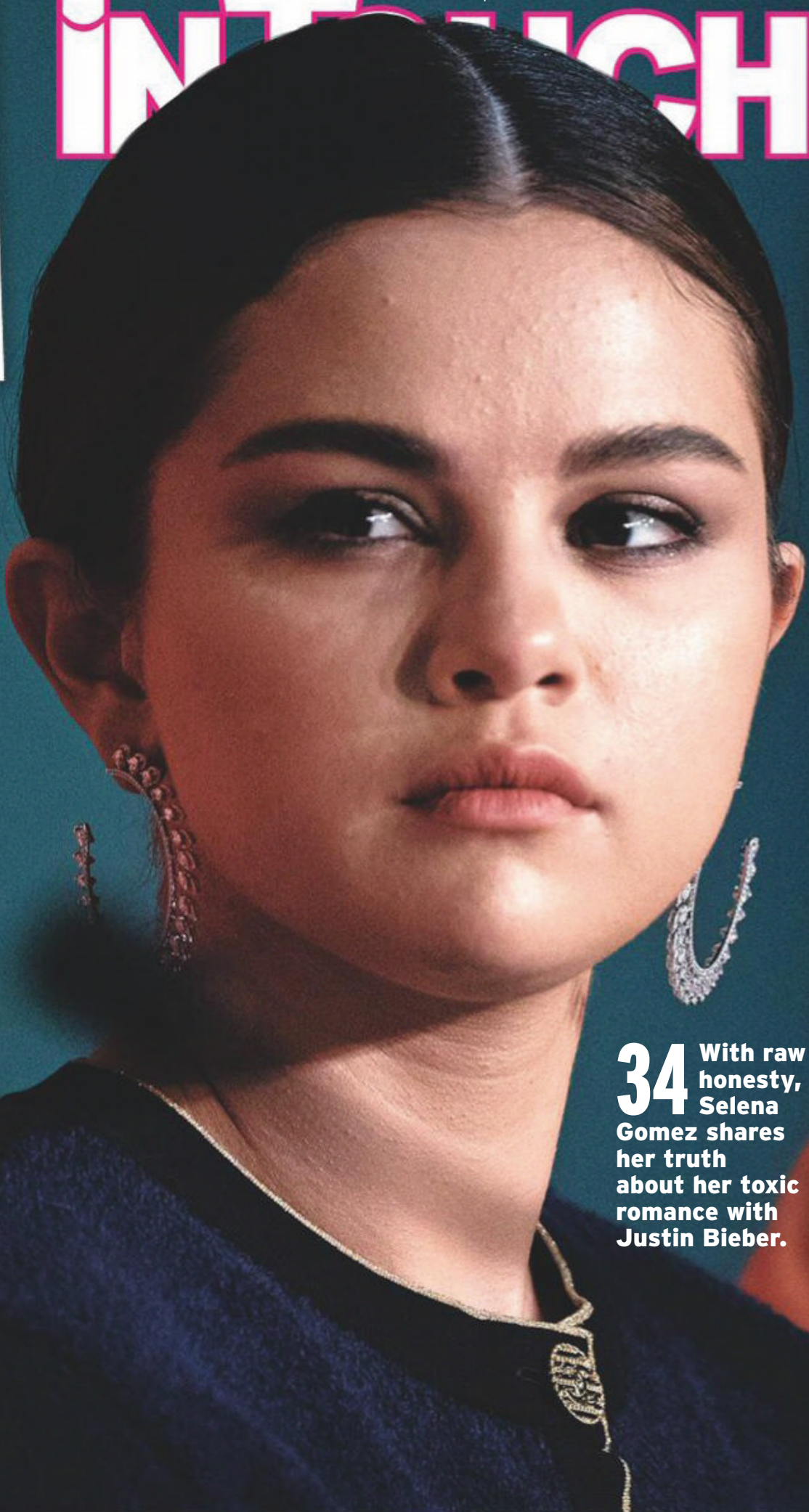
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INTOUCH

March 2, 2020 • Vol. 19 Issue 9



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WHO WORE IT BETTER?

One star sizzles, while the other one fizzles



Katy Perry

Jenna Bush Hager

Katy overdid the Barbie vibe – and, TBH, those pink square-toe pumps look too clunky with this Lela Rose tent dress. Jenna balanced out the volume with sexy strappies for the win!



Lucy looks undeniably chic in this Tommy x Zendaya getup, but Zendaya's cool-girl accessories – love the hoop earrings and matching newsboy hat! – take the lead.

Lucy Hale

Zendaya

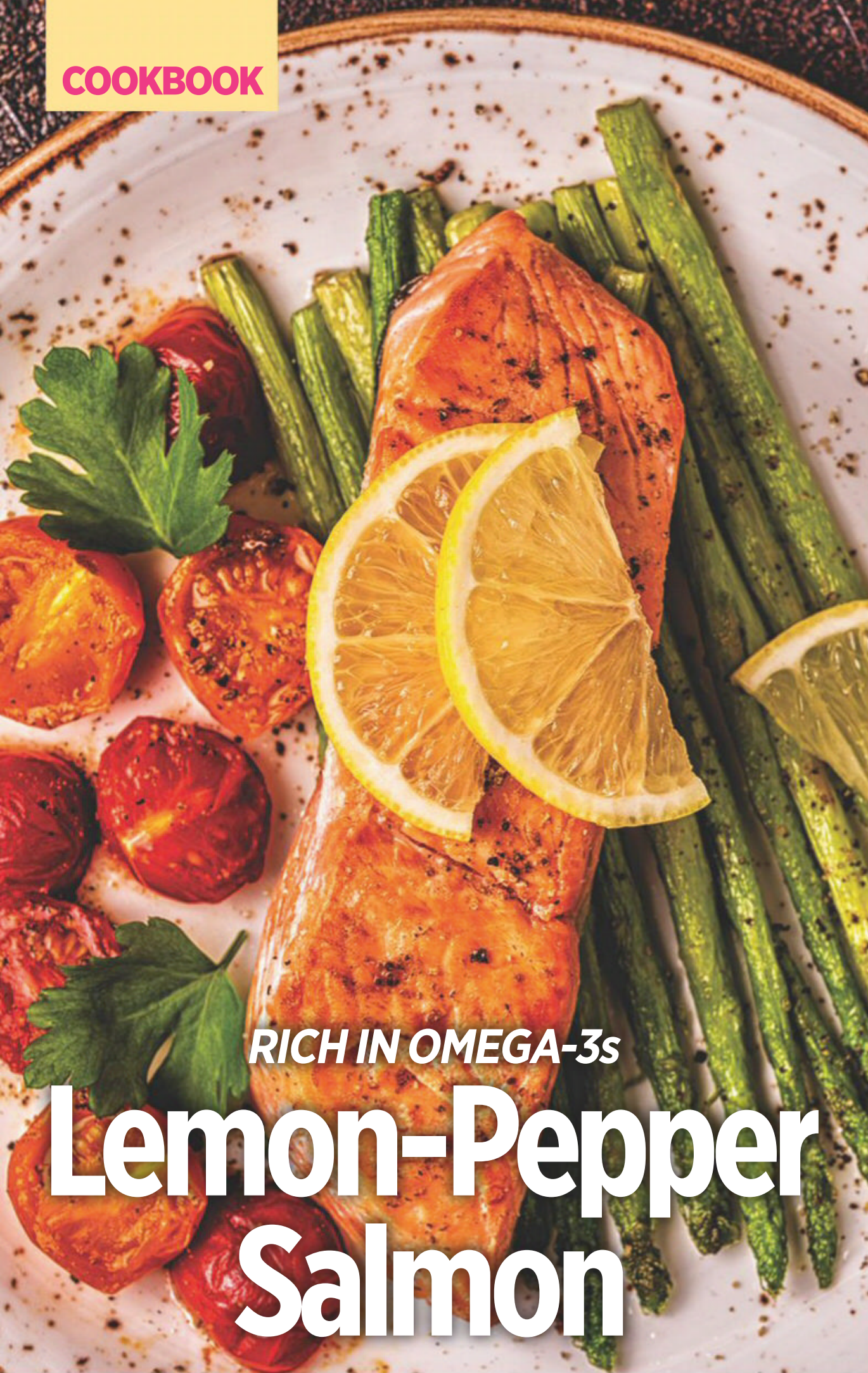


We love us some Awkwafina, but this zany Christian Siriano suit is too baggy on the funny actress. Singer Zhavia's tailored fit appears more polished overall.

Zhavia did!

Zhavia Ward

Awkwafina



RICH IN OMEGA-3s

Lemon-Pepper Salmon

Salmon is delicious, versatile and full of omega-3 fatty acids — nutrients that the body needs to run more efficiently. Most dietitians recommend eating at least two servings of fatty fish per week — and the great thing about salmon is that it can be quite easy to add to your weekly meal plan.

What you need:

- 4 sheets of foil (9"×9")
- 4 four-ounce salmon fillets
- 4 tbsp lemon-pepper butter
- Salt
- 8 slices of lemon
- 8 grape tomatoes, halved
- 4 sprigs of thyme

Preheat the oven to 400 degrees. Place the sheets of foil on a baking sheet. Place the salmon fillets on top of the foil sheets, one fillet per sheet. Spread a tbsp of butter on top of each of the fillets and season with salt to taste. Add 2 lemon slices to the top of the fillets, followed by 4 tomato halves. Top with a sprig of thyme. Repeat this for all 4 fillets. Fold the foil around the fish so that it is completely covered. Bake for about 15 minutes, or until the salmon is cooked through. Serve with rice or vegetables.

**NO TIME
TO COOK?**

SPONSORED

Make Sure You Get Your Omega-3s

Ocean Remedies Krill Oil is a natural source of omega-3 fatty acids (EPA and DHA). The omega-3 fatty acids in krill oil have been demonstrated to be 2.5 times better absorbed than fish oil*, without any reflux or fishy aftertaste. Plus, it has a higher phospholipid content compared to other brands. Learn more about krill oil at oceanremedies.com.

* Clinical Study Report. NO. BTS 275/07, Feb. 16, 2009. Esslingen, Germany



suspense of the week

WHO GETS THE FINAL ROSE?

THE TOP 5 BACHELOR THEORIES!

Peter Weber called it the 'first unspoiled season in a while' because 'no one is going to find out' ahead of time what happens at the final rose ceremony. But everyone has a guess!

1 HE CHOSE NO ONE

Peter wouldn't be the first to stay single – Brad Womack sent both of his final two contestants home in 2007 – but the twist here is that many fans think Peter will actually make his final choice on the live finale in March. "People are really good at speculating," says the pilot, 28. "I haven't heard the actual ending from anyone."

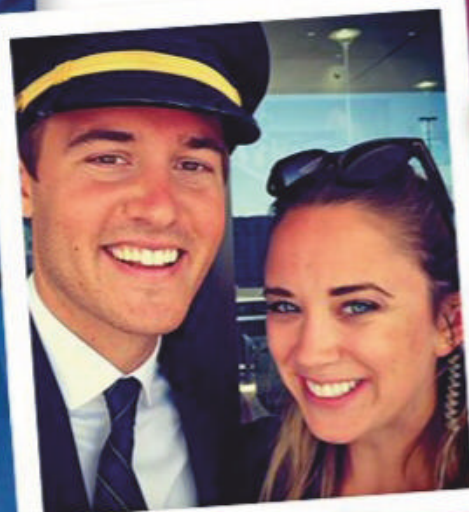
2 HE WAS DUMPED

She said...no?! Front-runner Madison Prewett, 23, has made it clear she's saving herself for marriage – but in an upcoming episode Peter admits to sleeping with another woman. There's a different issue with Hannah Ann Sluss, 23: Her dad doesn't even want Peter declaring his love for her!



3 HE FELL FOR A PRODUCER!

Sleuthing fans think they found "proof" (via Instagram) that Peter is actually dating *Bachelor* producer Julie LaPlaca! "I'm not going to confirm or deny...[but] it is crazy," says ABC exec Robert Mills. "I don't know how we'd ever top that!"



4 HE GOT TWO WOMEN PREGNANT

Well, he did famously have sex with Bachelorette Hannah Brown, 25, four times in a windmill in Greece last season! "It's like, oh, one's not enough, OK," jokes Peter in response.

5 HE WANTS TO BE WITH HANNAH B.

Many viewers would argue that the most romantic moment of the season came at the very beginning – during Peter's emotional, spark-filled heart-to-heart with Hannah, who tearfully asked why he never reached out after her engagement went bust.



Collagen ON THE GO

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NEW!



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KETO

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COMES IN
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Walgreens

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Walmart

OMG...

CRIB OF THE WEEK

SAM'S SWANKY SPREAD

Is Australian actor Sam Worthington headed back Down Under? With four (yes, four!) *Avatar* sequels in the pipeline, it's highly unlikely, but he is unloading his contemporary villa just above LA's Sunset Strip. Windows in the living room disappear into the wall, leading to a lush and very private backyard with pool and elevated spa. Raining out? No worries. The basement has a state-of-the-art screening room – perfect for the new owners to watch all of Sam's *Avatar* movies!

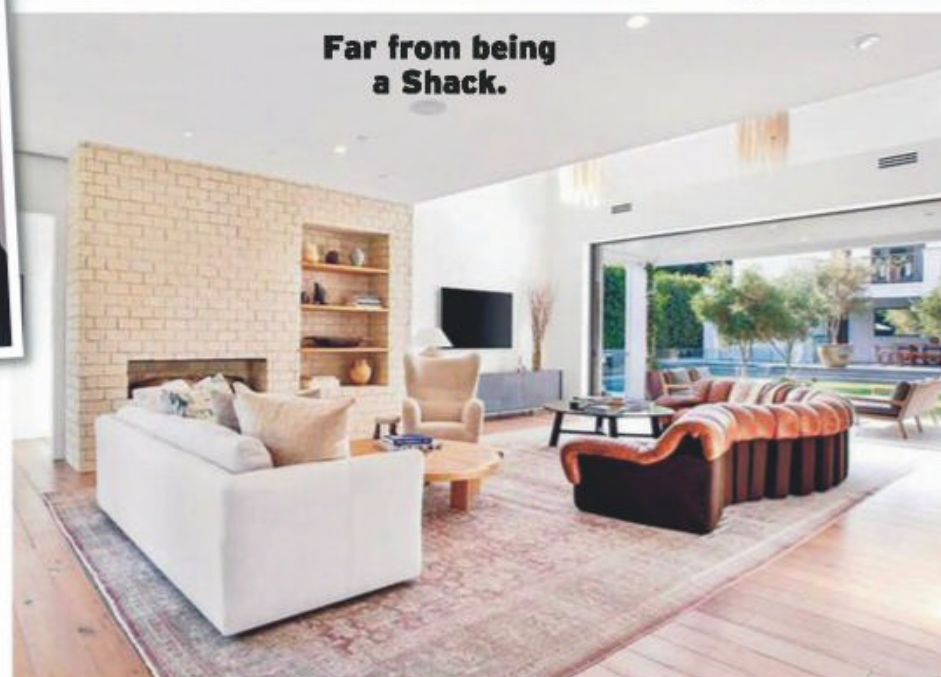


THE CRIB SHEET

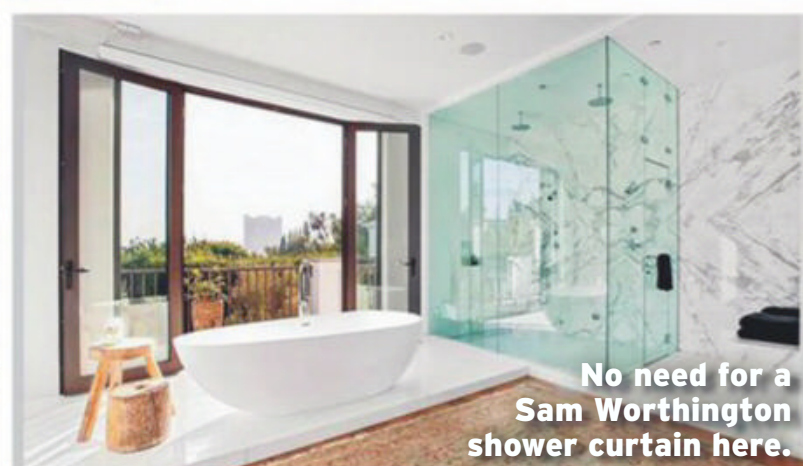
Price
\$9.25 MILLION
Bedrooms **5**
Bathrooms **8**
Sq. footage
6,288



The ceiling is as high
as Mount Everest!



Far from being
a Shack.



No need for a
Sam Worthington
shower curtain here.



In an Instagram story,
Sam once cut onions while
wearing ski goggles.

Mae **Whitman**

Christina **Hendricks**

Retta

Cash is Queen



NBC's
GOOD GIRLS

SUNDAYS  NBC

NOW STREAMING

OMG...



TRANSFORMATION OF THE WEEK

BRIE'S FACE HAS CHANGED SO MUCH!

A Marvel to behold! Brie Larson, 30, looks a lot different than she did at 16. "It appears she had a rhinoplasty to narrow and define the tip and bridge of her nose, as well as an upper eye lift," says NYC-based plastic surgeon Dr. Michelle

Yagoda, who has not treated the *Avengers: Endgame* star. "She may also have had some fillers. Brie looks beautiful and natural – a perfect example of how subtle changes can make a dramatic difference."

2000



— dollars of Pamela Anderson's debt Jon Peters claims he paid off before their 12-day marriage ended



MAKEOVER OF THE WEEK

CAMILA CABELLO

The singer, 22, showed off a bob style on Instagram on Feb. 4.



WINNER OF THE WEEK

PRINCESS BEATRICE

The royal finally sets a date — May 29 — after reportedly postponing her wedding twice because of the scandal surrounding her father, Prince Andrew.

LOSER OF THE WEEK

JUSSIE SMOLLETT

The actor is indicted on six counts of disorderly conduct related to the 2019 hate crime cops say he staged, nearly a year after similar charges were dismissed. He has maintained his innocence.



DAREDEVIL OF THE WEEK

TOM'S CRUISIN' FOR A BRUISIN'!

