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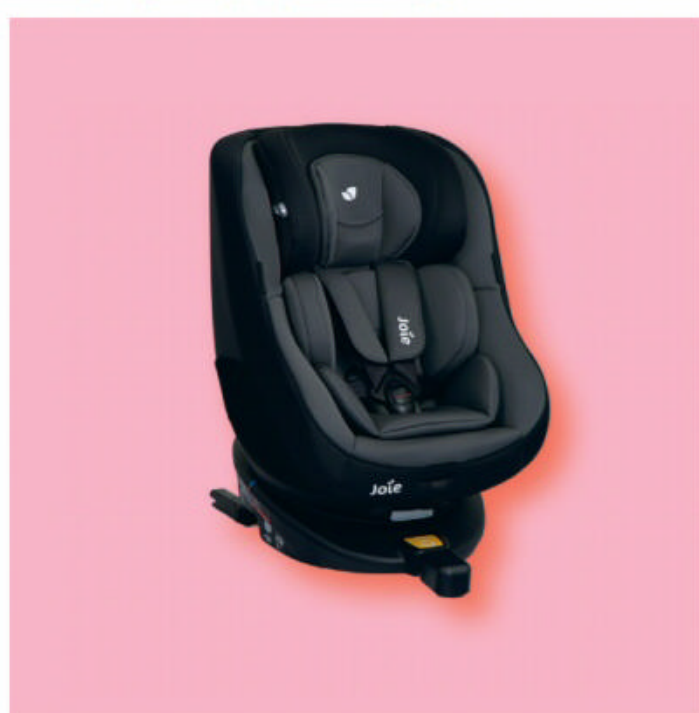
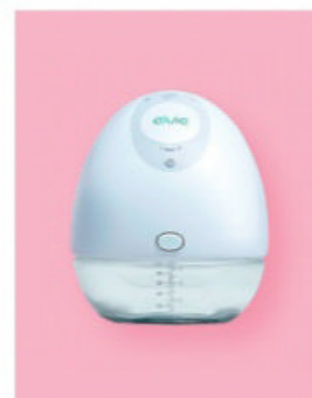
**Gary's
DEADLY
REVENGE
on Dr Ali!**



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Welcome!

We all know the soaps are cracking entertainment, and we might not take them too seriously. But there is another side to them worth highlighting – how they explore certain issues in a way that isn't just black and white, or a big dump of info.

Take this week, as we see *EastEnders*' Ben adjust to his hearing-loss. This is not only about deafness,

"Ben's story isn't only about deafness..."

it's a story of how a person – and importantly those around him – deals with such a huge life change.

Similarly in *Corrie*, Gem and Ches discovered little

Aled's hearing-loss (in that weird soapie way where the same topic turns up in two places – who knew we'd be learning so much about cochlear implants?). This story is equally about dealing with any child's health condition, as well as the pressures of new motherhood, giving it a fully rounded form in the way that I think only soaps can. The issue's never the issue – it's just the next part of the story...

Steven Murphy, Editor
editor@insidesoap.co.uk

Steven

Your stars this week!

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James Burrows

"Ali is loaded into an ambulance – it's not looking good for him!"

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Amy Walsh

"Tracy is panicked about what's going to happen with Vanessa!"

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Niamh Blackshaw

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The **INSIDE SCOOP**

First with the week's **HOTTEST** headlines...



**CARNAGE
ON THE
COBBLES
AFTER GARY
TAKES
DRASTIC
ACTION TO
DRIVE THE
PAIR APART
FOR GOOD...**



Gary warns the GP
to steer well clear
of his fiancée

Deadly danger for Ali and Maria!



Gary and Maria watch in horror as Ali is placed into the ambulance

CORONATION STREET | ITV FRIDAY

Doctor Ali bids farewell to Weatherfield with a heavy heart this week, after his battle with Gary over Maria spirals wildly out of control!

Having learned from Adam that exes Maria and Ali recently slept together, furious Gary plots a sickening revenge that involves arranging his love rival's drink to be spiked with diazepam – the same drug that addicted Ali has spent months trying to kick. To Gary's horror, though, his plan to turn Maria against her ex-boyfriend goes too far when Ali collapses and is rushed to hospital!

However, that's just the start of the drama, as desperate Ali later kidnaps Maria in a twisted attempt to make her see Gary for the villain he truly is...

“Ali knows Gary is a wrong’un, but he needs Maria to see”

“Ali just wants to get through to Maria,” explains James Burrows, who plays the exasperated GP. “He’s one of the few people that knows Gary is a wrong’un, and Ali just needs her to realise – even if it means he and Maria can’t be together.”

Weatherfield's most volatile love triangle has been bubbling away for weeks, yet Maria is adamant that her future lies with Gary. While Ali reluctantly accepts her decision, he has absolutely no idea that Gary plans to give him a taste of his own medicine – literally – to ensure that Maria never strays in his direction again.

When Gary's debt-collecting buddy Sharon calls by his office to pick up loan shark Rick Neelan's list this week, he asks her to teach Ali a lesson in return...

CONTINUED OVER >

INSIDE SCOOP

▼ FROM PREVIOUS PAGE

The next thing Ali knows, he starts to feel faint – then suddenly collapses.

“Ali’s colleague Dr Gaddas goes to help him, but because Toyah knows about Ali’s addiction struggles, she feels obligated to mention that he may have taken drugs,” shares James. “Ali is loaded into an ambulance, and it’s really not looking good for him.”

Panic-stricken Gary leaves a message for Sharon telling her that if Ali dies, she’s to blame. Meanwhile, Maria visits Ali in hospital, where angry Ryan accuses her of playing Ali and Gary off against each other.

“Ryan thinks that Maria’s behaviour has pushed Ali to start taking drugs again,” reveals James. “When Ali comes round, he insists that he hasn’t taken anything, but sadly Ryan doesn’t believe him. At this point, Ali is certain that his drink was spiked – and that Gary was behind it.”

What happens next ends with poor Maria afraid for her life, as Ali aims to convince her of Gary’s guilt. After spotting

Ali sitting in his car, Maria climbs into the passenger seat and quizzes him about his supposed overdose. However, what she doesn’t bank on is Ali completely flipping his lid, and locking her inside the vehicle!

“When Maria starts asking Ali about taking drugs again, he snaps,” winces James. “He starts driving really fast, while desperately trying to explain to Maria that Gary set him up. However, Ali’s behaviour is so erratic that it has the opposite effect. There is no way that Maria is going to believe he’s clean when he’s acting in such a crazy fashion.”

Once Ali realises that Maria is terrified, he stops the car and lets her out. When she returns home, Maria tells Gary that Ali reckons it was him who set him up. The trouble is, Gary has now become so good at spinning Maria a yarn that he convinces her that Ali’s a maniac – before coming face to face with his rival and warning him to stay away.

With nothing left to lose, will Ali seize the opportunity to teach Gary a lesson of his

“*Ali’s certain his drink was spiked – and that Gary did it...*”



Spying the doctor in his car, Maria jumps in – only for Ali to lock her in and speed off!



There’s a fond farewell for Ryan – but will the truth of Ali’s attack come out?

own? While that remains to be seen, the doc decides a fresh start is in order, as he resolves to leave the cobbles for good.

“I think it’s the realisation that Gary has won,” sighs James. “He has forced Ali to behave in such a way that he has pretty much driven Maria back into Gary’s arms, and there’s no way that Ali can stick around and watch the two of them be together.

“Ali is a good man. However, he knows that he has caused

problems for the likes of Maria and Toyah – two women who just wanted to help him,” adds the star. “So the only way forward that he can see now is to move away.”

After clearing the air with Maria, saying his goodbyes to Toyah and old flame Carla, and an emotional farewell with Ryan, Ali leaves the Street. Is Maria set to regret letting him go if she ever comes to see Gary’s true colours?

Laura-Jayne Tyler



Ali says an emotional goodbye as he leaves the cobbles for good



HAIR TODAY, GONE TOMORROW!

James takes action after stylist Maria clearly refused Ali's business...

We can only assume that the longer hairstyle that Ali has been sporting on screen recently was all for his *Corrie* storyline – seeing as one of the first things that star James did after he had finished filming was to get it all chopped off!

The 28-year-old actor, who is due to wed fiancée Sophie Coates – with whom he has a 11-month year-old daughter Betty – has just returned from Marbella. The pair have been scouting wedding venues, and James is excited for what life after the Street has in store...

"I always said from the day I started at *Corrie*,

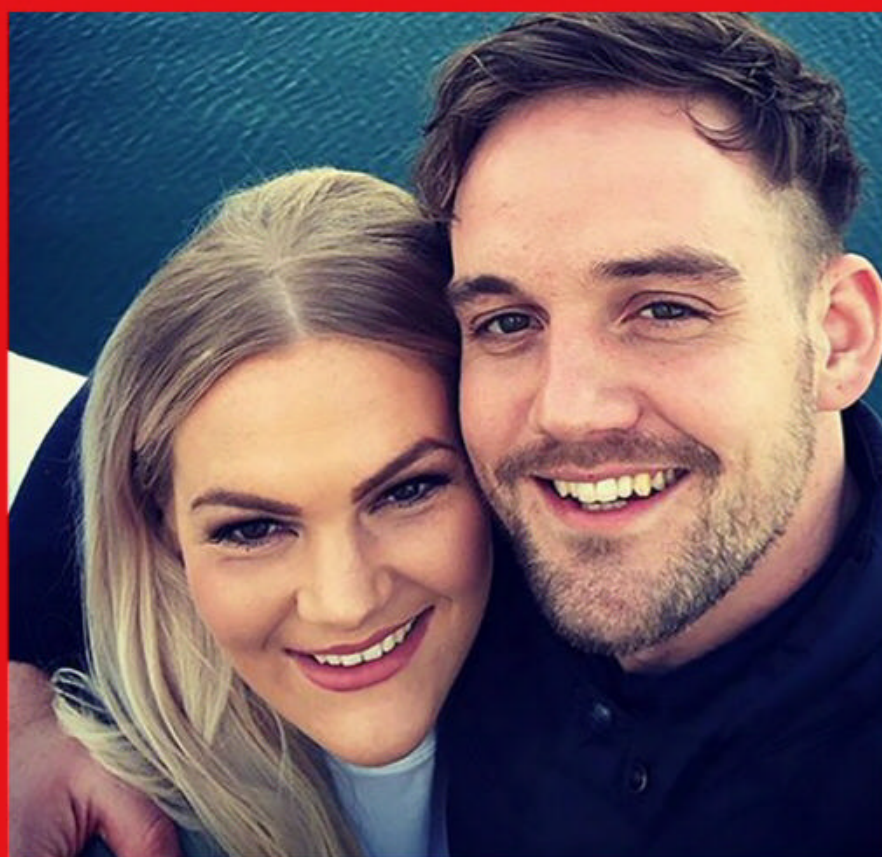


PHOTO: INSTAGRAM/JBURROWSACTOR

"I won't stay here forever," he says. "I think the goal is to get out to LA next year, and be there for pilot season. You've just got to go for it, haven't you? I want to play the Joker – I want to scare people!"

"I have a film, *Twisting My Melon*, that I'm working on, and I have a few exciting meetings going on," adds James. "I'm a very content man, I have a beautiful family and I wake up every day and do something I love. If things stay as they are, I'll be happy – but like everyone, I have dreams, and I'm going to try to hit those targets."

All the best, James!

Gray loses it... ...and Chantelle pays the price!

SHE SUFFERS FURTHER ABUSE AFTER HER DAD INTERFERES...



Gray thinks Chantelle has betrayed him, and loses his temper



Gray is struggling to hold it together this week, having been suspended from his law firm – and once again it's his wife Chantelle who ends up in the firing line...

Gray is seething when his office returns his belongings, after he is forced to pack up his desk for the time being. His suspension means he can no longer represent Whitney, and – with his practice having dropped her case entirely – Whit is now on her own.

“Not only does Gray feel he's let down Whitney, but his fragile ego is bruised – he insists Chantelle doesn't tell her family what's happened,” shares our Albert Square sneak. “Seeing everyone in the Vic, he soon retreats to the toilets where his anger and loathing bubble over. And we all know who is usually the person to pay the price for that...”

“Gray feels he's let down Whit – and his ego is bruised”

Chantelle tries to support her husband the best that she can, and her words apparently give Gray food for thought. He tells Chantelle of his plans to take Whitney's case anyway, hoping to use it as a way of

returning to his job as soon as possible. But his plan backfires when Mitch realises that something's up.

“It's while Gray is attempting to salvage his career that Jack spots him entering a hotel and mentions it to Mitch,” explains our mole. “Chantelle's father is not

Gray's biggest fan in any case, and he's quick to conclude that he must be cheating.”

Despite warnings from Karen and Chantelle to keep his nose out, curious Mitch's investigation leads him to Gray's old office – where he learns that Gray has been issued with a suspension.

However, as far as Gray is concerned, only Chantelle knows about that – so when Mitch confronts him and offers his mortified son-in-law some money while he gets



It's obvious that Mitch knows Gray has been suspended – but it wasn't Chantelle who told him

Ushering him over to the Vic, Karen leads Gray into a packed pub full of people cheering his arrival, before Mitch steps up and says sorry for doubting Gray's commitment to Chantelle.

Gray attempts to mask his discomfort with a grin – but secretly he is horrified that Chantelle never

betrayed his confidence, while she now attempts to recover from his earlier outburst at home.

Will Gray ever take responsibility for his appalling behaviour? Or will Chantelle find the courage to speak up before it's too late?

Laura-Jayne Tyler



Gray reflects on his shameful act – will he ever be stopped?

back on his feet, Gray assumes Chantelle has spilled the beans to her dad. With that, he returns home and, in dramatic scenes, once again explodes at his wife...

"This isn't the first time that Mitch's interference has resulted in pain and agony for Chantelle," recalls our spy.

"He thinks that he is doing right by his daughter in challenging Gray, with zero idea that her volatile husband takes his frustrations out on her behind closed doors."

Meanwhile, Mitch breaks the news of Gray's suspension to Karen, who organises a surprise to cheer Gray up.



CHANTELLE'S SAVIOUR?

Kheerat wants to help...

On the few occasions that Chantelle and Kheerat have had a chance to chat and not be interrupted by Gray, it would seem that Kheerat has taken a shine to his neighbour. This week, he goes so far as to offer her a job working with him – however, Chantelle declines on the basis that she'll soon return to work at the salon with Denise.

But after Gray discourages the idea of Chantelle returning to work – and Denise admits that she no longer needs her on a full-time basis – Chantelle ends up accepting Kheerat's offer.

Is it possible that the Panesar businessman might become Chantelle's knight in shining armour?

EMMERDALE | ITV TUESDAY

Charity reveals Vanessa's cancer secret!

SHE BETRAYS HER FIANCÉE'S TRUST TO TRACY...

Tracy's plans of a surprise birthday party for her sister are destroyed this week, as Charity blurts out Vanessa's cancer secret.

It comes as a terrible shock for oblivious Tracy, who has been fighting with her sister's fiancée over the impromptu celebration. She just can't fathom why Charity is so against throwing a party, with Vanessa having been to hell and back at the hands of twisted Pierce. But as tensions mount, Charity can't contain herself to Tracy. She ends up blurting out the horrifying truth that Vanessa has bowel cancer – a move which leaves devastated Vanessa feeling betrayed...

"It's a massive blow for Tracy – she's not expecting this at all," explains Amy Walsh, who plays her. "She can't understand why Charity is putting a dampener on



Vanessa arrives early to her surprise birthday bash

Vanessa's big day, because she thinks her sister deserves a special birthday this year. Tracy has made a lovely effort, but Charity takes her outside and reveals the reason that they need to stop the party before Vanessa arrives."

As distraught Tracy grapples with the news and attempts to shut down the party, Vanessa turns up early to find everyone

there to greet her. It's an awkward moment for all – but she's about to discover that Tracy now knows everything.

"Vanessa finds Tracy and Charity in the garden crying, so it's apparent that Tracy knows," reveals Amy. "Then she storms off and Tracy follows her. It's touch-and-go about how they're both going to cope. There's a lot of not coping for Tracy behind the scenes, and on top of that she's going to have to put on a brave face for her sister.

"There will be a key moment for Tracy in hospital – she's really panicked about what's going to happen with Vanessa, and she loses it," adds the star. "It's an interesting journey for them both, because they've been through a lot and, in

terms of family, all they have is each other – so that's quite powerful for them."

You'd have thought Vanessa had enough on her plate, but as the week continues, it becomes clear that Charity and Tracy are in conflict – and that means major problems as they vie for the role of Vanessa's chief supporter.

"Tracy is frustrated with Charity, because she doesn't feel as if she's looked after Vanessa enough," sighs Amy. "So there's a bit of, 'You've not been there, I'll be here now – we're family, you stay out of it, you'll only make things worse'. But they both just want what's best for Vanessa."

Can the girls stop fighting and help Vanessa through this?

Kate White



Vanessa's health secret is shared without her say-so

Charity is shocked that Tracy has arranged a party



“My tears in these scenes are real!”

As we catch up with Amy about her alter ego's family trauma, she teases us on what might be in store for Tracy...

Hi, Amy! This is a tough time for Tracy – what's it been like for you to play? It's very easy for me to play the truth of this, because



Michelle Hardwick [Vanessa] is so good and we have such a great relationship off screen. My tears are real as I can't bear to see her cry! Hopefully, the story will show how important family is in this kind of health battle, but also the symptoms to look out for. I do feel proud every day that hearing what alerted Vanessa to her cancer could save someone's life.

Tracy also went through a cancer battle with David – will that help her now?

I do feel that it will give her strength in the long run, but



it feels like a kick in the teeth. People still want Tracy and David to get back together. I think they needed to have some time and space apart, so if they did reunite, I'd love that. It's a bit like



with Ken and Deirdre – I'd love Tracy and David to find each other again.

What about Nate? Could Tracy possibly have a future with him?

I hope she finds happiness. It's tricky as Nate is known as a bad boy – but I hope we get to see his real side, because he does have goodness in him. I don't know what's to come, but I hope that they fall in love and Nate has his character redeemed...



INSIDE *Gossip*

Laura-Jayne snoops behind the big soap headlines...

EASTENDERS

BEN'S NEXT CHAPTER REVEALED!

Newcomer Frankie is heading to Walford as part of his new storyline...

EastEnders bosses are to introduce a new character, Frankie, as part of the on-going plot exploring the additional hearing loss that Ben suffered during the River Thames boat disaster.

Actress Rose Ayling-Ellis – who is deaf in real life – has been cast in the role, with Frankie set to appear on screen in the coming weeks.

“I am so excited to be joining the cast of *EastEnders*, and I am equally proud to be one of the first deaf actresses to be part of this iconic soap,” beams the star, who has appeared in *Casualty* and the TV mini-series *Summer Of Rockets*. “I can’t wait for everyone to meet Frankie!”

Viewers have already begun to see the effects of Ben’s hearing difficulties on screen, with sound techniques being used to illustrate Ben’s struggle when other characters try to communicate



with him. As Ben comes to terms with his situation – and decides whether to undergo an operation that can help improve his hearing – the introduction of Frankie will help to explore what it means to be deaf in the UK today. It will also shine a light on the experiences and challenges that deaf people go through.

“Creating a storyline and a character for *EastEnders* has been a lifelong dream, so it’s been incredible to work

with the *EastEnders* team over the past few months,” explains writer Charlie Swinbourne, who pitched the idea of Ben’s new story. “Being deaf myself, and a fan of the show from an early age, I’ve always looked out for Ben’s character, as he was the one who wore hearing aids!”

“I wanted to explore how losing more of his hearing affects Ben, as well as how it makes him see the world – and his deaf identity – a bit differently as time goes on,” he adds. “I wanted to see deaf characters and sign language become a part of Albert Square too, as we see little representation of deafness in mainstream media.”

EastEnders is working closely with the National Deaf Children’s Society, as well as experts in the field, to ensure the plot is portrayed as accurately as possible.



Star Rose takes on an important role as part of Ben’s storyline



Ben is struggling to cope with his situation



HISTORY LESSON

Ben's past issues explained...



Prior to the boat accident, Ben was already partially deaf in one ear after contracting meningitis as a baby. The stress of coping with

his son's illness is in fact what drove Phil to start drinking – triggering the breakdown of his marriage to Kathy, and years of unrest between father and son. Meanwhile, Ben plunging into the Thames, and the head injury he suffered, is what has caused him to lose his hearing completely in the other ear, hence why he is experiencing additional difficulties.



Ben has had hearing issues most of his life

CORRIE

HOME SWEET HOME!

Check out Ken and Claudia's new digs...

Here is your first look at the luxury retirement complex Stillwaters, which Ken and Claudia will soon be able to call home in *Coronation Street*!

Stars William Roache and Rula Lenska, who play the pair, have been spotted filming in the grounds of the plush-looking estate with co-star Malcolm Hebden, whose alter ego Norris is already living there. However, after Ken and Claudia go to visit Stillwaters this week, it appears that he is having second thoughts about leaving the cobbles...

"As his daughter Tracy plans a dramatic makeover for No 1, Ken actually pops in



Norris is already enjoying life at Stillwaters



Well, it's not Weatherfield, but it'll do

on her and Steve with the intention of delaying the sale," whispers our *Coronation Street* insider. "He soon realises just how excited the pair of them are about making the house their own, though, and can't bring himself to break the news."

Ken will remain in two minds as he packs up his belongings, and it's as he chances upon his late wife Deirdre's peanut bowls that Ken's emotions get the better of him. But when he and Claudia are welcomed back to Stillwaters by their fellow resident Charles Lake, can Ken start looking forward to a tranquil new future with his beloved Claudia, instead of hankering after times gone by?



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INSIDE *Gossip*

EASTENDERS

"I LOVED KILLING LEO!"

Shona McGarty is dead chuffed with Whitney's latest drama...

While Whitney suffers one of the darkest periods of her life – banged up for stabbing stalker Leo King to death – *EastEnders* star Shona McGarty is having a whale of a time playing her alter ego's gritty story.

"It's the most dramatic thing that Whit's ever been through – but as Shona, I loved filming it," enthuses the star, who will mark 12 years in Walford this year. "I loved killing him [Leo] and I loved working with Tom [Wells, who played him]."

"I said to Tom, 'Just go for it, throw me around'. We spent a lot of time going through our lines as we had a lot of physical stuff, so I wanted him to feel comfortable with being quite rough."

With Whitney's hopes of being found innocent looking more bleak by the week, it doesn't seem as if she'll ever be free of what Leo did to her. The plot has meant some challenging scenes for Shona – although she's been playing Whitney long enough to know where to draw a line.

"You have to leave Whitney at the studio gates," shares the 28-year-old. "Sometimes it can be hard after a long day, but I spend a lot of time with my family. And I like to go home and sing on my karaoke machine!"



...until she stabbed him in self-defence



Leo stalked Whit for months...

Soap SPY...

Measuring up!

Find yourself a doctor who looks at you the way *Neighbours'* Karl looks at Aaron – as **Matt Wilson** (Aaron) enjoys a tug on the doc's stethoscope! "Matty wanted to know how long my stethoscope is," explains **Alan Fletcher**, who plays GP Karl. "I told him it was long enough to go all the way to his heart."

PHOTOS: GETTY, INSTAGRAM/ALANFLETCHER



STOP PRESS!

Calling the shots!

Hollywood heavyweight – and **Hugh Jackman's** wife – **Deborra-Lee Furness**, is set to make a return to *Neighbours* as a director – 35 years after playing Linda Fielding back in the soap's early days!



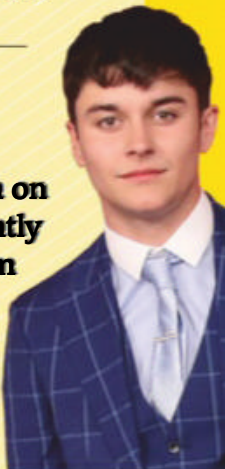
Staff wanted!

The Woolpack is looking for new tenants! Well, not quite... The real-life Woolie in Esholt, West Yorkshire – where *Emmerdale* was filmed between 1976 and 1997 – is waving goodbye to its current landlords. Fancy running a pub?



Hobble-oaks!

Aedan Duckworth has revealed that Ollie has been on crutches in *Hollyoaks* recently due to a real-life injury from playing football. "I wish I had a cooler story – like I'd done it fighting a grizzly bear!" he laughs.



INSIDE SCOOP



Award-winner Aggie doesn't have long to bask in her glory

James is outed – but denies he's gay!

CAN HE CONVINCE THE PRESS IT'S A MISTAKE?

CORONATION STREET | ITV WEDNESDAY



Weatherfield County shock James by backing him...

There's a PR nightmare for James this week, when the press finds out that he's gay – and he's forced to lie to both them and his football club.

The story breaks as James' ex-fling Danny inadvertently outs him on social media and rumours spread. What's sad is that the developing crisis happens while Aggie is taking the spotlight following her Weatherfield Golden Hearts Awards win. But soon the Bailey clan is supporting James, who is desperate to kill the story.

"James has worked hard to keep his sexuality private, and he's devastated that he's been exposed by Danny," explains our *Corrie* spy. "Coming out publicly should have been his choice, and he feels betrayed and blindsided. The press is determined to chase down the story, and James is terrified that it will finish his football career."

After a reporter confronts him on Aggie's big night,

"James is so scared that he can't tell the truth..."

James denies the rumours and rushes off in a panic. The Baileys are devastated to see James in such a state, and don't know what to do to calm him down. The next day, he goes to find Danny and gives him hell for his post, which has forced him to comment on his sexuality. Although Danny is genuinely apologetic, James isn't willing to forgive him. Then, the lad is floored once again when

the Weatherfield County boss asks him to attend a meeting with their in-house press officer. What will the club say? "James is shocked, because the Weatherfield County team offers him its full support, and wants to protect him and help him manage the story," shares our snitch. "But instead of being honest and allowing them to guide him through this, James flat-out denies the story. He's just so scared and rattled that he can't tell the truth, so insists to the manager and the press officer that he's straight. It's



...but as he insists to them he's not gay, is he set to spiral?

a move that his mum Aggie is heartbroken he's making."

As the club officials suggest James doesn't say anything in response to the story, Aggie and Michael worry that he will end up making things a whole

lot worse. Meanwhile, Ed is relieved that James has seemingly killed the story. But as the press continues to circle him, how long can James stay in the closet?

Kate White

AGGIE RETURNS TO NURSING!

Lorna Laidlaw (Aggie) is excited about her alter ego's next move...

There's going to be a big change for Aggie Bailey this spring, as she returns to work as a nurse.

The kindly matriarch had stepped back from the job after a patient died in her care and shook her faith in her ability – however, she's going to brave a comeback. For *Corrie*'s Lorna Laidlaw, it will be an interesting new direction for her character.

"I've been filming scenes in my lovely nurse's uniform," she explains. "For me, it was important for Aggie to go back to nursing. I really wanted somebody in the family to have noticeably been university-educated. I wanted Aggie to come from that background. Nursing is also a vocation, and we know there's a great story for why she left."

Sadly for Lorna, the new nursing job means that she'll leave Roy's Rolls and co-star David Neilson (who plays Roy) behind.

"I miss him – I have Roy-withdrawal symptoms!" she laughs. "I love that Aggie couldn't cook and she was working at the café, burning things. People were polite about it – I would have been kicking off!"

"The café is such a hub, as you get to meet so many of the cast members when you're working in that place. A lot of the Bailey stories have been quite isolated stories, to do with the family, so it was a great place for Aggie to meet the community. Aggie has moved on – but she'll still be going into Roy's Rolls for a cup of tea!"



INSIDE SCOOP

EASTENDERS | BBC1 THURSDAY

Stuart proposes to Rainie!

BUT WHAT ON EARTH WILL SHE SAY?

Stuart tries to find the perfect way to cheer up his depressed girlfriend this week, and decides to propose to her! But will that do the trick?

Stuart grows concerned about Rainie's wellbeing when she has an awkward encounter at the funeral parlour, where they both work. An ex 'client'

of Rainie's turns up at Coker's, which embarrasses her, as it reminds her of how she used to earn money as a sex worker.

"Rainie has changed so much in the past few years," states our *EastEnders* spy. "She's worked hard to leave that part of her life well and truly in the past. So, when she sees a reminder of her former

occupation right in front of her, she is momentarily thrown, not to mention ashamed."

Fortunately, Stuart is quick to notice Rainie's discomfort, and does his best to try to reassure her. Nevertheless, she remains unsettled by the unexpected encounter.

It seems nothing can improve downcast Rainie's mood, even after the couple go for dinner at Walford East later that evening. Initially, everything seems to be going quite well, but once Mick and Linda turn up to enjoy a meal at the restaurant too, things head south very quickly.

"Mick and Linda are having troubles of their own, of course," our mole reminds us. "And although they're slowly working through their issues, Linda is still feeling rather brittle, to say the least. That's the last thing Rainie needs right now, and the two women are soon at each other's throats!"

Rainie's spat with Linda prompts her to talk to Stuart about her chequered past, exposing her vulnerabilities to him like never before. And once Stuart realises just how sensitive Rainie is, he's at a loss as to what he can do to help her.

Stuart's customer at the undertakers' is also an ex-customer of Rainie's



“Rainie feels ashamed when an ex ‘client’ turns up at the undertakers’...”



"It's interesting to see just how similar Rainie and Stuart are," muses our sneak. "They both have a history of addiction, and they both hide their true

insecurities behind a hard exterior. You can see why the pair might be kindred spirits, but that doesn't mean that poor Stuart automatically knows the right words to comfort Rainie. If anything, he just seems to put his foot in it and make matters worse..."

After speaking to his brother Callum, and then overhearing Jay and Lola discussing their relationship, Stuart comes up with a plan to make everything all right – he will ask Rainie to be his wife!

However, although his intentions are good, is this really what Rainie wants to hear right now?

Or does she just want Stuart to truly listen to her, and understand how she's feeling?

Tom Spilsbury

The reminder of her past leaves Rainie feeling down



Stuart's taken aback when his customer reacts badly to seeing Rainie



MARRY ME, LOLA!

Jay has a proposal of his own...

Stuart isn't the only Walford fella planning on making a grand romantic gesture this week, as Jay summons the courage to pop the question to Lola!

Jay's trying to find the right moment to make his move, when Lexi catches him covertly checking on the engagement ring that he's planning on giving to her mum. After making Lexi promise to keep his plan a secret, Jay brings her in on the surprise as the pair practice what he's going to say to Lola. However, Lola chooses that exact moment to return home – and Jay and Lexi are forced to cover!

How will Lola react when Jay later springs a romantic meal on her – and asks her to be his wife?



INSIDE SCOOP

Laurel finally tells all!

SHE REVEALS THE TRUTH TO JAI AFTER ARCHIE IS HURT AGAIN...

EMMERDALE | ITV THURSDAY

Laurel insists to her son that she will be the one to tell Jai

Laurel is forced to finally confess Arthur's cruel abuse of Archie to her partner Jai this week – after the little lad is hurt once again!

When Arthur admitted to his mum a few weeks back that he was responsible for the physical and psychological torment Archie had been suffering, he promised her that he'd stop. So imagine how horrified Laurel is when she finds Archie trapped beneath a cabinet – and he points the finger of blame at Arthur...

"Laurel's in a really difficult position, because emotions are running high," explains

Charlotte Bellamy, who plays her. "As a parent, you want to protect your child, but the audience is maybe thinking that what Laurel is doing isn't the right thing – that telling the truth is the right thing."

Although Laurel was shocked when Arthur revealed what he had been doing to Archie, she agreed not to tell Jai until after they got back from Sandy's funeral in Australia. However, she still hasn't managed to find the right time to confess...

Things become even more tricky for her when Jai suggests that they move in together, and Arthur realises the time

has arrived for him to fess up. Yet when he goes to talk to Jai, his mum stops him.

"When it comes to the crunch, Laurel feels she should be the one to tell Jai what happened, rather than putting her son in that vulnerable position," says Charlotte. "She feels responsible for Arthur's behaviour, even though he's old enough to take responsibility

for his own actions. Laurel has so much guilt over what Arthur has been through, and she's aghast about this situation."

Before Laurel has a chance to sit down and tell Jai what's happened, however, another terrible accident befalls Archie! Arthur assures his mum he had nothing to do with it this time, but Archie begs to differ. So, with Jai desperately looking

Jai's stunned that Laurel would keep this from him..."

Archie blames Arthur for his accident – forcing Laurel to confess all

You can say that again!

OUR FAVOURITE RECENT SOAP QUOTES...

"Tell me, Peter, what are you going to do when me and Steve move in here? Go to live at Roy's with Carla – two nutters and an alky under one roof? Are you sure you can handle the stress of trying to buy a property? I don't want you taking to the bottle again, or Carla cracking up taking to the streets in her bare feet."

Oh Tracy love, don't ever change!

"Look at all them front doors, all them families getting on with their lives. And they are just today's families – there's more families before them, and more families before them. All gone now. More dead people than alive people."

To be honest, Daniel's tribute to 35 years of EastEnders needed a bit of cheering up.

"Can you do us an espresso martini?"

"I can do you a filter coffee with a shot in it."

Weatherfield has moved on from the days of Ena Sharples and her milk stout, but not by much.

"I'm going to make Daniel a special meal tonight."

"Well, if that don't finish him off, the cancer's got no chance."

We always wondered if the 'surprise' in Sausage Surprise was the arrival of an ambulance.

"I am deeply sorry that Graham came after you. And if I'd have known, I'd have said to him what I am saying to you now. You are not my hero. You are not my protector – and the only thing that I learned from my relationship with you is that I have to protect myself."

This speech would have been made perfect if it ended with Rhona dispensing a swift knee to Pierce's soft parts.

"Your rapist has been giving me legal advice for weeks."

A classic bit of 'only in a soap' dialogue!

for answers, Laurel's only choice is to spill the beans.

"Jai's stunned that Laurel would keep this from him," sighs Charlotte. "It's the initial shock of, 'You didn't tell me, you kept it hidden!', rather than thinking about what Arthur's actually done to Archie. It's more about the betrayal from Laurel than the betrayal from Arthur."

So with the truth now out in the open, what does this mean for Laurel and Jai's relationship? Can he forgive her for keeping this from him? And will Jai allow his son to move in with the boy who's been abusing him?

"It's addressing the issue of blended families," Charlotte tells us. "It's an absolute can of worms! It's been such an interesting topic to tackle, and this story is going to twist and turn for a long, long time..."

Sarah Ellis

EASTENDERS | BBC1 MONDAY

Jean accuses Suki of lying!

SHE'S RUMBLLED THE DECEITFUL WOMAN...

There's trouble for manipulative Suki this week, as Jean accuses her of faking her cancer in front of the whole of the Vic!

After initially befriending Jean to get information to make her cancer lies sound more plausible, Suki has aroused her neighbour's suspicions. Now, having gone on a mission to get to the bottom of Suki's treatment mishaps, Jean thinks she could be making it all up.

As Suki desperately tries to contain the damage, Jean digs deeper – and that's when she

finds the evidence she needs to confirm her theory.

"Jean isn't willing to let this one go – it's too important to her," explains our Walford insider. "If Suki is lying, then she's been manipulating Jean and her late partner Daniel in

a sick way. Jean invites Suki to a cake sale, and starts quizzing her to see if she trips herself up. Sure enough, Suki falls into

Jean's trap – although she's not going down without a fight!"

There's no doubt that Suki is a formidable woman, and her warning to Jean is chilling. Her main goal is to ensure that her children don't find out she's

"Suki's not going down without a fight!"



Shirley comforts Jean after the accusation, as Suki and Vinny look on

lying about having cancer, but Jean won't let her keep hurting them. So, she turns up in the Vic and openly accuses Suki in front of Ash, Kheerat, Jags and Vinny. It looks as if Suki has a lot of explaining to do...

"The Panesars are totally shocked when Jean exposes Suki, and they rally round to protect her," explains our mole. "They might not be willing to let their sick mother be on the receiving end of public



Shirley gives Vinny her trademark hard stare

humiliation, but it has got them thinking. Ash and Kheerat don't 100% buy Suki's story anyway. And now they want her to explain herself."

As Suki's most devoted child, it's unusual for Kheerat to go against his mum, yet he calls her bluff as they return home. Suki has to then lie through her teeth to convince her brood that she really is dying of cancer, or finally be honest. Either way, it's going to cause a big drama in the family – and given how Ash is still struggling to be part of the clan again, it's not what Suki wants.

Has Jean given her no choice other than to admit to telling a horrendous fib?

Kate White

Your soap story Wish list!

"**Ian** had a fancy for **Sharon** recently, and it would be great for two of *EastEnders*' original characters to get together... but it should be **Sharon** and **Kathy**! What better than a big Walford wedding for the show's 40th anniversary?"

...reckons reader **Mila from Holland**



"Now all that **Pierce** nonsense is over, can we have *Emmerdale*'s **Kim** and **Rhona** as mates again? They were much more interesting that way than when they were sniping at each other. Plus, Kim needs a mate to remind people she's not a monster!"

...suggests reader **Delia from Chiswick**

"While he's convinced **Maria** that he's the good guy, maybe it'll take the woman who really knows *Corrie*'s **Gary**, his mum **Anna**, to see his true colours and expose him – as much as it'll break her heart..."

...pleads reader **Freddie**



"Now *Neighbours*' **Aaron** and **David** have taken part in the Sydney Mardi Gras, can they come over to London and be in that Pride parade next, please?"

...begs reader **Dylan from London**

Each week, we invite readers to share their dream soap storylines on our **InsideSoap** Facebook page. Check it out and join in the fun at www.facebook.com/insidesoap. Or you can email your idea to us at wishlist@insidesoap.co.uk. There's a **£10 prize** for every suggestion we publish in the magazine!

PHOTOS: GETTY

INSIDE SCOOP



Geoff continues to chip away at Yasmeen's confidence

CORONATION STREET | ITV WEDNESDAY

I know what you did!

WILL GEOFF MOVE YASMEEN ABROAD TO ESCAPE ALYA'S ACCUSATIONS?

There's another furious showdown in store for Alya and Geoff this week, as she works out that he's behind the damning online reviews for Speed Daal.

But yet again it's Yasmeen who suffers, as her abusive husband claims that Alya

is troublemaking, forcing Yasmeen – still unable to believe that Geoff is capable of such a thing – to stand against her granddaughter.

So when Geoff proceeds to suggest to Yasmeen that they ought to make a fresh start abroad, has Geoff finally succeeded in alienating his

poor wife from all those who truly care about her?

“Geoff’s vindictiveness is totally out of control!” spits our *Corrie* spy. “Alya’s well aware that something’s not right with his and Yasmeen’s marriage, and Geoff knows she’s on to him. He’s determined to come between his wife and her relative at any opportunity – and, worryingly, the more he wears down unsuspecting Yasmeen, the easier it is for Geoff to get his wicked way...”

When the bad reviews first appeared, Geoff accused Alya of being to blame for the flurry of customer complaints. But after she spots that a spelling

mistake in the new menus drawn up by Geoff is the very same error in some of the bad reviews, she realises it must have been him all along. As Alya marches straight round to Yasmeen’s to present the evidence, however, Geoff is

quick to turn the tables.

“After quitting the Bistro, Alya went back to the family restaurant

– which gives her the chance to keep an eye on Geoff,” our insider reminds us. “He was outraged by her return, and immediately set about plotting his revenge by posting the dodgy reviews himself. And when Yasmeen insists that her husband would never ruin

“Geoff’s vindictiveness is totally out of control!”



As Geoff doubles down on his abuse, will he convince Yasmeen to leave with him?

Gemma's cry for help!

AS SHE FALLS ASLEEP HOLDING HER YOUNGSTERS, WILL THE MUM FINALLY ADMIT SHE'S STRUGGLING?

Parenting four babies continues to take its toll on Gemma this week, as she and the quads head to Speed Daal for a storytime session – and the exhausted young mum nods off in the middle of it.

Being out and about with her kids and getting to know other local mums is a positive thing for Gemma to be doing, as she gives motherhood her best shot. But after her son Aled was diagnosed as profoundly deaf, Gemma has been piling more and more pressure on herself to keep her little ones happy and healthy – sacrificing her wellbeing in the process.

She's been left shattered, so it's no surprise when the worn-out woman falls asleep right in the middle of a kids' group. Fortunately, her fellow mums are on hand when Gemma's tiredness takes over – and they kindly intervene to gently take her babies from her.

Gemma soon wakes up, however – and is mortified to

Gemma is clearly in desperate need of help



realise what's happened. But when her new pal Vanessa mentions that Gem could do with some help in caring for four kids, Gemma is given food for thought. Picking up the phone to call her mum Bernie, who recently moved away from the cobbles, she ends up leaving a voicemail.

But rather than admit that she could do with her mother's support, Gem instead fibs that she's calling for a chat. Might Bernie step up to the parenting plank, and detect that her daughter is struggling?

Allison Jones



his own restaurant, Geoff takes his chance to go in for the kill with Alya..."

Insisting that he and Alya can't work together, Geoff suggests that she should sell her share of the business to him and Yasmeen. But when Alya rejects the idea, Geoff strops off – supposedly to consult a business advisor. Meanwhile, Alya is extremely concerned to discover mysterious cash withdrawals from the Speed Daal accounts. But then Geoff returns from his fake business meeting and claims that he's been advised to sell up and move abroad – knocking Yasmeen for six!

"Of course, Yasmeen is reluctant to leave her

home and her family behind," says our snoop. "Yet again, though, Geoff twists her words to imply that she's having doubts about their marriage, and Yasmeen's mortified. But Geoff is going to have to work fast to talk her round – because Alya's well and truly on his case..."

After Eileen regales Alya with the recent nightmare of Yasmeen being locked in Geoff's magic box before he went out and left her, Alya is desperate for her grandmother to see him for the shameless abuser he really is. But as Yasmeen continues to insist that Geoff loves her, can anyone manage to convince her otherwise?

Allison Jones

HOLLYOAKS | Channel 4 **TUESDAY**

Mitchell's unhappy birthday?

**HIS TWIN TOBY
THREATENS TO
REVEAL THE
SIBLING SECRET...**

**Resentful Toby looks
ready to ruin his twin
brother's birthday**

Birthday boy Mitchell could get a present he wasn't expecting this week, if his secret twin Toby has his way!

As Mitchell's loved ones gather in the Dog to celebrate with a surprise birthday party, Toby's fuming that, once again, he's spending his special day without his biological family by his side. So with vengeful

Toby threatening to expose his true identity to everyone at the get-together, is Mitchell about to receive the biggest bombshell of his life?

"Be prepared for some big surprises!" teases star Imran Adams, who plays Mitchell. "There are still a lot of things that the audience doesn't know about – things that have been hinted at for months –

so hopefully people can join the dots and realise that the answers were right under their noses on screen all along!"

Toby may be out to ruin the happy occasion, but Scott is determined to make sure that Mitchell has the best day ever. It's the first birthday the pair have spent together as a couple, so Scott throws the party to end all parties...

"Mitchell's not really looking for much of a fuss," confirms

Imran. "But Scott wants to give Mitchell a birthday to remember! So when Mitchell arrives at the Dog and sees what Scott has done for him, he's shocked, to say the least."

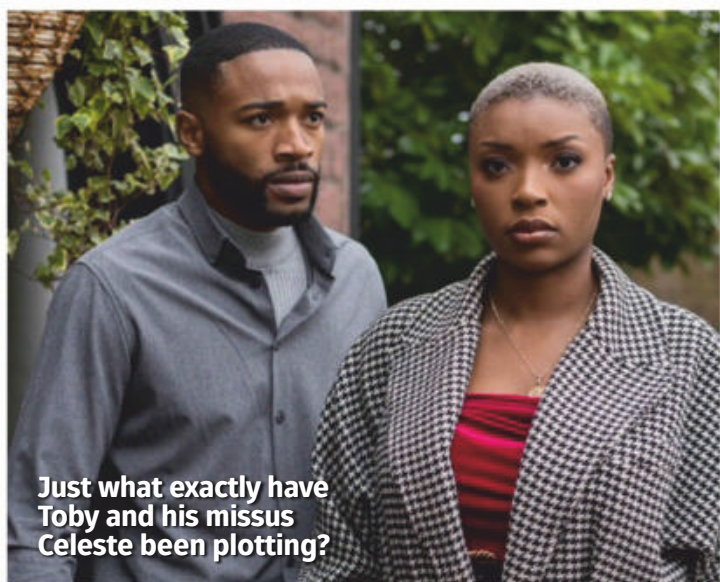
"Scott goes for it – it's really a celebration of Mitchell coming out as well as being his birthday," he adds. "So it's one big, LGBT, out-and-proud rainbow bash!"

However, with vengeful Toby lurking in the background, the

There are still a lot of things the audience doesn't know about"



Scott goes all-out to give Mitchell a birthday to remember



Just what exactly have Toby and his missus Celeste been plotting?

party could soon descend into disaster! And he's not the only person threatening to derail the fun – Mitchell's grandad Walter is refusing to come along to the soirée, having rejected his grandson after Mitchell came out as gay.

"He's not happy without his grandad there," sighs Imran. "It really would mean everything to him if Walter was to turn up. All Mitchell wants right now is to lead a happy life, but that's hard because he feels incomplete without his grandad – he feels as if a part of his soul is missing."

With that in mind, loving partner Scott visits Walter

to beg him to put his own feelings aside for the day, and to come and join his grandson's special shindig. So might Walter turn up after all and cause a scene? Or will it be Toby who crashes the party and sends Mitchell reeling? Either way, Imran tells us that there's plenty of drama in store...

"This plot is very ambitious – it's a bit like a psychological thriller!" grins the star. "There's a lot of backstory involved, and it's never been done in a soap in quite this way. It's different, it's unique – and it's a little bit scary!"

Sarah Ellis

DADDY DEAREST

We'll soon be meeting Mitchell's long-lost father, Felix...

Following the shocking revelations at the party, Mitchell goes to his mum, Martine, to ask for details about his biological father. And while we already know that her ex, Felix, will be bad news, Imran's delighted to have actor Richard Blackwood on board to play him...

"I was surprised, and amazed at the same time!" grins the star. "Richard is a black British icon – he's done so much and had such a long career, so the fact that he's playing my dad means a lot."

"Richard has been filming with us for a few weeks now," adds Imran. "He's been pushed straight in at the deep end – there's been drama, tears and huge revelations. But I think he's having fun – *Hollyoaks* is the best soap, after all!"



PHOTO: INSTAGRAM / IMRANADAMIS

HOME AND AWAY | Channel 5 MONDAY

Robbo's TRAGIC DEATH!

THERE'S ANOTHER
TEAR-JERKING
GOODBYE IN
THE BAY...

The residents of the Bay are left reeling as they learn of Mason's murder this week – yet there's more tragedy to come when Robbo dies!

After the tense hostage situation at the hospital is finally brought to an end by heroic Colby and Dean, Robbo is fighting his own battle out in the bush. And it's one that he's not set to survive...

"Robbo's in a car with police officer Scott, headed towards the hospital, when Scott pulls a gun on him!" reveals Jake Ryan, who plays tortured Robbo. "It turns out that Scott was responsible for Lance's death, and now has orders to kill Robbo! He plans to take him to a remote location and push him over a cliff."

It transpires that Robbo's nemesis Victor has got to Scott, and is holding his family hostage, threatening to off

them unless the police officer does what he says. So can Robbo persuade Scott that the pair of them need to join forces to bring down Victor once and for all?

"Robbo does manage to convince Scott that they can get through this together, and that they need to stop these guys," Jake tells us. "They get in the car and Scott's driving, and then there's a big crash."

"The next thing you know, Robbo's being wheeled into

Robbo survives the crash, but won't survive the week



the hospital," adds Jake. "And the doctors are baffled as to how he's still alive – there's no medical explanation as to how he survived this crash."

As Robbo is wheeled into theatre, his wife Jasmine is

absolutely distraught – having only just survived the hospital siege herself. Meanwhile, Tori arrives at the hospital with baby Grace, and Robbo's loved ones gather at his bedside to pray that he'll pull through this.

Home and Away fans will have to tune in to find out what happens next – but one way or another, Robbo will be leaving the Bay in a body bag before the week is out!

"Robbo makes Colby promise to look after Jasmine once he's gone," says Jake. "His whole life has been quite tragic when you think about it – he finally gets to catch the people who killed his family, but at the cost of his life..."

Sarah Ellis

“Robbo makes Colby promise to look after Jasmine...”



Jake tells us why the time had come to leave Summer Bay...

How do you feel about Robbo being killed off, Jake?

I think it's what the character deserves. All Robbo wants to do is protect those he loves – Jasmine, Tori and Grace – so it's quite fitting that after the journey we've been on with him, he pays the ultimate sacrifice to keep them alive.

done so far has been quite serious and heavy, which I love, but it would be fun to do something lighter. I can't pick and choose my roles yet, though, so any opportunities that come my way I'll give my best shot!

What made you decide to leave *Home and Away*?

It's good to go out while people still enjoy the character, and while I'm still enjoying playing him. Also, there's not a whole heap more they can do with Robbo. If we pushed it out for a bit longer, people would get bored of the character.

How do you feel about leaving the show?

I'm sad to leave it behind. We film for 10 hours a day, five days a week, and I don't think there's another job that I will ever put so much time into, or where I will spend so much time with a group of people.

What's next for you?

I think comedy would be good. Everything I've



INSIDE SCOOP

Alf's proposal!

Will Martha agree to marry him?

HOME AND AWAY
Channel 5 **WEDNESDAY**

Following the hospital siege, Alf decides that life is for living this week – and proposes to Martha!

Alf and Martha return to Summer Bay after their travels to be greeted with the news of the tragic shooting at the clinic – and, realising that life's too short to hold back, Alf organises a vigil so that the locals can pay their respects.

Meanwhile, noticing that Alf is being particularly reflective,

Martha queries him on it – and that's when he drops the bombshell and asks if she'll marry him again!

However, to Alf's surprise and sadness, Martha proves hesitant about the proposal. She fears it's come out of nowhere, and Alf is shocked



when she leaves without even giving him a definite answer!

Martha confides in Roo about her predicament, but her daughter is over the moon about the possibility of her parents reuniting. So will Martha say yes – or will she break Alf's heart?



Trouble for Mercedes...

HOLLYOAKS
Channel 4 **MONDAY**

Although it has only been a few months since Mercedes was shot, the Dog's landlady finds herself under threat yet again this week – as

Liam Donovan declares that he's coming for her!

Following the death of his brother, Jesse, Liam wants revenge on all those who wronged him – with Mercedes top of the list.

Mercy's further panicked when a mystery visitor pops a funeral wreath on her door with her name on it! But was it Liam, or is someone else out to get her?

Toyah's new career?

CORONATION STREET
ITV **FRIDAY**

Toyah's on the hunt for a new job this week – however, when Imran suggests she would make a great PA, will Toyah go for it?

After spotting a vacant position at a company called

Heywoods, Toyah considers applying. Although when Nina points out how unethical the firm is – revealing that she once chained herself to the railings outside its offices in protest – Toyah thinks twice.

But as Toyah tells Imran that she's not going for the job after all, will he support her?



First-date disaster!

EMMERDALE
ITV THURSDAY

Smittened Mandy and Dan continue to flirt with one another this week – and finally go on a date!

However, disaster strikes for Dan when, at the café, he

samples some of Heath and Cathy's homemade vegan cakes and cookies, only to suffer an allergic reaction!

Thankfully, Dr Cavanagh is close by to assist – but will Dan be okay? And, if so, will he and Mandy get to have another shot at romance?



Cameron exposed

HOLBY CITY
BBC1 TUESDAY

Suspicious Xavier is stunned this week, as he unearths Cameron's shameful secret.

Xavier learns that it was in fact Jason who performed an emergency thoracostomy on a patient trapped in the hospital lift a while back –

and not Cameron, who has been taking all the credit!

So Xavier – armed with the ammunition he needs to expose Cameron's true colours – confronts Cam publicly on the ward. How will Cameron's superiors react if the medic is forced to finally tell the truth? Are his days as a doctor now numbered?

Back off, Patrick!

Isaac lashes out at his dad yet again...

EASTENDERS
BBC1 THURSDAY

There's more trouble between Patrick and his secret son Isaac this week, when the pair clash during a boys' night out.

Having almost spilled the beans about Isaac's paternity at the doomed boat party, Patrick is still struggling to connect with his boy. So, when Denise encourages him to join Isaac at a night out with Mick, Mitch and Jack, Patrick is reluctant.

When Patrick finally does arrive, Isaac soon makes his contempt felt. Patrick pulls



his son up when he overreacts during a game of air hockey, and soon receives a vicious mouthful of abuse in return.

The next day, Sheree gives Isaac hell for being so nasty to Patrick, and after eavesdropper

Denise tries to calm things down, she finds out that it's the anniversary of the death of the man Isaac believes to be his father. But can she persuade him to look to Patrick for support?

