

DAILY STAR SUNDAY

MARCH 1, 2020

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**THOUGHT
FOR THE DAY**
Boris Johnson's girlfriend
Carrie is pregnant...
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TYSON'S TRIP TO TIP AFTER £30M FIGHT

SEE PAGES 4 & 5



EXCLUSIVE

Paris Fury:
My life with
the champ



Tycoon, 55: My wild fling with Love Isle Megan

EXCLUSIVE

SEE PAGE 11

QUACKERS

Plastic ducks barred from charity race to save planet

EXCLUSIVE

by JOHN WARD

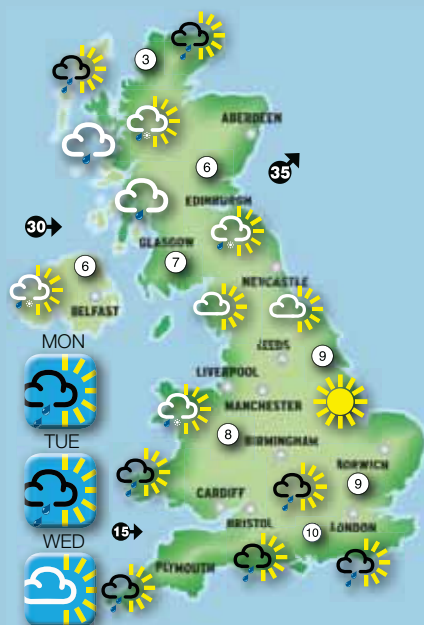
KILLJOY council chiefs have banned a charity plastic duck race – claiming it could damage the environment.

Angry organisers of the family event – which raises thousands for good causes – were told to use lemons

CONTINUED ON PAGE 4



WEATHER



TODAY

A showery day across the UK with the heaviest showers likely across western Scotland, and some hill snow too. Showers should be more scattered in the south, though these showers could merge to form longer spells of rain later.

OUTLOOK

After cloud and rain has cleared the south-east, it will be largely bright tomorrow, with a few scattered showers. Variable cloud on Tuesday, with bands of showery rain crossing the UK.

ABROAD

Bangkok	fair	33	Moscow	snow	0
Barcelona	fair	16	N York	fair	3
Corfu	sunny	14	Nice	cloudy	11
Dublin	cloudy	5	Paris	drizzle	12
L. Angeles	fair	28	Rhodes	fair	13
Majorca	cloudy	15	Rome	fair	15
Miami	sunny	18	Shanghai	cloudy	10

LOTTERY



SATURDAY FEBRUARY 29, 2020
2, 4, 12, 38, 49 BONUS 33

The society raising money through the Health Lottery this month ending February 29, is Health Lottery West Midlands, tackling health inequalities in the West Midlands England

NATIONAL LOTTERY & THUNDERBALL

DUE TO TECHNICAL ISSUES AT NATIONAL LOTTERY THE DRAW WAS DELAYED. PLEASE SEE WEBSITE WWW.NATIONAL-LOTTERY.CO.UK FOR DETAILS

FRIDAY'S EUROMILLIONS

8, 11, 20, 22, 23 LUCKY STARS 3, 4
ONE WINNER OF THE £57.82MILLION JACKPOT

FRIDAY'S UK MILLIONAIRE MAKER
M W H L 0 3 3 5

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NEWSPAPERS
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RECYCLING



The recycled content of UK newspapers in 2009 was 76.2%



Picture: GETTY

CLASH: Greek border

Refugees face tear gas cops

GREEK police fired tear gas at refugees on the border with Turkey yesterday.

Desperate men, women and children are fleeing a deadly attack by Syrian government forces.

But the Turkish authorities insist they have not received enough support in hosting millions of Syrians running from conflict.

Its decision to let the refugees through followed a lethal attack on Turkish soldiers, in which at least 33 soldiers were killed in a bombardment in Idlib, the last Syrian province where rebel groups hold significant territory.

The incident has sparked fears of a major escalation involving Turkey and Syria's military ally, Russia.

Yesterday Greece and Bulgaria – which border Turkey – sent reinforcements to prevent people entering.

Greek police have been using tear gas to deter attempts to cross the border, saying they have already taken more than their fair share of refugees.

Taliban & US treaty

AMERICA and all its NATO allies have agreed to withdraw their troops from Afghanistan in a peace deal with the Taliban.

The signing of the historic agreement in Qatar marks the end of America's longest war.

A joint statement by US and Afghan governments said the pull-out will be within 14 months.

The US invaded the country weeks after the September 2001 attacks by the Afghanistan-based al-Qaeda group.

More than 2,400 US troops have been killed in the conflict; 12,000 are still stationed in the country.

POETRY FOR SAIL

SIR Walter Raleigh's copy of a 16th Century Italian poet's works is tipped to fetch £50,000 at auction in London this month.

NEWS

BREXIT NEGOTIATIONS Tuesday

More than a month since Brexit happened, talks begin with the EU over Britain's future relationship with the bloc.

WE DAY UK

Wednesday / SSE Arena, Wembley

A global initiative to encourage young people to take part in positive social change. Guests include Idris Elba, right, Lewis Hamilton and Laura Whitmore.

SPORT

CRICKET: ENGLAND V WEST INDIES

Today / 8am, Sydney Showground Stadium

England Women's final group stage fixture in the T20 World Cup.

FOOTBALL: PORTSMOUTH V ARSENAL Tomorrow / 7.45pm, Fratton Park

The FA Cup fifth round throws up a potential banana skin for Mikel Arteta's Gunners.

RUGBY L: LEEDS RHINOS V TORONTO

Thursday / 7.45pm, Emerald Headingley Stadium

Toronto Wolfpack will be desperate to end their winless start of the season after four defeats.



TWEET OF THE WEEK



Yorkshire Tea @YorkshireTea
Sue, you're shouting at tea.
Please do look after yourself and try to be kind to others. We're going to mute you now.

Brand addresses punter angry at Rishi Sunak posing with tea.

FUN

CRUFTS DOG SHOW

Thursday to Sunday / NEC, Birmingham

The annual canine extravaganza begins on Thursday. Tickets at crufts.org.uk.

FLORENCE NIGHTINGALE IN 200 OBJECTS, PEOPLE & PLACES

Nightingale Museum, London. Buy tickets now. Opens March 8.

In her bicentenary year, this exhibition will celebrate the nurse's legacy. See florencenightingale.co.uk.

TELLY

LIAR Tomorrow / 9pm, ITV

Get ready for a whodunnit as cops probe the murder of Andrew Earlam in return of hit drama.

INSIDE NO.9 Tomorrow / 10pm, BBC Two

Steve Pemberton and Reece Shearsmith bring us another gripping story. Guest stars this time include Maxine Peake.

LOVE IS BLIND Streaming on Netflix

Singletons date without seeing each other, and don't meet until they're engaged. Addictive show has millions of fans worldwide hooked.

DON'T FORGET

TODAY IT might not feel like it but today is the first day of spring, say meteorologists. Astronomers, however, insist spring will start on March 20. It's also St David's Day.

'MINISTER IS PRITI AWFUL'

Patel's top civil servant quits

A TOP civil servant claimed Priti Patel was part of a "vicious and orchestrated" campaign against him as he quit yesterday.

by **MILO BOYD**
sunday@dailystar.co.uk

Sir Philip Rutnam accused the Home Secretary of lying and of shouting and swearing at staff.

In an extraordinary resignation speech live on TV, Sir Philip promised to sue the Government.

He said: "In the last 10 days I have been the target of a vicious and orchestrated briefing campaign. It has been alleged that I have briefed

the media against the Home Secretary. This, along with many other claims, is completely false.

"The Home Secretary categorically denied any involvement in this campaign to the Cabinet Office. I regret I do not believe her."

Sir Philip, left, who was the Home Office permanent secretary, said he turned down a settlement so he could sue the Home Office for constructive dismissal.

al. His decision to quit comes after Ms Patel, above left, reportedly demanded his removal after he raised concerns about her behaviour.

According to reports, multiple sources in the department have accused her of bullying.

She was also said to have made "illegal" demands, including questioning why police could not use force against Extinction Rebellion protesters.

Ms Patel is also said to have told Sir Philip to fire director of communications Andy Tighe on Christmas Eve. He allegedly refused because of the timing.



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'IT'S A DRAG': Sharon Osbourne: Whit tour's so hollow

SHARON Osbourne has slammed the Whitney Houston hologram tour – and said a drag queen would do a better job.

An Evening With Whitney: The Whitney Houston Hologram Tour began this week in Sheffield.

Promotional clips show live dancers performing alongside a hologram of the singer.

Sharon said: "I just do not like these holograms of people deceased, and whoever is left in the family trying to make money off her back."

She added: "I would rather see a drag act do Whitney than this. Because to me it is spooky."

But Whitney's mum Pat Houston insisted the tour was "an authentic Whitney experience".

She added: "[It will] resonate worldwide because of the iconic status she created over three decades. Fans deserve nothing less".

Ringo is a rail model

RINGO Starr claims that he's to blame for so many foreigners having Scouse accents.

Starr says his voice was mimicked by millions of kids abroad who heard him on Thomas The Tank Engine.

The Beatles drummer believes many people, now in their 30 and 40s, speak with a faux Liverpool accent.

And Ringo feels his time as the voice of cartoon star Thomas inspired a global increase in Scouse accents.

He said: "People held all these kids up to me saying he or she loves Thomas."

"I thought they would all have a Liverpool accent – and some of them did."

RODENT TO RUIN

CAR mechanic Daniel Pattenden, 22, had to fix a Mini Cooper after squirrels put acorns in the exhaust in Duns, Northumberland.



★ **UNLUCKY-in-love** Lucy went looking for romance on *Blind Date* – only to leave lusting for its host.

Fans of the telly favourite may recognise the 23-year-old beauty from London, who landed a match but it was far from happily ever after.

Lucy said: "I loved my time on *Blind Date* but my date didn't take my fancy, I preferred Paul O'Grady."

Stripping back to reveal her green and black lace lingerie for today's page three is certainly one way to boost Lucy's dating options.

Picture: JEANY SAVAGE

Scared By the School

DROPPING KIDS OFF IS ANT'S TOUGHEST TRIAL

TV TOUGH guy Ant Middleton has admitted he finds the school run "stressful as hell".

■ **EXCLUSIVE**
by NATASHA RIGLER

The ex-SBS sniper, 39, has done three tours of Afghanistan yet it is the morning routine that sends his blood pressure soaring.

So the dad of five hauls his children out of bed early and treats it like a military operation, just to beat the strain.

Ant said: "For everyone who has kids, the school run is really stressful. That school run is stressful as hell."

"It's the same with me, so I try to make it a positive experience."

"When my children wake up, I say, 'Don't stress about putting your school uniform on. Don't stress about being five or 10 minutes late."

"I'll tell you what you need to do, you need to get up earlier. Because

guess what, I'm going to get you up earlier."

He added: "I say to my wife, 'Don't make that school run stressful. I won't scream or shout and make it this big drama."

"I send them off to school with a positive mindset, even if that means I have to sacrifice. But guess what, that's what we do as parents. You sacrifice as a parent."

Ant is equally as militant when it comes to teaching his kids manners at home.

The SAS: Who Dares Wins star added: "It's really important as parents that we don't forget the basic in life – manners, respect and Ps and Qs."

"That's all I teach my kids, school can do the rest."

"If I don't hear my son or daughter saying please or thank you, you had better believe that I'm going to pull them on it."

"Also, they must respect their elders."

"Respect them until they show you that they don't deserve your respect."



Bushell ON THE Box
EastEnders Deano's dating Gaffe

SEE PAGE 21

Life's a drag for cigs-free Gaga

LADY Gaga is adamant that she has officially called it quits when it comes to cigarettes.

She once puffed more than 40 a day. But the singer, 33, said: "I quit cold turkey. It was so hard."

Walkout fury at Polanski award

ACTRESSES walked out of an awards ceremony after a director accused of rape won a gong.

Roman Polanski, 86, took a Cesar Award for An Officer And A Spy but did not attend the event in Paris.



BARRED: Plastic duck

Anger over 'quackers' ducks ban

FROM PAGE 1

instead. Elvin Jarvis, one of the charity organisers, said: "We are totally disappointed as we have never lost a duck in all the years of doing the race."

"We have 1,000 ducks and use them to raise extra funds for charity."

"We are now looking to use lemons as an alternative, but we can only use them once then they are going into landfill, so why are we having to cause more waste when we have our ducks?"

Last year, the race and a charity night raised £5,000 for Workington's Boys and Girls' Club in Cumbria.

This year the beneficiary is nearby West House, which supports people with learning disabilities.

But Allerdale Council has banned plastic ducks from its watercourses.

A spokesman said: "If any group or organisation wants to run an event on council-owned land then they can make an application to us and it will be considered. The council is happy to talk to anyone in this position to discuss the details of any proposed event further."

DAILY STAR SUNDAY SAYS - PAGE 6

Star kids in cash Sting

STING has revealed he gives "no financial handouts" to his kids - despite being worth millions.

The Police lead singer said he fully expects his children to "work for themselves", saying he believes it is important to "instill independence".

The 66-year-old, who has six grown-up children, added: "I wouldn't want to rob them of that adventure in life - to make your own living."

"It's a wonderful and difficult thing to do. So I haven't promised them anything. I'll obviously help them if they're in trouble, but they're not waiting for a handout."

SNORING SUCCESS

CHINESE actor Yuansan live-streamed himself to see if he snored and woke to find he had gained 800,000 TikTok followers.

EXCLUSIVE: MY LIFE

'The money's nothing to us ... Tyson took rubbish down tip day after Vegas fight'



CONTENT: Paris at home - with £250 Versace cushions. Inset right, with Tyson on wedding day



AS TYSON FURY'S WIFE



Pictures: ANDY COMBINS

TYSON FURY celebrated his stunning world-title winning performance in Las Vegas by taking the rubbish to the tip.

His doting wife Paris revealed the Gypsy King – who battered heavy-weight rival Deontay Wilder last Sunday to win the WBC belt – has gone straight back to his “normal” life.

Paris, 29, who was speaking after returning home from the bout in Las Vegas, said: “It’s been busy, busy, trying to get back to a normal life while thousands of people are trying to get in touch to congratulate him.

“He’s done the school run, he’s taking the rubbish to the tip and he’s pottered around a bit in the garden.

“It’s all about trying to get back to normality.”

This week the 31-year-old was spotted shopping with his five kids at Home Bargains. He earned around £30million from the Wilder fight.

A fight against fellow Brit Anthony Joshua, 30, could reportedly earn him up to 10 times that.

But Paris said the mind-boggling amounts of money involved will not change them.

She even revealed the couple thought about moving abroad to Marbella or the south of France.

But they are just too happy in Morecambe, Lancs.

Paris said: “He’s 31 now, we’ve always been sensible with money, we’ve invested sensibly.

“We already have X amount in the bank. It’s a funny one, but getting any more isn’t going to change us.

“We have a nice, comfortable life. I don’t pay attention to these crazy figures. What are we going to do with it?

“We’ve looked at footballers’ mansions, but we don’t want to move.

“We talked about moving to Marbella, Cannes, Monaco, but we don’t want to leave home.

“Our friends are here, the kids are settled. Why uproot it all?

She added: “We’ve got everything we need, we know who to call if the washing machine breaks down and if the boiler needs fixing. He even went on at me the other day for buying some

■ **EXCLUSIVE** by PHIL CARDY

sunday@dailystar.co.uk

fancy cushions. He hasn’t changed and we aren’t going to change.”

Paris has urged Tyson to take one final fight and KO rival Joshua – and then hang up his gloves.

Devoted Paris said the clash of the two champions was the match the “whole world wants to see.”

And she hopes afterwards he will retire as the undefeated, undisputed greatest heavyweight in history.

Joshua, 30, currently holds the IBF, IBO, WBA and WBO titles and Paris said: “If they put all the belts on the line it would be such an amazing fight. I’d like him to beat Anthony Joshua and



then stop. I know Tyson has a couple of fights left on his contract.

“Deontay has the option of a rematch and I know Tyson would honour that.

“But the fight he wants, which the whole world wants, is Anthony Joshua. “I’d like him to take that one fight and retire undefeated.

“I wouldn’t like to see him lose his record chasing money or fame.

“He doesn’t need that. He’s already cemented his name in the history books. Tyson wants Joshua. He’s beat Deontay twice now. I know the first

was scored a draw, but we all know Tyson won it really.”

Paris said she did feel anxious when sitting ringside in Vegas – while her hubby was supremely confident.

“Before a fight I get nervous, but he’s really calm, he’s always confident. It’s always ‘when’ he wins, not ‘if’.

“Years ago I managed the nerves better because I knew he was fighting boxers at British or European level and I knew he was elite.

“Now he’s in the ring with supreme boxers and it is a dangerous sport.

“We both know the risks, but it’s what he wants to do.”

Tyson, who sang to Paris in the ring after his victory last weekend, has had a well-publicised battle with depression and drink and drug addiction – with his weight ballooning to 28st.

Paris said he was doing “incredibly well” – but the demons were still there.

She added: “You still see it. He’s had this amazing high, winning the world title in Las Vegas.

“Then he’s coming home on the school run.

“You can see why a lot of celebrities and sports stars suffer depression. You have all the glitz and glamour, but then you go back to being normal.”

Tyson has revealed he came within seconds of killing himself after he was crowned world heavyweight champion for the first time following his fight against Wladimir Klitschko in 2015.

Paris said: “The turning point was when he mentioned suicide. I know he was going to do it.

“But he turned his life around and stuck to it, he didn’t look back.”

Tyson is now one of the favourites for Sports Personality of the Year.

And Paris said when he does retire, Tyson wants to start his own gym and set up a foundation to help others suffering from mental health problems.

She revealed: “He wants to get involved, but he just doesn’t have the time at the moment.

“When he does it he wants to dedicate himself totally, but at the moment he still has his training.

“He’ll never fully retire from boxing. He’ll be looking for lads he can train. It’s a routine he’ll never break.”

**DAILY STAR SUNDAY SAYS
– PAGE 6**

‘We talked about moving to Marbella, Cannes, Monaco, but we don’t want to leave home’



HAPPY FAMILY:
Paris and Tyson
on couch with
their five kids

DAILY STAR SUNDAY Says

Bright side of the web

WE'VE been critical of social media a few times recently.

This modern phenomenon brings with it a lorryload of problems.

So it's heartening to report how Facebook is at the heart of a good news story for a change.

Angela Shannon's life was saved by a total stranger on the internet.

She desperately needed a new kidney for a transplant and put out a plea on Facebook. The story spread and was seen by Michelle Sweeting, who had no connection at all to Angela.

Michelle was a perfect match and selflessly agreed to donate one of her kidneys, despite the risk and the discomfort of surgery.

She did not take a penny, though other messengers demanded up to £70,000 for an organ.

It just goes to show the power of social media – and that it can be a force for good.

Cases like Angela's can be shared far and wide for free. And get the right result very quickly.

As Angela says: "Thanks to the kindness of a stranger on Facebook, I have been given a new chance in life."

Social media's problems remain. It is unaccountable, unlike newspapers like this one. It doesn't have the same restrictions that we do.

And people can hide behind a cloak of anonymity as they pour out poison.

But credit where credit is due. They did a great service for Angela.

Fury's bin top class

HOW great to see Tyson Fury returning to such a normal life after his heroics in Las Vegas.

His wife Paris reveals that the champion was soon taking his kids on the school run and driving rubbish to the tip, just like the rest of us.

Tyson is surely a cert for this year's Sports Personality of the Year award.

Unlike many athletes, he actually has a massive personality.

His frank revelations about his mental health battles make him all the more likeable. As does his rock-solid family life with his loyal wife and five kids.

We're lucky to have him.

Duck's off

WE'RE crying "fowl" on plastic ducks being banned from a charity race.

Organisers say they're doing their bit to save the planet. But it won't make a lot of difference.

In fact, it's just daffy...

Pictures: FERRARI PRESS



Baby Yaounde back in sh-ape

■ by CHARLES WADE-PALMER

A TINY gorilla rejected by her mum at birth has had a new lease of life after being hand-reared.

Adorable Yaounde weighed no more than a bag of sugar when born.

She was unable to cling to her mother 24/7, so staff at Howletts Wild Animal Park near Canterbury, Kent, stepped in.

Now Yaounde can't get enough of her foster parents. A Howletts spokesman said: "Our keepers have done a fantastic job giving this little one the best start in life."

"Because of them Yaounde is fighting fit and carefully being introduced to the group."



FROM UPPER CRUST TO HUMBLE PASTY...

1 Pub classic steak and ale has been voted the nation's No.1 pie, according to research by Jus-Rol.

2 The number of people baked into a pie in Shakespeare's play Titus Andronicus, where Queen Tamora's sons are baked into one and served to her.

4.60 Price in pounds for a pie at Chelsea FC – the most expensive in the Premier League.

8 to 1 The odds offered in 2017 that Sutton goalie Wayne Shaw would eat a pie on camera. The stunt during a match landed him with a fine.

24 stone. Weight of the Victorian keeper William "Fatty" Foulke – the heaviest-ever professional player – who gave rise to the game's chant: "Who ate all the pies?"

35.4 seconds. The time builder Ian Gerrard took to scoop a meat and potato pie to win the title at the recent World Pie Eating Championships held at Harry's Bar in Wallgate, Wigan.

56 % of us prefer chips with our pie to mash, research by Pukka Pies found.

75 % of us eat at least one pie a month.

76 Age of Rolling Stones rocker Keith Richards, who always has shepherd's pie before going on stage.



BRITS

love a tasty baked treat – and tomorrow British Pie Week kicks off, giving us more reason than ever to tuck in. The annual event celebrates our favourite savoury and sweet dishes. But just how much do you know about them? Here JAMES MOORE munches the numbers about our pastry obsession to serve up some brilliant bite-sized figures...

Greggs outlets across Britain, famous for its Steak Bakes.

1995 Year Tony's Pie and Mash eatery was established in East London, a favourite of football legend David Beckham.

2,160 The number of pies the average adult will consume over their lifetime.

3,000 years ago – when experts say that the ancient Egyptians were eating pies filled with dates and figs.

9,000 Number of pies judged since the British Pie Awards started in 2009. This year's event will be held this week in Melton Mowbray, Leics, known as the UK's pork pie capital.

23,237 lb. Weight of the world's largest meat pie, made in Warwickshire in 1998.



17MILLION pounds are spent in Britain on mince pies every Christmas.

165MILLION pounds is splashed out on pork pies across the country annually, according to statistics from Kantar.

1.2BILLION pounds. Our total spend on pies as a nation per year. Yum.

was first recorded in English. The first known recipe for an apple pie came in 1381.

1660 The year a ban on mince pies, introduced by killjoy Oliver Cromwell in 1644, was lifted.

1937 Year that Desperate Dan, of cow pie eating fame, first appeared in the Dandy comic, right.

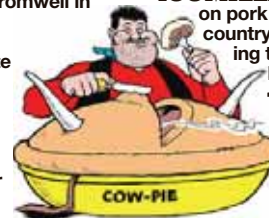
1,953 Number of

91 % of us think they're the ultimate comfort food, according to a survey by Nisa.

872 Calories in Jamie Oliver's recent recipe for a cauliflower cheese pizza pie.

1,024 pounds a slice of the world's most expensive meat pie, left, sold at the Fence Gate Inn in Lancashire in 2005, stuffed with prime Japanese wagyu beef fillet.

1301 Year the word 'pye'





FORLORN: Monique

Party puss spends big day alone

MONIQUE the cat was ready to share her birthday cake - but no one turned up to her party.

The unwanted moggy has been at Battersea Dogs & Cats Home in London for more than 100 days.

Staff had hoped bunting would capture the hearts of visitors who would offer her a new home.

Sadly, Monique celebrated her birthday alone.

A spokesman said: "We hoped that people visiting the cattery would see she was special, ask about her and maybe even offer her a home."

"Sadly they had no such luck, no one showed any interest in her as a potential pet, and she continues to wait here."



IN England in the 1880s, "pants" was considered a dirty word.

It was not said out loud in polite circles, especially in the first half of the century.

Underwear was instead referred to with names like sit-down-upons, nether garments, inexpressibles and unmentionables.

BIRTHDAY CANDLES

LOCALS recreated the 'Two Ronnies' classic 1976 Four Candles sketch to celebrate a 280-year-old hardware store in Milton Keynes.

BOJO'S BABY



LOVED UP: Carrie and Boris. Below, she breaks news



apples_symonds I wouldn't normally post this kind of thing on here but I wanted my friends to find out from me...Many of you already know but for my friends that still don't, we got engaged at the end of last year... and we've got a baby hatching early summer 🍏 Feel incredibly blessed 🥰

PM to wed Carrie after she reveals pregnancy

by **PAUL DONNELLY**
sunday@dailystar.co.uk

BORIS JOHNSON and girlfriend Carrie Symonds revealed they are expecting a baby in the summer and will get married.

On her Instagram page, Carrie, 31, shared an intimate photo of her and the PM and wrote: "I wouldn't normally post this kind of thing on here but I wanted my friends to find out from me."

"Many of you already know but for my friends that still don't, we got engaged at the end of last year... and we've got a baby hatching early summer."

The wedding date has not been announced but it would be the first time in at least 250 years that a prime minister has married while in office.

Johnson, 55, already has four children by his second ex-wife Marina Wheeler - sons Theo and Milo and daughters Lara and Cassia - and a daughter, Stephanie, 10, by Helen MacIntyre.

The PM reached a reported £4million financial agreement with his estranged wife and a judge gave the go-ahead to apply for a divorce order early last month.

This will be Boris' first child by Carrie, who was the Tories' communications director under Theresa May.

A spokesman for the couple said: "The Prime Minister and Miss Symonds are very pleased to announce their engagement and that they are expecting a baby in the early summer."

It is believed Boris and Carrie began dating two years ago when he was still married to his second wife.

The couple made the news in June last year when police were called to her London flat as they rowed loudly.

Since Boris was elected to No.10 in December, Carrie has kept a low profile and she was rarely seen on the election trail.

Bookies have already priced up odds for the baby's name, with Charlotte, James and Winston among favourites. The name Brexit is an outsider at 1000/1.

Meet the children as No.10 gets ready for No.6

BORIS Johnson is known to be the father of five children.

Four of his kids are from his marriage to high-flying barrister Marina Wheeler, who he wed in 1993, and his fifth child is with a

former mistress. Here is what we know of the Prime Minister's kids:

1) Lara Lettice, 26, is the eldest of Mr Johnson's brood and was conceived ahead of her parents' wedding.

Lara, who styles herself with the double-barrelled surname Johnson-Wheeler, is a writer, editor and broadcaster.

After her parents' divorce over her dad's wandering

eye, she was heard calling him a "selfish bastard".

2) Milo Arthur, 24, is the second eldest of the Johnson clan. He was pictured helping his mum clear the family home after she left.

3) Cassie Peaches, 22, is the third of his kids. Like her father she is a writer.

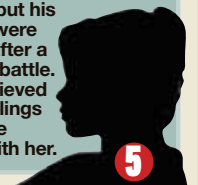
4) Theodore Apollo, 20, is the youngest of Johnson's children with ex-wife

Marina. He went on to attend Cambridge University.

5) Stephanie, born in 2009, was the product of an affair with art advisor Helen MacIntyre.

At first, he denied paternity but his relations were revealed after a 2013 court battle.

It is not believed her elder half-siblings or her father have anything to do with her.



No.1 FOR TELLY + No.1 FOR TELLY



NEW MUM: Clegg

Golden girl Libby back in tot form

DANCING On Ice is helping Libby Clegg gear up for this year's Paralympics.

The sprinter, who is registered blind, will represent Great Britain in Tokyo.

She said: "I had a son 10 months ago and Dancing On Ice has helped me get rid of the last bit of my baby weight."

"It's helping with my joints and muscles, too, which has been fantastic."

"Doing this show has also given me a lot more confidence."

"Before this I was not really in a good place mentally."

"I lost a lot of my assertiveness. But Dancing On Ice has definitely helped me get that back."

Libby, 29, won two gold medals in Rio four years ago.

She added: "Having a little boy has changed my perspective on life."

"I'd love to be back on the podium, but at this point my son is the most important thing."

"As long as he's happy, I'm happy."



Joe's tribute to tragic dad is written in Stars

JOE Swash will perform in honour of his late dad on Dancing On Ice tonight.

The TV star was just 12 when beloved Ricky died from sudden arrhythmic death syndrome.

The tribute will see him perform an emotional skate to Simply Red's hit Stars.

Joe, 38, said: "This song holds a real special part in my heart because it was my mum and dad's song."

"We used to go on these long holidays to France. We used to put the

■ EXCLUSIVE by ED GLEAVE

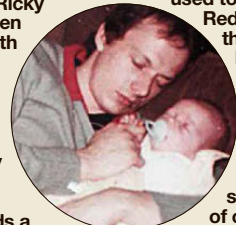
caravan on the back of the car and my mum and dad used to listen to Simply

Red constantly, so that music really brings back memories of childhood."

But he added: "It was played at his funeral. The song has sort of changed."

"Now every time my mum plays it, it brings back sad memories."

"So I want to kind of give it back to her and make a new memory to the song."



CAPRICE ICED OUT OF DANCE FINALE



CLASH: Caprice & Hamish

MODEL Caprice has been banned from the Dancing On Ice final.

After the star, 48, quit the show and publicly slated ITV, she was warned she is "not welcome" to return.

Bosses plan to reunite all of this year's celebrity skaters when the series reaches its climax next Sunday - except Caprice.

A show insider said: "Producers want the final to be a celebration. There is so much planned

EXCLUSIVE

■ by ED GLEAVE

edward.gleave@dailystar.co.uk

for the big night. So the last thing they want is for the focus to be on Caprice. They don't want her there."

"Her exit is not something they want to dwell on. "So everyone will be back apart from her."

Caprice emerged as an early favourite when Dancing On Ice

kicked off in January. But behind the scenes she was clashing with her skating partner Hamish Gaman, 36.

It eventually became so frosty they stopped working together and she pulled out of a live show at the last minute.

Even after she was given a new partner, Caprice was still unhappy and quit the show.

Insiders claimed she was a "diva" behind the scenes.

One said: "There have been a lot of rumours about what went on. Some say Caprice was diffi-

cult and others say Hamish was at fault.

"Either way, execs are keen to move on from the whole thing and focus on the contestants who've worked hard."

Caprice broke her silence last week and claimed ITV fails to offer stars enough support.

She said: "There is no duty of care. It's just thinking about other people, it's just common decency."

ITV sources insisted contestants have access to a psychologist and are offered counselling.

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No.1 TELLY + No.1 FOR TELLY

This week we will mostly be bringing back The Fast Show

90s CLASSIC RETURNS



TOP TELLY: Characters from The Fast Show, which is making a return

CLASSIC comedy The Fast Show is being revived, we can reveal.

The show will return to TV later this year for a one-off special, which will see the cast reunite for the first time in almost a decade.

A telly insider said: "After years of conversations it's finally happening – the gang are getting back together. This is something the fans have wanted for years."

The special, which is to air on a UKTV channel, will feature stars including Paul Whitehouse, 61, John Thomson, 50, and Charlie Higson, 61.

It will be a "celebration" of the show's legacy with new clips and interviews.

TV favourite John last night promised viewers it will be worth the wait.

He told the Daily Star Sunday: "Fans have something to look forward to. There's something in the pipeline."

"I think people want the show back on TV, too. It's stood the test of time. It's all still relevant."

"You can bring the characters back right now and it'll still work."

"It's a show with solid sketch work. It's really funny, and it has really strong characters."

The Fast Show was a hit with viewers throughout the 90s thanks to its wacky sketches and characters. Favourites included pensioner

EXCLUSIVE

by **ED GLEAVE**
edward.gleave@dailystar.co.uk

Unlucky Alf, tailors Ken and Kenneth and presenters on spoof Spanish network Chanel 9, including the late Caroline Aherne, whose weather girl character had the catchphrase "Scorchio!"

It was so successful it spawned spin-off shows and live tours.



John and Paul reunited last week at an anniversary performance of Only Fools and Horses The Musical at Theatre Royal Haymarket in London.

They are set to meet up again alongside co-stars to start work on reviving The Fast Show, and filming is due to start within weeks.

An insider said: "Everyone is really excited to be bringing back such an iconic show."

The cast tried to revive the programme on the BBC last year for its 25th anniversary but bosses refused because of costs.

At the time, John said: "They went to the Beeb with a budget for everything that wasn't extortionate for two half-hours and the powers that be said, 'No'."

"I was very shocked because the demand for a 25th anniversary would be huge."



STYLE: Sky's Paul Merson

Telly sport rivals neck and neck

TV presenters are ditching ties on-screen because their bosses think they are putting off younger viewers.

Sky Sports News hosts did away with them on screen last month.

And the BBC is also now considering whether to follow suit and be less formal.

A source in the BBC sport department said: "There is a big debate ongoing at the moment about whether to wear a tie for sports news."

"Our presenters still do but increasingly reporters are going out in the field and sometimes in the studio with open-neck."

"Sometimes they even dispense with a formal shirt. It's all about trying to make sure we can attract different audiences."

But William Hanson, an expert on manners, warned against it. He said: "A tie conveys authority."

"It shows respect for what you are discussing."

"It won't send people running for the hills."

Corrie star script woe

CORONATION Street star Maureen Lipman sparked panic after her scripts went missing.

The 73-year-old left them in her backpack in a black cab as she travelled to the Corrie studios at Salford's Media City.

Usually the scripts are closely guarded so as not to give away show spoilers.

Maureen's bag was gone for a week before she was finally reunited with it.

But valuables like her iPad, glasses and scripts were nowhere to be seen.

The actress, who plays Evelyn Plummer on the ITV show, said: "A woman called to report that she'd found the backpack in a park in Stockport."

"She told me that the backpack contained no iPad or – gulp – glasses."

"Also it smelled of dog pee, but she hadn't washed it because of DNA traces."

A SPLASHING BASH

A GROOM'S brother jumped into the sea in New Zealand to retrieve his sibling's wedding papers after they blew away.

Dazzler Chez to light up TV final

CHERYL is set to sex-up Saturday night telly with a raunchy performance. We can reveal the pop babe, 36, will thrill fans by taking to the stage in next weekend's final of The Greatest Dancer. A show insider revealed: "Cheryl can't wait to get on stage and remind everyone of her credentials. It's going to be a really special routine."

Chart-topper Paloma Faith is also lined up. The show is on Saturday at 6.30pm on BBC One.

Wardy's WEIRD WORLD

BY JOHN WARD

THE world is full of madcap happenings. Here's my pick of the week's daftest...

SHOW MUST GO ON FOR JOANNA

JOANNA Conner created a Guinness world record by seeing Queen movie Bohemian Rhapsody 108 times.

And she has seen the film a further 291 times at home – that's 645 hours, or 26 days, in total.

Pals in Brisbane, Australia, tried to intervene but she said, "Don't Stop Me Now".



Spy the odd name

THIS guy could be the Mexican 007 James Bond.

The 25-year-old, called Cero Tres – Spanish for 003 – claimed a pizza after winning a

competition to find the weirdest name in Merida, Mexico.

He said: "My parents wanted three children and that's where it comes from."

IT'S TAN-TASTIC

SALON worker Katie McWilliams spray-tanned a world record 113 people in an hour.

I assume the previous record holder was "browned off" after hearing the news come out of Sioux City, Iowa.



Seen something weird?

EMAIL: JOHN.WARD@DAILYSTAR.CO.UK

HUNT FOR THE SURREY SPREADER

Victim becomes first to be infected in UK



by PAUL DONNELLEY
sunday@dailystar.co.uk

A FRANTIC search is on for a mystery coronavirus spreader in Surrey who passed the killer illness to the country's 20th victim.

The hunt comes as fears grow there will be many more cases in the UK.

NHS bosses say a tenth of Britons could be hospitalised by the virus.

Since the Surrey case three more victims have been identified in the UK – one in Gloucestershire, one in Hertfordshire and a third in Berkshire – bringing the total to 23.

Two had recently travelled back from Italy, the other from Asia.

The 20th victim is thought to be a man in his 40s who went to Haslemere Health Centre before being transferred to hospital.

He is the first victim to contract the illness from another person in the UK. Former Health Secretary Jeremy Hunt

confirmed a GP at the centre, now closed, is also showing symptoms.

Schools in the county have been shut after teachers and pupils displayed mild flu-like symptoms.

No-one has died in the UK from the disease so far but a British man in his 70s passed away in Japan, having been quarantined on a cruise liner.

In Liverpool, a guest at the Radisson Blu hotel self-quarantined in their room after falling ill following a Thailand trip.

The virus has hit 59 countries, with more than 2,900 people dead and over 85,000 infected. Yesterday, the first fatality was confirmed in the US, in Washington State.

PM Boris Johnson said stopping a big UK outbreak was his "top priority".



MAKING A SPLASH:
Trekking through floods in East Cowick, Yorks

Floody nightmare as Jorge hits

STORM Jorge swept into the UK as the country suffered the fourth weekend of weather chaos on the trot.

More than 260 flood alerts were put in place, with the most severe warnings being issued in the south west and along the English-Welsh border.

Flooded communities were hit by another deluge of rain and 70mph gusts of wind yesterday,

by JOHN WARD

as the Met Office said it was the wettest February on record.

Storm Ciara, then Storm Dennis and Jorge dumped an average of 202.1mm of rain, beating the February 1990 previous record of 193.4mm.

A man in East Cowick, Yorks, needed waders just to cross the street.



CHAOS: Porthcawl in Wales



WARNING: Sign at Haslemere centre

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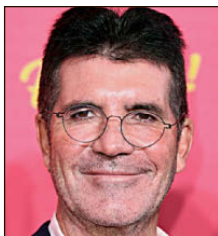
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TELLY TALENT: Simon Cowell: I'll quit shows if they flop

SIMON Cowell says that he will walk away from his hit TV shows the moment they stop unearthing stars.

Cowell is riding high in the US and UK with his Got Talent franchises, but his X Factor ratings plummeted last year.

Asked about retirement, he said: "Yeah, we are getting close I guess...yeah. "I need to keep finding stars as the number one priority.

"If I really felt that we were making these shows and nothing is going to happen to them afterwards then you genuinely have to say: 'Well, I've had 20 great years, it's time to stop'."

Cowell says that creating stars from his shows is his driving force.

And he says that success stories are his way of knowing that the shows are still worth making.

Cowell, who has netted £110million in wages alone from his shows, is close to launching a new US show.

He added: "It's a really different type of one, so I am excited."

Ribbon cat gift of life

A CURIOUS cat almost died after eating 3ft of gift wrapping ribbon.

Hendrick scoffed it while his owners were away.

The three-year-old moggy needed emergency surgery to remove the ribbon but is now on the mend.

Owner Faith Orchard said: "The first thing we saw was a couple of inches of ribbon sticking out of his mouth.

"As I pulled, about half a metre came out, then it wouldn't move any further."

Faith, 29, took Hendrick to the vets, where scans revealed the ribbon lodged in his tummy.

Faith said: "If we'd waited another 12 hours, he probably wouldn't have made it.

"All he has to show for his ordeal is a shaved belly and an impressive scar."

THE LONGEST READ

VOLUNTEERS lined up 31,000 books along corridors for a world record 3.81 miles, linking two schools in Wyandanch, New York.

I'd love to get together with Megan again. She can bring her girlfriend!

— SAYS MILLIONAIRE EX

GLAMOUR GIRL: Meg and, below, with millionaire Paul Chaplin



REALITY star Megan Barton Hanson dated a multi-millionaire 30 years her senior who provided her with a luxury apartment and a £30,000 Land Rover.

Paul Chaplin, 55, today opens up for the first time about his wild, 18-month romance with the bisexual former Love Island contestant.

He says he also treated the ex-stripper, 25, to holidays on private jets, and designer shoes and lingerie worth thousands of pounds.

And though Megan is now dating singer Chelcee Grimes, 27, Paul said: "We could have lunch anytime. She could bring her girlfriend. It would be great."

The entrepreneur said Megan was one of several women he was seeing at the time, but she was his favourite.

Paul says: "I helped Megan with an apartment, I don't know how much it cost. It was a two-bedroom 1,500-square foot apartment."

"I got her a Land Rover Evoque and I would take her shopping whenever we met."

"I don't know how many pairs of Louboutins I bought her and it wasn't just them, it was Jimmy Choos and everything else. When I meet a girl for a date I

EXCLUSIVE
by GRAEME CULLIFORD

always get them a nice dress, a nice pair of heels, Agent Provocateur underwear. It's just nice.

"Megan was lovely and we had lots of fun."

Paul has previously admitted keeping a harem of "hunny bunnies" who he would provide with apartments and cars.

In 2013, he ended up in court when one, Natasha Eustace, 25, refused to return a £300,000 flat in Walton-on-Thames, Surrey, after they split – a case he lost.

He also admits using prostitutes but insists: "I did not pay Megan for sex. Megan was not an escort."

Paul first met her at an adult entertainment awards ceremony in 2017, before she found fame.

At the time the lawyer and tax advisor owned two of the biggest top-shelf companies in the world.

Speaking from his £4.2million mansion in Barnet, north London, Paul revealed: "At some point Meg pinched my bum. I returned the compliment and we were off."

The playboy admits seeing half a dozen women during the year and a half he was with Megan, but she was the one he would treat to holidays on private jets.

He said: "We would go out for dinner and a show. One of our favourite restaurants was Signor Sassi in Knightsbridge."

"We went to Tenerife on holiday and it was fabulous." The pair split in 2018 shortly before Love Island.

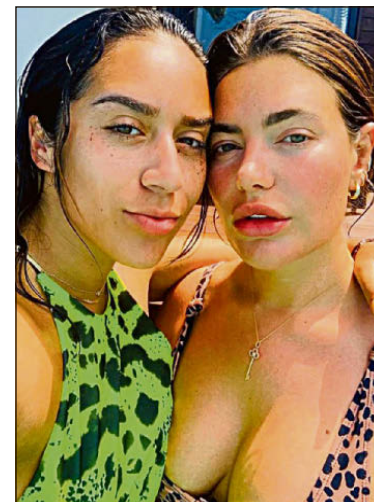
Paul said: "She gave back the apartment. I'm not sure what happened to the car but we are still friends."

Paul was declared bankrupt in 2018 after companies he gave tax advice to – including Glasgow Rangers – got into trouble with HMRC.

It was ruled he failed to pay back creditors almost £16m.

He is now a qualified Cognitive Behavioural Therapy practitioner and just released a self-help book called I Want to Love But: Releasing the Power of You.

The Daily Star Sunday approached Megan for comment.



CLOSE: Megan & girlfriend Chelcee Grimes



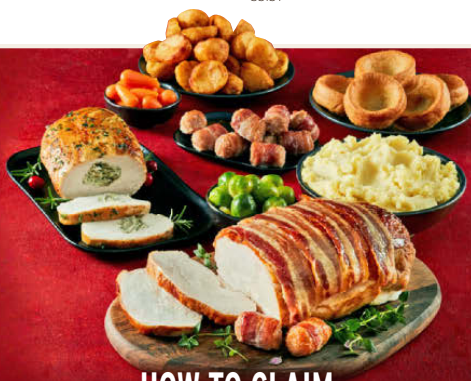
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VIRGO TO MAKE BIG BREAK... FROM UK

SNOOKER legend John Virgo has quit Britain for Spain.

by **JOHN WARD**
john.ward@dailystar.co.uk

The Salford-born veteran, 73, and wife Rosie have moved to the Costa del Sol to ease his health problems.

They told pals they hoped Spain's sunnier climes will relieve pain John suffers from a long-term neck injury.

They are staying in a rented apartment in Fuengirola while their new house is "torn apart and renovated".

The Virgos, who wed in 2010, had been living in Surrey. They sold up on January 6 and moved to Spain two days later.

But the former Big Break star and snooker commentator has not retired. He

will spend his spare time writing his first novel. Virgo retired from snooker in 1995 to concentrate on exhibitions and television work.

He has told of his gambling addiction, and once bought a racehorse called Jokist with a pal. He said: "We paid £6,000 for it, it won three races in succession and someone offered us £40,000."

"I gave my pal £20,000 for his half and kept it. It didn't win another race for 18 months."

LESS PAIN IN SPAIN:
How John may look in Costas



Trend for fashion to go green

ALMOST half of shoppers have vowed to slash their fashion footprint this year.

A study by Samsung Electronics UK has found that 45% plan to buy longer-lasting

clothing to help reduce the environmental impact of fashion.

The study found 24% have pledged to give up cheaply made, low-quality clothing altogether.

It's a spuddy disgrace, Dr

MUCH amusement at the revelation that Donald Trump's former personal physician Dr Ronny Jackson had to hide vegetables in the President's mashed potatoes to ensure he at least ate some, and to try to help him lose weight.

He also hid ice cream from sweet-toothed Trump.

Is it only me who thinks this doctor is beyond contempt for sharing the secrets of his surgery?

Nick Ferrari

TELLING IT LIKE IT IS



Write to me c/o Daily Star Sunday, One Canada Square, London E14 5AP

Troops treated like terrorists

HE'D been a military hero.

Serving with the 1st Battalion of the Royal Highland Fusiliers, he had survived being blown up at least once by the IRA and also served in Iraq.

But a decision by this government to launch yet another investigation into killings during the Troubles in Northern Ireland was to prove too much for Eddie Murphy, and he killed himself.

This is as disgraceful as it is tragic.

Mr Murphy, 50, known by colleagues in the military as "Spud", was one of an increasing number of former soldiers facing distressing inquiries into events that, in some instances, took place more than half a century ago.

Other men who served their country are also preparing to face their ordeals.

It is claimed that statistics now show veterans of the armed forces are 54 times more

likely to be prosecuted than terrorists are. The figures came to light as a legal claim was lodged in the High Court accusing ministers of discrimination against ex-soldiers.

It was started by another former soldier, a great-grandfather suffering kidney failure who is set to face trial

to light. His legal team have argued 3,264 deaths were caused by terrorists during the Troubles, compared with 361 people killed by British military personnel.

However, while six veterans are facing prosecution, there is only one alleged terrorist facing charges.

According to experts, a new Historical Investigations Unit could take at least three years to set up, might run for more than a decade, and would cost in the region of £300million.

Meanwhile, more than 200 IRA suspects connected to around 295 murder investigations have been exempted from any fear of prosecution for more than 20 years.

That's courtesy of the hugely controversial "letters of comfort", which were sent by Tony Blair's government in 1999.

Blair subsequently justified the letters as being crucial to keep the peace accord on track.

That might very well be so - but shouldn't the same level of compassion now be extended to our own military?



UNREST: Troubles-hit Northern Ireland in the 1970s

FORMIDABLE AND FORGIVEN

THERE are so many reasons to cheer Tyson Fury's stunning victory in that world heavy-weight bout last weekend.

It's a Hollywood-style comeback story with a bigger punch than Rocky I, II, III, IV and V put together.

Fury had to battle personal demons as well as his opponent to get there. He's endured mental health problems and descended into a world of drink, drugs and excessive eating. I hope he won't hold this against me, but he was a washed-up, bloated wreck.

Then he decided it was time to shelve the self pity and get back in training and, eventu-

ally, back in the ring. But, here's something else to celebrate about this unlikely success story.

Some years ago Fury, 31, made wholly indefensible remarks about women, homosexuality, paedophiles and abortion and was rightly castigated.

He subsequently apologised and the fact that the eternal gift of forgiveness has been displayed here is uplifting. However, let's ensure it's not reserved solely for champs and winners.



Strip Steel's knighthood

LORD Steel just doesn't get it, does he?

The Independent Inquiry into Child Sexual Abuse has accused Steel, inset, of an "abdication of responsibility" for failing to act on concerns about Liberal party colleague Cyril Smith, who abused scores of boys.

Steel's excuses for a total lack of action included the absurd notion that because the vile acts were committed prior to Steel becoming Liberal leader, he thought he didn't need to do anything.

Rather, he ensured loathsome Smith got a knighthood. Announcing last week that he would quit the Lib Dems, Steel said: "I fear I have been made a proxy for Cyril Smith."

No contrition or expression of regret for the victims he might have been able to spare.

Steel should be stripped of his knighthood.



THAT'S RIGHT CALL, HARRY

THE Duke of Sussex is said to have told delegates at a travel conference to address him solely as "Harry". Seeing as he has effectively turned his back on Queen and country, was there ever likely to be a choice of anything else?

THREE motorists a day are left stranded on those criminally dangerous "smart motorways" waiting for help that takes too long to arrive.

In addition, 38 people have died on them in the last five years. This project must be suspended at once.

TOWER ZERO TOLERANCE

THE Government has set aside £600million to allow builders to strip the type of cladding used at Grenfell Tower from private and public housing developments, yet hundreds of towers still pose a threat as developers refuse to act. They should face huge, instant fines.

WARNING

PANICKED he might try to kill himself, prison bosses could give sex offender Harvey Weinstein special treatment. This is a con by a con and should be ignored.

10-SECOND RANT

Tune in to Nick Ferrari at breakfast every weekday morning from 7am on LBC 97.3FM & DAB



Life was a Beach for horny Tiff

★ CELEBS were sex mad during filming for *Ex On The Beach*, according to Tiffany Pollard. The former *Celebrity Big Brother* star, who will arrive in this week's

episode, said: "I was attracted to a lot of the men. "I was very open about that. Calum and Ashley were definitely cute. They didn't wear shirts, so I was

obviously going to think about sex because of the way they looked." She

added: "There was a lot of hooking up going on. "The house was very sexual. A lot of people were there to hook up or find love." See Tiffany's arrival on Tuesday from 10pm on MTV.



Liar's Laura in line of fire

★ IT looks like Laura Nielson will be the prime suspect when Liar returns.

As this sneak peek shows, the teacher (Joanne Froggatt) is called in by police investigating the murder of rapist Andrew Earham (Ian Gruffudd).

DI Renton (Katherine Kelly) and DS Maxwell (Danny Webb) give her the grilling from hell.

Star Joanne said: "DI Renton is Laura's nemesis.

It's never really felt like the police have been on Laura's side.

"And they are even less so in this new series."

The show is back tomorrow at 9pm on ITV.

ADVERTISING FEATURE

What a novel idea

Small-town scandals are laid bare in JK Rowling's post-Potter tale

Who needs Harry when you've got *The Casual Vacancy* - JK Rowling's first post-Potter project, and also her first foray into adult literature? The novel was such a roaring success, it was made into a thrilling three-part miniseries, first shown in 2015, and you can now revisit it in full on the Drama channel.

Join the characters of Pagford, a seemingly idyllic small town that conceals a feuding community whose questionable morals and actions lead to all-out war when a well liked council member, Barry Fair brother, pops his clogs. With Barry out of the picture, a casual vacancy - ding ding! - arises on the council, leaving three ambitious candidates vying to take his place, save the local community centre from being sold off - and destroy some lives in the process...

Yep, we're not in the wizarding world any more. Instead, Rowling's novel, adapted for the small screen by Sarah Phelps, is a magical melting pot of sex, squalor, lies and greed that makes for one of the most

anticipated British dramas of the past decade.

With a stellar cast including Rory Kinnear and Michael Gambon, this show has everything: mystery, murder, class war fare, teens in crisis and a lingerie store run by the ever-brilliant Keeley Hawes. Seriously, what's not to love about that?

Don't miss episode one tonight at 10pm on



FREEVIEW 20, SKY, VIRGIN, UKTV PLAY

CASUAL CAST

The crème de la crème of TV royalty came together to appear in the adaptation

As the creator of *Harry Potter* - national treasure status thus assured - exec producer JK Rowling had her pick of the finest thespians when casting this adaptation of her novel. Her team duly sought out the acting A-list to take on the roles of the Pagford residents. These included her old pal Michael Gambon, who played Dumbledore in six *Potter* films, Bafta nominees Julia McKenzie and Keeley Hawes, and Emilia Fox, scion of the Fox acting dynasty. Add to that up-and-coming talent in the shape of Abigail Lawrie and you've got one of the most prestigious and promising line-ups in recent TV memory. Now *that's* magic.



Ed
Gleave's

HOT TV

ALL THE TOP
TELLY NEWS

edward.gleave@dailystar.co.uk

Jorgie's got
the hots for
dating show

Picture: LIPSTICK SYNDICATION

FIONA:
Brendan's
axe from
Strictly
is karma**FIONA Phillips thinks Brendan Cole being axed from Strictly was "karma".**

The pair clashed when they were partnered on the show and, years later, they are still not on good terms.

Former GMTV host Fiona admits she didn't like his behaviour behind the scenes.

The presenter said: "Brendan was a real bugger, actually. He wasn't very nice. He was really naughty."

Pro dancer Brendan was dropped from Strictly in 2018 after reportedly clashing with show bosses.

It is also rumoured he didn't get on with other celebrity partners, including singer Lulu.

Fiona added: "He's not on the show

now. Karma indeed. It works its way every time."

Brendan and Fiona failed to impress the judges during their short stint on Strictly.

Their average score was a dismal 15 out of 40.

Mum-of-two Fiona now regrets ever signing up to take part.

She said: "I was really rubbish. I shouldn't have done it."

"I had two really small kids, I was doing breakfast TV and both my parents had Alzh-

eimer's. I just took on too much. I should never have done it."

Fiona has ruled out doing more reality TV in the future, despite regularly getting big-money offers.

She said: "I'm asked to do I'm A Celebrity every year. All those things come round."

"But I don't want to do that stuff. I would never do it. I think dignity is an important thing."

It's been more than a decade since Fiona starred on GMTV.

Since then she's fronted documentaries on topics including budget airlines, pensions and health.

She said: "I like doing shows that hopefully move things forward or bring things to people's attention."

"I like factual stuff. It's a totally different audience to what I've had before. Those shows don't get the same reaction."

She added: "When I did GMTV I was amazed at how much people knew about my life."

"You're in their homes every day, so they remember moments from your life that you might not even remember."

"It was sometimes really personal stuff, but it was really sweet."

JORGIE Porter is up for another stint on *Celebs Go Dating*. The ex-Hollyoaks actress took part in 2017 and had the time of her life. She said: "It was the best job I've ever done. I got paid to live in London and date as many men as possible. You get free meals, you get to pick from a load of fit guys. "I absolutely loved it. If they asked me back I'd definitely do it. Who wouldn't?" "I found it a bit scary when I did it. But I've got a bit more courage now so it'd be great to do it again."

There are things like Stonehenge and the Mary Celeste that have baffled humans for generations. But Jorgie still being single surely has to be an even bigger mystery.

Hear her hosting on the Loose Lips podcast alongside Love Island's Samira Mighty at acast.com/looselips.



ROUGH TIME: Packham Chris 'was bullied just like Greta'

CHRIS Packham says his bullying was probably even worse than Greta Thunberg's as a child.

The wildlife presenter, 58, believes he has more than just a commitment to the environment in common with the Swedish teenage campaigner.

Both Chris and 17-year-old Greta have been diagnosed with Asperger's syndrome - a form of autism.

And bullies have targeted both of them over it.

Chris said: "The bullying thing is what really chimed with me, and in that regard I probably had it worse because of the era I grew up in.

"Bullying from teachers and pupils was part of the parcel of life then, especially in a comprehensive school like mine. You got no sympathy."

The naturalist added: "Greta hid the bullying, but when it came out, she got sympathy."

"My parents had no comprehension, but her parents tried to get help."



YOU'D struggle not to find Charlie the puppy adorable.

The King Charles spaniel, now nine months old, loves to play with his rope toys and snack on Bakers' biscuits.

Owner David Roberts said Charlie has brought life back into the home after his previous dog passed away.

Want to see your animal pal here? Email pets@dailystar.co.uk

GOING BANANAS

CESAR Scanlan, 43, was given a suspended jail sentence for hurling bananas at a shopkeeper in Wellington, New Zealand.

DY-NASTY!

■ EXCLUSIVE by ED GLEAVE

A CATFIGHT has broken out over the Dynasty remake after one of its original stars says she was snubbed by producers.

The US soap opera has been revived after two decades for a new generation of TV fans.

But Stephanie Beacham, 72, is furious she wasn't asked to reprise her role as the original superbitch Sable Colby.

The star is up for recreating her character's iconic rows with rival Alexis Carrington, played by Dame Joan Collins, 86.

Stephanie told the Daily Star Sunday: "I'm not glad about the revival. We should be in it... Joan and I. We are still fabulous. So why aren't we doing it?"

"It would be good to bring back the show with our cast. Joan and I think it would be very good for us to come back."

Dynasty ran for nine series in the 80s and became a massive hit both here and in the US.

The show, which was set in Colorado, turned many of its cast members into global stars. Bosses at US network The CW

Stephanie and Joan 'snubbed' by bosses

decided to cash in by rebooting the show. But they chose to bring in an all-new cast.

It includes ex-Neighbours star Alan Dale, 72, and Desperate Housewives actress Nicollette Sheridan, 56.

Stephanie hasn't watched any of the new episodes, which air here on Netflix.

She said: "I haven't seen it at all. And I'm not tempted to."

Dame Joan has said she won't be watching the reboot either.

She said: "It's on a channel that I don't really get, The CW, so I haven't seen it and I'm not really that interested."



■ GLAMOUR: Stephanie in her 80s role as Sable Colby and, inset, Joan

MONSTER MISTAKE BY FOOTIE CLUBS?

Prem chiefs' energy drinks row



PREMIER League clubs have been accused of using football idols to promote energy drinks - despite plans to ban their sale to children.

Monster Energy has a tie-in with eight top-flight clubs to advertise the high-caffeine, sugary drinks.

The firm's adverts feature on pitch-side boards at Brighton, Crystal Palace, Everton, Leicester City, Southampton, Spurs, Watford and West Ham. Their logos and branding also appear on the clubs' websites.

Monster Energy Original has 55g sugar - 14 teaspoons worth - in a single 500ml can. Meanwhile, Chelsea have a partnership agreement with

■ by DOMINIK LEMANSKI
sunday@dailystar.co.uk

League Cup sponsors Carabao. It sells drinks containing up to 14.9g of sugar, or 3.5tsp, per 330ml can.

The NHS says kids aged seven to 10 should have no more than 24g a day.

Michael Viggars, of the European Healthy Stadia Network, said: "When young fans see their idols endorsing Monster Energy, knowingly or otherwise, this increases their intention to

consume these products. In July, the Government announced that the sale of energy drinks to people aged under 16 is set to be banned."

Most supermarkets have already taken this step. Paul Evans, of the British Obesity Society, said it was

"shocking to see some of the biggest sides in the game encouraging the consumption of energy drinks".

Carabao said: "We have strict internal rules in place to ensure our targeting avoids those under 16. This is why we as a business have always explicitly labelled our products as 'not recommended for children', and we actively do not market to U16s."

Spurs declined to comment. Monster Energy and the other clubs did not respond.





'NO PLANS TO DIE': Ozzy

Rocker Oz still a star of the 70s

OZZY Osbourne never thought he would make it to his seventies.

The legendary Black Sabbath rocker was fired from the band in 1979 for his relationship with drugs and alcohol.

Ozzy, now 71, has also suffered a broken neck and recently revealed he has Parkinson's disease.

And singer-songwriter, who has released a new solo album, admits he would have laughed at anyone who suggested he might live for so long.

Ozzy said: "We're dying from the moment we're born. You don't know when you're gonna go."

"If you'd asked me when I was 25, 'Do you think you'll make it to 71?', I'd have said, 'You must be f***ing joking.' I shouldn't be alive."

He added: "I don't plan on going anytime soon."

Steel son's resort ban

THE hellraising son of former Liberal leader Lord David Steel was booted out of a luxury hotel - aged 53.

Graeme Steel was ejected last week because he was smoking in his room and blasting out music.

Bosses at the plush Macdonald Aviemore Resort in the Cairngorms gave him a warning after "numerous complaints".

Later, Mr Steel posted on Facebook: "Been kicked out. Off to the night club."

The caption, underneath a photo with an elderly man at the venue, added: "Vault night club is for everyone."

Mr Steel is no stranger to controversy. He was jailed in 1995 after being found with 40 cannabis plants.

Eighteen months ago one of his friends, Claire MacCabe, died after she had alcohol and cocaine at his 52nd birthday party.

The latest incident comes as Lord Steel quit the Lib Dems after failing to act on historical child sex abuse claims against former MP Cyril Smith.

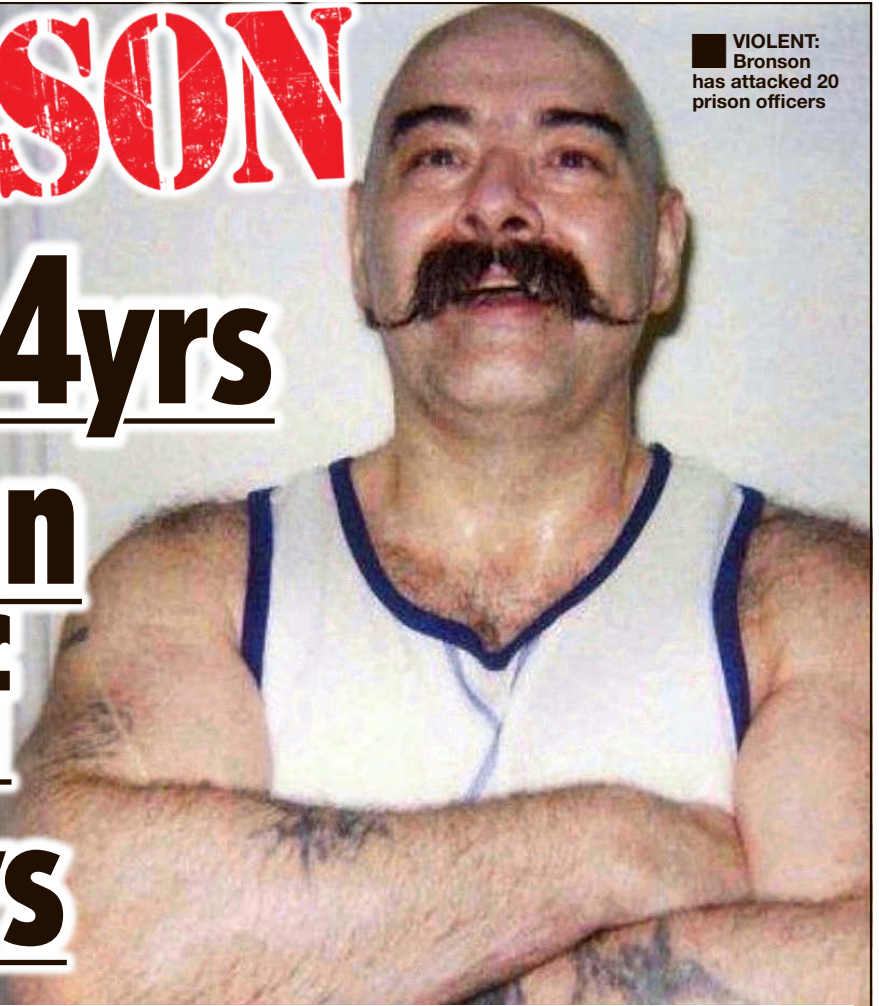
HEAVEN SCENT KIP

SNIFFING your lover's clothing before turning in will give you a better night's sleep, a study by Canadian researchers suggests.

BRONSON

After 44yrs I've seen error of my ways

VIOLENT: Bronson has attacked 20 prison officers



LOCKED UP: Bronson is in HMP Woodhill

BRUTE PLEADS FOR CUSHIER NICK

CHARLES Bronson says he is now a man of peace and should be sent to a cushy jail.

The 67-year-old, dubbed Britain's most violent prisoner, claims he has seen "the error of my ways".

He is now hoping to convince parole officers he is safe enough to eventually be sent to an open jail.

He has spent the last 44 years in prison, more than 20 of them in isolation.

He is currently in HMP Woodhill, near Milton Keynes, Bucks, in a high-security close-supervision centre designed for the most disruptive and dangerous prisoners.

Speaking via his lawyer, Bronson said: "I have seen the error of my ways. I am sick of being behind closed doors and 20ft walls."

"The public need to see and hear that I am no longer a violent man and I have proven it and will continue to."

Bronson's legal team is planning to appeal to the High Court this month in

■ EXCLUSIVE by SEAN RAYMENT
sunday@dailystar.co.uk

a bid to have his next parole hearing held in public. Lead lawyer Dean Kingham said: "He's not been violent for a number of years now."

"He's now at an age where on his account he's recognised the error of his ways and wants to move through the system."

Bronson wants to eventually serve out his time in an open prison where security is far more relaxed.

Mr Kingham added: "One of the options open to the parole board is to recommend him progression to open conditions."

"The parole board can now make a provisional decision for release or recommend someone to open conditions, but the Secretary of State isn't bound by that recommendation."

Bronson also believes that if his parole hearing takes place in public

and is held in a crown court, he will be able to show he is no longer a threat.

The prisoner, originally named Michael Gordon Peterson, was born in Luton, Beds, and indulged in petty crime from a young age.

He joined a gang of robbers at the age of 13 and had several suspended sentences before he was given his first jail term of seven years for armed robbery when he was 22.

His time in jail has been extended many times by episodes of violence behind bars. In total, Bronson has taken hostages in 10 prison sieges and attacked at least 20 prison officers.

He was released in 1987 and began boxing in the East End of London, changing his name to Charles Bronson after the late movie star.

After just 69 days of freedom he was once again jailed for armed robbery in 1988, for seven years.

In 2014, he changed his name to Charles Salvador, after Salvador Dali.

I love romping with the lights on, confesses Dawn

DAWN French says she has "never had an issue" stripping off in front of a partner for sex - and likes romping with the lights on.

The actress, 62, said: "I've never been somebody to have sex with the lights off. I don't mind getting my gear off, I never have."

Dawn insisted she is confident about her body and fed up with people asking about her size.

She added: "I have never done an interview without people talking about my weight. I know this is

■ by SIAN HEWITT
sunday@dailystar.co.uk

what people seem to want. I wish they didn't. It's my shell, that's all it is. Move on.

"When I realised that so many other women I met had such massive problems about weight, I thought, 'Why don't I feel like this?'"

"Why am I not in the same hellish place? Why do I have a little bit of confidence about my body and my sexual presence?" The comedian

puts her self-confidence down to a happy and healthy upbringing - and tried to fill her own daughter with positive vibes.

Dawn said: "All I had was praise, especially from my father."

"He said some stuff that helped me to have a lot of self-esteem."

"I only understood that as I got older. I have had my own teenager and I've

watched the agony of people going through all of this body hatred."

"But if you grow up in a household with me, one thing you are going to know is that there is not going to be any torture about what shape you are."

"If you want to lose a bit of weight, I'll help you with that. I've got nothing against it. If you don't want to, I'm OK with that."





This means lying awake worrying before dawn. We all do this, we just didn't know there was a word for it. It's pronounced like this: oot-key-are-a.

RADIO'S GA-GA...

VOICES from a Christian radio station have been coming from inside a wall in a house in Lockport, Illinois, for six years.

DAN'S BEEN 007 EVEN MORE THAN MOORE



BOND RECORD: Craig

DANIEL Craig will be officially crowned the longest-serving 007 in six weeks time.

The actor, 51, achieves the honour with the release of *No Time To Die* here on April 10.

It means that the Chester-born star has stayed in the tuxedo for 4,893 days – or 13-and-a-half years.

He beats Sir Roger Moore's long-standing record by more than a year.

An LA film source said: "Daniel has broken a number of records playing Bond, as well as bones, but there was definitely a sense of huge pride when executives explained the significance of playing 007 the longest."

EARLYBIRD SAVINGS

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MOTHER'S

'My life stranger

by JACK FALBER
sunday@dailystar.co.uk

A MUM'S life was saved by a stranger who donated a kidney after seeing her desperate plea for help on Facebook.

Angela Shannon's kidneys started to fail shortly after birth and the 43-year-old had her first transplant aged 26.

When years later she started to be plagued with infections, she knew the donated organ was deteriorating.

But with a six-year waiting list for a new kidney, Angela knew she was living on borrowed time.

She set up a Facebook page called Journey To A New Kidney and urged people to help her.

Angela said: "It was an act of sheer desperation."

"I typed, 'I'm looking for a donor kidney, blood type O. If interested, here's who to call'."

"I didn't look at my Facebook for days, I was too nervous, but when I did click the computer back on I found a message from a woman called Michelle Sweeting."

"I was sceptical. Why would a complete stranger want to give me their kidney?"

But Michelle was serious, and her message marked the beginning of a new life for the mum of three.

Angela was born with a re-flux, which damaged her kidneys.

Her first transplant, in 2002, came from her mum, but the average lifespan of a donated kidney is only 12 to 15 years.

Angela said: "Tests in 2012 confirmed that my body was rejecting my mum's kidney. I was living on borrowed time."

"My mum's kidney had given me the chance to raise my children but now I needed a new one to stay alive for them."

By 2015, Angela was forced to start using a wheelchair after months of exhausting dialysis.

She realised she was unlikely to survive the six-year wait for a transplant.

Angela, who is mum to Taylor, 23, Robbie, 20, and Andrew, 17, said: "My heart sank. I knew I wouldn't last that long."

"My husband Paul tried but he wasn't a match. I began to lose all hope."

"Then, one day, I created my own Facebook page to share and document

DONOR'S GIVEN ME ANOTHER CHANCE...

my experience. I was dubious when my transplant co-ordinator suggested I put up a post asking for help, but at this point I had nothing to lose and perhaps everything to gain."

Angela, from Blairgowrie, Perth, received messages demanding £70,000 in exchange for an organ.

But kind Michelle wasn't asking for a penny – and had all the tests that proved she could help.

Michelle said: "I'd watched a documentary about organ donation and decided there and then I was going to give someone my kidney."

"Initially, I was going to help a two-year-old boy, but in the final tests I wasn't a match."

"It was heartbreaking, but I decided to find someone else."

"When I saw that Angela needed a kidney, I checked out her Facebook page and saw that she loved Harry Potter, as I do. It felt like a sign."

"People ask why I would take a risk, but I just think I could get run over by a bus tomorrow, so why wait?"

Two days later Angela's transplant coordinator confirmed Michelle's kidney was a match.

Angela added: "I couldn't believe it. My Facebook post had actually worked."

An official assessment was made to ensure everything was legal.

Then, in January 2017, both women were admitted to hospital and the procedure began.

Surgeons took one of Michelle's kidneys and placed it inside Angela.

Angela said: "After just 10 weeks, I was already feeling the positive effects."

"Eventually, Michelle and I would like to go to Harry Potter World and experience it together. After all, she is now a part of me. Thanks to the kindness of a stranger on Facebook, I have been given a new chance at life."

SAVIOUR: Michelle, left, and Angela

DAILY STAR SUNDAY SAYS
- PAGE 6

JOY AT NEW KIDNEY

was saved by a over Facebook'

BATTLE:
Angela
ahead of the
transplant; far
right, during
dialysis then
five months
after surgery



BEFORE

AFTER

Why lacking in sleep can be pure Hull



TIRED: The
city of Hull

PEOPLE in Hull get the least sleep in Britain, a study has found.

Residents of the city – home to 260,000 bleary-eyed folk – get an average of just five hours and 20 minutes' kip each night.

Meanwhile, those in Leicester were the most sleepy-headed, with an average of six hours and 37 minutes' sleep a night, a nationwide poll found.

by **STIAN ALEXANDER**

Experts recommend adults sleep for seven to nine hours, although former PM Margaret Thatcher got by on four or five hours a night.

A spokesman for Time4Sleep, who commissioned the study, said: "Hull is the most sleep-deprived UK city, averaging only five hours and 20 minutes of sleep each night."

"That's more than one hour less than people in Leicester."

"Despite the fact many consider London – which came second in the 'best sleeper' list – to be the loudest city in the UK, Londoners seem adept at blocking out distractions."

"Ultimately, you need to control what you can control. Excluding exterior light, noise and

other distractions are the first steps to a good night's sleep.

"Add a comfortable bed and fluffy pillows, and you'll sleep just as well as those in the capital do each night."

The poll of 2,000 Britons found that the worst cities for sleep in the UK were as follows:

1. Hull: 5 hours, 20 minutes
2. Belfast: 5hrs, 42 mins
3. Brighton: 5hrs, 48 mins
- Joint 4: Coventry, Cardiff, and Sheffield: 5hrs, 57 mins

While the best sleepers were found to be:

1. Leicester: 6hrs, 37 mins
2. London: 6hrs, 24 mins
3. Glasgow: 6hrs, 15 mins
4. Leeds: 6hrs, 13 mins
5. Manchester: 6hrs, 12mins

| *News of the Snooze:*
Page 22

GARY'S OWN GOAL OVER FERGIE FEUD

GARY Lineker claims Sir Alex Ferguson snubbed his bid to end their feud.

The pair fell out over a BBC film about the ex-Man United boss' son. Gary told Danny Baker: "Let's say we don't get on, we have history. Lots." The Match Of The Day host saw Fergie in a restaurant.

He added: "I went over... I just patted him on his shoulder, said, 'Sir Alex, can I just say lovely to see you'. I put my arm out and he offered his arm and he looked in the opposite direction and he went, 'Aye', and I just kind of stood there."

Give us mental strength

MORE than half of adults would rather be mentally than physically strong.

Six in 10 people cannot "switch off", causing sleep problems for three-quarters of us, a study by vitamin and supplement brand Healthspan has found.

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❤ The Sunday Times

*'Manford, in short,
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👍 The Times

*'Expert observational
comedy'*

❤ The Guardian

*'Manford successfully
straddles the line
between contemporary
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entertainment'*

❤ The Guardian

'Comic gold'

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Droopy is the fall guy



WE knew a dastardly crime had been committed on *Flesh And Blood*, but not by who, to who or why.

Nice widow Vivien had a new fella her charmless kids didn't approve of. In fairness, few blokes look shiftier than Stephen Rea's retired surgeon Mark. He has the best handgrip face since *Droopy*.

This enjoyable tale – *Big Little Lies* meets *Gold Digger* – was unreliably narrated by Viv's nosy and murderous neighbour Mary, who liked sneaking into her house and helping herself to gear, including Mark's *Viagra*.

Poor Mark endured such hostility, being pushed off the balcony must have been a blessed release.

Thought of the week...

Every day is Pancake Day for Marilyn Manson



*I wrote this make-up gag about Barbara Cartland in 1987. Recycled for the environment.

ALPHA and Negan copped off on *The Walking Dead*. Blimey. There hasn't been a coupling of such pure evil on TV since *Speidi*.



DEV lost out on *MasterChef*. Shame. He should have used those hamster cheeks to smuggle in extra spices.

Small joys of TV

BILLY "On behalf of the working classes" Russell at the Palladium (TPTV). Eric Burdon: *Rock 'n' Roll Animal* (BBC4). Meet The Richardsons. *Altered Carbon* (Netflix). *The Shield*, *All 4*.

I'M not saying McDonald & Dodds is poxy, but google the title and the first thing that comes up is a link to STD side-effects.

WHAT does Carol Vorderman look like now? Not like Carol Vorderman, that's for sure.



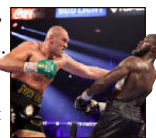
Bushell ON THE BOX

Email me at: garry.bushell@dailystar.co.uk or write c/o Daily Star Sunday, One Canada Square, London E14 5AP



HOT on TV

IMELDA Staunton, *Flesh And Blood*...
Jeri Ryan, *Star Trek: Picard* (AmPrime)
...Inside No.9...
Fury v Wilder, right – just glorious.