Tom Cruise is up to some risky business again! The 57-year-old, who broke an ankle jumping between buildings and nearly froze while hanging off a helicopter for *Mission: Impossible — Fallout*, has some even crazier stunts planned for the next installment of the franchise, due out in 2021. "We've figured out three obscene things that he's doing that I'm terrified of," says director Christopher McQuarrie, adding that the action star is already training. "He calls me and describes what he's doing and I laugh and I cheer, then I hang up and puke into a bucket." Hopefully audiences will have stronger stomachs!



CAREFUL, TOM!

MANCANDY OF THE WEEK



VLAD KVARTIN

"Dancing almost every day keeps me shredded," says the *Dancing With the Stars* pro, 24. "Also a Russian sauna every other week is my secret weapon to feeling rejuvenated and zen." Steamy!

DEFENSE OF THE WEEK
MACAULAY CULKIN

"He never did anything to me.... And especially at this point in time, I'd have no reason to hold anything back. The guy has passed on." — asserting again that Michael Jackson never sexually abused him



DUH OF THE WEEK

TERESA GIUDICE

"Sometimes you're blind." — on coming to believe that her estranged husband, Joe, cheated

MANE EVENT

Newtownards, Northern Ireland, Feb. 12

KATE MIDDLETON made friends with an alpaca – whose head of hair rivals Kate's – and other animals during her visit to Ark Open Farm. The duchess, who left the kids home, reportedly told one youngster, "Charlotte and George will be very sad not to have come and seen this really cool farm."



Snake
charmer!



Bottle
service!



CHIC & CHEEKY

NYC, Feb. 12

KALEY CUOCO makes a funny face while wearing fierce fashion on the set of *The Flight Attendant*.



STAYING AFLOAT

Cap Cana, Dominican Republic, Feb. 6

BROOKE BURKE keeps her cool in the pool during a girlfriends' getaway at Hyatt Zilara and Ziva Cap Cana.



GROOVY GUEST

LA, Feb. 9

JOHN KRASINSKI and **ELLEN DEGENERES** bust a move on *Ellen* — after he insisted on stretching his hamstrings first!



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The Backstory Behind The
Brand That's Revolutionizing

PAIN RELIEF

Tommie Copper was born out of necessity. A tragic water skiing accident left one of our own feeling hopeless as if he was watching from the sidelines. After countless surgeries and one uncomfortable compression sleeve after another, he felt like his pain was controlling his life" his story not unlike many. When no solution was found they created one starting with a knee sleeve. The science of compression was proven but the comfort of compression was not yet mastered. Tommie Copper's fabric is engineered from the ground up and is unique to their name, and developed for everyday comfort. Tommie Copper products are not simply a solution to a problem, they are a way for you to comfortably control your pain.



60 DAY MONEY BACK GUARANTEE

Try our products and if you are not completely satisfied, return with no questions asked.



When one of us experiences pain we all dream of **INNOVATION.**



It All Started with a Sleeve **Compression Knee Sleeve**

With over 1,000,000 sold to date, Tommie Copper has continued to revolutionize the category they started. Evolving into Performance and Adjustable Compression Knee Sleeves.



NEW!
**Adjustable Support
Knee Sleeve**
Customize your support with Ultra-Flex Stability Straps and maintain comfort and mobility.



Shoulder & Upper Back Relief Shoulder Centric Support Shirt

Tommie Copper's next breakthrough innovation. Ergonomic compression paneling designed to cradle your upper back and shoulders, relieving stress and strain while helping pull shoulders back to the proper position to encourage healthy posture. This shirt proved to be one of a kind!



Back Pain Innovation Lower Back Support Shirt

Tommie Copper took continuous feedback from customers on back braces for lower back pain and created a truly wearable solution. The Lower Back Support Shirt & Tank are the most technically engineered garments developed to date and offer a discreet and comfortable way to provide support and pain relief to your lower back all day.



Your Relief Has Arrived Compression Socks

Having long had innovation in compression socks, Tommie Copper was dedicated to bringing relief of compression socks without the difficulty of tight, hard to wear socks on the market. Over the Calf Ultra Fit Compression socks are their most comfortable socks yet!

COPPER + ZINC INFUSED F A B R I C

Patented Copper and Zinc technology is 100% infused into all of their garments, providing permanent anti-odor benefits; preventing the growth of odor-causing microbes on the fabric that won't wash out.



Do You Have **BACK PAIN?**

You're not alone

You're surrounded by 80% of the world that also has back pain! It's the number one source of pain, yet solutions are limited, ridged, and invasive.

Tommie Copper sought to rewrite the script! Compression is proven to work but as the CEO and Cofounder of Tommie Copper, Sol Jacobs, says "compression only works if you wear it" and you can't wear it if it's uncomfortable. A true believer in the benefits of Tommie Copper products, Jacobs seeks to turn heads and make people change their minds about compression. When asked "isn't compression scary, restrictive, uncomfortable?" the Tommie Coppers response is – not ours! Jacobs is constantly challenging non-believers with "try these socks for 72 hours then tell us if you're feet hurt" or "if your back hurts now you should have a supportive solution all day, not only when it hurts".

80% OF PEOPLE WILL EXPERIENCE
BACK PAIN
IN THEIR LIFETIME



264M
LOST WORK DAYS DUE TO
BACK PAIN



Comfort Back Brace

Provides comfortable compression for support and recovery, with targeted relief for the lower back and lumbar area. An adjustable, anti-snag hook and loop closure strap ensures a customized fit for carrying the weight of a busy day.



Shoulder Centric Support Shirt

Provides targeted compression at the shoulders and muscles along the spine to help relieve everyday aches and pains, while encouraging an upright, healthy posture by helping to retract your shoulder blades. Our innovative design features compression panels with ergonomic seams for maximum support, relief & recovery.



Lower Back Support Shirt

This shirt is engineered with a 4-panel power mesh system for ultimate lower back support, reducing stress and pain. Stylish and slimming, you can proudly wear this shirt on its own, but it has been designed with an ultra-thin profile so you can discretely wear it under your clothing too. Now relieving back pain is as simple as getting dressed in the morning!



COMPRESSION BENEFITS FOR RELIEF:



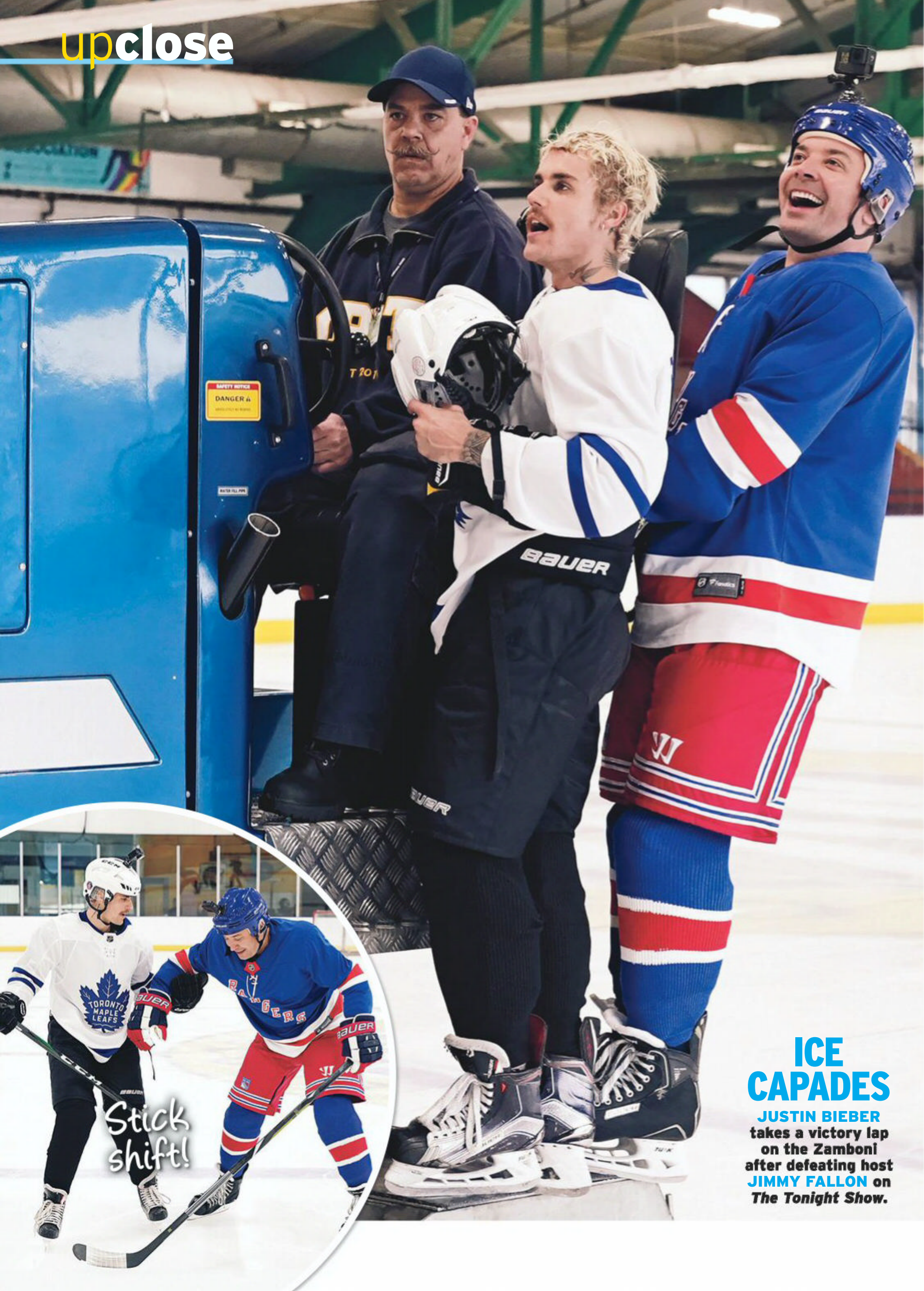
Helps
Reduce
Swelling



Provides
Support
& Stability



Improves
Recovery
Time



ICE CAPADES

JUSTIN BIEBER
takes a victory lap
on the Zamboni
after defeating host
JIMMY FALLON on
The Tonight Show.



“When
my mom
was diagnosed with cancer,
I wanted her
to have access to
the best
treatments
available.”

SONEQUA MARTIN-GREEN
Stand Up To Cancer Ambassador

Photo By
MATT SAYLES

THAT'S WHY I'M SO PASSIONATE ABOUT EXPANDING AWARENESS OF CLINICAL TRIALS

You want the best treatments for your loved ones. My mom's cancer was treated using a therapy made possible by clinical trials. I want all people diagnosed with cancer to have access to the treatments that will make them long-term survivors, like my mom.

Cancer clinical trials may be the right option for you or a loved one. The more information you have about clinical trials, the more empowered you will be to seek out your best treatments.

Learn more at StandUpToCancer.org/ClinicalTrials



Stand Up To Cancer is a division of the Entertainment Industry Foundation (EIF), a 501(c)(3) charitable organization.

BRITTANY WATTS
NYC-Based Athlete and Trainer

Being an elite trainer at Performix House – a gym frequented by celebrities such as reality star Steve Gold and former professional football wide receiver Victor Cruz – means taking your diet and fitness regimen to the next level. Performix House trainer Brittany Watts integrates Performix's pre-, during and post-workout products into her daily wellness routine to give her an energy boost, keep her hydrated, and help her muscles recover in between sessions to help her push her clients to reach their goals.



THE SUPERSTAR WAY TO *Boost* *Your Workout!*

Maximize your results in the gym with this A-list approved stack.

It's no secret: Hollywood has an obsession with health and fitness – and celebrities are the ultimate fitspo! Even with their notoriously hectic work schedules, they still manage to maintain a healthy lifestyle and look red-carpet ready all year round. Talk about #bodygoals.

How do they do it, you ask? While there's no substitution for hard work and dedication in the gym, certain pre-, during and post-workout nutrition products help them along the way. And thanks to Performix, you can get into million-dollar shape too! Their latest line of products has everything you need to fuel your body before, during, and after your workout, providing you with delicious and effective products to help you reach your own fitness goals.

**EVERYTHING YOU
NEED IN ONE SIMPLE
PRODUCT REGIMEN.**

I. PRE-WORKOUT ENERGY

Need a boost to get you motivated and into the gym? **Performix ION Pre-Workout** features a combination of energy-, focus- and endurance boosting ingredients, headlined by 200mg of caffeine – a little

more than 2 cups of coffee! – in a delicious **Blue Ice** flavor. No matter the exercise, this sweet jolt of energy provides the kick you need to get up, get out and get the most out of your sweat session.

II. DURING WORKOUT HYDRATION

Whether you're running, lifting, spinning or hitting the mat, you need to keep your muscles hydrated to maximize your time at the gym. **Performix ISO EAA+BCAA** is a mouth-wateringly refreshing way to do just that! Available in yummy **Juicy Watermelon**, this during

workout solution provides a blend of electrolytes to help keep you and your muscles adequately hydrated, while a mix of amino acids also helps to kick-start your muscle recovery process so you can stay on track with your regimen!

III. POST-WORKOUT RECOVERY

Keeping up with a workout regimen means taking care of your body after a gym session with the right nutrition. But who wants to gulp down a chalky protein shake that will make you feel bloated? Not us! Enter **Performix ioWHEY PROTEIN** – not only does this post-workout treat come in delicious flavors such as **Fruity Cereal** & **Chocolate Brownie**, but it has also been shown to provide

46% improvement in stomach discomfort post-consumption vs. other proteins[^]. And that's not all – one serving of ioWHEY (22g) has been shown to deliver the same benefits as a larger serving of standard protein (30g).^{*} The same strength-boosting, muscle recovery benefits in a better-tasting shake with less calories, fat, sugar and carbs than the alternative? Sign us up!

GET STARTED TODAY!

This effective yet affordable assortment of products is available at select Walmart

and Rite Aid stores now. Grab yours today and start chasing your New Year's #bodygoals!

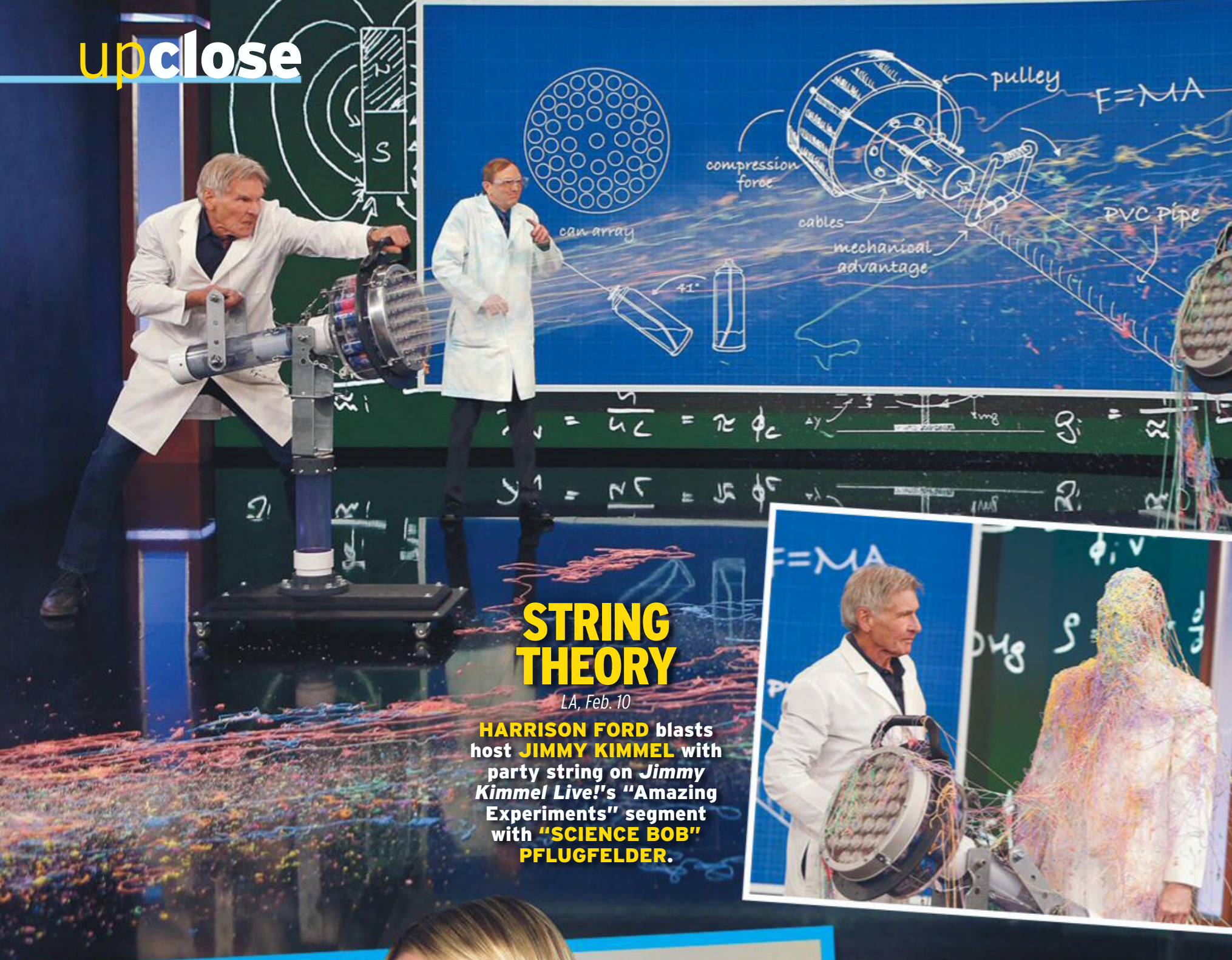


^{*}As demonstrated in a study conducted by Lowery et al at the Applied Science and Performance Institute in a blinded cross-over human clinical evaluating blood levels of branched chain amino acids in subjects after consuming standard WPI vs io™ treated WPI.

[^]As demonstrated in an 8-week, blinded human clinical trial evaluating psychometric measures of impact on stomach distress in subjects after consuming 28 grams of standard WPI vs 28 grams of ioProtein® WPI. Subjects ingesting ioProtein® reported a 46% reduction in stomach discomfort.