INSIDE SCOOP



Let's try again

EMMERDALE
ITV MONDAY

Loved-up Luke asks Victoria to give their relationship a second chance this week, despite the issues between them.

All was going well until they attempted to move their physical connection

to the next level, leaving traumatised Vic to call a halt. She's still haunted by what Luke's rapist brother, Lee, did to her, but Luke is willing to wait as long as she needs to feel comfortable.

Is Victoria ready to let Luke back into her life, or will she leave him and his family in the past?

Roy defends Nina!

CORONATION STREET
ITV WEDNESDAY

Roy resigns from the bat society this week, after his fellow members turn on his niece Nina.

Despite Nina designing bespoke bat boxes for them, the group immediately takes against her because of her

unconventional dress sense. When Roy realises, he's so furious that he quits – but lies to Nina that an upcoming meeting is cancelled. She's gutted, yet there's worse to come as she learns the meeting wasn't called off at all.

Can Roy explain to Nina what the problem is without leaving her even more hurt?



Finn's fists of fury!

He hits his dad after his dark memories return...

NEIGHBOURS
Channel 5 WEDNESDAY

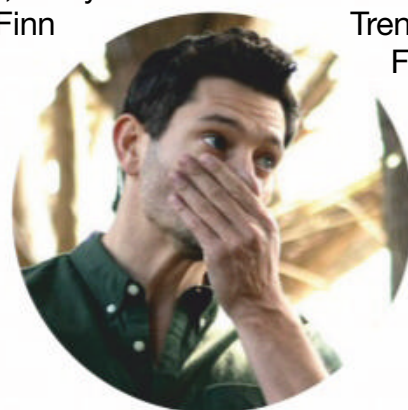
Finn's dark side resurfaces again this week, as he launches a vicious attack on his dad, Trent!

Finn has been experiencing flashbacks of his old life, and has vowed to get to the bottom of the recollections. After orchestrating a visit to his old mentor, Harry Sinclair, sneaky Finn covertly seeks out details of a storage facility, which may hold the key to unlocking his past...

After accessing the unit, he sifts through clues that point to the sinister man he used to be, leaving Finn feeling disturbed. Later, he finally agrees to meet up with Trent again, having discovered the truth concerning his dad's actions in Colombia.

It's a tense moment for Finn as he faces the father who left him in the hands of South American terrorists. Then, as

Trent tries to apologise, Finn is suddenly flooded with anger – punching his dad down to the ground! Has Finn well and truly returned to the dark side?





Just good friends?

HOLLYOAKS
Channel 4 **FRIDAY**

Liberty continues to fall even deeper in love with her ex-boyfriend Brody this week, but will he realise what's going on?

The twosome have been thrown together in the wake of Sienna's departure, and when Brody asks Lib to teach him how to dance this week, it's clear that she's head over heels for him.

But with Liberty carrying Brody's baby – which they intend to bring up without Sienna – for how long can the pair deny the obvious spark between them?



Docs turn detective!

Al and Emma join forces to help Jimmi's fight...

DOCTORS
BBC1 **TUESDAY**

When Al visits Jimmi in prison this week, he's left extremely worried about how defeated his friend has become concerning his future.

Back at The Mill, Al shares his concerns with Emma, declaring that if Jimmi won't fight to get himself out of jail, then they'll just have to do it for him. And when Al meets

patient Mo, he shares some very intriguing information concerning Mo's previous job working at The Icon.

Meanwhile, Emma visits DS Musgrave and secretly takes a snap of something potentially important on her computer screen while the detective is away from her desk.

Al and Emma reckon they're both on to vital leads, but what will police officer Rob make of what they've discovered – and will it help Jimmi?



Linda's recovery struggle

EASTENDERS
BBC1 **MONDAY**

There's further hurt for Linda this week, when she finds Mick searching for hidden alcohol.

Despite Linda continuing to do her best to combat her demons, the trust between the couple has been broken, and Mick can't help but worry.

It's Stuart who offers Linda support when he spots her at an AA meeting, and realises she's finding it tough to stay sober. They have a troubled past, but Stuart understands what Linda is going through. Can he help her to stay clean?



REGIONS & RADIO...



FAIR CITY

● Orla and Wayne clash over Junior returning to school this week – and later, Orla decides to go back to work. But will Wayne do the same? Elsewhere, Anto begs Hayley to shut down the money-lending business, and Melanie tries to stop her habit of sleepwalking...



RIVER CITY

● Lenny and Alex try to run dangerous Rory out of town this week – but just as they thought they'd got rid of him, the situation suddenly turns into a life-or-death matter. Meanwhile, poor Bob struggles to cope with his recent ordeal. Plus, Stevie makes a gesture to Poppy...

THE ARCHERS

● It's Natasha and Tom's wedding anniversary this week, but that soon becomes insignificant when something unexpected rocks the village. Meanwhile, Freddie continues to ignore Lynda's repeated attempts to apologise. Finally, there's a problem with the kitchen!

See p93 for times & channel details

WHAT HAPPENS WHEN?

SAT
7
MAR

EASTENDERS



- 🤔 Gray learns his firm has dropped Whitney's case.
- Jean is determined to find out if Suki is lying about her cancer!
- Lexi catches Jay with an engagement ring in his hand...

SUN
8
MAR

MON
9
MAR

- What will Lola say when Jay gets down on one knee?
- 🤔 Gray reveals he plans to represent Whitney anyway!
- Rainie comes face to face with an ex 'client' when they visit Cokers.

TUE
10
MAR



- Mitch is suspicious when someone says they saw Gray at a hotel...
- Denise wants Jack to organise drinks for Patrick and Isaac...
- 💍 Stuart has a plan to cheer up Rainie and proposes to her.

WED
11
MAR

THU
12
MAR



- Will Gray find anything to help Whitney's court case?
- There's trouble in paradise for one of Walford's couples...
- Sharon struggles to make funeral plans for Dennis.

FRI
13
MAR

CORONATION STREET



- Gary vows to teach Ali a lesson - what does he have planned?
- Craig has a check-up with Ali, when the medic suddenly collapses!
- 🏆 Aggie collects her Weatherfield Golden Hearts Award...



- Ali scares Maria and tells her he believes Gary spiked his drink!
- 🤔 Alya realises that Geoff is the one giving her bad reviews.
- James lies to his team's press officer, telling them he's not gay.



- 🏠 Audrey worries that Ken is being forced into moving.
- After an emotional goodbye to Ryan, Ali leaves the Street...
- Gemma can't bring herself to tell Bernie she needs help!

- Alya is left horrified after uncovering a shocking truth...
- Will Seb's head be turned when he spends time with Alina?
- Gemma continues to struggle looking after the quads.

EMMERDALE



- Charity begs Tracy to put a stop to Vanessa's surprise party...
- 🤔 ...and Charity's forced to tell her that Vanessa's ill!
- Arthur is relieved when Laurel agrees to keep his secret.

- 🚗 Cain uncovers a package hidden in Malone's car!
- Charity and Tracy clash over taking care of Vanessa...
- Laurel feels guilty when Jai suggests moving in together.

- Will is anxious when Cain leaves him to deal with Malone...
- ...but Cain soon realises that he's been set up by the detective!
- 🍏 Brenda's got competition after a food outlet opens nearby.

- Laurel finally reveals to Jai how Arthur's been hurting Archie!
- 🤔 Brenda worries when Dan has an allergic reaction...
- Samson needs to find money to pay for a school trip...

- Is it too late for Laurel to save her and Jai's relationship?
- Andrea realises she might have to play dirty with Kim...
- 🏠 Samson raises the cash for his school trip - but how?

- Andrea attempts to get a confession - but from whom?
- Marlon's friends worry about the state of his mental health!
- Victoria has a very special question to ask Moira...

**SNEAK
PEEK
AT
NEXT
WEEK**

YOUR ENTIRE SOAP WEEK AT A GLANCE!

HOLLYOAKS



- Mitchell is hopeful that Walter will celebrate his birthday with him.
- Romeo is concerned for Celeste when Toby grabs her arm...
- 📱 **Warren receives a message from missing Sienna!**

- Scott tries to persuade Walter to come to Mitchell's party...
- ...Toby is increasingly angry when he spots Mitchell having fun!
- 📦 **Someone puts a funeral wreath on Mercedes' door.**

- Mitchell tries to come to terms with the events of his party...
- 👊 **...but was it Toby or Mitchell who caused a scene?**
- And will the Deveraux family ever be the same again?

- 👹 **Celeste is worried Toby has dropped out of their plan.**
- Jordan returns and wants Juliet's help to sell drugs in schools!
- Liberty continues to pine for Brody, but does he feel the same?

- PC Kiss becomes suspicious of what Juliet is doing...
- 😞 **Mitchell asks Martine and Walter about his dad!**
- Brooke is looking forward to getting back to normal.

- **Darren continues to put on a brave face, despite his feelings...**
- **Imran and Ollie attempt to impress with their school project.**
- **Can anyone help Liam before he becomes completely unhinged?**

NEIGHBOURS



- 💡 **Finn pays a visit to Harry to find out the truth about a memory.**
- Harlow gets ready to talk to Hendrix about their kiss!
- Lucy asks Mark G where their relationship is heading...

- 🌸 **Mark G continues to make romantic gestures to Lucy!**
- Finn uncovers the storage locker and is confronted by his past...
- ...and the Kennedys are worried as to why Finn visited Harry.

- Finn tells Trent that he knows what happened in Colombia.
- Paul is shocked when Lucy happily accepts Mark G's proposal!
- 💌 **Jane continues to obsess over Richard's final letter...**

- Prue tries to get Harlow to be involved in her wedding...
- 😱 **...but Harlow soon finds an email from the Order!**
- Kyle tells Gary he can't be a part of his fast-tracked wedding.

- 💋 **Finn confesses his feelings to Elly - he's in love with her!**
- Harlow doesn't know whether to reveal the truth to Gary...
- Paige worries about how she and Mark B can be together long-term.

- **Love is in the air as the Lassiters Wedding Expo kicks off!**
- **Elly's celebrations on Pierce's private island turn deadly...**
- **...will everyone make it back to Ramsay Street alive?**

HOME AND AWAY



- Dean and Colby go rogue and head into the locked-down hospital...
- 🤒 **Mackenzie risks her life to get medicine for sick Bella.**
- Robbo realises Scott has betrayed him, and the car goes off the road!

- Colby is horrified to learn Bella made herself ill on purpose.
- 💥 **Robbo is rushed to the ER following the car crash...**
- Justin and Tori are heartbroken when they're told Mason has died!

- 💬 **Jasmine heads to the Bay to tell Irene about Robbo...**
- Alex can't hold it together and confesses her guilt to Willow.
- Alf realises life is too short and asks Martha to marry him!

- After careful of consideration, Martha accepts Alf's proposal!
- Jade plays the victim to new Summer Bay resident, Nikau.
- 📺 **Ryder snaps and tells Alf the truth of the sex-tape scandal...**

- Marilyn is struggling after the events of the hospital siege...
- ...but Marilyn finds comfort in Ari and invites him over for dinner.
- 🕵️ **Alf is determined to find a way to clear Ryder's name!**

- **The residents of Summer Bay prepare for a sad goodbye.**
- **Nikau gets suspicious of Jade after keeping an eye on her!**
- **Ben receives a mysterious phone call from Alf...**

SAT
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MAR

FRI
13
MAR

SNEAK
PEEK
AT
NEXT
WEEK

SOAPBOX

RANT! RAVE! WE LOVE TO HEAR **YOUR** OPINIONS!

Win!
£10



DENNIS' BOAT PARTY DEMISE

I was saddened to see that it was Denny who died in *EastEnders*. He had real potential to become a very interesting character. But how awful for Sharon's baby to share his birthday with the day his brother died! Let's hope he doesn't find that out for a long time.

📧 | **Jennifer, Kent**

RUTHLESS RAY

Ray is just getting worse and worse on *Coronation Street*! The way he humiliated Abi in that hotel room was horrible. And I have a bad feeling he's going to string her along, now that he has evidence which might put Abi back behind bars. Fingers crossed Ray gets his deserved comeuppance before that can happen.

📧 | **Trevor, Aberdeen**

I think you might be right, Trevor, Ray is definitely paving his way to be the new villain!

NOSY NEIGHBOUR

I felt so sorry for Jane Harris in *Neighbours* getting her life savings stolen. That was until she went



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snooping through the filing cabinet in Susan's office at the school. And on her first day in a new job! What a nosy parker – Jane's very lucky that Susan didn't give her the sack!

📧 | **Rachel, Hartlepool**

Jane's certainly not making any friends with her antics.



MAMMA MIA!

After all this time, Tori in *Home and Away* is finally awake from her coma! But I can't believe she didn't recognise her own baby. After all the trouble she went through to have her, when Tori asked Justin to bring her 'real' baby to her, it brought me to tears. I hope Tori and her lovely Grace get reunited properly soon and become a real family.

📧 | **Susie, Bath**

Tori definitely deserves the family she's always wanted.

MAD ABOUT MADDY

Violet's death in *Casualty* was beyond sad. But Maddy Hill was amazing throughout those heartbreaking scenes. I really hope Ruby will carry on taking care of baby Harmony. It would be hard, but I think she'd make a great role model and mother.

📧 | **Jess**

Ruby might need a helping hand caring for little Harmony.

FAMILY UNITED

It's so sweet that *Hollyoaks*' Romeo and Juliet have decided to take Nightingale as their last name. I think it



Montague or Capulet?
Neither – the name's
Nightingale actually

will be a new start for the pair, especially Juliet as her mum wasn't the most maternal person. With Marnie and James looking after them they are the most dysfunctional, yet sweetest family in the village!

👤 | **Leela, Nottingham**

We agree! Although James isn't setting the best of examples at the moment...

GOODBYE, DOT!

June Brown quitting the role of Dot is truly a watershed moment.

As long as there's been *EastEnders*, there's been Dot. I hope she can be

persuaded to return to the Square for a farewell scene at least.

👤 | **Navdeep, South Wales**

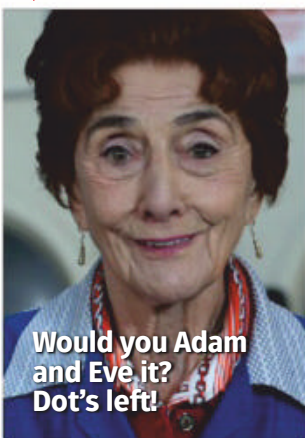
She will definitely be missed! Hopefully June will make one more trip back to Walford.

SOAP CROSSOVER

Is it just me or do Ash Kaur from *EastEnders* and Yashvi Rebecchi from *Neighbours* look very similar? The pair could be long-lost relatives, leading to a Walford-Erinsborough crossover! Imagine all the drama that would bring to both shows.

👤 | **Amy, Warrington**

Yes, we can see it now – maybe a spin-off called *Walford Down Under*?



Would you Adam and Eve it?
Dot's left!



ILLUSTRATION: ROB DAVIS

VANESSA'S NEW HORROR!

After Rhona's final showdown with Pierce in *Emmerdale*, we were then reminded of Vanessa's heartbreaking cancer diagnosis! What did our viewers make of these dramatic episodes?

Wow! What an episode that was – I'm so glad Rhona stood up against Pierce, but then what a kick in the teeth for us to find out about Vanessa. Then again, I don't think there's an actress better than Michelle Hardwick to take on this upcoming story.

👤 | **Ollie, Dundee**

I loved the fallout and the justice Rhona served to Pierce. It was important to see it

from Rhona's perspective and to get that story right. With a mix of Kim and Vanessa thrown in, and how the village found out made it all the more compelling.

👤 | **Chris, Co. Cork**

But some of you weren't that impressed with Vanessa's plot twist...

Why would they do this to poor Vanessa? The *Emmerdale*

scriptwriters seem to be relishing making the woman's life a complete and utter misery. They're going to have to explore Vanessa's mental health before long, because I don't know how someone can go through everything she has and still come out the other side.

👤 | **Will**

Why couldn't the makers of *Emmerdale* let the dust settle on the Pierce story before shoving in another one? I feel like the whole showdown with Rhona was overshadowed by the fact that Vanessa's seriously ill. No doubt they'll brush the whole Pierce ordeal under the carpet.

👤 | **Lucy**

I'm sure Pierce's actions will be felt in the village...

SOAPBOX Request SPOT

PRETTY & PINK

I absolutely loved the dress that Bethany wore for Sarah's hen party in *Coronation Street*. Can you tell me where I can get one?

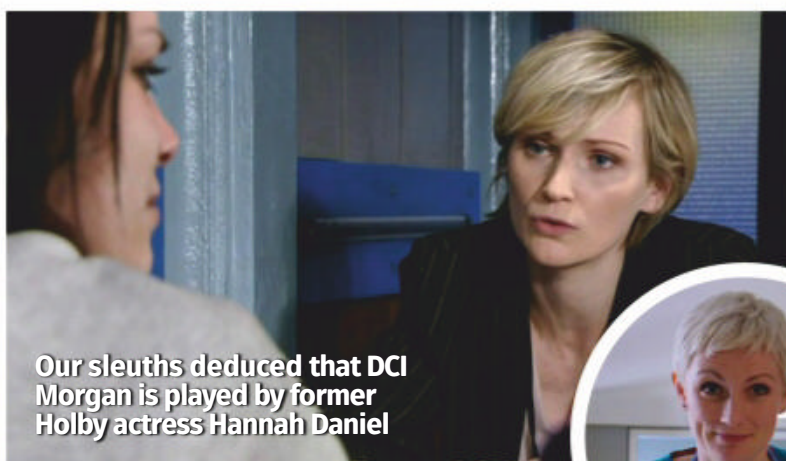
📧 | **Ruby**

This pink puff-sleeved velour dress is from H&M, and is on sale for £24. It comes in black too – but be quick, because they're both selling out fast!



Shame Bethany didn't wear a smile with her gorgeous dress

YOUR TRICKIEST SOAP QUERIES ANSWERED...



Our sleuths deduced that DCI Morgan is played by former *Holby* actress Hannah Daniel

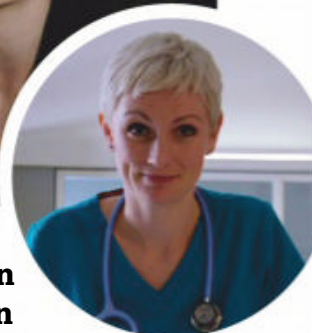
LOOKS FAMILIAR

In a recent episode of *EastEnders*, I recognised the police officer interrogating Whitney called DCI Morgan. Do you know what other shows this actress has appeared in?

📧 | **Cleo**

DCI Morgan is played by Hannah Daniel, and she

was also on the show in August last year when she investigated Phil's attack. More recently, Hannah was in the television show *Keeping Faith*. In 2018, Hannah also starred in *Holby City* as Leah Faulkner, the young F1 in training who did a rotation in AAU.



SOAPbubble! Win! £20



I asked for a sandwich, not a beefcake!

WINNER!

This week's prize-winning entry comes from **Belle**, via email. The cash for your *EastEnders* caption is on its way – congrats!

WANT TO BAG YOURSELF £20?

Tell us what you reckon is being said in this *Corrie* scene. Post your idea to the Soapbox address, email your entry to soapbubble@insidesoap.co.uk, or put it on our Facebook page. The prize-winning entry will be announced in two weeks' time!



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THE **BIG** *interview*



Scouse nous: Mark and Sam co-starred in crime drama Liverpool 1

EMMERDALE | ITV MONDAY

“Sam is excited about me doing Emmerdale!”

AS **MARK WOMACK** MAKES HIMSELF AT HOME IN THE DALES, HIS WIFE WAS ON HAND TO SHARE SOME SOAPY WORDS OF WISDOM...

We've only just met the mysterious DI Malone, but already it's clear that he's not a man to be messed with! His ominous appearance in Emmerdale village has left convicted gangster Will visibly shaken – and as it transpires that the two men share a shady past, we can't help but fear what menacing Malone might have in store for the former hard man and his co-conspirator, Cain.

Meanwhile, the actor behind the crooked cop is already a familiar face, with Mark Womack having popped up on our television screens many times over the years, in series including *Liverpool 1* and *Merseybeat*. He also happens to be married to former *EastEnders* star Sam Womack – best known and much-loved for playing the late Ronnie Mitchell. And Mark reveals that his wife had a few wise words of advice as he prepared to make his first foray into the world of soap...

"Sam told me to learn my lines and not knock anything over on set!" grins the actor, as he joins us for a chat. "She's excited that I'm doing *Emmerdale*. I actually came in to discuss another role a while back, and that didn't work out – but then this one came along.

"It's a lovely place to work – I'm very much feeling at home here now. The show's cast and crew have been brilliant, and I couldn't have hoped for a better start to a new job."

As the full extent of Will's former involvement with DI Malone emerges, there's no doubting – despite Will having turned his back on crime – that the detective has a sinister hold over him. And Mark admits that Will has good reason to fear his old adversary...

You wouldn't want to lock horns with Malone – he's dastardly!

"He's very dastardly – you wouldn't want to lock horns with him," shares the star, who has two kids – 19-year-old Ben and Lili-Rose, 14, with Sam. "Will worked for Malone at the ports when he was a customs officer, and he was Malone's man. It resulted in Will being convicted for drug smuggling and being sent to prison. Malone will stop at nothing to get what he wants and is very Machiavellian. Even though he's a policeman, he behaves in much the same way as the criminals he's going after."

Will isn't the only one fearing Malone's malevolence this week, as Cain is dragged on to his radar when he and Will confront the detective over a suspicious package Cain finds in his

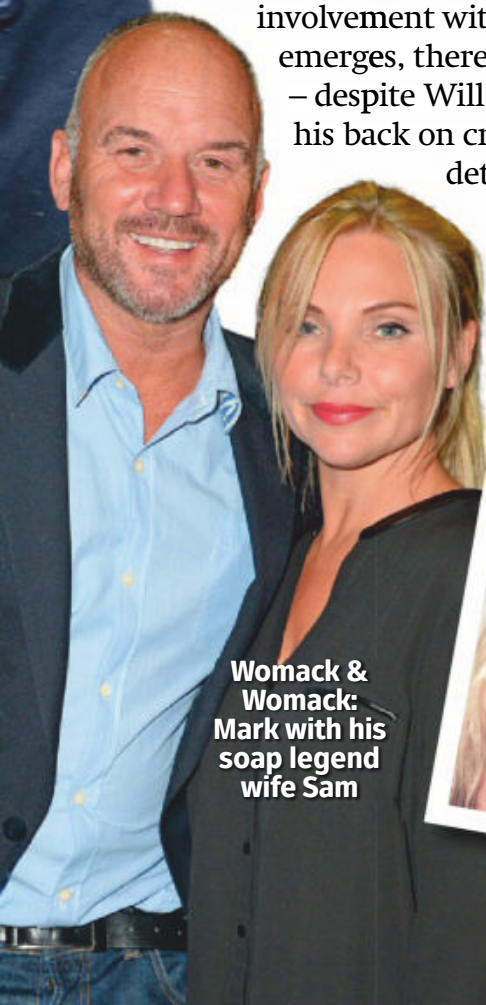
car. But Cain looks set to regret his brave move, once he returns to the village to find the garage has been trashed and Moira's bull murdered. And as Malone turns up to investigate, Cain is given pause while the shifty officer pointedly enquires who might have a grudge against him. But surely even Malone will regret messing with the renowned Dingle tough nut? Unfortunately, Mark doesn't think so...

"Cain has definitely met his match – undoubtedly, in fact!" he insists. "Malone is confident that he can get his own way, no matter what anybody else thinks. People are afraid of him because he's totally uncompromising. Also, he's a detective inspector, which gives him more status – and he has many dodgy friends who are able to back him up. So I'd stay out of his way!"

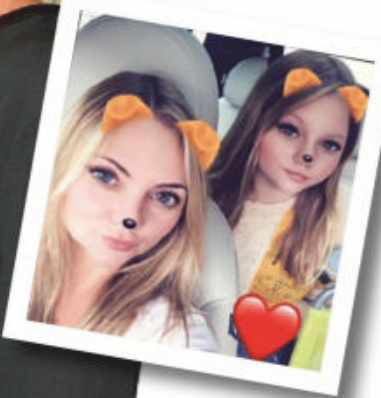
Allison Jones



Against your Will: Malone looks set to land him in serious trouble



Womack & Womack: Mark with his soap legend wife Sam



Past LIFE! Mark is working with a familiar face...

As Mark tells us how much he's enjoying his scenes alongside Dean Andrews (aka Will) and Jeff Hordley (who plays Cain), he reveals that this isn't the first time he has crossed paths with Dean...

"In 2003, Dean and I did a Channel 4 series called *Buried*, which was set in a prison and about life inside," says the actor. "I'm a big fan of Dean's work, and he and Jeff are both terrific actors. My first day was pretty terrifying, seeing all these familiar faces. But everyone's been great, and Dean and Jeff have both been looking after me. I'm lucky to have fallen into a storyline that involves their characters."



NEIGHBOURS | Channel 5 **TUESDAY**

“I’ve never had a soap wedding... until now!”

MELISSA BELL CAN’T HIDE HER GIDDINESS AS SHE GEARS UP FOR THE *NEIGHBOURS* ANNIVERSARY CELEBRATIONS...

“**L**ucy Robinson just keeps coming back bigger, better and stronger, every time!” asserts *Neighbours* star Melissa Bell, who first

played her role as the iconic character almost 30 years ago. “I love Lucy – I started playing her when I was very young, so every time I get asked to return and reprise her, it’s such a privilege. I’m so proud to be a part of *Neighbours* history!”

As global head honcho of Lassiters – and Paul Robinson’s little sister – Lucy will always have strong links to Erinsborough. But while it was business that brought her back this time around, Lucy has found herself embroiled in a rather unexpected love affair, after reconciling with her former flame, Mark Gottlieb. And Melissa tells us that she’s a huge fan of this pairing...



Hitting the Mark: Lucy has ended up back in the arms of her old flame



A decent proposal: Mark pops the question to Lucy

“Oh my gosh, they’re so cute together!” she gushes. “I think the viewers will see a much softer side to Lucy, which is really great. She’s this stern, independent businesswoman who runs a company, and she has a child that she’s raising with her gay friend, Chris Pappas, in New York. But we’ve never really seen her fall in love.

“The romance between Lucy and Mark develops pretty quickly, and she realises this is the person she wants to spend the rest of her life with,” adds Melissa. “Viewers will see this really soft, caring, nurturing side to Lucy...”

Lucy and Mark’s relationship certainly does move fast, as he pops the question this week! With five couples set to tie the knot as part of next week’s 35th anniversary celebrations, it’s safe to say that Mark and Lucy will be one of them. And Melissa was delighted when *Neighbours* bosses delivered the news.

“They were keeping it a surprise for me!” she grins. “I’ve never had an on-screen wedding in my whole acting career, so I was over the moon, and I got so into the process. I had proper fittings, and I got to choose my dress at a bridal store in Melbourne. I was so excited!”

But it wasn’t just the fact that she was having an on-screen wedding that

got Melissa in a tizzy, she was also ecstatic to be reunited with her former co-star Bruce Samazan, aka Mark.

“Bruce is adorable, I love him – he’s the same guy he was 20 years ago!” she squeals. “I’ve worked with him on other shows, too – our characters were meant to get married on [early 90s Australian soap] *E Street*, but we never got a wedding because the show ended. So now we’re finally doing it!

“The way Mark proposes to Lucy is beautiful,” continues Melissa. “He really wants to ask her to marry him, but she just can’t see it. Then it happens and it’s like, ‘Wow, this is on!’”

Melissa doesn’t want to give away too much about next week’s nuptials, but she does tell us that she will be sitting down with her friends and family to watch *Neighbours*’ big birthday episodes.

“I’m having a party – there will be champagne!”

she reveals. “My friends are so supportive – they all tell me they will tune in now that I’m back in it. Next week is so action-packed, and people will love it!

“It’d be awesome if they could bring us back full-time – Lucy, Mark, and her daughter Annie,” adds Melissa. “With Lucy’s connection to Lassiters and Mark working as a chef, there’s a lot of scope for more stories to come. Hopefully the viewers will love us and want to see more – I’d return in a heartbeat!”

Sarah Ellis

I would return to *Neighbours* full-time in a heartbeat!

MEMORY LANE

Melissa joined *Neighbours* as a teenager in 1991, and was the third actress to play Lucy. She was at the heart of the Robinson clan throughout many huge stories, and has great memories of being on the show at that time...

“I really loved working with Anne Haddy, who played my screen gran, Helen Daniels,” she tells us. “She was a beautiful person, and I learnt so much from her. As I was quite young when I started, Anne took me under her wing and we formed a connection.

“Plus, I always love working with Stefan [Dennis, who plays her screen sibling Paul],” adds Melissa. “What I love is that I can walk back in and pick up where we left off. That’s true friendship, isn’t it?”



“What is...?”

“How...?”

“Who...?”

“Where...?”

“Why...?”

“When...?”

You
ASK...

They
ANSWER!

TREVOR
MICHAEL
GEORGES

Coronation Street's Ed Bailey

...faces **your** questions!

Weatherfield builder Ed might be the joker of the Bailey family, but will Trevor be straight with us when we ask him your reader questions?

“What is the best thing about working on *Coronation Street*?”

That's difficult, as there are so many best things, but top of the pile is the people I'm working with. It feels like *Charlie And The Chocolate Factory* – all departments creating their bit of magic then it all comes together. It's an amazing place, and I don't think I'll ever get over being a part of it, no matter how long I'm here.

“Were you a big fan of *Corrie* before you joined the show?”

I watched *Coronation Street* from when I was a baby, as my mum watched it. I remember seeing Bill Roache [Ken Barlow] with Pat Phoenix [Elsie Tanner] – it was the crème de la crème of the acting world. My first scene was in the Rovers with Bill, which was absolutely surreal!

“Who is your all-time favourite *Corrie* character?”

“Who is your all-time favourite character on the show?”

Ooh, this is dangerous! Pat Phoenix was my Joan Plowright. She had this amazing energy, presence and gravitas in a time when I think it was difficult for women to stand out. But she was one who stood for women and stood for the north, and it was just amazing to watch her power. She was incredible!

“Would you make a better builder than Ed?”

[Laughs] Well, I'm proud to say that the kitchen sink in my house was fitted by me – as were several other large appliances. I have twin daughters with my wife, they're 14 and not into fixing anything around the house. So if I'm away from home for too long, I'll come back to a house that's slowly falling apart and spend the weekend fixing everything. So I think I could keep up with Ed – I'd stay away from the electrics though.

“What's it like having Lorna Laidlaw play your on-screen wife Aggie?”

Oh, it's a scream! She's a laugh, confident and just wonderful. But few people know we have worked together before. It was nearly 30 years ago and I was the musical director for a show called *Buddy*



Getting his skates on: Trevor in *Starlight Express*



Pat's the way to do it: Trevor was a fan of Pat Phoenix, who played Elsie Tanner



Mr and Mrs: Star Trevor and his wife



All about the bass: Trevor gets some practice in



Firm foundations: Trevor enjoys working with his Corrie colleagues

– *The Buddy Holly Story*. They asked me to be the musical director for the tour, and guess who should be in the cast but Lorna Laidlaw! We both laughed as she walked into the screening for *Coronation Street*, and we basically picked up from where we left off.

“Would you make a better builder than Ed?”

the show together, dance-wise. But when I was at Glyndebourne, I put on a rather large amount of weight. So I turned up at the rehearsals and

everybody looked like gods! They were these Adonis-types with washboard stomachs, but within six months I was nearly the same as them. It was a wonderful experience, though, and we went on a world tour to Australia and Japan – I opened a show in Germany, and the London show too.

“You have a degree in music – what instruments do you play?”

I started piano at six and then in the same year I took my A-levels, I did Grade Eight piano, trombone and voice. It was stressful – but I got all the Grade Eights! I also fell in love with the bass guitar and I still play to this day. I’ve played steel drums, marimbas, the baritone guitar and all types of percussion. In one show, I played seven instruments, which was confusing, but fun.

“How do you spend your free time?”

If I’m not being dad or learning my lines, I’ll play bass or I compose music. I used to compose for film and TV – just bits of adverts and things like that. I have a little recording studio at home.

“What do your family think of Ed?”

They’re more concerned that I have another family elsewhere! They’re a bit jealous – they look at me sideways saying, “What’s going on there? What’s happening with that other woman? Who do you love the most, Dad?” My wife has met my on-screen family, but my girls haven’t – they’re 14 so haven’t been involved in the big party get-togethers yet. But I’m going to bring them up this year so they can meet everyone.

“What would people be surprised to know about you?”

Well, I have shocked people on occasion when I’ve gone roller skating. They’re always surprised to see me do spins and flips and things! It’s the only time I’ve ever been cool with my children in front of their friends. But I have to confess, I had to learn to roller skate to a professional standard as I played Poppa in *Starlight Express*.

“What was your experience like in *Starlight Express*?”

I’d just finished my last production of *Porgy And Bess* at Glyndebourne and then had to go straight to Elstree Studios. I arrived and Arlene Phillips was putting

“Aside from *Coronation Street*, what is your most memorable television role?”

...asks reader **Joan Hemmings** from Solihull

I had a wonderful time last year on *Holby City* and worked with one of my hero actors, Hugh Quarshie [Ric Griffin]. My character had issues that meant he chained himself to a bed and yelled through a megaphone, and threw himself down some stairs. Then at the end, he had a dramatic death! I think that was my favourite.

£20 Question winner!



Every week, we put your questions to a star of the soaps. Look out for requests on our Facebook page, or email your questions to youask@insidesoap.co.uk, putting the actor’s name in the subject line. Our favourite question each week will win a **£20 prize!**

PHOTOS: REX / SHUTTERSTOCK, INSTA / TREVORMICHAELGEORGES



Friendly fire: Marty is pushing his best mate Jade to breaking point

CASUALTY | BBC1 SUNDAY

Mates before DATES?

AS MARTY PUSHES JADE TOO FAR, **CASUALTY'S SHAHEEN JAFARGHOLI** HINTS THIS COULD BE THE END FOR THEIR FRIENDSHIP...

“

What advice would I give to Marty about his love life?” ponders *Casualty* star Shaheen Jafargholi, as we probe him about his character’s latest romantic

dilemma. “I mean, I can’t say I’m the best when it comes to romantic situations myself – I’m 23, I still have loads to figure out! But Marty’s just a hopeless romantic, and he needs to start thinking with his head rather than his heart.”

The young nurse has been lurching from one romantic disaster to the next recently, desperately looking for the love of his life on dating app after dating app. However, it’s his expectation that best mate Jade will pick up the slack for him at work that’s leading to trouble...

“Marty has a void that he needs to fill after coming out and not being accepted by his dad,” reasons Shaheen, who previously played *EastEnders*’ ill-fated Shakil Kazemi. “And I think he sometimes relies on Jade in a way he shouldn’t. You can take your best friends for granted, as you think they’re always going to be there for you, and this is

It’d be sad to see Marty and Jade lose their close friendship

one of those situations. Jade keeps getting caught up in Marty's lies, while trying to be a good friend to him."

Jade's left furious when Marty disappears from his shift once again, seemingly to hook up with a patient! It's clear that she's had enough of his antics – but Shaheen tells us that he's thoroughly enjoying playing out this plot with co-star Gabriella Leon (Jade).

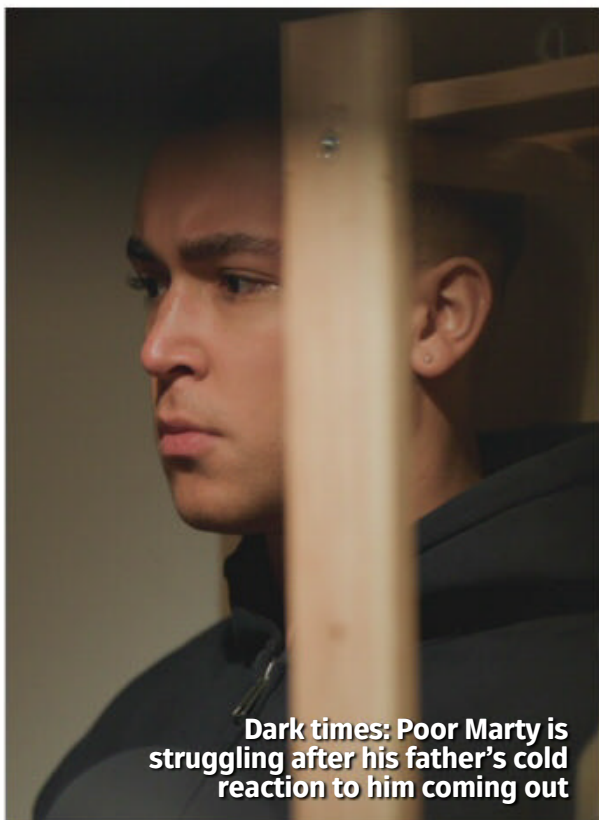
"Me and Gabby actually share a place together when we're at work in Cardiff, so it's kind of like life imitating art!" he laughs. "We take Jade and Marty home with us, quite literally, and it's really fun! Gabby's a joy to work with."

"There's trouble ahead for Marty and Jade, though, which is a shame," continues Shaheen. "One of the most beautiful things about the characters is how close they are as friends. It would be sad to see them lose that as a consequence of Marty's actions."

While Marty may have been shying away from work recently, Shaheen informs us he takes his commitment to playing a medic very seriously – even though he probably wouldn't manage to make the grade in real life!

"I work my absolute hardest to remember the medical jargon – but as for things sticking, I'm going to have to work on that!" he confesses. "My mum actually works in a hospital, so sometimes I will call her and ask for some tips on how to make things look natural. For me, the goal is to make it seem as smooth as possible – and everyone my mum works with has said that I'm doing okay, so I'm not too stressed about it!"

Sarah Ellis



Dark times: Poor Marty is struggling after his father's cold reaction to him coming out

HOLLYOAKS | Channel 4 **THURSDAY**

DANGER AHEAD!

Hollyoaks star **Niamh Blackshaw** lifts the lid on Juliet's perilous new side-hustle...

Juliet heads down a risky path this week, as she starts dealing drugs! So we nabbed actress Niamh Blackshaw, who plays her, for the lowdown on her alter ego's dodgy new job...

Hi, Niamh! So how on earth does Juliet end up a dealer?

Jordan wants Juliet to go to other schools with a batch of drugs to sell to the school children. But Juliet feels sick about it. There's a lot of pressure on her to protect her family – and Juliet doesn't want to see anyone getting hurt.

Is Jordan threatening her?

He is, but Juliet doesn't know that it's him. She thinks that Jordan's on her side, and she trusts him as Jordan always seems to be trying to do what's best for her. But it will just get worse if she carries on...

Do you like acting out this vulnerable side to Juliet?

I really do! Her cockiness, feistiness and aggression is just a façade. Jordan has come along and broken down her walls, and seen that she's a vulnerable young girl – so she's the perfect target for him.

What do you make of Juliet's relationship with Sid?

They have a really good friendship, and they're soul mates rather than lovers. They'd do anything for one another – but there's no romance between them.

In the flash-forward episode, Juliet confessed her love for Peri – do you know how she'll get to that point?

I'm in the dark! I really don't know how it's going to pan out – I just know that, at some point, a relationship is going to develop. Whether it works, or whether Juliet will be rejected, I don't know...

Alice Penwill

Knot a good idea: Juliet ends up drug-dealing



Friend or foe: Jordan disguises his bad intentions





InsideSoap

ICONS

**MANDY
DINGLE**

1995 – PRESENT

A Dingle from the tip of her painted toes to the top of her leopard-print scrunchie, Mandy might scam you soon as look at you – but when the chips are down, the loyal lady will have your back till the battle is won...

WIT AND WISDOM

“No one cheats a Dingle and gets away with it!”

Mandy

“I’ve got a bit of a cash flow problem. As in there is none.”

Mandy

“You’re a deluded ex who missed the bus years ago!” *Chas*

“Stick your chin on the end of this [WHACK!].”

Mandy



THE BIG STORIES

AISLE PAY FOR YOU!

With the Dingles hard-up, Mandy took an offer she couldn’t refuse from Paddy’s disapproving mum – a wad of cash to marry somebody else. Her groom (and cousin!) Butch hoped it was forever, and was shattered when it wasn’t...





THE KEY RELATIONSHIPS

PADDY KIRK

A county-sized crush on Dave Glover aside, Paddy was the true first love of Mandy's life. His considered approach to life was the natural antidote to Mandy's 'punch now, worry later' policy. The pair insist it's all over these days, but retain a fondness...



VINNIE

Mandy's new partner in crime Vinny seemed inseparable from his mum, until Mandy dropped a bombshell – Vinnie isn't her son! But while she's stayed tight-lipped up to now, the truth is set to out...

THE DINGLES

First arriving for cousin Tina's wedding, Mandy's all about family. Uncle Zak fast became her surrogate dad, and she selflessly (for once) spearheaded Marlon's release campaign while filling in as mum to little April...



EDUCATING MANDY!

Paddy and Mandy eventually married, but there was trouble on the way. Insecure about being 'just' a barmaid when Paddy had a successful career, Mandy started a college course and was soon blinded by the bright lights of Hotten. Her admission of an affair with her lecturer ended her marriage to Paddy.



CASH CASINO!

At some point since she first left the village, Mandy became head of security for a chain of casinos stretching "from Southampton to Aberdeen". But a Dingle is always a Dingle, and when her plan with Vinnie to rip off the company was found out, Terry the owner demanded his money back, leaving Mandy with a big problem on her hands...



THE CLASSIC SCENE

In her first scene, **Mandy** attends a Dingle wedding and hopes to bag a plus-one...

MANDY "Can I have my picture taken with you?"

DAVE "Why?"

MANDY "Don't you think we'd look good together? Not the groom – Luke thingy – are you?"

DAVE "No, I'm Dave thingy, friend of Luke."

MANDY "Oh right, my dad said he's a right daisy. I'm Mandy, Tina's cousin."

DAVE "Right."

MANDY "My brother's playing organ."

DAVE "Very nice."

MANDY "I'll get him to play us something smoochy..."
[Dave looks concerned]

MANDY "At the reception, mind, not in Church – he's doing t'disco."
[Kathy arrives]

DAVE "Erm, this is Mandy, by the way, Mandy Dingle. This my girlfriend."

MANDY "Bit old for you, isn't she?"

DAVE [To Kathy] "Listen. I'm sorry about last night."

KATHY "I'm not interested. With your um, friend, were you?"
[Kathy heads into the church with a face like fizz]

MANDY [Mooning at Dave] "Weddings are so romantic, don't you think?"





Blast from the past



“I let my kids watch Robert die – that’s probably *not* good parenting!”

Just a few months on from his shock *Corrie* death, **Tristan Gemmill** tells us why his exit was bittersweet...

We all knew that leading a double life was never going to end well for *Coronation Street*’s Robert Preston, but we never imagined he’d pay the ultimate price for his cheating antics. Yet, on Christmas Day 2019, Robert was gunned down outside the Rovers, clutching the teddy bear he’d bought for his newborn son. While *Corrie* viewers across the nation gasped in disbelief, actor Tristan Gemmill’s own family had a very emotional reaction to the on-screen drama...

“My kids did end up watching that on Christmas Day, which was possibly not a good move from us as parents!” jokes the star, who is dad to Wilfred, Mabel and Violet. “They didn’t like it at all! My only regret about Robert’s exit was that there was no light at the end of it for him, and he never got to meet his son. But the story gods dictated otherwise!”

Fortunately for Tristan and his family, there was plenty of good cheer to serve as an antidote to the *Corrie* death drama as he appeared in his first-ever panto. Tristan played Captain Hook in *Peter Pan* at the Swansea Grand Theatre during the festive season, and said his co-stars had a lot of fun with his Street exit.

“I was back on stage on Boxing Day, and there were jokes about how well

I was looking considering what had happened!” laughs Tristan. “I was unsure about doing panto, as it was something new, but I loved it. If you’re going to be in panto, you might as well play the best role, and that’s Captain Hook. I loved the freedom of being on stage and riffing with the audience, as well as the costume. It was as camp as Christmas and I really got into it – what with my eyeliner, beauty spot and panto make-up!”

According to Tristan, hitting the boards as Captain Hook was a new lease of life after playing Robert for so long. But he admits that he’d have preferred Robert’s exit to have been less of a dead end...

“It’s good to stay alive as then the door is open to return,” says Tristan. “But that’s not how the dice rolled. Robert

had his fair share of stories – including testicular cancer and addiction. It’s a big responsibility with those issue-based plots. There was a man who was inspired to get a lump checked after watching Robert’s cancer story, he caught the disease early and made a full

recovery. That was a highlight of my time at *Corrie*.”

When Tristan’s out and about, fans still want to talk about Robert’s last scenes. They’re particularly upset he never met his baby boy.

“They can’t believe he died and never saw his son,” shares the star. “The fact he was holding that teddy bear when he was shot gets mentioned a lot! It was a heartbreaker.”

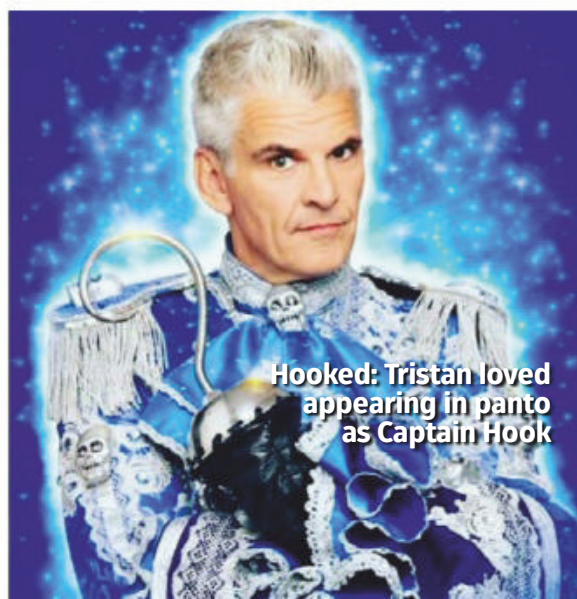
Tristan is about to star alongside fellow Street alumni Michelle Collins (Stella Price) in a new production of *The Birthday Party* by Harold Pinter. He’s looking forward to the challenge, and to swapping stories with Michelle.

“Michelle and I worked out that we had appeared in the same episode of *Casualty*,” reveals Tristan. “In acting you usually find that you’re only ever one degree of separation from another actor – there’s always somebody you know in common. Michelle and I are going to have a lot to talk about!”

Kate White



Play mate: Tristan will appear on stage with Michelle Collins



Hooked: Tristan loved appearing in panto as Captain Hook

LICENCE TO *THRILL!*

He could have
been 007...

He's tackling a legendary play next, but there was a time when Tristan had his shot at a legendary part – James Bond. He was one of the actors considered for the role of 007 after Pierce Brosnan retired as Bond and Daniel Craig was yet to be cast. So now Daniel Craig is hanging up his tuxedo, will Tristan be throwing his hat in the ring again?

"The problem is that I was a bit too young to play James Bond then, and I'm a bit too old now," he chuckles. "I've been scuppered by Daniel Craig!

"This was before I even did *Casualty* – I'd only been in a couple of things, including *London's Burning*," adds Tristan.

"I think I was one of 500 people they saw for that, but it's nice to be on that list... even if it was a very long list! I could barely see the casting director over the pile of showreel DVDs from the likes of Jude Law, Ewan McGregor and Daniel Craig."



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– starting at Everyman Theatre, Cheltenham.**

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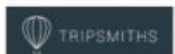
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ancient Viking trading post of Trondheim. En route, you'll have the option to go on additional excursions, including snowmobiling, husky sledding, sea eagle spotting and taking part in a traditional Viking feast**.

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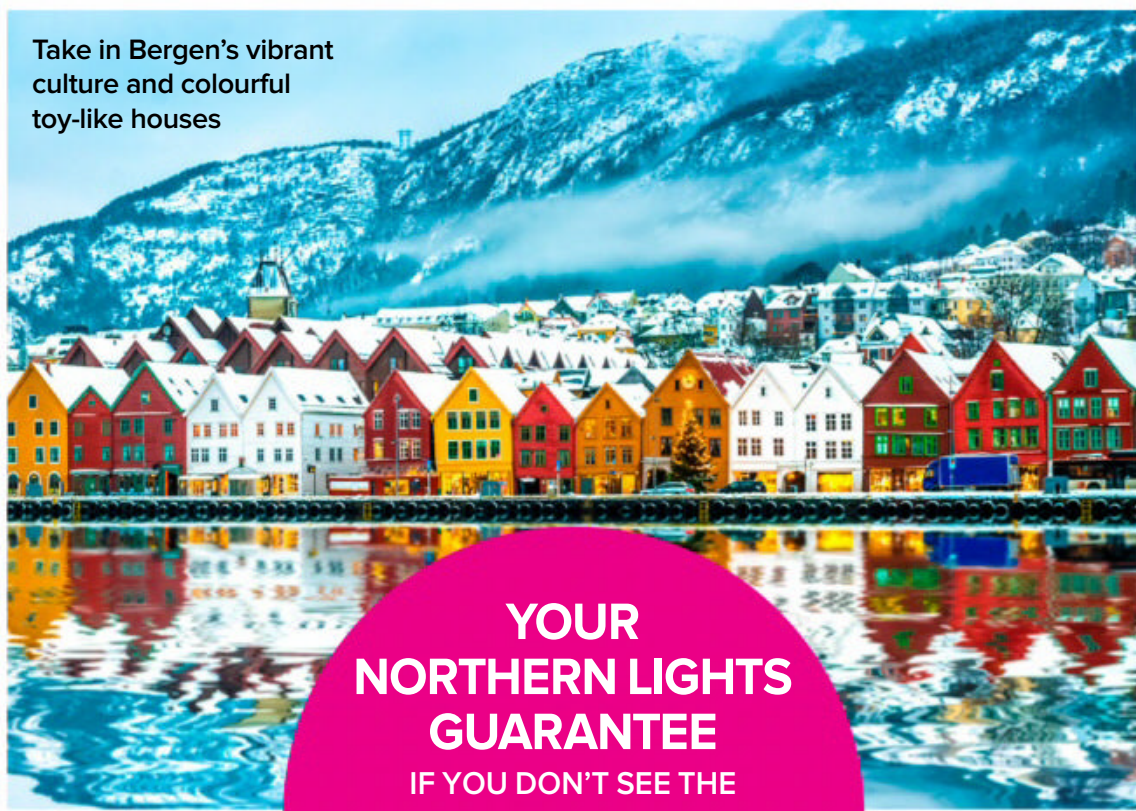


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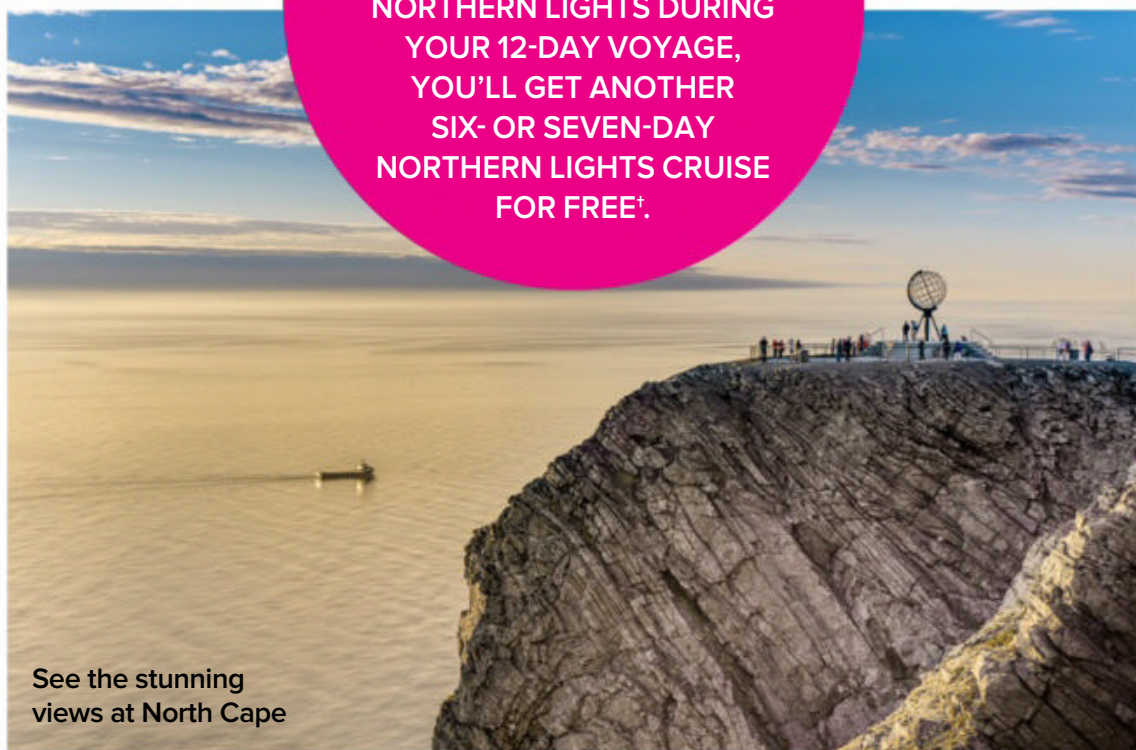
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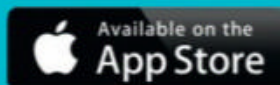
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Married at last!