ROT on TV



LAST Tango In Halifax, left – now a charmless cha-cha...
The Twi-light Zone – Cack Mirror...
The Split – still sh**.

Random Irritations

BBC reviving *Ready Steady Cook* – why? Is there a TV cooking shortage? Over-long "dramatic" pauses on *MasterChef*. Leave it out you plums, it's not the X Factor final.

Plot sickens



BBC drama boss Piers Wenger, left, defends his string of duff commissions saying the Beeb "need to speak to a contemporary audience".

Trouble is, under him their dramas are struggling to speak to any audience at all. Never mind "woke" casting, BBC adaptations of *The War Of The Worlds*, *The Golden Compass* and *A Christmas Carol* either stank or tanked.

The *Pale Horse* was ruined, *World On Fire* was ridiculous. Even *Dracula*, which started well, was holed by its unnecessary "contemporary" instalment.

Get the plot right and viewers of all ages will come.

Separated at birth

Antoine DuPont

Rodrigo Alves



ONE honed their body to perfection to take on the ultimate challenge – *Celebrity Big Brother*. The other plays rugby.

TV QUESTIONS: WHY do TV news bosses make reporters stand in storms? Do they think we don't know what wind and rain look like?

●WHEN Deontay Wilder chose his ringwalk gear was he channelling *Knight Fight* or auditioning for the *Masked Singer*?

●MEN, if you were arrested by new telly tec Tala Gouveia would you come quietly?



Romeo Deano gets pied off

A RETIRED marine has set a new world record for the longest plank.

For the shortest planks see *Celebs Go Dating*... or, as I like to call it, *When Idiots Collide*.

Step forward Dean Gaffney, the former *EastEnders* star who was frequently out-acted by his dog.

Deano hit the "mixer" like a pound shop Don Juan, impressing almost nobody. Meeting Liver-bird Louise, the nitwit quipped, "Do you like chicken?" in the worst Scouse accent this side of John Bishop.

He told a puzzled woman from Devon, "Get off of my land" in a voice that was more Larry Grayson than Littlehempston. Honestly, Wellard had more sense.

But even when he got "pied off", the Walford *Romeo* just shrugged and said: "Obviously a *Corrie* fan."

This is TV's best dating show. It has Rob Beckett's hilarious voice-over, cringe-making encounters, Olympian levels of delusion and the presence of

Tom Read Wilson, a man who makes Clary sound butch.

Tom was impressed by James Locke, gasping: "I've heard the rumours about Lockie. But by golly, nothing quite prepares you for all that girl in the flesh." Blimey.

Lockie is cockier than a poultry farm, but this was his chance to look sophisticated. Oh dear.

"It's full of fanny in here," he said, like he was auditioning to play Jack Harper from *On The Buses*. Malique

from *Hollyoaks* was as charmless as he was shameless. The female celebs were better value.

Amy Childs may not be the brightest crayon in the pack, but at least she brought a rhyming catchphrase: "If he don't dazzle he won't be seeing my vajazzle."

What would Deano's be? "If I make a pass don't think I'm an arse."

Posh beauty Liv Bentley just wanted "a bit of rough." Will she go from *Made In Chelsea* to *Laid In Essex*?



RIGHT ROYAL SEND-UP FOR PRINCE & CO

THE *Windsors* goes where *The Crown* fears to tread, doing a "Spitting Image" number on royal woes.

Prince Andrew copped it first, with Harry Enfield's Charles calling Epstein "your nonce chum". "I only used to go to his

parties, fly in his jet and stay in his house," protested Andy. "I was never his friend."

The savage comedy was written before Megxit, but foretold it with the young royals at loggerheads.

Harry is portrayed as a yoga-loving drip while a dozy Meghan campaigns against avocados.

Scheming Camilla, their Lady Macbeth, convinced Megs that Kate had written "that nosey Yank should shut her gob" on a banana. (She'd actually told Willis she wasn't wearing pants...)

Could it be better? Only if they could have shot it nearer transmission and made Meghan more ego-driven and grasping.



EMAIL ME AT: [GARRY.BUSHELL@DAILYSTAR.CO.UK](mailto:garry.bushell@dailystar.co.uk)

HEAR MY LATEST RADIO SHOW AT 11PM TUESDAY ON 2ND CITY RADIO

NEWS OF THE SNOOZE



The latest from the land of nod...

CAN Government help improve our sleep? **DR NEIL STANLEY** discusses the launch of a sleep manifesto this week.



A wake-up call for us all

I'VE been invited to attend the Houses of Parliament on Wednesday for the launch of sleep manifesto The Wake Up Call, from The Sleep Council and The Sleep Charity.

It will call on the Government to put sleep on the public health agenda.

Poor sleep has been estimated to cost our economy

approximately 2% of GDP. Scientifically valid advice needs to be widely available.

There are 96 recognised sleep disorders yet most "sleep centres" here only really deal with Obstructive Sleep Apnoea.

We need to improve the training medics receive in diagnosis and treatment of these. I wish the manifesto every success.



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Ghislaine's living in a secret submarine



IN DEEP: Maxwell, inset, could be on a sub. Below, Prince Andrew

ANDREW PAL'S HIDEAWAY

PRINCE Andrew's fugitive pal Ghislaine Maxwell could be hiding beneath the sea in a submarine.

EXCLUSIVE by **AARON TINNEY**
sunday@dailystar.co.uk

The socialite and alleged "madam" for paedophile billionaire Jeffrey Epstein has a licence to pilot "submersible vehicles".

Investigators believe Epstein - who was found dead in jail last year - had a submarine dock built under a temple at his Little St James island in the Caribbean.

The theory comes as pressure mounts on Maxwell, 58, to emerge from hiding to talk to the FBI about claims she procured underage girls for Epstein.

Virginia Roberts, 36, claims she was trafficked to London by Maxwell and forced to have sex with Prince Andrew when she was 17.

Maxwell and the Duke of York, 60, have strongly denied the allegations against them.

A forum on the Epstein scandal shows a diagram of his Little St James temple with water level calculations, which users say prove it is on top of a submarine bay.

It is accompanied by the message: "Ghislaine had a submarine licence. Coincidence, or is she hiding underwa-

ter, right under Jeff's temple?" Others say she could be in any ocean, given her lifelong passion for sea exploration.

The theory has prompted speculation she may be underwater, with one Twitter user posting: "I've heard Ghislaine has a sub licence and there were many levels under Epstein's temple... what a perfect place to hide."

Maxwell spent time in the 1980s on Lady Ghislaine, a yacht owned by her disgraced media mogul dad Robert. He fell overboard and drowned in 1991.

And in a magazine interview, Ghislaine boasted: "I got licences to pilot submarines, pilot helicopters, pilot ROVs and AUVs - remote and tethered vehicles off the back of boats for underwater exploration - and I did lots of technical diving."

Her ex-boyfriend, billionaire Ted Waitt, 57, had a submarine on board his yacht, which Maxwell helped him obtain.

It has also been suggested she may be in an Israeli safe house or is being protected by "powerful friends".



Lew fan's a Brit too loud

A LEWIS Capaldi fan had his stereo taken off him after playing the BRITs winner full blast at 5.30am.

Robert Harrison, 26, was fined more than £1,000 and told to

hand over his hi-fi after playing the hit song Someone You Loved loud enough to produce noise levels of over 40 decibels.

Harrison, of Darlington, Co Durham,

accompanied it with raucous singing.

He was convicted by Newton Wycliffe magistrates of failing to comply with a community protection notice.



THE WETS: Parliament

MPs: Not a dry hand in the House

MPs were left with soggy hands in the Commons for more than six months after a hand towel crisis in the toilets.

Male Parliamentarians were unable to dry their hands in a Palace of Westminster loo because the towel dispenser had gone missing.

Months of ignored complaints finally came to an end this week when it was confirmed a new device had been fitted.

Replying to a question about the lack of action, the MP Pete Wishart said: "Parliamentary Maintenance Services Team has three recorded instances of this roller towel being reported to its Helpdesk."

He added: "This particular roller towel is located in a stainless-steel housing which means our standard roller towels do not fit, so we were unable to resolve the issue on our initial visit and the requests were incorrectly closed. A new modified roller towel has now been installed."

A picture of misery

PHOTOGRAPHS are the main item people regret throwing away.

Old snaps are missed by almost one in five of us - 19% - closely followed by the 18% who wish they had not cleared out their clothes.

An estimated £140-million worth of used clothing goes to landfill in the UK every year, with the fashion industry producing at least 1.2 billion tonnes of carbon emissions.

Bristol is the worst city for buying fast fashion, as 30% of residents admit to binning their clothes to make way for new ones.

The figures were revealed by storage company Stashbee. Co-founder David Mantle said: "We at Stashbee want to help people to make kinder choices to the environment by keeping their treasured belongings for longer."

RE-GRAN-IMATED

KSENIA Didukh, 83, stunned her family by waking up 10 hours after she was declared dead in Stryzhavka, Ukraine.

WEAPONS FOR SALE VIA MESSAGING APP



LETHAL GOODS: Assault rifle and, inset, Semtex

ARMS dealers are shipping bombs and assault rifles used by mass killers to the UK via an encrypted messenger app, a Daily Star Sunday investigation can reveal.

Terrorists can buy the deadly explosive Semtex for just £330.

AK-47s used by Islamic extremists, sub machine guns and even rocket launchers are also being trafficked to our shores.

Our investigators set up a deal with a gun runner after an exchange over the dark web. He asked us to contact him on Telegram - a free phone app that encrypts messages.

Asked if he sold explosives and assault rifles, he replied: "We have all of that. What do you need and how soon?"

He said orders would be shipped to the UK within three days once we'd put in our request.

The shadowy dealer said he had a store in Russia and had clients all over the world including the Middle East and the US.

He sent us pictures of the hardware along with a note bearing a message and the date to prove he wasn't a scammer. They included snaps of an AK-47 and an AR-15 assault rifle. The

■ EXCLUSIVE
by **SCOTT HESKETH** sunday@dailystar.co.uk

AR-15 - designed for the battlefield - was among the weapons used by Stephen Paddock when he opened fire into a festival crowd in Las Vegas, killing 58 people in 2017.

Crazed Adam Lanza also used one when he stormed Sandy Hook school in Connecticut and slaughtered 20 chil-

dren and six staff in December 2012. The Telegram trafficker told us: "A piece costs 550 Euros from Russia and payment is by bitcoin. We do discreet shipping and it comes all at once."

"You don't have any problems. Our connections at the borders are wide."

"It will reach you safely. It's our job for 10 years. We shipped last to the UK in December - AKs and Glock [sub machine guns]." Chillingly, he also re-

vealed that he sold "launchers", grenades and deadly explosives capable of blowing up buildings.

He sent us a picture showing a ball of Semtex - used by IRA terrorists to murder and maim during the Troubles in Northern Ireland.

He said: "All measures are in place to ensure a safe delivery."

Europol special adviser Rik Ferguson said complex encryption and limited identity checks made apps like Telegram attractive to arms gangs.

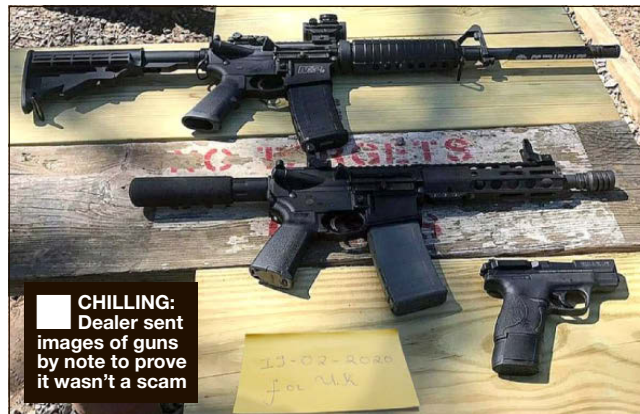
Mr Ferguson, who also leads research at cyber-security firm Trend Micro, added: "Criminals operate increasingly like businesses today, and they need reliable communication tools to get their job done."

"Telegram has become the tool of choice for criminals but it is not the first app to be put to nefarious use."

"Channels such as WhatsApp and Facebook Messenger had their day in the criminal underworld too, so Telegram will likely not be the last."

Telegram said it is engaged in "proactive searches" to find and remove illegal activity on its platform.

The Daily Star Sunday did not purchase any of the weapons offered. Our dossier is available to authorities.



■ CHILLING: Dealer sent images of guns by note to prove it wasn't a scam

Lewis soldiers on for bedtime

AN ARMY air commander has transformed her son's room into a war zone so he can pay respect to battle heroes.

Five-year-old Lewis broke into tears of happiness when mum Kelly Smith showed him his room's completed military makeover.

Arming Loading Point Commander Kelly, 29, needed just £60 and three weeks of hard graft to help Lewis feel closer both to her and fallen heroes.

Kelly, who is serving in 6 Regiment Army Air Corps, said: "Lewis has wanted an army room for over two years. He told me, 'I

■ by CHARLES WADE-PALMER
charles.wadepalmer@dailystar.co.uk

wanted the poppies for the soldiers who died in world wars one and two and so when Mummy's away I can be closer to her".

"He also dreams of being a soldier."

Online donations helped Kelly, inset with Lewis, create the army-themed room, complete with netting, a war mural and even flashing lights to replicate warfare. Kelly, from Leicester, said: "I had a

lot of the stuff at home to start with but was fortunate to be donated a lot of stuff."

Kelly is not the only forces influence in Lewis's life.

Dad Daniel, 32, was an Army communications specialist. And Lewis has great-uncles retired from the RAF and the Navy and uncles still serving.

Kelly added: "I've had issues with Lewis sleep-walking since he could walk, but he's slept in there every single night and we've had no issues at all."



WAR ZONE: Lewis' room

High-wire hell 2,000ft over active volcano

A DAREDEVIL is to undertake a 1,800ft tightrope walk across an active volcano.

Nik Wallenda, 41, will have no safety net to stop him falling 2,000ft into molten lava if he slips while crossing above the Masaya Volcano, Nicaragua, this week.

He said: "I'm facing gases like carbon dioxide, sulphur dioxide and hydrogen sulphide."

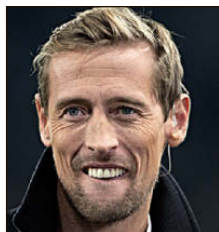
"Not only that, but the heat emitted from the volcano's lava lake could possibly have

■ by MIKE PARKER
in Los Angeles

implications on the wire that I'm walking on." The dad of three added: "This walk is just as much about the mental approach as it is the physical."

"It's impossible to simulate what I will feel when I get to the centre of that wire over the volcano. 'No-one has been out there before.'"

The American's feat will be broadcast live on Wednesday in the USA.



HOTEL JOY: Star Crouch

Crouchie's hit the bar

CHECKING the minibar is the first thing footballers do at hotels, former ace Peter Crouch has revealed.

Clubs try to keep players free of temptation but sometimes forget to empty the minibar.

Crouch, 39, said on his podcast: "That's when you get straight on WhatsApp and go, 'I'm fully loaded' and smash the minibar to pieces."

GONE UNDECIPHER

A MARRIED cop, 28, was jailed for breaking into a detective's home and stealing her knickers and bras in Kulai, Malaysia.

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HOW THESE LOVELIES FOUND

MEL'S SIM



SEE MORE OF MELINDA

She tells all to Sarah Morton in new magazine, which is on sale from Tuesday

Picture: NEW / LORNA ROACH

Melinda
Messenger

YEAR STARTED:
1997
CAREER HIGH: Hosting
Cowboy Builders



FAME AND FORTUNE AFTER LIFE AS A PAGE 3 PIN-UP

IMPLY THE BREAST

by ED GLEAVE

edward.gleave@dailystar.co.uk

GORGEOUS Melinda Messenger is ringing in an incredible 23 years in showbiz...and she owes it all to Page 3.

The Swindon-born beauty, 49, shot to fame as a topless model in 1997.

After becoming a regular in the red-top tabloids, she was able to carve out a career as one of TV's most popular presenters.

Recalling her early days, Melinda said: "I did it because I was offered it.

"I knew I'd never experience anything like it again, so I took the first job with a sense of adventure.

"It was fun, but scary. I started out just before the likes of Nell McAndrew, but the whole thing lasted no more than four months. That's all.

"There was no internet back then and I still can't figure out why I became so popular."

Being a Page 3 girl helped Melinda earn big money.

At the height of her fame she was paid a whopping £25,000 just to pose with a Pot Noodle.

She added: "It was definitely a lucrative career. Back then there was less availability and no internet, and so the money came in."

Melinda went on to host shows including Cowboy Builders and Live From Studio Five, and she's a regular on reality shows.

It's estimated her years in the spotlight have made her a millionaire.

And it's not just Melinda who has used her assets to earn big money.

Katie Price, who was nicknamed Jordan during her years on Page 3, built up a £45million fortune as one of Britain's most talked-about glamour girls.

Landing a spot on I'm A Celebrity...Get Me Out Of Here! turned her into a household name.

She then cashed in with lucrative endorsements, more TV shows and a string of book deals.

Another Page 3 favourite to

earn big is Sam Fox, who went on to become a pop star. Her debut single Touch Me (I Want Your Body) reached No.1 in 17 countries.

Page 3 can also be a gateway to high-profile acting work.

Lucy Pinder, who was discovered by our sister paper the Daily Star, has appeared in a string of horror flicks.

And Linda Lusardi used her profile to become a television actress.

She had roles in shows including Emmerdale, Hollyoaks, Brookside and The Bill.

Kelly Brook has also gone on to big things since first wowing the nation with her sexy look.

Over the years she's had TV and film roles, presented a string of hit programmes and now has her own show on Heart FM.

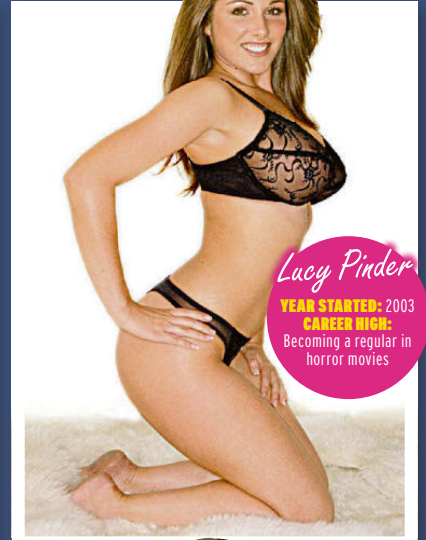
Other Page 3 girls to make it big include Nell McAndrew, Jodie Marsh and Jayne Middlemiss.



Jayne Middlemiss
YEAR STARTED: 1991
CAREER HIGH:
 Presenting Top Of The Pops



Jodie Marsh
YEAR STARTED: 2002
CAREER HIGH:
 Having public spats with Jordan



Lucy Pinder
YEAR STARTED: 2003
CAREER HIGH:
 Becoming a regular in horror movies



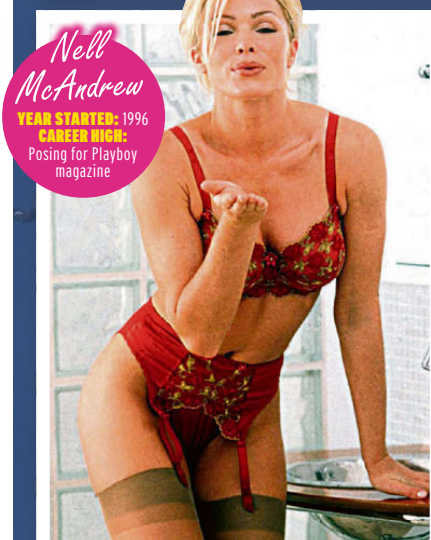
Linda Lusardi
YEAR STARTED: 1976
CAREER HIGH:
 Landing the role of Carrie Nicholls on Emmerdale



Rhian Sugden
YEAR STARTED: 2005
CAREER HIGH: Going into Celebrity Big Brother



Sam Fox
YEAR STARTED: 1983
CAREER HIGH: Having a global hit with Touch Me (I Want Your Body)



Nell McAndrew
YEAR STARTED: 1996
CAREER HIGH:
 Posing for Playboy magazine



Jordan (Katie Price)
YEAR STARTED: 1996
CAREER HIGH:
 Becoming one of Britain's bestselling authors



Kelly Brook
YEAR STARTED: 1997
CAREER HIGH: Being named Sexiest Woman in the World 2005



Escape From Pretoria

ANDY'S RATING: ★★★★★

In cinemas on Friday

THERE have been slicker and starker prison-break movies, but the tension bubbles away nicely in this fascinating true story.

Daniel Radcliffe and Daniel Webber play Tim Jenkin and Stephen Lee – two young anti-apartheid activists who were jailed in South Africa in 1978.

Facing long sentences, the pair decide to become the first inmates to escape from Pretoria's maximum security prison.

Old hand and fellow ANC activist Denis Goldberg (Ian Hart) warns them it won't be easy. No-one has managed to tunnel under the walls, and the guards are itching for a chance to shoot political prisoners.

It's better, he says, to bide their time and wait for the racist regime to fall. But Tim devises a plan to memorise the shapes of the guards' set of 10 keys and make wood copies in the jail workshop.

Only Stephen and Leonard Fontaine (a fictional character played by Mark Leonard Winter) sign up to this scheme.

The dialogue could be sharper and the characters are thinly sketched but director Francis Annan crafts nail-biting moments from clanky doors and fiddly pieces of wood.



NOW SHOWING IN CINEMAS



THE INVISIBLE MAN (15)

Elizabeth Moss is stalked by her abusive invisible ex, in a tense but preposterous thriller.

ANDY'S RATING: ★★★★★

DOWNHILL (15)



ANDY'S RATING: ★★★★★

Will Ferrell plays it mostly straight in this low-key marital drama set in an Austrian ski resort.

DARK WATERS (12A)



ANDY'S RATING: ★★★★★

Mark Ruffalo's fearless lawyer goes after a big bad chemicals company in a gritty true story.

FULL MONTY GURU ON SONG AGAIN WITH Girls AWOL in war-ble zone

IT was the film that put Hot Chocolate back in the charts, put Prince Charles on the dole (if only for a photo opportunity) and sparked a mini-golden age for British comedy.

When Peter Cattaneo's low-budget drama about a gang of saggy-arsed Sheffield strippers became an unlikely global hit, Hollywood dollars began to flow as producers cast their nets for "the next Full Monty".

The first batch of copycat flicks featuring Brits with unlikely hobbies were pretty good. Billy Elliot (working-class boy learns ballet), Calendar Girls (prim ladies go nude modelling) and Kinky Boots (shoe salesman discovers the drag scene) were all box office hits that went on to have second lives on stage.

But over the past decade, the ideas have begun to dry up.

When a gang of seasoned British actors formed an all-male amateur synchronised swimming team in 2018's Swimming With Men, an already low watermark had been breached.

But now Cattaneo is back with another belter. Military Wives may march to some very familiar beats, but it should banish all memories of Rob Brydon in budgie smugglers.

Fans of TV choirmaster Gareth Malone will know all about the Military Wives – a group of soldiers' spouses who packed up their troubles and took up harmonised singing.

This funny, big-hearted tear-jerker takes us to an English military base to tell their origins story.

When the servicemen and women leave for a six-month tour of Helmand province in Afghanistan, someone needs to organise morale-boosting activities for the women they left behind.

As the wife of the newly promoted Regimental Sergeant Major, this honour falls to a reluctant Lisa (Sharon Horgan), a boozy mum who is struggling to raise her mouthy teenage daughter Frankie (India Ria Amarteifio).

Her first idea is to form a knitting/drinking club, but when that unravels she unpacks her old synthesiser and dishes out song sheets.

This piques the interest of tweedy Kate (Kristin Scott Thomas).

As the wife of the highest ranking officer (Greg Wise's colonel), she's supposed to stand apart from the rabble.

But Kate, who is mourning her soldier son, needs a distraction too. "Can we hear the Ts,

please. Enunciate!" she cries, as the women murder Shout by Tears For Fears. As is often the case, the two leads are opposites who gradually find some common ground.

The bickering choirmasters are a great double act, but Cattaneo also gives them space to develop three-dimensional characters.

The minor players have their moments in the spotlight, too.

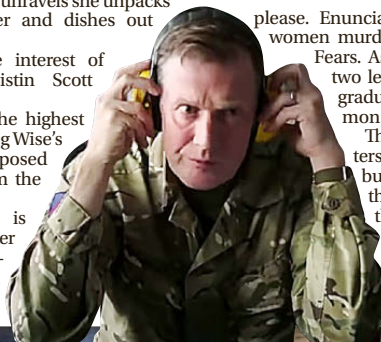
Amy James-Kelly, who plays newlywed Sarah, has a beautifully written scene with Scott Thomas.

Gaby French makes us root for nervous Welsh songbird Jess, and Lara Rossi raises laughs as tone-deaf hairdresser Ruby.

When Jason Flemyng's sergeant, inset left, earns them a spot at a concert at the Royal Albert Hall, the film has its ticking clock.

Will the ladies overcome their differences in time for the big finale? It's predictable but utterly irresistible.

Succumb to its charms and you'll leave the film with a song in your heart and a spring in your step.



SUREFIRE ATTEN-SHUN GRABBER

Military Wives

12A

ANDY'S RATING:



In cinemas on Friday



JOYOUS:
Choir in full
swing. Below,
Scott Thomas
and Greg Wise



ANDY LEA'S THE BIG PICTURE



Onward



ANDY'S RATING:



In cinemas on Friday

IT'S 25 years since Pixar changed the world of animation with Toy Story – the first feature film entirely made on computers.

Onward isn't as revolutionary. The plot is a standard quest, the animation is flawless but forgettable, the fantasy setting is familiar and the hero is a boy wizard.

But there's plenty of Pixar magic in this little charmer.

The movie begins with an announcement: "Long ago, the world was full of wonder." We're then shown a fantasy realm filled with elves, trolls and all manner of fantastical creatures.

But casting spells was hard work. And once they developed smartphones and fast food, magic faded into myth and Middle Earth turned into a bog standard American suburb. It's here that we meet two pointy-eared brothers –

shy 16-year-old Ian (Tom Holland) and Barley (Chris Pratt channelling Jack Black), a boisterous slacker.

The siblings are shaken when Ian receives a letter and a staff from their dead father.

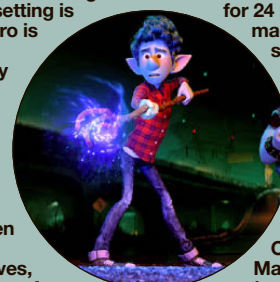
By waving the thing around, Ian will be able to summon up his dad for 24 hours. But the staff's magical gemstone shatters when Pops has only half materialised.

To replace it, the brothers and Dad's legs must embark on a quest.

First stop is a fantasy-themed restaurant where Octavia Spencer's Manticore labours under a strict health and safety policy.

From here, the film turns road movie, filled with chases and sight gags. Like Pixar's best films, this brilliantly written adventure keeps kids and adults under its spell.

The tear-jerking ending could turn grown-ups into babies.



HOME MOVIES

MIDWAY (12)

DOWNLOAD TOMORROW,
DISC MARCH 9

ED Skrein gets the most screen time in this rather dry World War Two movie that restages key battles in America's war in the Pacific. At least the CGI dog-fights are impressive.



ANDY'S RATING: ★★☆☆☆

THE GOOD LIAR (15)

DOWNLOAD TOMORROW, DISC MARCH 16

IT'S almost impossible to describe this tightly coiled thriller without spoiling it. But I'm not giving anything

away by revealing Ian McKellen delivers an acting masterclass as an old cove who woos Helen Mirren's widow.

ANDY'S RATING: ★★★★★



AFTER THE WEDDING (12)

DOWNLOAD AND DISC NOW

POWERHOUSE performances come up against a soapy script in this gender-flipped remake of Susanne Bier's 2006

Danish-language drama. Michelle Williams impresses as Isabel, a charity work who confronts her dark past.

ANDY'S RATING: ★★★★★



HAPPY
BIRD-DAY
ON THE
WILD SIDEI'M 100
TODAYON THE
WILD SIDE

TODAY is
★ my 100th
article so I'll answer a
question I get often: The
rarest birds I have seen in
the UK are lesser yellow-
legs, inset (an American
bird blown off course),
purple heron
and great
egret.

With
Lily
Woods

Blue tit

The cream
of the flock

ONE of the most
common, easily
recognisable and
familiar garden birds in
the UK, it also happens

to be one of our most
beautiful. There are not
many birds with the
striking combination of
bright blue and yellow.

Almost every garden in
Britain has been visited
by these fellows, so let's
give it up for the numer-
ous but beautiful blue tit.

1 For most, a description isn't necessary. They are the only British tit to have blue in their feathers, are about 12cm long and weigh as much as a £2 coin. The male and female are difficult to tell apart, but the male has slightly brighter feathers. Their colours also get brighter with every moult, so older males are the most colourful of all.

2 They have many nicknames, the funniest of which is "Billy biter". They can be very nippy, very aggressive little birds.

3 There are around 15million on our shores now, starting to break up from their winter flocks to find mates.

Blue tits are a very European bird, not being found very far from the continent. Some 99% of British blue tits will never move from the area they are born in. Living

with humans has its drawbacks, as nearly half of the birds are killed by house cats.

4 Blue tits are adaptable and have their own tricks for living alongside people. They started pecking through milk bottle tops to drink the cream in the 1920s and were still pilfering from pintas until recently. At one time, flocks were known to follow milk floats down roads.

5 Milk wasn't the only thing blue tits stole. There are reports of tits stealing and ripping up paper, even sometimes flying in through people's windows to grab their newspapers, wallpaper, calendars, you name it.

6 It's easy to bring tits to your garden, just offer peanuts in a feeder and they will come.

7 They will readily nest in anything with a 2.5cm hole, just big enough for them but too small for other birds. They have been found nesting in letter boxes, lamp posts, even cracks in houses.

**LITTLE
BEAUTY:**
Blue tits are a
frequent visitor
to gardens

**JOKE
BLOKE**

MY wife went into labour and suddenly shouted: "Shouldn't! Wouldn't! Couldn't!" The midwife told me: "Don't worry, they're just contractions."

**BRIAN,
Swindon**

BLOKE asks a man in a pub: "How many times a day do you shave?" Man says: "Well, about 15-20 times every day." Bloke asks: "Blimey, are you some kind of weirdo?" Man says: "No, I'm a barber."

**WAYNE,
via email**

I'LL never forget my grandad's last words to me just before he died: "Are you still holding the ladder?"

**TERRY,
Swindon**

RESEARCHERS have found out humans eat more bananas than monkeys. It's true. I can't remember the last time I ate a monkey.

**DAISY T,
via email**

COSMETIC surgery used to be taboo. Now you talk about Botox and nobody raises an eyebrow.

**ALEX,
via email**

Email your jokes to
sunday@dailystar.co.uk with
the subject 'Jokes'. Or write to:
Joke Bloke, Daily Star Floor
22, One Canada Square
Canary Wharf London E14 5AP



+ GAMES JAMES

IT'S A BORDERLAND BONANZA

IT'S a good week for Borderlands 3 fans, with the developers Gearbox unveiling a series of sizeable updates for the hit looter-shooter, which should keep players entertained from now until the end of the year.

First up, the big news – Borderlands 3 is finally coming to Steam for PC users on March 13, with Epic Games Store's exclusivity deal finally ending.

Better still, it's launching with PC crossplay, meaning you'll be able to add to your Friends List, join co-op parties and play together online, regardless of which PC platform each player is using.

It's also perfect timing with the game's second campaign



add-on, Guns, Love, and Tentacles, dropping on March 26. This new DLC will see players reunite with old friends from the series in a rip-roaring eldritch horror scenario set against the backdrop of a new ice planet. There's also the promise of more weapons, more monsters and yet more

disturbing and occasionally daft backstories.

And if you already bought the Season Pass at launch, you just have to sit back and wait for the update to drop.

In the spring, Mayhem Mode 2.0 will be added, which should provide plenty of replayability for anyone wishing to take the main campaign for a second (harder) spin.

And a small teaser for the game's third campaign promises an outlaw and dinosaurs theme.



**GAMES NEWS
BORDERLANDS 3**

**FRIENDS
UNITED:** It
will be easier to
play online with
pals in future

A Styles icon

★ **HARRY STYLES** now has two solo platinum records to his name.

His **One Direction** bandmates have struggled to match his achievements since going it alone.

He played a show in New York City on Friday to celebrate his success.

Harry also praised fellow artist **Lizzo**, saying: "She has this infectious positivity and is so authentically herself."



Pictures: GETTY



Picture: AVALON

Hailey Beerber

★ **OPENING** a bottle of beer hands-free is how **Hailey Bieber** snared her man **Justin**.

A few years ago the model revealed her party piece on US TV's *The Tonight Show Starring Jimmy Fallon*.

She said: "We did this little party trick where I opened a Corona bottle with my teeth. The next morning - after the interview had aired - I got a certain phone call from a certain someone."

"And it was a little like, 'Hey, how are you? I saw you on Jimmy Fallon last night. You were looking good. I loved that trick that you did, it was so cool!'"

Hailey added: "Cut to now and I'm married to that certain someone."

Beer is the best way to a man's heart.

Lou little star

★ **IT'S** been a long time coming but **Louisa Johnson** is finally feeling like a real pop star.

The former **X Factor** champ wowed fans in her first London headline show at 100 Wardour St this week.

It comes after she released new single *Like I Love Me*.

Overcoming body issues, Louisa said: "I wrote that song when I wasn't feeling great."

"To be able to turn it into a positive is really special."



@Caboots

JAMES CABOOTER'S



BASTILLE

THE LONDON PALLADIUM

★ **TRY** to find a band which does not sound better with an orchestra.

In this unique performance, which raised over £150,000 for War Child as part of BRITs week, each song was like never before.

Together with additional strings, drums and keys, choir solos complemented lead singer **Dan Smith**, bringing more emotion to the group's meaningful anthems.

Death Punch will fight on

BAND'S SOBERING TALE

THEY'RE one of the biggest metal bands in the world, but addiction almost destroyed **Five Finger Death Punch**.

The US rockers released *F8* this week, their first album since frontman **Ivan Moody** returned to the fold after getting sober.

At one point they considered calling it quits but the new music saved them.

Founding guitarist **Zoltan Bathory** explained: "We've had difficult moments, most notably Ivan's addiction. At one point we even thought of ending *Five Finger Death Punch*."

"But Ivan managed to conquer that. *F8* marks a resurrection. It's a real progression. The fans who have followed us for the longest time are getting to know us all over again."

"All the elements are still there, there's our sound. But there's something else, something different, like we've become a different group."

There's a new energy, it's positive and our music is more than varied than before."

The band had to tour with replacement singer **Tommy Vext** when Ivan finally went to rehab after years of erratic behaviour.

"We tried to help Ivan as much as possible but it all depended on his own strength," said Zoltan.

"I couldn't do the work for him. It was like seeing my real brother suffering. At first I couldn't understand."

"When I saw him in a dreadful way I would say, 'Why can't you just stop?'"

"I didn't fully understand addiction. It's a very real sickness. It's hard to kick and everyone's metabolism works differently."

"I became more empathetic and I'm so happy for Ivan. Once



he decided to enter rehab he became a new man. It gave us the stability that we needed."

Fifteen years into their career, if anything the experience has made *FFDP* closer.

The guitarist agreed, saying: "When you go through hard times it makes you stronger."

"We threw all our emotions, as honestly as possible, into the music. There are no outside influences. Ivan has been sober two years."

F8 is out now.

DUA SPARKLES IN MAGIC OF OZ

★ **DUA Lipa**

took centre stage at the 2020 Sydney Gay & Lesbian Mardi Gras Parade on Friday.

Surrounded by swimmers in glitter, the singer watched the celebrations in Australia before headlining the night in roller skates. Dua told her 40million Instagram followers: "What an honour to be here today."



Pictures: GETTY

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TRAVEL ORLANDO BOOM



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Edited by
NIGEL THOMPSON

Contact us at traveldesk@reachplc.com



FREEFALL:
Above, the
needle-like Gyo
Drop Tower; top
right, Goofy at
the new Mickey and
Minnie ride

THRILLS GALORE ON WAY IN FLORIDA'S HIGH-OCTANE RESORT

THINGS move fast in the theme park capital of the world – and that's not just the fantastic rollercoasters.

Orlando never lets its high-octane holiday offering stand still, and for 2020 the thrills, more gentle family-friendly attractions and great hotels will keep on coming.

Here's the pick of the best...

- Mickey and Minnie's Runaway Railway opens at Disney's Hollywood Studios on Wednesday. Riders find themselves on a runaway train in a world where the rules of physics don't apply and the racing rodents are trying to save the day in their sports car.

- Epcot is getting one of the biggest makeovers of any Disney park in history, with standout new summer attractions including Remy's Ratatouille Adventure, shrinking guests to the size of Chef Remy and racing them through Gusteau's restaurant – inset right – and the colossal night-time spectacular HarmonioUS.

- The Bourne Stuntacular is a cutting-edge live-action stunt show based on Universal Pictures' blockbuster Jason Bourne spy films.

It will debut in the spring at Universal Studios Florida. Expect it to "blur the lines

by **NIGEL THOMPSON**

between stage and cinema" in a mash-up of fights, chases and death-defying leaps.

- ICON Park, on International Drive, will welcome two major heart-pumping thrill rides and an interactive museum as I-Drive becomes a destination in itself.

The Orlando Slingshot will catapult guests 450ft into the air and is set to be the world's tallest free-standing drop tower, with riders freefalling at up to 75mph.

As if that's not enough, the Orlando Gyo Drop Tower will reach 400ft, making it the world's tallest free-standing drop tower, with riders freefalling at up to 75mph.

Opening dates for both are to be announced, but when they do maybe don't go on them straight after lunch!

Wind down at the Museum of Illusions Orlando, which is set to open this summer

featuring optical, photographic, holographic and interactive trickery – perfect for selfies.

- Two new hotels stand out. Universal Orlando's 2,050-room Dockside Inn and Suites opens on March 17.

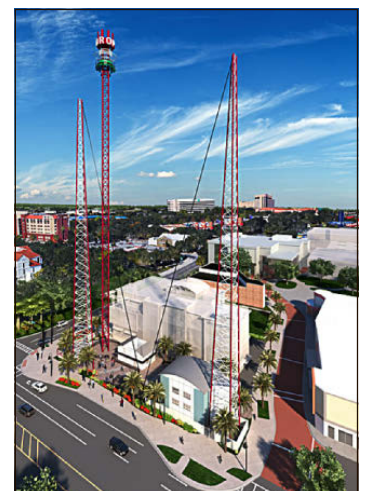
Coastal-themed, it offers great value close to the action, with rooms from \$79 a night.

JW Marriott Orlando Bonnet Creek Resort opens the same day and offers 516 rooms, a spa and a rooftop terrace with nightly views of the theme park fireworks shows. Room rates to be announced.

- Shoppers won't miss out either – two malls will be upgraded in 2020.

Pointe Orlando will get a \$32million makeover by summer, while Orlando Vineland Premium Outlets gets a reimagined food hall, enhanced wi-fi and more by December.

For more information and inspiration on the destination, see visitorlando.com.



UPWARDLY MOBILE: Orlando Slingshot

» Turn over to go eco-skiing by rail to the Austrian Tirol + bag a Mother's Day getaway + check out the latest Room Review

Mother's Day getaway

■ by VICKY LISSAMAN

Sexy spa from £350ppn: R&R can be found at Brimstone Hotel and Spa in Langdale in the Lake District.

There is a pool, chill-out areas and Pure Alchemy treatments.

Suites have balconies, wood-burning stoves and feature-bathing.



Includes breakfast. See brimstonehotel.co.uk.

Paddle to the pub for £29pp: Make a toast to mum during a Paddle To The Pub trip on the Beaulieu River with New Forest Activities.

This guided canoe trip passes through the Beaulieu River Nature Reserve before stopping at the Master Builder's pub at Buckler's Hard (food and drink not included; table reservations required). £29 adult, £16 child. Head to thenewforest.co.uk.

Tea in the valley from £26pp: Llangoed Hall is an elegant country house hotel in the Wye Valley.

Guests are treated to finger sandwiches, scones and pastisseries with fruit preserve and clotted cream.

Champagne or gin and tonic upgrades are £36pp. Go to llangoedhall.co.uk; 01874 754525.



Give her a break for £339: Take mum to the Old Armoury Barn in Ashburton, Dartmoor National Park, Devon. Sleeps four. Three nights from March 20. See helpfulholidays.co.uk; 01647 433593.

● Prices correct at time of publication.

TRAVEL

Party to

GO GREEN AND GET APRES-SKI VIBES ON THE ALPEN EXPRESS



STUNNING: Austria's SkiWelt. Above, The Alpen Express. Inset below, our Paul on slopes



THE bar is open, the music pumping and the apres ski vibe is in full effect, which is all rather odd because I haven't even made it to the mountains yet.

I am in the pub car aboard the Alpen Express, the most eco-friendly way to get to the Alps.

Skiers wary of their carbon footprint will be stunned to learn up to two-thirds of all emissions associated with the sport are created by travel to the mountains.

So hopping on a train can help reduce pollution, as rail travel releases 10 times fewer emissions than flying and 20 times less than driving.

Plus, on the Alpen Express, you can have a beer, a boogie and a kip along the way.

My journey began on a Friday in January aboard the 11am Eurostar from London St Pancras to Amsterdam, where I picked up the Alpen Express sleeper service at 7pm that evening. The Express

■ by PAUL RHODES

route starts in The Hague and loops through Amsterdam, Utrecht, Eindhoven and Cologne before powering through the night to the Austrian Tirol.

There are stops at resorts including Kitzbuhel, Zell Am See, St Anton and, my destination, the SkiWelt.

The train is comfortable and fellow travellers are in good cheer.

Hence the party atmosphere in the pub car, although I could escape the oompah-inspired dance music in my overnight berth.

A six-bed couchette might be a bit of a squeeze for half a dozen adults and their gear, but a family with a few young ones would surely enjoy the cosy cabin. I had a

slightly broken sleep, waking when the train occasionally stopped in the night, but was raring to go when I arrived in Wörgl at 8am the next morning.

From there, it was just a 10-minute taxi ride to my hotel in Hopfgarten, one of the SkiWelt's eight main villages.

The SkiWelt is a mammoth area, with 90 lifts that carry skiers to 284km of pistes.

The majority of these are split between blues and reds, with just 36km of black runs, so the area is well suited to one-week-a-season skiers who want to look good zipping down intermediate groomers.

As 229km of those runs can be topped up with man-made snow, decent conditions are virtually guaranteed, despite the area's low altitude. The highest peak

is just 1829m. And like the Alpen Express, the SkiWelt is keen to promote its green credentials.

All of its energy is eco-friendly hydro-power produced locally, the water used in its chemical-free snow-making is of drinking quality and taken from local Alpine rivers and lakes, where it melts back in the spring.

Heat recovery systems transfer warmth created from the running of its modern lifts to the area's mountain restaurants and bars. The SkiWelt also installed the world's first solar-powered lift in 2008.

Arriving in Hopfgarten, I checked in to the stylish Hohe Salve Sportresort hotel, which has a magnificent, heated indoor/outdoor pool and spa with saunas that are very inviting after a day on the slopes.

Even better, the hotel is right across from the ski hire shop and the lifts, so I dropped off my bags and hit the slopes right away. Two high-speed gondolas had me at the top of the Hohe Salve in



Cruise News

The Magnificent Seven set sail to launch flagship

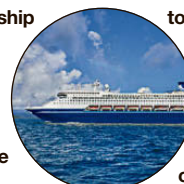
CRUISE & Maritime Voyages' fleet of seven ships will star in a Dutch treat next year. They will assemble in Rotterdam on August 28, 2021, for a parade and regatta to celebrate the debut of new vessels Amy Johnson and Ida Pfeiffer. The event will also

by **NIGEL THOMPSON**

mark the 25th anniversary of the cruise port and CMV's ships will sail in convoy up and down the Maas River for 28 nautical miles.

Leading the way will be Marco Polo, CMV's first vessel,

followed by new flagship Amy Johnson, Magellan, Columbus, Astor, Vasco da Gama and Ida Pfeiffer. A CMV spokesman said: "This unique maritime celebration will bring



together over 8,000 cruise passengers." The summer programme is now on sale, with early booking incentives including BOGOF deals. Go to cruiseandmaritime.com.

the piste!



THRILLS: Skiers can try Söll's floodlit runs at night

minutes. From there, the ski options are many. But the easiest way to see the sights is to follow the orange or green SkiWelt Tour signs at the top of every lift.

These will send you on a magical journey, taking in runs above all eight mountain villages – Söll, Westendorf, Ellmau, Going, Scheffau, Itter, Brixen im Thale and Hopfgarten.

Of all the areas, Westendorf was the prettiest, with its myriad reds a pleasure to navigate. The Bergrestaurant Talkaser is a great spot for lunch, with traditional Tirolean fare.

Try the Käsespätzle, an Austrian mac and cheese; Gröstl, fried potatoes and bacon with a fried egg on top; and Kaspressknödel, Tirolean cheese dumplings.

Diners will be glad to know they do serve salad to cut through all the meat, cheese and carbs.

For dessert, go for Kaiserschmarrn – cut-up sugared pancakes served with hot apple sauce, although the best spot

for this sweet treat is Aualm in Söll. For the best mountain views, book a full-service table at the rotating restaurant at the Gipfelalm Hohe Salve, above Hopfgarten, or a table in the KaiserLounge above Ellmau.

The skiing here need not stop when the sun goes down. Söll has a section of floodlit pistes that open again at 6.30pm from Wednesdays to Saturdays.

Ripping up fresh corduroy under a clear, crisp night sky was almost as intoxicating as a shot of the local schnapps. These can be had at the end of the evening at the Moonlight Bar, at the bottom of Söll's floodlit runs.

It is the place to go in the village, and only a five-minute taxi from my hotel in Hopfgarten, for a spot of Austria's legendary apres ski. There, they serve schnapps with local pear in the glass.

The schnapps, along with an excellent day and evening of skiing, certainly had me dancing in the moonlight.



FactFile

ALPEN Express tickets from Amsterdam to Austria start at around £76 one-way, see railtravelshop.com. Eurostar tickets from London St Pancras to Amsterdam start at £35 one-way; eurostar.com.

Rooms at the Hohe Salve Sportresort start at around £135ppn in winter. hohesalve.at/en. A four-day SkiWelt Ski Pass costs from around £137 per person; tickets.skiwelt.at/en/.

Single night skiing pass in Söll costs around £23 per person; nachtski.at.

Ski set hire starts from around £11 a day; intersportrent.at/en. For tourist information see skiwelt.at/en and austria.info/en.



Room Review

THE GYLE, LONDON



Location: TAKING up a townhouse just three minutes from King's Cross and St Pancras stations, The Gyle brings a touch of luxury to a stopover.

With St Pancras' links to France, it's perfectly placed for travellers, but also feels unique enough for anyone spending a special weekend in London.

by **FELICITY CROSS**

Food & Drink:

There is no restaurant, but the TOAST lounge offers tasty snacks and a groaning shelf of whiskies.

Breakfast is a sleek buffet described as 'high end' – I enjoyed smoked

salmon, warm rolls and pasties and granola.

The bar is another feast for the eyes – with a wall of

Scottish bun moss, a swing and a grass ceiling.

Facilities:

This hotel is for you if you're after a 'cool' kip. Every room feels unique and stylish.

Guests are offered complimentary coffee and tea all day in the bar, which is decked out with a row of plugs for those working on laptops.

Each room has a smart TV, high speed wi-fi and air conditioning, while bathrobes and hair dryers are laid out.



Factfile:

Rooms from £150, not including breakfast. See thegyle.co.uk

Bentley's a diamond

BENTLEY will show this stunning Continental GT Mulliner Convertible at the Geneva International Motor Show next week.

Tweaked by Bentley's Mulliner bespoke division, the car features special 22in wheels, a double diamond front grille, and Mulliner-branded side vents. For the interior buyers have a choice of eight custom-made three-colour combinations, with unique Mulliner-branded embroidery. Finally, the cars will be available with either Bentley's V8 or W12 engines. There's no price yet but expect to write a very large cheque.



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THE yellow knob of bravery, or as the great Clint would say: "Do you feel lucky, punk?"

The knob in question is in the middle of the dashboard of this Mercedes-AMG GT R Pro – a mighty sports car that has, for the past week, impressed the hell out of the local school kids.

The knob allows you to dial in varying degrees of electronic assistance to prevent skidding and ultimately ending up in a field.

Turn the knob to the left and the amount of help given reduces. The more yellow lights displayed above the knob, the less traction control is provided until the lights go red and you are in the brown trouser zone.

The GT R Pro, to cut its name down to a manageable length, is Mercedes-AMG's attempt to match the extreme cars that its neighbour in Stuttgart (that's Porsche) produces. And it's a pretty comprehensive piece of work.

Underneath the bonnet of this £188,000 weapon we have Mercedes' 4.0-litre twin-turbo V8 that's used in all the hottest AMGs, as well as by Aston Martin in its cars.

In the GT R the engine already produces a strong 577bhp, so AMG's wizards haven't bothered to increase it.

They've hardly been slack in other areas. The aerodynamics, for example. At the front there's a prominent front splitter that's supported by a sexy aluminium strut; at the back an equally functional-looking diffuser.

The front end also includes little winglets that will help the car steer in high-speed corners. On the public road they're just add-ons that you'll be worried about breaking off.

Also at the back there's a rear wing that looks the same as the one on the GT R but is adjustable on the Pro. The

Pro makes

real work that turns a GT R into a Pro is underneath the skin. The suspension has been reworked with the addition of fully adjustable coil over shock absorbers that can be adjusted for compression and rebound.

This adjustment isn't done from the cockpit, rather by getting your hands dirty underneath the car – and to adjust the rear dampers you have to take the rear wheels off.

It's the sort of thing that will appeal to people who take their cars on racing



SUV IS A BRIT SPECIAL

IF you're a fan of fast SUVs you'll like this one. It's the new Mercedes-AMG GLE 63 S coupe.

Powered by AMG's ubiquitous 4.0-litre twin-turbo V8 that's fitted to all of the company's hottest products

– as well as several Aston Martins – the version in this car produces a massive 612bhp. Mainland

Europe gets a slightly less powerful 571bhp version, but it appears that we Brits are power hungry because we only get the S.

The car also features a 48v mild hybrid system and starter/generator.

The new GLE 63 S arrives in the UK in the spring, with prices to be announced nearer the time.



with
**COLIN
GOODWIN**



**GOT A COMMENT ON
MOTORING? FOLLOW
ME ON TWITTER
@ASKGOODWIN**

HYUNDAI is having a busy year, and now comes news that a refreshed i20 model will be launched at Geneva next week.

The all-new car gets new front and rear bumpers, new lights, and a mild hybrid powertrain which is a first

for this car. It's also grown by 24mm in width, 5mm in length and 10mm in the wheelbase.

The roof has also been dropped by 24mm to give a more squat appearance.



TO SHOUT ABOUT

all the right noises and with knobs on

circuits, because being seen to fiddle with the suspension implies you're going pig slowly because of a set-up issue, rather than a lack of talent.

Also included in this suspension package is a stiffer front anti-roll bar that's made from carbon fibre.

A sheet of the same material is bolted to the underside of the front of the car to increase the stiffness of the front end so that the suspension geometry remains constant. AMG has put the car on a brief diet, saving

25kg thanks to a carbon fibre roof and sill extensions.

The Track Pack that is an option on the GT R is standard on the Pro and includes a fire extinguisher, half roll cage and a four-point harness.

Also standard on the car are Michelin Port Cup 2 tyres.

Which brings us back to the yellow knob. These tyres are super sticky and provide enormous amounts of grip with one key caveat: they don't work very well if the temper-

ature is below about 10 degrees. Very well is an understatement because it feels like you're driving on Vaseline.

Not a time for turning the knob up into the thrill zone.

For such an extreme-looking car both in appearance and under the skin, the GT R Pro is surprisingly civilised on the road.

I assumed the solid-mounted rear suspension arms and sporty suspension would make it stiff, but it isn't -

this extreme version of the AMG GT is more comfortable than the regular car, which could be due to its race-spec suspension components.

The V8 engine sounds fantastic and blasts it to 62mph from rest in 3.6sec and to a top speed of 198mph.

This is a car with massive posing power, especially in our test vehicle's matt grey with green stripe.

There's a rumour Mercedes-AMG is going to follow this with a GT Black Series that will have even more horsepower than this car. I can't imagine that it will substantially improve upon the GT R Pro. If you love hot Mercs, this is one of the best.

FACTFILE

Mercedes-AMG GT R Pro

PRICE:	£188,000
ENGINE:	3,982cc, eight-cylinder, petrol
POWER:	580PS
TORQUE:	700Nm
TOP SPEED:	198mph
0-62MPH:	3.6secs
ECONOMY:	22.1-22.2mpg combined
CO₂:	284g/km
FOR:	Looks fantastic, sounds fantastic
AGAINST:	The price
SUN UP:	Merc's convincing answer to the Porsche 911 GT3 RS



Fiesta's sweet new tune

FORD tuning wizard Mountune has a new performance upgrade for the Fiesta ST.

Called the m235 package, the kit lifts the car's power output from a standard 200bhp to 235bhp and increases torque to 350Nm.

The kit includes an induction kit and Mountune badge as well as all the software updates and costs £575, including VAT. Go to www.mountunestore.com for details.



BMW will have a plug-in hybrid version of its 3-Series saloon and Touring in showrooms by the summer.

Badged as the 330e, the cars will be available with BMW's xDrive four-wheel drive system.

Power comes from a 2.0-litre four-cylinder petrol engine with 184bhp and a 113bhp electric motor, which produce a combined 252bhp with a boost up to 292bhp

available in a 10-second burst. The Touring version can sprint to 62mph in 6.1sec, but more important numbers (for the tax return) are emissions of 39g/km and fuel consumption of

176-201mpg. The electric-only range is a maximum of 36 miles with charging to 80% capacity taking 4.2 hours. Prices will be announced nearer the on-sale date.



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YESTERDAY'S WINNERS AND RETURNS

DONCASTER

1.50: 1. LIOSUDUN BHEARNA (P Brennan 6-1), 2. Blackie Kentucky (5-2 fav), 3. Benastor (8-1), 6/4, 3/4, 11 ran. F O'Brien. Tot: £620; pl £250, £110, £280. Exacta: £23.40. Tricast: £121.63. Trifecta: £218.00. CSF: £21.29. NR: Point of Principle.

2.25: 1. GINO TRAIL (P Brennan 9-2), 2. Katpali (11-2), 3. Nuts Well (5-1), 3-1 fav Dolos. 3/4, 21.7 ran. F O'Brien. Tot: £510; pl £210, £370. Exacta: £37.20. Tricast: £158.33. Trifecta: £178.90. CSF: £29.60. NR: Jerryback.

3.00: 1. CILL ANNA (H Cobden 4-6 fav), 2. Ziggy Rose (7-1), 3. Aimee De Sivola (9-2), 1/4, 6/4, 8 ran. P Nicholls. Tot: £150; pl £110, £200, £140. Exacta: £6.50. Trifecta: £20.70. CSF: £7.37.

3.35: 1. CAPTAIN CHAOS (H Skelton 9-2), 2. Worthing Farm (9-4 fav), 3. Yallarti (5-1), 1/4, 3/4, 7 ran. D Skelton. Tot: £460; pl £220, £150. Exacta: £14.60. Tricast: £51.54. Trifecta: £161.80. CSF: £15.67. NR: Balderns, Chidswell, Definity Red, Saint Xavier.

4.10: 1. KEPAGEE (T Scudamore 15-8), 2. Firak (8-13 fav), 3. Apple Rock (9-1), 91, 221, 3 ran. D Pipe. Tot: £260; pl £130, £30. Trifecta: £43.30. CSF: £5.51. NR: I'm Here, Now Is The Winter.

4.45: 1. STONIC (R Johnson 10-3 fav), 2. Little Stevie (7-1), 3. For Pleasure (7-1), 91, 7/4, 8 ran. D O'Meara. Tot: £320; pl £160, £210, £220. Exacta: £18.30. Tricast: £152.30. Trifecta: £76.20. CSF: £26.67. NR: Heretia, Mabelia.

5.20: 1. KEARNY HILL (Jack Tudor 2-1), 2. Nells Son (13-8 fav), 3. North Parade (4-1), sn, 131.5 ran. B Ellison. Tot: £280; pl £160, £110. Exacta: £6.00. Trifecta: £12.80. CSF: £5.65. NR: Frascato Belle, Teasdale.

SCOOT SIX: £1,349.20. Place £45.80. Bonus Not won (£372,351.00 rollover). QUADPOT: £39.00. PLACEPOT: £116.70.

KELSO

1.37: 1. STRATAGEM (Mr D Maxwell 4-9 fav), 2. Three Castles (7-1), 3. Beat Box (4-1), 24.8 ran. P Nicholls. Tot: £110; Exacta: £31.10. Trifecta: £55.20. CSF: £3.93.

2.12: 1. PROTEK DES FLOS (R McLernon 15-2), 2. Looks Like Murt (5-2 fav), 3. Some Reign (8-1), 11, 1/4, 8 ran. B Haslam. Tot: £810; pl £220, £150, £280. Exacta: £27.80. Tricast: £154.33. Trifecta: £225.70. CSF: £27.09.

2.45: 1. CLONDAW CAITLIN (B Hughes 9-4), 2. Elf De Re (11-1), 3. Cheddleton (2-1 fav), 51, nk, 7 ran. Ruth Jefferson. Tot: £300; pl £180, £410. Exacta: £230.30. Trifecta: £562.60. CSF: £26.08.

3.22: 1. DEFINITELY RED (D Cook evens fav), 2. Kauto Riko (4-1), 3. Saint Xavier (9-2), 141, 381.5 ran. B Ellison. Tot: £150; pl £110, £200. Exacta: £5.00. Trifecta: £9.50. CSF: £5.56.

3.57: 1. MILVALE (R Mania 9-2), 2. The Delray Munky (7-1), 3. Kalahary (11-2), evens fav Black Friar. Tot: £110; pl £60, £40. Exacta: £38.90. Trifecta: £117.50. CSF: £33.55.

4.32: 1. ARTICLE FIFTY (J Russell 9-1), 2. Uno Valeroso (8-1), 3. Skipping On (4-1), 15-0 fav. Warendorf. 4/4, 1/4, 6 ran. G Bewley. Tot: £190; pl £350, £360. Exacta: £78.30. Trifecta: £194.90. CSF: £70.11.

HUGHES ENJOYS KELSO TRIUMPH

★ **BRIAN HUGHES** registered an important and valuable winner at Kelso when Clondaw Caitlin beat the boys in the William Hill Premier Novices' Hurdle.

★ **Trainer Ruth Jefferson** took the a brave decision to run her mare in the Grade Two feature and was rewarded for her boldness with a clear-cut success.

★ **For Hughes (below)** as well as being a very nice prize to pick up and one of his most substantial of the season to date, it also helped stopped the momentum of the last few days swinging too much towards the returning Richard Johnson in their compelling race for the jockeys' title.

★ **Hughes charted a wide route** throughout on the 9-4 chance, but the five-year-old always appeared to be travelling kindly.

★ **Elf De Re made a bold bid** for Sandy Thomson but he had no answer to the winner, who took up the running before the last and went clear to win by five lengths.

★ **Hughes said: "It was a bold shout to come here, it was Ruth's call and it's paid off. She'd**

won a couple of mares' races and a bumper. She's owned by family friends of my wife so it was nice of them to let me ride her.

★ **"She had point-to-point form, so staying was never going to be an issue for her. You need to stay in these conditions."**

★ **Meanwhile, Definitely Red completed his Grand National preparations with a dour staying performance in the William Hill Leading Racecourse Bookmaker Premier Chase.**

★ **Brian Ellison gave his stable star two options on the day** by also declaring him for the Grimthorpe Chase at Doncaster but he was far better suited by conditions at the Borders track.

★ **Dimple led most of the way** but when his energy ran out the 9-4 chance, but the five-year-old always appeared to be travelling kindly.

★ **Kauto Riko was nursed into contention** by Brian Hughes but he was running on empty close home, allowing Definitely Red to come home a 14-length winner under Danny Cook.

★ **Betfair cut Definitely Red's odds for the Grand National to 14-1** from 20s.



5.07: 1. LATE ROMANTIC (C Todd 9-4), 2. Samstoun (11-2), 3. Ask The Weatherman (6-4 fav), 281, 61.5 ran. Oliver Greenall. Tot: £320; pl £150, £290. Exacta: £12.10. Trifecta: £31.70. CSF: £14.21.

QUADPOT: £94.80. PLACEPOT: £365.50.

UNDERFIELD

1.25: 1. LING CUFFET (T Marquand 7-2 fav), 2. Bernie's Boy (13-2), 3. Superseded (6-1), 1/4, 11 ran. A Carroll. Tot: £410; pl £150, £240, £120. Exacta: £119.50. Trifecta: £117.12. Trifecta: £119.50. CSF: £26.24.

2.00: 1. TOP BREEZE (S W Kelly 7-4 fav), 2. Verne Castle (5-1), 3. Alsvinder (14-1), sn, 1/4, 6 ran. R Hughes. Tot: £230; pl £130, £300. Exacta: £113.70. Trifecta: £292.00. CSF: £14.89.

2.35: 1. NONIOS (D E Hogan 15-2), 2. Smile A Mile (9-2), 3. Double Kodiac (2-1), 11-8 fav Spirit Warning. 1/4, 1/4, 5 ran. D M Simcock. Tot: £760; pl £350, £280. Exacta: £21.70. Trifecta: £128.70. CSF: £39.02. NR: Dragon Sun.

3.10: 1. MALOTRU (A Atzeni 7-2), 2. Raach (9-2), 3. The Perfect Crown (7-4 fav), 3/4, 1/4, 9 ran. M Botti. Tot: £410; pl £210, £180, £120. Exacta: £22.70. Trifecta: £58.20. CSF: £21.15.

3.45: 1. CLOG MAKER (P Norton 6-5 fav), 2. Abhorcalleddwala (4-1), 3. Rogue Tide (7-1), 1/4, 3/4, 7 ran. M Johnston. Tot: £150; pl £110, £200. Exacta: £23.30. Trifecta: £77.0. CSF: £33.39. NR: Karibana.

4.20: 1. TRALEE HILLS (T Marquand 6-1), 2. Noble Fox (2-1 fav), 3. Crimson King (8-1), 1/4, 1/4, 11 ran. P Hedger. Tot: £550; pl £220, £140, £250. Exacta: £22.80. Trifecta: £104.04. Trifecta: £196.80. CSF: £19.70.

4.55: 1. MONJENI (O Stammers 10-1), 2. Seaport (11-4 fav), 3. Rydan (18-1), 51, nk, 8 ran. R Williams. Tot: £1340; pl £330, £130, £510. Exacta: £56.60. Tricast: £506.83. Trifecta: £478.50. CSF: £39.61.

QUADPOT: £28.30. PLACEPOT: £42.90.

NAVAN

Abandoned due to Adverse weather conditions forecast.

NEWBURY

Abandoned due to Waterlogged Track.

Beau (2) 8-1, bf: £21.39, tri: (2-2-3) £64.80. 1.11: Sahara Jenny (2) 4-1 fav, Pennys Majors (3) 3-1, NR. Premier Lady (res), bf: £10.03, tri: (2-5-1) £0.00. 1.27: Kiki Do U Luv Me (5) 7-4 fav, Bitofachipolata (3) 8-1, bf: £18.04, tri: (5-3-6) £80.53. 1.44: Ballistic Budgie (5) 5-2 fav, Gueeves Natalie (6) 5-1, bf: £15.70, tri: (5-6-4) £43.24. 1.59: Rathmoyle Lisa (6) 4-1, Black Medalion (3) 9-4 fav, bf: £17.71, tri: (6-3-4) £47.77.

ROMFORD

10.29: Chopchop Autumn (4) 7-2, Manassas (3) 6-1, bf: £29.39, tri: (4-3-1) £115.28. 10.43: Westlake Genie (3) Evens fav, Amelias Jester (2) 9-2, bf: £6.90, tri: (4-2-4) £23.23. 10.57: Americk Tuxus (5) 2-2, Ramat John (2) 2-1 fav, bf: £20.99, tri: (5-2-1) £67.89. 11.12: Playtime Boy (3) 7-2, Underground Pixi (5) 6-1, bf: £30.15, tri: (3-5-2) £89.92. 11.27: Amelias Duchess (6) 6-1, Cairns Hubble (5) 9-2, bf: £26.31, tri: (6-5-3) £90.79. 11.43: Hasskona Odile (4) 7-4 fav, Cinema Show (3) 5-2, bf: £9.48, tri: (4-5-1) £26.01. 11.59: Slaneyside Otis (5) 6-1, Rough Belle (2) 6-1, bf: £59.28, tri: (6-2-6) £141.53. 12.13: Mays Primrose (3) 11-10 fav, Donnellthelife (4) 7-2, bf: £6.17, tri: (3-4-5) £14.41. 12.28: Chosenosnapin (2) 6-1 fav, Westlake Finn (4) 10-1, bf: £25.64, tri: (2-4-3) £88.12. 12.44: Brickleberry (5) 3-1, Barwick Tuxus (5) 1-2, bf: £16.71, tri: (5-4-1) £42.57. 12.59: Sneezys Hawk (4) 9-2, Ramat Coralie (2) 7-2, bf: £27.75, tri: (4-2-1) £74.60. 1.14: Momomintrel (4) 4-1, January Jess (5) 9-2, bf: £29.09, tri: (4-5-3) £52.48. 1.28: Maygrove Jenny (5) 7-4, 1-4 fav, Lilys Girl (1) 8-1, bf: £19.63, tri: (5-1-4) £91.74. 1.47: Bonville Pepper (6) 7-4 fav, Aest Cool (2) 3-1, bf: £8.46, tri: (6-2-4) £28.25.

PERRY BARR

10.38: Ballymac Flor (3) 5-4 fav, Our Mate Vici (1) 3-1, bf: £5.73, tri: (3-1-2) £11.52. 10.53: Skellig Ten (5) 4-1, Semoltha Star (4) 2-1 fav, bf: £17.17, tri: (5-4-1) £47.20. 11.08: Chaotic Kate (1) 3-1, 1-4 fav, Burgess Bandit (5) 7-2, bf: £16.76, tri: (1-5-3) £56.37. 11.23: Leahs Phantom (5) 9-4 fav, Running Scholar (6) 5-1, bf: £14.06, tri: (5-6-4) £40.61. 11.38: Wilmars Daisy (6) 4-1, Horgans Magic (2) 7-2, bf: £22.44, tri: (6-2-1) £73.72. 11.54: Newling Shrike (5) 6-1, Tysap Seamus (6) 5-2, bf: £26.81, tri: (6-6-2) £113.68. 12.08: Creevy Shadow (1) 4-1, Boggler Rose (2) 7-2, bf: £18.16, tri: (1-2-2) £42.99. 12.24: Johns Vintage (4) 3-1, Thunder Vanny (5) 6-1, bf: £23.80, tri: (4-3-1) £90.20. 12.39: Ballymac Melody (2) 5-1, Vals Spark (1) 3-1 co-fav, bf: £25.37, tri: (2-1-6) £68.57. 12.57: Badgerfort Girl (4) 2-1 fav, Double Top

DOG RESULTS

CRAFYORD

10.36: Mums The Best (3) 8-1, Kelva Sunrise (4) 4-1, bf: £47.88, tri: (3-4-1) £218.15. 10.51: Ballyard Vicki (6) 3-1, Droopys Aubrey (1) 3-1, bf: £14.12, tri: (6-1-3) £41.33. 11.06: Ballygibbon Bob (4) 3-1 co-fav,

Hadleys Girl (3) 3-1 co-fav, bf: £14.95, tri: (4-3-6) £37.12. 11.21: Ratheden Yevande (6) 5-4 fav, Bonnie Duke (2) 5-2, bf: £5.59, tri: (6-2-1) £19.70. 11.36: Smearla Princess (3) 7-2, Sundar Moore (6) 7-2, bf: £19.72, tri: (3-8-1) £56.55. 11.52:

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GOING: SOFT-HEAVY IN PLACES ON CHASE

JACKPOT AND PLACEPOT FIRST SIX RACES

2.20 NOVICES' HURDLE

(4) (8 flights) 2m (8 runners) £4,874

1-50 DE BARLEY BASKET (85Q)(P) B Pauling 7 11 12... D Jacob 104
2-53 FEARSLESS (45Q)(Q) Oly Murphy 5 11... A Coleman 131
3- IMPERIAL ICON K Bailey 5 11... D Bass -
4- PETASTAR (F177)(H) T J Bowen 5 11 12... Kienan Woods -
5- SHAREEF STAR (P259) P Doves 5 11 12... J Bowen -
6- OLLY MOOT AT MIDNIGHT (82) C Longdon 5 10 8... Paul O'Brien 90
7- JENNY REN (F437) Sarah Hollinshead 5 10 8... Robert Dunne -
8- 2 ISOLATE (424) King 10 11 12... T Cannon +136
Star Betting: 15-0 Isolate, 5-2 Fearsless, 7-10 Imperial Icon,
6 Sharief Star, 10 Petastar, 20 De Barley Basket, 50 Others.

2.50 HANDICAP HURDLE

(5) (12 flights) 3m 1f (18 runners) £4,549

1- P6-P CROCODILE DUNDEE (143)(SP) T H Weston 10 11 12... Mr J Jeavons (7) -
2- F6L2 OVERWORKUNDERPAID (38) C Longdon 5 11 12... T Cannon +136
3- 002 LITTLE RED LION (48)(T) D Pipe 6 11 11... P R Gillard (7) 101
4- OLOF BOLTON BOY (67)(SF) S Vaughan 6 11 11... A Johns 78
5- 306 ANOTHER FRONTIER (37) N Twiston-Davies 5 11... J Bagnary 98
6- 445 NINTA WAVE (10)(S) Mrs M Gordon 6 11 9... Guy Davies (7) 101
7- 411 OUT THE GLEN (76)(C,Q,S) Mrs D Hamer 7 11 9... P Brennan 88
8- 563 LITTLE BOY BORU (20)(S) Mrs S Gardner 5 10 8... D Sheehan 104
9- OLOF PETRUCCHI (95)(Q)(T) D J Jeffreys 6 11 2... Kienan Woods 103
10- 432 WYE AYE (97)(H) Kuby 5 11 2... C McCormack (8) 103
11- 3L10 PRAY FOR A RAINBOW (26)(S) S Drinkwater 9 10 12... F Cannon +136
12- 2900 MINELLA RISING (23)(S) C Poulton 8 10 12... M Batchelor (3) 103
13- PLLW THYLOURSH (86)(M)(H) T Burke 7 10 10... T Bellamy 87
14- 422 LITTLE BOY BORU (20)(S) Mrs S Gardner 5 10 8... D Sheehan 104
15- 04-0 TIMETORSENY (43)(T) P Phillips 6 10 8... D Sheehan 104
16- OLOF HAVACUPPA (28) Mrs S Gardner 6 10 5... Lucy Gardner 87
17- L16P BURGESS DREAM (40)(S) Mrs A Smith 11 10 2... D Noonan 103
Star Betting: 9-2 Out The Glen, 5 Little Red Lion, 6 Wye Aye, 7 Little Boy Boru, Go As You Please, 10 Others.

3.25 BEGINNERS' CHASE

(4) (19 fences) 3m (3 runners) £5,523

1- 0-35 EQUUS SECRETUS (60)(Q) B Pauling 8 11 2... D Bass +147
2- 122 LIES ABOUT MILAN (45)(H) P Brien 9 11 2... T Cannon +136
3- F2-L ROYALE PAGALLE (44)(S) Miss V Williams 5 11 2... C Deutsch 141
Star Betting: 13-8 Royale Pagalle, 5-12 Equus Secretus, 2 Lies About Milan.

LEOPARDSTOWN

2.00 MARES NOVICE HURDLE

(11 flights) 2m 4f (8 runners) £10,169

1- 0-31 BARRINGTON COURT (12)(Q,S) Mrs J Harrington 6 11 4... P Walsh 130
2- 651L DARENS HOLLOW (36)(Q) Robert Murphy 6 11 4... M P Fogarty 132
3- 1414 LARQUEBUSE (84)(Q) G Elliott 6 11 4... D N Russell +133
4- 41P LUNCH FLY (11)(Q,S) Patrick Neville 7 11 4... D Noonan 117
5- 2140 SAND VY (14)(Q,S) Patrick Neville 7 11 4... D Noonan 117
6- 016 IMPERIAL VIEW (92)(H) D De Bromhead 5 11 3... R Patrick 118
7- 5015 MISS COGNAC (116)(Q,S) N Meade 5 11 3... E Walsh 71
8- 526 MRS MILNER (28) Paul Nolan 5 11 3... S O'Keefe 61
Star Betting: 7-4 Barrington Court, 5-2 Larquebuse, 6 Darens Hollow, 8 Imperial View, 10 Others.

2.30 MAIDEN HURDLE

(9 flights) 2m 2f (23 runners) £6,864

1- 2-90 ALIGHTED (24)(S) J P O'Brien 7 11 12... O R Brown (7) 90
2- 0 ATTASH (11)(S) J Treacy 5 11 12... R Hay 7
3- P-00 DEMONPH (7) G Cromwell 6 11 12... C D Maxwell 77
4- 6-34 NINTA WAVE (10)(S) G Elliott 6 11 12... M R Power 121
5- 41P LUNCH FLY (11)(Q,S) Patrick Neville 7 11 4... D Noonan 117
6- 0 GENDARME (24)(P) Patrick Neville 5 11 12... C A Landers (9) 37
7- 0 GO FOX (24) Patrick Neville 5 11 12... G Noonan 117
8- 41P LUNCH FLY (11)(Q,S) Patrick Neville 7 11 4... D Noonan 117
9- 109 LUNIM (F150) William Thurton 5 11 12... P Kane 66
10- 4444 JACK HACKETT (177)(S) Paul Nolan 6 11 12... P Corbett 11
11- 60 JESSICA'S BOY (7) N Meade 6 11 12... E Walsh 71
12- 332 JON SNOW (28)(S) P P Mullen 5 10 12... T Toward +124
13- 024U JOSHUA WEBB (14) N Meade 5 11 12... D O'Regan 121
14- 0 RED STRIKER (22) Andrew McManis 5 11 12... B Cooper 71
15- P-0 P-00 STRIKER ISLAND (14) P Gilligan 6 11 12... G Gilligan (7) 34
16- 150L SHANDOE (28)(S) Paul Nolan 5 11 12... D Meyer 105
17- 00 WHIRLING DIAMOND (14) G Cromwell 5 11 12... Jonathan Moore 76
18- 0590 DARENS HOLLOW (154) Robert Murphy 7 11 5... M P Fogarty 132
19- 1-ROSEYS HOLLOW (346)(S)(T) Jonathan Swinney 6 11 7... M Walsh 130
20- 103 VALENTIA HALL (65)(H) Paul Nolan 5 11 5... S O'Keefe 61
21- 4000 SONG CAN SING (5)(S) D M Christie 5 11 2... RESERVE 92
22- 50 KARGS POST (14) Shane Nolan 7 11 12... RESERVE 28
23- 60 EXULTATION (66)(T) Mrs J Harrington 6 11 12... RESERVE 93
Star Betting: 9- Jon Snow, 7-2 Fekiera, 4 Dinny Lacey, 6 Joshua Webb, 7 Roseys Hollow, 12 Others.