Available At Select Stores



STRING THEORY

LA, Feb. 10

HARRISON FORD blasts host **JIMMY KIMMEL** with party string on *Jimmy Kimmel Live!*'s "Amazing Experiments" segment with "**SCIENCE BOB**" **PFLUGFELDER**.

TAKES THE CAKE

LA, Feb. 13

HAILEY BALDWIN celebrates 25 years of clean beauty with bareMinerals.





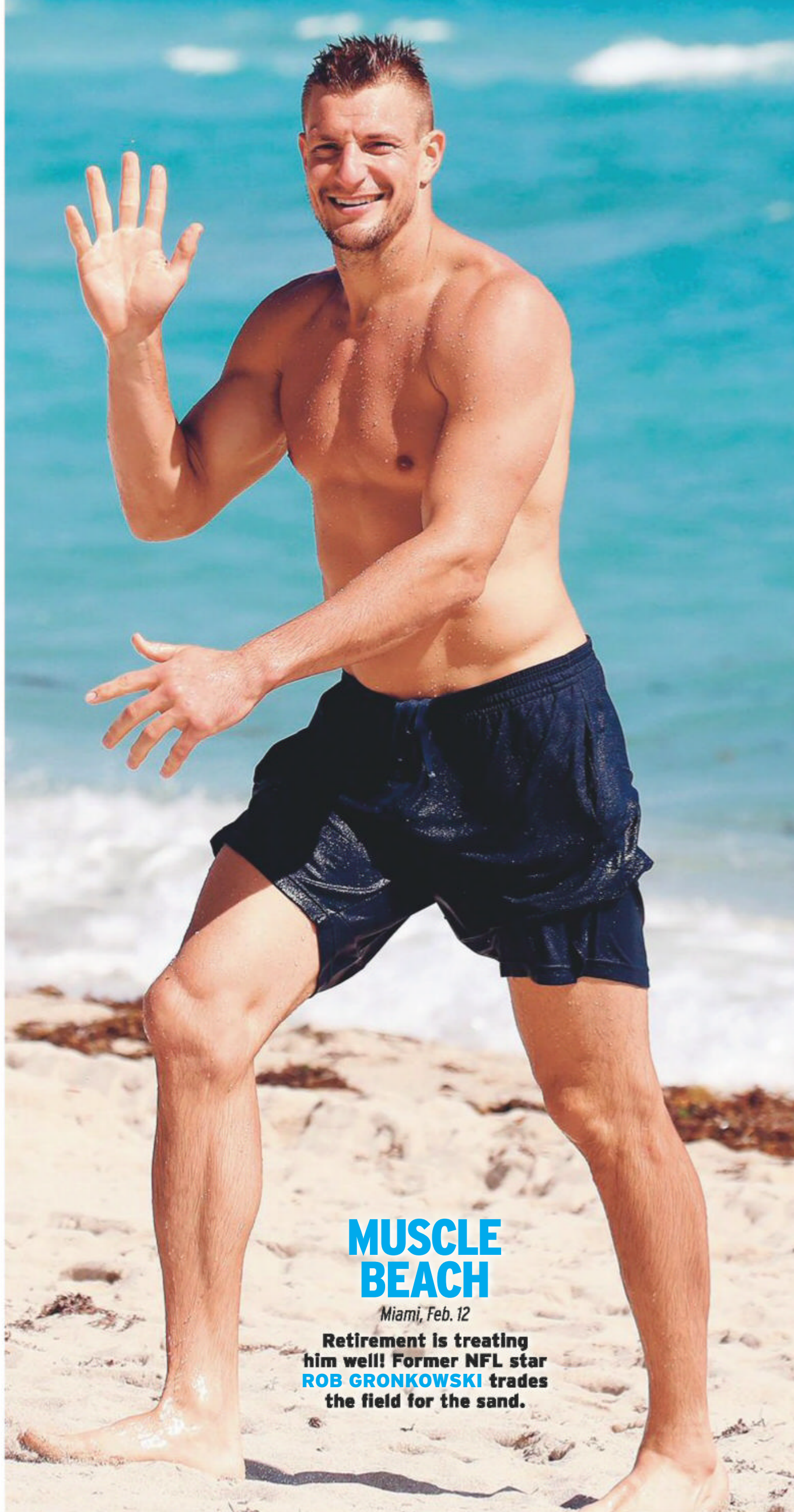
2NDSTAGE

BOWLED OVER

NYC, Feb. 10

TONY GOLDWYN

almost causes a Scandal with his unorthodox approach to bowling at the Second Stage Theater's All-Star Bowling Classic fundraiser at Lucky Strike.



MUSCLE BEACH

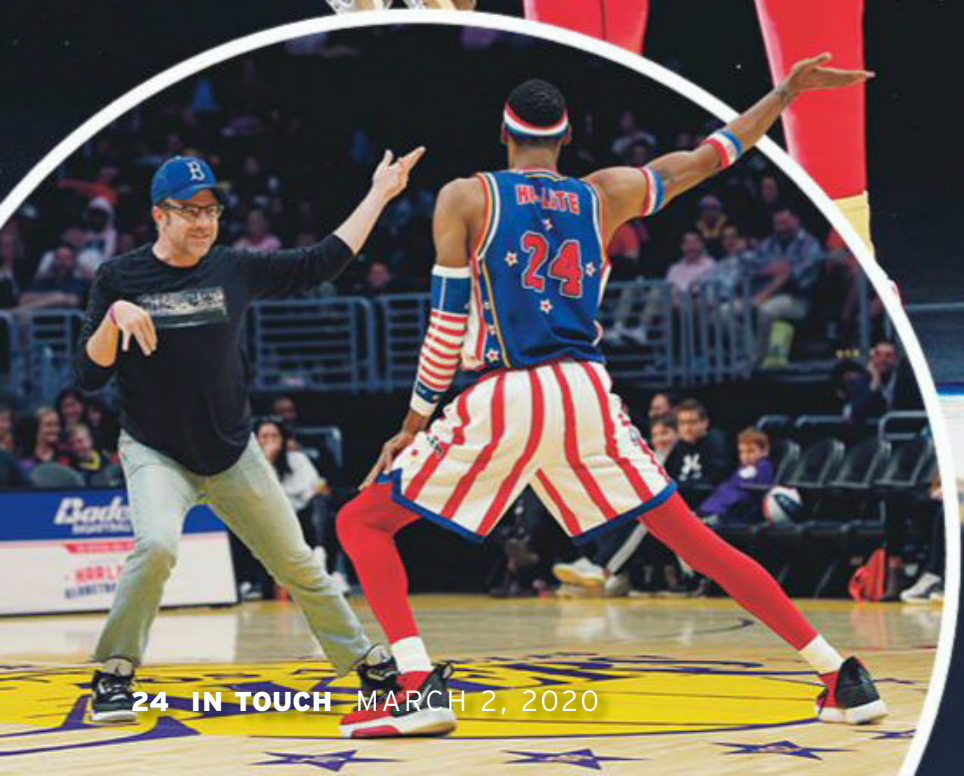
Miami, Feb. 12

Retirement is treating him well! Former NFL star **ROB GRONKOWSKI** trades the field for the sand.

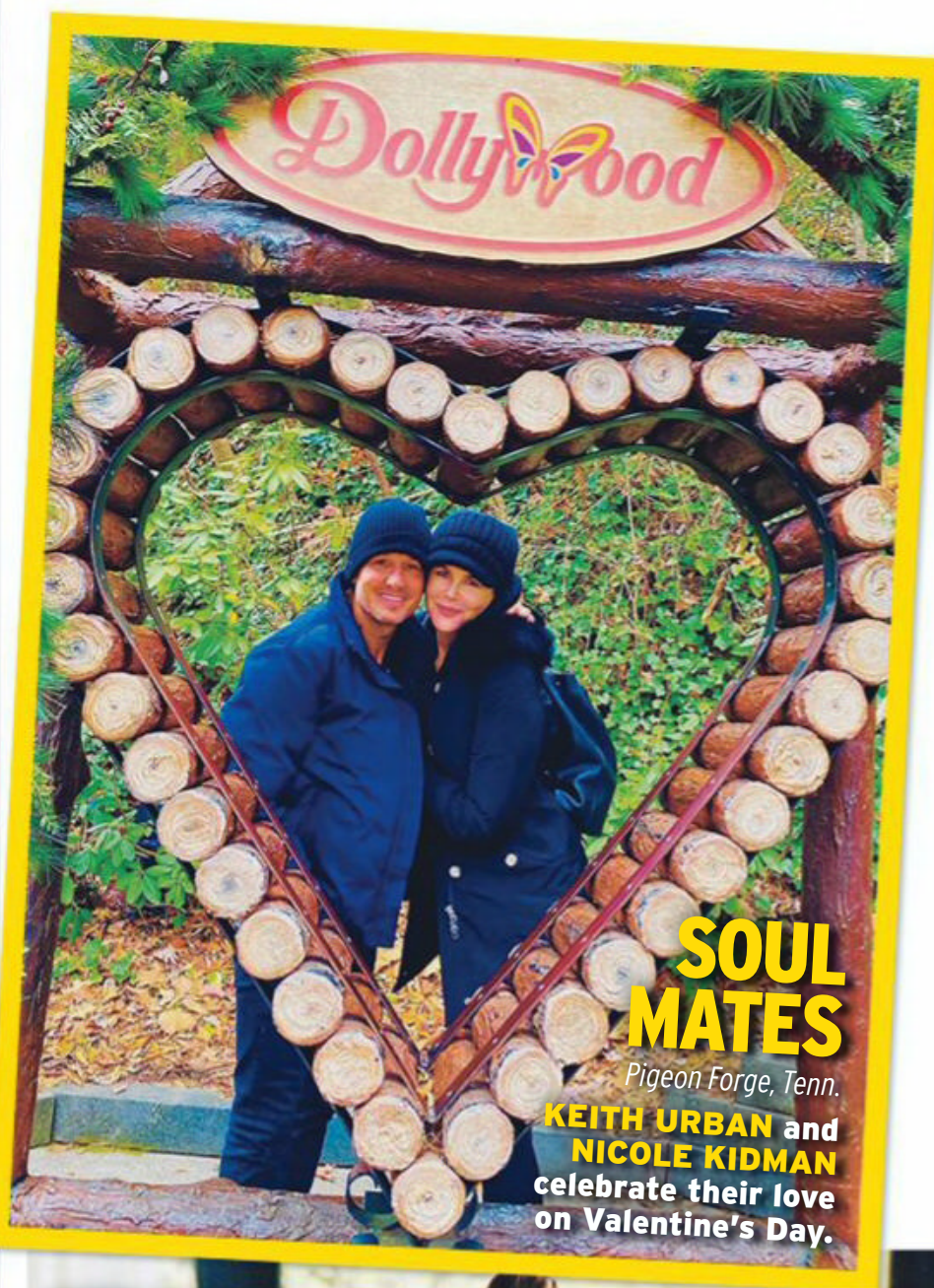
COURT JESTER

LA, Feb. 16

JASON SUDEIKIS gets a *Titanic*-style lift from the Harlem Globetrotters' **DRAGON TAYLOR** at Staples Center.



24 IN TOUCH MARCH 2, 2020



SOUL MATES

Pigeon Forge, Tenn.

KEITH URBAN and **NICOLE KIDMAN** celebrate their love on Valentine's Day.

KILLER CURVES

Feb. 16

"Relaxed and recharged," says **JENNIFER LOPEZ**, showing off her buff bikini body.



Ease Occasional Anxiety

Sure, you're busy — but try these easy ways to sneak some inner peace into your overscheduled life.



MEDITATE

Meditation is simple, as there's no equipment needed. That doesn't mean you'll find it easy to sit quietly and stop your brain chatter. It takes grit, determination and discipline.

BREATHE RIGHT

Have you ever wondered why people tell you to "take a deep breath" when you're feeling anxious? The simple act of controlled breathing can help you find peace and relax.

Golden Thread Breath:

- Step 1:** Relax your face and jaw. Make sure your lips and teeth are slightly apart.
- Step 2:** Take one deep breath in through your nose, giving your body energy and oxygen.
- Step 3:** Exhale slowly through your mouth. Imagine you are breathing out the pain. Repeat as needed.

WELLNESS THROUGH BOTANICALS

CBD is being studied for its potential benefits on occasional sleeplessness and anxiety, its use for recovery from exercise-induced aches and pains, healthy skin, and more.

Forest Remedies Full Spectrum Hemp Extract gives you the benefits of hemp-derived cannabinoids and terpenes in a great-tasting liquid tincture format.

Available in Mint, Cinnamon, or Natural, the product is vegan-friendly and made with American-grown hemp. All you need to do is toss it in your bag and go.



**PACK
AND GO!**

Forest Remedies Full Spectrum Hemp Extract — in Mint, Cinnamon and Natural.

**IN IT
TOGETHER**

"When issues arise, they face things head-on, together, and that's why they're such a solid unit," a source says of Chip and Joanna.

CHIP &
JOANNA

The Truth ABOUT THEIR FAMILY

THE **GAINESSES** ARE THE FIRST TO ADMIT THEY'RE FAR FROM PERFECT – BUT ARE THEY STILL HIDING SOME SKELETONS IN THEIR WELL-ORGANIZED WALK-IN CLOSET?

GENERATIONS

"Family is the most important thing in the world," says Joanna, with (clockwise from right) her parents, Jerry and Nan, kids Ella, Emmie, Duke and Drake, Chip's parents, Bob and Gayle, and Chip.

Anyone who's ever watched an episode of *Fixer Upper* or peeked at Joanna Gaines' Instagram page knows what to expect from the wholesome Waco, Texas, couple: lots of gorgeous design tips, inspirational quotes ("Where you are today matters for who you'll be tomorrow") and behind-the-scenes moments at home, including sweet photos of their five kids. "They're an open book,"

a source close to the family tells *In Touch*. "What you see is what you get."

Not quite. "Even though Chip and Joanna have tried to portray themselves as honestly as they can," says an insider, "they haven't revealed *everything*." The seemingly picture-perfect pair have their share of skeletons in the closet – just like virtually every other American family – and are very careful not to flaunt their wealth. And while Chip, 45, and Joanna, 41, have been forthcoming in their various books and interviews about their imperfections – like the time Chip impetuously took off to Mexico in 2001 to run his fledgling businesses and almost lost Joanna forever – "some of their more embarrassing stories," says the insider, "have been kept quiet."

SIBLING RIVALRY

For example, Chip's sister, Shannon Braun, has written some controversial comments on Twitter, like calling global warming "a sham." Some comments may even be deemed racially charged, which has led to discord between her and Chip, says the insider. Shannon has branded former President Barack Obama a "socialist" and complained about a popular ABC comedy. "Show on





**WACO OUT,
INDIANA IN?**



SO LONG, SILOS?

Chip and Joanna have become synonymous with Waco, Texas, but they could be on the move – they recently eyed Amish Acres in Nappanee, Ind. The property, which includes the historic Round Barn Theatre (above), was being auctioned off by Schrader Realty and Auction of Columbia City on Feb. 5. “They were interested in the log cabins [on the property],” Roger Diehm of Schrader confirms to *In Touch*. In the end, Amish Acres was purchased by someone else.

“
**CHIP AND
JOANNA
REVEAL A
LOT BUT
ALSO HOLD
BACK A LOT**”

– AN INSIDER

TV can [be] called ‘Black-ish.’ Wonder if I could make a show and call it ‘White-ish,’” she once wrote on the social media platform.

On Joanna’s side, her father, Jerry Stevens, was “heavy into drugs” in the ’70s, his sister Mary Jean Moman reveals. “The whole family felt betrayed,” says the insider. While Joanna has admitted her dad “experimented” with drugs, Mary Jean goes a step further and says Jerry’s drug problem was “out of control. He was a lost soul.” The drug abuse and lies finally ended, Mary Jean adds, “when he and his wife found God.”

And according to Detective Joseph Scaramucci of the McLennan County Sheriff’s Office, Jerry was investigated when two Waco massage parlors were busted for prostitution in 2017, because he was rumored to be a customer. (No charges were brought

against Jerry, says Scaramucci, because “he was not located in any of the video or anything affiliated with these businesses.”) Chip and Joanna, parents to Drake, 15, Ella, 13, Duke, 11, Emmie, 10, and 20-month-old Crew, “have some things in their past they’re not so proud of,” says the insider. “But at the end of the day, every family has a brother or cousin who does something the family wishes they hadn’t. Chip and Joanna also have a strong belief in God. No matter what they’re up against, they know their faith will get them through it.”

OWNING THEIR MISTAKES

They’ve never claimed to be perfect, too. “There are lots of stories of me leaving kids places I shouldn’t have left them. I’ve forgotten birthdays,” Chip has said. He has

also copped to making poor choices early on in his marriage to Joanna, like recklessly driving a four-wheeler “off a sheer cliff that dropped a good 20 feet to the ground. How the impact didn’t break my neck or kill me, I’m still not sure.” Chip also admitted to being tossed into jail once for racking up \$2,500 in unpaid tickets (the result of complaints from neighbors that he and Joanna let their dogs illegally roam the streets).

Chip and Joanna have even been honest about problems in their marriage, like money woes when they first wed and how the pressures of TV — the wildly popular *Fixer Upper* ran from 2013 to 2018 on HGTV — nearly came between them, leading the pair to step away from their show at the height of its popularity to put more of a focus on their family. (Joanna became pregnant with Crew shortly thereafter!) “They’re all for sharing certain struggles they’ve experienced — money problems or a bad business decision — in the hopes that maybe they can inspire their fans or help someone out there,” says the insider.

THE BOTTOM LINE

There’s one money matter they don’t like to discuss, however: their net worth. The insider estimates Chip and Joanna’s fortune at \$500 million, adding that it’s led to some tension between the couple. “They have so many deals in place, of course they fight over money sometimes. But they do it in the privacy of their own home. Plus, if they shout from the rooftops how much they’re worth, they know it’d hurt their brand, because they’d become less relatable to their fans.”

