sky

# WATCH STREAM **SAVE**

~~£54~~

# £37

a month for 18 months

Prices may change during this period. **Set-up: £39.95.**

✓ Sky TV ✓ Superfast Broadband ✓ Plus Evening & Weekend Calls

For New and Existing Customers sky.com 0800 759 1300

**Offer ends 12/03/2020. Sky Fibre areas only. Speeds vary by location. TV set-up: £20 for new customers. £39.95 offer eligibility fee for existing customers. Broadband: £9.95 router delivery; £10 connection fee. Separate 18 month contracts for Sky Entertainment (£12 per month (pm)), Sky Broadband Superfast (£25pm including line rental), and Sky Talk Evenings and Weekends (£0pm). All Sky Q kit is loaned and must be returned at the end of your subscription. Sky Broadband Superfast**: Average download speed 59Mbps. External factors such as internet congestion and home wiring can affect speed. Wi-Fi speeds vary by device and home set-up. No traffic management policy. See sky.com for more details, usage policies and to check your speeds. Standard price applies after 18 months (currently: Sky Entertainment (£27 per month (pm)), Sky Broadband Superfast (£32pm including line rental) and Sky Talk evenings and Weekends (£5pm). Offer not available with any other offers. **Subject to status. Upfront payment may be required. General**: Compatible line required, otherwise £20 connection charge may apply. Non-standard set-up may cost extra. Weekend set up/service visits cost £15 extra. Connect to TV using HDMI cable. You own the Sky dish. Prices may vary if you live in a flat. You must get any consents required (e.g. landlord's). UK, Channel Islands and Isle of Man residential customers only. Email address required so we can keep in touch about your services. Calls to Sky cost 7ppm plus your provider's access charge. Chicago Fire © 2019 NBC Universal Media, LLC. The Late Late Show with James Corden TM & © 2019 CBS Studios Inc. All Rights Reserved. Correct at 07/02/2020. Further terms apply.

sky Virgin media BEST FOR SKY & VIRGIN

PLUS! prime video NETFLIX

# TV&Satellite week

7-13 March 2020

PLUS 5-PAGE WEEKLY GUIDE NETFLIX Amazon, iPlayer and more...

SPRING DRAMA
TWO WEEKS TO LIVE

SPRING DRAMA
SAVE ME TOO

SPRING DRAMA
BELGRAVIA

SPRING DRAMA
THE NEST

## SPRING DRAMA PREVIEW

## Batwoman

Meet the new caped crusader

NEW this week
**BREEDERS**
Martin Freeman's comedy return

NEW this week
**SPORT RELIEF**
Gary Lineker hosts the big night

# HotList This week's 28

## Saturday 7

### Six Nations: England v Wales

***RUGBY UNION*** *ITV HD, kick-off 4.45pm*

After their impressive win over Ireland, Eddie Jones' England will want to maintain momentum as they host a Welsh side who have lost their last two matches.

### Burnley v Spurs

***FOOTBALL*** *Sky Sports Main Event HD & Sky Sports Premier League HD, kick-off 5.30pm*

Spurs have been cursed by injuries, but José Mourinho's side are still chasing a European spot as they visit Turf Moor.

### The Greatest Dancer

***ENTERTAINMENT*** *BBC1 HD, 6.30pm*

**LAST ONE!** Jordan Banjo and Alesha Dixon host the final of the contest, with the remaining four acts going head-to-head. But who'll be crowned The Greatest Dancer?

### The Royals: A Family in Crisis

***DOCUMENTARY*** *Channel 5 HD, 8pm*

Over the past 12 months, the Royal Family have experienced a number of issues and controversies. This documentary charts their turbulent year.

Full listings start on **p35**

## Sunday 8

### Man Utd v Man City

***FOOTBALL*** *Sky Sports Main Event HD & Sky Sports Premier League HD, kick-off 4.30pm*

**EDITOR'S CHOICE** Old Trafford hosts the fourth Manchester derby of the season.

### Dancing on Ice

***ENTERTAINMENT*** *ITV HD, 6pm*

**LAST ONE!** It's the grand final and the three remaining couples will be whittled down to two, who'll then go through to skate the famous *Boléro* routine. Who'll impress the most?

### Race Across the World

***REALITY*** *BBC2 HD, 8pm (times vary)*

As the reality/travel show returns, five new pairs of globetrotters embark on an epic race from Mexico to Argentina using no phones, flights or credit cards. *See documentaries, page 20*

### Dragons' Den

***FACTUAL*** *BBC2 HD, 9pm (times vary)*

Fiery investors Touker Suleyman, Sara Davies, Deborah Meaden, Tej Lalvani and Peter Jones return to the hot seats as a new batch of entrepreneurs strive to seal a life-changing deal.

Full listings start on **p45**

## Monday 9

### Miriam's Big Fat Adventure

***DOCUMENTARY*** *BBC2 HD, 9pm*

In this two-parter, Miriam Margolyes travels the UK to discover why our nation is at its most overweight ever. Concludes Tuesday. *See documentaries, page 21*

### Liar

***DRAMA*** *ITV HD, 9pm*

With Laura (Joanne Froggatt) now the prime suspect for the murder of rapist Andrew (Ioan Gruffudd), DI Karen Renton (Katherine Kelly) starts playing dirty to get results. *See feature, page 11*

### The Outsider

***DRAMA*** *Sky Atlantic HD, 9pm*

**LAST ONE!** In the season finale of the horror crime drama, Detective Anderson (Ben Mendelsohn) prepares for a climactic showdown in a last-ditch effort to root out El Coco.

### Inside No. 9

***COMEDY*** *BBC2 HD, 10pm (times vary)*

**LAST ONE!** Reece Shearsmith and Steve Pemberton sign off with this darkly comic tale in which they play two policemen on a stake-out. But one of them is hiding a secret.

Full listings start on **p55**

## Tuesday 10

### Champions League: RB Leipzig v Spurs

***FOOTBALL*** *BT Sport 2 HD, kick-off 8pm*

After Tottenham's 1-0 defeat in the home leg, the 2019 Champions League runners-up have a lot to do if they're to progress to this season's quarter-finals.

### Great Celebrity Bake Off

***COOKERY*** *C4 HD, 8pm*

*Love Island*'s Ovie Soko, comedians Jenny Eclair and Russell Howard, and documentary film-maker Louis Theroux head to the *Bake Off* tent in aid of Stand Up To Cancer. *See feature, page 8*

### Joanna Lumley's Hidden Caribbean

***TRAVELOGUE*** *ITV HD, 9pm*

The *Ab Fab* star's new two-part adventure sees her visit Cuba and Haiti, and kicks off with her touring Havana in the back of a classic 1950s-style car.

### Mrs Fletcher

***COMEDY*** *Sky Comedy HD, 10.15pm*

*Transparent*'s Kathryn Hahn stars as single mum Eve, who has a midlife sexual reawakening. All seven episodes will be available on Sky Box Sets and NOW TV from Tuesday 10 March.

Full listings start on **p65**



Facebook.com/TVSatelliteWeekMagazine

# best shows on TV...

## Wednesday 11

### Champions League: Liverpool v Atlético Madrid

***FOOTBALL** BT Sport 2 HD, kick-off 8pm*

The European champions will be hoping the roar of the Anfield crowd can help them overturn a 1-0 deficit from the opening leg of their Champions League tie.

### The Heat Is On: Sport Relief

***DOCUMENTARY** BBC1 HD, 8pm*

Eight celebs brave intense heat, deadly wildlife and the highest sand dunes on Earth as they trek 100 miles through the Namib Desert. *See feature, page 8*

### Child of Our Time: Turning 20

***DOCUMENTARY** BBC2 HD, 9pm*

As the long-running series checks in with the millennium babies – now 20 – there are mature reflections on the challenges they faced during childhood.

### The Undateables

***REALITY** C4 HD, 9pm*

As the acclaimed series returns, the extraordinary singletons searching for romance includes Nicholas, who has Asperger's, and Shantae, who dreams of meeting a religious family guy.

■ Full listings start on **p75**

## Thursday 12

### Europa League

***FOOTBALL** BT Sport HD, times vary*

Another big night of European action with British involvement in the Europa League round-of-16, including Steven Gerrard's Rangers, who knocked Braga out in the previous stage.

### Gods of the Game

***ENTERTAINMENT** Comedy Central HD, 8.30pm*

Comedian Tom Rosenthal and Sir Bradley Wiggins host a wacky game show in which contestants take on some of the UK's sporting greats in surreal challenges.

### Project Blue Book

***SCI-FI** Syfy HD, 9pm*

As the sci-fi series returns for a new run, Hynek (Aidan Gillen) and Quinn (Michael Malarkey) follow Harding to Roswell, and encounter a threat to expose what happened there six years earlier.

### Breeders

***COMEDY** Sky One HD, 10pm & 10.35pm*

**EDITOR'S CHOICE** Daisy Haggard and Martin Freeman star as frazzled parents Ally and Paul in a new 10-part comedy series. *See feature, page 12*

■ Full listings start on **p85**

## Friday 13

### Lost Girls

***DRAMA** Netflix*

**EDITOR'S CHOICE** In this true-crime drama, Amy Ryan stars as a mother whose search for her missing daughter turns into a hunt for a serial killer. *See Your Watchlist, page 14*

### The Lion King

***FAMILY ADVENTURE** Sky Cinema Premiere HD, 12.50pm & 8pm*

Disney's beloved 1994 animated musical about a lion cub's quest to claim his rightful crown gets a live action/CGI remake. *See review, page 22*

### Sport Relief

***ENTERTAINMENT** BBC1 HD, 7pm & 10.35pm*

**EDITOR'S CHOICE** A galaxy of sporting stars and celebrities host the fundraising extravaganza. *See feature, page 8*

### A Question of Sport Relief

***QUIZ SHOW** BBC2 HD, 10pm*

Sue Barker presents a special edition of the quiz show with Mel Giedroyc, Tom Davis, Chris Kamara and Paddy McGuinness on the panel alongside captains Matt Dawson and Phil Tufnell.

■ Full listings start on **p95**

**7 – 13 March 2020**


**4 Spring Drama Preview**
We preview the big shows coming to our screens over the next few months, including superhero adventure *Batwoman*, stylish period drama *Belgravia*, and crime drama *Save Me Too*

**8 TV week**
Fundraising fun with Sport Relief, Katherine Kelly in *Liar*, and new comedy *Breeders*

**9 Soap diary**
This week's big stories

**14 Your Watchlist**
Including *Lost Girls*

**20 Documentaries**
Including *Race Across the World* and *Miriam's Big Fat Adventure*

**22 Films**
Including *The Lion King*

**28 Sport**
This week's Champions League second-leg action

**35 TV guide**
Day-by-day TV listings

**105 Kids' TV**

**106 Coming Soon**


ALL TRANSMISSION DETAILS GIVEN ARE CORRECT AT THE TIME OF GOING TO PRESS. COVER PHOTOS: ©FRANK OCKENFELS/THE CW, BBC/COMIC RELIEF, SKY, BBC, ITV. HOTLIST WORDS: PETER FULLER. HOTLIST PHOTOS: ALAMY, GETTY, PA IMAGES


**SUBSCRIPTION OFFER**

**Get 6 issues for only £1***

Your payments will then continue at £19.99 payable every 3 months, saving 36%

SAVE UP TO 36%

Subscribe online at **tvandsatsubs.com/55AA** or call **0330 333 1113** and **quote code XTS-55AA**

Offer open to new UK subscribers only. *After your first 6 issues, your subscription will continue at £19.99 payable every 3 months by Direct Debit, saving 36% on the full price. Offer open to new UK subscribers only. With the price guaranteed for the first 12 months. Final closing date for all orders is 31 March 2020. Please allow up to 6 weeks for delivery. The full subscription rate is for 1 year and includes postage and packaging. If the magazine ordered changes frequency per annum, we will honour the number of issues paid for, not the term of the subscription. For inquiries and overseas rates, contact help@magazinesdirect.com or call +44 (0) 330 333 1113. For full terms and conditions, visit magazinesdirect.com/terms.

# Spring Drama

The drama is based on a real-life story

## The Salisbury Poisonings

**BBC1 HD**

**The deadly effect** of the 2018 novichok poisonings on the local community in Salisbury is at the centre of this new drama. It focuses on how residents and the emergency services reacted to the incident in which former spy Sergei Skripal and his daughter Yulia were left critically ill. The cast includes Rafe Spall and Mark Addy.

Emma D'Arcy, Nick Frost and Samson Kayo

## Truth Seekers

**AMAZON PRIME VIDEO**

After *Shaun of the Dead* and *Hot Fuzz*, Simon Pegg and Nick Frost reunite for this supernatural comedy horror series about a pair of paranormal investigators who film ghostly sightings. As they hunt ghouls, they uncover a conspiracy that could bring about the destruction of the human race. Malcolm McDowell, Emma D'Arcy and Samson Kayo also star.

Ruby Rose as Batwoman and (inset) Dougray Scott as Jacob Kane

## Batwoman

**E4 HD**

There'll be a new caped crusader in town when Batwoman brings her crime-fighting skills to E4 later this month. The latest series from producer Greg Berlanti – the man behind *Supergirl*, *Arrow* and *The Flash* – stars Ruby Rose as Kate Kane, AKA Batwoman, the first LGBTQ superhero to have their own TV show.

Kate is the cousin of Batman's alter ego Bruce Wayne, and the action follows her return home to Gotham. Since Batman's disappearance three years earlier, criminals have been running amok and Kate quickly suits up to dedicate herself to defending the city. As the series progresses, Batwoman will face a rogues' gallery of foes, including supervillain Alice (Rachel Skarsten).

'Batwoman is kind of like Batman,' explains Australian-born Rose, who starred in *Orange Is the New Black*. 'She's no-nonsense and very stern. She's cheeky but she doesn't speak a lot.'

Dougray Scott co-stars as Kate's ex-military father Jacob, who has a grudge against Batman. 'Kate has been through a lot,' adds Rose, 33. 'Her sister died, her mum died, her dad doesn't want her, and she was kicked out of the military. There's not a lot of room for happiness, but she's got a purpose as Batwoman.'

# Preview

Your **complete guide** to the very best crime thrillers, fantasy and period dramas coming to TV soon

Tamsin Greig and Alice Eve as Anne and Susan. Inset: Philip Glenister as James

## Belgravia ITV HD

**Has Julian Fellowes** got another *Downton Abbey* on his hands? This sumptuous six-part drama, adapted from his own 2016 novel, explores family intrigue in London's wealthiest echelons in the 1840s. Tamsin Greig and Philip Glenister head the story as nouveau riche Anne and James Trenchard, whose lives are turned upside down when a secret from the eve of the Battle of Waterloo resurfaces and ties them to the formidable Countess of Brockenhurst (Dame Harriet Walter). Tom Wilkinson, Alice Eve and Ella Purnell are also among the cast.

Naomie Harris as Helen

## The Third Day SKY ATLANTIC HD

**Jude Law and Naomie Harris star in a groundbreaking six-part psychological thriller with two distinct halves. The first half, *Summer*, follows Sam (Law), who's drawn to a mysterious island off the British coast, where he encounters a group of islanders set on preserving their traditions at any cost. In the second part, *Winter*, strong-willed outsider Helen (Harris), comes to the island in search of answers.**

WORDS: CAREN CLARK, REBECCA MAHONEY, JUDY EWENS, SEAN MARLAND.
PHOTOS: AMAZON PRIME VIDEO, AMC, BBC, C4, ITV, NETFLIX, SKY,
©2019 THE CW NETWORK, LLC. ALL RIGHTS RESERVED

## White Lines NETFLIX

**The body of** a famous Manchester DJ is discovered 20 years after he disappeared on Ibiza and his sister (*The Capture*'s Laura Haddock) goes to the Spanish island to try to find out what happened in Netflix's 10-part thriller. As her investigation takes her into a world of clubbing, lies and cover-ups, she's forced to confront the darker side of her own character. The cast includes Daniel Mays and Laurence Fox.

Laura Haddock heads the cast

Katherine Langford as Nimue

## Cursed NETFLIX

**If you liked** Netflix's fantasy drama *The Witcher*, don't miss this dark adventure that offers a fresh twist on the age-old Arthurian legend. Based on an illustrated young-adult novel, the 10-part drama follows rebellious teenager Nimue, AKA Lady of the Lake (*13 Reasons Why*'s Katherine Langford), who sets off on a dangerous quest after her mother's death. Tasked with delivering an ancient sword to the magician Merlin (*Vikings*' Gustaf Skarsgård), Nimue teams up with a young mercenary, Arthur (Devon Terrell), on a journey to fulfil her destiny.

TURN OVER FOR MORE GREAT SPRING DRAMAS...

# Spring Drama Preview

Matthew Macfadyen and Sian Clifford as Charles and Diana Ingram

## Quiz ITV HD

**The infamous** 'Coughing Major' scandal captivated the nation in 2001 when Charles Ingram and his wife Diana were accused of cheating their way to the jackpot on *Who Wants to Be a Millionaire?* Now, a three-parter, starring Matthew Macfadyen and Sian Clifford as the couple and Michael Sheen as host Chris Tarrant, gives a wry look at the controversy. 'I was gripped by this story,' says writer James Graham, who adapted the drama from his own stage play. 'It's a very English heist.'

Saskia Reeves and Tom Hollander as Connie and Douglas

## Us BBC1 HD

***Baptiste*'s Tom Hollander** stars as Douglas Petersen who thinks he has a strong, happy marriage until his wife, Connie (Saskia Reeves), tells him she wants to leave him. Connie still agrees to go on their planned family trip across Europe and Douglas uses the holiday to try to win back her love and repair his fractured relationship with their son Albie (Tom Taylor).

Lennie James is back as Nelly

## Save Me Too

SKY ATLANTIC HD

**In this follow-up** to 2018's gritty, London-set thriller *Save Me*, Nelson 'Nelly' Rowe (Lennie James) continues his desperate search for his missing teenage daughter, Jody. The drama picks up 17 months after series one, which saw Nelly dragged into a murky criminal underworld. Suranne Jones is back as Jody's mum, Claire, while Stephen Graham and Jason Flemyng reprise their roles as Nelly's friends, Melon and Tam. Lesley Manville joins the cast as Jennifer, the wife of paedophile Gideon (Adrian Edmondson), who finds herself forced to make an impossible choice…

Maisie Williams as Kim

## Two Weeks to Live SKY ONE HD

**After her** *Game of Thrones* character Arya Stark dramatically killed the Night King in the final season of the fantasy drama, Maisie Williams finds herself facing off with another enemy in Sky One's dark comedy thriller.

The 22-year-old stars as misfit Kim, who has led an isolated existence off-grid in the Scottish wilderness with her mother, Tina (Sian Clifford). Kim witnessed her father's murder 15 years ago and now wants to find his killer, heading south to England on a quest for revenge.

Williams says she enjoyed filming the series' lighter moments. 'This is a very different show to *Game of Thrones*,' she explains. 'There are similarities between Kim and Arya, but it's a very different vibe for me. Coming on to this, I realised I was going to have to take the mickey out of myself a lot and just let go, and I've never really done that on screen.'

Keeley Hawes as DCI Caroline Goode

## Honour ITV HD

**Keeley Hawes stars as real-life Detective Chief Inspector Caroline Goode, who sought justice for the victim of an 'honour' killing. After being forced into marriage, 20-year-old Londoner Banaz Mahmod fell in love with another man. Her family were determined to punish her and, in 2006, she disappeared. Goode's investigations revealed that despite Banaz telling police multiple times that she feared for her life, they did nothing.**

Joe Cole (centre) as Sean

## Gangs of London SKY ATLANTIC HD

**This thriller revolves** around the turbulent power struggles between international criminal gangs in present-day London and the power vacuum that's created when the head of London's controlling crime family is assassinated. No one knows who ordered the hit on Finn Wallace and, with rivals everywhere, it is up to his grieving, impulsive son Sean (*Peaky Blinders*' Joe Cole) to take his father's place, try to restore control and find those responsible for Finn's killing.

Himesh Patel as Emery

## The Luminaries

BBC2 HD

**Himesh Patel, Eva Green and Eve Hewson star in a tale of adventure set in New Zealand during the 1860s gold rush. The six-part series follows Anna (Hewson), who leaves Britain looking for a new life, before meeting the radiant Emery (Patel) and falling in love.**

## The English Game NETFLIX

**From *Downton Abbey*** creator Julian Fellowes comes a six-part period drama starring *Kingsman*'s Edward Holcroft and *Line of Duty*'s Craig Parkinson. Set in the 1870s, it focuses on two footballers who forge a bond that helps bring the upper-class sport to the masses.

Kevin Guthrie also stars

## The Nest BBC1 HD

**Sophie Rundle and** Martin Compston star in this surrogacy thriller from *Three Girls* writer Nicole Taylor. They play Emily and Dan, a well-off couple who have everything except a baby, despite years of trying. A chance encounter with 18-year-old Kaya (Mirren Mack) could see their dreams come true when she agrees to carry their baby. But will all three live to regret their decision?

Sophie Rundle and Martin Compston as Emily and Dan

## The Walking Dead: World Beyond

AMAZON PRIME VIDEO

**This teen-themed** spin-off to horror hit *The Walking Dead* centres on the first generation to be raised in a walker-infested world. Set in Nebraska 10 years after the zombie apocalypse, it follows plucky Iris (Aliyah Royale), rule-breaker Hope (Alexa Mansour), gentle giant Silas (Hal Cumpston), and their gang of survivors, as well as the charismatic leader of a formidable armed force, played by Julia Ormond.

Alexa Mansour and Hal Cumpston as Hope and Silas

# A motley crew!

## A host of **celebrities compete in a gruelling rowing race** for Sport Relief

**NEW** FUNDRAISER

**The Heat Is On: Sport Relief**
Wednesday, BBC1 HD, 8pm
**Sport Relief**
Friday, BBC1 HD & BBC2 HD, from 7pm

**Sport Relief is** back this week for more fun and fundraising. The BBC's biennial charity telethon airs this Friday with sketches and appeal films aimed at tackling mental-health issues, domestic abuse, homelessness and child poverty.

One of the centrepieces is *Clash of the Channels*, in which celebrities take to the water at Salford Quays for an epic rowing race between the BBC, ITV, C4 and Sky.

Among those taking part are *This Morning*'s Dr Ranj Singh on Team ITV, *Made in Chelsea*'s Jamie Laing for C4 and newsreader Dermot Murnaghan for Sky, while *Breakfast*'s Louise Minchin is in the BBC boat.

Minchin admits that learning to row has been 'a sharp learning curve', despite advice from her *Breakfast* co-host Dan Walker, who helped row the BBC team to victory for Sport Relief in 2018.

'I've got huge respect for rowers, because it's really technical,' she says. 'If you get it wrong, everybody in the boat is affected. I've been told the team that wins is the one that doesn't make mistakes. But if I fall in, we'll probably raise more money!'

Dr Ranj Singh is in Team ITV

The race is not Minchin's only contribution to Sport Relief this year. She joins Rob Rinder, Frankie Bridge, Samantha Womack, Nick Grimshaw, Krishnan Guru-Murthy, Karim Zeroual and Dr Zoe Williams on a trek through the Namib Desert.

The trip was arranged after a planned ice triathlon in Mongolia was cancelled due to the coronavirus threat.

In *The Heat Is On: Sport Relief*, on Wednesday, cameras follow Minchin and the team as they travel 100 miles on foot, by bike and even skis, from the source of the Kuiseb River towards Namibia's Skeleton Coast, all in intense heat.

### SOARING TEMPERATURES

'I've done triathlons in extreme environments and marathons after cycling 180km, but this is beyond anything I've done before,' says Minchin.

Getting ready for their desert trek

# Raising dough

## **Paul Hollywood** casts his eye over this year's famous fundraising bakers

**NEW** COOKERY

**The Great Celebrity Bake Off for Stand Up To Cancer**
Tuesday, C4 HD, 8pm

**The legendary 'tent** of dreams' is welcoming more famous faces for this year's *The Great Celebrity Bake Off for Stand Up To Cancer* on C4.

Hosted by Noel Fielding and Sandi Toksvig, 20 celebrities will offer up their best bakes to impress judges Paul Hollywood and Prue Leith and win the Star Baker apron.

'Many of this year's bakers haven't much baking experience, so there are mixed results,' reveals Hollywood, 54. 'But they surprise themselves with what they produce and some excel.'

### SURPRISING SCENES

The first episode of the five-part series sees broadcaster Louis Theroux, comics Jenny Eclair and Russell Howard and *Love Island* star Ovie Soko make giant biscuits in the Signature challenge and a choux sculpture depicting their perfect day for the Showstopper.

'We had biscuits that look like a pizza and even a scene depicting one celebrity swimming with pigs!' smiles Hollywood.

WORDS: CAREN CLARK, ALISON SLADE. PHOTOS: BBC,C4, ITV, COMIC RELIEF

SPORT RELIEF IT'S GAME ON

The teams in training

'There's a mental challenge, too. But I have ways of coping.'

However she fares, Minchin is proud to be doing her bit.

'I know that Sport Relief money makes a difference,' she says. 'This year, we're focusing on mental health, and if we help one person when they're in a bad way, that's a reason to do this.'

Is Corrie's Steve in danger?

## RELIEF EFFORT

**Friday's telethon will be hosted by Gary Lineker, Paddy McGuinness, Maya Jama, Emma Willis, Alex Scott, Oti Mabuse, Rylan Clark-Neal and Tom Allen. Here's what to look out for...**

- In a *Line of Duty* spoof, AC-12's finest grill a suspected corrupt cop (Jason Isaacs) about the identity of 'H'. But his inept lawyer (Lee Mack) causes problems.
- *Killing Steves*, a *Killing Eve* send-up, sees famous Steves, including Olympian Sir Steve Redgrave and Corrie's Steve McDonald, targeted by a mysterious blonde assassin.
- Comic Romesh Ranganathan and British tennis ace Sir Andy Murray take part in a mini-golf version of The Open in *A Round with Rom*.
- AJ and Curtis Pritchard will perform a special live dance routine after sharing moves on social media during the week.
- *A Question of Sport Relief* features Paddy McGuinness, Chris Kamara, Mel Giedroyc and Tom Davis, while Tom Allen, Johnny Vegas, Phill Jupitus, John Barrowman and Aisling Bea uncover quite interesting sporting facts in a *QI* special.
- *Donate: For information on how to make a contribution, visit sportrelief.com/pay-in-your-money*

In later heats, we'll see movie star Richard Dreyfuss, actor James Buckley, tennis ace Johanna Konta and singer James Blunt also try to prove that they know their way around an oven.

'The first film I saw at the cinema was *Jaws* with Richard Dreyfuss, so it was a joy meeting him. He's a legend,' says Hollywood. 'And James Buckley made me laugh a lot…'

Despite having to taste some of their dodgy culinary concoctions, Hollywood says he greatly admires all those taking part.

'I have a lot of respect for them,' he says. 'They're raising money for a great cause and it takes guts to walk into that tent. You feel the pressure – it's not easy. But that's the beauty of the show.'

- *To donate to Stand Up To Cancer, go to channel4.com/su2c*

Johanna Konta and James Blunt

STORY OF THE WEEK

# Soap Diary

## This week's soaps at a glance

Gary and Maria watch in horror as Ali is put in an ambulance

CORONATION STREET

## Gary's revenge on love rival Ali leads to tragedy

**Having found out** Ali bedded Maria, Gary's determined to teach his love rival a lesson, and tasks loan shark Sharon with doing the honours. But he's horrified to see the results of Shazza's shenanigans – Ali being stretchered into an ambulance after collapsing from a diazepam overdose. Ali, meanwhile, is stunned when he comes around and deduces that Gary – or someone acting on his behalf – spiked his drink.

Ali is taken to hospital after an overdose

Ryan thinks the former diazepam addict is in denial and desperately trying to cover up a relapse. But Ali's convinced Gary is trying to kill him. In a rage, he kidnaps Maria in his car and takes her for a terrifying spin, in which he shares his theory.

Unsurprisingly, the fact that Ali has scared the living daylights out of his fiancée isn't something that Gary takes lying down. And in light of his actions, Ali feels there's nothing left for him on the Street, and leaves. He remains sure that Maria is making a mistake in agreeing to become Mrs Windass. Will he be proved right?

**PLUS** James is outed on social media, Alya discovers Geoff is behind the bad Speed Daal reviews, Ken leaves the cobbles for Stillwaters, Toyah eyes up a new career, and Nina fears she's an embarrassment to Roy.

whatsontv.co.uk/soaps

## ALSO IN THE SOAPS THIS WEEK...

### EMMERDALE

Laurel exposes Arthur's bullying when Archie is hurt again (above), Charity reveals Vanessa's cancer diagnosis to Tracy, Cain takes on dodgy cop Malone, Dan and Mandy arrange a date, and Luke asks Victoria to give things another go.

### EASTENDERS

Mitch suspects Gray is having an affair (above), Jay and Stuart propose to Lola and Rainie, Jean accuses Suki of lying about her cancer, Patrick is thrown by Isaac's harsh words, and Linda fears Mick doesn't trust her to stay sober.

BT BEYOND LIMITS

BT SPORT

NOW TV Sky Sports Pass including Sky Sports

NOW TV Sky Cinema Pass including Sky Cinema

NOW TV Entertainment Pass including Sky Comedy, Sky Atlantic, Sky One

prime video

nickelodeon Disney Channel

# New BT TV

## from £10/month.

The new home for all the channels you love. Now with the Sky channels from NOW TV.

**bt.com | 0800 121 7414**

**Entertainment**
**£10/month**
- NOW TV Entertainment Pass including Sky Atlantic, Sky One, Sky Comedy and more

**Sport**
**£15/month**
- All BT Sport channels

**Big Entertainment**
**£20/month**
- NOW TV Entertainment Pass including Sky Atlantic, Sky One, Sky Comedy and more
- NOW TV Sky Cinema Pass

Add bolt-ons including NOW TV passes, Prime Video, Kids and more

With Superfast Fibre for £27.99 a month

24 months, CPI changes apply, £9.99 delivery

CPI increase each March. See bt.com/prices. New customers. Prices and content may change. Entertainment and Superfast Fibre: £45.99 from month 25. Sport and Superfast Fibre: £50.99 from month 25. Big Entertainment and Superfast Fibre: £55.99 from month 25. Pay by direct debit. 91% UK coverage. 24 month min term for BT TV, 30 day term for packs and bolt-ons. Separate contracts apply to BT TV, Sport & Broadband. Packs and bolt-ons renew unless cancelled. BT retains ownership of the equipment. Compatible line required otherwise £49.99 connection charge may apply. Terms apply.

# To catch a KILLER

**Katherine Kelly** on playing *Liar*'s devious detective DI Karen Renton

**DRAMA**

## Liar

**Monday, ITV HD, 9pm**

**Even though chilling** rapist Andrew Earlham is dead, his sins are still casting a long shadow in the second run of ITV thriller *Liar*.

After exposing his crimes, teacher Laura Nielson (Joanne Froggatt), one of his victims, is now the prime suspect for the murder of Andrew (Ioan Gruffudd), and in this week's episode, DI Karen Renton (Katherine Kelly), who is leading the investigation, starts playing dirty to get results.

For Kelly, last seen in Netflix's *Criminal*, the chance to join the cast was one she couldn't refuse. *Liar* sees her reunite with the show's writers Harry and Jack Williams, who produced her 2019 ITV thriller *Cheat*.

Here, Kelly, 40, tells us more about the show…

**How does Karen approach the investigation?** She's very good at removing her emotions from a criminal case, because, to her, that clouds how effective she can be. She's trying to get the job done and get to the truth.

**Does she really think Laura is guilty?** Karen swans in with one goal – to find Andrew's killer – and she becomes a problem for Laura. Karen is an instinctive detective and spends the series trying to prove that her instincts are correct. It's impressive to watch someone so assertive.

**How will her investigation into the murder develop?** Even though Andrew is dead, he is still ruining people's lives and he's left this ever-perpetuating trail behind him. Like the audience, Karen is trying to work it out because everybody's a suspect. Andrew had so many victims who all have friends and family. And every episode, there's a spotlight put on someone. A lot of people wanted him dead – but who actually did the deed?

**What do you think of *Liar*'s depiction of the impact of sexual assault?** The difficulty is that there are no badges or warning signs about someone like Andrew. It's a grey, complex and delicate area. And that's why *Liar* works so well, because it delves into how detailed and complicated these situations are.

**Are you good at working out whodunnits?** I tend to stop watching a crime thriller if I think I've worked out who has done it. It has to be smarter than that for me. Harry and Jack Williams are great at keeping you guessing. I found the ending to this surprising but satisfying.

**What's next for you?** I'm doing a second series of *Criminal* and there's more *Gentleman Jack* that is apparently happening this summer. There's lots of potential in that. It's very satisfying working with writer Sally Wainwright because she's all or nothing. I love that.

Joanne Froggatt and Ioan Gruffudd as Laura and Andrew

WORDS: CAREN CLARK, RICHARD MCCLURE. PHOTOS: ITV, SKY

## You liked...

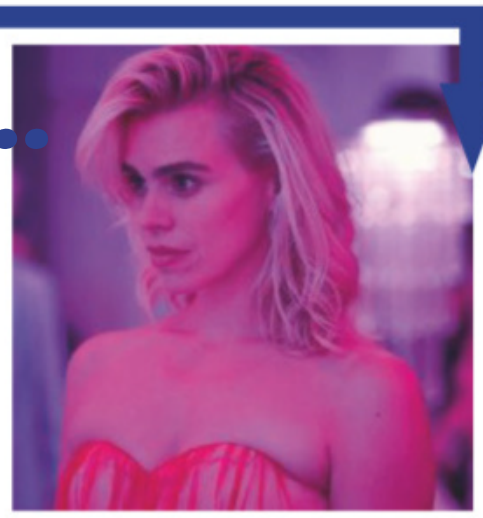
### Secret Diary of a Call Girl on ITV2

**This drama, which** ran for four series between 2007 and 2011, was written by Lucy Prebble and starred Billie Piper as graduate Hannah, who worked as a high-end London escort called Belle. Toyah Willcox played her unaware mum in a cast that included Lily James and Paul Nicholls.

## Now try this...

### I Hate Suzie on Sky Atlantic

**Billie Piper reunites** with writer Lucy Prebble for this intense upcoming drama about celebrity Suzie Pickles, whose life is turned upside down when she is hacked and a compromising photo is widely circulated. As the incident causes repercussions in every area of her life, can she hold on to her marriage to husband Cob (Daniel Ings)?



# Look Who's Back...

## A familiar face appearing in a new role this week

### Freddie Fox

**LAST ONE** McDonald & Dodds

Sunday, ITV HD, 8pm

**The London-born** actor has just been seen in ITV's real-life crime drama *White House Farm*, playing convicted killer Jeremy Bamber. A member of the Fox acting dynasty (he is the son of Edward Fox), he turned in a memorable performance as Boy George's friend Marilyn (inset) in BBC2's *Worried About the Boy* (2010). Since then, he's played the title role in BBC2's *The Mystery of Edwin Drood* (2012), and last year, we saw him in the C4 sitcom *Year of the Rabbit*.

**HIS NEW ROLE**

**The 30-year-old** guest stars in the final episode of ITV crime drama *McDonald & Dodds*, in which Jason Watkins and Tala Gouveia play a detective duo. When they're called to a private rehabilitation clinic, the Mara Retreat, following the mysterious death of a wealthy patient, they uncover a web of lies and betrayal. Fox plays a drug addict called Miles, while other guest stars include *Doc Martin*'s Caroline Catz as sex addict Alison. Also look out for *The Accident*'s Joanna Scanlan as the clinic's director, Kelly Mulcreevy.

Fox in *McDonald & Dodds*

WORDS: REBECCA MAHONEY, TESS LAMACRAFT, SEAN MARLAND, JUDY EWENS. PHOTOS: BBC, HBO, ITV, SKY, COMEDY CENTRAL, SYFY

Daisy Haggard and Martin Freeman as Ally and Paul

# The parent

## **Martin Freeman** plays a frazzled father in a dark new comedy about having kids

**NEW** COMEDY

### Breeders

Thu, Sky One HD, 10pm & 10.35pm

**Most parents would** lay their lives down for their children, but few would admit to feeling like killing their kids at times.

It's this paradox that provides the inspiration for Sky One's uncompromising new comedy series *Breeders*, which pulls no punches as it explores the pressures of starting a family.

Many mums and dads will sympathise with Paul and Ally, who are loving parents but struggle to look after two children under the age of seven while maintaining full-time careers, in this 10-part series, which begins with a double bill.

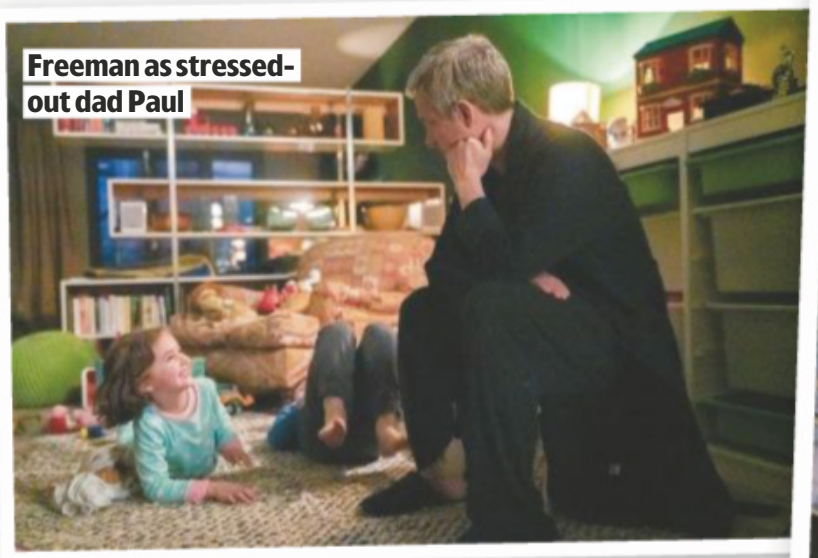
*A Confession*'s Martin Freeman and *Back to Life*'s Daisy Haggard play the stressed-out couple, and during the opening episode, Paul spends the night fighting his own anger and incredulity at his children's inability to go to sleep.

**AWARD-WINNING**

Freeman created the irreverent comedy along with the award-winning writers Chris Addison and Simon Blackwell, who can boast such hit comedies as *Veep* and *Peep Show* on their CVs.

*TV&Satellite Week* caught up with Freeman, 48, who has two children with his ex-partner Amanda Abbington, to hear more about the series...

**Where did the idea for *Breeders* originally come from?** The series is based on things that happen to me as a dad. I love comedy, and I particularly love comedy like this, which is trying to be a bit darker and a bit more thought-provoking about life as a parent. That's what gave birth to all of it. We're trying to make something hopefully true, open and relevant – certainly for anyone who has had small children!


Freeman as stressed-out dad Paul

**'We want to show parents sometimes can be quite spiky and really not nice'**
MARTIN FREEMAN

# trap

**What can you tell us about the characters of Paul and Ally?**
We wanted to make them not rich, not dirt poor, and in a reasonably happy marriage. They haven't got the world against them, so that can't be the reason Paul has these fits of rage. That was the thing with me as a father. Whenever I would get those moods, of course the first thing I would do is go, 'Why am I feeling like this? I've got a really fortunate life.' It's worth exploring.

**What does Daisy bring to the role?**
I've known Daisy for years and years and years. She's actually a godparent to my kids. We have a very good sparring partnership. She brings a sort of genius to it, actually.

Freeman and Haggard with co-star Joanna Bacon

**How did friends react when you told them about *Breeders*?** Some said, 'I'm really glad you're doing that because someone needs to say it.' We want to show parents sometimes can be quite spiky and really not nice. But we don't tend to admit those feelings.

**Is the show a more honest portrayal of parenthood, then?**
Yes. I just noticed that when people ask new parents, 'How's it going?' they always respond, 'It's just amazing, isn't it?' I think, 'When are we going to cut this nonsense?' Yes, of course, it's amazing. But what doesn't go without saying is how angry you are at times!

**But there is an upside, isn't there?**
Definitely. In my case, I think parenting has helped make me a better person by highlighting what needed to get better. It's a shock because you have gone through life thinking you're a good person, and then you become a parent and you find out that you aren't necessarily.

# What else can I watch?

## We search the TV schedules to uncover the shows you might have missed...

### NEW Project Blue Book
**Thursday, Syfy HD, 9pm**

***Peaky Blinders'* Aidan Gillen** returns in the second season of the sci-fi drama as real-life astrophysicist Dr J Allen Hynek, who was recruited by the US Air Force in the 1950s for Project Blue Book – a secret operation tasked with looking into reported UFO sightings.

At the end of the last series, Hynek and Captain Michael Quinn (Michael Malarkey), began to suspect that there might indeed be something out there after an inexplicable 1952 incident in Washington DC was witnessed by dozens of people. This leads the pair to reopen the file into the Roswell incident – the alleged UFO crash in New Mexico in 1947.

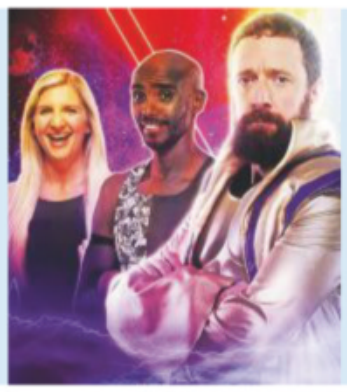
### NEW Mrs Fletcher
**Tuesday, Sky Comedy HD, 10.15pm**

**This seven-part** comedy stars *Transparent*'s Kathryn Hahn as Eve Fletcher, who has a sexual awakening when her son (Jackson White) leaves for college. Eve has looked after her son while working at a care home, but now she opens herself up to new things.

● ***All seven episodes of Mrs Fletcher will be available on Sky Box Sets and NOW TV from Tuesday 10 March***

### LAST ONE Inside No. 9
**Monday, BBC2 HD, 10pm (NI, Tue, 11.15pm)**

**Reece Shearsmith and** Steve Pemberton sign off with a black comedy in which they play two police officers on a stake-out. One of them is haunted by the death of his former partner. 'Writing an episode with just two characters is an interesting challenge,' says Shearsmith. 'The story has got to be gripping.'



### NEW Gods of the Game
**Thursday, Comedy Central HD, 8.30pm**

**Olympic-winning** cyclist Sir Bradley Wiggins fronts this series, which also features Sir Mo Farah, Sir Chris Hoy and Rebecca Adlington. Contestants (the Mortals) take on these greats (the Gods) at their own sport. The Mortals can have a head start, but the bigger the advantage, the fewer points they win.

Mari (Amy Ryan) will stop at nothing to find her daughter. Inset: Oona Laurence and Thomasin McKenzie also star

# Fight for *justice*

**Amy Ryan** stars as a heartbroken single mum in a compelling true-crime drama

# The best of **Netflix, Amazon, BBC iPlayer** and more...

## NETFLIX Lost Girls

**NEW** *Genre: Drama Available: Friday 13 March Runs: 95min*
*TVSW says: Taut real-life crime story*

**One mother's fight** to find her missing daughter turns into a hunt for a serial killer in Netflix's haunting true-crime drama *Lost Girls*.

Based on Robert Kolker's non-fiction bestseller, the drama follows single mother Mari Gilbert (Oscar-nominated Amy Ryan), who reports her eldest daughter, 24-year-old sex worker Shannan, missing when she fails to show up for a family dinner in 2010.

Detectives soon learn that Shannan made a panicked 911 call while running from a client's house in a gated community on New York's Long Island the night she went missing. The call lasted more than 20 minutes, but when officers arrived – an hour later – she was gone.

A lack of urgency or concern from the police prompts Mari and her other two daughters, Sherre (Thomasin McKenzie) and Sarra (Oona Laurence), to launch their own investigation, which leads to other families of missing women.

### SHOCKING DISCOVERY

It's only when a series of bodies are discovered along a stretch of beach on Long Island that the local law enforcement, which includes Gabriel Byrne's police commissioner, listen to Mari's claims that a serial killer is on the loose.

'I remember the story in the news at the time,' says Ryan, 51, who's starred in *Birdman*, *The Wire* and *Bridge of Spies*. 'The film focuses on Mari as she searches for her daughter and is met with a ton of resistance from the police department.

'However, it just drives her forward. She's like a dog with a bone and doesn't take no for an answer. She's a powerful character, and when she is ignored, she just gets louder.'

With authorities and the media labelling the dead women prostitutes, Mari battles against police bias and judgment in her quest for their murders to be taken seriously.

'There is this dismissal of women in a lower economic class, that if they're sex workers, they must have problems at home and don't want to be found,' says Ryan.

'They're not treated as humans, as sisters, mothers, daughters or wives. They are simply called prostitutes and hookers. It's also the dismissive attitude of, "They're poor – who cares?" It's infuriating.'

The so-called Long Island Serial Killer is believed to have murdered up to 16 people, mostly young women, over a period of nearly 20 years. But the case still remains unsolved.

Tragically, Mari was stabbed to death in 2016 – by her daughter, Sarra, who suffers from schizophrenia.

'The tragedy continued for the Gilberts,' says Ryan. 'But my biggest hope is that this film will make audiences interested in the story and create some buzz. Who knows, maybe the families of the dead women will finally get some justice.'

# What we're watching...

A sneak peek at what's being watched around the office

## Dramas

### Three Girls

*Season: 1 Episodes: 3 Runs: 59-60min*

This 2017 dramatisation of the Rochdale child sex abuse scandal makes for harrowing but riveting viewing with its indictment of the authorities' disregard for the victims. BAFTA-winning Molly Windsor is excellent as one of the girls, while Maxine Peake and Lesley Sharp co-star.

### Uncut Gems

*Runs: 135min*

Adam Sandler sinks his teeth into the meaty role of an obnoxious yet charismatic jeweller in this entertaining and unconventional movie from Benny and Josh Safdie. The fast-talking compulsive gambler and wheeler-dealer takes a huge risk to get himself out of massive debt.

### Get Even

*Season: 1 Episodes: 10 Runs: 25-28min*

'Don't Get Mad, Get Even' is the mantra of four teenage girls – Olivia, Bree, Kitty and Margot – who team up to bring down bullies at their school by playing anonymous pranks. But then their latest target is murdered and their calling card is left at the scene...

### Safe

*Season: 1 Episodes: 8 Runs: 42-48min*

Fans of *The Stranger* might want to try this earlier Netflix series from crime writer Harlan Coben. Once again, secrets are at the heart of the story, and they come to light when surgeon and widower Tom (Michael C Hall) searches for his missing daughter. Amanda Abbington also stars.

## Lifestyle

### The Goop Lab

*Season: 1 Episodes: 6 Runs: 30-37min*

Cameras go behind the scenes at Gwyneth Paltrow's wellness and lifestyle brand Goop as her staff try out various therapies and treatments. Each episode looks at a different health-related topic, including energy healing, 'vampire facials' and ice-water immersion.

# What we're listening to...

The podcasts we're tuning into in the *TVSW* office

### The Official Outlander Podcast

The American War of Independence was on the horizon as the fifth series of this time-travelling drama debuted on Amazon Prime Video, and you can follow all the action with this weekly pod. Join the executive producers as they discuss each week's episode.

### Film Stories

*Den of Geek* founder Simon Brew digs into the stories behind a range of Hollywood movies in this regularly updated pod. From troubled productions to disastrous releases, this informative show takes us behind the scenes of blockbusters including *Dances with Wolves*, Disney's *Hercules* and *Cats*.

### How to get podcasts

1. On your smartphone go to the app store and type 'podcast app'.
2. Download one of the podcast players (you may find there's one pre-installed on your phone).
3. Open the player and type in the name of a podcast or an area that interests you – for example, 'comedy'.
4. Choose a podcast and press play.

WORDS: JUDY EWENS, REBECCA MAHONEY, SEAN MARLAND. PHOTOS: BBC, NETFLIX

# Watch it or dodge it

What the critics are saying about the latest releases...

## NETFLIX The Last Thing He Wanted

*Genre: Thriller Available: Now Runs: 115min*

**The critics have** had their knives out for this political thriller starring Anne Hathaway as a journalist investigating US-backed arms dealing in Central America in 1984. Willem Dafoe is her shady dad. 'Incomprehensible to an almost impressive degree,' slammed one critic. 'Any fan of political thrillers will be bored,' chimed in another.

## Facebook Watch Sacred Lies: The Singing Bones

*Genre: Drama Available: Now Season: 2 Episodes: 10 (released weekly) Runs: 30min approx*

**'A fast-paced** and chilling investment worthy of your time,' has been the ringing endorsement for the anthology series' second season. It's been praised for 'phenomenal performances' including Juliette Lewis as an obsessive amateur detective.

## prime Hunters

*Genre: Drama Available: Now Season: 1 Episodes: 10 Runs: 57-90min*

**The big-budget thriller** about a team of Nazi hunters in 1977 New York has not won universal acclaim from critics. Al Pacino stars as a Holocaust survivor leading the group of vigilantes in a series that 'blends ultra-violence with brutally unfunny comedy,' according to one reviewer. Although another described it as 'highly watchable', they did add that 'it only intermittently hits the heights of its opening episode'.

## For fans of Spanish thrillers...

### NETFLIX Elite

**NEW** *Genre: Subtitled Spanish drama Available: Fri 13 Mar Season: 3 Episodes: 8 Runs: 50min*

**The acclaimed Spanish** teen drama about three working-class friends sent to an elite boarding school, where one of the students is murdered, returns for a third series. While Marina's killer was revealed in the season two finale, the fallout from her death is still reverberating...

## If you like edgy comedies...

### Enterprice

**NEW** *Genre: Comedy Available: Sunday 8 March Season: 2 Episodes: 5 Runs: 24min*

**Kayode Ewumi returns** as entrepreneur Kazim with Trieve Blackwood-Cambridge as his friend Jeremiah in the comedy written and created by Ewumi. In the first series, the pair tried to get home delivery service Speedi-Kazz off the ground, and now they're facing new challenges.

## NETFLIX Dirty Money

**NEW** *Genre: Documentary series Available: Wed 11 March Season: 2 Episodes: 6 Runs: 60min*

*TVSW says: Investigative reporting at its best*

**After looking into** payday loans and the Volkswagen emissions scandal, Oscar-winning film-maker Alex Gibney returns to lift the lid on more malpractice in the world of business. This season offers an inside take on complaints from tenants about rental properties owned by Jared Kushner, son-in-law and adviser of US President Donald Trump; a banking fraud involving Wells Fargo that saw clients charged for fake accounts set up in their names; and corruption in Malaysia in which ex-Prime Minister Najib Razak was accused of diverting government development money into his own personal bank account.

## prime The Test: A New Era for Australia's Team

**NEW** *Genre: Documentary series Available: Thursday 12 March Season: 1 Episodes: 8 TVSW says: Fascinating footage*

**Cameras go behind** the scenes during a hugely eventful period for the Australian cricket team after the sport was stunned by a ball-tampering scandal against South Africa in 2018. Players were caught using sandpaper to rough up one side of the ball, leading to captain Steve Smith, David Warner and Cameron Bancroft being handed lengthy bans and coach Darren Lehmann stepping down. The series follows the team as it attempts to pick up the pieces in their home Test series against India, limited-overs tours overseas, and their highly successful 2019 campaign in England, where they reached the semi-finals of the World Cup and managed to retain the Ashes. 'I can't speak highly enough of the players and coaches involved in the film,' says director Adrian Brown. 'It's a story of resilience, character and achievement against the odds.'

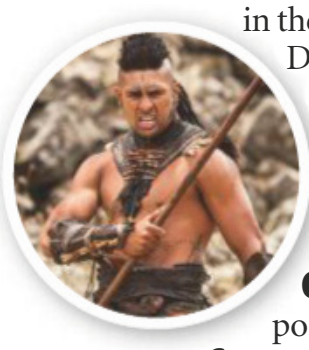
# A look at the streaming service's **other subscription channels**...

**As well as** Amazon Prime Video, subscribers to the streaming service can choose from more than 100 other Amazon channels to add to their subscription. These channels are dedicated to specific genres, ranging from stand-up comedy to motorsports. Although most cost extra, they generally offer a free trial first. Here, we profile a few of them…

DC Comics adaptation *Doom Patrol*

## ➜ STARZPLAY

**Cost:** 99p for three months, then £4.99 a month.
**Content:** Original series and hit movies.
**Currently streaming:** Based-on-fact drama *The Act* starring Patricia Arquette in her Emmy and Golden Globe-winning role of a controlling mother who deliberately makes her daughter ill. Also *Castle Rock*, a psychological horror series set in the Stephen King universe, and the DC Comics adaptation *Doom Patrol*, starring Timothy Dalton.



## ➜ Shudder

**Cost:** Seven-day free trial, then £4.99 a month.
**Content:** Horror series and podcasts. Much original content.
**Currently streaming:** *The Dead Lands* (left), set in a world where the dead haunt the living, *Creepshow* a new anthology series based on the 1982 movie, and *Deadwax*, about a legendary record that kills anyone who hears it.

## ➜ Next Up

**Cost:** Seven-day free trial, then £4.99 a month.
**Content:** Stand-up comedy specials from the UK, either acquired or filmed exclusively.
**Currently streaming:** *The Durrells*' Miles Jupp performs stand-up in *Miles Jupp Is the Chap You're Thinking Of*, and *The Chase*'s Paul Sinha in *Shout Out to My Ex*.

## ➜ Arrow TV

**Cost:** Seven-day free trial, then £4.99 a month.
**Content:** Foreign dramas shown in their original language with subtitles.
**Currently streaming:** *Prisoners of War*, the Israeli series on which *Homeland* is based, and the classic Scandi-noir crime dramas *The Killing* (seasons 1-2) and *The Bridge* (Season 1).

## ➜ Sundance Now

**Cost:** Seven-day free trial, then £5.99 a month.
**Content:** Award-winning films, documentaries and TV series.
**Currently streaming:** The movie *The Queen of Spain* with Penélope Cruz as a diva actress, true-crime documentary *Jonestown: Terror in the Jungle*, and the Australian crime thriller series *Dead Lucky*, starring Rachel Griffiths.

## ➜ MotorTrend

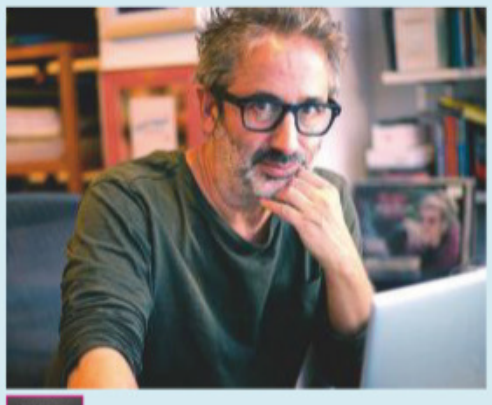
**Cost:** Seven-day free trial, then £3.99 a month
**Content:** Original automotive shows, live motorsports and car-enthusiast programming.
**Currently streaming:** *Dream Jobs with Chris Hoy* (inset) in which the Olympic-winning cyclist takes on tough motoring challenges including competing in 24 Hours of Le Mans. And starting on Friday 6 March, *Petrolhead Planet*, where *Top Gear America* host Jethro Bovingdon drives iconic cars on the greatest roads around the world.

### Also available

- MGM (£4.49 a month after a seven-day free trial) and Studio Universal Classics (£3.99 a month after a seven-day free trial), which show classic movies.
- Reality channel Hayu (£3.99 a month after a 30-day free trial) streams *The Real Housewives* shows and *Keeping Up with the Kardashians*.

# EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up



## Confronting Holocaust Denial

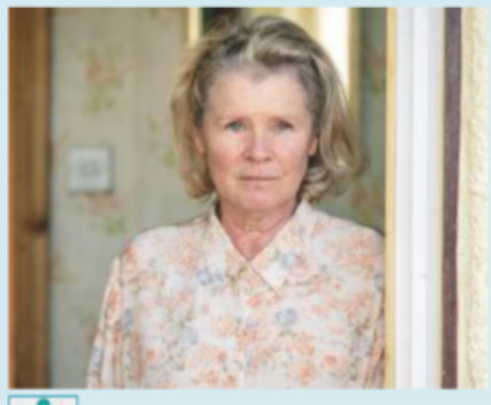
**Everyone's talking about...**
David Baddiel's uncomfortable encounter with Holocaust denier Dermot Mulqueen in BBC2's look at the chilling issue.

## The Windsors

**Everyone's talking about...**
the irreverent C4 royal comedy's take on Harry and Meghan as the new-look prince (Tom Durant-Pritchard) embraces mindfulness with his wife (Kathryn Drysdale).

## Meet the Richardsons

**Everyone's talking about...**
veteran comic Bernie Clifton encouraging Jon Richardson to unleash his inner entertainer in Dave's quirky comedy.



## Flesh and Blood

**Everyone's talking about...**
nosy neighbour Mary (Imelda Staunton) taking in a delivery for a friend and brazenly opening, wearing and then laundering the contents in the ITV drama.

WORDS: RICHARD MCCLURE, JUDY EWENS, CAREN CLARK. PHOTOS: ALAMY, AMAZON PRIME VIDEO, BBC, C4, ITV, FACEBOOK WATCH, GETTY, NETFLIX, UKTV, DISCOVERY

FOX
WAR OF THE WORLDS
BRAND NEW SERIES
THURSDAYS 9PM
SKY VIRGIN MEDIA NOW TV TALKTALK
#WAROFTHEWORLDS

# NEW releases

All the latest releases available to stream from this week...

## SUNDAY 8 MARCH

### Enterprice BBC3 ONLINE

Season two of the comedy written by and starring Kayode Ewumi as budding entrepreneur Kazim. With his friend Jeremiah (Trieve Blackwood-Cambridge), Kazim tries to make a success of their home-delivery service Speedi-Kazz.

## TUESDAY 10 MARCH

### Marc Maron: End Times Fun NETFLIX

The US stand-up comedian's latest routine ranges from vitamin hustlers to evangelicals and nerds.

## WEDNESDAY 11 MARCH

### Dirty Money NETFLIX

More corporate corruption and greed is exposed in the second season of the investigative documentary series. See page 16.

### On My Block NETFLIX

Season three of the US drama series about four streetwise teens living in inner-city Los Angeles. The action picks up after the friends were abducted by a masked gang.

## THURSDAY 12 MARCH

### The Test: A New Era for Australia's Team AMAZON PRIME VIDEO

This documentary series gives an exclusive insight into the Australian cricket team as they fell from grace with the ball-tampering scandal in South Africa in 2018 before fighting back to retain the Ashes last year.

## FRIDAY 13 MARCH

### Lost Girls NETFLIX

Inspired by true events, this mystery drama stars Amy Ryan as a mother whose 24-year-old daughter disappears one night. Frustrated by the police's lack of action, she begins her own investigations. See page 14.

### Beastars NETFLIX

Japanese anime. In a world where beasts happily co-exist, a gentle wolf awakens to his own predatory urges as his school deals with a murder.

### Jessy and Nessy AMAZON PRIME VIDEO

Preschool animation about Jessy, an innately curious little girl and her best friend, Nessy, a sea monster with a love of pickles.

### Kingdom NETFLIX

Season two of the South Korean zombie thriller.

### 100 Humans NETFLIX

Reality series in which 100 people from different backgrounds take part in a series of experiments exploring age, sex, happiness and more.

### Go Karts NETFLIX

Australian family film about teenager Jack, who, after moving to a new town, discovers go-kart racing. With the support of an old race-car driver with a secret past, can Jack win the national title?

### Bloodride NETFLIX

This Norwegian anthology series features six unique tales of horror and dark humour, each set in its own weird universe.

### Elite NETFLIX

Season three of the Spanish thriller set in an elite high school.

### Women of the Night NETFLIX

Dutch drama series about the wife of a rising star in Amsterdam's mayoral office whose past draws her into the city's underworld of sex and drugs.

## ALSO AVAILABLE

### The Trials of Gabriel Fernandez NETFLIX

In 2013, eight-year-old Gabriel Fernandez died in Los Angeles after he sustained horrific abuse from his mother and her boyfriend. This six-part documentary series looks at the shocking evidence revealed at the couple's trial and also at the government systems that failed to protect a little boy.

### Spirited Away NETFLIX

The 2003 Oscar winner for Animated Feature. Also newly available are six other animes from Japan's famed Studio Ghibli.

### RuPaul's Drag Race NETFLIX

*(released weekly)*

More queens battle to become the next drag superstar in season 12 of the US version of the show.

### My Left Nut BBC3 ONLINE

This coming-of-age comedy drama about Mick (Nathan Quinn-O'Rawe), 15, who discovers a swelling on his testicle is based on the real-life experience of the show's co-writer Michael Patrick.

The inept cops of *Paradise PD*

Mark Wahlberg and Winston Duke in *Spenser Confidential*

### Taylor Tomlinson: Quarter-Life Crisis NETFLIX

Stand-up comedy special from the 26-year-old comedian, who riffs on being too old to party and too young to settle down.

### Castlevania NETFLIX

Season three of the dark medieval animated series based on the video-game franchise. Out on 5 March.

### Babylon BRITBOX

The writers of *Peep Show* created this 2014 comedy drama with Danny Boyle. London police commissioner (James Nesbitt) hires a new director of communications to revamp the force's image. Out on 5 March.

### The Worricker Trilogy BRITBOX

Bill Nighy stars as long-serving MI5 officer Johnny Worricker working in the post-Cold War espionage world in Sir David Hare's political thriller trilogy. Out on 5 March.

### Dirty Streaming: The Internet's Big Secret BBC3 ONLINE

With the internet using more of the world's energy than ever, Beth Webb looks at how streaming is contributing to climate change. Out on 5 March.

### Spenser Confidential NETFLIX

Mark Wahlberg takes on the role of Boston detective Spenser, played by Robert Urich in the 1980s TV series *Spenser: For Hire*, in this movie. When two police officers are murdered, Spenser, with the help of amateur fighter Hawk (*Black Panther*'s Winston Duke), sets out to catch the killers. Out on 6 March.

### Amazing Stories APPLE TV+

*(released weekly)*

Director Steven Spielberg reimagines his award-winning 1980s anthology series with new tales of fantasy and sci-fi. Out on 6 March.

### Paradise PD NETFLIX

Part two of the adult animated comedy series about incompetent cops in small-town America. Out 6 March.

### Babylon Berlin SKY BOX SETS & NOW TV

The third series of the German subtitled drama set during the Weimar Republic, Inspector Gereon Rath (Volker Bruch) and his protégé Charlotte (Liv Lisa Fries) investigate the on-set death of a film actress. Out on 6 March.

### Ugly Delicious NETFLIX

American chef David Chang returns to combine cooking, travel and history in the second season of his food show. Out on 6 March.

### The Protector NETFLIX

Istanbul is in the grip of another immortal in the third season of the Turkish supernatural drama and Hakan (Çagatay Ulusoy) must, once again, embrace his family's legacy as the protector of the city. Out on 6 March.

### Guilty NETFLIX

Indian thriller film. After a student accuses another of rape, the suspect's girlfriend investigates the incident. Out on 6 March.

### I Am Jonas NETFLIX

French one-off drama. A turbulent past haunts Jonas (Félix Maritaud), who recalls his teenage love affair with the impulsive Nathan (Tommy-Lee Baïk). Out on 6 March.

### Twin Murders: The Silence of the White City NETFLIX

Spanish crime film. A detective investigates murders mimicking those allegedly committed by a serial killer who's about to be released from prison. Out on 6 March.

WORDS: JUDY EWENS. PHOTOS: NETFLIX

# Documentaries

Ex-military man **Michael**, 47, can't wait to take his all-inclusive-loving girlfriend **Shuntelle**, 40, out of her comfort zone.

**Jo**, 54, wants to see the world with her son **Sam**, 19, who has ADHD.

**Jen**, 33, hopes travelling will help her husband **Rob**, 33, regain his confidence after losing his hearing.

Siblings **Lizzie**, 21, and **Dom**, 22, have drifted apart and are hoping the trip will bring them closer together again.

**Jamiul**, 25, and his uncle **Emon**, 35, want to rebuild their relationship after 10 years apart.

# Globetrotters

The **return of the travel contest** where planes, phones and credit cards are banned

## Child of Our Time: Turning 20

*Wednesday, BBC2 HD, 9pm*

**The long-running series** checks in again with the millennium babies, now 20 years old, who share mature reflections on the challenges they faced during childhood, from bereavement and illness to growing up in care homes and dealing with divorcing parents.

## Hilary Mantel: Return to Wolf Hall

*Saturday, BBC2 HD, 9pm*

**Booker Prize-winning author** Dame Hilary Mantel discusses the writing of her *Wolf Hall* trilogy – with the first two books adapted for the stage and turned into a TV series starring Sir Mark Rylance as Thomas Cromwell – and how the historical novels have changed her life.

## Joanna Lumley's Hidden Caribbean

*Tuesday, ITV HD, 9pm*

**In the first** of a new two-part travelogue, the *Ab Fab* star visits Cuba and Haiti, two island nations that have been colonised, populated by slaves and blighted by earthquakes and political sanctions.

WORDS: MICHAEL DARLING, REBECCA MAHONEY, IAN MACEWAN.
PHOTOS: BBC, C4, CHANNEL 5, GETTY, ITV

The challenge begins in Mexico City

**NEW** REALITY

## Race Across the World

**Sun, BBC2 HD, 8pm (Wales, 8.50pm)**

**Last year's series** of *Race Across the World* followed five teams of two as they raced from London to Singapore, without using smartphones, credit cards or air travel, in pursuit of a £20,000 prize.

This week, the reality-cum-travel show returns for a second series in which five new pairs will cover over 10,000km from Mexico City to Ushuaia, Argentina, the most southerly city in the world. The same rules apply, and they'll each have a budget of £1,453, the equivalent of a one-way airfare.

*TV&Satellite Week* caught up with Jo, 54, a physiotherapist from Manchester, and her son and teammate Sam, 19, who has ADHD, to find out how they got on…

Jo and Sam on the road

**Why did you want to take part?**

**Jo:** I wanted to challenge myself and regain my zest for life. But I also knew Sam wanted to travel.

**Sam:** I've always wanted an adventure, and thought it would be fun to do it with Mum.

**Were you good travel buddies?**

**Sam:** We have a mega-strong relationship, but we did disagree and argue. We were non-stop for 20 hours every day and being filmed the whole time. It's stressful.

**Sam:** It's hard when you don't know when you'll next eat, or if you've just missed a bus. I had a few meltdowns, which will probably look bizarre on TV!

**What did you have the most trouble with?**

**Sam:** The budget, because I love food and I struggled with having to restrict the amount I was eating.

**Jo:** The rest of us lost about a stone and Sam put on a stone and a half, so he didn't struggle that much!

**Did you ever want to quit?**

**Jo:** Sam said he wanted to quit at least once an hour, especially when I tried to download some music on an MP3 player and he ended up with only five Christmas songs.

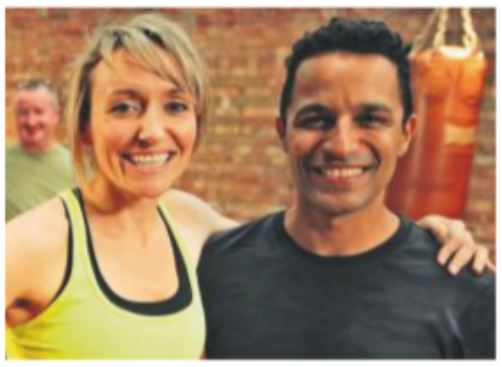
**How did you manage without your mobile phones?**

**Sam:** I actually didn't want mine back after the trip.

**Jo:** It forced us to interact with people more, so I think a phone would have spoilt the journey.

**The BBC is planning a celebrity edition. Do you have any advice for the stars taking part?**

**Sam:** I'd say, just deal with it. But they'd better not get a bigger budget than us!



## How to Beat… Ageing

*Thursday, C4 HD, 8pm*

**Presented by Kate Quilton** and Dr Javid Abdelmoneim, the first in a new health series sees eight volunteers across a wide age range attempt to change their lifestyles over five weeks in a bid to reduce their 'biological age' – which for 51-year-old hotel manager Andy is a worrying 82.

## DID YOU KNOW?

With UK landfill sites predicted to be full by 2022, we need to be recycling at least half of our household waste. **Recyling: Is It a Con? (Wednesday, Channel 5 HD, 8pm)** asks whether our efforts are being undermined by manufacturers and local councils.

Margolyes with Trina's Curve Catwalk class

# A **weighty** issue

## **Miriam Margolyes** explores our attitudes to obesity and body positivity

**NEW** FACTUAL

## Miriam's Big Fat Adventure

**Monday & Tuesday, BBC2 HD, 9pm**

**As anyone who's** watched *The Real Marigold Hotel* knows, Miriam Margolyes loves life. But, perhaps surprisingly, the upbeat actor loathes her body. The 78-year-old, who refuses to shy away from the word 'fat', says she's been fat for as long as she can remember.

'I'm happy with my face, but I'm disgusted by my body,' she says. 'I've been on diets all my life. If I could migrate my personality and my face on to another body, I'd be delighted. Whose body? Claudia Winkleman's!'

But now Margolyes has decided to do something about it, and, at the same time, discover why the UK population is more overweight than it's ever been.

In the two-part documentary *Miriam's Big Fat Adventure*, she meets those on a mission to shed their excess pounds. She begins at Team Bootcamp, a health farm in Shropshire, where obesity is tackled using a military-inspired fitness regime, and asks why the campers' weight got so out of control. Among them are Georgia, 30, who put on 10st through binge eating, and Will, 20, who weighs 28st. Both are unhappy with how they feel physically and mentally, and are determined to do something about it.

As well as those trying to lose weight, Margolyes meets body activist and plus-size model Trina, who believes that being slim isn't the only way to be happy. Trina visits schools to promote body confidence among young girls, and runs a dance class for larger ladies to boost their self-esteem.

'To be fat and happy goes against everything I thought was possible,' says Margolyes. 'But there's a defiance from these women. They have said to themselves and the world: "Yes, I am fat, and I am loving it." They've made me realise I might be wasting my life loathing my body, when there was another way to be happy.'

Margolyes has struggled with her body image

# Films *This week's*

reviewed by **Jason Best**

# The Lion King

## **Disney** remakes the pride of its 1990s animated classics

**ANIMATED ADVENTURE**

*Friday, Sky Premiere HD, 12.50pm & 8pm* ★★★

**Disney's remake of** its beloved animated musical adventure about an orphaned lion cub's quest to claim his rightful crown follows the studio's 1994 classic scene for scene, emotional beat for beat, and very nearly shot for shot.

Yet the new movie's stunning CGI can't match its animated predecessor's expressive magic – nor, indeed, the audience-friendly anthropomorphism of a David Attenborough documentary.

Get past the film's look, however, and the story still proves gripping, and the Elton John-Tim Rice tunes as catchy as ever. The tale's princely hero is lion cub Simba (voiced by JD McCrary and Donald Glover), whose destiny is to succeed his wise father Mufasa (voiced by original star James Earl Jones) as ruler of Pride Rock. But Simba's scheming uncle Scar (Chiwetel Ejiofor) has his own designs on the throne and not only engineers Mufasa's death in a thrillingly staged stampede of wildebeest, but leaves Simba feeling responsible.

Guilt-stricken, Simba heads into exile and falls in with carefree meerkat Timon and warthog Pumbaa (Billy Eichner and Seth Rogen providing the film's comic relief). Years later, however, he meets his childhood friend Nala (Beyoncé), who urges him to return home and claim his throne.

The story still exerts an almost mythical pull. But in this new telling, the photorealistic rendering of fur and hair can't help but jar with the tale's cosy Circle-of-Life version of the food chain. 2019, PG, 118MIN

**PREMIERE OF THE WEEK**

Musafa would teach Simba how to use his roar power

STAR RATINGS ★★★★★★ Excellent ★★★★★ Very good ★★★ Good ★★ Average ★ Poor

**DOCUMENTARY**

## This Changes Everything

*Sunday, Sky Premiere HD, 2pm & 9.45pm* ★★★

**Meryl Streep,** Geena Davis, Natalie Portman, Tiffany Haddish and *Wonder Woman* director Patty Jenkins are just a few of the starry names tackling the hot-button issue of the under-representation and misrepresentation of women in the film industry in this combative and forensic documentary.

Strange, though, that the film-maker here, director Tom Donahue, should be a man. 2018, PG, 96MIN

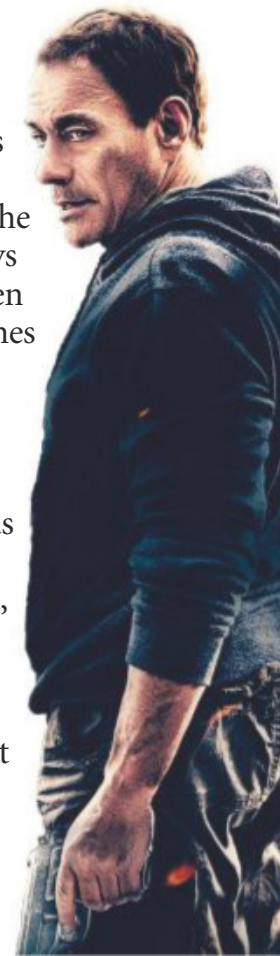
**CRIME THRILLER**

## We Die Young

*Saturday, Sky Premiere HD, 2pm & 9.45pm* ★★

**Action movie icon** Jean-Claude Van Damme reins in his usual martial-arts moves for a melodramatic crime thriller set in a gang-ridden district of Washington DC, where his Afghan war vet comes to the aid of two boys who have fallen into the clutches of a ruthless druglord (David Castaneda).

The film has the odd burst of excitement, but overall its attempt at social-issue drama doesn't really work. 2019, 15, 92MIN



# NEW RELEASE EVERY DAY premieres

Aidan welcomed Jess back to the land of the living

HORROR THRILLER

## I'll Take Your Dead

*Thursday, Sky Premiere HD, 3pm & 9.45pm* ★★★★

**'I see dead** people all the time,' says 12-year-old Gloria (Ava Preston) in an echo of Haley Joel Osment's young boy in *The Sixth Sense*. She means this quite literally.

Her widowed father (Aidan Devine) reluctantly disposes of dead bodies at the family's remote farmhouse on behalf of gangs from the nearby city and has earned himself the shudder-inducing nickname the Candy Butcher. Then a young woman (Jess Salgueiro) from the latest batch of corpses turns out to be not quite dead…

Skilfully blending elements of tense crime thriller, sensitive family drama and grisly supernatural horror (yes, there are also ghosts), Canadian director Chad Archibald's slow-burning movie proves to be an under-the-radar gem: gripping, emotionally involving and very well acted. 2019, 15, 83MIN

SCI-FI HORROR

## Doom: Annihilation

*Monday, Sky Premiere HD, 2.45pm & 9.45pm* ★★

**At a research** station on Phobos, a moon of Mars, a dwindling band of space marines strive to fight off hordes of demonic creatures in this reboot for the 2005 sci-fi horror thriller based on the popular video game series.

The original movie boasted classy leads in Karl Urban, Rosamund Pike and The Rock but still came off as an *Aliens* knock-off. That's even more of the case with this very gory, low-budget spin-off. 2019, 15, 96MIN

ACTION THRILLER

## Cold Blood Legacy

*Wednesday, Sky Premiere HD, 2.15pm & 9.45pm* ★★

**Cast as yet** another impossibly proficient hitman, Jean Reno is squarely in his acting wheelhouse here, but this dull action thriller still leaves him looking tired and creaky. The story unfolds (very slowly) in a snowbound cabin in the US Northwest and finds his reclusive assassin caring for the enigmatic injured woman (Sarah Lind) he has rescued from a snowmobile accident. 2019, 15, 91 MIN

WORLD CINEMA

Jean's nose was getting as cold as his blood

Jesse would be ready when the dogfight started

COMEDY DRAMA

## The Art of Self-Defense

*Tuesday, Sky Premiere HD, 12.30pm & 8pm* ★★★

**Hollywood's go-to-guy** when a script calls for a buttoned-up wimp, Jesse Eisenberg is perfectly cast as the timid protagonist of a weird, deadpan satire on toxic masculinity, in which his shy and fearful accountant signs up for karate classes.

Writer-director Riley Stearns plays things so straight-faced in depicting his film's odd, testosterone-fuelled world (all male save for Imogen Poots' fervent brown belt Anna), it is hard to decide whether the comedy is actually funny. 2018, 15, 104MIN

## PAY-PER-VIEW PREMIERES

*The pick of the week's films on **Sky**, **Virgin** and other platforms*

HORROR

### Doom Sleep

*From Monday* ★★★★

Sex ●●● Violence ●●● Language ●●●

Ewan McGregor plays the grown-up Danny Torrance, son of Jack Nicholson's axe-wielding caretaker, in a riveting sequel to *The Shining* adapted from author Stephen King's own novelised sequel. He discovers that a band of psychic vampires, led by the ruthlessly sadistic Rose the Hat (Rebecca Ferguson), are feeding off the extrasensory 'shine' of young people with similar telepathic gifts to his own. 2019, 15, 152MIN

WAR DRAMA

### Midway

*From Monday* ★★★★

Sex ●●● Violence ●●● Language ●●●

Disaster movie specialist Roland Emmerich tackles World War Two in a distinctly old-fashioned but genuinely stirring war movie. Luke Evans, Ed Skrein, Patrick Wilson and Woody Harrelson play familiar characters from the genre, but the film is mostly very faithful to events. 2019, 12, 138MIN

SOCIAL DRAMA

### Sorry We Missed You

*From Monday* ★★★★

Sex ●●● Violence ●●● Language ●●●

Director Ken Loach turns his gaze on the downsides of the gig economy in a powerful drama. Kris Hitchen plays a working-class grafter whose new job quickly pushes his family towards breaking point. The film isn't as searing as Loach's *I, Daniel Blake*, but it is both compassionate and telling. 2019, 15, 101 MIN

# FilmFinder The pick of the week at a glance

## Comedy

### Pitch Perfect ★★★★

*Saturday, ITV HD, 10.10pm*

A bright and breezy *Glee*-style frolic about an American college's all-female a cappella singing group, The Bellas, trying to out-perform their all-male rivals, The Treblemakers. 2012, 12, 112MIN

### Ace Ventura: Pet Detective ★★★★

*Sunday, Comedy Central HD, 8pm*

Jim Carrey is at his most endearing as a freelance animal tracker whose latest assignment is hunting for the Miami Dolphins' mascot. 1993, 12, 86MIN

### Asterix: The Secret of the Magic Potion ★★★

*Thursday, Sky Family HD, 4.45pm*

Battling the Romans in 1st-century Gaul, bold hero Asterix and his oversize sidekick Obelix set forth in another harebrained adventure. 2018, PG, 87MIN

### Crocodile Dundee ★★★★★

*Thursday, Film4 HD, 7.05pm*

With his disarming grin and sparkling gaze, Australian comedian Paul Hogan is a revelation as a bushman who has to survive the dangers of the urban jungle that is New York. 1986, 15, 102MIN

## Drama

### Midnight's Children ★★★

*Saturday, BBC2 HD, 11.30pm*

Adapted for the screen by Salman Rushdie from his own novel, this magical story relates a boy's experience growing up in India following the country's independence in 1947. 2012, 12, 146MIN

### The Fighter ★★★★

*Monday, AMC HD, 12m't*

A bruising biopic starring Mark Wahlberg as 1990s boxer Micky Ward and Christian Bale, who is on Oscar-winning form as his washed-up waster of a brother. 2010, 15, 116MIN

### Love Story ★★★★

*Thursday, Sky Drama HD, 6.15pm*

As big a tear-jerker as you're ever likely to find, this schmaltzy adaptation of Erich Segal's bestseller starring Ryan O'Neal and Ali MacGraw proved a huge hit at the time. 1970, PG, 100MIN

### This Is England ★★★★★

*Friday, Film4 HD, 11.15pm*

Thomas Turgoose puts in a remarkably assured performance as a 12-year-old boy who falls in with a gang of skinheads in director Shane Meadows' 1980s-set drama. 2006, 18, 103MIN

## Thriller

### UFO ★★★

*Saturday, Sky Premiere HD, 3.45pm*

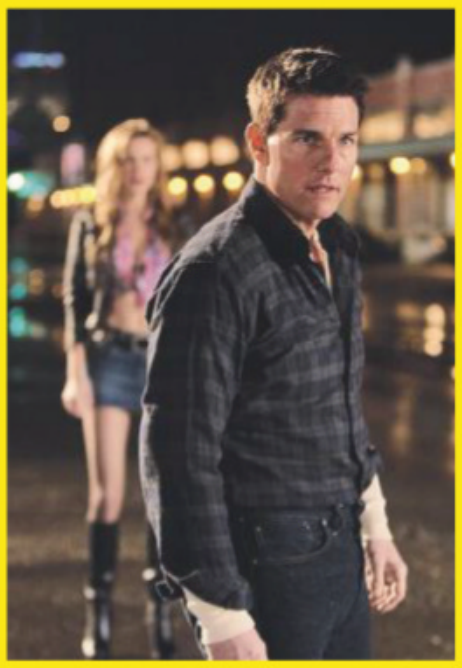
With Gillian Anderson on hand to provide an *X Files* vibe, this moderately intriguing thriller stars Alex Sharp as a maths student who suspects a cover-up of alien sightings. 2018, 12, 88MIN

### The Expendables ★★★

*Tuesday, Sony Movies, 9pm*

In the first of three outings (with a fourth supposedly in the pipeline) as veteran mercenary Barney Ross, Sylvester Stallone heads a happily old-fashioned rumble in the jungle. 2010, 18, 103MIN

**EDITOR'S CHOICE**



### Jack Reacher ★★★

*Monday, Sky One HD, 9pm*

Though a misjudged choice for author Lee Child's larger-than-life military cop turned vigilante hero, Tom Cruise's air of cocky invincibility gets him through this debut screen adventure. Reacher turns up out of nowhere after an unseen lone gunman claims five victims in Pittsburgh and swaggers through the ensuing investigation, stripping bare a deadly conspiracy. It is pulpy B-movie stuff, but the film still delivers the requisite thrills. 2012, 15, 130MIN

## Fantasy & Sci-Fi

### Brightburn ★★★

*Saturday, Sky Premiere HD, 12.15pm & 8pm*

In an unsettling and grisly spin on the Superman story, Jackson A Dunn's boy who fell to Earth wields his superpowers to horrific purpose. 2019, 15, 90MIN

### Mary and the Witch's Flower ★★★

*Saturday, Film4 HD, 4.45pm*

A magical Japanese adaptation of Mary Stewart's book *Mary and the Broomstick*, featuring the voices of Kate Winslet and Jim Broadbent. 2017, U, 103MIN

### Jurassic Park ★★★★★

*Sunday, ITV2 HD, 6.25pm*

Steven Spielberg's spectacular adaptation of Michael Crichton's story about genetically engineered dinosaurs rampaging through a theme park is a non-stop thrill ride. 1993, PG, 127MIN

### Stranger Than Fiction ★★★★

*Thursday, Sony Movies, 6.45pm*

Clever and entertaining, this quirky fantasy stars Will Ferrell as a taxman who comes to realise he is really the character in a novel. 2006, 12, 113MIN

Films may be edited for television. The running times given are those of the original cinema releases.

# Weekend movies

## Saturday 7 March

SCI-FI ADVENTURE

### Passengers

*C4 HD, 9pm* ★★★★

Sex ●●● Violence ●●● Language ●●●

Chris Pratt and Jennifer Lawrence share a likeable chemistry in a glossy sci-fi adventure set aboard the starship *Avalon*. On a 120-year voyage to a distant planet, an asteroid strike sets in motion a series of events that sees their colonists woken from cryogenic suspension, some 90 years too soon, with no way of returning to cryosleep. En route, the pair navigate passages of existential drama, moments of comedy, courtesy of Michael Sheen's blandly perky robot bartender, and episodes of *Gravity*-style peril. 2016, 12, 116MIN

Chris and Jennifer didn't agree that it was better to travel than to arrive

SCI-FI MYSTERY

### UFO

*Sky Premiere HD, 3.45pm* ★★★

Sex ●●● Violence ●●● Language ●●●

A bargain-counter *Close Encounters of the Third Kind*, this low-budget sci-fi thriller stars Alex Sharp as a brilliant maths student who reckons the authorities are covering up a UFO sighting and sets about doing the hard sums to prove it. Gillian Anderson and David Strathairn add class as the hero's college professor and FBI pursuer, while Ella Purnell supplies doe-eyed charm as a fellow student. *Also on Sunday & Monday*. 2018, 12, 88MIN

ANIMATED FANTASY

### Mary and the Witch's Flower

*Film4 HD, 4.45pm* ★★★

Sex ●●● Violence ●●● Language ●●●

Based on English author Mary Stewart's 1971 children's book *Mary and the Broomstick*, this Japanese animated fantasy follows the adventures of an accident-prone young girl who gains magic powers after finding an enchanted flower. The first feature from Japanese anime company Studio Ponoc, the film doesn't reach the heights of Studio Ghibli's masterpieces, but the hand-drawn animation is suitably magical. 2017, U, 103MIN

SPORTS BIOPIC

### Foxcatcher

*BBC1 HD, 11.55pm* ★★★★

Sex ●●● Violence ●●● Language ●●●

This brilliantly unsettling film turns the true story of the ill-fated relationship between a pair of Olympic wrestling champion brothers (Channing Tatum and Mark Ruffalo) and their creepy multi-millionaire benefactor (Steve Carell) into a gripping psychological thriller. The film pins you to the mat with its emotionally bruising tale of class, ambition and the pursuit of sporting excellence. Carell and Ruffalo were both Oscar-nominated. 2014, 15, 134MIN

### Also on Saturday

**We Die Young**
*Sky Premiere HD, 2pm & 9.45pm* ★★
Jean-Claude to the rescue.

**The King and I**
*Channel 5 HD, 4.20pm* ★★★★★
Deborah Kerr gets a royal welcome from Yul Brynner.

**Pitch Perfect**
*ITV HD, 10.10pm* ★★★★
Now that's what I call music...

**Midnight's Children**
*BBC2 HD, 11.30pm* ★★★
Independence Day.

**Furious**
*Sky Action HD, 1am* ★★★
The story of a Russian hero.

Full listings start on p35

## Sunday 8 March

PERIOD DRAMA

### Suffragette

*Film4 HD, 6.50pm* ★★★

Sex ●●● Violence ●●● Language ●●●

Set in pre-World War One London, this stirring account of the struggle to achieve votes for women is a compelling tribute to the unsung footsoldiers in the fight for female suffrage rather than its upper-class leaders. Carey Mulligan anchors the film as an East End laundry worker, who goes from passive bystander to zealous activist. She gets strong support from Ben Whishaw and Helena Bonham Carter, while Meryl Streep delivers a brief but telling cameo as Suffragette leader Emmeline Pankhurst. 2015, 12, 106MIN

For now, Carey would be voting with her feet

ANIMATED ADVENTURE

### Rio 2

*C4 HD, 1.30pm* ★★★

Sex ●●● Violence ●●● Language ●●●

This sequel to 2011's animated movie sees Jesse Eisenberg's neurotic macaw Blu flying deep into the Amazon rainforest with feisty mate Jewel (Anne Hathaway) and their brood to find a flock of their endangered fellow birds. The plot struggles to take wing at first, but Eisenberg is funny as the fretful, accident-prone Blu, the animation is vibrant, the songs embrace sassy samba and show-tune pizzazz, and the jungle critters are cute. 2014, U, 101 MIN

FANTASY ADVENTURE

### Godzilla: King of the Monsters

*Sky Premiere HD, 5.45pm* ★★★

Sex ●●● Violence ●●● Language ●●●

The fire-breathing giant reptile goes on the rampage again in a sequel to Hollywood's 2014 *Godzilla* reboot, and this time he's joined by a batch of other monsters out of the film series from Japan's Toho Studios. It's a shame that the screenplay lets things down as, inevitably, the human characters get dwarfed, but at least the monster smackdowns are suitably awesome. *Also on Tuesday & Friday*. 2019, 12, 132MIN

COMEDY

### Ace Ventura: Pet Detective

*Comedy Central HD, 8pm* ★★★★

Sex ●●● Violence ●●● Language ●●●

It was the success of this goofy comedy that transformed Jim Carrey into a big-screen superstar, although co-star Courteney Cox had to wait a few more years before she became a household name in *Friends*. Even if you are not a fan of Carrey's relentless gurning and pratfalls, he certainly gives good value as the private eye specialising in finding missing animals. 1993, 12, 86MIN

### Also on Sunday

**This Changes Everything**
*Sky Premiere HD, 2pm & 9.45pm* ★★★
Is Hollywood a man's world?

**Clueless**
*Sky Drama HD, 4.10pm* ★★★★
Alicia Silverstone's making plans.

**Jurassic Park**
*ITV2 HD, 6.25pm* ★★★★★
Dino-might goes off with a bang.

**Ghostbusters**
*Film4 HD, 9pm* ★★★
Are you gonna call Kristen Wiig?

**Up There**
*BBC2 HD, 12.20am (not N Ireland)* ★★★★
Burn Gorman's dead on the job.

Full listings start on p45

## NEW MOVIES ON NETFLIX & AMAZON

*Our pick of this week's films*

ACTION COMEDY

### NETFLIX Spenser Confidential

*Showing all week* ★★★

Sex ●●● Violence ●●● Language ●●●

Banged up for walloping his superior officer, Mark Wahlberg's Bostonian ex-cop gets out of prison with the intent of starting afresh as a truck driver in Arizona. Instead, he gets drawn into investigating local police corruption and a string of suspicious deaths. This old-school action comedy plays like the pilot for a prospective crime series, right down to the hero's quirky sidekicks – Alan Arkin's crochety gym owner and Winston Duke's budding MMA fighter – but it is enjoyable enough on its own terms. 2020, 15, 110MIN

HORROR

### NETFLIX A Quiet Place

*From Friday* ★★★★

Sex ●●● Violence ●●● Language ●●●

With *A Quiet Place Part II* in cinemas from 19 March, now's a good time to catch this terrific horror film set in a post-apocalyptic near future. John Krasinski and Emily Blunt star as parents struggling to keep their family alive in a world that has been overrun by sightless monsters that hunt by sound. 2018, 15, 90MIN

MUSIC BIOPIC

### NETFLIX Straight Outta Compton

*From Friday* ★★★

Sex ●●● Violence ●●● Language ●●●

This biopic of the five-strong rap group N.W.A chronicles the band's rise from the streets of LA's Compton in the mid-1980s to fame, fortune and fallings-out in the mid-1990s. The storytelling here is quite conventional. 2015, 15, 157MIN

Weekday movies over page

# Weekday movies

## Monday 9 March

WAR DRAMA

### Anthropoid

*Film4 HD, 10.50pm* ★★★

Sex ●●● Violence ●●● Language ●●●

Despite the off-putting title and the iffy Czech accents from the likes of Cillian Murphy, Jamie Dornan and Toby Jones, this World War Two thriller about the 1942 mission to assassinate high-ranking Nazi Reinhard Heydrich in Prague is genuinely stirring. The mission's planning stages are a little plodding, but the film steps up a gear when Murphy and Dornan's Resistance fighters finally launch their attack, and the finale will leave you reeling as writer-director Sean Ellis unleashes a fusillade of relentless, brutally sustained action. 2016, 15, 120MIN

Cillian was glad he was armed with more than a water pistol

COMEDY

### The 40 Year-Old Virgin

*Sky Hits HD, 7pm* ★★★★

Sex ●●● Violence ●●● Language ●●●

Having enjoyed success in the US version of *The Office*, Steve Carell consolidated his position as one of America's top comedy actors as a fortysomething belatedly seeking to kick-start his love life. The film provides much amusement at the expense of masculine sexuality and laddish courtship rituals but, beneath all the raunchy gags, it also has something sensitive to say about the fragility of the male ego. 2005, 15, 116MIN

BOXING DRAMA

### The Fighter

*AMC HD, 12m't* ★★★★

Sex ●●● Violence ●●● Language ●●●

Based on a remarkable true story, the sheer power of the acting in this superior boxing drama elevates it into something special. Mark Wahlberg plays Micky Ward, a boxer in early-1990s Massachusetts whose career is on the ropes, while Christian Bale plays his crack-addicted half-brother Dicky, who insists on being his trainer. Wahlberg is less flashy than his co-stars, yet it is his convincing performance that gives the film its punch. 2010, 15, 116MIN

ACTION THRILLER

### The Rock

*Sky Greats HD, 8pm* ★★★★

Sex ●●● Violence ●●● Language ●●●

British writers Dick Clement and Ian La Frenais were brought in to provide some uncredited rewrites that do much to help humanise this action thriller about a renegade military officer (Ed Harris) threatening to launch biological weapons on San Francisco from the former prison colony of Alcatraz. This is one of the most enjoyable blockbusters in recent memory, with a strong cast that includes Sean Connery, Nicolas Cage and David Morse. 1996, 15, 136MIN

### Also on Monday

**Jack Reacher**
*Sky One HD, 9pm* ★★★
Tom Cruise turns vigilante.

**Play Misty for Me**
*Sony Classic, 9pm* ★★★★
Jessica Walter has a request for Clint Eastwood.

**Doom: Annihilation**
*Sky Premiere HD, 9.45pm* ★★
We're doomed!

**Watchmen**
*Sky Superhero HD, 10.15pm* ★★★★
Calling all the superheroes.

**Dog Day Afternoon**
*TCM HD, 11.05pm* ★★★★★
Show Al Pacino's and John Cazale the money.

Full listings start on p55

## Tuesday 10 March

COMEDY

### Family

*Sky Cinema Comedy HD, 6.20pm* ★★★

Sex ●●● Violence ●●● Language ●●●

*Orange Is the New Black*'s Taylor Schilling plays a hard-nosed, tightly wound career woman who slowly begins to loosen up after she is left in charge of her socially awkward 11-year-old niece Maddie (Bryn Vale) for a few days. It is a familiar enough set up, but this likeable comedy makes it work afresh thanks to its engaging cast and to a left-field plot strand that sees Maddie run off to join a bunch of other outsiders and misfits, fans of the rap group Insane Clown Posse, at the Gathering of the Juggalos. 2018, 15, 85MIN

The auditions for the lead role in Joker had turned into a bit of a farce

MYSTERY THRILLER

### Burning

*Sky Drama HD, 8pm* ★★★★★

Sex ●●● Violence ●●● Language ●●●

Slow burning and slippery, this enigmatic mystery thriller from South Korean director Lee Chang-dong will puzzle and haunt you long after it ends. Based on a Haruki Murakami short story, it revolves around an uneasy romantic triangle – would-be novelist Jong-su (Yoo Ah-in), his free-spirited new crush Hae-mi (Jun Jong-seo), and Ben (Steven Yuen), the slick young playboy she returns with from a trip abroad. Subtitled. 2018, 15, 148MIN

ACTION THRILLER

### The Expendables

*Sony Movies, 9pm* ★★★

Sex ●●● Violence ●●● Language ●●●

Sylvester Stallone, Jason Statham and Jet Li play veteran mercenaries who team up to overthrow a South American general. After a slowish first half-hour, the film hots up to some great old-fashioned mayhem in a resplendently unreconstructed 1970s-style actioner. Stallone is a surprisingly amiable, relaxed presence and, then 64, is still running and fighting with the best of them. A third sequel is being planned. 2010, 18, 103MIN

SCI-FI THRILLER

### Twelve Monkeys

*Syfy HD, 10pm* ★★★★★

Sex ●●● Violence ●●● Language ●●●

Director Terry Gilliam brings his vivid imagination to bear on the gripping and often moving tale of time-traveller James Cole (Bruce Willis). Sent back from a post-apocalyptic future, Cole enlists the reluctant help of Madeline Stowe's psychiatrist to try to track the source of a mysterious plague that has devastated Earth. Willis turns in a fine performance, as does Brad Pitt, Oscar-nominated for his role as an insane eco-terrorist. 1995, 15, 129MIN

### Also on Tuesday

**The Art of Self-Defense**
*Sky Premiere HD, 8pm* ★★★
Jesse Eisenberg belts up.

**Skyscraper**
*Sky Hits HD, 9pm* ★★★
Dwayne Johnson finds himself inside a towering inferno.

**Taken 2**
*Film4 HD, 9pm* ★★★
Liam Neeson is back in action.

**Saturday Night Fever**
*Sky Drama HD, 10.40pm* ★★★★
John Travolta shows he has the flares for this sort of thing.

**Blue My Mind**
*Sky Drama HD, 12.50am* ★★★
Luna Wedler gets changed.

Full listings start on p65

## Wednesday

SCI-FI ADVENTURE

### Mortal Engines

*Sky Action HD, 8pm* ★★★

Sex ●●● Violence ●●● Language ●●●

Based on the series of young-adult novels by fantasy author Philip Reeve, this adventure is well worth a watch if just for its dazzling steampunk visuals, rousing action and cliffhanger thrills. The film's bizarre setting is a post-apocalyptic future in

Hera had always wanted to be something in the City

SCI-FI HORROR

### Brightburn

*Sky Premiere HD, 8pm* ★★★

Sex ●●● Violence ●●● Language ●●●

What if that adopted earthling Clark Kent had used his powers not for benign purposes but for evil? That's the subversive premise for this dark take on the superhero genre. Jackson A Dunn plays an extra-terrestrial child taken in by a couple in Kansas who begins to discover and flex his paranormal powers. For stout-stomached viewers, *Brightburn* is an alternative to cinema's usual comic-book adventure fare. *Also on Thursday & Friday*. 2019, 15, 90MIN

DRAMA

### JT LeRoy

*Sky Drama HD, 8pm* ★★★

Sex ●●● Violence ●●● Language ●●●

This oddly intriguing movie revisits a literary scandal from the early 2000s when ambitious writer Laura Albert got her boyfriend's sister Savannah to pose in public as her authorial alter ego – a street-hustling teenage boy called JT LeRoy. This truly bizarre tale boasts striking performances from Laura Dern as the charismatic manipulative Albert, and Kristen Stewart as the androgynous, ambivalent Savannah. 2018, 15, 108MIN

## 11 March

which London has become a giant predator city on wheels. Hera Hilmar's facially scarred young heroine teams up with Robert Sheehan's historian to throw a spanner in the works. The film's borrowings are pretty blatant, but give it a chance and there's enough charm and excitement here to win you over. 2018, 12, 128MIN

COMEDY

### 101 Dalmatians

*Sky Disney HD, 10pm* ★★★★

Sex ●●● Violence ●●● Language ●●●

Previously brought to the screen by Disney as a memorable animated feature in 1961, this live-action adaptation of author Dodie Smith's beloved children's book doesn't quite have the magic of the original, but still has much to recommend it, not least Glenn Close's turn as Cruella De Vil. There is an element of raucous modern humour in the rather quaint tale, but it still remains remarkably faithful to the source novel. 1996, U, 102MIN

### Also on Wednesday

**House of Flying Daggers**
*AMC HD, 6.45pm* ★★★★★
Zhang Ziyi sharpens up her act.

**The Expendables 2**
*Sony Movies, 9pm* ★★★
They're older, but no wiser.

**Cold Blood Legacy**
*Sky Premiere HD, 9.45pm* ★★
Jean Reno's just killing time.

**Cruise**
*Sky Drama HD, 10pm* ★★★
Spencer Boldman picks up.

**The Hand That Rocks the Cradle**
*Sky Greats HD, 11.30pm* ★★★★
Rebecca DeMornay turns into the nanny from Hell.

Full listings start on p75

## Thursday 12 March

ACTION DRAMA

### Birth of the Dragon

*Film4 HD, 9pm* ★★★

Sex ●●● Violence ●●● Language ●●●

This action movie about martial arts icon Bruce Lee is a breezily enjoyable affair. It revolves around Lee's most legendary fight, his clash with Shaolin master Wong Jack Man in 1964. The film-makers have created a fictional framework for the contest with the 23-year-old Lee (played by Hong Kong actor Philip Wan-Lung Ng) teaching martial arts in San Francisco when the revered Wong (a quietly charismatic Xia Yu) arrives in the city. The film's lively inventions pay off when we reach the epic showdown. 2017, 12, 95MIN

You had to watch out when Philip uleashed his fists of fury

FANTASY COMEDY

### Stranger Than Fiction

*Sony Movies, 6.45pm* ★★★★

Sex ●●● Violence ●●● Language ●●●

In this quirky comic fantasy Will Ferrell plays an uptight tax inspector who begins hearing a soothing voice giving a running narrative of his workaday life, only to slowly realise that he is actually a character in a book that is in the process of being written by a famous novelist (Emma Thompson). Ferrell plays it straight for most of the movie and is most effective in his tentative romance with a punky baker (Maggie Gyllenhaal). 2006, 12, 113MIN

ANIMATED ADVENTURE

### Toy Story 4

*Sky Disney HD, 8pm* ★★★★★

Sex ●●● Violence ●●● Language ●●●

Pixar's loveable bunch of toys – including, of course, Tom Hanks' cowboy doll Woody and Tim Allen's brash spaceman Buzz – return for yet another adventure, which finds Woody taking a road trip with young owner Bonnie and her other toys. Once again, Pixar's film-makers excel with the wonderfully tactile animation, and there are laughs and thrills, plus the odd tear or two in store, before the heart-tugging close. *Also on Friday*. 2019, U, 100MIN

ROMANTIC FANTASY

### The Twilight Saga: Breaking Dawn Part 2

*5Star, 8pm* ★★★

Sex ●●● Violence ●●● Language ●●●

The *Twilight* saga draws to a close with a final instalment that swings wildly between outright tedium and high excitement. The married bliss between Kristen Stewart's Bella and Robert Pattinson's Edward isn't particularly enthralling for the viewer, though the listless story really perks up when the menacing Volturi clan learns of the existence of Bella and Edward's half-human daughter. 2012, 12, 115MIN

### Also on Thursday

**Snow White and the 7 Dwarfs**
*Sky Disney HD, 1.10pm & 11.45pm* ★★★★★
It's off to work they go...

**Asterix: The Secret of the Magic Potion**
*Sky Family HD, 4.45pm* ★★★
They've got some Gaul.

**Love Story**
*Sky Drama HD, 6.15pm* ★★★★
Ryan and Ali never say sorry.

**Crocodile Dundee**
*Film4 HD, 7.05pm* ★★★★★
Paul Hogan's in from the Outback.

**I'll Take Your Dead**
*Sky Premiere HD, 9.45pm* ★★★★
Aidan Devine gets a live one.

Full listings start on p85

## Friday 13 March

CRIME CAPER

### Now You See Me 2

*Film4 HD, 6.25pm* ★★★

Sex ●●● Violence ●●● Language ●●●

Swaggering bank-robbing magicians the Four Horsemen are back for a sequel to 2013's flashy heist thriller (Film4, Monday) that finds the quartet – Jesse Eisenberg's illusionist, Woody Harrelson's hypnotist, Dave Franco's cardsharp and new recruit Lizzy Caplan – coerced by Daniel Radcliffe's dodgy tech tycoon into pulling off the theft of a new data-mining device. The movie's razzle-dazzle showmanship is fun enough, but the feints and flourishes can't disguise the fact that there's little of substance underneath. 2016, 12, 129MIN

No one else could get near the remote when Daniel watched TV

COMEDY

### The Hangover

*ITV2 HD, 9pm* ★★★★

Sex ●●● Violence ●●● Language ●●●

Director Todd Phillips is the man behind such lowbrow efforts as *Road Trip*, *Old School* and the *Starsky & Hutch* movie, so he has all the credentials for this undemanding in-your-face comedy. The plot has four idiots heading to Las Vegas for a stag party, only for three of them (Zach Galifianakis, Bradley Cooper and Ed Helms) to lose the groom. It is all very un-PC, but the characters have a depth that you don't expect in this sort of fare. 2009, 15, 100MIN

ACTION HORROR

### Hansel & Gretel: Witch Hunters

*5Star, 9pm* ★★★

Sex ●●● Violence ●●● Language ●●●

Turning the siblings from the Brothers Grimm fairy tale into witch-slaying bounty hunters is an amusingly cheeky notion, and there is plenty of darkly comic gore, even if many of the jokes fall flat. Jeremy Renner and Gemma Arterton play the leather-clad duo who set their sights on Famke Janssen's child-snatching witch and her coven 15 years after their fabled escape from that gingerbread house. 2013, 15, 88MIN

DRAMA

### This Is England

*Film4 HD, 11.15pm* ★★★★★

Sex ●●● Violence ●●● Language ●●●

Set against the backdrop of the Falklands War of 1982, this semi-autobiographical drama from director Shane Meadows is a sensitive portrait of a confused 12-year-old (Thomas Turgoose) who is trying to come to terms with the death of his father in the conflict and latches onto a violent skinhead (Stephen Graham) as a surrogate parent. It's to Meadows' credit that he genuinely tries to get under the skin of his characters. 2006, 18, 103MIN

### Also on Friday

**The Lion King**
*Sky Premiere HD, 12.50pm & 8pm* ★★★
It's a circle of life thing. See review, page 22.

**Braveheart**
*Sky Action HD, 8pm* ★★★★
Mel Gibson's a great Scot.

**Gladiator**
*Sky Action HD, 11pm* ★★★★
Russell Crowe's out for revenge.

**Frantic**
*TCM HD, 11.35pm* ★★★★
Desperate times for Harrison Ford.

**Popstar: Never Stop Never Stopping**
*C4 HD, 12.10am* ★★★
Andy Samberg goes it alone.

Full listings start on p95

# Sport week

Your **ultimate guide** to the best of the week's live action

THE MAIN EVENT

Spurs' Serge Aurier and Timo Werner of RB Leipzig

# Champions League

**Spurs and Liverpool** have work to do if they want to make the quarter-final stage

Roberto Firmino (Liverpool) fends off Saúl Ñíguez (Atlético Madrid)

**LIVE FOOTBALL**

*Tuesday & Wednesday, BT Sport 2 HD & BT Sport 3 HD*

**The fates of** European champions Liverpool and last season's losing finalists, Tottenham Hotspur, hang in the balance as they play the second legs of their Champions League round-of-16 ties this week.

After 1-0 defeats in their first legs, both sides will need victories to secure a place in the quarter-finals. Here, we assess their chances…

## RB Leipzig v Tottenham Hotspur

*Tuesday, BT Sport 2 HD, kick-off 8pm*

**Tottenham were toothless** without strikers Harry Kane and Son Heung-min as they went down 1-0 in the first leg last month, and José Mourinho's side could struggle for firepower again against the Bundesliga high-fliers. A superb display from goalkeeper Hugo Lloris, who was only beaten by Timo Werner's penalty, has given a Spurs a glimmer of hope for the second leg, but they will need improved performances from Lucas Moura and new Dutch signing Steven Bergwijn in attack.

## Liverpool v Atlético Madrid

*Wednesday, BT Sport 2 HD, kick-off 8pm*

**Jürgen Klopp has** said he will summon the 'power of Anfield' as the Reds seek to overturn a 1-0 loss from the first leg in Madrid. Saúl Ñíguez's strike was enough to give the Spanish side the advantage over the champions, who couldn't muster a shot on target – only the second time that's happened since Klopp took charge in 2015. Diego Simeone will need another sterling defensive display from the likes of Stefan Savic and Felipe at Anfield, where Liverpool are unbeaten in Europe since 2014.

• The Europa League round-of-16 first-leg ties take place on Thursday, though the draw had yet to be made before *TV&Satellite Week* went to press.

WORDS: RICHARD MCCLURE. PHOTOS: GETTY, PA IMAGES

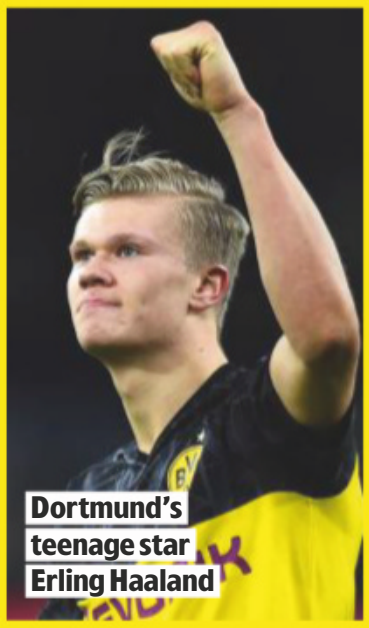
# ALSO IN ACTION...

Atalanta's Hans Hateboer

## Valencia v Atalanta

*Tuesday, BT Sport 3 HD, kick-off 8pm*

**Atalanta look certain to progress after winning the first leg 4-1 in Italy, with two goals from Hans Hateboer and strikes from Josip Ilicic and Remo Freuler. Gian Piero Gasperini's side, who lost their opening three group games, are making their Champions League debut and could be this season's dark horses for the title.**


Dortmund's teenage star Erling Haaland

## Paris Saint-Germain v Borussia Dortmund

*Wednesday, BT Sport 3 HD, kick-off 8pm*

**The German side take a 2-1 advantage to Paris after Norwegian sensation Erling Haaland continued his remarkable scoring form. The 19-year-old son of former Leeds and Manchester City midfielder Alf-Inge Haaland now has 10 goals in the competition.**

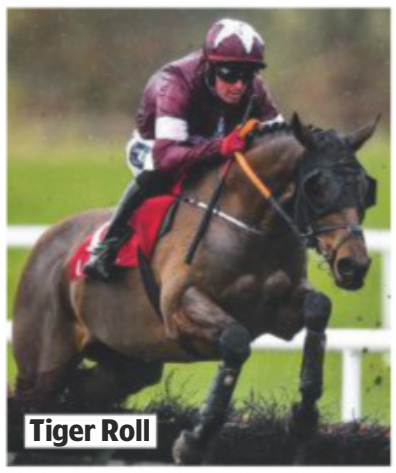
Brothers and teammates Marc and Álex Márquez

LIVE MOTORCYCLING

## MotoGP

*Sunday, BT Sport 2 HD, race starts 3pm*

**The new season** starts in Qatar on Sunday as defending world champion Marc Márquez bids for a seventh MotoGP title. Last year, the Spaniard set a new record of 420 points after 18 podium finishes from 19 races. He will be joined on the Repsol Honda team by his younger brother Álex Márquez, the reigning Moto2 world champion, who replaces three-time MotoGP champion Jorge Lorenzo following his retirement. It's the first time that siblings have raced for the same team in MotoGP.


Tiger Roll

LIVE HORSE RACING

## Cheltenham Festival

*Tue-Fri, ITV HD & ITV4 HD*

**More than 265,000** racegoers will flock to the four-day festival, which features 28 top-quality National Hunt races including Friday's prestigious Gold Cup (3.30pm). Among the highlights should be Ladies Day on Wednesday, which sees Nicky Henderson's Altior going for a third consecutive win in the Champion Chase (3.30pm). In the Cross Country Chase (4.10pm), double Grand National winner Tiger Roll will also bidding for a third straight victory.

2019 champion Egan Bernal

LIVE CYCLING

## Paris-Nice

*From Sunday, Eurosport 1 HD*

**Tour de France** champion Egan Bernal is among the big names on the start line for the 78th edition of the historic, week-long 'Race to the Sun'. The Colombian rider will defend his 2019 crown against Vuelta a España winner Primoz Roglic, French rising star Julian Alaphilippe and Australia's sprint sensation Caleb Ewan.

Romain Ntamack

LIVE RUGBY UNION

## Six Nations

*Saturday & Sunday, BBC HD, ITV HD & S4C HD*

**Fly-half Romain Ntamack** has been inspirational for undefeated France, who face Scotland at Murrayfield on Sunday (BBC1 HD, kick-off 3pm). Saturday's game sees England host Wales (ITV HD & S4C HD, kick-off 4.45pm), while Ireland-Italy was postponed due to coronavirus concerns.

Sport A-Z and football planner »»

# AWARD-WINNING

## *luxury river cruises in Europe*

RIVIERA TRAVEL

travel OFFERS

**8 days from £1,199PP**

From the River Seine in Paris to the Iron Gates of the Danube, sail along Europe's arresting waterways and discover bulbfields, gorges, vineyards, monasteries, medieval towns, breathtaking Alsace and the Black Forest.

Recommended Provider Which? River Cruises February 2019

**NEW LOWER PRICES**
**Save up to £200pp***

### IT'S ALL INCLUDED IN THE PRICE...

- Spacious and beautifully appointed suites or cabins with hotel-style beds and river views
- Exceptional cuisine with full board throughout
- Extensive and inclusive touring programmes
- Return flights from a choice of regional airports or standard class reserved seat on Eurostar from London St Pancras (supplements may apply)
- Return rail connections on selected dates and cruises from over 50 regional stations (supplements may apply)
- The services of an experienced cruise director and concierge

| RIVER CRUISE | DURATION | FROM |
|---|---|---|
| Rhine Cruise to Switzerland | 8 days | £1,549pp |
| Rhine & Moselle | 8 days | £1,199pp |
| Rhine, Strasbourg & Heidelberg | 8 days | £1,199pp |
| The Blue Danube – Vienna, Budapest & Salzburg | 8 days | £1,449pp |
| Vienna, Bohemia & Treasures of the Danube | 8 days | £1,599pp |
| Cruise the Heart of Europe | 15 days | £2,999pp |
| Burgundy, the River Rhône & Provence | 8 days | £1,199pp |
| Amsterdam, Kinderdijk & the Dutch Bulbfields | 5 days | £1,199pp |
| Bruges, Medieval Flanders, Amsterdam & the Dutch Bulbfields | 8 days | £1,699pp |
| The Seine, Paris & Normandy | 8 days | £1,799pp |
| The Douro, Porto & Salamanca | 8 days | £1,449pp |
| Medieval Germany | 8 days | £1,899pp |
| Budapest to the Black Sea – Gems of Eastern Europe | 15 days | £3,049pp |
| The Danube's Imperial Cities & Yuletide Markets | 6 days | £899pp |
| Enchanting Rhine & Yuletide Markets | 5 days | £699pp |
| Christmas on the Blue Danube | 8 days | £1,899pp |
| Christmas on the Rhine | 8 days | £1,799pp |
| New Year on the Blue Danube | 6 days | £1,399pp |
| New Year on the Rhine | 6 days | £1,299pp |

To request a brochure, please call: **01283 744329**

To book online or to watch videos from a selection of our tours, visit: **tvsriviera.co.uk**

TERMS & CONDITIONS: *On selected cruises and dates. Additional entrance costs may apply. Prices are per person, based on two sharing and subject to finite availability. Images used in conjunction with Riviera Travel. Offer operated by and subject to the booking conditions of Riviera Travel Ltd, ABTA V4744, ATOL 3430 in association with TV & Satellite Week, published by TI Media Limited. Prices correct at time of going to print.

ABTA ABTA No. V4744

# Sport week A-Z GUIDE This week's sport on TV

## AMERICAN FOOTBALL

**LIVE Houston Roughnecks v Seattle Dragons**
*Sat 7pm BT Sport 3*

**LIVE Dallas Renegades v New York Guardians**
*Sat 10pm BT Sport 3*

**LIVE DC Defenders v St Louis BattleHawks**
*Sun 7pm BT Sport 3*

**LIVE Los Angeles Wildcats v Tampa Bay Vipers**
*Sun 1.15am BT Sport 1*

## BADMINTON

**LIVE German Open**
*Sat 1.30pm; Sun 11am BT Sport 3*

**LIVE All England Championships**
*Wed 9am; Thu 11am; Fri 10am & 5pm BBC Red Button 1*
Coverage from Birmingham.

## BASEBALL

**LIVE Philadelphia Phillies v New York Yankees**
*Mon 5pm BT Sport/ESPN*

**LIVE San Francisco Giants v Chicago Cubs**
*Tue 8pm BT Sport/ESPN*

**LIVE Minnesota Twins v Atlanta Braves**
*Wed 5pm BT Sport/ESPN*

**LIVE Los Angeles Angels v Oakland Athletics**
*Wed 8pm BT Sport/ESPN*

## BASKETBALL

**LIVE Charlotte Hornets v Houston Rockets**
*Sat 10pm Sky Sports Mix*

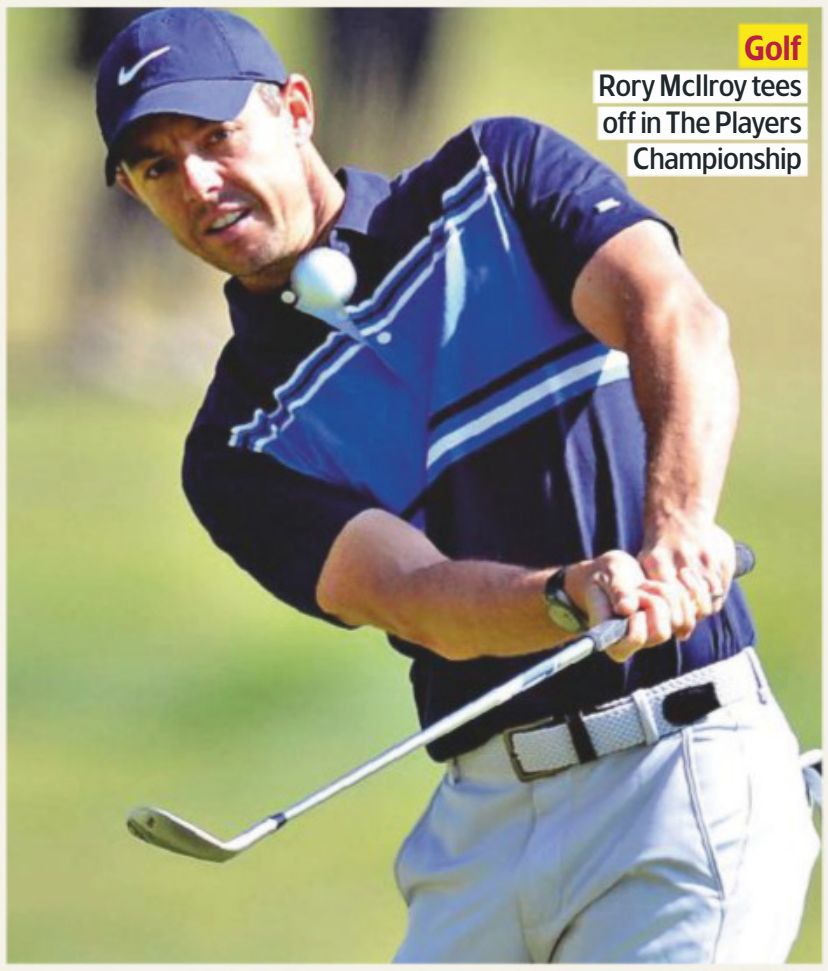
**LIVE Duke Blue Devils v North Carolina**
*Sat 11pm BT Sport/ESPN*

**LIVE Women's Championship**
*Sun 4.30pm, 6pm & 8pm BT Sport/ESPN*

**LIVE LA Clippers v LA Lakers**
*Sun 7.30pm Sky Sports Arena*

**LIVE Boston Celtics v Oklahoma City Thunder**
*Sun 10pm Sky Sports Main Event & Sky Sports Arena*

**LIVE Big Ten & Pac-12 Championship**
*Sun 12m't BT Sport/ESPN*
The women's clashes.


Golf
Rory McIlroy tees off in The Players Championship

**LIVE Philadelphia 76ers v Detroit Pistons**
*Wed 11.30pm Sky Sports Main Event & Sky Sports Arena*

**LIVE Milwaukee Bucks v Boston Celtics**
*Thu 12m't Sky Sports Arena*

**LIVE Los Angeles Clippers v Brooklyn Nets**
*Fri 2.30am Sky Sports Arena*

## BOXING

**LIVE Scott Quigg v Jono Carroll**
*Sat 7pm Sky Sports Arena, 8.30pm Sky Sports Main Event*
Super-featherweight title bout.

**LIVE Adam Kownacki v Robert Helenius**
*Sat 1am Premier Sports 2*
Heavyweight clash in New York.

## COMBAT SPORTS

**LIVE UFC 248**
*Sat 1am BT Sport 2*

**LIVE Israel Adesanya v Yoel Romero**
*Sat 3am BT Sport 2*
Middleweight title bout.

**LIVE UFC**
*Fri 9.30pm BT Sport 2*
From Brasilia.

## CRICKET

**LIVE South Africa v Australia**
*Sat 7.55am Sky Sports Cricket, 8am Sky Sports Main Event*
Coverage of the final match in the series.

**LIVE Women's ICC World T20**
*Sun 6.30am Sky Sports Main Event, Sky Sports Cricket & Sky Sports Mix*
From Melbourne.

**LIVE Australia v New Zealand**
*Thu 2.30am BT Sport 1*
The first ODI match in Sydney.

## CYCLING

**LIVE Strade Bianche**
*Sat 11.25am & 12.50pm Euro2*

**LIVE Paris-Nice**
*Sun 12.30pm; Mon-Fri 1.40pm Euro1*

**LIVE Tirreno-Adriatico**
*Wed 1.15pm Euro2*

**LIVE Six Days Manchester**
*Fri 8.30pm Euro1*

## DARTS

**LIVE UK Open**
*Sat 12.30pm & 7pm; Sun 12.45pm & 7pm ITV4*
From Butlin's Minehead Resort.

**LIVE Premier League**
*Thu 7pm Sky Sports Action*
Coverage from Liverpool.

## EQUESTRIAN

**LIVE Global Champions Tour**
*Sat 2.50pm Euro2*
Coverage from Doha.

## FREESPORTS

**LIVE X Games**
*Sat 2.30pm-7.30pm; Sun 9.30am, 11am, 12.30pm BT Sport/ESPN*
Coverage from Norway.

## GOLF

**LIVE Qatar Masters**
*Sat & Sun 9am Sky Sports Golf*

**LIVE Arnold Palmer Invitational**
*Sat 5.30pm Sky Sports Golf; Sun 4.30pm Sky Sports Golf, 7.30pm Sky Sports Main Event*
Coverage from Florida.

**LIVE Kenya Open**
*Thu & Fri 8am Sky Sports Main Event, Sky Sports Golf & Sky Sports Mix, 12noon Sky Sports Mix*
Coverage from Nairobi.

**LIVE The Players Championship**
*Thu & Fri 11.30am & 5pm Sky Sports Main Event & Sky Sports Golf; Fri 10pm Sky Sports Main Event*
Coverage from TPC Sawgrass.

## HOCKEY

**LIVE Australia v Argentina**
*Sat 8am BT Sport/ESPN, 10.30am BT Sport 3*

## HORSE RACING

**LIVE ITV Racing**
*Sat 9.30am ITV4 & ITV*

**LIVE ITV Racing**
*Tue, Thu & Fri 1pm ITV; Wed 1pm ITV4, 2pm ITV*
The Cheltenham Festival.

## ICE HOCKEY

**LIVE Pittsburgh Penguins v Washington Capitals**
*Sat 6pm FreeSports*

**LIVE Florida Panthers v Montreal Canadiens**
*Sat 12m't Premier Sports 1 HD*

**LIVE Edmonton Oilers v Columbus Blue Jackets**
*Sat 3am Premier Sports 1 HD*

**LIVE Elite League**
*Sun 3.30pm Premier Sports 1 HD*

**LIVE Pittsburgh Penguins v Carolina Hurricanes**
*Sun 5.30pm BT Sport 2*

**LIVE Chicago Blackhawks v St Louis Blues**
*Sun 11.30pm Premier Sports 1 HD*

**LIVE Vancouver Canucks v Columbus Blue Jackets**
*Sun 2am Premier Sports 2*

**LIVE Buffalo Sabres v Washington Capitals**
*Mon 11pm Premier Sports 1 HD*

**LIVE Winnipeg Jets v Arizona Coyotes**
*Mon 12m't Premier Sports 2*

**LIVE Los Angeles Kings v Colorado Avalanche**
*Mon 2.30am Premier Sports 1 HD*

**LIVE Djurgardens IF v Rogle BK**
*Tue 5.55pm FreeSports*

**LIVE Toronto Maple Leafs v Tampa Bay Lightning**
*Tue 11pm BT Sport 2*

**LIVE Philadelphia Flyers v Boston Bruins**
*Tue 11pm Premier Sports 1 HD*

**LIVE Vancouver Canucks v New York Islanders**
*Tue 2am Premier Sports 1 HD*

**LIVE Chicago Blackhawks v San Jose Sharks**
*Wed 12m't Premier Sports 1 HD*

**LIVE Colorado Avalanche v New York Rangers**
*Wed 2am Premier Sports 2*

**LIVE Tampa Bay Lightning v Philadelphia Flyers**
*Thu 11pm Premier Sports 1 HD*

**LIVE Minnesota Wild v Vegas Knights**
*Thu 12m't Premier Sports 2*

**LIVE Arizona Coyotes v Vancouver Canucks**
*Thu 2am Premier Sports 1 HD*

**LIVE Buffalo Sabres v Boston Bruins**
*Fri 11pm Premier Sports 1 HD*

**LIVE Edmonton Oilers v New York Islanders**
*Fri 1am Premier Sports 2*

## MOTORCYCLING

**LIVE MotoGP: Qatar**
*Sat 8.30am & 12noon BT Sport 2*
Practice & qualifying action.

**LIVE Asia Talent Cup**
*Sat 11.30am; Sun 8.30am BT Sport 2*
Action from Qatar.

**LIVE MotoGP: Qatar**
*Sun 9.30am, 11.15am & 1pm BT Sport 2*
Warm-ups, Moto3 & Moto 2 races.

**LIVE MotoGP: Qatar**
*Sun 2.30pm BT Sport 2 (race starts 3pm)*
The Grand Prix of Qatar.

**LIVE Motocross World Championship**
*Sun 3.15pm & 4pm Euro2*
MX2 & MXGP class races.

## MOTORSPORT

**LIVE NASCAR**
*Sun 7pm Premier Sports 2*
FanShield 500 in Arizona.

**LIVE F1: Australian Grand Prix**
*Thu 1am & 4.45am; Fri 2.45am & 5.55am Sky Sports Main Event & Sky Sports F1*
Practice & qualifying sessions.

**LIVE Rally Mexico**
*Thu 2am BT Sport 2*
SS1 Street Stage GTO.

## NETBALL

**LIVE Team Bath v Wasps**
*Mon 6.45pm Sky Sports Arena & Sky Sports Mix*

## POOL

**LIVE Champions Cup**
*Mon 7pm FreeSports*

## RUGBY LEAGUE

**LIVE Parramatta Eels v Canterbury-Bankstown Bulldogs**
*Thu 9am Sky Sports Arena*

**LIVE Hull FC v Warrington Wolves**
*Thu 7pm Sky Sports Arena & Sky Sports Mix*
Super League at KCOM Stadium.

**LIVE Canberra Raiders v Gold Coast Titans**
*Fri 7am Sky Sports Arena*

**LIVE Salford Red Devils v Wigan Warriors**
*Fri 7pm Sky Sports Arena (kick-off 7.45pm)*
Super League at AJ Bell Stadium.

## RUGBY UNION

**LIVE Hurricanes v Blues**
*Sat 6am Sky Sports Action*

**LIVE Rebels v Lions**
*Sat 8.10am Sky Sports Action*

**LIVE England v Wales**
*Sat 11.30am Sky Sports Action & Sky Sports Mix, 12noon Sky One (kick-off 12.05pm)*
Women's Six Nations clash.

**LIVE Sharks v Jaguares**
*Sat 1pm Sky Sports Arena*

**LIVE Bulls v Highlanders**
*Sat 3.10pm Sky Sports Arena*
Coverage from Pretoria.

**LIVE England v Wales**
*Sat 3.50pm ITV, 4pm S4C (kick-off 4.45pm)*
Six Nations clash at Twickenham.

PHOTOS: PA IMAGES

Sport A-Z and football planner >>>

SUBSCRIPTION OFFER
Get 6 issues for only £1*
Your payments will then continue at £19.99 payable every 3 months, saving 36%
SAVE UP TO 36%
Subscribe online at tvandsatsubs.com/61 AU or call 0330 333 1113 and quote code XTS-61 AU
Offer open to new UK subscribers only. *After your first 6 issues, your subscription will continue at £19.99 payable every 3 months by Direct Debit, saving 36% on the full price. Offer open to new UK subscribers only. With the price guaranteed for the first 12 months. Final closing date for all orders is 31 March 2020. Please allow up to 6 weeks for delivery. The full subscription rate is for 1 year and includes postage and packaging. If the magazine ordered changes frequency per annum, we will honour the number of issues paid for, not the term of the subscription. For inquiries and overseas rates, contact help@magazinesdirect.com or call +44 (0) 330 333 1113. For full terms and conditions, visit magazinesdirect.com/terms. The Rewards scheme is available for all active print subscribers of magazines published by TI Media Limited, free of charge. Full terms and conditions are available at mymagazinerewards.co.uk. Digital subscribers also get access as long as the subscription has been purchased directly through the publishers at magazinesdirect.com.

# SAVE £15! WHEN YOU BUY TWO TREES

**FLAMINGO WILLOW STANDARD TREE**
**JUST £12.49 EACH**
**WHEN YOU BUY 2 FOR JUST £24.98**
**SAVE £15.00!**

# " Flamingo Willow - The Perfect Tree! Fabulous Spring & Summer Colour, Winter Hardy & Totally Fuss Free! "

## This stunning 'Standard' lollipop tree explodes with pink-blushed, white and green foliage in spring!

SAVE £15 TODAY!

Commonly called "Flamingo Willow" for its showy pink-blushed leaves Salix 'Hakuro-nishiki' is a striking compact tree that will delight in any garden setting adding height to a border in patio pots or either side of a gateway!

Your tree will arrive at around 80cm tall skilfully grown into a neat lollipop shape. It will erupt into colour every spring with rich green cream-white and delicate blush-pink foliage lasting through to early winter.

Totally hardy and very easy to grow this low-maintenance beauty will thrive in any garden setting and will reach just 1.5m (5ft) in total. Just a simple annual prune will keep it looking marvellous – it really is the perfect tree for any garden!

- **Fabulous colouring – pink, white and green!**
- **Glorious displays from early spring through to winter!**
- **Totally winter hardy and fuss-free!**
- **Perfect for adding height to a border or patio!**
- **Buy one for £14.99, saving £5.00 – or two for just £24.98, saving £15.00!**

**Flamingo Willow Standard**
80cm Tall Standard Tree in a 3L Pot
**JUST £14.99 • SAVE £5.00!**
**2 FOR £24.98 • SAVE £15.00!**

**An explosion of colour every spring!**

Platinum Trusted Service Award 2020 feefo

TOTALLY WINTER HARDY

**3 EASY WAYS TO ORDER NOW!**

**0844 6 569 569** USE CODE TVSW140
Calls cost 5p per min plus your network's access charge.

**www.YouGarden.com/TVSW140**

or by post using coupon below to: Offer TVSW140 YouGarden, PO Box 637, Wetherby Road, York YO26 0DQ

## EXTRA BONUS OFFER

### Pair of 'Tuscany Roman ' Planters

Stylish, weather resistant and lightweight plastic planters that are UV stable and will really last the test of time, complimenting your trees for years.

34cm (14") diameter.

**Item Code 130233**

**JUST £9.99 SAVE £5.00!**

Offer available while stocks last. © YouGarden Ltd 2020

PLEASE SEND TO: **Offer TVSW140, YouGarden, PO Box 637, Wetherby Road, York YO26 0DQ**

**YOUR ORDER DETAILS**

| Item | Description | Price | Qty | Subtotal |
|---|---|---|---|---|
| 510192 | Flamingo Willow Standard (Salix integra 'Hakuro-nishiki) 80cm Tall Standard Tree in a 3L Pot SAVE £5.00 | £14.99 | | |
| | Buy 2 for £24.98 SAVE £15.00! | £24.98 | | |
| | These special offers go perfectly with your Potentilla & Flamingo Willow Trees | | | |
| 130233 | Pair of 'Tuscany Roman' Planters SAVE £5.00! | £9.99 | | |
| 100062 | Blooming Fast Superior Soluble Fertiliser - SAVE £2.00! | £7.99 | | |
| | JOIN THE YOUGARDEN CLUB - Get £20.00 FREE vouchers & SAVE 10% on EVERY ITEM you order! | | | |
| 820005 | Renewal Subscription Membership*: SAVE £15.00! | £5.00 | | |
| 820001 | 1 Year Membership: SAVE £10.00! | £10.00 | | |
| | DON'T FORGET: Deduct 10% (10p in every £1) if you joined the YouGarden Club: | | | |
| | | | Add PP&I | £6.99 |
| | | | TOTAL ORDER VALUE | |

*We'll automatically renew your membership every year, so you can keep saving - AND the price will NEVER go up... GUARANTEED! Full details at YouGarden.com/Club.
Offer subject to availability and in the event that this offer is oversubscribed, we reserve the right to send suitable substitutes. Delivery to UK only and a £6.00 surcharge will apply to the following postcode areas: AB, BT, DD8-11, GY, HS, IM, IV, JE, KA27-28, KW, PA20-80, PH19-50, TR21-25 & ZE. See website for full terms & conditions.

**YOUR PAYMENT DETAILS** I enclose a cheque/Postal Order payable to YouGarden (name & address on back) for £

Or charge my Visa / Mastercard / Maestro card:

Card No. Issue No.

Start Date Exp Date Security Code

**DELIVERY DETAILS**

Mr/Mrs/Ms/Miss Initial Surname

Address

Postcode

Email

Tel

**My DOUBLE GUARANTEE to you!**
1 If you're not totally happy with your order, return it within 30 days and we'll replace or refund in full.
2 Should any hardy plants fail to thrive thereafter, we'll replace free of charge.You just pay the P&P.

Peter McDermott, Head Gardener

If you do not wish to receive catalogues & offers from us, please tick here [ ].
We think you'd enjoy some of the latest products and selected offers by post from other trusted retailers, charities, finance, travel, FMCG and utility companies. If you do not wish to receive these, please tick here [ ]. Full details at YouGarden.com/Privacy.
© YouGarden 2020.

AD CODE TVSW140

you garden

**LIVE Vancouver Sevens**
*Sat 4.50pm 1am Sky Sports Action, 11pm Sky Sports Main Event, 1am Sky Sports Main Event & Sky Sports Action; Sun 4.35pm & 12m't Sky Sports Action*

**LIVE Scotland v France**
*Sat 7.35pm BBC Red Button 1*
Women's Six Nations encounter.

**LIVE Sunwolves v Brumbies**
*Sat 4.10am Sky Sports Action*

**LIVE Bristol Bears v Harlequins**
*Sun 12.30pm BT Sport 1 (k-o 1pm)*
Premiership clash at Ashton Gate.

**LIVE Scotland v France**
*Sun 1.55pm BBC Red Button 1, 2.30pm BBC1 (kick-off 3pm)*
Six Nations clash at Murrayfield.

**LIVE Chiefs v Hurricanes**
*Fri 6am Sky Sports Action*

**LIVE Wales v Scotland**
*Fri 7.20pm S4C*
U-20s clash at Colwyn Bay.

**LIVE Sunwolves v Crusaders**
*Fri 3.40am Sky Sports Action*

## SKIING

**LIVE Alpine**
*Sat 8.20am & 11.25am Euro1; Sun 8.20am & 11.30am Euro2*
Slalom (W) from Germany.

**LIVE Nordic Combined**
*Sat 8.50am Euro2, 2.15pm Euro1; Sun 1.30pm Euro2; Mon 4.25pm Euro1; 2.35pm Euro2*
HS134 ski jump from Norway.

**LIVE Alpine**
*Sat 9.30am Euro1*
Downhill (M) from Norway.

**LIVE Biathlon**
*Sat 12.30pm & 4pm Euro1*
Relays (W/M) from Slovenia.

**LIVE Alpine**
*Sun 9.30am Euro2*
Super-G race (M) in Norway.

**LIVE Cross-Country**
*Sun 10.20am Euro1, 10.45am Euro2*
50km (M) & 12.5km (W) mass starts.

**LIVE Biathlon**
*Sun 12.30pm Euro2*
15km (M) mass start in Slovenia.

**LIVE Ski Jumping**
*Wed 4.25pm Euro1; Thu 3.50pm Euro2*
HS138 (M) from Norway.

**LIVE Biathlon**
*Thu 2.20pm; Fri 2pm Euro2*
10km (M) & 7.5km W) sprints.

**LIVE Alpine**
*Thu 5.45pm; Fri 12.55pm & 3.45pm Euro2*
Parallel/Giant slalom (W) in Sweden.

**LIVE Ski Jumping**
*Fri 5pm Euro2*
HS240 (M) individual discipline.

## SNOOKER

**LIVE Gibraltar Open**
*Fri 8.30am Euro2, 4.15pm Euro1, 6.15pm Euro2*

## SQUASH

**LIVE Canary Wharf Classic**
*Fri 7.30pm BT Sport 3*

## TENNIS

**LIVE BNP Paribas Open**
*Wed-Fri Amazon Prime Video*

## TRIATHLON

**LIVE Triathlon: Abu Dhabi**
*Sat 7.40am BBC Red Button 1*

# Football planner

## Saturday 7

**LIVE Adelaide United v Western United**
*6am BT Sport 3*
A-League coverage.

**LIVE Melbourne Victory v Sydney FC**
*8.30am BT Sport 3*
A-League at the Marvel Stadium.

**LIVE Eibar v Mallorca**
*12noon La Liga TV*
Spanish top-flight coverage.

**LIVE Bristol City v Fulham**
*12noon Sky Sports Main Event & Sky Sports Football (kick-off 12.30pm)*
Championship from Ashton Gate.

**LIVE Liverpool v Bournemouth**
*12noon BT Sport 1 (kick-off 12.30pm)*
Premier League action at Anfield.

**LIVE Atletico Madrid v Sevilla**
*3pm La Liga TV*
Spanish top-flight coverage.

**LIVE Harrogate Town v Bromley**
*5pm BT Sport 1 (k-o 5.20pm)*
National League at Wetherby Road.

**LIVE Burnley v Tottenham Hotspur**
*5pm Sky Sports Main Event & Sky Sports Premier League (kick-off 5.30pm)*
Premier League from Turf Moor.

**LIVE Atalanta v Lazio**
*5.10pm Premier Sports 1*
Serie A coverage, joining the game 10 minutes after kick-off.

**LIVE Mönchengladbach v Dortmund**
*5.15pm BT Sport 2 (k-o 5.30pm)*
Bundesliga at Borussia-Park.

**LIVE Alkmaar v Den Haag**
*5.25pm Premier Sports 2*
Eredivisie from AFAS Stadion.

**LIVE Barcelona v Real Sociedad**
*5.30pm La Liga TV*
Spanish top-flight coverage.

**LIVE Real Salt Lake v New York Red Bulls**
*7pm Sky Sports Football*
MLS from Rio Tinto Stadium.

**LIVE SPAL v Cagliari**
*7.40pm Premier Sports 1*
Serie A from Stadio Paolo Mazza.

**LIVE Heerenveen v Ajax**
*7.40pm Premier Sports 2*
Eredivisie coverage.

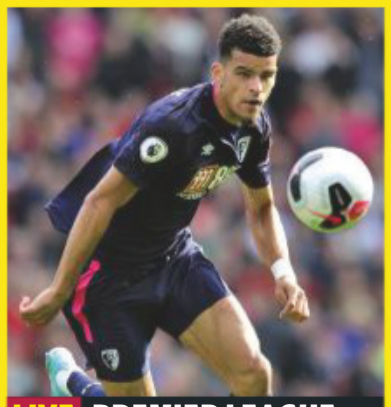
**LIVE Getafe v Celta Vigo**
*8pm La Liga TV*
Spanish top-flight action.