3.05 HURDLE

(9 flights) 2m 2f (7 runners) £10,424

1- 0P4 GOT TRUMPED (12)(Q) Mrs J Harrington 5 11 5... P D Kennedy 135
2- 400 CHARLI PARCS (49)(H) A Howard 7 11 0... B J Geraghty -
3- 41U LUNCH FLY (11)(Q,S) Patrick Neville 7 11 4... D Noonan 117
4- 3FLL JETZ (42)(Q,S) P P Mullen 5 11 0... M R Power -
5- 102 LAKASH NOIR (92)(S) J J Lambie 8 11 0... L A McKenna (7) 120
6- 4533 MINGLI KHAN (116)(Q,S) T Meade 5 11 3... L P Dempsey 185
7- 230F LISTEN DEAR (28)(S) P P Mullen 5 10 12... T Toward +124
Star Betting: 7-4 Listen Dear, 5-2 Mingli Khan, 6 Charli Parcs, 7 Jetz, 8 Got Trumped, 16 Kasakh Noir, 20 Others.

3.35 HANDICAP HURDLE

(8 flights) 2m (13 runners) £9,407

1- 00- BENKEI (57)(Q,S) H Rogers 10 11 10... P T Enright -
2- 00F2 POLISHED STEEL (42)(Q,S) Mrs J Harrington 6 11 7... M Walsh 130
3- 0-06 FILON DOUDAIRIES (56)(T) J P O'Brien 5 11 5... M P Walsh 112
4- 1026 FROM EDEEN (19)(S) G Elliott 7 11 0... D J O'Keefe 121
5- 0014 SPRUCED UP (23)(D) Edward P Harby 6 11 1... S D Torres 73
6- 0120 FAUGURNON (7)(C,Q,S) N Meade 6 11 1... E Walsh (7) 135
7- 15-0 TANTO (42)(Q,S) D W Dalt 10 11... Rachael Blackmore 117
8- 0443 LAKASH NOIR (92)(S) J J Lambie 8 11 0... L A McKenna (7) 120
9- 0222 REINE FEE (35)(Q,S) P P Mullen 5 10 12... T Toward +124
10- 4056 FAVORI LOUQUE (52) Rose O'Sullivan 5 10 7... J McCarty 120
11- 230F LISTEN DEAR (28)(S) P P Mullen 5 10 12... T Toward +124
12- 6131 WOLFFALTSSTREET (39)(S) S P Rothwell 6 10 1... A W Short (3) 133
13- 2322 YOUNGNEOFTHETHILL (35)(H) T Shane Nolan 12 10... J O'Keefe 121
Star Betting: 9-2 Spruced Up, 5 Wolffalstsstreet, 6 Polished Steel, 7 Filon Doudairies, 8 Reine Fee, Zambezi Fix, 12 Tandem, British Art, Fauernon, 16 Others.

CAPTAIN OF INDUSTRY

Chaos stays on to bring some order

LEADING THE WAY: Captain Chaos heads for victory under Harry Skelton

CAPTAIN CHAOS finally had his day in the sun as he landed a deserved success in the 888Sport Grimthorpe Handicap Chase at Doncaster.

Placed in a host of big staying races, Dan Skelton's nine-year-old put the record straight as he came home unchallenged to score by 54 lengths from runner-up Worthy Farm.

Captain Chaos (9-2) had put up a sterling effort when second to leading Grand National fancy Kimberlite Candy in the Classic Chase at Warwick seven weeks ago.

And he backed that up with an impressive performance, even though the race had been reduced to just seven runners, mainly due to the testing conditions.

Pulling further and further away in the straight, he was eased down on the run-in by Harry Skelton.

Worthy Farm, the 9-4 favourite, was second, with Yaltari the only other finisher, 38 lengths away.

The winning trainer said: "He's been second in so many big races. He put it all out there at Warwick but he's been second in two Rehearsals, second in a Rowland Meyrick and has been a real star for us without quite having his big day. He's got it today."

"Fair play to the owners Mike and Eileen Newbould. They were mad keen to run here. To win a nice staying

by **JASON HEAVEY**

handicap is great for the horse as well and he's come back in as bright as he went out.

"As horses get older they perform better and are more consistent. I couldn't be happier for the horse really."

"I've said to Mike the one race I have got an eye on is the last big chase of the season, the bet365 Gold Cup at Sandown."

"I think the ground might be too quick for the Scottish National"

The winning rider said: "I'm delighted for the horse. He's deserved that really."

"He's knocked on the door in big races and I think he bumped into a proper National horse at Warwick. He's a proper contender."

"You can see him there after the race. He's bright-eyed and has got his ears pricked. He's got a lot left."

Earlier, Cill Anna showed great determination to take Listed honours in the 888Sport Take 'Em On Mares' Novices' Hurdle.

The 4-6 favourite, trained by Paul Nicholls, had to fight all the way to land the odds, as Ziggy Rose put up a spirited battle over the extended three miles.

Cill Anna certainly had to dig deep but she kept finding for Harry Cobden to see off Ziggy Rose by half a length, in the process denying jockey Paddy Brennan a treble.

Paddy at the double

LIOSDUIN BHEARNA, ridden by Paddy Brennan, was an appropriate winner on day two of Irish race weekend at Doncaster when beating the strong wind as well as his rivals in the 888Sport Handicap Hurdle.

The pair combined for trainer Fergal O'Brien to land a game success over the extended three miles by six-and-a-half lengths from favourite Blackjack Kentucky, with Remastered coming home third.

Brennan said of the 6-1

by **JASON HEAVEY**

winner: "We went slow so I knew I had to be on the pace and he did it well."

"I had to get there as it got a bit tactical early in the straight."

"He loved the ground and it's very windy out there. I felt I was getting nowhere - that's how tough it is."

Irish eyes were smiling again when Brennan and O'Brien completed a quick double through Gino Trail (9-2) in the 888Sport Bet £10 get £30 Handicap Chase.

The 13-year-old was having his first race since moving from Kerry Lee's stable.

Jumping with zest in front, Gino Trail kept up the gallop to cross the line three-and-three-quarter lengths ahead of Katpoli.

"He's 13 but he had so much fun out there," said Brennan. "Horses love horse racing and he's the perfect example."

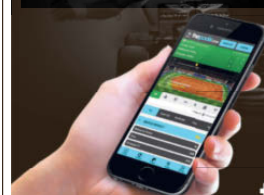
"I'd never ridden him before but I knew he'd done enough work at Fergal O'Brien's that he wouldn't get tired."



GAME SHOW: Liosduin Bhearna

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YOUR INSIDE TRACK



THE IRISH EYE

AN eye-catching return to action last month makes **MOONSHINE BAY** an enticing play in the big handicap chase at Leopardstown at 4.40.

Jessica Harrington's charge was hidden away at the back of the pack by Robbie Power that day and was briefly outpaced as the field left the back straight.

A slight error at that point saw him lose momentum and his partner was pretty easy on him from that point.

But he can make the most of the weight he is set to receive from classy rivals Anibale Fly and Poker Party.

Earlier on, Charli Parcs makes his comeback after being on the sidelines for

469 days and it will be interesting to see how this former useful hurdler runs but the percentage call is to leave him alone and instead side with **MENGLI KHAN** (3.05).

Gordon Elliott has given this talented performer some pretty tough tasks in the past couple of seasons and this looks a cracking opening for last year's JLT Chase third.

Finally, have a second look at **FLINDT** (3.35) in the handicap hurdle.

This ease in class and drop in the weights could be the equation he needs.

The booking of the hugely underrated Patrick Corbett (above) is another plus and he is taken to see off Polished Steel and light weight British Art.



TODAY'S BEST LONGSHOT

NICELY INDEED runs from his lowest mark in a season-and-a-half in the 4.50 at Sedgefield.

WEEK AHEAD
STRAITOUTTA COMPTON has finally found his mojo and can complete a hat-trick in the Southwell 6.30 on Tuesday.

★ **THE PADDY PIE** (4.20 Sedgefield) looks great value off a reduced handicap mark after unusually falling last time out.

ANTE-POST PUNT

RUBY WALSH told me the Mullins camp expect 3-1 favourite **CAREFULLY SELECTED** to win the National Hunt Chase.

ONE TO SWERVE

THE handicapper may have finally caught up with course and distance specialist **ROYXFET** in the 2.10 at Sedgefield.

★ **THE PADDY PIE** (4.20 Sedgefield) looks great value off a reduced handicap mark after unusually falling last time out.

BEST EACH-WAY

KAGNEY has loads of talent but not easy to ride so the addition of the hood should help at Leopardstown (4.10).

HOT DOGS

WITH JONATHAN HOBBS

RICKY HOLLOWAY can continue his love affair with the major hurdles events by winning the 2020 Cearnspart Springbok Final at Central Park tonight.

Holloway sends out both **DROOPYS CRUISER** (8.44) and Nomansland Flyer in the £5,000 final with the former set to get first run to land the novice hurdlers' championship.

Another Holloway-trained runner **TURNHOUSE JET** (9.01) seeks win No.14 on the spin as he closes on the record of 16 consecutive jumps victories held by Long Hop. He can prove too strong for Mane Mane.

Other fancies are Katie O'Flaherty's **HANGMAN** (6.27) who ran well in a maiden final last year, the well-drawn **KING LOUIS** (6.44) who can shine for Liz McNair, and Barry Sullivan's perfectly pitched **SOPHIES MAN** (8.09).

Apace Ace

EASTERBY TO CLAIM SEDGEFIELD PRIZE

JACOBS Crackers

FIVE-TIME NAPS TABLE CHAMP



BOLLIN ACE has been given plenty of time by Tim Easterby to get over a number of problems and that patience should be amply rewarded at Sedgefield this afternoon.

He lines up in the two-and-three-quarter-mile handicap chase at 4.20 and the selection gets a huge 19lbs from the formerly useful top weight King's Odyssey. I think Bollin Ace could make his mark in a higher grade in due course if his trainer can keep him sound and this race could be the start of a notable career.

Since being stepped up in distance, **HARD TO FORGET** (nap) has transformed himself into a really decent staying chaser and he can make it three wins from his last four starts in the Sedgefield 3.15.

Henry Oliver's seven-year-old has won off handicap marks of 107 and 117 and was then made the 3-1 favourite for the valuable Sussex National Handicap Chase at Plumpton only to unseat David Crosse early on.

That was unusual for this normally sound-jumping youngster and the handicapper has given him another chance to continue his upwardly mobile progress off a rating of 125 with Crosse once again on board.

Later on, top weight **KATY ROYAL** has been given a real chance by the assessor in the stamina-sapping 27-furlong handicap hurdle due off 3.45.

The former course and distance winner takes a drop in grade here and will relish conditions.

I expect her to be able to give the weight



TRUMP CARD: Bollin Ace is ready to triumph at Sedgefield

away to the likes of old Samtu and the tough-as-nails Duty Girl.

At Huntingdon, **OUT THE GLEN** is the stand-out bet on the card following two strong staying victories at Ffos Las and here at the Brampton racecourse and can

complete the hat-trick in the 2.50. On each occasion, this progressive young horse has absolutely powered through the mud and even off this 7lbs higher mark, the son of Millenary looks very nicely treated in this staying event.

SEDGEFIELD INSPECTION AT 7AM

2.10 HANDICAP HURDLE (5) (8 flights) 2m 1f (7 runners) £2,794

1	2623	OXWICH BAY (11)(B,F,S,P)	E Williams 6 12 1	A Wedge 101
2	4165	WILD SAM (35)(G,S,H,T)	M Barnes 10 11 12	D Irving (5) x104
3	21P1	ROYXFET (10)(C,D,G,S)	M Hammond 10 11 7	Emma Smith-Chaston (7) 102
4	P0-5	GARDE FORTIER (49)(S)(P,T)	Rebecca Menzies 8 11 7	N Brooke 82
5	4L51	DEQUAL (13)(D,S)	W Coltherd 4 11 2	Sam Coltherd (3) 94
6	2051	SNOWED IN (52)(D,S)(P)	F Murtagh 11 11 1	S Quinlan 100
7	02L1	ANLOVI (20)(S)	A Wintle 7 11 0	B Poste 100

Star Betting: 11-4 Royxfet, 3 Anlovi, 5 Snowed In, 11-2 Oxwich Bay, 6 Dequal, 10 Wild Sam, 12 Garde Fortier.

2019: Wazowski 10 11 0, Brian Hughes (D McCain), 1 ran.

2.40 NOVICES' HURDLE (4) (10 flights) 2m 4f (4 runners) £3,769

1	41L1	BARON DE MIDDLETON (28)(S)	B Ellison 7 11 9	B Hughes 120
2	65L1	GANGSTER (28)(G,S)	W Greatrex 10 11 2	A Wedge 84
3	5-21	STRONG GLANCE (45)(G,S)	W Murphy 7 11 2	R Johnson 135
4	12-P	APHAEA (68) M	W Easterby 5 10 9	S Quinlan 11

Star Betting: 4-7 Strong Glance, 7-4 Baron De Middleton, 20 Aphaea, 25 Jour A La Plage.

2019: Arthur Mac 6 11 9, Jason Dixon (7) 4-11 Fav (Henry Oliver), 7 ran.

3.15 HANDICAP CHASE (3) (21 fences) 3m 2f (6 runners) £6,836

1	5P0	ABOLITIONIST (57)(G,S)(P)	Dr R Newland 12 11 8	B Hughes 137
2	65L1	GANGSTER (28)(G,S)	W Greatrex 10 11 2	R Johnson 135
3	011U	HARD TO FORGET (56)(B,F,D,S)	Henry Oliver 7 11 1	D Crosse x141
4	0LP	RUNSWICK ROYAL (33)(S)	Mrs A Hamilton 11 11 1	D McMenamin (3) 108
5	PPP	ROCK ON FRUITY (33)(G,S)	B Haslam 11 11 1	R McLernon 127
6	02UP	JUSTFORJAMES (49)(C,D,G,S)(P)	M Hammond 11 11 0	Miss Beeky Smith (3) 138

Star Betting: 5-4 Gangster, 3 Hard To Forget, 5 Abolitionist, 8 Runswick Royal, 12 Justforjames, Rock On Fruity.

2019: Moving In Style 8 11 9, T Scudamore 7-2 (N Mulholland), 7 ran.

JASON HEAVEY

Roxyfet (nb)	2.10
Strong Glance	2.40
Hard To Forget	3.15
King Gypsy	3.45
The Paddy Pie (nap)	4.20
Rare Clouds	4.50

MOORESTYLE

Oxwich Bay	2.10
Strong Glance	2.40
Hard To Forget (nap)	3.15
Katy Royal (nb)	3.45
Bollin Ace	4.20
Nicely Indeed	4.50

GOING: SOFT-HEAVY IN PLACES

PLACEPOT FIRST SIX RACES

3.45 HANDICAP HURDLE (4) (13 flights) 3m 3f (10 runners) £3,769

1	L006	KATY ROYAL (5)(C,D,G,S)	C Fairhurst 8 12 7	J Kingston 90
2	1-P0	THE HORSECHESNUT (46)(S)(T,V)	Jennie Candlish 12 11 12	S Quinlan 103
3	2L-	BOYFROMNOWHERE (65)(D,S)(T)	A Wintle 13 11 2	B Poste 100
4	L0L0	KING GYPSY (33)(P)	Oliver Grenall 5 11 2	Ross Turner (5) 93
5	U352	SAMTU (26)(G)(P)	F Murtagh 9 11 1	B Hughes 99
6	4545	DUTY GIRL (10)(B,F,P)	Julia Brooke 7 10 11	N Brooke 101
7	045	SHOCONA'S JOY (35)	D McCain 6 10 11	T Phelan 9
8	P4-5	LEOPARD (38)(T)	Miss J Foster 6 10 10	R Mania x108
9	P215	ANIKNAM (42)(B,F,S)	P Kirby 10 10 9	R Mania x101
10	54PL	BETTERLATETHANNEVA (87)(T,V)	Georgie Howell 9 10 0	T Downson 101

LONG HANDICAP: Betterlatethanneva 9-10.

Star Betting: 3 Duty Girl, 7-2 Aniknam, 5 Samtu, 6 Shocona's Joy, 8 Boyfromnowhere, 10 The Horseschsnut, 12 King Gypsy, 16 Leopard, 20 others.

2019: Very Extravagant 10 11 10, Tom Scudamore 11-8 Fav (N Mulholland), 4 ran.

TRACKFACTS Sharp undulating left-hand track with a run in of 220yds. With eight easy fences and five hurdles per circuit. A severe test of stamina for chasers when the ground is heavy.

TOP TRAINERS (with runners) D McCain 47 winners, (17.0% strike rate), +£2.50, B Ellison 41, (25.3%), +£1.45, M Hammond 37, (12.5%), -£14.75, Mrs S Smith 27, (15.8%), -£7.00.

TOP JOCKEYS (with mounts) Brian Hughes 54 winners, (22.6% strike rate), +£32.32, Henry Brooke 40, (17.8%), -£8.50, Danny Cook 30, (19.9%), +£1.00, Sean Quinlan 21, (11.3%), -£7.00.

4.20 HANDICAP CHASE (2) (17 fences) 2m 5f (9 runners) £15,825

1	21P4	KING'S ODYSSEY (29)(D,S)	E Williams 11 11 12	A Wedge 144
2	1-22	FLOWERY (36)(C,D,G,S)(H)	J Jardine 8 11 4	C O'Farrell 143
3	2234	RIVER FROST (34)(D,G,S)(P)	B Haslam 8 11 3	R McLernon 144
4	1132	ECCEPARTI (30)(D,G,S)	Miss V Williams 8 10 12	H Nugent (5) x149
5	2421	INSTANT REPLAY (51)(D,G,S)(P)	B Ellison 8 10 12	N Brooke 144
6	LL45	SCOOP THE POT (33)(S)	B Haslam 10 10 7	A Cavley 115
7	220	BOLLIN ACE (29)(S)(P)	T Easterby 9 10 7	J Hamilton 139
8	334	CHARMIX (30)(D,S)	Miss L Russell 10 10 5	C Bewley 148
9	43P	THE PADDY PIE (38)(C,G,S)	Mrs S Smith 7 10 5	D Cook 139

Star Betting: 3 Ecceparti, 7-2 Instant Replay, 5 Flowery, 7 King's Odyssey, The Paddy Pie, 8 River Frost, 14 Bollin Ace, Charmix, 20 Scoop The Pot.

2019: Cap Du Nord 6 10 11, James Bowen 9-4 JtFav (Christian Williams), 5 ran.

4.50 HANDICAP HURDLE (4) (10 flights) 2m 4f (6 runners) £3,769

1	P-P	FEDERICI (29)(G,S)	D McCain 11 11 12	Miss A McCain (5) 113
2	2151	DARLYN (55)(C,G,S)	Henry Oliver 7 11 11	N Brennan (10) 113
3	0P5	RARE CLOUDS (36)	Mrs S Smith 6 11 3	D Cook x122
4	022L	CRACKDELOUST (39)(C,G,S)(P)	B Ellison 8 11 3	N Brooke 117
5	U060	NICELY INDEED (35)(C,G,S)(P)	P Kirby 10 11 11	S Quinlan 111
6	0130	CEDAR HILL (29)(T)	Jardine 6 10 13	C Bewley 118

Star Betting: 13-8 Darlyn, 3 Rare Clouds, 11-2 Crackdeloust, 6 Federici, 7 Cedar Hill, 12 Nicely Indeed.

2019: No corresponding race.

sky sports racing



JUST TWO GOOD: Lomax muscles over for his second try against newcomers Toronto

SICK PACK: Sonny Bill Williams



	P	W	D	L	F	A	+/-	Pts
Castleford	5	4	0	1	122	81	41	8
St Helens	4	3	0	1	112	45	67	6
Leeds	4	3	0	1	114	48	66	6
Hudd'f'd	3	3	0	0	66	26	40	6
Wigan	4	3	0	1	86	48	38	6
Hull FC	4	2	0	2	85	78	7	4
Warr'ton	5	2	0	3	69	92	-23	4
Catalans	2	1	0	1	48	50	-2	2
Wakefield	3	1	0	2	45	70	-25	2
Salford	4	1	0	3	50	98	-48	2
Hull KR	5	1	0	4	68	139	-71	2
Toronto	5	0	0	5	58	148	-90	0

MAX PAIN

Jonny leads the punishment

JONNY LOMAX helped Saints move up to second by piling on the misery for top-flight newcomers Toronto.

The Wolfpack are still looking for their first win in Super League and, on this display, that could be some way off.

They failed to score for the first time in their four-year history and also had Bodene Thompson sent off for a shoulder charge on Matty Lees.

Saints were rarely in top gear but they didn't have to be in this fixture at Warrington – one of Toronto's on-the-road 'home' games.

Kristian Woolf's men had vowed to use the disappointment of losing to Sydney Roosters in last weekend's World Club Challenge as motivation to blitz Super League.

They were true to their word, stunning the Wolfpack with an early bombardment which resulted in the opening try after eight minutes.

James Roby's short ball was set up perfectly for Lomax to race on to, with Tommy Makinson adding the conversion. Toronto were

Toronto.....0
St Helens.....32
By Julie Stott

struggling to even get out of their own half, let alone land any serious blows in this mis-match of a fight.

Full-back Tony Gigot gave the handful of Wolfpack fans in the Halliwell Jones Stadium a lift with a break but then wasted the chance with a poor punt up field.

Sonny Bill Williams was also finding life difficult and it's on nights like this that the Kiwi dual-code superstar must wonder just what he's let himself in for.

When he lost possession in a hefty tackle, it prompted a huge cheer from the Saints fans and Williams' embarrassment soon got worse.

As a result of his mistake, the champions attacked again at speed with Roby and Lomax combining again for a carbon copy of the stand

off's first try. Makinson added the conversion and they immediately went hunting more points, seizing on a knock on from Gigot inside his own half.

Saints fed the ball to centre James Bentley who raced through a gap.

The punishment was relentless but at least the Wolfpack managed to hold up Zeb Taia to prevent the big forward adding another try after more good work by Lomax.

Makinson's three conversions and a penalty made it 20-0 at the break and the writing was well and truly on the wall for Brian McDermott's side. Toronto's defence at least tightened up in the second half and it took Saints 16 minutes before they grabbed their next try through Louie McCarthy-Scarsbrook.

But Gigot then went off injured and Toronto's problems grew even worse when Thompson was sent off in the 67th minute.

Aaron Smith rounded off the victory with Saints' fifth try, with Makinson taking his goals tally to six.

BETFRED SUPER LEAGUE

Jer Mc-lovin' it

WINGER Jermaine McGillvary admits the confidence gained from Huddersfield's surprise early success is helping him find his love for the game again.

But he insists the Giants players won't fall in love with themselves because of their unbeaten start.

He said: "My love never went away and I never wanted to quit rugby league but last year was

Huddersfield Today, 3pm
Wigan

quite stressful. It's hard when you're losing, we only avoided relegation on the last day then it wasn't the greatest Great Britain tour.

"I'm trying to enjoy my rugby again. It's too early to be looking at the table but we're happy with the results."

JULIE STOTT

FOUL WELCOME

ISRAEL FOLAU can expect a hostile reception from Hull fans in his first Super League game in England today.

The controversial Catalans signing, who was turfed out of rugby union after saying "hell awaits gay people", has been welcomed by many Dragons fans.

Rival supporters will be far tougher on the dual-code Aussie international. Hull coach Lee

Hull FC Today, 3pm
Catalans

Radford insists he's more interested in seeing if Folau, 30, can be out-muscled by in-form centre Josh Griffin.

Catalans coach Steve McNamara said: "We know we're going to have to put in a really disciplined performance to get the win."

JULIE STOTT

Wat's the panic

IAN WATSON has urged Salford fans to remember last season's start before pressing the panic button.

The Red Devils reached October's Grand Final despite losing six of their first 10 games.

And Watson is refusing to get downbeat about this year's slow opening of one win in four.

He said: "It is not how you start, it is how you finish."

Salford Today, 3pm
Wakefield

Sometimes it is short-term pain for long-term gain."

Half-back Kevin Brown serves the second of his two-match ban, while Lee Mossop and Dan Sarginson are injured.

Wakefield also badly need a win after two defeats in their opening three games.

JULIE STOTT

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Sciver: Watch out for wounded Windies

NAT SCIVER has warned her England team-mates that under-performing West Indies will be at their most dangerous now their backs are against the wall.

England will all but qualify for the T20 World Cup semi-finals with a win over the Windies at the Sydney Showground today.

by **ALEX SMITH**

The 2016 winners, who can also still progress, laboured to victory over minnows Thailand before they were shocked by Pakistan.

And all-rounder Sciver (left) said: "I think those two games they have

played will probably make them more dangerous.

"We will have to be at our best in Sydney."

England's openers Amy Jones and Danni Wyatt have struggled but Sciver has backed the pair to hit form at the right time.

"It is hard when batters don't get as many runs as

they would have liked to," said Sciver.

"It is hard to keep putting yourself out there and playing the shots which are usually your strengths."

"Hopefully before the Windies game they will be able to rethink things or completely take their minds off it."

Joe has Ex factor

RUGBY UNION

A LAST-GASP penalty try gave Harlequins a dramatic bonus-point victory over Premiership leaders Exeter Chiefs.

Joe Simmonds' one-man masterclass saw him score two tries, three conversions and three penalties in the 34-30 triumph.

Elsewhere, Leicester beat Worcester 14-8 and Saracens won 27-21 in a thriller at Northampton.

I've Scott it licked!

SUPERBIKES

ROOKIE Scott Redding is confident he can challenge for World Superbike Championship honours this year after a podium finish in his series debut in Australia.

The reigning British Superbike champ said: "I had a lot to learn but to be that close to the win in my first race is a great start and just what we needed."

"We were competitive and I'm happy to get that first run under my belt."

ZOE BURN

High five for Djok

TENNIS

NOVAK DJOKOVIC kept up his unbeaten start to 2020 by beating Stefanos Tsitsipas 6-3 6-4 in the Dubai Duty Free Tennis Championships Final.

The world No.1 won all three break points against his Greek rival.

It was Djokovic's 79th ATP title win, putting him fifth behind Jimmy Connors (109), Roger Federer (103), Ivan Lendl (94) and Rafael Nadal (84).

Shinkwin feeling

GOLF

ENGLAND'S Callum Shinkwin will take a share of the lead into the final round of the Oman Open as he goes in search of a first professional victory.

The former Walker Cup star had held the lead on his own.

But a bogey on the last in his third round 66 dropped him back to 11 under and into a six-way tie alongside Joost Luiten, Mikko Korhonen, Sami Valimäki, Brandon Stone and Danish teenager Rasmus Hojgaard.



SWEATING IT OUT: Ben Youngs' bid for 100 England caps might have to wait

BEN YOUNGS is being made to sweat on reaching his century of England caps by the coronavirus outbreak.

Eddie Jones' senior player is two appearances short of his ton and will pick up one of those against Wales on Saturday assuming he stays clear of injury.

But there is a real danger he will be marooned on 99 as England's game in Rome the following week is under serious threat of postponement due to Italy being Europe's worst affected country.

With Jones not planning to involve his World Cup stars in England's two-Test tour to Japan in July, Youngs could have to wait until autumn to make the 100 Club.

The Leicester star said: "There are plenty of people who have got near it and something's got in the way. I was speaking to Cian Healy

by ALEX SPINK

after the Ireland game. He's injured and out for the remainder of the championship on 98 caps.

"I'll take it week by week. Coronavirus is a hot topic so we'll see how it plays out."

Youngs, 30, reached three figures last Sunday when he added England cap No.98 to his two Tests with the British and Irish Lions.

Asked if he celebrated the milestone, he said: "I didn't, to be honest. I'm aware of it but it'd be nice to do it just for England."

Concern over the virus has grown with the announcement on Friday of the first person to be infected within the UK - and in Japan of the first UK citizen to die of the virus after being infected on the Diamond Princess cruise ship.

But English rugby chiefs say their position remains unchanged from Wednesday when Six Nations organisers, who have postponed Saturday's Italy versus Ireland clash, said "all other matches are currently scheduled to go ahead".

The Italian sports minister is today due to review coronavirus restrictions in his country and meetings relating to the

championship are arranged for Paris this week.

England will assume Alun Wyn Jones and his Wales team are Twickenham-bound on Saturday - and prepare with the intention of repeating the effort which floored Ireland last Sunday.

A significant aspect of England's back-to-back wins has been the power surge provided by their subs bench and, in particular, loosehead prop Ellis Genge.

The Leicester star has added real impact, scoring the winning try against Scotland and firing up the England pack to steamroller the Irish forwards for Luke Cowan-Dickie's try a week ago.

"He's exciting, isn't he?" said Youngs. "Gengey sits there on the bench bottled up with all this anger. He wants to get out there."

"His aggression, power, ability to carry and be extremely aggressive within the carry is fantastic."

★ Ben Youngs was at Harwell RFC for a Canterbury event, giving grassroots players the chance to train with England.



GUINNESS SIX NATIONS									
	P	W	D	L	F	A	Bon	Pts	
France.....	3	3	0	0	86	62	1	13	
England.....	3	2	0	1	54	42	1	9	
Ireland.....	3	2	0	1	55	50	1	9	
Wales.....	3	1	0	2	79	51	2	6	
Scotland.....	3	1	0	2	35	32	2	6	
Italy.....	3	0	0	3	22	94	0	0	

RESULTS

Wales 42 Italy 0, Ireland 19 Scotland 12, France 24 England 17, Ireland 24 Wales 14, Scotland 6 England 13 France 35 Italy 22, Italy 0 Scotland 17, Wales 23 France 27, England 24 Ireland 12.

FIXTURES

Saturday: Ireland v Italy (Postponed), England v Wales (4.45pm). Sun, Mar 8: Scotland v France (3pm). Sat, Mar 14: Wales v Scotland (2.15pm), Italy v England (4.45pm), France v Ireland (8pm).

Ben's ton of worries

YOUNGS BID ON HOLD

★ WAYNE PIVAC was always risking a potential David Moyes situation when he succeeded Warren Gatland as Wales head coach.

★ Just as Moyes was doomed at Manchester United by what came before, the Kiwi is already being beaten with the Gatland stick just four matches into his reign.

★ If Wales lose to England on Saturday it will be their third successive loss, their

worst sequence of defeats in the Six Nations since 2007 - before Gatland.

★ Captain Alun Wyn Jones is doing his best to deflect it but the comparison is inevitable.

★ He said: "Warren had 12 years to establish himself and everyone was used to what he was about and what he did. It is Wayne's first one."

★ "The comparison is a tough one, unfair from the coaching point of view, but as players we do not want to

go into that uncharted territory. You do not want to think about losing a third one. The pressure is on."

★ Pivac's ambition to expand Wales' attacking horizons has not yet brought results but Jones says no one should be pointing fingers.

★ "I said from the outset that change is no excuse," he said. "We are adapting with the mindset of evolution and development."

NEIL SQUIRES



BACK AGAIN: Wilder

DEONTAY STILL FULL OF FURY

DEONTAY WILDER has repeated his desire to reclaim the world heavyweight title from Tyson Fury.

Wilder was stopped in the seventh round by Fury last weekend and blamed the weight of his ring walk costume for his defeat.

And the American wasted

BOXING

little time in invoking a rematch clause which makes it likely he and Fury will soon face off for a third time.

That will mean that a much-anticipated clash between Fury and Anthony Joshua would have to wait -

for now at least. In a video on his Twitter account Wilder, speaking to his fans, said: "I want to let you know that your king is here and we ain't going nowhere."

"I will rise again. I am strong, I am king. You can't take my pride."

"I am a warrior. I am a king

that will never give up. We will rise again."

"We will regain the title. I will be back. We will hold our heads up high."

"Your king is in great spirit and we will rise like a phoenix from the ashes and regain the title. I will see you in a few months."

NOT AUBA IT YET Mik's rally cry

MIKEL ARTETA has told his battered Arsenal squad to rally around "gutted" skipper Pierre-Emerick Aubameyang.

The Gunners boss has revealed his striker is still reeling from his role in the club's shock Europa League exit last week.

Aubameyang, 30, missed an open goal after his injury-time overhead kick had set his side on course to go through.

Now he fears the fall-out of defeat by Olympiakos could include his leading goalscorer quitting the club this summer in search of Champions League action.

"He was gutted," Arteta (below) said after Aubameyang and his team-mates reported back to training for the first time since their Thursday horror show.

"Obviously he scored a wonder goal that was putting us through in the competition, and with the last kick of the game he had the best chance of the game.

"He felt very responsible about it, we'll all try to be right behind him.

"Auba has been phenomenal all season for us and now the players have to support him.

"I think his reaction after the game - to face the media and the way he talked - it was a very mature reaction from him."

With Champions League qualification via the Premier League a remote possibility at best, Arteta's next concern over Aubameyang will be May's contract talks. The former Borussia Dortmund hitman enters the final

■ by **NICK CALLOW**

year of his contract next season and Arsenal want him to pen a new deal so they are not forced to sell their star asset.

Asked how another season out of Europe's elite competition could impact negotiations, Arteta said: "I think we will know that in May depending on where we finish, when we have a conversation with the club and a conversation with him.

"But at the moment nothing has changed, there's still possibilities to go through."

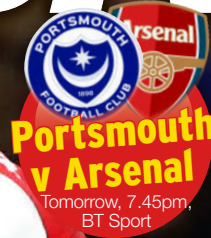
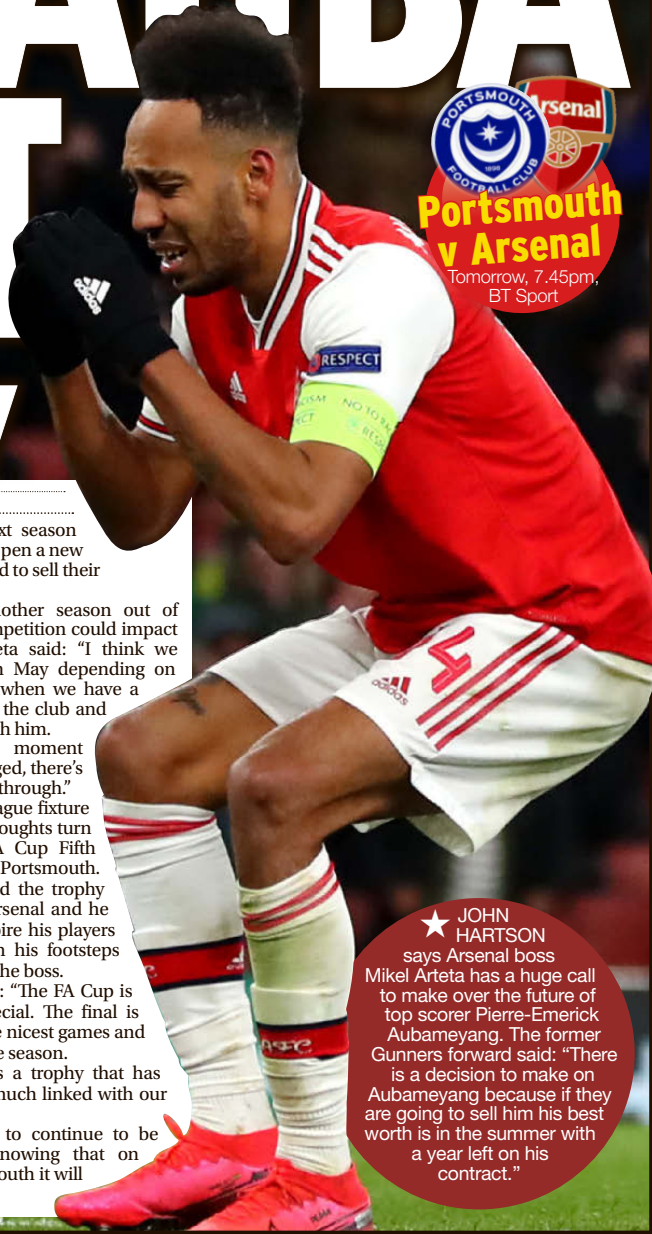
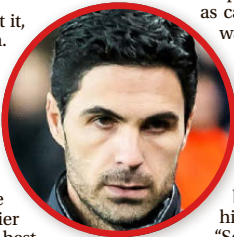
Without a Premier League fixture this weekend, Arteta's thoughts turn to tomorrow night's FA Cup Fifth Round tie at League One Portsmouth.

The Spaniard lifted the trophy as captain at Arsenal and he wants to inspire his players to follow in his footsteps now he is the boss.

He said: "The FA Cup is really special. The final is one of the nicest games and days of the season.

"And it's a trophy that has been very much linked with our history.

"So we want to continue to be attached to that, knowing that on Monday night in Portsmouth it will be tough."



Jackett call for fans to crank it up

■ by **HARRY PRATT**

PORTSMOUTH boss Kenny Jackett has called on the Fratton Park faithful to crank up the heat on Arsenal tomorrow.

The Gunners, reeling from Thursday's Europa League exit to Olympiakos, head to the League One outfit knowing the FA Cup is their last chance to put some gloss on a wretched campaign.

But while accepting Mikel Arteta's men are firm favourites to reach the last eight, Jackett wants the Pompey hardcore to ensure they receive a red-hot welcome.

None of Arsenal's Premier League stars have experienced the unique atmosphere inside one of the country's oldest stadiums.

And Jackett (below) reckons that is one factor his side can use to their advantage as they attempt to produce a major

giantkilling and dump the 13-time cup winners out.

The Pompey boss, 58, said: "It's a big task, definitely, a big challenge, but if we can pull off an upset it would be great.

"With the type of crowd we have at Fratton Park, there is

no reason why we can't.

"There is a good link between the players and the supporters - they'll be right behind the team.

"I wouldn't necessarily use the word 'intimidating' but it's an old-fashioned ground, tight, a fantastic, passionate crowd and we have to use those assets.

"We would be stupid not to.

It is a major asset of the club in any competition. We have a fantastic atmosphere when the crowd get going.

"With so many new stadiums now, that is quite unique."

Unlike Arsenal, languishing in top-flight mid-table obscurity, 2010 Cup winners Pompey are in the thick of the play-off race.

Jackett said: "The players are no different to me. They want to be in the Championship."



★ **JOHN HARTSON**

says Arsenal boss Mikel Arteta has a huge call to make over the future of top scorer Pierre-Emerick Aubameyang. The former Gunners forward said: "There is a decision to make on Aubameyang because if they are going to sell him his best worth is in the summer with a year left on his contract."



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JEREMY CROSS

CHIEF SPORTS WRITER

 @CROSSYDAILYSTAR

HEATHER KNIGHT

The England captain smashed her first T20 international century to help her side crush Thailand by 98 runs in the Women's T20 World Cup at Canberra.

SERGE GNABRY

The former Arsenal star still loves London. Having plundered four goals for Bayern Munich against Tottenham in the Champions League group stages, he helped himself to two more against Chelsea this week.

BRUNO FERNANDES

The £68m ace scored his first and second goals for Manchester United. He's going to be some player.

GOOD WEEK
BAD WEEK

DEONTAY WILDER

The boxing buffoon claimed he lost to Tyson Fury in Las Vegas because of what he wore on his walk to the ring. Do me a favour. He was just well beaten.

DELE ALLI

The out-of-favour Tottenham star has been charged by the Football Association over a controversial post on social media about coronavirus.

AYMERIC LAPORTE

The Manchester City defender is back on the sidelines after breaking down in the Bernabeu in midweek. How much bad luck can one man have?

JOSE MOURINHO keeps laying all his cards on the table because he doesn't possess a poker face.

He claims he's having to deal with a losing hand. Never mind having no bullets in his gun, the Tottenham boss says he has no aces in his pack following the loss of Harry Kane and Heung-Min Son.

Never mind having Dele Alli, Lucas Moura and Erik Lamela to turn to. He must have forgotten the respective England, Brazil and Argentina stars (combined cost £50.8million) still on the club's books.

Perhaps we should forgive him for being a bit forgetful. He's been around a long time, after all.

So long, in fact, that the 'time' in question is starting to leave him behind. It waits for no man, not even a 'Special One' like him who has won a staggering 25 trophies in his career, including two Champions League titles.

Despite all his experience in the game, Mourinho still struggles to learn from others who have also succeeded in management, both past and present.

Like Rafa Benitez. In a revealing interview last week, Steven Gerrard spoke of how the Spaniard once told him how being a good manager requires being a good actor as well.

"Put the face on," he told Gerrard. "Sometimes you feel angry but be positive. When you're the manager, people follow your lead."

Mourinho, who is hurtling towards 60 and hasn't won silverware since 2017, loves being angry.

And the mere thought of heeding some advice from a rival he's had a long-running feud with, which included him once mocking Benitez's weight, will make his blood boil.

Mourinho would rather be negative than positive, but after all these years he still seems incapable of realising the damage his example sets to those sides he manages.

Will Alli, Moura and Lamela want to run through brick walls for Mourinho in his hour of need when he continues to either ignore them or treat them with

utter disdain? Instead of appreciating what he still has, why is the Portuguese so hell-bent on droning on about what he doesn't have?

The narrative from Mourinho is both tiresome and familiar. We heard it all before during his second spell at Chelsea and also at Manchester United.

The end product is a gradual decline in results from a team lacking identity, purpose and inspiration.

Like the man who leads them, Spurs look like a side feeling sorry for themselves.

But this is a team still in the Champions League, FA Cup and the race to secure a top-four finish.

Part of Mourinho's job is to galvanise his side ahead of today's visit of Wolves, one of their main rivals in the race to secure Champions League qualification.

But can this tired old act find it within him to change? If not then the direction of his side will be down. The longer Mourinho leads Spurs, the greater Mauricio Pochettino's achievements with the same squad become.



READ 'EM AND WEEP: Mourinho still has aces in his pack



Busted flush?

JOSE NEEDS HIS POKER FACE

Punish morons mocking tragedy

THE Football Association, local police and Newport County bosses need to come down like a ton of bricks on those cretinous supporters who mocked Bradford over the fire tragedy in 1985 that killed 56 people.

A group of witless Newport fans decided it was a good idea to poke fun at one of the worst sporting disasters in history when the two sides met at Rodney

Parade last week. Bantams boss Stuart McCall, whose dad Andrew was badly burned in the horrific event, was also abused.

It must have been hard for McCall (right) not to be tempted to flatten some of those responsible, so full credit to him for maintaining his dignity.

Newport itself is no stranger to tragedy. In 2013, five members of the same family from the city

were killed in a taxi crash on a pilgrimage to Mecca in Saudi Arabia when their vehicle hit a bridge and ended up in a ditch. One of the victims was pregnant, while a 12-month-old child was left an orphan.

Do those same morons who decided to mock Bradford also laugh at the misfortune that once befell some

people from their own community? Thought not.

Those guilty should be banned for life from all football grounds and carted to the next service in May to commemorate those who perished at Valley Parade, so they can see the pain and damage the blaze left behind.



BERGKAMP

Grealish has Dennis's menace

Dean is out to win for dad

From Back Page what things are about. That is what I always speak to the players about."

Smith was brought up a Villa fan, with his dad a club steward who went to Rotterdam for the 1982 European Cup triumph against Bayern Munich.

But Ron has been in a nursing home for four years.

Former Walsall boss Smith visited his dad the evening after taking charge of the Saddlers in the Football League Trophy Final in 2015.

But he admits there would be little point even trying to show his dad the trophy if Villa shock Manchester City today, as Ron's illness is so bad.

Smith, 48, said: "I could visit but I don't think I would get much out of him to be honest."

"I am not sure I have seen his eyes open for the last month or two."

"Dementia is a tough illness and he's suffering."

Holders City are huge favourites to triumph at Wembley after winning at Real Madrid in the Champions League in midweek.

But Smith intends to use his own family and his players' families as motivation to help pull off an upset.

"First and foremost you have to play for yourselves," he said.

"You are the one who puts your head on the pillow and will be thinking, 'Did you do well enough?'."

"The other side of it is playing for your family because they are the important people in your lives."

City are buoyant after beating Real Madrid 2-1 away in the first leg of their last-16 Champions League clash.

Smith said: "When I saw David Silva wasn't starting, Sergio Aguero wasn't playing and Raheem Sterling wasn't playing, I thought they must be worried about Aston Villa rather than Real Madrid!"

"They're a fantastic team whichever way you look at it, whichever eleven they put out, with a fantastic coach."

"That's why they're such massive favourites and that's why they can go to the Bernabeu and get a result like they did."

"But in a one-off game we know we can push them. I like being an underdog."

"We can go and have a good fight and there's always a drive to prove people wrong as well."

ROBERT PIRES has paid Jack Grealish the ultimate compliment – by comparing the Aston Villa captain to Dutch legend Dennis Bergkamp.

Pires, the former Arsenal winger who played alongside Bergkamp during a six-year spell with the Gunners, believes Grealish's quality will give Dean Smith's side the chance to pull off a Wembley sensation in today's Carabao Cup Final clash with Manchester City.

The Frenchman reckons the Birmingham-born midfielder, 24, is so good that he would not look out of place in Pep Guardiola's side.

And he believes that Grealish now has the stage to show the City boss he can be the perfect replacement for David Silva at The Etihad next season.

Pires, who brought the curtain down on his Premier League career with a season at Villa Park, said: "Jack is a great footballer with a good technique – and I love watching him play because he reminds me of Dennis Bergkamp."

"I like to see him playing in the same position as Dennis, as a No.10."

"He has great vision, he isn't a selfish player because he always wants to do what is best for the team, and I think he has a great future."

"I don't want to put too much pressure on Jack because he is still a young player learning the game and Dennis was an incredible talent and a champion."

"But Grealish is a very complete player and I think the key for him is to keep playing like he enjoys his football."

Guardiola has said that Phil Foden will step into Silva's boots when the Spaniard ends his 10-year spell with City at the end of his contract this summer.

But he has already voiced his admiration for Grealish this season. And Pires said:

"City need to find a replacement for Silva next season – and I think Grealish is someone who Pep will look at."

"He is English, he has good experience of the Premier League and he has a great technique."

"But I think Grealish is a player who would interest a lot of top clubs, like United, Chelsea and Arsenal."

"This has been a tough season for Villa, but I think Grealish will take a lot from it. He has learned how to fight every weekend

EXCLUSIVE

by **SIMON MULLOCK**

and we have all seen how much it means to him to play for the club.

"Playing against Man City at Wembley is a great stage for Jack."

"But not just him. This is a chance for Villa to win a big trophy and that would have a big effect on the rest of their season."

Pires, however, believes Villa's already Herculean task has

been made even tougher by the Champions League ban looming over City for breaking FFP regulations.

The Premier League champions have won five out of the last six domestic trophies.

And Pires said: "In my experience, when your club is being attacked off the pitch, then it makes you even more determined to be successful as a player."

"I think Pep and his team will want to win this cup more even than they did before."

"When you are a club like City, reaching the final is not enough. You have to lift the trophy."

"Can Villa win? In one game, anything is possible."

"I only played one season at Villa Park but it is a club with a great history – and this is a chance for the players to add to that history."

★ Robert Pires was talking at the launch of Hotels.com's partnership with Olympique de Marseille. Hotels.com are the new Official Accommodation Partner for the club. For more information follow @hotelsdotcom on Twitter, Facebook and Instagram.



TOP GUN: Grealish (right) is Villa's danger man just like Bergkamp was at Arsenal



LEGEND: Pires played for Arsenal and Villa



YOUR CUP FINAL PULLOUT: SEE CENTRE PAGES



Screen test for our refs

by **DARREN FULLERTON**

FORMER referee David Elleray says he would be "astounded" if Premier League officials aren't forced to use pitchside monitors next season.

Elleray, now a technical director with the International FA Board, made his views known after the IFAB's annual meeting in Belfast yesterday.

He said: "I would be astonished if it remained as it was next season."

"On average, 75 per cent of reviews are on-field reviews, going to the pitchside monitor, so any competition that is significantly outside 75 per cent is clearly out of step."

While Premier League referees are likely to be mandated to use pitchside monitors for the 2020-21 campaign, the change won't be phased in before.

Another former referee, Pierluigi Collina, now chair of FIFA's referees' committee, said a lack of pitchside reviews in England is problematic.

He said: "Seventy-five per cent of decisions in other countries are video review, so if we have another country with 55, 60 or 53, it is not a problem. If it is zero, it is."

Evans: I fear a Fox hunt

by **JON WEST**

JONNY EVANS admits Leicester's form has put their Champions League return in jeopardy.

Friday night's 1-0 defeat at bottom club Norwich meant the faltering Foxes have won just one of their last seven Premier League outings.

The 2016 champs knew they would finish the weekend in third place but Evans admitted he feared being caught by the chasing pack.

The centre-back, 32, said: "There's always that risk. We know that football can change quickly but it is up to us to turn that around."

"We will have to go away, regroup, analyse the game and see where we can improve."

For the second game in a row Leicester were on the wrong end of a VAR call after Kelechi Iheanacho's strike at 0-0 was ruled out for handball thanks to a rule that didn't exist a year ago.

But Evans said: "We can't keep talking about VAR decisions. We must look at how we are playing. We know we weren't good enough."

RAUL JIMENEZ says Wolves now have to start believing they can touch the sky.

The Mexico striker hopes they can put one over Tottenham today to turbo-charge their bid for the Champions League places.

Jimenez says Wolves shouldn't be shy about just why they are one of the teams that people are talking about.

They reached the last 16 of the Europa League last week by seeing off Espanyol and in the league only a point separates them from sixth-placed Spurs.

There's an almighty scrap about to kick off and the £30million hitman firmly believes that Nuno Espirito Santo's men deserve to be right in the thick of it.

Jimenez, 28, said: "Yes, we have to think of winning the Europa League. We have to be thinking we can touch the sky."

"We have to think like that. It's possible. If we do it, it's going to be amazing. If we don't, I'm still very proud of this team."

"Tottenham is a very important game. We are fighting for the Champions League or Europa League positions and we know we have to do our best and keep doing that and win the game."

"They are close to us. We need to be intelligent to have a good performance."

"They beat us at home this season and last season but we beat them in their stadium last time we were

by **DAVE ARMITAGE**

there. It's important for us to win this game to keep going up the table," added the forward, who scored in both games against Spurs in the last campaign.

Jimenez's exploits in the Black Country aren't going unnoticed back home in Mexico - he has 3.3 million Twitter followers, seven times the number of the Wolves official account!

He believes clinching a place amongst Europe's finest in the Champions League isn't the distant dream it once was.

Jimenez added: "It's a very big step for the club because 18 months ago this club was in the Championship and now we're fighting to be in the Champions League."

"We know that we have to be proud of ourselves because we are fighting for that and it is achievable."

"Yes, it's a very big dream for us. I think we deserve that because we've been working hard and playing very good football so let's see what happens."

First up it's the Europa League and

the draw has pitched Wolves in with Greek side Olympiakos - shock conquerors of Arsenal in the last round.

He added: "We are confident against anyone. If we want to be the champions of the tournament then we have to be confident that we can beat anyone."

"There are some very good teams but if you want to lift the cup you have to be able to beat anyone."

Spurs will be match No.46 for Nuno's men this season and there was a train of thought that the slog of travelling around Europe and so many fixtures would prove a heavy burden.

Jimenez said: "We are a small squad and that's why we have to be ready. But there are the things I hoped for when I came here."

"Is life better here than I expected? Much better."

"When I arrived I thought we were a team that was capable of fighting and now I know we are a team that can achieve great things."

"It's much better than I expected."

Heavy lifting

WOLVES' 2019-20 SEASON

Premier League

P27 W9 D12 L6 F38 A32

FA Cup

P2 W0 D1 L1 F0 A1

Carabao Cup

P2 W1 D0 L1 F2 A3

Europa League

P14 W11 D1 L2 F36 A11

Total

P45 W21 D14 L10 F76 A47



WOLVES AT THE DOOR!

Jimenez happy to breathe down the necks of rivals for top-four spot

GOLDEN RAUL:
Mexican Jimenez
has scored 21 goals
so far this season



When Harry met Jose

FIGHTING-FIT WINKS GOT A TALKING TO



NEW VOICE: Mourinho is the second boss Winks has played under

A PRIVATE pep talk from Jose Mourinho has sparked Harry Winks' stamina-charged resurgence at Tottenham.

When the legendary coach replaced Mauricio Pochettino in the Spurs hotseat last November, Winks was understandably apprehensive.

For starters, he had never played for any manager other than the sacked Argentinian.

Then, after being picked for Mourinho's opening two victories – over West Ham and Olympiakos – Winks suddenly found himself on the bench at Bournemouth.

That led to a run of games when he was either hooked in the second half – or used as a late substitute.

Some might have sulked at the situation. Winks did nothing of the sort.

Instead, he arranged a meeting with Mourinho and was informed he had to step up the pace in training to become a fixture in the Tottenham engine room.

Winks took that message on board and has hardly looked back since. In nine of the last 10 games, the England star has lasted the full 90 minutes.

Acknowledging Mourinho's unique man-management skills, Winks, 24, said: "The new manager has been brilliant with

■ by **HARRY PRATT**

everybody. I'd never had the experience of playing under a new manager. I'd only worked under Pochettino and didn't know the process of a manager leaving and another coming in.

"From the beginning, I was a little in and out. I had an honest chat with the manager and he told me what I needed to do.

"It wasn't anything too in-depth – just an honest conversation, which I respect.

"It started with my training – just to up my whole level and intensity. I said I agreed and went back and did it.

"Since that conversation I've upped my training levels and had a lot more minutes.

"I've been playing regularly, and for me that is all I want – to play 90 minutes every week for Tottenham. In the last couple of months I've had that pleasure.

"But like everyone, I still have to earn his trust now because one or two poor performances and I could be back out. I never relax in that sense."

It has been an impressive turnaround by Winks – but not one universally recognised.

That, though, is often the way in the English game with the importance of the holding midfielder going under the radar.

Asked if we fully appreciate his breed in this country, the Three Lions ace, with six caps to his name, said: "I don't think we do. Everybody talks about players like Paul Scholes, Michael Carrick – but people like Carrick get a lot of recognition after they retire. They are more players' players.

"Every team needs goalscorers, attacking players, players who can sweep up a ball – but every team needs that someone who can be the link between defence and attack."

The good news for injury-ravaged Spurs ahead of a crunch fortnight is that Winks is feeling fitter than ever.

After today's home league clash against top-four rivals Wolves, the North Londoners host Norwich in the FA Cup and a week later go to Germany, needing to overturn a 1-0 deficit against RB Leipzig in the Champions League last 16. Expect Winks to be involved in all three of those matches.

The ankle injury sustained in April 2017, which required several operations, still plays up but he said: "I've realised what pains I can play with and which pains to be more pragmatic about.

"We're still in the FA Cup, still in the race for the top four and, of course, the Champions League. It will be a difficult ask to do well in all three – but that's our aim."

LAM WARY OF BORO BATTLE

SABRI LAMOUCHE says Nottingham Forest need to show "personality and character" at the Riverside tomorrow night if they are to prove their promotion credentials.

The City Ground chief warned his players that Boro were unlucky to go down 1-0 at home to Leeds United last week.

And he believes Forest will struggle to exert the same control over Jonathan Woodgate's side that they managed against Cardiff City in last Tuesday's 1-0 victory.

He said: "We controlled the game against Cardiff – I'm not sure we will be able to do that against Middlesbrough.

"They are fighting for points – they disturbed Leeds a lot and deserved to score which would have given them a point.

"They play with personality and character – so we will need to play with more personality and character than they do.

"We will need to increase our levels.

"It's a Monday night

■ by **NEIL MOXLEY**

game and it is live on television.

"Boro need the points and they will be very determined."

Meanwhile, Lamouchi also praised the impact of veteran defender Michael Dawson and urged the club's owners to tie him to a fresh deal.

The former Spurs and Hull City centre-half, 36, is out of contract in the summer and the French boss has been impressed by what he has seen.

He said: "I could talk about Michael every day – he's a fantastic player and a fantastic man.

"I was a player but I've never played with anyone like him. It's his passion.

"If I was the owner I would keep him for now – and for the future.

"He needs to do something with the club.

"It's important for his life after football – but also for the club."

Middlesbrough Tomorrow
Nottm Forest 7.45pm

KELLY'S QUEST ON THE HOOF

LIAM KELLY knows Coventry have to find a way to deal with Sunderland's 'Hoofball' this afternoon.

The Sky Blues skipper reacted to a barb by Fleetwood boss Joey Barton in midweek that the Black Cats are using primitive tactics in their promotion quest.

But Kelly said it will be up to Mark Robins' in-form side to find a way to win.

He said: "If Sunderland have been going more direct lately – and it's been working for them – that's what we will expect.

"There's no right way to play football.

"They play a brand of football that works for them. Whatever they bring, we will have to deal with it and find a way to win.

"There's nothing for us to fear, we're going into the game in the belief that we can win."

Meanwhile, Kyle Lafferty has been told he's given Sunderland's promotion bid a major boost – despite not starting a game.

The former Rangers hitman, 32, is likely to

■ by **NEIL MOXLEY** and **IAN MURTAGH** be on the bench once again today.

But boss Phil Parkinson could not be more delighted with Lafferty's impact since arriving at the club.

"He's definitely making a big contribution, though perhaps not in the way he'd have wanted in an ideal world," said the Mackems boss.

"Naturally, he wants to make more of an impact. He came on against Ipswich recently and played his part in the winning goal.

"But he's been influential in other areas too."

Charlie Wyke, the forward most under threat from Lafferty, has doubled his goals tally from three to six since the Irishman came in.

And according to Parkinson, he looks a different player.

"I think that when you bring someone in of Kyle's standing, other players go up a notch," he added.

Coventry Today
Sunderland Noon

SHEEDY'S GOT GREAT FAITH IN ANCELOTTI

EXCLUSIVE

by DAVID SNEYD

KEVIN SHEEDY was part of the last great Everton team and hopes to see the next one develop sooner rather than later.

The former wing wizard won two First Division titles in the 1980s during a period when the blue half of Merseyside not only ruled in their own city but also the whole of England.

But the last piece of silverware to rest in the Goodison Park cabinet was the FA Cup, which was lifted by Dave Watson after beating Manchester United 1-0 25 years ago.

Against the same opponents today, an away win will take Everton to within two points of the Old Trafford giants.

And Sheedy, 60, is hopeful the arrival of Carlo Ancelotti (below) can herald a revival that has been decades in the making.

"A club like Everton have waited too long to win a major trophy," he said.

"Everton supporters have not seen any success for 25 years and there is a younger generation now for whom winning any trophy would be great.

"There can be a lot more optimism now with a manager like Ancelotti.

"He is a serial winner and you hope that things will only get better under him when he has time to gel the team to how he wants.

"He will also look to who he wants in it going forward but I think Everton can look to a bright future now."

Sheedy has also paid tribute to Seamus Coleman and his determination to succeed at Everton.

He was Toffees academy manager when the right-back arrived as a £60,000 signing from Sligo Rovers just over a decade ago and sees the Donegal native as a key component of what is to come.

Sheedy added: "He is always a model pro and he was one of those players that I told the lads in the academy to look up to.

"I took them to see what he was like on the training pitch, how he treated people and behaved.

"He had the mentality and desire to be a professional. Someone with his experience and professionalism, the attitude he has every day, he should be a major part of the team."



Sidibe mates sock it to him

by STEVE BATES

BEING in a team WhatsApp chat is nothing new for footballers – but Djibril Sidibe can boast membership of a unique group that's the envy of the Everton dressing room.

As a member of the 2018 France World Cup-winning squad, Sidibe belongs to an elite WhatsApp group – Les Champions du Monde 2018.

The 23 members include Paul Pogba, Kylian Mbappe, Antoine Griezmann, Raphael Varane, N'Golo Kante and Hugo Lloris.

So after realising he didn't have his left sock on when being sent on as a substitute by boss Carlo Ancelotti in Everton's recent game with Crystal Palace, it brought inevitable stick from some of football's biggest names.

The right-back, 27, said: "It's a good group to be a member of and we post messages now and again.

"But after the sock incident I had a ton of messages from players taking the mickey."

Television pictures showed Ancelotti looking less than impressed but the Italian then joined in the ribbing.

Sidibe said: "He just had a laugh and took the mickey a bit as well.

"Even next morning when I turned up for training, it was, 'Have you remembered your socks today?'"

"The stress and tensions of the game meant I was just focused on getting on the pitch. I was going to ask Moise Kean for his socks but I'd have looked even more ridiculous."

Sidibe (below) hopes to make headlines for the right reasons today as he tries to stop his pal Anthony Martial, although the striker is doubtful with a muscle complaint.

The full-back knows the in-form hitman from the France squad and he plans to break Martial's own focus with some tunnel banter.

"There might be a bit of chat and mickey-taking," he said.

"You'll say things like, 'You're doing well at the moment, take it easy today and in the next match you can really go for it'."

"The biggest thing as a defender is to win your first one-to-one, that first individual battle.

"If you go in reasonably hard then psychologically you've made your mark. Establishing yourself with that first challenge means they'll know you mean business.

"But Anthony is more experienced now than he was at Monaco.

"He has an increased level of responsibility with Marcus Rashford and Pogba missing.

"And I think he's an even bigger danger now and threat because of his Premier League experience.

"I've been alongside him with

BRAZIL ABOUT

Ole getting full value

OLE GUNNAR SOLSKJAER has saluted Brazilian star Fred for going from zero to hero at Manchester United.

Fred, 26, was labelled a £52million flop after a disappointing first season in which he looked miles off the Premier League pace following his arrival from Shakhtar Donetsk.

The South American suffered through not speaking English and found the football faster and more physical than he was used to in a debut season to forget.

But Fred has picked up the language, the speed of the Premier League and learned from his mistakes to become a fans' favourite at Old Trafford.

And he heads to Goodison Park for this afternoon's clash with Everton with Solskjaer delighted at his belated emergence as the player United hoped they had signed.

The Norwegian boss said: "Fred has really taken on the challenge this season.

"He had a tough first season but ever since we came in we've shown him that we believe in him, he's known that.

"Fred struggled a little bit with the language last season and I wouldn't have expected that to be a problem when he came in because Jose Mourinho was the manager so he probably communicated with him really well as both spoke Portuguese.

"But one of our coaches, Martyn Pert, has come in from Vancouver Whitecaps in the MLS and he's fluent in Portuguese so it's easier for Fred to communicate with us all now.

"His English is better, he's got used to English football where you don't

by STEVE BATES

have three or four touches, you have to play much more one and two-touch and don't get your studs on the ball – all those little habits that Brazilian players have from a slower type of game.

"He's shown that he's a tough lad, he's mentally very strong and a top human being as well.

"And he's always positive, he works hard and tries his best.

"It didn't always work out last season, even in training sometimes, but we encouraged him to keep being himself and he's quietly confident.

"The season started a bit slow for him because he came back a bit later because he got married.

"But that was because of the Copa America so he missed pre-season – but I'm delighted with him."

Solskjaer's insistence on a more united squad than the one under Mourinho has also helped Fred blossom.

He added: "Before he had two or three players that he was close to but now we're more of a close unit, the groups are closer to each other and

Fred's English has really improved as a result."

He played 25 games last season but so far this campaign he has already played 35. Solskjaer believes there is still something missing from his game though – goals.

The midfielder responded with two late strikes in Thursday's night's 5-0 Europa League mauling of Brugge but Solskjaer clearly wants more.

"I wasn't sure I was going to be alive when he scored his next goals!" said the Red Devils chief.

"He's had loads of attempts, he gets to the box, in and around the box often enough and his right foot is decent as well – he's just not had the luck."

Solskjaer has also been encouraged by the form of defender Luke Shaw who is aiming to win back his England place ahead of Euro 2020.

He said: "Luke is very focused, concentrated, works well in training, he's consistently fit now, he's fitter, he's become a dad, he's matured a lot and it's great to see because Luke has had his difficulties and the injury in 2015 was a bad one.

"Mentally that has been difficult for him but he's another one who you want to do well because he is such a positive boy."

We're Gunnar earn it

MAN UNITED boss Ole Gunnar Solskjaer wants Champions League football on merit – not from a Manchester City handout.

A fifth-place finish would guarantee his side a place if City's two-year ban is

upheld but Solskjaer does not want to qualify by default.

He said: "We want to get into the top four and whatever happens with the others we can't concern ourselves about.

"We're in good form and Everton is going

to be a massive game as they want to be in the challenge as well. It's a big test of how far have we come.

"Brugge are the only team in seven who have scored against us so hopefully we can keep the clean sheets going."

the national team so I know just what a handful he can be."

Everton trail Champions League-chasing United by five points and critics believe if they fail to beat them it will be tough to finish fifth with Chelsea and Liverpool next up. "I

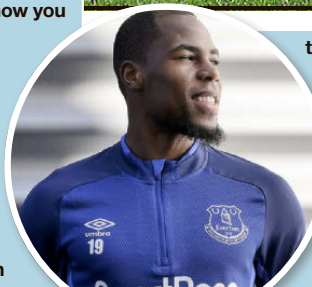
wouldn't go as far as saying it's our final opportunity," added Sidibe.

"We have the quality to be right up there battling nearer the top but it's going to be a challenge for the rest of the season.

"United and Chelsea are slightly above us currently but I believe we have it in our locker to get up there.

We all know about our manager, his experience and his success and I think we have a sprinkling of real talent throughout the team, up front and defensively.

"In order to achieve fifth, we've got to make sure we win every game at home and avoid defeat away. It's a tall order but we feel we have the tools to do it."



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**RIGHT RED
FRED:** The
Brazilian has
won over boss
Ole Gunnar
Solskjaer

Prem on alert over outbreak

From Back Page
deaths with over 400
people known to have
contracted the symptoms
and at least 11 towns in
the northern part of the
country in lockdown.

FIFA president Gianni
Infantino hinted that
the international
programme at the
end of March.

Infantino said:
"The health of
persons is much
more important
than any football
game."

"If games have
to be postponed or
played without spectators
until it is over, then we
have to go through that."

The FA are on high alert
but say the Italy match
will go ahead unless the
situation worsens.

Chief executive Mark
Bullingham said any
decision relating to the
game on March 27 would
be a "Government" one.

The Premier League
admitted they have
contingency plans in case
the Covid-19 outbreak
spreads in the UK but
refused to speculate on
what might happen in the
title race – and the
relegation battle – if
football was shut down.

Saints see big picture

by **HARRY PRATT**

SOUTHAMPTON have
BANNED their players
from taking selfies and
signing autographs with
supporters because of
the coronavirus outbreak.

Saints boss Ralph
Hasenhuttl (below)
revealed the South Coast
club have introduced the
no-contact policy.

Following his side's 3-1
defeat at West Ham
yesterday, the Austrian
said: "What you can do
is keep your
hands
clean
and try
to avoid
contact
– with
things
like
selfies and
autographs."

"I think banning these
is a good idea. The fans
will understand it at the
moment."

West Ham boss David
Moyes has expressed
dismay at the idea that
games could be played
behind closed doors if the
virus continues to grow.

The Scot said: "Football
is about the fans."

**MATCH REPORT: See
RESULT! Pages 6-7**

BACK TROUBLE:
Marcus Rashford
is injured in FA
Cup replay
against Wolves



RASH WILL BE BACK TO DO THE BUSINESS

From Back Page
Solskjaer expects to
have the hitman, 22,
in his team for "the
business end of the
season" after
originally admitting he
would be lucky to
play again before this
summer's European
Championships.

And that is a huge
boost for England
boss Gareth
Southgate who
already has top
scorer Harry Kane

struggling to make
the tournament after
suffering a badly
ruptured hamstring.

Solskjaer said:
"Marcus has had
another scan and it
has come back quite
positive."

"He is desperate to
come back but we
need to give him the
time he needs."

"It'll still be another
couple of months
before we see him
probably. Marcus

wants to be there
at the business end
of the season.

"If so, he wants to
do well so that he can
come back and play
in the Euros."

Southgate will want
Rashford fit and firing
for the warm-up in
Austria on June 2 or
the Villa Park friendly
against Romania five
days later. England
open the tournament
against Croatia at
Wembley on June 14.

Prem poorer if Pog goes says Djibril

DJIBRIL SIDIBE reckons Paul Pogba
will be a huge loss to the Premier
League if he quits Manchester United
this summer.

Everton full-back Sidibe today
faces a United side still missing the
injured Pogba – a fellow member of
the France World Cup-winning squad

in Russia in 2018 – at Goodison Park
this afternoon.

Speculation is mounting that
midfielder Pogba – a world record
£89million signing when he joined
United in 2016 – will be allowed to
leave this summer after a series of
attacks on the club by his outspoken

agent Mino Raiola. But Sidibe, on a
season-long loan from Monaco, said:
"I think if Paul does move it would be
a genuine loss to the English game."

"Paul is the sort of guy you want to
see, he's a real engaging person."

"People love to see him and love to
hear what he's got to say. Mostly they

love to see him performing at the
highest possible level and at the top
of his game."

"As players, we always want to play
against the best other teams have got
to offer. We like playing against him
and fans like to watch him too."

STEVE BATES



Today, 2pm,
Sky Sports



Family plan



DEAN SMITH says he will be doing all he can to bring home some silverware today. His dad, Ron, has dementia and Smith said: "I will do it for myself first and foremost but you do it for your families, that is **Turn to Page 43**

KLOPP'S CHAMPIONS-ELECT SEE 44-GAME UNBEATEN RUN END, BUT VAN DIJK SAYS...

Don't panic!



AT THE DOUBLE:
Ismaila Sarr grabbed two

LIVERPOOL'S record-breaking surge to the Premier League title this season was sensationally ended with a 3-0 loss to relegation battlers **Watford** last night.

But Kop captain Virgil van Dijk said there "was no reason to panic" after a desperately poor performance.

"Watford played well with a lot of fight and that's the reality," said Van Dijk.

"We couldn't find a way though and we have to do better. But we don't have to panic."

by **JIM HOLDEN**

Watford 3 Liverpool 0
.....
of the season ended a run of 44 unbeaten matches in the Premier League – and also means they fail to overtake the 18-match winning streak they now hold equally as an all-time record with Manchester City.

Boss Jurgen Klopp said: "It doesn't matter that we can't break records. That's not my concern."

"You can always lose a game, and all you can do is focus on the next step."

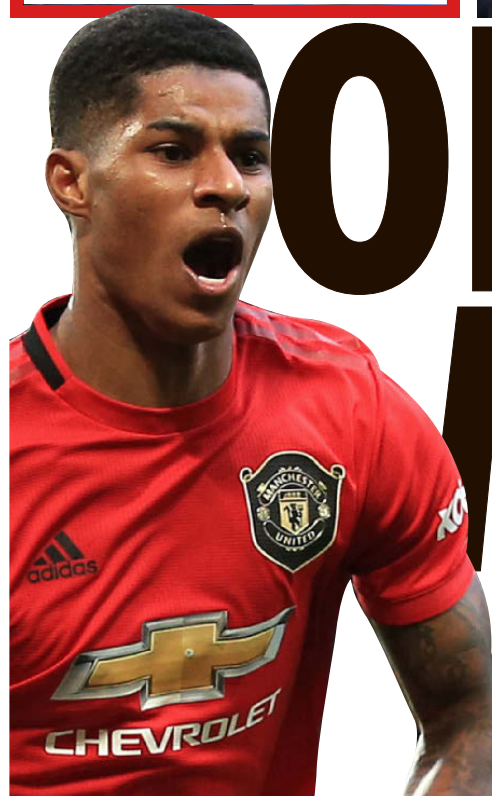
**MATCH REPORT: See
RESULT! Pages 2-3**



**FREE
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ON YOUR MARCUS

**BOSS: Southgate**

FA in limbo

by **STEVE BATES**

THE Football Association insist there are no plans to call off England's friendly with Italy at Wembley later this month due to coronavirus.

But the fixture is in serious doubt with Italy the centre of Europe's most serious outbreak.

Italian football is facing a shutdown with the deadly flu-like virus so far causing at least 17 deaths.

Turn to Page 47

MARCUS RASHFORD is on course to spearhead England's attack at Euro 2020.

The Man United striker has received the results from the latest round of

by **SIMON**

MULLOCK
scans on the fractured back that has sidelined him for two months – and the news is positive.

**United boss
Ole Gunnar
Turn to Page 47**

Rash will give 3 Lions Euro boost

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Published by Placemix, One Canada Square, London
E14 3GQ, UK 0208 087 7000. Outside UK +44(0) 208
611 5420. Printed by West View Printers, United
States of America
A&B, Linton, L212 0TA, Jonstons Press, Outgoing
Lane, Dunnington, Sheffield, S21 3DE, UK
K01 Kingsway East, Dundee, DD4 8S1, 28801
Impressions SA, Avenida de Alemania 12, 28021
Costida, Madrid, Spain, Telefonix, Legala no
TO-394/96, IF Print SA, Telefonix, Creteil Cedex
Printing Partners, Garfische Drive VIM-media,
Grootelaan 30, 1702 Gort Bilgarden, Brussels,
Katholies Group S.A Athens, Greece
Cypnus Opto E2 80; Denmark E2 80; E2 61; E2
95; Italy E2 10; Luxembourg E1 60; Malta E2 42

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MORRISON**

'I KNOW
HOW TO
KEEP THE
ROMANCE
ALIVE!'



CELEBS GO
DATING'S

**AMY
CHILDS**

*'I need a man
with banter!'*

LOVE ISLAND'S **PAIGE & FINN**

*'We can't believe we
had sex in the villa!'*

YOUR FULL SEVEN-DAY TELLY GUIDE PULLOUT

**DAILY
STAR
SUNDAY**

The fight to save Britain's abused puppies

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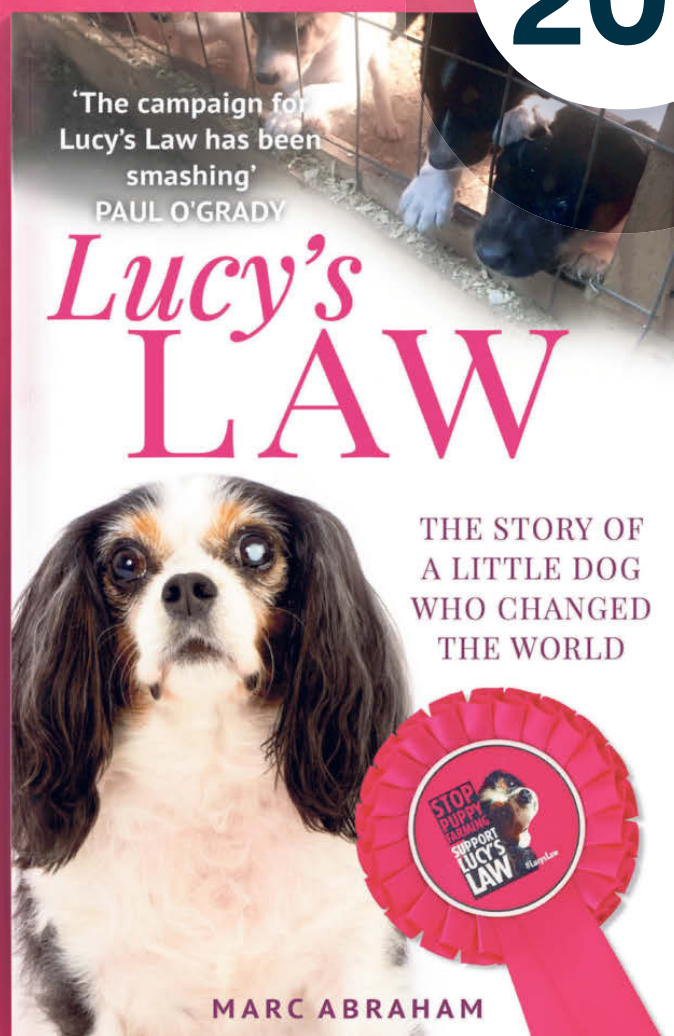
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 COVER: SHUTTERSTOCK

THE NORTHERN & SHELL BUILDING, NUMBER 10 LOWER THAMES STREET, LONDON EC3R 6EN MAIN SWITCHBOARD UK: 020 8612 7000

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'I'm going to get Paigey Baby tattooed on my arse!'