Less is more — that’s their approach, says the insider. “They both firmly agree that there is no use in airing their dirty laundry for the world to see. It’s not in their nature to discuss extremely personal matters.”

Especially as they prepare to launch their own channel — Magnolia Network — in October (see right). They don’t want to risk hurting their empire, which also includes the magazine *Magnolia Journal*, a bed-and-breakfast, a product line with Target, a real estate company, a sprawling marketplace, a restaurant and numerous books. “They’re very shrewd in that respect,” says the insider. “They reveal just enough so that they’re incredibly relatable, and that’s it.” ■



J. Lo’s Coming to MAGNOLIA NETWORK!

Chip and Joanna’s new baby, Magnolia Network, debuts on Oct. 4. Roughly a dozen shows are currently in production, including *Home on the Road* featuring Abner and Amanda Ramirez from the band Johnnyswim. But fans can also expect to see a very familiar face: Jennifer Lopez! When Chip and Joanna hung out with their new pal and her fiancé, Alex Rodriguez, in April (pictured), “I can tell you there were cameras present,” teases John Marsicano, a spokesman for Discovery and the Gaineses. “It’s yet to be determined how [the footage] will be used.”



LIVING A NIGHTMARE

"They're not bad parents," an insider says of Cindy and Rande. "They're shocked by their kids' behavior."

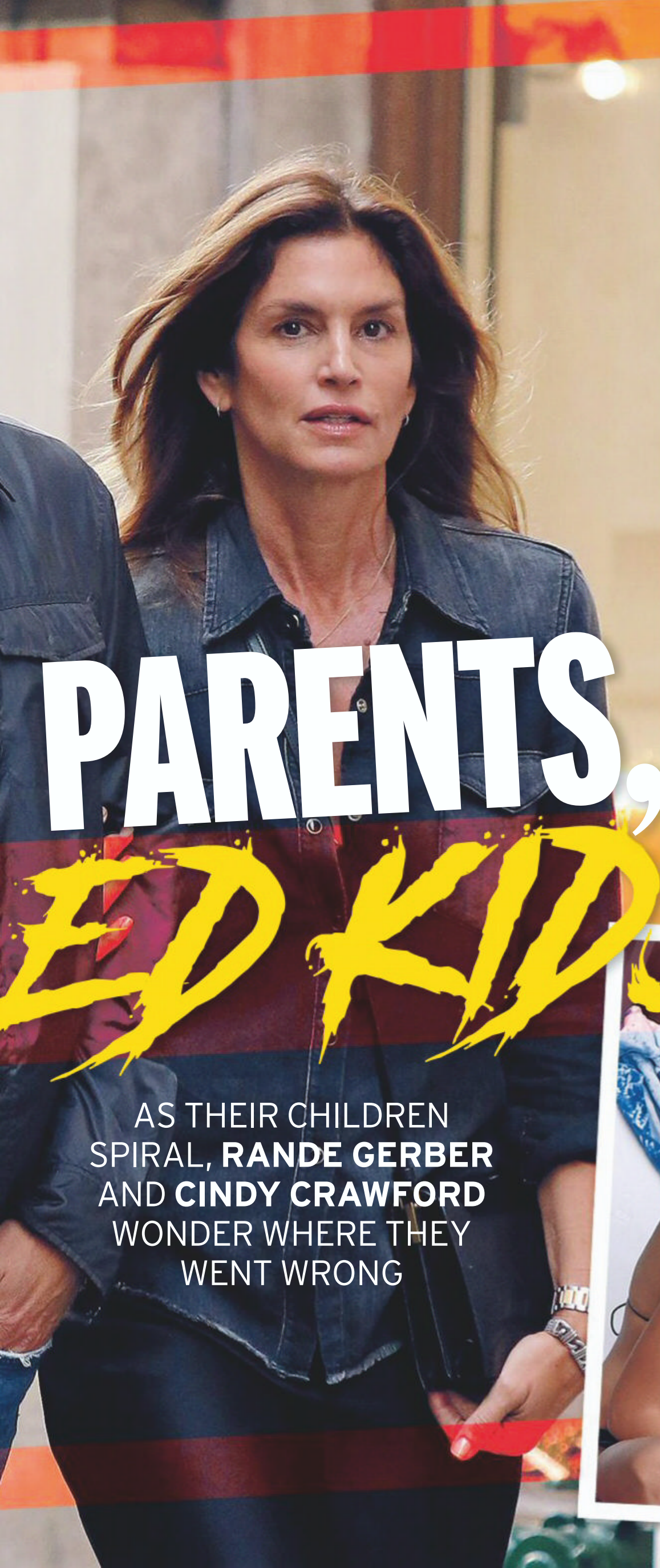
CINDY & RANDE 'PERFECT'

TROUBL

It seemed like a cry for help. On Feb. 7, Cindy Crawford and Rande Gerber's 20-year-old son, Presley, revealed that he got the word "misunderstood" tattooed on his right cheek, complaining on social media that no one gets him. When the inevitable backlash poured in, he lashed out in an Instagram video. "If anyone has s--- to say to me about this, or my family, or how I grew up...I will give you my address and you can come say it to my face," Presley ranted, while his girlfriend added, "His parents love it, by the way."

Not even close. "Cindy and Rande are freaking out," says an insider, noting that despite doing their best to raise Presley and his sister, Kaia, 18, to be well-adjusted, down-to-earth kids, "they feel as if they failed as parents." The pair are still reeling from Kaia's "obsession" with troubled *Saturday Night Live* star Pete Davidson, which sparked a dramatic family intervention in December. And now, Presley — who pleaded no contest and was sentenced to probation after he was arrested for a DUI in 2018 — "seems to be spiraling out of control," says the insider. "They can't believe their kids are acting out like this, and they're trying to figure out where they went wrong."

They took their job as parents seriously. They had a "curse jar" for Presley and Kaia to contribute cash to if they said a bad word,



PARENTS, ED KIDS

AS THEIR CHILDREN
SPIRAL, **RANDE GERBER**
AND **CINDY CRAWFORD**
WONDER WHERE THEY
WENT WRONG

helped with homework, organized play dates and baked cupcakes for school functions. The supermodel, 54, and Casamigos tequila brand co-founder, 57, “did everything for their kids — the best schools with the best sports programs and best extracurricular activities — and gave them all the love and support they needed,” says the insider. “But no family is perfect, even the ones who seem to have it all.”

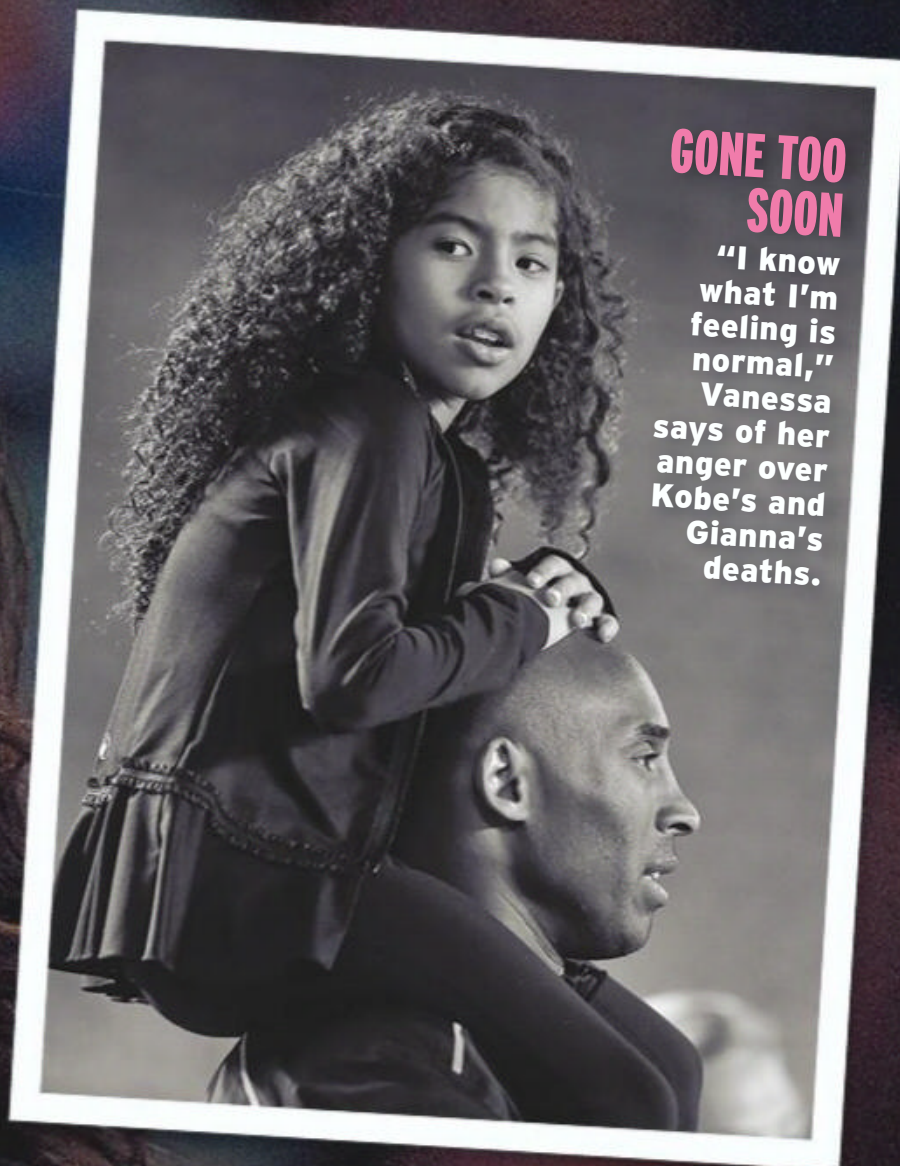
QUESTIONING EVERYTHING

And now, the stress is taking a toll on Cindy and Rande’s 21-year marriage. “They’ve been fighting and blaming each other for not being strict enough parents or attentive enough,” says the insider. “They’re even arguing about how to handle this mess.”

One thing they do agree on? Even though their kids are now adults, Cindy and Rande refuse to stand by as they ruin their lives. The pair strongly urged *SNL*’s Pete, 26, to go to rehab “and end things with Kaia first,” says another source, but they remain deeply concerned about their daughter’s future. “They’re still not sure if she’s really over him,” says the insider, adding that they’re also desperate to help their son,

whose “problems seem much worse than they thought. It’s been a nightmare, but Cindy and Rande will never give up on their kids.” ■





GONE TOO SOON

"I know what I'm feeling is normal," Vanessa says of her anger over Kobe's and Gianna's deaths.

KOBE'S WIFE:

'My Brain Refuses to Accept They're Both Gone'

VANESSA BRYANT SHARES HER AGONY OVER LOSING HER SOULMATE AND LITTLE ANGEL

The unimaginable happened. On Jan. 26, a helicopter carrying Vanessa Bryant's husband, NBA legend Kobe Bryant, 41, their 13-year-old daughter, Gianna, and seven others crashed, killing everyone on board. In the days that followed, Vanessa shared about her grief, writing on Instagram, "There aren't enough words to describe our pain right now."

Then came an even more heart-breaking post. On Feb. 11, four days after Kobe and Gianna were buried in a private funeral service in Corona del Mar, Calif., Vanessa, 37, shared, "My brain refuses to accept that both Kobe and Gigi are gone. I can't pro-

cess both at the same time. It's like I'm trying to process Kobe being gone but my body refuses to accept my Gigi will never come back to me." A source close to the family says a piece of Vanessa's heart is gone forever. "Gianna was her everything, and Vanessa and Kobe were so in love," says the source. "They were inseparable."

THE STRENGTH TO GO ON

Vanessa also expressed rage. "Why should I be able to wake up another day when my baby girl isn't being able to have that opportunity?!" she wrote. "She had so much life to live. Then I realize I need to be strong and be here for my three daughters. [I'm]

mad I'm not with Kobe and Gigi, but thankful I'm here with Natalia, Bianka and Capri. I just wanted to share in case there's anyone out there who's experienced a loss like this. God, I wish they were here and this nightmare would be over."

A public memorial service for Kobe, Gianna and the seven others who perished in the crash will be held at LA's Staples Center on Feb. 24. The date 2/24/20 is symbolic for Vanessa. Gianna wore No. 2 at Mamba Sports Academy, Kobe wore No. 24 and 20 is the number of years she and Kobe were together. "The memorial," says the source, "will be a very big event that will never be forgotten." ■

KISS THOSE Sugar Cravings GOODBYE!

Buyer Beware: Hidden Sugars Are Everywhere

Sugar is sneaky and can be hidden in the most unassuming (mainly processed) foods — from ketchup to granola. Make smart swaps by incorporating more real, whole foods into your diet, which will help you cut back on sugars and calories and increase your nutrient intake.



Prioritize Quality ZZZ's

Aim for a consistent 7-8 hours of sleep per night. Without quality sleep, feelings of exhaustion and grogginess can take over, affecting both your food choices and your motivation to work out. Power down those smart phones and save the scrolling for the A.M.

Amp Up the H₂O

The benefits of water are truly endless — it aids in digestion, contributes to glowing skin and helps to keep you satiated. If you find yourself randomly craving something sweet, you could just be thirsty. Be sure to carry a water bottle with you wherever you go, so you can easily combat the cravings when they strike.



Sweat It Out

Similar to water, the benefits of exercise are extensive. But contrary to popular belief, you don't have to be a natural athlete to reap the benefits. Any daily movement — walking, jogging, hiking, biking — will work. It's important to find what you like and make it a regular routine you can stick to.



With a client roster of some of the most popular celebrities today, Hollywood's go-to trainer, **Harley Pasternak**, is on a mission to help everyone look and feel their best. His number one piece of advice? Kick that addicting sugar habit to the curb ASAP. While it may seem easier said than done, Harley is dishing out his expert tips for ditching the sweet stuff.



“My sugar addiction was stronger than me. I knew I needed something to help me, and once I found it, I shared it with my clients, and then the world.” — *Harley Pasternak*

Ready, Set, Reset Those Habits!

Kick-start your low-sugar lifestyle with the Sweetkick 14-Day Reset. This program is designed to give you the knowledge and power to rebuild healthy habits. At the core of the program, Sugar Control Mints will help suppress the taste of sweetness from the sugary foods you crave, allowing you to break your sugar cycle and control your cravings. Combined with

the fiber-filled Body Balance Powders, you'll feel full and balanced, and have all-day energy. Finally, an easy-to-follow Food Guide will keep you going in the right direction, helping you make sound choices to give your body the proper nutrients to fuel your life. So long, sweet sugar!

\$46, available at
sweetkick.com



Selena
& Justin:

SHOCKING DO

Selena Gomez drops a bombshell about Justin

Selena:
Justin Abused Me

The song made her feelings pretty clear. When Selena Gomez dropped comeback track “Lose You to Love Me” in late 2019 after taking a two-year break to work on her mental health, its scathing lyrics about a toxic romance with a man who “got off on the hurtin’” left little doubt the No. 1 hit was about ex Justin Bieber, 25.

But her words barely scratched the surface. In recent days, Selena, 27, has made a shocking new claim — that Justin was more than just a bad boyfriend. “I do feel I was a victim to certain [emotional] abuse,” she confessed in a Jan. 26 interview of the pair’s on-off romance, which lasted from 2011 until early 2018. “It’s dangerous to stay in a victim mentality.”