**LIVE DC United v Inter Miami**
*8.45pm FreeSports*
MLS action from Audi Field.

**LIVE Toronto v New York City**
*10.05pm Sky Sports Football*
MLS coverage from BMO Field.

**Match of the Day**
*10.30pm BBC1*
Highlights from the latest Premier League fixtures.

**LIVE Atlanta United v Cincinnati**
*12.05am FreeSports*
MLS at Mercedes-Benz Stadium.



**LIVE PREMIER LEAGUE**

### Liverpool v AFC Bournemouth

*Saturday, BT Sport 1 HD, kick-off 12.30pm*

Eddie Howe's side are fighting to stay out of the relegation zone and will need striker Dominic Solanke to find some form against his former club. Liverpool's Mohamed Salah has scored seven goals in five games against the Cherries.

**LIVE PREMIER LEAGUE**

### Chelsea v Everton

*Sunday, Sky Sports Premier League HD & Sky Sports Main Event HD, kick-off 2pm*

Carlo Ancelotti returns to Stamford Bridge with his improving Everton side. The Italian coach was sacked by Chelsea in 2011 after two seasons, despite leading the club to the Premier League and Cup double in the previous year.

**LIVE PREMIER LEAGUE**

### Manchester United v Manchester City

*Sunday, Sky Sports Premier League HD & Sky Sports Main Event HD, kick-off 4.30pm*

On-loan striker Odion Ighalo could feature in United's line-up as Ole Gunnar Solskjær's men push for a top-four place. City have won seven of their past 10 visits to Old Trafford, including the last three in a row.

**LIVE Seattle Sounders v Columbus Crew**
*3.05am FreeSports*
MLS from CenturyLink Field.

**LIVE Central Coast Mariners v Wellington Phoenix**
*5am BT Sport 1*
A-League at Central Coast Stadium.

## Sunday 8

**LIVE Perth Glory v Melbourne City**
*7am BT Sport 1*
A-League at HBF Park.

**LIVE Osasuna v Espanyol**
*10.55am FreeSports; 11am La Liga TV*
Spanish top-flight coverage.

**LIVE Ross County v Rangers**
*11.30am Sky Sports Main Event & Sky Sports Football (kick-off 12noon)*
Scottish Premiership action.

**LIVE Real Valladolid v Athletic Bilbao**
*1pm La Liga TV*
Spanish top-flight coverage.

**LIVE Chelsea v Everton**
*1pm Sky Sports Premier League; 2pm Sky Sports Main Event (kick-off 2pm)*
Premier League coverage from Stamford Bridge.

**LIVE Inter Milan v Sassuolo**
*1.55pm Premier Sports 2*
Serie A from the San Siro.

**LIVE Verona v AC Milan**
*1.55pm FreeSports*
Serie A coverage.

**LIVE Bayern Munich v Augsburg**
*2.30pm BT Sport/ESPN*
Bundesliga at the Allianz Arena.

**LIVE Levante v Granada**
*3pm La Liga TV*
Spanish top-flight coverage.

**LIVE Rennes v Montpellier**
*3.45pm BT Sport 1 (kick-off 4pm)*
Ligue 1 at Roazhon Park.

**LIVE Manchester United v Manchester City**
*4pm Sky Sports Main Event & Sky Sports Premier League (kick-off 4.30pm)*
Premier League from Old Trafford.

**LIVE Mainz v Dusseldorf**
*4.45pm BT Sport 3 (k-o 5pm)*
Bundesliga at the Coface Arena.

**LIVE Bologna v Juventus**
*4.55pm Premier Sports 2*
Serie A from Stadio Renato Dall'Ara.

**LIVE Villarreal v Leganés**
*5.30pm La Liga TV*
Spanish top-flight coverage.

**LIVE Japan Women v England Women**
*7pm BBC4 (kick-off 7.15pm)*
England defend their title in the round-robin SheBelieves Cup.

**LIVE AS Roma v Sampdoria**
*7.40pm Premier Sports 1*
Serie A from Stadio Olimpico.

**LIVE Lille v Lyon**
*7.45pm BT Sport 1 (kick-off 8pm)*
Ligue 1 at Stade Pierre-Mauroy.

**LIVE Real Betis v Real Madrid**
*8pm La Liga TV*
Spanish top-flight coverage.

**LIVE Portland Timbers v Nashville SC**
*11.10pm FreeSports*
MLS from Providence Park.

**LIVE Los Angeles v Philadelphia Union**
*2.50am FreeSports*
MLS action from California.

## Monday 9

**LIVE Torino v Udinese**
*5.40pm Premier Sports 1*
Serie A from Turin.

**LIVE Leicester City v Aston Villa**
*7pm Sky Sports Main Event & Sky Sports Premier League (k-o 8pm)*
Premier League coverage.

**LIVE Stuttgart v Arminia**
*7.30pm BT Sport 1*
Action from the Bundesliga 2.

**LIVE Lecce v AC Milan**
*7.55pm Premier Sports 1*
Serie A from Stadio Via del Mare.

## Tuesday 10

**LIVE Eibar v Real Sociedad**
*7pm La Liga TV*
Spanish top-flight coverage.

**LIVE RB Leipzig v Tottenham Hotspur**
*7pm BT Sport 2 (kick-off 8pm)*
Second leg of the Champions League Round of 16. See p28.

**LIVE Valencia v Atalanta**
*7.45pm BT Sport 3 (kick-off 8pm)*
Second leg of the Champions League Round of 16. See p28.

## Wednesday 11

**LIVE Mönchengladbach v Cologne**
*5.30pm BT Sport 1*
Bundesliga at Borussia-Park.

**LIVE Liverpool v Atletico Madrid**
*7pm BT Sport 2 (kick-off 8pm)*
Second leg of the Champions League Round of 16. See p28.

**LIVE PSG v Dortmund**
*7.15pm BT Sport 3 (k-o 8pm)*
Second leg of the Champions League Round of 16. See p28.

**LIVE England Women v Spain Women**
*10pm BBC4 (kick-off 10.15pm)*

**LIVE USA Women v Japan Women**
*12.50am BBC Red Button 1*
The SheBelieves Cup concludes.

## Thursday 12

**LIVE Europa League**
*5.45pm, 8pm BT Sport 2, BT Sport 3 & BT Sport/ESPN*
Round of 16 first-leg matches, with the draw yet to be announced as *TV&Satellite Week* went to press.

## Friday 13

**LIVE Brisbane Roar v Central Coast Mariners**
*8.30am BT Sport 3*
A-League at the Suncorp Stadium.

**LIVE Fürth v Hamburg**
*5.30pm BT Sport 2*
Bundesliga 2 coverage.

**LIVE Fulham v Brentford**
*7pm Sky Sports Main Event & Sky Sports Football (k-o 7.45pm)*
Championship at Craven Cottage.

**LIVE Motherwell v Aberdeen**
*7.15pm BT Sport 1 (k-o 7.45pm)*
Scottish Premiership at Fir Park.

**LIVE Dusseldorf v Paderborn**
*7.30pm BT Sport 2*
Bundesliga at the Esprit Arena.

**LIVE Juventus v Lecce**
*7.35pm Premier Sports 1*
Serie A at Allianz Stadium.

**LIVE Lyon v Reims**
*7.45pm BT Sport/ESPN*
Ligue 1 at Groupama Stadium.

**LIVE Real Madrid v Eibar**
*8pm La Liga TV*
Spanish top-flight coverage.

PHOTOS: PA IMAGES

# SUBSCRIPTION OFFER

## Subscribe to TV&Satellite Week

# 6 issues for £1*

- Every issue delivered to your door
- Money Back Guarantee
- TV&Satellite Week has everything you need to know about the most exciting shows on TV

Online at
**tvandsatsubs.com/61AU**

Phone
**0330 333 1113** Quote code 61AU
(Monday to Saturday from 8am to 6pm, UK time)

completed form below to
**FREEPOST TI Media Limited**
(No stamp needed –UK Only)

THE DIRECT DEBIT GUARANTEE. This Guarantee is offered by all banks and building societies that accept instructions to pay Direct Debits. If there are any changes to the amount, date or frequency of your Direct Debit, Magazines Direct will notify you 10 working days in advance of your account being debited or as otherwise agreed. If you request Magazines Direct to collect a payment, confirmation of the amount and date will be given to you at the time of the request. If an error is made in the payment of your Direct Debit by Magazines Direct or your bank or building society, you are entitled to a full and immediate refund of the amount paid from your bank or building society. If you receive a refund you are not entitled to, you must pay it back when Magazines Direct asks you to. You can cancel a Direct Debit at any time by simply contacting your bank or building society. Written confirmation may be required. Please also notify us.

### I would like to subscribe to TV&Satellite Week

**Please tick your preferred payment method:**

☐ **UK Direct Debit: Pay just £1 for your first 6 issues.** Your payments will then continue at £19.99 payable every 3 months, saving 36% full price £31.49 — TOP OFFER

☐ **UK 2 year (102 issues) credit card:** Pay only £150.99 (full price £251.90) saving 40% across the two years

☐ **UK 1 year (51 issues) credit card:** Pay only £81.49 (full price £125.95) saving 35% across the year

**Your Details:**

Mr/Mrs/Ms/Miss: Forename:

Surname:

Email:

Address:

Postcode:

Mobile Tel No:

Home Tel No: (inc. area code)

**I would like to send a gift subscription to:**

Please also fill out 'Your Details' above. To give more than one subscription, please supply address details on a separate sheet.

Mr/Mrs/Ms/Miss: Forename:

Surname:

Address:

Postcode:

### CHOOSE FROM 3 EASY WAYS TO PAY:

**1. DIRECT DEBIT (UK ONLY)**

**Pay just £1 for your first 6 issues by direct debit.** Then pay only £19.99 every 3 months saving 36%

**Instruction to your Bank or Building Society to pay by Direct Debit. Name and full postal address of your bank or building society.**

**Service user number:** 7 6 4 2 2 1

DIRECT Debit

To: The Manager Bank/Building Society:

Address:

Postcode:

Name(s) of Account Holder(s):

Branch Sort Code: – –

Bank/Building Society Account No:

Instructions to your Bank or Building Society: Please pay Magazines Direct from the accounts detailed on this Instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this instruction may remain with Magazines Direct and if so, details will be passed electronically to my Bank or Building Society.

Signature

(I am over 18)

Date

Banks and building societies may not accept Direct Debit instructions for some types of account.

**2. CHEQUE.** I enclose a cheque/postal order made payable to TI Media Limited, for £_____

**3. CREDIT/DEBIT CARD.** Please debit £ _____ from my:

☐ Visa ☐ Visa Debit ☐ Mastercard ☐ Amex

Card No

Expiry Date

MM/YY

Signature Date

(I am over 18)

**By submitting your information, you agree to our Privacy Policy available at www.ti-media.com/privacy. Please keep me up to date with special offers and news from TV & Satellite Week and other brands within the TI Media Limited Group by ☐ email, ☐ post, ☐ telephone and/or ☐ SMS. You can unsubscribe at any time.**

☐ **Please keep me up to date with special offers and news just by email from carefully selected companies. Your personal details will not be shared with those companies – we send the emails and you can unsubscribe at any time.** Offer closes Tuesday 31st March 2020. *After your first 6 issues, your subscription will continue at £19.99 every 3 months by Direct Debit, saving 36% on the full subscription price of £31.49. This price is guaranteed for the first 12 months (51 issues) and we will notify you in advance of any price changes. Orders purchased for yourself will start with the next available issue - please allow up to 6 weeks for delivery. The full subscription rate is for 12 months (51 issues) and includes postage and packaging. TI Media Limited may cancel a subscription and provide a pro rata refund if it ceases to publish the relevant titles for any reason. For full terms and conditions, visit www.magazinesdirect.com/terms. For enquiries please call: +44 (0) 330 333 1113. Lines are open Monday - Saturday 8am - 6pm UK Time or e-mail: help@magazinesdirect.com. Calls to 0330 numbers will be charged at no more than a national landline call, and may be included in your phone provider's call bundle.

XTS CODE: 61AU

# Saturday

7 March

## Evening Planner



### Rugby union

**Six Nations**
***ITV HD & S4C HD, kick-off 4.45pm***
The fourth round at Twickenham sees England and Wales play their penultimate match, while Ireland v Italy is postponed

### Football

**Premier League**
***Sky Sports Main Event HD & Sky Sports Premier League HD, kick-off 5.30pm***
At Turf Moor, Burnley welcome Spurs, who beat them 5-0 in the reverse fixture

### Entertainment

**The Greatest Dancer**
***BBC1 HD, 6.30pm***
There are four performers left in the final, throwing shapes for the judges in a bid to win £50,000 and a spot on *Strictly*

### Documentary

**The Royals: A Family in Crisis**
***Channel 5 HD, 8pm***
Asking if the past year has eclipsed 1992 as the Queen's *annus horribilis*

| SKY EVENING TIME | 7.00PM | 7.30PM | 8.00PM | 8.30PM | 9.00PM | 9.30PM | 10.00PM | 10.30PM |
|---|---|---|---|---|---|---|---|---|
| **FAVOURITES** | | | | | | | | |
| 101 BBC1 | ◂ 6.30 The Greatest Dancer | 7.55 Pointless Celebrities | | 8.45 Catchpoint for Sport... | 9.20 Casualty | | 10.10 News | 10.30 Match of the Day |
| 102 BBC2 | 7.00 Wild Cuba: A Caribbean Journey | | 8.00 Great American Railroad Journeys | | 9.00 Hilary Mantel: Return to Wolf Hall | | 10.00 Film: Lost Lives | |
| 103 ITV | 7.00 Ant & Dec's Saturday Night Takeaway | | | 8.30 The Voice UK | | 9.55 News | 10.10 Film: Pitch Perfect | |
| 104 CHANNEL 4 | 7.00 Crufts | | | | 9.00 Film: Passengers | | | |
| 105 CHANNEL 5 | 7.00 Royal Doctors: Treating the Monarchy | | 8.00 The Royals: A Family in Crisis | | | 9.30 Charles and Di: The Truth Behind Their Wedding | | |
| 106 SKY ONE | 7.00 The Simpsons | | 8.00 Modern Family | 8.30 Film: Men in Black II | | | 10.15 Strike Back: Vendetta | |
| **ENTERTAINMENT** | | | | | | | | |
| 116 BBC4 | 7.00 Rick Stein's Long Weekends | | 8.00 South Pacific | | 9.00 Hidden | | 9.55 Clive James: Postcard from Miami | |
| 118 ITV2 | ◂ 6.55 Film: Uncle Buck | | | | 9.00 Film: Fast & Furious 8 | | | |
| 136 MORE4 | ◂ 6.55 Four in a Bed | | 8.00 Car S.O.S. | | 9.00 24 Hours in A&E | | | |
| 135 E4 | ◂ 5.30 Film: Home Alone 2: Lost in New York | | 8.00 Film: Transformers: Revenge of the Fallen | | | | | |
| 107 SKY WITNESS | 7.00 Blue Bloods | | | | 9.00 Law & Order: Special Victims Unit | | 10.00 The Good Doctor | |
| 108 SKY ATLANTIC | 7.00 Without a Trace | | | | 9.00 Film: Real Women Have Curves | | | |
| 110 GOLD | ◂ 6.35 Only Fools and Horses | | | | 9.00 All Round to Mrs Brown's | | | 10.20 Sandylands |
| 111 DAVE | 7.00 Would I Lie to You? | | | 8.20 Not Going Out | 9.00 Not Going Out Christmas Special | | 10.00 Hypothetical | |
| 119 ITV3 | 7.00 Midsomer Murders | | | | | | | |
| 120 ITV4 | 7.00 Darts: UK Open – Live: The evening session on day two from Butlin's Minehead Resort | | | | | | | |
| 112 COMEDY CENTRAL | 7.00 Friends | | 8.00 Film: Notting Hill | | | | | 10.30 Friends |
| 114 SYFY | 7.00 Blood & Treasure | | 8.00 Film: Collision Earth | | | | 10.00 The Twilight Zone | |
| 109 W | 7.00 Inside the Ambulance | | | | 9.00 999 Rescue Squad | | | |
| 113 SKY COMEDY | 7.00 30 Rock | | | 8.30 Miracle Workers | 9.00 Curb Your Enthusiasm | 9.40 Ballers | | 10.15 Sex and the City |
| 124 FOX | 7.00 NCIS | | | | 9.00 The Walking Dead | | 10.00 Family Guy | |
| 122 SKY ARTS | ◂ 5.30 Glyndebourne Opera Cup 2020 | | | | 9.00 Pavarotti: Birth of a Pop Star | | | 10.05 Freddie Mercury: The Great... |
| **DOCUMENTARY** | | | | | | | | |
| 125 DISCOVERY | 7.00 Gold Rush | | 8.00 Wheeler Dealers | | 9.00 Richard Hammond's Big | | 10.00 Disasters Engineered | |
| 162 ANIMAL PLANET | 7.00 Wildest Europe | | | | | | 10.00 Shark Attack Rescuers | |
| 129 NAT GEO | 7.00 Car S.O.S. | | | | 9.00 Ultimate Supercar | | | |
| 130 HISTORY | 7.00 Forged in Fire | | | | 9.00 Game Changers: Inside the Video Game Wars | | | |
| 155 YESTERDAY | 7.00 Big in America: British Hits in the USA | | 8.00 Duran Duran: There's Something You... | | 9.00 The True Story of the Mary Celeste | | 10.00 World's Greatest Palaces | |
| 166 EDEN | 7.00 Operation Wild | | | | 9.00 David Attenborough's Big Birds... | | 10.00 Attenborough's Birds of Paradise | |
| **FILMS - Sky Cinema** | | | | | | | | |
| 301 PREMIERE | ◂ 5.45 Godzilla: King of the Monsters | | 8.00 Brightburn | | | 9.45 We Die Young | | |
| 303 HITS | ◂ 5.55 The Kid Who Would Be King | | 8.00 Shazam! | | | | 10.15 Us | |
| 304 GREATS | ◂ 6.50 Star Wars: Episode V – The Empire Strikes Back | | | | 9.00 Star Wars: Episode VI – Return of the Jedi | | | |
| 305 DISNEY | 7.00 The Incredibles | | | | 9.00 Incredibles 2 | | | |
| 306 KIDS BOOKS | ◂ 6.10 Jumanji | | 8.00 Harry Potter and the Half-Blood Prince | | | | | 10.35 Percy... |
| 311 ACTION | ◂ 6.00 The Darkest Minds | | 8.00 Mission: Impossible – Fallout | | | | | 10.30 Fury |
| 308 COMEDY | ◂ 6.10 About a Boy | | 8.00 Superbad | | | | 10.00 American Pie | |
| 309 THRILLER | 7.05 Extremely Wicked, Shockingly Evil and Vile | | | | 9.00 The Sisters Brothers | | | |
| 310 WOMEN IN FILM | ◂ 5.50 Captain Marvel | | 8.00 Widows | | | | 10.15 The Girl with the Dragon... | |
| 307 MONSTERS | ◂ 6.45 King Kong | | | | | | 10.00 Godzilla | |
| 302 SUPERHERO | ◂ 6.15 The Dark Knight Rises | | | | 9.00 Aquaman | | | |
| 313 FILM4 | ◂ 6.55 Gifted | | | | 9.00 Die Hard 4.0 | | | |
| 315 TCM MOVIES | 7.00 The Fastest Gun Alive | | | | 9.00 The Postman | | | |
| **SPORT** | | | | | | | | |
| 401 MAIN EVENT | ◂ 5.00 Premier League – Live: Burnley v Tottenham Hotspur | | | 8.30 Fight Night – Live: Scott Quigg v Jono Carroll: The super-featherweight title bout from Manchester Arena | | | | |
| 402 PREMIER LEAGUE | ◂ 5.00 Premier League – Live: Burnley v Tottenham Hotspur | | | 8.30 Renault Game of the Day | | | | 10.30 Match Choice |
| 403 FOOTBALL | 7.00 MLS – Live: Real Salt Lake v New York Red Bulls: From Rio Tinto Stadium (Kick-off 7.00) | | | | 9.10 One2Eleven... | 9.35 EFL Highlights | 10.05 MLS – Live | |
| 404 CRICKET | 7.00 Women's ICC World T20 Cricket | | | | 9.00 One-Day International Cricket | | 10.00 Women's ICC World T20 Cricket | |
| 413 BT SPORT 1 | ◂ 5.00 Vanarama... | 7.30 Vanarama... | 8.00 WWE Friday Night SmackDown | | | 9.30 WWE NXT UK | | 10.30 Bundesliga |
| 414 BT SPORT 2 | ◂ 5.15 Bundesliga... | 7.30 Hyundai A-League | | | 9.00 Gallagher Premiership Rugby Highlights | | | |

◂ Denotes programmes starting before 7.00pm  † Regions vary

# SATURDAY

SAVE UP TO 36%
SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Subscribe online www.tvandsatsubs.com/61AU
OR CALL 0330 3331 113 and quote code 61AU
*Your payments will then continue at £19.99 payable every three months, saving 36%

Saturday

## BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

**6.00** AM **Breakfast** (S)
**10.00** **Saturday Kitchen Live** New edition With Chris Hoy, Tom Kitchin and Georgina Hayden. (S)
**11.30** NEW **Gareth Thomas' Tour de Trophy for Sport Relief** Following Gareth as he embarks on a seven-day, 500-mile bike ride from Cardiff to Aberdeen. (S)
**12.00** NOON **Football Focus** (S)
**1.00** PM **BBC News** (S)
**1.15** **Ready Steady Cook** (S)(R)
**2.00** **Garden Rescue** (S)(R)
**3.00** **Money for Nothing** Tackling two chairs in need of a makeover. (S)(R)
**4.00** **Final Score** Results round-up. (S)
**5.10** **The Repair Shop** The team restore a treasured clockwork car and a porcelain dog. (S)(R)
**5.40** **BBC News** (S)
**5.50** **Local News** (S)

11.55 Foxcatcher

**6 PM**

**6.00** **Celebrity Mastermind** New edition 8/10. Contestants include Ruth Madeley and Ann Widdecombe. (S)
**6.30** **The Greatest Dancer** Series finale 10/10. Alesha Dixon and Jordan Banjo host the final of the dancing contest, with the last four performers competing for the chance to win £50,000 and appear on *Strictly Come Dancing*. (S)

**7 PM**

**7.55** **Pointless Celebrities** A food-based edition of the general knowledge quiz, with contestants inlcuding Prue Leith, Brian Turner, Grace Dent and William Sitwell. (S)(R)

**8 PM**

**8.45** **Catchpoint for Sport Relief** Series finale 2/2. Sam Quek and Mark Watson face Graeme Swann and Rachel Parris. (S)

**9 PM**

**9.20** **Casualty** Ruby has to choose between her career and parenthood, while Megan offers Archie a job with her in Sudan. (S)(AD)

**10 PM**

**10.10** **BBC News** (S) Followed by **Lottery Update** (S)
**10.30** **Match of the Day** Premier League action, including Liverpool v Bournemouth. (S)
■ *Match of the Day 2* can be seen tomorrow at 10.30pm
**11.55** FILM **Foxcatcher** Fact-based drama starring Steve Carell, Channing Tatum and Mark Ruffalo. An Olympic wrestler joins a millionaire's personal team, but tension grows when the grappler's brother is employed as a coach. (S)(AD) (2014, 15, 125min) ★★★★
**2.00** AM **Weather for the Week Ahead** Seven-day forecast. (S)
**2.05** **to 6.00** AM **BBC News** (S)

## BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

**6.30** AM **The Dog Ate My Homework** (R)
**7.00** **The Dengineers** (S)(R)
**7.30** **Blue Peter** (S)(R)
**8.00** **Deadly 60** (S)(R)
**8.30** FILM **Strange Magic** Animation. (S) (2015, U, 90min) ★★★
**10.00** **Kung Fu Panda: Secrets of the Furious Five** Animation. (S)(R)
**10.25** **Kangaroo Dundee & Other Animals – Part One** (S)(R)(AD)
**11.30** **Fast, Fresh and Easy Food** (S)(R)
**12.00** NOON **Hairy Bikers' Best of British** Pub food. (S)(R)
**1.00** PM **All-Star Netball for Sport Relief** A celebrity match. (S)(R)
**2.00** **The £100K House: Tricks of the Trade** Home transformations. (S)(R)
**3.00** **Hugh's Wild West** (S)(R)(AD)
**4.00** **Flog It!** (S)(R)
**5.00** **Kangaroo Dundee & Other Animals – Part Two** (S)(R)(AD)

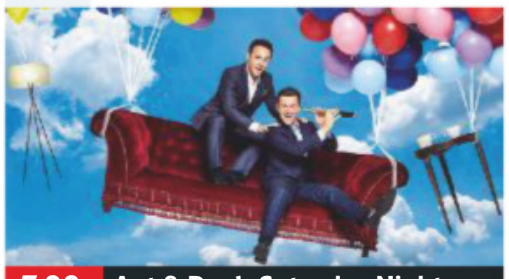
9.00 NEW Hilary Mantel: Return to Wolf...

**6.00** **Saving Lives at Sea** 10/10. The Royal National Lifeboat Institution volunteers race to rescue two teenagers stuck in mud on the Humber Estuary before the incoming tide overwhelms them. (S)(R)(AD)
**7.00** **Wild Cuba: A Caribbean Journey** 1/2. Colin Stafford-Johnson explores parts of Cuba few outsiders have seen, observing the world's tiniest bird and crabs migrating en masse. (S)(R)(AD)
**8.00** **Great American Railroad Journeys** New edition 7/10. Michael Portillo goes a journey from Springhill Junction to Quebec City, during which he investigates the world's biggest tide. (S)(AD)
**9.00** NEW **Hilary Mantel: Return to Wolf Hall** Profile of author Hilary Mantel in the six months leading up to the publication of *The Mirror and the Light*, the final novel in her Thomas Cromwell trilogy. (S)(AD)
**10.00** FILM **Lost Lives** Documentary inspired by the book of the same name that records the circumstances of the deaths of every man, woman and child killed during Northern Ireland's Troubles. (S)(AD) (2019, 15, 90min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
**11.30** FILM **Midnight's Children** Magic-realist fantasy based on Salman Rushdie's Booker Prize-winning novel, starring Satya Bhabha and Shahana Goswami. (S) (2012, 12, 135min) ★★★
**1.45** AM FILM **Stations of the Cross** Drama starring Lea van Acken and Florian Stetter. Subtitled. (S) (2014, 15, 105min) ★★★★
**3.30** **to 6.45** AM **Previews** (S)

## ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

**6.00** AM **CITV**
**7.30** **Scrambled!** (S)
**9.25** **ITV News** (S)
**9.30** **James Martin's Saturday Morning** New edition With Ade Adepitan, Raymond Blanc, Tom Kerridge and Dr Hazel Wallace. (S)
**11.40** **Living on the Veg** Chinese crispy duck pancakes. (S)(R)
**12.45** PM **ITV News** (S)
**1.00** LIVE **ITV Racing** Ed Chamberlin presents coverage of today's race meetings from Sandown Park and Wolverhampton. (S)
**3.30** **ITV News** (S)
**3.40** **Local News** (S)
**3.50** LIVE **Six Nations** England v Wales: All the action from both teams' penultimate match of the championship, held at Twickenham. Kick-off is at 4.45. (S)



7.00 Ant & Dec's Saturday Night...

**6.00** LIVE **Six Nations** (started at 3.50pm)
**7.00** **Ant & Dec's Saturday Night Takeaway** New edition 3/7. Jax Jones and Ella Henderson perform live, while the hosts face a dance battle with *Britain's Got Talent: The Champions* winners Twist and Pulse in the End of the Show Show. (S)
■ Repeated tomorrow
**8.30** **The Voice UK** New edition Emma Willis hosts the third and final Battle Round, with will.i.am, Tom Jones, Olly Murs and Meghan Trainor returning to the red chairs as their acts go head-to-head. (S)
■ Repeated tomorrow
**9.55** **ITV News** (S)
**10.10** FILM **Pitch Perfect** Musical comedy set in the world of American college a cappella singing, starring Anna Kendrick. A wannabe DJ tries to shake up her college's all-female singing group. With Skylar Astin and Rebel Wilson. (S)(AD) (2012, 12, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
**12.20** AM **You've Been Framed! Gold** A fire extinguisher explodes in a builder's face. (S)(R)
**12.50** **Ideal World**
**3.00** **Rebound** Sean Fletcher hosts the general knowledge quiz. (S)(R)
**3.50** **to 6.00** AM **Nightscreen**

+1 hour 203 | 114 | 33 | 112

## CHANNEL 4

104 104/138 804 | 104 104/141 | 4 104 | 104

**6.00** AM **Mike & Molly** (S1) (S)(R)
**6.25** **Cheers** 19&20/22. (S1) (S)(R)
**7.15** **Frasier** 2&3/24. (S4) (S)(R)(AD)
**8.05** **Everybody Loves Raymond** 2&3/25. (S2)(S)(R)(AD)
**9.00** **The Big Bang Theory** (S)(R)(AD)
**9.55** **The Simpsons** (S)(R)(AD)
**11.55** **The Dog House** 3/8. A Liverpool family decide between a litter of 10 German shepherd puppies. (S)(R)
**12.55** PM **Four in a Bed** Five editions of the B&B challenge. (S)(R)
**3.30** **A Place in the Sun** A teacher looks for a holiday home in the Murcia region of Spain. (S)(R)
**4.30** **Crufts** New edition Clare Balding presents the latest action from the NEC in Birmingham, including live coverage of the Flyball semi-finals. With guests Sally Phillips and Ronni Ancona. (S)

9.00 FILM Passengers

**6.30** **News** (S)
**7.00** **Crufts** New edition Clare Balding presents continued coverage from the NEC Birmingham, with today's theme being Kids and Dogs. Vet Paul Manktelow shows young people how to get interested in veterinary science, and Clare meets Rhys Parrin, a 22-year-old YKC agility competitor who has been taking part in Crufts since he was 12, when his mother passed away. (S)
**9.00** FILM **Passengers** Fantasy adventure starring Jennifer Lawrence and Chris Pratt. Two travellers on a spaceship are woken up 90 years before the end of their colonisation mission. With Michael Sheen and Laurence Fishburne. (S) (2016, 12, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
**11.15** FILM **G.I. Joe: The Rise of Cobra** Action adventure starring Dennis Quaid and Christopher Eccleston. (S) (2009, 12, 125min) ★★★
**1.20** AM **The Last Leg** With guests John Bercow and Sara Pascoe. (S)(R)
**2.10** **The Big Narstie Show** With Nile Rodgers and Riz Ahmed. (S)(R)
**3.05** **Hollyoaks** (S)(R)(AD)
**5.05** **to 6.00** AM **Location, Location, Location** (S)(R)

+1 hour 204 | 142 | 15 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

## CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

**6.00** AM **Milkshake!**
**9.50** **SpongeBob SquarePants** (S)
**10.05** **The Loud House** (S)(R)
**10.15** **Access** Showbiz news. (S)
**10.20** **WWE SmackDown Highlights** Recent wrestling action. (S)
**11.20** **Friends** (S3) (S)(R)
**12.50** PM **NEW A Will to Kill: Hailey Dean Mysteries** Whodunit starring Kellie Martin and Giacomo Baessato. (S)
**2.40** **NEW A Prescription for Murder: Hailey Dean Mysteries** Hailey helps the police when the CEO of a hospital dies suspiciously. (S)
**4.20** **FILM The King and I** Rodgers and Hammerstein's famous Oscar-winning musical starring Deborah Kerr and Yul Brynner. (S) (1956, U, 160min) ★★★★★

**7.00** Royal Doctors: Treating the...

**6.55** **News** (S)
**7.00** **NEW Royal Doctors: Treating the Monarchy** The role of the medics who have looked after the Royal Family. Plus, Kate Williams explores gruesome tales from the monarchy's history. (S)
**8.00** **NEW The Royals: A Family in Crisis** A look at issues affecting the monarchy in 2019, including the rift between Princes Harry and William, the scandal surrounding Prince Andrew and Prince Philip's car crash. (S)
**9.30** **Charles and Di: The Truth Behind Their Wedding** Documentary examining the week immediately prior to the Royal Wedding of Prince Charles and Diana Spencer in 1981, which lifted the spirits of the nation during a turbulent time. Interviewees include Mary Robertson, Col Robert Spencer and Angela Rippon (S)(R)
**11.05** **The Carpenters: Their Greatest Hits** (S)(R)
**12.05** AM **The Last Hours of Karen Carpenter** (S)(R)
**1.00** **21.co.uk Live Casino Show** (S)
**3.00** **Access** Showbiz news. (S)
**3.10** **Our Dream Hotel** (S)(R)
**4.00** **Billionaire Kids** (S)(R)
**4.45** **House Doctor** (S)(SL)(R)
**5.10** **Nick's Quest** (S)(SL)(R)
**5.35** **to 6.00** AM **Wildlife SOS** (SL)(R)

+1 hour 205 | 155 | 44 | 128

## SKY ONE

106 106 806 | 110 109

**6.00** AM **Monkey Life** (S)(R)(AD)
**8.00** **Modern Family** (S10) (S)(R)
**9.00** **What's Up TV** New edition
**9.30** **NEW I'm Game: Rainbow Laces** Public figures try out new sports and experiences.
**10.30** **Soccer AM** Football magazine.
**12.00** NOON **LIVE Women's Six Nations Rugby Union** England v Wales: From Twickenham Stoop. Kick-off is at 12.05.
**2.15** PM **PL Greatest Games** (S)(R)
**2.30** **Best PL Goals: Chelsea v Arsenal** Memorable goals. (S)(R)
**3.00** **Gillette Soccer Saturday** Up-to-the-minute scores.
**5.00** **The Simpsons** *Bye Bye Nerdy:* A bully torments Lisa. (S)(R) **5.30** *Simpson Safari:* The family win a once-in-a-lifetime safari trip to Africa. (S)(R)

**8.30** Men in Black II

**6.00** **The Simpsons** *Trilogy of Error:* Marge accidentally slices off Homer's thumb. (S)(R) **6.30** *I'm Goin' to Praiseland:* Homer and Ned build an amusement park. (S)(R)
**7.00** **The Simpsons** *Children of a Lesser Clod:* Homer opens a daycare service for babies. (S)(R) **7.30** *Simpsons Tall Tales:* A tramp tells the clan yarns based on US folklore. (S)(R)
**8.00** **Modern Family** Dylan's hippie mother moves into the Dunphy home. (S11) (S)(R)
**8.30** **FILM Men in Black II** Sci-fi action comedy sequel starring Tommy Lee Jones and Will Smith. When an evil alien threatens Earth, top MIB agent Jay needs the help of his amnesiac former partner Kay to save the planet. With Rip Torn. (2002, PG, 88min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
**10.15** **Strike Back: Vendetta** 2/10. The team embark on a dangerous mission after discovering that the sale of the bioweapon will be taking place on a train. (S8) (S)(R)
**11.15** **Hawaii Five-0** Adam's girlfriend Tamiko is kidnapped right in front of him. (S10) (R)
**12.15** AM **NCIS: Los Angeles** A former black ops agent seeks revenge on Hetty. (S11) (S)(R)
**1.15** **A League of Ther Own** (S)(R)
**2.15** **The Heist** 5/8. (R)
**3.15** **Jett** 9/9. (S1) (S)(R)(AD)
**4.30** **to 6.00** AM **The Real A&E** (S)(R)(AD)

+1 hour 206

## LOCAL VARIATIONS

### BBC1

**SCOTLAND**
Sky **951**, Virgin **862**, Freesat **960**
**4.00-5.10pm** Sportscene Results (S)

**N. IRELAND**
Sky **953**, Virgin **863**, Freesat **957**
**5.00-5.10pm** Final Score from Northern Ireland (S)

**WALES**
Sky **952**, Virgin **864**, Freesat **964**
**1.15pm** Six Nations Sin Bin (S)(R) **1.45** Weatherman Walking: The Welsh Coast (S)(R) **2.15** Garden Rescue (S)(R) **3.15-4.00pm** Money for Nothing (S)(R)

### BBC2

**N. IRELAND**
Sky **972**, Freesat **969**
**12.00noon-1.00pm** The Conference (S) **7.00pm** The Chronicles of Erne (S)(R) **7.30-8.00pm** Dad's Army (S)(R)

**WALES**
Sky **971**, Freesat **971**
**2.00-4.00pm** Conference 2020: Welsh Conservatives (S)

### ITV

No variations

### S4C

Sky **134**, Virgin **166**, Freesat **120**
**6.00am** Cyw **8.00** Stwnsh Sadwrn **10.00** Trysorau'r Teulu **11.00 NEW SERIES** Cynadleddau'r Gwanwyn 2020 **1.00pm** Ffermio **1.30** Nyrsys (AD) **2.00** Cynefin **3.00** Creaduriaid Gwyllt Affrica **4.00 LIVE** Clwb Rygbi Rhyngwladol **7.15** Newyddion a Chwaraeon **7.30** Heno Nos Sadwrn New edition **8.00** Noson Lawen New edition **9.00** Oci Oci Oci **10.00** Jonathan **11.00-11.35pm** Hansh

## BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

**7.00** PM **Rick Stein's Long Weekends** The chef takes a culinary break in Lisbon.
**8.00** **South Pacific** 4/6. The effects of the eruption of volcanos in the ocean.
**9.00** **Hidden** New episode 4/6. Karl Lewis admits that the accusations he brought against Ellis were false, and Cadi turns her attention to Mia, whose false testimony led to Karl's arrest. Partially subtitled. (S2)
**9.55** **Clive James: Postcard from Miami** Clive meets *Miami Vice* star Don Johnson.
**10.50** **Clive James: Postcard from Chicago** The writer visits the Windy City.
**11.40** **NEW The Selecter and EOB at the 6 Music Festival** The ska band and Radiohead guitarist Ed O'Brien perform.
**12.25** AM **Top of the Pops: 1989** Double bill.
**1.30** **South Pacific**
**2.30** **to 3.30** AM **Rick Stein's Long Weekends**

## MORE4

136 136 830 | 147 195 | 18 | 124

**8.55** AM **Food Unwrapped**
**9.30** **A Place in the Sun: Summer Sun** Triple bill.
**12.30** PM **Location, Location, Location** In Scotland.
**1.35** **Phil Spencer's Stately Homes** Harewood House.
**2.40** **Come Dine with Me**
**5.20** **Four in a Bed** The Bell House Hotel in Wiltshire. **5.55** The second visit is to the Partridge in Oxfordshire.
**6.25** **Four in a Bed** The third day takes place at Strawberry Gardens B&B in Heysham. **6.55** The final visit is to Jade Hendon's Bateman's Mill near Chesterfield. **7.25** The B&B owners meet for the last time to find out what they have been paid.
**8.00** **Car S.O.S** 4/10. Tim Shaw and Fuzz Townshend restore a 1972 Toyota Celica.
**9.00** **24 Hours in A&E** Doctors treat a baby with a high fever and suspect a 61-year-old woman has suffered a second stroke. **10.00** Doctors fear a 25-year-old woman may have suffered a stroke.
**11.05** **Father Ted** The priest offends Craggy Island's Chinese community. **11.40** A monster stalks Craggy Island.
**12.15** AM **8 Out of 10 Cats Does Countdown**
**1.15** **24 Hours in A&E**
**3.20** **to 3.50** AM **Father Ted**

+1 hour 236 | 196 | 86 | 125

## ITV2

118 118 816 | 115 176 | 6 | 113

**7.00** AM **Totally Bonkers Guinness World Records**
**7.15** **Ellen DeGeneres Show**
**9.30** **Dress to Impress**
**11.30** **Celebrity Catchphrase**
**12.30** PM **You've Been Framed! Gold: Top 100 Animals**
**1.35** **FILM Animals United** Animated adventure. (2010, U, 92min) ★★
**3.30** **FILM Cats & Dogs: The Revenge of Kitty Galore** Comedy sequel with the voice of James Marsden. (2010, U, 82min) ★★
**5.10** **FILM The Secret Life of Pets** Animated adventure featuring the voice of Louis CK. (2016, U, 87min) ★★★
**6.55** **FILM Uncle Buck** Comedy starring John Candy as a domestically inept bachelor who has to look after his nephew and nieces while their parents are away. (1989, 12, 94min) ★★★
**9.00** **FILM Fast & Furious 8** Action adventure sequel starring Vin Diesel and Charlize Theron. Dominic Toretto is recruited by a terrorist, setting him at odds with his old gang. (2017, 12, 136min) ★★★
**11.35** **Family Guy**
**12.35** AM **American Dad!**
**1.30** **Ibiza Weekender**
**2.35** **The Stand Up Sketch Show** With Sarah Keyworth.
**3.05** **to 3.20** AM **Guinness World Records**

+1 hour 218 | 116 | 27 | 114

## E4

135 135 829 | 106 145 | 13 | 122

**6.00** AM **Ramsay's Kitchen Nightmares USA**
**6.55** **FILM Romance Retreat** Romantic comedy. (2019, PG, 90min) ★★
**8.25** **Don't Tell the Bride**
**9.30** **The Goldbergs**
**10.00** **Schooled**
**10.30** **Brooklyn Nine-Nine**
**2.30** PM **The Big Bang Theory** Five episodes, including at: **4.30** 12/24. Sheldon is encouraged to feign interest in Amy's career. (S5)
**5.00** **Young Sheldon**
**5.30** **FILM Home Alone 2: Lost in New York** Comedy sequel starring Macaulay Culkin. Young Kevin McCallister is stranded in New York City after being separated from his parents once again. With Joe Pesci. (1992, PG, 120min) ★★
**8.00** **FILM Transformers: Revenge of the Fallen** Blockbuster sci-fi action adventure sequel starring Shia LaBeouf and Megan Fox. A college student and his girlfriend get caught up in a titanic struggle between good and evil alien robots. (2009, 12, 149min) ★★★
**11.05** **Gogglebox** Opinions on *Panorama: The Prince and the Epstein Scandal*.
**12.10** AM **Friday Night Dinner**
**3.20** **Gogglebox**
**4.15** **to 6.00** AM **The Big Bang Theory**

+1 hour 235 | 146 | 28 | 123

# SATURDAY Entertainment

Saturday

## Sky Witness

107 107 807 112 111

**6.00** AM **UK Border Force**
**8.00** **The Real A&E**
**9.00** **Sun, Sea and A&E**
**11.00** **Paramedics** Matt treats a patient burnt in an explosion, but bad weather threatens the flight to hospital.
**12.00** NOON **Paramedics** A man leaps from a moving car and goes on a rampage.
**1.00** PM **UK Border Force** Documentary taking viewers inside the UK Border Agency.
**2.00** **Border Security: Australia's Front Line** Ten editions.

11.00 Law & Order: SVU

**7 PM**
**7.00** **Blue Bloods** *To Protect and Serve*: 3/22. Frank has to punish Jamie when he refuses to follow his lieutenant's orders.

**8 PM**
**8.00** **Blue Bloods** *The Truth About Lying*: 4/22. Danny investigates when a teenage girl dies after being hit by a train. (S4)

**9 PM**
**9.00** **Law & Order: Special Victims Unit** *Redemption In Her Corner:* 13/22. Kat has suspicions about a trainer at her gym. (S21)

**10 PM**
**10.00** **The Good Doctor** *Unsaid*: Shaun feels reassured about Carly's feelings towards his friendship with Lea. (S3)
**11.00** **Law & Order: Special Victims Unit** 19/24. A mother faces up to her past. (S15)
**12.00** M'T **Law & Order: Special Victims Unit** 20&21/24. (S15)
**2.00** AM **Blue Bloods** (S4)
**4.00** **to 6.00** AM **Nothing to Declare**

+1 hour 207 180

## Sky Atlantic

108 108 808

**6.00** AM **Richard E Grant's Hotel Secrets** Miami's South Beach.
**7.00** **The British**
**8.00** **CSI** (S5&6)
**12.00** NOON **CSI** 4/24. (S6)
**1.00** PM **Without a Trace** Six episodes, including at: **4.00** 11/23. The team search for a missing 16-year-old girl. **5.00** 12/23. The team search for a convict who disappeared during a fight. **6.00** 13/23. The team investigate the disappearance of an autistic boy. (S3)

9.00 Real Women Have Curves

**7.00** **Without a Trace** *Party Girl:* 15/23. The team look into the kidnapping of a society girl who has upset her local community.
**8.00** **Without a Trace** *Manhunt:* 16/23. Martin feels guilty at failing to prevent the kidnap of a 12-year-old. (S3)
**9.00** **FILM Real Women Have Curves** Drama starring America Ferrera. A young woman in LA rebels against the views of her traditional Mexican family. (2002, 12, 86min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
**10.40** **Boardwalk Empire** 1/12. Prohibition-era drama. (S1)
**12.10** AM **Boardwalk Empire** 2/12. Van Alden realises he should focus his investigation on Nucky, and Jimmy races to fulfil an unpaid debt. (S1)
**1.20** **Oz** 13&14/16. (S4)
**3.50** **Dolittle: Special**
**4.00** **to 6.00** AM **Fish Town**

+1 hour 208

## GOLD

110 110 810 124 310 392

**7.05** AM **The Piglet Files**
**7.55** **As Time Goes By**
**8.35** **The Good Life**
**9.15** **Porridge**
**9.55** **The Two Ronnies**
**10.55** **Only Fools and Horses**
**12.15** PM **Only Fools and Horses** Ten episodes, including at: **5.15** The Trotters are caught up in an attempted robbery. **5.55** Tempers flare between the Trotter brothers as they fall for the same girl. **6.35** Rodney's plans to make a film are spoiled by Del-Boy.

10.20 Sandylands

**7.15** **Only Fools and Horses** A millionaire offers Del a partnership. **7.55** Del becomes a showbiz entrepreneur after discovering a sensational Tom Jones-style singer – but it turns out the artist is not all he is cracked up to be.
**9.00** **All Round to Mrs Brown's** Agnes and the family are joined in studio by Gareth Malone and Peter Andre, while Steps perform their single *Scared of the Dark*.
**10.20** **Sandylands** 1/3. Comedy drama with Natalie Dew and Sanjeev Bhaskar.
**11.00** **Sandylands** 2/3. Emily learns that Les is alive and well.
**11.40** **Sandylands** 3/3. Les plots his escape from Sandylands. (S1)
**12.20** AM **Black Books**
**2.00** **The Royle Family**
**3.05** **Black Books**
**3.30** **to 4.00** AM **The Piglet Files**

+1 hour 210 194

## ITV3

119 119 817 117 177 10 115

**6.00** AM **Lewis**
**7.50** **Agatha Christie's Marple**
**9.55** **Coronation Street**
**12.55** PM **Midsomer Murders** *Vixen's Run*: A dead aristocrat's will goes missing. Guest stars Joss Ackland and Sian Phillips. **2.55** *Down Among the Dead Men*: The death of a blackmailer is investigated. Guest stars Julia McKenzie and Grant Masters. **5.00** *Four Funerals and a Wedding*: A battle of the sexes results in two deaths.

12.55 Midsomer Murders

**7.00** **Midsomer Murders** *Last Man Out:* Barnaby and Winter investigate when Lower Pampling's star cricketer, Leo Henderson, is found dead after a match in the grounds, pummelled to death by cricket balls.
**9.00** **Midsomer Murders** *Red in Tooth and Claw:* DCI Barnaby and DS Winter discover a dead body surrounded by rabbits that had been freed from their cages, revealing a more sinister side to the local pet show.
**11.00** **Foyle's War** *The Hide*: Foyle helps a man sentenced to hang for treason.
**1.05** AM **Scott & Bailey** 5/6. Janet moves closer to tracking down Veronica's killer. (S1)
**2.00** **Long Lost Family**
**2.50** **to 3.20** AM **That's My Boy**

+1 hour 219 174 34 116

## ITV4

120 120 818 118 178 24 117

**6.00** AM **World Cup Rivalries**
**6.15** **The Saint**
**7.20** **Monster Carp**
**8.25** **Giant Lobster Hunters**
**9.30** **ITV Racing: The Opening Show** Racing preview show.
**10.30** **NEW Euro 2020 Preview**
**11.00** **Minder**
**12.05** PM **World Cup Rivalries: England v Argentina**
**12.30** **LIVE Darts: UK Open** The opening session on day two at the Butlin's Minehead Resort.
**5.00** **The Professionals**
**6.00** **The Sweeney**

11.00 Assassins

**7.00** **LIVE Darts: UK Open** Jacqui Oatley presents coverage of the evening session on day two at the Butlin's Minehead Resort, as the event nicknamed the FA Cup of Darts – due to the random nature of the draw – continues with sixth-round matches. With analysis from Alan Warriner-Little, Chris Mason and Mark Webster, and commentary by Stuart Pyke, John Rawling and Dan Dawson.
**11.00** **FILM Assassins** Action thriller starring Sylvester Stallone and Antonio Banderas. A world-weary assassin comes up against a young rival who is eager to steal his crown. (1995, 15, 133min) ★★
**1.45** **to 2.40** AM **Minder**

+1 hour 220 175 154

## BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

**12.00** NOON **to 7.00** PM **As shown on BBC2.**
**7.00** PM **The Seven**
**7.15** **Seven Days**
**8.00** **Born to Be Wild** Romain Pizzi uses an ancient falconer's trick to get an injured bird flying again.
**9.00** **Scotland's Game**. The success of the Scottish football team 30 years ago, and how the nation struggled to catch up after problems in its industry in the 1980s.
**10.00** **The Field of Blood** 1/2. A lowly newspaper employee tries to get to the bottom of a murder case – but risks alienating her family. **10.55** 2/2. Paddy's investigations place her in danger as she gets closer to learning the true circumstances of Brian's death.
**11.55** PM **to 12.00** M'T **Tune**

## Sky Two

168 160

**7.00** AM **60 Minute Makeover** Triple bill.
**10.00** **My Kitchen Rules: New Zealand** Double bill.
**12.00** NOON **My Kitchen Rules: South Africa**
**3.00** PM **Stargate SG-1** (S6)
**8.00** **Magnum P.I.** *Blood Brothers*: Thomas searches for an Afghan who may have been a victim of trafficking. (S2)
**9.00** **Strike Back: Vendetta** 2/10. The team embark on a dangerous mission on board a train. (S8)
**10.00** **The Heist** 5/8. Forensic evidence puts Will and Ishy in the spotlight.
**11.00** **The Trip to Greece** 1&2/6. Double bill.
**12.00** M'T **Avenue 5** 7/9. (S1)
**12.35** AM **Hawaii Five-0** (S10)
**1.35** **Jett** 9/9. (S1)
**2.50** **NCIS: Los Angeles**
**3.55** **The Late Late Show with James Corden: Best of the Week**
**5.00** **to 6.00** AM **Zoo Tales**

## Pick

152 165 11 144

**6.00** AM **Nothing to Declare**
**12.00** NOON **Brit Cops: Rapid Response**
**1.00** PM **Air Ambulance ER**
**2.00** **The Chase**
**4.00** **The Chase Celebrity Special** Double bill.
**6.00** **Caught Red Handed** A burglar takes too long when trying to steal from a laptop repair shop. **7.20** A post office is raided by two knifemen.
**8.00** **Caught on Dashcam**
**9.00** **In Defense Of** The events of the 1993 shootout known as the Waco Siege.
**10.00** **The Force: North East** The hunt is on for a missing schoolboy.
**11.00** **Banged Up Abroad**
**12.00** M'T **Road Wars**
**1.00** AM **Brit Cops: Law & Disorder** Triple bill.
**4.00** **to 6.00** AM **Highway Patrol**

+1 hour 252 92 145

## Dave

111 111 127 227 19 157 19

**7.10** AM **The Hurting**
**8.00** **Top Gear**
**9.00** **Aussie Pickers**
**10.00** **Storage Hunters UK**
**11.00** **American Pickers**
**12.00** NOON **Cops UK: Bodycam Squad**
**3.00** PM **Border Force: America's Gatekeepers**
**4.00** **Top Gear**
**6.00** **Red Bull Soapbox Race**
**7.00** **Would I Lie to You?**
**8.20** **Not Going Out**
**9.00** **Not Going Out Christmas Special**
**10.00** **Hypothetical**
**11.00** **Have I Got a Bit More News for You**
**12.00** M'T **Dave Gorman: Modern Life Is Goodish**
**1.00** AM **Not Going Out Christmas Special**
**1.55** **Jon Richardson: Ultimate Worrier**
**2.55** **Zapped**
**3.30** **to 4.00** AM **The Indestructibles**

+1 hour 211 131 79

## Comedy Central

112 112 812 132 181 307 370

**8.00** AM **Bob's Burgers**
**9.00** **Friends**
**11.30** **Bad Robots**
**12.00** NOON **FILM Annie** Musical remake. (2014, PG, 115min) ★★★
**2.30** PM **Friends**
**7.00** **Friends** 17/24. Rachel and Monica become love rivals. **7.30** 18/24. Rachel and Monica lose to Chandler and Joey at poker. (S1)
**9.00** **FILM Notting Hill** Romantic comedy with Julia Roberts. (1999, 15, 120min) ★★★★
**10.30** **Friends** (S2)
**12.30** AM **Jimmy Carr: Telling Jokes** The comedian applies his cynical wit to topics including religion, sex, bullying and political correctness.
**1.30** **Broad City**
**3.25** **The Mick**
**4.15** **to 5.00** AM **Impractical Jokers**

+1 hour 212 133

## ITV Be

131 119 179 26 118

**7.00** AM **Little Women: LA**
**7.50** **The Real Housewives of Beverly Hills**
**8.50** **Be Beautiful**
**9.00** **LittleBe**
**12.00** NOON **Be Beautiful**
**12.10** PM **The Real Housewives of Potomac**
**1.05** **The Real Housewives of Orange County**
**2.00** **Sam and Billie Faiers: The Mummy Diaries**
**3.00** **The Real Housewives of Cheshire** Four editions.
**7.00** **Dinner Date** Jonny picks three blind dates. **8.00** Michelle is given five menus constructed by potential sweethearts.
**9.00** **Botched** Paul Nassif helps a mother out of a 'snotty' situation.
**10.00** **Totally Unbelievable**
**11.00** **Vanderpump Rules**
**12.00** M'T **to 12.55** AM **Marriage Boot Camp: Reality Stars**

+1 hour 231 120 119



★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

## Alibi

132 132 826 | 126 212 | 312 382

**7.10** AM **Murdoch Mysteries**
**10.00** **Miss Marple** As 7.00pm.
**12.20** PM **Death in Paradise** 5/8. Humphrey investigates the shooting of a politician. **1.40** 6/8. Tragedy strikes in the jungle when a birdwatcher is stabbed to death with his own knife. (S3) **3.00** 4/8. As 9.20pm. **4.20** 5/8. As 10.40pm. **5.40** 6/8. A volleyball player is stabbed through the heart. Guest stars Joe Absolom and Colin McFarlane. (S4)

9.20 Death in Paradise

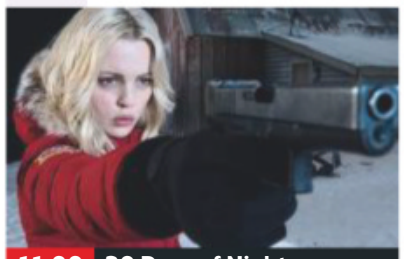
**7.00** **Miss Marple** *A Caribbean Mystery*: The shrewd spinster is sent to convalesce in the tropical paradise of Barbados, where she finds life decidedly dull – until a grisly double murder breaks the monotony and presents her with an unforeseen opportunity to do some sleuthing.
**9.20** **Death in Paradise** *Until Death Do You Part:* 4/8. A bride-to-be is found dead in her bath. Guest stars Amy Nuttall. **10.40** *Swimming in Murder:* 5/8. A rock singer is electrocuted in a swimming pool. (S4)
**12.00** M'T **Death in Paradise** As shown at 5.40pm.
**1.20** AM **The Coroner** 4/10. A businessman is shot dead in public by a sniper. **2.20** 5/10. A man dies shortly after finding some coins. (S1)
**3.10** **to 4.00** AM **Bite Club**

+1 hour 232 191

## Syfy

114 114 814 | 138 137 | 319 375

**6.00** AM **FILM Tornado Warning** Thriller. (2012, PG) ★★
**8.00** **Teleshopping**
**11.00** **Fact or Faked: Paranormal Files**
**12.00** NOON **FILM War of the Worlds 2: The Next Wave** Sci-fi. (2008, 15, 90min) ★
**1.50** PM **FILM Lara Croft: Tomb Raider** Fantasy adventure. (2001, 12, 100min) ★★★★
**4.00** **FILM Memoirs of an Invisible Man** Thriller with Chevy Chase. (1992, PG, 99min) ★★
**6.00** **Marvel's Runaways** (S3)


11.00 30 Days of Night

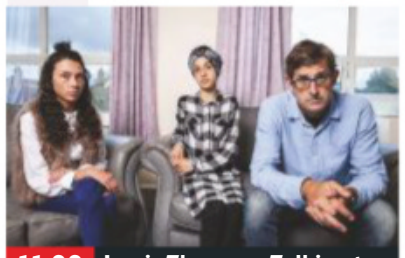
**7.00** **Blood & Treasure** *The Revenge of Farouk*: Danny puts the pieces together and realises the truth about Farouk. (S1)
**8.00** **FILM PREMIERE** **Collision Earth** Sci-fi drama starring Eric Roberts. The military attempt to save the Earth from a giant asteroid, but when their efforts fail, the planet appears doomed. (2020, 12, 90min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●
**10.00** **The Twilight Zone** *The Comedian:* 2/10. A comedian discovers his jokes can wipe people out of existence. (S1)
**11.00** **FILM 30 Days of Night** Horror. (2007, 18, 113min) ★★
**1.10** AM **FILM Night Of The Witch** Horror. (2017, 15, 99min) ★★
**3.00** **Fact or Faked: Paranormal Files**
**4.00** **to 6.00** AM **FILM Miami Magma** Sci-fi. (2011, 15) ★★

+1 hour 214 229

## W

109 109 809 | 125 211 | 311 383

**6.10** AM **The Bill** Kerry accuses Smithy of date-rape. **7.00** Nick endangers his life by leaving the safe house. **8.00** Dennis Weaver arranges to have Nick killed. **9.00** Gabriel tells Cameron about the rape. **10.00** Kerry faces an explosive situation.
**11.00** **Tipping Point** Game show.
**12.00** NOON **Tipping Point**
**1.00** PM **Tipping Point** Six further editions of the game show hosted by Ben Shephard.


11.00 Louis Theroux: Talking to...

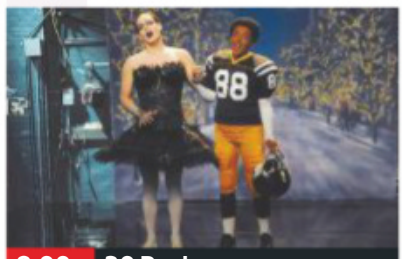
**7.00** **Inside the Ambulance** Hannah and Mike are called to help a young woman who has had a fit in the street.
**8.00** **Inside the Ambulance** Michelle and Simon help a man who has collapsed at work, while Gaz helps a teenager with chest pain.
**9.00** **999 Rescue Squad** A doctor on his way home from work is left fighting for his life after a collision with a truck.
**10.00** **999 Rescue Squad** The teams stand by for casualties as police launch an armed raid on the home of a wanted man.
**11.00** **Louis Theroux: Talking to Anorexia** Patients at London's eating disorder facilities.
**12.00** M'T **One Born Every Minute**
**1.00** AM **Emily Atack: Adulting**
**1.50** **Code Black** 8/13. (S3)
**2.35** **to 3.00** AM **Renovate My Home: Leave It to Bryan**

+1 hour 209 190

## Sky Comedy

113 113 813 | 122 121 | 320 385

**8.00** AM **Everybody Hates Chris**
**9.30** **The Mindy Project** (S4)
**12.00** NOON **The Mindy Project**
**12.30** PM **The Mindy Project** (S4)
**1.00** **30 Rock** Twelve episodes of the sitcom, including at: **5.30** 5/23. Jenna uses Kenneth to swindle a shop. Guest stars Kelsey Grammer. **6.00** 6/23. Liz's father arrives in New York complaining his marriage has become stale. **6.30** 7/23. Jenna tries to sabotage Tracy's chance to win a Golden Globe. (S5)


8.00 30 Rock

**7.00** **30 Rock** 8/23. Liz wins the staff lottery. **7.30** 9/23. Jenna's relationship with Paul begins to turn sour.
**8.00** **30 Rock** 10/23. Guest stars Elaine Stritch. (S5)
**8.30** **Miracle Workers** 6/7. God makes plans for his new restaurant. (S1)
**9.00** **Curb Your Enthusiasm** 6/10. Comedy starring Larry David. (S10)
**9.40** **Ballers** 6/8. Vernon, Reggie and Lance start to recruit gamers. (S5)
**10.15** **Sex and the City** (S3)
**10.50** **The Tonight Show Starring Jimmy Fallon** New edition Chat show.
**11.50** **Veep** 3/10. Selina campaigns to help Marines being held hostage in Uzbekistan. **12.25** AM 4/10. Selina is embarrassed when the White House releases an unflattering photo of her. (S2)
**1.00** **Sex and the City** (S2)
**3.55** **to 5.00** AM **Everybody Hates Chris**

+1 hour 224 158

## FOX

124 124 821 | 157 199

**8.00** AM **Bull** 21/23. (S1)
**9.00** **Bones** (S1&2)
**11.00** **The Mentalist** 4/13. (S7)
**12.00** NOON **NCIS** 13/24. (S12)
**1.00** PM **Bones** 2/21. (S2)
**2.00** **NCIS** 14/24. (S12)
**3.00** **The Mentalist** 5/13. (S7)
**4.00** **NCIS** 15/24. Fornell struggles to deal with recent events. **5.00** 16/24. A murder victim is found to be using an alias from Gibbs' past. (S12)
**6.00** **The Mentalist** 6/13. Jane builds bridges with Vega. Guest stars Dylan Baker. (S7)

10.30 Family Guy

**7.00** **NCIS** *The Artful Dodger:* 17/24. A forged rare painting is connected to the murder of a navy lieutenant.
**8.00** **NCIS** *Status Update:* 18/24. The team join forces with the Department of Defence to hunt a terrorist. (S12)
**9.00** **The Walking Dead** *Stalker:* 10/16. The group must defend Alexandria from a threatening outside force. (S10)
**10.00** **Family Guy** 5/21. Peter fights over a trophy. **10.30** 6/21. The Grim Reaper turns up to claim Peter. (S2)
**11.00** **Family Guy** (S2)
**12.00** M'T **American Dad!** (S3)
**12.30** AM **American Dad!** (S3)
**1.00** **Family Guy** (S2)
**2.00** **American Dad!** (S3)
**2.30** **American Dad!** (S4)
**3.00** **Family Guy** (S2)
**4.00** **to 5.00** AM **Bull**

+1 hour 224 158



## Sony Channel

157 189 48 142

**6.00** AM **Murder, She Wrote**
**1.00** PM **Hart to Hart** (S4)
**4.00** **Charlie's Angels** 3/26. Two ice-skating stars disappear. (S2)
**5.00** **T.J. Hooker** *Requiem for a Cop*: 19/22. The crusading officer hunts an arsonist. (S2)
**6.00** **Starsky & Hutch** *Foxy Lady*: 20/23. A murder witness is burgled. **7.00** *Partners:* 21/23. Ken loses his memory. **8.00** *Quadromania:* 22/23. Dave goes undercover. (S3)
**9.00** **Classic Who Wants to Be a Millionaire?** Triple bill of the big-prize quiz.
**12.00** M'T **Classic Who Wants to Be a Millionaire?**
**1.00** AM **Charlie's Angels**
**2.00** **Hart to Hart** (S1)
**3.00** **M*A*S*H** 2/25. (S8)
**3.30** **The Waltons**
**5.10** **to 6.00** AM **Touched by an Angel**

+1 hour 257 220 152

## Sky Arts

122 122 820 | 123 156

**6.00** AM **Prokofiev**
**6.10** **Ludovico Einaudi: Elements – Live**
**7.30** **Tales of the Unexpected**
**10.00** **Discovering**
**12.00** NOON **Discovering**
**1.00** PM **Discovering**
**3.00** **Portrait Artist of the Year 2020**
**4.00** **Il Divo: Timeless – Live in Japan**
**5.30** **NEW Glyndebourne Opera Cup 2020** Singers compete to impress Grammy Award winner Sumi Jo, Dame Felicity Lott and more.
**9.00** **Pavarotti: Birth of a Pop Star**
**10.05** **Freddie Mercury: The Great Pretender** Profile of the Queen frontman.
**11.50** **Queen – Live in Rio**
**1.10** AM **Classic Artists: Jimi Hendrix**
**3.10** **I Am Paul Walker**
**5.05** **to 6.00** AM **The Lady in Number 6: Music Saved My Life**

## 4seven

137 143 203 47 110 127

**9.00** AM **Find It, Fix It, Flog It** Triple bill.
**12.00** NOON **Find It, Fix It, Flog It** Double bill.
**2.00** PM **A New Life in the Sun: Where Are They Now?** Five editions.
**7.00** **Ramsay's Kitchen Nightmares USA** A restaurant in California. **8.00** Gordon Ramsay revisits three restaurants he tried to save.
**9.00** **Gogglebox** Capturing the households' instant reactions to what they are watching on TV.
**10.00** **First Dates** A healthcare assistant wants to put his wild past behind him. **11.05** A dedicated father is paired with a former Butlin's Redcoat.
**12.10** AM **24 Hours in A&E**
**1.15** **Prison**
**2.20** **Ramsay's Kitchen Nightmares USA**
**3.20** **Come Dine with Me**
**4.15** **to 4.45** AM **Four in a Bed**

## 5USA

141 141 153 21 129

**9.00** AM **Murder, She Wrote**
**12.55** PM **Murder, She Wrote** Six episodes, including at: **6.00** *Lovers and Other Killers*: Jessica becomes embroiled in an investigation in Seattle.
**7.05** **NCIS: New Orleans** *Overdrive:* 9/24. A race-car driving US Marine corporal is killed in a crash on the track. **8.00** *Follow the Money:* 10/24. The team investigate two murders. **9.00** *Let It Ride:* 11/24. Pride goes rogue. (S3)
**10.00** **Law & Order: Special Victims Unit** *Devil's Dissections:* 1/23. The team return to an old crime scene. (S17)
**10.55** **Law & Order: Special Victims Unit** (S17&16)
**12.55** AM **Law & Order: Special Victims Unit**
**1.55** **Chicago PD** 13/23. (S4)
**3.50** **to 4.00** AM **Access**

+1 hour 241 185 56 130

## 5STAR

128 151 30 131

**8.00** AM **3rd Rock from the Sun** 10/26. (S2)
**8.20** **Two and a Half Men**
**12.25** PM **FILM Bewitched** Romantic comedy. (2005, PG, 102min) ★★
**2.35** **FILM Just Like Heaven** Fantasy. (2005, PG, 95min) ★★★★
**4.30** **FILM You, Me and Dupree** Comedy. (2006, 12, 109min) ★★★
**6.35** **FILM Ocean's Thirteen** Thriller sequel. (2007, PG, 122min) ★★★
**9.00** **FILM The Twilight Saga: Breaking Dawn – Part 2** Supernatural romance thriller. (2012, 12, 110min) ★★★
**11.10** **FILM 28 Days Later** Horror thriller. (2002, 18, 113min) ★★★
**1.25** AM **FILM Get Hard** Comedy. (2015, 15, 100min) ★★
**3.25** **Two and a Half Men**
**3.55** **to 4.00** AM **Access**

+1 hour 228 186 55 141

## Drama

143 130 20 158

**7.30** AM **Cadfael**
**9.00** **Lovejoy**
**11.00** **Sharpe**
**1.00** PM **Auf Wiedersehen, Pet** Double bill. (S2)
**3.00** **Ms Fisher's Modern Murder Mysteries**
**4.00** **Father Brown**
**6.00** **The Brokenwood Mysteries**
**8.00** **Murdoch Mysteries** *Drowning in Money:* 8/18. Murdoch suspects murder at what appears to be a suicide. (S12)
**9.00** **Life on Mars** 5/8. Sam investigates a kidnapping of a man's wife and daughter. **10.20** 6/8. Gene investigates a shooting.
**11.40** **Kavanagh QC** *Job Satisfaction*: A brother and sister are both accused of murder.
**1.10** AM **Hetty Wainthropp Investigates**
**3.10** **to 4.00** AM **The White Princess**

+1 hour 243 226

# SATURDAY Entertainment & Lifestyle

Saturday

## AMC

332 381

Programmes start at 5pm.

**5.00** PM **FILM The Animal** Comedy starring Rob Schneider. (2001, 12, 83min) ★
**6.35** **FILM The World's Fastest Indian** Road movie based on a true story, starring Anthony Hopkins. (2005, 12, 127min) ★★★★
**9.00** **FILM PREMIERE Burning Rubber** Motor racing drama starring John Travolta. (2019, 15, 83min) ★★
**10.45** **FILM Driven** Action drama. (2001, PG, 116min) ★★
**1.00** AM **FILM 6 Below: Miracle on the Mountain** Adventure. (2016, 12, 98min) ★★★
**2.55** **to 5.00** AM **FILM Dragon Blade** Historical action adventure. (2015, 15, 101min) ★★

## CBS Drama

147 197 71 134

**7.30** AM **Tomorrow's World**
**8.00** **Teleshopping**
**9.00** **Walker, Texas Ranger**
**2.00** PM **Medical Detectives**
**4.00** **Judge Judy**
**7.00** **Judge Judy** Unwed teen parents accuse each other of domestic violence. **8.30** A heated custody battle leads to allegations of abuse and stolen property by divorced parents.
**9.00** **Psychic Private Eyes** A woman who was found dead with her hair hacked off.
**10.00** **Medium** *You Give Me Fever:* 10/22. Allison searches for the missing samples of a virus. **11.00** *An Everlasting Love:* 11/22. The spirit of a suspected serial killer asks Allison to help clear his name. (S6)
**12.00** M'T **Medium** (S6)
**3.00** **to 6.00** AM **Judge Judy**

## CBS Justice

148 192 39 137

**8.30** AM **The Key of David**
**9.00** **Father Dowling Mysteries** Double bill.
**11.00** **Perry Mason** Triple bill.
**2.15** PM **NCIS** (S1)
**7.00** **Scorpion** *Cliffhanger:* 21/22. Walter learns Cabe's secret about the Baghdad mission. **8.00** *Postcards from the Edge:* 22/22. Walter's life hangs in the balance. (S1)
**9.00** **NCIS** *Double Blind:* 23/24. A cook from a US Navy destroyer tells McGee and Gibbs someone is stalking him. **10.00** *Damned If You Do:* 24/24. A Navy SEAL's wife receives a package containing her husband's head. (S10)
**11.00** **NCIS** Triple bill. (S11)
**2.00** AM **Perry Mason**
**4.05** **The High Chaparral**
**4.55** **to 6.00** AM **Mission: Impossible**

+1 hour 69

## CBS Reality

146 148 66 135

**9.00** AM **Judge Judy**
**1.00** PM **Judge Judy**
**5.00** **Urban Legends**
**7.00** **Snapped: Killer Couples** A man longing for affection finds the attention he needs in an unlikely person. **8.00** A wife's betrayal has dire consequences.
**9.00** **Cold Justice** The 2012 disappearance of a young father who travelled to Idaho to attend a family reunion, but never showed up.
**10.00** **Murder By the Sea** Robert Henry Davies.
**11.00** **Murder Wall**
**12.00** M'T **Snapped: Killer Couples**
**1.00** AM **Cold Justice**
**2.00** **Murder By the Sea**
**3.00** **I Survived**
**3.45** **Unsolved Mysteries**
**5.10** **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

## Challenge

151 164 46 146

**7.00** AM **Ninja Warrior Women Tournament**
**8.00** **Total Wipeout**
**9.00** **Catchphrase**
**11.30** **Bruce's Price Is Right**
**1.00** PM **Bruce's Price Is Right** Game show.
**2.00** **Bruce Forsyth's Play Your Cards Right**
**3.00** **Take Your Pick**
**4.00** **Strike It Lucky**
**5.00** **The Cube**
**6.00** **The Chase**
**8.00** **The Chase Celebrity Special** With guests Antony Cotton, Alex Jones, Paul Martin and Gyles Brandreth. **9.00** With guests Shane Lynch, Colin Jackson, Fiona Wade and Stephen K Amos.
**10.00** **Celebrity Who Wants to Be a Millionaire?** With Sian Lloyd, Lembit Opik and Russell Grant.
**11.00** **Bullseye**
**4.00** **to 6.00** AM **The Chase**

+1 hour 251 230 147

## Comedy Central Extra

127 182 308

**6.00** AM **Impractical Jokers: Inside Jokes**
**7.00** **Teleshopping**
**9.00** **The Office (US)** (S8)
**11.00** **The Middle** (S6)
**1.00** PM **Bob's Burgers**
**5.00** **Two and a Half Men**
**8.00** **Friends** 11/24. Chandler's mum arrives. **8.30** 12/24. Rachel dumps Pablo. (S1) **9.00** 2/24. Phoebe disgusts everyone. **9.30** 3/24. The gang's neighbour dies. (S2)
**10.00** **Friends**
**10.30** **Lee Evans Live**
**12.00** M'T **Jackass**
**1.00** AM **Impractical Jokers**
**1.30** **Jason Manford Live**
**2.30** **Joel Dommett at the Soho Theatre Live**
**3.00** **Stand Up Central**
**3.45** **Russell Howard's Good News**
**4.30** **The Middle**
**4.50** **to 6.00** AM **Friends**

+1 hour 227

## E!

123 123 834 140 139 321 386

**7.00** AM **News**
**7.30** **Meet the Frasers**
**8.00** **Keeping Up with the Kardashians**
**11.00** **Pop of the Morning** New edition
**12.00** NOON **Very Cavallari**
**1.00** PM **Botched**
**3.00** **In the Room**
**3.30** **Meet the Frasers**
**4.00** **Kourtney & Kim Take New York**
**5.00** **News: Daily Pop**
**6.00** **Total Bellas**
**7.00** **Keeping Up with the Kardashians**
**9.00** **Botched** A top executive wants to downsize her breasts.
**10.00** **Very Cavallari**
**11.00** **Hollywood Medium with Tyler Henry**
**12.00** M'T **Flip It Like Disick**
**1.00** AM **Botched**
**2.00** **Teleshopping**
**3.00** **Keeping Up with the Kardashians**
**4.00** **to 5.00** AM **Botched**

## Food Network

140 278 41 148

**6.00** AM **Diners, Drive-Ins and Dives** Four editions.
**8.00** **The Pioneer Woman**
**11.00** **Girl Meets Farm**
**12.00** NOON **Barefoot Contessa – Back to Basics** Triple bill.
**1.30** PM **Nigel Slater's Real Food Show**
**2.00** **Rachel Allen's Easy Meals** Four editions.
**4.00** **My Greatest Dishes**
**5.00** **Gordon's Great Escape**
**7.00** **Heston Blumenthal: In Search of Perfection**
**8.00** **Hugh's Scandimania**
**9.00** **Man v Food** Adam tackles a giant pizza. **9.30** From Boston. **10.00** Adam tackles the hottest curry in America. **10.30** In New Orleans. **11.00** From Portland. **11.30** A 5lb omelette.
**12.00** M'T **Mystery Diners**
**1.00** **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240 149

## Lifetime

187 208 329 384

**7.00** AM **Judge Judy**
**1.00** PM **Making a Model with Yolanda Hadid**
**3.00** **The Real Housewives of Sydney** Double bill.
**5.30** **The Real Housewives of Beverly Hills**
**7.30** **Storage Wars** The buyers head to Torrance. **8.00** Mary and Ivy bet that each can better predict final prices. **8.30** Kenny gets advice from a music legend.
**9.00** **Ghost Hunters** New edition A mother fears the spirits in her Victorian home.
**10.00** **Psychic Kids** The psychics work with two nine-year-old children.
**11.00** **My Ghost Story: Caught on Camera**
**12.00** M'T **Ghost Hunters**
**1.00** AM **Psychic Kids**
**2.00** **My Ghost Story: Caught on Camera**
**3.00** **to 4.00** AM **Hardcore Pawn**

## Paramount Network

150 187 150 31 132

**9.00** AM **Criminals: Caught on Camera**
**9.35** **Trucking Hell**
**10.30** **Killer Weather: Nature Fights Back**
**12.30** PM **Can't Pay? We'll Take It Away!**
**2.25** **FILM The Shooting** Western. (1966, 15, 82min) ★★★
**4.10** **FILM The Golden Voyage of Sinbad** Fantasy. (1973, U) ★★★
**6.20** **FILM Major Dundee** Western. (1964, PG, 117min) ★★★
**9.00** **FILM Money Train** Thriller. (1995, 18) ★★
**11.15** **FILM Game of Death** Thriller. (2010, 15) ★★
**1.10** AM **The Shannara Chronicles**
**3.05** **Star**
**3.55** **The X-Files**
**4.40** **Now That's Funny!**
**5.35** **to 6.00** AM **Criminals: Caught on Camera**

+1 hour 250 94

## Quest

144 144 831 169 12 114 172

**6.00** AM **Deadliest Catch**
**7.00** **Alaska Mega Machines**
**8.00** **Wheeler Dealers**
**12.00** NOON **Wheeler Dealers: On the Road**
**1.00** PM **Wheeler Dealers**
**2.00** **Hunting Hitler**
**3.00** **Treasure Quest: Snake Island**
**4.00** **Deadly Dragon of Borneo: Expedition Mungo**
**5.00** **Outback Opal Hunters**
**6.00** **Wheeler Dealers**
**7.00** **Born Mucky: Life on the Farm**
**8.00** **Salvage Hunters**
**9.00** **EFL on Quest**
**11.00** **Stars in Their Cars**
**12.00** M'T **Outback Opal Hunters**
**1.00** AM **Supertruckers**
**2.00** **American Chopper**
**3.00** **Fantomworks**
**4.00** **Wheeler Dealers**
**5.00** **to 6.00** AM **How It's Made**

+1 hour 244 213 76 168

## Quest Red

149 170 38 169

**6.00** AM **Say Yes to the Dress**
**7.00** **Bondi Vet**
**9.00** **My 600lb Life**
**1.00** PM **Disappeared**
**2.00** **Say Yes to the Dress**
**6.00** **Long Island Medium**
**8.00** **Hoarding: Buried Alive**
**9.00** **People Magazine Investigates** New edition The disappearance of two girls in Oregon City.
**10.00** **Faking It: Tears of a Crime** New edition The case of Laci Peterson.
**11.00** **Dead of Winter** New edition A manhunt for three suspects of a shooting incident.
**12.00** M'T **Forensic Detectives**
**1.00** AM **Crime Stories**
**2.00** **Murder Comes to Town**
**3.00** **FBI Files**
**3.50** **Animal Cops Phoenix**
**4.40** **Bondi Vet**
**5.30** **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 78 170

## Really

142 128 17 160

**6.00** AM **Celebrity Fantasy Homes** Kelly Hoppen.
**7.00** **Teleshopping**
**8.00** **Homes Under the Hammer** Four editions.
**12.00** NOON **Antiques Road Trip** Double bill.
**2.00** PM **Cops UK: Bodycam Squad** Double bill.
**4.00** **Helicopter ER**
**8.00** **Cops UK: Bodycam Squad** Following the Nottinghamshire Police force at work.
**9.00** **Helicopter ER**
**10.00** **Saving Lives at Sea** A father and son are in danger after trying to rescue a dog in Ilfracombe.
**11.00** **How to Look Good Naked** With Gok Wan.
**12.00** M'T **Paranormal Lockdown UK**
**1.00** AM **Ghost Adventures**
**2.00** **Teleshopping**
**4.00** **to 6.00** AM **Cops UK: Bodycam Squad**

## Sky Crime

121 121 819 136 135

**6.00** AM **Motorway Patrol**
**7.00** **Highway Patrol**
**11.00** **UK Border Force**
**1.00** PM **Customs UK**
**2.00** **Brit Cops: Law & Disorder** Triple bill.
**5.00** **Brit Cops: Frontline Crime UK**
**6.00** **Snapped**
**7.00** **Killer Lovers**
**8.00** **How I Caught the Killer** A decomposed body is found in a case.
**9.00** **World's Most Evil Killers** A look at the life of a Polish serial killer, nicknamed the Vampire of Krakow.
**10.00** **The Disappearance of Crystal Rogers**
**12.00** M'T **World's Most Evil**
**1.00** AM **Snapped**
**2.00** **World's Most Evil**
**4.00** **Brit Cops: Frontline Crime UK**
**5.00** **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

## Sony Crime

179 193 143

**6.00** AM **Speeders**
**7.00** **Bait Car: LA**
**8.30** **Bait Car: Atlanta**
**9.00** **Speeders**
**11.00** **Bait Car: LA**
**12.30** PM **Bait Car: Atlanta**
**1.00** **Speeders**
**7.00** **Speeders** A biker tries to outrun the police. **7.30** A student has dubious maths skills. **8.00** A debt collector is caught speeding in a car he just repossessed. **8.30** A driver shows off their air guitar skills.
**9.00** **Bait Car: LA** Triple bill of the documentary about car criminals.
**10.30** **Bait Car: Atlanta**
**11.00** **Speeders**
**12.00** M'T **Bait Car: New Orleans**
**1.00** AM **Speeders**
**3.00** **Bait Car: Atlanta**
**4.00** **Speeders**
**5.00** **to 6.00** AM **Bait Car: New Orleans**

## 5SELECT

153 152 54 133

**9.00** AM **Criminals: Caught on Camera**
**9.25** **Cruising with Jane McDonald**
**11.05** **A Year On Our Yorkshire Farm: Winter**
**12.05** PM **Our Yorkshire Farm: Spring**
**1.05** **Our Yorkshire Farm: Summer**
**2.05** **Year On Our Yorkshire Farm: Autumn**
**3.00** **Our Yorkshire Farm**
**7.00** **Great Rivers Then & Now: The Trent**
**8.00** **The Secrets Behind King Arthur's Sacred Sites** Documentary.
**9.00** **The Pillars of the Earth**
**10.15** **Tommy Cooper: In His Own Words**
**12.20** AM **Killer Weather: Nature Fights Back**
**1.20** **Chris Tarrant: Extreme Railway Journeys**
**2.20** **Hitler's Holocaust Railways with Chris Tarrant**
**3.50** **to 4.00** AM **Access**

## Blaze

164 216 63 162

**6.00** AM **Hangar 1: UFO Files**
**8.00** **Hardcore Pawn**
**9.00** **American Pickers**
**11.00** **Storage Wars: Texas**
**1.00** PM **Storage Wars: Texas** Four editions.
**3.00** **Pawn Stars**
**7.00** **Pawn Stars** A model train, allegedly owned by Johnny Cash. **7.30** The guys check out 'The Mirthmobile' from *Wayne's World*.
**8.00** **Paranormal: Caught on Camera** Alleged footage of Bigfoot and UFOs over Texas.
**9.00** **Paranatural** Investigating the alleged power of foresight.
**10.00** **The Curse of Civil War Gold**
**11.00** **Pirate Traders**
**12.00** M'T **Highway Thru Hell**
**1.00** AM **American Pickers**
**3.00** **Alone** Double bill.
**5.00** **to 6.00** AM **American Restoration**

## TLC

133 133 827 167 323 377

**6.00** AM **Say Yes to the Dress**
**10.00** **Say Yes... Atlanta**
**12.00** NOON **Say Yes to the Dress: Lancashire**
**1.00** PM **Curvy Brides Boutique**
**3.00** **Dr Pimple Popper**
**5.00** **Say Yes... UK**
**6.00** **Curvy Brides Boutique**
**7.00** **Say Yes to the Dress: America** Randy heads to Michigan to surprise Lacy with a special invitation to Kleinfeld.
**8.00** **Hot & Heavy** Mayhem ensues when Chris and Joy set a wedding date.
**9.00** **Say Yes to the Dress: UK** Double bill.
**10.00** **Dr Pimple Popper**
**11.00** **Say Yes... America**
**12.00** M'T **Hot & Heavy**
**1.00** AM **Say Yes... UK**
**2.00** **Dr Pimple Popper**
**3.00** **Say Yes to the Dress**
**5.00** **to 6.00** AM **Say Yes to the Dress: Atlanta**

+1 hour 233 172

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

## Discovery

125 125 822 250 322 376

**6.00** AM **Supertruckers**
**12.00** NOON **UFOs: The Lost Evidence** Triple bill.
**3.00** PM **NASA's Unexplained Files** Lunar materials that may have caused trouble for an Apollo mission. **4.00** The mysterious deaths of three cosmonauts. **5.00** A strange mystery object is spotted hurtling through space toward the ISS.
**6.00** **Gold Rush: Dave Turin's Lost Mine** After a great start, Dave and his crew hit a problem.

**4.00** NASA's Unexplained Files

**7.00** **Gold Rush** Following the gold miners of the Yukon as they put everything on the line in the hope of striking it rich.
**8.00** **Wheeler Dealers** Mike Brewer finds a BMW six-cylinder modern classic, the E46 M3 with the subframe fixed.
**9.00** **Richard Hammond's Big** Richard takes a helicopter ride to the Appomattox production platform in the Gulf of Mexico.
**10.00** **Disasters Engineered** The devastating collapse of the Rana Plaza factory in Bangladesh and of the Morandi bridge in Genoa.
**11.00** **Mighty Ships** A profile of the lake freighter *Algoma Equinox*.
**12.00** M'T **Richard Hammond's Big**
**1.00** AM **River of No Return**
**2.00** **Kindig Customs**
**3.00** **Richard Hammond's Big**
**3.50** **River of No Return**
**4.40** **Lost Secrets**
**5.30** **to 6.00** AM **How It's Made**

+1 hour 225 258

## Animal Planet

162 162 836 251 325 378

**6.00** AM **Animal Cops Phoenix** Ten editions, including at: **1.00** PM Investigator Mark seizes six abandoned dogs. **2.00** Mark tries to catch two aggressive untamed cats. **3.00** Mark educates owners about a new law.
**4.00** **My Cat from Hell** Treating reality star Adrianne Curry's menacing Siamese cat. **5.00** Tackling a cat that is tearing a couple apart. **6.00** Jackson helps tame an unruly cat in Orange County.

**10.00** Shark Attack Rescuers

**7.00** **Wildest Europe** The wildlife of northern Europe's frontier, including the golden eagle of Scotland's Cairngorms.
**8.00** **Wildest Europe** Discovering the wildlife of Europe's waterways, including the world's only underwater spider.
**9.00** **Wildest Europe** An exploration of the Alps, which form one of the continent's last great wildernesses.
**10.00** **Shark Attack Rescuers** A journey to the most dangerous beaches to witness the toughest rescues from sharks.
**11.00** **Finding Bigfoot** The team visit the forests of Arizona's Mogollon Rim, believed to be a habitat for sasquatches.
**12.00** M'T **Finding Bigfoot**
**4.40** AM **Nature's Strangest Mysteries: Solved**
**5.10** **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

## Nat Geographic

129 129 824 266 268 317 373

**8.00** AM **Car S.O.S** Eleven editions of the series, including at: **1.00** PM A bricklayer whose Ford Sierra RS Cosworth was neglected after a tragedy. **2.00** Restoring a Willys Jeep targeted by arsonists. **3.00** Tackling a Ford Anglia in need of a makeover. **4.00** Tim Shaw and Fuzz Townshend set out to customise a Triumph Stag. **5.00** Fuzz and Tim secretly restore a 1950s Ford Zodiac. **6.00** Fuzz and Tim set about restoring a Ford Cortina.

**9.00** Ultimate Supercar

**7.00** **Car S.O.S** Fuzz Townshend and Tim Shaw surprise an ill car fanatic by fixing up his beloved 1938 MG TA.
**8.00** **Car S.O.S** Fuzz and Tim face a race against time to restore a 1980s Porsche 911 suffering from almost terminal rust.
**9.00** **Ultimate Supercar** The development of a new car from Aston Martin, intended to keep their business independent.
**10.00** **Ultimate Supercar** The new Ferrari Portofino faces the challenge of replacing the bestselling car the firm has ever produced.
**11.00** **Ultimate Supercar** Bentley seeks to reinvent its iconic Continental GT, which has been one of the most successful high-end luxury grand tourers on the market.
**12.00** M'T **Car S.O.S** Tim and Fuzz salvage a Volvo Amazon.
**1.00** **to 5.00** AM **Car S.O.S**

+1 hour 229 267

## History

130 130 825 270 327 379

**6.00** AM **American Pickers**
**7.00** **Forged in Fire**
**8.00** **Robert Redford's The West**
**10.00** **The Food That Built America**
**12.00** NOON **Forged in Fire** Six editions, including at: **4.00** PM The bladesmiths craft the decorated and deadly Schiavona sword. **5.00** The bladesmiths are tasked to achieve one of six Damascus patterns for their first round blade.
**6.00** **Truck Off!** The coaches try out a different strategy.

**9.00** Game Changers: Inside...

**7.00** **Forged in Fire** The competing bladesmiths battle it out to forge a fantasy-themed blade from a meteorite.
**8.00** **Forged in Fire** The competition heats up and the smiths must create a san mai billet in their most complex challenge.
**9.00** **NEW Game Changers: Inside the Video Game Wars** The brilliant innovations, colossal failures and ego-driven rivalries that gave rise to the $100billion video game industry.
**11.00** **Ancient Aliens** Ever since the first atomic bomb went off in 1945, UFOs have been spotted at nuclear facilities across the world. Experts explore whether this presence could be a threat to mankind.
**12.00** M'T **to 6.00** AM **Forged in Fire**

+1 hour 230 271

## Yesterday

155 129 25 159

**6.00** AM **Secrets of the Bible**
**7.10** **The Diary of Anne Frank: A Tale of Two Sisters**
**8.00** **Secret Nazi Bases**
**9.00** **Deep Wreck Mysteries**
**1.00** PM **Expedition with Steve Backshall** The naturalist goes in pursuit of new discoveries. **2.00** An expedition in the Jebel Akhdar mountain range. **3.00** Steve and a team of kayakers visit the Himalayas. **4.00** As shown at 1.00pm. **5.00** As shown at 2.00pm. **6.00** As shown at 3.00pm.

**8.00** Duran Duran: There's...

**7.00** **Big in America: British Hits in the USA** Featuring The Cure, Coldplay, Black Sabbath and A Flock of Seagulls.
**8.00** **Duran Duran: There's Something You Should Know** The members of the band open up about their career in music.
**9.00** **The True Story of the Mary Celeste** Experts use CGI and fresh evidence in a bid to solve the mystery of the ship.
**10.00** **World's Greatest Palaces** Lukshmi Villas Palace in India, which was built for the Maharaja of Baroda in 1890.
**11.00** **Chris Tarrant: Extreme Railway Journeys** Chris attempts to cross the length of Cuba, starting in Havana.
**12.00** M'T **Impossible Engineering**
**1.00** AM **The Diary of Anne Frank: A Tale of Two Sisters**
**2.00** **to 3.00** AM **Secrets of the Bible**

+1 hour 255 200

**7 PM** **8 PM** **9 PM** **10 PM**

Saturday

## Disc. History

171 257

**6.00** AM **Dirty Jobs**
**8.00** **Expedition Unknown**
**10.00** **World War II: Witness to War**
**1.00** PM **World War II: Witness to War**
**3.00** **Dirty Jobs**
**5.00** **Expedition Unknown**
**7.00** **Wings of War** Exploring the fight for domination of the skies over southern England in World War Two.
**8.00** **NASA's Unexplained Files** A startling image taken by a NASA probe that could point to evidence of life on Mars.
**9.00** **Ghost Asylum** Examining paranormal activity in a distillery.
**10.00** **Close Encounters**
**11.00** **Greatest Events of World War II**
**1.00** **to 6.00** AM **Frontline Battle Machines with Mike Brewer**

+1 hour 271 261

## Eden

166 245 247 315 389

**9.00** AM **Attenborough's Big Birds: Natural World**
**10.00** **Attenborough's Birds of Paradise**
**11.00** **Attenborough's Fabulous Frogs**
**12.00** NOON **Operation Wild**
**3.00** PM **David Attenborough's Big Birds: Natural World**
**4.00** **Attenborough's Birds of Paradise**
**5.00** **Natural World: Attenborough's Fabulous Frogs**
**6.00** **Operation Wild**
**9.00** **Attenborough's Big Birds: Natural World**
**10.00** **Attenborough's Birds of Paradise**
**11.00** **Natural World: Attenborough's Fabulous Frogs**
**12.00** M'T **Operation Wild**
**5.30** **to 6.00** AM **David Attenborough's Natural Curiosities**

+1 hour 266 246

## WILD

165 165 839 264 265 318 374

**8.00** AM **Man v Monster**
**12.00** NOON **Beast Man**
**1.00** PM **Monster Fish**
**3.00** **The Truth Behind**
**4.00** **The Monster Project**
**5.00** **Africa's Deadly Kingdoms**
**6.00** **The Truth Behind**
**7.00** **Wild Way of the Vikings** The wildlife of the Atlantic from the point of view of Vikings.
**8.00** **Mammoths Unearthed**
**9.00** **Mammoth: Back from the Dead** A team of cloning experts searches for deep-frozen mammoth tissue.
**10.00** **Cave Crocs of Gabon**
**11.00** **The Truth Behind**
**12.00** M'T **Mammoths Unearthed**
**1.00** AM **Mammoth: Back from the Dead**
**2.00** **The Truth Behind**
**3.00** **The Monster Project**
**4.00** **to 5.00** AM **Africa's Deadly Kingdoms**

## History 2

163 272 330 390

**8.00** AM **The Search for the Tesla Files**
**9.00** **Where Did It Come From?**
**10.00** **Ancient Aliens**
**2.00** PM **Pearl Harbour: Survivors Remember**
**4.00** **Secret Superpower Aircraft** The invention of the Harrier Jump Jet. **5.00** The MiG 21. **6.00** Bombers during the Cold War. **7.00** An observational mission in Russia.
**8.00** **Captain Cook's Pacific with Sam Neill** The actor travels on to the Arctic and Hawaii.
**9.00** **Behind Bars: World's Toughest Prisons**
**10.00** **The Trump Dynasty** The life and heritage of the 45th President of the United States.
**12.00** M'T **Ancient Aliens**
**4.00** **to 5.00** AM **Captain Cook's Pacific with Sam Neill**

## PBS America

174 273 91 155

**8.00** AM **The Aviators**
**8.35** **Mama Twiga in the Garden of Eden**
**9.40** **World's Greatest: Animal Encounters**
**1.00** PM **The Aviators**
**1.35** **Mama Twiga in the Garden of Eden**
**2.40** **Reconstruction: America After the Civil War** Four editions.
**7.40** **Byzantium: A Tale of Three Cities** Simon Sebag Montefiore traces the history of Istanbul, beginning by looking at its Greek roots. **8.50** Exploring the last centuries of Christian Constantinople. **9.55** The transformation of Istanbul in the 20th century is examined.
**11.00** **World's Greatest: Animal Encounters**
**1.30** **to 2.00** AM **The Aviators**

+1 hour 93

## CI

156 156 835 209 328 380

**6.00** AM **On the Case with Paula Zahn**
**8.00** **Killer in Plain Sight**
**11.00** **Motive to Murder**
**12.00** NOON **The First 48**
**1.00** PM **Crimes That Shook Britain** Double bill.
**3.00** **Kids Behind Bars: Life or Parole**
**4.00** **Homicide: Hours to Kill**
**5.00** **Homicide Hunter**
**6.00** **When Missing Turns to Murder**
**7.00** **999: Killer on the Line**
**8.00** **What The Killer Did Next** Kate Prout.
**9.00** **Sex, Lies and Murder**
**10.00** **Murder for Hire**
**11.00** **Police Patrol**
**12.30** AM **Live PD**
**1.00** **Police Patrol**
**1.30** **Live PD**
**2.00** **Murder for Hire**
**3.00** **Crimes That Shook Britain** Double bill.
**5.00** **to 6.00** AM **The First 48**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

# SATURDAY Films

Saturday

## Sky Cinema Premiere

301 301 842 401 501

**6.00** AM **The 2020 Top Ten Show**
**6.15** **Killers Anonymous** Mystery thriller. (2019, 15, 95min) ★
**8.00** **Straight Up** Romantic comedy. (2019, 15, 95min) ★★★
**9.45** **Godzilla: King of the Monsters**
**12.00** NOON **2020 Top Ten Show**
**12.15** PM **Brightburn** As 8.00pm.
**2.00** **PREMIERE We Die Young**
**3.45** **UFO** Sci-fi. (2018, 12) ★★★
**5.30** **The 2020 Top Ten Show**
**5.45** **Godzilla: King of the Monsters** Fantasy. (2019, 12) ★★★

9.45 We Die Young

**8 PM**

**8.00** **Brightburn** Superhero horror starring Elizabeth Banks. A couple struggling to conceive take in an extraterrestrial child who crash-lands on Earth. (2019, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**9 PM**

**9.45** **PREMIERE We Die Young** Drama starring Jean-Claude Van Damme. A war veteran clashes with gangsters. (2019, 15, 92min) ★★
*See review, page 22*
SEX ●●● VIOLENCE ●●● LANG ●●●

**10 PM**

**11 PM**

**11.30** **Hell Is Where the Home Is** Horror with Angela Trimbur. (2018, 18, 88min) ★★
**1.05** AM **Mapplethorpe** Biopic. (2018, 18, 102min) ★★
**2.55** **Extracurricular** Thriller. (2018, 18, 86min) ★★★
**4.30** **Hotel Mumbai: Special**
**5.00** **Final Score: Special**
**5.30** **to 6.00** AM **The Hurricane Heist: The Eye of the Storm**

+1 hour 312 412

## Sky Cinema Disney

305 305 846 405 505

**6.00** AM **Up** As shown at 1.30pm.
**7.45** **Cars** As shown at 3.10pm.
**9.45** **Toy Story 4** As 5.10pm.
**11.30** **The Incredibles** As 7.00pm.
**1.30** PM **Up** Animated comedy adventure from Pixar Studios. (2009, U, 92min) ★★★★★
**3.10** **Cars** Animated comedy. (2006, PG, 121min) ★★★
**5.10** **Toy Story 4** Animated sequel. (2019, U, 100min) ★★★★★
**7.00** **The Incredibles** Animation. (2004, U, 120min) ★★★★★

7.00 The Incredibles

**The Incredibles** (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

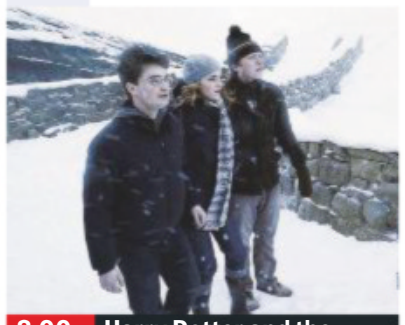
**9.00** **Incredibles 2** Animated adventure featuring the voices of Holly Hunter and Craig T Nelson. The superheroes and ally Frozone face a new enemy, while Mr Incredible copes with being a stay-at-home dad. (2018, PG, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.00** **A Bug's Life** Animation featuring the voices of Kevin Spacey and Dave Foley. (1998, U, 94min) ★★★★★
**12.40** AM **Fantasia 2000** Animation. (1999, U, 74min) ★★★
**2.00** **Dumbo** Classic animation. (1941, U, 64min) ★★★★★
**3.10** **Lady and the Tramp II: Scamp's Adventure** Cartoon featuring the voice of Scott Wolf. (2001, U, 70min) ★★
**4.25** **to 6.05** AM **A Bug's Life**

## Sky Cinema Kids Books

306 306 847 406 506

**6.00** AM **Babe** As 1.05pm.
**7.40** **The Many Adventures of Winnie the Pooh** (1977) ★★★
**9.00** **Dr Seuss' The Lorax**
**10.30** **Harry Potter and the Half-Blood Prince** As 8pm.
**1.05** PM **Babe** Comedy drama. (1995, U, 92min) ★★★★★
**2.45** **Matilda** As 12.45am.
**4.30** **Charlotte's Web** Adventure. (2006, U, 97min) ★★★
**6.10** **Jumanji** Fantasy adventure. (1995, PG, 104min) ★★★★


8.00 Harry Potter and the...

**8.00** **Harry Potter and the Half-Blood Prince** Fantasy adventure with Daniel Radcliffe. Harry attempts to gain crucial information about the past of dark wizard Lord Voldemort as he prepares for a showdown. (2009, 12, 153min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

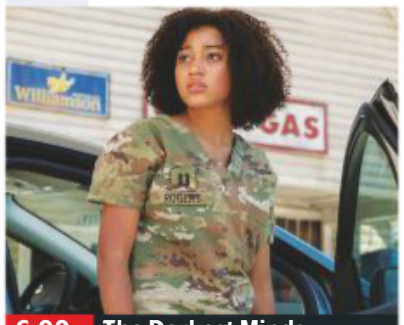
**10.35** **Percy Jackson & the Lightning Thief** Fantasy starring Logan Lerman. A teenager sets off on a quest after learning that he is the son of the Greek god Poseidon. (2010, PG, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**12.45** AM **Matilda** Children's fantasy. (1996, PG, 98min) ★★★★
**2.30** **Dr Seuss' The Lorax** Animated comedy adventure. (2012, U, 82min) ★★★
**4.05** **to 6.15** AM **Percy Jackson & the Lightning Thief**

## Sky Cinema Action

311 311 852 407 507

**6.00** AM **The Desert Rats** Drama, as shown at 4.15pm.
**7.45** **Winchester '73** As 4.40am.
**9.25** **The Darkest Minds** As 6pm.
**11.25** **Mission: Impossible – Fallout** As shown at 8pm.
**1.55** PM **Fury** As 10.30pm.
**4.15** **The Desert Rats** Classic World War Two drama. (1953, b/w, U, 88min) ★★★★
**6.00** **The Darkest Minds** Thriller starring Amandla Stenberg. (2018, 12, 104min) ★★


6.00 The Darkest Minds

**8.00** **Mission: Impossible – Fallout** Action thriller sequel starring Tom Cruise and Henry Cavill. Ethan Hunt, the IMF team and a CIA assassin try to prevent a disaster caused by a group of terrorists. (2018, 12, 147min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**10.30** **Fury** War drama starring Brad Pitt. An American tank crew undertake a final dangerous mission behind enemy lines. (2014, 15, 131min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**1.00** AM **Furious** Adventure with Ilya Malakov and Aleksey Serebryakov. Subtitled. (2017, 15, 107min) ★★★
**3.10** **Riot Girls** Sci-fi thriller. (2019, 18, 81min) ★★
**4.40** **to 6.25** AM **Winchester '73** Western with James Stewart. (1950, b/w, U, 92min) ★★★

## Sky Cinema Comedy

308 308 849 408 508

**6.45** AM **Eaten by Lions** Comedy. (2018, 12, 95min) ★★★
**8.35** **Grand-Daddy Day Care** Comedy. (2019, 12, 96min) ★
**10.25** **Who Framed Roger Rabbit**
**12.25** PM **Wayne's World** Comedy. (1992, PG, 95min) ★★★★
**2.15** **Wayne's World 2** Comedy. (1993, PG, 95min) ★★★
**4.05** **The Royal Tenenbaums** Comedy. (2001, 15) ★★★
**6.10** **About a Boy** Comedy drama. (2002, 12, 101min) ★★★★

8.00 Superbad

**8.00** **Superbad** Raunchy teen comedy starring Jonah Hill and Michael Cera. Two geeky high-school friends embark on a disaster-filled quest to buy booze and lose their virginity. With Christopher Mintz-Plasse. (2007, 15, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**10.00** **American Pie** Comedy with Jason Biggs. Friends pledge to lose their virginity before the prom. (1999, 15, 96min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.40** **American Pie 2** Teen comedy sequel starring Jason Biggs and Shannon Elizabeth. (2001, 15, 106min) ★★★
**1.35** AM **American Pie: The Wedding** Teen comedy. (2003, 15, 96min) ★
**3.15** **American Reunion** Comedy. (2012, 15, 108min) ★★
**5.15** **to 7.05** AM **Who Framed Roger Rabbit** Live-action and cartoon comedy thriller. (1988, PG, 103min) ★★★★★

primetime

## Sky Cinema Hits

303 303 844 403 503

**7.00** AM **The Kid Who Would Be King** As shown at 5.55pm.
**9.05** **Mortal Engines** Fantasy. (2018, 12, 128min) ★★★
**11.15** **Shazam!** As 8.00pm.
**1.30** PM **Fast & Furious 5**
**3.45** **Jurassic World: Fallen Kingdom** Fantasy. (2018) ★★★
**5.55** **The Kid Who Would Be King** Fantasy adventure. (2019, PG, 120min) ★★★

**8.00** **Shazam!** Comedy adventure starring Zachary Levi. Youngster Billy Batson is chosen by the ancient wizard Shazam as his new champion, and receives various superpowers. With Mark Strong and Asher Angel. (2019, 12, 132min) ★★★★
**10.15** **Us** Horror thriller starring Lupita Nyong'o. A family's life turns into a nightmare when a group of strangers begin to terrorise them. With Winston Duke. (2019, 15, 116min) ★★★★

**12.15** AM **Fast & Furious 5** Thriller sequel. (2011, 12, 130min) ★★★
**2.30** **Assassination Nation** Comedy thriller starring Odessa Young. (2018, 18, 108min) ★★★★
**4.30** **to 6.20** AM **Christopher Robin** Comedy adventure. (2018, PG, 104min) ★★★

## Sky Cinema Greats

304 304 845 404 504

**6.05** AM **Red Sonja** Fantasy. (1985) ★
**7.40** **Field of Dreams** Fantasy. (1989, PG, 106min) ★★★★★
**9.30** **Star Wars: Episode I – The Phantom Menace** (1999) ★★★
**11.50** **Star Wars: Episode II – Attack of the Clones** Sci-fi. (2002) ★★
**2.15** PM **Star Wars: Episode III – Revenge of the Sith** (2005)
**4.40** **Star Wars: Episode IV – A New Hope** (1977) ★★★★★

**6.50** **Star Wars: Episode V – The Empire Strikes Back** Sci-fi adventure starring Harrison Ford, Mark Hamill and Carrie Fisher. Luke Skywalker continues his training as a Jedi knight. (1980, U, 124min) ★★★★★
**9.00** **Star Wars: Episode VI – Return of the Jedi** Sci-fi adventure starring Harrison Ford. Princess Leia sets out to rescue Han Solo from the clutches of the monstrous Jabba the Hutt. (1983, U, 133min) ★★

**11.20** **Unforgiven** Western adventure. (1992, 15, 130min) ★★★★★
**1.35** AM **Snatch** Comedy. (2000) ★★
**3.25** **American Gigolo** Stylish thriller. (1980, 18, 117min) ★★★
**5.30** **to 8.10** AM **Terminator 2: Judgment Day** Sci-fi thriller. (1991, 15, 146min) ★★★★★

## TCM Movies

315 415 416 512 526

**8.15** AM **Arizona Raiders** Western. (1965, PG, 88min) ★★
**10.20** **Fort Worth** Western. (1951, U, 80min) ★★
**12.00** NOON **Cimarron** Western. (1960, U, 142min) ★★★
**3.00** PM **Ten Wanted Men** Western. (1955, U, 80min) ★★★
**4.45** **Rio Lobo** US Civil War Western with John Wayne and Jennifer O'Neill. (1970, PG, 110min) ★★★

**7.00** **The Fastest Gun Alive** Western with Glenn Ford. A peace-loving storekeeper tries to live down his prowess with a gun until an outlaw challenges him. (1956, b/w, U, 85min) ★★
**9.00** **The Postman** Epic futuristic adventure directed by and starring Kevin Costner, with Will Patton, Larenz Tate and Olivia Williams. In a post-apocalyptic US, an opportunistic loner becomes an unlikely hero. (1997, 15, 178min) ★★

**12.35** AM **Performance** Cult drama. (1970, 18, 105min) ★★★★
**2.50** **Westward the Women** Western. (1951, b/w, PG, 118min) ★★
**5.00** **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

## Talking Pictures

328 445 81 306

**6.00** AM **Jack London** (1943) ★★
**8.00** **Duel in the Jungle** (1954) ★★
**10.00** **Walk a Tightrope** (1964) ★★
**11.35** **The Conquest of Everest** Documentary. (1953) ★★★
**1.10** PM **The Birthday Present** Drama. (1957, b/w, U) ★★
**3.10** **Captain Boycott** Historic drama. (1947, b/w, PG, 93min) ★★★
**5.10** **The Day the Earth Caught Fire** Sci-fi. (1961, b/w, PG) ★★★

**7.10** **We Dive at Dawn** World War Two submarine drama starring Eric Portman. A British crew dispatched to destroy a battleship find themselves short of supplies and fuel. (1943, b/w, U, 97min) ★★★
**9.10** **Over the Hill** Melodrama starring Olympia Dukakis and Sigrid Thornton. A feisty senior citizen emigrates to Australia, where she finds adventure, excitement and a host of new friends. (1993, PG, 102min) ★★

**11.15** **Plenty** Drama. (1985, 15) ★★★
**1.45** AM **This Week of Grace** Comedy. (1933, U, 92min) ★★
**3.35** **When You Come Home** Vintage British comedy. (1947, b/w, U, 98min) ★★★
**5.25** **The David Niven Show**
**5.55** **to 6.00** AM **Glimpses**

## Horror

317 149 70 138

**8.00** AM **Lord of the Elves** Fantasy. (2012, 12, 87min) ★★
**10.00** **Mutant X** 11/22. (S3)
**3.00** PM **Air Collision** Action drama. (2012, PG, 92min) ★
**4.50** **MegaFault** Sci-fi action adventure starring Brittany Murphy and Eriq La Salle. (2009, 12, 90min) ★★
**6.40** **Post Impact** Sci-fi with Dean Cain. (2003, 15, 91min) ★★

**8.30** **Tales from the Darkside** *A Serpent's Tooth:* A meddlesome mother becomes fed up with her children ignoring her.
**9.00** **PREMIERE Matriarch** Horror thriller with Charlie Blackwood and Julie Hannan. After a car crash a couple take shelter at a remote house and make a terrifying discovery about their hosts. (2018, 15, 91min) ★★
**10.55** **I Spit on Your Grave** Horror chiller remake starring Sarah Butler. (2010, 18, 107min) ★★

**1.00** AM **Hatchet** Darkly comic slasher starring Joel David Moore. (2006, 18, 83min) ★
**2.40** **to 4.30** AM **Piranha II – The Spawning** Sci-fi horror sequel. (1981, 18, 90min) ★

+1 hour 318 202 139



★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

## Sky Cinema Thriller

309 309 850 409 509

**6.20** AM **Jacob's Ladder** (2019) ★
**8.05** **Steel Country** (2018) ★★★
**9.50** **Extremely Wicked, Shockingly Evil and Vile**
**11.45** **Rear Window** Thriller. (1954, PG, 112min) ★★★★★
**1.45** PM **Psycho** (1960) ★★★★★
**3.35** **Galveston** (2018) ★★★
**5.10** **The Italian Job** Crime thriller. (2003, 12, 110min) ★★★
**7.05** **Extremely Wicked, Shockingly Evil and Vile** Biopic. (2019, 15) ★★★★

9.00 The Sisters Brothers

**Extremely Wicked, Shockingly Evil and Vile** (film started at 7.05pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

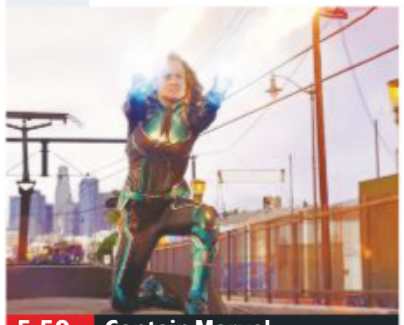
**9.00** **The Sisters Brothers** Western starring John C Reilly and Joaquin Phoenix. In the American West during the 1850s, two gunfighter brothers are hired to kill a man named Hermann Warm. With Riz Ahmed. (2018, 15, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.05** **Enemy of the State** Conspiracy thriller starring Will Smith and Gene Hackman. (1998, 15, 127min) ★★★★
**1.20** AM **The Italian Job** Thriller, as shown at 5.10pm.
**3.15** **Charlie Says** Biographical drama with Hannah Murray, Matt Smith and Sosie Bacon. (2018, 15, 110min) ★★★
**5.10** **to 6.55** AM **Point Last Seen** Drama with Linda Hamilton. (1998, PG, 87min) ★★

## Sky Cinema Women in Film

310 310 851 410 510

**6.00** AM **Speed 2: Cruise Control** Thriller, as shown at 2.30am.
**8.20** **Daughter of the Wolf** Thriller, as shown at 12.55am.
**10.00** **Widows** As shown at 8pm.
**12.15** PM **Bumblebee** Sci-fi. (2018, PG, 114min) ★★★★
**2.15** **Mulan** Animated adventure. (1998, U, 88min) ★★★
**3.55** **Charlie's Angels** Comedy thriller. (2000, 15, 97min) ★★
**5.50** **Captain Marvel** Fantasy. (2019, 12, 123min) ★★★



5.50 Captain Marvel

**8.00** **Widows** Thriller starring Viola Davis, Liam Neeson and Elizabeth Debicki. Four Chicago women with a debt left by their dead husbands' criminal activities attempt to carry out a daring robbery. With Michelle Rodriguez. (2018, 15, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

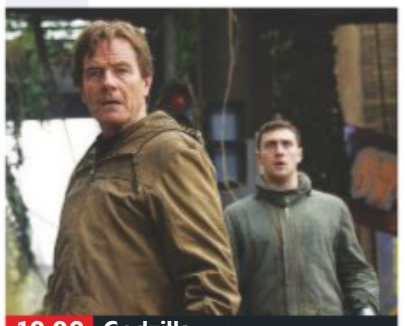
**10.15** **The Girl with the Dragon Tattoo** Crime thriller with Daniel Craig and Rooney Mara. A campaigning journalist and a computer hacker uncover horrific crimes against women. With Christopher Plummer. (2011, 18, 157min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**12.55** AM **Daughter of the Wolf** Thriller. (2019, 15, 88min) ★★
**2.30** **Speed 2: Cruise Control** Action thriller sequel. (1997, PG, 125min) ★★
**4.35** **to 6.10** AM **Mulan** As 2.15pm.

## Sky Cinema Monsters

307 307 848 411 511

**6.00** AM **Godzilla** As 2.40am.
**8.25** **King Kong** As 6.45pm.
**11.45** **Godzilla** As 10.00pm.
**2.00** PM **Godzilla: King of the Monsters** As 12.15am.
**4.20** **Pacific Rim** Epic sci-fi action movie starring Charlie Hunnam and Idris Elba. (2013, 12, 131min) ★★★
**6.45** **King Kong** Peter Jackson's spectacular remake of the classic monster movie. (2005, 12, 187min) ★★★★



10.00 Godzilla

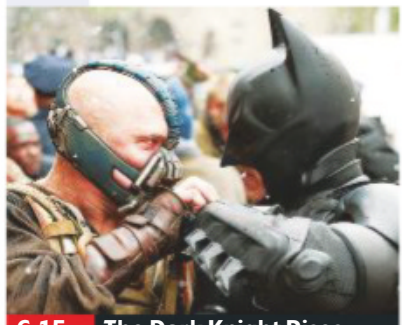
**King Kong** (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

**10.00** **Godzilla** Thriller remake with Aaron Taylor-Johnson and Bryan Cranston. A giant monster may be the only hope of stopping a race of underground creatures on a deadly global rampage. (2014, 12, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
**12.15** AM **Godzilla: King of the Monsters** Fantasy adventure. (2019, 12, 132min) ★★★
**2.40** **Godzilla** Monster movie. (1998, PG, 139min) ★★★
**5.00** **to 6.00** AM **Sky Cinema Preview**

## Sky Cinema Superhero

302 302 842 402 502

**6.15** AM **Batman: The Killing Joke**
**7.35** **Batman: Year One** As 3.20am.
**8.45** **Aquaman** As shown at 9pm.
**11.10** **Glass** As shown at 11.30pm.
**1.20** PM **Batman Begins** Dark comic-book thriller. (2005, 12, 140min) ★★★★★
**3.40** **The Dark Knight** Dark comic-book action thriller. (2008, 12, 152min) ★★★★
**6.15** **The Dark Knight Rises** Crime action drama sequel. (2012, 12, 164min) ★★★★



6.15 The Dark Knight Rises

**The Dark Knight Rises** (film started at 6.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

**9.00** **Aquaman** Superhero adventure starring Jason Momoa. The human-born heir to the kingdom of Atlantis, embarks on a quest to prevent a war between the worlds of ocean and land. With Nicole Kidman. (2018, 12, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.30** **Glass** Thriller starring James McAvoy and Bruce Willis. (2019, 15, 129min) ★★★
**1.50** AM **Batman: The Killing Joke** Animated comic-book thriller. (2016, 15, 75min) ★★
**3.20** **Batman: Year One** Animated superhero adventure. (2011, 12, 64min) ★★★
**4.35** **to 6.05** AM **Lego DC Super Hero Girls: Super-Villain High** Animated adventure. (2018, PG, 78min) ★★

## Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
**11.00** AM **The Pink Panther Strikes Again** Comedy. (1976) ★★
**1.10** PM **Shrek Forever After** Animated comedy sequel. (2010, U, 93min) ★★★★
**2.55** **Kung Fu Panda 2** Comedy. (2011, PG, 90min) ★★★★
**4.45** **Mary and the Witch's Flower** Animated adventure. (2017, U, 99min) ★★★
**6.55** **Gifted** Drama. (2017, 12, 101min) ★★★★

11.35 Drag Me to Hell

**Gifted** (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

**9.00** **Die Hard 4.0** Action thriller starring Bruce Willis. New York cop John McClane strives to foil ruthless cyber terrorists who plan to shut down the entire US computer infrastructure on the Fourth of July weekend. (2007, 15, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.35** **Drag Me to Hell** Horror thriller starring Alison Lohman and Justin Long. A bank executive falls victim to a terrifying curse after refusing a loan to an old gypsy woman. (2009, 15, 94min) ★★★
**1.30** **to 3.30** AM **Juan of the Dead** Comedy starring Alexis Diaz de Villegas. (2011, 15, 92min) ★★★

+1 hour 314 430 45 301

## Sony Movies Classic

319 424 50 303

**6.00** AM **Hunt the Man Down** (1951)
**7.30** **Prisoners of the Casbah** (1953)
**9.10** **Ladies of the Chorus** (1948)
**10.30** **Rock Around the Clock** Drama. (1956, b/w, U, 74min) ★★★
**12.10** PM **The Admirable Crichton** Comedy. (1957, U, 93min) ★★★
**2.05** **For Love or Money** Comedy. (1963, PG, 108min) ★★
**4.20** **The Wrong Box** Black comedy. (1966, U, 101min) ★★★

**6.35** **Fire Down Below** Action melodrama with Rita Hayworth, Robert Mitchum and Jack Lemmon about two smugglers coming into conflict when they fall for the same woman. (1957, PG, 116min) ★★★
**9.00** **I'll Never Forget What's 'is Name** Satirical comedy starring Orson Welles and Oliver Reed. An advertising executive decides to abandon his lifestyle for a more frugal existence. (1967, 15, 99min) ★★★
**11.10** **My Stepmother Is an Alien** Comedy. (1988, 15) ★★★
**1.15** AM **Garringo** (1969) ★★
**3.00** **Machine-Gun Kelly** (1958) ★★
**4.25** **to 6.00** AM **Long John Silver** Adventure. (1954, U) ★★★

+1 hour 320 303 304

## Sony Movies

321 425 32 302

**9.10** AM **The Perfect Assistant** Drama. (2008, PG, 91min) ★★
**12.20** PM **Stand Your Ground** Drama. (2013, PG, 107min) ★★
**1.30** **The Pink Panther** Comedy. (2005, PG, 93min) ★★
**3.25** **The Pink Panther 2** Comedy. (2009, PG, 91min) ★★
**5.15** **The Waterboy** Sports comedy with Adam Sandler and Kathy Bates. (1998, 12, 90min) ★★

**7.05** **Reign of Fire** Sci-fi fantasy adventure starring Christian Bale. A British resistance leader and an American military commander team up to save the world from dragons. (2002, 12, 102min) ★★★
**9.00** **The Expendables** Action thriller directed by and starring Sylvester Stallone, with Jason Statham. A veteran mercenary and his team undertake a mission to overthrow a corrupt dictator. (2010, 18, 103min) ★★★
**11.10** **Rambo** Action drama sequel. (2008, 18, 92min) ★★★
**12.55** AM **Sniper: Ghost Shooter** Thriller. (2016, 15, 99min) ★
**3.00** **to 6.00** AM **Seven Years in Tibet** Adventure. (1997, PG) ★★

+1 hour 322

## Sony Movies Action

323 426 40 305

**6.00** AM **Paratroop Command** Adventure. (1959, b/w, PG) ★★
**7.25** **Iron Eagle IV** Action thriller sequel. (1995, 12, 91min) ★
**9.20** **The Bedford Incident** Thriller. (1965, b/w, PG, 105min) ★★★
**11.30** **Appointment In Berlin** Drama. (1943, U, 77min) ★★
**1.10** PM **El Dorado** Double bill.
**5.10** **Yesterday's Enemy** War drama. (1959, b/w, PG, 96min) ★★

**7.05** **Legion of the Damned** Wartime drama starring Curd Jurgens. An army colonel leads a platoon of criminals to prepare the Normandy beaches for the D-Day landings in June 1944. (1969, 12, 95min) ★★
**9.00** **Shadow Wolves** Drama starring Thomas Gibson. A rogue agent bands together with a group of Native American trackers to protect the border from terrorist invasion. With Graham Greene. (2019, 15, 95min) ★★
**10.55** **Sniper 3** Action thriller sequel. (2003, 15, 87min) ★★
**12.40** AM **Deserter** War drama. (2002, 15, 90min) ★★★
**2.30** **to 4.00** AM **Sonic Impact** Thriller. (1999, 15, 90min) ★★

+1 hour 324

## Movies 24

325 419 513

**7.00** AM **A Man for Every Month** Comedy. (2017, PG, 90min) ★★
**9.00** **Love at First Dance** Drama. (2018, PG, 120min) ★★
**11.00** **Love, Fall & Order** Romantic drama. (2019, U, 84min) ★★
**1.00** PM **Chesapeake Shores**
**3.00** New episodes
**5.00** **Murder, She Baked: A Plum Pudding Mystery** Festive mystery with Alison Sweeney.

**7.00** **The Beach House** Drama starring Minka Kelly and Andie MacDowell. A mother and daughter learn some life lessons when they travel to the coast to fix up an old beach house. (2018, PG, 90min) ★★
**9.00** **Mystery 101** Mystery with Jill Wagner and Kristoffer Polaha. A teacher joins forces with a detective to use her expertise to assist in a police investigation surrounding the murder of a student. (2019, PG, 120min) ★★
**11.00** **Strawberry Summer** Romantic drama. (2012, U, 120min) ★★
**1.00** AM **Back to Love** Romantic drama. (2017, PG, 90min) ★★
**3.00** **to 5.00** AM **Karen Kingsbury's The Bridge – Part 1** (2015) ★★

+1 hour 326 420

## FILMS ON OTHER CHANNELS

### 6pm TILL LATE

**6.20** PM **Major Dundee** *Paramount Network* Classic Western. ★★★
**6.35** **The World's Fastest Indian** *AMC* Road movie. ★★★★
**6.35** **Ocean's Thirteen** *5STAR* ★★★
**6.55** **Uncle Buck** *ITV2* Comedy. ★★★
**8.00** **Transformers: Revenge of the Fallen** *E4* Action thriller. ★★★
**8.00** **Notting Hill** *Comedy Central* Romantic comedy. ★★★★
**8.00** **Collision Earth** *Syfy* ★★
**8.30** **Men in Black II** *Sky One* ★★★
**9.00** **Passengers** *Channel 4* ★★★★
**9.00** **Fast & Furious 8** *ITV2* ★★★
**9.00** **Burning Rubber** *AMC* ★★
**9.00** **The Twilight Saga: Breaking Dawn – Part 2** *5STAR* ★★★
**9.00** **Money Train** *Paramount Network* Action thriller. ★★
**10.00** **Lost Lives** *BBC2* ★★★★
**10.10** **Pitch Perfect** *ITV* ★★★★
**10.45** **Driven** *AMC* Action drama. ★★
**11.00** **Assassins** *ITV4* Thriller. ★★
**11.00** **30 Days of Night** *Syfy* ★★
**11.10** **28 Days Later** *5STAR* ★★★
**11.15** **G.I. Joe: The Rise of Cobra** *Channel 4* Adventure. ★★★
**11.15** **Game of Death** *Paramount Network* Thriller. ★★
**11.30** **Midnight's Children** *BBC2* ★★★

# SATURDAY Sport

SKY HD SD VIRGIN HD BT HD

7 March

## Sky Sports Main Event

401 401 855 511 501 402 437

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
8.00 **LIVE One-Day International Cricket South Africa v Australia.** The third and final match in the series, held at JB Marks Oval in Potchefstroom.
12.00 NOON **LIVE EFL Bristol City v Fulham.** Coverage of the Championship encounter from Ashton Gate. Kick-off 12.30pm.
3.00 PM **Gillette Soccer Saturday**
5.00 **LIVE Premier League Burnley v Tottenham Hotspur.** Coverage of the top-flight clash from Turf Moor. Kick-off 5.30pm.
8.30 **LIVE Fight Night Scott Quigg v Jono Carroll.** Coverage of the super-featherweight title bout from Manchester Arena.
11.00 **LIVE Rugby 7s** Coverage of the opening day's play of the Vancouver Sevens from BC Place in Canada, where the sixth round of the season takes place.
12.50 AM **Rugby Greatest Games**
1.00 **LIVE Rugby 7s** Further coverage of the opening day of the Vancouver Sevens.
3.00 **to 6.00** AM **Sky Sports News**

## Sky Sports Premier League

402 402 856 512 502

6.00 AM **PL Greatest Games**
7.00 **Premier League Preview**
7.30 **Premier League Match Pack**
8.00 **Premier League World**
8.30 **Premier League Preview**
9.00 **Premier League Match Pack**
9.30 **Saturday Social**
10.30 **Soccer AM** Football magazine.
12.00 NOON **Gillette Soccer Saturday: Build-Up**
3.00 PM **Gillette Soccer Saturday** Jeff Stelling and guests preside over the day's football action.
5.00 **LIVE Premier League Burnley v Tottenham Hotspur.** Coverage of the top-flight clash from Turf Moor. Kick-off 5.30pm.
8.30 **Renault Game of the Day** A full re-run of the day's top Premier League match.
10.30 **Match Choice** Highlights from the Premier League.
11.00 **Premier League Highlights** Burnley v Tottenham Hotspur.
11.30 **Premier League Highlights** Arsenal v West Ham United.
12.00 M'T **Premier League Highlights**
5.00 AM **Best PL Goals: Chelsea v Arsenal** Memorable strikes.
5.30 **to 6.00** AM **Premier League 100 Club**

## Sky Sports Football

403 403 857 513 503

6.00 AM **EFL** Another chance to see Nottingham Forest v Millwall.
9.30 **Saturday Social**
10.30 **Soccer AM** Football magazine.
12.00 NOON **LIVE EFL Bristol City v Fulham.** The Championship clash at Ashton Gate. Kick-off 12.30pm.
3.00 PM **Gillette Soccer Saturday**
5.00 **Gillette Soccer Saturday: Reaction** Discussion.
6.00 **Goals Express** The latest goals.
7.00 **LIVE MLS Real Salt Lake v New York Red Bulls.** The inter-conference clash from Rio Tinto Stadium. Kick-off 7.00pm.
9.05 **EFL Greatest Games**
9.10 **One2Eleven: Tony Adams**
9.35 **EFL Highlights**
10.05 **LIVE MLS Toronto FC v New York City FC.** Coverage of the Eastern Conference clash from BMO Field. Kick-off 10.05pm.
12.10 AM **EFL Greatest Games**
12.15 **EFL Highlights**
12.45 **SPFL Greatest Games**
1.00 **Football Countdowns**
1.30 **Football Years**
2.00 **Championship Review 18/19**
3.00 **EFL Play-Off Final Highlights**
5.00 **to 6.00** AM **2015 League Cup Final Highlights**

## Sky Sports Cricket

404 404 858 514 504

6.00 AM **One-Day International Cricket** South Africa v Australia.
7.55 **LIVE One-Day International Cricket South Africa v Australia.** The third and final match in the series, held at JB Marks Oval in Potchefstroom.
4.00 PM **Cricket's Greatest Games**
5.00 **My Icon**
6.00 **One-Day International Cricket** South Africa v Australia: Highlights of the third and final game of the series, held at JB Marks Oval in Potchefstroom.
7.00 **Women's ICC World T20 Cricket** The first semi-final.
8.00 **Women's ICC World T20 Cricket** The second semi-final.
9.00 **One-Day International Cricket** As shown at 6.00pm.
10.00 **Women's ICC World T20 Cricket** As shown at 7.00pm.
11.00 **Women's ICC World T20 Cricket** As shown at 8.00pm.
12.00 M'T **One-Day International Cricket** As shown at 6.00pm.
1.00 AM **Women's ICC World T20 Cricket** As 7.00pm & 8.00pm.
3.00 **One-Day International Cricket**
4.00 **Cricket's Greatest Games**
5.00 **to 6.00** AM **Best of Sky Cricket**

## Sky Sports Golf

405 405 859 515 505

6.00 AM **European Tour Golf**
7.00 **PGA Tour Golf** As 4.30pm.
8.00 **European Tour Golf**
9.00 **LIVE European Tour Golf** Day three of the Commercial Bank Qatar Masters from Education City Golf Club in Doha, Qatar.
1.30 PM **Golf Pass with Rory McIlroy**
2.00 **PGA Tour Golf** As 4.30pm.
3.00 **Ryder Cup Memories**
3.30 **European Tour Golf** Action from the third day's play of the Commercial Bank Qatar Masters.
4.30 **PGA Tour Golf** The second day of the Arnold Palmer Invitational.
5.30 **LIVE PGA Tour Golf** Day three of the Arnold Palmer Invitational at Bay Hill Club and Lodge, Florida.
11.00 **European Tour Golf**
12.00 M'T **Golf Pass with Rory McIlroy**
12.30 AM **Chronicles of a Champion Golfer** A profile of Ernie Els.
1.00 **European Tour Golf**
2.00 **Chronicles of a Champion Golfer** Double bill of editions.
3.00 **European Tour Golf**
4.00 **Chronicles of a Champion Golfer** Double bill of editions.
5.00 **Golf Pass with Rory McIlroy**
5.30 **to 6.00** AM **Chronicles of a Champion Golfer**

## BT Sport 1

413 413 867 527 408 430

6.00 AM **Emirates FA Cup Highlights**
6.30 **Premier League World**
7.00 **Premier League Match Pack**
7.30 **Premier League Preview**
8.00 **WWE NXT UK**
9.00 **WWE Friday Night SmackDown**
10.30 **Premier League Preview**
11.00 **Early Kick-Off**
12.00 NOON **LIVE Premier League Liverpool v Bournemouth.** Coverage of the top-flight clash from Anfield. Kick-off 12.30pm.
3.00 PM **BT Sport Score**
5.00 **LIVE Vanarama National League Harrogate Town v Bromley.** Coverage from the CNG Stadium. Kick-off 5.20pm.
7.30 **Vanarama National League Highlights** Recent action.
8.00 **WWE Friday Night SmackDown**
9.30 **WWE NXT UK**
10.30 **Bundesliga**
11.30 **Ligue 1** Strasbourg v PSG.
12.30 AM **Europa League Magazine**
1.00 **World Poker Tour Series**
3.00 **The U Part 2** Documentary.
5.00 **to 7.00** AM **LIVE Hyundai A-League Central Coast Mariners v Wellington Phoenix.** From Central Coast Stadium. Kick-off 5.00am.

## BT Sport 2

414 414 868 528 409 431

6.00 AM **Gallagher Premiership Rugby Union** Worcester Warriors v Northampton Saints.
7.30 **Ladbrokes SPFL Highlights**
7.45 **Irish Rally Review**
8.15 **MotoGP: ICYMI**
8.30 **LIVE MotoGP** The third free practice session from Qatar.
11.30 **LIVE Motorcycling: Asia Talent Cup** Race one from Qatar.
12.00 NOON **LIVE MotoGP** Coverage of qualifying for the opening race of the season from Qatar.
4.15 PM **Marc Marquez: Trophy Collector**
5.15 **LIVE Bundesliga Borussia Moenchengladbach v Borussia Dortmund.** Coverage from Borussia-Park. Kick-off 5.30pm.
7.30 **Hyundai A-League**
9.00 **Gallagher Premiership Rugby Highlights** Recent action.
11.00 **UFC 248 Countdown**
12.00 M'T **UFC Fight Camp**
12.30 AM **UFC Live**
1.00 **LIVE UFC** The UFC 248 prelims.
3.00 **to 7.00** AM **LIVE UFC Israel Adesanya v Yoel Romero.** The middleweight title bout from T-Mobile Arena in Las Vegas.

## BT Sport 3

417 417 869 529 410 432

6.00 AM **LIVE Hyundai A-League Adelaide United v Western United.** Coverage from Coopers Stadium. Kick-off 6.00am.
8.00 **UEFA Europa League Magazine** News and action.
8.30 **LIVE Hyundai A-League Melbourne Victory v Sydney FC.** Coverage from Marvel Stadium. Kick-off 8.30am.
10.30 **LIVE Men's Hockey Australia v Argentina.** Coverage of the FIH Men's Hockey Pro League. match from Perth Hockey Stadium. Push-back 10.30am.
12.30 PM **PSA Squash Highlights**
1.30 **LIVE Badminton** Coverage of the German Open semi-finals.
7.00 **LIVE XFL Houston Roughnecks v Seattle Dragons.** Coverage from TDECU Stadium. Kick-off 7.00pm.
10.00 **LIVE XFL Dallas Renegades v New York Guardians.** All the action from Globe Life Park. Kick-off 10.00pm.
1.00 AM **Gallagher Premiership Rugby Highlights**
3.00 **Bundesliga**
4.30 **to 6.00** AM **Ligue 1**

## Sky Sports Action

407 407 861 517 507

6.00 AM **LIVE Super Rugby Hurricanes v Blues.** From Sky Stadium. Kick-off 6.05am.
8.00 **Rugby Greatest Games**
8.10 **LIVE Super Rugby Rebels v Lions.** All the action from AAMI Park. Kick-off 8.15am.
10.10 **Rugby Greatest Games**
10.30 **Sporting Records**
11.30 **LIVE Women's Six Nations Rugby Union England v Wales.** Coverage of the match from the penultimate round of fixtures, held at Twickenham Stoop. Kick-off 12.05pm.
2.15 PM **My Icon**
2.30 **NFL Roundtable**
4.30 **Rugby Greatest Games**
4.50 **LIVE Rugby 7s** The opening day's play of the Vancouver Sevens at BC Place in Canada.
12.50 AM **Rugby Greatest Games**
1.00 **LIVE Rugby 7s** Further coverage of the Vancouver Sevens.
3.00 **Rugby 7s**
4.00 **Rugby Greatest Games**
4.10 **to 6.00** AM **LIVE Super Rugby Sunwolves v Brumbies.** From Hanazono Rugby Stadium in Osaka. Kick-off 4.15am.