Love Island's winning couple **Paige Turley** and **Finn Tapp** open up about their time on the show, moving in together and what else is round the corner...

Paige and Finn made *Love Island* history last week when they were crowned the first-ever winter winners of the show.

After previously declaring their love for each other in front of the nation, they couldn't keep their hands off each other at the live final. And now they've got big plans – including moving in together and possibly even marriage!

Here, Scottish singer Paige, 22, and Oxford City professional footballer Finn, 20, tell us about his new tattoo plans, getting engaged and if "breakfast" really did happen in the villa...

Hi both. How does it feel to be the winners of *Love Island*?

Paige: Surreal.

Finn: Very surreal.

Are you still planning on living together in Manchester?

P: I totally love Scotland. I've never had a reason to move away from it. But I think Glasgow might be a bit rough for Finn. They'd eat him alive! I think it would be a bit unfair of me to take him away from his comforts.

F: Likewise. It's a bit of a middle ground. And Callum's sold us the dream of Manchester.



Luke Mabbott and Demi Jones at Heathrow Airport with Paige and Finn

P: I've been on one night out in Manchester and I'm like, "I love it – let's move there!"

Finn, how are you preparing for trips to Scotland – will you wear a kilt?

F: I did say to Paige's dad before he left, "Get me a kilt measured up."

P: Do you know the rule about a true Scotsman?

F: Yeah, no boxers underneath...

Have you ever tried haggis?

F: I've never had haggis. It's on the list.

Are you adding a Paige tattoo to your collection, Finn?

F: Yeah, maybe Paigey Baby on my arse.

Paige, do you regret calling Finn "big boy"?

P: As soon as I said it, I knew people were going to run with it.

F: When Paige's dad came in the villa and said, "Oi, big boy, can we have a chat?" I was like, "Oh my God." I saw my mum and dad and thought, "I'm going to pretend I didn't hear that and just go over to them."

What are your plans?

F: A movie night. And we want to go on holiday in April and move to Manchester in a few months. We've got the deposit.

P: And get a dog.

What dog are you going to get?

P: English bulldog.

F: I want a blue Staffy.

P: You've already got a blue Staffy. Let's compromise and get a bulldog.

And your BFF Shaughna Phillips is moving in, too...

P: It's got to happen, there are three of us.

Can you set Shaughna up with a mate, Finn?

F: Shall I set her up with my cousin?

P: Why have you not said this before?

F: I'll set them up.

P: We'll double date.

Can you believe you've said you love each other?

F: Not at all. Paige would tell me, "You better not say I love you," but tell someone else, "I'm waiting for him to say it."

P: I was testing him...

F: I'd write on the shower screen between us, "I love..."

P: I knew that night you were nervous ahead of your speech that you were going to do it. I'd written, "I love you," and then scribbled it out on mine. I was just praying he'd read his declaration out first. I don't know if I'd have had the balls to say it first.

Were you worried when Luke M came in and asked Paige for a date?

P: I wasn't.

F: Paige knew what she was doing. I was bricking it. We had a chat and I asked her how the date went. All she said to me was, "He's such a nice guy, we've got so much in common." I thought she was going to pick Luke M at the recoupling until she said, "You put up with my sh*t!"

P: I wanted it to be very misleading.

What are your thoughts on Breakfast Club, Paige?

P: It's lad banter – so whatever.

F: It was all lighthearted.

P: The boys were terrible at hiding the code – I knew exactly what was going on.

F: Paige gave me the old eyes, so I thought, I better tell her.

P: He didn't have much choice.

Were you surprised "breakfast" happened?

Both: Yes!

P: Being in there and sharing a bed for so long and having genuine feelings, it's hard to fight them.

F: You go in there and you think, "I'm not going to do it," all of this, all of that, but then you're living 24/7 having genuine feelings for someone and are really attracted to them. And some of those bikinis – phwoar!

P: My dad will read this, shut up!

You've had fiery disagreements – do you both prefer to speak your mind and get it out in the open?

F: That's a big thing for me, I hate going to bed in a mood or unhappy, when something's still looming.

P: I think if something plays on my mind it'll get bigger and manifest into something it doesn't need to. I'd rather just say it. Sometimes bluntly.

Favourite moment?

F: Walking back into the main villa from Casa Amor and seeing Paige was single. That was very nice.

What has *Love Island* taught you?

F: Happy wife, happy life.

P: It's taught me a lot about myself, to let the walls come down. And to not shout or swear as much.

Have you got any plans for any other big questions, Finn?

P: A big proposal.

F: I've got an idea of how I would want to propose. I have thought about marriage with Paigey.



The couple met each other's parents in the villa



*'It's hard to
share a bed for
so long and fight
your feelings!'*
Finn



'I want to act with Idris Elba'

As Fleur East bursts back on to the music scene, she tells us singing is not her only dream

'My parents would force me to perform in front of my family'

If we'd been up since 4.30am, we'd need a strong coffee and a lie-down. But when we pick up the phone to Fleur East at 5pm after she's done a full day's work – and then some more – she's practically bursting with energy.

The 32 year old has been awake since the crack of dawn to host her Hits Radio Breakfast show from Manchester. But, proving she's no stranger to hard work, she also threw herself into leading a huge dance workout class to celebrate her partnership with Zumba.

Then again, if you watched Fleur in 2018's *I'm A Celeb*, this will come as no surprise – she's fierce, fabulous and has an infectious spirit that her fellow campmates and viewers at home lapped up.

Since leaving the Aussie jungle, former *X Factor* star Fleur has been using that energy in the recording studio for her much-anticipated second album, *Fearless*, which hits shelves this month – her first music since 2015 and parting ways with Simon Cowell's record company, Syco. Then she's off on a solo tour of the UK this April.

While we're tired just thinking about it, Fleur can't wait, her enthusiasm clear as she fills us in on her musical comeback, married life and massive plans for the future...



Leaving the *I'm A Celeb* jungle in 2018



Hi Fleur. It's a big year for you with your new music...

It's been such an amazing experience because I've done it independently this time. I was fully involved with everything on the album, from the writing to the production. I've had two experiences, being on a major label and doing it myself, and I've been across everything, so I can really take ownership of it.

Are you excited about your fans hearing it?

Definitely. But there's a lot of expectation. People say, "I can't wait to hear this. It better be as good as we think!" Plus, because there's been such a gap, I need to deliver the goods, but I'm confident. I've put a lot into it.

Was it your dream to perform?

It was just naturally in me. It's not even something I necessarily wanted to do in public initially, but I used to at home. My parents would force me to perform in front of my family. They said, "You could really do this!" I built the confidence as I grew up and here I am doing it every day.

Are you more confident now?

I was always really shy and reserved but it's definitely brought me out of my shell. When I'm on stage or when I dance, I feel like I can be someone else. I take on an alter ego.

You're also off on tour...

It's quite daunting because it's my first headline tour but I can't wait. I love to perform and now I get to take full creative control.

Do you get nervous?

Always. Before I do anything. I said to someone, "It's strange. I still get nervous after all of these years," and they replied, "That shows you still care."

Do you have any pre-show rituals that you carry out?

I always dance to get my energy up and my blood flowing. Then I do loads of weird vocal warm-ups before I sing.

Is dancing how you generally like to keep fit?

I love dancing, music and having fun, so I love Zumba. I've got a lot of energy and it's the perfect way to work out without even realising you are. It's one big party! You

definitely break a sweat, though. I can really feel it. I'm also into HIIT and weight training. I've been doing it for about 10 years and it really sculpts your physique.

Have you always been a fan of working out?

I've always been into some form of exercise. I never really went to the gym when I was younger, I was more into sports. I played netball and ran 100m when I was at school. Then I got older and my metabolism slowed

down so I started to go to the gym. I was also part of street dance groups through uni. I've always been on the move.

I'm A Celeb showed a whole new side of you. What reaction did you get?

People said, "We saw you on X Factor but it was only in the jungle that we saw you for who you are." It was a very daunting thing to do, to put myself out there.

Did you have doubts about taking part?

They asked me

'I always dance to get my energy up and my blood flowing'



Fleur with her husband, Marcel



Leading a fitness class to celebrate her partnership with Zumba

about three times before I agreed to do it. I was pretty scared! They finally got me into a room to have a meeting and when I spoke to them they said it was a life experience I couldn't get anywhere else. I love a challenge, so I decided to just go for it.

And did going into the jungle live up to your expectations?

Yeah, I was really lucky. My campmates were amazing and I got on with everybody. We took it in our stride and had a laugh. We're still in touch now. We have our Jungle WhatsApp group that I'm the admin for. It's still going strong.

You tied the knot last year with your long-term partner Marcel. How's married life treating you?

Being able to say "my husband" feels so amazing. I'll never forget the first time he introduced me as "his wife" and I laughed as I thought he was joking. Then I realised we are in fact married and I am a wife, which I love to say. It's a great feeling.

Do you still make time for date nights?

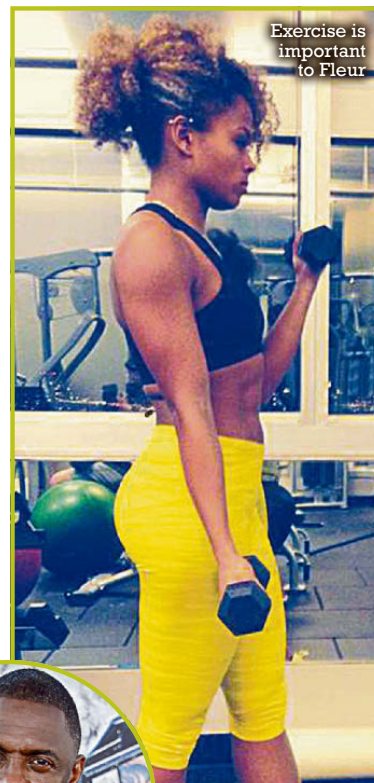
You've got to. I've been with Marcel for 10 years and you have to keep the flame alive and date as much as possible.

What's next for you?

Acting is another passion of mine. I've taken some classes over the past couple of years. I narrowly missed out on being in the TV show *Empire*. I pretty much had the role but I couldn't get the acting visa for the US in time. That sparked everything and I'd love to pursue it more.

Do you have a dream role?

Either to be in a boxing film, something fitness focused, or a TV show like *Empire*, which combines music and entertainment.



Exercise is important to Fleur



She'd love to work with Idris

Who would you most like to have as your co-star?

If it was a dancing film, Channing Tatum. But I'd love to act opposite Idris Elba. I love him. I met him at V Festival once and got a picture with him. My family loves *The Wire*, so my dad has the picture on his wall in his living room.

When you're not working, how do you spend your downtime?

I'm very simple. I run a bath, put the bath bombs in and have my laptop perched in the corner with Netflix on. Then it's all about spending time with my family and friends and laughing.

Rianne Ison

For more information about Zumba or to try out a class near you, visit zumba.com

SHOPPING

This week we love...

Gorgeous new treats to brighten your day



La Perla Vanilla Soul room fragrance, £46, amara.com



Rose candle, £17.50, oliverbonas.com



Velvet cushion, £19.50, marksandspencer.com



Galaxy Z Flip folding phone, £1,300, samsung.com



Trainers, £169, roguematilda.com



Shagreen jewellery box, £45, truly.co.uk



Gordon's pink gin, £16.50, supermarkets nationwide



Self-watering recycled glass planter, £36, rechic.co.uk



Passport case, £15, emilybrooks.uk



Iconic London Sheer Blush in Cheeky Coral, £18, iconiclondoninc.com



Rubberised iPhone cover, £5, neon-sheep.com



Silver gemstone bracelet, £237, carolinstone.com

STYLPRO Make-up Brush Cleaner, £29.99, argos.co.uk

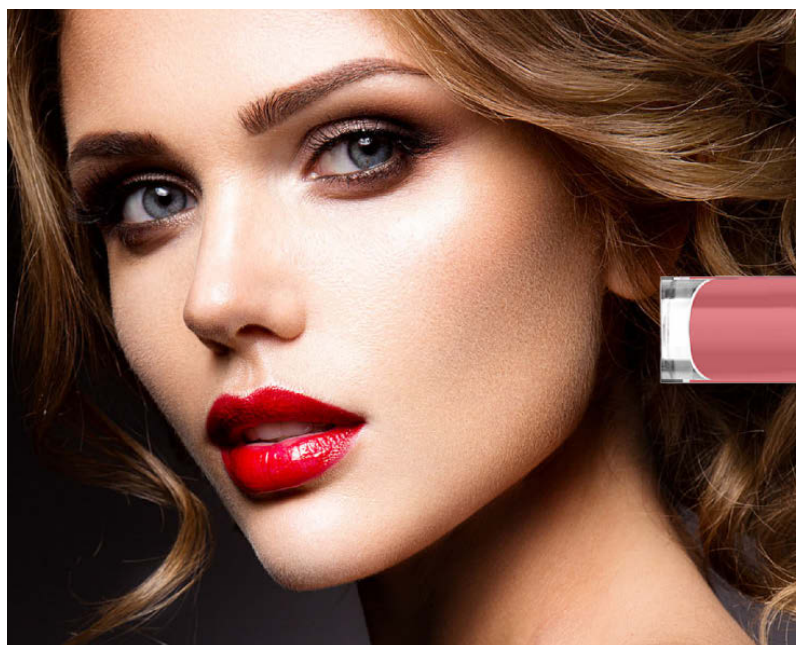
New lip formulas

Which lipstick gave our pout the perfect sweep of colour?



Clarins Lip Milky Mousse, £19, clarins.co.uk
Beauty director Lynne Hyland says: "I like the fluffy texture, which blends into a pretty stain that's matte but still hydrating. The shade Milky Rosewood worked well on cheeks, too. One grumble – the colour on the packaging isn't a great match for the shade inside the tube, so swatch before you buy."

OUR VERDICT
★★★



OUR VERDICT
★★★★

Max Factor Lipfinity Velvet Matte, £9.99, lookfantastic.com

Zoe says: "I hate smudged lipstick so I always look for a formula that will stay put through my morning coffees. This promises to last all day and honestly does not budge for hours. It also feels comfortable – not drying – on my lips. My favourite shade is the nude Coco Creme."



OUR VERDICT
★★★

Nudestix Magnetic Lip Plush Paints, £24, nudestix.com

Lynne says: "These can be used on eyes, lips or cheeks. I didn't love them on my lids as the shades were a little too pink, but I loved the dusky rose Sweet Sangria as a lipstick or as a blush. They're long-lasting with a soft, blendable feel."

INC.redible Jammy Lips, £10, nailsinc.com

Beauty writer Zoe Cripps says: "These are the perfect mix of lip balm and gloss, with the added bonus of delicious scents (a throwback to my school days!). The Slow Jamz shade is a lovely deep berry and smells like vanilla. It's hydrating and has a strong tint."



OUR VERDICT
★★★★



OUR VERDICT
★★★

Catrice Power Plumping Gel Lipsticks, £3.95, justmylook.com

Zoe says: "Thanks to the gel effect, they glide on easily. They give a shiny, balm-like look and I do think it made my lips look a bit plumper. They don't last long but they're quick to reapply. The Don't Be Shy red is my favourite. A lovely bargain buy."

TOP TIP

Make a lipstick stay on longer by applying one coat, blotting it down with a piece of tissue, then applying another layer.

WE TRIED IT...

MICROBLADING

Isobel Dickinson tries it at Nails & Brows, London

Like many women I'm guilty of over-plucking my eyebrows until pencil thin. Over the years I've tried to grow them back into beautiful bushy brows, but despite my best efforts I'm plagued by patchy gaps that need tedious filling in each day.

I'd heard of semi-permanent eyebrow make-up but it conjured up images of faded green-blue brows or the scary-looking slugs loved by reality TV stars. I decided to steer clear.

However, a new semi-permanent treatment has been changing minds one brow at a time.

Microblading is the meticulous art of having individual eyebrow strokes painted on – perfect for people like me who want to fill out and define their brows with a more natural look. So I bit the bullet and decided to give it a go...



BEFORE



AFTER

THE TREATMENT

I headed to the Nails & Brows clinic in Mayfair, run by Meghan Markle's brow guru Sherrille Riley, where microblading technician Jenny Hyseni put me at ease as she explained the procedure. Then she drew on eyebrow shapes she thought would look good – and nailed it first time.

Next up was picking a colour. Jenny blended two for the perfect shade. After applying a numbing cream, it was time to needle. The process involves a small blade dipped in ink and scratched over the brows, leaving the colour just under the surface of the skin. You can certainly feel the sensation but it is manageable.

THE RESULT

Gone are my anaemic brows with big holes and in their place are brows befitting a Hollywood star.

I'm told they're slightly darker and bigger than they will be after a couple of weeks. Then the colour becomes more natural. Any redness and stinging will last no longer than a day or two. There can be slight scabbing, but I hardly saw any. Keeping them dry for 10 days is a must.

I couldn't be happier. I wake up with perfectly shaped, auto-filled arches every day. Now I ask myself, why didn't I get this done sooner?

Prices start at £995. For more information visit nailsandbrows.me

Amy Childs

The *Celebs Go Dating* and former *TOWIE* star, 29, tells us why now is the time for her to find love, what her dish of the day would be and the perks of being a mum of two

I've always loved *Celebs Go Dating*. I've always watched it and been a fan of the show



I've been single for 10 months now, so it seemed like a great thing to do and it's my TV comeback. Having a laugh, showing off my personality and going on dates – plus, having a few proseccos! The show has been great and my social media has been going mad since I've been on it.

All the celebs on the show were so fun



Dean Gaffney is one of the nicest guys I've ever met. Lockie [James Lock] is from *TOWIE* so we got on really well, Olivia Bentley from *Made In Chelsea* was amazing – we've got a great friendship. It's mad, you wouldn't think we'd get on but she made me feel great. Amy Hart was lovely, too.

10 TV LIFE



Anna Williamson and Paul Carrick Brunson told me I was a good date

They gave me such good advice. They told me that I needed to ask more questions and they were right, I never used to ask enough questions. Now that I'm a mum, I need to know a lot more about someone. You have to be guarded and know what they want as well.

My ultimate dream date would be to go to the Eiffel Tower in Paris...

...have champagne at the top, then go to a beautiful restaurant to eat the finest caviar, or something like that – very posh. It would have to be at Christmastime, the most romantic time of year. This is never going to happen for me but I can dream.

My number one piece of dating advice would be to have a laugh...

...and try not to be too nervous. You have to enjoy yourself. Don't ever go to the cinema, you need to be somewhere you can talk – an activity or doing something random is fun. It breaks the ice and you get to see each other's personalities.

My perfect type of man is someone who has got banter

They've got to be funny and be able to make me laugh. Also, it's a bonus if they're nice-looking, too, but they don't have to be the best-looking guy. Ideally, because I've got my business ventures, they need to be business minded as well.

I had a few years off the telly because I was having my kids



I just wanted to really enjoy them. But I'm ready to get back to work now. I've got a few things lined up, which are really exciting, that you'll all hear about soon.

I did MasterChef a few years ago and I'm getting better at cooking

I make things like spaghetti bolognese but my favourite food is chicken fajitas, I love them! Don't ask me why. If I had to choose, it would be my final meal.

The biggest thing I've learnt about myself over the years is that I love being a mum



I can't believe how much I love my children – there is no love like it. I've got older and I'm wiser now. My children are Polly, who's three, and Ritchie, who's 18 months old. It's very hard work but my life now is the kids, I wouldn't change it for the world. Polly loves Disney, she's a girlie girl, a mini-me. She's very affectionate and loves being a big sister. Would I have any more kids? Not yet but never say never.

I lost myself a bit after Ritchie was born



I lost my confidence. But *Celebs Go Dating* has helped me a lot, I've found myself again.

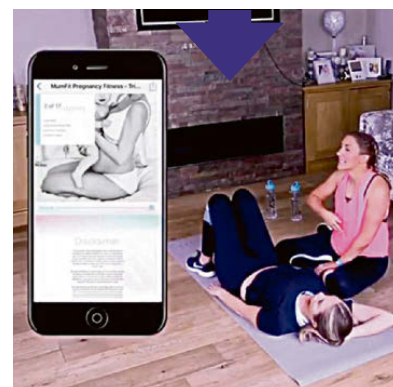
I'm still really glam, I like dressing up when I can



I hate talking about myself but I'd say I like my legs, – I've got really nice legs. I also love facials. My favourite treatment at the moment is dermaplaning, which takes all the hairs off. I've got quite a hairy face so I have it done once every four weeks. It doesn't hurt, it's actually relaxing.

I train about three times a week at the moment

I have a fitness plan I brought out called mum.fit, to help mums who want to lose weight but find it hard to go to the gym. You can use it at home and the 25-minute workouts are brilliant.



Celebs Go Dating, Monday to Thursday, 9pm, E4

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Camel, £65, dunelondon.com



Yellow cross-body, £14.99, hm.com



Yellow, £89.99, zara.com



Print, £29.99, shop.mango.com



Snake-print leather, £125, frenchconnection.com



Cream, £15, asos.com



Yellow, £34, next.co.uk



Mint green, £15.99, newlook.com



Tan, £35.99, shop.mango.com



Nude, £25, topshop.com

'We have
a basic
need for
human
contact'

Kick your mobile addiction

Many of us are constantly glued to our phones, yet feel less connected to others than ever. Here's how to break the bad habit

Mobile phones are often a lifeline, giving us fast access to emergency services, handy support groups and even online therapy.

But a recent study found that 51 per cent of us believe we spend too much time on them and we all know how it feels to be "phubbed" by a friend – when they ignore us in favour of fiddling with their mobile. Kendall Jenner has extolled the virtues of ditching her mobile while on holiday, and Simon Cowell doesn't even have one.

The addictive nature of the technology is dangerous, too. The number of road accidents

caused by people distracted by their mobiles has risen over the years, despite it being illegal to use one while driving.

Social media apps have also been linked to a rise in anxiety and depression. Cognitive behavioural therapist at Ieso Digital Health Joanne Adams says, "With so many social media apps available, people are interacting on a more regular basis, but this can be detrimental to our actual social lives."

"It's easy for these apps to become a substitute for face-to-face interaction. We have a basic need for human contact. It gives us a feeling of connection and belonging that we can't get through our mobile screens."

Stephen Buckley, head of information at mental health charity Mind, agrees. He says, "These devices come with benefits and dangers for our mental health. Accessing social media on our phones can help us connect with loved ones and feel less alone, particularly those who find it hard to leave the house. But there are risks. Certain websites and social media can trigger negative feelings, so the aim is to take regular breaks."

So how can you reduce screen time and still enjoy your mobile in moderation?

1 TURN OFF YOUR NOTIFICATIONS

Apps often generate "dings" that encourage us to check our phones. Turn them off in settings. Only keep these on for the apps where real people are trying to reach you, such as WhatsApp or Messenger.



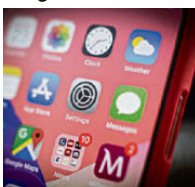
2 USE A DIFFERENT ROOM

Charge your mobile in a different room overnight, so that it's not the first thing you check in the morning. Get a traditional alarm clock to wake you up instead.



3 DECLUTTER YOUR HOME

Most of us mindlessly open apps on our home screens just because they're visible when we pick up our phones. So make sure you only have your tools – eg camera, notes, calendar –



on your home page. Moving apps into separate folders means you'll be less likely to be tempted to keep checking them.

4 CHANGE TO GREYSCALE

What helps many people to check their phone less is setting their mobiles to greyscale. It helps train our brain away from our mobiles as we don't get a shiny reward from looking at the colourful icons on our home screens.

5 SET MOBILE BANS

Try having phone-free time zones at home – for example, no mobiles at the dinner table or two hours before bed.



Simon says he doesn't have a mobile while Kendall ditched hers on holiday



With thanks to Joanne Adams at Ieso Digital Health (iesohealth.com/en-gb), an online cognitive behavioural therapy tool, and Stephen Buckley at mental health charity Mind (mind.org.uk).

WORDS: YASMINE GRIFFITHS PHOTOS: GETTY IMAGES

Afternoon delight

Spoil family and friends with these mouthwatering teatime treats

Red velvet cupcakes

Makes: 8
Preparation time: 30 minutes
Cooking time: 45-50 seconds

90g (3oz) unsalted butter, melted and cooled
 1 large egg, at room temperature
 90g (3oz) caster sugar
 1 tsp vanilla extract
 18g (¾oz) beetroot powder
 2 tsps cocoa powder
 110ml (4fl oz) sour cream
 2 tsps baking powder
 85g (3oz) plain flour

For the easy cream cheese frosting:
 100g (3½oz) unsalted butter, softened
 40g (1½oz) caster sugar
 2 tsps vanilla extract
 235g (8½oz) full-fat cream cheese
 Edible flowers, to decorate

You will need:

1 piping bag with a large, star-shaped nozzle, about 2.5-3cm (1-1¼in)
 8 microwaveable glass or ceramic mugs, about 6cm (2½in) in diameter and 10cm (2½in) high

- Put the melted butter, egg, sugar and vanilla into a large bowl and mix well with a wooden spoon.
- Mix in the beetroot and cocoa powders and add the sour cream. Sift in the baking powder and flour and mix thoroughly.
- Rest the mixture at room temperature for 10 minutes then divide between the glasses or mugs – about 60g (2½oz) in each. The mixture should fill a third to half of each cup. Don't be tempted to overfill, as these sponges rise a lot. Level out the tops with the back of a spoon.
- Microwave 2 cups at a time on maximum power (900w) for 45-50 seconds, then cool. If your microwave doesn't go that high, cook for 10-15 seconds longer.
- For the cream-cheese frosting, put the butter, sugar and vanilla into a bowl. Beat with an electric whisk (or a stand mixer with the paddle attachment) until light and fluffy, scraping down the bowl a few times.
- Mix the cream cheese in slowly for a few seconds. Don't overmix, as the frosting can become sloppy.
- To serve, pipe a large swirl of frosting on top of each sponge and decorate with edible flower petals.



Raspberry and lychee no-bake cheesecake

Serves: 12-14
Preparation time: 30 minutes, plus chilling

For the base:

200g (7oz) digestive biscuits
 175g (6oz) unsalted butter, melted
 50g (2oz) demerara sugar

For the filling:

400g (14oz) full-fat cream cheese
 300ml (10fl oz) double cream, whipped until stiff
 100g (3½oz) icing sugar
 1 tsp rosewater
 200g (7oz) fresh raspberries
 1 x 225g (8oz) can of lychees, well drained
 Edible rose petals, to decorate

- You will need a 20cm (8in) loose-bottomed cake tin, lined with clingfilm (a spray of water inside the tin will help the plastic stick).
- To make the base, blitz the crushed biscuits to fine crumbs in a food processor. Add the melted butter and blitz again to combine.
- Transfer the crushed biscuits to a bowl and mix in the demerara sugar. Tip into the bottom of the cake tin, spread evenly and press down firmly with your fingers until the base is evenly compacted and firm. Place in the fridge for about 30 minutes.
- Meanwhile, put the cream cheese into a clean bowl and mix to loosen.
- Fold in the whipped cream, icing sugar and rosewater until well combined.
- Finely chop 75g (3oz) of the fresh raspberries, reserving the rest and leaving them whole for decoration.
- Reserve 6 lychees for decoration and finely chop the rest.

- Dry the chopped lychees and chopped raspberries with a sheet of kitchen paper to remove the excess juice then mix lightly with the cream mixture. Do not overmix – you want a marbled effect.
- Take the base from the fridge and spoon the cream-cheese mixture on top. Roughly smooth the surface with a spatula.
- Freeze for 1-2 hours until firm, but not frozen solid.
- Remove the cheesecake from the tin and decorate it by placing the reserved whole lychees evenly around the top edge, with the whole raspberries and edible rose petals spaced in between.
- Serve immediately.

To order your copy of *Afternoon Tea At The Cutter & Squidge Bakery* by Emily Lui & Annabel Lui (£16.99, Ryland Peters & Small), with free UK delivery, call the Express Bookshop on 01872 562310 or visit expressbookshop.co.uk. The Bookshop is no longer accepting cheques or postal orders.



Get the gear!

BY JENNY KYTE AND RIANNE ISON

Pull up a chair

Rest those weary legs with this super-lightweight and easy-to-use portable seat. It's perfect for festivals, fishing, football matches and even using at your desk. It's comfortable, with a 15in-wide seat, but is so compact when folded up that you can easily stick it in a pocket or bag, or carry it over your arm.

Sitpack Zen, £84, sitpack.com



Take the biscuit

Indulge yourself minus the guilt with these low-sugar, gluten-free biscuits. Nairn's oaty apple and cinnamon treats are delicious with a cuppa, and will help zap those mid-afternoon cravings. Yum!

Nairn's Oats, Apple & Cinnamon Chunky Biscuit Breaks, £1.85, Waitrose

Time for a change

Add some classic style to your wardrobe with this timepiece inspired by the London borough of Camden. The crest on The Camden Watch Company's new creation is based on the borough's coat of arms and the overall style is influenced by the area's railway heritage, drawing on pocket watches worn by Victorian train conductors.

The No.29 Crest, £138, camdenwatchcompany.com



Whisky galore

Relax and pour yourself a delicious wee dram of the Laphroaig 10-year-old whisky – a classic to really warm those cockles. The smoky flavour is combined with a residual sweetness, which is broken up with just a tiny hint of salt. Delicious.

Laphroaig, £40, Waitrose, Sainsbury's, Morrisons



A cut above

Who doesn't love a multi-tool? Get to work with these nifty new smart scissors that are really five tools in one. Ideal for the kitchen or the tool box, they have "cut anything" blades, a built-in wire stripper, garlic press, nut crusher and a bottle opener.

AnySharp 5-in-1 Multi Scissors, £12.93, amazon.com



Dog tired

Jazz up your bedroom with some new bed linen. Wilko has an amazing new range, including this very on-trend sausage dog set with a reversible check design. The polycotton blend makes it easy to care for and, even better, requires minimal ironing.

Double duvet set, £14, wilko.com



Peak fitness

Hit the gym in style with Decathlon's workout gear, designed to help you reach peak performance. The Domyos FTS 500 Fitness T-shirt has been made specifically for exercising, with moisture management technology, odour control under the arms, and a cut designed for 360° movement. Plus the mesh panels mean sweat marks are a thing of the past!

Domyos FTS 500 Fitness Cardio Training T-Shirt, £9.99, decathlon.co.uk



Tune out

Charge and go with these stylish headphones from Huawei. The FreeBuds are small, lightweight and come with noise-cancelling capabilities. So rave to your fave tunes or sit back with a good podcast.

Huawei FreeBuds 3, £169.99, amazon.co.uk





With his fellow mentors on *The Greatest Dancer*

'I can help guys with romance problems'

Matthew Morrison on why he loves the UK, dancing with his son and how he keeps the romance alive with his wife...

The *Greatest Dancer* is coming to the end of what has been a jam-packed, super-entertaining series. The awesome mentors, including Cheryl, Oti Mabuse, Tодrick Hall and, of course, *Glee* star Matthew Morrison, are now preparing for the grand final on Saturday night.

We catch up with Broadway performer Matthew, 41, who normally lives in Los Angeles with wife Renee and son Revel, two, to talk parenting, dancing and romancing...

Hi Matthew. How have you found being in the UK?

I've loved it. I never know where I am, though. I have no idea how anyone finds anything in London. There are so many curves and dead ends. And why are there so many stairs for the Tube? Not great with a child in a buggy. I don't get what roast dinners are either. It's roasted meat?

That's correct. And what are the positives to life in the UK?

I am fluent in Geordie from sitting next to Cheryl. And in New York if I take my son to a restaurant with adults I get serious side eye. I find the UK really family friendly and there are great parks.

Does Revel know what you do?

He knows I had funny facial hair for a while. When I got rid of the moustache he took the fake

moustache from his Mr Potato Head and was holding it to my face saying, "Papa!" It was getting a lot of press, my facial hair, wasn't it? I liked it – it grew on me. Literally.

Does Revel watch you on TV?

His face lights up when he sees me on *The Greatest Dancer*. He loves dancing. We get up every morning and have a dance party. My body isn't moving like it used to in my twenties. I have a lot of aches and pains when I wake up. It's worth it, though.

When did you realise you were a natural performer?

At 10 years old. My parents sent me to Arizona to spend time with my family. They didn't really want to deal with me and my cousins so they threw us in a children's theatre for the summer. I found my calling.

You were quite successful from a young age...

I moved to New York after high school to go to college. I got my first Broadway show at 19. I'm proud of that, but there were loads of times when I was searching for roles and thinking I was never going to get work ever again.

Did *Glee* change everything?

It changed all our lives. I wasn't sure how well a show about singing and dancing high-school kids would do. I'm not sure if it would catch on



now. I just think the timing was right. People were ready for something different, with heart.

The fandom for *Glee* is still pretty serious, isn't it?

Yes and I still find it strange. I like my own simple life and doing my grocery shopping and being anonymous. It's nuts here, worse than in the States. And people think you're a jerk if you don't stop for pictures. If I didn't have to work and provide, I'd live on a farm and just live off the land. I say that... Cleaning up cow poo? Maybe not.

How normal is your life?

Normal normal. *Toy Story* films in our Buzz Lightyear PJs. My wife's a phenomenal cook but I'm the smoothie king.

We heard you're a smoothie when it comes to wooing your wife, too...

I'm a romantic man and love keeping the romance alive. I think it's so easy when you're falling in love with someone, but keeping the romance alive over a long relationship is the hard part and that's where the work needs to come in. I'm always going to find ways to shower my partner with love.

Any examples?

Well I gave her a baby! That's a good love gift. I love seeing the world with my wife, and I like surprising her with trips where she doesn't know where we are going.

A few men out there could learn a thing or two from you...

I would love to teach men about modern masculinity! I feel like men should be a lot more involved in raising their kids. I want to be an example to guys on how to romance their woman. I could start doing seminars. Any guys who need my help, send me a message!

Emma Jones



With wife Renee and son Revel

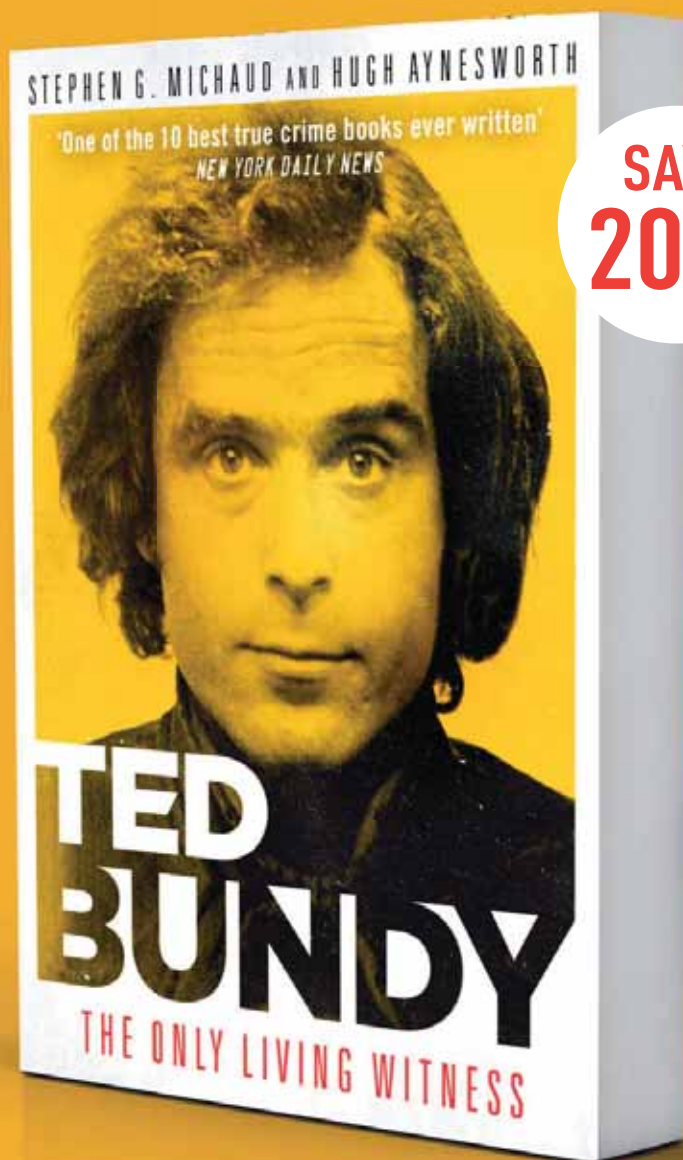
The Greatest Dancer, Saturday, 6.30pm, BBC1

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m
B

Puzzle Factor

4-PAGE BUMPER PULLOUT

CELEBRITY CROSSWORD



PHOTOS: GETTY IMAGES



ACROSS

- 1 Adult animation voiced by H Jon Benjamin (6)
- 4 Brazilian model, Gisele _ (8)
- 10 James Van _ Beek, star of *Dawson's Creek* (3)
- 11 Funnyman who is *Not Going Out* (3,4)
- 13 Hit song for Queen in 1984, _ Ga Ga (5)
- 14 See 12 Down
- 15 Bong _-Ho, Oscar-winning South Korean filmmaker (4)
- 16 & 7 Down Recent Agatha Christie adaptation starring Rufus Sewell (3,4,5)
- 18 Veteran actress in 16 Across and 7 Down, _ Tushingham (4)
- 19 See 28 Down
- 21 Neatly packaged hit from Roddy Ricch (3,3)
- 22 _ King, composer who worked with Gerry Goffin (6)
- 24 Former Conservative

Rearrange the letters in the shaded squares to spell out the name of the celebrity in the centre of the grid

DOWN

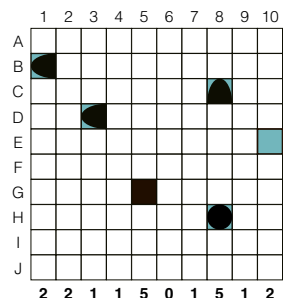
- MP turned novelist, _ Currie (6)
- 23 Brad _, current Best Supporting Actor Academy Award holder (4)
- 29 Gwyneth _, actress behind lifestyle brand Goop (7)
- 32 *The Imitation* _, 2014 film about mathematician Alan Turing (4)
- 33 Star of the *Scream* movies, _ Campbell (4)
- 35 _ Menzel, gives her voice to 34 Down (5)
- 36 & 23 Down Harrison Ford film about a dog called Buck (3,4,2,3,4)
- 37 Mr Hislop, *Have I Got News For You* panellist (3)
- 38 Meat Loaf would have done _ *For Love* in 1993 (8)
- 39 Chris _, football pundit who played for England in the 80s (6)
- 1 Spooky TV and movie family (6)
- 2 First name of Frank Lampard's wife (9)
- 3 Singer Henderson or Eyre (4)
- 5 Sprinter and sportsman soon to become a dad, _ Bolt (5)
- 6 _ Fanning, appeared in the *Twilight* movies (6)
- 7 See 16 Across
- 8 US celebrity otherwise known as "Octomom", _ Suleman (5)
- 9 US actress and comedian, _ Barr (8)
- 12 & 14 Across Inventor and investor who released an EDM track (4,4)
- 17 Ruth Langford's colleague and husband, _ Holmes (6)
- 20 Gino D'_, host of *Win Your Wish List* (6)
- 21 Legal drama starring Nicola Walker and Stephen Mangan (3,5)
- 23 See 36 Across
- 26 *The* _, Jason Bateman film with Jennifer Aniston (6)
- 27 Current movie adaptation of a Jane Austen novel starring Bill Nighy (4)
- 28 & 19 Across Lyricist who has worked for five decades with Elton John (6,6)
- 30 Runner-up of *Apprentice* 2013, _ Zissman (5)
- 31 _ *Or Not*, Fugees hit from 1996 (5)
- 32 British rapper and songwriter, Professor _ (5)
- 34 Character who becomes Queen of Arendelle in *Frozen* (4)

To hear individual answers or the full solution call 0905 789 4164.

Calls cost 80p per minute plus your telephone company's network access charge. SP: Spoke. Helpline: 0333 202 3390.

BATTLESHIPS

Find where the fleet of ships shown is hidden in the grid. The numbers to the right of and below the grid indicate how many of the squares in that row are filled in with ships or parts of ships. The ships do not touch each other, even diagonally. Some squares have been filled in to start you off.



1 x Battleship (5 squares)
 2 x Cruiser (3 squares)
 3 x Destroyer (2 squares)
 4 x Submarine (1 square)

CELEB WORD MATCH

Find a word that can follow the word on the left and precede the word on the right. When you have filled in all the answers, the name of a celebrity can be read from top to bottom in one of the lines.

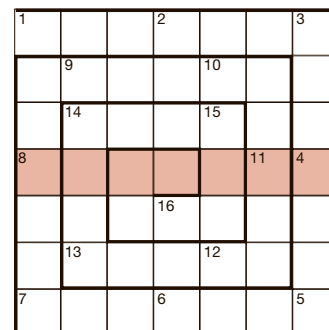
BELT						UP
PILOT						SHARK
DAY						BOAT
WILD						PRESS
POT						ROOM
SEA						BLOCK
ROAD						FIRST
NEW						PIG
STEP						HOOD
ONLY						LESS
SODA						KNIFE
FLOWER						PARTY

WORD SPIRAL

Starting from 1, fill in the grid in a clockwise direction with four-letter words. The last letter of each word becomes the first letter of the next to reveal the seven-letter keyword in the shaded boxes.

- | | |
|-----------------|------------------------|
| 1. Affluent | 9. Highland dagger |
| 2. Not soft | 10. Military cap |
| 3. Information | 11. Greek letter |
| 4. Land measure | 12. Among |
| 5. Discharge | 13. Action |
| 6. Be inclined | 14. Extinct bird |
| 7. Besmear | 15. Burden |
| 8. Poet | 16. Pudding ingredient |

Keyword clue: A type of plant



FAMOUS FACES

Identify the five celebrities, take their initials and put them in the correct places in the numbered boxes. These letters will spell the name of a celebrity.

10	2	5
4	6	7



1 2

3 4

5 6

7 8

9 10

- 1 Which British actor played vampire Aro in the *Twilight* films?
- 2 ...and in which film series did he play werewolf Lucian?
- 3 Which Nigerian singer features on J Hus's recent hit single *Play Play*?
- 4 Who recently handed wife Moira divorce papers in *Emmerdale*?
- 5 Which *Corrie* widower made his relationship with Bethany public?
- 6 Who proposed to his *Dancing On Ice* partner after leaving the show?

Find out how much you know about style, soaps, TV and pop with our fantastic quiz. Check your answers in next week's Daily Star Sunday.

- 7 On which BBC show did singer Louis Tomlinson say he would not appear again?
- 8 Which ITV drama stars Neil Dudgeon as DCI Barnaby?
- 9 Which 2007 movie was the third of the *Bourne* films?

SHOWBITZ QUIZ

- 10 Whose debut No.1 album was 2012's *Our Version Of Events*?
- 11 Hotspot is the latest hit album for which British duo?
- 12 Who co-writes BBC2's *Inside No. 9* with Steve Pemberton?

- 13 Which Aussie pop star asked *Give Me Just A Little More Time* in 1992?
- 14 Which 2015 film remake starred Edgar Ramirez as surfer Bodhi?
- 15 Which soul band had a big 1960s hit with *Build Me Up Buttercup*?
- 16 Who recently joined the *Death In Paradise* cast as DI Neville Parker?
- 17 Who won the Best Actress award at the 2020 BAFTAs?

- 18 Who recently topped the album chart with *Music To Be Murdered By*?
- 19 Which new black-and-white movie stars Robert Pattinson and Willem Dafoe?
- 20 Who plays the evil Dr Robotnik in new film *Sonic The Hedgehog*?

If you can't wait until next Sunday for the answers, ring 0907 181 2654. Calls cost 80p per minute plus your telephone company's network access charge. SP: Spoke, 0333 202 3390

ARROWWORD

Complete the puzzle, then rearrange the shaded squares to find the name of an actor (4,7).

Roger ... tennis player	Total ... 2012 sci-fi remake	Spider's home	Writing system for the blind	Visionary	Precisely
Gadot, Israeli actress	Puts down gently	Witness	Ancient Roman greeting	Green Toy Story character	Small stream
South Asian country	Roth, <i>Hostel</i> director	Curve	Outer reach	Archaic measure of length	
Travel by air	Cunning	Buddy	Sooner than expected		

To hear the solution call 0907 181 1079. Calls cost 80p per minute plus your telephone company's network access charge.

CROSSWORD

ACROSS

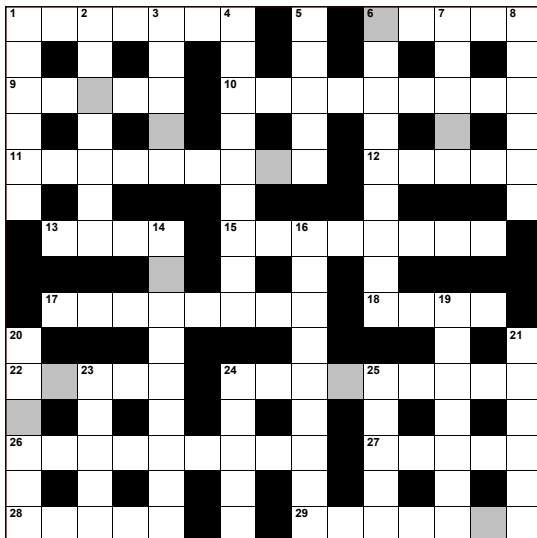
- 1 Form of raffle in which prizes are pre-assigned to winning tickets (7)
- 6 The Arabic word for God in Abrahamic religions (5)
- 9 Jewish holiday which commemorates the saving of the Jewish people from Haman (5)
- 10 British Overseas Territory located at the southern tip of the Iberian Peninsula (9)
- 11 Dutch draughtsman, painter and printmaker of the 17th century (9)
- 12 Late British comedian, ... Wise (5)
- 13 ... McNulty, Scottish footballer currently on loan to Hibernian from Reading (4)
- 15 The most populous city in Turkey, which straddles the Bosphorus Strait (8)
- 17 See 21 Down
- 18 *When I ... You*, song that was a 1977 No.1 hit for Leo Sayer (4)
- 22 Andrew Lloyd Webber musical based on the life of Eva Peron (5)
- 24 1969 children's novel by Penelope Farmer, ... *Sometimes* (9)
- 26 ... Junction, name by which Birmingham's Gravely Hill Interchange is commonly known (9)
- 27 Stationary handrail used for ballet exercises (5)
- 28 The nut of the oak tree and its close relatives (5)
- 29 Brazilian bossa nova and jazz song written in 1962, *The Girl From ...* (7)

DOWN

- 1 Large herbivorous mammals with a short prehensile nose-trunk inhabiting Asia and the Americas (6)
- 2 Percussion instrument, a set of wooden bars struck with mallets (7)
- 3 Alternative name for the abalone sea snail (5)
- 4 South American country which is the setting for 22 Across (9)
- 5 John ... Italian navigator and explorer who discovered the coast of North America in 1497 (5)
- 6 Mythological king who commanded the Greek armed forces in the Trojan War (9)
- 7 Classical language (5)
- 8 British boxer, holder of the WBC female super-featherweight title since February, Terri ... (6)
- 14 James ... British Prime Minister from 1976 to 1979 (9)
- 16 Acclaimed Italian conductor and musician of the late 19th and early 20th centuries, Arturo ... (9)
- 19 In Greek myths, the muse of music (7)
- 20 Seawater inlet of the Indian Ocean, lying between Africa and Asia (3,3)
- 21 & 17 Across American tennis player and former World No.1 who has won 23 major singles titles (6,8)
- 23 The final and fully developed adult stage of an insect, typically winged (5)
- 24 Panna ... Italian dessert whose name translates as 'cooked cream' (5)
- 25 The seventh sign in the Zodiac, represented by a set of scales (5)



Mix up the letters in the shaded squares to reveal the name of an American actor (4,6)

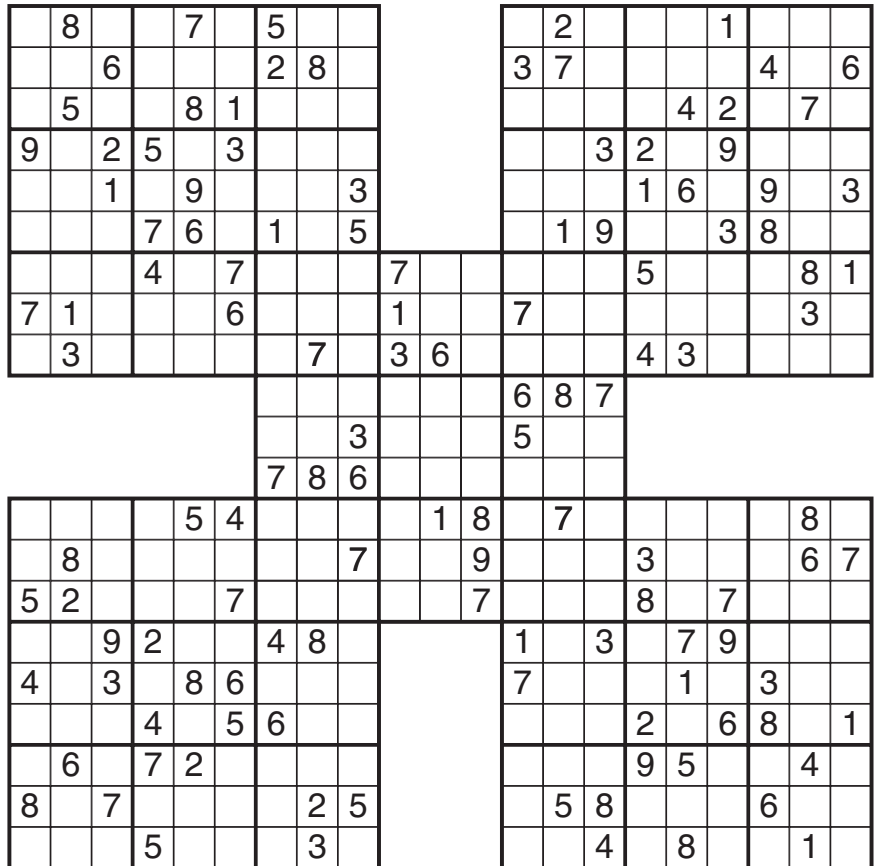


To hear the across and down solutions call 0907 181 1080.

Calls cost 80p per minute plus your telephone company's network access charge.

SAMURAI SUDOKU

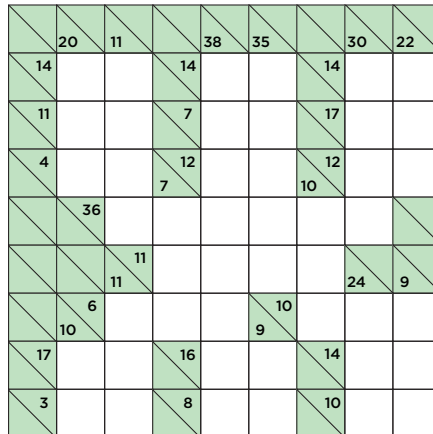
In Samurai Sudoku, normal sudoku rules apply for all five 9x9 sudokus, but the 9x9 inner sudoku shares four of its 3x3 boxes with those of the outside sudokus.



For extra clues call 0905 789 4163. Calls cost 80p per minute plus your telephone company's network access charge.

KAKURO

Fill in each series of blank squares using the numbers 1 to 9. Each series – across and down – must add up to the number in the shaded box at the beginning or top of the series. A number may be repeated in each line but not in a series.



PATHFINDER

Starting with the highlighted letter E, follow a path to find the names of 19 languages. The trail passes through every letter once (but only once) and may go up, down, left or right, but not diagonally.



LAST WEEK'S ANSWERS:
 1 Desperately Seeking Susan;
 2 Rosanna Arquette; 3 Godzilla;
 4 Arthur; 5 Leo; 6 Billie Eilish;
 7 David Walliams; 8 Bradley Walsh;
 9 Tom Selleck; 10 Kaiser Chiefs;
 11 Aitch; 12 Jason Manford; 13 Fine
 Young Cannibals; 14 The Blue
 Lagoon; 15 Stevie Wonder;
 16 Graham Norton; 17 Gary Lineker;
 18 The Courteeners; 19 Blake Lively;
 20 Margot Robbie.

Puzzle Factor

ALPHA PUZZLE

Alphapuzzle® tests your logic and word power. Each grid number represents a letter. Each letter of the alphabet is used. Use the given letter or letters – below the main grid – to start. Can you beat the Target Time? Call for an Extra Letter Clue if you get stuck. Solution next Sunday. **DIFFICULTY:** 10/10; **TARGET TIME:** 30 minutes
CLUE: Speedy pair 500 break up.

12	20	8	1		2	20	13	7	14	5	17	22
22		11		11		19		17		8		23
26	5	17	24	20	13	15		13	15	9	25	7
22		13		17		5		10		24		22
17	13	19	5	23		21	15	22	18	9	17	
13			15		24			19		4		
7	5	14	15	22	24		5	14	19	22	23	22
22		13			12		5				24	
	21	17	22	8	11	9		8	6	9	20	24
8		5		11		24		21		19		5
13	11	24	9	17		6	22	5	17	22	8	8
8		13		20		22		24		17		9
6	13	15	15	14	13	17	16		3	13	17	25

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

YESTERDAY'S SOLUTION

Across: Town, Cardigan, Airship, Squad, Sheer (clue), Coyote, Inrush, Nuance, Justly, Kebab, Abide, Elegant, Dandruff, Zoom.

Down: Transfix, Card, Worse, Reunion, Charts, Their, Aspect, Myself, Dusty, Upkeep, Glutton, Bravo, Nude, Verbatim.

Alphapuzzle® © 2020 Acorn Editorial Ltd

EXTRA CLUE LETTERS: 0907 181 2628

(Deduct two minutes from target time for each extra letter heard.) Alternatively, for six extra clues to your mobile, text DSSALPHA to 85088. Texts cost £1 plus your usual network rate.
FULL SOLUTION: 0907 181 2629 *Calls cost 80p per minute plus your telephone company's access charge.

SUDOKU

1		8	3		4			
6				8				5
	9		6		2		4	
	6					8		
3	5			2			6	4
		4			5		3	
	2		8		1		7	
8		5				4		
			5	9	6		2	

Extra clues: 0901 322 5604

Today's Solution: 0907 181 2630

*Calls cost 75p plus your telephone company's network access charge. SP: Spoke, 0333 202 3390

*Calls cost 80p per minute plus your telephone company's network access charge.

Fill the grid so that every column, row and 3x3 square includes all the digits from 1 to 9.

LEVEL: Gentle
TARGET: 16 mins
Solution tomorrow

YESTERDAY'S SOLUTION

7	4	3	8	1	6	5	9	2
1	5	6	7	9	2	3	4	8
2	9	8	5	4	3	6	1	7
6	1	4	2	3	7	8	5	9
8	7	2	9	6	5	4	3	1
5	3	9	4	8	1	2	7	6
3	6	7	1	5	8	9	2	4
9	2	5	6	7	4	1	8	3
4	8	1	3	2	9	7	6	5

LOSS WORD

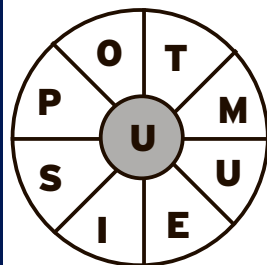
Y H C T A R C S W H
 E N A M F F U D O E
 N S R E H T I M S S
 R M A G G I E I G U
 A D D O T R A B R O
 B A M L E S A G A H
 E I L L I W G M M L
 U N E L S O N M P I
 L L A B W O N S A M
 E K A N S U T E L C

Welcome to our wordsearch with a difference. Not only are there 18 lost names hidden in the grid, written forwards, backwards, up, down or diagonally, but if you find them and cross them out, the letters that remain will spell out a further related name. As usual, we're not going to tell you what the lost names are, but they do all have a strong connection. The hidden name is another character – and that's a clue!

ANSWERS: The lost names are BARNEY, BART, CLETUS, SNOWBALL, TODD, WILLIE, all characters in *The Simpsons*.
 The hidden name is WIGGUM.
 MILHOUSE, NELSON, SCATCHEL, SELMA, SMITHERS, SNAKE, DUFFMAN, GRAMPY, HOMER, LISA, MAGGIE, MARGE, CLETUS.

WORDWHEEL

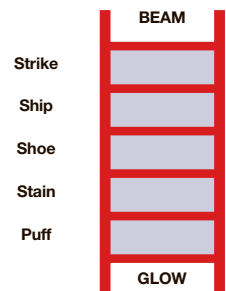
Using only the letters in the wordwheel, take 10 minutes to find as many words as possible, none of which may be plurals, foreign words or proper nouns. Each word must contain the central letter and at least three others. Letters can only be used once in every word. There is at least one nine-letter word in the wheel.



To hear the full solution call 0907 181 1078.
 Calls cost 80p per minute plus your telephone company's network access charge. SP: Spoke, 0333 202 3390.

WORD LADDER

Using the clues provided, fill in each step of the ladder with a new word, changing one letter at a time.



TWO-WAY TEASER

Call 0907 181 2588

for today's solution. *Calls cost 80p per minute plus your telephone company's network access charge.

CRYPTIC CLUES

ACROSS

- Angry when dismissed, remove what you've written (5,3)
- Dog food? (4)
- One having a bit of coffee at the Women's Institute? (4)
- Comparatively unfamiliar person? (8)
- Regrets the tearing of mantles? (7)
- Try to get a good look at a bird? (5)
- Sound, if glib, comic material (6)
- Dad has no right to be a bit of a fathead! (6)
- Go easily – Mabel's upset! (5)
- Ebenezer's own goal in an extraordinary score (7)
- Early music (8)
- List taken down by the inner man (4)
- Holiday journey to part of Turkey (4)
- Book a tough-tackling defender (8)

DOWN

- Part of an animal that's vegetable (7)
- Charitable organisation of Max (5)
- Assault on TV, perhaps (5)
- Revolutionary act? (4)
- How hags are confused by malarkey (7)
- Damaged letter or two (5)
- She's due to finish in a French Riviera resort (5)

- Seat for a person avoiding sexual distinction (5)
- Able to take part in a dramatic scene (7)
- Source of venison or something fishy for a dollar (7)
- Float, drifting, in the air (5)
- Encouragement to go to church, always? (5)
- Letter of love to a girl with heavy heart (5)
- Plant that was in the White House (4)

QUICK CLUES

ACROSS

- Delete (5,3)
- Food, informally (4)
- Married woman (4)
- Visitor (8)
- Mourns (7)
- Lifting machine (5)
- Glib talk (6)
- Dad (6)
- Stroll (5)
- Miserly character (7)

DOWN

- Primrose (7)
- Famine relief charity (5)
- Attack (5)
- Rotate (4)
- Pigswill (7)
- Poorer (5)
- Female relative (5)
- Seat (5)
- Motionless scene (7)
- Male deer (7)
- On high (5)
- Shout applause (5)
- Last Greek letter (5)
- Shrub (4)

YESTERDAY'S SOLUTION

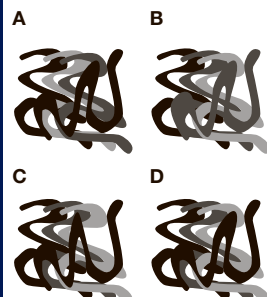
ACROSS: 1 Depart, 4 Object, 7 Yell, 8 Inedible, 9 Italian, 12 Con, 14 Ensign, 15 Platen, 16 Tie, 18 Satanic, 22 Mainstay, 23 Tyro, 24 Beater, 25 Summit. **DOWN:** 1 Day of rest, 2 Palliasse, 3 Trial, 4 Opera, 5 Jail, 6 Cello, 10 Argus, 11 Nylon, 12 Cataclysm, 13 Nanny goat, 17 Irate, 19 Alter, 20 Abyss, 21 Unit.

Two sets of clues but the answers are the same
ANSWERS TOMORROW

1		2		3		4		5		6		7
8				9								
10				11				12				
13		14				15					16	
17						18	19			20		
22								23				
24						25						

MIRROR IMAGE

Which of the four shapes below is an exact mirror image of the one to the right?



Puzzle books are available from Express Bookshop with free UK delivery, call 0871 471 3467 (*Calls cost 13p per minute plus your telephone company's network access charge) or order online at expressbooks.co.uk.

Puzzle Factor

The Daily Star Bookshop stocks a wide selection of puzzle books across all crossword puzzle genres. To obtain our up-to-date list please visit expressbookshop.com, call 01872 562316 or write to Daily Star Bookshop, PO Box 200, Falmouth TR11 4WJ. Please enclose an SAE for return.

TRAIN YOUR BRAIN

30-SECOND MATHS TEST

Follow the instructions from left to right, starting with the number given, to reach an answer at the end of the row. Set your own

30-second challenge: you have 30 seconds for the BEGINNER task. For a greater challenge, try INTERMEDIATE and

INTERMEDIATE in 60 seconds and true mental gymnasts should try INTERMEDIATE and GENIUS in 90 seconds together.

BEGINNER

16

TAKE THE SQUARE ROOT

+29

2/3 OF THIS

+39

REVERSE THE DIGITS

x3

+15

÷7

INTERMEDIATE

158

+26

75% OF THIS

-86

÷4

+16

x6

-48

5/9 OF THIS

GENIUS

14

SQUARE IT

+152

5/12 OF THIS

-49

INCREASE BY 75%

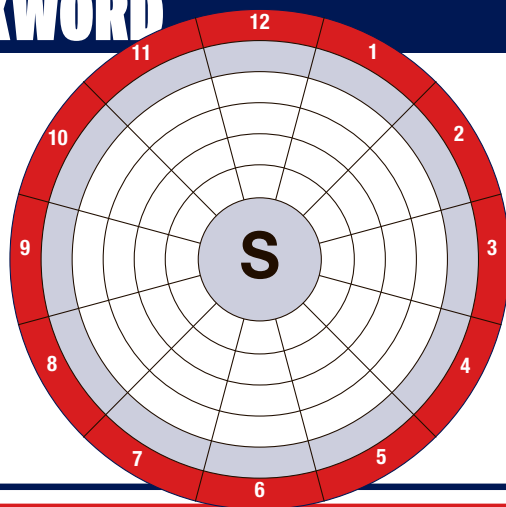
+84

8/9 OF THIS

-47

CLOCKWORD

The solutions from 1 to 12 are all six-letter words ending with the letter S in the centre. Moving clockwise from 1, the letters in the outer circle will spell out the name of an American actress.



1. Greek island
2. From one side to the other
3. Fabrics
4. Raises
5. God of darkness
6. Is educated
7. Hand tools
8. Pictures
9. Whips
10. Terrifies
11. Oily fruits
12. Sounds

WORD SEARCH

Can you find all of these sea creatures in the grid? Words may appear forwards, backwards or diagonally.

Anemone

Lobster

Squid

Barnacles

Octopus

Starfish

Crab

Plaice

Turtle

Dolphin

Porpoise

Walrus

Herring

Seahorse

Whale

Krill

Seal

Limpets

Shrimp

Z L N U A Z X U W L Y J V E U
S H P O R P O I S E I G K O B
R E T S B O L O K A W M Q M H
D K A W T Z C H Q Z C S Y S C
Q Y F L L T B L L I M P I T S
J G E X O E T L V B X F G P E
D O L P H I N I A J R X E C P
Y F U E V F A R I A G L I M P
X S E K O K N K T D T A I D I
E S R O H A E S W R L R Z I W
C E F M C Z M Z U P H R C U N
L Z L L J P O T G S P Y H Q B
N N E A W Z N B A R C Z V S D
H S M T H C E H E R R I N G Q
S U R L A W X J G W N S Z R Y

LAST WEEK'S ANSWERS

MIRROR IMAGE

A is the mirror image

TRAIN YOUR BRAIN

BEGINNER: 64
INTERMEDIATE: 26
GENIUS: 144

WORDSEARCH

K T U O O D J M S V H N E D
R U O S G U L S G O X T R E T
W T M O H M U O I Q I H I R
X P K D L E Q L F S G Z O
L Z Y L O S E U N I R J A W
L S K W O S D O E K L I E
A M N R T C S G E I E Z B U
W F V X Y I M Z N S T L K E V
N R D W W E F H I T P V S A E
M T S O P M O G R F O S A R
O D C H I U P E I X H N F F
W G G A S H E T N C D T D O
E E B E N N H A B L J M O O
R F S B C E Q D Z O Q A A M U
C S P E V S S P S I U W D W M

WORDWHEEL

9-letter word is ALLOWABLE

CLOCKWORD

1 Geyser, 2 Editor, 3 Reader, 4 Angler, 5 Ranker, 6 Danger, 7 Better, 8 Usurer, 9 Turner, 10 Loafer, 11 Eloper, 12 Rasher. CELEBRITY: Gerard Butler.

KAKURO

1 4 2 1 3 7
3 8 1 2 3 7 9
3 1 9 2
7 4 5 8 6 9
3 1 3 6 8 3
9 4 8 7 2
2 1 7 3 5 6 4
2 4 1 3

PATHFINDER

U E C S E N E A E
P N E L A S A T E
E N N O O P L E
E R N M U R N E V
F U S Y N U S A M E R
T U S I A S A T E
T P E Y N A C K H U N
E F E I O I N O S A
M O C N S T A A R T S
A X Y U E D S U T M E
L A G C A Y R U C R

FAMOUS FACES

Adele Adkins, Ed Harris, K T Tunstall, Sandra Bullock, Thom Yorke: KATHY BATES

WORD LADDER

Park, Sark, Sank, Sink, Link, Line, Life

CROSSWORD

B O A H R S H
P O R R I D G E C L E S
N C R R D U R
A S I A I S A A K D R E Y
A A N F
V I V I E N N E A S I M O V
P E R I H A L E P W A D E
I S O I I
A N T H E M S A L I N G E R
S E A U
U T A H T O R A H K Y L E
E U O O O O O
W I L L O W C A R T H A G E
N K N K E L Y

New film is Bloodshot

SAMURAI SUDOKU

4 6 7 3 1 8 9 2 5
2 5 3 9 7 6 8 1 4
8 1 9 5 4 2 6 7 3
1 7 5 4 6 9 3 8 2
6 2 8 7 5 3 4 9 1
9 3 4 2 8 1 5 6 7
5 8 1 6 2 4 7 3 9 6 4 8
7 9 6 1 3 5 2 4 8 5 3 1
3 4 2 8 9 7 1 5 6 2 9 7 8 4 3
4 6 1 1 7 8 5 9 3 2
3 2 7 4 1 9 5 6 3
8 9 5 3 6 2 1 7 4
2 3 9 5 8 7 6 1 4 8 2 3 7 5 9 8 6 1 3 4 2
5 6 8 1 4 3 9 7 2 1 5 4 3 8 6 4 2 9 5 7 1
7 4 1 2 6 9 5 8 3 9 7 6 4 2 1 3 7 5 6 8 9
8 9 6 4 7 1 3 2 5
1 7 5 6 3 2 4 9 8
4 2 3 8 9 5 7 6 1
9 5 7 3 1 8 2 4 6
3 8 4 7 2 6 1 5 9
6 1 2 9 5 4 8 3 7

CELEB WORDMATCH

PAPER TOWEL DRY
RAIN SHADOW BOX
PEARL BARLEY SUGAR
MAGIC CARPET BURN
HEAVY METAL CORE
LOOSE CANNON BALL
AIR BUBBLE BATH
TREASURE CHEST PASS
ILL HEALTH KICK
LIVE ACTION FIGURE
SLOW MOTION SICKNESS
MOTOR CYCLE TRACK

WORD SPIRAL

1 Zero; 2 Ouch; 3 Hack; 4 Kind; 5 Dead; 6 Deem; 7 Miss; 8 Shed; 9 Dash; 10 Heal; 11 Lush; 12 Hiss; 13 Soup; 14 Pill; 15 Loom; 16 Miff. Keyword solution: Suffolk

ARROWWORD

B D D R G
M A N A T E E E A R
R M P E T E
L E E C O O U S A
L I R A S T R U T
A Y R R Y E N I L
E V E D U S T Y

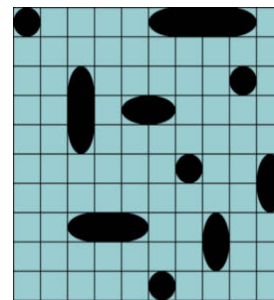
The actress is Rose Byrne

CELEBRITY CROSSWORD

J A N I C E S P I K E L E E
O T A R U U V S
A R G S Y L V A I N C H I N A
N H H E T G A T T
N O T H L O T T F A S H A N U
A L C N U R
L I Z A O S M O N D
V R H A
B R E N D A L A C H E Y
L L P E
I S R A E L P I M P
N I D T S S
D E S I G N S F R E D T I W A N
I N R A L E M T O A
N A O M A M E R I C A R I K
G O E C E L T E
P A R A S I T E L I G H T S

Celebrity is Jack Fincham

BATTLESHIPS



Soaper Star!



Darren is struggling this week, especially when he tries to save a comedy lunch at the Hutch that he organised but failed to advertise. His week takes another turn for the worse when he forgets to pick up Oscar, and Nancy isn't happy.

Elsewhere, Toby and Celeste decide they need to amp up their plan, annoyed with their lack of progress. Then they discover something that might help but what is it?

Diane is living with a guilty conscience and confides in Leela about her affair with Edward. Leela provides a shoulder to cry on and then offers her advice – not to tell Tony. That evening, Diane and Tony bury their feelings and enjoy a night in together, leaving Edward fuming. Will they really be able to play happy families?

It's not looking very likely, especially when Edward confides in Verity that he's hatched a plan to steal Diane away from Tony. Next thing she knows, he's using Marnie to try to make Diane jealous.

Plus, Warren is on the warpath as Mercedes attempts to clean up Liam's mess.



Daniel begins to make plans to move on from Sinead's death by bagging up her things and dropping them at Beth and Kirk's house. But it's not as easy to let go of his feelings.

He then gets drunk and ends up out on the street, shouting up to Bethany – who is looking out of a window – and making her a marriage proposal with Sinead's wedding ring.

Lucy Fallon, who plays Bethany, says, "He gets down on one knee like it's going to be some sort of Romeo and Juliet moment, then Daniel calls Bethany by Sinead's name and she is really devastated."

Meanwhile, there is a happier

ending for Sarah and Adam as they get married.

Also this week, Alya tries to get her grandmother Yasmeen to tell her why she was crying in the garden. Will she tell her about Geoff killing Charlotte the chicken?

Jade continues trying to cause trouble, this time calling at the garage to thank Tyrone for a birthday present and making a pass at him – so Fizz threatens to knock her out.

And there's trouble brewing for Ali when Adam dupes him into confessing he spent Valentine's day with Maria. It's very unlikely that Adam will keep his secret...



As they head home, Keegan and Tiffany are shocked to see a man running away before realising they've been burgled. As they tackle him, he grabs Tiffany's wedding ring, but when the police arrive it's an injured Keegan who ends up finding himself handcuffed.

Gray explodes at Chantelle and reveals that he's dropping Whitney's case. Then, later, he feels under more pressure as his boss pushes him to make Kush plead guilty. Hearing that a guilty plea from Kush could

help Whitney, Kat's torn. Gray tries to hide his stress at Whitney's bail hearing and while Tiff, Keegan, Jack and Max wait outside, tempers flare inside the courtroom.

Meanwhile, Martin and Sonia are disappointed by Bex's plans to go travelling and after her passport goes missing, Bex confronts her mum. Martin fails to make Sonia see sense but eventually Jack and Max get through to her.

And Jay plans to cheer up Lexi but isn't prepared for Lola's bombshell.



Marlon has finally been released from prison but his happiness is short-lived. First, he realises that a school bully has told April that her father is a "murderer" – then he discovers that Charity and Ryan stole Kim's money.

The chef is disgusted that Charity sat on evidence which could have led to him being released much earlier.

Elsewhere, Will reveals that the gun Cain used to shoot Nate belonged to a criminal gang he used to work for. Cain resolves to clear up the mess but has no idea that DI Malone is sitting in a car watching them.

Later, a menacing-looking Malone – played by newcomer Mark Womack – arrives to question Will.



Lucy thinks she's found The One but she doesn't know how to make things happen, so Chloe and Aaron step in to help. Meanwhile, Prue makes a big comeback this week.



It's a huge week in Summer Bay when masked gunmen raid the hospital, taking loads of hostages from the town. But will everyone get out alive?

BBC ONE



Doctor Who, 6.50pm

6.00am Breakfast **7.35** Match of the Day (R) **9.00** The Andrew Marr Show **10.00** Politics England **10.30** The Big Questions **11.30** Wanted Down Under (R) **12.15pm** Bargain Hunt (R) **1.00** BBC News, Weather **1.15** Songs of Praise **1.50** Garden Rescue **2.50** Puss in Boots: The Three Diablos (R) **3.00** **FILM** Shrek 2 (2004, U) The ogre meets his in-laws, who are decidedly unimpressed with their daughter's choice of husband. Animated adventure sequel, featuring the voices of Mike Myers and Cameron Diaz. **★★★★** **4.25** Blue Planet II (R) **5.25** BBC News **5.45** BBC Local News **5.55** Countryfile: The team visits the Gwent Levels.

6.50 Doctor Who

The Cybermen are on the march and as the last remaining humans are ruthlessly hunted down, Graham, Ryan and Yaz face a terrifying fight to survive. Civilisations fall and others rise anew, while lies are exposed, truths are revealed and battles are fought. Last in the series.

8.00 Antiques Roadshow

Fiona Bruce and the team visit Battle Abbey in East Sussex, where items brought along include an incredibly rare Beatles guitar with an enviable history, which turns out to be one of the most valuable items ever seen on the show. Also featured are royal letters from Queen Victoria's children, a diamond ring that saved a family from the poorhouse, a rare ninth-century gold coin and some valuable Chinese surprises.

9.00 **PICK** Last Tango in Halifax

Alan and Celia's relationship comes under increasing strain, while Ted's arrival from New Zealand raises questions. Raff is left speechless when a giraffe turns up at Far Slack Farm and Gillian is riddled with old anxieties when it brings unwarranted attention to the barn. Drama, with Derek Jacobi and Sarah Lancashire. See *Picks of the day*.

10.00 BBC News

10.20 BBC Local News, Weather

10.30 Match of the Day 2

Mark Chapman is joined by studio guests to review the day's Premier League action, featuring Everton v Manchester United and Tottenham Hotspur v Wolverhampton Wanderers.

11.30 Football Stars in Bad Cars

Fulham team-mates Tom Cairney, Steven Sessegnon and Marcus Bettinelli drive a £2,000 hatchback for the day and play games set by BBC Radio 1's Chris Stark via the car radio.

