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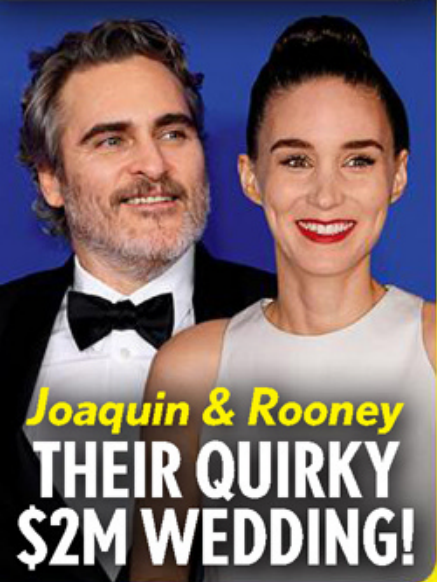
Hayden's Abuse
Nightmare

**MY SIDE OF
THE STORY**



Justin Blindsided

**JESSICA'S
DIVORCE
ULTIMATUM**



Joaquin & Rooney
THEIR QUIRKY
\$2M WEDDING!

Life & Style

MARCH 9,
2020



*Jen & Brad's
Adoption Miracle*
**BRINGING
HOME BABY!**

'OUR HEARTS ARE SO FULL'

- Why they're naming her Georgia
- Brad's kids get to meet her first!



**ALWAYS DELICIOUS
AND NATURAL.
OSCAR MAYER.**



NO ARTIFICIAL INGREDIENTS. EVER.



photo
Flash

HERE COMES THE BRIDE

Feb. 18

Looks like they have even more to celebrate! Parents-to-be **JENNA DEWAN** and **STEVE KAZEE** took to Instagram to announce their recent engagement. "A lifetime to love and grow with you," the actress captioned this romantic snap, which showed off her new, massive rock from Nikki Reed's sustainable jewelry brand, Ba You With Love. "You have my heart."

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MARCH 9, 2020 • VOL. 17 ISSUE 10



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They do! Inside
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No one is immune to bloating and puffiness. It's very common, and is usually caused by water retention. In fact, you could be retaining as much as 10 pounds of excess water and not realize it! Common problem areas include the stomach, ankles, legs and face. Now you can beat the bloat with *XPEL*! For over a decade, millions of Americans have chosen *XPEL* to help them lose unwanted water weight, *FAST*. This potent all-natural herbal diuretic is formulated to help reduce bloating and support weight loss, so you can feel lean and confident, and look your best!



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V
theVitamin
Shopper

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The Top 10 Zoey De



FENDI
Rome

FENDI
LA

CAROLINA HERRERA
NYC

RODARTE
NYC

DIOR
LA

utch Looks

The *Politician* star has secured her spot as a fashion favorite thanks to a parade of glam gowns, power suits and more!



CHANEL
NYC

VALENTINO
LA

VALENTINO
LA

SALVATORE
FERRAGAMO
LA

OSCAR DE LA
RENTA
LA

Twinning!

Styles so nice,
we've seen
them twice!



ALDO

LUCY HALE VS HANNAH BROWN

Lucy looks great. But we really love how *The Bachelorette* alum Hannah leaned into the '80s vibe by pairing these white Aldo pumps with a puffed-sleeve hot pink frock.

← The same shoes!



Chanel

CELINE DION VS RAINEY QUALLEY

While our hearts will go on for Celine, we have to hand it to Rainey for dialing up the cool-girl factor of this belted Chanel jumpsuit with beachy waves.



Chanel

CARA DELEVINGNE VS POPPY DELEVINGNE

It's a sisters showdown, folks! The British sibs rocked identical Chanel jackets, but Cara's overall matronly runway styling gives the impression of a little girl playing dress-up.





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- PODIATRIST CERTIFIED ARCH SUPPORT
- SHAPE OF INSOLE WAS DEVELOPED WITH OVER 20 YEARS OF DATA



APPAREL & FOOTWEAR BY SKECHERS

"The queen thinks it's inappropriate for Harry and Meghan to call themselves royals when they've turned their back on her," snipes *Life & Style's* insider.



Harry & Meghan's

BATTLE ROYAL

Prince Harry and Meghan Markle won't be getting the royal treatment anymore! Queen Elizabeth II has banned the Duke and Duchess of Sussex from using the word "royal" for their projects once they officially hang up their crowns at the end of March, a palace insider tells *Life & Style*, and

it's left the couple scrambling. "Harry and Meghan spent months, not to mention tens of thousands of dollars, developing their Sussex Royal brand," explains the insider. "Re-branding will cost them a fortune. Plus, they don't want to be known as just 'The Sussexes.' It's too vanilla." However, Her Majesty, 93, has no interest in

bowing down to *their* demands. "The queen's already given Harry and Meghan a lot of leeway by letting them move to Canada," notes the insider, "and the way she sees it, you're either in or you're out. They wanted to be financially independent. Well, now they will be." There's still hope for Harry, 35, and Meghan,

38, though. "The royal family and the Sussexes have agreed to an initial 12-month review to ensure the arrangement works for all parties," according to a spokesperson for the pair, and it is then that the former royals will be able to make their case to the monarch. Adds the insider: "It won't be easy, but Harry's got to try." **L&S**

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recent software, latest music releases.

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Cheap constant access to piping hot media

Protect your downloadings from Big brother

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All languages

Brand new content

One site



AVXLIVE ICU

AvaxHome - Your End Place

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WELLNESS

Hollywood's HOTTEST NEW WORKOUT

Get ready to row your way to A-list shape at Health House!

Los Angeles has plenty of trendy gyms and boutique fitness studios, but there's a new workout in town that's changing the game — and attracting an A-list crowd. Founded by former athlete and trainer **Jon Knopke**, **Health House** is the first-of-its-kind rowing and strength group fitness studio that delivers a full-body burn, torching 2-3x more calories than any other group workout.



Sponsored

FINDING A NEW FITNESS FORMULA

After Knopke suffered an injury several years ago, he knew his intense training would no longer serve him, setting him on a path to create a revolutionary new fitness formula rooted in rowing. Rowing is a high-intensity, low-impact cardio workout that uses 86% of your muscles, allowing you to effectively sweat, shape and sculpt without putting pressure and impact on injury-prone joints. With two class formats — *Rip & Row* and *Ripped*, each workout caters to specific muscle groups, helping you achieve your best body ever.



COMMUNITY IS KEY

As if a challenging workout weren't enough, Knopke has curated an optimal environment that goes far beyond fitness, creating a unique experience for everyone. The facility's modern, luxurious layout features best-in-class technology, including digital rowers and a leaderboard that delivers personal analytics, inspiring a little friendly competition.

WHOLE-PICTURE WELLNESS

Health House also provides the best wellness products on the market, allowing members to tap into their full potential. Hemp Hydrate, known for its delicious, purified hemp-infused water, is one of Knopke's essentials, aiding him in both natural hydration and efficient recovery. Most recently Knopke chooses from his go-to brand the new CBD Muscle + Joint Relief Roll-

On, to calm inflammation and ease his sore muscles after a tough Health House workout. It's all natural and contains 200mg of CBD and is both gluten, and paraben-free — ideal for the health-conscious L.A. fit crowd. Sold right at the counter of their popular Wellness Bar, **Hemp Hydrate's CBD Muscle + Joint Relief Roll-On** has become of must-have of both Knopke and

members looking to maximize their well-being.



This new crop of roll-ons by Hemp Hydrate may be your new best thing!

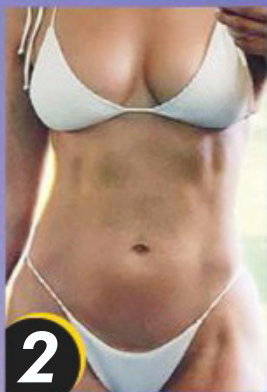


The Life&Style Quiz: **WHOSE ABS ARE THEY?**



1

Keeping Up appearances



2

She's still hustlin'!



3

"Yummy" tummy



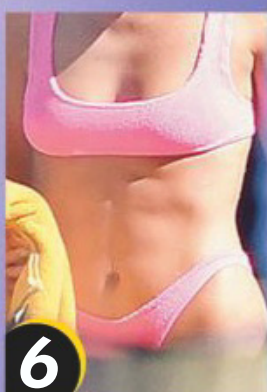
4

Model midriff...



5

"Hate Me" yet?



6

"Dreams" of crunches



A JENNIFER LOPEZ



B KAIA GERBER



C ELLIE GOULDING



D DUA LIPA



E KENDALL JENNER



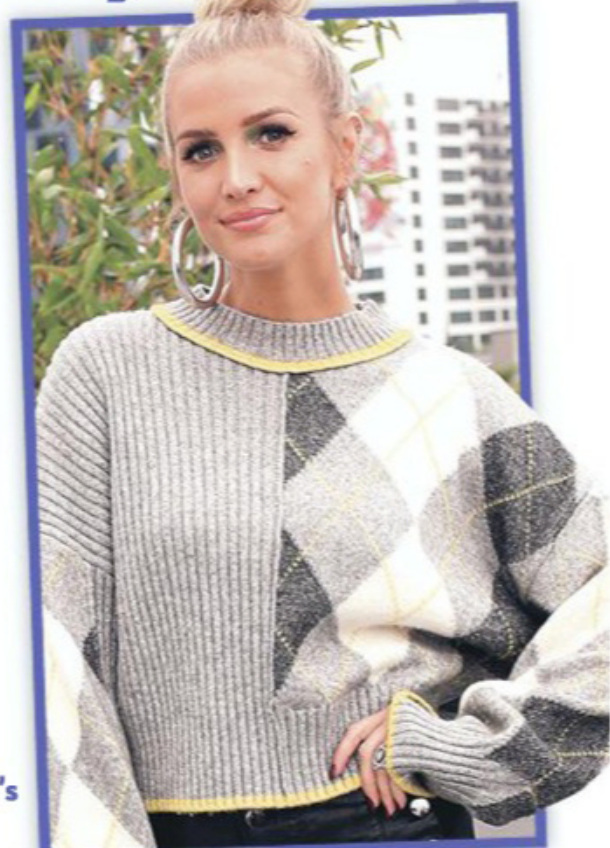
F HAILEY BALDWIN

QUIZ ANSWERS: 1.E, 2.A, 3.F, 4.B, 5.C, 6.D

Ashlee's **TELLING ALL, TOO!**

Pieces of me! Ashlee Simpson may soon join her sister, Jessica, on the best-seller list. The "Little Miss Obsessive" singer, 35, is gearing up to spill everything, from the truth about her failed marriage to Fall Out Boy's Pete Wentz to details about her infamous *Saturday Night Live* performance, in an explosive new memoir. "Jessica isn't the only one with secrets to tell," insists an insider. "Ashlee's plastic surgery, her parents' divorce, her exes — it will all be addressed." The pop star, who once dated Wilmer Valderrama and Ryan Cabrera, shares son Bronx, 11, with punk rocker Pete and daughter Jagger, 4, with husband Evan Ross. "Of course, she's also going to write about her mother-in-law, Diana Ross," teases the insider, although a rep denies our story, "and the famous family she's married into."

► Following in her sister's footsteps! "Ashlee's ready to share her truth," says an insider.



Jealous Nikki **RACING JOHN TO THE ALTAR**

News of John's quickie engagement has left ex-fiancée Nikki wrestling with her feelings, reveals a source.

To have and to hold — over his head! Nikki Bella wants to beat John Cena down the aisle after photos of his new girlfriend, Shay Shariatzadeh, wearing a diamond ring on *that* finger left her feeling a little RAW. "Nikki isn't trying to be petty, but she definitely wants to tie the knot before John does," admits a source close to the *Total Bellas* star, 36, who's engaged and expecting her first child with *Dancing With the Stars* alum Artem Chigvintsev. "Yes, she's totally over him, but seeing that huge rock on Shay's hand really stung." Nikki and the former WWE star, 42, called off their own wedding in 2018 over his reluctance to have kids. "Artem is everything that Nikki's ever wanted. They wanted to wait to get married, but who knows now," says the source. "She could be a pregnant bride!"

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Amanda, please! The former Nickelodeon star may have accepted Paul's proposal, but she still needs to get permission from her mom, Lynn (inset), before they can marry.