## Sky Sports Mix

145 145 838 520 510

6.00 AM **My Icon**
7.00 **Sporting Records**
8.00 **Sporting Greats**
9.00 **Sporting Records**
9.30 **Saturday Social**
10.30 **School of Golf**
11.00 **Betfred Super League**
11.30 **LIVE Women's Six Nations Rugby Union England v Wales.** Coverage of the match from the penultimate round of fixtures, held at Twickenham Stoop. Kick-off 12.05pm.
2.15 PM **My Icon**
2.30 **Women's ICC World T20 Cricket** The semi-finals.
4.30 **European Tour Golf** Action from the third day's play of the Commercial Bank Qatar Masters.
5.30 **Women's Six Nations Rugby Union** England v Wales.
8.15 **NBA: Milwaukee @ LA Lakers**
10.00 **LIVE NBA Charlotte Hornets v Houston Rockets.** Coverage of the inter-conference clash at the Spectrum Centre. Tip-off 10pm.
12.30 AM **Betfred Super League**
1.00 **European Tour Golf**
2.00 **My Icon**
2.30 **to 6.00** AM **Mix Shorts: Masterclasses**

## BT Sport/ESPN

423 423 872 530 411 434

6.00 AM **Highlights**
8.00 **LIVE Women's Hockey Australia v Argentina.**
10.00 **Highlights**
2.30 PM **LIVE X Games** In Norway.
3.15 **The Arnold Palmer**
3.30 **LIVE X Games** From Norway.
4.15 **The High Five**
4.30 **LIVE X Games** From Norway.
5.15 **Holy Grail: T206 Honus Wagner**
5.30 **LIVE X Games** From Norway.
6.15 **Collision Course: The Murder of Don Aronow** Documentary.
6.30 **LIVE X Games** From Norway.
7.00 **30 for 30 Shorts**.
7.30 **LIVE X Games** From Norway.
8.00 **NHRA Drag Racing Highlights**
9.00 **LIVE College Basketball**
11.00 **LIVE College Basketball Duke Blue Devils v North Carolina.**
1.00 AM **LIVE College Basketball**
3.00 **LIVE College Basketball**
5.00 **to 6.00** AM **NHRA Drag Racing**

## Eurosport 1

410 410 864 521 412 435

6.30 AM **Luge**
7.30 **Alpine Skiing**
9.30 **LIVE Alpine Skiing** World Cup coverage from Kvitfjell, Norway.
11.25 **Biathlon**
12.30 PM **LIVE Biathlon** World Cup coverage in Novo Mesto, Slovenia.
2.15 **LIVE Ski Jumping** The World Cup meeting from Oslo, Norway.
4.00 **LIVE Biathlon** Further coverage from Novo Mesto, Slovenia.
5.20 **Cross-Country Skiing**
6.30 **Alpine Skiing**
8.30 **Ski Jumping**
9.30 **Biathlon**
11.30 **Nordic Combined Skiing**
12.00 M'T **Snowboarding**
1.00 AM **Freestyle Skiing**
2.00 **Cycling: Milan-San Remo**
2.20 **Cycling: Women's Strade Bianche** Highlights from Italy.
3.20 **Cycling: Strade Bianche**
4.20 **Cycling: Paris-Nice**
5.20 **to 6.20** AM **Ski Jumping**

## Eurosport 2

411 411 865 522 413 436

6.00 AM **Highlights**
8.50 **LIVE Nordic Combined Skiing** From Oslo, Norway.
9.50 **Cycling: Paris-Roubaix**
10.05 **Cycling: Strade Bianche**
10.25 **Cycling: Women's GP Le Samyn**
11.25 **LIVE Cycling: Women's Strade Bianche** Coverage of the one-day race in Siena, Italy.
12.20 PM **Cycling: Cancellara – The Day When** Fabian Cancellara.
12.50 **LIVE Cycling: Strade Bianche** The one-day race in Siena, Italy.
2.50 **LIVE Show Jumping** The Global Champions Tour in Qatar.
5.00 **Cycling: Women's Strade...**
6.00 **Cycling: Strade Bianche**
7.00 **Athletics** From Lievin, France.
8.00 **Cycling: Women's Strade...**
9.00 **Cycling: Strade Bianche**
10.00 **Alpine Skiing** From Italy.
12.00 M'T **Ski Jumping** From Norway.
1.00 AM **Nordic Combined Skiing**
2.00 **to 6.00** AM **Highlights**

## Sky Sports Arena

408 408 862 518 508

6.00 AM **Netball Superleague**
8.00 **Sporting Greats**
9.00 **Sporting Records**
9.30 **Super League Gold**
9.45 **Super League Highlights**
10.00 **NBA Heatcheck**
11.00 **Super League Gold**
11.30 **NBA Champions**
1.00 PM **LIVE Super Rugby Sharks v Jaguares.** Kick-off 1.05pm.
3.00 **Rugby Greatest Games**
3.10 **LIVE Super Rugby Bulls v Highlanders.** Kick-off 3.15pm.
5.10 **Rugby Greatest Games**
5.30 **Super League Highlights**
6.00 **NBA Classic Games**
7.00 **LIVE Fight Night Scott Quigg v Jono Carroll.** Coverage of the super-featherweight title bout.
11.00 **NBA: Milwaukee @ LA Lakers**
12.45 AM **NBA Classic Games**
1.45 **NFL – Greatest Games**
3.15 **Sporting Records**
4.15 **Super League Gold**
5.00 **to 6.00** AM **Sporting Records**

## Sky Sports F1

406 406 860 516 506

6.00 AM **The Home of F1**
11.00 **Formula 1** A re-run of the 2019 Canadian Grand Prix.
1.05 PM **Formula 1** Highlights of the 2019 Canadian Grand Prix.
2.05 **Canadian F1 GP Best Bits**
2.35 **Box Box Box: Johnny & Damon '95** The pick of the action.
3.00 **Formula 1** Another chance to see the 2019 French Grand Prix.
5.00 **Formula 1** Highlights of the 2019 French Grand Prix.
6.00 **French F1 GP Best Bits**
6.30 **F1: The Championship Begins** A look back at the start of the 2019 Formula 1 Championship.
7.00 **F1 Classic Races** A look back at the 2008 Monaco Grand Prix.
9.30 **Formula 1** Another chance to see the 2019 Austrian Grand Prix.
11.25 **Alfa Romeo 1950**
11.30 **F1: The Championship Begins**
12.00 M'T **Formula 1** Highlights of the 2019 Austrian Grand Prix.
1.00 **to 6.00** AM **The Home of F1**

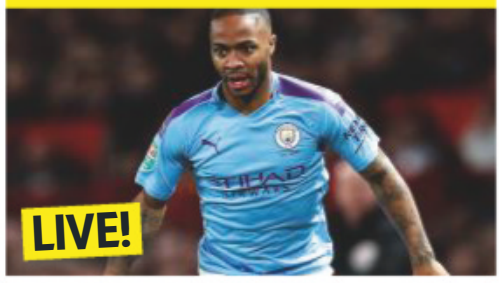
# Sunday

8 March

## Evening Planner



### Football




**Premier League**
***Sky Sports Main Event HD & Sky Sports Premier League HD, kick-off 4.30pm***
Man Utd host Man City in the Manchester derby at Old Trafford

### Entertainment

**Dancing on Ice**
***ITV HD, 6pm***
It's the grand final, and two of the three remaining couples will skate the *Bolero* before the winning pair are crowned

### Reality

**Race Across the World**
***BBC2 HD, 8pm (times vary)***
Five teams attempt to travel across land from Mexico City to Ushuaia, Argentina, with limited money and no technology

### Factual

**Dragons' Den**
***BBC2 HD, 9pm (times vary)***
The 2019 Dragons return to assess a beauty brand with social impact, hand-finished shoes and alcohol-free drinks

| SKY EVENING TIME | 7.00PM | 7.30PM | 8.00PM | 8.30PM | 9.00PM | 9.30PM | 10.00PM | 10.30PM |
|---|---|---|---|---|---|---|---|---|
| **FAVOURITES** | | | | | | | | |
| 101 BBC1 | 7.00 Countryfile | | 8.00 Antiques Roadshow | | 9.00 Last Tango in Halifax | | 10.00 News | 10.30 Match of the... |
| 102 BBC2 | ◂ 6.50 Top Gear Nepal Special | | 8.00 Race Across the World † | | 9.00 Dragons' Den † | | 10.00 Dara O Briain – Voice of Reason | |
| 103 ITV | ◂ 6.00 Dancing on Ice | | 8.00 McDonald & Dodds | | | | | 10.15 Harry Redknapp's... |
| 104 CHANNEL 4 | 7.00 Crufts – Best in Show | | | | 9.00 Homeland | | 10.05 Gogglebox | |
| 105 CHANNEL 5 | ◂ 6.10 Building the Billion Dollar Cruise Ship | | 8.00 The Nightmare Neighbour Next Door | | 9.00 Rich Holiday, Poor Holiday | | 10.00 Secrets of First Class with Sally & Nigel | |
| 106 SKY ONE | 7.00 The Simpsons | | 8.00 Magnum P.I. | | 9.00 Hawaii Five-0 | | 10.00 NCIS: Los Angeles | |
| **ENTERTAINMENT** | | | | | | | | |
| 116 BBC4 | 7.00 Football: SheBelieves Cup – Live: Japan Women v England Women: From Red Bull Arena (Kick-off 6.15) | | | | | 9.30 Maiden: War on the Waves – Storyville | | |
| 118 ITV2 | ◂ 6.25 Film: Jurassic Park | | | | 9.00 Ibiza Weekender | | 10.00 Family Guy | |
| 136 MORE4 | 7.00 The Great Pottery Throw Down | | 8.00 Emergency Helicopter Medics | | 9.00 999: On the Front Line | | 10.00 24 Hours in A&E | |
| 135 E4 | ◂ 6.45 Film: 27 Dresses | | | | 9.00 Celebs Go Dating | | 10.00 Naked Attraction | |
| 107 SKY WITNESS | 7.00 Ghost Whisperer | | | | 9.00 The Rookie | | 10.00 Criminal Minds | |
| 108 SKY ATLANTIC | 7.00 Blue Bloods | | | | 9.00 Game of Thrones | | | |
| 110 GOLD | | 7.05 The Vicar of Dibley | | | 9.00 The Royle Family | | | 10.15 Absolutely Fabulous |
| 111 DAVE | 7.00 Border Force: America's Gatekeepers | | | | 9.00 Have I Got a Bit More News for You | | 10.00 QI | |
| 119 ITV3 | ◂ 6.00 Midsomer Murders | | 8.00 Paul O'Grady's Animal Orphans | | 9.00 Joanna Lumley's Trans-Siberian... | | 10.00 Agatha Christie's Poirot | |
| 120 ITV4 | 7.00 Darts: UK Open – Live: Coverage of day three at the Butlin's Minehead Resort | | | | | | | |
| 112 COMEDY CENTRAL | 7.00 Friends | | 8.00 Film: Ace Ventura Pet Detective | | | | 10.00 Film: Mean Machine | |
| 114 SYFY | 7.00 Hooten & the Lady | | | | 9.00 Film: Armed Response | | | |
| 109 W | 7.00 Never Seen a Doctor | | | | 9.00 Stacey Dooley Sleeps Over | | 10.00 Stacey Dooley in the USA | |
| 113 SKY COMEDY | 7.00 Parks and Recreation | | | 8.30 A.P. Bio | 9.00 Saturday Night Live | | | 10.30 My Favourite... |
| 124 FOX | 7.00 NCIS | | | | 9.00 War of the Worlds | | | |
| 122 SKY ARTS | 7.00 Margaret Atwood: A Word After a Word After a Word Is Power | | | | 9.00 What Was Virginia Woolf Afraid Of? | | 10.00 Suzi Q | |
| **DOCUMENTARY** | | | | | | | | |
| 125 DISCOVERY | 7.00 River of No Return | | 8.00 Richard Hammond's Big | | 9.00 Lost Secrets | | 10.00 Mummies Unwrapped | |
| 162 ANIMAL PLANET | 7.00 Alaska: The Last Frontier | | 8.00 The Last Alaskans | | 9.00 Amanda to the Rescue | | 10.00 Fear Island: Fortress of the Bears | |
| 129 NAT GEO | 7.00 Running Wild with Bear Grylls | | 8.00 Air Crash Investigation | | 9.00 Car S.O.S. | | | |
| 130 HISTORY | 7.00 Digging for Britain | | 8.00 The Curse of Oak Island | | 9.00 The Food That Built America | | | |
| 155 YESTERDAY | 7.00 Murder Maps | | 8.00 'Allo 'Allo! | | | | 10.00 Bangers and Cash | |
| 166 EDEN | 7.00 Animal Super Parents | | | | 9.00 Spying on Animals | | 10.00 India's New Worlds | |
| **FILMS - Sky Cinema** | | | | | | | | |
| 301 PREMIERE | ◂ 5.45 Godzilla: King of the Monsters | | 8.00 Brightburn | | | 9.45 This Changes Everything | | |
| 303 HITS | ◂ 5.40 Men in... | 7.25 Men in Black II | | | 9.00 Men in Black 3 | | | |
| 304 GREATS | ◂ 6.30 The Shawshank Redemption | | | | 9.00 Argo | | | |
| 305 DISNEY | 7.00 Toy Story 4 | | | 8.45 Cars | | | | |
| 306 KIDS BOOKS | ◂ 5.30 Harry Potter and the Deathly... | | 8.00 Harry Potter and the Deathly Hallows: Part II | | | | | 10.15 Gulliver's Travels |
| 311 ACTION | ◂ 6.15 Gladiator | | | | 9.00 300 | | | |
| 308 COMEDY | ◂ 6.10 Bridget Jones's Diary | | 8.00 Bridget Jones: The Edge of Reason | | | | 10.00 Little | |
| 309 THRILLER | | 7.05 The Hand That Rocks the Cradle | | | 9.00 Ocean's Eight | | | |
| 310 WOMEN IN FILM | ◂ 6.00 Life of the Party | | 8.00 Crazy Rich Asians | | | | | 10.10 Nobody's Fool |
| 307 MONSTERS | ◂ 6.15 The Scorpion King | | 8.00 The Mummy | | | | | 10.15 The Mummy Returns |
| 302 SUPERHERO | ◂ 5.00 Man of... | 7.25 Batman v Superman: Dawn of Justice | | | | | 10.00 Ant-Man and the Wasp | |
| 313 FILM4 | ◂ 6.50 Suffragette | | | | 9.00 Ghostbusters | | | |
| 315 TCM MOVIES | ◂ 6.50 Escape from Fort Bravo | | | | 9.00 Westworld | | | |
| **SPORT** | | | | | | | | |
| 401 MAIN EVENT | ◂ 4.00 Super Sunday... | 7.30 PGA Tour Golf – Live: The fourth day of the Arnold Palmer Invitational at Bay Hill Club and Lodge in Florida | | | | | 10.00 NBA – Live | |
| 402 PREMIER LEAGUE | ◂ 4.00 Super Sunday... | 7.30 The Tyler... | 8.00 Gary Neville's... | 8.30 Goals on Sunday | | | 10.00 Premier League Highlights | |
| 403 FOOTBALL | 7.00 EFL Championship Highlights | | 8.00 EFL Goals... | 8.30 EFL... | 9.00 EFL Highlights | 9.30 EFL Championship Highlights | | |
| 404 CRICKET | 7.00 One-Day International Cricket | | 8.00 Women's ICC World T20 Cricket | | 9.00 One-Day International Cricket | | 10.00 Women's ICC World T20 Cricket | |
| 413 BT SPORT 1 | 7.00 UEFA Champions League... | 7.45 Ligue 1 – Live: Lille v Lyon: From Stade Pierre-Mauroy (Kick-off 8.00) | | | | | 10.00 Vanarama... | 10.30 Bundesliga |
| 414 BT SPORT 2 | ◂ 5.30 NHL – Live | | 8.00 Hyundai A-League | | 9.00 WWE SmackDown Highlights | | 10.00 WWE NXT | |

◂ Denotes programmes starting before 7.00pm  † Regions vary

# SUNDAY

SAVE UP TO 36%
SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Subscribe online www.tvandsatsubs.com/61AU
OR CALL 0330 3331 113 and quote code 61AU
*Your payments will then continue at £19.99 payable every three months, saving 36%



## BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

**6.00** AM **Breakfast** (S)
**7.30** **Match of the Day** (S)(R)
**9.00** **The Andrew Marr Show** (S)
**10.00** **Politics England** (S)
**10.30** **The Big Questions** (S)
**11.30** **Bargain Hunt** (S)(R)(AD)
**12.15** PM **Ready Steady Cook** (S)(R)
**1.00** **BBC News** (S)
**1.15** **Songs of Praise** New edition Author Michelle Sloan celebrates the Bible's women. (S)
**1.55** **Rugby Union: Six Nations Build-Up** A look ahead to Scotland v France at Murrayfield. (S)
**2.30** LIVE **Six Nations Rugby Union** Scotland v France: Coverage of both teams' penultimate match of the championship, held at Murrayfield. Kick-off is at 3.00. (S)
**5.30** **Blue Planet II** Wildlife inhabiting underwater kelp forests. (S)(R)(AD)

9.00 Last Tango in Halifax

**6 PM**
**6.30** **BBC News** (S)
**6.50** **Local News** (S)

**7 PM**
**7.00** **Countryfile** New edition The team mark International Women's Day on the Holnicote Estate, Somerset, while Hannah Jackson looks at whether times have changed for women in farming. (S)

**8 PM**
**8.00** **Antiques Roadshow** New edition Fiona Bruce presents from Salisbury Cathedral, where the experts assess letters from Enid Blyton and an item of Queen Victoria's underwear. (S)

**9 PM**
**9.00** **Last Tango in Halifax** New episode 3/4. Gillian is pushed to her wits' end by the return of PC Cheryl, a hungover Judith has an epiphany, and the truth about Ted's trip comes to light. (S5) (S)(AD)

**10 PM**
**10.00** **BBC News** (S)
**10.20** **Local News** (S)
**10.30** **Match of the Day 2** Today's Premier League action, including Manchester United v Manchester City. (S)
**11.30** NEW TO BBC1 **Shane Williams: Rugby, Concussion and Me** Shane Williams heads on a journey to understand how the world of rugby, from grass roots to the highest level, is working to reduce concussions in the modern-day game. *Previously shown on BBC1 Wales.* (S)(AD)
**12.30** AM **Weather for the Week Ahead** Seven-day forecast. (S)
**12.35** **to 6.00** AM **BBC News** (S)

## BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

**6.45** AM **The Instant Gardener** (S)(R)
**7.30** **The A to Z of the RHS Chelsea Flower Show** (S)(R)
**8.30** **Countryfile** (S)(R)
**9.30** **Beechgrove Repotted** New edition Allotment initiatives. (S)
**10.00** **Saturday Kitchen Best Bites** New edition Series highlights. (S)
**11.30** **Natural World: Komodo – Secrets of the Dragon** (S)(R)
**12.30** PM **Triathlon: World Series: Abu Dhabi** From Yas Island. (S)
**2.00** **Fast, Fresh and Easy Food** (S)(R)
**2.30** **The Hairy Bikers' Comfort Food** Produce from Cumbria. (S)(R)(AD)
**3.15** FILM **633 Squadron** Adventure. (S) (1964, PG, 95min) ★★★
**4.50** **Back in Time for the Corner Shop** The 1920s, 1930s and 1940s. (S)(R)
**5.50** **Greg James' Sport Relief Heroes** Stars of the charity event. (S)(R)

6.50 Top Gear Nepal Special

**6 PM**
**6.50** **Top Gear Nepal Special** Paddy McGuinness, Andrew Flintoff and Chris Harris travel from Kathmandu, capital of Nepal, to the Forbidden City of Lo Manthang, a secretive kingdom perched high on the Tibetan plateau. (S)(R)

**8 PM**
**8.00** NEW SERIES **Race Across the World** 1/8. Five pairs of competitors journey around the globe, with only limited cash and no use of modern technology. *See feature, page 20.* (S)(AD)

**9 PM**
**9.00** SERIES RESUMES **Dragons' Den** 9/14. A new batch of hopefuls strive to seal a deal, including a beauty entrepreneur and two low-alcohol brewers. (S)(AD)
■ Repeated on Wednesday

**10 PM**
**10.00** **Dara O Briain – Voice of Reason** The comedian's 2019 stand-up show at London's Eventim Apollo, in which he addresses the problem of having too much technology at home. (S)(R)
**11.00** **The Ranganation** (S)(R)
**11.50** **Women's Six Nations Highlights** The fourth round of fixtures. (S)
**12.20** AM FILM **Up There** Fantasy comedy starring Burn Gorman. (S) (2012, 15, 75min) ★★★★
**1.35** FILM **Valhalla Rising** Adventure. (S) (2009, 15, 85min) ★★★
**3.00** **Sign Zone: Question Time** (S)(R)
**4.00** **Sign Zone: Fraud Squad: The Hunt** A tax fraudster. (S)(R)(AD)
**4.45** **to 6.00** AM **Previews** (S)

## ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

**6.00** AM **CITV**
**7.30** **Scrambled!** (S)
**9.25** **ITV News** (S)
**9.30** **Ainsley's Caribbean Kitchen** (S)(R)
**10.30** **Living on the Veg** New edition Pastaball marinara, banana French toast and crispy chilli tofu. (S)
**11.30** **Love Your Garden** (S)(R)(AD)
**12.30** PM **St Davids – Britain's Smallest City** 1/6. (S)(R)(AD)
**1.00** **ITV News** (S)
**1.10** **The Voice UK** The third and final Battle Round. (S)(R)
**2.30** **Ant & Dec's Saturday Night Takeaway** 3/7. Jax Jones and Ella Henderson perform live. (S)(R)
**4.00** FILM **Liar Liar** Comedy starring Jim Carrey and Maura Tierney. (S) (AD) (1997, 12, 95min) ★★★★
**5.35** **ITV News** (S)
**5.50** **Local News** (S)

8.00 McDonald & Dodds

**6 PM**
**6.00** **Dancing on Ice** Series finale Phillip Schofield and Holly Willoughby host the grand final of the ice-skating challenge. Three celebrities and their professional partners remain in the contest, and each pair are challenged to perform a showcase routine choreographed by Christopher Dean and Jayne Torvill. After that, one pair is eliminated, with the other two going on to the final round – performing their own take on Torvill and Dean's *Bolero*. (S)

**8 PM**
**8.00** **McDonald & Dodds** Series finale 2/2. The chalk-and-cheese detective duo are called to a private clinic where a wealthy patient has been killed. However, their investigation is made all the more difficult by the complex relationships of the victim's former fellow residents. Stars Jason Watkins and Tala Gouveia. (S)(AD)

**10 PM**
**10.00** **ITV News** (S)
**10.15** **Harry Redknapp's Sandbanks Summer** 3/4. With Nick Knowles. (S)(R)
**10.40** **The Trouble with Maggie Cole** 1/6. Drama starring Dawn French. (S1) (S)(R)(AD)
**11.35** **Six Nations Highlights** Jill Douglas presents action from the fourth round of fixtures, including England v Wales at Twickenham. (S)
**12.30** AM **Ideal World**
**3.00** **Australian Wilderness with Ray Mears** 3/7. The survivalist visits Nitmiluk National Park. (S)(SL)(R)
**3.25** **Nightscreen**
**5.05** **to 6.00** AM **Judge Rinder** More real-life cases. (S)(SL)(R)

+1 hour 203 | 114 | 33 | 112

## CHANNEL 4

104 104/138 804 | 104 104/141 | 4 104 | 104

**6.00** AM **The King of Queens** (S)(R)
**6.50** **Everybody Loves Raymond** (S)(R)
**7.40** **The Big Bang Theory** (S)(R)(AD)
**8.25** **Beat the Chef** (S)(R)
**9.30** **Sunday Brunch** New edition With guests Mark Stanley, Jon Richardson, Lucy Beaumont, Jack Rowan and Cathy Newman. Plus, music from Jessie Ware. (S)
**12.30** PM **The Simpsons** (S)(R)(AD)
**1.30** FILM **Rio 2** Animated comedy sequel with the voices of Jesse Eisenberg and Anne Hathaway. (S)(AD) (2014, U, 115min) ★★★
**3.25** **The Great Pottery Throw Down** New edition 9/10. The four remaining amateur potters take part in the semi-final. (S)(AD)
**4.30** **Crufts – Best in Show** New edition Clare Balding presents from the NEC in Birmingham. (S)

9.00 Homeland

**6 PM**
**6.30** **News** (S)

**7 PM**
**7.00** **Crufts – Best in Show** Series finale Clare Balding presents further coverage from the NEC in Birmingham, with one lucky dog being crowned Best in Show. Plus, DJ Roman Kemp reveals how his chihuahua has helped his mental health, and singer Russell Watson talks about his love of dogs. (S)

**9 PM**
**9.00** **Homeland** New episode *Chalk One Up:* 4/12. Carrie gets a surprise, while Saul plans an announcement. (S8) (S)(AD)

**10 PM**
**10.05** **Gogglebox** Capturing the households' instant critical reactions to what they are watching on TV from the comfort of their own sofas. (S)(R)(AD)
**11.00** FILM **Sisters** Comedy starring Amy Poehler and Tina Fey. (S) (AD) (2015, 15, 135min) ★★★
**1.15** AM FILM **Top Secret!** Spy spoof. (S) (1984, 15, 90min) ★★
**2.45** **Come Dine with Me** (S)(R)
**3.35** **Homes by the Med** (S)(R)(AD)
**4.30** **Location, Location, Location** From the Thames Valley. (S)(R)
**5.20** **Cooking Up a Fortune** (S)(R)
**5.50** **to 6.30** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 15 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

## CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

**6.00** AM **Milkshake!**
**9.55** **SpongeBob SquarePants** (S)
**10.10** **The Loud House** (S)(R)
**10.25** **Britain's Greatest Bridges** The Clifton Suspension Bridge. (R)
**10.40** **WWE Raw Highlights** (S)
**11.40** **Friends** 22/25. (S3) (S)(R)
**12.10** PM **Friends** (S3&4) (S)(R)
**2.15** **Nightmare Tenants, Slum Landlords** A couple seek help when their tenants invite their abusive friends to squat. (S)(R)
**3.10** Eviction lawyer Chris has a complex case on his hands involving squatters. (S)(R)
**4.10** Harrow Council carry out early morning raids on several dangerous properties. (S)(R)
**5.10** A mum is locked out of her home by a couple she allowed to stay there. (S)(R)

8.00 The Nightmare Neighbour...

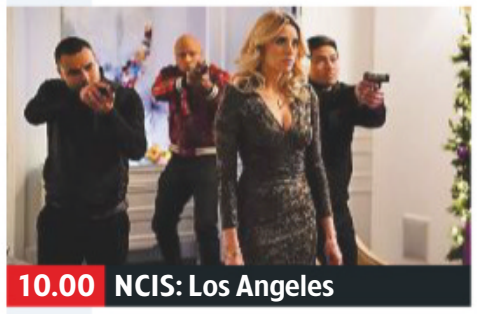
**6.05** **News** (S)
**6.10** **Building the Billion Dollar Cruise Ship** Following engineers and designers as they race to construct the *Seven Seas Explorer*. Their aim is to make it the most luxurious ship of its type, designed to convey 750 passengers when others of its size would hold 5,000. (S)(R)
**8.00** NEW SERIES **The Nightmare Neighbour Next Door** 1/10. Disputes between neighbours, beginning with Anton and Rita who clashed with local actor Sharon. (S)
**9.00** **Rich Holiday, Poor Holiday** New edition 3/4. Wealthy friends from Guildford take on a budget Benidorm break, while party lovers from London enjoy a five-star hotel on the island of St Lucia. (S)
**10.00** **Secrets of First Class with Sally & Nigel** Nigel Havers and Sally Lindsay explore different standards of plane travel, both as passengers and cabin crew. (S)(R)
**11.05** **Shameful! Most Shocking Celebrity Moments** Collection of clips narrated by comedian Chris Ramsey. (S)(R)
**1.00** AM **21.co.uk Live Casino Show**
**3.10** **Our Dream Hotel** (S)(R)
**4.00** **Eamonn and Ruth: Blowing a Fortune** (S)(R)
**4.45** **House Doctor** (S)(SL)(R)
**5.10** **Nick's Quest** (S)(SL)(R)
**5.35** **to 6.00** AM **Wildlife SOS** (SL)(R)

+1 hour 205 | 155 | 44 | 128

## SKY ONE

106 106 806 | 110 109

**6.00** AM **Hour of Power** (R)
**7.00** **Monkey Life** (S)(R)(AD)
**8.00** **Modern Family** (S10) (S)(R)
**12.00** NOON **Magnum P.I.** (S2) (S)(R)
**1.00** PM **NCIS: Los Angeles** Triple bill of episodes, including at: **3.00** 17/24. A video of the murder of an undercover agent is posted online. (S5) (S)(R)
**4.00** **The Simpsons** *Fat Man and Little Boy:* Bart creates a range of novelty T-shirts. (S)(R) **4.30** *Midnight Rx:* Homer tries to smuggle medication into the country from Canada. (S)(R) **5.00** *Mommie Beerest:* Moe's bar is threatened with closure. (S)(R) **5.30** *Homer and Ned's Hail Mary Pass:* Homer is chosen to choreograph the Super Bowl half-time show. (S)(R)


10.00 NCIS: Los Angeles

**6.00** **The Simpsons** *Pranksta Rap:* Bart fakes his own kidnapping. (S)(R) **6.30** *There's Something About Marrying:* Mayor Quimby legalises same-sex marriage in Springfield. (S)(R)
**7.00** **The Simpsons** *On a Clear Day I Can't See My Sister:* Lisa takes out a restraining order. (S)(R) **7.30** *Todd, Todd, Why Hast Thou Forsaken Me?* Todd stops believing in God. (R)
**8.00** **Magnum P.I.** New episode *Day I Met the Devil:* Magnum gets called up from the reserves for a top-secret mission, but everyone is stunned when all is not as it seems. (S2) (S)
**9.00** **Hawaii Five-0** New episode *Ka I Ka 'Ino, No Ka 'Ino:* A helicopter tragedy leads the team to a ghost from McGarrett's past, and Adam's ordeal leads him to a bold decision. (S10) (S)
**10.00** **NCIS: Los Angeles** New episode *Answers:* 11/24. Callen and Sam contemplate their future, as the team investigate the theft of a dangerous computer virus. (S11)
**11.00** **SEAL Team** 9/22. The unit protect aid convoys in an Ebola hot zone. (S3) (R)
**12.00** M'T **S.W.A.T.** 11/23. The team receive a manifesto from someone planning a shooting at a school. (S2) (S)(R)(AD)
**1.00** AM **The Force: Manchester** (R)
**2.00** **Caught on Dashcam** (S)(R)
**4.00** **to 6.00** AM **Air Ambulance ER** (S)(R)

+1 hour 206

## LOCAL VARIATIONS

### BBC1

**SCOTLAND**
Sky **951**, Virgin **862**, Freesat **960**
**10.00-10.30am** Politics Scotland **11.30pm** Sportscene **12.45am** Shane Williams: Rugby, Concussion and Me **1.45** Weather for the Week Ahead **1.50-6.00am** BBC News

**N. IRELAND**
Sky **953**, Virgin **863**, Freesat **957**
No variations

**WALES**
Sky **952**, Virgin **864**, Freesat **964**
**10.00-10.30am** Politics Wales **11.30** Bargain Hunt **12.30-1.00pm** Weatherman Walking: The Welsh Coast **5.30-6.30** Shane Williams: Rugby, Concussion and Me **11.30** Mrs Brown's Boys **12.00m't-12.30am** Live at the Apollo

### BBC2

**N. IRELAND**
Sky **972**, Freesat **969**
**10.00pm** The Jimmy Kennedy Songbook **11.00** Soft Border Patrol **11.30** Sunday Politics Northern Ireland **12.00m't** Dara O Briain – Voice of Reason **1.00am** Women's Six Nations Highlights **1.30-1.35am** Wild on Water – Killard Nature Reserve

**WALES**
Sky **971**, Freesat **971**
**2.00pm** The £100K House: Tricks of the Trade **3.00** FILM 633 Squadron (1964, PG, 95min) ★★★ **4.35** Blue Planet II **5.35** Greg James' Sport Relief Heroes **6.35** Scrum V Six Nations Special **7.35** Top Gear Nepal Special **8.50** Race Across the World **9.50** Dragons' Den **10.50** The Ranganation **11.35-11.50pm** Coast

### ITV

As main ITV except:
**WALES**
**12.30-1.00pm** Newsweek Wales New edition

### S4C

Sky **134**, Virgin **166**, Freesat **120**
**6.00am** Cyw **8.50** Penblwyddi Cyw **8.55** Pen-Blwydd Pwy? **9.00** Clwb Rygbi Rhyngwladol **10.45** Mamwlad **11.15** Byd Pws **12.00noon** Yr Wythnos **12.30pm** Dan Do **1.00** Dechrau Canu Dechrau Canmol **1.30** Dudley ar Daith **2.30** Cwpwrdd Dillad **3.30** Codi Pac **4.00** Codi Pac **4.30** Ffermio **5.00** Camu O'r Cysgodion: Louise Weiss **5.25** Pobol y Cwm Omnibws **7.15** Newyddion a Chwaraeon **7.30** Dechrau Canu Dechrau Canmol **8.00** Priodas Pum Mil **9.00** Bang **10.00** Ein Byd **10.30-11.35pm** Ysgol Ni: Maesincla

## BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

**7.00** PM LIVE **Football: SheBelieves Cup** Japan Women v England Women: Eilidh Barbour presents the action from Red Bull Arena in Harrison, New Jersey. Kick-off is at 7.15.
**9.30** **Maiden: War on the Waves – Storyville** Documentary telling the story of how 24-year-old Tracy Edwards became the skipper of the first all-female crew to enter the Whitbread Round the World Race in 1989.
**11.00** **What Do Artists Do All Day?** A special edition follows the daily life of the children's book illustrator.
**11.30** NEW **6 Music Festival Celebrates International Women's Day**
**12.15** AM **Unsung Heroines: The Lost World of Female Composers**
**1.15** **Darcey Bussell: Looking for Margot**
**2.15** **to 3.15** AM **Kiri Te Kanawa at the BBC**

## MORE4

136 136 830 | 147 195 | 18 | 124

**8.55** AM **Car S.O.S**
**11.00** **Come Dine with Me**
**12.10** PM **Come Dine with Me**
**1.40** **Four in a Bed**
**4.20** **Come Dine with Me** The first of the week's dinner parties in Northamptonshire. **4.50** A traditional dinner party in Northamptonshire. **5.25** Classic fish and chips. **5.55** A few surprising guests are invited on day four.
**6.25** **Come Dine with Me** A menu that includes gammon cooked in two litres of cola.
**7.00** **The Great Pottery Throw Down** 9/10. The four remaining amateur potters take part in the semi-final.
**8.00** **Emergency Helicopter Medics** A man requires urgent medical care after falling from his motorbike.
**9.00** **999: On the Front Line** New edition Paramedics are called out in the early hours of the morning to a 60-year-old patient with severe chest pains.
**10.00** **24 Hours in A&E** An 85-year-old arrives on the ward after falling at home.
**11.05** **999: What's Your Emergency?** A mother is assaulted by her son.
**12.10** AM **999: On the Front Line** As 9.00pm.
**1.15** **24 Hours in A&E**
**2.20** **Ramsay's Kitchen Nightmares USA**
**3.20** **to 3.45** AM **Father Ted**

+1 hour 236 | 196 | 86 | 125

## ITV2

118 118 816 | 115 176 | 6 | 113

**7.00** AM **Totally Bonkers Guinness World Records**
**7.10** **You've Been Framed!**
**7.40** **Ellen DeGeneres Show**
**9.10** **Dress to Impress**
**12.15** PM **Celebrity Catchphrase**
**1.20** **You've Been Framed! Gold: Yearbook**
**2.20** FILM **Step Up 3** Musical sequel with Rick Malambri. (2010, 12, 102min) ★
**4.35** FILM **Minions** Animated comedy featuring the voice of Sandra Bullock. (2015, U, 91min) ★★★★
**6.25** FILM **Jurassic Park** Thriller starring Sam Neill. A billionaire creates an island leisure park populated by genetically engineered dinosaurs. (1993, PG, 127min) ★★★★★
**9.00** **Ibiza Weekender** New edition The lives of reps on the holiday island.
**10.00** **Family Guy** *Leggo My Meg-O:* 20/23. Meg travels to Europe. (S10) **10.30** *Friends Without Benefits:* 7/22. Meg becomes infatuated with a boy. (S11) **10.55** *Tea Peter:* 21/23. Peter's business is shut down by City Hall. (S10)
**11.25** **American Dad!**
**12.25** AM **The Cleveland Show**
**12.50** **The Stand Up Sketch Show** With Sarah Keyworth.
**1.25** **Timewasters**
**2.25** **to 3.15** AM **Don't Hate the Playaz**

+1 hour 218 | 116 | 27 | 114

## E4

135 135 829 | 106 145 | 13 | 122

**6.00** AM **Hollyoaks**
**8.30** **Man with a Plan**
**11.00** **The Goldbergs**
**11.30** **Schooled**
**12.00** NOON FILM **Diary of a Wimpy Kid: Dog Days** Family comedy sequel. (2012, U, 90min) ★★★
**1.55** PM **Young Sheldon**
**2.50** **Brooklyn Nine-Nine**
**3.50** **The Big Bang Theory**
**5.40** **Zoey's Extraordinary Playlist** 1/12. A woman hears the desires of the people around her. (S1)
**6.45** FILM **27 Dresses** Romantic comedy starring Katherine Heigl and James Marsden. A hopelessly romantic serial bridesmaid meets her match in a cynical journalist. With Malin Akerman and Edward Burns. (2008, 12, 106min) ★★★
**9.00** **Celebs Go Dating** New edition 11/20. Charlotte Dawson is back at the agency, and this time is in need of couples counselling.
**10.00** **Naked Attraction** Sixty-year-old entertainer Glyn hopes to find a partner with whom he can dance off into the sunset.
**11.05** **Star Trek: Discovery** New episode 13/15. (S1)
**12.10** AM **The Big Bang Theory**
**1.05** **Celebs Go Dating**
**2.10** **Naked Attraction**
**3.05** **Star Trek: Discovery**
**3.55** **to 6.00** AM **Hollyoaks**

+1 hour 235 | 146 | 28 | 123

# SUNDAY Entertainment

Sunday

## Sky Witness

107 107 807 112 111

**6.00** AM **Nothing to Declare**
**9.00** **Sun, Sea and A&E** A terrorist attack leaves British tourists in hospital in Majorca. **10.00** Swine flu puts Majorca on red alert. **11.00** An unconscious boy is pulled from a pool.
**12.00** NOON **Stop, Search, Seize**
**1.00** PM **UK Border Force** A student is prevented from entering the UK.
**2.00** **Border Security: Australia's Front Line** Ten editions of the documentary series.

7.00 Ghost Whisperer

**7 PM**

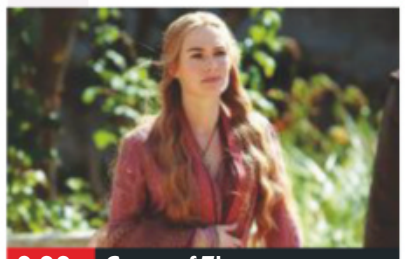
**7.00** **Ghost Whisperer** *The Underneath:* 1/18. Melinda tries to find out more information about her absent father.
**8.00** **Ghost Whisperer** *Don't Try This at Home:* 2/18. A college girl who died returns to haunt her friends. (S3)
**9.00** **The Rookie** *Clean Cut:* 8/20. Officer Nolan babysits a crime scene, and two of the rookies receive awards. (S2)
**10 PM**
**10.00** **Criminal Minds** *Saturday:* 4/10. Garcia leads a hacking competition, and Dr Reid meets a woman named Maxine. (S15)
**11.00** **Blue Bloods** (S10)
**12.00** M'T **Law & Order: Special Victims Unit** 22/24. (S15)
**1.00** AM **Law & Order: Special Victims Unit** 23/24. (S15)
**2.00** **Ghost Whisperer** (S3)
**4.00** **to 6.00** AM **Nothing to Declare**

+1 hour 207 180

## Sky Atlantic

108 108 808

**6.00** AM **Richard E Grant's Hotel Secrets** Double bill.
**8.00** **The British**
**9.00** **Without a Trace** (S3)
**12.00** NOON **Without a Trace** (S3)
**1.00** PM **Without a Trace** 21–23/23. Triple bill. (S3)
**4.00** **Blue Bloods** 6/22. An incident at a church tests Frank's diplomatic skills. **5.00** 7/22. Jackie goes undercover as an escort. **6.00** 8/22. Henry suffers a heart attack during Thanksgiving. (S2)


9.00 Game of Thrones

**7.00** **Blue Bloods** *Moonlighting:* 9/22. A convicted contract killer strikes a deal with Danny.
**8.00** **Blue Bloods** *Whistle Blower:* 10/22. Erin enlists Danny and Jackie's help to find the killer of one of her informants. (S2)
**9.00** **Game of Thrones** *You Win or You Die:* 7/10. House Lannister prepares for conflict, and Ned confronts Cersei about Jon Arryn's death. **10.15** *The Pointy End:* 8/10. Battle commences as the Lannisters launch their bid for power. (S1)
**11.30** **The Outsider** 9/10. (S1)
**12.35** AM **Oz** 15/16. (S4)
**1.50** **Dolittle: Special**
**2.00** **The Outsider** Series finale *Must/Can't:* 10/10. (S1)
**3.05** **The End** 4/10. (S1)
**3.40** **Californication** 5/12. (S2)
**4.15** **to 6.00** AM **The British**

+1 hour 208

## GOLD

110 110 810 124 310 392

**7.45** AM **The Two Ronnies**
**8.40** **Only Fools and Horses**
**10.25** FILM **Annie** Film version of the hit Broadway musical, starring Albert Finney. (1982, U, 128min) ★★
**1.00** PM **The Vicar of Dibley** Nine episodes, including at: **5.00** The sleepy English villagers of Dibley discover their new vicar is a woman. **5.40** The *Songs of Praise* crew visit the village. **6.20** Featuring a guest appearance by Kylie Minogue.

9.00 The Royle Family

**7.05** **The Vicar of Dibley** Geraldine tries her hand at fundraising. **7.45** Local election fever hits the village and Geraldine finds she is a popular candidate. **8.20** Geraldine transforms the church into an ark to hold a service for the animals of the village.
**9.00** **The Royle Family** Almost seven years have passed since Baby David's christening, but Jim is still setting the world to rights from his armchair.
**10.15** **Absolutely Fabulous** First-ever episode. **10.55** Guest stars Alexandra Bastedo.
**11.35** **300 Years of French & Saunders** The 30th anniversary of the sketch show.
**12.35** AM **Smack the Pony**
**2.10** **300 Years of French & Saunders** As 11.35pm.
**3.05** **to 4.00** AM **Absolutely Fabulous**

+1 hour 210 194

## ITV3

119 119 817 117 177 10 115

**6.00** AM **That's My Boy**
**7.00** **Coronation Street**
**9.55** **Emmerdale**
**12.55** PM **Midsomer Murders** Double bill of episodes.
**4.55** **Agatha Christie's Poirot** *The Incredible Theft:* An aircraft manufacturer hosts a party with the hope of trapping a spy.
**6.00** **Midsomer Murders** *Let Us Prey:* As Midsomer St Claire prepares for storms, it appears a murderer is using ancient torture methods to punish modern-day 'sinners'.

10.00 Agatha Christie's Poirot

**Midsomer Murders** (started at 6.00pm)
**8.00** **Paul O'Grady's Animal Orphans** Paul O'Grady meets an orang-utan learning to climb again after breaking its arm.
**9.00** **Joanna Lumley's Trans-Siberian Adventure** The actor visits Ulan Bator, the capital of Mongolia.
**10.00** **Agatha Christie's Poirot** *Murder on the Orient Express:* A man on board the Orient Express asks Poirot for protection.
**12.05** AM **Scott & Bailey** 1/8. The burned body of a man turns up in remote woodland. **1.05** 2/8. Rachel wakes up in bed with Sean. (S2)
**2.05** **The Halcyon** 6/8. (S1)
**2.55** **Emmerdale**
**5.15** **to 5.45** AM **That's My Boy**

+1 hour 219 174 34 116

## ITV4

120 120 818 118 178 24 117

**6.00** AM **Auto Mundial**
**6.25** **World Superbike Highlights**
**7.25** **The Motorbike Show**
**8.25** **Minder**
**9.30** **The Sweeney**
**10.35** **The Professionals**
**11.35** **Monster Carp**
**12.35** PM **Snooker v Darts**
**12.45** LIVE **Darts: UK Open** Coverage of the quarter-final matches on day three at the Butlin's Minehead Resort.
**5.00** **River Monsters**
**6.00** **Cycling: Paris-Nice Highlights**

5.00 River Monsters

**7.00** LIVE **Darts: UK Open** Jacqui Oatley presents coverage of the evening session on day three at the Butlin's Minehead Resort, as the event concludes with the semi-finals and final. With analysis from Alan Warriner-Little, Chris Mason and Mark Webster, and commentary by Stuart Pyke and John Rawling.
**11.00** **Giant Lobster Hunters** The dramas of six lobster captains.
**12.00** M'T **Fishing Impossible**
**1.00** AM **The Sweeney** An antiques shop is used as a point of access in a bank robbery, and it appears to be an inside job.
**2.05** **to 2.55** AM **Minder**

+1 hour 220 175 154

## BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

**12.30** PM **to 7.00** PM **As BBC2 except:**
**6.50** PM **Beechgrove Repotted**
**7.00** PM **The Seven**
**7.15** **Sportscene** Action from Ross County v Rangers, Celtic v St Mirren, and Aberdeen v Hibernian.
**8.30** **The Forest** The people who live and work in Galloway Forest Park.
**9.00** **Scotch! The Story of Whisky** Scotch whisky's rise from humble drink to global superpower.
**10.00** **Two Doors Down** 4/6. Colin throws a birthday party for his father. (S2)
**10.30** **Scot Squad** The cops tackle noisy neighbours and an ice-cream man serving up hard liquor.
**11.00** **A Play, a Pie and a Pint: Meat Market** Three strangers meet to negotiate a secret deal.
**11.50** PM **to 12.00** M'T **Insider's Guide**

## Sky Two

168 160

**7.00** AM **60 Minute Makeover** Triple bill.
**10.00** **My Kitchen Rules: South Africa** Double bill.
**1.00** PM **My Kitchen Rules: South Africa**
**3.00** **Stargate SG-1** (S6&7)
**6.00** **Road Wars** Double bill.
**8.00** **Chicago Med** *Guess It Doesn't Matter Anymore:* 10/22. Dr Charles tries to maintain his focus during a difficult time. (S5)
**9.00** **Chicago Fire** *Hold Our Ground:* 10/22. Brett clashes with Foster. (S8)
**10.00** **Chicago PD** *Mercy:* 10/22. The team turn their attention to an illegal arms dealer. (S7)
**11.00** **The Rookie** 8/20. (S2)
**12.00** M'T **Law & Order: Special Victims Unit**
**1.00** AM **The Good Doctor**
**2.00** **Criminal Minds** (S15)
**3.00** **Blue Bloods** (S10)
**4.00** **Duck Quacks Don't Echo** With Mel Giedroyc.
**5.00** **to 6.00** AM **Zoo Tales**

## Pick

152 165 11 144

**6.00** AM **Border Patrol**
**8.00** **UK Border Force**
**9.00** **Highway Patrol**
**10.30** **Highway Cops**
**12.00** NOON **The Dog Whisperer** Double bill.
**2.00** PM **Monkey Life**
**7.00** **Monkey Life** Kiki has a tough time when she meets the troop leader. **7.30** New Capuchin monkey Tel proves a hit with the females.
**8.00** **Nothing to Declare**
**9.00** **Britain's Most Evil Killers** Trevor Hardy.
**10.00** **How I Caught the Killer** A 20-year-old call girl who turned killer in Sacramento.
**11.00** **Murders That Shocked the Nation**
**12.00** M'T **World's Most Evil Killers** The crimes of Thierry Paulin.
**1.00** AM **Road Wars**
**4.00** **to 6.00** AM **Motorway Patrol**

+1 hour 252 92 145

## Dave

111 111 127 227 19 157 19

**7.10** AM **The Hurting**
**8.00** **Steve Austin's Broken Skull Challenge**
**9.00** **Top Gear**
**11.00** **Cops UK: Bodycam Squad** Double bill.
**1.00** PM **American Pickers**
**2.00** **Aussie Pickers**
**3.00** **American Pickers**
**4.00** **Would I Lie to You?**
**6.00** **Red Bull Soapbox Race**
**7.00** **Border Force: America's Gatekeepers** **8.00** New edition
**9.00** **Have I Got a Bit More News for You**
**10.00** **QI** With Joe Lycett, Phil Wang and Ellie Taylor.
**11.00** **The Misadventures of Romesh Ranganathan**
**12.00** M'T **Mock the Week**
**12.40** AM **Room 101**
**2.00** **Jon Richardson: Ultimate Worrier**
**2.50** **to 4.00** AM **The Misadventures of Romesh Ranganathan**

+1 hour 211 131 79

## Comedy Central

112 112 812 132 181 307 370

**8.00** AM **Friends** (S1&2)
**11.00** **Wipeout USA**
**1.00** PM FILM **Bring It On** Teen comedy. (2000, 12, 99min) ★★★★
**3.00** **Friends**
**7.00** **Friends** 21/24. Phoebe learns Gary plans to ask her to move in. (S5) **7.30** 3/24. Chandler plays racquetball with Monica's father. (S7)
**8.00** FILM **Ace Ventura Pet Detective** Comedy starring Jim Carrey and Courteney Cox. (1993, 12, 86min) ★★★★
**10.00** FILM **Mean Machine** Sports drama starring Vinnie Jones. (2001, 15, 99min) ★★
**12.00** M'T **Impractical Jokers**
**12.30** AM **Impractical Jokers**
**1.00** **Broad City**
**3.50** **Bad Robots**
**4.15** **to 5.00** AM **Impractical Jokers**

+1 hour 212 133 119

## ITV Be

131 119 179 26 118

**7.00** AM **Little Women: LA**
**7.50** **The Real Housewives of Beverly Hills**
**8.50** **Be Beautiful**
**9.00** **LittleBe**
**12.00** NOON **Be Beautiful**
**12.10** PM **Income Property**
**12.40** **The Real Housewives of New York City**
**5.15** **Bethenny & Fredrik**
**6.15** **The Bachelor** New edition Colton takes all the remaining women for dates in Portugal.
**8.00** **Sam and Billie Faiers: The Mummy Diaries**
**9.00** **Botched** Helping a patient to downsize her triple D breasts.
**10.00** **The Real Housewives of Potomac** New edition Kate has disappeared, and everyone is shocked to find out where she is.
**11.00** **The Real Housewives of Orange County**
**12.00** M'T **to 12.55** AM **Growing Up Chrisley**

+1 hour 231 120



★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

## Alibi

132 132 826 | 126 212 | 312 382

**7.40** AM **Miss Marple**
**10.00** **Death in Paradise** (S4)
**2.00** PM **The Coroner** 4/10. A man is shot dead by a sniper. **3.00** 5/10. A man dies shortly after finding some gold coins. **4.00** 6/10. A man is found dead in a container that has washed up on the beach. (S1)
**5.00** **Father Brown** *The Judgement of Man*: The priest becomes embroiled in an art heist. **6.00** *The Time Machine*: A man tries to prove a member of his family killed his father.

8.00 Father Brown

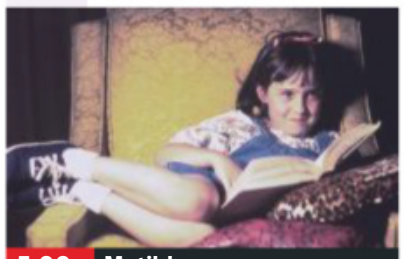
**7.00** **Father Brown** *The Standing Stones:* The priest investigates when a body is found at an ancient stone circle.
**8.00** **Father Brown** *The Paradise of Thieves:* The priest investigates when a man is found dead inside a locked bank vault.
**9.00** **Carter** *Harley Loses a Finger:* 2/10. Harley and the team face off with a hitman who has a severed finger. (S2)
**10.00** **Murdoch Mysteries** *The Final Curtain:* 8/18. Murdoch investigates the death of an actor shot on stage. (S13)
**11.00** **Frankie Drake Mysteries** 7/10. A showgirl falls from the rooftop of a club. (S3)
**12.00** M'T **The Gulf** 2/3. A man seeks Jess's help to find his missing daughter. (S1)
**2.10** AM **The Coroner** (S1)
**3.00** **to 4.00** AM **Bite Club**

+1 hour 232 191

## Syfy

114 114 814 | 138 137 | 319 375

**6.00** AM **FILM Jack the Giant Killer** Fantasy adventure. (2013, PG, 87min) ★★
**8.00** **Teleshopping**
**11.00** **Star Trek: Voyager** (S3)
**12.00** NOON **Star Trek: Voyager**
**1.00** PM **Star Trek: Voyager** 25&26/26. Double bill. (S7)
**3.00** **FILM Collision Earth** Sci-fi drama starring Eric Roberts. (2020, PG, 90min) ★
**5.00** **FILM Matilda** Roald Dahl's dark fantasy starring Danny DeVito and Rhea Perlman. (1996, PG, 98min) ★★★★


5.00 Matilda

**7.00** **Hooten & the Lady** 1/8. A adventurer teams up with a museum expert to travel the globe in search of hidden treasures.
**8.00** **Hooten & the Lady** 2/8. Alex helps Hooten search for a collection of lost prophecies from ancient Rom. (S1)
**9.00** **FILM Armed Response** Action thriller starring Wesley Snipes. A military unit find themselves trapped in a compound as strange events start to take place around them. (2017, 15, 93min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
**11.00** **FILM Bounty Killer** Thriller. (2013, 18, 91min) ★★
**1.00** AM **FILM Sinister Squad** Fantasy. (2016, 15) ★★
**3.00** **Dimension 404** (S1)
**4.00** **to 6.00** AM **FILM The Adventures of Aladdin** (2019, PG, 90min) ★★

+1 hour 214 229

## W

109 109 809 | 125 211 | 311 383

**6.10** AM **One Born Every Minute**
**11.00** **Emma Willis: Delivering Babies** Documentary.
**12.00** NOON **Emma Willis: Delivering Babies**
**1.00** PM **Emma Willis: Delivering Babies** Four editions of the documentary, including at: **3.00** Emma is on the labour ward, a consultant-led maternity unit. **4.00** Emma's time as a Maternity Care Assistant comes to an emotional end.
**5.00** **The Wedding Fixer**

9.00 Stacey Dooley Sleeps Over

**7.00** **Never Seen a Doctor** Katie Piper meets a woman who uses chewing gum to disguise her damaged front teeth.
**8.00** **Never Seen a Doctor** Twenty-one-year-old Ben tries to turn things around after years of dental neglect.
**9.00** **Stacey Dooley Sleeps Over** Stacey spends time with a Brighton couple who believe their children do not need rules.
**10.00** **Stacey Dooley in the USA** The presenter follows young Central Americans who cross illegally into the USA.
**11.00** **One Born Every Minute**
**12.00** M'T **One Born Every Minute**
**1.00** AM **Emily Atack: Adulting** The actor confronts her body-image demons.
**1.50** **Code Black** 9/13. (S3)
**2.35** **to 3.00** AM **Renovate My Home: Leave It to Bryan**

+1 hour 209 190

## Sky Comedy

113 113 813 | 122 121 | 320 385

**8.00** AM **Everybody Hates Chris**
**9.00** **The Mindy Project** (S4)
**12.00** NOON **The Mindy Project**
**12.30** PM **The Mindy Project** (S4)
**1.00** **Parks and Recreation** Twelve episodes, including at: **5.00** 16/22. Chris helps Tom with a difficult employee. **5.30** 17/22. Councilman Jamm sues Ron Swanson. **6.00** 18/22. Ann convinces Ron to go see a doctor. **6.30** 19/22. April and Ron are forced to take Chris's training course. (S5)

9.00 Saturday Night Live

**7.00** **Parks and Recreation** 20/22. Chris and Ann weigh up their options. **7.30** 21/22. Leslie and Ron compete. (S5)
**8.00** **Parks and Recreation** 22/22. Andy assumes his FBI alter ego. (S5)
**8.30** **A.P. Bio** 6/13. A group of parents complain. (S1)
**9.00** **Saturday Night Live** New edition American sketch show, taking a satirical sideswipe at cultural and political issues.
**10.30** **My Favourite Shapes by Julio Torres** The comedian examines his favourite shapes.
**11.40** **The Righteous Gemstones**
**12.25** AM **Work in Progress** (S1)
**12.55** **Curb Your Enthusiasm** (S10)
**1.40** **Ballers** 6/8. Charles faces a shock health crisis. (S5)
**2.20** **Dana Carvey: Squatting Monkeys Tell No Lies**
**3.30** **to 5.00** AM **Everybody Hates Chris**

## FOX

124 124 821 | 157 199

**8.00** AM **Bull** 22/23. (S1)
**9.00** **Bones** 3&4/21. (S2)
**11.00** **The Mentalist** 7/13. (S7)
**12.00** NOON **Bones** 5/21. (S2)
**1.00** PM **NCIS** 19&20/24. (S12)
**3.00** **Bones** 6/21. (S2)
**4.00** **The Mentalist** 8/13. The team protect a witness in a murder case. (S7)
**5.00** **Bones** 7/21. A nine-year-old beauty queen is found dead. **6.00** 8/21. Brennan and Booth travel to Nevada and become embroiled in the world of ultimate fighting. (S2)

4.00 The Mentalist

**7.00** **NCIS** *IRL:* The team investigate a petty officer's murder that was live-streamed on a popular gaming app.
**8.00** **NCIS** *The North Pole:* Gibbs and the team assist Ziva with some unfinished business before she returns to her family. (S17)
**9.00** **War of the Worlds** 1/8. Astrophysicists detect a transmission from another galaxy. Stars Gabriel Byrne and Elizabeth McGovern.
**10.00** **War of the Worlds** 2/8. After the devastating alien attack, pockets of survivors emerge into a shattered world. (S1)
**11.00** **Family Guy** (S2)
**12.00** M'T **Family Guy** (S2)
**12.30** AM **Family Guy** (S2)
**1.00** **Family Guy** (S2)
**2.00** **The Walking Dead** (S10)
**3.00** **American Dad!** (S4)
**3.30** **American Dad!** (S4)
**4.00** **to 5.00** AM **Bull**

+1 hour 224 158

Sunday

**7 PM** **8 PM** **9 PM** **10 PM**

## Sony Channel

157 189 48 142

**6.00** AM **Touched by an Angel** Triple bill.
**9.00** **Murder, She Wrote**
**1.00** PM **Murder, She Wrote** Six episodes of the drama, including at: **6.00** *The Dream Team*: The Cabot Cove residents fall victim to a callous development scheme.
**7.00** **The Persuaders!** *Greensleeves* 4/24. Brett is outraged. **8.00** *Powerswitch:* 5/24. Danny and Brett track a murderer. (S1)
**9.00** **Classic Who Wants to Be a Millionaire?**
**12.00** M'T **Celebrity Who Wants to Be a Millionaire? Couples Special** Big-prize quiz.
**1.00** AM **Starsky & Hutch**
**2.00** **T.J. Hooker** 19/22. (S2)
**3.00** **M*A*S*H** 3/25. (S8)
**3.30** **The Persuaders!**
**5.10** **to 6.00** AM **Touched by an Angel**

+1 hour 257 220 152

## Sky Arts

122 122 820 | 123 156

**6.00** AM **Discovering Dance on Film**
**7.30** **Tales of the Unexpected**
**10.00** **Discovering**
**3.00** PM **NEW Beyond the Grace Note**
**4.25** **Imelda May: Live at Baloise Session**
**6.00** **Portrait Artist of the Year 2020**
**7.00** **Margaret Atwood: A Word After a Word After a Word Is Power**
**9.00** **NEW What Was Virginia Woolf Afraid Of?** Documentary.
**10.00** **Suzi Q**
**12.00** M'T **FILM Joan Jett: Bad Reputation** Documentary. (2018, 15, 93min) ★★★
**2.00** AM **FILM Janis: Little Girl Blue** Documentary. (2015, 15) ★★★★
**4.00** **Hard Beauty: Helaine Blumenfeld**
**5.00** **to 6.00** AM **Seeing Daylight: The Photography of Dorothy Bohm**

## 4seven

137 143 203 47 110 127

**9.00** AM **Come Dine with Me**
**11.00** **A Place in the Sun**
**1.00** PM **A Place in the Sun**
**4.00** **Ramsay's Kitchen Nightmares USA** A cafe in Philadelphia. **5.00** Trobiano's in Great Neck, New York. **6.00** The chef helps the owners of Jack's Waterfront, Michigan. **7.00** A French bistro in New Jersey. **8.00** A struggling restaurant in Manhattan.
**9.00** **100 Kilo Kids: Obesity SOS** Following young patients in Britain's leading obesity clinic.
**10.00** **Prison** The emotionally charged difficulties of being a mother in prison.
**11.05** **First Dates**
**12.10** AM **Hunted**
**1.15** **The Supervet**
**2.20** **The Dog House**
**3.25** **Kirstie and Phil's Love It or List It**
**4.20** **to 4.50** AM **Four in a Bed**

## 5USA

141 141 153 21 129

**9.00** AM **Columbo: The Greenhouse Jungle**
**10.20** **Columbo Goes to College** Murder mystery.
**12.20** PM **Columbo: The Most Dangerous Match**
**1.50** **Columbo: The Conspirators** Mystery.
**3.55** **Columbo: A Deadly State of Mind**
**5.30** **Columbo: Murder in Malibu** Murder mystery.
**7.30** **Columbo: Mind Over Mayhem** Lt Columbo investigates the murder of a scientist.
**9.00** **Law & Order: Criminal Intent** *Brother's Keeper:* 15/22. The members of an evangelical church close ranks to protect their leader when his wife is found dead. (S6)
**10.00** **Law & Order: Special Victims Unit**
**1.50** AM **Law & Order: Los Angeles** 15&17/22. (S1)
**3.50** **to 4.00** AM **Access**

+1 hour 241 185 56 130

## 5STAR

128 151 30 131

**8.00** AM **3rd Rock from the Sun** 11/26. (S2)
**8.20** **Two and a Half Men**
**12.55** PM **Can't Pay? We'll Take It Away!**
**5.55** **Nightmare Tenants, Slum Landlords**
**6.55** **FILM Jumanji** Fantasy adventure starring Robin Williams. (1995, PG, 104min) ★★★★
**9.00** **FILM Hansel & Gretel: Witch Hunters** Darkly comic horror fantasy starring Jeremy Renner and Gemma Arterton. (2013, 15, 88min) ★★★
**10.45** **FILM 28 Weeks Later** Horror thriller sequel with Robert Carlyle and Rose Byrne. (2007, 18, 99min) ★★★
**12.45** AM **Young, Dumb and Banged Up in the Sun**
**1.40** **Benefits Britain: Life on the Dole**
**3.35** **to 4.00** AM **Two and a Half Men**

+1 hour 228 186 55 141

## Drama

143 130 20 158

**7.10** AM **Doctor Finlay**
**8.00** **The Bill**
**12.00** NOON **Hetty Wainthropp Investigates**
**2.00** PM **Cranford: Return to Cranford** 1/2. Miss Matty hatches a plot to help some of Cranford's younger generation. **4.00** 2/2. Matty is distressed when there is a serious falling out.
**6.00** **Miss Marple** *Murder at the Vicarage*: A colonel is found dead. **8.00** *Sleeping Murder*: A dream home turns into a nightmare.
**10.00** **The Casual Vacancy** 2/3. The 'Ghost of Barry Fairbrother' makes further accusations.
**11.20** **The Last Post** 4/6. Tilbrook and Markham visit a prisoner.
**12.20** AM **The White Princess**
**1.35** **to 4.00** AM **New Tricks**

+1 hour 243 226

# SUNDAY Entertainment & Lifestyle

## AMC

332 381

Programmes start at 5pm.

**5.00** PM **FILM The World's Fastest Indian** Road movie starring Anthony Hopkins. (2005, 12, 127min) ★★★★
**7.25** **FILM My Boss's Daughter** Comedy with Ashton Kutcher, Terence Stamp and Tara Reid. (2003, 12, 86min) ★
**9.00** **Halt and Catch Fire** *Kali:* 9/10. Cameron, Donna and Bosworth have to figure out how to keep from going bankrupt. **9.55** *Heaven Is a Place:* 10/10. Gordon aids Joe as the Clark family descend into crisis. (S2)
**10.55** **Into the Badlands** (S3)
**12.45** AM **FILM The Yards** Crime drama. (2000, 15, 116min) ★★★
**3.00** **to 5.00** AM **Halt and Catch Fire**

## CBS Drama

147 197 71 134

**7.30** AM **The Key of David**
**8.00** **Teleshopping**
**9.00** **Father Dowling Mysteries**
**1.00** PM **Father Dowling Mysteries**
**2.00** **Unsolved Mysteries**
**6.00** **Matlock** *The Fisherman*: 23/24. The attorney represents a fisherman. **7.00** *The Heiress:* 24/24. A woman finds a body, and is accused of murder. (S2) **8.00** *The Lemon:* 1/20. Ben's neighbour is accused of murder. **9.00** *The Ambassador – Part One:* 2/20. Ben has to defend the British ambassador. **10.00** *The Ambassador – Part Two:* 3/20. The British ambassador remains accused of murdering his mistress's husband. (S3)
**11.00** **CSI: Miami** (S5)
**4.00** **to 6.00** AM **Judge Judy**

## CBS Justice

148 192 39 137

**8.30** AM **Tomorrow's World**
**9.00** **Diagnosis Murder**
**11.00** **Perry Mason**
**2.15** PM **NCIS** (S7)
**7.00** **Scorpion** *Satellite of Love:* 1/25. The team are reunited when a nuclear-powered satellite is knocked out of orbit. **8.00** *Cuba Libre:* 2/25. The team travel to Cuba to track down a Serbian war criminal. (S2)
**9.00** **NCIS: Los Angeles** *Disorder:* 11/25. The agents investigate the deaths of two men killed in a shoot-out. **10.00** *Overwatch:* 12/25. The body of a murdered Muslim man goes missing from the morgue. (S2)
**11.00** **NCIS: Los Angeles** (S2)
**2.00** AM **Perry Mason**
**4.05** **The High Chaparral**
**4.55** **to 6.00** AM **Mission: Impossible**

+1 hour 69

## CBS Reality

146 148 66 135

**7.30** AM **Tomorrow's World**
**8.00** **The Key of David**
**8.30** **The Lord's Challenge**
**9.00** **Judge Judy**
**1.00** PM **Judge Judy**
**5.00** **Airline** Four editions.
**7.00** **48 Hours: Mystery** The case of Payson Canyon. **8.00** A family man is targeted by a hitman-for-hire scheme.
**9.00** **It Takes a Killer** A father and husband by day transforms into a sadomasochist at night. **9.30** A wayward ex-Marine committing petty crimes in Oregon ends up killing a woman.
**10.00** **It Takes a Killer**
**11.00** **Murderers and Their Mothers** Double bill.
**1.00** AM **It Takes a Killer**
**3.00** **I Survived**
**3.45** **Unsolved Mysteries**
**5.10** **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

## Challenge

151 164 46 146

**7.00** AM **Ninja Warrior Women Tournament**
**8.00** **Total Wipeout**
**9.00** **Catchphrase**
**1.00** PM **Catchphrase**
**2.00** **The Chase**
**3.00** **Pointless**
**5.00** **The Chase** Quiz show hosted by Bradley Walsh.
**7.00** **All Star Family Fortunes** With guests Kelvin Fletcher and Austin Healey. **7.40** With Andrew Castle and Tina Hobley. **8.20** Bobby Davro and Jo Wood compete.
**9.00** **The Chase Celebrity Special** With Nicholas Owen, Laila Rouass and Vanessa Feltz.
**10.00** **Celebrity Who Wants to Be a Millionaire?** With Ann Widdecombe and Piers Morgan.
**11.00** **Classic Who Wants to Be a Millionaire?**
**2.00** **to 6.00** AM **The Chase**

+1 hour 251 230 147

## Comedy Central Extra

127 182 308

**6.00** AM **Impractical Jokers: Inside Jokes**
**7.00** **Teleshopping**
**9.00** **The Office (US)**
**12.00** NOON **Impractical Jokers** Seven editions.
**4.00** PM **Bob's Burgers**
**6.00** **Two and a Half Men**
**8.00** **Friends** 7/24. Rachel confesses all to Ross. **8.30** 15/24. Monica falls for an old family friend. **9.00** 16/24. Joey decides to move out. **9.30** 18/24. Joey makes unfortunate comments in an interview. (S2)
**10.00** **Friends** (S2)
**12.30** AM **Jackass**
**1.30** **Jimmy Carr: Making People Laugh**
**2.30** **Mae Martin at the Soho Theatre Live**
**3.00** **Russell Howard & Mum: USA Road Trip**
**3.45** **The Mick** (S2)
**4.30** **to 6.00** AM **The Middle**

+1 hour 227

## E!

123 123 834 140 139 321 386

**7.00** AM **True Hollywood Story** As 7.00pm.
**8.00** **Keeping Up with the Kardashians**
**12.00** NOON **True Hollywood Story** Female rappers.
**1.00** PM **Keeping Up with the Kardashians**
**7.00** **True Hollywood Story** Kim Kardashian West.
**8.00** **Keeping Up with the Kardashians** Khloe's ex-husband Lamar releases a memoir.
**9.00** **Botched** New edition
**9.30** **Keeping Up with the Kardashians**
**10.00** **Very Cavallari** New edition Kristin and Jay go on a camping trip with their friends.
**11.00** **Meet the Frasers**
**12.00** M'T **Flip It Like Disick**
**1.00** AM **Botched**
**2.00** **Teleshopping**
**3.00** **Keeping Up with the Kardashians**
**4.00** **to 5.00** AM **Botched**

## Food Network

140 278 41 148

**6.00** AM **Diners, Drive-Ins and Dives** Four editions.
**8.00** **The Pioneer Woman**
**11.00** **Girl Meets Farm**
**12.00** NOON **Barefoot Contessa – Back to Basics** Triple bill.
**1.30** PM **Nigel Slater's Real Food Show**
**2.00** **Rachel Allen's Easy Meals** Four editions.
**4.00** **My Greatest Dishes**
**5.00** **Gino D'Acampo An Italian Returns to Mexico** Six editions.
**8.00** **Rick Stein's Food Heroes** The chef visits the vegetable garden at Chatsworth House and samples the culinary delights of Wales. **8.30** The celebrated chef visits Scotland.
**9.00** **Man v Food**
**12.00** M'T **Mystery Diners**
**1.00** **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240 149

## Lifetime

187 208 329 384

**7.00** AM **Judge Judy**
**1.00** PM **Little Women: Atlanta** Triple bill.
**4.00** **Judge Judy** Real-life small-claims cases.
**8.00** **Escaping Polygamy** A dangerous mission to help a woman find her daughter.
**9.00** **24 to Life** Twenty-one-year-old Evan's dark past led to a crime that destroyed his family. In his final 24 hours, he has to reconcile with the sister he devastated to reunite his broken family.
**10.00** **FILM Her Stolen Past** Thriller starring Shanice Banton. A student tries to unravel a deadly mystery after she finds a kidnapped baby's birth certificate hidden in her late mother's home. (2018, PG, 87min) ★★
**11.45** **Little Women: Atlanta**
**2.35** AM **Escaping Polygamy**
**3.30** **to 4.00** AM **Judge Judy**

## Paramount Network

150 187 150 31 132

**9.10** AM **Criminals: Caught on Camera**
**9.40** **Can't Pay? We'll Take It Away!**
**12.40** PM **Killer Weather: Nature Fights Back**
**2.40** **FILM In Old California** Western. (1942, b/w, PG, 88min) ★★
**4.30** **FILM Vengeance Valley** Western with Burt Lancaster. (1951, PG, 83min) ★★
**6.15** **FILM Silverado** Western. (1985, PG, 132min) ★★★
**9.00** **FILM Next of Kin** Crime drama with Patrick Swayze. (1989, 15, 109min) ★
**11.15** **FILM A Dangerous Man** Action thriller. (2009, 18, 94min) ★★★
**1.10** AM **Spartacus: War of the Damned**
**3.25** **The X-Files**
**5.00** **Now That's Funny!**
**5.50** **to 6.00** AM **Access**

+1 hour 250 94

## Quest

144 144 831 169 12 114 172

**6.00** AM **Deadly Dragon of Borneo: Expedition Mungo** A deadly serpent.
**7.00** **Find It, Fix It, Flog It**
**8.00** **Salvage Hunters**
**9.00** **Wheeler Dealers**
**10.00** **EFL on Quest**
**12.00** NOON **American Pickers** Five editions.
**5.00** PM **Fantomworks**
**6.00** **Wheeler Dealers**
**7.00** **Find It, Fix It, Flog It** Simon O'Brien finds a collection of replica Rolls-Royce cars.
**8.00** **Born Mucky: Life on the Farm** Following three British farmers.
**9.00** **Salvage Hunters**
**11.00** **Hunting Hitler**
**12.00** M'T **Treasure Quest: Snake Island**
**1.00** AM **Supertruckers**
**2.00** **American Chopper**
**3.00** **Fantomworks**
**5.00** **to 6.00** AM **How It's Made**

+1 hour 244 213 76 168

## Quest Red

149 170 38 169

**6.00** AM **Say Yes to the Dress**
**7.00** **Bondi Vet**
**9.00** **My 600lb Life**
**11.00** **My 600lb Life: Where Are They Now?**
**1.00** PM **Disappeared**
**2.00** **Curvy Brides Boutique**
**5.00** **Little People, Big World** Double bill.
**6.00** **My Cat from Hell**
**7.00** **Animal Cops Houston** Rescuing six horses.
**8.00** **Long Lost Family Australia** A 20-year-old woman's quest to find her older sister.
**9.00** **Faking It: Tears of a Crime** Laci Peterson.
**10.00** **My 600lb Life**
**12.00** M'T **Forensic Detectives**
**1.00** AM **Crime Stories**
**2.00** **Murder Comes to Town**
**3.00** **FBI Files**
**3.50** **Animal Cops Phoenix**
**4.40** **Bondi Vet**
**5.30** **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 78 170

## Really

142 128 17 160

**6.00** AM **Celebrity Fantasy Homes** Shane Lynch.
**7.00** **Teleshopping**
**8.00** **How to Look Good Naked** With Gok Wan.
**9.00** **DIY SOS: The Big Build**
**11.00** **Antiques Road Trip**
**1.00** PM **Antiques Road Trip**
**4.00** **Homes Under the Hammer** Four editions.
**8.00** **How to Look Good Naked** Gok Wan helps friends Ames and Helen rebuild their confidence.
**9.00** **The Bad Skin Clinic** A man complains about smelly blisters in his armpits and groin.
**10.00** **Embarrassing Bodies: Teen Special** The medics tackle teenagers' problems.
**11.00** **Destination Fear**
**12.00** M'T **Ghost Nation**
**1.00** AM **Most Haunted**
**2.00** **Teleshopping**
**4.00** **to 6.00** AM **Antiques Road Trip**

## Sky Crime

121 121 819 136 135

**6.00** AM **Motorway Patrol**
**11.00** **Highway Patrol**
**12.00** NOON **Highway Cops**
**1.00** PM **Brit Cops: Rapid Response**
**3.00** **Road Wars**
**6.00** **Snapped**
**9.00** NEW SERIES **The Disappearance of Natalee Holloway** 1/6. A father's attempt to find his daughter. **10.00** New edition 2/6. Dave and a team of investigators follow up on a new lead.
**11.00** **The Disappearance of Crystal Rogers** New edition 5/6. A new witness steps forward. **12.00** M'T Series finale
**1.00** AM **Dateline**
**2.00** **World's Most Evil Killers**
**3.00** **How I Caught the Killer**
**4.00** **Road Wars**
**5.00** **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

## Sony Crime

179 193 143

**6.00** AM **Speeders**
**7.00** **Bait Car: Atlanta**
**9.00** **Speeders**
**11.00** **Bait Car: Atlanta**
**1.00** PM **Speeders**
**7.00** **Speeders** A driver heads in the wrong direction down a one-way street. **7.30** Two lawyers cause problems for an officer. **8.00** Two pet groomers are stopped by poilce. **8.30** A maths student is pulled over by police.
**9.00** **Bait Car: Atlanta** Four editions of documentary series about car criminals.
**11.00** **Speeders** A high-speed chase in Vermont. **11.30** A drunk fan takes his partying too far.
**12.00** M'T **Bait Car: LA**
**1.00** AM **Speeders**
**3.00** **Bait Car: Atlanta**
**4.00** **Speeders**
**5.00** **to 6.00** AM **Bait Car: LA**

## 5SELECT

153 152 54 133

**9.10** AM **FILM The Divided Heart** Drama. (1954, b/w, U, 89min) ★★★
**10.55** **FILM Nicholas Nickleby** Screen version of the novel by Charles Dickens. (2002, PG, 130min) ★★★
**1.40** PM **The Hotel Inspector**
**3.40** **Chris Tarrant: Extreme Railway Journeys**
**6.35** **Chris Tarrant: Railways of the Somme**
**8.00** **Secrets of Henry VIII's Palace**
**9.00** **Henry VIII & The Seductive Queen** Katherine of Aragon and Anne Boleyn. **10.00** Events during the king's marriage to Anne Boleyn.
**11.00** **Killer Weather: Nature Fights Back**
**12.00** M'T **Weather Gone Viral**
**1.00** AM **Portillo's Hidden History of Britain**
**2.00** **to 4.00** AM **GPs: Behind Closed Doors**

## Blaze

164 216 63 162

**6.00** AM **Ancient Aliens**
**8.00** **American Pickers**
**10.00** **Auction Hunters**
**1.00** PM **Auction Hunters**
**3.00** **Storage Wars**
**7.00** **Dog The Bounty Hunter: Most Wanted** The hunt for Willie Boy continues.
**8.00** **Forged in Fire** The smiths bid to recreate a Celtic Anthropomorphic Sword to a high standard.
**9.00** **The Curse of Civil War Gold** The team unearth evidence of a tunnel.
**10.00** **Hardcore Pawn** Ashley refuses to sell jewellery. **10.30** Karen prepares to shake things up on the showroom floor. **11.00** Ashley becomes jealous of Karen. **11.30** Seth considers a mail order system.
**12.00** M'T **Texas Rising**
**1.00** AM **American Pickers**
**3.00** **Outback Truckers**
**5.00** **to 6.00** AM **American Restoration**

## TLC

133 133 827 167 323 377

**6.00** AM **Say Yes to the Dress**
**7.00** **Say Yes... Atlanta**
**10.00** **Say Yes to the Dress**
**1.00** PM **Say Yes to the Dress**
**3.00** **Say Yes... UK**
**5.00** **Mama Medium**
**6.00** **I Am Jazz** Jazz faces further complications after her cosmetic revision surgery.
**7.00** **Sister Wives** Kody admits to his friend Kyle that he is beginning to have doubts about polygamy.
**8.00** **90 Day Fiancé: Before the 90 Days** An exclusive look at the Americans hoping to find love abroad.
**11.00** **Dr Pimple Popper**
**12.00** M'T **90 Day Fiancé: Before the 90 Days**
**3.00** AM **Dr Pimple Popper**
**4.00** **Say Yes... Atlanta**
**5.00** **to 6.00** AM **Say Yes to the Dress**

+1 hour 233 172

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

## Discovery

125 125 822 250 322 376

**6.00** AM **Mighty Ships**
**12.00** NOON **Richard Hammond's Big** Six editions, including at: **3.00** PM Richard visits the Appomattox production platform in the Gulf of Mexico. **4.00** Richard visits the *Marie Maersk* container ship. **5.00** Richard ventures beneath the Alps into the world's longest underground railway connection.
**6.00** **How Do They Do It?** New editions How modern-day objects are created.

**9.00** Lost Secrets

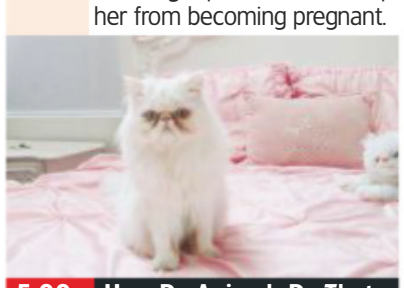
**7.00** **River of No Return** A rancher along the river is threatened by a predatory bear that is stalking the homestead.
**8.00** **Richard Hammond's Big** Richard takes a helicopter ride to the Appomattox production platform in the Gulf of Mexico.
**9.00** **Lost Secrets** New edition The impact a secret network of escaped slaves made on the US Civil War.
**10.00** **Mummies Unwrapped** A missing mummified body could re-write the history of Abraham Lincoln's assassination.
**11.00** **Gold Rush**
**12.00** M'T **Gold Rush: Dave Turin's Lost Mine**
**1.00** AM **Lost Secrets** As 9.00pm.
**2.00** **Kindig Customs**
**3.00** **River of No Return**
**3.50** **Lost Secrets** As 9.00pm.
**4.40** **Richard Hammond's Big**
**5.30** **to 6.00** AM **How It's Made**

+1 hour 225 258

## Animal Planet

162 162 836 251 325 378

**6.00** AM **My Cat from Hell**
**12.00** NOON **Crikey! It's the Irwins**
**4.00** PM **The Zoo: San Diego** The keepers wave goodbye to two elephant brothers. Plus, two African penguin chicks join the colony.
**5.00** **How Do Animals Do That** New editions How cats always land on their feet. **5.30** Exploring why cows are always chewing.
**6.00** **The Zoo** A female slow loris has weight problems that stop her from becoming pregnant.



**5.00** How Do Animals Do That

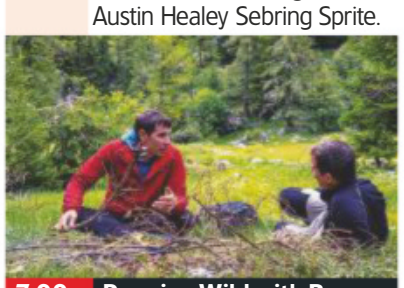
**7.00** **Alaska: The Last Frontier** Otto and Charlotte defend against the homestead's first predator attacks.
**8.00** **The Last Alaskans** While Tyler and Ashley trek 15 miles in search for food, Bob leaves home to see his daughter.
**9.00** **Amanda to the Rescue** Amanda Geise is called to save a stray golden retriever mix who was hit by a car and stranded.
**10.00** **Fear Island: Fortress of the Bears** A team venture into Alaska in search of a bear thought to be the world's largest.
**12.00** M'T **Animal Cops Detroit**
**3.50** AM **Animal Cops San Francisco** Scott rescues a dehydrated pit bull puppy left muzzled in a hot car.
**4.40** **Nature's Strangest Mysteries: Solved**
**5.10** **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

## Nat Geographic

129 129 824 266 268 317 373

**8.00** AM **Car S.O.S**
**1.00** PM **Ultimate Supercar** The development of a showcase car from Aston Martin. **2.00** The Ferrari Portofino. **3.00** Bentley seeks to reinvent its Continental GT.
**4.00** **Car S.O.S** Fuzz Townshend and Tim Shaw restore an Austin 12 for its owner. **5.00** Fuzz and Tim spruce up a 1970 Lotus Elan. **6.00** Fuzz and Tim secretly restore historic racing car, the Austin Healey Sebring Sprite.



**7.00** Running Wild with Bear...

**7.00** **Running Wild with Bear Grylls** New edition Free climber Alex Honnold joins Bear for an adventure in the Alps.
**8.00** **Air Crash Investigation** Investigating the case of a flight that disappeared from radar while headed in the direction of Angola.
**9.00** **Car S.O.S** Fuzz and Tim revisit vehicles from the first four series to see how life has changed for the owners.
**10.00** **Car S.O.S** Tim Shaw and Fuzz Townshend restore a Jaguar Mk2 that has been in its owner's family for 40 years.
**11.00** **Car S.O.S** Fuzz Townshend and Tim Shaw secretly restore a 1968 Morris Traveller. **12.00** M'T Fuzz and Tim come across an Escort RS that has seen better days. **1.00** AM Fuzz and Tim restore a valuable AC Aceca.
**2.00** **to 5.00** AM **Car S.O.S**

+1 hour 229 267

## History

130 130 825 270 327 379

**6.00** AM **Forged in Fire**
**10.00** **Game Changers: Inside the Video Game Wars**
**12.00** NOON **Epic Warrior Women**
**3.00** PM **Pawn Stars**
**4.00** **Storage Wars** The teams visit auctions in Palm Desert. **4.30** Jarrod and Brandi hope for more good luck as the buyers return to San Diego. **5.00** Mary learns a harsh lesson about Dave. **5.30** Mary is forced far out of her comfort zone in Indio.
**6.00** **Mega Mechanics**

**9.00** The Food That Built...

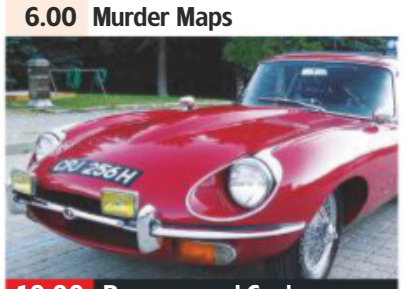
**7.00** **Digging for Britain** Digs in the east of the country, where finds include Britain's biggest Roman letter hoard.
**8.00** **The Curse of Oak Island** New evidence suggests French activity on the island decades before the Money Pit's discovery.
**9.00** **The Food That Built America** Series finale A look at how food empires helped win wars and how tycoons Harland Sanders and the McDonald Brothers paved the way for the golden age of the American Dream.
**11.00** **Kings of Pain** A bid to determine which creature has the most painful bite.
**12.00** M'T **Storage Wars**
**2.00** AM **Pawn Stars**
**3.00** **Epic Warrior Women**
**4.00** **Kings of Pain** As 11.00pm.
**5.00** **to 6.00** AM **Digging for Britain**

+1 hour 230 271

## Yesterday

155 129 25 159

**6.00** AM **Secrets of the Bible**
**7.10** **Waterloo Dead**
**8.00** **Nazi Victory: The Post-War Plan** Five editions.
**1.00** PM **Bangers and Cash** Five editions, including at: **3.00** Derek struggles to get his message across. **4.00** Dave finds a very rare 1970s Sunbeam Lotus. **5.00** A collection of British classics comes up for auction, including an Austin A35 and a Hillman Avenger Estate.
**6.00** **Murder Maps**



**10.00** Bangers and Cash

**7.00** **Murder Maps** Jack the Ripper's crimes, revealing how the story known today was shaped by the sensationalist Press.
**8.00** **'Allo 'Allo!** The Germans order Rene to arrange a meeting to sell the *Fallen Madonna* painting. **8.40** Newlyweds Fanny and Leclerc are jailed by the Germans. **9.20** Von Flockenstoffen decides to launch a raid to capture Churchill.
**10.00** **Bangers and Cash** A collection of British classics come up for auction, including a Hillman Avenger Estate.
**11.00** **Abandoned Engineering** Including an American prison for the violent and deranged with links to an infamous cult leader.
**12.00** M'T **Warbird Workshop**
**1.00** AM **Waterloo Dead**
**2.00** **to 3.00** AM **Secrets of the Bible**

+1 hour 255 200

Sunday

7 PM

8 PM

9 PM

10 PM

## Disc. History

171 257

**6.00** AM **Dirty Jobs**
**8.00** **Expedition Unknown**
**10.00** **Mysteries at the Museum** Triple bill.
**1.00** PM **Mysteries at the Museum** Double bill.
**3.00** **Dirty Jobs**
**5.00** **Expedition Unknown**
**7.00** **Wildest Indochina** A look at Vietnam and its wildlife.
**8.00** **100 Miles From Nowhere** Matt, Danny and Blake tackle Oregon's Steens Mountain, where a winter storm ups the ante.
**9.00** **Ultimate Warfare** A look at the Battle of Midway during World War Two.
**10.00** **Aircraft Stories** The masterminds behind the Soviet space programme.
**11.00** **Age of Terror**
**1.00** **to 6.00** AM **Mysteries at the Museum**

+1 hour 271 261

## Eden

166 245 247 315 389

**9.00** AM **Spying on Animals**
**10.00** **India's New Worlds**
**12.00** NOON **Animal Super Parents** Triple bill.
**3.00** PM **Spying on Animals**
**4.00** **India's New Worlds**
**6.00** **Animal Super Parents** The fascinating behaviours of the natural world's most dedicated parents. **7.00** How different types of animals rear their young. **8.00** Learning how animals living in groups divide the labour.
**9.00** **Spying on Animals** Looking at the history of camera technology in animal research.
**10.00** **India's New Worlds**
**12.00** M'T **Animal Super Parents** Six editions.
**5.30** **to 6.00** AM **David Attenborough's Natural Curiosities**

+1 hour 266 246

## WILD

165 165 839 264 265 318 374

**8.00** AM **Man v Monster**
**12.00** NOON **Beast Man**
**1.00** PM **Monster Fish**
**3.00** **Rise of Dragonzilla**
**4.00** **Rise of Snakezilla**
**5.00** **Rise of Croczilla**
**6.00** **Wild Central America** Series finale Nigel Marven explores the country of Guatemala.
**7.00** **Wild Patagonia** The adaptability of species found in the untamed wilds of Patagonia.
**8.00** **Wild Central America**
**9.00** **Planet Carnivore** South Africa's great white sharks.
**10.00** **Great White Code Red** Examining the predatory qualities of the sharks.
**11.00** **Shark Alley**
**12.00** M'T **When Sharks Attack** The deaths of three surfers.
**2.00** AM **Rise of Dragonzilla**
**3.00** **Rise of Snakezilla**
**4.00** **to 5.00** AM **Rise of Croczilla**

## History 2

163 272 330 390

**8.00** AM **Ancient Aliens**
**10.00** **Cities of the Underworld**
**1.00** PM **Cities of the Underworld**
**4.00** **Ancient Aliens** Whether aliens landed on Earth thousands of years ago. **5.00** Giant ancient drawings found etched into a desert floor. **6.00** Top-secret alien experiments taking place at multiple locations. **7.00** A mysterious culture in the ancient world in Sardinia, Italy.
**8.00** **Where Did It Come From?** New edition Egyptian masterpieces, such as the Sphinx.
**9.00** **Warrior Queen Boudica** Profile of the Iceni queen.
**11.00** **Hunting Isis**
**12.00** M'T **Ancient Aliens**
**4.00** **to 5.00** AM **Where Did It Come From?**

## PBS America

174 273 91 155

**8.00** AM **Survivor**
**9.15** **Amazon Empire: The Rise and Reign of Jeff Bezos**
**11.40** **Survivor**
**1.00** PM **World's Greatest: Animal Encounters**
**3.15** **Nuremberg – Nazis on Trial** Triple bill of the documentary.
**7.10** **Hitler on Trial: The Truth Behind the Drama** The Jewish lawyer who dared to take on Hitler.
**8.25** **Amazon Empire: The Rise and Reign of Jeff Bezos** How the Amazon founder built his empire.
**11.00** **World's Greatest: Animal Encounters** A look at marine wildlife around the world. **12.15** AM Wildlife that lives on grassland.
**1.30** **to 2.00** AM **The Aviators**

+1 hour 93

## CI

156 156 835 209 328 380

**6.00** AM **Homicide Hunter**
**8.00** **Unusual Suspects**
**10.00** **Secrets of the Morgue**
**11.00** **What The Killer Did Next** Sian Roberts.
**12.00** NOON **Snapped**
**3.00** PM **Very Scary People**
**5.00** **Evil Up Close**
**6.00** **Homicide: Hours to Kill**
**7.00** **Homicide Hunter** A divorcé initiates an armed stand-off.
**8.00** **Murdered By My Husband: The Hollie Kerrell Story** When a devoted young mother disappears, detectives turn to her husband.
**9.00** **The Jail: 60 Days In**
**10.00** **Court Cam**
**11.00** **Making a Monster**
**12.00** M'T **Britain's Darkest Taboos**
**1.00** AM **Very Scary People**
**3.00** **Unusual Suspects**
**4.00** **to 6.00** AM **Homicide Hunter**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

# SUNDAY Films

Sunday

## Sky Cinema Premiere

301 301 842 401 501

6.00 AM **Killers Anonymous** (2019)
7.45 **The 2020 Top Ten Show**
8.00 **UFO** Sci-fi. (2018, 12) ★★★
9.45 **Godzilla: King of the Monsters** As 5.45pm.
12.00 NOON **The Top Ten Show**
12.15 PM **Brightburn** As 8.00pm.
2.00 **PREMIERE This Changes Everything** As 9.45pm.
3.45 **The 2020 Top Ten Show**
4.00 **We Die Young** As 11.30pm.
5.45 **Godzilla: King of the Monsters** Sci-fi. (2019) ★★★

9.45 This Changes Everything

**8 PM**

8.00 **Brightburn** Superhero horror starring Elizabeth Banks. A couple struggling to conceive think their prayers have been answered when an extraterrestrial child crash-lands on Earth. (2019, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**9 PM**

9.45 **PREMIERE This Changes Everything** Documentary. (2018, 15, 116min) ★★★
*See review, page 22*
SEX ●●● VIOLENCE ●●● LANG ●●●

**10 PM**

**11 PM**

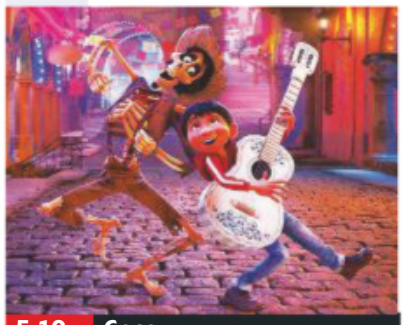
11.30 **We Die Young** Drama starring Jean-Claude Van Damme. (2019, 15, 92min) ★★
1.15 AM **The 2020 Top Ten Show**
1.30 **Hell Is Where the Home Is** Horror. (2018, 18, 88min) ★★
3.15 **The Counterfeiter** Action thriller starring Chow Yun-fat. (2018, 15, 130min) ★★★
5.30 **to 6.00** AM **Monster Family: Special**

+1 hour 312 412

## Sky Cinema Disney

305 305 846 405 505

6.05 AM **Finding Nemo** As 3.25pm.
7.50 **Coco** As 5.10pm.
9.40 **Cars** As 8.45pm.
11.40 **Incredibles 2** Animation. (2018, PG, 118min) ★★★★
1.40 PM **Toy Story 4** As 7.00pm.
3.25 **Finding Nemo** Animated comedy adventure. (2003, U, 104min) ★★★★★
5.10 **Coco** Animated fantasy. (2017, PG, 102min) ★★★★
7.00 **Toy Story 4** Animated sequel. (2019, U, 100min) ★★★★★



5.10 Coco

8.45 **Cars** Animated comedy adventure featuring the voice of Owen Wilson. A hot-shot rookie race car learns the error of his selfish ways after he ends up stranded in a sleepy town. (2006, PG, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

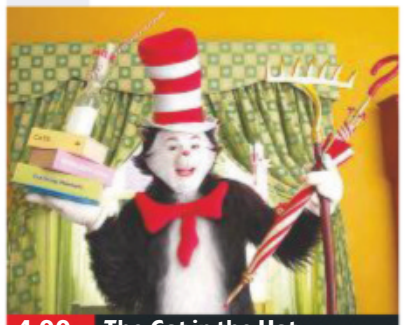
10.45 **The Lone Ranger** Western adventure comedy starring Johnny Depp, Armie Hammer and Tom Wilkinson. (2013, 12, 150min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.20 AM **Eight Below** Adventure. (2006, PG, 120min) ★★★
3.30 **The Nutcracker and the Four Realms** Adventure. (2018, PG, 99min) ★★★
5.20 **to 6.40** AM **The Return of Jafar** Animated adventure sequel. (1994, U, 66min) ★★

## Sky Cinema Kids Books

306 306 847 406 506

6.15 AM **Goosebumps 2**
7.55 **Mr Popper's Penguins**
9.40 **Harry Potter and the Deathly Hallows: Part I**
12.10 PM **Harry Potter and the Deathly Hallows: Part II**
2.30 **Gulliver's Travels** As 10.15pm.
4.00 **The Cat in the Hat** Comic fantasy as shown at 11.45pm.
5.30 **Harry Potter and the Deathly Hallows: Part I** Fantasy with Daniel Radcliffe. (2010, 12, 146min) ★★★★



4.00 The Cat in the Hat

8.00 **Harry Potter and the Deathly Hallows: Part II** Fantasy starring Daniel Radcliffe, Rupert Grint and Emma Watson. Harry, Hermione and Ron race to find the last fragments of Voldemort's soul in order to defeat him. (2011, 12, 130min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

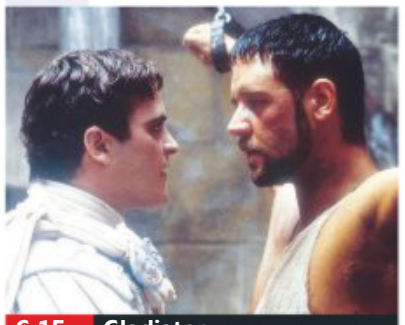
10.15 **Gulliver's Travels** Adventure comedy starring Jack Black. (2010, PG, 84min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **The Cat in the Hat** Comic fantasy starring Mike Myers. (2003, PG, 82min) ★★★
1.20 AM **Goosebumps 2** Comedy starring Madison Iseman. (2018, PG, 90min) ★★★
3.00 **Mr Popper's Penguins** Family comedy starring Jim Carrey. (2011, PG, 94min) ★★★
4.45 **to 6.25** AM **Confessions of a Teenage Drama Queen** Teen comedy with Lindsay Lohan. (2004, PG, 90min) ★★

## Sky Cinema Action

311 311 852 407 507

6.25 AM **Kingdom of Heaven** Historical drama, as 3.45pm.
9.00 **Gladiator** As 6.15pm.
11.45 **300** As 9.00pm.
1.45 PM **300: Rise of an Empire** Fantasy sequel, as 11.00pm.
3.45 **Kingdom of Heaven** Ridley Scott's epic historical drama. (2005, 15, 144min) ★★★★
6.15 **Gladiator** Director Ridley Scott's ancient Roman epic starring Russell Crowe. (2000, 15, 154min) ★★★★



6.15 Gladiator

**Gladiator** (film started at 6.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **300** Epic adventure starring Gerard Butler and Lena Headey. In 480 BC, 300 Spartans face overwhelming odds when they make a defiant stand against the Persian enemy at the Battle of Thermopylae. (2006, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **300: Rise of an Empire** Fantasy adventure sequel starring Sullivan Stapleton. (2014, 15, 100min) ★★★
1.00 AM **Highlander** Sci-fi fantasy starring Christopher Lambert. (1986, 15, 111min) ★★★★
3.00 **The Last Warrior** Russian action adventure starring Aleksey Faddeev. Subtitled. (2018, 18, 105min) ★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

## Sky Cinema Comedy

308 308 849 408 508

7.05 AM **Problem Child** (1990) ★
8.35 **Miss Congeniality** (2000)
10.30 **Miss Congeniality 2: Armed and Fabulous** (2005) ★★
12.30 PM **Mamma Mia! Here We Go Again** Musical. (2018) ★★★
2.30 **Sister Act** Comedy. (1992, PG, 102min) ★★★★
4.15 **Sister Act 2: Back in the Habit** Comedy. (1993) ★★
6.10 **Bridget Jones's Diary** Comedy with Renée Zellweger. (2001, 15, 96min) ★★★★

10.00 Little

8.00 **Bridget Jones: The Edge of Reason** Romantic comedy sequel starring Renée Zellweger. Bridget's new relationship comes under threat when she has to work with her ex-boss on an assignment in Thailand. (2004, 15, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Little** Comedy starring Regina Hall and Issa Rae. (2019, 12, 109min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Identity Thief** Road-movie comedy starring Jason Bateman. A mild-mannered accountant tries to catch the sticky-fingered spendthrift who has stolen his identity. (2013, 15, 107min) ★★★
1.50 AM **Sister Act** As 2.30pm.
3.35 **Sister Act 2: Back in the Habit** As shown at 4.15pm.
5.25 **to 7.25** AM **Mamma Mia! Here We Go Again** Musical sequel, as shown at 12.30pm.

## Sky Cinema Hits

303 303 844 403 503

6.20 AM **Slaughterhouse Rulez** Comedy. (2018, 15) ★★★
8.10 **Men in Black** As 5.40pm.
9.55 **Men in Black II** As 7.25pm.
11.30 **Men in Black 3** As 9.00pm.
1.20 PM **The Equalizer 2** Action thriller, as shown at 10.50pm.
3.25 **Fast & Furious 6** Action thriller. (2013, 12, 128min) ★★★
5.40 **Men in Black** Sci-fi comedy. (1997, PG, 94min) ★★★★

primetime

7.25 **Men in Black II** Sci-fi action comedy sequel starring Tommy Lee Jones and Will Smith. When an alien threatens Earth, Agent Jay needs the help of his former partner Kay to save the planet. (2002, PG, 88min) ★★★
9.00 **Men in Black 3** Sci-fi action comedy sequel starring Will Smith, Tommy Lee Jones and Josh Brolin. MiB Agent J goes back in time to 1969 to save the life of the young Agent K. (2012, PG, 105min) ★★★★

10.50 **The Equalizer 2** Action thriller starring Denzel Washington. (2018, 15, 121min) ★★★
12.55 AM **Fast & Furious 6** As 3.25pm.
3.10 **The Hate U Give** Drama. (2018, 12, 133min) ★★★★
5.30 **to 7.15** AM **Hotel Artemis** Drama. (2018, 15, 94min) ★★★

## Sky Cinema Greats

304 304 845 404 504

8.10 AM **Beethoven** (1992) ★★★
9.45 **The Goonies** (1985) ★★★★
11.50 **Star Wars: Episode IV – A New Hope** Sci-fi adventure. (1977, U, 124min) ★★★★★
2.00 PM **Star Wars: Episode V – The Empire Strikes Back** Sci-fi. (1980, U) ★★★★★
4.10 **Star Wars: Episode VI – Return of the Jedi** Sci-fi. (1983, U, 133min) ★★

6.30 **The Shawshank Redemption** Prison drama starring Tim Robbins and Morgan Freeman. A banker convicted of murder forms an unlikely friendship with a fellow convict. (1994, 15, 142min) ★★★★★
9.00 **Argo** Fact-based thriller starring Ben Affleck. A CIA agent creates a fake sci-fi movie project as a cover story for his plot to smuggle six fugitive American diplomats out of Iran. (2012, 15, 120min) ★★★★

11.05 **Scarface** Crime thriller. (1983, 18, 163min) ★★★★
2.00 AM **Miller's Crossing** Thriller. (1990, 15, 115min) ★★★★★
4.00 **to 6.00** AM **Butch Cassidy and the Sundance Kid** Western adventure comedy. (1969, PG, 112min) ★★★★★

## TCM Movies

315 415 416 512 526

6.00 AM **Hollywood's Best Film Directors** William Friedkin.
6.30 **You Can't Cheat an Honest Man** Comedy. (1939) ★★★
8.00 **Cheyenne Autumn** Western. (1964, U, 170min) ★★★
11.10 **Fort Osage** (1952) ★★★
12.45 PM **Gambit** (1966) ★★★
3.00 **Charro!** Western. (1969) ★
5.05 **Saddle Tramp** Western. (1950, U, 77min) ★★

6.50 **Escape from Fort Bravo** Western starring William Holden and Eleanor Parker. A female Confederate spy organises a mass break-out from a Union fort in Arizona during the Civil War. (1953, PG, 98min) ★★★
9.00 **Westworld** Sci-fi thriller about an adult theme park where tourists act out their wildest fantasies with the aid of robots. Stars Yul Brynner, Richard Benjamin and James Brolin. (1973, 15, 89min) ★★★★

11.00 **Exit Wounds** Thriller. (2001) ★
1.15 AM **Cimarron** Western. (1960, U, 142min) ★★★
4.00 **Hollywood's Best Film Directors** Double bill.
5.30 **to 6.00** AM **Close Up**

+1 hour 316 417

## Talking Pictures

328 445 81 306

6.00 AM **Love from a Stranger**
7.45 **Peg of Old Drury** (1935)
9.15 **Blitz on Britain** (1960)
10.30 **The Saint: The Fiction Makers**
12.40 PM **The Young Ones** Musical. (1960, U, 104min) ★★★
2.50 **Miranda** British comedy. (1947, b/w, U, 80min) ★★★★★
4.30 **Smokescreen** Thriller. (1964, b/w, U, 66min) ★★★
6.00 **Get Some In!**

6.30 **Love Story** British romantic drama starring Stewart Granger. (1944, b/w, U, 104min) ★★
8.45 **Glimpses: Petticoat Lane, London in the 1950s**
9.00 **Sunday Night at the London Palladium** With Jimmy Tarbuck.
10.00 **Portrait from Life** Drama starring Mai Zetterling. A British army major volunteers to find a refugee professor's missing daughter after seeing her portrait in a London art gallery. (1948, b/w, PG, 90min) ★★★

11.50 **Hard Times** Action drama. (1975, 15, 97min) ★★★
1.50 AM **West 11** Drama. (1963, b/w, PG, 93min) ★★
3.40 **Mystery at Monstein**
4.15 **Scarlet Thread** (1951) ★★
5.45 **to 6.00** AM **Playing in the Road** Short film from 1947.

## Horror

317 149 70 138

8.00 AM **Post Impact** Sci-fi adventure starring Dean Cain. (2003, 15, 91min) ★★
10.00 **Star Trek: Voyager** (S6)
3.00 PM **Locusts: The 8th Plague** Sci-fi thriller starring Dan Cortese. (2005, 15, 82min) ★★
4.45 **Terrordactyl** Fantasy comedy adventure starring Jason Tobias and Christopher John Jennings. (2016, 15, 95min) ★★

6.45 **Malibu Shark Attack** Disaster movie starring Peta Wilson. A group of Malibu lifeguards come under attack from killer sharks. (2009, 15, 105min) ★★
8.30 **Tales from the Darkside** (S3)
9.00 **Urban Legend** Horror starring Alicia Witt. A killer terrorises a New England college by recreating grisly urban legends. (1998, 18, 99min) ★
11.00 **Texas Chainsaw Massacre: The Next Generation** Horror thriller remake. (1994, 18, 83min) ★

12.45 AM **The Facility** Horror starring Aneurin Barnard and Alex Reid. (2012, 18, 79min) ★★
2.30 **to 4.30** AM **All Cheerleaders Die** Comedy horror with Caitlin Stasey. (2013, 15, 89min) ★★★

+1 hour 318 202 139



★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

## Sky Cinema Thriller

309 309 850 409 509

**6.55** AM **Unsane** As 2.30am.
**8.35** **The Birds** Horror. (1963, 15, 118min) ★★★★★
**10.40** **Vertigo** Thriller. (1958, PG, 128min) ★★★★★
**12.55** PM **Ocean's Eight** As 9pm.
**2.50** **Panic Room** Thriller. (2002, 15, 112min) ★★★
**4.45** **BlacKkKlansman** Drama. (2018, 15, 135min) ★★★★
**7.05** **The Hand That Rocks the Cradle** Thriller. (1992, 15, 110min) ★★★★

4.45 BlacKkKlansman

**The Hand That Rocks the Cradle** (film started at 7.05pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

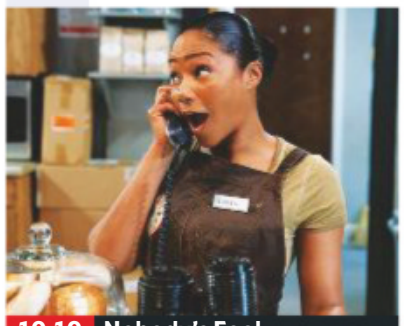
**9.00** **Ocean's Eight** Crime caper starring Sandra Bullock. Following in the footsteps of brother Danny, light-fingered Debbie Ocean plans a complex heist. With Cate Blanchett and Anne Hathaway. (2018, 12, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.00** **Domino** Crime thriller starring Nikolaj Coster-Waldau, Soren Malling and Paprika Steen. (2019, 18, 95min) ★
**12.35** AM **The Hand That Rocks the Cradle** As 7.05pm.
**2.30** **Unsane** Horror starring Claire Foy and Joshua Leonard. (2018, 15, 98min) ★★★★
**4.15** **to 6.00** AM **Sam Churchill: Search for a Homeless Man** Thriller with John Schneider. (1997, PG, 88min) ★★

## Sky Cinema Women in Film

310 310 851 410 510

**6.10** AM **Nine to Five** Comedy. (1980, 15, 110min) ★★★
**8.10** **Book Club** As 4.00am.
**10.05** **Crazy Rich Asians** As 8pm.
**12.10** PM **Nobody's Fool** Romantic comedy, as shown at 10.10pm.
**2.10** **What Men Want** Romantic comedy with Taraji P Henson. (2019, 15, 117min) ★★
**4.10** **Clueless** Satirical comedy. (1995, 12, 97min) ★★★★
**6.00** **Life of the Party** Comedy. (2018, 12, 105min) ★★


10.10 Nobody's Fool

**8.00** **Crazy Rich Asians** Comedy starring Constance Wu. A professor heads to Singapore with her boyfriend, and is surprised to learn he is from an extremely wealthy family. (2018, 12, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**10.10** **Nobody's Fool** Romantic comedy starring Tiffany Haddish. An ex-prisoner suspects her high-flying sister is being conned by her online boyfriend. (2018, 15, 110min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**12.20** AM **Lez Bomb** Comedy starring Jenna Laurenzo. (2018, 12, 90min) ★★
**2.05** **All About Nina** Comedy with Mary Elizabeth Winstead. (2018, 15, 97min) ★★★
**4.00** **to 6.00** AM **Book Club** Comedy with Diane Keaton. (2018, 12, 104min) ★★★

## Sky Cinema Monsters

307 307 848 411 511

**6.00** AM **Evolution** As 4.20am.
**8.00** **Ghost Rider** Fantasy. (2006, 12, 109min) ★★
**10.00** **The Scorpion King** As 6.15pm.
**11.45** **The Mummy** As 8.00pm.
**2.00** PM **The Mummy Returns** Fantasy sequel, as 10.15pm.
**4.15** **The Mummy: Tomb of the Dragon Emperor** Adventure. (2008, 12, 112min) ★★★
**6.15** **The Scorpion King** Fantasy adventure starring The Rock. (2002, 12, 91min) ★★★

11.45 The Mummy

**8.00** **The Mummy** Action adventure starring Brendan Fraser and Rachel Weisz. In 1920s Egypt, a dashing American, an English librarian and her wastrel brother unwittingly revive an evil high priest. (1999, 15, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

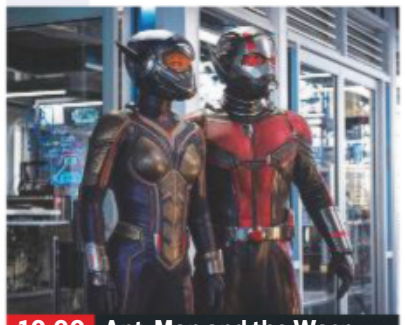
**10.15** **The Mummy Returns** Adventure sequel starring Brendan Fraser, Rachel Weisz, John Hannah and The Rock. (2001, 12, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**12.30** AM **The Mummy: Tomb of the Dragon Emperor** Adventure, as 4.15pm.
**2.30** **Evil Dead 2** Horror sequel starring Bruce Campbell. (1987, 18, 85min) ★★★
**4.00** **The 2020 Top Ten Show**
**4.20** **to 6.20** AM **Evolution** Sci-fi comedy with David Duchovny. (2001, PG, 101min) ★★

## Sky Cinema Superhero

302 302 842 402 502

**6.05** AM **Superman** As 3.00am.
**8.30** **Superman II** (1980) ★★★
**10.40** **Superman III** Fantasy. (1983, PG, 123min) ★★★
**12.50** PM **Superman IV – The Quest for Peace** Adventure. (1987, PG, 90min) ★
**2.25** **Superman Returns** Fantasy. (2006, 12, 154min) ★★★
**5.00** **Man of Steel** Fantasy. (2013, 12, 143min) ★★★
**7.25** **Batman v Superman: Dawn of Justice** Fantasy. (2016) ★★


10.00 Ant-Man and the Wasp

**Batman v Superman: Dawn of Justice** (film started at 7.25pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

**10.00** **Ant-Man and the Wasp** Fantasy with Paul Rudd, Evangeline Lilly and Michael Douglas. (2018, 12, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**12.10** AM **Superman/Batman: Public Enemies** Animation. (2009, 12, 67min) ★★
**1.30** **Superman vs. The Elite** Animation. (2012, 12) ★★
**3.00** **Superman** Sci-fi adventure. (1978, PG, 143min) ★★★★
**5.30** **to 7.00** AM **LEGO DC Comics Superheroes: Justice League – Gotham City Breakout** Animation. (2016, U) ★★

## Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
**11.00** AM **Journey to the Centre of the Earth** Fantasy adventure. (1959, U, 132min) ★★★
**1.40** PM **The Core** Sci-fi action thriller. (2002, 12, 135min) ★
**4.30** **Bend It Like Beckham** Romantic sports comedy starring Keira Knightley. (2002, 12, 113min) ★★★★
**6.50** **Suffragette** Period drama with Helena Bonham Carter. (2015, 12, 104min) ★★★

6.50 Suffragette

**Suffragette** (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

**8 PM** **9.00** **Ghostbusters** Fantasy comedy starring Kristen Wiig and Melissa McCarthy. When supernatural disturbances occur in New York City, four experts in the paranormal and their dim assistant investigate. (2016, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**9 PM**

**10 PM** **11.45** PM **to 3.05** AM **American Honey** Drama starring Sasha Lane and Shia LaBeouf. A poor teenager leaves home and hits the road with a crew of magazine sellers. She gets caught up in a whirlwind of hard partying, law bending and young love while crossing the Midwest United States. (2016, 15, 163min) ★★★

**11 PM**

+1 hour 314 430 45 301

## Sony Movies Classic

319 424 50 303

**6.00** AM **Never a Dull Moment**
**7.45** **The Great Lover** (1949) ★★
**9.25** **Road to Bali** (1952) ★★★★
**11.20** **The Affairs Of a Rogue** Drama. (1948, PG, 111min) ★★
**1.15** PM **On the Waterfront** Drama. (1954, b/w, PG) ★★★★★
**3.30** **Passport to China** Drama. (1960, U, 75min) ★★
**5.10** **Last Train from Bombay** Thriller. (1952, U, 72min) ★★

**6.50** **The Loneliness of the Long Distance Runner** Classic British 1960s drama starring Tom Courtenay as a Borstal boy who finds redemption through cross-country running. (1962, b/w, 12, 100min) ★★★★
**9.00** **Callan** Espionage thriller starring Edward Woodward as a former secret agent who is recalled to kill a German businessman responsible for a series of bombings. With Eric Porter. (1974, 15, 106min) ★★★

**11.10** **The Big Chill** (1983) ★★★★
**1.15** AM **Sartana Kills Them All** Western. (1970, 15, 105min) ★★
**3.00** **Long John Silver** (1954) ★★★
**4.35** **to 6.00** AM **What a Carve Up!** Comedy. (1961, b/w, U) ★★

+1 hour 320 303 304

## Sony Movies

321 425 32 302

**9.10** AM **A Sister's Secret** Thriller. (2009, PG, 86min) ★★
**11.25** **Stepmom** Drama starring Julia Roberts and Susan Sarandon. (1998, 12, 121min) ★★★
**2.00** PM **My Girl 2** Family drama sequel starring Anna Chlumsky. (1994, PG, 99min) ★★
**4.10** **City of Angels** Romantic fantasy starring Nicolas Cage and Meg Ryan. (1998, 12, 114min) ★★

**6.25** **Phenomenon** Fantasy starring John Travolta as a small-town garage mechanic who inexplicably develops astonishing mental powers. (1996, PG, 124min) ★★
**9.00** **The Expendables 2** Action movie sequel starring Sylvester Stallone. A team of veteran mercenaries strive to stop a psychotic terrorist from getting his hands on six tons of weapons-grade plutonium. (2012, 15, 98min) ★★★

**11.10** **The Hunter's Prayer** Action thriller. (2017, 15, 91min) ★★
**1.00** AM **Country Strong** Music drama. (2011, 12, 116min) ★★★
**3.25** **to 6.00** AM **Multiplicity** Fantasy. (1996, 12, 117min) ★★★

+1 hour 322

## Sony Movies Action

323 426 40 305

**6.00** AM **Hannah's Law** (2012) ★★
**7.50** **Age of the Gunslinger** (2009)
**10.05** **Buffalo Bill: Hero of the West** Western. (1965, 12, 93min) ★★
**12.00** NOON **Gun Duel in Durango** Western. (1957, PG, 73min) ★★
**1.35** PM **Geronimo** (1962) ★★
**3.45** **The Lone Gun** Western. (1954, U, 78min) ★★
**5.20** **They Rode West** Western. (1954, U, 97min) ★★

**7.10** **Robbers' Roost** Western starring George Montgomery. An outlaw gets work on a cattle ranch and strives to rescue the owner's sister from kidnappers. (1955, U, 83min) ★★
**9.00** **The Detonator** Action thriller starring Wesley Snipes. A US agent is assigned the job of escorting a beautiful woman from Bucharest to the US after an operation to catch an arms dealer goes wrong. With Silvia Colloca. (2006, 15, 92min) ★★

**10.55** **Mercenary** Action drama starring Olivier Gruner and John Ritter. (1997, 18, 113min) ★
**1.00** AM **Daylight Robbery** Thriller. (2008, 15, 98min) ★★★
**3.00** **to 4.00** AM **The Hitler Youth**

+1 hour 324

## Movies 24

325 419 513

**7.00** AM **Love is a Four Letter Word** Comedy. (2007, PG) ★★
**9.00** **A Ring by Spring** (2014) ★★
**11.00** **Rome in Love** (2019) ★★
**1.00** PM **Chronicle Mysteries: Recovered** Drama. (2019) ★★
**3.00** **A Beautiful Place to Die: A Martha's Vineyard Mystery** Drama. (2020, PG, 104min) ★★
**5.00** **Sundays at Tiffany's** Romantic drama. (2010, PG, 88min) ★★

**7.00** **Silent Witness: A Ruby Herring Mystery** Crime drama starring Taylor Cole. When a news reporter discovers she has a knack for solving crime, she joins forces with a detective. (2019, PG, 120min) ★★
**9.00** **Mystery 101: Playing Dead** Mystery starring Jill Wagner. Crime fiction expert Amy Winslow investigates a threat to the life of an actor appearing in a stage play at a local theatre. (2019, PG, 90min) ★★

**11.00** **A Case of Murder: Garage Sale Mystery** Thriller with Lori Loughlin and Sarah Strange.
**1.00** AM **A Winter Princess** (2019)
**3.00** **to 5.00** AM **Karen Kingsbury's The Bridge – Part 2** (2016)

+1 hour 326 420

## FILMS ON OTHER CHANNELS

### 6pm TILL LATE

**6.15** PM **Silverado** *Paramount Network* Western. ★★★
**6.25** **Jurassic Park** *ITV2* ★★★★★
**6.45** **27 Dresses** *E4* Comedy. ★★★
**6.55** **Jumanji** *5STAR* ★★★★
**7.25** **My Boss's Daughter** *AMC* ★
**8.00** **Ace Ventura Pet Detective** *Comedy Central* Comedy with Jim Carrey. ★★★★
**9.00** **Hansel & Gretel: Witch Hunters** *5STAR* ★★★
**9.00** **Armed Response** *Syfy* ★★
**9.00** **Next of Kin** *Paramount Network* Drama with Liam Neeson. ★
**10.00** **Mean Machine** *Comedy Central* Sporting prison drama. ★★
**10.00** **Her Stolen Past** *Lifetime* ★★
**10.45** **28 Weeks Later** *5STAR* ★★★
**11.00** **Sisters** *Channel 4* ★★★
**11.00** **Bounty Killer** *Syfy* ★★
**11.15** **A Dangerous Man** *Paramount Network* Action thriller. ★★★
**12.20** AM **Up There** *BBC2 (Not NI)* Comic fantasy ★★★★
**12.45** **The Yards** *AMC* ★★★
**1.00** **Sinister Squad** *Syfy* ★★
**1.15** **Top Secret!** *Channel 4* ★★
**1.35** **Valhalla Rising** *BBC2* ★★★
**4.00** **The Adventures of Aladdin** *Syfy* Fantasy drama. ★★

Sunday

## Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **Women's World T20 Classics** Double bill.
6.30 **LIVE Women's ICC World T20 Cricket** The final from Melbourne Cricket Ground.
10.30 **The Sunday Supplement** A selection of sports writers review the latest football stories.
11.30 **LIVE SPFL Ross County v Rangers.** The Scottish top-flight match from the Global Energy Stadium. Kick-off 12.00noon.
2.00 PM **LIVE Renault Super Sunday Chelsea v Everton.** The Premier League clash from Stamford Bridge. Kick-off 2.00pm.
4.00 **LIVE Renault Super Sunday Manchester United v Manchester City.** Coverage of the Premier League match from Old Trafford. Kick-off 4.30pm.
7.30 **LIVE PGA Tour Golf** Coverage of the fourth and final day of the Arnold Palmer Invitational at Bay Hill Club and Lodge in Florida.
10.00 **LIVE NBA Boston Celtics v Oklahoma City Thunder.** The inter-conference clash from TD Garden. Tip-off 10.00pm.
12.30 **to 6.00** AM **Sky Sports News**

## Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **The Sunday Supplement**
11.30 **Goals on Sunday**
1.00 PM **LIVE Renault Super Sunday Chelsea v Everton.** The Premier League clash from Stamford Bridge. Kick-off 2.00pm.
4.00 **LIVE Renault Super Sunday Manchester United v Manchester City.** Coverage of the Premier League match from Old Trafford. Kick-off 4.30pm.
7.30 **The Tyler Archives**
8.00 **Gary Neville's Soccerbox**
8.30 **Goals on Sunday**
10.00 **Premier League Highlights** Action from Chelsea v Everton.
10.30 **Premier League Highlights** Action from Manchester United v Manchester City.
11.00 **Best PL Goals: Man Utd v Everton** Memorable strikes.
11.30 **Premier League Highlights**
12.30 AM **Best PL Goals: Newcastle v Liverpool** Memorable goals.
1.00 **Premier League Highlights**
5.00 **Best PL Goals: Liverpool v Man Utd** Memorable strikes.
5.30 **to 6.00** AM **Premier League 100 Club**

## Sky Sports Football

403 403 857 | 513 503

6.00 AM **EFL Greatest Games**
6.30 **EFL Highlights**
7.00 **EFL Goals: Leagues 1 & 2**
7.30 **EFL Championship Highlights**
10.00 **The Sunday Supplement**
11.30 **LIVE SPFL Ross County v Rangers.** The Scottish top-flight match from the Global Energy Stadium. Kick-off 12.00noon.
2.30 PM **EFL Championship Highlights** Back-to-back action.
5.00 **EFL Goals: Leagues 1 & 2**
5.30 **EFL Championship Highlights**
8.00 **EFL Goals: Leagues 1 & 2**
8.30 **EFL Championship Highlights** Back-to-back action, including at: **10.30** Action from Derby County v Blackburn Rovers. **10.45** Action from Leeds United v Huddersfield Town.
11.00 **EFL Goals: Leagues 1 & 2**
11.30 **EFL Greatest Games**
12.00 M'T **Football Years**
12.30 AM **SPFL Greatest Games**
1.00 **Football Countdowns**
1.30 **Football Years**
2.00 **EFL: Championship Season Review** The 2013/2014 season.
3.00 **EFL Play-Off Final Highlights**
5.00 **to 6.00** AM **Carling Cup Final 2007/08**

## Sky Sports Cricket

404 404 858 | 514 504

6.00 AM **Women's World T20 Classics** Double bill of action.
6.30 **LIVE Women's ICC World T20 Cricket** The final from Melbourne Cricket Ground.
10.30 **Women's World T20 Classics**
12.00 NOON **Women's ICC World T20 Cricket** A re-run of the final.
4.00 PM **Women's World T20 Classics** Triple bill of action.
5.00 **One-Day International Cricket**
6.00 **Women's ICC World T20 Cricket** Action from the final.
7.00 **One-Day International Cricket** South Africa v Australia: Game two of the three-match series.
8.00 **Women's ICC World T20 Cricket** Action from the final.
9.00 **One-Day International Cricket** South Africa v Australia: The third and final game of the series.
10.00 **Women's ICC World T20 Cricket** Action from the final.
11.00 **Women's World T20 Classics**
12.00 M'T **Women's ICC World T20 Cricket** Action from the final.
1.00 AM **My Icon**
2.00 **Women's ICC World T20 Cricket** Action from the final.
3.00 **Cricket's Greatest Games**
5.00 **to 6.00** AM **My Icon**

## Sky Sports Golf

405 405 859 | 515 505

6.00 AM **European Tour Golf**
7.00 **PGA Tour Golf**
8.00 **European Tour Golf**
9.00 **LIVE European Tour Golf** Coverage of the fourth and final day of the Commercial Bank Qatar Masters from Education City Golf Club in Doha, Qatar.
1.30 PM **Golf Pass with Rory McIlroy**
2.00 **PGA Tour Golf** Action from the third day's play of the Arnold Palmer Invitational.
3.00 **Ryder Cup Memories**
3.30 **European Tour Golf** As 10pm.
4.30 **LIVE PGA Tour Golf** Coverage of the fourth and final day of the Arnold Palmer Invitational from Bay Hill Club and Lodge in Florida.
10.00 **European Tour Golf** Action from the fourth and final day's play of Commercial Bank Qatar Masters.
11.00 **Ryder Cup Memories**
12.00 M'T **Golf Pass with Rory McIlroy**
12.30 AM **European Tour Golf**
1.30 **Ryder Cup Memories**
2.00 **European Tour Golf**
3.00 **Ryder Cup Memories**
4.00 **European Tour Golf**
5.00 **Golf Pass with Rory McIlroy**
5.30 **to 6.00** AM **Ryder Cup Memories**

## BT Sport 1

413 413 867 | 527 | 408 430

7.00 AM **LIVE Hyundai A-League Perth Glory v Melbourne City.** At nib Stadium. Kick-off 7.00am.
9.00 **WWE Raw Highlights**
10.00 **WWE NXT Highlights**
11.00 **Vanarama National League**
12.30 PM **LIVE Gallagher Premiership Rugby Union Bristol Bears v Harlequins.** At Ashton Gate. Kick-off 1.00pm.
3.15 **Vanarama National League**
3.45 **LIVE Ligue 1 Rennes v Montpellier.** Coverage from Roazhon Park. Kick-off 4.00pm.
6.00 **Coppa Italia Highlights**
6.30 **Europa League Magazine**
7.00 **Champions League Magazine**
7.30 **UEFA Champions League – Stories of the Finals**
7.45 **LIVE Ligue 1 Lille v Lyon.** At Stade Pierre-Mauroy. Kick-off 8pm.
10.00 **Vanarama National League**
10.30 **Bundesliga**
12.00 M'T **Hyundai A-League**
1.00 AM **In Depth with Graham Bensinger** With Chad Johnson.
1.15 **LIVE XFL Los Angeles Wildcats v Tampa Bay Vipers.**
4.15 **In Depth with Graham Bensinger** With Jim Brown.
4.30 **to 6.00** AM **Classic MOTD**

## BT Sport 2

414 414 868 | 528 | 409 431

7.00 AM **UFC**
8.00 **Gearing Up**
8.30 **LIVE Motorcycling: Asia Talent Cup** Race two in Qatar.
9.30 **LIVE MotoGP** The MotoGP Grand Prix of Qatar warm ups.
11.15 **LIVE MotoGP** Coverage of the Moto3 race at the Grand Prix of Qatar. Start-time 12.00noon.
1.00 PM **LIVE MotoGP** Coverage of the Moto2 race at the Grand Prix of Qatar. Start-time 1.20pm.
2.30 **LIVE MotoGP** Coverage of the MotoGP race at the Grand Prix of Qatar. Start-time 3.00pm.
4.00 **MotoGP Chequered Flag**
5.00 **In Depth with Graham Bensinger** With Wayne Gretzky.
5.30 **LIVE NHL Pittsburgh Penguins v Carolina Hurricanes.** Face-off 5.30pm.
8.00 **Hyundai A-League**
9.00 **WWE SmackDown Highlights**
10.00 **WWE NXT** Wrestling action.
11.45 **WWE Monday Night Raw**
2.15 AM **Gallagher Premiership Rugby Highlights**
4.45 **Vanarama National League**
5.15 **Mobil 1: The Grid**
5.45 **to 6.00** AM **BT Sport Reload**

## BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **UEFA Europa League Magazine** News and action.
6.30 **Bundesliga** Action from VfL Wolfsburg v RB Leipzig.
7.30 **Premier League** A re-run of Liverpool v Bournemouth.
9.00 **Gallagher Premiership Rugby Highlights** The latest top-flight action, including Saracens v Leicester Tigers.
11.00 **LIVE Badminton** Coverage of the finals of the German Open.
4.30 PM **What I Wore: Joe Cole**
4.45 **LIVE Bundesliga FSV Mainz 05 v Fortuna Dusseldorf.** Coverage of the German top-flight encounter from the Opel Arena. Kick-off 5.00pm.
7.00 **LIVE XFL DC Defenders v St Louis BattleHawks.** Coverage of the match from Audi Field. Kick-off 7.00pm.
10.00 **UFC** Israel Adesanya v Yoel Romero: Another chance to see the middleweight title bout from T-Mobile Arena in Las Vegas.
1.00 AM **UFC on ESPN** A review of Israel Adesanya v Yoel Romero.
2.00 **Ligue 1** St. Etienne v Bordeaux.
3.00 **Ligue 1** Rennes v Montpellier.
4.30 **to 6.00** AM **Ligue 1** Lille v Lyon.