11.50 Weather for the Week Ahead

11.55pm-6.00am BBC News

BBC TWO



Win the Wilderness: Alaska, 9pm

6.45am The Instant Gardener (R) **7.35** Celebrity Antiques Road Trip (R) **8.35** Countryfile (R) **9.30** Beechgrove Repotted **10.00** Saturday Kitchen Best Bites **11.30** Holiday of My Lifetime with Len Goodman **12.00noon** **FILM** Scott of the Antarctic (1948, U) Fact-based drama, starring John Mills. **★★★★★ 1.45** **LIVE** Cycling: Track World Championships: Jill Douglas presents coverage of day five at the Velodrom in Berlin. With analysis from Chris Hoy, and commentary by Simon Brotherton and Chris Boardman. **4.30** Winter's Weirdest Events (R) **5.00** The World's Most Extraordinary Homes (R)

6.00 Back in Time for the Corner Shop

A family of five works in a corner shop to reveal how such businesses have changed over the course of the past century. With Sara Cox and social historian Polly Russell. (R)

7.00 Russia with Simon Reeve

The traveller witnesses a commemoration of the Second World War in the city of Irkutsk, and meets a Siberian community who worship a man claiming to be the reincarnation of Christ. (R)

8.00 **PICK** Top Gear

Paddy McGuinness, Freddie Flintoff and Chris Harris put the fire brigade, the police and the ambulance service to the test to see whose vehicles are the fastest. Last in the series. See *Picks of the day*.

9.00 Win the Wilderness: Alaska

The two remaining couples pay a visit to the empty property without Duane and Rena, to get a sense of what their new life in the wilderness will really be like. Last in the series.

10.00 The Ranganation

Topical comedy show hosted by Romesh Ranganathan, in which a group of 25 members of the public get to have their say on the state of modern Britain. With guest Sara Pascoe. (R)

10.45 Frankie Boyle's Tour of Scotland

The comedian travels from Oban to Glasgow, meeting a comic-book writer in Bannockburn, before helping paint a mural and exploring Glasgow's shameful past. (R)

11.15 **FILM** Manchester by the Sea (2016, 15)

A man returns to his home town when his brother dies and he is named guardian of his teenage nephew. Drama, with Casey Affleck. **★★★★★**

1.30am Sign Zone: Question Time (R)

2.30 Sign Zone: Fraud Squad: The Hunt

(R) **3.15** Sign Zone: Holby City: double bill.

(R) **5.10-6.00am** This Is BBC Two

ITV



Dancing On Ice, 6pm

6.00am CITV: Dino Dana (R) **6.10** Super 4: double bill. (R) **6.35** Thunderbirds Are Go (R) **7.00** Dare Master (R) **7.05** Mr Magoo: triple bill. (R) **7.30** Scrambled!: Scrambled! **7.35** Scrambled!: Mighty Mike (R) **7.50** Scrambled!: Mr Bean: The Animated Series (R) **8.10** Scrambled!: Ben 10 (R) **8.30** Scrambled!: Kung Fu Panda: The Paws of Destiny (R) **9.05** Scrambled!: Craig of the Creek **9.25** ITV News **9.30** Ainsley's Caribbean Kitchen (R) **10.30** Living on the Veg **11.35** The Voice UK (R) **12.55pm** ITV News, Weather **1.05** Ant & Dec's Saturday Night Takeaway (R) **2.35** **FILM** Uncle Buck (1989, 12) A good-natured slob gets a taste of responsibility when he is called upon to look after his trouble-making nephew and nieces. Comedy, starring John Candy and Macaulay Culkin. **★★★★ 4.35** Celebrity Catchphrase (R) **5.30** ITV News, Weather **5.45** Local News, Weather

6.00 Dancing on Ice

Phillip Schofield and Holly Willoughby host the semi-final of the skating contest, in which the celebrities must each perform two routines for the judges in the hope of winning a place in next week's grand final. Plus, a performance by Cirque du Soleil: Crystal.

8.00 **PICK** McDonald & Dods

Drama about chalk-and-cheese police partners solving crime on the streets of Bath, beginning with the murder of a homeless man. Jason Watkins and Tala Gouveia star as the detectives, with a guest appearance from Robert Lindsay. See *Picks of the day*.

10.00 ITV News, Weather

10.15 Harry Redknapp's Sandbanks Summer

Harry Redknapp welcomes John Barnes and Chris Kamara to Sandbanks, where they take to the water to see what the area has to offer from the sea. (R)

10.40 Car Crime: Caught on Camera

Documentary looking at crash-for-cash scams, joy riders and brazen car thieves – with dramatic video and interviews from victims and eyewitnesses. Narrated by Jamie Theakston. (R)

11.35 Heathrow: Britain's Busiest Airport

Staff at Heathrow airport contend with drunken passengers, drugs and drones, while Sue and Demi deal with an extra load of passengers after a closure at Gatwick airport. (R)

12.00m't Home Shopping 3.00 Australian

Wilderness with Ray Mears: The survivalist explores the waterways of Kakadu. (R) **3.25** ITV Nightscreen **5.05-6.00am** Judge Rinder (R)

Channel 4



Homeland, 9pm

6.00am The King of Queens: double bill. (R) **6.50** Everybody Loves Raymond: double bill. (R) **7.40** The Big Bang Theory: double bill. (R) **8.25** Beat the Chef: double bill. (R) **9.30** Sunday Brunch **12.30pm** The Simpsons: triple bill. (R) **1.55** **FILM** Ice Age: Continental Drift (2012, U) The prehistoric animals get stuck on a drifting iceberg, and try to find a way home. Animated comedy sequel, featuring the voices of Ray Romano, John Leguizamo and Denis Leary. **★★★** **3.35** The Secret Life of the Zoo (R) **4.35** A Place in the Sun (R) **5.35** Channel 4 News

6.05 George Clarke's Amazing Spaces

The architect meets a Cornish couple working to restore a luxury American trailer, and a former taxi driver building an upcycled writing den in her garden with just £800. (R)

7.00 The Great Pottery Throw Down

In the quarter-final, the five remaining potters face two tough challenges, including producing two ginger jars around a pit fire. (R)

8.00 My Family and the Galapagos

As their stay on the Galapagos draws to a close, Monty Halls and his family find out what is being done to protect the islands and their endangered wildlife. Last in the series.

9.00 Homeland

Carrie arranges a meeting, Haqqani finds trouble at home and Saul cuts a deal. Thriller, starring Claire Danes and Mandy Patinkin.

10.05 Gogglebox

Capturing the households' instant reactions to what they are watching on TV from the comfort of their own sofas. (R)

11.00 **FILM** Paper Towns (2015, 12)

A teenager enjoys a night of adventures with a mysterious girl, whom he has been fascinated with since childhood. The next day she disappears without trace, but he discovers she has left him a series of clues, which he and his friends follow in the hope of finding her. Romantic mystery based on the novel by John Green, starring Nat Wolff and Cara Delevingne. **★★★**

1.05am **FILM** Stoker (2013, 18) A teenager becomes infatuated with her mysterious uncle in the aftermath of her father's death. Thriller, starring Mia Wasikowska and Nicole Kidman. **★★★★** **2.40** Come Dine with Me (R) **3.35** Grand Designs (R) **4.30** Location, Location, Location (R) **5.25** Cooking Up a Fortune (R) **5.50-6.30am** Countdown (R)

Channel 5



All the Queen's Horses, 7pm

6.00am Milkshake!: Peppa Pig: four episodes. (R) **6.25** Ben and Holly's Little Kingdom (R) **6.35** Bob the Builder (R) **6.45** Thomas & Friends (R) **7.00** Fireman Sam (R) **7.10** Noddy: Toyland Detective (R) **7.20** Shane the Chef (R) **7.35** Ben and Holly's Little Kingdom (R) **7.50** Peppa Pig: double bill. (R) **8.05** Butterbean's Cafe **8.20** Paw Patrol (R) **8.40** Nella the Princess Knight (R) **8.50** Wisper **9.05** Pirata & Capitano **9.20** Floogals (R) **9.35** Digby Dragon (R) **9.50** Shimmer and Shine (R) **10.00** SpongeBob SquarePants **10.15** The Loud House (R) **10.25** Access **10.30** WWE Raw Highlights **11.15** Friends: four episodes. (R) **1.35pm** **FILM** Hailey Dean Mysteries: Dating Is Murder (2017, PG) Premiere. The sleuth investigates a series of missing persons cases connected by a dating app. The third film in the murder mystery series, with Kellie Martin. **★★★** **3.25** **FILM** Hailey Dean Mysteries: 2 + 2 = Murder (2018, PG) Premiere. The sleuthing therapist attends her niece's school recital, only to learn that the music teacher has vanished. Crime drama, with Kellie Martin. **★★★★ 5.10** 5 News Update **5.15** Balmoral: A Hidden History (R)

7.00 All the Queen's Horses

Documentary exploring the Queen and her family's love of horses, and insiders add their tales of how this equine affection developed.

8.00 When All Inclusive Holidays Go Horribly Wrong

Holidaymakers discuss their dream break which turned into a nightmare. They include a nurse whose Crete family vacation was ruined by a construction site next to their hotel.

9.00 Rich Holiday, Poor Holiday

Cheshire entrepreneur Jude Cisse and her family have a caravan break in Devon, while the hard-up McQueens from Peckham enjoy Jude's private villa in Morocco.

10.00 Secrets of the Mega Cruise Ship

Documentary following life aboard the MSC Seaside, one of the biggest cruise ships in the world, uncovering the work of an army of people who keep the huge vessel afloat. (R)

11.30 When Cruises Go Horribly Wrong & Other Travel Nightmares

Documentary taking a look at some of the most terrifying disasters in recent history, from horrifying dramas at sea to one of the worst air disasters in British aviation history. (R)

12.50am Access **1.00** The 21.co.uk Live Casino Show **3.00** Access **3.10** The Hotel Inspector: Checking In, Checking Out (R) **4.00** Tattoo Disasters UK: double bill. (R) **4.45** House Doctor (R) **5.10** Nick's Quest (R) **5.35-6.00am** Wildlife SOS (R)

STV 12.00m't Through the Keyhole

BBC1 N Ireland 10.00am Sunday Politics

BBC1 Scotland 10.00am Politics Scotland **11.30pm** Sportscentre **12.15am** Football Stars in Bad Cars **12.40** BBC News

BBC1 Wales 10.00am Politics Wales 1.50pm

Puss in Boots: The Three Diablos **2.05** **FILM** Shrek 2 (2004, U) **★★★★ 3.25** Blue Planet II **4.25** Weatherman Walking the Welsh Coast **4.55** Tudur's TV Flashback **10.30** BBC Wales Debates

BBC2 N Ireland 10.00pm QI XL

10.45 Sunday Politics Northern Ireland

BBC2 Wales 6.00pm Scrum V Sunday **10.00** Frankie Boyle's Tour of Scotland **10.30** Match of the Day 2 **11.30** The Ranganation **12.15am** Live at the Apollo **1.00** Grand Tours of Scotland

BBC Scotland 7.00pm The Seven 7.15

Sportscentre **8.00** Fish Town **8.30** Fight Like a Girl **9.00** Partition: Legacy of the Line **10.00** Two Doors Down **10.30** Scot Squad **11.00** Seven Days

RTE1 6.00am EuroNews 6.15 Teleshopping 7.20

Holby City **8.30** Casualty **9.30** Nationwide **10.00** Father Brown **11.00** Service **12.00noon** The Week in Politics **1.00** Ear to the Ground **1.40** Herstory: Ireland's Epic Women **2.25** A Place to Call Home **3.35** Home of the Year **4.10** Winning Streak **5.10** How to Be Good with Money **5.40** Nuacht **6.00** The Angelus **6.01** News **6.30** Dancing with the Stars **8.30** Fair City **9.00** News **9.30** The Great House Revival **10.30** Operation Transformation **11.35** The Week in Politics **12.40am** The Tommy

Tiernan Show 1.45 NCIS 2.35 Suits 3.20 Line of

Duty **4.20** Life and Death Row **5.20** EuroNews **S4C 6.00am** Cwyl **8.50** Penblwyddi Cwyl **8.55** Pen-Blwydd Pwy? **9.00** Cwyl Rhybi **11.15** Byd Pws **12.00noon** Yr Wythnos **12.30** Dan Do **1.00** Dechrau Canu Dechrau Canmol **1.30** Rhybi Pawb **2.10** Dudley ar Daith **2.40** Ffermio **3.40** Cwyl Rhybi **5.25** Pobol y Cwm Omniwbws **7.15** Newyddion Can Chwarae **7.30** Dechrau Canu Dechrau Canmol **8.00** Priodas Pum Mil **9.00** Bang **10.00** Pobol Ffartal **10.30** Corau Rhys Meirion **11.35** Diwedd

(R) Repeat

STAR RATINGS
★★★★ Brilliant
★★★★★ Very good
★★★ Worth a watch
★★ Could be worse
★ Pretty dire
All programme details are correct at time of going to press

Best of the rest

ITV2

Freeview 16

6.00am Teleshopping **7.00** Totally Bonkers Guinness World Records **7.10** You've Been Framed! Gold **7.40** The Ellen DeGeneres Show **9.15** Dress to Impress **12.15pm** Celebrity Catchphrase **1.15** You've Been Framed! Gold: Top 100 Animals **2.20** **FILM** The Secret Life of Pets (2016, U) Animated adventure. **★★★★ 4.10** **FILM** Sing (2016, U) Animation, with the voice of Matthew McConaughey. **★★★★**
6.20 **PICK** **FILM** **Rogue One: A Star Wars Story** (2016, 12) Sci-fi prequel, starring Felicity Jones. See *Picks of the day*. **★★★★★**
9.00 **Ibiza Weekender** Reality series.
10.00 Family Guy. Animation. **11.30** American Dad! **12.25am** Cleveland Show **12.55** Stand Up Sketch Show **1.25** Timewasters **2.25** Don't Hate the Playaz **3.20** Nightscreen **3.30-6.00am** Teleshopping

ITV3

Freeview 10

6.00am That's My Boy **6.30** Coronation Street **9.25** Emmerdale **12.45pm** Midsomer Murders **4.50** Agatha Christie's Poirot. David Suchet stars.
6.00 **Midsomer Murders** A dairy worker is crushed to death by cheese.
8.00 **Paul O'Grady's Animal Orphans** The comedian helps to rehabilitate parentless animals in Borneo.
9.00 **Joanna Lumley's Trans-Siberian Adventure** The actress travels the length of the Trans-Siberian Railway, taking in Hong Kong, Beijing, the Great Wall and the Gobi desert.
10.00 **Midsomer Murders** Barnaby and Scott investigate when a man collapses and dies outside a pub, after a fight with his brother-in-law.
12.10am Scott & Bailey. Drama.
2.10 The Halcyon. Drama starring Olivia Williams. **3.00** Emmerdale **5.45-6.00am** Nightscreen

FILM4

Freeview 14

11.00am Kung Fu Panda 2 (2011, PG) Animated comedy, with the voice of Jack Black. **★★★★ 12.55pm** Anna and the King (1999, 12) Period drama, starring Jodie Foster. **★★★**
3.50 Back to the Future Part III (1990, PG) Sci-fi comedy sequel, starring Michael J Fox. **★★★★**
6.20 **A Beautiful Mind** (2001, 12) Drama, starring Russell Crowe, Jennifer Connelly, Ed Harris, Judd Hirsch and Paul Bettany. **★★★**
9.00 **Daddy's Home 2** (2017, 12) Having settled their differences, Brad and Dusty must now deal with their intrusive fathers. Comedy, with Will Ferrell and Mark Wahlberg. **★★**
11.05 The Impossible (2012, 12) Drama, starring Naomi Watts and Ewan McGregor. **★★★★ 1.15-3.40am** Force Majeure (2014, 15) Drama, with Johannes Kuhnke and Brady Corbet. **★★★★**

E4

Freeview 13

6.00am Hollyoaks **8.30** Rude(ish) Tube **9.00** Man with a Plan **11.00** The Goldbergs. Comedy. **11.30** Schooled **12.00noon** **FILM** Romance Retreat (2019, PG) Premiere. Comedy. **★★★★ 1.50** Rude(ish) Tube Shorts **1.55** The Big Bang Theory **3.55** Brooklyn Nine-Nine **5.30** **FILM** Home Alone 2: Lost in New York (1992, PG) Comedy sequel. **★★★★**
8.00 **FILM** **Transformers: Revenge of the Fallen** (2009, 12) The shape-changing robots fight for control of a machine hidden somewhere on Earth with the power to destroy planets. Sci-fi adventure sequel, starring Shia LaBeouf and Megan Fox. **★★**
11.00 Star Trek: Discovery. Sci-fi drama. **11.55** The Big Bang Theory **12.55am** Brooklyn Nine-Nine **1.55** The Sex Clinic **3.00** Star Trek: Discovery **3.45-6.00am** Hollyoaks

DAVE

Freeview 19

6.00am Teleshopping **7.10** Hurricane Man **8.00** Steve Austin's Broken Skull Challenge **9.00** Red Bull Soapbox Race **10.00** Top Gear **11.00** Cops UK: Bodycam Squad **1.00pm** Drug Wars **2.00** Aussie Pickers **3.00** American Pickers: double bill **4.00** Room 101: double bill
6.00 **Red Bull Soapbox Race**
7.00 **Border Force: America's Gatekeepers** Double bill.
9.00 **Have I Got a Bit More News for You** Hosted by Richard Ayoade.
10.00 **QI: Pubs – A Christmas Special** With Josh Widdicombe.
11.00 The Misadventures of Romesh Ranganathan. From Ethiopia.
12.00m't Mock the Week. Comedy.
12.40 Have I Got a Bit More News for You **1.40** Rhod Gilbert's Work Experience **3.00** The Misadventures of Romesh Ranganathan **4.00-6.00am** Teleshopping

YESTERDAY

Fview 25

6.00am Walking Through History: Nazi Occupation – Channel Islands **7.10** Walking Through History: King John's Ruin – Peak District **8.00** True Evil: The Making of a Nazi **1.00pm** Abandoned Engineering **5.00** Murder Maps. Drama-documentary.
6.00 **Murder Maps** Double bill. A re-examination of Jack the Ripper's murders; a crime from 1879 in which a widow was killed in her own home.
8.00 **'Allo 'Allo!** Triple bill. Edith accepts a proposal; Michelle has a plan; the Resistance steals a plane.
10.20 **Bangers and Cash** Dave finds a very rare 70s Sunbeam Lotus.
11.20 Abandoned Engineering. Documentary. **12.20am** War Factories **1.15** Walking Through History: Nazi Occupation – Channel Islands **2.10** Walking Through History: King John's Ruin – Peak District **3.00-6.00am** Teleshopping

GOLD

6.00am Teleshopping **7.15** The Piglet Files **7.40** You Rang, M'Lord? **8.40** As Time Goes By **9.20** Only Fools and Horses **10.40** Only Fools and Horses Christmas Special **11.20** Only Fools and Horses **5.40pm** Only Fools and Horses Christmas Special. Del and Rodney get a blast from the past.
6.15 **Only Fools and Horses**
8.40 **Dad's Army** American troops start to arrive in Walmington-on-Sea.
9.20 **The Royle Family** Double bill. Jim and Barbara are left holding the baby; Jim embarks on a spot of DIY.
10.30 **Harry Enfield and Chums** Kevin and Perry try to befriend some girls, while Tim Nice-But-Dim transforms himself into a rock star.
11.10 Upstart Crow. Sitcom.
1.20am Black Books: triple bill
2.40 Harry Enfield and Chums
3.10 Marley's Ghosts. Sitcom.
4.00-6.00am Teleshopping

DRAMA

Freeview 20

6.00am Teleshopping **7.10** Doctor Finlay. Medical drama. **10.00** The Bill **12.25pm** Hetty Wainthropp Investigates **2.30** Cranford
6.35 **Cranford** The true nature of friendship within Cranford is revealed when Miss Matty receives some bad news and the ladies rally to help her.
7.35 **Miss Marple** The shrewd spinster is sent to convalesce in Barbados, where she finds life decidedly dull, until a double murder breaks the monotony. Mystery thriller, starring Joan Hickson.
10.00 **The Casual Vacancy** Drama based on the novel by JK Rowling, set in a idyllic village where the locals go to war over an empty seat on the parish council.
11.20 The Last Post. Drama. **12.40am** Hetty Wainthropp Investigates. Murder mystery. **2.50** The White Princess **4.00-6.00am** Teleshopping

Picks of the day



McDonald & Dodds

8pm, ITV

ITV has high hopes for McDonald & Dodds, and the quality of its cast suggest they have every reason to be optimistic – the scripts must be good to have attracted them.

Robert Lindsay, Navin Chowdhry, Joanna Scanlan, Hugh Dennis, Caroline Catz, Freddie Fox and Michele Dotrice will all appear, but it's Tala Gouveia and Jason Watkins who take the title roles.

She plays an ambitious police detective based in Bath, while he's her modest, shy sidekick. On paper their partnership shouldn't work, but in each of the series' two enthralling feature-length episodes, the characters discover their chalk-and-cheese approach brings out the best in them both.

Their first case involves a murder among the city's upper-class folk. **★★★★★**



LAST EPISODE

Top Gear

8pm, BBC Two

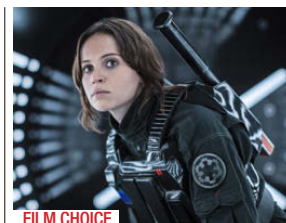
In the final episode of the series, Chris Harris pays tribute to the much-missed rally driver Colin McRae. He and cohorts Freddie Flintoff and Paddy McGuinness then try to figure out which vehicles are the quickest – those belonging to the police, the fire brigade or the ambulance service. Comedian Tom Allen also joins in the fun. **★★★★★**



Last Tango in Halifax

9pm, BBC One

Despite Celia's desperate and heartfelt efforts to make amends for causing a scene, her relationship with Alan is still under strain. While she wants more excitement at home, he's keen on finding it elsewhere. The arrival of his brother Ted, along with a few surprises, doesn't help matters either. Meanwhile, Raff finds a giraffe at the farm. **★★★★★**



FILM CHOICE

Rogue One: A Star Wars Story

6.20pm, ITV2

We return to a galaxy far, far away for this prequel to the much-loved space saga. Set shortly before A New Hope, it charts the efforts of a group of mismatched rebels to steal the evil Empire's plans for the Death Star. Felicity Jones heads the cast, with support from Diego Luna, Riz Ahmed, Mads Mikkelsen and Ben Mendelsohn. **★★★★★**

SKY ONE

6.00am Hour of Power **7.00** Monkey Life **8.00** Modern Family **10.00** The Simpsons **12.00noon** Magnum P.I. **1.00** NCIS: Los Angeles **4.00** The Simpsons: four episodes
6.00 **The Simpsons** Four episodes.
8.00 **Magnum P.I.** Thomas helps a fallen friend's brother search for a now-grown Afghan boy who may have been a victim of trafficking.
9.00 **Hawaii Five-0** Adam's girlfriend Tamiko is kidnapped right in front of him and he breaks all the rules in order to get her back. Plus, the team investigates three seemingly unconnected homicides.
10.00 **NCIS: Los Angeles** A former black ops agent who was trained by Hetty returns to seek revenge on her.
11.00 SEAL Team **12.00m't** S.W.A.T. **1.00** Brit Cops: Law & Disorder **2.00** NCIS: Los Angeles **4.00-6.00am** Air Ambulance ER

SKY ATLANTIC

6.00am Richard E Grant's Hotel Secrets **8.00** The British **9.00** Without a Trace **4.00pm** Blue Bloods: Double bill of the drama.
6.00 **Blue Bloods** Triple bill. A bank robbery turns into a hostage situation; Erin reopens one of Frank's old cases; Danny juggles work and romance.
9.00 **Game of Thrones** Double bill. Ned tries to stop Robert from entering the tournament after a suspicious death threatens to overshadow the event; Ned is reinstated by Robert and hears rumours that associates of the Lannisters have begun stirring up trouble across the Seven Kingdoms.
11.20 The Outsider. Ben Mendelsohn stars. **12.30am** Oz **1.45** Life Itself: Special **2.00** The Outsider **3.10** The End **3.50** Dolittle: Special **4.00** Urban Secrets **5.00-6.00am** The British

SKY WITNESS

6.00am Nothing to Declare **9.00** Sun, Sea and A&E **12.00noon** Stop, Search, Seize **1.00** UK Border Force **2.00** Nothing to Declare
6.00 **Nothing to Declare** Double bill.
7.00 **Ghost Whisperer** Double bill. A spectral prophet gives Melinda a vision of the future; Melinda asks the mayor for help in finding the lost children. Jennifer Love Hewitt stars.
9.00 **The Rookie** Jessica has some surprising news for Officer Nolan. Meanwhile, officers Bradford and West are tasked with a community policing project helping out the Watts Rams. Nathan Fillion stars.
10.00 **Criminal Minds** The BAU team look deeper into a series of random explosions that have caused fatalities throughout Kentucky and Tennessee.
11.00 Law & Order: Special Victims Unit **1.00am** Ghost Whisperer **3.00-6.00am** Nothing to Declare

Sunday

MARCH 1

TV LIFE/Daily Star Sunday

BBC ONE



This Country, 10.35pm

BBC TWO



Inside No 9, 10pm

ITV



Britain's Smallest City, 8pm

Channel 4



Prison, 9pm

Channel 5



Warship: Life at Sea, 9pm

6.00am Breakfast **9.15** Britain's Housing Scandal **10.00** Homes Under the Hammer (R) **11.00** Wanted Down Under (R) **11.45** **NEW** Saved on Camera: Stories of bravery. **12.15pm** Bargain Hunt **1.00** BBC News at One, Weather **1.30** BBC Local News, Weather **1.45** Doctors **2.15** **NEW** Jimmy McGovern's Moving On: Drama, starring Tom McKay and Angel Coulby. **3.00** Escape to the Country **3.45** **NEW** Money for Nothing: Sarah Moore visits East Lothian. **4.30** **PICK** **NEW** Ready Steady Cook: Rylan Clark-Neal hosts a revival of the culinary contest. See *Picks of the day*. **5.15** Pointless. Quiz show. (R)

6.00 BBC News at Six, Weather **6.30** BBC Local News, Weather **7.00** The One Show Alex Jones and Matt Baker present the first visit of the week to the studio.

7.30 Inside Out Series focusing on regional stories of interest.

8.00 EastEnders Keegan and Tiffany are stunned to bump into a burglar escaping from their flat, and Suki's lies come close to unravelling during a conversation with Jean.

8.30 Spying on the Scammers – Panorama Rajini Vaidyanathan reports on criminal call centres in India, tracking down one of the men behind such scams and hearing from British victims who have been conned.

9.00 **PICK** **NEW** The Split Secrets come out and lies unravel as Hannah deals with the fallout from her anniversary Party, while the Noble Hale Defoe team attends an awards ceremony for Ruth. See *Picks of the day*.

10.00 BBC News at Ten

10.25 BBC Local News, Weather **10.35** This Country An infamous Mucklowe family member returns to the village and causes Kerry to re-evaluate her living arrangements. Meanwhile, the vicar and Kurtan help Len get back on his feet.

11.05 Young, Welsh and Pretty Minted Barry-born make-up entrepreneurs Hannah and Sophie have a photoshoot in Ibiza, while YouTuber Gonth makes a new friend who shares his passion for fast cars.

11.35 Live at the Apollo Jon Richardson hosts an evening of stand-up at the Apollo in Hammersmith, London, performing himself as well as introducing routines by Sara Pascoe and Nathan Caton. (R)

12.20am A Question of Sport: Sue Barker welcomes guests Ellen White, Perri Shakes-Drayton, Leon Osman and Mick Fitzgerald. (R) **12.50** Weather for the Week Ahead **12.55-6.00am** BBC News

6.00am Flog It! (R) **6.45** Bargain Hunt (R) **7.30** Sign Zone: Best Home Cook (R) **8.30** The Week in Parliament **9.00** BBC News at 9 **10.00** Victoria Derbyshire **11.00** BBC Newsroom Live **12.15pm** Politics Live **1.00** Hardball (R) **1.45** Best House in Town (R) **2.30** Terry and Mason's Great Food Trip (R) **3.00** Red Rock (R) **3.45** The Great Interior Design Challenge (R) **4.45** Portillo's State Secrets (R) **5.15** Flog It!

6.00 Richard Osman's House of Games Previous winners Chizzy Akudolu, Miles Jupp, Amol Rajan and Ellie Taylor go toe-to-toe testing their general knowledge skills in a variety of rounds across the week.

6.30 Great British Railway Journeys Michael Portillo sets off on the first leg of a journey across Northern Ireland to Argyll and Bute, beginning by travelling from Newry to Portadown. (R)

7.00 Coastal Path Paul Rose explores the north Cornish coast, touring Tintagel Castle, experiencing the hustle and bustle of Padstow's 'Obby' Oss festival, and visiting St Ives. (R)

7.30 Mastermind John Humphrys quizzes four contenders on the specialist subjects of British breweries, the life and works of John Lennon, Lorenzo de' Medici and the Back to the Future trilogy.

8.00 Only Connect Victoria Coren Mitchell asks the questions as the Orwellians take on the Turophilas in the last quarter-final, with a place in the semi-finals at stake.

8.30 University Challenge In the sixth of the quarter-final matches, two more teams compete to make it to the next stage of the competition. Jeremy Paxman hosts.

9.00 Murder 24/7 Detectives and specialists investigate a double stabbing in Colchester's homeless community that leaves Carl Hopkins dead and the other victim badly injured.

10.00 Inside No 9 Seven disparate characters share their stories with a camera, their fates inevitably, inextricably, and unknowingly set for a head-on collision. Maxine Peake stars.

10.30 Newsnight, Weather

11.15 Hospital An 81-year-old has been left with a hole in his heart after suffering a heart attack, and faces a procedure that carries a high-mortality rate. (R)

12.15am Sign Zone: The Farmers' Country Showdown (R) **1.00** Sign Zone: Countryfile (R) **2.00** Sign Zone: Secrets of the Museum (R) **3.00-6.30am** This Is BBC Two

6.00am Good Morning Britain: Piers Morgan interviews Sharon and Ozzy Osbourne. **9.00** Lorraine **10.00** This Morning **12.30pm** Loose Women **1.30** ITV Lunchtime News, Weather **1.55** Local News, Weather **2.00** Judge Rinder **3.00** Tenable (R) **3.59** Local Weather **4.00** Tipping Point **5.00** The Chase

6.00 Local News, Weather

6.30 ITV Evening News, Weather **7.00** Emmerdale April receives an unwelcome message regarding her dad, and Tracy finds herself clashing with Cara.

7.30 Coronation Street Daniel bags up Sinead's belongings for Beth, and Alya seeks the story behind Yasmeen's tears.

8.00 **NEW** St Davids – Britain's Smallest City Following locals in the Pembrokeshire community as they cope with the busiest summer season in history, with tourists flocking to the UK's smallest city.

8.30 Coronation Street The Barlows and Platts convene for Adam and Sarah's wedding, Yasmeen's absence sends Geoff into a panic, and Jade gets short shrift from Tyrone.

9.00 **PICK** **NEW** Liar Three weeks after his disappearance, Andrew's body is found on the Kent marshes and it's declared he was murdered. Laura is trying to move on from her ordeal, but her initial relief upon learning of Andrew's death is cut short when she finds herself drawn into his destructive path and once again she must fight to be believed. The return of Harry and Jack Williams' thriller, starring Joanne Froggatt. See *Picks of the day*.

10.00 ITV News at Ten, Weather

10.35 Local News, Weather **10.45** Tyson Fury: The Gypsy King

The opening instalment in a three-part documentary following the boxer as he prepares for his rematch with Deontay Wilder for the WBC World Heavyweight title, after the first contest in December 2018 ended in a much-disputed draw. Filmed over several months, the programme provides an insight into the life of one of British sport's most flamboyant and controversial characters and those who are closest to him. (R)

11.45 All Elite Wrestling: Dynamite Action from the latest edition of the weekly AEW event.

12.35am Home Shopping **3.00** James Martin's French Adventure: The chef visits Marseille. (R) **3.50** ITV Nightscreen **5.05-6.00am** Judge Rinder (R)

6.30am Cheers: double bill. (R) **7.25** The King of Queens: double bill. (R) **8.10** Everybody Loves Raymond: double bill. (R) **9.10** Frasier: double bill. (R) **10.10** Undercover Boss Canada (R) **11.05** Ramsay's Kitchen Nightmares USA (R) **12.00noon** Channel 4 News Summary **12.05** Find It, Fix It, Flog It (R) **1.05** Posh Pawn (R) **2.10** Countdown **3.00** A Place in the Sun (R) **4.00** A New Life in the Sun: Where Are They Now? **5.00** Come Dine with Me: From the Liverpool area. (R)

6.00 The Simpsons There is a big change in Springfield when Homer wakes up one morning to find he and the world around him are made of Lego. (R)

6.30 Hollyoaks Warren is on the warpath. Meanwhile, Darren is starting to feel defined by his failures, and Diane struggles to keep a secret. (R)

7.00 Channel 4 News Headlines.

8.00 Starbucks & Nespresso: The Truth About Your Coffee – Dispatches Antony Barnett reports on young children working long hours in gruelling conditions in Guatemala picking coffee beans that are supplied to Starbucks and Nespresso.

8.30 Food Unwrapped Helen Lawal searches for the secret to perfectly shelled walnuts in California, while Matt Tebbutt hopes to discover what makes sweets sour. Andi Oliver investigates how the cloud gets into the hazy beers that are so trendy currently.

9.00 Prison The concluding edition explores the emotionally charged difficulties of being a mother in prison. Staff at HMP Foston Hall believe that maintaining family contact is vital to reduce reoffending. Kelly challenges the family court to renew contact with her young boys, while Lexi is trying to figure out how to tell her son why she is in jail. Last in the series.

10.00 Baghdad Central Zubeida Rashid offers to help Khafaji find Sawsan, while a murder in the Green Zone wrecks Parodi's investigation and brings him into conflict with Temple and Evans.

11.00 Emergency Helicopter Medics Zubeida Rashid offers to help Khafaji find Sawsan, but when they discover her supposed whereabouts it appears that she has already fled and a murder in the Green Zone brings the captain into conflict with Temple. (R)

12.00m't Ramsay's Kitchen Nightmares USA (R) **12.55** Hunted (R) **1.50** The Supervet (R) **2.45** Liberty (R) **3.55** Come Dine with Me (R) **4.50** Location, Location, Location (R) **5.50-6.30am** Countdown (R)

6.00am Milkshake!: Peppa Pig: four episodes. (R) **6.20** Mya Go (R) **6.30** Fireman Sam (R) **6.40** Noddy: Toyland Detective **6.50** **NEW** Abby Hatcher **7.00** Thomas & Friends (R) **7.15** Milkshake! Monkey's Amazing Adventures (R) **7.20** Peppa Pig: double bill. (R) **7.40** Top Wing (R) **7.55** **NEW** Paw Patrol **8.10** Floogals (R) **8.25** Becca's Bunch (R) **8.40** Little Princess (R) **8.55** Ben and Holly's Little Kingdom (R) **9.10** Sunny Bunnies (R) **9.15** Jeremy Vine **11.15** Paddington Station 24/7 (R) **12.10pm** 5 News at Lunchtime **12.15** Nightmare Tenants, Slum Landlords (R) **1.10** Access **1.15** Home and Away (R) **1.45** Neighbours **2.15** **FILM** Famous and Fatal (2019, PG) Premiere. Thriller, with Sarah Roemer. ★★ **4.00** Friends: double bill. (R) **5.00** 5 News at 5 **5.30** Neighbours: Finn struggles to subdue his anger about the Mardi Gras party. (R)

6.00 Home and Away Ryder needs to convince Colby of his innocence, but Jade has stacked things against him. (R)

6.30 5 News Tonight

7.00 Gallagher Premiership Rugby Highlights Action from the 12th round of fixtures, including Harlequins v Exeter Chiefs and Bath v Bristol Bears.

8.00 Traffic Cops On the outskirts of Chesterfield, Jim Payne responds to a call for backup from a colleague who is surrounded by a mob following a report of dangerous driving.

9.00 Warship: Life at Sea As Iranian forces take control of the British-flagged oil tanker Stena Impero and hold the crew hostage, HMS Duncan is ordered to the Persian Gulf. The captain is briefed by the captain of the Montrose – another Royal Navy ship in the region – who comes on board for a private intelligence update on Iran.

10.00 Monster Warship of WWI: The Mighty Dreadnought Charting the history of the turbine-powered, big-gun dreadnoughts, which changed the rules of engagement on the high seas. (R)

11.05 **FILM** Run All Night (2015, 15) A hitman working for a longtime friend who has become head of a crime syndicate becomes disillusioned. He is forced to turn against the syndicate and place himself in the firing line when he learns a hit has been ordered on his own estranged son. Action thriller, with Liam Neeson. ★★

1.15am The 21.co.uk Live Casino Show **3.15** The Hotel Inspector: Checking In, Checking Out. Alex Polizzi returns to the Atlantic House Hotel in Bude, Cornwall. (R) **4.00** Tattoo Disasters UK: double bill. (R) **4.45** House Doctor (R) **5.10** Nick's Quest (R) **5.35-6.00am** Wildlife SOS (R)

variations

Wales 8.00pm Wales This Week **10.45** Sharp End **11.15** St Davids – Britain's Smallest City **11.45** Tyson Fury: The Gypsy King

STV 10.40pm Scotland Tonight **11.10** Tyson Fury: The Gypsy King. The boxer prepares for his rematch **12.05am** Broadchurch **1.00** Nightscreen **UTV 10.45pm** View from Stormont

BBC1 N Ireland 7.30pm The Chronicles of Enne **10.35** **NEW** There's No Place Like Tyrone **11.05** BBC Arts NI Presents – Borders **11.35** This

Country **12.05am** Young, Welsh and Pretty Minted **12.35** Live at the Apollo **1.20** A Question of Sport

BBC1 Scotland 7.30pm Arctic Academy **BBC1 Wales 7.30pm** X-Ray **8.30** Flooded Out of My Home **9.00** Hidden **10.35** The Split **11.35** Spying on the Scammers – Panorama **12.05am** This Country **12.35** Live at the Apollo **1.20** BBC News

BBC2 N Ireland 10.00pm Beidh Aonach Amárach **11.15** Rugby Union PRO14 Highlights **BBC2 Wales 11.15pm** **NEW** New Voices from

Wales 11.25 PRO14 Highlights **12.25am** Mum **BBC Scotland 12.00noon** Sign Zone **7.00** PRO14 Highlights **8.00** Hebrides: Islands on the Edge **9.00** The Nine **10.00** River City **11.00** Love Song

RTE1 8.10 Today **10.05** Ellen DeGeneres **11.00** Dr Phil **11.55** Shortland Street **12.25pm** Neighbours **1.00** News **1.30** Home and Away **2.00** Neighbours **2.25** EastEnders **3.00** Fair City **3.30** Today with Maura and Dáithí **5.40** Nuacht **6.00** The Angelus **6.01** News **7.00** Nationwide **7.30** **NEW** The Test

8.00 EastEnders **8.30** Herstory **9.00** News **9.35** Redress **10.35** Claire Byrne Live **11.35** Eco Eye **12.10am** The Late Late Show **2.20** Claire Byrne Live **3.15** Nationwide **3.40** Dr Phil **4.25** Doctors

S4C 12.05pm Ysgol Ddawns Anti Karen **12.30** Heno **1.30** Nyrsgys **2.00** Newyddion **2.05** Prynhawn Da **3.00** Newyddion **3.05** Ysgol Ni: Maesincla **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cerys Matthews a'r Goeden Faled **6.30** Heno **7.30** Newyddion **8.00** Pobol y Cwm **8.25** Dan **8.55** Newyddion **9.00** Ffermio **9.30** Ein Byd **10.00** Clwb Rygbi

(R) Repeat
STAR RATINGS
★★★★★ Brilliant
★★★★ Very good
★★★ Worth a watch
★★ Could be worse
★ Pretty dire
All programme details are correct at time of going to press

Best of the rest

ITV2

Freeview 16

6.00am Teleshopping **7.00** The Ellen DeGeneres Show **7.50** Emmerdale **8.20** Coronation Street **9.20** Superstore **10.15** Dinner Date **11.15** Dress to Impress **12.15pm** Emmerdale **12.45** Coronation Street **1.50** The Ellen DeGeneres Show. With Trevor Noah. **2.45** Dinner Date **3.50** Dress to Impress **4.50** Take Me Out **6.00** **You've Been Framed! Gold** **8.00** **Two and a Half Men** Double bill. **9.00** **Family Guy** Animated capers. **9.30** **NEW American Dad!** Francine becomes a bodybuilder. **10.00** **The Stand Up Sketch Show** With Maisie Adam and Russell Kane. **10.30** **Family Guy** **11.30** **American Dad!** Animation. **11.55** **The Cleveland Show** **12.25am** **Two and a Half Men** **1.25** **Hey Tracey!** **2.05** **Plebs** **3.05** **Totally Bonkers Guinness World Records** **3.20** **Nightscreen** **3.30-6.00am** Teleshopping

ITV3

Freeview 10

6.00am Classic Coronation Street **6.55** Classic Emmerdale **7.55** Heartbeat **8.55** The Darling Buds of May **10.00** That's My Boy **10.30** Inspector Morse **12.40pm** Heartbeat **1.45** Classic Emmerdale **2.50** Classic Coronation Street **3.55** Midsomer Murders **6.00** **Heartbeat** Bernie prepares to receive his inherited fortune. **7.00** **Agatha Christie's Poirot** An aircraft manufacturer hosts a party to trap a spy. Expecting trouble, his wife summons the famous detective. **8.00** **Endeavour** A suicide and a father searching for his daughter throw the detective in at the deep end. **10.00** **Scott & Bailey** Janet moves a step closer to finding Veronica's killer while investigating a murder that bears similarities to the cold case. **11.00** **Inspector Morse**. Detective drama. **3.10am** **Nightscreen** **3.30-6.00am** Teleshopping

FILM4

Freeview 14

11.00am In Harm's Way (1965, PG) Second World War drama, starring John Wayne. ★★★★★ **2.25pm** Millions Like Us (1943, U) Second World War drama, starring Patricia Roc. ★★★★★ **4.35** Malta Story (1953, U) Second World War drama, starring Alec Guinness. ★★★★★ **6.45** **PICK** **Bend It Like Beckham** (2002, 12) Comedy, with Parminder Nagra. See *Picks of the day*. ★★★★★ **9.00** **Die Hard 4.0** (2007, 15) Tough cop John McClane goes on the trail of a criminal mastermind plotting a technological terror attack on America. Action thriller, with Bruce Willis and Timothy Olyphant. ★★★★★ **11.35** **Journeymen** (2017, 15) A boxer suffers a serious head injury during a fight. Boxing drama, starring Paddy Considine. ★★★★★ **1.25-3.45am** Queen and Country (2014, 15) Drama, starring Callum Turner. ★★★

E4

Freeview 13

6.00am Hollyoaks **7.00** How I Met Your Mother **8.00** Baby Daddy **9.00** Mike & Molly **10.00** The Big Bang Theory **11.00** The Goldbergs **12.00noon** Brooklyn Nine-Nine **1.00** The Big Bang Theory **2.00** Baby Daddy **3.00** Mike & Molly **4.00** The Goldbergs. Comedy. **5.00** Brooklyn Nine-Nine **6.00** **The Big Bang Theory** Double bill. **7.00** **Hollyoaks** Chester-based soap. **7.30** **Man with a Plan** Comedy series. **8.00** **NEW** **First Dates Abroad** The restaurant-based dating show returns to Australia. **9.00** **Celebs Go Dating** Reality series. **10.00** **The Sex Clinic** A personal trainer thinks she's a sex addict. **11.05** The Big Bang Theory **12.00m't** Brooklyn Nine-Nine: double bill **1.00** Celebs Go Dating **2.05** **First Dates Abroad** **3.00** **The Sex Clinic** **3.55** The Big Bang Theory **4.45-6.00am** How I Met Your Mother. Comedy.

DAVE

Freeview 19

6.00am Teleshopping **7.10** Cops UK: Bodycam Squad **8.00** American Pickers **9.00** Storage Hunters UK **10.00** American Pickers **12.00noon** Cop Car Workshop **1.00** Top Gear **2.45** Border Force: America's Gatekeepers **3.00** Sin City Motors **4.00** Top Gear USA Special **5.00** Top Gear. Making a spacecraft. **6.00** **Taskmaster** Comedy gameshow. **7.00** **Room 101** Double bill of the series. **8.20** **Have I Got a Bit More Old News for You** Extended edition. **9.20** **QI** With guest Ross Noble. **10.00** **The Misadventures of Roshan Ranganathan** From Albania. **11.00** Meet the Richardsons. Comedy, with Jon Richardson. **11.40** **Mock the Week** **12.20am** **Taskmaster** **1.20** Jon Richardson: Ultimate Worrier **2.25** The Misadventures of Roshan Ranganathan **3.15** Zapped **4.00-6.00am** Teleshopping

YESTERDAY

Fview 25

6.00am Ronnie Kray and the Pervert Peer **7.10** Impossible Railways **8.00** Forbidden History **9.00** Hunting Down the Nazis **10.00** True Evil: The Making of a Nazi **11.00** Underground Worlds **12.00noon** Impossible Railways **1.00** Secrets of Althorp: The Spencers **2.00** Walking Through History **3.00** Underground Worlds **4.00** Impossible Railways **5.00** Secret Nazi Bases **6.00** **Nazi Victory: The Post-War Plan** **7.00** **Underground Worlds** Tunnels. **8.00** **Chris Tarrant: Extreme Railway Journeys** The presenter visits Cuba. **9.00** **Bangers and Cash** **10.00** **Trains That Changed the World** America's rail network. **11.00** The Two Ronnies: double bill **12.40am** **Nazi Victory: The Post-War Plan** **1.40** Ronnie Kray and the Pervert Peer **2.35** Natural Curiosities **3.00-6.00am** Teleshopping

GOLD

6.00am Teleshopping **7.25** You Rang, M'Lord? **8.20** The Good Life **9.00** Porridge **9.40** Hi-de-Hi! **10.20** Last of the Summer Wine **12.20pm** Keeping Up Appearances **1.00** Porridge **1.40** Hi-de-Hi! **2.20** The Good Life **3.00** Keeping Up Appearances **3.35** Dad's Army **4.20** Last of the Summer Wine **6.20** **The Good Life** Classic sitcom. **7.00** **Porridge** Fletcher wants peace. **7.40** **Dad's Army** Triple bill of the series. **9.40** **Live at the Apollo** Nina Conti hosts an evening of stand-up at the Apollo in Hammersmith, London. **10.40** **Peep Show** Double bill. Mark rediscovers singledom after his marriage to Sophie; Mark and Sophie go back to work after their non-existent honeymoon. **11.40** **Upstart Crow** **12.20am** **Black Books** **2.00** **Peep Show** **2.25** **Live at the Apollo** **3.15** Harry Hill's TV Burp **4.00-6.00am** Teleshopping

DRAMA

Freeview 20

6.00am Teleshopping **7.10** Soldier, Soldier **9.00** The Bill **10.00** Classic Holby City **11.00** Classic Casualty **12.00noon** The Bill **1.00** Classic EastEnders **2.20** London's Burning **3.20** Monarch of the Glen **4.20** Bergerac **5.20** Bread. Comedy. **6.00** **Hi-de-Hi!** Ted hires an X-rated film. **6.40** **As Time Goes By** Sandy fears her boyfriend prefers rugby to her. **7.20** **Last of the Summer Wine** Eva, a former acquaintance of Alvin arrives and catches Howard's eye. **8.00** **Dalziel & Pascoe** A priest is murdered in a village, and the duo arrive to find a community divided. **10.00** **New Tricks** A security van is discovered at the bottom of a lake. **11.15** **Waking the Dead**. Boyd investigates a 25-year-old murder. **1.40am** **The Bill**. Jack Meadows confronts Colin Fairfax. **2.40** **London's Burning** **4.00-6.00am** Teleshopping

Picks of the day



NEW SERIES

Liar

9pm, ITV

The first series of the thriller left viewers dangling as it ended with serial rapist Andrew Earlham (Ioan Gruffudd) dead, without revealing who'd killed him.

Hopefully, we're finally going to get some answers as Liar returns for a second run, which picks up three weeks after damning evidence was uncovered linking Andrew to the sexual assault of 19 women.

One of his most recent victims, Laura Nielson (Joanne Froggatt), is trying to put her ordeal behind her, so when she hears he's dead, her initial reaction is one of relief.

Unfortunately, that won't last long as DI Renton (Katherine Kelly) and DS Maxwell (Danny Webb) begin a search for his killer and Laura realises that she must once again fight to be believed. ★★★★★



The Split

9pm, BBC One

The legal eagles of Noble Hale Defoe are out in force to see Ruth pick up a lifetime achievement award. The united front might not last though as Tyler proposes performance reviews where everyone reveals what they think of their colleagues. As if that wasn't awkward enough, Hannah has to deal with the fallout from her recent anniversary party. ★★★★★



NEW SERIES

Ready Steady Cook

4.30pm, BBC One

He went wild in the aisles on the revamped version of Supermarket Sweep and now Rylan Clark-Neal is reviving another daytime favourite. In the opening episode, the presenter unveils the new set and introduces us to the first pair of contestants, Gemma and Brian from Falkirk, who hope they can stand the heat in the Red Tomato and Green Pepper kitchens. ★★★★★



FILM CHOICE

Bend It Like Beckham

6.45pm, Film4

Parminder Nagra stars in this charming comedy about Jess, a teenage girl who tries to hide her love of football from her strict Sikh parents. However, that becomes a lot harder when she wins a place on the local women's team. Keira Knightley has a breakout role as Jess's teammate Jules, whose mum also wants to steer her away from sport. ★★★★★

SKY ONE

6.00am Monkey Life **7.00** RSPCA Animal Rescue **8.00** The Dog Whisperer **9.00** Stop, Search, Seize **10.00** Brit Cops: Law & Disorder **11.00** NCIS: Los Angeles **1.00pm** Hawaii Five-0 **3.00** MacGyver **4.00** Modern Family **5.00** The Simpsons. Animation. **5.30** Futurama: double bill **6.30** **The Simpsons** Triple bill. **8.00** **Flintoff: Lord of the Fries** Andrew Flintoff gets frying for the people of Northern Ireland. **9.00** **FILM** **Men in Black II** (2002, PG) An alien plots to destroy humanity – and the only retired agent can stop her. Sci-fi comedy sequel, starring Will Smith. ★★ **11.00** Avenue 5. Sci-fi comedy. **11.35** Strike Back: Vendetta **12.35am** A League of Their Own **1.30** Road Wars. Documentary. **2.00** The Real A&E **3.00** **Jett** **4.00** Stop, Search, Seize **5.00-6.00am** Futurama

SKY ATLANTIC

6.00am Storm City **7.00** Without a Trace **10.00** The West Wing **12.00noon** Blue Bloods **1.00** CSI: Crime Scene Investigation **2.00** The West Wing **4.00** Without a Trace **6.00** **Without a Trace** The winner of a makeover reality show disappears. **7.00** **CSI: Crime Scene Investigation** The detectives search for Stokes. **8.00** **Blue Bloods** An incident at a church tests Frank's diplomatic skills. **9.00** **The Outsider** Ralph and Yunis interview witnesses from the festival. **10.05** **The End** A confession changes Edie and Pamela's relationship. **10.40** **True Blood** Double bill. Bill breaks a vampire taboo by protecting Sookie, while Jason and Amy abduct a vampire; Sam shares his secret with Sookie. **1.00am** The L Word: Generation Q **2.10** Oz **3.25** Californication. Drama. **4.00-6.00am** The West Wing

SKY WITNESS

6.00am Nothing to Declare **8.00** Paramedics **9.00** Blue Bloods **10.00** Criminal Minds **11.00** CSI: Crime Scene Investigation **12.00noon** Elementary **1.00** Blue Bloods **2.00** Law & Order: Van Buren has doubts **3.00** The Real A&E **4.00** Stop, Search, Seize **5.00** Nothing to Declare **6.00** **Nothing to Declare** Four episodes of the reality series. **8.00** **Ghost Whisperer** Drama. **9.00** **Criminal Minds** Dr Reid meets a woman named Maxine. **10.00** **NEW** **Blue Bloods** Danny and Baez grapple with a year old homicide investigation. **11.00** **Law & Order: Special Victims Unit** **12.00m't** CSI: Crime Scene Investigation **1.00** The Good Doctor **2.00** Law & Order: Special Victims Unit **3.00** Shades of Blue. Drama. **4.00** **Ghost Whisperer** **5.00-6.00am** Brit Cops: Frontline Crime UK

Monday

MARCH 2

TV LIFE/Daily Star Sunday

BBC ONE



Match of the Day, 7.30pm

6.00am Breakfast **9.15** Britain's Housing Scandal **10.00** Homes Under the Hammer **11.00** Wanted Down Under (R) **11.45** Saved on Camera **12.15pm** Bargain Hunt (R) **1.00** BBC News at One, Weather **1.30** BBC Local News, Weather **1.45** Doctors **2.15** Jimmy McGovern's Moving On **3.00** Escape to the Country **3.45** Money for Nothing **4.30** Ready Steady Cook **5.15** Pointless: Quiz show. (R)

6.00 BBC News at Six, Weather

6.30 BBC Local News, Weather

7.00 The One Show

A mix of nationwide reports and live studio-based chat.

7.30 LIVE Match of the Day: The FA Cup

Chelsea v Liverpool (kick-off 7.45pm). Gary Lineker presents all the action from the fifth-round tie at Stamford Bridge. The Blues defeated Championship sides Nottingham Forest and Hull City in the previous rounds, while Liverpool overcame rivals Everton, before beating League One Shrewsbury Town in a replay while fielding the youngest side in the club's history. The sides met here in the Premier League in September, with the Reds prevailing 2-1. With analysis from Alan Shearer, Ian Wright and Glen Johnson.

10.00 BBC News at Ten

10.25 BBC Local News, Weather, National Lottery Update

10.35 NEW Beauty Laid Bare

Four members of the public investigate the secrets of the beauty industry, beginning by travelling to the Hollywood Hills to attend one of the world's biggest make-up conventions. They discover how social media is becoming an increasingly important tool in the industry's marketing machine, and question the environmental impact of plastic packaging.

11.15 The Truth About Takeaways

Journalist Nikki Fox teams up with scientists at Liverpool John Moores University to discover what takeaways do to our health, what's really in them and how people can kick the habit. In a unique experiment, 15 volunteers eat nothing but takeaways for two weeks and undergo a barrage of tests, from blood sugar and body fat to gut bacteria and mental sharpness. The results reveal the shocking truth about how takeaways affect our bodies and brains. (R)

12.15am Weather for the Week Ahead **12.20-6.00am** BBC News

BBC TWO



Back in Time for the Corner 8pm

6.30am Money for Nothing (R) **7.15** Escape to the Country (R) **8.00** Sign Zone: Spy in the Wild (R) **9.00** BBC News **10.00** Victoria Derbyshire **11.00** BBC Newsround Live **12.15pm** Politics Live **1.00** The Super League Show **1.50** Best House in Town (R) **2.30** Terry and Mason's Great Food Trip (R) **3.00** Red Rock (R) **3.45** The Great Interior Design Challenge (R) **4.45** Portillo's State Secrets (R) **5.15** Flog It! From Rochester Cathedral in Kent. (R)

6.00 Richard Osman's House of Games

Chizzy Akudolu, Miles Jupp, Amol Rajan and Ellie Taylor go toe-to-toe testing their general knowledge skills in a variety of games across the week.

6.30 Great British Railway Journeys

On a journey from Belfast to Portrush, Michael Portillo investigates the work of author and Narnia creator CS Lewis, and visits the Royal Portrush Golf Club. (R)

7.00 Top Gear

Paddy McGuinness, Freddie Flintoff and Chris Harris put emergency vehicles to the test to see if the fire brigade, the police or the ambulance service has the fastest vehicles. Chris pays tribute to rally driver Colin McRae, Paddy puts the new BMW M8 through its paces, and comedian Tom Allen joins the team in the studio. Last in the series. (R)

8.00 Back in Time for the Corner Shop

The Ardens get a taste of running a store in the 1920s, 30s and 40s, considered the golden age of the corner shop due to the plentiful availability of packaged food.

9.00 Murder 24/7

A forensic search of a property gives the police a breakthrough in the search for the murderer, but also suggests the killing may have been self-defence. Last in the series.

10.00 Better Things

Sam is at the Hamletville theatre festival trying out a new play for Broadway. Comedy-drama, starring Pamela Adlon.

10.30 Newsnight, Weather

11.15 Putin: The New Tsar

The story of Vladimir Putin's rise to power. Contributors include former confidante Sergei Pugachev, chess grandmaster Garry Kasparov, Jack Straw and William Hague. (R)

12.15am Sign Zone: Win the Wilderness: Alaska (R) **1.15** Sign Zone: Murder, Mystery and My Family (R) **2.00** Sign Zone: Island Medics (R) **2.45-6.30am** This Is BBC Two

ITV



Britain Underwater, 9pm

6.00am Good Morning Britain **9.00** Lorraine **10.00** This Morning **12.30pm** Loose Women **1.30** ITV Lunchtime News, Weather **1.55** Local News, Weather **2.00** Judge Rinder **3.00** Tenable (R) **3.59** Local Weather **4.00** Tipping Point **5.00** The Chase

6.00 Local News, Weather

6.30 ITV Evening News, Weather

7.00 Emmerdale

Marion finds himself guilty over April's recent bullying, Billy is forced to keep the truth from Dawn over Will and Harriet's arguing, and Charity struggles to bite her tongue over Vanessa's illness.

7.30 PICK NEW Dr Ranj: On Call

Dr Ranj Singh offers advice on how to spot and treat common illnesses and accidents. In the first episode, he goes on call with the West Midlands Ambulance Service. See Picks of the day

8.00 Love Your Garden

Alan Titchmarsh and the team creates an elegant tea garden for a charity volunteer in Birmingham who makes cakes for injured members of the services. The garden includes a fully equipped kitchen so she can bake pies and cakes in the fresh air, raised beds for growing fresh ingredients, and a colourful living wall. Plus, Katie Rushworth offers tips on balcony and rooftop gardening.

9.00 Britain Underwater: Fighting the Floods A report from the communities that were hardest hit by the recent storms Ciara and Dennis. With behind the scenes access to the Environment Agency, as they work to stem flooding.

10.00 ITV News at Ten, Weather

10.30 Local News, Weather

10.45 Tyson Fury: The Gypsy King

The heavyweight celebrates a victory over Thomas Schwartz in Las Vegas by enjoying a night of heavy drinking back home in Morecambe and video-calling rival Anthony Joshua. The boxer then heads to Marbella with trainer Ben Davison, before preparing to face his next opponent Otto Wallin back in Vegas, in what proves to be a challenging fight. (R)

11.40 Tenable

A team of five family and friends answer questions about top 10 lists from the realms of pop culture and general knowledge. Hosted by Warwick Davis. (R)

12.30am Home Shopping **3.00** The Home Game (R) **3.50** ITV Nightscreen **5.05-6.00am** Judge Rinder (R)

Channel 4



Celebrity Crystal Maze, 10.35pm

6.30am Cheers (R) **7.20** The King of Queens: double bill. (R) **8.10** Everybody Loves Raymond: double bill. (R) **9.10** Frasier: double bill. (R) **10.10** Undercover Boss Canada (R) **11.05** Ramsay's Kitchen Nightmares USA (R) **12.00noon** Channel 4 News Summary **12.05** Find It, Fix It, Flog It (R) **1.05** Posh Pawn (R) **2.10** Countdown **3.00** A Place in the Sun (R) **4.00** A New Life in the Sun: Where Are They Now? **5.00** Come Dine with Me (R)

6.00 The Simpsons

Homer manages to ruin any chance of a friendship with his new neighbour, while Marge is concerned that Lisa has no friends and comes up with a plan. (R)

6.30 Hollyoaks

Edward lets Marnie down gently when she comes on too strong. Meanwhile, Darren takes Tony to The Loft for a boys' night out. (R)

7.00 Channel 4 News

8.00 Nightmare Cruises: Going Overboard

Documentary examining cases where passengers on cruise ships fell overboard, examining the chances of survival and what steps can be taken to prevent further tragedies.

9.00 24 Hours in A&E

A teenager is rushed to hospital with a lacerated wrist after putting his hand through a pane of glass, while another patient discusses being diagnosed with a chronic condition.

10.00 PICK The Windsors

Charles and Camilla reluctantly agree to attend Kate's father's birthday celebrations, where long-standing rivalries flare up over who has bought him the best present. Simon Day (The Fast Show) and Julia Deakin (Spaced) guest star as Kate's parents. See Picks of the day

10.35 Celebrity Crystal Maze

Anita Rani, Jeff Stelling, Hannah Cockcroft, AJ Pritchard and Tom Rosenthal explore the four zones of the Maze, tackling a range of skill, mystery, physical and mental challenges. (R)

11.30 Prison

The emotionally charged difficulties of being a mother in prison, with staff at Foston Hall believing that keeping family contact is vital to reduce reoffending. Last in the series. (R)

12.30am Ramsay's Kitchen Nightmares USA (R) **1.20 FILM** What Richard Did (2012, 15) Drama, starring Jack Reynor and Róisín Murphy. ★★ ★★ 2.55 Come Dine with Me (R) **3.50** Grand Designs (R) **4.45** Location, Location, Location (R) **5.40** Kirstie's Vintage Gems (R) **5.50-6.30am** Countdown. Gameshow. (R)

Channel 5



Dogs Behaving (Very) Badly, 8pm

6.00am Milkshake!: Peppa Pig (R) **6.20** Mya Go (R) **6.25** Fireman Sam (R) **6.40** Noddy: Toyland Detective **6.50** Abby Cadabby **7.00** Thomas & Friends (R) **7.15** Milkshake! Monkey's Amazing Adventures (R) **7.20** Peppa Pig (R) **7.40** Top Wing (R) **7.55** Paw Patrol **8.10** Floogals (R) **8.25** Becca's Bunch (R) **8.40** Little Princess (R) **8.55** Ben and Holly's Little Kingdom (R) **9.10** Sunny Bunnies (R) **9.15** Jeremy Vine **11.15** Paddington Station 24/7 (R) **12.10pm** News **12.15** Nightmare Tenants, Slum Landlords (R) **1.10** Access **1.15** Home and Away (R) **1.45** Neighbours **2.20 FILM** A Wicked Vendetta (2018, PG) Thriller, with Katrina Begin. ★★ ★★ 4.00 Friends (R) **5.00** 5 News at 5 **5.30** Neighbours: Aaron tries to get Mark Brennan and Paige together. (R)

6.00 Home and Away

Ryder is charged with uploading the sex tape, giving Mac no choice but to reinstate Jade. Colby hears Bella being nasty to Mackenzie. (R)

6.30 5 News Tonight

7.00 M&S vs Waitrose: Which Is Better Value?

Documentary examining the ongoing rivalry between the supermarkets. Marks & Spencer has always had a special place in the nation's heart, with almost 1,000 stores and a reputation for quality stretching back 135 years. (R)

8.00 Dogs Behaving (Very) Badly

Graeme Hall helps to train three dogs that go overboard in protecting the family home, as well as a cavapoochon who loves to run faster than its owners can handle.

9.00 Ben Fogle: Make a New Life in the Country

Ben meets a couple in the Malvern Hills who have given up successful careers in London to run their own brewery, operating out of a refurbished chicken shed. Last in the series.

10.00 My New Greek Life

A couple who retired to Kefalonia struggle with being separated from family. Laura and Ross move their yacht to a new island, only to encounter fierce weather. Last in the series.

11.05 Eamonn & Ruth Meet the Billionaires

Eamonn Holmes and Ruth Langsford meet Dr Mohammad Zahoor and his wife Kamaliya in Kiev, Ukraine, to see how the billionaire couple have spent some of their fortune. (R)

12.05am How to Have a Better Orgasm (R) **1.00** The 21.co.uk Live Casino Show **3.00** Access **3.10** Hotel Inspector: Checking In, Checking Out (R) **4.00** Tattoo Disasters UK (R) **4.45** House Doctor (R) **5.10** Nick's Quest (R) **5.35-6.00am** Wildlife SOS (R)

STV 10.40pm Scotland Tonight **11.05** Tyson Fury: The Gypsy King **12.05am** James Martin's French Adventure **1.00** ITV Nightscreen

UTV 10.45pm Eamonn Mallie: Face to Face With **11.10** Lough Erne **11.40** Tyson Fury: Gypsy King

BBC1 N Ireland 10.35pm Spotlight **11.05 NEW** Beauty Laid Bare **11.50** The Truth About Takeaways

BBC1 Scotland 10.35pm River City **11.35 NEW** Beauty Laid Bare **12.15am** The Truth About Takeaways **1.20** BBC News

BBC1 Wales 11.30am X-Ray **12.00noon** Saved on Camera **12.30** Bargain Hunt **10.35** Young, Welsh and Pretty Minted **11.05 NEW** Beauty Laid Bare

BBC2 N Ireland 1.50pm Waterworld **2.00** Stormont Live **3.00** Best House in Town **3.45** Red Rock **4.30** The Great Interior Design Challenge **5.30** Portillo's State Secrets **10.00** There's No Place Like Tyrone **11.15** Better Things

BBC2 Wales 1.50pm First Minister's Questions **2.40** Coast **11.15** New Voices from Wales

BBC Scotland 7.00pm The Children's Hospital **7.30** Test Drive **8.00** Grand Tours of the Scottish Islands **9.00** The Nine **10.00** Scotland's Game

11.00 Partition: Legacy of the Line **12.00m** Close **RTE1 6.00am** EuroNews **6.55** Teleshopping **8.00** Today with Maura and Daithi **9.55** Ellen **10.50** Dr Phil **11.45** Shortland Street **12.15pm** Doctors **12.45** Telly Bingo **1.00** News **1.30** Home and Away **2.00** Neighbours **2.25** EastEnders **3.00** It's a Park's Life **3.30** Today with Maura and Daithi **5.40** Nuacht **6.00** The Angelus **6.01** News **7.00** Eco Eye

7.30 Home Rescue **8.00** Fair City **8.30** Home of the Year **9.00** News **9.35** Redress: Breaking the Silence **10.35** Prime Time **11.15** Silent Witness **S4C 6.00am** Cyw **12.00noon** Newyddion **12.05** Fflasiwn Mecanic **12.30** Heno **1.30** Ffermio **2.00** Newyddion **2.05** Prynawn Da **3.00** Newyddion **3.05** Corau Rhys Meirion **4.00** Awr Fawr **5.00** Stwnsh **6.00** Codi Pac **6.30** Rownd a Rownd **7.00** Heno **7.30** Newyddion **8.00** Pobol y Cwmn **8.25** Rownd a Rownd **8.55** Newyddion **9.00** Cynefin **10.00** Walter Presents: Yr Un Awyr **11.00** Nyrsys

(R) Repeat
STAR RATINGS
★★★★★ Brilliant
★★★★ Very good
★★★ Worth a watch
★★ Could be worse
★ Pretty dire
All programme details are correct at time of going to press

Best of the rest

ITV2

Freeview 16

6.00am Teleshopping **7.00** The Ellen DeGeneres Show **7.50** Emmerdale **8.20** Coronation Street **9.20** Superstore **10.15** Dinner Date **11.15** Dress to Impress **12.15pm** Emmerdale **12.45** Coronation Street **1.50** The Ellen DeGeneres Show **2.45** Dinner Date **3.50** Dress to Impress **4.50** Take Me Out
6.00 You've Been Framed! Gold
8.00 Two and a Half Men Double bill.
9.00 Family Guy Double bill. Stories inspired by viewers' letters; Lois tries to save the life of Stewie's best friend.
10.00 Plebs Double bill. Marcus spies an opportunity; the boys launch a cabaret night in the bar.
11.00 Family Guy. Peter becomes Tom Tucker's agent. **11.30** American Dad! Animation. **12.25am** Two and a Half Men **1.25** Ibiza Weekender **2.25** Don't Hate the Playaz **3.15** Nightscreen **3.30-6.00am** Shopping

ITV3

Freeview 10

6.00am Classic Coronation Street **6.55** Classic Emmerdale **7.55** Heartbeat **8.55** The Darling Buds of May **10.00** That's My Boy **10.30** Inspector Morse **12.40pm** Heartbeat **1.45** Classic Emmerdale **2.50** Classic Coronation Street **3.55** Midsomer Murders **5.55** Heartbeat. Drama.
7.00 Agatha Christie's Poirot An actress witnesses the murder of a shady producer. David Suchet stars.
8.00 Midsomer Murders As Midsomer St Claire prepares for severe storms and flooding, it appears a murderer is using ancient torture methods to punish modern-day 'sinners'.
10.00 Scott & Bailey The badly burned body of a disabled man turns up in a woodland and a few days later another corpse is found.
11.00 Inspector Morse. Double bill of the drama. **3.10am** Nightscreen **3.30-6.00am** Teleshopping

FILM4

Freeview 14

11.00am The Naked Truth (1957, U) Comedy, starring Peter Sellers. ★★
12.50pm Rage at Dawn (1955, U) Western, starring Randolph Scott. ★★ **2.40** The Longest Day (1962, PG) Fact-based Second World War drama, with Richard Burton, John Wayne and Richard Todd. ★★★★★
6.20 The Core (2003, 12) Sci-fi thriller, starring Aaron Eckhart, Hilary Swank and DJ Qualls. ★★★★★
9.00 Gifted (2017, 12) Premiere. A single man attempts to raise his child prodigy niece. Drama, with Chris Evans, Lindsay Duncan and McKenna Grace. ★★★★★
11.05 **PICK** Conan the Barbarian (2011, 15) Fantasy adventure, with Jason Momoa and Stephen Lang. ★★★★★ See *Picks of the day*. **1.15-3.25am** A Dark Song (2016, 15) Psychological horror, with Catherine Walker and Steve Oram. ★★★★★

E4

Freeview 13

6.00am Hollyoaks **7.00** How I Met Your Mother **8.00** Baby Daddy: double bill **9.00** Mike & Molly **10.00** The Big Bang Theory **11.00** The Goldbergs **12.00noon** Brooklyn Nine-Nine **1.00** The Big Bang Theory **2.00** Baby Daddy **3.00** Mike & Molly **4.00** The Goldbergs: double bill **5.00** Brooklyn Nine-Nine: double bill
6.00 The Big Bang Theory Double bill. **7.00** Hollyoaks Chester-based soap.
7.30 Man with a Plan Adam and Andi make a mess of things when they have 'the talk' with Teddy and Kate.
8.00 The Big Bang Theory Double bill.
9.00 Celebs Go Dating Anna and Paul analyse Alison Hammond's past.
10.00 First Dates Dating show.
11.05 The Big Bang Theory **12.00m't** Brooklyn Nine-Nine **1.00** Celebs Go Dating **2.05** First Dates **3.00** Gogglebox **3.55** As 10.00am **4.45-6.00am** As 7.00am

DAVE

Freeview 19

6.00am Teleshopping **7.10** Cops UK: Bodycam Squad **8.00** American Pickers **9.00** Storage Hunters UK **10.00** American Pickers **12.00noon** Cop Car Workshop **1.00** Top Gear **2.00** Cops UK: Bodycam Squad **3.00** Sin City Motors **4.00** Top Gear
6.00 Taskmaster Jessica Knappett beautifully mimics a funny noise.
7.00 Room 101 Double bill.
8.20 Have I Got a Bit More News for You Extended edition, hosted by Gary Lineker.
9.20 QI With Sue Perkins, Bill Bailey and Gyles Brandreth.
10.00 Taskmaster Gameshow.
11.00 Hypothetical. With guest Angela Barnes. **12.00m't** Taskmaster. Gameshow. **1.00** Have I Got a Bit More News for You **2.00** Jon Richardson: Ultimate Worrier **3.00** Zapped **3.35** The Indestructibles **4.00-6.00am** Teleshopping

YESTERDAY

Fview 25

6.00am The British Middle Class **7.10** Impossible Railways **8.00** Forbidden History **9.00** Secret Nazi Bases **10.00** Nazi Victory: The Post-War Plan **11.00** Underground Worlds. Documentary. **12.00noon** Impossible Railways **1.00** Secrets of Britain **2.00** Walking Through History **3.00** Underground Worlds **4.00** Impossible Railways. Documentary. **5.00** Secret Nazi Bases. Documentary.
6.00 Nazi Victory: The Post-War Plan Documentary.
7.00 Underground Worlds An underground city beneath in France.
8.00 Abandoned Engineering
9.00 The Two Ronnies Double bill.
10.40 Porridge Fletcher helps Godber.
11.20 Porridge **12.40am** Nazi Victory: The Post-War Plan **1.40** The British Middle Class **2.35** David Attenborough's Natural Curiosities **3.00-6.00am** Teleshopping

GOLD

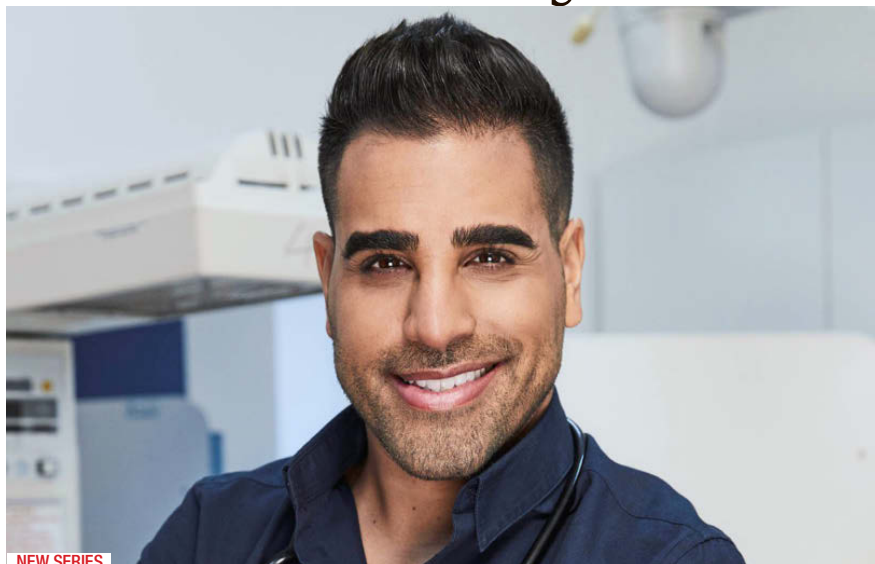
6.00am Teleshopping **7.35** You Rang, M'Lord? **8.35** The Good Life **9.15** Porridge **9.55** Hi-de-Hi! **10.35** Last of the Summer Wine **12.35pm** Keeping Up Appearances **1.15** Dad's Army **1.55** Hi-de-Hi! **2.35** The Good Life **3.15** Keeping Up Appearances **3.55** Dad's Army. Wartime comedy. **4.35** Last of the Summer Wine
6.35 The Good Life Classic sitcom.
7.15 Porridge Fletch goes into hospital.
7.55 Dad's Army Four episodes. The king's train passes through Walmington-on-Sea; the platoon takes part in an efficiency test; the soldiers tackle a fire; Mainwaring appears in court.
10.35 Mrs Brown's Boys Mark and Betty announce they are leaving.
11.15 Peep Show: double bill **12.20am** Mrs Brown's Boys **1.00** Dad's Army **1.35** Peep Show **2.40** Marley's Ghosts **4.00-6.00am** Teleshopping

DRAMA

Freeview 20

6.00am Teleshopping **7.10** Soldier, Soldier **9.00** The Bill **10.00** Classic Holby City **11.00** Classic Casualty **12.00noon** The Bill **1.00** Classic EastEnders **2.20** London's Burning **3.20** Monarch of the Glen **4.20** Bergerac **5.00** Bread
6.00 Hi-de-Hi! Classic sitcom.
6.40 As Time Goes By A former boyfriend gets in touch with Jean.
7.20 Last of the Summer Wine Barry discovers that his neighbour is desperately lonely, and tries to set him up with a new girlfriend.
8.00 Judge John Deed A fraud case involving two solicitors proves of interest to Deed, and causes outrage.
10.00 New Tricks The team reopens an investigation into the death of an elderly woman. Eric Sykes stars.
11.20 Waking the Dead **1.50am** The Bill. Police drama. **2.55** London's Burning **4.00-6.00am** Teleshopping

Picks of the day



NEW SERIES

Dr Ranj: On Call

7.30pm, ITV

He's been on everything from CBeebies to Strictly, and now Dr Ranj Singh has his very own ITV show. He's here to encourage viewers to take control of their physical and mental health, offering advice on treating and recognising common illnesses and injuries.