Amanda's

WEDDED



BLITZ

What a girl wants...is to walk down the aisle! Amanda Bynes announced on Valentine's Day that she had gotten engaged to a man named Paul Mitchell — and while the troubled actress, 33, is thrilled to have finally found “tha love of my life,” her family and friends have found plenty of reasons why these two should not be wed. “Amanda isn’t in the right headspace to be getting married to anyone,” a source tells *Life & Style*, “and even if she was, Paul isn’t the one for her. The engagement ring he gave her isn’t even real.” The couple have reportedly been dating for

several months after meeting at Oak Forest Recovery, a drug addiction treatment center in LA, where Paul is said to have also been a patient. “Amanda’s the type of girl who thinks with her heart, not her head,” admits the source, “so it’s a good thing that she’s under a conservatorship and can’t run off to Vegas.” After suffering a very public breakdown in 2013, the *What I Like About You* star was placed under an involuntary psychiatric hold and as it stands, her mother, Lynn Bynes,

has to give her consent before Amanda and Paul could officially become husband and wife. “Lynn’s in control of Amanda’s legal affairs, including marriage,” explains the source. “Considering she hasn’t met Paul yet, it’s unlikely that Lynn will give her blessing or allow a wedding to happen anytime soon.” **L&S**

JESSICA'S RULES FOR JUSTIN



"Jessica made it clear that she expects Justin to be on his best behavior," shares a source.

She's seen his true colors. Jessica Biel is keeping Justin Timberlake on a very short leash while he joins Anna Kendrick on the road to promote *Trolls World Tour*. The 37-year-old actress "doesn't want him out late or partying and has even given him a curfew," a source tells *Life & Style*. "She's also adamant about Justin not drinking." The "SexyBack" singer, 39, is learning what goes around...comes around after he was caught holding hands with *Palmer* co-star Alisha Wainwright during a boozy night out in New Orleans back in November. "If that kind of behavior happened again, I'm pretty sure their marriage would be over for good," admits the source. "Justin knows that he's got a lot of making up to do and so far, so good."

The "Bodak Yellow" beauty, seen below in 2017, showed off a drastically different look at a pre-Grammy party.



Cardi B's

SURGERY SECRETS

Be careful! Cardi B is no stranger to plastic surgery. The "I Like It" singer, 27, confessed to getting liposuction and a breast augmentation after giving birth to her daughter, Kulture, in July 2018 — and it appears she might have used some of her Money Bags to tweak her face as well. "When looking at her nose, it looks narrower with a more defined tip," explains Dr. David Shafer, a board-certified plastic surgeon who has not treated Cardi. "Surgical rhinoplasty can produce these effects. Another popular treatment is injectable or liquid rhinoplasty, which uses dermal fillers such as Voluma to inject along the dorsum and tip of the nose to give a more defined or smooth appearance."

checking in... VIP STYLE!

When stars go out — they go all-out!

★ Tiffani Thiessen

and her daughter, **Harper**, walked in the 11th annual Rookie USA Fashion Show during NBA All-Star Weekend in Chicago.



★ **Jessica Simpson** dined on Chicken Parm Pizza and Spicy Lobster Rigatoni with husband **Eric Johnson** at Quality Italian steakhouse in NYC.



★ Dorinda Medley

hosted a pre-Valentine's Day shopping event at Rebag Soho in NYC.

★ Bachelorette Rachel Lindsay

grabbed a Chicken McGriddle at the Bootsy on the Water party in Miami.

★ *Real Housewives* alum **Kim DePaola** filmed scenes for *The New Me With Kim D* at her Posche by Kim D Fashion Show in Wyckoff, N.J.

★ **Chrissy Teigen** and **John Legend** had a rare date night at XS Nightclub in Las Vegas.

★ *90 Day Fiancé's* **Ashley Smith** celebrated the launch of her new lipstick line, Pout by D&A, with Jennifer DiLandro at Dolce Aesthetics' New York Fashion Week Beauty Mixer.

★ **Future** toasted to his new album, *1800 Seconds Vol. 2*, with 1800 Tequila at Domaine nightclub in Atlanta.



the week in PHOTOS



What a
team
player!



Courtside
cuties!



HAVING A BALL

LA, Feb. 16

JASON SUDEIKIS and **OLIVIA WILDE** brought their children, **OTIS**, 5, and **DAISY**, 3, to the Harlem Globetrotters game, where they happily joined in on the fun.

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Natural meat and cheese made with
simple ingredients and absolutely
nothing artificial.





FUNNY FACE

NYC, Feb. 12

KALEY CUOCO got a little tongue-tied on the set of her new show, *The Flight Attendant*.



MUSCLE BEACH

Miami Beach,
Feb. 12

Enjoying retirement? Former New England Patriots star **ROB GRONKOWSKI** went for a dip in the ocean.



Puppy love!

DOG DAY AFTERNOON

Malibu, Feb. 17

She's got a new leash on life! **DENISE RICHARDS** spent her 49th birthday volunteering at the Road Dogs & Rescue charity.

DADDY'S GIRL

West Hollywood, Feb. 11

JOHN LEGEND gave daughter **LUNA**, 3, a lift at the launch party for **CHRISSY TEIGEN**'s new sunglasses collection with Quay Australia.



Made in the shade!

the week in PHOTOS



HUNGER GAMES

Feb. 14

JERRY O'CONNELL went to great lengths to keep Andy Cohen's 1-year-old son, **BENJAMIN**, entertained.

TAKE A
BITE!



BREAKFAST OF CHAMPIONS

Feb. 12

Quarterback sneak! **TOM BRADY** helped **GISELE BÜNDCHEN** and son **BENJAMIN**, 10, polish off a cake.

ARM CANDY

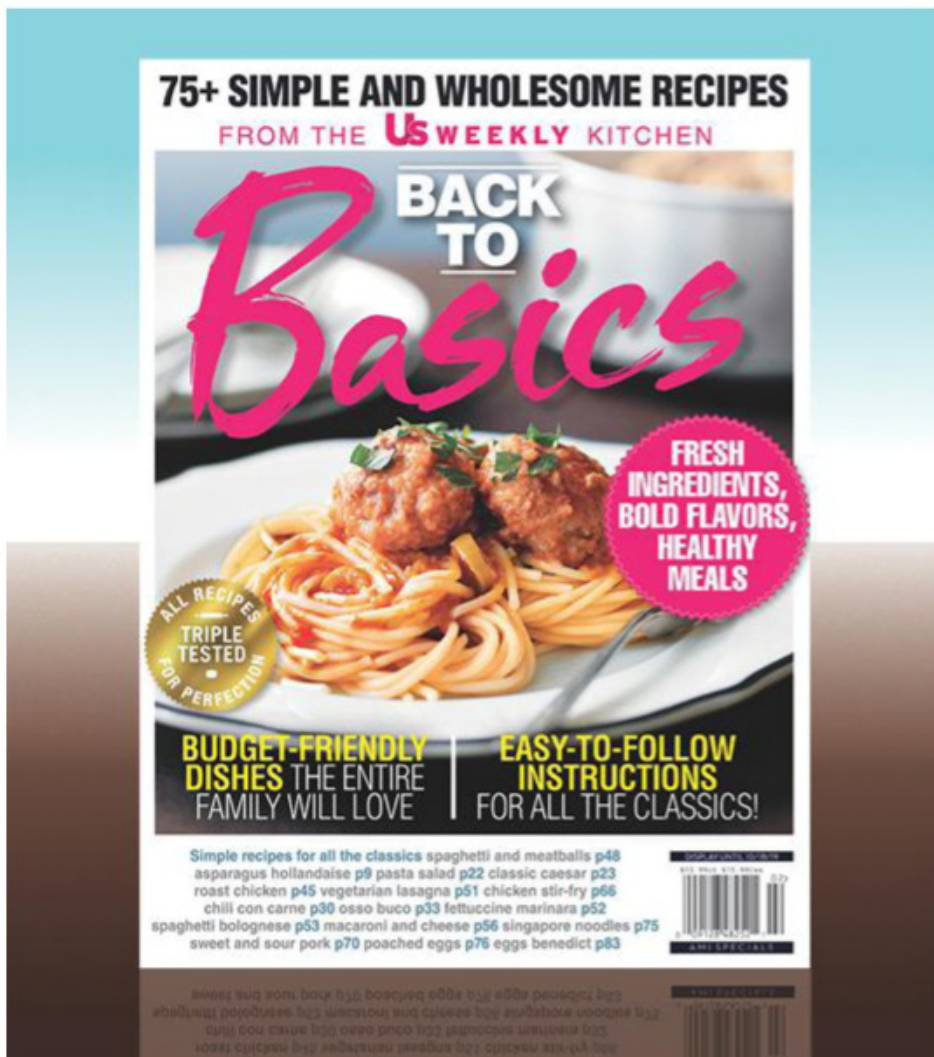
London, Feb. 18

LIZZO showed up to the BRIT Awards looking like a snack in a custom Hershey's chocolate dress by Moschino.



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**BRITTANY WATTS**
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Being an elite trainer at Performix House – a gym frequented by celebrities such as reality star Steve Gold and former professional football wide receiver Victor Cruz – means taking your diet and fitness regimen to the next level. Performix House trainer Brittany Watts integrates Performix's pre-, during and post-workout products into her daily wellness routine to give her an energy boost, keep her hydrated and help her muscles recover in between sessions to help her push her clients to reach their goals.

A STACK FIT FOR A *Star!*



Take your performance to the next level with this buzzworthy brand of supplements sweeping Hollywood.

Celebrities have to stay in superstar shape all year round. Their diet plans and fitness routines often grab headlines, as fans eagerly want to know what they're doing to look so good, and how they can incorporate that into their own lives.

While you'll hear things like "eat clean" and "lift heavy" on repeat, one buzzworthy word popping up everywhere is "supplements" – because, while they may have unparalleled access to personal trainers and private chefs, even the most A-list celebrities sometimes need a boost!

Once reserved for bodybuilders, supplements are gaining traction among today's hottest stars. But not all supplements are created equal. Unsure where to start? Celebrity-favorite Performix has created a special stack designed to help maximize your results in the gym in one easy regimen.

**EVERYTHING YOU
NEED IN ONE SIMPLE
PRODUCT REGIMEN.**

I. PRE-WORKOUT ENERGY

Need a boost to get you motivated and into the gym? **Performix ION Pre-Workout** features a combination of energy-, focus- and endurance boosting ingredients, headlined by 200mg of caffeine – a little

more than 2 cups of coffee! – in a delicious **Blue Ice** flavor. No matter the exercise, this sweet jolt of energy provides the kick you need to get up, get out and get the most out of your sweat session.



II. DURING WORKOUT HYDRATION

Whether you're running, lifting, spinning or hitting the mat, you need to keep your muscles hydrated to maximize your time at the gym. **Performix ISO EAA+BCAA** is a mouth-wateringly refreshing way to do just that! Available in yummy **Juicy Watermelon**, this during

workout solution provides a blend of electrolytes to help keep you and your muscles adequately hydrated, while a mix of amino acids also helps to kick-start your muscle recovery process so you can stay on track with your regimen!



III. POST-WORKOUT RECOVERY

Keeping up with a workout regimen means taking care of your body after a gym session with the right nutrition. But who wants to gulp down a chalky protein shake that will make you feel bloated? Not us! Enter **Performix ioWHEY PROTEIN** – Not only does this post-workout treat come in delicious flavors such as **Fruity Cereal** & **Chocolate Brownie**, but it has also been shown to provide

46% improvement in stomach discomfort post-consumption vs. other proteins[^]. And that's not all – one serving of ioWHEY (22g) has been shown to deliver the same benefits as a larger serving of standard protein (30g).^{*} The same strength-boosting, muscle recovery benefits in a better-tasting shake with less calories, fat, sugar and carbs than the alternative? Sign us up!



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and Rite Aid stores now. Grab yours today and start chasing your New Year's #bodygoals!

^{*}As demonstrated in a study conducted by Lowery et al at the Applied Science and Performance Institute in a blinded cross-over human clinical evaluating blood levels of branched chain amino acids in subjects after consuming standard WPI vs io™ treated WPI.

[^]As demonstrated in an 8-week, blinded human clinical trial evaluating psychometric measures of impact on stomach distress in subjects after consuming 28 grams of standard WPI vs 28 grams of ioProtein® WPI. Subjects ingesting ioProtein® reported a 46% reduction in stomach discomfort.



Available At Select Stores

the week in PHOTOS

TICKLED PINK

Nashville,
Feb. 16

Meow! **KRISTIN CHENOWETH** found something she liked at Jessie James Decker's shop, Kittenish.



PIECE OF CAKE

LA, Feb. 13

HAILEY BALDWIN helped bareMinerals celebrate 25 years of clean beauty.



STREET STYLE

NYC, Feb. 17

Off-duty model **EMILY RATAJKOWSKI** joined husband **SEBASTIAN BEAR-McCLARD** and their dog for a walk.