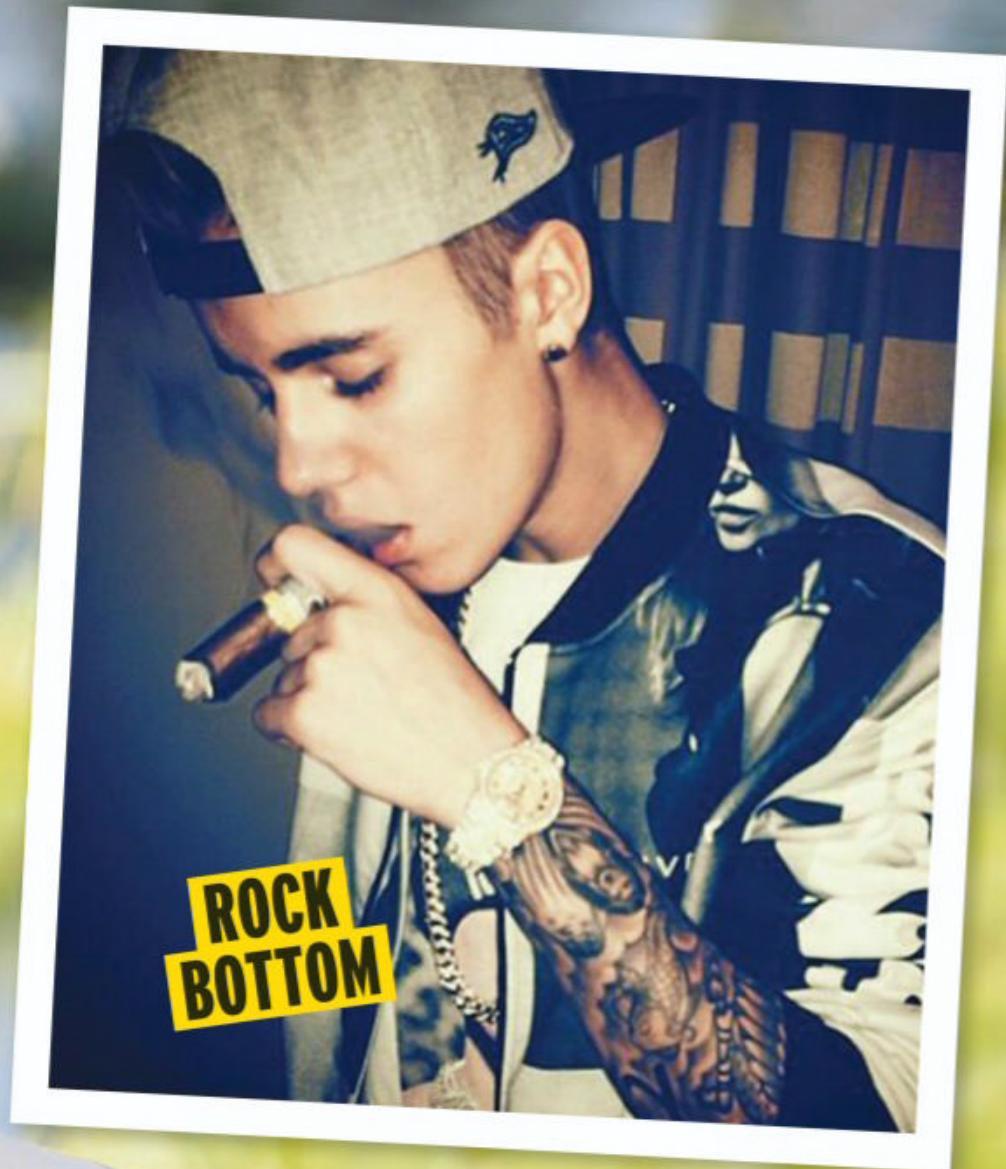
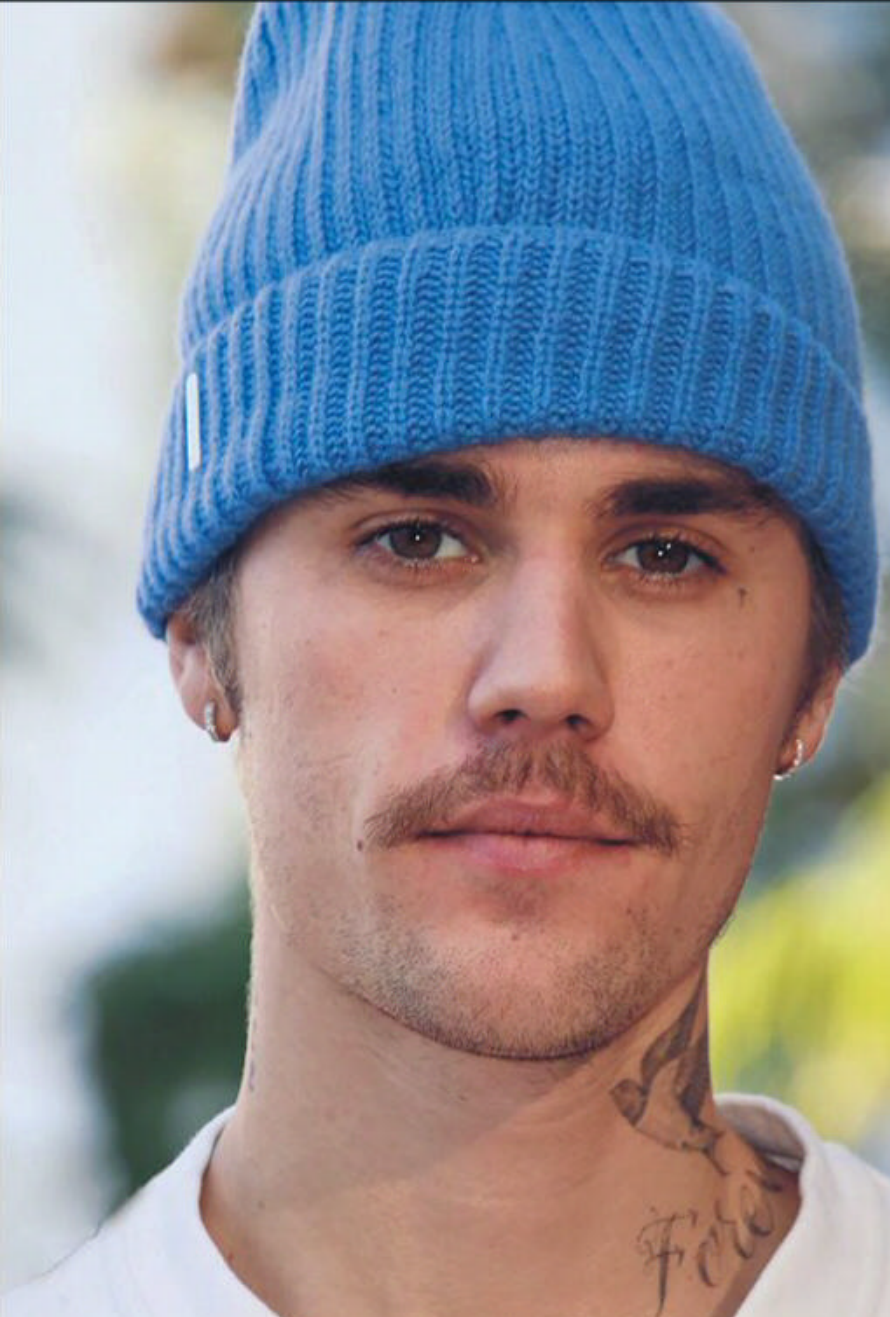
She’s worked hard on herself. “Therapy helped a lot,” a source says of Selena, who has also revealed that understanding her mental health issues and getting on the right medication also made a big difference. “It took a long time, but she’s finally, completely over Justin and feeling confident and well-balanced.”

And ready to move on to better things. “I’ve found a way to walk through [my troubles] with as much grace as possible,” Selena says. “I am really proud that I can say I feel the strongest I’ve ever felt.”



UBLE CONFESSION!

Bieber just as he admits his partying was out of control



Justin: I Almost Died From Drugs

The first time Justin Bieber tried drugs, he was “12 or 13,” he admits. He smoked marijuana and “started getting really dependent on it.”

And it only got worse as his career took off. On the Feb. 3 episode of his YouTube docuseries *Justin Bieber: Seasons*, the singer finally comes clean about how serious things really got. “There was a time where I was sipping lean,” Justin reveals, referring to a concoction of prescription cough syrup, soda and hard candy. “I was popping pills, I was doing molly [MDMA], ‘shrooms, everything. It was just an escape for me.” His behavior worsened and his reputation suffered as he descended

into addiction. During his most troubled period, from ages 19 to 21, Justin would go to bed with “so much crap in his system,” recalls his longtime manager, Scooter Braun, that he feared Justin “would not wake up the next morning.” That’s when he hit rock bottom. “My security... were coming into the room at night to check my pulse,” the “Intentions” singer confesses. “It was legit crazy scary. I felt like I was...dying.”

Now in recovery and happily married to model Hailey Baldwin, 23, since last year, Justin has turned his life around. “He’s a changed man,” says a source. “He never wants to go back to that dark place.”

WHO'S THE FITTEST JEN?

It's the battle of the terrifically toned babes – and only one gorgeous Jen can prevail!

SHE WINS!



JENNIFER LOPEZ, 50

DIET: It's all about keeping her energy up. Breakfast is a smoothie or oatmeal with berries, lunch is salmon with a broccoli and zucchini salad, and dinner is pork or chicken with quinoa.

SPLURGE: Chocolate chip cookies and ice cream!

FITNESS PHILOSOPHY:

"Working out is part of what makes me so happy," says Jen, who hits the gym for two intense hours every day.

JENNIFER GARNER, 47

DIET: The "Fab Four" plan, which calls for protein, fat, fiber and greens in every meal.

SPLURGE: Pizza. "I can't pass it up," she says.

FITNESS PHILOSOPHY:

She mixes strength training with cardio for core strength, but "I dieted for so long in the middle of doing *Alias* and being a superhero; there's something in me that can't do anything that extreme anymore."



JENNIFER ANISTON, 51

DIET: Intermittent fasting – eating for eight hours a day and fasting the remaining 16. She starts her day with a glass of celery juice followed by black coffee. Lunch and dinner, she says, "are some form of vegetables or salad with protein – pretty basic."

SPLURGE: Pasta carbonara.

FITNESS PHILOSOPHY:

"I eat really well and I work out. But I indulge when I want to."



SPONSORED CONTENT: PERFORMIX

YOU GLOW, GIRL!

Of course, a great body looks even better with luminous skin. PERFORMIX SST GLOW is a one-two punch capsule that not only promotes beautiful skin, but calorie burn as well. A win-win! (Available at CVS)



HOLLYWOOD'S WELLNESS WONDER: Blame It On The Juice!

Celebrities are ultimate trendsetters when it comes to fitness, health and overall well-being. Their latest obsession? Cherry juice. This unassuming superfood packs a delicious punch and a plethora of health benefits of which the stars can't get enough.

ENERGY EFFICIENT

Juices often get a bad rap for having a seemingly high sugar content. However, Montmorency and Bing cherries have the lowest glycemic levels of all fruits, helping the body sustain steady energy throughout daily activities, both in and out of the gym, so you can power through anything.



A NO-BRAINER

An unexpected yet important benefit of tart cherry juice is brain health. Research has found that regular consumption can improve cognitive abilities, like improved memory and decision making, and a quicker processing rate. After all, your mental health is just as important as your physical well-being.

AMPLE ANTIOXIDANTS

The combination of Bing and Montmorency cherries blends to the highest antioxidant rating of all beverages, producing powerful anti-inflammatory properties. This makes cherry juice a great post workout drink.



**HOLLYWOOD'S
JUICIEST HEALTH
SECRET!**

CHERRISH YOUR HEALTH

Not all cherry juice is created equal. For the most complete health juice in the marketplace, CHERRISH has developed a 100% Montmorency Tart and Sweet Bing cherry juice. Loaded with key nutrients like vitamin A and manganese, CHERRISH is all natural with no sugar added, non-GMO and gluten free. Available in three delicious flavors — Original Cherry, Cherry Blueberry, and Cherry Pomegranate.



Available at www.cherrish.net and at Amazon.com

NEW FEARS FOR 'MESSY' BRITNEY!

Looking disheveled and hobbling along in a foot brace, Britney Spears slowly made it to her car while running errands in LA on Feb. 12. "She seemed slightly out of it and tired as she got into her car," an eyewitness tells *In Touch*. "She seemed to be in pain. She wasn't her usual, bubbly self and hadn't made much of an effort with her outfit, hair or makeup. She was a mess. It was sad to see." But is more than a bad foot plaguing the singer, who suffers from bipolar disorder and had a very public mental breakdown in 2007? Two days earlier, actress Taryn Manning, 41, took to Instagram to express in a since-deleted post her concern for her *Crossroads* co-star, 38. "Too many times we let one go astray," Taryn wrote, adding, "I want her to be happy." But Britney is in crisis and dealing with a lot these days, a source tells *In Touch*. "Her father's illness is a huge concern. She stresses about her relationship with Sam [Asghari, 25]." Because of the injury, says a second source, "she also seems to have gained 20 pounds in just a few weeks." When Britney's good, all is well in the Spears world, says the first source, "but if she's struggling or worried about something, things can change on a dime."



GUESS WHO?!

Holy crap! This famous baby mama – she has two children from different daddies – has an unusual phobia: She's afraid of changing diapers. But she's not grossed out by poop – she has this bizarre fear that she may find something else in there when she opens the diaper!



FRIENDS BEG ADELE: DON'T LOSE MORE WEIGHT

And the award for Most Shocking Transformation goes to... Adele! At an Oscars afterparty on Feb. 9, the singer, 31, showed off her dramatic weight loss. But friends fear she's a few pounds away from going too far. "She looked great at first, but now she's borderline too skinny," says one pal. "Adele loves her new body and how it makes her feel, so people are careful what to say around her. She's excited about trying on clothes and hitting up designers with her new measurements. But she lost about 125 pounds in such a short amount of time, and her friends just want her to be healthy."

BODY SHOCKERS!

MEANWHILE, TYRA GAINS 25 LBS. – AND IS FINE WITH IT!

America's Next Top Plus-Size Model? Tyra Banks, who dropped nearly 30 pounds ahead of her 2019 *Sports Illustrated* Swimsuit cover, has put on 25 pounds in recent months, according to sources. But she's not beating herself up. "She loves her curves," says a source. "It's all about how you feel inside, and she wants to impart that attitude to all girls, boys, women, everyone. She wants the world to embrace their inner super-model." Tyra 46, famously clapped back at her body-shamers in 2007 when, after gaining weight, she told them on her talk show to "Kiss my fat ass!" Says the source, "Tyra will never apologize for the way her body looks. She's happy at any weight, and that's all that matters."



Star Sightings



RACHEL BILSON previewed the Clutter Couture bag created by Christian Siriano with Ziploc Brand Accessory Bags in LA.

BEBE REXHA performed for Elite World

Group's e1972 luxury brand launch at NYFW.

JUSTIN BIEBER took over the DJ booth at STK Midtown after his performance on SNL in NYC.



ALLY BROOKE checked out the PepsiCo Recycling Roadster hybrid vehicle in Miami.

DAK PRESCOTT enjoyed Aquafina in an aluminum can at a Super Bowl LIV party in Miami.

The Sculpt Society creator **MEGAN ROUP** celebrated the launch of a new in-room workout created for EVEN Hotels in NYC.





Sophie & Joe's

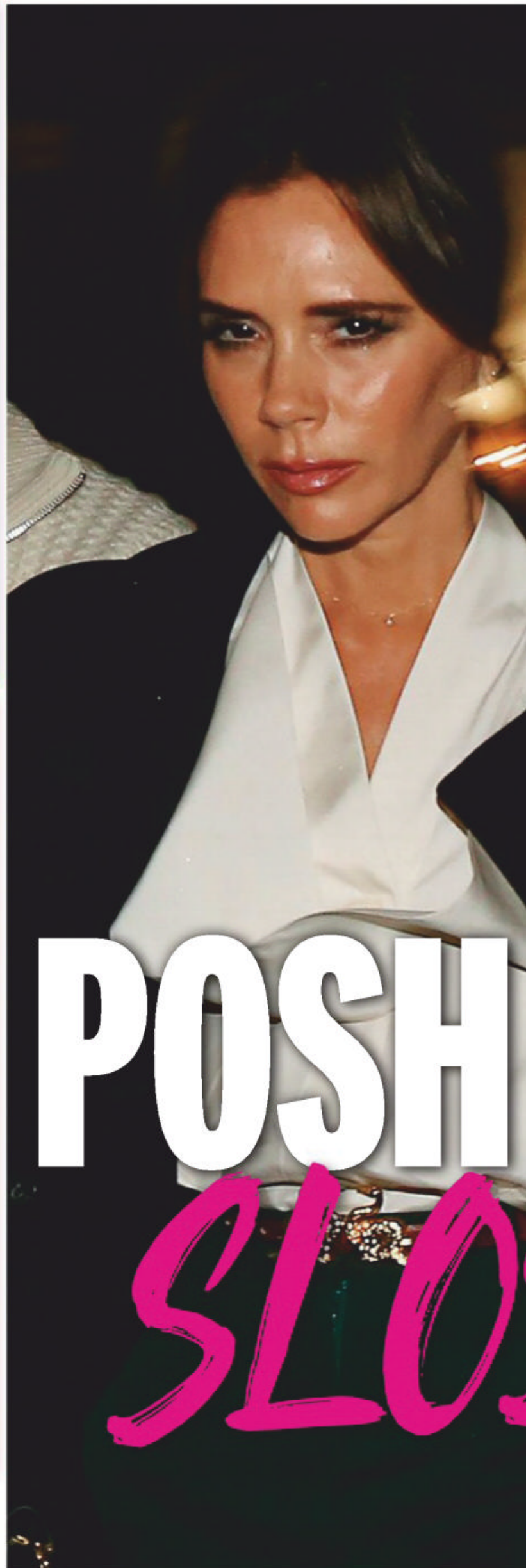
Baby Announcement!

Sophie Turner and Joe Jonas, who tied the knot twice in 2019, are expecting their first child later this year. "They've been talking about wanting to start a family since they got married," says a source. "They're ecstatic." The Jonas Brothers singer, 30, and the *Game of Thrones* actress, 24, have plenty of room for a nursery, too – they recently purchased a \$14.1 million mansion in LA. "The place has 10 bedrooms," adds the source, "so maybe they plan on having a ton of kids!"



JEREMY'S OFF THE MARKET

Jeremy Renner, who's locked in a bitter custody battle with ex-wife Sonni Pacheco, has a new girlfriend: Eiza González. The 49-year-old *Avengers: Endgame* actor and 30-year-old *Hobbs & Shaw* actress were first spotted together at Super Bowl LIV in Miami on Feb. 2, then they left the *Vanity Fair* Oscar afterparty together a week later. "They're into each other and *this close* to becoming Instagram official," a source tells *In Touch*. Eiza dated Liam Hemsworth after he ended his first engagement with Miley Cyrus in 2013; she was linked to Calvin Harris in 2016; and she and Josh Duhamel were an item in 2018 after his divorce from Fergie. "Eiza is funny, smart, sexy and easygoing," says the source. "No wonder guys are drawn to her."



POSH SLO.

WE PAY FOR CELEBRITY TIPS!

Email or text to tips@intouchweekly.com

While Becks is away, Posh will play! Former Spice Girl Victoria Beckham was knocking them back at British *Vogue*'s BAFTA afterparty in London on Feb. 2. "David was in Miami to launch his new soccer team [Inter Miami], so she had no one to keep her in check," a source tells *In Touch*. "She also didn't love the idea that he left her and she was all alone." Friends reportedly tried to whisk her out through the back entrance, but Victoria, 45, insisted on leaving through the front door, where the paparazzi snapped away as she stumbled to her waiting car and slumped into the backseat. This isn't the first time Victoria got sloppy in public. In 2015, she was famously photographed with a wet patch on the crotch of her pants as she and David, 44, left a London soiree. ("I had a lot of fun at that party," she said afterward. "The hangover wasn't great, but I hadn't had as much to drink as it possibly looked.") Victoria's drinking has become an issue in her marriage, claims the source: "David doesn't like hanging around anyone who's a messy drunk, so you can just imagine how he gets when that somebody is his own wife."

**GETS
SHED**



**America's #1
Keto Coffee**



Rapid Fire products are a nutritious way to support a keto, paleo or intermittent fasting diet. Our organic Ketogenic Coffee is crafted with coconut oil, MCTs, grass fed butter and Himalayan salt to create a delicious and satisfying beverage. Also try Rapid Fire Creamers, they are loaded with healthy fats to boost your coffee or shakes!