He's not going it alone though, as the good doctor is joined by co-presenter Kylie Pentelow, who will be checking out the latest

medical advances and techniques.

Dr Ranj begins by going out on patrol with the West Midlands Ambulance Service to learn more about how paramedics deal with life and death situations on a daily basis.

Meanwhile, Kylie is finding out how the future has come to Milton Keynes Hospital in the form of a brand new robot designed to revolutionise keyhole surgery. ★★★★★



NEW SERIES

The Trip to Greece

10pm & 10.30pm, Sky One

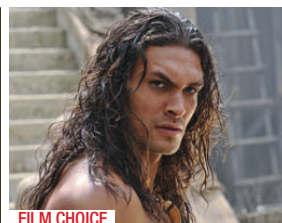
For the fourth series of the acclaimed comedy, Steve Coogan and Rob Brydon (or at least the fictionalised versions of themselves) are going island hopping in Greece. In this time of political debate, it's the perfect place to discuss democracy, tragedy, comedy and myth – and, of course, to eat out while doing Michael Caine impressions. ★★★★★



The Windsors

10pm, Channel 4

Fergie, Beatrice and Eugenie are off to Glastonbury, but sadly only two of them can get into the VIP area – which means one of them is going to have to take their chances with the public, who will be more unwashed than usual. Maybe Charles and Camilla would also rather be toughing it out at the festival than celebrating Kate's father's birthday. ★★★★★



FILM CHOICE

Conan the Barbarian

11.05pm, Film4

Aquaman and Game of Thrones star Jason Momoa steps into Arnold Schwarzenegger's big boots to play the iconic sword-and-sorcery hero. The plot sees tribal warrior Conan seeking revenge on Khalar Zym (Stephen Lang), the evil warlord who killed his noble father Corin (Ron Perlman) and burned his village to the ground. ★★★★★

SKY ONE

6.00am Monkey Life **7.00** RSPCA Animal Rescue **8.00** The Dog Whisperer **9.00** Stop, Search, Seize **10.00** Brit Cops: Law & Disorder **11.00** NCIS: Los Angeles **1.00pm** Hawaii Five-0 **3.00** MacGyver **4.00** Modern Family **5.00** The Simpsons **5.30** Futurama. Animated capers.
6.30 The Simpsons Triple bill.
8.00 An Idiot Abroad 2 South Pacific.
9.00 Strike Back: Vendetta The team embarks on a mission on a train.
10.00 **PICK** **NEW** The Trip to Greece Double bill. The return of the comedy, starring Steve Coogan and Rob Brydon; the duo go gastronomic-island hopping. See *Picks of the day*.
11.00 A League of Their Own. Highlights show. **12.00m't** Jett **1.05** Avenue 5 **1.40** The Heist **2.40** Hawaii Five-0 **4.30** Stop, Search, Seize **5.30-6.00am** Futurama

SKY ATLANTIC

6.00am Storm City **7.00** Without a Trace **10.00** The West Wing **12.00noon** Blue Bloods **1.00** CSI: Crime Scene Investigation **2.00** The West Wing **4.00** Without a Trace **6.00** Without a Trace A homeless woman vanishes from a shelter.
7.00 CSI: Crime Scene Investigation Grissom investigates an explosion at a trailer park that left two dead.
8.00 Blue Bloods Jackie goes undercover as an escort to catch a serial killer who has been murdering prostitutes in hotel rooms.
9.00 Save Me Claire becomes suspicious of Barry's reward offer.
10.00 The L Word: Generation Q Bette feels guilty about lying to Angie.
11.10 Babylon Berlin. Greta's conscience is torn. **12.10am** Oz **1.20** **FILM** Game Change (2012, 12) Drama. ★★★★★ **3.35** Californication **4.10-6.00am** The West Wing

SKY WITNESS

6.00am Nothing to Declare **8.00** Paramedics **9.00** Blue Bloods **10.00** Criminal Minds **11.00** CSI: Crime Scene Investigation **12.00noon** Elementary **1.00** Blue Bloods **2.00** Law & Order **3.00** The Real A&E **4.00** Stop, Search, Seize **5.00** Nothing to Declare: four episodes
7.00 Border Security: Australia's Front Line Double bill of the series.
8.00 Ghost Whisperer Melinda is visited by the ghost of a chef. Drama, with Jennifer Love Hewitt.
9.00 The Good Doctor Shaun feels reassured about Carly's feelings towards his friendship with Lea.
10.00 Law & Order: Special Victims Unit Double bill of the drama series.
12.00m't CSI: Crime Scene Investigation **1.00** Criminal Minds: double bill **3.00** Ghost Whisperer **4.00** Shades of Blue **5.00-6.00am** Brit Cops: Rapid Response

Tuesday

MARCH 3

TV LIFE/Daily Star Sunday

BBC ONE



Match of the Day, 7.30pm

6.00am Breakfast **9.15** Britain's Housing Scandal **10.00** Homes Under the Hammer (R) **11.00** Wanted Down Under (R) **11.45** Saved on Camera **12.15pm** Bargain Hunt (R) **1.00** BBC News at One, Weather **1.30** BBC Local News **1.45** Doctors **2.15** Jimmy McGovern's Moving On **3.00** Escape to the Country (R) **3.45** Money for Nothing **4.30** Ready Steady Cook **5.15** Pointless (R)

6.00 BBC News at Six, Weather
6.30 BBC Local News, Weather
6.55 Party Political Broadcast
By the Labour Party. (R)

7.00 The One Show
Magazine show, with stories of interest from around the UK, plus celebrity guests in the studio. Presented by Alex Jones and Matt Baker.

7.30 LIVE Match of the Day: The FA Cup
Sheffield Wednesday v Manchester City (kick-off 7.45pm). Gary Lineker presents all the action from the fifth-round tie at Hillsborough, which is followed by the draw for the sixth round. Wednesday have already defeated one Premier League side in Brighton & Hove Albion away in the third round, but face a daunting task against the holders, who scored four against both Port Vale and Fulham in their previous games in this season's competition. With analysis from Alan Shearer and Micah Richards.

10.00 BBC News at Ten

10.25 BBC Local News, Weather, National Lottery Update

10.35 Eating with My Ex
Daisha wants to know why Luchiano left in the middle of the night, Andy wants to rekindle with ex-boyfriend Blair, and Demere thinks about forgiving James for moving on so quickly.

11.05 Fight Dirty
Two teams of housemates go up against each other to clean each others' homes, hoping to win a cash prize. Narrated by Jordan North.

11.35 Killing Eve
Villanelle lures Eve to Berlin by using the agent's name while carrying out the murder of a Chinese army colonel, and trails the MI5 officer as she and Bill investigate the killing. While Eve and Bill chase up a number of promising leads, Villanelle enjoys the cat-and-mouse nature of their proximity. But as they draw closer, Eve comes to realise that this is much more than just a game. Spy thriller, starring Jodie Comer. (R)

12.20am Killing Eve (R) **1.05** Weather for the Week Ahead **1.10-6.00am** BBC News

BBC TWO



Saving Lives at Sea, 8pm

6.30am Money for Nothing (R) **7.15** Ready Steady Cook (R) **8.00** Sign Zone: See Hear **8.30** Sign Zone: Great British Railway Journeys (R) **9.00** BBC News at 9 **10.00** Victoria Derbyshire **11.00** BBC Newsroom Live **11.15** Politics Live **1.00pm** Hardball (R) **1.45** Best House in Town (R) **2.30** Terry and Mason's Great Food Trip (R) **3.00** Red Rock (R) **3.45** The Great Interior Design Challenge (R) **4.45** Portillo's State Secrets (R) **5.15** Flog It! (R)

6.00 Richard Osman's House of Games
Former winners Chizzy Akudolu, Miles Jupp, Amol Rajan and Ellie Taylor test their knowledge in a series of trivia-based games across the week.

6.30 Great British Railway Journeys
Michael Portillo continues his journey from Northern Ireland across the water to Scotland. Leaving from the seaport of Larne, he reaches Stranraer and the Mull of Galloway. (R)

7.00 The Andrew Neil Show
Interviews, discussion and analysis from Westminster, including the latest on Brexit with Andrew Neil and guests.

8.00 Saving Lives at Sea
Documentary telling the story of the unpaid volunteers who sacrifice their free time to staff more than two hundred RNLI lifeboat stations across the UK. In the final episode, the Royal National Lifeboat Institution volunteers race to rescue two teenagers stuck in mud in Cleethorpes on the Humber estuary before the incoming tide overwhelms them. Last in the series.

9.00 PICK Tigers: Hunting the Traffickers
Aldo Kane reports on the illegal tiger trade in South East Asia, with the endangered big cats trafficked for products including wine and glue made from their bones. See *Picks of the day*.

10.00 Live at the Apollo
Sarah Millican presents stand-up comedy from London's Hammersmith Apollo, introducing sets by Tom Allen and Arj Barker. (R)

10.30 Newsnight, Weather
11.15 Win the Wilderness: Alaska
The two remaining couples pay a visit to the empty property without Duane and Rena, to get a sense of what their new life in the wilderness will really be like. (R)

12.15am Sign Zone: See Hear (R) **12.45** Sign Zone: Universal Credit: Inside the Welfare State (R) **1.45** Sign Zone: Hospital (R) **2.45-6.30am** This Is BBC Two

ITV



Peston, 10.45pm

6.00am Good Morning Britain **9.00** Lorraine **10.00** This Morning **12.30pm** Loose Women **1.30** ITV Lunchtime News, Weather **1.55** Local News, Weather **2.00** Judge Rinder **3.00** Tenable (R) **3.59** Local Weather **4.00** Tipping Point **5.00** The Chase

6.00 Local News, Weather

6.25 Party Political Broadcast
By the Labour Party.

6.30 ITV Evening News, Weather

7.00 Emmerdale
Marlon feels betrayed, Harriet is annoyed when Will breaks his promise, and Kim finds herself in deep water.

7.30 Coronation Street
Daniel resolves to prove his devotion to Bethany, and Tyrone's act of kindness misleads Jade. Geoff tells Tim he'd like to pay for his and Sally's wedding, and a furious Alya suspects Ray is behind nasty reviews about Speed Daal.

8.00 PICK Harry Redknapp's Sandbanks Summer
Harry Redknapp welcomes Nick Knowles and Rita Simons to Sandbanks, where they pay a visit to the nearby British Beach Polo Championships. See *Picks of the day*.

8.30 Coronation Street
Bethany realises the time has come to leave Weatherfield, Tyrone and Fiz unite against Jade, and Adam dupes Ali into revealing his fling with Maria.

9.00 PICK NEW The Trouble with Maggie Cole
Six-part drama following the lives of residents in the close-knit coastal resort of Thurlbury. Local historian Maggie Cole is flattered when she is interviewed for a radio show about village life, but she inadvertently shares too much detail about the locals and their private lives. Starring Dawn French. See *Picks of the day*.

10.00 ITV News at Ten, Weather

10.30 Local News, Weather

10.45 Peston
Political magazine show presented by Robert Peston, featuring major interviews with MPs, and topical guests. Including updates from social media taking in perspectives from viewers, and experts throughout the programme.

11.40 Britain Underwater: Fighting the Floods
A report from the communities that were hardest hit by the recent storms. (R)

12.30am Home Shopping **3.00** Broadchurch (R) **3.50** ITV Nightscreen **5.05-6.00am** Judge Rinder (R)

Channel 4



Home, 10pm

6.30am Cheers (R) **7.20** The King of Queens (R) **8.10** Everybody Loves Raymond (R) **9.10** Frasier (R) **10.10** Undercover Boss Canada (R) **11.05** Ramsay's Kitchen Nightmares USA (R) **12.00noon** Channel 4 News **12.05** Find It, Fix It, Flog It (R) **1.05** Posh Pawn (R) **2.10** Countdown **3.00** A Place in the Sun (R) **4.00** A New Life in the Sun: Where Are They Now? **5.00** Come Dine with Me (R)

6.00 The Simpsons

Bart betrays Milhouse during Springfield Elementary's sports day, while Homer tries to save the 4th of July fireworks when they are cancelled. (R)

6.30 Hollyoaks
Edward prepares a romantic dinner for Tony and Diane. Meanwhile, Nancy is furious when Darren forgets to pick up Oscar from school. (R)

7.00 Channel 4 News

8.00 Kirstie and Phil's Love It or List It
Kirstie Allsopp and Phil Spencer meet Christine Attwood and Tony Congdon in Purley, Croydon, who need help deciding whether they should sell or upgrade their home. The pair have been going back and forth for almost a decade about the future of their bungalow – Tony loves the property and its location, but Christine longs to move closer to the coast to enjoy retirement. (R)

9.00 100 Kilo Kids: Obesity SOS
Following young patients in the Bristol Royal Hospital for Children, Britain's leading childhood obesity clinic, a last resort for children living with extreme obesity.

10.00 Home
Peter tries to hold the family together, and Katy is consumed with self-loathing as she prepares for her misconduct hearing at school.

10.30 Gogglebox
The armchair critics share their opinions on what they have been watching during the week. The programme captures their instant reactions from the comfort of their own homes. (R)

11.35 First Dates
Recruitment consultant Chloe sits down with 'geezer' Anthony, actor Josh seeks a leading lady and dedicated father Rob is paired with former Butlin's Redcoat Donna. (R)

12.30am The Windsors (R) **1.00** Ramsay's Kitchen Nightmares USA (R) **1.50** My Family and the Galapagos (R) **2.45** Come Dine with Me (R) **3.40** Grand Designs (R) **4.35** Location, Location, Location (R) **5.35** Kirstie's Vintage Gems (R) **5.50-6.30am** Countdown (R)

Channel 5



The Chocolate Challenge, 10pm

6.00am Milkshake!: Peppa Pig: four episodes. (R) **6.20** Mya Go (R) **6.25** Fireman Sam (R) **6.40** Noddy: Toyland Detective **6.50** Abby Cadabby **7.00** Thomas & Friends (R) **7.15** Milkshake! Monkey's Amazing Adventures (R) **7.20** Peppa Pig: double bill. (R) **7.40** Top Wing (R) **7.55** Paw Patrol **8.10** Floogals (R) **8.25** Becca's Bunch (R) **8.40** Little Princess (R) **8.55** Ben and Holly's Little Kingdom (R) **9.10** Sunny Bunnies (R) **9.15** Jeremy Vine **11.15** Paddington Station 24/7 (R) **12.10pm** 5 News at Lunchtime **12.15** Nightmare Tenants, Slum Landlords (R) **1.10** Access **1.15** Home and Away (R) **1.45** Neighbours **2.15** FILM Secrets in a Small Town (2019, PG) Fact-based thriller, starring Kate Drummond. ★★★ **4.00** Friends: double bill. (R) **5.00** 5 News at 5 **5.30** Neighbours: Paige reveals a shocking truth after standing Mark up. (R)

6.00 Home and Away

Tori goes home, and learns that Leah is missing. After asking Scott to arrange a meeting with Victor and Des, Robbo spends quality time with Jasmine. (R)

6.30 5 News Tonight

7.00 Secrets of the Royal Palaces
Behind-the-scenes tales of the British monarchy's residences, with a royal butler recalling how he accidentally ended up dancing with the Queen. (R)

8.00 Health Foods: Are They a Con?
Paul Connolly and Jean Johansson lift the lid on health foods and other products, meeting a Cheshire family who may be falling for some of the supermarket branding tricks.

9.00 Sarah Payne: 5 Mistakes That Caught the Killer
Examining the murder of Sarah Payne, an eight-year-old girl who was killed by Roy Whiting in 2000, and the mistakes he made that led to him being arrested and locked up for life.

10.00 The Chocolate Challenge with The Hairy Bikers
The competition heats up as the semi-final gets underway, and the four remaining chocolatiers are tasked to create their own unique chocolate Easter egg.

11.05 Harvey Nichols: Britain's Poshest Department Store
Documentary examining how the chain epitomised the champagne lifestyle of the rich and famous in the 1990s, and how it survived the financial crisis of the late 2000s. (R)

12.05am The Woman Who Ate a House: PICA Syndrome (R) **1.00** The 21.co.uk Live Casino Show **3.00** Access **3.10** The Hotel Inspector: Checking In, Checking Out (R) **4.00** Tattoo Disasters UK: double bill. (R) **4.45** House Doctor (R) **5.10** Nick's Quest (R) **5.35-6.00am** Wildlife SOS (R)

variations

STV 10.40pm Scotland Tonight **11.05** Peston **12.05am** The Home Game **1.00** ITV Nightscreen

UTV 11.40pm Tyson Fury: The Gypsy King

BBC1 N Ireland 10.35pm Nolan Live **11.35** Eating with My Ex **12.05am** Fight Dirty **12.35** Killing Eve. double bill. **2.00** BBC News

BBC1 Scotland 1.05am Debate Night

BBC1 Wales 10.30pm BBC Wales Live **11.05** Eating with My Ex **11.35** Fight Dirty **12.05am** Killing Eve. double bill. **1.30** BBC News

BBC2 N Ireland 10.00pm Spotlight

BBC2 Wales 11.15pm New Voices from Wales **11.25** Snow Monkeys: Natural World

BBC Scotland 2.30pm Scotland **3.30** Terry and Mason's Great Food Trip **4.00** Red Rock **7.00** Grand Tours of the Scottish Islands **8.00** Corner Shop Cook-Off **9.00** The Nine **10.00** Bob Servant Independent **10.30** Debate Night **11.30** The Edit

RTE1 6.00am EuroNews **7.05** Teleshopping. double bill. **7.35** Teleshopping **8.10** Today with

Maura and Daithi **10.05** The Ellen DeGeneres Show **11.00** Dr Phil **11.55** Shortland Street **12.25pm** Doctors **1.00** News **1.30** Home and Away **2.00** Neighbours **2.30** It's a Park's Life **3.00** Fair City **3.30** Today with Maura and Daithi **5.40** Nuacht **6.00** The Angelus **6.01** News **7.00** Nationwide **7.30** A Long Weekend in with Rory O'Connell **8.00** Fair City **8.30** Beyond the Menu **9.00** News **9.35** NEW Big Life Fix **10.35** Kiri **11.35** Death in Paradise **12.40am** Dr Eva's Great Escape **1.40** This Crowded House **2.40** Who Do You Think

You Are? **3.35** Home Rescue **4.00** Operation Transformation **4.55** Super Garden **5.20** EuroNews

S4C 6.00am Cyw **11.00** Dysgu Gyda Cyw **12.00noon** Newyddion **12.05** Ceffylau Cymru **12.30** Heno **1.00** Llywbrau'r Eirth **2.00** Newyddion **2.05** Prynawn **Da 3.00** Newyddion **3.05** Noson Lawen **4.00** Cyw Byw **5.00** Stwnsh **6.00** Adre **6.25** Darllediad Gwleidyddol gan Llafur Cymru **6.30** Heno **7.30** Newyddion **8.00** Pobol y Cwmn **8.55** Newyddion **9.00** Ysgol Ni: Maesincla **10.00** Mwy o Sgorio **10.30** Priodas Pum Mil **11.35** Diwedd

(R) Repeat

STAR RATINGS
★★★★ Brilliant
★★★★ Very good
★★★ Worth a watch
★★ Could be worse
★ Pretty dire

All programme details are correct at time of going to press

Best of the rest

ITV2

Freeview 16

6.00am Teleshopping **7.00** The Ellen DeGeneres Show **7.50** Emmerdale **8.20** You've Been Framed! Gold: Full Throttle **9.20** Superstore **10.15** Dinner Date **11.15** Dress to Impress **12.15pm** Emmerdale **12.45** Funniest Ever You've Been Framed! Gold **1.50** The Ellen DeGeneres Show **2.45** Dinner Date **3.50** Dress to Impress **4.50** Take Me Out. Dating show.
6.00 You've Been Framed! Gold
8.00 Two and a Half Men Double bill.
9.00 Family Guy Double bill. Joe cheats on Bonnie following some bad advice; Lois meets an old flame.
10.00 Celebrity Juice Comedy quiz.
10.50 Family Guy With Ricky Gervais.
11.20 American Dad! **12.20am** Two and a Half Men **1.15** Timewasters. Comedy. **2.15** CelebAbility
3.00 Totally Bonkers Guinness World Records **3.25** Nightscreen **3.30-6.00am** Teleshopping

ITV3

Freeview 10

6.00am Classic Coronation Street **6.55** Classic Emmerdale **7.55** Heartbeat **8.55** The Darling Buds of May **10.00** That's My Boy **10.30** Inspector Morse **12.40pm** Heartbeat **1.45** Classic Emmerdale **2.50** Classic Coronation Street **3.55** Midsomer Murders **5.55** Heartbeat
7.00 Agatha Christie's Poirot Double bill. An eccentric contacts the sleuth when he is haunted by nightmares; the sleuth attends a North African archaeological dig and uncovers a wealth of suspects when an aristocrat's wife is killed.
10.00 Scott & Bailey The detectives face a wall of silence in their murder investigation. Rachel wakes up in bed with Sean, and Janet wants to keep her single status a secret.
11.00 Inspector Morse. Detective drama. **3.10am** Nightscreen **3.30-6.00am** Teleshopping

FILM4

Freeview 14

11.00am Death Drums Along the River (1963, PG) ★★ **12.45pm** The Gentle Sex (1943, U) Second World War drama. ★★ **2.35** The Tin Star (1957, U) Western. ★★ ★★ **4.30** Kidnapped (1971, U) Period adventure, starring Michael Caine and Jack Hawkins. ★★ ★★
6.50 Behind Enemy Lines (2001, 12) Bosnian War drama, starring Gene Hackman and Owen Wilson. ★★
9.00 **PICK** Taken (2008, 15) A former CIA agent puts his old skills to use in rescuing his daughter from a gang of European sex traffickers. Thriller, with Liam Neeson and Famke Janssen. ★★ ★★ See Picks of the day.
10.50 American Assassin (2017, 18) Thriller, with Dylan O'Brien, Michael Keaton and Sanaa Lathan. ★★ ★★
1.05-3.15am Buffalo Soldiers (2001, 15) Black comedy drama, starring Joaquin Phoenix. ★★ ★★

E4

Freeview 13

6.00am Hollyoaks **7.00** How I Met Your Mother **8.00** Baby Daddy **9.00** Mike & Molly **10.00** The Big Bang Theory **11.00** The Goldbergs **12.00noon** Brooklyn Nine-Nine **1.00** Big Bang Theory **2.00** Baby Daddy **3.00** Mike & Molly **4.00** The Goldbergs **5.00** Brooklyn Nine-Nine
6.00 The Big Bang Theory Double bill.
7.00 Hollyoaks Chester-based soap.
7.30 Man with a Plan Comedy series.
8.00 The Goldbergs Jeff Garlin stars.
8.30 Schooled After watching the classic film Rudy in CB's class, a student wants to play football.
9.00 Celebs Go Dating Reality series.
10.00 **NEW** Zoey's Extraordinary Playlist **11.00** The Big Bang Theory **12.00m't** Brooklyn Nine-Nine **1.00** Celebs Go Dating **2.05** First Dates Hotel **3.00** As 10pm **3.55** The Goldbergs **4.20** Schooled **4.45-6.00am** As 11.00pm

DAVE

Freeview 19

6.00am Teleshopping **7.10** Cops UK: Bodycam Squad **8.00** American Pickers **9.00** Storage Hunters UK **10.00** American Pickers **12.00noon** Timber Kings **1.00** Top Gear **2.00** Cops UK: Bodycam Squad **3.00** Sin City Motors **4.00** Top Gear
6.00 Taskmaster Comedy gameshow.
7.00 Room 101 Double bill of the series.
8.20 Have I Got a Bit More Old News for You Katherine Ryan hosts.
9.20 QI With Sean Lock, David Mitchell and Danny Baker.
10.00 Hypothetical Comedy game show hosted by Josh Widdicombe and James Acaster.
11.00 Dara O Briain's Go 8 Bit. Panel show. **12.00m't** Taskmaster. Gameshow. **1.00** Have I Got a Bit More Old News for You **2.15** Jon Richardson: Ultimate Worrier **3.00** Zapped **3.35** The Indestructibles **4.00-6.00am** Teleshopping

YESTERDAY

Fview 25

6.00am Ronnie Kray and the Perver Peer **7.10** Secrets of the Railways **8.00** Forbidden History **9.00** Secret Nazi Bases **10.00** Nazi Victory: The Post-War Plan **11.00** Underground Worlds **12.00noon** Impossible Railways **1.00** Secrets of Britain **2.00** Walking Through History: The Weald in Kent. **3.00** Underground Worlds **4.00** Impossible Railways **5.00** Secret Nazi Bases
6.00 Nazi Victory: The Post-War Plan Documentary.
7.00 Underground Worlds The underground bases built by the German army in Jersey.
8.00 Impossible Engineering
9.00 Porridge Triple bill of the comedy.
10.55 Impossible Railways
11.55 Underground Worlds **12.55am** Nazi Victory: The Post-War Plan **1.55** Ronnie Kray and the Perver Peer **3.00-6.00am** Teleshopping

GOLD

6.00am Teleshopping **7.10** The Piglet Files **8.00** As Time Goes By **8.40** The Good Life **9.20** Porridge **10.00** Hi-de-Hi! **10.40** Last of the Summer Wine **12.40pm** Keeping Up Appearances **1.20** Porridge **2.00** Hi-de-Hi! **2.40** Dad's Army. Wartime comedy. **4.40** Last of the Summer Wine
6.40 The Good Life Classic comedy.
7.20 Porridge Godber starts boxing.
8.00 Dad's Army Comedy double bill.
9.20 Mrs Brown's Boys Rory and Dino have a bust-up, Mark and Betty announce they are leaving.
10.00 **NEW** Sandylands Comedy drama, starring Natalie Dew.
10.40 Mrs Brown's Boys Agnes tries to gatecrash Maria's hen party.
11.20 Peep Show: double bill **12.30am** Mrs Brown's Boys. Comedy.
1.10 Dad's Army **1.50** Peep Show **2.50** Marley's Ghosts. Comedy. **4.00-6.00am** Teleshopping

DRAMA

Freeview 20

6.00am Teleshopping **7.10** Soldier, Soldier **9.00** The Bill **10.00** Classic Holby City **11.00** Classic Casualty **12.00noon** The Bill **1.00** Classic EastEnders **2.20** London's Burning **3.20** Monarch of the Glen **4.20** Bergerac **5.20** Bread. Sitcom.
6.00 Hi-de-Hi! Campsite comedy.
6.40 As Time Goes By Comedy.
7.20 Last of the Summer Wine
8.00 Hetty Wainthropp Investigates A victimised German pensioner in a residential home asks for help.
9.00 Ms Fisher's Modern Murder Mysteries Peregrine bites off more than she expected while investigating a murder at an international cookery school.
10.00 New Tricks The team questions whether an executed man was guilty.
11.15 Waking the Dead. Thriller.
1.55am The Bill **2.45** London's Burning **4.00-6.00am** Teleshopping

Picks of the day



NEW SERIES

The Trouble with Maggie Cole

9pm, ITV

This six-part drama follows bubbly Maggie Cole (Dawn French), the self-appointed oracle of Thurlbury's close-knit coastal community. When a radio journalist interviews her about village life, she has one two many G&Ts and gives him a few more details than she perhaps should have.

Local GP Carol (Chetna Pandya), publican Brian (Lee Boardman), author Marcus

Ormansby (Patrick Robinson), hairdresser Kelly (Kerry Howard) and Maggie's best friend Jill (Julie Hesmondhalgh) are not happy. And when Maggie throws a garden party for the broadcast, aided by her husband Peter (Mark Heap), son Jamie (Phil Dunster) and daughter-in-law Becka (Gwyneth Keyworth), the Coles' own dark secrets rise to the surface. ★★★★★



Harry Redknapp's Sandbanks Summer

8pm, ITV

For the penultimate leg of his staycation, Harry invites his old I'm a Celeb jungle pals Nick Knowles and Rita Simons to the British Beach Polo Championships held every year on beautiful Sandbanks beach. He also visits his neighbour, interior designer Celia Sawyer and attends Sandfest music festival. ★★★★★



Tigers: Hunting the Traffickers

9pm, BBC Two

It's estimated that 96 per cent of the world's wild tigers have disappeared since the turn of the 20th century. With fewer than 4,000 tigers left in the wild, Royal Marines Commando Aldo Kane embarks on a perilous journey along key trafficking routes to expose the secrets of the illegal tiger trade in South East Asia. ★★★★★



Taken

9pm, Film4

Liam Neeson became a middle-aged action hero (not to mention Dad of the Year contender) when he was cast in this thriller, which is worth watching for the famous phone call scene alone. Neeson plays Bryan Mills, a former special forces agent who punches and shoots his way through Paris to rescue his daughter from human traffickers. ★★★★★

SKY ONE

6.00am Monkey Life **7.00** RSPCA Animal Rescue **8.00** The Dog Whisperer **9.00** Stop, Search, Seize **10.00** Brit Cops: Law & Disorder **11.00** NCIS: Los Angeles **1.00pm** Hawaii Five-0 **3.00** MacGyver **4.00** Modern Family **5.00** The Simpsons **5.30** Futurama. Kif gets pregnant.
6.00 Futurama Animated comedy.
6.30 The Simpsons Five episodes.
9.00 SEAL Team The unit protects aid convoys in an Ebola hot zone.
10.00 Avenue 5 Sci-fi comedy, starring Suzy Nakamura.
10.35 Intelligence Christine announces that the NHS servers have been hacked. Nick Mohammed stars.
11.05 Intelligence **11.35** The Russell Howard Hour **12.35am** The Heist **1.35** Caught on Dashcam **2.30** The Force: Manchester **3.30** Road Wars **4.00** Stop, Search, Seize **5.00-6.00am** Futurama

SKY ATLANTIC

6.00am The Guest Wing **7.00** Without a Trace **10.00** The West Wing **12.00noon** Blue Bloods **1.00** CSI: Crime Scene Investigation **2.00** The West Wing **4.00** Without a Trace
6.00 Without a Trace A student at a private school goes missing.
7.00 CSI: Crime Scene Investigation A film star is found dead in a hotel.
8.00 Blue Bloods Henry suffers a heart attack during the Reagans' Thanksgiving celebrations, prompting the rest of the family to contemplate life without him.
9.00 Angels in America Double bill. Louis arranges a meeting with Prior, who tries to drag Belize to the courthouse; Roy plays a joke on Ethel and Prior vows to live free of secrets. Meryl Streep stars.
12.00m't The End **12.35** Babylon Berlin **1.45** John Adams **3.25** Californication **4.00-6.00am** The West Wing

SKY WITNESS

6.00am Nothing to Declare **8.00** Paramedics **9.00** Blue Bloods **10.00** Criminal Minds **11.00** CSI: Crime Scene Investigation **12.00noon** Elementary **1.00** Blue Bloods **2.00** Law & Order **3.00** The Real A&E **4.00** Stop, Search, Seize
5.00 Border Security: Australia's Front Line Six back-to-back episodes of the documentary.
8.00 Ghost Whisperer Melinda meets a disheartened nightclub waiter.
9.00 Criminal Minds A serial killer leads the team into Canada.
10.00 CSI: Crime Scene Investigation The team suspects two serial killers are on the loose.
11.00 Law & Order: Special Victims Unit. Crime drama. **12.00m't** Law & Order: Special Victims Unit **1.00** The Rookie **2.00** Ghost Whisperer **3.00** Shades of Blue **4.00** Road Wars **5.00-6.00am** Brit Cops

Wednesday

MARCH 4

TV LIFE/Daily Star Sunday

BBC ONE



EastEnders, 7.30pm

6.00am Breakfast **9.15** Britain's Housing Scandal **10.00** Homes Under the Hammer **11.00** Wanted Down Under Revisited (R) **11.45** Saved on Camera **12.15pm** Bargain Hunt (R) **1.00** BBC News at One, Weather **1.30** BBC Local News, Weather **1.45** Doctors **2.15** Jimmy McGovern's Moving On **3.00** Escape to the Country (R) **3.45** Money for Nothing **4.30** Ready Steady Cook **5.15** Pointless (R)

6.00 BBC News at Six, Weather

6.30 BBC Local News, Weather

6.55 Party Political Broadcast By the Green Party. (R)

7.00 The One Show Live magazine show featuring a mixture of celebrity chat and stories of interest, presented by Alex Jones and Matt Baker.

7.30 EastEnders Gray feels pressure from all angles and things get worse when his boss urges him to make Kush plead guilty – leading to a confrontation with Kat. Keegan blames Jack for his treatment by the police, Tiffany hides letters addressed to Ted and Jean becomes determined to get to the bottom of Suki's medical problems.

8.00 MasterChef John Torode and Gregg Wallace preside as six more hopefuls compete in the second heat. They are challenged to serve up their signature dish, 'with the judges' favourite two winning a coveted MasterChef apron and a place in the next round. The remaining four must come up with a dish using three specific ingredients, after which two cooks are sent home – leaving the remaining four to cook two courses for 2016 MasterChef champion Jane Devonshire and finalists Billy Wright and Jack Layer.

9.00 PICK NEW Noughts and Crosses Drama set in a fictional world where black people rule over a white underclass, following two young people who are divided by their race but united by love. Masali Baduza and Jack Rowan star, with Helen Baxendale and Shaun Dingwall. *See Picks of the day.*

10.00 BBC News at Ten

10.25 BBC Local News, Weather

10.35 Question Time Fiona Bruce hosts the topical debate from Tunbridge Wells, with a panel of politicians and other guests facing questions from the audience.

11.35 Newscast, Weather

12.10am-6.00am BBC News

BBC TWO



SheBelieves Cup, 11.40pm

6.30am Money for Nothing (R) **7.15** Ready Steady Cook (R) **8.00** Sign Zone: Great British Railway Journeys (R) **8.30** Sign Zone: Lose Weight and Get Fit with Tom Kerridge (R) **9.00** BBC News at 9 **10.00** Victoria Derbyshire **11.00** BBC Newsroom Live **12.15pm** Politics Live **1.00** Hardball (R) **1.45** Best House in Town (R) **2.30** Terry and Mason's Great Food Trip (R) **3.00** Red Rock (R) **3.45** The Great Interior Design Challenge (R) **4.45** Portillo's State Secrets (R) **5.15** Flog It! (R)

6.00 Richard Osman's House of Games Previous winners Chizzy Akudolu, Miles Jupp, Amol Rajan and Ellie Taylor test their skills in a variety of trivia-based games.

6.30 Great British Railway Journeys Michael Portillo journeys from Glasgow to Cumbria, learning about a forgotten Scottish expedition to the Antarctic and how one woman led a protest against high rents in the city. (R)

7.00 MOTDx Jermaine Jenas is joined by Craig Mitch, Chelcee Grimes and Reece Parkinson to take an offbeat look at the Premier League.

7.30 Villages by the Sea Archaeologist Ben Robinson examines the history of Clovelly in Devon, looking at its transformation from fishing harbour to romantic Victorian seaside resort. (R)

8.00 Secrets of the Museum Victoria and Albert curator Keith brings the original Frankenstein's monster out of the archives for a sci-fi exhibition, including the clothes worn by actor Boris Karloff in the 1935 horror classic Bride of Frankenstein. But it's clear the figure has seen better days and will need plenty of work to bring it back to life.

9.00 Hospital The work of Alder Hey Children's Hospital, following a baby about to have surgery and a 17-year-old with cerebral palsy as she reaches adulthood and leaves the hospital's care.

10.00 Vic & Bob's Big Night Out Featuring a welcome return for Novelty Island, and a special rendition of That's Magic. (R)

10.30 Newsnight, Weather

11.15 Match of the Day: The FA Cup Derby County v Manchester United.

11.40 LIVE SheBelieves Cup USA v England (kick-off 12.00am).

2.15am Sign Zone: Confronting Holocaust Denial with David Baddiel (R) **3.15** Sign Zone: Dom Does America (R) **4.00** Sign Zone: Trust Me, I'm a Doctor (R) **4.30-6.30am** This Is BBC Two

ITV



How to Spend It Well, 8.30pm

6.00am Good Morning Britain **9.00** Lorraine **10.00** This Morning **12.30pm** Loose Women **1.30** ITV Lunchtime News, Weather **1.55** Local News, Weather **2.00** Judge Rinder **3.30** Tenable (R) **3.59** Local Weather **4.00** Tipping Point **5.00** The Chase: General knowledge quiz.

6.00 Local News, Weather

6.25 Party Political Broadcast

6.30 ITV Evening News, Weather

7.00 Emmerdale Dawn receives news about the custody of Lucas, Marlon makes a huge decision regarding his family, and Will reveals some information from his past.

7.30 PICK Diet: Trust Your Gut? Tonight Catherine Tyldesley investigates what people need to know to look after their digestive system, which is being linked to everything from obesity levels to mental health. *See Picks of the day.*

8.00 Emmerdale Al has to work hard to get Ellis back outside, Will comes face to face with his past, and Cara is disappointed but supports Nate's decision.

8.30 NEW How to Spend It Well on Holiday Phillip Schofield hosts this consumer travel show designed to help tourists get the best holiday for their money, beginning with trips to the Mediterranean.

9.00 Tyson Fury: The Gypsy King Following a tougher than expected contest against Otto Wallin, Tyson's father John is critical of trainer Ben Davison, and Fury's team eventually part ways with the trainer as his rematch with Deontay Wilder is finally confirmed. Before the contract is signed for his fight with Wilder, the boxer also takes part in a lucrative WWE bout in Saudi Arabia against Braun Strowman. Last in the series.

10.00 ITV News at Ten, Weather

10.30 Local News, Weather

10.45 Liar Andrew's body is found on the Kent marshes, but Laura once again finds herself drawn into his destructive path. (R)

11.45 Dancing on Ice Phillip Schofield and Holly Willoughby host the semi-final of the skating contest, in which the celebrities must each perform two routines for judges Jayne Torvill, Christopher Dean, Ashley Banjo and John Barrowman in the hope of winning a place in the final. (R)

1.20am Home Shopping **3.00** Diet: Trust Your Gut? Tonight (R) **3.25** ITV Nightscreen **5.05-6.00am** Judge Rinder

Channel 4



Crufts 2020, 8pm

6.30am Cheers: double bill. (R) **7.20** The King of Queens: double bill. (R) **8.10** Everybody Loves Raymond: double bill. (R) **9.10** Frasier: double bill. (R) **10.10** Undercover Boss Canada (R) **11.05** Ramsay's Kitchen Nightmares USA (R) **12.00noon** Channel 4 News Summary **12.05** Find It, Fix It, Flog It (R) **1.05** Posh Pawn (R) **2.10** Countdown **3.00 NEW** Crufts 2020 **4.00** A New Life in the Sun: Where Are They Now? Catching up with a fruit juice entrepreneur on the French Riviera. **5.00** Come Dine with Me (R)

6.00 The Simpsons Homer is banned from driving, forcing Marge to take charge of the family car and run errands for everyone. Featuring the guest voices of Steve Buscemi. (R)

6.30 Hollyoaks Edward decides to turn his attentions to Marlie and make Diane jealous. Nancy tries to get Darren to open up about how he is feeling. (R)

7.00 Channel 4 News

8.00 Crufts 2020 Clare Balding presents further coverage from the NEC in Birmingham, featuring the Flyball, Agility and Heelwork to Music. Scarlett Moffatt visits the show and some WWE wrestlers pick their favourite dogs. Radzi Chinyanganya reports from around the showground, while topics under discussion include me and my dog, dogs in mental health and dogs that saved lives. The theme for the day is Which Dog Is Best for Me and My Lifestyle?, with reports on breeds suited to particular personalities and healthy breeding.

9.00 Hunted The hunters subject a captured fugitive to devious psychological pressures, while Hayley risks returning to Wigan to be reunited with her dog – unaware she is being tracked.

10.00 PICK First Dates Healthcare assistant Anthony wants to put his wild past behind him and bank manager-turned-performer Howard wonders if his date will recognise him. *See Picks of the day.*

11.20 24 Hours in A&E A teenager is rushed to hospital with a lacerated wrist after putting his hand through a pane of glass, while another patient discusses being diagnosed with a chronic condition. (R)

12.00m-t 100 Kilo Kids: Obesity SOS (R) **1.00** Ramsay's Kitchen Nightmares USA (R) **1.50** Home (R) **2.15** Baghdad Central (R) **3.10** Starbucks & Nespresso: The Truth About Your Coffee (R) **3.35** Come Dine with Me (R) **4.30** Location, Location, Location (R) **5.25** Cooking Up a Fortune (R) **5.50-6.30am** Countdown (R)

Channel 5



10 Years Younger in 10 Days, 9pm

6.00am Milkshake!: Peppa Pig: four episodes. (R) **6.20** Mya Go (R) **6.25** Fireman Sam (R) **6.40** Noddy: Toyland Detective **6.50** Abby Cadabby **7.00** Thomas & Friends (R) **7.15** Milkshake! Monkey's Amazing Adventures (R) **7.20** Peppa Pig: double bill. (R) **7.40** Top Wing (R) **7.55** Paw Patrol **8.10** Floogals (R) **8.25** Becca's Bunch (R) **8.40** Little Princess (R) **8.55** Ben and Holly's Little Kingdom (R) **9.10** Sunny Bunnies (R) **9.15** Jeremy Vine **11.15** Paddington Station 24/7 (R) **12.10pm** 5 News at Lunchtime **12.15** Nightmare Tenants, Slum Landlords (R) **1.10** Access **1.15** Home and Away (R) **1.45** Neighbours **2.15 FILM** A Wedding to Die For (2019) An engaged woman plans to marry her volatile fiancé, but then escape his clutches during the honeymoon. Thriller, starring Christa B Allen and Danielle C Ryan. ★★ ★★ **4.00** Friends: double bill. (R) **5.00** 5 News at 5 **5.30** Neighbours: Harlow attends Gary's welcome back barbecue for Prue. (R)

6.00 Home and Away After Robbo's interview with Ourorobos leader Des yields nothing, he suspects there is a mole inside the Feds. (R)

6.30 5 News Tonight

7.00 The Dog Rescuers with Alan Davies The comedian returns to help more sick canines, including a Staffordshire bull terrier who has a suspected broken leg and a mystery lump. (R)

8.00 Britain's Naughtiest Nursery Day-to-day life at a nursery for challenging three-to-five year olds, set up by psychologist Laverne Antrobus.

9.00 10 Years Younger in 10 Days Cherry Healey hosts the show in which experts transform people's looks and lives. Here she has tips for recovering alcoholic Paulette, who has been sober for six years.

10.00 Me & My Beautiful Face Candid documentary strand in which individuals speak straight to the camera, here talking about the psychological challenges of having facial structures different from the norm. They include presenter Gail Porter, once admired for her looks, who lost her hair through alopecia.

11.05 Billionaire Kids: Diamond Lives Documentary about the luxurious lives of children from wealthy families, as well as the companies able to make a profit by catering to the youngsters' every whim. (R)

12.05am Eamonn and Ruth: Blowing a Fortune (R) **1.00** The 21.co.uk Live Casino Show **3.00** Access **3.10** Paddington Station 24/7 (R) **4.00** Tattoo Disasters UK: double bill. (R) **4.45** House Doctor (R) **5.10** Nick's Quest (R) **5.35-6.00am** Wildlife SOS

variations

Wales 7.30pm Hook's Line on England: A Six Nations Special **8.30** Coast & Country **10.45** Diet: Trust Your Gut? Tonight **11.15** How to Spend It Well on Holiday

STV 7.30pm Scotland Tonight **8.30** Diet: Trust Your Gut? Tonight **10.45** How to Spend It Well on Holiday **11.15** Liar **12.10am** Dancing on Ice **1.45** Diet: Trust Your Gut? Tonight **2.10** ITV Nightscreen

UTV 7.30pm UTV Life **8.30** Rare Breed – A Farming Year **10.45** Diet: Trust Your Gut? Tonight

11.15 How to Spend It Well on Holiday **BBC1 N Ireland 10.35pm** The View **11.15** Question Time **12.15am** Newscast

BBC Scotland 12.00noon First Minister's Questions **7.00** SportsScene **8.00** Getting Hitched Asian Style **9.00** The Nine **10.00** Love Song **11.00** Bob Servant Independent **11.30** Two Doors Down

RTE1 6.00am EuroNews **6.55** Teleshopping, double bill. **8.00** Today with Maura and Dáithí **9.55** The Ellen DeGeneres Show **10.50** Dr Phil **11.45**

Shortland Street **12.15pm** Doctors **12.45** Telly Bingo **1.00** RTE News **1.30** Home and Away **2.00** Neighbours **2.30** At Your Service **3.00** Fair City **3.30** Today with Maura and Dáithí **5.40** Nuacht **6.00** The Angelus **6.01** RTE News **7.00** Goodbye House **7.30** EastEnders **8.00** Fair City **8.30 NEW** High Road, Low Road **9.00** RTE News **9.35** Prime Time **10.15** Citizens of Boomtown **11.15** Deep Water **12.15am** Call the Midwife **1.15** Unforgotten **2.10** For Facts Sake **2.45** Prime Time **3.20** Telly Bingo **3.30** Dr Phil **4.15** Doctors **4.45** EuroNews

S4C 6.00am Cyw **12.00noon** Newyddion **S4C a'r** Tywydd **12.05** Pobol y Rhonda **12.30** Heno **1.30** Dan Do **2.00** Newyddion **S4C a'r** Tywydd **2.05** Prynawn Da **3.00** Newyddion **S4C a'r** Tywydd **3.05** Cynffin **4.00** Awr Fawr **5.00** Stwnsh **6.00** Nyrsgys **6.25** Darllediad Gwleidyddol gan Plaid Cymru **6.30** Rownd a Rownd **7.20** Heno **7.30** Newyddion **8.00** Pobol y Cwm **8.55** Rownd a Rownd **8.55** Newyddion **S4C a'r** Tywydd **9.00** Jonathan **10.00** 3 Lie: Eleri Sion **10.30** Hansh **11.00** Y Stiwdio Gefn **11.30** Mwy o Sgorio

(R) Repeat
STAR RATINGS
★★★★★
Brilliant★★★★★ Very good★★★ Worth a watch★★★ Could be worse★ Pretty dire
All programme details are correct at time of going to press

Best of the rest

ITV2

Freeview 16

6.00am Teleshopping **7.00** The Ellen DeGeneres Show **7.50** Emmerdale **8.20** Coronation Street **9.20** Superstore **10.15** Dinner Date **11.15** Dress to Impress **12.15pm** Emmerdale **12.45** Coronation Street **1.50** The Ellen DeGeneres Show **2.45** Dinner Date **3.50** Dress to Impress **4.50** Take Me Out
6.00 You've Been Framed! Gold
7.00 You've Been Framed! Gold
8.00 Two and a Half Men Double bill. Walden has a date; Alan wins the affections of his girlfriend's ex-wife.
9.00 **PICK** **FILM** Bridesmaids (2011, 15) Comedy, starring Kristen Wiig. See *Picks of the day*. ★★★★★
11.35 Family Guy **12.30am** American Dad! **1.25** Stand Up Sketch Show **1.55** Two and a Half Men **2.25** CelebAbility **3.05** Totally Bonkers Guinness World Records **3.30-6.00am** Teleshopping

ITV3

Freeview 10

6.00am Classic Coronation Street **6.55** Classic Emmerdale **7.55** Heartbeat **8.55** The Darling Buds of May **10.00** That's My Boy **10.30** Inspector Morse **12.40pm** Heartbeat **1.45** Classic Emmerdale **2.50** Classic Coronation Street **3.55** Midsomer Murders **5.55** Heartbeat
6.55 Agatha Christie's Poirot The sleuth meets a woman who has become accident-prone.
8.00 Lewis A botanist unearths the body of a recently buried professor fixated upon solving a seemingly impossible riddle.
10.00 Scott & Bailey Rachel helps DCI Murray on a rape and murder case and, back at home, she makes a discovery about her brother Dom.
11.00 Inspector Morse. Crime drama series. **1.15am** A Touch of Frost **3.00** That's My Boy **3.25** Nightscreen **3.30-6.00am** Teleshopping

FILM4

Freeview 14

11.00am The Way to the Stars (1945, U) Second World War drama, starring John Mills. ★★★★★ **1.15pm** A Night to Remember (1958, PG) Fact-based drama, starring Kenneth More. ★★★★★ **4.05** The Dam Busters (1955, U) Fact-based Second World War drama, starring Michael Redgrave. ★★★★★
6.45 Now You See Me (2013, 12) An FBI agent investigates four magicians who use their lavish stage shows as cover for seemingly impossible heists. Crime thriller, starring Jesse Eisenberg. ★★
9.00 My Friend Dahmer (2017, 15) Premiere. Drama charting the early years of Ohio serial killer Jeffrey Dahmer, starring Ross Lynch. ★★
11.10 Die Hard 2 (1990, 18) Action thriller sequel, starring Bruce Willis. ★★ **1.35-3.45am** Kill Your Friends (2015, 18) Drama. ★★

E4

Freeview 13

6.00am Hollyoaks **7.00** How I Met Your Mother **8.00** Baby Daddy **9.00** Mike & Molly **10.00** The Big Bang Theory **11.00** The Goldbergs **12.00noon** Brooklyn Nine-Nine **1.00** The Big Bang Theory **2.00** Baby Daddy **3.00** Mike & Molly **4.00** The Goldbergs: double bill **5.00** Brooklyn Nine-Nine
6.00 The Big Bang Theory
7.00 Hollyoaks Chester-based soap.
7.30 Man with a Plan Comedy.
8.00 Young Sheldon Double bill.
9.00 Celebs Go Dating Alison Hammond has a curious date.
10.00 Celebrity Gogglebox Shows under scrutiny include Love Island and Nigella: At My Table.
11.05 The Big Bang Theory **12.05am** Brooklyn Nine-Nine **1.05** Celebs Go Dating **2.10** First Dates Hotel **3.05** Celebrity Gogglebox **4.00** The Big Bang Theory **4.50-6.00am** How I Met Your Mother

DAVE

Freeview 19

6.00am Teleshopping **7.10** Cops UK: Bodycam Squad **8.00** American Pickers **9.00** Storage Hunters UK **10.00** American Pickers **12.00noon** Timber Kings **1.00** Top Gear **2.00** Cops UK: Bodycam Squad **3.00** Sin City Motors **4.00** Top Gear
6.00 Taskmaster Comedy gameshow.
7.00 Room 101 Double bill.
8.20 Have I Got a Bit More Old News for You Martin Clunes hosts.
9.20 QI With Jo Brand and Jack Dee.
10.00 Meet the Richardsons Lucy signs Jon up to be the celebrity judge at the World Dock Pudding Competition in Hebden Bridge.
10.40 QI With panellist Ruby Wax.
11.20 Mock the Week **12.00m't** Taskmaster **1.00** Have I Got a Bit More Old News for You **2.10** Jon Richardson: Ultimate Worrier **3.00** Zapped **3.35** The Indestructibles **4.00-6.00am** Teleshopping

YESTERDAY

Fview 25

6.00am Secrets of the Bible **7.10** Secrets of the Railways **8.00** Forbidden History **9.00** Secret Nazi Bases **10.00** Nazi Victory: The Post-War Plan **11.00** Underground Worlds **12.00noon** Impossible Railways **1.00** Secrets of Britain **2.00** Walking Through History **3.00** Underground Worlds. Documentary.
4.00 Impossible Railways **5.00** Secret Nazi Bases. Documentary.
6.00 Nazi Victory: The Post-War Plan Documentary series.
7.00 Underground Worlds
8.00 Bangers and Cash
9.00 **NEW** Warbird Workshop **10.00** Narrow Escapes of World War Two Documentary.
11.00 Impossible Railways **12.00m't** Underground Worlds **1.00** Nazi Victory: The Post-War Plan **2.00** Secrets of the Bible. Documentary.
3.00-6.00am Teleshopping

GOLD

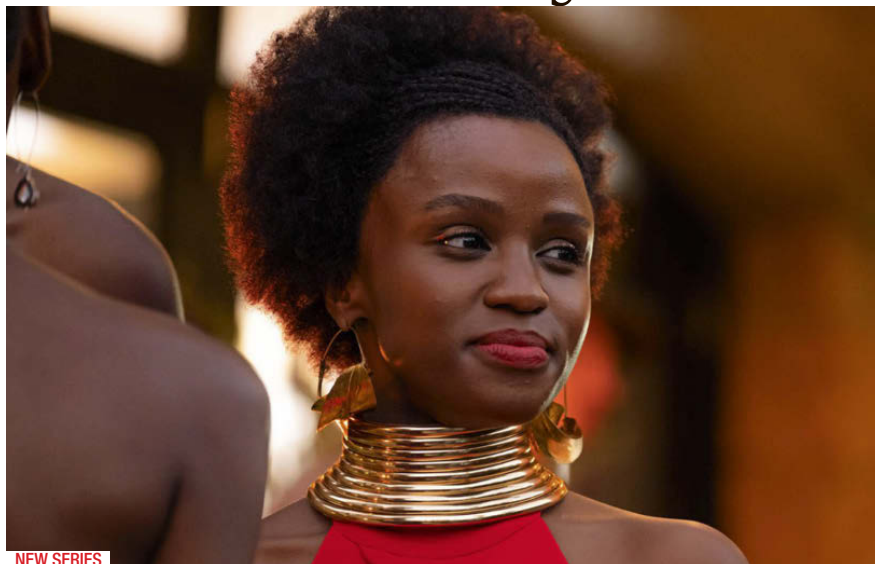
6.00am Teleshopping **7.10** Piglet Files **8.00** As Time Goes By **8.40** The Good Life **9.20** Porridge **10.00** Hi-de-Hi! **10.40** Last of the Summer Wine **12.40pm** Keeping Up Appearances **1.20** Porridge **2.00** Hi-de-Hi! **2.40** The Good Life **3.20** Keeping Up Appearances **4.00** Dad's Army **4.40** Last of the Summer Wine
6.00 Last of the Summer Wine
6.40 The Good Life Classic sitcom.
7.20 Porridge A cuppa causes a stir.
8.00 Dad's Army Double bill.
9.20 Mrs Brown's Boys Agnes tries to gatecrash Maria's hen party.
10.00 Sandylands Natalie Dew stars.
10.40 Mrs Brown's Boys Comedy.
11.20 Peep Show **12.25am** Lenny Henry's Race Through Comedy **1.30** Mrs Brown's Boys **2.05** Peep Show **2.30** Marley's Ghosts **3.00** The Rebel **3.35** Harry Hill's TV Burp **4.00-6.00am** Teleshopping

DRAMA

Freeview 20

6.00am Teleshopping **7.10** Soldier, Soldier **9.00** The Bill **10.00** Classic Holby City **11.00** Classic Casualty **12.00noon** The Bill **1.00** Classic EastEnders **2.20** London's Burning **3.20** Monarch of the Glen **4.20** Bergerac **5.20** Bread. Sitcom.
6.00 Hi-de-Hi! Classic comedy.
6.40 As Time Goes By Lionel and Jean sneak away to the country.
7.20 Last of the Summer Wine Alvin and Entwistle try their hands at matchmaking for Mervyn. Sitcom.
8.00 The Inspector Lynley Mysteries Havers goes undercover after a murder at an exclusive club.
10.00 New Tricks The team tries to prove whether two people are killers when they confess to a murder they could not possibly have committed.
11.20 Waking the Dead **1.55am** The Bill. Police drama. **3.00** London's Burning **4.00-6.00am** Teleshopping

Picks of the day



NEW SERIES

Noughts and Crosses

9pm, BBC One

It's been almost four years in the making, but this six-part adaptation of Malorie Blackman's bestselling young adult novel finally makes it to our screens.

Set in an alternate world where whites and blacks are segregated, it follows Sephy (Masali Baduza), the daughter of the Home Secretary and a member of the ruling black class, the 'Crosses', and her childhood friend

Callum (Jack Rowan), a 'Nought' and member of the white underclass who were once slaves to the Crosses.

Tonight, the pair are reunited and their futures become dangerously uncertain.

Helen Baxendale, Paterson Joseph, Shaun Dingwall, Josh Dylan, Jonathan Ajayi, Kiké Brimah and Ian Hart are among the impressive supporting cast. ★★★★★



Diet: Trust Your Gut? Tonight

7.30pm, ITV

A healthy gut is being linked to everything from obesity levels to mental health. "They call the gut the second brain – it helps control everything." Five years ago, actress Catherine Tyldesley made a film about diets, and now she reports on what people need to do to keep their digestive systems in good working order. ★★★★★



First Dates

10pm, Channel 4

Health-care assistant Anthony has a wild past, but is now keen to 'meet the one'. His date is speech therapist Lawrence, who's feels his 'dating river has run dry'. Meanwhile, Bev has been single for 19 years and worries that her confidence intimidates men. She meets Howard, a former bank manager who has become a famous performer. ★★★★★



FILM CHOICE

Bridesmaids

9pm, ITV2

Seen as a sister to The Hangover, this laugh-out-loud romcom benefits from a strong central performance from Kristen Wiig and a great ensemble cast. Singleton Annie is asked by her friend Lillian to be maid of honour at her wedding. But after Lillian's new pal throws a few spanners in works, a motley crew of bridesmaids try to get their own back. ★★★★★

SKY ONE

6.00am Monkey Life **7.00** RSPCA Animal Rescue **8.00** The Dog Whisperer **9.00** Stop, Search, Seize **10.00** Brit Cops: Law & Disorder **11.00** NCIS: Los Angeles **1.00pm** Hawaii Five-O **3.00** MacGyver **4.00** Modern Family **5.00** The Simpsons. Animation. **5.30** Futurama: double bill
6.30 The Simpsons Triple bill.
8.00 A League of Their Own
9.00 The Heist Forensic evidence puts Will and Ishy into the spotlight.
10.00 The Force: North East An emergency dash results in a serious collision. Plus, officers race to save a man threatening to kill himself.
11.00 An Idiot Abroad **2** **12.00m't** Intelligence **1.00** Caught on Dashcam **2.00** The Late Late Show with James Corden: Best of the Week **3.00** The Force: Manchester **4.00** Stop, Search, Seize **5.00-6.00am** Futurama: double bill

SKY ATLANTIC

6.00am The Guest Wing **7.00** Without a Trace **10.00** The West Wing **12.00noon** Blue Bloods **1.00** CSI: Crime Scene Investigation **2.00** The West Wing **4.00** Without a Trace
6.00 Without a Trace The team investigates the kidnapping of a society girl who has caused unrest in the local community.
7.00 CSI: Crime Scene Investigation A man is suspected of killing his wife.
8.00 Blue Bloods A dangerous convict strikes a deal with Danny.
9.00 John Adams The elderly statesman outlives his wife and daughter, and witnesses his son, John Quincy Adams, become president. Paul Giamatti stars.
10.20 The Sopranos Double bill.
12.45am Public Enemy. **1.50** Doltile: Special **2.00** Richard E Grant's Hotel Secrets **3.00** Public Enemy **4.10-6.00am** The West Wing

SKY WITNESS

6.00am Nothing to Declare **8.00** Paramedics **9.00** Blue Bloods **10.00** Criminal Minds **11.00** CSI: Crime Scene Investigation **12.00noon** Elementary **1.00** Blue Bloods **2.00** Law & Order **3.00** The Real A&E **4.00** Stop, Search, Seize
5.00 Border Security: Australia's Front Line Six episodes.
8.00 Ghost Whisperer A ghost of a former baseball player causes problems.
9.00 The Rookie Two of the rookies are set to receive special awards.
10.00 CSI: Crime Scene Investigation A drug baron's daughter is found dead.
11.00 Law & Order: Special Victims Unit **12.00m't** CSI: Crime Scene Investigation **1.00** Chicago Med **2.00** Chicago Fire **3.00** Chicago PD **4.00** Shades of Blue **5.00-6.00am** Brit Cops: Rapid Response

Thursday

MARCH 5

TV LIFE/Daily Star Sunday

BBC ONE

BBC TWO

ITV

Channel 4

Channel 5



Greg James' Sport Relief, 10.35pm



A Caribbean Journey, 8.30pm



Vera, 8.30pm



The Last Leg, 10pm



Celebrity Britain by Barge, 8.30pm

6.00am Breakfast **9.15** Britain's Housing Scandal **10.00** Homes Under the Hammer (R) **11.00** Wanted Down Under Revisited (R) **11.45** Saved on Camera **12.15pm** Bargain Hunt **1.00** BBC News at One, Weather **1.30** BBC Local News, Weather **1.45** Doctors **2.15** Jimmy McGovern's Moving On **3.00** Escape to the Country (R) **3.45** Money for Nothing **4.30** Ready Steady Cook **5.15** Pointless (R)

6.00 BBC News at Six, Weather

6.30 BBC Local News, Weather

7.00 The One Show The usual mix of celebrity guests and stories about people in extraordinary circumstances, presented by Alex Jones.

7.30 PICK MasterChef Six contestants cook their Signature Dish and after tasting all plates, John Torode and Gregg Wallace pick their two favourites and those cooks earn themselves a MasterChef apron and place in the next round. The remaining four take the Three Ingredients Challenge, where they are tasked with creating one dish showcasing three specific ingredients – apple, almonds and vanilla. After that there is one more challenge standing in their way from a quarter-final place. Here, the contestants' fate is in the hands of former participants Alex Rushmer, Dr Tim Kinnaird and Dhruv Baker. More at 9.30pm. *See Picks of the day.*

8.30 EastEnders Shirley grows suspicious of Suki's behaviour and speaks to Jean. As Gray and Kush set off for court, the solicitor subtly seeds doubts in his client's mind about the plea.

9.30 PICK MasterChef The second quarter-final sees the six talented heat winners return to fight for a place in Knockout Week, tasked by Grace Dent to produce a party-sharing plate. *See Picks of the day.*

10.00 BBC News at Ten

10.25 BBC Local News, Weather, National Lottery Update

10.35 Greg James' Sport Relief Heroes In the run-up to Sport Relief, the Radio 1 DJ meets up with his heroes of the charity event, including David Williams, Eddie Izzard, Davina McCall, John Bishop and Zoe Ball.

11.35 Catchpoint Sport Relief Special Celebrity special edition of the gameshow, as Eboni Usoro-Brown and Darren Harriott take on Susan Calman and Johannes Radebe. Hosted by Paddy McGuinness. (R)

12.15am Weather for the Week Ahead **12.20-6.00am** BBC News

6.30am Money for Nothing (R) **7.15** Escape to the Country (R) **8.00** Sign Zone: Winterwatch (R) **9.00** BBC News at 9 **10.00** Victoria Derbyshire **11.00** BBC Newsroom Live **12.15pm** Politics Live **1.00** Hardball (R) **1.45** Best House in Town (R) **2.30** Terry and Mason's Great Food Trip (R) **3.00** Red Rock (R) **3.45** The Great Interior Design Challenge (R) **4.45** Portillo's State Secrets (R) **5.15** Flog It!

6.00 Richard Osman's House of Games Chizzy Akudolu, Miles Jupp, Amol Rajan and Ellie Taylor test their knowledge.

6.30 Great British Railway Journeys Michael Portillo visits the University of Glasgow's Officer Training Corps. He then heads to Helensburgh, where he discovers a group of artists known as the Glasgow Boys. (R)

7.00 Extreme Wales with Richard Parks The endurance athlete explores Britain's deepest cave under the Brecon Beacons and attempts to overcome his fear of enclosed spaces. (R)

7.30 Celebrity Antiques Road Trip Loose Women co-hosts Nadia Sawalha and Kaye Adams join forces with experts Tim Medhurst and Anita Manning in the antique shops of Edinburgh and beyond. (R)

8.30 Wild Cuba: A Caribbean Journey Cuba's isolation has helped preserve many of its natural riches, creating unspoiled landscapes home to many enchanting animals. In the first of a two-part series, cameraman, director and naturalist Colin Stafford-Johnson explores corners of the country that few outsiders have seen.

9.30 QI Nish Kumar, Holly Walsh and Cariad Lloyd join regular panellist Alan Davies and host Sandi Toksvig for an unconventional look at multiple organisms, with questions touching on the world's deadliest hunter, a photographer hidden inside an ox, and a juggling otter. (R)

10.00 Mock the Week With Angela Barnes, Ed Byrne, Kerry Godliman, Milton Jones and Chris Washington. (R)

10.30 Newsnight, Weather **11.05 FILM The Beguiled (2017, 15)** Premiere. The arrival of a wounded Civil War soldier brings jealousy and betrayal to a Southern girls' school. Drama, starring Colin Farrell. ★★★★★

12.35am Spying on the Scammers – Panorama (R) **1.05** Doctor Who (R) **2.10-6.30am** This Is BBC Two

6.00am Good Morning Britain: Morning magazine featuring a lively mix of news and current affairs, plus health, entertainment and lifestyle features. **9.00** Lorraine **10.00** This Morning: Daily magazine, featuring a mix of celebrity chat, showbusiness news, lifestyle features, topical discussion, health and beauty advice and more. **12.30pm** Loose Women **1.30** ITV Lunchtime News, Weather **1.55** Local News, Weather **2.00** Judge Rinder **3.00** Tenable (R) **3.59** Local Weather **4.00** Tipping Point **5.00** The Chase: General knowledge quiz show.

6.00 Local News, Weather

6.30 ITV Evening News, Weather

7.00 Emmerdale Will is forced to go back to his old ways, Vanessa receives a date for her surgery, and Victoria makes a huge decision for her and Luke.

7.30 Coronation Street At Carla's instigation, Roy agrees to take Nina bat-watching with him, while Gary bumps into an old acquaintance. Elsewhere, Craig decides to take up running, and Aggie sets off for her first day back in a nursing job.

8.30 Vera A murder at a remote cottage in Northumberland takes DCI Vera Stanhope back to a place full of childhood memories and reminds her of an unsolved case from earlier in her career. Delving into the local politics surrounding a controversial proposal to dig a quarry, she and her team find motives in the unlikely of places – until they realise that the truth could be hidden within the land itself. Detective drama, adapted from Ann Cleeves' novel The Crow Trap, guest starring Daniela Nardini, alongside Brenda Blethyn. (R)

10.25 ITV News, Weather

10.55 Local News, Weather

11.10 McDonald & Dodds Mystery drama set in Bath, where the wildly ambitious DCI McDonald finds herself paired with the shy, modest DS Dodds, who has languished on the shelf for most of his working life. However, it soon turns out the unassuming sergeant has a hidden talent for puzzle solving. Their first case sees the pair looking into the shooting of a homeless man in the deserted mansion of local industrialist Max Crockett. The Crockett appear to be a close-knit group but it soon becomes clear they have secrets to hide. Jason Watkins and Tala Gouveia star. (R)

12.55am Home Shopping **3.00** Who's Doing the Dishes? (R) **3.50-6.00am** ITV Nightscreen: Information service.

6.30am Cheers: double bill. (R) **7.20** The King of Queens: double bill. (R) **8.10** Everybody Loves Raymond: double bill. (R) **9.10** Frasier: double bill. (R) **10.10** Undercover Boss Canada (R) **11.05** Ramsay's Kitchen Nightmares USA (R) **12.00noon** Channel 4 News **12.05** Find It, Fix It, Flog It (R) **1.05** Posh Pawnbrokers (R) **2.10** Countdown **3.00** Crufts 2020 **4.00** A New Life in the Sun: Where Are They Now? **5.00** Come Dine with Me (R)

6.00 The Simpsons In another trio of horror tales, Lisa discovers Bart's demented twin in the attic and creates an alternative world in a margarine tub – before becoming its god. (R)

6.30 Hollyoaks Toby is angry when he sees Romeo leaving his flat. Elsewhere, Yazz tells Sami about her hopes of getting her hearing back. (R)

7.00 Channel 4 News

7.30 Crufts 2020 Further coverage live from the NEC in Birmingham, where featured events include Flyball, Agility and Heelwork to Music. Host Clare Balding guests include Love Island's Olivia Buckland and Alex Bowen, who talk about their French bulldog and the problems they have had concerning its health. There are also some advice on grooming and teeth brushing, legal responsibilities as a dog owner and whether working dogs at the Gundog Trials in Lincolnshire can also be seen as family pets. With roving reporter Radzi Chinyanganya and commentators Jim Rosenthal, Graham Partridge, Frank Kane and Jessica Holm.

9.00 PICK Gogglebox Capturing the households' instant reactions to what they are watching on TV from the comfort of their own sofas. *See Picks of the day.*

10.00 The Last Leg Adam Hills, Josh Widdicombe and Alex Brooker are joined by former Speaker of the House of Commons, John Bercow for a comic review of the significant moments of the past seven days.

11.05 The Big Narstie Show Musician Nile Rodgers, Fred Sirieix from First Dates, actor and rapper Riz Ahmed, singer Ray BLK and comedian Lolly Adefope join the grime legend and his co-host Mo Gilligan.

12.10am FILM 2 Guns (2013, 15) Action adventure, starring Denzel Washington and Mark Wahlberg. ★★★★★ **2.05** The Simpsons: double bill. (R) **2.55** Come Dine with Me (R) **3.50** Grand Designs (R) **4.45** Location, Location, Location (R) **5.45-6.00am** Kirstie's Vintage Gems (R)

6.00am Milkshake!: Peppa Pig: four episodes. (R) **6.20** Mya Go (R) **6.25** Fireman Sam (R) **6.40** Noddy: Toyland Detective **6.50** Abby Cadabby **7.00** Thomas & Friends (R) **7.15** Milkshake! Monkey's Amazing Adventures (R) **7.20** Peppa Pig: double bill. (R) **7.40** Top Wing **7.55** Paw Patrol **8.10** Floogals (R) **8.25** Becca's Bunch (R) **8.40** Little Princess (R) **8.55** Ben and Holly's Little Kingdom (R) **9.10** Sunny Bunnies (R) **9.15** Jeremy Vine **11.15** Paddington Station 24/7 (R) **12.10pm** 5 News at Lunchtime **12.15** Nightmare Tenants, Slum Landlords (R) **1.10** Access **1.15** Home and Away (R) **1.45** Neighbours **2.20 FILM** My Husband's Double Life (2018, PG) A woman finds it is not just her marriage on the line after discovering her husband has another wife. Drama, starring Amy Nuttall, Daniel Lapaine and Dragan Micanovic. ★★★★★ **4.00** Friends: double bill. (R) **5.00** 5 News at 5 **5.30** Neighbours: Mark asks Lucy on a date, but she is concerned about his religious ties. (R)

6.00 Home and Away Mac breaks cover to get help for a rapidly deteriorating Bella, but the gunmen refuse to let Alex treat her. Mason creates a diversion to let some hostages escape. (R)

6.30 5 News Tonight

7.00 Helicopter Pursuits: Caught on Camera A compilation of police helicopter chases taken from the first three series of the documentary, featuring insane acts from behind the wheel committed by reckless individuals. (R)

7.30 The Yorkshire Steam Railway: All Aboard The annual steam gala is held, with a record 15 locos coming from all over the country for a weekend steam spectacular. Piglet has high hopes for his beloved 9F engine.

8.30 Celebrity Britain by Barge: Then & Now Bill Oddie, Jennie Bond, Anne Diamond and Pete Waterman join the Glasgow and Edinburgh Union Canal, rising lock, stock and barge up the Falkirk wheel.

9.45 FILM Con Air (1997, 18) Honorably discharged Army Ranger sergeant Cameron Poe hitchhikes a ride home on a maximum-security flight conveying some of America's deadliest criminals. When they hijack the plane in mid-flight, led by criminal mastermind Cyrus the Virus, Poe is forced to intervene. Action thriller, starring Nicolas Cage. ★★★★★

12.05am Building the Billion Pound Mega Bridge (R) **1.00** Access **1.05** The 21.co.uk Live Casino Show **3.05** Access **3.10** Paddington Station 24/7: double bill. (R) **4.45** House Doctor (R) **5.10** Nick's Quest (R) **5.35-6.00am** Wildlife SOS (R)

STV 12.55am The People's History Show **1.20** ITV Nightscreen

BBC1 N Ireland 10.35pm Soft Border Patrol **11.05** Greg James' Sport Relief Heroes **12.05am** Catchpoint Sport Relief Special **12.45** BBC News

BBC1 Scotland 12.15am A View from the Terrace **1.20** BBC News

BBC1 Wales 7.00pm Six Nations Sin Bin **11.35** Young, Welsh and Pretty Minted **12.05am** Catchpoint Sport Relief Special **12.45** BBC News

BBC2 Wales 7.00pm The One Show **7.30** Extreme Wales with Richard Parks **8.00** Saving Lives at Sea: Documentary telling the story of the unpaid RNLI volunteers. **11.05** New Voices from Wales **11.15 FILM** The Beguiled (2017, 15) Premiere. Period drama, starring Colin Farrell and Nicole Kidman. ★★★★★ **12.45am** Coast

BBC Scotland 7.00pm Hebrides: Islands on the Edge **8.00** Dottie Weir: One More Try **9.00** The Nine **10.00** Scott Squad **10.30** A View from the Terrace **11.30** Mirror Mirror **12.00am** Close

RTE1 6.00am EuroNews **6.55** Teleshopping. double bill. **8.00** Today with Maura and Daithí **9.55** The Ellen DeGeneres Show **10.50** Dr Phil **11.45** Shortland Street **12.15pm** Doctors **12.45** Telly Bingo **1.00** RTE News **1.30** Home and Away **2.00** Neighbours **2.25** EastEnders **3.00** Fair City **3.30** Today with Maura and Daithí **5.40** Nuacht. Followed by RTE News **6.00** The Angelus **6.01** RTE News **7.00** Nationwide **7.30** EastEnders **8.30** Fleadh Cheoil **9.00** RTE News **9.35** The Late Late Show **11.50 FILM** A Walk in the Woods (2015,

15) ★★★★★ **1.40am** Casualty **2.35** Telly Bingo **2.45** Nationwide **3.10** Dr Phil. double bill. **4.40** Doctors. double bill. **5.10** EuroNews. triple bill.