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STARS BEHAVING BADLY

THROWING CAUTION TO THE WIND!

Even she was blown away. **RITA ORA** suffered a major wardrobe malfunction while filming a shoe commercial in Miami.



WHAT A SCREAM...

Scared silly! **BILL PULLMAN** sneaked up behind **MATT BOMER** at the Season 3 premiere of *The Sinner* in LA.



SELF-IE EXPRESSION!

AWKWAFINA called fellow actress **SANDRA OH** the "ideal date" after the pair flipped off the camera.

Shine from Within

Crystal Pendant



Reverse side features an inspirational message and a sparkling crystal



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Extraordinary... compassionate... loving and strong—there are many ways to describe your own unique, inner beauty. This gorgeous pendant inspired by the words of Maya Angelou is a sparkling symbol of everything that makes you shine! The handcrafted, 18K gold-plated pendant features layered points of light that sparkle with over 60 genuine Swarovski crystals. It gracefully suspends from an 18" chain and is elegantly engraved on the reverse side with *Shine from Within*, a message taken from a Maya Angelou quote, which also appears on the sentiment card that accompanies the pendant.

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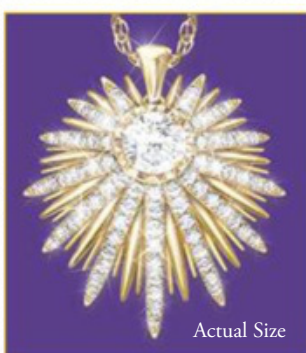
Lavishly Plated in
Gleaming 18K Gold

Engraved with
Inspiring Message

Nothing can
dim the light which
*Shines
from Within*
- Dr. Maya Angelou

Includes sentiment card featuring
inspirational Maya Angelou quote

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"I STILL USE COVERGIRL MASCARA AND WET N WILD EYELINER - EVEN IF I HAVE TO HIT IT WITH A LIGHTER TO KEEP IT SOFT."

- TIFFANY HADDISH, WHO IS WORTH AN ESTIMATED \$6 MILLION



"I THOUGHT HE WAS BRAD PITT AND ROLLED DOWN THE WINDOW AND I WAS LIKE, 'I THOUGHT YOU WERE BRAD PITT.' AND HE WAS LIKE, 'I LOVE YOU FOREVER.'"

- LAUREN GRAHAM ON A CASE OF MISTAKEN IDENTITY WHILE DRIVING PAST NEIGHBOR DAX SHEPARD

**say
WHAT?!**

ONLY CELEBS CAN GET AWAY WITH THIS!



"LOTS OF PEOPLE TELL ME I SMELL LIKE A CRAYON."

- ROBERT PATTINSON ON HIS NATURAL SCENT

"WE BOTH PARTOOK OF TATE [DONOVAN]. HE SEEMS TO HAVE A TYPE. LOVERS OF ARCHITECTURE, LOVERS OF INTERIOR DESIGN."

- JENNIFER ANISTON ON DATING THE SAME GUY AS NOW-PAL SANDRA BULLOCK



"I CALL MYSELF A 'BRIDE-CHILLA.' I'M KINDA CHILL. BUT I AM ONE OF THOSE GIRLS WHERE I GOT ENGAGED FEB. 14 AND I BOOKED THE PLACE FEB. 19. I TOOK IT VERY SERIOUSLY."

- KATY PERRY, WHO IS BETROTHED TO ORLANDO BLOOM

Oh, Omega-3

Buzzworthy and Good For You. Where to Get Your Omega-3s

Omega-3 fatty acids have various benefits for both your body and brain. Not only does your body need these fatty acids to function, but they also deliver some big health benefits.

Herring

Cold-smoked, pickled, or precooked, smoked herring is a popular breakfast food in countries like England, where it's served with eggs and called "kippers".



Anchovies

Rollled around capers, stuffed in olives or used as a pizza or salad topping, this tiny little fish, with its strong taste, adds flavor to many dishes and sauces.



Salmon

One of the most nutrient-rich foods on the planet, salmon is a great choice for breakfast, lunch or dinner.



Flaxseeds

Toss them on your salad, add them to your shakes, flaxseeds are often ground, milled or made into an oil.



SPONSORED

Omega-3 To Go!

Ocean Remedies Krill Oil is a natural source of omega-3 fatty acids (EPA and DHA). The omega-3 fatty acids in krill oil have been demonstrated to be 2.5 times better absorbed than fish oil*, without any reflux or fishy aftertaste. Plus, it has a higher phospholipid content compared to other brands. Learn more about krill oil at oceanremedies.com.

*Clinical Study Report. NO. BTS 275/07, Feb. 16, 2009. Esslingen, Germany



celeb-worthy **SWAG**

All the loot we're obsessing over right now!



THINK PINK

Have fun playing dress-up again with the Barbie x Forever 21 collection. Featuring vibrant, graphic pieces that give a nod to the iconic, inspiring and inclusive fashion doll, the clothing and accessories collab includes girls, women's and plus sizing. Bonus:

The line of instant classics retails for an oh-so-affordable \$2.99 and up. Ready, set, buy one of everything!

forever21.com

ENDURING AROMA

It's been nearly seven years since designer Tory Burch launched her first fragrance. And Tory Burch Eau de Parfum is still up to sniff. Blending the feminine florals of pink peony and tuberose with crisp citrus notes of grapefruit and neroli as well as earthy vetiver, the spray (\$130 per 100 mL bottle) is a modern scent-sation.

toryburch.com



REASON TO CHEER(S)

Need a new signature sip? Look no further than the Bartenura Raspberry Cooler! This two-ingredient cocktail is delicious and effortless to whip up – simply mash some fresh or frozen raspberries in a glass, pour in Bartenura Moscato and garnish with additional raspberries. Find more tasty ways to incorporate Bartenura on the brand's Facebook, Twitter, Pinterest and Instagram (@BartenuraBlue)!

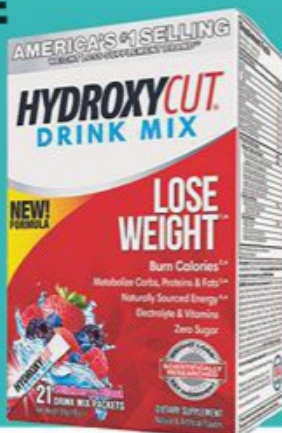
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SLIMDOWN ADVANTAGE

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shop.hydroxycut.com



POLISHED TEXT

Having trained under a former member of Queen Elizabeth II's household, Myka Meier knows good manners. Now she's passing on the wisdom in *Modern Etiquette Made Easy*, sharing five steps to help readers feel confident in social, dining, business and networking situations. Pinkies down!

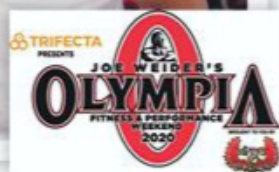
skyhorsepublishing.com



big move OF THE WEEK



MARK WAHLBERG



FITNESS INDUSTRY CELEBRATES LANDMARK DEAL

It's known as the Super Bowl of the fitness industry, and now it's under new ownership. The popular Olympia Fitness & Performance Weekend has been sold to industry insider Jake Wood as part of a blockbuster deal. After experiencing one of its most prosperous years in 2019, the Las Vegas fitness extravaganza and bodybuilding world championship was approached by the Arizona-based businessman about a possible acquisition, a deal that would ultimately include *Muscle & Fitness*, the fitness category's flagship publication. A hotspot for celebrities, 2020 Olympia Weekend will also boast Shaquille O'Neal as the event's

Ambassador. Chief Olympia Officer Dan Solomon shares, "As we roll out a unique media and event integration, we are strengthened by significant resources brought to the table by our new owner. Jake is a visionary and his track record for success speaks for itself." In addition to the Mr. Olympia, the inclusion of the *Muscle & Fitness*, *M&F HERS* and *FLEX* brands has created a consolidated social media audience of nearly 17 million fitness-driven followers. Founded by fitness pioneer Joe Weider, Olympia Weekend returns to Vegas in September. Visit MrOlympia.com for tickets and exhibitor opportunities.

HOLLYWOOD'S WELLNESS WONDER: Blame It On The Juice!

Celebrities are ultimate trendsetters when it comes to fitness, health and overall well-being. Their latest obsession? Cherry juice. This unassuming superfood packs a delicious punch and a plethora of health benefits of which the stars can't get enough.

ENERGY EFFICIENT

Juices often get a bad rap for having a seemingly high sugar content. However, Montmorency and Bing cherries have the lowest glycemic levels of all fruits, helping the body sustain steady energy throughout daily activities, both in and out of the gym, so you can power through anything.



A NO-BRAINER

An unexpected yet important benefit of tart cherry juice is brain health. Research has found that regular consumption can improve cognitive abilities, like improved memory and decision making, and a quicker processing rate. After all, your mental health is just as important as your physical well-being.

AMPLE ANTIOXIDANTS

The combination of Bing and Montmorency cherries blends to the highest antioxidant rating of all beverages, producing powerful anti-inflammatory properties. This makes cherry juice a great post workout drink.



CHERRISH YOUR HEALTH

Not all cherry juice is created equal. For the most complete health juice in the marketplace, CHERRISH has developed a 100% Montmorency Tart and Sweet Bing cherry juice. Loaded with key nutrients like vitamin A and manganese, CHERRISH is all natural with no sugar added, non-GMO and gluten free. Available in three delicious flavors — Original Cherry, Cherry Blueberry, and Cherry Pomegranate.



Available at www.cherrish.net and at Amazon.com

hollywood

HEAT

The couple, who quietly got engaged in 2019, “are planning a small, private ceremony,” shares the source.

Rooney & Joaquin's DREAM WEDDING

Now that awards season is over, Joaquin Phoenix and Rooney Mara are focusing on their upcoming nuptials, which will take place toward the end of summer. “They want to be surrounded by nature when they exchange their vows and are currently looking at venues in California,” a source tells *Life & Style*. “They have their heart set on somewhere overlooking the

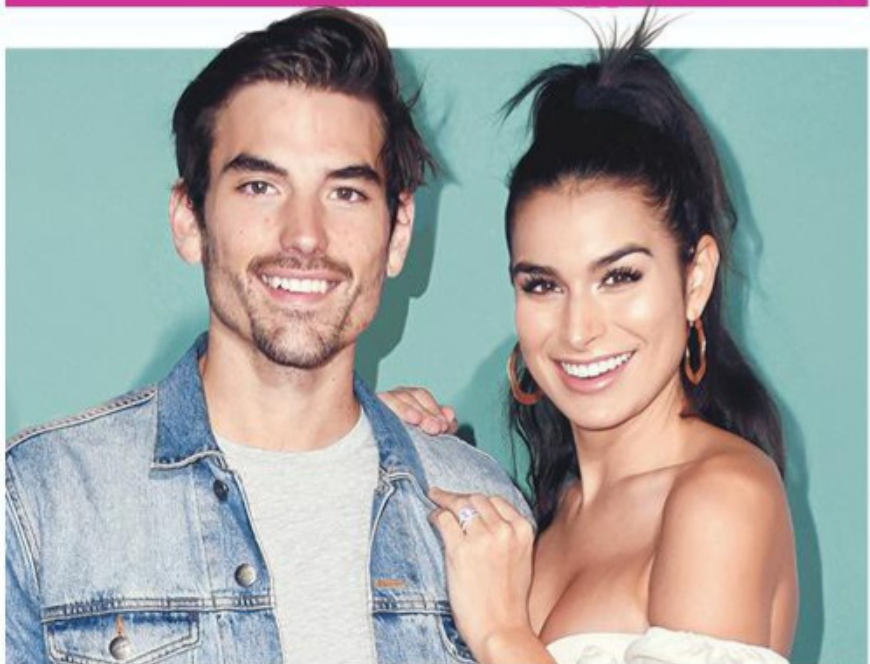
ocean in Big Sur.” With only 50 of their closest family and friends in attendance, including Rooney’s sister, Kate Mara, “it won’t be a huge, glitzy showbiz party but a rather intimate affair,” the source says. Still, they’re not afraid to splash out on the best of the best. The couple, being longtime animal-rights activists, “are hiring one of LA’s top vegan chefs to cater a three-course

dinner for the reception,” dishes the source. “Champagne and wine will be served as well as organic juices.” The *Joker* star, 45, has another card up his sleeve to please the 34-year-old actress during the estimated \$2 million affair. “Joaquin’s written a beautiful song about Rooney, which he’ll sing and play on his guitar,” divulges the source. “He wants it to be a surprise!” **LS**



Adele's DIVORCE DRAMA

Make you feel my anger! Adele was seen having a very heated conversation on the phone at London's Heathrow Airport on Feb. 13 — and according to an insider close to the 31-year-old singer, her estranged hubby, Simon Konecki, was likely on the other end. "Adele is trying her best to move on, but she won't be able to until they work everything out and they're definitely not there yet," reveals the insider. "The thing is, Adele has no problem expressing herself, so they've been butting heads about everything from custody [of son Angelo, 7] to money."