EMMERDALE
STAR **LIAM**
FOX WEDS...

Anyone who's ever planned a wedding knows that it can take some time to get all the preparations in place – but spare a thought for **Emmerdale's Liam Fox** (Dan), whose journey to the altar was longer than most! He wed fiancée **Joanna Hudson** last month, after the pair first met 27 years ago! "It did feel like a long time coming," Liam admitted after the ceremony. "We got engaged last April and now we're married, which might seem a bit rushed to some people, but it just felt like it was meant to be. We could have had 15 kids by now if we'd got together then!" There's still time, Liam...

PHOTOS: MARK DOYLE/SPLASH NEWS, INSTAGRAM/JOHNSONACTOR



No one can accuse Joanna and Liam of rushing things!



Maisie and Zack insist they're about mates, not dates!

Out of the Bleu!

THE FORMER *EASTENDERS* STAR WILL BE SORELY MISSED...

Teen tearaway Dennis may not have made many mates in Walford, but **Bleu Landau** – who played him – certainly has! The actor bowed out during *EastEnders*' 35th anniversary week, as Dennis met a watery end during the boat disaster. And many of his co-stars – including screen brother **Max Bowden** (who plays Ben) – have praised his exit performance, as they posed for pictures at the show's birthday bash. "Smashed it!" posted Bleu's former co-star **Maisie Smith** (Tiff) on her Instagram.

"Best Young Actor at this year's Soap Awards, I reckon!" Speaking of Maisie, she's denied rumours that her and screen hubby **Zack Morris** (Keegan) are dating! "I film most of my scenes with Zack, and we've built a great friendship," she says. "Nothing but mates."



Maisie is Bleu about her co-star's exit from Walford



Scott Maslen (Jack) is also a big fan of Bleu

PHOTOS: GETTY; INSTAGRAM/BOWDEN5; INSTAGRAM/REALSCOTTMASLEN; INSTAGRAM/J5.MANAGEMENT; TWITTER/LAWRENCENOTRIN; TWITTER/HELLOHARVEY; TWITTER/FIONACIMATTI; TWITTER/REBEL_SCHOOL



TYNE OF THEIR LIVES!

There appear to be no hard feelings between ex-Dales star **Michael Praed** (Frank Clayton) and his former cast mates **Natalie Ann Jamieson** (Amy) and **Laura Norton** (Kerry) – despite the fact that it was their characters who bumped off Frank! The trio were reunited at Newcastle Arena recently, where they took part in the 20th anniversary performance of Sunday For Sammy – an event that supports creative talent on Tyneside. Laura also got the chance to catch up with former co-stars **Charlie Hardwick** (Val Pollard) and **Chelsea Halfpenny**, who played Amy from 2010 to 2013. We wonder if Natalie and Chelsea compared notes?



GIRL POWER

EastEnders star **Shona McGarty** – aka Whitney – has revealed that she kept her split from ex-fiancé **Ryan Harris** a secret! “I’ve been single for a year and a bit, I just didn’t want to say anything,” she said recently. “We both came to the decision that, actually, this isn’t what we really want.” Shona added that she’s happily single, and is feeling more confident than ever. You go, girl!



Choc ‘n’ roll!



The *Emmerdale* kids may be too young to attend the NTAs, but they didn’t miss out on the Best Soap celebrations! Young **Harvey Rogerson** (Leo), **Alfie Clarke** (Arthur) and **Charlie Munro Joyce** (Carl) tucked into these celebratory treats after the event. At least there were no hangovers...





STYLE Watch!

Clair Norris

EASTENDERS' BERNADETTE

With spring in the air, florals are the go-to print. Embrace flower power, like Clair, with these daisy-strewn delights....

£18
Oliver Bonas

The floral trend is in full bloom, even down to these cute drop earrings.



£32
Izabel London

Add a little sunshine to your day – whatever the weather – with this gorgeous frock.



£20
French Connection

Switch up your skinnies for a fab and fun alternative, with this bold print.



£30
Next

This jumper's subtle nod to florals is the pick of the bunch.



£18
La Redoute

This season, keep accessories as fresh as a daisy with this cute bag.



£18
Boohoo

Go monochrome, like Clair, with this print blouse. Team with your favourite jeans and heels.



BEAUTY BOX

It's National Feet Week, so step into spring with pretty feet using these tootsie treats...



1
Skin Republic Foot Peel Mask
Pop on these booties packed with plant extracts and alpha hydroxy acids to remove dead skin after seven days.



2
Brushworks Foot File
Brush away dead skin with this hard-skin remover, and leave feet feeling super-smooth and soft.



3
Eucerin UreaRepair Plus 10% Urea Foot Cream
Reduce thickened skin and callouses with this intense moisturisation for feet.



4
Bloom And Blossom Revitalising Leg And Foot Spray
Alleviate water retention and tired feet with this foot-spray saviour.

STYLED BY RACHEL COPE. MAIN PHOTO: GETTY

7-DAY
DIGITAL &
ON-DEMAND
GUIDE

INSIDE TV

Edited by
Steven Perkins

SPORT
RELIEF
IT'S GAME
ON

Your *best* guide to the week...

Pick
OF THE
WEEK!

SPORT RELIEF | BBC1 FRIDAY

FIT FOR PURPOSE

THE STARS COME OUT TO RAISE CASH FOR GOOD
CAUSES - AND TO BREAK A SWEAT...

*Heading
south*



RACE ACROSS THE WORLD

*Getting
a rise*



THE GREAT CELEBRITY
BAKE OFF FOR
STAND UP TO CANCER

*Weighty
issue*



MIRIAM'S BIG
FAT ADVENTURE

*Caribbean
twist*

JOANNA LUMLEY'S
HIDDEN CARIBBEAN:
HAVANA TO HAITI



STICKING HER OAR IN

EMMERDALE'S ISABEL HODGINS TAKES ON A BOAT RACE AS PART OF THIS YEAR'S FUND-RAISING...

Make sure you stretch properly for your Friday night in front of the TV this week, because it's *Sport Relief* again! From 7pm on BBC1, the presenting team of Alex Scott, Rylan Clark-Neal, Oti Mabuse, Emma Willis, Tom Allen, Maya Jama, Paddy McGuinness and Gary Lineker will guide us through an evening of fund-raising fun – including the return of *Battle Of The Channels*, where teams of celebs representing the BBC, ITV, Channel 4 and Sky will take part in a boat race on the waters of Salford Quays.

When we heard that one of the contenders on Team ITV was Isabel Hodgins – aka *Emmerdale*'s Victoria – we booked in some time to chat with her during training to find out how it was all going...

"Today was the first day in the water, so we had to carry the boat in," Isabel tells *Inside TV*. "We're all different heights and I'm quite short, so when we were told to lift it on to our shoulders, there are all these 6ft men and then me straining to keep my hands on it! But we did get it in the water, and I thought, 'Oh, well done everyone' – then I realised we still had to actually go in it!"

Isabel's Dales alter ego is more likely to be found toiling

over a lasagne in the kitchen at the Woolpack, or taking care of baby Harry – but in real life, is rowing the sort of thing we might catch Isabel doing in her spare time?

"No!" laughs the star. "I did bell boating in the Girl Guides, and this is *not* that! But I go to the gym every day, and I like to keep fit."

It was partially her love of fitness that inspired Isabel to take on the challenge – although the persuasion of a certain *Emmerdale* cast mate helped to convince her...

"Obviously it's for Sport Relief, which is a good cause," shares the actress. "But it was actually Chris Bisson [Jai] who suggested it, because he did the previous one. He said, 'You'd be good at this!' – but now I've started, he's off the Christmas card list!"

Speaking of her co-stars, Isabel tells us that she hasn't had much chance to share her experiences with the cast and crew recently. However, she has made sure that at least one person has been getting regular updates...

"It's been quite quiet at work recently – I've not been in to tell anybody about it; I've just been at home with my family in Manchester," reveals Isabel. "But I did tell Laura



In the same boat: Andrea McLean, Natalie Pinkham and Nazaneen Ghaffar join Isabel on the ITV team



“I’M DISGUSTINGLY COMPETITIVE – HOPEFULLY ITV CAN WIN!”

Norton, who plays Kerry, because I tell her everything – I don't sneeze without her knowing about it! She thought that it was great."

Joking aside, Isabel has been working hard at getting herself ready for the challenge – as you can see from these training pictures – and admits that she'd love her team to cross the finish line first.

"I'm so disgustingly competitive," she chuckles. "Hopefully our team can work together – you don't want one person being much better than everyone else, or being much worse! But, yes, ideally we can all get it together and

ITV can win. That's the dream, anyway!"



Front row seats: Isabel and the gang have been training hard

Couch POTATO



Actress **Kerry Howard** picks her dream viewing...



Bombshell

I've been watching Deadwater Fell on Channel 4

– that's really gripping. I love the anachronistic timeline with the flashbacks, it's really compelling.

It reminds me a bit of *Broadchurch*, but maybe that's because it stars David Tennant! It's also like a dark version of *Maggie Cole*, being about village life and everyone living in each other's pockets. I can relate to that.

Schitt's Creek on Netflix is so good

– I'm obsessed with Catherine O'Hara, I think she's a genius. I love the way she talks in that clipped accent! I can't wait for the final series to come out in the UK – I think it's on Netflix US at the moment, and it's killing me because I can see it on Instagram and I'm like, "I want to watch the show!"

I just watched the movie Bombshell, with Margot



Kerry's comedian brother Russell

Robbie, Nicole Kidman and Charlize Theron – impeccable. It's about Fox News and its own #MeToo movement. It's a true story, and it's brilliant.

I've never had sisters, so I watch Keeping Up With The Kardashians

and think, 'Is that what having a sister is? I'm glad I don't have any' – because they hate each other! It's like watching *King Lear*. Kim Kardashian is King Lear – you can quote me on that!

I absolutely loved The Fast Show as a teenager.

My brother Russell would make me and my twin Daniel film sketches from it, and he would direct us – hours of fun! We've literally got home videos where Russell's shouting, "You're just doing it wrong, Kerry!"

● **Kerry plays Kelly in The Trouble With Maggie Cole**
ITV Wednesday



Schitt's Creek

What do you mean you're **NOT** watching...

THIS COUNTRY | BBC1/BBC3 **SUNDAY**

WE WERE SO DISMAYED WHEN writers and stars Charlie and Daisy May Cooper announced that the third of their rural comedy series would be the last, but **the more of it we see, the more convinced we are that they're absolutely right to go out on a high.** This final run has been full of comic

moments that have left us gasping for breath – we're still recovering from **Kurtan describing the channel Dave as "made by knuckle-draggers for knuckle-draggers"** – and that sensation continues this week, as Kerry becomes an unlikely member of the vicar's local book club...



McDONALD & DODDS | ITV SUNDAY

DO NO HARM



Talking therapy: The detective duo are called in to a rehab centre

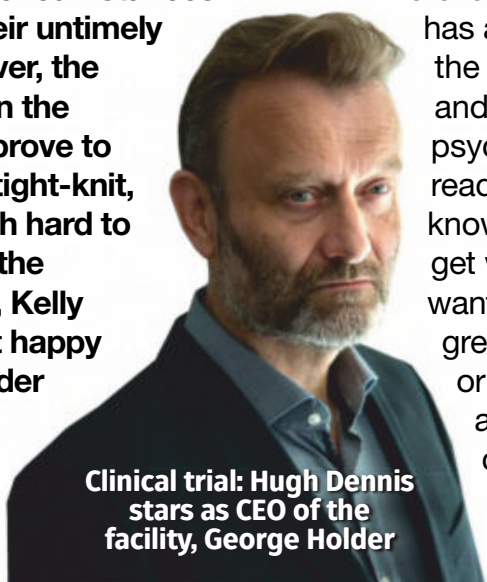
JOANNA SCANLAN GUEST STARS IN THE CRIME DRAMA AS A (POSSIBLY) REFORMED CRIMINAL...

When a wealthy patient dies while staying at swanky rehab facility the Mara Retreat, McDonald and Dodds are called upon to investigate the circumstances surrounding their untimely passing. However, the other patients in the therapy group prove to be particularly tight-knit, making the truth hard to come by – and the clinic’s director, Kelly Mulcreevy, isn’t happy about being under scrutiny. We caught up with Joanna

Scanlan, who guest stars as Kelly, to find out more...

Hi, Joanna! What can you tell us about Kelly?

She’s a con woman – what’s more fun to play? She has all the tricks, the manipulation, and the ability to psychologically read people and know how to get what you want from them – great fun! She’s originally from an East End criminal family, but she got



Clinical trial: Hugh Dennis stars as CEO of the facility, George Holder



herself a bit of an education – in jail, as it happens!

So being from a criminal family, she won’t like having the police in her business...

Oh, my goodness, no. When we meet her, we know that she’s gone straight, but as soon as a crime happens – which, funnily enough, she doesn’t actually know anything

about – the police arrive, and some of her plans are under threat. But I can’t say too much without giving it away!

How did you find filming on location in Bath?

Unfortunately, it was incredibly wet! We have a fabulous climactic scene that takes place in a garden, and I can’t believe that they’ve managed



ENTERPRICE | BBC3 SUNDAY

BUSINESS STUDIES

TRIEVE BLACKWOOD-CAMBRIDGE AND KAYODE EWUMI RETURN AS THE YOUNG ENTREPRENEURS...

After getting delivery service Speedi-Kazz up and running in series one, things should be looking bright for Kazim and Jeremiah as the comedy returns. But while the business is popular, the two are still fighting to make ends meet...

“Jeremiah’s funding has been cut because he’s not in uni,” explains Kayode Ewumi, who created the show and

plays Kazim. “Also, his parents have cut off his savings as he’s dropped out. Kazim hasn’t got a job, either, but he assumes Jeremiah’s savings are active.”

“Business is starting to look up for them now,” adds Trieve Blackwood-Cambridge, who plays Jeremiah. “But it’s very annoying when Kazim is asking for £20 every other day!”

On the bright side, the boys are able to expand their



to cut that together to look as if it was a sunny day! We had to stop every 10 minutes for a deluge. We had a cover over us, but I'm afraid poor Caroline Catz [who plays patient Alison] got an entire roof of water on her! The wind gusted it up and the whole thing landed on her head, so she had to go back into hair and make-up to have everything re-done!

business by hiring teenager Simi, who's bright and keen – but someone they clearly need to watch carefully.

"There's a little franchise thing happening," reveals Kayode. "She brings in attitude and a bit of brains – and she knows a lot of people, so that helps."

"Jeremiah's a little bit frightened of her!" chuckles Trieve. "He's from a very conservative family where you don't say too much, but people like Kazim and Simi are the opposite. They say whatever they want, and they're wild and energetic – and that comes as a fright to Jeremiah at times!"

Telly TATTLE

THE
LATEST
TV NEWS...



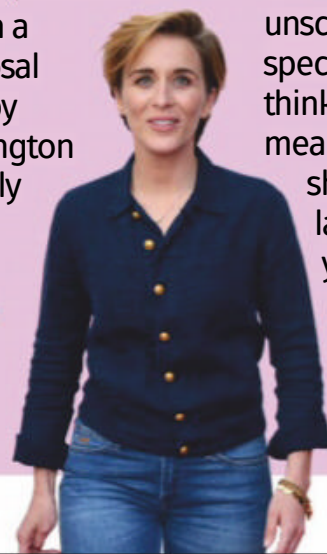
TAKING FLIGHT

After a Xmas pilot (pardon the pun), **Holly Willoughby** and **Bradley Walsh** will be back on BBC1 with a series of *Take Off With Bradley And Holly*, offering chances for an unforgettable trip...

PHOTO: WIREIMAGE

BOMB DIGGY

Line Of Duty's **Vicky McClure** has signed up to star in new ITV thriller *Trigger Point*. The series will focus on a bomb disposal squad, led by Lana Washington – who quickly becomes convinced a bomber is specifically targeting her team.



THERE FOR YOU

It's official – the cast of *Friends* will reunite for a one-off unscripted special (we think that means a chat show?)

later this year. It will air on HBO Max in the US in May – we'll let you know once a UK broadcaster snaps it up...



RACE ACROSS THE WORLD | BBC2 SUNDAY

TRIPPING OUT

A NEW GROUP OF TEAMS ACCEPTS THE CHALLENGE OF TAKING THE LONG WAY ROUND...

The first series of *Race Across The World* saw teams attempt to make it from London to Singapore by land and sea with only the cash equivalent of a one-way airfare. The show returns this week to race again, this time from Mexico City to Ushuaia in Argentina – with a new batch of duos ready to rough it on the way. **Inside TV** chatted to brother-and-sister team **Dom and Lizzie** to find out more...

"I think everyone struggled," reveals Lizzie. "We bickered constantly – he's my brother, so you kind of do, but I think it must be harder when you're not blood-related!"

Lizzie was a huge fan of the first series, and recruited her brother when she decided to apply for the show in a bid to recapture the close bond they'd had as kids.

"We hadn't spent a lot of time together recently," admits Dom. "So I think there was



a lack of understanding in some areas. We fought over trivial things, but we expected that. Being stressed about the race and not eating properly magnifies all your emotions."

"He's very much the big brother; he doesn't have a lot of sympathy," grins Lizzie. "I cried every day! But again: you're not eating, you're on buses fighting for the window seat..."

Yet while the trip had its challenges, it has changed their perspective on travelling.

"We went home and said to our mum, 'We're never doing a normal holiday again!'" recalls Lizzie. "Backpacking is much more fun and you meet so many more people."



Bags of bravery: The teams embark on a huge challenge

INSIDE TV SATURDAY 7 March

BBC1

6.00 AM Breakfast (S) **10.00 Saturday Kitchen Live** Glynn Purnell is joined by chefs Tom Kitchin and Georgina Hayden. (S) **11.30 Gareth Thomas' Tour De Trophy For Sport Relief** (S) **12.00 PM Football Focus** A look ahead to the weekend's football. (S) **1.00 BBC News/Weather** (S) **1.15 Ready Steady Cook** Rylan Clark-Neal hosts a revival of the culinary contest. (R/S) **2.00 Garden Rescue Mansfield & Redditch:** Charlie Dimmock and Harry and David Rich visit Mansfield and Redditch. (R/S) **3.00 Money For Nothing** Bruce Fausleit repurposes an old set of coat hooks. (S) **4.00 Final Score** This afternoon's football results. (S) **5.10 The Repair Shop** The team takes on a landscape hanging together by a thread, a treasured clockwork car and a porcelain dog damaged by a real canine. (S) **5.40 BBC News** (S) **5.50 Regional News/Weather** (S)



8.45pm Catchpoint...

6.00 Celebrity Mastermind With Radzi Chinyanganya, Ruth Madeley and Ann Widdecombe. (S)

6.30 The Greatest Don't Miss! **Dancer** Alesha Dixon and Jordan Banjo host the final of the dancing contest. Just four performers remain in the contest, and with the help of the coaches Cheryl, Matthew Morrison, Oti Mabuse and Todorick Hall, they will put on one last show to impress the studio audience. Last in the series. (S)

7.55 Pointless Celebrities Food: With Prue Leith, Brian Turner, Grace Dent and William Sitwell. (R/S) **8.45 Catchpoint For Sport Relief** Celebrity special edition of the game show, as Graeme Swann and Rachel Parris take on Sam Quek and Mark Watson. (S)

9.20 Casualty Ruby has to choose between her career and parenthood. Elsewhere, Megan offers Archie a job with her in Sudan, but she is not sure if she wants to leave. (S)

10.10 BBC News/Weather (S) **10.30 Match Of The Day** Gary Lineker presents action from the latest Premier League fixtures, including Liverpool v Bournemouth and Arsenal v West Ham United. (S)

11.55 FILM Foxcatcher An Olympic wrestler joins a millionaire's personal team, but tension grows when the grappler's brother is employed as a coach. Fact-based drama, starring Steve Carell. (Cert 15, 129 mins. 2014) (S) ★★★★★ **2.05-6.00 AM BBC News** (S)

BBC2

6.30 AM The Dog Ate My Homework Kadisha v Ben. (R/S) **7.00 The Engineers Chinchilla Den.** (R/S) **7.30 Blue Peter: World Book Day & Six The Musical** (R/S) **8.00 Deadly 60 Australia 1.** (R/S) **8.30 FILM Strange Magic** Animated fantasy musical, with the voice of Evan Rachel Wood. (Cert U, 97 mins. 2015) (S) ★★ **10.00 Kung Fu Panda: Secrets Of The Furious Five** (R/S) **10.25 Kangaroo Dundee & Other Animals – Part One: Natural World** (R/S) **11.30 Lorraine's Fast, Fresh And Easy Food Everyday Easy.** (R/S) **12.00 PM Hairy Bikers' Best Of British Down The Local.** (R/S) **1.00 All-Star Netball For Sport Relief** (R/S) **2.00 The £100K House: Tricks Of The Trade Jaimelee/Lee & Suzanne/Antonio.** (R/S) **3.00 Hugh's Wild West** (R/S) **4.00 Flog It!** (R/S) **5.00 Kangaroo Dundee & Other Animals – Part Two: Natural World** (R/S)



10pm Lost Lives

6.00 Saving Lives At Sea The Royal National Lifeboat Institution volunteers race to rescue two teenagers stuck in mud. Last in the series. (R/S)

7.00 Wild Cuba: A Caribbean Journey Part one of two. Colin Stafford-Johnson explores parts of Cuba few outsiders have seen, observing the bee hummingbird – the world's tiniest bird – and thousands of crabs migrating. (R/S)

8.00 Great American Railroad Journeys Springhill Junction To Quebec City: Michael Portillo continues his journey to Quebec City, during which he investigates the world's biggest tide. (S)

9.00 Hilary Mantel: Return To Wolf Hall Profile of author Hilary Mantel in the six months leading up to the publication of The Mirror and the Light, the final novel in her award-winning Thomas Cromwell trilogy. (S)

10.00 Lost Lives Documentary marking the deaths of those killed during the Troubles. With extracts read by actors including Kenneth Branagh. (Cert 15, 93 mins. 2019) (S) ★★★★★

11.30 FILM Midnight's Children Two men switched at birth find their lives intertwined as they grow up in newly independent India. Drama based on Salman Rushdie's novel, starring Satya Bhabha. (Cert 12, 143 mins. 2012) (S) ★★ **1.45 AM FILM Stations Of The Cross** Drama, starring Lea van Acken. (Cert 15, 110 mins. 2014) (S) ★★ **3.30-6.45 This Is BBC Two** (S)

ITV

6.00 AM CITV 7.30 Scrambled! 9.25 ITV News (S) **9.30 James Martin's Saturday Morning** James is joined by guests Ade Adepitan, Raymond Blanc, Tom Kerridge and Dr Hazel Wallace. (S) **11.40 Living On The Veg Luke Robinson:** Henry Firth and Ian Theasby make Chinese dish crispy duck pancakes, spicy cauli wings, herby stew and pain au chococake. Chef Luke Robinson prepares miso glazed aubergine. (R/S) **12.45 PM ITV News/Weather** (S) **1.00 ITV Racing: Live From Sandown** Ed Chamberlin presents coverage of today's meetings, featuring the Imperial Cup and three other races from Sandown Park, plus three races from Wolverhampton. (S) **3.30 ITV News/Weather** (S) **3.40 Regional News/Weather** (S) **3.50 Six Nations Live England v Wales:** Action from both teams' penultimate match of the championship, held at Twickenham. Kick-off 4.45pm. (S)



10.10pm Pitch Perfect

7.00 Ant & Dec's Saturday Night Takeaway Jax Jones and Ella Henderson perform live at the start of this week's entertainment extravaganza. (S)

8.30 The Voice UK Emma Willis hosts the third and final episode of the Battle rounds. Coaches Will.i.am, Sir Tom Jones, Olly Murs and Meghan Trainor all return to their infamous red chairs as the acts they have chosen from the blind auditions go head to head and fight for their place on their coach's team. The singers that impress their coach the most remain in the competition, but those that aren't so lucky can still be stolen by another coach. (S)

9.55 ITV News/Weather (S) **10.10 Pitch Perfect** A new student finds herself a social outcast during her first year of college, but soon acquires a new circle of friends in a band of misfits with a shared talent for singing. She joins their a cappella group and leads them to compete in the campus music competitions. Comedy, starring Anna Kendrick, Rebel Wilson and Elizabeth Banks. (Cert 12, 112 mins. 2012) (S) ★★★★★

12.20 AM You've Been Framed! Gold Harry Hill narrates a comical selection of mishaps filmed by viewers. (R/S) **12.50 Ideal World 3.00 Rebound** Sean Fletcher hosts the quickfire quiz that tests the general knowledge of six contestants, who go head to head in a bid to walk away with a big cash prize. (R/S) **3.50-6.00 Nightscreen** Text-based information service.

Channel 4

6.00 AM Mike & Molly (R/S) **6.25 Cheers** (R/S) **6.50 Cheers** (R/S) **7.15 Frasier Love Bites Dog.** (R/S) **7.40 Frasier The Impossible Dream.** (R/S) **8.05 Everybody Loves Raymond Father Knows Least.** (R/S) **8.35 Everybody Loves Raymond Brother.** (R/S) **9.00 The Big Bang Theory The Higgs Boson Observation.** (R/S) **9.30 The Big Bang Theory The Re-Entry Minimisation.** (R/S) **9.55 The Simpsons Old Yeller Belly.** (R/S) **10.25 The Simpsons Mr Spritz Goes To Washington.** (R/S) **10.55 The Simpsons CE D'oh.** (R/S) **11.25 The Simpsons** (R/S) **11.55 The Dog House** (R/S) **12.55 PM Four In A Bed** (R/S) **1.25 Four In A Bed** (R/S) **1.55 Four In A Bed** (R/S) **2.30 Four In A Bed** (R/S) **3.00 Four In A Bed** (R/S) **3.30 A Place In The Sun** (R/S) **4.30 Crufts 2020** Clare Balding presents further coverage, on the theme of Kids and Dogs. (S)



9pm Passengers

6.30 Channel 4 News/Weather (S)

7.00 Crufts 2020 Clare Balding presents continued coverage from the NEC Birmingham, with today's theme being Kids and Dogs. Clare is joined by guests including Sally Phillips and Ronni Ancona. (S)

9.00 Passengers Premiere. A spacecraft transporting thousands of people to a distant planet malfunctions. As woken travelling companions Jim Preston and Aurora Lane fall in love, they are soon on a collision course with more technical problems and a dark secret. Fantasy adventure, starring Jennifer Lawrence, Chris Pratt and Michael Sheen. (Cert 12, 116 mins. 2016) (S) ★★★★★

11.15 FILM GI Joe: The Rise Of Cobra Action adventure, with Channing Tatum and Sienna Miller. (Cert 12, 113 mins. 2009) (S) ★★ **1.20 AM The Last Leg** (R/S) **2.10 The Big Narstie Show** (R/S) **3.05 Hollyoaks Omnibus.** (R/S) **5.05-6.00 Location, Location, Location** (R/S)

Channel 5

6.00 AM Milkshake! 9.50 SpongeBob SquarePants (S) 10.05 The Loud House (R/S) 10.15 Access (S) 10.20 WWE SmackDown Highlights Spectacular grappling action. (S) **11.20 Friends The One Without The Ski Trip. (R/S) 11.50 Friends The One With The Hypnosis Tape. (R/S) 12.20 PM Friends The One With The Tiny T-Shirt:** Monica dates a millionaire. (R/S) **12.50 FILM A Will To Kill: Hailey Dean Mysteries** Premiere. Whodunit, starring Kellie Martin. (Cert PG, 87 mins. 2018) (S) **★★★ 2.40 FILM A Prescription For Murder: Hailey Dean Mysteries** Premiere. Whodunit, starring Kellie Martin. (Cert PG, 90 mins. 2019) (S) **★★★ 4.20 FILM The King And I** An English schoolteacher is recruited to tutor the many wives and children of the King of Siam. Oscar-winning musical, starring Yul Brynner and Deborah Kerr. (Cert U, 128 mins. 1956) (S) ★★★★★



4.20pm The King And I

6.55 5 News Update (S)

7.00 Royal Doctors: Treating The Monarchy Documentary examining the role of the medics who have looked after the royal family through the ages, while Kate Williams explores gruesome stories from the monarchy's history. (S)

8.00 The Royals: A Family In Crisis A look at issues affecting the monarchy in 2019, including the rift between princes Harry and William, the scandal surrounding Prince Andrew, and Prince Philip's car crash (S)

9.30 Charles And Di: The Truth Behind Their Wedding Documentary examining the week immediately prior to the Royal Wedding of Prince Charles and Lady Diana Spencer in July 1981, which lifted the spirits of the nation during a turbulent time. Interviewees include people who knew the couple, such as Mary Robertson, Col Robert Spencer and Angela Rippon, who carried out a pre-wedding interview as well as presenting the live coverage on the day. (R/S)

11.05 The Carpenters: Their Greatest Hits (R/S) 12.05 AM The Last Hours Of Karen Carpenter (R/S) 1.00 The 21.co.uk Live Casino Show (S) 3.00 Access (S) 3.10 Our Dream Hotel (R/S) 4.00 Billionaire Kids: Diamond Lives (R/S) 4.45 House Doctor Spennymoor. (R/S) 5.10 Nick's Quest Crocodiles. (R/S) 5.35-6.00 Wildlife SOS (R/S)



SATURDAY

Make your move

Of the 12 acts who made it through to the live finals this year, only four remain tonight to compete for the title of The Greatest Dancer 2020. We're sure that reigning champ dance captain Oti Mabuse would like to make it two in a row, but at

the time of writing both she and Todrick only had one act each left, compared to Cheryl and Matthew sitting pretty with two apiece. But then: you only need one act to win, right?

Tonight each of the finalists will get to dance a duet with

their respective captains, after which the viewers will get to vote for their favourites, and one act will be eliminated. The remaining three will perform a second dance, a reprise of a favourite from the series, and then we vote for the winner...



Mantel piece

HILARY MANTEL: RETURN TO WOLF HALL | BBC2 9PM



Following the release of *The Mirror And The Light*, the hotly anticipated final instalment in Hilary Mantel's award-winning (and best-selling) Tudor trilogy, this film follows the author in the six months leading up to the novel's publication. The programme explores some of the parallels between Mantel's three books about Thomas Cromwell and her own life, and Hilary reveals what inspired her to write these books in the first place – and how life-changing they proved to be. And if you were a fan of the BBC's six-part version of *Wolf Hall* in 2015, the show looks at the many adaptations of the stories.

Regional variations

BBC1 N IRELAND as Main BBC1 except: **5.00-5.10pm** Final Score From Northern Ireland **BBC1 SCOTLAND** as Main BBC1 except: **4.00-5.10pm** SportsScene Results **BBC1 WALES** as Main BBC1 except: **1.15pm** Six Nations Sin Bin **1.45** Weatherman Walking: The Welsh Coast **2.15** Garden Rescue **3.15-4.00** Money For Nothing **BBC2 N IRELAND** as Main BBC2 except: **12.00-1.00pm** The Conference **7.00** The Chronicles Of Ernie **7.30-8.00** Dad's Army **BBC2 WALES** as Main BBC2 except: **2.00-4.00pm** Conference 2020: Welsh Conservatives **SCOTTISH** as Main ITV except: **12.20am** Who's Doing The Dishes? **1.15-6.00** Nightscreen



SANDYLANDS | Gold 10.20PM

If you missed this fab new comedy, here's a chance to catch it in back-to-back episodes. Emily returns to her seaside hometown of Sandylands for a memorial for her estranged father Les

(Sanjeev Bhaskar), after he's 'lost at sea'. With great comic turns, particularly nosy B&B neighbours, the overbearingly maternal Jeannie (Sophie Thompson) and the fastidious Derek (David Walliams).

HIDDEN | BBC4 9PM

As the second series of this drama continues on BBC4 tonight, DCI Cadi John has to release Karl due to a lack of evidence. Meanwhile, Mia, Connor and Lee cause trouble for Hefin, Beca and Sion at the petrol station...



THE SELECTER AND EOB AT... | BBC4 11.40PM



Radiohead guitarist Edward O'Brien's solo work – under the pseudonym EOB – makes its European debut as he and 2 Tone legends The Selecter, fronted by the brilliant Pauline Black, perform at the 6 Music Festival in Camden tonight.

Sky Witness

6.00 AM UK Border Force 8.00 The Real A&E 9.00 Sun, Sea And A&E 11.00 Paramedics 1.00 PM UK Border Force 2.00 Border Security: Australia's Front Line 3.00 Border Security: Australia's Front Line 4.00 Border Security: Australia's Front Line 5.00 Border Security: Australia's Front Line 5.30 Border Security: Australia's Front Line 6.00 Border Security: Australia's Front Line 6.30 Border Security: Australia's Front Line

Sky Atlantic

6.00 AM Richard E Grant's Hotel Secrets 7.00 The British 8.00 CSI: Crime Scene Investigation 9.00 CSI: Crime Scene Investigation 10.00 CSI: Crime Scene Investigation 11.00 CSI: Crime Scene Investigation 12.00 PM CSI: Crime Scene Investigation 1.00 Without A Trace 2.00 Without A Trace 3.00 Without A Trace 4.00 Without A Trace 5.00 Without A Trace 6.00 Without A Trace *Volcano*.

Sky One

6.00 AM Monkey Life 6.30 Monkey Life 7.00 Monkey Life 7.30 Monkey Life 8.00 Modern Family 8.30 Modern Family 9.00 What's Up TV 9.30 I'm Game: Rainbow Laces 10.30 Soccer AM 12.00 PM Live Women's Six Nations Rugby Union *England v Wales: Kick-off 12.05pm.* 2.15 PL Greatest Games 2.30 Best PL Goals: Chelsea V Arsenal 3.00 Soccer Saturday 5.00 The Simpsons 5.30 The Simpsons 6.00 The Simpsons 6.30 The Simpsons

7 pm

7.00 Blue Bloods *To Protect And Serve:* Jamie refuses to follow his lieutenant's orders.

7.00 Without A Trace *Party Girl:* A society girl disappears.

7.00 The Simpsons *Children Of A Lesser Clod:* Homer opens a nursery. 7.30 The Simpsons *Simpsons Tall Tales.*

8 pm

8.00 Blue Bloods *The Truth About Lying:* Frank clashes with the NYPD's new inspector general.

8.00 Without A Trace *Manhunt:* A 12-year-old boy is kidnapped.

8.00 Modern Family *Tree's A Crowd:* Dylan's hippie mother moves into the Dunphy home.

8.30 Men In Black II An alien plots to destroy humanity. Sci-fi comedy sequel, starring Will Smith. (Cert PG, 85 mins. 2002) ★★

9 pm

9.00 Law & Order: Special Victims Unit *Redemption In Her Corner:* Kat crosses the line.

9.00 Real Women Have Curves Comedy drama. (Cert 12, 82 mins. 2002) ★★★

10 pm

10.00 The Good Doctor *Unsaid:* The team treat a boy who is unable to speak.

10.40 Boardwalk Empire Pilot episode of the Prohibition-era drama, starring Steve Buscemi.

10.15 Strike Back: Vendetta The team embarks on a dangerous mission aboard a train.

11 pm

11.00 Law & Order: Special Victims Unit *Downloaded Child:* A single mother faces up to her past.

12.10 AM Boardwalk Empire 1.20 Oz 2.35 Oz 3.50 Dolittle: Special 4.00 Fish Town 5.00-6.00 Fish Town

11.15 Hawaii Five-0 O 'oe, A 'owau, Nalo la Mea (You And Me, It Is Hidden): Adam's girlfriend Tamiko is kidnapped in front of him.

12.00 AM Law & Order: Special Victims Unit 1.00 Law & Order: Special Victims Unit 2.00 Blue Bloods 3.00 Blue Bloods 4.00 Nothing To Declare 4.30 Nothing To Declare 5.00 Nothing To Declare 5.30-6.00 Nothing To Declare

W

6.10 AM The Bill 7.00 The Bill 8.00 The Bill 9.00 The Bill 10.00 The Bill 11.00 Tipping Point 12.00 PM Tipping Point 1.00 Tipping Point 2.00 Tipping Point 3.00 Tipping Point 4.00 Tipping Point 5.00 Tipping Point 6.00 Tipping Point 7.00 Inside The Ambulance 8.00 Inside The Ambulance Michelle and Simon rush to a young man who has collapsed at work. 9.00 999 Rescue Squad A doctor fights for his life after a head-on collision with a truck. 10.00 999 Rescue Squad A minibus collides with a stolen car. 11.00 Louis Theroux: Talking To Anorexia 12.00 AM One Born Every Minute 1.00 Emily Attack: Adulthood 1.50 Code Black 2.35 Renovate My Home: Leave It To Bryan 3.00-6.10 Teleshopping

Alibi

6.00 AM Teleshopping 7.10 Murdoch Mysteries 8.00 Murdoch Mysteries 9.00 Murdoch Mysteries 10.00 Miss Marple 12.20 PM Death In Paradise Political Suicide. 1.40 Death In Paradise 3.00 Death In Paradise 4.20 Death In Paradise 5.40 Death In Paradise The Perfect Murder. 7.00 Miss Marple A Caribbean Mystery: The shrewd spinster is sent to convalesce in Barbados, where she finds life decidedly dull, until a double murder breaks the monotony. 9.20 Death In Paradise Until Death Do You Part: A bride-to-be is found dead in her bath. 10.40 Death In Paradise Swimming In Murder. 12.00 AM Death In Paradise 1.20 The Coroner 2.20 The Coroner 3.10 Bite Club 4.00-6.00 Teleshopping

GOLD

6.00 AM Teleshopping 7.05 The Piglet Files 7.55 As Time Goes By 8.35 The Good Life 9.15 Porridge 9.55 The Two Ronnies 10.55 Only Fools And Horses 11.35 Only Fools And Horses 12.15 PM Only Fools And Horses 12.55 Only Fools And Horses 1.30 Only Fools And Horses 2.10 Only Fools And Horses 2.50 Only Fools And Horses 3.55 Only Fools And Horses 4.35 Only Fools And Horses 5.15 Only Fools And Horses 5.55 Only Fools And Horses 6.35 Only Fools And Horses 7.15 Only Fools And Horses 7.55 Only Fools And Horses 9.00 All Round To Mrs Brown's 10.20 DON'T MISS! Sandylands 12.20 AM Black Books 2.00 The Royle Family 3.05 Black Books 3.30 The Piglet Files 4.00-6.00 Teleshopping

Com. Central

6.00 AM Teleshopping 8.00 Bob's Burgers 8.35 Bob's Burgers 9.00 Friends 9.30 Friends 10.00 Friends 10.30 Friends 11.00 Friends 11.30 Bad Robots 12.00 PM FILM Annie Musical remake, starring Quvenzhané Wallis and Jamie Foxx. (Cert PG, 115 mins. 2014) ★★ 2.30 Friends 8.00 FILM Notting Hill Romantic comedy, starring Julia Roberts and Hugh Grant. (Cert 15, 118 mins. 1999) ★★★★★ 10.30 Friends 11.00 Friends 11.30 Friends 12.00 AM Friends 12.30 Jimmy Carr: Telling Jokes 1.30 Broad City 2.00 Broad City 2.30 Broad City 3.00 Broad City 3.25 The Mick 3.50 The Mick 4.15 Impractical Jokers 4.35 Impractical Jokers 5.00-6.00 Teleshopping

FOX

8.00 AM Bull 9.00 Bones 10.00 Bones 11.00 The Mentalist 12.00 PM NCIS 1.00 Bones Mother And Child In The Bay. 2.00 NCIS Cadence. 3.00 The Mentalist The Silver Briefcase. 4.00 NCIS Cabin Fever. 5.00 NCIS Blast From The Past. 6.00 The Mentalist Green Light. 7.00 NCIS The Artful Dodger. 8.00 NCIS Status Update. 9.00 The Walking Dead Stalker. 10.00 Family Guy Love Thy Trophy. 10.30 Family Guy Death Is A B***h. 11.00 Family Guy The King Is Dead. 11.30 Family Guy I Am Peter, Hear Me Roar. 12.00 AM American Dad! 12.30 American Dad! 1.00 Family Guy 1.30 Family Guy 2.00 American Dad! 2.30 American Dad! 3.00 Family Guy 3.30 Family Guy 4.00 Bull 5.00-8.00 Teleshopping

Sky Comedy

6.00 AM Teleshopping 8.00 Everybody Hates Chris 9.30 The Mindy Project 10.00 The Mindy Project 10.30 The Mindy Project 11.00 The Mindy Project 11.30 The Mindy Project 12.00 PM The Mindy Project 12.30 The Mindy Project 1.00 30 Rock 1.30 30 Rock 2.00 30 Rock 2.30 30 Rock 3.00 30 Rock 3.30 30 Rock 4.00 30 Rock 4.30 30 Rock 5.00 30 Rock 5.30 30 Rock 6.00 30 Rock 6.30 30 Rock 7.00 30 Rock 7.30 30 Rock 8.00 30 Rock 8.30 Miracle Workers 9.00 Curb Your Enthusiasm 9.40 Ballers 10.15 Sex And The City 10.50 The Tonight Show Starring Jimmy Fallon 11.50 Veep 12.25 AM Veep 1.00 Sex And The City 3.55 Everybody Hates Chris 5.00-6.00 Teleshopping



America Ferrera stars as Ana Garcia in *Real Women Have Curves* 9pm Sky Atlantic

BBC Scotland
FREEVIEW 108 (SCOTLAND)

BBC4
FREEVIEW 9

7.00 PM The Seven
7.15 Seven Days
News, sport and entertainment stories.

7.00 PM Rick Stein's Long Weekends *Lisbon:*
The chef takes a culinary break in Lisbon.

8.00 Born To Be Wild
Romain Pizzi uses an ancient falconer's trick to get an injured bird flying again.

8.00 South Pacific
Ocean Of Volcanos: The effects of the eruption of volcanos in the ocean.

DON'T Miss! **9.00 Hidden**
Karl admits the accusations he brought against Ellis were false.

9.00 Scotland's Game
The World Stage: The success of the Scottish football team 30 years ago.

9.55 Clive James: Postcard From Miami
10.50 Clive James: Postcard From Chicago
The writer visits Chicago.

10.00 The Field Of Blood Part one of two.
Thriller, starring Jayd Johnson and Jonas Armstrong.

DON'T Miss! **11.40 The Selecter And EOB At The 6 Music Festival**
The acts' live performances.

10.55 The Field Of Blood Conclusion. Thriller, starring Jayd Johnson and Jonas Armstrong.

11.55-12.00 Tune
Supermicroscenes
Inverness Dance: DJ and producer Mark Mackenzie talks about the Inverness dance music scene.

12.25 AM Top Of The Pops: 1989
1.00 Top Of The Pops: 1989
1.30 South Pacific
2.30-3.30 Rick Stein's Long Weekends

ITV2
FREEVIEW 6

6.00 AM Teleshopping
7.00 Guinness World Records
7.15 The Ellen DeGeneres Show
9.30 Dress To Impress
11.30 Celebrity Catchphrase
12.30 PM You've Been Framed! Gold: Top 100 Animals
1.35 FILM Animals United Animated comedy. (*Cert U, 92 mins. 2010*) ★★
3.30 FILM Cats & Dogs: The Revenge Of Kitty Galore (*Cert U, 82 mins. 2010*) ★★
5.10 FILM The Secret Life Of Pets Animated adventure. (*Cert U, 87 mins. 2016*) ★★

6.55 Uncle Buck
A good-natured slob gets a taste of responsibility when he's called upon to look after his trouble-making nephew and nieces. Comedy, starring John Candy and Macaulay Culkin. (*Cert 12, 99 mins. 1989*) ★★

9.00 Fast & Furious 8
Street-racing criminal Dominic Toretto is recruited by a terrorist, setting him at odds with his old gang. Action adventure sequel, with Vin Diesel. Includes FYI Daily. (*Cert 12, 136 mins. 2017*) ★★

11.35 Family Guy *Lois Comes Out Of Her Shell:*
Lois has an image change.

12.05 AM Family Guy
12.35 American Dad!
1.05 American Dad!
1.30 Ibiza Weekender
2.35 The Stand Up Sketch Show
3.05 Totally Bonkers
Guinness World Records
3.20 Nightscreen
3.30-6.00 Teleshopping

E4
FREEVIEW 13

6.00 AM Ramsay's Kitchen Nightmares USA
6.55 FILM Romance Retreat Romantic comedy. (*Cert PG, 90 mins. 2019*) ★★★
8.25 Don't Tell The Bride
9.30 The Goldbergs
10.00 Schooled
10.30 Brooklyn Nine-Nine
11.00 Brooklyn Nine-Nine
11.30 Brooklyn Nine-Nine
12.00 PM Brooklyn Nine-Nine
2.30 The Big Bang Theory
5.00 Young Sheldon
5.30 FILM Home Alone 2: Lost In New York Comedy sequel. (*Cert PG, 115 mins. 1992*) ★★

8.00 Transformers: Revenge Of The Fallen The shape-changing robots fight for control of a machine hidden somewhere on Earth with the power to destroy planets. Sci-fi adventure sequel, starring Shia LaBeouf and Megan Fox. (*Cert 12, 149 mins. 2009*) ★★

11.05 Gogglebox The households' opinions on *Panorama: The Prince And The Epstein Scandal*.

12.10 AM Friday Night Dinner
12.45 Friday Night Dinner
1.20 Friday Night Dinner
1.50 Friday Night Dinner
2.25 Friday Night Dinner
2.50 Friday Night Dinner
3.20 Gogglebox
4.15 The Big Bang Theory
4.40 The Big Bang Theory
5.05-6.00 The Big Bang Theory

More4
FREEVIEW 18

8.55 AM Food Unwrapped
9.30 A Place In The Sun: Summer Sun
10.25 A Place In The Sun: Summer Sun
11.25 A Place In The Sun: Summer Sun
12.30 PM Location, Location, Location
1.35 Phil Spencer's Stately Homes
2.40 Come Dine With Me
3.10 Come Dine With Me
3.40 Come Dine With Me
4.15 Come Dine With Me
4.50 Come Dine With Me
5.20 Four In A Bed
5.55 Four In A Bed
6.25 Four In A Bed
6.55 Four In A Bed

7.25 Four In A Bed
Payment Day: The B&B owners meet for the last time to find out what they have been paid.

8.00 Car S.O.S *Toyota Celica:* Tim and Fuzz restore a 1972 Toyota Celica.

9.00 24 Hours In A&E Doctors treat an unresponsive baby with a high fever.

10.00 24 Hours In A&E Doctors fear a 25-year-old woman may have suffered a stroke.