## Sky Sports Action

407 407 861 | 517 507

6.00 AM **Boxing Gold**
7.00 **Sporting Records**
8.00 **Women's Six Nations Rugby Union** England v Wales.
10.45 **My Icon: Deta Hedman**
11.00 **Rugby 7s** The Hamilton Sevens: Highlights from the third round of the season, held at the FMG Stadium Waikato in Hamilton.
12.00 NOON **Rugby 7s** The Los Angeles Sevens: Highlights from the fifth round of the season, held at Dignity Health Sports Park.
1.00 PM **Women's Six Nations Rugby Union** England v Wales.
3.45 **My Icon**
4.15 **Rugby Greatest Games**
4.35 **LIVE Rugby 7s** Coverage of the second day's play of the Vancouver Sevens at BC Place in Canada, where the sixth round of the season takes place.
11.20 **Rugby Greatest Games**
12.00 M'T **LIVE Rugby 7s** Further coverage of the second day's play of the Vancouver Sevens from BC Place in Canada.
2.00 AM **NFL – Greatest Games**
3.30 **Legends of Darts**
4.00 **Sporting Records**
5.00 **to 6.00** AM **Sporting Greats**

## Sky Sports Mix

145 145 838 | 520 510

6.00 AM **Women's World T20 Classics** Double bill of action.
6.30 **LIVE Women's ICC World T20 Cricket** The final from Melbourne Cricket Ground.
10.30 **Women's World T20 Classics**
12.00 NOON **Women's ICC World T20 Cricket** A re-run of the final.
4.00 PM **Women's World T20 Classics** Triple bill of action.
5.00 **The Greatest Solheim Cup** A look back at the 2019 event.
7.00 **Netball Superleague** Action from Wasps v Manchester Thunder in the 2019 Grand Final.
8.00 **Darts Gold** Fallon Sherrock and Ted Evetts from the 2020 PDC World Championship.
9.00 **Darts Gold** Fallon Sherrock v Mensur Suljovic from the 2020 PDC World Championship.
10.00 **Women's ICC World T20 Cricket** Action from the final.
11.00 **My Icon**
11.30 **Fight Night International**
12.30 AM **Women's SL Grand Final**
1.30 **Best of The ICC Women's World T20** England v India.
1.45 **My Icon**
3.00 **to 6.00** AM **Mix Shorts: Masterclasses**

## BT Sport/ESPN

423 423 872 | 530 | 411 434

6.00 AM **Highlights**
8.45 **X Games**
9.30 **LIVE X Games** From Norway.
10.30 **X Games**
11.00 **LIVE X Games** From Norway.
12.00 NOON **X Games**
12.30 PM **LIVE X Games** In Norway.
1.30 **Best of X Games 2019**
2.30 **LIVE Bundesliga Bayern Munich v FC Augsburg.** From Allianz Arena. Kick-off 2.30pm.
4.30 **LIVE College Basketball** The Women's ACC Championship Game.
6.00 **LIVE College Basketball** The Women's SEC Championship Game.
8.00 **LIVE College Basketball** The Women's AAC Semi-final Game.
10.00 **LIVE College Basketball** Coverage of the Women's Big Ten Championship Game.
12.00 M'T **LIVE College Basketball** Coverage of the Women's Pac-12 Championship Game.
2.00 **to 6.00** AM **Highlights**

## Eurosport 1

410 410 864 | 521 | 412 435

6.20 AM **Alpine Skiing**
7.20 **Cycling: Women's Strade Bianche** Action from Siena, Italy.
8.20 **Cycling: Strade Bianche**
9.20 **Cycling: Paris-Nice**
10.20 **LIVE Cross-Country Skiing** Coverage from Oslo, Norway.
12.30 PM **LIVE Cycling: Paris-Nice** Coverage of the opening stage.
2.10 **Cycling: Milan-San Remo**
2.30 **Nordic Combined Skiing**
3.00 **Alpine Skiing** Double bill.
5.00 **Biathlon** Action from Slovenia.
6.00 **Ski Jumping** From Norway.
7.00 **Cycling: Strade Bianche**
8.00 **Cycling: Paris-Nice**
9.00 **Cycling: Women's Strade Bianche** Action from Siena, Italy.
10.00 **Alpine Skiing** Double bill.
12.00 M'T **Freestyle Skiing**
1.00 AM **Snowboarding**
2.00 **Cycling: Paris-Nice**
3.00 **Cycling: Women's Strade...**
4.00 **Cycling: Strade Bianche**
5.00 **to 6.00** AM **Freestyle Skiing**

## Eurosport 2

411 411 865 | 522 | 413 436

6.00 AM **Freestyle Skiing**
7.00 **Luge**
7.30 **Alpine Skiing**
9.30 **LIVE Alpine Skiing** In Norway.
10.45 **LIVE Biathlon** From Slovenia.
11.30 **Nordic Combined Skiing**
12.30 PM **LIVE Biathlon** In Slovenia.
1.30 **LIVE Ski Jumping** In Norway.
3.15 **LIVE Motocross World Championship** Race two of the MX2 class in the second round of the season from the Netherlands.
4.00 **LIVE Motocross World Championship** Race two of the MXGP class in the Netherlands.
5.00 **World Superbikes**
7.00 **Freestyle Skiing** From Russia.
8.00 **Snowboarding** From Spain.
9.00 **Motocross World Championship** Triple bill.
10.30 **World Superbikes**
11.30 **Cycling: Paris-Nice**
12.30 AM **Cycling: Strade Bianche**
1.30 **to 6.00** AM **Highlights**

## Sky Sports Arena

408 408 862 | 518 508

6.00 AM **Sporting Greats**
7.00 **Super League Gold**
8.00 **Sporting Greats**
9.00 **Sporting Records**
10.00 **Fight Night** Another chance to see Scott Quigg v Jono Carroll.
2.00 PM **Netball Superleague** Action from Storm v Pulse.
4.00 **NBA Classic Games: Warriors @ Heat 2014**
5.45 **NBA: Houston @ Charlotte**
7.30 **LIVE NBA Los Angeles Clippers v Los Angeles Lakers.** The Western Conference clash at Staples Centre. Tip-off 7.30pm.
10.00 **LIVE NBA Boston Celtics v Oklahoma City Thunder.** The inter-conference clash from TD Garden. Tip-off 10.00pm.
12.30 AM **NBA Classic Games**
1.30 **Sporting Greats**
2.00 **Super League Gold**
3.00 **Sporting Records**
4.00 **Super League Gold**
5.00 **to 6.00** AM **Sporting Records**

## Sky Sports F1

406 406 860 | 516 506

6.00 AM **The Home of F1**
11.00 **Formula 1** Another chance to see the 2019 Austrian Grand Prix.
12.55 PM **Formula 1** Highlights of the 2019 Austrian Grand Prix.
1.55 **Austrian F1 GP Best Bits**
2.25 **Melbourne Seaplane Tour**
2.30 **F1: The Championship Begins**
3.00 **Formula 1** Another chance to see the 2019 British Grand Prix.
4.55 **Formula 1** Highlights of the 2019 British Grand Prix.
5.55 **British F1 GP Best Bits**
6.25 **Alfa Romeo 1950**
6.30 **Jenson's F1 Memories 2009 Part 1** Jenson Button relives his championship-winning season.
7.00 **F1 Classic Races** A look back at the 1998 Japanese Grand Prix.
9.30 **Formula 1** Another chance to see the 2019 German Grand Prix at the Hockenheimring.
12.00 M'T **Formula 1** Highlights of the 2019 German Grand Prix.
1.00 **to 6.00** AM **The Home of F1**

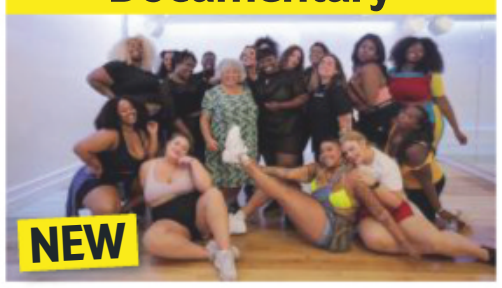
# Monday

9 March

## Evening Planner



### Documentary




**Miriam's Big Fat Adventure**
*BBC2 HD, 9pm*
Miriam Margolyes explores obesity, going to a weight-loss bootcamp and learning about the body positive movement

### Drama

**Liar**
*ITV HD, 9pm*
Andrew is on the run and filled with hatred for Laura, but considers exposing his location to be able to visit his sick son

### Drama

**The Outsider**
*Sky Atlantic HD, 9pm*
In the conclusion, the group enter a gripping confrontation in a last-ditch attempt to find El Coco's whereabouts

### Comedy

**Inside No. 9**
*BBC2 HD, 10pm (times vary)*
Reece Shearsmith and Steve Pemberton are newly paired police officers on patrol, following a colleague's death in an attack

| SKY EVENING TIME | 7.00PM | 7.30PM | 8.00PM | 8.30PM | 9.00PM | 9.30PM | 10.00PM | 10.30PM |
|---|---|---|---|---|---|---|---|---|
| **FAVOURITES** | | | | | | | | |
| 101 BBC1 | 7.00 The One Show | 7.30 Inside Out † | 8.00 EastEnders | 8.30 The Million... | 9.00 MasterChef | | 10.00 News | 10.35 This Country |
| 102 BBC2 | 7.00 Coastal Path | 7.30 Mastermind | 8.00 Only Connect | 8.30 University... | 9.00 Miriam's Big Fat Adventure | | 10.00 Inside No. 9 † | 10.30 Newsnight |
| 103 ITV | 7.00 Emmerdale | 7.30 Coronation Street | 8.00 St Davids... | 8.30 Coronation Street | 9.00 Liar | | 10.00 News | |
| 104 CHANNEL 4 | 7.00 News | | 8.00 Celebs for Sale... | 8.30 Food... | 9.00 24 Hours in A&E | | 10.00 Baghdad Central | |
| 105 CHANNEL 5 | 7.00 Gallagher Premiership Rugby Highlights | | 8.00 Traffic Cops | | 9.00 Warship: Life at Sea | | 10.00 HMS Victory: Nelson's Great Warship | |
| 106 SKY ONE | 7.00 The Simpsons | | 8.00 Flintoff: Lord of the Fries | | 9.00 Film: Jack Reacher | | | |
| **ENTERTAINMENT** | | | | | | | | |
| 116 BBC4 | 7.00 Beyond 100 Days | 7.30 Francesco's... | 8.00 Dynasties | | 9.00 Age of the Image | | 10.00 Suffragettes with Lucy Worsley | |
| 118 ITV2 | 7.00 You've Been Framed! Gold | | 8.00 Two and a Half Men | | 9.00 Family Guy | 9.30 American Dad! | 10.00 The Stand Up... | 10.30 Family Guy |
| 136 MORE4 | ◂ 6.55 Escape to the Chateau: DIY | | 7.55 Grand Designs | | 9.00 Car S.O.S. | | 10.00 Sarah Millican: Control Enthusiast | |
| 135 E4 | 7.00 Hollyoaks | 7.30 Man with a Plan | 8.00 First Dates Abroad | | 9.00 Celebs Go Dating | | 10.00 The Sex Clinic | |
| 107 SKY WITNESS | 7.00 Nothing to Declare | | 8.00 Ghost Whisperer | | 9.00 Criminal Minds | | 10.00 Blue Bloods | |
| 108 SKY ATLANTIC | 7.00 CSI | | 8.00 Blue Bloods | | 9.00 The Outsider | | 10.05 The End | 10.40 True... |
| 110 GOLD | 7.00 Porridge | 7.40 Dad's Army | | | 9.00 Gavin & Stacey | 9.40 Mrs Brown's Boys | 10.20 Live at the Apollo | |
| 111 DAVE | 7.00 Room 101 | | 8.20 Have I Got a Bit More News for You | | 9.20 QI | | 10.00 Room 101 | 10.40 Meet... |
| 119 ITV3 | 7.00 Agatha Christie's Poirot | | 8.00 Endeavour | | | | 10.00 Scott & Bailey | |
| 120 ITV4 | 7.00 Cycling: Paris-Nice Highlights | | 8.00 River Monsters | | 9.00 Giant Lobster Hunters | | 10.00 Film: Magnum Force | |
| 112 COMEDY CENTRAL | 7.00 Friends | | | | 9.00 Russell Howard's Good News | | 10.00 Impractical Jokers | |
| 114 SYFY | 7.00 Warehouse 13 | | 8.00 Merlin | | 9.00 Westworld | | | |
| 109 W | 7.00 Property Brothers: Forever Home | | 8.00 The Wedding Fixer | | 9.00 One Born Every Minute | | 10.00 One Born: What Happened Next? | |
| 113 SKY COMEDY | 7.00 Modern Family | 7.30 The Mindy Project | | | 9.00 Miracle Workers | 9.30 A.P. Bio | 10.00 Last Week Tonight... | 10.35 Real Time... |
| 124 FOX | 7.00 NCIS | | | | 9.00 The Walking Dead | | 10.00 Talking Dead | |
| 122 SKY ARTS | 7.00 Berlioz: Symphonie Fantastique | | | | 9.00 Hollywood Couples | | 10.00 Portrait Artist of the Year 2020 | |
| **DOCUMENTARY** | | | | | | | | |
| 125 DISCOVERY | 7.00 Outback Truckers | | 8.00 Texas Metal | | 9.00 Wheeler Dealers | | 10.00 Twin Turbos | |
| 162 ANIMAL PLANET | 7.00 Animal Cops Detroit | | 8.00 Swimming with Monsters with Steve... | | 9.00 After the Attack | | 10.00 Animal Cops San Francisco | |
| 129 NAT GEO | 7.00 Car S.O.S. | | 8.00 Apocalypse: Cold War | | 9.00 Air Crash Investigation | | 10.00 Brain Games | |
| 130 HISTORY | 7.00 American Pickers | | 8.00 Britain's Greatest Bridges | | 9.00 Uncharted Mysteries | | 10.00 True Monsters | |
| 155 YESTERDAY | 7.00 Underground Worlds | | 8.00 Chris Tarrant: Extreme Railway Journeys | | 9.00 Bangers and Cash | | 10.00 Trains That Changed the World | |
| 166 EDEN | 7.00 Life on Earth | | 8.00 Life in the Great Wetlands | | 9.00 Big Cats | | 10.00 Galapagos | |
| **FILMS - Sky Cinema** | | | | | | | | |
| 301 PREMIERE | ◂ 6.15 This Changes Everything | | 8.00 Brightburn | | | 9.45 Doom: Annihilation | | |
| 303 HITS | 7.00 The 40 Year Old Virgin | | | | 9.00 The Favourite | | | |
| 304 GREATS | ◂ 5.50 An Officer and a Gentleman | | 8.00 The Rock | | | | 10.20 Lethal Weapon | |
| 305 DISNEY | ◂ 6.00 Dumbo | | 8.00 Mary Poppins Returns | | | | 10.15 The Jungle Book | |
| 306 FAMILY | ◂ 6.25 The Pirates! In an Adventure with... | | 8.00 Spider-Man: Into the Spider-Verse | | | | 10.00 Nanny McPhee | |
| 311 ACTION | | 7.15 King Arthur | | | | 9.30 Van Helsing | | |
| 308 COMEDY | ◂ 6.20 Holmes & Watson | | 8.00 Anchorman: The Legend of Ron Burgundy | | | 9.45 The Other Guys | | |
| 309 THRILLER | ◂ 6.50 Widows | | | | 9.00 Salt | | | |
| 310 DRAMA | ◂ 6.00 Boy Erased | | 8.00 The Firm | | | | | |
| 307 MONSTERS | 7.00 Rampage | | | | 9.00 The Meg | | | |
| 302 SUPERHERO | ◂ 6.15 Hancock | | 8.00 Shazam! | | | | 10.15 Watchmen | |
| 313 FILM4 | ◂ 6.45 Now You See Me | | | | 9.00 Taken | | | |
| 315 TCM MOVIES | ◂ 6.50 Return of the Gunfighter | | | | 9.00 Shootout | | | |
| **SPORT** | | | | | | | | |
| 401 MAIN EVENT | 7.00 MNF – Live: Leicester City v Aston Villa: From King Power Stadium (Kick-off 8.00) | | | | | | | |
| 402 PREMIER LEAGUE | 7.00 MNF – Live: Leicester City v Aston Villa: From King Power Stadium (Kick-off 8.00) | | | | | | | |
| 403 FOOTBALL | 7.00 EFL Highlights | 7.30 EFL Championship Highlights | | | 9.00 Soccer AM... | 9.30 EFL Goals... | 10.00 SPFL... | 10.30 MLS Round-Up... |
| 404 CRICKET | ◂ 6.00 Women's ICC World T20 Cricket | | | | | | 10.00 How The 2003 ICC World Cup Was... | |
| 413 BT SPORT 1 | 7.00 SPFL Highlights | 7.30 Bundesliga 2 – Live: VfB Stuttgart v Arminia Bielefeld (Kick-off 7.30) | | | | 9.30 Bundesliga Highlights Show | | 10.30 PL World |
| 414 BT SPORT 2 | 7.00 MotoGP Chequered Flag | | 8.00 The WRC... | 8.30 UEFA... | 9.00 Fishing: On The Bank – 2019 | | 10.00 Dan Hardy's... | 10.30 UFC |

◂ Denotes programmes starting before 7.00pm  † Regions vary

# MONDAY

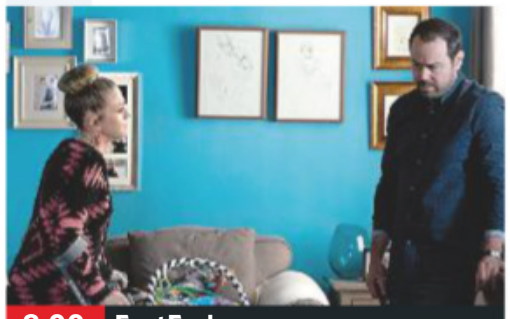
SAVE UP TO 36%
SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Subscribe online www.tvandsatsubs.com/61AU
OR CALL 03303331113 and quote code 61AU
*Your payments will then continue at £19.99 payable every three months, saving 36%

Monday

## BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

**6.00** AM **Breakfast** (S)
**9.15** NEW SERIES **Crimewatch Roadshow Live** 1/15. Appeals for information about crimes. (S)
**10.00** **Homes Under the Hammer** (S)(R)
**11.00** **Dom Does America** (S)(R)(AD)
**11.45** **Saved on Camera** New edition (S)
**12.15** PM **Bargain Hunt** New edition (S)
**1.00** **BBC News** (S)
**1.30** **Local News** (S)
**1.45** **Doctors** (S)(AD)
**2.15** NEW **A Service of Celebration for Commonwealth Day** Petroc Trelawny presents live coverage from Westminster Abbey. (S)
**4.00** **Money for Nothing** (S)(R)
**4.30** **Ready Steady Cook** New edition Rylan Clark-Neal hosts. (S)
**5.15** **Pointless** Quiz show. (S)(R)
**6.00** **BBC News** (S)
**6.30** **Local News** (S)



**8.00** EastEnders

**7 PM**

**7.00** **The One Show** Alex Jones and Matt Baker present the topical show. (S)
**7.30** **Inside Out** New edition Documentary series focusing on regional stories of interest. (S)

**8 PM**

**8.00** **EastEnders** Linda is hurt that Mick doesn't trust her. (S)(AD)
**8.30** **The Million Pound Disability Payout – Panorama** New edition Disability discrimination settlements. (S)

**9 PM**

**9.00** **MasterChef** New edition 7/24. John Torode and Gregg Wallace preside as six more hopefuls compete in the third week of heats, beginning by serving up their signature dishes. (S)(AD)
■ Continues on Wednesday

**10 PM**

**10.00** **BBC News** (S)
**10.25** **Local News** (S)
**10.35** **This Country** New episode 4/6. Kurtan receives sad news about a relative and endeavours to make new memories. (S3) (S)(AD)
**11.05** **Young, Welsh and Pretty Minted** New edition 3/6. Erin Budina works in recycling depot as part of a YouTube challenge, while the programme meets a 20-year-old who is one of Europe's up-and-coming suppliers of dog biscuits. (S)
**11.35** **Live at the Apollo** Eddie Izzard introduces sets by Trevor Noah and Josh Widdicombe. (S)(R)
**12.20** AM **Weather for the Week Ahead** Seven-day forecast. (S)
**12.25** **to 6.00** AM **BBC News** (S)

## BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

**6.00** AM **Money for Nothing** (S)(R)
**6.45** **Ready Steady Cook** (S)(R)
**7.30** **Sign Zone: Best Home Cook** (S)(R)
**8.30** **The Week in Parliament** (S)
**9.00** **BBC News** (S)
**10.00** **Victoria Derbyshire** (S)
**11.00** **BBC Newsroom Live** (S)
**12.15** PM **Politics Live** (S)
**1.00** **Women's Six Nations Highlights**
**1.30** **Best House in Town** (S)(R)
**2.15** **Royal Recipes** (S)(R)
**2.30** **Terry and Mason's Great Food Trip**
**3.00** **Red Rock** (S)(R)(AD)
**3.45** **The Great Interior Design Challenge** In Sussex. (S)(R)(AD)
**4.45** **Portillo's State Secrets** (S)(R)(AD)
**5.15** **Flog It!** New edition (S)
**6.00** **Richard Osman's House of Games** New edition (S)
**6.30** **Great British Railway Journeys** Warwick to Radley. (S)(R)(AD)

**8.00** Only Connect

**7 PM**

**7.00** **Coastal Path** 3/5. Exploring the coastline of southern Cornwall. (S)(R)
**7.30** **Mastermind** New edition Specialist subjects include Jenson Button and Mary, Queen of Scots. (S)

**8 PM**

**8.00** **Only Connect** New edition The opening semi-final of the quiz. (S)
**8.30** **University Challenge** New edition Jeremy Paxman hosts as the quarter-final matches continue. (S)

**9 PM**

**9.00** NEW SERIES **Miriam's Big Fat Adventure** 1/2. Actor Miriam Margolyes travels around the nation to discover why so many people are overweight. *See feature, page 20.* (S)(AD)
■ Concludes tomorrow

**10 PM**

**10.00** **Inside No. 9** Series finale 6/6. A police community support officer asks awkward questions of a colleague. (S5) (S)(AD)
**10.30** **Newsnight** (S)
**11.10** **Weather** (S)
**11.15** **Hospital** 4/8. Documentary following the work of staff at Alder Hey Children's Hospital. (S)(R)
**12.15** AM **Sign Zone: The Farmers' Country Showdown** A visit to one of Britain's oldest sheepdog trials in Powburn, Northumberland. (S)(R)
**1.00** **Sign Zone: Countryfile** (S)(R)
**2.00** **Sign Zone: Secrets of the Museum** 4/6. An original *Star Wars* costume is missing its head. (S)(R)(AD)
**3.00** **to 6.30** AM **Previews** (S)

## ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

**6.00** AM **Good Morning Britain** (S)
**9.00** **Lorraine** (S)
**10.00** **This Morning** (S)
**12.30** PM **Loose Women** (S)
**1.30** **ITV News** (S)
**1.55** **Local News** (S)
**2.00** **Judge Rinder** New edition Criminal barrister Robert Rinder takes on real-life cases in a studio courtroom. (S)
**3.00** **Tenable** Five members of an a cappella group answer questions about top 10 lists, then try to score a perfect 10 in the final round. Warwick Davis hosts. (S)(R)
**4.00** **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
**5.00** **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
**6.00** **Local News** (S)
**6.30** **ITV News** (S)

**8.00** St Davids – Britain's Smallest...

**7 PM**

**7.00** **Emmerdale** Vanessa is betrayed by Charity, and Malone traps Will. (S)(AD)
**7.30** **Coronation Street** A reporter asks James about rumours regarding his sexuality circulating online. (S)(AD)

**8 PM**

**8.00** **St Davids – Britain's Smallest City** New edition 2/6. The boat trips search for dolphins. (S)(AD)
**8.30** **Coronation Street** James receives a worrying text from his manager. (S)(AD)

**9 PM**

**9.00** **Liar** New episode 2/6. Laura looks to those closest to her for support, but when suspicions fall on Ian, she is left questioning who she can trust. *See feature, page 11.* (S2) (S)(AD)
■ Repeated on Thursday

**10 PM**

**10.00** **ITV News** (S)
**10.30** **Local News** (S)
**10.45** **Police in Danger: Caught on Camera** Documentary examining what happens when police officers come under attack. (S)(R)(AD)
**11.45** **All Elite Wrestling: Dynamite** Action from the latest edition of the weekly AEW event. (S)
**12.35** AM **Ideal World**
**3.00** **James Martin's French Adventure** The chef visits the diverse and distinct region of the Camargue. (S)(SL)(R)
**3.50** **Nightscreen**
**5.05** **to 6.00** AM **Judge Rinder** Real-life cases heard in a studio courtroom. (S)(SL)(R)

+1 hour 203 | 114 | 33 | 112

## CHANNEL 4

104 104/138 804 | 104 104/141 | 4 104 | 104

**6.30** AM **Cheers** 21&22/22. (S1) (S)(R)
**7.20** **The King of Queens** (S)(R)(AD)
**8.10** **Everybody Loves Raymond** (S)(R)
**9.10** **Frasier** 4&5/24. (S4) (S)(R)(AD)
**10.10** **Undercover Boss Canada** (S)(R)
**11.05** **Ramsay's Kitchen Nightmares USA** From Brooklyn. (S)(R)
**12.00** NOON **News** (S)
**12.05** PM **Come Dine with Me** (S)(R)
**1.05** **Posh Pawnbrokers** (S)(R)
**2.10** **Countdown** New edition (S)
**3.00** **A Place in the Sun** (S)(R)
**4.00** **A New Life in the Sun: Where Are They Now?** (S)(R)
**5.00** NEW SERIES **Four in a Bed** The competition starts at the Bankfoot Inn in Perthshire. (S)
**5.30** NEW SERIES **Come Dine with Me** The first evening in Edinburgh. (S)
**6.00** **The Simpsons** (S)(R)(AD)
**6.30** **Hollyoaks** (S)(AD)

**10.00** Baghdad Central

**7 PM**

**7.00** **News** (S)

**8 PM**

**8.00** **Celebs for Sale: The Great Charity Scandal – Dispatches** New edition Celebrity fees. (S)
**8.30** **Food Unwrapped** New edition How oysters became a luxury. (S)(AD)

**9 PM**

**9.00** **24 Hours in A&E** New edition A 52-year-old cyclist is rushed in to St George's Hospital after being hit by a car, while a 92-year-old former Baptist minister is admitted after a nasty fall while out walking. (S)(AD)

**10 PM**

**10.00** **Baghdad Central** Series finale 6/6. Khafaji realises that he must get his family out of Iraq, and plans an audacious trap for Frank Temple and Douglas Evans. (S1) (S)(AD)
■ Repeated on Thursday
**11.00** **Emergency Helicopter Medics** A motorcyclist in Co Durham needs specialist attention. (S)(R)(AD)
**12.00** M'T **Ramsay's Kitchen Nightmares USA** (S)(R)
**12.50** AM **Hunted** (S)(SL)(R)(AD)
**1.45** **The Supervet** (S)(R)
**2.40** **Come Dine with Me** (S)(R)
**3.35** **Grand Designs** (S)(R)(AD)
**4.30** **Location, Location, Location** (S)(R)
**5.25** **Cooking Up a Fortune** (S)(R)
**5.50** **to 6.30** AM **Countdown** (S)(R)

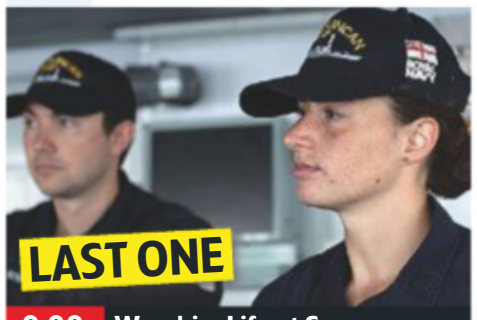
+1 hour 204 | 142 | 15 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

## CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

**6.00** AM **Milkshake!**
**9.15** **Jeremy Vine** (S)
**11.15** **Nightmare Tenants, Slum Landlords** (S)(R)
**12.10** PM **News** (S)
**12.15** **Parking Hell: At War with the Law** Documentary. (S)(R)
**1.10** **Access** Showbiz news. (S)
**1.15** **Home and Away** (S)(AD)
**1.45** **Neighbours** (S)(AD)
**2.15** **FILM PREMIERE Secrets at the Lake** Thriller starring Nicky Whelan. (S) (2019, PG) ★★
**4.00** **Friends** 2&3/24. (S4) (S)(R)
**5.00** **News** (S)
**5.30** **Neighbours** Finn is allowed to visit Harry in prison. (S)(R)(AD)
**6.00** **Home and Away** Robbo is marched to a cliff edge at gunpoint. (S)(R)(AD)
**6.30** **News** (S)




**9.00 Warship: Life at Sea**

**7.00 Gallagher Premiership Rugby Highlights** Action from the 13th round of fixtures, including Worcester Warriors v Northampton Saints, Bristol Bears v Harlequins, and Sale Sharks v London Irish. (S)

**8.00 Traffic Cops** Series finale 24/24. PCs Ant and Dan hunt for a disqualified driver, plus a report of a car being stolen when the owner left the engine running while she nipped into a shop. (S)

**9.00 Warship: Life at Sea** Series finale 5/5. Three weeks into the mission, *HMS Duncan* and its crew face increasing pressure in the Strait of Hormuz as Iran steps up its efforts to capture a second British tanker. (S)

**10.00 HMS Victory: Nelson's Great Warship** The story of *HMS Victory*, Admiral Nelson's personal flagship at the Battle of Trafalgar, which was built with firepower equivalent to a whole army on land. (S)(R)

**11.00** **FILM Con Air** Action thriller starring Nicolas Cage, John Cusack and John Malkovich. (S) (1997, 18, 135min) ★★
**1.15** AM **21.co.uk Live Casino Show**
**3.15** **Our Dream Hotel** (S)(R)
**4.10** **Tribal Teens – Here Comes Trouble** (S)(SL)(R)
**4.55** **House Doctor** (S)(SL)(R)
**5.25** **Great Scientists** (S)(SL)(R)
**5.50** **to 6.00** AM **Access** (S)

+1 hour 205 | 155 | 44 | 128

## SKY ONE

106 106 806 | 110 109

**6.00** AM **Monkey Life** (S)(R)
**7.00** **RSPCA Animal Rescue** (S)(R)
**8.00** **The Dog Whisperer** (R)
**9.00** **Stop, Search, Seize** (S)(R)(AD)
**10.00** **Highway Patrol** (S)(R)(AD)
**11.00** **NCIS: Los Angeles** (S6) (S)(R)
**1.00** PM **Hawaii Five-0** (S2) (S)(R)
**3.00** **MacGyver** 11/23. (S2) (S)(R)
**4.00** **Modern Family** (S10) (S)(R)
**5.00** **The Simpsons** *There's Something About Marrying:* Same-sex marriage is legalised in Springfield. (S)(R)
**5.30** **Futurama** *Three Hundred Big Boys:* The Earthicans receive an unexpected windfall. (S)(R)
**6.00** *Spanish Fry:* Fry's nose is stolen by aliens. (S)(R)
**6.30** **The Simpsons** *Goo Goo Gai Pan:* Selma flies to China to adopt a baby. (S)(R)

**9.00 Jack Reacher**

**7.00 The Simpsons** *Mobile Homer:* Homer moves into a campervan parked in the backyard. (S)(R) **7.30** *The Seven-Beer Snitch:* Marge is unhappy with Springfield's lack of culture. With Frank Gehry. (S)(R)

**8.00 Flintoff: Lord of the Fries** Andrew Flintoff and Rob Penn explore the West Country, where they go surfing on the Severn Bore, try bonding with an alpaca and visit Somerset's Cheddar Gorge. (S)(R)(AD)

**9.00** **FILM Jack Reacher** Action thriller starring Tom Cruise as best-selling author Lee Child's vigilante hero. Former military cop Jack Reacher uncovers a murderous conspiracy after an unseen gunman shoots five people in Pittsburgh. With Rosamund Pike and Richard Jenkins. (S) (2012, 15, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

**11.25** **The Trip to Greece** 1&2/6. Comedy with Steve Coogan and Rob Brydon. (R)
**12.35** AM **Avenue 5** 7/9. (S1) (S)(R)
**1.10** **Strike Back: Vendetta** 2/10. The team embark on a mission aboard a train. (S8) (S)(R)
**2.10** **A League of Their Own** (S)(R)
**3.10** **Jett** 9/9. (S1) (S)(R)(AD)
**4.30** **Stop, Search, Seize** (S)(R)(AD)
**5.30** **to 6.00** AM **Futurama** (S)(R)

+1 hour 206

## LOCAL VARIATIONS

### BBC1

**SCOTLAND**
Sky **951**, Virgin **862**, Freesat **960**
**7.30-8.00pm** Arctic Academy (S)(R)

**N. IRELAND**
Sky **953**, Virgin **863**, Freesat **957**
**7.30-8.00pm** Chronicles of Erne New edition (S) **10.35** There's No Place Like Tyrone New edition (S) **11.05** This Country New episode (S)(AD) **11.35** Young, Welsh and Pretty Minted New edition (S)(AD) **12.05am** Live at the Apollo (S)(R) **12.50-6.00am** BBC News (S)

**WALES**
Sky **952**, Virgin **864**, Freesat **964**
**7.30-8.00pm** X-Ray New edition (S) **10.35** Young, Welsh and Pretty Minted New edition (S)(AD) **11.05-11.35pm** This Country (S)(R)(AD)

**BBC1 North/North East/North West/ Yorkshire & Lincolnshire**
Sky **956/955/958/957**, Freesat **966/956/955/967**
**11.35pm-12.20am** The Super League Show (S)

### BBC2

**N. IRELAND**
Sky **972**, Freesat **969**
**10.00-10.30pm** Beidh Aonach Amárach New edition (S)

**WALES**
Sky **971**, Freesat **971**
No variations

### ITV

As main ITV except:

**WALES**
**8.00-8.30pm** Wales This Week New edition (S) **10.45** Sharp End New edition (S) **11.15-11.45pm** Wales on TV (S)(R)

### S4C

Sky **134**, Virgin **166**, Freesat **120**
**6.00am** Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Ysgol Ddawns Anti Karen **12.30** Heno **1.30** Nyrsys **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Ysgol Ni: Maesincla **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cerys Matthews a'r Goeden Faled **6.30** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm (AD) **8.25** NEW SERIES Helo Syrjeri **8.55** Newyddion S4C a'r Tywydd **9.00** Ffermio New edition **9.30** NEW Ein Byd **10.00** Elis James: Cic Lan Yr Archif **10.30** Cynefin **11.30pm-12.05am** Ar Werth

TV&Satellite week
New issue on sale tomorrow

## BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

**7.00** PM **Beyond 100 Days** Followed by **Weather**
**7.30** **Francesco's Mediterranean Voyage** 8/12. The modern-day pilgrimage route to Tinos.
**8.00** **Dynasties** 1/5. Documentary following endangered species, beginning with a chimpanzee troop in Senegal.
**9.00** **Age of the Image** New edition 2/4. Historian James Fox looks at the impact of mass communication and new technology.
**10.00** **Suffragettes with Lucy Worsley** The historian examines the battle that women had to wage for the right to vote.
**11.30** **Art of France** 3/3. Examining the development of impressionism.
**12.30** AM **Britain's Outlaws: Highwaymen, Pirates and Rogues** 3/3. Urban crime, fraud and corruption.
**1.30** **Rude Britannia**
**2.30** **to 3.30** AM **Age of the Image**

## MORE4

136 136 830 | 147 195 | 18 | 124

**8.55** AM **Kirstie's Vintage Gems**
**9.15** **A Place in the Sun: Winter Sun** In Spain.
**10.05** **A Place in the Sun: Summer Sun** In Almeria.
**11.05** **Find It, Fix It, Flog It**
**1.15** PM **Escape to the Chateau: DIY**
**2.20** **Four in a Bed** Five editions.
**4.55** **The Secret Life of the Zoo**
**5.55** **Car S.O.S** Tim and Fuzz rescue a Vauxhall Astra GTE.

**6.55** **Escape to the Chateau: DIY** Essex couple Martin and Kim start their search to buy the perfect chateau.
**7.55** **Grand Designs** Kevin McCloud meets entrepreneur Paul and his wife Amy, who are building a giant new home on a 16-acre plot in Lincolnshire.
**9.00** **Car S.O.S** New edition 5/10. Tim Shaw and Fuzz Townshend head to Milton Keynes to rescue a vintage Ford Model A, a car that has only just managed to survive its 90 years.
**10.00** **Sarah Millican: Control Enthusiast** A stand-up routine by the comedian.
**11.05** **24 Hours in A&E** A schoolboy is brought in after being hit by a car.
**12.10** AM **8 Out of 10 Cats Does Countdown**
**1.10** **Car S.O.S**
**2.10** **24 Hours in A&E**
**3.15** **to 3.45** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

## ITV2

118 118 816 | 115 176 | 6 | 113

**7.00** AM **Ellen DeGeneres Show**
**7.50** **Emmerdale**
**8.20** **Coronation Street**
**9.20** **Superstore**
**10.15** **Dinner Date**
**11.15** **Dress to Impress**
**12.15** PM **Emmerdale**
**12.45** **Coronation Street**
**1.50** **The Ellen DeGeneres Show** New edition
**2.45** **Dinner Date**
**3.50** **Dress to Impress**
**4.50** **Take Me Out**
**6.00** **You've Been Framed!**

**7.00** **You've Been Framed! Gold** Double bill.
**8.00** **Two and a Half Men** 13/22. Walden and Alan plan a bachelor party for Marty. **8.30** 16/22. Alan starts dating Gretchen. (S11)
**9.00** **Family Guy** *Space Cadet:* 9/22. Peter and Lois send Chris to space camp. (S11)
**9.30** **American Dad!** New episode *Flavourtown:* 2/31. Klaus gets an exciting new outfit. (S15)
**10.00** **The Stand Up Sketch Show** New edition With Nigel Ng, Helen Bauer, Lily Phillips and Seann Walsh.
**10.30** **Family Guy** (S11&10)
**11.30** **American Dad!**
**11.55** **The Cleveland Show**
**12.25** AM **Two and a Half Men**
**1.25** **Hey Tracey!**
**2.05** **Plebs**
**3.05** **to 3.30** AM **Guinness World Records**

+1 hour 218 | 116 | 27 | 114

## E4

135 135 829 | 106 145 | 13 | 122

**6.00** AM **Hollyoaks**
**7.00** **How I Met Your Mother**
**8.00** **Baby Daddy**
**9.00** **Mike & Molly**
**10.00** **The Big Bang Theory**
**11.00** **The Goldbergs**
**12.00** NOON **Brooklyn Nine-Nine**
**1.00** PM **The Big Bang Theory**
**2.00** **Baby Daddy**
**3.00** **Mike & Molly**
**4.00** **The Goldbergs**
**5.00** **Brooklyn Nine-Nine**
**6.00** **The Big Bang Theory**

**7.00** **Hollyoaks** Celeste is worried by Toby's plan to reveal his true identity.
**7.30** **Man with a Plan** New episode 15/22. Adam's parents pay a visit. (S1)
**8.00** **NEW SERIES First Dates Abroad** The restaurant-based dating show returns to Australia. (S7)
**9.00** **Celebs Go Dating** New edition 12/20. Amy Childs and Liv Bentley double-date with Jamie and Dom.
**10.00** **The Sex Clinic** New edition A man who has had more than 1,000 partners comes in for an STI test.
**11.05** **The Big Bang Theory**
**12.05** AM **Brooklyn Nine-Nine**
**1.05** **Celebs Go Dating**
**2.10** **First Dates Abroad**
**3.05** **The Sex Clinic**
**4.00** **The Big Bang Theory**
**4.50** **to 6.00** AM **How I Met Your Mother**

+1 hour 235 | 146 | 28 | 123

Monday primetime

# MONDAY Entertainment

Monday

## Sky Witness

107 107 807 112 111

**6.00** AM **Nothing to Declare**
**8.00** **The Real A&E**
**9.00** **Blue Bloods** 10/22. (S7)
**10.00** **Criminal Minds** 6/22. (S12)
**11.00** **CSI** 17/24. (S6)
**12.00** NOON **Elementary** 12/21. A dominatrix goes missing. (S6)
**1.00** PM **Blue Bloods** 11/22. (S7)
**2.00** **Law & Order** 12/24. An insurance executive is found dead. (S12)
**3.00** **The Real A&E**
**4.00** **Stop, Search, Seize**
**5.00** **Nothing to Declare**

10.00 Blue Bloods

**7 PM**

**7.00** **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

**8 PM**

**8.00** **Ghost Whisperer** *Cat's Claw:* 11/22. Melinda uncovers a new mystery after being transported into an exotic jungle. (S2)

**9 PM**

**9.00** **Criminal Minds** New episode *Ghost:* 5/10. The BAU team investigate what appears to be a copycat killer. (S15)

**10 PM**

**10.00** **Blue Bloods** New episode *Naughty or Nice:* Danny and Baez turn to a former mobster for help with an investigation. (S10)
**11.00** **Law & Order: Special Victims Unit** 24/24. (S15)
**12.00** M'T **CSI** 21/24. (S6)
**1.00** AM **The Good Doctor** (S3)
**2.00** **Law & Order: SVU** (S21)
**3.00** **Blue Bloods**
**4.00** **Ghost Whisperer**
**5.00** **to 6.00** AM **Shades of Blue**

+1 hour 207 180

## Sky Atlantic

108 108 808

**6.00** AM **The Guest Wing**
**7.00** **Without a Trace** (S3)
**10.00** **The West Wing** (S3)
**12.00** NOON **Blue Bloods** (S2)
**1.00** PM **CSI** 4/24. (S6)
**2.00** **The West Wing** (S3)
**4.00** **Without a Trace** 19/23. The team investigate when a psychic goes missing. **5.00** 20/23. Jack and the team investigate the disappearance of a teenager. **6.00** 21/23. Jack and the team deal with the disappearance of Danny's brother. (S3)

10.05 The End

**7 PM**

**7.00** **CSI** *Gum Drops:* 5/24. The team investigate when a family disappears without trace and are believed murdered. (S6)

**8 PM**

**8.00** **Blue Bloods** *The Uniform:* 11/22. An officer is suspected of a shooting, and Jamie is forced to take on a second job. (S2)

**9 PM**

**9.00** **The Outsider** Series finale *Must/Can't:* 10/10. The group head into a showdown in their effort to root out El Coco. (S1)

**10 PM**

**10.05** **The End** New episode 5/10. A decision gives Edie a new lease of life. (S1)
**10.40** **True Blood** *To Love Is to Bury:* 11/12. (S1)
**11.50** **True Blood** 12/12. The identity of the killer is revealed. (S1)
**1.00** AM **The L Word: Generation Q** 5/8. Bette feels guilty about lying to Angie. (S1)
**2.10** **Oz** 16/16. (S4)
**3.25** **Californication** 6/12. (S2)
**4.00** **to 6.00** AM **The West Wing**

+1 hour 208

## GOLD

110 110 810 124 310 392

**7.25** AM **The Piglet Files**
**7.50** **As Time Goes By**
**8.25** **The Good Life**
**9.00** **Porridge**
**9.40** **Hi-de-Hi!**
**10.20** **Last of the Summer Wine**
**12.20** PM **Keeping Up Appearances**
**1.00** **Porridge**
**1.40** **Hi-de-Hi!**
**2.20** **The Good Life**
**3.00** **Keeping Up Appearances**
**3.40** **Dad's Army**
**4.20** **Last of the Summer Wine**
**6.20** **The Good Life**

9.00 Gavin & Stacey

**7 PM**

**7.00** **Porridge** The inmates stage a mock trial to bring a thief to justice.
**7.40** **Dad's Army** The platoon are picked to appear in an army training film. **8.20** Private Pike receives his call-up papers and unexpectedly passes his medical.

**8 PM**

**9 PM**

**9.00** **Gavin & Stacey** Stacey travels to London to meet Gavin in person.
**9.40** **Mrs Brown's Boys** Agnes goes on a diet and Rory has a dilemma.

**10 PM**

**10.20** **Live at the Apollo** Lee Mack welcomes Rich Hall and Danny Bhoy to the Hammersmith Apollo.
**11.20** **Sandylands** Free-spirited Emily makes a reluctant trip to her home town after her father goes missing.
**12.00** M'T **Peep Show**
**1.10** AM **Gavin & Stacey**
**1.50** **Live at the Apollo**
**2.40** **to 4.00** AM **Peep Show**

+1 hour 210 194

## ITV3

119 119 817 117 177 10 115

**6.00** AM **Classic Coronation Street**
**6.55** **Classic Emmerdale**
**7.55** **Heartbeat**
**8.55** **Man About the House**
**10.00** **That's My Boy**
**10.30** **A Touch of Frost**
**12.40** PM **Heartbeat**
**1.45** **Classic Emmerdale**
**2.50** **Classic Coronation Street**
**3.55** **Midsomer Murders**
**5.55** **Heartbeat** *The Dreams That You Dream:* Gina and Phil make final wedding preparations for their big day.

8.00 Endeavour

**7 PM**

**7.00** **Agatha Christie's Poirot** *The Veiled Lady:* The detective is summoned to a hotel to help a mysterious veiled lady.

**8 PM**

**8.00** **Endeavour** *Nocturne:* The murder of a museum specialist leads Morse to a girls' boarding school with a dark history, where a note reading 'Save Me' is mysteriously slipped into his coat pocket.

**9 PM**

**10 PM**

**10.00** **Scott & Bailey** 5/8. Janet interviews serial killer Geoff Hastings, who has vowed to reveal the full extent of his crimes. (S2)
**11.00** **A Touch of Frost** *Not with Kindness:* DI Frost has his hands full coping with death threats and arson attacks. **1.10** AM *Conclusions:* An elderly man is killed by a hit-and-run driver.
**3.00** **to 3.25** AM **That's My Boy**

+1 hour 219 174 34 116

## ITV4

120 120 818 118 178 24 117

**6.00** AM **Football's Greatest**
**6.05** **Only When I Laugh**
**6.30** **Quincy ME**
**7.20** **Kojak**
**8.15** **The Saint**
**9.20** **Minder**
**10.25** **The Professionals**
**11.25** **The Sweeney**
**12.35** PM **Quincy ME**
**1.40** **Kojak**
**2.40** **The Saint**
**3.50** **Minder**
**4.50** **The Professionals**
**5.55** **The Sweeney**

10.00 Magnum Force

**7 PM**

**7.00** **Cycling: Paris-Nice Highlights** Action from stage two of the race, from Chevreuse to Chalette-sur-Loing.

**8 PM**

**8.00** **River Monsters** In the Pacific Ring of Fire, a fishing community is being terrorised by something in the water.

**9 PM**

**9.00** **Giant Lobster Hunters** New edition A skipper is under pressure to fill a special order of 600 brindle lobsters.

**10 PM**

**10.00** **FILM Magnum Force** Thriller starring Clint Eastwood. (1973, 18, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
**12.35** AM **Car Crash Global: Caught on Camera** Documentary featuring dash-cam video footage of a host of astonishing accidents, and enthralling escapes on roads all over the world.
**1.35** **to 2.40** AM **The Contender**

+1 hour 220 175 154

## BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

**12.00** NOON **to 7.00** PM **As BBC2 except:**
**12.00** NOON **Sign Zone: Paramedics on Scene**
**1.00** PM **Sign Zone: Hebrides: Islands on the Edge** A huge storm hits the archipelago.
**2.00** **Sign Zone: Grand Tours of the Scottish Islands** The island of Orkney.
**7.00** PM **The Singer Story: Made in Clydebank** The story of the Singer sewing machine and its impact across the world.
**8.00** **Hebrides: Islands on the Edge** After a year of drought, Atlantic salmon find themselves trapped and unable to move into the river systems.
**9.00** **The Nine**
**10.00** **River City** New episode Stevie wonders if Poppy wants to cement their future together.
**11.00** PM **to 12.00** M'T **Love Song**

## Sky Two

168 160

**7.00** AM **60 Minute Makeover** Double bill.
**9.00** **Ninja Warrior Women Tournament** Double bill.
**10.00** **My Kitchen Rules: South Africa**
**12.00** NOON **The Dog Whisperer** Double bill.
**2.00** PM **House Hunters International**
**3.00** **Wild Vets**
**4.00** **Haven** 6/13. (S1)
**5.00** **Relic Hunter** 1/22. (S2)
**6.00** **Stargate SG-1** (S7)
**8.00** **Magnum P.I.** (S2)
**9.00** **Hawaii Five-0** (S10)
**10.00** **NCIS: Los Angeles** *Answers:* Callen and Sam contemplate their future at the agency. (S11)
**11.00** **SEAL Team** (S3)
**12.00** M'T **Criminal Minds**
**1.00** AM **Blue Bloods** (S10)
**2.00** **Highway Cops**
**3.00** **Duck Quacks Don't Echo** With Jimmy Carr.
**4.00** **Wild Vets**
**5.00** **to 6.00** AM **The Dog Whisperer**

## Pick

152 165 11 144

**7.00** AM **Motorway Patrol**
**8.00** **Police Force: Australia**
**9.00** **Nothing to Declare**
**10.00** **Canada's Front Line**
**11.00** **Road Wars**
**11.30** **Caught Red Handed**
**1.00** PM **Police Force: Australia** Double bill.
**2.00** **Border Patrol**
**3.00** **Nothing to Declare**
**4.00** **Canada's Front Line**
**5.00** **Stargate SG-1** (S1)
**6.00** **Star Trek: The Next Generation** 15/22. (S2)
**7.00** **Hawaii Five-0** (S6)
**8.00** **Elementary** 6/24. (S5)
**9.00** **Britain's Most Evil Killers** David Heiss.
**10.00** **Murders That Shocked the Nation**
**11.00** **The Force: Essex**
**12.00** M'T **Banged Up Abroad**
**1.00** AM **Road Wars**
**2.00** **Nothing to Declare**
**3.00** **Stop, Search, Seize**
**4.00** **Motorway Patrol**
**5.00** **to 6.00** AM **Highway Patrol**

+1 hour 252 92 149

## Dave

111 111 127 227 19 157 19

**7.10** AM **Eat Your Heart Out with Nick Helm**
**8.00** **American Pickers**
**9.00** **Storage Hunters UK**
**10.00** **American Pickers**
**12.00** NOON **Timber Kings**
**1.00** PM **Top Gear**
**2.00** **Border Force: America's Gatekeepers**
**3.00** **Scrapyard Supercar**
**4.00** **Top Gear**
**6.00** **Taskmaster**
**7.00** **Room 101**
**8.20** **Have I Got a Bit More News for You**
**9.20** **QI** With Andy Hamilton, Rich Hall, Phill Jupitus and Alan Davies.
**10.00** **Room 101**
**10.40** **Meet the Richardsons**
**11.20** **Mock the Week**
**12.00** M'T **Taskmaster**
**1.00** AM **Have I Got a Bit More News for You**
**2.00** **QI** As 9.20pm.
**2.40** **Go 8 Bit: DLC**
**3.30** **to 4.00** AM **The Indestructibles**

+1 hour 211 131

## Comedy Central

112 112 812 132 181 307 370

**8.00** AM **The Office (US)**
**9.00** **The Fresh Prince of Bel Air** Double bill.
**10.00** **Friends** (S1&2)
**3.00** PM **Last Man Standing**
**4.00** **Two and a Half Men**
**5.00** **Friends** (S2)
**7.30** **Friends** 12/24. Joey dates a crazed fan. **8.00** 13/24. Guest stars Julia Roberts. **8.30** 14/24. Joey gives Chandler a gift. (S2)
**9.00** **Russell Howard's Good News** Double bill.
**10.00** **Impractical Jokers** New editions Double bill.
**11.00** **FILM Billy Madison** Comedy starring Adam Sandler. (1995, PG, 90min) ★★
**1.00** AM **The Mick**
**2.00** **The Ricky Gervais Show**
**3.00** **Bad Robots**
**3.25** **Last Man Standing**
**4.15** **to 5.00** AM **Two and a Half Men**

+1 hour 212 133 119

## ITV Be

131 119 179 26 118

**7.00** AM **Bachelor in Paradise**
**8.45** **Be Beautiful**
**9.00** **LittleBe**
**12.00** NOON **Income Property**
**12.25** PM **Real Housewives of Beverly Hills**
**1.20** **Absolutely Ascot**
**2.20** **Million Dollar Listing: NYC** New edition
**3.15** **The Real Housewives of New York City**
**4.10** **The Real Housewives of Dallas** Double bill.
**6.00** **Masters of Flip**
**7.00** **Buying and Selling** Helping a couple who have outgrown their starter home.
**8.00** **Dinner Date**
**9.00** **The Real Housewives of Orange County** New edition Vicki starts a nasty rumour about Kelly, and Shannon flirts with a beekeeper.
**10.00** **Botched** Double bill.
**11.55** PM **to 12.40** AM **The Only Way Is Essex**

+1 hour 231 120

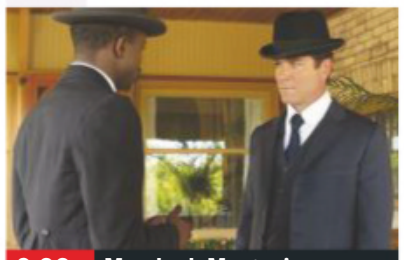


★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

## Alibi

132 132 826 | 126 212 | 312 382

**7.10** AM **Murdoch Mysteries** (S4)
**10.00** **The Guardian** 4/22. (S1)
**11.00** **Sue Thomas: F.B.Eye** (S1)
**12.00** NOON **Major Crimes** (S4)
**1.00** PM **Rush** 15&16/22. (S3)
**3.00** **Murdoch Mysteries** 3/18. Inventor Thomas Edison becomes a murder suspect. **4.00** 4/18. Murdoch tries to locate a missing nanny. **5.00** 5/18. The body of a woman is recovered from a riverbank. (S7)
**6.00** **Major Crimes** 3/23. A model is found dead. (S4)



**9.00** Murdoch Mysteries

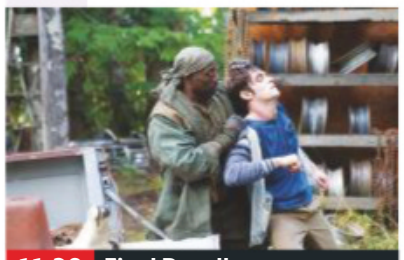
**7.00** **Motive** *Frampton Comes Alive:* 12/13. A murder investigation unveils dark secrets about two married couples.
**8.00** **Motive** *A Problem Like Maria:* 13/13. The team unite behind Detective Vega when she faces very difficult surgery. (S3)
**9.00** **Murdoch Mysteries** New episode *The Killing Dose:* 9/18. A woman is injured in a fall, and Murdoch suspects her family. (S13)
**10.00** **Ms Fisher's Modern Murder Mysteries** *Seasoned Murder:* 7/8. A murder is committed at a cookery school. (S1)
**11.00** **New Tricks** *Breadcrumbs:* Danny investigates the death of a modern-day Miss Marple.
**12.20** AM **Murdoch Mysteries** *Elementary, My Dear Murdoch:* 4/13. A murder is revealed in a seance. (S1)
**1.20** **to 4.00** AM **Bite Club**

+1 hour 232 191

## Syfy

114 114 814 | 138 137 | 319 375

**6.00** AM **Warehouse 13** 3/13. (S2)
**7.00** **Merlin** 3/13. (S2)
**8.00** **Teleshopping**
**11.00** **Stargate Atlantis** (S5)
**1.00** PM **Star Trek: Voyager** 23&24/26. Double bill. (S4)
**3.00** **Star Trek: The Next Generation** 17&18/26. (S4)
**5.00** **Star Trek: Deep Space Nine** 19/26. Aliens implant false memories of psychological trauma inside O'Brien's brain. **6.00** 20/26. Sisko is forced to follow his son into a parallel universe. (S4)



**11.20** Final Recall

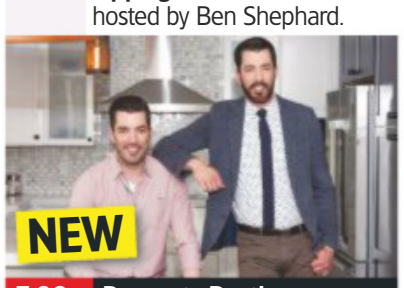
**7.00** **Warehouse 13** *Beyond Our Control:* 3/13. Residents of Univille start to experience bizarre events. (S2)
**8.00** **Merlin** *The Nightmare Begins:* 3/13. Morgana wonders whether she has magic powers, and Merlin disobeys his master. (S2)
**9.00** **Westworld** *Vanishing Point:* 9/10. The Man in Black confronts past memories, and Charlotte formulates a plan to kill all of the remaining hosts. **10.10** *The Passenger:* 10/10. Dolores, Bernard and The Man in Black cross paths. (S2)
**11.20** FILM **Final Recall** Sci-fi thriller starring Wesley Snipes. (2017, 15, 90min) ★
**1.20** AM **The Twilight Zone** (S1)
**2.30** **Future Man** 9/13. (S2)
**3.00** **Star Trek: Deep Space Nine**
**5.00** **to 6.00** AM **Star Trek: Voyager**

+1 hour 214 229

## W

109 109 809 | 125 211 | 311 383

**6.10** AM **MasterChef Australia**
**7.00** **My Dream Home**
**8.00** **Tipping Point**
**10.00** **The Bill** Smithy stands in line to blame for the explosion.
**11.00** **Supernanny US** A couple with four children seek help.
**12.00** NOON **Tipping Point**
**2.00** PM **My Dream Home** A couple want a large home where they can raise a family. **3.00** A couple who need to find their dream home quickly.
**5.00** **Tipping Point** Double bill hosted by Ben Shephard.




**7.00** Property Brothers...

**7.00** NEW SERIES **Property Brothers: Forever Home** Drew and Jonathan Scott help couples renovate their existing properties.
**8.00** **The Wedding Fixer** Sarah Haywood is in Canterbury with a couple who need help with their Indian fusion wedding.
**9.00** **One Born Every Minute** The new arrivals include nervous first-time parents and a Mormon couple expecting their third child.
**10.00** **One Born: What Happened Next?** Revisiting *One Born Every Minute*'s most memorable parents.
**11.00** **Inside the Ambulance** Medics help a man having an anxiety attack in the street.
**12.00** M'T **One Born Every Minute**
**1.00** AM **Emily Atack: Adulting**
**1.50** **Code Black** 10/13. (S3)
**2.35** **to 3.00** AM **Renovate My Home: Leave It to Bryan**

+1 hour 209 190

## Sky Comedy

113 113 813 | 122 121

**8.00** AM **Everybody Hates Chris**
**9.00** **Parks and Recreation** (S5)
**10.30** **30 Rock** (S5)
**12.00** NOON **The Mindy Project** New episodes (S4)
**1.30** PM **Modern Family** (S3)
**2.30** **Everybody Hates Chris** (S3)
**3.30** **Parks and Recreation** (S6)
**5.00** **30 Rock** 11/23. Jack discovers he has accidentally married Liz. **5.30** 12/23. Guest stars Robert De Niro. **6.00** 13/23. Liz fakes a pregnancy to help Avery. (S5)
**6.30** **Modern Family** 13/24. (S3)

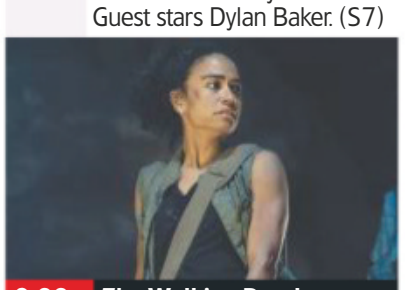
**10.00** Last Week Tonight with...

**7.00** **Modern Family** (S3)
**7.30** **The Mindy Project** New episode 24/26. Leo auditions for a role on a soap opera. (S4)
**8.00** **The Mindy Project** New episodes 25/26. Morgan and Jeremy visit Danny. **8.30** 26/26. Jody tries to get Mindy's trust. (S4)
**9.00** **Miracle Workers** Series finale 7/7. (S1)
**9.30** **A.P. Bio** New episode 7/13. Jack gets an offer to write a book. (S1)
**10.00** **Last Week Tonight with John Oliver** New edition Satirical talk show.
**10.35** **Real Time with Bill Maher** New edition
**11.45** NEW **Bill Maher: The Decider** Stand-up comedy.
**12.55** AM **Entourage** 15/20. Ari finds it difficult to fire an inept agent, plunging him into an identity crisis. (S3)
**1.25** **Silicon Valley** (S4)
**2.00** **Veep** (S2)
**2.35** **Girls** (S6)
**3.45** **to 5.00** AM **30 Rock**

## FOX

124 124 821 | 157 199

**8.00** AM **Republic of Doyle** (S2)
**9.00** **Bones** 8/21. (S2)
**10.00** **Bull** 2/22. (S2)
**11.00** **NCIS** 21/24. (S12)
**12.00** NOON **Bones** 9&10/21. (S2)
**2.00** PM **The Mentalist** 8/13. (S7)
**3.00** **NCIS** 22/24. (S12)
**4.00** **Bull** 3/22. (S2)
**5.00** **Bones** 11/21. Brennan and Booth investigate the death of a federal agent. (S2)
**6.00** **The Mentalist** 9/13. The team try to thwart Peterson's crusade to destroy Abbott. Guest stars Dylan Baker. (S7)



**9.00** The Walking Dead

**7.00** **NCIS** *The Lost Boys:* 23/24. The team aid in an investigation into an international terror group. Guest stars Matt Jones.
**8.00** **NCIS** *Neverland:* 24/24. Dorneget's CIA officer mother joins the fight against The Calling. Guest stars Mimi Rogers. (S12)
**9.00** **The Walking Dead** New episode *Morning Star:* 11/16. The communities must decide whether to run or fight. (S10)
**10.00** **Talking Dead** New edition Chris Hardwick sits down with the cast members to recap the latest episode. (S10)
**11.00** **American Dad!** (S4)
**12.00** M'T **Family Guy** (S2)
**12.30** AM **Family Guy** (S2)
**1.00** **American Dad!** (S4)
**2.00** **Family Guy** (S2)
**3.00** **American Dad!** (S4)
**4.00** **to 5.00** AM **Republic of Doyle**

+1 hour 224 158

**7 PM** | **8 PM** | **9 PM** | **10 PM**

## Sony Channel

157 189 48 142

**6.00** AM **Sony Movie News**
**6.10** **The Waltons** 6/25. (S5)
**7.10** **Hart to Hart**
**9.10** **Days of Our Lives**
**10.00** **Hart to Hart** (S2)
**11.00** **Charlie's Angels** (S1)
**12.00** NOON **Starsky & Hutch**
**1.00** PM **T.J. Hooker** (S2)
**2.00** **Hart to Hart** (S2)
**4.00** **Murder, She Wrote**
**6.00** **Charlie's Angels** (S1)
**7.00** **M*A*S*H** 14/20. Charles is sent to the front. **7.30** 15/20. A practical joke backfires. **8.00** 16/20. The medics mollycoddle Potter. **8.30** 17/20. Hawkeye has a sneezing fit. (S9)
**9.00** **Classic Who Wants to Be a Millionaire?**
**1.00** AM **M*A*S*H**
**2.00** **Charlie's Angels** (S1)
**3.00** **M*A*S*H** 4/25. (S8)
**3.30** **The Waltons** (S1)
**4.20** **Touched by an Angel**
**5.10** **to 6.00** AM **Highway to Heaven**

+1 hour 257 220 152

## Sky Arts

122 122 820 | 123 156

**6.00** AM **La Traviata**
**8.30** **Watercolour Challenge**
**9.00** **The South Bank Show Originals**
**9.30** **Auction**
**10.00** **Tales of the Unexpected**
**11.00** **Discovering**
**1.00** PM **The South Bank Show Originals**
**1.30** **Watercolour Challenge**
**2.00** **Katherine Jenkins Live at the O2**
**4.00** **Tales of the Unexpected**
**5.00** **Discovering**
**7.00** **Berlioz: Symphonie Fantastique** Concert of Berlioz's dramatic masterpiece.
**9.00** **Hollywood Couples** Judy Garland and Vincente Minnelli.
**10.00** **Portrait Artist of the Year 2020**
**11.00** **Mystery of the Lost Paintings**
**12.00** M'T **Comedy Legends**
**1.00** AM **The Nineties**
**2.00** **Passions**
**3.00** **The History of Comedy**
**4.00** **to 6.00** AM **Discovering**

## 4seven

137 143 203 47 110 127

**9.00** AM **Posh Pawn**
**10.00** **Find It, Fix It, Flog It**
**11.00** **Come Dine with Me**
**12.00** NOON **Place in the Sun**
**1.00** PM **Undercover Boss Canada** Documentary.
**2.00** **Ramsay's Kitchen Nightmares USA**
**3.00** **Everybody Loves Raymond** (S1)
**4.00** **Frasier** 18&19/24. (S3)
**5.00** **A Place in the Sun**
**6.00** **A New Life in the Sun: Where Are They Now?**
**7.00** **Ramsay's Kitchen Nightmares USA**
**8.00** **The Great Pottery Throw Down**
**9.00** FILM **Passengers** Fantasy. (2016, 12, 116min) ★★★★
**11.20** **Gogglebox**
**12.20** AM **24 Hours in A&E**
**1.25** **Dispatches**
**1.55** **Food Unwrapped**
**2.30** **Nightmare Cruises: Going Overboard**
**3.35** **A New Life in the Sun...**
**4.35** **to 5.05** AM **Four in a Bed**

## 5USA

141 141 153 21 129

**9.00** AM **Criminals: Caught on Camera**
**9.25** **Murder, She Wrote** (S6)
**10.15** **CSI: NY** 19/23. (S6)
**11.10** **The Mysteries of Laura**
**12.05** PM **Law & Order**
**8.00** **NCIS: New Orleans** *End of the Line:* 15/24. A gruesome copycat murder on a street car reopens a former case for Wade, evoking painful memories from her past. (S3)
**9.00** **Law & Order: Criminal Intent** *30:* 16/22. Logan pledges to discover who administered a lethal dose of radioactive polonium to a dying friend. (S6)
**10.00** **Law & Order: Special Victims Unit** (S17)
**11.55** **Law & Order: Special Victims Unit** (S16)
**1.55** AM **Law & Order: Los Angeles** (S1)
**3.50** **to 4.00** AM **Access**

+1 hour 241 185 56 130

## 5STAR

128 151 30 131

**8.00** AM **3rd Rock from the Sun** 15/26. (S2)
**8.20** **House** (S4)
**10.05** **Nightmare Tenants, Slum Landlords**
**12.05** PM **Can't Pay? My Nightmare Ex Wife**
**1.00** **Can't Pay? We'll...**
**3.00** **Neighbours**
**3.30** **Home and Away**
**4.00** **House** (S5)
**6.00** **Neighbours**
**6.30** **Home and Away**
**7.00** **Now That's Funny!**
**8.00** **Filthy House SOS**
**9.00** **The Nightmare Neighbour Next Door**
**10.00** **Celebrity Botched Up Bodies** Lip fillers.
**11.00** FILM **Bad Teacher** Comedy. (2011, 15) ★★
**12.55** AM **Young, Dumb and Banged Up in the Sun**
**1.55** **10 Years Younger in 10 Days**
**3.00** **Hoarders: Landfill in My Living Room**
**3.50** **to 4.00** AM **Access**

+1 hour 228 186 55 141

## Drama

143 130 20 158

**7.10** AM **Soldier, Soldier**
**9.00** **The Bill**
**10.00** **Classic Holby City**
**11.00** **Classic Casualty**
**12.00** NOON **The Bill**
**1.00** PM **Classic EastEnders**
**2.20** **London's Burning**
**3.20** **Monarch of the Glen**
**4.20** **Bergerac**
**5.25** **Bread**
**6.00** **Hi-de-Hi!**
**6.40** **As Time Goes By**
**7.20** **Last of the Summer Wine** With Bobby Ball.
**8.00** **Dalziel & Pascoe** *For Love Nor Money:* A retired detective is found dead.
**10.00** **New Tricks** *Big Topped:* Sandra loses her trust in the team when she discovers they have withheld information.
**11.20** **Waking the Dead**
**1.55** AM **The Bill**
**2.55** **to 4.00** AM **London's Burning**

+1 hour 243 226

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

# MONDAY Entertainment & Lifestyle

## AMC

332 381

Programmes start at 5pm.

**5.00** PM **FILM My Boss's Daughter** Comedy. (2003, 12, 86min) ★
**6.35** **Zoom In** (S1)
**6.45** **FILM Driven** Action drama starring Sylvester Stallone and Kip Pardue. (2001, PG, 116min) ★★
**9.00** **Into the Badlands** *Leopard Snares Rabbit:* 3/16. Sunny and Bajie go undercover on The Widow's frontlines. **9.55** *Blind Cannibal Assassins:* 4/16. Sunny and Bajie face a deadly new foe. (S3)
**10.50** **The Terror** *The C the C the Open C:* 9/10. The men are pushed to the edge. (S1)
**12.00** M'T **FILM The Fighter** Boxing drama. (2010, 15, 116min) ★★★★
**2.10** AM **Into the Badlands**
**3.50** **to 5.00** AM **The Terror**

## CBS Drama

147 197 71 134

**9.00** AM **NCIS** 1&2/24. (S4)
**11.00** **Scorpion** (S2)
**1.00** PM **Gunsmoke**
**3.00** **Airline**
**4.00** **Hoarders**
**5.00** **Unsolved Mysteries**
**7.00** **Judge Judy**
**9.00** **Medium** *How to Beat a Bad Guy:* 15/22. Allison investigates an attack on a self-defence instructor. (S6)
**10.00** **CSI: Miami** *Man Down:* 15/24. Delko is rushed to hospital with potentially fatal gunshot wounds. (S5)
**11.00** **Unsolved Mysteries** The case of a mysterious legacy left to unknown heirs and the abduction of a businessman's son.
**12.00** M'T **Judge Judy**
**1.00** AM **ER** 21/22. (S5)
**2.00** **Medium** As 9.00pm.
**3.00** **CSI: Miami** As 10.00pm.
**4.00** **Walker, Texas Ranger**
**5.00** **to 6.00** AM **Matlock**

+1 hour 69

## CBS Justice

148 192 39 137

**9.00** AM **Diagnosis Murder**
**11.00** **Matlock** 10/24. (S4)
**12.00** NOON **Perry Mason**
**1.05** PM **Walker, Texas Ranger** 24/25. (S7)
**2.05** **CSI: Miami** 5/24. (S2)
**3.00** **NCIS** 22/24. (S7)
**4.00** **NCIS: Los Angeles** (S2)
**5.00** **Matlock** 11/24. (S4)
**6.00** **Perry Mason**
**7.05** **Scorpion** 24/25. (S3)
**8.00** **Walker, Texas Ranger** *Wedding Bells – Part Two:* 25/25. (S7)
**9.00** **NCIS** *Anonymous Was a Woman:* 4/24. A woman who assumed the identity of a US soldier is murdered. (S11)
**10.00** **NCIS: Los Angeles** (S2)
**11.00** **Scorpion** 25/25. (S3)
**12.00** M'T **CSI: Miami** (S2)
**1.00** AM **NCIS** As 9.00pm.
**2.00** **Gunsmoke** (S19)
**3.05** **Bonanza**
**4.50** **to 6.00** AM **Mission: Impossible**

+1 hour 69

## CBS Reality

146 148 66 135

**9.00** AM **Judge Judy**
**1.00** PM **Judge Judy**
**7.00** **Medical Detectives** How a forensic anthropologist discovered the truth about a death. **7.30** A bomb detonates in a rural home.
**8.00** **48 Hours: Mystery** A wealthy lawyer shoots his wife from the backseat of a car.
**9.00** **Cold Blood**
**10.00** **Cold Justice** Kelly and Steve head to Oregon to help solve the 1993 murder of a young man.
**11.00** **Killer Doctors on Death Row**
**12.00** M'T **Snapped: Killer Couples**
**1.00** AM **Cold Blood**
**2.00** **Cold Justice**
**3.00** **I Survived**
**3.45** **Unsolved Mysteries**
**5.10** **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

## Challenge

151 164 46 146

**7.00** AM **Catchphrase**
**7.30** **Deal or No Deal**
**9.00** **The Chase**
**10.00** **Dale's Supermarket Sweep** Double bill.
**11.00** **Bruce's Price Is Right**
**12.00** NOON **Wheel of Fortune** Game show.
**1.00** PM **Catchphrase**
**2.00** **Family Fortunes**
**2.30** **All Star Family Fortunes** Game show.
**4.00** **Bullseye**
**5.00** **Golden Balls**
**6.00** **Weakest Link**
**7.00** **Pointless**
**8.00** **Impossible** Game show hosted by Rick Edwards.
**9.00** **The Chase**
**10.00** **Who Wants to Be a Millionaire?**
**11.00** **Bullseye**
**12.00** M'T **Classic Who Wants to Be a Millionaire?**
**1.00** AM **The Chase**
**4.00** **to 6.00** AM **Deal or No Deal**

+1 hour 251 230 147

## Comedy Central Extra

127 182 308

**6.00** AM **Impractical Jokers**
**7.00** **Teleshopping**
**9.00** **Friends** (S2)
**10.00** **The Middle** (S6)
**11.00** **The Office (US)** (S9)
**12.00** NOON **Bob's Burgers**
**1.00** PM **Wipeout USA**
**2.00** **Most Ridiculous**
**3.00** **Impractical Jokers**
**4.00** **Bob's Burgers** (S9)
**5.00** **The Middle** (S6)
**6.00** **Fresh Prince of Bel Air**
**7.00** **The Office (US)**
**9.00** **Friends** (S2)
**10.00** **South Park** (S21&22)
**11.00** **Ricky Gervais Show**
**11.30** **The Cleveland Show**
**12.00** M'T **Jimmy Carr**
**1.00** AM **Russell Howard's Good News**
**3.00** **Kevin Bridges: A Whole Different Story**
**3.45** **Hood Adjacent**
**4.05** **The Office (US)** (S9)
**4.30** **The Middle** (S6)
**5.15** **to 6.00** AM **Last Man Standing**

+1 hour 227

## E!

123 123 834 140 139 321 386

**7.00** AM **Keeping Up with the Kardashians**
**10.00** **Total Bellas**
**11.00** **Botched**
**11.30** **Meet the Frasers**
**12.00** NOON **Kourtney & Kim Take New York**
**1.00** PM **Keeping Up with...**
**3.00** **Very Cavallari**
**4.00** **Botched**
**5.30** **Botched: Most Outrageous Rejects**
**6.00** **Keeping Up with...**
**7.00** **Very Cavallari**
**8.00** **Botched: Outrageous Celebrity Patients**
**8.30** **Botched**
**9.00** **Meet the Frasers** New edition
**9.30** **Keeping Up with...**
**10.30** **The Soup**
**11.00** **Very Cavallari**
**12.00** M'T **Keeping Up with...**
**1.00** AM **Botched**
**2.00** **Teleshopping**
**3.00** **Keeping Up with...**
**4.00** **to 5.00** AM **Hollywood Medium**

## Food Network

140 278 41 148

**6.00** AM **Jamie's 30 Minute Meals**
**6.30** **30 Minute Meals**
**7.00** **Giada at Home**
**9.00** **The Pioneer Woman**
**11.00** **Barefoot Contessa**
**12.00** NOON **Hairy Bikers' Food Tour of Britain**
**1.00** PM **Nigel and Adam's Farm Kitchen**
**2.00** **Yorkshire's Finest**
**2.30** **Martin's Brittany**
**3.00** **Jamie's 30 Minute...**
**3.30** **30 Minute Meals**
**4.00** **The Pioneer Woman**
**6.00** **Martin: Delicious**
**7.00** **Ramsay's Ultimate Cookery Course**
**8.00** **Bikers' Food Tour...**
**9.00** **Gino D'Acampo An Italian Returns to Mexico** Double bill.
**10.00** **Martin: Home Comforts**
**11.00** **Mystery Diners**
**12.00** M'T **Diners, Drive-Ins...**
**2.00** **to 3.00** AM **Mystery Diners**

+1 hour 240 149

## Lifetime

187 208 329 384

**7.00** AM **Women on Patrol**
**8.00** **Judge Judy**
**1.00** PM **Pawn Stars**
**2.00** **Storage Wars**
**3.00** **Little Women: Couples Retreat**
**4.00** **Dance Moms**
**5.00** **Pawn Stars**
**6.00** **Flipping Vegas**
**7.00** **Judge Judy**
**9.00** **The Real Housewives of Beverly Hills** Dorit agrees to model for Lisa Vanderpump.
**10.00** **Storage Wars** The buyers hit Palm Springs and Dave looks to turn his luck around. **10.30** Mary and her new friend Allee search for showbiz-related items in Hollywood.
**11.00** **Hardcore Pawn**
**12.00** M'T **Pawn Stars**
**1.00** AM **Real Housewives of Beverly Hills**
**2.00** **Storage Wars**
**3.00** **to 4.00** AM **Hardcore Pawn**

## Paramount Network

150 187 150 31 132

**9.00** AM **The A-Team**
**11.00** **Knight Rider**
**1.00** PM **Police Interceptors**
**3.00** **Traffic Cops**
**5.00** **The A-Team**
**7.00** **Police Interceptors**
**8.00** **Trucking Hell** The team are called out to upright an artic that has rolled over on the A1.
**9.00** **Yellowstone** New episode *A Monster Is Among Us:* 8/10. Rip stumbles upon a dangerous and desperate situation. (S1)
**10.00** **FILM Red Heat** Action thriller with with Arnold Schwarzenegger. (1988, 18, 106min) ★★★
**12.15** AM **Spartacus: War of the Damned**
**1.25** **Airwolf**
**3.20** **The X-Files**
**4.50** **Knight Rider**
**5.35** **to 6.00** AM **Criminals: Caught on Camera**

+1 hour 250 94

## Quest

144 144 831 169 12 114 172

**6.00** AM **How Do They Do It?**
**6.20** **American Pickers**
**7.10** **Deadliest Catch**
**8.00** **Gold Divers**
**9.00** **Outback Truckers**
**10.00** **Wheeler Dealers**
**11.00** **Chasing Classic Cars**
**12.00** NOON **American Pickers: Best Of**
**1.00** PM **Railroad Alaska**
**2.00** **Deadliest Catch**
**3.00** **Gold Divers**
**4.00** **Salvage Hunters**
**5.00** **Outback Truckers**
**6.00** **MotoGP Highlights**
**7.00** **American Pickers**
**8.00** **Salvage Hunters**
**9.00** **Outback Opal Hunters** New edition
**10.00** **Deadliest Catch**
**11.00** **How Do They Do It?**
**12.00** M'T **Wheeler Dealers**
**1.00** AM **Outback Truckers**
**2.00** **American Chopper**
**3.00** **Fantomworks**
**4.00** **to 6.00** AM **Highlights**

+1 hour 244 213 76 168

## Quest Red

149 170 38 169

**6.00** AM **Say Yes to the Dress**
**7.00** **Bondi Vet**
**8.00** **Animal Cops Phoenix**
**10.00** **Money for Nothing**
**11.00** **Forensic Detectives**
**12.00** NOON **Disappeared**
**2.00** PM **Murder Comes to Town**
**3.00** **Say Yes to the Dress: Australia**
**5.00** **Say Yes: Wedding SOS**
**6.00** **Money for Nothing**
**7.00** **Posh Pawnbrokers**
**8.00** **My 600lb Life: Where Are They Now?**
**9.00** **Sister Wives**
**10.00** **Curvy Brides Boutique**
**11.00** **FBI Case Files**
**12.00** M'T **Forensic Detectives**
**1.00** AM **Crime Stories**
**2.00** **Murder Comes to Town**
**3.00** **FBI Files**
**3.50** **Animal Cops Phoenix**
**4.40** **Bondi Vet**
**5.30** **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 78 170

## Really

142 128 17 160

**6.00** AM **Fantasy Homes by the Sea** As 2.00pm.
**7.00** **Teleshopping**
**8.00** **Homes Under the Hammer** Double bill.
**10.00** **Celebrity Antiques Road Trip**
**11.00** **Antiques Road Trip**
**1.00** PM **Celebrity Fantasy Homes** Shane Lynch.
**2.00** **Fantasy Homes by the Sea** From Italy.
**3.00** **French Collection**
**4.00** **DIY SOS: The Big Build**
**6.00** **Celebrity Antiques Road Trip**
**7.00** **Antiques Road Trip**
**9.00** **Saving Lives at Sea**
**10.00** **Cops UK: Bodycam Squad** Dan and Anna are behind a driver refusing to stop.
**11.00** **Helicopter ER**
**12.00** M'T **Ghost Adventures**
**1.00** AM **Most Haunted**
**2.00** **Teleshopping**
**4.00** **to 6.00** AM **Antiques Road Trip**

## Sky Crime

121 121 819 136 135

**6.00** AM **Motorway Patrol**
**7.00** **Highway Cops**
**8.00** **Canada's Front Line**
**9.00** **Send in the Dogs**
**10.00** **Road Wars**
**11.00** **Brit Cops**
**12.00** NOON **Highway Cops**
**1.00** PM **A Lie to Die For**
**2.00** **Killer Colleagues**
**3.00** **Canada's Front Line**
**4.00** **Road Wars**
**5.00** **Brit Cops**
**6.00** **Send in the Dogs**
**7.00** **Snapped**
**8.00** **A Lie to Die For**
**9.00** **Killer Lovers** New edition
**10.00** **Snapped** New edition
**11.00** **World's Most Evil Killers**
**12.00** M'T **Murders That Shocked the Nation**
**1.00** AM **World's Most Evil**
**2.00** **Snapped**
**3.00** **Murder Calls**
**4.00** **Brit Cops**
**5.00** **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

## Sony Crime

179 193 143

**6.00** AM **Speeders**
**7.00** **Bait Car: Atlanta**
**9.00** **Speeders**
**11.00** **Bait Car: Atlanta**
**1.00** PM **Speeders**
**7.00** **Speeders** Members of a rock band are stopped. **7.30** A couple reveal a shocking story about their daughter's party. **8.00** A car full of partygoers is pulled over. **8.30** A woman is distracted by her evangelism tape.
**9.00** **Bait Car: Atlanta** Four editions of the documentary series about car criminals.
**11.00** **Speeders** Florida police officers stop a dilapidated vehicle. **11.30** A lounge singer is pulled over by police.
**12.00** M'T **Bait Car**
**1.00** AM **Speeders**
**3.00** **Bait Car: New Orleans**
**4.00** **Speeders**
**5.00** **to 6.00** AM **Bait Car**

## 5SELECT

153 152 54 133

**9.00** AM **Criminals: Caught on Camera**
**9.25** **FILM The Nanny Is Watching** Thriller starring Talya Carroll. (2018, 12, 90min) ★★
**11.05** **The Hotel Inspector**
**12.05** PM **Bargain-Loving Brits in the Sun**
**1.05** **The Dog Rescuers**
**2.05** **GPs: Behind Closed Doors**
**4.00** **The Yorkshire Vet**
**5.00** **The Dog Rescuers**
**6.00** **GPs: Behind Closed Doors** Double bill.
**8.00** **The Yorkshire Vet**
**9.00** **Dogs Behaving (Very) Badly**
**10.00** **GPs: Behind Closed Doors**
**11.00** **The Dog Rescuers**
**12.00** M'T **Paddington Station 24/7**
**1.00** AM **Weather Gone Viral**
**2.00** **Ben Fogle: New Lives in the Wild**
**3.00** **to 4.00** AM **The Dog Rescuers**

## Blaze

164 216 63 162

**6.00** AM **American Restoration**
**7.00** **Ancient Aliens**
**8.00** **Hangar 1: UFO Files**
**9.00** **Storage Wars: Texas**
**10.00** **Hardcore Pawn**
**11.00** **Pawn Stars**
**12.00** NOON **Storage Wars**
**1.00** PM **Auction Hunters**
**2.00** **Storage Wars: Texas**
**3.00** **Air Crash: Disasters Uncovered**
**4.00** **Hangar 1: The UFO Files** Captured aliens.
**5.00** **Ancient Aliens**
**6.00** **Pawn Stars**
**7.00** **Storage Wars**
**8.00** **Auction Hunters**
**9.00** **Forged in Fire**
**10.00** **Forged with Steele**
**11.00** **Storage Wars**
**12.00** M'T **Auction Hunters**
**1.00** AM **Storage Wars: Texas** Double bill.
**2.00** **American Restoration**
**3.00** **Swamp People**
**4.00** **Ernie the Wildman**
**5.00** **to 6.00** AM **Pawn Stars**

## TLC

133 133 827 167 323 377

**6.00** AM **Say Yes to the Dress: Bridesmaids**
**8.00** **Say Yes... UK**
**9.00** **Say Yes to the Dress**
**10.00** **Curvy Brides Boutique**
**11.00** **Say Yes... Canada**
**12.00** NOON **Say Yes to the Dress: Atlanta**
**2.00** PM **Dr Pimple Popper**
**3.00** **Sister Wives**
**4.00** **Say Yes... Canada**
**5.00** **Curvy Brides Boutique**
**6.00** **Say Yes to the Dress**
**7.00** **I Am Jazz**
**8.00** **Say Yes to the Dress: America**
**9.00** **Gypsy Brides US**
**10.00** **Say Yes to the Dress**
**11.00** **Dr Pimple Popper**
**12.00** M'T **Say Yes to the Dress: America**
**1.00** AM **Gypsy Brides US**
**2.00** **Say Yes to the Dress**
**3.00** **Dr Pimple Popper**
**4.00** **to 6.00** AM **Say Yes to the Dress: Atlanta**

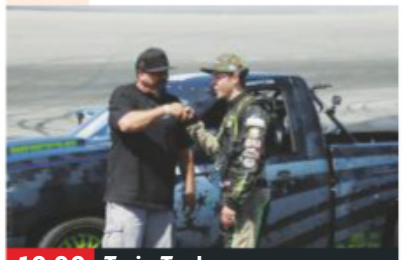
+1 hour 233 172

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

## Discovery

125 125 822 250 322 376

6.00 AM **Combat Dealers**
7.00 **Tony Robinson's World War One** A look at the conflict.
8.00 **Kindig Customs**
9.00 **Jeremy Wade's Dark Waters**
10.00 **NASA's Unexplained Files**
11.00 **Fast N' Loud**
12.00 NOON **Gold Rush: Dave Turin's Lost Mine**
1.00 PM **Alaska: The Last Frontier**
2.00 **Combat Dealers**
3.00 **WW2: The Complete History**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud**



10.00 Twin Turbos

7.00 **Outback Truckers** Kurt struggles with an oversized cargo, while Johnny takes a journey down an uneven road.

8.00 **Texas Metal** New edition A client requests a Cummins diesel engine swap on the year-long 1950 Ford F5 COE build.

9.00 **Wheeler Dealers** New edition Mike is in the Pacific Northwest, where he has tracked down a Volvo Amazon 122.

10.00 **Twin Turbos** New edition Doug and Brad feel the pressure with just 45 days to finish their race truck prototype.

11.00 **Dirty Mudder Truckers** New edition The Dirty 7 prepare to take on Team Georgia.
12.00 M'T **Wheeler Dealers**
1.00 AM **Twin Turbos** As 10.00pm.
2.00 **Deadliest Catch**
3.00 **Wheeler Dealers** As 9.00pm.
3.50 **Kindig Customs**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 258

## Animal Planet

162 162 836 251 325 378

6.00 AM **The Zoo: San Diego**
7.00 **Treehouse Masters: Out on a Limb** A recording studio.
8.00 **Pit Bulls & Parolees**
10.00 **Animal Cops Phoenix**
12.00 NOON **Jeremy Wade's Dark Waters** In Western Australia.
1.00 PM **My Cat from Hell**
2.00 **Alaskan Bush People**
3.00 **The Vet Life** Double bill.
5.00 **Crikey! It's the Irwins** The Irwins caravan into the Outback to release baby kangaroos and an emu.
6.00 **Bondi Vet: Coast to Coast**

6.00 Bondi Vet: Coast to Coast

7.00 **Animal Cops Detroit** The team are sent to remove 100 cats from a home and discover the pets have hidden in the oven.

8.00 **Swimming with Monsters with Steve Backshall** The naturalist tries to swim with Africa's most dangerous animal.

9.00 **After the Attack** A man who was charged by a bison, and a woman whose family were attacked by a wolf.

10.00 **Animal Cops San Francisco** A litter of puppies are struck by the parvo virus, and a cop is attacked by a vicious dog.

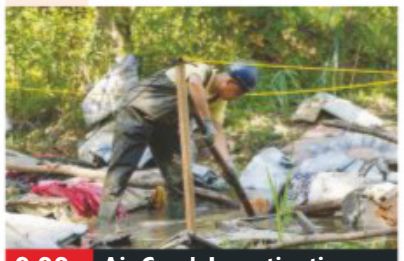
11.00 **Pit Bulls & Parolees**
12.00 M'T **I Survived an Animal Attack** Shark attacks.
1.00 AM **Animal Cops Detroit**
2.00 **Swimming with Monsters**
3.00 **Animal Cops San Francisco**
3.50 **Crikey! It's the Irwins**
4.40 **Nature's Strangest Mysteries**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

## Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Inside the Nazi Mega Bunker**
9.00 **Buried Secrets of WWII**
10.00 **Lost Cities with Albert Lin**
11.00 **Sunken Treasures Revealed: Drain the Ocean**
12.00 NOON **Car S.O.S**
2.00 PM **Wicked Tuna**
3.00 **Ice Road Rescue**
4.00 **Air Crash Investigation** The case of a plane that crashed into a Romanian farmer's field. **5.00** A plane that crashed during a top-secret mission.
6.00 **Car S.O.S** A 1978 Rover P6.



9.00 Air Crash Investigation

7.00 **Car S.O.S** Fuzz and Tim head to Berkshire where they hope to surprise the loving owner of a Daimler SP250 'Dart'.

8.00 **Apocalypse: Cold War** New edition Key events of 1947, as President Truman tries to support nations ravaged by war.

9.00 **Air Crash Investigation** New edition A brand new aircraft crashes into a swamp in Cameroon with no survivors.

10.00 **Brain Games** NFL quarterback Drew Brees undertakes a series of mental challenges to test his reaction time.

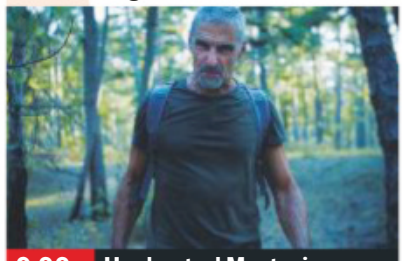
11.00 **Air Crash Investigation** West Caribbean Airways Flight 708.
12.00 M'T **Alaska State Troopers**
1.00 AM **Airport Security: Peru**
2.00 **Ultimate Airport Dubai**
3.00 **Air Crash Investigation: Special Report**
4.00 **to 5.00** AM **Air Crash Investigation**

+1 hour 229 267

## History

130 130 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars**
9.00 **Lost Worlds**
10.00 **Storage Wars**
11.00 **Britain's Greatest Bridges**
12.00 NOON **River Hunters**
1.00 PM **Forged in Fire**
2.00 **American Pickers**
3.00 **Storage Wars**
5.00 **Pawn Stars** Handwritten memoirs from a member of Bonnie and Clyde's gang. **5.30** A fiddle signed by singer Charlie Daniels is appraised.
6.00 **Forged in Fire**



9.00 Uncharted Mysteries

7.00 **American Pickers** The guys are in Studebaker heaven, and visit a designer with the rarest collection in the Midwest.

8.00 **Britain's Greatest Bridges** The Humber Bridge, at one time the world's longest single-span suspension bridge.

9.00 **Uncharted Mysteries** New edition Cliff Simon hunts out the lair of a shape-shifting monster said to feast on humans.

10.00 **True Monsters** Asking if the legendary monsters originating from Norse and Greek mythology are rooted in real events.

11.00 **Storage Wars** Tatianna and Rene bid on sporting goods. **11.30** Kenny gets some advice from a music legend.
12.00 M'T **Conspiracy**
1.00 AM **Britain's Greatest Bridges**
2.00 **Forged in Fire**
3.00 **River Hunters**
4.00 **to 6.00** AM **Storage Wars**

+1 hour 230 271

## Yesterday

155 129 25 159

6.00 AM **Secrets of the Bible**
7.10 **Secrets of the Railways**
8.00 **Forbidden History**
9.00 **Secret Nazi Bases**
10.00 **Nazi Victory: Post-War Plan**
11.00 **Underground Worlds**
12.00 NOON **Impossible Railways**
1.00 PM **Secrets of Britain**
2.00 **The Lakes: Walking Through History**
3.00 **Underground Worlds**
4.00 **Impossible Railways**
5.00 **Secret Nazi Bases**
6.00 **Nazi Victory: Post-War Plan**

8.00 Chris Tarrant: Extreme...

7.00 **Underground Worlds** Exploring the military headquarters built beneath Dover Castle during World War Two. **7 PM**

8.00 **Chris Tarrant: Extreme Railway Journeys** Chris journeys across Japan by rail, meeting a singing conductor along the way. **8 PM**

9.00 **Bangers and Cash** A collection of British classics comes up for auction, including a Hillman Avenger Estate. **9 PM**

10.00 **Trains That Changed the World** Four-mile long vehicles transporting enough iron ore to build two Eiffel towers. **10 PM**

11.00 **The Two Ronnies** Double bill of vintage comedy from Messrs Barker and Corbett.
12.30 AM **Nazi Victory: The Post-War Plan**
1.30 **Secrets of the Bible**
2.25 **to 3.00** AM **David Attenborough's Natural Curiosities**

+1 hour 255 200

## Disc. History

171 257

6.00 AM **Expedition Unknown**
7.00 **Industrial Revelations**
8.00 **WWII: Witness to War**
9.00 **Frontline Battle Machines with Brewer**
10.00 **Extreme Engineering**
11.00 **Industrial Revelations**
12.00 NOON **Blowing Up...**
1.00 PM **Expedition Unknown**
2.00 **Mysteries at the Museum**
3.00 **WWII: Witness to War**
4.00 **Frontline Battle Machines with Brewer**
5.00 **Extreme Engineering**
6.00 **Blowing Up History**
7.00 **Mysteries at the...**
8.00 **Expedition Unknown**
10.00 **American Titans**
11.00 **Extreme Machines**
12.00 M'T **Expedition...**
2.00 AM **American Titans**
3.00 **Extreme Machines**
4.00 **Blowing Up History**
5.00 **to 6.00** AM **Mysteries at the Museum**

+1 hour 271 261

## Eden

166 245 247 315 389

9.00 AM **Super Vets**
10.00 **Big Cats**
11.00 **Galapagos**
12.00 NOON **Life in the Great Wetlands**
1.00 PM **Life on Earth**
2.00 **Wonders of the Solar System**
3.00 **Super Vets**
4.00 **Big Cats**
5.00 **Galapagos**
6.00 **Super Vets**
7.00 **Life on Earth**
8.00 **Life in the Great...**
9.00 **Big Cats**
10.00 **Galapagos**
11.00 **Wonders of the Solar System**
12.00 M'T **Life in the Great...**
1.00 AM **Life on Earth**
2.00 **Wonders of the Solar System**
3.00 **Super Vets**
3.50 **Big Cats**
4.40 **Galapagos**
5.30 **to 6.00** AM **Frontier Borneo**

+1 hour 266 246

## WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Wild Way of the Vikings**
10.00 **Wild Nordic**
12.00 NOON **Snakes in the City** A cobra in a tree.
1.00 PM **Africa's Hunters**
4.00 **Monster Fish**
6.00 **Snakes in the City** A black mamba takes up residence in a house. **7.00** Simon encounters a man who believes his ancestor has returned in the form of a serpent. **8.00** NEW SERIES Simon must face his crippling fear of heights in order to recapture a black mamba.
9.00 NEW SERIES **Snakes in the City: Best Of** Series highlights.
10.00 **Africa's Super Snake**
11.00 **Snakes in the City**
12.00 M'T **Animals Gone Wild**
2.00 AM **Africa's Hunters**
3.00 **to 5.00** AM **Monster Fish**

## History 2

163 272 330 390

8.00 AM **Patton 360**
9.00 **Battle 360**
10.00 **Hangar 1: UFO Files**
11.00 **Ancient Aliens**
1.00 PM **Digging for Britain**
3.00 **How the Earth Was Made** Double bill.
5.00 **Hitler's War**
6.00 **Doomsday: 10 Ways the World Will End**
7.00 **Battle 360** The *USS Enterprise*'s role in the Gilbert Islands invasion.
8.00 **Ancient Impossible** How the ancient world created incredible power tools and machinery.
9.00 **Jesus: His Life** 3/8. Both Jesus and his family's lives are put in danger. (S1)
10.00 **Ancient Aliens**
11.00 **Cryptid: Swamp Beast**
12.00 M'T **Doomsday: 10 Ways the World Will End**
1.00 AM **Ancient Aliens**
3.00 **to 5.00** AM **How the Earth Was Made**

## PBS America

174 273 91 155

8.00 AM **The Aviators**
8.35 **Locomotion: Dan Snow's History of Railways**
9.35 **Survivor**
10.50 **The Dark Side of Crocs**
11.55 **Locomotion: Dan Snow's History of Railways**
1.00 PM **The Aviators**
1.35 **The Dark Side of Crocs**
2.40 **Locomotion: Dan Snow's History of Railways**
3.50 **Amazon Empire: The Rise and Reign of Jeff Bezos**
6.20 **Locomotion: Dan Snow's History of...**
7.30 **Butch Cassidy and the Sundance Kid**
8.45 **Jesse James**
9.55 **The Wild West**
11.00 **Butch Cassidy and...**
12.15 AM **The Wild West**
1.25 **to 2.00** AM **The Aviators**

+1 hour 93

## CI

156 156 835 209 328 380

6.00 AM **The First 48**
8.00 **Homicide Hunter**
10.00 **Unusual Suspects**
11.00 **Homicide: Hours to Kill**
12.00 NOON **Crimes That Shook Britain**
1.00 PM **Nightmare in Suburbia**
2.00 **I Lived with a Killer**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Homicide: Hours to Kill**
6.00 **The First 48**
7.00 **Homicide Hunter**
8.00 **Fear Thy Neighbour**
9.00 **Making a Monster**
10.00 **Murdertown**
11.00 **Homicide Hunter**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Making a Monster**
2.00 **The First 48**
3.00 **I Lived with a Killer**
4.00 **Homicide: Hours to Kill**
5.00 **to 6.00** AM **Fear Thy Neighbour**

+1 hour 256 222

# MONDAY Films

Monday

## Sky Cinema Premiere

301 301 842 401 501

**6.00** AM **Straight Up** Comedy. (2019, 15, 95min) ★★★
**7.45** **Killers Anonymous** Mystery thriller. (2019, 15, 95min) ★
**9.30** **UFO** Sci-fi. (2018, 12) ★★★
**11.15** **This Changes Everything**
**1.00** PM **Brightburn** As 8.00pm.
**2.45** **PREMIERE Doom: Annihilation** As 9.45pm.
**4.30** **We Die Young** Drama, as shown at 11.30pm.
**6.15** **This Changes Everything** Documentary. (2018) ★★★

9.45 Doom: Annihilation

**8 PM**

**8.00** **Brightburn** Superhero horror starring Elizabeth Banks. A couple struggling to conceive take in an extraterrestrial child who crash-lands on Earth. (2019, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**9 PM**

**9.45** **PREMIERE Doom: Annihilation** Fantasy with Amy Manson. A group of Marines respond to a distress call from the Martian moon Phobos. (2019, 15, 96min) ★★
*See review, page 23*
SEX ●●● VIOLENCE ●●● LANG ●●●

**10 PM**

**11 PM**

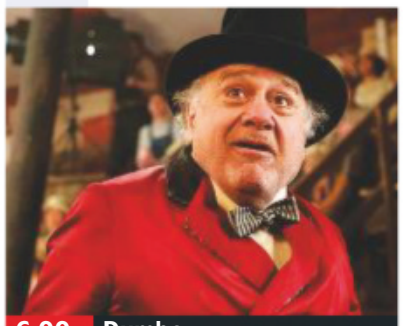
**11.30** **We Die Young** Drama. (2019, 15, 92min) ★★
**1.15** AM **Hell Is Where the Home Is** Horror. (2018, 18) ★★
**2.45** **Mapplethorpe** Biopic. (2018, 18, 102min) ★★
**4.30** **The Hurricane Heist: Special**
**5.00** **Extremely Wicked, Shockingly Evil... Special**
**5.30** **to 6.00** AM **Hotel Mumbai: Special**

+1 hour 312 412

## Sky Cinema Disney

305 305 846 405 505

**6.40** AM **Bedknobs and Broomsticks** Fantasy. (1971, U, 117min) ★★★★
**8.40** **The Princess and the Frog**
**10.25** **Dumbo** As 6.00pm.
**12.25** PM **Mary Poppins Returns**
**2.40** **The Jungle Book** As 10.15pm.
**4.05** **Presto** Animated short.
**4.15** **The Princess and the Frog** Animated musical fantasy. (2009, U, 97min) ★★★★
**6.00** **Dumbo** Fantasy adventure. (2019, PG, 112min) ★★★


6.00 Dumbo

**8.00** **Mary Poppins Returns** Musical fantasy with Emily Blunt. In 1930s London, the practically perfect nanny returns, using her magical skills to dazzle the Banks family once again. With Dick Van Dyke and Meryl Streep. (2018, U, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**10.15** **The Jungle Book** Animation featuring the voices of Phil Harris and George Sanders. (1967, U, 78min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.40** **The Game Plan** Comedy with Dwayne 'The Rock' Johnson. (2007, U, 105min) ★★★
**1.40** AM **Hercules** Animation with the voice of Tate Donovan. (1997, U, 92min) ★★★★
**3.25** **Return to Oz** Disney sequel to *The Wizard of Oz*, with Fairuza Balk and Piper Laurie. (1985, PG, 110min) ★★★
**5.25** **to 7.10** AM **Atlantis: The Lost Empire** Animated fantasy. (2001, U, 95min) ★

## Sky Cinema Family

306 306 847 406 506

**6.25** AM **Nanny McPhee & The Big Bang** As 11.50pm.
**8.25** **How to Train Your Dragon: Homecoming** Animation.
**8.55** **The Pirates!...** As 6.25pm.
**10.30** **Planes** Animation. (2013) ★★
**12.10** PM **Spider-Man: Into the Spider-Verse** As 8.00pm.
**2.10** **Open Season** (2006) ★★★
**3.40** **Open Season 2** (2008) ★★★
**5.05** **Open Season 3** (2010) ★★
**6.25** **The Pirates! In an Adventure with Scientists** (2012) ★★★★

2.10 Open Season

**8.00** **Spider-Man: Into the Spider-Verse** Animated adventure with the voice of Shameik Moore. A student becomes a version of Spider-Man, and crosses paths with his counterparts from other dimensions. (2018, PG, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

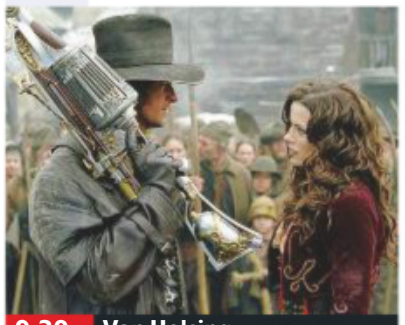
**10.00** **Nanny McPhee** Fantasy with Emma Thompson, Kelly Macdonald and Angela Lansbury. (2004, U, 98min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.50** **Nanny McPhee & The Big Bang** Family comedy fantasy sequel with Emma Thompson and Maggie Gyllenhaal. (2010, U, 109min) ★★★
**1.50** AM **Pete's Dragon** Disney musical fantasy starring Helen Reddy and Mickey Rooney. (1977, U, 134min) ★★★
**3.45** **to 6.00** AM **Annie** Film version of the hit Broadway musical starring Albert Finney. (1982, U, 128min) ★★

## Sky Cinema Action

311 311 852 407 507

**6.00** AM **Samson** As shown at 1pm.
**8.00** **The Last Samurai** As 11.45pm.
**10.45** **King Arthur** As 7.15pm.
**1.00** PM **Samson** Biblical drama. (2017, 15, 90min) ★
**3.00** **Van Helsing** As 9.30pm.
**5.15** **Highlander** Sci-fi action thriller starring Christopher Lambert and Sean Connery. (1986, 15, 111min) ★★★★
**7.15** **King Arthur** Adventure with Clive Owen and Keira Knightley. (2004, 12, 126min) ★★★


9.30 Van Helsing

**King Arthur** (film started at 7.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

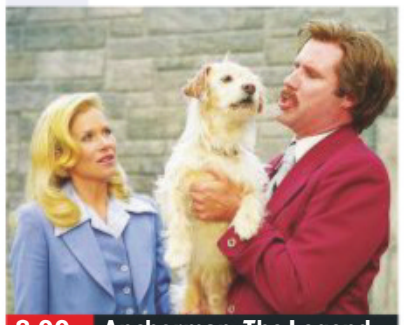
**9.30** **Van Helsing** Fantasy starring Hugh Jackman. When Count Dracula kidnaps Frankenstein's monster, the Vatican sends vampire hunter Van Helsing to Transylvania. (2004, 12, 132min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.45** **The Last Samurai** Epic action drama starring Tom Cruise as a US cavalry officer who rediscovers his lost sense of honour after he is captured by a renegade Samurai warrior. (2003, 15, 154min) ★★★★
**2.30** AM **Machete** Thriller starring Danny Trejo and Robert De Niro. (2010, 18, 104min) ★★★
**4.20** **to 6.00** AM **Angel Flight Down** True-story adventure. (1996, PG, 88min) ★★

## Sky Cinema Comedy

308 308 849 408 508

**7.25** AM **Most Likely to Murder** Comedy. (2018, 15) ★★
**9.10** **I Want Candy** Comedy. (2007, 15, 86min) ★★★★
**10.50** **Better Start Running**
**12.30** PM **Talladega Nights: The Ballad of Ricky Bobby** As shown at 3.05am.
**2.40** **Zoolander** As 11.45pm.
**4.20** **Step Brothers** Comedy. (2008, 15, 97min) ★★★★
**6.20** **Holmes & Watson** Comedy. (2018, 12, 90min) ★


8.00 Anchorman: The Legend...

**8.00** **Anchorman: The Legend of Ron Burgundy** Comedy with Will Ferrell. A sexist news presenter feels threatened when an ambitious female joins his team. (2004, 12, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**9.45** **The Other Guys** Crime comedy with Will Ferrell. A pair of desk-bound New York cops see action after they uncover a financial conspiracy. (2010, 12, 107min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.45** **Zoolander** Comedy directed by and starring Ben Stiller, co-starring Owen Wilson. (2001, 12, 89min) ★★★★
**1.20** AM **Better Start Running** Action comedy with Analeigh Tipton and Jane Seymour. (2018, 15, 92min) ★★
**3.05** **Talladega Nights: The Ballad of Ricky Bobby** Comedy. (2006, 15, 108min) ★★★
**5.10** **to 7.15** AM **Grease 2** Musical sequel. (1982, PG, 109min) ★

primetime

## Sky Cinema Hits

303 303 844 403 503

**7.15** AM **Charlie's Angels** Comedy thriller. (2000, 15, 97min) ★★
**9.00** **Isle of Dogs** As 4.35am.
**10.45** **Forgetting Sarah Marshall** Comedy starring Jason Segel. (2008, 15, 110min) ★★★★
**12.45** PM **The Favourite** As 9.00pm.
**2.50** **Mary Queen of Scots** As 11pm.
**5.00** **Night School** Comedy starring Kevin Hart and Tiffany Haddish. (2018, 15, 111min) ★★

**7.00** **The 40 Year Old Virgin** Comedy starring Steve Carell. Workers set out to coach their inexperienced 40-year-old colleague in the art of seduction. With Paul Rudd. (2005, 15, 116min) ★★★★
**9.00** **The Favourite** Black comedy starring Olivia Colman. In 18th-century England, a new servant interrupts the dynamic between Queen Anne and Lady Sarah. With Emma Stone. (2018, 15, 119min) ★★★★★

**11.00** **Mary Queen of Scots** Drama. (2018, 15, 124min) ★★
**1.10** AM **Happy Death Day 2U** Comedy. (2019, 15) ★★★★
**2.55** **The First Purge** Thriller prequel. (2018, 15, 98min) ★★
**4.35** **to 6.20** AM **Isle of Dogs** Animation. (2018, PG) ★★★★

## Sky Cinema Greats

304 304 845 404 504

**6.00** AM **The Ladykillers** Comedy. (1955, U, 97min) ★★★★★
**7.40** **Chariots of Fire** As 4.45am.
**9.50** **Rear Window** Suspense thriller. (1954, PG, 112min) ★★★★★
**11.50** **The Rock** As shown at 8.00pm.
**2.10** PM **The Bourne Identity** Thriller. (2002, 12, 119min) ★★★★★
**4.10** **King Ralph** Comedy. (1991) ★
**5.50** **An Officer and a Gentleman** Drama. (1981, 15) ★★★★

**8.00** **The Rock** Action thriller starring Sean Connery. An FBI chemical weapons expert and a convict try to break into Alcatraz to foil a demented US Marine general who has seized the island. (1996, 15, 136min) ★★★★
**10.20** **Lethal Weapon** Action thriller starring Mel Gibson and Danny Glover. A volatile undercover cop and his unwilling new partner take on a vicious drug gang. With Gary Busey. (1987, 18, 110min) ★★★★

**12.20** AM **Good Morning, Vietnam** Comedy starring Robin Williams. (1987, 15, 120min) ★★★★
**2.30** **Se7en** Dark thriller with Brad Pitt. (1995, 18, 127min) ★★★★
**4.45** **to 7.00** AM **Chariots of Fire** Historical sporting drama. (1981, U, 120min) ★★★★★

## TCM Movies

315 415 416 512 526

**6.00** AM **Close Up**
**7.30** **How the West Was Won** Western. (1962, PG) ★★★
**10.35** **Bad Man from Red Butte** Western. (1940, b/w, U) ★★
**11.50** **Colt .45** Western with Randolph Scott. (1950, U, 74min) ★★★
**1.30** PM **The Towering Inferno** Thriller. (1974, 12) ★★★★
**4.50** **Sahara** World War Two drama. (1943, b/w, PG, 97min) ★★★

**6.50** **Return of the Gunfighter** Western starring Robert Taylor. A gunslinger helps a Mexican girl avenge her parents' deaths and meets a wounded young outlaw. With Ana Martin and Chad Everett. (1966, U, 93min) ★★
**9.00** **Shootout** Western starring Gregory Peck. Released from jail after serving seven years for bank robbery, an outlaw seeks vengeance on the partner who betrayed him. With Pat Quinn. (1971, PG, 94min) ★★

**11.05** **Dog Day Afternoon** Thriller. (1975, 15, 130min) ★★★★★
**1.45** AM **Excessive Force II: Force on Force** Thriller. (1995, 18) ★★
**3.30** **Hollywood's Best Directors**
**4.30** **to 6.00** AM **Close Up**

+1 hour 316 417

## Talking Pictures

328 445 81 306

**6.00** AM **House of Blackmail** (1953)
**7.25** **One Man, One Dog**
**7.40** **Police Dog** Thriller. (1955) ★★
**9.10** **Glimpses...**
**9.30** **Where There's a Will** (1955)
**11.00** **Richard Diamond**
**11.30** **The Devil-Ship Pirates** (1963)
**1.15** PM **The New Lot**
**2.05** **A Man About the House** (1947)
**3.55** **Angels One Five** Wartime drama. (1951, b/w, U, 98min) ★★

**5.55** **I'm All Right, Jack** Satirical comedy starring Peter Sellers. (1959, b/w, U, 105min) ★★★
**8.00** **Danger UXB** A bomb is found in a nightclub which scientists claim cannot be disarmed.
**9.00** **Special Branch** Haggerty and Craven team up on a stakeout.
**10.00** **Peeping Tom** Psychological thriller about a psychopath who films his victims as he murders them, starring Carl Boehm, Moira Shearer and Anna Massey. (1959, 18, 101min) ★★★★★

**12.00** M'T **Station Six, Sahara** Drama with Carroll Baker and Denholm Elliott. (1930, b/w, PG, 87min) ★★★
**3.30** **They Also Serve**
**3.40** **Out of the Fog** Crime drama. (1962, b/w, PG, 69min) ★★
**5.00** **to 6.00** AM **Rooms**

## Horror

317 149 70 138

**8.00** AM **Andromeda** 4/22. (S3)
**9.00** **Star Trek: Voyager** 10/26. (S6)
**10.00** **Star Trek** 11/24. (S3)
**11.00** **Malibu Shark Attack** Disaster thriller. (2009, 15, 120min) ★★
**1.00** PM **Super Shark** Creature feature. (2011, 15, 87min) ★★
**2.35** **Tales from the Darkside** (S3)
**3.00** **Lost in Space** 5/30. (S2)
**4.00** **Megalodon** Giant shark thriller. (2018, 15, 105min) ★

**6.00** **Star Trek** 12/24. (S3)
**7.00** **Star Trek: Voyager** *Fair Haven:* 11/26. Janeway becomes romantically entangled. (S6)
**8.00** **Mutant X** *Age of Innocence:* 16/22. The team discover an old military project. (S3)
**9.00** **Rupture** Sci-fi horror starring Noomi Rapace. A divorced single mother is kidnapped and kept for experimentation by a group of sinister scientists. With Peter Stormare and Kerry Bishé. (2016, 15, 102min) ★★

**11.00** **Seventh Moon** Horror thriller. (2008, 15, 87min) ★★
**12.45** AM **Spiders** Sci-fi thriller. (2013, 15, 89min) ★★
**2.35** **to 4.30** AM **Sharknado** Thriller. (2013, 15, 86min) ★★

+1 hour 318 202 139



★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

## Sky Cinema Thriller

309 309 850 409 509

**6.00** AM **Gemini** As 5.15pm.
**7.35** **Marnie** Psychological thriller. (1964, 15, 130min) ★★★
**9.50** **Widows** As 6.50pm.
**12.00** NOON **Salt** As 9.00pm.
**1.45** PM **Vault** Crime thriller. (2019, 15, 99min) ★★
**3.30** **Miss Bala** Crime drama. (2019, 15, 104min) ★★
**5.15** **Gemini** Mystery thriller. (2017, 15, 93min) ★★★★
**6.50** **Widows** Crime thriller. (2018, 15, 129min) ★★★★

3.30 Miss Bala

**Widows** (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

**9.00** **Salt** Action thriller with Angelina Jolie. A CIA agent goes on the run after a Russian defector convinces her superiors that she's a double agent. (2010, 12, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

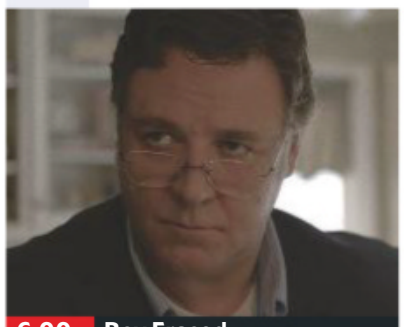
**10.45** **The Recruit** Spy thriller starring Al Pacino. A young CIA recruit learns the rules of the spy game from a veteran agent and discovers that nothing is what it seems. (2003, 12, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**12.45** AM **Feedback** Horror thriller. (2019, 18, 97min) ★★
**2.30** **Thoroughbreds** Comedy. (2017, 15, 92min) ★★★★
**4.15** **to 6.00** AM **Deep Family Secrets** Thriller. (1997, PG) ★★

## Sky Cinema Drama

310 310 851 410 510

**6.00** AM **Father Goose** As 3.55am.
**8.00** **The Pursuit of Happyness** Drama, as shown at 1.50am.
**10.00** **Boy Erased** As 6.00pm.
**12.00** NOON **The Firm** As 8.00pm.
**2.40** PM **American Woman** As shown at 10.40pm.
**4.35** **Motherhood** Comedy. (2017, 15, 100min) ★★★★
**6.00** **Boy Erased** Drama starring Lucas Hedges, Nicole Kidman and Russell Crowe. (2018, 15, 115min) ★★★


6.00 Boy Erased

**8.00** **The Firm** John Grisham legal thriller starring Tom Cruise. An ambitious graduate joins a small Memphis law firm and discovers he is working for the Mafia. With Jeanne Tripplehorn and Gene Hackman. (1993, 15, 155min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

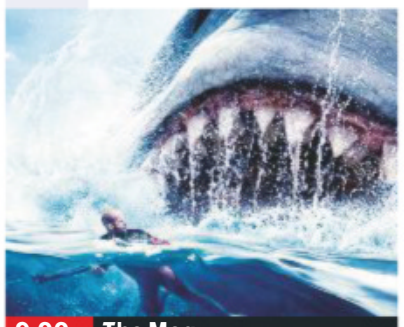
**10.40** **American Woman** Drama starring Sienna Miller, Christina Hendricks and Sky Ferreira. (2018, 15, 111min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**12.35** AM **Motherhood** As 4.35pm.
**2.00** **The Pursuit of Happyness** Rags-to-riches drama with Will Smith and Thandie Newton. (2006, 12, 117min) ★★★
**4.00** **to 6.00** AM **Father Goose** Comedy starring Cary Grant. (1964, U, 116min) ★★★

## Sky Cinema Monsters

307 307 848 411 511

**6.20** AM **King Kong** As 3.50pm.
**9.35** **Rampage** As shown at 7pm.
**11.35** **The Meg** As shown at 9pm.
**1.35** PM **Jaws** As shown at 11pm.
**3.50** **King Kong** Peter Jackson's spectacular remake of the classic monster thriller, with Naomi Watts and Jack Black. (2005, 12, 187min) ★★★★
**7.00** **Rampage** Fantasy adventure with Dwayne Johnson, Naomie Harris and Malin Akerman. (2018, 12, 107min) ★★★


9.00 The Meg

**Rampage** (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

**9.00** **The Meg** Action thriller starring Jason Statham, Bingbing Li, Rainn Wilson and Ruby Rose. A rescue diver is hired to save the crew of a deep-sea submersible from a 75ft-long shark known as the Megalodon. (2018, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.00** **Jaws** Steven Spielberg's monster thriller starring Roy Scheider and Robert Shaw. (1975, 12, 125min) ★★★★★
**1.10** AM **Book of Monsters** Comedy horror with Lyndsey Craine and Michaela Longden. (2018, 18, 84min) ★★★
**2.40** **Marabunta** Action thriller. (1998, 12, 94min) ★
**4.20** **to 6.00** AM **Monster Family** Animated comedy. (2017, PG, 96min) ★★

## Sky Cinema Superhero

302 302 842 402 502

**7.00** AM **Batman** (1966) ★★★★
**8.55** **Lego DC Comics Super Heroes: Justice League vs Bizarro League** As 5.00am.
**10.00** **Hancock** As 6.15pm.
**11.45** **Shazam!** As shown at 8pm.
**2.05** PM **The Green Hornet** Fantasy action comedy. (2011, 12, 118min) ★★★
**4.15** **Ghost Rider** Adventure. (2006, 12, 109min) ★★
**6.15** **Hancock** Action comedy. (2008, 12, 92min) ★★★

6.15 Hancock

**8.00** **Shazam!** Comedy adventure starring Zachary Levi. Youngster Billy Batson is chosen by the ancient wizard Shazam as his new champion, and receives various superpowers. With Mark Strong. (2019, 12, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**10.15** **Watchmen** Sci-fi thriller starring Malin Akerman. A group of superheroes uncover a plot to kill them while the world teeters on the brink of nuclear Armageddon. (2009, 18, 155min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**1.00** AM **Ghost Rider** Fantasy, as shown at 4.15pm.
**2.55** **The Green Hornet** Fantasy, as shown at 2.05pm.
**5.00** **to 6.00** AM **Lego DC Comics Super Heroes: Justice League vs Bizarro League** Animation. (2015, U) ★★

## Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
**11.00** AM **Millions Like Us** Propaganda drama. (1943, b/w, U, 103min) ★★★★
**1.05** PM **The Longest Day** Epic World War Two drama. (1962, b/w, PG, 182min) ★★★★
**4.40** **The Thirty Nine Steps** Thriller with Robert Powell. (1978, PG, 102min) ★★★
**6.45** **Now You See Me** Heist thriller with Jesse Eisenberg. (2013, 12, 111min) ★★★

6.45 Now You See Me

**Now You See Me** (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

**8 PM**

**9.00** **Taken** Action thriller starring Liam Neeson. A divorced ex-spy draws upon his skills with deadly results when he tries to rescue his abducted daughter. (2008, 18, 93min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**9 PM**

**10 PM**

**10.50** **Anthropoid** War drama with Cillian Murphy and Jamie Dornan. (2016, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11 PM**

**1.10** **to 3.00** AM **The Bling Ring** Sofia Coppola's satirical fact-based tale starring Katie Chang and Emma Watson. (2013, 15, 88min) ★★★

+1 hour 314 430 45 301

## Sony Movies Classic

319 424 50 303

**6.00** AM **Journey into Fear** (1942)
**7.25** **Convicted** Prison drama. (1950, b/w, PG, 91min) ★★★
**9.20** **Footsteps in the Fog** Thriller. (1955, PG, 90min) ★★★
**11.10** **Loss of Innocence** Drama. (1961, PG, 97min) ★★
**1.20** PM **Gandhi** Biopic. (1982, PG, 188min) ★★★★★
**5.05** **The Wild One** Drama. (1953, b/w, PG, 80min) ★★★

**6.45** **On the Waterfront** Classic Oscar-winning drama about crime and corruption on the New York docks, starring Marlon Brando, Eva Marie Saint, Lee J Cobb and Rod Steiger. (1954, b/w, PG, 108min) ★★★★★
**9.00** **Play Misty for Me** Chilling thriller directed by and starring Clint Eastwood as a California radio DJ menaced by a psychotic fan. With Jessica Walter, Donna Mills and John Larch. (1971, 15, 98min) ★★★★

**11.10** **Eyes of Laura Mars** (1978)
**1.10** AM **Twice a Judas** (1969) ★★
**3.00** **Mayflower: The Pilgrims' Adventure** Drama. (1979) ★
**4.35** **to 6.00** AM **Machine Gun Kelly** Drama. (1958, 12) ★★

+1 hour 320 303 304

## Sony Movies

321 425 32 302

**9.00** AM **Maternal Obsession** Thriller. (2010, 12, 93min) ★★
**10.55** **Stolen Dreams** Thriller. (2016, PG, 85min) ★★
**1.00** PM **Abducted Love** Thriller. (2016, PG, 86min) ★
**2.55** **The Bad Twin** Psychological thriller. (2016, PG, 90min) ★★
**6.05** **Rat Race** Comedy starring John Cleese and Rowan Atkinson. (2001, 12, 112min) ★★★

**7.10** **Are We Done Yet?** Comedy sequel starring Ice Cube, Nia Long and John C McGinley. A long-suffering family man buys a house in the country, only to discover that it is a disaster area requiring complete renovation. (2007, PG, 91min) ★★
**9.00** **Pitch Black** Sci-fi chiller with Vin Diesel. A space transport ship crash-lands on a planet populated by monsters that can only come out at night. (1999, 15, 108min) ★★★

**11.10** **Bunraku** Action fantasy. (2010, 15, 119min) ★★★
**1.40** AM **Halo 4: Forward Unto Dawn** Sci-fi. (2012) ★★★
**3.25** **to 6.00** AM **A League of Their Own** Comedy. (1992) ★★★★

+1 hour 322

## Sony Movies Action

323 426 40 305

**6.00** AM **Santana Kills Them All** Western. (1970, 12, 95min) ★★
**7.45** **The Luftwaffe**
**9.00** **Operation Valkyrie** (2004)
**10.10** **The IQ Supremacy** (2014) ★★
**12.10** PM **The Persuaders!**
**1.10** **Robbers' Roost** (1955) ★★
**3.00** **The Scarlet and the Black** Thriller. (1983, PG) ★★★
**5.20** **The Anderson Tapes** Heist thriller. (1971, 15, 98min) ★★★

**7.15** **Deadly Skies** Sci-fi thriller with Antonio Sabato Jr. A scientist tries to convince the Earth that it's in imminent danger from an asteroid strike before it is too late. (2006, PG, 89min) ★★
**9.00** **Half Past Dead 2** Action thriller sequel starring Bill Goldberg and Kurupt. Two prison inmates team up to tackle gangsters when they learn that their loved ones have been taken hostage during a riot. With Jack Conley. (2007, 15, 92min) ★★

**10.55** **John Woo's Blackjack** Thriller. (1998, 18, 108min) ★★
**12.50** AM **Days of Thunder** Drama. (1990, 15, 107min) ★★★
**2.55** **to 4.00** AM **The Fighting Lady** Documentary. (1944, U) ★★

+1 hour 324

## Movies 24

325 419 513

**7.00** AM **Falling for Vermont** (2017)
**9.00** **Karen Kingsbury's The Bridge – Part 1** Drama. (2015) ★★
**11.00** **An Aurora Teagarden Mystery 9: The Disappearing Game** Drama with Marilu Henner.
**1.00** PM **Picture Perfect Mysteries: Newlywed and Dead**
**3.00** **Summer in the Vineyard** (2017)
**5.00** **The Art of Us** Romantic comedy. (2017, PG, 90min) ★★

**7.00** **The Last Bridesmaid** Romantic drama starring Rachel Boston and Paul Campbell. A woman who has been a bridesmaid too many times meets a handsome videographer at her cousin's wedding. With Brandi Alexander. (2019, PG, 90min) ★★
**9.00** **Chesapeake Shores** As Jess and David try to buy an inn, love and loss surround the O'Briens. **10.00** The play is placed in jeopardy, and it is Abby and Trace who come to the rescue.

**11.00** **The Good Witch's Destiny** Fantasy. (2013, PG, 82min) ★★
**1.00** AM **Strawberry Summer** Drama. (2012, U, 120min) ★★
**3.00** **to 5.00** AM **Autumn Stables** Drama. (2018, PG, 90min) ★★

+1 hour 326 420

## FILMS ON OTHER CHANNELS

### 6pm TILL LATE

**6.45** PM **Driven** *AMC* Action drama starring Sylvester Stallone, Burt Reynolds and Kip Pardue. ★★
**9.00** **Jack Reacher** *Sky One* Action thriller with Tom Cruise. ★★★
**9.00** **Passengers** *4Seven* Fantasy adventure with Jennifer Lawrence, Laurence Fishburne and Chris Pratt. ★★★★
**10.00** **Magnum Force** *ITV4* Thriller sequel to *Dirty Harry*, starring Clint Eastwood. ★★★★
**10.00** **Red Heat** *Paramount Network* Action thriller starring Arnold Schwarzenegger, James Belushi and Peter Boyle. ★★★
**11.00** **Con Air** *Channel 5* Action thriller starring Nicolas Cage and John Malkovich. ★★
**11.00** **Bad Teacher** *5STAR* Comedy starring Cameron Diaz and Justin Timberlake. ★★
**11.00** **Billy Madison** *Comedy Central* Comedy starring Adam Sandler, Norm MacDonald, Josh Mostel and Darren McGavin. ★★
**11.20** **Final Recall** *Syfy* Sci-fi thriller. ★
**12.00** M'T **The Fighter** *AMC* Oscar-winning boxing drama starring Mark Wahlberg and Amy Adams. ★★★★

# MONDAY Sport

SKY HD SD | VIRGIN HD | BT HD

9 March

## Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **Good Morning Sports Fans Bitesize** The latest sports news.
7.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, a tip on today's racing and a sporting weather forecast.
10.00 **Football Centre** A round-up of the latest football news.
11.30 **Ref Watch** The Sky Sports team look at some of the weekend's big refereeing decisions.
12.00 NOON **Sky Sports News** The latest sports news and updates.
5.00 PM **Sky Sports News at 5**
6.00 **Sky Sports News at 6**
6.30 **PGA Tour Golf** A preview of this year's Players Championship, which takes place at TPC Sawgrass in Ponte Vedra Beach, Florida.
7.00 **LIVE MNF Leicester City v Aston Villa.** Coverage of the Premier League clash at the King Power Stadium. Kick-off **8.00pm**.
11.00 **NBA: The Warm Up** A look ahead to tonight's action.
12.00 M'T **to 6.00** AM **Sky Sports News** A round-up of the day's talking points and a look ahead to the events that are likely to make the news tomorrow.

## Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **PL Legends: Andrew Cole**
7.30 **Goals on Sunday**
9.00 **Premier League Highlights**
10.00 **Premier League Years**
12.00 NOON **Premier League Highlights** Recent action from the top flight, including at:
**4.00** PM Chelsea v Everton.
**4.30** Action from Manchester United v Manchester City.
5.00 PM **Soccer AM: The Best Bits**
5.30 **Premier League 100 Club**
6.00 **PL Legends: Thierry Henry**
6.30 **PL Legends: Ruud van Nistelrooy** A profile of the former Manchester United striker.
7.00 **LIVE MNF Leicester City v Aston Villa.** Coverage of the Premier League clash at the King Power Stadium. Kick-off **8.00pm**.
11.00 **Premier League 100 Club**
12.00 M'T **MNF Pre Match**
1.00 AM **MNF Hlts** Action from Leicester City v Aston Villa.
1.30 **Premier League Years**
3.30 **PL Greatest Games**
4.00 **PL Best Goals 06/07**
5.00 **Best PL Goals: Chelsea v Man Utd** Memorable strikes.
5.30 **to 6.00** AM **PL 100 Club**

## Sky Sports Football

403 403 857 | 513 503

6.00 AM **Highlights**
9.00 **SPFL Round-Up**
9.15 **SPFL Greatest Games**
9.30 **EFL Play-Off Final Highlights**
10.30 **EFL Greatest Games**
11.15 **SPFL Greatest Games**
11.30 **Football's Greatest Players**
12.00 NOON **Football Countdowns**
12.30 PM **Football Years**
1.00 **SPFL Greatest Games**
1.45 **One2Eleven: Tony Cascarino**
2.00 **EFL Play-Off Final Highlights**
3.00 **Football's Greatest Players**
3.30 **Football Countdowns**
4.00 **Football Years**
4.30 **EFL Play-Off Final Highlights**
5.30 **SPFL Greatest Games**
6.00 **Soccer AM: The Best Bits**
6.30 **EFL Goals: Leagues 1 & 2**
7.00 **EFL Championship Highlights**
9.00 **Soccer AM: The Best Bits**
9.30 **EFL Goals: Leagues 1 & 2**
10.00 **SPFL Round-Up**
10.15 **SPFL Greatest Games**
10.30 **MLS Round-Up Show**
11.00 **One2Eleven: Ian Harte**
11.15 **EFL Greatest Games**
11.30 **SPFL Greatest Games**
12.00 M'T **Football Years**
12.30 AM **SPFL Greatest Games**
1.00 **Football Countdowns**
1.30 **to 6.00** AM **Highlights**

## Sky Sports Cricket

404 404 858 | 514 504

6.00 AM **Cricket's Greatest Games**
7.00 **Best of England v Australia**
7.50 **Ashes Greats**
8.00 **Cricket's Greatest Games**
9.00 **How The 2003 ICC World Cup Was Won** As shown at 10.00pm.
12.00 NOON **Women's ICC World T20 Cricket** As 2.00pm.
1.00 PM **Best of England v Australia**
1.50 **Ashes Greats**
2.00 **Women's ICC World T20 Cricket** Action from the final at Melbourne Cricket Ground.
3.00 **How The 2003 ICC World Cup Was Won** As shown at 10.00pm.
6.00 **Women's ICC World T20 Cricket** The opening semi-final at Sydney Cricket Ground.
10.00 **How The 2003 ICC World Cup Was Won** A look back at the tournament in South Africa, where defending champions Australia started as favourites.
1.00 AM **Best of England v Australia**
1.50 **Ashes Greats**
2.00 **Cricket's Greatest Games**
3.00 **Best of England v Australia**
3.50 **Ashes Greats**
4.00 **Cricket's Greatest Games**
5.00 **Best of England v Australia**
5.50 **to 6.00** AM **Ashes Greats**

## Sky Sports The Players

405 405 859 | 515 505

6.00 AM **How The Players Was Won**
8.00 **PGA Tour Profiles**
8.15 **The Players Championship Official Film** The 2007 event.
9.15 **PGA Tour Profiles**
9.30 **European Tour Golf**
10.30 **PGA Tour Golf** Extended action from the fourth and final day of the Arnold Palmer Invitational.
4.00 PM **Best of the Sky Zone**
4.30 **European Tour Golf**
5.30 **Best of the Sky Zone**
6.00 **Rory's Review of 2019**
6.30 **PGA Tour Golf** As 10.00pm
7.00 **How The Players Was Won** Action from the final day of the 2019 Players Championship.
9.00 **PGA Tour Golf** Highlights of the Arnold Palmer Invitational.
10.00 **PGA Tour Golf** A preview of this year's Players Championship.
10.30 **Rory's Review of 2019**
11.00 **Feherty Talks To: Rory McIlroy**
12.00 M'T **PGA Tour Golf** As 9.00pm.
1.00 AM **Feherty Talks To: Rory McIlroy** A chat with the golfer.
2.00 **PGA Tour Golf** As 10.00pm.
2.30 **Best of the Sky Zone**
3.00 **PGA Tour Golf** As 9.00pm.
4.00 **to 6.00** AM **The Players Championship Official Film**

## BT Sport 1

413 413 867 | 527 | 408 430

6.00 AM **Europa League Magazine**
6.30 **Champions League Magazine**
7.00 **WWE SmackDown Highlights**
8.00 **WWE NXT UK**
9.00 **Premier League Review**
10.00 **Premier League** A re-run of Liverpool v Bournemouth.
11.30 **Vanarama National League**
1.00 PM **Vanarama National League Highlights** Recent action.
1.30 **Premier League Review**
2.30 **Premier League World**
3.00 **Ligue 1 Highlights**
4.00 **WWE Raw** Wrestling action.
6.00 **Premier League Review**
7.00 **Ladbrokes SPFL Highlights**
7.15 **Early Kick-Off**
7.30 **LIVE Bundesliga 2 VfB Stuttgart v Arminia Bielefeld.** Coverage from Mercedes-Benz Arena. Kick-off **7.30pm**.
9.30 **Bundesliga Highlights Show**
10.30 **Premier League World**
11.00 **WWE Raw Highlights**
12.00 M'T **WWE SmackDown**
1.00 AM **LIVE WWE Monday Night Raw** Wrestling coverage.
4.15 **Early Kick-Off**
4.30 **Ladbrokes SPFL Highlights**
4.45 **BT Sport Goals Reload**
5.00 **to 6.00** AM **Hyundai A-League**

## BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **MotoGP**
9.00 **MotoGP Chequered Flag**
10.00 **Gallagher Premiership Rugby Highlights** Recent action.
12.30 PM **PSA Squash Highlights**
1.30 **Badminton**
3.30 **Coppa Italia Highlights** Action from the semi-final second-legs.
4.00 **MotoGP** Action from the Moto3 race at the Grand Prix of Qatar.
5.00 **MotoGP** Action from the Moto2 race at the Grand Prix of Qatar.
6.00 **MotoGP** Action from the MotoGP race at the Grand Prix of Qatar.
7.00 **MotoGP Chequered Flag** Analysis, highlights and interviews.
8.00 **The WRC Magazine** A look ahead to Rally Mexico.
8.30 **UEFA Champions League Magazine** News and action.
9.00 **Fishing: On The Bank**
10.00 **Dan Hardy's Open Mat**
10.30 **UFC** Israel Adesanya v Yoel Romero: Another chance to see the middleweight title bout from T-Mobile Arena in Las Vegas.
1.30 AM **The WRC Magazine**
2.00 **World Poker Tour Series**
4.00 **MotoGP** As shown at 6.00pm.
5.00 **to 6.00** AM **MotoGP Chequered Flag**

## BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **Bundesliga** Action from SC Paderborn v FC Cologne.
7.00 **Bundesliga** Action from Bayer Leverkusen v Eintracht Frankfurt.
8.30 **Bundesliga** Action from Hertha Berlin v Werder Bremen.
10.00 **Bundesliga** Action from SC Freiburg v FC Union Berlin.
11.30 **Bundesliga** Action from Schalke 04 v TSG 1899 Hoffenheim.
1.00 PM **Bundesliga** Action from VfL Wolfsburg v RB Leipzig.
2.00 **Bundesliga** Action from Borussia Moenhengladbach v Borussia Dortmund.
3.30 **Bundesliga** Action from Bayern Munich v FC Augsburg.
5.00 **Bundesliga** Action from FSV Mainz 05 v Fortuna Dusseldorf.
6.30 PM **Ligue 1 Highlights** Recent action from the French top flight, including Strasbourg v PSG.
7.30 **Gallagher Premiership Rugby Highlights** Top-flight action, including Saracens v Leicester Tigers, Bristol Bears v Harlequins, and Exeter Chiefs v Bath Rugby.
10.00 **BT Sport Score Best Bits**
10.30 **BT Sport Goals Reload**
11.00 **Hyundai A-League Highlights**
12.00 M'T **to 6.00** AM **Bundesliga**

## Sky Sports Action

407 407 861 | 517 507

6.00 AM **Boxing Gold** Three fights featuring Errol Spence Jr.
7.00 **Sporting Records**
8.00 **NFL: America's Game**
10.00 **Sporting Records**
11.00 **NFL: America's Game** Double bill looking at the history of American football in the USA.
1.00 PM **Sporting Records** Focusing on Brian O'Driscoll's Six Nations try tally, the highest-rated racehorse Frankel and Brendon McCullum's Test sixes.
1.30 **Sporting Records** Focusing on the 1992 USA basketball team, Spain's football side and the All Blacks rugby union team.
2.00 **Fight Night** Scott Quigg v Jono Carroll: Another chance to see the super-featherweight title bout from Manchester Arena.
6.00 **NBC's Pro-Football Talk** American football discussion.
8.00 **NFL: America's Game** Back-to-back editions looking at the history of American football.
1.00 AM **Super League Gold**
2.00 **NFL – Greatest Games**
3.30 **Legends of Darts**
4.00 **Sporting Records**
5.00 **to 6.00** AM **Sporting Greats**

## Sky Sports Mix

145 145 838 | 520 510

6.00 AM **My Icon**
7.00 **Sporting Records**
8.00 **Sporting Greats**
9.00 **My Icon**
10.00 **NBA Champions 2014 San Antonio Spurs**
11.00 **Women's ICC World T20 Cricket** Semi-final action.
1.00 PM **Women's ICC World T20 Cricket** Action from the final.
2.00 **When Naz Hit New York**
2.30 **Boxing Gold**
3.00 **My Icon**
3.45 **Netball Superleague**
5.45 **Women's ICC World T20 Cricket** Action from the final.
6.45 **LIVE Netball Superleague London Pulse v Celtic Dragons.** Coverage of the match from the third round of fixtures, taking place at the Copper Box Arena. Centre-pass **7.30pm**.
8.45 **My Icon**
9.00 **Women's ICC World T20 Cricket** Action from the final.
10.00 **PGA Tour Golf** Highlights of the Arnold Palmer Invitational.
11.00 **Fight Night International** Anthony Joshua v Andy Ruiz Jr.
12.00 M'T **to 6.00** AM **Mix Shorts: Masterclasses**

## BT Sport/ESPN

423 423 872 | 530 | 411 434

6.00 AM **College Basketball**
7.45 **ESPN FC** Football news.
8.15 **College Basketball**
10.00 **BT Sport Reload**
10.30 **ESPN FC** Football news.
11.00 **College Basketball**
2.30 PM **NHL** Pittsburgh Penguins v Carolina Hurricanes.
4.30 **ESPN FC** Football news.
5.00 **LIVE MLB Philadelphia Phillies v New York Yankees.** Coverage of the Spring Training match from Spectrum Field in Florida. Start-time **5.05pm**.
8.00 **XFL** Action from Dallas Renegades v New York Guardians at Globe Life Park in Arlington.
10.30 **In Depth with Graham Bensinger** With Dana White.
11.00 **LIVE College Basketball** Coverage of an NCAA clash.
1.00 AM **BT Sport Reload**
1.30 **X Games** Action from the X Games Norway at Hafjell Resort.
5.30 **to 6.00** AM **BT Sport Reload**

## Eurosport 1

410 410 864 | 521 | 412 435

6.00 AM **Alpine Skiing**
7.00 **Cycling: Paris-Nice**
8.00 **Snooker: English Open**
10.05 **Cycling: Gent-Wevelgem**
10.25 **Alpine Skiing**
11.25 **Ski Jumping**
12.25 PM **Cycling: Amstel Gold Race**
12.40 **Cycling: Paris-Nice**
1.40 **LIVE Cycling: Paris-Nice** Coverage of the second stage.
3.40 **Ski Jumping**
4.00 **Alpine Skiing**
4.25 **LIVE Ski Jumping** World Cup coverage in Lillehammer, Norway.
5.45 **Biathlon**
6.45 **Alpine Skiing**
8.00 **Cycling: Paris-Nice**
9.00 **Ski Jumping**
10.00 **Biathlon**
11.00 **Cycling: Paris-Nice**
12.00 M'T **Cycling: Strade Bianche**
1.00 AM **Triathlon: Llanelli Sprint**
1.30 **Snooker: Get to Know**
2.00 **Cycling: Paris-Nice**
3.00 **to 6.00** AM **Highlights**

## Eurosport 2

411 411 865 | 522 | 413 436

6.00 AM **Cycling: Women's Strade Bianche** Action from Siena, Italy.
7.00 **Olympics: Hall of Fame**
8.00 **Cycling: Paris-Nice**
9.00 **Cycling: Strade Bianche**
10.00 **Motocross World Championship**
11.00 **World Superbikes**
2.00 PM **Freestyle Skiing**
4.00 **Motocross World Championship**
4.30 **World Superbikes**
6.00 **Snooker: UK Championship** Ding Junhui v Stephen Maguire: Action from the 2019 final.
8.00 **World Superbikes** The opening round of the season in Australia.
10.00 **Motocross World Championship** Action from Valkenswaard in the Netherlands.
11.00 **Ski Jumping**
12.00 M'T **Alpine Skiing**
1.00 AM **Olympics: Hall of Fame**
3.00 **Snooker: Welsh Open**
5.00 **to 6.00** AM **Cycling: Paris-Nice**

## Sky Sports Arena

408 408 862 | 518 508

6.00 AM **Sporting Greats**
7.00 **Super League Gold**
8.00 **Sporting Greats**
9.00 **Sporting Records**
10.00 **Boxing Gold**
11.00 **Super League Gold**
12.00 NOON **Sporting Greats**
2.00 PM **NBA Classic Games: Mavericks @ Jazz 2012**
4.00 **Sporting Greats**
4.30 **Super League Highlights**
4.45 **Netball Superleague**
6.45 **LIVE Netball Superleague London Pulse v Celtic Dragons.** Centre-pass **7.30pm**.
8.45 **NBA GameTime**
9.15 **NBA: LA Lakers @ LA Clippers**
11.00 **NBA: The Warm Up**
12.00 M'T **NBA Classic Games: Thunder @ Rockets 2013**
1.00 AM **Sporting Records**
2.00 **Super League Gold**
3.00 **Sporting Records**
4.00 **Sporting Greats**
5.00 **to 6.00** AM **Sporting Records**

## Sky Sports F1

406 406 860 | 516 506

6.00 AM **The Home of F1**
11.00 **Formula 1** Another chance to see the 2019 German Grand Prix.
1.30 PM **Formula 1** Highlights of the 2019 German Grand Prix.
2.30 **German F1 GP Best Bits**
3.00 **Formula 1** A re-run of the 2019 Hungarian Grand Prix.
5.15 **Formula 1** Highlights of the 2019 Hungarian Grand Prix.
6.15 **Hungarian F1 GP Best Bits**
6.45 **Lewis in the W196 with Martin**
6.55 **Melbourne Seaplane Tour**
7.00 **F1 Classic Races** A look back at the 1989 Australian Grand Prix.
8.30 **F1 2019 Season Review** A look back at the 2019 season.
9.30 **Formula 1** Another chance to see the 2019 Belgian Grand Prix at Circuit de Spa-Francorchamps.
11.35 **Box Box Box: Johnny & Damon '95** The 1995 British Grand Prix.
12.00 M'T **Formula 1** Highlights of the 2019 Belgian Grand Prix.
1.00 **to 6.00** AM **The Home of F1**

# Tuesday

10 March

## Evening Planner



### Football

**Champions League**
***BT Sport 2 HD, kick-off 8pm***
Spurs travel to the Red Bull Arena to take on Bundesliga high-fliers RB Leipzig in the round-of-16 second-leg match

### Cookery

**The Great Celebrity Bake Off for Stand Up to Cancer**
***C4 HD, 8pm***
Louis Theroux, Ovie Soko, Jenny Éclair, and Russell Howard bake giant biscuits

### Travelogue

**Joanna Lumley's Hidden Caribbean: Havana to Haiti**
***ITV HD, 9pm***
Travelling around Cuba, Joanna watches cigar-rolling in the tobacco region

### Comedy

**Mrs Fletcher**
***Sky Comedy HD, 10.15pm***
An empty nester and her college-going son have individual sexual awakenings in a comedy starring Kathryn Hahn

| SKY EVENING TIME | 7.00PM | 7.30PM | 8.00PM | 8.30PM | 9.00PM | 9.30PM | 10.00PM | 10.30PM |
|---|---|---|---|---|---|---|---|---|
| **FAVOURITES** | | | | | | | | |
| 101 BBC1 | 7.00 The One Show | 7.30 EastEnders | 8.00 Holby City † | | 9.00 The Split | | 10.00 News | 10.35 Beauty... † |
| 102 BBC2 | 7.00 Race Across the World | | 8.00 Back in Time for the Corner Shop | | 9.00 Miriam's Big Fat Adventure | | 10.00 Better Things | 10.30 Newsnight |
| 103 ITV | 7.00 Emmerdale | 7.30 Dr Ranj: On Call | 8.00 Love Your Garden | | 9.00 Joanna Lumley's Hidden Caribbean... | | 10.00 News; Local News | |
| 104 CHANNEL 4 | 7.00 News | | 8.00 The Great Celebrity Bake Off for Stand Up to... | | 9.15 Five Guys a Week | | 10.15 The Windsors | |
| 105 CHANNEL 5 | 7.00 Britain: A Year in the Wild | | 8.00 Dogs Behaving (Very) Badly | | 9.00 Elizabeth I and II: Britain's Golden... | | 10.00 The Royal Family at War | |
| 106 SKY ONE | 7.00 The Simpsons | | 8.00 An Idiot Abroad 2 | | 9.00 Strike Back: Vendetta | | 10.00 The Trip to... | 10.30 The Force... |
| **ENTERTAINMENT** | | | | | | | | |
| 116 BBC4 | 7.00 Beyond 100 Days | 7.30 Great Welsh... | 8.00 The People's Liners – Britain's Lost... | | 9.00 Ian Hislop's Olden Days – The Power... | | 10.00 Lost... | 10.25 Armada – 12 Days... |
| 118 ITV2 | 7.00 You've Been Framed! Gold | | 8.00 Two and a Half Men | | 9.00 Family Guy | | 10.00 Plebs | |
| 136 MORE4 | ◂ 6.55 Escape to the Chateau: DIY | | 7.55 Grand Designs | | 9.00 24 Hours in A&E | | 10.00 999: What's Your Emergency? | |
| 135 E4 | 7.00 Hollyoaks | 7.30 Man with a Plan | 8.00 The Big Bang Theory | | 9.00 Celebs Go Dating | | 10.00 First Dates | |
| 107 SKY WITNESS | 7.00 Nothing to Declare | | 8.00 Ghost Whisperer | | 9.00 The Good Doctor | | 10.00 Law & Order: Special Victims Unit | |
| 108 SKY ATLANTIC | 7.00 CSI | | 8.00 Blue Bloods | | 9.00 Save Me | | 10.00 The L Word: Generation Q | |
| 110 GOLD | 7.00 Porridge | 7.40 Dad's Army | | | 9.00 Mrs Brown's Boys | 9.40 Gavin & Stacey | 10.15 Live at the Apollo | |
| 111 DAVE | 7.00 Room 101 | | 8.20 Have I Got a Bit More News for You | | 9.20 QI | | 10.00 Taskmaster | |
| 119 ITV3 | ◂ 6.55 Agatha Christie's Poirot | | 8.00 Midsomer Murders | | | | 10.00 Scott & Bailey | |
| 120 ITV4 | 7.00 Cycling: Paris-Nice Highlights | | 8.00 Giant Lobster Hunters | | 9.00 Film: Pale Rider | | | |
| 112 COMEDY CENTRAL | 7.00 Friends | | | | 9.00 Film: The Intern | | | |
| 114 SYFY | 7.00 Warehouse 13 | | 8.00 Merlin | | 9.00 The Twilight Zone | | 10.00 Film: Twelve Monkeys | |
| 109 W | 7.00 Property Brothers: Forever Home | | 8.00 Sun, Sea and Brides to Be | | 9.00 Inside the Ambulance | | 10.00 The Wedding Fixer | |
| 113 SKY COMEDY | 7.00 Modern Family | 7.30 The Mindy Project | | | 9.00 Curb Your Enthusiasm | 9.40 Ballers | 10.15 Mrs Fletcher | |
| 124 FOX | 7.00 NCIS | | | | 9.00 Family Guy | | | |
| 122 SKY ARTS | 7.00 Portrait Artist of the Year 2020 | | | | 9.00 I Am Heath Ledger | | | |
| **DOCUMENTARY** | | | | | | | | |
| 125 DISCOVERY | 7.00 Outback Truckers | | 8.00 Richard Hammond's Big | | 9.00 Gold Rush | | | 10.30 Gold Rush... |
| 162 ANIMAL PLANET | 7.00 Animal Cops Detroit | | 8.00 The Zoo | | 9.00 The Aquarium | | 10.00 Animal Cops San Francisco | |
| 129 NAT GEO | 7.00 Car S.O.S. | | 8.00 World War I Apocalypse | | 9.00 World War II: The Apocalypse | | 10.00 Apocalypse: Cold War | |
| 130 HISTORY | 7.00 American Pickers | | 8.00 The Railways That Built Britain with... | | 9.00 Vikings | | 10.00 Ancient Aliens | |
| 155 YESTERDAY | 7.00 Abandoned Engineering | | | | 9.00 The Two Ronnies | | | 10.35 Porridge |
| 166 EDEN | 7.00 Life on Earth | | 8.00 Life in the Great Wetlands | | 9.00 Big Cats | | 10.00 Ganges | |
| **FILMS - Sky Cinema** | | | | | | | | |
| 301 PREMIERE | ◂ 6.15 We Die Young | | 8.00 The Art of Self-Defense | | | | 10.00 Brightburn | |
| 303 HITS | ◂ 6.40 Solo: A Star Wars Story | | | | 9.00 Skyscraper | | | |
| 304 GREATS | ◂ 6.00 Braveheart | | | | 9.00 Elizabeth: The Golden Age | | | |
| 305 DISNEY | 7.00 Cinderella | | | | 9.00 Tomorrowland: A World Beyond | | | |
| 306 FAMILY | ◂ 6.30 Wonder Park | | 8.00 The Mask of Zorro | | | | | 10.20 The Legend of Zorro |
| 311 ACTION | ◂ 5.15 Armageddon | | 8.00 Edge of Tomorrow | | | | 10.00 Escape Plan 3 | |
| 308 COMEDY | ◂ 6.20 Family | | 8.00 Bad Teacher | | | 9.45 Along Came Polly | | |
| 309 THRILLER | ◂ 5.45 Enemy of the State | | 8.00 The Negotiator | | | | 10.00 Basic Instinct | |
| 310 DRAMA | ◂ 6.05 Step Up | | 8.00 Burning | | | | | |
| 307 MONSTERS | ◂ 6.45 Godzilla | | | | 9.00 Godzilla: King of the Monsters | | | |
| 302 SUPERHERO | ◂ 6.30 Avengers: Infinity War | | | | 9.00 Avengers: Endgame | | | |
| 313 FILM4 | ◂ 6.55 Behind Enemy Lines | | | | 9.00 Taken 2 | | | |
| 315 TCM MOVIES | 7.15 Ten Wanted Men | | | | 9.00 Dirty Harry | | | |
| **SPORT** | | | | | | | | |
| 401 MAIN EVENT | ◂ 1.00 The Players Championship – Live: Build-up to this year's Championship | | | | 9.00 Sky Sports Tonight | | 10.00 The Debate | |
| 402 PREMIER LEAGUE | 7.00 Premier League Review | | 8.00 Gary Neville's Soccerbox | | 9.00 Premier League Review | | 10.00 The Debate | |
| 403 FOOTBALL | 7.00 Soccer AM... | 7.30 EFL Play-Off Final Highlights | | 8.30 EFL Goals... | 9.00 EFL Championship Highlights | | 10.00 SPFL Highlights | 10.30 EFL Greatest... |
| 404 CRICKET | ◂ 6.00 Women's ICC World T20 Cricket | | | | | | 10.00 How The 2007 ICC World Cup Was... | |
| 413 BT SPORT 1 | 7.00 True Grit | | 8.00 WWE Monday Night Raw | | | | | 10.30 WWE NXT |
| 414 BT SPORT 2 | 7.00 UEFA Champions League – Live: RB Leipzig v Tottenham Hotspur: From the Red Bull Arena (Kick-off 8.00) | | | | | | | 10.30 PL Reload |