- Helps Control Hunger*
- Boosts Metabolism*
- Supercharges Energy*
- Promotes Performance Levels*



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Hot Stuff!

INTOUCH WITH WHAT'S ON FIRE THIS WEEK

CAN'T-MISS DESTINATION

Winter can be harsh on skin, so get that glowing look back just in time for spring with some pampering.

LaserAway, which has dozens of locations nationwide, is a one-stop shop for all things beauty. Services include laser hair removal, Clear + Brilliant facials, skin-tightening Thermage, Botox and even tattoo removal. Bonus: You can leave feeling lighter, too! LaserAway also offers CoolSculpting, a gentler, nonsurgical alternative to liposuction designed to kill fat cells on those stubborn areas. And it all happens in less than 60 minutes! (laseraway.com)



KIND OF COOL!

Enjoy sweet treats without the guilt of indulging! **KIND BARK** is a premium chocolate snack made primarily of nutrient-dense whole nuts (like almonds and peanuts) and rich cacao dark chocolate. With three delicious dark chocolate flavors – almond and sea salt, almond and salted caramel and roasted peanuts – you will feel like you're being kind to your body. (\$3.58-\$4.99, kindsnacks.com and at Kroger, Walmart, Whole Foods and other retailers nationwide)



TRUTH BE TOLD

Charcoal isn't just for the BBQ anymore! **Simple Truth's Charcoal Cleanser** – which contains activated charcoal with no harmful additives – nourishes the skin and acts like a magnet, pulling bacteria and impurities from pores. The detoxifying and revitalizing cleanser is suitable for all skin types – and men will love it just as much as women! Available exclusively at The Kroger Co. Family of Stores.



SMOOTH FINISH

Love coffee but hate acid reflux? Add just one scoop of **Alkamind Acid-Kicking Coffee Alkalizer** to your morning cup of joe to neutralize the acids that drain your body of the minerals it needs for peak mental and physical performance. Mix it up day to day, too, with a variety of flavors like vanilla, salted caramel and mocha. (\$44.95, getoffyouracid.com)



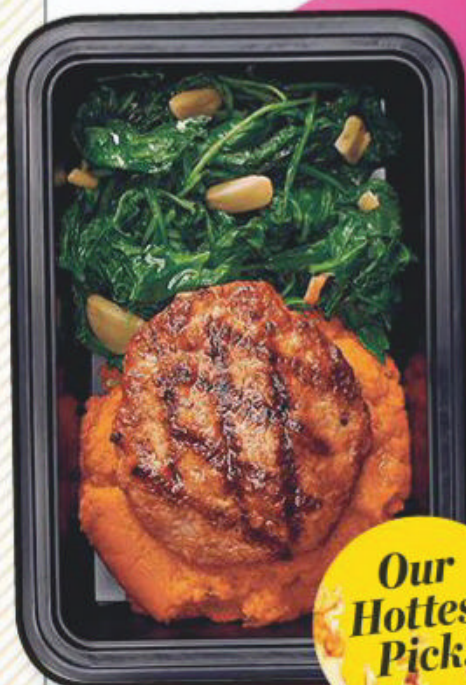
CRISP & FRESH

Légende R wines – created by one of the most esteemed vineyards in the world, **Domaine Barons de Rothschild (Lafite)** – will make any dinner party extra elegant. The collection boasts four reds and the **Bordeaux Blanc** (pictured), which is made from Sauvignon Blanc and Sémillon and explodes with freshness on the palate. Another big plus? It won't break the bank. (\$17.99, lafite.com)

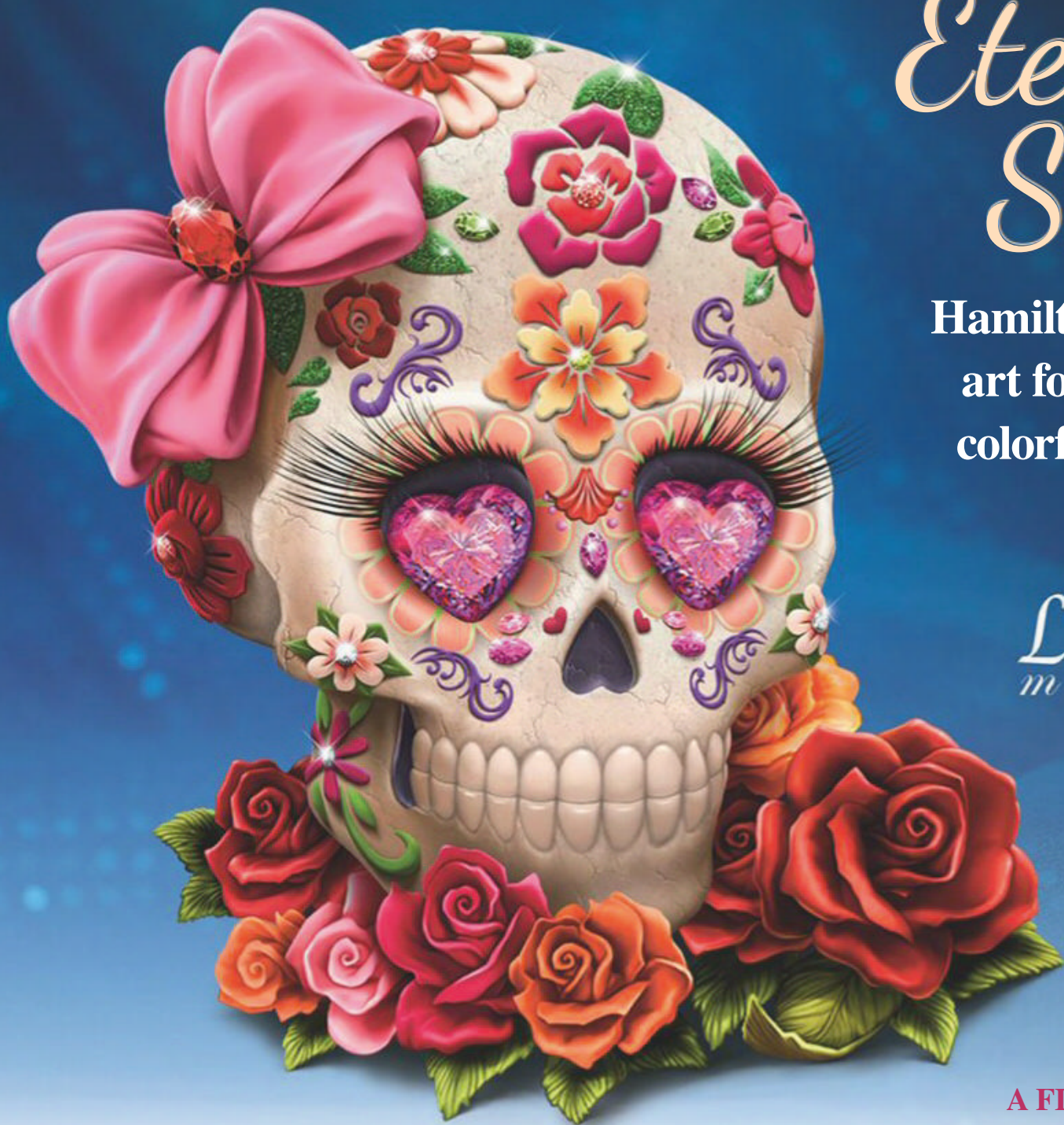


EASY EATS

Prepping healthy meals at home is not as easy as it seems. **Eat Clean Bro** is a convenient food service designed to bring chef-prepared meals right to your front door. Each fresh meal is made with natural ingredients and steers clear of chemicals and preservatives. There are meal options for all types of diets, with delicious selections like the Clean Burger (pictured) – a turkey burger served with mashed sweet potatoes and spinach. (\$8.50-\$12.99 per meal, eatcleanbro.com)



Our
Hottest
Pick!



Eternally Sweet

Hamilton unveils a new art form inspired by colorful sugar skulls.

Le Van
margaret

Shown approximate size of 4½" high

A FIRST-EVER figurine from Margaret Le Van dazzles with faux gems and fabric eyelashes!

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A year ago, Jonathan Van Ness opened up to his social media followers about a painful breakup he'd experienced, assuring everyone that being single could be pretty darn fabulous. "I was jolted out of a relationship so quickly in the midst of a family tragedy, I almost came undone," wrote the star of the hit Netflix makeover series *Queer Eye*. The 32-year-old had split from pro rugby player Wilco Froneman in December 2018 after a few months of dating. "We're taught so much to find value outside of ourselves. News flash, you're whole." This year, the grooming guru and author of *Over the Top: A Raw Journey to Self-Love* says he's got too much going on to be thinking about the "L" word or getting serious with anyone. "I have four cats, so that's keeping me really busy!" he says with a laugh. Here, Jonathan, who recently teamed up with Pop-Tarts to unveil its new pretzel snack, talks to In Touch's Diana Cooper about using his fame for good, the one piece of advice he'd give his younger self and his dream celebrity makeover.

You're clearly very in demand these days!

JVN: I am working on a lot at the moment! We have the new season of *Queer Eye* coming out this year, and I'm about to go to Australia to finish up my Road to Beijing [stand-up comedy] tour, so yeah, lots of fun stuff.

Your book really resonated with readers.

JVN: I think it's really just about people being



On Getting Married & Starting a Family:

I HAVE FOUR CATS I'M GOOD FOR

THE BREAKOUT QUEER EYE STAR SAYS SETTLING DOWN IS THE FURTHEST THING FROM HIS MIND

able to feel like they have a story to identify with, and knowing that whatever they're going through, there's a path of healing.

Any plans for a second one?

JVN: No. That was a heavy lift.

What advice would you give to younger Jonathan?

JVN: Give yourself some compassion, queen!

Who are you the closest with on *Queer Eye*?

JVN: We all are really so close and get on so well together. I could never pick!

You're known for your big personality. Do you feel any pressure to always be "on"?

JVN: No, because I love my job. Making a Pop-Tart commercial, and getting to bring visibility of a nonbinary person to a Super Bowl commercial and all the people who've never seen themselves represented that way, that blows me away.

Who is someone you'd love to work with on *Queer Eye*?

JVN: Beyoncé and Jay-Z. Not because they need makeovers — I just really want to meet them! I want to meet Blue Ivy, and I want to meet the twins! I really just want to be around Beyoncé. [Laughs] ■

TS, NOW!



MAKING A DIFFERENCE
"You can reinvent yourself whenever you want," says Jonathan, with (from left) Bobby Berk, Karamo Brown, Antoni Porowski and Tan France on *Queer Eye*.



FELINE FAMILY

"They have so much love to give," he says of his fur babies.

On a Lighter Note...

Jonathan answers some burning questions!



WHO'S YOUR CELEBRITY CRUSH?

Claire Foy.

WHAT'S YOUR GUILTY PLEASURE?

Pop-Tarts and *Golden Girls*.



BIGGEST SPLURGE PURCHASE?

Shoes, shoes and shoes. I had a little issue. My mama had to have a little talk with me about that one.

GO-TO KARAOKE SONG?

Leona Lewis' "Bleeding Love."



FAVORITE FILMS?

Gia and *Paris Is Burning*.





◀ Fenty Beauty Snap Shadow Mix & Match Eyeshadow Palette in 8 Pastel Frost, \$25, fentybeauty.com



▲ Marc Jacobs O!Mega Eyeshadow, \$29 each, marcjacobsbeauty.com

Eye Spy Pretty Pastels!

Your makeup is about to get a spring awakening

While winter weather eye makeup trends tend to favor dark shades that complement the cold climate, the spring season is all about a lighter approach. Think lilac, blush, powder blues – in other words, watercolor hues that produce a soft wash on lids for a sweet finish.

Kosas 10-Second Eyeshadow in Waterfall, \$28, kosas.com

Kosas 10 Second Eyeshadow

▶ Chanel Les 4 Ombres Multi-Effect Quadra Eyeshadow in 356 Au Fil Des Fleurs, \$65, chanel.com



NYX Professional Makeup Prismatic Shadow in Blue Jeans, \$6, nyxcosmetics.com



▶ Pixi by Petra Liquid Fairy Lights in Pixi Green, \$15, target.com





◀ Mary Kay Cream Eye Color in Pale Blush (Matte), \$14, marykay.com



◀ ColourPop Hallucinogenius Jelly Much Shadow, \$8, colourpop.com

Gigi Hadid wowed on the Spring/Summer 2020 Marc Jacobs runway.



OMBRE HYPNÔSE STYLO

▲ Lancôme Paris Ombre Hypnôse Stylo Shadow Stick in 23 Rose Petal, \$27, lancome-usa.com

Sip Your Celery!

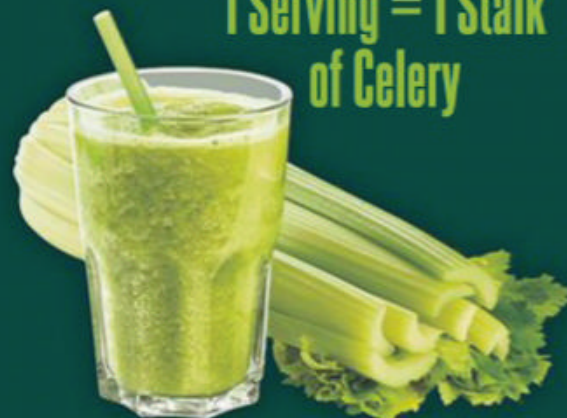


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Underneath It All

Must-haves for the perfect look (and smell!)



▼ Sweat and odor protection – for 48 hours!

Secret with Essential Oils Antiperspirant in Lavender + Eucalyptus, \$12, target.com



"If I put on [this] deodorant and nothing else – no perfume – I'm good," says *Riverdale* star Camila Mendes about the lavender scent of her go-to Secret deodorant.



Camila's fave!

▲ This side-slimming bra features contour cups that promise no bumps or lines for a smooth look!

Soma Vanishing Back wireless bra, \$54 each, soma.com

► A boy short for when you want a little support without wearing a shaper.

Spanx everyday shaping boyshort panties, \$22, spanx.com



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▲ Super handy when wearing an open-back dress or top.

Bristols 6 adhesive nippies skin covers, \$25, shopbop.com

◀ Whether at the gym or the office, this targeted-compression shirt will help relieve everyday aches and encourage healthy posture!

Tommie Copper Shoulder Centric Support Shirt, \$79.50, tommiecopper.com

◀▼ Base layers are essential to keeping you warm and dry during all your wintry outdoor adventures.