Ashley & Jared's BABY PLANS

A new journey! Ashley Iaconetti and Jared Haibon recently opened up to *Life & Style* about their plans to start a family this year. "We want two, maybe three kids," she revealed, and while most couples have no idea what to expect when they're expecting, Ashley and Jared, both 31, have fellow Bachelor Nation stars Jade and Tanner Tolbert to go to for advice. "They've showed us an example of how to parent and what's to come," Ashley gushed, "and that's just utter chaos!"



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The Name Game

"Everyone in Hollywood probably expects them to pick some weird, trendy, out-there baby name," say a source, "but they're not!"

BRAD & JEN

Baby Jo.



Blended Family

"Jen has already tapped Brad's youngest kids, Shiloh, Zahara and the twins, to help out with the baby," notes the source. "They just don't know it yet."

Her Turn, at Last

Jen's had a lot of practice over the years playing moms on both TV and movie screens, including on *Friends*, where her character, Rachel, welcomed baby Emma with Ross.



After finding their way back into each other's lives, Brad Pitt and Jennifer Aniston are pursuing dreams of parenthood — together

Jennifer Aniston can see it clearly. When recently asked what she hasn't yet done in her life that she's looking forward to in the future, Jen was quick to respond. "It's not so much what I see myself doing, but it's more like a little screenshot in my brain where I hear the ocean, I see the ocean, I hear laughter, I see kids running, I hear ice in a glass, I smell food being cooked," the star mused. "That's the joyous snapshot in my head."

Now that picture-perfect scene is closer than ever to becoming a

reality. *Life & Style* has exclusively learned that, in the wake of their rekindled relationship, Jen, 51, and Brad Pitt, 56, are a few pieces of paperwork away from becoming parents together. "They've been talking about adopting a little girl," a source reveals. "Starting a family of their own was always a dream of theirs that was never realized. Until now. They can't wait to finally bring a baby — *their* baby — home. It's a miracle!"

FALLING INTO PLACE

Everything has come full circle. Fifteen years ago,

Brad and Jen's marriage famously ended after he fell for Angelina Jolie on the set of *Mr. & Mrs. Smith*. But Brangelina's own love affair went on to crumble three-and-a-half years ago, paving the way for a reconciliation between Brad and his first wife. As *Life & Style* has previously reported, the exes started talking again when he reached out to offer condolences following her mother's death in 2016, the same year Angie, 44, filed for divorce. In late 2017, Jen split with second husband Justin Theroux, 48, and by 2019, Brad was an honored guest at

y!

Jen's 50th birthday party as well as her intimate Christmas bash. "Jen and Brad's reignited friendship turned back into a romance, and now," says the source, "it's become deeper and more meaningful."

While a rep denies they're adopting, the source says Jen's already been spotted purchasing baby items and that she and Brad even have a name in mind: "They've picked a very simple and sweet name with a special meaning: Georgia." The moniker, the source explains, is inspired by mutual pal George Clooney, who "played an integral role in helping them get back together." As *Life & Style* has previously reported, when Brad and Jen were first exploring their second chance at love, George, 58, offered them refuge in Italy, where he and wife Amal, 42, have a home that's cloaked in privacy. "George feels invested in their relationship," notes the source. "He wants to see his pal Brad happy again, and that means one thing: Jennifer."

SIBLING REVELRY

There's no doubt the pair are happy now. In fact, seeing how content their dad's been since Jen came back into his life, even his children with Angelina — Maddox, 18, Pax, 16, Zahara, 15, Shiloh, 13, and twins Knox and Vivienne, 11 — are rooting for the relationship. No matter how awkward it may be at times. "Jen wants to be a part of all of the kids' lives," insists the source. "And she's decided that

they should be the first to meet the baby if and when an adoption goes through. Brad loves the idea."

Months after Jen and Brad split in 2005, she hit back at claims she'd chosen her career over having a family. "I've never in my life said I didn't want to have children. I did and I do and I will!" she said, adding, "I want to have it all." Now that time has seemingly come. "Their hearts are so full. They're thrilled about this new chapter," says the source of Brad and Jen. "She's going to be an amazing mom."

It was worth the wait. "Jen's been daydreaming about decorating a nursery for as long as she can remember, it's just that the timing was never right for them," explains the source. "But she's at peace with her and Brad's past now. All her dreams are coming true." **L&S**



Courteney's Already Volunteered to Babysit

After Brad and Jen were photographed together backstage at the Screen Actors Guild Awards in January, social media users noticed that Jen's best friend Courteney Cox, 55, had started "liking" tweets and Instagram comments about the reunion — including one tweet that read, "They still love each other, no doubt." Courteney, a source confirms, supports a reconciliation. And, just like Jen did with Court's daughter, Coco, now 15, "Courteney has volunteered to babysit once Jen becomes a mom," says the source. "She's ready to finally return the favor!"

THEY ADOPTED AFTER 50, TOO!



Diane Keaton

In 1996, at the age of 50, Diane adopted daughter Dexter as a single mom. Five years later, she brought home son Duke. "Children are completely challenging," the *Baby Boom* actress has mused, "and completely intoxicating."

Hoda Kotb

The *Today* anchor was 52 when she adopted her first child, Haley, in 2017. Second daughter Hope — whom she's also raising with fiancé Joel Schiffman — came along in 2019. "I'm a better parent now than I ever would have been," Hoda's said.



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HOUSEWIVES MARRIAGE DRAMA

Who's **REALL**

Dorit & PK: 'We're Still Together!'

Reports of Dorit and PK Kemsley's imminent divorce have been, well, exaggerated. Though a source admits that the *Real Housewives of Beverly Hills* stars have "had their ups and downs," the couple were nonetheless taken aback when a recent podcast claimed that PK, 52, had moved into an apartment in London and was about to file papers. "Their marriage isn't perfect," adds the source, "but they love each other." The rumors may have sprung from talent manager PK's temporary stay in Australia while his client Boy George films *The Voice*. But he spent Valentine's Day weekend with Dorit, 43. And the source says, "Being apart has made them realize how much they miss each other."



Meghan & Jim: Their Split Is Uglier Than Ever

It may be the messiest divorce in *Housewives* history — and it's about to get even messier. According to an insider, Meghan King Edmonds is planning to write a tell-all book, in which she details the many ways in which the father of her three kids, 49, allegedly wronged her. "Meghan isn't going to let Jim get away with making her look like she's the crazy one," the insider says of the *Real Housewives of Orange County* alum, 35, who blogged about Jim's alleged affair with their nanny months before he filed for divorce in October. "She says she'll reveal the threesomes, the fights, the drinking — everything. It will be a shocker!"



Life & Style has the scoop on Bravo's rockiest reality relationships

Y Divorcing?

Prepare for
some table-
flipping!



Teresa & Joe: It's Getting Nasty

They've yet to file divorce papers. But sources close to *The Real Housewives of New Jersey*'s Teresa and Joe Giudice, both 47, say it's only a brief matter of time before they do. "They're trying to be civil for the sake of their four daughters. Things are starting to get nasty, though," says an insider of Teresa and Joe, who was deported to Italy following his release from prison last year and has announced plans to launch a gossipy podcast. According to the insider, Teresa is so furious, she's plotting to spill some major tea herself, including "explicit details about Joe's cheating." At this point, though, she's focused on protecting her reported \$11 million in assets. "Joe needs money," the insider says. "She thinks he may try to take her to the cleaners!"

Kenya & Marc: Trying to Work Things Out

Staying together for the baby? They officially announced their divorce in September, but it looks like Kenya Moore and Marc Daly, both 49, may have had a change of heart.

"They put the split on hold for now," says a source of the *Real Housewives of Atlanta* couple, who adds that the choice was guided by their love for their daughter, Brooklyn, 15 months. "They still love each other, and Brooklyn is their number-one priority. So instead of screaming at each other, they're communicating in a more constructive way.

Therapy's helped them a lot. There's definitely hope!"



{couples drama}

Trapped With a Monster?

"She has become dependent on the relationship," claims a source of Hayden and Brian. "But things often escalate and get out of control between them."

Hayden's

VALENTINE'S DAY NIGHTMARE

A romantic getaway ended with Hayden Panettiere's boyfriend getting arrested for domestic battery

A History of Violence

Prior to his two arrests for allegedly assaulting Hayden, Brian was taken in following a late 2018 incident, during which he was accused of getting violent with his father.



It's the latest chapter in a very sad story. At 2:30 a.m. on Valentine's Day, police in Jackson, Wyo., arrested Hayden Panettiere's boyfriend, Brian Hickerson, on domestic violence charges. According to official documents, Hayden, 30, told cops that, during an argument at the private residence the couple was staying at, Brian hit her with a closed fist. Her face was reported to be red and swollen.

Unfortunately, that's not the first time Brian, 30, has allegedly gotten violent with Hayden. In 2019, he was

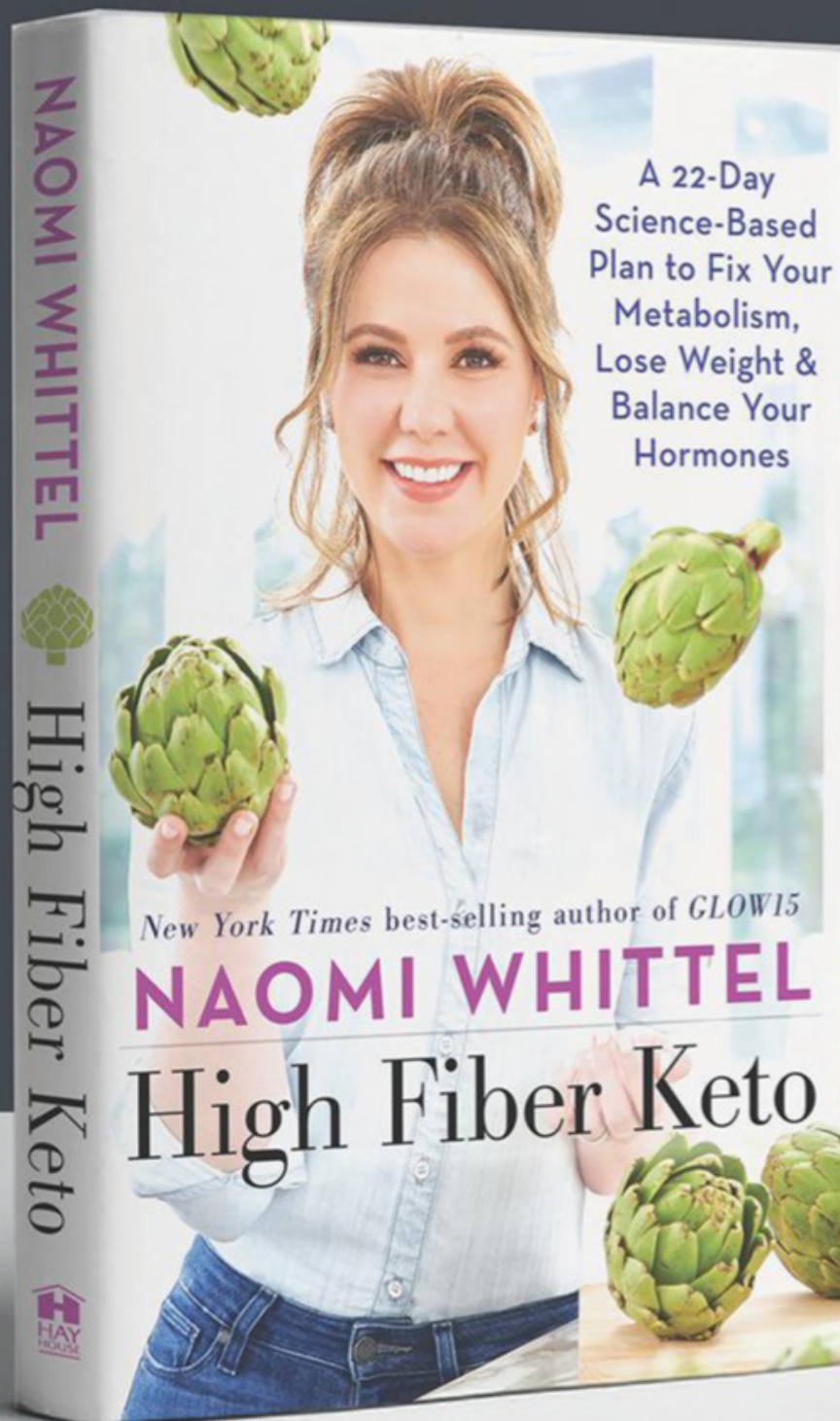
arrested for felony domestic violence after another altercation at their LA home that reportedly left the *Nashville* star with red marks on her body. But the case was later dismissed when Hayden refused to serve as a witness. "Hayden's family is devastated hearing that Brian attacked her again," says a source. "They're scared for her life."