11.05 Father Ted *Are You Right There, Father Ted?*
11.40 Father Ted *Chirpy Burpy Cheap Sheep.*

12.15 AM 8 Out Of 10 Cats Does Countdown
1.15 24 Hours In A&E
2.15 24 Hours In A&E
3.20-3.50 Father Ted

Drama
FREEVIEW 20

6.00 AM Teleshopping
7.30 Cadfael
9.00 Lovejoy *The Benin Bronze.*
10.00 Lovejoy *Eric Of Arabia.*
11.00 Sharpe *Sharpe's Waterloo.*
1.00 PM Auf Wiedersehen, Pet *Another Country.*
2.00 Auf Wiedersehen, Pet *A Home From Home.*
3.00 Ms Fisher's Modern Murder Mysteries *Seasoned Murder – Part One.*
4.00 Father Brown *The Missing Man.*
5.00 Father Brown *The Resurrectionists.*
6.00 The Brokenwood Mysteries *Over Her Dead Body.*

8.00 Murdoch Mysteries *Drowning In Money:* Murdoch suspects murder at what appears to be a double suicide.

9.00 Life On Mars Sam investigates a kidnapping. Fantasy drama, starring John Simm.

10.20 Life On Mars Gene investigates the shooting of a Ugandan Asian man.

11.40 Kavanagh QC *Job Satisfaction:*
A brother and sister are accused of murder.

1.10 AM Hetty Wainthropp Investigates
2.10 Hetty Wainthropp Investigates
3.10 The White Princess
4.00-6.00 Teleshopping

Dave
FREEVIEW 19

6.00 AM Teleshopping
7.10 The Hurting
8.00 Top Gear
9.00 Aussie Pickers
10.00 Storage Hunters UK
11.00 American Pickers
12.00 PM Cops UK: Bodycam Squad
1.00 Cops UK: Bodycam Squad
3.00 Border Force: America's Gatekeepers
4.00 Top Gear
5.00 Top Gear
6.00 Red Bull Soapbox Race
7.00 Would I Lie To You?
7.40 Would I Lie To You?
8.20 Not Going Out
9.00 Not Going Out
Christmas Special
10.00 Hypothetical
11.00 Have I Got A Bit More News For You
12.00 AM Dave Gorman: Modern Life Is Goodish
1.00 Not Going Out
Christmas Special
1.55 Jon Richardson: Ultimate Worrier
2.55 Zapped
3.40 The Indestructibles
4.00-6.00 Teleshopping

5USA
FREEVIEW 21

6.00 AM Teleshopping
9.00 Murder, She Wrote
9.50 Murder, She Wrote
10.50 Murder, She Wrote
11.50 Murder, She Wrote
12.55 PM Murder, She Wrote
1.55 Murder, She Wrote
2.55 Murder, She Wrote
4.00 Murder, She Wrote
5.00 Murder, She Wrote
6.00 Murder, She Wrote
7.05 NCIS: New Orleans
8.00 NCIS: New Orleans
9.00 NCIS: New Orleans
10.00 Law & Order: Special Victims Unit *Devil's Dissections.*
10.55 Law & Order: Special Victims Unit *Criminal Pathology.*
11.55 Law & Order: Special Victims Unit
12.55 AM Law & Order: Special Victims Unit
1.55 Chicago PD
2.50 Chicago PD
3.50 Access
4.00-6.00 Teleshopping

5STAR
FREEVIEW 30

6.00 AM Teleshopping
7.00 High Street TV
8.00 3rd Rock From The Sun
8.20 Two And A Half Men
12.25 PM FILM Bewitched (*Cert PG, 98 mins. 2005*) ★★
2.35 FILM Just Like Heaven (*Cert PG, 90 mins. 2005*) ★★★
4.30 FILM You, Me And Dupree Comedy. (*Cert 12, 108 mins. 2006*) ★★
6.35 FILM Ocean's Thirteen Comedy crime caper sequel. (*Cert PG, 122 mins. 2007*) ★★★
9.00 FILM The Twilight Saga: Breaking Dawn – Part 2 Romantic fantasy sequel. (*Cert 12, 110 mins. 2012*) ★★★
11.10 FILM 28 Days Later (*Cert 18, 108 mins. 2002*) ★★★★★
1.25 AM FILM Get Hard (*Cert 15, 100 mins. 2015*) ★★
3.25 Two And A Half Men
3.55 Access
4.00-6.00 Teleshopping

ITV3
FREEVIEW 10

6.00 AM Lewis *The Soul Of Genius.*
7.50 Agatha Christie's Marple *The Moving Finger.*
9.55 Coronation Street
12.55 PM Midsomer Murders *Vixen's Run.*
2.55 Midsomer Murders *Down Among The Dead Men.*
5.00 Midsomer Murders *Four Funerals And A Wedding.*
7.00 Midsomer Murders *Last Man Out:* Barnaby and Winter investigate when Lower Pampling's star cricketer Leo Henderson is found dead after a match, pummelled to death by cricket balls.
9.00 Midsomer Murders *Red In Tooth And Claw.*
11.00 Foyle's War *The Hide.*
1.05 AM Scott & Bailey
2.00 Long Lost Family
2.50 That's My Boy
3.20 Nightscreen
3.30-6.00 Teleshopping

ITV4
FREEVIEW 24

6.00 AM World Cup Rivalries: Brazil V Italy
6.15 The Saint
7.20 Monster Carp
8.25 Giant Lobster Hunters
9.30 ITV Racing: The Opening Show
10.30 Euro 2020 Preview
11.00 Minder
12.05 PM World Cup Rivalries: England V Argentina
12.30 Live Darts: UK Open 2020
Day Two: Jacqui Oatley presents coverage of day two at the Butlin's Minehead Resort.
5.00 The Professionals
6.00 The Sweeney
7.00 Live Darts: UK Open
11.00 FILM Assassins Thriller, starring Sylvester Stallone and Antonio Banderas. Includes FYI Daily. (*Cert 15, 133 mins. 1995*) ★★★
1.45 AM Minder
2.50 Nightscreen
3.00-6.00 Teleshopping

ITVBe
FREEVIEW 26

6.00 AM Teleshopping
7.00 Little Women: LA
7.50 The Real Housewives Of Beverly Hills
8.50 Be Beautiful
9.00 LittleBe
12.00 PM Be Beautiful
12.10 The Real Housewives Of Potomac
1.05 The Real Housewives Of Orange County
2.00 Sam And Billie Faiers: The Mummy Diaries
3.00 The Real Housewives Of Cheshire
4.00 The Real Housewives Of Cheshire
5.00 The Real Housewives Of Cheshire
6.00 The Real Housewives Of Cheshire
7.00 Dinner Date
8.00 Dinner Date
9.00 Botched
10.00 Totally 11.00 Vanderpump Rules *Back In The Saddle.*
12.00 AM Marriage Boot Camp: Reality Stars
12.55-6.00 Teleshopping

INSIDE TV SUNDAY 8 March

BBC1

6.00 AM Breakfast (S) **7.30 Match Of The Day** (R/S) **9.00 The Andrew Marr Show** (S) **10.00 Politics England** (S) **10.30 The Big Questions** From Oasis Academy MediaCityUK in Salford. (S) **11.30 Bargain Hunt** From Elsecar in South Yorkshire. (R/S) **12.15 PM Ready Steady Cook** Mother and daughter Azra and Hannah do battle in the culinary contest. (R/S) **1.00 BBC News/Weather** (S) **1.15 Songs Of Praise International Women's Day:** Author Michelle Sloan celebrates the Bible's women. (S) **1.55 Rugby Union: Six Nations Build-Up** A look ahead to France v Scotland. (S) **2.30 Live Six Nations Rugby Union Scotland v France:** John Inverdale presents coverage of both teams' penultimate match of the championship, held at Murrayfield. Kick-off 3.00pm. (S) **5.30 Blue Planet II Green Seas:** Wildlife inhabiting underwater kelp forests. (R/S)



9pm Last Tango In Halifax

6.30 BBC News (S)
6.50 Regional News/Weather (S)

7.00 Countryfile Holnicote Estate: The team marks International Women's Day on the Holnicote Estate in Somerset, while Hannah Jackson looks at whether times have really changed for women in farming. (S)

8.00 Antiques Roadshow Fiona Bruce presents from Salisbury Cathedral, where the experts assess letters from Enid Blyton, an item of Queen Victoria's underwear and original drawings of Judge Dredd. (S)

9.00 Last Tango In Halifax Gillian is pushed to her wits' end by the return of PC Cheryl, a hungover Judith has an epiphany, Caroline gains an unwanted lodger, and the truth about Ted's trip comes to light. (S)

10.00 BBC News (S)
10.20 Regional News/Weather (S)
10.30 Match Of The Day 2 Mark Chapman presents action from today's Premier League fixtures. (S)

11.30 Shane Williams: Rugby, Concussion And Me Shane Williams heads on a journey to understand how the world of rugby, from grass roots to the highest levels, is working to reduce concussions in the modern-day game. (S)
12.35-6.00 AM BBC News (S)

BBC2

6.45 AM The Instant Gardener (R/S) **7.30 The A To Z Of The RHS Chelsea Flower Show** (R/S) **8.30 Countryfile Gwent Levels.** (R/S) **9.30 Beechgrove Repotted Community Allotments.** (S) **10.00 Saturday Kitchen Best Bites** (S) **11.30 Natural World: Komodo – Secrets Of The Dragon** (R/S) **12.30 PM Triathlon: World Series: Abu Dhabi** Action from the opening round of the season. (S) **2.00 Lorraine's Fast, Fresh And Easy Food Baking It.** (R/S) **2.30 The Hairy Bikers' Comfort Food A Taste Of Cumbria.** (R/S) **3.15 FILM 633 Squadron** Second World War drama, starring Cliff Robertson. (Cert PG, 93 mins. 1964) (S) ★★★ **4.50 Back In Time For The Corner Shop 20s, 30s & 40s:** The Ardens get a taste of corner shop life in the 1920s, 30s and 40s. (R/S) **5.50 Greg James' Sport Relief Heroes** The DJ meets up with his heroes of the charity event. (R/S)



6.50pm Top Gear Nepal Special

6.50 Top Gear Nepal Special The team sets off on a high-altitude trek from Kathmandu, capital of Nepal, to the Forbidden City of Lo Manthang, a secretive kingdom perched high on the Tibetan plateau, on the far side of the Himalayas. (R/S)

8.00 Race Across The World New series. Five pairs of competitors journey around the globe, with only limited cash and no use of modern technology. In the first edition, the teams set off from Mexico City. (S)



9.00 Dragons' Den Entrepreneurs pitch their money-making ideas to a panel of self-made millionaires. Presented by Evan Davis. (S)

10.00 Dara O Briain – Voice Of Reason A chance to see the comedian Dara O Briain's Voice of Reason live show from 2019, filmed at London's Eventim Apollo. (R/S)

11.00 The Ranganation (R/S) **11.50 Women's Six Nations Highlights 2020 Round Four.** (S) **12.20 AM FILM Up There** Comic fantasy. (Cert 15, 79 mins. 2012) (S) ★★★ **1.35 FILM Valhalla Rising** Historical adventure. (Cert 15, 93 mins. 2009) (S) ★★★ **3.00 Sign Zone: Question Time** (R/S) **4.00 Sign Zone: Fraud Squad: The Hunt** (R/S) **4.45-6.00 This Is BBC Two** (S)

ITV

6.00 AM CITV 7.30 Scrambled! 9.25 ITV News (S) **9.30 Ainsley's Caribbean Kitchen Antigua – Part One:** Ainsley Harriott presents the first of two visits to Antigua. (R/S) **10.30 Living On The Veg Meriel Armitage:** Dishes include pastaball marinara, banana French toast, crispy chilli tofu and barbecue glazed jackfruit ribs. (S) **11.30 Love Your Garden Birmingham.** (R/S) **12.30 PM St Davids – Britain's Smallest City** The busiest tourist season in the Pembrokeshire city's history. (R/S) **1.00 ITV News/Weather** (S) **1.10 The Voice UK** Emma Willis hosts the third and final episode of the Battle rounds. (R/S) **2.30 Ant & Dec's Saturday Night Takeaway** Jax Jones and Ella Henderson perform live. (R/S) **4.00 FILM Liar Liar** Comedy, starring Jim Carrey. (Cert 12, 82 mins. 1997) (S) ★★★ **5.35 ITV News/Weather** (S) **5.50 Regional News/Weather** (S)



8pm McDonald & Dodds

DON'T Miss! **6.00 Dancing On Ice** Phillip Schofield and Holly Willoughby host the grand final of the skating challenge. Three celebrities remain in the contest, and each pair is challenged to perform a special showcase routine choreographed by Christopher Dean and Jayne Torvill. After that one pair will be eliminated, with the other going on to the final round – performing their own take on Torvill and Dean's signature piece, Ravel's Bolero. (S)

8.00 McDonald & Dodds Wilderness Of Mirrors: The chalk-and-cheese detective duo are called to a private clinic where a wealthy patient has been killed. However, their investigation is made all the more difficult by the complex relationships of the victim's former fellow residents. Jason Watkins and Tala Gouveia take the lead roles in the second of two mystery dramas, with an all-star supporting cast including Caroline Catz, Hugh Dennis, Michele Dotrice, Freddie Fox, Suzanne Packer and Joanna Scanlan. (S)

10.00 ITV News/Weather (S)
10.15 Harry Redknapp's Sandbanks Summer (R/S)
10.40 The Trouble With Maggie Cole Six-part drama starring Dawn French and Julie Hesmondhalgh. (R/S)

11.35 Six Nations Highlights Jill Douglas presents action from the fourth round of fixtures, featuring England v Wales at Twickenham and Scotland v France at Murrayfield. (S) **12.30 AM Ideal World 3.00 Australian Wilderness With Ray Mears Nitmiluk Gorge.** (R/S) **3.25 Nightscreen** Text-based information service. **5.05-6.00 Judge Rinder** (R/S)

Channel 4

6.00 AM The King Of Queens (R/S) **6.25 The King Of Queens** (R/S) **6.50 Everybody Loves Raymond** (R/S) **7.15 Everybody Loves Raymond** (R/S) **7.40 The Big Bang Theory** (R/S) **8.00 The Big Bang Theory The Extract Obliteration.** (R/S) **8.25 Beat The Chef** (R/S) **9.00 Beat The Chef** (R/S) **9.30 Sunday Brunch** (S) **12.30 PM The Simpsons Dude, Where's My Ranch?.** (R/S) **1.00 The Simpsons The Bart Of War.** (R/S) **1.30 FILM Rio 2** Animated comedy sequel, with the voice of Jesse Eisenberg. (Cert U, 99 mins. 2014) (S) ★★★ **3.25 The Great Pottery Throw Down** The four remaining amateur potters take part in the semi-final. (R/S) **4.30 Crufts 2020 – Best In Show** Clare Balding returns for more coverage, live from the NEC in Birmingham, including Crufts 2020: Best in Show Live as one dog is set to take the overall winner's crown. (S)



9pm Homeland

6.30 Channel 4 News/Weather (S)

7.00 Crufts 2020 – Best In Show Clare Balding returns for more coverage of the world's largest dog show live from the NEC in Birmingham. Today's theme is My Dog Saved My Life. Momentum builds as the climax of Crufts 2020 culminates with one lucky dog being crowned Best in Show. Plus, DJ Roman Kemp reveals how his chihuahua has helped his mental health, and singer Russell Watson explains his love of dogs to Clare. (S)

9.00 Homeland Chalk One Up: Carrie gets a surprise, while Saul plans an announcement. Political thriller, starring Claire Danes and Mandy Patinkin. (S)

10.05 Gogglebox Capturing the households' instant reactions to what they are watching on TV from the comfort of their own sofas. (R/S)

11.00 FILM Sisters Comedy, starring Amy Poehler. (Cert 15, 117 mins. 2015) (S) ★★★ **1.15 AM FILM Top Secret!** Spy spoof, starring Val Kilmer. (Cert 15, 86 mins. 1984) (S) ★★★ **2.45 Come Dine With Me Worcester.** (R/S) **3.35 Homes By The Med** (R/S) **4.30 Location, Location, Location West London.** (R/S) **5.20 Cooking Up A Fortune** (R/S) **5.50-6.30 Countdown** (R/S)

Channel 5

6.00 AM Milkshake! **9.55 SpongeBob SquarePants** (R/S) **10.10 The Loud House** (R/S) **10.25 Britain's Greatest Bridges** *Clifton Suspension Bridge*. (R/S) **10.40 WWE Raw Highlights** (S) **11.40 Friends** *The One With The Screamer*. (R/S) **12.10 PM Friends** *The One With Ross's Thing*. (R/S) **12.45 Friends** *The One With The Ultimate Fighting Champion*. (R/S) **1.10 Friends** *The One At The Beach*. (R/S) **1.45 Friends** *The One With The Jellyfish*. (R/S) **2.15 Nightmare Tenants, Slum Landlords** (R/S) **3.10 Nightmare Tenants, Slum Landlords** Eviction lawyer Chris has a complex case on his hands involving squatters. (R/S) **4.10 Nightmare Tenants, Slum Landlords** Harrow Council carries out raids on uninhabitable properties. (R/S) **5.10 Nightmare Tenants, Slum Landlords** A young mum is locked out of her own home. (R/S)



8pm The Nightmare...

6.05 5 News Update (S) **6.10 Building The Billion Dollar Cruise Ship** Following engineers and designers as they race to construct the Seven Seas Explorer. Their aim is to make it the most luxurious ship of its type, designed to convey 750 passengers when others of its size would hold 5,000. (S)

8.00 The Nightmare Neighbour Next Door New series. Return of the documentary about disputes between neighbours, beginning with Anton and his wife Rita who clashed with local actress Sharon. (S)

9.00 Rich Holiday, Poor Holiday Benidorm Vs St Lucia: Wealthy friends from Guildford take on a fast-paced budget Benidorm break, while party lovers from London enjoy a five-star Caribbean hotel on the island of St Lucia. (S)

10.00 Secrets Of First Class With Sally & Nigel Nigel Havers and Sally Lindsay explore different standards of plane travel. (R/S)

11.05 Shameful! Most Shocking Celebrity Moments (R/S) **1.00 AM The 21.co.uk Live Casino Show** (S) **3.10 Our Dream Hotel Casa Cuevas**. (R/S) **4.00 Eamonn And Ruth: Blowing A Fortune** (R/S) **4.45 House Doctor Radford Semele**. (R/S) **5.10 Nick's Quest Elephants**. (R/S) **5.35-6.00 Wildlife SOS** (R/S)



DON'T Miss!

DANCING ON ICE | ITV 6PM

The big freeze

It's a big weekend for finales of competition shows – less than 24 hours after we crowned the latest winner of *The Greatest Dancer* over on BBC1, it's time to join Phil, Holly and the gang to see who'll be skating off with the trophy for this year's series

of *Dancing On Ice*. This one has hit a few bumps along the way, notably Caprice-gate (or should that be Caprice-skate?), but we're excited to see what the finalists have in store.

Obviously we have no way of knowing which three celebrities

will have made it to the final but surely it would be foolish of us to bet against Diversity's Perri Kiely, who's proven to be a natural on the ice. We've also got our fingers crossed for Joe Swash, who's definitely the most improved skater this year...

DON'T Miss!

Best in shoe?



DRAGONS' DEN | BBC2 9PM

Sara, Touker, Deborah, Tej and Peter return to the Den tonight with their big piles of cash, all ready to invest substantial sums if the right business proposition is made to them. Among the entrepreneurs stepping out of the lift and hoping that they will leave with a major injection of capital are the owner of a beauty business, whose products have a social benefit as well as a practical one, and two brewers who hope the Dragons like the taste of their low-alcohol drinks. Also hoping not to put a foot wrong tonight: an entrepreneur whose business is a range of hand-finished shoes. But can he become their sole trader?

Regional variations

BBC1 SCOTLAND as Main BBC1 except: **10.00-10.30am** Politics Scotland **11.30am** Sportscene **12.45am** Shane Williams: Rugby, Concussion And Me **1.45** Weather For The Week Ahead **1.50-6.00** BBC News **BBC1 WALES** as Main BBC1 except: **10.00-10.30am** Politics Wales **12.30-1.00pm** Weatherman Walking: The Welsh Coast **5.30-6.30** Shane Williams: Rugby, Concussion And Me **11.30** Mrs Brown's Boys **12.00-12.30am** Live At The Apollo **BBC2 N IRELAND** as Main BBC2 except: **10.00pm** The Jimmy Kennedy Songbook **11.00** Soft Border Patrol **11.30** Sunday Politics Northern Ireland **12.00am** Dara O Briain – Voice Of Reason **1.00** Women's Six Nations Highlights **1.30-1.35** Wild On Water – Killard Nature Reserve **BBC2 WALES** as Main BBC2 except: **2.00pm** The £100K House: Tricks Of The Trade **3.00** **FILM:** 633 Squadron **4.35** Blue Planet II **5.35** Greg James' Sport Relief Heroes **6.35** Scrum VS Six Nations Special **7.35** Top Gear Nepal Special **8.50** Race Across The World **9.50** Dragons' Den **10.50** The Ranganation **11.35-11.50** Coast **WALES** as Main ITV except: **12.30-1.00pm** Newsweek Wales **SCOTTISH** as Main ITV except: **12.30am** Through The Keyhole **1.20-5.05** Nightscreen **YORKSHIRE** as Main ITV except: **5.50-6.00pm** ITV News Calendar



NCIS: LOS ANGELES | Sky One 10PM

There are some pretty major heart-to-hearts taking place in tonight's episode, not least one between Sam and Callen, where the former admits he has been considering upping sticks and trying something

new. But Callen's not ready to picture the OSP without his pal, and tries to talk him into sticking around. Also this week, Eric and Nell discuss the impact of Eric's undercover work on their relationship...

IBIZA WEEKENDER | ITV2 9PM

It's Jordan's birthday! You might not know about that, he's keeping it very quiet, you know he's the shy type. Luckily, David's got a party planned for him, including a surprise guest. Meanwhile, Tash is still cross with Jaden for lying to her.



6 MUSIC FESTIVAL CELEBRATES... | BBC4 11.30PM



Lauren Laverne brings us live performances from some of the top women in music to mark International Women's Day. Taking to the stage at the Roundhouse in Camden are Róisín Murphy, Kate Tempest, Kim Gordon and Nadine Shah.

Sky Witness

6.00 AM Nothing To Declare 9.00 Sun, Sea And A&E 12.00 PM Stop, Search, Seize 1.00 UK Border Force 2.00 Border Security: Australia's Front Line 3.00 Border Security: Australia's Front Line 4.00 Border Security: Australia's Front Line 5.00 Border Security: Australia's Front Line 5.30 Border Security: Australia's Front Line 6.00 Border Security: Australia's Front Line 6.30 Border Security: Australia's Front Line

Sky Atlantic

6.00 AM Richard E Grant's Hotel Secrets 7.00 Richard E Grant's Hotel Secrets 8.00 The British Tale Of Two Cities. 9.00 Without A Trace Lone Star. 10.00 Without A Trace Transitions. 11.00 Without A Trace Second Sight. 12.00 PM Without A Trace The Bogie Man. 1.00 Without A Trace Off The Tracks. 2.00 Without A Trace John Michaels. 3.00 Without A Trace Endgame. 4.00 Blue Bloods Black And Blue. 5.00 Blue Bloods Lonely Hearts Club. 6.00 Blue Bloods Thanksgiving.

Sky One

6.00 AM Hour Of Power 7.00 Monkey Life 7.30 Monkey Life 8.00 Modern Family 10.30 The Simpsons 11.00 The Simpsons 11.30 The Simpsons 12.00 PM Magnum P.I. 1.00 NCIS: Los Angeles 2.00 NCIS: Los Angeles 3.00 NCIS: Los Angeles 4.00 The Simpsons 4.30 The Simpsons 5.00 The Simpsons 5.30 The Simpsons Homer And Ned's Hail Mary Pass. 6.00 The Simpsons Pranksta Rap. 6.30 The Simpsons There's Something About Marrying.

7 pm

7.00 Ghost Whisperer The Underneath: Melinda tries to find out more about her absent father.

8 pm

8.00 Ghost Whisperer Don't Try This At Home: College girls are haunted by their dead friend.

9 pm

9.00 The Rookie Clean Cut: Two of the rookies are set to receive special awards.

10 pm

10.00 Criminal Minds Saturday: Garcia leads a hacking competition.

11 pm

11.00 Blue Bloods The Real Deal: Danny and Baez grapple with a year-old homicide investigation.

12.00 AM Law & Order: Special Victims Unit 1.00 Law & Order: Special Victims Unit 2.00 Ghost Whisperer 3.00 Ghost Whisperer 4.00 Nothing To Declare 4.30 Nothing To Declare 5.00 Nothing To Declare 5.30-6.00 Nothing To Declare

7.00 Blue Bloods Moonlighting: A dangerous convict strikes a deal with Danny.

8.00 Blue Bloods Whistle Blower: One of Erin's informants is murdered.

9.00 Game Of Thrones You Win Or You Die: Ned confronts Cersei about Jon Arryn's death.

10.15 Game Of Thrones The Pointy End: The Lannisters launch their bid to seize power.

11.30 The Outsider Tigers And Bears: Ralph and Yunis interview witnesses from the cave festival.

12.35 AM Oz 1.50 Dolittle: Special 2.00 The Outsider 3.05 The End 3.40 Californication 4.15 The British 5.10-6.00 The British

7.00 The Simpsons On A Clear Day I Can't See My Sister. 7.30 The Simpsons

8.00 Magnum P.I. Day I Met The Devil: Magnum gets called up from the reserves for a secret mission.

9.00 Hawaii Five-0 Ka I Ka 'Ino, No Ka 'Ino: A helicopter tragedy leads the team to a ghost from McGarrett's past.

DON'T Miss! 10.00 NCIS: Los Angeles Answers: Callen and Sam contemplate their future at the agency.

11.00 SEAL Team Kill Or Cure: The unit protects aid convoys in an Ebola hot zone.

12.00 AM S.W.A.T. 1.00 The Force: Manchester 2.00 Caught On Dashcam 3.00 Caught On Dashcam 4.00 Air Ambulance ER 5.00-6.00 Air Ambulance ER

W

6.10 AM One Born Every Minute 7.00 One Born Every Minute 8.00 One Born Every Minute 9.00 One Born Every Minute 10.00 One Born Every Minute 11.00 Emma Willis: Delivering Babies 12.00 PM Emma Willis: Delivering Babies 1.00 Emma Willis: Delivering Babies 2.00 Emma Willis: Delivering Babies 3.00 Emma Willis: Delivering Babies 4.00 Emma Willis: Delivering Babies 5.00 The Wedding Fixer 7.00 Never Seen A Doctor 8.00 Never Seen A Doctor 9.00 Stacey Dooley Sleeps Over 10.00 Stacey Dooley In The USA 11.00 One Born Every Minute 1.00 AM Emily Atack: Adulthood 1.50 Code Black 2.35 Renovate My Home: Leave It To Bryan 3.00-6.10 Teleshopping

Alibi

6.00 AM Teleshopping 7.40 Miss Marple 10.00 Death In Paradise 11.20 Death In Paradise 12.40 PM Death In Paradise 2.00 The Coroner The Fisherman's Tale. 3.00 The Coroner Gilt. 4.00 The Coroner Capsized. 5.00 Father Brown The Judgement Of Man. 6.00 Father Brown The Time Machine. 7.00 Father Brown The Standing Stones. 8.00 Father Brown The Paradise Of Thieves: A man is found dead inside a bank vault. 9.00 Carter Harley Loses A Finger. Harley and the team find themselves facing off with a hitman who has a severed finger. 10.00 Murdoch Mysteries The Final Curtain. 11.00 Frankie Drake Mysteries 12.00 AM The Gulf 2.00 The Coroner 2.50 Bite Club 4.00-6.00 Teleshopping

GOLD

6.00 AM Teleshopping 7.45 The Two Ronnies 8.40 Only Fools And Horses 10.25 FILM Annie (Cert U, 122 mins. 1982) ★★★ 1.00 PM The Vicar Of Dibley 1.40 The Vicar Of Dibley 2.15 The Vicar Of Dibley 3.00 The Vicar Of Dibley 3.40 The Vicar Of Dibley 4.20 The Vicar Of Dibley 5.00 The Vicar Of Dibley 5.40 The Vicar Of Dibley 6.20 The Vicar Of Dibley 7.05 The Vicar Of Dibley 7.45 The Vicar Of Dibley 8.20 The Vicar Of Dibley 9.00 The Royle Family 10.15 Absolutely Fabulous 10.55 Absolutely Fabulous 11.35 300 Years Of French & Saunders 12.35 AM Smack The Pony 2.10 300 Years Of French & Saunders 3.05 Absolutely Fabulous 4.00-6.00 Teleshopping

Com. Central

6.00 AM Teleshopping 8.00 Friends 8.35 Friends 9.00 Friends 9.30 Friends 10.00 Friends 10.30 Friends 11.00 Wipeout USA 12.00 PM Wipeout USA 1.00 FILM Bring It On (Cert 12, 94 mins. 2000) ★★★ 3.00 Friends 3.30 Friends 4.00 Friends 4.30 Friends 5.00 Friends 5.30 Friends 6.00 Friends 6.30 Friends 7.00 Friends 7.30 Friends 8.00 FILM Ace Ventura: Pet Detective (Cert 12, 82 mins. 1994) ★★★★★ 10.00 FILM Mean Machine (Cert 15, 95 mins. 2001) ★★ 12.00 AM Impractical Jokers 12.30 Impractical Jokers 1.00 Broad City 3.25 Bad Robots 3.50 Bad Robots 4.15 Impractical Jokers 4.35 Impractical Jokers 5.00-6.00 Teleshopping

FOX

8.00 AM Bull 9.00 Bones 10.00 Bones 11.00 The Mentalist 12.00 PM Bones The Truth In The Lye. 1.00 NCIS Patience. 2.00 NCIS No Good Deed. 3.00 Bones The Girl In Suite 2103. 4.00 The Mentalist The Whites Of His Eyes. 5.00 Bones The Girl With The Curl. 6.00 Bones The Woman In The Sand. 7.00 NCIS IRL. 8.00 NCIS The North Pole: Gibbs and the team assist Ziva. 9.00 War Of The Worlds 10.00 War Of The Worlds 11.00 Family Guy Love Thy Trophy. 11.30 Family Guy Death Is A B***h. 12.00 AM Family Guy 12.30 Family Guy 1.00 Family Guy 1.30 Family Guy 2.00 The Walking Dead 3.00 American Dad! 3.30 American Dad! 4.00 Bull 5.00-8.00 Teleshopping

Sky Comedy

6.00 AM Teleshopping 6.30 Teleshopping 8.00 Everybody Hates Chris 8.20 Everybody Hates Chris 9.00 The Mindy Project 9.30 The Mindy Project 10.00 The Mindy Project 10.30 The Mindy Project 11.00 The Mindy Project 11.30 The Mindy Project 12.00 PM The Mindy Project 12.30 The Mindy Project 1.00 Parks And Recreation 8.30 A.P. Bio 9.00 Saturday Night Live 10.30 My Favourite Shapes By Julio Torres 11.40 The Righteous Gemstones 12.25 AM Work In Progress 12.55 Curb Your Enthusiasm 1.40 Ballers 2.20 Dana Carvey: Squatting Monkeys Tell No Lies 3.30 Everybody Hates Chris 4.00 Everybody Hates Chris 4.30 Everybody Hates Chris 5.00-6.00 Teleshopping

Drama

FREEVIEW 20

6.00 AM Teleshopping
7.10 Doctor Finlay **8.00 The Bill** *Life's Too Short.*
9.00 The Bill *The Calm Before The Storm.* **10.00 The Bill** *Taking A Stand.*
11.00 The Bill *A Different Ball Game.* **12.00 PM Hetty Wainthropp Investigates** *Family Values.* **1.00 Hetty Wainthropp Investigates** *Digging For Dirt.* **2.00 Cranford: Return To Cranford** *August 1844.*
4.00 Cranford: Return To Cranford *October 1844.*
6.00 Miss Marple *Murder At The Vicarage.*



Magnum (Jay Hernandez) gets called up for a secret mission in *Magnum P.I* **8pm** Sky One

BBC Scotland

FREEVIEW 108 (SCOTLAND)

7.00 PM The Seven National, UK-wide and international news.
7.15 SportsScene The latest Premiership fixtures.

8.30 The Forest The people who live and work in Galloway Forest Park.

9.00 Scotch! The Story Of Whisky Scotch whisky's rise from humble drink to global superpower.

10.00 Two Doors Down Colin throws a birthday party for his father.
10.30 Scot Squad Tackling noisy neighbours.

11.00 A Play, A Pie And A Pint: Meat Market Three strangers meet in the dead of night to negotiate a secret deal.

11.50-12.00 Insider's Guide *Glasgow:* A selection of the best places to visit in Glasgow.

BBC4

FREEVIEW 9

7.00 PM Football: SheBelieves Cup 2020 *Japan v England:* Eilidh Barbour presents coverage of the latest match in the round-robin competition, held at Red Bull Arena in Harrison, New Jersey. Kick-off 6.15pm.

9.30 Maiden: War On The Waves – Storyville The first all-female crew to enter the Whitbread Round the World Race.

11.00 More Dawn French's Girls Who Do: Comedy *Julie Walters.*
11.30 6 Music Festival Celebrates International Women's Day With Róisín Murphy, Kate Tempest, Kim Gordon and Nadine Shah.

12.15 AM Unsung Heroines: Danielle De Niese On The Lost World Of Female Composers **1.15 Darcy's Ballet Heroes** **2.15-3.15 Kiri Te Kanawa At The BBC**

ITV2

FREEVIEW 6

6.00 AM Teleshopping
7.00 Totally Bonkers
Guinness World Records
7.10 You've Been Framed! Gold **7.40 The Ellen DeGeneres Show**
9.10 Dress To Impress
12.15 PM Celebrity Catchphrase **1.20 You've Been Framed! Gold: Yearbook** **2.20 FILM Step Up 3** Drama sequel. (Cert 12, 102 mins. 2010) ★★★ **4.35 FILM Minions** Animation. (Cert U, 91 mins. 2015) ★★★ **6.25 FILM Jurassic Park** Adventure. (Cert PG, 121 mins. 1993) ★★★★★

DON'T Miss! **9.00 Ibiza Weekender** The lives of reps and revellers on the holiday island.

10.00 Family Guy *Leggo My Meg-O.*
10.30 Family Guy *Friends Without Benefits.*
10.55 Family Guy

11.25 American Dad! *One-Woman Swole.*
11.55 American Dad! *Mine Struggle.*

12.25 AM The Cleveland Show **12.50 The Stand Up Sketch Show** **1.25 Timewasters** **1.50 Timewasters** **2.25 Don't Hate The Playaz** **3.15 Nightscreen** **3.30-6.00** Teleshopping

E4

FREEVIEW 13

6.00 AM Hollyoaks **8.30 Man With A Plan** **11.00 The Goldbergs** **11.30 Schooled** **12.00 PM FILM Diary Of A Wimpy Kid: Dog Days** Family comedy sequel. (Cert U, 90 mins. 2012) ★★★ **1.55 Young Sheldon** **2.50 Brooklyn Nine-Nine** **3.50 The Big Bang Theory** **4.15 The Big Bang Theory** **4.45 The Big Bang Theory** **5.10 The Big Bang Theory** **5.40 Zoey's Extraordinary Playlist** **6.45 FILM 27 Dresses** Romantic comedy. (Cert 12, 106 mins. 2008) ★★★

9.00 Celebs Go Dating Charlotte Dawson is back at the agency, and this time in need of some couples counselling.

10.00 Naked Attraction A 60-year-old entertainer hopes to find the perfect partner.

11.05 Star Trek: Discovery *What's Past Is Prologue:* Lorca plans to move forward with a coup against the Emperor.

12.10 AM The Big Bang Theory **12.40 The Big Bang Theory** **1.05 Celebs Go Dating** **2.10 Naked Attraction** **3.05 Star Trek: Discovery** **3.55-6.00 Hollyoaks**

More4

FREEVIEW 18

8.55 AM Car S.O.S **10.00 Car S.O.S** **11.00 Come Dine With Me** **11.35 Come Dine With Me** **12.10 PM Come Dine With Me** **12.40 Come Dine With Me** **1.10 Come Dine With Me** **1.40 Four In A Bed** **2.15 Four In A Bed** **2.45 Four In A Bed** **3.20 Four In A Bed** **3.50 Four In A Bed** **4.20 Come Dine With Me** **4.50 Come Dine With Me** **5.25 Come Dine With Me** **5.55 Come Dine With Me** **6.25 Come Dine With Me** *Northamptonshire.*

7.00 The Great Pottery Throw Down The four remaining amateur potters take part in the semi-final.

8.00 Emergency Helicopter Medics A man requires urgent medical care after falling from his motorbike.

9.00 999: On The Front Line A 60-year-old patient with severe chest pains.

10.00 24 Hours In A&E A 75-year-old man is treated after a suspected heart attack.

11.05 999: What's Your Emergency? Crimes resulting from the rising use of cannabis.

12.10 AM 999: On The Front Line **1.15 24 Hours In A&E** **2.20 Ramsay's Kitchen Nightmares USA** **3.20-3.45 Father Ted**

Dave

FREEVIEW 19

6.00 AM Teleshopping
7.10 The Hurting **8.00 Steve Austin's Broken Skull Challenge** **9.00 Top Gear**
10.00 Top Gear **11.00 Cops UK: Bodycam Squad** **1.00 PM American Pickers** **2.00 Aussie Pickers** **3.00 American Pickers** **4.00 Would I Lie To You?** **6.00 Red Bull Soapbox Race** **7.00 Border Force: America's Gatekeepers** **8.00 Border Force: America's Gatekeepers** **9.00 Have I Got A Bit More News For You** **10.00 QI** **11.00 The Misadventures Of Romesh Ranganathan** **12.00 AM Mock The Week** **12.40 Room 101** **1.20 Room 101** **2.00 Jon Richardson: Ultimate Worrier** **2.50 The Misadventures Of Romesh Ranganathan** **4.00-6.00** Teleshopping

5USA

FREEVIEW 21

6.00 AM Teleshopping **9.00 FILM** Columbo: Greenhouse Jungle (74 mins. 1972) ★★ **10.20 FILM** Columbo Goes To College (89 mins. 1991) ★★★ **12.20 PM FILM** Columbo: The Most Dangerous Match (73 mins. 1973) ★★★ **1.50 FILM** Columbo: Conspirators (100 mins. 1978) ★★★ **3.55 FILM** Columbo: A Deadly State Of Mind (Cert PG, 70 mins. 1995) ★★★★★ **5.30 FILM** Columbo: Murder In Malibu (Cert PG, 90 mins. 1990) ★★ **7.30 FILM** Columbo: Mind Over Mayhem (Cert PG, 73 mins. 1974) ★★★★★ **9.00 Law & Order: Criminal Intent** **10.00 Law & Order: Special Victims Unit** **1.50 AM Law & Order: Los Angeles** **3.50 Access** **4.00-6.00** Teleshopping

5STAR

FREEVIEW 30

6.00 AM Teleshopping **7.00 High Street TV** **8.00 3rd Rock From The Sun** **8.20 Two And A Half Men** **12.55 PM Can't Pay? We'll Take It Away!** **1.55 Can't Pay? We'll Take It Away!** **2.55 Can't Pay? We'll Take It Away!** **3.55 Can't Pay? We'll Take It Away!** **5.55 Nightmare Tenants, Slum Landlords** **6.55 FILM** Jumanji (Cert PG, 100 mins. 1995) ★★★★★ **9.00 FILM** Hansel & Gretel: Witch Hunters (Cert 15, 88 mins. 2013) ★★ **10.45 FILM** 28 Weeks Later (Cert 18, 99 mins. 2007) ★★★★★ **12.45 AM Young, Dumb And Banged Up In The Sun** **1.40 Benefits Britain: Life On The Dole** **2.40 Benefits Britain: Life On The Dole** **3.35 Two And A Half Men** **4.00-6.00** Teleshopping

ITV3

FREEVIEW 10

6.00 AM That's My Boy *Light And Shade.* **6.30 That's My Boy *Unfair Dismissal.* **7.00 Coronation Street** 07/03/2020 – Omnibus. **9.55 Emmerdale** 08/03/2020 – Omnibus. **12.55 PM Midsomer Murders** *The House In The Woods.* **2.55 Midsomer Murders** *Dead Letters.* **4.55 Agatha Christie's Poirot *The Incredible Theft.* **6.00 Midsomer Murders** *Let Us Prey.* **8.00 Paul O'Grady's Animal Orphans** **9.00 Joanna Lumley's Trans-Siberian Adventure** The actress travels across Mongolia on route to the Siberian border. **10.00 Agatha Christie's Poirot** **12.05 AM Scott & Bailey** **1.05 Scott & Bailey** **2.05 The Halcyon** **2.55 Emmerdale** **5.15 That's My Boy** **5.45-6.00** Nightscreen****

ITV4

FREEVIEW 24

6.00 AM Auto Mundial **6.25 World Superbike Highlights** **7.25 The Motorbike Show** **8.25 Minder** **9.30 The Sweeney** **10.35 The Professionals** **11.35 Monster Carp** **12.35 PM Snooker V Darts** **12.45 Live Darts: UK Open 2020 Day Three: Afternoon Session:** Jacqui Oatley presents coverage of the afternoon session on day three at the Butlin's Minehead Resort. **5.00 River Monsters** *Mekong Mutilator.* **5.30 River Monsters *Africa's Deadliest.* **6.00 Cycling: Paris-Nice Highlights** **2020 Stage One.** **7.00 Live Darts: UK Open** **11.00 Giant Lobster Hunters** **12.00 AM Fishing Impossible** **1.00 The Sweeney** **2.05 Minder** **2.55 Nightscreen** **3.00-6.00** Teleshopping**

ITVBe

FREEVIEW 26

6.00 AM Teleshopping **7.00 Little Women: LA** **7.50 The Real Housewives Of Beverly Hills** **8.50 Be Beautiful** **9.00 LittleBe** **12.00 PM Be Beautiful** **12.10 Income Property** **12.40 The Real Housewives Of New York City** **1.35 The Real Housewives Of New York City** **2.25 The Real Housewives Of New York City** **3.20 The Real Housewives Of New York City** **4.15 The Real Housewives Of New York City** **5.15 Bethenny & Fredrik** **6.15 The Bachelor** **8.00 Sam And Billie Faiers: The Mummy Diaries** **9.00 Botched** **10.00 The Real Housewives Of Potomac** **11.00 The Real Housewives Of Orange County** **12.00 AM Growing Up Chrisley** **12.55-6.00** Teleshopping

BBC1

6.00 AM Breakfast (S) **9.15 Crimewatch Roadshow Live** (S) **10.00 Homes Under The Hammer** Properties in Staffordshire, Surrey and the West Midlands. (R/S) **11.00 Dom Does America** *Correctional Officer*. (R/S) **11.45 Saved On Camera** *Paraglider Panic*. (S) **12.15 PM Bargain Hunt** *Oswestry*: From Oswestry, Shropshire. (S) **1.00 BBC News At One; Weather** (S) **1.30 Regional News** (S) **1.45 Doctors** *Hound Dog*: Daniel and Zara have fun trying to keep a secret. (S) **2.15 A Service Of Celebration For Commonwealth Day** Petroc Trelawny presents live coverage from Westminster Abbey. (S) **4.00 Money For Nothing** Sarah Moore rescues two items from a recycling centre in Witley. (S) **4.30 Ready Steady Cook** Two friends take part in the culinary contest. (S) **5.15 Pointless** Quiz, hosted by Alexander Armstrong and Richard Osman. (R/S)



10.35pm This Country

6.00 BBC News At Six; Weather (S)
6.30 Regional News (S)

7.00 The One Show Alex Jones and Matt Baker present. (S)
7.30 Inside Out Regional documentary. (S)

SOAP **8.00 EastEnders** *Jean accuses Suki of lying about her illness, Gray's day goes from bad to worse and Linda is hurt when she finds Mick searching for stashed alcohol.* (S)
8.30 The Million Pound Disability Payout – Panorama (S)

9.00 MasterChef John Torode and Gregg Wallace preside as six more hopefuls compete in the third week of heats, getting their first chance to win an apron by serving up their signature dish. (S)

10.00 BBC News At Ten (S)
10.25 Regional News/Weather (S)
10.35 This Country *Kurtan's Half-Brother*: Kurtan receives sad news about a relative. (S)

11.05 Young, Welsh And Pretty Minted Erin Budina works in recycling depot as part of a YouTube challenge. (S) **11.35 Live At The Apollo** Eddie Izzard hosts an evening of stand-up at the Apollo in Hammersmith, London, introducing sets by *The Last Leg*'s Josh Widdicombe and South African comic Trevor Noah. (R/S)
12.25-6.00 AM BBC News (S)

BBC2

6.00 AM Money For Nothing (R/S) **6.45 Ready Steady Cook** (R/S) **7.30 Sign Zone: Best Home Cook** (R/S) **8.30 The Week In Parliament** (S) **9.00 BBC News At 9** (S) **10.00 Victoria Derbyshire** (S) **11.00 BBC Newsroom Live** (S) **12.15 PM Politics Live** With Jo Coburn and guests. (S) **1.00 Women's Six Nations Highlights 2020 Round Four**. (R/S) **1.30 Best House In Town** *Leicester: Detached*: Three detached properties in Leicestershire are in the spotlight. (R/S) **2.15 Royal Recipes** *India & Empire*. (R/S) **2.30 Terry And Mason's Great Food Trip** *Scarborough*. (R/S) **3.00 Red Rock** Keith faces a watery demise. (R/S) **3.45 The Great Interior Design Challenge** *Timber Framed Houses*: Two designers compete for a place in the quarter-final. (R/S) **4.45 Portillo's State Secrets** *Traitors And Spies*. (R/S) **5.15 Flog It!** From Dover Castle in Kent. (S)



10pm Inside No 9

6.00 Richard Osman's House Of Games With Hugh Dennis. (S)
6.30 Great British Railway Journeys *Warwick To Radley*. (R/S)

7.00 Coastal Path Exploring the coastline of southern Cornwall. (R/S)
7.30 Mastermind Specialist subjects include Jenson Button and Mary, Queen of Scots. (S)

8.00 Only Connect Semi-Final 1: The first of the semi-finals. (S)
8.30 University Challenge The quarter-final matches continue. (S)

DON'T Miss! **9.00 Miriam's Big Fat Adventure** Part one of two. Miriam Margolyes travels around the nation to find out why so many people are overweight, despite so much information about healthy lifestyles. (S)

10.00 Inside No 9 *The Stakeout*: A police community support officer asks awkward questions of a colleague. Last in the series. (S)
10.30 Newsnight (S)

11.15 Hospital The work of Alder Hey Children's Hospital, following a baby about to have surgery and a 17-year-old with cerebral palsy as she reaches adulthood and leaves the hospital's care. (R/S) **12.15 AM Sign Zone: The Farmers' Country Showdown** (R/S) **1.00 Sign Zone: Countryfile** (R/S) **2.00 Sign Zone: Secrets Of The Museum** (R/S) **3.00-6.30 This Is BBC Two** (S)

ITV

6.00 AM Good Morning Britain (S) **9.00 Lorraine** (S) **10.00 This Morning** (S) **12.30 PM Loose Women** Celebrity interviews and topical studio discussion. (S) **1.30 Lunchtime News/Weather** (S) **1.55 Regional News/Weather** (S) **2.00 Judge Rinder** Cameras follow criminal barrister Robert Rinder as he takes on real-life cases in a studio courtroom. (S) **3.00 Tenable** *The Acapella Fellas*: Five members of an a cappella group compete. (R/S) **3.59 ITV London Weather** (S) **4.00 Tipping Point** Game show, hosted by Ben Shephard, in which contestants answer questions to win turns on an arcade-style machine in the hope of winning up to £10,000. (R/S) **5.00 The Chase** Bradley Walsh presents as Steve, Virinder, Julie and Pat answer general knowledge questions and work as a team to take on ruthless quiz genius the Chaser and secure a cash prize. (R/S)



5pm The Chase

6.00 Regional News/Weather (S)
6.30 Evening News/Weather (S)

SOAP **7.00 Emmerdale** *Vanessa is betrayed by Charity, Arthur is relieved when Laurel agrees to keep their secret from Jai, and Malone traps Will.* (S)
7.30 Coronation Street *Gary asks Sharon to teach Ali a lesson.* (S)

8.00 St Davids – Britain's Smallest City The summer holidays lead to traffic chaos. (S)
SOAP **8.30 Coronation Street** *Gary leaves a message for Sharon telling her that if Ali dies, she is to blame.* (S)

DON'T Miss! **9.00 Liar** Feeling the full force of DI Renton's investigation, Laura looks to those closest to her for support, but when suspicions fall on Ian, she is left questioning who she can trust. (S)

10.00 ITV News At Ten/Weather (S)
10.30 Regional News/Weather (S)
10.45 Police In Danger: Caught On Camera (R/S)

11.45 All Elite Wrestling: Dynamite Action from the latest edition of the weekly AEW event, featuring all of the biggest stars on the roster, including Adam Page, Chris Jericho, Cody and Jon Moxley. (S)
12.35 AM Ideal World **3.00 James Martin's French Adventure** (R/S) **3.50 Nightscreen** **5.05-6.00 Judge Rinder** (R/S)

Channel 4

6.30 AM Cheers Showdown – Part One. (R/S) **6.55 Cheers Showdown – Part Two**. (R/S) **7.20 The King Of Queens** *Silent Mite*. (R/S) **7.45 The King Of Queens** *Awed Couple*. (R/S) **8.10 Everybody Loves Raymond** *Anniversary*. (R/S) **8.40 Everybody Loves Raymond *Working Late Again*. (R/S) **9.10 Frasier** *A Crane's Critique*. (R/S) **9.40 Frasier *Head Games*. (R/S) **10.10 Undercover Boss** *Canada* (R/S) **11.05 Ramsay's Kitchen Nightmares** *USA Mojito*. (R/S) **12.00 PM Channel 4 News/Weather Summary** (S) **12.05 Come Dine With Me** *Newcastle*. (R/S) **1.05 Posh Pawnbrokers** (R/S) **2.10 Countdown** (S) **3.00 A Place In The Sun** (R/S) **4.00 A New Life In The Sun: Where Are They Now?** (R/S) **5.00 Four In A Bed** *Bankfoot Inn*. (S) **5.30 Come Dine With Me** New series. The dinner-party challenge heads to Edinburgh. (S)****



10pm Baghdad Central

6.00 The Simpsons Homer becomes a boxer. (R/S)
SOAP **6.30 Hollyoaks** *Mercedes worries that she has put Warren in danger.* (R/S)

7.00 Channel 4 News/Weather (S)

8.00 Celebs For Sale: The Great Charity Scandal – Dispatches A report on famous faces charging huge fees to support charities. (S)
8.30 Food Unwrapped Amanda Byram uncovers the difference between medium and large eggs. (S)

9.00 24 Hours In A&E A 52-year-old cyclist is rushed in to St George's Hospital after a collision with the car, while a 92-year-old former Baptist minister is admitted after a fall while out walking. (S)

10.00 Baghdad Central Khafaji realises that he must get his family out of Iraq and plans an audacious trap for Frank Temple and Douglas Evans. Crime thriller, starring Waleed Zuaiter. Last in the series. (S)

11.00 Emergency Helicopter Medics (R/S) **12.00 AM Ramsay's Kitchen Nightmares** *USA J Willy's*. (R/S) **12.50 Hunted** (R/S) **1.45 The Supernet** (R/S) **2.40 Come Dine With Me** *Worcestershire*. (R/S) **3.35 Grand Designs** (R/S) **4.30 Location, Location, Location** *York*. (R/S) **5.25 Cooking Up A Fortune** (R/S) **5.50-6.30 Countdown** (R/S)

Channel 5

6.00 AM Milkshake! 9.15 **Jeremy Vine** The broadcaster discusses the issues of the day. (S) **11.15 Nightmare Tenants, Slum Landlords** (R/S) **12.10 PM 5 News At Lunchtime** (S) **12.15 Parking Hell: At War with the Law** The bank holiday causes pressure for the parking enforcers of Weston-super-Mare. (R/S) **1.10 Access** Showbiz news and gossip. (S) **1.15 Home And Away** Robbo is marched to a cliff edge at gunpoint. (R/S) **1.45 Neighbours** Harlow and Hendrix discuss their relationship. (S) **2.15 FILM Secrets At The Lake** Premiere. Thriller, starring Nicky Whelan. (Cert PG, 86 mins. 2019) (S) ★★★ **4.00 Friends The One With The Cat:** Phoebe finds a stray cat. (R/S) **4.30 Friends The One With The Cuffs:** Chandler dates Rachel's boss. (R/S) **5.00 5 News At 5** (S) **5.30 Neighbours** Repeated from 1.45pm. (S)



9pm Warship: Life At Sea

SOAP **6.00 Home And Away** Without McCarthy's knowledge, Dean and Colby take matters into their own hands. (R/S) **6.30 5 News Tonight** (S)

7.00 Gallagher Premiership Rugby Highlights Action from the 13th round of fixtures, including Worcester Warriors v Northampton Saints at Sixways Stadium and Bristol Bears v Harlequins at Ashton Gate. (S)

8.00 Traffic Cops Ant Horsley and Dan Mitchell have to deal with an angry relative as they hunt for a disqualified driver, while Dave Shaw responds to a report of a stolen car. Last in the series. (S)

9.00 Warship: Life At Sea HMS Duncan and her crew face increasing pressure in the Strait of Hormuz as Iran steps up its efforts to capture a second British tanker. Last in the series. (S)

10.00 HMS Victory: Nelson's Great Warship The secrets of the historic ships that shaped the nation, beginning with the story of HMS Victory, Admiral Nelson's flagship at the Battle of Trafalgar. (R/S)

11.00 FILM Con Air Action thriller, starring Nicolas Cage. (Cert 18, 115 mins. 1997) (S) ★★★★★ **1.15 The 21.co.uk Live Casino Show** (S) **3.15 Our Dream Hotel** (R/S) **4.10 Tribal Teens – Here Comes Trouble** Peru. (R/S) **4.55 House Doctor** (R/S) **5.25 Great Scientists Aristotle.** (R/S) **5.50-6.00 Access** (S)



DON'T Miss!

MIRIAM'S BIG FAT ADVENTURE | BBC2 9PM

Size matters

"I'm happy with who I am," Miriam Margolyes declares. "I'm happy with my face, with my life. I am disgusted by my body. I loathe it." It's an internal struggle that the actress is eager to explore in this two-part doc, where she'll be

travelling around the country to discover what it means to be fat.

Her first port of call is a boot camp, where residents live under a military-style regime in which meals and exercise are closely monitored. ("Was any of that fun?" asks a genuinely

curious Miriam, watching the workout from a safe distance.) For a different perspective, she then heads to Liverpool, where behavioural psychologist Dr Eric Robinson is researching the mental health implications of how society treats fat people.

DON'T Miss!

Arrested development

LIAR | ITV 9PM



Being under arrest for Andrew's murder somehow isn't Laura's biggest problem tonight, when she spots a picture of Ian on DI Renton's desk and immediately begins to worry what it was there for. Add to that the press getting wind of her arrest (and no prizes for guessing who leaked that), and she's feeling pretty cornered at this point – and even seeking out help from a former ally doesn't put her mind at rest. But if there's one thing we know about Laura, it's that you underestimate her at your peril. And in this week's flashbacks, Andrew makes a reckless decision after Oliver brings him distressing news.

Regional variations

BBC1 N IRELAND as Main BBC1 except: **7.30-8.00pm** The Chronicles Of Erne **10.35** There's No Place Like Tyrone **11.05** This Country **11.35** Young, Welsh And Pretty Minted **12.05am** Live At The Apollo **12.50-6.00** BBC News **BBC1 SCOTLAND** as Main BBC1 except: **7.30-8.00pm** Arctic Academy **BBC1 WALES** as Main BBC1 except: **7.30-8.00pm** X-Ray **10.35** Young, Welsh And Pretty Minted **11.05-11.35** This Country **BBC2 N IRELAND** as Main BBC2 except: **10.00-10.30pm** Beidh Aonach Amárach **WALES** as Main ITV except: **6.00-6.30pm** ITV News Wales At Six **8.00-8.30** Wales This Week **10.45** Sharp End **11.15-11.45** Wales On TV **SCOTTISH** as Main ITV except: **10.40pm** Scotland Tonight **11.10** Piers Morgan's Life Stories **12.05am** Broadchurch **1.00-5.05** Nightscreen **TYNE TEES** as Main ITV except: **1.55-2.00pm** ITV News Tyne Tees



THE END | Sky Atlantic 10.05PM

With Kate having given Edie the means to potentially pursue a clean and painless death, Edie now faces the dilemma of whether she wants to attempt suicide again. Now that she's found

a friend in Pamela, a love for strong gin cocktails and even a possible paramour in Dawn's husband Henry, might she want to stick around longer, after all? Meanwhile, Kate has a new supervisor at work...

THE OUTSIDER | Sky Atlantic 9PM

This miniseries has blended crime and the supernatural expertly – but then, we'd expect nothing less from a Stephen King adaptation. Tonight's episode brings the drama to a close, as the team makes a last-ditch effort to find El Coco.



MIRACLE WORKERS | Sky Comedy 9PM



Daniel Radcliffe's angelic comedy also wraps up its first season tonight, as Craig vows to do everything in his (celestial) power to save mankind and Earth itself. With just minutes until the planet blows up, can he get Sam and Laura to kiss?

Sky Witness

6.00 AM Nothing To Declare 8.00 The Real A&E 9.00 Blue Bloods 10.00 Criminal Minds 11.00 CSI: Crime Scene Investigation 12.00 PM Elementary Meet Your Maker. 1.00 Blue Bloods Genetics. 2.00 Law & Order Undercoverd. 3.00 The Real A&E 3.30 The Real A&E 4.00 Stop, Search, Seize 5.00 Nothing To Declare 5.30 Nothing To Declare 6.00 Nothing To Declare 6.30 Nothing To Declare The work of customs officers in Australia.

Sky Atlantic

6.00 AM The Guest Wing 7.00 Without A Trace 8.00 Without A Trace Lone Star. 9.00 Without A Trace Transitions. 10.00 The West Wing Gone Quiet. 11.00 The West Wing The Indians In The Lobby. 12.00 PM Blue Bloods Whistle Blower. 1.00 CSI: Crime Scene Investigation Shooting Stars. 2.00 The West Wing The Women Of Kumar. 3.00 The West Wing Bartlet For America. 4.00 Without A Trace Second Sight. 5.00 Without A Trace The Bogie Man. 6.00 Without A Trace Off The Tracks.