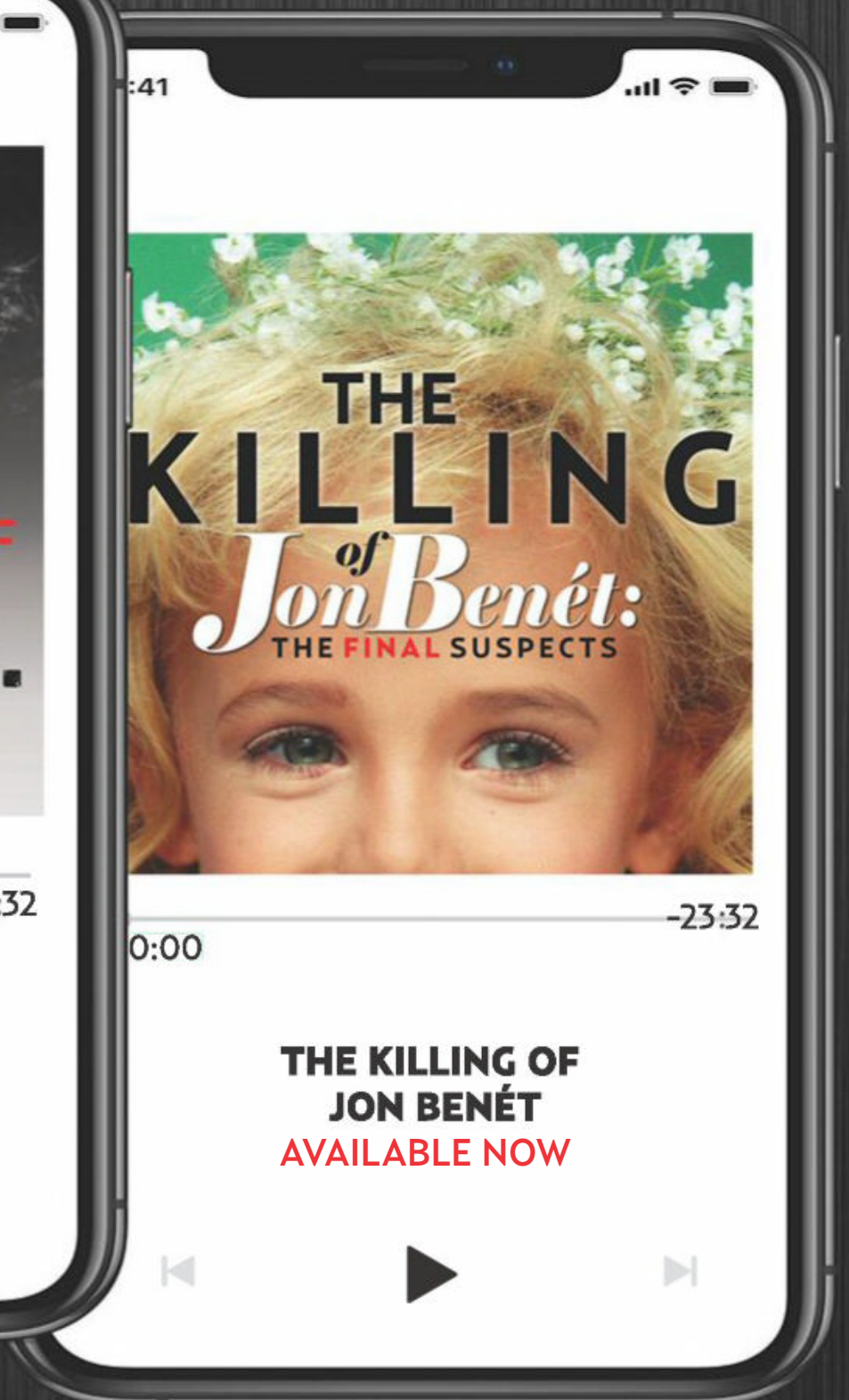
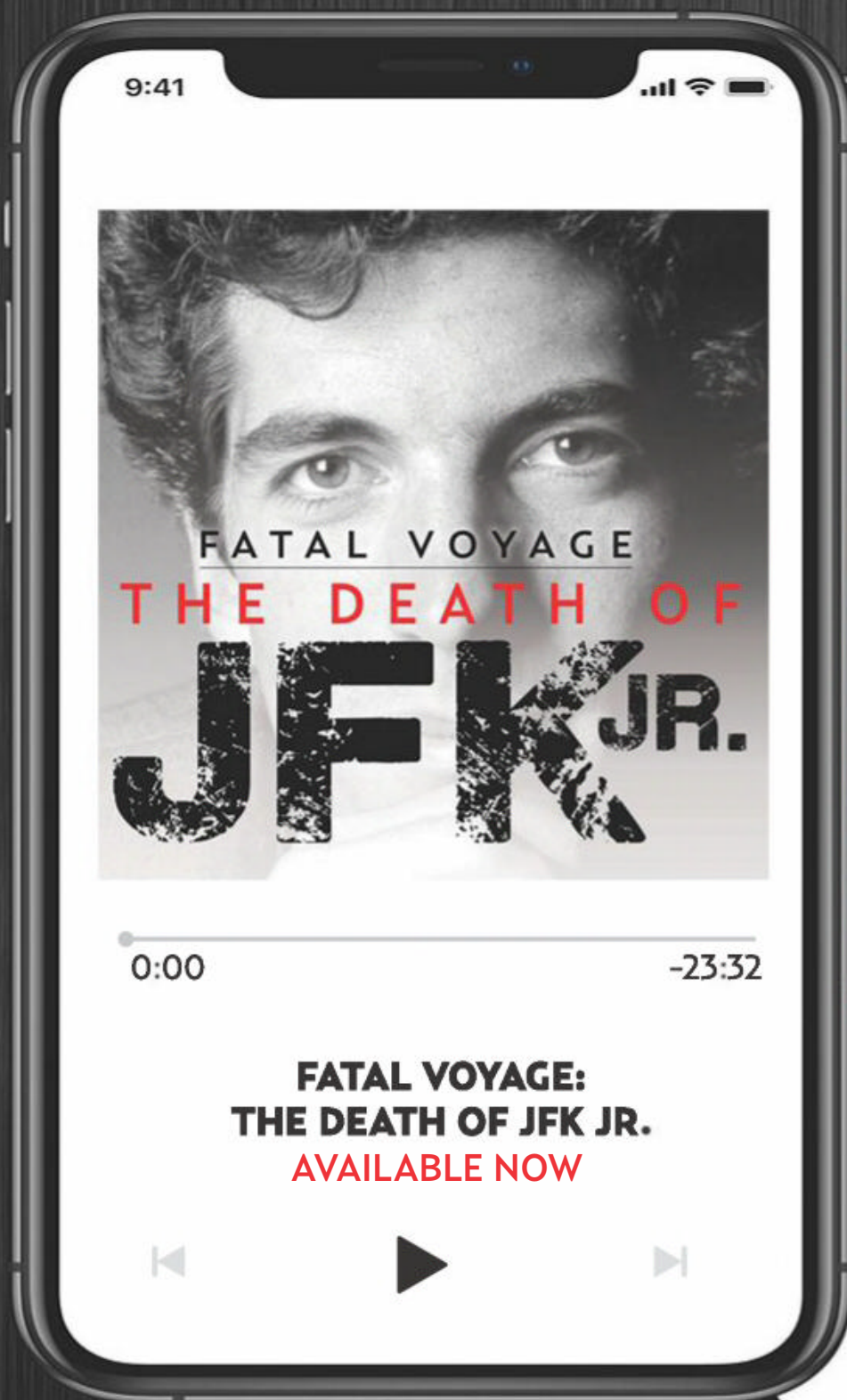
Burton women's midweight base layer long-neck shirt, \$55, and pant, \$45, burton.com



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Clothes
don't
lie!

I DUPED ZOOTOPIA

Miami, Feb. 2

Did **SHAKIRA** somehow keep Gazelle's costume from when she voiced the cartoon character in *Zootopia*?



Did I

I SLIPPED INTO A CHANEL BAG

LA, Feb. 9

In this flirty black-and-white Chanel frock, **PENÉLOPE CRUZ** channels the luxury brand's shopping bag.



Really Do That?



I RIPPED OFF RIBBON CANDY

LA, Feb. 9

KRISTEN WIIG's wacky Oscars red dress is quite the confection.



I BORROWED FROM BOSS HOGG

NYC, Feb. 5

DIPLO lifted from the *Dukes of Hazzard* villain in this white Western getup.

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HOG HEAVEN

The Cotton Branch Farm Sanctuary in Leesville, S.C., which provides a safe haven for abandoned, abused, neglected and elderly animals, is looking for volunteers – to cuddle the pigs! Human contact helps socialize the barnyard cuties so they can be adopted into loving homes.



This little piggy needs a hug!

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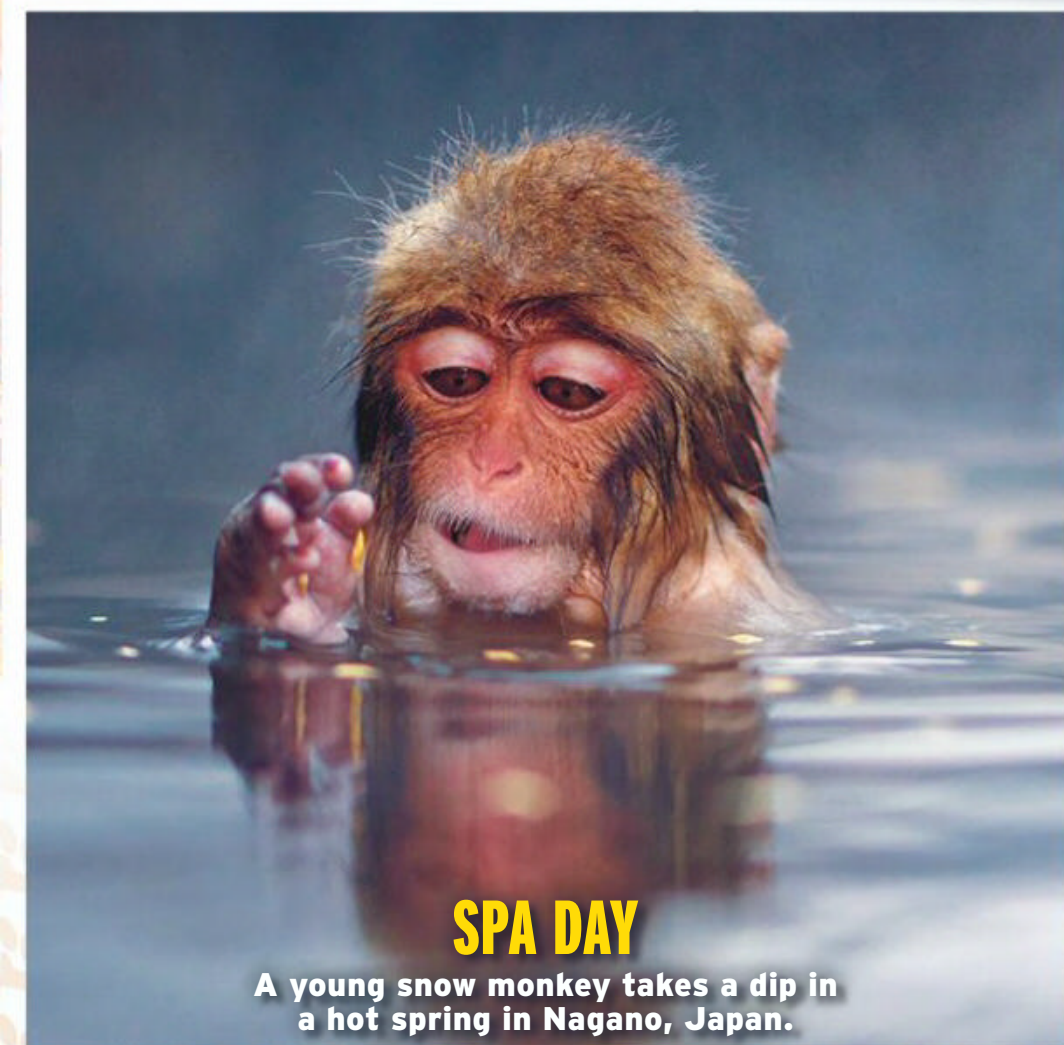
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DOG & DONKEY SHOW

A boxer dog makes a new friend in France's Pyrenees Mountains.



SPA DAY

A young snow monkey takes a dip in a hot spring in Nagano, Japan.

DOUBLE CREATURE

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Chip,
Mooresville, N.C.



SPONGEBOB'S SQUIDWARD!

Not only does her cat resemble the *SpongeBob SquarePants* sourpuss, "he has his personality, too," shares owner Stacey Toomey.

KEYED UP FOR KETO!

The popular diet gets a tune-up thanks to wellness expert **Naomi Whittel**



Check out *New York Times* best-selling author Naomi Whittel's *High Fiber Keto: A 22-Day Science-Based Plan to Fix Your Metabolism, Lose Weight & Balance Your Hormones* (\$26.99, out Feb. 25 at naomiwhittel.com) or text **KETO FIBER** to 44123* to find out more about SlimFast Keto.



Celebs swear by it, but wellness expert Naomi Whittel found a flaw in the keto diet when she gave the low-carb, healthy-fat eating plan a try two-and-a-half years ago. “My body wasn’t getting enough fiber-rich foods,” she says, pointing out that a diet lacking in fiber can have negative side effects, such as a weakened immune system and even storage of extra fat. So Naomi came up with a solution, which she details in her latest book, *High Fiber Keto*. “I plussed up keto by incorporating fiber and made it work better for my body,” she says, adding that the results — a boost in metabolism, better digestion, more balanced hormones and even less anxiety — “are amazing!”

Why is fiber so important for women who are following the keto diet?

[Not only is it] antiaging, but prebiotics are our microbiome’s favorite food — and prebiotics are oftentimes a fiber. If you can get more of it into your diet, you’re giving the little bugs that make up your microbiome

their favorite food, and then they perform for you.

What are your favorite fiber-packed recipes from the book?

I worked with nutritionists and dietitians [to create] delicious things like keto chili and chicken tenders. I also added cruciferous vegetables like Brussels sprouts, broccoli and cauliflower [to many recipes] because they reduce inflammation and wrinkles.

And if someone doesn’t cook?

SlimFast [has these] Fat Bombs and Meal Bars. One of their main active ingredients is inulin, which is a prebiotic. When I saw that, I got really excited!

Do SlimFast’s Keto products work well within the program you’ve created?

Yes, perfectly. They are easy, delicious and fun on-the-go snacks.

What’s a good tip for sticking to the keto diet?

I make sure I’m getting 75 percent of my calories from fat, and I don’t push it too hard. ■

HOLLYWOOD’S KETO FAN CLUB



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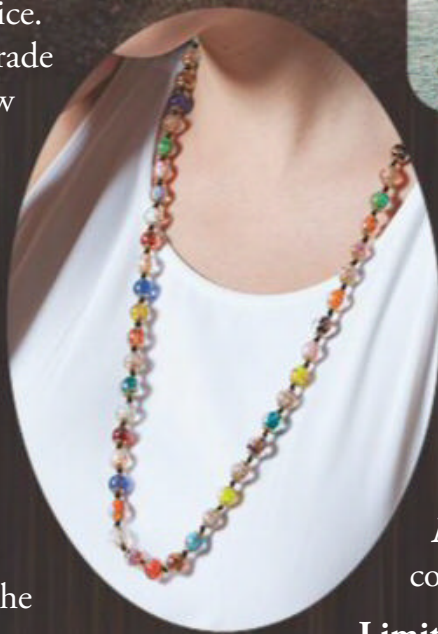
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— The New York Times



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BY MATT SULLIVAN

Sneak Preview

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GYM, TAN, PARTY!

There are so many reasons to party on Season 3 of rowdy reality show *Jersey Shore: Family Vacation* — not that the cast ever needs an excuse! There's a bachelorette bash for Angelina Pivarnick ahead of her nuptials with Chris Larangeira. ("I want Angelina to get white-girl wasted and just have a good time," says Nicole "Snooki" Polizzi.) There's

also a subsequent wedding reception for Angelina, where sloppy toasts from Snooki, Jenni "JWoww" Farley and Deena Nicole Cortese result in boos from fellow guests — and an angry bride! "The wedding — I've never seen one like that!" marvels Paul "DJ Pauly D" DelVecchio. The opposite of a wedding party also occurs when a divorce bash is thrown for JWoww

in honor of her split from Roger Mathews. But the most emotional celebration is the post-prison party for Mike "The Situation" Sorrentino when he returns after completing his eight-month sentence for tax evasion. "BDS [Big Daddy Sitch] is in the building!" says Mike. "There is no place I'd rather be." *Jersey Shore* fans will be inclined to agree!

THU. 2/27, 8 P.M., MTV



JWoww, Snooki, Deena, Angelina, Vinny, Pauly D and Ronnie will drink to that!



The 7-Day Television Forecast

SAT	SUN	MON	TUE	WED	THU	FRI
Sales Tactics 9 P.M. 2/22, HALLMARK Two rival shopping hosts' (Alexandra Breckenridge and Robert Buckley) combustible chemistry on the air results in sparks flying off the air.	Criminal Compromise 10 P.M. 2/23, AMC The road from idealism to amorality continues as Jimmy (Bob Odenkirk) practices law as "Saul" on Season 5 of the <i>Breaking Bad</i> prequel.	Singing, Spinning 8 P.M. 2/24, NBC Nick Jonas joins Blake Shelton, Kelly Clarkson and John Legend on the coaches' panel. We bet that Nick will replace Adam Levine as Blake's go-to teasing target.	Tasty Travels 10 P.M. 2/25, COOKING The mouth-watering season premiere finds Casey Webb feasting on seafood before challenging himself with a massive ice cream sundae in Mystic, Conn.	Angst, Action 3 A.M. 2/26, NETFLIX As if high school wasn't tough enough, Sydney (Sophia Lillis) struggles with superpowers on this stirring series, which reunites Sophia with <i>It</i> co-star Wyatt Oleff.	Attack of the Clones 3 A.M. 2/27, NETFLIX Kovacs (Anthony Mackie, taking over for Joel Kinnaman) searches for his ex while solving murders on Season 2 of the wow-worthy sci-fi series.	Dolling Up for Barbie 8 P.M. 2/28, VH1 Pledge allegiance to the drag! Thirteen fab queens stress to impress Ru's crew and guest judge Nicki Minaj on the sensational Season 12 premiere.

NOW PLAYING: MOVIES



The Call of the Wild

FRI. 2/21, PG ★★★★★

In the 1890s, a domestic dog named Buck is transplanted to the Alaskan Yukon, where he becomes a leader on a mail-delivering sled team and befriends a gruff guy (Harrison Ford), whom he helps kick the bottle. (*Beauty and the Beast*'s Dan Stevens also appears as a dastardly dog abuser.) The CGI animated animals can be distracting – and fans of Jack London's novel may think it's too sentimental and not savage enough – but this old-fashioned adventure will still turn dog lovers into mush.



Emma. FRI. 2/21, PG ★★★★★

Emma (Anya Taylor-Joy) is a misguided matchmaker who meets her own match when her intense arguments with Mr. Knightley (Johnny Flynn) result in a surprising spark. While it may not feel as fresh as *Clueless*, this adaptation of Jane Austen's classic is charming and clever.

Brahms: The Boy II

FRI. 2/21, PG-13 (PREVIEW)

Brahms – the creepy doll who was more than just a doll – haunts a boy (Christopher Convery) whose family moves into the Heelshire mansion in this scary sequel to the horror hit. Can his mom (Katie Holmes) stop Brahms' evil influence on her son?



Impractical Jokers: The Movie

FRI. 2/21, PG-13 (PREVIEW)

Why settle for just one Joker? TruTV's Tenderloins (Brian "Q" Quinn, James "Murr" Murray, Sal Vulcano and Joe Gatto) take their hidden-camera high jinks to the big screen, getting an epically embarrassing origin story and help from Paula Abdul along the way!

Luis Guzmán

MY NIGHT AT HOME

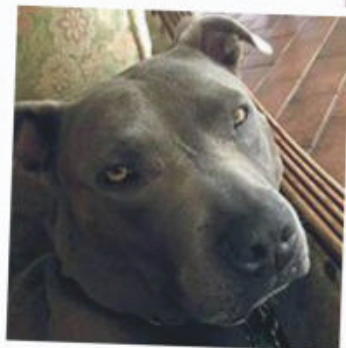
STARS TELL **INTOUCH** ABOUT THE LAST TIME THEY STAYED IN



I watched... my Snickers Super Bowl commercial on YouTube.

I texted... my buddies – the same three guys.

I hung out with... my dog. She understands me better than most people.



I shopped online for... a heating fan that goes on top of my woodstove to circulate the

heat better. I do live in Vermont, after all.

I googled... how to make falafel.



I reorganized... my closet. It's a forever ongoing project. I can see my socks at the end of the tunnel.

I read... *Million Dollar Dream*. Very interesting read; didn't see that end coming.



I laughed... at my dog running in her sleep and outrunning me.

I cried... when I woke up this morning and it was minus 9 degrees. I was really hoping for beach weather.



I ate... a Snickers bar!

The *Shameless* actor appears in the new Snickers commercial that debuted during Super Bowl LIV.



Guess Whose Water Bottle?

Match the star to their reusable container



1

This eco-friendly Lifestraw glass bottle is part of her real-life Morning Show.



2

He and Water.org did some Good Will Hunting with a charity bottle campaign.



3

Her undercover Alias could be exposed if her trusty S'well water bottle is recognized.

4

This model mom drinks from a Bkr bottle – but does her husband use one on the sidelines?



5

The model-activist makes this Bobble Insulate bottle part of her famous street style.