FROM BAD TO WORSE

Indeed, the source says Hayden's loved ones fear the violence will only

continue to escalate. And, since she's estranged herself from them, they will be powerless to stop it. "They only found out about the Valentine's Day incident from the news," the source reveals. "Hayden has cut them off. In the past, she's insisted to her family that everything with Brian has been just one big misunderstanding." All they can hope is that this latest incident will be an eye-opener, and Hayden will leave Brian at last. "It's a terrible relationship," the source laments. "It's just toxic." **L&S**

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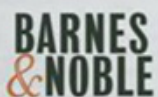
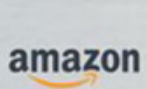


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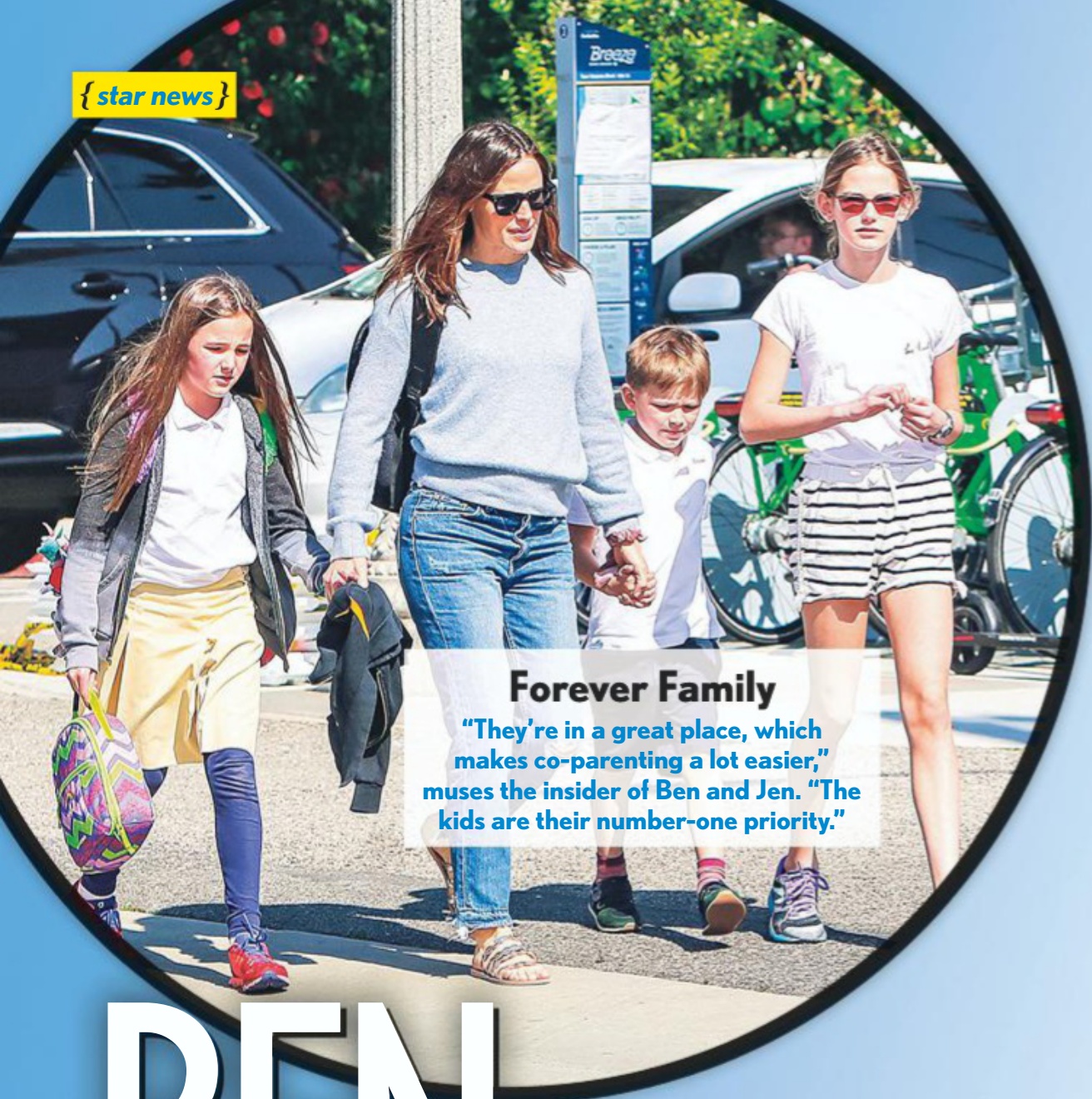
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*A research study was conducted at Jacksonville University with 22 women ranging in age from 25 to 60 years old to test the efficacy of the High Fiber Keto diet.

{star news}



Forever Family

"They're in a great place, which makes co-parenting a lot easier," muses the insider of Ben and Jen. "The kids are their number-one priority."

**BEN:
MY BIGGEST
REGRET IS
LOSING JEN**



After making many a mistake, including during his marriage to Jennifer Garner, Ben Affleck says he's trying to "move forward"

Ben Affleck has made some bad choices in life. From the reported womanizing that ended his engagement to Jennifer Lopez to his questionable movie decisions (*Gigli*, *Live by Night*, etc.) to the drinking and substance abuse issues that have landed him in rehab three times — he was sober for a year when he slipped up again, briefly, last fall — Ben has often proven to be his own worst enemy. But while he readily admits it, the actor chooses instead to focus on the positive. "It's not particularly healthy for me to obsess over the failures," he explains. "I have certainly made mistakes.... But you've got to pick yourself up, learn from it, learn some more, try to move forward."

Yet there's one mistake he may never be able to get over: losing his ex-wife, Jennifer Garner. In a revealing *New York Times* interview, Ben recently took the blame for his divorce from Jen, which was finalized in 2018 after a three-year separation — and said that he still feels guilt over everything he put her through. "What happened was that I started drinking more



Bradley

HOLLYWOOD'S SOBER COACH?

Ben's had an unexpected shoulder to lean on in his bid to stay sober: Bradley Cooper. Weeks after Brad Pitt admitted the 45-year-old *A Star Is Born* actor helped him kick a drinking habit, Ben revealed that Bradley — who's been sober for more than 15 years — had "been very supportive" of his own quest. "I feel a great sense of gratitude," muses the *Way Back* leading man, noting that Robert Downey Jr.'s also played a pivotal role in keeping him on track. "It took me a long time to fundamentally, deeply, without a hint of doubt, admit to myself that I am an alcoholic."

and more when my marriage was falling apart," he shares in the piece. "My drinking, of course, created more marital problems. The biggest regret of my life is this divorce."

SHE'S SAVED HIM

While Ben, 47, doesn't usually volunteer much about his personal life, he laid his soul bare about Jen, 47, in the interview. An insider says it was because he was finally ready. "Ben's had time to reflect on life since the split and regrets the way he treated Jen," the insider notes. "When he hit rock bottom, she was always there for him. She was his tower of strength — even after they divorced."

Indeed, it was Jen who staged an intervention in August 2018, carting Ben off to rehab following a dangerous bender. Bound to him by their

kids, Violet, 14, Seraphina, 11, and Samuel, 7 — but also by the many ups and downs they've shared over the years — she's always had Ben's back. And he appreciates that now more than ever. "If he could turn back time and change things, he would," the insider says. "Ben has admitted to Jennifer himself that he misses her."

Until she read the interview, though, Jen didn't realize how much. "She was both surprised and touched by his honesty," reveals the insider. But while she'll always care deeply for Ben, Jen has no intention of giving their love another chance. "It's the last thing on her mind," the insider says of the actress, who has been dating businessman John Miller for over a year. "Still, she's very proud of Ben and the progress that he's made." **LS**

Blaming Himself

"Ben adores Jen and always will," says an insider of the Oscar winner, who admits to feeling "shame" over his past actions.

who *lives here?*

A pair of engaged Bravolebrities own this \$1.7M home in the Hollywood Hills



It's Anything But *Basic*

The lovebirds aren't actors, but they're living like movie stars in this 1920s showplace. The 2,900-square-foot, three-bedroom pad even boasts a sun-drenched master suite complete with dreamy twin Juliet balconies.

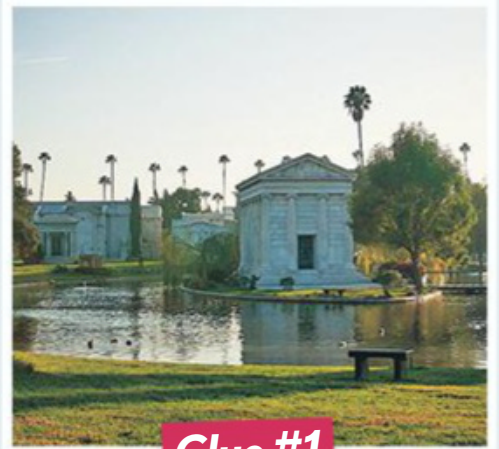


They Play by Each Other's Rules

This reality TV princess kissed many frogs before she met her prince — but it was worth it! On a show that serves up so much drama, their love is SUR-prisingly stable.



GET A CLUE



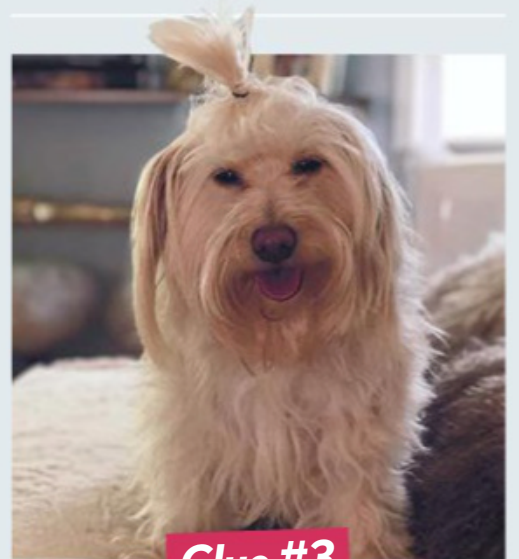
Clue #1

They must be dying to tie the knot. Instead of proposing on the beach or over dinner at a fancy restaurant, the groom-to-be chose to pop the question at Hollywood Forever Cemetery.



Clue #2

That's so fetch! Before her current series started airing, the blond influencer appeared on the 2008 series *Queen Bees*, which pitted real-life high school mean girls against each other.



Clue #3

Sure, he loves his fiancée. But she isn't the only famous lady in this dude's life. His rescue dog – an adorable and very fashionable mixed breed named Refund – has her own Instagram account with thousands of followers.

Let Them Entertain You

Their castmates are always PUMPed to party – so there's no doubt the *New York Times* best-selling author, 31, and her casting director fiancé, 39, will be raising many glasses high underneath this cool tin-roofed outdoor pavilion.



ON TV
this week

Spenser Confidential

BEGINS STREAMING MARCH 6 ON NETFLIX

The law has limits. Good thing they don't! Ex-cop and former felon Spenser (Mark Wahlberg) has just been released from jail when his old boxing coach (Alan Arkin) ropes him back into the world of MMA to help train a new fighter named Hawk (Winston Duke). As it turns out, though, they've got bigger problems on their hands when two of Spenser's old colleagues wind up dead, setting off a twisted murder conspiracy in this star-studded action comedy.



Breeders

MARCH 2, 10 P.M., FX

They brought you into this world and, sometimes, they think about taking you out of it. Once you've put the kids to bed, watch Paul (Martin Freeman) and his partner, Ally (*Harry Potter*'s Daisy Haggard), simply try to survive while raising two young children in this honest and hilarious new comedy series about the joys and horrors of parenthood.



Flipping 101 With Tarek El Moussa

MARCH 5, 9 P.M., HGTV

Going solo! *Flip or Flop*'s Tarek El Moussa is teaching real estate rookies "how to take the worst of the worst and make a mountain of money" on his new spinoff series. Between unexpected construction delays, crumbling foundations and a first-time flipper whose fixer-upper catches fire mid-renovation, the HGTV star certainly has his work cut out for him.