Sky One

6.00 AM Monkey Life 7.00 RSPCA Animal Rescue 8.00 The Dog Whisperer 9.00 Stop, Search, Seize 10.00 Highway Patrol 11.00 NCIS: Los Angeles 1.00 PM Hawaii Five-0 2.00 Hawaii Five-0 3.00 MacGyver 4.00 Modern Family 4.30 Modern Family 5.00 The Simpsons There's Something About Marrying. 5.30 Futurama Three Hundred Big Boys. 6.00 Futurama Spanish Fry. 6.30 The Simpsons Goo Goo Gai Pan.

7 pm

7.00 Nothing To Declare 7.30 Nothing To Declare

7.00 CSI: Crime Scene Investigation Gum Drops: A family of four disappears.

7.00 The Simpsons Mobile Homer: Homer moves into a camper van. 7.30 The Simpsons The Seven-Beer Snitch.

8 pm

8.00 Ghost Whisperer Cat's Claw: A spirit transports Melinda into an exotic jungle.

8.00 Blue Bloods The Uniform: An officer is suspected of a shooting at a diner.

8.00 Flintoff: Lord Of The Fries South West: Andrew Flintoff and Rob Penn explore the West Country.

9 pm

9.00 Criminal Minds Ghost: The BAU team investigates what appears to be a copycat killer.

DON'T Miss! 9.00 The Outsider Must/Can't: The group finds itself in a climactic showdown.

DON'T Miss! 9.00 Jack Reacher A former military police investigator takes on the case of a random shooting for which an Army sniper has been framed. Action thriller, with Tom Cruise and Rosamund Pike. (Cert 12, 130 mins. 2012) ★★

10 pm

10.00 Blue Bloods Naughty Or Nice: Frank finds out the DA's office has a list of police officers they find unreliable.

DON'T Miss! 10.05 The End To Be/ Not To Be: A decision must be made. 10.40 True Blood

11.00 Law & Order: Special Victims Unit Spring Awakening.

11.50 True Blood You'll Be The Death Of Me: The identity of the serial killer is revealed.

11.25 The Trip To Greece Comedy, starring Steve Coogan and Rob Brydon.

11 pm

12.00 AM CSI: Crime Scene Investigation 1.00 The Good Doctor 2.00 Law & Order: Special Victims Unit 3.00 Blue Bloods 4.00 Ghost Whisperer 5.00-6.00 Shades Of Blue

1.00 AM The L Word: Generation Q 2.10 Oz 3.25 Californication 4.00 The West Wing 5.00-6.00 The West Wing

12.00 AM The Trip To Greece 12.35 Avenue 5 1.10 Strike Back: Vendetta 2.10 A League Of Their Own 3.10 Jett 4.30 Stop, Search, Seize 5.30-6.00 Futurama

W

6.10 AM MasterChef Australia 7.00 My Dream Home 8.00 Tipping Point 9.00 Tipping Point 10.00 The Bill 11.00 Supernanny US 12.00 PM Tipping Point 1.00 Tipping Point 2.00 My Dream Home Janna And Jason. 3.00 My Dream Home 4.00 My Dream Home 5.00 Tipping Point 6.00 Tipping Point 7.00 Property Brothers: Forever Home Nora And Diego: New series. Renovating properties. 8.00 The Wedding Fixer Thomas And Famy. 9.00 One Born Every Minute 10.00 One Born: What Happened Next? 11.00 Inside The Ambulance 12.00 AM One Born Every Minute 1.00 Emily Attack: Adulterg 1.50 Code Black 2.35 Renovate My Home: Leave It To Bryan 3.00-6.10 Teleshopping

Alibi

6.00 AM Teleshopping 7.10 Murdoch Mysteries 8.00 Murdoch Mysteries 9.00 Murdoch Mysteries 10.00 The Guardian 11.00 Sue Thomas: FBEye 12.00 PM Major Crimes Open Line. 1.00 Rush 2.00 Rush 3.00 Murdoch Mysteries 4.00 Murdoch Mysteries 5.00 Murdoch Mysteries Murdoch Of The Living Dead. 6.00 Major Crimes Open Line. 7.00 Motive Frampton Comes Alive. 8.00 Motive A Problem Like Maria. 9.00 Murdoch Mysteries The Killing Dose. 10.00 Ms Fisher's Modern Murder Mysteries Seasoned Murder – Part One. 11.00 New Tricks Breadcrumbs. 12.20 AM Murdoch Mysteries 1.20 Bite Club 2.25 Bite Club 3.10 Bite Club 4.00-6.00 Teleshopping

GOLD

6.00 AM Teleshopping 7.25 The Piglet Files 7.50 As Time Goes By 8.25 The Good Life 9.00 Porridge 9.40 Hi-de-Hi! 10.20 Last Of The Summer Wine 12.20 PM Keeping Up Appearances 1.00 Porridge 1.40 Hi-de-Hi! 2.20 The Good Life 3.00 Keeping Up Appearances 3.40 Dad's Army 4.20 Last Of The Summer Wine 5.00 Last Of The Summer Wine 5.40 Last Of The Summer Wine 6.20 The Good Life 7.00 Porridge 7.40 Dad's Army 8.20 Dad's Army 9.00 Gavin & Stacey 9.40 Mrs Brown's Boys 10.20 Live At The Apollo 11.20 Sandylands 12.00 AM Peep Show 12.35 Peep Show 1.10 Gavin & Stacey 1.50 Live At The Apollo 2.40 Peep Show 4.00-6.00 Teleshopping

Com. Central

6.00 AM Teleshopping 8.00 The Office (US) 9.00 The Fresh Prince Of Bel-Air 10.00 Friends 10.30 Friends 11.00 Friends 11.30 Friends 12.00 PM Friends 12.30 Friends 1.00 Friends 1.30 Friends 2.00 Friends 2.30 Friends 3.00 Last Man Standing 3.30 Last Man Standing 4.00 Two And A Half Men 4.30 Two And A Half Men 5.00 Friends 9.00 Russell Howard's Good News 9.30 Russell Howard's Good News 10.00 Impractical Jokers 11.00 FILM Billy Madison Comedy, starring Adam Sandler. (Cert 12, 86 mins. 1995) ★★ 1.00 AM The Mick 1.30 The Mick 2.00 The Ricky Gervais Show 3.00 Bad Robots 3.25 Last Man Standing 4.15 Two And A Half Men 5.00-6.00 Teleshopping

FOX

8.00 AM Republic Of Doyle 9.00 Bones 10.00 Bull 11.00 NCIS 12.00 PM Bones Aliens In The Spaceship. 1.00 Bones The Headless Witch In The Woods. 2.00 The Mentalist The Whites Of His Eyes. 3.00 NCIS Troll. 4.00 Bull A Business Of Favours. 5.00 Bones Judas On A Pole. 6.00 The Mentalist Copper Bullet. 7.00 NCIS The Lost Boys. 8.00 NCIS Neverland. 9.00 The Walking Dead Morning Star. 10.00 Talking Dead 11.00 American Dad! The 42-Year-Old Virgin. 11.30 American Dad! 12.00 AM Family Guy 12.30 Family Guy 1.00 American Dad! 1.30 American Dad! 2.00 Family Guy 2.30 Family Guy 3.00 American Dad! 3.30 American Dad! 4.00 Republic Of Doyle 5.00-8.00 Teleshopping

Sky Comedy

6.00 AM Teleshopping 8.00 Everybody Hates Chris 9.00 Parks And Recreation 10.30 30 Rock 12.00 PM The Mindy Project 1.30 Modern Family 2.30 Everybody Hates Chris 3.00 Everybody Hates Chris 3.30 Parks And Recreation 4.00 Parks And Recreation 4.30 Parks And Recreation 5.00 30 Rock 5.30 30 Rock 6.00 30 Rock 6.30 Modern Family 7.00 Modern Family 7.30 The Mindy Project 8.00 The Mindy Project 8.30 The Mindy Project 9.00 **DON'T MISS!** Miracle Workers 9.30 A.P. Bio 10.00 Last Week Tonight With John Oliver 10.35 Real Time With Bill Maher 11.45 Bill Maher: The Decider 12.55 AM Entourage 1.25 Silicon Valley 2.00 Veep 2.35 Girls 3.45 30 Rock 5.00-6.00 Teleshopping

Drama

FREEVIEW 20

6.00 AM Teleshopping
7.10 Soldier, Soldier 8.00 Soldier, Soldier 9.00 The Bill 10.00 Classic Holby City *Thinking Outside The Box.* 11.00 Classic Casualty *She Loved The Rain.* 12.00 PM The Bill *Operation Mercury – Part One.* 1.00 Classic EastEnders 1.40 Classic EastEnders 2.20 London’s Burning 3.20 Monarch Of The Glen 4.20 Bergerac *Under Wraps.* 5.25 Bread 6.00 Hi-de-Hi! *Concessions.* 6.40 As Time Goes By *The Old Folks’ Party.*

7.20 Last Of The Summer Wine *Get Out Of That, Then:* Tommy Cannon and Bobby Ball guest-star.

8.00 Dalziel & Pascoe *For Love Nor Money:* Feature-length episode. The suspected copycat murder of a retired detective leads Dalziel to uncover shameful deception among his own officers. John Duttine guest stars.

10.00 New Tricks *Big Topped:* Sandra discovers a secret about her father.

11.20 Waking The Dead *Thin Air:* Feature-length episode. Boyd reinvestigates a girl’s murder.

1.50 AM The Bill 2.40 London’s Burning 4.00-6.00 Teleshopping

Dave

FREEVIEW 19

6.00 AM Teleshopping 7.10 Eat Your Heart Out With Nick Helm 8.00 American Pickers 9.00 Storage Hunters UK 10.00 American Pickers 12.00 PM Timber Kings 1.00 Top Gear 2.00 Border Force: America’s Gatekeepers 3.00 Scrapyard Supercar *Bentley Bantayga.* 4.00 Top Gear 5.00 Top Gear 6.00 Taskmaster *A Coquettish Fascinator.* 7.00 Room 101 7.40 Room 101 8.20 Have I Got A Bit More News For You 9.20 QI *Happiness.* 10.00 Room 101 10.40 Meet The Richardsons 11.20 Mock The Week 12.00 AM Taskmaster 1.00 Have I Got A Bit More News For You 2.00 QI 2.40 Go 8 Bit: DLC 3.05 Go 8 Bit: DLC 3.40 The Indestructibles 4.00-6.00 Teleshopping



Bridget Moynahan stars as Erin in *Blue Bloods* 10pm Sky Witness

BBC Scotland

FREEVIEW 108 (SCOTLAND)

7.00 PM The Singer Story: Made In Clydebank The story behind the Singer sewing machine.

8.00 Hebrides: Islands On The Edge The wildlife of the Outer Hebrides.

9.00 The Nine The latest Scottish, UK and international news.

SOAP 10.00 River City Lenny attempts to save Rory from himself.

11.00-12.00 Love Song A healthcare assistant and a scientist seek their singing soulmate.

5USA

FREEVIEW 21

6.00 AM Teleshopping 9.00 Criminals: Caught On Camera 9.25 Murder, She Wrote 10.15 CSI: NY 11.10 The Mysteries Of Laura 12.05 PM Law & Order 1.05 Law & Order 2.00 Law & Order 3.00 Law & Order 4.00 Law & Order 5.00 Law & Order 6.00 Law & Order 7.00 Law & Order 8.00 NCIS: New Orleans 9.00 Law & Order: Criminal Intent 10.00 Law & Order: Special Victims Unit 10.55 Law & Order: Special Victims Unit *Maternal Instincts.* 11.55 Law & Order: Special Victims Unit *December Solstice.* 12.55 AM Law & Order: Special Victims Unit 1.55 Law & Order: Los Angeles 2.50 Law & Order: Los Angeles 3.50 Access 4.00-6.00 Teleshopping

BBC4

FREEVIEW 9

7.00 PM Beyond 100 Days/Weather 7.30 Francesco’s Mediterranean Voyage *The Cyclades.*

8.00 Dynasties *Chimpanzee:* Following endangered species, beginning with chimpanzees.

9.00 Age Of The Image *Power Games:* The impact of mass communication and new technology.

10.00 Suffragettes With Lucy Worsley The historian examines the battle that women had to wage for the right to vote.

11.30 Art Of France *This Is The Modern World:* Last in the series.

12.30 AM Britain’s Outlaws: Highwaymen, Pirates And Rogues 1.30 Rude Britannia 2.30-3.30 Age Of The Image

5STAR

FREEVIEW 30

6.00 AM Teleshopping 7.00 High Street TV 8.00 3rd Rock From The Sun 8.20 House 10.05 Nightmare Tenants, Slum Landlords 12.05 PM Can’t Pay? My Nightmare Ex Wife 1.00 Can’t Pay? We’ll Take It Away! 3.00 Neighbours 3.30 Home And Away 4.00 House 5.00 House 6.00 Neighbours 6.30 Home And Away 7.00 Now That’s Funny! 8.00 Filthy House SOS 9.00 Nightmare Neighbour Next Door 10.00 Celebrity Botched Up Bodies 11.00 FILM Bad Teacher Comedy. *(Cert 15, 92 mins. 2011)* ★★★ 12.55 AM Young, Dumb And Banged Up In The Sun 1.55 10 Years Younger... 3.00 Hoarders: Landfill In My Living Room 3.50 Access 4.00-6.00 Teleshopping

ITV2

FREEVIEW 6

6.00 AM Teleshopping 7.00 The Ellen DeGeneres Show 7.50 Emmerdale 8.20 Coronation Street 9.20 Superstore 10.15 Dinner Date *Helen.* 11.15 Dress To Impress *Connor.* 12.15 PM Emmerdale 12.45 Coronation Street 1.50 The Ellen DeGeneres Show 2.45 Dinner Date *Coren.* 3.50 Dress To Impress 4.50 Take Me Out 6.00 You’ve Been Framed! Gold 6.30 You’ve Been Framed! Gold

7.00 You’ve Been Framed! Gold 7.30 You’ve Been Framed! Gold Camcorder calamities.

8.00 Two And A Half Men 8.30 Two And A Half Men *How To Get Rid Of Alan Harper.*

9.00 Family Guy 9.30 American Dad! *Flavourtown:* Jeff starts hanging out with Stan’s favourite celebrity chef.

10.00 The Stand Up Sketch Show With Nigel Ng, Helen Bauer, Lily Phillips and Seann Walsh. 10.30 Family Guy

11.00 Family Guy 11.30 American Dad! *Fight And Flight.* 11.55 The Cleveland Show *Til Deaf.*

12.25 AM Two And A Half Men 12.55 Two And A Half Men 1.25 Hey Tracey! 2.05 Plebs 2.40 Plebs 3.05 Totally Bonkers Guinness World Records 3.30-6.00 Teleshopping

ITV3

FREEVIEW 10

6.00 AM Classic Coronation Street 6.55 Classic Emmerdale 7.55 Heartbeat 8.55 Man About The House 9.30 Man About The House 10.00 That’s My Boy 10.30 A Touch Of Frost 12.40 PM Heartbeat 1.45 Classic Emmerdale 2.15 Classic Emmerdale 2.50 Classic Coronation Street 3.20 Classic Coronation Street 3.55 Midsomer Murders *Last Year’s Model.* 5.55 Heartbeat *The Dreams That You Dream.* 7.00 Agatha Christie’s Poirot *The Veiled Lady.* 8.00 Endeavour *Nocturne.* 10.00 Scott & Bailey 11.00 A Touch Of Frost *Not With Kindness.* 1.10 AM A Touch Of Frost 3.00 That’s My Boy 3.25 Nightscreen 3.30-6.00 Teleshopping

E4

FREEVIEW 13

6.00 AM Hollyoaks 6.30 Hollyoaks 7.00 How I Met Your Mother 8.00 Baby Daddy 8.30 Baby Daddy 9.00 Mike & Molly 10.00 The Big Bang Theory 11.00 The Goldbergs 12.00 PM Brooklyn Nine-Nine 1.00 The Big Bang Theory 2.00 Baby Daddy 2.30 Baby Daddy 3.00 Mike & Molly 3.30 Mike & Molly 4.00 The Goldbergs 4.30 The Goldbergs 5.00 Brooklyn Nine-Nine 5.30 Brooklyn Nine-Nine 6.00 The Big Bang Theory 6.30 The Big Bang Theory

7.00 Hollyoaks Mercedes is panicked when someone puts a funeral wreath on her door. 7.30 Man With A Plan

8.00 First Dates Abroad New series. The restaurant-based dating show returns to Australia.

9.00 Celebs Go Dating Joshua Ritchie, Malique Thompson-Dwyer and James Lock go speed dating.

10.00 The Sex Clinic A man who has had more than 1,000 partners comes in for an STI test.

11.05 The Big Bang Theory 11.35 The Big Bang Theory *The Launch Acceleration.*

12.05 AM Brooklyn Nine-Nine 12.35 Brooklyn Nine-Nine 1.05 Celebs Go Dating 2.10 First Dates Abroad 3.05 The Sex Clinic 4.00 The Big Bang Theory 4.25 The Big Bang Theory 4.50 How I Met Your Mother 5.15-6.00 How I Met Your Mother

ITV4

FREEVIEW 24

6.00 AM Football’s Greatest: Eusebio 6.05 Only When I Laugh 6.30 Quincy ME 7.20 Kojak 8.15 The Saint 9.20 Minder 10.25 The Professionals 11.25 The Sweeney 12.35 PM Quincy ME 1.40 Kojak 2.40 The Saint 3.50 Minder 4.50 The Professionals 5.55 The Sweeney *Supersnout.* 7.00 Cycling: Paris-Nice Highlights *2020 Stage Two.* 8.00 River Monsters *Volcanic Island Terror.* 9.00 Giant Lobster Hunters 10.00 FILM Magnum Force Action thriller sequel, starring Clint Eastwood. Includes FYI Daily. *(Cert 18, 118 mins. 1973)* ★★★ 12.35 AM Car Crash Global: Caught On Camera 1.35 The Contender 2.40 Nightscreen 3.00-6.00 Teleshopping

More4

FREEVIEW 18

8.55 AM Kirstie’s Vintage Gems 9.15 A Place In The Sun: Winter Sun 10.05 A Place In The Sun: Summer Sun 11.05 Find It, Fix It, Flog It 12.10 PM Find It, Fix It, Flog It 1.15 Escape To The Chateau: DIY 2.20 Four In A Bed 2.50 Four In A Bed 3.20 Four In A Bed 3.50 Four In A Bed *The B&B.* 4.25 Four In A Bed *Payment Day.* 4.55 The Secret Life Of The Zoo 5.55 Car S.O.S *Vauxhall Astra GTE.* 6.55 Escape To The Chateau: DIY

7.55 Grand Designs Kevin McCloud meets a couple building a home on a 16-acre plot in Lincolnshire.

9.00 Car S.O.S *Ford Model A:* Tim and Fuzz restore a vintage Ford Model A.

10.00 Sarah Millican: Control Enthusiast A stand-up performance by the comedian.

11.05 24 Hours In A&E A schoolboy is brought in after being hit by a car.

12.10 AM 8 Out Of 10 Cats Does Countdown 1.10 Car S.O.S 2.10 24 Hours In A&E 3.15-3.45 Food Unwrapped

ITVBe

FREEVIEW 26

6.00 AM Teleshopping 7.00 Bachelor In Paradise 8.45 Be Beautiful 9.00 LittleBe 12.00 PM Income Property *Diana.* 12.25 The Real Housewives Of Beverly Hills 1.20 Absolutely Ascot 2.20 Million Dollar Listing: NYC 3.15 The Real Housewives Of New York City 4.10 The Real Housewives Of Dallas 5.00 The Real Housewives Of Dallas 6.00 Masters Of Flip 7.00 Buying And Selling 8.00 Dinner Date 9.00 The Real Housewives Of Orange County 10.00 Botched *Cougars And Cobras And Boobs – Oh My!.* 10.55 Botched *Short-Changed At The Nipple Bank.* 11.55 The Only Way Is Essex 12.40 AM ITVBe Nightscreen 12.55-6.00 Teleshopping

BBC1

6.00 AM Breakfast (S) **9.15 Crimewatch Roadshow Live** (S) **10.00 Homes Under The Hammer** (S) **11.00 Dom Does America Paramedic**. (R/S) **11.45 Saved On Camera Hubby Hero**. (S) **12.15 PM Bargain Hunt Belfast 24**: From Ballinderry in Co Antrim. (R/S) **1.00 BBC News At One; Weather** (S) **1.30 Regional News** (S) **1.45 Doctors Calling The Shots**. (S) **2.15 Five Bedrooms Five Owners**: New series. Drama, starring Kat Stewart. (S) **3.00 Escape To The Country South Yorkshire**: Alistair Appleton helps a couple find a new home in South Yorkshire. (S) **3.45 Money For Nothing** The team restores a broken games table, a pair of old lamps and a tired display cabinet. (S) **4.30 Ready Steady Cook** Anna Haugh and Akis Petretzikis create a meal in 20 minutes. (S) **5.15 Pointless** Quiz, hosted by Alexander Armstrong and Richard Osman. (R/S)



9pm The Split

6.00 BBC News At Six; Weather (S)
6.30 Regional News (S)

7.00 The One Show Alex Jones and Matt Baker present live chat and topical reports. (S)
SOAP **7.30 EastEnders** Jay pops the question to Lola and Gray reveals he is planning to represent Whitney. (S)

8.00 Holby City Cameron sets out to make a good impression during a hectic day at work, unaware that a suspicious Xavier has unearthed a secret that could destroy him. (S)

9.00 The Split Hannah's affair is now out in the open, and she desperately tries to make amends to the people she has deceived and save her marriage. Secrets come to light in the Hansen case. (S)

10.00 BBC News At Ten (S)
10.25 Regional News/Weather (S)
10.35 Beauty Laid Bare The Price Of Beauty: The group of four question the true cost of the beauty industry. (S)

11.20 War On Plastic With Hugh And Anita Hugh Fearnley-Whittingstall and Anita Rani explore the problem of plastic waste, finding out where it is coming from and what can be done to try and solve the issue. (R/S)
12.20-6.00 AM BBC News (S)

BBC2

6.30 AM Bargain Hunt Oswestry. (R/S) **7.15 Ready Steady Cook** (R/S) **8.00 Sign Zone: Spy In The Wild The Islands**. (R/S) **9.00 BBC News At 9** (S) **10.00 Victoria Derbyshire** (S) **11.00 BBC Newsroom Live** (S) **12.15 PM Politics Live** Updates from Westminster and beyond. (S) **1.00 The Super League Show** Action from the latest fixtures. (S) **1.50 Best House In Town Leicester: Terraced**: Competitors include the owners of a traditional Edwardian end-of-terrace. (R/S) **2.35 Terry And Mason's Great Food Trip Chester**. (R/S) **3.00 Red Rock** Keith's fate is revealed. (R/S) **3.45 The Great Interior Design Challenge Peak District**: Transforming cottages in the Peak District village of Tissington. (R/S) **4.45 Portillo's State Secrets Monarchy**. (R/S) **5.15 Flog It! Bristol Cathedral**: Paul Martin visits Bristol Cathedral. (R/S)



8pm Back In Time For The...

6.00 Richard Osman's House Of Games With Sarah Greene. (S)
6.30 Great British Railway Journeys Reading To Taplow. (R/S)

7.00 Race Across The World Five pairs of competitors journey around the globe, with only limited cash and no use of modern technology. In the first edition, the teams set off from Mexico City. (R/S)

8.00 Back In Time For The Corner Shop 50s & 60s: Billy Bragg pays the Arderns a visit as they get to grips with 1960s life, encountering skiffle music, hula hoops, sliced bread and a major shopping innovation – self-service. (S)

9.00 Miriam's Big Fat Adventure Part two of two. Miriam Margolyes sets out to find out what is being done to combat the obesity crisis, and meets people who are going to extreme lengths to lose weight. (S)

10.00 Better Things Show Me The Magic. (S)
10.30 Newsnight (S)

11.15 Tigers: Hunting The Traffickers Aldo Kane reports on the illegal tiger trade in South East Asia. (R/S) **12.15 AM Sign Zone: Win The Wilderness: Alaska** (R/S) **1.15 Sign Zone: Murder, Mystery And My Family Calvert**. (R/S) **2.00 Sign Zone: Island Medics** (R/S) **2.45-6.30 This Is BBC Two** (S)

ITV

6.00 AM Good Morning Britain (S) **9.00 Lorraine** Entertainment and fashion news. (S) **10.00 This Morning** Sesame Street star Elmo is in the studio to celebrate his new show Elmo's World. (S) **12.30 PM Lunchtime News/Weather** (S) **12.50 Regional News/Weather** (S) **1.00 ITV Racing: Cheltenham Festival Live 2020 Day One**: The opening day of the prestigious festival, including feature race the 3.30 Unibet Champion Hurdle Challenge Trophy, plus races at 1.30, 2.10, 2.50 and 4.10. (S) **4.30 Tipping Point: Best Ever Finals** Compilation of some of the most dramatic endgames from the arcade-themed quiz show hosted by Ben Shephard. (S) **5.00 The Chase** Bradley Walsh presents as Saroop, Karen, Milo and Natalie answer general knowledge questions and work as a team to take on ruthless quiz genius the Chaser and secure a cash prize. (R/S)



7.30pm Dr Ranj: On Call

6.00 Regional News/Weather (S)
6.30 Evening News/Weather (S)

SOAP **7.00 Emmerdale** Will is relieved when he tells Cain everything about Malone and Laurel is torn when Jai thinks they should move in together. (S)
7.30 Dr Ranj: On Call The GP visits the Paediatric Intensive Care Unit at the Evelina Children's Hospital. (S)

8.00 Love Your Garden Alan Titchmarsh and the team create a cleverly designed family garden that is fun for pre-school tots without being a primary-coloured plastic eyesore for the grownups who share it. (S)

DON'T Miss! **9.00 Joanna Lumley's Hidden Caribbean: Havana To Haiti** Part one of two. The actress visits two of the most enigmatic countries in the Caribbean – Cuba and Haiti. (S)

10.00 ITV News At Ten/Weather (S)
10.30 Regional News/Weather (S)
10.45 Tyson Fury: The Gypsy King Fury's rematch against Wilder is confirmed. Last in the series. (R/S)

11.45 Tenable Shut That Troubadour: A team of five singers answer questions about top 10 lists, then try to score a perfect 10 in the final round. Quiz, hosted by Warwick Davis. (R/S) **12.40 AM Ideal World 3.00 The Home Game** (R/S) **3.50 Nightscreen** Text-based information service. **5.05-6.00 Judge Rinder** (R/S)

Channel 4

6.30 AM Cheers Power Play. (R/S) **6.55 Cheers Little Sister, Don't Cha**. (R/S) **7.20 The King Of Queens Cologne Ranger**. (R/S) **7.45 The King Of Queens Domestic Disturbance**. (R/S) **8.10 Everybody Loves Raymond The Children's Book**. (R/S) **8.40 Everybody Loves Raymond The Gift**. (R/S) **9.10 Frasier Mixed Doubles**. (R/S) **9.40 Frasier A Lilith Thanksgiving**. (R/S) **10.10 Undercover Boss Canada** (R/S) **11.05 Ramsay's Kitchen Nightmares USA PJ's Steakhouse**. (R/S) **12.00 PM Channel 4 News/Weather Summary** (S) **12.05 Come Dine With Me Southampton**. (R/S) **1.05 Posh Pawnbrokers** Dan considers buying a pair of running spikes signed by Usain Bolt. (R/S) **2.10 Countdown** (S) **3.00 A Place In The Sun** (R/S) **4.00 A New Life In The Sun: Where Are They Now?** (R/S) **5.00 Four In A Bed Langley Dam**. (S) **5.30 Come Dine With Me Edinburgh 2/5**. (S)



9.15pm Five Guys A Week

6.00 The Simpsons (R/S)
6.30 Hollyoaks Mercedes is panicked when someone puts a funeral wreath on her door. (R/S)

7.00 Channel 4 News/Weather (S)

DON'T Miss! **8.00 The Great Celebrity Bake Off For Stand Up To Cancer**
New series. Louis Theroux, Jenny Eclair, Russell Howard and Ovie Soko take part in a charity edition of the culinary challenge, and must depict their perfect day in choux pastry. (S)

9.15 Five Guys A Week New series. Dating show in which a single girl invites five men who are looking for love to move into her home and live with her for a week, all at the same time. (S)

10.15 The Windsors (S)
10.45 8 Out Of 10 Cats Does Countdown Sean Lock and Sara Pascoe take on special guest team captain Alan Carr and Tom Allen in the words-and-numbers quiz. (R/S)

11.45 First Dates (R/S) **12.45 AM Ramsay's Kitchen Nightmares USA Fiesta Sunrise**. (R/S) **1.35 FILM Good Kill** Drama. (Cert 15, 100 mins. 2014) (S) ★★ ★ **3.20 Come Dine With Me Southport**. (R/S) **4.15 Location, Location, Location** (R/S) **5.10 Cooking Up A Fortune** (R/S) **5.35 Kirstie's Handmade Treasures** (R/S) **5.50-6.30 Countdown** (R/S)

Channel 5

6.00 AM Milkshake! **9.15 Jeremy Vine** (S) **11.15 Nightmare Tenants, Slum Landlords** (R/S) **12.10 PM 5 News At Lunchtime** (S) **12.15 Parking Hell: At War with the Law** One inventive dad thinks he has a solution to reduce the amount of accidents outside of schools. (R/S) **1.10 Access** (S) **1.15 Home And Away** The news of Mason's death devastates Justin and Tori. (R/S) **1.45 Neighbours** Finn tells the Kennedys about his visit to Harry. (S) **2.20 FILM A Neighbour's Obsession** Thriller, starring Michael Welch and Haylie Duff. (Cert 12, 83 mins. 2017) (S) ★★ **4.00 Friends The One With The Ballroom Dancing:** Joey makes a deal with the caretaker. (R/S) **4.30 Friends The One With Joey's New Girlfriend:** Chandler falls for Joey's new girlfriend. (R/S) **5.00 5 News At 5** (S) **5.30 Neighbours** Repeated from 1.45pm. (S)



8pm Dogs Behaving (Very) Badly

SOAP 6.00 Home And Away Jasmine is relieved that the threat is over, but Robbo has severe injuries from the crash. (R/S) **6.30 5 News Tonight** (S)

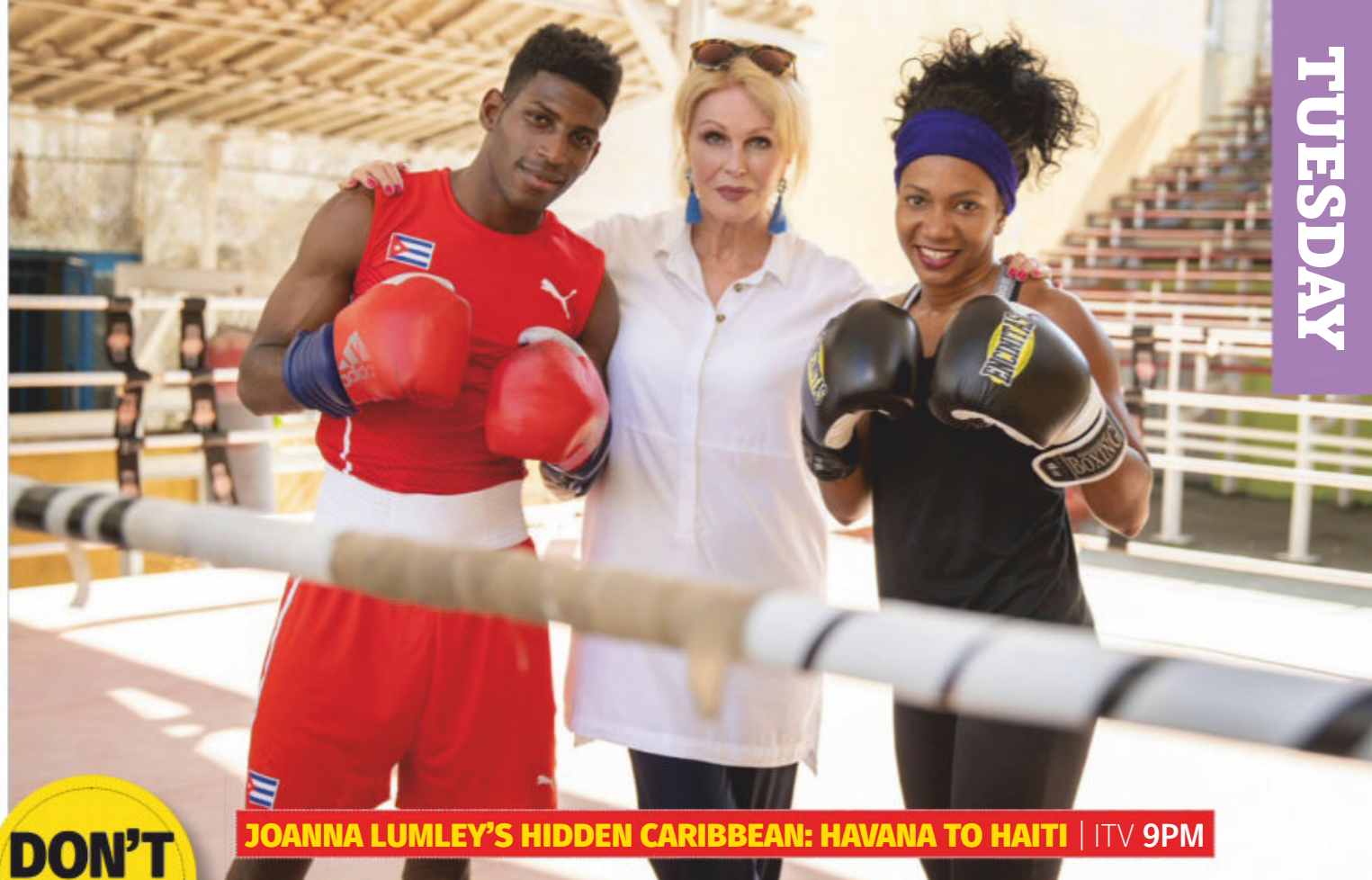
7.00 Britain: A Year In The Wild Cameras capture intimate views of a family of beavers in Devon, and the programme explores how these natural engineers alter their landscape to help themselves and other species. (S)

8.00 Dogs Behaving (Very) Badly A rescue dog from Romania presents Graeme Hall with one of his toughest challenges – since it is afraid of men, it is impossible for him to get anywhere near it. Last in the series. (S)

9.00 Elizabeth I And II: Britain's Golden Queens Documentary examining whether there are similarities between the two monarchs, from their ascensions to the throne to the battles they faced to protect their reigns. (S)

10.00 The Royal Family At War Part two of two. Biographer Penny Junor recalls the rumoured rift between the Queen and the Duchess of Cornwall. (R/S)

11.15 Shannon Matthews: The Mother's Story (R/S) **12.15 AM When Kids Kill: Copycat Killers** (R/S) **1.10 The 21.co.uk Live Casino Show** (S) **3.10 Our Dream Hotel** (R/S) **4.00 Tribal Teens – Here Comes Trouble Mongolia.** (R/S) **4.45 House Doctor** (R/S) **5.10 Great Scientists** (R/S) **5.35-6.00 Wildlife SOS** (R/S)



JOANNA LUMLEY'S HIDDEN CARIBBEAN: HAVANA TO HAITI | ITV 9PM

DON'T Miss!

Havana good time

That Joanna Lumley – she gets all the worst jobs, doesn't she? After the hardships of visiting Japan, India and the Silk Road, Joanna's latest assignment sends her to the neighbouring Caribbean countries of Cuba and Haiti, to find out what

hidden gems they have to share. If anyone else had this much good fortune we'd find it hard to like them, but Joanna makes such a charming tour guide, how could we not?

She begins in the back streets of Havana, the Cuban capital,

where Joanna meets a woman who's a rising star on the boxing circuit, and takes in a cabaret at the Hotel Nacional. Joanna also treads new ground as she tastes a pina colada for the very first time – served inside a pineapple at a service station...

DON'T Miss!

Raising dough

THE GREAT CELEBRITY BAKE OFF FOR STAND UP TO CANCER | Channel 4 8PM



Regional variations

BBC1 N IRELAND as Main BBC1 except: **10.35pm** Spotlight **11.05** Beauty Laid Bare **11.45** War On Plastic With Hugh And Anita **12.45-6.00am** BBC News **BBC1 SCOTLAND** as Main BBC1 except: **8.00-9.00pm** River City **10.35** Holby City **11.35** Beauty Laid Bare **12.20am** War On Plastic With Hugh And Anita **1.15** Weather For The Week Ahead **1.20-6.00** BBC News **BBC1 WALES** as Main BBC1 except: **11.00am** X-Ray **11.30-11.45** Animal Park **9.00-10.00pm** Hidden **10.35** The Split **11.35-12.15** Beauty Laid Bare **BBC2 N IRELAND** as Main BBC2 except: **1.50pm** Waterworld **2.00** Stormont Live **3.00** Best House In Town **3.45** Red Rock **4.30** The Great Interior Design Challenge **5.30-6.00** Portillo's State Secrets **10.00-10.30** There's No Place Like Tyrone **11.15** Inside No 9 **11.45** Better Things **12.10-12.15am** Grand Tours Of Scotland **BBC2 WALES** as Main BBC2 except: **1.50pm** First Minister's Questions **2.40-3.00** A To Z Of TV Gardening **WALES** as Main ITV except: **6.00-6.30pm** ITV News Wales At Six **11.45-12.40** Police In Danger: Caught On Camera **SCOTTISH** as Main ITV except: **1.00-4.30pm** Racing On STV: Cheltenham Festival **10.40** Scotland Tonight **11.05** Tyson Fury: The Gypsy King **12.05am** James Martin's French Adventure **1.00-5.05** Nightscreen



MRS FLETCHER | Sky Comedy 10.15PM

The hilarious Kathryn Hahn stars in a new comedy which explores the impact of the internet on the lives of both single mum Eve Fletcher and her son Brendan as he leaves for college. Their experiences

of newfound freedom have mixed results, to say the least... Tonight's opener sees Eve deal with inappropriate behaviour in the workplace, while Brendan runs into an ex-girlfriend at a party.

FRANKIE DRAKE MYSTERIES | Alibi 9PM

Toronto's only female private detectives (well, it is set 100 years ago) face a new mystery tonight, which sees an old friend of Trudy's in need of her help after she finds herself at the centre of a highly fraught election campaign...



THE TRIP TO GREECE | Sky One 10PM



In Athens tonight, Steve and Rob lunch at the Varoulko Seaside restaurant in Piraeus. Over many courses, the pair discuss Greek battles, the origin of the word 'marathon' and the *right* way to resuscitate a heart-attack victim...

Sky Witness

6.00 AM Nothing To Declare 8.00 The Real A&E 9.00 Blue Bloods 10.00 Criminal Minds 11.00 CSI: Crime Scene Investigation 12.00 PM Elementary *Breathe*. 1.00 Blue Bloods *The One That Got Away*. 2.00 Law & Order *DR 1-102*. 3.00 The Real A&E 3.30 The Real A&E 4.00 Stop, Search, Seize Documentary series. 5.00 Nothing To Declare 5.30 Nothing To Declare 6.00 Nothing To Declare 6.30 Nothing To Declare The work of customs officers in Australia.

7 pm

7.00 Nothing To Declare 7.30 Nothing To Declare Fly-on-the-wall documentary.

8 pm

8.00 Ghost Whisperer *Dead To Rights*: A desperate spirit pulls Melinda into a family dispute.

9 pm

9.00 The Good Doctor *Autopsy*: Shaun becomes obsessed with performing an autopsy.

10 pm

10.00 Law & Order: Special Victims Unit *I Deserve Some Love Too*.

11 pm

11.00 Law & Order: Special Victims Unit *Girls Disappeared*: A new detective assigned to the unit gets off to a rocky start.

12.00 AM CSI: Crime Scene Investigation 1.00 Criminal Minds 2.00 Shades Of Blue 3.00 Criminal Minds 4.00 Ghost Whisperer 5.00-6.00 Brit Cops: Rapid Response

Sky Atlantic

6.00 AM The Guest Wing 7.00 Without A Trace 8.00 Without A Trace *The Bogie Man*. 9.00 Without A Trace *Off The Tracks*. 10.00 The West Wing *The Women Of Kumar*. 11.00 The West Wing *Bartlet For America*. 12.00 PM Blue Bloods *The Uniform*. 1.00 CSI: Crime Scene Investigation *Gum Drops*. 2.00 The West Wing *H Con-172*. 3.00 The West Wing *100,000 Airplanes*. 4.00 Without A Trace *John Michaels*. 5.00 Without A Trace *Endgame*. 6.00 Without A Trace *Showdown*.

7.00 CSI: Crime Scene Investigation *Secrets And Lies*: A woman is found dead.

8.00 Blue Bloods *The Job*: Danny puts his family in danger.

9.00 Save Me A recording of a 999 call from Jody is traced to Streatham.

10.00 The L Word: Generation Q *Loose Ends*: Dani and Bette deal with the fallout from a recent scandal.

11.05 Six Feet Under *Pilot*: Pilot episode of the drama series, starring Peter Krause.

12.25 AM Six Feet Under 1.35 Oz 2.40 Oz 3.45 Californication 4.20 The West Wing 5.10-6.00 The West Wing

Sky One

6.00 AM Monkey Life 6.30 Monkey Life 7.00 RSPCA Animal Rescue 8.00 The Dog Whisperer 9.00 Stop, Search, Seize 10.00 Highway Patrol 11.00 NCIS: Los Angeles 1.00 PM Hawaii Five-0 2.00 Hawaii Five-0 3.00 MacGyver 4.00 Modern Family *Red Alert*. 4.30 Modern Family *The Wild*. 5.00 The Simpsons *On A Clear Day I Can't See My Sister*. 5.30 Futurama *Bend Her*. 6.00 Futurama *Obsoletely Fabulous*. 6.30 The Simpsons *Future-Drama*.

7.00 The Simpsons *Don't Fear The Roofer*. 7.30 The Simpsons *The Heartbroke Kid*.

8.00 An Idiot Abroad 2 *Trans-Siberian Express*: Karl Pilkington boards the Trans-Siberian Express to China.

9.00 Strike Back: Vendetta The team members run into an old ally.

DON'T Miss! 10.00 The Trip To Greece 10.30 The Force: North East *The Same Old Faces*.

11.30 Avenue 5 *Are You A Spider, Matt?*: Judd calls on Ryan to help him charm an uber-wealthy passenger.

12.05 AM SEAL Team 1.05 Caught On Dashcam 2.05 The Heist 3.05 Road Wars 4.00 Stop, Search, Seize 5.00 Futurama 5.30-6.00 Futurama

W

6.10 AM MasterChef Australia 7.00 My Dream Home 8.00 Tipping Point 9.00 Tipping Point 10.00 The Bill 11.00 Supernanny US 12.00 PM Tipping Point 1.00 Tipping Point 2.00 Property Brothers: Forever Home *Nora And Diego*. 3.00 My Dream Home *Lindsay And Tyler*. 4.00 My Dream Home *Dorothy And John*. 5.00 Tipping Point 6.00 Tipping Point 7.00 Property Brothers: Forever Home *Susan And Troy*. 8.00 Sun, Sea And Brides To Be 9.00 Inside The Ambulance 10.00 The Wedding Fixer *Kirsty And Simon*. 11.00 Inside The Ambulance 12.00 AM One Born Every Minute 1.00 Emily Attack: Adulthood 1.50 Code Black 2.35 Renovate My Home: Leave It To Bryan 3.00-6.10 Teleshopping

Alibi

6.00 AM Teleshopping 7.10 Murdoch Mysteries 8.00 Murdoch Mysteries 9.00 Murdoch Mysteries 10.00 The Guardian 11.00 Sue Thomas: FBEye 12.00 PM Major Crimes 1.00 Rush 2.00 Rush 3.00 Murdoch Mysteries 4.00 Murdoch Mysteries 5.00 Murdoch Mysteries 6.00 Major Crimes 7.00 Motive *The Vanishing Policeman*. 8.00 Motive *The Dead Name*. 9.00 **DON'T MISS!** Frankie Drake Mysteries *Ward Of The Roses*: The detectives investigate a fire-bombing at the campaign office of a female politician. 10.00 Ms Fisher's Modern Murder Mysteries 11.00 New Tricks 12.20 AM Murdoch Mysteries 1.20 Bite Club 2.25 Bite Club 3.10 Bite Club 4.00-6.00 Teleshopping

GOLD

6.00 AM Teleshopping 7.25 The Piglet Files 7.50 As Time Goes By 8.25 The Good Life 9.00 Porridge 9.40 Hi-de-Hi! 10.20 Last Of The Summer Wine 12.20 PM Keeping Up Appearances 1.00 Porridge 1.40 Hi-de-Hi! 2.20 The Good Life 3.00 Keeping Up Appearances 3.40 Dad's Army 4.20 Last Of The Summer Wine 5.00 Last Of The Summer Wine 5.40 Last Of The Summer Wine 6.20 The Good Life 7.00 Porridge 7.40 Dad's Army 8.20 Dad's Army 9.00 Mrs Brown's Boys 9.40 Gavin & Stacey 10.15 Live At The Apollo 11.20 Sandylands 12.00 AM Peep Show 12.35 Peep Show 1.05 Live At The Apollo 2.05 Peep Show 2.30 Peep Show 2.55 The Rebel 3.30 The Piglet Files 4.00-6.00 Teleshopping

Com. Central

6.00 AM Teleshopping 8.00 The Office (US) 8.35 The Office (US) 9.00 The Fresh Prince Of Bel-Air 9.30 The Fresh Prince Of Bel-Air 10.00 Friends 10.30 Friends 11.00 Friends 11.30 Friends 12.00 PM Friends 12.30 Friends 1.00 Friends 1.30 Friends 2.00 Friends 2.30 Friends 3.00 Last Man Standing 4.00 Two And A Half Men 5.00 Friends 5.30 Friends 6.00 Friends 6.30 Friends 7.00 Friends 7.30 Friends 8.00 Friends 8.30 Friends 9.00 **FILM** The Intern Comedy. (Cert 12, 118 mins. 2015) ★★ ★★ 11.30 The Ricky Gervais Show 12.00 12.30 AM The Daily Show 1.00 South Park 3.25 Last Man Standing 4.15 Two And A Half Men 5.00-6.00 Teleshopping

FOX

8.00 AM Republic Of Doyle 9.00 Bones 10.00 Bull 11.00 NCIS 12.00 PM Bones 1.00 Bones 2.00 The Mentalist 3.00 NCIS 4.00 Bull 5.00 Bones 6.00 The Mentalist 7.00 NCIS *Stop The Bleeding*. 8.00 NCIS *Personal Day*. 9.00 Family Guy *Hefty Shades Of Gray*. 9.30 Family Guy *Fifteen Minutes Of Shame*. 10.00 Family Guy *Road To Rhode Island*. 10.30 Family Guy *Let's Go To The Hop*. 11.00 American Dad! *The Most Adequate Christmas Ever*. 11.30 American Dad! *Frannie 911*. 12.00 AM Family Guy 12.30 Family Guy 1.00 American Dad! 1.30 American Dad! 2.00 Family Guy 2.30 Family Guy 3.00 American Dad! 3.30 American Dad! 4.00 Republic Of Doyle 5.00-8.00 Teleshopping

Sky Comedy

6.00 AM Teleshopping 8.00 Everybody Hates Chris 9.00 Parks And Recreation 10.30 30 Rock 12.00 PM The Mindy Project 1.30 Modern Family 2.30 Everybody Hates Chris 3.30 Parks And Recreation 4.00 Parks And Recreation 4.30 Parks And Recreation 5.00 30 Rock 5.30 30 Rock 6.00 30 Rock 6.30 Modern Family 7.00 Modern Family 7.30 The Mindy Project 8.00 The Mindy Project 8.30 The Mindy Project 9.00 Curb Your Enthusiasm 9.40 Ballers 10.15 **DON'T MISS!** Mrs Fletcher 10.50 The Tonight Show Starring Jimmy Fallon 11.50 The Late Late Show With James Corden 12.50 AM Entourage 1.25 Silicon Valley 2.35 Girls 3.10 Girls 3.45 30 Rock 4.20 30 Rock 5.00-6.00 Teleshopping

Drama

FREEVIEW 20

6.00 AM Teleshopping
7.10 Soldier, Soldier 8.00 Soldier, Soldier 9.00 The Bill 10.00 Classic Holby City *View From The Side Lines.* 11.00 Classic Casualty *Public Service.* 12.00 PM The Bill *Operation Mercury – Part Two.* 1.00 Classic EastEnders 1.40 Classic EastEnders 2.20 London's Burning 3.20 Monarch Of The Glen 4.20 Bergerac *All The Sad Songs.* 5.25 Bread 6.00 Hi-de-Hi! *Save Our Heritage.* 6.40 As Time Goes By *The Proposal.*

7.20 Last Of The Summer Wine *Some Adventures Of The Inventor Of The Mother Stitch.*

8.00 Judge John Deed *Nobody's Fool:* While presiding over a murder trial in which a lawyer is representing himself and his younger siblings, Deed rekindles his affair with the scheming Francesca Rochester.

10.00 New Tricks *Spare Parts:* Ricky Hanson faces trial for trying to murder Jack.

11.15 Waking The Dead *Multistorey:* Feature-length episode. Boyd tries to thwart a killer's retrial.

1.45 AM The Bill 2.50 London's Burning 4.00-6.00 Teleshopping

Dave

FREEVIEW 19

6.00 AM Teleshopping 7.10 Eat Your Heart Out With Nick Helm 7.35 Eat Your Heart Out With Nick Helm 8.00 American Pickers 9.00 Storage Hunters 10.00 American Pickers 12.00 PM Timber Kings 1.00 Top Gear 2.00 Cop Car Workshop 3.00 Scrapyard Supercar 4.00 Top Gear 5.00 Top Gear 6.00 Taskmaster *The Perfect Stuff.* 7.00 Room 101 7.40 Room 101 8.20 Have I Got A Bit More News For You 9.20 QI *Horrible.* 10.00 Taskmaster *Welcome To Rico Face.* 11.00 Hypothetical 12.00 AM Taskmaster 1.00 Have I Got A Bit More News For You 2.00 QI 2.40 Go 8 Bit: DLC 3.05 Go 8 Bit: DLC 3.30 The Indestructibles 4.00-6.00 Teleshopping



Shaun (Freddie Highmore) makes a dramatic confession in *The Good Doctor* 9pm Sky Witness

BBC Scotland

FREEVIEW 108 (SCOTLAND)

7.00 PM The Children's Hospital A teenager is hit by a car. 7.30 Test Drive Three teams tour Glasgow.

8.00 Growing Up In Scotland: A Century Of Childhood *Education:* An exploration of the past 100 years of Scottish childhood.

9.00 The Nine The latest Scottish, UK and international news.

10.00 Scotland's Game *Chance Or Design:* Possible ways forward for Scottish football.

11.00-12.00 Scotch! The Story Of Whisky Scotch whisky's rise from humble drink to global superpower.