6

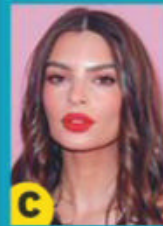
He doesn't have an Oscar yet (he's been nominated twice), but he does have a Hydro Flask.



A Gisele Bündchen



B Jennifer Garner



C Emily Ratajkowski



D Jonah Hill



E Reese Witherspoon



F Matt Damon

Answer key: 1: E | 2: F | 3: B | 4: A | 5: C | 6: D

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Just one look from little *Katie*’s big blue eyes is all it takes to fill your heart with love. Go ahead and pick her up — she’s such a perfect fit for your waiting arms, you’ll never want to let her go!

Created by artist Linda Murray, *Katie* is a premium-quality So Truly Real® doll with an amazing interactive design that allows you to feel her “heartbeat,” see her “breathe,” and hear her precious “coos.” Her *RealTouch*® skin and *hand-rooted* hair feel so soft, and she’s *weighted* with a cloth body to feel like a real baby when you hold her. This adorable girl arrives in a ruffled sleeper adorned with rosebud buttons and a flowered bow in her hair ... she’s irresistible!

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An artist doll by Ms. Murray can sell for thousands, but *Katie* is yours for \$149.99*, or four easy installments of \$37.49. She comes complete with Certificate of Authenticity and is backed by our 365-day guarantee. But she’s only available for a limited time, so order now before it’s too late!

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Double Take Find the 10 things that make these two pictures different!



Jenny McCarthy gives hubby Donnie Wahlberg some sugar in Chicago.



Word Find

Each of these clues can be found within the grid horizontally, vertically, diagonally, backward or forward. Circle them all to solve the puzzle.

BUDDY COP MOVIES

- | | |
|---------------|--------------|
| BAD BOYS | POINT BREAK |
| CHIPS | RUSH HOUR |
| COLORS | THE HEAT |
| LETHAL WEAPON | TOP DOG |
| MIAMI VICE | TRAINING DAY |

A U K S T O I M K C W T V R H Y T R M Q
 E V M I F P V P B A D B O Y S S U E E Y
 R N C F Z J H P F S E M T T Z O W S C C
 F G K I Z P W V F A N R W R H E F B I O
 V Y A D G N I N I A R T B H S E T M V L
 L E T H A L W E A P O N S T Q G H O I O
 U L Q S P I H C D P I U T Q N W E E M R
 H W U W Z T H W D P R A S A I I I B A S
 M P P F L T E O U I Q F S Q T C O K I T
 K A Z H V W G G I F N Z D A T W D P M F

Sudoku

There are nine sections of nine squares in each puzzle. Fill in all blank spaces with numbers from 1 to 9. The numbers can be in any order. In each of the sections, no numbers can be repeated. Nor can numbers be repeated in each horizontal line or repeated in each vertical line.

8		4						
	1		5		2			6
	9		1			3		8
	2		9				8	1
		3		6			4	
1		6		5				
4								
						9	3	

A DIFFICULTY LEVEL: MEDIUM

5								
	6		8	1				
				4			3	
6		1				2		
		7	3		1		8	
3					6	7		
								9
		2	9		7	3	1	
8					3		7	

B DIFFICULTY LEVEL: ADVANCED

		8		7		4		
	3							
	5	1	2					9
2					4		1	
	6				5	8	7	
		9						
					1	5		3
					3		6	
		7	6					

C DIFFICULTY LEVEL: EXPERT

Crossword

ACROSS

- 1 Rum-soaked cake
- 5 Lobster __ Diavolo
- 8 Elbow poke
- 11 Sauna spot
- 14 __ *Almighty* (Carell movie)
- 15 "That's funny!" online
- 16 Screw up
- 17 2020 Golden Globes best actress, supporting role
- 19 Be shy, in poker
- 20 Carrere of *Wayne's World*
- 21 Initial poker bets
- 22 Won __ soup
- 24 Michael B. Jordan title role
- 26 Glide on snow
- 27 *Rhoda* mom
- 30 __ Kippur (Jewish holiday)
- 32 Tax-collecting org.
- 33 Catch some rays
- 34 Kind of pickle
- 36 Couch potatoes' spots
- 39 Best actress, drama
- 44 Chicken pot __
- 46 __ spumante (bubbly wine)
- 47 Hide the gray hair, say
- 48 Rachael on the Food Network
- 49 Sweeney __ (Depp role)
- 50 "__ Mother Hubbard..."
- 52 __ guys (mobsters)
- 53 "__ before beauty!"
- 54 Sheep's call
- 57 Medically induced sleep
- 60 Schumer of *Trainwreck*
- 61 Best actor, drama
- 65 *Six Feet __* (old HBO series)
- 66 Patch up
- 67 Barbecue morsel
- 70 Lobster __ Newburg
- 72 Get hitched
- 74 Mai __ cocktail
- 75 Digit before an area code
- 76 Gay __ parade
- 78 Zadora of *Hairspray*
- 80 Twangy, like Fran Drescher's voice
- 82 Tattooist's fluid
- 83 *Mamma __!*
- 86 Best actress, musical or comedy

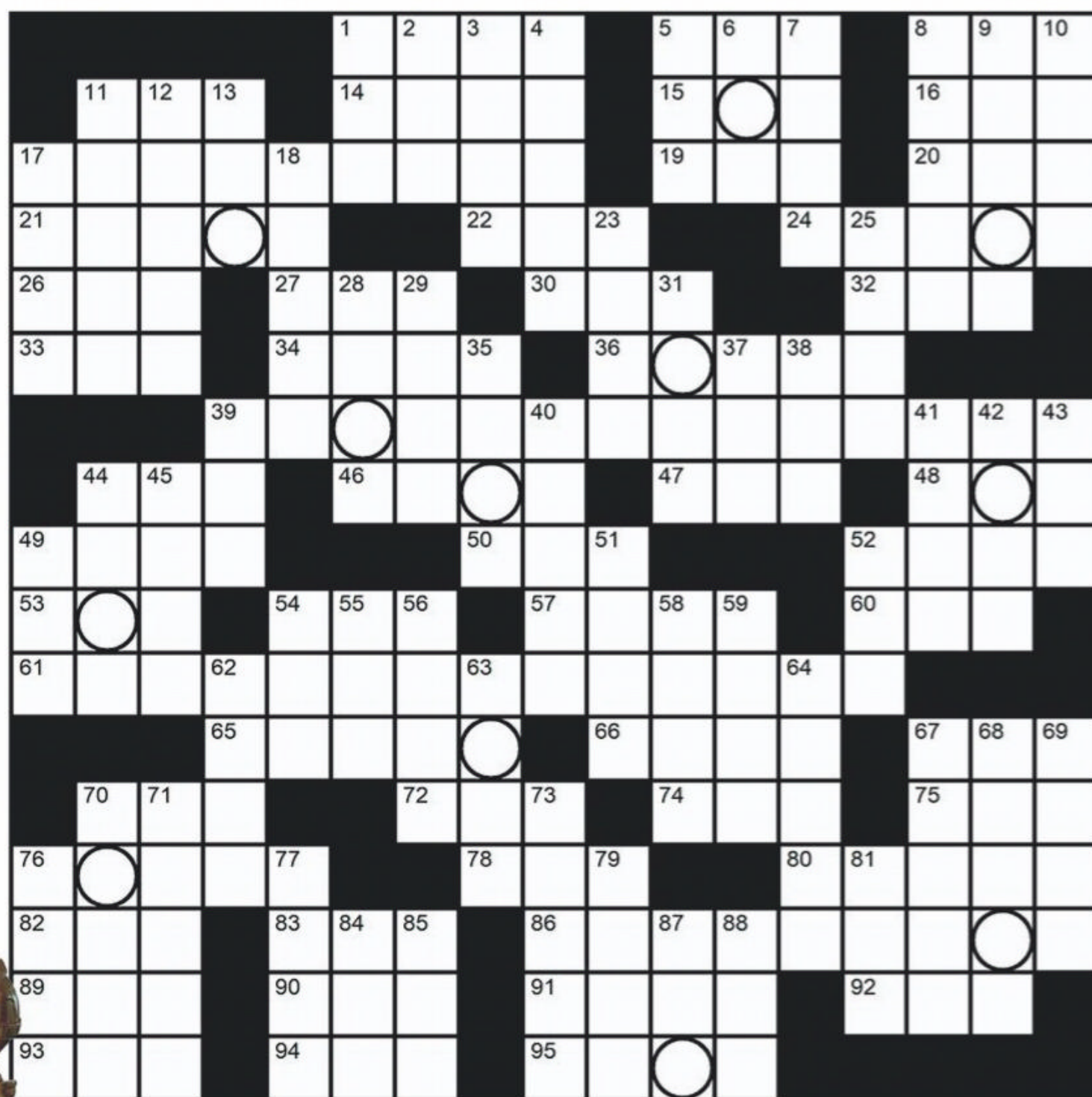
- 89 __-dye (hippie T-shirt pattern)
- 90 Ticked off
- 91 Builder of the Ark
- 92 Shirt with a slogan
- 93 Talking stuffed bear in movies
- 94 What "&" stands for
- 95 Saxophone type

DOWN

- 1 One "B" of B&B
- 2 "__ Maria" (hymn)
- 3 *The Simpsons* kid
- 4 Be a pest to
- 5 The Progressive Girl
- 6 Use an oar
- 7 Baldwin of *The Boss Baby*
- 8 Derek who dated Minka Kelly
- 9 Zodiac ram
- 10 With 76-Down, best actor, supporting role
- 11 Instant decaf brand
- 12 Russian leader Vladimir
- 13 "__ we having fun yet?"
- 17 "__ but not least..."
- 18 "All kidding ___"
- 23 Pinocchio's protuberance
- 25 React to yeast
- 28 Meyer of *Saw*
- 29 Brewery offerings
- 31 Growth on old food
- 35 Jared of *Alexander*
- 37 Travel like Superman
- 38 Leave speechless

- 39 Cardinal color
- 40 Zero, zip, nada
- 41 The __ Reaper
- 42 "__ as ABC!"
- 43 Reuben sandwich bread
- 44 __ stick (bouncing toy)
- 45 "What's the big __?"
- 49 __ Mahal (Indian tourist site)
- 51 Tragic end
- 52 Ear buildup
- 54 Hamburger holder
- 55 Give a hand to
- 56 From the top
- 58 Track contest
- 59 Fashion editor Wintour
- 62 College campus center

- 63 Make ready for surgery
- 64 Menzel who sang in *Frozen*
- 67 O'Donnell of talk
- 68 Totally ridiculous
- 69 Lugosi of *Dracula*
- 70 __ Thomas (Roseanne hubby)
- 71 Felt fondness for
- 73 Late English princess
- 76 See 10-Down
- 77 Stone of *Easy A*
- 79 Truant G.I.
- 81 P.M. time, in ads
- 84 McShane of *Game of Thrones*
- 85 Find the sum
- 87 Kit __ (candy bar)
- 88 "__ Let the Dogs Out?"



Word Scramble

Arrange the circled letters found within the crossword puzzle in order to decode this week's celebrity jumble.

2020 Golden Globes Best Actor, Musical or Comedy (*Rocketman*):



For answers to this week's puzzles, turn to page 62.



If you are feeling exhausted and in need of revitalization, you should consider a detox or cleanse. With Active Liver™ you have the tool to do this gently and on a daily basis.

Detox your body - every day!

Each day, our liver is working hard to remove waste products and toxins from processed foods, unclean air, water and even our own body. But as we get exposed to increasingly more toxins, the liver struggles to remove them all and can start storing them in our body fat. We quickly may notice the results in our energy levels, in our lack of youthful appearance – and surprisingly, on our waistlines.

UNJUNKING YOUR BODY

A detox, like a water or juice fast, is an excellent way to rid the body of stored toxins, but it is often difficult to abide by, and involves days or even weeks of feeling tired and sick. However, there are other ways.

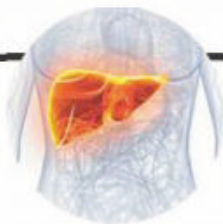
DETOX WITH ONE TABLET A DAY

Active Liver™ is a dietary supplement that helps promote a healthy liver and helps you detox on a daily basis – all year round. With just one tablet a day, it gently but effectively uses known herbal extracts to facilitate detoxing of the body – without the “side effects”.

DID YOU KNOW?

The Liver & Your Waistline

The liver is an important fat burning organ. If the liver is sluggish or clogged with waste material, it can start building up around the waistline, and even inside the internal organs (which may lead to a fatty liver). Making sure your liver is working well will help you flush fats from the body.



TEST YOURSELF :

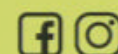
	YES	NO
I suffer from headaches or brain fog	☐	☐
I have a hard time losing weight	☐	☐
I have indigestion & bloating	☐	☐
I'm tired all the time	☐	☐
My skin itches and I see brown spots	☐	☐
My tongue is coated	☐	☐

Does this sound like you? Then try Active Liver as a help to promote your liver health.



Active Liver™ by New Nordic contains milk thistle, an herb known for protecting the liver and reducing heavy metal toxicity. It also contains turmeric, a superfood and one of the most anti-inflammatory and protective antioxidants known. Finally, Active Liver contains globe artichoke, a plant used for centuries for increasing bile production. Bile is used to bind and flush toxins and fats from the body.

Available at participating pharmacies, health food stores and online. For more info or to buy directly, please call 1-877-696-6734 or visit our website www.newnordicusa.com.



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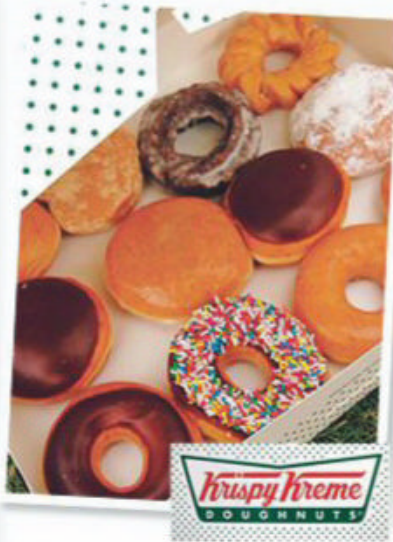


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DAVID SPADE:

“**Dr. Oz** recently revealed that he believes in skipping breakfast, but **Mark Wahlberg** said he disagrees. Remember, he started off with Marky Mark and the Funky Brunch.”



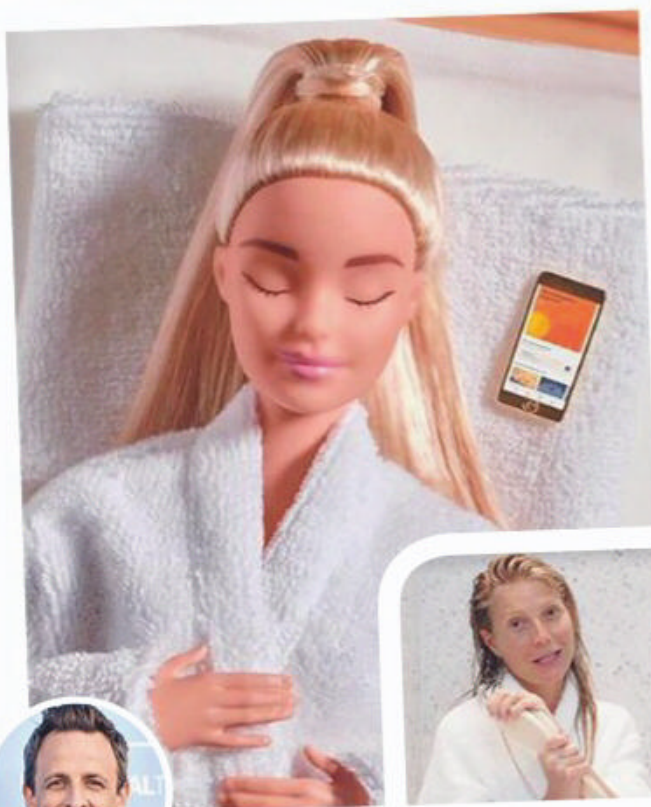
WILL PRESTI:

“**Krispy Kreme** is opening its first-ever 24-hour shop in Times Square. Great – yet another thing to regret doing while drunk at 3 in the morning in New York City.”

THE BACHELOR

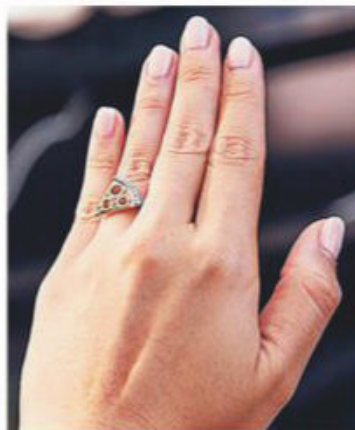
MOSHE KASHER:

“**The Bachelor** is looking to do a spinoff featuring senior citizens. I’m looking forward to the romantic scenes of couples staring into each other’s bifocals.”



SETH MEYERS:

“**Mattel** has released a new line of wellness-themed **Barbie** dolls, including a doll that comes with a cucumber eye mask, bath bombs and a candle. Oh, I’m sorry – that’s not Barbie, it’s actually **Gwyneth Paltrow**.”



JIMMY FALLON:

“**Domino’s** is giving away a \$9,000 **pizza-shaped engagement** ring. They also promise that whoever proposes with the ring will be broken up within 30 minutes or less.”



PAUL LANDER:

“**Jennifer Lopez’s** Super Bowl halftime show sparked concern from parents worried that the performance would encourage their daughters to become strippers. Apparently, the halftime show is considered a gateway pole!”

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The synergistic combination of 8 grams of protein and 20 grams of nourishing fats provides a rich and satisfying drink. Keto Science Meal Shakes deliver energy packed nutrition from 24 vital nutrients. Try Keto Science to support ketogenic dieting while offering a delicious and versatile shake, smoothie or pudding.*

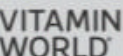
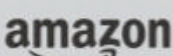
- » High in Beneficial Fats
- » Good Source of Protein
- » No Added Sugars
- » Low Net Carbs



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