Perfect with
a cocktail

The Knickerbocker
2½ oz. rum
½ oz.
raspberry
syrup
1 tsp. orange
curaçao
½ oz. lime
juice



at the
**BOX
OFFICE**



The Way Back

IN THEATERS MARCH 6

Ben Affleck takes on a role that hits close to home — that of an addict who's been given a shot at a second chance. After turning down a full ride to Kansas, former basketball star Jack Cunningham has spent most of his adult life drowning his sorrows at the bottom of a beer bottle when he's given the opportunity to coach his old high school team in this inspirational sports drama.



Onward

IN THEATERS MARCH 6

From the studio that brought you *Toy Story*, *Finding Nemo* and *Inside Out* comes an animated children's adventure that will leave grown men in tears! Teenage elf brothers Ian (voiced by Tom Holland) and Barley (Chris Pratt) come into possession of a wizard's staff, and with what little magic is left in their supernatural world, they're able to bring their late father back to life. But only for 24 hours.



Never Rarely Sometimes Always

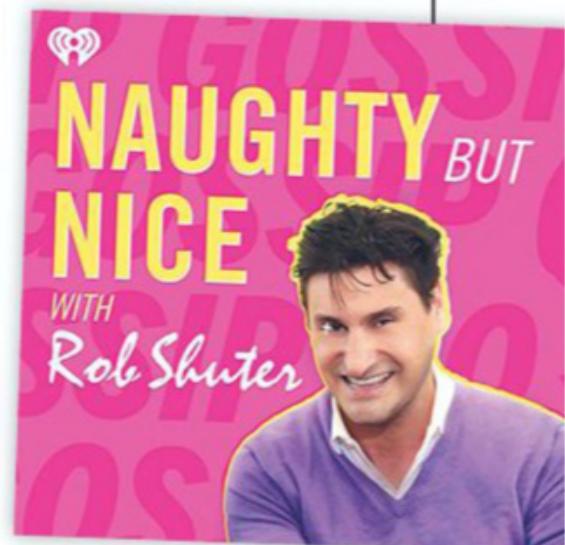
IN THEATERS
MARCH 13

Autumn (Sidney Flanigan), a 17-year-old girl living in rural Pennsylvania, is pregnant. Unable to tell her parents, she turns to her cousin Skylar (Talia Ryder) and together, they hop on a Greyhound bus headed to NYC in search of an abortion clinic. They quickly learn, however, that what should be a simple procedure in a world where it's a woman's right to choose is actually far more complicated.

hot NEW PODCASTS

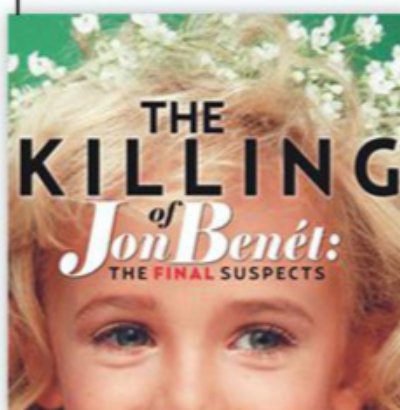
Naughty But Nice

Struggling to keep up with the Kardashians? Dying for more deets on Harry and Meghan's big move? Gossip columnist Rob Shuter has got you covered, delivering all the scoop on your favorite stars in his signature naughty-but-nice way with this daily celebrity news podcast.



The Killing of JonBenét

It was every parent's worst nightmare come true. On Christmas Day 1996, JonBenét Ramsey was found dead in the basement of her family home in Boulder, Colo. — and while her killer's never been found, a brand-new investigation into one of America's most heinous unsolved murders attempts to finally get justice for the 6-year-old pageant queen.

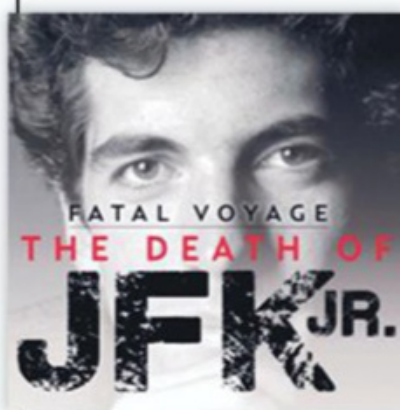


McMillion\$

Lovin' it? Fans of *McMillions*, a new documentary series from HBO that reveals how a man known as "Uncle Jerry" rigged the results of the McDonald's Monopoly game during the '90s, are in luck. After each episode, directors James Lee Hernandez and Brian Lazarte will share untold stories and talk with some of the key players in this companion podcast.



Fatal Voyage: The Death of JFK Jr.



Born into Camelot, heir to a family curse. The third installment of this explosive podcast series examines the life and sudden death of John F. Kennedy Jr., from scandals and cover-ups to his shaky marriage to Carolyn Bessette, using exclusive access to long-buried FBI files and a new recreation of the couple's tragic flight on July 16, 1999.

What's HOT Right Now!

HEALTHY LIVING: THE ZEN ZONE



◀ Bath & Body Works Aromatherapy Restore Sage + Mint Body Wash & Foam Bath, \$14, bathandbodyworks.com



◀ Alo Yoga cover tank, \$54, aloyoga.com

▼ Lululemon the reversible (Un) mat lightweight travel, \$58, lululemon.com



▶ L'Occitane En Provence Cocon de Sérénité Relaxing Pillow Mist, \$24, loccitane.com



▶ Gorjana power gemstone elastic bracelet for tranquility, \$48, gorgjana.com



▲ Gaiam toeless yoga socks, \$10, gaiam.com



◀ Tommie Copper women's lower back support leggings, \$89.50, tommiecopper.com

A high-waisted stabilizing design supports the back and legs with 360-degree compression!

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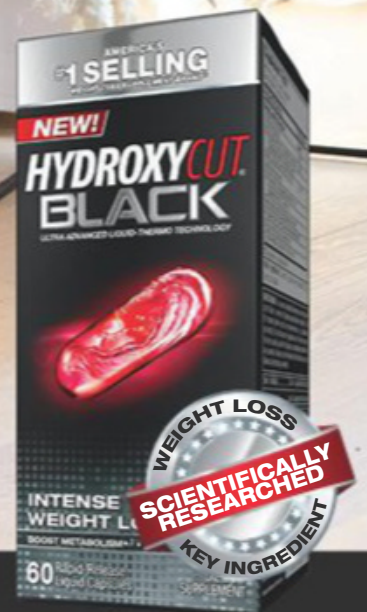
LOSE THE SHAPE WEAR GOALS

Sandy from Houston, TX



Sandy used the key ingredient (*C. canephora robusta*) with diet and exercise, and was remunerated.

¹People using the key ingredient in 60 days lost an average of 10.95 lbs. with a low-calorie diet, and 3.7 lbs. in a separate 8-week study with a calorie-reduced diet and moderate exercise.



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³Hydroxycut® capsules and drink mix contain caffeine to increase energy.

**Based on AC Nielsen xAOC sales data for Hydroxycut® capsules. Read the entire label. ©2020

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BON

Going away? Use this handy travel

► Because hotel hair dryers can be questionable.

ghd Flight Travel Hair Dryer, \$99, ghdhair.com



► No more digging through toiletry bags with these TSA-friendly, water-resistant clear cases.

Baggallini clear travel pouches, \$25, baggallini.com



▼ Breeze through security with these easy-to-slip-on-and-off ballet flats, which also look fab with everything.

Everlane The Day Glove flats, \$115, everlane.com



▲ No parched pouts! This Fair Trade-certified lip balm contains moisture-sealing beeswax and hydrating sunflower oil.

Simple Truth Organic Moisturizing Lip Balm, exclusively at The Kroger Co. Family of Stores



LILY COLLINS



VOYAGE!

essentials checklist to make packing a cinch!



▲ Don't forget a toothbrush!

Open Nature bamboo toothbrush with 100% biodegradable handle, available exclusively at your local Albertsons or Safeway store

Wet this towel to cool down instantly – it's the perfect beach-bound accessory!

Mission original cooling towel, available at Walmart, Target, The Home Depot and mission.com



Use the sleeve on this carryall to attach to your luggage – or wear as a backpack for hands-free convenience.

Bric's X-Travel Montagne backpack, \$145, bricstore.com



▲ For those "my phone's on 2 percent" emergencies.

ban.do Back Me Up mobile charger, \$17, bando.com



A travel wallet, cool crossbody and chic clutch – in one!

Tumi Aberdeen crossbody leather from the Voyager collection, \$295, tumi.com



▼ Consider this your in-flight snooze set.

Calpak silk travel set, \$95, calpacktravel.com



style CRUSH

Who we are loving and living for this week:

RACHEL BROSNAHAN

Steal Her Style!



Blazer

Zara plaid blazer, \$90, zara.com



Sweater

J.Crew cable crewneck sweater in everyday cashmere, \$168, jcrew.com



Jeans

Frame Ali wide crop exposed buttons jeans, \$120, frame-store.com

Booties

Dolce Vita Bel booties in Cognac Croco, \$145, dolcevita.com



Fan Favorite

The *Marvelous Mrs. Maisel* star takes a break from all the corsets she wears on the hit Amazon Prime show and proves her street style is worth fangirling over, too! While she grew up in the Midwest, the 29-year-old actress films in NYC — and seems to have adopted a Big Apple sartorial sensibility with this cool-girl mix of cropped jeans, croc-embossed booties and plaid blazer. File this one under what to wear now, ladies!

Raffinato™
Italy

"The hoop [earring] is the calling card of a woman who lives life on her terms".

— The Economist 1843; 2018



Handcrafted by Italian artisans, the look is "magnifico"...as is the price of only \$39

What Raffinato Clients Are Saying:



"Very nice piece... Very unique... Italians got it right again... Will consider more. Thanks."

—R., Toluca, IL

GET INTO THE GROOVE

The ultimate jewelry must-have for a must-get price. Italian-made perfection for **only \$39!**

There are certain fashion essentials every woman simply must have: A little black dress. A great pair of jeans. A strand of pearls. And, to round things out, a pair of great hoop earrings. And, when it comes to putting a fresh twist on a classic, you can't beat the lux style of Italian design. So, to Italy we went. And, we returned with earrings that run circles around the competition.

The **Cerchi Scanalati Earrings** are perfect classic hoops crafted of .925 sterling silver and covered in lustrous Italian gold. Updated with a grooved texture, these earrings are the ideal size that walks the line between bold and dainty with ease.

You could easily spend \$300 for gold over sterling silver hoop earrings, but why would you? A fancy name isn't worth the price

difference, and that is the *only* difference. These earrings can go head to toe with the best of them.

Satisfaction guaranteed or your money back. Try the **Cerchi Scanalati Earrings** for 30 days. If you aren't perfectly happy, send them back for a full refund of the item price.

Limited Reserves. Italian-made earrings for such an unbelievable price won't last. Don't let these gorgeous earrings get away. Call today!

Cerchi Scanalati Earrings

Stunningly affordable ~~\$299†~~

\$39 + S&P

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† Special price only for customers using the offer code versus the price on Stauer.com without your offer code.

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DIVA OR down-to-earth?



He's picky about his smile!

DOWN-TO-EARTH! Billy Flosses On the Go

That's quite a Pose, **BILLY PORTER**! After dining in NYC on Feb. 3, the red-carpet king whipped out a flosser and went to work on his pearly whites.



DIVA! Olivia Gets a Gown Assist

Talk about a well-trained cast! **Booksmart** director **OLIVIA WILDE** put her stars, **BILLIE LOURD** and **KAITLYN DEVER**, on styling duty at the Independent Spirit Awards in Santa Monica on Feb. 8.





DOWN-TO-EARTH!

Jenny Shovels Snow

Cold enough for ya? During a recent wintry day in Chicago, **JENNY MCCARTHY** braved freezing temps to clear the pavement outside her house.



DIVA!

Sofia Has a Glam Squad

High-maintenance alert! On Feb. 9, **SOFIA VERGARA** enlisted a hair and makeup team to get her ready for the Vanity Fair Oscar party in LA.

World's Finest Eye Cream

a "selections" product in Oprah magazine



AIRBRUSH

Eye Refining Treatment

Airbrush Eye Cream reduces puffiness right away, especially when cold. Promotes new collagen which reduces fine lines and wrinkles. Reduces dark circles, is soothing, hydrating and promotes a youthful healthy glow!

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Shiseido Solution LX @ \$130
La Prairie Swiss @ \$240

Hypo-allergenic and natural containing emu oil serum, green tea extract, aloe vera, collagen and elastin.

Use am & pm for best results and the jar will last about 3 months!

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On Cloud Nine

"Should we go back down? Namaste right here," Nina Dobrev joked after climbing to the top of Cape Town, South Africa's Lion's Head mountain.