◂ Denotes programmes starting before 7.00pm  † Regions vary

# TUESDAY

SAVE UP TO 36%
SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Subscribe online www.tvandsatsubs.com/61AU
OR CALL 0330 3331 113 and quote code 61AU
*Your payments will then continue at £19.99 payable every three months, saving 36%

Tuesday

## BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

**6.00** AM **Breakfast** (S)
**9.15** **Crimewatch Roadshow Live** New edition 2/15. Birds of prey. (S)
**10.00** **Homes Under the Hammer** New edition From Derbyshire. (S)
**11.00** **Dom Does America** (S)(R)(AD)
**11.45** **Saved on Camera** New edition (S)
**12.15** PM **Bargain Hunt** (S)(R)(AD)
**1.00** **BBC News** (S)
**1.30** **Local News** (S)
**1.45** **Doctors** (S)(AD)
**2.15** NEW SERIES **Five Bedrooms** *Five Owners:* 1/8. Drama starring Kat Stewart. (S1) (S)(AD)
**3.00** **Escape to the Country** New edition In South Yorkshire. (S)(AD)
**3.45** **Money for Nothing** New edition
**4.30** **Ready Steady Cook** New edition
**5.15** **Pointless** Quiz show. (S)(R)
**6.00** **BBC News** (S)
**6.30** **Local News** (S)

9.00 The Split

**7 PM**

**7.00** **The One Show** Alex Jones and Matt Baker present the topical show. (S)
**7.30** **EastEnders** Jay pops the question to Lola, and Gray reveals he is planning to represent Whitney. (S)(AD)

**8 PM**

**8.00** **Holby City** Cameron sets out to make a good impression during a hectic day at work, unaware that a suspicious Xavier has unearthed a shocking secret that could ruin him. (S)(AD)

**9 PM**

**9.00** **The Split** New edition 5/6. Hannah's affair is now out in the open, and she desperately tries to make amends to the people she has deceived and save her marriage. (S2) (S)(AD)

**10 PM**

**10.00** **BBC News** (S)
**10.25** **Local News** (S)
**10.35** **Beauty Laid Bare** New edition 2/3. The four twentysomethings question the cost of the beauty industry. (S)

**11.20** **War on Plastic with Hugh and Anita** 1/3. Hugh Fearnley-Whittingstall and Anita Rani explore the problem of plastic waste, finding out where it is coming from and what can be done to try to solve the issue. (S)(R)(AD)
**12.15** AM **Weather for the Week Ahead** Seven-day forecast. (S)
**12.20** **to 6.00** AM **BBC News** (S)

## BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

**6.30** AM **Bargain Hunt** (S)(R)(AD)
**7.15** **Ready Steady Cook** (S)(R)
**8.00** **Sign Zone: Spy in the Wild** (S)(R)
**9.00** **BBC News** (S)
**10.00** **Victoria Derbyshire** (S)
**11.00** **BBC Newsroom Live** (S)
**12.15** PM **Politics Live** (S)
**1.00** **The Super League Show** (S)
**1.50** **Best House in Town** (S)(R)
**2.35** **Terry and Mason's Great Food Trip** A visit to Chester. (S)(R)
**3.00** **Red Rock** (S)(R)(AD)
**3.45** **The Great Interior Design Challenge** In Derbyshire. (S)(R)(AD)
**4.45** **Portillo's State Secrets** (S)(R)(AD)
**5.15** **Flog It!** From Bristol. (S)(R)
**6.00** **Richard Osman's House of Games** New edition (S)
**6.30** **Great British Railway Journeys** 12/15. Michael Portillo travels from Reading to Taplow. (S)(R)(AD)

8.00 Back in Time for the Corner...

**7 PM**

**7.00** **Race Across the World** 1/8. Five pairs of competitors journey around the globe, with only limited cash and no use of modern technology. In the first edition, the teams set off from Mexico City. (S)(R)(AD)

**8 PM**

**8.00** **Back in Time for the Corner Shop** New edition 3/6. Billy Bragg pays the Arderns a visit as they get to grips with 1960s life, encountering skiffle music, hula hoops, sliced bread and self-service shopping. (S)(AD)

**9 PM**

**9.00** **Miriam's Big Fat Adventure** Series finale 2/2. Miriam Margolyes sets out to find out what is being done about the obesity crisis, and meets people who are going to extreme lengths to lose weight. (S)(AD)
■ Repeated on Friday

**10 PM**

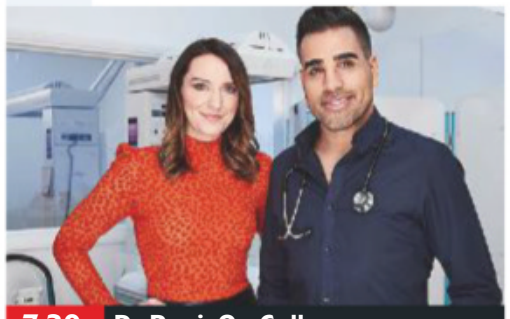
**10.00** **Better Things** New episode 10/12. Duke is concerned about the presence of her late grandfather in her bedroom. (S3) (S)
**10.30** **Newsnight** (S)

**11.10** **Weather** (S)
**11.15** **Tigers: Hunting the Traffickers** A report on the illegal tiger trade in South East Asia. (S)(R)(AD)
**12.15** AM **Sign Zone: Win the Wilderness: Alaska** 5/6. Duane and Rena quiz each couple about their plans for the home. (S)(R)(AD)
**1.15** **Sign Zone: Murder, Mystery and My Family** The death of a landlady in Leeds. (S)(R)(AD)
**2.00** **Sign Zone: Island Medics** (S)(R)
**2.45** **to 6.30** AM **Previews** (S)

## ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

**6.00** AM **Good Morning Britain** (S)
**9.00** **Lorraine** (S)
**10.00** **This Morning** *Sesame Street* star Elmo is in the studio to celebrate his new show *Elmo's World*. (S)
**12.30** PM **ITV News** (S)
**12.50** **Local News** (S)
**1.00** LIVE **ITV Racing: Cheltenham Festival** Ed Chamberlin and Francesca Cumani present the opening day of the prestigious festival, including feature race the 3.30 Unibet Champion Hurdle Challenge Trophy. (S)
**4.30** **Tipping Point: Best Ever Finals** Compilation of some of the most dramatic endgames from the arcade-themed quiz show. (S)(R)
**5.00** **The Chase** Quiz show. (S)(R)
**6.00** **Local News** (S)
**6.30** **ITV News** (S)



7.30 Dr Ranj: On Call

**7 PM**

**7.00** **Emmerdale** Victoria decides to get Harry christened. (S)(AD)
**7.30** **Dr Ranj: On Call** New edition 2/4. Dr Ranj Singh visits the Paediatric Intensive Care Unit at the Evelina London Children's Hospital. (S)(AD)

**8 PM**

**8.00** **Love Your Garden** New edition Alan Titchmarsh and the team create a cleverly designed family garden that is fun for pre-school children without being a primary-coloured plastic eyesore for the adults who share it. (S)(AD)

**9 PM**

**9.00** NEW SERIES **Joanna Lumley's Hidden Caribbean: Havana to Haiti** 1/2. The actor visits two of the most enigmatic countries in the Caribbean – Cuba and Haiti – to explore and uncover the hidden gems they have to offer. (S)(AD)

**10 PM**

**10.00** **ITV News** (S)
**10.30** **Local News** (S)
**10.45** **Tyson Fury: The Gypsy King** 3/3. Following his win over Otto Wallin, Tyson takes part in a WWE bout and parts ways with trainer Ben Davison. (S)(R)(AD)

**11.45** **Tenable** A team of five singers answer questions about top 10 lists, then try to score a perfect 10 in the final round. (S)(R)
**12.40** AM **Ideal World**
**3.00** **The Home Game** 10/10. A couple in Hampshire exceed their huge budget. (S)(R)
**3.50** **Nightscreen**
**5.05** **to 6.00** AM **Judge Rinder** Real-life cases heard in a studio courtroom. (S)(SL)(R)

+1 hour 203 | 114 | 33 | 112

## CHANNEL 4

104 104/138 804 | 104 104/141 | 4 104 | 104

**6.30** AM **Cheers** 1&2/22. (S2) (S)(R)
**7.20** **The King of Queens** (S)(R)(AD)
**8.10** **Everybody Loves Raymond** (S)(R)
**9.10** **Frasier** 6&7/24. (S4) (S)(R)(AD)
**10.10** **Undercover Boss Canada** (S)(R)
**11.05** **Ramsay's Kitchen Nightmares USA** From New York. (S)(R)
**12.00** NOON **News** (S)
**12.05** PM **Come Dine with Me** (S)(R)
**1.05** **Posh Pawnbrokers** (S)(R)
**2.10** **Countdown** New edition (S)
**3.00** **A Place in the Sun** (S)(R)
**4.00** **A New Life in the Sun: Where Are They Now?** (S)(R)
**5.00** **Four in a Bed** New edition From Langley Dam Glamping site in Hexham, Northumberland. (S)
**5.30** **Come Dine with Me** New edition The second night in Edinburgh. (S)
**6.00** **The Simpsons** (S)(R)(AD)
**6.30** **Hollyoaks** (S)(AD)

10.15 The Windsors

**7 PM**

**7.00** **News** (S)

**8 PM**

**8.00** NEW SERIES **The Great Celebrity Bake Off for Stand Up to Cancer** 1/5. Louis Theroux, Jenny Eclair, Russell Howard and Ovie Soko take part in a charity edition of the culinary challenge. *See feature, page 8.* (S)(AD)
■ Repeated tomorrow

**9 PM**

**9.15** NEW SERIES **Five Guys a Week** 1/10. Dating show in which a single girl invites five men who are looking for love to move into her home and live with her for a week. (S)(AD)
■ Repeated on Thursday

**10 PM**

**10.15** **The Windsors** New episode 3/6. Charles tests his political beliefs. (S3) (S)(AD)
**10.45** **8 Out of 10 Cats Does Countdown** Sean Lock and Sara Pascoe face Alan Carr and Tom Allen. (S)(R)

**11.45** **First Dates** (S)(R)(AD)
**12.45** AM **Ramsay's Kitchen Nightmares USA** (S)(R)
**1.35** FILM **Good Kill** Drama starring Ethan Hawke and Zoe Kravitz. (S) (2014, 15, 105min) ★★★
**3.20** **Come Dine with Me** (S)(R)
**4.15** **Location, Location, Location** (S)(R)
**5.10** **Cooking Up a Fortune** (S)(R)
**5.35** **Kirstie's Handmade Treasures** Making a scarecrow. (S)(R)
**5.50** **to 6.30** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 15 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

## CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

**6.00** AM **Milkshake!**
**9.15** **Jeremy Vine** (S)
**11.15** **Nightmare Tenants, Slum Landlords** (S)(R)
**12.10** PM **News** (S)
**12.15** **Parking Hell: At War with the Law** Bus drivers in Bath. (S)(R)
**1.10** **Access** Showbiz news. (S)
**1.15** **Home and Away** (S)(AD)
**1.45** **Neighbours** (S)(AD)
**2.20** FILM **A Neighbour's Obsession** Thriller starring Michael Welch. (S) (2017, 12, 100min) ★★
**4.00** **Friends** 4&5/24. (S4) (S)(R)
**5.00** **News** (S)
**5.30** **Neighbours** Elly tries to keep out of Finn's way. (S)(R)(AD)
**6.00** **Home and Away** The news of Mason's death devastates Justin and Tori. (S)(R)(AD)
**6.30** **News** (S)

**8.00** Dogs Behaving (Very) Badly

**7.00 Britain: A Year in the Wild** New edition Capturing a family of beavers in Devon, exploring how they alter their landscape to help themselves and others. (S) ■ Continues tomorrow

**8.00 Dogs Behaving (Very) Badly** Series finale 10/10. A rescue dog presents Graeme Hall with a tough challenge – since it is afraid of men, it is impossible for him to get anywhere near it. (S)

**9.00** NEW SERIES **Elizabeth I and II: Britain's Golden Queens** 1/2. Historical documentary examining whether there are similarities between the two monarchs. (S) ■ Concludes tomorrow

**10.00 The Royal Family at War** 2/2. Penny Junor recalls the rumoured rift between the Queen and the Duchess of Cornwall, while Princess Margaret's relationship with divorcee Peter Townsend is assessed. (S)(R)

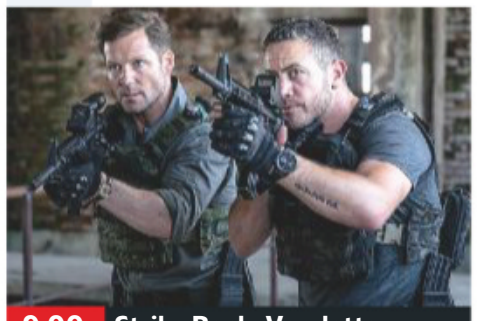
**11.15** **Shannon Matthews: The Mother's Story** (S)(R)
**12.15** AM **When Kids Kill: Copycat Killers** (S)(R)
**1.10** **21.co.uk Live Casino Show** (S)
**3.10** **Our Dream Hotel** (S)(R)
**4.00** **Tribal Teens – Here Comes Trouble** (S)(R)
**4.45** **House Doctor** (S)(SL)(R)
**5.10** **Great Scientists** (S)(SL)(R)
**5.35** **to 6.00** AM **Wildlife SOS** (SL)(R)

+1 hour 205 | 155 | 44 | 128

## SKY ONE

106 106 806 | 110 109

**6.00** AM **Monkey Life** (S)(R)
**7.00** **RSPCA Animal Rescue** (S)(R)
**8.00** **The Dog Whisperer** (R)
**9.00** **Stop, Search, Seize** (S)(R)(AD)
**10.00** **Highway Patrol** (S)(R)(AD)
**11.00** **NCIS: Los Angeles** (S)(R)
**1.00** PM **Hawaii Five-0** (S2) (S)(R)
**3.00** **MacGyver** 12/23. (S2) (S)(R)
**4.00** **Modern Family** (S10) (S)(R)
**5.00** **The Simpsons** *On a Clear Day I Can't See My Sister:* Lisa takes out a restraining order. (S)(R)
**5.30** **Futurama** *Bend Her:* The 3004 Olympics get under way and cheating is rife. (S)(R)(AD)
**6.00** *Obsoletely Fabulous:* A new robot makes Bender look inadequate. (S)(R)(AD)
**6.30** **The Simpsons** *Future-Drama:* Bart and Lisa take a look into the future. (S)(R)



**9.00** Strike Back: Vendetta

**7.00 The Simpsons** *Don't Fear the Roofer:* Marge sends Homer to a mental institution. (S)(R) **7.30** *The Heartbroke Kid:* Marge and Homer decide to send Bart to a high-security fat camp. (S)(R)

**8.00 An Idiot Abroad 2** 2/8. Karl Pilkington plans to board the Trans-Siberian Express through Russia, but his high expectations of luxury are dashed when he is forced to sit in third class on a journey to China. (S)(R)

**9.00 Strike Back: Vendetta** New episode 3/10. The team members run into an old ally, as they are thrown headlong into a dangerous race to stop the cyberweapon falling into jihadist hands. (S8) (S)

**10.00 The Trip to Greece** New episode 3/6. Rob and Steve enjoy a rainy day at Delphi. (S4)
**10.30 The Force: North East** A burglar is arrested twice within days. (S)(R)

**11.30** **Avenue 5** 7/9. Armando Iannucci's sci-fi comedy. (S1) (R)
**12.05** AM **SEAL Team** The unit head out on a mission to protect aid convoys in an Ebola hot zone. (S3) (S)(R)
**1.05** **Caught on Dashcam** (R)
**2.05** **The Heist** 5/8. (R)
**3.05** **Road Wars** (S)(R)
**4.00** **Stop, Search, Seize** (S)(R)(AD)
**5.00** **to 6.00** AM **Futurama** (S)(R)

+1 hour 206

## LOCAL VARIATIONS

### BBC1

**SCOTLAND**
Sky **951**, Virgin **862**, Freesat **960**
**8.00-9.00pm** River City **10.35** Holby City **11.35** Beauty Laid Bare **12.20am** War on Plastic with Hugh and Anita **1.15** Weather for the Week Ahead **1.20-6.00am** BBC News

**N. IRELAND**
Sky **953**, Virgin **863**, Freesat **957**
**10.35pm** Spotlight **11.05** Beauty Laid Bare **11.45** War on Plastic with Hugh and Anita **12.45-6.00am** BBC News

**WALES**
Sky **952**, Virgin **864**, Freesat **964**
**11.00am** X-Ray **11.30-11.45** Animal Park **9.00-10.00pm** Hidden **10.35** The Split **11.35pm-12.15am** Beauty Laid Bare

### BBC2

**N. IRELAND**
Sky **972**, Freesat **969**
**1.50-2.00pm** Waterworld **3.00** Best House in Town **3.45** Red Rock **4.30** The Great Interior Design Challenge **5.30-6.00** Portillo's State Secrets **10.00-10.30** There's No Place Like Tyrone **11.15** Inside No. 9 **11.45** Better Things **12.10-12.15am** Grand Tours of Scotland

**WALES**
Sky **971**, Freesat **971**
**1.50pm** First Minister's Questions **2.40-3.00pm** A to Z of TV Gardening

### ITV

As main ITV except:
**WALES**
**11.45pm-12.40am** Police in Danger: Caught on Camera

### S4C

Sky **134**, Virgin **166**, Freesat **120**
**6.00am** Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Ffasiwn Mecanic **12.30** Heno **1.30** Ffermio **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C a'r Tywydd **3.05** Corau Rhys Meirion **4.00** Awr Fawr **5.00** Stwnsh **6.00** Codi Pac **6.30** Rownd a Rownd **7.00** Heno **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm **8.25** Rownd a Rownd **8.55** Newyddion 9 a'r Tywydd **9.00** Cynefin **10.00** Walter Presents: Yr Un Awyr **11.00-11.35pm** Nyrsys

TV&Satellite week
New issue on sale today

## BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

**7.00** PM **Beyond 100 Days** Followed by **Weather**
**7.30** NEW SERIES **Great Welsh Canal Adventure with Gareth Edwards** 1/4. The rugby legend and his wife Maureen take a journey on the Llangollen Canal.
**8.00** **The People's Liners – Britain's Lost Pleasure Fleets**
**9.00** **Ian Hislop's Olden Days – The Power of the Past in Britain** 1/3. The satirist explores the nation's obsession with the past.
**10.00** **Lost Sitcoms: Till Death Us Do Part**
**10.25** **Armada – 12 Days to Save England** 3/3.
**11.25** **Inside the Medieval Mind**
**12.25** AM **A Victorian Scandal: Rudest Book in Britain**
**12.55** **Sex, Chips and Poetry: 50 Years of The Mersey Sound**
**1.55** **Confucius: Genius of the Ancient World**
**2.55** **to 3.55** AM **Ian Hislop's Olden Days...**

## MORE4

136 136 830 | 147 195 | 18 | 124

**8.55** AM **Kirstie's Handmade Treasures** Damson jam.
**9.15** **A Place in the Sun: Summer Sun** Menorca.
**10.05** **A Place in the Sun: Winter Sun** In Spain.
**11.05** **Find It, Fix It, Flog It**
**1.15** PM **Escape to the Chateau: DIY**
**2.20** **Four in a Bed** Five editions.
**4.55** **Secret Life of the Zoo**
**5.55** **Car S.O.S** A Mini Cooper.
**6.55** **Escape to the Chateau: DIY** Couple Martin and Kim continue their search for a dream chateau.
**7.55** **Grand Designs** The progress of a dual-purpose wheelchair-accessible and family-friendly home.
**9.00** **24 Hours in A&E** A 14-year-old boy is rushed in after falling from a swing and fracturing his ankle, while a 62-year-old woman is treated after having broken her wrist at a family party.
**10.00** **999: What's Your Emergency?** At a road traffic incident, a woman has to be cut out of her car and faces life-changing injuries.
**11.05** **999: On the Front Line**
**12.10** AM **8 Out of 10 Cats Does Countdown** With guest Roisin Conaty.
**1.15** **24 Hours in A&E**
**2.15** **Ramsay's Kitchen Nightmares USA**
**3.15** **to 3.40** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

## ITV2

118 118 816 | 115 176 | 6 | 113

**7.00** AM **Ellen DeGeneres Show**
**7.50** **Emmerdale**
**8.20** **Coronation Street**
**9.20** **Superstore**
**10.15** **Dinner Date**
**11.15** **Dress to Impress**
**12.15** PM **Emmerdale**
**12.45** **Coronation Street**
**1.50** **The Ellen DeGeneres Show** New edition
**2.45** **Dinner Date**
**3.50** **Dress to Impress**
**4.55** **Take Me Out**
**6.30** **You've Been Framed!**
**7.00** **You've Been Framed! Gold** Double bill of clips.
**8.00** **Two and a Half Men** 14/22. Lyndsey upsets Alan. **8.30** 15/22. Alan asks Lyndsey to choose between him and Larry. (S11)
**9.00** **Family Guy** *The Giggity Wife:* 11/22. Quagmire accidentally gets married to a prostitute. (S11) **9.30** *Internal Affairs:* 22/23. Joe cheats on Bonnie. (S10)
**10.00** **Plebs** 5/8. Marcus is asked out by Gloria during the Roman festival of love. **10.30** 6/8. The boys attend a free trial session at a new bathhouse. (S4)
**11.00** **Family Guy** 1/22. Lois meets an old flame. (S11)
**11.30** **American Dad!**
**12.25** AM **Two and a Half Men**
**1.25** **Ibiza Weekender**
**2.25** **to 3.20** AM **Don't Hate the Playaz**

+1 hour 218 | 116 | 27 | 114

## E4

135 135 829 | 106 145 | 13 | 122

**6.00** AM **Hollyoaks**
**7.00** **How I Met Your Mother**
**8.00** **Baby Daddy**
**9.00** **Mike & Molly**
**10.00** **The Big Bang Theory**
**11.00** **The Goldbergs**
**12.00** NOON **Brooklyn Nine-Nine**
**1.00** PM **The Big Bang Theory**
**2.00** **Baby Daddy**
**3.00** **Mike & Molly**
**4.00** **The Goldbergs**
**5.00** **Brooklyn Nine-Nine**
**6.00** **The Big Bang Theory**
**7.00** **Hollyoaks** Mitchell comes to terms with the events of his birthday party.
**7.30** **Man with a Plan** New episode 16/22. Adam and Andy are shocked when they finally come face to face with Lowell's wife. (S1)
**8.00** **The Big Bang Theory** (S8)
**9.00** **Celebs Go Dating** New edition 13/20. After success at speed dating, Dean and Malique go on a double date with their matches.
**10.00** **First Dates** Diners seeking romance include romcom fan Becky and avid football follower Leigh.
**11.05** **The Big Bang Theory**
**12.05** AM **Brooklyn Nine-Nine**
**1.05** **Celebs Go Dating**
**2.10** **First Dates**
**3.05** **Gogglebox**
**4.00** **The Big Bang Theory**
**4.50** **to 6.00** AM **How I Met Your Mother**

+1 hour 235 | 146 | 28 | 123

Tuesday primetime

Tuesday primetime

# TUESDAY Entertainment

Tuesday

## Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **The Real A&E**
9.00 **Blue Bloods** 11/22. (S7)
10.00 **Criminal Minds** 7/22. (S12)
11.00 **CSI** 18/24. (S6)
12.00 NOON **Elementary** (S6)
1.00 PM **Blue Bloods** 13/22. (S7)
2.00 **Law & Order** 13/24. Two room-mates are found bludgeoned to death in their apartment. (S12)
3.00 **The Real A&E**
4.00 **Stop, Search, Seize**
5.00 **Nothing to Declare**

9.00 The Good Doctor

**7 PM**

7.00 **Nothing to Declare** Double bill of the documentary series following Australia's customs officers at work.

**8 PM**

8.00 **Ghost Whisperer** *Dead to Rights:* 12/22. A spirit pulls Melinda into the middle of a family's bitter dispute. (S2)

**9 PM**

9.00 **The Good Doctor** New episode *Autopsy:* 16/18. Shaun confesses, but may not get the results he is looking for. (S3)

**10 PM**

10.00 **Law & Order: SVU** New episode *I Deserve Some Love Too:* 14/22. Rollins tries to find a crooked government worker. (S21)
11.00 **Law & Order: SVU** (S16)
12.00 M'T **CSI** 22/24. (S6)
1.00 AM **Criminal Minds** (S4)
2.00 **Shades of Blue** 7/13. (S2)
3.00 **Criminal Minds** (S12)
4.00 **Ghost Whisperer** (S2)
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 180

## Sky Atlantic

108 108 808

6.00 AM **The Guest Wing**
7.00 **Without a Trace** (S3)
10.00 **The West Wing** (S3)
12.00 NOON **Blue Bloods** (S2)
1.00 PM **CSI** 5/24. (S6)
2.00 **The West Wing** (S3)
4.00 **Without a Trace** 22/23. A 71-year-old insurance investigator goes missing. **5.00** 23/23. A seemingly upstanding member of society goes missing. (S3) **6.00** 1/24. Martin ends up ill in hospital after he is shot during an ambush. (S4)

10.00 The L Word: Generation Q

7.00 **CSI** *Secrets and Flies:* 6/24. A single mother is found dead in what intially appears to be a suicide. (S6)

8.00 **Blue Bloods** *The Job:* 12/22. Danny's dedication to the job puts his wife and sons in a dangerous position. (S2)

9.00 **Save Me** 4/6. A police recording of a distressed 999 call from Jody is traced to Streatham. (S1)

10.00 **The L Word: Generation Q** New episode *Loose Ends:* 6/8. Dani and Bette deal with the fallout from a recent scandal. (S1)
11.05 **Six Feet Under** 1/13. The pilot episode of the cult drama set in a Californian funeral home. **12.25** AM 2/13. Nate and David inherit the business. (S1)
1.35 **Oz** 1&2/8. (S5)
3.45 **Californication**
4.20 **to 6.00** AM **The West Wing**

+1 hour 208

## GOLD

110 110 810 124 310 392

7.25 AM **The Piglet Files**
7.50 **As Time Goes By**
8.25 **The Good Life**
9.00 **Porridge**
9.40 **Hi-de-Hi!**
10.20 **Last of the Summer Wine**
12.20 PM **Keeping Up Appearances**
1.00 **Porridge**
1.40 **Hi-de-Hi!**
2.20 **The Good Life**
3.00 **Keeping Up Appearances**
3.40 **Dad's Army**
4.20 **Last of the Summer Wine**
6.20 **The Good Life**

10.15 Live at the Apollo

7.00 **Porridge** The inmates decide on a wager as the parole board gathers.
7.40 **Dad's Army** Private Pike receives his call-up papers and unexpectedly passes his medical. **8.20** Private Godfrey learns his cottage is scheduled for demolition.

9.00 **Mrs Brown's Boys** Agnes goes on a diet after her family's comments.
9.40 **Gavin & Stacey** The couple have their first lovers' tiff and Gavin is beside himself with worry.
10.15 **Live at the Apollo** With sets by Shappi Khorsandi and Jack Whitehall.
11.20 **Sandylands** 2/3. Emily becomes her father's unwilling partner-in-crime. (S1)
12.00 M'T **Peep Show**
1.05 AM **Live at the Apollo**
2.05 **Peep Show**
2.55 **The Rebel**
3.30 **to 4.00** AM **The Piglet Files**

+1 hour 210 194

## ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
6.55 **Classic Emmerdale**
7.55 **Heartbeat**
9.00 **Man About the House**
10.00 **That's My Boy**
10.30 **A Touch of Frost**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Midsomer Murders**
5.55 **Heartbeat** *Mind Games:* Rosie is attacked when attending a broken-down vehicle stranded on the moors.

10.00 Scott & Bailey

6.55 **Agatha Christie's Poirot** The sleuth is asked to investigate the disappearance of a bank's most valued customer.

8.00 **Midsomer Murders** *Wild Harvest:* When a farmer is discovered bound to a tree, doused in truffle oil and mauled to death by a wild boar, the investigation leads DCI Barnaby to tyrannical celebrity chef Ruth Cameron.

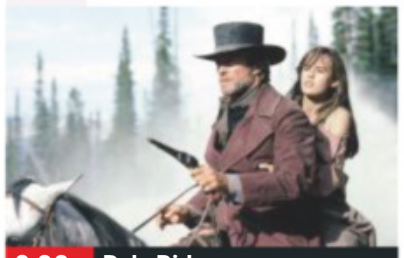
10.00 **Scott & Bailey** 6/8. Janet turns down Andy's invitation for a drink – so he accuses her of leading him on. (S2)
11.00 **A Touch of Frost** *Conclusions:* An elderly man is killed on the same evening that a private casino is violently robbed. **1.05** AM *Stranger in the House:* A rapist arouses Frost's righteous indignation.
3.00 **to 3.25** AM **That's My Boy**

+1 hour 219 174 34 116

## ITV4

120 120 818 118 178 24 117

6.00 AM **World of Sport**
6.10 **Only When I Laugh**
6.35 **Quincy ME**
7.25 **Kojak**
8.20 **The Saint**
9.30 **ITV Racing: Opening Show**
10.30 **Minder**
11.30 **The Professionals**
12.35 PM **The Sweeney**
1.35 **Quincy ME**
2.40 **Kojak**
3.45 **The Saint**
4.50 **Minder**
5.55 **The Professionals**


9.00 Pale Rider

7.00 **Cycling: Paris-Nice Highlights** Stage three, featuring a 212.5km course from Chalette-sur-Liong to La Chatre.

8.00 **Giant Lobster Hunters** Squizzy, the skipper of *Bold Contender*, is under pressure to fill an order of 600 brindle lobsters.

9.00 **FILM Pale Rider** Western starring Clint Eastwood. A mysterious lone horseman protects a mining settlement against ruthless land-grabbers. With Michael Moriarty and Carrie Snodgress. (1985, 15, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.25 **FILM Firefox** Cold War action adventure directed by and starring Clint Eastwood. A maverick US pilot goes behind enemy lines to steal a top-secret Russian fighter. (1982, 15, 131min) ★★
2.10 **to 3.00** AM **Lethal Weapon**

+1 hour 220 175 154

## BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.15 PM **to 7.00** PM **As shown on BBC2.**
7.00 PM **The Children's Hospital** Staff in the trauma department deal with a teenager hit by a car, while a swollen ear baffles the hospital's staff.
7.30 **Test Drive** Three teams tour Glasgow answering questions via a specially adapted satnav that will determine their route to a tourist attraction.
8.00 **Growing Up in Scotland: A Century of Childhood** Documentary exploring the past 100 years of Scottish childhood.
9.00 **The Nine**
10.00 **Scotland's Game** Possible ways forward for Scottish football, focusing on new solutions to long-standing problems.
11.00 PM **to 12.00** M'T **Scotch! The Story of Whisky**

## Sky Two

168 160

7.00 AM **60 Minute Makeover**
9.00 **Ninja Warrior Women Tournament**
10.00 **My Kitchen Rules: South Africa**
12.00 NOON **The Dog Whisperer**
2.00 PM **House Hunters International**
3.00 **Wild Vets**
4.00 **Haven** 7/13. (S1)
5.00 **Relic Hunter** 2/22. (S2)
6.00 **Stargate SG-1** (S7)
8.00 **Road Wars**
9.00 **Continuum** *Second Opinion:* 5/13. (S2)
10.00 **Continuum** 6/13. (S2)
11.00 **Strike Back: Vendetta**
12.00 M'T **The Trip to Greece**
12.30 AM **The Good Doctor**
1.30 **Law & Order: Special Victims Unit** (S21)
2.30 **Highway Cops**
3.00 **Duck Quacks Don't Echo** With Robert Webb.
4.00 **Wild Vets**
5.00 **to 6.00** AM **The Dog Whisperer**

## Pick

152 165 11 144

7.00 AM **Motorway Patrol**
8.00 **Police Force: Australia**
9.00 **Nothing to Declare**
10.00 **Canada's Front Line**
11.00 **Road Wars**
11.30 **Caught Red Handed**
1.00 PM **Police Force: Aus**
2.00 **Border Patrol**
3.00 **Nothing to Declare**
4.00 **Border Security: Canada's Front Line**
5.00 **Stargate SG-1** (S1)
6.00 **Star Trek: The Next Generation** 16/22. (S2)
7.00 **Hawaii Five-0** (S6)
8.00 **Elementary** 7/24. (S5)
9.00 **Murder Uncovered**
10.00 **World's Most Evil Killers** Volker Eckert.
11.00 **The Force: Essex**
12.00 M'T **Banged Up Abroad**
1.00 AM **Road Wars**
2.00 **Nothing to Declare**
3.00 **Stop, Search, Seize**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Highway Patrol**

+1 hour 252 92 145

## Dave

111 111 127 227 19 157 19

7.10 AM **Eat Your Heart Out with Nick Helm**
8.00 **American Pickers**
9.00 **Storage Hunters**
10.00 **American Pickers**
12.00 NOON **Timber Kings**
1.00 PM **Top Gear**
2.00 **Cop Car Workshop**
3.00 **Scrapyard Supercar**
4.00 **Top Gear**
6.00 **Taskmaster**
7.00 **Room 101**
8.20 **Have I Got a Bit More News for You** Rhod Gilbert hosts, with Lucy Prebble and Armando Iannucci.
9.20 **QI** With Dara O Briain.
10.00 **Taskmaster**
11.00 **Hypothetical**
12.00 M'T **Taskmaster**
1.00 AM **Have I Got a Bit More News for You**
2.00 **QI** As 9.20pm.
2.40 **Go 8 Bit: DLC**
3.30 **to 4.00** AM **The Indestructibles**

+1 hour 211 131 79

## Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Office (US)**
9.00 **Fresh Prince of Bel Air**
10.00 **Friends**
3.00 PM **Last Man Standing**
4.00 **Two and a Half Men**
5.00 **Friends** Eight episodes, including at: **7.00** 19/24. Joey starts house-hunting. **7.30** 20/24. Ross plans his future with Rachel. **8.00** 21/24. Chandler and Ross face bullies. **8.30** 22/24. Rachel has an eventful birthday party. (S2)
9.00 **FILM The Intern** Comedy starring Robert De Niro and Anne Hathaway. (2015, 12, 118min) ★★★★
11.30 **The Ricky Gervais Show**
12.30 AM **The Daily Show** New edition Talk show.
1.00 **South Park** (S17)
3.25 **Last Man Standing** (S1)
4.15 **to 5.00** AM **Two and a Half Men**

+1 hour 212 133

## ITV Be

131 119 179 26 118

7.00 AM **Bachelor in Paradise**
8.50 **Be Beautiful**
9.00 **LittleBe**
12.00 NOON **Income Property**
12.25 PM **Real Housewives of Beverly Hills**
1.20 **Absolutely Ascot**
2.20 **Million Dollar Listing: NYC** New edition
3.15 **The Real Housewives of New York City**
4.10 **The Real Housewives of Dallas** Double bill.
6.00 **Masters of Flip** Kortney and Dave Wilson gut a dark and gloomy gothic home and transform it into a bright living space.
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **The Real Housewives of Potomac**
10.00 **The Real Housewives of Orange County**
11.00 **Bridezillas**
12.00 M'T **to 12.45** AM **The Only Way Is Essex**

+1 hour 231 120 119



★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

## Alibi

132 132 826 | 126 212 | 312 | 382

**7.10** AM **Murdoch Mysteries** (S4)
**10.00** **The Guardian** 5/22. (S1)
**11.00** **Sue Thomas: F.B.Eye** (S1)
**12.00** NOON **Major Crimes** (S4)
**1.00** PM **Rush** 17&18/22. (S3)
**3.00** **Murdoch Mysteries** 6/18. One of Julia's patients apparently jumps from a hospital window. **4.00** 7/18. A woman's body is found with large bite wounds. **5.00** 8/18. A man is suspected of murder in Newfoundland. (S7)
**6.00** **Major Crimes** 4/23. (S4)

**9.00** Frankie Drake...

**7.00** **Motive** *The Vanishing Policeman:* 1/13. A police officer is found dead and the team assume a cop-killer is on the loose.
**8.00** **Motive** *The Dead Name:* 2/13. A detective tries to prove his worth after it is revealed his promotion was arranged. (S4)
**9.00** **Frankie Drake Mysteries** New episode *Ward of the Roses*: 8/10. The detectives investigate a fire-bombing. (S3)
**10.00** **Ms Fisher's Modern Murder Mysteries** *Seasoned Murder – Part Two:* 8/8. Graham King's wife Shirley is killed. (S1)
**11.00** **New Tricks** *The Queen's Speech*: A dead girl's voice on a cassette tape prompts the team to reopen her murder investigation. Guest stars Amy Nuttall and Jack Shepherd.
**12.20** AM **Murdoch Mysteries** (S1)
**1.20** **to 4.00** AM **Bite Club**

+1 hour 232 191

## Syfy

114 114 814 | 138 137 | 319 | 375

**6.00** AM **Warehouse 13** As 7pm.
**7.00** **Merlin** As shown at 8pm.
**8.00** **Teleshopping**
**11.00** **Stargate Atlantis** (S5)
**1.00** PM **Star Trek: Voyager** (S4)
**3.00** **Star Trek: The Next Generation** (S4)
**5.00** **Star Trek: Deep Space Nine** *The Muse:* 21/26. Jake Sisko runs into trouble when he falls under the spell of a mysterious woman. **6.00** *For the Cause:* 22/26. Sisko suspects his girlfriend is a smuggler. (S4)

**9.00** The Twilight Zone

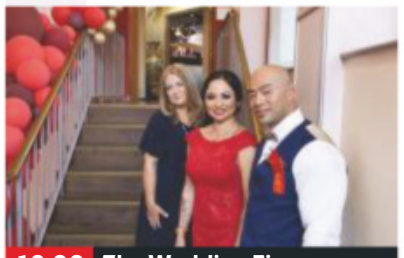
**7.00** **Warehouse 13** *Age Before Beauty:* 4/13. Myka and Pete go undercover at New York Fashion Week. (S2)
**8.00** **Merlin** *Lancelot and Guinevere:* 4/13. When Gwen is kidnapped by an outlaw, Arthur races to her rescue. (S2)
**9.00** **The Twilight Zone** New episode *Replay:* 3/10. A woman discovers her old camcorder has the power to turn back time. (S1)
**10.00** **FILM Twelve Monkeys** Sci-fi fantasy starring Bruce Willis. (1995, 15, 129min) ★★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
**12.30** AM **The Twilight Zone**
**1.30** **Star Trek: Deep Space Nine**
**3.30** **Future Man** 10/13. Ty-Anne reveals her full history while raised under Stu. (S2)
**4.00** **Marvel's Runaways**
**5.00** **to 6.00** AM **Star Trek: Voyager**

+1 hour 214 229

## W

109 109 809 | 125 211 | 311 | 383

**6.10** AM **MasterChef Australia**
**7.00** **My Dream Home**
**8.00** **Tipping Point**
**10.00** **The Bill**
**11.00** **Supernanny US**
**12.00** NOON **Tipping Point** Double bill of the quiz show.
**2.00** PM **Property Brothers: Forever Home** Drew and Jonathan Scott help couples renovate their properties.
**3.00** **My Dream Home** Double bill of the property series.
**5.00** **Tipping Point** Double bill of the arcade-themed quiz show.



**10.00** The Wedding Fixer

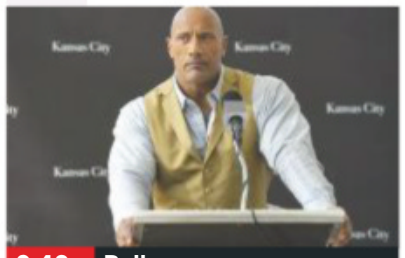
**7.00** **Property Brothers: Forever Home** New edition A couple whose spacious property has an awkward layout.
**8.00** **Sun, Sea and Brides to Be** Menu worries arise surrounding a fussy bride, and a groom plans a surprise horse-ride.
**9.00** **Inside the Ambulance** Paramedics Gaz and Mike rush a small baby to hospital with suspected meningitis.
**10.00** **The Wedding Fixer** New edition Wedding planner Sarah Haywood comes up against a strong-minded bride's mother.
**11.00** **Inside the Ambulance** A man is in agony after having his kidney stones removed.
**12.00** M'T **One Born Every Minute**
**1.00** AM **Emily Atack: Adulting**
**1.50** **Code Black** 11/13. (S3)
**2.35** **to 3.00** AM **Renovate My Home: Leave It to Bryan**

+1 hour 209 190

## Sky Comedy

113 113 813 | 122 121

**8.00** AM **Everybody Hates Chris**
**9.00** **Parks and Recreation** (S6)
**10.30** **30 Rock** Triple bill. (S5)
**12.00** NOON NEW SERIES **The Mindy Project** 1-3/14. Triple bill of episodes. (S5)
**1.30** PM **Modern Family** (S3)
**2.30** **Everybody Hates Chris** (S3)
**3.30** **Parks and Recreation** (S6)
**5.00** **30 Rock** Triple bill. (S5)
**6.30** **Modern Family** 15/24. Phil and Claire make Mitch and Cameron a life-changing promise after drinking heavily at a restaurant. (S3)



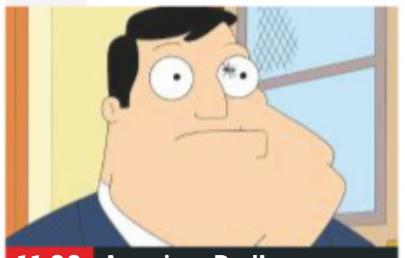
**9.40** Ballers

**7.00** **Modern Family** (S3)
**7.30** NEW SERIES **The Mindy Project** 1/14. Mindy finds herself torn between Jody and Danny. (S5)
**8.00** **The Mindy Project** New episodes 2/14. Shulman and Associates is rocked by a nurses' strike. **8.30** 3/14. (S5)
**9.00** **Curb Your Enthusiasm** New episode 7/10. (S10)
**9.40** **Ballers** New episode 7/8. Spencer and Joe discuss their past grievances. (S5)
**10.15** NEW SERIES **Mrs Fletcher** 1/7. *All episodes available on Sky Box Sets.*
**10.50** **The Tonight Show** New edition Chat show.
**11.50** **The Late Late Show with James Corden** New edition Chat and entertainment show.
**12.50** AM **Entourage** 16/20. Drama fears he is about to become the next victim of a hidden-camera TV show. (S3)
**1.25** **Silicon Valley** 2&3/10. (S4)
**2.35** **Girls** 8&9/10. (S6)
**3.45** **to 5.00** AM **30 Rock**

## FOX

124 124 821 | 157 199

**8.00** AM **Republic of Doyle** (S2)
**9.00** **Bones** 10/21. (S2)
**10.00** **Bull** 3/22. (S2)
**11.00** **NCIS** 23/24. (S12)
**12.00** NOON **Bones** (S2)
**2.00** PM **The Mentalist** 9/13. (S7)
**3.00** **NCIS** 24/24. (S12)
**4.00** **Bull** 4/22. (S2)
**5.00** **Bones** 13/21. Brennan investigates the discovery of remains in an alligator. (S2)
**6.00** **The Mentalist** 10/13. A member of the team is killed in a shoot-out. (S7)



**11.00** American Dad!

**7.00** **NCIS** *Stop the Bleeding:* 1/25. DiNozzo and Joanna Teague track the leaders of The Calling to Shanghai.
**8.00** **NCIS** *Personal Day:* 2/25. Gibbs calls on the team to assist DEA Agent Luis Mitchell to bring down a drug dealer. (S13)
**9.00** **Family Guy** 10/20. Peter is offered a TV job. (S17) **9.30** 12/21. The Griffins are offered their own television show. (S2)
**10.00** **Family Guy** 13/21. Brian and Stewie stow away. **10.30** 14/21. Peter pretends to be a student at Meg's school. (S2)
**11.00** **American Dad!** (S4)
**12.00** M'T **Family Guy** (S2)
**12.30** AM **Family Guy** (S2)
**1.00** **American Dad!** (S4)
**2.00** **Family Guy** (S2)
**3.00** **American Dad!**
**4.00** **to 5.00** AM **Republic of Doyle**

+1 hour 224 158

**7 PM** **8 PM** **9 PM** **10 PM**

Tuesday

## Sony Channel

157 189 48 142

**6.00** AM **Sony Movie News**
**6.10** **The Waltons** 7/25. (S5)
**7.10** **Hart to Hart**
**9.10** **Days of Our Lives**
**10.00** **Hart to Hart** (S2)
**11.00** **Charlie's Angels** (S1)
**12.00** NOON **Starsky & Hutch**
**1.00** PM **T.J. Hooker** (S2)
**2.00** **Hart to Hart** (S2)
**4.00** **Murder, She Wrote**
**6.00** **Charlie's Angels** (S1)
**7.00** **M*A*S*H** Four episodes, including at: **8.00** 20/20. Charles develops an obsession with death. (S9) **8.30** 1/22. Part one of two. A vaudeville troupe visit the 4077th. (S10)
**9.00** **Classic Who Wants to Be a Millionaire?**
**1.00** AM **M*A*S*H**
**2.00** **Charlie's Angels** (S1)
**3.00** **M*A*S*H** 5/25. (S8)
**3.30** **The Waltons** 17/25. (S1)
**4.20** **Touched by an Angel**
**5.10** **to 6.00** AM **Highway to Heaven**

+1 hour 257 220 152

## Sky Arts

122 122 820 | 123 156

**6.00** AM **Prokofiev**
**6.30** **Placido Domingo Live at Loreley**
**8.30** **Watercolour Challenge**
**9.00** **The South Bank Show**
**9.30** **Auction**
**10.00** **Tales of the Unexpected**
**11.00** **Discovering**
**1.00** PM **The South Bank Show Originals**
**1.30** **Watercolour Challenge**
**2.00** **Fresco Fiasco**
**2.25** **Imelda May: Live at Baloise Session**
**4.00** **Tales of the Unexpected**
**5.00** **Discovering**
**7.00** **Portrait Artist of the Year 2020**
**9.00** **I Am Heath Ledger**
**11.00** **The Nineties**
**12.00** M'T **Portrait Artist of the Year 2020**
**1.00** AM **Margaret Atwood: A Word After a Word After a Word Is Power**
**3.00** **The History of Comedy**
**4.00** **to 6.00** AM **Discovering**

## 4seven

137 143 203 47 110 127

**9.00** AM **Posh Pawn**
**10.00** **Find It, Fix It, Flog It**
**11.00** **Come Dine with Me**
**12.00** NOON **Place in the Sun**
**1.00** PM **Undercover Boss Canada** Documentary.
**2.00** **Ramsay's Kitchen Nightmares USA**
**3.00** **Everybody Loves Raymond** (S1)
**4.00** **Frasier** 20&21/24. (S3)
**5.00** **A Place in the Sun**
**6.00** **A New Life in the Sun: Where Are They Now?**
**7.00** **Ramsay's Kitchen Nightmares USA**
**8.00** **Kirstie and Phil's Love It or List It**
**9.00** **Gogglebox**
**10.00** **100 Kilo Kids: Obesity SOS**
**11.05** **The Great Celebrity Bake Off for Stand Up to Cancer**
**12.25** AM **The Windsors**
**12.55** **Five Guys a Week**
**2.00** **Hunted**
**3.05** **A New Life in the Sun...**
**4.10** **to 4.40** AM **Four in a Bed**

## 5USA

141 141 153 21 129

**9.00** AM **Criminals: Caught on Camera**
**9.25** **Murder, She Wrote** (S6)
**10.20** **CSI: NY** 2/23. (S6)
**11.15** **The Mysteries of Laura**
**12.15** PM **Law & Order**
**8.00** **NCIS: New Orleans** *The Last Stand:* 16/24. The team investigate the disappearance of a lawyer who specialises in classified cases. (S3)
**9.00** **The Enemy Within** New episode *Chigorin:* 10/13. When contractors working for the CIA are murdered, Keaton and the team discover the CIA is keeping secrets from the FBI. (S1)
**10.00** **Law & Order: Special Victims Unit** (S17)
**11.55** **Law & Order: Special Victims Unit** (S16)
**1.55** **Law & Order: Los Angeles** 22/22. (S1)
**2.50** **Chicago PD** 15/23. (S4)
**3.50** **to 4.00** AM **Access**

+1 hour 241 185 56 130

## 5STAR

128 151 30 131

**8.00** AM **3rd Rock from the Sun** 16/26. (S2)
**8.20** **House** (S4)
**10.00** **Nightmare Tenants, Slum Landlords**
**11.00** **Bad Tenants, Rogue Landlords**
**12.00** NOON **Can't Pay? We'll Take It Away!**
**3.00** PM **Neighbours**
**3.30** **Home and Away**
**4.00** **House** (S5)
**6.00** **Neighbours**
**6.30** **Home and Away**
**7.00** **16 & On Benefits**
**8.00** **Benefits Britain: Life on the Dole**
**9.00** **Maternity Ward**
**10.00** **FILM My Super Ex-Girlfriend** Fantasy comedy with Uma Thurman. (2006, 12, 96min) ★★★
**11.55** **FILM Get Hard** Comedy. (2015, 15, 100min) ★★
**2.00** AM **Prison Life: Raw & Real**
**3.50** **to 4.00** AM **Access**

+1 hour 228 186 55 141

## Drama

143 130 20 158

**7.10** AM **Soldier, Soldier**
**9.00** **The Bill**
**10.00** **Classic Holby City**
**11.00** **Classic Casualty**
**12.00** NOON **The Bill**
**1.00** PM **Classic EastEnders**
**2.20** **London's Burning**
**3.20** **Monarch of the Glen**
**4.20** **Bergerac**
**5.25** **Bread**
**6.00** **Hi-de-Hi!**
**6.40** **As Time Goes By**
**7.20** **Last of the Summer Wine** Glenda shows a keen interest in her new neighbours.
**8.00** **Judge John Deed** *Nobody's Fool:* A lawyer represents himself in a murder trial.
**10.00** **New Tricks** *Spare Parts:* Ricky Hanson faces trial for trying to kill Jack.
**11.15** **Waking the Dead**
**1.45** AM **The Bill**
**2.50** **to 4.00** AM **London's Burning**

+1 hour 243 226

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

Tuesday

## AMC

332 381

Programmes start at 5pm.

**5.00** PM **FILM Driven** Action drama. (2001, PG, 116min) ★★
**7.15** **FILM Robinson Crusoe** Screen version of Daniel Defoe's adventure. (1996, 12, 105min) ★★
**9.00** **The Terror** *We Are Gone:* 10/10. The men face a final confrontation. (S1)
**10.05** **Visionaries: Eli Roth's History of Horror** The history of movie and television vampires.
**11.00** **FILM Diabolique** Suspense thriller. (1996, 18, 107min) ★
**1.05** AM **FILM The Human Stain** Psychological drama. (2003, 18, 105min) ★★
**3.05** **The Terror** As 9.00pm.
**4.05** **to 5.00** AM **Visionaries: Eli Roth's History of Horror**

## CBS Drama

147 197 71 134

**9.00** AM **NCIS** 3&4/24. (S4)
**11.00** **Scorpion** (S2)
**1.00** PM **Gunsmoke** (S20)
**3.00** **Airline**
**4.00** **Hoarders**
**5.00** **Unsolved Mysteries**
**7.00** **Judge Judy**
**9.00** **Medium** *Allison Rolen Got Married:* 16/22. A look back at Allison and Joe's wedding. (S6)
**10.00** **CSI: Miami** *Broken Home:* 16/24. The CSIs investigate the murder of a rich couple. (S5)
**11.00** **Unsolved Mysteries** Reports of hauntings on the ocean liner *Queen Mary*. Plus, the case of a man accused of a crime that he claimed his twin brother had committed.
**12.00** M'T **Judge Judy**
**1.00** AM **ER** 22/22. (S5)
**2.00** **Medium** As 9.00pm.
**3.00** **CSI: Miami** As 10.00pm.
**4.00** **Walker, Texas Ranger**
**5.00** **to 6.00** AM **Matlock**

## CBS Justice

148 192 39 137

**9.00** AM **Diagnosis Murder**
**11.00** **Matlock** 11/24. (S4)
**12.00** NOON **Perry Mason**
**1.05** PM **Walker, Texas Ranger** 25/25. (S7)
**2.05** **CSI: Miami** 6/24. (S2)
**3.00** **NCIS** 23/24. (S7)
**4.00** **NCIS: Los Angeles** (S2)
**5.00** **Matlock** 12/24. (S4)
**6.00** **Perry Mason**
**7.05** **Scorpion** 25/25. (S3)
**8.00** **Walker, Texas Ranger**
**9.00** **NCIS** 5/24. (S11)
**10.00** **NCIS: Los Angeles** *Personal:* 17/25. Deeks is shot during a robbery at a shop. (S2)
**11.00** **NEW SERIES Scorpion** *Extinction:* 1/22. Team Scorpion must work with an old nemesis. (S4)
**12.00** M'T **CSI: Miami** (S2)
**1.00** AM **NCIS** As 9.00pm.
**2.00** **Scorpion** 1/22. (S4)
**3.05** **Bonanza**
**4.50** **to 6.00** AM **Mission: Impossible**

+1 hour 69

## CBS Reality

146 148 66 135

**9.00** AM **Judge Judy**
**1.00** PM **Judge Judy**
**7.00** **Medical Detectives** How a murder suspect was caught within 12 hours by detectives. **7.30** The use of computer forensics.
**8.00** **48 Hours: Mystery** A mother calls the police claiming she has cut her throat in front of her ex-husband and child.
**9.00** **Cold Blood** Murder investigations.
**10.00** **Murder By the Sea** New edition A nationwide manhunt for a killer.
**11.00** **Killer Doctors on Death Row**
**12.00** M'T **Snapped: Killer Couples**
**1.00** AM **Cold Blood**
**2.00** **Murder By the Sea**
**3.00** **I Survived**
**3.45** **Unsolved Mysteries**
**5.10** **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

## Challenge

151 164 46 146

**7.00** AM **Catchphrase**
**7.30** **Deal or No Deal**
**9.00** **The Chase**
**10.00** **Dale's Supermarket Sweep** Double bill.
**11.00** **Bruce's Price Is Right**
**12.00** NOON **Wheel of Fortune** Game show.
**1.00** PM **Catchphrase**
**2.00** **Family Fortunes**
**2.30** **All Star Family Fortunes** Game show.
**4.00** **Bullseye**
**5.00** **Golden Balls**
**6.00** **Weakest Link**
**7.00** **Pointless**
**8.00** **Impossible** Game show hosted by Rick Edwards.
**9.00** **The Chase**
**10.00** **Who Wants to Be a Millionaire?**
**11.00** **Bullseye**
**12.00** M'T **Classic Who Wants to Be a Millionaire?**
**1.00** AM **The Chase**
**4.00** **to 6.00** AM **Deal or No Deal**

+1 hour 251 230 147

## Comedy Central Extra

127 182 308

**6.00** AM **Impractical Jokers**
**7.00** **Teleshopping**
**9.00** **Friends** (S3)
**10.00** **The Middle** (S6)
**11.00** **The Office (US)** (S9)
**12.00** NOON **Bob's Burgers**
**1.00** PM **Wipeout USA**
**2.00** **Most Ridiculous**
**3.00** **Impractical Jokers**
**4.00** **Bob's Burgers** (S9)
**5.00** **The Middle** (S6)
**6.00** **Fresh Prince of Bel Air**
**7.00** **Two and a Half Men**
**8.00** **The Office (US)** (S9)
**9.00** **Friends** (S3)
**10.00** **South Park** (S22)
**11.00** **Ricky Gervais Show**
**11.30** **Comedy Store**
**12.00** M'T **Lee Evans Live**
**1.30** AM **Russell Howard's Good News**
**3.20** **Stand Up Central**
**3.45** **Hood Adjacent**
**4.05** **Bob's Burgers** (S1)
**4.30** **The Middle** (S6)
**5.15** **to 6.00** AM **Last Man Standing**

+1 hour 227

## E!

123 123 834 140 139 321 386

**7.00** AM **News**
**7.30** **Botched**
**8.00** **Keeping Up with...**
**10.00** **Total Bellas**
**11.00** **Pop of the Morning** New edition
**12.00** NOON **Kourtney & Kim Take New York**
**1.00** PM **Keeping Up with...**
**3.00** **Botched**
**3.30** **Meet the Frasers**
**4.00** **Botched**
**5.00** **News: Daily Pop**
**6.00** **Keeping Up with...**
**7.00** **Botched**
**7.30** **Meet the Frasers**
**8.00** **In the Room** New edition
**8.30** **Meet the Frasers**
**9.00** **Very Cavallari**
**10.00** **Botched**
**11.00** **Nightly Pop** New edition
**11.30** **Meet the Frasers**
**12.00** M'T **Keeping Up with...**
**1.00** AM **Botched**
**2.00** **Teleshopping**
**3.00** **Keeping Up with...**
**4.00** **to 5.00** AM **Hollywood Medium**

## Food Network

140 278 41 148

**6.00** AM **Jamie's 30 Minute Meals**
**6.30** **30 Minute Meals**
**7.00** **Giada at Home**
**7.30** **Giada in Italy**
**9.00** **The Pioneer Woman**
**11.00** **Barefoot Contessa – Back to Basics**
**12.00** NOON **Hairy Bikers' Food Tour of Britain**
**1.00** PM **Ramsay's Ultimate Cookery Course**
**2.00** **James Martin's Brittany**
**3.00** **Jamie's 30 Minute...**
**3.30** **30 Minute Meals**
**4.00** **The Pioneer Woman**
**6.00** **Martin: Delicious**
**7.00** **Ramsay's Ultimate Cookery Course**
**8.00** **Bikers' Food Tour...**
**9.00** **Gino D'Acampo An Italian in Mexico**
**10.00** **Martin: Home Comforts**
**11.00** **Mystery Diners**
**12.00** M'T **Diners, Drive-Ins...**
**2.00** **to 3.00** AM **Mystery Diners**

+1 hour 240 149

## Lifetime

187 208 329 384

**7.00** AM **Women on Patrol**
**8.00** **Judge Judy**
**1.00** PM **Pawn Stars**
**2.00** **Storage Wars**
**3.00** **Little Women: Couples Retreat**
**4.00** **Dance Moms**
**5.00** **Pawn Stars**
**6.00** **Flipping Vegas**
**7.00** **Judge Judy**
**9.00** **Ghost Hunters** A mother fears the spirits in her Victorian home.
**10.00** **Storage Wars** The buyers head to Huntington Beach. **10.30** Rene brings his dad to the auction.
**11.00** **Hardcore Pawn** A sloppy mistake puts the business in jeopardy. **11.30** Les reveals his plan to buy a new store.
**12.00** M'T **Pawn Stars**
**1.00** AM **Kiss, Bang, Love Australia**
**2.00** **Storage Wars**
**3.00** **to 4.00** AM **Hardcore Pawn**

## Paramount Network

150 187 150 31 132

**9.00** AM **The A-Team**
**11.00** **Knight Rider**
**1.00** PM **Police Interceptors**
**3.00** **Traffic Cops: Under Attack**
**4.00** **Traffic Cops Special – Carjacked**
**5.00** **The A-Team**
**7.00** **Police Interceptors**
**8.00** **Traffic Cops**
**9.00** **Police Raids: Caught by Surprise** A team are on the hunt for a suspected dealer.
**10.00** **Police Interceptors Unleashed**
**11.00** **Frontline Police 24/7** New edition The danger police officers face around the world.
**12.00** M'T **Banged Up Abroad**
**1.00** AM **The Virginian: Men from Shiloh**
**2.30** **The X-Files**
**4.10** **Knight Rider**
**5.05** **Now That's Funny!**
**5.55** **to 6.00** AM **Access**

+1 hour 250 94

## Quest

144 144 831 169 12 114 172

**6.00** AM **How Do They Do It?**
**6.20** **American Pickers**
**7.10** **Deadliest Catch**
**8.00** **Gold Divers**
**9.00** **Outback Truckers**
**10.00** **Wheeler Dealers**
**11.00** **Chasing Classic Cars**
**12.00** NOON **American Pickers: Best Of**
**1.00** PM **Railroad Alaska**
**2.00** **Deadliest Catch**
**3.00** **Gold Divers**
**4.00** **Salvage Hunters**
**5.00** **Outback Truckers**
**6.00** **Wheeler Dealers**
**7.00** **American Pickers**
**8.00** **Salvage Hunters**
**9.00** **Born Mucky: Life on the Farm** Series finale
**10.00** **The Repair Shop**
**11.00** **How Do They Do It?**
**12.00** M'T **Wheeler Dealers**
**1.00** AM **Outback Truckers**
**2.00** **American Chopper**
**3.00** **Fantomworks**
**4.00** **to 6.00** AM **Highlights**

+1 hour 244 213 76 168

## Quest Red

149 170 38 169

**6.00** AM **Say Yes to the Dress**
**7.00** **Bondi Vet**
**8.00** **Animal Cops Phoenix**
**10.00** **Money for Nothing**
**11.00** **Forensic Detectives**
**12.00** NOON **Disappeared**
**2.00** PM **Murder Comes to Town** The 2008 murder of Susan Casey.
**3.00** **Say Yes: Wedding SOS**
**6.00** **Money for Nothing**
**7.00** **Posh Pawnbrokers**
**8.00** **My 600lb Life: Where Are They Now?**
**9.00** **My 600lb Life** New edition People weighing over 600lb try to lose weight.
**11.00** **FBI Files**
**12.00** M'T **Forensic Detectives**
**1.00** AM **Crime Stories**
**2.00** **Murder Comes to Town**
**3.00** **FBI Files**
**3.50** **Animal Cops Phoenix**
**4.40** **Bondi Vet**
**5.30** **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 78 170

## Really

142 128 17 160

**6.00** AM **Fantasy Homes by the Sea** As 2.00pm.
**7.00** **Teleshopping**
**8.00** **Homes Under the Hammer** Double bill.
**10.00** **Celebrity Antiques Road Trip**
**11.00** **Antiques Road Trip**
**1.00** PM **Celebrity Fantasy Homes** Michelle Collins.
**2.00** **Fantasy Homes by the Sea** In Weymouth.
**3.00** **French Collection**
**4.00** **DIY SOS: The Big Build**
**6.00** **Celebrity Antiques Road Trip**
**7.00** **Antiques Road Trip**
**9.00** **Helicopter ER**
**10.00** **Body Cam** Two police officers respond to a domestic disturbance that ends in tragedy.
**11.00** **Helicopter ER**
**12.00** M'T **Ghost Adventures**
**1.00** AM **Most Haunted**
**2.00** **Teleshopping**
**4.00** **to 6.00** AM **Antiques Road Trip**

## Sky Crime

121 121 819 136 135

**6.00** AM **Motorway Patrol**
**7.00** **Highway Cops**
**8.00** **Canada's Front Line**
**9.00** **Send in the Dogs**
**10.00** **Road Wars**
**11.00** **Brit Cops**
**12.00** NOON **Highway Cops**
**1.00** PM **A Lie to Die For**
**2.00** **Killer Colleagues**
**3.00** **Canada's Front Line**
**4.00** **Road Wars**
**5.00** **Brit Cops**
**6.00** **Send in the Dogs**
**7.00** **Snapped**
**8.00** **A Lie to Die For**
**9.00** **World's Most Evil Killers**
**10.00** **Snapped** New edition
**11.00** **World's Most Evil...**
**12.00** M'T **Murders That Shocked the Nation**
**1.00** AM **Conman: Life and Crimes of Mark Acklom**
**2.00** **Snapped**
**3.00** **Murder Calls**
**4.00** **Brit Cops**
**5.00** **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

## Sony Crime

179 193 143

**6.00** AM **Speeders**
**7.00** **Bait Car: New Orleans**
**9.00** **Speeders**
**11.00** **Bait Car: New Orleans**
**1.00** PM **Speeders**
**7.00** **Speeders** A bodybuilder attempts to arm-wrestle his way out of a speeding ticket. **7.30** A Pentagon employee is caught speeding, and an officer ends up acting as a driver's therapist. **8.00** Officers encounter a grandfather driving at more than 100mph. **8.30** A driver tries to sell a van to an officer.
**9.00** **Bait Car: New Orleans** Documentary series about car criminals.
**11.00** **Speeders**
**12.00** M'T **Bait Car**
**1.00** AM **Speeders**
**3.00** **Bait Car: New Orleans**
**4.00** **Speeders**
**5.00** **to 6.00** AM **Bait Car**

## 5SELECT

153 152 54 133

**9.00** AM **Criminals: Caught on Camera**
**9.25** **FILM Early Release** Thriller starrring Kelli Williams. (2017, 12, 90min) ★★
**11.05** **The Hotel Inspector**
**12.05** PM **The Dog Rescuers**
**2.05** **GPs: Behind Closed Doors** Double bill.
**4.05** **The Yorkshire Vet**
**6.00** **GPs: Behind Closed Doors** Double bill.
**8.00** **The Yorkshire Vet**
**9.00** **Severn: Great Rivers Then & Now** New edition A look at the river and its current and historical influence.
**10.00** **GPs: Behind Closed Doors**
**11.00** **The Dog Rescuers**
**12.00** M'T **Weather Gone Viral**
**1.00** AM **Cruising with Jane McDonald**
**2.00** **Red Arrows: Kings of the Sky**
**3.00** **to 4.00** AM **The Dog Rescuers**

## Blaze

164 216 63 162

**6.00** AM **American Restoration**
**7.00** **Ancient Aliens**
**8.00** **Hangar 1: UFO Files**
**9.00** **Storage Wars: Texas**
**10.00** **Hardcore Pawn**
**11.00** **Pawn Stars**
**12.00** NOON **Storage Wars**
**1.00** PM **Auction Hunters**
**2.00** **Storage Wars: Texas**
**3.00** **Air Crash: Disasters Uncovered**
**4.00** **Hangar 1: UFO Files**
**5.00** **Ancient Aliens**
**6.00** **Pawn Stars**
**7.00** **Storage Wars**
**8.00** **Auction Hunters**
**9.00** **Dog The Bounty Hunter: Most Wanted**
**10.00** **Pirate Traders**
**11.00** **Storage Wars**
**12.00** M'T **Auction Hunters**
**1.00** AM **Storage Wars: Texas** Double bill.
**2.00** **American Restoration**
**3.00** **Swamp People**
**4.00** **Ernie the Wildman**
**5.00** **to 6.00** AM **Pawn Stars**

## TLC

133 133 827 167 323 377

**6.00** AM **Say Yes to the Dress: Bridesmaids**
**8.00** **Say Yes... UK**
**9.00** **Say Yes to the Dress**
**10.00** **Curvy Brides Boutique**
**11.00** **Say Yes... Canada**
**12.00** NOON **Say Yes to the Dress: Atlanta**
**2.00** PM **Dr Pimple Popper**
**3.00** **Sister Wives**
**4.00** **Say Yes... Canada**
**5.00** **Curvy Brides Boutique**
**6.00** **Say Yes to the Dress**
**7.00** **My Big Fat Fabulous Life** Ryan surprises Whitney with a business proposition.
**8.00** **Love After Lock Up**
**9.00** **Dr Pimple Popper**
**10.00** **Hot & Heavy**
**11.00** **Dr Pimple Popper**
**12.00** M'T **Love After Lock Up**
**1.00** AM **Dr Pimple Popper**
**2.00** **Hot & Heavy**
**3.00** **Dr Pimple Popper**
**4.00** **to 6.00** AM **Say Yes to the Dress: Atlanta**

+1 hour 233 172

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

## Discovery

125 125 822 250 322 376

6.00 AM **Combat Dealers**
7.00 **Tony Robinson's World War One** Trench warfare.
8.00 **Kindig Customs**
9.00 **Jeremy Wade's Dark Waters**
10.00 **NASA's Unexplained Files**
11.00 **Fast N' Loud**
12.00 NOON **Gold Rush: Dave Turin's Lost Mine**
1.00 PM **Alaska: The Last Frontier**
2.00 **Combat Dealers**
3.00 **WW2: The Complete History**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud**

10.30 Gold Rush: Dave Turin's...

7.00 **Outback Truckers** Mark Cromwell and his team drag a heavyweight, million-dollar shed through Adelaide.
8.00 **Richard Hammond's Big** Richard takes a helicopter ride to the Appomattox production platform in the Gulf of Mexico.
9.00 **Gold Rush** New edition Following the gold miners of the Yukon as they put everything on the line in the hopes of striking rich.
10.30 **Gold Rush: Dave Turin's Lost Mine** New edition Dave takes a gamble on a new piece of machinery.
11.30 **Gold Rush: The Dirt** New edition The crew reveal all.
12.00 M'T **Gold Rush** As 9.00pm.
1.30 AM **Gold Rush: The Dirt**
2.00 **Richard Hammond's Big**
3.00 **Gold Rush: Dave Turin's Lost Mine** As 10.30pm.
3.50 **Kindig Customs**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 258

## Animal Planet

162 162 836 251 325 378

6.00 AM **The Aquarium**
7.00 **Treehouse Masters: Out on a Limb** In Washington State.
8.00 **Pit Bulls & Parolees**
10.00 **Animal Cops Phoenix**
12.00 NOON **Jeremy Wade's Dark Waters** In Australia.
1.00 PM **My Cat from Hell**
2.00 **Alaskan Bush People**
3.00 **The Vet Life**
5.00 **Crikey! It's the Irwins** Robert wrangles rattlesnakes.
6.00 **Bondi Vet: Coast to Coast** Dr Peter needs to remove a grass seed from a dog's eye.

8.00 The Zoo

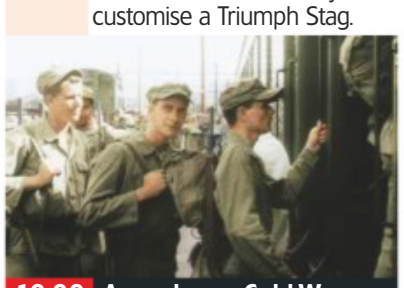
7.00 **Animal Cops Detroit** The work of the Michigan Humane Society, a four-strong team of animal welfare officers.
8.00 **The Zoo** The keepers plan to help young otter, Monty, who has trouble chewing his food after a potential tooth infection.
9.00 **The Aquarium** The team need to do a blood test on one of a whale shark and await the hatching of a penguin chick.
10.00 **Animal Cops San Francisco** A suffering dog with a large tumour is rescued from a litter-strewn backyard.
11.00 **Pit Bulls & Parolees**
12.00 M'T **I Was Prey**
1.00 AM **Animal Cops Detroit**
2.00 **The Zoo** As 8.00pm.
3.00 **Animal Cops San Francisco**
3.50 **Crikey! It's the Irwins**
4.40 **Nature's Strangest Mysteries: Solved**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

## Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Nazi Megastructures**
9.00 **Hitler's Death Army: Das Reich** Documentary about elite German soldiers.
10.00 **Buried Secrets of the Bible**
11.00 **World's Biggest Battleship: Draining the Ocean**
12.00 NOON **Car S.O.S**
2.00 PM **Wicked Tuna**
3.00 **Ice Road Rescue** A call-out leads to a double rescue.
4.00 **Air Crash Investigation**
6.00 **Car S.O.S** Tim Shaw and Fuzz Townshend secretly customise a Triumph Stag.



10.00 Apocalypse: Cold War

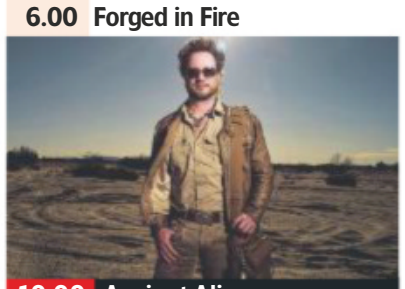
7.00 **Car S.O.S** Fuzz Townshend, Tim Shaw and the team try to secretly restore a 1968 Morris Traveller.
8.00 **World War I Apocalypse** The French prevent the Germans from making any further advance at the Battle of the Marne.
9.00 **World War II: The Apocalypse** The defeat of France, featuring footage of French civilians fleeing the Nazi advance.
10.00 **Apocalypse: Cold War** Key events of 1947, as President Truman tries to support European nations ravaged by war.
11.00 **Air Crash Investigation** The crash of Arrow Air Flight 1285.
12.00 M'T **Alaska State Troopers**
1.00 AM **Extreme Airport Security**
2.00 **Ultimate Airport Dubai**
3.00 **Air Crash Investigation: Special Report**
4.00 **to 5.00** AM **Air Crash Investigation**

+1 hour 229 267

## History

130 130 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars**
9.00 **Lost Worlds**
10.00 **Storage Wars**
11.00 **Britain's Greatest Bridges**
12.00 NOON **River Hunters**
1.00 PM **Forged in Fire**
2.00 **American Pickers**
3.00 **Storage Wars**
5.00 **Pawn Stars** An ancient tome believed to hold the secret for turning metals into gold **5.30** An example of the first American coin ever made.
6.00 **Forged in Fire**



10.00 Ancient Aliens

7.00 **American Pickers** Mike takes a road trip in an antique convertible to return it to the widow of its previous owner.
8.00 **The Railways That Built Britain with Chris Tarrant** Looking at the invention of the steam locomotive.
9.00 **SERIES RESUMES** **Vikings** *The Revelation:* 11/20. Bjorn, Lagertha and Ubbe must flee Ivar's murderous forces. (S5)
10.00 **Ancient Aliens** New edition An Italian mountain that has stood witness to inexplicable phenomena for centuries.
11.00 **Ancient Aliens**
12.00 M'T **The Curse of Oak Island**
1.00 AM **Britain's Greatest Bridges** London's Tower Bridge, which was built to a revolutionary design.
2.00 **Forged in Fire**
3.00 **River Hunters**
4.00 **to 6.00** AM **Storage Wars**

+1 hour 230 271

## Yesterday

155 129 25 159

6.00 AM **Secrets of the Bible**
7.10 **Secrets of the Railways**
8.00 **Forbidden History**
9.00 **Secret Nazi Bases**
10.00 **Nazi Victory: Post-War Plan**
11.00 **Underground Worlds**
12.00 NOON **Impossible Railways**
1.00 PM **Secrets of Britain**
2.00 **Cornwall: Walking Through History** The smuggling trade.
3.00 **Underground Worlds**
4.00 **Impossible Railways**
5.00 **Hitler's Propaganda Machine**
6.00 **Auschwitz: The Nazis and the Final Solution**

8.00 Abandoned Engineering

7.00 **Abandoned Engineering** Scorched remains that speak of torture and vast coastal ruins that reveal a past wiped from history.
8.00 **Abandoned Engineering** Series finale An Albanian village home to Allied agents and devastated for resisting the Nazis.
9.00 **The Two Ronnies** Sketches include *Public Service Announcement About Water Shortage*. **9.55** Comedy from the duo, featuring music by Clodagh Rodgers.
10.35 **Porridge** The inmates face a day of hard labour digging drains.
11.15 **Porridge** Fletch is keen to get out of making fishing nets.
11.55 **Porridge**
12.30 AM **Auschwitz: The Nazis and the Final Solution**
1.35 **Secrets of the Bible**
2.30 **to 3.00** AM **David Attenborough's Natural Curiosities**

+1 hour 255 200

Tuesday

7 PM
8 PM
9 PM
10 PM

## Disc. History

171 257

6.00 AM **Expedition Unknown**
7.00 **Invention Nation**
8.00 **WWII: Witness to War**
9.00 **Frontline Battle Machines with Brewer**
10.00 **Extreme Engineering**
11.00 **Invention Nation**
12.00 NOON **Blowing Up...**
1.00 PM **Expedition Unknown**
2.00 **Mysteries at the...**
3.00 **WWII: Witness to War**
4.00 **Frontline Battle Machines with Brewer**
6.00 **Blowing Up History**
7.00 **Mysteries at the...**
8.00 **Expedition Unknown**
9.00 **Edge of War**
10.00 **Silicon Valley: The Untold Story**
11.00 **Extreme Machines**
12.00 M'T **Expedition...**
1.00 AM **Edge of War**
2.00 **Silicon Valley: The...**
3.00 **Extreme Machines**
4.00 **Blowing Up History**
5.00 **to 6.00** AM **Mysteries at the Museum**

+1 hour 271 261

## Eden

166 245 247 315 389

9.00 AM **Super Vets**
10.00 **Big Cats**
11.00 **Ganges**
12.00 NOON **Life in the Great Wetlands**
1.00 PM **Life on Earth**
2.00 **Wonders of the Solar System**
3.00 **Super Vets**
4.00 **Big Cats**
5.00 **Ganges**
6.00 **Super Vets**
7.00 **Life on Earth**
8.00 **Life in the Great...**
9.00 **Big Cats**
10.00 **Ganges**
11.00 **Wonders of the Solar System**
12.00 M'T **Life in the Great...**
1.00 AM **Life on Earth**
2.00 **Wonders of the Solar System**
3.00 **Super Vets**
3.50 **Big Cats**
4.40 **Ganges**
5.30 **to 6.00** AM **Frontier Borneo**

+1 hour 266 246

## WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Wild Nordic**
12.00 NOON **Snakes in the City** An elusive snake.
1.00 PM **Africa's Hunters**
4.00 **Monster Fish**
6.00 **Snakes in the City** The team deal with a super-sized serpent. **7.00** Simon must face his fear of heights to capture a black mamba.
8.00 **NEW** **America's Super Snake** Following a Western diamondback rattlesnake through a desert summer.
9.00 **Snakes In The City: Best Of** New edition Series highlights.
10.00 **Rise of Snakezilla** The habits of intimidating creatures, beginning with Burmese pythons.
11.00 **Snakes in the City**
12.00 M'T **Animals Gone Wild**
2.00 AM **Africa's Hunters**
3.00 **to 5.00** AM **Monster Fish**

## History 2

163 272 330 390

8.00 AM **Hitler's War**
9.00 **Battle 360**
10.00 **Doomsday: 10 Ways the World Will End**
11.00 **Ancient Aliens – Secret Science**
12.00 NOON **Ancient Aliens**
1.00 PM **Digging for Britain**
3.00 **How the Earth Was Made** Double bill.
5.00 **Hitler's War**
6.00 **Doomsday: 10 Ways the World Will End**
7.00 **Battle 360**
8.00 **Ancient Impossible**
9.00 **Where Did It Come From?** Egyptian masterpieces.
10.00 **Hunting Isis**
11.00 **Cryptid: Swamp Beast**
12.00 M'T **Doomsday: 10 Ways the World Will End**
1.00 AM **Ancient Aliens – Secret Science**
2.00 **Ancient Aliens**
3.00 **to 5.00** AM **How the Earth Was Made**

## PBS America

174 273 91 155

8.00 AM **The Aviators**
8.35 **Locomotion: Dan Snow's History of Railways**
9.45 **Jesse James**
10.50 **Nigel Marven's Wild Philippines**
11.55 **Locomotion: Dan Snow's History of...**
1.00 PM **Butch Cassidy and the Sundance Kid**
2.10 **Locomotion: Dan Snow's History of...**
3.20 **Jesse James**
4.30 **The Aviators**
5.05 **Butch Cassidy and the Sundance Kid**
6.20 **Locomotion: Dan...**
7.30 **Saints and Sinners: A Millennium of Monasteries**
8.45 **Wyatt Earp**
9.55 **The Wild West**
11.00 **Saints and Sinners...**
12.20 AM **The Wild West**
1.30 **to 2.00** AM **The Aviators**

+1 hour 93

## CI

156 156 835 209 328 380

6.00 AM **The First 48**
8.00 **Homicide Hunter**
10.00 **Unusual Suspects**
11.00 **Homicide: Hours to Kill**
12.00 NOON **Crimes That Shook Britain**
1.00 PM **Nightmare in Suburbia**
2.00 **I Lived with a Killer**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Homicide: Hours to Kill**
6.00 **The First 48**
7.00 **Homicide Hunter**
8.00 **Fear Thy Neighbour**
9.00 **Very Scary People** The life of charismatic minister Jim Jones.
11.00 **Homicide Hunter**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Very Scary People**
3.00 **I Lived with a Killer**
4.00 **Homicide: Hours to Kill**
5.00 **to 6.00** AM **Fear Thy Neighbour**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

# TUESDAY Films

Tuesday

## Sky Cinema Premiere

301 301 842 401 501

**6.00** AM **The Counterfeiter** (2018)
**8.15** **Monster Family: Special**
**8.45** **We Die Young** As 6.15pm.
**10.30** **This Changes Everything** Documentary. (2018) ★★★
**12.15** PM **The 2020 Top Ten Show**
**12.30** **PREMIERE The Art of Self-Defense** As 8.00pm.
**2.30** **Brightburn** As 10.00pm.
**4.15** **The 2020 Top Ten Show**
**4.30** **Doom: Annihilation**
**6.15** **We Die Young** Gangster drama. (2019, 15, 92min) ★★

8.00 The Art of Self-Defense

**8 PM**

**8.00** **PREMIERE The Art of Self-Defense** Comedy thriller starring Jesse Eisenberg. After being attacked on the street, a young man learns how to defend himself from future threats. (2018, 15, 104min) ★★★
*See review, page 23*
SEX ●●● VIOLENCE ●●● LANG ●●●

**9 PM**

**10 PM**

**10.00** **Brightburn** Superhero horror starring Elizabeth Banks and Matt Jones. (2019, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11 PM**

**11.45** **Doom: Annihilation** Fantasy adventure with Amy Manson. (2019, 15, 96min) ★★
**1.30** AM **Hell Is Where the Home Is** Horror. (2018, 18) ★★
**3.00** **The Counterfeiter** Action thriller starring Chow Yun-fat. (2018, 15, 130min) ★★★
**5.15** **The 2020 Top Ten Show**
**5.30** **to 6.00** AM **Final Score: Special**

+1 hour 312 412

## Sky Cinema Disney

305 305 846 405 505

**7.10** AM **Bedtime Stories**
**8.55** **Mulan** As 5.25pm.
**10.30** **Brother Bear** Animation. (2003, U, 85min) ★★★
**12.00** NOON **Cinderella** As 7.00pm.
**1.50** PM **Bedtime Stories** Fantasy. (2008, PG, 99min) ★★★
**3.35** **Big Hero 6** Animated fantasy. (2014, PG, 98min) ★★★★
**5.25** **Mulan** Animated adventure. (1998, U, 88min) ★★★
**7.00** **Cinderella** Romantic fantasy. (2014, U, 107min) ★★★★

9.00 Tomorrowland: A World...

**Cinderella** (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

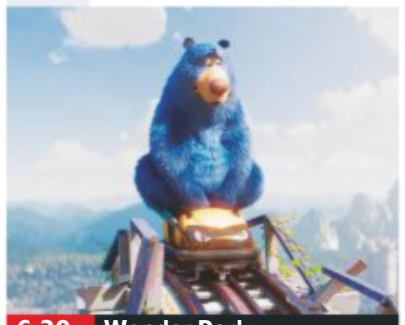
**9.00** **Tomorrowland: A World Beyond** Fantasy starring George Clooney and Britt Robertson. A gifted teenage inventor discovers a mysterious futuristic world, and attempts to uncover its secrets. (2015, 12, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.15** **The Haunted Mansion** Supernatural comedy. (2003, PG, 87min) ★★
**12.50** AM **The Story of Robin Hood and His Merrie Men** Adventure. (1952, U) ★★★
**2.20** **The Sword in the Stone** Animation. (1963, U) ★★★
**3.45** **Dinosaur** Animated adventure. (2000, PG, 82min) ★★★★
**5.20** **to 6.55** AM **Beverly Hills Chihuahua 2** Canine comedy sequel. (2011, U, 80min) ★

## Sky Cinema Family

306 306 847 406 506

**6.00** AM **The Grinch** As 3.05pm.
**7.35** **Wonder Park** As 6.30pm.
**9.05** **Look Who's Talking** Comedy. (1989, 12, 96min) ★★★
**10.50** **Jumanji** As 4.40pm.
**12.40** PM **The Mask of Zorro** Adventure, as 8.00pm.
**3.05** **The Grinch** Animated fantasy. (2018, U, 85min) ★★★
**4.40** **Jumanji** Fantasy adventure. (1995, PG, 104min) ★★★★
**6.30** **Wonder Park** Animation. (2019, PG, 85min) ★★★


6.30 Wonder Park

**8.00** **The Mask of Zorro** Epic swashbuckling adventure starring Antonio Banderas and Anthony Hopkins. The legendary hero searches for a successor and finds him in the shape of a young bandit. With Catherine Zeta Jones. (1998, PG, 137min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

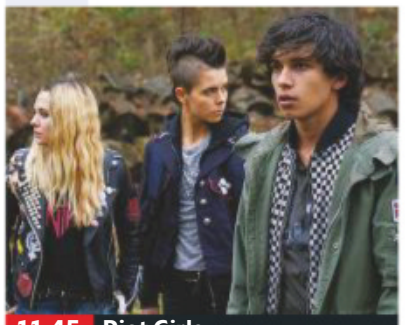
**10.20** **The Legend of Zorro** Swashbuckling adventure sequel starring Antonio Banderas and Catherine Zeta-Jones. (2005, PG, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**12.35** AM **The Polar Express** Animated adventure starring Tom Hanks and Michael Jeter. (2004, U, 100min) ★★★
**2.25** **Toys & Pets** Animated adventure with the voices of Jason Kesser and Guanlin Ji. (2017, U, 98min) ★★
**4.15** **to 6.10** AM **Cats** Animation. (2018, PG, 90min) ★★★

## Sky Cinema Action

311 311 852 407 507

**6.00** AM **The Karate Kid**
**8.30** **Armageddon** As 5.15pm.
**11.05** **Edge of Tomorrow** As 8pm.
**1.05** PM **Escape Plan 3** As 10pm.
**2.50** **Master and Commander: The Far Side of the World** Epic seafaring adventure starring Russell Crowe. (2003, 12, 138min) ★★★★
**5.15** **Armageddon** Sci-fi action adventure with Bruce Willis, Liv Tyler and Ben Affleck. (1998, 12, 151min) ★★


11.45 Riot Girls

**8.00** **Edge of Tomorrow** Sci-fi starring Tom Cruise and Emily Blunt. A soldier fighting against an alien army is repeatedly killed and brought back to life to relive the same battle. (2014, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

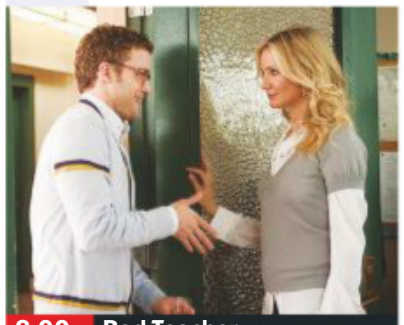
**10.00** **Escape Plan 3** Action thriller sequel starring Sylvester Stallone. (2019, 15, 97min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.45** **Riot Girls** Sci-fi thriller starring Madison Iseman. In an alternate 1995, where a disease has killed all of the adults, two gangs are pitted against each other in a brutal war. (2019, 18, 81min) ★★
**1.15** AM **Master and Commander: The Far Side of the World** As shown at 2.50pm.
**3.45** **to 6.15** AM **The Karate Kid** Martial arts family drama. (2010, PG, 140min) ★★★

## Sky Cinema Comedy

308 308 849 408 508

**7.15** AM **Sword of Trust** Comedy. (2019, 15, 88min) ★★★
**8.55** **Eighth Grade** Comedy. (2018, 15, 93min) ★★★★★
**10.35** **Bad Teacher** As 8.00pm.
**12.20** PM **Along Came Polly** Romantic comedy, as 9.45pm.
**2.00** **Jerry Maguire** Comedy. (1996, 15, 139min) ★★★★
**4.20** **Click** Fantasy comedy. (2006, 12, 103min) ★★★
**6.20** **Family** Comedy with Bryn Vale. (2018, 15, 85min) ★★★


8.00 Bad Teacher

**8.00** **Bad Teacher** Comedy starring Cameron Diaz and Justin Timberlake. A gold-digging teacher will stop at nothing to find a rich husband. With Lucy Punch and Jason Segel. (2011, 15, 92min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**9.45** **Along Came Polly** Romantic comedy starring Ben Stiller, Philip Seymour Hoffman, Jennifer Aniston and Debra Messing. (2003, 12, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.25** **Sex Tape** Comedy starring Cameron Diaz and Jason Segel. (2014, 15, 92min) ★★
**1.05** AM **Road Trip** Teen comedy starring Breckin Meyer. (2000, 15, 94min) ★★★
**2.45** **Eurotrip** Teen comedy starring Scott Mechlowicz. (2004, 15, 90min) ★
**4.35** **to 6.45** AM **The Fighting Temptations** Musical drama starring Cuba Gooding Jr. (2003, PG, 123min) ★★★

primetime

## Sky Cinema Hits

303 303 844 403 503

**6.20** AM **Deep Impact** Sci-fi. (1998, 12, 123min) ★★★★
**8.25** **Prince of Persia: The Sands of Time** Fantasy. (2010, 12) ★★★
**10.25** **Bad Times at the El Royale** Thriller. (2018, 15) ★★★★
**12.50** PM **Skyscraper** As 9.00pm.
**2.35** **Fury** As shown at 10.50pm.
**4.55** **The Nutcracker and the Four Realms** Fantasy adventure. (2018, PG, 99min) ★★★

**6.40** **Solo: A Star Wars Story** Sci-fi prequel with Alden Ehrenreich. A pilot gets mixed up with a bunch of mercenaries. (2018, 12, 135min) ★★★
**9.00** **Skyscraper** Action thriller starring Dwayne Johnson. A security expert must infiltrate a burning skyscraper, 225 storeys above ground, when his family is trapped inside by criminals. (2018, 12, 102min) ★★★
**10.50** **Fury** War drama starring Brad Pitt. (2014, 15, 131min) ★★★

**1.10** AM **Pet Sematary** Horror thriller starring Jason Clarke, Amy Seimetz and John Lithgow. (2019, 15, 101min) ★★★
**3.05** **Escape Room** Psychological thriller. (2019, 15, 99min) ★★★
**4.50** **to 6.40** AM **The Nutcracker and the Four Realms**

## Sky Cinema Greats

304 304 845 404 504

**7.00** AM **Carousel** Musical fantasy. (1956, U, 123min) ★★★★
**9.20** **Vertigo** Thriller. (1958, PG, 128min) ★★★★★
**11.40** **Elizabeth: The Golden Age** Historical drama, as 9.00pm.
**1.40** PM **The Bourne Supremacy** Spy thriller sequel. (2004, 12, 108min) ★★★★
**3.40** **Evita** Musical starring Madonna. (1996, PG, 134min) ★★★

**6.00** **Braveheart** Oscar-winning epic historical drama starring Mel Gibson as 13th-century Scottish warrior William Wallace, who led a ragged but courageous army against the English enemy. (1995, 15, 177min) ★★★★
**9.00** **Elizabeth: The Golden Age** Historical drama sequel starring Cate Blanchett. Queen Elizabeth I braves the Spanish Armada but finds time for romance with Walter Raleigh. (2007, 12, 114min) ★★★

**11.00** **Lethal Weapon 2** Thriller. (1989, 15, 110min) ★★★★
**1.00** AM **The Juror** Legal thriller. (1996, 18, 118min) ★
**3.05** **American Beauty** Comedy. (1999, 18, 122min) ★★★★★
**5.15** **to 8.00** AM **The Bridge on the River Kwai** (1957) ★★★★★

## TCM Movies

315 415 416 512 526

**6.00** AM **Close Up**
**6.30** **Hollywood's Best Film Directors** Francis Ford Coppola.
**7.00** **Charro!** Western. (1969, U) ★
**9.05** **Westward the Women** (1951)
**11.30** **The Fastest Gun Alive** (1956)
**1.30** PM **12 Angry Men** Courtroom drama. (1957, b/w, U) ★★★★★
**3.30** **Frenchie** Western. (1950) ★★
**5.10** **Arizona Raiders** Western. (1965, PG, 88min) ★★

**7.15** **Ten Wanted Men** Western starring Randolph Scott and Richard Boone. A violent feud breaks out between two Arizona ranchers after one of them provides sanctuary to the other's fugitive mistress. (1955, U, 80min) ★★★
**9.00** **Dirty Harry** Thriller starring Clint Eastwood. Maverick San Francisco cop Harry Callahan pursues a psychotic sniper. With Harry Guardino. (1971, 18, 103min) ★★★★★

**11.15** **The Postman** Adventure. (1997, 15, 178min) ★★
**2.45** AM **Every Which Way But Loose** Comedy. (1978) ★★★
**4.40** **Off Set**
**5.00** **to 6.00** AM **Close Up**

+1 hour 316 417

## Talking Pictures

328 445 81 306

**6.00** AM **The Price of Silence** (1959)
**7.35** **Colonel's Cup**
**7.50** **Dilemma** Thriller. (1962) ★★
**9.10** **Trouble Brewing** (1939) ★★★
**11.00** **Richard Diamond**
**11.30** **The Winslow Boy** (1948)
**1.50** PM **Play It Cool** (1962) ★★
**3.30** **Dancing with Crime** Crime drama. (1946, PG, 83min) ★★
**5.10** **Miranda** British comedy. (1947, b/w, U, 80min) ★★★★★

**6.50** **The Magic Box** Biopic starring Robert Donat as William Friese-Greene, British inventor of the movie camera, whose life was marred by hardships and lack of recognition. (1951, U, 118min) ★★★★
**9.00** **Reilly: Ace of Spies**
**10.00** **Impulse** Sci-fi chiller starring Tim Matheson. After an earthquake, the occupants of a small town find themselves assaulted by deadly power surges. (1984, 18, 99min) ★★

**11.50** **The Uncanny** Horror with Peter Cushing. (1977, 18, 85min) ★
**1.35** AM **Landslide** Mystery. (1937, b/w, PG, 67min) ★★
**2.50** **Strange Harvest** Short thriller.
**3.30** **Sheepdog of the Hills** Drama. (1941, U, 77min) ★★
**5.00** **to 6.00** AM **Rooms**

## Horror

317 149 70 138

**8.00** AM **Andromeda** 5/22. (S3)
**9.00** **Star Trek: Voyager** 11/26. (S6)
**10.00** **Star Trek** 12/24. (S3)
**11.00** **Megalodon** Giant shark thriller. (2018, 15, 105min) ★
**1.00** PM **Mammoth** Sci-fi thriller. (2006, 12, 90min) ★★★
**3.00** **Lost in Space** 6/30. (S2)
**4.00** **Journey to the Center of the Earth** Sci-fi. (2008, 12) ★
**6.00** **Star Trek** 13/24. (S3)

**7.00** **Star Trek: Voyager** *Blink of an Eye:* 12/26. The ship becomes trapped in orbit. (S6)
**8.00** **Mutant X** *She's Come Undone:* 17/22. Lexa becomes a scientific guinea pig. (S3)
**9.00** **Mary Shelley's Frankenstein** Gothic horror drama starring Kenneth Branagh. Victor Frankenstein builds a living being from stolen body parts, but when he rejects his creation, the creature vows revenge. (1994, 15, 123min) ★★★

**11.20** **The Mummy** Hammer horror. (1959, PG, 88min) ★★★
**1.00** AM **Discarnate** Horror. (2018, 18, 84min) ★★
**2.45** **to 4.30** AM **Escape Room** Horror. (2017, 15, 86min) ★

+1 hour 318 202 139

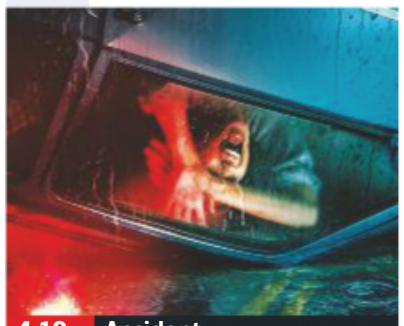


★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

## Sky Cinema Thriller

309 309 850 409 509

**6.00** AM **Beast of Burden** (2017)
**7.35** **Danger One** (2018) ★★
**9.20** **Blood Brother** Crime thriller. (2018, 15, 90min) ★
**10.50** **Cutterhead** Survival thriller. (2018, 15, 84min) ★★★
**12.20** PM **Rust Creek** Thriller. (2018, 15, 108min) ★★★
**2.10** **The Bone Collector** Thriller. (1999, 15, 117min) ★★★
**4.10** **Accident** Thriller. (2017, 15) ★
**5.45** **Enemy of the State** Thriller. (1998, 15, 127min) ★★★★



4.10 Accident

**8.00** **The Negotiator** Thriller starring Jon Hamm and Jay Potter. Caught in the crossfires of civil war, CIA agents must send a former US diplomat to negotiate for the life of a friend he left behind. With Dean Norris. (2018, 15, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**10.00** **Basic Instinct** Erotic thriller starring Michael Douglas as a detective who falls under the spell of a murder suspect. With Sharon Stone. (1992, 18, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**12.15** AM **Lone Survivor** Fact-based Afghanistan war drama with Mark Wahlberg. (2013, 15, 118min) ★★★★
**2.25** **Single White Female** Thriller starring Bridget Fonda. (1992, 18, 107min) ★★★
**4.25** **to 6.10** AM **Malpractice** Thriller with Gabrielle Carteris. (2001, PG, 91min) ★★

## Sky Cinema Drama

310 310 851 410 510

**6.00** AM **Foxtrot** Drama. Subtitled. (2017, 15, 113min) ★★★★★
**8.00** **Damsel** Western comedy. (2018, 15, 113min) ★★
**10.00** **The Leisure Seeker** Drama. (2017, 15, 110min) ★★★
**11.55** **Burning** As 8.00pm.
**2.25** PM **Puzzle** Drama. (2018, 15, 103min) ★★★★
**4.20** **The Butterfly Tree** Comedy drama. (2017, 15, 97min) ★★
**6.05** **Step Up** Romantic dance film. (2006, PG, 104min) ★★★

8.00 Burning

**8.00** **Burning** Korean drama starring Yoo Ah-in, Steven Yuen, Jun Jong-seo and Kim Sook-yung. The new boyfriend of a writer's old acquaintance sets alarm bells ringing. Subtitled. (2018, 15, 148min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**10.40** **Saturday Night Fever** Drama starring John Travolta as a working-class Brooklyn youth who is the dance king of his local disco. With Karen Lynn Gorney. (1977, 18, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**12.50** AM **Blue My Mind** German drama with Luna Wedler and Regula Grauwiller. Subtitled. (2017, 18, 97min) ★★★
**2.35** **Puzzle** As 2.25pm.
**4.30** **to 6.30** AM **Step Up** Romantic drama, as 6.05pm.

## Sky Cinema Monsters

307 307 848 411 511

**6.00** AM **Slender Man** As 1.15am.
**7.40** **Godzilla** As 4.15pm.
**10.05** **Godzilla** As 6.45pm.
**12.10** PM **Godzilla: King of the Monsters** As 9.00pm.
**2.30** **A Quiet Place** As 11.30pm.
**4.15** **Godzilla** Monster movie remake starring Matthew Broderick and Jean Reno. (1998, PG, 139min) ★★★
**6.45** **Godzilla** Thriller remake starring Aaron Taylor-Johnson. (2014, 12, 123min) ★★★

9.00 Godzilla: King of the...

**Godzilla** (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

**9.00** **Godzilla: King of the Monsters** Fantasy sequel starring Kyle Chandler and Vera Farmiga. The Monarch agency face off against an army of creatures, including Godzilla, Mothra, Rodan and King Ghidorah. (2019, 12, 132min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.30** **A Quiet Place** Horror starring Emily Blunt and John Krasinski. (2018, 15, 90min) ★★★★
**1.15** AM **Slender Man** Horror thriller starring Joey King. (2018, 15, 90min) ★
**3.00** **The 2020 Top Ten Show**
**3.15** **Resident Evil: Apocalypse** Sci-fi horror thriller sequel starring Milla Jovovich. (2004, 15, 94min) ★★★
**5.00** **to 6.00** AM **Sky Cinema Preview**

## Sky Cinema Superhero

302 302 842 402 502

**6.00** AM **Avengers: Age of Ultron** Adventure, as 4.05pm.
**8.25** **Avengers: Infinity War** Adventure, as 6.30pm.
**11.00** **Avengers: Endgame** As 9pm.
**2.05** PM **Fantastic Four** Fantasy. (2005, PG, 104min) ★★
**4.05** **Avengers: Age of Ultron** Superhero adventure sequel. (2015, 12, 141min) ★★★
**6.30** **Avengers: Infinity War** Superhero adventure sequel. (2018, 12, 149min) ★★★

9.00 Avengers: Endgame

**Avengers: Infinity War** (film started at 6.30pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

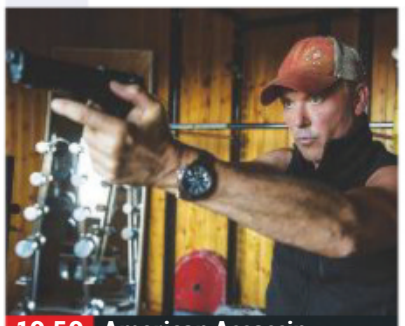
**9.00** **Avengers: Endgame** Fantasy adventure starring Robert Downey Jr, Chris Evans and Chris Hemsworth. Iron Man, Captain America, Thor and the reunited heroes make a last stand against the evil Thanos after he wiped out half of all life in the galaxy. With Scarlett Johansson, Mark Ruffalo and Josh Brolin. (2019, 12, 181min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**12.05** AM **The Punisher** Action thriller starring Tom Jane, John Travolta and Will Patton. (2004, 18, 123min) ★
**2.15** **Punisher War Zone** Action thriller starring Ray Stevenson. (2008, 18, 98min) ★★★
**4.10** **to 6.05** AM **Fantastic Four** Fantasy, as shown at 2.05pm.

## Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
**11.00** AM **The Gentle Sex** War drama starring Joyce Howard. (1943, b/w, U, 93min) ★★★
**12.50** PM **The Tin Star** Western. (1957, b/w, U, 93min) ★★★★
**2.40** **Kidnapped** Classic adventure. (1971, U, 107min) ★★★
**4.50** **Campbell's Kingdom** Outdoor adventure. (1957, U, 100min) ★★★
**6.55** **Behind Enemy Lines** War drama. (2001, 12, 106min) ★★



10.50 American Assassin

**Behind Enemy Lines** (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

**8 PM**

**9.00** **Taken 2** Action thriller sequel starring Liam Neeson. An ex-CIA agent and his family are targeted by a vengeful Albanian gang during a trip to Istanbul. (2012, 12, 98min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**9 PM**

**10.50** **American Assassin** Thriller with Dylan O'Brien and Michael Keaton. (2017, 18, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**10 PM**

**11 PM**

**1.05** **to 3.05** AM **The East** Thriller starring Brit Marling and Alexander Skarsgård. (2013, 15, 111min) ★★★★

+1 hour 314 430 45 301

## Sony Movies Classic

319 424 50 303

**6.00** AM **Don't Panic Chaps** (1959)
**7.50** **Crack Up** Thriller. (1946) ★★★
**9.45** **Bad For Each Other** Drama. (1953, U, 83min) ★★
**11.30** **Strongroom** Thriller. (1961) ★★
**1.10** PM **All the King's Men** Drama. (1949, b/w, PG, 109min) ★★★
**3.30** **Last Train from Bombay** Thriller. (1952, U, 72min) ★★
**5.10** **Prisoners of the Casbah** Drama. (1953, U, 78min) ★★

**6.50** **The Toy** Comedy starring Richard Pryor and Jackie Gleason. An unsuccessful writer is employed as a playmate for a millionaire's spoilt son. (1982, PG, 98min) ★★
**9.00** **The Blue Lagoon** Romantic adventure starring Brooke Shields and Christopher Atkins as two shipwrecked children growing up on a desert island. (1980, 15, 101min) ★
**11.10** **The Big Chill** Comedy drama. (1983, 15, 115min) ★★★★

**1.15** AM **Sartana Kills Them All** Western. (1970, 15, 105min) ★★
**3.00** **Long John Silver** Adventure. (1954, U, 109min) ★★★
**4.35** **to 6.00** AM **What a Carve Up!** Comedy. (1961, b/w, U) ★★

+1 hour 320 303 304

## Sony Movies

321 425 32 302

**9.00** AM **Menu for Murder** Mystery. (1990, PG, 96min) ★★
**11.05** **A Date to Die For** Thriller. (2015, PG, 88min) ★★
**1.00** PM **Status: Unknown** Thriller. (2014, PG, 86min) ★★
**2.45** **Not My Life** Psychological thriller. (2006, 15, 105min) ★★
**4.30** **A League of Their Own** Comedy starring Tom Hanks. (1992, PG, 124min) ★★★★

**7.05** **Evolution** Sci-fi comedy starring David Duchovny. A meteor lands in the Arizona desert, bringing with it a simple alien life form that begins to evolve at an astonishing rate. (2001, PG, 101min) ★★
**9.00** **The Expendables** Action movie starring Sylvester Stallone. A veteran mercenary and his team undertake a mission to overthrow the corrupt dictator of a South American island. (2010, 18, 103min) ★★★

**11.10** **Missionary Man** Vigilante thriller. (2007, 15, 90min) ★★
**1.05** AM **Riding in Cars with Boys** Drama. (2001, 12, 131min) ★★
**3.45** **to 6.00** AM **Fly Away Home** Adventure. (1996, U) ★★★★

+1 hour 322

## Sony Movies Action

323 426 40 305

**6.00** AM **Anything for a Friend** Western. (1973, 12, 90min) ★★
**7.50** **Tycoon** Adventure. (1947) ★★
**10.30** **Rough Air: Danger on Flight 534** Disaster movie. (2001) ★
**12.20** PM **The Persuaders!**
**1.20** **Gun Duel in Durango** Western. (1957, PG, 73min) ★★
**2.55** **The Bridge** Drama. (1969) ★★
**5.00** **The Bedford Incident** Thriller. (1965, b/w, PG, 105min) ★★★

**7.10** **Viking Quest** Fantasy adventure starring Harry Lister Smith and Jenny Boyd. A peasant boy raised by Vikings discovers he is destined to battle dragons to prevent the end of the world. (2014, 12, 88min) ★★
**9.00** **Derailed** Action thriller starring Jean-Claude Van Damme, Laura Elena Harring and Tomas Arana. Terrorists release the smallpox virus aboard a train travelling through Eastern Europe. (2002, 15, 85min) ★

**10.45** **The Punisher** Thriller with Tom Jane. (2004, 18, 123min) ★
**1.10** AM **4 Minute Mile** Drama. (2014, 15, 96min) ★★
**3.00** **to 4.00** AM **Submarine Warfare** Documentary.

+1 hour 324

## Movies 24

325 419 513

**7.00** AM **A Case of Murder: Garage Sale Mystery** Thriller.
**9.00** **Karen Kingsbury's The Bridge – Part 2** Romance. (2016) ★★
**11.00** **Love at First Dance** (2018) ★★
**1.00** PM **Love Blossoms** (2017) ★★
**3.00** **Rome in Love** Romantic drama. (2019, PG, 90min) ★★
**5.00** **Silent Witness: A Ruby Herring Mystery** Mystery. (2019, PG, 120min) ★★

**7.00** **Mystery 101** Mystery starring Jill Wagner. A teacher joins forces with a detective to use her expertise to assist in a police investigation surrounding the murder of a student. (2019, PG, 120min) ★★
**9.00** **A Beautiful Place to Die: A Martha's Vineyard Mystery** Drama starring Jesse Metcalfe. When a body washes up, former detective Jeff Jackson is drawn back into crime-solving. (2020, PG, 104min) ★★

**11.00** **Taking a Chance on Love** Drama. (2009, PG, 88min) ★★
**1.00** AM **Love is a Four Letter Word** Comedy. (2007, PG) ★★
**3.00** **to 5.00** AM **Hometown Hero** Drama. (2016, PG, 90min) ★★

+1 hour 326 420

## FILMS ON OTHER CHANNELS

### 6pm TILL LATE

**7.15** PM **Robinson Crusoe** *AMC* Screen version of Daniel Defoe's classic adventure. ★★
**9.00** **Pale Rider** *ITV4* Western starring Clint Eastwood and Michael Moriarty. ★★★
**9.00** **The Intern** *Comedy Central* Comedy starring Robert De Niro and Anne Hathaway. ★★★★
**10.00** **My Super Ex-Girlfriend** *5STAR* Comedy starring Uma Thurman and Luke Wilson. ★★★
**10.00** **Twelve Monkeys** *Syfy* Sci-fi fantasy starring Brad Pitt and Bruce Willis. ★★★★★
**11.00** **Diabolique** *AMC* Thriller starring Sharon Stone, Isabelle Adjani and Chazz Palminteri. ★
**11.25** **Firefox** *ITV4* Cold War action adventure with Clint Eastwood and Freddie Jones. ★★
**11.55** **Get Hard** *5STAR* Comedy starring Will Ferrell, Alison Brie and Kevin Hart. ★★
**1.05** AM **The Human Stain** *AMC* Psychological drama starring Anthony Hopkins, Ed Harris and Nicole Kidman. ★★
**1.35** **Good Kill** *Channel 4* Drama starring Ethan Hawke, Zoe Kravitz and January Jones. ★★★

# TUESDAY Sport

SKY HD SD VIRGIN HD BT HD

10 March

## Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **Good Morning Sports Fans Bitesize** Round-up of the sports news, with live analysis and comment, plus interviews with the headline makers.
7.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, a tip on today's racing and a sporting weather forecast.
10.00 **Football Centre** A round-up of the latest football news.
12.00 NOON **Sky Sports News** The latest sports news and updates.
1.00 PM **LIVE The Players Championship** Build-up to this year's Players Championship, which takes place at TPC Sawgrass in Ponte Vedra Beach, Florida.
9.00 **Sky Sports Tonight** This evening's leading sports stories.
10.00 **The Debate** Discussion on the latest football news.
11.00 **NBA: The Warm Up** A look ahead to tonight's action.
12.00 M'T **to 6.00** AM **Sky Sports News** A round-up of the day's talking points and a look ahead to the events that are likely to make the news tomorrow, featuring previews and interviews.

## Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **PL Legends: David Ginola**
7.30 **PL Legends: Juninho**
8.00 **MNF Pre Match**
9.00 **MNF Hlts** As 6.00pm.
9.30 **Premier League 100 Club**
10.00 **Premier League Years**
12.00 NOON **MNF** A re-run of Leicester City v Aston Villa.
4.00 PM **PL Greatest Games**
5.00 **MNF Pre Match**
6.00 **MNF Hlts** Action from Leicester City v Aston Villa.
6.30 **PL Legends: Juninho**
7.00 **Premier League Review** A look back at recent fixtures.
8.00 **Gary Neville's Soccerbox** The presenter talks to Paul Scholes.
8.30 **Gary Neville's Soccerbox** Gary is joined by Robbie Fowler.
9.00 **Premier League Review**
10.00 **The Debate** Football discussion.
11.00 **PL Best Goals 92/93**
12.00 M'T **The Debate**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **Best PL Goals: Man Utd v Newcastle** Memorable strikes.
5.30 **to 6.00** AM **Premier League 100 Club**

## Sky Sports Football

403 403 857 | 513 503

6.00 AM **Highlights**
9.00 **SPFL Greatest Games**
9.30 **EFL Play-Off Final Highlights**
10.30 **EFL Greatest Games**
11.15 **SPFL Greatest Games**
11.30 **Football's Greatest Players**
12.00 NOON **Football Countdowns**
12.30 PM **Football Years**
1.00 **SPFL Greatest Games**
1.45 **One2Eleven: Steve Lomas**
2.00 **EFL Play-Off Final Highlights**
3.00 **Football's Greatest Players**
3.30 **Football Countdowns**
4.00 **Football Years**
4.30 **EFL Play-Off Final Highlights**
5.30 **SPFL Greatest Games**
6.00 **EFL Goals: Leagues 1 & 2**
6.30 **MLS Round-Up Show**
7.00 **Soccer AM: The Best Bits**
7.30 **EFL Play-Off Final Highlights**
8.30 **EFL Goals: Leagues 1 & 2**
9.00 **EFL Championship Highlights**
10.00 **SPFL Highlights**
10.30 **EFL Greatest Games**
11.00 **One2Eleven: Iain Dowie**
11.15 **EFL Greatest Games**
11.30 **SPFL Greatest Games**
12.00 M'T **Football Years**
12.30 AM **SPFL Greatest Games**
1.00 **Football Countdowns**
1.30 **to 6.00** AM **Highlights**

## Sky Sports Cricket

404 404 858 | 514 504

6.00 AM **Cricket's Greatest Games**
7.00 **Best of England v Australia**
7.45 **Ashes Greats**
8.00 **Cricket's Greatest Games**
9.00 **How The 2007 ICC World Cup Was Won** As 10.00pm.
12.00 NOON **Cricket's Greatest Games** Double bill of action.
1.00 PM **Best of England v Australia**
1.45 **Ashes Greats**
2.00 **Cricket's Greatest Games**
3.00 **How The 2007 ICC World Cup Was Won** As 10.00pm.
6.00 **Women's ICC World T20 Cricket** The second semi-final at Sydney Cricket Ground.
10.00 **How The 2007 ICC World Cup Was Won** A look back at the 2007 staging of the World Cup in the West Indies, a tournament that featured 51 matches in the Caribbean with Australia starting as reigning champions.
1.00 AM **Best of England v Australia**
1.45 **Ashes Greats**
2.00 **Cricket's Greatest Games**
3.00 **Best of England v Australia**
3.45 **Ashes Greats**
4.00 **Cricket's Greatest Games**
5.00 **Best of England v Australia**
5.45 **to 6.00** AM **Ashes Greats**

## Sky Sports The Players

405 405 859 | 515 505

6.00 AM **PGA Tour Profiles**
6.15 **PGA Tour Golf** Extended action from the final day's play of the 2019 Players Championship.
11.45 **PGA Tour Profiles**
12.00 NOON **Best of the Sky Zone**
12.30 PM **PGA Tour Golf** A preview of this year's Players Championship.
1.00 **LIVE The Players Championship** Build-up to this year's Players Championship, which takes place at TPC Sawgrass in Ponte Vedra Beach, Florida.
9.00 **Rory's Review of 2019** Rory McIlroy looks back at the year.
9.30 **How The Players Was Won** Action from the final day of the 2019 Players Championship.
11.30 **Best of the Sky Zone** Highlights from the PGA Championship.
12.00 M'T **Golf Academy**
1.00 AM **The Players Championship Official Film** The 2007 event.
2.00 **The Players Championship Official Film** The 2008 event.
3.00 **The Players Championship Official Film** The 2009 event.
4.00 **The Players Championship Official Film** The 2010 event.
5.00 **to 6.00** AM **The Players Championship Official Film**

## BT Sport 1

413 413 867 | 527 | 408 430

6.00 AM **Fishing: On The Bank**
7.00 **WWE Friday Night SmackDown** Wrestling action.
8.45 **Early Kick-Off**
9.00 **Premier League Review**
10.00 **Premier League World**
10.30 **UEFA Champions League Magazine** News and action.
11.00 **UEFA Europa League Magazine** News and action.
11.30 **Ladbrokes SPFL Highlights**
11.45 **BT Sport Goals Reload**
12.00 NOON **Vanarama National League Highlights**
12.30 PM **Gallagher Premiership Rugby Highlights**
3.00 **Ligue 1 Highlights**
4.00 **WWE NXT Highlights**
5.00 **Vanarama National League** Harrogate Town v Bromley.
6.30 **Vanarama National League Highlights** Recent action.
7.00 **True Grit** Documentary.
8.00 **WWE Monday Night Raw** Wrestling action from America.
10.30 **WWE NXT** Wrestling action.
12.15 AM **Nature Boy**
1.45 **World Poker Tour Series**
3.45 **Badminton** Action from the finals of the German Open.
5.45 **to 6.00** AM **MotoGP Rewind**

## BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **PSA Squash Highlights**
7.00 **Men's Hockey**
9.00 **Women's Hockey**
11.00 **MotoGP** Action from the Moto3, Moto2 and MotoGP races at the Grand Prix of Qatar.
2.00 PM **MotoGP Chequered Flag**
3.00 **Premier League Review**
4.00 **UEFA Champions League** Tottenham Hotspur v RB Leipzig: The last-16 first-leg clash.
5.00 **BT Sport Films: Greavsie**
7.00 **LIVE UEFA Champions League RB Leipzig v Tottenham Hotspur.** Coverage of the last-16 second-leg clash from the Red Bull Arena. Kick-off **8.00pm**. *See feature, page 28.*
10.30 **Premier League Reload**
10.45 **MotoGP Rewind**
11.00 **LIVE NHL Toronto Maple Leafs v Tampa Bay Lightning.** The Eastern Conference clash at Amalie Arena. Face-off **11.00pm**.
1.30 AM **UEFA Champions League** RB Leipzig v Tottenham Hotspur.
2.30 **UEFA Champions League** Action from Valencia v Atalanta.
3.30 **Dan Hardy's Open Mat**
4.00 **Bundesliga Highlights Show**
5.00 **to 6.00** AM **Ligue 1 Highlights**

## BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **Bundesliga 2**
7.00 **Ligue 1**
2.30 PM **Bundesliga 2**
3.30 **Bundesliga Highlights Show**
4.30 **Coppa Italia Highlights**
5.00 **UEFA Europa League Magazine** News and action.
5.30 **UEFA Champions League Magazine** News and action.
6.00 **Early Kick-Off**
6.15 **UEFA Champions League – Stories of the Finals**
6.45 **UEFA Champions League** Atalanta v Valencia: Action from the last-16 first-leg clash.
7.45 **LIVE UEFA Champions League Valencia v Atalanta.** Coverage of the last-16 second-leg clash from the Mestalla. Kick-off **8.00pm**.
10.30 **Coppa Italia Highlights** Action from the semi-final second-legs.
11.00 **LIVE College Basketball** The Northeast Championship game.
1.00 AM **LIVE College Basketball** Coverage of an NCAA clash.
3.00 **MotoGP** Action from the MotoGP race at the Grand Prix of Qatar.
4.00 **MotoGP Chequered Flag**
5.00 **to 6.00** AM **PSA Squash Highlights**

## Sky Sports Action

407 407 861 | 517 507

6.00 AM **Boxing Gold**
7.00 **Sporting Records**
8.00 **NFL: America's Game**
10.00 **Sporting Records**
11.00 **NFL: America's Game**
1.00 PM **Sporting Records**
2.00 **Darts Gold**
2.30 **Boxing Gold**
3.30 **Darts Gold**
4.30 **Sporting Records** Records set by cyclist Bradley Wiggins, marathon runner Dennis Kimetto and long-jumper Mike Powell.
5.00 **Sporting Records** Focusing on the records set by runner Jim Hines, gymnast Nadia Comaneci and cricketer Chris Gayle.
5.30 **Hooked on Africa** As 10.00pm.
6.00 **NBC's Pro-Football Talk**
8.00 **NFL: America's Game** The history of American football.
10.00 **Hooked on Africa** A look at fishing in Africa and on the Indian Ocean.
10.30 **Darts Gold**
11.00 **NFL: America's Game**
1.00 AM **Super League Gold**
2.00 **NFL: America's Game**
3.30 **Darts Gold**
4.00 **Sporting Records**
5.00 **to 6.00** AM **Sporting Greats**

## Sky Sports Mix

145 145 838 | 520 510

6.00 AM **My Icon**
7.00 **Sporting Records**
8.00 **Sporting Greats**
9.00 **My Icon**
10.00 **NBA Classic Games: Bulls @ Sixers 2012**
11.00 **School of Golf**
12.00 NOON **Sporting Greats**
1.00 PM **European Tour Golf** Action from the fourth and final day of Commercial Bank Qatar Masters.
2.00 **Fight Night International** Anthony Joshua v Andy Ruiz Jr.
3.00 **Women's ICC World T20 Cricket** As 9.00pm.
4.00 **My Icon**
5.00 **NBA Classic Games: Spurs @ Heat 2013**
6.00 **Soccer AM: The Best Bits**
6.30 **Netball Superleague** London Pulse v Celtic Dragons.
8.30 **Soccer AM: The Best Bits**
9.00 **Women's ICC World T20 Cricket** Action from the final of the tournament at Melbourne Cricket Ground.
10.00 **Soccer AM: The Best Bits**
10.30 **My Icon**
11.30 **Soccer AM: The Best Bits**
12.00 M'T **to 6.00** AM **Mix Shorts: Masterclasses**

## BT Sport/ESPN

423 423 872 | 530 | 411 434

6.00 AM **Around the Horn**
6.30 **Pardon the Interruption**
7.00 **ESPN FC** Football news.
7.30 **MLB: Yankees @ Phillies**
10.30 **X Games** The X Games Norway.
12.00 NOON **ESPN FC** Football news.
12.30 PM **Pardon the Interruption**
1.00 **XFL: St Louis @ DC Defenders**
3.30 **In Depth... Graham Bensinger**
4.00 **Around the Horn**
4.30 **ESPN FC** Football news.
5.00 **XFL: TB Vipers @ LA Wildcats**
7.30 **In Depth... Graham Bensinger**
8.00 **LIVE MLB San Francisco Giants v Chicago Cubs.** Coverage of the Spring Training match from Scottsdale Stadium in Arizona. Start-time **8.05pm**.
11.00 **LIVE College Basketball** Coverage of an NCAA clash.
1.00 AM **LIVE College Basketball** Coverage of an NCAA clash.
3.00 **XFL: Seattle @ Houston**
5.30 **to 6.00** AM **In Depth with Graham Bensinger**

## Eurosport 1

410 410 864 | 521 | 412 435

6.00 AM **Alpine Skiing**
7.00 **Cycling: Paris-Nice**
8.00 **Snooker: Northern Ireland Open** The 2019 final in Belfast.
10.00 **Motocross World Champs**
10.35 **Fencing: Grand Prix Series**
11.40 **Table Tennis**
12.40 PM **Cycling: Paris-Nice**
1.40 **LIVE Cycling: Paris-Nice** Coverage of stage three.
3.40 **Cycling: Tirreno-Adriatico**
4.40 **Cycling: Get to Know**
6.00 **Alpine Skiing**
8.00 **Cycling: Paris-Nice** Stage three.
9.00 **Cycling: Tirreno-Adriatico**
10.00 **Ski Jumping** From Norway.
11.00 **Cycling: Paris-Nice**
12.00 M'T **Cycling: Tirreno-Adriatico**
1.00 AM **Cleveland Steelman Triathlon** This year's race.
2.00 **Cycling: Paris-Nice**
3.00 **Cycling: Kuurne-Brussels-Kuurne** Action from Belgium.
4.00 **Ski Jumping**
5.00 **to 6.00** AM **Alpine Skiing**

## Eurosport 2

411 411 865 | 522 | 413 436

6.00 AM **Ski Jumping**
7.00 **Hall of Fame – Greatest Cyclists** Olympic cyclists.
8.00 **Cycling: Paris-Nice**
9.00 **Cycling: Women's Strade Bianche** Action from Siena, Italy.
10.00 **Ski Jumping**
11.00 **Cleveland Steelman Triathlon**
11.30 **Snooker: German Masters**
1.30 PM **Snooker 147s**
1.45 **World Superbikes**
2.50 **Ski Jumping** From Norway.
3.50 **LIVE Ski Jumping** From Lillehammer in Norway.
5.45 **Snooker 147s**
6.00 **Snooker: Welsh Open**
9.00 **Biathlon** From Slovenia.
10.00 **Alpine Skiing** From Germany.
11.00 **Ski Jumping** From Norway.
12.00 M'T **Alpine Skiing** From Norway.
1.05 AM **Biathlon**
1.45 **Volleyball: Time Out**
2.00 **Olympics: Hall of Fame**
3.00 **Masters Snooker**
5.00 **to 6.00** AM **Cycling: Paris-Nice**

## Sky Sports Arena

408 408 862 | 518 508

6.00 AM **Sporting Greats**
7.00 **Super League Gold**
8.00 **Betfred Super League**
8.30 **Sporting Greats**
9.00 **Sporting Records**
10.00 **Boxing Gold**
10.30 **Betfred Super League**
11.00 **Super League Gold**
12.00 NOON **Betfred Super League**
12.30 PM **Sporting Greats**
2.00 **NBA Classic Games**
4.30 **Netball Superleague**
6.30 **Betfred Super League**
7.00 **Super League Gold**
8.00 **NBA Classic Games: Lakers @ Knicks 2012**
9.00 **Betfred Super League**
9.30 **NBA GameTime**
10.00 **NBA Heatcheck**
11.00 **NBA: The Warm Up**
12.00 M'T **NBA Classic Games**
2.00 AM **Super League Gold**
3.00 **Sporting Records**
4.00 **Sporting Greats**
5.00 **to 6.00** AM **Sporting Records**

## Sky Sports F1

406 406 860 | 516 506

6.00 AM **The Home of F1**
11.00 **Formula 1** Another chance to see the 2019 Belgian Grand Prix.
1.05 PM **Formula 1** Highlights of the 2019 Belgian Grand Prix.
2.05 PM **Belgian F1 GP Best Bits**
2.35 **Ant in the Simulator**
3.00 **Formula 1** Another chance to see the 2019 Italian Grand Prix.
5.00 **Formula 1** Highlights of the 2019 Italian Grand Prix.
6.00 **Italian F1 GP Best Bits**
6.30 **Melbourne Seaplane Tour**
6.35 **Ant in the Simulator**
7.00 **F1 Classic Races** A look back at the 1985 Australian Grand Prix.
7.45 **F1 Classic Races** A look back at the 1987 Australian Grand Prix.
8.15 **Melbourne Seaplane Tour**
8.20 **Formula 1** Highlights of the 2019 Australian Grand Prix.
9.20 **Formula 1** A re-run of the 2019 Singapore Grand Prix.
12.00 M'T **Formula 1** Highlights of the 2019 Singapore Grand Prix.
1.00 **to 6.00** AM **The Home of F1**

# Wednesday 11 March Evening Planner



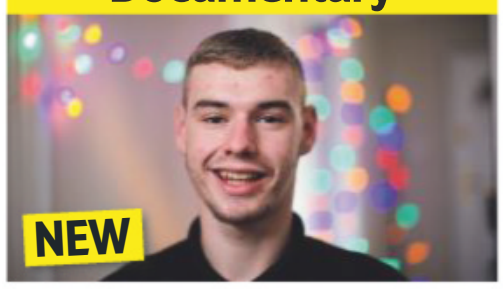
## Football

### Champions League
***BT Sport 2 HD, kick-off 8pm***
Liverpool host Atlético Madrid at Anfield in the round-of-16 second-leg tie, hoping to turn around their 1-0 defeat

## Documentary

### The Heat Is On: Sport Relief
***BBC1 HD, 8pm***
How a team of celebrities fared during their four-day desert triathlon in Namibia

## Documentary




### Child of Our Time: Turning 20
***BBC2 HD, 9pm***
Catching up with the now adults who have been filmed since their births in 2000

## Reality

### The Undateables
***C4 HD, 9pm***
A new group of people looking for love include a sports commentator with Asperger's who follows local football

| SKY EVENING TIME | 7.00PM | 7.30PM | 8.00PM | 8.30PM | 9.00PM | 9.30PM | 10.00PM | 10.30PM |
|---|---|---|---|---|---|---|---|---|
| **FAVOURITES** | | | | | | | | |
| 101 BBC1 | 7.00 The One Show | | 8.00 The Heat Is On: Sport Relief | | 9.00 MasterChef | | 10.00 News | 10.35 Eating... |
| 102 BBC2 | 7.00 The Andrew... | 7.30 Grand Tours of... | 8.00 Saving Lives at Sea | | 9.00 Child of Our Time: Turning 20 | | 10.00 Live at the... | 10.30 Newsnight |
| 103 ITV | 7.00 Emmerdale | 7.30 Coronation Street | 8.00 Harry... | 8.30 Coronation Street | 9.00 The Trouble with Maggie Cole | | 10.00 News; Local News | |
| 104 CHANNEL 4 | 7.00 News | | 8.00 Location, Location, Location | | 9.00 The Undateables | | 10.00 Home | 10.35 The Great... |
| 105 CHANNEL 5 | 7.00 Britain: A Year in the Wild | | 8.00 Recycling: Is it a Con? | | 9.00 Elizabeth I and II: Britain's Golden... | | 10.00 Guilty: Worst Crimes at the Old Bailey | |
| 106 SKY ONE | 7.00 The Simpsons | | | | 9.00 SEAL Team | | 10.00 Avenue 5 | 10.35 Intelligence |
| **ENTERTAINMENT** | | | | | | | | |
| 116 BBC4 | 7.00 Beyond 100 Days | 7.30 Handmade on... | 8.00 The Victorian House of Arts and Crafts | | 9.00 Bloody Queens: Elizabeth and Mary | | 10.00 Football: SheBelieves Cup – Live | |
| 118 ITV2 | 7.00 You've Been Framed! Gold | | 8.00 Two and a Half Men | | 9.00 Family Guy | | 10.00 Celebrity Juice | |
| 136 MORE4 | ◂ 6.55 Escape to the Chateau: DIY | | 8.00 Jon Snow's Very Hard Questions | | 9.00 The Great Pottery Throw Down: The... | | 10.00 Jon Snow's Very Hard Questions | |
| 135 E4 | 7.00 Hollyoaks | 7.30 Man with a Plan | 8.00 The Goldbergs | 8.30 Schooled | 9.00 Celebs Go Dating | | 10.00 Zoey's Extraordinary Playlist | |
| 107 SKY WITNESS | 7.00 Nothing to Declare | | 8.00 Ghost Whisperer | | 9.00 Criminal Minds | | 10.00 CSI | |
| 108 SKY ATLANTIC | 7.00 CSI | | 8.00 Blue Bloods | | 9.00 Empire Falls | | | |
| 110 GOLD | 7.00 Porridge | 7.40 Dad's Army | | | 9.00 Gavin & Stacey | 9.40 The Office | | 10.20 Sandylands |
| 111 DAVE | 7.00 Room 101 | | 8.20 Have I Got a Bit More News for You | | 9.20 QI | | 10.00 Hypothetical | |
| 119 ITV3 | 7.00 Agatha Christie's Poirot | | | | | | 10.00 Scott & Bailey | |
| 120 ITV4 | 7.00 Cycling: Paris-Nice Highlights | | 8.00 Junk and Disorderly | | 9.00 Film: Coogan's Bluff | | | |
| 112 COMEDY CENTRAL | 7.00 Friends | | | | 9.00 Film: xXx | | | |
| 114 SYFY | 7.00 Warehouse 13 | | 8.00 Merlin | | 9.00 Marvel's Runaways | | 10.00 Film: Armed Response | |
| 109 W | 7.00 Property Brothers: Forever Home | | 8.00 Sun, Sea and Brides to Be | | 9.00 Emma Willis: Delivering Babies | | 10.00 Finding Joy | 10.35 Inside the... |
| 113 SKY COMEDY | 7.00 Modern Family | 7.30 The Mindy Project | | | 9.00 The Righteous... | 9.40 Work in Progress | 10.15 Sex and the City | |
| 124 FOX | 7.00 NCIS | | | | | | | |
| 122 SKY ARTS | 7.00 Portrait Artist of the Year 2020 | | 8.00 Passions | | 9.00 Friedkin Uncut | | | |
| **DOCUMENTARY** | | | | | | | | |
| 125 DISCOVERY | 7.00 Outback Truckers | | 8.00 Mighty Ships | | 9.00 Richard Hammond's Big | | 10.00 Disasters Engineered | |
| 162 ANIMAL PLANET | 7.00 Animal Cops Detroit | | 8.00 Nature's Strangest Mysteries: Solved | | 9.00 Alaskan Bush People | | 10.00 Animal Cops San Francisco | |
| 129 NAT GEO | 7.00 Car S.O.S. | | 8.00 Brain Games | | 9.00 Car S.O.S | | 10.00 Ultimate Supercar | |
| 130 HISTORY | 7.00 American Pickers | | 8.00 The Railways That Built Britain with... | | 9.00 The Curse of Oak Island | | 10.00 Gold Hunters: The Legend of the... | |
| 155 YESTERDAY | 7.00 Abandoned Engineering | | 8.00 Impossible Engineering | | 9.00 Porridge | | | |
| 166 EDEN | 7.00 Life on Earth | | 8.00 Life in the Great Wetlands | | 9.00 Mountain Gorilla | | 10.00 Ganges | |
| **FILMS - Sky Cinema** | | | | | | | | |
| 301 PREMIERE | ◂ 6.00 The Art of Self-Defense | | 8.00 Brightburn | | | 9.45 Cold Blood Legacy | | |
| 303 HITS | ◂ 5.35 Star Wars: Episode III – Revenge of... | | 8.00 Aladdin | | | | 10.10 Greta | |
| 304 GREATS | 7.00 Twins | | | | 9.00 Sleepers | | | |
| 305 DISNEY | ◂ 6.30 The Little Mermaid | | 8.00 Ralph Breaks the Internet | | | | 10.00 101 Dalmatians | |
| 306 FAMILY | ◂ 6.10 The Lego Movie 2: The Second Part | | 8.00 Teen Titans Go! To the Movies | | | 9.30 Star Wars: The Clone Wars | | |
| 311 ACTION | ◂ 5.20 The Lone Ranger | | 8.00 Mortal Engines | | | | 10.15 War of the Worlds | |
| 308 COMEDY | ◂ 6.00 Forgetting Sarah Marshall | | 8.00 Night School | | | | 10.00 Life of the Party | |
| 309 THRILLER | 7.00 White Boy Rick | | | | 9.00 Hotel Mumbai | | | |
| 310 DRAMA | ◂ 6.15 The Old Man & the Gun | | 8.00 JT LeRoy | | | | 10.00 Cruise | |
| 307 MONSTERS | ◂ 6.00 Slaughterhouse Rulez | | 8.00 Jurassic World: Fallen Kingdom | | | | 10.15 John Carter | |
| 302 SUPERHERO | 7.00 Batman v Superman: Dawn of Justice | | | | | 9.35 Ant-Man and the Wasp | | |
| 313 FILM4 | ◂ 6.55 Keeping Up With the Joneses | | | | 9.00 Little Fockers | | | |
| 315 TCM MOVIES | ◂ 5.35 The Lone... | 7.25 Rope | | | 9.00 Magnum Force | | | |
| **SPORT** | | | | | | | | |
| 401 MAIN EVENT | ◂ 1.00 The Players Championship – Live: Build up to this year's Championship | | | | 9.00 Sky Sports Tonight | | 10.00 The Debate | |
| 402 PREMIER LEAGUE | 7.00 PL World | 7.30 The Tyler... | 8.00 Gary Neville's Soccerbox | | 9.00 PL World | 9.30 The Tyler... | 10.00 The Debate | |
| 403 FOOTBALL | 7.00 MLS Round-Up... | 7.30 EFL Goals... | 8.00 EFL Highlights | 8.30 EFL Championship Highlights | | | 10.00 SPFL Highlights | 10.30 EFL Greatest... |
| 404 CRICKET | ◂ 6.00 Women's ICC World T20 Cricket | | | | | | 10.00 Winning Over The World | |
| 413 BT SPORT 1 | ◂ 5.30 Bundesliga... | 7.30 PL World | 8.00 MotoGP Highlights | | 9.00 Rugby Tonight... | 9.30 Badminton... | 10.00 WWE NXT UK | |
| 414 BT SPORT 2 | 7.00 UEFA Champions League – Live: Liverpool v Atletico Madrid: From Anfield (Kick-off 8.00) | | | | | | | 10.30 UEFA... |

◂ Denotes programmes starting before 7.00pm  † Regions vary

# WEDNESDAY

SAVE UP TO 36%
SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Subscribe online www.tvandsatsubs.com/61AU
OR CALL 03303331113 and quote code 61AU
*Your payments will then continue at £19.99 payable every three months, saving 36%

Wednesday

## BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

**6.00** AM **Breakfast** (S)
**9.15** **Crimewatch Roadshow Live** New edition 3/15. Recent flooding. (S)
**10.00** **Homes Under the Hammer** (S)(R)
**11.00** **Dom Does America** (S)(R)(AD)
**11.45** **Saved on Camera** New edition (S)
**12.15** PM **Bargain Hunt** (S)(R)(AD)
**1.00** **BBC News** (S)
**1.30** **Local News** (S)
**1.45** **Doctors** (S)(AD)
**2.15** **Five Bedrooms** New episode *Twenty Guests:* 2/8. (S1) (S)(AD)
**3.00** **Escape to the Country** New edition From East Devon. (S)(AD)
**3.45** **Money for Nothing** New edition A recycling centre in Altrincham. (S)
**4.30** **Ready Steady Cook** New edition
**5.15** **Pointless** Quiz show. (S)(R)
**6.00** **BBC News** (S)
**6.30** **Local News** (S)
**6.55** **Party Political Broadcast** (S)

**9.00** MasterChef

**7 PM**

**7.00** **The One Show** Magazine show, with stories of interest from around the UK, plus celebrity guests in the studio. Presented by Alex Jones and Matt Baker. (S)

**8 PM**

**8.00** NEW **The Heat Is On: Sport Relief** Celebrities including Frankie Bridge, Nick Grimshaw, Karim Zeroual, Rob Rinder and Louise Minchin attempt to cross the world's oldest desert in Namibia. *See feature, page 8.* (S)

**9 PM**

**9.00** **MasterChef** New edition 8/24. Another group of six amateur cooks prepare their signature dishes for John Torode and Gregg Wallace, hoping to secure their place in the next stage. (S)(AD)
■ Continues tomorrow

**10 PM**

**10.00** **BBC News** (S)
**10.25** **Local News** (S)
**10.35** **Eating with My Ex** New edition Tion wants to find out if she still has a future with Aaliyah, and Ryan hopes to win Faye back. (S)
**11.05** **Eating with My Ex** New edition Shell tries to prove to Laura that she is sorry for cheating on her. (S)
**11.25** **Killing Eve** *I Have a Thing About Bathrooms:* 5/8. In an MI5 safe house, Eve questions the mole about Villanelle. (S)(R)(AD)
**12.05** AM *Take Me to the Hole!* 6/8. Villanelle is smuggled into a Russian jail to tie up one of her own loose ends. (S1) (S)(R)(AD)
**12.50** **Weather for the Week Ahead** (S)
**12.55** **to 6.00** AM **BBC News** (S)

## BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

**6.30** AM **Money for Nothing** (S)(R)
**7.15** **Ready Steady Cook** (S)(R)
**8.00** **Sign Zone: Great British Railway Journeys** (S)(R)(AD)
**8.30** **Sign Zone: Yorkshire Walks** (S)(R)
**9.00** **BBC News** (S)
**10.00** **Victoria Derbyshire** (S)
**11.00** **BBC Newsroom Live** (S)
**11.15** **Politics Live: Budget 2020** Chancellor Rishi Sunak's 2020 Budget Statement. (S)
**3.00** PM **Red Rock** (S)(R)(AD)
**3.45** **The Great Interior Design Challenge** In Walthamstow. (S)(R)
**4.45** **Portillo's State Secrets** (S)(R)(AD)
**5.15** **Flog It!** From Huddersfield. (S)(R)
**6.00** **Richard Osman's House of Games** New edition (S)
**6.30** **Great British Railway Journeys** 13/15. Michael Portillo reaches South Kensington. (S)(R)(AD)

**9.00** Child of Our Time: Turning 20

**7 PM**

**7.00** **The Andrew Neil Show** Interviews, discussion and analysis from Westminster. (S)
**7.30** **Grand Tours of Scotland's Lochs** New edition 2/6. The firths of Easter Ross and Sutherland. (S)

**8 PM**

**8.00** **Saving Lives at Sea** 5/10. A crew of RNLI volunteers in Newquay race to the rescue of a diver found unconscious 30m underwater, a yacht starts to sink in the Strait of Dover, and a windsurfer is caught in a storm. (S)(R)(AD)

**9 PM**

**9.00** NEW **Child of Our Time: Turning 20** Catching up with three children from the groundbreaking 1999 documentary, *Child of Our Time*, exploring their childhood as the first generation of 21st century Britain. (S)(AD)

**10 PM**

**10.00** **Live at the Apollo** Josh Widdicombe introduces stand-up sets by Nathan Caton and Celia Pacquola. (S)(R)
**10.30** **Newsnight** (S)
**11.10** **Weather** (S)
**11.15** **Dragons' Den** 9/14. Hopefuls include a beauty entrepreneur and low-alcohol brewers. (S)(R)(AD)
**12.15** AM **Sign Zone: Universal Credit: Inside the Welfare State** 3/3. In Bolton, a waitress struggles with universal credit and zero-hour contracts. (S)(R)
**1.15** **Sign Zone: Hospital** 2/8. A 15-strong team try to save a man who has been stabbed. (S)(R)
**2.15** **to 6.30** AM **Previews** (S)

## ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

**6.00** AM **Good Morning Britain** (S)
**9.00** **Lorraine** (S)
**10.00** **This Morning** (S)
**12.00** NOON **ITV News Special: The Chancellor's Budget** Coverage of Chancellor Rishi Sunak's 2020 Budget Statement. (S)
**1.50** PM **Local News** (S)
**2.00** LIVE **ITV Racing: Cheltenham Festival** Ed Chamberlin and Francesca Cumani present coverage of day two. (S)
**4.30** **Tipping Point: Best Ever Finals** Compilation of some of the most dramatic endgames from the arcade-themed quiz show. (S)(R)
**5.00** **The Chase** Quiz show. (S)(R)
**6.00** **Local News** (S)
**6.25** **Party Political Broadcast** By the Liberal Democrats. (S)
**6.30** **ITV News** (S)

**9.00** The Trouble with Maggie Cole

**7 PM**

**7.00** **Emmerdale** Cain faces up to Malone and soon realises he is not to be messed with. (S)(AD)
**7.30** **Coronation Street** Ali assures Ryan that someone spiked his drink. (S)(AD)

**8 PM**

**8.00** **Harry Redknapp's Sandbanks Summer** Series finale 4/4. With Jamie Redknapp. (S)(AD)
**8.30** **Coronation Street** Nina wonders if Roy's ashamed to be seen with her. (S)(AD)

**9 PM**

**9.00** **The Trouble with Maggie Cole** New episode 2/6. The radio interview has gone viral and the village is left reeling from the revelations. Meanwhile, Jill bonds with Marcus and Roxanna. (S1) (S)(AD)

**10 PM**

**10.00** **ITV News** (S)
**10.30** **Local News** (S)
**10.45** **Peston** Political magazine show hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)
**11.45** **Tenable** Five contestants from Yorkshire answer questions about top 10 lists. (S)(R)
**12.45** AM **Ideal World**
**3.00** **Broadchurch** 3/8. Hardy and Ellie appeal to Trish to be more open with them. (S3) (S)(SL)(R)(AD)
**3.50** **Nightscreen**
**5.05** **to 6.00** AM **Judge Rinder** Criminal barrister Robert Rinder takes on real-life cases in a studio courtroom. (S)(SL)(R)

+1 hour 203 | 114 | 33 | 112

## CHANNEL 4

104 104/138 804 | 104 104/141 | 4 104 | 104

**6.30** AM **Cheers** 3&4/22. (S2) (S)(R)
**7.20** **The King of Queens** (S)(R)(AD)
**8.10** **Everybody Loves Raymond** (S)(R)
**9.10** **Frasier** 8&9/24. (S4) (S)(R)(AD)
**10.10** **Undercover Boss Canada** (S)(R)
**11.05** **Ramsay's Kitchen Nightmares USA** From Miami, Florida. (S)(R)
**12.00** NOON **News** (S)
**12.05** PM **Come Dine with Me** (S)(R)
**1.05** **Posh Pawnbrokers** (S)(R)
**2.10** **Countdown** New edition (S)
**3.00** **A Place in the Sun** (S)(R)
**4.00** **A New Life in the Sun: Where Are They Now?** (S)(R)
**5.00** **Four in a Bed** New edition The group head to No. 16 in Seaham, Co Durham. (S)
**5.30** **Come Dine with Me** New edition The third night in Edinburgh. (S)
**6.00** **The Simpsons** (S)(R)(AD)
**6.30** **Hollyoaks** (S)(AD)

**10.00** Home

**7 PM**

**7.00** **News** (S)

**8 PM**

**8.00** NEW SERIES **Location, Location, Location** Kirstie Allsopp and Phil Spencer go house-hunting to help a family and a pair of first-time buyers navigate the property market in Bristol. (S)

**9 PM**

**9.00** NEW SERIES **The Undateables** 1/5. The series following extraordinary singletons as they search for romance returns. Nicholas, who has Asperger's, longs to find a partner to share his life with. (S)(AD)

**10 PM**

**10.00** **Home** Series finale 6/6. The family try to find Sami. (S2) (S)(AD)
**10.35** **The Great Celebrity Bake Off for Stand Up to Cancer** 1/5. Louis Theroux, Russell Howard, Jenny Eclair and Ovie Soko take part. (S)(R)(AD)
**11.50** **Gogglebox** (S)(R)(AD)
**12.50** AM **The Windsors** 3/6. Charles puts his political beliefs to the test. (S3) (S)(SL)(R)(AD)
**1.20** **Ramsay's Kitchen Nightmares USA** From Hollywood. (S)(R)
**2.10** **Come Dine with Me** (S)(R)
**3.05** **My Family and the Galapagos** 3/4. An injured sea lion. (S)(R)(AD)
**4.00** **Grand Designs** (S)(R)(AD)
**4.55** **Location, Location, Location** (S)(R)
**5.50** **to 6.30** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 15 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

## CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

**6.00** AM **Milkshake!**
**9.15** **Jeremy Vine** (S)
**11.15** **Nightmare Tenants, Slum Landlords** (S)(R)
**12.10** PM **News** (S)
**12.15** **Parking Hell: At War with the Law** Documentary. (S)(R)
**1.10** **Access** Showbiz news. (S)
**1.15** **Home and Away** (S)(AD)
**1.45** **Neighbours** (S)(AD)
**2.15** FILM PREMIERE **Killing Your Daughter** Thriller. (S) (2019, PG 105min) ★★
**4.00** **Friends** 6&7/24. (S4) (S)(R)
**5.00** **News** (S)
**5.30** **Neighbours** Finn goes to confront his father. (S)(R)(AD)
**6.00** **Home and Away** Alf suggests a vigil to let the community pay their respects. (S)(R)(AD)
**6.30** **News** (S)

**8.00** Recycling: Is It a Con?

**7.00** **Britain: A Year in the Wild** New edition Following barn owls as they hunt for small mammals throughout the British countryside, and a heath potter wasp builds an intricate clay pot. (S)

**8.00** NEW **Recycling: Is it a Con?** Paul Connolly and Jean Johansson investigate whether councils and the big-name supermarkets are as environmentally friendly as they claim. (S)

**9.00** **Elizabeth I & II: Two Queens, Two Enemies** Series finale 2/2. Examining the importance of two women who entered the two monarchs' lives – Mary, Queen of Scots and Diana, Princess of Wales. (S)

**10.00** **Guilty: Worst Crimes at the Old Bailey** Examining the most famous criminal court in the land and some of the cases that have been tried there, including Dr Crippen and John Christie. (S)(R)

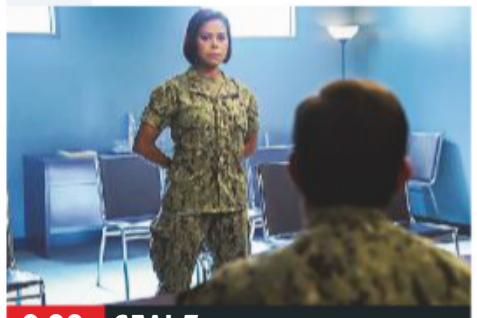
**11.05** **Ian Huntley: Soham Murders Revisited** A look back at the tragic murders. (S)(R)
**12.30** AM **Traffic Cops** (S)(R)
**1.20** **21.co.uk Live Casino Show** (S)
**3.15** **Our Dream Hotel** (S)(R)
**4.00** **Tribal Teens – Here Comes Trouble** (S)(SL)(R)
**4.45** **House Doctor** (S)(SL)(R)
**5.10** **Great Scientists** (S)(SL)(R)
**5.35** **to 6.00** AM **Wildlife SOS** (SL)(R)

+1 hour 205 | 155 | 44 | 128

## SKY ONE

106 106 806 | 110 109

**6.00** AM **Monkey Life** (S)(R)
**7.00** **RSPCA Animal Rescue** (S)(R)
**8.00** **The Dog Whisperer** (R)
**9.00** **Stop, Search, Seize** (S)(R)(AD)
**10.00** **Highway Patrol** (S)(R)(AD)
**11.00** **NCIS: Los Angeles** (S6) (S)(R)
**1.00** PM **Hawaii Five-0** (S2) (S)(R)
**3.00** **MacGyver** 13/23. (S2) (S)(R)
**4.00** **Modern Family** (S10) (S)(R)
**5.00** **The Simpsons** *Goo Goo Gai Pan:* Selma flies to China to adopt a baby. (S)(R)
**5.30** **Futurama** *Bender Should Not Be Allowed on TV:* Bender finds fame on a TV show. (S)(R)
**6.00** *The Devil's Hands Are Idle Playthings:* Fry makes a deal with the Robot Devil. (S)(R)
**6.30** **The Simpsons** *A Star Is Torn:* Lisa enters a singing competition. (S)(R)



**9.00** SEAL Team

**7.00** **The Simpsons** *Thank God It's Doomsday:* Homer fears the end of the world is imminent. (S)(R)
**7.30** *Home Away from Homer:* Flanders takes in a pair of female lodgers. With Jason Bateman. (S)(R)

**8.00** **The Simpsons** *The Father, the Son and the Holy Guest Star:* Bart becomes a Catholic. (S)(R)
**8.30** *Bonfire of the Manatees:* Marge begins a new life protecting endangered creatures. (S)(R)

**9.00** **SEAL Team** New episode *Unbecoming an Officer:* 10/22. Jason is thrown back into the deep end as he leads his first mission since surgery, while Ensign Davis' career runs into trouble. (S3) (S)

**10.00** **Avenue 5** New episode 8/9. The passengers start to suspect all is not as it seems. (S1)
**10.35** **Intelligence** 5/6. Jerry makes a confession. (S1) (R)

**11.05** **Intelligence** 6/6. The truth about Jerry's NSA past comes out, leading to Joseph and the team staging a wedding. (S1) (R)
**11.35** **Caught on Dashcam** (R)
**12.35** AM **The Heist** 5/8. (R)
**1.35** **Road Wars** (S)(R)
**2.00** **The Real A&E** (S)(R)(AD)
**3.00** **The Force: Manchester** (S)(R)
**4.00** **Stop, Search, Seize** (S)(R)(AD)
**5.00** **to 6.00** AM **Futurama** (S)(R)

+1 hour 206

## LOCAL VARIATIONS

### BBC1

**SCOTLAND**
Sky **951**, Virgin **862**, Freesat **960**
**12.50am** Debate Night (S)(R) **1.50** The Edit (S)(R) **2.05** Weather for the Week Ahead (S) **2.10-6.00am** BBC News (S)

**N. IRELAND**
Sky **953**, Virgin **863**, Freesat **957**
**10.35pm** The Top Table New edition (S) **11.35** Eating with My Ex New edition (S) **12.05am** Eating with My Ex New edition (S) **12.25** Killing Eve (S)(R)(AD) **1.10** Killing Eve (S)(R)(AD) **1.50-6.00am** BBC News (S)

**WALES**
Sky **952**, Virgin **864**, Freesat **964**
**10.30pm** BBC Wales Live New edition (S) **11.00** Weather (S) **11.05** Eating with My Ex New edition (S) **11.35** Eating with My Ex New edition (S) **11.55** Killing Eve (S)(R)(AD) **12.35am** Killing Eve (S)(R)(AD) **1.20-6.00am** BBC News (S)

### BBC2

**N. IRELAND**
Sky **972**, Freesat **969**
**10.00-10.30pm** Spotlight (S)(R)

**WALES**
Sky **971**, Freesat **971**
**10.00-10.30pm** Young, Welsh and Pretty Minted (S)(R)

### ITV

No variations

### S4C

Sky **134**, Virgin **166**, Freesat **120**
**6.00am** Cyw **11.00** Dysgu Gyda Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Ceffylau Cymru **12.30** Heno **1.00** Llwybrau'r Eirth **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Noson Lawen **4.00** Awr Fawr **5.00** Stwnsh **6.00** Adre **6.30** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm (AD) **8.55** Newyddion S4C a'r Tywydd **9.00** Ysgol Ni: Maesincla New edition **10.00** Mwy o Sgorio New edition **10.30-11.35pm** Priodas Pum Mil

TV&Satellite week
More channels than any other TV magazine

## BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

**7.00** PM **Beyond 100 Days** Followed by **Weather**
**7.30** **Handmade on the Silk Road** 1/3. Traditional crafts along the ancient trade route of the Silk Road.
**8.00** **The Victorian House of Arts and Crafts** 2/4. Modern crafters tackle a Victorian double bed.
**9.00** **Bloody Queens: Elizabeth and Mary** A dramatisation of the letters between Mary, Queen of Scots and Elizabeth I.
**10.00** LIVE **Football: SheBelieves Cup** England Women v Spain Women: At Toyota Stadium in Frisco, Texas. Kick-off is at 10.15.