5USA

FREEVIEW 21

6.00 AM Teleshopping 9.00 Criminals: Caught On Camera 9.25 Murder, She Wrote 10.20 CSI: NY 11.15 The Mysteries Of Laura 12.15 PM Law & Order 2.10 Law & Order 3.05 Law & Order 4.05 Law & Order 5.05 Law & Order 6.00 Law & Order 7.00 Law & Order 8.00 NCIS: New Orleans *The Last Stand.* 9.00 The Enemy Within *Chigorin.* 10.00 Law & Order: Special Victims Unit *Patrimonial Burden.* 11.00 Law & Order: Special Victims Unit *Melancholy Pursuit.* 11.55 Law & Order: Special Victims Unit *Spousal Privilege.* 12.55 AM Law & Order: Special Victims Unit 1.55 Law & Order: Los Angeles 2.50 Chicago PD 3.50 Access 4.00-6.00 Teleshopping

BBC4

FREEVIEW 9

7.00 PM Beyond 100 Days/Weather 7.30 Gareth Edwards' Great Welsh Adventure

8.00 The People's Liners – Britain's Lost Pleasure Fleets

9.00 Ian Hislop's Olden Days – The Power Of The Past In Britain *Heroes For All Times.*

10.00 Lost Sitcoms: Till Death Us Do Part 10.25 Armada – 12 Days To Save England *Endgame:* Last in the series.

11.25 Inside The Medieval Mind *Power:* The class system of the Middle Ages. Last in the series.

12.25 AM A Victorian Scandal: The Rudest Book In Britain 12.55 Sex, Chips And Poetry: 50 Years Of The Mersey Sound 1.55 Confucius: Genius Of The Ancient World 2.55-3.55 Ian Hislop's Olden Days – The Power Of The Past In Britain

5STAR

FREEVIEW 30

6.00 AM Teleshopping 7.00 High Street TV 8.00 3rd Rock From The Sun 8.20 House 10.00 Nightmare Tenants, Slum Landlords 11.00 Bad Tenants, Rogue Landlords 12.00 PM Can't Pay? We'll Take It Away! 3.00 Neighbours 3.30 Home And Away 4.00 House 6.00 Neighbours 6.30 Home And Away 7.00 16 & On Benefits 8.00 Benefits Britain: Life On The Dole 9.00 Maternity Ward 10.00 FILM My Super Ex-Girlfriend Superhero comedy. (Cert 12, 92 mins. 2006) ★★★ 11.55 FILM Get Hard Comedy, starring Will Ferrell. (Cert 15, 100 mins. 2015) ★★ 2.00 AM Prison Life: Raw & Real 3.00 Prison Life: Raw & Real 3.50 Access 4.00-6.00 Teleshopping

ITV2

FREEVIEW 6

6.00 AM Teleshopping 7.00 The Ellen DeGeneres Show 7.50 Emmerdale 8.20 Coronation Street 8.50 Coronation Street 9.20 Superstore 10.15 Dinner Date 11.15 Dress To Impress 12.15 PM Emmerdale 12.45 Coronation Street 1.15 Coronation Street 1.50 The Ellen DeGeneres Show 2.45 Dinner Date *Dai.* 3.50 Dress To Impress 4.55 Take Me Out 6.30 You've Been Framed! Gold

7.00 You've Been Framed! Gold 7.30 You've Been Framed! Gold Camcorder calamities.

8.00 Two And A Half Men *Three Fingers Of Crème De Menthe.* 8.30 Two And A Half Men

9.00 Family Guy *The Giggity Wife.* 9.30 Family Guy *Internal Affairs:* Joe cheats on Bonnie.

10.00 Plebs *Lupercalia:* Marcus is asked out by Gloria during the Roman festival of love. 10.30 Plebs

11.00 Family Guy 11.30 American Dad! *The Enlightenment Of Ragi-Baba.* 11.55 American Dad!

12.25 AM Two And A Half Men 12.55 Two And A Half Men 1.25 Ibiza Weekender 2.25 Don't Hate The Playaz 3.20 Nightscreen 3.30-6.00 Teleshopping

ITV3

FREEVIEW 10

6.00 AM Classic Coronation Street 6.55 Classic Emmerdale 7.55 Heartbeat 9.00 Man About The House 9.30 Man About The House 10.00 That's My Boy 10.30 A Touch Of Frost 12.40 PM Heartbeat 1.45 Classic Emmerdale 2.15 Classic Emmerdale 2.50 Classic Coronation Street 3.20 Classic Coronation Street 3.55 Midsomer Murders *Dance With The Dead.* 5.55 Heartbeat *Mind Games.* 6.55 Agatha Christie's Poirot *The Lost Mine.* 8.00 Midsomer Murders *Wild Harvest.* 10.00 Scott & Bailey 11.00 A Touch Of Frost *Conclusions.* 1.05 AM A Touch Of Frost 3.00 That's My Boy 3.25 Nightscreen 3.30-6.00 Teleshopping

E4

FREEVIEW 13

6.00 AM Hollyoaks 7.00 How I Met Your Mother 8.00 Baby Daddy 9.00 Mike & Molly 10.00 The Big Bang Theory 11.00 The Goldbergs 12.00 PM Brooklyn Nine-Nine 1.00 The Big Bang Theory 1.30 The Big Bang Theory 2.00 Baby Daddy 2.30 Baby Daddy 3.00 Mike & Molly 3.30 Mike & Molly 4.00 The Goldbergs 4.30 The Goldbergs 5.00 Brooklyn Nine-Nine 5.30 Brooklyn Nine-Nine 6.00 The Big Bang Theory 6.30 The Big Bang Theory

7.00 Hollyoaks 7.30 Man With A Plan *The A Team.*

8.00 The Big Bang Theory 8.30 The Big Bang Theory *The Anxiety Optimisation.*

9.00 Celebs Go Dating Dean and Malique go on a double date with their matches.

10.00 First Dates Diners seeking romance include a romcom fan and an avid football follower.

11.05 The Big Bang Theory *The Countdown Reflection.* 11.35 The Big Bang Theory

12.05 AM Brooklyn Nine-Nine 12.35 Brooklyn Nine-Nine 1.05 Celebs Go Dating 2.10 First Dates 3.05 Gogglebox 4.00 The Big Bang Theory 4.25 The Big Bang Theory 4.50 How I Met Your Mother 5.15-6.00 How I Met Your Mother

ITV4

FREEVIEW 24

6.00 AM World Of Sport: The Good, The Bad & The Ugly 6.10 Only When I Laugh 6.35 Quincy ME 7.25 Kojak 8.20 The Saint 9.30 ITV Racing: The Opening Show 10.30 Minder 11.30 The Professionals 12.35 PM The Sweeney 1.35 Quincy ME 2.40 Kojak 3.45 The Saint 4.50 Minder 5.55 The Professionals *Spy Probe.* 7.00 Cycling: Paris-Nice Highlights *2020 Stage Three.* 8.00 Giant Lobster Hunters 9.00 FILM Pale Rider Includes FYI Daily. (Cert 15, 110 mins. 1985) ★★★ 11.25 FILM Firefox Action adventure, starring Clint Eastwood. Includes FYI Daily. (Cert 15, 131 mins. 1982) ★★ 2.10 AM Lethal Weapon 3.00-6.00 Teleshopping

More4

FREEVIEW 18

8.55 AM Kirstie's Handmade Treasures 9.15 A Place In The Sun: Summer Sun 10.05 A Place In The Sun: Winter Sun 11.05 Find It, Fix It, Flog It 12.10 PM Find It, Fix It, Flog It 1.15 Escape To The Chateau: DIY 2.20 Four In A Bed 2.50 Four In A Bed 3.20 Four In A Bed *Roulotte Retreat.* 3.50 Four In A Bed *The Elgin Hotel.* 4.25 Four In A Bed 4.55 The Secret Life Of The Zoo 5.55 Car S.O.S *Mini Cooper.* 6.55 Escape To The Chateau: DIY

7.55 Grand Designs Kevin McCloud follows the progress of a dual-purpose family-and-wheelchair-friendly home.

9.00 24 Hours In A&E A 14-year-old boy is rushed in after falling from a swing.

10.00 999: What's Your Emergency? An ambulance crew treats a man with an axe-related injury.

11.05 999: On The Front Line A 60-year-old patient with severe chest pains.

12.10 AM 8 Out Of 10 Cats Does Countdown 1.15 24 Hours In A&E 2.15 Ramsay's Kitchen Nightmares USA 3.15-3.40 Food Unwrapped

ITVBe

FREEVIEW 26

6.00 AM Teleshopping 7.00 Bachelor In Paradise 7.55 Bachelor In Paradise 8.50 Be Beautiful 9.00 LittleBe 12.00 PM Income Property 12.25 The Real Housewives Of Beverly Hills 1.20 Absolutely Ascot 2.20 Million Dollar Listing: NYC 3.15 The Real Housewives Of New York City 4.10 The Real Housewives Of Dallas 5.00 The Real Housewives Of Dallas 6.00 Masters Of Flip 7.00 Buying And Selling 8.00 Dinner Date 9.00 The Real Housewives Of Potomac 10.00 The Real Housewives Of Orange County 11.00 Bridezillas *Runaway Zilla And Vain Zilla.* 12.00 AM The Only Way Is Essex 12.45 ITVBe Nightscreen 12.55-6.00 Teleshopping

7 pm

8 pm

9 pm

10 pm

11 pm

BBC1

6.00 AM Breakfast (S) **9.15 Crimewatch Roadshow Live** (S) **10.00 Homes Under The Hammer** (R/S) **11.00 Dom Does America Cattle Rancher**. (R/S) **11.45 Saved On Camera Mummies Baby Boy Driver**. (S) **12.15 PM Bargain Hunt Carmarthen 3: From the National Botanic Garden of Wales**. (R/S) **1.00 BBC News At One; Weather** (S) **1.30 Regional News** (S) **1.45 Doctors The Way Out Of Limbo**. (S) **2.15 Five Bedrooms Twenty Guests: A hurried housewarming causes squabbles**. (S) **3.00 Escape To The Country East Devon: People search for their ideal rural retreats**. (S) **3.45 Money For Nothing** Jay Blades salvages three items from a recycling centre in Altrincham, Greater Manchester. (S) **4.30 Ready Steady Cook** Friends Ola and Rhesa compete in the culinary contest. (S) **5.15 Pointless** Quiz, hosted by Alexander Armstrong and Richard Osman. (R/S)



9pm MasterChef

6.00 BBC News At Six; Weather (S) **6.30 Regional News** (S) **6.55 Party Political Broadcast** By the Liberal Democrats. (R/S)

7.00 The One Show Magazine show, with stories of interest from around the UK, plus celebrity guests in the studio. Presented by Alex Jones and Matt Baker. (S)

8.00 The Heat Is On: Sport Relief Nick Grimshaw, Frankie Bridge, Rob Rinder, Krishnan Guru-Murthy, Karim Zeroual, Samantha Womack and Louise Minchin attempt to cross the world's oldest desert in Namibia. (S)

9.00 MasterChef Another group of six amateur cooks prepare a Signature Dish for judges John Torode and Gregg Wallace, hoping to secure their place in the next stage of the contest. (S)

10.00 BBC News At Ten (S) **10.25 Regional News/Weather** (S) **10.35 Eating With My Ex** Tion wants to find out if she still has a future with Aaliyah. (S)

11.05 Eating With My Ex Shell tries to prove to Laura that she is sorry. (S) **11.25 Killing Eve I Have A Thing About Bathrooms**. (R/S) **12.05 AM Killing Eve Take Me To The Hole!** (R/S) **12.55-6.00 BBC News** (S)

BBC2

6.30 AM Money For Nothing (R/S) **7.15 Ready Steady Cook** (R/S) **8.00 Sign Zone: Great British Railway Journeys** (R/S) **8.30 Sign Zone: Yorkshire Walks Bolton Abbey To Simon's Seat**. (R/S) **9.00 BBC News At 9** (S) **10.00 Victoria Derbyshire** News and current affairs. (S) **11.00 BBC Newsroom Live** (S) **11.15 Politics Live: Budget 2020** Andrew Neil presents live coverage of Chancellor Rishi Sunak's 2020 Budget. (S) **3.00 PM Red Rock** Dunne needs to damage Aoife's credibility. (R/S) **3.45 The Great Interior Design Challenge Half Houses: The three remaining contestants have to redesign a kitchen**. (R/S) **4.45 Portillo's State Secrets Banned: Files outlining the state's strategy on Scientology**. (R/S) **5.15 Flog It!** At Huddersfield Town Hall, West Yorkshire, Nick Davies spots a bobbin holder that reveals the town's textile heritage. (R/S)



8pm Saving Lives At Sea

6.00 Richard Osman's House Of Games With Sarah Greene. (S) **6.30 Great British Railway Journeys Ealing Broadway To South Kensington**. (R/S)

7.00 The Andrew Neil Show Interviews, discussion and analysis from Westminster. (S) **7.30 Grand Tours Of Scotland's Lochs A Mystical Journey: Paul Murton travels around the firths of Easter Ross and Sutherland**. (S)

8.00 Saving Lives At Sea A crew races to the rescue of a diver found unconscious 30 metres underwater, a yacht starts to sink in the Dover Strait and a windsurfer is caught in a storm. (R/S)



9.00 Child Of Our Time: Turning 20 Catching up with three children from the 1999 documentary, Child Of Our Time, exploring their childhood as the first generation of 21st century Britain. (S)

10.00 Live At The Apollo Josh Widdicombe, Nathan Caton, Celia Pacquola: Stand-up comedy with Josh Widdicombe, Nathan Caton and Celia Pacquola. (R/S) **10.30 Newsnight** (S)

11.15 Dragons' Den Entrepreneurs pitch their money-making ideas to a panel of self-made millionaires. Presented by Evan Davis. (R/S) **12.15 AM Sign Zone: Universal Credit: Inside The Welfare State** (R/S) **1.15 Sign Zone: Hospital** (R/S) **2.15-6.30 This Is BBC Two** (S)

ITV

6.00 AM Good Morning Britain (S) **9.00 Lorraine** (S) **10.00 This Morning** (S) **12.00 PM ITV News Special: The Chancellor's Budget/Weather** (S) **1.50 Regional News/Weather** (S) **2.00 ITV Racing: Cheltenham Festival Live 2020 Day Two: The second day of the prestigious festival, including feature race the 3.30 Betway Queen Mother Champion Steeple Chase, plus races at 2.10, 2.50 and 4.10**. (S) **4.30 Tipping Point: Best Ever Finals** Compilation of some of the most dramatic endgames from the arcade-themed quiz show hosted by Ben Shephard, in which the last contestant standing competes for a £10,000 jackpot. (S) **5.00 The Chase** Bradley Walsh presents as Andrew, Joe, Sara and Paddy tackle general knowledge questions and work as a team to take on ruthless quiz genius the Chaser and secure a cash prize. (R/S)



9pm The Trouble With Maggie...

6.00 Regional News/Weather (S) **6.25 Party Political Broadcast** By the Liberal Democrats. (S) **6.30 Evening News/Weather** (S)

SOAP 7.00 Emmerdale Cain faces up to Malone and soon realises he is not to be messed with. (S) **SOAP 7.30 Coronation Street** Ali assures Ryan that Gary, or someone hired by Windass, must have spiked his drink. (S)

8.00 Harry Redknapp's Sandbanks Summer Harry Redknapp goes a camping trip with his family. Last in the series. (S) **SOAP 8.30 Coronation Street** James lies to his Manager and Press Officer and assures them he is not gay. (S)

9.00 The Trouble With Maggie Cole The radio interview has gone viral and the village is left reeling from the revelations. Meanwhile, Jill bonds with Marcus and Roxanna. (S)

10.00 ITV News At Ten/Weather (S) **10.30 Regional News/Weather** (S) **10.45 Peston** Political magazine show presented by Robert Peston. (S)

11.45 Tenable The Ecky Thumpers: Quiz hosted by Warwick Davis in which five contestants from Yorkshire answer questions about top 10 lists, then try to score a perfect 10 in the final round. (R/S) **12.45 AM Ideal World** 3.00 Broadchurch (R/S) 3.50 Nightscreen Text-based information service. 5.05-6.00 Judge Rinder (R/S)

Channel 4

6.30 AM Cheers Personal Business. (R/S) **6.55 Cheers Homicidal Ham**. (R/S) **7.20 The King Of Queens Pour Judgement**. (R/S) **7.45 The King Of Queens Gym Neighbours**. (R/S) **8.10 Everybody Loves Raymond High School**. (R/S) **8.40 Everybody Loves Raymond The Letter**. (R/S) **9.10 Frasier Our Father Whose Art Ain't Heaven**. (R/S) **9.40 Frasier Dad Loves Sherry, The Boys Just Whine**. (R/S) **10.10 Undercover Boss Canada** (R/S) **11.05 Ramsay's Kitchen Nightmares USA Fleming**. (R/S) **12.00 PM Channel 4 News/Weather Summary** (S) **12.05 Come Dine With Me Exeter**. (R/S) **1.05 Posh Pawnbrokers** Dan examines an inherited collection of Swarovski crystals. (R/S) **2.10 Countdown** (S) **3.00 A Place In The Sun** (R/S) **4.00 A New Life In The Sun: Where Are They Now?** (R/S) **5.00 Four In A Bed No 16**. (S) **5.30 Come Dine With Me** (S)



9pm The Undateables

6.00 The Simpsons Homer takes the family to New York. (R/S) **SOAP 6.30 Hollyoaks Mitchell** comes to terms with the events of his birthday party. (R/S)

7.00 Channel 4 News/Weather (S)

8.00 Location, Location, Location New series. Kirstie Allsopp and Phil Spencer go house-hunting to help one family and one pair of first-time buyers navigate the Bristol market. (S)

9.00 The Undateables New series. The series following extraordinary singletons as they search for romance returns. Nicholas, who has Asperger's, longs to find a partner to share his life with. (S)



10.00 Home The family try and track Sami down. Last in the series. (S) **10.35 The Great Celebrity Bake Off For Stand Up To Cancer** With Louis Theroux. (R/S)

11.50 Gogglebox (R/S) **12.50 AM The Windsors** (R/S) **1.20 Ramsay's Kitchen Nightmares USA Sante La Brea**. (R/S) **2.10 Come Dine With Me Merseyside**. (R/S) **3.05 My Family And The Galapagos** (R/S) **4.00 Grand Designs** (R/S) **4.55 Location, Location, Location** (R/S) **5.50-6.30 Countdown** (R/S)

Channel 5

6.00 AM Milkshake! **9.15 Jeremy Vine** (S) **11.15 Nightmare Tenants, Slum Landlords** (R/S) **12.10 PM 5 News At Lunchtime** (S) **12.15 Parking Hell: At War with the Law** Police in Hereford make anti-social pavement parking a top priority. (R/S) **1.10 Access** Showbiz news and gossip. (S) **1.15 Home And Away** Alf suggests a vigil to let the community pay their respects to the departed. (R/S) **1.45 Neighbours** Paul is delighted for Lucy over Mark's marriage proposal. (S) **2.15 FILM Killing Your Daughter** (105 mins.) (S) ★★ **4.00 Friends The One With The Dirty Girl:** Chandler gets to know Joey's girlfriend. (R/S) **4.30 Friends The One Where Chandler Crosses The Line:** Chandler tries to prevent Joey from discovering the truth. (R/S) **5.00 5 News At 5** (S) **5.30 Neighbours** Repeated from 1.45pm. (S)



7pm Britain: A Year In The Wild

SOAP 6.00 Home And Away Alf suggests a vigil to let the community pay their respects to the departed. (R/S) **6.30 5 News Tonight** (S)

7.00 Britain: A Year In The Wild Countryside: Cameras follow barn owls as they hunt for small mammals through the British countryside, and a heath potter wasp builds an intricate clay pot for her young. (S)

8.00 Recycling: Is It A Con? Paul Connolly and Jean Johansson investigate whether councils and the big-name supermarkets are as environmentally friendly as they claim. (S)

9.00 Elizabeth I And II: Britain's Golden Queens The concluding episode examines the importance of two women who enter the two Queen's lives; Mary Queen of Scots and Princess Diana. (S)

10.00 Guilty: Worst Crimes at the Old Bailey Documentary examining the most famous and feared criminal court in the land, and some of the cases that have been tried there. (S)

11.05 Ian Huntley: Soham Murders Revisited (R/S) **12.30 AM Traffic Cops** (R/S) **1.20 The 21.co.uk Live Casino Show** (S) **3.15 Our Dream Hotel** (R/S) **4.00 Tribal Teens – Here Comes Trouble** (R/S) **4.45 House Doctor** (R/S) **5.10 Great Scientists** (R/S) **5.35-6.00 Wildlife SOS** (R/S)



DON'T Miss!

CHILD OF OUR TIME: TURNING 20 | BBC2 9PM

Adult material

In January 2000, the BBC launched a new series which followed 25 children from a variety of backgrounds but all united by being born at the dawn of the 21st century, to see what lessons we could learn from their development.

The plan was for the project to run for 20 years – and 20 years later, here we are!

Now that the participants are heading into their third decade, they are able to talk freely about what it was like to grow up in a time of pronounced social

change, and this special focuses on three of them in particular: Eve, Jamie and Rhianna. They'll share what they've experienced as they have grown from children to teens to adults, and how those events have shaped them...

DON'T Miss!

Play it again, Sami

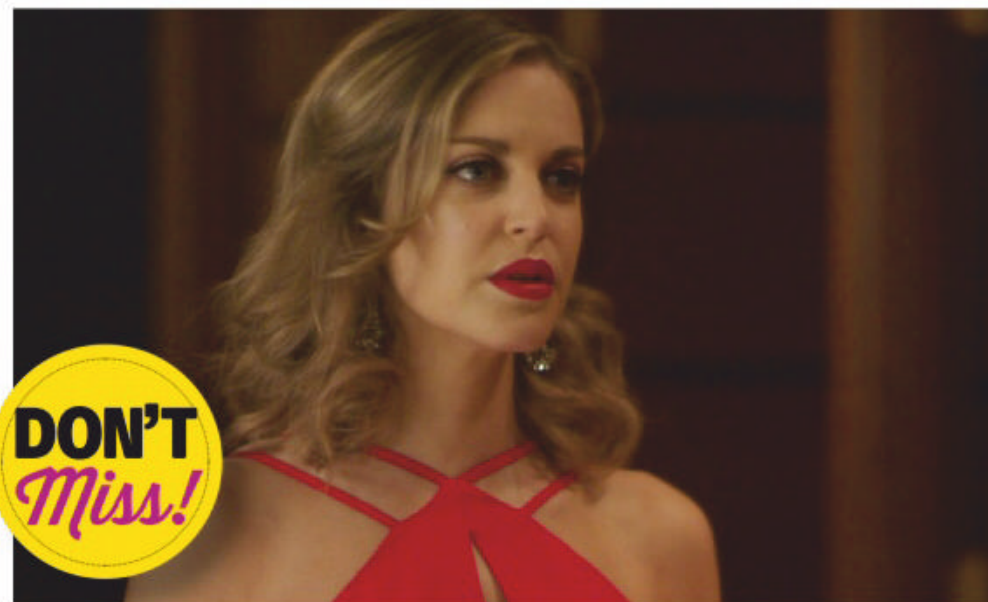


HOME | Channel 4 10PM

After his little transgression with Katy, Sami has disappeared and is not replying to messages. John is desperate to make up with him, but that's quite tricky when they don't know where he is. In the end, it's Raj and his love of crosswords that helps Katy and John to find out where Sami has gone – and while Peter isn't feeling the loss of Sami after everything that's happened, he's John's first choice for company on the mission. Meanwhile, Katy is relieved when the case against her is thrown out, but when she returns to school she quickly realises that her reputation will take far longer to repair...

Regional variations

BBC1 N IRELAND as Main BBC1 except: **10.35pm** The Top Table **11.35** Eating With My Ex **12.05am** Eating With My Ex **12.25** Killing Eve **1.10** Killing Eve **1.50-6.00** BBC News **BBC1 SCOTLAND** as Main BBC1 except: **12.50am** Debate Night **1.50** The Edit **2.05** Weather For The Week Ahead **2.10-6.00** BBC News **BBC1 WALES** as Main BBC1 except: **10.30pm** BBC Wales Live **11.00-11.05** Weather **11.35** Eating With My Ex **11.55** Killing Eve **12.35am** Killing Eve **1.20-6.00** BBC News **BBC2 N IRELAND** as Main BBC2 except: **10.00-10.30pm** Spotlight **BBC2 WALES** as Main BBC2 except: **10.00-10.30pm** Young, Welsh And Pretty Minted **WALES** as Main ITV except: **6.00-6.25pm** ITV News Wales At Six **SCOTTISH** as Main ITV except: **2.00-4.30pm** Racing On STV: Cheltenham Festival **10.40** Scotland Tonight **11.05** Peston **12.05am** The Home Game **1.00-5.05** Nightscreen



FINDING JOY | W 10PM

Waking up to find your phone is cheerfully announcing 214 new notifications – well, it's not usually a *good* sign, is it? Sure enough, Joy emerges from her slumber in tonight's finale to discover that her

yoga meltdown has gone viral, and she's a laughing stock. She even has to return her Abrakebabra gold card for bringing kebabs into disrepute – the shame! But when Trish turns up on her doorstep in the throes of labour, Joy gets a sense of perspective...

SEAL TEAM | Sky One 9PM

Jason leads Bravo Team on his first post-surgery mission tonight, while Ensign Davis faces a tough time as she's called in for a disciplinary hearing in the wake of her arrest. But will her team speak up in her defence?



THE GREAT POTTERY THROW DOWN... | More4 9PM



The top three contestants face their biggest challenges to date in tonight's finale, as they're asked to produce a tea set with a Mad Hatter's Tea Party theme. After that, there's a throwing challenge that's sure to sort the potters from the, er, notters...

W

6.10 AM MasterChef Australia 7.00 My Dream Home 8.00 Tipping Point 9.00 Tipping Point 10.00 The Bill 11.00 Supernanny US 12.00 PM Tipping Point 1.00 Tipping Point 2.00 Property Brothers: Forever Home 3.00 My Dream Home 4.00 My Dream Home 5.00 Tipping Point 6.00 Tipping Point 7.00 Property Brothers: Forever Home 8.00 Sun, Sea And Brides To Be 9.00 Emma Willis: Delivering Babies 10.00 **DON'T MISS!** Finding Joy The video of Joy's meltdown during yoga goes viral. Last in the series. 10.35 Inside The Ambulance 11.35 One Born Every Minute 12.35 AM I've Got Something To Tell You 1.30 Code Black 2.15 Women On The Verge 3.00-6.10 Teleshopping

Alibi

6.00 AM Teleshopping 7.10 Murdoch Mysteries 8.00 Murdoch Mysteries 9.00 Murdoch Mysteries 10.00 The Guardian 11.00 Sue Thomas: FBEye 12.00 PM Major Crimes 1.00 Rush 2.00 Rush 3.00 Murdoch Mysteries 4.00 Murdoch Mysteries 5.00 Murdoch Mysteries Journey To The Centre Of Toronto. 6.00 Major Crimes Snitch. 7.00 Motive Index Case. 8.00 Motive The Score: An ex-con is murdered near a struggling nightclub. 9.00 The Gulf Hunters: The death of an armed intruder sparks ferocious tension on the island. Last in the series. 11.00 New Tricks Last Man Standing – Part One. 12.20 AM Murdoch Mysteries 1.20 In The Dark 2.40 In The Dark 4.00-6.00 Teleshopping

GOLD

6.00 AM Teleshopping 7.20 The Piglet Files 7.45 As Time Goes By 8.20 The Good Life 9.00 Porridge 9.40 Hi-de-Hi! 10.20 Last Of The Summer Wine 12.20 PM Keeping Up Appearances 1.00 Porridge 1.40 Hi-de-Hi! 2.20 The Good Life 3.00 Keeping Up Appearances 3.40 Dad's Army 4.20 Last Of The Summer Wine 5.00 Last Of The Summer Wine 5.40 Last Of The Summer Wine 6.20 The Good Life 7.00 Porridge 7.40 Dad's Army 8.20 Dad's Army 9.00 Gavin & Stacey 9.40 The Office 10.20 Sandylands 11.00 Peep Show 11.20 AM Gavin & Stacey 12.40 The Office 1.20 Peep Show 2.20 The Rebel 2.55 Lenny Henry's Race Through Comedy 4.00-6.00 Teleshopping

Sky Witness

6.00 AM Nothing To Declare 8.00 The Real A&E 9.00 Blue Bloods 10.00 Criminal Minds 11.00 CSI: Crime Scene Investigation 12.00 PM Elementary Through The Fog. 1.00 Blue Bloods In & Out. 2.00 Law & Order: Special Victims Unit Missing. 3.00 The Real A&E 3.30 The Real A&E 4.00 Stop, Search, Seize 5.00 Nothing To Declare 5.30 Nothing To Declare 6.00 Nothing To Declare 6.30 Nothing To Declare Fly-on-the-wall documentary.

7 pm

7.00 Nothing To Declare 7.30 Nothing To Declare

8 pm

8.00 Ghost Whisperer Déjà Boo: Melinda tries to protect her pregnant friend from a dangerous spirit.

9 pm

9.00 Criminal Minds To Hell – And Back – Part Two: Part two of two. Horrific discoveries await the team.

10 pm

10.00 CSI: Crime Scene Investigation All For Our Country: Part two of two. A decomposed body is found in a bath.

11 pm

11.00 Law & Order: Special Victims Unit American Disgrace: A basketball superstar is accused of rape.

12.00 AM CSI: Crime Scene Investigation 1.00 The Rookie 2.00 Blue Bloods 3.00 Ghost Whisperer 4.00 Road Wars 4.30 Road Wars 5.00-6.00 Brit Cops: Rapid Response

Sky Atlantic

6.00 AM The Guest Wing 7.00 Without A Trace John Michaels. 8.00 Without A Trace Endgame. 9.00 Without A Trace Showdown. 10.00 The West Wing H Con-172. 11.00 The West Wing 100,000 Airplanes. 12.00 PM Blue Bloods The Job. 1.00 CSI: Crime Scene Investigation Secrets And Flies. 2.00 The West Wing The Two Bartlets. 3.00 The West Wing Night Five. 4.00 Without A Trace Safe. 5.00 Without A Trace From The Ashes. 6.00 Without A Trace Lost Time.

7.00 CSI: Crime Scene Investigation A Bullet Runs Through It – Part One: Part one of two. A police officer is killed.

8.00 Blue Bloods Leap Of Faith: A woman claims God told her who murdered her mother.

9.00 Empire Falls Award-winning two-part drama about a group of New England residents linked by ghosts from their pasts. Starring Ed Harris and Philip Seymour Hoffman.

11.05 The End To Be/Not To Be. 11.40 John Adams Peacefield.

1.00 AM Oz 2.10 Oz 3.25 Without A Trace 4.15 The West Wing 5.10-6.00 The West Wing

Sky One

6.00 AM Monkey Life 6.30 Monkey Life 7.00 RSPCA Animal Rescue 7.30 RSPCA Animal Rescue 8.00 The Dog Whisperer 9.00 Stop, Search, Seize 10.00 Highway Patrol 10.30 Highway Patrol 11.00 NCIS: Los Angeles 12.00 PM NCIS: Los Angeles 1.00 Hawaii Five-0 2.00 Hawaii Five-0 3.00 MacGyver 4.00 Modern Family 4.30 Modern Family 5.00 The Simpsons 5.30 Futurama 6.00 Futurama 6.30 The Simpsons A Star Is Torn.

7.00 The Simpsons Thank God It's Doomsday. 7.30 The Simpsons Home Away From Homer.

8.00 The Simpsons The Father, The Son And The Holy Guest Star. 8.30 The Simpsons Bonfire Of The Manatees.

DON'T Miss! 9.00 SEAL Team Unbecoming An Officer: Jason leads his first mission since surgery.

10.00 Avenue 5 This Is Physically Hurting Me. 10.35 Intelligence Jerry makes a confession that devastates Joseph.

11.05 Intelligence The truth about Jerry's NSA past comes out. 11.35 Caught On Dashcam Road disasters.

12.35 AM The Heist 1.35 Road Wars 2.00 The Real A&E 2.30 The Real A&E 3.00 The Force: Manchester 4.00 Stop, Search, Seize 5.00 Futurama 5.30-6.00 Futurama

Com. Central

6.00 AM Teleshopping 8.00 The Office (US) 8.35 The Office (US) 9.00 The Fresh Prince Of Bel-Air 11.00 Friends 11.30 Friends 12.00 PM Friends 12.30 Friends 1.00 Friends 1.30 Friends 2.00 Friends 2.30 Friends 3.00 Last Man Standing 4.00 Two And A Half Men 5.00 Friends 5.30 Friends 6.00 Friends 6.30 Friends 7.00 Friends 7.30 Friends 8.00 Friends 8.30 Friends 9.00 FILM XXx Action adventure, starring Vin Diesel. (Cert 12, 119 mins. 2002) ★★ 11.30 FILM Mean Machine Prison comedy drama. (Cert 15, 95 mins. 2001) ★★ 1.30 AM The Daily Show 2.00 South Park 3.25 Last Man Standing 4.15 Two And A Half Men 5.00-6.00 Teleshopping

FOX

8.00 AM Republic Of Doyle 9.00 Bones 10.00 Bull 11.00 NCIS 12.00 PM Bones 1.00 Bones 2.00 The Mentalist Nothing Gold Can Stay. 3.00 NCIS Personal Day. 4.00 Bull Play The Hand You're Dealt. 5.00 Bones The Bodies In The Book. 6.00 The Mentalist Byzantium. 7.00 NCIS Incognito. 8.00 NCIS Double Trouble. 9.00 NCIS Troll: The death of a Naval intelligence ensign is linked to a larger conspiracy. 10.00 NCIS The North Pole. 11.00 American Dad! Tearjerker. 11.30 American Dad! 12.00 AM Family Guy 12.30 Family Guy 1.00 American Dad! 1.30 American Dad! 2.00 The Walking Dead 3.00 American Dad! 3.30 American Dad! 4.00 Republic Of Doyle 5.00-8.00 Teleshopping

Sky Comedy

6.00 AM Teleshopping 8.00 Everybody Hates Chris 9.00 Parks And Recreation 10.30 30 Rock 12.00 PM The Mindy Project 1.30 Modern Family 2.30 Everybody Hates Chris 3.30 Parks And Recreation 5.00 30 Rock 5.30 30 Rock 6.00 30 Rock 6.30 Modern Family 7.00 Modern Family 7.30 The Mindy Project 8.00 The Mindy Project 8.30 The Mindy Project 9.00 The Righteous Gemstones 9.40 Work In Progress 10.15 Sex And The City 10.50 The Tonight Show Starring Jimmy Fallon 11.50 The Late Late Show With James Corden 12.50 AM Entourage 1.25 Silicon Valley 2.00 Silicon Valley 2.35 Girls 3.10 Parks And Recreation 3.35 30 Rock 4.00 30 Rock 4.30 30 Rock 5.00-6.00 Teleshopping



Ed Harris stars in the award-winning two-part drama *Empire Falls* 9pm Sky Atlantic

BBC Scotland
FREEVIEW 108 (SCOTLAND)

BBC4
FREEVIEW 9

Drama
FREEVIEW 20

6.00 AM Teleshopping
7.10 Soldier, Soldier 8.00 Soldier, Soldier 9.00 The Bill *Operation Mercury – Part Two.* 10.00 Classic Holby City *Great Expectations.* 11.00 Classic Casualty *It's Good To Talk.* 12.00 PM The Bill *Abuse In Kind.* 1.00 Classic EastEnders 1.40 Classic EastEnders 2.20 London's Burning 3.20 Monarch Of The Glen 4.20 Bergerac *The Messenger Boy.* 5.25 Bread 6.00 Hi-de-Hi! 6.40 As Time Goes By *A Very Personal Problem.*

7.20 Last Of The Summer Wine *The Mother Of All Mistakes – Or Is It?:* Hobbo searches for his real mother.

8.00 Hetty Wainthropp Investigates *How Time Flies:* A clock-mender becomes the target of a couple of crooks.

9.00 Ms Fisher's Modern Murder Mysteries *Seasoned Murder – Part Two:* The investigation heats up.

10.00 New Tricks *Final Curtain:* The publication of a biography reopens an old case.

11.15 Waking The Dead *Walking On Water:* Feature-length episode. A convicted murderer is cleared on appeal.

1.45 AM The Bill 2.40 London's Burning 4.00-6.00 Teleshopping

7.00 PM Growing Up In Scotland: A Century Of Childhood *Education:* An exploration of the past 100 years of Scottish childhood.

8.00 Corner Shop Cook-Off Chef Gary Maclean goes up against Fife chef Jamie Scott.

9.00 The Nine The latest Scottish, UK and international news.

10.00 Bob Servant Independent *A Local Man.* 10.30 Debate Night Topical debate.

11.30 The Edit Entertainment news. 11.45-12.00 Rewind 1990s 1999.

7.00 PM Beyond 100 Days/Weather 7.30 Handmade On The Silk Road *The Weaver.*

8.00 The Victorian House Of Arts And Crafts Modern crafters tackle a Victorian double bed and bedspread.

9.00 Bloody Queens: Elizabeth And Mary A dramatisation of the letters between Mary Queen of Scots and Elizabeth I.

10.00 Football: SheBelieves Cup 2020 *England v Spain:* Coverage of both teams' concluding match of the round-robin competition, held at Toyota Stadium in Frisco, Texas. Kick-off 10.15pm.

12.30 AM Blood And Gold: The Making Of Spain With Simon Sebag Montefiore 1.30 Treasures Of Ancient Greece 2.30 Anni Albers: A Life In Thread 3.00-4.00 The Victorian House Of Arts And Crafts

ITV2
FREEVIEW 6

6.00 AM Teleshopping
7.00 The Ellen DeGeneres Show 7.50 Emmerdale 8.20 You've Been Framed! Gold: Unleashed! 9.20 Superstore 10.15 Dinner Date 11.15 Dress To Impress 12.15 PM Emmerdale 12.45 You've Been Framed! Gold: Reloaded 1.50 The Ellen DeGeneres Show 2.45 Dinner Date 3.50 Dress To Impress 4.55 Take Me Out 6.00 You've Been Framed! Gold 6.30 You've Been Framed! Gold

7.00 You've Been Framed! Gold 7.30 You've Been Framed! Gold Camcorder calamities.

8.00 Two And A Half Men *Welcome Home, Jake.* 8.30 Two And A Half Men *West Side Story.*

9.00 Family Guy *Call Girl:* Lois is forced to find a job. 9.30 Family Guy *Ratings Guy.*

10.00 Celebrity Juice With Stacey Solomon, Kate Nash, Laurence Fox, Maverick Sabre and Chris Ramsey.

10.50 Family Guy *Turban Cowboy.* 11.20 American Dad! 11.45 American Dad! *Next Of Pin.*

12.15 AM Two And A Half Men 12.40 Two And A Half Men 1.10 Timewasters 1.40 Timewasters 2.10 CelebAbility 2.55 Totally Bonkers Guinness World Records 3.20 Nightscreen 3.30-6.00 Teleshopping

E4
FREEVIEW 13

6.00 AM Hollyoaks 6.30 Hollyoaks 7.00 How I Met Your Mother 8.00 Baby Daddy 9.00 Mike & Molly 10.00 The Big Bang Theory 11.00 The Goldbergs 12.00 PM Brooklyn Nine-Nine 1.00 The Big Bang Theory 2.00 Baby Daddy 2.30 Baby Daddy 3.00 Mike & Molly 3.30 Mike & Molly 4.00 The Goldbergs 4.30 The Goldbergs 5.00 Brooklyn Nine-Nine 5.30 Brooklyn Nine-Nine 6.00 The Big Bang Theory 6.30 The Big Bang Theory

7.00 Hollyoaks Jordan is back and wants Juliet's help to sell drugs again. 7.30 Man With A Plan *Doctor No.*

8.00 The Goldbergs *Animal House.* 8.30 Schooled *Kick Like A Girl.*

9.00 Celebs Go Dating Malique is suffering from a bruised ego.

10.00 Zoey's Extraordinary Playlist *Zoey's Extraordinary Best Friend:* Zoey tries to control her new abilities.

11.05 The Big Bang Theory *The Decoupling Fluctuation.* 11.35 The Big Bang Theory

12.05 AM Brooklyn Nine-Nine 12.35 Brooklyn Nine-Nine 1.05 Celebs Go Dating 2.10 First Dates Hotel 3.05 Zoey's Extraordinary Playlist 4.00 The Goldbergs 4.25 Schooled 4.50 The Big Bang Theory 5.15-6.00 The Big Bang Theory

More4
FREEVIEW 18

8.55 AM Kirstie's Handmade Treasures 9.15 A Place In The Sun: Winter Sun 10.05 A Place In The Sun: Summer Sun 11.05 Find It, Fix It, Flog It 12.10 PM Find It, Fix It, Flog It 1.15 Escape To The Chateau: DIY 2.20 Four In A Bed 2.50 Four In A Bed 3.50 Four In A Bed *The George Hotel.* 4.25 Four In A Bed 4.55 The Secret Life Of The Zoo 5.55 Car S.O.S *Tim And Fuzz's Greatest Hits.* 6.55 Escape To The Chateau: DIY

7 pm

8.00 Jon Snow's Very Hard Questions Quiz show, hosted by Jon Snow.

DON'T Miss! 9.00 The Great Pottery Throw Down: The Final Last in the series.

10.00 Jon Snow's Very Hard Questions Quiz show, hosted by Jon Snow.

11.00 24 Hours In A&E Doctors are concerned a 38-year-old woman may be paralysed.

12.00 AM 8 Out Of 10 Cats Does Countdown 1.05 The Great Pottery Throw Down: The Final 2.05 24 Hours In A&E 3.10-3.40 Food Unwrapped

Dave
FREEVIEW 19

6.00 AM Teleshopping 7.10 Eat Your Heart Out With Nick Helm 8.00 American Pickers 9.00 Storage Hunters 9.30 Storage Hunters 10.00 American Pickers 11.00 American Pickers 12.00 PM Timber Kings *Take To The Trees.* 1.00 Top Gear 2.00 Cop Car Workshop *Boat.* 3.00 Scrapyard Supercar *Land Rover Discovery.* 4.00 Top Gear 5.00 Top Gear 6.00 Taskmaster 7.00 Room 101 7.40 Room 101 8.20 Have I Got A Bit More News For You 9.20 QI 10.00 Hypothetical 11.00 Dara O Briain's Go 8 Bit 12.00 AM Taskmaster 1.00 Have I Got A Bit More News For You 2.00 QI 2.40 Go 8 Bit: DLC 3.05 Go 8 Bit: DLC 3.30 The Indestructibles 4.00-6.00 Teleshopping

5USA
FREEVIEW 21

6.00 AM Teleshopping 9.00 Criminals: Caught On Camera 9.25 Murder, She Wrote 10.15 CSI: NY 11.10 The Mysteries Of Laura 12.10 PM Law & Order 1.10 Law & Order 2.05 Law & Order 3.05 Law & Order 4.05 Law & Order 5.00 Law & Order 6.00 Law & Order 7.00 Law & Order 8.00 NCIS: New Orleans 9.00 Rookie Blue *Fragments.* 10.00 Law & Order: Special Victims Unit *Depravity Standard.* 10.55 Law & Order: Special Victims Unit *Catfishing Teacher.* 11.55 Law & Order: Special Victims Unit 12.50 AM Law & Order: Special Victims Unit 1.50 Law & Order: Los Angeles 2.50 Law & Order: Los Angeles 3.50 Access 4.00-6.00 Teleshopping

5STAR
FREEVIEW 30

6.00 AM Teleshopping 7.00 High Street TV 8.00 3rd Rock From The Sun 8.20 House 10.05 Bad Tenants, Rogue Landlords 12.05 PM Can't Pay? We'll Take It Away! 2.00 Can't Pay? We'll Take It Away! 3.00 Neighbours 3.30 Home And Away 4.00 House 5.00 House 6.00 Neighbours 6.30 Home And Away 7.00 Maternity Ward 8.00 10 Years Younger In 10 Days 9.00 Filthy House SOS 10.00 Hoarders: Trapped By My Trash 11.00 FILM 28 Days Later Horror. (Cert 18, 108 mins. 2002) ★★★★★ 1.20 AM Young, Dumb And Banged Up In The Sun 2.20 Spray Tan Mums: Single And Proud 3.15 Celebrity Botched Up Bodies 4.00-6.00 Teleshopping

ITV3
FREEVIEW 10

6.00 AM Classic Coronation Street 6.55 Classic Emmerdale 7.55 Heartbeat 8.55 Man About The House 9.25 Man About The House 10.00 That's My Boy 10.30 Agatha Christie's Marple 12.40 PM Heartbeat 1.45 Classic Emmerdale 2.50 Classic Coronation Street 3.20 Classic Coronation Street 3.55 Midsomer Murders *The Animal Within.* 5.55 Heartbeat *The Medium Is The Message.* 7.00 Agatha Christie's Poirot *The Cornish Mystery.* 8.00 Agatha Christie's Poirot *Five Little Pigs.* 10.00 Scott & Bailey 11.05 A Touch Of Frost *Stranger In The House.* 1.20 AM A Touch Of Frost 3.10 Nightscreen 3.30-6.00 Teleshopping

ITV4
FREEVIEW 24

6.00 AM World Of Sport: Kings Of The Canvas 6.10 Only When I Laugh 6.35 Quincy ME 7.25 Kojak 8.20 The Saint 9.30 ITV Racing: The Opening Show 10.30 Minder 11.35 The Professionals 12.35 PM Football's Greatest: Bobby Charlton 1.00 ITV Racing: Cheltenham Festival Live 2.05 River Monsters 2.40 Kojak 3.45 The Saint 4.50 Minder 5.55 The Professionals 7.00 Cycling: Paris-Nice Highlights 8.00 Junk And Disorderly 9.00 FILM Coogan's Bluff (Cert 15, 90 mins. 1968) ★★★ 11.05 FILM Magnum Force Action thriller sequel. (Cert 18, 118 mins. 1973) ★★★ 1.40 AM The Americans 2.40 Nightscreen 3.00-6.00 Teleshopping

ITVBe
FREEVIEW 26

6.00 AM Teleshopping 7.00 Bachelor In Paradise 8.45 Be Beautiful 9.00 LittleBe 12.00 PM Income Property *Rob And Tricia.* 12.25 The Real Housewives Of Beverly Hills 1.20 Absolutely Ascot 2.20 Million Dollar Listing: NYC 3.15 The Real Housewives Of New York City 4.10 The Real Housewives Of Dallas 5.00 The Real Housewives Of Dallas 6.00 Masters Of Flip 7.00 Buying And Selling 8.00 Dinner Date 9.00 Sam And Billie Faiers: The Mummy Diaries 10.00 Growing Up Chrisley *Rent-A-Nanny.* 10.30 Growing Up Chrisley 11.00 Singletown 12.05 AM The Only Way Is Essex 12.50 ITVBe Nightscreen 12.55-6.00 Teleshopping

INSIDE TV THURSDAY 12 March

BBC1

6.00 AM Breakfast (S) **9.15 Crimewatch Roadshow Live** (S) **10.00 Homes Under The Hammer** (S) **11.00 Dom Does America Coastguard**. (R/S) **11.45 Saved On Camera** (S) **12.15 PM Bargain Hunt Southwell 25**: From Southwell Racecourse in Nottinghamshire. (S) **1.00 BBC News At One; Weather** (S) **1.30 Regional News** (S) **1.45 Doctors** *The Joe Pasquale Problem*. (S) **2.15 Five Bedrooms Three Millimetres**: There is a great deal of bad feeling towards Ben. (S) **3.00 Escape To The Country Somerset**: Jules Hudson is on a house-hunting mission in the Somerset countryside. (R/S) **3.45 Money For Nothing** Sarah Moore saves me tents, dining chairs and a dressing screen. (S) **4.30 Ready Steady Cook** Mother and daughter Audrey and Candice compete in the culinary challenge. (S) **5.15 Pointless** Quiz, hosted by Alexander Armstrong. (R/S)



9pm Noughts + Crosses

6.00 BBC News At Six; Weather (S) **6.30 Regional News** (S)

7.00 The One Show Hosted by Alex Jones and Matt Baker. (S) **SOAP 7.30 EastEnders** *Isaac shows his true colours to Patrick, Chantelle feels the pressure to find work and Mitch's suspicions about Gray reach fever pitch.* (S)

8.00 MasterChef The heat-winners cook a plant-based dish third quarter-final. (S) **SOAP 8.30 EastEnders** *Mitch follows Gray to find out what he is up to and Stuart comes up with an extreme plan to cheer up Rainie.* (S)

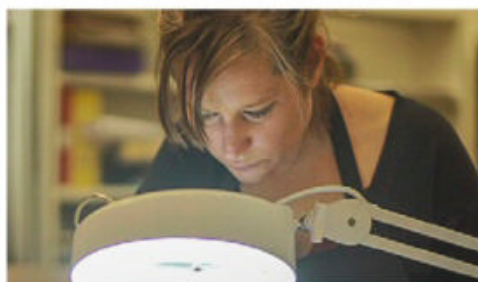
9.00 Noughts + Crosses Callum and Sephy take desperate measures to find somewhere they can be alone together, but Lekan suspects Sephy is hiding something from him and is on the rampage. (S)

10.00 BBC News At Ten (S) **10.25 Regional News/Weather** (S) **10.35 Question Time** Fiona Bruce hosts the political debate from West Bromwich. (S)

11.35 Newscast/Weather (S) **12.10-6.00 AM BBC News** (S)

BBC2

6.30 AM Money For Nothing (R/S) **7.15 Escape To The Country** *East Devon*. (R/S) **8.00 Sign Zone: Great British Railway Journeys** *Canterbury To Alexandra Palace*. (R/S) **8.30 Sign Zone: Lose Weight And Get Fit With Tom Kerridge** (R/S) **9.00 BBC News At 9** (S) **10.00 Victoria Derbyshire** (S) **11.00 BBC Newsroom Live** (S) **12.15 PM Politics Live** With Jo Coburn. (S) **1.00 Hardball** Quiz, hosted by Ore Oduba. (R/S) **1.45 Best House In Town** *Leicester: Wildcard*. (R/S) **2.30 Terry And Mason's Great Food Trip** *Bristol*. (R/S) **3.00 Red Rock** (R/S) **3.40 The Great Interior Design Challenge** *Modern Riverside*: The remaining designers transform attic bedrooms in 1960s riverside homes. (R/S) **4.40 Portillo's State Secrets** *On Trial*. (R/S) **5.10 Flog It!** People are invited to try to make money out of their antiques by taking a risk at auction. (R/S)



8pm Secrets Of The Museum

6.00 Richard Osman's House Of Games With Holly Walsh. (S) **6.30 Great British Railway Journeys** *Piccadilly Circus To Gravesend*. (R/S)

7.00 MOTDx Football discussion presented by Jermaine Jenas. (S) **7.30 Villages By The Sea** *The Holy Island*: Archaeologist Ben Robinson examines the history of Lindisfarne. (R/S)

8.00 Secrets Of The Museum The V&A experts struggle to fit a customised Chevy Impala into the museum for an exhibition, a medieval jewel undergoes a deep clean and a mosaic is restored. Last in the series. (S)

9.00 Hospital Patients fit for discharge but stranded in hospital, including a man with vascular dementia waiting to find a residential home that can deal with his complex needs. (S)

10.00 Vic & Bob's Big Night Out Vic presents Bob with a striking new wig. (R/S) **10.30 Newsnight** (S)

11.15 Miriam's Big Fat Adventure Part one of two. Actress Miriam Margolyes travels around the nation to discover why so many people are overweight. (R/S) **12.15 AM Sign Zone: Young, Sikh And Proud** (R/S) **12.55 Sign Zone: Dom Does America** *Private Investigator*. (R/S) **1.40 Sign Zone: Trust Me, I'm A Doctor** (R/S) **2.10-6.30 This Is BBC Two** (S)

ITV

6.00 AM Good Morning Britain (S) **9.00 Lorraine** (S) **10.00 This Morning** Celebrity chat and lifestyle features. (S) **12.30 PM Lunchtime News/Weather** (S) **12.50 Regional News/Weather** (S) **1.00 ITV Racing: Cheltenham Festival Live 2020 Day Three**: The third day of the prestigious festival, including feature race the 3.30 Paddy Power Stayers' Hurdle Race, plus races at 1.30, 2.10, 2.50 and 4.10. (S) **4.30 Tipping Point: Best Ever Finals** Compilation of some of the most dramatic endgames from the arcade-themed quiz show hosted by Ben Shephard, in which the last contestant standing competes for a £10,000 jackpot. (R/S) **5.00 The Chase** Bradley Walsh presents as four contestants pit their wits against quiz genius the Chaser, answering general knowledge questions to add money to the jackpot for the final chase. (R/S)



8.30pm How To Spend It Well...