Social Stars

POSTS OF THE WEEK!

MEET & GREET
of the week

Out in Full Force

Baby Cobra comedian Ali Wong made a fur-ever friend in Chewbacca during a trip to the Star Wars: Galaxy's Edge theme park.



Behind the Seams

Nick Kroll shared a "throwback" of himself and fellow actor Jason Mantzoukas hanging out "backstage at Fashion Week" after the "Hello Kitty runway show."



The Bare Essentials

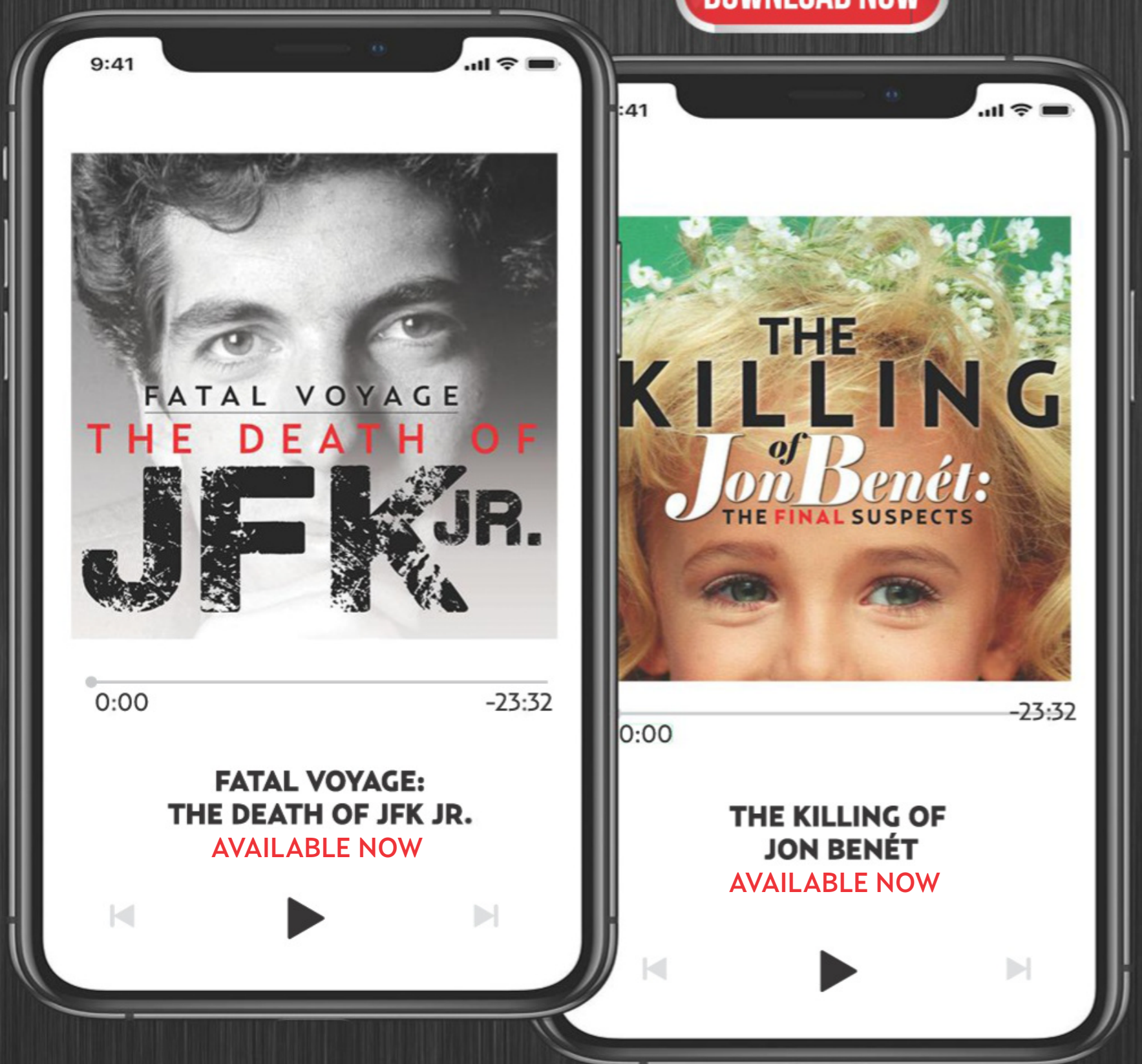
Fashionable and functional! Surrounded by Louis Vuitton bags, a scantily clad Kendall Jenner preserved her modesty with a large shopping bag.



NEW!

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HOROSCOPE

WEEK OF MARCH 2 - 8

By astrologer Josephine Collins (Instagram: @josephinecollinsbooks)

ARIES

March 21 - April 19

Your intuition makes it easy to notice what others are up to. But you would be better off turning your attention to yourself at the moment.

TAURUS

April 20 - May 20

If worrying has slowed you down, it's time to take back control. Everyone makes mistakes, so let yourself off the hook and appreciate the lessons that you've learned.

GEMINI

May 21 - June 21

The more thoughtful side of you takes over this week as you start to look inward. Understanding your own needs and desires can be very empowering.

CANCER

June 22 - July 22

Like a superhero, you get the job done, allowing you to push forward with some precious plans. Gossip is hot. Be careful spilling secrets!

LEO

July 23 - Aug. 22

Self-assured and poised, you're comfortable being the boss, so it's no surprise that you're ready to climb up the ladder of success. Let your knack for turning plans into action work for you.

VIRGO

Aug. 23 - Sept. 22

You're in the mood for a new adventure, whether that's applying for a different job,

moving into a new apartment or finally asking your crush out. Whatever it is, find something (or someone!) that makes you feel alive.

LIBRA

Sept. 23 - Oct. 22

Looking for the real deal in romance? Instead of skimming the surface, dig deep during conversations and don't be afraid to ask the important questions, Libra.

SCORPIO

Oct. 23 - Nov. 21

Passion is essential in every relationship — however, if there's too much, tempers can flare. Too little, and the spark can start to dwindle.

SAGITTARIUS

Nov. 22 - Dec. 21

As a go-getter, you usually know what you want. Lately, though, there's been some confusion about what you're aiming for. Balance practicality with vision.

CAPRICORN

Dec. 22 - Jan. 19

Feeling stuck in a rut, Capricorn? You could shake things up with a brand-new look or decide to treat yourself with a few well-thought-out indulgences.

AQUARIUS

Jan. 20 - Feb. 18

Home comforts grab your attention as you look for new ways to spruce up your surroundings. Forget keeping up with the Joneses; only your unique flair will do.

Camila Cabello

March 3,
1997

PISCES

Feb. 19 - March 20

Being around like-minded people puts you in a spontaneous mood, Pisces. If someone's been giving you butterflies, be sure to speak up. At times true love just needs a nudge.

They're Not Together, But They Should Be!

Focused and determined in business, a Scorpio man like Josh would apply those same skills to pleasing Pisces woman Rihanna.



RIHANNA
FEB. 20, 1988

JOSH DUHAMEL
NOV. 14, 1972

Follow Josephine at twitter.com/MysticJosephine and visit her website at starloveunity.com

CROSSWORD

ACROSS

- 1 *Suicide Squad* actor Leto
- 4 Make a choice
- 6 Ruffalo, Strong and Harmon
- 9 A primary color
- 10 Like Alice's hatter
- 11 Where the truck driver sits
- 12 *Rosemary's Baby* star Farrow
- 14 Director Howard
- 16 A Gershwin brother
- 17 *Jackie Brown* star Fonda
- 18 Computer key
- 19 Before pod, angle or cycle
- 21 *Summer of Sam* director Spike
- 22 Act like a pig
- 25 Pack of cards
- 27 *Will & Grace* star Hayes
- 30 Horne or Olin
- 33 *Westworld* star ____ Rachel Wood
- 36 Jillian or Miller
- 37 *Pirates of the Caribbean* star Bloom
- 38 Anger, wrath
- 39 Actress De Matteo
- 41 Group of soldiers
- 42 *Falling Skies* star Wyle
- 45 Goldblum, Bridges or Daniels
- 48 *Tombstone* star Kilmer
- 49 Come as you ____
- 51 Gossett or Ferrigno
- 54 *The Killers* star Gardner
- 55 Oz girl
- 56 Hospital imager
- 57 Scottish cap
- 59 Certain time zone
- 60 Call ____ day
- 62 Actress Anderson
- 63 First numero
- 64 Actress Pompeo
- 65 *The Accountant* star Affleck
- 66 Actress Arterton

DOWN

- 1 Veep star Louis-Dreyfus
- 2 Baseball stat.
- 3 '80s pop star Gibson
- 5 Group of lions
- 6 Plimpton or Stewart
- 7 Fuss, bother
- 8 *Downton Abbey* star Maggie
- 11 Tabby, for one

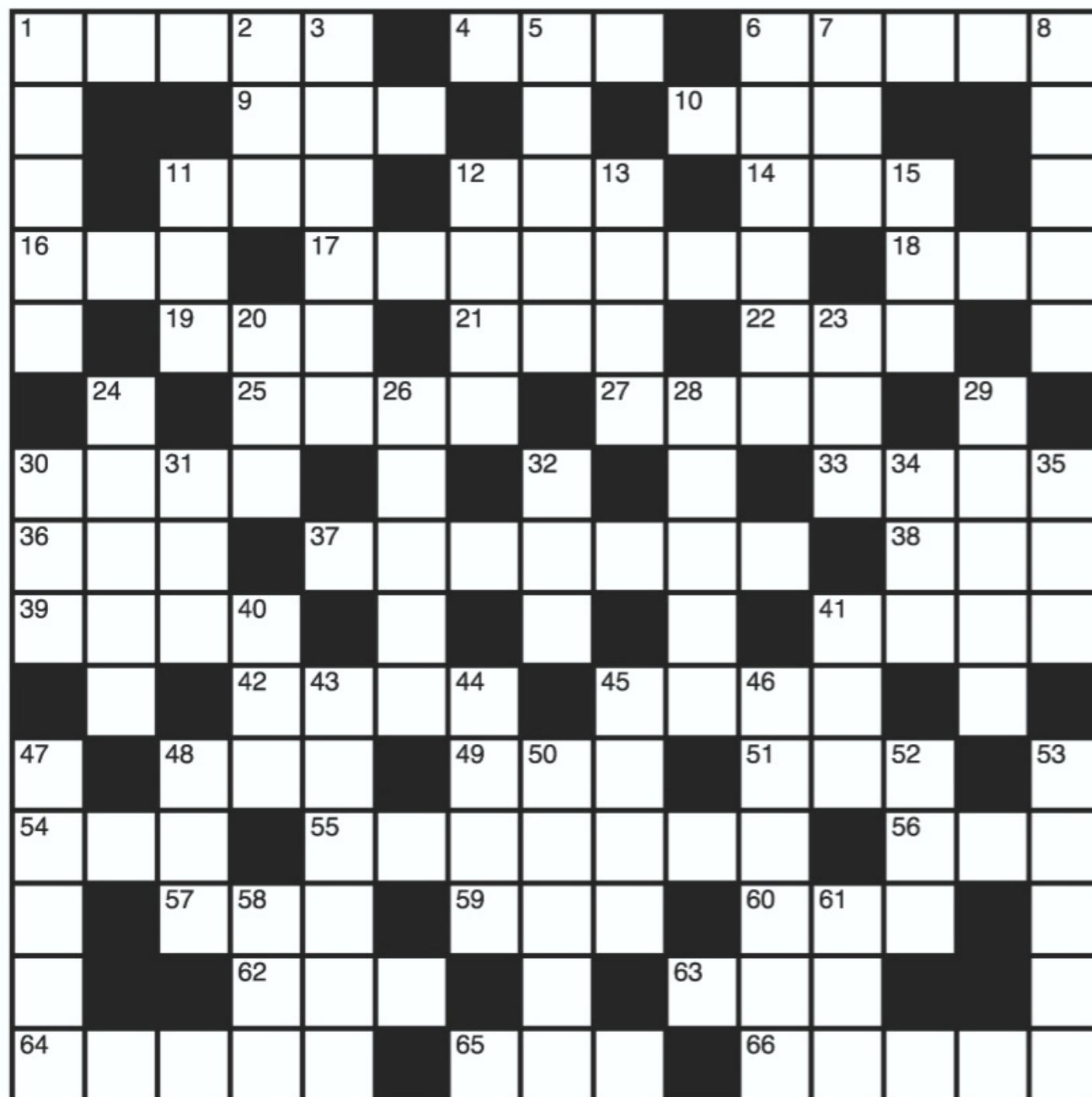
- 12 Sean Penn movie
- 13 Gets older
- 15 Henpeck
- 20 Nutritional abbreviation
- 23 Single thing
- 24 *Man of Steel* star Cavill
- 26 Actress Gugino
- 28 Izzard or Murphy



- 29 Ms. Menounos
- 30 Young man
- 31 Compass point
- 32 A long way off

- 34 Actor Diesel of *Fast Five*
- 35 Tennis need
- 40 Ortiz or Gasteyer
- 41 Flying saucer
- 43 *Immortal Beloved* star Gary
- 44 Tortoise's opponent
- 45 Rocker Joan

- 46 John Wayne classic ____ *Tigers*
- 47 Oscar winner Berry
- 48 Big container
- 50 O'Donnell or Perez
- 52 *Pulp Fiction* star Thurman
- 53 Ross or Krall
- 58 Primate
- 61 Stocking's end



SUDOKU

DIFFICULTY LEVEL: MEDIUM

There are nine sections of nine squares. Fill in the blank spaces with numbers from 1 to 9 – in any order. No number can be repeated in any section or in any horizontal or vertical line.