S4C 6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05** Arfordir Cymru: Sir Benfro **12.30** Heno **1.00** Y Fets **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C a'r Tywydd **3.05** Prifodas Pum Mili **4.00** Awr Fawr **5.00** Stwnsh **6.00** Dan Do **6.30** Heno **7.30** Newyddion S4C a'r Tywydd **7.55** Sgorio **10.00** Noson Lawen **11.00** Bang **12.05am** Diwedd

(R) Repeat
STAR RATINGS
★★★★★
Brilliant★★★★★ Very good★★★★ Worth a watch★★★★ Could be worse★ Pretty dire
All programme details are correct at time of going to press

Best of the rest

ITV2

Freeview 16

6.00am Teleshopping **7.00** Ellen DeGeneres Show **7.50** Emmerdale **8.50** You've Been Framed! Gold **9.20** Superstore **10.15** Dinner Date **11.15** Dress to Impress **12.15pm** Emmerdale **1.15** You've Been Framed! Gold **1.50** Ellen DeGeneres Show **2.45** Dinner Date **3.50** Dress to Impress **4.50** Take Me Out **6.00 You've Been Framed! Gold: Unleashed!** Wild accidents. **7.00 You've Been Framed! Gold: Reloaded** Narrated by Harry Hill. **8.00 Two and a Half Men** Double bill. **9.00 **FILM** Ride Along (2014, 12)** A cop takes his sister's boyfriend with him on duty. Comedy, starring Ice Cube and Laurence Fishburne. ★★ **11.10** Family Guy **12.05am** American Dad! **1.05** The Cleveland Show **1.30** Two and a Half Men **2.30** Plebs. Comedy. **3.20** Nightscreen **3.30-6.00am** Teleshopping

ITV3

Freeview 10

6.00am Classic Coronation Street **6.55** Classic Emmerdale **7.55** Heartbeat **8.55** The Darling Buds of May **10.00** That's My Boy **10.35** A Touch of Frost **12.40pm** Heartbeat **1.45** Classic Emmerdale **2.50** Classic Coronation Street **3.55** Midsomer Murders **5.55** Heartbeat **6.55** Agatha Christie's Poirot Part two of two. The sleuth's Cornish holiday comes to a dramatic end. **8.00 Doc Martin** Double bill. Martin's career remains under scrutiny; Martin has to complete three courses. **10.05 Scott & Bailey** The duo investigate a boy's murder. Rachel receives a proposal, and Janet tells Andy she is having second thoughts about their brief liaison. **11.05** A Touch of Frost. Jack searches for a missing child. **3.00am** That's My Boy. Sitcom. **3.25** Nightscreen **3.30-6.00am** Teleshopping

FILM4

Freeview 14

11.00am Malta Story (1953, U) Second World War drama. ★★ ★★ **1.10pm** The Gunfight at Dodge City (1959, PG) Western. ★★ **2.50** Waterloo Road (1944, PG) Second World War drama, starring John Mills. ★★ **4.25** Gallipoli (1981, PG) First World War drama, with Mel Gibson. ★★ ★★ **6.35** The Host (2013, 12) An alien parasite finds her teenage host refuses to fully surrender her consciousness, and falls in with a human resistance group. Sci-fi adventure, with Saoirse Ronan. ★★ **9.00 **PICK** The Green Mile (1999, 18)** A prison guard amazed by the healing power and gentle nature of a man on death row comes to doubt his guilt. Drama, with Tom Hanks. See *Picks of the day*. ★★ ★★ ★★ **12.40-3.25am** Brawl in Cell Block 99 (2017, 18) Thriller, with Vince Vaughn and Jennifer Carpenter. ★★ ★★

E4

Freeview 13

6.00am Hollyoaks **7.00** How I Met Your Mother **8.00** Baby Daddy **9.00** Mike & Molly **10.00** The Big Bang Theory **11.00** The Goldbergs **12.00noon** Brooklyn Nine-Nine **1.00** Big Bang Theory **2.00** Baby Daddy **3.00** Mike & Molly **4.00** The Goldbergs **5.00** Brooklyn Nine-Nine **6.00** The Big Bang Theory **7.00** Hollyoaks Chester-based soap. **7.30** Man with a Plan Kate prepares to go out on her first date. **8.00** The Big Bang Theory Double bill of the comedy series. **9.00** Celebs Go Dating Reality series. **10.00** Naked Attraction Dating series. **11.05** Rick and Morty **11.35** Mr Pickles **11.50** Robot Chicken **12.05am** Rick and Morty **12.35** The Big Bang Theory **1.35** Celebs Go Dating **2.35** Naked Attraction **3.30** Brooklyn Nine-Nine **4.20** As **12.35** **5.10-6.00am** How I Met Your Mother

DAVE

Freeview 19

6.00am Teleshopping **7.10** Cops UK: Bodycam Squad **8.00** American Pickers **9.00** Storage Hunters UK **10.00** American Pickers: double bill **12.00noon** Timber Kings **1.00** Top Gear **2.00** Cops UK: Bodycam Squad **3.00** Sin City Motors **4.00** Top Gear: double bill **6.00 Taskmaster** Rhod Gilbert once again endangers Alex's life. **7.00 Room 101** Double bill. **8.20** Have I Got a Bit More News for You Hosted by Alexander Armstrong. **9.20** Would I Lie to You? At Christmas With Miranda Hart. **10.00** Red Dwarf Comedy double bill. **11.20** Meet the Richardsons. Jon is given advice. **12.00m't** Taskmaster **1.00** Have I Got a Bit More News for You **2.10** Jon Richardson: Ultimate Worrier **3.00** Zapped **3.35** The Indestructibles: Challenges. **4.00-6.00am** Teleshopping

YESTERDAY

Fview 25

6.00am Secrets of the Bible **7.10** Secrets of the Railways. Documentary. **8.00** Forbidden History **9.00** Secret Nazi Bases **10.00** Nazi Victory: The Post-War Plan **11.00** Underground Worlds **12.00noon** Impossible Railways **1.00** Secrets of Britain **2.00** Stonehenge: Walking Through History **3.00** Underground Worlds **4.00** Impossible Railways **5.00** Secret Nazi Bases **6.00** Nazi Victory: The Post-War Plan Documentary series. **7.00** Underground Worlds **8.00** Warbird Workshop The battle to keep historic warplanes in the air. **9.00** Abandoned Engineering An American prison for the deranged. **11.00** Impossible Railways **12.00m't** Underground Worlds **1.00** Nazi Victory: The Post-War Plan **2.00** Secrets of the Bible. Documentary. **3.00-6.00am** Teleshopping

GOLD

6.00am Teleshopping **7.10** The Piglet Files **8.00** As Time Goes By **8.40** The Good Life **9.20** Porridge **10.00** Hi-de-Hi! **10.40** Last of the Summer Wine **12.40pm** Keeping Up Appearances **1.20** Porridge **2.00** Hi-de-Hi! **2.40** Keeping Up Appearances **3.20** Dad's Army **4.40** Last of the Summer Wine **6.40** The Good Life Comedy. **7.20** Porridge Classic prison comedy. **8.00** Dad's Army Comedy double bill. **9.20** Mrs Brown's Boys Dermot gets cold feet in the run-up to his wedding. **10.00** Sandylands Les plots his escape from Sandylands, and Tina discovers that Les is still alive **10.40** Peep Show Double bill. Jeremy decides to tell Elena he loves her; Mark discovers Elena's guilty secret. **11.50** All Round to Mrs Brown's Chat show. **1.10am** Dad's Army **1.50** Peep Show **2.45** The Rebel **4.00-6.00am** Teleshopping

DRAMA

Freeview 20

6.00am Teleshopping **7.10** Soldier, Soldier **8.00** The Bill **10.00** Classic Holby City **11.00** Classic Casualty **12.00noon** The Bill **1.00** Classic EastEnders **2.20** London's Burning **3.20** Monarch of the Glen **4.20** Bergerac **5.20** Bread. Comedy. **6.00** Hi-de-Hi! Gladys is demoted. **6.40** As Time Goes By Comedy. **7.20** Last of the Summer Wine **8.00** Murdoch Mysteries When the criminal who murdered Detective Watts' brother is released, Watts kills him. Discrepancies in his statement lead Murdoch to suspect that he took justice into his own hands. **9.00** Death in Paradise The carnival comes to Saint-Marie, but the party atmosphere does not last long. **10.20** New Tricks Crime drama. **11.45** Waking the Dead. Police drama. **2.10am** The Bill **3.10** London's Burning **4.00-6.00am** Teleshopping

Picks of the day



Intelligence

9pm & 9.30pm, Sky One

Despite its deadly serious setting, at Cheltenham's GCHQ against the backdrop of counter-terrorism, this new workplace sitcom which mixes sharply written satire and fast-paced improv has been one of funniest shows of the year so far.

The first season (let's hope there will be more) comes to an end with a double-bill tonight. First up, when Jerry admits that he's

slept with department hacker Tuva, Joseph is devastated and begins to question their whole friendship.

Meanwhile, having failed her appraisal, Christine attempts to soften her style.

Then, in the season finale, Jerry finds out FBI agent Clint has been having an affair with his wife and shoots him. Accidentally, of course... ★★★★★



Gogglebox

9pm, Channel 4

The new friends and families featured in this 15th run of have gone down a treat with viewers, proving that it is the Gogglebox format rather than any specific 'stars' who make it worth watching every week. More lively discussion and emotional moments are guaranteed tonight as the armchair critics react to the shows they've been viewing over the last week. ★★★★★



MasterChef

7.30pm & 9.30pm, BBC One

This year's hopefuls were put through the wringer last night, and it doesn't get any easier here, as the six heat winners compete in the second quarter-final and fight it out for a place in Knockout Week. Facing the Critic's Test, the amateurs take on another intimidating task, producing a party-sharing plate for columnist and author Grace Dent. ★★★★★



FILM CHOICE

The Green Mile

9pm, Film4

Only the very hard-hearted will remain dry-eyed throughout Frank Darabont's adaptation of Stephen King's 1996 fantasy novel. Tom Hanks plays Paul Edgecomb, a death-row prison guard who forms a life-affirming relationship with huge black prisoner John Coffey (Michael Clarke Duncan), who has been convicted of killing two little girls. ★★★★★

SKY ONE

6.00am Monkey Life **7.00** RSPCA Animal Rescue **8.00** The Dog Whisperer **9.00** Stop, Search, Seize **10.00** Brit Cops: Frontline Crime UK **11.00** NCIS: Los Angeles **1.00pm** Hawaii Five-0 **3.00** MacGyver **4.00** Modern Family: double bill **5.00** The Simpsons **5.30** Futurama **6.30** The Simpsons Four episodes. **8.30** Modern Family Comedy series. **9.00 **PICK** Intelligence** Double bill. Jerry makes a confession; the truth about Jerry's past comes out. See *Picks of the day*. **10.00** The Late Late Show with James Corden: Best of the Week Highlights of the talk show. **11.00** Avenue 5 **11.35** The Trip to Greece **12.35am** Flintoff: Lord of the Fries **1.30** Caught on Dashcam **2.30** The Force: Manchester **3.30** Road Wars **4.00** Stop, Search, Seize **5.00-6.00am** Futurama

SKY ATLANTIC

6.00am The Guest Wing **7.00** Without a Trace **10.00** The West Wing **12.00noon** Blue Bloods **1.00** CSI: Crime Scene Investigation **2.00** The West Wing **4.00** Without a Trace **6.00** Without a Trace The team look into the disappearance of a woman. **7.00** CSI: Crime Scene Investigation The team investigates a suicide cult. **8.00** Blue Bloods Erin enlists Danny and Jackie's help to find the killer of an informant. **9.00** Babylon Berlin Double bill. Gereon gets sent to investigate a deadly accident on a film set; a witness steps forward with sinister information about Betty Winter's death. Meanwhile, Gereon confronts Wendt about the Greta case. **11.00** Public Enemy: double bill **1.15am** The Outsider. Horror. **2.20** Without a Trace **3.10** Californication: double bill **4.20-6.00am** The West Wing

SKY WITNESS

6.00am Nothing to Declare **8.00** Paramedics **9.00** Blue Bloods **10.00** Criminal Minds **11.00** CSI: Crime Scene Investigation **12.00noon** Elementary **1.00** Blue Bloods **2.00** Law & Order **3.00** The Real A&E **4.00** Stop, Search, Seize. Documentary. **5.00** Border Security: Australia's Front Line: double bill **6.00** Border Security: Australia's Front Line Back-to-back episodes. **8.00** Chicago Med Dr Halstead's world is thrown into turmoil. **9.00** Chicago Fire Firehouse 51 is hit with some shocking news. **10.00** Chicago PD The team turn their attention to an illegal arms dealer. **11.00** Law & Order: Special Victims Unit. Crime drama. **12.00m't** CSI: Crime Scene Investigation **2.00** Blue Bloods **3.00** Shades of Blue **4.00** Ghost Whisperer **5.00-6.00am** Brit Cops: Rapid Response

Friday

MARCH 6

TV LIFE/Daily Star Sunday

BBC ONE



Pointless Celebrities, 7.55pm

6.00am Breakfast **10.00** Saturday Kitchen Live **11.30** Gareth Thomas' Tour de Trophy for Sport Relief **12.00noon** Football Focus **1.00** BBC News, Weather **1.15** Ready Steady Cook (R) **2.00** Garden Rescue (R) **3.00** Money for Nothing **4.00** Final Score **5.10** The Repair Shop **5.40** BBC News **5.50** BBC Local News, Weather

6.00 Celebrity Mastermind

John Humphrys tests four more celebrities in the famous black chair. Taking part tonight are Radzi Chinyanganya, Ruth Madeley, Ann Widdecombe and Tom Read Wilson.

6.30 PICK The Greatest Dancer

Alesha Dixon and Jordan Banjo host the final of the dancing contest. Just four performers remain in the contest, and with the help of the dance coaches Cheryl, Matthew Morrison, Oti Mabuse and Todrick Hall, they will put on one last show to impress the studio audience and win £50,000 and a chance to showcase their skills on Strictly Come Dancing. Last in the series. See *Picks of the day*.

7.55 Pointless Celebrities

Alexander Armstrong and Richard Osman present a star-studded version of the general knowledge quiz, with Prue Leith, Brian Turner, Grace Dent and William Sitwell. (R)

8.45 PICK Catchpoint for Sport Relief

Celebrity special edition of the gameshow, as Graeme Swann and Rachel Parris take on Sam Quek and Mark Watson. Hosted by Paddy McGuinness. See *Picks of the day*.

9.20 Casualty

Ruby is back at work but she is losing patience with her mother, and has to choose between her career and parenthood. Megan offers Archie a job with her in Sudan, and Jade finally loses her patience with Marty.

10.10 BBC News, Weather, National Lottery Update

10.30 Match of the Day

Gary Lineker presents action from the latest Premier League fixtures, including Liverpool v Bournemouth at Anfield and Arsenal v West Ham United.

11.55 PICK FILM

Foxcatcher (2014, 15) An Olympic wrestler joins a millionaire's personal team, but tension grows when the grappler's brother is employed as a coach. Fact-based drama, starring Steve Carell. See *Picks of the day*. ★★★★★

2.00am Weather for the Week Ahead
2.05-6.00am BBC News

BBC TWO



Hilary Mantel, 9pm

6.30am The Dog Ate My Homework (R) **7.00** The Dengineers (R) **7.30** Blue Peter: World Book Day & Six the Musical (R) **8.00** Deadly 60 (R) **8.30** **FILM** Strange Magic (2015, U) A magical kingdom is thrown into chaos by a love potion resulting in a series of unexpected romances. Animated fantasy musical, with the voices of Evan Rachel Wood and Alan Cumming. ★★ **10.00** Kung Fu Panda: Secrets of the Furious Five (R) **10.25** Kangaroo Dundee & Other Animals – Part One: Natural World (R) **11.30** Lorraine's Fast, Fresh and Easy Food (R) **12.00noon** Hairy Bikers' Best of British (R) **1.00** All-Star Netball for Sport Relief (R) **2.00** The £100K House: Tricks of the Trade (R) **3.00** Hugh's Wild West (R) **4.00** Flog It! (R) **5.00** Kangaroo Dundee & Other Animals – Part Two: Natural World (R)

6.00 Saving Lives at Sea

The Royal National Lifeboat Institution volunteers race to rescue two teenagers stuck in mud before the incoming tide overwhelms them. Last in the series. (R)

7.00 Wild Cuba: A Caribbean Journey

Colin Stafford-Johnson explores parts of Cuba few outsiders have seen, observing the bee hummingbird – the world's tiniest bird – and thousands of crabs migrating. (R)

8.00 Great American Railroad Journeys

Michael Portillo continues his journey to Quebec City, during which he investigates the world's biggest tide, rides a Pontiac on a magnetic hill and learns to quarry sandstone.

9.00 Hilary Mantel:

Return to Wolf Hall

Profile of author Hilary Mantel in the six months leading up to the publication of *The Mirror and the Light*, the final novel in her award-winning Thomas Cromwell trilogy.

10.00 FILM Lost Lives (2019, 15)

A documentary inspired by the book of the same name that records the circumstances of the deaths of every man, woman and child killed during the Troubles. ★★★★★

11.30 FILM Midnight's Children (2012, 12)

Two men switched at birth find their lives intertwined as they grow up in newly independent India. Drama based on Salman Rushdie's novel, starring Satya Bhabha and Siddharth. ★★★

1.45am FILM Stations of the Cross (2014, 15)

A girl from a strict Catholic family goes to extreme acts of self-sacrifice in her pursuit of spiritual redemption. Drama, starring Lea van Acken and Florian Stetter. ★★

3.30-6.45am This Is BBC Two

ITV



Ant & Dec's Saturday Night, 7pm

6.00am CITV: Dino Dana (R) **6.10** Super 4: double bill. (R) **6.35** Robozuna (R) **7.00** Dare Master (R) **7.05** Mr Magoo (R) **7.30** Scrambled!: Scrambled! **7.35** Scrambled!: Mighty Mike (R) **7.50** Scrambled!: Mr Bean: The Animated Series (R) **8.10** Scrambled!: Ben 10 (R) **8.30** Scrambled!: Robozuna **9.05** Scrambled!: Craig of the Creek **9.25** ITV News **9.30** James Martin's Saturday Morning **11.40** Living on the Veg (R) **12.45pm** ITV News **1.00** **LIVE** ITV Racing: From Sandown: Coverage of today's meetings, featuring the Imperial Cup and three other races from Sandown Park, plus three races from Wolverhampton. **3.30** ITV News, Weather **3.40** Local News **3.50** **PICK LIVE** Six Nations: England v Wales (kick-off 4.45pm). Action from both teams' penultimate match of the championship, at Twickenham. See *Picks of the day*.

7.00 Ant & Dec's Saturday Night Takeaway

Jax Jones and Ella Henderson perform live at the start of this week's entertainment extravaganza, while the hosts face a dance battle with Britain's Got Talent: The Champions winners Twist & Pulse in the End of the Show Show. Plus, Stephen Mulhern returns for Ant vs Dec Goes Global, one lucky audience member plays to Win the Ads and the Men in Brown continue on their mission to track down which mystery celebrity has The Squits. More deserving audience members and viewers at home also win a Place on the Plane.

8.30 The Voice UK

Emma Willis hosts the third and final episode of the Battle rounds. Coaches Will.i.am, Sir Tom Jones, Olly Murs and Meghan Trainor all return to their infamous red chairs as the acts they have chosen from the blind auditions go head to head and fight for their place on their coach's team. The singers that impress their coach the most remain in the competition, but those that aren't so lucky can still be stolen by another coach.

9.55 ITV News, Weather

10.10 FILM Pitch Perfect (2012, 12)

A new student finds herself a social outcast during her first year of college, but soon acquires a new circle of friends in a band of misfits with a shared talent for singing. She joins their a cappella group and leads them to compete in the campus music competitions. Comedy, with Anna Kendrick and Rebel Wilson. ★★★★★

12.20am You've Been Framed! Gold (R)

12.50 Home Shopping **3.00** Rebound (R) **3.50-6.00am** ITV Nightscreen

Channel 4



Crufts 2020, 7pm

6.00am Mike & Molly (R) **6.25** Cheers: double bill. (R) **7.15** Frasier: double bill. (R) **8.05** Everybody Loves Raymond: double bill. (R) **9.00** The Big Bang Theory: double bill. (R) **9.55** The Simpsons: four episodes. (R) **11.55** The Dog House (R) **12.55pm** Four in a Bed: five episodes. (R) **3.30** A Place in the Sun: Danni Menzies offers advice to teacher Kim, who is looking for a holiday home in the Murcia region of Spain, showing her five properties within her £50,000 budget. (R) **4.30** Crufts 2020: Clare Balding presents further coverage, on the theme of Kids and Dogs, including live coverage of the Flyball semi-finals.

6.30 Channel 4 News

7.00 Crufts 2020

Clare Balding presents continued coverage from the NEC Birmingham, with today's theme being Kids and Dogs. Clare is joined by a range of celebrity guests including comedians – and dog lovers – Sally Phillips and Ronni Ancona – as well as roving reporter Radzi Chinyanganya and commentators Jim Rosenthal, Graham Partridge, Frank Kane and Jessica Holm. Vet Paul Manktelow shows young people how to get interested in veterinary science, and Clare meets Rhys Parrin, a 22-year-old YKC agility competitor who has been taking part in Crufts since he was 12, when his mum passed away.

9.00 FILM Passengers (2016, 12)

Premiere. A spacecraft transporting thousands of people to a distant planet malfunctions. As woken travelling companions Jim Preston and Aurora Lane fall in love, they are soon on a collision course with more technical problems and a dark secret. Fantasy adventure, with Jennifer Lawrence. ★★★★★

11.15 FILM GI Joe: The Rise of Cobra (2009, 12)

When a powerful experimental weapon is snatched by a mysterious terrorist organisation, two of the soldiers guarding it are recruited into a top-secret military strike force. As they go in search of the stolen technology, they uncover a plot by its creator to take over the world. Action adventure, with Channing Tatum and Sienna Miller. ★★

1.20am The Last Leg: Adam Hills,

Josh Widdicombe and Alex Brooker are joined by guests John Bercow and Sara Pascoe for a comic review of the significant moments of the past seven days. (R) **2.10** The Big Narstie Show. (R) **3.05** Hollyoaks (R) **5.05-6.00am** Location, Location, Location (R)

Channel 5



The Royals: A Family in Crisis, 8pm

6.00am Milkshake!: Peppa Pig: four episodes. (R) **6.20** Ben and Holly's Little Kingdom (R) **6.35** Bob the Builder (R) **6.45** Thomas & Friends (R) **6.55** Fireman Sam (R) **7.10** Noddy: Toyland Detective (R) **7.20** Shane the Chef (R) **7.40** Ben and Holly's Little Kingdom (R) **7.55** Peppa Pig: double bill. (R) **8.10** Butterbean's Cafe **8.30** Paw Patrol (R) **8.45** Nella the Princess Knight (R) **8.55** Wissper **9.10** Pirata & Capitano (R) **9.20** Floogals (R) **9.30** Digby Dragon (R) **9.40** Shimmer and Shine (R) **9.50** SpongeBob SquarePants **10.05** The Loud House (R) **10.15** Access **10.20** WWE SmackDown Highlights **11.25** Friends: triple bill. (R)

12.55pm **FILM** A Will to Kill: Hailey Dean Mysteries (2018, PG) Premiere. The investigation into the murder of Hailey's ex-fiance from 15 years previously is reopened. Whodunit, starring Kellie Martin and Giacomo Baessato. ★★★★★ **2.35** **FILM** A Prescription for Murder: Hailey Dean Mysteries (2019, PG) Premiere. Hailey helps the police when the CEO of a hospital dies and the coroner discovers that she has been poisoned. Whodunit, starring Kellie Martin. ★★★★★ **4.20** **FILM** The King and I (1956, U) Oscar-winning musical, starring Yul Brynner and Deborah Kerr. ★★★★★

6.55 5 News Update

7.00 Royal Doctors: Treating the Monarchy

Documentary examining the role of the medics who have looked after the royal family through the ages, while Kate Williams explores gruesome stories from the monarchy's history.

8.00 The Royals:

A Family in Crisis

A look at issues affecting the monarchy in 2019, including the rift between princes Harry and William, the scandal surrounding Prince Andrew, and Prince Philip's car crash.

9.30 Charles and Di: The Truth Behind Their Wedding

Documentary examining the week immediately prior to the Royal Wedding of Prince Charles and Diana Spencer in 1981, which lifted the spirits of the nation during a turbulent time. (R)

11.05 The Carpenters: Their Greatest Hits

Performances and official music videos of 16 songs featuring the brother-and-sister duo. Narrator Ken Bruce also offers interesting facts regarding Richard and Karen's act. (R)

12.05am The Last Hours of Karen Carpenter: An investigation into the singer's death. (R) **1.00** The 21.co.uk Live Casino Show: Interactive gambling. **3.00** Access **3.10** Our Dream Hotel (R) **4.00** Billionaire Kids: Diamond Lives (R) **4.45** House Doctor (R) **5.10** Nick's Quest (R) **5.35-6.00am** Wildlife SOS (R)

STV 12.20am Who's Doing the Dishes? Pop star and actor Adam Rickitt hosts a dinner party at his home. **1.15** ITV Nightscreen

BBC1 N Ireland 5.00pm Final Score from Northern Ireland. Round-up of the day's action.

BBC1 Scotland 4.00pm SportsScene Results

BBC1 Wales 1.15pm Six Nations Sin Bin **1.45** Weatherman Walking: The Welsh Coast **2.15** Garden Rescue **3.15** Money for Nothing

BBC2 N Ireland 12.00noon The Conference

7.00 The Chronicles of Erne. Amy Burns from RSPB NI travels to island reserves **7.30** Dad's Army. The platoon takes part in an efficiency test.

BBC2 Wales 2.00pm Conference 2020: Welsh Conservatives. Discussion debate.

BBC Scotland 7.00pm The Seven. National, UK-wide and international news, presented by Fiona Stalker and Nick Sheridan. **7.15** Seven Days **8.00** Born to Be Wild **9.00** Scotland's Game **10.00** The Field of Blood. double bill. **11.55** Tune

RTE1 6.00am EuroNews **6.20** Teleshopping **6.55** Nationwide. double bill. **7.55** Ros na Rún **8.55** Fair City **10.50** The Best of Today with Maura and Dáithí **11.55** MasterChef: The Professionals **1.05pm** News **1.15** Dancing with the Stars **3.15** The Great House Revival **4.15** Fleadh Cheoil **4.45** Big Life Fix **5.45** Nuacht. Followed by RTE News **6.00** The Angelus **6.01** News **6.35** **FILM** Wonder (2017, PG) ★★★★★ **8.40** Winning Streak **9.40** RTE News **10.10** The Tommy Tiernan Show **11.15** The Keith Barry Experience **12.20am** **FILM** Stolen

Dreams (2016, PG) ★★★★★ **2.00** Mr Mercedes **3.00** The Split **3.55** Call the Midwife **4.50** EuroNews **S4C 6.00am** Cyw **8.00** Stwnsh Sadwrn. double bill. **8.00** Stwnsh Sadwrn **8.20** Pat a Stan **8.55** Bwystfi **9.15** Seligo **9.20** Larka **9.25** Pigo dy Drwyn **10.00** Tysora'u Teulu **11.00** **NEW** Cyniadellau'r Gwanwyn **2020 1.00pm** Ffermio **1.30** Nyrws **2.00** Cynif **3.00** Creaduriaid Gwylt **4.00** Chwb Rygbi Rhwyglawd **7.15** Newyddion a Chwaraeon **7.30** Heno Nos Sadwrn **8.00** Noson Lawen **9.00** Oci Oci Oci **10.00** Jonathan **11.00** Hansh

(R) Repeat
STAR RATINGS
★★★★★ Brilliant
★★★★ Very good
★★★ Worth a watch
★★ Could be worse
★ Pretty dire
All programme details are correct at time of going to press

Best of the rest

ITV2

Freeview 16

6.00am Teleshopping **7.00** Totally Bonkers Guinness World Records **7.15** The Ellen DeGeneres Show **9.30** Dress to Impress **11.30** Celebrity Catchphrase **12.30pm** You've Been Framed! Gold: Top 100 Animals **1.35** **FILM** Animals United (2010, U) Animated comedy. ★★ **3.30** **FILM** Cats & Dogs: The Revenge of Kitty Galore (2010, U) Comedy. ★★ **5.10** **FILM** The Secret Life of Pets (2016, U) ★★★★★ **6.55** **FILM** Uncle Buck (1989, 12) Comedy, with John Candy. ★★★★★ **9.00** **FILM** Fast & Furious 8 (2017, 12) Action adventure sequel, starring Vin Diesel. ★★★★★ **11.35** Family Guy. Animation. **12.35am** American Dad! **1.30** Ibiza Weekender **2.35** The Stand Up Sketch Show **3.05** Totally Bonkers Guinness World Records **3.20** Nightscreen **3.30-6.00am** Teleshopping

ITV3

Freeview 10

6.00am Lewis **7.50** Agatha Christie's Marple **9.55** Coronation Street **12.55pm** Midsomer Murders **5.00** Midsomer Murders Triple bill. Barnaby and Jones find themselves forced to dip into the annals of Broughton village after a traditional contest pitting men against women results in two deaths; Barnaby and Winter investigate when Lower Pampling's star cricketer Leo Henderson is found dead, pummelled to death by cricket balls; DCI Barnaby and DS Winter discover a dead body surrounded by rabbits that have been freed from their cages, revealing a more sinister side to the local pet show. **11.00** Foyle's War. Foyle helps a man sentenced to hang. **1.05am** Scott & Bailey **2.00** Long Lost Family **2.50** That's My Boy **3.20** Nightscreen **3.30-6.00am** Teleshopping

FILM4

Freeview 14

11.00am The Pink Panther Strikes Again (1976, PG) Comedy sequel. ★★★★★ **1.10pm** Shrek Forever After (2010, U) ★★★★★ **2.55** Kung Fu Panda 2 (2011, PG) ★★★★★ **4.45** Mary and the Witch's Flower (2017, U) Premiere. Animation. ★★★★★ **6.55** Gifted (2017, 12) A single man attempts to raise his child prodigy niece, but his formidable mother ruins his plans. Drama, with Chris Evans and Lindsay Duncan. ★★★★★ **9.00** Die Hard 4.0 (2007, 15) Tough cop John McClane goes on the trail of a criminal mastermind plotting a terror attack on America. Action thriller sequel, with Bruce Willis and Timothy Olyphant. ★★★★★ **11.35** Drag Me to Hell (2009, 15) Horror, starring Alison Lohman. ★★★★★ **1.30-3.30am** Joy of the Dead (2011, 15) Comedy horror, starring Alexis Diaz de Villegas. ★★

E4

Freeview 13

6.00am Ramsay's Kitchen Nightmares USA **6.55** **FILM** Romance Retreat (2019, PG) Romantic comedy, starring Amanda Schull. ★★ **8.25** Don't Tell the Bride **9.30** The Goldbergs **10.00** Schooled **10.30** Brooklyn Nine-Nine **2.30pm** The Big Bang Theory **5.00** Young Sheldon **5.30** **FILM** Home Alone 2: Lost in New York (1992, PG) Comedy sequel, starring Macaulay Culkin, Joe Pesci and Tim Curry. ★★ **8.00** **FILM** Transformers: Revenge of the Fallen (2009, 12) The robots fight for control of a machine hidden somewhere on Earth with the power to destroy planets. Sci-fi adventure sequel, with Shia LaBeouf and Megan Fox. ★★ **11.05** Gogglebox. TV opinions. **12.10am** Friday Night Dinner **3.20** Gogglebox **4.15-6.00am** The Big Bang Theory: triple bill

DAVE

Freeview 19

6.00am Teleshopping **7.10** The Hurting **8.00** Top Gear **9.00** Aussie Pickers **10.00** Storage Hunters UK **11.00** American Pickers **12.00noon** Cops UK: Bodycam Squad **3.00** Border Force: America's Gatekeepers **4.00** Top Gear: double bill **6.00** Red Bull Soapbox Race Coverage of the event in Paris. **7.00** Would I Lie to You? Double bill. **8.20** Not Going Out Lee and Lucy ponder whether to have another child. **9.00** Not Going Out Christmas Special Lee buys the perfect Christmas present for his children. **10.00** Hypothetical Gameshow. **11.00** Have I Got a Bit More News for You **12.00m** Dave Gorman: Modern Life Is Goodish **1.00** Not Going Out Christmas Special **1.55** Jon Richardson: Ultimate Worrier **2.55** Zapped **3.30** The Indestructibles **4.00-6.00am** Shopping

YESTERDAY

Fview 25

6.00am Secrets of the Bible **7.10** The Diary of Anne Frank: A Tale of Two Sisters **8.00** Secret Nazi Bases **9.00** Deep Wreck Mysteries **1.00pm** Expedition with Steve Backshall **6.00** Expedition with Steve Backshall Documentary. **7.00** Big in America: British Hits in the USA Featuring The Cure. **8.00** Duran Duran: There's Something You Should Know Simon Le Bon, John Taylor, Nick Rhodes and Roger Taylor open up about the band's career. **9.00** The True Story of the Mary Celeste The mystery of the ship. **10.00** World's Greatest Palaces **11.00** Chris Tarrant: Extreme Railway Journeys. Chris visits Cuba. **12.00m** Impossible Engineering **1.00** The Diary of Anne Frank: A Tale of Two Sisters **2.00** Secrets of the Bible **3.00-6.00am** Teleshopping

GOLD

6.00am Teleshopping **7.05** The Piglet Files **7.55** As Time Goes By **8.35** The Good Life **9.15** Porridge **9.55** The Two Ronnies **10.55** Only Fools and Horses: eleven episodes **6.35pm** Only Fools and Horses Triple bill. Rodney tries out film-making; a millionaire offers Del a partnership; Del becomes a showbiz manager. **9.00** All Round to Mrs Brown's Agnes and the family are joined in studio by choirmaster Gareth Malone and singer Peter Andre, while Steps perform. **10.20** Sandylands Free-spirited Emily makes a reluctant trip to her home town after her semi-estranged father goes missing amid fears for his life. Comedy drama, with Natalie Dew. **11.00** Sandylands: double bill **12.20am** Black Books **2.00** The Joy Family **3.05** Black Books **3.30** The Piglet Files **4.00-6.00am** Teleshopping

DRAMA

Freeview 20

6.00am Teleshopping **7.30** Cadfael **9.00** Lovejoy **11.00** Sharpe **1.00pm** Auf Wiedersehen, Pet **3.00** Ms Fisher's Modern Murder Mysteries. Spin-off. **4.00** Father Brown **6.00** The Brokenwood Mysteries The coffin of local poet Declan O'Grady falls from the hearse revealing that the corpse inside is not his but a young woman identifiable only by a tattoo. **8.00** Murdoch Mysteries Murdoch suspects murder at what first appears to be a double suicide. **9.00** Life on Mars Double bill. Sam investigates the kidnapping of a man's wife and daughter; Gene investigates the shooting of a Ugandan Asian man. **11.40** Kavanagh QC **1.10am** Hetty Wainthorpe Investigates: double bill **3.10** The White Princess **4.00-6.00am** Teleshopping

Picks of the day



LAST EPISODE

The Greatest Dancer

6.30pm, BBC One

It was somewhat overshadowed by surprise hit The Masked Singer over on ITV during the first half of its run. But over the past few weeks, The Greatest Dancer has come into its own again and made for some good Saturday night telly.

The competition draws to a close tonight with hosts Alesha Dixon and Jordan Banjo inviting the four remaining acts to go head-

to-head in a bid to be crowned the winner. The superstar Dance Captains – Cheryll, Matthew Morrison, Oti Mabuse and Todrick Hall – get the party started by joining their finalists for an exhilarating opening number.

Then, the acts each perform twice, before the viewers decide who is getting the trophy, £50,000 in cash and the chance to perform on the next series of Strictly. ★★★★★



Catchpoint for Sport Relief

8.45pm, BBC One

Tonight's second charity show sees Paddy McGuinness invite former England cricketer Graeme Swann and The Mash Report's Rachel Parris to take on comedian Mark Watson and England hockey star Sam Quek. The money raised will help Sport Relief tackle domestic abuse, mental health, homelessness and child poverty. ★★★★★



LIVE SPORT

Six Nations

3.50pm, ITV

England kept their title hopes alive with a 24-12 victory over Ireland last time out, while last year's Grand Slam-winners Wales have suffered back-to-back defeats against the Irish and France. On the surface, it looks like a game between a team in the ascendancy and one out of form, but Alun Wyn Jones' Welsh side have a habit of proving the doubters wrong. ★★★★★



FILM CHOICE

Foxcatcher

11.15pm, BBC One

Steve Carell is almost unrecognisable in his first straight dramatic role. He plays billionaire John du Pont who invites Olympic gold medal-winning wrestlers Mark and Dave Schultz (Channing Tatum and Mark Ruffalo) to live on his estate and train a team for the 1988 Seoul Olympics. But du Pont's benevolence hides a dark obsession... ★★★★★

SKY ONE

6.00am Monkey Life **8.00** Modern Family **9.00** What's Up TV **9.30** I'm Game: Rainbow Laces **10.30** Soccer AM **12.00noon** **LIVE** Women's Six Nations Rugby Union. England v Wales. **2.15** PL Greatest Games **2.30** Best PL Goals: Chelsea v Arsenal **3.00** Gillette Soccer Saturday **5.00** The Simpsons: double bill **6.00** The Simpsons Four episodes. **8.00** Modern Family Dylan's hippie mother moves into the Dunphy home. **8.30** **FILM** Men in Black II (2002, PG) Sci-fi comedy sequel, with Will Smith and Tommy Lee Jones. ★★ **10.15** Strike Back: Vendetta The team embarks on a dangerous mission aboard a train. **11.15** Hawaii Five-0: Crime drama. **12.15am** NCIS: Los Angeles **1.15** A League of Their Own **2.15** The Heist **3.15** Jett. Crime drama. **4.30-6.00am** The Real A&E: triple bill

SKY ATLANTIC

6.00am Richard E Grant's Hotel Secrets **7.00** The British **8.00** CSI: Crime Scene Investigation **1.00pm** Without a Trace: five episodes **6.00** Without a Trace Triple bill. An autistic boy disappears; a society girl disappears; a boy is kidnapped. **9.00** **FILM** Real Women Have Curves (2002, 12) A Mexican-American high-school graduate tries to reconcile her ambition to go to college with her parents' traditional values. Comedy drama, starring America Ferrera. ★★ **10.40** Boardwalk Empire Martin Scorsese directs the pilot episode of Prohibition-era drama, starring Steve Buscemi as a politician and gangster trying to exploit America's new law for his own gain. **12.10am** Boardwalk Empire **1.20** Oz: double bill **3.50** Doltle: Special **4.00-6.00am** Fish Town

SKY WITNESS

6.00am UK Border Force **8.00** Real A&E **9.00** Sun, Sea and A&E **11.00** Paramedics **1.00pm** UK Border Force **2.00** Border Security: Australia's Front Line: eight episodes **6.00** Border Security: Australia's Front Line Double bill. **7.00** Blue Bloods Double bill. Jamie is punished when he refuses to follow his lieutenant's orders; Frank clashes with the NYPD's new inspector general. **9.00** Law & Order: Special Victims Unit Kat crosses the line when she follows up on her suspicions about a trainer at her boxing gym. **10.00** The Good Doctor Shaun feels reassured about Carly's feelings towards his friendship with Lea. **11.00** Law & Order: Special Victims Unit: Triple bill of the crime drama. **2.00am** Blue Bloods: double bill **4.00-6.00am** Nothing to Declare

Saturday

MARCH 7

TV LIFE/Daily Star Sunday



WITH RUSSELL GRANT

Aquarius

Jan 21 – Feb 19

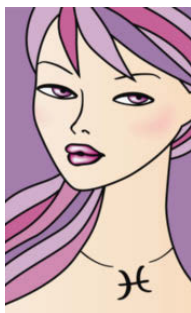


A neighbour's kindness will help you deal with a situation you could never have handled on your own. You've always been friendly towards them and they will be happy to do something for you.

Call one of my dedicated astrologers for your weekly and monthly stars on 0905 789 3651*

Pisces

Feb 20 – Mar 20



Talks connected with the future will lead to some positive agreement. A team effort will be successful as you will find it easy to remain focused on mutual goals. You should all be justifiably proud.

Call one of my dedicated astrologers for your weekly and monthly stars on 0905 789 3652*

Aries

Mar 21 – Apr 20



A last-minute change of plan could give you more authority. Taking on a new role will be a great use of your leadership ability. If you play your cards right, you will be offered a permanent position.

Call one of my dedicated astrologers for your weekly and monthly stars on 0905 789 3641*

Taurus

Apr 21 – May 21

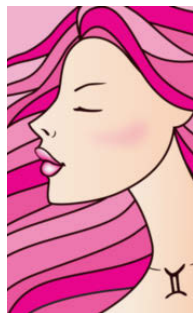


Watch for the chance to branch out. A colleague will criticise your abilities but you won't take this lying down. Be ready to put up a fight – there is no sense in being polite with someone intent on upsetting you.

Call one of my dedicated astrologers for your weekly and monthly stars on 0905 789 3642*

Gemini

May 22 – June 22



You may regret an impulsive decision if you accidentally upset someone. Apologise the moment you realise you have hurt a friend's feelings and prove you aren't playing with their emotions.

Call one of my dedicated astrologers for your weekly and monthly stars on 0905 789 3643*

Cancer

June 23 – July 23



Some areas of your life seem to be going nowhere. You no longer enjoy repetitive work. You would welcome a change from boring routine but it will be up to you to take the initiative.

Call one of my dedicated astrologers for your weekly and monthly stars on 0905 789 3644*

Leo

July 24 – Aug 23



A new romance will be all you could ask for. You want to please everyone and this could inspire you to give in to every whim. Normally you like to take things slowly but there is something about this one that excites you.

Call one of my dedicated astrologers for your weekly and monthly stars on 0905 789 3645*

Virgo

Aug 24 – Sep 23



Think carefully if anyone asks for your advice or opinions. People will appreciate your diplomatic skills and will be watching their words, too. By remaining calm and using logic you will avoid an argument.

Call one of my dedicated astrologers for your weekly and monthly stars on 0905 789 3646*

Libra

Sep 24 – Oct 23



Legal and financial matters will go better than expected. Some good news concerning your career or a goal will boost your self-esteem, and possibly your income, too. This is a good time to sign a contract.

Call one of my dedicated astrologers for your weekly and monthly stars on 0905 789 3647*

Scorpio

Oct 24 – Nov 22

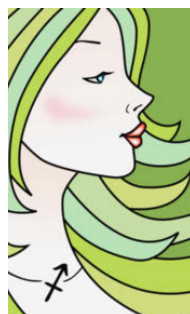


Something that is drawn to your attention will force you to look to the past. Some experiences will be remembered with pleasure and pain. What's done can't be undone so find new opportunities that excite you.

Call one of my dedicated astrologers for your weekly and monthly stars on 0905 789 3648*

Sagittarius

Nov 23 – Dec 21



A friend or colleague is keen to team up for a project that will benefit you both in different ways. You've worked well together before. It will make sense to join forces and get this venture underway.

Call one of my dedicated astrologers for your weekly and monthly stars on 0905 789 3649*

Capricorn

Dec 22 – Jan 20



A colleague will ask you to cover for them because they're not feeling 100 per cent. Normally you wouldn't mind but it is becoming a habit. Don't feel guilty if you say no – you have enough of your own to do.

Call one of my dedicated astrologers for your weekly and monthly stars on 0905 789 3650*

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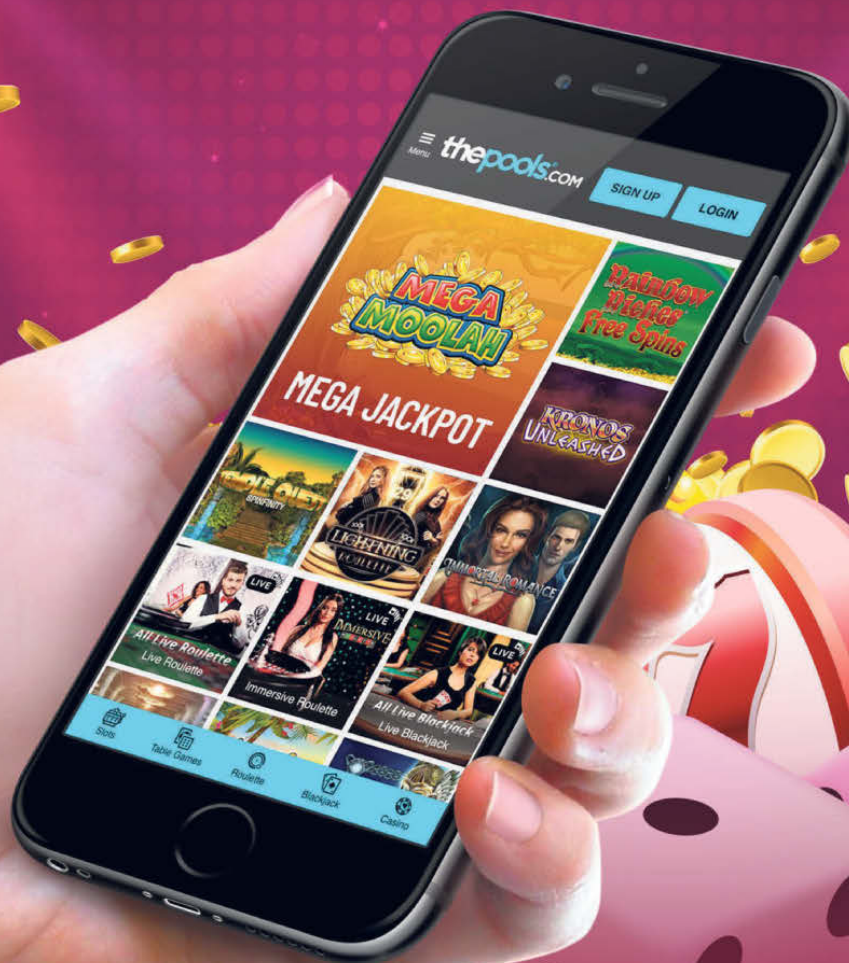
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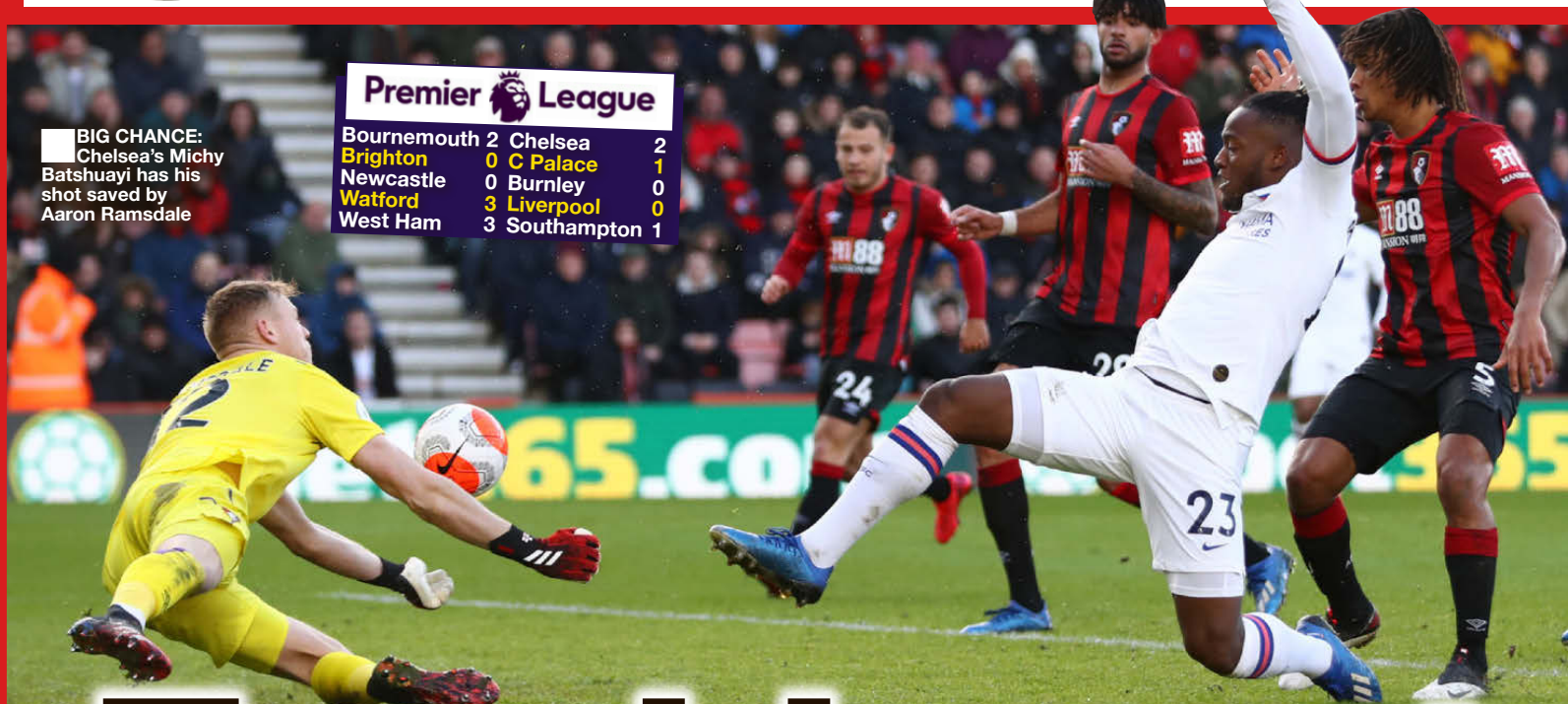
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BIG CHANCE:
Chelsea's Michy
Batshuayi has his
shot saved by
Aaron Ramsdale

Premier League

Bournemouth	2	Chelsea	2
Brighton	0	C Palace	1
Newcastle	0	Burnley	0
Watford	3	Liverpool	0
West Ham	3	Southampton	1



Frankly, not good enough!

**LAMPS IS
CHASING
WINS**



CONFUSED:
Lampard

DEFENDER Marcos Alonso scored twice yesterday as Chelsea grabbed a point at lowly Bournemouth.

And though boss Frank Lampard is delighted his left-back is finding the net, he wants more from his forwards to create a consistent culture of

**BOURNEMOUTH...2
CHELSEA.....2**

winning. He said: "We really are striving for a little run of form where it's win, win, win. "That's where we haven't been for a while."

REPORT: Pages 4-5



IT'S SO THREE-SY: Deeney and Doucoure are loving it

What will Pep be thinking after this sting in title tale?

STEVE BATES' BIG-MATCH VERDICT

WHEREVER he was, Pep Guardiola must not have known whether to laugh or cry.

The best the Premier League can muster have all tried and failed to dethrone Jurgen Klopp's rampaging side – including his own Etihad superstars.

So take a bow Watford and two-goal hero Ismaila Sarr for smashing Liverpool's cloak of invincibility with an astonishing victory.

On the brink of creating a new Premier League record of 19 consecutive wins, no one really gave the Hornets a hope of delivering a sting in the tail.

But at a bouncing Vicarage Road, they pulverised Klopp's champions-elect with the kind of high-energy, full-throttle attacking performance Liverpool have trademarked as their own.

And this was much more than just an upset. It served as a reminder why the Premier League is revered around the world for its quality, excitement – and unpredictability.

Where else can you get drama like that?

No one thought an off-day was even possible this season for a Liverpool side who arrived at Watford unbeaten in their last 44 league games stretching back to January last year.

In that time they have set a new benchmark for excellence, sweeping all-comers aside and teeing up their first title in 30 years.

They will still be champions, of course, because this will only be a blip.

And aside from anything else they are so far ahead of Guardiola's Manchester City it would take a total collapse to deny

them the Premier League trophy. The worrying part for Klopp is that his team were not much below full strength, only missing injured captain Jordan Henderson and defender Joe Gomez.

But, for once, all their big guns failed to fire.

Skipper Virgil Van Dijk lacked his usual commanding presence while reliable full-back Trent Alexander-Arnold had a day to forget.

It was on this ground in 2017 that Liverpool's Holy Trinity of Roberto Firmino, Mohamed Salah and Sadio Mane were first unleashed on the Premier League.

All three scored that day in a 3-3 draw.

Yesterday, though, they looked like strangers and hardly had a sniff against a defence not known for clean sheets.

Now Watford are out of the bottom three on goal difference – and every one of Nigel Pearson's men played their part.

Gerard Deulofeu was the main early danger and could easily have scored in the opening minutes. Sadly for Watford and the Spaniard, his game was over before half-time after he was stretchered off after twisting his knee.

But the Hornets had Sarr – and Troy Deeney – and a desire Liverpool just could not match.

Sarr's goals were superbly well taken before Deeney brought the house down with Watford's third.

If there's any good news for Klopp it's that among the myriad of possibilities, there's a chance Liverpool could now win the title against City at The Etihad in April.

And after the season they've had, surely there couldn't be a better place for Klopp's men to be crowned champions?



Watford.....3 Liverpool.....0

SO NEAR & YET SO SARR

Rampant Hornets des-Troy Klopp & Co's unbeaten charge to crown

MATCH STATS

	Watford	Liverpool
5	Shots on target	1
7	Shots off target	4
2	Blocked shots	2
3	Corners	5
4	Fouls	8
5	Offsides	1
0	Yellow cards	0
0	Red cards	0
65.7	Passing success %	84.7
13	Tackles	8
61.5	Tackles won %	25
29.3	Possession %	70.7





WATFORD: Foster 7; Femenia 7, Kabasele 7, Cathcart 7, Masina 7; Hughes 8, Capoue 8, Sarr 8 (Pussetto 82nd), Doucoure 8 (Chalobah 89th), Deulofeu 7 (Pereyra (37th) 6); Deeney 7

LIVERPOOL: Alisson 5; Alexander-Arnold 6, Lovren 5, Van Dijk 6, Robertson 5; Oxlade-Chamberlain 6 (Origi (65th) 5), Fabinho 6, Wijnaldum 5 (Lallana (61st) 6); Salah 5, Firmino 5 (Minimino 79th), Mane 5

STAR MAN: Ismaila Sarr
REF: M Oliver
Watford's next game: C Palace (A), Sat
Liverpool's next game: Chelsea (A), Tue



SUPPORT: Boss Bielsa

Marcelo's backing race rap Casilla

HULL 0
LEEDS 4
 By DAVE ANDERSON

MARCELO BIELSA insists banned goalkeeper Kiko Casilla is not a racist and that Leeds will give him the love he needs.

Bielsa is firmly standing by Casilla after he was found guilty of racially abusing Charlton's Jonathan Leko and hit with an eight-game ban.

"Kiko is a great human being and a situation like this could affect him," said the Leeds boss.

"But he's strong and all of us will support him with the love he deserves."

"We admire him for his behaviour with us. He has a brilliant past, nothing negative. All of us are against racism or any discrimination and he is the first. He has always supported minorities."

Casilla's replacement, Illan Meslier, produced a solid display on his second club appearance.

Leeds opened the scoring after five minutes when Pablo Hernandez fed Luke Ayling and his 30-yard shot deflected in off Callum Elder.

Bielsa's side were 2-0 up two minutes into the second half as Helder Costa fed Hernandez to fire into the far corner.

Hull keeper George Long saved from Costa and Harrison but he was beaten again when Tyler Roberts fired home in the 80th minute.

And Roberts made it 4-0 four minutes later with a diving header.

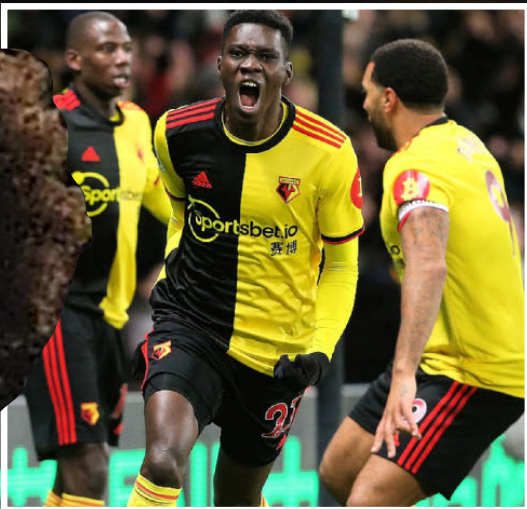
Hull are in danger of relegation after taking just two points from their last 10 league games.

Boss Grant McCann said: "The first goal was a deflection and that's the way it's going for us but we'll keep fighting."

HULL: Long 8; McKenzie 6, Pennington 6, McLoughlin 6, Elder 5; Honeyman 6, Stewart 6, Da Silva Lopes 5 (Batty (63rd) 6); Wilks 5, Magennis 6 (Balogh (63rd) 7), Samuelsen 6 (Maddison 76th)
LEEDS: Meslier 7; Ayling 8, White 7, Cooper 7, Dallas 7; Phillips 7; Costa 7, Klich 8, Hernandez 9 (Shackleton 87th), Harrison 8 (Aloisi 87th); Bamford 7 (Roberts (66th) 8)
STAR MAN: Pablo Hernandez
REF: K Stroud



SHOOTING SARR: Striker grabs his second and (below) celebrates opener



MO PROBLEMS: Liverpool hitman Salah can't believe it

LIVERPOOL'S air of invincibility was brought to a crashing end at Vicarage Road.

Watford's £30million club-record forward Ismaila Sarr bagged a double, before setting up a killer third goal for skipper Troy Deeney as Nigel Pearson's side laid waste to Jurgen Klopp's champions-elect.

It was Liverpool's first Premier League defeat of the season - and the first time their colours had been lowered in 45 league games stretching back to that devastating loss at Manchester City last January.

It also halted their bid to rack up a record 19th successive top-flight victory.

Klopp's men are still a staggering 22 points clear at the top of the table.

And this defeat could now hand them the chance to clinch their club's first title in 30 years against Pep Guardiola's City at the Etihad on April 5 - FA Cup commitments permitting.

Watford's need for the points was even more pressing than Liverpool's last night after picking up just one from their previous four games.

This victory took them out of the bottom three and will give them the belief they can pull away from trouble in the coming weeks.

All three of Watford's goals



DEEN N' DUSTED: Troy Deeney hits Watford's third

By Simon Mullock

At Vicarage Road

came in an incredible second half in which they blew the visitors away.

Senegal forward Sarr, who arrived from French club Rennes last summer, opened the scoring in the 54th minute.

Abdoulaye Doucoure muscled his way beyond Virgil van Dijk as they tussled for Adam Masina's looping long throw and when he crossed low into the heart of Liverpool's six-yard box, Sarr smuggled himself ahead of Andy Robertson to score.

Six minutes later he beat Kop keeper Alisson again. Will Hughes and Deeney combined to put him clear and his lifted finish over the keeper was reminiscent of countryman Sadio Mane at his clinical best.

And Deeney sent the Watford fans in to dreamland in the 71st minute.

This time Sarr was provider, intercepting Trent Alexander-Arnold's poor backpass and setting up his skipper to loft into an unguarded goal with a touch of class.

Watford deserved everything they got. Apart from a thumping effort by substitute Adam Lallana that smashed against the post,

they held Liverpool at bay with some ease. It was at Vicarage Road in August 2017 that Klopp first unleashed Mo Salah, Roberto Firmino and Mane.

They all three scored in a 3-3 draw and bagged 105 goals in the 70 Premier League games they have been in tandem.

But apart from a first-half Salah shot that flew into the side netting, Liverpool's trio of forwards were largely anonymous yesterday.

Watford's game plan was to surrender possession and territory to the visitors in the hope they could expose them on the break.

Gerard Deulofeu thought he had done just that when he cut inside Alexander-Arnold before flashing a shot just too high.

Watford's cause wasn't helped when Deulofeu's right knee buckled after tangling with Van Dijk and the Spanish winger was carried off gulping oxygen to ease his pain.

Watford went close before the break when Alisson spilled the ball and Deeney looped a shot a fraction wide after his first effort was saved by the Liverpool keeper.

Robertson forced Hornets keeper Ben Foster into his first save early in the second half but then they were flattened by Sarr's quick-fire double.

The forward could have had his hat-trick shortly after Deeney scored but he guided his shot wide when clean through.

Monk's Owl-ing as Lawrence shines

NEVER mind the chant of, 'Wayne Rooney's Derby', this was the Tom Lawrence Show.

The Wales international had his side two up in 24 minutes, with Jason Knight adding to the Hillsborough agony with a third after just half an hour.

The pre-match hype was all focused on Rooney, with the Rams' midweek FA Cup Fifth Round match against his old side Manchester United on the horizon.

But it was Lawrence who grabbed the limelight with an up-and-at-'em style of play that caused havoc in the Wednesday defence as he took his season's tally to nine.

The Owls face Manchester City during the week but boss Garry Monk didn't care about that last night.

He said: "Forget the Manchester City game it's all about today's performance, and it wasn't good enough."

"It's the most difficulty period in my career. From a creative performance midweek to this. The momentum of the last couple of games has gone. Now,

**SHEFF W 1
DERBY 3**

By LINDSAY SUTTON

it's my responsibility to lift the team and that's my job."

Rams boss Phillip Cocu said: "It was almost a perfect half."

"We totally dominated the game, we were highly effective and a three-goal lead at half-time gives you confidence. We believe in positive football, and we showed that."

Cocu said of Lawrence: "He had luck with the deflected first goal but I encourage guys to take a shot. "We all know Tom's qualities and he's finding his balance in the team and getting himself in good positions."

Wednesday's only consolation came in the shape of Josh Windass' 74th-minute goal.

SHEFF WEBS: Dawson 6; Palmer 5, Lees 5 (Iorfa 46th 6), Bomer 5, Fox 6; Harris 5 (Wickham 39th 6), Bannan 6, Lee 5, Murphy 6; Forestieri 6, Fletcher 6 (Windass 46th 6)

DERBY: Hamer 6; Bogle 6, Wisdom 7, Clarke 6, Forsyth 6; Bird 7, Rooney 7; Knight 7 (Davies 58th 6), Waghorn 6 (Marriott 77th), Lawrence 8; Martin 7 (Shinnie 76th)

STAR MAN: Tom Lawrence
REF: D Whitestone

Thomas sees red over Vaulks let-off

THOMAS FRANK slammed referee Simon Hooper and his officials for refusing to send off Will Vaulks.

The Bluebirds midfielder escaped punishment for kneeing Christian Norgaard in the head while Brentford were 2-0 up before going on to spearhead a stunning comeback.

And the Bees coach branded the Premier League quartet as "soft" after their lack of action extended his side's winless run to five matches.

He said: "He put his knee down - he forced it down in the grass. I think there is still a hole down there."

"Neil Harris said it was a red card."

"The fourth official, the linesman were too soft - they saw it 100 per cent."

It took only five minutes for Luka Racic to calmly put the Bees ahead with his first senior goal after Henrik Dalsgaard's header fell at the feet of the defender.

And, after Junior Hoilett fouled Emiliano Marcondes on the edge of his box, Bryan

**CARDIFF 2
BRENTFORD 2**

By JAMES CANDY

Mbeumo curled a free-kick over the wall and past Alex Smithies to make it 2-0.

Vaulks should have been sent off after clattering Norgaard and his pass allowed Albert Adomah to cross for Hoilett to head home.

The turnaround was complete in the final minute of the first half after Sean Morrison flicked Vaulks' long throw on for Joe Ralls to nod the equaliser at the back post.

Hoilett looked to have won a late penalty after Ethan Pinnock tripped him and Cardiff boss Harris said: "The decisions tipped me over the edge. It makes you not want to work with refs. It's a clear-cut pen."

CARDIFF: Smithies 6; Sanderson 7, Morrison 7, Nelson 6, Bennett 5; Bacuna 5, Vaulks 9, Ralls 7 (Ward 80th); Adomah 7, Hoilett 7, Paterson 6

BRENTFORD: Raca 6; Dalsgaard 7, Racic 7, Pinnock 6, Henry 7; Norgaard 6, Dasilva 8, Marcondes 7 (Baptiste 84th) (Zamburek 90th); Benrahma 8, Mbeumo 7, Watkins 7

STAR MAN: Will Vaulks
REF: S Hooper



Bournemouth...2 Chelsea...2

Lampard's



SUCK-CESS: Jefferson Lerma celebrates his equaliser for Bournemouth



LERMA DRIVER: The Colombian heads the Cherries' leveller

By Neil Moxley

At the Vitality Stadium

FRANK LAMPARD was pleased that Marcos Alonso found the net twice to rescue a point for him.

However, he was less happy with the rest of the striking talent at his disposal.

This was another dose of the good, the bad and the ugly for the Chelsea manager who took a lead into half-time but needed a late intervention from the Spaniard to emerge with a share of the spoils.

Lampard said: "I'm very happy for Marcos but when I think my left-back is the man scoring the two goals - he also scored our last one in the Premier League - and that we have created so many opportunities, I have to question why we are not finishing them."

"We've had 23 chances, balls flashing across the face of goal, and enjoyed 73 per cent of possession - we have to stick these chances away."

"It's been a clear part of our season. I've sat here and said it a lot. We play really well, create good stuff but need to find the net."

"It's costing us in games. We go in at the break one-up then we should finish it off. We need to be more clinical at both ends."

Leading scorer Tammy Abraham has travelled abroad for a second opinion on the ankle injury which continues to confound the club's medics.

Lampard added: "Tammy's gone to Barcelona for some other eyes on it."

"I'm hoping it's not a long-term injury but at the same time I can't tell you he will be ready for Tuesday or Sunday."

Alonso found the net with that trusted left foot just after the half-hour and Olivier Giroud should have added a second but sidefooted the ball against his own ankle.

However, Bournemouth slowly got to grips with the task and Jefferson Lerma towered above the visitors' defence to power in Ryan Fraser's right-wing corner.

Then the left-side of Chelsea's defence went AWOL, Jack Stacey moving forward with menace, taking a pass from Philip Billing in his stride and producing a low centre that was missed by Callum Wilson. Strike partner Josh King was on hand to roll into an empty net.

Five minutes from time, though, Cesar Azpilicueta's ball into the box allowed Pedro to control and fire forwards only for Alonso to pick off the rebound, heading home his third in two games.

Bournemouth boss Eddie Howe said: "I've got mixed emotions. I'm happy with the point but you are craving three points. We're desperate for them."

"But we're in a better place now than we were a few weeks ago."

"Our last five performances have been stronger and we've started to create chances and score goals from open play which we weren't doing a few weeks ago."

"We've had players return from injury and that's made a huge difference."

"It's very tight but certainly I'm seeing signs that the team is in a much better place for the battle ahead."

FRANK'S FUMING AFTER HIS



BOURNEMOUTH: Ramsdale 7; Stacey 7, S Cook 6, Ake 8; Fraser 6, Billing 7, Smith 6, Lerma 7, L Cook 6, (Gosling 81st); King 6 (Stanislas 68th) 5) C Wilson 7

CHELSEA: Caballero 7; James 6, Christensen 5, Tomori 5, (Willian 64th) 5) Azpilicueta 6, Alonso 7; Jorginho 5, (Barkley 64th) 5) Kovacic 6, Mount 5; Pedro 6, Giroud 6 (Batshuayi 72nd) 5)

STAR MAN: Nathan Ake
REF: A Marriner
Bournemouth's next game: Liverpool (A), Sat
Chelsea's next game: Liverpool (H), Tue

net happy

TWO THE RESCUE: Marcos Alonso notches his second to earn a point for Chelsea



ON THE MARC: Alonso fires the Chelsea opener



BISH, BASH, JOSH: Bournemouth grab a second in three minutes through Josh King

MATCH STATS			
	B'mouth	Chelsea	
5	Shots on target	6	
3	Shots off target	12	
1	Blocked shots	5	
4	Corners	14	
8	Fouls	5	
1	Offsides	2	
2	Yellow cards	2	
0	Red cards	0	
69.3	Passing success %	87.5	
8	Tackles	17	
50	Tackles won %	52.9	
26.8	Possession %	73.2	

Boss has big Row with 'cop out' ref

GARY ROWETT accused the referee of a "cop out" after failing to award Millwall a last-gasp penalty.

Even Bristol City boss Lee Johnson admitted Andy Davies should have given an 89th-minute spot-kick when Adam Nagy's wild swing felled Jayson Molumby.

It came moments after the visitors had a penalty claim for handball by Jake Cooper waved away.

Pedro Pereira fired City into a 10th-minute lead. Matt Smith claimed Millwall's 51st-minute leveller, credited as a Tomas Kalas own goal.

Rowett said: "We put them under the cosh and just that final ball, final moment whatever it is – the referee doing his job properly – would have ended in a fair result, which is us winning the game."

"For me, Jayson gets the ball and their player hacks him down in the area and the referee said to me afterwards, 'I think they both jumped for the ball'."

"For me it is a cop out of a reason. It is not the reason. If you do

MILLWALL...! BRISTOL C...!
 By STEVE JUDGE

not give it, give me a reason why you did not give it."

Johnson said: "That's our baseline performance now. It's got to be."

"The way I picked the team was based on players who have been with us a while and understand exactly how I want to play so there were no excuses."

Pereira gave City a flying start when he drilled in Jay Dasilva's cross from 14 yards.

The hosts started the second half strongly and levelled when Connor Mahoney's corner was bundled over the line by a combination of both Smith and Kalas.

MILLWALL: Blakowski 6; Romeo 7, Hutchinson 7, Cooper 7, M Wallace 6; J Wallace 7, Molumby 8, Woods 7, Mahoney (Bennett 74th) 7; Smith (Bodvarsson 75th) 7, Bradshaw (O'Brien 85th)

BRISTOL CITY: Maenpaa 6; Pereira 6, Kalas 7, Baker 7, Dasilva 7; Andreas 7, K Smith 6, Nagy 6, O'Dowda (Eliasson 84th); Patterson (Wells 69th) 5; 6; Diedhiou 6

STAR MAN: Jayson Molumby
REF: A Davies

The good, the bad & the ugly for Mow

BRADLEY JOHNSON'S late, late show rescued Blackburn in the battle of the promotion play-off wannabes.

His 95th-minute strike – helped by a deflection off Ben Cabango – left Swansea and hero keeper Freddie Woodman, who saved a penalty, deflated.

Trailing 2-1 in injury time, it seemed Rovers had blown their chance when Sam Gallagher sent a header from six yards straight at Woodman.

A couple of minutes later, though, Johnson kept his cool when a clearance fell to him just outside the area.

It was cruel on Woodman who made a brilliant stop from former Swansea striker Danny Graham's penalty, awarded following a trip on Ben Brereton.

Rovers boss Tony Mowbray said: "It would have been nice if that had been the winner although we were trying to break the door down and we got our reward."

Gallagher ended a five-game run without a goal in the 25th

BLACKBURN.2 SWANSEA2
 By JOHN RICHARDSON

minute with a clinical finish from Ryan Nyambe's low cross.

Liverpool loanee Rhian Brewster fired a fierce effort past keeper Christian Walton from the edge of the area after 45 minutes to equalise.

Two minutes after the break Andre Ayew slotted home a penalty following a trip on Jordan Garrick to give the Swans the lead.

Graham failed from the spot and chances were spurned by Rovers before they got their equaliser.

Swans boss Steve Cooper said: "It was gut-wrenching. We should have put the game to bed. But I know my players have given their best."

BLACKBURN: Walton 6; Bennett 6, Nyambe 7, Adarabioyo 6, Bell 6; Travis 6 (Johnson 72nd) 7, Rothwell 6 (Brereton 56th) 6, Downing 6; Samuel 6 (Graham 56th) 7, Gallagher 6, Armstrong 6

SWANSEA: Woodman 7; Naughton 6, Cabango 6, Rodon 6, Bidwell 6; Fulton 7, Grimes 7; Garrick 7 (Roberts 70th) 6, Gallagher 7 (Wilmot 90th), Ayew 7; Brewster 6

STAR MAN: Andre Ayew
REF: P Bankes

STRIKERS FIRE BLANKS AGAIN

Danny will not take Karlan for Grant-ed

TERRIERS boss Danny Cowley praised Karlan Grant after he scored two well-taken goals against his former club.

Grant pounced on a dreadful defensive mistake by Deji Oshilaja to fire home the opener.

Then Steve Mounie doubled the lead, chesting the ball home seconds after coming on as a substitute.

Grant got his second after being played in by Juninho Bacuna, who claimed a superb goal of his own as he fired home from distance in added time.

The striker – who spent four-and-a-half years at The Valley before joining Town in January 2019 – now has three in two games and 16 for the season.

It leaves the Terriers 17th, five points above the relegation zone and Cowley singled out Grant for praise.

He said: “He’s always able to play 90 minutes and credit to him because he’s got a real hunger to do that.”

“Not all of our attacking players can do that physically or mentally but he can. And he got his rewards

HUDD’FLD... 4
CHARLTON... 0

By LIZ BYRNE

today which is really pleasing because of all his endeavour.”

The win was the biggest since Cowley was appointed in September and Huddersfield’s first back-to-back victories since November following Tuesday’s win over Bristol City.

Charlton boss Lee Bowyer said he learned a lot about his team who are two points above the drop zone.

He said: “You’re going to need men out there to fight for you because it’s going to be a tough run-in for everybody who is in and around it.”

“I like to think that it’s going to give them a kick up the backside.”

HUDDERSFIELD: Lossel 7; Simpson 7; Stearman 7; Schindler 7; Toffolo 8; Chalobah 7; O’Brien 7; Willock 7 (Bacuna (66th) 8) Smith Rowe 7 (Pritchard (70th) 7); Grant 8; Campbell 7 (Mounie (74th) 8)

CHARLTON: Phillips 6; Matthews 6; Pearce 5; Oshilaja 5; Dougherty 6; Cullen 7; Lapslie 5 (Hemed 82nd) McGeady 6 (Bonne (61st) 5); Oztumer 6 (Williams (45th) 7); Green 6; Taylor 6

STAR MAN: Karlan Grant

REF: G Eltringham

Rafa’s the gaffer as Tykes’ revival halted

RAFAEL CABRAL pulled off an astonishing double save to back up Mark Bowen’s claim that Reading have the best keeper in the Championship.

The Brazil star twice brilliantly denied Cauley Woodrow in the space of a couple of seconds.

And Barnsley’s great escape tunnel suffered serious roof slippage in the form of goals by Yakou Meite and George Puscas.

The Tykes had won three games on the bounce to give themselves hope of avoiding the drop.

And it might have been a different story if Woodrow had equalised on the stroke of half-time.

But his first shot was saved by Cabral who then leapt to his feet to tip away the follow-up.

Royals boss Bowen – whose own side were in danger of sliding into a relegation scrap – said: “Rafa pulled off a great save just before half-time.

“For me he’s one of the best, if not the best keeper in this league. He’s got a rich pedigree behind him, having

READING... 2
BARNSLEY... 0

By GRAHAM THOMAS

played for Brazil and he keeps us in games at vital times.

“We weren’t flowing as we normally do. But we saw it out and I’m pleased with the clean sheet.”

Barnsley manager Gerhard Struber said the efforts exerted in a 10-day spell that brought victories over Fulham, Middlesbrough and Hull had taken its toll.

“Today, the battery was low,” said the Austrian. “We were not ready for a big fight here. It was too easy for our opponent.

“We did not have the right energy for sprints or for the right moves, or the conviction that we needed.”