6.00 Regional News/Weather (S) **6.30 Evening News/Weather** (S)

SOAP 7.00 Emmerdale *Laurel is forced to reveal all to Jai, Malone exerts his authority over Cain, and Mandy and Dan decide to go on a date together.* (S) **7.30 Can Robots Save The NHS?** *Tonight* The use of artificial intelligence in detecting disease. (S)

SOAP 8.00 Emmerdale *Samson finds a way to fund his trip and Laurel fights for her relationship with Jai.* (S) **8.30 How To Spend It Well On Holiday** Following a family on holiday to Thailand. (S)



9.00 The Station: Trouble On The Tracks New series. Documentary following the staff of Network Rail. Engineers battle the elements after extensive flooding. (S)

10.00 ITV News At Ten/Weather (S) **10.30 Regional News/Weather** (S) **10.45 Liar** Laura is left questioning who she can trust when suspicions fall on Ian. (R/S)

11.45 Dancing On Ice Phillip Schofield and Holly Willoughby host the final of the skating contest, in which the last two celebrities perform their take on Torvill and Dean's Bolero. (R/S) **1.30 AM Ideal World** **3.00 Can Robots Save The NHS? Tonight** (R/S) **3.25 Nightscreen** Text-based information service. **5.05-6.00 Judge Rinder** (R/S)

Channel 4

6.30 AM Cheers *Sumner's Return*. (R/S) **6.55 Cheers** *Affairs Of The Heart*. (R/S) **7.20 The King Of Queens** *Gorilla Warfare*. (R/S) **7.45 The King Of Queens** *Hi, School*. (R/S) **8.10 Everybody Loves Raymond** *All I Want For Christmas*. (R/S) **8.40 Everybody Loves Raymond** *Civil War*. (R/S) **9.10 Frasier** *Liar! Liar!*. (R/S) **9.40 Frasier** *Three Days Of The Condo*. (R/S) **10.10 Undercover Boss** *Canada* (R/S) **11.05 Ramsay's Kitchen Nightmares** *USA Sushi Ko*. (R/S) **12.00 PM Channel 4 News/Weather Summary** (S) **12.05 Come Dine With Me** *Hampshire*. (R/S) **1.05 Posh Pawnbrokers** (R/S) **2.10 Countdown** (S) **3.00 A Place In The Sun** (R/S) **4.00 A New Life In The Sun: Where Are They Now?** (R/S) **5.00 Four In A Bed** (S) **5.30 Come Dine With Me** Taxi driver Jamie serves up a fine dining menu in Edinburgh. (S)



10pm First Dates

6.00 The Simpsons Bart goes to work in a burlesque theatre. (R/S) **SOAP 6.30 Hollyoaks** *Jordan is back and wants Juliet's help to sell drugs again.* (R/S)

7.00 Channel 4 News/Weather (S)



8.00 How To Beat - Ageing New series. Kate Quilton and Dr Javid Abdelmoneim explore the changes people can make to take care of their health, beginning with methods of lowering the biological age. (S)

9.00 Hunted The hunters are in hot pursuit of Dan through rural Cheshire, Jess and Ella return to their home town of Newbury to replenish supplies and Hayley and Dan hide out in the Lakes. (S)

10.00 First Dates Self-titled alpha male Josh struts in brimming with confidence, keen to find his very own Kardashian. Will glamorous 25-year-old Yasmin match his high standards? (S)

11.05 Five Guys A Week (R/S) **12.10 AM Ramsay's Kitchen Nightmares** *USA Cafe 36*. (R/S) **1.00 The Undateables** (R/S) **1.55 Home** (R/S) **2.25 Baghdad Central** (R/S) **3.20 Celebs For Sale....: Dispatches** (R/S) **3.50 Come Dine With Me** (R/S) **4.45 Location, Location, Location** (R/S) **5.40 Kirstie's Vintage Gems** (R/S) **5.50-6.30 Countdown** (R/S)

Channel 5

6.00 AM Milkshake! **9.15 Jeremy Vine** (S) **11.15 Nightmare Tenants, Slum Landlords** (R/S) **12.10 PM 5 News At Lunchtime** (S) **12.15 Britain's Parking Hell** (R/S) **1.10 Access** (S) **1.15 Home And Away** Martha accepts Alf's proposal. (R/S) **1.45 Neighbours** Harlow discovers some potentially explosive information about her mother. (S) **2.15 FILM Snatched At Birth** A woman develops an obsession with having a child. When her friend gives birth, and then dies in an accident, the newborn goes missing. Thriller, starring Kaitlyn Black. (Cert PG, 90 mins. 2017) (S) ★★ **4.00 Friends The One With Chandler In A Box:** Chandler makes up for kissing Kathy. (R/S) **4.30 Friends The One Where They're Going To Party!:** Rachel is offered a promotion. (R/S) **5.00 5 News At 5** (S) **5.30 Neighbours** Repeated from 1.45pm. (S)



9pm 10 Years Younger In 10 Days

SOAP 6.00 Home And Away After Roo helps both her parents to see the other's point of view. (R/S) **6.30 5 News Tonight** (S)

7.00 The Dog Rescuers With Alan Davies Herchy rescues a Staffie from a tower block, with police warrant in hand, while Nicky cannot find a kennel for an dog signed over by an owner to ill to care for it. (S)

8.00 Britain's Naughtiest Nursery Day-to-day life at a nursery for challenging three-to-five year olds, set up by psychologist Laverne Antrobus. (S)

9.00 10 Years Younger In 10 Days Myrah And Lyndsey: Cherry Healey and the experts give busy mum Myrah a new image to help her succeed as a life coach and Lyndsey, who wants to reinvent herself after battling cancer. (S)

10.00 Shipman. 5 Mistakes That Caught A Killer The shocking case of serial killer Harold Shipman, the doctor who in the year 2000 was convicted of murdering 15 of his patients. (S)

11.05 The Nightmare Neighbour Next Door (R/S) **12.05 AM Robbing Your Relatives** (R/S) **1.00 The 21.co.uk Live Casino Show** (S) **3.00 Access** (S) **3.10 Our Dream Hotel Chateau Le Mung.** (R/S) **4.00 My Mum's Hotter Than Me!** (R/S) **4.45 House Doctor Hammersmith.** (R/S) **5.10 Great Scientists** (R/S) **5.35-6.00 Wildlife SOS** (R/S)



DON'T Miss!

HOW TO BEAT - AGEING | Channel 4 **8PM**

Young at heart

Kate Quilton and Dr Javid Abdelmoneim are our hosts for this new series, which examines the masses of stories out there about the supposed health benefits of lifestyle changes, and helps us to establish which of them might actually be useful.

This opening episode is all about ageing, and whether we really can knock up to five years off our biological ages if we make specific changes. These include straightforward-seeming things like walking more briskly, or getting a good night's sleep

– so Kate and Javid will be seeing how eight volunteers get on after giving them a go. They'll also be looking at new innovations in the world of the home gym (the best of both worlds!) and how doing good deeds can help your health.

DON'T Miss!

Sleeper hit

THE STATION: TROUBLE ON THE TRACKS | ITV **9PM**



"The trains" are probably second only to "the weather" on the list of Britain's most-complained-about things, and this three-part series reveals that – despite our grouching – a lot of work goes into keeping the trains running. Filmed at Birmingham New Street station, which sits at the very heart of the rail network, as well as following the hi-viz jacket-wearing 'orange army', who go out in all weathers to ensure that 20,000 miles of track remain in usable order, this series might make us think twice before our next railway-related whinge. In tonight's show, engineer Ryan has major flooding to contend with.

Regional variations

BBC1 N IRELAND as Main BBC1 except: **9.00-10.00pm** Noughts + Crosses **10.35** The View **11.15** Question Time **12.15am** Newscast **12.45-6.00** BBC News **BBC1 SCOTLAND** as Main BBC1 except: **6.55-7.00pm** Party Political Broadcast **9.00-10.00** Noughts + Crosses **BBC1 WALES** as Main BBC1 except: **6.55pm** Party Political Broadcast **7.00-7.30** Six Nations Sin Bin **9.00-10.00** Noughts + Crosses **BBC2 WALES** as Main BBC2 except: **7.00pm** The One Show **7.30-8.00** MOTDx **WALES** as Main ITV except: **6.00pm** ITV News Wales At Six **6.25-6.30** Party Political Broadcast **8.30-9.00** Coast & Country **10.45** St Davids – Britain's Smallest City **11.10-11.45** How To Spend It Well On Holiday **SCOTTISH** as Main ITV except: **1.00-4.30pm** Racing On STV: Cheltenham Festival **6.25-6.30** Party Political Broadcast **7.30-8.00** Scotland Tonight **8.30-9.00** Can Robots Save The NHS? Tonight **10.45** How To Spend It Well On Holiday **11.10** Liar **12.15am** Dancing On Ice **2.00** Can Robots Save The NHS? Tonight **2.25-5.05** Nightscreen



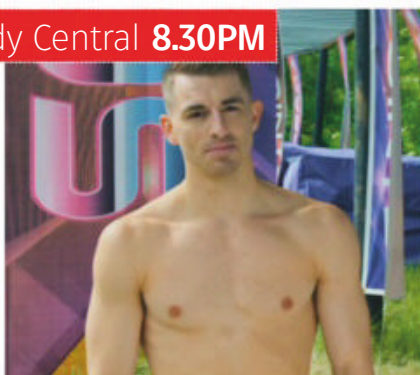
BREEDERS | Sky One 10PM

There's a simple reason why parenting is an evergreen theme for sitcoms: because if you didn't laugh about the things you end up doing for your kids, you'd probably cry. In this new comedy, Martin

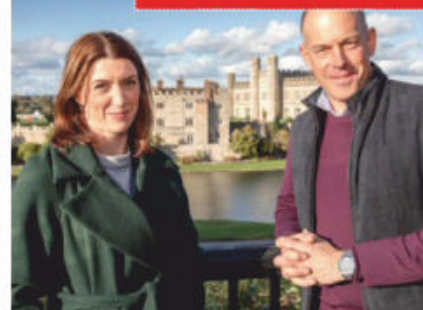
Freeman and Daisy Haggard play Paul and Abby, trying to keep up with the world of modern parenthood and all of its inherent contradictions. In tonight's two episodes, Paul faces a sleepless night, and parents' evening prompts the couple to do some reflecting.

GODS OF THE GAME | Comedy Central 8.30PM

Sir Bradley Wiggins hosts this new sporting gameshow where members of the public try to beat sporting 'Gods' in a series of tests of ability. Tonight's guest Gods include cyclist Sir Chris Hoy, gymnast Max Whitlock and field hockey's Sam Quek.



PHIL SPENCER'S STATELY HOMES | More4 9PM



When he was a young lad growing up in Kent, Phil often visited Leeds Castle – but in tonight's last episode of the series, he'll find out more than ever before. He's particularly keen to learn about its final owner: Olive, Lady Baillie...

Sky Witness

6.00 AM Nothing To Declare 8.00 The Real A&E 8.30 The Real A&E 9.00 Blue Bloods 10.00 Criminal Minds 11.00 CSI: Crime Scene Investigation 12.00 PM Elementary How To Get A Head. 1.00 Blue Bloods Hard Bargain. 2.00 Law & Order Access Nation. 3.00 The Real A&E 3.30 The Real A&E 4.00 Stop, Search, Seize 5.00 Nothing To Declare 5.30 Nothing To Declare 6.00 Nothing To Declare 6.30 Nothing To Declare A girl is questioned by officers.

7 pm

7.00 Nothing To Declare An investigation into illegal fishing. 7.30 Nothing To Declare

8 pm

8.00 Ghost Whisperer Speed Demon: Melinda investigates a secret drag-racing society.

9 pm

9.00 The Rookie Breaking Point: Officer Nolan tries to reunite a family.

10 pm

10.00 CSI: Crime Scene Investigation Leave Out All The Rest: A murder is linked to sadomasochism.

11 pm

11.00 Law & Order: Special Victims Unit Producer's Backend: A Hollywood starlet is accused of statutory rape.

12.00 AM CSI: Crime Scene Investigation 1.00 Chicago Med 2.00 Chicago Fire 3.00 Chicago PD 4.00 Road Wars 5.00-6.00 Brit Cops: Law & Disorder

Sky Atlantic

6.00 AM Urban Secrets 7.00 Without A Trace 8.00 Without A Trace 9.00 Without A Trace 10.00 The West Wing The Two Bartlets. 11.00 The West Wing Night Five. 12.00 PM Blue Bloods Leap Of Faith. 1.00 CSI: Crime Scene Investigation A Bullet Runs Through It – Part One. 2.00 The West Wing Hartsfield's Landing. 3.00 The West Wing Dead Irish Writers. 4.00 Without A Trace Viuda Negra. 5.00 Without A Trace A Day In The Life. 6.00 Without A Trace Freefall.

7.00 CSI: Crime Scene Investigation A Bullet Runs Through It – Part Two.

8.00 Blue Bloods Parenthood: The Reagans debate how far they would go to protect their family.

9.00 The Sopranos Another Toothpick: Bobby 'Bacala' Baccalieri Sr comes out of retirement.

10.15 The Sopranos University: Meadow's social life at college takes a sudden turn for the worse.

11.20 Babylon Berlin Gereon gets sent to investigate a deadly accident on a film set.

12.20 AM Babylon Berlin 1.20 Public Enemy 2.25 Public Enemy 3.30 Without A Trace 4.20 The West Wing 5.10-6.00 The West Wing

Sky One

6.00 AM Monkey Life 6.30 Monkey Life 7.00 RSPCA Animal Rescue 7.30 RSPCA Animal Rescue 8.00 The Dog Whisperer 9.00 Stop, Search, Seize 10.00 Highway Patrol 10.30 Highway Patrol 11.00 NCIS: Los Angeles 12.00 PM NCIS: Los Angeles 1.00 Hawaii Five-0 2.00 Hawaii Five-0 3.00 MacGyver 4.00 Modern Family 4.30 Modern Family 5.00 The Simpsons 5.30 Futurama 6.00 Futurama 6.30 The Simpsons

7.00 The Simpsons Milhouse Of Sand And Fog. 7.30 The Simpsons See Homer Run.

8.00 A League Of Their Own With Jimmy Carr, Claudia Winkleman and Micah Richards.

9.00 The Heist A tracking signal gives the detectives a shot at catching one looter red-handed.

DON'T Miss!

10.00 Breeders New series. Sitcom. 10.35 Breeders With Martin Freeman.

11.05 An Idiot Abroad 2 Trans-Siberian Express: Karl Pilkington boards the Trans-Siberian Express to China.

12.05 AM Intelligence 12.35 Intelligence 1.05 Caught On Dashcam 2.00 The Late Late Show With James Corden: Best Of The Week 3.00 The Force: Manchester 4.00 Stop, Search, Seize 5.00 Futurama 5.30-6.00 Futurama

W

6.10 AM MasterChef Australia 8.00 Tipping Point 9.00 Tipping Point 10.00 The Bill 11.00 Supernanny US 12.00 PM Tipping Point 1.00 Tipping Point 2.00 Property Brothers: Forever Home 3.00 My Dream Home Barbra And Gregg. 4.00 My Dream Home Debra And Dan. 5.00 Tipping Point 6.00 Tipping Point 7.00 Property Brothers: Forever Home Meghan And Brian. 8.00 Sun, Sea And Brides To Be 9.00 Stacey Dooley Investigates Russia's War On Women 10.00 One Born: What Happened Next? 11.00 Inside The Ambulance 12.00 AM One Born Every Minute 1.00 I've Got Something To Tell You 1.50 Code Black 2.35 Renovate My Home: Leave It To Bryan 3.00-6.10 Teleshopping

Alibi

6.00 AM Teleshopping 7.10 Murdoch Mysteries 8.00 Murdoch Mysteries 9.00 Murdoch Mysteries 10.00 The Guardian 11.00 Sue Thomas: FBEye 12.00 PM Major Crimes 1.00 Rush 2.00 Rush 3.00 Murdoch Mysteries 4.00 Murdoch Mysteries The Murdoch Sting. 5.00 Murdoch Mysteries Friday The 13th, 1901. 6.00 Major Crimes Personal Effects. 7.00 Motive Interference. 8.00 Motive The Dead Hand. 9.00 Carter Harley Gets Replaced: Harley is forced to work with David Arquette. 10.00 Frankie Drake Mysteries Mother Of Pearl. 11.00 New Tricks Last Man Standing – Part Two. 12.20 AM Murdoch Mysteries 1.20 In The Dark 2.45 In The Dark 4.00-6.00 Teleshopping

GOLD

6.00 AM Teleshopping 7.20 The Piglet Files 7.45 As Time Goes By 8.20 The Good Life 9.00 Porridge 9.40 Hi-de-Hi! 10.20 Last Of The Summer Wine 12.20 PM Keeping Up Appearances 1.00 Porridge 1.40 Hi-de-Hi! 2.20 The Good Life 3.00 Keeping Up Appearances 3.40 Dad's Army 4.20 Last Of The Summer Wine 5.00 Last Of The Summer Wine 5.40 Last Of The Summer Wine 6.20 The Good Life 7.00 Porridge 7.40 Dad's Army 8.20 Dad's Army 9.00 Gavin & Stacey 9.40 The Office 10.20 Peep Show 10.55 Peep Show 11.30 Gavin & Stacey 12.10 AM The Office 12.50 Lenny Henry's Race Through Comedy 1.50 Peep Show 3.20 The Rebel 4.00-6.00 Teleshopping

Com. Central

6.00 AM Teleshopping 8.00 The Office (US) 9.00 The Fresh Prince Of Bel-Air 11.00 Friends 12.00 PM Friends 12.30 Friends 1.00 Friends 1.30 Friends 2.00 Friends 2.30 Friends 3.00 Last Man Standing 3.30 Last Man Standing 4.00 Two And A Half Men 4.30 Two And A Half Men 5.00 Friends 5.30 Friends 6.00 Friends 6.30 Friends 7.00 Friends 7.30 Friends 8.00 Friends 8.30 DON'T MISS! Gods Of The Game 9.00 FILM Ocean's Eleven (Cert 12, 112 mins. 2001) ★★★★★ 11.30 Russell Howard's Stand Up Central 12.00 AM Jimmy Carr: Telling Jokes 1.00 The Daily Show 1.30 South Park 3.25 Last Man Standing 4.15 Two And A Half Men 5.00-6.00 Teleshopping

FOX

8.00 AM Republic Of Doyle 9.00 Bones 10.00 Bull 11.00 NCIS 12.00 PM Bones 1.00 Bones The Boneless Bride In The River. 2.00 The Mentalist Byzantium. 3.00 NCIS Double Trouble. 4.00 Bull The Exception To The Rule. 5.00 Bones The Priest In The Churchyard. 6.00 The Mentalist Brown Shag Carpet. 7.00 NCIS Lockdown. 8.00 NCIS Viral. 9.00 War Of The Worlds 10.00 NCIS The Lost Boys. 11.00 American Dad! Widowmaker. 11.30 American Dad! Red October Sky. 12.00 AM Family Guy 12.30 Family Guy 1.00 American Dad! 1.30 American Dad! 2.00 Family Guy 2.30 Family Guy 3.00 American Dad! 3.30 American Dad! 4.00 Republic Of Doyle 5.00-8.00 Teleshopping

Sky Comedy

6.00 AM Teleshopping 8.00 Everybody Hates Chris 9.00 Parks And Recreation 10.30 30 Rock 12.00 PM The Mindy Project 1.30 Modern Family 2.30 Everybody Hates Chris 3.30 Parks And Recreation 5.00 30 Rock 5.30 30 Rock 6.00 30 Rock 6.30 Modern Family 7.00 Modern Family 7.30 The Mindy Project 8.00 The Mindy Project 8.30 The Mindy Project 9.00 Ramy Youssef: Feelings 10.15 Sex And The City 10.50 The Tonight Show Starring Jimmy Fallon 11.50 The Late Late Show With James Corden 12.50 AM Entourage 1.25 Silicon Valley 2.00 Silicon Valley 2.35 Parks And Recreation 3.00 Parks And Recreation 3.30 30 Rock 4.00 30 Rock 4.30 30 Rock 5.00-6.00 Teleshopping



Harold Perrineau stars as Detective Nick Armstrong in *The Rookie* **9pm** Sky Witness

BBC Scotland
FREEVIEW 108 (SCOTLAND)

BBC4
FREEVIEW 9

7.00 PM Corner Shop Cook-Off Chef Gary Maclean goes up against Fife chef Jamie Scott.

7.00 PM Beyond 100 Days/Weather
7.30 The Wonder Of Animals *Penguins.*

8.00 Getting Hitched Asian Style A bride prepares to leave home to live with her new husband in London.

8.00 Shipwrecks: Britain's Sunken History *Home Waters To High Seas.*

9.00 The Nine The latest Scottish, UK and international news.

9.00 Can Science Make Me Perfect? With Alice Roberts
The presenter embarks on a scientific stunt.

10.00 Darren McGarvey's Scotland
10.30 The Comedians At The King's Stand-up comedy.

10.30 Horizon: Why Are We Getting So Fat?
Investigating obesity.

11.00 Bob Servant Independent *A Local Man.*
11.30-12.00 Two Doors Down Colin throws a party.

11.30 Lisbon: An Art Lovers' Guide Janina Ramirez and Alastair Sooke go a cultural break in the Portuguese capital.

1.35 AM The Bill 2.35 **London's Burning** 3.25 **Garden Hopping** 4.00-6.00 **Teleshopping**

12.30 AM Our Classical Century 1.30 **Love And Betrayal In India: The White Mughal** 2.30-3.30 **Shipwrecks: Britain's Sunken History**

Drama
FREEVIEW 20

6.00 AM Teleshopping
7.10 Soldier, Soldier 8.00 **Soldier, Soldier** 9.00 **The Bill** *Abuse In Kind.* **10.00 Classic Holby City** *Family Planning.* **11.00 Casualty** *Next Of Kin.* **12.00 PM The Bill** *To Protect And Serve.* **1.00 Classic EastEnders** **1.40 Classic EastEnders** **2.20 London's Burning** **3.20 Monarch Of The Glen** 4.20 **Bergerac** *Diplomatic Incident.* **5.25 Bread** 6.00 **Hi-de-Hi!** *The Marriage Settlement.* **6.40 As Time Goes By** *Animal Magnetism.*

7.20 Last Of The Summer Wine *Will Howard Cross The Atlantic Single-Handed?.*

8.00 The Inspector Lynley Mysteries *If Wishes Were Horses:* Feature-length episode. Helen dabbles in her husband's latest case, as the Lynleys look forward to becoming parents – but her actions have devastating consequences for everyone.

10.00 New Tricks *A Face For Radio:* The team investigates an arson attack that killed a radio DJ.

11.10 Waking The Dead *Breaking Glass:* Feature-length episode. The team tries to establish the identity of a paedophile.

1.35 AM The Bill 2.35 **London's Burning** 3.25 **Garden Hopping** 4.00-6.00 **Teleshopping**

Dave
FREEVIEW 19

6.00 AM Teleshopping
7.10 Eat Your Heart Out With Nick Helm 7.35 **Eat Your Heart Out With Nick Helm** 8.00 **American Pickers** 9.00 **Storage Hunters** 9.30 **Storage Hunters** 10.00 **American Pickers** 12.00 PM **Timber Kings** 1.00 **Top Gear** 2.00 **Cop Car Workshop** 3.00 **Scrapyard Supercar** 4.00 **Top Gear** 5.00 **Top Gear** 6.00 **Taskmaster** 7.00 **Room 101** 7.40 **Room 101** 8.20 **Have I Got A Bit More News For You** 9.20 **QI** 10.00 **Meet The Richardsons** 10.40 **QI** 11.20 **Mock The Week** 12.00 **AM Taskmaster** 1.00 **Have I Got A Bit More News For You** 2.00 **QI** 2.40 **Go 8 Bit: DLC** 3.05 **Go 8 Bit: DLC** 3.30 **The Indestructibles** 4.00-6.00 **Teleshopping**

5USA
FREEVIEW 21

6.00 AM Teleshopping 9.00 **Criminals: Caught On Camera** 9.25 **Murder, She Wrote** 10.15 **CSI: NY** 11.10 **The Mysteries Of Laura** 12.10 PM **Law & Order** 1.05 **Law & Order** 2.05 **Law & Order** 3.05 **Law & Order** 4.05 **Law & Order** 5.00 **Law & Order** 6.00 **Law & Order** 7.00 **Law & Order** 8.00 **NCIS: New Orleans** 9.00 **Law & Order: Special Victims Unit** 10.00 **Law & Order: Special Victims Unit** *Townhouse Incident.* 10.55 **Law & Order: Special Victims Unit** 11.55 **Law & Order: Special Victims Unit** 12.55 **AM Law & Order: Special Victims Unit** 1.55 **Law & Order: Los Angeles** 2.50 **Law & Order: Los Angeles** 3.50 **Access** 4.00-6.00 **Teleshopping**

5STAR
FREEVIEW 30

6.00 AM Teleshopping 7.00 **High Street TV** 8.00 **3rd Rock From The Sun** 8.20 **House** 10.05 **Bad Tenants, Rogue Landlords** 12.05 PM **Can't Pay? We'll Take It Away!** 1.05 **Can't Pay? We'll Take It Away!** 3.00 **Neighbours** 3.30 **Home And Away** 4.00 **House** 5.00 **House** 6.00 **Neighbours** 6.30 **Home And Away** 7.00 **Spray Tan Mums: Single And Proud** 8.00 **FILM** *The Twilight Saga: Breaking Dawn – Part 2* (Cert 12, 110 mins. 2012) ★★★ 10.10 **FILM** *Hercules* (Cert 12, 98 mins. 2014) ★★★ 12.05 AM **Florida's Mega Sinkholes** 1.05 **Young, Dumb And Banged Up In The Sun** 2.05 **My Mum's Hotter Than Me!** 3.05 **Celebrity Botched Up Bodies** 3.55 **Access** 4.00-6.00 **Teleshopping**

ITV2
FREEVIEW 6

6.00 AM Teleshopping
7.00 The Ellen DeGeneres Show
7.50 Emmerdale 8.20 **Coronation Street** 8.50 **Coronation Street** 9.20 **Superstore** 9.45 **Superstore** 10.15 **Dinner Date** 11.15 **Dress To Impress** 12.15 PM **Emmerdale** 12.45 **Coronation Street** 1.15 **Coronation Street** 1.50 **The Ellen DeGeneres Show** 2.45 **Dinner Date** 3.50 **Dress To Impress** 4.50 **Take Me Out** 6.00 **You've Been Framed! Gold**

7.00 You've Been Framed! Gold: A-Z
Comical clips, narrated by Harry Hill.

8.00 Two And A Half Men
8.30 Two And A Half Men *Lotta Delis In Little Armenia.*

 **9.00 Ride Along**
A tough cop takes his sister's boyfriend with him on duty, leading to a dangerous encounter with the city's most wanted criminal. Comedy, starring Ice Cube and Kevin Hart. Includes FYI Daily. (Cert 12, 97 mins. 2014) ★★

11.10 Family Guy 12 *And A Half Angry Men.*
11.40 Family Guy *The Old Man And The Big 'C'.*

12.10 AM American Dad! 12.35 **American Dad!** 1.05 **The Stand Up Sketch Show** 1.35 **Two And A Half Men** 2.00 **Two And A Half Men** 2.30 **CelebAbility** 3.15 **Nightscreen** 3.30-6.00 **Teleshopping**

ITV3
FREEVIEW 10

6.00 AM Classic Coronation Street 6.55 **Classic Emmerdale** 7.55 **Heartbeat** 8.55 **Man About The House** 9.55 **That's My Boy** 10.25 **A Touch Of Frost** *Widows And Orphans.* 12.40 PM **Heartbeat** *One Small Step.* 1.45 **Classic Emmerdale** 2.15 **Classic Emmerdale** 2.50 **Classic Coronation Street** 3.20 **Classic Coronation Street** 3.55 **Midsomer Murders** *Country Matters.* 5.55 **Heartbeat** *One Small Step.* 6.55 **Agatha Christie's Poirot** *The Disappearance Of Mr Davenport.* 8.00 **Lewis** *The Indelible Stain.* 10.00 **Scott & Bailey** 11.00 **A Touch Of Frost** *Widows And Orphans.* 1.20 AM **A Touch Of Frost** 3.10 **Nightscreen** 3.30-6.00 **Teleshopping**

E4
FREEVIEW 13

6.00 AM Hollyoaks 7.00 **How I Met Your Mother** 8.00 **Baby Daddy** 9.00 **Mike & Molly** 10.00 **The Big Bang Theory** 11.00 **The Goldbergs** 12.00 PM **Brooklyn Nine-Nine** 1.00 **The Big Bang Theory** 1.30 **The Big Bang Theory** 2.00 **Baby Daddy** 2.30 **Baby Daddy** 3.00 **Mike & Molly** 3.30 **Mike & Molly** 4.00 **The Goldbergs** 4.30 **The Goldbergs** 5.00 **Brooklyn Nine-Nine** 5.30 **Brooklyn Nine-Nine** 6.00 **The Big Bang Theory** 6.30 **The Big Bang Theory**

7.00 Hollyoaks Mitchell asks Martine and Walter for details about his father.
7.30 Man With A Plan *The Blame Game.*

8.00 Young Sheldon *A Live Chicken, A Fried Chicken And Holy Matrimony.*
8.30 Young Sheldon

9.00 Celebs Go Dating
Dean Gaffney seeks wooing wisdom from old friend Richard Blackwood.

10.00 Celebrity Gogglebox Shows including *Countdown*, *Titanic*, *First Dates* and *Serengeti* are appraised.

11.05 The Big Bang Theory *The Re-Entry Minimisation.*
11.35 The Big Bang Theory

12.05 AM Brooklyn Nine-Nine 12.35 **Brooklyn Nine-Nine** 1.05 **Celebs Go Dating** 2.10 **First Dates Hotel** 3.05 **Celebrity Gogglebox** 4.00 **The Big Bang Theory** 4.25 **The Big Bang Theory** 4.50 **How I Met Your Mother** 5.15-6.00 **How I Met Your Mother**

ITV4
FREEVIEW 24

6.00 AM Football's Greatest: Diego Maradona 6.10 **Only When I Laugh** 6.35 **Quincy ME** 7.25 **Kojak** 8.20 **The Saint** 9.30 **ITV Racing: The Opening Show** 10.30 **Minder** 11.30 **The Professionals** 12.30 PM **The Sweeney** 1.40 **Quincy ME** 2.40 **Kojak** 3.45 **The Saint** 4.50 **Minder** 5.55 **The Professionals** 7.00 **Cycling: Paris-Nice Highlights** 8.00 **Heathrow: Britain's Busiest Airport** 8.30 **Heathrow: Britain's Busiest Airport** 9.00 **FILM** *Heartbreak Ridge* (Cert 15, 125 mins. 1986) ★★★ 11.40 **FILM** *Coogan's Bluff* Crime drama, with Clint Eastwood. Includes FYI Daily. (Cert 15, 90 mins. 1968) ★★★ 1.45 AM **Minder** 2.40 **Nightscreen** 3.00-6.00 **Teleshopping**

More4
FREEVIEW 18

8.55 AM Kirstie's Handmade Treasures
9.15 A Place In The Sun: Winter Sun 10.05 **A Place In The Sun** 11.05 **Find It, Fix It, Flog It** 12.10 PM **Find It, Fix It, Flog It** 1.15 **Escape To The Chateau: DIY** 2.20 **Four In A Bed** 2.50 **Four In A Bed** 3.20 **Four In A Bed** *Jabajak.* 3.50 **Four In A Bed** 4.25 **Four In A Bed** *Payment Day.* 4.55 **The Secret Life Of The Zoo: Underwater Special** 5.55 **Car S.O.S** *Fiat Dino.* 6.55 **Escape To The Chateau: DIY**

7.00 Phil Spencer's Stately Homes Phil visits Leeds Castle. Last in the series.

7.55 Grand Designs
Transforming an underground reservoir near the Humber Estuary into a family home.

 **9.00 Phil Spencer's Stately Homes** Phil visits Leeds Castle. Last in the series.

10.00 24 Hours In A&E
A man is rushed in with severe knife wounds.

11.05 999: What's Your Emergency?
A woman has been badly cut in a pub fight.

12.05 AM Phil Spencer's Stately Homes 1.05 **24 Hours In A&E** 2.10 **999: What's Your Emergency?** 3.15-3.45 **Food Unwrapped**

ITVBe
FREEVIEW 26

6.00 AM Teleshopping 7.00 **Bachelor In Paradise** 8.50 **Be Beautiful** 9.00 **LittleBe** 12.00 PM **Income Property** 12.25 **The Real Housewives Of Beverly Hills** 1.20 **Absolutely Ascot** 2.20 **Little Women: LA** 3.15 **The Real Housewives Of New York City** 4.10 **The Real Housewives Of Dallas** *Party Foul.* 5.00 **The Real Housewives Of Dallas** *Reunion – Part One.* 6.00 **Masters Of Flip** *Maze Haze.* 7.00 **Buying And Selling** *Lisa And Chris.* 8.00 **Dinner Date** *Dani.* 9.00 **Totally Unbelievable** 10.00 **Married To Medicine** *BBQs, Biscuits And Birth Control.* 10.55 **Singletown** 12.00 AM **The Only Way Is Essex** 12.45 **ITVBe Nightscreen** 12.55-6.00 **Teleshopping**

BBC1

6.00 AM Breakfast (S) **9.15 Crimewatch Roadshow Live** (S) **10.00 Homes Under The Hammer** (R/S) **11.00 Dom Does America US Marshals**. (R/S) **11.45 Saved On Camera Plane Crash**. (S) **12.15 PM Bargain Hunt Sport Relief Special** A special edition in aid of Sport Relief. (S) **1.00 BBC News At One; Weather** (S) **1.30 Regional News** (S) **1.45 Doctors The Sharpest Cut**. (S) **2.15 Five Bedrooms Zero Dollars**: Money worries overwhelm Liz, posing a threat to the household. (S) **3.00 Escape To The Country Shropshire**: Ginny Buckley helps a couple look for a home in the Shropshire countryside. (R/S) **3.45 Money For Nothing** Jay Blades tries to transform a side table. (S) **4.30 Ready Steady Cook** Loved-up bride and groom to-be Daniella and Ross compete. (S) **5.15 Pointless** Quiz, hosted by Alexander Armstrong and Richard Osman. (R/S)



4.30pm Ready Steady Cook

6.00 BBC News At Six; Weather (S) **6.30 Regional News** (S)

7.00 Sport Relief 2020 Gary Lineker, Paddy McGuinness, Alex Scott, Emma Willis, Rylan Clark-Neal, Oti Mabuse and Tom Allen host the extravaganza, raising funds for good causes both in the UK and overseas. Highlights include two teams of celebrities leaving it all on the dance floor in a bid to be crowned The Greatest Dancer for Sport Relief and the rebirth of *Killing Eve* as Killing Steves, for a one-off Sport Relief spoof. The Battle of the Channels Celebrity Boat Race returns, and this year it's bigger than ever as BBC, ITV, Channel 4 and Sky compete for victory. In another sporting feat, Romesh Ranganathan takes on tennis legend Andy Murray in a crazy game of crazy golf. Plus, live music from artists including Rita Ora, John Newman and Celeste. A Question of Sport Relief is on BBC Two at 10.00. (S)

10.00 BBC News At Ten (S) **10.25 Regional News/Weather** (S) **10.35 Sport Relief 2020** More fundraising fun, live from Media City in Salford. (S)

12.45 AM Catchpoint For Sport Relief Celebrity special edition of the game show, as Graeme Swann and Rachel Parris take on Sam Quek and Mark Watson. Hosted by Paddy McGuinness. (R/S) **1.25-6.00 BBC News** (S)

BBC2

6.30 AM Money For Nothing (R/S) **7.15 Ready Steady Cook** (R/S) **8.00 Sign Zone: Back In Time For The Corner Shop** (R/S) **9.00 BBC News At 9** (S) **10.00 Victoria Derbyshire** (S) **11.00 BBC Newsroom Live** (S) **12.15 PM Politics Live** (S) **1.00 Hardball** (R/S) **1.45 Best House In Town Leicester: Semi-Detached**: Three semi-detached properties in Leicester are in the spotlight. (R/S) **2.30 Terry And Mason's Great Food Trip Tunbridge Wells**. (R/S) **3.00 Red Rock** Kevin Dunne fears the framing of Doyle has failed. (R/S) **3.45 The Great Interior Design Challenge Self-Build**: Transforming bedrooms of houses on an unusual self-build estate in south London. (R/S) **4.45 Portillo's State Secrets National Security**. (R/S) **5.15 Flog It!** At Dover Castle, Kent, James Lewis unearths a silver owl inkwell and Catherine Southon discovers an alabaster bust. (S)



8.30pm Wild Cuba: A Caribbean...

6.00 Richard Osman's House Of Games Last in the series. (S) **6.30 Great British Railway Journeys East Malling To Rye**. (R/S)

7.00 Extreme Wales With Richard Parks Extreme Kayaking: River Teifi: The presenter explores the River Teifi. Last in the series. (R/S) **7.30 Rick Stein's Secret France** The chef takes a culinary tour of France, beginning in Dieppe. (R/S)

8.30 Wild Cuba: A Caribbean Journey Part two of two. Colin Stafford-Johnson encounters bats emerging from limestone caves and tiny frogs, smaller than a fingernail, living in patches of hidden emerald forest. (S)

9.30 QI Oceans: With Aisling Bea, Joe Lycett and David Mitchell. (R/S)

10.00 A Question Of Sport Relief A special edition. Sport Relief continues on BBC1 at 10.35om. (S) **10.35 Newsnight** (S)

11.10 Miriam's Big Fat Adventure Part two of two. Miriam Margolyes sets out to find out what is being done to combat the obesity crisis, and meets people who are going to extreme lengths to lose weight. (R/S) **12.10 AM Sign Zone: The Million Pound Disability Payout - Panorama** (R/S) **12.40 Sign Zone: Murder 24/7** (R/S) **1.40-6.30 This Is BBC Two** (S)

ITV

6.00 AM Good Morning Britain (S) **9.00 Lorraine** (S) **10.00 This Morning** Celebrity chat and lifestyle features. (S) **12.30 PM Lunchtime News/Weather** (S) **12.50 Regional News/Weather** (S) **1.00 ITV Racing: Cheltenham Festival Live 2020 Day Four**: The fourth and final day of the prestigious festival, including feature race the 3.30 Magners Cheltenham Gold Cup Steeple Chase, plus races at 1.30, 2.10, 2.50 and 4.10. (S) **4.30 Tipping Point: Best Ever Finals** Compilation of some of the most dramatic endgames from the arcade-themed quiz show hosted by Ben Shephard, in which the last contestant standing competes for a £10,000 jackpot. (R/S) **5.00 The Chase** Bradley Walsh presents as four contestants answer general knowledge questions and work as a team to take on ruthless quiz genius the Chaser and secure a cash prize. (R/S)



4.30pm Tipping Point: Best...

6.00 Regional News/Weather (S) **6.30 Evening News/Weather** (S)

SOAP **7.00 Emmerdale Jimmy** is surprised by what he learns and Samson comes clean to a shocked Vinny. (S)

7.30 Coronation Street Geoff tries to persuade Yasmeen that Alya is out to get him. (S)

8.30 Vera Little Lazarus: A woman is murdered in a hedgerow but her son survives the attack, only to fall beneath the ice of a frozen pond as he makes his escape. DCI Vera Stanhope wades in and drags him out, and against all the odds he pulls through. As the investigation into the mother's killing unfolds, Vera finds a kindred spirit in the boy and comes to realise the key to solving the case lies deep in his memory. Detective drama, starring Brenda Blethyn, with Kerry Fox and Kieran O'Brien. (R/S)

10.20 ITV News At Ten/Weather (S) **10.55 Regional News/Weather** (S)

11.10 McDonald & Dodds Wilderness Of Mirrors: The detective duo investigate the murder of a wealthy patient at a private clinic - an investigation made all the more difficult by the complex relationships of the other residents. (R/S) **1.00 AM Ideal World** **3.00 Who's Doing The Dishes? Josie Gibson**. (R/S) **3.50-6.00 Nightscreen** Text-based information service.

Channel 4

6.30 AM Cheers (R/S) **6.55 Cheers** (R/S) **7.20 The King Of Queens Deconstructing Carrie**. (R/S) **7.45 The King Of Queens Black List**. (R/S) **8.10 Everybody Loves Raymond Mia Famiglia**. (R/S) **8.40 Everybody Loves Raymond Marie's Meatballs**. (R/S) **9.10 Frasier Death And The Dog**. (R/S) **9.40 Frasier Four For The Seesaw**. (R/S) **10.10 Undercover Boss Canada** (R/S) **11.05 Ramsay's Kitchen Nightmares USA Lido Di Manhattan**. (R/S) **12.00 PM Channel 4 News/Weather Summary** (S) **12.05 Come Dine With Me Stafford**. (R/S) **1.05 Posh Pawnbrokers** Dan does deals on a platinum ring and a rare antique trouser press. (R/S) **2.10 Countdown** (S) **3.00 A Place In The Sun** (R/S) **4.00 A New Life In The Sun: Where Are They Now?** (R/S) **5.00 Four In A Bed** (S) **5.30 Come Dine With Me** Business owner and socialite Maz plays host. (S)



10pm The Last Leg

6.00 The Simpsons Homer worries about his marriage. (R/S)

SOAP **6.30 Hollyoaks Mitchell** asks Martine and Walter for details about his father. (R/S)

7.00 Channel 4 News/Weather (S)

DON'T Miss! **8.00 How Healthy Is Your Gut?** Sabrina Grant examines why the gut is so important to a person's overall wellbeing and how it affects everything from their moods and energy, to sleep and health. (S)

9.00 Gogglebox Capturing the households' instant reactions to what they are watching on TV from the comfort of their own sofas. (S)

10.00 The Last Leg Adam Hills, Josh Widdicombe and Alex Brooker are joined by guests for a comic review of the significant moments of the past seven days. (S)

11.05 The Big Narstie Show (S) **12.10 AM FILM Popstar: Never Stop Never Stopping** Comedy. (Cert 15, 87 mins. 2016) (S) ★★★★★ **1.45 The Simpsons** (R/S) **2.10 The Simpsons** (R/S) **2.35 Come Dine With Me** (R/S) **4.55 Location, Location, Location Leeds & Streatham Revisit**. (R/S) **5.50-6.00 Kirstie's Handmade Treasures** (R/S)

Channel 5

6.00 AM Milkshake! **9.15 Jeremy Vine** (S) **11.15 Nightmare Tenants, Slum Landlords** (R/S) **12.10 PM 5 News At Lunchtime** (S) **12.15 Parking Hell: At War with the Law** (R/S) **1.10 Access** (S) **1.15 Home And Away** Marilyn bonds with the Parata family, newcomers to the bay. (R/S) **1.45 Neighbours** Finn blurts out to Elly that he loves her and wants to be with her. (S) **2.15 FILM Killer Contractor** Premiere. A woman tries to settle the estate of her late father. However, the contractor she hires brings with him a series of lethal mishaps. Thriller, starring Alyshia Ochse. (Cert PG, 84 mins. 2019) (S) ★★ **4.00 Friends The One With Phoebe's Uterus:** Phoebe's half-brother makes an announcement. (R/S) **4.30 Friends The One With The Embryos.** (R/S) **5.00 5 News At 5** (S) **5.30 Neighbours** Repeated from 1.45pm. (S)



9pm Celebrity Britain By Barge...

SOAP **6.00 Home And Away** Marilyn bonds with the Parata family, newcomers to the bay. (R/S) **6.30 5 News Tonight** (S)

7.00 Secrets Of The Royal Train The inside story of the trains used by the monarchy for more than 150 years, meeting loyal staff who have served on the Queen's train for many years. (R/S)

DON'T Miss! **8.00 The Yorkshire Steam Railway: All Aboard** The August bank holiday coincides with a heatwave, while the collapse of a trackside wall threatens to stop the railway in its tracks. (S)

9.00 Celebrity Britain By Barge: Then & Now Bill Oddie, Jennie Bond, Anne Diamond and Pete Waterman head to Northamptonshire to navigate the Grand Union Canal. (S)

10.20 The Royals: A Family In Crisis A look at issues affecting the monarchy in 2019, including the rift between princes Harry and William. (R/S)

11.50 My Houseful Of Animals. 90 Cats & More (R/S) **12.50 AM Lip Sync Battle UK: Michelle Keegan VS Jason Manford** (R/S) **1.15 The 21.co.uk Live Casino Show** (S) **3.15 Dog Rescuers With Alan Davies** (R/S) **4.00 Recycling: Is It A Con?** (R/S) **4.45 House Doctor** (R/S) **5.10 Great Scientists** (R/S) **5.35-6.00 Wildlife SOS** (R/S)



DON'T Miss!

HOW HEALTHY IS YOUR GUT? | Channel 4 **8PM**

Gut feeling

One of the working titles for this show was *The Truth About Your Gut*; we're glad they didn't stick with that one, because it was uncomfortably close to the subject line of an email we received from a particularly plain-speaking friend after they

saw us wearing an admittedly tight-fitting top.

Instead, this far friendlier-sounding special sees Sabrina Grant taking a closer look at the gut problems that are plaguing our nation (did you know that constipation costs

the NHS £150m a year? You do now). She'll be joined by six volunteers, all of whom suffer from a gut complaint, who will be trying out health programmes ranging from the radical bone broth diet to colonic hydrotherapy...

DON'T Miss!

The heat is on

THE YORKSHIRE STEAM RAILWAY: ALL ABOARD | Channel 5 **8PM**



Regional variations

Remember the heatwave that struck last summer? Remember how unpleasant it made all forms of public transport? Well, it wasn't a barrel of laughs on the Yorkshire Steam Railway either, particularly if you were Sammie working in the old carriage kitchen, or rookie Phil at the footplate, enduring the extra heat emanating from the burning coal. Still, at least Phil has something to look forward to upon arrival, as his equally steam-loving wife Jackie is currently training to be a platform foreman – but there's a small snag for the couple when she gets the platform for Phil's train wrong...

BBC1 SCOTLAND as Main BBC1 except: **1.20am** A View From The Terrace **2.20** Weather For The Week Ahead **2.25-6.00** BBC News **WALES** as Main ITV except: **6.00-6.30pm** ITV News Wales At Six **SCOTTISH** as Main ITV except: **1.00-4.30pm** Racing On STV: Cheltenham Festival **1.00-6.00am** Nightscreen



ELITE | Netflix

Las Encinas – Spain’s most exclusive secondary school – re-opens its doors as season three of the teen drama becomes available today. The series two finale gave us the shock revelation that

Samuel is, in fact, alive and well – unlike poor Marina, who’s still very much, er, not. So as the ramifications of her murder continue to cause waves among the classmates, there will no doubt be a renewed search to get justice...

CHICAGO PD | Sky Witness 10PM

While acts of vandalism cause tensions to run high in a local neighbourhood, Atwater tries to reach out to his brother, only to push him further away. Also, Ruzek and Burgess’ secret starts to interfere with their police work. Naughty.



SLIPKNOT UNMASKED: ALL OUT LIFE | BBC4 11PM



It’s easy to be enigmatic when masks are a key part of your stage costume, but in this documentary we’ll get a rare opportunity to get closer to metal band Slipknot. That’s if you want to get closer, of course. They are quite scary.

Sky Witness

6.00 AM Nothing To Declare 8.00 The Real A&E 9.00 Blue Bloods 10.00 Criminal Minds 11.00 CSI: Crime Scene Investigation 12.00 PM Elementary *Uncanny Valley Of The Dolls*. 1.00 Blue Bloods 2.00 Law & Order 3.00 The Real A&E 3.30 The Real A&E 4.00 Stop, Search, Seize 5.00 Nothing To Declare 5.30 Nothing To Declare 6.00 Nothing To Declare 6.30 Nothing To Declare Immigration officials are worried about the mental health of a Korean girl.

7 pm

7.00 Nothing To Declare 7.30 Nothing To Declare

8 pm

8.00 Chicago Med *The Ground Shifts Beneath Us*: A major accident shakes the emergency department.

9 pm

9.00 Chicago Fire *Where We End Up*: A pest forces to the 51 team to bunk with Firehouse 20.

10 pm

DON'T Miss! 10.00 Chicago PD 43rd *And Normal*: A string of deadly acts of vandalism raises tension.

11 pm

11.00 Law & Order: Special Victims Unit *Holden’s Manifesto*: A disturbed young man seeks revenge.

12.00 AM CSI: Crime Scene Investigation 1.00 Shades Of Blue 2.00 Blue Bloods 3.00 Ghost Whisperer 4.00 Road Wars 5.00-6.00 Brit Cops: Law & Disorder

Sky Atlantic

6.00 AM Urban Secrets 7.00 Without A Trace 8.00 Without A Trace 9.00 Without A Trace *Freefall*. 10.00 The West Wing *Hartsfield’s Landing*. 11.00 The West Wing *Dead Irish Writers*. 12.00 PM Blue Bloods *Parenthood*. 1.00 CSI: Crime Scene Investigation *A Bullet Runs Through It – Part Two*. 2.00 The West Wing *The US Poet Laureate*. 3.00 The West Wing *Stirred*. 4.00 Without A Trace *When Darkness Falls*. 5.00 Without A Trace *Blood Out*. 6.00 Without A Trace *Patient X*.

7.00 CSI: Crime Scene Investigation *Dog Eat Dog*: A man dies from overeating.

8.00 Blue Bloods *The Life We Chose*: Danny vows to avenge a colleague’s death.

9.00 Babylon Berlin Rath’s investigation into the Betty Winter case proceeds.

10.00 Babylon Berlin The police add a third murder to their investigation.

11.00 The Outsider *Must/Can’t*: The group finds itself in a climactic showdown.

12.05 AM Oz 1.20 Oz 2.35 **FILM** Real Women Have Curves (Cert 12, 82 mins. 2002) ★★★ 4.15 The West Wing 5.10-6.00 The West Wing

Sky One

6.00 AM Monkey Life 6.30 Monkey Life 7.00 RSPCA Animal Rescue 7.30 RSPCA Animal Rescue 8.00 The Dog Whisperer 9.00 Stop, Search, Seize 10.00 Highway Patrol 10.30 Highway Patrol 11.00 NCIS: Los Angeles 12.00 PM NCIS: Los Angeles 1.00 Hawaii Five-0 2.00 Hawaii Five-0 3.00 MacGyver 4.00 Modern Family 4.30 Modern Family 5.00 The Simpsons 5.30 Futurama 6.00 Futurama 6.30 The Simpsons

7.00 The Simpsons *The Italian Bob*. 7.30 The Simpsons *Homer’s Paternity Coot*.

8.00 The Simpsons *Bobby, It’s Cold Outside*. 8.30 Modern Family *The Last Christmas*.

9.00 Carpool Karaoke: Special With Celine Dion.

10.00 The Late Late Show With James Corden: Best Of The Week Highlights of the talk show.

11.00 The Trip To Greece 11.35 Avenue 5 *This Is Physically Hurting Me*.

12.10 AM Caught On Dashcam 1.05 Flintoff: Lord Of The Fries 2.05 The Force: Manchester 3.05 Road Wars 4.00 Stop, Search, Seize 5.00 Futurama 5.30-6.00 Futurama

W

6.10 AM MasterChef Australia 7.30 Renovate My Home: Leave It To Bryan 8.00 Tipping Point 9.00 Tipping Point 10.00 The Bill 11.00 Supernanny US 12.00 PM Tipping Point 1.00 Tipping Point 2.00 Property Brothers: Forever Home 3.00 My Dream Home *Jessica And Nathan*. 4.00 My Dream Home *Mark And Eugenie*. 5.00 Tipping Point 6.00 Tipping Point 7.00 Property Brothers: Forever Home *Becky And Michael*. 8.00 Sun, Sea And Brides To Be 9.00 999 Rescue Squad 10.00 Should I Go Under The Knife? 11.00 Inside The Ambulance 12.00 AM One Born Every Minute 1.00 I’ve Got Something To Tell You 1.50 I’ve Got Something To Tell You 3.00-6.10 Teleshopping

Alibi

6.00 AM Teleshopping 7.10 Murdoch Mysteries 8.00 Murdoch Mysteries 9.00 Murdoch Mysteries 10.00 The Guardian 11.00 Sue Thomas: FBEye 12.00 PM Major Crimes 1.00 Rush 2.00 Rush 3.00 Murdoch Mysteries 4.00 Murdoch Mysteries *Kung Fu Crabtree*. 5.00 Murdoch Mysteries *Blast Of Silence*. 6.00 Major Crimes *Targets Of Opportunity*. 7.00 *Motive Foreign Relations*. 8.00 *Motive Remains To Be Seen*. 9.00 Death In Paradise *The Man With The Golden Gun*. 10.20 Frankie Drake Mysteries *Ladies In Red*. 11.20 New Tricks *The Curate’s Egg*. 12.40 AM Murdoch Mysteries 1.40 Murdoch Mysteries 2.45 Murdoch Mysteries 4.00-6.00 Teleshopping

GOLD

6.00 AM Teleshopping 7.20 The Piglet Files 7.45 As Time Goes By 8.20 Porridge 9.40 Hi-de-Hi! 10.20 Last Of The Summer Wine 11.00 Last Of The Summer Wine 11.40 Last Of The Summer Wine 12.20 PM Keeping Up Appearances 1.00 Hi-de-Hi! 1.40 The Good Life 2.20 Keeping Up Appearances 3.00 Dad’s Army 3.35 Dad’s Army 4.20 Last Of The Summer Wine 5.00 Last Of The Summer Wine 5.40 Last Of The Summer Wine 6.20 The Good Life 7.00 Porridge 7.40 Dad’s Army 8.20 Dad’s Army 9.00 Only Fools And Horses 10.35 Peep Show 11.40 All Round To Mrs Brown’s 1.00 AM Harry Enfield And Chums 1.35 Peep Show 2.35 The Rebel 4.00-6.00 Teleshopping

Com. Central

6.00 AM Teleshopping 8.00 The Office (US) 9.00 The Fresh Prince Of Bel-Air 10.30 Friends 11.00 Friends 11.30 Friends 12.00 PM Friends 12.30 Friends 1.00 Friends 1.30 Friends 2.00 Friends 2.30 Friends 3.00 Last Man Standing 3.30 Last Man Standing 4.00 Two And A Half Men 4.30 Two And A Half Men 5.00 Friends 5.30 Friends 6.00 Friends 6.30 Friends 7.00 Friends 7.30 Friends 8.00 Friends 8.30 Friends 9.00 Friends 9.30 Friends 10.00 Bob’s Burgers 10.30 Bob’s Burgers 11.00 **FILM** Revolver Crime drama. (Cert 15, 111 mins. 2005) ★★ 1.00 AM The Daily Show 1.30 The Cleveland Show 3.25 Last Man Standing 4.15 Two And A Half Men 5.00-5.00 Teleshopping

FOX

8.00 AM Republic Of Doyle 9.00 Bones 10.00 Bull 11.00 NCIS 12.00 PM Bones 1.00 Bones *The Killer In The Concrete*. 2.00 The Mentalist *Brown Shag Carpet*. 3.00 NCIS *Viral*. 4.00 Bull *No Good Deed*. 5.00 Bones *Spaceman In A Crater*. 6.00 The Mentalist *White Orchids*. 7.00 NCIS *16 Years*. 8.00 NCIS *Saviours*. 9.00 NCIS *In The Wind*. 10.00 War Of The Worlds 11.00 American Dad! *Office Spaceman*. 11.30 American Dad! *Stanny Slickers 2: The Legend Of Ollie’s Gold*. 12.00 AM Family Guy 12.30 Family Guy 1.00 American Dad! 1.30 American Dad! 2.00 Family Guy 2.30 Family Guy 3.00 American Dad! 3.30 American Dad! 4.00 Republic Of Doyle 5.00-8.00 Teleshopping

Sky Comedy

6.00 AM Teleshopping 8.00 Everybody Hates Chris 9.00 Parks And Recreation 10.30 30 Rock 12.00 PM The Mindy Project 1.30 Modern Family 2.30 Everybody Hates Chris 3.00 Everybody Hates Chris 3.30 Parks And Recreation 4.00 Parks And Recreation 4.30 Parks And Recreation 5.00 30 Rock 5.30 30 Rock 6.00 30 Rock 6.30 Modern Family 7.00 Modern Family 7.30 The Mindy Project 8.00 The Mindy Project 8.30 The Mindy Project 9.00 Veep 9.35 Veep 10.15 Sex And The City 10.50 The Tonight Show Starring Jimmy Fallon 11.50 The Late Late Show With James Corden 12.50 AM Entourage 1.25 Silicon Valley 2.35 Parks And Recreation 3.30 30 Rock 5.00-5.30 Teleshopping

Drama

FREEVIEW 20

6.00 AM Teleshopping
7.10 **Soldier, Soldier** **8.00** **Soldier, Soldier** **9.00** **The Bill** *To Protect And Serve*.
10.00 **Classic Holby City** *All The Perfumes Of Arabia*.
11.00 **Casualty** *One From The Heart*. **12.00 PM** **The Bill** *Moving Target*. **1.00** **Classic EastEnders**
1.40 **Classic EastEnders**
2.20 **London's Burning**
3.20 **Monarch Of The Glen** **4.20** **Bergerac** *Something To Hide*. **5.25** **Bread** **6.00** **Hi-de-Hi!** *The Graven Image*. **6.40** **As Time Goes By** *The Bathroom*.