**12.30** AM **Blood and Gold: The Making of Spain with Simon Sebag Montefiore**
**1.30** **Treasures of Ancient Greece** 3/3. The West's love affair with Greek art.
**2.30** **Anni Albers: A Life in Thread** Textiles in art.
**3.00** **to 4.00** AM **The Victorian House of Arts and Crafts**

## MORE4

136 136 830 | 147 195 | 18 | 124

**8.55** AM **Kirstie's Handmade Treasures** Making pork pies.
**9.15** **A Place in the Sun: Winter Sun** On Ibiza.
**10.05** **A Place in the Sun: Summer Sun** On Naxos.
**11.05** **Find It, Fix It, Flog It**
**1.15** PM **Escape to the Chateau: DIY**
**2.20** **Four in a Bed** Five editions.
**4.55** **Secret Life of the Zoo**
**5.55** **Car S.O.S**

**6.55** **Escape to the Chateau: DIY** Tim and Rebecca prepare for the arrival of their first guests.
**8.00** **Jon Snow's Very Hard Questions** New edition No De Cologne and Guns N' Hoses go head-to-head.
**9.00** **The Great Pottery Throw Down: The Final** Series finale 10/10. The three finalists face their toughest challenges so far, including making a tea set inspired by the Mad Hatter's Tea Party.
**10.00** **Jon Snow's Very Hard Questions** New edition Knowledge Is Power and We Three Kings go head-to-head on the quiz show.

**11.00** **24 Hours in A&E**
**12.00** M'T **8 Out of 10 Cats Does Countdown** With Claudia Winkleman.
**1.05** AM **The Great Pottery Throw Down: The Final**
**2.05** **24 Hours in A&E**
**3.10** **to 3.40** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

## ITV2

118 118 816 | 115 176 | 6 | 113

**7.00** AM **Ellen DeGeneres Show**
**7.50** **Emmerdale**
**8.20** **You've Been Framed!**
**9.20** **Superstore**
**10.15** **Dinner Date**
**11.15** **Dress to Impress**
**12.15** PM **Emmerdale**
**12.45** **You've Been Framed!**
**1.50** **The Ellen DeGeneres Show** New edition
**2.45** **Dinner Date**
**3.50** **Dress to Impress**
**4.55** **Take Me Out**
**6.00** **You've Been Framed!**

**7.00** **You've Been Framed! Gold** Double bill of clips.
**8.00** **Two and a Half Men** (S11)
**9.00** **Family Guy** *Call Girl:* 14/22. Lois lands a job working on an adult chat line. **9.30** *Ratings Guy:* 2/22. The Griffins are invited to have their TV viewing habits monitored. (S11)
**10.00** **Celebrity Juice** With Stacey Solomon, Kate Nash, Laurence Fox, Maverick Sabre and Chris Ramsey.
**10.50** **Family Guy** *Turban Cowboy:* 15/22. Joe and Quagmire become suspicious of Peter's new friend Mahmoud. (S11)
**11.20** **American Dad!** Double bill.
**12.15** AM **Two and a Half Men**
**1.10** **Timewasters**
**2.10** **CelebAbility**
**2.55** **to 3.20** AM **Totally Bonkers Guinness World Records**

+1 hour 218 | 116 | 27 | 114

## E4

135 135 829 | 106 145 | 13 | 122

**6.00** AM **Hollyoaks**
**7.00** **How I Met Your Mother**
**8.00** **Baby Daddy**
**9.00** **Mike & Molly**
**10.00** **The Big Bang Theory**
**11.00** **The Goldbergs**
**12.00** NOON **Brooklyn Nine-Nine**
**1.00** PM **The Big Bang Theory**
**2.00** **Baby Daddy**
**3.00** **Mike & Molly**
**4.00** **The Goldbergs**
**5.00** **Brooklyn Nine-Nine**
**6.00** **The Big Bang Theory**

**7.00** **Hollyoaks**
**7.30** **Man with a Plan** New episode 17/22. (S1)
**8.00** **The Goldbergs** New episode 4/22. (S7)
**8.30** **Schooled** New episode 4/22. CB hopes to get in some quality time with Lainey on a ski trip. (S2)
**9.00** **Celebs Go Dating** New edition 14/20. (S8)
**10.00** **Zoey's Extraordinary Playlist** New episode *Zoey's Extraordinary Best Friend:* 2/12. Zoey tests her new-found abilities. (S1)
**11.05** **The Big Bang Theory**
**12.05** AM **Brooklyn Nine-Nine**
**1.05** **Celebs Go Dating**
**2.10** **First Dates Hotel**
**3.05** **Zoey's Extraordinary Playlist** As 10.00pm.
**4.00** **The Goldbergs**
**4.25** **Schooled**
**4.50** **to 6.00** AM **The Big Bang Theory**

+1 hour 235 | 146 | 28 | 123

# WEDNESDAY Entertainment

Wednesday

## Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **The Real A&E**
9.00 **Blue Bloods** 13/22. (S7)
10.00 **Criminal Minds** 9/22. (S12)
11.00 **CSI** 19/24. (S6)
12.00 NOON **Elementary** (S6)
1.00 PM **Blue Bloods** 14/22. (S7)
2.00 **Law & Order: Special Victims Unit** 17/24. A child is discovered in the boot of an abandoned car. (S20)
3.00 **The Real A&E**
4.00 **Stop, Search, Seize**
5.00 **Nothing to Declare**

10.00 CSI

**7 PM** — 7.00 **Nothing to Declare** Double bill of the documentary series following Australia's customs officers at work.

**8 PM** — 8.00 **Ghost Whisperer** *Déjà Boo:* 13/22. A spirit with multiple personalities is trying to prevent the birth of a child. (S2)

**9 PM** — 9.00 **Criminal Minds** *To Hell – and Back – Part Two:* 26/26. Horrific discoveries await as the team pursue the killer. (S4)

**10 PM** — 10.00 **CSI** *All for Our Country:* 2/23. Grissom suspects a cop has delivered his own retribution in the case of a serial-killing couple. (S4)

11.00 **Law & Order: SVU** (S16)
12.00 M'T **CSI** 23/24. (S6)
1.00 AM **The Rookie** 8/20. (S2)
2.00 **Blue Bloods** 15/22. (S7)
3.00 **Ghost Whisperer** (S2)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 180

## Sky Atlantic

108 108 808

6.00 AM **The Guest Wing**
7.00 **Without a Trace** (S3)
10.00 **The West Wing** (S3)
12.00 NOON **Blue Bloods** (S2)
1.00 PM **CSI** 6/24. (S6)
2.00 **The West Wing** (S3)
4.00 **Without a Trace** 2/24. The team investigate the disappearance of a teenager. **5.00** 3/24. Elena Delgado encounters helps search for a missing 20-year-old. **6.00** 4/24. A missing student's backpack turns up at a second-hand shop. (S4)

9.00 Empire Falls

7.00 **CSI** *A Bullet Runs Through It – Part One:* 7/24. A shootout leaves four people dead, including a cop. (S6)

8.00 **Blue Bloods** *Leap of Faith:* 13/22. Danny and Jackie investigate the death of a wealthy woman. (S2)

9.00 **NEW TO SKY ATLANTIC** **Empire Falls** 1/2. Award-winning drama about a group of New England residents linked by ghosts from their pasts. Stars Ed Harris and Philip Seymour Hoffman. *Previously available on Sky Box Sets.* (S1)

11.05 **The End** 5/10. A difficult decision unexpectedly gives Edie a new lease of life. (S1)
11.40 **John Adams** 7/7. The elderly John writes his memoirs. (S1)
1.00 AM **Oz** 3&4/8. (S5)
3.25 **Without a Trace**
4.15 **to 6.00** AM **The West Wing**

+1 hour 208

## GOLD

110 110 810 124 310 392

7.20 AM **The Piglet Files**
7.45 **As Time Goes By**
8.20 **The Good Life**
9.00 **Porridge**
9.40 **Hi-de-Hi!**
10.20 **Last of the Summer Wine**
12.20 PM **Keeping Up Appearances**
1.00 **Porridge**
1.40 **Hi-de-Hi!**
2.20 **The Good Life**
3.00 **Keeping Up Appearances**
3.40 **Dad's Army**
4.20 **Last of the Summer Wine**
6.20 **The Good Life**

9.40 The Office

7.00 **Porridge** Fletcher thinks Godber would be better off cheating if he wants to pass another O-level.
7.40 **Dad's Army** Godfrey learns his cottage is scheduled for demolition. **8.20** Mainwaring and the platoon try to capture three German airmen.

9.00 **Gavin & Stacey** The couple announce their engagement.
9.40 **The Office** The new staff members arrive in Slough for their first day following the merger.
10.20 **Sandylands** 3/3. Les plots his escape from Sandylands. (S1)

11.00 **Peep Show** Double bill of the offbeat comedy series.
12.00 M'T **Gavin & Stacey**
12.40 AM **The Office** As 9.40pm.
1.20 **Peep Show**
2.20 **The Rebel**
2.55 **to 4.00** AM **Lenny Henry's Race Through Comedy**

+1 hour 210 194

## ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
6.55 **Classic Emmerdale**
7.55 **Heartbeat**
8.55 **Man About the House**
10.00 **That's My Boy**
10.30 **Agatha Christie's Marple**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Midsomer Murders**
5.55 **Heartbeat** *The Medium Is the Message:* Reverend Jacob Thwaite returns home to find his wife has been murdered.

11.05 A Touch of Frost

7.00 **Agatha Christie's Poirot** *The Cornish Mystery:* A dentist's wife believes her husband has made plans to poison her.

8.00 **Agatha Christie's Poirot** *Five Little Pigs:* A young woman asks Poirot to investigate her father's murder – a 14-year-old crime for which her mother was found guilty and executed.

10.00 **Scott & Bailey** 7/8. Andy punishes Janet by keeping her out of an investigation into a gangland killing. (S2)

11.05 **A Touch of Frost** *Stranger in the House:* A rapist arouses Frost's righteous indignation and prompts him to take the most desperate professional gamble of his career by using PC Hazel Wallace as bait.
1.20 **to 3.10** AM **A Touch of Frost**

+1 hour 219 174 34 116

## ITV4

120 120 818 118 178 24 117

6.00 AM **Highlights**
6.35 **Quincy ME**
7.25 **Kojak**
8.20 **The Saint**
9.30 **ITV Racing: Opening Show**
10.30 **Minder**
11.35 **The Professionals**
12.35 PM **Football's Greatest**
1.00 **LIVE ITV Racing: Cheltenham Festival** Day two.
2.05 **River Monsters**
2.40 **Kojak**
3.45 **The Saint**
4.50 **Minder**
5.55 **The Professionals**

9.00 Coogan's Bluff

7.00 **Cycling: Paris-Nice Highlights** Gary Imlach presents action from stage four, a 15.1 km individual time-trial.

8.00 **Junk and Disorderly** Henry Cole and Sam Lovegrove experience mixed results at the Stafford Show.

9.00 **FILM Coogan's Bluff** Thriller starring Clint Eastwood as an Arizona cop on the trail of an escaped killer in New York. With Susan Clark and Don Stroud. (1968, 15, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **FILM Magnum Force** Thriller sequel to *Dirty Harry*, starring Clint Eastwood. Inspector Harry Callahan investigates a wave of underworld killings in San Francisco. With David Soul. (1973, 18, 117min) ★★★★
1.40 **to 2.40** AM **The Americans**

+1 hour 220 175 154

## BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.00 NOON **to 7.00** PM **As BBC2 except:**
2.30 PM **Politics Scotland**
7.00 PM **Growing Up in Scotland: A Century of Childhood** Documentary exploring the past 100 years of Scottish childhood, beginning with a look at education.
8.00 **Corner Shop Cook-Off** New edition Chef Gary Maclean goes up against Fife chef Jamie Scott, as they compete to make the best three-course meal for £15 with food from a corner shop.
9.00 **The Nine**
10.00 **Bob Servant Independent** 2/6. Nick Edwards arrives in town, but Bob is determined to derail him. (S1)
10.30 **Debate Night**
11.30 **The Edit**
11.45 PM **to 12.00** M'T **Rewind 1990s**

## Sky Two

168 160

7.00 AM **60 Minute Makeover**
9.00 **Ninja Warrior Women Tournament**
9.30 **Ninja Warrior**
10.00 **My Kitchen Rules: South Africa**
12.00 NOON **The Dog Whisperer**
2.00 PM **House Hunters International**
3.00 **Wild Vets**
4.00 **Haven** 8/13. (S1)
5.00 **Relic Hunter** 3/22. (S2)
6.00 **Stargate SG-1** (S7)
8.00 **Road Wars**
9.00 **Continuum** *Second Degree:* 7/13. Kiera and Carlos race to thwart a Liber8 plot. (S2)
10.00 **Continuum** 8/13. (S2)
11.00 **SEAL Team** (S3)
12.00 M'T **Avenue 5** 8/9. (S1)
12.35 AM **Highway Cops**
3.00 **Duck Quacks Don't Echo** With Davina McCall.
4.00 **Wild Vets**
5.00 **to 6.00** AM **The Dog Whisperer**

## Pick

152 165 11 144

7.00 AM **Motorway Patrol**
8.00 **Police Force: Australia**
9.00 **Nothing to Declare**
10.00 **Border Security: Canada's Front Line**
11.00 **Road Wars**
11.30 **Caught Red Handed**
1.00 PM **Police Force: Aus**
2.00 **Border Patrol**
3.00 **Nothing to Declare**
4.00 **Border Security: Canada's Front Line**
5.00 **Stargate SG-1** (S1)
6.00 **Star Trek: The Next Generation** 17/22. (S2)
7.00 **Hawaii Five-0** (S6)
8.00 **Elementary** 8/24. (S5)
9.00 **Instinct** 10/13. (S1)
10.00 **Air Ambulance ER**
11.00 **The Force: Essex**
12.00 M'T **Banged Up Abroad**
1.00 AM **Road Wars**
2.00 **Nothing to Declare**
3.00 **Stop, Search, Seize**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Highway Patrol**

+1 hour 252 92 145

## Dave

111 111 127 227 19 157 19

7.10 AM **Eat Your Heart Out with Nick Helm**
8.00 **American Pickers**
9.00 **Storage Hunters**
10.00 **American Pickers**
12.00 NOON **Timber Kings**
1.00 PM **Top Gear**
2.00 **Cop Car Workshop**
3.00 **Scrapyard Supercar**
4.00 **Top Gear**
6.00 **Taskmaster**
7.00 **Room 101**
8.20 **Have I Got a Bit More News for You**
9.20 **QI** With Johnny Vegas.
10.00 **Hypothetical** New edition With Stephen Mangan, Tessa Coates and Charlie Brooker.
11.00 **Dara O Briain's Go 8 Bit**
12.00 M'T **Taskmaster**
1.00 AM **Have I Got a Bit More News for You**
2.00 **QI** As 9.20pm.
2.40 **Go 8 Bit: DLC**
3.30 **to 4.00** AM **The Indestructibles**

+1 hour 211 131 79

## Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Office (US)**
9.00 **Fresh Prince of Bel Air**
11.00 **Friends**
3.00 PM **Last Man Standing**
4.00 **Two and a Half Men**
5.00 **Friends** Eight episodes, including at: **7.30** 4/25. Phoebe is an unpopular choice as Joey's agent. (S3) **8.00** 5/25. Actor Isabella Rossellini drops into Central Perk. **8.30** 6/25. The pals reveal their deepest, darkest secrets. (S3)
9.00 **FILM xXx** Espionage action thriller. (2002, 12, 124min) ★★
11.30 **FILM Mean Machine** Sports drama. (2001, 15, 99min) ★★
1.30 AM **The Daily Show** New edition Talk show.
2.00 **South Park** (S17&18)
3.25 **Last Man Standing** (S1)
4.15 **to 5.00** AM **Two and a Half Men**

+1 hour 212 133

## ITV Be

131 119 179 26 118

7.00 AM **Bachelor in Paradise**
8.45 **Be Beautiful**
9.00 **LittleBe**
12.00 NOON **Income Property**
12.25 PM **Real Housewives of Beverly Hills**
1.20 **Absolutely Ascot**
2.20 **Million Dollar Listing: NYC** New edition
3.15 **The Real Housewives of New York City**
4.10 **The Real Housewives of Dallas** Double bill.
6.00 **Masters of Flip**
7.00 **Buying and Selling**
8.00 **Dinner Date** Jamie from St Helens looks for love.
9.00 **Sam and Billie Faiers: The Mummy Diaries** New edition
10.00 **Growing Up Chrisley** New editions Double bill of the series.
11.00 **Singletown** The residents of both apartments hit the town.
12.05 **to 12.50** AM **The Only Way Is Essex**

+1 hour 231 120 119



★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

## Alibi

132 132 826 | 126 212 | 312 382

**7.10** AM **Murdoch Mysteries** (S4)
**10.00** **The Guardian** 6/22. (S1)
**11.00** **Sue Thomas: F.B.Eye** (S1)
**12.00** NOON **Major Crimes** (S4)
**1.00** PM **Rush** 19&20/22. (S3)
**3.00** **Murdoch Mysteries** 9/18. Murdoch is tasked with transporting a serial killer. **4.00** 10/18. A travelling jazz singer is murdered. **5.00** 11/18. The detective investigates a spate of diamond thefts. (S7)
**6.00** **Major Crimes** 5/23. Detective Sykes flouts the rules. (S4)

**9.00** The Gulf

**7.00** **Motive** *Index Case:* 3/13. Flynn and her team believe a killer with access to a lethal pathogen might be on the loose.
**8.00** **Motive** *The Score:* 4/13. An ex-con's body is found, suspiciously unbloodied, near a struggling nightclub. (S4)
**9.00** **The Gulf** Series finale *Hunters:* 3/3. The death of an intruder sparks tension on the island. An informant suffers dire consequences and Jess's amnesia lifts to reveal a shocking truth. (S1)
**11.00** **New Tricks** *Last Man Standing – Part One:* The team are called in after the discovery of the body of a police officer that has lain untouched under a basement for 30 years.
**12.20** AM **Murdoch Mysteries** (S1)
**1.20** **to 4.00** AM **In the Dark**

+1 hour 232 191

## Syfy

114 114 814 | 138 137 | 319 375

**6.00** AM **Warehouse 13** As 7pm.
**7.00** **Merlin** As shown at 8pm.
**8.00** **Teleshopping**
**11.00** **Stargate Atlantis** (S5)
**1.00** PM **Star Trek: Voyager** (S5)
**3.00** **Star Trek: The Next Generation** 21&22/26. (S4)
**5.00** **Star Trek: Deep Space Nine** *To the Death:* 23/26. The crew join forces with Jem'Hadar soldiers. **6.00** *The Quickening:* 24/26. Bashir tries to save an alien society suffering from an incurable disease. (S4)

**9.00** Marvel's Runaways

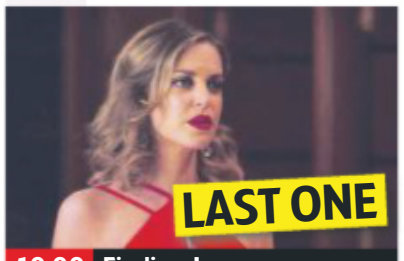
**7.00** **Warehouse 13** *13.1:* 5/13. The team are left trapped by a computer virus in the Warehouse 13 system. (S2)
**8.00** **Merlin** *Beauty and the Beast – Part One:* 5/13. Uther is infatuated with beautiful newcomer Lady Catrina. (S2)
**9.00** **Marvel's Runaways** Series finale *Cheat The Gallows:* 10/10. An evil Alex arrives from further in the future. (S3)
**10.00** **FILM Armed Response** Action thriller with Wesley Snipes and Anne Heche. (2017, 15, 93min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●
**12.00** M'T **Marvel's Runaways** As shown at 9.00pm.
**1.00** AM **Star Trek: Deep Space Nine** As 5.00 & 6.00pm.
**3.00** **Blood & Treasure** 12/12. Danny realises the truth. (S1)
**4.00** **to 6.00** AM **Star Trek: Voyager**

+1 hour 214 229

## W

109 109 809 | 125 211 | 311 383

**6.10** AM **MasterChef Australia**
**7.00** **My Dream Home**
**8.00** **Tipping Point**
**10.00** **The Bill**
**11.00** **Supernanny US**
**12.00** NOON **Tipping Point**
**2.00** PM **Property Brothers: Forever Home**
**3.00** **My Dream Home** A couple who have two months to find themselves a new home. **4.00** Two busy parents are keen to escape 'rental limbo'.
**5.00** **Tipping Point** Double bill of the arcade-themed quiz show.




**10.00** Finding Joy

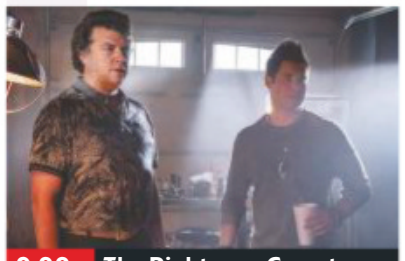
**7.00** **Property Brothers: Forever Home** New edition The modest home of foster parents needs an overhaul.
**8.00** **Sun, Sea and Brides to Be** A bride has a disaster with her dress, and Stella plans a ceremony on board a shipwreck.
**9.00** **Emma Willis: Delivering Babies** After 10 weeks, Emma's time as a Maternity Care Assistant comes to an end.
**10.00** **Finding Joy** Series finale 6/6. Things go from bad to worse for Joy. (S1)
**10.35** **Inside the Ambulance** Documentary series.
**11.35** **One Born Every Minute**
**12.35** AM **I've Got Something to Tell You** Friends, partners and family members are told life-changing news.
**1.30** **Code Black** 12/13. (S3)
**2.15** **to 3.00** AM **Women on the Verge**

+1 hour 209 190

## Sky Comedy

113 113 813 | 122 121

**8.00** AM **Everybody Hates Chris**
**9.00** **Parks and Recreation** (S6)
**10.30** **30 Rock** Triple bill. (S5)
**12.00** NOON **The Mindy Project** New episodes 4-6/14. Triple bill of the comedy. (S5)
**1.30** PM **Modern Family** (S3)
**2.30** **Everybody Hates Chris** (S3)
**3.30** **Parks and Recreation** (S6)
**5.00** **30 Rock** Triple bill. (S5)
**6.30** **Modern Family** 17/24. Cameron celebrates his birthday, which comes around once every four years. (S3)



**9.00** The Righteous Gemstones

**7.00** **Modern Family** (S3)
**7.30** **The Mindy Project** New episode 4/14. The surgery needs another gynaecologist. (S5)
**8.00** **The Mindy Project** New episodes 5/14. Mindy has a date with a British actor. **8.30** 6/14. Mindy returns to her family home. (S5)
**9.00** **The Righteous Gemstones** New episode 6/9. (S1)
**9.40** **Work in Progress** New episode 5/8. Abby and Campbell's friendship is brought into focus. (S1)
**10.15** **Sex and the City** (S3)
**10.50** **The Tonight Show** New edition US chat show.
**11.50** **The Late Late Show with James Corden** New edition
**12.50** AM **Entourage** 17/20. Ari meets producer Nick Rubenstein to negotiate a deal on a new project. (S3)
**1.25** **Silicon Valley** 4&5/10. (S4)
**2.35** **Girls** 10/10. (S6)
**3.10** **Parks and Recreation** (S6)
**3.35** **to 5.00** AM **30 Rock**

## FOX

124 124 821 | 157 199

**8.00** AM **Republic of Doyle** (S3)
**9.00** **Bones** 12/21. (S2)
**10.00** **Bull** 4/22. (S2)
**11.00** **NCIS** 1/25. (S13)
**12.00** NOON **Bones** (S2)
**2.00** PM **The Mentalist** 10/13. (S7)
**3.00** **NCIS** 2/25. (S13)
**4.00** **Bull** 5/22. (S2)
**5.00** **Bones** 15/21. A body is found at the marina with its face eaten by crabs. (S2)
**6.00** **The Mentalist** 11/13. A man claiming to be a psychic offers to help the team. (S7)

**5.00** Bones

**7.00** **NCIS** *Incognito:* 3/25. The murder of a US Marine prompts Bishop and McGee to go undercover as a married couple.
**8.00** **NCIS** *Double Trouble:* 4/25. A murder seems to be connected to the case of a former agent Gibbs once locked up. (S13)
**9.00** **NCIS** *Troll:* 22/24. Ned Dorneget helps the team discover a conspiracy related to the death of an intelligence ensign. (S12)
**10.00** **NCIS** *The North Pole:* Ziva David returns to NCIS, and Gibbs and the team help her with some unfinished business. (S17)
**11.00** **American Dad!** (S4)
**12.00** M'T **Family Guy** (S2)
**12.30** AM **Family Guy** (S2)
**1.00** **American Dad!** (S4)
**2.00** **The Walking Dead** (S10)
**3.00** **American Dad!**
**4.00** **to 5.00** AM **Republic of Doyle**

+1 hour 224 158

Wednesday

7 PM | 8 PM | 9 PM | 10 PM

## Sony Channel

157 189 48 142

**6.00** AM **Sony Movie News**
**6.10** **The Waltons** 8/25. (S5)
**7.10** **Hart to Hart**
**9.10** **Days of Our Lives**
**10.00** **Hart to Hart** 1/22. (S4)
**11.00** **Charlie's Angels** (S1)
**12.00** NOON **Starsky & Hutch**
**1.00** PM **T.J. Hooker** (S2)
**2.00** **Hart to Hart** (S2)
**4.00** **Murder, She Wrote**
**6.00** **Charlie's Angels** (S1)
**7.00** **M*A*S*H** 2/22. The vaudeville troupe leave. **7.30** 3/22. A GI is plagued by guilt. **8.00** 4/22. The 4077th medics are headhunted. **8.30** 5/22. Hawkeye writes to Truman. (S10)
**9.00** **Classic Who Wants to Be a Millionaire?**
**1.00** AM **M*A*S*H**
**2.00** **Charlie's Angels** (S1)
**3.00** **M*A*S*H** 6/25. (S8)
**3.30** **The Waltons** (S1)
**4.20** **Touched by an Angel**
**5.10** **to 6.00** AM **Highway to Heaven**

+1 hour 257 220 152

## Sky Arts

122 122 820 | 123 156

**6.00** AM **Sons of Vienna**
**6.30** **Katherine Jenkins Live at the O2**
**8.30** **Watercolour Challenge**
**9.00** **The South Bank Show Originals**
**9.30** **Auction**
**10.00** **Tales of the Unexpected**
**11.00** **Discovering**
**1.00** PM **The South Bank Show Originals**
**1.30** **Watercolour Challenge**
**2.00** **Glyndebourne Opera Cup 2020**
**5.30** **Tales of the Unexpected**
**6.00** **Discovering**
**7.00** **Portrait Artist of the Year 2020**
**8.00** **Passions**
**9.00** **Friedkin Uncut**
**11.05** **The Directors**
**12.05** AM **What Was Virginia Woolf Afraid Of?**
**1.05** **FILM Janis: Little Girl Blue** Documentary about blues singer Janis Joplin. (2015, 15, 103min) ★★★★
**3.00** **The History of Comedy**
**4.00** **to 6.00** AM **Discovering**

## 4seven

137 143 203 47 110 127

**9.00** AM **Posh Pawn**
**10.00** **Find It, Fix It, Flog It**
**11.00** **Come Dine with Me**
**12.00** NOON **A Place in the Sun** From the Algarve.
**1.00** PM **Undercover Boss Canada** Documentary.
**2.00** **Ramsay's Kitchen Nightmares USA**
**3.00** **Everybody Loves Raymond** (S1)
**4.00** **Frasier** 22&23/24. (S3)
**5.00** **A Place in the Sun**
**6.00** **A New Life in the Sun: Where Are They Now?**
**7.00** **Ramsay's Kitchen Nightmares USA**
**8.00** **Emergency Helicopter Medics** Documentary.
**9.00** **24 Hours in A&E**
**11.05** **Five Guys a Week**
**12.10** AM **The Undateables**
**1.15** **Location, Location, Location** From Bristol.
**2.20** **The Supervet**
**3.25** **A New Life in the Sun: Where Are They Now?**
**4.25** **to 4.55** AM **Four in a Bed**

## 5USA

141 141 153 21 129

**9.00** AM **Criminals: Caught on Camera**
**9.25** **Murder, She Wrote**
**10.15** **CSI: NY** 5/23. (S6)
**11.10** **The Mysteries of Laura**
**12.10** PM **Law & Order**
**7.00** **Law & Order** *Obsession:* 15/24. A talk show host is murdered. (S15)
**8.00** **NCIS: New Orleans** *Swift, Silent, Deadly:* 17/24. The team search for a missing Marine who has assaulted six men in a bar. (S3)
**9.00** **Rookie Blue** *Fragments:* 10/11. A bomb explodes in a parking garage. (S5)
**10.00** **Law & Order: Special Victims Unit** *Depravity Standard:* 9/23. **10.55** *Catfishing Teacher:* 10/23. (S17)
**11.55** **Law & Order: Special Victims Unit** (S16)
**1.50** AM **Law & Order: Los Angeles** 2&3/22. (S1)
**3.50** **to 4.00** AM **Access**

+1 hour 241 185 56 130

## 5STAR

128 151 30 131

**8.00** AM **3rd Rock from the Sun** 17/26. (S2)
**8.20** **House** (S4&5)
**10.05** **Bad Tenants, Rogue Landlords** Double bill.
**12.05** PM **Can't Pay? We'll Take It Away!** Triple bill.
**3.00** **Neighbours**
**3.30** **Home and Away**
**4.00** **House** 10&11/24. (S5)
**6.00** **Neighbours**
**6.30** **Home and Away**
**7.00** **Maternity Ward**
**8.00** **10 Years Younger in 10 Days**
**9.00** **Filthy House SOS** New edition
**10.00** **Hoarders: Trapped By My Trash**
**11.00** **FILM 28 Days Later.** Horror thriller. (2002, 18, 113min) ★★★
**1.20** AM **Young, Dumb and Banged Up in the Sun**
**2.20** **Spray Tan Mums: Single and Proud**
**3.15** **to 4.00** AM **Celebrity Botched Up Bodies**

+1 hour 228 186 55 141

## Drama

143 130 20 158

**7.10** AM **Soldier, Soldier**
**9.00** **The Bill**
**10.00** **Classic Holby City**
**11.00** **Classic Casualty**
**12.00** NOON **The Bill**
**1.00** PM **Classic EastEnders**
**2.20** **London's Burning**
**3.20** **Monarch of the Glen**
**4.20** **Bergerac**
**5.25** **Bread**
**6.00** **Hi-de-Hi!**
**6.40** **As Time Goes By**
**7.20** **Last of the Summer Wine** Hobbo searches for his real mother.
**8.00** **Hetty Wainthropp Investigates** *How Time Flies:* A clock-mender is targeted by crooks.
**9.00** **Ms Fisher's Modern Murder Mysteries**
**10.00** **New Tricks** *Final Curtain:* A biography reopens an old case.
**11.15** **Waking the Dead**
**1.45** AM **The Bill**
**2.50** **to 4.00** AM **London's Burning**

+1 hour 243 226

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

# WEDNESDAY Entertainment & Lifestyle

## AMC

332 381

Programmes start at 5pm.

**5.00** PM **FILM Robinson Crusoe** Adventure. (1996, 12, 105min) ★★
**6.45** **FILM House of Flying Daggers** Adventure. Subtitled. (2004, 15, 119min) ★★★★★
**9.00** **Visionaries: Eli Roth's History of Horror**
**9.55** **Halt and Catch Fire** *Kali:* 9/10. Cameron, Donna and Bosworth consider how to keep from going bankrupt. **10.50** *Heaven Is a Place:* 10/10. The family descend into crisis. (S2)
**11.50** **FILM Two for the Money** Drama. (2005, 15, 123min) ★★★
**2.05** AM **Visionaries: Eli Roth's History of Horror** Ghost stories.
**2.55** **Zoom In**
**3.05** **to 5.00** AM **Halt and Catch Fire**

## CBS Drama

147 197 71 134

**9.00** AM **NCIS** 5&6/24. (S4)
**11.00** **Scorpion** (S2)
**1.00** PM **Gunsmoke** (S20)
**3.00** **Airline**
**4.00** **Hoarders**
**5.00** **Unsolved Mysteries**
**7.00** **Judge Judy** Real-life small-claims cases.
**9.00** **Medium** *There Will Be Blood – Type A:* 17/22. Allison and her daughters dream about the same mysterious girl. (S6)
**10.00** **CSI: Miami** *A Grizzly Murder:* 17/24. A man is killed by a bear. (S5)
**11.00** **Unsolved Mysteries** Including the cases of a teenager who died while travelling to visit her father and a man who was found shot.
**12.00** M'T **Judge Judy**
**1.00** AM **ER** 1/22. (S6)
**2.00** **Medium** As 9.00pm.
**3.00** **CSI: Miami** As 10.00pm.
**4.00** **Walker, Texas Ranger**
**5.00** **to 6.00** AM **Matlock**

## CBS Justice

148 192 39 137

**9.00** AM **Diagnosis Murder**
**11.00** **Matlock** 12/24. (S4)
**12.00** NOON **Perry Mason**
**1.05** PM **Walker, Texas Ranger** 1/24. (S8)
**2.05** **CSI: Miami** 7/24. (S2)
**3.00** **NCIS** 24/24. (S7)
**4.00** **NCIS: Los Angeles** (S2)
**5.00** **Matlock** 13/24. (S4)
**6.00** **Perry Mason**
**7.05** **Scorpion** 1/22. (S4)
**8.00** **Walker, Texas Ranger**
**9.00** **NCIS** *Oil and Water:* 6/24. (S11)
**10.00** **NCIS: Los Angeles** *Harm's Way:* 18/25. (S2)
**11.00** **Scorpion** New episode *More Extinction:* 2/22. A last-minute decision could have terrible consequences. (S4)
**12.00** M'T **CSI: Miami** (S2)
**1.00** AM **NCIS** As 9.00pm.
**2.00** **Scorpion** As 11.00pm.
**3.05** **Bonanza**
**4.50** **to 6.00** AM **Mission: Impossible**

+1 hour 69

## CBS Reality

146 148 66 135

**9.00** AM **Judge Judy**
**1.00** PM **Judge Judy**
**7.00** **Medical Detectives** A forensic geologist tries to solve a murder. **7.30** Two men confess to the same murder.
**8.00** **48 Hours: Mystery** A recording captures the dying words of Lorenzen Wright.
**9.00** **Cold Blood** Help from an unlikely source aids police as they try to track down a killer.
**10.00** **Murder Wall** New edition The case of Christopher Donovan.
**11.00** **Killer Doctors on Death Row**
**12.00** M'T **Snapped: Killer Couples**
**1.00** AM **Cold Blood**
**2.00** **Murder Wall**
**3.00** **I Survived**
**3.45** **Unsolved Mysteries**
**5.10** **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

## Challenge

151 164 46 146

**7.00** AM **Catchphrase**
**7.30** **Deal or No Deal**
**9.00** **The Chase**
**10.00** **Dale's Supermarket Sweep** Double bill.
**11.00** **Bruce's Price Is Right**
**12.00** NOON **Wheel of Fortune**
**1.00** PM **Catchphrase**
**2.00** **Family Fortunes**
**2.30** **All Star Family Fortunes** With Karen Barber and Paddy McGuinness. **3.15** With Jodie Prenger.
**4.00** **Bullseye**
**5.00** **Golden Balls**
**6.00** **Weakest Link**
**7.00** **Pointless**
**8.00** **Impossible**
**9.00** **The Chase**
**10.00** **Who Wants to Be a Millionaire?**
**11.00** **Bullseye**
**12.00** M'T **Classic Who Wants to Be a Millionaire?**
**1.00** AM **The Chase**
**4.00** **to 6.00** AM **Deal or No Deal**

+1 hour 251 230 147

## Comedy Central Extra

127 182 308

**6.00** AM **Impractical Jokers**
**7.00** **Teleshopping**
**9.00** **Friends**
**10.00** **The Middle** (S6)
**11.00** **The Office (US)** (S9)
**12.00** NOON **Bob's Burgers**
**1.00** PM **Wipeout USA**
**2.00** **Most Ridiculous**
**3.00** **Impractical Jokers**
**4.00** **Bob's Burgers** (S9)
**5.00** **The Middle** (S6)
**6.00** **Fresh Prince of Bel Air**
**7.00** **Two and a Half Men**
**8.00** **The Office (US)** (S9)
**9.00** **Friends**
**10.00** **South Park** (S22)
**11.00** **Ricky Gervais Show**
**11.30** **The Cleveland Show**
**12.00** M'T **Jason Manford Live**
**1.00** AM **Russell Howard's Good News**
**3.00** **Kevin Bridge**
**3.45** **Bordertown** (S1)
**4.05** **Bob's Burgers** (S1)
**4.30** **The Middle** (S6)
**5.15** **to 6.00** AM **Last Man Standing**

+1 hour 227

## E!

123 123 834 140 139 321 386

**7.00** AM **News**
**7.30** **In the Room**
**8.00** **Keeping Up with the Kardashians**
**10.00** **Total Bellas**
**11.00** **Pop of the Morning** New edition
**12.00** NOON **Kourtney & Kim Take New York**
**1.00** PM **Keeping Up with...**
**3.00** **Meet the Frasers**
**4.00** **Botched**
**5.00** **News: Daily Pop**
**6.00** **Keeping Up with the Kardashians**
**7.00** **Hollywood Medium with Tyler Henry**
**8.00** **Very Cavallari**
**9.00** **Botched**
**10.30** **Meet the Frasers**
**11.00** **Nightly Pop** New edition
**11.30** **Botched**
**12.00** M'T **Keeping Up with...**
**1.00** AM **Botched**
**2.00** **Teleshopping**
**3.00** **Keeping Up with...**
**4.00** **to 5.00** AM **Hollywood Medium**

## Food Network

140 278 41 148

**6.00** AM **Jamie's 30 Minute Meals**
**6.30** **30 Minute Meals**
**7.00** **Giada in Italy**
**9.00** **The Pioneer Woman**
**11.00** **Barefoot Contessa**
**12.00** NOON **Hairy Bikers' Food Tour of Britain**
**1.00** PM **Ramsay's Ultimate Cookery Course**
**2.00** **James Martin's Brittany**
**3.00** **Jamie's 30 Minute...**
**3.30** **30 Minute Meals**
**4.00** **The Pioneer Woman**
**6.00** **James Martin: Delicious**
**6.30** **James Martin's Christmas Feasts**
**7.00** **Ramsay's Ultimate Cookery Course**
**8.00** **Bikers' Food Tour...**
**9.00** **Dave Myers' Egypt**
**10.00** **Martin: Home Comforts**
**11.00** **Mystery Diners**
**12.00** M'T **Diners, Drive-Ins and Dives** Four editions.
**2.00** **to 3.00** AM **Mystery Diners**

+1 hour 240 149

## Lifetime

187 208 329 384

**7.00** AM **Women on Patrol**
**8.00** **Judge Judy**
**1.00** PM **Pawn Stars**
**2.00** **Storage Wars**
**3.00** **Little Women: Couples Retreat**
**4.00** **Dance Moms**
**5.00** **Pawn Stars**
**6.00** **Flipping Vegas**
**7.00** **Judge Judy** Real-life small-claims cases.
**9.00** **My Crazy Sex** The cheating boyfriend who drove a woman to take grudge sex to extreme new heights.
**10.00** **Storage Wars** Darrell faces the auction without Brandon to back him up. **10.30** The buyers hit Palm Springs hoping for some hot profits.
**11.00** **Hardcore Pawn**
**12.00** M'T **Pawn Stars**
**1.00** AM **My Crazy Sex**
**2.00** **Storage Wars**
**3.00** **to 4.00** AM **Hardcore Pawn**

## Paramount Network

150 187 150 31 132

**9.00** AM **The A-Team**
**11.00** **Knight Rider**
**1.00** PM **Police Interceptors**
**3.00** **Traffic Cops**
**5.00** **The A-Team**
**7.00** **Police Interceptors** An officer has an early morning encounter with a drunk driver. **8.00** A bunny-hopping learner driver who already has eight points on his provisional licence.
**9.00** **FILM Money Train** Action comedy starring Wesley Snipes and Woody Harrelson. (1995, 18, 110min) ★★
**11.20** **WWE – NXT UK** Wrestling action with the next generation of WWE superstars.
**12.20** AM **Banged Up Abroad**
**1.20** **Knight Rider**
**3.20** **The X-Files**
**4.55** **Now That's Funny!**
**5.50** **to 6.00** AM **Access**

+1 hour 250 94

## Quest

144 144 831 169 12 114 172

**6.00** AM **How Do They Do It?**
**6.20** **American Pickers**
**7.10** **Deadliest Catch**
**8.00** **Gold Divers**
**9.00** **Outback Truckers**
**10.00** **Wheeler Dealers**
**11.00** **Chasing Classic Cars**
**12.00** NOON **American Pickers: Best Of**
**1.00** PM **Railroad Alaska**
**2.00** **Deadliest Catch**
**3.00** **Gold Divers**
**4.00** **Salvage Hunters**
**5.00** **Outback Truckers**
**6.00** **Wheeler Dealers**
**7.00** **American Pickers**
**8.00** **Salvage Hunters**
**10.00** **Find It, Fix It, Flog It**
**11.00** **How Do They Do It?**
**12.00** M'T **Wheeler Dealers**
**1.00** AM **Outback Truckers**
**2.00** **American Chopper**
**3.00** **Fantomworks**
**4.00** **Dirty Jobs**
**5.00** **to 6.00** AM **How It's Made**

+1 hour 244 213 76 168

## Quest Red

149 170 38 169

**6.00** AM **Say Yes to the Dress**
**7.00** **Bondi Vet**
**8.00** **Animal Cops Phoenix**
**10.00** **Money for Nothing**
**11.00** **Forensic Detectives**
**12.00** NOON **Disappeared**
**2.00** PM **Murder Comes to Town** Carla Fuqua.
**3.00** **Say Yes: Wedding SOS**
**4.00** **Say Yes to the Dress: Bridesmaids**
**6.00** **Money for Nothing**
**7.00** **Posh Pawnbrokers**
**8.00** **My 600lb Life**
**9.00** **Long Lost Family Australia**
**10.00** **Body Bizarre**
**11.00** **FBI Files**
**12.00** M'T **Forensic Detectives**
**1.00** AM **Crime Stories**
**2.00** **Murder Comes to Town**
**3.00** **FBI Files**
**3.50** **Animal Cops Phoenix**
**4.40** **Bondi Vet**
**5.30** **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 78 170

## Really

142 128 17 160

**6.00** AM **Fantasy Homes by the Sea** From Turkey.
**7.00** **Teleshopping**
**8.00** **Homes Under the Hammer** Double bill.
**10.00** **Celebrity Antiques Road Trip**
**11.00** **Antiques Road Trip**
**1.00** PM **Fantasy Homes by the Sea** Double bill.
**3.00** **French Collection**
**4.00** **DIY SOS: The Big Build**
**6.00** **Celebrity Antiques Road Trip**
**7.00** **Antiques Road Trip** The final leg of the road trip. **8.00** An auction in Ottery St Mary, Devon.
**9.00** **How to Look Good Naked** With Gok Wan.
**10.00** **The Bad Skin Clinic** A man has a bulbous nose.
**11.00** **Helicopter ER**
**12.00** M'T **Ghost Adventures**
**1.00** AM **Most Haunted**
**2.00** **Teleshopping**
**4.00** **to 6.00** AM **Antiques Road Trip**

## Sky Crime

121 121 819 136 135

**6.00** AM **Motorway Patrol**
**7.00** **Highway Cops**
**8.00** **Canada's Front Line**
**9.00** **Send in the Dogs**
**10.00** **Road Wars**
**11.00** **Brit Cops**
**12.00** NOON **Highway Cops**
**1.00** PM **A Lie to Die For**
**2.00** **Killer Colleagues**
**3.00** **Canada's Front Line**
**4.00** **Road Wars**
**5.00** **Brit Cops**
**6.00** **Send in the Dogs**
**7.00** **Snapped**
**8.00** **A Lie to Die For**
**9.00** **NEW SERIES Killer Siblings**
**10.00** **Snapped** New edition
**11.00** **World's Most Evil**
**12.00** M'T **Murders That Shocked the Nation**
**1.00** AM **How I Caught the Killer** Anthony Hardy.
**2.00** **Snapped**
**3.00** **Murder Calls**
**4.00** **to 6.00** AM **Highlights**

+1 hour 221 207

## Sony Crime

179 193 143

**6.00** AM **Speeders**
**7.00** **Bait Car: New Orleans**
**8.00** **Bait Car: LA**
**9.00** **Speeders**
**11.00** **Bait Car: New Orleans**
**12.00** NOON **Bait Car: LA**
**1.00** PM **Speeders**
**7.00** **Speeders** Deputy Rubel pulls over a repeat offender. **7.30** A gaggle of party girls are pulled over in Maryland. **8.00** Officer Slaughter pulls over a cowboy. **8.30** A driver on their way to a prom is caught speeding.
**9.00** **Bait Car: New Orleans** Double bill of the documentary series about car criminals.
**10.00** **Bait Car: LA**
**11.00** **Speeders**
**12.00** M'T **Bait Car**
**1.00** AM **Speeders**
**3.00** **Bait Car: LA**
**4.00** **Speeders**
**5.00** **to 6.00** AM **Bait Car**

## 5SELECT

153 152 54 133

**9.00** AM **Criminals: Caught on Camera**
**9.25** **FILM A Lover Betrayed** Thriller with Jamie Luner. (2017, 12, 90min) ★★
**11.05** **The Hotel Inspector**
**12.05** PM **The Dog Rescuers with Alan Davies**
**2.05** **GPs: Behind Closed Doors** Double bill.
**4.05** **The Yorkshire Vet**
**6.00** **GPs: Behind Closed Doors** Double bill.
**8.00** **The Yorkshire Vet**
**9.00** **Portillo's Hidden History of Britain** The Cambridge Military Hospital in Hampshire.
**10.00** **GPs: Behind Closed Doors**
**11.00** **The Dog Rescuers with Alan Davies**
**12.00** M'T **Cruising with Jane McDonald**
**1.00** AM **Flights from Hell**
**2.00** **Nando's Saucy Secrets**
**3.00** **to 4.00** AM **The Dog Rescuers with Alan Davies at Christmas**

## Blaze

164 216 63 162

**6.00** AM **American Restoration**
**7.00** **Ancient Aliens**
**8.00** **Hangar 1: UFO Files**
**9.00** **Storage Wars: Texas**
**10.00** **Hardcore Pawn**
**11.00** **Pawn Stars**
**12.00** NOON **Storage Wars**
**1.00** PM **Auction Hunters**
**2.00** **Storage Wars: Texas**
**3.00** **Air Crash: Disasters Uncovered**
**4.00** **Hangar 1: UFO Files**
**5.00** **Ancient Aliens**
**6.00** **Pawn Stars**
**7.00** **Storage Wars**
**8.00** **Auction Hunters**
**9.00** **Paranormal: Caught on Camera**
**10.00** **Paranatural**
**11.00** **Storage Wars**
**12.00** M'T **Auction Hunters**
**1.00** AM **Storage Wars: Texas** Double bill.
**2.00** **American Restoration**
**3.00** **Swamp People**
**4.00** **Ernie the Wildman**
**5.00** **to 6.00** AM **Pawn Stars**

## TLC

133 133 827 167 323 377

**6.00** AM **Say Yes to the Dress: Bridesmaids**
**8.00** **Say Yes... UK**
**9.00** **Say Yes to the Dress**
**10.00** **Curvy Brides Boutique**
**11.00** **Say Yes... Canada**
**12.00** NOON **Say Yes to the Dress: Atlanta**
**2.00** PM **Dr Pimple Popper**
**3.00** **Sister Wives**
**4.00** **Say Yes... Canada**
**5.00** **Curvy Brides Boutique**
**6.00** **Say Yes to the Dress**
**7.00** **Say Ye... UK**
**8.00** **Unexpected: Teenage & Pregnant**
**9.00** **Say Yes to the Dress**
**10.00** **Curvy Brides Boutique**
**11.00** **Dr Pimple Popper**
**12.00** M'T **Unexpected: Teenage & Pregnant**
**1.00** AM **Say Yes to the Dress**
**2.00** **Curvy Brides Boutique**
**3.00** **Dr Pimple Popper**
**4.00** **to 6.00** AM **Say Yes to the Dress: Atlanta**

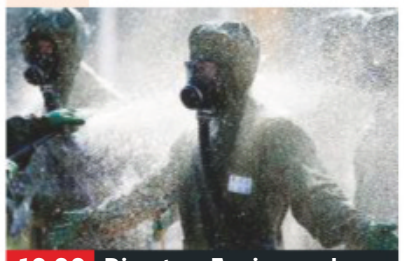
+1 hour 233 172

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

## Discovery

125 125 822 250 322 376

6.00 AM **Combat Dealers**
7.00 **Tony Robinson's World War One** Advances in technology.
8.00 **Kindig Customs**
9.00 **Jeremy Wade's Dark Waters**
10.00 **NASA's Unexplained Files**
11.00 **Fast N' Loud**
12.00 NOON **Gold Rush**
1.00 PM **Alaska: The Last Frontier**
2.00 **Combat Dealers**
3.00 **WW2: The Complete History**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud**



10.00 Disasters Engineered

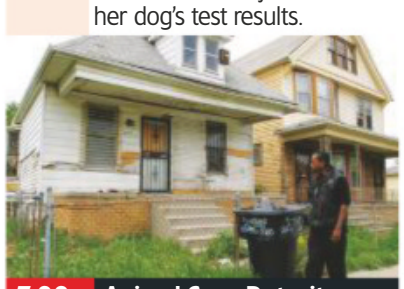
7.00 **Outback Truckers** Mark Cromwell runs into some strange weather, and Turbo goes head to head with an angry customer.
8.00 **Mighty Ships** A profile of cruise ship *Quantum of the Seas*, which boasts on-board trapeze, surf and sky-diving facilities.
9.00 **Richard Hammond's Big** New edition Richard explores elements that engineering projects have in common.
10.00 **Disasters Engineered** New edition Experts examine the fatal explosion at a chemical factory in Tianjin, China.
11.00 **Massive Engineering Mistakes** A space station that threatened to fall to Earth.
12.00 M'T **Richard Hammond's Big**
1.00 AM **Disasters Engineered**
2.00 **Deadliest Catch**
3.00 **Richard Hammond's Big**
3.50 **Kindig Customs**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 258

## Animal Planet

162 162 836 251 325 378

6.00 AM **The Aquarium**
7.00 **Treehouse Masters: Out on a Limb** A 'Texan man cave'.
8.00 **Pit Bulls & Parolees**
10.00 **Animal Cops Phoenix**
12.00 NOON **Jeremy Wade's Dark Waters** In South Africa.
1.00 PM **My Cat from Hell**
2.00 **Alaskan Bush People**
3.00 **The Vet Life**
5.00 **Crikey! It's the Irwins** Bindi swims alongside whale sharks.
6.00 **Bondi Vet: Coast to Coast** Dr Kate anxiously awaits her dog's test results.



7.00 Animal Cops Detroit

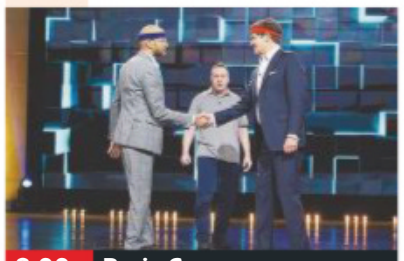
7.00 **Animal Cops Detroit** The prosecution of an owner of a pair of pit bull terriers suffering from severe mange is considered.
8.00 **Nature's Strangest Mysteries: Solved** Why a tiger shark hugged a diver. **8.30** What narwhals use their tusks for.
9.00 **Alaskan Bush People** The Browns have set up their new home, but the boys' skills appear a little rusty.
10.00 **Animal Cops San Francisco** Sadler saves a dog from a fire, and Johnson takes action against a cruel pet owner.
11.00 **Pit Bulls & Parolees**
12.00 M'T **I Was Prey**
1.00 AM **Animal Cops Detroit**
2.00 **Nature's Strangest Mysteries: Solved**
3.00 **Animal Cops San Francisco**
3.50 **Crikey! It's the Irwins**
4.40 **Nature's Strangest...**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

## Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Nazi Megastructures**
9.00 **Hitler's Death Army: Das Reich** Elite German soldiers.
10.00 **Buried Secrets of the Bible**
11.00 **Drain the Ocean: Egypt's Lost Wonder**
12.00 NOON **Car S.O.S**
2.00 PM **Wicked Tuna** A storm presents a great opportunity.
3.00 **Ice Road Rescue** Bjorn deals with troublesome reindeer.
4.00 **Air Crash Investigation**
6.00 **Car S.O.S** Fuzz Townshend and Tim Shaw restore an Austin 12 for its owner.



8.00 Brain Games

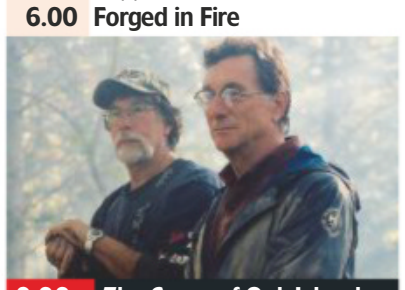
7.00 **Car S.O.S** Tim Shaw and Fuzz Townshend head to Denmark to salvage a 1968 Volvo Amazon and get it back on the road.
8.00 **Brain Games** New edition Keegan-Michael Key is joined by billionaire CEO Mark Cuban for a series of games.
9.00 **Car S.O.S** Fuzz and Tim enlist the help of Roger Moore for their latest project – restoring a 1964 Volvo P1800s.
10.00 **Ultimate Supercar** Bentley seeks to reinvent the Continental GT, one of the most successful luxury grand tourers.
11.00 **Air Crash Investigation**
12.00 M'T **Alaska State Troopers**
1.00 AM **Airport Security: Peru**
2.00 **Brain Games: Best Of**
3.00 **Air Crash Investigation: Special Report** Conflicts stirred up by plane crashes.
4.00 **to 5.00** AM **Air Crash Investigation**

+1 hour 229 267

## History

130 130 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars**
9.00 **WWII Turning Points**
10.00 **Storage Wars**
11.00 **The Railways That Built Britain with Chris Tarrant**
12.00 NOON **River Hunters**
1.00 PM **Forged in Fire**
2.00 **American Pickers**
3.00 **Storage Wars**
5.00 **Pawn Stars** A seller brings in an antique high-wheel bike. **5.30** Blues legend John Popper comes into the store.
6.00 **Forged in Fire**



9.00 The Curse of Oak Island

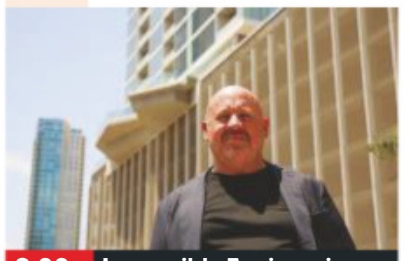
7.00 **American Pickers** Mike tries to put Frank in the Christmas mood with two trips in search of precious objects.
8.00 **The Railways That Built Britain with Chris Tarrant** Chris examines the role of the railways during the world wars.
9.00 **The Curse of Oak Island** New edition There's excitement when Gary uncovers an ancient tunnelling tool.
10.00 **Gold Hunters: The Legend of the Superstition Mountains** The team find signs of the Apache Black Legion.
11.00 **American Pickers**
12.00 M'T **Forged in Fire**
1.00 AM **Britain's Greatest Bridges** The Clifton Suspension Bridge, which was in part designed by Brunel.
2.00 **Forged in Fire**
3.00 **River Hunters**
4.00 **to 6.00** AM **Storage Wars**

+1 hour 230 271

## Yesterday

155 129 25 159

6.00 AM **Secrets of the Bible**
7.10 **Secrets of the Railways**
8.00 **Forbidden History**
9.00 **Hitler's Propaganda Machine**
10.00 **Auschwitz: The Nazis and the Final Solution**
11.00 **Abandoned Engineering**
12.00 NOON **Impossible Railways**
1.00 PM **Time Team**
2.00 **Wigan Pier: Walking Through History**
3.00 **Abandoned Engineering**
4.00 **Impossible Engineering**
5.00 **Hitler's Propaganda Machine**
6.00 **Auschwitz: The Nazis...**



8.00 Impossible Engineering

7.00 **Abandoned Engineering** The base with the power to destroy a nation, and the site linked with an attempt to kill a dictator.
8.00 **Impossible Engineering** New edition Examining The Independent, a residential skyscraper in Austin, Texas.
9.00 **Porridge** The inmates face a day of hard labour digging drains on a lonely stretch of moorland. **9.40** Fletch plans to get out of making fishing nets. **10.20** Fletcher takes on the role of agony aunt and writes letters home for the other inmates.
11.00 **Impossible Engineering** The aircraft carrier.
12.00 M'T **Abandoned Engineering**
1.00 AM **Auschwitz: The Nazis and the Final Solution** An exploration of the early stages of genocide at the camp.
2.00 **to 3.00** AM **Secrets of the Bible**

+1 hour 255 200

Wednesday

7 PM

8 PM

9 PM

10 PM

## Disc. History

171 257

6.00 AM **Expedition Unknown**
7.00 **Invention Nation**
8.00 **WWII: Witness to War**
9.00 **Frontline Battle Machines with Brewer**
11.00 **Invention Nation**
12.00 NOON **Blowing Up...**
1.00 PM **Expedition Unknown**
2.00 **Mysteries at the Museum**
3.00 **WWII: Witness to War**
4.00 **Frontline Battle...**
5.00 **Extreme Engineering**
6.00 **Blowing Up History**
7.00 **Mysteries at the...**
8.00 **Expedition Unknown**
9.00 **World War Two: The Complete History**
10.00 **Fukushima: On the Frontline with Joel Lambert**
11.00 **Extreme Machines**
12.00 M'T **Expedition...**
1.00 AM **World War Two...**
2.00 **Fukushima: On the...**
3.00 **Extreme Machines**
4.00 **to 6.00** AM **Highlights**

+1 hour 271 261

## Eden

166 245 247 315 389

9.00 AM **Super Vets**
10.00 **Mountain Gorilla**
11.00 **Ganges**
12.00 NOON **Life in the Great Wetlands**
1.00 PM **Life on Earth**
2.00 **Wonders of the Solar System**
3.00 **Super Vets**
4.00 **Mountain Gorilla**
5.00 **Ganges**
6.00 **Super Vets**
7.00 **Life on Earth**
8.00 **Life in the Great...**
9.00 **Mountain Gorilla**
10.00 **Ganges**
11.00 **Wonders of the Solar System**
12.00 M'T **Life in the Great...**
1.00 AM **Life on Earth**
2.00 **Wonders of the Solar...**
3.00 **Super Vets**
3.50 **Mountain Gorilla**
4.40 **Ganges**
5.30 **to 6.00** AM **Frontier Borneo**

+1 hour 266 246

## WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Wild China: Giant Pandas**
10.00 **The Hidden Kingdoms of China** Double bill.
12.00 NOON **Snakes in the City** A huge snake.
1.00 PM **Africa's Hunters**
4.00 **Monster Fish**
6.00 **Snakes in the City**
7.00 **Snakes In The City: Best Of** Highlights.
8.00 **Jungle Animal Rescue** Series finale The team try to save a crocodile stuck down a well following a flood.
9.00 **Snakes In The City: Best Of** Series finale Series highlights.
10.00 **Africa's Super Snake** South Africa's 20-foot rock pythons.
11.00 **Snakes In The City: Best Of** As 7.00pm.
12.00 M'T **Animals Gone Wild**
2.00 AM **Africa's Hunters**
3.00 **to 5.00** AM **Monster Fish**

## History 2

163 272 330 390

8.00 AM **Hitler's War**
9.00 **Battle 360**
10.00 **Doomsday: 10 Ways the World Will End**
11.00 **Ancient Aliens – Secret Science**
12.00 NOON **Ancient Aliens**
1.00 PM **Digging for Britain**
3.00 **How the Earth Was Made** Double bill.
5.00 **Hitler's War**
6.00 **Doomsday: 10 Ways the World Will End**
7.00 **Battle 360**
8.00 **Ancient Impossible** The true power and scale of the Romans' ingenuity.
9.00 **Navy Seals**
10.00 **Ancient Aliens**
11.00 **Cryptid: Swamp Beast**
12.00 M'T **Doomsday: 10 Ways the World Will End**
1.00 AM **Ancient Aliens – Secret Science**
2.00 **Ancient Aliens**
3.00 **to 5.00** AM **How the Earth Was Made**

## PBS America

174 273 91 155

8.00 AM **The Aviators**
8.35 **Locomotion: Dan Snow's History of Railways**
9.40 **Wyatt Earp**
10.50 **Nigel Marven's Wild Philippines**
11.50 **Locomotion: Dan Snow's History of...**
1.00 PM **Saints and Sinners: A Millennium of Monasteries**
2.20 **Locomotion: Dan Snow's History of...**
3.20 **Wyatt Earp**
4.30 **The Aviators**
5.05 **Saints and Sinners: A Millennium of...**
6.20 **Locomotion: Dan Snow's History of...**
7.30 **Saints and Sinners...**
8.45 **The Feud**
9.55 **The Wild West**
11.00 **Saints and Sinners...**
12.20 AM **The Wild West**
1.30 **to 2.00** AM **The Aviators**

+1 hour 93

## CI

156 156 835 209 328 380

6.00 AM **The First 48**
8.00 **Homicide Hunter**
10.00 **Unusual Suspects**
11.00 **Homicide: Hours to Kill**
12.00 NOON **Crimes That Shook Britain**
1.00 PM **Nightmare in Suburbia**
2.00 **I Lived with a Killer**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Homicide: Hours to Kill**
6.00 **The First 48**
7.00 **Homicide Hunter**
8.00 **Murder for Hire**
10.00 **50 Ways to Kill Your Lover**
11.00 **Homicide Hunter**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Murder for Hire**
2.00 **The First 48**
3.00 **I Lived with a Killer**
4.00 **Homicide: Hours to Kill**
5.00 **to 6.00** AM **Murder for Hire**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

# WEDNESDAY Films

Wednesday

## Sky Cinema Premiere

301 301 842 401 501

**6.00** AM **Hotel Mumbai: Special**
**6.30** **Doom: Annihilation**
**8.15** **Straight Up** (2019) ★★★
**10.00** **The 2020 Top Ten Show**
**10.15** **The Art of Self-Defense**
**12.15** PM **Brightburn** As 8.00pm.
**2.00** **The 2020 Top Ten Show**
**2.15** **PREMIERE Cold Blood Legacy**
**4.00** **This Changes Everything** Documentary. (2018) ★★★
**5.45** **The 2020 Top Ten Show**
**6.00** **The Art of Self-Defense** Comedy. (2018, 15) ★★★

**9.45** Cold Blood Legacy

**8 PM**

**8.00** **Brightburn** Superhero horror starring Elizabeth Banks. A couple struggling to conceive take in an extraterrestrial child who crash-lands on Earth. (2019, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**9 PM**

**9.45** **PREMIERE Cold Blood Legacy** Action thriller starring Jean Reno, Sarah Lind and Joe Anderson. (2019, 15, 91min) ★★
*See review, page 23*
SEX ●●● VIOLENCE ●●● LANG ●●●

**10 PM**

**11 PM**

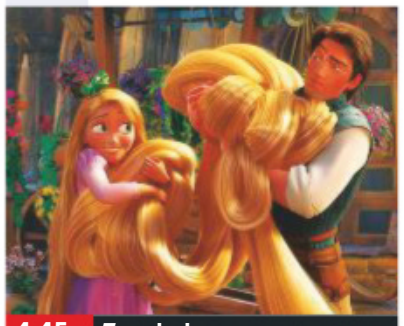
**11.30** **We Die Young** Drama. (2019, 15, 92min) ★★
**1.15** AM **Mapplethorpe** Biopic. (2018, 18, 102min) ★★
**3.15** **Doom: Annihilation** Fantasy. (2019, 15, 96min) ★★
**5.00** **The Hurricane Heist: The Eye of the Storm**
**5.30** **to 6.00** AM **Extremely Wicked, Shockingly Evil and Vile: Special**

+1 hour 312 412

## Sky Cinema Disney

305 305 846 405 505

**6.55** AM **The Little Mermaid** As shown at 6.30pm.
**8.25** **Tangled** As 4.45pm.
**10.10** **Lilo & Stitch** Animated sci-fi. (2002, U, 85min) ★★★
**11.40** **Robin Hood** Animation. (1973, U, 80min) ★★★
**1.10** PM **Aladdin** As 1.45am.
**2.45** **Ralph Breaks the Internet**
**4.45** **Tangled** Animated musical. (2010, PG, 100min) ★★★★
**6.30** **The Little Mermaid** Animation. (1989, U, 87min) ★★★★★


**4.45** Tangled

**8.00** **Ralph Breaks the Internet** Animation with the voice of John C Reilly. Six years after the events of *Wreck-It Ralph*, the destructive video game character and his friend Vanellope embark on a new adventure. (2018, PG, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**10.00** **101 Dalmatians** Adventure starring Glenn Close as an evil fashion victim with plans to make a coat out of puppies. (1996, U, 102min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.50** **Pete's Dragon** Fantasy adventure with Helen Reddy. (1977, U, 134min) ★★★
**1.45** AM **Aladdin** Animation with the voice of Robin Williams. (1992, U, 90min) ★★★★★
**3.25** **Christopher Robin** Comedy. (2018, PG, 104min) ★★★
**5.20** **to 7.00** AM **Spooky Buddies** Adventure starring Harland Williams. (2011, U, 85min) ★★

## Sky Cinema Family

306 306 847 406 506

**6.10** AM **A Wizard's Tale** (2018) ★★
**7.55** **The Lego Movie 2: The Second Part** As 6.10pm.
**9.55** **Matilda** As shown at 4.25pm.
**11.40** **Stuart Little** Fantasy. (1999, U, 84min) ★★★★★
**1.10** PM **Teen Titans Go! To the Movies** As shown at 8.00pm.
**2.40** **Star Wars: The Clone Wars**
**4.25** **Matilda** (1996) ★★★★
**6.10** **The Lego Movie 2: The Second Part** Animation. (2019, U, 107min) ★★★★

**6.10** The Lego Movie 2: The...

**8.00** **Teen Titans Go! To the Movies** Animation with the voice of Greg Cipes. Five young superheroes who dream of stardom are sidetracked by a plan for world domination. (2018, PG, 84min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**9.30** **Star Wars: The Clone Wars** Animated sci-fi with the voice of Christopher Lee. Anakin Skywalker and Obi-Wan Kenobi embark on a perilous mission. (2008, PG, 98min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.15** **Who Framed Roger Rabbit** Comedy thriller starring Bob Hoskins and Christopher Lloyd. (1988, PG, 103min) ★★★★★
**1.10** AM **The Adventures of Sharkboy and Lavagirl** Children's fantasy adventure. (2005, U, 93min) ★★★
**2.55** **Anastasia** Animated musical. (1997, U, 94min) ★★★
**4.40** **to 6.20** AM **The Swan Princess** Animated musical. (1994, U, 89min) ★★★

## Sky Cinema Action

311 311 852 407 507

**6.15** AM **Vertical Limit** As 3.05pm.
**8.30** **The Lone Ranger** As 5.20pm.
**11.05** **Mortal Engines** As 8.00pm.
**1.20** PM **Big Trouble in Little China** As 12.15am.
**3.05** **Vertical Limit** Adventure thriller with Chris O'Donnell, Bill Paxton and Robin Tunney. (2000, 12, 124min) ★★
**5.20** **The Lone Ranger** Western comedy starring Johnny Depp and Armie Hammer. (2013, 12, 150min) ★★★

**5.20** The Lone Ranger

**8.00** **Mortal Engines** Fantasy adventure starring Hera Hilmar. In a post-apocalyptic world where cities consume each other to survive, two people meet in London and try to stop a conspiracy. (2018, 12, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**10.15** **War of the Worlds** Steven Spielberg's sci-fi adventure thriller based on HG Wells' classic novel, starring Tom Cruise. (2005, 12, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**12.15** AM **Big Trouble in Little China** Fantasy adventure. (1986, 15, 100min) ★★★
**2.00** **Red Heat** Action thriller. (1988, 18, 106min) ★★★
**4.00** **to 6.00** AM **The Next Karate Kid** Martial arts sequel. (1994, PG, 104min) ★★

## Sky Cinema Comedy

308 308 849 408 508

**6.45** AM **Forgetting Sarah Marshall** As shown at 6pm.
**8.45** **Life of the Party** As 10pm.
**10.45** **Eaten by Lions** As 11.50pm.
**12.30** PM **Stella's Last Weekend** Comedy drama, as 1.35am.
**2.20** **Benchwarmers 2: Breaking Balls** Comedy. (2019) ★
**4.05** **About a Boy** Comedy drama. (2002, 12, 101min) ★★★★
**6.00** **Forgetting Sarah Marshall** Comedy starring Jason Segel. (2008, 15, 110min) ★★★★

**10.00** Life of the Party

**8.00** **Night School** Comedy with Kevin Hart. Seventeen years after dropping out of high-school, and in the hope of getting a job, a group of troublesome adults are forced to attend night classes. With Tiffany Haddish. (2018, 15, 111min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**10.00** **Life of the Party** Comedy starring Melissa McCarthy. (2018, 12, 105min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.50** **Eaten by Lions** Comedy starring Antonio Aakeel, Jack Carroll and Asim Chaudhry. (2018, 12, 95min) ★★★
**1.35** AM **Stella's Last Weekend** Comedy drama with Nat Wolff. (2018, 15, 102min) ★★
**3.25** **Metal Heart** Comedy drama starring Jordanne Jones. (2018, 15, 88min) ★★★
**5.05** **to 6.45** AM **Napoleon Dynamite** Teen comedy. (2004, PG, 95min) ★★★★

primetime

## Sky Cinema Hits

303 303 844 403 503

**6.40** AM **Leave No Trace** Drama. (2018, 12, 109min) ★★★★★
**8.40** **Identity Thief** (2013) ★★★
**10.40** **Aladdin** As shown at 8.00pm.
**12.50** PM **Star Wars: Episode I – The Phantom Menace** Sci-fi. (1999, U, 132min) ★★★
**3.10** **Star Wars: Episode II – Attack of the Clones** Sci-fi. (2002) ★★
**5.35** **Star Wars: Episode III – Revenge of the Sith** (2005)

**8.00** **Aladdin** Live-action re-imagining of the animated adventure, with Will Smith and Mena Massoud. A street urchin unleashes the power of a genie sparking an adventure. With Naomi Scott. (2019, PG, 128min) ★★★★
**10.10** **Greta** Thriller starring Isabelle Huppert and Chloë Grace Moretz. A waitress gets more than she bargained for after returning a lost handbag to its owner. With Maika Monroe. (2018, 15, 98min) ★★★★

**12.00** M'T **Mamma Mia! Here We Go Again** Abba-themed musical. (2018, PG, 114min) ★★★
**2.00** AM **Love, Simon** Comedy drama. (2018, 12, 110min) ★★★
**4.00** **to 6.00** AM **Tooth Fairy** Fantasy family comedy. (2010, PG, 101min) ★★

## Sky Cinema Greats

304 304 845 404 504

**8.00** AM **Babe** (1995) ★★★★★
**9.35** **Babe: Pig in the City** Comedy. (1998, U, 96min) ★★★★
**11.15** **The Hand That Rocks the Cradle** As shown at 11.30pm.
**1.15** PM **Psycho** Horror. (1960, b/w, 15, 109min) ★★★★★
**3.15** **The Bourne Ultimatum** Thriller. (2007, 12, 115min) ★★★★
**5.15** **Groundhog Day** Comedy. (1993, PG, 103min) ★★★★★

**7.00** **Twins** Action comedy starring Arnold Schwarzenegger and Danny DeVito as unlikely twins conceived as part of an experiment in genetic engineering. With Kelly Preston. (1988, PG, 107min) ★★★
**9.00** **Sleepers** Fact-based drama starring Kevin Bacon, Robert De Niro and Dustin Hoffman. Years after being abused by guards at a reform school, four former friends take revenge. (1996, 18, 146min) ★★★

**11.30** **The Hand That Rocks the Cradle** Thriller. (1992) ★★★★
**1.30** AM **Lethal Weapon 3** Comedy. (1992, 15, 118min) ★★
**3.35** **Monty Python's The Meaning of Life** Comedy. (1983) ★★★
**5.30** **to 7.30** AM **Remember the Titans** Drama. (2000, PG) ★★★

## TCM Movies

315 415 416 512 526

**6.00** AM **Close Up**
**6.30** **For Whom the Bell Tolls** (1943)
**9.40** **You Can't Cheat an Honest Man** Comedy. (1939, b/w, U) ★★★
**11.20** **Escape from Fort Bravo** (1953)
**1.30** PM **Casablanca** Drama. (1942, b/w, U, 102min) ★★★★★
**3.35** **Day of the Evil Gun** Western. (1968, PG, 93min) ★★
**5.35** **The Lone Ranger** Western. (1956, U, 86min) ★★

**7.25** **Rope** Alfred Hitchcock suspense drama starring James Stewart, John Dall and Farley Granger. Two young men kill a college friend for kicks and hold a party over the hidden body. (1948, PG, 80min) ★★★
**9.00** **Magnum Force** Thriller sequel to *Dirty Harry*, starring Clint Eastwood. Inspector Harry Callahan investigates a wave of underworld killings in San Francisco. With David Soul. (1973, 18, 117min) ★★★★

**11.40** **Money Talks** Comedy. (1997) ★
**1.45** AM **Jackie Chan's First Strike** Thriller. (1996, 12, 83min) ★★
**3.20** **Off Set**
**3.30** **Hollywood's Best Directors**
**5.00** **to 6.00** AM **Close Up**

+1 hour 316 417

## Talking Pictures

328 445 81 306

**6.00** AM **Up In The Air** (1940) ★★
**7.15** **Dick Tracy** 2/15. (S1)
**7.45** **Silent Dust** Drama. (1949) ★★
**9.25** **Do You Know This Voice?** Mystery. (1964, b/w, PG) ★★
**11.00** **Richard Diamond** 10/12. (S1)
**11.30** **The Frightened City** (1961) ★★
**1.30** PM **Quiet Weekend** (1946)
**3.20** **The Strange Love of Martha Ivers** Melodrama. (1946) ★★★
**5.40** **Hour of Decision** (1957) ★★

**7.15** **Pool of London** Police thriller with Bonar Colleano and Susan Shaw. A sailor and small-time smuggler become involved in a murder. With Earl Cameron. (1950, b/w, PG, 85min) ★★
**9.00** **Rumpole of the Bailey**
**10.05** **Fools' Parade** Comedy starring James Stewart and George Kennedy. Three ex-cons tangle with a crooked bank manager and their sadistic ex-guard. With Anne Baxter and Strother Martin. (1971, 12, 98min) ★★★

**12.05** AM **Cosh Boy** Crime drama. (1952, b/w, 15, 75min) ★★
**1.40** **The Hand** Chriller. (1960) ★★
**2.55** **Tell Me Another**
**3.10** **Variety Jubilee** British musical. (1943, b/w, U, 89min) ★★
**5.00** **Honey West** 17/30. (S1)
**5.30** **to 6.00** AM **Rooms**

## Horror

317 149 70 138

**8.00** AM **Andromeda** 6/22. (S3)
**9.00** **Star Trek: Voyager** 12/26. (S6)
**10.00** **Star Trek** 13/24. (S3)
**11.00** **Journey to the Center of the Earth** Sci-fi. (2008, 12) ★
**1.00** PM **Lord of the Elves** Adventure. (2012, 12, 87min) ★★
**3.00** **Lost in Space** 7/30. (S2)
**4.00** **Mega Piranha** Creature feature. (2010, 15, 89min) ★★
**6.00** **Star Trek** 14/24. (S3)

**7.00** **Star Trek: Voyager** 13/26. (S6)
**8.00** **Mutant X** 18/22. Brennan connects with Jesse. (S3)
**9.00** **Demonic** Horror starring Maria Bello. A detective and a police psychologist discover a supernatural cause for a multiple murder at a remote house. (2015, 15, 83min) ★★
**10.40** **Halloween III: Season of the Witch** Horror with Dan O'Herlihy as a toymaker plotting to kill innocent children. With Tom Atkins. (1983, 15, 98min) ★★★

**12.35** AM **Hostel** Horror thriller starring Jay Hernandez. (2005, 18, 93min) ★★
**2.25** **to 4.30** AM **Psycho IV: The Beginning** Thriller with Anthony Perkins. (1990, 18, 96min) ★★

+1 hour 318 202 139

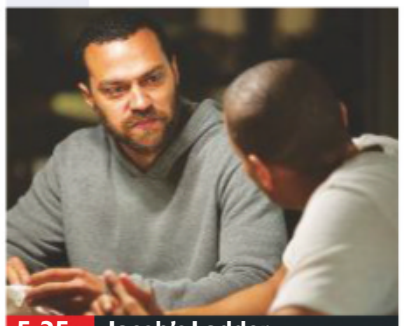


★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

## Sky Cinema Thriller

309 309 850 409 509

**6.10** AM **Distorted** Thriller. (2018, 15, 86min) ★★
**7.50** **Kissing Candice** Drama. (2017, 15, 108min) ★★★
**9.40** **Ride** Thriller. (2017, 15) ★★
**11.20** **White Boy Rick** As 7.00pm.
**1.20** PM **Hotel Mumbai** As 9pm.
**3.25** **The International** Thriller. (2009, 15, 113min) ★★★
**5.25** **Jacob's Ladder** Thriller. remake. (2019, 15, 89min) ★
**7.00** **White Boy Rick** Crime drama. (2018, 15, 111min) ★★★


5.25 Jacob's Ladder

**White Boy Rick** (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

**9.00** **Hotel Mumbai** Fact-based thriller starring Dev Patel. In 2008, at the Taj Mahal Palace Hotel, four terrorists take staff and residents hostage, but some of the employees risk their lives to protect their guests. (2018, 15, 123min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.05** **Face/Off** Action thriller with John Travolta and Nicolas Cage. (1997, 18, 133min) ★★★★
**1.35** AM **Midnight Express** Prison drama directed by Alan Parker, from a script by Oliver Stone, starring Brad Davis. (1978, 18, 120min) ★★★
**3.45** **Outlaws** Thriller starring Ryan Corr. (2017, 18, 92min) ★★
**5.30** **to 7.15** AM **Point Last Seen** Drama with Linda Hamilton. (1998, PG, 87min) ★★

## Sky Cinema Drama

310 310 851 410 510

**6.30** AM **Sabrina** As 3.55am.
**8.30** **Cruise** As shown at 10pm.
**10.10** **The Old Man & the Gun** Drama, as shown at 6.15pm.
**11.55** **JT LeRoy** As shown at 8pm.
**1.55** PM **Men of Honor** Biopic, as shown at 11.35pm.
**4.15** **Ray & Liz** Drama with Richard Ashton and Justin Salinger. (2018, 15, 108min) ★★★★
**6.15** **The Old Man & the Gun** Light-hearted drama. (2018, 12, 93min) ★★★★

8.00 JT LeRoy

**8.00** **JT LeRoy** Drama starring Kristen Stewart. A young woman spends six years pretending to be celebrated author JT LeRoy, the made-up literary persona of her sister-in-law. With Laura Dern and Jim Sturgess. (2018, 15, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**10.00** **Cruise** Romantic comedy with Spencer Boldman. A young man meets a woman with a wild side. (2018, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.35** **Men of Honor** Biopic starring Cuba Gooding Jr as Carl Brashear, who overcame racism to become the first African-American diver in the US Navy. With Robert De Niro. (2000, 15, 129min) ★★★
**1.55** AM **Ray & Liz** As 4.15pm.
**3.55** **to 6.00** AM **Sabrina** Charming Billy Wilder comedy starring Humphrey Bogart and Audrey Hepburn. (1954, b/w, U, 113min) ★★★★

## Sky Cinema Monsters

307 307 848 411 511

**6.00** AM **Jason and the Argonauts** Fantasy, as shown at 4.00am.
**8.00** **Slaughterhouse Rulez** Comedy, as shown at 6.00pm.
**10.00** **John Carter** As 10.15pm.
**12.15** PM **Jurassic World: Fallen Kingdom** As shown at 8pm.
**2.30** **Little Monsters** Comedy. (2019, 15, 93min) ★★★★
**4.15** **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★
**6.00** **Slaughterhouse Rulez** Comedy. (2018, 15) ★★★

6.00 Slaughterhouse Rulez

**8.00** **Jurassic World: Fallen Kingdom** Sci-fi sequel starring Chris Pratt and Bryce Dallas Howard. While trying to protect genetically engineered dinosaurs, Owen Grady and Claire Dearing uncover a conspiracy. (2018, 12, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**10.15** **John Carter** Sci-fi fantasy with Taylor Kitsch and Lynn Collins. A 19th-century Civil War veteran becomes a heroic warrior on the planet Mars. (2012, 12, 126min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**12.30** AM **Zombieland** As 4.15pm.
**2.15** **Resident Evil: Extinction** Sci-fi horror thriller sequel. (2007, 15, 90min) ★★
**4.00** **to 6.00** AM **Jason and the Argonauts** Fantasy mythological adventure. (1963, U, 99min) ★★★★

## Sky Cinema Superhero

302 302 842 402 502

**6.05** AM **Superman** As 3.40am.
**8.30** **Superman II** Fantasy. (1980, PG, 127min) ★★★
**10.40** **Ant-Man and the Wasp** Fantasy, as shown at 9.35pm.
**12.40** PM **Kick-Ass** As 11.40pm.
**2.40** **Kick-Ass 2** Action thriller. (2013, 15, 103min) ★★
**4.35** **Man of Steel** Fantasy. (2013, 12, 143min) ★★★
**7.00** **Batman v Superman: Dawn of Justice** Fantasy adventure. (2016, 12, 164min) ★★

4.35 Man of Steel

**Batman v Superman: Dawn of Justice** (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

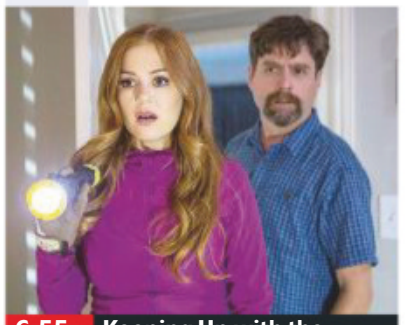
**9.35** **Ant-Man and the Wasp** Fantasy starring Paul Rudd and Evangeline Lilly. Former thief Scott Lang is presented with a new mission involving secrets from the past. (2018, 12, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.40** **Kick-Ass** Comic-book thriller with Aaron Johnson, Nicolas Cage and Chloë Grace Moretz. A New York teenager becomes a costumed crime-fighter. (2010, 15, 117min) ★★★
**1.45** AM **Kick-Ass 2** Comic-book thriller, as shown at 2.40pm.
**3.40** **to 6.10** AM **Superman** Sci-fi adventure starring Christopher Reeve, Margot Kidder, Marlon Brando and Gene Hackman. (1978, PG, 143min) ★★★★

## Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
**11.00** AM **Waterloo Road** Drama. (1944, b/w, PG, 73min) ★★
**12.35** PM **A Night to Remember** A dramatic reconstruction of the sinking of the *Titanic*. (1958, b/w, PG, 123min) ★★★★★
**3.10** **Tulsa** Adventure drama. (1949, U, 90min) ★★
**4.55** **The Bravados** Western. (1958, PG, 98min) ★★★
**6.55** **Keeping Up With the Joneses** Comedy. (2016, 12) ★★★


6.55 Keeping Up with the...

**Keeping Up With the Joneses** (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

**8 PM**

**9.00** **Little Fockers** Comedy sequel starring Ben Stiller and Robert De Niro. A hapless male nurse must prove that he is worthy of one day becoming head of the family. (2010, 12, 98min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**9 PM**

**10 PM**

**10.55** **Mr. & Mrs. Smith** Black comedy starring Brad Pitt and Angelina Jolie. (2004, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11 PM**

**1.15** **to 3.05** AM **Rafiki** Romantic drama starring Samantha Mugatsia. Partly subtitled. (2018, 12, 83min) ★★★★

+1 hour 314 430 45 301

## Sony Movies Classic

319 424 50 303

**6.00** AM **On Dangerous Ground** Thriller. (1951, b/w, PG) ★★★★
**7.40** **The Great Lover** (1949) ★★
**9.20** **Rhythm Serenade** (1943) ★★
**11.10** **The Secret Life of Walter Mitty** Fantasy. (1947, U) ★★★★
**1.25** PM **Road to Bali** (1952) ★★★★
**3.20** **Passport to China** Drama. (1960, U, 75min) ★★
**5.00** **Rock Around the Clock** Drama. (1956, b/w, U, 74min) ★★★

**6.40** **Philadelphia** Drama with Tom Hanks and Denzel Washington. A gay lawyer takes his firm to court when he is sacked after his colleagues discover he has Aids. (1993, 12, 122min) ★★★
**9.00** **There's a Girl in My Soup** Comedy with Peter Sellers. A TV gourmet finds he has bitten off more than he can chew (1970, 15, 95min) ★★★
**10.55** **The Admirable Crichton** Comedy starring Kenneth More. (1957, U, 93min) ★★★

**12.45** AM **A Prize of Arms** Thriller. (1961, b/w, PG, 105min) ★★★
**2.50** **Conduct Unbecoming** Drama. (1975, PG, 107min) ★★★
**4.35** **to 6.00** AM **The Giants of Thessaly** Adventure. (1960) ★★

+1 hour 320 303 304

## Sony Movies

321 425 32 302

**9.00** AM **Murder Unresolved** Thriller. (2015, PG, 85min) ★★
**10.55** **Framed for Murder** Crime thriller. (2007, 12, 94min) ★★
**1.00** PM **Fatal Acquittal** Thriller. (2014, PG, 105min) ★★
**2.45** **Still Life: A Three Pines Mystery** Mystery. (2013, PG, 105min) ★★
**4.30** **Hitch** Romantic comedy with Will Smith and Eva Mendes. (2005, 12, 118min) ★★★

**6.50** **Playing for Keeps** Romantic comedy starring Gerard Butler and Jessica Biel. A washed-up ex-football player begins coaching his estranged young son's team and becomes an object of lust for the local moms. (2012, 12, 103min) ★★★
**9.00** **The Expendables 2** Action sequel with Sylvester Stallone, Jason Statham, Jean-Claude Van Damme, Bruce Willis and Arnold Schwarzenegger. (2012, 15, 98min) ★★★

**11.10** **First Kill** Action thriller. (2017, 15, 97min) ★★
**1.15** AM **The Social Network** Drama. (2010, 12, 120min) ★★★★★
**3.45** **to 6.00** AM **Short Circuit 2** Sci-fi. (1988, PG, 110min) ★

+1 hour 322

## Sony Movies Action

323 426 40 305

**6.00** AM **Garringo** (1969) ★★
**7.45** **Against All Odds**
**9.00** **At the Edge**
**10.10** **Firequake** Sci-fi. (2014) ★
**12.05** PM **The Persuaders!**
**1.05** **Geronimo** Western. (1962) ★★
**3.15** **Pathfinders: In the Company of Strangers** War adventure. (2011, 12, 97min) ★★
**5.10** **Yesterday's Enemy** War drama. (1959, b/w, PG, 96min) ★★

**7.05** **A Thousand Heroes** Disaster thriller starring Charlton Heston as an airline pilot forced to make an emergency landing when the engines of his DC-10 blow out. With Richard Thomas. (1992, PG, 95min) ★★
**9.00** **Sniper: Ghost Shooter** Thriller starring Billy Zane and Chad Michael Collins. A pair of snipers protect a pipeline in the Middle East from terrorists – only to come up against an unknown shooter. (2016, 15, 99min) ★★

**11.05** **Gun** Crime thriller starring Curtis Jackson. (2010, 18, 78min) ★★
**12.45** AM **The Stranger** Action thriller. (2010, 15, 87min) ★★
**2.35** **to 4.00** AM **A Fall from Grace** Thriller. (2012, 15, 87min) ★★

+1 hour 324

## Movies 24

325 419 513

**7.00** AM **Walking the Dog** (2017) ★★
**9.00** **The Good Witch's Destiny** Fantasy. (2013, PG, 82min) ★★
**11.00** **Sundays at Tiffany's** Romance. (2010, PG, 88min) ★★
**1.00** PM **Love's Last Resort** Drama. (2017, PG, 120min) ★★
**3.00** **Murder, She Baked: A Plum Pudding Mystery** (2015) ★★
**5.00** **Love, Alaska** Romantic comedy. (2019, PG, 95min) ★★

**7.00** **Mystery 101: Playing Dead** Mystery starring Jill Wagner. A crime fiction expert investigates a threat to the life of an actor appearing in a stage play at a local theatre. With Kristoffer Polaha. (2019, PG, 90min) ★★
**9.00** **The Perfect Bride** Romantic comedy with Pascale Hutton. A bridal fitness instructor confronts her own past after meeting a photographer who is having doubts about his nuptials. (2017, PG, 84min) ★★

**11.00** **A Brush with Love** Romantic drama. (2019, PG, 84min) ★★
**1.00** AM **While You Were Dating** Comedy. (2017, PG, 80min) ★★
**3.00** **to 5.00** AM **The Art of Us** Comedy. (2017, PG, 90min) ★★

+1 hour 326 420

## FILMS ON OTHER CHANNELS

### 6pm TILL LATE

**6.45** PM **House of Flying Daggers** *AMC* Chinese director Zhang Yimou's romantic period adventure. Subtitled. ★★★★★
**9.00** **Coogan's Bluff** *ITV4* Thriller starring Clint Eastwood. ★★★
**9.00** **xXx** *Comedy Central* Espionage action thriller starring Vin Diesel and Samuel L Jackson. ★★
**9.00** **Money Train** *Paramount Network* Action comedy starring Wesley Snipes, Jennifer Lopez and Woody Harrelson. ★★
**10.00** **Armed Response** *Syfy* Action thriller with Wesley Snipes. ★★
**11.00** **28 Days Later** *5STAR* Horror thriller starring Cillian Murphy, Naomie Harris, Megan Burns, Brendan Gleeson and Christopher Eccleston. ★★★
**11.05** **Magnum Force** *ITV4* Thriller sequel to *Dirty Harry*, starring Clint Eastwood, Hal Holbrook and David Soul. ★★★★
**11.30** **Mean Machine** *Comedy Central* Sporting drama starring Vinnie Jones and Ralph Brown. ★★
**11.50** **Two for the Money** *AMC* Gambling drama starring Al Pacino, Rene Russo and Matthew McConaughey. ★★★

# WEDNESDAY Sport

SKY HD SD VIRGIN HD BT HD

11 March

## Sky Sports Main Event

401 401 855 511 501 402 437

6.00 AM **Good Morning Sports Fans Bitesize** The latest sports news.
7.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, a tip on today's racing and a sporting weather forecast.
10.00 **Football Centre** A round-up of the latest football news.
12.00 NOON **Sky Sports News** The latest sports news and updates.
1.00 PM **LIVE The Players Championship** Build-up to this year's Players Championship, which takes place at TPC Sawgrass in Ponte Vedra Beach, Florida.
9.00 **Sky Sports Tonight** This evening's leading sports stories.
10.00 **The Debate** Discussion on the latest football news.
11.00 **NBA: The Warm Up** A look ahead to tonight's fixtures.
11.30 **LIVE NBA Philadelphia 76ers v Detroit Pistons.** The Eastern Conference clash from the Wells Fargo Centre. Tip-off **11.30pm**.
2.00 **to 6.00** AM **Sky Sports News** A round-up of the day's talking points and a look ahead to the events that are likely to make the news tomorrow.

## Sky Sports Premier League

402 402 856 512 502

6.00 AM **PL Greatest Games**
7.00 **The Debate**
8.00 **Best PL Goals: Man Utd v Newcastle** Memorable strikes.
8.30 **Best PL Goals: Man City v Liverpool** Memorable goals.
9.00 **Premier League 100 Club**
9.30 **PL 100 Club: England's Finest**
10.00 **Premier League Years**
12.00 NOON **The Debate**
1.00 PM **Premier League Years**
3.00 **PL Best Goals 04/05**
4.00 **PL Greatest Games**
5.00 **Premier League 100 Club**
6.00 **PL Legends: David Seaman**
6.30 **PL Legends: Paolo Di Canio**
7.00 **Premier League World**
7.30 **The Tyler Archives**.
8.00 **Gary Neville's Soccerbox**
9.00 **Premier League World**.
9.30 **The Tyler Archives**
10.00 **The Debate** Discussion on the latest football news.
11.00 **Premier League Best Goals**
12.00 M'T **The Debate**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **Best PL Goals: North London Derby** Memorable strikes.
5.30 **to 6.00** AM **PL 100 Club**

## Sky Sports Football

403 403 857 513 503

6.00 AM **Highlights**
9.00 **SPFL Greatest Games**
9.30 **Play-Off Final Highlights**
10.30 **EFL Greatest Games**
11.15 **SPFL Greatest Games**
11.30 **Football's Greatest Players**
12.00 NOON **Football Countdowns**
12.30 PM **Football Years**
1.00 **SPFL Greatest Games**
1.45 **One2Eleven: Joe Cole**
2.00 **EFL Play-Off Final Highlights**
3.00 **Football's Greatest Players**
3.30 **Football Countdowns**
4.00 **Football Years**
4.30 **EFL Play-Off Final Highlights**
5.30 **SPFL Greatest Games**
6.00 **Carling Cup Final 2011/12**
7.00 **MLS Round-Up Show**
7.30 **EFL Goals: Leagues 1 & 2**
8.00 **EFL Championship Highlights**
10.00 **SPFL Highlights**
10.30 **EFL Greatest Games**
11.00 **One2Eleven: Stuart Pearce**
11.15 **EFL Greatest Games**
11.30 **SPFL Greatest Games**
12.00 M'T **Football Years**
12.30 AM **SPFL Greatest Games**
1.00 **Football Countdowns**
1.30 **Football Years**
2.00 **Championship Review 16/17**
3.00 **to 6.00** AM **Highlights**

## Sky Sports Cricket

404 404 858 514 504

6.00 AM **Cricket's Greatest Games**
7.00 **Best of England v Australia**
7.50 **Ashes Greats**
8.00 **Cricket's Greatest Games**
9.00 **Best of England v Australia**
9.50 **Ashes Greats**
10.00 **How the 2009 ICC World Twenty20 Was Won**
12.00 NOON **Cricket's Greatest Games**
1.00 PM **Best of England v Australia**
1.50 **Ashes Greats**
2.00 **Cricket's Greatest Games**
3.00 **Best of England v Australia**
3.50 **Ashes Greats**
4.00 **How the 2009 ICC World Twenty20 Was Won**
6.00 **Women's ICC World T20 Cricket** A replay of the final.
10.00 **Winning Over The World** How the England women's cricket team won the 2017 World Cup.
11.00 **How the 2009 ICC World Twenty20 Was Won**
1.00 AM **Best of England v Australia**
1.50 **Ashes Greats**
2.00 **Cricket's Greatest Games**
3.00 **Best of England v Australia**
3.50 **Ashes Greats**
4.00 **Cricket's Greatest Games**
5.00 **Best of England v Australia**
5.50 **to 6.00** AM **Ashes Greats**

## Sky Sports The Players

405 405 859 515 505

6.00 AM **The Players Championship Official Film** A look back at Jack Nicklaus's final round in 1974.
8.00 **The Players Championship Official Film** A look back at Sandy Lyle's final round in 1987.
10.00 **Golf Academy**
11.00 **How The Players Was Won** Action from the final day of the 2019 Players Championship.
1.00 PM **LIVE The Players Championship** Build-up to this year's Players Championship, which takes place at TPC Sawgrass in Ponte Vedra Beach, Florida.
9.00 **PGA Tour: The Cut** A look behind the scenes of the tour.
9.30 **Rory's Review of 2019**
10.00 **Golf Academy**
11.00 **Best of the Sky Zone**
11.30 **PGA Tour: The Cut**
12.00 M'T **The Players Championship Official Film** As 6.00am.
2.00 AM **The Players Championship Official Film** The 2013 event.
3.00 **The Players Championship Official Film** The 2014 event.
4.00 **The Players Championship Official Film** The 2015 event.
5.00 **to 6.00** AM **The Players Championship Official Film**

## BT Sport 1

413 413 867 527 408 430

6.00 AM **BT Sport Goals Reload**
6.30 **Early Kick-Off**
6.45 **Premier League Reload**
7.00 **WWE Monday Night Raw**
9.30 **Europa League Magazine**
10.00 **Gallagher Premiership Rugby Highlights** Recent action.
12.30 PM **The WRC Magazine**
1.00 **Mobil 1: The Grid**
1.30 **Fishing: On The Bank**
2.30 **Premier League**
4.00 **BT Sport Score Best Bits**
4.30 **BT Sport Reload**
5.00 **Ladbrokes SPFL Highlights**
5.15 **Premier League Reload**
5.30 **LIVE Bundesliga Borussia Moenchengladbach v FC Cologne.** Coverage from Borussia-Park. Kick-off **5.30pm**.
7.30 **Premier League World**
8.00 **MotoGP Highlights**
9.00 **Rugby Tonight On Tour**
9.30 **Badminton Unlimited**
10.00 **WWE NXT UK**
11.00 **WWE NXT Highlights**
12.00 M'T **WWE Raw Highlights**
1.00 AM **LIVE WWE NXT** Wrestling coverage from America.
3.15 **MotoGP Rewind**
3.30 **Rugby Tonight On Tour**
4.00 **to 6.00** AM **Classic Boxing**

## BT Sport 2

414 414 868 528 409 431

6.00 AM **UEFA Champions League** RB Leipzig v Tottenham Hotspur. **7.00** Valencia v Atalanta.
8.00 **MotoGP** Action from the Moto3, Moto2 and MotoGP races at the Grand Prix of Qatar.
11.00 **MotoGP Chequered Flag**
12.00 NOON **Vanarama National League** Another chance to see Harrogate Town v Bromley.
1.30 PM **Ligue 1 Highlights**
2.30 **Bundesliga Highlights Show**
3.30 **Coppa Italia Highlights**
4.00 **WWE SmackDown Highlights**
5.00 **WWE Raw Highlights**
6.00 **UEFA Champions League** Atletico Madrid v Liverpool.
7.00 **LIVE UEFA Champions League Liverpool v Atletico Madrid.** The last-16 second-leg encounter from Anfield. Kick-off **8.00pm**. *See feature, page 28.*
10.30 **UEFA Champions League Highlights** Tonight's action.
11.30 **Dan Hardy's Open Mat**
12.00 M'T **UFC** A re-run of Israel Adesanya v Yoel Romero.
3.00 AM **UFC on ESPN**
4.00 **UFC Unleashed**
5.00 **to 6.00** AM **Fishing: On The Bank**

## BT Sport 3

417 417 869 529 410 432

6.00 AM **Hyundai A-League**
12.00 NOON **UEFA Champions League** Double bill of action.
2.00 PM **BT Sport Score Best Bits**
2.30 **Hyundai A-League Highlights**
3.30 **Ladbrokes SPFL Highlights**
3.45 **Europa League Magazine**
4.15 **UEFA Champions League** RB Leipzig v Tottenham Hotspur. **5.15** Valencia v Atalanta. **6.15** Action from Borussia Dortmund v Paris Saint-Germain.
7.15 **LIVE UEFA Champions League Paris Saint-Germain v Borussia Dortmund.** The last-16 second-leg clash at Parc des Princes. Kick-off **8.00pm**.
10.15 **Premier League Review**
11.15 **Bundesliga Special**
11.45 **MotoGP Rewind**
12.00 M'T **UEFA Champions League** Liverpool v Atletico Madrid. **1.00** AM Paris Saint-Germain v Borussia Dortmund.
2.00 AM **Bundesliga**
3.00 **Ligue 1 Highlights**
4.00 **Coppa Italia Highlights**
4.30 **Vanarama National League Highlights** Recent action.
5.00 **to 6.00** AM **Hyundai A-League Highlights**

## Sky Sports Action

407 407 861 517 507

6.00 AM **Boxing Gold**
7.00 **Sporting Records**
8.00 **NFL: America's Game**
10.00 **Sporting Records**
10.30 **Hooked on Africa**
11.00 **NFL: America's Game**
1.00 PM **Sporting Records**
2.00 **Darts Gold**
2.30 **Boxing Gold**
3.00 **When Naz Hit New York** A look at the story of 'Prince' Naseem Hamed's 1997 Madison Square Garden fight with Kevin Kelley.
3.30 **Darts Gold**
4.30 **Sporting Records** The feats of Jesse Owens, Greg Lemond and the 1974 British & Irish Lions.
5.00 **Hooked on Africa**
5.30 **Darts Gold** The PDC World Darts Championship finals of 2001.
6.00 **NBC's Pro-Football Talk**
8.00 **NFL: America's Game** The history of American football.
10.00 **Motorsport Mundial**
10.30 **Hooked on Africa**
11.00 **NFL: America's Game**
1.00 AM **Super League Gold**
2.00 **NFL: America's Game**
3.30 **Darts Gold**
4.00 **Sporting Records**
5.00 **to 6.00** AM **Sporting Greats**

## Sky Sports Mix

145 145 838 520 510

6.00 AM **My Icon**
7.00 **Sporting Records**
8.00 **Sporting Greats**
9.00 **My Icon**
10.00 **NBA Classic Games: Hawks @ Celtics 2012** Atlanta Hawks v Boston Celtics from 2012.
11.00 **School of Golf**
12.00 NOON **Sporting Greats**
1.30 PM **Cricket's Greatest Games**
2.00 **Fight Night International**
3.00 **My Icon**
4.00 **Women's ICC World T20 Cricket** The first semi-final.
5.00 **Women's ICC World T20 Cricket** The second semi-final.
6.00 **Women's ICC World T20 Cricket** Action from the final.
7.00 **Netball Superleague** London Pulse v Celtic Dragons.
9.00 **Rugby 7s** The Los Angeles Sevens: Highlights from the fifth round of the season, held at Dignity Health Sports Park.
10.00 **Fight Night International** Katie Taylor v Rose Volante.
11.00 **Premier League World** A round-up of the latest news.
11.30 **My Icon**
12.00 M'T **to 6.00** AM **Mix Shorts: Masterclasses**

## BT Sport/ESPN

423 423 872 530 411 434

6.00 AM **Around the Horn**
6.30 **Pardon the Interruption**
7.00 **ESPN FC** Football news.
7.30 **College Basketball**
11.00 **The WRC Magazine**
11.30 **Around the Horn**
12.00 NOON **ESPN FC** Football news.
12.30 PM **Pardon the Interruption**
1.00 **College Basketball**
2.45 **BT Sport Reload**
3.00 **NHL: Tampa Bay @ Toronto**
5.00 **LIVE MLB Minnesota Twins v Atlanta Braves.** The Spring Training match from CoolToday Park, Florida. Start-time **5.05pm**.
8.00 **LIVE MLB Los Angeles Angels v Oakland Athletics.** The Spring Training match from Tempe Diablo Stadium. Start-time **8.10pm**.
11.00 **BT Sport Reload**
11.30 **College Basketball** Women's ACC Championship Game.
1.15 AM **College Basketball** Women's SEC Championship Game.
3.00 **to 6.00** AM **MLB**

## Eurosport 1

410 410 864 521 412 435

6.00 AM **Alpine Skiing**
7.00 **Cycling: Paris-Nice**
8.00 **Snooker: Scottish Open**
10.00 **Triathlon: Llanelli Sprint**
10.30 **Table Tennis**
11.35 **Fencing: Grand Prix Series**
12.40 PM **Cycling: Paris-Nice**
1.40 **LIVE Cycling: Paris-Nice** Coverage of stage four from Saint-Amand-Montrond.
3.40 **Ski Jumping**
4.25 **LIVE Ski Jumping** The World Cup event in Trondheim, Norway.
5.45 **Alpine Skiing**
7.45 **Cycling: Milan-San Remo**
8.00 **Cycling: Paris-Nice**
9.00 **Cycling: Tirreno-Adriatico**.
10.00 **Ski Jumping**
11.00 **Cycling: Paris-Nice**
12.00 M'T **Cycling: Tirreno-Adriatico**
1.00 AM **Bala Triathlon**
2.00 **Cycling: Paris-Nice**
3.00 **Cycling: Tirreno-Adriatico**
4.00 **Ski Jumping**
5.00 **to 6.00** AM **Alpine Skiing**

## Eurosport 2

411 411 865 522 413 436

6.00 AM **Cycling: Tirreno-Adriatico**
7.00 **Fencing: Grand Prix Series**
8.00 **Cycling: Paris-Nice**
9.00 **Cycling: Tirreno-Adriatico**
10.00 **Freestyle Motocross**
12.00 NOON **Best of Bikes**
12.15 PM **Cycling: Tirreno-Adriatico**
1.15 **LIVE Cycling: Tirreno-Adriatico** Coverage of stage one, a 134km course that starts and ends in Lido di Camaiore, Italy.
4.15 **Cycling: Milan-San Remo**
4.30 **World Superbikes**
6.00 **Snooker: World Championship**
8.00 **Ski Jumping**
9.00 **Alpine Skiing**
11.00 **Freestyle Motocross**
1.00 AM **Fencing**
1.10 **Cycling: Cancellara – The Day When** Fabian Cancellara.
1.40 **Fencing**
1.50 **Snooker 147s**
2.00 **Hall of Fame – Beijing 2008**
3.00 **Snooker: UK Championship**
5.00 **to 6.00** AM **Cycling: Paris-Nice**

## Sky Sports Arena

408 408 862 518 508

6.00 AM **Highlights**
8.00 **Sporting Greats**
8.30 **Hooked on Africa**
9.00 **Sporting Records**
10.00 **Boxing Gold**
11.00 **Netball Superleague**
1.00 PM **Sporting Greats**
2.00 **NBA Classic Games**
4.00 **Hooked on Africa**
4.30 **Sporting Greats**
5.00 **Boxing Gold**
6.00 **Super League Highlights**
6.30 **Super League Gold**
7.00 **Inside Super League**
8.00 **Super League Highlights**
8.30 **NBA GameTime**
9.00 **NBA Heatcheck**
10.00 **Inside Super League**
11.00 **NBA: The Warm Up**
11.30 **LIVE NBA Philadelphia 76ers v Detroit Pistons.** From Wells Fargo Centre. Tip-off **11.30pm**.
2.00 AM **Super League Gold**
3.00 **Sporting Records**
4.00 **to 6.00** AM **Highlights**

## Sky Sports F1

406 406 860 516 506

6.00 AM **The Home of F1**
11.00 **Formula 1**
2.15 PM **Russian F1 GP Best Bits**
2.45 **Mattia Binotto IV**
3.00 **Formula 1**
6.15 **Japanese F1 GP Best Bits**
6.45 **Lewis in the W196 with Martin**
6.55 **Melbourne Seaplane Tour**
7.00 **F1 Classic Races**
9.00 **The Inside Line**
9.30 **Formula 1** Another chance to see the 2019 Mexico Grand Prix.
11.45 **Lewis in the W196 with Martin**
11.55 **Alfa Romeo 1950**
12.00 M'T **Formula 1**
1.00 AM **Mexico F1 GP Best Bits**
1.30 **Formula 1**
3.30 **Australian F1 GP Best Bits**
4.00 **F1 2019 Season Review**
5.00 **LIVE F1 Drivers Press Conference** The drivers answer the media's questions ahead of the Australian Grand Prix.
5.30 **to 6.00** AM **Australian F1 GP Best Bits**

# Thursday

12 March

## Evening Planner



### Football

**Europa League**
***Bt Sport 1 HD, BT Sport 2 HD & BT Sport/ ESPN, kick-offs 5.45pm & 8pm***
On-a-roll Rangers are the British side to watch in the round-of-16 first-leg games

### Entertainment

**Gods of the Game**
***Comedy Central HD, 8.30pm***
Bradley Wiggins hosts as contestants challenge sports stars including Chris Hoy in their own fields of expertise

### Sci-fi

**Project Blue Book**
***Syfy HD, 9pm***
The Cold War-era drama is back for series two, and Hynek and Quinn aim to expose what happened in New Mexico

### Comedy

**Breeders**
***Sky One HD, 10pm & 10.35pm***
Martin Freeman and Daisy Haggard are parents who love and loathe their kids at the same time, just needing some sleep

| SKY EVENING TIME | 7.00PM | 7.30PM | 8.00PM | 8.30PM | 9.00PM | 9.30PM | 10.00PM | 10.30PM |
|---|---|---|---|---|---|---|---|---|
| **FAVOURITES** | | | | | | | | |
| 101 BBC1 | 7.00 The One Show | 7.30 EastEnders | 8.00 MasterChef | 8.30 EastEnders | 9.00 Noughts + Crosses | | 10.00 News | 10.35 Question... |
| 102 BBC2 | 7.00 MOTDx | 7.30 Villages by the... | 8.00 Secrets of the Museum | | 9.00 Hospital | | 10.00 Vic & Bob's... | 10.30 Newsnight |
| 103 ITV | 7.00 Emmerdale | 7.30 Can Robots... † | 8.00 Emmerdale | 8.30 How to... † | 9.00 The Station: Trouble on the Tracks | | 10.00 News; Local News | |
| 104 CHANNEL 4 | 7.00 News | | 8.00 How to Beat... Ageing | | 9.00 Hunted | | 10.00 First Dates | |
| 105 CHANNEL 5 | 7.00 The Dog Rescuers with Alan Davies | | 8.00 Britain's Naughtiest Nursery | | 9.00 10 Years Younger in 10 Days | | 10.00 Shipman: 5 Mistakes That Caught a... | |
| 106 SKY ONE | 7.00 The Simpsons | | 8.00 A League of Their Own | | 9.00 The Heist | | 10.00 Breeders | |
| **ENTERTAINMENT** | | | | | | | | |
| 116 BBC4 | 7.00 Beyond 100 Days | 7.30 The Wonder of... | 8.00 Shipwrecks: Britain's Sunken History | | 9.00 Can Science Make Me Perfect? with Alice Roberts | | | 10.30 Horizon: Why... |
| 118 ITV2 | 7.00 You've Been Framed! Gold: A-Z | | 8.00 Two and a Half Men | | 9.00 Film: Ride Along | | | |
| 136 MORE4 | ◂ 6.55 Escape to the Chateau: DIY | 7.55 Grand Designs | | | 9.00 Phil Spencer's Stately Homes | | 10.00 24 Hours in A&E | |
| 135 E4 | 7.00 Hollyoaks | 7.30 Man with a Plan | 8.00 Young Sheldon | | 9.00 Celebs Go Dating | | 10.00 Celebrity Gogglebox | |
| 107 SKY WITNESS | 7.00 Nothing to Declare | | 8.00 Ghost Whisperer | | 9.00 The Rookie | | 10.00 CSI | |
| 108 SKY ATLANTIC | 7.00 CSI | | 8.00 Blue Bloods | | 9.00 The Sopranos | | | |
| 110 GOLD | 7.00 Porridge | 7.40 Dad's Army | | | 9.00 Gavin & Stacey | 9.40 The Office | | 10.20 Peep Show |
| 111 DAVE | 7.00 Room 101 | | 8.20 Have I Got a Bit More News for You | | 9.20 QI | | 10.00 Meet the Richardsons | 10.40 QI |
| 119 ITV3 | ◂ 6.55 Agatha Christie's Poirot | | 8.00 Lewis | | | | 10.00 Scott & Bailey | |
| 120 ITV4 | 7.00 Cycling: Paris-Nice Highlights | | 8.00 Heathrow: Britain's Busiest Airport | | 9.00 Film: Heartbreak Ridge | | | |
| 112 COMEDY CENTRAL | 7.00 Friends | | | 8.30 Gods of the... | 9.00 Film: Ocean's Eleven | | | |
| 114 SYFY | 7.00 Warehouse 13 | | 8.00 Merlin | | 9.00 Project Blue Book | | 10.00 Film: The Colony | |
| 109 W | 7.00 Property Brothers: Forever Home | | 8.00 Sun, Sea and Brides to Be | | 9.00 Stacey Dooley Investigates Russia's... | | 10.00 One Born: What Happened Next? | |
| 113 SKY COMEDY | 7.00 Modern Family | 7.30 The Mindy Project | | | 9.00 Ramy Youssef: Feelings | | | 10.15 Sex and the City |
| 124 FOX | 7.00 NCIS | | | | 9.00 War of the Worlds | | 10.00 NCIS | |
| 122 SKY ARTS | 7.00 What Was Virginia Woolf Afraid Of? | | 8.00 Comedy Legends | | 9.00 The Directors | | 10.00 Discovering: Dustin Hoffman | |
| **DOCUMENTARY** | | | | | | | | |
| 125 DISCOVERY | 7.00 Outback Truckers | | 8.00 Wheeler Dealers | | 9.00 Alaskan Bush People | | 10.00 River of No Return | |
| 162 ANIMAL PLANET | 7.00 Animal Cops Detroit | | 8.00 Dr Jeff: Rocky Mountain Vet | | 9.00 The Vet Life | | 10.00 Animal Cops San Francisco | |
| 129 NAT GEO | 7.00 Car S.O.S. | | | | 9.00 Ultimate Supercar | | 10.00 Running Wild with Bear Grylls | |
| 130 HISTORY | 7.00 American Pickers | | 8.00 The Railways That Built Britain with... | | 9.00 Forged in Fire | | 10.00 Kings of Pain | |
| 155 YESTERDAY | 7.00 Abandoned Engineering | | 8.00 Bangers and Cash | | 9.00 Warbird Workshop | | 10.00 Narrow Escapes of World War Two | |
| 166 EDEN | 7.00 Life in the Undergrowth | | 8.00 Life in the Great Wetlands | | 9.00 Mountain Gorilla | | 10.00 Ganges | |
| **FILMS - Sky Cinema** | | | | | | | | |
| 301 PREMIERE | ◂ 6.15 Cold Blood Legacy | | 8.00 Brightburn | | | 9.45 I'll Take Your Dead | | |
| 303 HITS | ◂ 6.50 Star Wars: Episode IV – A New Hope | | | | 9.00 Star Wars: Episode V – The Empire Strikes Back | | | |
| 304 GREATS | ◂ 5.30 Flash Gordon | 7.30 Catch Me If You Can | | | | | 10.00 The Big Lebowski | |
| 305 DISNEY | ◂ 6.00 Cars | | 8.00 Toy Story 4 | | | 9.45 Prince of Persia: The Sands of Time | | |
| 306 FAMILY | ◂ 6.15 Despicable Me | | 8.00 The Kid Who Would Be King | | | | 10.00 The Pacifier | |
| 311 ACTION | ◂ 5.45 The Karate Kid | | 8.00 The Karate Kid Part II | | | | 10.00 First Blood | |
| 308 COMEDY | 7.00 She's Out of My League | | | | 9.00 Little | | | |
| 309 THRILLER | ◂ 6.45 Everybody Knows | | | | 9.00 Argo | | | |
| 310 DRAMA | ◂ 6.15 Love Story | | 8.00 As Good As It Gets | | | | | 10.30 The Bodyguard |
| 307 MONSTERS | ◂ 6.15 A Quiet Place | | 8.00 The Meg | | | | 10.05 Rampage | |
| 302 SUPERHERO | ◂ 6.40 X-Men: First Class | | | | 9.00 Deadpool 2 | | | |
| 313 FILM4 | 7.05 Crocodile Dundee | | | | 9.00 Birth of the Dragon | | | |
| 315 TCM MOVIES | ◂ 6.25 The Man Who Knew Too Much | | | | 9.00 The Postman | | | |
| **SPORT** | | | | | | | | |
| 401 MAIN EVENT | ◂ 5.00 The Players Championship – Live: Further coverage of the first day's play of the tournament at TPC Sawgrass | | | | | | | |
| 402 PREMIER LEAGUE | 7.00 PL Match Pack | 7.30 PL World | 8.00 Gary Neville's Soccerbox | | 9.00 PL Match Pack | 9.30 PL World | 10.00 The Debate | |
| 403 FOOTBALL | 7.00 SPFL Highlights | 7.30 EFL Championship Highlights | | | | | 10.00 SPFL Highlights | 10.30 EFL Greatest... |
| 404 CRICKET | ◂ 6.00 International T20 Cricket | | | | | | | 10.30 The Story of a... |
| 413 BT SPORT 1 | ◂ 6.30 WWE Monday Night Raw | | | | 9.00 WWE NXT | | | |
| 414 BT SPORT 2 | ◂ 5.45 UEFA Europa League – Live: Action from the UEFA Europa League | | | | | | | 10.30 UEFA Europa... |

◂ Denotes programmes starting before 7.00pm  † Regions vary

# THURSDAY

SAVE UP TO 36%
SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Subscribe online www.tvandsatsubs.com/61AU
OR CALL 0330 3331 113 and quote code 61AU
*Your payments will then continue at £19.99 payable every three months, saving 36%

Thursday

## BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Crimewatch Roadshow Live** New edition 4/15. From Merseyside. (S)
10.00 **Homes Under the Hammer** New edition From Glasgow. (S)
11.00 **Dom Does America** (S)(R)(AD)
11.45 **Saved on Camera** New edition (S)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **Five Bedrooms** New episode *Three Millimetres:* 3/8. (S1) (S)(AD)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Money for Nothing** New edition
4.30 **Ready Steady Cook** New edition 9/20. Mother-and-daughter duo Audrey and Candice compete. (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Noughts + Crosses

**7 PM**

7.00 **The One Show** Alex Jones and Matt Baker present the topical show. (S)
7.30 **EastEnders** Isaac shows his true colours to Patrick, and Chantelle feels the pressure to find work. (S)(AD)

**8 PM**

8.00 **MasterChef** New edition The heat-winners cook a plant-based dish in the third quarter-final. (S)(AD)
8.30 **EastEnders** Mitch follows Gray to find out what he is up to. (S)(AD)

**9 PM**

9.00 **Noughts + Crosses** New episode 2/6. Callum and Sephy take desperate measures to find somewhere they can be alone together, but Lekan suspects Sephy is hiding something from him and is on the rampage. (S1) (S)(AD)

**10 PM**

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.35 **Question Time** New edition Fiona Bruce hosts the political debate from West Bromwich. (S)
11.35 **Newscast** Laura Kuenssberg, Chris Mason, Katya Adler and Adam Fleming present their weekly round-up from Westminster, delivering their usual mix of serious analysis and light-hearted gossip about the biggest stories in politics. (S)
12.05 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.10 **to 6.00** AM **BBC News** (S)

## BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Money for Nothing** (S)(R)
7.15 **Escape to the Country** (S)(R)(AD)
8.00 **Sign Zone: Great British Railway Journeys** (S)(R)(AD)
8.30 **Sign Zone: Lose Weight and Get Fit with Tom Kerridge** (S)(R)(AD)
9.00 **BBC News** (S)
10.00 **Victoria Derbyshire** (S)
11.00 **BBC Newsroom Live** (S)
12.15 PM **Politics Live** (S)
1.00 **Hardball** (S)(R)
1.45 **Best House in Town** (S)(R)
2.30 **Terry and Mason's Great Food Trip**
3.00 **Red Rock** (S)(R)(AD)
3.40 **Great Interior Design Challenge**
4.40 **Portillo's State Secrets** (S)(R)(AD)
5.10 **Flog It!** (S)(R)
6.00 **Richard Osman's House of Games** New edition (S)
6.30 **Great British Railway Journeys** The origin of netball. (S)(R)(AD)

8.00 Secrets of the Museum

**7 PM**

7.00 **MOTDx** Football discussion presented by Jermaine Jenas. (S)
7.30 **Villages by the Sea** New edition Archaeologist Ben Robinson examines the history of Lindisfarne. (S)(R)

**8 PM**

8.00 **Secrets of the Museum** Series finale 6/6. The V&A experts struggle to fit a customised 1962 Chevy Impala into the museum for an exhibition, a rare medieval jewel undergoes a deep clean, and a mosaic is restored. (S)(AD)

**9 PM**

9.00 **Hospital** New edition 5/8. Focusing on patients fit for discharge but stranded in hospital, including a man with vascular dementia waiting to find a residential home that can deal with his complex needs. (S)

**10 PM**

10.00 **Vic & Bob's Big Night Out** 3/4. Vic presents Bob with a new wig. (S2) (S)(R)(AD)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **Miriam's Big Fat Adventure** 1/2. Actor Miriam Margolyes tries to find out why so many people are overweight. (S)(R)(AD)
12.15 AM **Sign Zone: Young, Sikh and Proud** Exploring the legacy of Sikh leader Jagraj Singh. (S)(R)
12.55 **Sign Zone: Dom Does America** Tracking down fugitives. (S)(R)(AD)
1.40 **Sign Zone: Trust Me, I'm a Doctor** Healthy skin. (S)(R)
2.10 **to 6.30** AM **Previews** (S)

## ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **ITV News** (S)
12.50 **Local News** (S)
1.00 **LIVE ITV Racing: Cheltenham Festival** Ed Chamberlin and Francesca Cumani present the third day of the prestigious festival, including feature race the 3.30 Paddy Power Stayers' Hurdle race, plus races at 1.30, 2.10, 2.50 and 4.10. With analysis from AP McCoy and Ruby Walsh. (S)
4.30 **Tipping Point: Best Ever Finals** Compilation of some of the show's most dramatic endgames from the arcade-themed quiz show. (S)(R)
5.00 **The Chase** Quiz show. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.00 Emmerdale

**7 PM**

7.00 **Emmerdale** Laurel is forced to reveal all to Jai. (S)(AD)
7.30 **Can Robots Save the NHS? Tonight** New edition Investigating the use of artificial intelligence in detecting disease. (S)

**8 PM**

8.00 **Emmerdale** Laurel fights for her relationship with Jai. (S)(AD)
8.30 **How to Spend It Well on Holiday** New edition 2/4. A family holiday in Thailand. (S)(AD)

**9 PM**

9.00 **NEW SERIES The Station: Trouble on the Tracks** 1/3. Documentary following the staff of Network Rail. Engineers battle the elements after extensive flooding, and Banksy leaves a gift on one of the walls in Birmingham. (S)

**10 PM**

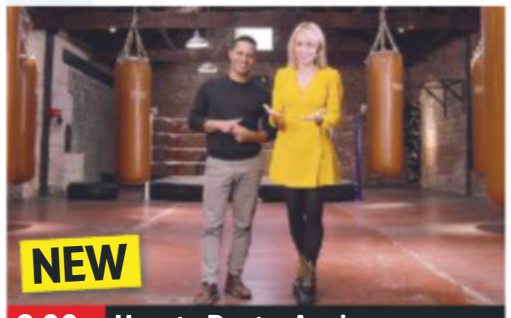
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Liar** 2/6. Feeling the full force of DI Renton's investigation, Laura looks to those closest to her for support. (S2) (S)(R)(AD)
11.45 **Dancing on Ice** Phillip Schofield and Holly Willoughby host the grand final of the ice-skating challenge, as the three remaining celebrities and their professional partners compete. (S)(R)
1.30 AM **Ideal World**
3.00 **Can Robots Save the NHS? Tonight** As 7.30pm. (S)(R)
3.25 **Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** More real-life cases. (S)(SL)(R)

+1 hour 203 | 114 | 33 | 112

## CHANNEL 4

104 104/138 804 | 104 104/141 | 4 104 | 104

6.30 AM **Cheers** 5&6/22. (S2) (S)(R)
7.20 **The King of Queens** (S)(R)(AD)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 10&11/24. (S4) (S)(R)(AD)
10.10 **Undercover Boss Canada** (S)(R)
11.05 **Ramsay's Kitchen Nightmares USA** From California. (S)(R)
12.00 NOON **News** (S)
12.05 PM **Come Dine with Me** (S)(R)
1.05 **Posh Pawnbrokers** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun: Where Are They Now?** (S)(R)
5.00 **Four in a Bed** New edition From Blacksmiths Boutique B&B in Whitby, North Yorkshire. (S)
5.30 **Come Dine with Me** New edition The fourth night in Edinburgh. (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** (S)(AD)




8.00 How to Beat... Ageing

**7 PM**

7.00 **News** (S)

**8 PM**

8.00 **NEW SERIES How to Beat... Ageing** Kate Quilton and Dr Javid Abdelmoneim explore the changes people can make to take care of their health, including methods of lowering the biological age. (S)(AD)

**9 PM**

9.00 **Hunted** New edition The hunters are in hot pursuit of Dan through rural Cheshire, Jess and Ella return to their hometown of Newbury to replenish supplies, while Hayley and Dan hide out in the Lake District. (S)(AD)

**10 PM**

10.00 **First Dates** New edition Self-titled alpha male Josh is keen to find his very own Kardashian, while waxing entrepreneur Sherie has decided now is the time to find a man after years away from the dating game. (S)(AD)
11.05 **Five Guys a Week** (S)(R)(AD)
12.10 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
1.00 **The Undateables** (S)(SL)(R)(AD)
1.55 **Home** 6/6. (S2) (S)(R)(AD)
2.25 **Baghdad Central** (S)(SL)(R)(AD)
3.20 **Celebs for Sale: The Great Charity Scandal – Dispatches** (S)(SL)(R)
3.50 **Come Dine with Me** (S)(R)
4.45 **Location, Location, Location** (S)(R)
5.40 **Kirstie's Vintage Gems** (S)(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 15 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

## CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

**6.00** AM **Milkshake!**
**9.15** **Jeremy Vine** (S)
**11.15** **Nightmare Tenants, Slum Landlords** (S)(R)
**12.10** PM **News** (S)
**12.15** **Britain's Parking Hell** (S)(R)
**1.10** **Access** Showbiz news. (S)
**1.15** **Home and Away** (S)(AD)
**1.45** **Neighbours** (S)(AD)
**2.15** FILM **Snatched at Birth** Thriller starring Kaitlyn Black and David Gallagher. (S) (2017, 12, 105min) ★★
**4.00** **Friends** 8&9/24. (S4) (S)(R)
**5.00** **News** (S)
**5.30** **Neighbours** Harlow discovers some information about her mother. (S)(R)(AD)
**6.00** **Home and Away** Martha accepts Alf. (S)(R)(AD)
**6.30** **News** (S)

**8.00** Britain's Naughtiest Nursery

**7.00** **The Dog Rescuers with Alan Davies** New edition 2/16. Herchy rescues a Staffie, with police warrant in hand, while Nicky cannot find a kennel for an dog signed over by an owner to ill to care for it. (S)

**8.00** NEW TO CHANNEL 5 **Britain's Naughtiest Nursery** 1/2. Psychologist Laverne Antrobus sets up a nursery for challenging under-fives. *Previously shown on 5STAR. Postponed from 5 March.* (S)

**9.00** **10 Years Younger in 10 Days** New edition 3/6. Mother-of-one Lyndsey wants to reinvent herself after battling cancer, and busy mum Myrah is given a new image to help her succeed as a life coach. (S)

**10.00** NEW **Shipman: 5 Mistakes That Caught a Killer** The case of serial killer Harold Shipman, the doctor convicted in 2000 of murdering 15 of his patients by injecting them with diamorphine. (S)

**11.05** **The Nightmare Neighbour Next Door** 1/10. Disputes between neighbours. (S)(R)
**12.05** AM **Robbing Your Relatives** (R)
**1.00** **21.co.uk Live Casino Show** (S)
**3.00** **Access** Showbiz news. (S)
**3.10** **Our Dream Hotel** (S)(R)(AD)
**4.00** **My Mum's Hotter Than Me!** (R)
**4.45** **House Doctor** (S)(SL)(R)
**5.10** **Great Scientists** (S)(SL)(R)
**5.35** **to 6.00** AM **Wildlife SOS** (SL)(R)

+1 hour 205 | 155 | 44 | 128

## SKY ONE

106 106 806 | 110 109

**6.00** AM **Monkey Life** (S)(R)
**7.00** **RSPCA Animal Rescue** (S)(R)
**8.00** **The Dog Whisperer** (R)
**9.00** **Stop, Search, Seize** (S)(R)(AD)
**10.00** **Highway Patrol** (S)(R)(AD)
**11.00** **NCIS: Los Angeles** (S6) (S)(R)
**1.00** PM **Hawaii Five-0** (S2) (S)(R)
**3.00** **MacGyver** 14/23. (S2) (S)(R)
**4.00** **Modern Family** (S10) (S)(R)
**5.00** **The Simpsons** *Mobile Homer:* Homer moves into a campervan parked in the backyard. (S)(R)
**5.30** **Futurama** *Bender's Big Score – Part One:* Earth is invaded by alien telemarketers. (S)(R)(AD) **6.00** *Bender's Big Score – Part Two:* The alien invaders order Bender to kill Fry. (S)(R)
**6.30** **The Simpsons** *The Girl Who Slept Too Little:* The local graveyard is moved. (S)(R)

**9.00** The Heist

**7.00** **The Simpsons** *Milhouse of Sand and Fog:* Milhouse's parents consider a reconciliation. (S)(R) **7.30** *See Homer Run:* Lisa is so upset with Homer that she goes on a rampage through the school. (R)

**8.00** **A League of Their Own** Guests Jimmy Carr, Claudia Winkleman and Micah Richards join host James Corden, captains Jamie Redknapp and Andrew Flintoff and regular panellist Jack Whitehall. (S)(R)(AD)

**9.00** **The Heist** New edition 6/8. A tracking signal gives the detectives a shot at catching one looter red-handed. Meanwhile, Leonie's boyfriend lands her in big trouble.