DIFFICULTY LEVEL: ADVANCED



MADE YA LOOK!

Find the 10 things that make these two pictures different!



A foreign affair! Alicia Keys promotes her new album, *ALICIA*, at Paris' NRJ radio station.



WORD SCRAMBLE

Each of these clues can be found within the grid horizontally, vertically, diagonally, backward or forward. Circle them all to solve the puzzle.

JUSTIN BIEBER TOP 10 HITS

AS LONG AS YOU LOVE ME

BABY

BEAUTY AND A BEAT

BOYFRIEND

COLD WATER

DESPACITO

I DON'T CARE

LOVE YOURSELF

NEVER SAY NEVER

SORRY

WHAT DO YOU MEAN?

YUMMY

Y O L Z O E H K M U J Q W R Y D D F B P
B Q M V W Q F Q W Y S Y H T A N Q A H R
Y E N K G R B Z B V I G A Q J D B W X K
D Q A E R A C T N O D I T U C Y C X C C
E R X U C Z R O V T Y C D I I H C J G U
S B D F T I E L O V E Y O U R S E L F I
P G T O M Y T R E V E N Y A S R E V E N
A S L O N G A S Y O U L O V E M E Y E P
C E O L C U W N D E O U U F B Z T U X K
I X H R M G D V D I H J M B E J L M Z A
T G T L R O L A U A Q S E S G S C M W M
O K B F X Y O C P Z B Q A U B E S Y Y K
X J S N P G C I Y U P E N X R O X J G B
L O L B O Y F R I E N D A N Q W L A T T
D C F U D C N W Z H Z S C T P L I J F F

ANSWERS TO THIS WEEK'S PUZZLES

1. Red TV screen made pink.
2. Clips removed from Alicia's hair.
3. Extra pink earring.
4. Color of the letters "R" and "J" changed to black.
5. White dots added to TV screen.
6. Alicia's shirt sleeve filled in.
7. Additional black BIC marker.
8. Pink flowers in bouquet made red.
9. NRJ logo missing from TV screen.
10. White band around microphone.

WORD FIND: JUSTIN BIEBER TOP 10 HITS
D O L Z O E H K M U J Q W R Y D D F B P
B Q M V W Q F Q W Y S Y H T A N Q A H R
Y E N K G R B Z B V I G A Q J D B W X K
D Q A E R A C T N O D I T U C Y C X C C
E R X U C Z R O V T Y C D I I H C J G U
S B D F T I E L O V E Y O U R S E L F I
P G T O M Y T R E V E N Y A S R E V E N
A S L O N G A S Y O U L O V E M E Y E P
C E O L C U W N D E O U U F B Z T U X K
I X H R M G D V D I H J M B E J L M Z A
T G T L R O L A U A Q S E S G S C M W M
O K B F X Y O C P Z B Q A U B E S Y Y K
X J S N P G C I Y U P E N X R O X J G B
L O L B O Y F R I E N D A N Q W L A T T
D C F U D C N W Z H Z S C T P L I J F F

DIFFICULTY LEVEL: MEDIUM
1 6 4 8 2 9 7 5 3
3 9 8 1 7 5 4 2 6
2 7 5 3 6 4 1 8 9
7 5 2 6 8 3 9 4 1
9 4 1 7 5 2 6 3 8
8 3 6 9 4 1 2 7 5
5 1 7 2 9 8 3 6 4
4 2 9 5 3 6 8 1 7
6 8 3 4 1 7 5 9 2
DIFFICULTY LEVEL: ADVANCED
2 5 4 8 3 1 6 9 7
7 6 3 5 9 2 1 4 8
1 8 9 4 6 7 5 2 3
8 7 1 9 2 6 3 5 4
4 9 2 3 7 5 8 6 1
6 3 5 1 8 4 9 7 2
5 2 6 7 1 3 4 8 9
9 1 7 6 4 8 2 3 5
3 4 8 2 5 9 7 1 6

CROSSWORD
J A R E D O P T M A R K S
U R E D M A D R
L C A B M I A R O N I
I R A B R I D G E T A L T
A T R I L E E H O G H
H D E C K S E A N M
L E N A F D E V A N
A N N O R L A N D O I R E
D R E A L R I U N I T
Y N O A H J E F F A
H V A L A R E L O U D
A V A D O R O T H Y M R I
L T A M E S T I T A A
L P A M I U N O N
E L L E N B E N G E M M A



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By 1960, the notes had served their purpose, and most were destroyed. Only a small number still exist, including notes held by the Smithsonian.

100mg of 99.9% Pure Gold

These Series 1934 \$100,000 Currency Strikes bear a design based on the Smithsonian's originals—a portrait of President Woodrow Wilson, along with the official Smithsonian sunburst. Best of all, they come minted in 100 mg of 99.9% pure (24k) gold!

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For this first-ever release, only 5,000 of these Series 1934 \$100,000 Gold Certificate Currency Strikes were produced. These are the very first of their kind, created with 100mg of 99.9% pure gold. They're already going fast, and there's no telling how long our limited supply will remain in our vault. Don't let this shining gold piece of Americana pass you by—secure yours now!



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what i'm into!



PASSION PROJECT The Fashion

Foundation "The founder emailed me one day and I was immediately interested. Designers gift the charity with clothes, and then they sell them for a discounted rate. All of the proceeds go to schools in NYC to help buy school supplies."



TV OBSESSION

The Marvelous Mrs. Maisel "It's funny, light-hearted — and I love all of the outfits!"

VACATION RECOMMENDATION Aspen, Colo. "The town looks like it is right out of a Hallmark movie! I went to some amazing restaurants and shops while there, but my favorite event was a day party at Cloud Nine, which is located on a mountain and only accessible by ski or snowboard."

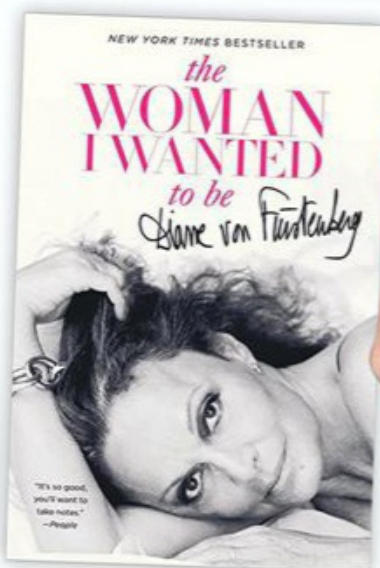
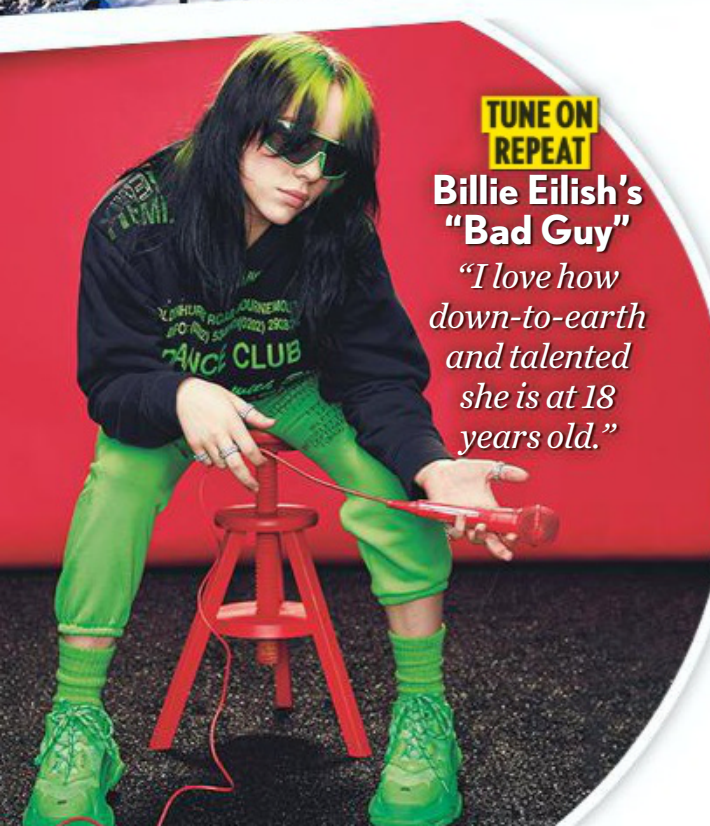


Summer House star **Paige DeSorbo** tells *Life & Style* about her must-haves when she's not busy heating up Wednesday nights on Bravo at 9 p.m.

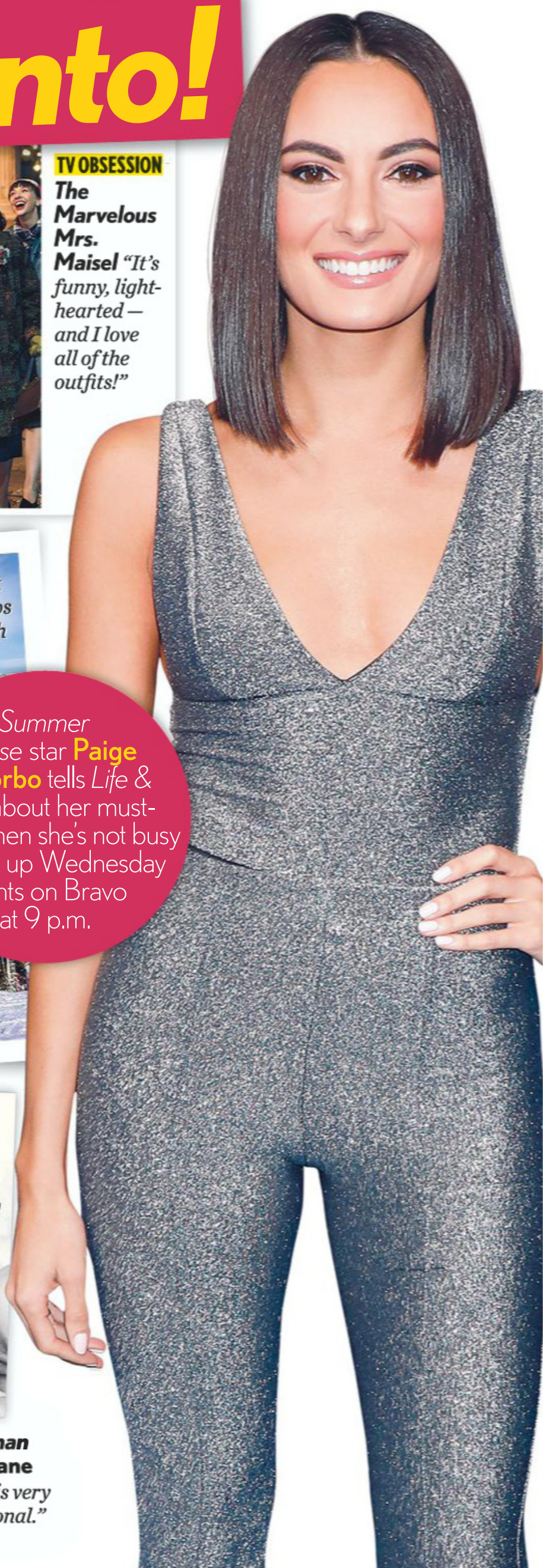
TUNE ON REPEAT

Billie Eilish's "Bad Guy"

"I love how down-to-earth and talented she is at 18 years old."



CURRENT READ *The Woman I Wanted to Be* by Diane von Furstenberg "It is very inspirational and personal."



The Hemp Based Revolution is Here.



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