Cam (Eric Stonestreet) tries to keep his interview a secret in *Modern Family* **8.30pm** Sky One

BBC Scotland

FREEVIEW 108 (SCOTLAND)

BBC4

FREEVIEW 9

7.20 **Last Of The Summer Wine** *Who's That Looking Sideways At Nelly?*: Hobbo becomes a master of disguise.

8.00 **Murdoch Mysteries** *Drowning In Money*: Murdoch suspects murder at what first appears to be a double suicide.

9.00 **Death In Paradise** *Amongst Us*: A murder uncovers a case of money-laundering and secret identity.

10.15 **New Tricks** *Loyalties And Royalties*: The team investigates the death of a 70s rock star.

11.35 **Waking The Dead** *Final Cut*: Feature-length episode. A mummified body is discovered.

2.00 AM **The Bill** **2.50** **London's Burning** **4.00-6.00** Teleshopping

7.00 PM **Sportscene: Friday Night Football** *Queen Of The South v Ayr United*: Leanne Crichton and Steven Thompson present coverage of the Championship clash at Palmerston Park. Kick-off 7.05.

9.00 **The Nine** Presented by Laura Miller and John Beattie.

10.00 **Scot Squad** Miekelson heads to the streets. Last in the series.
10.30 **A View From The Terrace**

11.30-12.00 **Mirror Mirror** *'It's A Delicacy To Be Missed'*: Rachel-Jane talks to Danielle about her forthcoming marriage.

7.00 PM **World News Today/Weather**
7.30 **Top Of The Pops: 1989** Performances by Bon Jovi and Roxette.

8.00 **Queens Of Soul** Celebration of the female singers who define the genre.

9.00 **Top Of The Pops: 1989** Performances by Swing Out Sister, Chaka Khan, Yaz and Queen.
9.30 **Metal Britannia** The emergence of the genre during the 1960s and 70s.

DON'T Miss!

11.00 **Slipknot Unmasked: All Out Life**
 A profile of the American metal band.

12.00 AM **On Guitar – Lenny Kaye!** **1.00** **Showbands: How Ireland Learned To Party** **2.00** **Hits, Hype & Hustle: An Insider's Guide To The Music Business** **3.00-4.00** **Queens Of Soul**

ITV2

FREEVIEW 6

6.00 AM Teleshopping
7.00 **The Ellen DeGeneres Show**
7.50 **Emmerdale** **8.20** **Emmerdale** **8.50** **You've Been Framed!** **Gold** **9.20** **Superstore** **10.15** **Dinner Date** **11.15** **Dress To Impress** **12.15 PM** **Emmerdale** **12.45** **Emmerdale** **1.15** **You've Been Framed!** **Gold** **1.50** **The Ellen DeGeneres Show** **2.45** **Dinner Date** **3.50** **Dress To Impress** **4.50** **Take Me Out** **6.00** **You've Been Framed!** **Gold: Funniest 100**

7.00 **You've Been Framed! Gold: Family Special** A family-themed selection of camcorder calamities.

8.00 **Two And A Half Men** *Dial 1-900-Mix-a-Lot*.
8.30 **Two And A Half Men** *Oh, Wald-E, Good Times Ahead*.



9.00 **The Hangover** Three men on a stag weekend in Las Vegas wake up to find they've lost the groom and can't remember the night before. Comedy, with Bradley Cooper. Includes FYI Daily. (Cert 15, 99 mins. 2009) ★★ ★★

11.10 **Family Guy**
11.35 **Family Guy** *Lois Comes Out Of Her Shell*: Lois has an image change.

12.00 AM **American Dad!** **12.30** **American Dad!** **1.00** **The Cleveland Show** **1.30** **Two And A Half Men** **1.55** **Two And A Half Men** **2.25** **Plebs** **2.55** **Plebs** **3.20** **Nightscreen** **3.30-6.00** Teleshopping

E4

FREEVIEW 13

6.00 AM **Hollyoaks** **7.00** **How I Met Your Mother**
8.00 **Baby Daddy** **9.00** **Mike & Molly** **10.00** **The Big Bang Theory** **11.00** **The Goldbergs** **12.00 PM** **Brooklyn Nine-Nine** **1.00** **The Big Bang Theory** **1.30** **The Big Bang Theory** **2.00** **Baby Daddy** **2.30** **Baby Daddy** **3.00** **Mike & Molly** **3.30** **Mike & Molly** **4.00** **The Goldbergs** **4.30** **The Goldbergs** **5.00** **Brooklyn Nine-Nine** **5.30** **Brooklyn Nine-Nine** **6.00** **The Big Bang Theory** **6.30** **The Big Bang Theory**

7.00 **Hollyoaks** Drama following a group of young people in Chester.
7.30 **Man With A Plan** *Spring Fling*.



8.00 **Transformers: Revenge Of The Fallen** The shape-changing robots fight for control of a machine hidden somewhere on Earth with the power to destroy planets. Sci-fi adventure sequel, starring Shia LaBeouf and Megan Fox. (Cert 12, 149 mins. 2009) ★★

11.00 **Rick And Morty** *Meeseeks And Destroy*.
11.30 **Mr Pickles** *The Lair*: Last in the series.
11.45 **Robot Chicken**

12.00 AM **Rick And Morty** **12.30** **The Big Bang Theory** **1.00** **The Big Bang Theory** **1.30** **Brooklyn Nine-Nine** **2.00** **Brooklyn Nine-Nine** **2.30** **The Sex Clinic** **3.25** **The Big Bang Theory** **3.50** **The Big Bang Theory** **4.15** **How I Met Your Mother** **4.40-6.00** **How I Met Your Mother**

More4

FREEVIEW 18

8.55 AM **Kirstie's Handmade Treasures**
9.15 **A Place In The Sun** *Costa Del Sol*. **10.05** **A Place In The Sun: Winter Sun** **11.05** **Find It, Fix It, Flog It** **12.10 PM** **Find It, Fix It, Flog It** **1.15** **Escape To The Chateau: DIY** **2.20** **Four In A Bed** *Hazel's Roost*. **2.50** **Four In A Bed** **3.20** **Four In A Bed** *Smart And Simple*. **3.50** **Four In A Bed** *Pearfield*. **4.25** **Four In A Bed** **4.55** **The Secret Life Of The Zoo** **5.55** **Car S.O.S** **6.55** **Escape To The Chateau: DIY**

7.55 **Grand Designs** Building a house wrapped around an ancient oak tree in rural Suffolk.

9.00 **Just One Look** Eva finally discovers the key to the mystery. In French. Last in the series.

10.15 **24 Hours In A&E** A 50-year-old mechanical engineer is rushed in with a suspected heart attack.

11.20 **24 Hours In A&E** A young groom-to-be is examined following a seizure.

12.20 AM **Ramsay's Kitchen Nightmares USA** **1.20** **24 Hours In A&E** **2.20** **24 Hours In A&E** **3.25-3.50** **Food Unwrapped**

Dave

FREEVIEW 19

6.00 AM Teleshopping
7.10 **Eat Your Heart Out With Nick Helm** **7.35** **Eat Your Heart Out With Nick Helm**
8.00 **American Pickers** **9.00** **Storage Hunters** **9.30** **Storage Hunters** **10.00** **American Pickers** **11.00** **American Pickers** **12.00 PM** **Timber Kings** **1.00** **Top Gear** **2.00** **Cop Car Workshop** **3.00** **Scrapyard Supercar** **4.00** **Top Gear** **5.00** **Top Gear** **6.00** **Taskmaster** **7.00** **Room 101** **7.40** **Room 101** **8.20** **Have I Got A Bit More News For You** **9.20** **QI** **10.00** **Red Dwarf** **10.40** **Red Dwarf** **11.20** **Meet The Richardsons** **12.00 AM** **Taskmaster** **1.00** **Have I Got A Bit More News For You** **2.00** **Room 101** **2.40** **Go 8 Bit: DLC** **3.35** **The Indestructibles** **4.00-6.00** Teleshopping

5USA

FREEVIEW 21

6.00 AM Teleshopping **9.00** **Criminals: Caught On Camera**
9.20 **Murder, She Wrote**
10.15 **CSI: NY** **11.10** **The Mysteries Of Laura** **12.10 PM** **Law & Order** **1.10** **Law & Order** **2.05** **Law & Order** **3.05** **Law & Order** **4.05** **Law & Order** **5.00** **Law & Order** **6.00** **Law & Order** **7.00** **Law & Order** **8.00** **NCIS: New Orleans** **9.00** **NCIS: New Orleans** **10.00** **Law & Order: Special Victims Unit** *Forty-One Witnesses*. **11.00** **Law & Order: Special Victims Unit** *Nationwide Manhunt*. **11.55** **Law & Order: Special Victims Unit** **12.55** **AM Law & Order: Special Victims Unit** **1.55** **Law & Order: Los Angeles** **2.50** **Law & Order: Los Angeles** **3.50** **Access** **4.00-6.00** Teleshopping

5STAR

FREEVIEW 30

6.00 AM Teleshopping **7.00** **High Street TV** **8.00** **3rd Rock From The Sun** **8.20** **House** **10.05** **Bad Tenants, Rogue Landlords** **12.05 PM** **Can't Pay? We'll Take It Away!** **3.00** **Neighbours** **3.30** **Home And Away** **4.00** **House** **5.00** **House Unfaithful**. **6.00** **Neighbours** **6.30** **Home And Away** **7.00** **Nightmare Tenants, Slum Landlords** **8.00** **Sinkholes: Buried Underground** **9.00** **FILM** *Hansel & Gretel: Witch Hunters* Fantasy adventure. (Cert 15, 88 mins. 2013) ★★
10.50 **Impact Wrestling** **12.50** **AM Young, Dumb And Banged Up In The Sun** **1.50** **Britain's Pushiest Parents** **2.50** **Celebrity Botched Up Bodies** **3.35** **Two And A Half Men** **4.00-4.00** Teleshopping

ITV3

FREEVIEW 10

6.00 AM **Classic Coronation Street** **6.55** **Classic Emmerdale** **7.55** **Heartbeat** **8.55** **Man About The House** **9.25** **Man About The House** **9.55** **That's My Boy** **10.25** **A Touch Of Frost** *A Minority Of One*. **12.40 PM** **Heartbeat** *Troubled Waters*. **1.45** **Classic Emmerdale** **2.15** **Classic Emmerdale** **2.50** **Classic Coronation Street** **3.20** **Classic Coronation Street** **3.55** **Midsomer Murders** *Death In Chorus*. **5.55** **Heartbeat** *Troubled Waters*. **6.55** **Agatha Christie's Poirot** *Double Sin*. **8.00** **Doc Martin** *SWALK*. **9.00** **Doc Martin** *Paint It Black*. **10.00** **Scott & Bailey** **11.00** **A Touch Of Frost** **1.20** **AM A Touch Of Frost** **3.10** **Nightscreen** **3.30-6.00** Teleshopping

ITV4

FREEVIEW 24

6.00 AM **Goals Of The 70s**
6.10 **Only When I Laugh**
6.35 **Quincy ME** **7.25** **Kojak** **8.20** **The Saint** **9.30** **ITV Racing: The Opening Show** **10.30** **Minder** **11.35** **The Professionals** **12.35 PM** **The Sweeney** *Trap*. **1.45** **Quincy ME** *The Last Of Leadbottom*. **2.45** **Kojak** *Once More From Birdland*. **3.50** **The Saint** *Escape Route*. **4.50** **Minder** *You Need Hands*. **6.00** **The Professionals** *No Stone*. **7.00** **Cycling: Paris-Nice** *Highlights 2020* *Stage Six*. **8.00** **The Chase** *Celebrity Special* **9.00** **FILM** *Firefox* Action adventure. Includes FYI Daily. (Cert 15, 131 mins. 1982) ★★
11.45 **All Elite** **Wrestling: Dynamite** **2.00** **AM Minder** **2.55** **Nightscreen** **3.00-3.00** Teleshopping

ITVBe

FREEVIEW 26

6.00 AM Teleshopping **7.00** **The Bachelor** **7.50** **The Bachelor** **8.45** **Be Beautiful** **9.00** **LittleBe** **12.00 PM** **Income Property** **12.25** **The Real Housewives Of Beverly Hills** **1.20** **Absolutely Ascot** **2.20** **Little Women: LA** **3.15** **The Real Housewives Of New York City** **4.10** **The Real Housewives Of Dallas** **5.00** **The Real Housewives Of Dallas** *Reunion – Part Two*. **6.00** **Masters Of Flip** *Miniature Margins*. **7.00** **Buying And Selling** *Julie And Jason*. **8.00** **Dinner Date** *Joanna*. **9.00** **Botched** **10.00** **Botched** **10.55** **Chrisley Knows Best** *Training Faye*. **11.25** **Chrisley Knows Best** **11.55** **The Only Way Is Essex** **12.45** **AM ITVBe** **Nightscreen** **12.55-12.55** Teleshopping

WHO'S WHO?

CASUALTY

Connie Beauchamp.....	Amanda Mealing
Rosa Cadenas.....	Jacey Sallés
Faith Cadogan.....	Kirsty Mitchell
Charlie Fairhead.....	Derek Thompson
Noel Garcia.....	Tony Marshall
Ethan Hardy.....	George Rainsford
David Hide.....	Jason Durr
Archie Hudson.....	Genesis Lynea
Jan Jennings.....	Di Botcher
Dylan Keogh.....	William Beck
Marty Kirkby.....	Shaheen Jafargholi
Jade Lovall.....	Gabriella Leon
Lev Malinowski.....	Uriel Emil
Rash Masum.....	Neet Mohan
Jacob Masters.....	Charles Venn
Robyn Miller.....	Amanda Henderson
Will Noble.....	Jack Nolan
Lavendar Spark.....	Sian Webber
Ruby Spark.....	Maddy Hill

CORONATION STREET

Dev Alahan.....	Jimmi Harkishin
Adam Barlow.....	Sam Robertson
Aggie Bailey.....	Lorna Laidlaw
Eddison Bailey.....	Trevor Michael Georges
James Bailey.....	Nathan Graham
Michael Bailey.....	Ryan Russell
Amy Barlow.....	Elle Mulvaney
Ken Barlow.....	William Roache
Peter Barlow.....	Chris Gascoyne
Leanne Battersby.....	Jane Danson
Toyah Battersby.....	Georgia Taylor
Emma Brooker.....	Alexandra Mardell
Chesney Brown.....	Sam Aston
Claudia Colby.....	Rula Lenska
Mary Cole.....	Patti Clare
Carla Connor.....	Alison King
Jenny Connor.....	Sally Ann Matthews
Johnny Connor.....	Richard Hawley
Maria Connor.....	Samia Longchambon
Ryan Connor.....	Ryan Prescott
Roy Cropper.....	David Neilson
Ray Crosby.....	Mark Frost
Tyrone Dobbs.....	Alan Halsall
Paul Foreman.....	Peter Ash
Abi Franklin.....	Sally Carman
Seb Franklin.....	Harry Visinoni
Eileen Grimshaw.....	Sue Cleaver
Imran Habeeb.....	Charlie De Melo
Nina Lucas.....	Mollie Gallagher
Paula Martin.....	Stirling Gallacher
Cathy Matthews.....	Melanie Hill
Billy Mayhew.....	Daniel Brocklebank
Liz McDonald.....	Beverley Callard
Steve McDonald.....	Simon Gregson
Tracy McDonald.....	Kate Ford
Geoff Metcalfe.....	Ian Bartholomew
Sally Metcalfe.....	Sally Dynevor



Tim Metcalfe.....	Joe Duttine
Yasmeen Metcalfe.....	Shelley King
Alya Nazir.....	Sair Khan
Ali Neeson.....	James Burrows
Daniel Osbourne.....	Rob Mallard
Brian Packham.....	Peter Gunn
David Platt.....	Jack P Shepherd
Lily Platt.....	Brooke Malonie
Sarah Platt.....	Tina O'Brien
Alina Pop.....	Ruxandra Porojnicu
Evelyn Plummer.....	Maureen Lipman
Audrey Roberts.....	Sue Nicholls
Gail Rodwell.....	Helen Worth
Jade Rowan.....	Lottie Henshall
Fiz Stape.....	Jennie McAlpine
Hope Stape.....	Isabella Flanagan

Beth Sutherland.....	Lisa George
Kirk Sutherland.....	Andrew Whyment
Rita Tanner.....	Barbara Knox
Nick Tilsley.....	Ben Price
Craig Tinker.....	Colson Smith
Danny Tomlinson.....	Dylan Brady
Sean Tully.....	Antony Cotton
Kevin Webster.....	Michael Le Vell
Faye Windass.....	Ellie Leach
Gary Windass.....	Mikey North
Gemma Winter.....	Dolly-Rose Campbell

DOCTORS

Zara Carmichael.....	Elisabeth Dermot Walsh
Ruhma Carter.....	Bharti Patel
Jimmi Clay.....	Adrian Lewis Morgan
Daniel Granger.....	Matthew Chambers
Al Haskey.....	Ian Midlane
Karen Hollins.....	Jan Pearson
Rob Hollins.....	Chris Walker
Ayesha Lee.....	Laura Rollins
Valerie Pitman.....	Sarah Moyle
Emma Reid.....	Dido Miles
Bear Sylvester.....	Dex Lee
Sid Vere.....	Ashley Rice

EASTENDERS

Habiba Ahmed.....	Rukku Nahar
Iqra Ahmed.....	Priya Davdra
Ruby Allen.....	Louisa Lytton
Chantelle Atkins.....	Jessica Plummer
Gray Atkins.....	Toby-Alexander Smith
Mackenzie Atkins.....	Isaac Lemonius
Mia Atkins.....	Mahalia Malcolm
Bailey Baker.....	Kara-Leah Fernandes
Mitch Baker.....	Roger Griffiths



Isaac Baptiste.....	Stevie Basaula
Bobby Beale.....	Clay Milner Russell
Ian Beale.....	Adam Woodyatt
Kathy Beale.....	Gillian Taylforth
Peter Beale.....	Dayle Hudson
Jack Branning.....	Scott Maslen
Max Branning.....	Jake Wood
Rainie Branning.....	Tanya Franks
Jay Brown.....	Jamie Borthwick
Keegan Butcher-Baker.....	Zack Morris
Tiffany Butcher-Baker.....	Maisie Smith
Linda Carter.....	Kellie Bright
Mick Carter.....	Danny Dyer
Ollie Carter.....	Harry Farr
Shirley Carter.....	Linda Henry
Tina Carter.....	Luisa Bradshaw-White
Whitney Dean.....	Shona McGarty
Martin Fowler.....	James Bye
Sonia Fowler.....	Natalie Cassidy
Denise Fox.....	Diane Parish
Mo Harris.....	Laila Morse
Callum 'Halfway' Highway.....	Tony Clay
Stuart Highway.....	Ricky Champ
Ash Kaur.....	Gurlaine Kaur Garcha
Kush Kazemi.....	Davood Ghadami
Ben Mitchell.....	Max Bowden
Billy Mitchell.....	Perry Fenwick
Sharon Mitchell.....	Letitia Dean
Kat Moon.....	Jessie Wallace
Jags Panesar.....	Amar Adatia
Kheerat Panesar.....	Jaz Deol
Suki Panesar.....	Balvinder Sopal
Vinny Panesar.....	Shiv Jalota
Lexi Pearce.....	Isabella Brown
Lola Pearce.....	Danielle Harold
Jean Slater.....	Gillian Wright
Bernadette Taylor.....	Clair Norris
Karen Taylor.....	Lorraine Stanley
Patrick Trueman.....	Rudolph Walker
Sheree Trueman.....	Suzette Llewellyn

IN and OUT

We spin soap's revolving door...

JODI ANASTA (Elly Conway, *Neighbours*)

OUT Jodi has already confirmed that she'll be bowing out of *Neighbours* later this year, to spend more time with her daughter, Aleeia. But now she's revealed some juicy details about Elly's exit – and warned viewers that it will be “brutal”. “I don't have any say in the way I exit the show, but I'm very, very happy with my exit,” she teased. “It will be next-level brutal. I can't believe I get to do this on television.” *Summer*



STEVE HALLIWELL (Zak Dingle, *Emmerdale*)

IN There's good news for the Dingle clan, as Zak is on his way back home! Actor Steve Halliwell took a six-month break from *Emmerdale* following a heart operation, but sources have confirmed that he has now returned to filming. His alter ego has been in Scotland after his wife Lisa's death – but how will he react to what his family has been up to while he's been away?

Spring



ZOE VENTOURA (Alex Neilson, *Home and Away*)

OUT Doctor Alex's time in Summer Bay was only ever meant to be temporary as she covers Tori's maternity leave. And with actress Zoe based in LA, it seems her time on the show is due to come to an end – spelling bad news for fans of Alex and Willow's romance. But when Alex does leave, could Willow be going with her? Sarah Roberts, who plays Willow, recently hinted that her character has some big decisions ahead... “Willow has realised that Alex is the love of her life,” confirms the actress. “Unfortunately, it can sometimes take a life-changing event to make people realise how they really feel...” *Summer*



EMMERDALE

Matty Barton	Ash Palmisciano
Victoria Barton	Isabel Hodgins
Rodney Blackstock	Patrick Mower
Leanna Cavanagh	Mimi Slinger
Liam Cavanagh	Jonny McPherson
Al Chapman	Michael Wildman
Ellis Chapman	Aaron Anthony
Belle Dingle	Eden Taylor-Draper
Cain Dingle	Jeff Hordley
Charity Dingle	Emma Atkins
Chas Dingle	Lucy Pargeter
Mandy Dingle	Lisa Riley
Marlon Dingle	Mark Charnock
Moirra Dingle	Natalie J Robb
Sam Dingle	James Hooton
Samson Dingle	Sam Hall
Sarah Dingle	Katie Hill
Vinny Dingle	Bradley Johnson
Harriet Finch	Katherine Dow Blyton
Liv Flaherty	Isobel Steele
Billy Fletcher	Jay Kontzle
Jacob Gallagher	Joe Warren Plant
Leo Goskirk	Harvey Rogerson
Rhona Goskirk	Zoe Henry
Leyla Harding	Roxy Shahidi
Pierce Harris	Jonathan Wrather
Lydia Hart	Karen Blick
Bob Hope	Tony Audenshaw
Brenda Hope	Lesley Dunlop
Jimmy King	Nick Miles
Nicola King	Nicola Wheeler
Paddy Kirk	Dominic Brunt
Priya Kotecha	Fiona Wade
David Metcalfe	Matthew Wolfenden
Tracy Metcalfe	Amy Walsh
Eric Pollard	Chris Chittell
Wendy Posner	Susan Cookson
Doug Potts	Duncan Preston
Nate Robinson	Jurell Carter
Jai Sharma	Chris Bisson
Manpreet Sharma	Rebecca Sarker
Rishi Sharma	Bhasker Patel



Amelia Spencer	Daisy Campbell
Dan Spencer	Liam Fox
Ryan Stocks	James Moore
Diane Sugden	Elizabeth Estensen
Andrea Tate	Anna Nightingale
Jamie Tate	Alexander Lincoln
Kim Tate	Claire King
Dawn Taylor	Olivia Bromley
Will Taylor	Dean Andrews
Arthur Thomas	Alfie Clarke
Gabby Thomas	Rosie Bentham
Laurel Thomas	Charlotte Bellamy
April Windsor	Amelia Flanagan
Bear Wolf	Joshua Richards
Vanessa Woodfield	Michelle Hardwick
Amy Wyatt	Natalie Ann Jamieson
Kerry Wyatt	Laura Norton

HOLBY CITY

Dominic Copeland	David Ames
Essie Di Lucca	Kaye Wragg
Cameron Dunn	Nic Jackman
Xavier Duval	Marcus Griffiths
Adrian Fletcher	Alex Walkinshaw
Ange Godard	Dawn Steele
Chloe Godard	Amy Lennox
Ric Griffin	Hugh Quarshie
Henrik Hanssen	Guy Henry
Donna Jackson	Jaye Jacobs
Sacha Levy	Bob Barrett
Kian Madani	Ramin Karimloo
Max McGerry	Jo Martin
Nicky McKendrick	Belinda Owusu
Jac Naylor	Rosie Marcel
Ben Sherwood	Charlie Condou

HOLLYOAKS

Leah Barnes	Elà-May Demircan
Grace Black	Tamara Wall
Courtney Campbell	Amy Conachan
Bobby Costello	Jayden Fox
Tom Cunningham	Ellis Hollins
Charlie Dean	Charlie Behan
Martine Devereux	Kéllé Bryan
Mitchell Devereux	Imran Adams
Walter Devereux	Trevor A Toussaint
Joel Dexter	Rory Douglas-Speed



Liam Donovan	Jude Monk McGowan
Scott Drinkwell	Ross Adams
Celeste Faroe	Andrea Ali
Toby Faroe	Bobby Gordon
Warren Fox	Jamie Lomas
Brooke Hathaway	Talia Grant
Brody Hudson	Adam Woodward
Diane Hutchinson	Alex Fletcher
Edward Hutchinson	Joe McGann
Tony Hutchinson	Nick Pickard
Kyle Kelly	Adam Rickitt
Damon Kinsella	Jacob Roberts
Maxine Kinsella	Nikki Sanderson
Leela Lomax	Kirsty-Leigh Porter
Peri Lomax	Ruby O'Donnell
Lisa Loveday	Rachel Adedeji
Imran Maalik	Ijaz Rana
Misbah Maalik	Harvey Virdi
Sami Maalik	Rishi Nair
Yasmine Maalik	Haiesha Mistry
Goldie McQueen	Chelsee Healey
John Paul McQueen	James Sutton
Marlena 'Nana' McQueen	Diane Langton
Mercedes McQueen	Jennifer Metcalfe
Sylver McQueen	David Tag
Luke Morgan	Gary Lucy
Mandy Morgan	Sarah Jayne Dunn
Oliver Morgan	Aedan Duckworth
James Nightingale	Gregory Finnegan
Juliet Nightingale	Niamh Blackshaw
Marnie Nightingale	Lysette Anthony
Romeo Nightingale	Owen Warner
Darren Osborne	Ashley Taylor Dawson
Jack Osborne	Jimmy McKenna
Nancy Osborne	Jessica Fox
Jordan Price	Connor Calland
Ella Richardson	Erin Palmer
Cindy Savage	Stephanie Waring
Liberty Savage	Jessamy Stoddart
Sally St Claire	Annie Wallace
Sid Sumner	Billy Price

HOME AND AWAY

Ben Astoni	Rohan Nichol
Maggie Astoni	Kestie Morassi
Ziggy Astoni	Sophie Dillman
Mackenzie Booth	Emily Weir
Marilyn Chambers	Emily Symons
Jasmine Delaney	Sam Frost
Willow Harris	Sarah Roberts
Ryder Jackson	Lukas Radovich
Jade Lennox	Mia Morrissey
Justin Morgan	James Stewart
Tori Morgan	Penny McNamee
Bella Nixon	Courtney Miller
John Palmer	Shane Withington
Ari Parata	Rob Kipa-Williams
Leah Patterson	Ada Nicodemou
Irene Roberts	Lynne McGranger
Ryan 'Robbo' Shaw	Jake Ryan
Alf Stewart	Ray Meagher
Martha Stewart	Belinda Giblin
Roo Stewart	Georgie Parker
Dean Thompson	Patrick O'Connor
Colby Thorne	Tim Franklin

THE EX FILES

Your update on the one-time stars of soap...

THE TOOTH HURTS!

Ex-*EastEnders* star Sid Owen (Ricky Butcher) underwent emergency facial surgery recently, after he was hit by a golf ball while on holiday in Thailand! "One minute I'm playing a round, and the next I'm in total agony and on my way to hospital," revealed Sid. "If it had hit me two inches higher, I'd probably be dead..."



PROUD DAD MOMENT

Neighbours icon Jason Donovan (who played Scott Robinson) has revealed that he had a rather emotional reaction when he found out that his daughter Jemma had won the role of Harlow in the soap. "I remember getting the phone call from my agent saying, 'I've got some news,' and I cried," he admits. "It made me so happy." Aw – so sweet, Jase!



AARON'S KNIFE HORROR

Former *EastEnders* Aaron Sidwell (Steven Beale) was left shaken after he was ambushed by a knife-wielding teenager recently! "Just had a kid pull what looked like a bread knife on me as I walked back from the gym," he raged to his Twitter followers straight after the incident. "Clearly a kid on half-term, as I never see him around." Oh, crumbs!



PHOTOS: INSTAGRAM/JDONOFFICIAL, GETTY.

REGIONS & RADIO

FAIR CITY RTÉ1, RTÉ Player (Ireland only) Sunday, Tuesday, Wednesday, Thursday 8pm (NI only: Sky 161, Virgin 875)

RIVER CITY BBC Scotland, iPlayer, Monday 10pm; repeated on BBC1 Scotland, Tuesday 8pm Sky 971, Freesat 960, Virgin 862, TalkTalk TV 956

THE ARCHERS BBC Radio 4, iPlayer Sun-Fri 7pm (omnibus Sun 10am)

NEIGHBOURS

Aaron Brennan	Matt Wilson
Chloe Brennan	April Rose Pengilly
Mark Brennan	Scott McGregor
Jack Callahan	Andrew Morley
Gary Canning	Damien Richardson
Kyle Canning	Chris Milligan
Sheila Canning	Colette Mann
Aster Conway	Isla Goulas
Elly Conway	Jodi Anasta
Mannix Foster	Sam Webb
Clive Gibbons	Geoff Paine
Mark Gottlieb	Bruce Samazan
Hendrix Greyson	Benny Turland
Pierce Greyson	Tim Robards
Mackenzie Hargreaves	Georgie Stone
Jane Harris	Annie Jones
Finn Kelly	Rob Mills

Karl Kennedy	Alan Fletcher
Susan Kennedy	Jackie Woodburne
Beatrix Nilsson	Bonnie Anderson
Dipi Rebecchi	Sharon Johal
Jarrold 'Toadie' Rebecchi	Ryan Moloney
Nell Rebecchi	Scarlett Anderson
Shane Rebecchi	Nicholas Coghlan
Yashvi Rebecchi	Olivia Junkeer
Harlow Robinson	Jemma Donovan
Lucy Robinson	Melissa Bell
Paul Robinson	Stefan Dennis
Terese Robinson	Rebekah Elmaloglou
Harry Sinclair	Paul Dawber
Paige Smith	Olympia Valance
Hugo Somers	John Turner
David Tanaka	Takaya Honda
Prudence Wallace	Denise Van Outen
Ned Willis	Ben Hall
Roxy Willis	Zima Anderson

PRIZE CROSSWORD



For the chance to win £100, complete the crossword puzzle, and the yellow squares – reading from top to bottom – will spell out a word linked to the pictured soap character...

ACROSS

- 4** See **14A**
9 Natalie Ann __, second actress to play Emmerdale villager Amy Wyatt (8)
10 See **20D**
11 __ Gascoyne, actor who plays Coronation Street local Peter Barlow (5)
12 Kate __, the star who plays *Corrie*'s Tracy McDonald (4)
14 & 4A Amnesiac Ramsay Street resident whose memory has returned... (4,5)
15 & 35A ...and his ex-girlfriend, mum to newborn Aster in *Neighbours* (4,6)
16 See **31A**
17 Dennis __, former Street resident whose ashes were scattered in Blackpool (6)
18 __ Robinson, Paul's current wife in *Neighbours* (6)
19 Chantelle Atkins' young daughter in *EastEnders* (3)
22 Surname of Albert Square siblings Iqra and Habiba (5)
24 & 35D Biological parent and colleague of John Paul McQueen in *Hollyoaks* (5,2,6)
26 __ Anthony, plays *Hollyoaks* tea shop owner Marnie (7)
29 David Platt's partner who can't remember him after being in a coma in *Corrie* (5)
31 & 16A Home Farm owner who paid Al Chapman to kill Graham Foster in the Dales (3,4)
33 Jean __, EastEnders given the all-clear after her chemotherapy for ovarian cancer (6)
35 See **15A**
36 Equipment for horses, like villager **31A** uses repeatedly (4)
37 Willow __, young actress who plays **31A**'s granddaughter Millie in *Emmerdale* (4)
39 See **25D**
40 Religious song that ex-EastEnders Dot Branning would heartily join in with (4)
42 See **27D**
43 & 8D Actress behind The Mill Health Centre midwife Ruhma Carter in *Doctors* (6,5)
44 & 34D Chester woman who was shot by James Nightingale (8,7)
45 __ Levy, getting romantic with Essie di Lucca in *Holby* (5)



DOWN

- 1** The __ Park, located in Summer Bay (7)
2 Milly __, actress who plays Albert Square teenager Kirsty 'Dotty' Cotton (4)
3 See **32D**
5 __ Hardy, consultant at Holby City Hospital's emergency department (5)
6 Lorna __, actress who plays **28D**'s granny in *Coronation Street* (7)
7 Luke __, dating his brother's rape victim Victoria Sugden in *Emmerdale* (6)
8 See **43A**
12 Nickname given to Holby City Hospital nurse Adrian Fletcher (6)
13 Rula __'s *Coronation Street* character is Claudia Colby (6)
19 Ella-__ Demircan, Leah Barnes in *Hollyoaks* (3)
20 & 10A *Emmerdale* kid who confessed to bullying Archie Breckle (6,6)
21 *Hollyoaks* village family Misbah, Imran, Sami and Yasmine __ (6)
23 Vehicle test sometimes carried out at the Arches near Albert Square (1,1,1)
25 & 39A Stalker killed in self-defence by his victim Whitney Dean in *EastEnders* (3,4)
27 & 42A Actor who has played *Coronation Street* father-of-five Chesney Brown since 2003 (3,5)
28 Michael Bailey's young daughter by his ex Grace Vickers in *Corrie* (6)
29 Jane __, she's played the Vic's loyal barmaid Tracey for 35 years in *EastEnders*! (9)
30 Laura __, plays the mum of **9A**'s Dales character (6)
32 & 3D *Emmerdale* village vet kidnapped by vengeful Pierce Harris (7,9)
34 See **44A**
35 See **24A**
38 No __ *Coronation Street*, where **29A** lives (5)
39 Dylan __, William Beck's *Casualty* medic alter ego (5)
41 Nephew of Denise Fox, currently living away from the Square in *EastEnders* (4)

SUDOKU

Fill in all the squares in the grid so that every row, column and each of the nine 3x3 boxes contains all the digits from one to nine...

		3	1	9			2	
6				8			7	1
				7	4			
	3	7			9	6		
	5		8		1		4	
1		4	7			8	5	
			9		8			
9				4			8	3
	2			3	7			



SOAPSTAR LINKS

Can you identify the correct links between these five soap characters?



- A:** Recently shocked to discover a child they'd been looking after was missing
- B:** Recently involved in a hit-and-run
- C:** Has worked as a barmaid
- D:** Son is hearing-impaired
- E:** Helped fake someone's death

LAST WEEK'S SOLUTIONS

PRIZE CROSSWORD

G	V	H	U	D	S	O	N	H	H
B	E	A	L	E	C	O	P	A	N
O	R	C	D	U	R	I	S	T	
A	R	C	H	E	S	G	H	A	R
E	J	A	M	I	L	A	N	A	O
B	S	E	S	A	L	C	H	A	P
R	I	C	H	A	R	D	H	M	Y
O	A	S					E	D	P
W	O	R	T	H			S	H	A
N	S	U	J				B	Y	T
R	G	A					N	A	T
B	E	X	F	O	W	L	E	R	F
B	A	O	O	R	O	D	N	E	Y
B	E	A	R	T	S	U	E		I
C	M	A	D	A	N	I	S	S	H
C	Y	E	H	A	T	O		L	
C	H	E	S	N	E	C	H	M	A
I	R	B	R	O	O	K	E	E	W

PRIZE WORD **Culprit**

PRIZE ARROWWORD

		A	R	G	O
	M	E	M	E	G
	R	G	A	L	L
U	D	I	V	A	A
I	N	D	I	A	T
L	S	L	O	T	I
G	I	F	T	R	A
K	A	R	C	D	E
M	E	A	N	H	O
L	C	H	I	N	A
K	Y	L	E	D	E

PRIZE WORD **Doctor**

THIS WEEK'S SOLUTIONS

SUDOKU

5	6	1	7	3	9	8	2	4
3	8	7	2	4	5	9	1	6
4	9	2	8	1	6	5	7	3
6	5	8	3	7	4	9	1	2
7	4	3	1	9	8	6	5	2
2	1	9	6	5	7	4	3	8
9	3	6	4	7	2	1	8	5
1	7	4	5	8	3	2	6	9
8	2	5	9	6	1	3	7	4

SOAPSTAR LINKS

Link 1: **E** Link 2: **D** Link 3: **C** Link 4: **A** Link 5: **B**

Competition rules of entry: 1. Competitions are open to all residents of Great Britain and Ireland. Employees of Hearst UK or their families are not eligible to enter. 2. The competitions in this issue open on 3 March 2020 and close on 9 March 2020. 3. The winners will be drawn the day after the closing date. Winners will be chosen at random. A list of winners' names is available on written request at the address below. 4. While every effort is made to ensure prizes are consistent with those offered, we reserve the right to change the prizes in the event of unforeseen circumstances. 5. Entrants may enter as many times as they wish. 6. Each competition has the prizes on offer clearly listed. 7. The competitions are run by Hearst UK, House of Hearst, 30 Pantons Street, London, SW1Y 4AJ

PRIZE ARROWWORD



Not awake Corrie's Alahan, pictured		The Bay's Delaney, pictured		Unused or barren		Provide money for	
				Flightless bird			
		Exhibit or display		Special Air Service (1,1,1)		Leprosy sufferer	
Wagon Wood- shaping tool		Appear to be			Former or previous		
				Small island Complete			The last part
Pull curtains		Unsealed or exposed			Mimic or copy Girl's name		
				Make tidy			
Information		Baby's bed			Geek Domestic animal		
				Chemicals company (1,1,1)			
DNA length		Small fish					
				Estimated time of arrival (1,1,1)			

For your chance to win, solve the puzzle by filling in each answer in the same direction as the arrow. When you've completed the grid, you'll find that the letters in the yellow squares, when rearranged, will spell out a word which is related to Tracy in this week's episodes of *Emmerdale*...

TO ENTER

TO ENTER BY POST: Write the solutions to the puzzles on the back of a postcard, along with your name and contact details, and send it to: *Inside Soap* Competitions 10, House of Hearst, 30 Pantons Street, London, SW1Y 4AJ **TO ENTER BY EMAIL:** Write the solutions in an email, along with your name and contact details, put PUZZLES10 in the subject bar, and send it to: competitions@insidesoap.co.uk The closing date for all entries for this issue is 9 March 2020.

The **HOT** list

GREAT THINGS TO **WATCH, READ** AND
IN THE WEEK AHEAD...

Win!
Text or write
in* to win any
book or DVD
on this page
(*see details at the
bottom of the page)



SHOW

AJ PRITCHARD: AJ LIVE 2020

Strictly Come Dancing favourite and serial semi-finalist **AJ Pritchard** is back on the road after his debut tour last year – with a guest appearance from his brother and *Love Island* star, **Curtis**. Grab your tickets now for the ultimate dance performance! For more information and tickets, visit www.seetickets.com/tour/aj-pritchard

CD

THE FIZZ: SMOKE & MIRRORS

It's the unmistakable sound of Bucks Fizz – now known as The Fizz. After the group's hugely successful comeback album in 2017, **Mike Nolan, Cheryl Baker** and **Jay Aston** are back with a collection of even more amazing songs.



Win!

For the chance to win a copy, tell us the name of Mikey North's *Coronation Street* alter ego: A) Gary or B) Ryan. Text **ISPRIZE1**, a space, then **A** or **B** and your name & address to 84988 (50p). Or see below for postal entries.



BOOK

THE OPERATOR by Gretchen Berg

Vivian works at the switchboard operator's, and loves to eavesdrop on conversations. However, one day she listens in on a particular conversation, and Vivian's life is suddenly turned upside down...

For the chance to win a copy, tell us who in *Hollyoaks* died after hearing James and Grace's confession: A) Jesse or B) Liam. Text **ISPRIZE2**, a space, then **A** or **B** and your name & address to 84988 (50p). Or see below for postal entries.

STAR CHOICE

Casualty's Kirsty Mitchell (Faith)

"I'm watching *Grace And Frankie*, which stars Jane Fonda! When it was released, I was up all night watching it, and I'm going to start again and go from season one actually. It's amazing that the show has a seventh season now, so it's going to be the longest-running Netflix original show – and it stars two women over 75! It's brilliant, and I love it! The two of them together are incredible."



Win!



DVD

VERA – SERIES 10

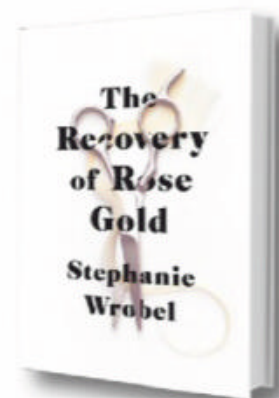
Vera returns to unravel four more cases – from a body floating near a salmon farm, to the murder of a cleaner, the killing of an entrepreneur, and a robbery gone wrong. She certainly has her work cut out!

For the chance to win a copy, tell us who *EastEnders*' Phil planned to kill at the boat party: A) Ben or B) Keanu. Text **ISPRIZE3**, a space, then **A** or **B** and your name & address to 84988 (50p). Or see below for postal entries.

BOOK

THE RECOVERY OF ROSE GOLD by Stephanie Wrobel

Rose Gold Watts thought she was sick for 18 years, but it turns out her mother is a really good liar. After five years in prison, her mum is freed – however, Rose wants to be free of her forever...



For the chance to win a copy, tell us which *Emmerdale* resident was recently released from jail: A) Marlon or B) Cain. Text **ISPRIZE4**, a space, then **A** or **B** and your name & address to 84988 (50p). Or see below for postal entries.

Win!

Entry by text closes midnight **16 March 2020**, and three working days later for postal entries. **BY POST** Send answers to *Inside Soap* 10, House of Hearst, 30 Pantan Street, London, SW1Y 4AJ.

Please include your name and address. **BY TEXT** Texts cost 50p, plus your usual network operator rate. Please send your contact details along with your answer. If you text your entry after the advertised closing date, you will not be entered, but you may be charged. Winners will be selected at random after the close date. Service provider: Spoke, customer care line 0333 202 3390 **Data protection:** We will use the information you supply to process your competition entry. For our privacy policy, visit www.hearst.co.uk/dp. For full terms and conditions and to enter by email, see p95.

Next week...

NEIGHBOURS

Island of doom!

NEIGHBOURS RAMPS UP THE DRAMA AS IT CELEBRATES 35 YEARS...

YOUR NEXT ISSUE ON SALE TUESDAY 10 MARCH

Get ready for some massive drama from Down Under, as *Neighbours* turns 35 next week! As well as the usual daytime episodes – which will see five of our favourite couples tie the knot – we'll also be treated to five extra action-packed late-night instalments! But as Elly's pals head to a private island to celebrate her birthday, who'll fall foul of Finn's wicked revenge plan?

EASTENDERS

Sharon's plans

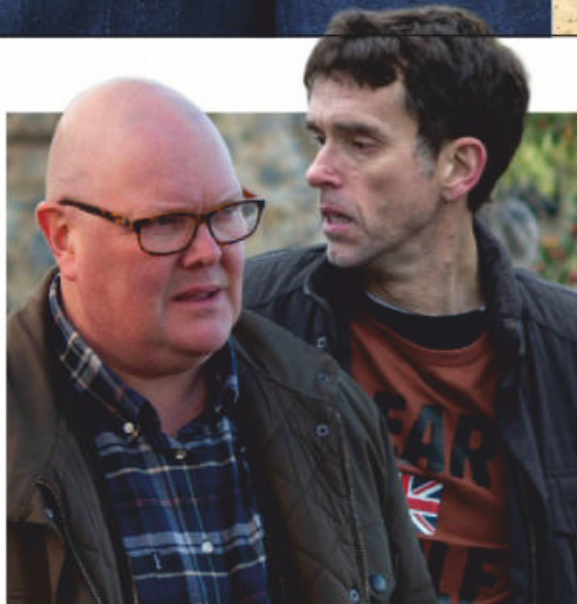
Sharon's misery shows no signs of letting up, as she faces the agonising task of having to view Dennis' body. It's a moment that leads her to make a huge decision – but what does her future hold?



EMMERDALE

Paddy's blunder

Paddy's attempts to cheer up his best pal Marlon result in disaster next week, when someone finds themselves in hospital! And Paddy will make a mistake he could live to regret...



Also...

ABI VALLEY!
Corrie star Sally Carman answers your questions!

PHOTO: REX / SHUTTERSTOCK



CORRIE Will Gemma accept help?
HOLLYOAKS Darren's secret struggle
CASUALTY A new paramedic arrives...

PLUS!

Star chats...



Sair Khan
on Alya's attempts to save Yasmeen from Geoff...



Jeff Hordley
tells us all about Cain's plans for dodgy cop Malone...



Belinda Giblin
gives us the lowdown on Martha and Alf's big day...

PHOTOS: GETTY

All will be **revealed** in the next issue of **InsideSoap**

Edited by Laura-Jayne Tyler

HITS & MISSES!

WHAT'S HIT **THE BULLSEYE** RECENTLY – AND WHAT'S FALLEN WIDE OF THE MARK?



We know that **Stacey**'s staying away from the Square because of **Martin**, because of **Ben**, because of **Phil**, etc etc etc... But that's so 2019 – and her mother's just had the all-clear from **cancer**.

Everyone was lucky that **Bob** recognised **Laurel**'s kitchen from the background of **Pierce**'s murder confession. We knew there had to be reason for their hideous affair!



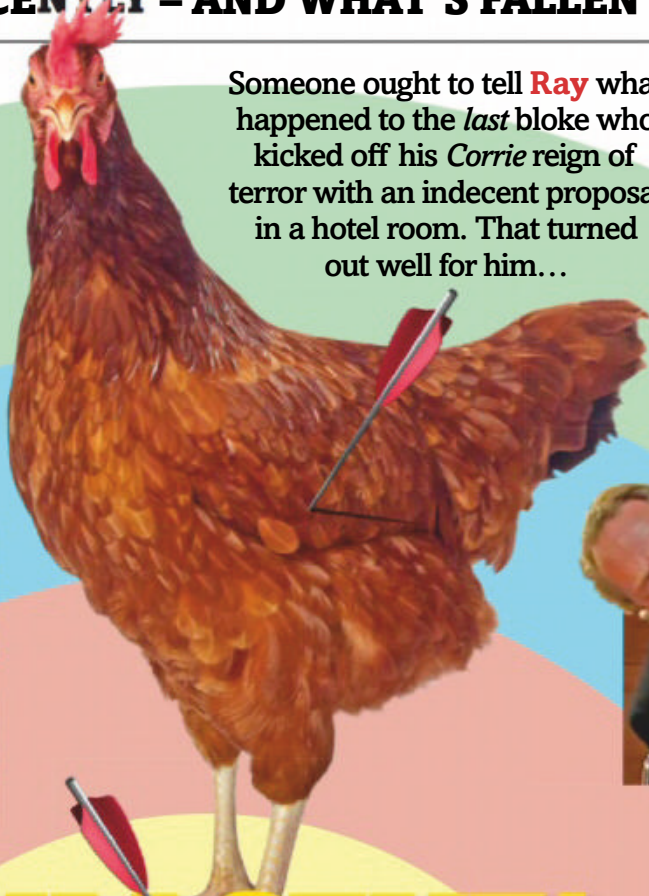
'Come Dine With **Kevin Webster**' is the *Corrie* cookery spin-off we never knew we needed.



Corrie's bizarre computer-generated robin was back for a chat with **Mary**. You get more out of him than some characters give in a year.



Spare parts **Tracy** and **Nate** are the ultimate copy-and-paste soap romance. We can't work out who has inherited whom.



Someone ought to tell **Ray** what happened to the *last* bloke who kicked off his *Corrie* reign of terror with an indecent proposal in a hotel room. That turned out well for him...



Meanwhile, early signs indicate that **Ray** is Weatherfield's answer to property-pillaging **James Willmott-Brown** from *EastEnders*. Again, look how well that turned out.

BULLSEYE!

Farewell, **Charlotte the Chicken**, sacrificed by the *Corrie* Story Gods, then cheerfully throttled by jealous **Geoff** and served up, suitably seasoned, to **Yasmeen**. (We're sure it's little comfort that you were, by all accounts, delicious and tender.) But if you now have a wishbone to spare, can we request that someone soon does to **Geoff** as **Geoff** did to you – and shove half-a-pound of Paxo where the sun don't shine?



We've heard of returning soap characters "struggling to fit in back home" – but for **Peter Beale**, the struggle is real.



Ellis and **Billy**, in the background of this Dingle scene, are totally: 'How are we still blagging this when our mum left **Marlon** months ago?'



Kudos to whoever came up with the idea to alter the audio on *EastEnders* to reflect **Ben**'s hearing difficulties. It's very effective.



It'll be **Charity** who suffers most on the day that the wind changes in *Emmerdale*.

We're pleased to confirm that **Bethany** has indeed won an internship at a prestigious magazine in That London. We've just sent her to buy a packet of Hobnobs and this week's lottery tickets.



OUT 10 MARCH

GROWING OLDER IS MANDATORY,
GROWING UP IS OPTIONAL
MARCH ISSUE

best MONTHLY



KATE
GARRAWAY

**GORGEOUS
& OVER 50...
'HELL YEAH!'**

**PLASTIC
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INSIDE**

**CANNABIS TEA &
CAKES ANYONE?**
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