**10.00** NEW SERIES **Breeders** 1/10. Sitcom starring Martin Freeman and Daisy Haggard. *See feature, page12.* (S1)
**10.35** **Breeders** New episode 2/10. Paul and Ally evaluate their dreams for their kids. (S1)

**11.05** **An Idiot Abroad 2** Karl Pilkington boards the Trans-Siberian Express. (S)(R)(AD)
**12.05** AM **Intelligence** 5&6/6. (S1) (R)
**1.05** **Caught on Dashcam** (R)
**2.00** **The Late Late Show with James Corden: Best of the Week** Talk show. (R)
**3.00** **The Force: Manchester** (S)(R)
**4.00** **Stop, Search, Seize** (S)(R)(AD)
**5.00** **to 6.00** AM **Futurama** (S)(R)

+1 hour 206

## LOCAL VARIATIONS

### BBC1

**SCOTLAND**
Sky **951**, Virgin **862**, Freesat **960**
**6.55-7.00pm** Party Political Broadcast (S)(R)

**N. IRELAND**
Sky **953**, Virgin **863**, Freesat **957**
**10.35pm** The View (S) **11.15** Question Time New edition (S) **12.15am** Newscast (S) **12.45-6.00am** BBC News (S)

**WALES**
Sky **952**, Virgin **864**, Freesat **964**
**6.55pm** Party Political Broadcast (S)(R) **7.00-7.30pm** Six Nations Sin Bin (S)

### BBC2

**N. IRELAND**
Sky **972**, Freesat **969**
No variations

**WALES**
Sky **971**, Freesat **971**
**7.00pm** The One Show (S) **7.30-8.00pm** MOTDx (S)

### ITV

As main ITV except:

**WALES**
**6.25-6.30pm** Party Political Broadcast (S) **8.30-9.00** Coast & Country (S)(R) **10.45** St Davids – Britain's Smallest City (S)(R)(AD) **11.10-11.45pm** How to Spend It Well on Holiday New edition (S)(AD)

### S4C

Sky **134**, Virgin **166**, Freesat **120**
**6.00am** Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Pobol y Rhondda **12.30** Heno **1.30** Dan Do **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Cynefin **4.00** Awr Fawr **5.00** Stwnsh **6.00** Nyrsys (AD) **6.30** Rownd a Rownd (AD) **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm (AD) **8.25** Rownd a Rownd (AD) **8.55** Newyddion S4C a'r Tywydd **9.00** Jonathan **10.00** Lwp New edition **10.30** Hansh New edition **11.00** Y Stiwdio Gefn **11.30pm-12.05am** Mwy o Sgorio

TV&Satellite week
Best for Sky and Virgin

## BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

**7.00** PM **Beyond 100 Days** Followed by **Weather**
**7.30** **The Wonder of Animals** 1/12. Documentary exploring aspects of animal anatomy, beginning with the penguin.
**8.00** **Shipwrecks: Britain's Sunken History** 1/3. The stories behind the *Mary Rose* and the Spanish Armada.
**9.00** **Can Science Make Me Perfect? with Alice Roberts** The presenter embarks on a scientific stunt to rebuild her own body from scratch.
**10.30** **Horizon: Why Are We Getting So Fat?** Rising obesity levels in the UK and America.
**11.30** **Lisbon: An Art Lovers' Guide** 1/3. A cultural break in the Portuguese capital.
**12.30** AM **Our Classical Century** 1/4. A celebration of 100 years of classical music.
**1.30** **Love and Betrayal in India: The White Mughal**
**2.30** **to 3.30** AM **Shipwrecks: Britain's Sunken History**

## MORE4

136 136 830 | 147 195 | 18 | 124

**8.55** AM **Kirstie's Handmade Treasures** Making pork pies.
**9.15** **A Place in the Sun: Winter Sun** On Malta.
**10.05** **A Place in the Sun**
**11.05** **Find It, Fix It, Flog It**
**1.15** PM **Escape to the Chateau: DIY**
**2.20** **Four in a Bed** Five editions.
**4.55** **The Secret Life of the Zoo: Underwater Special**
**5.55** **Car S.O.S** A Fiat Dino.
**6.55** **Escape to the Chateau: DIY** Anna and Edward host another big wedding.
**7.55** **Grand Designs** Following the progress of engineer Richard and his partner Felicia as they transform an underground water reservoir near the Humber Estuary into a unique family home.
**9.00** **Phil Spencer's Stately Homes** Series finale Phil visits Leeds Castle in Kent, which he visited many times as a child. Now he realises there is so much more to this history-laden fort than he previously imagined.
**10.00** **24 Hours in A&E** A man is rushed in with knife wounds.
**11.05** **999: What's Your Emergency?**
**12.05** AM **Phil Spencer's Stately Homes** AS 9.00pm.
**1.05** **24 Hours in A&E**
**2.10** **999: What's Your Emergency?**
**3.15** **to 3.45** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

## ITV2

118 118 816 | 115 176 | 6 | 113

**7.00** AM **Ellen DeGeneres Show**
**7.50** **Emmerdale**
**8.20** **Coronation Street**
**9.20** **Superstore**
**10.15** **Dinner Date**
**11.15** **Dress to Impress**
**12.15** PM **Emmerdale**
**12.45** **Coronation Street**
**1.50** **The Ellen DeGeneres Show** New edition
**2.45** **Dinner Date**
**3.50** **Dress to Impress**
**4.50** **Take Me Out**
**6.00** **You've Been Framed!**
**7.00** **You've Been Framed! Gold: A-Z** Comical clips.
**8.00** **Two and a Half Men** 19/22. Walden decides that he wants to spend the rest of his life with Kate. **8.30** 20/22. Walden's therapist suggests that casual sex might help him get over his habit of falling in love too quickly. (S11)
**9.00** FILM **Ride Along** Comedy starring Ice Cube. A tough cop takes his sister's boyfriend with him on duty, leading to a dangerous encounter with the city's most-wanted criminal. (2014, 12, 97min) ★★
**11.10** **Family Guy** 16/22. A spoof of *12 Angry Men*. (S11)
**11.40** **Family Guy**
**12.10** AM **American Dad!**
**1.05** **Stand Up Sketch Show**
**1.35** **Two and a Half Men**
**2.30** **to 3.15** AM **CelebAbility**

+1 hour 218 | 116 | 27 | 114

## E4

135 135 829 | 106 145 | 13 | 122

**6.00** AM **Hollyoaks**
**7.00** **How I Met Your Mother**
**8.00** **Baby Daddy**
**9.00** **Mike & Molly**
**10.00** **The Big Bang Theory**
**11.00** **The Goldbergs**
**12.00** NOON **Brooklyn Nine-Nine**
**1.00** PM **The Big Bang Theory**
**2.00** **Baby Daddy**
**3.00** **Mike & Molly**
**4.00** **The Goldbergs**
**5.00** **Brooklyn Nine-Nine**
**6.00** **The Big Bang Theory**
**7.00** **Hollyoaks**
**7.30** **Man with a Plan** New episode 18/22. Adam and Don come up with a sneaky way of avoiding getting into trouble with their wives. (S1)
**8.00** **Young Sheldon** Mary plans Pastor Jeff's wedding. **8.30** New episode George Sr is furious when Georgie tries to buy his way out of his household chores. (S3)
**9.00** **Celebs Go Dating** New edition 15/20. Dean Gaffney seeks dating advice from old friend Richard Blackwood.
**10.00** **Celebrity Gogglebox** Reviews of *Countdown*.
**11.05** **The Big Bang Theory**
**12.05** AM **Brooklyn Nine-Nine**
**1.05** **Celebs Go Dating**
**2.10** **First Dates Hotel**
**3.05** **Celebrity Gogglebox**
**4.00** **The Big Bang Theory**
**4.50** **to 6.00** AM **How I Met Your Mother**

+1 hour 235 | 146 | 28 | 123

# THURSDAY Entertainment

Thursday

## Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **The Real A&E**
9.00 **Blue Bloods** 14/22. (S7)
10.00 **Criminal Minds** 10/22. (S12)
11.00 **CSI** 20/24. (S6)
12.00 NOON **Elementary** (S6)
1.00 PM **Blue Bloods** 16/22. (S7)
2.00 **Law & Order** 15/24. The stabbing of a psychologist may be linked to the confidential files on her computer. (S12)
3.00 **The Real A&E**
4.00 **Stop, Search, Seize**
5.00 **Nothing to Declare**

9.00 The Rookie

**7 PM**

7.00 **Nothing to Declare** A man claims to be visiting his internet lover. **7.30** A hoard of lethal weapons are discovered.

**8 PM**

8.00 **Ghost Whisperer** *Speed Demon:* 14/22. Melinda must investigate the activities of a secret drag-racing society. (S2)

**9 PM**

9.00 **The Rookie** New episode *Breaking Point:* 9/20. Nolan tries to reunite a family, while Harper's past resurfaces. (S2)

**10 PM**

10.00 **CSI** *Leave Out All the Rest:* 5/24. The murder of a man leads the team into the world of sadomasochism. (S9)
11.00 **Law & Order: SVU** (S16)
12.00 M'T **CSI** 24/24. (S6)
1.00 AM **Chicago Med** 10/22. (S5)
2.00 **Chicago Fire** 10/22. (S8)
3.00 **Chicago PD** 10/22. (S7)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 207 180

## Sky Atlantic

108 108 808

6.00 AM **Urban Secrets**
7.00 **Without a Trace** (S4)
10.00 **The West Wing** (S3)
12.00 NOON **Blue Bloods** (S2)
1.00 PM **CSI** 7/24. (S6)
2.00 **The West Wing** (S3)
4.00 **Without a Trace** 6/24. Jack and Danny travel to Mexico. **5.00** 8/24. A special episode told from the perspective of the parents of a missing 15-year-old boy. **6.00** 9/24. Jack's friend Max Cassidy – a veteran FBI agent – disappears. (S4)

10.15 The Sopranos

7.00 **CSI** *A Bullet Runs Through It – Part Two:* 8/24. Sophia fears she may be responsible for an officer's shooting. (S6)

8.00 **Blue Bloods** *Parenthood:* 14/22. A thief is shot dead, and Frank faces a dilemma when a protest gets out of hand. (S2)

9.00 **The Sopranos** 5/13. Bobby 'Bacala' Baccalieri Sr comes out of retirement, and Carmela takes a more active role in Tony's therapy. **10.15** 6/13. A dancer having an affair with Ralph enrages him when she insults him. (S3)

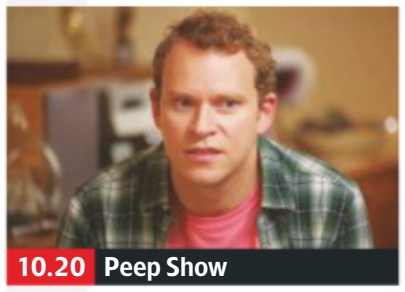
11.20 **Babylon Berlin** 1/2. Lotte attempts to speak to the imprisoned Greta. **12.20** AM 2/12. Gereon confronts Wendt. (S3)
1.20 **Public Enemy** (S2)
3.30 **Without a Trace**
4.20 **to 6.00** AM **The West Wing**

+1 hour 208

## GOLD

110 110 810 124 310 392

7.20 AM **The Piglet Files**
7.45 **As Time Goes By**
8.20 **The Good Life**
9.00 **Porridge**
9.40 **Hi-de-Hi!**
10.20 **Last of the Summer Wine**
12.20 PM **Keeping Up Appearances**
1.00 **Porridge**
1.40 **Hi-de-Hi!**
2.20 **The Good Life**
3.00 **Keeping Up Appearances**
3.40 **Dad's Army**
4.20 **Last of the Summer Wine**
6.20 **The Good Life**



10.20 Peep Show

7.00 **Porridge** Godber gets into a fight a week before his parole board hearing.
7.40 **Dad's Army** The platoon try to capture three German airmen who have landed in a lake. **8.20** Mainwaring learns the extent of Corporal Jones's cash-flow crisis.

9.00 **Gavin & Stacey** The Shipmans drive to Wales for the wedding fayre.
9.40 **The Office** David uses the appraisals as a chance to share his wisdom.
10.20 **Peep Show** Mark invites his parents over. **10.55** Mark is depressed on New Year's Eve.

11.30 **Gavin & Stacey** As 9.00pm.
12.10 AM **The Office** As 9.40pm.
12.50 **Lenny Henry's Race Through Comedy** Black and Asian stand-up comedy over the past five decades.
1.50 **Peep Show**
2.45 **to 4.00** AM **The Rebel**

+1 hour 210 194

## ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
6.55 **Classic Emmerdale**
7.55 **Heartbeat**
8.55 **Man About the House**
9.55 **That's My Boy**
10.25 **A Touch of Frost**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Midsomer Murders**
5.55 **Heartbeat** *One Small Step:* Geoff and Phil find themselves under siege. Guest stars Jonny Phillips.

5.55 Heartbeat

6.55 **Agatha Christie's Poirot** *The Disappearance of Mr Davenheim:* Poirot looks into the disappearance of a wealthy banker

8.00 **Lewis** *The Indelible Stain:* A visiting professor is found dead the morning after delivering a speech that many students and academics believed could spark racist activity. Guest stars David Soul and Patrick Baladi.

10.00 **Scott & Bailey** 8/8. Rachel discovers Nick has been brutally assaulted – and she is top of the list of suspects. (S2)
11.00 **A Touch of Frost** *Widows and Orphans:* Jack finds himself working alongside DS Lawson on a delicate case involving a spate of attacks on defenceless senior citizens in their homes.
1.20 **to 3.10** AM **A Touch of Frost**

+1 hour 219 174 34 116

## ITV4

120 120 818 118 178 24 117

6.00 AM **Football's Greatest**
6.10 **Only When I Laugh**
6.35 **Quincy ME**
7.25 **Kojak**
8.20 **The Saint**
9.30 **ITV Racing: Opening Show**
10.30 **Minder**
11.30 **The Professionals**
12.30 PM **The Sweeney**
1.40 **Quincy ME**
2.40 **Kojak**
3.45 **The Saint**
4.50 **Minder**
5.55 **The Professionals**

9.00 Heartbreak Ridge

7.00 **Cycling: Paris-Nice Highlights** Action from stage five, a 227km ride from Gannat to La Cote-Saint-André.

8.00 **Heathrow: Britain's Busiest Airport** A serious breach of security occurs. **8.30** New Border Force Officer Rob arrives.

9.00 **FILM Heartbreak Ridge** Action drama starring Clint Eastwood as a US Marine sergeant leading a squadron of rookies into battle in Grenada. With Marsha Mason. (1986, 15, 130min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **FILM Coogan's Bluff** Crime thriller starring Clint Eastwood as an Arizona sheriff on the trail of an escaped killer in New York. With Lee J Cobb Susan Clark and Don Stroud. (1968, 15, 99min) ★★★
1.45 **to 2.40** AM **Minder**

+1 hour 220 175 154

## BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.00 NOON **to 7.00** PM **As BBC2 except:**
12.00 NOON **to 1.00** PM **First Minister's Questions**
7.00 PM **Corner Shop Cook-Off** Chef Gary Maclean goes up against Fife chef Jamie Scott.
8.00 **Getting Hitched Asian Style** A bride prepares to leave home to live with her new husband in London.
9.00 **The Nine**
10.00 **Darren McGarvey's Scotland** The author and rapper explores Dundee's drug problem.
10.30 **The Comedians at the King's** Stand-up comedy from the King's Theatre in Glasgow.
11.00 **Bob Servant Independent** 2/6. The by-election favourite Nick Edwards arrives in town. (S1)
11.30 PM **to 12.00** M'T **Two Doors Down**

## Sky Two

168 160

7.00 AM **60 Minute Makeover**
9.00 **Ninja Warrior**
10.00 **My Kitchen Rules: South Africa**
12.00 NOON **The Dog Whisperer**
2.00 PM **House Hunters International**
3.00 **Wild Vets**
4.00 **Haven** 10/13. (S1)
5.00 **Relic Hunter** 4/22. (S2)
6.00 **Stargate SG-1** (S7)
8.00 **Road Wars**
9.00 **Continuum** *Seconds:* 9/13. Alec's mother is shot by a bullet meant for Julian. **10.00** *Second Wave:* 10/13. Kiera is captured by Julian's followers. (S2)
11.00 **The Heist** 6/8.
12.00 M'T **Breeders** (S1)
1.00 AM **The Rookie** (S2)
2.00 **Highway Cops**
3.00 **Haven** 9/13. (S1)
4.00 **Wild Vets**
5.00 **to 6.00** AM **The Dog Whisperer**

## Pick

152 165 11 144

7.00 AM **Motorway Patrol**
8.00 **Police Force: Australia**
9.00 **Nothing to Declare**
10.00 **Canada's Front Line**
11.00 **Road Wars**
11.30 **Caught Red Handed**
1.00 PM **Police Force: Aus**
2.00 **Border Patrol**
3.00 **Nothing to Declare**
4.00 **Border Security: Canada's Front Line**
5.00 **Stargate SG-1** (S1)
6.00 **Star Trek: The Next Generation** 18/22. (S2)
7.00 **Hawaii Five-0** (S6)
8.00 **Elementary** (S5)
9.00 **The Pacific** 10/10. (S1)
10.15 **Britain's Most Evil Killers** David Heiss.
11.15 **The Force: Essex**
12.15 AM **Banged Up Abroad**
1.10 **Road Wars**
2.00 **Nothing to Declare**
3.00 **Stop, Search, Seize**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Highway Patrol**

+1 hour 252 92 145

## Dave

111 111 127 227 19 157 19

7.10 AM **Eat Your Heart Out with Nick Helm**
8.00 **American Pickers**
9.00 **Storage Hunters**
10.00 **American Pickers**
12.00 NOON **Timber Kings**
1.00 PM **Top Gear**
2.00 **Cop Car Workshop**
3.00 **Scrapyard Supercar**
4.00 **Top Gear**
6.00 **Taskmaster**
7.00 **Room 101**
8.20 **Have I Got a Bit More News for You**
9.20 **QI** With Bill Bailey.
10.00 **Meet the Richardsons** New edition 3/6. Lucy goes on a wild night out.
10.40 **QI** With Ross Noble.
11.20 **Mock the Week**
12.00 M'T **Taskmaster**
1.00 AM **Have I Got a Bit More News for You**
2.00 **QI** As 9.20pm.
2.40 **Go 8 Bit: DLC**
3.30 **to 4.00** AM **The Indestructibles**

+1 hour 211 131 79

## Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Office (US)**
9.00 **Fresh Prince of Bel Air**
11.00 **Friends**
3.00 PM **Last Man Standing**
4.00 **Two and a Half Men**
5.00 **Friends** Seven episodes, including at: **8.00** 21/24. Phoebe learns Gary plans to ask her to move in. (S5)
8.30 **NEW SERIES Gods of the Game** Bradley Wiggins invites people to take on sporting greats in surreal contests.
9.00 **FILM Ocean's Eleven** Caper thriller with George Clooney. (2001, 12, 116min) ★★★★
11.30 **Jimmy Carr: Telling Jokes**
1.00 AM **The Daily Show** New edition Talk show.
1.30 **Impractical Jokers**
2.30 **South Park** (S18)
3.25 **Last Man Standing** (S1)
4.15 **to 5.00** AM **Two and a Half Men**

+1 hour 212 133

## ITV Be

131 119 179 26 118

7.00 AM **Bachelor in Paradise**
8.00 **The Bachelor**
8.50 **Be Beautiful**
9.00 **LittleBe**
12.00 NOON **Income Property**
12.25 PM **Real Housewives of Beverly Hills**
1.20 **Absolutely Ascot**
2.20 **Little Women: LA**
3.15 **The Real Housewives of New York City**
4.10 **The Real Housewives of Dallas** Double bill.
6.00 **Masters of Flip**
7.00 **Buying and Selling**
8.00 **Dinner Date** Dani from Lancashire looks for love.
9.00 **Totally Unbelievable** A selection of bust-ups between famous people.
10.00 **Married to Medicine** New edition Tensions steadily rise among the group during their Antigua holiday.
10.55 **Singletown**
12.00 M'T **to 12.45** AM **The Only Way Is Essex**

+1 hour 231 120 119



★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

## Alibi

132 132 826 | 126 212 | 312 | 382

**7.10** AM **Murdoch Mysteries** (S4)
**10.00** **The Guardian** 7/22. (S1)
**11.00** **Sue Thomas: F.B.Eye** (S1)
**12.00** NOON **Major Crimes** (S4)
**1.00** PM **Rush** 21&22/22. (S3)
**3.00** **Murdoch Mysteries** 12/18. A man confesses to the murder of his wife on his deathbed. **4.00** 13/18. A con artist from Murdoch's past pulls a sting. **5.00** 14/18. A killer strikes on a secluded island. (S7)
**6.00** **Major Crimes** 6/23. The squad work to identify a set of skeletal remains. (S4)

**9.00** Carter

**7.00** **Motive** *Interference:* 6/13. The team learn that a murder victim's ill child has been kidnapped by the killer.
**8.00** **Motive** *The Dead Hand:* 7/13. Flynn and Vega clash over a case involving the death of a high-school student. (S4)
**9.00** **Carter** New episode *Harley Gets Replaced:* 3/10. Harley is forced to work with his replacement, David Arquette. (S2)
**10.00** **Frankie Drake Mysteries** *Mother of Pearl*: 1/11. Frankie teams up with an unexpected ally after a jewellery heist. (S1)
**11.00** **New Tricks** *Last Man Standing – Part Two*: Gerry fights to clear his name before his enemies catch up with him, while Fiona is enlisted to help examine the evidence.
**12.20** AM **Murdoch Mysteries** (S1)
**1.20** **to 4.00** AM **In the Dark**

+1 hour 232 191

## Syfy

114 114 814 | 138 137 | 319 | 375

**6.00** AM **Warehouse 13** As 7pm.
**7.00** **Merlin** As shown at 8pm.
**8.00** **Teleshopping**
**11.00** **Stargate Atlantis** (S5)
**1.00** PM **Star Trek: Voyager** (S5)
**3.00** **Star Trek: The Next Generation** (S4)
**5.00** **Star Trek: Deep Space Nine** *Body Parts:* 25/26. After being wrongly diagnosed with a terminal disease, Quark sells his body parts to pay off his debts. **6.00** *Broken Link:* 26/26. Odo returns to his homeworld. (S4)

**9.00** Project Blue Book

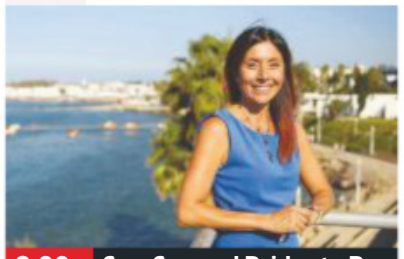
**7.00** **Warehouse 13** *Around the Bend:* 6/13. Pete and Myka head to Illinois, to investigate an artefact's disappearance. (S2)
**8.00** **Merlin** *Beauty and the Beast – Part Two:* 6/13. Having married Uther, Queen Catrina increases her influence. (S2)
**9.00** **NEW SERIES Project Blue Book** *The Roswell Incident – Part1*: 1/10. Return of the sci-fi drama with Aidan Gillen. (S2)
**10.00** **FILM The Colony** Sci-fi thriller starring Kevin Zegers and Bill Paxton. (2013, 18, 90min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
**12.00** M'T **Project Blue Book**
**1.00** AM **Star Trek: Deep Space Nine** As 5.00 and 6.00pm.
**3.00** **Dimension 404** 1/6. Anthology exploring terror in the digital age. (S1)
**4.00** **to 6.00** AM **Star Trek: Voyager**

+1 hour 214 229

## W

109 109 809 | 125 211 | 311 | 383

**6.10** AM **MasterChef Australia**
**8.00** **Tipping Point**
**10.00** **The Bill**
**11.00** **Supernanny US**
**12.00** NOON **Tipping Point**
**2.00** PM **Property Brothers: Forever Home**
**3.00** **My Dream Home** A couple who spent the past four years in five rental properties. **4.00** A couple seek a sprawling suburban home.
**5.00** **Tipping Point** Ben Shephard host a double bill of the arcade-themed quiz show.



**8.00** Sun,Sea and Brides to Be

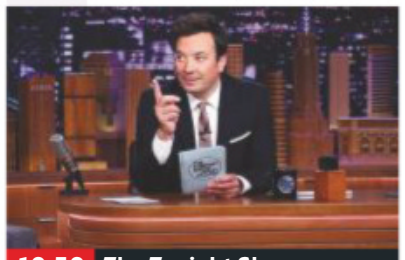
**7.00** **Property Brothers: Forever Home** New edition Old friends Brian and Meghan update their Las Vegas property.
**8.00** **Sun, Sea and Brides to Be** A mass helium balloon release does not go to plan, and Angela must renovate a venue.
**9.00** **Stacey Dooley Investigates Russia's War on Women** The decriminalisation of some domestic violence.
**10.00** **One Born: What Happened Next?** Revisiting Sasha, who had to go through the birth of her son alone.
**11.00** **Inside the Ambulance**
**12.00** M'T **One Born Every Minute**
**1.00** AM **I've Got Something to Tell You** A man learns his long lost son has been found.
**1.50** **Code Black** 13/13. (S3)
**2.35** **to 3.00** AM **Renovate My Home: Leave It to Bryan**

+1 hour 209 190

## Sky Comedy

113 113 813 | 122 121

**8.00** AM **Everybody Hates Chris**
**9.00** **Parks and Recreation** (S6)
**10.30** **30 Rock** Triple bill. (S5)
**12.00** NOON **The Mindy Project** New episodes 7-9/14. Triple bill of the comedy. (S5)
**1.30** PM **Modern Family** (S3)
**2.30** **Everybody Hates Chris** (S4)
**3.30** **Parks and Recreation** (S6)
**5.00** **30 Rock** Triple bill. (S5)
**6.30** **Modern Family** 19/24. Mitch and Cameron do some last-minute campaigning as election day arrives. (S3)



**10.50** The Tonight Show...

**7.00** **Modern Family** (S3)
**7.30** **The Mindy Project** New episode 7/14. Mindy worries Ben does not share her ambitions. (S5)
**8.00** **The Mindy Project** New episodes 8/14. **8.30** 9/14. Jody dates a woman who is Mindy's exact double. (S5)
**9.00** **Ramy Youssef: Feelings** Ramy Youssef shares anecdotes about his life as an Egyptian-American comedian and actor.
**10.15** **Sex and the City** (S3)
**10.50** **The Tonight Show Starring Jimmy Fallon** New edition Chat show.
**11.50** **The Late Late Show with James Corden** New edition
**12.50** AM **Entourage** 18/20. Vince and Eric are unable to get Medellin off the ground. (S3)
**1.25** **Silicon Valley** 6/10. Richard looks outside the tech bubble for financial support. (S4)
**2.35** **Parks and Recreation** (S6)
**3.30** **to 5.00** AM **30 Rock**

## FOX

124 124 821 | 157 199

**8.00** AM **Republic of Doyle** (S3)
**9.00** **Bones** 14/21. (S2)
**10.00** **Bull** 5/22. (S2)
**11.00** **NCIS** 3/25. (S13)
**12.00** NOON **Bones** (S2)
**2.00** PM **The Mentalist** 11/13. (S7)
**3.00** **NCIS** 4/25. (S13)
**4.00** **Bull** 6/22. (S2)
**5.00** **Bones** 17/21. Brennan finds unaccounted-for remains at a flooded graveyard. (S2)
**6.00** **The Mentalist** 12/13. Jane is abducted by the fingernail-stealing serial killer. (S7)

**9.00** War of the Worlds

**7.00** **NCIS** *Lockdown:* 5/25. Abby is taken hostage by armed men when she visits a pharmaceutical lab to investigate a murder.
**8.00** **NCIS** *Viral:* 6/25. A petty officer is shot dead in a manner matching the modus operandi of the Tri-State Sniper. (S13)
**9.00** **War of the Worlds** New episode 3/8. As the dust settles on their brave new world, the survivors face some cold truths. (S1)
**10.00** **NCIS** *The Lost Boys:* 23/24. Evidence confirms that The Calling have been recruiting youngsters via the internet. (S12)
**11.00** **American Dad!** (S4)
**12.00** M'T **Family Guy** (S2)
**12.30** AM **Family Guy** (S3)
**1.00** **American Dad!** (S4)
**2.00** **Family Guy** (S2)
**3.00** **American Dad!**
**4.00** **to 5.00** AM **Republic of Doyle**

+1 hour 224 158

Thursday

7 PM | 8 PM | 9 PM | 10 PM

## Sony Channel

157 189 48 142

**6.00** AM **Sony Movie News**
**6.10** **The Waltons** 9/25. (S5)
**7.10** **Hart to Hart**
**9.10** **Days of Our Lives**
**10.00** **Hart to Hart** 2/22. (S4)
**11.00** **Charlie's Angels** (S1)
**12.00** NOON **Starsky & Hutch**
**1.00** PM **T.J. Hooker** (S2)
**2.00** **Hart to Hart** (S2)
**4.00** **Murder, She Wrote**
**6.00** **Charlie's Angels** (S1)
**7.00** **M*A*S*H** 6/22. Potter receives a traffic ticket. **7.30** 7/22. Hawkeye reunites two brothers. **8.00** 8/22. Part one of two. A present arrives. **8.30** 9/22. Klinger is accused of theft. (S10)
**9.00** **Classic Who Wants to Be a Millionaire?**
**1.00** AM **M*A*S*H**
**2.00** **Charlie's Angels** (S1)
**3.00** **M*A*S*H** 7/25. (S8)
**3.30** **The Waltons** 19/25. (S1)
**4.20** **Touched by an Angel**
**5.10** **to 6.00** AM **Highway to Heaven**

+1 hour 257 220 152

## Sky Arts

122 122 820 | 123 156

**6.00** AM **Kiri Te Kanawa: Legends of Opera**
**7.00** **Beyond the Grace Note**
**8.30** **Watercolour Challenge**
**9.00** **The South Bank Show**
**9.30** **Auction**
**10.00** **Tales of the Unexpected**
**11.00** **Discovering**
**1.00** PM **South Bank Show**
**1.30** **Watercolour Challenge**
**2.00** **Spielberg and Williams: The Adventure Continues**
**2.30** **Il Divo: Timeless – Live**
**4.00** **Tales of the Unexpected**
**5.00** **Discovering**
**7.00** **What Was Virginia Woolf Afraid Of?**
**8.00** **Comedy Legends**
**9.00** **The Directors**
**10.00** **Discovering**
**11.00** **Hollywood Couples**
**12.00** M'T **Pavarotti: Birth of a Pop Star**
**1.00** AM **FILM Joan Jett: Bad Reputation** (2018, 15, 93min) ★★★
**3.00** **The History of Comedy**
**4.00** **to 6.00** AM **Discovering**

## 4seven

137 143 203 47 110 127

**9.00** AM **Posh Pawn**
**10.00** **Find It, Fix It, Flog It**
**11.00** **Come Dine with Me**
**12.00** NOON **Place in the Sun**
**1.00** PM **Undercover Boss Canada** Documentary.
**2.00** **Ramsay's Kitchen Nightmares USA**
**3.00** **Everybody Loves Raymond** (S1&2)
**4.00** **Frasier** (S3&4)
**5.00** **A Place in the Sun**
**6.00** **A New Life in the Sun: Where Are They Now?**
**7.00** **Ramsay's Kitchen Nightmares USA**
**8.00** **Location, Location, Location** From Bristol.
**9.00** **The Great Celebrity Bake Off for Stand Up to Cancer**
**10.20** **Ramsay's Kitchen Nightmares USA**
**11.20** **Hunted**
**12.25** AM **First Dates**
**2.35** **How to Beat – Ageing**
**3.40** **A New Life in the Sun: Where Are They Now?**
**4.35** **to 5.05** AM **Cooking Up a Fortune**

## 5USA

141 141 153 21 129

**9.00** AM **Criminals: Caught on Camera**
**9.25** **Murder, She Wrote**
**10.15** **CSI: NY** 9/23. (S6)
**11.10** **The Mysteries of Laura**
**12.10** PM **Law & Order**
**7.00** **Law & Order** *Licence to Kill:* 17/24. McCoy and Borgia target a public hero. (S15)
**8.00** **NCIS: New Orleans** *Slay the Dragon:* 18/24. Tammy reunites with her ex-husband. (S3)
**9.00** **Law & Order: Special Victims Unit** *Real Fake News:* 17/21. The team are asked to disprove accusations against a congressman. (S18) **10.00** *Townhouse Incident:* 11/23. A home invasion escalates into a hostage situation. (S17)
**10.55** **Law & Order: Special Victims Unit** (S17&16)
**1.55** AM **Law & Order: Los Angeles** 7&8/22. (S1)
**3.50** **to 4.00** AM **Access**

+1 hour 241 185 56 130

## 5STAR

128 151 30 131

**8.00** AM **3rd Rock from the Sun** 18/26. (S2)
**8.20** **House** 2&3/24. (S5)
**10.05** **Bad Tenants, Rogue Landlords** Double bill.
**12.05** PM **Can't Pay? We'll Take It Away!** Triple bill.
**3.00** **Neighbours**
**3.30** **Home and Away**
**4.00** **House** 12&13/24. (S5)
**6.00** **Neighbours**
**6.30** **Home and Away**
**7.00** **Spray Tan Mums: Single and Proud**
**8.00** **FILM The Twilight Saga: Breaking Dawn – Part 2** Thriller. (2012, 12) ★★★
**10.10** **FILM Hercules** Adventure. (2014) ★★★
**12.05** AM **Florida's Mega Sinkholes** Documentary.
**1.05** **Young, Dumb and Banged Up in the Sun**
**2.05** **My Mum's Hotter Than Me!** Documentary.
**3.05** **Celebrity Botched Up Bodies** Josie Gibson.
**3.55** **to 4.00** AM **Access**

+1 hour 228 186 55 141

## Drama

143 130 20 158

**7.10** AM **Soldier, Soldier**
**9.00** **The Bill**
**10.00** **Classic Holby City**
**11.00** **Classic Casualty**
**12.00** NOON **The Bill**
**1.00** PM **Classic EastEnders**
**2.20** **London's Burning**
**3.20** **Monarch of the Glen**
**4.20** **Bergerac**
**5.25** **Bread**
**6.00** **Hi-de-Hi!**
**6.40** **As Time Goes By**
**7.20** **Last of the Summer Wine** Hobbo tries to find where he was born.
**8.00** **The Inspector Lynley Mysteries** *If Wishes Were Horses:* Helen gets involved in a case.
**10.00** **New Tricks** *A Face for Radio:* The team investigate an arson attack that killed a DJ.
**11.10** **Waking the Dead**
**1.40** AM **The Bill**
**2.45** **London's Burning**
**3.35** **to 4.00** AM **Garden Hopping**

+1 hour 243 226

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

Thursday

## AMC

332 381

Programmes start at 5pm.

**5.00** PM **FILM House of Flying Daggers** Chinese director Zhang Yimou's romantic adventure. Subtitled. (2004, 15, 119min) ★★★★★
**7.10** **FILM Proof** Drama with Gwyneth Paltrow, Anthony Hopkins and Jake Gyllenhaal. (2004, 12, 100min) ★★★
**9.00** **FILM The Captor** Fact-based crime drama with Ethan Hawke and Noomi Rapace. (2018, 15, 90min) ★★★
**10.50** **FILM Can't Come Out to Play** Horror thriller. (2013, 15, 100min) ★★
**12.50** AM **FILM Burning Rubber** Drama. (2019, 15, 83min) ★★
**2.35** **to 5.00** AM **FILM The Fighter** Oscar-winning boxing drama. (2010, 15, 116min) ★★★★

## CBS Drama

147 197 71 134

**9.00** AM **NCIS** 7&8/24. (S4)
**11.00** **Scorpion** (S2&3)
**1.00** PM **Gunsmoke** (S20)
**3.00** **Airline**
**4.00** **Hoarders**
**5.00** **Unsolved Mysteries**
**7.00** **Judge Judy**
**9.00** **Medium** *There Will Be Blood – Type B:* 18/22. Allison discovers the girl from her dreams is the killer's next target. (S6)
**10.00** **CSI: Miami** *Triple Threat:* 18/24. A wealthy businessman is killed at a charity event. (S5)
**11.00** **Unsolved Mysteries** A priest who seemingly displayed healing powers, and a man who was driven insane by his wife's death.
**12.00** M'T **Judge Judy**
**1.00** AM **ER** 2/22. (S6)
**2.00** **Medium** As 9.00pm.
**3.00** **CSI: Miami** As 10.00pm.
**4.00** **Walker, Texas Ranger**
**5.00** **to 6.00** AM **Matlock**

## CBS Justice

148 192 39 137

**9.00** AM **Diagnosis Murder**
**11.00** **Matlock** 13/24. (S4)
**12.00** NOON **Perry Mason**
**1.05** PM **Walker, Texas Ranger** 2/24. (S8)
**2.05** **CSI: Miami** 8/24. (S2)
**3.00** **NCIS** 1/24. (S8)
**4.00** **NCIS: Los Angeles** (S2)
**5.00** **Matlock** 14/24. (S4)
**6.00** **Perry Mason**
**7.05** **Scorpion** 2/22. (S4)
**8.00** **Walker, Texas Ranger**
**9.00** **NCIS** *Better Angels:* 7/24. Gibbs helps his father track down an old friend from the war. (S11)
**10.00** **NCIS: Los Angeles** (S2)
**11.00** **Scorpion** New episode *Grow a Deer, A Female Deer:* 3/22. Poachers injure an endangered and pregnant deer. (S4)
**12.00** M'T **CSI: Miami** (S2)
**1.00** AM **NCIS** As 9.00pm.
**2.00** **Scorpion** As 11.00pm.
**3.05** **Bonanza**
**4.50** **to 6.00** AM **Mission: Impossible**

+1 hour 69

## CBS Reality

146 148 66 135

**9.00** AM **Judge Judy**
**1.00** PM **Judge Judy**
**7.00** **Medical Detectives** Forensic science is used to discover the fate of a missing teacher. **7.30** A girl who was killed by her parents.
**8.00** **48 Hours: Mystery**
**9.00** **Cold Blood**
**10.00** **NEW SERIES New Scotland Yard Files** *The Murder of David Morley:* True crime series examining murder cases in the city of London.
**11.00** **Killer Doctors on Death Row**
**12.00** M'T **Snapped: Killer Couples**
**1.00** AM **Cold Blood**
**2.00** **New Scotland Yard Files** As 10.00pm.
**3.00** **I Survived**
**3.45** **Unsolved Mysteries**
**5.10** **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

## Challenge

151 164 46 146

**7.00** AM **Catchphrase**
**7.30** **Deal or No Deal**
**9.00** **The Chase**
**10.00** **Dale's Supermarket Sweep** Double bill.
**11.00** **Bruce's Price Is Right**
**12.00** NOON **Wheel of Fortune**
**1.00** PM **Catchphrase**
**2.00** **Family Fortunes**
**2.30** **All Star Family Fortunes Christmas Special** Game show.
**3.15** **All Star Family Fortunes**
**4.00** **Bullseye**
**5.00** **Golden Balls**
**6.00** **Weakest Link**
**7.00** **Pointless**
**8.00** **Impossible**
**9.00** **The Chase**
**10.00** **Who Wants to Be a Millionaire?**
**11.00** **Bullseye**
**12.00** M'T **Classic Who Wants to Be a Millionaire?**
**1.00** AM **The Chase**
**4.00** **to 6.00** AM **Deal or No Deal**

+1 hour 251 230 147

## Comedy Central Extra

127 182 308

**6.00** AM **Impractical Jokers**
**7.00** **Teleshopping**
**9.00** **Friends**
**10.00** **The Middle** (S6)
**11.00** **The Office (US)** (S9)
**12.00** NOON **Bob's Burgers**
**1.00** PM **Wipeout USA**
**2.00** **Most Ridiculous**
**3.00** **Impractical Jokers**
**4.00** **Bob's Burgers** (S9)
**5.00** **The Middle** (S6)
**6.00** **Fresh Prince of Bel Air**
**7.00** **Two and a Half Men**
**8.00** **The Office (US)** (S9)
**9.00** **Friends**
**10.00** **South Park** (S22)
**11.00** **Ricky Gervais Show**
**11.30** **The Cleveland Show**
**12.00** M'T **Lee Evans Live**
**1.30** AM **Russell Howard's Good News**
**3.20** **Stand Up Central**
**3.45** **Bordertown** (S1)
**4.05** **Bob's Burgers** (S2)
**4.30** **The Middle** (S6)
**5.15** **to 6.00** AM **Last Man Standing**

+1 hour 227

## E!

123 123 834 140 139 321 386

**7.00** AM **News**
**7.30** **Botched**
**8.00** **Keeping Up with the Kardashians**
**10.00** **Total Bellas**
**11.00** **Pop of the Morning** New edition
**12.00** NOON **Kourtney & Kim Take New York**
**1.00** PM **Keeping Up with...**
**4.00** **Botched**
**5.00** **News: Daily Pop**
**6.00** **Keeping Up with...**
**7.00** **Very Cavallari**
**8.00** **Botched**
**8.30** **Dating: No Filter**
**9.00** **Keeping Up with...**
**10.00** **The Soup** New edition
**10.30** **Nightly Pop** New edition
**11.00** **In the Room**
**11.30** **Botched: Most Outrageous Patients**
**12.00** M'T **Keeping Up with...**
**1.00** AM **Botched**
**2.00** **Teleshopping**
**3.00** **Keeping Up with...**
**4.00** **to 5.00** AM **Hollywood Medium**

## Food Network

140 278 41 148

**6.00** AM **Jamie's 30 Minute Meals**
**6.30** **30 Minute Meals**
**7.00** **Giada in Italy**
**9.00** **The Pioneer Woman**
**11.00** **Barefoot Contessa**
**12.00** NOON **Hairy Bikers' Food Tour of Britain**
**1.00** PM **Ramsay's Ultimate Cookery Course**
**2.00** **James Martin's Brittany**
**3.00** **Jamie's 30 Minute...**
**3.30** **30 Minute Meals**
**4.00** **The Pioneer Woman**
**6.00** **James Martin's Favourite Feasts**
**7.00** **Ramsay's Ultimate Cookery Course**
**8.00** **Bikers' Food Tour...**
**9.00** **A Cook Abroad: Monica Galetti's France**
**10.00** **Martin: Home Comforts**
**11.00** **Mystery Diners**
**12.00** M'T **Diners, Drive-Ins and Dives** Four editions.
**2.00** **to 3.00** AM **Mystery Diners**

+1 hour 240 149

## Lifetime

187 208 329 384

**7.00** AM **Women on Patrol**
**8.00** **Judge Judy**
**1.00** PM **Pawn Stars**
**2.00** **Storage Wars**
**3.00** **Little Women: Couples Retreat**
**4.00** **Dance Moms**
**5.00** **Pawn Stars**
**6.00** **Flipping Vegas**
**7.00** **Judge Judy** Real-life small-claims cases.
**9.00** **Texan Million Dollar Dealers** A mother pitches a website to help parents save for their kids' future.
**10.00** **Storage Wars** An LA auction brings more competition than the buyers were expecting. **10.30** Ivy finds a way to lighten the mood.
**11.00** **Hardcore Pawn**
**12.00** M'T **Pawn Stars**
**1.00** AM **Texan Million Dollar Dealers**
**2.00** **Storage Wars**
**3.00** **to 4.00** AM **Hardcore Pawn**

## Paramount Network

150 187 150 31 132

**9.00** AM **The A-Team**
**11.00** **Knight Rider**
**1.00** PM **Police Interceptors**
**3.00** **Traffic Cops**
**5.00** **The A-Team**
**7.00** **Police Interceptors** A violent man gives officers the runaround. **8.00** Officers patrol during Black Eye Friday.
**9.00** **Trucking Hell** New edition Men and women working in the heavy recovery business.
**10.00** **At War with the Law: Parking Hell**
**11.00** **FILM Game of Death** Thriller starring Wesley Snipes and Robert Davi. (2010, 15, 93min) ★★
**1.05** AM **Frontline Police 24/7**
**2.05** **Knight Rider**
**3.50** **Wentworth Prison**
**5.30** **Criminals: Caught on Camera**
**5.55** **to 6.00** AM **Access**

+1 hour 250 94

## Quest

144 144 831 169 12 114 172

**6.00** AM **How Do They Do It?**
**6.20** **American Pickers**
**7.10** **Deadliest Catch**
**8.00** **Cooper's Treasure**
**9.00** **Outback Truckers**
**10.00** **Wheeler Dealers**
**11.00** **Chasing Classic Cars**
**12.00** NOON **American Pickers: Best Of**
**1.00** PM **Railroad Alaska**
**2.00** **Deadliest Catch**
**3.00** **Gold Divers**
**4.00** **Salvage Hunters**
**5.00** **Outback Truckers**
**6.00** **Wheeler Dealers**
**7.00** **American Pickers**
**8.00** **Salvage Hunters**
**9.00** **Wheeler Dealers**
**10.00** **Fantomworks** New edition
**11.00** **How Do They Do It?**
**12.00** M'T **Wheeler Dealers**
**1.00** AM **Outback Truckers**
**2.00** **American Chopper**
**3.00** **Fantomworks**
**4.00** **to 6.00** AM **Highlights**

+1 hour 244 213 76 168

## Quest Red

149 170 38 169

**6.00** AM **Say Yes to the Dress**
**7.00** **Bondi Vet**
**8.00** **Animal Cops Phoenix**
**10.00** **Money for Nothing**
**11.00** **Forensic Detectives**
**12.00** NOON **Disappeared**
**2.00** PM **Murder Comes to Town**
**3.00** **Say Yes to the Dress: Bridesmaids**
**6.00** **Money for Nothing**
**7.00** **Posh Pawnbrokers**
**8.00** **My 600lb Life**
**9.00** **Inside the Mind of a Serial Killer**
**10.00** **The Lady Killers** New edition Sabrina Kouider.
**11.00** **British Police: Our Toughest Cases**
**12.00** M'T **Forensic Detectives**
**1.00** AM **Crime Stories**
**2.00** **Murder Comes to Town**
**3.00** **FBI Files**
**3.50** **Animal Cops Phoenix**
**4.40** **Bondi Vet**
**5.30** **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 78 170

## Really

142 128 17 160

**6.00** AM **Fantasy Homes by the Sea** From Dublin.
**7.00** **Teleshopping**
**8.00** **Homes Under the Hammer** Double bill.
**10.00** **Celebrity Antiques Road Trip**
**11.00** **Antiques Road Trip**
**1.00** PM **Fantasy Homes by the Sea** Double bill.
**3.00** **French Collection**
**4.00** **DIY SOS: The Big Build**
**5.00** **DIY SOS: Homes for Veterans – Part One**
**6.00** **Celebrity Antiques Road Trip**
**7.00** **Antiques Road Trip**
**9.00** **Ghost Nation** New edition Apparitions in a home in New York state.
**10.00** **Paranormal Lockdown UK** From Liverpool.
**11.00** **Helicopter ER**
**12.00** M'T **Ghost Adventures**
**1.00** AM **Most Haunted**
**2.00** **Teleshopping**
**4.00** **to 6.00** AM **Antiques Road Trip**

## Sky Crime

121 121 819 136 135

**6.00** AM **Motorway Patrol**
**7.00** **Highway Cops**
**8.00** **Canada's Front Line**
**9.00** **Send in the Dogs**
**10.00** **Road Wars**
**11.00** **Brit Cops**
**12.00** NOON **Highway Cops**
**1.00** PM **A Lie to Die For**
**2.00** **Killer Colleagues**
**3.00** **Canada's Front Line**
**4.00** **Road Wars**
**5.00** **Brit Cops**
**6.00** **Send in the Dogs**
**7.00** **Snapped**
**8.00** **A Lie to Die For**
**9.00** **How I Caught the Killer**
**10.00** **Snapped** New edition
**11.00** **World's Most Evil**
**12.00** M'T **Murders That Shocked the Nation**
**1.00** AM **Dateline**
**2.00** **Snapped**
**3.00** **Murder Calls**
**4.00** **Brit Cops**
**5.00** **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

## Sony Crime

179 193 143

**6.00** AM **Speeders**
**7.00** **Bait Car: LA**
**9.00** **Speeders**
**11.00** **Bait Car: LA**
**1.00** PM **Speeders**
**7.00** **Speeders** Officer Hartsell pulls over a unique car decorated with pieces of junk. **7.30** Officer Williams pulls over a car full of Italian tourists. **8.00** Officer Olson pulls over a couple of teens and gives them a quiz. **8.30** Officer Williams pulls over a confused wedding planner.
**9.00** **Bait Car: LA** Four editions of the documentary series about car criminals.
**11.00** **Speeders**
**12.00** M'T **Bait Car**
**1.00** AM **Speeders**
**3.00** **Bait Car: LA**
**3.30** **Bait Car: San Francisco**
**4.00** **Speeders**
**5.00** **to 6.00** AM **Bait Car**

## 5SELECT

153 152 54 133

**9.00** AM **Criminals: Caught on Camera**
**9.25** **FILM Good Morning Murder** Thriller with Chrishell Hartley. (2019, 12, 88min) ★★
**11.05** **Bargain-Loving Brits in the Sun**
**12.05** PM **The Dog Rescuers with Alan Davies**
**2.05** **GPs: Behind Closed Doors** Double bill.
**4.05** **The Yorkshire Vet**
**6.00** **GPs: Behind Closed Doors** Double bill.
**8.00** **The Yorkshire Vet**
**9.00** **Red Arrows: The Big Finish** The pilots face their toughest test.
**9.55** **GPs: Behind Closed Doors**
**10.55** **The Dog Rescuers with Alan Davies**
**11.55** **Chaos in the Cockpit: Flights from Hell**
**12.55** AM **The Pillars of the Earth**
**2.00** **to 4.00** AM **Nero: Empire of Blood**

## Blaze

164 216 63 162

**6.00** AM **American Restoration**
**7.00** **Ancient Aliens**
**8.00** **Hangar 1: UFO Files**
**9.00** **Storage Wars: Texas**
**10.00** **Hardcore Pawn**
**11.00** **Pawn Stars**
**12.00** NOON **Storage Wars**
**1.00** PM **Auction Hunters**
**2.00** **Storage Wars: Texas**
**3.00** **Air Crash: Disasters Uncovered**
**4.00** **Hangar 1: The UFO Files** Sightings in Texas.
**5.00** **Ancient Aliens**
**6.00** **Pawn Stars**
**7.00** **Storage Wars**
**8.00** **Auction Hunters**
**9.00** **American Pickers**
**10.00** **Storage Wars Canada**
**11.00** **Storage Wars**
**12.00** M'T **Auction Hunters**
**1.00** AM **Storage Wars: Texas** Double bill.
**2.00** **American Restoration**
**3.00** **Swamp People**
**4.00** **Ernie the Wildman**
**5.00** **to 6.00** AM **Pawn Stars**

## TLC

133 133 827 167 323 377

**6.00** AM **Say Yes to the Dress: Bridesmaids**
**8.00** **Say Yes... UK**
**9.00** **Say Yes to the Dress**
**10.00** **Curvy Brides Boutique**
**11.00** **Say Yes... Canada**
**12.00** NOON **Say Yes to the Dress: Atlanta**
**2.00** PM **Dr Pimple Popper**
**3.00** **Sister Wives**
**4.00** **Say Yes... Canada**
**5.00** **Curvy Brides Boutique**
**6.00** **Say Yes to the Dress**
**7.00** **Say Yes to the Dress: UK** Double bill.
**8.00** **NEW SERIES 90 Day Fiancé: Before the 90 Days** Darcey seeks some answers.
**10.00** **Dr Pimple Popper**
**11.00** **90 Day Fiancé: Before the 90 Days**
**2.00** AM **Dr Pimple Popper**
**3.00** **90 Day Fiancé: Before the 90 Days**
**4.00** **to 6.00** AM **Say Yes to the Dress: Atlanta**

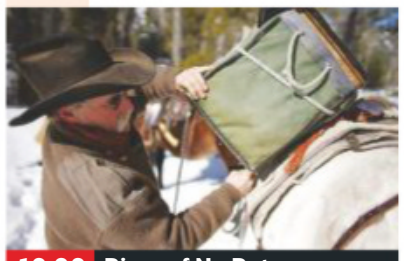
+1 hour 233 172

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

## Discovery

125 125 822 250 322 376

6.00 AM **Combat Dealers**
7.00 **Tony Robinson's World War One** The conflict's final year.
8.00 **Kindig Customs**
9.00 **Jeremy Wade's Dark Waters**
10.00 **NASA's Unexplained Files**
11.00 **Fast N' Loud**
12.00 NOON **Gold Rush**
1.00 PM **Alaska: The Last Frontier**
2.00 **Combat Dealers**
3.00 **World War Two: The Complete History**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud**



10.00 River of No Return

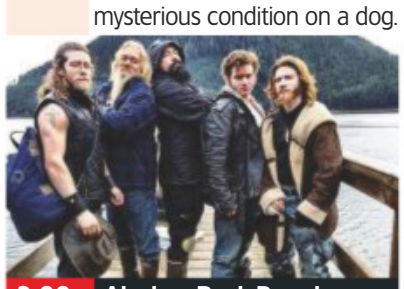
7.00 **Outback Truckers** Russell faces trial by fire as he hauls a mobile building down a load-destroying track.
8.00 **Wheeler Dealers** Mike is in the Pacific Northwest, where he has tracked down a Volvo Amazon 122 with a rally heritage.
9.00 **Alaskan Bush People** New edition The siblings race to finish their water system, and Billy has news that shakes the Wolfpack.
10.00 **River of No Return** New edition A jetboat captain is forced to spring into action as a rafter topples into the river.
11.00 **Richard Hammond's Big** Elements that engineering projects have in common.
12.00 M'T **Alaskan Bush People**
1.00 AM **River of No Return**
2.00 **Deadliest Catch**
3.00 **Alaskan Bush People**
3.50 **Kindig Customs**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 258

## Animal Planet

162 162 836 251 325 378

6.00 AM **The Aquarium**
7.00 **Treehouse Masters: Out on a Limb** A Scottish cottage.
8.00 **Pit Bulls & Parolees**
10.00 **Animal Cops Philadelphia**
12.00 NOON **The Zoo: San Diego**
1.00 PM **My Cat from Hell**
2.00 **Alaskan Bush People**
3.00 **The Vet Life**
5.00 **Crikey! It's the Irwins** The reptiles at Australia Zoo are active and hungry.
6.00 **Bondi Vet: Coast to Coast** Dr Lewis tries to solve a mysterious condition on a dog.



2.00 Alaskan Bush People

7.00 **Animal Cops Detroit** Animal welfare officers recall cases in which animals have made amazing recoveries.
8.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff helps 40 miniature Australian shepherd dogs rescued from a puppy mill.
9.00 **The Vet Life** The work of Houston vets Dr Blue, Dr Ross and Dr Lavigne, who have their hands full with risky surgeries.
10.00 **Animal Cops San Francisco** A dead puppy is found chained up, and a hoarder is encouraged to give up some pets.
11.00 **Pit Bulls & Parolees**
12.00 M'T **I Was Prey**
1.00 AM **Animal Cops Detroit**
2.00 **Dr Jeff: Rocky Mountain Vet**
3.00 **Animal Cops San Francisco**
3.50 **Crikey! It's the Irwins**
4.40 **Nature's Strangest Mysteries: Solved**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

## Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Car S.O.S** Eleven editions of the series, including at:
**1.00** PM Fuzz and Tim restore an Alfa Romeo Giulia Spider.
**2.00** Repairing a Golf GTI.
**3.00** Tragedy strikes while Tim and Fuzz are fixing up a World Rally-winning car.
**4.00** Fuzz and Tim restore a 1965 German classic car.
**5.00** Fuzz and Tim go to France in search of a war veteran's old car.
**6.00** Tim and Fuzz team up with former rally driver Paddy Hopkirk to fix up a rally car.

8.00 Car S.O.S.

7.00 **Car S.O.S** Tim Shaw and Fuzz Townsend get help from James Nesbitt as they try to fix up a 1959 MGA roadster.
8.00 **NEW SERIES Car S.O.S.** The duo restore a Porsche which is in the worst condition of any car featured on the series.
9.00 **Ultimate Supercar** New edition Lamborghini reimagine their most famous supercar, the Aventador SVJ.
10.00 **Running Wild with Bear Grylls** Free climber Alex Honnold joins Bear Grylls for an adventure in the Swiss Alps.
11.00 **Car S.O.S** Fuzz Townshend and Tim Shaw secretly restore a classic 1971 sports car.
**12.00** M'T A Toyota FJ40 Land Cruiser is restored.
**1.00** AM Fuzz and Tim restore a Japanese Subaru Impreza rally car for its owner.
2.00 **to 5.00** AM **Car S.O.S**

+1 hour 229 267

## History

130 130 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars**
9.00 **WWII Turning Points**
10.00 **Storage Wars**
11.00 **The Railways That Built Britain with Chris Tarrant**
12.00 NOON **River Hunters**
1.00 PM **Forged in Fire**
2.00 **American Pickers**
3.00 **Storage Wars**
5.00 **Pawn Stars** Corey tries to get his hands on a 1920s clock.
**5.30** A prop from *Back to the Future Part II* is appraised.
6.00 **Forged in Fire**

10.00 Kings of Pain

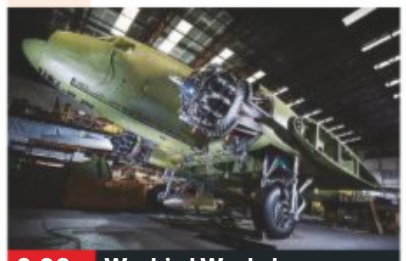
7.00 **American Pickers** When the guys visit a woman overwhelmed by an inheritance, she shows them inside a secret vault.
8.00 **The Railways That Built Britain with Chris Tarrant** Chris examines the devastating impact of the Beeching report.
9.00 **Forged in Fire** New edition Four former winners return to the forge for the biggest twist in the show's history.
10.00 **Kings of Pain** New edition Adam Thorn and Rob Alleva encounter a bird-eating tarantula and warrior wasps.
11.00 **Truck Off!** New edition
12.00 M'T **Britannia: Secrets of the Royal Yacht**
1.00 AM **Britain's Greatest Bridges** Discovering how the Britannia Bridge was built.
2.00 **Forged in Fire**
3.00 **River Hunters**
4.00 **to 5.30** AM **Storage Wars**

+1 hour 230 271

## Yesterday

155 129 25 159

6.00 AM **Secrets of the Bible**
7.10 **Viking Dead**
8.00 **Forbidden History**
9.00 **Hitler's Propaganda Machine**
10.00 **Auschwitz: The Nazis and the Final Solution**
11.00 **Abandoned Engineering**
12.00 NOON **Impossible Engineering**
1.00 PM **Time Team**
2.00 **Walking Through History**
3.00 **Abandoned Engineering**
4.00 **Impossible Engineering**
5.00 **Hitler's Propaganda Machine**
6.00 **Auschwitz: The Nazis...**



9.00 Warbird Workshop

7.00 **Abandoned Engineering** Exploring claustrophobic prison cells that contain a story worthy of international acclaim.
8.00 **Bangers and Cash** Three MGs from the 1970s turn up at the garage, still covered in original factory wax.
9.00 **Warbird Workshop** New edition Rebuilding a US Army Air Force C47 that dropped paratroopers on D-Day in 1945.
10.00 **Narrow Escapes of World War Two** How ill-equipped troops saw off a German attack on Crete, Greece.
11.00 **Impossible Engineering** The Rion-Antirion Bridge, which runs for 3kms and links the towns of Rio and Antirrio.
12.00 M'T **Abandoned Engineering**
1.00 AM **Auschwitz: The Nazis and the Final Solution**
2.00 **to 3.00** AM **Secrets of the Bible**

+1 hour 255 200

Thursday

7 PM
8 PM
9 PM
10 PM

## Disc. History

171 257

6.00 AM **Expedition Unknown**
7.00 **Invention Nation**
8.00 **WWII: Witness to War**
9.00 **Frontline Battle Machines with Brewer**
10.00 **Extreme Engineering**
11.00 **Invention Nation**
12.00 NOON **Blowing Up...**
1.00 PM **Expedition Unknown**
2.00 **Mysteries at the...**
3.00 **WWII: Witness to War**
4.00 **Secrets of the Arsenal**
5.00 **Extreme Engineering**
6.00 **Blowing Up History**
7.00 **Mysteries at the...**
8.00 **Expedition Unknown**
9.00 **SAS: Who Dares Wins**
10.00 **Tony Robinson's WWI**
11.00 **Extreme Machines**
12.00 M'T **Expedition...**
1.00 AM **SAS: Who Dares...**
2.00 **Tony Robinson's WWI**
3.00 **Extreme Machines**
4.00 **Blowing Up History**
5.00 **to 6.00** AM **Mysteries at the Museum**

+1 hour 271 261

## Eden

166 245 247 315 389

9.00 AM **Super Vets**
10.00 **Mountain Gorilla**
11.00 **Ganges**
12.00 NOON **Life in the Great Wetlands**
1.00 PM **Life in the Undergrowth**
2.00 **Wonders of the Solar System**
3.00 **Super Vets**
4.00 **Mountain Gorilla**
5.00 **Ganges**
6.00 **Super Vets**
7.00 **Life in the Undergrowth**
8.00 **Life in the Great...**
9.00 **Mountain Gorilla**
10.00 **Ganges**
11.00 **Wonders of the Solar...**
12.00 M'T **Life in the Great...**
1.00 AM **Life in the...**
2.00 **Wonders of the Solar...**
3.00 **Super Vets**
3.50 **Mountain Gorilla**
4.40 **Ganges**
5.30 **to 6.00** AM **Frontier Borneo**

+1 hour 266 246

## WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **The Hidden Kingdoms of China** Triple bill.
12.00 NOON **Snakes in the City** A snake on a train.
1.00 PM **Africa's Deadliest**
4.00 **Monster Fish**
6.00 **Snakes in the City**
7.00 **Snakes In The City: Best Of** Highlights.
8.00 **NEW Monster Constrictors** Documentary about some of the world's deadliest pythons.
9.00 **King Cobra: Cannibal Snake** Experts track snakes in India.
10.00 **America's Super Snake** Documentary following a Western diamondback rattlesnake through a desert summer.
11.00 **Snakes In The City: Best Of** As 7.00pm.
12.00 M'T **Animals Gone Wild**
2.00 AM **Africa's Deadliest**
3.00 **to 5.00** AM **Monster Fish**

## History 2

163 272 330 390

8.00 AM **Hitler's War**
9.00 **Battle 360**
10.00 **Doomsday: 10 Ways the World Will End**
11.00 **Ancient Aliens**
1.00 PM **Digging for Britain**
3.00 **How the Earth Was Made** Double bill.
5.00 **Hitler's War**
6.00 **Doomsday: 10 Ways the World Will End**
7.00 **Battle 360**
8.00 **Ancient Impossible** The technology behind the ancient Greeks' Trireme war vessels.
9.00 **The Search for the Tesla Files** Nikola Tesla's design for generating wireless electricity.
10.00 **Ancient Aliens**
11.00 **Cryptid: Swamp Beast**
12.00 M'T **Doomsday: 10 Ways the World Will End**
1.00 AM **Ancient Aliens**
3.00 **to 5.00** AM **How the Earth Was Made**

## PBS America

174 273 91 155

8.00 AM **Pompeii: The Secrets of the Petrified Bodies**
9.15 **The Feud**
10.35 **Nigel Marven's Wild Philippines**
11.35 **Pompeii: The Secrets of the Petrified Bodies**
1.00 PM **Saints and Sinners: A Millennium of Monasteries**
2.20 **Pompeii: The Secrets of the Petrified Bodies**
3.40 **The Feud**
4.55 **Saints and Sinners: A Millennium of Monasteries**
6.15 **Pompeii: The Secrets of the Petrified Bodies**
7.30 **Saints and Sinners: A Millennium of...**
8.45 **Billy the Kid**
9.55 **Bonnie & Clyde**
11.00 **Saints and Sinners...**
12.15 AM **Bonnie & Clyde**
1.30 **to 2.00** AM **Walks Around Britain**

+1 hour 93

## CI

156 156 835 209 328 380

6.00 AM **The First 48**
8.00 **Homicide Hunter**
10.00 **Unusual Suspects**
11.00 **Homicide: Hours to Kill**
12.00 NOON **Crimes That Shook Britain**
1.00 PM **Nightmare in Suburbia**
2.00 **I Lived with a Killer**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Homicide: Hours to Kill**
6.00 **The First 48**
7.00 **Homicide Hunter**
8.00 **Fear Thy Neighbour**
9.00 **Homicide: Hours to Kill** New edition
10.00 **Homicide Hunter** New edition
11.00 **Homicide Hunter**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Homicide: Hours to Kill**
2.00 **Homicide Hunter**
3.00 **I Lived with a Killer**
4.00 **to 6.00** AM **Highlights**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

# THURSDAY Films

Thursday

## Sky Cinema Premiere

301 301 842 401 501

**6.00** AM **The Counterfeiter** (2018)
**8.15** **Straight Up** Romantic comedy. (2019, 15, 95min) ★★★
**9.55** **We Die Young** (2019) ★★
**11.35** **This Changes Everything** Documentary. (2018) ★★★
**1.20** PM **Brightburn** As 8.00pm.
**3.00** **PREMIERE I'll Take Your Dead** As 9.45pm.
**4.30** **Doom: Annihilation** Fantasy. (2019, 15, 96min) ★★
**6.15** **Cold Blood Legacy** Action thriller. (2019, 15, 91min) ★★

9.45 I'll Take Your Dead

**8 PM**

**8.00** **Brightburn** Superhero horror starring Elizabeth Banks. A couple struggling to conceive think their prayers have been answered when an extraterrestrial child crash-lands on Earth. (2019, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**9 PM**

**9.45** **PREMIERE I'll Take Your Dead** Horror starring Aidan Devine, Ava Preston and Jess Salgueiro. (2019, 15, 83min) ★★★★
*See review, page 23*
SEX ●●● VIOLENCE ●●● LANG ●●●

**10 PM**

**11.30** **The Art of Self-Defense** Comedy with Jesse Eisenberg. (2018, 15, 104min) ★★★
**1.30** AM **Hell Is Where the Home Is** Horror with Angela Trimbur. (2018, 18, 88min) ★★
**3.15** **Cold Blood Legacy** Action thriller, as 6.15pm.
**5.00** **Hotel Mumbai: Special**
**5.30** **to 6.00** AM **Monster Family: Special**

**11 PM**

+1 hour 312 412

## Sky Cinema Disney

305 305 846 405 505

**7.00** AM **Beauty and the Beast**
**8.30** **Cars** As 6.00pm.
**10.30** **Dumbo** (1941) ★★★★★
**11.45** **The Emperor's New Groove** Animation. (2000, U) ★★★
**1.10** PM **Snow White and the Seven Dwarfs** As 11.45pm.
**2.40** **Beauty and the Beast** Animation. (1991) ★★★★★
**4.10** **Finding Nemo** Animation. (2003, U, 104min) ★★★★★
**6.00** **Cars** Animated comedy. (2006, PG, 121min) ★★★

6.00 Cars

**8.00** **Toy Story 4** Animated sequel featuring the voice of Tom Hanks. A home-made toy joins Woody and the gang, leading to a road trip alongside old and new friends. (2019, U, 100min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
**9.45** **Prince of Persia: The Sands of Time** Fantasy adventure starring Jake Gyllenhaal and Gemma Arterton. (2010, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.45** **Snow White and the Seven Dwarfs** Animated fantasy with the voice of Adriana Caselotti. (1937, U, 82min) ★★★★★
**1.20** AM **The Nutcracker and the Four Realms** Fantasy adventure starring Mackenzie Foy. (2018, PG, 99min) ★★★
**3.10** **Ice Princess** Teen drama starring Michelle Trachtenberg. (2004, U, 92min) ★★★
**5.00** **to 6.35** AM **Underdog** Comedy. (2007, U, 78min) ★★

## Sky Cinema Family

306 306 847 406 506

**6.20** AM **Asterix: The Secret of the Magic Potion** As 4.45pm.
**7.50** **A Dog's Way Home**
**9.35** **Despicable Me** As 6.15pm.
**11.20** **Bernie the Dolphin** Adventure. (2018, U) ★★
**1.00** PM **The Pacifier** As 10.00pm.
**2.40** **The Kid Who Would Be King**
**4.45** **Asterix: The Secret of the Magic Potion** Animation. (2018, PG, 87min) ★★★
**6.15** **Despicable Me** Animation. (2010, U, 94min) ★★★★

8.00 The Kid Who Would Be...

**8.00** **The Kid Who Would Be King** Fantasy adventure starring Louis Ashbourne Serkis. A 12-year-old boy meets legendary wizard Merlin and faces up to a tense battle with the evil Morgana. With Rebecca Ferguson. (2019, PG, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
**10.00** **The Pacifier** Comedy thriller starring Vin Diesel and Brittany Snow. (2005, PG, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.40** **Lu Over the Wall** Animated fantasy featuring the voice of Christine Marie Cabanos. (2017, PG, 112min) ★★★
**1.40** AM **A Dog's Way Home** Adventure with Ashley Judd. (2019, PG, 96min) ★★★
**3.25** **Monster Family** Animation with the voice of Emily Watson. (2017, PG, 96min) ★★
**5.10** **to 6.50** AM **Wheely** Animated adventure comedy. (2018, PG, 90min) ★

## Sky Cinema Action

311 311 852 407 507

**6.00** AM **The Karate Kid** Adventure, as 5.45pm.
**8.15** **The Karate Kid Part II** Adventure, as 8.00pm.
**10.15** **The Karate Kid: Part III** Adventure, as 3.05am.
**12.15** PM **First Blood** As 10.00pm.
**2.00** **Rambo: First Blood Part II** Action thriller, as 11.40pm.
**3.45** **Legion** Action fantasy thriller. (2010, 15, 100min) ★★★
**5.45** **The Karate Kid** Adventure. (1984, 12, 127min) ★★★★

3.45 Legion

**8.00** **The Karate Kid Part II** Martial arts adventure sequel starring Ralph Macchio and Noriyuki 'Pat' Morita. The Karate Kid and his Okinawan mentor travel to Japan to settle a 50-year-old duel of honour. (1986, PG, 113min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
**10.00** **First Blood** Action adventure starring Sylvester Stallone. (1982, 15, 93min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.40** **Rambo: First Blood Part II** Action thriller with Sylvester Stallone and Richard Crenna. (1985, 15, 96min) ★★★
**1.20** AM **Rambo III** Violent action adventure sequel starring Sylvester Stallone. (1987, 18, 101min) ★★★
**3.05** **The Karate Kid: Part III** Martial arts sequel with Ralph Macchio. (1989, PG, 111min) ★
**5.00** **to 6.00** AM **Sky Cinema Preview**

## Sky Cinema Comedy

308 308 849 408 508

**6.45** AM **My Cousin Vinny** Legal comedy. (1992, 15) ★★★
**8.50** **About Time** As 4.50pm.
**11.00** **Little** As 9.00pm.
**12.55** PM **Shanghai Noon** Comedy. (2000, 12, 109min) ★★★
**2.50** **Shanghai Knights** Comedy. (2003, 12, 109min) ★★
**4.50** **About Time** Romantic fantasy. (2013, 12, 120min) ★★★
**7.00** **She's Out of My League** Comedy starring Jay Baruchel. (2010, 15, 100min) ★★★

7.00 She's Out of My League

**She's Out of My League** (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

**9.00** **Little** Comedy starring Regina Hall and Marsai Martin. A mean tech mogul wakes up one morning to find herself back in her 13-year-old body after crossing the wrong magician. (2019, 12, 109min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.00** **Dirty Cops** French comedy starring Guillaume Canet and Michel Fau. Subtitled. (2018, 18, 118min) ★★
**1.10** AM **Gloves Off** Comedy drama starring Brad Moore. (2016, 12, 98min) ★★
**2.55** **Changeland** Comedy drama starring Seth Green. (2019, 15, 86min) ★★
**4.35** **to 6.15** AM **Gulliver's Travels** Adventure starring Jack Black. (2010, PG, 84min) ★★

primetime

## Sky Cinema Hits

303 303 844 403 503

**6.00** AM **We're the Millers** (2013)
**8.00** **Journey 2: The Mysterious Island** Fantasy. (2012) ★★★
**9.40** **The Front Runner** (2018) ★★★
**11.40** **Star Wars: Episode I – The Phantom Menace** (1999) ★★★
**2.00** PM **Star Wars: Episode II – Attack of the Clones** (2002)
**4.25** **Star Wars: Episode III – Revenge of the Sith** Sci-fi. (2005, 12, 140min) ★★★★

**6.50** **Star Wars: Episode IV – A New Hope** Sci-fi starring Mark Hamill. A farm boy undertakes to rescue a captive princess and defeat an evil empire. (1977, U, 124min) ★★★★★
**9.00** **Star Wars: Episode V – The Empire Strikes Back** Sci-fi starring Harrison Ford. While Darth Vader's imperial forces pursue the Rebel Alliance, Luke Skywalker continues his training as a Jedi knight. (1980, U, 124min) ★★★★★

**11.10** **Star Wars: Episode VI – Return of the Jedi** Sci-fi. (1983, U, 133min) ★★
**1.30** AM **Austin Powers: The Spy Who Shagged Me** (1999) ★★★
**3.10** **Lucky** Comedy. (2018) ★★★★
**4.40** **to 6.20** AM **Journey 2: The Mysterious Island** As 8.00am.

## Sky Cinema Greats

304 304 845 404 504

**7.30** AM **Stand by Me** (1986)
**9.05** **Gran Torino** Social drama. (2008, 15, 116min) ★★★★
**11.05** **The Birds** Horror thriller. (1963, 15, 118min) ★★★★★
**1.10** PM **Cape Fear** Thriller. (1962, b/w, 15, 106min) ★★★★
**3.10** **The Bourne Legacy** Spy thriller. (2012, 12, 129min) ★★★
**5.30** **Flash Gordon** Sci-fi adventure romp. (1980, PG, 115min) ★★★

**7.30** **Catch Me If You Can** Crime adventure starring Leonardo DiCaprio. In the 1960s, a teenager enjoys a remarkable crime spree cashing millions of dollars in false cheques. (2002, 12, 141min) ★★★★★
**10.00** **The Big Lebowski** Offbeat comedy thriller starring Jeff Bridges and John Goodman. An ageing LA hippy is mistaken for his millionaire namesake and drawn into a strange intrigue. (1998, 18, 117min) ★★★★

**12.00** M'T **Basic Instinct** Erotic thriller starring Michael Douglas. (1992, 18, 128min) ★★★
**2.15** AM **Lethal Weapon 4** Action thriller sequel with Mel Gibson. (1998, 15, 128min) ★★★
**4.30** **to 6.30** AM **Flash Gordon** Fantasy, as shown at 5.30pm.

## TCM Movies

315 415 416 512 526

**6.00** AM **Hollywood's Best Film Directors** Double bill.
**7.00** **Horse Feathers** (1932)
**8.30** **The Lion in Winter** Drama. (1968, 15, 135min) ★★★★
**11.20** **Return of the Gunfighter** Western. (1966, U, 93min) ★★
**1.30** PM **Cool Hand Luke** Drama. (1967, 15, 126min) ★★★★★
**4.05** **Gambit** Suspense caper. (1966, U, 109min) ★★★

**6.25** **The Man Who Knew Too Much** Hitchcock thriller starring James Stewart and Doris Day. After an American couple witness a murder and learn of an assassination attempt, their son is kidnapped to silence them. (1956, PG, 120min) ★★★★
**9.00** **The Postman** Epic futuristic adventure starring Kevin Costner. In a post-apocalyptic US, an opportunistic loner becomes an unlikely hero. (1997, 15, 178min) ★★

**12.30** AM **A Perfect Murder** Thriller. (1998, 15, 108min) ★★★
**2.50** **Off Set**
**4.30** **Hollywood's Best Film Directors** Triple bill.
**5.55** **to 6.20** AM **Off Set**

+1 hour 316 417

## Talking Pictures

328 445 81 306

**6.00** AM **Old Mother Riley in Paris**
**7.35** **I'll Be Seeing You** (1944) ★★★
**9.20** **Thunder in the City** (1937)
**11.00** **Richard Diamond** 11/12. (S1)
**11.30** **Jigsaw** Thriller. (1962) ★★★
**1.35** PM **Night Mail** (1936) ★★★★
**2.00** **Rooms**
**2.30** **Captain Boycott** (1947) ★★★
**4.30** **Glimpses: London Airport early 1960s**
**4.55** **Mr Winkle Goes To War** (1944)

**6.35** **No Highway in the Sky** Drama starring James Stewart as an engineer whose warnings that a new aircraft suffers from metal fatigue go unheeded. (1951, b/w, U, 99min) ★★★
**8.30** **Tell Me Another**
**9.00** **Funny Man**
**10.00** **Man in the Attic** Thriller with Jack Palance. A pathologist takes lodgings in a woman's gloomy attic, just as Jack the Ripper claims his third victim. (1953, b/w, PG, 82min) ★★

**11.40** **Up the Chastity Belt** Comedy. (1971, PG, 94min) ★★
**1.30** AM **Department Store** Comedy. (1935, b/w, PG) ★★
**2.50** **Miss MacTaggart Won't Lie Down** Short comedy.
**3.25** **Dentist in the Chair** (1960) ★★
**5.00** **to 6.00** AM **Rooms**

## Horror

317 149 70 138

**8.00** AM **Andromeda** 7/22. (S3)
**9.00** **Star Trek: Voyager** 13/26. (S6)
**10.00** **Star Trek** 14/24. (S3)
**11.00** **Mega Piranha** Creature feature. (2010, 15, 89min) ★★
**1.00** PM **Malibu Shark Attack** Thriller. (2009, 15, 90min) ★★
**3.00** **Lost in Space** 8/30. (S2)
**4.00** **Princess of Mars** Adventure. (2009, 12, 90min) ★★
**6.00** **Star Trek** 15/24. (S3)

**7.00** **Star Trek: Voyager** 14/26. (S6)
**8.00** **Mutant X** *Dream Lover:* 19/22. The team investigate a scientist's cloning project. (S3)
**9.00** **The Dead 2** Chiller with Joseph Millson. After an epidemic hits India, an engineer makes his way across the country to his girlfriend. (2013, 18, 98min) ★★
**10.55** **Boogeyman 2** Horror thriller starring Danielle Savre. The inmates at a mental hospital are killed off by a masked maniac. (2007, 18, 89min) ★

**12.45** AM **Lake Placid 3** Horror sci-fi sequel starring Colin Ferguson, Kirsty Mitchell and Yancy Butler. (2010, 18, 93min) ★★
**2.35** **to 4.30** AM **P2** Horror with Wes Bentley. (2007, 18, 97min) ★★

+1 hour 318 202 139



★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

## Sky Cinema Thriller

309 309 850 409 509

**7.15** AM **Bad Samaritan** (2018)
**9.15** **Breaking In** Thriller. (2018, 15, 88min) ★★
**10.50** **Thoroughbreds** Comedy. (2017, 15, 92min) ★★★★
**12.25** PM **Hoffa** Biopic. (1992, 15, 140min) ★★
**2.50** **Out of Blue** Drama. (2018, 15, 109min) ★★★
**4.45** **Contraband** Action thriller. (2012, 15, 105min) ★★★
**6.45** **Everybody Knows** Drama. (2018, 15, 133min) ★★★★

6.45 Everybody Knows

**Everybody Knows** (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

**9.00** **Argo** Fact-based thriller directed by and starring Ben Affleck. A CIA agent creates a fake sci-fi movie project as a cover story for his plot to smuggle six fugitive American diplomats out of Iran. With Alan Arkin. (2012, 15, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.05** **Assassination Nation** Comedy thriller starring Odessa Young. (2018, 18, 108min) ★★★★
**12.55** AM **Charlie Says** Drama starring Hannah Murray. (2018, 15, 110min) ★★★
**2.50** **Wild Things** Thriller starring Kevin Bacon and Matt Dillon. (1998, 18, 109min) ★★
**4.50** **to 6.25** AM **Kid Cop** Children's crime mystery. (1996, U, 89min) ★★

## Sky Cinema Drama

310 310 851 410 510

**6.00** AM **All Summers End** Drama. (2017, 12, 90min) ★★★
**7.35** **Eternal Love** Comedy drama. (2018, 15, 95min) ★★★★
**9.10** **The Bodyguard** As 10.30pm.
**11.20** **As Good As It Gets** As 8pm.
**1.40** PM **The Evening Star** Drama, as shown at 12.50am.
**3.50** **Babel** Epic global drama. (2006, 15, 143min) ★★★
**6.15** **Love Story** Romantic drama starring Ryan O'Neal. (1970, PG, 100min) ★★★★

10.30 The Bodyguard

**8.00** **As Good As It Gets** Comedy starring Jack Nicholson, Helen Hunt and Greg Kinnear. A misanthropic and neurotic novelist gradually rediscovers his humanity through his encounters with a painter and a single mother. (1997, 15, 138min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

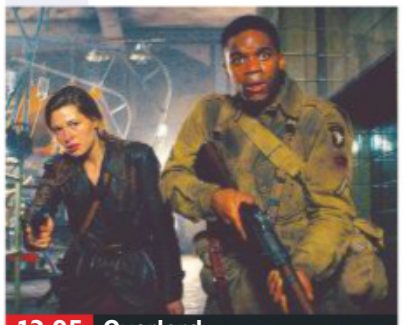
**10.30** **The Bodyguard** Romantic thriller starring Kevin Costner. A bodyguard falls in love with the superstar he has been assigned to protect. (1992, 15, 129min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**12.50** AM **The Evening Star** Sequel to *Terms of Endearment*, starring Shirley MacLaine. (1996, 15, 128min) ★★
**3.10** **Love Story** As 6.15pm.
**5.05** **to 6.00** AM **Elf: Buddy's Musical Christmas** Animation. (2014, PG, 43min) ★★

## Sky Cinema Monsters

307 307 848 411 511

**6.00** AM **Labyrinth** As 4.00am.
**7.45** **Pacific Rim** As 4.00pm.
**10.00** **A Quiet Place** As 6.15pm.
**11.45** **The 2020 Top Ten Show**
**12.00** NOON **The Meg** As 8.00pm.
**2.00** PM **Rampage** As 10.05pm.
**4.00** **Pacific Rim** Epic sci-fi action movie starring Charlie Hunnam and Rinko Kikuchi. (2013, 12, 131min) ★★★
**6.15** **A Quiet Place** Tense horror thriller starring Emily Blunt. (2018, 15, 90min) ★★★★


12.05 Overlord

**8.00** **The Meg** Action thriller starring Jason Statham. Rescue diver Jonas Taylor is hired to save the crew of a submersible from a 75ft-long prehistoric shark. With Ruby Rose. (2018, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

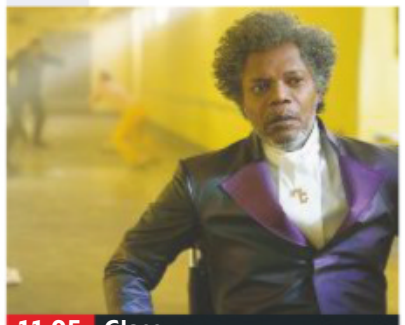
**10.05** **Rampage** Fantasy starring Dwayne Johnson. When three animals become infected with a pathogen, a primatologist and a geneticist try to stop them from destroying Chicago. (2018, 12, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**12.05** AM **Overlord** Action thriller. (2018, 18, 110min) ★★★
**2.10** **Resident Evil: Afterlife** Sci-fi horror thriller sequel. (2010, 15, 96min) ★★★
**4.00** **to 6.00** AM **Labyrinth** Fantasy adventure. (1986, U, 97min) ★★★★

## Sky Cinema Superhero

302 302 842 402 502

**6.10** AM **Superman III** Fantasy. (1983, PG, 123min) ★★★
**8.20** **Superman IV – The Quest for Peace** Fantasy adventure. (1987, PG, 90min) ★
**9.55** **X-Men: First Class** As 6.40pm.
**12.10** PM **Deadpool 2** As 9.00pm.
**2.15** **Glass** As shown at 11.05pm.
**4.30** **Captain America: The First Avenger** Action fantasy. (2011, 12, 123min) ★★★
**6.40** **X-Men: First Class** Fantasy. (2011, 12, 131min) ★★★★


11.05 Glass

**X-Men: First Class** (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

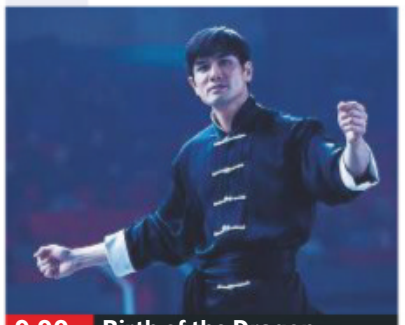
**9.00** **Deadpool 2** Action comedy starring Ryan Reynolds and Josh Brolin. The wisecracking anti-hero attempts to protect a young mutant being pursued by a heavily armed cyborg from the future. (2018, 15, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.05** **Glass** Thriller starring James McAvoy, Bruce Willis and Samuel L Jackson. (2019, 15, 129min) ★★★
**1.20** AM **Captain America: The First Avenger** As 4.30pm.
**3.30** **Batman: Mystery of the Batwoman** Animated fantasy. (2003, 12, 72min) ★★★★
**4.50** **to 6.10** AM **Lego Batman: The Movie – DC Super Heroes Unite** Animation. (2013, PG, 71min) ★★

## Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
**11.00** AM **The Dam Busters** World War Two epic. (1954, b/w, U, 125min) ★★★★
**1.35** PM **McLintock!** Comedy. (1963, U, 127min) ★★★
**4.20** **The Cassandra Crossing** Disaster movie with Richard Harris and Burt Lancaster. (1977, PG, 129min) ★★★
**7.05** **Crocodile Dundee** Comedy adventure with Paul Hogan. (1986, 15, 102min) ★★★★★


9.00 Birth of the Dragon

**Crocodile Dundee** (film started at 7.05pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

**8 PM**

**9.00** **Birth of the Dragon** Biopic starring Billy Magnussen. An aspiring martial artist is drawn into a showdown between a young Bruce Lee and a renowned Shaolin master. (2017, 12, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**9 PM**

**10.50** **Babylon A.D** Post-apocalyptic sci-fi thriller starring Vin Diesel. (2008, 12, 100min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**10 PM**

**11 PM**

**12.35** **to 2.35** AM **Lost & Found** Comedy drama with Liam O Mochain and Norma Sheahan. (2017, 12, 96min) ★★

+1 hour 314 430 45 301

## Sony Movies Classic

319 424 50 303

**6.00** AM **The Fugitive** (1947) ★★★★
**8.05** **All the King's Men** (1949) ★★★
**10.25** **I Didn't Do It** Comedy. (1945, b/w, PG, 93min) ★★
**12.30** PM **Don't Panic Chaps** Comedy. (1959, b/w, PG, 84min) ★★★
**2.20** **Walk, Don't Run** Romantic comedy. (1966, U, 114min) ★★
**4.40** **The Loneliness of the Long Distance Runner** Drama. (1962, b/w, 12, 100min) ★★★★

**6.50** **To Sir, with Love** Drama starring Sidney Poitier as a novice teacher at a tough London school who battles to win the respect of his students. With Suzy Kendall and Lulu. (1966, PG, 105min) ★★
**9.00** **Philadelphia** Oscar-winning drama starring Tom Hanks and Denzel Washington. A gay lawyer takes his firm to court when he is sacked after his colleagues discover he has Aids. (1993, 12, 122min) ★★★

**11.20** **The Fisher King** Urban fable. (1991, 15, 137min) ★★★★★
**2.15** AM **Nest of Vipers** Western. (1969, 12, 108min) ★★
**4.25** **to 6.00** AM **Long John Silver** Adventure. (1954, U) ★★★

+1 hour 320 303 304

## Sony Movies

321 425 32 302

**9.00** AM **A Sister's Secret** Thriller. (2009, PG, 86min) ★★
**11.05** **Reluctant Witness** Thriller. (2015, PG, 115min) ★★
**1.00** PM **By Appointment Only** Thriller starring Ally Walker. (2007, PG, 110min) ★
**2.50** **The Perfect Bride** Thriller. (1991, 15, 94min) ★★
**4.40** **Ricki and the Flash** Comedy drama. (2015, 12, 99min) ★★★

**6.45** **Stranger Than Fiction** Offbeat comedy starring Will Ferrell as a dull government tax inspector who discovers he's a character in a blocked writer's unfinished book. With Emma Thompson. (2006, 12, 113min) ★★★★
**9.00** **Body of Lies** Thriller starring Leonardo DiCaprio. A CIA field agent concocts a fake terrorist cell in a bid to track down a terrorist, but political meddling puts his life in danger. (2008, 15, 128min) ★★★★

**11.30** **Empire State** Crime thriller. (2013, 15, 90min) ★★
**1.25** AM **Girl, Interrupted** Drama. (1999, 15, 127min) ★★★
**4.00** **to 6.00** AM **Ruth & Alex** Drama. (2014, 12, 92min) ★★★

+1 hour 322

## Sony Movies Action

323 426 40 305

**6.00** AM **The Deadly Companions** Western. (1961, PG) ★★★
**7.50** **The Blitz on Cologne**
**9.05** **Aircraft Carriers**
**10.20** **The Warrior and the Slave Girl** Adventure. (1958) ★★
**12.05** PM **The Persuaders!**
**1.05** **Hannah's Law** (2012) ★★
**2.55** **The China Syndrome** (1979)
**5.20** **Legion of the Damned** Drama. (1969, 12, 95min) ★★

**7.15** **Lava Storm** Apocalyptic disaster movie starring Ian Ziering. An estranged couple band together when a volcanic eruption threatens the planet. (2008, 12, 92min) ★★★
**9.00** **Submerged** Action thriller starring Steven Seagal. A mercenary and his team go to the rescue of a group of US Marines who have been brainwashed by an evil terrorist. With Nick Brimble and Christine Adams. (2005, 15, 96min) ★

**10.55** **The Detonator** Action thriller. (2006, 15, 92min) ★★
**12.45** AM **Hijacked** Action thriller. (2012, 15, 86min) ★★
**2.35** **to 4.00** AM **Runaway** Thriller. (2014, 12, 84min) ★★

+1 hour 324

## Movies 24

325 419 513

**7.00** AM **Bad Date Chronicles** (2017)
**9.00** **Strawberry Summer** Romantic drama. (2012, U, 120min) ★★
**11.00** **Picture Perfect Mysteries: Newlywed and Dead** Mystery.
**1.00** PM **Mystery 101** Mystery. (2019, PG, 120min) ★★
**3.00** **Chesapeake Shores** Double bill of the drama series.
**5.00** **With This Ring** Romantic comedy. (2015, PG, 87min) ★★

**7.00** **The Beach Murders: Garage Sale Mystery** Mystery starring Lori Loughlin. An antique shop owner turns sleuth again when a friend's wealthy husband dies in what seems to be a surfing accident. With Chiara Zanni.
**9.00** **The Perfect Bride: Wedding Bells** Romantic drama starring Pascale Hutton. A fitness instructor and a photographer are about to get married, but life's complexities threatens the big day. (2018, PG, 84min) ★★

**11.00** **Summer in the Vineyard** Drama. (2017, PG, 82min) ★★
**1.00** AM **Love, Alaska** Romantic comedy. (2019, PG, 95min) ★★
**3.00** **to 5.00** AM **A Harvest Wedding** Comedy. (2017) ★★

+1 hour 326 420

## FILMS ON OTHER CHANNELS

### 6pm TILL LATE

**7.10** PM **Proof** *AMC* Drama starring Gwyneth Paltrow. ★★★
**8.00** **The Twilight Saga: Breaking Dawn – Part 2** *5STAR* Supernatural romance thriller starring Kristen Stewart. ★★★
**9.00** **Ride Along** *ITV2* Police comedy starring Ice Cube, John Leguizamo and Kevin Hart. ★★
**9.00** **Heartbreak Ridge** *ITV4* Action drama starring Clint Eastwood and Mario Van Peebles. ★★
**9.00** **The Captor** *AMC* Fact-based crime drama with Ethan Hawke, Mark Strong, Bea Santos and Noomi Rapace. ★★★
**9.00** **Ocean's Eleven** *Comedy Central* Caper thriller starring George Clooney and Brad Pitt. ★★★★
**10.00** **The Colony** *Syfy* Sci-fi horror starring Kevin Zegers. ★★
**10.10** **Hercules** *5STAR* Adventure starring Dwayne Johnson. ★★★
**10.50** **Can't Come Out to Play** *AMC* Thriller. ★★
**11.00** **Game of Death** *Paramount Network* Thriller. ★★
**11.40** **Coogan's Bluff** *ITV4* ★★★
**12.50** AM **Burning Rubber** *AMC* ★★
**2.35** **The Fighter** *AMC* Oscar-winning boxing drama. ★★★★

# THURSDAY Sport

SKY HD SD VIRGIN HD BT HD

12 March

## Sky Sports Main Event

401 401 855 511 501 402 437

6.00 AM **Good Morning Sports Fans Bitesize** The latest sports news.
7.00 **Good Morning Sports Fans**
8.00 **LIVE European Tour Golf** Coverage of the opening day's play of the Kenya Open from Karen Country Club in Nairobi.
10.00 **Match Centre**
11.30 **LIVE The Players Championship** Coverage of the featured groups on opening day's play of the tournament, taking place at TPC Sawgrass in Ponte Vedra Beach, Florida.
5.00 PM **LIVE The Players Championship** Further coverage of the opening day's play at TPC Sawgrass in Florida.
11.00 **NBA: The Warm Up**
12.00 M'T **Sky Sports News**
12.30 AM **Welcome To The Weekend**
1.00 **LIVE Formula 1** The Australian Grand Prix first practice session from Albert Park, Melbourne.
2.45 **Karun Drives the W10**
2.55 **F1 Cars Through 1000 Races**
3.00 **Sky Sports News**
4.00 **F1 Classic Races**
4.45 **to 6.45** AM **LIVE Formula 1** The Australian Grand Prix second practice session.

## Sky Sports Premier League

402 402 856 512 502

6.00 AM **PL Greatest Games**
7.00 **The Debate**
8.00 **Best PL Goals: Chelsea v Arsenal** Memorable strikes.
8.30 **Best PL Goals: Manchester Derby** Memorable goals.
9.00 **Premier League 100 Club**
9.30 **PL 100 Club: England's Finest**
10.00 **Premier League Years**
12.00 NOON **The Debate**
1.00 PM **Premier League Years**
3.00 **PL Best Goals 12/13**
4.00 **PL Greatest Games**
5.00 **Premier League 100 Club**
6.00 **Premier League Legends**
7.00 **Premier League Match Pack**
7.30 **Premier League World**
8.00 **Gary Neville's Soccerbox**
9.00 **Premier League Match Pack**
9.30 **Premier League World**
10.00 **The Debate** Football discussion.
11.00 **Premier League Match Pack**
11.30 **Premier League World**
12.00 M'T **The Debate**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **PL Best Goals 96/97**
5.00 **Best PL Goals: Tottenham v Chelsea** Memorable strikes.
5.30 **to 6.00** AM **PL 100 Club: England's Finest**

## Sky Sports Football

403 403 857 513 503

6.00 AM **Highlights**
8.45 **One2Eleven: Sol Campbell**
9.00 **SPFL Greatest Games**
9.30 **EFL: Play Off Finals**
10.30 **EFL Greatest Games**
11.15 **SPFL Greatest Games**
11.30 **Football's Greatest Players**
12.00 NOON **Football Countdowns**
12.30 PM **Football Years**
1.00 **SPFL Greatest Games**
1.45 **One2Eleven: Ryan Giggs**
2.00 **EFL Play-Off Final Highlights**
3.00 **Football's Greatest Players**
3.30 **Football Countdowns**
4.00 **Football Years**
4.30 **EFL Play-Off Final Highlights**
5.30 **SPFL Greatest Games**
6.00 **Championship Review 18/19**
7.00 **SPFL Highlights**
7.30 **EFL Championship Highlights**
10.00 **SPFL Highlights**
10.30 **EFL Greatest Games**
11.00 **One2Eleven: Danny Gabbidon**
11.15 **EFL Greatest Games**
11.30 **SPFL Greatest Games**
12.00 M'T **Football Years**
12.30 AM **SPFL Greatest Games**
1.00 **Football Countdowns**
1.30 **Football Years**
2.00 **Championship Review 17/18**
3.00 **to 6.00** AM **Highlights**

## Sky Sports Cricket

404 404 858 514 504

6.00 AM **Cricket's Greatest Games**
7.00 **Best of England v Windies**
7.40 **Best of Sky Cricket**
8.00 **Cricket's Greatest Games**
9.00 **Best of England v Windies**
9.40 **Best of Sky Cricket**
10.00 **How the 2010 ICC World T20 Was Won** As shown at 11.00pm.
12.00 NOON **Cricket's Greatest Games**
1.00 PM **Best of England v Windies**
1.40 **Best of Sky Cricket**
2.00 **Cricket's Greatest Games**
3.00 **Best of England v Windies**
3.40 **Best of Sky Cricket**
4.00 **How the 2010 ICC World T20 Was Won** As shown at 11.00pm.
6.00 **International T20 Cricket** South Africa v England: The first T20 in the three-match series.
10.30 **The Story of a Genius**
11.00 **How the 2010 ICC World T20 Was Won** A look back at the tournament in the Caribbean.
1.00 AM **Best of England v Windies**
1.40 **Best of Sky Cricket**
2.00 **Cricket's Greatest Games**
3.00 **Best of England v Windies**
3.40 **Best of Sky Cricket**
4.00 **Cricket's Greatest Games**
5.00 **Best of England v Windies**
5.40 **to 6.00** AM **Best of Sky Cricket**

## Sky Sports The Players

405 405 859 515 505

6.00 AM **The Players Championship Official Film** A look back at Sandy Lyle's final round in 1987.
8.00 **LIVE European Tour Golf** Coverage of the opening day's play of the Kenya Open from Karen Country Club in Nairobi.
10.00 **PGA Tour Profiles**
10.15 **PGA Tour: The Cut**
10.45 **PGA Tour Profiles** A look at the history of the Players Stadium Course at TPC Sawgrass.
11.00 **Rory's Review of 2019** Rory McIlroy looks back at the year.
11.30 **LIVE The Players Championship** Coverage of the featured groups on opening day's play of the tournament, taking place at TPC Sawgrass in Ponte Vedra Beach, Florida.
5.00 PM **LIVE The Players Championship** Further coverage of the opening day's play at TPC Sawgrass in Florida.
11.00 **PGA Tour Profiles**
11.15 **Best of the Sky Zone**
11.45 **The Players Championship Official Film** The 2017 event.
12.45 AM **PGA Tour Profiles**
1.00 **to 6.00** AM **The Players Championship Official Film**

## BT Sport 1

413 413 867 527 408 430

6.00 AM **Mobil 1: The Grid**
6.30 **BT Sport Score Best Bits**
7.00 **WWE Raw** Wrestling action.
9.00 **UEFA Champions League Highlights** Recent action.
10.00 **UEFA Europa League Magazine** News and action.
10.30 **Premier League World**
11.00 **Premier League Reload**
11.15 **Ladbrokes SPFL Highlights**
11.30 **Badminton** The German Open.
1.30 PM **PSA Squash Highlights**
2.30 **MotoGP Highlights** The opening round of the season in Qatar.
3.30 **Hyundai A-League Highlights**
4.30 **Coppa Italia Highlights** Action from the semi-final second-legs.
5.00 **WWE Friday Night SmackDown** Wrestling action.
6.30 **WWE Monday Night Raw**
9.00 **WWE NXT** Wrestling action.
10.45 **World Poker Tour Series**
12.45 AM **The WRC Magazine**
1.15 **Ladbrokes SPFL Highlights**
1.30 **Bundesliga Weekly**
2.00 **Ligue 1 Show**
2.30 **to 6.00** AM **LIVE ODI Cricket Australia v New Zealand.** Coverage of the first game in the three-match series, held at the Sydney Cricket Ground.

## BT Sport 2

414 414 868 528 409 431

6.00 AM **Badminton Unlimited**
6.30 **Rugby Tonight On Tour**
7.00 **MotoGP Highlights**
8.00 **Ligue 1 Highlights**
9.00 **Bundesliga Highlights Show**
10.00 **Hyundai A-League Highlights**
11.00 **UEFA Champions League**
1.00 PM **BT Sport Score Best Bits**
1.30 **Coppa Italia Highlights**
2.00 **Early Kick-Off**
2.15 **Premier League World**
2.45 **UEFA Champions League**
4.45 **UEFA Champions League Highlights** Recent action.
5.45 **LIVE UEFA Europa League** Action from the Europa League.
8.00 **LIVE UEFA Europa League** Action from the Europa League.
10.30 **UEFA Europa League Highlights** Tonight's action.
11.45 **Ligue 1 Show**
12.15 AM **BT Sport Goals Reload**
12.30 **UEFA Europa League**
2.00 **LIVE World Rally Championship** Action from SS1 Street Stage GTO of Rally Mexico.
3.00 **UEFA Europa League**
4.30 **UEFA Champions League Highlights** Recent action.
5.30 **to 6.00** AM **Classic Boxing: Bruno v Bugner**

## BT Sport 3

417 417 869 529 410 432

6.00 AM **Bundesliga**
7.00 **UEFA Champions League**
9.00 **PSA Squash Highlights**
10.00 **Rugby Tonight On Tour**
10.30 **The WRC Magazine**
11.00 **Rallying**
12.00 NOON **MotoGP Highlights**
1.00 PM **World Sailing**
1.30 **Rolex Invitationals Regatta**
2.00 **Bundesliga**
3.00 **FIH Hockey Pro League**
3.30 **The WRC Magazine**
4.00 **BT Sport Score Best Bits**
4.30 **Premier League Reload**
4.45 **Bundesliga Weekly**
5.15 **Europa League Magazine**
5.45 **LIVE UEFA Europa League** Action from the Europa League.
8.00 **LIVE UEFA Europa League** Action from the Europa League.
10.15 **Premier League Match Pack**
10.45 **MotoGP Rewind**
11.00 **LIVE College Basketball** The Big 12 Tournament.
1.30 AM **LIVE College Basketball** The Big 12 Tournament.
3.30 **Dan Hardy's Open Mat**
4.00 **Rugby Tonight On Tour**
4.30 **Inside Sailing**
5.00 **Mobil 1: The Grid**
5.30 **to 6.00** AM **Europa League**

## Sky Sports Action

407 407 861 517 507

6.00 AM **Boxing Gold**
7.00 **Sporting Records**
8.00 **NFL: America's Game**
10.00 **Sporting Records**
11.00 **NFL: America's Game**
1.00 PM **Sporting Records** Focusing on the records set by boxer Muhammad Ali, athlete Michael Johnson and cyclist Eddy Merckx.
1.30 **Sporting Records** Focusing on sprinter Usain Bolt, swimmer Mark Spitz and cricketer AB de Villiers.
2.00 **Darts Gold**
2.30 **Boxing Gold**
3.30 **Darts Gold**
5.00 **NBC's Pro-Football Talk**
7.00 **LIVE Premier League Darts** Coverage of the sixth round from M&S Bank Arena in Liverpool.
10.30 **Darts Gold** Phil Taylor v John Lowe: Action from the semi-final of the 1995 World Championship.
10.45 **Darts Gold** Dennis Priestley v Shayne Burgess: The 2000 World Championship quarter-final.
11.00 **NFL: America's Game**
1.00 AM **Premier League Darts** Action from the sixth round at M&S Bank Arena in Liverpool.
4.30 **Sporting Records**
5.00 **to 6.00** AM **Sporting Greats**

## Sky Sports Mix

145 145 838 520 510

6.00 AM **My Icon**
7.00 **Sporting Records**
8.00 **LIVE European Tour Golf** Coverage of the opening day's play of the Kenya Open from Karen Country Club in Nairobi.
10.00 **Netball Superleague** London Pulse v Celtic Dragons.
12.00 NOON **LIVE European Tour Golf** Further coverage of the opening day of the Kenya Open at Karen Country Club in Nairobi.
3.00 PM **My Icon**
4.00 **Netball Superleague** A recent match in Great Britain's top flight.
5.00 **NBA** Philadelphia 76ers v Detroit Pistons: Action from the Eastern Conference encounter, held at Wells Fargo Centre.
6.45 **My Icon: Jeanette Kwakye**
7.00 **LIVE Betfred Super League Hull FC v Warrington Wolves.** Coverage of the top-flight match from the seventh round of fixtures, taking place at the KCOM Stadium. Kick-off 7.45pm.
10.00 **Netball Superleague** A recent match in Great Britain's top flight.
11.00 **Netball Superleague**
12.00 M'T **to 6.00** AM **Mix Shorts: Masterclasses**

## BT Sport/ESPN

423 423 872 530 411 434

6.00 AM **Around the Horn**
6.30 **Pardon the Interruption**
7.00 **ESPN FC** Football news.
7.30 **MLB: Braves @ Twins**
10.30 **Abby Head On**
11.30 **Around the Horn**
12.00 NOON **ESPN FC** Football news.
12.30 PM **Pardon the Interruption**
1.00 **MLB: Athletics @ Angels**
4.00 **BT Sport Reload**
4.15 **Around the Horn**
4.45 **Pardon the Interruption**
5.15 **ESPN FC** Football news.
5.45 **LIVE UEFA Europa League** Action from the Europa League.
8.00 **LIVE UEFA Europa League** Action from the Europa League.
10.15 **The WRC Magazine**
10.45 **BT Sport Reload**
11.00 **LIVE College Basketball** Action from college basketball.
1.30 AM **LIVE College Basketball** Action from college basketball.
3.30 **NHL: Tampa Bay @ Toronto**
5.30 **to 6.00** AM **SEC Storied**

## Eurosport 1

410 410 864 521 412 435

6.00 AM **Alpine Skiing**
7.00 **Cycling: Paris-Nice**
8.00 **Snooker: Welsh Open**
10.00 **Fencing**
10.10 **Cycling: Track World Champs**
11.40 **Cycling: Tirreno-Adriatico**
12.40 PM **Cycling: Paris-Nice**
1.40 **LIVE Cycling: Paris-Nice** Stage five, a 227km course from Gannat to La Cote-Saint-Andre.
3.30 **Cycling: Tirreno-Adriatico**
4.15 **Cycling: Tour of Flanders**
4.30 **Cycling: Track World Champs**
6.00 **Cycling: Milan-San Remo**
7.00 **Athletics** From Lievin, France.
8.00 **Cycling: Paris-Nice** Stage five.
9.00 **Cycling: Tirreno-Adriatico**
9.45 **Cycling: Milan-San Remo**
10.45 **Cycling: Paris-Nice** Stage five.
11.45 **Cycling: Tirreno-Adriatico**
12.30 AM **Cycling: Paris-Nice**
3.00 **Cycling: Tirreno-Adriatico**
3.45 **Ski Jumping** From Norway.
4.45 **Motocross World Championship**
5.45 **to 6.45** AM **Ski Jumping**

## Eurosport 2

411 411 865 522 413 436

6.00 AM **Cycling: Tirreno-Adriatico**
7.00 **Table Tennis**
8.00 **Cycling: Paris-Nice**
9.00 **Cycling: Tirreno-Adriatico**
10.00 **Fencing**
11.10 **Snooker 147s**
11.20 **Ski Jumping**
12.20 PM **Alpine Skiing**
1.20 **Biathlon**
2.20 **LIVE Biathlon** In Kontiolahti.
3.50 **LIVE Ski Jumping** The World Cup event in Trondheim, Norway.
5.45 **LIVE Alpine Skiing** The World Cup meeting from Are, Sweden.
7.30 **Biathlon**
8.30 **Ski Jumping**
9.30 **Alpine Skiing**
10.30 **Biathlon**
11.30 **Test Drive: Motor Show**
11.50 **Ski Jumping**
12.50 AM **Alpine Skiing**
1.50 **Snooker 147s**
2.00 **Hall of Fame – Great Jumpers**
3.00 **Snooker: Gibraltar Open**
5.00 **to 6.00** AM **Cycling: Paris-Nice**

## Sky Sports Arena

408 408 862 518 508

6.00 AM **Sporting Greats**
7.00 **Super League Gold**
8.00 **Sporting Greats**
9.00 **LIVE NRL Parramatta Eels v Canterbury-Bankstown Bulldogs.** Kick-off 9.05am.
11.00 **Inside Super League**
12.00 NOON **Netball Superleague**
2.00 PM **NBA Classic Games**
3.00 **Inside Super League**
4.00 **NBA: Detroit @ Philadelphia**
5.45 **Betfred Super League**
6.00 **Inside Super League**
7.00 **LIVE Betfred Super League Hull FC v Warrington Wolves.** Coverage from the KCOM Stadium. Kick-off 7.45pm.
10.00 **NBA GameTime**
10.30 **NBA Action**
11.00 **NBA: The Warm Up**
12.00 M'T **LIVE NBA Milwaukee Bucks v Boston Celtics.** From Fiserv Forum. Tip-off 12.00m't.
2.30 AM **NBA Action**
3.00 **to 6.00** AM **Highlights**

## Sky Sports F1

406 406 860 516 506

6.00 AM **The Home of F1**
11.00 **Formula 1**
2.15 PM **USA F1 GP Best Bits**
2.45 **Lewis in the W196 with Martin**
2.55 **Melbourne Seaplane Tour**
3.00 **Formula 1**
6.15 **Brazilian F1 GP Best Bits**
6.45 **Melbourne Seaplane Tour**
6.50 **Karun Drives the W10**
7.00 **F1 Classic Races**
8.45 **Formula 1** A re-run of the 2019 Abu Dhabi Grand Prix.
11.00 **The Inside Line**
11.30 **F1 2019 Season Review**
12.30 AM **Welcome To The Weekend**
1.00 **LIVE Formula 1** The Australian Grand Prix first practice session from Albert Park, Melbourne.
2.45 **Formula 1**
3.45 **Karun Drives the W10**
3.55 **F1 Cars Through 1000 Races**
4.00 **F1 Classic Races**
4.45 **to 6.45** AM **LIVE Formula 1** The Australian Grand Prix second practice session.

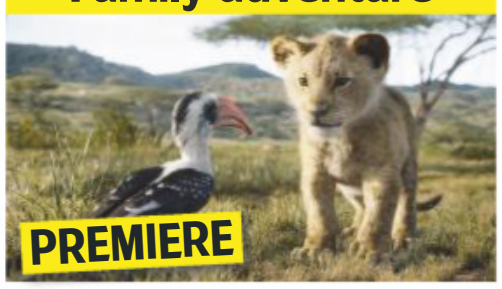
# Friday

13 March

## Evening Planner



### Family adventure




**The Lion King**
***Sky Premiere HD, 12.50pm & 8pm***
The Disney classic about a brave little lion gets a live-action animated remake, featuring the voice of Donald Glover

### Entertainment

**Sport Relief**
***BBC1 HD, 7pm & 10.35pm***
The telethon features a boat race between TV stars, a performance by Rita Ora and a *Line of Duty* interrogation

### Quiz show

**A Question of Sport Relief**
***BBC2 HD, 10pm***
Sue Barker hosts a charity edition, with guest panellists Mel Giedroyc, Tom Davis, Chris Kamara and Paddy McGuinness

### OnDemand

NETFLIX

**Lost Girls**
***Available today***
Amy Ryan heads the cast of a true-life drama about how a mother's search for her missing daughter uncovers a killer

| SKY EVENING TIME | 7.00PM | 7.30PM | 8.00PM | 8.30PM | 9.30PM | 10.00PM | 10.30PM |
|---|---|---|---|---|---|---|---|
| **FAVOURITES** | | | | | | | |
| 101 BBC1 | 7.00 Sport Relief | | | | | 10.00 News | 10.35 Sport... |
| 102 BBC2 | 7.00 Extreme Wales... | 7.30 Rick Stein's Secret France | | 8.30 Wild Cuba: A Caribbean Journey | 9.30 QI | 10.00 A Question of... | 10.35 Newsnight |
| 103 ITV | 7.00 Emmerdale | 7.30 Coronation Street | | 8.30 Vera | | | 10.20 News; Local News |
| 104 CHANNEL 4 | 7.00 News | | 8.00 How Healthy Is Your Gut? | | 9.00 Gogglebox | 10.00 The Last Leg | |
| 105 CHANNEL 5 | 7.00 Secrets of the Royal Train | | 8.00 The Yorkshire Steam Railway: All... | | 9.00 Celebrity Britain by Barge: Then & Now | | 10.20 The Royals: A Family... |
| 106 SKY ONE | 7.00 The Simpsons | | | 8.30 Modern Family | 9.00 Carpool Karaoke: Special | 10.00 The Late Late Show with James... | |
| **ENTERTAINMENT** | | | | | | | |
| 116 BBC4 | 7.00 World News... | 7.30 Top of the... | 8.00 Queens of Soul | | 9.00 Top of the... | 9.30 Metal Britannia | |
| 118 ITV2 | 7.00 You've Been Framed! Gold: Family... | | 8.00 Two and a Half Men | | 9.00 Film: The Hangover | | |
| 136 MORE4 | ◂ 6.55 Escape to the Chateau: DIY | 7.55 Grand Designs | | | 9.00 Just One Look | | 10.15 24 Hours in A&E |
| 135 E4 | 7.00 Hollyoaks | 7.30 Man with a Plan | 8.00 Film: Transformers: Revenge of the Fallen | | | | |
| 107 SKY WITNESS | 7.00 Nothing to Declare | | 8.00 Chicago Med | | 9.00 Chicago Fire | 10.00 Chicago PD | |
| 108 SKY ATLANTIC | 7.00 CSI | | 8.00 Blue Bloods | | 9.00 Babylon Berlin | | |
| 110 GOLD | 7.00 Porridge | 7.40 Dad's Army | | | 9.00 Only Fools and Horses | | 10.35 Peep Show |
| 111 DAVE | 7.00 Room 101 | | 8.20 Have I Got a Bit More News for You | | 9.20 Would I Lie to You? | 10.00 Red Dwarf | |
| 119 ITV3 | ◂ 6.55 Agatha Christie's Poirot | | 8.00 Doc Martin | | | 10.00 Scott & Bailey | |
| 120 ITV4 | 7.00 Cycling: Paris-Nice Highlights | | 8.00 The Chase Celebrity Special | | 9.00 Film: Firefox | | |
| 112 COMEDY CENTRAL | 7.00 Friends | | | | | 10.00 Bob's Burgers | |
| 114 SYFY | 7.00 Warehouse 13 | | 8.00 Merlin | | 9.00 Film: Lara Croft Tomb Raider: The Cradle of Life | | |
| 109 W | 7.00 Property Brothers: Forever Home | | 8.00 Sun, Sea and Brides to Be | | 9.00 999 Rescue Squad | 10.00 Should I Go Under the Knife? | |
| 113 SKY COMEDY | 7.00 Modern Family | 7.30 The Mindy Project | | | 9.00 Veep | | 10.15 Sex and the City |
| 124 FOX | 7.00 NCIS | | | | | 10.00 War of the Worlds | |
| 122 SKY ARTS | 7.00 The Music of Buddy Holly and the Crickets | | | | 9.00 ZZ Top: That Little Ol' Band from Texas | | |
| **DOCUMENTARY** | | | | | | | |
| 125 DISCOVERY | 7.00 Gold Rush | | | 8.30 Gold Rush... | 9.00 Curse of the Bermuda Triangle | 10.00 Son of Sam: The Hunt for a Killer | |
| 162 ANIMAL PLANET | 7.00 Animal Cops Detroit | | 8.00 Pit Bulls & Parolees | | 9.00 Amanda to the Rescue | 10.00 Animal Cops San Francisco | |
| 129 NAT GEO | 7.00 Car S.O.S. | | 8.00 Britain's Underworld | | 9.00 America's Hardest Prisons | 10.00 Hard Time: Locked Up | |
| 130 HISTORY | 7.00 American Pickers | | 8.00 How They Built Concorde | | 9.00 Great British Royal Ships | 10.00 Lost Gold of WWII | |
| 155 YESTERDAY | 7.00 Abandoned Engineering | | 8.00 Warbird Workshop | | 9.00 Abandoned Engineering | | |
| 166 EDEN | 7.00 Life in the Undergrowth | | 8.00 Life in the Great Wetlands | | 9.00 Mountain Gorilla | 10.00 Natural World | |
| **FILMS - Sky Cinema** | | | | | | | |
| 301 PREMIERE | ◂ 6.00 The Art of Self-Defense | | 8.00 The Lion King | | | 10.00 Brightburn | |
| 303 HITS | ◂ 6.40 Star Wars: Episode VI – Return of the Jedi | | | | 9.00 Us | | |
| 303 GREATS | 7.15 Zero Dark Thirty | | | | | 10.00 Friday the 13th | |
| 305 DISNEY | ◂ 6.00 Incredibles 2 | | 8.00 Up | | | 9.45 The Haunted Mansion | |
| 306 FAMILY | ◂ 6.15 Despicable Me 2 | | 8.00 Johnny English | | 9.30 Bean | | |
| 311 ACTION | ◂ 6.00 Cliffhanger | | 8.00 Braveheart | | | | |
| 308 COMEDY | 7.00 Jack and Jill | | | 8.40 Happy Gilmore | | | 10.20 You Don't Mess with... |
| 309 THRILLER | 7.00 The Recruit | | | | 9.00 Cape Fear | | |
| 310 DRAMA | ◂ 6.15 The Last Movie Star | | 8.00 Can You Ever Forgive Me? | | | 10.00 Hotel Mumbai | |
| 307 MONSTERS | ◂ 6.50 Godzilla | | | | 9.00 Godzilla: King of the Monsters | | |
| 302 SUPERHERO | ◂ 5.35 Spider-Man 3 | | 8.00 Captain Marvel | | | | 10.10 Aquaman |
| 313 FILM4 | ◂ 6.25 Now You See Me 2 | | | | 9.00 Baywatch | | |
| 315 TCM MOVIES | | 7.20 Saddle Tramp | | | 9.00 Absolute Power | | |
| **SPORT** | | | | | | | |
| 401 MAIN EVENT | 7.00 EFL – Live: Fulham v Brentford: From Craven Cottage (Kick-off 7.45) | | | | | 10.00 The Players Championship Live | |
| 402 PREMIER LEAGUE | 7.00 PL Preview | 7.30 PL Match Pack | 8.00 PL World | 8.30 The Tyler... | 9.00 PL Preview | 9.30 PL Match Pack | 10.00 PL World | 10.30 The Tyler... |
| 403 FOOTBALL | 7.00 EFL – Live: Fulham v Brentford: From Craven Cottage (Kick-off 7.45) | | | | | | 10.30 SPFL Highlights |
| 404 CRICKET | ◂ 6.00 International T20 Cricket | | | | | | 10.30 The Story of a... |
| 413 BT SPORT 1 | 7.15 Scottish Professional Football League – Live: Motherwell v Aberdeen: From Fir Park (Kick-off 7.45) | | | | | 10.00 WWE NXT UK | |
| 414 BT SPORT 2 | ◂ 5.30 Bundesliga 2... | 7.30 Bundesliga – Live: Fortuna Dusseldorf v SC Paderborn (Kick-off 7.30) | | | | 9.30 UFC Live... | 10.00 UFC Fight... | 10.30 PL Preview |

◂ Denotes programmes starting before 7.00pm  † Regions vary

# FRIDAY

SAVE UP TO 36%
SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Subscribe online www.tvandsatsubs.com/61AU
OR CALL 0330 3331 113 and quote code 61AU
*Your payments will then continue at £19.99 payable every three months, saving 36%

Friday

## BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

**6.00** AM **Breakfast** (S)
**9.15** **Crimewatch Roadshow Live** New edition 5/15. The use of drones. (S)
**10.00** **Homes Under the Hammer** (S)(R)
**11.00** **Dom Does America** (S)(R)(AD)
**11.45** **Saved on Camera** Series finale 10/10. A plane crash in Quebec leaves a pilot stranded. (S)
**12.15** PM **NEW Bargain Hunt Sport Relief Special** (S)(AD)
**1.00** **BBC News** (S)
**1.30** **Local News** (S)
**1.45** **Doctors** (S)(AD)
**2.15** **Five Bedrooms** New episode *Zero Dollars:* 4/8. (S1) (S)(AD)
**3.00** **Escape to the Country** (S)(R)(AD)
**3.45** **Money for Nothing** New edition
**4.30** **Ready Steady Cook** New edition
**5.15** **Pointless** Quiz show. (S)(R)
**6.00** **BBC News** (S)
**6.30** **Local News** (S)

4.30 Ready Steady Cook

**7 PM**

**7.00** **LIVE Sport Relief**
Gary Lineker, Alex Scott, Paddy McGuinness, Emma Willis, Tom Allen, Rylan Clark-Neal and Oti Mabuse host the extravaganza, raising funds for good causes both in the UK and overseas. Highlights include two teams of celebrities giving it all on the dance floor in a bid to be crowned The Greatest Dancer for Sport Relief and the rebirth of *Killing Eve* as *Killing Steve*, for a one-off spoof. The Battle of the Channels Celebrity Boat Race returns, and this year it's bigger than ever , with BBC, ITV, Channel 4 and Sky competing for victory. In another sports feat, Romesh Ranganathan takes on tennis legend Andy Murray in a game of crazy golf. Plus, live music from Rita Ora, John Newman and Celeste. *See feature, page 8.* (S)
■ Continues on BBC2

**8 PM**

**9 PM**

**10 PM**

**10.00** **BBC News** (S)
**10.25** **Local News** (S)
Followed by **Lottery Update** (S)
**10.35** **LIVE Sport Relief**
Tom Allen and Maya Jama are joined by dance sensations AJ and Curtis Pritchard. (S)

**12.45** AM **Catchpoint for Sport Relief** 2/2. Celebrity special edition of the game show, as Graeme Swann and Rachel Parris take on Sam Quek and Mark Watson. Hosted by Paddy McGuinness. (S)(R)
**1.20** **Weather for the Week Ahead** Seven-day forecast. (S)
**1.25** **to 6.00** AM **BBC News** (S)

## BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

**6.30** AM **Money for Nothing** (S)(R)
**7.15** **Ready Steady Cook** (S)(R)
**8.00** **Sign Zone: Back in Time for the Corner Shop** (S)(R)(AD)
**9.00** **BBC News** (S)
**10.00** **Victoria Derbyshire** (S)
**11.00** **BBC Newsroom Live** (S)
**12.15** PM **Politics Live** (S)
**1.00** **Hardball** (S)(R)
**1.45** **Best House in Town** (S)(R)
**2.30** **Terry and Mason's Great Food Trip** From Tunbridge Wells. (S)(R)
**3.00** **Red Rock** (S)(R)(AD)
**3.45** **The Great Interior Design Challenge** In south London. (S)(R)
**4.45** **Portillo's State Secrets** (S)(R)(AD)
**5.15** **Flog It!** New edition (S)
**6.00** **Richard Osman's House of Games** Series finale (S)
**6.30** **Great British Railway Journeys** 15/15. Michael arrives in Rye. (S)(R)

8.30 Wild Cuba: A Caribbean...

**7.00** **Extreme Wales with Richard Parks**
3/3. The presenter explores the River Teifi. (S)(R)
**7.30** **Rick Stein's Secret France**
1/6. The chef takes a culinary tour of France. He begins his trip in Dieppe, where he prepares freshly caught turbot and forages for sea herbs along the Bay of the Somme. (S)(R)(AD)
**8.30** **Wild Cuba: A Caribbean Journey**
Series finale 2/2. Colin Stafford-Johnson encounters bats emerging from limestone caves and tiny frogs, smaller than a fingernail, living in patches of hidden emerald forest. (S)(AD)
**9.30** **QI**
Guests Aisling Bea, Joe Lycett and David Mitchell join regular panellist Alan Davies and host Sandi Toksvig. (S)(R)
**10.00** **NEW A Question of Sport Relief**
A special edition of *A Question of Sport*, with Mel Giedroyc, Tom Davis, Chris Kamara and Paddy McGuinness. (S)
**10.35** **Newsnight** (S)

**11.05** **Weather** (S)
**11.10** **Miriam's Big Fat Adventure** 2/2. Exploring what is being done to combat the obesity crisis. (S)(R)
**12.10** AM **Sign Zone: The Million Pound Disability Payout – Panorama** The DWP's settlements for disability discrimination against its own employees. (S)(R)
**12.40** **Sign Zone: Murder 24/7** 1/5. Following murder investigations by Essex Police. (S)(R)(AD)
**1.40** **to 6.00** AM **Previews** (S)

## ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

**6.00** AM **Good Morning Britain** (S)
**9.00** **Lorraine** (S)
**10.00** **This Morning** (S)
**12.30** PM **ITV News** (S)
**12.50** **Local News** (S)
**1.00** **LIVE ITV Racing: Cheltenham Festival** Ed Chamberlin and Francesca Cumani present day three of the festival, including feature race the 3.30 Magners Cheltenham Gold Cup steeplechase, plus races at 1.30, 2.10, 2.50 and 4.10. With analysis from AP McCoy and Ruby Walsh. (S)
**4.30** **Tipping Point: Best Ever Finals** Compilation of some of the show's most dramatic endgames from the arcade-themed quiz show. (S)(R)
**5.00** **The Chase** Quiz show. (S)(R)
**6.00** **Local News** (S)
**6.30** **ITV News** (S)

7.30 Coronation Street

**7.00** **Emmerdale**
Andrea is given an idea on how to set up Kim. (S)(AD)
**7.30** **Coronation Street**
Geoff tries to persuade Yasmeen that Alya is out to get him, and Gemma falls asleep during a baby event at Speed Daal. Meanwhile, Audrey worries that Ken is being railroaded into moving to Stillwaters against his will. (S)(AD)
**8.30** **Vera**
*Little Lazarus:* A woman is murdered in a hedgerow but her son survives the attack, only to fall beneath the ice of a frozen pond as he makes his escape. DCI Vera Stanhope wades in and drags him out, and against all the odds he pulls through. As the investigation into the mother's killing unfolds, Vera finds a kindred spirit in the boy and comes to realise the key to solving the case lies deep in his memory. Guest stars Kerry Fox and Kieran O'Brien. (S)(R)(AD)
**10.20** **ITV News** (S)
**10.55** **Local News** (S)

**11.10** **McDonald & Dodds** 2/2. The detective duo investigate the murder of a wealthy patient at a private clinic – an investigation made all the more difficult by the complex relationships of the other residents. (S)(R)(AD)
**1.00** AM **Ideal World**
**3.00** **Who's Doing the Dishes?** Josie Gibson plays mystery host to four strangers. (S)(SL)(R)(AD)
**3.50** **to 6.00** AM **Nightscreen**

+1 hour 203 | 114 | 33 | 112

## CHANNEL 4

104 104/138 804 | 104 104/141 | 4 104 | 104

**6.30** AM **Cheers** 7&8/22. (S2) (S)(R)
**7.20** **The King of Queens** (S)(R)(AD)
**8.10** **Everybody Loves Raymond** (S)(R)
**9.10** **Frasier** 12&13/24. (S4) (S)(R)(AD)
**10.10** **Undercover Boss Canada** (S)(R)
**11.05** **Ramsay's Kitchen Nightmares USA** From California. (S)(R)
**12.00** NOON **News** (S)
**12.05** PM **Come Dine with Me** (S)(R)
**1.05** **Posh Pawnbrokers** (S)(R)
**2.10** **Countdown** New edition (S)
**3.00** **A Place in the Sun** (S)(R)
**4.00** **A New Life in the Sun: Where Are They Now?** (S)(R)
**5.00** **Four in a Bed** New edition The owners meet for the last time. (S)
**5.30** **Come Dine with Me** New edition The final night from Edinburgh. (S)
**6.00** **The Simpsons** (S)(R)(AD)
**6.30** **Hollyoaks** Liberty's drug-dealing plan lands her in trouble. (S)(AD)

11.05 The Big Narstie Show

**7.00** **News** (S)

**8.00** **NEW How Healthy Is Your Gut?**
Documentary in which Sabrina Grant explores why the gut is so important to overall well-being and how it affects everything, from moods and energy to sleep and health. (S)(AD)
**9.00** **Gogglebox**
New edition Capturing the households' instant reactions to what they are watching on TV from the comfort of their own sofas. (S)(AD)
**10.00** **The Last Leg**
New edition Adam Hills, Josh Widdicombe and Alex Brooker are joined by guests for a comic review of the significant moments of the past seven days. (S)

**11.05** **The Big Narstie Show** Series finale 6/6. With Tinie Tempah, Asim Chaudhry, Desiree Burch and Benjamin Zephaniah. (S)
**12.10** AM **FILM Popstar: Never Stop Never Stopping** Comedy with Andy Samberg. (2016, 15, 95min) ★★★
**1.45** **The Simpsons** (S)(R)(AD)
**2.35** **Come Dine with Me** (S)(R)
**4.55** **Location, Location, Location** (S)(R)
**5.50** **to 6.00** AM **Kirstie's Handmade Treasures** (S)(R)

+1 hour 204 | 142 | 15 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

## CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

**6.00** AM **Milkshake!**
**9.15** **Jeremy Vine** (S)
**11.15** **Nightmare Tenants, Slum Landlords** (S)(R)
**12.10** PM **News** (S)
**12.15** **Parking Hell: At War with the Law** Documentary. (S)(R)
**1.10** **Access** Showbiz news. (S)
**1.15** **Home and Away** (S)(AD)
**1.45** **Neighbours** (S)(AD)
**2.15** FILM **Killer Contractor** Thriller starring Alyshia Ochse. (S) (2019, PG, 105min) ★★
**4.00** **Friends** 11&12/24. (S4) (S)(R)
**5.00** **News** (S)
**5.30** **Neighbours** Finn blurts out to Elly that he loves her. (S)(R)(AD)
**6.00** **Home and Away** Alf and Martha vow to help Ryder clear his name. (S)(R)(AD)
**6.30** **News** (S)

**8.00** The Yorkshire Steam Railway...

**7.00 Secrets of the Royal Train** The inside story of the trains used by the monarchy for more than 150 years, from the lavish royal expresses of the past to the Queen's mobile 'home from home' in the present day. (S)(R)

**8.00 The Yorkshire Steam Railway: All Aboard** New edition 4/6. The August Bank Holiday coincides with a heatwave, while the collapse of a trackside wall threatens to stop the railway in its tracks. (S)

**9.00 Celebrity Britain by Barge: Then & Now** New edition 5/6. Bill Oddie, Jennie Bond, Anne Diamond and Pete Waterman head to Northamptonshire to navigate the Grand Union Canal, once the vital transport link between Birmingham and London. (S)

**10.20 The Royals: A Family in Crisis** A look at issues affecting the monarchy in 2019, including the rift between Princes Harry and William. (S)(R)

**11.50** **My Houseful of Animals: 90 Cats & More** 1/2. (S)(R)
**12.50** AM **Lip Sync Battle UK: Michelle Keegan v Jason Manford** (S)(R)
**1.15** **21.co.uk Live Casino Show** (S)
**3.15** **The Dog Rescuers** (S)(R)
**4.00** **Recycling: Is it a Con?** (S)(R)
**4.45** **House Doctor** (S)(SL)(R)
**5.10** **Great Scientists** (S)(SL)(R)
**5.35** **to 6.00** AM **Wildlife SOS** (SL)(R)

+1 hour 205 | 155 | 44 | 128

## SKY ONE

106 106 806 | 110 109

**6.00** AM **Monkey Life** (S)(R)
**7.00** **RSPCA Animal Rescue** (S)(R)
**8.00** **The Dog Whisperer** (R)
**9.00** **Stop, Search, Seize** (S)(R)(AD)
**10.00** **Highway Patrol** (S)(R)(AD)
**11.00** **NCIS: Los Angeles** (S6) (S)(R)
**1.00** PM **Hawaii Five-0** (S2) (R)
**3.00** **MacGyver** (S2) (S)(R)
**4.00** **Modern Family** (S10) (S)(R)
**5.00** **The Simpsons** *The Seven-Beer Snitch:* Marge is unhappy with Springfield's culture. (S)(R)
**5.30** **Futurama** *Bender's Big Score – Part Three:* Lars decides to propose to Leela. (S)(R)
**6.00** *Bender's Big Score – Part Four:* The aliens command all humans to leave Earth. (S)(R)
**6.30** **The Simpsons** *The Last of the Red Hat Mamas:* Marge joins a women's group. (S)(R)

**8.30** Modern Family

**7.00 The Simpsons** *The Italian Bob:* The family tour Italy in Mr Burns' new car and encounter Sideshow Bob. (S)(R)
**7.30** *Homer's Paternity Coot:* Homer discovers Grampa may not be his father. (S)(R)

**8.00 The Simpsons** New episode *Bobby, It's Cold Outside:* Sideshow Bob gets a job as a Santa at a mall. (S)
**8.30 Modern Family** New episode Cam attempts to keep his big interview a secret. (S11) (S)

**9.00 Carpool Karaoke: Special** Singer Celine Dion joins James Corden for a spin as they belt out some of her greatest hits, as well as stage a *Titanic* performance on a boat in the Bellagio Fountains. (S)(R)(AD)

**10.00 The Late Late Show with James Corden: Best of the Week** New edition Highlights of the talk show, featuring celebrity interviews, music and comedy sketches.