READING: Rafael 8; Yadom 6, Miazga 6; Morrison 7; Obita 7; Rinomhota 6; Swift 7 (Gomes 77th); Ejaria 6; Olise 6 (Masika (70th) 5); Meite 7 (McCleary (64th) 6); Puscas 8

BARNSLEY: Collins 6; Ludewig 6; Soltau 5; Halme 6; J Williams 6; Ritzmaier 5 (Bahe (56th) 6); Odior 5 (Thomas (46th) 6); Mowatt 6; Brown 7; Chaplin 6 (Schmidt (56th) 6); Woodrow 7

STAR MAN: Rafael Cabral

REF: J Simpson

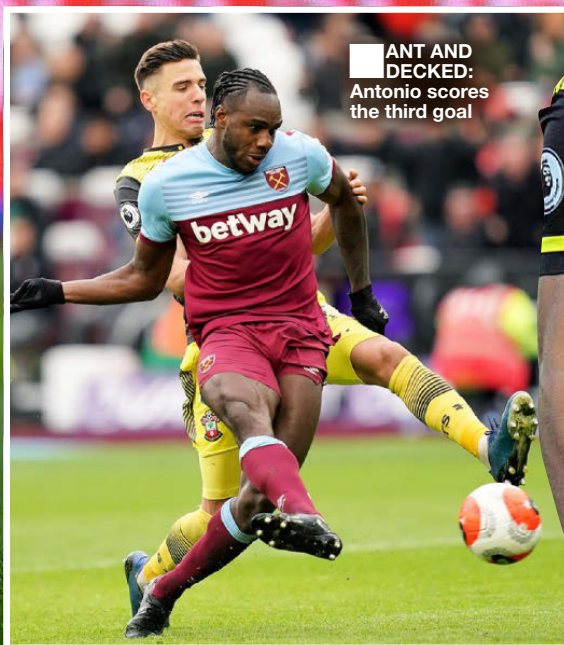


West Ham..3 Southampton..1

BOWEN



SUPER SEB:
Haller makes it 2-1 to the hosts



ANT AND DECKED:
Antonio scores the third goal

JARROD BOWEN finally won a Premier League game at the 10th time of asking and received glowing praise from West Ham boss David Moyes.

The ex-Hull hitman has been no more than a fringe contributor to the struggling Londoners’ cause since his £18million arrival in January. But yesterday Moyes finally let him off the leash – and was rewarded with Bowen marking his full debut with a beautifully taken opener.

That was the spark for this vital victory over Southampton, with further efforts from Sebastien Haller and Michail Antonio breathing new life into West Ham’s relegation scrap.

The standing ovation Bowen received from all corners of an unusually buoyant London Stadium when subbed in the 78th minute said everything about his electric display.

Little wonder Moyes was so chuffed with the

By Harry Pratt

At the London Stadium

forward, whose previous nine top-flight career appearances had all ended in defeat.

The Irons boss, with a first win in nine lifting his side out of the drop zone, said: “Jarrod scored a great goal. For his opening full debut, he did very well.

“I hope this shows I know a little bit about bringing a boy through and picking the right moment to play him.

“I don’t want him to be the one under pressure. There are games that’ll suit him and some that won’t.

“Today was always going to be his chance.

We’re trying to get a top Premier League player for the next seven years. There has to be a bit of time that goes towards his development.”

Bowen was equally thrilled with his exploits and said: “I think that’s the way it went in my dreams last night.”

Moyes’ frontline of Bowen, Haller and Antonio was brave and adventurous – and underlined that nothing less than maximum points would suffice.

Having come close to upsetting Liverpool in the Premier League last Monday, there was a new sense of optimism around the place.

That was evident as they went for Saints’ jugular from the off – a show of intent which was welcomed by the crowd.

Just like Moyes wanted – a united front on the pitch and in the stands.

That was part one his masterplan sorted.

WEST HAM: Fabianski 7; Ngakia 7, Diop 7, Ogbonna 7, Cresswell 6, Noble 7, Rice 7, Bowen 9 (Snodgrass 78th), Fornals 8 (Anderson 90th), Antonio 8, Haller 8

SO'TON: McCarthy 5; Ward-Prowse 6, Stephens 5, Bednarek 6, Bertrand 6, Boufal 6 (Ings (54th) 6), Smallbone 6 (Romeu 78th), Hojbjerg 6, Armstrong 5, Obafemi 6 (Vestergaard (68th) 6), Long 5

STAR MAN: Jarrod Bowen
REF: A Taylor
W Ham's next game: Arsenal (A), Mar 7
Southampton's next game: Newcastle (H), Mar 7

ARROWS

Moyes salutes Jarrod after goal starts Hammers rout

JARROD GEM:
Bowen scores his first goal for the Hammers

MATCH STATS			
West Ham Soton			
7	Shots on target	2	
5	Shots off target	3	
2	Blocked shots	5	
4	Corners	9	
8	Fouls	11	
0	Offsides	1	
1	Yellow cards	1	
0	Red cards	0	
58	Passing success %	75	
16	Tackles	17	
62	Tackles won %	53	
34	Possession %	66	

Now all that was required was a goal to set the place alight.

And that duly arrived in the 15th minute when Pablo Fornals put Bowen through.

A minute earlier he had been denied his first Premier League goal by a last-gasp tackle.

This time there was no stopping him as he produced a deft chip over Saints keeper Alex McCarthy.

With the worst home record in the top flight and having binned a whopping 22 points from winning positions this season, the Hammers could not relax.

In the 31st minute we saw why when Southampton equalised with their first attack of the afternoon through Sofiane Boufal.

Credit to the West Ham for not letting their heads drop and five minutes before half-time they regained the lead. Haller won a bouncing

ball and when Antonio sent a looping cross to the far post, the Frenchman was there to beat flapping McCarthy to it and end his nine-game goal drought from the acutest angle.

The Saints brought on top scorer Danny Ings in an effort to rescue the situation but before he could have any impact the Hammers established a crucial two-goal cushion.

Fornals claimed his second assist with a clever pass for Antonio, who with just the keeper to beat grabbed his second goal of the season.

In contrast to Moyes, the mood of Saints boss Ralph Hasenhuttl afterwards was suitably gloomy.

"The three goals we conceded were a joke," said the Austrian. "Any of my players who think we're already safe have a problem. We need more than 34 points."

TAKE A BOW:
Bowen celebrates his strike

O'Neill not mad as Hatters grab point

MICHAEL O'NEILL refused to slam his Stoke players after they squandered the chance to put the boot into one of their relegation rivals.

The Potters had looked like they were strolling to victory as soon as Sam Vokes had nudged them in front on nine minutes.

Yet Stoke somehow managed to concede a mad last-minute penalty, coolly converted by Luton skipper James Collins.

Defeat for the lowly Hatters would have put the skids under their recent mini-revival.

Yet it will be Stoke who are staring down the barrel again if Middlesbrough beat Nottingham Forest tomorrow night.

Fourth-bottom Stoke clawed their way out of the drop zone for the first time on Boxing Day but suddenly look vulnerable again.

O'Neill said: "It's a bit harsh on the lads to say we threw it away. It was a very soft penalty, if it's a penalty at all."

"For the third game in a week, with two back-to-back away games, we played really

LUTON STOKES
By GEOFF KNOX

well. In the first half we created more chances than the one goal we scored.

"In the second half we expected the home team to come out and put pressure on us, which they did, but I thought we defended really well.

"So to lose the two points as we did was disappointing, but it would be wrong to say we threw it away."

Luton boss

Graeme Jones said: "We were treading in quicksand for long parts of the game, it looked like it was going to be one of those days.

"But I never give up – not with these lads. A point keeps our momentum going."

LUTON: Sluga 7; Cranie 6, Pearson 6, Carter-Vickers 7, Potts 6 (McManaman (73rd) 7); Tunnicliffe 6, Rea 6 (Moncur (58th) 7); Cornick 5, Brown 5 (Bolton (66th) 6), Mpanzu 5; Collins 6
STOKE: Butland 5; Smith 7, Bath 7, Chester 6, Indi 7; Allen 8, Cousins 6; Ince 6 (Collins 85th), Lucas 7, Powell 6 (Thompson (75th) 6); Vokes 6 (Gregory (72nd) 6)

STAR MAN: Joe Allen
REF: A Woolmer

Hogan shows he's Scott the right stuff

PEP CLOTET insists he will be doing everything he can to bring Scott Hogan to St Andrew's on a permanent basis.

The striker netted twice for Birmingham in their 2-2 draw at Loftus Road to take his tally to six goals in seven games since joining on loan from bitter rivals Aston Villa.

And Clotet is hoping a deal can be struck.

The Blues boss said: "We're very happy with him. For how we play he's entirely what we want.

"The whole team is slowly learning about him and he's learning about them.

"His movement is sharp, he's dangerous and he's a big threat in the final third.

"If he's with us next season it would be very positive for everyone."

It could have been even better for the visitors late on but penalty claims were waved away when Hogan stayed on his feet after being fouled.

"A penalty is a penalty," said Clotet.

"If someone punches someone and doesn't knock him out is it not a penalty? We're

QPR BIRMINGHAM
By TOM HARVEY

encouraging people to dive."

Hogan's display was no surprise to Mark Warburton, the QPR boss who signed him for Brentford in 2014.

He said: "Scott's a talented, dangerous player who has two good feet and is aerially strong."

Birmingham led 1-0 when Hogan lobbed Rangers keeper Liam Kelly in the 24th minute.

But two goals in four minutes at the start of the second half – from Marc Pugh and Jordan Hugill – put the hosts in front.

Hogan then grabbed his second in the 81st to extend Birmingham's unbeaten run to 13 games, nodding home from close range at a corner.

QPR: Kelly 7; Rangel 6, Masterson 6, Barbet 6; Manning 6; Cameron 5, Ball 6; Osayi-Samuel 8, Eze 7, Pugh 6 (Chair (74th) 5); Hugill 7

BIRMINGHAM: Camp 6; Colin 7, Roberts 6, Dean 6, Pedersen 5; Bela 5 (Montero (73rd) 5), Gardner 5, Sunjic 6, Crowley 7 (Kieftenbeld 83rd); Jutkiewicz 5, Hogan 8

STAR MAN: Bright Osayi-Samuel
REF: J Linington

Rhys strike halts Millers' march

LEADERS **Rotherham** were held to a shock 1-1 home draw by **MK Dons**.

Freddie Ladapo's 14th league goal of the season in the 10th minute put the Millers on course.

But they were denied following Rhys Healey's 22nd-minute equaliser for the Dons, who are without a win in 15 away matches.

Fourth-placed **Wycombe** lost 3-1 at **Doncaster**.

Niall Ennis opened the scoring, Adebayo Akinfenwa levelled but Kieran Sadlier and a late Jason McCarthy own goal left Rovers six points off the play-offs.

Oxford moved into sixth place with a late 2-1 triumph over struggling **Southend**.

James Henry scored twice with Lewis Gard on target for the Shrimpers.

Peterborough remained seventh after drawing 1-1 at **Burton** with goals by Mo



Eisa and John Brayford cancelling each other out.

Ipswich failed to make up ground in the play-off race after Joe Nuttall's late strike gave **Blackpool** a 2-1 win.

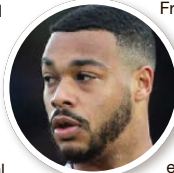
Kiernan Dewsbury-Hall fired the Tangerines into a 26th-minute lead only for Freddie Sears to level.

But Nuttall (left) headed in the winner late in added time.

Gillingham saw their 15-match unbeaten run ended as Callum Reilly's late goal sealed

AFC Wimbledon a 2-1 win. Regan Charles-Cook looked to have saved the Gills in the 87th minute, cancelling out Joe Pigott's effort.

Daniel Udoh scored the winner as **Shrewsbury** beat **Bristol Rovers** 1-0 while bottom-placed **Bolton** held **Accrington** 0-0.



Crewe derailed by Wildig equaliser

PROMOTION hopefuls **CREWE** missed the chance to go top as they were held to a 1-1 draw by struggling **Morecambe**.

Leaders **Swindon** saw their game at **Mansfield** postponed due to a waterlogged pitch but Crewe but were unable to take advantage.

Perry Ng opened

Alex's account just after half-time but Aaron Wildig levelled in the 68th minute.

Brennan

Dickenson's late goal gave **Exeter**

a 1-1 draw with **Crawley** to keep

them third after Ashley

Nadesan opened the scoring.

Alfie May and Chris Hussey

notched in a 2-0 win for **Cheltenham** over

Colchester.

Plymouth Argyle finished

with nine men in a 2-1 defeat

at Bradford. Gary Sawyer was

sent off in the first half with

Antoni Sarcevic seeing red in

the second. Ben Richards-



Everton and Dylan Connolly grabbed City's goals, Ryan Hardie fired a consolation.

Goals from Callum Morton (2) and Charlie Goode kept boss Keith Curle (below) happy as **Northampton** won 3-0 at **Grimsby**.

Port Vale were held 2-2 at home by **Scunthorpe**.

Mark Cullen and Nathan Smith were on target for the hosts before Alex Gilliead and George Miller levelled.

Danny Rowe hit two in a 5-0 victory for **Oldham** over **Newport**. Zak Dearnley, Tom Hamer and Johnny Smith

also scored. **Macclesfield** lost 2-0 at home to **Salford** while **Carlisle** ended a

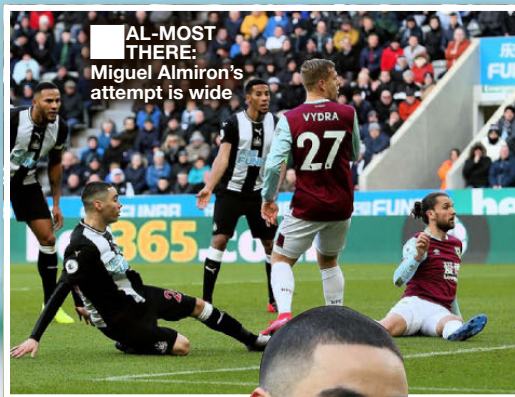
five-match winless run by beating **Cambridge** 2-1. The Forest Green v Leyton Orient

and Stevenage v Walsall games were called off.

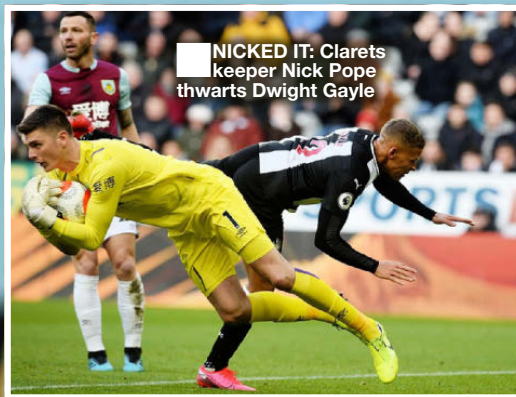


Newcastle...0 Burnley....0

Squeaky



AL-MOST THERE: Miguel Almiron's attempt is wide



NICKED IT: Clarets keeper Nick Pope thwarts Dwight Gayle



TOON AND OUT: Almiron looks rueful after his miss

MATCH STATS

Newcastle Burnley

4	Shots on target	1
6	Shots off target	4
11	Blocked shots	3
11	Corners	7
11	Fouls	9
2	Offsides	2
4	Yellow cards	3
0	Red cards	0
67	Passing success %	66
19	Tackles	13
53	Tackles won %	62
54	Possession %	46

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NEWCASTLE: Dubravka 7; Manquillo 7; Lascelles 7; Fernandez 6; Rose 6; Ritchie 6; Hayden 5; Shelvey 6; Almiron 7; Joelinton 6 (Saint-Maximin 78th), Gayle 6
BURNLEY: Pope 7; Bardsley 6; Tarkowski

7; Mee 7; Taylor 7; Hendrick 6; Cork 6; Westwood 5; McNeil 5; Rodriguez 5; Vydra 5 (Wood (58th) 6)
STAR MAN: Miguel Almiron
REF: A Madley

Newcastle's next game: West Brom (A), Tues
Burnley's next game: Tottenham (H), Mar 7

bum Tyme

FOUR GAMES WITHOUT A GOAL... AND FRUSTRATION GETS TO BRUCE

STEVE BRUCE has admitted he "can't defend" Newcastle's lack of goals – as they racked up six hours without scoring.

Grim times again at St James' Park, but actually not as bad as other recent performances.

This was their fourth game in a row firing blanks and the boos rang out as the final whistle was blown.

The last time they went through a goal drought this bad – four years ago – the Toon were relegated.

Burnley on the other hand have kept a remarkable 11 clean sheets this season. "Goals? It is our Achilles heel," said Bruce. "I can't sit here and defend it. That is what we are."

A run of grinding, if slightly fortunate, wins before Christmas should mean Newcastle survive this time.

But nothing is yet guaranteed and Bruce knows one win in the last 10 league games is not good enough.

Newcastle have failed to score in five of their last six outings with only League One Oxford providing FA Cup relief.

Bruce added: "The Premier League is so difficult. I am still quietly confident.

"Ten games left, five here. The fans are on board with the cup too."

There was a strange context to these miserable figures and a valuable point against resilient, tough Burnley who are having another impressive season.

Bruce's men, refreshed by Dwight Gayle recalled up front and Miguel Almiron busting a gut in the No.10 role, had 21 shots.

But just four were on target and Clarets keeper Nick Pope did not have to make a proper save. Neither did Martin Dubravka at the other end.

Bruce said: "I was pleased with some aspects. The clean sheet, the defensive stability after changing formation. We have had four more attempts than in past games.

"Bits pleased me but there is room for improvement. We changed shape, we were more of a threat and looked more like scoring. We had 21 attempts. We

By Simon Bird

At St James' Park

have to take one. We must keep bashing away and hope it improves.

"Joelinton looked comfortable. Being in a wide position suits him and I was pleased with Dwight too. He gave us a threat. Almiron's best position is off the front and he did okay as well."

Crowd favourite Allan Saint-Maximin was kept back until the last 12 minutes after suffering a sore hamstring in training this week.

The crowd had chanted for his early introduction but Bruce said his omission was an "easy decision" and he will be fit for the FA Cup Fifth Round against West Brom on Tuesday.

Burnley have kept four clean sheets in five games in the league and boss Sean Dyche felt a "healthy frustration".

He said: "We didn't get to grips with the game offensively.

"But that is now 11 clean sheets for the season and that always gives you something to build on.

"Newcastle have now only lost three times at home.

"We thought we could win it but it is not that easy.

"It is a healthy frustration, 38 points with ten to go.

"There was no real zip to it. We never found the quality but we defended well."

Bruce executed a major shake-up of his starting XI. Gayle lived up the frontline and had chances.

There were chants of "attack, attack, attack" but the ball just won't go in the net for the home side.

And that is a huge issue for Bruce.

MATT LE BLANK: Matt Ritchie's agony as another chance goes missing

Scots corner



SCOTTISH CUP SIXTH ROUND

HEARTS (O).....1 RANGERS (O).....0

Bozanic 58 Att: 11,428

ST MIRREN (L).....L ABERDEEN (L).....L

CHAMPIONSHIP

ALLOA (O).....0 AYR (I).....2

Drinan 9, Forrest 82 Att: 915

DUNFERMLINE (I).....2 DUNDEE UTD (O).....0

Nisbet 26 Att: 6,261

Q OF SOUTH (O).....0 MORTON (2).....4

Tumilty 25 Nesbitt 44, Cadden 77

McGuffie 88 Att: 1,116

	P	W	D	L	F	A	Pts	Top scorers:
Dundee Utd.....	26	18	3	5	51	21	57	24: Shankland (Dundee Utd),
Inverness CT.....	24	12	3	9	33	27	39	18: Nisbet (Dunfermline),
Ayr.....	24	12	2	10	38	33	38	10: Forrest (Ayr), O'Hara (Alloa), 9: Hemmings (Dundee), 8: Dobble (Queen of South).
Dundee.....	24	10	6	8	30	31	36	
Morton.....	26	10	5	11	42	48	35	
Dunfermline.....	25	10	4	11	39	34	34	
Arbroath.....	24	10	4	10	23	25	34	
Alloa.....	26	6	9	11	31	43	27	
Q of South.....	25	7	5	13	26	36	26	
Partick.....	24	6	5	13	30	45	23	

LEAGUE ONE

CLYDE (2).....3 FALKIRK (I).....2

Lamont 3 Telfer 45 (pen)

Goodwillie 43 (pen), 53 Longridge 90

Att: 1,784

DUMBARTON (O).....1 RAITH (O).....0

Carswell 90 Att: 804

FORFAR (O).....0 EAST FIFE (I).....1

Att: 644 Denholm 1

MONTROSE (I).....1 AIRDRIEONIANS (O).....0

Webster 25 (pen) Att: 766

	P	W	D	L	F	A	Pts	Top scorers:
Raith.....	26	14	7	5	46	31	49	Goodwillie (Clyde), 16: McManus (Falkirk), 11: Gallagher (Airdrieonians), Carrick (Airdrieonians), 9: Agnew (East Fife), Webster (Montrose), Gullan (Raith).
Falkirk.....	26	13	9	4	50	17	48	
Airdrieonians.....	27	13	6	8	37	27	45	
East Fife.....	27	12	9	6	44	35	45	
Montrose.....	25	13	2	10	42	35	41	
Dumbarton.....	26	10	5	11	33	42	35	
Clyde.....	26	7	7	12	31	42	28	
Peterhead.....	26	7	5	14	30	41	26	
Forfar.....	26	6	6	14	25	43	24	
Stranraer.....	25	2	10	13	27	52	16	

LEAGUE TWO

ALBION (I).....1 ELGIN (2).....2

Scally 3 Omar 2, Hester 6

Att: 283

BRECHIN (O).....0 STIRLING (O).....2

Bikey 54, Creaney 84

Att: 433

COWDENBEATH (I).....1 EDINBURGH CITY (O).....1

Renton 38 Laird 80

Att: 302

QUEEN'S PARK (2).....2 A ATHLETIC (O).....0

MacLean 19 Att: 734

Kouider-Aisser 27 (pen)

STENHOUSEMUIR (O).....0 COVE RANGERS (2).....3

Meggison 33, 50 (pen)

McAllister 42 Att: 596

	P	W	D	L	F	A	Pts	Top scorers:
Cove Rangers.....	26	20	2	4	66	31	62	20: Meggison (Cove)
Edinburgh C.....	26	16	4	6	46	28	52	Rangers), 15: Sutherland (Elgin), 13: Kouider-Aisser (Queen's Park), 12: Masson (Cove)
Queen's Park.....	27	11	6	10	37	35	39	Rangers), 11: Byrne (Albion).
Elgin.....	26	10	7	9	42	31	37	
Cowdenbeath.....	24	11	4	9	33	31	37	
Stirling.....	25	10	5	10	32	25	35	
Annan Athletic.....	26	9	3	14	33	54	30	
Stenhousemuir.....	26	7	6	13	32	48	27	
Albion.....	24	6	6	12	36	46	24	
Brechin.....	26	4	5	17	29	57	17	

Highland League: Buckie Thistle 0 Inverurie Loco Works 0.
Postponed: Brora v Formartine United, Forres Mechanics v Fraserburgh, Fort William v Huntly, Wick Academy v Strathspey Thistle. **Lowland League:** East Kilbride 2, Gala Caledonian Braves 3, Edinburgh Univ 2 East Stirling 1, Gala Fairdean 4 Civil Service Strollers 0, Kelly Hearts 3 Bonnyrigg Rose 2, Stirling University 1 Gretna 2008 0.
Postponed: Dalbeattie Star v Berwick.

Kamara happy but Parker isn't looking too far

FULHAM boss Scott Parker insisted he is not trying to work out how his team can catch Championship top two West Brom and Leeds.

But he certainly believes his players have the mental strength needed to last the pace in the race for promotion.

Four days after a last-gasp 1-0 win over Swansea, his Fulham side were second-best for the first hour against a bold Preston side.

But then ex-England forward David Nugent headed a farcical own goal to give the Cottagers the lead.

And Aboubakar Kamara broke away in injury time to settle it.

"West Brom and Leeds have been the most consistent, they are two very good teams," said Parker, whose third-placed side are five points behind United.

"We have them both to play but we have to concentrate first on Bristol City next week.

"My players looked tired but we have a bit of belief about ourselves."

Preston boss Alex Neil was fuming that referee David Webb didn't send



FUL STEAM AHEAD: Kamara & Hector

FULHAM 2
PRESTON 0
By NICK SZCZEPANIK

off winger Anthony Knockaert after he appeared to flick a hand into the face of Darnell Fisher.

"I don't think there was any question that it was a red card," said Neil.

"The fourth official said to us, 'Well he's a lenient referee'. I said, 'Well that's really good, thanks very much for that.'"

FULHAM: Rodak 6; Odol 6; Hector 7; Ream 6; Bryan 6 (Christie 9th) 8; Cairney 8; Arter 6 (McDonald 90th); Knockaert 6 (Kamara 78th); Reid 6; Cavaleiro 6; Mitrovic 5

PRESTON: Rudd 6; Fisher 6; Bauer 7; Davies 7; Hughes 6; Brown 7; Johnson 7; Barkhuizen 6; Potts 7 (Harrop 84th); Maguire 6 (Sinclair 72nd) 6; Nugent 5 (Stockley 67th) 6

STAR MAN: Cyrus Christie
REF: D Webb

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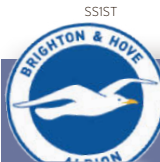
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Brighton...0 C Palace...

Strop star

PANTO VILLAIN: Zaha was booed by the home fans



AYEW GIVES ZAHA LAST

WILFRIED ZAHA had the last laugh after a feisty clash in which Brighton fans sang, 'You're going to cry in a minute' - but ended up weeping themselves.

The plummeting Seagulls are still waiting for their first win of 2020 as Jordan Ayew's goal saw them crash to their fierce rivals.

His 71st-minute strike on the break sealed a smash-and-grab raid by the Eagles after a feisty game in which Zaha wound up the home supporters and survived accusations he spat towards them.

Ironically, in a pre-match interview the winger had claimed he was fed up of being billed as a pantomime villain.

But he did himself no favours as he allowed the home crowd to wind him up in spectacular fashion. The flashpoint came when he was ruled offside and cupped his hands to his ears as abuse rained down from the stands.

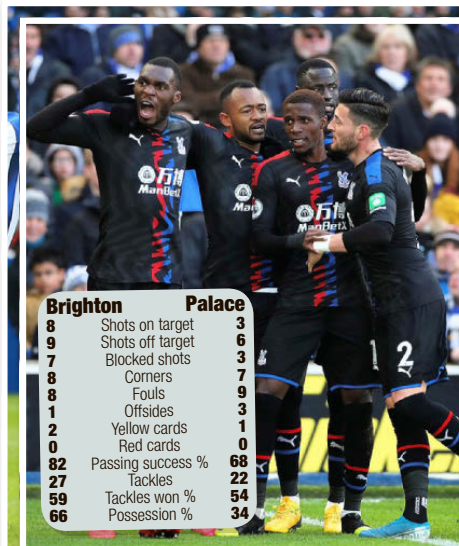
Albion substitute Ezequiel Schelotto, warming up on the touchline, then kicked the ball away - and the pair had to be separated as Zaha reacted angrily.

From then on his every touch was booed and Schelotto, who was booked for his part in the incident, wiped his eyes mockingly as the crowd chanted at the Palace ace, 'You're going to cry in a minute'.

There were even suggestions on social media that he spat towards fans - but replays showed it was at the floor rather than in anyone's direction.

Manager Roy Hodgson was quick to play down the incident.

"I made nothing of it," he said.



Brighton	Palace
8	3
9	6
7	3
8	7
8	9
1	1
2	3
0	0
82	68
27	22
59	54
66	34

By Chris Hatherall

At The Amex

"I'm just glad Wilf didn't lose his head. If that's the worst thing that is going to happen in a derby then we've done quite well.

"Both sides gave their all in a very fair way."

Brighton - without a win since December - are slipping towards the relegation zone.

But boss Graham Potter said: "I

didn't think it was a bad performance, we didn't deserve to lose. I am confident we can stay up.

"I believe in the players and what we are trying to do."

Nearly 50 miles separate The Amex and Selhurst Park but nobody can deny the intensity of their rivalry.

Brighton's Solly March missed the best opportunity of the opening half in the 35th minute, firing into the side netting after Leandro Trossard's cross-field pass.

The Seagulls were made to pay when, in a rare break, Christian Benteke set Ayew through on goal



LAUGH



JORDAN SPARKS:
Ayew slots
the winner
and (left)
celebrates

with a delightful pass and he finished calmly past Mat Ryan.

The result could have been worse for Brighton if Zaha had not hit the post and then blazed an opportunity over the bar.

BRIGHTON: Ryan 6; Montoya 6 (Jahanbakhsh 76th), Webster 6, Dunk 7, Burn 7; Bissouma 6 (Alzate 82nd), Propper 7, Mooy 6; March 6 (Murray (66th) 6), Maupay 7, Trossard 7.
CRYSTAL PALACE: Guaita 7; Ward 7, Dann 7, Cahill 8, van Aanholt 7; McCarthy 6 (McCarthy 6 (Riedwald 46th) 6), Kouyate 6; Zaha 6, Ayew 6, Benteke 6 (Tosun 87th).
STAR MAN: Gary Cahill
REF: M Atkinson
Brighton's next game: Wolves (A), Mar 7
Palace's next game: Watford (H), Mar 7



WBA..0 Wigan..1



SHOCK LIKE AN EGYPTIAN:
Sam Morsy is mobbed after his winner

W Brom	Wigan
3	5
4	4
2	4
6	7
10	6
2	1
2	1
0	0
71	73
18	19
50	74
48	82

SLAVEN BILIC urged his table-toppers not to doubt themselves after a shock defeat saw Leeds move to within a point.

Latics climbed out of the bottom three with a deserved victory thanks to skipper Sam Morsy's late winner.

The visitors also hit the post in the first half and blew a late chance to make it more comfortable.

Albion were surprisingly lacklustre as star Brazilian midfielder Matheus Pereira was well shackled.

This fifth defeat this term prevented the Championship leaders from moving four points clear of Leeds, who won at lunchtime.

Boss Bilic said: "We weren't good enough, we looked tired and were without a spark. We were second best, we didn't manage the ball well.

"But we have to get back on the training ground with smiles and a big determination to learn from these mistakes.

"They can't start doubting themselves - we have been in good form. It's easy to say we didn't take the game seriously enough but we did.

"It was a great opportunity for us, you have to win these types of games."

Wigan's victory was their third on the spin to give their hopes of beating the drop a huge boost. And manager Paul Cook said: "I have seen West Brom quite a few times here and no one gets out alive usually.

"We can have a sense of achievement but we have achieved nothing. We have to make sure

By James Nursey

At The Hawthorns

we don't drop back into that bottom three. There is no magic formula, it is repetition and belief and confidence when you do things well. We have had so much criticism levelled at us."

Wigan nearly opened the scoring in the eighth minute when Sam Johnstone saved a low shot from Morsy and Kieffer Moore's follow-up.

Albion had a great chance to take the lead in the 13th minute but keeper David Marshall was alert to the threat from Pereira.

After the break Cook's men continued to dominate possession in an impressive display belying their lowly position.

And they finally took the lead in the 73rd minute when Egypt international Morsy lashed in a right-foot half-volley after a corner ricocheted around the box.

Hal Robson-Kanu failed to beat Marshall with two headers and Jamal Lowe was denied by Johnstone in stoppage time.

WEST BROM: Johnstone 6; O'Shea 6, Ajayi 7, Hegazi 6 (Bartley (43rd) 6), Townsend 6; Harper 6 (Phillips (55th) 6), Livermore 7; Pereira 6, Krovinovic 6, Robinson 6 (Grosicki (61st) 6); Robson-Kanu 7.
WIGAN: Marshall 7; Byrne 7, Kipre 7, Balogun 6 (Naismith (67th) 6), Pearce 7; Morsy 8, Williams 8; Lowe 6, Roberts 7 (Evans 80th), Massey 6 (Jacobs (57th) 6); Moore 7.
STAR MAN: Sam Morsy
REF: T Harrington

BIG WIG

Sam stuns leaders

This week's football

Carabao Cup Final Aston Villa v Man City (4.30pm).....	Scottish Premiership: Kilmarnock v Aberdeen, Livingston v Celtic, Motherwell v Ross C, Rangers v Hamilton, St Mirren v St J's Stone. Ch'ship: Arbroath v Dunfermline.
Premier League Everton v Man Utd (2pm).....	League Two: Brechin v Annan Ahi.
Tottenham v Wolverhampton (2pm).....	THURSDAY
Coventry v Sunderland (12pm).....	The Emirates FA Cup 5th Round
William Hill Scottish Cup Sixth Round St Johnstone v Celtic (7.45pm unless stated)	FRIDAY
TOMORROW FA Cup 5th Round Portsmouth v Arsenal.....	SATURDAY
Sky Bet Championship Middlesbrough v Nottm Forest.....	Premier League Arsenal v West Ham.....
TUESDAY The Emirates FA Cup 5th Round Reading v Sheffield Utd (8pm).....	Burnley v Tottenham Hotspur (5.30pm).....
Sky Bet League One West Brom v Newcastle (8pm).....	Crystal Palace v Watford.....
Leeds v Huddersfield (8pm).....	Liverpool v AFC Bournemouth (12.30pm).....
League Two: Exeter v Crewe, Plymouth v Grimsby, Swindon v Scunthorpe.	Sheff Utd v Norwich.....
Scottish Premiership: Hibernian v Hearts. Ch'ship: Ayr v Dundee Utd, Dundee v Alloa, Inverness CT v Morton, Partick v On of South. League One: Clyde v Montrose, Dumbarton v Forfar, Raith v Falkirk. League Two: Cowdenbeath v Albion, Stirling v Stenhousemuir.	Southampton v Newcastle.....
Vanarama National Lge: Barnet v Boreham W, Chesterfield v Harrogate Tn, Chorley v Eastleigh, FC Halifax v Sutton Utd, Solihull M v Hartlepool, AFC Fylde v Notts County	Sky Bet Ch'ship: Barnsley v Cardiff, Birmingham v Reading, Brentford v Sheff Wed, Bristol City v Fulham (12.30), Charlton v M'boro, Leeds v Huddersfield, Preston v QPR, Stoke v Hull, Swansea v West Brom, Wigan v Luton. League One: AFC W'don v Bolton, Accrington v Tranmere, Fleetwood v Blackpool, Ipswich v Coventry, Lincoln City v Burton A, MK Dons v Doncaster, P'boro v Portsmouth, Rochdale v Rotherham, Shrewsbury v Oxford Utd, Southend v Bristol Rvrs, Sunderland v Gillingham. League Two: Carlisle v Colchester, Cheltenham v Port Vale, Crawley v Oldham, Crewe v Stevenage, Leyton Orient v Cambridge Utd, Newport County v Morecambe, N'thampton v Mansfield, Plymouth v Macclesfield, Salford City v Bradford, St'horpe v Grimsby (1pm), Swindon v Forest Gn, Walsall v Exeter.
WEDNESDAY FA Cup 5th Round Leicester v Birmingham.....	
Sheff Wed v Man City.....	
Tottenham Hotspur v Norwich.....	

Pools guide

-(KO 3pm unless stated)	
PREMIER LEAGUE	
1 LWWDWW.....	Arsenal 1 West Ham.....LWLLLL
2 LWLWdW.....	Burnley 2 Tottenham Hotspur.....LdDdWL (5.30)
3 WWDdLW.....	Chelsea 1 Everton.....WLLDdWL
4 WDLdLW.....	Crystal Palace X Watford.....DWLDDdL
5 WWWWWW.....	Liverpool 1 AFC Bournemouth.....WLLLLL (12.30)
6 LWLdW.....	Man Utd 2 Man City.....LWWWWLW
7 DWLWd.....	Sheff Utd 1 Norwich.....WLLWdL
8 WWDdLW.....	Southampton X Newcastle.....DDdLdL
9 dDLdWW.....	Wolverhampton X Brighton.....DLdLdL
MATCHES NOT ON THE POOLS: Leicester v Aston Villa (Monday 8pm)	
SKY BET CHAMPIONSHIP	
10 DWLdLW.....	Barnsley 2 Cardiff.....WDDWWL
11 WDWDd.....	Birmingham X Reading.....LDDdWL
12 WLLWd.....	Brentford 1 Sheff Wed.....WLLdLdL
13 LDWLW.....	Bristol City 2 Fulham.....WdLWdL (12.30)
14 LDdLW.....	Charlton X Middlesbrough.....WLLdL
15 WWWWD.....	Derby 1 Blackburn.....LdLWdW (Playing Sunday, 3pm)
16 DLWLW.....	Leeds 1 Huddersfield.....LLWdL
17 WWDdLd.....	Nottm Forest X Millwall.....DdLWdL (Playing Friday, 7.45pm)
18 LWLdLW.....	Preston North End 1 QPR.....LdLdLd
19 WdWLW.....	Stoke X Hull.....WLLdL
20 dWLdW.....	Swansea 2 West Brom.....DWLWWW
21 DLWdW.....	Wigan X Luton.....LdLdLW
SKY BET LEAGUE ONE	
22 LLLWdL.....	Accrington Stanley 1 Tranmere.....LdLdLW
23 DWLdLd.....	AFC Wimbledon X Bolton.....LdLdLd
24 DdLWdW.....	Fleetwood Town 2 Blackpool.....DLdLdL
25 dLWLW.....	Ipswich 1 Coventry.....WdWdWdW
26 WLLdL.....	Lincoln City X Burton Albion.....LdLdLW
27 WLLWdW.....	Milton Keynes Dons 2 Doncaster.....WdLdLW
28 LdWdW.....	Peterborough X Portsmouth.....WWWdLdL
29 LDWdW.....	Rochdale 2 Rotherham.....WLLWdW
30 WLLWdL.....	Shrewsbury 1 Oxford Utd.....LdLdLW
31 dLWLdL.....	Southend X Bristol Rovers.....LdLdL
32 WdWLW.....	Sunderland 1 Gillingham.....dLdLWdL (1.00)
SKY BET LEAGUE TWO	
33 LWLdL.....	Carlisle 2 Colchester.....dLdLW
34 WWWWW.....	Cheltenham X Port Vale.....WLLWdW
35 DWWdW.....	Crawley Town 2 Oldham.....DdLdLdL
36 LWWWW.....	Crewe X Stevenage.....WLLdLdL
37 DWLWd.....	Leyton Orient 1 Cambridge Utd.....LdLdLW
38 WLLdW.....	Newport County X Morecambe.....LdLdLdL
39 WdWLW.....	Northampton 2 Mansfield.....WLLdLdL
40 LDWdW.....	Plymouth 1 Macclesfield.....DLdLdL
41 LWdLdL.....	Salford City X Bradford.....LdLdLdL
42 WdWLW.....	Scunthorpe X Grimsby.....WdLdWdL (1.00)
43 WdWWWW.....	Swindon 2 Forest Green.....DWLdLdL
MATCHES NOT ON THE POOLS: Walsall v Exeter	
LADBROKES SCOTTISH PREMIERSHIP	
44 WLLdL.....	Aberdeen 1 Hibernian.....LdLdLW
45 WLLWW.....	Celtic 1 St Mirren.....LdLdLdL
46 WLLdL.....	Hamilton 1 Kilmarnock.....LdLdLdL
47 LDWLdL.....	Hearts X Motherwell.....WLLdLdL
48 WLLdW.....	Rangers 2 Ross County.....WLLdLdL (Playing Sunday, 12pm)
49 WLLdW.....	St Johnstone X Livingston.....LWLLdL
TREBLE CHANCE: Crystal Palace, Southampton, Charlton, Stoke, AFC Wimbledon, Peterborough, Cheltenham, Newport County, Scunthorpe, Hearts.	
TEN HOMES: Arsenal, Liverpool, Brentford, Preston North End, Accrington Stanley, Ipswich, Sunderland, Leyton Orient, Plymouth, Hamilton.	
SIX AWAYS: Tottenham Hotspur, Cardiff, West Brom, Rotherham, Forest Green, Rangers.	

Turn to Page 12 for this weekend's 1-2-X check

Sport in short

CRICKET ICC WOMENS WORLD TWENTY20 - Group A - Sri Lanka v India (Melbourne): Sri Lanka 113-9 (20.0 overs); R P Yadav 4-23. India 116-3 (14.4 overs). India (2pts) beat Sri Lanka by 7 wickets. Group A - New Zealand v Bangladesh (Melbourne): New Zealand 91 (18.2 overs); Ritu Moni 4-18. Bangladesh 74 (19.5 overs). New Zealand (2pts) beat Bangladesh by 17 runs. FIRST ONE DAY INTERNATIONAL South Africa v Australia (Paarl): South Africa 291-7 (50.0 overs); H Klaasen 123no, D A Miller 64. Australia 217 (45.1 overs); S P D Smith 76. South Africa beat Australia by 74 runs. SECOND TEST MATCH - India v New Zealand (Christchurch): India 242 (63.0 overs); G H Vihari 55, C A Pujara 54, P P Shaw 54; K A Jamieson 5-45. New Zealand 63-0 (23.0 overs).	RUGBY UNION Gallagher Premiership HARLEQUINS.....34 EXETER.....30 LEICESTER.....14 WORCESTER.....8 NORTHPTON.....21 SARACENS.....27 P W D L B F A Pts Exeter.....12 8 0 4 8 333 210 40 Sale.....12 7 0 5 7 295 190 35 Northampton.....12 6 0 6 7 287 301 31 Bristol.....11 6 1 4 4 242 236 30 Bath.....11 7 0 4 1 208 217 29 Harlequins.....12 5 1 6 6 270 309 28 Lon Irish.....11 5 1 5 5 229 275 27 Gloucester.....12 4 0 8 9 246 243 25 Worcest.....12 4 0 8 9 192 285 21 Worcest.....12 4 0 7 2 194 278 20 Leicester.....12 4 0 7 2 194 278 20 Saracens.....12 8 0 4 6 314 250 47 * Saracens deducted 105 points for breach of the salary cap, breach of salary cap Greene King IPA Championship BEDFORD.....29 DONCASTER.....5 JERSEY REDS.....3 NEWCASTLE.....38
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Premier League

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sky bet LEAGUE ONE

sky bet LEAGUE TWO

Team	P	W	D	L	F	A	GD	Pts
Liverpool.....	28	26	1	1	64	20	44	79
Man City.....	27	18	3	6	68	29	39	57
Leicester.....	28	15	5	8	54	28	26	50
Chelsea.....	28	13	6	9	47	39	8	45
Man Utd.....	27	11	8	8	41	29	12	41
Tottenham.....	27	11	7	9	44	36	8	40
Sheff Utd.....	27	10	10	7	29	25	4	40
Wolves.....	27	9	12	6	38	32	6	39
Burnley.....	28	11	5	12	33	39	-6	38
Arsenal.....	27	8	13	6	39	36	3	37
Everton.....	27	10	6	11	36	41	-5	36
Crystal Palace.....	28	9	9	10	25	32	-7	36
Southampton.....	28	10	4	14	35	51	-16	34
Newcastle.....	28	8	8	12	24	41	-17	32
Brighton.....	28	6	10	12	32	40	-8	28
West Ham.....	28	7	6	15	35	49	-14	27
Watford.....	28	6	9	13	27	43	-16	27
Bournemouth.....	28	7	6	15	28	45	-17	27
Aston Villa.....	27	7	4	16	34	52	-18	25
Norwich.....	28	5	6	17	25	51	-26	21

BOURNEMOUTH (0) ... 2 CHELSEA (1) ... 2
Lerma 54, 60
King 57

BRIGHTON (0) ... 0 CRYSTAL P (0) ... 1
Aye 70
Att: 30,124

NEWCASTLE (0) ... 0 BURNLEY (0) ... 0
Att: 52,219

WATFORD (0) ... 3 LIVERPOOL (0) ... 0
Sarr 54, 60
Deeney 72

WEST HAM (2) ... 3 SO'TON (1) ... 1
Bowen 15
Haller 40, Antonio 54

PLAYED FRIDAY

NORWICH (0) ... 1 LEICESTER (0) ... 0
Lewis 70
Att: 27,010

PLAYING TODAY

EVERTON V MAN UTD (2pm)

Sky Sports

TOTTENHAM V WOLVES (2pm)

Top scorers

Aubameyang.....	(Arsenal)	17
Vardy.....	(Leicester)	17
Aguero.....	(Man City)	16
Salah.....	(Liverpool)	15
Ings.....	(Southampton)	15
Rashford.....	(Man Utd)	14
Mane.....	(Liverpool)	13
Abraham.....	(Chelsea)	13
Calvert-Lewin.....	(Everton)	12
Jimenez.....	(Wolves)	12

Most assists

De Bruyne.....	(Man City)	16
Alexander-Arnold.....	(Liverpool)	12
Mahrez.....	(Man City)	8
Robertson.....	(Liverpool)	7
Traore.....	(Wolves)	7
Firmino.....	(Liverpool)	7
Son.....	(Tottenham)	7
Silva.....	(Man City)	7

Clean sheets

Pope.....	(Burnley)	11
Alisson.....	(Liverpool)	10
Foster.....	(Watford)	9
Henderson.....	(Sheff Utd)	9
Ederson.....	(Man City)	9

Bad boys

Lerma.....	(Bournemouth)	10
Jorginho.....	(Chelsea)	10
Milivojevic.....	(Crystal Palace)	9
Westwood.....	(Burnley)	8
Dunk.....	(Brighton)	8

Team	P	W	D	L	F	A	GD	Pts
West Brom.....	36	19	12	5	64	37	27	69
Leeds United.....	36	20	8	8	54	30	24	68
Fulham.....	36	18	9	9	51	37	14	63
Nottm Forest.....	35	16	11	8	46	33	13	59
Brentford.....	36	16	9	11	59	33	26	57
Preston North End.....	36	16	8	12	49	42	7	56
Bristol City.....	36	15	9	12	50	52	-2	54
Blackburn.....	36	14	11	11	52	42	10	53
Swansea.....	36	13	10	10	46	45	1	52
Millwall.....	36	12	15	9	41	40	1	51
Cardiff.....	36	12	15	9	50	50	0	51
Sheff Wed.....	36	12	9	14	46	44	2	48
Derby County.....	36	12	13	12	46	49	-3	48
QPR.....	36	13	8	15	55	61	-6	47
Birmingham.....	36	12	11	13	47	54	-7	47
Reading.....	36	12	9	15	43	41	2	45
Huddersfield.....	36	11	9	16	45	56	-11	42
Hull.....	36	11	8	17	48	58	-10	41
Wigan.....	36	10	10	16	38	50	-12	40
Charlton.....	36	10	9	17	44	53	-9	39
Stoke.....	36	11	6	19	44	54	-10	39
Middlesbrough.....	35	8	13	14	34	45	-11	37
Barnsley.....	36	8	10	18	42	60	-18	34
Luton.....	36	10	4	22	43	71	-28	34

BLACKBURN (1) ... 2 SWANSEA (1) ... 2
Gallagher 25
Johnson 90

CARDIFF (2) ... 2 BRENTFORD (2) ... 2
Hollitt 34
Ralls 45

FULHAM (0) ... 2 PRESTON (0) ... 0
Nugent 58 (og)
Kamara 90

HUDDERSFLD (1) ... 4 CHARLTON (0) ... 0
Ahearn-Grant 25, 90
Mounie 75, Bacuna 90

HULL (0) ... 0 LEEDS UTD (1) ... 4
Att: 16,178

LUTON (0) ... 1 STOKE (1) ... 1
Collins 90 (pen)

MILLWALL (0) ... 1 BRISTOL C (1) ... 1
Kalas 51 (og)

QPR (0) ... 2 BIRMINGHAM (1) ... 2
Pugh 51
Hugill 55

READING (1) ... 2 BARNLEY (0) ... 0
Meite 18
Puskas 60

SHEFF WED (0) ... 1 DERBY CO (3) ... 3
Windass 74
Att: 25,148

W.B.A. (0) ... 0 WIGAN (0) ... 1
Morsy 73
Att: 24,942

PLAYING TOMORROW

MIDDLESBROUGH V N FOREST (7.45)
TOP SCORERS: 23: Mitrovic (Fulham), 22: Watkins (Brentford), 16: Grabban (Nottm Forest), Ahearn-Grant (Huddersfield), 15: Walker (Nottm Forest).

Vanarama Prem

BARROW (2).....	2	DAGENHAM (1).....	1
BOREHAM W (1).....	1	HARTLEPOOL (0).....	1
BROMLEY (0).....	0	SUTTON UTD (1).....	1
EBBSFLEET (0).....	0	STOCKPORT C (0).....	1
SOLIHLU M (1).....	2	DOVER (0).....	0
TORQUAY (1).....	2	CHORLEY (0).....	0
WOKING (0).....	2	MAIDENHEAD (0).....	0
YEOVIL (1).....	3	WREXHAM (0).....	0

Team	P	W	D	L	F	A	GD	Pts
Barrow.....	36	21	7	8	68	37	31	70
Harrgate Town.....	35	18	9	9	56	40	16	62
Yeovil.....	36	16	9	11	60	44	16	57
Boreham W.....	35	15	11	9	52	38	14	56
Stockport County.....	37	15	9	13	48	52	-4	54
Solihull Moors.....	36	15	9	12	48	36	12	54
Dover.....	36	15	8	13	48	47	1	53
Woking.....	36	14	10	12	47	52	-5	52
Notts Co.....	34	13	12	9	50	36	14	51
Hartlepool.....	36	13	12	11	54	48	6	51
Bromley.....	37	14	9	14	56	51	5	51
Barnet.....	32	13	10	9	46	38	8	49
Torquay.....	35	14	6	15	56	59	-3	48
Sutton Utd.....	35	11	13	11	44	40	4	46
Aldershot.....	36	12	10	14	42	50	-8	46
Wrexham.....	36	11	9	16	46	49	-3	42
Eastleigh.....	34	10	12	16	41	50	-9	42
Dagenham.....	35	10	11	14	38	42	-4	41
Maidenhead Utd.....	36	12	5	19	43	55	-12	41
Chesterfield.....	35	10	10	15	49	61	-12	40
Ebbsfleet United.....	37	8	12	17	45	68	-23	36
AFC Fylde.....	33	7	11	15	40	57	-17	32
Chorley.....	36	4	14	18	37	62	-25	26

VANARAMA NATIONAL LEAGUE NORTH:
Darlington 1, Brackley 1, Hereford FC 0, Altrincham 2, Spennymoor 3, AFC Telford 3, York 1, Curzon Ashton 1. **Postponed:** Blyth Spartans v Kettering, Boston Utd v Farsley Celtic, Chester FC v Gateshead, Gloucester v Alfreton, Kidderminster v Guiseley, King's Lynn Tn v Southport, Leamington v Bradford P A.

Team	P	W	D	L	F	A	GD	Pts
Rotherham.....	34	18	8	8	60	35	25	62
Coventry.....	32	16	13	3	46	30	16	61
Portsmouth.....	33	17	8	8	51	32	19	59
Wycombe.....	34	17	8	9	45	40	5	59
Sunderlin.....	33	16	10	7	46	27	19	58
Oxford United.....	34	16	9	9	58	35	23	57
Peterborough.....	34	16	8	10	66	40	26	56
Fleetwood Town.....	32	15	10	7	48	36	12	55
Ipswich.....	34	14	10	10	46	34	12	52
Doncaster.....	33	14	9	10	50	33	17	51
Gillingham.....	34	12	14	8	40	32	8	50
Burton Albion.....	33	12	11	10	46	45	1	47
Blackpool.....	33	11	11	11	43	41	2	44
Bristol Rovers.....	33	11	9	13	35	46	-11	42
Shrewsbury.....	33	10	11	12	29	39	-10	41
Accrington.....	34	10	14	10	46	51	-5	40
Lincoln.....	34	11	6	17	41	44	-4	39
MK Dons.....	34	10	7	17	36	46	-10	37
AFC Wimbledon.....	34	8	10	16	39	52	-13	34
Rochdale.....	33	9	6	18	36	56	-20	33
Tranmere.....	32	6	8	18	32	58	-26	23
Southend.....	34	3	7	24	36	84	-48	16
Bolton.....	32	5	9	18	25	64	-39	12

*BOLTON DEDUCTED 12 POINTS

BLACKPOOL (1) ... 2 IPSWICH (0) ... 1
Dewsbury-Hall 26
Nuttall 90

BOLTON (0) ... 0 ACCRINGTON (0) ... 0
Att: 12,011

BRISTOL R (0) ... 0 SHREWSBURY (0) ... 1
Udoh 69
Att: 6,954

BURTON A (0) ... 1 PETERBORO (0) ... 1
Brayford 65

DONCASTER (1) ... 3 WYCOMBE (0) ... 1
Ennis 45
Sadler 71

GILLINGHAM (0) ... 1 WIMBLEDON (0) ... 2
Charles-Cook 87

OXFORD U (1) ... 2 SOUTHEND (1) ... 1
Henry 17 (pen)

ROTHERHAM (1) ... 1 MK DONS (1) ... 1
Ladapo 10

TRANMERE ... 0 FLEETWOOD ... 0
P

PORTSMOUTH (1) ... 3 ROCHEDALE (0) ... 0
Williams 45
Seddon 78

COVENTRY V SUNDERLAND (Noon)
TOP SCORERS: 23: Toney (Peterborough), 17: Faal (Bolton), 17 for Enfield Town, 15: Madden (Fleetwood Town), Granduillet (Blackpool).

WALSALL ... 0
Att: 17,600

Other results

VANARAMA NATIONAL LEAGUE SOUTH: Braintree Tn 2 Bath City 0, Chippenham 2 St Albans 1, Dartford 0 Wealdstone 0, Dorking Wanderers 3 Slough 5, Dulwich 0 Tonbridge Angels 1, Eastbourne Borough 1 Billericay 1, Weymouth 5 Maidstone Utd 1. **Postponed:** Concord R v Oxford City, Hampton & Richmond v Chelmsford, Hungerford Tn v H Hemstead, Welling v Havant & W, Knockbreda 4 PSNI 2, Loughall 2 Derryview 1, Queen's University 1 Ards 2.

BOSTIK-Prem: AFC Hornchurch 2 Haringey Borough 1, Carshalton Ath 4 Horsham 0, Wingate & Finchley 1 Lewes 1, Worthing 1 Potters Bar Tn 1. **Postponed:** Bognor Regis Tn v Bowers & Pitsea, Brightingsea Regent v East Thurrock, Cheshunt v Folkestone Invicta, Corinthian Casuals v Bishop's Stortford, Enfield Tn v Kingstonian, Leatherhead v Margate, Rushall Olympic 32, 14 0 18 36 51 20 28

SOUTHERN LGE-Prem Central: Stourbridge 2 Lowestoft Tn 0. **Postponed:** AFC Rushden & Diamonds v Rushall Olympic, Barwell v Redditch Utd, Biggleswade Tn v Banbury Utd, Hednesford Tn v Leiston, Hitchin Tn v Peterborough Sports, Kings Langley v Coalville Tn, Needham Market v Tamworth, Nuneaton Borough v Bromsgrove Sporting, St Ives Tn v Glenavon, Stratford Tn v Wyke. **SOUTHERN LEAGUE-Prem South:** Hendon 1 Truro City 4, Merthyr Tn 0, Beaconsfield Tn 0, Wimbome Tn 1 Chesham Utd 2. **Postponed:** Gosport Borough v Farnborough, Harrow Borough v Salisbury FC, Hartley Wintney v Blackfield & Langley, Poole Tn v Wilton Albion v Basingstoke Utd. **SWINDON SUPERMARINE v TIVERTON Tn, Taunton Tn v Walton Casuals, Weston-S-Mare v Mel Police, Yate Tn v Dorchester Tn.**

EVO-STIK North-Prem: Buxton 5 Stafford Rangers 1, FC United of Manchester 4 Warrington Tn 4, Grantham 2 Stalybridge 0, Hyde United 5 Lancaster City 2, Scarborough Athletic 3 Radcliffe 1, Whitby 1 Ashton Utd 1. **Postponed:** Atherton Collieries v Matlock Tn, Gainsborough v South Shields, Morphett Tn v Bamber Bridge, Nantwich Tn v Mickleover Sports, Wilton Albion v Basingstoke Utd.

FA TROPHY FOURTH ROUND: AFC Fylde 2 Harrogate Town 3 (AET), Barnet 1 Halesowen Town 2 (AET), N County 5 Avelley 0. **Postponed:** C Rangers v Rye House Tn. **WELSH CUP-Quarter Final:** Connah's Quay Nomads 1 Cardiff Met Utd 2. **The New Saints 2, 16 Newlyn 1.** **IRISH CUP-QUARTER FINAL:** Ballinamallard Utd 0 Ballymena 2, Dunganon Swifts 1 Cliftonville 2, Knochroba 2 Crusaders 1.

Team	P	W	D	L	F	A	GD	Pts
Swindon.....	34	20	6	8	60	37	23	66
Crewre.....	35	19	8	8	63	41	22	65
Exeter.....	35	18	10	7	51	39	12	64
Cheltenham.....	35	17	12	6	52	27	25	63
Plymouth.....	35	18	8	9	55	39	16	62
Northmptn.....	36	17	7	12	53	38	15	58
Port Vale.....	36	14	14	8	50	44	6	56
Colchester.....	36	14	13	9	49	37	12	55
Bradford.....	36	14	12	10	44	38	6	54
Salford City.....	36	12	11	13	47	46	1	49
Forest Green R.....	35	12	10	13	41	40	1	48
Crawley.....	36	10	15	11	48	47	1	44
Cambridge.....	36	12	9	15	39	46	-7	44
Grimsby.....	35	11	11	13	43	48	-5	44
Walsall.....	35	12	8	15	37	48	-11	44
Newport County.....	34	11	10	13	31	37	-6	44
Oldham.....	36	9	14	13	44	54	-10	44
Scunthorpe.....	35	10	10	15	44	52	-8	44
Leyton Orient.....	35	9	12	14	45	54	-9	33
Carlisle.....	35	9	12	14	37	51	-16	33
Mansfield.....	35	8	11	16	46	54	-8	33
Morecambe.....	36	7	11	18	35	59	-24	33
Macclesfield.....	36	7	15	14	32	44	-12	33

YOUR FOUR-PAGE GUIDE TO TODAY'S...

SPORT
STAR
SUNDAY

IN ASSOCIATION WITH
thepools.com

March 1, 2020



CARABAO CUP FINAL

KEVIN DE BRUYNE has warned Aston Villa they are doomed if Manchester City hit top form at Wembley today.

City have hammered the relegation-threatened Midlands club twice in the Premier League this season, scoring nine goals in the process and conceding just one.

Dean Smith's side are huge outsiders in their bid to prevent Pep

by **SIMON MULLOCK**

Guardiola lifting the Carabao Cup for a third successive season – and De Bruyne understands why.

He said: "People will call us favourites – and if we play at our best level then I would expect us to lift the trophy.

"But this is a final and Villa's fans will turn up just as hopeful as ours that they can achieve something

special. I don't think our previous results against Villa mean anything going into this game.

"When they drew Leicester in the semi-finals, the same people who say we are favourites will have said that Leicester would reach the final over two legs – but that isn't how cup competitions work.

"Our focus is on what we do to make sure that

Turn to Page 3



SILVER SERVICE: Guardiola with the trophy in 2018

REAL TROUBLE: Kevin De Bruyne after his goal against Madrid last week

MORLEY:
Set-pieces
are key to
Villa hopes

See Page 4

PLAY TO WIN

KDB: Our best will be enough



HISTORY LESSON

ASTON VILLA were the first League Cup winners in 1961 after a 3-2 aggregate victory over Rotherham.

Since then they have registered four more triumphs in the competition – 1975, 1977, 1994 and 1996.

Back in 1961 they lost the first leg 2-0 at Millmoor and due to fixture congestion the second leg was not played until after the start of the next season.

Alan O'Neill and Harry Burrows scored to send the tie into extra-time before a Peter McParland (above) winner in the 109th minute.

Villa began the defence of the trophy just eight days after winning it.

But they would have to wait 14 years to taste glory again, when Ron Saunders guided them to a 1-0 win over Norwich in 1975.

And two years later they sealed another triumph – but it did take three attempts to overcome Everton in 1977, the only time that has happened in League Cup history.

A 0-0 draw at Wembley was followed by a 1-1 tie at Hillsborough.

The trophy was finally decided at Old Trafford when Brian Little scored twice in a 3-2 win.

League Cup win No.4 arrived in 1994 as Dean Saunders netted twice to beat Manchester United 3-1 and deny Alex Ferguson's side a domestic treble.

Two years later the Villans secured their fifth League Cup trophy with a 3-0 demolition job on Leeds United.

Cult hero Savo Milosevic opened the scoring in the first half before that was added to after the break by Ian Taylor and the prolific Dwight Yorke (above).

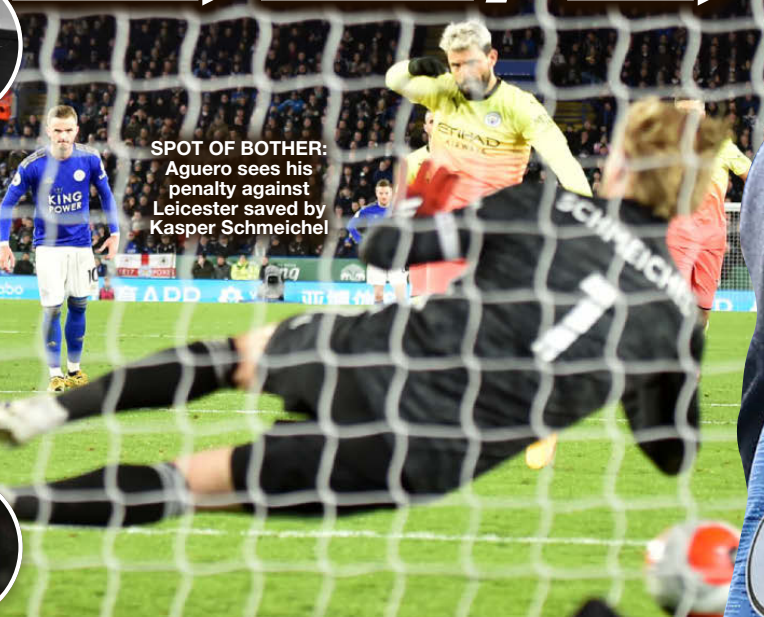
Villa have also lost three League Cup finals in 1963, 1971 and 2010.

DE BRUYNE

No pen & stink for plucky Pep

SPOT OF BOTHER: Aguero sees his penalty against Leicester saved by Kasper Schmeichel

HANDS OFF! Belgium ace De Bruyne has been a key man for City in recent weeks



PEP GUARDIOLA has **NOT** forced his players to practise penalties ahead of today's Carabao Cup Final.

The Manchester City boss has seen Sergio Aguero (left) Raheem Sterling, Gabriel Jesus and Ilkay Gundogan all miss from the spot this season.

When Kevin De Bruyne scored from 12 yards to claim a famous Champions League victory over Real Madrid in the Bernabeu on Wednesday night, it was only the 11th penalty City have converted in 16 attempts this season.

Guardiola is a notorious control freak but the Blues lifted the Carabao Cup by beating Chelsea in a shootout last year.

And he said: "The guys who want to take penalties practise quite often but I am not a big fan of it."

"I believe that it's all about how you feel before you take a penalty. You are at Wembley,

by **SIMON MULLOCK**

under pressure, so it is in your head.

"If you say, 'Okay, I am going to score' – that is the way. When you have doubts, you miss."

"I don't care if they go right, left, up, down or Panenka, look at the keeper or don't look at the keeper."

"The only thing that matters is that the player thinks they will score – because normally they will."

Guardiola has an idea who he will ask to step up if the clash with Aston Villa is deadlocked after 120 minutes.

He added: "Sometimes I write who I would love to see take the penalties but then I leave it to the players because during the game it is all about confidence."

"If a guy misses a penalty and they tell me they were sure they were going to score, then it isn't a problem."

"But if they miss and then later say they had doubts that is no good."



6

MANCHESTER CITY have won the League Cup on six previous occasions – only Liverpool (eight) have won the tournament more times.

5

ASTON VILLA have lifted the League Cup five times, placing them joint third on the all-time list alongside Manchester United and Chelsea.

4

CITY have reached the final in four of the last five seasons and are bidding to become the first side since Liverpool in the 1980s to win a hat-trick.

4

LIVERPOOL won the League Cup in four successive seasons – 1981, 1982, 1983 and 1984.

5



Route to the final

Third Round
Preston 0-3 Man City
Sterling, Jesus, Ledson og

Fourth Round
Man City 3-1 Southampton
Otamendi, Aguero 2

Quarter-Final
Oxford 1-3 Man City
Cancelo, Sterling 2

Semi-Final, first leg
Man United 1-3 Man City
B Silva, Mahrez, Pereira og

Semi-Final, second leg
Man City 0-1 Man United



HISTORY LESSON

MANCHESTER CITY won the first of their six League Cup titles in 1970 as they came from behind to beat West Brom 2-1 in extra-time.

Mike Doyle levelled after Jeff Astle's opener for City before Glyn Pardoe got the winner in front of a packed

Wembley crowd.

Six years later City had their hands on the trophy again thanks to an overhead kick by Dennis Tueart (above) – who later described the goal as “the greatest moment” of his career.

That 2-1 win over Newcastle ensured City boss Tony Bould became the first man to win the competition as both a player and manager.

Fast forward to the modern era of Sheikh Mansour's billions and City have won the League Cup four times between 2014 and 2019.

The third triumph in their history saw Manuel Pellegrini's men come from behind to beat Sunderland 3-1.

Yaya Toure fired in an outrageous 30-yard strike to bring the game level in the 55th minute before Samir Nasri and Jesus Navas put the game to bed.

It took penalties for City to overcome Liverpool in 2016.

Fernandinho scored first before Philippe Coutinho's late leveller but both players went on to miss their penalties in the shootout.

Thankfully for City, Navas, Sergio Aguero and Toure (below) secured the win.

After a year's gap, City recorded back-to-back League Cup titles under Pep Guardiola.

The first, in 2018, was a 3-0 win over Arsenal with goals from Aguero, Vincent Company and David Silva.

The final 12 months later will be remembered for the penalty win over Chelsea when Blues

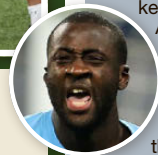
keeper Kepa

Arrizabalaga refused Maurizio Sarri's orders to be substituted.

Raheem Sterling scored the decisive penalty.



HUGGY FLAIR: City boss Pep appreciates his star man De Bruyne



WONDER

Guardiola says star man doesn't need extra love

PEP GUARDIOLA says he doesn't have to seduce Kevin De Bruyne to become a world-beater – because the Belgium star is driven to succeed all by himself.

Midfield maestro De Bruyne, 27, has been handed the captaincy and put on penalty duty by the Blues boss for a crucial part of the season.

But Guardiola insists none of the added responsibility will be needed to entice the classy star to take his game to the next level.

He said: “Honestly, with these types of players the big challenge comes from

inside themselves.

“If you have to push them to be something special they are not big, big, big players. I don't believe too much in trying to seduce them

to become better.

They know what it takes to improve – so it has to come from them.

“The big things in sport always come from inside the players, not the trainers. The best players never complain to the

by **STEVE BATES**

manager or the club because they know it is up to them to become better day by day.

“The others, they are the ones who make reasons why they can't do it.

“That's why they change clubs all the time and never end up with a top club.

“But the big players always look at themselves.”

De Bruyne was hampered by injury last season, scoring six goals in his 32 City games compared to nine in 34 matches so far this campaign.

And Guardiola has marvelled at his influence on his side this season – and his magical display against Real Madrid.

He added: “It's not necessary for me to say absolutely anything about Kevin any more.

“I'd just say, ‘Look at how he plays.’

“The performance level, the continuity, the influence in our final third and on our finishing, the desire, his calmness and positivity.

“I asked him after the game in Madrid, ‘Kevin, what did you feel before you took that penalty?’ And he just said, ‘I'm going to score.’

“He doesn't feel much pressure, he likes to play in the big events, he's an exceptional player.

“I say to him, ‘Kevin, don't forget, do the simple things properly, because sometimes he's alone and might lose the ball.

“He's able to see something special and you have the spaces no one else can see but even with that

he's improving and improving. He's not 34. He still has a lot of years to play and always you have the feeling when he's on the pitch that he's never disconnected, even if he's not influencing the game at that moment.

“It's important to be like that.

“For the equaliser in Madrid I didn't speak to him but I think he crossed to Gabriel Jesus to score without knowing Gabriel was there but thinking, ‘Gabriel, you have to be there.’

“That's the best way to express the talent Kevin has – he has the ball and knows a team-mate has to be there because the space will be there for him to exploit.

“And when he finds himself in those positions the strikers just know the ball is coming.”

City might not win the Premier League with Liverpool steaming towards glory – but De Bruyne believes victory over Aston Villa in the Carabao Cup Final today can kick-start a strong finish and even more silverware.

He said: “Wembley is obviously a special stadium and we're lucky to have so many good memories of playing there. That's all valuable to us.

“Going there means we're doing things right and now we have to finish the job. There's a long way to go this season and we're keen to win as many trophies as possible.

“My numbers are good but I won't remember the season for the number of goals I scored or chances I made.

“You remember a season for the games and trophies that you won and that's what we're hoping to do.”

CAPTAIN ISSUES WEMBLEY WAR CRY

From Front Page
when we line up, we are as ready as we can be to win that game and bring the trophy home for our fans.”

De Bruyne insists City have set their sights on a Champions League, FA Cup

and Carabao Cup treble after surrendering their Premier League title to Liverpool.

He said: “Going to Wembley and lifting a trophy so early in the season can push you on for what's to come and obviously momentum plays a

huge part in that. The league season hasn't gone as we would have liked this year but the players we have don't hide away.

“We are still in three competitions and we will try to win all three.”

3

RAHEEM STERLING has scored three times in this season's Carabao Cup, one goal fewer than Villa midfielder Conor Hourihane.

9

VILLA will be appearing in their ninth League Cup Final this afternoon. City will be contesting their eighth.

19

The number of goals Villa have scored in the Carabao Cup this season, including 6-1 and 5-0 wins against Crewe and Liverpool respectively.

LIAM BOYCE is currently the leading goalscorer in this season's competition. He hit five in total for Burton before joining Hearts in January.

4 CARABAO CUP FINAL



Carabao Cup

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2001



Liverpool 1-1 Birmingham (Liverpool won 5-4 on pens)
THE first major English final to be played at Cardiff's Millennium Stadium and the first won on penalties. Robbie Fowler put Liverpool ahead but Darren Purse netted a late penalty to force extra-time. It went to penalties and sudden death and a young Andrew Johnson (above) saw his effort saved.



2005

Chelsea 3-2 Liverpool
THIS was Chelsea's first trophy under the ownership of Roman Abramovich. Once John Arne Riise had opened the scoring in the first minute it took until the 79th minute for the Blues to equalise through a Steven Gerrard own goal. Didier Drogba and Mateja Kezman (above) gave Jose Mourinho's men a 3-1 lead in extra-time. Antonio Nunez's late goal was just a consolation.

Four best finals of the last 20 years



2008

Spurs 2-1 Chelsea
SPURS struggled all season but Dimitar Berbatov's cool spot-kick and a late Jonathan Woodgate header (above) saw them win only their second trophy in 17 years. Didier Drogba's goal counted for little as Chelsea suffered a season of seconds – losing the Champions League final to Manchester United and finishing runners-up in the league to the Red Devils.



2011

Birmingham 2-1 Arsenal
BEANPOLE Nikola Zigic headed Brum into a 28th-minute lead. Robin van Persie equalised 10 minutes later. But the Gunners were kept out by an inspired Ben Foster in goal. His heroics kept Arsenal at bay and in the last minute, Obafemi Martins (above, with Zigic) pounced on car-crash defender Wojciech Szczesny and Laurent Koscielny to score the unlikely winner.

MOR BELIEF

Legend Tony not ruling out massive upset

Route to the final

Second Round Crewe 1-6 Aston Villa <i>Konsa, Hourihane 2, Davis, Guilbert, Grealish</i>	Quarter-Final Aston Villa 5-0 Liverpool <i>Hourihane, Boyes og, Kodjia 2, Wesley</i>
Third Round Brighton 1-3 Aston Villa <i>Ramallo, Hourihane, Grealish</i>	Semi-Final, first leg Leicester 1-1 Aston Villa <i>Guilbert</i>
Fourth Round Aston Villa 2-1 Wolves <i>El Ghazi, Elmohamady</i>	Semi-Final, second leg Aston Villa 2-1 Leicester <i>Targett, Trezeguet</i>

IN A season of few cup upsets, Aston Villa can pull off just about the biggest one going at Wembley today.

That's the message from Villa Park legend Tony Morley ahead of the Midlands club's Carabao Cup final against Manchester City.

Pep Guardiola's troops are, of course, clear favourites to lift the trophy for the third time in a row.

And Kevin De Bruyne and his team-mates appear to be hitting top form at the right time, judging by their 2-1 win at Real Madrid in the Champions League last week.

By contrast, Villa are sitting at the wrong end of the Premier League after losing three on the bounce.

But Morley (right) is adamant that should not discount Dean Smith's strugglers defying the odds this afternoon.

The ex-England winger, who lifted the league title and European Cup with Villa in the

EXCLUSIVE

by HARRY PRATT

early 1980s, said: "It's a no-lose situation because everybody expects City to turn up and win."

"Even the Villa fans I've spoken to are thinking it's a just a day out for them at Wembley."

"But the Villa players have to make the most of it. You don't get to a cup final very often. They have to enjoy the occasion and believe they can do it."

"To win, they'll have to be at their best, hope every decision goes their way and they grab a goal through a set-piece. That's the most likely way they'll win."

"But it's not impossible. We've seen shocks before in Wembley finals. Wigan beat City in the FA Cup Final a few years ago and Birmingham beat Arsenal in the League Cup Final in 2011. It's like a heavyweight

boxing contest. One knockout blow can be enough, even against the very best."

Morley is not getting carried away. He regards City as one of the best three teams in the world – alongside Liverpool and Bayern Munich.

After last weekend's 2-0 defeat at Southampton, Smith threatened wholesale changes for the final.

But Morley, 65, whose cross set up Peter Withe's winner against Bayern Munich in the 1982

European Cup Final, added: "I'm not sure the squad is big enough to do that."

"But Dean will be expecting a lot better this weekend."

"For me, Villa staying in the Premier League is far more important than winning the Carabao Cup."

"Even if they don't win, a decent display against City will be a huge confidence boost for the relegation battle."



WEMB-GLIEE: Jack Grealish celebrates with Ahmed Elmohamady and his team-mates after the semi-final second-leg victory



Daley sets the record straight on cup

PEP GUARDIOLA has been told he is **WRONG** in demanding the League Cup be scrapped.

Guardiola and Jurgen Klopp, two of the Premier League's biggest hitters, both say it has to go.

But Aston Villa hero Tony Daley said: "They are wrong. I won the League Cup and it's one of the proudest possessions of my football career."

Guardiola leads Manchester City

EXCLUSIVE by JOHN WRAGG

out today against Aston Villa in the Carabao Cup Final with City looking for a third successive League Cup win.

He has treated the cup with more respect than Klopp this season by picking strong teams, whereas Liverpool put a youth team out against Villa in the quarter-final. Both Guardiola and

Klopp claim there are too many games and the League Cup needs to be sacrificed.

But Daley, 52, who now owns his own fitness business and will be at Wembley today supporting Villa, said: "That is so wrong. You tell that to clubs like Oxford who have won the League Cup that it should be scrapped."

Villa's shock 3-1 win over Manchester United in 1994, with

Daley setting up the third goal, is his only major medal from his 17-year playing career.

Daley also played for England seven times and said: "My League Cup medal has pride of place, put away with my England caps. It's one of the pinnacles of my career."

★ Tony Daley was speaking at the launch of his brand new fitness programme 7Daley. For more information visit 7Daley.co.uk