**11.00** **The Trip to Greece** 3/6. Rob and Steve enjoy a rainy day at Delphi. (S4) (R)
**11.35** **Avenue 5** 8/9. (S1) (R)
**12.10** AM **Caught on Dashcam** (R)
**1.05** **Flintoff: Lord of the Fries** In the West Country. (S)(R)(AD)
**2.05** **The Force: Manchester** (S)(R)
**3.05** **Road Wars** (S)(R)
**4.00** **Stop, Search, Seize** (S)(R)(AD)
**5.00** **to 6.00** AM **Futurama** (S)(R)

+1 hour 206

## LOCAL VARIATIONS

### BBC1

**SCOTLAND**
Sky **951**, Virgin **862**, Freesat **960**
**1.20am** A View from the Terrace (S)(R) **2.20** Weather for the Week Ahead (S) **2.25-6.00am** BBC News (S)

**N. IRELAND**
Sky **953**, Virgin **863**, Freesat **957**
No variations

**WALES**
Sky **952**, Virgin **864**, Freesat **964**
No variations

### BBC2

**N. IRELAND**
Sky **972**, Freesat **969**
No variations

**WALES**
Sky **971**, Freesat **971**
No variations

### ITV

No variations

### S4C

Sky **134**, Virgin **166**, Freesat **120**
**6.00am** Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Arfordir Cymru: Sir Benfro (AD) **12.30** Heno **1.00** Y Fets (AD) **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Priodas Pum Mil **4.00** Awr Fawr **5.00** Stwnsh **6.00** Dan Do **6.30** Heno New edition **7.00** Newyddion S4C a'r Tywydd **7.20** LIVE Clwb Rygbi Rhyngwladol **9.45** Noson Lawen **10.50-11.55pm** Bang (AD)

TV&Satellite week
New issue on sale now

## BBC4

116 116 | 107 | 9/68 106 | 173 107

BBC4 programmes start at 7.00pm

**7.00** PM **World News Today** Followed by **Weather**
**7.30** **Top of the Pops: 1989** Performances by Debbie Gibson, Bon Jovi, Roxette, Kylie Minogue and Poison.
**8.00** **Queens of Soul** A celebration of the female singers who define the genre.
**9.00** **Top of the Pops: 1989** Featuring performances by Swing Out Sister, Chaka Khan, Yazz and Queen.
**9.30** **Metal Britannia** The emergence of the genre during the 1960s and 1970s.
**11.00** NEW **Slipknot Unmasked: All Out Life** A profile of the US masked heavy metal band.
**12.00** M'T **On Guitar – Lenny Kaye!** 3/3. The story of the quest for new guitar sounds.
**1.00** AM **Showbands: How Ireland Learned to Party**
**2.00** **Hits, Hype & Hustle: An Insider's Guide to the Music Business**
**3.00** **to 4.00** AM **Queens of Soul**

## MORE4

136 136 830 | 147 195 | 18 | 124

**8.55** AM **Kirstie's Handmade Treasures** Limoncello.
**9.15** **A Place in the Sun**
**10.05** **A Place in the Sun: Winter Sun** On Lanzarote.
**11.05** **Find It, Fix It, Flog It**
**1.15** PM **Escape to the Chateau: DIY**
**2.20** **Four in a Bed**
**4.55** **Secret Life of the Zoo**
**5.55** **Car S.O.S** The duo restore a 1962 Jaguar Mk2.
**6.55** **Escape to the Chateau: DIY** Three sisters travel to France in search of the perfect chateau.
**7.55** **Grand Designs** A musician sets out to build a house wrapped around an ancient oak tree in rural Suffolk.
**9.00** **Just One Look** Series finale 6/6. Eva finally discovers the key to the mystery, though Bastien's survival hangs by a thread and she must act fast to save him. It remains to be seen whether she is ready to know the truth. Subtitled. (S1)
**10.15** **24 Hours in A&E** An engineer is rushed in with a suspected heart attack.
**11.20** **24 Hours in A&E** A groom-to-be is examined following an epileptic seizure lasting most of the night.
**12.20** AM **Ramsay's Kitchen Nightmares USA**
**1.20** **24 Hours in A&E**
**3.25** **to 3.50** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

## ITV2

118 118 816 | 115 176 | 6 | 113

**7.00** AM **Ellen DeGeneres Show**
**7.50** **Emmerdale**
**8.50** **You've Been Framed!**
**9.20** **Superstore**
**10.15** **Dinner Date**
**11.15** **Dress to Impress**
**12.15** PM **Emmerdale**
**1.15** **You've Been Framed!**
**1.50** **The Ellen DeGeneres Show** New edition
**2.45** **Dinner Date**
**3.50** **Dress to Impress**
**4.50** **Take Me Out**
**6.00** **You've Been Framed!**
**7.00** **You've Been Framed! Gold: Family Special** A family-themed selection of camcorder calamities.
**8.00** **Two and a Half Men** 21/22. Walden goes on a road trip to see his first car. **8.30** 22/22. Lyndsey goes off the deep end. (S11)
**9.00** FILM **The Hangover** Dark comedy starring Bradley Cooper, Ed Helms and Zach Galifianakis. Three friends try to find the missing groom after a bachelor party in Las Vegas. With Justin Bartha and Heather Graham. (2009, 15, 99min) ★★★★
**11.10** **Family Guy**
**12.00** M'T **American Dad!**
**1.00** AM **The Cleveland Show** 11/22. Cleveland forms a ventriloquism act. (S3)
**1.30** **Two and a Half Men**
**2.25** **to 3.20** AM **Plebs**

+1 hour 218 | 116 | 27 | 114

## E4

135 135 829 | 106 145 | 13 | 122

**6.00** AM **Hollyoaks**
**7.00** **How I Met Your Mother**
**8.00** **Baby Daddy**
**9.00** **Mike & Molly**
**10.00** **The Big Bang Theory**
**11.00** **The Goldbergs**
**12.00** NOON **Brooklyn Nine-Nine**
**1.00** PM **The Big Bang Theory**
**2.00** **Baby Daddy**
**3.00** **Mike & Molly**
**4.00** **The Goldbergs**
**5.00** **Brooklyn Nine-Nine**
**6.00** **The Big Bang Theory**
**7.00** **Hollyoaks**
**7.30** **Man with a Plan** New episode 19/22. A client does not want Don to attend a meeting, and Adam goes to great lengths to make sure his brother does not know he has been rejected. (S1)
**8.00** FILM **Transformers: Revenge of the Fallen** Blockbuster sci-fi action adventure sequel inspired by the shape-changing toys, starring Shia LaBeouf and Megan Fox. (2009, 12, 149min) ★★★
**11.00** **Rick and Morty**
**11.30** **Mr Pickles** Series finale
**11.45** **Robot Chicken**
**12.00** M'T **Rick and Morty**
**12.30** AM **The Big Bang Theory**
**1.30** **Brooklyn Nine-Nine**
**2.30** **The Sex Clinic**
**3.25** **The Big Bang Theory**
**4.15** **to 6.00** AM **How I Met Your Mother**

+1 hour 235 | 146 | 28 | 123

Friday primetime

Friday primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

# FRIDAY Entertainment

Friday

## Sky Witness

107 107 807 112 111

**6.00** AM **Nothing to Declare**
**8.00** **The Real A&E**
**9.00** **Blue Bloods** 16/22. (S7)
**10.00** **Criminal Minds** 11/22. (S12)
**11.00** **CSI** 21/24. (S6)
**12.00** NOON **Elementary** (S6)
**1.00** PM **Blue Bloods** 17/22. (S7)
**2.00** **Law & Order** 16/24. Briscoe and Green investigate when a girl is found suffocated to death in Central Park. (S12)
**3.00** **The Real A&E**
**4.00** **Stop, Search, Seize**
**5.00** **Nothing to Declare**

9.00 Chicago Fire

**7 PM**

**7.00** **Nothing to Declare** A Chinese national is asked about his place of birth. **7.30** Officials continue to quiz the Chinese man.

**8 PM**

**8.00** **Chicago Med** New episode *The Ground Shifts Beneath Us:* 11/22. Natalie and Goodwin are concerned for Gwen. (S5)

**9 PM**

**9.00** **Chicago Fire** New episode *Where We End Up:* 11/22. The 51 team are forced to bunk with Firehouse 20. (S8)

**10 PM**

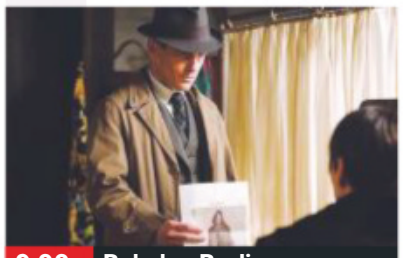
**10.00** **Chicago PD** New episode *43rd and Normal:* 11/22. Ruzek and Burgess' secret affects their work. (S7)
**11.00** **Law & Order: SVU** (S16)
**12.00** M'T **CSI** 1/17. (S8)
**1.00** AM **Shades of Blue** (S2)
**2.00** **Blue Bloods** (S10)
**3.00** **Ghost Whisperer**
**4.00** **Road Wars**
**5.00** **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 207 180

## Sky Atlantic

108 108 808

**6.00** AM **Urban Secrets**
**7.00** **Without a Trace** (S4)
**10.00** **The West Wing** (S3)
**12.00** NOON **Blue Bloods** (S2)
**1.00** PM **CSI** 8/24. (S6)
**2.00** **The West Wing** (S3)
**4.00** **Without a Trace** 10/24. Samantha tracks a missing woman with amnesia. **5.00** 11/24. A paramedic goes missing after treating a young gang member. **6.00** 12/24. The team think a former patient is involved in a therapist's disappearance. (S4)


9.00 Babylon Berlin

**7.00** **CSI** *Dog Eat Dog:* 9/24. A couple going through a divorce are both found dead – seemingly killed by their own dog. (S6)

**8.00** **Blue Bloods** *The Life We Chose:* 15/22. An officer is killed during an operation, and Danny is overly keen to catch the culprit. (S2)

**9.00** **Babylon Berlin** New episode 3/12. Rath's investigation proceeds, and Greta receives an unexpected visitor.

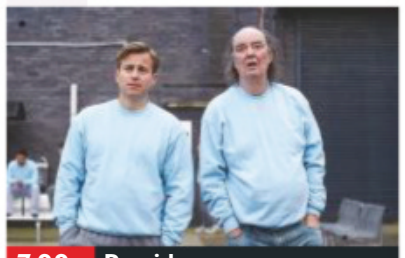
**10.00** **Babylon Berlin** New episode 4/12. The police add a third murder to their investigation. Subtitled. (S3)
**11.00** **The Outsider** (S1)
**12.05** AM **Oz** 5&6/8. (S5)
**2.35** FILM **Real Women Have Curves** Hispanic drama starring America Ferrera and Lupe Ontiveros. (2002, 12, 86min) ★★★
**4.15** **to 6.00** AM **The West Wing**

+1 hour 208

## GOLD

110 110 810 124 310 392

**7.20** AM **The Piglet Files**
**7.45** **As Time Goes By**
**8.20** **Porridge**
**9.40** **Hi-de-Hi!**
**10.20** **Last of the Summer Wine**
**12.20** PM **Keeping Up Appearances**
**1.00** **Hi-de-Hi!**
**1.40** **The Good Life**
**2.20** **Keeping Up Appearances**
**3.00** **Dad's Army**
**4.20** **Last of the Summer Wine**
**6.20** **The Good Life** Tom and Barbara talk to their plants.


7.00 Porridge

**7.00** **Porridge** The visit of Barry's girlfriend poses problems for Fletch.
**7.40** **Dad's Army** Mainwaring discovers the extent of Jones's cash-flow crisis. **8.20** Mainwaring initiates a recruitment campaign, and leaves Wilson in charge of the poster.

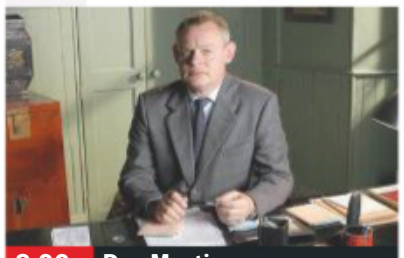
**9.00** **Only Fools and Horses** The brothers visit Monte Carlo five years after achieving their dream of becoming millionaires – only for a dodgy deal to see them heading home.
**10.35** **Peep Show** Life begins to take a positive turn for Jeremy and Mark.
**11.05** **Peep Show** Mark's book is accepted by a publisher.
**11.40** **All Round to Mrs Brown's** With Sunetra Sarker, Yvette Fielding and The Vamps.
**1.00** AM **Harry Enfield and Chums**
**1.35** **Peep Show**
**2.35** **to 4.00** AM **The Rebel**

+1 hour 210 194

## ITV3

119 119 817 117 177 10 115

**6.00** AM **Classic Coronation Street**
**6.55** **Classic Emmerdale**
**7.55** **Heartbeat**
**8.55** **Man About the House**
**9.55** **That's My Boy**
**10.25** **A Touch of Frost**
**12.40** PM **Heartbeat**
**1.45** **Classic Emmerdale**
**2.50** **Classic Coronation Street**
**3.55** **Midsomer Murders**
**5.55** **Heartbeat** *Troubled Waters:* Bernie attracts the attentions of a predatory widow. With guest star Thomas Craig.


8.00 Doc Martin

**6.55** **Agatha Christie's Poirot** *Double Sin:* The sleuth investigates the theft of a collection of valuable miniature portraits.

**8.00** **Doc Martin** *SWALK:* 3/8. Ruth is perturbed when Martin offers to perform a mini mental-state examination on her.

**9.00** **Doc Martin** *Paint it Black:* 4/8. Penhale is unhappy when his predecessor, Mark Mylow, takes charge of his investigation. (S9)

**10.00** **Scott & Bailey** 1/8. Janet makes a gruesome discovery in a couple's home. Guest stars Nicola Walker. (S3)
**11.00** **A Touch of Frost** *A Minority of One:* Faced with the death of a police informant on an estate riven with racial tension, the detective finds his patience pushed to the limit. Guest stars Lennie James.
**1.20** **to 3.10** AM **A Touch of Frost**

+1 hour 219 174 34 116

## ITV4

120 120 818 118 178 24 117

**6.00** AM **Goals of the 70s**
**6.10** **Only When I Laugh**
**6.35** **Quincy ME**
**7.25** **Kojak**
**8.20** **The Saint**
**9.30** **ITV Racing: Opening Show**
**10.30** **Minder**
**11.35** **The Professionals**
**12.35** PM **The Sweeney**
**1.45** **Quincy ME**
**2.45** **Kojak**
**3.50** **The Saint**
**4.50** **Minder**
**6.00** **The Professionals**

9.00 Firefox

**7.00** **Cycling: Paris-Nice Highlights** Gary Imlach presents action from stage six, a 160.5km course from Sorgues to Apt.

**8.00** **The Chase Celebrity Special** Mathew Horne, Danny Care, Jodie Kidd and Al Murray try to win a cash prize for charity.

**9.00** FILM **Firefox** Cold War action adventure directed by and starring Clint Eastwood. A maverick US pilot goes behind enemy lines to steal a top-secret Russian fighter. With Freddie Jones. (1982, 15, 131min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
**11.45** **All Elite Wrestling: Dynamite** Action from the latest edition of the weekly AEW event, featuring all of the biggest stars on the roster, including Adam Page, Chris Jericho, Cody and Jon Moxley.
**2.00** **to 2.55** AM **Minder**

+1 hour 220 175 154

## BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

**12.15** PM **to 7.00** PM **As shown on BBC2.**
**7.00** PM LIVE **Sportscene: Friday Night Football** Queen of the South v Ayr United: Leanne Crichton and Steven Thompson present coverage of the Championship clash at Palmerston Park. Kick-off is at 7.05.
**9.00** **The Nine**
**10.00** **Scot Squad** 5/5. Miekelson heads back to the streets, accompanied by VO Ken Beattie. (S1)
**10.30** **A View from the Terrace** New edition Craig G Telfer, Craig Fowler, Shaughan McGuigan and Joel Sked present a sideways look at Scottish football, dissecting the ins and outs of the week's action.
**11.30** PM **to 12.00** M'T **Mirror Mirror**

## Sky Two

168 160

**7.00** AM **60 Minute Makeover**
**9.00** **Ninja Warrior**
**10.00** **My Kitchen Rules: South Africa**
**12.30** PM **The Dog Whisperer**
**2.30** **House Hunters International**
**3.00** **Wild Vets**
**4.00** **Haven** 11/13. (S1)
**5.00** **Relic Hunter** 5/22. (S2)
**6.00** **Stargate SG-1** (S7)
**8.00** **Road Wars**
**9.00** **Continuum** *Second Guess:* 11/13. Chaos breaks out in Vancouver amid a series of cyber attacks. (S2)
**10.00** **Continuum** 11-13/13. Triple bill. (S2)
**12.00** M'T **Late Late Show with James Corden: Best of the Week**
**1.00** AM **Chicago Med** (S5)
**2.00** **Chicago Fire** (S8)
**3.00** **Chicago PD** (S7)
**4.00** **Wild Vets**
**5.00** **to 6.00** AM **The Dog Whisperer**

## Pick

152 165 11 144

**7.00** AM **Motorway Patrol**
**8.00** **Police Force: Australia**
**9.00** **Nothing to Declare**
**10.00** **Canada's Front Line**
**11.00** **Road Wars**
**11.30** **Caught Red Handed**
**1.00** PM **Police Force: Aus**
**2.00** **Border Patrol**
**3.00** **Nothing to Declare**
**4.00** **Border Security: Canada's Front Line**
**5.00** **Stargate SG-1** (S1)
**6.00** **Star Trek: The Next Generation** 19/22. (S2)
**7.00** **Hawaii Five-0** (S6)
**8.00** **Elementary** 10/24. (S5)
**9.00** **Ross Kemp: Extreme World** In Naples.
**10.00** **The Force: Manchester**
**11.00** **The Force: Essex**
**12.00** M'T **Banged Up Abroad**
**1.00** AM **Road Wars**
**2.00** **Nothing to Declare**
**3.00** **Stop, Search, Seize**
**4.00** **Motorway Patrol**
**5.00** **to 6.00** AM **Highway Patrol**

+1 hour 252 92 145

## Dave

111 111 127 227 19 157 19

**7.10** AM **Eat Your Heart Out with Nick Helm**
**8.00** **American Pickers**
**9.00** **Storage Hunters**
**10.00** **American Pickers**
**12.00** NOON **Timber Kings**
**1.00** PM **Top Gear**
**2.00** **Cop Car Workshop**
**3.00** **Scrapyard Supercar**
**4.00** **Top Gear**
**6.00** **Taskmaster**
**7.00** **Room 101**
**8.20** **Have I Got a Bit More News for You** Stephen Mangan hosts, with guests Steph McGovern and Jo Caulfield.
**9.20** **Would I Lie to You?**
**10.00** **Red Dwarf** (S3)
**11.20** **Meet the Richardsons**
**12.00** M'T **Taskmaster**
**1.00** AM **Have I Got a Bit More News for You**
**2.00** **Room 101**
**2.40** **Go 8 Bit: DLC**
**3.30** **to 4.00** AM **The Indestructibles**

+1 hour 211 131 79

## Comedy Central

112 112 812 132 181 307 370

**8.00** AM **The Office (US)**
**9.00** **Fresh Prince of Bel Air**
**10.30** **Friends**
**3.00** PM **Last Man Standing**
**4.00** **Two and a Half Men**
**5.00** **Friends** Ten episodes of the US sitcom.
**10.00** **Bob's Burgers** New episodes Linda works a temp job at the post office to make extra money for the holidays. **10.30** Gene gets kicked out of the Ocean Avenue Hifi Emporium. (S10)
**11.00** FILM **Revolver** Crime thriller starring Jason Statham. An ex-convict gambler learns the ultimate con trick. (2005, 15, 115min) ★
**1.00** AM **The Daily Show** New edition Talk show.
**1.30** **The Cleveland Show**
**3.25** **Last Man Standing**
**4.15** **to 5.00** AM **Two and a Half Men**

+1 hour 212 133

## ITV Be

131 119 179 26 118

**7.00** AM **The Bachelor**
**8.45** **Be Beautiful**
**9.00** **LittleBe**
**12.00** NOON **Income Property**
**12.25** PM **Real Housewives of Beverly Hills**
**1.20** **Absolutely Ascot**
**2.20** **Little Women: LA**
**3.15** **The Real Housewives of New York City**
**4.10** **The Real Housewives of Dallas** Double bill.
**6.00** **Masters of Flip**
**7.00** **Buying and Selling**
**8.00** **Dinner Date**
**9.00** **Botched** Helping a woman with blowfish lips. **10.00** Paul Nassif treats a nose that is stuck at a 7 o'clock angle.
**10.55** **Chrisley Knows Best** Todd meddles in Faye's exercise routine. **11.25** The Chrisleys set up a newly single Chase on a blind date.
**11.55** PM **to 12.45** AM **The Only Way Is Essex**

+1 hour 231 120 119



★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

## Alibi

132 132 826 | 126 212 | 312 | 382

**7.10** AM **Murdoch Mysteries** (S5)
**10.00** **The Guardian** 8/22. (S1)
**11.00** **Sue Thomas: F.B.Eye** (S1)
**12.00** NOON **Major Crimes** (S4)
**1.00** PM **Rush** 1&2/13. (S4)
**3.00** **Murdoch Mysteries** 15/18. The president is assassinated. **4.00** 16/18. The killer of a Chinese dignitary is hunted. **5.00** 17/18. A noise-activated bomb is strapped to an industrialist's chest. (S7)
**6.00** **Major Crimes** 7/23. The team hunt a man on the run after two officers are shot. (S4)

7.00 Motive

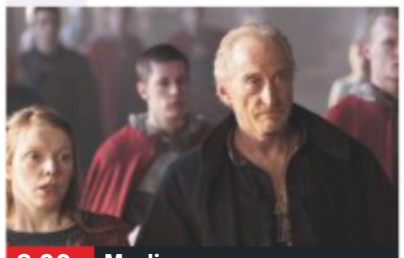
**7.00** **Motive** *Foreign Relations:* 8/13. Detective Flynn must team up with an international agent as she investigates a murder.
**8.00** **Motive** *Remains To Be Seen:* 9/13. Flynn tries to track a killer responsible for decapitating a video-game designer. (S4)
**9.00** **Death in Paradise** *The Man with the Golden Gun:* 7/8. The owner of a private island is shot dead at a family gathering. (S3)
**10.20** **Frankie Drake Mysteries** *Ladies in Red*: 2/11. Frankie and Trudy interrupt a break-in. (S1)
**11.20** **New Tricks** *The Curate's Egg*: The team investigate the case of a murdered vicar who received racist hate mail in the lead up to his death.
**12.40** AM **Murdoch Mysteries** (S1)
**1.40** **to 4.00** AM **Murdoch Mysteries**

+1 hour 232 191

## Syfy

114 114 814 | 138 137 | 319 | 375

**6.00** AM **Warehouse 13** As 7pm.
**7.00** **Merlin** As shown at 8pm.
**8.00** **Teleshopping**
**11.00** **Stargate Atlantis** (S5)
**1.00** PM **Star Trek: Voyager** (S5)
**3.00** **Star Trek: The Next Generation** (S4)
**5.00** **Star Trek: Deep Space Nine** *Apocalypse Rising:* 1/26. Sisko is ordered to enter Klingon territory to expose their leader as a Changeling. **6.00** *The Ship:* 2/26. An injured crew member's life hangs in the balance. (S5)



8.00 Merlin

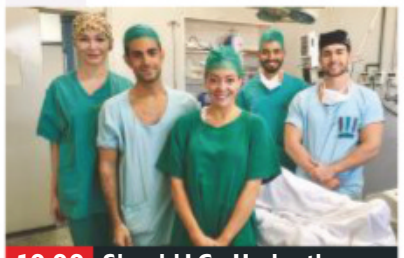
**7.00** **Warehouse 13** *For the Team:* 7/13. Members of a college wrestling team spontaneously combust. (S2)
**8.00** **Merlin** *The Witchfinder:* 7/13. Uther invites a ruthless witch-hunter to Camelot. Guest stars Charles Dance. (S2)
**9.00** **FILM Lara Croft Tomb Raider: The Cradle of Life** Fantasy adventure starring Angelina Jolie. Adventurer Lara Croft goes on a globe-trotting mission to thwart the plans of a megalomaniac bio-terrorist. (2003, 12, 117min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
**11.30** **The Twilight Zone** 3/10. (S1)
**12.30** AM **FILM Final Recall** Sci-fi horror thriller starring Wesley Snipes. (2017, 15, 90min) ★
**2.30** **Future Man** 11/13. (S2)
**3.00** **Star Trek: Deep Space Nine**
**5.00** **to 6.00** AM **Star Trek: Voyager**

+1 hour 214 229

## W

109 109 809 | 125 211 | 311 | 383

**6.10** AM **MasterChef Australia**
**7.30** **Renovate My Home: Leave It to Bryan**
**8.00** **Tipping Point**
**10.00** **The Bill**
**11.00** **Supernanny US**
**12.00** NOON **Tipping Point**
**2.00** PM **Property Brothers: Forever Home**
**3.00** **My Dream Home** A pair of tennis players seek a large home in the country. **4.00** A couple seek an end to their rental situation.
**5.00** **Tipping Point** Double bill.



10.00 Should I Go Under the...

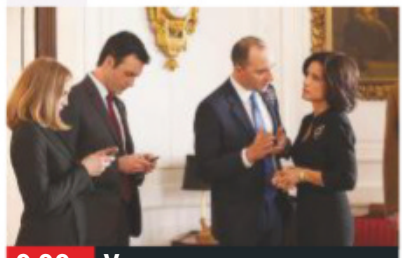
**7.00** **Property Brothers: Forever Home** New edition Drew and Jonathan tackle a tired Las Vegas property.
**8.00** **Sun, Sea and Brides to Be** A couple face a venue dilemma, and a bride struggles to cope with rising temperatures.
**9.00** **999 Rescue Squad** The teams stand by for casualties as police launch a raid on the home of a wanted man.
**10.00** **Should I Go Under the Knife?** A clinic in Brazil providing cosmetic surgery for customers on low incomes.
**11.00** **Inside the Ambulance** Loz and Dan rush to a man who is fighting for breath.
**12.00** M'T **One Born Every Minute** A couple await the arrival of their third child.
**1.00** **to 3.00** AM **I've Got Something to Tell You**

+1 hour 209 190

## Sky Comedy

113 113 813 | 122 121

**8.00** AM **Everybody Hates Chris**
**9.00** **Parks and Recreation** (S6)
**10.30** **30 Rock** Triple bill. (S5)
**12.00** NOON **The Mindy Project** New episodes 10-12/14. Triple bill of the comedy. (S5)
**1.30** PM **Modern Family** (S3)
**2.30** **Everybody Hates Chris** (S4)
**3.30** **Parks and Recreation** (S6)
**5.00** **30 Rock** Triple bill. (S5)
**6.30** **Modern Family** 21/24. Andre persuades Phil to make a spontaneous purchase when they go car shopping. (S3)



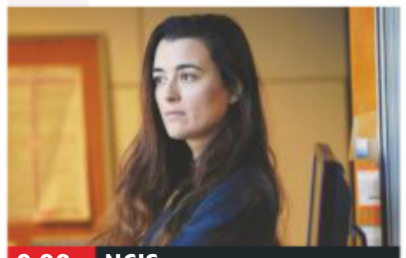
9.00 Veep

**7.00** **Modern Family** (S3)
**7.30** **The Mindy Project** New episode 10/14. Mindy learns that Ben's ex-wife is back in town. (S5)
**8.00** **The Mindy Project** New episodes 11/14. **8.30** 12/14. Mindy finds herself transformed into a white man. (S5)
**9.00** **Veep** 5/10. Selina visits Helsinki to meet the Finnish prime minister. **9.35** 6/10. Selina's old nickname comes back to haunt her. (S2)
**10.15** **Sex and the City** (S3)
**10.50** **The Tonight Show Starring Jimmy Fallon** New edition Chat show.
**11.50** **The Late Late Show with James Corden** New edition
**12.50** AM **Entourage** 19/20. Drama is excited to learn Brett Ratner wants to meet him. (S3)
**1.25** **Silicon Valley** 8/10. Richard ponders a deal with the tech world's latest 'it' boy. (S4)
**2.35** **Parks and Recreation** (S6)
**3.30** **to 5.00** AM **30 Rock**

## FOX

124 124 821 | 157 199

**8.00** AM **Republic of Doyle** (S3)
**9.00** **Bones** 16/21. (S2)
**10.00** **Bull** 6/22. (S2)
**11.00** **NCIS** 5/25. (S13)
**12.00** NOON **Bones** (S2)
**2.00** PM **The Mentalist** 12/13. (S7)
**3.00** **NCIS** 6/25. (S13)
**4.00** **Bull** 7/22. (S2)
**5.00** **Bones** 19/21. Brennan and Booth investigate the death of an astronaut. (S2)
**6.00** **The Mentalist** 13/13. Last episode. Jane asks Lisbon for her hand in marriage. (S7)



9.00 NCIS

**7.00** **NCIS** *16 Years:* 7/25. An investigation forces Ducky to reveal he has been helping to solve crimes in his spare time.
**8.00** **NCIS** *Saviours:* 8/25. DiNozzo is reunited with an old flame when insurgents in Sudan kidnap her husband. (S13)
**9.00** **NCIS** New episode *In the Wind:* Gibbs must face the consequence of his actions after he assists Ziva. (S17)
**10.00** **War of the Worlds** 3/8. As the dust settles on their brave new world, the survivors face some cold truths. (S1)
**11.00** **American Dad!** (S4)
**12.00** M'T **Family Guy** (S3)
**12.30** AM **Family Guy** (S3)
**1.00** **American Dad!** (S4)
**2.00** **Family Guy** (S2&3)
**3.00** **American Dad!**
**4.00** **to 5.00** AM **Republic of Doyle**

+1 hour 224 158

Friday

7 PM | 8 PM | 9 PM | 10 PM

## Sony Channel

157 189 48 142

**6.00** AM **Sony Movie News**
**6.10** **The Waltons** (S5)
**7.10** **Hart to Hart**
**9.10** **Days of Our Lives**
**10.00** **Hart to Hart** 3/22. (S4)
**11.00** **Charlie's Angels** (S1)
**12.00** NOON **Starsky & Hutch**
**1.00** PM **T.J. Hooker** (S2)
**2.00** **Hart to Hart** (S2)
**4.00** **Murder, She Wrote**
**6.00** **Charlie's Angels** (S1)
**7.00** **M*A*S*H** Four episodes, including at: **8.00** 12/22. Charles gives a lecture. **8.30** 13/22. A war correspondent visits the camp. (S10)
**9.00** **Classic Who Wants to Be a Millionaire?**
**1.00** AM **M*A*S*H** (S2)
**2.00** **Charlie's Angels** (S1)
**3.00** **M*A*S*H** 8/25. (S8)
**3.30** **The Waltons** (S1)
**4.20** **Touched by an Angel**
**5.10** **to 6.00** AM **Highway to Heaven**

+1 hour 257 220 152

## Sky Arts

122 122 820 | 123 156

**6.00** AM **Darbar Festival**
**7.00** **Il Divo: Timeless – Live in Japan**
**8.30** **Watercolour Challenge**
**9.00** **The South Bank Show Originals**
**9.30** **Auction**
**10.00** **Tales of the Unexpected**
**11.00** **Discovering**
**1.00** PM **The South Bank Show Originals**
**1.30** **Watercolour Challenge**
**2.00** **Passions**
**3.00** **Portrait Artist of the Year 2020**
**4.00** **Tales of the Unexpected**
**5.00** **Discovering**
**7.00** **The Music of Buddy Holly and the Crickets**
**9.00** **ZZ Top: That Little Ol' Band from Texas**
**11.00** **Iron Maiden: Somewhere Back in Time – Live**
**12.20** AM **FILM Bachman** Documentry. (2018, 15, 78min) ★★★
**2.00** AM **Suzi Q**
**4.00** **to 6.00** AM **Discovering**

## 4seven

137 143 203 47 110 127

**9.00** AM **Posh Pawnbrokers**
**10.00** **Find It, Fix It, Flog It**
**11.00** **Come Dine with Me**
**12.00** NOON **Place in the Sun**
**1.00** PM **Undercover Boss Canada** Documentary.
**2.00** **Ramsay's Kitchen Nightmares USA**
**3.00** **Everybody Loves Raymond** 2&3/25. (S2)
**4.00** **Frasier** 2&3/24. (S4)
**5.00** **A Place in the Sun**
**6.00** **A New Life in the Sun: Where Are They Now?**
**7.00** **Ramsay's Kitchen Nightmares USA**
**8.00** **The Supervet**
**9.00** **24 Hours in A&E**
**10.00** **The Great Celebrity Bake Off for Stand Up to Cancer**
**11.15** **Gogglebox**
**12.20** AM **8 Out of 10 Cats Does Countdown**
**1.20** **First Dates**
**2.25** **The Undateables**
**3.30** **A New Life in the Sun: Where Are They Now?**
**4.30** **to 5.00** AM **Food Unwrapped**

## 5USA

141 141 153 21 129

**9.00** AM **Criminals: Caught on Camera**
**9.20** **Murder, She Wrote**
**10.15** **CSI: NY** 11/23. (S6)
**11.10** **The Mysteries of Laura**
**12.10** PM **Law & Order**
**7.00** **Law & Order** *Tombstone:* 20/24. A lawyer is murdered in her office. (S15)
**8.00** **NCIS: New Orleans** *Quid Pro Quo:* 19/24. A deadly virus is unleashed on a naval base. **9.00** *NOLA Confidential:* 20/24. A link is found between the police and a drug ring. (S3)
**10.00** **Law & Order: Special Victims Unit** *Forty-One Witnesses:* 13/23. A woman is raped by teenage thugs. (S17)
**11.00** **Law & Order: Special Victims Unit** (S17)
**1.55** AM **Law & Order: Los Angeles** 9&11/22. (S1)
**3.50** **to 4.00** AM **Access**

+1 hour 241 185 56 130

## 5STAR

128 151 30 131

**8.00** AM **3rd Rock from the Sun** 19/26. (S2)
**8.20** **House** 4&5/24. (S5)
**10.05** **Bad Tenants, Rogue Landlords** Double bill.
**12.05** PM **Can't Pay? We'll Take It Away!** Triple bill.
**3.00** **Neighbours**
**3.30** **Home and Away**
**4.00** **House** 14&15/24. (S5)
**6.00** **Neighbours**
**6.30** **Home and Away**
**7.00** **Nightmare Tenants, Slum Landlords**
**8.00** **Sinkholes: Buried Underground**
**9.00** **FILM Hansel & Gretel: Witch Hunters** Fantasy. (2013, 15, 88min) ★★★
**10.50** **Impact Wrestling**
**12.50** AM **Young, Dumb and Banged Up in the Sun**
**1.50** **Britain's Pushiest Parents** Documentary.
**2.50** **Celebrity Botched Up Bodies** With Alex Reid.
**3.35** **to 4.00** AM **Two and a Half Men**

+1 hour 228 186 55 141

## Drama

143 130 20 158

**7.10** AM **Soldier, Soldier**
**9.00** **The Bill**
**10.00** **Classic Holby City**
**11.00** **Classic Casualty**
**12.00** NOON **The Bill**
**1.00** PM **Classic EastEnders**
**2.20** **London's Burning**
**3.20** **Monarch of the Glen**
**4.20** **Bergerac**
**5.25** **Bread**
**6.00** **Hi-de-Hi!**
**6.40** **As Time Goes By**
**7.20** **Last of the Summer Wine** Hobbo becomes a master of disguise.
**8.00** **Murdoch Mysteries** *Drowning in Money:* 8/18. Murdoch suspects murder at what first appears to be a double suicide. (S12)
**9.00** **Death in Paradise**
**10.15** **New Tricks**
**11.35** **Waking the Dead**
**2.00** AM **The Bill**
**2.50** **to 4.00** AM **London's Burning**

+1 hour 243 226

# FRIDAY Entertainment & Lifestyle

Friday

## AMC

332 381

Programmes start at 5pm.

**5.00** PM **FILM Proof** Drama starring Gwyneth Paltrow. (2004, 12, 100min) ★★★
**6.55** **Zoom In** (S1)
**7.05** **FILM Pacific Heights** Thriller. (1990, 15, 104min) ★★★
**9.00** **Into the Badlands** *Leopard Snares Rabbit:* 3/16. Sunny and Bajie go undercover on The Widow's frontlines. **9.55** *Blind Cannibal Assassins:* 4/16. Sunny and Bajie face a deadly new foe. (S3)
**10.50** **The Terror** *We Are Gone:* 10/10. The men face a final confrontation. (S1)
**11.55** **Visionaries: Eli Roth's History of Horror**
**12.45** AM **Halt and Catch Fire**
**2.30** **Into the Badlands**
**4.10** **to 5.00** AM **The Terror**

## CBS Drama

147 197 71 134

**9.00** AM **NCIS** 9&10/24. (S4)
**11.00** **Scorpion** 2&3/25. (S3)
**1.00** PM **Gunsmoke** (S20)
**3.00** **Airline**
**4.00** **Hoarders**
**5.00** **Unsolved Mysteries**
**7.00** **Judge Judy** Real-life small-claims cases.
**9.00** **Medium** *Sal:* 19/22. Marie is threatened by an alarm system with a mind of its own. (S6)
**10.00** **CSI: Miami** *Bloodline:* 19/24. A businessman is stabbed and scalped in a hotel room. (S5)
**11.00** **Unsolved Mysteries** Examining strange happenings, including disappearances and paranormal encounters as well as cases of amnesia and fraud.
**12.00** M'T **Judge Judy**
**1.00** AM **ER** 3/22. (S6)
**2.00** **Medium** As 9.00pm.
**3.00** **CSI: Miami** As 10.00pm.
**4.00** **Walker, Texas Ranger**
**5.00** **to 6.00** AM **Matlock**

## CBS Justice

148 192 39 137

**9.00** AM **Diagnosis Murder**
**11.00** **Matlock** 14/24. (S4)
**12.00** NOON **Perry Mason**
**1.05** PM **Walker, Texas Ranger** 3/24. (S8)
**2.05** **CSI: Miami** 9/24. (S2)
**3.00** **NCIS** 2/24. (S8)
**4.00** **NCIS: Los Angeles** (S2)
**5.00** **Matlock** 15/24. (S4)
**6.00** **Perry Mason**
**7.05** **Scorpion** 3/22. (S4)
**8.00** **Walker, Texas Ranger**
**9.00** **NCIS** *Alibi:* 8/24. A man's alibi for a hit-and-run is that he was killing someone else. (S11)
**10.00** **NCIS: Los Angeles** (S2)
**11.00** **Scorpion** New episode *Nuke Kids on the Block:* 4/22. Members of the team are exposed to toxic vapours. (S4)
**12.00** M'T **CSI: Miami** (S2)
**1.00** AM **NCIS** As 9.00pm.
**2.00** **Scorpion** As 11.00pm.
**3.05** **Bonanza**
**4.50** **to 6.00** AM **Mission: Impossible**

+1 hour 69

## CBS Reality

146 148 66 135

**9.00** AM **Judge Judy**
**1.00** PM **Judge Judy**
**7.00** **Medical Detectives** A computer bug cripples a thriving company. **7.30** Two agents are killed during a routine motorcade.
**8.00** **48 Hours: Mystery** The team examine the investigation into the search for millionaire Peter Chadwick.
**9.00** **Cold Blood** Recalling the death of an elderly woman in 1999.
**10.00** **Mind of a Murderer**
**11.00** **Killer Doctors on Death Row**
**12.00** M'T **Snapped: Killer Couples**
**1.00** AM **Cold Blood**
**2.00** **Mind of a Murderer**
**3.00** **I Survived**
**3.45** **Unsolved Mysteries**
**5.10** **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

## Challenge

151 164 46 146

**7.00** AM **Catchphrase**
**7.30** **Deal or No Deal**
**9.00** **The Chase**
**10.00** **Dale's Supermarket Sweep** Double bill.
**11.00** **Bruce's Price Is Right**
**12.00** NOON **Wheel of Fortune**
**1.00** PM **Catchphrase**
**2.00** **Family Fortunes**
**2.30** **All Star Family Fortunes** Liz McClarnon and Uri Geller compete. **3.15** With Lisa Maxwell.
**4.00** **Bullseye**
**5.00** **Golden Balls**
**6.00** **Weakest Link**
**7.00** **Pointless**
**8.00** **Impossible**
**9.00** **The Chase**
**10.00** **Who Wants to Be a Millionaire?**
**11.00** **Bullseye**
**12.00** M'T **Classic Who Wants to Be a Millionaire?**
**1.00** AM **The Chase**
**4.00** **to 5.20** AM **Deal or No Deal**

+1 hour 251 230 147

## Comedy Central Extra

127 182 308

**6.00** AM **Impractical Jokers**
**7.00** **Teleshopping**
**9.00** **Friends**
**10.00** **The Middle** (S6)
**11.00** **The Office (US)** (S9)
**12.00** NOON **Bob's Burgers**
**1.00** PM **Wipeout USA**
**2.00** **Most Ridiculous**
**3.00** **Impractical Jokers**
**4.00** **Bob's Burgers** (S9)
**5.00** **The Middle** (S6)
**6.00** **Fresh Prince of Bel Air**
**7.00** **Two and a Half Men**
**8.00** **The Office (US)** (S9)
**9.00** **Friends**
**10.00** **Jimmy Carr**
**11.00** **Kevin Bridges**
**12.00** M'T **Jackass**
**1.00** AM **Impractical Jokers**
**2.00** **Gods of the Game**
**2.30** **The Jim Jefferies Show**
**3.00** **Russell Howard & Mum: USA Road Trip**
**3.45** **Drunk History USA**
**4.30** **The Middle** (S6)
**5.15** **to 6.00** AM **Last Man Standing**

+1 hour 227

## E!

123 123 834 140 139 321 386

**7.00** AM **News**
**7.30** **Meet the Frasers**
**8.00** **Keeping Up with the Kardashians**
**10.00** **Total Bellas**
**11.00** **Pop of the Morning** New edition
**12.00** NOON **Kourtney & Kim Take New York**
**1.00** PM **Keeping Up with the Kardashians**
**3.00** **Botched** Double bill.
**5.00** **News: Daily Pop**
**6.00** **Keeping Up with the Kardashians**
**7.00** **In the Room**
**7.30** **Meet the Frasers**
**8.00** **Hollywood Medium with Tyler Henry**
**9.00** **Botched** Double bill.
**11.00** **Nightly Pop** New edition
**11.30** **The Soup**
**12.00** M'T **Keeping Up with...**
**1.00** AM **Botched**
**2.00** **Teleshopping**
**3.00** **Keeping Up with...**
**4.00** **to 5.00** AM **The Platinum Life**

## Food Network

140 278 41 148

**6.00** AM **Jamie's 30 Minute Meals**
**6.30** **30 Minute Meals**
**7.00** **Giada in Italy**
**9.00** **The Pioneer Woman**
**11.00** **Barefoot Contessa**
**12.00** NOON **Hairy Bikers' Food Tour of Britain**
**1.00** PM **Ramsay's Ultimate Cookery Course**
**2.00** **James Martin's Brittany**
**3.00** **Jamie's 30 Minute...**
**3.30** **30 Minute Meals**
**4.00** **The Pioneer Woman**
**6.00** **Monica Galetti's France**
**7.00** **Ramsay's Ultimate Cookery Course**
**8.00** **The Hairy Bikers' Food Tour of Britain**
**9.00** **Hugh's Scandimania**
**10.00** **James Martin: Home Comforts**
**11.00** **Mystery Diners**
**12.00** M'T **Diners, Drive-Ins and Dives** Four editions.
**2.00** **to 3.00** AM **Mystery Diners**

+1 hour 240 149

## Lifetime

187 208 329 384

**7.00** AM **Women on Patrol**
**8.00** **Judge Judy**
**1.00** PM **Pawn Stars**
**2.00** **Storage Wars**
**3.00** **Little Women: Couples Retreat**
**4.00** **Dance Moms**
**5.00** **Pawn Stars**
**6.00** **Flipping Vegas**
**7.00** **Judge Judy**
**9.00** **Leah Remini: Scientology & the Aftermath** Film-maker Paul Haggis reveals how Scientology attempts to recruit A-listers.
**10.00** **Storage Wars** Brandi and Jarrod uncover an Illuminating stash. **10.30** Mary tries to impress a client.
**11.00** **Hardcore Pawn**
**12.00** M'T **Pawn Stars**
**1.00** AM **Leah Remini: Scientology & the Aftermath**
**2.00** **Storage Wars**
**3.00** **to 4.00** AM **Hardcore Pawn**

## Paramount Network

150 187 150 31 132

**9.00** AM **The A-Team**
**11.00** **Knight Rider**
**1.00** PM **Police Interceptors**
**3.00** **Traffic Cops**
**5.00** **The A-Team**
**7.00** **Police Interceptors**
**8.00** **Traffic Cops** An elderly woman has collapsed in her bathroom, jamming the door shut. **9.00** Police are called to a serious multiple-vehicle collision.
**10.00** **Criminals: Caught on Camera** How CCTV footage helped police track down arsonists.
**11.00** **Gangs & Guns: Caught on Camera**
**12.00** M'T **Spartacus: War of the Damned**
**1.05** AM **Airwolf**
**3.05** **Vikings**
**3.55** **Wentworth Prison**
**4.45** **Now That's Funny!**
**5.30** **to 6.00** AM **Criminals: Caught on Camera**

+1 hour 250 94

## Quest

144 144 831 169 12 114 172

**6.00** AM **How Do They Do It?**
**6.20** **American Pickers**
**7.10** **Deadliest Catch**
**8.00** **Cooper's Treasure**
**9.00** **Outback Truckers**
**10.00** **Wheeler Dealers**
**11.00** **Chasing Classic Cars**
**12.00** NOON **American Pickers: Best Of**
**1.00** PM **Railroad Alaska**
**2.00** **Deadliest Catch**
**3.00** **Gold Divers**
**4.00** **Salvage Hunters**
**5.00** **Outback Truckers**
**6.00** **Wheeler Dealers**
**7.00** **American Pickers**
**8.00** **Salvage Hunters**
**9.00** **Hunting Hitler**
**10.00** **Houdini's Last Secrets**
**11.00** **How Do They Do It?**
**12.00** M'T **Wheeler Dealers**
**1.00** AM **Outback Truckers**
**2.00** **American Chopper**
**3.00** **Fantomworks**
**4.00** **Dirty Jobs**
**5.00** **to 6.00** AM **How It's Made**

+1 hour 244 213 76 168

## Quest Red

149 170 38 169

**6.00** AM **Say Yes to the Dress**
**7.00** **Bondi Vet**
**8.00** **Animal Cops Phoenix**
**10.00** **Money for Nothing**
**11.00** **Forensic Detectives**
**12.00** NOON **Disappeared**
**2.00** PM **Murder Comes to Town** The case of waitress Zilpha Lowery.
**3.00** **Say Yes to the Dress: Bridesmaids**
**6.00** **Money for Nothing**
**7.00** **Posh Pawnbrokers**
**8.00** **Embarrassing Fat Bodies**
**9.00** **Criminal Confessions**
**10.00** **Dr G: Medical Examiner**
**11.00** **The Lady Killers**
**12.00** M'T **Forensic Detectives**
**1.00** AM **Crime Stories**
**2.00** **Murder Comes to Town**
**3.00** **FBI Files**
**3.50** **Animal Cops Phoenix**
**4.40** **Bondi Vet**
**5.30** **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 78 170

## Really

142 128 17 160

**6.00** AM **Fantasy Homes by the Sea** In Donegal.
**7.00** **Teleshopping**
**8.00** **Homes Under the Hammer** Double bill.
**10.00** **Celebrity Antiques Road Trip**
**11.00** **Antiques Road Trip**
**1.00** PM **Fantasy Homes by the Sea** Double bill.
**3.00** **French Collection**
**4.00** **DIY SOS: Homes for Veterans – Part One**
**5.00** **DIY SOS: Homes for Veterans – Part Two**
**6.00** **Celebrity Antiques Road Trip**
**7.00** **Antiques Road Trip**
**9.00** **Destination Fear** New edition The team investigate a haunted location in Michigan.
**10.00** **Most Haunted**
**11.00** **Ghost Adventures**
**1.00** AM **Most Haunted**
**2.00** **Teleshopping**
**4.00** **to 6.00** AM **Antiques Road Trip**

## Sky Crime

121 121 819 136 135

**6.00** AM **Motorway Patrol**
**7.00** **Highway Cops**
**8.00** **Canada's Front Line**
**9.00** **Send in the Dogs**
**10.00** **Road Wars**
**11.00** **Brit Cops**
**12.00** NOON **Highway Cops**
**1.00** PM **A Lie to Die For**
**2.00** **Killer Colleagues**
**3.00** **Canada's Front Line**
**4.00** **Road Wars**
**5.00** **Brit Cops: Rapid Response**
**6.00** **Send in the Dogs**
**7.00** **Snapped**
**8.00** **Murders That Shocked the Nation**
**9.00** **Dateline** New edition
**10.00** **Snapped** New edition
**11.00** **World's Most Evil**
**1.00** AM **Killer Lovers**
**2.00** **Snapped**
**3.00** **Murder Calls**
**4.00** **Brit Cops**
**5.00** **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

## Sony Crime

179 193 143

**6.00** AM **Speeders**
**7.00** **Bait Car: LA**
**7.30** **Bait Car: San Francisco**
**9.00** **Speeders**
**11.00** **Bait Car: LA**
**11.30** **Bait Car: San Francisco**
**1.00** PM **Speeders**
**7.00** **Speeders** Police follow a Vermont biker on a high-speed chase. **7.30** A drunk fan takes his partying too far. **8.00** Florida police stop a dilapidated vehicle. **8.30** A lounge singer offers a unique excuse when she is pulled over.
**9.00** **Bait Car: LA**
**9.30** **Bait Car: San Francisco** Triple bill of the documentary series about car criminals.
**11.00** **Speeders**
**12.00** M'T **Bait Car: LA**
**1.00** AM **Speeders**
**3.00** **Bait Car: San Francisco**
**4.00** **Speeders**
**5.00** **to 6.00** AM **Bait Car: LA**

## 5SELECT

153 152 54 133

**9.00** AM **Criminals: Caught on Camera**
**9.25** **FILM The Neighbourhood Nightmare** Thriller starring Julie McNiven. (2018, 12, 89min) ★★
**11.05** **Bargain-Loving Brits in the Sun**
**12.05** PM **The Dog Rescuers**
**2.05** **GPs: Behind Closed Doors** Double bill.
**4.05** **The Yorkshire Vet**
**6.00** **GPs: Behind Closed Doors** Double bill.
**8.00** **The Yorkshire Vet**
**9.00** **Ben Fogle: New Lives in the Wild**
**10.00** **GPs: Behind Closed Doors**
**11.00** **The Dog Rescuers**
**12.00** M'T **Britain by Bicycle with Larry & George Lamb**
**1.00** AM **Paddington Station 24/7**
**2.00** **Weather Gone Viral**
**3.00** **to 4.00** AM **The Dog Rescuers**

## Blaze

164 216 63 162

**6.00** AM **American Restoration**
**7.00** **Ancient Aliens**
**8.00** **Hangar 1: UFO Files**
**9.00** **Storage Wars: Texas**
**10.00** **Hardcore Pawn**
**11.00** **Pawn Stars**
**12.00** NOON **Storage Wars**
**1.00** PM **Auction Hunters**
**2.00** **Storage Wars: Texas**
**3.00** **Air Crash: Disasters Uncovered**
**4.00** **UFO Europe: The Untold Stories**
**5.00** **Ancient Aliens**
**6.00** **Pawn Stars**
**7.00** **Storage Wars**
**8.00** **Auction Hunters**
**9.00** **Ancient Aliens**
**10.00** **UFO Files**
**11.00** **Storage Wars**
**12.00** M'T **Auction Hunters**
**1.00** AM **Storage Wars: Texas** Double bill.
**2.00** **American Restoration**
**3.00** **Swamp People**
**4.00** **Ernie the Wildman**
**5.00** **to 6.00** AM **Pawn Stars**

## TLC

133 133 827 167 323 377

**6.00** AM **Say Yes to the Dress: Bridesmaids**
**8.00** **Say Yes... UK**
**9.00** **Say Yes to the Dress**
**10.00** **Curvy Brides Boutique**
**11.00** **Say Yes... Canada**
**12.00** NOON **Say Yes to the Dress: Atlanta**
**2.00** PM **Dr Pimple Popper**
**3.00** **Sister Wives**
**4.00** **Say Yes... Canada**
**5.00** **Curvy Brides**
**6.00** **Say Yes to the Dress**
**7.00** **Say Yes... UK**
**8.00** **Curvy Brides Boutique**
**9.00** **Say Yes... America**
**10.00** **Say Yes... UK**
**11.00** **Dr Pimple Popper**
**12.00** M'T **Curvy Brides Boutique**
**1.00** AM **Say Yes to the Dress: America**
**2.00** **Say Yes... UK**
**3.00** **Dr Pimple Popper**
**4.00** **to 6.00** AM **Say Yes to the Dress: Atlanta**

+1 hour 233 172

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

## Discovery

125 125 822 250 322 376

6.00 AM **Combat Dealers**
7.00 **The Somme: First 24 Hours**
8.00 **Kindig Customs**
9.00 **Jeremy Wade's Dark Waters**
10.00 **NASA's Unexplained Files**
11.00 **Fast N' Loud**
12.00 NOON **Gold Rush**
1.00 PM **Alaska: The Last Frontier**
2.00 **Combat Dealers**
3.00 **World War Two: The Complete History**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud**

12.00 People Magazine...

7.00 **Gold Rush** Following the gold miners of the Yukon as they put everything on the line in the hope of striking it rich.
8.30 **Gold Rush: The Dirt** The cast and crew discuss the latest gold mining season.
9.00 **Curse of the Bermuda Triangle** New edition Documentary examining the mysteries surrounding the Bermuda Triangle.
10.00 **Son of Sam: The Hunt for a Killer** Serial killer David Berkowitz, who pleaded guilty to eight separate shooting attacks.
11.00 **Son of Sam: The Hunt for a Killer** Detectives who worked on the case recall the killings.
12.00 M'T **People Magazine Investigates**
1.00 AM **FBI Files**
3.50 **Kindig Customs**
4.40 **Bitchin' Rides**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 258

## Animal Planet

162 162 836 251 325 378

6.00 AM **The Aquarium**
7.00 **Treehouse Masters: Out on a Limb** A living nest.
8.00 **Pit Bulls & Parolees**
10.00 **Animal Cops Philadelphia**
12.00 NOON **The Zoo: San Diego**
1.00 PM **My Cat from Hell**
2.00 **Alaskan Bush People** The family goes hunting for food.
3.00 **Dr Dee: Alaska Vet**
5.00 **Crikey! It's the Irwins** Terri and Robert transport three rescued sea turtles to the Great Barrier Reef.
6.00 **Bondi Vet: Coast to Coast**

8.00 Pit Bulls & Parolees

7.00 **Animal Cops Detroit** Henry Ruiz and Kristi Adams investigate a call about an injured puppy with a wound on its neck.
8.00 **Pit Bulls & Parolees** New edition Mariah and M2 prepare eligible rescues for New York City's Dog Bowl.
9.00 **Amanda to the Rescue** Amanda goes on a road trip to rescue Jedi, a boxer whose blindness does not affect its energy.
10.00 **Animal Cops San Francisco** Officer Kent rescues a puppy whose embedded collar has caused a wound.
11.00 **Pit Bulls & Parolees**
12.00 M'T **I Was Prey**
1.00 AM **Animal Cops Detroit**
2.00 **Pit Bulls & Parolees**
3.00 **Animal Cops San Francisco**
3.50 **Crikey! It's the Irwins**
4.40 **Nature's Strangest Mysteries: Solved**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

## Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Nazi Megastructures**
9.00 **Ultimate Survival WWII**
10.00 **Lost Treasures of the Maya**
11.00 **WW1 Wrecks: Draining the Ocean**
12.00 NOON **Car S.O.S**
2.00 PM **Wicked Tuna**
3.00 **Ice Road Rescue**
4.00 **Air Crash Investigation** A plane that crashed with a football team on board. **5.00** A Chinese plane that crashed minutes from touching down in Japan.
6.00 **Car S.O.S** A Porsche 356.

10.00 Hard Time: Locked Up

7.00 **Car S.O.S** Fuzz and Tim come across an Escort RS that has seen better days and help bring it back to peak condition.
8.00 **Britain's Underworld** Documentary examining Dublin's history of crime, including the life of gang leader Larry Dunne.
9.00 **America's Hardest Prisons** Life behind the bars in some of America's strictest maximum-security prisons.
10.00 **Hard Time: Locked Up** New edition Clark County Jail's facilities for drug addiction and mental health issues.
11.00 **Air Crash Investigation**
12.00 M'T **Alaska State Troopers**
1.00 AM **Airport Security: Peru**
2.00 **Ultimate Airport Dubai**
3.00 **Air Crash Investigation: Special Report** The story of a crash in the Everglades.
4.00 **to 5.00** AM **Air Crash Investigation**

+1 hour 229 267

## History

130 130 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars**
9.00 **WWII Turning Points**
10.00 **Storage Wars**
11.00 **The Railways That Built Britain with Chris Tarrant**
12.00 NOON **River Hunters**
1.00 PM **Forged in Fire**
2.00 **American Pickers**
3.00 **Storage Wars**
5.00 **Pawn Stars**
6.00 **Forged In Fire Armed Forces Tournament** Top bladesmiths from the US military compete.

10.00 Lost Gold of WWII

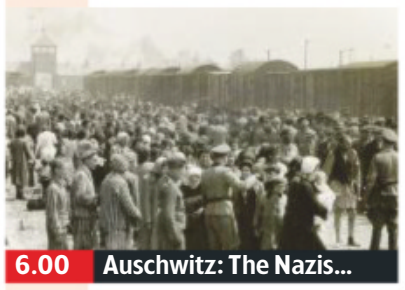
7.00 **American Pickers** Mike Wolfe and Frank Fritz stumble on the mother lode of Americana in Maryland.
8.00 **How They Built Concorde** The story of how Concorde became the first supersonic passenger airliner.
9.00 **Great British Royal Ships** The inspiring story behind one of the most famous ships ever built, the *RMS Queen Mary*.
10.00 **Lost Gold of WWII** Peter is warned of the deadly risks that come with searching for Yamashita's treasure.
11.00 **Pawn Stars**
12.00 M'T **Uncharted Mysteries**
1.00 AM **Britain's Greatest Bridges** The construction of the Tyne Bridge, which links Newcastle and Gateshead.
2.00 **Forged in Fire**
3.00 **River Hunters**
4.00 **to 5.30** AM **Storage Wars**

+1 hour 230 271

## Yesterday

155 129 25 159

6.00 AM **Ronnie Kray and the Pervert Peer**
7.10 **Viking Dead**
8.00 **Murder Maps**
9.00 **Hitler's Propaganda Machine**
10.00 **Auschwitz: The Nazis...**
11.00 **Abandoned Engineering**
12.00 NOON **Impossible Engineering**
1.00 PM **Time Team**
2.00 **Walking Through History**
3.00 **Abandoned Engineering**
4.00 **Impossible Engineering**
5.00 **The Good Nazi**
6.00 **Auschwitz: The Nazis...**



6.00 Auschwitz: The Nazis...

7.00 **Abandoned Engineering** The story behind a secretive underground base that concealed the power to destroy nations.
8.00 **Warbird Workshop** The team set about rebuilding a US Army Air Force C47 that dropped paratroopers on D-Day.
9.00 **Abandoned Engineering** An Albanian village home to Allied secret agents, devastated for resisting the Nazi war machine.
10.00 **Abandoned Engineering** A deserted cityscape, a mysterious top-secret facility and a vast Nazi construction.
11.00 **Impossible Engineering** A look at the Shanghai Tower, which is the second tallest building in the world.
12.00 M'T **Abandoned Engineering**
1.00 AM **Auschwitz: The Nazis and the Final Solution**
2.00 **to 3.00** AM **Ronnie Kray and the Pervert Peer**

+1 hour 255 200

Friday

7 PM
8 PM
9 PM
10 PM

## Disc. History

171 257

6.00 AM **Expedition Unknown**
7.00 **Invention Nation**
8.00 **WWII: Witness to War**
9.00 **Secrets of the Arsenal**
10.00 **Extreme Engineering**
11.00 **Invention Nation**
12.00 NOON **Blowing Up...**
1.00 PM **Expedition Unknown**
2.00 **Mysteries at the...**
3.00 **WWII: Witness to War**
4.00 **Secrets of the Arsenal**
5.00 **Extreme Engineering**
6.00 **Blowing Up History**
7.00 **Mysteries at the...**
8.00 **Expedition Unknown**
9.00 **Ripley's Believe It or Not!** A surfing dog.
10.00 **Deception with Keith Barry**
11.00 **Extreme Machines**
12.00 M'T **Expedition...**
1.00 AM **Ripley's Believe It...**
2.00 **Deception with Keith...**
3.00 **Extreme Machines**
4.00 **Blowing Up History**
5.00 **to 6.00** AM **Mysteries at the Museum**

+1 hour 271 261

## Eden

166 245 247 315 389

9.00 AM **Super Vets**
10.00 **Mountain Gorilla**
11.00 **Natural World**
12.00 NOON **Life in the Great Wetlands**
1.00 PM **Life in the Undergrowth**
2.00 **Wonders of the Solar System**
3.00 **Super Vets**
4.00 **Mountain Gorilla**
5.00 **Natural World**
6.00 **Super Vets**
7.00 **Life in the Undergrowth**
8.00 **Life in the Great...**
9.00 **Mountain Gorilla**
10.00 **Natural World**
11.00 **Wonders of the Solar...**
12.00 M'T **Life in the Great...**
1.00 AM **Life in the...**
2.00 **Wonders of the Solar...**
3.00 **Super Vets**
3.50 **Mountain Gorilla**
4.40 **Natural World**
5.30 **to 6.00** AM **Frontier Borneo**

+1 hour 266 246

## WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Wild New Zealand**
12.00 NOON **Snakes in the City** A dog has a fight.
1.00 PM **Africa's Deadliest**
4.00 **Monster Fish**
6.00 **Snakes in the City**
7.00 **Snakes In The City: Best Of** Highlights from the series.
8.00 **Snake Underworld** Examining America's secret snake subculture.
9.00 **Cobra Mafia** The cobra, a venomous species of snake that instils fears throughout the wilds of Africa and Asia.
10.00 **Viper Queens** Following Velvet the gaboon viper and Therma the rattlesnake.
11.00 **Snakes In The City: Best Of** As 7.00pm.
12.00 M'T **Animals Gone Wild**
2.00 AM **Africa's Deadliest**
3.00 **to 5.00** AM **Monster Fish**

## History 2

163 272 330 390

8.00 AM **Hitler's War**
9.00 **Battle 360**
10.00 **Doomsday: 10 Ways the World Will End**
11.00 **Ancient Aliens – Secret Science**
12.00 NOON **Ancient Aliens**
1.00 PM **Digging for Britain**
3.00 **How the Earth Was Made** Double bill.
5.00 **Hitler's War**
6.00 **Doomsday: 10 Ways the World Will End**
7.00 **Battle 360**
8.00 **Ancient Impossible**
9.00 **Unidentified** The team travel to an allied European country.
10.00 **Ancient Aliens**
11.00 **Cryptid: Swamp Beast**
12.00 M'T **Doomsday: 10 Ways the World Will End**
1.00 AM **Ancient Aliens – Secret Science**
2.00 **Ancient Aliens**
3.00 **to 5.00** AM **How the Earth Was Made**

## PBS America

174 273 91 155

8.00 AM **The Aviators**
8.35 **Pompeii: The Last Day**
9.40 **Billy the Kid**
10.50 **Bonnie & Clyde**
11.55 **Pompeii: The Last Day**
1.00 PM **The Aviators**
1.35 **Saints and Sinners: A Millennium of Monasteries**
2.55 **Pompeii: The Last Day**
4.05 **Billy the Kid**
5.15 **Saints and Sinners: A Millennium of Monasteries**
6.35 **Pompeii: The Last Day**
7.40 **The Berlin Wall: Escape to Freedom**
8.50 NEW **The Real American: Joe McCarthy**
9.55 **Colosseum: Rome's Arena of Death**
11.00 **The Berlin Wall...**
12.15 AM **The Real American: Joe McCarthy**
1.25 **to 2.00** AM **The Aviators**

+1 hour 93

## CI

156 156 835 209 328 380

6.00 AM **The First 48**
8.00 **Homicide Hunter**
10.00 **Unusual Suspects**
11.00 **Homicide: Hours to Kill**
12.00 NOON **Crimes That Shook Britain**
1.00 PM **Nightmare in Suburbia**
2.00 **I Lived with a Killer**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Homicide: Hours to Kill**
6.00 **The First 48**
7.00 **Homicide Hunter**
8.00 **Fear Thy Neighbour**
9.00 **Police Patrol** New editions Double bill.
10.00 **Police Patrol**
11.00 **Homicide Hunter**
12.00 M'T **Darkest Taboos**
1.00 AM **Police Patrol**
2.00 **The First 48**
3.00 **I Lived with a Killer**
4.00 **Homicide: Hours to Kill**
5.00 **to 6.00** AM **Fear Thy Neighbour**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

# FRIDAY Films

Friday

## Sky Cinema Premiere

301 301 842 401 501

6.00 AM **This Changes Everything** Documentary. (2018) ★★★
7.45 **Cold Blood Legacy** As 3.15am.
9.25 **We Die Young** Drama. (2019, 15, 92min) ★★
11.05 **Doom: Annihilation** Fantasy. (2019, 15, 96min) ★★
12.50 PM **PREMIERE The Lion King**
2.50 **Brightburn** As 10.00pm.
4.30 **I'll Take Your Dead** Horror. (2019, 15, 83min) ★★★★
6.00 **The Art of Self-Defense** Thriller. (2018, 15) ★★★

8.00 The Lion King

**8 PM**

8.00 **PREMIERE The Lion King** Live-action and animated adventure, featuring the voice of Donald Glover. A young lion prince flees his kingdom, only to learn the true meaning of bravery. (2019, PG, 118min) ★★★
*See review, page 22*
SEX ●●● VIOLENCE ●●● LANG ●●●

**9 PM**

**10 PM**

10.00 **Brightburn** Superhero horror Elizabeth Banks, David Denman and Jackson A Dunn. (2019, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11 PM**

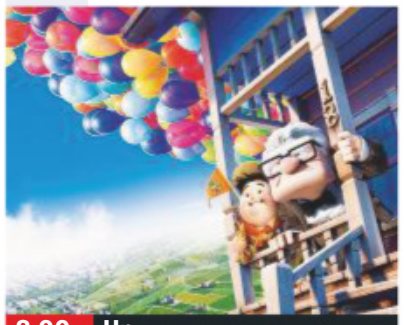
11.45 **I'll Take Your Dead** Horror, as shown at 4.30pm.
1.30 AM **Hell Is Where the Home Is** Horror. (2018, 18) ★★
3.15 **Cold Blood Legacy** Thriller. (2019, 15, 91min) ★★
5.00 **Extremely Wicked, Shockingly Evil and Vile: Special** A look at the film.
5.30 **to 6.00** AM **Final Score: Special**

+1 hour 312 412

## Sky Cinema Disney

305 305 846 405 505

6.35 AM **Brother Bear** (2003)
8.05 **The Many Adventures of Winnie the Pooh** (1977)
9.25 **Confessions of a Teenage Drama Queen** (2004) ★★
11.00 **The Jungle Book** As 11.20pm.
12.30 PM **Incredibles 2** As 6.00pm.
2.30 **Finding Nemo** Animation. (2003, U, 104min) ★★★★★
4.15 **Toy Story 4** Animated sequel. (2019, U, 100min) ★★★★★
6.00 **Incredibles 2** Animation. (2018, PG, 118min) ★★★★


8.00 Up

8.00 **Up** Animated adventure featuring the voice of Ed Asner. A retired balloon salesman and an eight-year-old boy float away on an adventure. (2009, U, 92min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

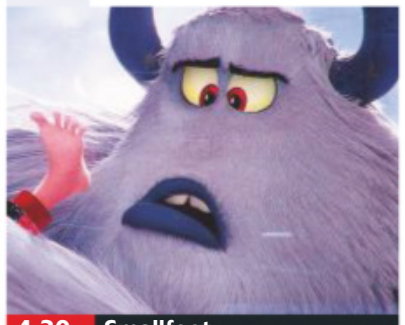
9.45 **The Haunted Mansion** Supernatural comedy starring Eddie Murphy as an estate agent who finds himself stranded in a spooky mansion with his wife and two children. (2003, PG, 87min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **The Jungle Book** Disney's cartoon version of Rudyard Kipling's classic tale. (1967, U, 78min) ★★★★★
12.50 AM **John Carter** Sci-fi fantasy adventure starring Taylor Kitsch and Lynn Collins. (2012, 12, 126min) ★★★
3.10 **The Haunted Mansion** As shown at 9.45pm.
4.50 **to 6.30** AM **Meet the Robinsons** Animated sci-fi. (2006, U, 90min) ★★★★

## Sky Cinema Family

306 306 847 406 506

6.50 AM **Antz** As 3.00pm.
8.20 **Smallfoot** As 4.30pm.
10.00 **Despicable Me 2** As 6.15pm.
11.45 **Bean** As shown at 9.30pm.
1.25 PM **Johnny English** As 8pm.
3.00 **Antz** Animated comedy. (1998, PG, 83min) ★★★
4.30 **Smallfoot** Animation. (2018, U, 96min) ★★★
6.15 **Despicable Me 2** Animated comedy featuring the voices of Steve Carell and Kristen Wiig. (2013, U, 97min) ★★★


4.30 Smallfoot

8.00 **Johnny English** Comedy starring Rowan Atkinson as a bungling British spy entrusted with solving the theft of the Crown Jewels and thwarting a dastardly plot to seize the throne. (2002, PG, 88min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **Bean** Comedy starring Rowan Atkinson and Peter MacNicol. Mr Bean creates havoc when he accompanies a valuable painting to the US. (1997, PG, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Who Framed Roger Rabbit** Comedy thriller mixing live-action and animation. (1988, PG, 103min) ★★★★★
1.00 AM **Look Who's Talking** Comedy starring John Travolta and Kirstie Alley. (1989, 12, 96min) ★★★
2.45 **The Stolen Princess** Animated fantasy adventure. (2018, PG, 85min) ★★★
4.25 **to 6.10** AM **Cats** Animation. (2018, PG, 90min) ★★★

## Sky Cinema Action

311 311 852 407 507

6.00 AM **Total Recall** As 3.50pm.
8.00 **Cliffhanger** As 6.00pm.
10.00 **Braveheart** As 8.00pm.
1.00 PM **Gladiator** Roman epic, as shown at 11.00pm.
3.50 **Total Recall** Sci-fi thriller starring Colin Farrell, Jessica Biel and Kate Beckinsale. (2012, 12, 113min) ★★★
6.00 **Cliffhanger** Action adventure with Sylvester Stallone, John Lithgow and Janine Turner. (1993, 15, 112min) ★★★

6.00 Cliffhanger

8.00 **Braveheart** Oscar-winning epic historical drama directed by and starring Mel Gibson. In the late 13th-century, the Scottish king has died without an heir and King Edward I of England has claimed the throne. But a Scottish champion emerges in William Wallace, who becomes the leader of a ragged but courageous army. With Sophie Marceau. (1995, 15, 177min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Gladiator** Director Ridley Scott's Roman epic starring Russell Crowe, Joaquin Phoenix and Connie Nielsen. (2000, 15, 154min) ★★★★
1.45 AM **The 2020 Top Ten Show**
2.00 **Starship Troopers** Director Paul Verhoeven's sci-fi war drama starring Casper Van Dien. (1997, 18, 129min) ★★
4.15 **to 6.00** AM **Stone of Destiny** Heist comedy adventure. (2008, PG, 96min) ★★★

## Sky Cinema Comedy

308 308 849 408 508

6.15 AM **50 First Dates** As 3.35pm.
8.00 **Big Daddy** As 5.20pm.
9.40 **You Don't Mess with the Zohan** As shown at 10.20pm.
11.35 **Just Go With It** As 2.20am.
1.35 PM **The Longest Yard** Comedy, as shown at 12.20am.
3.35 **50 First Dates** Comedy. (2004, 12, 99min) ★★★
5.20 **Big Daddy** Comedy. (1999, 12, 95min) ★★★
7.00 **Jack and Jill** Sibling comedy. (2011, PG, 91min) ★

3.35 50 First Dates

8.40 **Happy Gilmore** Comedy with Adam Sandler. A charming but volatile ice hockey player turns his hand to golf and enters a tournament in the hope of saving his grandmother's house. (1996, 12, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **You Don't Mess with the Zohan** Comedy with Adam Sandler. A top Israeli commando fakes his own death and moves to New York to follow his dream of becoming a hairstylist. With John Turturro. (2008, 12, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.20 AM **The Longest Yard** Comedy with Adam Sandler. (2005, 12, 113min) ★★
2.20 **Just Go With It** Romantic comedy. (2011, 12, 116min) ★
4.25 **to 4.25** AM **Jack and Jill** As shown at 7.00pm.

primetime

## Sky Cinema Hits

303 303 844 403 503

6.20 AM **Tully** (2018) ★★★★
8.00 **Safe House** (2012) ★★★
10.00 **Us** As shown at 9.00pm.
12.00 NOON **Solo: A Star Wars Story** Sci-fi. (2018, 12, 135min) ★★★
2.20 PM **Star Wars: Episode IV – A New Hope** Sci-fi adventure. (1977, U, 124min) ★★★★★
4.30 **Star Wars: Episode V – The Empire Strikes Back** Sci-fi. (1980, U, 124min) ★★★★★

6.40 **Star Wars: Episode VI – Return of the Jedi** Sci-fi adventure starring Harrison Ford. Princess Leia sets out to rescue mercenary space pilot Han Solo from the clutches of the monstrous Jabba the Hutt. (1983, U, 133min) ★★
9.00 **Us** Horror thriller starring Lupita Nyong'o. A family's life turns into a nightmare when a group of strangers begin to terrorise them. With Winston Duke. (2019, 15, 116min) ★★★★

11.00 **Wanted** Fantasy action thriller. (2008, 18, 105min) ★★★
1.00 AM **Austin Powers in Goldmember** (2002) ★★
2.45 **The Girl in the Spider's Web** Thriller. (2018, 15, 115min) ★★★
4.45 **to 6.35** AM **Christopher Robin** Comedy. (2018, PG) ★★★

## Sky Cinema Greats

304 304 845 404 504

6.30 AM **The Goonies** As 5.15pm.
8.30 **Marnie** Psychological thriller. (1964, 15, 130min) ★★★
10.45 **Erin Brockovich** Drama. (2000, 15, 133min) ★★★★
1.00 PM **Enemy of the State** Thriller. (1998, 15, 127min) ★★★★
3.15 **The Royal Tenenbaums** Comedy. (2001, 15, 110min) ★★★
5.15 **The Goonies** Adventure. (1985, 12, 111min) ★★★★

7.15 **Zero Dark Thirty** Fact-based drama starring Jessica Chastain. Following the 9/11 terrorist attacks, a CIA agent becomes the driving force behind the hunt for Osama bin Laden. With Jason Clarke. (2012, 15, 157min) ★★★★★
10.00 **Friday the 13th** Horror sequel starring Jared Padalecki and Danielle Panabaker. A killer terrorises a group of young people when they visit Crystal Lake. (2009, 18, 97min) ★★

11.50 **Friday the 13th Part II** Horror sequel. (1981, 18, 87min) ★★
1.20 AM **Friday the 13th Part III** Horror. (1982, 18, 95min) ★
3.00 **Friday the 13th Part IV: The Final Chapter** Horror thriller sequel. (1984, 18, 91min) ★
4.35 **to 6.00** AM **Robin Hood**

## TCM Movies

315 415 416 512 526

6.20 AM **Westward the Women** Western. (1951, b/w, PG) ★★
8.45 **How the West Was Won** Western. (1962, PG) ★★★
11.45 **Ten Wanted Men** Western. (1955, U, 80min) ★★★
1.30 PM **Charro!** Western. (1969) ★
3.35 **Stranger Than Fiction** Comedy. (2006, 12, 113min) ★★★★
6.00 **The Hired Gun** Offbeat Western. (1957, b/w, U, 63min) ★★★

7.20 **Saddle Tramp** Western starring Joel McCrea as a frontier drifter who becomes reluctantly involved with four orphan children. With Wanda Hendrix. (1950, U, 77min) ★★
9.00 **Absolute Power** Thriller directed by and starring Clint Eastwood. A master thief is set up to take the rap for a murder involving the US President. (1996, 15, 121min) ★★★
11.35 **Frantic** Roman Polanski thriller. (1988, 15, 120min) ★★★★

2.05 AM **Carrie** Horror. (1976) ★★★★
3.50 **Off Set** With Jamie Cullum.
4.00 **Hollywood's Best Directors**
5.00 **Off Set** With Ben Miller.
5.15 **to 8.20** AM **For Whom the Bell Tolls** (1943) ★★★

+1 hour 316 417

## Talking Pictures

328 445 81 306

6.00 AM **Johnny On the Spot** (1954)
7.30 **Convoy** Drama. (1940) ★★★
9.15 **Trouble in Store** (1953)
11.00 **Richard Diamond** 12/12. (S1)
11.30 **Glimpses**
11.35 **Catch Us If You Can** (1965) ★★
1.25 PM **Talking Pictures...**
2.00 **Rooms**
2.30 **Pink String and Sealing Wax**
4.20 **Glimpses: Screenagers!**
4.35 **Love Story** (1944) ★★

6.50 **Glimpses: Guernsey...**
7.15 **Ring of Spies** British spy thriller based on the Portland secrets trial, starring Bernard Lee. (1963, b/w, PG, 90min) ★★
9.00 **Hazell**
10.00 **Over the Hill** Melodrama starring Olympia Dukakis and Sigrid Thornton. A feisty senior citizen emigrates to Australia, where she finds adventure, excitement and a host of new friends. With Derek Fowlds. (1993, PG, 102min) ★★

12.05 AM **Frankenstein Created Woman** Horror thriller. (1966, 15, 95min) ★★★
2.05 **Invasion of the Bee Girls** Erotic sci-fi. (1973, 18, 82min) ★
3.50 **The Black Abbot** Crime thriller. (1933, b/w, PG, 56min) ★★
5.00 **to 6.00** AM **Rooms**

## Horror

317 149 70 138

8.00 AM **Andromeda** 8/22. (S3)
9.00 **Star Trek: Voyager** 14/26. (S6)
10.00 **Star Trek** 15/24. (S3)
11.00 **Princess of Mars** Sci-fi. (2009, 12, 90min) ★★
1.00 PM **Escape from Mars** Sci-fi drama. (1999, PG, 86min) ★★
3.00 **Lost in Space** 9/30. (S2)
4.00 **The Last Sharknado: It's About Time** Sci-fi adventure. (2018, 15, 90min) ★★

6.00 **Star Trek** 16/24. Aliens try to tackle overpopulation. (S3)
7.00 **Star Trek: Voyager** 15/26. Seven of Nine is forced to fight for Tuvok's life in an arena. (S6)
8.00 **Mutant X** *The Prophecy:* 20/22. The team fear a dire prophecy will come true. (S3)
9.00 **PREMIERE Itsy Bitsy** Horror with Bruce Davison, Elizabeth Roberts and Denise Crosby. A mother and her two children are terrorised by a giant spider. (2019, 15, 94min) ★★

11.00 **Matriarch** Horror thriller. (2018, 15, 91min) ★★
12.55 AM **Doghouse** British horror spoof. (2009, 15, 85min) ★★★
2.40 **to 4.30** AM **Dead Mine** Action horror. (2012, 15, 87min) ★★

+1 hour 318 202 139



★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

## Sky Cinema Thriller

309 309 850 409 509

**6.25** AM **Mara** Horror. (2018) ★★
**8.05** **Truth or Dare** (2018) ★★
**9.50** **The Vanishing** As 5.10pm.
**11.40** **Extremely Wicked, Shockingly Evil and Vile**
**1.35** PM **Superfly** Crime thriller. (2018, 15, 116min) ★★
**3.35** **Galveston** Action thriller. (2018, 15, 91min) ★★★
**5.10** **The Vanishing** Thriller. (2018, 15, 107min) ★★★
**7.00** **The Recruit** Spy thriller. (2003, 12, 115min) ★★★

5.10 The Vanishing

**The Recruit** (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

**9.00** **Cape Fear** Martin Scorsese's violent remake of the 1962 thriller, with Robert De Niro, Nick Nolte and Jessica Lange. An ex-con seeks revenge against the defence lawyer who failed to keep him out of prison. (1991, 18, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.10** **Extremely Wicked, Shockingly Evil and Vile** Biopic starring Zac Efron. (2019, 15, 108min) ★★★★
**1.05** AM **Domino** Crime thriller starring Nikolaj Coster-Waldau. (2019, 18, 95min) ★
**2.40** **Feedback** Horror thriller starring Eddie Marsan. (2019, 18, 97min) ★★
**4.30** **to 6.15** AM **Deep Family Secrets** Mystery thriller. (1997, PG, 89min) ★★

## Sky Cinema Drama

310 310 851 410 510

**6.00** AM **The Last Movie Star**
**7.45** **Deceit** Drama. (2017, 15, 98min) ★★★★
**9.30** **Euphoria** As 12.15am.
**11.10** **Can You Ever Forgive Me?**
**1.10** PM **The Browning Version** Drama. (1994, 15, 97min) ★★
**2.50** **Lez Bomb** Comedy. (2018, 12, 90min) ★★
**4.25** **Roxanne** Romantic comedy. (1987, PG, 102min) ★★★★
**6.15** **The Last Movie Star** Drama. (2017, 15, 94min) ★★

6.15 The Last Movie Star

**8.00** **Can You Ever Forgive Me?** Comedy starring Melissa McCarthy and Richard E Grant. While suffering financial troubles, writer Lee Israel finds a way to make ends meet – forging letters from literary legends. (2018, 15, 106min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**10.00** **Hotel Mumbai** Fact-based thriller starring Dev Patel. In 2008, at the Taj Mahal Palace Hotel, four terrorists take the staff and residents hostage. With Armie Hammer. (2018, 15, 123min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**12.15** AM **Euphoria** Drama starring Alicia Vikander and Eva Green. (2017, 15, 104min) ★★★
**2.05** **White Boy Rick** Crime drama with Matthew McConaughey, Richie Merritt and Bel Powley. (2018, 15, 111min) ★★★
**4.05** **to 6.00** AM **Roxanne** Comedy, as shown at 4.25pm.

## Sky Cinema Monsters

307 307 848 411 511

**6.00** AM **Lifechanger** As 1.30am.
**7.30** **Godzilla** As 4.25pm.
**10.00** **Godzilla** As 6.50pm.
**12.05** PM **Godzilla: King of the Monsters** As 9.00pm.
**2.25** **Pet Sematary** As 11.30pm.
**4.25** **Godzilla** Monster thriller starring Matthew Broderick. (1998, PG, 139min) ★★★
**6.50** **Godzilla** Monster thriller with Aaron Taylor-Johnson, Bryan Cranston and Ken Watanabe. (2014, 12, 123min) ★★★

4.25 Godzilla

**Godzilla** (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

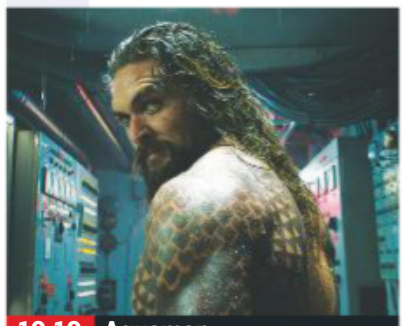
**9.00** **Godzilla: King of the Monsters** Fantasy sequel starring Vera Farmiga. The Monarch agency face off against an army of creatures, including Godzilla, Mothra, Rodan and King Ghidorah. With Millie Bobby Brown. (2019, 12, 132min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**11.30** **Pet Sematary** Horror thriller starring Jason Clarke, Amy Seimetz and John Lithgow. (2019, 15, 101min) ★★★
**1.30** AM **Lifechanger** Horror thriller starring Lora Burke. (2018, 15, 84min) ★★★
**3.10** **Resident Evil: Retribution** Sci-fi action thriller sequel starring Milla Jovovich. (2012, 15, 92min) ★★★
**5.00** **to 6.00** AM **Sky Cinema Preview**

## Sky Cinema Superhero

302 302 842 402 502

**6.10** AM **Spider-Man 2** Fantasy, as shown at 3.20pm.
**8.25** **Aquaman** As 10.10pm.
**10.55** **Captain Marvel** As 8.00pm.
**1.10** PM **Spider-Man** As 12.40am.
**3.20** **Spider-Man 2** Fantasy adventure starring Tobey Maguire and Kirsten Dunst. (2004, PG, 127min) ★★★★
**5.35** **Spider-Man 3** Fantasy adventure starring Tobey Maguire and Kirsten Dunst. (2007, 12, 138min) ★★★


10.10 Aquaman

**8.00** **Captain Marvel** Fantasy starring Brie Larson. An alien warrior crashes on Earth and joins forces with agent Nick Fury in an attempt to solve the mysteries of her past. Samuel L Jackson and Ben Mendelsohn. (2019, 12, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**10.10** **Aquaman** Adventure starring Jason Momoa. The human-born heir to the kingdom of Atlantis, embarks on a quest to prevent a war of worlds. (2018, 12, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**12.40** AM **Spider-Man** Fantasy. (2002, 12, 121min) ★★★★
**2.50** **Batman: Mystery of the Batwoman** (2003) ★★★★
**4.15** **Lego DC Super Hero Girls: Super-Villain High** Animation. (2018, PG, 78min) ★★
**5.40** **to 7.05** AM **Lego DC Super Heroes: Justice League – Attack of the Legion of Doom!**

## Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
**11.00** AM **The Greatest Show on Earth** Spectacular drama. (1952, U, 153min) ★★★
**2.10** PM **Man in the Saddle** Western with Randolph Scott. (1951, PG, 87min) ★★★
**4.05** **The Pink Panther Strikes Again** Comedy sequel. (1976, PG, 103min) ★★
**6.25** **Now You See Me 2** Crime thriller with Jesse Eisenberg. (2016, 12, 126min) ★★★

9.00 Baywatch

**Now You See Me 2** (film started at 6.25pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

**8 PM**

**9.00** **Baywatch** Action comedy based on the TV series, with Dwayne Johnson and Zac Efron. A veteran lifeguard teams up with an Olympic swimmer to scupper a criminal scheme. (2017, 15, 121min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

**9 PM**

**10 PM**

**11.15** **This Is England** Writer-director Shane Meadows' coming-of-age drama starring Thomas Turgoose and Stephen Graham. (2006, 18, 98min) ★★★★★
**1.20** **to 3.15** AM **Green Room** Thriller starring Anton Yelchin, Imogen Poots, Alia Shawkat and Patrick Stewart. (2015, 18, 93min) ★★★★

**11 PM**

+1 hour 314 430 45 301

## Sony Movies Classic

319 424 50 303

**6.00** AM **The Narrow Margin** Thriller. (1952, b/w, PG, 71min) ★★★★
**7.25** **I Didn't Do It** (1945) ★★
**9.30** **The Secret Life of Walter Mitty** Fantasy. (1947, U) ★★★★
**11.45** **The Princess and the Pirate** Comedy. (1944, U, 94min) ★★★
**1.40** PM **A Weekend with Lulu** Comedy. (1961, PG, 91min) ★★
**3.30** **The Great Lover** (1949) ★★
**5.10** **Road to Bali** (1952) ★★★★

**7.05** **The Admirable Crichton** Satirical comedy starring Kenneth More as an Edwardian butler stranded with his employers on a desert island. With Diane Cilento and Cecil Parker. (1957, U, 93min) ★★★
**9.00** **StakeOut** Comedy thriller with Richard Dreyfuss, Emilio Estevez and Madeleine Stowe. A cop falls in love with the ex-girlfriend of a psychotic escaped convict while staking out her apartment. (1987, 15, 115min) ★★★★

**11.25** **The Big Chill** (1983) ★★★★
**1.30** AM **A Man Called Django** Western. (1971, 12, 90min) ★★
**3.20** **Strongroom** Thriller. (1961) ★★
**4.35** **to 6.00** AM **The Giants of Thessaly** Adventure. (1960) ★★

+1 hour 320 303 304

## Sony Movies

321 425 32 302

**9.00** AM **The Bad Twin** Thriller. (2016, PG, 90min) ★★
**11.05** **Driven Underground** Drama. (2015, PG, 90min) ★★
**1.00** PM **Wrong Swipe** Thriller. (2016, U, 122min) ★★
**2.45** **Lies and Deception** Thriller. (2005, PG, 82min) ★
**4.30** **My Girl 2** Drama starring Anna Chlumsky and Dan Aykroyd. (1994, PG, 99min) ★★

**6.35** **Little Women** Screen version of Louisa May Alcott's classic tale of four sisters living in New England during the American Civil War, starring Winona Ryder, Susan Sarandon and Gabriel Byrne. (1994, U, 114min) ★★★
**9.00** **The Hunger Games** Sci-fi starring Jennifer Lawrence. In a nightmarish future, a plucky 16-year-old girl volunteers to take her sister's place in a savage televised tournament. (2012, 12, 136min) ★★★★

**11.45** **The 5th Wave** Sci-fi adventure. (2015, 15, 112min) ★★
**2.05** AM **Aftermath** Drama. (2016, 15, 94min) ★★
**3.55** **to 5.50** AM **I Spy** Comedy. (2002, 12, 96min) ★★★

+1 hour 322

## Sony Movies Action

323 426 40 305

**6.00** AM **Django's Cut Price Corpses** Western. (1971, 15, 83min) ★★
**7.45** **The Lightning War**
**9.00** **The Blitz on Hamburg**
**10.15** **The Double** Thriller. (2011) ★★
**12.05** PM **The Persuaders!**
**1.05** **They Rode West** Western. (1954, U, 97min) ★★
**2.55** **The War in the Desert**
**4.10** **The Bunker** World War Two drama. (1981, PG, 150min) ★★

**7.15** **The Philadelphia Experiment** Sci-fi mystery starring Nicholas Lea. A vanished World War Two ship reappears decades later, carrying only one surviving crew member who hasn't aged at all. With Ryan Robbins and Gina Holden. (2012, 15, 89min) ★★
**9.00** **Missionary Man** Vigilante thriller starring Dolph Lundgren as a lone biker determined to avenge the murder of a friend. With Kateri Walker and Chelsea Ricketts. (2007, 15, 90min) ★★

**10.55** **Hero Wanted** Revenge thriller. (2008, 18, 95min) ★★
**12.45** AM **Half Past Dead 2** Action thriller. (2007, 15, 92min) ★★
**2.35** **to 4.00** AM **Blood of Redemption** (2013) ★★

+1 hour 324

## Movies 24

325 419 513

**7.00** AM **Taking a Chance on Love**
**9.00** **Murder, She Baked: A Plum Pudding Mystery**
**11.00** **The Last Bridesmaid** (2019)
**1.00** PM **Mystery 101: Playing Dead** Mystery. (2019, PG, 90min) ★★
**3.00** **A Beautiful Place to Die: A Martha's Vineyard Mystery** Drama. (2020, PG, 104min) ★★
**5.00** **The Good Witch's Destiny** Fantasy. (2013, PG, 82min) ★★

**7.00** **A Brush with Love** Romantic drama with Arielle Kebbel. An artist has to choose between her career – as well as two very different men. With Nick Bateman. (2019, PG, 84min) ★★
**9.00** **A Summer Romance** Drama starring Erin Krakow. A woman is reluctant to sell her family's Montana ranch to a developer, , but then starts to take a shine to him. Also with Ryan Paevey and Jesse Arthur Carroll. (2019, PG, 90min) ★★

**11.00** **Love Exclusively** Romantic drama. (2017, PG, 90min) ★★
**1.00** AM **Sundays at Tiffany's** Romance. (2010, PG) ★★
**3.00** **to 5.00** AM **Love Blossoms** Drama. (2017, PG, 80min) ★★

+1 hour 326 420

## FILMS ON OTHER CHANNELS

### 6pm TILL LATE

**7.05** PM **Pacific Heights** *AMC* Psychological thriller starring Melanie Griffith, Michael Keaton and Matthew Modine. ★★★
**8.00** **Transformers: Revenge of the Fallen** *E4* Blockbuster sci-fi action adventure sequel starring Shia LaBeouf, Tyrese Gibson and Megan Fox. ★★★
**9.00** **The Hangover** *ITV2* Dark comedy starring Bradley Cooper, Ed Helms and Zach Galifianakis. ★★★★
**9.00** **Firefox** *ITV4* Cold War action adventure starring Clint Eastwood, Warren Clarke and Freddie Jones. ★★
**9.00** **Hansel & Gretel: Witch Hunters** *5STAR* Darkly comic horror fantasy inspired by the Brothers Grimm fairy tale. ★★★
**9.00** **Lara Croft Tomb Raider: The Cradle of Life** *Syfy* Fantasy adventure sequel. ★★★
**11.00** **Revolver** *Comedy Central* Guy Ritchie's crime thriller. ★
**12.10** AM **Popstar: Never Stop Never Stopping** *Channel 4* Comedy starring Andy Samberg and Maya Rudolph. ★★★
**12.30** **Final Recall** *Syfy* Sci-fi thriller. ★

Friday

## Sky Sports Main Event

401 401 855 | 511 501 | 402 437

- 6.45 AM **My Icon: Anthony Joshua**
- 7.00 **Good Morning Sports Fans**
- 7.30 **Australian F1 GP Story So Far**
- 8.00 **LIVE European Tour Golf** Day two of the Kenya Open from Karen Country Club in Nairobi.
- 10.00 **Football Centre**
- 11.30 **LIVE The Players Championship** Coverage of the featured groups on the second day at TPC Sawgrass in Florida.
- 5.00 PM **LIVE The Players Championship** Further coverage of the second day's play.
- 7.00 **LIVE EFL Fulham v Brentford.** The Championship clash from Craven Cottage. Kick-off **7.45pm**.
- 10.00 **LIVE The Players Championship** Further coverage of the second day's play.
- 11.00 **NBA: The Warm Up**
- 12.00 M'T **Sky Sports News**
- 2.30 AM **My Icon: Charlotte Edwards**
- 2.45 **LIVE Formula 1** The Australian Grand Prix third practice session.
- 4.10 **Australian F1 GP Paddock**
- 4.30 **F1 Classic Races**
- 5.00 **to 7.30** AM **LIVE Formula 1** The Australian Grand Prix qualifying. Start-time **6.00am**.

## Sky Sports Premier League

402 402 856 | 512 502

- 6.00 AM **PL Greatest Games**
- 7.00 **The Debate**
- 8.00 **Best PL Goals: Merseyside Derby** Memorable strikes.
- 8.30 **Best PL Goals: Tottenham v Chelsea** Memorable goals.
- 9.00 **Premier League 100 Club**
- 10.00 **Premier League Years**
- 12.00 NOON **The Debate**
- 1.00 PM **Premier League Years**
- 3.00 **PL Best Goals 14/15**
- 4.00 **PL Greatest Games**
- 5.00 **Premier League 100 Club**
- 6.00 **Premier League Legends**
- 7.00 **Premier League Preview**
- 7.30 **Premier League Match Pack**
- 8.00 **Premier League World**
- 8.30 **The Tyler Archives**
- 9.00 **Premier League Preview**
- 9.30 **Premier League Match Pack**
- 10.00 **Premier League World**
- 10.30 **The Tyler Archives**
- 11.00 **Premier League Preview**
- 11.30 **Premier League Match Pack**
- 12.00 M'T **Premier League World**
- 12.30 AM **Premier League Preview**
- 1.00 **Premier League Years**
- 3.00 **PL Greatest Games**
- 4.00 **PL Best Goals 97/98**
- 5.00 **Best PL Goals: Merseyside Derby** Memorable strikes.
- 5.30 **to 6.00** AM **PL 100 Club**

## Sky Sports Football

403 403 857 | 513 503

- 6.00 AM **Highlights**
- 8.45 **One2Eleven: Andy Townsend**
- 9.00 **SPFL Highlights**
- 9.30 **EFL Play-Off Final Highlights**
- 10.30 **EFL Greatest Games**
- 11.15 **SPFL Greatest Games**
- 11.30 **Football's Greatest Players**
- 12.00 NOON **Football Countdowns**
- 12.30 PM **Football Years**
- 1.00 **SPFL Highlights**
- 1.30 **SPFL Greatest Games**
- 1.45 **One2Eleven: Ray Houghton**
- 2.00 **EFL Play-Off Final Highlights**
- 3.00 **Football's Greatest Players**
- 3.30 **Football Countdowns**
- 4.00 **Football Years**
- 4.30 **EFL Play-Off Final Highlights**
- 5.30 **SPFL Highlights**
- 6.30 **EFL Championship Highlights**
- 7.00 **LIVE EFL Fulham v Brentford.** The Championship match from Craven Cottage. Kick-off **7.45pm**.
- 10.30 **SPFL Highlights**
- 11.00 **EFL Highlights**
- 11.15 **EFL Greatest Games**
- 11.30 **SPFL Highlights**
- 12.00 M'T **Football Years**
- 12.30 AM **SPFL Greatest Games**
- 1.00 **Football Countdowns**
- 1.30 **Football Years**
- 2.00 **to 6.00** AM **Highlights**

## Sky Sports Cricket

404 404 858 | 514 504

- 6.00 AM **Cricket's Greatest Games**
- 7.00 **My Icon**
- 8.00 **Cricket's Greatest Games**
- 9.00 **My Icon**
- 10.00 **How the 2011 ICC Cricket World Cup Was Won**
- 12.00 NOON **Cricket's Greatest Games** Double bill of action.
- 1.00 PM **My Icon**
- 2.00 **Cricket's Greatest Games**
- 3.00 **My Icon**
- 4.00 **How the 2011 ICC Cricket World Cup Was Won** A look back at the tournament hosted by India, Sri Lanka and Bangladesh.
- 6.00 **International T20 Cricket** South Africa v England: Action from the second T20 in the three-match series, held at Kingsmead in Durban.
- 10.30 **The Story of a Genius** After a hostile tour of South Africa, Kevin Pietersen's next challenge was taking on Australia in the Ashes.
- 11.00 **How the 2011 ICC Cricket World Cup Was Won**
- 1.00 AM **My Icon**
- 2.00 **Cricket's Greatest Games**
- 3.00 **My Icon**
- 4.00 **Cricket's Greatest Games**
- 5.00 **to 6.00** AM **My Icon**

## Sky Sports The Players

405 405 859 | 515 505

- 6.00 AM **The Players Championship Official Film** The 2019 event.
- 7.00 **The Players Championship**
- 8.00 **LIVE European Tour Golf** Coverage of the second day's play of the Kenya Open from Karen Country Club in Nairobi.
- 10.00 **Rory's Review of 2019**
- 10.30 **The Players Championship** Highlights of the opening day.
- 11.30 **LIVE The Players Championship** Coverage of the featured groups on the second day's play of the tournament, held at TPC Sawgrass in Florida.
- 5.00 PM **LIVE The Players Championship** Further coverage of the second day's play.
- 11.00 **The Players Championship Official Film** A look back at Jack Nicklaus's final round in 1974.
- 1.00 AM **The Players Championship Official Film** The 2011 event.
- 2.00 **The Players Championship Official Film** The 2012 event.
- 3.00 **The Players Championship Official Film** The 2013 event.
- 4.00 **The Players Championship Official Film** The 2014 event.
- 5.00 **to 6.00** AM **The Players Championship Official Film**

## BT Sport 1

413 413 867 | 527 | 408 430

- 6.00 AM **LIVE ODI Cricket Australia v New Zealand.** Further coverage of the first game in the three-match series, held at the Sydney Cricket Ground.
- 10.45 **Premier League Match Pack**
- 11.15 **Premier League World**
- 11.45 **BT Sport Reload**
- 12.00 NOON **PSA Squash**
- 1.30 PM **Premier League Match Pack**
- 2.00 **MotoGP Highlights**
- 3.00 **WWE Raw**
- 5.00 **WWE NXT Highlights**
- 6.00 **MotoGP Rewind**
- 6.15 **Premier League Match Pack**
- 6.45 **Scottish Football Extra**
- 7.15 **LIVE Scottish Professional Football League Motherwell v Aberdeen.** Coverage of the Scottish top-flight encounter from Fir Park. Kick-off **7.45pm**.
- 10.00 **WWE NXT UK**
- 11.00 **WWE NXT Highlights**
- 12.00 M'T **WWE SmackDown Highlights** Wrestling action.
- 1.00 AM **LIVE WWE Friday Night SmackDown** Wrestling coverage from America.
- 3.00 **Premier League Preview**
- 3.30 **ODI Cricket Highlights**
- 4.30 **to 6.00** AM **Classic Boxing**

## BT Sport 2

414 414 868 | 528 | 409 431

- 6.00 AM **Hyundai A-League**
- 7.00 **WWE Raw Highlights**
- 8.00 **WWE NXT** Wrestling action.
- 9.45 **Premier League Reload**
- 10.00 **Rugby Tonight On Tour**
- 10.30 **Badminton Unlimited**
- 11.00 **MotoGP Highlights**
- 12.00 NOON **Fishing: On The Bank**
- 1.00 PM **BT Sport Reload**
- 1.30 **FIH Hockey Pro League**
- 2.00 **Badminton Unlimited**
- 2.30 **Rugby Tonight On Tour**
- 3.00 **Ligue 1 Show**
- 3.30 **ODI Cricket Highlights**
- 4.30 **Bundesliga Special**
- 5.00 **Bundesliga Weekly**
- 5.30 **LIVE Bundesliga 2 SpVgg Greuther Furth v Hamburg SV.**
- 7.30 **LIVE Bundesliga Fortuna Dusseldorf v SC Paderborn.**
- 9.30 **UFC Live**
- 10.00 **UFC Fight Camp**
- 10.30 **Premier League Preview**
- 11.00 **LIVE College Basketball** The Big 12 Tournament.
- 1.30 AM **LIVE College Basketball** The Big 12 Tournament.
- 3.30 **Premier League Preview**
- 4.00 **UFC Fight Camp**
- 4.30 **Mobil 1: The Grid**
- 5.00 **to 6.00** AM **MotoGP Highlights**

## BT Sport 3

417 417 869 | 529 | 410 432

- 6.00 AM **UEFA Europa League**
- 8.30 **LIVE Hyundai A-League Brisbane Roar v Central Coast Mariners.** The Australian top-flight clash from Suncorp Stadium. Kick-off **8.30am**.
- 10.30 **UEFA Europa League Highlights Show**
- 11.30 **Ligue 1 Show**
- 12.00 NOON **Bundesliga Weekly**
- 12.30 PM **UEFA Europa League**
- 3.30 **UEFA Europa League Highlights Show**
- 4.30 **Hyundai A-League**
- 5.30 **Rugby Tonight On Tour**
- 6.00 **PSA Squash**
- 7.30 **LIVE PSA Squash** The men's and women's finals of the Canary Wharf Classic in London.
- 10.00 **UEFA Champions League Magazine** News and action.
- 10.30 **World Poker Tour Series**
- 12.30 AM **Scottish Football Extra**
- 1.00 **Ladbrokes Premiership**
- 2.30 **BT Sport Reload**
- 2.45 **LIVE W-League Football** Coverage of a Westfield W-League semi-final clash.
- 5.00 **Premier League Preview**
- 5.30 **to 6.00** AM **Premier League Match Pack**

## Sky Sports Action

407 407 861 | 517 507

- 6.00 AM **LIVE Super Rugby Chiefs v Hurricanes.** Coverage of the match from the seventh round of fixtures, taking place at FMG Stadium Waikato in Hamilton. Kick-off **6.05am**.
- 8.00 **NFL: America's Game**
- 11.00 **Sporting Records**
- 12.00 NOON **Premier League Darts** Action from the sixth round of the season in Liverpool.
- 3.30 PM **Darts Gold**
- 4.30 **Sporting Records**
- 5.30 **Darts Gold**
- 6.00 **NBC's Pro-Football Talk**
- 8.00 **NFL: America's Game**
- 10.00 **Darts Gold** The PDC World Darts Championship finals of 1999.
- 10.30 **Darts Gold** Phil Taylor v John Lowe. Action from the semi-final of the 1995 World Championship.
- 10.45 **Legends of Darts**
- 11.00 **NFL: America's Game**
- 1.00 AM **Super League Gold**
- 1.45 **NFL: America's Game**
- 3.40 **to 6.00** AM **LIVE Super Rugby Sunwolves v Crusaders.** Coverage of the match from the seventh round of fixtures, held at Level Five Stadium in Fukuoka. Kick-off **3.45am**.

## Sky Sports Mix

145 145 838 | 520 510

- 6.00 AM **My Icon**
- 7.00 **Sporting Records**
- 8.00 **LIVE European Tour Golf** Coverage of the second day's play of the Kenya Open from Karen Country Club in Nairobi.
- 10.00 **Sporting Greats**
- 11.00 **Sporting Records**
- 12.00 NOON **LIVE European Tour Golf** Further coverage of the second day of the Kenya Open at Karen Country Club in Nairobi.
- 3.00 PM **My Icon**
- 4.00 **Netball Superleague** London Pulse v Celtic Dragons
- 6.00 **NBA Classic Games: Raptors @ Lakers 2013** A memorable match between Los Angeles Lakers and Toronto Raptors.
- 7.00 **Betfred Super League Highlights** Action from Hull FC v Warrington Wolves.
- 7.15 **NBA** Milwaukee Bucks v Boston Celtics: Action from the Eastern Conference clash at Fiserv Forum.
- 9.00 **Netball Superleague** London Pulse v Celtic Dragons.
- 11.00 **Premier League World**
- 11.30 **My Icon**
- 12.00 M'T **to 6.00** AM **Mix Shorts: Masterclasses**

## BT Sport/ESPN

423 423 872 | 530 | 411 434

- 6.00 AM **ESPN FC** Football news.
- 6.30 **College Basketball**
- 10.00 **ESPN FC** Football news.
- 10.30 **College Basketball**
- 2.00 PM **E:60 FIFA and Sepp Blatter**
- 3.00 **College Basketball** Double bill of college basketball action from the Big 12 Tournament.
- 6.30 **ESPN FC** Football news.
- 7.00 **BT Sport Reload**
- 7.15 **Ligue 1 Show** A look ahead to upcoming action in France.
- 7.45 **LIVE Ligue 1 Lyon v Reims.** Coverage of the French top-flight encounter from Groupama Stadium. Kick-off **7.45pm**.
- 9.45 **X Games** Action from the X Games Norway at Hafjell Resort.
- 11.00 **LIVE College Basketball** Action from college basketball.
- 1.30 AM **LIVE College Basketball** Action from college basketball.
- 3.30 **BT Sport Reload**
- 3.45 **Coach Bernie**
- 4.15 **to 6.00** AM **College Basketball**

## Eurosport 1

410 410 864 | 521 | 412 435

- 6.45 AM **Alpine Skiing**
- 8.45 **Ski Jumping**
- 9.45 **Cycling: Paris-Nice**
- 10.45 **Alpine Skiing**
- 11.55 **Cycling: Tirreno-Adriatico**
- 12.40 PM **Cycling: Paris-Nice**
- 1.40 **LIVE Cycling: Paris-Nice** Coverage of stage six, a 160.5km course from Sorgues to Apt.
- 3.30 **Cycling: Tirreno-Adriatico**
- 4.15 **LIVE Snooker: Gibraltar Open** Day one of the ranking event at Europa Sports Complex.
- 6.20 **Snooker: Get to Know**
- 6.30 **Alpine Skiing**
- 7.30 **Cycling: Paris-Nice**
- 8.30 **LIVE Cycling: Six Days Manchester** Coverage of the opening day from the National Cycling Centre in Manchester.
- 10.05 **Cycling: Tirreno-Adriatico**
- 11.10 **Cycling: Paris-Nice**
- 12.10 AM **Cycling: Tirreno-Adriatico**
- 12.55 **to 1.55** AM **Cycling: Paris-Nice**

## Eurosport 2

411 411 865 | 522 | 413 436

- 6.00 AM **Cycling: Tirreno-Adriatico**
- 6.45 **World Superbikes**
- 8.20 **Snooker 147s**
- 8.30 **LIVE Snooker: Gibraltar Open** At Europa Sports Complex.
- 12.55 PM **LIVE Alpine Skiing** The World Cup meeting from Are.
- 2.00 **LIVE Biathlon** The World Cup meeting from Kontiolahti, Finland.
- 3.45 **LIVE Alpine Skiing** The World Cup meeting from Are, Sweden.
- 5.00 **LIVE Ski Jumping** World Cup coverage from Vikersund, Norway.
- 6.15 **LIVE Snooker: Gibraltar Open** At Europa Sports Complex.
- 8.30 **Snooker: Gibraltar Open**
- 9.00 **World Superbikes**
- 10.00 **Biathlon**
- 11.00 **Ski Jumping**
- 12.00 M'T **Alpine Skiing**
- 1.00 AM **Bala Triathlon**
- 2.00 **Hall of Fame –Gymnasts**
- 3.00 **Snooker: Gibraltar Open**
- 5.00 **to 6.00** AM **Cycling: Paris-Nice**

## Sky Sports Arena

408 408 862 | 518 508

- 6.00 AM **Sporting Greats**
- 7.00 **LIVE NRL Canberra Raiders v Gold Coast Titans.**
- 9.00 **Highlights**
- 11.00 **Super League Gold**
- 11.45 **Betfred Super League**
- 12.00 NOON **Live: Inside the NBA**
- 1.00 PM **NBA Heatcheck**
- 2.00 **NBA Classic Games**
- 3.00 **Hooked on Africa**
- 3.30 **Motorsport Mundial**
- 4.00 **Super League Gold**
- 4.45 **Betfred Super League**
- 5.00 **NBA: Boston @ Milwaukee**
- 6.45 **Betfred Super League**
- 7.00 **LIVE Betfred Super League Salford Red Devils v Wigan Warriors.** Kick-off **7.45pm**.
- 10.15 **Super League Gold**
- 10.30 **Betfred Super League**
- 11.00 **NBA: The Warm Up**
- 12.00 M'T **Highlights**
- 2.30 AM **LIVE NBA Los Angeles Clippers v Brooklyn Nets.**
- 5.00 **to 6.00** AM **Sporting Records**

## Sky Sports F1

406 406 860 | 516 506

- 6.45 AM **Vettel In Fiorano**
- 7.00 **F1: The Championship Begins**
- 7.30 **Australian F1 GP Story So Far**
- 8.00 **Small Talk with Lewis Hamilton**
- 8.15 **Vettel In Fiorano**
- 8.30 **Formula 1** Back-to-back action.
- 2.30 PM **Formula 1** As 6.30pm.
- 4.15 **Formula 1** As 8.15pm.
- 6.00 **Australian F1 GP Story So Far**
- 6.30 **Formula 1** The Australian Grand Prix first practice session.
- 8.15 **Formula 1** The Australian Grand Prix second practice session.
- 10.00 **Australian F1 GP Story So Far**
- 10.30 **Small Talk with Lewis Hamilton**
- 10.45 **Formula 1** Back-to-back action.
- 2.45 AM **LIVE Formula 1** Coverage of the Australian Grand Prix third practice session from Albert Park.
- 4.10 **Australian F1 GP Paddock**
- 4.30 **F1 Classic Races**
- 5.00 **to 7.30** AM **LIVE Formula 1** The Australian Grand Prix qualifying session at Albert Park, Melbourne. Start-time **6.00am**.

# Kids' Weekly TV Guide

7-13 March

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

## CBBC

613 613 646 | 701 | 201 | 204 | 607 | 600

**SATURDAY** **7.00am** Arthur **7.15** Shaun the Sheep **7.25** Danger Mouse **7.35** Dennis & Gnasher Unleashed! **7.45** Match of the Day Kickabout New **8.05** The Playlist New **8.25** Newsround **8.30** The Dengineers **9.00** Saturday Mash-Up! New **11.30** Max and Harvey: FOMO New **11.45** Diddy Bits **11.50** Crackerjack! **12.35pm** Dragons: Race to the Edge **12.55** Newsround **1.05** She-Ra **1.25** Almost Never **1.55** Newsround **2.00** The Next Step **2.25** The Dumping Ground **5.45** My Life: Street Dance Sisters **6.15** Deadly Dinosaurs with Steve Backshall **6.40** A Week to Beat the World **7.00** Got What It Takes? **7.35** Crackerjack! **8.20** Nine Minute Ninja **8.30-9.00pm** Horrible Histories

**SUNDAY** As Saturday except: **7.45am** The Zoo **7.55** Odd Squad **8.10** Diddy TV **8.25** The Dog Ate My Homework **9.00** Blue Peter: World Book Day & Six the Musical **9.30** Horrible Histories: Fierce Females New **10.00** Newsround **10.05** Matilda and the Ramsay Bunch **10.20** Match of the Day: Can You Kick It? **10.**The Next Step **11.10** Odd Squad **11.35** Horrible Histories **12.05pm** Newsround **12.10** Deadly 60 **12.40** All Over the Place: UK **1.05** Operation Ouch! **1.35** My Life: Girl Genius **2.05** Newsround **2.10** The Worst Witch **2.40** The Dumping Ground **4.05** Dumping Ground Island **5.00** Nikki Lilly Meets **5.10** The Playlist **5.30** Horrible Histories: Fierce Females **6.05** The Pets Factor **6.30** A Week to Beat the World **6.45** Top Class **7.15** My Perfect Landing **7.40** Almost Never **8.10** The Dumping Ground **8.35-9.00pm** The Next Step

**MONDAY** **7.00am** Arthur **7.15** Dennis & Gnasher Unleashed! **7.25** Danger Mouse **7.40** Newsround **7.45** Boy Girl Dog Cat Mouse Cheese **8.00** Little Big Awesome New **8.15** Newsround **8.20** Hey You What If? New **8.25** Marrying Mum and Dad **8.55** Art Ninja **9.25** A Week to Beat the World **9.40** Millie Inbetween: Access All Areas **10.05** Millie Inbetween **2.10pm** Nine Minute Ninja **2.20** A Week to Beat the World **2.40** Craft Party **2.55** Almost Never **3.20** The Deep **3.45** Shaun the Sheep **3.50** Boy Girl Dog Cat Mouse Cheese **4.00** Newsround **4.10** Little Big Awesome **4.25** Odd Squad **4.35** The Pets Factor **5.00** The Worst Witch New **5.30** Deadly 60 New **6.00** Deadly 60 Bites New **6.05** The Deep **6.25** Operation Ouch! **6.55** Horrible Histories **7.25** Deadly 60 **7.55** Millie Inbetween **8.25** The Worst Witch

**TUESDAY** As Monday except: **11.25am** A Day in the Life of Millie Inbetween **11.55** Millie Inbetween **2.10pm** The Dumping Ground **2.25-2.55** Blue Peter: World Book Day & Six the Musical **5.00** 4 O'Clock Club New **5.30** Horrible Histories: Fierce Females **6.00-6.25** The Deep **6.55** Nine Minute Ninja **7.05** Horrible Histories **7.30** Horrible Histories: Fierce Females **8.05** The Next Step **8.25** 4 O'Clock Club **8.55-9.00pm** Lifebabble

**WEDNESDAY** As Monday except: **9.40am-2.15pm** Millie Inbetween **5.00** The Next Step New **5.25** My Perfect Landing New **5.50** Got What It Takes? New **6.35-6.55** The Pets Factor **7.25** My Perfect Landing **7.50** The Next Step **8.15-9.00pm** Got What It Takes?

**THURSDAY** As Monday except: **9.40am** Millie Inbetween **1.45-2.15pm** Millie Inbetween Specials **5.00** All at Sea **5.30-6.00** Jamie Johnson: The Real Gothia Cup **6.50** Nine Minute Ninja **7.00** Horrible Histories Sport Special **7.30** All at Sea **8.00** The Dumping Ground **8.30** So Awkward Files **8.45-9.00pm** The Dumping Ground

**FRIDAY** As Monday except: **7.35-7.40am** Match of the Day Kickabout: Build-Up New **9.40** Millie Inbetween Specials **10.35** The Dengineers **11.05** Katy **12.35pm** Joe All Alone: The Whole Story **1.50-2.20** The Dengineers **2.50-3.20** Almost Never **5.00** The Dumping Ground New **5.30** Blue Peter: Sport Relief Special New **6.20** Crackerjack! New **7.05** Danny & Mick **7.15** Horrible Histories Scary Special **7.45** Blue Peter: Sport Relief Special **8.30-9.00pm** The Dumping Ground

## CBEEBIES

614 614 647 | 702 | 202 205 | 608 601

My First Festival: Holi

**SATURDAY** **6.00am** Show Me Show Me **6.25** Twirlywoos **6.35** Teletubbies **6.50** Raa Raa the Noisy Lion **7.00** Postman Pat: SDS **7.15** Bing **7.35** Hey Duggee **7.50** Peter Rabbit **8.00** Go Jetters **8.10** Octonauts **8.25** Bitz & Bob **8.35** The Furchester Hotel **8.45** Biggleton **9.00** Something Special: We're All Friends **9.20** CBeebies Three Little Pigs **10.00** Magic Hands **10.15** YolanDa's Band Jam New **10.25** Justin's House **10.50** Andy's Aquatic Adventures **11.05** Grace's Amazing Machines **11.20** Waffle the Wonder Dog **11.45** Topsy and Tim **11.55** Olobob Top **12.00noon** My World Kitchen **12.15pm** Old Jack's Boat: Rockpool Tales **12.30** Sarah & Duck **12.40** Down on the Farm **1.00** Where in the World? **1.15** Our Family **1.25** What's the Big Idea? **1.30** My Pet and Me **1.45** Footy Pups **2.00** Something Special: We're All Friends **2.20** Andy's Baby Animals **2.30** Junk Rescue **2.45** Grace's Amazing Machines **3.00** Bitz & Bob **3.10** CBeebies The Tempest **4.15** The Baby Club **4.30** Magic Hands **4.40** Treasure Champs **4.50** Tinga Tinga Tales **5.00** GiggleQuiz **5.15** Molly and Mack **5.30** Katie Morag **5.45** Sarah & Duck **5.50** Charlie and Lola **6.05** Tee and Mo **6.10** Clangers **6.20** In the Night Garden **6.50-7.00pm** CBeebies Bedtime Stories New

**SUNDAY** As Saturday except: **9.20am** Katie Morag Special **9.50-10.15** Go Jetters **1.25-1.30pm** Dipdap **3.10** Octonauts Specials: Cartoon adventures. **3.35** Go Jetters **4.00-4.10pm** Biggleton

**MONDAY** **6.00am** Show Me Show Me **6.25** Twirlywoos **6.35** Teletubbies **6.50** Timmy Time **7.00** Numberblocks **7.05** Bing **7.20** Hey Duggee **7.35** Bitz & Bob **7.45** Peter Rabbit **8.00** Go Jetters New **8.10** Octonauts **8.20** Biggleton **8.35** Justin's House **9.00** Tee and Mo **9.10** Timmy Time **9.15** Dog Loves Books New **9.20** Bing **9.30** Twirlywoos **9.40** Patchwork Pals **9.45** Something Special: We're All Friends **10.05** Teletubbies **10.20** The Baby Club **10.40** Hey Duggee **10.45** Let's Play **11.05** Let's Go for a Walk New **11.20** Pablo New **11.35** Our Family **11.45** Woolly & Tig **11.50** Tinga Tinga Tales **12.00noon** My World Kitchen **12.15pm** Waffle the Wonder Dog **12.30** Molly and Mack **12.45** Melody **1.00** Furchester Hotel **1.10** Yakka Dee! **1.15** Numberblocks **1.20** Bing **1.30** Twirlywoos **1.45** Something Special **2.05** Teletubbies **2.20** The Baby Club **2.35** Pablo **2.45** Our Family **3.00** Grace's Amazing Machines **3.15** Swashbuckle **3.35** Hey Duggee **3.45** Octonauts **4.00** Love Monster **4.05** Andy's Aquatic Adventures **4.20** NEW My First Festival: Holi **4.35** Peter Rabbit **4.50** Go Jetters **5.00** Gigglebiz **5.15** Waffle the Wonder Dog **5.30** Topsy and Tim **5.45** Moon and Me **6.10** Clangers New **6.20** In the Night Garden **6.50-7.00pm** CBeebies Bedtime Stories

**TUE-FRI** As Monday except: **4.20-4.35pm** Maddie's Do You Know?

## CITV

621 | 734 711 | 203 | 602

**SATURDAY** **6.00am** Dino Dana **6.10** Super 4 **6.35** Robozuna **7.00** Dare Master **7.05** Mr Magoo **7.30** Scrambled! New **7.35** Mighty Mike **7.50** Mr Bean: The Animated Series **8.10** Ben 10 **8.30** Robozuna New **9.05** Craig of the Creek **9.25** The Rubbish World of Dave Spud **9.55** Mr Bean: The Animated Series **10.55** Mr Magoo **11.25** Pokémon: Sun and Moon – Ultra Legends **11.55** Scooby-Doo! Mystery Incorporated **12.55pm** The Powerpuff Girls **3.25** The Rubbish World of Dave Spud **3.55** Mr Bean: The Animated Series **4.55** Mr Magoo **5.30** Mighty Mike **6.00** Pokémon: Sun and Moon – Ultra Legends **6.30** NinjaGo: Rise of the Snakes **7.00** Buck & Buddy New **7.05** Wishfart **7.35** The Bagel and Becky Show **8.00** Spy School **8.25** Drop Dead Weird **8.55-9.00pm** Mission Employable

**SUNDAY** As Saturday except: **8.30-9.05am** Kung Fu Panda: The Paws of Destiny **11.25** Scooby-Doo! Mystery Incorporated **12.55-3.25pm** Kung Fu Panda: The Paws of Destiny **6.00-6.30pm** Robozuna

**MONDAY** **6.00am** Dino Dana **6.25** The Bagel and Becky Show **6.55** Gormiti 3D: The Herald of Gorm **7.25** Hotel Transylvania **7.55** Mr Bean: The Animated Series **8.25** Buck & Buddy New **8.30** Scooby-Doo! Mystery Incorporated **9.00** The Powerpuff Girls **9.25** Mission Employable **9.30** Lego NinjaGo **9.55** Mighty Mike **10.25** Bear Grylls Survival School **10.50** Make It Pop **11.15** The Haunted Hathaways **11.40** Spy School **12.05pm** Thunderbirds Are Go **12.30** Transformers: Robots in Disguise **1.00** Gormiti 3D: The Herald of Gorm **1.25** LEGO Jurassic World: The Legend of Isla Nublar **1.50** Mission Employable **1.55** ToonMarty **2.40** Mighty Mike **3.10** Tom and Jerry **3.30** Scooby-Doo! **4.00** Mr Magoo **4.30** The Powerpuff Girls **5.00** Lego NinjaGo **5.30** Kung Fu Panda: The Paws of Destiny **6.00** Thunderbirds Are Go **6.25** Transformers: Robots in Disguise **6.55** Hotel Transylvania **7.25** Mr Bean: The Animated Series **7.55** Buck & Buddy New **8.00** Make It Pop **8.30-9.00pm** Project Z

**TUESDAY** As Monday except: **4.30-5.00pm** Craig of the Creek

**WEDNESDAY** As Monday except: **9.00-9.25am** Craig of the Creek: Animation. **4.30-5.00pm** Craig of the Creek

**THURS & FRI** As Mon except: **9.00-9.25am** Craig of the Creek **4.30-5.00pm** Craig of the Creek **5.30-6.00pm** The Epic Tales of Captain Underpants

## NICK JR

615 648 | 715 | 484

**SATURDAY** **6.00am** Peppa Pig **7.30** Adventures of Paddington **8.00** Blaze and the Monster Machines **10.00** Ricky Zoom **10.30** Adventures of Paddington **11.00** Ryan's Mystery Playdate **11.30** Mutt & Stuff **12.00noon** Paw Patrol **12.30pm** Peppa Pig **2.00** Paw Patrol **2.30** Adventures of Paddington **3.00** Mutt & Stuff **3.30** Ryan's Mystery Playdate **4.00** Blaze and the Monster Machines **6.00** Paw Patrol **6.30** Abby Hatcher **7.00** Peppa Pig **7.30** The Adventures of Paddington **8.00** Peppa Pig **8.30** Ricky Zoom **9.00** Paw Patrol **12.00m't** Nella the Princess Knight **1.00am** Bubble Guppies **1.30** Team Umizoomi **2.00** Dora the Explorer **2.30** Paw Patrol **4.00** Ryan's Mystery Playdate/Ryan's Sweet Playdate/Ryan's Healthy Playdate **4.30** Top Wing **5.00-6.00am** Paw Patrol

**SUNDAY** As Saturday except: **2.30-3.00pm** Ricky Zoom: Animated fun. **6.00-6.30** The Adventures of Paddington **4.00am** Ryan's Mystery Playdate/Ryan's High-Score Playdate/Ryan's Athletic Playdate **4.30-5.00am** Rusty Rivets

**MONDAY** **6.00am** Blaze and the Monster Machines **6.30** Ricky Zoom **7.00** Peppa Pig **7.30** The Adventures of Paddington New **8.00** Paw Patrol **9.00** Peppa Pig **11.00** Paw Patrol **12.30pm** Peppa Pig **4.30** Adventures of Paddington **5.00** Paw Patrol **5.30** Ricky Zoom **6.00** Blaze and the Monster Machines **6.30** Abby Hatcher **7.00** Peppa Pig **7.30** Adventures of Paddington **8.00** Paw Patrol **8.30** The Adventures of Paddington **9.00** Paw Patrol **12.00m't** Nella the Princess Knight **1.00am** Bubble Guppies **1.30** Team Umizoomi **2.00** Dora the Explorer **2.30** Paw Patrol **4.00** Top Wing **5.00-6.00am** Paw Patrol

**TUESDAY** As Monday except: **9.00-9.30am** Adventures of Paddington **8.30-9.00pm** Ricky Zoom **4.00am** Adventures of Paddington **4.30-5.00am** Rusty Rivets

**WEDNESDAY** As Monday except: **12.00-12.30pm** Adventures of Paddington: Cartoon fun. **8.30-9.00pm** Ricky Zoom

**THURSDAY** As Monday except: **6.00-6.30am** Adventures of Paddington **8.30-9.00pm** Ricky Zoom **4.00am** Adventures of Paddington **4.30-5.00am** Rusty Rivets

**FRIDAY** As Monday except: **10.45-11.00am** Adventures of Paddington: Cartoon fun. **8.30-9.00pm** Ricky Zoom

+1 hour 628

## Highlights

**Horrible Histories: Fierce Females**

*Sunday, CBBC HD, 9.30am*

International Women's Day is marked with a reminder of the ladies whose courage changed the course of history.

**Blue Peter: Sport Relief Special**

*Friday, CBBC HD, 5.30pm*

Richie does a bungee jump, Lindsey tries show jumping, and there is a look at fundraising efforts across the UK.

PHOTOS: COMIC RELIEF

# Coming soon

FIRST LOOK

# Killing Eve

## Jodie Comer and Sandra Oh return in the darkly comic thriller

**Check out these** new shots from the third run of award-winning drama *Killing Eve*, due to start airing on BBC1 later this year.

The series will further explore the twisted relationship between charismatic assassin Villanelle (Jodie Comer) and secret agent Eve (Sandra Oh), who has been on Villanelle's tail but has become dangerously fascinated by her.

Following the shock ending to the last series, which saw Villanelle shoot Eve, the action picks up six months on. Eve appears to have survived and is working in a kitchen while Villanelle has started a new life in Barcelona, plus a wedding is also on the cards.

'Villanelle is trying to find her own way and make her own rules and she has to prove she's ready and capable,' says Comer.

Penned by Suzanne Heathcote, the series will see Dame Harriet Walter, Steve Pemberton and Danny Sapani join the cast.

Jodie Comer as Villanelle and (inset) Sandra Oh as Eve

## WHAT'S NEXT FOR...

### Dawn French

The comedian and actor will play writer Beatrix Potter in Sky One's Christmas drama **The Tail of the Curious Mouse**, which explores an encounter between the author and a six-year-old Roald Dahl.

### Mark Hamill

In Netflix animation **Masters of the Universe: Revelation**, the *Star Wars* legend will voice Skeletor, the nemesis of He-Man (Chris Wood), while Lena Headey is his sinister accomplice Evil-Lyn.

### Jill Halfpenny

Channel 5 drama **The Drowning** sees the actor play a mother who is convinced a teenage boy is her missing son, with terrible results. Jonas Armstrong and Rupert Penry-Jones co-star.

### Coming Back

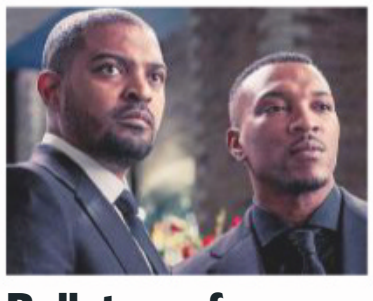
Netflix's comedy drama **Sex Education**, following teen sex guru Otis (Asa Butterfield) and his angst-ridden pals, will return for a third run, filming later this year.

## IN PRODUCTION...

### Line of Duty

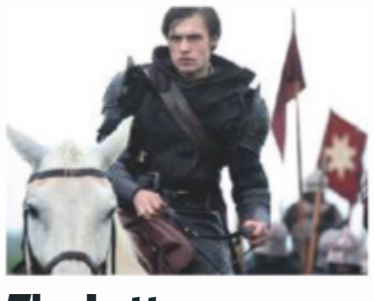
**Filming is underway on the sixth series of Jed Mercurio's BBC1 thriller *Line of Duty*, airing later this year. The new run sees anti-corruption officers Hastings (Adrian Dunbar), Fleming (Vicky McClure) and Arnott (Martin Compston) investigate DCI Joanne Davidson (Kelly Macdonald) over her handling of an unsolved murder case. 'We're honoured that Kelly will join us,' says Mercurio. 'Davidson will prove the most enigmatic adversary AC-12 have faced.'**

## Next week *On sale Tuesday 10 March*



### Bulletproof

Noel Clarke and Ashley Walters' Sky One thriller returns, with Bishop and Pike going uncover.

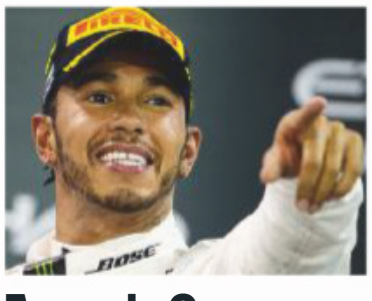


### The Letter for the King

A squire embarks on a perilous mission in Netflix's epic fantasy.

### Penance

Julie Graham heads the cast of Channel 5's dark drama about a family torn apart by grief.



### Formula One

As the new season starts on Sky Sports, can Lewis Hamilton land a record-equalling seventh title?


**Standard Subscription rates** (1 year): UK £125.95, Europe/Eire €289.80, USA $377.95, Rest of World £248. For inquiries, contact TV&Satellite Week Subscriptions on 0330 333 1113, TV&Satellite Week Subscriptions, FREEPOST TI Media, or e-mail help@magazinesdirect.com. If you require any other issue/s of TI Media Limited magazines, these are available for purchase by calling 01795 662976 (Lines open 8am-6pm, Mon-Thu, and 8am-1pm, Fri). Or order online at http://mags-uk.com/browse-by-publisher/ti-media.html

WORDS: CAREN CLARK. PHOTOS: BBC, CHANNEL 5, NETFLIX, PA IMAGES, SKY



**TV&Satellite week**

**TI Media Limited**
**161 Marsh Wall**
**London**
**E14 9AP**

**Tel** 020 3148 5565 **Fax** 020 3148 8115

**E-mail** TV&Satweek@ti-media.com

**For subscriptions inquiries call** 0330 333 1113 **or e-mail** help@magazinesdirect.com



recycle

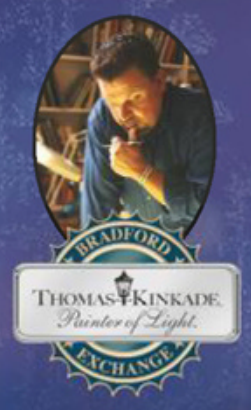
Printed by Walstead UK Ltd



ipso. Regulated

**Editorial Complaints** We work hard to achieve the highest standards of editorial content, and we are committed to complying with the Editors' Code of Practice (https://www.ipso.co.uk/IPSO/cop.html) as enforced by IPSO. If you have a complaint about our editorial content, you can email us at complaints@ti-media.com or write to Complaints Manager, TI Media Limited Legal Department, 161 Marsh Wall, London E14 9AP. Please provide details of the material you are complaining about and explain your complaint by reference to the Editors' Code. We will endeavour to acknowledge your complaint within 5 working days and we aim to correct substantial errors as soon as possible.

# World-premiere treasure features colour-changing lights




## The Thomas Kinkade 'Reflections of Christmas' Colour-Changing Snowman

**Musical!**

It Lights Up!

**Colour-changing lights shine upon the table, mantel or other surface where your snowman is displayed.**

**Shown smaller than actual size of about 8 inches (20.3 cm) in width x 9 inches (22.8 cm) in height. Requires batteries (not included).**

## *Tis The Season To Sparkle!*

This world premiere snowman features a clear glass base that is handcrafted in such a way as to suggest reflective ice. Delightful details abound, including a sculpted artist's resin topcoat and snug scarf, silvery-finished mittens, a gentlemanly top hat also realised in sparkling style, and a Thomas Kinkade-inspired lantern. At the touch of a switch, colourful lights illuminate and alternate in colour, dancing inside the snowman to create a joyful energy, and reflecting upon the surface where he is displayed as well. Attached to his silver-toned mitten, an intricately detailed cascade of silvery, metallic snowflakes appears to fall gently to the ground. What's more, at the touch of a switch this heirloom-quality edition plays a medley of 8 festive favourites.

Lights Change Colour!

**Lights within the genuine crystal change colour!**

### Exceptional value; satisfaction guaranteed

The *'Reflections Of Christmas' Colour-Changing Snowman* is accompanied by a Certificate of Authenticity and our famous 365-day money-back guarantee. It is available for just 4 interest-free instalments of £24.99 – that's only £99.96 (plus £6.99 S&S)*. Pay nothing now – simply complete and return your Priority Order Form today!

© Thomas Kinkade © The Bradford Exchange. * S&S - Shipping & Service. Offer applies to UK only. A credit check may be carried out by a licensed Credit Reference Agency. Our guarantee is in addition to the rights provided to you by consumer protection regulations. 01-28091-701

## FASTEST WAY TO ORDER

**www.bradford.co.uk/colourchangesnowman**

*or call our 24hr hotline on* **0333 003 0019**

*and quote reference code 379705*

## PAY NOTHING NOW

### ORDER FORM

**Please Respond Promptly**

**To: The Bradford Exchange, PO Box 653, Stoke-on-Trent ST4 4RA**

**YES!** Please order __ (Qty) of the **THOMAS KINKADE 'REFLECTIONS OF CHRISTMAS' SNOWMAN** for me as described in this advertisement.

**Complete today or Call 0333 003 0019**

Name (Mr/Mrs/Miss/Ms).....
(PLEASE PRINT)

Address .....

.....

Postcode..... Telephone.....

Mobile .....

Email Address.....

The Bradford Exchange · Since 1973 ·

Applicants must be aged 18 or over. Please note, we may contact you via mail, email and mobile with information about your reservation. For details of our privacy policy, please go to www.bradford.co.uk/privacypolicy or contact us at the above address or phone number.

01-28091-701

**Order Ref:379705**